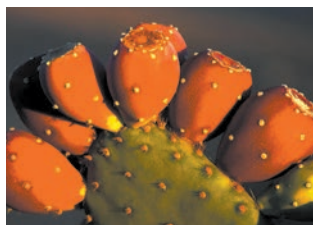


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Arts & Leisure in Southern New Mexico



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About the cover: Spring is springing

Silver City photo artist Christopher Saxman created this composition especially for the Desert Exposure from just some of the flowers he has photographed in the Fierro Canyon. Saxman has had his photographs displayed in Washington, California and Mexico where he had several one man shows in the Campeche State Gallery Nacional. Saxman's work can be seen at the Fierro Canyon Gallery in Hanover, just outside Silver City. You can look him up on the web at www.fierrocanyongallery.com.

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PUBLISHER'S NOTEBOOK • RICHARD COLTHARP

Happy?

Clap along if you feel like happiness is the truth

Recently, a colleague and I spent a fair chunk of the day walking around downtown Silver City, meeting and greeting business proprietors, workers, customers and folks on the street. There was a common thread running throughout the day: Everyone was happy. It might have been as simple as the temperature being 65 degrees the first week of February, but it seemed deeper than that. Everyone seemed to be enjoying what they were doing, whether it was business or pleasure. Or maybe it was because this is New Mexico.

According to the recently released Gallup-Healthways well-being index, our fair New Mexico is the ninth happiest state in the union. The index pollers ask citizens in every state questions in five categories: purpose, social, financial, community and physical.

Purpose. Do you like what you do each day? Are you motivated to achieve your goals? New Mexicans ranked third out of 50 in this category. Impressive. It makes me happy just to see that. I can't remember any ranking where we came out No. 3. We're normally happy to be ranked as high as 43.

Physical. Do you believe you have good health? Do you have enough energy to get things done daily? Again New Mexicans scored high, No. 5 in the category. Indeed, folks seemed healthy and energetic on that sunny day early last month. Many were, like us, walking. Others were bicycling.

Social. Do you have supportive relationships and love in your life? New Mexico was only average in this category, but that sunny day, people were talking, interacting, laughing and working together. All seemed happy.

Community. Do you like where you live, feel safe and have pride in your community? Silver Citizens sure seem that way, although as a state we don't score exceptionally.

And just what is the term for a person who lives in Silver City? A Silver Citizen? A Silverite? A Silverian? No, that sounds like a learning center. The chemical symbol for silver is Ag, so perhaps Aggie is the right term. Well, probably not. That fits Las Cruces better. A Silverer? Silver Surfer? Umm, afraid I digressed a little bit there.

Financial. Do you manage your economic life to reduce stress and increase security? No surprise New Mexico did not score high in this category.

Still, it's great to see New Mexico high on a list, and being happy is a good one.

Let's take a look at the top of the list. **No. 2** was Hawaii. No real surprise there.

Beautiful weather. Lush greenery. A beach within walking distance almost everywhere you go. Rainbows behind every cloud. Spam on every menu and they still finished first in feeling physically healthy. My own magical Hawaiian experiences include swimming with sea turtles, riding horseback through a rain forest and drinking a Green River with Portuguese sausage and eggs in the Ocean View Inn. Tough to beat.

No. 1, however, was less predictable. Alaska. There's no doubt Alaska has its own magnificence. Amazing scenery. Eagles, bears, whales. The weather, though, let's just say it's not Hawaiian. And while it may be kind of cool to have 20 hours of sunlight

in the summer, it's a little depressing to have only a couple of hours of daylight in the winter. Unless you're a bear. Alaska ranked high in all five categories, and was No. 1 in purpose. Maybe because if you don't get out and chop some wood for your stove, you'll freeze to death.

Maybe Alaska and Hawaii's positions at the top says more about the rest of us 48 states than it does about them. Take note that the two happiest states are the ones farthest away from the rest of us. Hmmm.

The rankings are a little deceptive, in

that no state scored less than 59, and none scored more than 65. That's a pretty narrow window, and, since the score was based on 100, clearly no state is overjoyed. A 65, by most school grading systems, is a D. With none under 59, no state was totally miserable, either.

It doesn't surprise me New Mexico is high on the happiness rankings. Even though our state has a lot of poverty, it's relatively sparsely populated. If familiarity breeds contempt, so can proximity. Since we're spread out a bit, it's easier to be happy.

Of course, as you might expect, I'm going to give at least some credit for our happiness to that treasure of the Land of Enchantment – green chile. No one ever leaves Blake's Lotaburger with a frown on their face.

Are you familiar with SpongeBob Squarepants? The Nickelodeon cartoon character has a new movie, The SpongeBob Movie: Sponge Out of Water. The SpongeBob world features an oceanic delicacy called the Krabby Patty, sort of an undersea Big Mac. Krabby Pattys are hugely popular. So, in the film, when the community runs out of Krabby Pattys, the citizens go rogue, donning leather and going all Mad Max in their post-apocalyptic octopus's garden.

Their anger and violence put me in mind of a New Mexico that was suddenly green-chile free. Re-capping out the top 10:

- 10. Texas
- 9. New Mexico
- 8. Utah
- 7. Nebraska
- 6. Colorado
- 5. Montana
- 4. Wyoming
- 3. South Dakota
- 2. Hawaii
- 1. Alaska

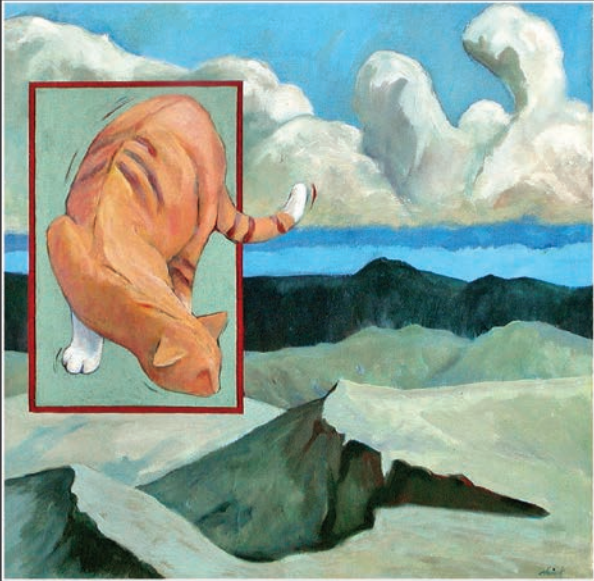
It's interesting all of the top 10 are west of the Mississippi River. No state from either coast made the top 10, and only Texas can be considered a southern state. And, apparently, being cold isn't a big negative for residents. We do have a lot to be happy about here in New Mexico.

See what you can do to spread some of the happiness today. Richard Coltharp is editor and publisher of Desert Exposure




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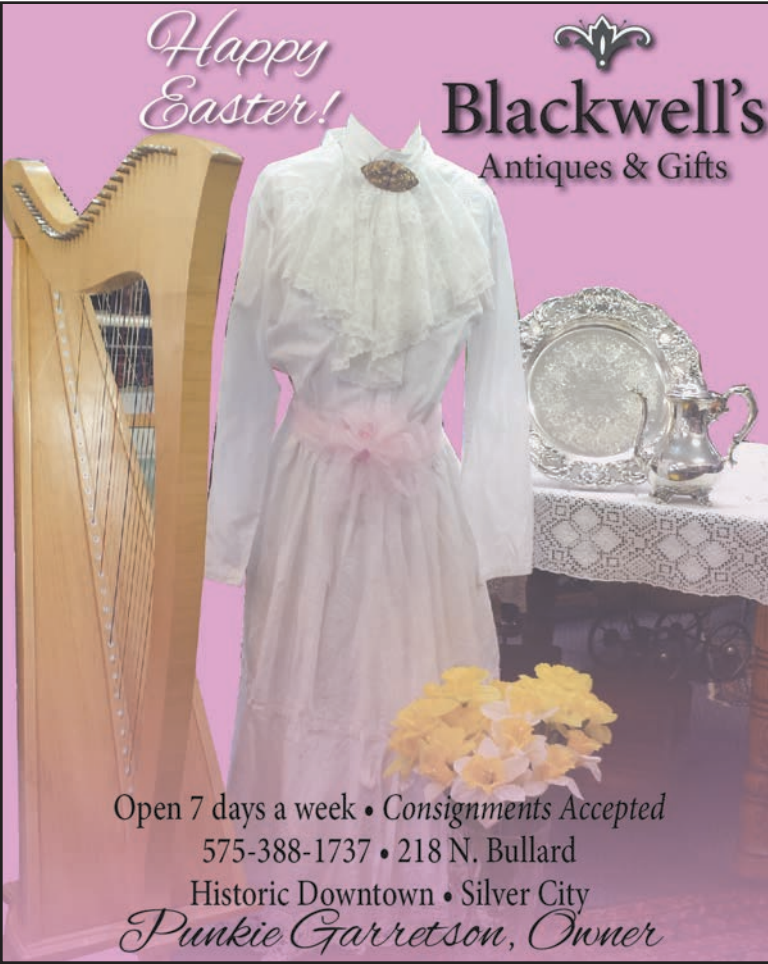


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LETTERS

Through a Glass Darkly

It seems inevitable here in America that all small town centers die and the main businesses move out on the strip. By the time I arrived in Silver, the bank had moved out, the gas station, the car dealership, the lumberyard, the hardware store and the Sears was about to go.

I remember thinking when Leonard's Janitorial Supplies folded, "Well, that's the end of the old downtown."

But the change is slow and even. Among the boutiques and galleries there was still the Buffalo Bar. Now, alas, the Buff is gone.

I've noticed in Silver these places where standbys used to be sometimes stay empty a long time, making downtown look like a person with several teeth removed who can't afford more dentistry.

When I was a Buff habitué, I liked to go in the early afternoon before the pre-dinner crowd came. At this hour, very little natural light came through the amazingly dirty windows up front. There were some dim fluorescents to illumine the classic barroom décor.

There was a long well-worn wood bar, stools with ripped red naugahyde covers and some booths along the side that are too dim in my mind to recollect. There was a shaggy stuffed Buffalo head as a centerpiece on the wall behind he bar. It had weakly lit-up red eyes. There was an antique phone booth just inside the front door. There was no TV. It could have been 1940.

I always sat by myself at the bar. Occasionally, the reflection off the mirror of a passing car might send a beam of light that would illumine Carlos, the bartender as he held up a glass he was polishing among glowing dust-motes. He was a small, old, stooped man with very thick glasses and a large, intelligent-looking skull. If he was lost in his own meditations he might not notice my glass was empty for a while, then he would come and apologize and refill my glass in such a courtly and dignified way that it made me feel like I could never get

better service anywhere in the world. He would do the same for any customer, in English or in Spanish.

After a few glasses, the hushed atmosphere of the room would seem to me somehow religious or mystical and I would fall into indescribable reveries.

Why, I could be entertained just by walking by outside the Buffalo Bar. For instance, at 10 a.m. as I passed, I would peer in and see several grim-looking customers at the bar. At that hour, the atmosphere had changed from the churchy one I experienced, or the noisy rowdy saloon it was later in the day into an alcohol dispenser for addicts. This morning business must have been a cash cow for the owners. There was not much to do for the single employee, just dispense the medicine and watch the customers kill themselves with it.

Another time I remember walking by in the late afternoon as a bunch of motorcyclists were getting on their bikes. While the ones who were already astride their steeds were waiting for the whole group to be mounted, they were revving their powerful engines and the sound of their mufflerless exhausts was bouncing off the curb, creating a tremendous ear-piercing din in the canyon of Bullard Street.

I looked to the side at them as I walked. My eye was taken by a good-looking young man just getting on his bike. He was so good-looking (think Robert Redford in his prime) that I just stopped and stared at him. Then I noticed as he reached for the handlebars that one of his hands was a metal, chrome-plated claw.

The Buff wasn't everyone's cup of Coors. You either saw the romance in it or not, but I did. And as Freddy Fender could have sung it on the old Buff jukebox, "I was there, to see the last beer joint fall."

Vincent Blackshadow
Gila

DESERT DIARY

Be a legend

Aging issue: When brains get full, they don't move fast

The Last Kiss

The Packrat Out Back sends this tale of despair, hope and tragedy.

Back on Jan. 9, a group of Peking, Ill., bikers were riding west on Interstate 74 when they saw a girl about to jump off the Murray Baker Bridge. So they stopped.

George, their leader, a big burly man of 53, got off his Harley, walked through a group of gawkers, past the State Trooper who was trying to talk her down off the railing, and said, "Hey Baby, whatcha doin' up there on that railin'?"

"I'm going to commit suicide!!" she said tearfully.

While he didn't want to appear "sensitive," George also didn't want to miss this "be-a-legend" opportunity either, so he asked, "Well, before you jump, Honey-Babe ... Why don't you give ole George here your best last kiss?"

So, with no hesitation at all, she leaned back over the railing and did just that ... And it was a long, deep, lingering kiss followed immediately by another even better one.

As they breathlessly finished, George got a big thumbs-up approval from his biker buddies, onlookers, and the State Trooper.

Then he said, "Wow! That was the best kiss I have ever had, Honey! That's a real talent you're wasting, Sugar Shorts. You

could be famous if you rode with me. Why the hell are you committing suicide?"

"My parents don't like me dressing up like a girl."

It's still unclear whether she jumped or was pushed.

The Explanation

This gem made Geerichard very happy. Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts as they have more information in their brains, scientists believe. As a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not cognitive decline. The human brain works slower in old age, said Dr. Michael Ramscar, because we have stored more information over time. The brains of older people do not get weak,, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it is nature's way of making older people do more exercise. Geerichard exclaims, "So there!"

DESERT BLOOMS • JAY W. SHARP

Prehistoric Pharmacy

The Desert provides a surprising list of healing plants

While the archaeological record has yielded only fragmentary direct evidence, we can infer – from what we have learned from the traditions of historic Native American medicine men, families and individuals – that various wild plants of our desert have played a vital role in physical and spiritual healing for many generations.

As Virginia Scully said in her book *A Treasure of American Indian Herbs*, the “Indians’ medicine man ... was a hard-working scientist doing his business with imagination, patience and dedication.” He met, she said, with other medicine men to grow and nourish a collective body of knowledge about the medicinal use of plants. “The result was that ... the Indian pharmacopoeia in the West was more or less universal and unified by the time ... the white men came.”

We can infer, too, the Native Americans shared their knowledge with early European settlers, leaving an indelible imprint on the newly arrived culture. In his book *Curandero*, University of New Mexico’s Eliseo “Cheo” Torres (with Timothy L. Sawyer, Jr.), said “Plants, in my family – especially those used for medicinal purposes – were almost like another member of the family ... When I was a child, I remember how my mother would go out every morning and evening and water the plants, all the while talking to them as if they are her children.”

As we would discover, creosote bush, ephedra, prickly pear cacti, jimson weed and various other desert plants served as a vast pharmacy for the health care of the prehistoric peoples of the northern Chihuahuan Desert.

The Creosote Bush

The creosote bush, possibly the longest-living organism on our planet, ranks high, if not at the top, of the list of the most dominant and widely distributed shrubs of our southwestern deserts. Advertised by the tell-tale pungent scent of its foliage, especially after a rain, it has long served as a one-stop pharmacy



An ocotillo in bloom.

for medications to treat diverse ailments. (Spanish-speaking people call the creosote bush “hediondilla,” or “little stinker.”)

The creosote bush has been used “to treat over 40 maladies, from acne to venereal disease,” said Jack Copeland, writing

for the Chihuahuan Desert Nature Center. Its leaves, for instance, contain a “powerful antioxidant, known as NDGA,” which endows the plant with “antibacterial, antifungal, antiviral, anti-inflammatory and analgesic properties.” Its stems, “crushed in water helped reduce the pain of rheumatism,” according to the University of Texas at El Paso Centennial Museum and Gardens. “Creosote tea, a foul-tasting liquid, was used to treat tuberculosis, and its vapor inhaled for other respiratory ailments.” As Copeland said, the shrub may someday find uses in the treatment of diseases such as HIV, herpes simplex, cancer and neurodegenerative conditions.

If misused, it should be noted, the creosote bush can lead to physical problems such as kidney and liver ailments and even death. If proven by ongoing research and laboratory studies, however, the creosote bush could someday find its way into modern pharmacies.

Ephedra

Widely distributed across

the American Southwest, Mexico, South America, Asia, the Middle East and Mediterranean countries, the ephedra family has long played a role in healing for the human family. For instance, its remnants have been found, with other medicinal plants, in a 60,000-year-old Neanderthal gravesite in a cave in Iraq, according to Maya Strunk, Medicinal Plants of the Southwest.

Known in the Southwest by many nicknames – for example, Mormon tea, squaw tea, cowboy tea, whorehouse tea, canyon tea, joint-fir, joint-pine, yellow horse and country mallow – the medium-sized shrub has straight and cylindrical limbs. Its scale-like leaves – no more than a small fraction of an inch in length – grow at the joints of the plant’s stems.

Rich in the herbal stimulant ephedrine, the ephedra found use as a remedy for conditions as diverse as bronchial and stomach ailments, ulcers, oral canker sores and bad colds. (Ephedrine, it must be noted, can also trigger reactions such as increased blood pressure, heart arrhythmia, seizure and stroke.) Ephedra powder, made from ground stems and roots, served as a poultice for treating burns or open sores. In historic times, ephedra tea, brewed up by cowboys, served as a treatment for venereal diseases contracted in frontier bawdy houses, giving the plant those common names of “cowboy tea” and “whorehouse tea.”

Prickly Pear Cacti

“Prickly pears,” said Carolyn Dodson, *A Guide to Plants of the Northern Chihuahuan Desert*, “are the most widespread of all cacti, found naturally from Alaska to Argentina.” An iconic and widely adaptable plant of our desert, the prickly pear has served as a staple for healing as well as for nourishment for thou-

sands of years.

Split and de-thorned pads would function, it was believed, as a thick bandage, or pad, to soothe and heal cuts, abrasions, abscesses, minor burns, insect bites and even snake bites. They also served to reduce arthritic inflammation, manage joint pain and control swelling. The fleshy pulp from within the pads, applied as a poultice to festering wounds, helped clear up infection and reduce pain. The spines, roasted then bound below the chin to the side of the neck, would reduce the swelling and pain arising from mumps, said Scully. Glochids – the tiny barbed hair-like spines that surround the plant’s large spines – rubbed into warts and moles would, it was believed, remove the blemish, according to James Cornett, *Indian Uses of Desert Plants*. The flowers, suggested Ran Knishisky, *Prickly Pear Cactus Medicine*, may have been used to treat the symptoms of an enlarged prostate. The plant, said Knishisky, “has been the subject of research, medicinal studies, and analysis in Mexico and throughout the world.”

Sacred Datura

The sacred datura, with its night-blooming white and lavender-tinted trumpet-shaped blossoms, provided medicine men and shamans an enticing drug-induced entranceway into the spirit world, where they sought divine inspiration and guidance for themselves and their people. Imbued with vision-inducing – and poisonous! – alkaloids, one sacred datura plant might lead to a deep visionary state.



Prickly pear tunas, or fruits, were a delicacy in prehistoric meals.

A neighboring sacred datura, imbued with a different concentration of alkaloids, might swiftly poison and kill a user. A member of the Deadly Nightshade Family, the beautiful but dangerous sacred datura bears diverse common names such as belladonna (beautiful lady), devil’s trumpet, moon flower, green dragon, angel’s trumpet and stink weed.

A historian, Robert Beverly, quoted by Larry W. Mitich in the *Intriguing World of Weeds* Internet site, said that after eating a species that grows in Virginia, English colonial soldiers “turned natural fools upon it for several days: One would blow up a feather in the air; another would dart straws at it with much fury; and another, stark naked, was sitting up in a corner like a monkey,

grinning and making mows [grimaces] at them; a fourth would fondly kiss and paw his companions...”

Other Medicinal Plants

While the creosote bush, ephedra, prickly pear and sacred datura ranked among the more frequently used plants in the desert’s prehistoric pharmacy, numerous other plants also found a place in the early healer’s medicine bag.

For instance, the ocotillo, with its cluster of tall, unbranched, spiny, whip-like stems, had several medicinal uses, according to Cornett. A powder, made by grinding ocotillo roots, served several medicinal purposes. Made into tea, it relieved coughing. Applied to an injury, it reduced swelling and pain. Mixed with hot water, it made a soothing bath that helped relieve fatigue.

The honey and screwbean mesquite trees’ catkins and, especially, their beans were a major food source for the prehistoric people of the desert, but also, said Cornett, the plants’ leaves, boiled, yielded a tea for treating diarrhea. Leaves mixed with twigs became key ingredients in a disinfectant for cuts and abrasions. Bean pods became a component for a mix used to treat eye infections.

The tarbush, a relatively small shrub with a spreading network of roots, provided leaves that, boiled, yielded a concoction that could be used to treat gastrointestinal disorders or respiratory disorders.

The cottonwood – a welcome sight to early travelers because it often signaled

water – held prominence along the Rio Grande, where it might grow as tall as 90 feet, with a trunk five feet in diameter. (The cottonwood also grow at White Sands National Monument, where there is no surface water, but where its roots could reach the shallow water table.) The cottonwood’s heavy bark, said Scully, became splints for broken bones; it flowers, an ingredient for blood purification; and it leaves, a component in an edema (fluid accumulation) treatment. Most notably, said Scully, “... the black cottonwood bark was considered an unfailing cure for syphilis.”

The sprawling, flowering plant known as “devil’s claw” – named for its wicked-looking hooked seed pod – became prized not only for its fibers, long used in Native Amer-

DESERT BLOOMS continued on next page

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DESERT BLOOMS continued



The ocotillo, with the Organ Mountains in the background, produced roots that served several medical purposes.

ican basketmaking, but also for its roots and thick underground stems, used in pain-relieving medicine making. The mixture found particular use in relieving the pain of osteoarthritis and lower back aches.

The allthorn, or crucifixion thorn – virtually leafless, green, intricately branched, stunningly thorned – sometimes grows in thickets that would have well served Brer Rabbit. It was that hare, as you will recall, who pled with Brer Fox, “I don’t care what you do with me ... just so you don’t fling me into the briar patch.” As Clark Champie said in Strangers in the Franklins “No cactus plant can claim to be spinier than this weird plant ... No one, having seen it, will wonder why it is called Allthorn.” Nevertheless, all parts of the allthorn – fruit, branches, thorns and roots – when boiled in water yielded a potion that apparently alleviated stomach ailments and, possibly, parasitic infections.

The Indian paintbrush, with something of a schizophrenic personality, uses its colorfully-tipped leaves to charm the eye above the surface of the ground but uses its tubular roots to parasitize neighboring plants below the surface. “The Navajos,” said Dayna Drollinger, New Mexico State University, “used these plants for medicinal purposes such as a contraceptive or to decrease the menstrual cycle.”

The desert willow, with its trumpet-shaped springtime blooms that resemble the heart of some orchids’ blooms, is unrelated to either any willow or orchid species. A shrub that grows along dry washes, its “flowers, leaves, or bark can be used as a hot poultice or a soothing tea for coughing,” according to authors writing for the Medicinal Plants of the Southwest In-

ternet site. A tea made from the flowers “promotes cardiovascular health and regulates glucose metabolism.”

The bluebonnet, or lupine, which had a role in ceremonies of several Southwest Native American peoples, filled several medicinal purposes, according to Dykeman Roebuck Archaeology, a cultural resources consulting firm. Its leaves,



The sacred datura, a single bloom.

mixed into a lotion, soothed poison ivy blisters. Other lupine mixtures helped relieve boils, eye infections, ear aches and nose bleeds.

The silverleaf nightshade, toxic unless prepared properly, found its way into various prehistoric medicine cabinets. For example, according to the Texas Beyond History Internet site, the silverleaf nightshade served the Zuni Puebloans in treating toothaches and snakebites, the Navajos in treating respiratory problems and stomach ailments, and the Pimas for treating bad colds and eye infections. Mexican folk healers called the plant “buena mujer,” or “good woman.”

Many other desert plants – for instance, the desert mallow, acacia, yuccas, agaves, barrel cactus and cattails – held a place in the physical and spiritual healing of the prehistoric peoples of the Southwest. Today, however, modern pharmaceutical products have largely displaced the prehistoric plant pharmacy, and a vast reservoir of knowledge the Indian peoples held about their botanical environment is being lost.

“As society moves onward,” said Cornett, “it risks leaving behind the accumulated knowledge of the desert’s first people.”

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ARTS EXPOSURE

Arts Scene

The latest area art happenings.

