

SPRING/SUMMER 2025

PARKS AND RECREATION

CRAWFORDSVILLE COMMUNITY CENTER

RESIDENT MEMBERSHIP RATES

All-Inclusive CCC Pass (Best Value!)

Includes unlimited facility and group fitness classes.

	Monthly	Annual
0-64	\$36	\$420
65+	\$24	\$220

Facility Pass

Unlimited use of gym, walking track and weight room.

	Daily	Monthly	Annual
Youth (0-7)	Free	Free	Free
Youth (8-17)	\$2	\$12	\$60
Adult (18-64)	\$4	\$25	\$150
Senior (65+)	\$2	\$16	\$90
Family	_	\$36	\$260

Group Fitness Passes

	Daily	10-Visit
0-64	\$7	\$55
65+	12-Visit Group	Fitness \$20

6 Month Facility Pass

A 6 month facility pass at a great discount.

Resident Rate \$80 Non-Resident Rate \$110

NON-RESIDENT MEMBERSHIP RATES

All-Inclusive CCC Pass (Best Value!)

Includes unlimited facility and group fitness classes.

	Monthly	Annual
0-64	\$41	\$470
65+	\$29	\$250

Facility Pass

Unlimited use of gym, walking track and weight room.

	Daily	Monthly	Annual
Youth (0-7)	Free	Free	Free
Youth (8-17)	\$3	\$15	\$80
Adult (18-64)	\$5	\$32	\$200
Senior (65+)	\$3	\$21	\$120
Family	_	\$51	\$360

Group Fitness Passes

	Daily	10-Visit
0-64	\$7	\$60
65+	12-Visit Group Fitness	\$22

Summer Membership Special (Available in June)

An All-Inclusive Pass for 90 days at a great discount.

Resident Rate N

Non-Resident Rate \$105

CRAWFORDSVILLE COMMUNITY CENTER

Gym Schedule

The Community Center gymnasium is available for drop-in basketball, volleyball or pickleball during all non-programmed hours. The schedule is subject to change based on demand. Cooperation and courtesy is absolutely necessary in an open gym situation. Full court basketball is only allowed if everyone using the gym wants to play full court. Please be considerate of each other.

Program Registration

Registration for recreation, athletics and special events takes place at the Crawfordsville Community Center in advance of the activity unless otherwise stated in the program description. Many classes do have a minimum and maximum number of participants that can be accepted, so prompt registra-

IF YOU GO

COMMUNITY CENTER

922 East South Boulevard Crawfordsville, IN 47933 765-364-5175 www.crawfordsville.net

ADMINISTRATIVE HOURS

Monday - Friday 8 a.m. - 4 p.m.

COMMUNITY CENTER HOURS

Monday - Thursday: 5:30 a.m. - 8 p.m. Friday: 5:30 a.m. - 7 p.m. Saturday: 8 a.m. - 2 p.m. Sunday: Closed

tion is encouraged. We appreciate your cooperation in canceling your enrollment if you find you cannot attend a class. Please feel free to call our office for any registration information. Online registration is available for many of our programs and shelter reservations at crawfordsvilleparks.activityreg.com

Facility Rentals

The Park & Recreation Department has several facilities available for rent, including the Community Center multipurpose room and kitchen, Community Center gymnasium, ball diamonds (Elston and Milligan parks), Milligan Park swimming pool, and picnic shelters. Please keep in mind that these facilities are available only during non-programmed times and advanced reservation is required.



Staff Directory

Fawn Johnson

Director of Parks and Recreation fjohnson@crawfordsville-in.gov 765-364-5175

Clint Jones

Director of Recreation & Fitness cjones@crawfordsville-in.gov 765-364-5175

Belinda Young

Senior Programs Director byoung@crawfordsville-in.gov 765-364-5175

Larry Paarlberg

Museum Director, General Lew Wallace Study & Museum lpaarlberg@crawfordsville-in.gov 765-362-5769

MILLIGAN PARK POOL AND SPLASH PAD

Milligan Park Pool

Hours

12 - 6 pm Daily 12 - 8 pm Wednesday The pool will be open May 24 - August 6, 2025.

