



2024/2025

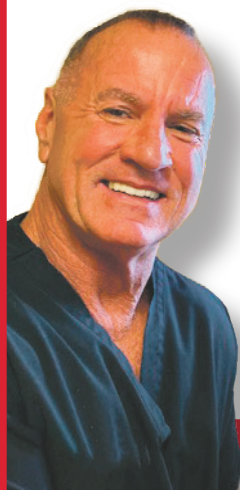
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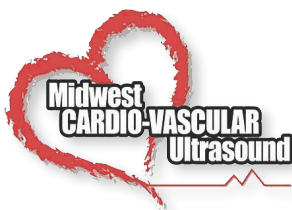
HEALTH & MEDICAL GUIDE

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CEO, Chiropractor
Acupuncturist



Dr. Jill Nelson, DC
Chiropractor
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Navigating healthcare and wellness industries can be confusing and challenging. The Laclede County Health and Medical Guide is designed to help readers find the information they need to choose doctors, hospitals, healthcare providers and other health and wellness services providing care to the Laclede County area.

How to tell if it's a cold, the flu, COVID-19 or RSV

People may wonder if their sniffles indicate they have a cold, the flu or a sign of something more serious, such as COVID-19 or respiratory syncytial virus (RSV). Anyone unsure of what's behind a cold-like illness is urged to speak with their physician. In addition, the National Foundation for Infectious Diseases notes that the common cold, the flu, COVID-19, and RSV present some similar symptoms, but also some unique ones. Though each illness is complex, the frequency with which some symptoms present may indicate which issue a person is dealing with. Knowledge of those symptoms and their frequency can help people determine if the culprit behind their winter illness is a cold, the flu, COVID-19, or RSV.

Cold

- Aches: Sometimes
- Difficulty breathing: Rarely
- Fatigue: Sometimes
- Fever: Rarely
- Loss of taste or smell: Rarely
- Sore throat: Often
- Wheezing: Rarely

Flu

- Aches: Often
- Difficulty breathing: Rarely
- Fatigue: Often
- Fever: Often
- Loss of taste or smell: Rarely
- Sore throat: Sometimes
- Wheezing: Rarely

COVID-19

- Aches: Sometimes
- Difficulty breathing: Often
- Fatigue: Often
- Fever: Sometimes
- Loss of taste or smell: Sometimes
- Sore throat: Often
- Wheezing: Rarely

RSV

- Aches: Rarely
- Difficulty breathing: Sometimes
- Fatigue: Rarely
- Fever: Sometimes
- Loss of taste or smell: Rarely
- Sore throat: Rarely
- Wheezing: Often

Individuals who are concerned by the presence of cold- or flu-like symptoms are urged to speak with their physicians. Though many instances of cold, flu, COVID-19, and RSV will go away without medical intervention, each condition can pose a significant health risk in certain situations.

**PRIMARY CARE**

Greg Miller, M.D.



Sailaja Tummala, M.D.



Katherine Becker, FNP-C

C. David Eastep,
MPAS, PA-C**EXPRESS CARE**

Dan Johnson, APRN-BC



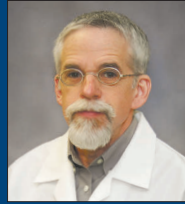
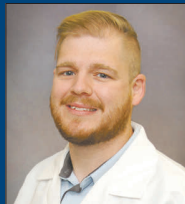
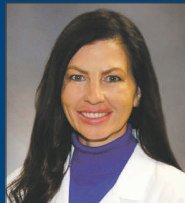
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David Douglas, PA-C



Karianne Little, FNP-C

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The people of Lebanon appreciate quality health care from providers they know and trust, right at their doorstep. As a nonprofit health care organization, we’re committed to meeting their needs. That’s why we’re developing a leading-edge outpatient surgery center at Lake Regional Lebanon Campus. This new facility, Lake Regional Surgery Center – Lebanon, will deliver innovative technologies, convenient access to services and individualized care right here, close to home.

Lake Regional is investing a total of \$32.4 million in the Lebanon Campus to improve access to care. Phase I opened in May 2023 with primary care and specialty care; a walk-in clinic; and diagnostic imaging.

21,000 sq. ft. | \$18,700,000

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The Investment

Phase I	\$13,700,000
Phase II	\$18,700,000
Total	\$32,400,000

In 2024, Lake Regional began constructing Phase II, Lake Regional Surgery Center – Lebanon. The new facility will bring the latest technology to the area, such as robotic-assisted solutions for total joint replacement and colonoscopy equipment to screen for cancer.

Join Us In Caring

Lake Regional Lebanon Campus will serve as a convenient hub of health care services. Join us in supporting the Lebanon Capital Campaign.



