



Camps 4 Kids

New Camp Options! Starting at \$25! Ages 6-12 yrs!

	Theme	Field Trip
May 28-May 31	Camp Waterworld	Western Playland
June 3-7	Nerf Academy	Bob-O's
June 10-14	Wilderness Camp	White Sands
June 17-21	Travel Camp	El Paso Zoo
June 24-28	Sports Camp	Hawk's Hoops
July 1-5	Pokémon Academy	Peter Piper Pizza
July 8-12	Hogwarts Academy	Bowl El Paso
July 15-19	Theater Camp	Allen Theaters
July 22-26	Nerf Sports Camp	Peter Piper Pizza
July 29- Aug 2	Ninja Warrior Camp	Rockin' Jump
August 5-9	Best of Best Camp	Alamogordo Zoo

11 Amazing Weeks of Supervised Fun!

Fast Track Swim Sessions

4 Lessons/Wk Ages 2yrs & Up Starting at \$71

Safe Indoor Pool • Large Observation Room • Sign up Now!

Session 1	May 28-31	Session 6	Jul 1-5 (No 4th)
Session 2	June 3-6	Session 7	Jul 8-11
Session 3	June 10-13	Session 8	Jul 15-18
Session 4	June 17-21	Session 9	Jul 22-25
Session 5	June 24-27	Session 10	Jul 29-Aug 1

*Year-round once per week classes available

Session Times: Mon-Thur

10:00am, 10:30am, 11:00am, 11:30am, 4:00pm

*Pick and choose the times and weeks that best fit your schedule.

FREE SWIM EVALUATIONS

May 4, 11, 18 & 25 (2-4pm) Ages 3 years & up

Take advantage of this opportunity to receive FREE swim evaluations from our certified and professional instructors. Placement cards will be provided at the end of each evaluation.

*R.S.V.P online or call 575.523.1616 to reserve your space.

Specialty Camps

Ages 6 & Up \$119/Wk Reserve Your Spot Today!

Girls Gymnastics	Boys Gymnastics	Dance Camps
Jun 10-14 (9-12pm)	Jun 3-7 (9-12pm)	Jun 3-7 (1-4pm)
Jul 1-5 (9-12pm)	Jul 8-12 (9-12pm)	Jul 1-5 (1-4pm)
Jul 29 - Aug 2 (9-12pm)		Jul 29- Aug 2 (1-4pm)

575.523.1616 LasCrucesCamps4Kids.com



Special Camps for Ages 4-5 | Visit Website For Details

OFFERING
WEEKLY
CLASSES

Taekwondo
at Gym Magic Kids

**GYM
MAGIC
.COM**

2X National Champions



5X State Champions



Master Sensei Eli Guzman
2X Instructor of the year

1203 N. Main Street
Las Cruces, NM 88001



GUZMANDOJO.COM 575.644.9083

BUILDING LIFE CHAMPIONS EVERYDAY! #guzmandojo



New Student Tuition Special

4 WEEKS
\$69

FREE T-SHIRT (\$30 Savings)
Expires 7/31/2019 plus tax & \$19.99 enrollment fee



8 WEEK SUMMER SLIMDOWN
FREE T-SHIRT



\$99
plus tax & \$19.99 enrollment fee

TRAINING LIFE CHAMPIONS!!
Enroll by June 30th

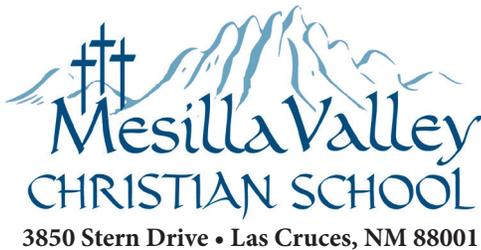
\$129
SUMMER CAMP

JUNE 13th - 17th
JULY 17th - 21th

8:00am - 12:00 pm

REGISTRATION NOW OPEN!
come by the dojo or visit us online

HURRY, REGISTER TODAY! • CAMPS FILL UP FAST! • T-SHIRT INCLUDED IN ALL CAMPS



Registration forms are available on our website mvcsonline.com or call (575) 525-8515 for more information.



**BASKETBALL
CAMP 1 JUNE 17-20**

Boys & Girls Basketball
Camp hosted by the
MVCS Boys JV & Varsity
Basketball Teams
Cost: \$55
Boys & Girls -
Grades 1st-4th
8:00 - 10:00 AM

**BASKETBALL
CAMP 2 JUNE 17-20**

Boys & Girls Basketball
Camp hosted by the
MVCS Boys JV & Varsity

Basketball Teams
Cost: \$55
Boys & Girls -
Grades 5th-8th
10:30 AM - 12:30 PM

**BASKETBALL
CAMP 3 JUNE 24-27**

Boys & Girls Basketball
Camp hosted by the
MVCS Girls Varsity
Basketball Team
Cost: \$55
Boys & Girls
Grades 3rd-8th
9:00-11:30 AM



VOLLEYBALL CAMP

JUNE 10-13
Girls & Boys Volleyball Camp
hosted by the MVCS JV &
Varsity Volleyball Teams
Cost: \$70
Girls & Boys Grades 1st-8th
9:00 — 12:00 Noon



FOOTBALL CAMP

JUNE 10-13
Boys Football camp hosted
by the MVCS Varsity Football
Team
Cost: \$65
Boys grade Grades K-5th
8:00—11:00 AM



SOFTBALL CAMP

JUNE 3-6
Boys & Girls Softball Camp hosted by the MVCS Varsity Softball Team
Cost: \$55 Girls & Boys Grades 3rd-8th
9:00—11:30 AM

LEARN FOR A LIFETIME

SUMMER CAMPS

- Weekly Themed Camps
- Ages 5 through Adult



SUMMER CLASSES

- Basic Reading and Comprehension Classes
- Math Classes for All Ability Levels

SUMMER TUTORING

- Individual Tutoring
- By appointment



*More information is available at
www.learnforalifetime.com or 575-208-6395*

Tips to guard against bites and burns this summer

(StatePoint) For families – and everybody else for that matter – protecting skin should be a top summer priority. After all, there is no shortage of summer skin woes you'll want to avoid.

