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AUGUST, 2023

Volume 20 • Issue 12

Randolph Schools Open House

Wednesday August 30, 2023

We will NOT have pictures on this day. Picture Day has been scheduled for October 18, 2023

The following will be available for families on Wednesday, August 30, 2023 from 3:00 pm to 7:00 pm.

- Elementary Open House-Meet your teachers
- Rocket Clothing for sale
- Tackle Cancer Shirts for sale
- Athletic Season Passes for sale

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Former Governor Al Quie Passes Away

Former Minnesota Gov. Al Quie, a moderate Republican known for working across the aisle as both governor and as a congressman, has died. He was 99.

(continued on page 3)

Announcements

- **Randolph Food Shelf located at St. Mark's Church 28595 Randolph Blvd.** Monthly Open Hours: 1st Tuesday 8:00 - 9:30 am; 2nd, 3rd, 4th Tuesdays 4:30 - 6:00 pm. Questions call (507) 263-9182.

*Do you have an announcement?
Email: hometownmessenger@gmail.com*

Elvis & Johnny, Bingo & More



The popular Vegas Style Tribute Show featuring the music of Johnny Cash, Elvis, and Neil Diamond returns to Dennison Saturday September 16th, Under the big top.

For fans young and old, if you have ever been to the popular Breezy Point Resort up north in Minnesota, you may have caught The Memories of Elvis Show (www.espsking.com), with Chris Olson.

You may have seen their show on the dockside bar at Breezy Point or if you have been to Dennison on Labor Day Weekend, Chris Olson performs this entertaining tribute of The King, and will be bringing his talents and show back to DENNISON, MINNESOTA on Saturday, September 16th. Show time will be at 7:30p.m.

This will be a rain or shine event under the big top at the Fireside.

Doug Allen Nash will again join the show this year with his tribute to Neil Diamond and also his "Johnny Cash Tribute - American Icon". (www.dougallennash.com)

(continued on page 15)

NH+C's Long Term Care Center is set to close

Northfield Hospital + Clinics will close its Long Term Care Center at Northfield Hospital this fall, due to financial challenges and lack of available staff.

(continued on page 7)



Rice County Steam and Gas Tractor Show September 1-3

The 49th annual Rice County Steam and Gas Tractor Show will take place September 1-3 of 2023.

Visitors can take a trip back in time with all the various exhibits and activities going on at the annual Rice County Steam & Gas Show just South of Dundas MN on Hwy. 3 Friday, Saturday and Sunday, September 1, 2 & 3.

(continued on page 5)

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Chris Olson is ELVIS
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~ A Tribute Show to The King, Man In Black & Neil Diamond ~

**Show Time Saturday, September 16
at 7:30 PM**

**Advance Tickets \$25.00
Day of Show \$30.00
Plus Tax**



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Break My Heart

What breaks your heart? This is more than a bad day, or a break-up with your last date. What are those things that you are passionate about? Is it your family, your job, your hobbies, people in your community, your faith? Do you get angry at injustice? Does your heart and spirit break and get stirred up at the evil in this world? Mine do! If your heart isn't moved- you may want to consider some drastic surgery today.

We dislike thinking about those things that pull us to strong feelings of any kind. We'd rather have hassle-free days, green lights, good food, sunny weather, close parking spots and well-behaved children. We often think, I'm a Christian, I love Jesus and I go to church and help sometimes- so God should make my life easy! We don't want to be inconvenienced, or interrupted, or have any trouble at all! Instead of safe- God's plan is to challenge us and grow our faith deeper. He wants to see and hear passion in our prayers. He wants to know what we care about and if we care about the things that He cares about. Nehemiah had a broken heart. The city of Jerusalem lay in ruins and needed help. Nehemiah prayed! Nehemiah's heart broke for those things that break God's heart. We too need to be to the point that we pray- 'Break

my heart Lord." Break it, crush it, strip me of all comfort, ease and apathy. When we pray that way you will need Courage!

