

# Bottom Line

YOUR Business is OUR Business!

GREATER LAS CRUCES CHAMBER OF COMMERCE • JULY 2020 • WWW.LASCRUCES.ORG

### TABLE OF CONTENTS

3

### LC Young Professionals ......5

New Mexico Department

of Workforce Solutions.......6

New/rewewing members .....7

**GREATER LAS CRUCES** CHAMBER OF COMMERCE 150 E. LOHMAN AVE. LAS CRUCES, NM 88001 575-524-1968 WWW.LASCRUCES.ORG

## PIVOT. NAVIGATE. RESET. RECOVERY.



By DEBBI MOORE GLCCC CEO/ President

PIVOT. NAVIGATE. RESET. RE-

COVERY. Pivot: Moving into to re-opening phase; Navigate: Navigating the "new normal"; Reset: Strategic changes in business model and Recovery: achieving business success.

Yes, I'm repeating what was said last month. These words will remain as we continue to move through this pandemic. I'm uncertain on when businesses go from one to another...and, to be quit honest, neither do they. For now, that pivoting has begun, along with the navigation.

The Chamber continues to say, "We. Are. Here. For You." We continue to provide educational tools and support

on this passageway. It is and will continue to be a priority for us to stay on top of the most current information provided by all sources and pass it on. Access lascruces. org for all of this and more.

With the 2020 Special Legislative Session in the rearview window, we look to see

the accomplishments "Together we of the Session. While, will continue at the writing of this article the Goverto turn these nor has not signed any of challenges into the legislation passed, we are anticipating the opportunities." Governor

signing and enacting into law SB3 Small Business Recovery Act 2020. This legislation creates a small business recovery loan fund for small businesses. While the specific guidelines are forthcoming, the following is a summary of this legislation (Please note this is a summary and specifics are on line https://www.nmlegis. gov/Sessions/20%20Special/ Amendments In Context/ SB0003.pdf):

• \$500m (\$400m for small businesses/non profits (501c3 & 501c6 included) + \$100m for local governments) from severance permanent fund to finance

the fund through the NM Finance Authority: loan interest loans (half of prime lending rate):

· Qualification for busi-

nesses: Business or nonprofit corporation that: a) has closed or reduced operations due to the public health order dated 03/23/2020; b) had an annual gross revenue of less than \$5 million on tax return for 2019; c) 30% reduction of income of from 2019 to 2020, as determined through accounting information that is provided by the business & certified to be accurate & reported to IRS for previous year:

· Banks would bill processing applications; Unlike the PPP, if certain parameters met would be forgiven, there is no discussion for forgiveness for state program

As we continue to balancing this new work, community and business environment with the virus is the biggest challenge they face immediately. Safety in the workplace is foremost. Businesses are going

See RECOVERY | 2



### Your Health Can't Wait

We know you are concerned about your health. We are, too. That's why we are taking extraordinary measures to make our care environments safe for every patient. Whether you have a chronic health condition that requires ongoing medical care with a physician or you are experiencing sudden symptoms of a serious, life-threatening condition, like heart attack or stroke, please don't delay your healthcare. Your life may depend on fast action. We're here and ready to help you - now.

Learn how we're keeping patients safe. Visit MountainViewRegional.com/COVID-19.



Chair Sabrina Martin

CEO, Rehabilitation Hospital of Southern New Mexico

Chair Elect Jed Fanning

Citizens Bank of Las Cruces

Secretary/Treasurer Jerry Harrell

Double Eagle

Past (hair Jake Redfearn

NAI 1st Valley

Vice Chair

Business Development Brandy Darden

Western Heritage Bank

Vice Chair

Community Development Richard Coltharp

Las Cruces Bulletin

Vice Chair Government Relations

III George Vescovo

Vescovo Tovota

vescoc

Vice Chair

Member Relations Mike Tourtillott

Sisbarro Volkswagen

Director Janet Acosta

Haciendas at Grace Village

Director Craig Buchanan
US Bank

Director Joe Bullington

Jacobs Technology Inc.

Director Derrick Cuenca

Mounatin View Regional

Medical Center

Director Stephanie Guadian Electronic Caregiver

Director Richard Haas

Desert Peak Architects

Director John Harris

Memorial Medical Center

Director Dan Hicks

Spaceport America

Director Kevin Horner

PTS Office Systems
Director Courage Idenudia

Wells Fargo

Director Royal Jones

MVT Services, Inc.