From protecting skin from sun to repelling disease-carrying insects, here are some top insights that will help you and your family enjoy a safer, more comfortable summer.

Sunscreen: get it right

When it comes to sunscreen, it's important to understand and follow sun safety guidelines. Fewer than half of moms (48 percent) knew the correct amount of sunscreen



(C) FAMVELDMAN / STOCK.ADOBE.COM

to apply to the face and body while at the pool, lake or beach, according to a NO-AD Sun Care-commissioned survey on sunscreen. The correct amount of sunscreen to be applied — or reapplied — is at least 2 tablespoons. More alarming still, the majority of those surveyed

(54 percent) believe the proper time to apply sunscreen is as soon as they start feeling their skin burning.

Experts say that parents should apply a broad-spectrum sunscreen to themselves and children 15

SEE TIPS, PAGE 16



Camp Invention®

A HIGH-ENERGY, HANDS-ON STEM CAMP



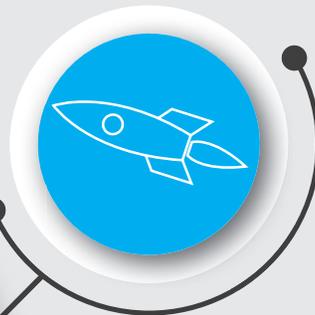
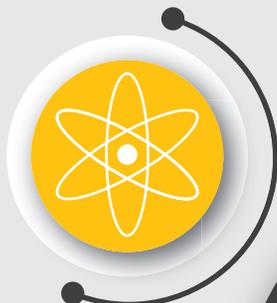
**DESERT HILLS ELEMENTARY
JUNE 3-7, 9:00AM - 3:30PM
REGISTER AT INVENT.ORG/CAMP**



National Inventors
Hall of Fame

Inspiring future innovators®

In partnership with the USPTO



KIDS COLLEGE & CAREER CAMPS

Explore careers in STEAM and have fun
with Doña Ana Community College's
Kids College and Career Camps!

Summer 2019

Enroll Online
dacc.nmsu.edu/ctp/kids-college

Half-day and Full-day options.
Early Drop Off and Late Pick-up Available.



REGISTRATION OPENS MAY 13TH

• PHONE: 575-527-7776 • 2345 E NEVADA AVE • dacc.nmsu.edu/ctp

Kids Summer Creativity Hub with...



Located in
Downtown
Las Cruces
118 S. Water
575.201.7441



art . paper . scissors . studio

YOGA AND ART WORKSHOPS KIDS "SUMMER SENSES"

Art and Yoga Day Camp with Tauna Cole-Dorn & Maria Goley

May 29, June 5 and June 12 from 1:30 to 5 pm

Each camp will focus on different senses through art at the Wet Paint Studio with Tauna and yoga with Maria at Dwell Within Yoga Studio.

SUMMER ART CAMPS at WET PAINT ART STUDIO

Art Instructor, Tauna Cole-Dorn of Art Paper Scissors Studio will be holding a variety of art camps for three age groups; 3 – 4 yrs., 5 – 8 yrs., and 9 – 13 yrs.

3 – 4 yr. old's • Cost \$90 per child

JUNE 3RD – 6TH 10 – 11:30 am

FLY TO THE MOON: Explore the galaxies, planets, stars, and space travel.

JUNE 24TH – 27TH 10 – 11:30 am

ART THROUGH THE SENSES: The focus will be on the process of making art through the senses of touch, sight, taste, smell and sound.

5 – 8 yr. old's • Cost \$120 per child

JUNE 10TH - 14TH 10 – 12 pm

SHAPE SHIFTERS: Mixed media drawing and painting class focusing on the animal and plants of NM to learn how to draw and paint.

JULY 15TH – 19TH 10 – 12 pm

LITERATURE THROUGH THE IMAGINATION: Through children's literature, we will find inspiration in artworks reflecting what we read in camp. (This is one of my personal favorites.)

9 – 13 yr. old's • Cost \$120 per child

JUNE 17TH – 21ST 10 – 12 pm

LEFT BRAIN ART BRAIN: Add the A TO STEM for STEAM and we're there!

Mixed media, 2-D and 3-D, maybe even all 3-D.

JULY 22ND – 26TH 10 – 12 pm

SELF PORTRAITS, SELFIES AND THE SUBJECTIVE SELF: Navigating Art and Social Media first by learning how to draw the portrait, and then moving towards projects around representation and social media's influence.

Register at www.wetpaintstudiolc.com

We partner with



www.wetpaintstudiolc.com

Instagram: @wetpaintstudio

Facebook: facebook.com/wetpaintstudio



www.artpaperscissorsstudio.com

Instagram: @artpaperscissorsstudio

Facebook: facebook.com/artpaperscissorstudio

dwell yoga



STATEPOINT

4 ways to get fit as a family

(StatePoint) One of the keys to encouraging children to develop health habits early is to make fitness a priority in the home.

The great news is there are a variety of ways to lead an active lifestyle that are suitable for the whole family, including kids of all ages.

Let these four creative ideas help you turn each day into an opportunity to get fit and have fun as a family. As with any workout, it's important to have the proper gear, and that starts with footwear. Each exercise is paired with a suggestion of what to consider when it's time to choose the right shoe.

1. Visit a playground: Choose your own adventure, taking note of your favorite parks and playgrounds and their features, such as skate parks, swings, slides and climbing walls.

Shoes to try: Vans all have a variety of "updated classic" styles

available in men, women and children's sizing in on-trend colors, such as blush, yellow and white. This ensures that everyone can find a pair that reflects their personalities, while also providing necessary support.

2. Learn a new sport: From tennis to golf to touch football, there are a variety of ways to experience healthy activities as a group.

Shoe to try: The Adidas Lite Racer features a Cloudfoam EVA midsole to guide your foot when enjoying high-impact sports, such as running or tennis.

3. Participate in a charity run: Whether you're a seasoned runner or have just signed up for your first 5K, many fundraising races are designed to accommodate the whole family. For younger children, search for events that allow baby strollers or that host a separate Fun Run for the kids.

