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Welcome to the DACSO office

The Doña Ana County Senior Olympics Office is currently located at 205 W. Boutz Road Bldg.6 Suite D. The beige-colored building is across the street

from the Borman Honda/Hyundai dealerships in Boutz Plaza. We invite you to visit us anytime between 10 a.m. and 2 p.m., Monday through Friday. We look

forward to visiting with you in person or on the phone at 575-649-3167.

We now have a website. Learn more at www.donanaseniors.com.

DASCO Board Members

ELECTED EXECUTIVE COMMITTEE

Dr. Bob Klass, President
Paul Fetterhoff, Vice President
Betty Burgess, Assistant to President

APPOINTED DIRECTORS

Alexa Davis
Mike Fietze
Nancy Hastings
Mike Lewis
Joe Martinez

Jayne Milavec
Steve Phelps
Gary Tuttle
Jack Welch
Henry Young

OFFICE STAFF

Mike Simione, Coordinator/Registrar
Natalie Mosley, Assistant
Dee Harris, Honorary Lifetime Member

2016

Friends of DACSO

CHAMPIONSHIP

Jordan and Marion Wolle
Jack and Gayle Welch

Doug and Tina Bailey
Betty Burgess

SILVER

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James Nicklaus

BRONZE

Johnnie Aldrich
Jimmy Ebbs

Edward Frank
Phillip Holmes
John Jaques
Irene Lewis

OTHER

Patsy Benavidez
Lucio Garcia
Jayne Milavec
Cynthia Pollock
Norberto Trujillo



Presented By:
MCCOY'S BUILDING SUPPLY
SUNPOWER
by Positive Energy Solar

March 4th
9am - 5pm

NEW
Beer & Wine
Garden

March 5th
10am - 4pm

Las Cruces Convention Center

Adults \$6 *Children 12 and under FREE with a paying adult

Adams Radio Group ~ Bravo Mic Communications, LLC ~ Easy Lawn
Las Cruces Sun-News ~ Oasis Sleep Outlet & Hot Tubs ~ Sun City Plumbing & Heating
Sun-Tech Services, Inc. ~ The Las Cruces Bulletin ~ Window World

For more information contact the Las Cruces Home Builders Association
Office 575-526-6126 or email events@lchba.com

GOOD LUCK OLYMPIANS



PEEL VALLEY
PT & REHAB

2445 MISSOURI AVENUE, SUITE A

Mark Figueroa, PT
Dewell Hardesty, MSS
Don Thome, PT

Isaac Acosta, PT, MPT
Noel Gonzalez, OT
Corey Christensen, PT, MPT, ATC

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Message from the President

Welcome one and all to the 38th Annual Doña Ana County Senior Games. As put very simply by Betty Friedan, "Aging is not lost youth but a new stage of opportunity and strength," so why not redefine your life and gain the courage to try something new and compete in the 2016 games.

There are so many opportunities to meet new people, reconnect with old friends and realize new possibilities we didn't even know about, and do things that we couldn't even dream we could do.

As said by Nike, "Just do it." Go out there and have fun.

Thank you to all who work so hard to make these

games a success for each of us.

We extend our appreciation to each of the volunteers, sport coordinators, fellow board members and friends and family who come out to cheer us on to help make the events enjoyable and memorable to all.

Good luck to each of you in this years' competition, and make those dreams a reality!

Sincerely,

Dr. Robert Klass

*Dr. Robert Klass, president
Doña Ana County Senior
Olympics*

Kickoff & Registration

**10 a.m. to 12:30 p.m.,
Saturday, Feb. 18**

Trails West Clubhouse, 1450 Avenida de Mesilla

This is a great time to reconnect with old friends, visit with event sport managers and complete your registration process and payment for the 2017

DACSO Games. Awards will be presented 11-11:30 am. Light refreshments will also be available.

OTHER WAYS TO REGISTER

BY MAIL

You may also register by mail up to two weeks before the date of your competition by filling out the form on page 7 in this insert and mailing it to DACSO, 205 W. Boutz Road, Bldg. 6, Las Cruces, New Mexico 88005-3262.

IN PERSON

You are also welcome to drop by the DACSO office Monday through Friday, 10 a.m. to 2 p.m., with your completed registration form and payment.

BY EMAIL

Registration forms may also be requested by emailing dacso@outlook.com with your name and mailing address included.

DOÑA ANA MUNITIONS PROUDLY SUPPORTS SENIOR OLYMPICS



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LCSCC Las Cruces Senior Citizens Corporation

The Las Cruces Senior Citizens Corporation, incorporated in December, 1981, as a 501 (c)(3) non-profit organization. LCSCC was organized exclusively for charitable and educational purposes which affect senior citizens in the City of Las Cruces and Dona Ana County by offering a variety of services such as recreational activities and educational travel. These services empower older adults to contribute to their own health and well-being.

LCSCC Business Office and LCSCC Voyagers Travel Center can be found at
205 W. Boutz – Building #6 – Suite D.

The Las Cruces Senior Citizens Corporation provides the following activities:

Swinging Dancers of LCSCC

Saturday night dances with live bands. Doors open at 6:30 p.m. Dance from 7:00 p.m. to 9:00 p.m. \$7.00 per person Light refreshments are served. All dances are run entirely by volunteers For more information please email: lcsc0707@gmail.com

January - March 2017 Dance Schedule

Jan 14 Mark Coker

Jan 21 Mark Coker

Feb 11 Mark Coker

Feb 25 Mark Coker

Mar 11 Mark Coker

Mar 18 Mark Coker

LCSCC Voyagers Travel Center

The LCSCC Voyagers Travel Club is an excellent opportunity for singles and couples 50+, to travel together and have added fun. Volunteer tour leaders accompany seniors on reasonably priced trips, tours and cruises, planned by Cathy Lockman, the LCSCC Voyagers Tour Coordinator.

Stop by the Voyagers Office Tuesday through Thursday from 9:00 a.m.-2:00 p.m. to sign up for trips and obtain information & itineraries on upcoming travel or by calling: 575-523-1152 during business hours. Volunteers may also be available on Monday & Friday from 10:00 a.m. - 2:00 p.m. Please call first.

Join the Voyagers today!