Director Jason Lazich

Virgin Galactic

Director Michael Lutz

American Linen Supply of NM

Director Heather Salopek

Legacy Pecan

Director Monica Torres

Doña Ana Community College

### Chamber Staff

Debbi Moore President ਵਿੱ CEO

nt & CEO Executive Assi.

President

Cyndi Armijo
Coordinator of Finance &
Special Favents

Brandi Misquez Executive Assistant to the President



### **RECOVERY** FROM PAGE 1

above and beyond the requirements established by our State Public Health Orders. The goal is to provide a safe environment for their employees and customers. As a customer or client, vou will notice availability of masks. gloves and hand sanitizers throughout the businesses. More than likely you will notice a cleaning schedule posted for you to see. You will also possibly see a commitment from the business to their customers and vice versa. We encourage all Las Crucens to take the NMSafePromise. This can be done by accesing the NMSafePromise website. Being safe is important to all of us. Businesses want to be safe for their customers, their employees and want their customers to be safe for their employees.

Be safe. Stay healthy. Be Respectful. Be Kind. Be giving. Be supportive. Be community. I for one have no doubts that the strength of community is just that, our community. Together we will continue to turn these challenges into opportunities. The key is that we will do this...TOGETHER!

#LASCRUCESSTRONG #LASCRUCESSAFE #LASCRUCESKIND

# Congratulations!

Forbes has determined Pioneer Bank is the #1 bank in New Mexico!

Pioneer Bank has been recognized on Forbes' America's Best Banks In Each State 2020

list based on a survey of consumers who ranked banks on overall recommendations and satisfaction, as well as five subdimensions (trust, terms and conditions, branch services, digital services and financial advice. Forbes partnered with Statista, a market research firm, to survey nearly 25,000 customers in the U.S. were surveyed for their opinions on their current and former banking relationships.

According to Forbes, "Of the 5,117

BANK<sub>®</sub>

banks in America, just 2.6% made our list." Pioneer works very hard to take care of our customers and we are so proud to have earned this honor.

We are so proud of our Team Members and customers for helping us achieve this prestigious ranking. The recognition by Forbes is the second year in a row they have awarded Pioneer Bank. In 2019 Pioneer Bank was recognized for being the third Best Bank in New Mexico.







PUBLISHER Richard Coltharp

SPECIAL SECTIONS COORDINATOR Albert Vasquez DISTRIBUTION Teresa Tolonen ADVERTISMG Claire Frohs Pam Rossi Elaine Sasnow Ian Clarke



The Bottom Line, the official publication of the Greater Las Cruces Chamber of Commerce, is a copyrighted publication that is designed, produced and distributed monthly by the Las Cruces Bulletin, 1740-A Calle de Mercado, Las Cruces, NM 88005. Content of The Bottom Line is submitted and authorized by the Greater Las Cruces Chamber of Commerce located at 505 S. Main St., Suite 134. Articles and columns in The Bottom Line may not reflect the opinions of the Las Cruces Bulletin. Inquiries regarding editorial content or advertising may be directed to the publisher at 575-524-8061.

#### GREATER LAS CRUCES CHAMBER OF COMMERCE

150 E. Lohman Ave. • Las Cruces, NM 88001 • 575-524-1968 • www.lascruces.org

# Essential Self-Care for Essential Workers on the Frontlines

#### BY RUBINA KAPIL

If you're a frontline worker, we thank you for your work and applaud your courage. You're keeping society running in the face of some extreme stressors during the COVID-19 pandemic! The good news is, you're not in it alone, and there are things you can do to protect your mental health.

If you — or someone you know — feels overwhelmed with emotions like sadness, hopelessness, fear or exhaustion, or may be considering suicide, call 911.

You can also contact the Substance

Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress Helpline (800-985-5990), the National Suicide Prevention Lifeline (800-273-8255) or the Crisis Text Line (text MHFA to 741741).