When you truly pray that prayer you will be burdened and grieved. You will lose sleep, burn with righteous anger and do things others don't understand. Nehemiah (Nehemiah 1) was going through all of these feelings as he heard what his brother shared about the city of Jerusalem and the sad state of the temple.

The wall was not repaired, and the gates were gone. They had no defense against the enemy. They had no way to protect themselves or to protect the temple of God either. Nehemiah took this news hard- he loved his home city- he understood how disgraceful this was to the Jews. The enemy would have a field day with this as well. Nehemiah's response was a lot like Jesus' response as he looked over Jerusalem many years later: "I sat down and wept." Nehemiah sat down and wept. His heart was broken for his beloved city and for his people. This was a big deal! This was God's city, God's temple- and no one is rebuilding it or protecting it. But Nehemiah didn't just sit and cry- he did something about it. For days, he mourned, he fasted, and he prayed!

We need the Courage to pray, "God, Break My Heart" We need to humbly bow down before our God and Savior. When we pray like this, we're asking God to break our heart, to strip us of all comfort, ease, and apathy. We are seeking His heart, His passion, His will. In the Lord's prayer we pray, "not my will by thine be done- not my will but yours Lord."

I'm warning you now, when you pray for God to break your heart for what breaks His- God will answer! You will have a deep sense of justice for people around you. You will be burdened for those that face an eternity in hell. You will be burdened by the pain of people around you. You will be grieved, lose sleep, and you will probably

get angry- your heart will burn with righteous anger when those that can't do for themselves are being hurt, and treated unfairly. This prayer will make you more sensitive to the people around you and their cares and concerns. Praying this prayer will have you doing things that no one else will understand.

Linda and Pastor Colleen's heart broke for those fighting addiction. South Troy Celebrate Recovery was born out of that passion- hearts that are broken for others. Celebrate Recovery meets every Sunday night at South Troy. This chapter of Celebrate Recovery is almost a year old and oh, the stories of recovery, of healing, of lives changed!!! It took a few years- but God has it up and running now.

When you pray for your heart to break you will face opposition, criticism and possibly persecution. But through all your pain, agony and discomfort you will also be blessed. You will be blessed as your heart breaks over something that breaks the heart of God. Nehemiah cried out against the injustice; he cried out against the actions of his people and gave them the message that God had given him. They were to confess their sins, turn to God and rebuild Jerusalem. Nehemiah spent time fasting, praying and planning. It wasn't just a lunchtime fast, but a whole-hearted, down in the dirt- down in front of the altar time of fasting and prayer! His heart was broken for what was going on in Jerusalem. They cried out to God- their burden seemed almost too great to bear.

When the problem is bigger than you- than anything you can do- turn to God in heartfelt prayer. As you pray, and fast you will discover that our God's greatest blessings come from God's greatest breakings. What if God breaks your heart for what breaks His? You'll discover his blessings. You will discover a holy hurt in your spirit- that will propel you forward into action!

- Comfort never moved me to action!
- More luxury life- never made me consider those that are suffering.
- Pain free days never made me more like Jesus.

Pain purifies, and suffering strengthens. It is the trials that we have been through that teach us to depend on God. I dare you to pray: BREAK MY HEART! When you sincerely pray that prayer it will shake you out of your continual pursuit of comfort. It will stir you with a divine burden you simply can't ignore.

- Questions to ask yourself this week:
- What truly breaks your heart on behalf of God?
 - What are you going to do about what breaks your heart?



Business & Subscription Office:

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Phone:

507-645-9877

Fax: 507-645-9878

Website: www.randolphmn.com

Place your ad in the next issue of the Randolph-Hampton-Castle Rock Messenger.

Call Terry at 507-951-7417 or email:

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Published in cooperation with

Mainstreet Publishing Minnesota, Inc.

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AREA CHURCH DIRECTORY

The Lord Provides

Abraham looked up and there in a thicket he saw a ram. . . . He . . . took the ram and sacrificed it as a burnt offering instead of his son. — Genesis 22:13

Abraham's faith is tested with the ultimate challenge: Is he willing to give up his most precious treasure to God? And at the last possible moment, God intervenes, telling Abraham to stop. So Isaac is spared, delivered from a death sentence. And God provides a substitute, a sacrificial ram to be offered instead. The place is then called "The Lord Will Provide."