*\$8.00 annual membership fee**

* Membership is not required to book travel

However, **Membership benefits include:**

- Advance trip information
- Earn points for trips taken
- Win Free Day Trip Vouchers
- Holiday Luncheon in December

Among 2017 trips offered are:

Palomas Day Trips – every other month beginning February
Bisbee/Tombstone/Douglas – February 15 –February 17, 2017
Socorro/Very Large Array/Pie Town- March 21-March 22, 2017
Orlando Florida/Epcot Center- May 5-May 15, 2017
Alaska Cruise- September 1 – September 8, 2017

Las Cruces Senior Citizens Corporation 2016/2017 Board of Directors

OFFICERS

President – Marilyn Simione
Vice President – Penney McClarin
Treasurer – Irene G. Lewis

DIRECTORS

Mark Castillo
John Taylor
Barbara Gerace
Helen Glover

Las Cruces Senior Citizen Corporation

205 W. Boutz Road – Building #6 - Suite D
Las Cruces, NM 88005-3259

Mailing Address:

P.O. Box 129
Las Cruces, NM 88004-0129

LCSCC Phone: 575-523-1152

Voyagers Phone: 575-523-1152



Save \$5 per person on one day trip with the **VOYAGERS TRAVEL CENTER**
Only one coupon per person! Expires: November 30, 2017

What is Doña Ana County Senior Olympics?

OUR PURPOSE

To enhance our existing 27 sport venues, and create new ones as may be requested by participants. In addition, we seek to provide an opportunity for men and women to explore and become more comfortable with living balanced lives through exercise and sport.

OUR VISION

To provide within Dona Ana County an opportunity for men and women

age 50+ to pursue physical activity within their own five-year age groups, and thereby contribute to their own positive, physical, mental, social and emotional well-being.

OUR MISSION

To provide an interesting venue of sport activities for mature men and women which is designed to motivate them to participate in year-round activities, thereby enabling them to keep physically and mentally healthy.

2017 Rule Changes

New Mexico Senior Olympics, Inc. Playing rules as revised for 2017. Adopted Oct. 20, 2016 at Santa Fe board meeting

ELIGIBILITY

Summer Games are open to out of state

residents in the 18+ sports that are held at Nationals. State athletes are no longer required to participate at local games in order to attend New Mexico Summer Games.

AWARDS

Only medals will be awarded. Awards will be presented to overall winners regardless of state status.

RECREATIONAL EVENTS

Are now grouped as one sport for the following events: Basketball Free-throw, 3 Point Shot, Frisbee Accuracy, Frisbee Distance, Huachas, Soccer Kick and Softball Throw.

DANCE

Dances in the Latin category

will be rotated every two years except for Rumba.

TALENT

Will be two age categories, 50+ and 70+, and will have the following eight events: Comedy Solo, Comedy Group, Dance Solo, Dance Group, Instrumental Solo, Reading Solo, Vocal Solo, Vocal Group.

REGISTRATION FEES

Entry registration fee will be non-refundable for Summer Games.

DEFAULT DURING COMPETITION

Athletes in an individual sport or team that forfeit all pool play rounds shall not be permitted to advance to bracket play, no exceptions.

New Mexico becomes 'open competition' state Albuquerque preps to host 2019 National Games

By TRACY ROY

Senior Olympics is about fun and friendship. It's about health and well-being – staying mentally and physically sharp. It's also about friendly competition and some rule changes passed down from the New Mexico Senior Olympics (NMSO) board of directors ups the ante.

"Prior to October 2016, New Mexico was a 'closed' Senior Olympic participant," said Doña Ana County Senior Olympics (DACSO) Office Manager Mike Simone. "The state board for New Mexico Senior Olympics decided that for the next four years, New Mexico will become an 'open' state, leaving only Tennessee, North Carolina and the District of Columbia as closed states.

"It means anyone from any state can now compete in any New Mexico local or state

game venues," he said. "New Mexico athletes will no longer have to compete in local games before registering to state games. Yes, this means that anyone in Doña Ana County can register with the state and pay their increased fees and compete at the state level."

See page 13 for more information on open competition rules.

In Doña Ana County Senior Games, this change means athletes from any county will be able to register for the local games, and anyone in the state can register directly for state competition without first qualifying at the local level. Additionally, anyone from any state can register to participate in the New Mexico Summer Games, regardless of their state of residency. Simone and NMSO, however, highly encourages athletes to continue

participating in local games for several reasons.

"It is important to continue to participate in local games because a) it's a place to train before going to state, b) it provides you with a look at what the local competition is about, c) it's a place to learn playing rules for your sport, and d) it's a place to learn your sports format," Simone said.

The New Mexico Summer Games will be held in Albuquerque, New Mexico for the next two years (2017 and 2018), a big move away from Roswell, New Mexico, where it has been held the past five years. In 2019, the National Senior Games will be held in Albuquerque, as well. The summer games will help prepare the city for hosting the national games, which requires about 4,000 volunteers to manage the 12,000-15,000 participants.

GAMES INFORMATION FOR 2017, 2018, 2019

2017 National Senior Games, June 2-17, Birmingham, Alabama
New Mexico Summer State Games, July 19-23, Albuquerque, New Mexico

2018 New Mexico Summer State Games, Albuquerque, New Mexico, dates to be determined

2019 National Senior Games, June 13-26, Albuquerque, New Mexico
New Mexico Summer State Games, Albuquerque, New Mexico, dates to be determined



2017 Doña Ana County Senior Olympic Registration Form

To register for the 2016 Senior Games, fill out the form below and mail with your check to DACSO, 205 W. Boutz Road, Building 6, Las Cruces, NM 88005-3262, or bring it to the same location between 10 a.m. and 2 p.m. Monday through Friday. With questions, call the office at 575-649-3167. **All event registrations with payment must be RECEIVED AND COMPLETED BY THE DACSO OFFICE TWO WEEKS PRIOR TO THE EVENT. EVENT ON-SITE REGISTRATION WILL NOT BE ACCEPTED.**

Returning Athlete ____ New Athlete ____

Registration # _____

Athlete's Name

Gender

LastFirstMIMaleFemale

Mailing Address

CityStateZip

PhoneEmailDate of Birth

Emergency Contact's NameEmergency Phone

Relationship

FEE SCHEDULE

Entry Fee\$10.00

Additional events are \$5 each\$ _____

EVENTS WITH EXTRA FEES

Golf (with cart)\$40.00

Bowling (number of events @\$4.50 each)\$ _____

MAKE CHECKS PAYABLE TO DACSO

SUBTOTAL OF EXTRA FEES.....\$ _____

CLOTHING

Shirts at \$15 each\$ _____

Total of clothing\$ _____

FRIENDS OF DACSO (a contribution)