Silver City and Grant County

The Grant County Art Guild's 2nd Annual **Southwest Birds Art Show** opens with a gala reception at Bear Mountain Lodge on Friday, March 6. The exhibit will cover a wide array of media. It will feature birds from our many spectacular Southwestern states' locations, including the Texas coast, the deserts of Arizona, California's southern and coastal area as well as those we are more familiar with here in New Mexico. The opening of the show and artist reception will be from 5-7 p.m. on Friday, March 6. There will be refreshments, courtesy of Bear Mountain Lodge, live music from the tinkling keyboard of Becky Burnell, and the opportunity to visit with our featured artists. The show will be available for viewing at Bear Mountain Lodge 7 a.m. till 6 p.m., seven days a week, through April 25.

Silver City painter and print-maker **Victoria Chick** will discuss her work in the final lecture of the Mimbres Region Arts Council series, 6:30 p.m., Thursday, March 5, Parotti Hall, 1000 W. College Ave., WNMU, 538-2505.

Common Ground Fine Art Gallery presents **The Eggs and I**, new work by Teri Matelson through Easter, 102 W. Kelly.

Leyba & Ingalls Arts features new works by Mary Frances Dondelinger. The gallery is open Monday through Saturday 10 a.m.-6 p.m. and Sunday 10 a.m.-2 p.m. at 315 Bullard St. in Silver City. 388-5725, www.leybaingallsarts.com.

Imagine a land where corn grows to the size of tree trunks, where the lakes are so cold the trout have fur coats, where deer have become hunters and men are their prey. Oh yeah, and don't forget the mighty jackalope. These assorted oddities come vividly to life in **"Storytelling through the Mail: Tall Tale Postcards."** These cards and images, evocative of the exotic Wild West landscape of southwestern New Mexico, are examples of what folks would send through the mail to distant family and friends. They include popular scenes of Silver City as it appeared in the early 1900s. The exhibit runs through April 19 at the Silver City Museum, 312 W. Broadway.

"The Ailman Family in Silver City" exhibit continues at the Silver City Museum. This new interactive exhibition will allow visitors to enter into and experience the Victorian Parlor of the H. B. Ailman family. It is a family friendly exhibit all age groups will enjoy. H. B. Ailman built the home in 1881 that now houses the Silver City Museum. The parlor has been designed for guests to actually use the vintage and reproduction furniture and games, and experience what a fine home in Silver City would have been like in the 1890s. Parlors were used to express wealth and for entertaining guests. Silver City Museum, 9 a.m.-4:30 p.m. Tuesday through Friday; 10 a.m.-4 p.m. Saturday and Sunday; closed Monday. 312 W. Broadway St., 538-5921, www.silvercitymuseum.org.

Las Cruces & Mesilla

"9 Year Deviation" is the show opening Friday, Feb. 6, at the Las Cruces Community Theatre, 313 N. Main St. It's a meandering thread of rich textures, bold colors

and dense compositions by **Chris Bardey**, director and co-founder of the West End Art Depot. A 5-7 p.m. reception is free to the public. It will be followed by the opening performance of "Recreational Living," written by NMSU alumnus David Spence and directed by Mark Medoff. The play starts at 8 p.m. For tickets and more info, go to <http://lcctnm.org>.

Acrylic painter **Rhoda Winters** will display an array of landscapes, florals, portraits and more throughout the month of March. Every month the Doña Ana Arts Council welcomes local artists to exhibit in the El Paso Electric Gallery in the lobby of the Rio Grande Theatre, 211 N. Main St. Regular exhibit hours are 9 a.m. to 5 p.m., Monday through Friday, www.riograndetheatre.com, 575-523-6403.

Las Cruces Collects, an exhibit at the Museum of Art, features works from the collections of three local art collectors: Billy and Cynthia Garrett, Lynn Wiley and John Purcell, and the New Mexico State University Art Gallery. Ms. Wiley and Mr. & Mrs. Garrett will discuss how they began collecting art and answer questions about pieces in their private collections. A guided walk will take place during the First Friday Downtown Art Ramble, 5-7 p.m. Friday, March 6. 501 N. Main St. Gallery hours are Tuesday through Saturday from 9 a.m. to 4:30 p.m., 575-541-2154, www.las-cruces.org/museums.

During the Downtown Art Ramble on May 6, the **West End Art Depot** (We.AD) presents "Not Another D.A.N.G. Art Show" featuring works by DANG Art Gang (Doña Ana New Ground Artists): **Coy Lowther, Emmalee Henderson, Jesse Reinhard, Sonia Payan, Jennifer Craig and Meg G. Freyermuth.** The show will include paintings, prints, jewelry, mixed media pieces and more. The opening reception is 6 to 9 p.m., free and open to the public, 401 N. Mesilla, nmartco.op@gmail.com.

The Branigan Cultural Center presents a demonstration of gourd art and art techniques 11 a.m.-1 p.m. Saturday, March 7, by artists from the exhibition **Enchanted Gourds**. The artists bring examples of numerous gourd art approaches and will answer questions about how gourds are prepared for painting and other means of transforming this plant into art, 501 N. Main St. Gallery hours are Tuesday through Saturday from 9 a.m. to 4:30 p.m., 575-541-2154, www.las-cruces.org/museums.

Throughout the run of the Yoyo Quilting exhibit at the Branigan Cultural Center, which ends March 21, every Wednesday and Saturday, 9 a.m.-noon, a group of quilters from **Las Colcheras** will work on a large quilt in the gallery. They will be present to answer questions and assist viewers in the exhibition, as they demonstrate quilting techniques. 501 N. Main St., 575-541-2154, www.las-cruces.org/museums.

The Mesilla Valley Fine Arts Gallery located at 2470-A Calle de Guadalupe, Mesilla, across from the Fountain Theatre, will feature two local artists **Hetty Smith and Bob Zolto**. The First American Bank, Mesilla, is well represented by gallery members and continue to rotate their artwork on a monthly basis. Gallery hours: Monday- Sunday, 10 a.m. to 5 p.m., 575-522-2933, www.mesillavalleyfinearts.com.



"Purple Gallinule," an oil painting by Barbara Smith, is part of the Grant County Art Guild's 2nd Annual Southwest Birds Art Show, which opens with a gala reception at Bear Mountain Lodge Friday, March 6.



Bob Zolto's art will be featured at the Mesilla Valley Fine Arts Gallery, 2470-A Calle de Guadalupe, Mesilla, across from the Fountain Theatre.



Hetty Smith's stained glass will be on display at the Mesilla Valley Fine Arts Gallery, 2470-A Calle de Guadalupe, Mesilla.



Carey Crane opens his fourth solo exhibit at Unsettled Gallery in Las Cruces Thursday, March 12

Carey Crane opens his fourth solo exhibit at **Unsettled Gallery** Thursday, March 12, with a reception, 5 to 7 p.m. The exhibit, **ZigZag**, reflects a multitude of cascading forces that have buffeted the equilibrium of his personal, artistic and professional life. Unsettled Gallery is located at 905 N. Mesquite St., 575-635-2285; u@unsettledgallery.com; www.unsettledgallery.com.

More than 80 artists from a variety of traditional and contemporary disciplines will be represented at the 5th Annual **Las Cruces Arts Fair** March 13-15. Fair hours are 5-8 p.m. Friday, March 13; 10 a.m.-5 p.m. Saturday, March 14; and 10 a.m.-4 p.m. Sunday, March 15. The Las Cruces Convention Center is at 680 E. University Ave. For more information and other Doña Ana Arts Council programs call 575-523-6403 or visit www.daarts.org.



Common Ground Fine Art Gallery in Silver City presents The Eggs and I, new work by Teri Matelson, through Easter.

Deming & Luna County

March at the Deming Art Center, 100 S. Gold St., will feature the very special art of the students from the **Luna County Schools**. This year the exhibit will be in two parts. March 2-15 will showcase the elementary schools and March 16-27 will showcase the intermediate and high school students' work. For more information, call 546-3663.

Looking ahead to April, the Deming Arts Council will present the **"Fort Sill Apache Art Exhibition: Commemorating 100 years of Freedom."** The work exclusively features the work of descendants of Mangas Coloradas, Victorio, Cochise and Geronimo. This slice of history is overshadowed only by the quality of the art they produce. 100 S. Gold St., Deming, 575-546-3663, www.demingarts.org.

ARTS EXPOSURE

Las Cruces Arts Fair turns 5

More than 80 artists bring variety to this year’s Fair.

The 5th Annual Las Cruces Arts Fair opens 5 p.m. Friday, March 13, at the Las Cruces Convention Center. The Las Cruces Arts Fair is a juried fine art show featuring original work in a variety of media by 80 artists from around the United States, Canada and Mexico.

“The event has grown over the years to become a truly international art fair,” said Scott Breckner, President of the Doña Ana Arts Council.

Opening night festivities begin at 5 p.m. and include live music by Euterpe Flamenco Instrumental of Chihuahua, Mexico. Patrons may visit the cantina and bar, browse the silent auction tables or visit artists’ booths.

The Fair continues 10 a.m. to 5 p.m. Saturday, March 14, and 10 a.m. to 4 p.m. Sunday, March 15.

Artists participating in the fair will provide continuous demonstrations Saturday and Sunday, giving those who need to take a break from shopping a chance to learn more about the creative process. A schedule of artist demonstrations, a complete list of artists and a digital gallery of participating artists’ work may be found at www.daa.org; click on “Art Festivals” and “Las Cruces Arts Fair”.

Many participating artists are returning to the Las Cruces Arts Fair while others are new on the southern New Mexico arts scene.

The chairs of this year’s event are Diane and Robin Fovargue.

Proceeds from the Las Cruces Arts Fair benefit the Doña Ana Arts Council’s numerous arts education and community

programs.

Artists from a variety of traditional and contemporary disciplines will be represented. Fiber artists who create intricately patterned hand-woven clothing, hand-painted silks and stunning leather accessories will be at the event. There will be a fabulous selection of jewelry created by artists who work with glass, gold, silver, gemstones, and exotic woods. In the world of painting, drawing, printmaking, and photography, one will discover breathtaking landscapes, portraiture, wildlife art, and

abstract fine art. The mixed-media division will offer unique compositions created from paper, wood, leather, metal and other materials. Glass and ceramic artists, who use both traditional and contemporary techniques, also will be on display. Patrons who journey through the Las Cruces Arts Fair will want to visit the various sculptors who work in clay, papier maché, bronze, and steel. Exquisite hand-crafted furniture, yard art and decorative accent pieces will be available.

Presented by the Doña Ana Arts Council at the Las Cruces Convention Center, admission to the Las Cruces Arts Fair is \$6 per person. Children 12 and under are admitted free of charge. Tickets may be purchased online at www.riograndetheatre.com or by calling 575-523-6403.

Tickets purchased for opening night Friday, March 13, may be exchanged upon leaving the event on Friday for one additional ticket for either Saturday, March 14, or Sunday March 15.

Fair hours are 5-8 p.m. Friday, March 13; 10 a.m.-5 p.m. Saturday, March 14; and 10 a.m.-4 p.m. Sunday, March 15. The Las Cruces Convention Center is at 680 E. University Ave. For more information and other Doña Ana Arts Council programs call 575-523-6403 or visit www.daaarts.org.



Handcrafted jewelry by Daniel Baker.



A sculpture from Betsy Shaw.



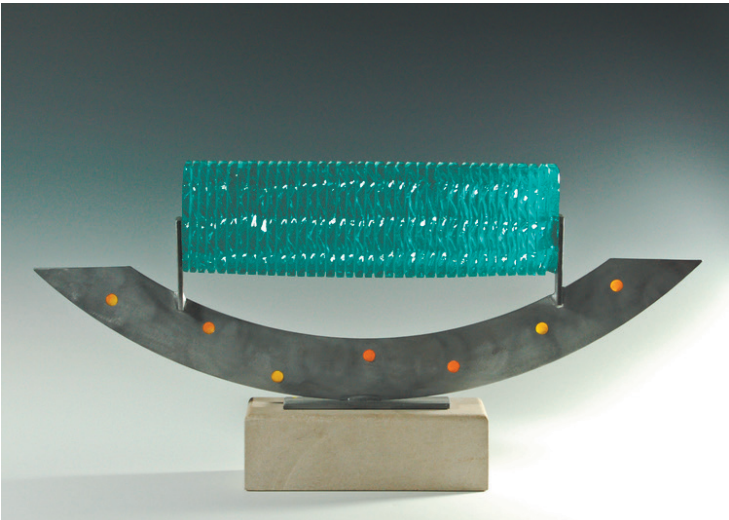
James D. Tsoodle paints Native American Warriors of the Northern and Southern Plains. Tsoodle himself is of Kiowa and Taos Pueblo Ethnicity.



Metals and stained glass inspire Drew Coduti, a Chicago native and New Mexico transplant.



Pepe Salgado’s take (one of them) on Frida Kahlo.



Metal sculpture by Reza Pishgahi.



Fabric design by Elizabeth Jenkins.

APACHE ART • MARJORIE LILLY

‘... A Pilgrimage’

Deming Arts Council hosts historic exhibit.

Eleven Fort Sill Apache artists will meet at the reception for the first-time-ever exhibit of their collective works at the Deming Arts Council.

“This is absolutely historic,” said Diana LeMarbe, the DAC member who took the lead in the conception and carrying out of the event, which will open 10 a.m. Saturday, April 4.

The bash is being held partly to celebrate the 100th anniversary



A variety of original art from Fort Sill Apache artists will be on display at the Deming Arts Center April 4, in the first-ever such exhibit.

of the Fort Sill Apaches’ freedom from imprisonment in Fort Sill, Okla., in 1914. The Apaches spent 27 long years as prisoners of war in Florida, Alabama and then Oklahoma. Many of them died during that time.

Holding the exhibit in Deming brings the artists, who live scattered in several states, back to their ancestral homelands. Some have never even visited the area.

The Fort Sill Apaches bought land in 1999 for the purpose of building a casino at Akela, 20 miles east of Deming.

“Do you realize nobody has ever asked us to show together?” said printmaker and poet Peggy Gooday of Los Angeles, whose works will be in the show. She’s a niece of sculptor Allan Houser, and great-great-great-granddaughter of Mangas Coloradas and Chief Loco.

“This event means so much to me,” she said. “To be in the homelands, to share our visions, to state, ‘We are still here!’”

There will be 10 works by the late Allan Haozous (Houser), a sculptor from the Warm Springs Band of the Fort Sill Apache Tribe. Houser, who died in 1994, is one of the best-loved artists in Santa Fe.

Incredibly, it’s the first time his sculptures have ever been shown in southwestern New Mexico, according to Houser’s son Philip, who with his brother Bob runs the Allan Houser Foundation and Gallery in Santa Fe.

Allan Houser’s monumental and dignified works are shown in Eleven Fort Sill Apache artists will meet at the reception for the first-time-ever exhibit of their collective works at the Deming Arts Council.

“This is absolutely historic,” said Diana LeMarbe, the DAC member who took the lead in the conception and carrying out of the event, which will open 10 a.m. Saturday, April 4.

The bash is being held partly to celebrate the 100th anniversary of the Fort Sill Apaches’ freedom from imprisonment in Fort Sill, Okla., in 1914. The Apaches spent 27 long years as prisoners of war in Florida, Alabama and then Oklahoma. Many of them died during that time.

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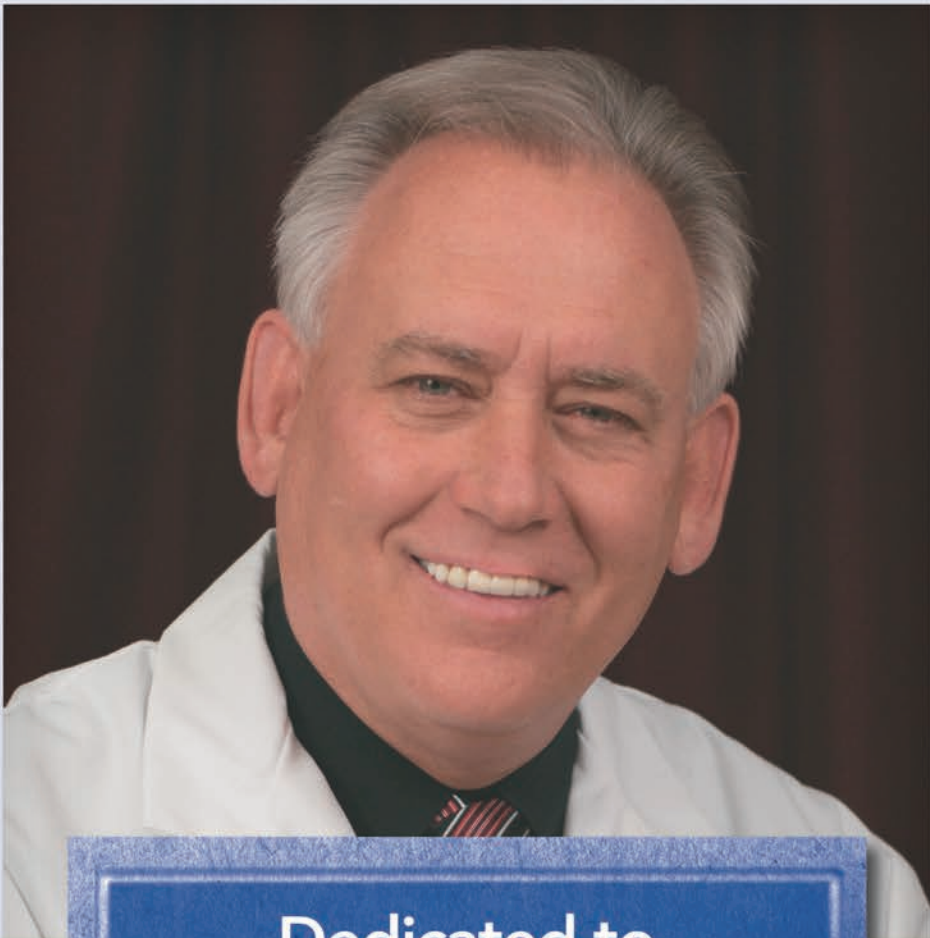
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APACHE ART continued on next page



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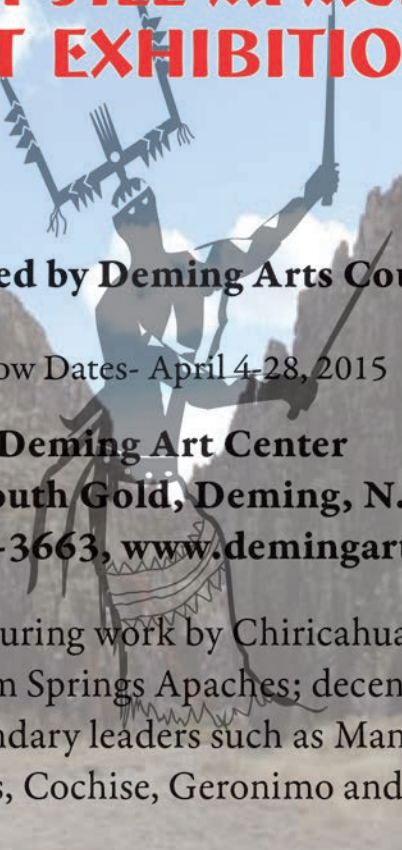
February 26 to March 12:
Elementary Students
Artist Reception: Saturday, March 7 • 1 to 3 pm
Free admission, public welcome

March 16 to March 31:
High School Students
Artist Reception: Saturday, March 21 • 1 to 3 pm
Free admission, public welcome

Guatemalan Mercado @ Deming Arts Center
Friday, March 13 • 12-5 pm
Saturday, March 14 • 9 am to 3 pm

This project is supported in part by New Mexico Arts, a division of the Department of Cultural Affairs, and by the National Endowment for the Arts.

**FORT SILL APACHE
ART EXHIBITION**



Presented by Deming Arts Council

Show Dates- April 4-28, 2015

Deming Art Center
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W
William Darrow

APACHE ART continued



There will be 10 works by the late Allan Houser, a sculptor from the Warm Springs Band of the Fort Sill Apache Tribe. Houser, who died in 1994, is one of the best-loved artists in Santa Fe.

Incredibly, it's the first time his sculptures have ever been shown in southwestern New Mexico, according to Houser's son Philip, who with his brother Bob runs the Allan Houser Foundation and Gallery in Santa Fe.

Allan Houser's monumental and dignified works are shown in museums all over the U.S. and in a few foreign countries. For a long time he's been one of the top artists in Santa Fe, and he holds his own among the best of the 20th century.

Adding to the significance of the Deming event, Allan Houser was born in 1915, the first Fort Sill Apache child to be born after captivity at Fort Sill.

Philip, an artist in his own right, will bring the sculptures.

"I'm bringing my own truck down," he said. "Nothing is really large – 24 inches tall or something like that, and 20 to 30 pounds, tops."



It would have been too difficult and expensive to bring down Houser's larger works.

The art show is the dream-child of Deming resident LeMarbe, a potter.

"It took a whole year of talking to people and coordinating things," she said.

"We've had to coordinate with people all over the country as to how they'll get out here, the cost of people getting here, and how to provide eating and lodging for them," she said. "They'll be staying a minimum of three nights."


One of the artists, Celeste Conner, lives in San Francisco and will be traveling 1,100 miles.

"Some of them have never been here before," LeMarbe said. "It's kind of a pilgrimage for them."

"They're all world-class artists in their own right."

She's doing a lot of legwork in finding individual and business sponsors for each of the artists. A few residents of Luna County will be supplying rooms for the artists, including members of the Columbus and Deming Historical Societies.

The DAC has never had such an ambitious exhibit, and



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it may have something to do with the fact the shows have lately been drawing better quality artists from Silver City and Las Cruces.

There will be a reception after the art show at 6 p.m. at the Apache Homelands Café at Akela, 20 miles east of Deming on I-10. A buffet will be offered, and the artists will be present to talk to visitors.

Michael Darrow, in Lawton, Okla., is the tribal historian for the Fort Sill Apaches. He doubles as a singer of Apache songs and will be performing at the art reception, maybe with a drum.

“It’s something that’s exceedingly rare,” he said about the show. “We rarely have events where our own tribal family – the Fort Sill Apaches – are featured exclusively. We’re included as a footnote in most events.”

“It’s culturally and socially reinforcing,” he said.

The Fort Sill tribe is so small that it requires a special effort to keep it cohesive. With only 712 members, it is just a sliver of the total



number of Apaches, which has reached about 28,000 people according to Darrow.

“The blood quantum has dropped to 1/16,” he said.

There are more (Fort Sill) tribal members outside of Oklahoma than inside.

This population has grown out of the original 80 people who were released from Fort Sill in 1914.

The Fort Sill Apache language isn’t spoken conversationally anymore.

“The last person that could hold a conversation died in 1993,” Darrow said. “The generation after that could understand anything that was said to them but couldn’t form a sentence.



“We do have language classes here,” he adds.

Darrow will give a talk at the Deming Luna Mimbres Museum at 10 a.m. Friday, April 3.

Celeste Conner, sometimes calling herself deCoy Gallerina, is a descendant of Cochise and Victorio, both of the Chiricahua Band.

“I studied since I was a very young child with my grandmother and father,” Conner said. “They taught me beadwork.”

Her mother and aunt were dancers, and her father was an artist. She’ll be showing her own work at the Deming exhibit.

“It’s an extremely exciting and a very historic event,” she said.

Conner talks about the derivation of the Fort Sill Apaches from the 80 people who left Fort Sill: “We’re survivors—serious and incredibly daring.”

“We are the historical aspect of this,” she says about her fellow artists.

Fort Sill Apache Art Exhibit
10 a.m. Saturday, April 4
Reception for artists, 1-3 p.m.
Deming Arts Council
100 South Gold St.
(575) 546-3663

- Artists exhibiting:**
- Celeste Conner** (San Francisco): beadwork, installations, and performance
 - Peggy Gooday** (Los Angeles): printmaker and poet working on a series of prints of Apache stories
 - Bill Darrow** (New Orleans): potter, also heads the Art Department of the New Orleans Jazz and Heritage Festival
 - April Darrow:** traditional beadwork
 - Allan Haozous** (Houser): sculptor
 - Philip Haozous** (Santa Fe, son of Allan Houser): known for his bronze and silver sculptures and flute-making, bringing jewelry to the show
 - Bob Haozous** (Santa Fe, son of Allan Houser): best known for his sculptures of steel, stone, wood and aluminum
 - Emily and Sam Haozous** (children of Bob Haozous, Santa Fe): fine arts photography
 - Raymond Mithlow** (Lawton, Okla.): painter in acrylics

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AZURITE GALLERY, 110 W. Broadway, 538-9048, Wed.-Sat. 10 a.m.-5 p.m. www.azuritegallery.com.
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CYCLES OF LIFE • FR. GABRIEL ROCHELLE

The Mode is the Message

Make a commitment to town and city cycling.