Abraham could not have known that about 2,000 years later an even greater sacrifice would be made. God would again provide a substitute, who actually became "the Lamb of God, who takes away the sin of the world!" (John 1:29). That substitute was Jesus, God's only Son, who gave up his own life to pay for all our sin so that all who believe in him may have eternal life (John 3:16).

God's judgment against sin fell on his own Son. Jesus, the sacrificial Lamb, stepped in and took our place. On that day, through Jesus' death on a cross outside Jerusalem, a sufficient sacrifice was provided (see Mark 15:33-39).

Abraham could not have known all this, but by the grace of God he had received the gift of faith and could trust that God would somehow keep his promises.

Lamb of God, thank you for being our substitute and dying in our place, opening the way for us to be saved. Give us faith to believe in you and to serve you every day. Amen.

The Church Directory is Sponsored by:



23280 Main Street, Hampton (651) 437-9535



300 West Main Street Cannon Falls



RANDOLPH BAPTIST CHURCH

29020 Dawson Avenue in the heart of Randolph (adjacent to Randolph Public School grounds).

Sunday School 9:00a.m.

(children, teen, and adult classes)

Sunday Worship 10:00a.m.

Jesus and Me (JAM) Kids Club 3:00-5:00p.m. first and second Wednesday of the school month.

Pastor Dennis Ingolfsland

Questions? Call church office 507-663-1437

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507-757-8043

www.christunitedmethodist.org

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Sunday School 8:30a.m.

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www.stantonunitedmethodist.org

Sunday Worship at 10:15a.m.

Email your church announcements, schedule, etc. to the Randolph-Hampton-Castle Rock Messenger at: hometownmessenger@gmail.com

ST. MARK'S LUTHERAN CHURCH

28595 Randolph Blvd.
www.stmarksrandolph.com

Pastor Lue Moua

Sunday Worship 10:00a.m. & on Facebook

Bible Study Tuesdays at 9:00a.m.

& 1st Wednesday at 11:00a.m.

WELCA 1st Wednesday at 10:00a.m.

Questions? Call 507-263-9182

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10:15 a.m. Sunday School
Questions? Call 507-645-0042

Former Governor Al Quie Passes Away

(continued from page 1)

Quie died of natural causes late Friday, August 18 at a senior living community in suburban Wayzata where he had lived for the last 10 years, his son, Joel Quie, said Saturday.

While he had been in declining health in recent months, he still enjoyed meeting and greeting people. At a family gathering two weeks ago, he read aloud to his great-grandchildren from their favorite storybook, his son said. He died just a month shy of his 100th birthday.

“His stature and his energy and his enthusiasm for life was there right to the end,” Joel Quie said.

Albert Harold Quie was born Sept. 18, 1923, on his family’s dairy farm near Dennison in southeastern Minnesota. After serving as a Navy pilot in World War II, he returned home to resume farming. He served a stint in the Minnesota Senate before winning a special

election for a vacant congressional seat.

Quie represented southeastern Minnesota’s 1st District in the U.S. House from 1958 to 1979, becoming known for his expertise on education and agriculture. He ran for governor in 1978 and unseated Rudy Perpich in what was dubbed the “Minnesota Massacre,” a bad year for state Democrats. Voter anger had lingered after Gov. Wendell Anderson arranged for Perpich, then his lieutenant governor, to appoint Anderson to the U.S. Senate seat that Walter Mondale gave up in 1976 to become vice president

But Quie’s single term as governor turned rocky amid a deep budget shortfall in the early 1980s, when Democrats controlled the Minnesota Legislature. Amid the bitter divisions of the 1981 and 1982 sessions, he opted not to seek reelection.

In a farewell address at the University of Minnesota in December 1982, Quie decried the growing partisanship in politics but said he remained optimistic about the future of the state and the nation.