In honor of: _____ In memory of: _____

Champion (\$100) _____ Winner (\$50) _____

Gold (\$25) _____ Silver (\$15) _____ Bronze (\$10) _____ = \$ _____

Grand Total \$ _____

COMPLETE YOUR REGISTRATION BELOW & ON NEXT PAGE

AIR GUN, PISTOL OR RIFLE
SUPPORTED POSITION

0100 ☐ Pistol – Benchrest 0102 ☐ Rifle – Benchrest

0101 ☐ Pistol – Standing 0103 ☐ Rifle – Standing

0105 ☐ Trap and Skeet Shoot

ARCHERY

0110 ☐ Recurve 0113 ☐ Barebow Recurve

0111 ☐ Compound Fingers 0114 ☐ Barebow

0112 ☐ Compound Release Compound

BADMINTON

0120 ☐ Singles

0121 ☐ Doubles

Partner _____

0122 ☐ Mixed Doubles

Partner _____

BAND

0130 ☐ Kitchen

(pre-recorded)*

0131 ☐ Band with

Instruments*

Group name _____

BASKETBALL

0225 ☐ Free Throw 0226 ☐ 3 Point Shot

BILLIARDS

0150 ☐ 8-Ball – Men 0850 ☐ 8-Ball – Women

BOWLING

0160 ☐ Singles

0161 ☐ Doubles

Partner _____

0162 ☐ Mixed Doubles

Partner _____

BOWLING TEAM

0380 ☐ (M) 50+

0381 ☐ (M) 55+

0382 ☐ (M) 60+

0383 ☐ (M) 65+

0384 ☐ (M) 70+

0410 ☐ (M) 75+

0411 ☐ (M) 80+

0385 ☐ (W) 50+

0386 ☐ (W) 55+

0387 ☐ (W) 60+

0388 ☐ (W) 65+

0389 ☐ (W) 70+

0415 ☐ (W) 75+

0416 ☐ (W) 80+

Team Name and Captain

CYCLING

0170 ☐ 1 Mile Time Trial

0171 ☐ 5K Time Trial

0172 ☐ 10K Time Trial

0173 ☐ 20K Time Trial

DANCE

0180 ☐ Country Western

Partner

0181 ☐ Polka

Partner

0182 ☐ Jitterbug

Partner

0183 ☐ Waltz – Ballroom

Partner

0184 ☐ Latin

Partner

0185 ☐ Line Dance

(6–15 member team)*

Team Name and Captain

0186 ☐ Waltz – Western

Partner

ESTIMATED WALK/RUN

0242 ☐ 400m (est) Walk/Run

0240 ☐ 800m (est) Walk/Run

GOLF

0200 ☐ Golf – 18 Holes

HORSESHOES

0210 ☐ Horseshoes

HUACHAS

0402 ☐ Huachas

PICKLE BALL

0500 ☐ Singles

0501 ☐ Doubles Partner

Partner

0502 ☐ Mixed Doubles

Partner

ROAD RACE

0345 ☐ 5K Road Race

0346 ☐ 10K Road Race

RACQUETBALL

0250 ☐ Singles

0251 ☐ Doubles

Partner

0252 ☐ Mixed Doubles

Partner

RACEWALK

0231 ☐ 1500M

SHUFFLEBOARD

0260 ☐ Singles

0261 ☐ Doubles/Mixed

SWIMMING

0420 ☐ 50Y Backstroke

0421 ☐ 100Y Backstroke

0422 ☐ 200Y Backstroke

0423 ☐ 50Y Breaststroke

0424 ☐ 100Y Breaststroke

0427 ☐ 200Y Breaststroke

0425 ☐ 200Y Individual Medley

0426 ☐ 100Y Individual Medley

0430 ☐ 50Y Freestyle

0431 ☐ 100Y Freestyle

0432 ☐ 200Y Freestyle

0433 ☐ 500Y Freestyle

0434 ☐ 50Y Butterfly

0435 ☐ 100Y Butterfly

TABLE TENNIS

0300 ☐ Singles

0301 ☐ Doubles

Partner

0302 ☐ Mixed Doubles

Partner

TENNIS

0370 ☐ Singles

0371 ☐ Doubles

Partner

0372 ☐ Mixed Partners

Partner

TALENT**

	SOLO	GROUP
Comedy	0321 <input type="checkbox"/>	0331 <input type="checkbox"/>
Dance	0324 <input type="checkbox"/>	0334 <input type="checkbox"/>
Instrument	0323 <input type="checkbox"/>	0333 <input type="checkbox"/>
Reading	0322 <input type="checkbox"/>	0332 <input type="checkbox"/>
Vocal	0320 <input type="checkbox"/>	0330 <input type="checkbox"/>
Name of Act		

FIELD

0190 ☐ Discus Throw

0191 ☐ Javelin Throw

0192 ☐ Shot Put

0193 ☐ High Jump

0194 ☐ Standing Long Jump

0195 ☐ Running Long Jump

TRACK

0339 ☐ 50M Run

0340 ☐ 100M Run

0341 ☐ 200M Run

0342 ☐ 400M Run

0343 ☐ 800M Run

0344 ☐ 1500M Run

TRIATHLON

0350 ☐ Triathlon*

FUN & REC GAMES

0220 ☐ Soccer Accuracy Kick

0221 ☐ Softball Distance Throw

0222 ☐ Frisbee Distance

0223 ☐ Frisbee Accuracy Throw

All (*) events require a roster
All (**) events require a talent introduction form.

LIABILITY WAIVER

PLEASE READ, SIGN AND DATE THE
LIABILITY WAIVER AND THE REGULATIONS AGREEMENT BELOW

I hereby agree to indemnify and hold harmless Doña Ana County Senior Olympics Inc. and any of their agents or representatives: City of Las Cruces; New Mexico State University; Fairacres Fire Department; State of New Mexico Department of Transportation; Fraternal Order of Eagles; Catholic Diocese of Las Cruces; Trails West; B & J Archery; Good Samaritan Society - Las Cruces Village, Picacho Hills Golf Course. To the best of my knowledge and belief, I have no physical restrictions that would prohibit my participation in the events I have selected.

The DACSO Board has my permission to have a physician, RN or EMT attend to me if it is deemed necessary during my participation in the DACSO Games.

I also agree to observe all rules and regulations of the DACSO GAMES; to exercise good sportsmanship, and to follow all written or oral instructions given by game personnel. I agree that failure to do so will result in my disqualification or suspension from the DACSO Games for a specified period of time.