Daily Rates

Youth (ages 3-17) \$3 Adult (ages 18-64) \$4 Adult (65+) \$3

Splash Zone Splash Pad **HOURS**

10 a.m. - 8 p.m. Daily

No admission fee from 10 am noon and 6 - 8 pm (except Wednesday nights). Pool admission fee required during pool hours.

The Splash Pad will be open daily weather permitting; air temperature must be at least 70 F.

Pool Passes

Passes will have an early-bird rate May 1 - May 24, 2024.

> Early Bird 10 visit pass \$22.50 25 visit pass \$56.25 After May 24th 10 visit pass \$25.00 25 visit pass \$62.50

Swimming Lessons

The Parks and Recreation Department offers swim lessons for children aged four and up. Classes teach skills ranging from water adjustment and flotation to locomotion and stroke development along with water safety. Two levels of classes will be offered based on ability level and previous swimming experience. Classes meet Monday through Thursday with Fridays reserved as rain dates.

Session I - June 16-26, 2025

Level 1 - 6:15-6:45 pm Level 2 - 6:15-6:45 pm

Session II - July 7-17, 2025

Level 1 - 6:15-6:45 pm Level 2 - 6:15-6:45 pm

per session. Registration begins May 2nd. Online registration is available at crawfordsvilleparks.activityreg.com or sign up in person at 922 E. South Blvd.

Pool Rental

The pool is available for private rental before and after regular pool hours on weekends. The fee is \$70 per hour with a two hour minimum rental. All rentals should be secured at least two weeks in advance.

Doggie Pool Party

Join us for the Annual Doggie Pool Party. That's right, a pool party for dogs. Bring your pooch for this once a summer dip, before we drain the pool.

Saturday August, 9th 12-2:30 pm

\$3 suggested donation with proceeds benefitting the Animal Welfare League



GYM SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM	5:30am - 9:45am	5:30am - 9am	5:30am - 11am	5:30am - 9am	5:30am - 9:45am	
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						8:00am-10:30am
8:30 AM						Pickleball
9:00 AM		9am-10am		9am-10am		
9:30 AM	9:45am-10:30am	Cardio-Dance		Cardio-Dance	9:45am-10:30am	
10:00 AM	Fun-Ctional	10: 15am-11:00am		10:15 am - 11:00am	Fun-Ctional	
10:30 AM	Fitness Class	Silver Sneakers		Silver Sneakers	Fitness Class	10:30am-12:30pm
11:00 AM	11am-1pm	Fitness Class	11am-1pm	Fitness Class	11am-1pm	Basketball
11:30 AM	Pickleball	Drop-in	Pickleball	11:15am-5:00pm	Pickleball	
12:00 PM		Volleyball		Open Gym		
12:30 PM		11:30am-1pm				12:30pm-2:00pm
1:00 PM	P P	1pm-5pm	1pm-5:30pm		1pm-5pm	Volleyball
1:30 PM	7	Open Gym	Open Gym		Open Gym	
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM	- 1 - 1	5pm-8pm		5pm-6pm	5pm-7pm	
5:30 PM	Pickleball	Basketball		Basketball	Pickleball	
6:00 PM			5:45pm - 8pm	6pm-8pm		
6:30 PM			Volleyball	1/2 Basketball		
7:00 PM				1/2 Cheer		
7:30 PM						

Open Gym times will be shared amoung user groups. Designated times are reserved for the listed activity. This schedule is subject to change.

MILLIGAN PARK **DISC GOLF** Course



Milligan Park Disc **Golf Course**

Milligan Park is a 22 hole par 3 course. It's well maintained and

respected by disc golfers according to Disc Golf Review. Hole #1 is near the entrance at Mill Street and Joe Allen Parkway with an information kiosk. Visit www.mcdgc.org for more information on the course and the Montgomery County Disc Golf Club.