I have mentioned “Dutch bikes” as a generic term in my columns. Think of two-wheeled vehicles with names like Gazelle or Workcycle that have big wheels, fenders, skirts, luggage rack, generator lights, and an enclosed chain guard.

They usually have three-speed internal gears (or none) and were, until recently, uniformly black. You sit upright and the bikes allow men in suits and women in skirts to ride them to work in Amsterdam or Copenhagen where, of course, they are Danish bikes with names like Velorbis. According to a number of sources, Copenhagen is now the “best city in the world for cycling,” edging past the traditional world cycling city, Amsterdam.

Several reasons make these bicycles great commuter rides for town and city.

When you’re out in the country you want something sleeker and faster and stripped down, but at home when you ride to the grocery, the pharmacy, the post office, and local stores or to work, you want something useful. Here are five reasons to buy one, plus a bonus.

First: sturdiness. When I visited Dutch Bikes in Seattle’s Ballard neighborhood and test-rode one, the shop owner said, “The problem with owning one of these is choosing which grandchild you’ll will it to.” In other words, they last forever and they’re virtually indestructible under normal riding conditions – including rain and snow along with sun and clouds.

Second: proper outfitting. A chain guard lets you wear trousers or slacks without fear of getting grease streaks or catching the hem in the chain. The fenders mean that you won’t have a skunk-like streak down your back when you are caught in the rain. The built-in lights mean you don’t have to spend an extra couple hundred bucks to equip for night riding. The luggage rack means you can carry stuff.

Third: energy-efficiency. No gas. No motor oil. No insurance. No licenses. Minimal depreciation. Increases your stamina. What’s not to like?

Fourth: timesaving, particularly within a five-mile radius from home, whether for work or shopping. You avoid traffic snarls, parking and transit costs, and time spent looking for a parking spot.

Fifth: the IRS now provides a bicycle commuter benefit. Your employer has to do this, but it allows you to receive a \$20 per month reimbursement for using your bike for work. The employer is not taxed on this. The League of American Bicyclists has info at bikeleague.org.

Bonus: As more people cycle on a regular basis beyond recreation or racing, the safer cycling becomes. In cities like Amsterdam or Copenhagen you see the roads and streets crowded with bicycles. This leads to changes in road laws, provision for cyclists, and raised consciousness. The more commuters, the higher the safety factor becomes. There is indeed safety in numbers. The safety factor increases in many American cities with growing numbers of commuters.

I finally bought that Dutch bike for town and city riding after years of thought, and 15 years work and shopping use on a Raleigh C-30 hybrid. My new bicycle, an Electra Amsterdam Royal 8i, was not built in Europe, but in Vista California. It’s beautiful, has great components, and was less expensive than European models. I added a Brooks B-17 saddle and an odometer and I have panniers that fit on the luggage rack for shopping.

I’ve ridden over half a century, yet my use has increased with this new bicycle. I had not ex-

pected an inspiration factor but I got one! I enjoy riding to stores and work more on this bike than on any previous one. Do yourself a favor: get a good commuter bike and ride. You will not regret it. I promise.

Fr. Gabriel Rochelle is pastor of St Anthony of the Desert Orthodox Mission, Las Cruces, an avid cyclist and a member of the Bike Friendly Community assessment committee. The church web site is <http://stanthonylc.org>.



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12 noon to 1 pm Silver City Museum Annex, 302 W. Broadway
For more information call 538-5921 or go to www.silvercitymuseum.org

SUNDAY, MARCH 8TH, 2015
Celebrating Isabel Allende on International Women's Day:
a Bilingual Reading and Discussion with Dr. Maria Trillo
1 pm to 2 pm Silver City Museum Annex, 302 W. Broadway
For more information call 538-5921 or go to www.silvercitymuseum.org

SATURDAY, MARCH 21ST, 2015
Craft Class: Kite Making
11 am to 12:30 pm Silver City Museum, 312 W. Broadway
For crafters aged 4 and older, \$5, limit 10 crafters, pre-registration encouraged. Parent or guardian attendance required. For more information call 538-5921 or go to www.silvercitymuseum.org

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BODY, MIND & SPIRIT • MATTHEW SOMMERVILLE

Learning to Breathe

Finding your natural breath pattern, enjoying the benefits

There have been moments of stress when we've all heard someone say, "Take a deep breath. Relax." It's a recommendation we all know and, interestingly enough, find it seems to help settle our nerves, to bring calm into both our body and mind.

Why is that?

What is it about the breath that has that kind of effect on how we feel? It's just breathing, right? It's something we've literally done since birth – something we literally don't have to think about.

In fact (something I've noticed in my yoga therapy practice), we as adults have to be 'told' how to breathe to calm our nervous systems. From an early age, our breathing pattern is altered away from its natural state. This is often the result of physical or psychological pressures we may experience at a young age. As a response to stress, the body naturally constricts, shortens, quickens, over-extends, (etc.) the breath. That our breath often locks onto these modified breathing patterns is something that, quite often, goes largely unnoticed. Thus, what we think is 'normal' breathing is something we have, over time, conditioned in a way far from relaxed or at ease – no longer natural. Case in point: it wasn't until my early 30s that, through a meditation class, I became aware that my "natural" breath pattern was a kind of 'panting,' a very shallow and irregular breathing cycle. I was quite shocked to notice this and it was troubling to think how long this had been going on.

Breath awareness is central to the practice of meditation. It is central in many of the eastern practices such as Yoga, Qigong, Tai Chi, Traditional Chinese Medicine, eastern martial arts, and other disciplines. From a western perspective, it's interesting to consider that, in many eastern cultures, one is exposed to the effects of breath and breathing at an early age – how we breathe and how the breath affects our mind and body is a shared subject of learning. In many eastern traditions, the importance of the breath and breathing has been studied, written about, and practiced for millennia not only for health reasons, but also for its importance with regard to awareness/consciousness.

Buddhism and yoga are two such practices where the breath can be described as the focal point. There is the (perhaps apocryphal) story of how Buddha as a child, in a moment of boredom, sat under a tree and began observing his breath. It's said, by doing so, he spontaneously entered a state of profound meditation. This would be the foundation of Buddha's teaching and his path to enlightenment. If we go back to the 15th century yoga text, the 'Hatha Yoga Pradipika', it states that while asana (physical practice) is an integral component of yoga, hatha yoga is ultimately the practice of pranayama; in other words, the engagement of the breath. Here, the breath is utilized to harness prana (our "life force") and to open the door to purusha or "true self." This is very much in keeping with the way breath is engaged in Buddhist meditation.

Here in the west, we see the interest in the breath and breathing particularly in the arena of sports medicine. The analysis of how oxygen can be efficiently used to improve performance has become a refined science. For example, it's been found that training the inspiratory muscles (those responsible for inhalation) improves athletic performance by as much as 15 percent. Science is finding this kind of



"low-tech application" in learning how to train the body to breathe properly can have a profound effect. (Here again, I think of the way I'd been "panting" through much of my life and how inefficient that was.)

But sports medicine is also interested in the psychological effects of breathing. Sports physiologists talk about how breath awareness helps an athlete to find "the zone." The zone is that mental/physical state of being where an athlete experiences a place of "mental perfection, physical clarity and performance ... when there is absolutely no disconnect between (the) mind, (the) body, and emotions" (Campbell and Lee: "Breathing and Sports Performance"). Many of us have experienced this in different ways, not only while engaged in sports but also in moments of creativity – or simply when watching a sunset.

Something about this 'breathing thing'

While these eastern and western approaches to the breath may seem different, both are interested in the way the breath affects the body and the mind. Both are, in a way, interested in 'optimizing' body and mind, where one (the western approach) emphasizes performance while the other (the eastern approach) emphasizes wellness of being (though it could be argued that 'samadhi' and 'the zone' have much in common). Either way, it's clear there's something about this "breathing thing" that's worth paying attention to.

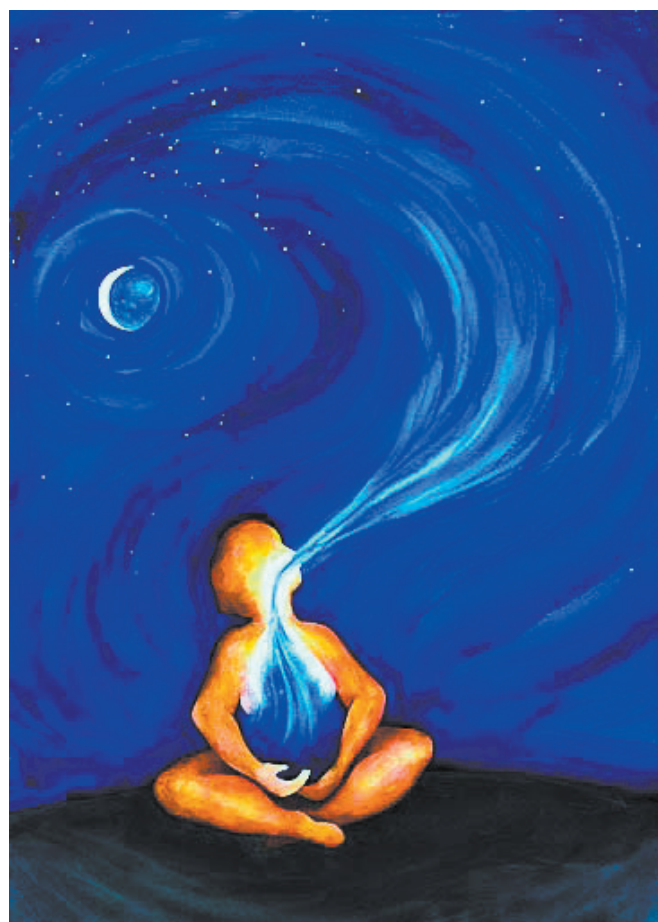
I find that with many of my yoga therapy clients, it's actually the very first thing that needs to be given attention. For example, it's often the case that with a spinal injury, breathing needs to be given awareness as much as the movements addressing the injury. Bringing mobility back to the spine is often a matter of linking the breath with

very particular movements that slowly bring the spine back into a place of alignment.

It's paramount when addressing psychological imbalances (anxiety, depression, etc.) to first regulate the breath and then to modulate/modify the breath depending on the psychological condition. The question I find I often ask myself as a yoga therapist is, "To what degree might the injury/imbalance have been initially caused (and then sustained) by improper breathing?"

Our breathing carries on day in and day out whether we notice it or not. Most of us live in a social/cultural environment where breath awareness is not deemed necessary as there are other more important things to focus

our attention on: one's job, relationships, going to school, family and children, the car we want to buy, the latest episode of our favorite reality show, etc. As part of the autonomic nervous system, breathing is 'automatic.' Many of us may be glad this is the case (that we don't



have to think about breathing) as it already feels like our minds (and bodies) are working overtime.

And yet it's clear our physical and mental health are greatly affected by how we breathe in any given moment (and our thoughts/actions are affecting our breath) whatever our thoughts or actions in the moment might be.

However, through some mindfulness practice, it's not difficult to bring awareness of our breath into our day.

Here's something you can try: While doing something you find mentally relaxing (not the same as 'distracting'), whether going for a walk, taking a bath, making a meal (etc.), notice the quality of your breath. The breath should be relaxed, carrying with it steady, easy inhalations and inhalations. Notice how your chest and abdomen feel at ease.

To contrast this, bring your awareness to your breathing while doing something you find stressful (a deadline at work, getting through traffic, having an argument, etc.). Is the breath rapid? Is it shallow? Do you feel tension in your chest or abdomen?

To further the process, try recalling the way your breath felt when you were relaxed and felt at ease, and bring that into the moment. Thus, by practicing being mindful of our breathing, we enable ourselves to willfully modulate the breath so that we can, if we wish, bring to ourselves a feeling of balance and ease when facing those stressful situations.

Beyond the immediate effects of breathing on our health, there are profound dimensions associated with the breath. It's thought the breath carries with it a doorway to experiences nothing short of revelatory, a feeling

of connectedness to the energies of life and the workings of the cosmos.

Some believe each breath is a divine gift, one that not only sustains us physically but gives rise to a profound feeling of being at one with life on a grand scale. Deepak Chopra offers the image in which, with each inhalation, the energy of the universe enters us and, with each exhalation, that energy is returned to the universe once again. Sri Krishnamacharya, considered the 'father of modern yoga,' felt the breath was our bridge to the divine: "Inhale, and God approaches you. Hold the inhalation, and God remains with you. Exhale, and you approach God. Hold the exhalation, and surrender to God."

Whether it's the way the breath affects our health, our psychological well being, or our sense of interconnectedness with life, attending to the breath is something worth considering. So, take a deep breath. Relax.

Matthew Sommerville is a yoga therapist working in the Silver City area and teaches Svastha yoga at The Lotus Center in Silver. For more information go to: www.yogahridaya.com.



BODY. MIND & SPIRIT

Grant County Weekly Events

- Sundays**

ARCHAEOLOGY SOCIETY—First Sun. of every month, field trip. 536-3092, whudson43@yahoo.com.

BINGO—1st and 2d Sun. Doors open 12:30 p.m., games start 1:35 p.m. Benefits Salvation Army and Post 18 charities. American Legion Post 18, 409 W. College Ave. 534- 0780

HOLISTIC PRESENTATIONS—11 a.m. Peace-Meal Coop Deli. 534-9703

PRAYER AND STUDY IN THE EASTERN ORTHODOX TRADITION—Sunset. Theotokos Retreat Center, 5202 Hwy. 152, Santa Clara. 537-4839, theotokos@zianet.com.

Mondays

AARP CHAPTER #1496—Third Monday. 12:30 p.m. Senior Center, 205 W. Victoria. Contact Marcia Fisch, 388-1298

AARP WIDOWED PERSONS—Second Mondays. 10:30 a.m. Glad Tidings Church. Contact Sally, 537-3643.

AL-ANON—12:05 p.m. First Presbyterian Church, 1915 Swan, Silver City. Contact Valerie, 313-2561.

ART CLASS—9-10:45 a.m. Silver City Senior Citizen Center. Beginners to advanced. Contact Jean 519-2977.

GENTLE YOGA—5:30-6:56 p.m. Lotus Center at 211 W. Broadway, Becky Glenn, (404) 234-5331.

OLD-TIME COUNTRY DANCING—3rd Mon., 7-9 p.m. Pin Room, Silver Bowling Center. Free.

PING PONG—5:30-7 p.m. Grant County Convention Center. Beginners 7-8 p.m.

SILVER CITY SQUARES—Dancing 7-9 p.m. Presbyterian Church, 1915 N. Swan St. Kay, 388-4227, or Linda, 534-4523.

TAI CHI FOR BETTER BALANCE—1 p.m., Senior Center. Call Lydia Moncada to register, 534-0059.

Tuesdays

ALCOHOLICS ANONYMOUS—Men's group, 7 a.m. Unitarian Fellowship Hall. 3845 N. Swan. Jerry, 534-4866.

ALZHEIMER'S/DEMENTIA SUPPORT—1st Tues. 1:30 p.m. Senior Center. Margaret, 388-4539.

BAYARD HISTORIC MINE TOUR— 2nd Tuesday. Meet at Bayard City Hall, 800 Central Ave., by 9:30 a.m. \$5 fee covers two-hour bus tour of historic mines plus literature and map; call 537-3327 for reservation.

COMPASSIONATE FRIENDS—4th Tuesday. 7 p.m. Support for those who've lost a child. Episcopal Church, Parish Hall, 7th and Texas St. Mitch Barsh, 534-1134.

FIGURE/MODEL DRAWING—4-6 p.m. Contact Sam, 388-5583.

LOS COMADRES CANCER SUPPORT GROUP—1st Tues. 6 p.m. Business and Conference Center, 3031 Hwy. 180 E. (next to Ace). 388-1198 ext. 10.

MULTIPLE SCLEROSIS SUPPORT GROUP—First Tuesday. 11:30 a.m. at local restaurant; email for this month's location: huseworld@yahoo.com.

REIKI CIRCLE—First Tuesday of the month, 6:30 p.m. 2035 Little Walnut. Treatment for those in need of healing. Vicki, 388-8114, or
- Virginia, 388-4870.

SLOW FLOW YOGA—11:30 a.m.-12:45 p.m. Lotus Center at 211 W. Broadway, Becky Glenn, (404) 234-5331.

SOCIAL SERVICES—Noon. Red Barn, 707 Silver Heights Blvd. 538-5666.

TEA PARTY PATRIOTS—2nd and 4th Tues. 6 p.m. Red Barn Steakhouse, 708 Silver Heights Blvd. 388-4143.

Wednesdays

ARCHAEOLOGY SOCIETY—Third Weds. of every month. Oct.-Nov., Jan.-April 7 p.m. Silver City Women's Club. Summers 6 p.m. location TBA. 536-3092, whudson43@yahoo.com.

BACK COUNTRY HORSEMEN—2nd Weds. 6 p.m. Gila Regional Medical Center Conference Room. Subject to change. 574-2888.

BAYARD AL-ANON—6 p.m. Bayard Housing Authority, 100 Runnels Dr. 313-7094.

A COURSE IN MIRACLES—7:15 p.m., 600 N. Hudson. Information, 534-9172 or 534-1869.

CURBSIDE CONSULTING—Free for nonprofits. 9 a.m.-noon. Wellness Coalition, 409 N. Bullard, Lisa Jimenez, 534-0665, ext. 232, lisa@wellnesscoalition.org.

FOOD ADDICTS ANONYMOUS WOMEN'S GROUP—6:30 p.m. 1000 N Hudson St., 519-1070.

GIN RUMMY—1 p.m. Yankie Creek Coffee House.

GRANT COUNTY DEMOCRATIC PARTY—2nd Weds. Potluck at 5:30 p.m., meeting at 6:30 p.m. Sen. Howie Morales' building, 3060 E. Hwy. 180.

LADIES GOLF ASSOCIATION—8 a.m. tee time. Silver City Golf Course.

LEGO CLUB—Ages 4-9. 4 p.m. Silver City Public Library, 515 W. College Ave., 538-3672.

PING PONG—5:30-7 p.m. Grant County Convention Center. Beginners 7-8 p.m.

PROSTATE CANCER SUPPORT GROUP—3rd Weds. 6:30 p.m. Gila Regional Medical Center Conference Room. 388-1198 ext. 10.

REPUBLICAN PARTY OF GRANT COUNTY—Third Weds. 6 p.m. Red Barn.

STORYTIME—All ages. 10:30 a.m. Silver City Public Library, 515 W. College Ave., 538-3672.

TRAUMATIC BRAIN INJURY SUPPORT GROUP—3:30-5 p.m. All-Purpose Room, Billy Casper Wellness Center, Hudson St. & Hwy. 180. James, 537-2429, or Danita, 534-9057.

Thursdays

ARTS ANONYMOUS—5:30 p.m. Artists Recovering through the Twelve Steps. Unitarian Universalist Fellowship, 3845 N. Swan St. 534-1329.

CANCER SUPPORT GROUP—1st Thurs. 6 p.m. Gila Regional Medical Center Board Room. 388-1198 ext. 10.

DE-STRESSING MEDITATIONS— 12-12:45 p.m. New Church of the SW Desert, 1302 Bennett St. 313-4087.

GILA WRITERS—2-4 p.m. Silver City Public Library. Trish Heck, trish.heck@gmail.com, 534-0207.

GRANT COUNTY ROLLING STONES GEM
- AND MINERAL SOCIETY**—2nd Thurs. 6 p.m. Senior Center, 204 W. Victoria St. Kyle, 538-5706.

HISTORIC MINING DISTRICT & TOURISM MEETING—Second Thurs. 10 a.m. Bayard Community Center, 290 Hurley Ave., Bayard. 537-3327.

PROGRESSIVE PILATES—5:30-6:30 p.m., 315 N. Bullard, 2d fl. 519-8948.

TOPS—5 p.m. 1st Presbyterian Church, 1915 Swan, 538-9447.

WOMEN'S CANCER SUPPORT GROUP—1st Thurs. 6-7 p.m. GRMC Conference Room, 1313 E. 32nd St. 388-1198, ext. 10.

VINYASA FLOW YOGA—11:30 a.m. Lotus Center at 211 W. Broadway, Becky Glenn, (404) 234-5331.

YOGA CLASS—Free class taught by Colleen Stinar. 1-2 p.m. Episcopal Church fellowship hall, 7th and Texas.

Fridays

OVEREATERS ANONYMOUS—6 p.m. Gila Regional Medical Center conference room. 313-9400.

SILVER CITY WOMAN'S CLUB—2d Fri., 10:30 a.m., lunch 12 p.m. 411 Silver Heights Blvd. 538-3452.

TAIZÉ—2d Friday. Service of prayer, songs, scripture readings and quiet contemplation. 6:30 p.m. Episcopal Church of the Good Shepherd, 538-2015.

WOODCARVING CLUB—2d and 4th Fridays except holidays. 1 p.m. Senior Center. 313-1518.

YOUTH SPACE—5:30-10 p.m. Loud music, video games, chill out. Satellite/Wellness Coalition.

Saturdays

ALCOHOLICS ANONYMOUS BEGINNERS—6 p.m. Lions Club, 8th & Bullard (entrance at Big Ditch behind Domino's). Newcomers and seasoned members welcome.

ALZHEIMER'S/DEMENTIA SUPPORT— 10 a.m.-noon. Gila Regional Medical Center Conference Room. Margaret, 388-4539.

BLOOMING LOTUS MEDITATION— 12:45 p.m. Lotus Center at 211 W. Broadway, 313-7417, geofarm@pobox.com.

DOUBLE FEATURE BLOCKBUSTER MEGA HIT MOVIE NIGHT—5:30-11 pm. Satellite/Wellness Coalition.

EVENING PRAYER IN THE EASTERN ORTHODOX TRADITION—5 p.m. Theotokos Retreat Center, 5202 Hwy. 152, Santa Clara. 537-4839, theotokos@zianet.com.

KIDS BIKE RIDE—10 a.m., Bikeworks, 815 E. 10th St. Dave Baker, 388-1444.

NARCOTICS ANONYMOUS—6 p.m. New 180 Club, 1661 Hwy. 180 E.

SPINNING GROUP—1st Sat., 1-3 p.m. Yada Yada Yarn, 614 N. Bullard, 388-3350.

STORYTIME—All ages. 10:30 a.m. Silver City Public Library, 515 W. College Ave., 538-3672.

VINYASA FLOW YOGA—10 a.m. All levels. Lotus Center at 211 W. Broadway, Becky Glenn, (404) 234-5331.
- All phone numbers are area code 575 except as noted. Send updates to events@desertexposure.com.

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Remember Ayotzinapa!

Questions cast doubt on official story of student disappearance

Late last September I read the news about the disappearance of the 43 students in Ayotzinapa, Guerrero, and shed a few tears. But I had to wait for more information on-line to know if it was really true.

I already knew about the 72 mostly Central American immigrants buried in San Fernando, Tamaulipas, in 2010; the massacre of 193 people in multiple graves in the same town in 2011; the 300 or so bodies found buried in Durango in 2011; the 49 bodies lacking heads, hands, and feet found along a highway near Monterrey in 2012; and the 26 massacres (defined as more than five people killed) over several years in Juarez.

So Ayotzinapa was just one in a series of mass horrors.

But soon the incident began to take on more power. Protests against the disappearances were like an earthquake beginning with a little rumble or tremor and then turning into a roar and swallowing whole regions.

Americans and Mexicans have seen on TV the tens of thousands of demonstrators in the streets.

The Mexican government's version of events is that students from a teachers' college in Ayotzinapa went to Iguala on Sept. 26; that three were killed there and 43 were disappeared by local police by the order of Mayor Jose Luis Abarca and his wife; that the 43 were killed by a drug gang called Guerreros Unidos, incinerated in the nearby town of Cocula, and thrown in a river.

The government made an impressive attempt in early February to declare its version true and sweep everything said by critics under the rug. But there are too many intelligent people in Mexico staying awake and keeping Ayotzinapa alive.

There's way too much contrary evidence to leave the government story unquestioned.

stallations, one in Mexico City and the other in Puebla, Puebla. (Iguala is within 100 miles of both places.)

Prize-winning journalist and book author Anabel Hernandez and Steve Fisher of the Investigative Reporting Program at University of California at Berkeley did their own investigation of the Ayotzinapa events with unpublished reports and judicial statements made available to them by the Guerrero government, the students' audio-videos and interviews with individuals. It was published in December in Proceso.

They claim federal police participated with local police in the attack on students in Iguala, that the federal government knew about it all along, and that the military supported the police.

The government tortured at least five witnesses to build their case, they say. It wouldn't be overly cynical to assume from Mexico's past history this happened. Physicians documented physical evidence of the torture.