Shoe to try: Nike offers the Flex Experience,

which features lightweight synthetic overlays for a great fit and feel in both adult and children's sizing.

4. Get outdoors: Explore a new hiking trail to make memories and enjoy stunning scenery. Cater to all family members by choosing the length and level of difficulty of the hike.

Shoes to try: Built to go off-roading, ASICS hiking shoes features reversed lugs on the outsole to ensure a dependable grip both uphill and downhill.

New footwear can help each member of the family get motivated to meet fitness goals and try new activities. For a one-stop-shopping experience and shoe trends for families, visit the Athletic Shop at Rack Room Shoes in stores or online at www.rackroomshoes.com/athleticshop.

Exercise shouldn't be a chore. With new gear, a great attitude and a sense of adventure, getting fit as a family will be fun.

New Mexico State University Swim School 2019

www.usaswimmingfoundation.org/makeasplash



A community-based instructional program primarily developed for teaching swimming to children beginning at the age of 3. NMSU Swim School is a local partner of Make a Splash. For more information on Make a Splash, please visit: www.usaswimmingfoundation.org/makeasplash

Level 1: Water Awareness

A water introductory class where swimmers will gain confidence in the water by developing skills that promote independent swimming. Prerequisites: None

Level 2: Stroke Development

Swimmers will continue swimming independently while learning the basic mechanics of the freestyle and backstroke. Prerequisites: Swimmers must be able to swim five yards independently and without assistance.

Level 3: Stroke Proficiency

Swimmers will refine freestyle and backstroke technique and learn the basic mechanics of the breaststroke. Prerequisites: Swimmers must be able to swim freestyle and backstroke independently for 20 yards.

Level 4: Stroke Refinement and Performance

Swimmers will build endurance, learn the butterfly, and continue refining stroke technique. Prerequisites: Swimmers must be able to dive, swim 25 yards of freestyle, breaststroke and backstroke, and tread water for 30 seconds.

Summer Dates:

Classes will be held Monday - Thursday on the following dates:

Session 1: May 28 - June 13 • Session 2: June 17 - July 3 • Session 3: July 8 - July 24

(No class on May 27, July 4, July 25)

Registration Dates: AggieFit Members: April 1, 2019 at 7:00am.

Non AggieFit Members: April 2, 2019 at 7:00am.

Registration will be conducted in room 101 of the Activity Center.

AggieFit members receive 10 percent off Swim School cost. Discount can only be applied during registration process.

Summer 2018 Morning Schedule:

Time	Class	Cost
9-9:30 a.m.	Level 1 and 2	\$95.00
9-9:45 a.m.	Level 3 and 4	\$115.00
9:45-10:15 a.m.	Level 1 and 2	\$90.00
9:45-10:30 a.m.	Level 3 and 4	\$110.00
10:30-1:15 a.m.	Level 3 and 4	\$110.00
10:45-11:15 a.m.	Level 1 and 2	\$90.00

Summer 2018 Afternoon Schedule:

Time	Class	Cost
3-3:30 p.m.	Level 1 and 2	\$95.00
3-3:45 p.m.	Level 3 and 4	\$115.00
3:45-4:15 p.m.	Level 1 and 2	\$90.00
3:45-4:30 p.m.	Level 3 and 4	\$110.00
4:30-5 p.m.	Level 1 and 2	\$90.00



New Mexico State University Recreational Sports Camp 2019

<http://recsports.nmsu.edu/sportscamp-2/>

NMSU Rec-Sports Camp provides a sports and development experience for boys and girls ages 5 to 14. Participants will develop a wide variety of fundamental physical activity skills so they can enjoy a healthy lifestyle and a lifetime of physical fitness. Keep your children active this summer!

Registration Begins:

April 15th, 2019 in room 101 of the Activity Center

Sessions:

Rec Sports Camp consists of eight 1-week sessions beginning June 3rd.

Pre-Camp:

Staff will be available to supervise children during pre- and post-camp activities from 7:30am-9am and 3pm-5:30pm.

Pre-Camp: 7:30am-9am: \$50.00 • Post-Camp: 3pm-5:30pm: \$75:00

Meals

Campers will be escorted to Taos Restaurant in the Corbett Center Student Union for lunch. Taos offers various nutritious entrees in a buffet style. The lunch fee will be included within the session fee.

**There will be no camp for the week of July 1-5th.*



Sessions and Fees

Camp is held Monday-Friday from 9am-3pm

Session 1	June 3-7	\$165
Session 2	June 10-14	\$165
Session 3	June 17-21	\$165
Session 4	June 24-28	\$165
Session 5	July 8-12	\$165
Session 6	July 15-19	\$165
Session 7	July 22-26	\$165
Session 8	July 29-August 2	\$165

WHEN SCHOOL'S OUT
**Clubs are in
Summer Program**

330 W. Las Cruces Ave | Las Cruces, NM 88005



**BOYS & GIRLS CLUB
OF LAS CRUCES**

\$65 per week
financial assistance
available on a first
come first serve basis

**Breakfast, lunch
and afternoon
snack provided**



CONTACT US

www.bgclascruces.org
frontdesk@bgclascruces.org | 575.526.1519

Programs/Activities

- ✓ Field Trips
- ✓ Computers
- ✓ Sports & Games
- ✓ Arts & Crafts
- ✓ Learning Games
- ✓ Friends & Fun



Ages:
6-18

Hours:
7:30-6:30

BASKETBALL CAMP | \$245
BOYS & GIRLS ENTERING GRADES 4-8
LUNCH PROVIDED EACH DAY
MONDAY, JUNE 3 - THURSDAY, JUNE 6
9AM TO 3:30PM

YOUTH BASKETBALL CAMP | \$130
BOYS & GIRLS ENTERING GRADES 1-3
LUNCH PROVIDED EACH DAY
MONDAY, JUNE 10 - THURSDAY, JUNE 13
9AM TO 12:30PM

