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AUGUST, 2023

Volume 18 • Issue 6

City News

The City Council is considering adopting a franchise agreement with Xcel Energy that includes franchise fees to help fund the Pavement Management Plan (PMP). The City's current PMP was adopted by the City Council on February 13, 2023. Funding of PMP projects is provided through a combination of general tax levies, and franchise fees. Franchise fees would be set aside in a dedicated fund and used solely for expenditures related to the PMP for city streets. The next City Council meeting is September 6, 2023, to have an open house about franchise fees. For more information please visit the city website <https://www.cityofdundas.org/>

Rice County Steam and Gas Tractor Show September 1-3

The 49th annual Rice County Steam and Gas Tractor Show will take place September 1-3 of 2023.

Visitors can take a trip back in time with all the various exhibits and activities going on at the annual Rice County Steam & Gas Show just South of Dundas MN on Hwy. 3 Friday, Saturday and Sunday, September 1, 2 & 3.

(continued on page 6)



Former Governor Al Quie Passes Away

Former Minnesota Gov. Al Quie, a moderate Republican known for working across the aisle as both governor and as a congressman, has died. He was 99.

Quie died of natural causes late Friday, August 18 at a senior living community in suburban Wayzata where he had lived for the last 10 years, his son, Joel Quie, said Saturday.

(continued on page 3)

Announcements

- **The watering/irrigation ban is from May 1- October 15.** The exceptions to the restrictions are newly seeded/sod areas and new trees/shrubs which can be watered every day.
- **Memorial Park Pavilion is open for reservations by calling City Hall at 507-645-2852.**

Rates through September 30, 2023 are:

Monday thru Friday:

Half Days: \$80.00 7am-2pm & 3-10pm

Full Days: \$135.00 7am-10pm

Saturday/Sunday:

Full Days only: \$135.00 7am-10pm

Plus a deposit for all reservations: \$150.00 Reservations forms are available online at www.cityofdundas.org

Check City's website for more information

www.cityofdundas.org

Do you have an announcement?

Email: hometownmessenger@gmail.com

DUNDAS PAINT CENTER

60th Anniversary Celebration September 21-22

Food! Prizes! Giveaways!

(see ad on page 10)

Elvis & Johnny, Bingo & More



The popular Vegas Style Tribute Show featuring the music of Johnny Cash, Elvis, and Neil Diamond returns to Dennison Saturday September 16th, Under the big top.

(continued on page 7)

NH+C's Long Term Care Center is set to close

Northfield Hospital + Clinics will close its Long Term Care Center at Northfield Hospital this fall, due to financial challenges and lack of available staff.

This does not impact other operations of Northfield Hospital and NH+C's medical services.

NH+C will work with each resident and their support person of choice to select an alternative placement that meets their individual needs and choices.

(continued on page 4)



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Break My Heart

What breaks your heart? This is more than a bad day, or a break-up with your last date. What are those things that you are passionate about? Is it your family, your job, your hobbies, people in your community, your faith? Do you get angry at injustice? Does your heart and spirit break and get stirred up at the evil in this world? Mine do! If your heart isn't moved- you may want to consider some drastic surgery today.

We dislike thinking about those things that pull us to strong feelings of any kind. We'd rather have hassle-free days, green lights, good food, sunny weather, close parking spots and well-behaved children. We often think, I'm a Christian, I love Jesus and I go to church and help sometimes- so God should make my life easy! We don't want to be inconvenienced, or interrupted, or have any trouble at all! Instead of safe- God's plan is to challenge us and grow our faith deeper. He wants to see and hear passion in our prayers. He wants to know what we care about and if we care about the things that He cares about. Nehemiah had a broken heart. The city of Jerusalem lay in ruins and needed help. Nehemiah prayed! Nehemiah's heart broke for those things that break God's heart. We too need to be to the point that we pray- 'Break my heart Lord.' Break it, crush it, strip me of all comfort, ease and apathy. When we pray that way you will need Courage!

When you truly pray that prayer you will be burdened and grieved. You will lose sleep, burn with righteous anger and do things others don't understand. Nehemiah (Nehemiah 1) was going through all of these feelings as he heard what his brother shared about the city of Jerusalem and the sad state of the temple.

The wall was not repaired, and the gates were gone. They had no defense against the enemy. They had no way to protect themselves or to protect the temple of God either. Nehemiah took this news hard- he loved his home city- he understood how disgraceful this was to the Jews. The enemy would have a field day with this as well. Nehemiah's response was a lot like Jesus' response as he looked over Jerusalem many years later: "I sat down and wept." Nehemiah sat down and wept. His heart was broken for his beloved city and for his people. This was a big deal!

This was God's city, God's temple- and no one is rebuilding it or protecting it. But Nehemiah didn't just sit and cry- he did something about it. For days, he mourned, he fasted, and he prayed!

We need the Courage to pray, "God, Break My Heart" We need to humbly bow down before our God and Savior. When we pray like this, we're asking God to break our heart, to strip us of all comfort, ease, and apathy. We are seeking His heart, His passion, His will. In the Lord's prayer we pray, "not my will by thine be done- not my will but yours Lord."

I'm warning you now, when you pray for God to break your heart for what breaks His- God will answer! You will have a deep sense of justice for people around you. You will be burdened for those that face an eternity in hell. You will be burdened by the pain of people around you. You will be grieved, lose sleep, and you will probably get angry- your heart will burn with righteous anger when those that can't do for themselves are being hurt, and treated unfairly. This prayer will make you more sensitive to the people around you and their cares and concerns. Praying this prayer will have you doing things that no one else will understand.

Linda and Pastor Colleen's heart broke for those fighting addiction. South Troy Celebrate Recovery was born out of that passion- hearts that are broken for others. Celebrate Recovery meets every Sunday night at South Troy. This chapter of Celebrate Recovery is almost a year old and oh, the stories of recovery, of healing, of lives changed!!! It took a few years- but God has it up and running now.

When you pray for your heart to break you will face opposition, criticism and possibly persecution. But through all your pain, agony and discomfort you will also be blessed. You will be blessed as your heart breaks over something that breaks the heart of God. Nehemiah cried out against the injustice; he cried out against the actions of his people and gave them the message that God had given him. They were to confess their sins, turn to God and rebuild Jerusalem. Nehemiah spent time fasting, praying and planning. It wasn't just a lunchtime fast, but a whole-hearted, down in the dirt- down in front of the altar time of fasting and prayer! His heart was broken for what was going on in Jerusalem. They cried out to God- their burden seemed almost too great to bear.

When the problem is bigger than you- than anything you can do- turn to God in heartfelt

prayer. As you pray, and fast you will discover that our God's greatest blessings come from God's greatest breakings. What if God breaks your heart for what breaks His? You'll discover his blessings. You will discover a holy hurt in your spirit- that will propel you forward into action!

- Comfort never moved me to action!
- More luxury life- never made me consider those that are suffering.
- Pain free days never made me more like Jesus.

Pain purifies, and suffering strengthens. It

is the trials that we have been through that teach us to depend on God. I dare you to pray: BREAK MY HEART! When you sincerely pray that prayer it will shake you out of your continual pursuit of comfort. It will stir you with a divine burden you simply can't ignore.

- Questions to ask yourself this week:
- What truly breaks your heart on behalf of God?
 - What are you going to do about what breaks your heart?

Area Church Directory

The Lord Provides

Abraham looked up and there in a thicket he saw a ram. . . . He . . . took the ram and sacrificed it as a burnt offering instead of his son. — Genesis 22:13

Abraham's faith is tested with the ultimate challenge: Is he willing to give up his most precious treasure to God? And at the last possible moment, God intervenes, telling Abraham to stop. So Isaac is spared, delivered from a death sentence. And God provides a substitute, a sacrificial ram to be offered instead. The place is then called "The Lord Will Provide."

Abraham could not have known that about 2,000 years later an even greater sacrifice would be made. God would again provide a substitute, who actually became "the Lamb of God, who takes away the sin of the world!" (John 1:29). That substitute was Jesus, God's only Son, who gave up his own life to pay for all our sin so that all who believe in him may have eternal life (John 3:16).

God's judgment against sin fell on his own Son. Jesus, the sacrificial Lamb, stepped in and took our place. On that day, through Jesus' death on a cross outside Jerusalem, a sufficient sacrifice was provided (see Mark 15:33-39).