In an interview on Democracy Now!, Hernandez blasts the government's claim that Abarca wanted to disappear students who were planning to disrupt a political event his wife was involved in. Hernandez says, "What we found is that the political event already finished two hours before the attack."

Hernandez believes the students were killed for their political activism.

Something happening

Lucio Cabañas, a famous guerrilla fighter in the 1960s, is an alumnus of the teachers' college.

"And these students still having [sic] that spirit in Mexico," she said. "If you went to the school and if you get in their circle, you can see that these students really believe in this kind of protest."

Eleven of the disappeared students belonged to political groups on campus.

Clear proof the federal government was responsible for the students' disappearances would have a huge cost for President Pena Nieto's administration. Some intellectuals fear there could be another Dirty War in Mexico.

I told a friend named Mariana in Palomas that commentators are saying the reaction to the students' disappearances is a "tipping point" in Mexican history. But she just wrinkled her nose and said, "Nah!"

Things aren't going to change soon on the street, but I think there's something happening in the inner workings of the country.

Don't forget Ayotzinapa. The demonstrators on the ground in Mexico aren't going to forget it.

Borderlines columnist Marjorie Lilly lives in Deming.





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INTO THE WEST • JESSE WOLF HARDIN

Pancho Villa's Motorcycle

Anachronism, anomaly and the last Indian raid of the Old West



Pancho Villa's March 1916 raid is immortalized in this statue in Palomas, Mexico.

*"Pancho was a bandit voice
his horse was fast as polished steel.
He wore his gun outside his pants
for all the honest world to feel."
-Towns Van Zandt, "Pancho & Lefty"*

Pancho Villa is a name that rouses strong reactions among peoples of the Southwest.

To the impoverished people of Mexico he is a hero who stood up against the privileged Mexican aristocracy, and then faced down the mighty United States with only a few ill-equipped peasant soldiers after then-President Woodrow Wilson betrayed him. They picture him astride one of his gallantly charging Spanish stallions, a "Centaur of the North."

To the descendants of the rich ranchero landholders he dispossessed, however, and to those of American citizens wantonly killed during his audacious March 1916 raid – 99 years ago this month – on U.S. territory, he is envisioned as a blood thirsty monster instead.

Villa eluded General Blackjack Pershing's modernized "Punitive Expedition" as well as attempted assassinations by agents paid by a cartel of stateside businessmen with an interest in their Mexican properties and holdings.

Regardless of who you might ask, few are likely to picture this daring and polarizing character in retirement after the long revolution was finally over, walking around giving candy to adoring street kids on his way back to his government provided hacienda.

Fewer still will imagine him stopping to pose for reporters enjoying a brief test ride on a newfangled petrol-powered motorcycle, as excited as a little kid, grinning from ear to ear.

When I first discovered the photo, I was struck not just by the anomaly, but by the name of the attractively lettered name on the bike's elongated gas tank.

How appropriate, I thought, that the motorcycle the deadly Pancho Villa straddled would be not a Harley Davidson or other early model, but an Indian. It was, after all, a force of primarily Indian-blooded men he sent across the border on that fateful day, at the onset of what came to be called World War I, wielding Old West style Winchester lever action rifles – and even handmade bows and arrows – in a losing battle against U.S. troopers armed with the latest in fully automatic machine guns. Villa's pre-dawn guerilla attack on Co-

lumbus, N.M., was only the second time – counting the War of 1812 – the territory of the United States was ever invaded by a foreign army and, even more interestingly, proved to be the last organized "Indian raid," making March 1916 the possible true end of the Old West period.

At the time of the Mexican Revolution, more than 80 percent of the population had a preponderance of native Indian blood. And the raid was, in nearly every way, a Western affair. The raiders were dressed in roughly woven pullovers and vests, with reddened faces and glossy black hair, feathers and bandannas.

Villa's men arrived on horseback and eventually retreated the same way. Their women remained back at camp, wrapped in blankets decorated with symbols that could stand for an eagle, a phoenix, the magical thunderbird born of Earth and sky. At this point in time the "Gringo" army that they are attacking had only a few motorized vehicles, and so continued to rely heavily on horses and wagons for its deployment. The word "cavalry" still indicated an ability to ride, and most of the soldiers have had prior experience either as horsemen or as working cowboys. Their boots were made of mule hide just as they had been in the days of Custer and Crazy Horse, and the troopers' skin was darkened and hardened as it always had been, by a relentless Western sun. As with the men facing the Sioux and Cheyenne 40 or 50 years earlier, they fought against a variety of antagonists displaying generally poor marksmanship, but who nonetheless came with the passion needed to propel them towards a distant dream, the courage to take unreasonable risks, the resolve to kill, and the willingness to die for what they believe was "the good fight."

Barbed wire, tortilla flat

To this day, the landscape around the border town of Columbus is primarily "tortilla flat" with only a few seductive hillocks. Just to the south of town there stands a five-strand barbed wire fence stretching all the way from one side of the state to the other. The ground on either side of the fence looks exactly the same: white sands speckled with jumping cholla, prickly pear and golden snake brush. Sticker-laden coyotes chase jackrabbits back and forth

INTO THE WEST continued on next page

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INTO THE WEST continued

beneath the wire, and a desert eagle high in the sky crosses over to where one government's dominion ends and another country begins.

If people in this part of the country were anything, they were scarce. Columbus never had more than a few hundred permanent and temporary civilian residents, and most of the 600-man army detachment was likely to be gone on leave to El Paso at any given time. That fateful night, there were only a handful of electric lights or oil lamps burning. The only sign of activity in the army camp was a single small campfire in one of the ditches, around which a few sleepy sentries huddled to stay warm. As they did so, a Yaqui Indian warrior was sneaking up unseen with a knife in his teeth, chose for his ability to silence those gringos assigned watch.

Villa knew he had no real chance of winning even a battle, let alone a war, with the U.S., but he was so pissed off that practical matters like his survival weren't even part of the decision making process. U.S. President Woodrow Wilson, a Democrat and pacifist as well as pragmatist, had been supplying guns and ammunition to several of the various revolutionary groups in Mexico fighting to depose the despot Presidente Diaz.

After Diaz' fall, however, Wilson considered it strategic to shift all of America's support to a single faction, and so while he continued to supply rounds to Villa's competitor General Carranza, Pancho would no longer get any. The final straw, from Villa's point of view, was Wilson authorizing the clandestine transport of Carrancista troops on a U.S. rail line in order to lay a murderous trap. U.S. troops manning the border were ordered to light up the Mexican landscape with powerful spotlights, as Carranza's forces used newly gifted machine guns to wipe out much of the Villista army.

The odds may have been against him, but Pancho remained undaunted and defiant nonetheless. He'd survived dozens of battles already, always leading his men from the front, always braving the thick of battle. His was the strategy of a true cavalryman of any nationality: When in doubt, charge!



The article's author has long been fascinated by this photo Pancho Villa on an Indian motorcycle.

As townsfolk and troopers slept

Mrs. Parks was already awake in her office when the first shots were fired, and continued her work of telling the world what was happening in Columbus even as glass from her office window was flying in her face ... and in another sign of the changing times, she did so not by tapping away on a telegraph key but by dialing out through her town's proud new telephone switchboard.

In spite of months of warnings and reports they were coming, the raiders were still able to take town more or less by surprise. As most of its townsfolk and troopers slept, they were at first able to take over the town and briefly abuse the residents. Then in relatively short order, U.S. soldiers with Springfield rifles and fully automatic French-made Benet-Mer-

cier machine guns effectively killed more than half of Villa's 200 indigenous soldiers. Many of the Mexicans were cut down in the streets, silhouetted by the flames from the fires they'd lit, some of them both poor enough and foolish enough to pause to coil rope stolen from the hardware store, or to try on the new boots they'd just taken from its shelves.

When interviewed later, army officials downplayed the fact that they'd been forewarned of the raid without taking necessary protective measures. They also cited the benefits of the impending punitive invasion as a "test of U.S. tactics and equipment" in preparation for this country's involvement in the war against Germany. Nearby were examples of the weapons and personal belongings the raiders had carried. Among them were photographs of some very indigenous looking wives waiting in vain for their return ... and a number of steel-tipped arrows fletched with wild turkey feathers.

Relishing a fabled life

After many arduous months south of the border, the troops sent to wreak revenge after the Columbus raid were finally called home without ever having caught up with Villa or most of his remaining loyal troops. In the chase, they had made use of gas-powered trucks instead of horse and wagon, a motorized armored personnel carrier and even a couple of the first airplanes ever to be used for a military purpose. Villa wasn't the only one with an appreciation for motorcycles, since

the American troopers left back at Fort Bliss a half-dozen motorbikes onto the sidecars of which had been mounted light machine guns.

Villa would be dead not long after that photo was taken of him on the seat of the Indian, gripping the handlebars with unrestrained relish.

It would be an ambush by political opponents that finally brought him down, as he rode brazenly in an open touring car. For the moment, though, he would relish his many victories and fabled life, his numerous enemies and proud-hearted wives, and his surprise attack on a well fortified American town, as he playfully revved up his gutsy Indian, then raced without regard for safety down the town's dusty dirt streets.

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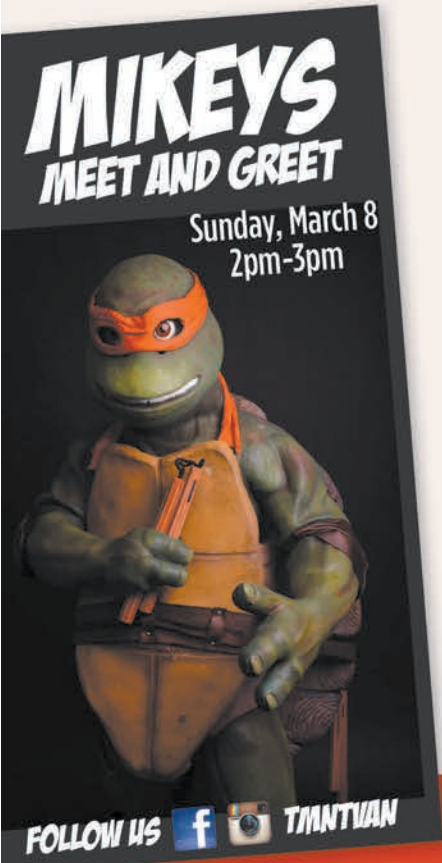




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SOUTHWEST GARDENER • VIVIAN SAVITT

The Garden as Refuge

Your garden also provides a setting for art.

No longer winter and not quite spring, it is neither-nor time and things feel edgy. At 6 a.m., the bird bath at my place resembles a miniature ice rink. The empty seed cases hanging off the catalpa trees are as dark and austere as a woodcut. Yet the blooms on the violets, the alliums starting their stretch to penthouse heights, and those unfaltering sedums exclaim, “Spring’s coming!”

This time of year, the garden seems like a new house awaiting furniture. Although there is mind-cleansing tranquility in its sparseness, you still yearn for familiar decor.

What over the past months has reflected an inward, wintry focus switches slowly alfresco.

I wintered well. A salmagundi of fine books and CDs – soulful provisions dispatched from bookshelf to bedside and back again – are proof. There were some fine reads and rhythms.

On those fogged-in mornings, I pretended that Glasgow awaited me outside. The luster created by fog against window panes – the clarity it lent the artwork – was unforgettable.

Even the kitchen pantry is transitioning. Staples like Cream of Wheat are being replaced with more seasonal fare for both palate and psyche.

Unfortunately, there is little agriculture in my small garden – only herbs, mint for mojito merriment, kale and chard as remedies against macular degeneration. On the plus side, this situation bodes well for farmer’s market vendors.

Thinking of cropland, I wonder how my landscape looked long ago.

Just how denatured has the site become with the onslaught of infrastructure, pollution, the neighborhood, my house? Surely in times past there were increased numbers and a wider array of species. But focusing on the present, I recognize gardens serve a role as refuges.

This is confirmed when a flock of juncos fly in to drink at the water pool. Seconds later, they are joined by finches and a solo blue jay. All linger cautiously among the cotoneaster hedges before alighting for a drink. Seeming boldest, the juncos swoop to the ground to first hunt seed.

All conscientious gardeners provide amenities for birds and insects: water; plants that produce berries, nectar and seed; trees and hedges for nesting and aerial reconnaissance. For me, the only exacerbating aspect of being a refuge ranger is shooing away cats.

The benefits, however, include birdsong, vibrancy and the spirit-enhancing effect of observing nature at close proxim-



Violets at Ditch Cottage symbolize neither-nor time and affection. Photo by Max Carmichael

ity, even from a chair by the window. As for windows – I am due to collect the house plants that required foster care in far sunnier settings than Ditch Cottage offers. Plants that remained at my place, near-casualties of solar deprivation, will revive quickly on a warm patio. Before long a new book and my writing pad will also come to rest in that open space, while greenery fills the garden and spiders weave their webs. Then I’ll know conclusively that neither-nor has come-and-gone.

SOUTHWEST GARDENER
continued on next page



Bird Feeder (from Timber Press) Labeled as “easy,” this project begins with a pre-purchased bird feeder and uses stained-glass tesserae so that sun shines through the composition. Photo by Justin Myers, Timber Press



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SOUTHWEST GARDENER continued

Art Melds With Nature

Looking like highbrow connoisseurs, birds are a charming sight perched around garden art. Bees and other insects appear unperturbed, even intrigued, by art's presence. The combination of art and wildlife not only expands a garden's vitality, but also punctuates planting schemes and views.

Waiting for March's inevitable wind gusts to subside is a good time to consider the optimum location for placing art in your landscape.



Silver City artist Jo Thomas can watch “Fireworks,” her mosaic, glass and mirror piece, reflect light and shift colors throughout the day. Art this strong can stand alone in a garden with little or immature landscaping. *Photo by Jo Thomas*

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Book cover - “Mosaic Garden Projects” by Mark Brody (Timber Press) provides a range of DIY functional objects you can make now. *Photo by Justin Myers, Timber Press*

Jo Thomas, an artist and gardener, creates mixed media and modern mosaic pieces specifically for the landscape. The “mixed” elements in her art range from the serendipitous use of a ceiling light shade to traditional pieces of art glass.

Thomas and her husband left Peoria, Ill., two years ago to retire in Silver City. Since then, she has noted Southwestern climate conditions that can stress outdoor art .



Weighing enough to withstand high winds, this colorful Jo Thomas piece topped by a quartz crystal cluster draws the eye into a local courtyard. *Photo by Dan Hawley*

“Intense sun can heat materials far beyond air temperature, which can affect adhesives or the integrity of a piece,” Thomas says. “Intense dryness can also lead to a short life span if the wrong materials are used.”

Thomas, who has worked in mixed media for 12 years, provides gallery labels indicating which of her art pieces can withstand full sun or hold up better in shade.

Her art ranges in price from \$200 to \$1,400 and can be viewed at Copper Quail Gallery in the Silver City Arts District

The DIY Option

If your art budget is no higher than a crocus, read “Mosaic Garden Projects” from Timber Press. Writer Mark Brody, a Portlandia guy and mosaic instructor, presents 25 DIY projects ranging from address signs to bird baths. Pre-project angst is relieved by photographs of required tools and materials. This prevents time-consuming errors at the hardware store.

Brody also ranks projects by degree of ease or difficulty. Some look too crafty for my taste, but most seem exciting additions to the right spot in your plot.

Let me know what you make, and I’ll attend its unveiling!

Vivian Savitt gardens at Ditch Cottage in Silver City

TALKING HORSES • SCOTT THOMSON

If the Shoe Fits

Religion, politics and horseshoeing

To shoe or not to shoe. For horse owners, that is the question. Next time you're at a party and getting bored, and you feel you want to liven things up a bit, here's a suggestion. First, find out if there are any horse owners in the crowd.

If so, take a strong stance on either side of this issue – “all horses should wear shoes” or “all horses should go barefoot.”

I can guarantee you things will pick up and get pretty animated. You may get to the level of name calling, probably not as far as fisticuffs, but you'll certainly leave the party having enjoyed yourself.

I get asked my opinion on this subject virtually every time I talk to a student or horse owner. My answer always frustrates people on both sides of the issue.

It may sound like I'm running for office and need to straddle the proverbial fence to get votes from both sides, but it depends on the situation.

If I'm a passionate practitioner and teacher of natural horsemanship, shouldn't I believe all horses should go barefoot because it's more natural than wearing steel shoes? On the other hand, in a world where the majority of horse owners don't believe in natural horsemanship and where horses have done fine in shoes for centuries, how can I say that's a bad thing?

Looking at the wild horse or “feral hoof” argument for a horse going barefoot, there is no doubt horses living naturally get along just fine without every seeing a shoe or a farrier. Photographs that compare look, health and structure of the wild horse hoof to the domesticated shod horse are often used as evidence to support the barefoot point of view.

Usually, you can't argue with the comparison.

It is often said a horse has five hearts, one in their chest and one in each hoof. The function of the hoof, as a flexible “pump” that keeps blood moving back up through the body after it has been pumped down to the hoof – and from the sheer effects of distance and gravity – is critical to the horse's survival. Coupled with this is the hoof's role in movement, shock absorption and protection of soft tissue and bone structures, and it easy to see why people say “no hoof, no horse.”

Clearly, anything that could interfere with the natural functions of the hoof would put the animal's health and soundness at risk. Research shows a poor shoeing job can interfere with the way a hoof grows, the way the hoof needs to flex, expand and contract, and the blood flow and pumping action of the hoof.

Wild vs. domesticated

So, why not just say if it's good enough for horses in the wild, then that's the way it should be for all horses?

Maybe other variables need to be considered as part of this discussion. In their natural state, horses are doing what they were “designed” to do. They're living in herd, browsing and eating a diet more suited to their needs, constantly moving while they're doing it. They eat for 15 hours a day and cover 10 miles or more while they're doing it. This keeps their bodies moving and working, and their hooves doing exactly what they're designed to do.

I don't see many of our riding horses living like this. Most stand around in relatively small areas, usually not in herds, and are fed a couple of times per day, often with food and treats they would never see in their natural environment. This is an enormous difference between life in the wild and the domesticated horse.

In the wild, a horse is not asked to carry an additional 200 to 300 pounds (or more given the size of many people these days) of weight from rider and equipment, weight that is often unbalanced. The wild horse spends only about 1 percent of its time moving above a walk – that's 15 minutes a day – and will choose routes of travel that are familiar, safe and comfortable. In the wild, conformation doesn't really matter and horses will get along just fine with all kinds of structural defects. All they need to do is keep up with the slow movements of the herd.

The wild horse is not asked to jump, do lateral work, pull equipment or do stupid pet tricks.

Contrast this life with what we want in our riding horses. Carry our weight while we trot or canter miles for fun. Go where we want to go, even in terrain they would never choose on their own. Jump obstacles, slide to a stop, spin like a top. Perform unnatural gaits in certain show classes, do sophisticated lateral work, go fly-

ing around in the tight circles of a round pen or a barrel course, or even travel for hours standing in a trailer.

So, maybe a hoof that evolved for an animal in one setting can't do as well in the world they actually inhabit. Perhaps the stresses on the hooves of a working or riding horse are just too different to conclude going barefoot is the only way.

This is where the argument for shoes begins.

Assuming you have a quality farrier that is well trained and current in his/her thinking, you can make a strong case that a good shoeing job can offer protection from unwanted wear, bruising, or concussion given the way you actually use your horse.

A farrier that uses high quality shoes and is meticulous in his approach can help a horse get through the life we have created for him.

More important, if your horse has a conformation issue that could interfere with his productive use or health, a good farrier can offer corrective and therapeutic solutions that can correct or improve some deformities over time, or make the horse useable and comfortable with what he has – what I call a positive orthopedic effect.

‘It depends ...’

In my own athletic past, working with foot and ankle specialist who constantly tweaked my sneakers, orthotics, lifts, etc. as my age and body changed probably added 10 years to my basketball career, all more or less pain free, without drugs and painkillers. No reason to think that a good shoeing couldn't help a horse in the same way.

I feel “it depends” is still the right response to this question today.

But, I'd like to see things different in the future. First, I'd like to see horse owners doing everything possible to give their horses a natural life, the holistic view of natural horsemanship. This means learning to ride better, thinking about their diet, and working on all around fitness for their horses. It also means becoming better educated about how the horse really works, learns and thinks. Consider their nature and needs, don't treat them as recreational vehicles.

Second, all farriers should be skilled in barefoot hoof care techniques as well as shoeing, and be open to recommending either approach based on the individual case of each client. They should know how to create a mustang roll and trim for boot fitting as well as how to shape a shoe.

Farriers should show up and ask to see a horse move, not just in the driveway in a straight line but in circles and maybe even under saddle. They should ask for a thorough description of the kind of riding I do, what kind of tack I use, my skill level, what other things I do with my horse.

There is plenty of evidence out there now that shows the way you ride a horse can influence the shape, function and performance of the hoof – not just where you ride but how you actually sit, guide and balance your horse – and your future farrier should know some of what he sees on the hoof starts on the back, and how to suggest improving that.

Barefoot versus shoeing should not be a black or white issue.

To paraphrase one of the best opinions I've read (from an article in Equus about the hoof, its structure, function and care, written by Deb Bennett, PhD), to say with 100 percent certainty that either going barefoot or having shoes is the best thing for a horse is way too simplistic a point of view.

It should be case by case, weighing all the known factors for each horse and rider, and it should involve opinions and recommendations from trusted hoof care specialists and vets without prejudice.

Dare to dream for a horse owner!

Scott Thomson lives in Silver City and teaches natural horsemanship and foundation training. You can contact him at hsthomson@msn.com or (575) 388-1830.



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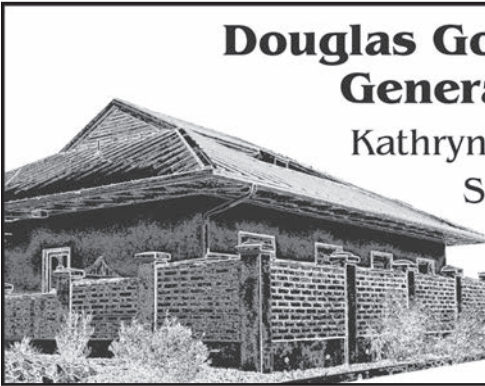


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Gemini, the Twins

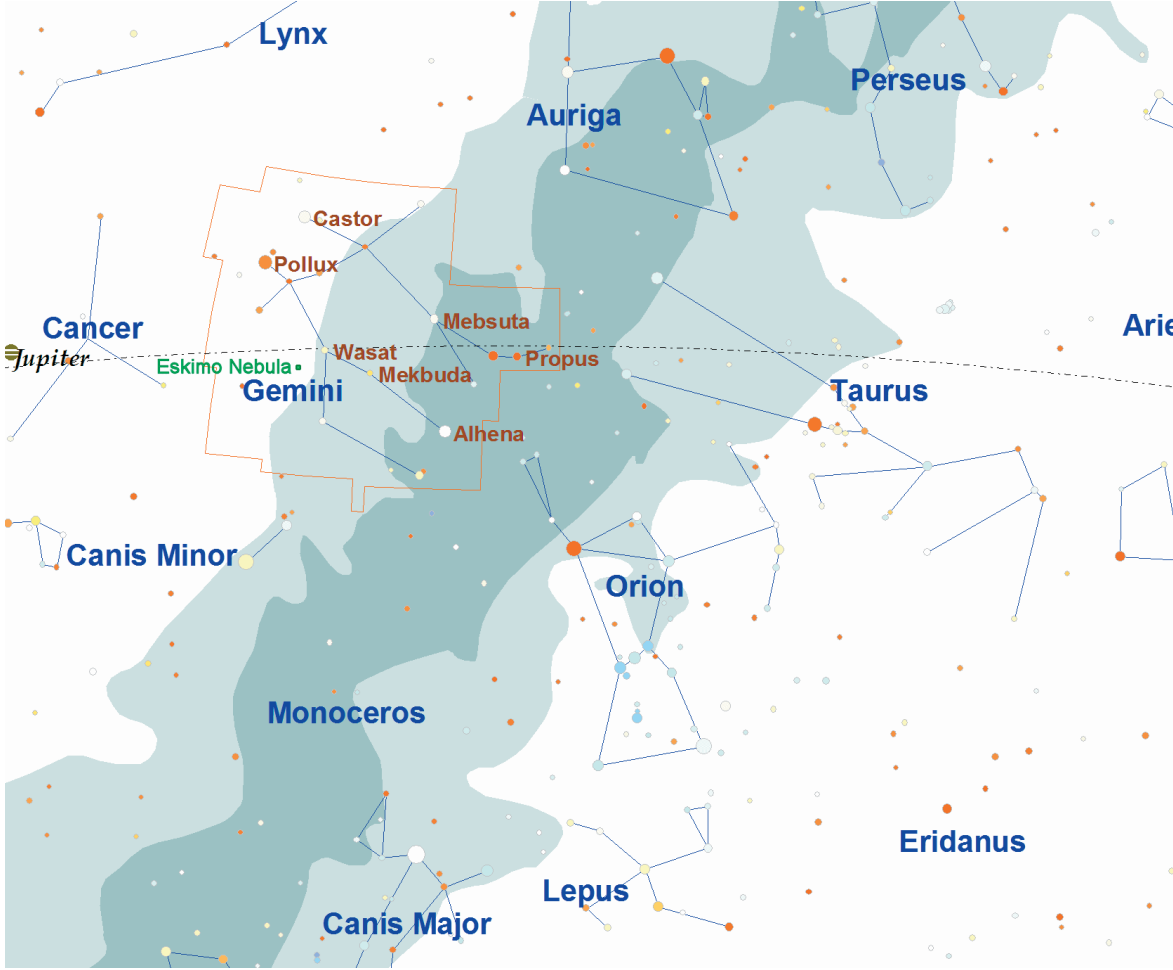
Plus the planets for March

Many of us have twins somewhere in our family and there is also a set of twins in the sky, the constellation Gemini, the Twins.