“I entered public life with a strong, though still-developing belief in the sanctity of the individual, the centrality of the family, and the compassion and good sense of people in neighborhoods and local communities. I be-

lieved that all people have infinite worth, and that all people possess gifts that can be known fully by no one,” he said. “My belief in these ideas gained in strength as the years passed and I better saw their worth, and as they withstood the doubts of skeptics and the strain of great change. Nothing ... has successfully challenged my early — and lasting — belief in them.”

Quie, a man of deep Lutheran faith, remained active after leaving office, serving as a local and national leader of the Christian ministry Prison Fellowship.

Joel Quie, a retired Lutheran pastor, said his family used his 99th birthday celebration last year as sort of a dress rehearsal for what they hoped would be his 100th. Current Gov. Tim Walz proclaimed it Al Quie Day. When he turned 97, the former Navy pilot got to fly in an open cockpit plane — albeit with another pilot at the controls. He had been an avid horseman and last rode when he was 1995. His goal was to saddle a horse when he turned 100, his son said.

“God blessed him with incredible resilience and stamina,” his son said. “And he embraced it and lived life to the fullest.”

Walz, a Democrat who held Quie’s congressional seat for 12 years before becoming governor, paid tribute to him Saturday, recalling that he found him “caring, funny, and generous as ever” when he attended his predecessor’s 99th birthday celebration.

“A veteran, a man of faith, and a life-long public servant, Governor Quie had a deep commitment to the betterment of our state and a legacy that extends beyond his time in office,” Walz said in a statement. “His advo-



cacy for education, eliminating discrimination, and rural development demonstrated his unwavering dedication to creating a better life for all Minnesotans.”

His wife, Gretchen Quie, died in 2015. Al Quie is survived by children Fred Quivik of St. Paul; Jennie Coffin of Fairfax, Va.; Dan Quie of Greenfield, Minn.; Joel Quie of Eden Prairie; Ben Quie of St. Paul; 14 grandchildren and 22 great-grandchildren. Quie’s funeral will be held at Central Lutheran Church in Minneapolis on September 9 at 1 p.m.

It's that time of year again!

St. Mathias Fun Fest

SUNDAY, AUGUST 27, 2023

Church Service at 10 a.m. with Bishop Joseph Williams

THE FUN BEGINS AT 11:00 A.M.

- Great Food
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- Gambling
- Country Store Goods
- BINGO
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Metabolic Syndrome Solution



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

Metabolic Syndrome was defined in 1998 as a cluster of symptoms related to how your body processes the food you eat each day. A person with Metabolic Syndrome has the following symptoms:

- A waist measurement more than 36 inches
- And two of the following measures:
- Low HDL cholesterol (“good” cholesterol)
- High Triglycerides (more than 150 mg/dl)
- High Blood glucose (more than 110 mg/dl)
- High blood pressure (more than 130/85 mmHg)

If you are diabetic or have been taking blood pressure medicine for many years, or have been using statin medication, these are some of the first indications leading to Metabolic Syndrome. According to data from the National Health and Nutrition Examination Survey, more than 34% of adult Americans have Metabolic Syndrome. Conditions associated with Metabolic Syndrome include: heart disease, gout, fatty liver disease, gall stones, depression, and arthritis. Within medical literature, these conditions are described as “lifestyle diseases,” which means our choices in daily living result in these conditions. However, very few medical doctors have the time to coach lifestyle changes, so you may think medication is the only answer to control these health conditions, but this is not the case. The right information can help you make real changes in your health and lifestyle.

Insulin is the key hormone that regulates the metabolic processes in your body. Insulin’s job is to signal the cells in your body to store sugar and get the sugar out of the blood stream. In a healthy body, insulin is made every time you eat and signals the cells to store the sugar that has been eaten. When insulin levels are increased you are not able to lose weight or burn off extra calories because your body is receiving the signal to “store up” and not to “burn off.” When a person snacks frequently, or has five to six small meals each day, the body is always receiving the signal to “store” and never allowed to “burn off” calories. In order to reverse Metabolic Syndrome, we need to understand how

to control the master hormone insulin.