SIGNATURE

DATE

2017

DASCO Games

Schedule of Events

Day/Date	Event	Time	Location	Sport Manager	Phone	E-Mail
Sat., Feb. 18, 2017	KICKOFF - REGISTRATION	10a-12:30p	TRAILS WEST	MIKE SIMIONE	575-649-3167	dacsolascruces@gmail.com
Mon., Mar. 13, 2017	8-BALL POOL - WOMEN	9:00 AM	MUNSON CENTER	CHARLES GARDNER	575-636-7887	lfmiller1965@yahoo.com
Mon., Mar. 13, 2017	HORSESHOES	9:00 AM	MEERSCHIEDT			
Tue., Mar. 14, 2017	8-BALL POOL - MEN	9:00 AM	MUNSON CENTER	CHARLES GARDNER	575-636-7887	lfmiller1965@yahoo.com
Fri., Mar. 17, 2017	HUACHAS	9:00 AM	PAPEN CENTER	VIRGINIA BARBIER	575-622-2922	v7barbier@gmail.com
Fri., Mar. 17, 2017	TABLE TENNIS SINGLES/DOUBLES/MIX.	12:00 PM	PAPEN CENTER	VICKIE AVERY & JERRY CLAESSEN	575-526-3662/526-9615	rewsavery@hotmail.com
Sat., Mar. 18, 2017	TRAP & SKEET SHOOT	8:00A &10A	BUTTERFIELD RANGE	BOB SHERMAN/JOHN MOEN	575-526-1363	msherman@q.com
Sat., Mar. 18, 2017	SWIMMING	8:00 AM	NMSU POOL	JACK WELCH/KIRK COOPER	575-524-2160	johnwelc@nmsu.edu
Mon., Mar. 27, 2017	BOWLING - TEAM	1:00 PM	WHITE SANDS BOWL	GARY TUTTLE	575-649-6356	gmtut708@gmail.com
Tue., Mar. 28, 2017	BOWLING - SINGLES	1:00 PM	WHITE SANDS BOWL	GARY TUTTLE	575-649-6356	gmtut708@gmail.com
Wed., Mar. 29, 2017	RACQUETBALL	6:00 PM	MEERSCHIEDT	MARY & BOB SHERMAN	575-526-1363	msherma@q.com
Thu., Mar. 30, 2017	BOWLING - DOUBLES	1:00 PM	WHITE SANDS BOWL	GARY TUTTLE	575-649-6356	gmtut708@gmail.com
Thu., March 30, 2017	GOLF	12:30 PM	PICACHO HILLS CC	PETER ROTHE	575-932-9729	perothe@comcast.net
Fri., Mar. 31, 2017	BOWLING - MIXED DOUBLES	1:00 PM	WHITE SANDS BOWL	GARY TUTTLE	575-649-6356	gmtut708@gmail.com
Sat., Apr. 1, 2017	5K and 10K RUNS	8:00 AM	LA LLORONA PARK	PAUL FETTERHOFF	575-405-9892	nmmrunner@zianet.com
Mon., Apr. 3, 2017	PICKLEBALL	10:30 AM	MEERSCHIEDT	NANCY HASTINGS	575-541-5744	rnhastings@zianet.com
Fri., Apr. 7, 2017	TENNIS SINGLES	8:00 AM	LIONS PARK	CANDI GIUMMO	575-541-0514	kandigo@hotmail.com
Sat., Apr. 8, 2017	TENNIS - DOUBLES & MXD. DOUBLES	8:00 AM	LIONS PARK	CANDI GIUMMO	575-541-0514	kandigo@hotmail.com
Sat., Apr. 8, 2017	ARCHERY	8:00 AM	B & J's	BOB DUKE	575-640-4192	rjduke@zianet.com
Sat., Apr. 8, 2017	5K RACE WALK	8:00 AM	NMSU TRACK	BETTY BURGESS	575-644-0782	bettyburgess1948@yahoo.com
Sat., Apr. 8, 2017	400M & 800M EST. RACE WALK	9:00 AM	NMSU TRACK	HENRY YOUNG	575-496-1637	hank.young60@yahoo.com
Sat., April 8, 2017	TRACK	9:00 AM	NMSU TRACK	BOB KCLASS	303-719-3004	klasswear@aol.com
Sat., Apr. 8, 2017	1500 M RACE WALK	10:00 AM	NMSU TRACK	BETTY BURGESS	575-644-0782	bettyburgess1948@yahoo.com
Sat., Apr. 15, 2017	FIELD EVENTS	8:00 AM	NMSU	JOE MARTINEZ	575-312-9546	mr.wonderful227@yahoo.ca
Fri., Apr. 21, 2017	BASKETBALL FREE THROW / 3 POINT	6:00 PM	MEERSCHIEDT	FRED MARTINEZ	575-644-9906	alfredo.martinez@comcast.net
Sat., Apr. 22, 2017	CYCLING	8:00 AM	N. ARMORY FRONTAGE RD.	BOB KCLASS	303-719-3004	klasswear@aol.com
Sat., Apr. 22, 2017	FUN & REC. EVENTS	9:00 AM	MESILLA PARK@PAPEN	JAYNE MILAVEC	575-524-3722	amila4321@aol.com
Sat., Apr. 22, 2017	BADMINTON	1:00 PM	NMSU	WALLY HILL	575-382-9758	hillco50@gmail.com
Mon., Apr. 24, 2017	SHUFFLEBOARD - SINGLES	1:00 PM	ST. GENEVIEVE'S HALL	MIKE LEWIS	575-639-4544	t.mike.lewis@comcast.net
Tue., Apr. 25, 2017	SHUFFLEBOARD - DOUBLES	1:00 PM	ST. GENEVIEVE'S HALL	MIKE LEWIS	575-639-4544	t.mike.lewis@comcast.net
Sat., Apr. 29, 2017	AIR GUN - RIFLE & PISTOL	8:00 AM	THE EAGLES CLUB	CINDY POLLOCK	575-522-3180/644-1579	rteach@comcast.net
Sun., Apr. 30, 2017	AIR GUN - RIFLE & PISTOL	8:00 AM	THE EAGLES CLUB	CINDY POLLOCK	575-522-3180/644-1579	rteach@comcast.net
Sun., Apr. 30, 2017	DANCE & TALENT PRACTICE	10:00 AM	GOOD SAMARITAN	BETTY BURGESS	575-644-0782	bettyburgess1948@yahoo.com
Sun., Apr. 30, 2017	DANCE & TALENT SHOW	2:00 PM	GOOD SAMARITAN	BETTY BURGESS	575-644-0782	bettyburgess1948@yahoo.com
Mon., May 1, 2017	AIR GUN - RIFLE & PISTOL	8:00 AM	THE EAGLES CLUB	CINDY POLLOCK	575-522-3180/644-1579	rteach@comcast.net

Athlete's Oath

As a Senior Olympian,
I pledge myself to the
spirit of the Olympics.

The Spirit of Achievement,
that I may reach my goals;

The Spirit of Competition,
that I may win or lose
with pride and honor.

The Spirit of Friendship,
that I may be a true friend
to those around me.