Located three-quarters of the way up in our southeastern sky this month, the two brightest stars in this constellation are only four and a half degrees apart. They are named after the two brothers from the mythology of this constellation, Castor and Pollux. When you look at Gemini, Castor is to the northwest and Pollux to the southeast.

cular in shape, some 48 seconds-of-arc across, that glows at magnitude 10.1. It was originally found by English astronomer John Herschel on Jan. 17, 1787. The nebula has a bright hazy center that is slightly oval surrounded by radial filaments imbedded in more nebulosity. This gives the impression of a face surrounded by a fur-lined parka hood, giving NGC 2392 its name. The Eskimo Nebula is over 2,870 light-years away and is only 0.34 light-years across.

Planetary nebulae come from a dying star that can



The Greek mythology relates the story of Leda, who was the wife of King Tyndareus of Sparta. Zeus admired her and came to her disguised as a swan being chased by an eagle. Zeus pretended to fall into her arms for protection, but soon seduced her. The same night, she was with her husband, the King.

Two eggs resulted from these unions. From one came Helen who would go on to become Helen of Troy. The other hatched Castor and Pollux. Pollux was the son of Zeus and was immortal, while Castor was the son of King Tyndareus and not immortal. When Castor finally died, Pollux begged Zeus to give Castor immortality.

Zeus did so by placing both of them together in the sky.

The stars Castor and Pollux mark the heads of the twins in the sky. They are usually depicted as holding hands and standing together. Crossing both twins is the ecliptic, making Gemini one of the constellations of the zodiac. The Sun and the planets pass through this constellation on a regular basis. On April 8, 1976, the planet Mars was passing through this constellation when it went in front of the star Mebsuta (Epsilon Geminorum). This event was widely observed by both amateur and professional astronomers.

Now the carbon and oxygen start building up in the core with a shell of helium burning surrounding it and a shell of hydrogen burning around that.

The outer parts of the star continue stream off into space until after 20,000 years, only the core is left. The naked core continues to be heated by radioactivity and gravitational contraction, emitting enough ultraviolet light to cause the ejected gas to glow forming the planetary nebula.

Watch the Skies

Calendar of Events March 2015

All times MST

| | |
|----|--|
| 5 | 11:05 p.m. Full Moon |
| 8 | 2 a.m. Daylight Savings Time begins. |
| 13 | 11:48 p.m. Last Quarter Moon |
| 14 | 4 p.m. Saturn stationary |
| 20 | 3:36 a.m. New Moon – Total Solar Eclipse |
| 20 | 4:45 p.m. March Equinox – spring begins |
| 27 | 1:43 a.m. First Quarter Moon |

The Planets for March 2015

The first planet you will see as it gets dark is the brilliant Venus, but if you look below it, you will also find red Mars. At the beginning of the month, Mars is just four degrees below Venus, but later in the month they will be farther apart with Venus getting higher and Mars getting lower. At midmonth, Mars's disc will be a tiny 4.1 seconds-of-arc across as it shines at magnitude +1.3. During March, the God of War moves eastward from central Pisces into far western Aries. It sets around 9 p.m.

Venus moves from central Pisces into eastern Aries during March. At midmonth, Venus's disc will be 12.8 seconds-of-arc across and it is 83 percent illuminated and decreasing. Shining at magnitude -4.0, it sets just before 10 p.m. Venus is still working its way around from the far side of the Sun.

The King of the Gods is 40 degrees up in the eastern sky as it gets dark and sets around 5:30 a.m. Jupiter is moving slowly westward in eastern Cancer. Its disc will be 43.2 seconds-of-arc across at midmonth. Jupiter shines at magnitude -2.5.

Next up is Saturn, traveling eastward north of the northern pincer of Scorpio during the first part of the month. On March 14, Saturn stops and turns back westward, ending up almost back to where it began the month. Rising around 12:30 a.m., Saturn is eight degrees above the red giant star Antares in the east-southeast. The Ringed Planet's shines with a yellowish glow at magnitude +1.1 with a disc that is 18.1 seconds-of-arc across. Its rings are 41.0 seconds-of-

arc across and they are tilted down 24.8 degrees with the northern face showing.

Mercury is still in the morning sky, but it will be gone by the third week of the month. You best view of Mercury will be at the beginning of March when it rises at 6:20 a.m. on the east-southeastern horizon. By the time it starts getting light, Mercury will be just seven degrees up, shining at magnitude +0.0. Mercury's disc will be 6.5 seconds-of-arc across that is 66 percent illuminated and increasing. The Messenger of the Gods starts the month in central Capricornus, moves all the way through Aquarius and

into southern Pisces.

The Sun crosses the celestial equator heading north on March 20 at 4:45 p.m., the instant of the March Equinox and the beginning of spring in the Northern Hemisphere. On the Equinox, the length of day and night are equal. There is also a total solar eclipse on the same day visible from the far north Atlantic, north of the U. K., the Scandinavian countries and Russia. The partial solar eclipse will be visible over Europe, northern Africa and western Russia. This eclipse will not be visible from the desert southwest but you can still "keep watching the sky!"

An amateur astronomer for more than 45 years, Bert Stevens is co-director of Desert Moon Observatory in Las Cruces.



Mercury will leave the morning sky by the third week of the month.

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One organization benefiting from the Give Grandly campaign is the Gila Native Plant Society, which promotes education, research and appreciation of the native flora of the Southwest.

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Not for ourselves alone are we born.

– Cicero

This could be the motto of the nonprofits who have joined together for a national day of local giving called Give Grandly. On May 5, more than 30 nonprofits hope to raise significant funds to continue their efforts. These local organizations are the ones that make our community a great place to live.

This is the second in a series of three articles over the coming months highlighting some of the participating nonprofits.

Silver City MainStreet is dedicated to the preservation of historic downtown Silver City. This community

based organization is the oldest MainStreet Program in New Mexico and continues to work on revitalizing downtown. MainStreet encourages the physical improvement of buildings by owners.

The renovation of the Silco Theater is a major economic development and historic preservation project that is being coordinated by Silver City MainStreet. Once the approximately \$700,000 in renovations have been completed, the theater will resemble what it was in the 1940's. But it will have modern amenities such as air conditioning, a handicapped accessible rest room, comfortable seating, modern projection, and sound systems. The Silco Theatre will provide an opportunity for people to enjoy a "cinema experience" while watching a movie. The type of movies shown will range from first run, to independent and foreign films.

The Silver City Museum creates opportunities for people to explore, understand, and celebrate the rich and diverse cultural heritage of southwest New Mexico. It does this by collecting, researching and interpreting the region's unique history. Here one can see dramatic photos of the floods in Silver City that have shaped the town. Also the museum has an informative exhibit on the History of Silver City and all its past residents including Billy the Kid.

In the past year the museum has had exhibits on: Gila Wild: celebrating the 90th Anniversary of the Gila Wilderness and The Saints Among Us: A collection of santos, retablos and other devotional art works by New Mexican Hispanic artists.

The Brown Bag Lecture series offers a historic peek at past events in Silver City.

Funding is needed to preserve Silver City's heritage.



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The Fort Bayard Historic Preservation Society acts to preserve the Fort as a historic landmark. It received a National Historic Landmark designation in 2004. Fort Bayard began as a U.S. Army Post in 1866 and continued as such until 1899. It was then transformed into a U.S. Army Hospital from 1899 until 1920. The Society has put in handicapped accessible paths across the parade ground, installed interpretive signage, and has painted the exterior of the 1912 Commanding Officers Quarters. The Society also created the Fort Bayard Museum. Each year in August, activities share the history of the site. Fort Bayard Days in September include a book club, different teas and an educational day for students of all ages.

The Gila Native Plant Society (GNPS) promotes education, research and appreciation of the native flora of the Southwest. It also encourages the preservation of rare and endangered plant species, and supports the use of native plants in public and private landscaping. The society holds monthly presentations, workshops open to the public, and spring and summer field trips. At an annual native plant sale, experts give advice on landscaping and plant selection.

The Society, with grants from PNM and a private family foundation, started The Silva Creek Botanical Gardens on city property. Over the years, the garden has been maintained by members of the GNPS. Grants have allowed the society to put in an amphitheater and kiosk for educational uses, and a platform for art displays. GNPS would like to enhance the garden and make it a real community center, but they need more funds to do so.

Silver Regional Sexual Assault Support Services (SASS) assists those who have experienced the physical and emotional devastation of sexual assault. SASS has staff to help in crisis situations as well as provide advocacy for individuals in need. Additionally, SASS focuses on prevention and community education. SASS works to ensure the community is aware of their services. One way they do this is by visiting local schools to ensure sexual assault prevention material is available to students. Grant funding is limited. SASS could use individual contributions from Give Grandly for prevention and outreach materials as

well as to assist with recruiting and training additional volunteers and advocates.

Silver Adult Care Services' (SACS) purpose is to strengthen care-giving families in Grant County by providing access to safe, supervised, socially stimulating daycare for their dependent seniors. They act as a resource and advocate for caregivers and their loved ones. SACS helps identify at-risk seniors living in Grant County who, because of cognitive impairment, may not be able to independently participate in activities at local senior centers. When appropriate, SACS offers volunteer supervision to allow relief for the caregiver. They also work with interested organizations in Grant County who are also involved with senior care issues.

Give Grandly funds will help cover a part-time community nurse with gerontology experience and the training of volunteers to assist clients on site.

Gila Valley Mobile Food Pantry on the third Tuesday of every month distributes 7,500 pounds of food to between 90 to 100 local families. The Pantry started with delivering food to just seniors, but now delivers groceries to all ages. This January, volunteers filled boxes for 86 households. Each household gets a primary box, a box of bread (sometimes two) and box of produce. Volunteers unload the truck that comes

from the RoadRunner Food Bank, sort the shipment and divide it into the boxes collected for that day's distribution. Some volunteers also qualify for boxes. Volunteer "Burros" carry the boxes to the recipients. This January, 34 Gila Valley volunteers participated. The dedicated community of Gila provides the energy and the heart that has sustained this project. The Food Pantry needs funds to purchase nutritional food and increase the numbers of families that they are able to help.

On Tuesday, May 5, these and other nonprofits will be gathered in Gough Park from 11 a.m. to 6 p.m. to encourage the community to donate to their favorite cause. Online giving will also be available for the full 24 hours that day. Show your support to those organizations that make Grant County a better place to live.

For more information, contact Barrett Brewer, Chair of the Grant County Community Foundation, barrettbrewer@mac.com, 575-525-4747.



SilcoTheatre
The renovation of the Silco Theater is a major economic development and historic preservation project in Silver City. Give Grandly hopes to help through its work for Silver City Main-Street.

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Red or Green?

Southwest New Mexico's best restaurant guide.

Red or Green? is Desert Exposure's guide to dining in southwest New Mexico. The listings here—a sampling of our complete and recently completely updated guide online at www.desertexposure.com—include some of our favorites and restaurants we've recently reviewed. We emphasize non-national-chain restaurants with sit-down, table service.

With each listing, we include a brief categorization of the type of cuisine plus what meals are served: B=Breakfast; L=Lunch; D=Dinner. Unless otherwise noted, restaurants are open seven days a week. Call for exact hours, which change frequently. All phone numbers are area code 575 except as specified. We also note with a star (*) restaurants where you can pick up copies of Desert Exposure.

If we've recently reviewed a restaurant, you'll find

a brief capsule of our review and a notation of which issue it originally appeared in. Stories from all back issues of Desert Exposure from January 2005 on are available on our Web site.

Though every effort has been made to make these listings complete and up-to-date, errors and omissions are inevitable and restaurants may make changes after this issue goes to press. That's why we urge you to help us make Red or Green? even better. Drop a note to Red or Green? c/o Desert Exposure, 840 N. Telshor Blvd., Ste. E, Las Cruces NM 88001, or email editor@desertexposure.com.

Remember, these print listings represent only highlights. You can always find the complete, updated Red or Green? guide online at www.desertexposure.com. Bon appétit!

GRANT COUNTY Silver City

ADOBE SPRINGS CAFÉ, 1617 Silver Heights Blvd., 538-3665. "Under new ownership and refocusing on what has made it a longtime Silver City favorite: excellent breakfasts and lunches." (April 2011) Breakfast items, burgers, sandwiches: Mon.-Thur. B L, Sat. & Sun. B L D.*

ALOTTA GELATO, 619 N. Bullard St., 534-4995. Gelato, desserts and hot drinks: All day.*

BILLY'S WILD WEST BBQ & STEAKHOUSE, Hwy 180E, 388-1367. "A freewheeling mixture of barbecued ribs and brisket, freshly made pasta and pizzas baked in a genuine Italian brick oven featuring a wide range of innovative toppings." (November 2010) Barbecue, steak, pasta, pizza: Tues.-Fri. D. Sat. L D. Italian nights Weds., Sat.*

BRYAN'S PIT BARBECUE, Mimbres Valley Self Storage and RV Park, (660) 247-3151 or (660) 247-3160. "Authentic Southern-style barbecue.... Brisket, pork ribs, chicken and sausage dinners, pulled pork and chopped brisket sandwiches." (August 2010). Now also BBQ tenderloin and smoked turkey. Barbecue: L D.

CAFÉ OSO AZUL AT BEAR MOUNTAIN LODGE, 60 Bear Mountain Ranch Road, 538-2538. "Bear Mountain Lodge blends food, art and natural beauty into a memorable experience that pleases all the senses.... The menu changes daily, with entrées that are always imaginative and tasty—comfort food in a form that most of our mothers would never have thought of producing." (March 2011) B L, special D by reservation only.*

CHINESE PALACE, 1010 Highway 180E, 538-9300. "All the food is cooked to order. This means that not only does every dish arrive at the table freshly cooked and steaming, but also that you can tailor any dish to suit your taste." (October 2012) Chinese: Mon.-Fri. L D.

COURTYARD CAFÉ, Gila Regional Medical Center, 538-4094. American: B L, with special brunch Sundays.*

CURIOUS KUMQUAT, 111 E. College Ave., 534-0337. "A hotspot of modern culinary innovation. Lunch features soups, salads and sandwiches. Dinners are elaborate, imaginative, exotic five-course culinary creations. Entrées always include vegetarian and vegan options... plus others determined by what local ranchers have available." (July 2010) Contemporary: Mon. L, Tues.-Sat. L D.*

DIANE'S RESTAURANT, 510 N. Bullard St., 538-8722. "Always evolving, always interesting, Diane's has it all." (Sept. 2013) Fine dining (D), steaks, seafood, pasta, sandwiches (L), salads: Tues.-Sat. L D, Sun. D only (family-style), weekend brunch.

DIANE'S BAKERY & DELI, The Hub, Suite A, Bullard St., 534-9229. "Always evolving, always interesting, Diane's has it all." (Sept. 2013) Artisan breads, sand-

wiches, deli, baked goods: Mon.-Sat. B L early D, Sun. B L.*

DON JUAN'S BURRITOS, 418 Silver Heights Blvd., 538-5440. Mexican: B L.

DRIFTER PANCAKE HOUSE, 711 Silver Heights Blvd., 538-2916. Breakfast, American: B L, breakfast served throughout.

EL GALLO PINTO, 901 N. Hudson St., 597-4559. "Breakfast dishes are served all day, along with all the other traditional Mexican favorites like burritos (with a long list of filling options)... plus a vertical grill cooks sizzling chicken and carne al pastor." (October 2013) Mexican: Mon.-Sat. B L D, Sun. B L.

GIL-A BEANS, 1304 N. Bennett St. Coffeeshop.*

GOLDEN STAR, 1602 Silver Heights Blvd., 388-2323. "If you sometimes long for the guilty pleasures of the Chinese food served at a mall food court—think Panda Express—or just want your wontons without waiting, there's good news.... Normal appetites will find the three-item combo tough to finish, so plan on leftovers whether you're eating in or taking out. All of it's plenty tasty, and you can enjoy it just like in the food court." (February 2007) Chinese: L D.

GRANDMA'S CAFÉ, 900 Silver Heights Blvd., 388-2627. American, Mexican: B L.*

GREEN TURTLE NOSHERY, 601 N. Bullard St. in The Hub, 200-6895. "The menu varies somewhat from day to day, and reflects the seasonal availability of local fruits and vegetables. Most of the items on the menu are vegetarian, but several non-vegetarian dishes have turned out to be popular and are likely to remain regular options." (July 2014) Baked goods, organic breakfast and lunch items: Thurs.-Sat. B L, Sun. B L brunch.

GRINDER MILL, 403 W. College Ave., 538-3366. Mexican: B L D.*

HEALTHY EATS, 303 E. 13th St., 534-9404. Sandwiches, burritos, salads, smoothies: L.

JALISCO CAFÉ, 100 S. Bullard St., 388-2060. "Four generations of the Mesa family who have been involved in a restaurant that remains family-friendly." (June 2014) Mexican: Mon.-Sat. L D.

JAVALINA COFFEE HOUSE, 117 Market St., 388-1350. Coffeeshop.*

KOUNTRY KITCHEN, 1700 Mountain View Road, 388-4512. "Since 1978, Kountry Kitchen has been serving up Mexican food that is considered to be some of the best that can be found in the area. All the dishes are tasty, unpretentious, attractively presented and reasonably priced." (February 2013) Mexican: Tues.-Sat. B L D, Mon.-Sun. B L.*

LA COCINA RESTAURANT, 201 W. College Ave., 388-8687. Mexican: L D.

LA FAMILIA, 503 N. Hudson St., 388-4600. Mexican: Tues.-Sun. B L D.*

LA MEXICANA, Hwy. 180E and Memory Lane, 534-0142. "Carrying on the legacy of unpretentious but tasty and

authentic Mexican food established many years ago at the family's restaurant in Chihuahua." (April 2013) Mexican and American: B L, closed Tues. Lion's Den, 208 W. Yankie, 654-0353. Coffeeshop.

LITTLE TOAD CREEK BREWERY & DISTILLERY, 200 N. Bullard St., 956-6144. "The menu offers what they call 'pub food'—but always with a bit of a twist." (March 2014) Burgers, wings, salads, fish, pasta, craft beers and cocktails: Weds.-Mon. L D.*

MEXICO VIEJO, Hwy. 90 and Broadway. "A remarkably extensive menu for a small roadside food vending stand, and the dishes are not what one normally finds in other Mexican restaurants." (July 2013) Mexican food stand: Mon.-Sat. B L early D.

MI CASITA, 2340 Bosworth Dr., 538-5533. New Mexican cuisine: Mon.-Thurs. L, Fri. L D.

MILLIE'S BAKE HOUSE, 215 W. Yankie, 597-2253. "The food is oven-fresh and innovative." (November 2012) Soup, salads, sandwiches, baked goods: Tues.-Sat.*

NANCY'S SILVER CAFÉ, 514 N. Bullard St., 388-3480. Mexican: Mon.-Sat. B L D.

THE PARLOR AT DIANE'S, 510 N. Bullard St., 538-8722. "Always evolving, always interesting, Diane's has it all." (Sept. 2013) Burgers, sandwiches, homemade pizzas, paninis: Tues.-Sun. L D.

PRETTY SWEET EMPORIUM, 312 N. Bullard St., 388-8600. Dessert, ice cream: Mon.-Sat.*

Q'S SOUTHERN BISTRO AND BREWERY, 101 E. College Ave., 534-4401. "Q's Southern Bistro has found its niche and honed its 'elevated pub' menu to excellence to serve its fun-loving, casual dining crowd." (October 2010) American, steaks, barbecue, brewpub: Mon.-Sat. L D.

RED BARN STEAKHOUSE, 708 Silver Heights Blvd., 538-5666. Steakhouse: L D.*

SABOR, 1700 Mountain View Road, 388-2737. Mexican, sandwiches: B L D.

SHEVEK & Co., 602 N. Bullard St., 534-9168. "If sampling new types of food is part of the adventure of traveling for you, you only have to go as far as Shevek & Co. Restaurant in Silver City to take a culinary tour around the world." (May 2013) Mediterranean: Fri.-Tues. D.*

SILVER BOWLING CENTER CAFÉ, 2020 Memory Lane, 538-3612. American, Mexican, hamburgers: L D.*

STREETSIDE FOOD, College and Bullard. "Its menu rarely offers more than three or four items on any particular day, yet it features an eclectic variety of food from all over the world on a revolving basis." (October 2014) Fusion: Mon.-Sat. L.

SUNRISE ESPRESSO, 1530 N. Hudson, 388-2027. Coffeeshop: Mon.-Sat. B L, early D.

SUNRISE ESPRESSO, 1212 E. 32nd St.,

RED OR GREEN? continued after next page

534-9565. Coffeeshop, bakery: Mon.-Fri. B L, early D, Sat. B L only.*

TERRY’S ORIGINAL BARBEQUE, Hwy. 180 and Ranch Club Road. Barbeque to go: L D.

THREE DOGS COFFEEHOUSE, 503 N. Bullard St. Coffeeshop, baked goods, sandwiches, wraps: B L.*

TRE ROSAT CAFÉ, 304 N. Bullard St., 654-4919. “The menu ranges from humbler (but not humdrum) fare like burgers, pizzas (at lunch and happy hour) and pastas to seasonal specials like duck confit, rabbit blanquette and Elk osso buco.” (August 2012) International eclectic: Mon.-Sat. L, D.*

VICKI’S EATERY, 315 N. Texas, 388-5430. “Sandwiches both cold and grilled, wraps and salads that satisfy in a homey yet sophisticated way. Don’t miss the German potato salad.” (Dec. 2009) American: Mon.-Fri. L, Sat. B L, Sun. B (to 2 p.m.).*

WRANGLER’S BAR & GRILL, 2005 Hwy. 180E, 538-4387. Steak, burgers, appetizers, salads: L D.*

YANKIE CREEK COFFEE HOUSE, 112 W. Yankie St. Coffeeshop, coffee, home-made pastries and ice cream, fresh fruit smoothies.*

Bayard

FIDENCIO’S TACO SHOP, 1108 Tom Foy Blvd. Mexican: B L D.

LITTLE NISHA’S, 1101 Tom Foy Blvd., 537-3526. Mexican: Wed.-Sun. B L D.

LOS COMPAS, 1203 Tom Foy Blvd, 654-4109. Sonoran-style Mexican, hot dogs, portos, menudo: L D.

M & A BAYARD CAFÉ, 1101 N. Central Ave., 537-2251. “A down-to-earth, friendly, unpretentious place—kind of a cross between a Mexican cantina and a 1950s home-style diner, serving tasty, no-frills Mexican and American food at reasonable prices.” (October 2011) Mexican and American: Mon.-Fri. B L D.

SPANISH CAFÉ, 106 Central Ave., 537-2640. Mexican, tamales and menudo (takeout only): B.

SUGAR SHACK, 1102 Tom Foy Blvd., 537-0500. Mexican: Sun.-Fri. B L.

Cliff

D’S CAFÉ, 8409 Hwy 180. Breakfast dishes, burritos, burgers, weekend smoked meats and ribs: Thurs.-Sun. B L.

PARKEY’S, 8414 Hwy. 180W, 535-4000. Coffeeshop: Mon.-Sat.

Lake Roberts

LITTLE TOAD CREEK INN & TAVERN, 1122 Hwy. 35, 536-9649. “Rustic gourmet’... designed to appeal to the eyes as well as the taste buds. And this is true of the items on the brunch menu, as well as those on the very different dinner menu.” (June 2012). Steaks, sandwiches, American: Thurs.-Fri. D, Sat.-Sun. brunch and D. Tavern with soups, sandwiches, Scotch eggs: Daily L D.