Insulin affects many processes in the body. When insulin is high, the body stores fat, stress hormones are increased, and fat in the blood is increased. When insulin is high, inflammation increases and the body ages faster. When a person practices healthy lifestyle patterns insulin signals are more regulated, and the symptoms and conditions associated with Metabolic Syndrome can be reduced.

The Metabolic Balance Program was developed more than 20 years ago to provide a lifestyle plan to control insulin and improve an individual’s quality of life. The program was developed by a medical doctor, a food scientist, and a nutritionist. Metabolic Balance has become one of the most successful lifestyle programs available to address the global health issue of Metabolic Syndrome.

There are eight principles within the Metabolic Balance program that are important for improving health and controlling insulin. These eight principles are:

- 1) Eat three meals each day. No snacks.
- 2) Keep a 5-hour break between meals. No snacks.
- 3) No meal should be longer than 60 minutes.
- 4) Begin each meal with one or two bites of protein.
- 5) Eat only one protein with each meal, and do not repeat that protein the rest of the day.
- 6) No eating after 9 pm.
- 7) Drink the quantity of water calculated for you. (Half your body weight in fluid ounces.)

8) Eat an apple each day.

In addition to these eight principles, a personal food plan is developed by a certified coach based on your blood chemistry to determine exactly what foods your body will thrive on. When you are eating the foods your body needs, cravings will disappear, satisfaction will increase, and your quality of life can increase. The Metabolic Balance Program is a positive solution to the challenge of Metabolic Syndrome.

As a certified coach, I have personally followed these eight principles since 2017 and have seen the benefits for myself, my family members, and hundreds of clients. You can find out more about this program at the website www.metabolic-balance.us or contact me at nutritionproportion@gmail.com and request a video presentation to review at home.

Randolph Schools Open House

(continued from page 1)

- Put Money in Lunch Accounts – Al la carte only (Breakfast & lunch are free for students Preschool – Grade 12)
- Elementary Students grades 1-6 will be able to pay for Snack Cart/Milk Break
- Bus Route Information
- Learn about High School Activities
- High School Students will be able to get locker assignments and meet teachers.

Hope to see you all soon!

Temporary
HOURS UPDATE

Monday 3:00pm-9:00pm
Tuesday-Thursday 3:00pm-11:00pm
Friday 3:00pm-12:00am
Saturday 3:00pm-1:00am
Sunday 3:00pm-9:00pm

Normal hours will resume once the kitchen reopens. For the time being - drinks only.

Watch our Facebook Page for updates!

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CERTIFIED
AUTO REPAIR

Rice County Steam and Gas Tractor Show September 1-3

(continued from page 1)

Attendees can expect to see many of the familiar attractions as they have in the past including the operating sawmill, corn shelling, thrashing, blacksmithing, and more. The annual flea market will take place on the grounds and additional exhibits are many, including antique tractors, classic cars and trucks along with draft horses. Vintage Machinery, both horse drawn, and tractor driven, will be on display and used in various exhibits on the grounds.

The tractor parade takes place at noon each day.

Breakfast is served daily on the grounds as well as other food stands offering food throughout the day.

The kids pedal pull is Saturday after the parade, and the tractor pull is Sunday at 9:00 AM. Ford tractors and implements are the feature of this year's show, and one is being raffled off for their annual fundrais-

ing raffle. The kids' play area includes a merry go round, swings, sandboxes and more.

A petting zoo will also be available for visitors, presented this year courtesy of Windy Willow Farm Adventures.

There will be live music all three days and a non-denominational church service will take place Sunday at 8:00 AM.

General admission is just \$10 for the entire weekend and all events are free for ages 12 and under.

The all-volunteer group works hard to preserve history, maintain the grounds and bring new pieces of history to visitors every year. The newest acquisition for the club was the former Waterford, MN schoolhouse and township building, which was recently moved to the grounds from its original location in Waterford (Just North of Northfield). The move south down Highway #3 was delayed several times earlier this year due to weather and other factors, so the building will not reopen this year for tours and events, but the group hopes to have it set on the foundation yet this fall. Photos of the historic move are available on the Rice County Steam and Gas Facebook page.