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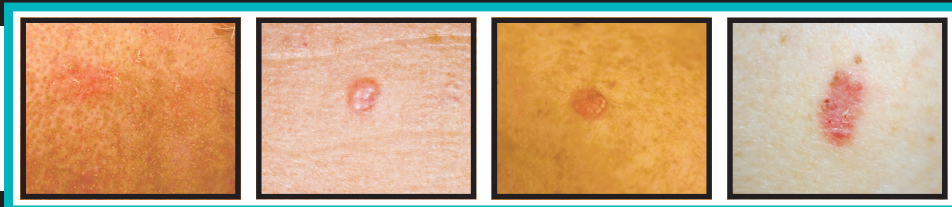
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We schedule for:

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- Respiratory Therapy - Lebanon*

Departments schedule for:

- Physical Therapy
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St. Robert **573.336.8991**
Lebanon* **417.533.6315**
- Cardiac Rehab - Lebanon* **417.533.6700**
- Cardiac Rehab - St. Robert* **573.336.8991**
- Infusion Therapy - Lebanon* **417.533.6464**

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Program, Pulmonary Rehabilitation*
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Mercy Health Foundation 417.533.6192

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Intensive Care Unit 417.533.6044

Laboratory 417.533.6327

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Respiratory Therapy* 417.533.6070

Sleep Center* Lebanon 417.532.2675
Rolla* 573.458.6476

Surgery Department Lebanon 417.533.6081
Rolla 573.458.6608

Therapy Services* 417.533.6315

Wound Care* 417.533.6908

Mercy Clinic Primary Care

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417.533.6751

*Juliana Zamora Cabillos, MD
Philip V. Mitchell, MD
Erin Burke, PA
Jason Bustin, PA
Henry "Keil" Bluhm, PA
Kaitlynn Lindemeyer, PA
Sarah Todd, PA*

Family Medicine

Behavioral Health Clinic

120 Hospital Drive | Suite 100
417.533.6751
Morgana Hazell, PsyD

Pediatrics

120 Hospital Drive | Suite 350
417.533.6729
*Ting Li, MD
Caroline Campbell, MD
Sandra Hinds, NP*

Pediatrics - St. Robert

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573.336.8990
*Rhiannon Michelle Sanders, MD
Brittany Wilson, NP*

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John Jackson, III, DO

Family Medicine - Richland

904 S. Pine Street
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*Jeffrey Semeyn, DO
Lisa Boggs, NP
Mallory Warren-Brothers, PA*

Family Medicine - Marshfield

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*James Buckner Jr, DO
Kim Edson, FNP*

Family Medicine - Buffalo

118 W. Dallas Street
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*Jonathan Thornsberry, MD
Alicia Zacher, NP
Jerry Dorris, FNP*

Family Medicine - Strafford

363 E. Route 66
417.736.9175
*Shawnie Replogle, MD
Jonathan Thornsberry, MD
Melva Evans, NP*

Family Medicine - St. Robert

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*Sandra Dempsey, PA
Kristopher Flynt, PA
Saima Jabeen, MD
Rachel Nix, FNP
James Brandon Reeves, PA
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Yaqoob Ali, MD

Chitra Balasundaram, MD

Kelly Koehn, MD

Lavanya Tiriveedhi, MD

Christina Jones, NP

Angela Pringle, NP

Ear, Nose and Throat

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417.820.5750

Erich Mertensmeyer, DO

Elizabeth Mullings, NP

Podiatry

120 Hospital Dr. | Suite 250

573.458.6364

Joshua Garrison, DPM

Sleep Medicine

1234 Deadra Drive

417.532.2675

Lirong Zhu, MD, PhD

Pain Management

120 Hospital Dr. | Suite 250

417.820.2064

Toll-free 877.234.2524

Jeremy Broadnax, MD

Chuks Chiaghana, MD

Cameron Hess, MD

Sadie Ochs Giedd, DO

Eric Stewart, MD

Orthopedics | Sports Medicine

331 Hospital Drive | Suite A

417.533.6560

Collin Andrus, DO

Ethan Fort, PA

Mathew Lebaron, DO

Lindsay Frerichs, PA

Thomas Rogers, MD

Jacob Walters, PA

Jacob Stramel, PA

Audiology

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417.820.5750

Allison White, AuD

Cardiology

120 Hospital Dr. | Suite 250

417.820.3911

Jessica A. Birchem, DO

Bethany Murrill, NP

Springfield Nephrology

120 Hospital Dr. | Suite 350

417.886.5000

Susan Woody, DO

Radiology

100 Hospital Dr.

417.533.6026

Richard Reber, MD

OB/GYN

120 Hospital Dr. | Suite 300

417.533.6710

Debra Carson, DO

General Surgery

120 Hospital Dr. | Suite 200

417.533.6780

Joe Padilla, Jr., MD

Mathew Simpson, MD

Rafael Bonilla Vazquez, MD

Mercy Clinic Eye Specialists

341 Hospital Drive

Ophthalmology | **417.533.6545**

Aaron Dent, DO

Optometry | **417.533.6540**

Donna Currier, OD

Mercy Curry Cancer Center Oncology

100 Hospital Dr.

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Mercy Clinic Family Medicine - Lebanon