Abraham could not have known all this, but by the grace of God he had received the gift of faith and could trust that God would somehow keep his promises.

Lamb of God, thank you for being our substitute and dying in our place, opening the way for us to be saved. Give us faith to believe in you and to serve you every day. Amen.

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www.canvaschurchmn.com

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Wednesday youth grades 6-12: 6:30pm

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9:30 a.m. Sunday Worship; Sunday School & Nursery; Adult Group 8a.m.

CITY LIGHT CHURCH 2140 Hwy. 3 South, Northfield, MN
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LIFE21 CHURCH 2100 Jefferson Road (just north of Target)
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NORTHFIELD EVANGELICAL FREE CHURCH 5600 East 110th Street
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HOSANNA CHURCH - NORTHFIELD 205 2nd St. S., Dundas
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Wednesday: Middle School Ministry - doors open at 5:30; programming 6-7:15;
High School Ministry - doors open at 7pm; programming 7:30-9pm

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Former Governor Al Quie Passes Away

(continued from page 1)

While he had been in declining health in recent months, he still enjoyed meeting and greeting people. At a family gathering two weeks ago, he read aloud to his great-grandchildren from their favorite storybook, his son said. He died just a month shy of his 100th birthday.

"His stature and his energy and his enthusiasm for life was there right to the end," Joel Quie said.

Albert Harold Quie was born Sept. 18, 1923, on his family's dairy farm near Dennison in southeastern Minnesota. After serving as a Navy pilot in World War II, he returned home to resume farming. He served a stint in the

Minnesota Senate before winning a special election for a vacant congressional seat.

Quie represented southeastern Minnesota's 1st District in the U.S. House from 1958 to 1979, becoming known for his expertise on education and agriculture. He ran for governor in 1978 and unseated Rudy Perpich in what was dubbed the "Minnesota Massacre," a bad year for state Democrats. Voter anger had lingered after Gov. Wendell Anderson arranged for Perpich, then his lieutenant governor, to appoint Anderson to the U.S. Senate seat that Walter Mondale gave up in 1976 to become vice president.

But Quie's single term as governor turned rocky amid a deep budget shortfall in the early 1980s, when Democrats controlled the Minnesota Legislature. Amid the bitter divisions of the 1981 and 1982 sessions, he opted not to seek reelection.

In a farewell address at the University of Minnesota in December 1982, Quie decried the growing partisanship in politics but said he remained optimistic about the future of the state and the nation.

"I entered public life with a strong, though still-developing belief in the sanctity of the individual, the centrality of the family, and the compassion and good sense of people in neighborhoods and local communities. I believed that all people have infinite worth, and that all people possess gifts that can be known fully by no one," he said. "My belief in these ideas gained in strength as the years passed and I better saw their worth, and as they withstood the doubts of skeptics and the strain of great change. Nothing ... has successfully challenged my early — and lasting

— belief in them."

Quie, a man of deep Lutheran faith, remained active after leaving office, serving as a local and national leader of the Christian ministry Prison Fellowship.

Joel Quie, a retired Lutheran pastor, said his family used his 99th birthday celebration last year as sort of a dress rehearsal for what they hoped would be his 100th. Current Gov. Tim Walz proclaimed it Al Quie Day. When he turned 97, the former Navy pilot got to fly in an open cockpit plane — albeit with another pilot at the controls. He had been an avid horseman and last rode when he was 1995. His goal was to saddle a horse when he turned 100, his son said.

"God blessed him with incredible resilience and stamina," his son said. "And he embraced it and lived life to the fullest."

Walz, a Democrat who held Quie's congressional seat for 12 years before becoming governor, paid tribute to him Saturday, recalling that he found him "caring, funny, and generous as ever" when he attended his predecessor's 99th birthday celebration.

"A veteran, a man of faith, and a life-long public servant, Governor Quie had a deep commitment to the betterment of our state and a legacy that extends beyond his time in office," Walz said in a statement. "His advocacy for education, eliminating discrimination, and rural development demonstrated his unwavering dedication to creating a better life for all Minnesotans."

His wife, Gretchen Quie, died in 2015. Al Quie is survived by children Fred Quivik of St. Paul; Jennie Coffin of Fairfax, Va.; Dan Quie of Greenfield, Minn.; Joel Quie of Eden



Prairie; Ben Quie of St. Paul; 14 grandchildren and 22 great-grandchildren. Quie's funeral will be held at Central Lutheran Church in Minneapolis on September 9 at 1 pm.

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NH+C's Long Term Care Center is Set to Close

(continued from page 1)

NH+C will provide assistance in the relocation process, and there will be no cost to residents or families.

NH+C will work with affected staff to explore other job options within NH+C with another local employer. We will provide resources to help LTCC staff during this transition.

The decision by NH+C's Administration and Board comes as NH+C – like hospitals across the state – faces significant challenges. NH+C lost several million dollars in 2022 as expenses significantly outpaced revenue from services. In the Long Term Care Center alone, it costs significantly more to provide care than payments for the service cover.

"This is a painful decision, but it's the best decision under difficult circumstances, to keep NH+C strong enough to serve our communities well," says NH+C President & CEO Steve Underdahl. "An organization can't sustain ongoing heavy losses and continue to operate effectively."

The decision is part of an overall review of

services at NH+C to ensure the organization can serve the community for generations to come. NH+C's Administration and Board consider several criteria as they analyze service lines: finances, mission, and commitment to serving local communities. They also consider whether a service is available from other providers in the region.

Healthcare organizations across the U.S. are under serious pressure from four converging trends: worker shortages; increased costs; flat payments; imbalance of government and private payors. Similar actions are occurring across the state and around the country.

NH+C is following rules set by Minnesota law to manage the closure. The process is expected to be complete by October 5. NH+C is working with the state's Department of Human Services (DHS) and Minnesota Department of Health (MDH) to ensure compliance with state law. DHS regulates the management of skilled nursing facilities in Minnesota, with specific requirements and timelines that must be met when closing a facility.

"We will make this transition as comfortable as possible for residents and families," Underdahl says. "We're proud of the excellent care our dedicated Long Term Care staff has provided, especially during the very challenging years of pandemic. We will do our best to support our colleagues as they face this transition, too."

The Long Term Care Center is a 40-bed unit at Northfield Hospital. It opened in 1963 as the H.O. Dille Skilled Nursing Facility in



the hospital then-located on Second Street (now Way Park). It was originally built with a \$250,000 bequest from Minnie Dille. The center has received five-star ratings over the years from Centers for Medicare and Medicaid (CMS), based on health inspections, staffing, and quality of resident care.

NH+C is city-owned, but it is not city-funded. All NH+C funds come from the services NH+C provides. No city funds have ever been used to build or run the Long Term Care Center.

NH+C's 2022 net revenue was \$119.7 million. Net expenses were \$128.8 million.

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Three Ways Homeowners Can Improve Local Lake Water Quality

By Steve Pahs, Rice SWCD

Do you live on a local lake and want to do what you can to protect the water from pollution? Does the lake you live on look like it got slimed by that green ghost from Ghostbusters? Then it's likely that you've often wondered what could be done about it to keep it from happening. While there's no shortcuts to improving water quality quickly, there are some things that all homeowners can do to help limit what goes into the lake.

In Southern Minnesota, many of our lakes have a high nutrient load. When the heat of summer arrives, algae starts to grow, and where there's a lot of phosphorus, you'll soon see a not so lovely green slime showing up in the lake. This is a big problem, especially in years where rainfall is sparse, so the water tends to stagnate. Now, even if everyone on the lake adopts several best management practices to limit phosphorus, it may still take many years to see big improvements, because there is often a lot of phosphorus already in

the lake, and it is not easy to get rid of. But over time, small changes can make a difference.

Here are three ways you can help improve the water quality of your lake.

Create a natural shoreline to buffer surface water runoff. Do you mow your lawn down to the water's edge? If you do, then there is not a natural buffer in place to slow down rainfall runoff that could be carrying lawn fertilizers, grass clippings, and pet waste right into the lake. Planting native grasses and forbs in the area bordering the lake can help to reduce pollutants and keep the shoreline from eroding. It also provides valuable habitat for native butterflies, bees, and other pollinators.