GROUP FITNESS

MONDAY		
5:30-6:30 AM	Peggy	PE: 60
8:30-9:30 AM	Maggie	STEP & REP
9:45-10:30 AM	Maggie	FUN-CTIONAL FITNESS*
4:20-5:05 PM	Amy	BODY SCULPTING
5:20-6:20 PM	Leanna	ZUMBA
6:30-7:15 PM	Amy	SPINNING®
TUESDAY		
9:00-10:00 AM	Dawn	CARDIO DANCE
10:15-11:00 AM	Dawn	SILVER SNEAKERS*
5:30-6:30 PM	Peggy	HIIT
7:15-8:30 PM	Fawn	HOT YOGA
WEDNESDAY		
5:30-6:30 AM	Erica	PE: 60
4:20-5:05 PM	Vanessa	BODY SCULPTING
5:30-6:20 PM	Vanessa	PILATES/YOGA FUSION
6:30-7:15 PM	Robin	SPINNING®
THURSDAY		
9:00-10:00 AM	Dawn	CARDIO DANCE
10:15-11:00 AM	Dawn	SILVER SNEAKERS*
5:30-6:30 PM	Rotation	YOGA FOUNDATIONS
7:00-8:00 PM	Leanna	ZUMBA
FRIDAY		
8:30-9:30 AM	Maggie	STEP & REP
9:45-10:30AM	Maggie	FUN-CTIONAL FITNESS*
SATURDAY		
8:05-9:15 AM	Rotation	STEP & REP (1st & 3rd) or H.I.I.T. (2nd & 4th)
9:30-10:30 AM	Dawn	CARDIO DANCE

Schedule subject to change based on attendance. *Indicates a Seniors class

GROUP_	Non-	City
<u>FITNESS RATES</u>	<u>Resident</u>	Resident
Drop-In	7.00	7.00
10-Visit Pass (expires in 90 days)	60.00	55.00
12-Visit Senior Pass (ages 65 +)	22.00	20.00
ALL-INCLUSIVE Monthly Pass	41.00	36.00
ALL-INCLUSIVE Annual Pass	470.00	420.00

Group Fitness Class Descriptions

BODY SCULPTING Increase your muscular strength and tone up with this basic, but intense weight workout. Learn how to isolate the major muscle groups of the upper and lower body using hand weights and resistance tubing.

CARDIO DANCE It's an exhilarating, effective, easy-to-follow, calorie-burning dance fitness party.

ZUMBA Zumba is a dance fitness class that combines Latin and international music with easy-to-follow dance moves. It is a fun and energetic way to get a cardio workout.

FUN-ctional FITNESS This class is designed with beginners and older adults in mind. It incorporates low impact aerobics, chair aerobics, step aerobics, to build strength and balance.

H.I.I.T. "High Intensity Interval Training". This class will include Tabata and polymeric training and for a heart pumping total body aerobic and strength conditioning workout.

HOT YOGA This is a vinyasa style class in a room heated to 85-95 degrees. Vinyasa yoga is a flowing style with one pose fluidly leading into the next. Integrates balance and strength with inversions and relaxation with options for advanced progressions. Best suited for those with some yoga experience.

PE: 60 Build POWER and ENDURANCE in this intense 60 minute class. Incorporates strength and cardio intervals using dumbbells, bands, Sandbells, Gliders and resistance balls and includes body weight exercises and core strengthening. Push yourself to new limits. No two workouts are the same.

PILATES/YOGA FUSION is a method that will help build flexibility, muscular strength, and endurance in the legs, abdominals, arms, hips, and back. It emphasizes spinal and pelvic alignment, breathing, developing a strong core and improving coordination and balance.

SILVER SNEAKERS Designed to improve muscle strength, range of motion and improve activities of daily living. A chair is used to assist with balance and seated exercises.

SPINNING® The instructor leads this indoor group cycling class through a workout, but each participant can work at their own ability level. Enjoy the motivation of a group in a non-competitive environment. Pre-payment and registration is recommended to reserve a bike.