SPIRIT CANYON LODGE & CAFÉ, 684 Hwy. 35, 536-9459. “For the German sampler, café customers can choose two meat options from a revolving selection that may include on any given day three or four of the following: bratwurst, roast pork, schnitzel (a thin breaded and fried

pork chop), sauerbraten (marinated roast of beef), stuffed cabbage leaves, or roladen (rolled beef with a sausage and onion filling).” (July 2011) German specialties, American lunch and dinner entrées: Saturday midday D.

Mimbres

ELK X-ING CAFÉ, (352) 212-0448. Home-style meals, sandwiches and desserts: B L.

MIMBRES VALLEY CAFÉ, 2964 Hwy. 35, 536-2857. Mexican, American, burgers: Mon.-Tues. B L, Wed.-Sun. B L D, with Japanese tempura Wed. D.

RESTAURANT DEL SOL, 2676 Hwy. 35, San Lorenzo. “Popular and unpretentious food, powered by a huge solar system.” (April 2014) Breakfasts, burgers, sandwiches, Mexican: Daily B L early D.

3 QUESTIONS COFFEE HOUSE, Hwy. 35, 536-3267. “Consistently good food based on the success of the family’s Living Harvest Bakery.” (December 2013) Buffet: Tues.-Sat. B L.

Pinos Altos

BUCKHORN SALOON AND OPERA HOUSE, Main Street, 538-9911. Steakhouse, pasta, burgers: Mon.-Sat. D.

DOÑA ANA COUNTY

Las Cruces & Mesilla

ABRAHAM’S BANK TOWER RESTAURANT, 500 S. Main St. #434, 523-5911. American: Mon.-Fri. B L.

A DONG, 504 E. Amador Ave., 527-9248. Vietnamese: L D.

ANDELE’S DOG HOUSE, 2184 Avenida de Mesilla, 526-1271. Mexican plus hot dogs, burgers, quesadillas: B L D.

ANDELE RESTAURANTE, 1950 Calle del Norte, 526-9631. Mexican: Mon. B L, Tues.-Sun. B L D.

ANTONIO’S RESTAURANT & PIZZERIA, 5195 Bataan Memorial West, 373-0222. Pizza, Italian, Mexican: Tues.-Sun. L D.

AQUA REEF, 900-B S. Telshor, 522-7333. “Las Cruces’ smashing, elegant sushi restaurant is more than dinner—it’s a dining adventure.... Though Aqua Reef bills itself as serving ‘Euro-Asian cuisine,’ the menu feels (delightfully!) hard-core Asian, excelling in the fresh and raw.” (April 2008) Asian, sushi: D.

THE BEAN, 2011 Avenida de Mesilla, 523-0560. Coffeehouse.

A BITE OF BELGIUM, 741 N. Alameda St., 527-2483. Belgian food: Mon.-Fri. B L.

BLUE MOON, 13060 N. Valley Dr., 647-9524. Bar, burgers: Sat.-Sun. L D.

BOBA CAFÉ, 1900 S. Espina, Ste. 8, 647-5900. Sandwiches, salads, casual fare, espresso: Mon.-Sat. L D.*

BRAVO’S CAFÉ, 3205 S. Main St., 526-8604. Mexican: Tues.-Sun. B L.

BURGER NOOK, 1204 E. Madrid Ave., 523-9806. Burgers: Tues.-Sat. L D.

BURRITOS VICTORIA, 1295 El Paseo Road, 541-5534. Burritos: B L D.

CAFÉ AGOGO, 1120 Commerce Dr., Suite A, 636-4580. Asian, American, sandwich, salad, rice bowl: Mon.-Sat. L D.

CAFÉ DE MESILLA EN LA PLAZA, 2051 Calle de Santiago, 652-3019. Coffee-

house, deli, pastries, soups, sandwiches: B L early D.

CARILLO’S CAFÉ, 330 S. Church, 523-9913. Mexican, American: Mon.-Sat. L D.

CATTLEMAN’S STEAKHOUSE, 2375 Bataan Memorial Hwy., 382-9051. Steakhouse: D.

CHA CHI’S RESTAURANT, 2460 S. Locust St #A, 522-7322. Mexican: B L D.

CHILITOS, 2405 S. Valley Dr., 526-4184. Mexican: Mon.-Sat. B L D.

CHILITOS, 3850 Foothills Rd. Ste. 10, 532-0141. Mexican: B L D.

CHINA EXPRESS, 2443 N. Main St., 525-9411. Chinese, Vietnamese: L D.

CHINESE KITCHEN, 2801 Missouri #29, 521-3802. Chinese: L D.

CIROS MEXICAN RESTAURANT, 160 W. Picacho Ave., 541-0341. Mexican: B L D.

CRAVINGS CAFÉ, 3115 N. Main St., 323-3353. Burgers, sandwiches, wraps, egg dishes, salads: B L.

DAY’S HAMBURGERS, Water & Las Cruces St., 523-8665. Burgers: Mon.-Sat. L D.

DE LA VEGA’S PECAN GRILL & BREWERY, 500 S. Telshor Blvd., 521-1099. “The restaurant uses local produce whenever possible, including the pecan wood pellets used in the smoking and grilling. A lot of the foods and drinks are infused with pecans, and also with green chiles from Hatch, processed on site. They even serve green chile vodka and green chile beer.” (February 2010) Pecan-smoked meats, sandwiches, steaks, seafood, craft beers: L D.

DELICIAS DEL MAR, 1401 El Paseo, 524-2396. Mexican, seafood: B L D.

DG’S UNIVERSITY DELI, 1305 E. University Ave., 522-8409. Deli: B L D.

DICK’S CAFÉ, 2305 S. Valley Dr., 524-1360. Mexican, burgers: Sun. B L, Mon.-Sat. B L D.

DION’S PIZZA, 3950 E. Lohman, 521-3434. Pizza: L D.

DOUBLE EAGLE, 2355 Calle De Guadalupe, 523-6700. “All the steaks are aged on the premises in the restaurant’s own dedicated beef aging room... An array of award-winning margaritas and deliciously decadent desserts.” (March 2012) Southwestern, steaks, seafood: L D, Sun. champagne brunch buffet.*

DUBLIN STREET PUB, 1745 E. University Ave., 522-0932. Irish, American: L D.

EL PATRON CAFÉ, 1103 S. Solano Dr. Mexican: Tues.-Thur., Sun. B L, Fri.-Sat. B L early D.

EL SOMBRERO PATIO CAFÉ, 363 S. Espina St., 524-9911. Mexican: L D.

EL TIBURON, 504 E. Amador, 647-4233. Mexican, seafood, steak: L D.

EMILIA’S, 2290 Calle de Parian, 652-3007. Burgers, Mexican, soup, sandwiches, pastry, juices, smoothies: L D.

ENRIQUE’S, 830 W. Picacho, 647-0240. Mexican: B L D.

FARLEY’S, 3499 Foothills Rd., 522-0466. Pizza, burgers, American, Mexican: L D.

FIDENCIO’S, 800 S. Telshor, 532-5624. Mexican: B L D.

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RED OR GREEN? continued

FOOD FOR THOUGHT, 920 N. ALAMEDA AVE., 635-7857. HEALTH FOOD, SOUP, SANDWICHES, JUICES, SMOOTHIES: MON.-FRI. B L, EARLY D. SAT. B L.

FORK IN THE ROAD, 202 N. Motel Blvd., 527-7400. Buffet: B L D 24 hrs.

GAME BAR & GRILL, 2605 S. Espina, 524-GAME. Sports bar and grill: L D.

GARDUÑO'S, 705 S. Telshor (Hotel Encanto), 522-4300. Mexican: B L D.

GO BURGER DRIVE-IN, 1008 E. Lohman, 524-9251. Burgers, Mexican: Mon.-Fri. B L.

GOLDEN STAR CHINESE FAST FOOD, 1420 El Paseo, 523-2828. Chinese: L D.

GRANDY'S COUNTRY COOKING, 1345 El Paseo Rd., 526-4803. American: B L D.

GUACAMOLE'S BAR AND GRILL, 3995 W. Picacho Ave., 525-9115. Burgers, pizza, salads, sandwiches, Hawaiian appetizers: L D.

HABANERO'S 600 E. AMADOR AVE., 524-1829. Fresh Mexican, Because good food shouldn't be bad for you: B L D.

HIGH DESERT BREWING COMPANY, 1201 W. Hadley Ave., 525-6752. Brew pub: L D.*

INTERNATIONAL DELIGHTS, 1245 El Paseo Rd., 647-5956. Greek and International: B L D.

JAPANESE KITCHEN, 141 Roadrunner Parkway, 521-3555. Japanese: L D.

J.C. TORTAS, 1196 W. Picacho Ave., 647-1408. Mexican: L D.

JESSE'S KANSAS CITY BBQ, 230 S. Church, 522-3662. Barbecue: Mon., Tue., Thurs-Sat. L D.

JOSE MURPHY'S, 1201 E. Amador (inside Ten Pin Alleys), 541-4064. Mexican, American: L D.

JOSEFINA'S OLD GATE CAFE, 2261 Calle de Guadalupe, 525-2620. "A delicious change of pace. There are a variety of classic deli sandwiches to choose from, all served on freshly baked bread, as well as the soup of the day in a cup or bowl, and salads." (October 2008) Pastries, soups, salads, sandwiches: Mon.-Thurs. L, Fri.-Sun. B L.

KATANA TEPPANYAKI GRILL, 1001 E. University Ave., 522-0526. Japanese: Mon.-Fri. L D, Sat. D.

KEVA JUICE, 1001 E. University, 522-4133. Smoothies, frozen yogurt: B L D.

LA COCINA, 204 E. Conway Ave., 524-3909. Mexican: Mon.-Sat. B L.

LA GUADALUPANA, 930 El Paseo Road. 523-5954. Mexican: Tues.-Sat. B L D. Sun. B L.

LA MEXICANA TORTILLERIA, 1300 N. Solano Dr, 541-9617. Mexican: L D.

LA NUEVA CASITA CAFE, 195 N. Mesquite, 523-5434. Mexican and American: B L.

LA POSTA RESTAURANT DE MESILLA, 2410 Calle De San Albino, 524-3524. "A restaurant with history hard-wired into the fiber of its being. Through building, menu and ownership, its roots extend all the way back to the 1840s." (September 2011) Mexican, steakhouse: L D, Sat.-Sun. and holidays also B.

LAS TRANCAS, 1008 S. Solano Dr., 524-1430. Mexican, steaks, burgers, fried chicken: L D, Sat.-Sun. also B.

LE RENDEZ-VOUS CAFE, 2701 W. Picacho Ave. #1, 527-0098. French pastry,

deli, sandwiches: Mon.-Sat. B L.

LET THEM EAT CAKE, 2001 E. Lohman, Suite 136, 649-8965. Cupcakes: Tues.-Sat.

LORENZO'S PAN AM, 1753 E. University Ave., 521-3505. "Homey, classic Italian fare.... Also features ravioli dishes, in half and full portions, served with salad and a basket of warm, fresh bread. Save room for dessert." (July 2008) Italian, pizza: L D.

LOS COMPAS CAFE, 6335 Bataan Memorial W., 382-2025. Mexican: B L D.

LOS COMPAS CAFE, 603 S. Nevarez St., 523-1778. Mexican: B L D.

LOS COMPAS, 1120 Commerce Dr., 521-6228. Mexican: B L D.*

LOS MARIACHIS, 754 N. Motel Blvd., 523-7058. Mexican: B L D.

MARIA'S, 1750 N. Solano Dr., 556-9571. Mexican: B L D.

MESILLA VALLEY KITCHEN, 2001 E. Lohman Ave. #103, 523-9311. American, Mexican: B L.*

MESON DE MESILLA, 1803 Avenida de Mesilla, 652-4953. Steaks, barbecue, seafood, sandwiches, salads, pasta: L D.

METROPOLITAN DELI, 1001 University Ave., 522-3354. Sandwiches: L D.

MIGUEL'S, 1140 E. Amador Ave., 647-4262. Mexican: B L D.

MI PUEBLITO, 1355 E. Idaho Ave., 524-3009. Mexican: Mon.-Fri. B L D, Sat.-Sun. B L.

MILAGRO COFFEE Y ESPRESSO, 1733 E. University Ave., 532-1042. Coffeehouse: B L D.*

MIX PACIFIC RIM CUISINE AND MIX EXPRESS, 1001 E. University Ave. #D4, 532-2042. Asian, Pacific: Mon.-Sat. L D.

MOONGATE CAFE, 9395 Bataan Memorial, 382-5744. Coffeeshop, Mexican, American: B L.

MOUNTAIN VIEW MARKET KITCHEN, 120 S. Water St., 556-9856. Sandwiches, bagels, wraps, salads and other healthy fare: Mon.-Sat.: B L early D. *

MY BROTHER'S PLACE, 334 S. Main St., 523-7681. Mexican: Mon.-Sat. L D.

NELLIE'S CAFE, 1226 W. Hadley Ave., 524-9982. Mexican: Tues.-Sat. B L.

NOPALITO RESTAURANT, 2605 Missouri Ave., 522-0440. Mexican: L D.

NOPALITO RESTAURANT, 310 S. Mesquite St., 524-0003. Mexican: Sun.-Tues., Thurs.-Sat. L D.*

OLD TOWN RESTAURANT, 1155 S. Valley Dr., 523-4586. Mexican, American: B L.*

ORIENTAL PALACE, 225 E. Idaho, 526-4864. Chinese: L D.

PAISANO CAFE, 1740 Calle de Mercado, 524-0211. Mexican: B L D.*

PANCAKE ALLEY DINER, 2146 W. Picacho Ave., 647-4836. American: B L, early D.

PEPE'S, 1405 W. Picacho, 541-0277. Mexican: B L D.

PEPPERS CAFE ON THE PLAZA (IN THE DOUBLE EAGLE RESTAURANT), 2355 Calle De Guadalupe, 523-6700. "Creative handling of traditional Southwestern dishes.... [plus] such non-Mexican entrees as Salmon Crepes and Beer Braised Beef Carbonnade." (March 2012). Southwestern: L D. *

PHO SAIGON, 1160 El Paseo Road, 652-4326. Vietnamese: L D.

PIT STOP CAFE, 361 S. Motel Blvd., 527-1993. Mexican, American, steak: Mon.-Sat. B L D.

PLAYER'S GRILL, 3000 Champions Dr. (NMSU golf course clubhouse), 646-2457. American: B L D.

PULLARO'S ITALIAN RESTAURANT, 901 W. Picacho Ave., 523-6801. Italian: L D.

Q'S, 1300 Avenida De Mesilla, 571-4350. Brewhouse with steak and pasta: L D.

RANCHWAY BARBECUE, 604 N. Valley Dr., 523-7361. Barbecue, Mexican: Mon.-Fri. B L D, Sat. D.

RASCO'S BBQ, 5580 Bataan Memorial E. (inside Shorty's gas station). Barbecued brisket, pulled pork, smoked sausage, ribs.

RED BRICK PIZZA, 2808 N. Telshor Blvd., 521-7300. Pizzas, sandwiches, salads: L D.

RENOO'S THAI RESTAURANT, 1445 W. Picacho Ave., 373-3000. Thai: Mon.-Fri. L D, Sat. D.

ROBERTO'S MEXICAN FOOD, 908 E. Amador Ave., 523-1851. Mexican: B L D.*

ROSIE'S CAFE DE MESILLA, 300 N. Main St., 526-1256. Breakfast, Mexican, burgers: Sat.-Thurs. B L, Fri. B L D.

SAENZ GORDITAS, 1700 N. Solano Dr., 527-4212. Mexican: Mon.-Sat. L D.

SANTORINI'S, 1001 E. University Ave., 521-9270. "An eclectic blend of Greek and Mediterranean dishes—gyros with different meats, such as lamb or chicken, hummus with pita, Greek salads—plus sampler plates and less-familiar items such as keftedes and pork shawarma. Vegetarian options are numerous." (July 2010) Greek, Mediterranean: Mon.-Sat. L D.

SAVOY DE MESILLA, 1800-B Avenida de Mesilla, 527-2869. "If you are adventurous with food and enjoy a fine-dining experience that is genuinely sophisticated, without pretension or snobishness, you definitely need to check out Savoy de Mesilla. The added attraction is that you can do this without spending a week's salary on any of the meals—all of which are entertainingly and delectably upscale." (March 2013) American, Continental: B L D.

THE SHED, 810 S. Valley Dr., 525-2636. American, pizza, Mexican, desserts: Wed.-Sun. B L.*

SI ITALIAN BISTRO, 523 E. Idaho, 523-1572. "The restaurant radiates homespun charm and the kind of quality that is neither snobbish nor flamboyant. The menu ranges from classic Italian entrées like Chicken Piccata, Chicken Marsala, Frutti de Mare alla Provençal, and Chicken or Melanzane Parmesan to burgers, salads, sandwiches, pizzas and pastas—all tweaked creatively in subtle and satisfying ways. Dessert offers an amazing variety of cakes, pies, cream puffs, brownies and cheesecakes." (October 2014) Italian: Mon. L, Tues.-Sat. L D.

SIMPLY TOASTED CAFE, 1702 El Paseo Road, 526-1920. Sandwiches, soups, salads: B L.

SI SEÑOR, 1551 E. Amador Ave., 527-0817. Mexican: L D.

SPANISH KITCHEN, 2960 N. Main St., 526-4275. Mexican: Mon.-Sat. B L D.



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SPIRIT WINDS COFFEE BAR, 2260 S. Locust St., 521-1222. Sandwiches, coffee, bakery: B L D.*

ST. CLAIR WINERY & BISTRO, 1720 Avenida de Mesilla, 524-0390. "A showcase for St. Clair wines... rooted in the same attention to detail, insistence on quality and customer-friendly attitude as the winery." (July 2012) Wine tasting, bistro: L D.

SUNSET GRILL, 1274 Golf Club Road (Sonoma Ranch Golf Course clubhouse), 521-1826. American, Southwestern, steak, burgers, seafood, pasta: B L D.

TERIYAKI BOWL, 2300 N. Main St., 524-2055. Japanese: Mon.-Sat. L D.

TERIYAKI CHICKEN HOUSE, 805 El Paseo Rd., 541-1696. Japanese: Mon.-Fri. L D.

THAI DELIGHT DE MESILLA, 2184 Avenida de Mesilla, 525-1900. "For the adventurous, there are traditional Thai curries, soups and appetizers to choose from, all of which can be ordered in the degree of heat that suits you.... The restaurant is clean, comfortable, casual in a classy sort of way, and totally unpretentious." (January 2011) Thai, salads, sandwiches, seafood, steaks, German: L D.*

TIFFANY'S PIZZA & GREEK AMERICAN CUISINE, 755 S. Telshor Blvd #G1, 532-5002. Pizza, Greek, deli: Tues.-Sat. B L D.*

UMP 88 GRILL, 1338 Picacho Hills Dr., 647-1455. Irish pub: L D.

VINTAGE WINES, 2461 Calle de Principal, 523-WINE. Wine and cigar bar, tapas: L D.

WOK-N-WORLD, 5192 E. Boutz, 526-0010. Chinese: Mon.-Sat. L D.

ZEFFIRO PIZZERIA NAPOLETANA, 136 N. Water St., 525-6757. "Owner Gary Ebert and his very attentive and efficient staff serve up gourmet-style pizza on hand-tossed crusts." (August 2009) Pizza, pasta, also sandwiches at adjoining Popular Artisan Bakery: Mon.-Sat. L D.

ZEFFIRO NEW YORK PIZZERIA, 101 E. University Ave., 525-6770. Pizza: L D.

Anthony ERNESTO'S MEXICAN FOOD, 200 Anthony Dr., 882-3641. Mexican: B L.

LA COCINITA, 908 W. Main Dr., 589-1468. Mexican: L.

Chapparal EL BAYO STEAK HOUSE, 417 Chaparral Dr., 824-4749. Steakhouse: Tues.-Sun. B L D.

TORTILLERIA SUSY, 661 Paloma Blanca Dr., 824-9377. Mexican: Mon.-Sat. B L D, Sun. B L.

Doña Ana BIG MIKE'S CAFÉ, Thorpe Road. Mexican, breakfasts, burgers: B L D.

Radium Springs COUNTRY CUPBOARD, 827 Fort Selden Rd., 527-4732. American: B L D.

Santa Teresa BILLY CREWS, 1200 Country Club Road, 589-2071. Steak, seafood: L D.

LUNA COUNTY Deming

ADOBE DELI, 3970 Lewis Flats Road SE, 546-0361. "The lunch menu features traditional deli-style sandwiches... The dinner menu is much grander, though some sandwiches are available then, too. Dinner options include filet mignon, flat iron steak, T-bone, ribeye, New York strip, Porterhouse, barbecued pork ribs, Duck L'Orange, Alaska King Crab legs, broiled salmon steak, shrimp scampi, pork chops, osso buco, beef kabobs." (March 2010) Bar, deli, steaks: L D.*

BALBOA MOTEL & RESTAURANT, 708 W. Pine St., 546-6473. Mexican, American: Sun.-Fri. L D.

BELSHORE RESTAURANT, 1030 E. Pine St., 546-6289. Mexican, American: Tues.-Sun. B L.

CAMPOS RESTAURANT, 105 S. Silver, 546-0095. Mexican, American, Southwestern: L D.*

CANO'S RESTAURANT, 1200 W. Pine St., 546-3181. Mexican: Mon.-Sat. L D.

CHINA RESTAURANT, 110 E. Pine St., 546-4146. "Refreshingly different from most of the Chinese restaurants you find these days in this country. Chef William Chu, who owns the restaurant and does the cooking, is committed to offering what he calls the 'fresh and authentic flavors of Chinese food.'" (August 2014) Chinese: Tues.-Sun. L D.

DEMING TRUCK TERMINAL, 1310 W. Spruce St., 544-2228. "Indian food is offered on a separate menu and you have to ask for that menu. The list of dishes is not very long, but the spices and flavor of the dishes that are offered are authentically Indian." (November 2013) American, Mexican, Indian: B L D, Sun. L buffet.

EL CAMINO REAL, 900 W. Pine St., 546-7421. Mexican, American: B L D.

ELISA'S HOUSE OF PIES AND RESTAURANT, 208 1/2 S. Silver Alley, 494-4639. "The southern-style fare is a savory prelude to 35 flavors of pie." (April 2012) American, barbecue, sandwiches, pies: Mon.-Sat. L D. *

EL MIRADOR, 510 E. Pine St., 544-7340. Mexican: Mon.-Sat. B L D.

"FORGHEDABOUTIT" PIZZA & WINGS, 115 N. Silver Ave., 275-3881. "Direct from New York City, Bob Yacone and his wife, Kim Duncan, have recreated an authentic-style New York pizza parlor." (June 2013) Italian, pizza, wings: Mon.-Sat. L D, Sun. D.

GOLDEN SUN STAR, 500 E. Cedar St., 544-0689. Chinese: L D.

GRAND MOTOR INN & LOUNGE, 1721 E. Pine, 546-2632. Mexican, steak, seafood: B L D.

IRMA'S, 123 S. Silver Ave., 544-4580. Mexican, American, seafood: B L D.

LA BELLA LUNA, 110 S. Silver, 544-3100. "Even if you think you don't like Italian food, you might want to try this family-run enterprise, with Harold and Palma Richmond at the helm. In addition to the name, Palma brings to the restaurant her Sicilian heritage and recipes that came to the United States with her grandmother. Harold brings training in classic Continental cuisine, along with his family's New England food traditions." (Sept. 2010) Italian: L D. Sat. prime rib, Sun. buffet.*

LA FONDA, 601 E. Pine St., 546-0465. Mexican: B L D.*

LAS CAZUELAS, 108 N. Platinum Ave.

RED OR GREEN? continued on next page



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Saturday 9:00 am

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Right on Peterson Dr. 2 blocks to the church on the right.

Come out for worship service every Sabbath
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March Presenters

March 7: TBA
March 14: Norma Gonzalez
March 21: Joseph Gonzalez
March 28: Pastor Quiniones

RED OR GREEN? continued

(inside El Rey meat market), 544-8432. “This gem of a restaurant turns out perfectly cooked steaks and seafood, as well as a full line of Mexican fare.” (June 2011) Steaks, seafood, Mexican: Tues.-Sat. L D.*

MANGO MADDIE’S, 722 E. Florida St., 546-3345. Salads, sandwiches, juice bar, coffee drinks.