Walk-Ins Welcome

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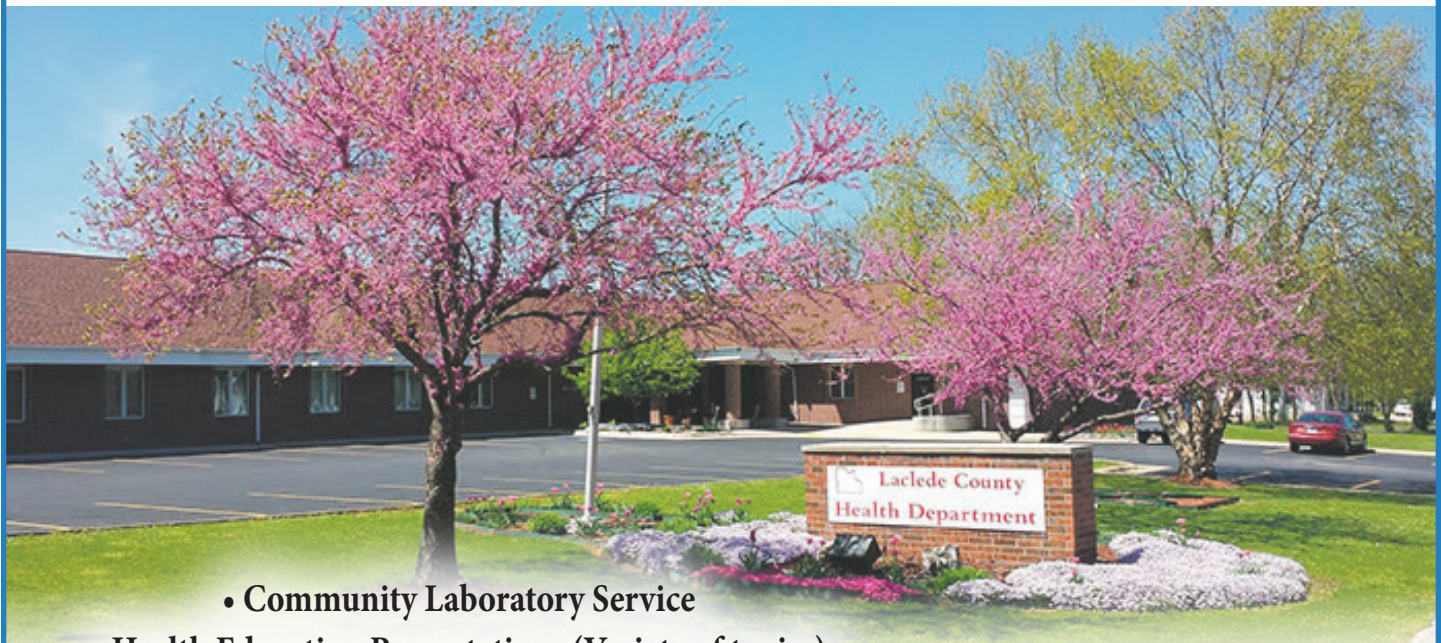
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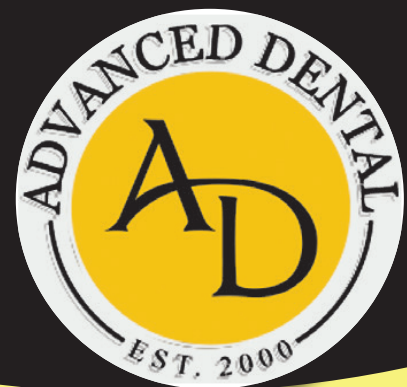
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Services Overview

Weight Loss Services

- In-House Labs
- Consults
- Follow-Ups
- Medications
- Vial Pick Up & Shipping
- Lifestyle Education



Functional Medicine Services

- In-House Labs
- Men's Consult
- Women's Consult
- Prescriptions
- Follow-Ups
- Functional Approach



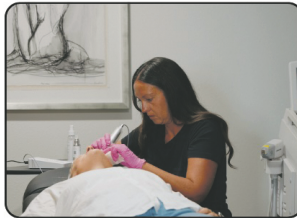
Health & Wellness Services

- Acute Sick Visits
- Massage Therapy
- Aesthetics
- IV Infusions
- Botox
- Sauna



Spectrum Laser Services

- Laser Hair Removal
- IPL Treatments
- Micro Needling
- Tattoo Removal
- Acne Treatments
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Patient Information		Medication History	
Patient ID	Name	Medication	Dosage
1001	John Doe	Aspirin	81mg
1002	Jane Smith	Ibuprofen	400mg
1003	Robert Johnson	Metformin	500mg
1004	Sarah Williams	Lisinopril	10mg
1005	Michael Brown	Atorvastatin	20mg
1006	Emily Davis	Levothyroxine	50mcg
1007	David Miller	Insulin	10 units
1008	Lisa Wilson	Warfarin	2mg
1009	James Taylor	Clonidine	0.1mg
1010	Amanda Moore	Gabapentin	300mg