STEP & REP is a total body workout. The cardiovascular segment will include one or more of the following: Step, Bosu, and Hi/Low Impact Aerobics. Strength exercises, core work and intervals may also be incorporated.

YOGA FOUNDATIONS This class is designed for new yoga students or those who would like a review of the fundamentals of yoga. In this series, we will introduce basic alignment and breathing techniques in a non-competitive, supportive and relaxed atmosphere.

Summer Membership Special (Available In June)

An All-Inclusive Pass for 90 days at a great discount.

City Resident \$90

Non Resident \$105

HEALTH & FITNESS

Weight Room

The weight room is available for use all hours that the CCC is open. The weight room is equipped with machine and free weights, resistance bands and balls, medicine balls, and more. Cardiovascular equipment includes: treadmills, bikes, ARC trainers, and elliptical trainers. Children 12-15 years of age must be directly supervised by an adult at all times while in the weight room. Youth ages 16 and 17 may workout without a parent if they have a parent signed weight room waiver form on file at the CCC. Children under the age of 12 are not permitted in the weight room.

Walking Track

The track is available for walking and running all hours the CCC is open. 13.5 laps around the track are equivalent to one mile. Children 12-15 must be accompanied by an

adult while using the walking track. Children under the age of 12 are not permitted on the walking track. Lap counters are available at the front

Personal Training Packages

4 Sessions

\$88 resident/\$93 non-resident

8 Sessions

\$176 resident/\$186 non-resident

12 Sessions

\$264 resident/\$279 non-resident Ask about our Buddy Session rates!

Cville 500

Walk/run 500 laps on our indoor track OR walk/run 37 miles outside. You will have the whole month of May to track your laps and miles. This is a great way to challenge yourself at your pace and on your schedule! Registration includes a t-shirt.

May 1st - May 31st **Registration starts April 1st Registration Ends April 30th** \$20 for members, \$30 for nonmembers



Pickleball

Pickleball is a paddle sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a Wiffle Ball, over a net. The sport shares features of other racquet sports, the dimensions and layout of a badminton court, and a net and rules somewhat similar to tennis, with several modifications. At our facility we have courts that are set up in the gym. We offer drop in pickleball at the following times:

> Mon, Wed & Fri 11 am -1 pm Monday 5-8 pm Friday 5-7 pm Saturday 8-10:30 am

Outdoor courts at Lincoln Park are now open.

ADULT PROGRAMS

Men's and Women's Adult Softball

For those interested in playing in our summer softball leagues, there will be 2 meetings. These meeting will be held at the community center. 922 East South Blvd. Forms are available to pick up at the Crawfordsville Community Center.

Meeting Dates: Men's-April 29th -@ 7:00pm Informational and Tentative Rosters Due May 6th - @ 7:00 pm Final Roster and Money Due Games start: May 19th

Meeting Dates: Women's-May 13th -@ 7:00 pm Informational and Tentative Rosters Due May 21st-@7:00 pm Final Roster and Money Due Games start: June 3rd

League Fee \$500, CASA \$14/player, Non-Resident \$5/player



Men's and Women's Fall Volleyball

Men's

Wednesday Nights \$120 /\$5 per player non-resident fee Registration is August 1st - August 29th

Money due by August 29th Games will start September 10th

Women's

Recreational Night- Wednesday night-played at Nicholson/Hose

Competitive Night-Thursday nightplayed at Hose

\$120/\$5 per player non-resident fee Registration is August 1st - August 29th

Money due by August 29th start September Games will 10th/11th



YOUTH PROGRAMS

GYMNASTICS Summer Gymnastics

Classes include bars, tumbling and balance beam. We offer small class sizes to meet each child at their skill level. All classes meet once per week. Specific class schedule will be available in May.

- Registration starts May 12th
- Classes begin the week of June 2nd
- 7 Weeks of Classes \$50/\$60



Swimming Lessons

The Parks and Recreation Department offers swim lessons for children aged four and up. Classes teach skills ranging from water adjustment and flotation to locomotion and stroke development along with water safety. Two levels of classes will be offered based on ability level and previous swimming experience. Classes meet Monday through Thursday with Fridays reserved as rain dates.