Use phosphorus-free fertilizer on your lawn. In 2004, Minnesota became the first state in the nation to pass a Phosphorus Lawn Fertilizer Law. The law was passed to help reduce the amount of phosphorus entering rivers, lakes, and wetlands. Homeowners need to use phosphorus-free fertilizer on their lawns unless they have a soil test or plant tissue test that shows a need for phosphorus or they are establishing a new lawn through seeding or laying sod. Choose a fertilizer that has a zero in the middle of the three-number dashed fertilizer label. For example, a label listing 22-0-15 would indicate 22% available nitrogen, 0% available phosphorus, and 15% available potassium.

Keep your septic system maintained and healthy. The Minnesota Pollution Control Agency (MPCA) estimates that 10% of sep-



A natural shoreline on Lake Volney in Le Sueur County.

Photo by Holly Bushman, Le Sueur County.

tic systems in Minnesota back into homes or have wastewater arising from the ground surface, and about 25% of septic systems fail to protect groundwater. As a result, they can have a huge impact on local lake water quality. It is important to have an expert to evaluate your septic system and replace it if it is failing. Leaky systems and sometimes straight pipes can be a major source of nutrient loading. Maintain your septic system by repairing leaks, minimizing the use of harsh cleaning chemicals, and keeping grease, food, and other trash materials out of your septic. Be sure to pump your septic out regularly (at least every three years) and keep deep-rooted vegetation, equipment, and other

large objects off of your drain field. Learn more about septic system maintenance at <https://www.pca.state.mn.us/news-and-stories/keep-your-septic-system-healthy>.

There are many more ways you can help improve the water quality of your lake. The University of Minnesota has a great webpage on the subject where you can find even more ways to evaluate your lot, prepare a plan, and take action! Go to <https://extension.umn.edu/lakes-and-wetlands/shoreland-properties> to learn more. To learn more about how local organizations are working to improve the water quality of our rivers and lakes, visit <http://www.riceswcd.org/crwjpo>.

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Rice County Steam and Gas Tractor Show September 1-3

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Attendees can expect to see many of the familiar attractions as they have in the past including the operating sawmill, corn shelling, thrashing, blacksmithing, and more. The annual flea market will take place on the grounds and additional exhibits are many, including antique tractors, classic cars and trucks along with draft horses. Vintage Machinery, both horse drawn, and tractor driven, will be on display and used in various exhibits on the grounds.

The tractor parade takes place at noon each day.

Breakfast is served daily on the grounds as well as other food stands offering food throughout the day.

The kids pedal pull is Saturday after the parade, and the tractor pull is Sunday at 9:00 AM. Ford tractors and implements are the feature of this year's show, and one is being raffled off for their annual fundraising raffle. The kids' play area includes a merry go round, swings, sandboxes and more.

A petting zoo will also be available for visitors, presented this year courtesy of Windy

Willow Farm Adventures.

There will be live music all three days and a non-denominational church service will take place Sunday at 8:00 AM.

General admission is just \$10 for the entire weekend and all events are free for ages 12 and under.

The all-volunteer group works hard to preserve history, maintain the grounds and bring new pieces of history to visitors every year. The newest acquisition for the club was the former Waterford, MN schoolhouse and township building, which was recently moved to the grounds from its original location in Waterford (Just North of Northfield). The move south down Highway #3 was delayed several times earlier this year due to weather and other factors, so the building will not reopen this year for tours and events, but the group hopes to have it set on the foundation yet this fall. Photos of the historic move are available on the Rice County Steam and Gas Facebook page.

Complete information and event listings are available on the group's Facebook page and website at ricecountysteamandgas.com

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Elvis & Johnny, Bingo & More

(continued from page 1)

For fans young and old, if you have ever been to the popular Breezy Point Resort up north in Minnesota, you may have caught The Memories of Elvis Show (www.espking.com) with Chris Olson.

You may have seen their show on the dockside bar at Breezy Point or if you have been to Dennison on Labor Day Weekend, Chris Olson performs this entertaining tribute of The King, and will be bringing his talents and show back to DENNISON, MINNESOTA on Saturday, September 16th. Show time will be at 7:30p.m.

This will be a rain or shine event under the big top at the Fireside.

Doug Allen Nash will again join the show this year with his tribute to Neil Diamond and also his "Johnny Cash Tribute - American Icon". (www.dougallennash.com)

It is in this production, Nash includes one of his own songs "June" co-written and co-produced with Jeff Silverman in Nashville, TN. Engineering mix by Grammy Award Winners John Carter Cash and Chuck Turner at Cash Cabin Studio in Hendersonville, TN.

You can see both of these great artists in Dennison Saturday, September 16th.

Advance Tickets are just \$25.00. \$30.00 Day of Show. Call Fireside at 507-645-9992 during normal business hours, or e-mail them



at firesideloungedennison@gmail.com to order tickets.

You can also make dinner reservations that evening ahead of the show. Space is limited, so make your reservations early. This year's event will be a part of a weekend celebration in Dennison. As Fireside Lounge celebrates

20 years of Amy Family Hospitality, Friday, September 15th, Music will be provided by popular variety band, The Look. Music will start around 7 PM Friday Night to kick off the weekend. Also this year, under the tent Saturday afternoon,

Fireside Lounge & The Dennison Lions Club will host Purse & Gift Card Bingo. Watch the Fireside Facebook Page & Website for up to date information.

Share Your Good News with the Community!

Submit your engagement, wedding or birth announcement.

Email us at:
hometownmessenger@gmail.com



LIVE MUSIC & GREAT FOOD!

FRIDAY, SEPTEMBER 15
7:00 PM-12:00 AM
Under the Big Top
NO COVER

Purse & Gift Card Bingo!

Saturday, September 16
1:00 PM

THE KING
with
CASH & DIAMOND

Chris Olson is **ELVIS** www.espking.com
Doug Allen Nash is **JOHNNY CASH & NEIL DIAMOND**
www.dougallennash.com

Saturday, September 16 at 7:30 PM
Advance Tickets \$25.00 • Day of Show \$30.00 (Plus Tax)
Call 507-645-9992 or Email Your Ticket Reservation to:
firesideloungedennison@gmail.com. Put "Elvis Tickets" in the Subject Line.

THE DEFEAT OF JESSE JAMES DAYS EVENTS

SEPTEMBER 6-10, 2023

MONDAY, AUGUST 7

GOLF TOURNAMENT Willinger's Golf Course, 2-person Best Shot. Tee Times 8am-4pm
Open Division & Senior Division (both players over age 60)

WEDNESDAY, AUGUST 16

SPAGHETTI DINNER/MEET THE CANDIDATES PROGRAM 5pm Northfield Ballroom, Highway 3 North **BUTTON EVENT!** Admission: \$15 / \$10 under age 8

AUGUST 30-SEPTEMBER 4

HORSESHOE HUNT Remember to register your button before the hunt. (Please read the rules and instructions before hunting at djjd.org/horse-shoe-hunt)

WEDNESDAY, SEPTEMBER 6

JOSEPH LEE HEYWOOD GRAVESIDE MEMORIAL SERVICE
NOON Northfield Cemetery, South Division across from High School
JOSEPH LEE HEYWOOD DISTINGUISHED SERVICE AWARD BANQUET
6:30pm (doors open 5pm) Northfield Ballroom, Highway 3 North
Prepaid Reservations **BUTTON EVENT!** email heywood@djjd.org. \$125 Pin Drawing, Auction of Defeat of Jesse James Days Collector Buttons Numbers 1 through 5

THURSDAY, SEPTEMBER 7

ENTERTAINMENT CENTER "The Original DJJD Townie Night"
BUTTON EVENT!
5pm-12pm 5th & Water Street (valid ID req'd)
5pm-8pm Beer pouring by Past DJJD General Chairs and Past DJJD Ambassadors
8pm-12am *Street Talk*

GIDDY-UP HORSE RACES
Registration 5pm Washington Park, 801 Washington St. **BUTTON EVENT!**
Button required for all participants

NORTHFIELD HISTORICAL SOCIETY OPEN HOUSE 5-7pm
Free and open to the public.
CLASSIC CAR CRUISE 5pm line up at Northfield Ballroom, Highway 3 North
6:30pm 1-hour cruise begins. Free-will donation welcome. Route info at www.djjd.org

CARNIVAL 5pm Highway 3 & 5th Street
6-10pm "Wrist Band Night" See www.djjd.org for ticket sale locations
PEDAL TRACTOR PULL 5:30pm Between 4th & 5th Streets on Division
BINGO ON BRIDGE SQUARE 6pm-Midnight
THURSDAY NIGHT THUNDER 6-8pm Division between 5th & 6th Streets
Meet local motorsport racing teams, family fun with autographs and games.