ELITE CAMP | \$45
BOYS, AGES 14+
(INCLUDING JUNIOR COLLEGE)
SATURDAY, JUNE 15
1PM TO 5 PM

REGISTER BY
MAY 1ST & SAVE \$10
PROMO CODE:
SAVE10

TO REGISTER, VISIT:
CAMPS.JUMPFORWARD.COM/CHRISJANSBASKETBALL
OR CONTACT CASEY OWENS AT 575-646-1646 | JCOWENS@NMSU.EDU

**2019
CHRIS JANS
BASKETBALL CAMPS**

NEW MEXICO STATE
MEN'S BASKETBALL

A Universe of Stories



Thomas Branigan Memorial Library

200 E. PICACHO AVE., LAS CRUCES, NM
575-528-4000

<http://library.las-cruces.org>

Monday-Thursday: 9:00AM - 8:00PM

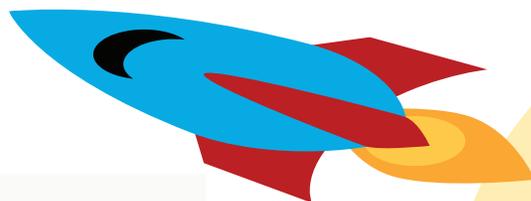
Friday & Saturday: 10:00AM - 6:00PM

****Sunday (June-August): CLOSED****

- Summer Reading Challenges
- Programs for Children, Teens, and Adults
- Movies for all ages
- Performers including Jordan Wax, Andy Mason and Adam White



Check out the Library's website for more information on our programs for all ages!



The Friends of
Thomas Branigan Memorial
LIBRARY

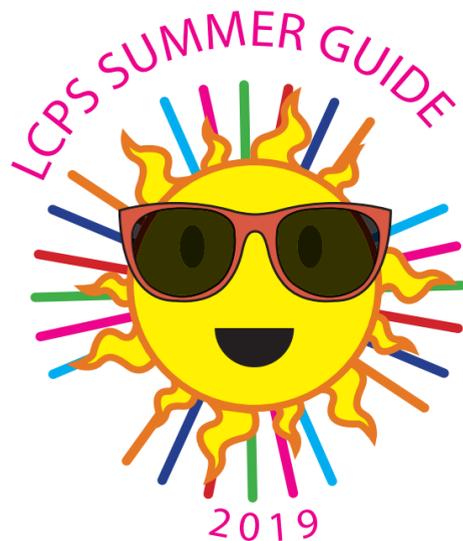
Thanks to the Friends of TBML for providing funding for programs and prizes.



**LAS CRUCES
PUBLIC SCHOOLS**

www.lcps.net

Find us on Facebook:
LCPublicSchools



Dear Parents,



Gregory Ewing, Ed.D.
Superintendent

The end of the school year is always an exciting time for students, families and school staff. It is a time of celebrations, graduations and award ceremonies. This year, Las Cruces Public Schools celebrated the Year of the Teacher, honoring their hard work and commitment to the students of the district.

It's important that our students and families take some time and relax, but I'd also like to encourage students to stay active, keep learning, and embark on a journey of reading this summer.

I hope everyone has a happy and safe summer break. I look forward to seeing all of you next school year.

Las Cruces Public Schools Board of Education



Ed Frank
President



Terrie Dallman
Vice President



Maury Castro
Secretary



Maria A. Flores
Member



Ray Jaramillo
Member



The Head Start comprehensive preschool program is now recruiting! The program is designed for: families whose income is within the U.S. Poverty Guidelines, families that are homeless at the time of application, active duty military families and children with disabilities. Age Requirements; Child must be 3 or 4 years old BEFORE September 1, 2019.

**For more information, contact:
(575) 527-6020**

<http://www.lcps.net/federal-programs/head-start/>

Summer Space Camp



Students take on the roles of astronaut, engineer, mathematician, scientist, artist, and researcher as they solve real-world problems by investigating the International Space Station

Camps include: Moon Landing Anniversary Celebration, Celebrating our Moon & Other Fascinating Moons, From the Moon to Mars, and Exploring Magnificent, Mysterious Mars.

**K-2nd Grade: May 29, 30
June 26, 27**
**3rd-5th Grade: June 10-13
June 17-20**
6th-8th Grade: June 3-6

Visit website or call for pricing

Held at the Challenger Learning Center of Las Cruces inside the LCPS Teaching & Learning Center

505. S. Main, Suite 400

Breakfast and Lunch provided by City of Las Cruces Lunch Program

Register at bit.ly/challengercamp (575) 527-5855



Keeping Cool During Summer Activities!

Parents, if you have children who ride the bus this summer or children who spend quite a bit of time outside, here are some tips to help keep them safe:

- Encourage children to drink water frequently at home and at school. Send a water bottle to school with your child, and/or a portable hand-held fan.
- Dress students in light-weight, loose-fitting, cotton clothing.
- Talk to your child about the dangers of getting overheated. Inform your child to report to an adult immediately if they experience: heavy sweating, dizziness, nausea, vomiting, weakness or fatigue, cramping in arms, legs or abdomen.



**NEW MEXICO
FARM & RANCH
HERITAGE
MUSEUM**

**SUMMER
CAMPS**

Registration required (beginning May 1).
Classes fill up quickly!

- June 4-6: Art Camp
- June 11-13: Archaeology Camp
- June 18-20: Nature Camp
- June 25-27: Living History Camp
- July 9-11: Wool camp
- July 23-25: Little Farmers Story Time



4100 Dripping Springs Road • Las Cruces, NM 88011
(575) 522-4100 • www.friendsnmfarmandranchmuseum.com

SINCE 1969
THE LAS CRUCES
Bulletin

Delivering
21,000 copies
of the Bulletin
every Friday, we
are Las Cruces'
hometown
newspaper.



575.524.8061 • www.lascrucesbulletin.com

STATE RUNNER UP 2018!