Complete information and event listings are available on the group's Facebook page and website at ricecountysteamandgas.com

Minnesota FFA Foundation to hold the 4th Annual Great Minnesota Give-Together Telethon!

Funds needed to support the unprecedented growth of Minnesota FFA Chapters

As the number of FFA Chapters and Agriculture, Food, and Natural Resources (AFNR) programs continue to grow, so is the need to raise funds to support students. To meet this growing need, the Minnesota FFA Foundation will hold the 4th Annual Great Minnesota Give Together telethon on Sunday, August 27, 2023, from 4:00-8:00 p.m. live from the Christensen Farms Stage located by the CHS Miracle of Birth Center at the Minnesota State Fair. The telethon will also be available for viewing on Minnesota FFA Foundation's YouTube channel. The telethon will highlight student and program success through each of the eight regions of the state.

Join co-hosts Jasmine Stringer and Val Aarsvold as they share student stories and the positive impact that FFA has on their lives. "We are experiencing unprecedented growth with the addition of 32 new chapters in the past 5 years. Along with this growth of chapters comes a significant number of students participating in FFA activities from the 213 chapters in Minnesota schools. More than 40,000 students are enrolled in Agriculture, Food, and Natural Resources (AFNR) and we anticipate this number to grow," shares Val Aarsvold, Executive Director. "Agricultural Education is vital in providing students an opportunity to not only grow their awareness of agriculture but to develop the skills needed to pursue careers in agriculture and to be leaders in their local communities." The Minnesota FFA Foundation is committed to supporting the growth of FFA programs across



the state.

The four-hour telethon will include messages and performances from students, teachers, and the agricultural community throughout Minnesota. In addition to showcasing the important role that agricultural education programs play, it serves another equally important role, that of providing an opportunity for individuals and businesses to support life-changing programs through a donation to the Minnesota FFA Foundation. Donations can be made at mnffaafoundation.org or by texting MNFFA to 71777. All donors will receive a thank-you gift and be entered into a drawing to receive 2 concert tickets to see Luke Bryan in concert, an FFA Barn Quilt, and Support Minnesota Agriculture merchandise.

The telethon is made possible with the support of our partners.

Purple Ribbon Sponsor - AT&T
Blue Ribbon Sponsors - AgCountry Farm Credit Services, CoBank, Land O'Lakes, Minnesota State Southern Agricultural Center of Excellence, R.D. Offutt Farms, and Mat, Lisa, Layne & Nick Vaupel.

A matching funds challenge is in place for the first five thousand dollars donation leading up to and during the live telethon. Matching funds sponsors include Minnesota Farmers Union, Procise Solutions, Gone Again Travel, AURI, Minnesota AgriGrowth Council, and members of the Minnesota FFA Foundation Board.

The Minnesota FFA Foundation's mission is to secure strategic partnerships and financial resources that promote and enhance premier leadership, personal growth, and career success for Minnesota youth in Agricultural Education. For more information about the Minnesota FFA Foundation, contact executive director Val Aarsvold at 507-259-3586 or visit www.mnffaafoundation.org.

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MnDOT to Begin Using Wireless Emergency Alerts for Traveler Safety

The Minnesota Department of Transportation has entered into an agreement with the Federal Emergency Management Agency to begin using Wireless Emergency Alerts through the Integrated Public Alert & Warning System, FEMA's national system for local alerting that shares emergency information to the public.

Wireless Emergency Alerts use the same system that share critical notifications like AMBER alerts with the public, as well as other time-sensitive information during natural disasters or threats to public safety. WEAs provide the ability to send alerts directly to mobile devices without the user needing to download an app or subscribe to a service. State departments of transportation in Pennsylvania, Georgia and Texas have successfully used WEAs for major road closure alerts, and many local county sheriff's offices in Minnesota have authority to use the system as well.

