**Postal Customer ECRWSS** 

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# Goodhue Market Re-Opens After Re-Fresh

By Beth Brekke

The Goodhue Market re-opened January 19th after a planned renovation that began on December 31st. Pete and Regina Poncelet, who took over the former Don's Foods business on October 17, 2022, used the three week closure to implement their plans to completely re-fresh the store.

The first change you will notice when you enter is the larger open space inside the door and around the new checkout lanes which have been moved closer, and parallel to, the East wall. Employees are becoming proficient on the more modern computer checkout system. The space is also brighter with more windows above the doors. Red Wing Glass was hired to remove and replace the front doors and windows in order to bring in the full, front-opening coolers that house the fresh

produce and frozen foods. The coolers run along the South and West walls and sit upon new wood-look floors.

Another very noticeable change is that the grocery shelves now run North/South creating a bit more space than the old East/West arrangement. The meat, deli, and bakery departments remain much the same and still offer the familiar favorites. Market silhouettes of a chicken, pig, and cow grab your attention on the newly painted header above the deli counter. The entire interior has been freshly painted and accented with artful signs created by Abbie Haugen, owner of 408 De-

Stop in Monday-Saturday between 8 AM and 6 PM or Sundays 9 AM to 1 PM to check out all of the changes and support the Goodhue Market grocery store.

(additional pictures on page 4)



The newly refreshed Goodhue Market has a more open look and feel inside the doors and around the new checkout lanes.

#### Announcements

- Belvidere Happy-Go-Luckies 4-H Club (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more informa-
- The Goodhue Area Historical Society Museum is open June thru August Thursday and Sunday 1 to 4 p.m.. For after hours appointment call 651-923-4302 or 651-301-

Do you have an announcement? Email: hometownmessenger@gmail.com

# **Mardi Gras Celebration February 19th**



Holy Trinity Parish Churches of St. Columbkill, Holy Trinity and St. Mary, of Goodhue are celebrating Mardi Gras with a fundraiser for

Youth and Family Ministry. 10% of proceeds will go to First Choice Clinic in Red Wing for Mom's and families. This Mardi Gras celebration is Sunday, February 19th from 12-4 p.m. at the Lions Building in Goodhue.

Mardi Gras comes from the French word,

Mardi for "Tuesday" and Gras meaning "fat". In France, the day before Ash Wednesday came to be known as Mardi Gras or "Fat Tuesday". In many cultures, the time between the Christmas season and Lent is known as "carnival". In the U.S., "carnival" is used almost exclusively in connection with the Mardi Gras celebration in New Orleans. Carnival is a season extending over several weeks, beginning January 6th and ending at midnight before Ash Wednesday. This year Mardi Gras is February 21.

Traditionally, since some Christians fast during Lent, Mardi Gras was a day to have a

party and use up all the ingredients and food that would not be eaten during Lent. Since controlled refrigeration was uncommon until the 1800's, the foods forbidden by the church at that time would spoil. Back in the day those things included all fats, dairy, and sugar. Rather than wasting them, families consumed what they had and helped others do the same in a festive atmosphere. In some areas of Germany, the Lenten discipline applied to strong drink as well.

(continued on page 4)



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Religion

# Increasing in Favor with God and People



By Pastor Colleen Hoeft

Jesus grew up just like you and me- He was fully human. He had to learn to walk and talk. He learned how to comb his hair and how to wash behind his ears. He had to learn to get along with his little sisters and brothers, as well as the adults in his life. He was 100% God too- but that didn't negate his humanness. He experienced all the normal stages of development. So, at age 12- he was considered old enough to go along with his parents to the Passover festival in Jerusalem.

The family had made sure serving and following God was a priority. Jesus was excited to attend this festival with his family. He was also excited to visit the temple and to learn and grow in his understanding of the Scriptures. We can read this in Luke 2:41-52. I want to focus on verse 52 of chapter 2 and how it applies to every one of us. "And Jesus grew in wisdom and stature, and in favor with God and man."

First we read, Jesus grew in Wisdom. Proverbs 9:10-11, "Fear of the Lord is the foundation of wisdom. Knowledge of the Holy One results in good judgment. Wisdom will multiply your days and add years to your life." David wrote, "Psalm 111:10, "Fear of the Lord is the foundation of true wisdom." In the New Testament James writes, "If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking." James 1:5

Jesus grew in wisdom because he knew and



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obeyed His Father God. He listened to those around Him- He obeyed His parents. And He learned from the religious teachers. He sought to know more and grow in wisdom. Jesus knew that getting wisdom was the wisest thing he could ever do. He obeyed God, He followed God and He learned from God.

The CEV version says he grew strong. Jesus ate his fruits and vegetables. He exercised and he got plenty of rest. He couldn't help but grow – when he did what he was supposed to. Eating healthy was a part of his upbringing- he grew like a boy- he got taller and filled out and then he shot up in his teens and filled out some more—just like every boy! His voice changed and He changed- he began to grow a beard- all these things happened because he was a human being. He didn't stand out because of his looks either, "There was nothing beautiful or majestic about his appearance, nothing to attract us to him." Isaiah 53:2, and as a man the people only thought of him as Joseph's son, "Then they scoffed, "He's just the carpenter's son, and we know Mary, his mother, and his brothers-James, Joseph, Simon, and Judas." Matthew 13:55.

Jesus grew in favor- Jesus grew in reputation. Jesus grew a good name. Solomon wrote, Proverbs 22:1, "A good name is more desirable than great riches; to be esteemed is better than silver or gold." What is so important about a good name and growing in favor with God and with people? People know us by our name.

When our name has been drug through the mud- when we've brought shame to our name- that shame, that memory good or bad will be associated with that name for a long time to come. Solomon was correct in saying it is a big deal! Jesus knew that too. He didn't want to bring shame to the name of His Heavenly Father or His earthly parents. When he was 12, he went back home with them and obeyed them-giving him and them a good name.

If we want to grow in favor with God and with people here are 7 basic guidelines to consider:

- Do what you say you'll do. Jesus tells us, "Just say a simple, 'Yes, I will,' or 'No, I won't.' Anything beyond this is from the evil one." Matthew 5:37
- Go out of your way to help others. The golden rule- do to others as you would have them do to you- goes a long way to build good favor with people and with God. Matthew 7:12,

"Do to others whatever you would like them to do to you."

- Make other people look good. Put other people first in everything. "Be humble, thinking of others as better than yourselves. 4 Don't look out only for your own interests, but take an interest in others, too." Philippians 2:3-4
- Go a step beyond what is expected. Jesus

said, "If a soldier demands that you carry his gear for a mile, carry it two miles." Matthew 5:41.

- Act with integrity. "Better to be poor and honest than to be dishonest and a fool." Proverbs 19:1
- Get engaged with your community. "When you put on a luncheon or a banquet," he said, "don't invite your friends, brothers, relatives, and rich neighbors. For they will invite you back, and that will be your only reward. 13 Instead, invite the poor, the crippled, the lame, and the blind. 14 Then at the resurrection of the righteous, God will reward you for inviting those who could not repay you." Luke 14:12-14
- Be likeable. John 13:34-35, "So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples."