Session I - June 16-26, 2025

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Session II - July 7-17, 2025

Level 1 - 6:15-6:45 pm Level 2 - 6:15-6:45 pm

\$40 per session. Registration begins May 8th. Online registration is available at crawfordsvilleparks.activityreg.com or sign up in person at 922 E. South Blvd.

Private Gymnastics

Whether you need to perfect a cartwheel or work on your back tuck, one of our instructors can help you. Private lessons can be for anyone whose skill level ranges from Beginner to Advanced. Private instruction can enhance skill learning. Doing lessons in a one-on-one learning environment speeds up the learning process, helps those who need individual attention and helps overcome "mental blocks" or other challenge.

PRIVATE RATES:

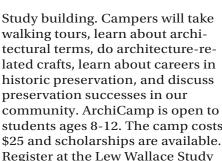
4-30 minute sessions Single = \$75Buddy = \$55 per student Trio = \$50 per student

ArchiCamp

ArchiCamp is an architecturebased camp that uses historic architecture to educate and excite children about local history and instills stewardship and responsibility for our cultural heritage. During the two-day camp, June 17-18, students will learn about Crawfordsville's architectural heritage, including the historic

walking tours, learn about architectural terms, do architecture-related crafts, learn about careers in historic preservation, and discuss preservation successes in our community. ArchiCamp is open to students ages 8-12. The camp costs \$25 and scholarships are available. Register at the Lew Wallace Study

and Museum.





Brought to you by Champion Force Athletics. We are excited to start the Crawfordsville Team and to provide your community with our once a week cheer program. These classes will meet at the Community center on Thursday evenings. For more information and to register find us at championforce.com

Spring Session Feb 1-May 23

Summer Session June 5th-July 17th

Fall Session August 21st - December 11th.





LIVING WELL 55+

SCHEDULE OF ACTIVITIES

Bingo - Tuesday & Thursday 12:30 pm.

The Price is Right - First Wednesday of every month at 11:00 am- Win prizes!

Trail Travels- (April-October) Walking group meets every Thursday morning at 9:00am at designated meeting spot. Explore different parts of the Sugar Creek Trail and other parks in Montgomery County. Occasionally we will have out of town walking trips. Please call for more information.

Senior Pitch-In Lunch- First Senior pitch-in lunch is on the first Monday of each month, April through December, at noon. It costs \$3 monthly and is followed by Bingo.

DAY TRIPS

Pre-registration required

May 15th - Indians Baseball game \$20.00 includes transportation and box seat.

June 18th - Antiques On the Square ~ Rockville

July 16th - Edinburg Outlet Mall August 20th - Harrah's Casino & Racing



LET'S DO LUNCH

Join us for a destination lunch each month.

May 28th - Ford's Garage June 25th - Emporium 101 July 30th - Grand Traverse Pie Co. Aug 27th - Tupelo Honey

GROUPS, CLASSES & SEMINARS

C.A.R.E. Series

Montgomery Council on Aging hosts an educational program, with guest presenters, on the second Tuesday of each month at 5:30 pm. No charge but reservations are requested. Please call 765-364-5175 to register

Sunshine Chorus

First Friday of every month at 10 am. Contact Bonnie Hopkins at 765-366-3872 for information



FITNESS CLASSES

We honor Silver Sneakers, Silver & Fit. Renew Active, & AARP. Please come in and enjoy the facility with your membership!

FUNctional Fitness - Low impact aerobics, chair exercises and strength training. Monday & Friday 9:45-10:30 am.

Silver Sneakers - Designed to improve muscle strength, range of motion and improvement of daily living activities. A chair is used to assist with balance and seated exercise. Tuesday 10:15-11:00 am & Thursday 10:15-11:00 am.