2016 DEE HARRIS FEMALE ATHLETE OF THE YEAR



Photo by Christopher Belarde
Johnnie Aldrich

Golfer, teacher, world traveler gives back to her community

Special to the Bulletin

Our 2016 Dee Harris Female Athlete of the Year was born in Corpus Christi, Texas, where she lived for the first 18 years of her life. Her siblings include a brother and sister, their spouses, and many nieces and nephews.

At age 18 she left home and enrolled at Baylor University in Waco Texas, where she majored in English and Education. Upon completing her bachelor's degree, she stayed at Baylor for her master's in American and English Literature. She then traveled to Salamanca, Spain, where she earned her doctorate in 16th Century Spanish Literature.

Her first teaching position was in Westminster, Colorado for four years. Then followed a teaching position in Cali, Columbia, South America for six years. After that she started a 15-year teaching stint with the University of Maryland Overseas Programs on U.S. military bases in Spain, Morocco, The Azores, Turkey, and the city of Aleppo, Syria. As she looks back on those times, she recalls her favorite locale was Aleppo.

While an undergraduate at Baylor, she took her first golf lessons. Upon moving to Cali, she continued lessons and played at a country club, as well as in other countries. She noted that the life of a teacher does not lend itself to providing a lot of free time to practice golf.

In 2002, all of this changed when she returned to teach at a junior college in Memphis, Tennessee. With her extensive background and prior teaching positions in 16th Century Spanish Literature, she was asked to establish classes at the junior college in this area. Beginning on the main campus with a small number of students, she eventually set up 20 classes on three other campuses within the system.

In 2004, her brother-in-law sent her a set of irons, which became a part of her eclectic collection of clubs, and she began playing golf at the NMSU Golf Course. This was also the first time she became involved with Doña Ana County Senior Olympics.

Upon her retirement, she wanted to become involved with

the League of Women Voters, as there were many important issues on the local and state level that people need to know about. She also set three other goals: continue to take golf lessons and play as often as possible; go into politics; and work crossword puzzles. Golf lessons and playing, along with cross word puzzles, have materialized. Going into politics has changed into immersion into the League of Women Voters. In addition, she has also spent 13 years as an AARP IRS Tax Preparer for the elderly and low-income people in the city of Las Cruces.

She feels very indebted to Senior Olympics on the local and state level for providing her an avenue to stay in shape. Also, the people she has met over the years in Senior Olympics who "help each other in a nice way, not an ugly way," and their sense of the need for sport to be fun has been unbelievable.

Now, please join me in congratulating and welcoming our 2016 Dee Harris Female Athlete of the Year Honoree, Johnnie Aldrich.

2016 DEE HARRIS MALE ATHLETE OF THE YEAR

Former Navy Commander, marksman retired in Las Cruces

Special to the Bulletin

The 2016 Dee Harris Male Athlete of the Year was born in Globe, Arizona. When he was in third grade, his family moved to Miami, (Arizona that is.) He has three sisters and is married. In 1961, he graduated from Miami High School, with a fondness for drafting and industrial arts classes. While a senior student, he engaged in what he thought was a class project. He designed and drew a tennis court, which ended up being built by the local school board, due to its attention to detail and accuracy, two of his lifelong traits.

At age 17, he joined the United States Navy. In 1969 he entered the Warrant Officer Program, and was the youngest enrollee in the country at the time. He was presented the Junior Officer Ship Handling Award for the Atlantic Fleet in 1973. This was also the year he was selected for the Limited Military Duty Program. After 33 years in the Navy he retired with the rank of Commander (05).

Our honoree developed his love of marksmanship starting in the third grade. In fact, he still owns his first rifle. Throughout his military career, he competed in both national and international levels of competition. He has attained the Distinguished Pistol Shot in National Rifle Matches, as well as the Master Service Rifle award in International competition. Prior to his Navy retirement, he went to the NRA Pistol Instructor School. After his retirement, he joined the Virginia Police Department, and then onto the Department of Criminal Justice Firearms, where he became an instructor.

In 2002, he visited Las Cruces from Norfolk, Virginia, liked what he saw, bought a house, went back to Virginia and retired from the police department. This was also the time he first met Terry Collins and Cindy Pollock who were with the Picacho Gun Club, and he began shooting in Las Cruces at the Butterfield Range.

Since that time, he has developed a close friendship with Cindy Pollock, the event manager for the DACSO Air Gun events. He has assisted at both the local and state levels of Air Gun competition. He has built targets, set them up, and taken them down. He has also been the Range Safety Officer for DACSO, as well as for the NM Summer State Games when they were held in Las Cruces. He is always open to being available to assist and help senior shooters improve.

He is a strong believer that pistol performance improves with shooting every day, and also having a "tolerant spouse." He has enjoyed going to Roswell for the NM Summer State Games, as this has provided his wife with "unlimited thrift store" opportunities.

Our honoree states that "the greatest thing he ever did was to enlist in the Navy, because it taught him a respect for personal achievement that has stuck with me all my life." He also said that being a part of Senior Olympics "replaces birthdays and Christmas, as it gives me something to look forward to."

Please join me now in congratulating and welcoming our 2016 Dee Harris Male Athlete of the Year, James (Mac) McCollum.