Mental Health First Aid teaches that

trauma affects people differently, and a mass traumatic event, such as a pandemic, can have lasting effects. Trauma can be direct (your own experience) or vicarious (something you've witnessed others experience). COVID-19 checks all

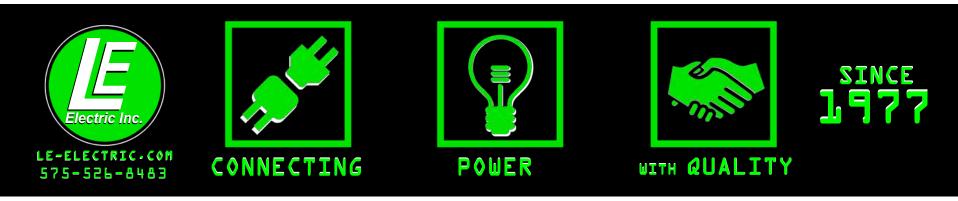
See SELF-CARE | 4







All rights reserved. MWD613-29c (1018-8X9S) (8/19)



### **SELF-CARE** FROM PAGE 3

those boxes.

Essential workers on the frontlines comprise almost half of the workforce — including fields such as grocery and general merchandise stores, food production and food processing, janitorial and maintenance, agriculture, trucking, health care and protective services (police and EMT).

These are the people who aren't locked down at home: They're going to work, dealing with the public and experiencing burnout, exhaustion and fear. The reality of that lived experience is underscored by research from the Kaiser Family Foundation, which found 56% of American adults (and 64% of frontline health care workers and their families) reported that worry or stress related to the pandemic has affected them in at least one of these ways: sleep problems, poor appetite or overeating, frequent headaches or stomachaches, difficulty controlling their temper, increased alcohol or drug use, and worsening chronic health conditions.

However, there are ways to protect yourself from the mental and emotional impact of COVID-19 trauma. Here are a few tips from the MHFA Curriculum and National Council for Behavioral Health member Jefferson Center for Mental Health (Wheat Ridge, Colorado).

1. Give yourself credit.

You're going to work, probably with an increased workload. You may be interacting with the public. Your household income may have shrunk. No matter how stressed you are, your emotions are valid and natural. Acknowledging this is an important component of maintaining your mental wellness.

2. Go back to basics: eat, sleep, move. Take care of your body, but be realistic. If you can't fit in eight hours of sleep in a row, try power naps (15-20 minutes) to recharge. Try to eat as healthfully as you can. Try to move, because movement helps mitigate the effects of stress hormones.

3. Tackle stressors one at a time.

What can you do — directly or indirectly — to deal with your stressors? Can you reduce the amount of news you consume? Can you sleep more? Can you give yourself permission to simply do the best you can?

4. Ask for help.

If you are experiencing overwhelming feelings of anxiety or depression, don't be afraid to ask for help. Your employer may have resources, such as an employee assistance program (EAP), to help you cope with the current situation, so talk to your supervisor about what's available.

5. Be kind to yourself.

What makes you feel good? Do you like to read, to exercise, to journal? Find your "things" and make a few minutes for them. Focus on what you need to get through today

rather than exploring the "what-if" rabbit hole. And remind yourself: Your work matters. You are helping people every day!

6. Foster relationships.

Hanging out with friends isn't part of the physical distancing environment, but phone calls, texts, emails and telecon-



IMAGE: FREEPIK.COM

ferencing apps are, so reach out as you can. Or go old-school and write a letter or send a card. Taking time to stay connected with your support network helps you and them.

Information provided by: MHFA Curriculum, Jefferson Center for Mental Health, Shape magazine



# FREE HEARING SCREENING USING YOUR MEDICARE CARD

Call Now: 575-800-0887

920 N. Telshor, Las Cruces, NM www.HearOnEarthNM.com







AASM Accredited Sleep Center

# 5 Things To Do Outdoors

Summer is here, the sun is out, the weather is nice and being outdoors is great. Here are a few ideas on what to do outdoors this summer!

1. Go out on a bike ride. There are several trails in Las Cruces that make for a great ride. Usually, my husband and I ride to the Rio Grande and there is an absolutely stunning trail that you can ride along the Rio!

2. Backyard picnic. With the COVID-19 outbreak, it has been difficult to go to recreational parks and enjoy the walks, views, and playsets. But a great alternative is packing a basket full of goodies, grabbing a large blanket and enjoying the outdoors out of the comfort of your own home! It's something I personally love and enjoy doing. Our dog does too!

3. Start a garden. My mom started working on her garden during quarantine, and it has been fun seeing the different fruits and vegetables

growing in her back yard. Now, we go pick tomatoes, jalapeños, mint, lettuce, spinach... I'm still waiting on the pomegranate tree to keep growing!