Yoga Foundations - Designed for new yoga students or those who would like a review for the fundamentals of yoga including alignment & breathing techniques. Participants should be able to get up and down from the floor. Thursdays 5:30-6:30 pm.



SUNSHINE VANS

PHONE: 765-364-5173 **OFFICE HOURS:** Monday - Friday 8:00 am - 3:00 pm

Please leave a message after hours.

The Sunshine Van office is located and operated in the Crawfordsville Parks & Recreation Department. Sunshine Vans provide ground transportation for Montgomery County residents that are age 60 and older and/or disabled. The vans are funded by your donations, Montgomery United Fund, Montgomery County Community Foundation, IN-DOT, Title III, and other grant programs. This service transports to medical appointments, pickups for prescriptions and groceries, and other personal care trips. Call and schedule your appointments at least 24 hours in advance. Medical and Wheelchair appointments require a 48 hours advance notice. Suggested donations are posted in each vehicle. Ask about our punch passes that are offered at a discount.

GENERAL LEW WALLACE STUDY & MUSEUM



National This Historic Landmark was designed and built by General Lew Wallace as a personal study. Best known as the

author of Ben-Hur. Lew Wallace (1827-1905) was a Renaissance Man and notable Hoosier. The Museum houses personal mementos from his service as the Minister to Turkey (1881-1885), Governor of New Mexico Territory (1878-1881), Civil War Major General, and Vice-President of the trial of those who conspired to assassinate President Lincoln.

ADMISSION RATES

Adults \$7 AAA & Military \$5 Students 13-18 \$3 Students 7-12 \$1 6 and under Free

UPCOMING EVENTS

Saturday, April 5 Park Day Saturday, April 12 Easter Egg Hunt Thursday, April 17 Hoosier Author Book Club

Hawaii and a Revolution by Mary Hannah Krout Saturday, August 23

TASTE of Montgomery County

BARK AVENUE



This 1.6-acre off-leash dog park is operated by the Crawfordsville Parks and Recreation Department in partnership with the Montgomery County Animal Welfare League.

Dog Park memberships can be purchased at the Crawfordsville Parks and Recreation Department.

Bark Avenue Dog Park will be open daily from dawn to dusk.

BARK AVENUE **MEMBERSHIP PRICES**

Annual Pass 1st dog \$40 Annual Pass 2nd dog \$20 Annual Pass 3rd+ dog \$10 72-hour pass \$10 Additional key fob \$10 Replacement fob \$10



The Farmers' Market runs on Saturday mornings May through October at Pike Place. The market hosts a wide variety of local farm-

ers, growers and producers of fresh bread, produce, eggs, meats, jams and jellies, raw honey, maple syrup and other homemade edible goods.

The market is also proud to support

and showcase a select group of LOCAL artisans and entrepreneurs, whose unique creativity and all-natural products make the Crawfordsville Farmers Market a truly complete shopping experience! The market has expanded over the years to include themed community and family events, cooking demonstrations, fitness classes, food trucks and live music.

SPECIAL EVENTS



Saturday, August 23

The TASTE! of Montgomery County is a panorama of sights, a symphony of sounds, and a festival of flavors that represent all that's great about our little corner of the Midwest. Ev-

ery year in late summer, restaurants, caterers, and food vendors from throughout Montgomery County will gather on the shady, rolling hills of the General Lew Wallace Study & Museum to showcase a huge variety of their tastiest treats and most mouth-watering morsels.

To add some sound bites to the food bites, the TASTE also hosts four musical acts-live and direct from the heartland. From jazz to country, oldies to folk to rock and roll, the TASTE features terrific tunes to satisfy almost every palate.

www.TasteOfMontgomeryCounty.com

JULY 4TH

Milligan Park 7-10pm Join us for a family friendly evening of food, fun and fireworks.



DOGGIE POOL PARTY

Join us for the Annual Doggie Pool Party. That's right, a pool party for dogs. Bring your pooch for this once a summer dip, before we drain the pool.

Saturday, August 9th

12-2:30 pm

\$3 suggested donation with proceeds benefitting the Animal Welfare League