**MHS BOYS AND GIRLS
SOCCER CAMP**

AGES: 5-13 YEARS OLD
DATES: JULY 8TH - 10TH
WHERE: LCPS FIELDS
TIME: 6:00 - 8:00 PM
CAMP FEE: \$45.00

**PLAYERS WILL
RECEIVE:**

- Technical development
- Attacking
1v1, 2v2, 2v4
- Defending
1v1, 2v2, 2v4
- SPEED, AGILITY,
AND QUICKNESS
- FUN COMPETITIVE
GAMES
- FREE CAMP SHIRT
- FREE CAMP PICTURE



QUESTIONS OR REGISTRATION:
CALL Liane at 575-496-8014 OR
EMAIL AT mayfieldsoccerboys@gmail.com

2019 Doña Ana Arts Council

Summer
ART PROGRAMS

Immerse your child in the arts this summer!



Opera Storytellers Camp June 3rd-14th

For students entering: 3rd-12th grades
Monday - Friday, 9 am-3:30 pm
Centennial High School, 1950 S. Sonoma Ranch
Tuition: \$300 (Scholarships available)
Limit 25

Career Art Path June 17th-28th

For students entering: 5th-8th grades
Monday - Friday, 8:30 am-2 pm
Zia Middle School, 1300 W. University Ave.
Tuition: \$100 (Scholarships available)
Limit 40

Missoula Children's Theatre July 8th-13th

Presenting "Gulliver's Travels"

For students entering: 1st-12th grades
Monday - Friday, 10 am-2:30 pm
Las Cruces High School, 1755 El Paseo Rd.
Tuition: \$60* (Scholarships available)
Limit 60
**New this year: All students who register & pre-pay will get a role in the play!*



Register at www.DAArts.org
or email/call: admin@daarts.org • (575) 523-6403



BULLDAWG FOOTBALL SUMMER YOUTH CAMP

The Las Cruces High Football program will be conducting a youth football camp from June 17 through June 21, 2019. The Bulldawg Football program is a perennial powerhouse and has won an amazing 6 State Championships since 1999!

State Champs
'59, '75, '99, '00, '02,
'08, '12, '13



This camp will focus on instruction by position, age appropriate weight training, agility drills, motivation and competitive games. Come join the Bulldawg players and coaches for this year's summer football camp!

When:
June 17-21, 2019

Where:
Las Cruces High
School Football Field
and Fieldhouse

Ages:
Students entering 1st
through 8th grade

Daily Times: 1st-5th graders: 9:00am-12:30pm
6th-8th graders: 9:30am-1:00pm

All camp participants will receive a daily lunch and camp jersey. In addition, trophies will be awarded on June 21st to winners of the 7-on-7 challenge!

Register Early and Save Money
Dawgfootball.net
We look forward to seeing you at this year's camp!

If you have questions about this camp, please email
mjlopez@lcpss.net or call 575-312-9024 / 650-7429



SUMMER YOUTH PROGRAMS PRESENTED BY:

FAMILIES AND YOUTH, INC.

AmeriCorps Enterprise City Summer Camp



A summer camp for children ages 7-13 who learn about the world of work by operating and working in a mock city. The children learn how cities and businesses function. They receive a paycheck for their labor which is used to pay "bills," "taxes", and to buy items at Enterprise City businesses.



Where: Lynn MS (950 S Walnut)	Session 1: 7:45 am-12:45 pm
When: June 3rd-July 18th	Session 2: 12:00 pm-5:15 pm
Days: Monday - Thursday	Session 1 & 2: 7:45am-12:00pm-5:15pm
Part-time: \$350.00 (Session 1 OR 2)	Full-time: \$600.00 (Session 1 AND 2)



Check us out online: <https://www.facebook.com/fyinemexico/>



DAYCARE ASSISTANCE AVAILABLE!



(Low/no cost eligible for daycare assistance!)

ASK ABOUT PAYMENT PLANS & DISCOUNTS!

Register at 1320 S. Solano before space runs out!

Contact us at (575) 556-1555 or 556-1620

ORIENTATIONS:

Where: Lynn Middle School cafeteria
When: May 1st & May 8th, 6:30-7:30pm
'Citizens' must attend one orientation!

- | | |
|-----------------------|----------------------|
| Meet the members! | Make job selections! |
| Badge pictures taken! | Program overview! |
| Registration! | Payment plans! |

Families and Youth, Inc.
Summer Food Service Program

Schools Out!
FREE MEALS

FREE Meals All Summer Long
For Kids and Teens 18 and under
May 29 - August 2

Serving Breakfast, Lunch and Supper
at Over 50 Different Locations

Join us for our
Kick-Off Event June 8
@ Young Park 11-2

Fun
Games
Prizes

To find a listing visit our website www.fyinem.org

FOLLOW US ON
facebook

Centennial Lady Hawks

BASKETBALL



Hoops & Leadership Camp

Camp Features Individual Skill
Development:

Ball Handling, Shooting, Passing, Defense,
Leadership Skills, Winning Behavior &
Games, Games, Games

FOR MORE INFORMATION AND TO SIGN UP:

www.centennialladyhawkbasketball.com

or contact Coach Laborin at jlaborin@lcps.net

June 3rd-5th

8:00am - 11:00 am

Boys & Girls

Grades K - 8th

CAMP INCLUDES

- EACH CAMPER WILL RECEIVE THEIR OWN PERSONAL BASKETBALL & T-SHIRT
- DAILY AWARDS
- FREE LUNCH EVERYDAY
- LEADERSHIP MATERIAL
- HOURS OF FUN

\$55 per camper

- BEST CAMP IN TOWN
- BEST FACILITIES IN TOWN
- BEST PRICE IN TOWN
- EXPERIENCE THE HAWK WAY!!!

Hawks



Flying Hawk



Football Camp



SKILLS BASED

Learn the basic fundamentals of football from the Centennial coaching staff. Proper blocking, tackling, passing and catching techniques will be taught by the CHS coaches and demonstrated by the players.