"The ability to send WEA messages through

IPAWS is an important additional tool for MnDOT to provide real-time information to the traveling public," said Commissioner Nancy Daubenberger. "Road closures can occur suddenly, especially in cases of severe weather or major crashes on the highway system. With WEA messages, MnDOT will be able to send immediate mobile alerts to people in the vicinity of a highway closure or detour – helping minimize motorists on roadways during winter conditions and aiding law enforcement and emergency personnel in responding to incidents quickly."

Alerts from MnDOT will typically include a link to 511mn.org (the state's online road information system) for more information and a simple description of the closure or incident, such as:

"EMERGENCY ALERT – The I-90 corridor is closed from the South Dakota border to Albert Lea due to blizzard conditions. Go to www.511mn.org for more information and updates."

MnDOT's operating procedures include sending emergency alerts only when highway closures of more than four hours are expected due to weather (such as snow, ice or flooding) or major crashes or incidents. MnDOT alerts will only be sent for closures on state highways and interstates under the agency's jurisdiction and will be sent to all mobile phones within a one-mile band



around the highway, beginning 10 miles ahead of any closure location. The nature of an emergency could require a larger area for notifications and specifics will be determined on a case-by-case basis.

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Rooted in Christian values, Northfield Retirement Community supports independence, dignity and quality of life for the aging by providing innovative living options.



Interested in learning more about NRC and independent living? Visit northfieldretirement.org or call 507-664-3466 for availability and to schedule a campus visit.



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Email: vdungan@insurancebrokersmn.com

Northfield Agency

711 Division Street S
Northfield, MN
Phone: 507-645-8861
Email: nfldins@hotmail.com

Haggerty Agency

1206 North Frontage Road
Hastings, MN
Phone: 651-437-5410
Email: service@juliehaggerty.com

Flom Agency

118 4th Street North
Cannon Falls, MN
Phone: 507-263-2020
Email: connie@flomins.com

NH+C's Long Term Care Center is set to close

(continued from page 1)

This does not impact other operations of Northfield Hospital and NH+C's medical services.

NH+C will work with each resident and their support person of choice to select an alternative placement that meets their individual needs and choices.

NH+C will provide assistance in the relocation process, and there will be no cost to residents or families.

NH+C will work with affected staff to explore other job options within NH+C with another local employer. We will provide resources to help LTCC staff during this tran-

sition.

The decision by NH+C's Administration and Board comes as NH+C – like hospitals across the state – faces significant challenges. NH+C lost several million dollars in 2022 as expenses significantly outpaced revenue from services. In the Long Term Care Center alone, it costs significantly more to provide care than payments for the service cover.

"This is a painful decision, but it's the best decision under difficult circumstances, to keep NH+C strong enough to serve our communities well," says NH+C President & CEO Steve Underdahl. "An organization can't sustain ongoing heavy losses and continue to operate effectively."

The decision is part of an overall review of services at NH+C to ensure the organization can serve the community for generations to come. NH+C's Administration and Board consider several criteria as they analyze service lines: finances, mission, and commitment to serving local communities. They also consider whether a service is available from other providers in the region.

Healthcare organizations across the U.S. are under serious pressure from four converging trends: worker shortages; increased costs; flat payments; imbalance of government and private payors. Similar actions are occurring across the state and around the country.

NH+C is following rules set by Minnesota law to manage the closure. The process is expected to be complete by October 5. NH+C is working with the state's Department of Human Services (DHS) and Minnesota Department of Health (MDH) to ensure com-



pliance with state law. DHS regulates the management of skilled nursing facilities in Minnesota, with specific requirements and timelines that must be met when closing a facility.

"We will make this transition as comfortable as possible for residents and families," Underdahl says. "We're proud of the excellent care our dedicated Long Term Care staff has provided, especially during the very challenging years of pandemic. We will do our best to support our colleagues as they face this transition, too."