When we live out these traits- as Jesus didwe will prove to the world that we are Jesus' disciples! Jesus grew in wisdom and in stature and in favor with God and People. Can that be said of you? Are you growing in wisdom? Wisdom begins with God- there is no true wisdom without a faith in Jesus Christ. James said is we lack wisdom we need to ask God for it. Pray and seek God's wisdom. He'll answer through His Word and He'll direct you when you are truly seeking Him and His direction.



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211 4th St. N., Goodhue • 923-4472
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Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)
Tues: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration

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Mon.: 8:00AM Holy Mass, 6:30PM • 9:00PM Eucharistic Adoration
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Pastor Martin Weigand
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Sunday Morning Worship 8:30a.m. with communion
on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m.,
Confirmation Class 5:45 on Wednesday at St Peter's.
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and
10:30a.m. Midweek Bible Study on Thursday at St Peter's.

### AREA CHURCH DIRECTORY "Mini Me"

You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit.

- 1 Thessalonians 1:6

My three-year-old granddaughter is full of life and joy. Every time she runs into our house or I walk into theirs, she shouts, "Grandma, my 'mini me'!" She is thrilled as she shouts the good news. No one can miss it. I have often suggested that she might be my "mini me" (since she is a lot like me), but she insists that I am her "mini me." We share mannerisms and a flare for shopping, and we both tend to be optimistic. We have serious discussions about life, giggle about nothing, and enjoy afternoon naps.

Paul commends the church at Thessalonica that they have stayed strong in faith by following his example and that of other leaders—and ultimately by following Jesus, despite the hardship and suffering in their life. They have set an example of how to serve and live by the Spirit with joy. They have learned to access all the empowerment and energy they need in order to live through the Spirit.

and energy they need in order to live through the Spirit.

Whoever we are, on any given day we are following someone or leading someone. Our challenge is to follow those who imitate Jesus and to lead those who need to know him.

Prayer: Lord and God, help us to imitate you. May we live by the joy you have given us. May we be empowered by your Spirit. May someone see you in us today. Amen.

#### ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki Minneola Twp. Co. Rd. 7, rural Zumbrota Sunday Worship 10:00 a.m.; Communion 3rd Sunday Sunday School and Bible Studies (Adult & Teen) 11:00a.m

#### ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

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#### MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon www.minneolalutheranchurch.com 13628 Cty. 50 Blvd., Goodhue • 824-2685 10:30a.m. Sunday Worship (Communion 2nd and 4th Sundays)

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Pastor Robbin Robbert 36620 Co. 4 Blvd., Goodhue • 651-923-4773 Sunday 9:00am Worship Communion offred on the 2nd & 4th Sundays.

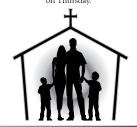
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Wednesday, and 10:30a.m. Midweek Bible Class



**Obituaries** 

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#### **Philip Breuer**

Philip Breuer, 61, of Red Wing passed



away Wednesday, January 18, 2023 at Mayo Clinic Hospital, St. Mary's Campus in Rochester. He was born February 7, 1961 to Eldon and Gladys Breuer of Lake City, Minnesota. He attended Goodhue Public Schools and gradu-

ated in 1980.

Phil grew up on the family farm in rural Lake City. He lived with his parents until he moved to the Jordan Towers in Red Wing. He worked for Heaney and Gorman grocery store 20 years; he also worked at Heat n Glow (Lake City), Treasure Island and Walmart.

Phil enjoyed going to Prep sports events. Most of all he liked attending Goodhue Wildcat games. He kept many notebooks of athlete's stats. In the summer he enjoyed Red Wing Aces baseball games.

Phil is survived by sisters, DeeAnn Reihsen, Paulene Storm (Donald), Gayle Jackson (Peter) and brothers, Jeff (Marion) and Scott (Beth). He also is survived by nieces and nephews, Kirsten (Paul) Sebold, Lee (Eric) Neumann, Anne (Craig) Kogler, Peter (Liz) Storm, Kate Jackson, Kelly (Marty) Amundson, Craig (Karla) Breuer, Christopher Breuer, and Maddie Breuer. He is also survived by 20 great nieces and nephews. He is preceded in death by parents and brother-in-law, Marvin Reihsen. He also is survived by many local friends.

Memorials are preferred to Phil's family. They are planning a memorial to the Goodhue High School Athletic Department.

A Memorial Service was held 11 am, Friday, January 27, 2023 at St. John's Lutheran Church in Red Wing. Visitation was held one hour prior to the service from 10 to 11 am. Arrangements have been entrusted to Mahn Family Funeral Home, Bodelson-Mahn Chapel. Online condolences can be sent to www.mahnfamilyfuneralhome.com.

### Terrence Norman Mattson "Terry"

Terrence Norman Mattson "Terry" died



peacefully at St. Mary's Hospital in Rochester Minnesota on January 14th, 2023, at the age of 84.

Terry is survived by his brothers David (Pat) of Challis,

of Challis, ID, Danny (Bonnie) of

Marshfield, WI, Randall (Linnea) of Chippewa Falls, WI, son Michel (Shawn) of Nowthen, MN, stepson Brian (Jody) Gordon of Bellchester, MN, and God daughter Emily Tynjala of Lake City, MN, and numerous nieces, nephews, & grandchildren. He is preceded in death by his first wife Carol Nelson (Wickman) of Red Wing, second wife Sandy Gordon of Goodhue, brother Steven of Milltown, WI, brother James of Milaca, MN, and parents Harvey and Elsie of Milltown, WI.

Terry was born on May the 10th, 1938 in Milltown, WI to Harvey and Elsie Mattson. He graduated from Milltown High in 1957 and joined the Air Force that same year. He served a total of 12 years between the Air Force, Air Force Reserve, and the National Guard. He married Carol Wickman in 1964 and welcomed their only child Michel into their Luck, WI home in 1965. The family moved to Red Wing in 1967. After a divorce in 1985, Terry married Sandy Gordon in 1992 and moved to Goodhue, MN where he remained.

Terry was always good for a story or two (or three) and was open and welcoming to friends and strangers alike. He was a loving husband, father, and a friend to his son. Terry enjoyed fishing in his youth and was a deer hunter all his life. The Wisconsin deer openers he missed were few and far between, and he took his last deer three years ago at 81. He was a good mechanic and carpenter and he often used his skills to help others. He was proud of his service in the military during the cold war.

A memorial was from 11am to 2pm on Saturday, January 28th at the Goodhue Community Center, 105 Broadway St. in Goodhue to celebrate his life. A light lunch was provided. All were welcome.



651-923-4154



Community

# Mardi Gras Celebration February 19th

(continued from page 1)

Like many Catholic celebrations, Mardi Gras likely has its roots in pre-Christian tradition based on the liturgical seasons. What is less known about Mardi Gras is its relationship to the Christmas season, specifically the feast of Epiphany. The colors of Mardi Gras are purple, green, and gold. Purple stands for myrrh and justice, green for frankincense and faith, gold is for gold and power. When the Magi from the East paid homage to the newborn Jesus, they presented him with gifts of Gold, frankincense, and myrrh-gifts for a king. By presenting these gifts, the Magi acknowledged the baby was a king. Therefore, one of the most prominent customs in the celebration of Mardi Gras is the King Cake. They are decorated in traditional Mardi Gras colors. Oftentimes tucked away inside the cake is a figurine representing the Baby Jesus. Originally, King Cake was made and eaten by

Catholic families for the Epiphany to celebrate the coming of the three Kings to see baby Jesus in Bethlehem. Given that the "carnival season" runs from Epiphany until Ash Wednesday, with the day before Lent being your "last chance" to eat sweets, the cake has in more recent years been associated with Mardi Gras.