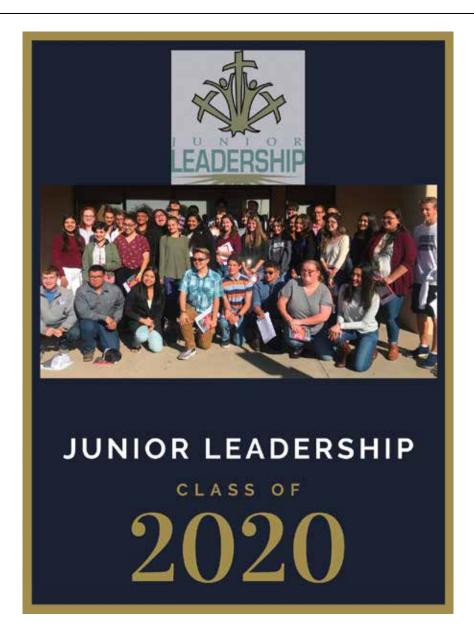
4. Read a book. This summer, grab a blanket or a lawn chair, sit somewhere in your backyard and enjoy your book underneath the stars. I bought my book lamp at Amazon and it really does light up my entire reading area.

5. Go offroading! My husband and I love going to the Robledo Mountains to off road! There are some really neat and bumpy trails out there. Also, you won't regret the view. It overlooks the entire city and it is breathtaking!

These are some of the outdoor adventures my family enjoys doing together! I hope you'll try a few of them out. What are some things you enjoy?



JEANNELL MONTOYA 2020 Las Cruces Young Professionals Chair





# NMDWS Announces Additional Extended Benefits for Unemployment

(Albuquerque, NM) – The New Mexico Department of Workforce Solutions (NMDWS) announced today that New Mexico will begin offering the Federal-State Extended Benefits (FDEB1) program for those who have exhausted their previous unemployment benefits.

New Mexico's most recent insured unemployment rate (IUR) exceeded the 5.0 percent threshold and exceeds the 120 percent of the corresponding average rate in the prior two years that triggered the state onto a 13-week Extended Benefit period.

Under federal law, the FDEB1 program offers up to an additional 13 weeks of benefits to individuals who have exhausted both their regular unemployment benefits and 13 weeks of the Pandemic Emergency Unemployment Compensation (PEUC) assistance.

Upon exhaustion of regular UI entitlement and PEUC entitlement, New Mexico Department of Workforce So-

lutions will issue written notification to all individuals who are eligible to apply for the new FDEB1 program. The weekly benefit amount (WBA) under the FDEB1 program is the same as the individual received for regular unemployment compensation.

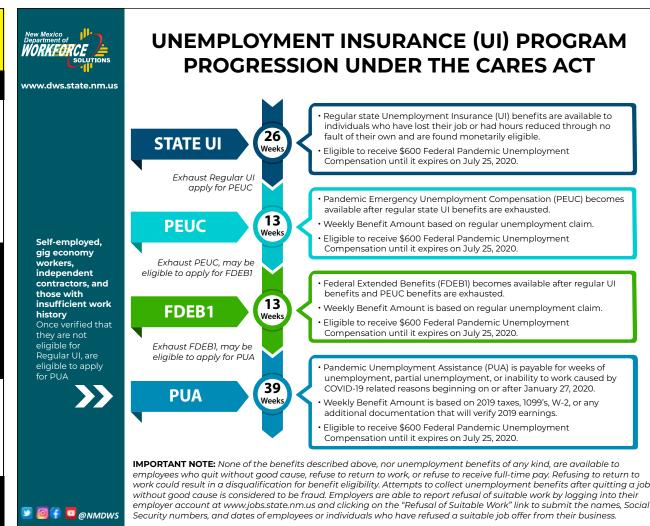
A reminder to all claimants that the additional \$600 Federal Pandemic Unemployment Compensation will be ending July 25, 2020.

The first group of claimants exhaust-

ing their PEUC benefits will start this Sunday after they certify. The written notification they receive from New Mexico Department of Workforce Solutions specifies they can apply over the phone by calling the UI Operations Center at 1-877-664-6984, or online by clicking on the "Apply for Extended Benefits" link located on their claimant homepage.