CAMP ACTIVITIES

- Defensive skill work
- Offensive skill work
- Weight room seminar
 - 7 on 7 games
- Combine Testing (40 yd dash, pro agility, broad jump, bench press & shuttle run)

CAMP PERKS

- Awards
- Sport Drink Breaks
- Lunch Each Day
- Camp Shirt
- 7 on 7 competition

WHAT TO BRING

- T-shirt and shorts
- Hat and Sunscreen
- Water bottle
- Cleats and court shoes



JUNE 10-13 2019

MONDAY - THURSDAY
9AM TO NOON

CENTENNIAL HIGH

GRADES K-8 (FALL 2018)

COST \$70 \$80 AFTER JUNE 5TH

FOR REGISTRATION FORM: Go to our website at www.hawksboosters.com & click on **FORMS**

Contact Aaron Ocampo at aocampo@lcps.net with questions. Team rates are available for teams of more than 10 players. For team rates, registration forms and payment must be completed by June 6th.

Empowering young men to build a better future.

Tuition-free STEM program for minority males in grades 6 through 8.

Every young man deserves access to a better future. That's why we've launched the Verizon Innovative Learning program for minority males a dynamic, three-week summer program for middle school males, where they'll learn design thinking, 3D printing, augmented reality and social entrepreneurship.

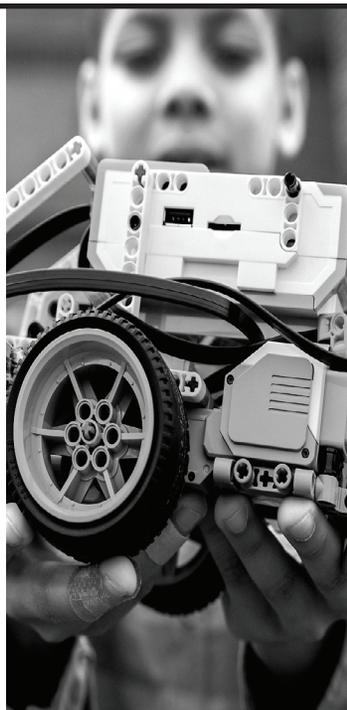
Join us at no cost:

July	When?
	July 8-25 (M-Th)

Where?
New Mexico State University

For more information about this program, please contact Raena Cota at raenac@nmsu.edu. To register, visit bit.ly/VIL19MinorityMales and to learn more about Verizon Innovative Learning, visit VerizonInnovativeLearning.com

verizon
innovative
learning



Summer Camp starts on Tuesday, May 28

and will meet **Monday-Friday, 9:00-1:30**, with a half hour lunch.

Production meets 9-11:30 (\$175)
Workshops and film class meet noon-1:30 (\$175).
 Tuition for both is \$300. Scholarships are available.
 Rehearsals will be at St. Paul's United Methodist Church, downtown Las Cruces.

SUMMER PERFORMANCES:
June 28 and 29

Venue to be decided.
 All participating will be cast.

Kenneth Grahame's
The Reluctant Dragon

Theatre Workshops
 Improv, Make-up and More!

For additional information, you may also contact Pinky Kingsley, Show coordinator at 575-644-9561 or email roditikos1@aol.com

A Children's Theatre of Mesilla Valley
www.achildrenstheatre.org

This project is made possible in part by an award from New Mexico Arts, a division of the Department of Cultural Affairs, and by the National Endowment for the Arts.

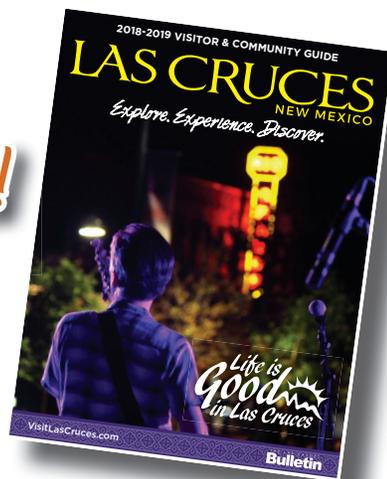
Life is Good in Las Cruces!

Check out our annual community guide, **Life is Good in Las Cruces**, coming out this summer. More than 80,000 copies are distributed throughout Las Cruces and beyond, full of all the things to see, learn and do in the Mesilla Valley.

There's a section geared specifically for Kids and Family, as well as everything you need to know about Las Cruces, whether you've lived here for three decades or just visiting for three days.

For more information, or to advertise in this product, contact the Las Cruces Bulletin at 524-8061

The Las Cruces Bulletin
 Local news and entertainment since 1969
www.lascrucesbulletin.com



TIPS

CONTINUED FROM 4

to 20 minutes before going out in the sun in order to give it time to bond to skin, and then reapply at least every two hours or after 80 minutes of swimming or sweating and immediately after towel drying. Unfortunately, 17 percent of moms were unaware that after an initial slathering of sunscreen, they needed to reapply it following extended exposure.

Beyond application, the type of sunscreen you use matters, too. Luckily, there are quality products at great value, which means you don't need to skimp on the amount you apply or reapplication. For example, NO-AD has been protecting families for generations at an affordable price per ounce. And for those who want

to avoid added fragrance, parabens, alcohol, retinyl palmitate, BPA and dyes, consider trying NO-AD Naturals Clear Mineral Formula SPF 50, which is developed with naturally sourced active ingredients such as titanium dioxide and zinc oxide, offers broad-spectrum UVA/UVB protection and is water-resistant for up to 80 minutes. Oxybenzone- and Octinoxate-free – both of which are chemicals considered harmful to coral reefs – this is also a good choice for the eco-conscious.

Other safe sun habits include limiting time in the sun, especially between 10 a.m. and 2 p.m., and wearing long-sleeve shirts, pants, hats and sunglasses.

Bite-free summer

Summer days are full of outdoor fun in backyards, parks, baseball diamonds

and more. And any time you and your kids are outdoors, you are at risk for insect bites. Unfortunately, a bite can carry risks beyond discomfort. Mosquitoes can carry Zika, West Nile, Dengue Fever and Chikungunya viruses.

Consider streamlining skin protection with a two-in-one combination such as BullFrog Mosquito Coast SPF 50 Continuous Spray Sunscreen + Insect Repellent, which is DEET-free, Oxybenzone- and Octinoxate-free, and a good choice when you want to pack light or send kids to camp or sports with a simple sunscreen and insect repellent solution.

You can also dodge mosquito bites by wearing loose long sleeves and pants, particularly on hikes, and by keeping your yard free of any standing water.