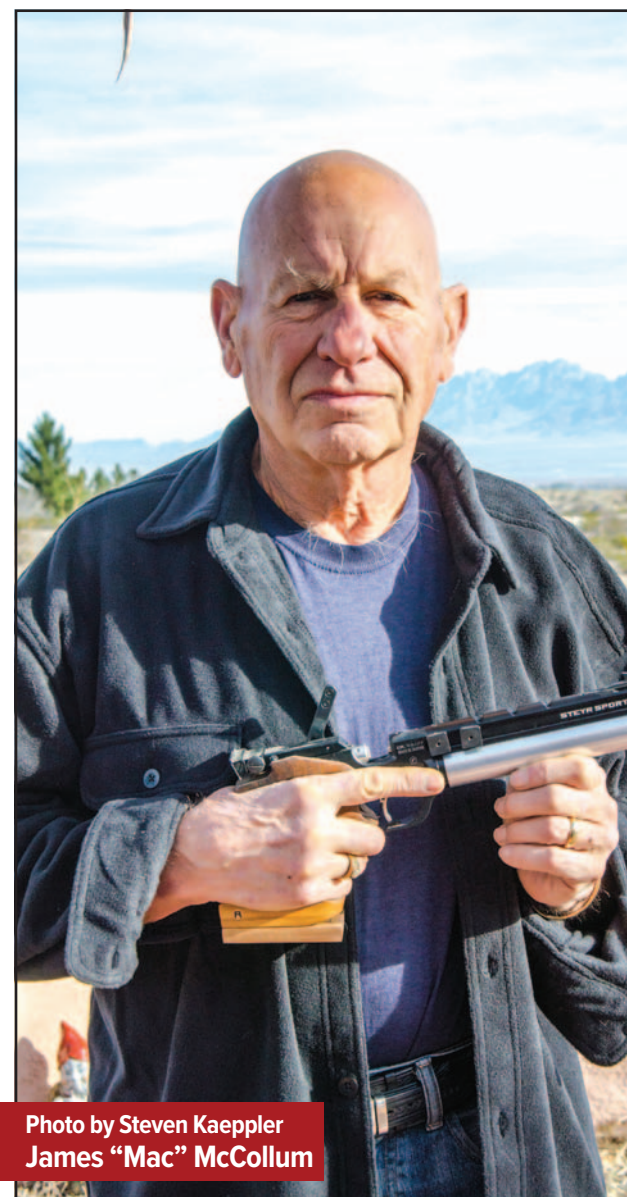


Photo by Steven Kaeppler
James "Mac" McCollum

Multiple medal winner will compete in five-plus events in 2017

By Mike Cook
Las Cruces Bulletin

Las Crucen Phillip Holmes got started in Senior Olympics at age 55 after attending the funeral of a high school friend. While at the funeral, another friend suggested he give Senior Olympics a try.

"I haven't done that kind of thing for years," Holmes remembers telling his friend. But he signed up for Senior Olympics that year and has competed for 16 consecutive years. He has won multiple gold and silver medals in local and statewide competitions.

Holmes, a native of Muskogee, Oklahoma, is a 1963 graduate of Las Cruces High School, where he was a distance runner and quarterbacked the Bulldawgs football team.

This year, Holmes, now 71, said he likely will sign up for five or more events, including the discus, javelin and shotput, along with several walking events.

"It's a great way to stay in shape," he said.

Holmes regularly engages in "a little weight training" and powerwalking, along with throwing his own personal

discus and shotput.

He and other local senior Olympians get together on Saturdays at the New Mexico State University track to hone their skills and prepare for local and state competition, he said. The athletes work with each other and get support from NMSU staff and students, he said.

"There's competition there," he said, "But there's also comradery."

Holmes set the state Senior Olympics record with a 119-foot discus toss in his age group, he said, and has taken the

HOLMES continued on page 13



BY THE NUMBERS: 2016 Games

Total registered for local games: 260

Males registered: 178

Females registered: 82

First-time registrants in 2016: 45 males, 13 females, 58 total

Registration by geographical area served by DACSO:

- Las Cruces, 226 • Fairacres, 3 • Radium Springs, 1
- Mesilla Park, 7 • Anthony, 2 • White Sands, 1
- Deming, 7 • Doña Ana, 2 • El Paso, Texas, 1
- La Mesa, 4 • Silver City, 2

2016 Doña Ana County First-Place Winners

SPORT NAME	NO. OF ATHLETES	AGES	NO. OF MEDALS
AIRGUN	5	55-89	18
ARCHERY	1	75-79	1
BADMINTON	5	65-74	5
BOWLING	2	70-74	4
CYCLING	1	60-64	1
DANCE	24	50-69	24
EIGHT BALL POOL-MEN	2	65-84	2
FIELD	9	50-74	9
FRISBEE DISTANCE	1	80-84	1
GOLF	3	65-79	3
PICKLEBALL	3	80-84	3
1500 M RACEWALK	3	65-89	3
5K RACEWALK	2	65-89	2
RACQUETBALL	5	55-64	5
ROAD RACE 5 & 10 K	1	85-89	2
SOCCER FUN	3	55-89	3
SWIMMING	8	55-89	34
TABLE TENNIS	2	55-59	2
TENNIS	3	55-59	5
TRACK	6	50-89	13

Note: Individual sport results for each sport and athlete are available in the DACSO office.



Table tennis pro is a proponent of “Just Do It”

By Susie Ouderkirk
Las Cruces Bulletin

Having already collected dozens of blue ribbons for winning at table tennis, Vickie Avery will once again take her green “pimpled” paddle to the table again at this year’s Senior Olympics. At 62, Avery has won 29 first place ribbons at local matches and 13 blues at the state level (as well as a handful of red second places.)

Avery began her table tennis journey as child, she said. Originally from the “Northland” of Minnesota, Avery fell in love with New Mexican artist Georgia O’Keeffe’s paintings and knew someday she would move to The Land of Enchantment, she said.

While working in hospice in the great North, an unusual encounter at the Minnesota Zoo brought her closer to her Southwestern dream.

“The winters grew longer and colder and one day while at the Minnesota Zoo, communing with the wolves and higher power,” Avery pondered on the idea that she did not want to spend another winter in Minnesota.

“I want to move to New Mexico,” she thought. “I turned around and there stood a young boy with a Nike ‘Just Do It’ T-shirt ... so I did.” She moved to Las Cruces a couple of months later.



Courtesy photo
Vickie Avery

Her departure might seem fast to some of us, but speed is in her nature. Speed is what she loves most about table tennis.

“It’s a great lesson in being present in the here and now,” she said.

It’s also the biggest challenge of her game.

“You have to be present and pay attention,” she said.

Avery practices as often as possible in the mornings during the week at Mesilla Park Recreation Center and she’s prepping for this year’s Senior Olympics on “a hope and a prayer,” she said. Her day job is driving a school bus and training new drivers.

She stays motivated

with the support of her family of rescued dogs and cats, and refers to a sign in the Doña Ana County Senior Olympic office that states: “...we don’t stop playing because we grow old, we grow old because we stop playing.” She also gets motivation from seeing “folks 20 years older still playing. They’re great role models for us youngsters!” Avery said.

Her take away message?

“If anyone is giving thought to getting involved with Senior Olympics, ‘Just Do It,’ she said. “It’s a wonderful way to get exercise and to meet amazing people.”

DACSO receives its first sport sponsorship

Special to the Bulletin

Doña Ana County Senior Olympics (DACSO) is pleased and proud to announce its first-ever Sport Sponsorship for any of its local Senior Olympic Games.

Mr. Jerry Hines, one of the owners of Trails West Adult Gated Community (55+) and his partners, Hal singer and J. Brad Aday, are the official sponsor for one of the local senior games. Hines' sport of choice will be the 2017 local Senior Olympics Swimming Event, which will take place at the Natatorium on the NMSU campus from 8-11 a.m. Saturday, March 18.

Mr. Hines has been a supporter of

Senior Olympics over many years by providing complimentary use of the auditorium facility in the Trails West Clubhouse for DACSO'S yearly Kickoff/Registration Day, as well as other activities of the group throughout the year.