New Mexico's most recent Extended Benefit program was triggered in 2009 and ended December 31, 2011.





### **NEW AND RENEWING MEMBERS**

### **NEW MEMBERS**

Commercial Space Progress Foundation 575-646-6414 Dr. Patricia Hynes

Safe-Lock/Medical & Work Apparel 800-524-2311 David Crider

Ariel Technologies 575-524-6860 Al Perez

Behavior Change Institute 866-273-2451 Kathleen Karimi

### RENEWING MEMBERS

ACTion Programs for Animals 575-644-0505 Mr. Michel Meunier

American Linen Supply of NM 575-526-6641 Mr. Michael Lutz

American Red Cross 505-265-8514 Robert Chavez

Better Homes & Gardens Real Estate-Bill Carpenter 575-202-2300 Mr. Bill R. Carpenter Big Brothers Big Sisters Mountain Region 575-523-9530 Bethany Hoffman

"Bravo Mic Communications -KMVR, KOBE, KXPZ, KVLC"

575-527-1111 Lyndsey Holder Kalson

Casa Bandera Apartments 575-647-0881 Ms. Aracely Romero

Cavill & Company 575-323-3425 Mr. Ronald Cavill

**Chilitos** 575-526-4184 Mrs. Melissa Lucero

"Coas Books, Inc" 575-524-8471 Mr. Michael Beckett

**Dave Hooker** 575-556-8504 Mr. Dave Hooker

**Dekker/Perich/Sabatini** 575-521-9700 Kurt Morton Edward Jones Investments-Ernest B. Carlson IV 575-222-0146 Ernest B. Carlson

El Paso Electric Company 575-526-5551 Ms. Jennifer Ortiz

Electronic Caregiver 575-522-4046 Cindy Guzman

"EnrichTheKids, Inc." 575-571-7734 Ms. Angelique Montes

French Brothers 575-437-7134 Louann Satathiti

**Getz Funeral Home** 575-526-2419 Chad Getz

Golden West Trading Company 575-644-2043 Ms. Talea Alberson

**"Griffins Propane, Inc."** 575-523-7775 Kim Klement

**Grindell & Romero Insurance** 575-524-8531 Mercedes Abercrombie Haciendas at Grace Village 575-524-1020 Ianet Acosta

Hampton Inn & Suites 575-527-8777 x359 Imesh Vaidya

**Jardin de los Ninos** 575-639-0652 Dr. Michelle Saenz-Adame

KVIA - TV 7 915-496-7777 Mr. Michael Sepulveda

**La Ventana Glass** 575-888-7774 William Martinez

Las Cruces Public Schools Foundation 575-527-5888 Ms. Betsy Geery

"Leavitt Group Southwest, Inc." 575-521-1200 Ms. Alma Franzoy-Capron

Lessons of Life 575-541-5505 Kami Silva

Lindmark Outdoor Media 575-526-2660 Mr. Roy Granado "Lori D. Allen, Financial Advisor, Edward Jones" 575-522-4341 Lori Allen

Manpower Staffing Services 575-522-6028 Ms. Sherri Rials

Mesilla Valley Habitat for Humanity 575-525-0475 Candice Butler

Mesilla Valley Hospital 575-382-3500 Anna Laliots

NAI 1st Valley 575-521-1535 Mr. Jake Redfearn

New Mexico Mutual Group 505-345-7260 Claudia Sanchez

New Start Homes / J&J Liquidators LLC 575-527-6464 Sandra Portillo

"NMSU Foundation, Inc." 575-646-1613 Derek Dictson

RE/Max Classic Realty 575-524-8788 Ms. Nora Stone Schueller Homes LLC 575-532-9564 Dale Schueller

Security Finance 575-541-8908 Ms. Terri Bogan

The Darin Manes Agency -Farmers Insurance 575-525-3107 Darin Manes

The Emerald Isle Boutique 575-525-9177 Louise Burchell

UniFirst Corporation 800-537-9074 Mr. Frank Perez

**Wienerschnitzel - El Paseo** 575-524-7471 Mr. Tim Kass

"Wild West Martial Arts & Fitness, LLC" 575-644-7894 Adam Moralez



### **DESERT HOME SENTRY, LLC**

PROFESSIONAL HOME WATCHING SERVICE
So many things can happen to an unoccupied home.
Let us be your eyes and ears in your absence, your trusted sentry!
For more information visit or call: DesertHomeSentry.com
Tracy (505) 350-0077 • Darold (505) 228-7847

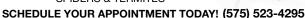
DONA ANA
PEST CONTROL

Insured

Bonded

LET US TAKE CARE OF ALL YOUR PEST CONTROL NEEDS!