Mardi Gras masks are very popular in Venice, Italy, and date all the way back to the 13th century. Because they are worn to masked balls, they are most known for covering the top half of the face only. This way the guests can still eat, drink, and talk freely. These are also very popular in New Orleans, Louisiana where Mardi Gras is extremely popular.

All are welcome to join in the Mardi Gras celebration in Goodhue and enjoy Mardi Gras-themed food with American cuisine options for a free will offering. There will be free children's games and activities for the family including a cupcake walk, mask decorating, hand/face painting and a Mardi Gras themed Bingo find. Also, there is an accelerated corn hole competition for \$10 for 10 underhand throws in 30 seconds! 1st Place: \$300, 2nd Place: \$200, 3rd Place: \$100.

Come join us for "Fat Sunday"!





Large new coolers sit atop smooth, wood-look flooring inside the Goodhue Market grocery store. Shelves of food and household necessities now run North and South creating a bit more room and an easy flow to shopping.



The meat and deli counter has kept its location and favorite items but has an updated look with fresh paint and market silhouettes on the header above.

# Holy Trinity Parish MARDI GRAS Fundraiser SUNDAY, FEBRUARY 19

# SUNDAY, FEBRUARY 19 12 PM - 4 PM

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for the family

- Cupcake walk
   Mask decorating
- Hand/face painting



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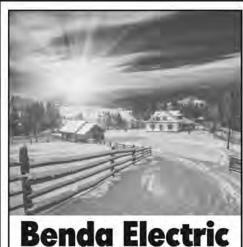
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#### Goodhue Wrestling - GOODHUE-BELLECHESTER MESSENGER -

# **Rochester Century Panther Varsity Invite Results for Goodhue**

#### Lucas Erickson (15-15) placed 4th and scored 12.0 team points.

Champ. Round 1 - Lucas Erickson (Goodhue) 15-15 received a bye () (Bye)

Quarterfinal - Lucas Erickson (Goodhue) 15-15 won by decision over Quade Mullenbach (Stewartville) 12-16 (Dec 6-3)

Semifinal - Aiden Graner (Plainview/Elgin Millville) 23-4 won by tech fall over Lucas Erickson (Goodhue) 15-15 (TF-1.5 4:48 (18-2))

Cons. Semi - Lucas Erickson (Goodhue) 15-15 won by decision over Jackson Spearman (Rochester Century) 3-6 (Dec 16-12)

3rd Place Match - Wyatt Walters (Maple River/USC) 22-9 won by fall over Lucas Erickson (Goodhue) 15-15 (Fall 1:02)

#### Jeremiah Bien (18-17) placed 4th and scored 12.0 team points.

Champ. Round 1 - Jeremiah Bien (Goodhue) 18-17 received a bye () (Bye)

Quarterfinal - Grant Marr (Forest Lake) 26-10 won by fall over Jeremiah Bien (Goodhue) 18-17 (Fall 3:21)

Cons. Round 2 - Jeremiah Bien (Goodhue) 18-17 received a bye () (Bye)

Cons. Round 3 - Jeremiah Bien (Goodhue) 18-17 won by fall over Nade Ellingson (Rochester Century) 15-15 (Fall 3:43)

Cons. Semi - Jeremiah Bien (Goodhue) 18-17 won by decision over Isaiah Gonzalez (Maple River/USC) 15-12 (Dec 7-3)

3rd Place Match - Kane Larson (Fillmore C-Lanesboro-M-C) 26-8 won by major decision over Jeremiah Bien (Goodhue) 18-17 (MD 14-0)

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#### Hayden Holm (20-12) placed 3rd and scored 16.0 team points.

Champ. Round 1 - Hayden Holm (Goodhue) 20-12 received a bye () (Bye)

Quarterfinal - Hayden Holm (Goodhue) 20-12 won by fall over Kolt Bullerman (Maple River/USC) 20-13 (Fall 1:47)

Semifinal - Parker Lyden (Forest Lake) 34-4 won by fall over Hayden Holm (Goodhue) 20-12 (Fall 4:36)

Cons. Semi - Hayden Holm (Goodhue) 20-12 won by decision over Ayden Ripplinger (Burnsville) 17-17 (Dec 7-5)

3rd Place Match - Hayden Holm (Goodhue) 20-12 won by decision over Connor Wingert (Fillmore C-Lanesboro-M-C) 22-13 (Dec 4-2)

#### Payton Holst (13-19) placed 5th and scored 13.0 team points.

Champ. Round 1 - Payton Holst (Goodhue) 13-19 received a bye () (Bye)

Quarterfinal - Payton Holst (Goodhue) 13-19 won by fall over Kai Koga (Burnsville) 0-14

Semifinal - Braxton Simon (Maple River/USC) 17-11 won by decision over Payton Holst (Goodhue) 13-19 (Dec 8-1)

Cons. Semi - Logan Dittrich (Plainview/Elgin Millville) 16-16 won by fall over Payton Holst (Goodhue) 13-19 (Fall 2:05)

5th Place Match - Payton Holst (Goodhue) 13-19 won by fall over Kai Koga (Burnsville) 0-14 (Fall 1:34)

#### Nathan Beck (14-15) place is unknown and scored 7.0 team points.

Champ. Round 1 - Nathan Beck (Goodhue) 14-15 won by fall over Kyler Lamb (Plainview/Elgin Millville) 9-17 (Fall 1:40)

Quarterfinal - Tanner Elzen (Stewartville) 25-6 won by injury default over Nathan Beck (Goodhue) 14-15 (Inj. 0:00)

Cons. Round 2 - Nathan Beck (Goodhue) 14-15 won by fall over William Dauner Olson (Rochester Century) 6-14 (Fall 2:26)

Cons. Round 3 - Ethan Lutz (Burnsville) 20-15 won by fall over Nathan Beck (Goodhue) 14-15 (Fall 1:43)

#### Jeremiah O'Reilly (26-13) placed 3rd and scored 16.0 team points.

Champ. Round 1 - Jeremiah O'Reilly (Goodhue) 26-13 received a bye () (Bye)

Quarterfinal - Jeremiah O'Reilly (Goodhue) 26-13 won by decision over Garion Wallgren (Plainview/Elgin Millville) 11-12 (Dec 10-3)

Semifinal - Byron Getchell (Maple River/USC) 22-6 won by decision over Jeremiah O'Reilly (Goodhue) 26-13 (Dec 7-1)

Cons. Semi - Jeremiah O'Reilly (Goodhue) 26-13 won by fall over Jameson Joubert (Burnsville) 14-14 (Fall 0:43)

3rd Place Match - Jeremiah O'Reilly (Goodhue) 26-13 won by decision over Trenton Frerichs (Forest Lake) 19-13 (Dec 2-0)

#### Grant Reed (20-10) place is unknown and scored 6.5 team points.

Champ. Round 1 - Grant Reed (Goodhue) 20-10 won by tech fall over Samuel Jack (Rochester Century) 1-13 (TF-1.5 5:34 (16-0))

Quarterfinal - Hayden Schaefer (Mahtomedi) 27-9 won by decision over Grant Reed (Goodhue) 20-10 (Dec 9-3)