Mr. Hines has chosen to sponsor the local Senior Olympic Swimming Event to celebrate the construction of the new indoor swimming pool in the final phase at Trails West because he believes that physical activity for seniors is extremely important.

DACSO wishes to express their gratitude to Mr. Jerry Hines for the sponsorship by Trails West of a local Senior Olympics event.

NM now an open competition state

1. Anyone from any state can now compete in any New Mexico local or state game venue for the next four years (2017-2020).

2. New Mexico athletes no longer must compete in local games, if they choose not to do so, before registering and competing at state. Athletes from any county can compete in New Mexico Summer Games at any of the 18+ sports that are offered at National Senior Games.

3. This means any Doña Ana coun-

ty resident can register directly with state, pay their increased state fees and then compete at state.

4. But it is important for Doña Ana County Senior Games to continue because it provides a look at the competition; provides an opportunity to ramp up your game; it is a place to learn ever-shifting playing rules; and it's a great place to learn your sports' format. Also, for many athletes, local games are the only place they may choose to compete.

HOLMES continued from page 11

gold in shotput, along with other events, including doubles ping pong.

Holmes also had a long career as a traveling entertainer and bass player. He joined his first band while in the seventh grade, and at age 19 was the oldest member of the band he formed while a student NMSU.

Holmes' career was interrupted by a stint in the National Guard, but he returned to performing music in 1968, playing in a band that became "Phil and Bess and Anybody's Guess," which featured his wife, Bess. The band performed at high-end private clubs across the country until 1980.

Over the years, Holmes has also

played with bands "Triple Play" and the "Cadillac Kings" (from Alamogordo), along with Guitar Slim from El Paso.

He continued to play on weekends during a career as a salesman in California. Phil and Bess returned to Las Cruces in 1999, he said, and he worked in El Paso until his retirement in 2008.

Senior Olympics is "a whole different atmosphere from what people figure elderly people do," Holmes said.

He's looking forward to the local and state competitions this spring and summer. Later this month, he said, "I'll go down and sign up for more than I can do" at this year's event.



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Storyteller hopes to defend local title

By Mike Cook
Las Cruces Bulletin

It was on her bucket list to someday participate in Senior Olympics, said local champion Gloria Cobos.

Cobos, who turns 71 on Feb. 20, competed for the first time in 2016 in the storytelling category. She won the local competition and finished third at state.

“Ever since I was a child, I liked telling a story to an audience,” said Cobos, a native of Lordsburg who has lived in Las Cruces since 1979.

She was an educational assistant for 19 years before earning a degree in her 40s and teaching for 20 years with Las Cruces Public Schools (at Court Junior High School and Picacho Middle School) and Gadsden Independent School District. Cobos also taught English as a Second Language and GED classes in Berino for New Mexico State University.

When she meets former students, Cobos said they often tell her the thing they remember most about her is reading stories.

Cobos read a story about La Llorona, the Crying Woman, who is the subject of a local legend, to win the local Senior Olympics competition last year.

She was among 23 competing in a similar category at the state competition last July in Roswell. A quartet took first place, Cobos said, a singer and guitar player was second and Cobos, dressed in a ghost costume, took third with another reading of the La Llorona story.

Storytelling, Cobos said, is “just something that I like to do. I enjoy it thoroughly.”

In retirement, she continues to read all kinds of stories in schools and to fellow senior citizens at local senior centers and the local TOPS (Taking Off Pounds Seriously) program. Cobos has lost more than 80 pounds through the program, she said.

Cobos hopes to compete in Senior Olympics again this year to defend her storytelling title.

For the 2017 competition, Cobos said she will likely read a story about “El Cucuy” (pronounced koo koo e, it’s the equivalent of the “boogey man” in Spanish) or one about a pet snake.

She’s also considering a story called “The Day It Snowed Tortillas,” which was written by professional storyteller Joe Hayes, whom Cobos met in 1980.

“I was so inspired by him,” she said. “I mostly like scary stories.”

She especially enjoys using voice inflection and sometimes whispering to bring emphasis to a word or passage in a story. Watching her audience, she said, and especially seeing kids’ eyes widening motivates her more.

Cobos is the oldest of five sisters. She has three sons, five grandchildren and two great-grandchildren. Her mother, Molly Talavera, 88, still lives in Lordsburg. Cobos has traveled extensively in Europe with church groups and continues to do water aerobics at the Las Cruces Regional Aquatic Center.

“God has given me a good life, and I’m happy,” Cobos said.



Photo by Mike Cook
Gloria Cobos

Pool player, golfer shoots for the stars

By Susie Ouder Kirk
Las Cruces Bulletin

Peter Kenny is a shark. In a good way.

The 72-year-old sportsman has meandered around a pool table since he was about 12 years old, when he started playing 8-Ball Billiards with friends and classmates. And this spring, he’s warming up his cue stick for a shot at an 8-Ball medal at the Senior Olympics. He’ll also take a stab at 18 holes of golf during the contest.

Originally from Connecticut, Kenny and his wife moved to Las Cruces two years ago.

“I was a recruiter for about 30 years. Then I served as director of national accounts/business development for a disaster restoration contractor,” Kenny said.

That was followed by six years as a volunteer for a job search support

group where he helped displaced workers find new employment. His wife, Peg, is a former CFO of a large nonprofit company and they just celebrated their 39th wedding anniversary.

To prepare for the billiards competition at the Senior Olympics, Kenny is playing as much as he can in game situations, “trying out new shots and practicing difficult shots,” he said.

He generally plays about 10 to 12 hours a week.

“I enjoy playing pool even when I’m alone,” he said. “But I also enjoy playing against others who are good players and good sports,” he said.

In fact, good sportsmanship is high on his list of priorities when it comes to competition.

In addition to billiards, he’ll also compete this year in golf, which he started playing later in life.

“I played a lot of golf – poorly, but I don’t care. It’s fun,” he said. “I’ve reached a point in life where I can hit the ball farther than I can see. That has led to me losing an inordinate number of golf balls and that doesn’t exactly help my score. What’s frustrating is that I hit the ball pretty straight, so I’m probably losing them in the middle of the fairway. I tried looking through binoculars while swinging my driver but eventually I figured out that that wasn’t working for me.”

Kenny is always one to enjoy the ride, not the destination. At last year’s Senior Olympics, Kenny admits “there were some pretty good golfers there and I felt fortunate to be somewhere in the middle of the pack.”

He doesn’t play and compete just for the medals, though.