ROACHES, MICE, BEDBUGS, SPIDERS & TERMITES



Dona Ana Pest Control Inc. , PO Box 1225, Las Cruces, NM 88004 www.meetlascruces.com/Dona-Ana-Pest-Control-in-Las-Cruces

Visit us at www.lascrucesbulletin.com



## DISCOVER THE MANY SIDES OF AAA



Stop by your local AAA New Mexico branch to take advantage of all your AAA membership has to offer, including:

Insurance Competitive rates on Auto, Home and Life Insurance

Vo EX

Travel
Vacation planning services, plus
EXCLUSIVE AAA Member Benefits

MVD Save up to 90% off administrative fees versus private MVD providers

Call: 1-877-222-1020 Click: AAA.com/TravelSale Visit: 3991 E. Lohman Ave., Suite A, Las Cruces, NM

Membership requires the separate payment of annual dues and an admission fee for new members. Membership is required for new insurance is a coffection of AAA branded products, services and programs ovaliable to qualified AAA members. AAA personal lines insurance provided by Inferinsurance Exchange of the Automobile Outs. Life insurance annewmitten by our affiliate. AAA Life Insurance Company, Evantia, M.R. AAA Life is licensed in all states, except IV. AAA New Mesico is an insurance agent for the Exchange, and acts as an agent for AAA Life. There is a \$2 administrative fee for each MVD transaction in addition to MVD fees. Fee subject to change without notice. Copyright © 2018 AAA New Mesico, LLC. Alt Rights Reserved.

### HEARING LOSS HELP! WHY CHOOSE US?

Comprehensive Testing Ensures We Understand Your Unique Level of Hearing Loss

State of the Art Hearing Aids Mean You Can Optimize Your Ability to Hear

Exact Fittings and Programming Guarantee Your Satisfaction

Exceptional Follow-Up Care

CELESTIAL HEARING SOLUTIONS

2001 E. Lohman Ave., Ste. 112 Las Cruces

www.celestialhearing.com

**CALL NOW!** 

(575) 288-2710

Visit us at www.lascrucesbulletin.com

## Financial strategies built just for you.



Larae Harguess Financial Advisor

4440 Sonoma Ranch Blvd Suite A Las Cruces, NM 88001 575-541-3426

Edward Jones

edwardjones.com Member SIPC



Recycle • Repurpose • GO GREEN – BUY PREOWNED!



Congratulations!

Need help furnishing your "new" home?

Fine selection of furniture, bedroom and dining sets, lamps and household items!

Dining tables starting at \$50.

575-639-2495

1250 West Picacho - Right next door to Antiques & Crafts Marketplace!



# Get better TV with Sky View Satellite.

Check out our deals made just for the military, first responders, and Americans 55 or older.



#### **SERVING THOSE WHO SERVE**

We have an exclusive offer with savings of \$500+ over two years – with no upfront cost.

Requires credit qualification, validation of status as active duty, veteran, or first responder, 2-year commitment with early termination fee, and eAutoPay.



### FOR THOSE 55 AND OLDER

Spend more time watching and less time worrying with this deal specially created for those 55 and older.

Age verification may be required.

### ASK US HOW TO INTEGRATE NETFLIX INTO YOUR VIEWING EXPERIENCE!

Requires internet-connected receiver and Netflix subscription.



Sky View Satellite | 575-636-2313

2001 E. Lohman Ave., Suite 119, Las Cruces, NM 88001 skyviewsatelliteinc.com desh Premier Local Retailer

## **Get your Bulletin at home**



If you're not already receiving the Las Cruces Bulletin at your home, call today to subscribe for just \$54 a year.

Or if you do receive the Bulletin, maybe you have a friend or loved one who would like to receive it.

Call the Bulletin today, at 575-524-8061, or email circulation director Teresa Tolonen, teresa@lascrucesbulletin.com

Bulletin

1740-A Calle de Mercado, Las Cruces 575-524-8061 www.lascrucesbulletin.com