Cons. Round 2 - Grant Reed (Goodhue) 20-10 won by fall over Tyler Hollerich (Maple River/USC) 3-12 (Fall 1:50)

Cons. Round 3 - Oliver Hoeltzle (Fillmore C-Lanesboro-M-C) 20-9 won by decision over Grant Reed (Goodhue) 20-10 (Dec 5-4)

#### Jack Carlson (28-7) placed 4th and scored 16.0 team points.

Champ. Round 1 - Jack Carlson (Goodhue) 28-7 received a bye () (Bye)

Quarterfinal - Jack Carlson (Goodhue) 28-7 won by fall over Cole Sass (Fillmore C-Lanesboro-M-C) 20-13 (Fall 2:54)

Semifinal - Anthony Madsen (Ellsworth Community) 28-3 won by major decision over Jack Carlson (Goodhue) 28-7 (MD 9-1)

Cons. Semi - Jack Carlson (Goodhue) 28-7 won by fall over Alexander Bedsted (Plainview/Elgin Millville) 18-15 (Fall 4:35)

3rd Place Match - Cooper Ochsendorf (Maple River/USC) 27-4 won by decision over Jack Carlson (Goodhue) 28-7 (Dec 9-4)

#### Kasen Bigalk (13-10) place is unknown.

Champ. Round 1 - Kasen Bigalk (Goodhue) 13-10 won by fall over Layne Meyer (Rochester Century) 4-12 (Fall 2:41)

Quarterfinal - Anthony Madsen (Ellsworth Community) 28-3 won by major decision over Kasen Bigalk (Goodhue) 13-10 (MD 10-1)

Cons. Round 2 - Kasen Bigalk (Goodhue) 13-10 won by fall over Erick Estrada Pineda (Burnsville) 2-11 (Fall 1:34)

Cons. Round 3 - Cole Sass (Fillmore C-Lanesboro-M-C) 20-13 won by decision over Kasen Bigalk (Goodhue) 13-10 (Dec 5-2)

#### Carsyn O'Reilly (25-11) placed 1st and scored 24.0 team points.

Champ. Round 1 - Carsyn O'Reilly (Goodhue) 25-11 received a bye () (Bye)

Quarterfinal - Carsyn O'Reilly (Goodhue) 25-11 received a bye () (Bye)

Semifinal - Carsyn O'Reilly (Goodhue) 25-11 won by decision over Hunter Gruba (Forest Lake) 12-9 (Dec 3-1)

1st Place Match - Carsyn O'Reilly (Goodhue) 25-11 won by fall over Maeson Tradup (Plainview/Elgin Millville) 14-9 (Fall 1:44)

#### Ethan O'Reilly (0-2) place is unknown.

Champ. Round 1 - Ethan O'Reilly (Goodhue) 0-2 received a bye () (Bye)

Quarterfinal - Maeson Tradup (Plainview/Elgin Millville) 14-9 won by fall over Ethan O'Reilly (Goodhue) 0-2 (Fall 5:22)

Cons. Round 2 - Ethan O'Reilly (Goodhue) 0-2 received a bye () (Bye)

Cons. Round 3 - Ricardo Moreno (Burnsville) 8-18 won by fall over Ethan O'Reilly (Goodhue) 0-2 (Fall 1:38)

#### Caleb Kurtti (31-4) placed 2nd and scored 18.0 team points.

Round 2 - Caleb Kurtti (Goodhue) 31-4 won by fall over Dizel Butler (Maple River/USC) 17-14 (Fall 2:00)

Round 3 - Caleb Kurtti (Goodhue) 31-4 won by fall over Byron Callies (Rochester Century) 15-8 (Fall 2:49)

Round 4 - Caleb Kurtti (Goodhue) 31-4 won by fall over Drew Rahman (Plainview/Elgin Millville) 17-17 (Fall 1:23)

Round 5 - Mark Rendl (Forest Lake) 30-3 won by fall over Caleb Kurtti (Goodhue) 31-4 (Fall 1:00)

#### Cayden O'Reilly (11-11) placed 5th and scored 0.0 team points.

Round 1 - Brandon Carlton (Ellsworth Community) 12-19 won by decision over Cayden O'Reilly (Goodhue) 11-11 (Dec 1-0)

Round 2 - Max Rice (Mahtomedi) 23-9 won by decision over Cayden O'Reilly (Goodhue) 11-11 (Dec 4-0)

Round 3 - Syvonte Miller (Burnsville) 23-8 won by fall over Cayden O'Reilly (Goodhue)

Round 5 - Evan Locke (Forest Lake) 23-13 won by fall over Cayden O'Reilly (Goodhue) 11-11 (Fall 1:25)





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Bidding Begins: ... Feb. 4, 2023
Starts Closing......Feb. 12, 2023
Kenyon, MN
ONLINE ONLY LARGE
TRIPLE ESTATE AUCTION
Antiques, Collectibles, Silver Coins,
Red Wing Stoneware, Modern &
Antique Furniture, Firearms, Ammo,
Power & Hand Tools, Display Cases,
Coca-Cola Collectibles; Much More.

Coca-Cola Collectibles; Much More.
February 12, 2023
Bidding Begins: .... Feb. 4, 2023
Starts Closing ..... Feb. 12, 2023
Kenyon, MIN
800+ LOIS OF COLLECTOR FARM
TOYS & CONSTRUCTION TOYS
FROM TWO ESTATES
800+ LOIS of Very Nice Collector
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500+ Lots of Very Nice Original Farm
Toys, Most Like New In Box. 200+
Lots Exceptional Tonka, Buddy I,
Wyandotte, Structo Press Steel Toys.
February 18, 2023

February 18, 2023 Bidding Begins: ...Feb. 11, 2023 Starts Closing......Feb. 18, 2023 New Richland, MN

New Richland, MN
ONLINE ONLY ESTATE AUCTION
FOR LYLE SCHLAAK ESTATE
John Deere 42:40 with Loader, JD 317
Skid Loader, Dump Trailer, Flatbed &
Cargo Trailers, Wire Feed Welders, Hot
Water Pressure Washer, Power & Hand
Tools, Shop Cabinets, Log Chains &
Binders, and More.

Binders, and More.

March 5, 2023 ...........9:00 AM

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March 30, 2023

March 30, 2023 Bidding Begins: ..Mar. 20, 2023 Starts Closing.....Mar. 30, 2023 Lonsdale, MN

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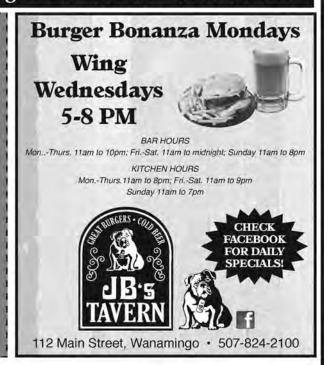
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# Community Health Needs Assessment

# Names Top 10 Issues

Mental Health, Housing, and Drug & Alcohol Use Top the List

By Goodhue County Health and Human Services

Goodhue County, MN (January, 2023) - The health of all people in Goodhue County is the subject of a newly released report. The 2022 Goodhue County Community Health Needs Assessment (CHNA) identifies top health issues and offers a starting point to identify health inequities.