MANOLO’S CAFÉ, 120 N. Granite St., 546-0405. “The menu offers breakfast, lunch and dinner choices, and it’s difficult to convey the immense range of food options available. In every section of the menu, there’s a mixture of American-style ‘comfort’ food items and Southwest-style Mexican dishes which no doubt qualify as Hispanic ‘comfort’ food. There’s nothing particularly fancy about the food, but it’s fresh and tasty. And the prices are reasonable.” (February 2012) Mexican, American: Mon.-Sat. B L D, Sun. B L.

PATIO CAFÉ, 1521 Columbus Road, 546-5990. Burg-

ers, American: Mon.-Sat. L D.*

PRIME RIB GRILL (INSIDE HOLIDAY INN), I-10 exit 85, 546-2661. Steak, seafood, Mexican: B D.

RANCHER’S GRILL, 316 E. Cedar St., 546-8883. Steakhouse, burgers: L D.*

SI SEÑOR, 200 E. Pine St., 546-3938. Mexican: Mon.-Sat. B L D, Sun. B L.

SUNRISE KITCHEN, 1409 S. Columbus Road, 544-7795. “Good-quality comfort food. There’s nothing on the menu that is really exotic. But all the familiar dishes, both American and Mexican, are done well, and it’s that care in preparation that lifts the food above the ordinary. This is not a freezer-to-fryer type of restaurant.” (September 2012) American, Mexican, breakfasts: Mon.-Thur. B L, Fri. B L D.

TACOS MIRASOL, 323 E. Pine St., 544-0646. Mexican: Mon., Wed.-Sat. B L D, Tues. B L.

TOCAYO’S MEXICAN RESTAURANT, 1601 E. Pine St., 567-1963. Mexican, dine in or take out: Mon.-Sat. B L D, Sun. B L.



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Menu: Corned Beef and Cabbage with all the trimmings
Dinner Entertainment by Gila Highlanders

For more information call 538-5754 or 597-0065

Akela
APACHE HOMELANDS RESTAURANT, I-10. Burgers, ribs, “casino-style” food: B L D.*

Columbus
PATIO CAFÉ, 23 Broadway, 531-2495. Burgers, American: B L.*

HIDALGO COUNTY
Lordsburg
EL CHARRO RESTAURANT, 209 S. P Blvd., 542-3400. Mexican: B L D.
FIDENCIO’S, 604 E. Motel Dr., 542-8989. Mexican: B L early D.
KRANBERRY’S FAMILY RESTAURANT, 1405 Main St., 542-9400. Mexican, American: B L D.
MAMA ROSA’S PIZZA, 1312 Main St., 542-8400. Pizza, subs, calzones, salads, chicken wings, cheeseburgers, shrimp baskets: L D.
RAMONA’S CAFÉ, 904 E. Motel Dr., 542-3030. “Lordsburg’s quit Mexican food treasure offers some unusual takes on traditional recipes.” (December 2012) Mexican, American: Tues.-Fri. B L D, Sun. B mid-day D.

Animas
PANTHER TRACKS CAFÉ, Hwy. 338, 548-2444. Burgers, Mexican, American: Mon.-Fri. B L D

Rodeo
RODEO STORE AND CAFÉ. 195 Hwy. 80. 557-2295. Coffeeshop food: Mon.-Sat. B L.
RODEO TAVERN, 557-2229. Shrimp, fried chicken, steaks, burgers, seafood: Weds.-Sat. D.

CATRON COUNTY
Reserve
ADOBE CAFÉ, Hwy. 12 & Hwy. 180, 533-6146. Deli, American, Mon. pizza, Sunday BBQ ribs: Sun.-Mon. B L D, Wed.-Fri. B L.
BLACK GOLD, 98 Main St., 533-6538. Coffeeshop, pastries.
CARMEN’S, 101 Main St., 533-6990. Mexican, American: B L D.
ELLA’S CAFÉ, 533-6111. American: B L D.
UNCLE BILL’S BAR, 230 N. Main St., 533-6369. Pizza: Mon.-Sat. L D.

Glenwood
ALMA GRILL, Hwy. 180, 539-2233. Breakfast, sandwiches, burgers, Mexican: Sun.-Weds., Fri.-Sat. B L.
GOLDEN GIRLS CAFÉ, Hwy. 180, 539-2457. Breakfast: B.
MARIO’S PIZZA, Hwy. 180, 539-2316. “This unpretentious eatery serves up better pizza than you’ll find in many a big city.” (Nov. 2008) Italian: Mon.-Tues., Fri.-Sat. D.

Other Catron County
SNUFFY’S STEAKHOUSE AND SALOON, Quemado Lake, 773-4672. Steakhouse: D (Dec.-April: closed Mon.-Tues.)

SIERRA COUNTY
Hillsboro
BARBER SHOP CAFÉ, Main St., 895-5283. American, Mediterranean, sandwiches: Thurs.-Sat. L.
HILLSBORO GENERAL STORE & CAFÉ, 100 Main St., 895-5306. American and Southwestern: Sun.-Wed., Fri.-Sat. B L.

NOTE—Restaurant hours and meals served vary by day of the week and change frequently; call ahead to make sure. Key to abbreviations: B=Breakfast; L=Lunch; D=Dinner.*=Find copies of *Desert Exposure* here. Send updates, additions and corrections to: updates@red-or-green.com.

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Dozer

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Shelly

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Nautica

Male DSH/1 year old

Atticus

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*For all the countless hours you've
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March 30, 2015



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Medical Center**

40 DAYS & 40 NIGHTS

What’s Going on in March

Wearing of the white, the green and the rainbow

MARCH
SUNDAY

Silver City/Grant County

1 OPEN MIC NIGHT – 6-9 p.m. Diane’s Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

Las Cruces/Mesilla

A GRAND NIGHT FOR SINGING! – 7 p.m. El Paso Opera Young Artists Program presents an evening of song, from light opera to musical theater. \$25, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

MONDAY

Silver City/Grant County

2 LAUGHTER CLUB – 11:15-11:45 a.m. Use the physical act of laughter to enhance your health. No jokes are used but lots of breathing, laughing and clapping. There is no cost, this club is sponsored by the Active & Alive program. Episcopal Church of the Good Shepherd, 615 N. Texas St.

OPEN MIC NIGHT – 7 p.m. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhorn-saloonandoperahouse.com.

TUESDAY

Silver City/Grant County

3 SWNM Quilters Guild – 9:30 a.m. Southwest New Mexico Quilters Guild meet the first Tuesday of every month at the Grant County Extension Office, 2610 N. Silver St. Guests and prospective members welcome always. 534-0440, hoosierhoney@sisna.com or 388-8161, nevadablue43@centurylink.net.

INTERNATIONAL FOLK DANCING – 6-7:30 p.m. Silver City International Folk Dancing meets every first and third Tuesday at the Unitarian Fellowship Building, 3845 North Swan St.

MOUNTAIN BIKE RIDE – 5:15 p.m. Little Walnut Picnic Grounds. Carpool out and meet up for 1.5 hours of riding. Level of difficulty: intermediate.

GEEKS WHO DRINK TRIVIA NIGHT – 7 p.m. Join our quizmaster, Jaime Ramirez for the best trivia around. FREE to play, with lots of prizes. Watering Hole Lounge, 708 Silver Heights Blvd., 538-5666.

Las Cruces/Mesilla

EVERY OTHER TUESDAY – 6:30 p.m. Bruce Carlson, singer-songwriter, acoustic guitarist. Free, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

40 DAYS & 40 NIGHTS continued on next page

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Thu 3/12 Champagne With Friends (Funky Rock from Austin/Charleston, SC)

Sat 3/14 Emby Alexander (Alt-Rock from Phoenix)

Tue 3/17 St. Patrick's Day with The O'Keefe Bros. (Irish Fiddle Music from 7-10pm)

Thu 3/19 Radio La Chusma (Latin/Reggae from El Paso)

Sat 3/21 Left Coast Country (Portland)

Thu 3/26 Tiffany Christopher (One-Woman Band)

Sat 3/28 DeltaPhonic (Funky Rock from New Orleans)

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Thu 4/2 Gleewood (Ruidoso Country/Folk duo)

Sat 4/9 Brendan Bulgerand & The Sprigs (Ireland)

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40 DAYS & 40 NIGHTS continued

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LUCID SEEING – 7-9 p.m. Photo program by Dale Dombrowski, Doña Ana Photography Club, SW Environmental Center, 275 N. Main St., 7-9 p.m., www.daphotoclub.org, 575-522-1691.

WEDNESDAY

Silver City/Grant County
4 STORYTIME – 10:30-11:30 a.m. All ages welcome. Read, listen, sing, move at the Silver City Public Library, 515 W. College Ave.
LEGO CLUB – 4-5 p.m. Ages 4-9. Silver City Public Library, 515 W. College Ave.
BRYON TRAMMEL – 6-9 p.m. Acoustic and electric jazz, standards, Latin, and originals. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandopera-

house.com.
DANE & EDIE – 6-8 p.m. Live music at Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.
TRIVIA NIGHT – 7-8:30 p.m. Quizmaster Josh White leads the fun, with bar food, beer, wine and no cover charge. Little Toad Creek Brewery & Distillery, 200 N. Bullard St., 956-6144.

THURSDAY

Silver City/Grant County
5 BROWN BAG PROGRAM – Noon to 1 p.m. The Grant County Rebellion of 1876 with Melvyn Gelb, Silver City Museum Annex, 302 W. Broadway, 538-5921, www.silvercitymuseum.org.
GILAWRITERS EXPRESSIVE WRITING GROUP – 2-4 p.m. Writers of all levels welcome. Sponsored by the Southwest Festival of the Written Word at www.swwordfiesta-

org and the Silver City Public Library, 515 W. College Ave., trish.heck@gmail.com, 534-0207.
STIR AND SIMMER ROAD RIDE – 5 p.m. Meet at Gila Hike and Bike for the weekly road ride. 103 E. College Ave. Level of difficulty: Intermediate and up.

ARTIST LECTURE SERIES – 6:30 p.m. Silver City painter and printmaker Victoria Chick will discuss her work in the final lecture of the Mimbres Region Arts Council series. Parotti Hall, 1000 W. College Ave., WNMU, 538-2505.

Las Cruces/Mesilla
OTHER DESERT CITIES

– 7:30 p.m. American Southwest Theatre Company and NMSU present this award-winning play about a family that gathers to celebrate Christmas, but soon realizes things are about to change forever. Brooke is about to expose a decades old family secret by publishing a memoir. \$10-17, 646-4515 or 646-1420. NMSU Center for the Arts, 1000 E. University Ave. This production contains adult content.

FRIDAY

Silver City/Grant County
6 POPCORN FRIDAYS – Fridays in March. Free popcorn and other food samples. Silver City Food Co-op, 520 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.
SWNM AUDUBON – 7 p.m. Guest speaker Mike Natharuis from the For-



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Tuesday..... 5pm-8:30pm

Wednesday..... CLOSED

Thursday..... CLOSED

Friday..... 5pm-9:00pm

Saturday..... 5pm-9:00pm

Sunday..... 5pm-8:30pm



est Service discusses post fire recovery results from the Silver and Whitewater/Baldy Fires. WNMU Harlan Hall, Alabama & 12th streets, 575-388-2386, www.swnmaudubon.org.

TRUTH – 7 p.m. Special screening of sci-fi thriller shot in Silver City and created by southern New Mexicans. A Q&A with the filmmakers and actors will follow. Light Hall Auditorium, WNMU campus, 1000 College Ave. Tickets \$5, WNMU students are free with valid ID, 538-6300, www.movies.wnmu.edu, www.whatisthetruthmovie.com.

MICHY & ME – 7:30 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bul-lard, 956-6144.

Las Cruces/Mesilla

RHODA WINTERS - 5-7 p.m. Reception for artist of colorful acrylic works. Free, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

CANTERBURY TALES – 7 p.m. A Chil-dren’s Theatre of the Mesilla Valley presents Geoffery Chaucer’s rollicking travelogue about a group of pilgrims in the Middle Ages. \$7, Rio Grande The-atre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

FOXCATCHER – Oscar-nominated Steve Carrell in a movie ostensibly about wres-tling, but more about hyper-competitive men. Showtimes 7:30 p.m. nightly, 1:30 p.m. Saturday and 2:30 p.m. Sunday through Feb. 26, Fountain Theatre, 2469 Calle de Guadalupe, www.mesil-lavalleyfilm.org, 524-8287.

OTHER DESERT CITIES – 7:30 p.m. Amer-ican Southwest Theatre Company and NMSU present this award-winning play about a family that gathers to celebrate Christmas, but soon realizes things are about to change forever. Brooke is about to expose a decades old family secret by publishing a memoir. \$10-17, 646-4515 or 646-1420. NMSU Center for the Arts, 1000 E. University Ave. This production contains adult content.

RECREATIONAL LIVING – 8 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

Deming/Luna County

DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SATURDAY
Silver City/Grant County

7SWNM AUDUBON FIELD TRIP – 7 a.m. Prehistoric Trackways National Monument. A BLM guide will lead a 2-3 hour hike through various areas of the park. Meet in the WNMU-FACT parking lot. Bring water, lunch or snacks, weath-er appropriate clothing and sturdy walk-ing/hiking shoes, k.beck.56@icloud.com, 575-388-2386.

MOUNTAIN BIKE RIDE – 9 a.m. Meet and carpool from Gila Hike and Bike, 103 E College Ave. 3 hours or so of something stellar. Course to be an-nounced. Experience necessary – level of difficulty: hard.

TRUTH – 7 p.m. Special screening of sci-fi thriller shot in Silver City and cre-ated by southern New Mexicans. A Q&A with the filmmakers and actors will follow. Light Hall Auditorium, WNMU campus, 1000 College Ave. Tickets \$5, WNMU students are free with valid ID, 538-6300, www.movies.wnmu.edu, www.whatisthetruthmovie.com.

AMOS TORRES – 7 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bul-lard, 956-6144.

Las Cruces/Mesilla

HOME & GARDEN SHOW – 9 a.m.-5 p.m. The Las Cruces Home Builders Association presents its annual event, featuring vendors of all things home and garden related. Las Cruces Convention Center, 680 E. University Ave., www.lascruceshomebuildersassociation.com, 575-526-6126.

COWBOY DAYS - 9 a.m.-5 p.m. The New Mexico Farm & Ranch Heritage Museum hosts the 16th annual celebra-tion of the American cowboy, featuring living history, gunfight re-enactments, mechanical bull rides, chuck wagon

40 DAYS & 40 NIGHTS continued on next page

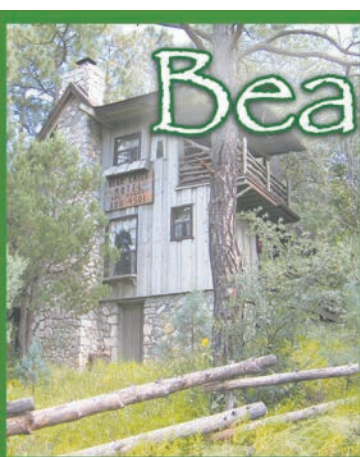


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ALOTTA GELATO, New Mexico's oldest gelato shop, is being offered for sale. After nearly 12 years in business, Mitch Hellman and Starr Belsky are ready to retire and would like to see their business continue to operate and thrive.

Located on Bullard St. in Silver City's historic downtown Arts & Cultural District and only three blocks from the Silco Theatre, ALOTTA GELATO is well-known for delicious gelato (Italian-style ice cream), locally-baked dessert items, and hot and cold drinks.

Currently ranked on TripAdvisor as the #2 restaurant in Silver City, ALOTTA GELATO is listed in *Frommer's*, *Fodor's*, and *Moon Travel Guides* to New Mexico, and has been featured in articles appearing in *New Mexico Magazine*, *New Mexico Journey*, and the *New York Times*. But there is more to this business than simply vending food: ALOTTA GELATO has become a meeting place for local residents, an informal information center for visitors, and a contributor to numerous civic and charitable organizations.

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You must **ACT NOW**, as Mitch and Starr will either sell the business within the next three months, or they will close it and sell off the assets and equipment. If interested, contact us at gelatomaster@alottagelato.com, or call the number below to arrange an appointment.

Alotta Gelato - 619 N. Bullard St.,

Silver City, NM 88061-5410 - 575-534-4995

40 DAYS & 40 NIGHTS continued

cooking, stagecoach rides, arts and crafts vendors, food vendors, demonstrations and many children's activities 4100 Dripping Springs Road, (575) 522-4100 or www.nmfarmandranchmuseum.org.

DESERT SUPERPOWERS - 10 a.m. to 1 p.m. Learn about "superpowers" of desert plants and animals. During this family event, you can visit hands-on stations to learn about arthropods, toads, kangaroo rats, barrel cactus, and humans. Visitors welcome to wear their favorite super hero costumes. Hosted by the Asombro Institute for Science Education. Free. Chihuahuan Desert Nature Park north of Las Cruces. 575-524-3334, www.asombro.org.

CANTERBURY TALES – 1 p.m. A Children's Theatre of the Mesilla Valley presents Geoffery Chaucer's rollicking travelogue about a group of pilgrims in

the Middle Ages. \$7, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

COWBOY DINNER & DANCE – The New Mexico Farm & Ranch Heritage Museum hosts a barbecue beef dinner from 5:30 p.m. to 7:30 p.m. and a dance from 7:30 p.m. to midnight. The Desperados, will provide live music and there will be a cash bar. Tickets for this fund-raising event are \$30 on sale at the museum, 4100 Dripping Springs Road, (575) 522-4100 or www.nmfarmandranchmuseum.org.

NMSU AGGIES MEN'S BASKETBALL VS. CHICAGO STATE – 7 p.m. Pack the Pan Am. Tickets selling fast for White-Out game and Senior Night as fans arrive to celebrate the Aggies' Western Athletic Conference championship. Tickets \$5 and up. Pan Am Center, 646-1420, www.panam.nmsu.edu, (800) 745-3000, www.ticketmaster.com, www.nmstatesports.com.

THE HUNTS – 7:30 p.m. Doña Ana Arts Council 2014/2015 Performance Series presents the Hunts, made up of seven brothers and sisters playing a multitude of instruments, including fiddle, guitar, mandolin, banjo, ukulele, accordion, keyboards and percussion. \$32.25 and \$22, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

OTHER DESERT CITIES – 7:30 p.m. American Southwest Theatre Company and NMSU present this award-winning play about a family that gathers to celebrate Christmas, but soon realizes things are about to change forever. Brooke is about to expose a decades old family secret by publishing a memoir. \$10-17, 646-4515 or 646-1420. NMSU Center for the Arts, 1000 E. University Ave.

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RECREATIONAL LIVING – 8 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

Deming/Luna County

DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SUNDAY

Silver City/Grant County

8 INTERNATIONAL WOMEN'S DAY – 1-2 p.m. Celebrating Isabel Allende with a bilingual reading and discussion with Dr. Maria Trillo, Silver City Museum Annex, 302 W. Broadway, 538-5921, www.silver-citymuseum.org.

OPEN MIC NIGHT

– 6-9 p.m. Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

Las Cruces/Mesilla

COWBOY DAYS - 9

a.m.-5 p.m. The New Mexico Farm & Ranch Heritage Museum hosts the 16th annual celebration of the American cowboy, featuring living history, gunfight re-enactments, mechanical bull rides, chuck wagon cooking, stagecoach rides, arts and crafts vendors, food vendors, demonstrations and many children's activities 4100 Dripping Springs Road, (575) 522-4100 or www.nmfarmandranchmu.

seum.org.

HOME & GARDEN SHOW – 10 a.m.-4 p.m. The Las Cruces Home Builders Association presents its annual event, featuring vendors of all things home and garden related. Las Cruces Convention Center, 680 E. University Ave., www.lascruceshomebuildersassociation.com, 575-526-6126.

SPRING FLING DANCE PARTY – 2 p.m. NMSU DanceSport offers free dance lessons, exhibitions and social dancing. All levels welcome. Rentfrow Gym, southeast corner of Stewart and Williams on NMSU campus. \$5 students, \$12 adults, 575-646-5704, dancesport@nmsu.edu.

RECREATIONAL LIVING – 2 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12

40 DAYS & 40 NIGHTS continued on next page

High Desert



NRA AFFILIATE

HIGH DESERT GUN SHOW

WHEN Saturday, March 28, 2015, 9am - 5pm
Sunday, March 29, 2015, 9am - 3pm

WHERE Grant Co. Veterans Memorial Business and Conference Center, Silver City, New Mexico (corner of US 180 and 32nd St. Bypass)

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jlouck@signalpeak.net



SOUTHWEST FESTIVAL of the WRITTEN WORD

Wednesday, March 18, 2015 • 6:30pm
WNMU Miller Library

Donna J. Snyder, prolific and recognized poet from El Paso, reads from her poetry and discusses life as an Assistant District Attorney for El Paso County and as a cultural organizer.

Visit her website

<https://donna.josnyderpoet.wordpress.com/>
Visit the Festival website www.swwordfiesta.org to keep up with the Festival's activities!

This event is part of WILL's *Reflection of an Artist* Series and is co-sponsored by the Southwest Festival of the Written Word.

Carpet Cleaned by DRY-TECH Dries in 1-3 Hours... which means No Mold, No Mildew

Miracle "dirt extraction" system removes all traces of soil, stains and spots.

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2. It brushes the shampoo deep down to base, and cleans each fiber from base to tip. At the same time ...
3. Powerful vacuum sucks up 100% of dirty shampoo. Your carpets are left dazzling clean, plush and looking showroom new.

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NEW dry cleaning emulsion ...

4. There's no steam. So there's no danger of soakage, shrinkage, dry-rot, browning or mildew
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**CLEANER
LONGER**

"ever got our carpets this clean... no one! My husband was shocked when he came home. He thought I had new carpets installed!"
—Sarah Cohen, S.I., NY

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**Carpet & Upholstery DRY-TECH
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575-537-2674
Seeing is believing!

Join us for the Fifth Annual

HOME and GARDEN EXPO

Friday—March 20th, 10-5pm Saturday—March 21st, 10-5pm

GRANT COUNTY BUSINESS & CONFERENCE CENTER

Gila Native Plant Society Native Plant Sale

Free Gardening Demonstrations:

- How to do it yourself and save money
- soil improvement/composting
- less strenuous gardening
- growing in containers
- year-round gardening
- vertical and small space gardening
- grasshopper and gopher strategies
- Kids Activities



**SILVER CITY
FARMERS' MARKET**

**\$3 admission at the door
kids under 12 free**

Vendor Booths:

- Local artists • gardeners
 - service contractors
 - home improvement suppliers
 - wood flooring • tile • adobe • stucco
 - fencing • handiperson • rock walls
 - landscaping • general contractors
 - spring starts • red wigglers (worms)
 - SC-Coop seed share • food vendors
 - Grant County seed library
 - Seed Broadcast Collective
- Contact: Carolyn Smith 575-388-2343

Proceeds help cover the operating costs of the Silver City Farmers' Market

40 DAYS & 40 NIGHTS continued

adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

OTHER DESERT CITIES – 2 p.m. American Southwest Theatre Company and NMSU present this award-winning play about a family that gathers to celebrate Christmas, but soon realizes things are about to change forever. Brooke is about to expose a decades old family secret by publishing a memoir. \$10-17, 646-4515 or 646-1420. NMSU Center for the Arts, 1000 E. University Ave. This production contains adult content.

MONDAY**Silver City/Grant County**

9 OPEN MIC NIGHT – 7 p.m. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandoperahouse.com.

TUESDAY**Silver City/Grant County**

10 COMMUNITY FORUM – Noon-1 p.m. An overview of the recent New Mexico

ence Center, 3031 Hwy 180 East.

BRYON TRAMMEL – 6-9 p.m.

Acoustic and electric jazz, standards, Latin, and originals. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandoperahouse.com.

DANE & EDIE – 6-8 p.m. Live music at Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

TRIVIA NIGHT – 7-8:30 p.m. Quizmaster Josh White leads the fun, with bar food, beer, wine and no cover charge. Little Toad Creek Brewery & Distillery, 200 N. Bullard St., 956-6144.

THURSDAY**Silver City/Grant County**

12 DESERT WOMAN – 10:30 a.m. to 2 p.m. Botanical Demonstrations and Samples with Monica Rude. Learn about locally made body care products, Silver City Food Co-op, 520 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.

COMMUNITY FORUM – Noon-1 p.m. An overview of the recent

13 THE OVERSOULS – 7 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Las Cruces/Mesilla**LAS CRUCES ARTS FAIR** – 5-8

p.m. Opening night for Doña Ana Arts Council's fifth annual juried fine arts show, featuring more than 80 artists of all genres. Las Cruces Convention Center, 680 E. University Ave. \$6, 575-523-6403, www.DAArts.org.

