

ACTIVE PARENTING First Five Years™

PARENTS, GRANDPARENTS, CAREGIVERS - LET US ADD TO YOUR PARENTING TOOLKIT

FREE DIAPERS WITH NO INCOME LIMIT

LEARN ABOUT

- What a baby's cry means
- Building a strong bond
- Your child's growing brain
- Using mindfulness to keep your cool



LEARN ABOUT

- Ages and stages of development
- Effective discipline young children can understand
- Choices and consequences



FREE ACTIVE PARENTING CLASSES

- Gila County Residents
- Earn a FREE car seat OR a \$20 gift card at the completion of 4 classes
- Earn FREE diapers
- Classes for children from birth to age 5

GET IN TOUCH WITH SUZIE GABLER,
PARENT EDUCATOR/PROGRAM
COORDINATOR
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