Fun ways to keep kids' minds active in summer

(StatePoint) A vacation from school is no excuse for a vacation from thinking.

Not only can learning be made fun, but you can avoid a rusty return to school in the fall by keeping kids' minds active all summer long.

Here are a few fun ways to make thinking and learning a priority, while not detracting from the fun of summer days:

- **Make the most of a trip:** From the lifecycle of local wildlife to the accomplishments of a great figure hailing from your destination, there is always an opportunity to learn about science, art, history and more on a trip out of town.

Whether you are

going on a beach getaway or visiting a major city, ask your kids to research the destination before departure. Not only will this help add meaning to the trip, it's a fun way for kids to stay intellectually occupied.

Then, once you are there, look for educational opportunities like museums, historic sites and guided nature walks.

- **Learn an instrument:** The summer vacation is the perfect time to delve into the world of music. And new technologies can make the process of learning enjoyable and exciting, as well as help beginners learn to play at their own pace.

For example, the CT-X700, a portable key-

board with features that are tailored to casual or beginning players, comes with hundreds of built-in rhythms that span both time and the globe.

Young musicians can learn not only how to play an instrument, but also get acquainted with the history of music.

The Step-Up Lesson system, which displays proper fingering and notation, is a great way to easily learn songs, while its six-track recorder can quickly capture sudden inspiration.

- **Play:** Whether kids are playing a formal team sport or just going outside and running around, staying active is good for the brain.

Indeed, evidence supports that exercise



(C) FAMVELDMAN / STOCK.ADOBE.COM

can make people more creative, improve concentration and boost memory. Take advantage of the season and hit up the pool, baseball diamond, playground and more.

- **Puzzle it out:** Use new tech like ClassPad.net,

to give kids the functionality necessary to tackle any math puzzle — from geometry to graphing to statistics and beyond.

A free, all-in-one web-based mathematics creation and discovery resource, kids can use it

to catch up this summer or work ahead.

With so many ways to make learning fun, you can avoid brain drain in your household this summer for a smoother transition back to school in the fall.

LIMITED SPACE
Call to reserve
575.323.0010



**NINJA
SUMMER CAMP**

**CONFIDENCE
SELF DEFENSE
FITNESS**

STEEL DRAGON
MIXED MARTIAL ARTS



STEEL DRAGON NINJA SCHOOL

- ★ Bully Proofing Strategies
- ★ Fun Games & Drills
- ★ Nerf Gun Wars
- ★ Snacks & Lunch Served Everyday
- ★ Crafts

MONDAY-THURSDAY
8:00am - 12:00pm
JUNE 3-6
JUNE 24-27
JULY 8-11
JULY 15-18

1960 N. SOLANO DR.
LAS CRUCES, NM

 **Steel Dragon Summer Camp**



Check Out LCAC's New Developmental Program

Las Cruces Aquatic Club is offering a developmental program to keep your kids cool in the summer and to learn vital swim skills. We have been offering innovative and fun programs since 1965.

Enrollment begins April 15th!

Both groups have an annual fee of \$70 to join.

Stingrays (Age 5-8)
Days: Monday, Wednesday
Location: Frenger Pool, 800 Parkview Drive
Cost: \$45 per month
Time: 5:30-6:00 p.m.

Dolphins (Age 6-10)
Days: Monday, Wednesday, Friday
Location: Frenger Pool, 800 Parkview Drive Park
Cost: \$50 per month
Time: 5:30-6:10 p.m.

Register Online!



LCAT
Serving Las Cruces
since 1965

www.lcatpride.com
For details on summer programs call 575-642-1299
PO Box 7142 Las Cruces, NM

Visit www.lcatpride.com to schedule a free evaluation or contact us at lascrucesaquaticclub@gmail.com or call 1-575-642-1299

Las Cruces.
Your hometown.

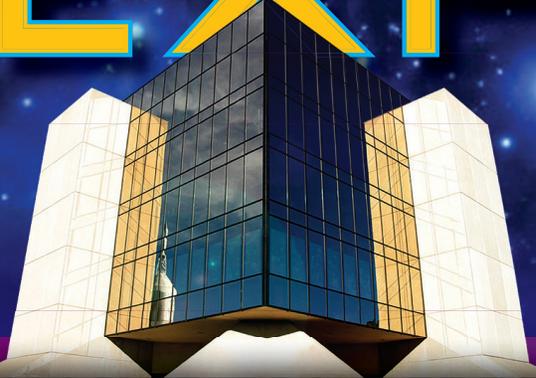
The Las Cruces Bulletin.
Your hometown newspaper.

T H E L A S C R U C E S
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NEW MEXICO MUSEUM OF SPACE HISTORY

EXPERIENCE SPACE!



ALAMOGORDO, NM

SUMMER CAMP PROGRAM



ROCKETEER
ACADEMY

Spaced-out adventures for cadets entering kindergarten through 9th grade.



ROCKETS & ROBOTICS

Come see the all new
**4K Laser Dome
Projection
System** —

The very first in the world!

NEW HORIZONS
DOMES THEATER & PLANETARIUM



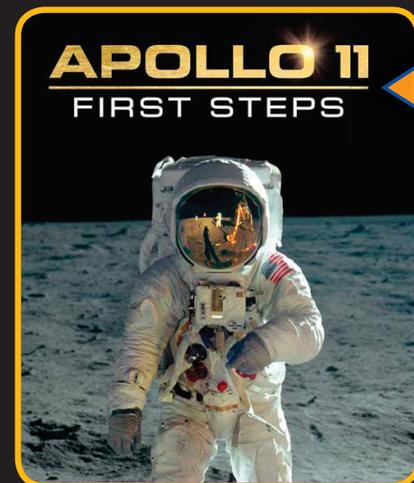
FIELD TRIPS & MORE

A new week of Summer Camp starts every Monday at 9 am June - July



PREMIERING
MAY 8TH
**NEW
MOVIE!**

... ALONG WITH
ALL NEW
PLANETARIUM
SHOWS!



PREMIERING
JUNE 1ST
**NEW
MOVIE!**

The real-life story of what it took to walk on the moon.