SONG OF THE SEA – Lost mother figure who disappears into the waves leaving her husband and two children with unanswered questions. "Song of the Sea" is differentiated by its ethereal musical dimension. Showtimes 7:30 p.m. nightly, 1:30 p.m. Saturday and 2:30 p.m. Sunday through Feb. 26, Fountain Theatre, 2469 Calle de Guadalupe, www.mesilavalleyfilm.org, 524-8287.

RECREATIONAL LIVING – 8 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre,

and non-fiction books needed. Silver City Public Library, 1510 Market St. 388-4382, folsilvercitynm@gmail.com.

ARTISAN MARKET – 10 a.m.-4 p.m. 614 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.

COMMUNITY BIKE RIDE – 10 a.m. Leaves Bike Works Root Shop, 815 E. 10th St., picking up additional riders at the Bike Works Branch Shop, 820 N. Bullard St., at 10:30 am. Bikes and helmets are available at the Root Shop. Plan on packing or purchasing a lunch.

RHYTHM MYSTIC – 7:30 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Las Cruces/Mesilla

PI DAY – The number pi begins 3.141592. This 3.14.15 9-2 (March 14, 2015, 9 a.m.-2 p.m.), the Museum of Nature & Science, Museum of Art, and Branigan Cultural Center will celebrate math with a day of fun activities that highlight the role of math in everyday life, art, and culture, 501 N. Main St., 575-541-2154, www.las-cruces.org/museums.

LAS CRUCES ARTS FAIR – 10

a.m.-5 p.m. Doña Ana Arts Council's fifth annual juried fine arts show, featuring more than 80 artists of all genres. Las Cruces Convention Center, 680 E. University Ave. \$6, 575-523-6403, www.DAArts.org.

RECREATIONAL LIVING – 8 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

THE HOTHOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D'Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Deming/Luna County**DEMING FLEA MARKET** – 8 a.m.

to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

Alamogordo/Otero County**ART & WINE WALK** – 10 a.m.

to 4 p.m. Art, crafts, food, wine, music. Heart of the Desert Pistachios & Wine at Eagle Ranch, 7288 Hwy. 54/70, 575-434-0035, www.heartofthedesert.com.



NMSU DanceSport presents its Spring Fling Dance Party 2 p.m. Sunday, March 8, offering dance lessons, exhibitions and social dancing at the Rentfrow Gym on the NMSU campus.

Organic Farming Conference, 614 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.

GEEKS WHO DRINK TRIVIA

NIGHT – 7 p.m. Join our quizmaster, Jaime Ramirez for the best trivia around. FREE to play, with lots of prizes. Watering Hole Lounge, 708 Silver Heights Blvd., 538-5666.

WEDNESDAY**Silver City/Grant County**

11 CONSCIOUS LOVE: TWELVE PATHS OF THE ZODIAC – 3 to 4:30 p.m. Astrologer Cassandra Leoncini leads discussion. No astrological experience necessary. Free, 614 N. Bullard St., www.twoeaglesastrology.com.

COMMUNITY CONVERSATION – 5-8 p.m. Forest Plan Revision Community Conversation with Gila National Forest in Silver City, Grant County Business & Confer-

New Mexico Organic Farming Conference, 614 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.

GILAWRITERS EXPRESSIVE WRITING GROUP – 2-4 p.m. Writers of all levels welcome. Sponsored by the Southwest Festival of the Written Word at www.swwordfiesta.org and the Silver City Public Library, 515 W. College Ave., trish.heck@gmail.com, 534-0207.

Las Cruces/Mesilla**HISTORY NOTES LECTURE** – 1

p.m. George R. Matthews will present a lecture on "Trader, Prisoner, and Governor: David Meriwether's Roads to New Mexico." Branigan Cultural Center, 501 N. Main St., 575-541-2154, www.las-cruces.org/museums.

FRIDAY**Silver City/Grant County**

313 N. Main St., <http://lcctnm.org>.

THE HOTHOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D'Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Deming/Luna County**DEMING FLEA MARKET** – 8 a.m.

to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SATURDAY**Silver City/Grant County**

14 QUARTERLY BOOK SALE – 9 a.m. to 2 p.m. Friends of the Library have a great selection of higher priced books as well as \$1 bag books. Fiction



Cowboys take over the New Mexico Farm & Ranch Heritage Museum March 7 and 8, celebrating the American cowboy, featuring living history, gunfight re-enactments and more.

SUNDAY

Silver City/Grant County

15 OPEN MIC NIGHT – 6-9 p.m. Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

Las Cruces/Mesilla

LAS CRUCES ARTS FAIR – 10

a.m.-4 p.m. Doña Ana Arts Council's fifth annual juried fine arts show, featuring more than 80 artists of all genres. Las Cruces Convention Center, 680 E. University Ave. \$6, 575-523-6403, www.DAArts.org.

RECREATIONAL LIVING –

2 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcct-nm.org>.

MONDAY

Silver City/Grant County

16 OPEN MIC NIGHT – 7 p.m. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandopera-house.com.

TUESDAY

Silver City/Grant County

17 WEAR GREEN AND EAT IRISH – 11 a.m. to 1 p.m. Fundraiser for Republican Party of Grant County, sponsored by Grant County Republican Women. Meals \$10, delivery available. Order by 5 p.m. March 13, 956-7945 or 520-404-3420.

MOUNTAIN AIRE FOLK MUSIC

– 6-9 p.m. Robert and Ronnee-Sue perform Celtic music for St. Patrick's Day. Buckhorn Saloon, Pinos Altos, www.mountainaire-folkmusic.com, 534-9911.

LIVE FROM NASHVILLE! – 7 p.m.

Matt Davenport Productions return to their roots in a dazzling new country music extravaganza, "Live From Nashville." WNMU Fine Arts Theater, 1000 W. College Ave. \$20 members, \$5 students. 538-6615

GEEKS WHO DRINK TRIVIA

NIGHT – 7 p.m. Join our quizmaster, Jaime Ramirez for the best trivia around. FREE to play, with lots of prizes. Watering Hole Lounge, 708 Silver Heights Blvd., 538-5666.



Award-winning composer and singer-songwriter Randy Granger will bring the peaceful Native American flute tradition back to the Black Range of New Mexico, performing Sunday, March 22, at the Hillsboro Community Center.

Las Cruces/Mesilla

EVERY OTHER TUESDAY – 6:30

p.m. Ky Burt, multi-instrumentalist and singer. Free, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

GERMANY: FINDING NATURE AND OLD WORLD CHARM – 7-9 p.m.

Travelogue by Lisa Mandelkern, Doña Ana Photography Club, SW Environmental Center, 275 N. Main St., www.daphotoclub.org, 575-522-1691.

WEDNESDAY

Silver City/Grant County

18 POET DONNA J. SNYDER – 6:30 p.m. Prolific and recognized poet from El Paso, reads from her poetry and discusses life as an Assistant District Attorney for El Paso County and as a cultural organizer. In 1995 she founded the Tumblewords Project which features writings from various authors in the Southwest. WNMU Miller Library, 1000 W. College Ave., www.will-learning.com/programs.html, <https://donnajosnyderpoet.wordpress.com>.

BRYON TRAMMEL – 6-9 p.m.

Acoustic and electric jazz, standards, Latin, and originals. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandopera-house.com.

DANE & EDIE – 6-8 p.m. Live music at Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

TRIVIA NIGHT – 7-8:30 p.m. Quizmaster Josh White leads the fun, with bar food, beer, wine and no cover charge. Little Toad Creek Brewery & Distillery, 200 N. Bullard St., 956-6144.

p.m. Writers of all levels welcome. Sponsored by the Southwest Festival of the Written Word at www.swwordfiesta.org and the Silver City Public Library, 515 W. College Ave., trish.heck@gmail.com, 534-0207.

Las Cruces/Mesilla

THE KAT TRIO – 7:30 p.m.

Presented by the Las Cruces Civic Concert Association and delivering unique Russian melodies, classical works and American pop and rag selections, the Kat Trio is a classical ensemble of violin, clarinet and piano from Russia. \$20, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

FRIDAY

Silver City/Grant County

20 HOME AND GARDEN EXPO – 10 a.m.-5 p.m., Co-op seed share, Grant County Conference Center, 3031 Hwy. 180 East, 388-2343, www.silvercity-foodcoop.com.

THE ROADRUNNERS – 8 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Las Cruces/Mesilla

COMMUNITY CONTRA DANCE

– 7:30 to 10:30 p.m. Albuquerque string band CHEAP SHOTS, Mesilla Community Center, 2251 Calle de Santiago, Mesilla, \$6, \$4 youth. No partners needed. www.snmmds.org, 575-522-1691.

MR. TURNER – English painting's renowned master of light, Joseph Mallord William Turner (1775-1851), gets a suitably illuminating screen biography in Mike Leigh's "Mr. Turner." Showtimes 7:30 p.m. nightly, 1:30 p.m. Saturday and 2:30 p.m. Sunday through Feb. 26, Fountain Theatre, 2469 Calle de Guadalupe, www.mesillavalleyfilm.org, 524-8287.

RECREATIONAL LIVING – 8 p.m. A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

THE HOTHOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D'Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Las Cruces/Mesilla

CULTURAL CONNECTIONS BOOK

CLUB – 2-4 p.m. Club will discuss Charles Mann's 1491: New Revelations of the Americas Before Columbus. Club will take two months to discuss. Branigan Cultural Center, 501 N. Main St., 575-541-2154, www.las-cruces.org/museums.

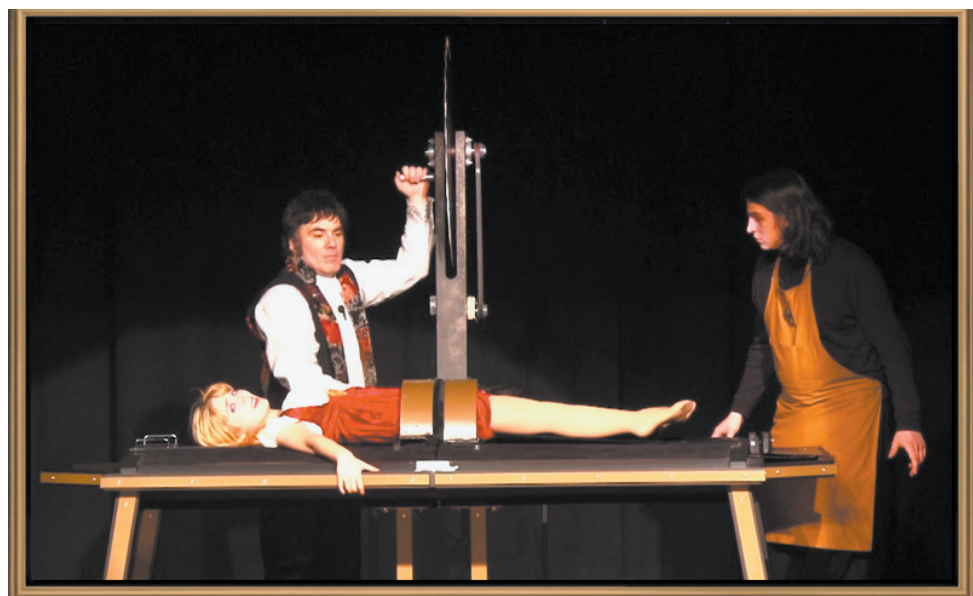
THURSDAY

19 GILAWRITERS EXPRESSIVE WRITING GROUP – 2-4

Deming/Luna County

DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Inter-

40 DAYS & 40 NIGHTS continued



Mimbres Region Arts Council presents Nelson Illusions, the largest touring illusion show in the United States, a one-of-a-kind theatrical spectacle, Saturday, March 28, at the WNMU Fine Arts Center.

section of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SATURDAY**Silver City/Grant County**

21 STUDENT/FACULTY POTTERY SALE – 9 a.m. to 3 p.m. Friends of Clay event features huge inventory from the sublime to the ridiculous. 614 N. Bullard St., clayfulhands@yahoo.com, 313-7278.

GUATEMALAN MARKET AND SALE – 9:30 a.m. - 3:30 p.m. The Mimbres Region Arts Council will host a fun, festive Guatemalan Sale at the MRAC/ Wells Fargo Bank Gallery, 1201 Pope St.

RUMBLE IN THE ROCKS – Mountain Bike Festival at City of Rocks State Park. Non-competitive, two-day fun ride. Register at www.usacycling.org, contact Tim Davis at rvtraveler18@gmail.com.

KITE MAKING – 11 a.m. to 12:30 p.m. For crafters aged 4 and older. Limited to 10 crafters and pre-registration is encouraged. Parent or guardian attendance required, 312 W. Broadway, \$5, 538-5921, www.silvercitymuseum.org.

JB & THE JACKRABBITS – 7:30 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Las Cruces/Mesilla Yoyo Quilt Workshop – Noon. Participants will learn about this popular technique for creating quilting segments without the use of a sewing machine.

Free. Branigan Cultural Center, 501 N. Main St., 575-541-2154, www.las-cruces.org/museums.

PETER YARROW – 7:30

p.m. Doña Ana Arts Council 2014/2015 Performance Series presents Peter Yarrow, one third of the famed folk band Peter, Paul & Mary. Yarrow will introduce a whole new generation to the music and social activism. \$37.50-\$51.75, Rio Grande Theatre,

211 N. Main St., 575-523-6403, www.riograndetheatre.com.

RECREATIONAL LIVING – 8 p.m.

A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

THE HOT-

HOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D'Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Deming/Luna County**DEMING FLEA MARKET** – 8 a.m.

to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SUNDAY**Silver City/Grant County**

22 OPEN MIC NIGHT – 6-9 p.m. Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

Las Cruces/Mesilla**RECREATIONAL LIVING** – 2 p.m.

A new play by NMSU alumnus David Spence and directed by Mark Medoff. \$12 adults, \$11 students, \$9 children 6 and under. Las Cruces Community Theatre, 313 N. Main St., <http://lcctnm.org>.

THE HOTHOUSE – 2 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D'Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Sierra County**RANDY GRANGER** – 3 p.m.

Award-winning composer and singer-songwriter will bring the peaceful Native American flute tradition back to the Black Range of New Mexico, a former Apache homeland. Admission at the Hillsboro Community Center is \$5, www.blackrange.org.

MONDAY**Silver City/Grant County**

23 OPEN MIC NIGHT – 7 p.m. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhorn-saloonandoperahouse.com.

Las Cruces/Mesilla

CLAUDE BOURBON – 7 p.m. Guitarist takes blues, Spanish, Middle Eastern and Russian stylings into uncharted territories. \$10, Black Box Theatre, 430 N. Main St., 575-523-1223.

TUESDAY**Silver City/Grant County**

24 GEEKS WHO DRINK TRIVIA NIGHT – 7 p.m. Join our quizmaster, Jaime Ramirez for the best trivia around. FREE to play, with lots of prizes. Watering Hole Lounge, 708 Silver Heights Blvd., 538-5666.

WEDNESDAY**Silver City/Grant County**

25 BRYON TRAMMEL – 6-9 p.m. Acoustic and electric jazz, standards, Latin, and originals. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhorn-saloonandoperahouse.com.

DANE & EDIE – 6-8 p.m. Live music at Diane's Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

TRIVIA NIGHT – 7-8:30 p.m. Quizmaster Josh White leads the fun, with bar food, beer, wine and no cover charge. Little Toad Creek Brewery & Distillery, 200 N. Bullard St., 956-6144.

THURSDAY**Silver City/Grant County**

26 GILAWRITERS EXPRESSIVE WRITING GROUP – 2-4 p.m. Writers of all levels welcome. Sponsored by the Southwest Festival of the Written Word at www.swwordfiesta.org and the Silver City Public Library, 515 W. College Ave., trish.heck@gmail.com, 534-0207.

Las Cruces/Mesilla

THE HOTHOUSE – 7 p.m. Absurdist thriller comedy by Harold



Col. Roote (Mike Cook) and Lush (Danny Wade) in Hothouse, running March 13-29 at the Black Box Theatre in Las Cruces.



MountainAire Folk Music, featuring Robert and Ronnee-Sue, performs Celtic music for St. Patrick's Day, 6-9 p.m. Tuesday, March 17, at the Buckhorn Saloon, Pinos Altos.

Pinter, directed by Algernon D’Amassa. \$8 all tickets, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

GIVING BACK CONCERT – 7 to 8:30 p.m. Benefit musical event to raise funds for the New Mexico State Veterans’ Home. The A-Team consists of a diverse and local “Who’s Who” of some of the area’s most talented, acclaimed and versatile musicians, who will perform a variety of music. www.riograndetheatre.com or call 575-523-6403.

FRIDAY
Silver City/Grant County
27 DANCES OF UNIVERSAL PEACE – 7 p.m. Spiritual dance and chants celebrating the Sacred which unites all beings. Live music. \$5-\$10 suggested donation. The Lotus Center, 211 W. Broadway St., 534-1441
HELLO DOLL-FACE – 7:30 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Deming/Luna County
DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

Las Cruces/Mesilla
LEVIATHAN – It’s the slow crumbling of protagonist Nikolai, as church, government and judiciary gang up to rob him of his most prized possession, that will leave a longer, angrier impression. Russian. Showtimes 7:30 p.m. nightly, 1:30 p.m. Saturday and 2:30 p.m. Sunday through Feb. 26, Fountain Theatre, 2469 Calle de Guadalupe, www.mesillavalleyfilm.org, 524-8287.

THE HOTHOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D’Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

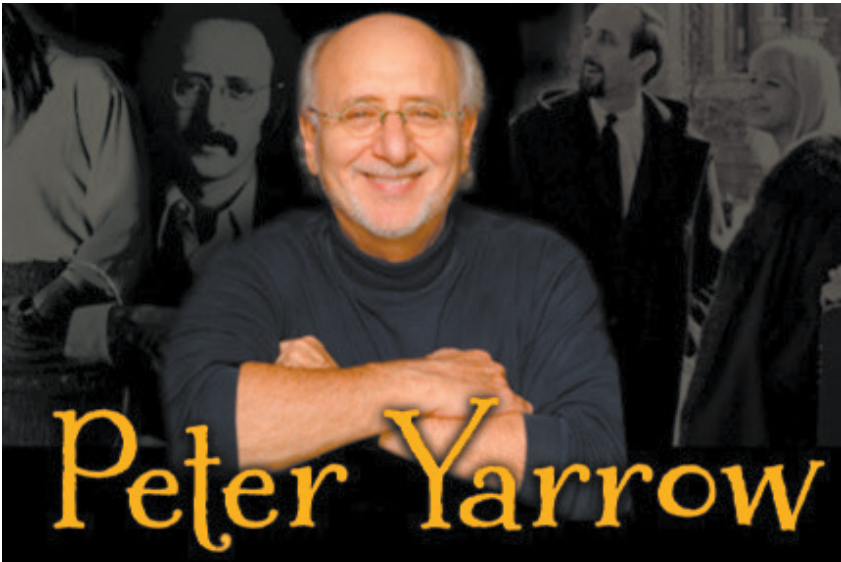
SATURDAY
Silver City/Grant County
28 HIGH DESERT GUN SHOW – 9 a.m. to 5 p.m. Grant County Veterans Memorial Business and Conference Center, corner of U.S. Hwy. 180 and 32 Street bypass. \$4, under 12 free

with adult admission, uniformed military/law enforcement free.

COMMUNITY FLEA MARKET – 10 a.m.-4 p.m., 614 N. Bullard St., 388-2343, www.silvercityfoodcoop.com.

NELSON ILLUSIONS – 7:30 p.m. Mimbres Region Arts Council presents the largest touring illusion show in the United States, a one-of-a-kind theatrical spectacle. \$15 members, \$20 non-members, \$5 students. WNMU Fine Arts Center, 1000 College Ave., 538-2505, www.nelsonillusions.com.

PFLAG SCHOLARSHIP DANCE – 9 p.m. to midnight. Black & White Party, PFLAG’s annual scholarship fundraiser, featuring the Illusion Band. \$10 cover, \$5 with student ID. Little Toad Creek, 200 N. Bullard St., 590-8797.



One-third of the great Peter, Paul & Mary, Peter Yarrow performs Saturday, March 21, at the Rio Grande Theatre in Las Cruces

Las Cruces/Mesilla
THE HOTHOUSE – 8 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D’Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

Deming/Luna County
DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SUNDAY
Silver City/Grant County
29 HIGH DESERT GUN SHOW – 9 a.m. to 3 p.m. Grant County Veterans Memorial Business and Conference Center, corner of U.S. Hwy. 180 and 32 Street bypass. \$4, under 12 free with adult admission, uniformed military/law enforcement free.
OPEN MIC NIGHT – 6-9 p.m. Diane’s Parlor, 510 N. Bullard St., 538-8722, www.dianesrestaurant.com.

Las Cruces/Mesilla

THE HOTHOUSE – 2 p.m. Absurdist thriller comedy by Harold Pinter, directed by Algernon D’Amassa. \$12 general admission, \$10 students and seniors, Black Box Theatre, 430 N. Main St., www.no-strings.org, 575-523-1223.

MONDAY
Silver City/Grant County
30 OPEN MIC NIGHT – 7 p.m. Buckhorn Saloon & Opera House, 32 Main St., Pinos Altos, 538-9911, www.buckhornsaloonandoperahouse.com.

TUESDAY
Las Cruces/Mesilla
31 EVERY OTHER TUESDAY – 6:30 p.m. Gold Hearted Crows, Western Folk-America blues group. Free, Rio Grande Theatre, 211 N. Main St., 575-523-6403, www.riograndetheatre.com.

APRIL FRIDAY
Deming/Luna County
3 DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.

SATURDAY
Silver City/Grant County
4 GOLD HEARTED CROWS – 7:30 p.m. Little Toad Creek Brewery & Distillery, 200 N. Bullard, 956-6144.

Deming/Luna County
DEMING FLEA MARKET – 8 a.m. to 2 p.m. Buy, sell, trade. Intersection of Hatch Highway and Hwy. 180, 2 miles north of Deming. 575-494-3021.
FORT SILL APACHE ART EXHIBIT – 10 a.m. First-ever exhibit of Fort Sill Apache artists, featuring wide range of work. Reception for artists, 1-3 p.m. Deming Arts Council, 100 South Gold St., 575-546-3663.

SATURDAY
Silver City/Grant County
11 DUTCH OVEN COOKOFF – Food vendors all day, Taster’s Delight at 2 p.m. Practice your skills or see how Dutch Oven cooking is done. This age old method of outdoor cooking is a piece of living history. Everyone, experienced or amateur, individual cooks or teams are welcome to enter. Glenwood Community Park, Route 174, Catwalk Road,

glenwoodutchovencookoff@gmail.com, 575-539-2373.



Silver City painter and printmaker Victoria Chick will discuss her work in the final lecture of the Mimbres Region Arts Council series Thursday, March 5, at Parotti Hall at the WNMU campus.

Calls for artists

Second Annual Black Range and Plein Air Fine Art Show
Open to fine artists and Plein Air artists, jewelers, painters, potters, fiber and glass. The juried show to be at the Mimbres Valley Event Center, 2300 E. Pine St., Deming. Benefiting St. Jude’s Research Hospital. Show opens Oct. 9. Cash prizes up to \$2,950. Deadline May 1, 2015. Contact blackrangeart@gmail.com or Lyn at 575-546-4650

Exhibition proposals
The Tombaugh Gallery is calling for artists within a 300-mile radius of Las Cruces to submit proposals for exhibitions for the 2016 calendar year. Nontraditional media or subject matter is welcome. All artwork must be for sale. Submissions should contain a letter of proposal with information about the artist, type of work to be shown and usb flash drive containing eight representative images as JPG files. Submissions should be postmarked by April 1, 2015. Submissions will be reviewed, and applicants will be notified by May 1, at which time possible show dates will be discussed. Artists who prefer to send an electronic submission may contact Judy Licht at licht@gmail.com for instructions. Gallery website: www.uuchurchlc.org/thetombaughartgallery
Mail submissions to Judy Licht, Committee Chairperson, c/o Unitarian Universalist Church of Las Cruces, 2000 S. Solano Drive, Las Cruces, NM 88001.

Seeking participants for October street festival in Las Cruces
A local group invites artists, performers, musicians, scientists and interested persons to join the October 10-11 street festival in Las Cruces. Named!OYE!, Spanish for “LISTEN!,” the group’s purpose is to consider and encourage positive change for a sustainable future through art, science, and technology.
!Oye! seeks all forms of kinetic and two- and three-dimensional experimental and traditional media that can be installed and presented in public and private spaces on Main Street, Downtown Las Cruces.
In performance art, we welcome movement, dance, drama, theatre, music, concept pieces, circus, acrobatic, literary, poetic, and any other creative forms. In the fields of science, technology, and engineering, we seek innovative concepts and methods that can be presented in intriguing ways. We especially encourage interaction pieces for festival visitors. Send all inquiries to oyecruces@hotmail.com.



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