FRIDAY, SEPTEMBER 8

AMBASSADOR/JAMES GANG SCHOOL VISIT'S 9am-3pm
ENTERTAINMENT CENTER 4pm-1am **BUTTON EVENT!**
5th & Water Streets (valid ID req'd)
8:30pm-12:30am *Dirty Little Secret*
CARNIVAL 5pm Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE 6pm-MIDNIGHT
P.R.C.A. PROFESSIONAL RODEO 8pm Jesse James Arena, Hwy 3 South
"GIVE CANCER THE BOOT" NIGHT. A fundraiser for Northfield Hospital's Breast Care and Infusion Centers, donate and show your support. Special giveaway to the first 300 paid admissions, sponsored by CarTime Auto Center and ReMax Advantage Plus by Mary Jo Winter. General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's.
Same-day tickets: available at Rodeo grounds 2 hours prior to performance.
RODEO GROUNDS BEER GARDEN open before, during and after rodeo (valid ID req'd).

SATURDAY, SEPTEMBER 9

NORTHFIELD ROTARY BIKE TOUR 7am Dundas Memorial Park 214 1st St., Dundas
A fully supported road, gravel & family adventure. On-Site Registration and Check-In begins at 7:00 a.m. Online registration: northfieldrotary.org
RAIDER DERBY Registration 7:30am, Race begins 9am
Soapbox car racing, 3rd & Orchard St. **BUTTON EVENT!**
Button required for all participants
DEFEAT OF JESSE JAMES DAYS CAR SHOW 9am-3pm
Sundowner Car Club, Riverside Park. Admission: \$2
15 and under free with paid adult. **BUTTON EVENT!**
39TH ANNUAL ARTS, CRAFTS & GIFT SHOW
9am-5pm Central Park, 4th & Winona Streets
COED 4S GRASS VOLLEYBALL TOURNAMENT 9am-6pm
Tyler Park, 1951 Roosevelt Dr. Outdoor grass volleyball with multiple levels of play, round robin format followed by playoffs and cash prizes for top teams. Teams of four. Registration information on Facebook: Defeat of Jesse James Days Grass Volleyball Tournament

SATURDAY, SEPTEMBER 9 CONT.

KIDDIE PARADE 9:30am 6th & Division Streets
OUTLAW ESCAPE MOTORCYCLE RIDE Rice County United Way
9:30am check in, 10:30am kickstands up Northfield Ballroom, Highway 3 North. Registration \$55, riders \$35. For more info and registration, RiceCountyUnitedWay.org/OutlawEscape
NORTHFIELD ARTS GUILD RIVERFRONT FINE ARTS FESTIVAL
10am-5pm Cannon River Walkway. More info at northfieldartsguild.org
CARNIVAL 11am Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE NOON-MIDNIGHT
CORNHOLE TOURNAMENT NOON Entertainment Center
Must pre-register through djjd.org. Registration opens August 1st (Teams limited.) **BUTTON EVENT!**
ENTERTAINMENT CENTER NOON-1am **BUTTON EVENT!**
5th & Water Streets (valid ID req'd)
7-8:45pm *Crimson Roots*
9pm-12:30am *Russ Frank and The Biscuits*
P.R.C.A. PROFESSIONAL RODEO 2pm Jesse James Arena, Highway 3 South
Free cowboy hat to first 400 paid kids admissions from Edina Realty. General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's. Same-day tickets: available at Rodeo grounds 2 hours prior to performance.
DJJD BEARD CONTEST Division Street **BUTTON EVENT!**
6pm (following final bank raid re-enactment), \$10 entry fee, see djjd.org.
P.R.C.A. PROFESSIONAL RODEO 8pm Jesse James Arena, Hwy 3 South
"TRIBUTE TO 1ST RESPONDERS" NIGHT
General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's. Same-day tickets: available at Rodeo grounds 2 hours prior to performance.

SUNDAY, SEPTEMBER 10

OUTLAW RUN 5K/15K RUN-WALK
Benson & Langehough Funeral Home, 201 E. 4th St.
Registration 6:30-7:30am, 15K Run start 7:45am, 5K Run/Walk start 8:00am
More info at northfieldhistory.org
ANTIQUE TRACTOR & TRUCK PULL Registration: 7am, Pull: 9am
Jesse James Arena, Hwy 3 South **BUTTON EVENT!**
VFW BREAKFAST 7:30-11am Adults \$10, Children (5-10) \$5, Under 5 free
AMBASSADOR VIP RECEPTION 9:30am Northfield Middle School
NORTHFIELD ARTS GUILD RIVERFRONT FINE ARTS FESTIVAL
10am-5pm Cannon River Walkway. More info at northfieldartsguild.org.
39TH ANNUAL ARTS, CRAFTS & GIFT SHOW
11am-4pm Central Park, 4th & Winona Streets
CARNIVAL NOON-6pm Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE NOON-8pm
ENTERTAINMENT CENTER NOON-6pm 5th & Water Streets (valid ID req'd) Special appearance after the Grand Parade by the "Minnesota Pipes & Drums"
GRAND PARADE 2pm Division Street
RESCUE SQUAD DUCK RACE 15 minutes after parade 4th Street Bridge
\$5 tickets available at Bingo Stand. 1st place prize \$1000, 2nd \$300, 3rd \$150.
AMBASSADOR CORONATION 5pm Northfield Middle School
Admission \$10, Children under 5 free **BUTTON EVENT!**

Bank Raid Re-Enactments

BUTTON EVENT! = Buttons required for bleacher seating

408 Division Street

Friday 6pm & 7pm, Saturday 11am & 1, 3, 5pm, Sunday 11am & 12:30pm
(Limited bleacher seating available for 12:30 raid)
American Sign Language Interpreted Raids:
Saturday 11am, 1pm and 3pm, Sunday 11am
(for ASL, check in at Info Booth 20 minutes before re-enactment)



Spanish Interpretation Script available at all raids
visit the Info Booth or scan QR code

Northfield Historical Society Bank Site & Museum
408 Division Street 507-645-9268, www.northfieldhistory.org

See website for admission prices.

Wednesday 10am-5pm · Thursday-Saturday 10am-8pm · Sunday 10am-2pm

The Defeat of Jesse James Days Committee reserves the right to reschedule, postpone or cancel any event without prior notice. Copyright 2023 Defeat of Jesse James Days Committee Inc., a non-profit organization.



COMMUNITY RESOURCE BANK.

Northfield Main Office 1605 Heritage Dr.

507-645-4441

www.crb.bank Member FDIC

Also located in Cannon Falls and Roseville



2023 Minnesota Renaissance Festival

7 Weekends of Huzzah & Cheers!



Open Weekends Aug. 19 - Oct. 1
 Plus Labor Day, Sept. 4 & Festival Friday, Sept. 29
 9 am - 7 pm • Rain or Shine

Park & Ride Recommended
 Prepaid Parking Pass Required For Onsite Parking
 See Website for More Information

952.445.7361 | RenaissanceFest.com

2023 Minnesota Renaissance Festival DRAWING

Win a Four Pack of Renaissance Festival Tickets!



Email your name and address to:
messengerdrawing@gmail.com

Put **"REN FEST DUNDAS"**
 in subject line



Winners will be drawn August 30th.
 Tickets sent by mail or picked up at our Dennison office.

Milo Peterson Ford Co.

Hot Summer Deals at Peterson Ford

 2020 FORD ESCAPE SE AWD, 25,198 miles, silver, 1.5L ecoboost #23090U Sale \$25,720	 2018 FORD FUSION TITANIUM AWD, 138,467 miles, white, 2.0L ecoboost #23014U Sale \$14,444	 2019 FORD F-250 SRW SUPER DUTY XLT, regular cab, 8' box, white, 41,532 miles, 6.2L V-8 #23104U Sale \$40,680	 2020 FORD EXPLORER XLT 4WD, 30,035 miles, agate black metallic, 2.3L ecoboost #23039U Sale \$36,499
 2022 FORD BRONCO SPORT BADLANDS 4x4, 16,077 miles, hot pepper red, ecoboost 2.0L turbocharged #23082U Sale \$39,475	 2021 FORD F-150 XLT SUPERCREW 4WD, rapid red metallic, 20,233 miles, 2.7L V6, ecoboost #23067U Sale \$48,435	<h3>Summer Car Care</h3> <p>At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner.</p> <p>From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence. Call our service department to schedule your maintenance needs. Open Monday thru Friday 7:30am to 5pm.</p> 	

SEE OUR COMPLETE INVENTORY AT WWW.MILOPETERSONFORD.NET

3020 457th Street Way, Kenyon • 507-789-6113 • SALES HOURS: M-T-Th 7:30a.m.-8p.m.; W-F 7:30a.m.-6p.m.; Sat. 8a.m.-4p.m.