The report is an effort to take stock of the health of all people in Goodhue County. In the past local public health conducted the community health assessment every five years, and Mayo Clinic Health System every three years. The 2022 CHNA is a joint effort and will continue on a three-year cycle. As part of the process, members of the Community Health Assessment committee reviewed responses and comments from a 2021 random sample survey, a 2021 convenience sample survey, key informant interviews, an online prioritization survey, a community partner assessment, and community engagement events. Additionally, data from state and national sources were reviewed.

"Both health departments and hospitals are required to assess the needs of our communities and identify priorities," said Ruth Greenslade, Public Health Supervisor for Goodhue County Health and Human Services. "We looked at health conditions, like diabetes. We looked at the factors that contribute to health conditions like our behaviors and access to health care and income. When we took a list of all these health issues to community leaders from different towns in the county a year ago and asked them to identify the top issues, more than 80% of them said mental health. Then our intern went out to community events in the summer and the again the issue the most people were concerned about was mental health."

The impact of COVID-19 had a major influence on the top health issues in this assessment. While mental health was also a top 10 issue in the 2017 Community Health Assessment, it rose to the number one spot, and for the first time, social connection and inclusion, and education access and quality were identified as top 10 issues, with many key informants and community members identifying the pandemic as a contributing factor.

"So many of our top issues are interrelated and the data shows how the COVID-19 pandemic has exacerbated many of these issues," said Maggie Cichosz, Community Engagement Specialist at Goodhue County Health and Human Services. "In 2021 we saw a spike in opioid overdose deaths and the 2022 student survey showed an increase in students who reported seriously considering suicide."

"We are so thankful for all the community members and partners that have taken the time to work on this important report," said Nina Arneson, Goodhue County Health and Human Services Director. "A special thank you goes to our core group for their strong leadership, partnership and commitment to improving health for all." The core group includes Greenslade, Cichosz, Stephanie Olson, Mayo Clinic Health System Community Engagement Specialist, Michelle Leise, City of Red Wing Community Engagement Facilitator and Maureen Nelson, Goodhue, Wabasha and Pierce Counties United Way Executive Director.

Olson said, "Moving to doing an assessment report together every three years will allow Goodhue County and Mayo Clinic Health System to advance our partnership. In the past we have shared data and now we are working together throughout the assessment process and the process of writing the implementation plan."

The CHNA report sets the stage for the Goodhue County Community Health Improvement Plan 2023- 2025, which will describe long-term, collective efforts to improve the health of everyone in the county.

The 2022 Community Health Needs Assessment, as well as many of the data sources used, are available on the Goodhue County website at www.co.goodhue.mn.us/chna.

Top 10 Health Issues:

- Mental Health & Mental Disorders
- Housing & Homes





- Drug & Alcohol Use
- Social Connection & Inclusion
- Education Access & Quality
- Health Care Access & Quality
- Economic Stability
- Physical Activity
- Health Communication
- Violence Prevention

This assessment was made possible in part by a grant from the National Association of City and County Health Officials to pilot test Mobilizing for Action through Planning and Partnerships (MAPP) 2.0 assessment guidance as well as by a Minnesota Department of Health Rural Health Assessment grant using federal funds from the Centers for Disease Control and Prevention.

The mission of the Goodhue County Community Health Assessment Committee is to identify health disparities and top health issues for Goodhue County and implement and evaluate strategies, policies, and programs.

About Goodhue County Health and Human Services:

The mission of Goodhue County Health and Human Services is to "Promote, Protect and Strengthen the Health of Individuals, Families, and Communities." The department has four service divisions: Economic Assistance, Public Health, Social Services, and HHS Finance/IT. For more information on Goodhue County Health & Human Services, please visit www.co.goodhue.mn.us.





Health & Wellness

### **Heart Attacks** and Young **Athletes**



By Shauna Burshem, D.C.

Over the past two years (2021 and 2022), more than 1,650 professional and amateur athletes have collapsed due to a cardiac event and 1,148 of them were fatal. Recently, Buffalo Bills football player Damar Hamlin went into cardiac arrest on live television during a game. A condition called commotio cordis is known to cause cardiac events in baseball when a player is hit dead on in the sternum with a fast-moving baseball. This

occurs 20-30 x per year in baseball. It has never been reported to have occurred in football. Cardiac doctors interviewed over the Damar Hamlin incident feel that commotio cordis can be ruled out as the cause of heart failure. The most typical cause of cardiac arrest in athletes is hypertrophic cardiomyopathy. This condition is an abnormal thickening of the heart muscle. Another issue that can lead to cardiac arrest in athletes is the adrenaline rush. During exercise or a sporting event, the body's stress hormone adrenaline is pumping. If that particular athlete has some degree of unknown heart damage, the adrenaline rush can trigger cardiac arrest. Sadly, this adrenaline rush cardiac event not only effects athletes with damaged heart tissue, but it can effect anyone with damaged heart tissue and explains why a lot of cardiac events occur during a person's sleep. The body releases adrenalin during a normal night's sleep between 3 am and 6am. Why the sudden increase in athlete related cardiac arrest? Researchers have reported on the link between myocarditis in young people after receiving the covid-19 vaccine. Myocarditis is an Inflammation of the middle layer of the heart wall. Myocarditis can weaken the heart, which can lead to heart failure, abnormal

heartbeat, and sudden death. The current hypothesis is that undetected myocarditis in could be a possible cause of the increase in athletes collapsing on the field. The Journal of the American Medical Association reported on the link between myocarditis and covid vaccination in their research paper titled, Myocarditis Cases Reported After mRNA-Based COVID-19 Vaccination in the US From December 2020 to August 2021.

Speaking of covid-19, there is a new variant making the rounds. This variant, called XBB.1.5, has been named the "Kraken Variant," Named after the legendary sea monster that could not be defeated. I am guessing the name Kraken was chosen to scare the general public about the chances of catching covid. The good news is while this variant is more transmissible, it causes milder illness than the other variants with most people only experiencing only mild cold symptoms.

One last covid item: The CDC and the FDA announced last week that they are investigating a possible link between the Pfizer

bivalent MRNA Comirnaty Covid Biologic vaccine and the increased incidence of stroke conjunction with athletic adrenaline rush, among people over the age of 65. Data from the CDC vaccine safety datalink uncovered a "safety signal," suggesting those in that age group are more likely to suffer a stroke 21 days after getting the vaccination.



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#### MISSY'S MESSAGE MY WORD OF THE YEAR "MOMENTUM A few years back, I started hearing about choosing a "word for the year" to describe yourself, basically in terms of improving your physical wellbeing in some way. This year, I chose "momentum" (strength or force gained by motion or by a series of events). Last month I talked about making more of a commitment to waking up at MISSY PAPENFUS 6AM to exercise. Scheduling myself to attend a 6AM Zoom exercise class or meeting my bestie Jenny and to walk has helped me stay on track. My goal this year is to keep moving forward and to keep building off a solid foundation. Momentum can be used in more broad terms, in my organizing home/work/cabin, in business staying on task and getting stuff done. Also in exercise, Keep working up to more days of structured exercise per week, exercise zoom classes, more walking per day, drinking more water etc. Don't look back. Keep up momentum; keep on moving forward. What's your word of the Memo from MotoProz...