“If people are just playing for the

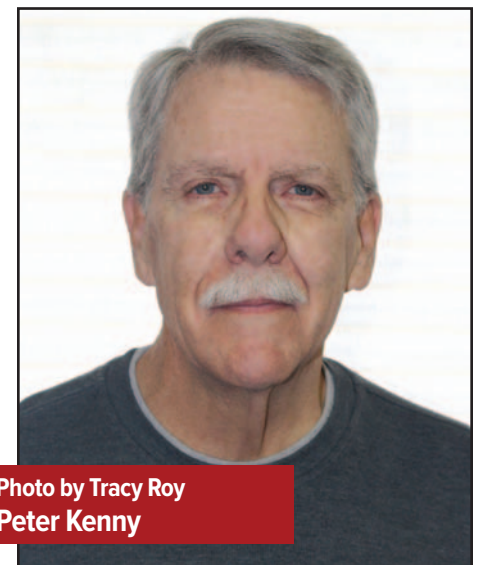


Photo by Tracy Roy
Peter Kenny

medals, they are missing out on the larger picture,” he said. “No matter what your sport, Senior Olympics provides an opportunity to meet new people, form new relationships and play a sport you enjoy with genuinely good people.”



Photo by Billy Huntsman
Linda Goff

Even at 65, Linda Goff knows starting anew is possible

By Billy Huntsman
Las Cruces Bulletin

When the arthritis in 65-year-old Linda Goff's right hand became too painful for her to bowl, she knew quitting was not an option. She loved the game too much.

So, she decided to try using her left. With 65 years under her belt as a righty, she wasn't confident in her abilities right from the start as a lefty, but she also wasn't pessimistic. Practice makes perfect, she thought.

She set out for 10 Pin Alley. She felt good, in her element, in the unusually soft bowling shoes looking down the polished planks of her lane. She examined her 10 old nemeses, whom she had knocked down countless times before.

"Can I be as good as I once was?" she wondered. "What if I'm not?"

But the game has never been about the competition, at least not against other bowlers. It's always been about the pins, who are at once her best friends and her worst enemies, the kind who challenge you as no one and nothing else ever has before.

Bowling is in her blood, she knew, and even if she

couldn't be as good as she was with her right hand, she would have to keep playing.

Her average score with her right hand was 107, and as a leftie she set a goal of 72. At the end of her first game using her left hand, she had scored 107. She said she's confident and excited about competing in this year's Senior Olympics.

"I've competed twice before," she said, both as a righty, and she medaled both times.

Goff has bowled since she was 12 years old. Her parents were also bowlers and Goff recalled her sisters and her spending much time in bowling allies growing up. The raucous of the great heavy ball smashing the pins and scattering them about the back of the lane is music to her ears, all 10 collapsing at once the sweetest sight her eyes have ever seen.

"I like bowling because I can control the object that's thrown instead of someone throwing something at me," she said, as in softball or tennis.

Goff was formerly deputy treasurer for the town of Mesilla. She retired in 2012 and said she hasn't been bored a single day. She bowls in a league, the Gutter Dodgers, once a week and practices on her own throughout the week.

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Paul the Great, king of the gold, set to compete this year

By Billy Huntsman
Las Cruces Bulletin

After I asked to see Paul Turner's Senior Olympics medals, his wife comes into the living with such ringing noise as to shame Santa Clause and all his reindeer.

"I'm very competitive," Turner said.

And not a pushover opponent, as attested to by his wealth of gold medals, which make his wife look like the patron goddess of El Dorado as she lays them on the couch.

He looks at the pile of gold medals as only a king can, watching barrelfuls of gold tithes being constantly hauled into his treasure chamber—almost bored.

Once Turner, now 73, retired at 59 as a professor in New Mexico State University's Department of Fish, Wildlife and Conservation Ecology, he decided to invest more of his time as a competitor.

His primary sport in the Senior Olympics, which he has played in for most of the 14 years he's been retired, is bowling, but he's also won medals in volleyball and pickleball.

He bowls five to six times a week and plays in five

leagues in town.

He and his wife have also competed in Senior Olympic bowling as a mixed-doubles team. The pair thought it would be a nice bonding experience, regardless if they did well. They did, nonetheless, taking home first-place medals.

Turner is competing solo this year and said his appetite for competition is just as ravenous as ever. Competing, whether it be in a bowling alley, in a sandlot, in an enclosed room, even in the middle of the Rio Penasco River fly fishing for trout, keeps him young.

"I compete to make sure my balance and physical abilities don't deteriorate too fast," Turner said.

With arthritis held mostly at bay, his hips and back healthy, and his mind still sharp, Turner is in prime condition for the heat of competition. Several years ago, he had a knee replaced but said that hasn't interfered with his performance.

He also said he competes to keep himself mentally healthy, as well as to keep in touch with his community.

Turner has competed and won medals in Senior Olympics in Las Cruces, Albuquerque, Santa Fe,

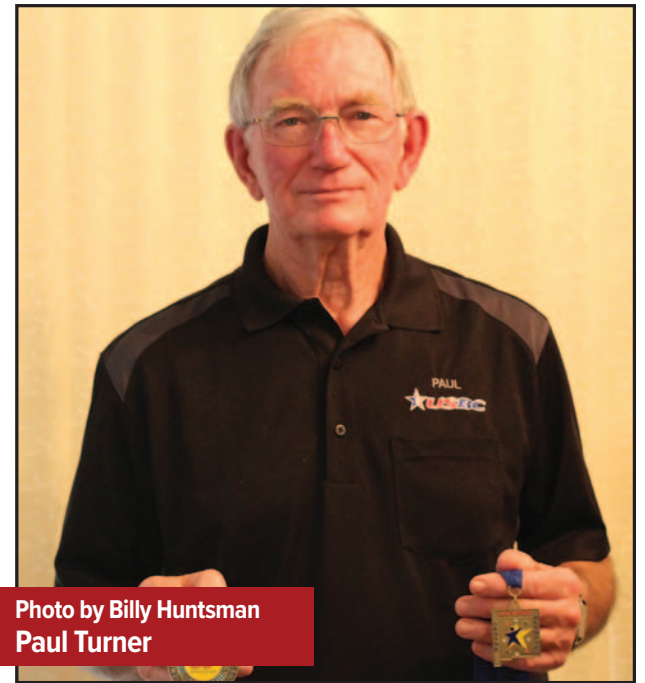


Photo by Billy Huntsman
Paul Turner

Roswell, Texas and Arizona. Turner said he especially likes going to Santa Fe to compete so that he and his wife can spend time with their grandkids.

Will he win more medals this year? Probably, but that's not his intention. He only wants to play the best he can and the laurels he receives are purely afterthoughts.

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