Your One-Stop, Locally-Owned LIQUOR STORE

We have all of your favorite brands and selections in stock at great prices!

Cold Beer • Craft Brews • Wine • Spirits • Champagne
Hard-to-Find Labels • Gift Sets • Ice

SAVE 15%
on Case Purchases of Wine

SAVE 10%
on 6 Bottles or More of Wine

10% EVERYDAY SENIOR DISCOUNT

5% EVERYDAY MILITARY DISCOUNT

If it's Selection, Value, and Service, then it must be Firehouse

Hwy. 3 South, Dundas
645-5717



Locally Owned Since 1983



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a family-owned company

Slumberland is pleased to be part of the Dundas community!



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SPECIAL FINANCING AVAILABLE

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SEE STORE FOR DETAILS

PRICE MATCH GUARANTEE



VISIT US TODAY!

404 SCHILLING DRIVE • DUNDAS

*Available in all markets we serve. Use our online "check delivery" tool to verify your zip code. Some restrictions may apply in areas at the far limits of our service areas. Please contact your local store or chat with us online to learn more.

60th Anniversary Celebration

September 21-22

8:00 AM-5:00 PM Thursday • 8:00 AM-2:00 PM Friday

FOOD!

PRIZES!

GIVEAWAYS!



DUNDAS PAINT CENTER

104 Railway Street, Dundas, MN 55019

507-645-5572

www.DundasPaintCenter.com • dundaspaintcenter@outlook.com





7th Annual Junk Truck/M&M Resources

WAREHOUSE SALE

**Friday, Saturday, Sunday
September 8th, 9th, 10th**

10:00am-6:00pm

7 Cannon Street

Dundas, MN 55019

**Weekend
of
Jesse James
Days!**

*You're not going to want to miss it!
Come check us out, we have something for
everyone at very low prices. Lower than your
average garage sale. We hope to see you all there!*

Toys, Games, Electronics, TVs, Computer Monitors, Light Fixtures, Decorative Pictures, Lamps, Picture Frames, DVDs, CDs, Vinyl, Cassettes, Video Games, Computer Games, Books, Vintage Kitchen Items, Pyrex, Tupperware, Corning Ware, Fire King, Pfeltzgraff, Dansk, Vintage Clothing, Vintage Furniture, Antique Furniture, Cast Iron, Dining Sets, Silverware, Coffee Cups, China, Microwaves, Holiday Decoration for Christmas, Easter, St. Patrick's Day, 4th of July, Thanksgiving, Valentines Day, Collectable Plates, Collectable Tea Cups, Collectable Dolls, Grills, Patio Furniture, Patio Umbrellas, Garden Wagons, Various Power Tools, Various Hand Tools, Garden Items, Pots, Windows, Doors and so much more! We have almost everything!!

Stop in and you're sure to find something wonderful!

Southern Minnesota

Golden Link

A weekly advertising supplement to these Southern Minnesota publications:

- STEELE COUNTY TIMES • NEW RICHLAND-HARTLAND-ELLEDALE-GENEVA STAR EAGLE • WASECA COUNTY PIONEER •
- CLAREMONT MESSENGER • DODGE CENTER MESSENGER • DUNDAS MESSENGER • GOODHUE-BELLECHESTER MESSENGER • KENYON MESSENGER •
- MAINSTREET MESSENGER • MAZEPPA-ZUMBRO FALLS MESSENGER • RANDOLPH-HAMPTON-CASTLE ROCK MESSENGER •
- WANAMINGO MESSENGER • WEST CONCORD MESSENGER •



**Rice County Steam & Gas Engines Inc.
Welcomes You To Our**

48th Annual Tractor Show

September 1, 2 & 3, 2023

11988 Faribault Blvd. * Dundas, MN * 3 miles South of Northfield on MN Hwy. 3



Information on our website and Facebook:

ricecountysteamandgas.com

Live Music

Friday, September 1
Charlie Sticha Band 1:00-5:00 PM

Saturday, September 2
Marv Gohman 10:00 AM-Noon
Steam Machine 1:00-5:00 PM

Sunday, September 3
Non-Denominational Church Service
8:00 AM
Marv Gohman 10:00 AM-Noon
Czech Area Concertina Club
1:00-5:00 PM

RAFFLE TRACTOR TICKETS AVAILABLE
ON SITE -

**1st PRIZE: FORD TRACTOR
OR \$2000 CASH!**

2nd PRIZE: Ford Pedal Tractor
3rd PRIZE: 1/16 Scale Ford Tractor



All Makes & Models of Tractors and Equipment Welcome

*Food Stands * Flea Market * Parade of Tractors * Live Music*

*Tractor Pull * Petting Zoo * Horse Drawn Wagon Rides*

*Kids Play Areas * Kids Pedal Pull*

*Horse & Tractor Plowing * Sawmill Demos * Blacksmithing & More!*

The Rice County Steam and Gas Engines, Inc. is a non-profit organization. The farmers, exhibitors and workers time is all donated.

All income is used to improve the show!

Admission: \$10 Adults; FREE 12 & Under; Good for all 3 Days!

DINERS GUIDE TO FINE LOCAL RESTAURANTS

Take a Drive and Enjoy a Meal at Some of These Fine Dining Establishments in Our Area



PLAZA MORENA
CAMPESTRE GRILL

DINING ROOM
Open 7 Days a Week
11:00am-10:00pm

5% OFF MEAL PURCHASE
Expires August 31, 2023
Does not include alcohol. Not valid with any other offer.

160 26th St NE, Owatonna
507-413-0819
www.plazamorena.com



Olivia's
FAMILY RESTAURANT

Family Fare at Great Prices

Breakfast
Daily Specials
Weekend
Breakfast Buffet



10% OFF with this ad
Good Monday-Friday. One coupon per meal. Expires August 31, 2023

Hours:
Sunday-Wednesday 6:00am-3:00pm
Thursday-Saturday 6:00am-8:00pm

1160 Frontage Road, Owatonna
507-444-4000



Center
RESTAURANT
30 Main Street
Dodge Center, MN 55927

Breakfast, Lunch & Dinner
Generous portions, friendly service and delicious homestyle cooking anytime!

10% OFF With this ad
Good Monday-Friday. Expires August 31, 2023.

TRY OUR DAILY SPECIALS!  BREAKFAST SERVED ALL DAY!

Hours: Sunday-Thursday 7am-3pm
Friday-Saturday 7am-8pm
507-633-3333



Great Food • Strong Coffee
Daily Lunch Specials • Delicious Desserts



And 57
COFFEE CAFE

Where Good Coffee and Good Friends Meet!

M-F 7:30am to 7:30pm
Sat. 7am to 2pm; Closed Sundays

125 Main Street, Wanamingo, MN
507-824-2969



TOREY'S
Restaurant & Bar

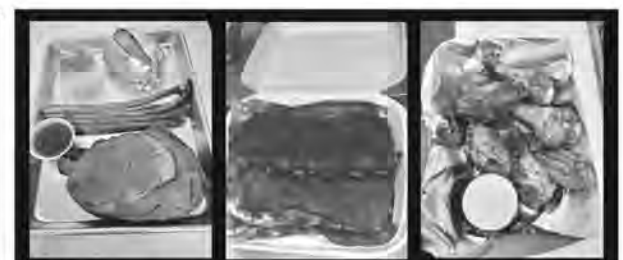
TOREY'S IS ENHANCING YOUR DINING EXPERIENCE
Come check out our expanded menu, extensive drink selection and new renovations.