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February, 2023 - GOODHUE-BELLECHESTER MESSENGER - Page 13

#### City of Goodhue EDA Meeting Minutes Dec. 14, 2022

Motion by Thuman and seconded by O'Reilly to approve the minutes from November 9, 2022. Motion carried 5-0.

CEDA update was given by Cailin Richard Motion by O'Reilly and seconded by Hahn to approve payment for the Façade project for The Depot. Motion carried 5-0.

Motion by Hahn and seconded by Patrice to approve resolution 12.1 Lot Sales. with the update of adding 1006 Joyce Ave. Amended by O'Reilly and second by Thuman. Motion carried 5-0.

Motion by Thuman and seconded by O'Reilly to approve Wayne Gadient- Keller Williams Realty for a 2-year agreement. Motion carried 5-0.

Motion by Hahn and seconded by O'Reilly to adjourn the meeting. Motion carried 5-0.

Respectfully Submitted, Jill Buxengard City Clerk

Oath of Office was given to Mayor Ellen Anderson Buck, Council Persons Chris Schmit and Joe Benda, by City Attorney Robert Vose.

#### City of Goodhue EDA Meeting Minutes Jan. 11. 2023

Motion by O'Reilly and seconded by Schmit to approve the agenda. Motion carried.

Motion by Benda and second by O'Reilly to approve EDA President as Ellen Anderson Buck. Motion carried.

Motion by O'Reilly and second by Schmit to approve EDA Executive Director as Jill Buxengard. Motion carried.

Motion by Thuman and second by Benda

to approve Resolution 3.23 Swanson Height Third Addition Declaration and Convenance. Motion carried.

Motion by Schmit and seconded by O'Reilly to adjourn the meeting. Motion carried.

Respectfully Submitted, Jill Buxengard City Clerk

#### City of Goodhue City Council Meeting Minutes Jan. 11, 2023

Present were Mayor Ellen Anderson Buck, Council Persons Jason Thuman, Chris Schmit, Joe Benda, Patrice O'Reilly, City Attorney Robert Vose, Emily Schmit, and Treyben Kehren.

Motion by Schmit second by Benda to approve the agenda. Motion carried.

Motion by O'Reilly and second by Benda to approve the Dec. 14, 2022, council meeting minutes. Motion carried.

Motion by Schmit and second by O'Reilly to table the wage consideration for the Police Chief, to be discussed at a closed meeting at a later date. Motion carried.

Motion by Schmit and second by O'Reilly to move forward with the purchase of two new City of Goodhue signs, so long as the donations are given. Motion carried.

Direction was given by full council to allow City Attorney Vose to work through the language of the current Zoning Ordinance, that will be updated.

Motion by Benda and seconded by O'Reilly to approve the use of Rosie Park to the Goodhue Bellechester Rail Riders for a Safety Training Course on Jan. 29, 2023. Motion carried.

Appointments:

Official Bank- First Farmers and Merchants, motion by O'Reilly second by Schmit. Motion carried.

Official News Paper-New Record, motion by Schmit and second by O'Reilly. Motion carried.

Assistant Mayor- Patrice O'Reilly, motion by O'Reilly and second by Schmit. Motion carried

City Engineer- ISG, Reese Sudtelgte, motion by O'Reilly and seconded by Thuman. Motion carried.

City Attorney- Kennedy Graven, Robert Vose, motion by Thuman and seconded by Benda. Motion carried.

City Prosecutor- Goodhue County, motion by O'Reilly and second by Schmit. Motion carried.

Ambulance Board Member- Joe Benda, motion by O'Reilly and second by Thuman. Motion carried.

Fire Association Member- Jason Thuman, motion by O'Reilly and second by Schmit. Motion carried.

Motion by Schmit and Benda to table the Gas Board Member. Motion carried.

Swim Pool Liaison Member- Chris Schmit, motion by Thuman and second by O'Reilly. Motion carried.

Motion by O'Reilly and second by Benda to table the Farmers Market Committee Member. Motion carried.

Ordinance Committee Members Patrice O'Reilly and Chris Schmit, motion by Benda and second by Thuman. Motion carried.

Sanitary District Members Ellen Anderson Buck and Patrice O'Reilly, motion by Thuman and second by Schmit. Motion carried.

Employee Personnel Members Joe Benda and Ellen Anderson Buck, motion by Thuman and second by Schmit. Motion carried.

Budget Committee Members Chris Schmit and Jason Thuman, motion by O'Reilly and second by Benda. Motion carried.

Police update-Audit was completed and passed.

Motion by Schmit and second by O'Reilly to approve Resolution 1.23, Approving Joint Powers Agreement with the City of Goodhue, City Attorney and Police Department. Motion carried.

Motion by Thuman and second by Benda to approve Resolution 2.23, Permission for Mayor Anderson Buck, Clerk Jill Buxengard and Treasure Lindsay Finnesgard to sign city checks. Motion carried.

Motion by O'Reilly and second by Schmit to approve the city bills. Motion carried.

Motion by Thuman and second by Schmit to adjourn the meeting. Motion carried.

Respectfully Submitted Jill Buxengard

City Clerk

#### Bellechester City Council Meeting Minutes December 21, 2022 @ 6:00PM

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:07 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Rich Majerus, Jered Buxengard via phone as well as City Clerk Lisa Redepenning, Treasurer Kyle McKeown, and City Engineer Matt Mohs were also present. Also present was Keith Blattner.

Minutes of November 21, 2022 regular meeting were reviewed and motion was made by Mark Gerken with a second by Rich Majerus to approve the minutes. Motion carried.

Bills were reviewed and a motion by Rich Majerus with a second by Mark Gerken to approve and pay the bills as presented. Motion carried.

#### **Old Business:**

- Sewer Project Update Easements and Water Meters Sewer project. Draft plan is being worked on, relating to accesses to properties. Work is progressing on this. Rural Development will review this when we are done. Easements for church is done, and 2 completed ones have been received. Matt identified that Lake City could be a resource for us to inquire about water meters for trailer court. Rochester plumbing and heating provided an update doing pre-inspections. They have of 49 completed, 15 need to be done, and 11 properties are unable to contact. They will provide a list of properties that they were not giving approval to enter for inspections.
- Approve Ordinance #35 Engine Braking Ordinance. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve Ordinance #35 Engine Braking ordinance with a fine of \$150 + applicable court fee was discussed as what would be set. Motion carried

#### New business:

• Resolution 2022.3 – Resolution to designating polling place for 2023. Motion was made by Rich Majerus with a 2nd by Jered Buxengard to approve Resolution 2022.3 approving the designated polling place for 2023. Motion carried.

**Resident Concerns** – Keith Blattner inquired about rusty water at his residence. Keith was directed to present documentation to our city attorney. City Clerk will look into the claim form

#### **Engineer Report** – see above.

Clerk Report – Engine Braking Ordinance – I received confirmation that the ordinance is good, you just need to identify what the fine should be set at, which can be added to it when you approve it. Deputy Johnson indicated that other cities use a \$50 fine plus \$13 law library fee for a total of \$63 – FYI. 1st Quarter Utility Billing – will be sent this month. I will have the engine braking ordnance in it. Polling Place Resolution – FYI – we need to do this for 2023 even though there is not an official election, only if special election is needed. Reminder – Goodhue County has set our Board of Equalization meeting for Thursday, April 27, 2023 at 5:00 pm at the Bellechester Community Center. Property Taxes – Goodhue County – Goodhue County for \$21,959.70 was received – FYI. Poncelet special assessment for 2021 was also received.