For more info, call
(575) 437-2840 x 41132
or Email
msh.info@state.nm.us

Register online
NOW at:

NMSpaceMuseum.org



Smithsonian
Affiliate



NEW MEXICO DEPARTMENT OF
CULTURAL AFFAIRS

a Summer of Fun!



The Parks & Recreation Department invites you to spend your summer having fun. There will be programs and recreational opportunities for all ages to enjoy.

AQUATICS

OPEN SWIM - INDOOR POOL

Las Cruces Regional Aquatic Center,
1401 E. Hadley Ave.

Open swim will begin May 6, and
end September 2.

OPEN SWIM SESSIONS

Monday - Friday: 12 - 3:30 p.m. and 4 - 7:30 p.m.
Saturday & Sunday: 12 - 3:30 p.m. and 4 - 7:30 p.m.

OUTDOOR POOLS (Open May 25)

Laabs Pool, 750 W. Picacho Ave.
East Mesa Bataan Memorial Pool,
6141 Reynolds Rd.

Open: Tuesday - Sunday: 12 - 3 p.m.
and 3:30 - 6:30 p.m.

Closed Mondays

TEEN SPLASH NIGHTS

Friday, May 24 and August 2, 7 - 11 p.m.

Las Cruces Regional Aquatic Center,
1401 E. Hadley Ave. There will be swimming,
music, and games. The event is for teens
13 - 17 years of age. Admission is \$1.

For more information on these programs
and events please contact the Las Cruces
Regional Aquatic Center at 575/541-2782.

GYMNASTICS 2019 SUMMER SCHEDULE

All classes held at East Mesa Recreation Center 5589 Porter Dr.

2019 SUMMER SESSIONS:

Session I: June 3 - June 28 Session II: July 8 - August 1

PARENT & ME / BEGINNER LEVEL (\$30.00)

Mondays & Wednesdays

9 - 10 a.m. and 9:15 - 10:15 a.m.

Tuesdays & Thursdays

11 a.m. - 12 p.m. and 11:15 a.m. - 12:15 p.m.

INTERMEDIATE LEVEL (\$30.00)

Mondays & Wednesdays

10:30 - 11:30 a.m. and 10:45 - 11:45 a.m.

Tuesdays & Thursday

12:30 - 1:30 p.m. and 12:45 - 1:45 p.m.

ADVANCED LEVEL (\$45.00)

Mondays & Wednesdays

12 - 1:30 p.m. and 12:30 - 2 p.m.

Tuesdays & Thursday

2 - 3:30 p.m. and 2:30 - 4 p.m.

TUMBLING CLASS (\$30.00)

Mondays & Wednesdays

2:15 - 3:15 p.m. and 2:45 - 3:45 p.m.

Registration can now be conducted online at
www.las-cruces.org/play. For more information, contact
Recreation at 575/541-2455 or email RecPrograms@las-cruces.org

FOR UPDATES
please visit our website at
www.las-cruces.org or
contact Parks & Recreation
at 575/541-2550.

*Dates are
subject to change.

SUMMER RECREATION PROGRAM

The Summer Recreation Program is a seasonal
program for youth presented at:

CAMINO REAL MIDDLE SCHOOL

2961 Roadrunner Pkwy.

SIERRA MIDDLE SCHOOL

1700 Spruce Ave.

PICACHO MIDDLE SCHOOL

1040 N. Picacho Blvd.

Activities will include arts & crafts, games, sports, field trips,
and other special activities.

The City of Las Cruces Parks & Recreation Department
will hold lottery registration for the Summer Recreation
Program beginning Monday, April 29 - Saturday, May 11.

The program is available to children, Kindergarten
through grade 5 and will be offered Monday through
Friday, 8 a.m. - 5 p.m.

Session I: June 3 - June 28

Session II: July 1 - August 2 (No program July 4)

For more information, contact the Parks & Recreation
Department Office, 575/541-2550.

TEEN CONNECTION SUMMER PROGRAM

Frank O'Brien Papen Center, 304 W. Bell Ave.

June 3 - August 2, 12 p.m. - 7p.m.

Youth Grades 6 - 12

ATHLETICS

LIL' SLUGGERS T-BALL AND COACH PITCH LEAGUE – A coed league that builds on baseball fundamentals, teamwork, and having fun. Online registration opens April 12 and is offered to Pre-K through 4th grade levels based on the 2019/20 school year. Registration will remain open until full. Participants must be 4 years old by start of season on June 10.

YOUTH VOLLEYBALL LEAGUE – A coed recreational league that helps participants develop basic skills, techniques, movement and posture through instruction and league play. Online registration opens April 26 and is offered to 3rd (Clinic Based Instruction) through 8th grade levels based on the 2019/20 school year. Registration will remain open until full. League play begins June 3.

YOUTH OUTDOOR SOCCER – A coed recreational league that focuses on teaching basic skills and teamwork in a safe and fun atmosphere. Online registration opens May 24 and is offered to Pre-K through 4th grade levels based on the 2019/20 school year. Registration will remain open until full. Participants must be 4 years old by start of season on July 6.

TIKES N SPIKES YOUTH FLAG FOOTBALL LEAGUE – A coed recreational league for youth who want to learn flag football, drills, rules, tactics and teamwork all while having FUN! Online registration opens June 28 and is offered to Pre-K through 4th grade levels based on the 2019/2020 school year. Registration will remain open until full. Participants must be 4 years old by start of season on August 12.

YOUTH CHEER – A coed recreational program that introduces the basics of the sport while learning cheers, chants and pom routines. Online registration opens June 28 and is offered to Pre-K through 4th grade levels based on the 2019/2020 school year. Registration will remain open until full. Participants must be 4 years old by start of season on August 12.

Participation in youth leagues is limited and registration is first come first served. For information on athletic programs and leagues call 575/541-2563 or contact athletics@las-cruces.org

FIGHT THE BITE!

Remember to protect you, your family, and your home from mosquitoes by eliminating standing water and using repellants! To report a mosquito problem in your neighborhood, call the MOSQUITO HOTLINE.