MONDAY-TUESDAY-WEDNESDAY-THURSDAY 11:00AM-8:00PM
FRIDAY 11:00AM-9:00PM • SATURDAY 3:00PM-9:00PM • SUNDAY CLOSED

TOREYS.NET

BOOK YOUR FALL AND WINTER EVENTS
Banquet Hall, Seating Up to 300
Full Bar • Full Restroom Facilities • Complete Catering Services

208 North Cedar, Owatonna
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SANDWICHES • BURGERS
BBQ



THE SMOKIN' SILVERBACK

1832 South Cedar Owatonna MN
507-214-0701

Monday-Thursday 11am-9pm
Friday-Saturday 11am-10pm
Sunday 11am-7pm

East Wind
東風 Buffet

15% OFF Wednesday, Thursday with ad
10% OFF Friday, Saturday, Sunday with ad

MENU OR BUFFET
Hours: Monday: 11am-10pm
Tuesday: Closed
Wed.-Sun.: 11am-10pm

Cannot be used with other offers.
507-451-9666

1015 W. Frontage Rd., Suite 103, Owatonna • South of Lowe's
Dine In Only • Expires August 31, 2023




TAMMY'S
PLACE
Restaurant & Bar
Kasson, MN

DRINKS • APPETIZERS
SANDWICHES • BURGERS
SALADS • WRAPS • DESSERTS



DAILY SPECIALS
Closed Mon.; Tues-Thur 11am-9pm; Fri-Sat 11am-10pm
Sun 11am-8pm
111 West Main Street, Kasson, MN
507-634-3133

BREAKFAST, LUNCH, DINNER



BURGERS
ESPRESSO
HOTDISH
ICE CREAM

Try our daily specials!



ANGIE'S
EST. 2022
Restaurant

635 2nd Street, Kenyon
Hours:
Tues.- Sat. 7am to 8pm
Sunday 8am to 1pm
Closed Mondays
507-789-1100

ERA Gillespie REAL ESTATE

Todd Utpadel
REALTOR®
122 N Cedar, Owatonna, MN 55060

Cell 507-358-8213 Office 507-451-7488
Fax 507-451-0393

Todd@erahome.com
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11361 Hwy. 60 Blvd
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AG TIRES
GOODYEAR
CERTIFIED FARM TIRE DEALER

SIFT (SAVE IT FROM TRASH) THRIFT STORE

26 RED WING AVE Kenyon, MN

Hours: Thur & Fri 12 to 8pm,
Saturday 9am to 5pm

DOUG AND MARY KLATT
www.sift4you.com

Call us today! 507.259.2386

WANTED: SCRAP iron, cars and batteries, etc.

Call Rich
651-208-2108.

To advertise in the Golden Link, please contact a member publication:

Call: Star Eagle: 507-463-8112, Steele County Times: 507-583-4431,
Messengers: 507-951-7417, Waseca County Pioneer: 507-837-6767

Email: goldenlink@hickory-tech.net
bprick@frontier.com
hometownmessenger@gmail.com

SERVING 14,000 HOMES IN SOUTHERN MN

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Johnson APARTMENTS

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OPERATING IN WASECA, STEELE, FREEBORN COUNTIES

johnsonrents.com

Online Only Bidding No Reserve Very Clean Retirement Auction

MARING AUCTION LLC

We Sell the Earth & Everything On It.

In Order to Help Settle the Estate of Richard & Sandra Olson, There Will be a Public Online Bidding Auction

Auction Location: 22419 610th Ave., Wells, MN 56097

Bidding Opens: Saturday August 19th, 2023, 8:00 a.m.
BIDDING STARTS CLOSING:
Monday, August 28, 2023 • 10:00 a.m.
FOR DETAILS & BIDDING GO TO:
www.maringauction.com

INSPECTION DATES:
August 23-27, 2023, from 9:00 a.m. - 4:00 p.m. Daily
Inspection Address: 22419 610th Ave, Wells, MN 56097

JD 8230 MFWD, 8100 MFWD, 3010 Dsl
'08 JD 8230 MFWD, 2938 Hrs, 430/80R46 Duals, 4 Hyd., PTO, 3pt., QH, Command Cab, Green Star Ready, Active Seat, Clean; '96 JD 8100 MFWD, 4938 Hrs, 380/90R50 Tires, 3pt., QH, PTO, Outback Auto Steer, Clean; Set of 18.4x46 Tires, JD Wheels; JD 2630 Display SF1; JD Starfire 3000 Globe; JD 3010 Dsl, ROPS, Fender, 15.5x38, WF, 3pt., 1 Hyd.

Grain Cart, Wagon, Ripper, Support Machinery
J&M 750-18 Cart, Tarp, Camera, 1000 PTO, 24.5x32; Brent 644 Gravity Wagon, 11x22.5, Front & Rear Brakes; Wil-Rich V957 7 Shank Ripper, Harrow; Hiniker AR2000 20' Stalk Chopper, 1000 PTO; JD 235 Disc, 24.5", 9" Spacings, Scrapers; 2800 Gal SS Water Wagon, Tandem Axle, Gooseneck, Inductor & Pump; M&W 1821 3pt. Rotary Hoe, 20'; JD 85 3pt. Toolbar Applicator, 16R30"

Misc. Combine & Head Parts, Other Items
(32) Dawn Closing Wheels; (17) JD Rubber Closing Wheels; JD Head Part, Guards, Sickle Section, Auger Fingers; 3/4" Air Impact Wrench; (2) Air Drive Chain Hoists; JD 250 Planter Monitor; JD 10/20 Series Slab Weights; 3/8" Spool Of Cable; Power Grease Gun

Craig & Janelle Schultz OWNERS • 507-338-8386

MARING AUCTION LLC
PO Box 37, Kenyon, MN 55946
507-789-5421 • 800-801-4502
Matt Maring Lic# 25-28
Kevin Maring Lic# 25-70
Adam Engen Lic# 25-93
Andrew Hamilton Lic# 50-128

Terms: Cash, Check, or Wire Transfer. All Sales are Final, All Sales Selling As-Is Condition with No Warranty or Guarantee Whatsoever. All Items Must be Paid in Full No Later Than August 29th, 2023, 10% Buyer's Premium with Cap of \$1,000 Per Item.

HOLLAND AUCTION & REAL ESTATE

(507) 684-2955
hollandauction.com

UPCOMING 2023 AUCTIONS

Saturday, August 26, 2022 • 9:30 A.M.

If you have one item or a full line, give us a call early to take full advantage of advertising. Tractors, combines, haying & tillage equipment, planters, wagons, farm pickups and grain trucks, recreational items, construction equipment, all types of farm machinery. To consign, call Holland Auction at 507-684-2955 or Tracy Holland at 507-456-5128.

LARGE MACHINERY AUCTION
Ellendale, MN

Saturday Sept. 9, • 9:30 A.M.

Kubota B3200 Compact tractor, 4x4, w/loader - 2008 - Dodge 1500 Pickup, 4x4 - Guns - Shop - Tools - Outdoor items

Bruce I. Born - OWNER
Owatonna, MN

Sun Sept. 10, • 9:30 A.M.

Lund 17' fishing boat - 30+ Guns
Hunting + Fishing Equipment - Antiques - Collectibles
Household - Portable Fish House

Vic + Gail Salvick - OWNERS
Freeborn, MN

LIVE & ONLINE AUCTIONS
Considering an Auction?
Give us a call!!!