**Treasurer Report** – past due list was discussed.

**Water/Wastewater/Facility Report** – Kyle McKeown presented information on a metal detector that will be needed for curb stops placement in the future.

Mayor Concerns: None.
Council Concerns: None.

#### Adjourn

Motion was made by Rich Majerus with a second by Kyle Blattner to adjourn the meeting. Motion carried. Meeting was adjourned at 6:51~pm. Next meeting is January 18~@6:00~p.m. at the Bellechester Community Center.

Submitted by Lisa Redepenning – City Clerk



# Attention City of Goodhue Homeowners! Need a new furnace? Attic

#### insulation? Water heater?

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Funds can be used for new roofs, windows, furnaces, water heaters, electrical, plumbing, handicap accessibility, energy efficiency and more.

For more information or to apply, please contact Sara at 651-565-2638 Ext. 213 or email sara.fuher@semmchra.org.

#### Changes in Latitudes, Changes in Attitudes

# Old License Plates and Memories



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell.

Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Living on a family farm means you have a collection of items that can be much older than yourself. Last summer my wife had one of her interior decorator friends do her magic on our newly remodeled house. One of the things was a display board of some of the tin signs and license plates that have been around the farmstead all my life. These are not only interesting but also convey a wealth of memories from the past, which predates me by quite a time.

The oldest item on this board is a set of license plates off a pre-1920 Model T Ford owned by my grandfather Otis Campbell. From what I can determine this was his first horse less carriage. I can ascertain that the vehicle was a 1919 or older Model T because it had a crank start. He would have bought it used since the plate is dated 1928 and the story, I will relate took place that year when my grandparents first child was just an infant.

Cooperatives were a common type of organization for farm service businesses. Otis was going to go to a meeting in West Concord for what I believe was a creamery association. It was a warm spring day and my grandmother and their very young daughter accompanied him in the open-air vehicle. The young farm couple were in their twenties and I can only imagine what a wonderful world it seemed like a century ago.

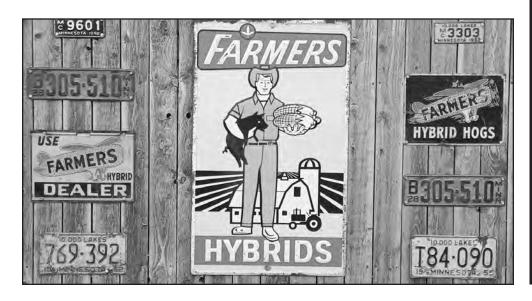
While my grandfather participated in the

meeting, his wife Eva went for a drive down the dirt road we now know as Highway 56. A few miles to the south of town she decided to turn around. In the course of maneuvering the old Ford to return to town the engine quit. With a little baby wrapped in a blanket on the front seat, my grandmother had to dismount and hand crank the engine to start it again. She got it running and they chugged back to town

The next set of license plates are motorcycle plates from 1948 and 1952. My father had a Harley Davidson 74 when he was a young man. Most of the stories I heard about the motorcycle were relayed to me by those who knew my dad. One of my dad's friends was our neighbor, Bub Wichser. Bud told me that my dad said he could take the Harley for a ride if he could get it started. By my calculations Bub would have been about 12 years old at the time. Never think a farm boy, no matter how young, can't get an engine started. Bub fired the Harley up and headed down the road on a ride. My dad sold the Harley before I was born, but he did tell me one story. Most roads were gravel back then and while on a trip back from Cannon Falls one evening, he laid the cycle over on a gravel curve. When he got home, he cleaned himself up and had to explain to my grandma about the bloody towels. He had gravel still embedded in the skin around his elbows thirty years later. He may have told me that story just to keep me from riding.

The next set of plates are for my grandfather's old pickup. It was a late 1940's Ford truck. Ford pickups have always played a vital role on our family farm. The last plate was from 1955 and is a "T" plate. As a kid I recall truck license plates designated with a T. I think it indicated a farm truck but am not certain if that was so.

In the granary on the old farm my grandfather had written many bits of information on the board walls. Most where about crops and feed and livestock, but one of them dated in the early 50's stated that he almost ran over Elvis with the pickup. That one got my attention. My dad explained that they named the dog Elvis, because he was "nothin' but a hound dog". One day my grandpa was backing up to the granary to unload feed from the pickup. Elvis was standing behind the pickup looking away and when the pickup bumper hit him, he yelped. Otis in his dry sense of humor noted that on that day he almost ran over Elvis.



# A Minnesotan: More on Snow



By RosaLin Alcoser

Recently the Twin Cities got slammed by a ton of powder snow fall; while I was at work in the office. It was not snowing when I left home but started after I got there.

Because of the snow a lot of people left during lunch to finish the day from home. Except for me, the forecast said it was going to stop at 1pm. So I figured I might as well stay all day; after all, if I leave after it's not been snowing for a while then the roads will be plowed. Right?

Wrong! I was wrong in my assumption that the roads would all be plowed.

Now some of the side roads in town I did not expect to be completely snow free by the time I left for work. There were places where one side was plowed and the other was not. Which is to be expected since the plow has to come back in the other direction to do that side.

The issue was when I got to the highway; which I normally do not take home. Normally I take a backway home to avoid traffic. However, due to the large amounts of powdery snow I thought that I should play it safe and take the highway.

Clearly my assumption was that the highway would have been plowed. After all, it's a highway. The highway had not been plowed.

Instead it was a slushy snow filled mess. I did end up taking it all the way back to my neighborhood though by doing something that I had not done since I was a teenager driving to school.

I followed a 4x4 that was following a Semitruck and got into their tire tracks just like I used to do on snowy Minnesota mornings when I would follow the milk truck out of the valley to the main road.

The process was a little bit terrifying and extremely slow, however, I did live to tell the tale.

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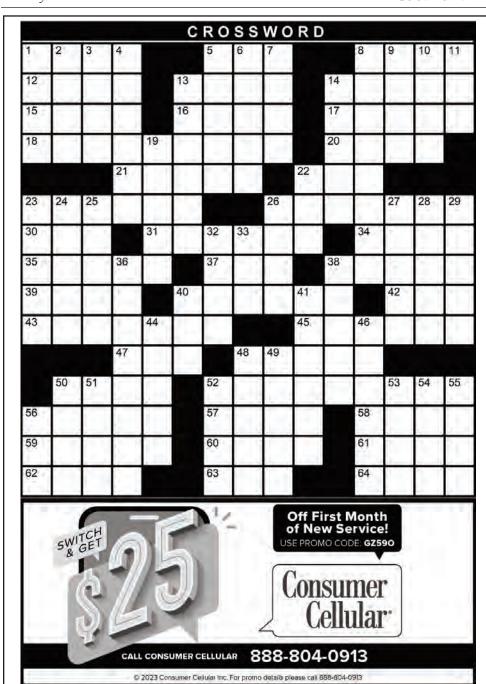
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#### THEME: VALENTINE'S DAY

ACROSS

1. "Without further \_

5. Sweet 16 gift
8. Steps to the river, in India

12. \*Michael BublÈ's "\_ the Last Dance for Me"

13. Bigger than big 14. Nonkosher

15. Big-ticket one 16. October birthstone

17. \*#5 Down's target

18. \*Reason to celebrate Lupercalia, Valentine's Day predecessor

20. Make over 21. Omit

22. Hexagonal fastener

23. December birthstone, pl.

26. Most gem tlich

30. Ed.'s request

31. Two dots above a letter

34. Brussels org. 35. Church recesses

\_ or chicken?

38. Encourage (2 words)

39. What hoarders do

40. He crossed the Rubicon

42. Jet follower

43. English county courts, in the olden days

45. Gentlemen's gentlemen

47. Chop off

48. Paparazzo's quest 50. Port in Yemen

\*Heart-shaped box content

56. Range 57. Top notch

58. Baron Munchhausen, e.g.

59. Journalists and reporters

60. Speed unit

61. All is well that does this well

62. Bald eagle's nest

63. Ever, to a poet 64. Tinkerbell's powder **DOWN** 

"Clueless" catch phrase \*Get-together

3. End of a break-up phrase

4. Explosive of Czechoslovakian origin

\*Winged one

6. Septemb 7. Bank on September stone

8. \*\_\_\_ card 9. Not tails

10. '70s hairdo

11. Sylvester, to Tweety13. Wholism, alt. sp.

14. Monotonous hum

19. Intestinal obstruction

"Wayne's World" catchphrase

23. Japanese port 24. Necklace clasp location, pl.

25. Affirmatives 26. \*Kisses' partners

27. National emblem

28. Type of weasel 29. BBQ tool

32. Pasturelands
33. Accompanies wisdom?

36. \*a.k.a. St. Valentine's Malady 38. \*Muse of love poetry 40. Large edible mushroom

41. Long-legged shore bird

44. Regions

46. Bummed about

48. Bell's invention

49. Laurels

50. Homesteader's measure

51. Active one

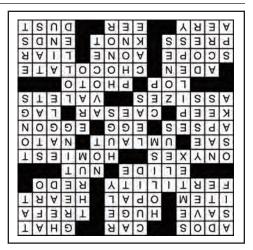
52. Soap block

53. Hokkaido language

Small amounts

55. Formerly, formerly

\*Romantic destination



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C StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

# Supporting Our Local FFA & Celebrating National FFA Week February 18-25, 2023



National FFA Week is February 18 - 25th 2023. Starting in 1948, the National FFA Board of Directors designated a weeklong tradition to recognize George Washington's example and legacy as a leader and farmer.

For the past 74 years, FFA members across the country have taken part in agricultural, leadership and service-based activities during National FFA Week.

"National FFA Week is a significant event that really showcases the heart of our organization," says Christine White, chief program officer for the National FFA Organization. "Local chapters use this as an opportunity to highlight program success, recognize com-

# Goodhue County Dairy Princess Candidates Sought

Goodhue, Minn.-- The American Dairy Association of Goodhue County is seeking candidates to participate in this year's dairy princess program. Dairy princesses serve as goodwill ambassadors for the dairy industry through appearances that help explain dairy farmers' passion for taking care of their animals and land while providing nutritious food for people locally and throughout the world.

A candidate must be a high school graduate by July 1, 2023, and not yet 24 years old by July 1, 2023. A candidate must be a U.S. Citizen or Permanent Resident. She or her parents must be actively engaged in the production of milk for sale to a licensed plant during the current year. A candidate also qualifies if she or her parents are employed on a dairy farm in a dairy-related capacity, or if a sibling has taken over the home farm. Additionally, she would qualify if her or her family custom raise animals that will produce milk or lease animals in exchange for work on that farm.

The dairy princess program is sponsored by the county's dairy farmers in conjunction with Midwest Dairy's Minnesota Division and the dairy checkoff. Serving as a county dairy princess is also the first step toward potentially becoming Princess Kay of the Milky Way. Ten finalists will be selected to compete for the Princess Kay title in August.

At all levels of competition, contestants are judged on their communication skills, personality, enthusiasm for dairy promotion and general knowledge of the dairy industry.

For a complete rules and application form, contact any Goodhue County Dairy Association Board Member or Tiffany or Tony Betcher, email: goodhueada@gmail.com or call/text: 651-380-8874/651-380-1795.

munity supporters and amplify the mission of the organization."

Again this year, more than 700,000 FFA members will spend the week of February 18-25 developing their potential for premier leadership, personal growth and career success through agricultural education.

They will do so in creative and innovative ways. Whether volunteering to clean up the local fairgrounds or throwing a citywide party to celebrate the 1732 birth of our first president, there is no limit to how this week can be recognized.

"It could be hosting a breakfast for teachers, an open house for FFA supporters or bestowing chapter-level degrees. It truly is an opportunity to celebrate all things FFA. As a former member and agricultural educator, FFA Week is something I always looked forward to since it was a way to share my passion for the organization," White says. "FFA members should embrace the planning, execution and celebration that occurs with developing activities and events for FFA Week. The skills of teamwork, communication and advocating are ones you will carry with you beyond your FFA experience."

Keep track of all that is happening by following #FFAWeek on your social channels. Find more about all the resources available at FFA.org/National-FFA-Week.

The organization also wants to Thank Alumni and Supporters!

Whether they were the blue jacket or simply support an organization they were never a member of, these individuals are celebrated on National FFA Alumni and Supporters Day. Since 1971, alumni and supporters have

found ways to significantly contribute to their local chapters.

Jeremy Krerowicz, the past president of the Denmark FFA Alumni in Wisconsin, fondly remembers his time as a member, and he used those experiences as motivation to lead the 2020 Outstanding FFA Alumni and Supporters Chapter.

"Our members love to see the students grow," Krerowicz says. "We love seeing them being recognized at state and national conventions, during their chapter banquet and throughout the community. It shows that we are doing our part. We help them with the resources they need to get that far."

In every state in the nation, alumni and supporters chapters work to create environments where people and communities can develop their potential for premier leadership, personal growth and career success.

They are raising funds to send members to the Washington Leadership Conference, hosting students with supervised agricultural experiences (SAEs), helping to advocate for their local chapters and more. 2023 marks the 52nd anniversary of the National FFA Alumni Association.Randolph FFA is also fortunate to have an very active alumni as well as great community support.

# Chili Cook Off Contest part of this years Dennison Lions Flake Out Festival Saturday, February 4th



The Dennison Lions Club is planning the 2023 Flake Out Festival & Winter Parade for Saturday, February 4th.

The club is holding a raffle in conjunction with the days events to raise funds to support Lions Clubs activities and help support other area non-profit entities and those in need that the club donates to and supports throughout the year. A \$500 1st Prize, plus other cash prizes

will be given away.

The Annual Lighted Parade will take place at 6:30 PM, and anyone can participate. A Cash Prize will be given to the best float.

Other returning favorites include Euchre at Fireside, beginning at 9 AM with 100% Prize Payout and Designer Purse & Gift Card Bingo at City Hall at 3 pm. New this year will be a Chili Cookoff Contest. Cook up your best chili recipe and bring it down to city hall at 11 AM. Tasting and voting will be from 11:30-12:30 with a cash prize for 1st and 2nd place. If you have any questions, contact Lion President Diane at 612-532-0268:

#### **Goodhue Lions Peace Poster Contest**



Winners of the Goodhue Lions Peace Poster Contest are Gus Raasch from St. Johns School and Duncan Poncelet from Goodhue School along with project chair Lion John Augustine.



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