Holland Auction
Tracy Holland 507-456-5128 or 507-684-2955
www.hollandauction.com

www.maringauction.com

AUCTION CALENDAR

August 19, 2023 10:00 AM
Red Wing, MN
LIVE AND ONLINE FARM RETIREMENT AUCTION FOR EMERY & GINNY FITSCHEN
John Deere 4960 MFWD, John Deere 4430, Kubota 6800 MFWD, (2) Parker Grain Carts, John Deere 1760 12R30", JD 714 Disc Chisel, JD 2210 Field Cultivator, Augers, Other Good Farm Machinery, Farm Support Items

August 23, 2023
Bidding Begins: .. Aug. 16, 2023
Starts Closing... August 23, 2023
Nerstrand, MN
ONLINE ONLY PERSONAL PROPERTY AUCTION FOR THE OLSON ESTATE
(3) 1936 Ford Pickups, Red Wing Stoneware, Scandinavian Rosmaling Items, Antique Furniture, Collectibles, Modern & Antique Furniture, Lawn & Garden Items, 160 Gallon Sprayer, Log Splitter, Fuel Tank, Hand & Power Tools and More

August 26, 2023 9:00 AM
Mantorville, MN
LIFETIME FARM COLLECTION AUCTION FOR PAT & LINDA OVEREND
Oliver Tractors, 2, 3 & 4 Digit, White American 60 Tractors, One Owner
1972 Ford F250 Highboy, Oliver Parts, Ford 555B Backhoe, 32' GN Trailer, Implements, Power Tools
7046 County Road 5 NW

August 28, 2023
Bidding Begins: .. Aug. 19, 2023
Starts Closing... August 28, 2023
Wells, MN
ONLINE ONLY FARM RETIREMENT AUCTION FOR CRAIG & JANELLE SCHULTZ
John Deere 9670STS Combine, 893, 635, JD 8230 & 8100 MFWD, JD 2630 Display & Globes, JD 1770, JD 235, JD 3010, Brent 644 Wagon, J&M Cart, Wilrich 957 Ripper, Fast Sprayer, Farm Support Equipment

September 14, 2023 1:00 PM
Mapleton, MN
LIVE & ONLINE FARM MOVING AUCTION FOR ROBERT & KAREN SCHULL
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SATURDAY, AUGUST 26, 2023, 9:30 A.M.

LOCATION: From Ellendale, MN, 2 miles west of State Hwy. 30, then 1 mile north on Steele Cty. 28 (or SW 72nd Ave.) then 1/2 mile east on SW 138th St. (or 1/2 mi east of Beaver Lake).

Please Note: PARTIAL LISTING. BE SURE TO VISIT OUR WEBSITE FOR LATE ADDITIONS. Delivery of consignments will be on August 20, 21, 22, 23, 2023 from 8:30 a.m. to 6 p.m. NO Consignments on August 24th and 25th! Some items subject to change prior to auction. Loading of items day of auction until 4 p.m. Tracy Holland

TRACTORS - COMBINE - TRUCKS - TRAILERS FARM & LIVESTOCK EQUIPMENT - UTV'S - BOAT - MISC

• John Deere 2010 shows 4600 Hrs w/ J.D. 36A Hyd. Loader • 1999 Ford F-150, V-6 engine, manuel trans, shows 150,000 miles, 8' box • 1988 Featherlite livestock trailer, 5th wheel, 21 1/2' • 1986 Stoughton Van Trailer 45' • Rivercraft 16' trailer, tandem axle w/ramps • Utility trailer single axle • Skid-Steer trailer • M+W 450 Bu. grain cart, 1,000 PTO, like new tires, lights • Dakon 300 Bu gravity wagon w/ 12 ton gear, truck tires • 250 Bu. gravity wagon w/gear • New Idea 3626 manure spreader, Hyd. End gate, single axle • Landoll Disc chisel, 5 shank w/ Buster Bar • I.H. 60 stalk chopper, 15' 1000 PTO, 4 wheels • Gehl 72 green chopper • 6 row stalk chopper, 4 wheels • I.H. 1020 Grain Head, 20' w/SCH cutter bar • J.D. 7200 replant planter, 6 row x 30", 3pt. No monitor • King Kutter rotary tiller, 6' • Demco 600 gal. tandem axle sprayer • Wilrich 29' digger w/ Harrow • Dirt bucket for 610 Bobcat • 8' snow bucket, skid loader mount • 2016 Polaris Ranger XP900, winch, full cab, turn single, radio, wiper, heat, shows 14,851 miles • 2013 Polaris Ranger XP800, full cab, shows 6,500 miles • 2006 Kawasaki Bayou ATV, 2x4, low hours • Polaris Magnum 425 ATV 4x4, (needs motor work) • 2001 Lund Pro V Boat, Evinrude 200 HP motor w/trailer • Hewitt 22' Aluminum pontoon lift, 3,000 lb • Set of ATV wheels + tires • Drill press • Arc Welder w/gas engine • Cattle Gates • Hay rack • Small square hay bales • Unused Skid Loader Attachments • 6-H.D. Brush and Rock Grapple Buckets • 3-5th wheel Multi use hitch trailer movers • 4-Hitch trailer movers

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Metabolic Syndrome Solution



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

Metabolic Syndrome was defined in 1998 as a cluster of symptoms related to how your body processes the food you eat each day. A person with Metabolic Syndrome has the following symptoms:

- A waist measurement more than 36 inches
And two of the following measures:
- Low HDL cholesterol (“good” cholesterol)
- High Triglycerides (more than 150 mg/dl)

- High Blood glucose (more than 110 mg/dl)
- High blood pressure (more than 130/85 mmHg)

If you are diabetic or have been taking blood pressure medicine for many years, or have been using statin medication, these are some of the first indications leading to Metabolic Syndrome. According to data from the National Health and Nutrition Examination Survey, more than 34% of adult Americans have Metabolic Syndrome. Conditions associated with Metabolic Syndrome include: heart disease, gout, fatty liver disease, gall stones, depression, and arthritis. Within medical literature, these conditions are described as “lifestyle diseases,” which means our choices in daily living result in these conditions. However, very few medical doctors have the time to coach lifestyle changes, so you may think medication is the only answer to control these health conditions, but this is not the case. The right information can help you make real changes in your health and lifestyle.

Insulin is the key hormone that regulates the metabolic processes in your body. Insulin’s job is to signal the cells in your body to store sugar and get the sugar out of the blood stream. In a healthy body, insulin is made every time you eat and signals the cells to store the sugar that has been eaten. When insulin levels are increased you are not able to lose weight or burn off extra calories be-

cause your body is receiving the signal to “store up” and not to “burn off.” When a person snacks frequently, or has five to six small meals each day, the body is always receiving the signal to “store” and never allowed to “burn off” calories. In order to reverse Metabolic Syndrome, we need to understand how to control the master hormone insulin.

Insulin affects many processes in the body. When insulin is high, the body stores fat, stress hormones are increased, and fat in the blood is increased. When insulin is high, inflammation increases and the body ages faster. When a person practices healthy lifestyle patterns insulin signals are more regulated, and the symptoms and conditions associated with Metabolic Syndrome can be reduced.

The Metabolic Balance Program was developed more than 20 years ago to provide a lifestyle plan to control insulin and improve an individual’s quality of life. The program was developed by a medical doctor, a food scientist, and a nutritionist. Metabolic Balance has become one of the most successful lifestyle programs available to address the global health issue of Metabolic Syndrome.

There are eight principles within the Metabolic Balance program that are important for improving health and controlling insulin. These eight principles are:

- 1) Eat three meals each day. No snacks.

- 2) Keep a 5-hour break between meals. No snacks.

- 3) No meal should be longer than 60 minutes.

- 4) Begin each meal with one or two bites of protein.

- 5) Eat only one protein with each meal, and do not repeat that protein the rest of the day.

- 6) No eating after 9 pm.

- 7) Drink the quantity of water calculated for you. (Half your body weight in fluid ounces.)

- 8) Eat an apple each day.

In addition to these eight principles, a personal food plan is developed by a certified coach based on your blood chemistry to determine exactly what foods your body will thrive on. When you are eating the foods your body needs, cravings will disappear, satisfaction will increase, and your quality of life can increase. The Metabolic Balance Program is a positive solution to the challenge of Metabolic Syndrome.

As a certified coach, I have personally followed these eight principles since 2017 and have seen the benefits for myself, my family members, and hundreds of clients. You can find out more about this program at the website www.metabolic-balance.us or contact me at nutritionproportion@gmail.com and request a video presentation to review at home.

FEAR



By Susan Hinrichsen, CHC, CLC, MC

Fear can be in many different aspects of our life. It can be a fear of trying or doing something new or fear of not having enough money, time, new places, job loss, or failing relationships. We are in different places and seasons of life so the fears may change as we enter different stages of life for each individual. Fear can be difficult to work through on our own if we do not understand what is underlying the fear and where the fear is originating from.

We have been taught to conform to rules or act a certain way as a child which also can shape our beliefs about the world, others, and ourselves. Most times the underlying issue of fear relates to a lack of love and belonging.

A very common fear is fear of failure or not being enough to step into a fearful situation and meet it head on. By not confronting our fears we put limitations on our personal growth and life experiences. This

in turn prevents us from achieving our life purpose and personal evolution.

The best way I’ve been able to describe our purpose on earth is to think of our time here as a school. We are all spiritual beings having a temporary human experience. This is the place where we get to have experiences that we learn and grow from, and it is these experiences that guide our path in life to our purpose. I hear so many people say that things always happen to them but in fact, they happen for you to help you learn whatever you need to learn from the experience to move onto your next lesson.

When I find myself feeling fearful around a situation or issue is to ask myself, what is it about the situation that is causing me to feel fearful around the situation or issue, and to ask myself what about the situation is causing me to feel fearful. I tell myself that it is okay to feel fearful and acknowledge the feeling. I then approach the feelings with curiosity and look inward to see what is causing the fear, acknowledge that reasoning and try to replace that reasoning with an updated thought that is at minimum neutral or positive. After all, we will not be eaten by a wild animal so death should not be a factor. (I hope you are smiling by now).

If you are interested in reaching out and scheduling your complimentary discovery session to help you move past fear or whatever is keeping you from being your best self, visit my website susanhinrichsen.com and while you’re there download my 7-Day Workbook at no cost to you.

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Friends and neighbors,

Minnesota has long been known for its thriving agriculture. Farming is a pillar of our economy thanks to the state's fertile soil and farm-friendly climate. The majority of farms

here are small, family-run operations that define many rural towns – in fact, more than 85% of Minnesota farms are individual or family-operated. Some exceptional families have worked the same land for over 100

years. Both the State Fair and Farm Bureau celebrate these century-old and 150-year-old farms, which exemplify Minnesota's proud farming traditions.

One of these Sesquicentennial Farms is located here in our district: The Sommers Farm in Northfield, which has been in operation since 1872. Last year, the proprietor, Ronald Sommers was inducted into the FFA Hall of Fame for his work.

The Sesquicentennial Farm designation is reserved for a rare and special group of farms that have remained in the same family for 150 years or more. To qualify, the farm must be at least 50 acres in size and actively involved in agricultural production. Just imagine - these families have nurtured the same land through the Civil War era, two World Wars, the Great Depression, and every other national and global event over the past century and a half.

This year's honored farms showcase Minnesota agriculture at its best. Their 150+ years of hard work and dedication show how family farms can thrive through generations. Imagine the challenges they must have faced over the years to keep their land productive! Their success inspires community pride in Minnesota's agricultural heritage.

Congratulations again to the Sommers Farm. As we celebrate their history, we also wish them continued prosperity in the future.

Applications open for Dept. of Agriculture Livestock Investment Grants

The Minnesota Department of Agriculture is now accepting applications Agricultural Growth, Research, and Innovation (AGRI) Livestock Investment Grants. These grants aim to help the ranchers and farmers who make up the state's \$8 billion livestock industry improve their operations.

The MDA plans to give out about \$1.5 million worth of grants in this funding round using a competitive review process. The aim of the grants is to help farmers and ranchers start, improve, or expand livestock operations with new equipment or physical purchases, such as buildings or facilities for raising livestock; irrigation systems; fences; feed equipment; and waste management equipment for livestock.

All livestock farmers in Minnesota can apply, including those who have received grants in the past, but preference will be given to applicants or farms that have not previously been awarded a grant.

More information and an application can be found on the Department of Agriculture's website at <https://www.mda.state.mn.us/>. If you have any questions or if I can help, please reach out to my office.

Contact me:

Your feedback, ideas, and concerns are what allow me to serve you to the best of my ability. Please share your thoughts with me any time at sen.bill.lieske@senate.mn or 651-296-5019.

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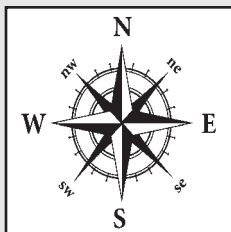
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Changes in Latitudes, Changes in Attitudes Millennials and My Tranquility, not a good mix



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

Millennials, that group of people who were born during the 1990's through the early 2000's. I have fortunately not had to deal much with millennials since I am much older. Psychologist Jean Twenge, the author of the 2006 book *Generation Me*, considers millennials to be part of what she calls "Generation Me". Twenge attributes millennials with the traits of confidence but also describes a sense of entitlement and narcissism. Based on the fact that I am entering the age of a Grumpy Old Man, I can now transfer much of my irritation on a younger demographic. And this group has easily set themselves up for the blame. I usually like all people but my tolerance for stupid has worn a little thin with the years.

My birthday rolled around again this year, and in celebration of making it one more time through the calendar, my wife got tickets for the 50th anniversary tour of the rock group Kansas. What could go wrong? A classic rock concert whose fans are all in their 60' and 70's. My kind of folk. The State Theater in Minneapolis is a beautiful venue and we had seats in the fourth row from the stage slightly right of center.

We have a knack for attracting the worst concert goers ever though. We have a name for them. Drunk Dave. In honor of the guy at the Styx concert in Des Moines who thought he should dance in the aisle holding a beer and spilling it on anyone within the splash

zone. They are loud and obnoxious and always very drunk. Somehow, they end up in seats next to us.

So, as we took our seats that evening the young guy behind us tried to start up a conversation with us. He was barely into his twenties, but he was hammered. No one should be that inebriated at 6:30pm on a Friday. I just looked at Ashley and said, we got drunk Dave again." It was worse. Three young girls even more sloshed appeared and sat beside him. They talked loudly and kept getting up to buy more drinks. Each time climbing over the people already seated between them and the aisle. People who were their grandparent's age. One time falling over onto my wife and hugging her from behind. The ushers kept motioning to her but she was oblivious to their commands.

So, the show starts and the one young blonde starts talking over the music. "Oh yeah, this was a hair band back then." Rule # 1, don't go to a show of a band you don't know and act like you have something intelligent to say. She repeatedly shouted over the songs, argued with her boyfriend, cried, and kept leaving and returning with more drinks. At one point during her disruptive behavior she said, "The lead singer, he is pointing right at me." She was right. She was so disruptive he was trying to shame her by singling her out from the stage. If you talk during the performance of "Dust in the Wind" you are a special kind of Cretin.

The ushers were not prepared for this childish behavior as the three girls ran up and down the aisle during the show. They tried helplessly to reprimand them, but to no avail. At one point we saw two of them flip off an usher as they ran by. It was like some two-year olds misbehaving at a restaurant. The guests who were trying to enjoy the show were getting more perturbed by the minute. Finally, the blonde girl decided to head for the exit by walking between each guest and the seat in front of them, all the way across the theater. There she passed out at the feet of the two ushers standing at the exit.

It is called concert etiquette, and you may have seen the news footage of a Miranda Lambert concert lately, where she stopped the show mid-song and told four young women to sit back down. I have seen people of all ages acting like idiots, but these took the prize. I never thought I would sound like my dad, but here I am. And I understand now how he felt.

A Minnesotan: Out of State Visitors and the Mall of America



By RosaLin Alcoser

What do you do when family comes to visit you in Minnesota? As a transplant to Minnesota I get to live with the pleasure of family and friends from out of the state coming to visit me every now and again. Which is great. I love it when people come to visit me. Those of you who are also transplants or who have family that comes to visit from out of state will know that these visits mean that you get to show them around Minnesota. Then if you are like me you think of all the great things to take them to see. If you're me, that list mainly consists of museums, one of the state's many hiking trails, and finding the

best Scandinavian bakery in the area. Those are the kinds of things I come up with to take people to because who wouldn't want to go to the Minnesota Museum of Transportation or to Minnehaha Falls. However, the inevitable always happens and I end up doing none of those things and spend the time escorting them around the Mall of America. Do not get me wrong, going to the Mall of America every once in a while can be fun for three or four hours. However, it starts to become increasingly less fun once you start hitting hours six and seven; especially when it is the second time you have taken people around it in the span of a week. I feel that at least for me, the novelty of spending the entire day in the Mall of America has been washed away since I live close enough to it that I can go there anytime I want to. Which I do when we are not in the peak times for out of state tourist to be here. So I mainly go in the winter when it's at the point in the year that I'm looking for an indoor activity since it's just a bit too cold outside for me to enjoy one of those many parks we have. While I have recently spent a large amount of time showing friends and family around MOA this year I was able to get my sister and her husband to one of those parks with me. During their visit I was able to get them to hike with me at Gooseberry Falls and swim in Lake Superior. All of which my sister spent a lot of time calling after me to be careful as I kept running into Minnesota's many waters.

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