The Long Term Care Center is a 40-bed unit at Northfield Hospital. It opened in 1963

as the H.O. Dilley Skilled Nursing Facility in the hospital then-located on Second Street (now Way Park). It was originally built with a \$250,000 bequest from Minnie Dilley. The center has received five-star ratings over the years from Centers for Medicare and Medicaid (CMS), based on health inspections, staffing, and quality of resident care.

NH+C is city-owned, but it is not city-funded. All NH+C funds come from the services NH+C provides. No city funds have ever been used to build or run the Long Term Care Center.

NH+C's 2022 net revenue was \$119.7 million. Net expenses were \$128.8 million.



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UPCOMING 2023 AUCTIONS

Saturday, August 26, 2022 • 9:30 A.M.

If you have one item or a full line, give us a call early to take full advantage of advertising. Tractors, combines, haying & tillage equipment, planters, wagons, farm pickups and grain trucks, recreational items, construction equipment, all types of farm machinery. To consign, call Holland Auction at 507-684-2955 or Tracy Holland at 507-456-5128.

LARGE MACHINERY AUCTION
Ellendale, MN

Saturday Sept. 9, • 9:30 A.M.

Kubota B3200 Compact tractor, 4x4, w/loader - 2008 - Dodge 1500 Pickup, 4x4 - Guns - Shop - Tools - Outdoor items

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Owatonna, MN

Sun Sept. 10, • 9:30 A.M.

Land 17' fishing boat - 30+ Guns Hunting + Fishing Equipment - Antiques - Collectibles Household - Portable Fish House

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MARING AUCTION CALENDAR

August 19, 2023 10:00 AM
Red Wing, MN

LIVE AND ONLINE FARM RETIREMENT AUCTION FOR EMERY & GINNY FITSCHEN
John Deere 4960 MFWD, John Deere 4430, Kubota 6800 MFWD, (2) Parker Grain Carts, John Deere 1760 12R30", JD 714 Disc Chisel, JD 2210 Field Cultivator, Augers, Other Good Farm Machinery, Farm Support Items

August 23, 2023
Bidding Begins: .. Aug. 16, 2023
Starts Closing... August 23, 2023
Nerstrand, MN

ONLINE ONLY PERSONAL PROPERTY AUCTION FOR THE OLSON ESTATE
(3) 1936 Ford Pickups, Red Wing Stoneware, Scandinavian Rosmaling Items, Antique Furniture, Collectibles, Modern & Antique Furniture, Lawn & Garden Items, 160 Gallon Sprayer, Log Splitter, Fuel Tank, Hand & Power Tools and More

August 26, 2023 9:00 AM
Mantorville, MN

LIFETIME FARM COLLECTION AUCTION FOR PAT & LINDA OVEREND
Oliver Tractors, 2, 3 & 4 Digit, White American 60 Tractors, One Owner 1972 Ford F250 Highboy, Oliver Parts, Ford 555B Backhoe, 32' GN Trailer, Implements, Power Tools 7046 County Road 5 NW

August 28, 2023
Bidding Begins: .. Aug. 19, 2023
Starts Closing... August 28, 2023
Wells, MN

ONLINE ONLY FARM RETIREMENT AUCTION FOR CRAIG & JANELLE SCHULTZ
John Deere 9670STS Combine, 893, 635, JD 8230 & 8100 MFWD, JD 2630 Display & Globes, JD 1770, JD 235, JD 3010, Brent 644 Wagon, J&M Cart, Wilrich 957 Ripper, Fast Sprayer, Farm Support Equipment

September 14, 2023 1:00 PM
Mapleton, MN

LIVE & ONLINE FARM MOVING AUCTION FOR ROBERT & KAREN SCHULL
JD 4720 MFD Tractor w/Loader, JD 2425, Z375R & 525E Mowers, Arctic Car 550 & 650 ATV's, PJ 20' Trailer, Butler Snowblower, Brush Mower, Firearms, Red Wing Stoneware, Antiques, Collectibles, Farm Primitives, Power & Hand Tools, And More.

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Bidding Opens: Saturday August 19th, 2023, 8:00 a.m.
BIDDING STARTS CLOSING:
Monday, August 28, 2023 • 10:00 a.m.
FOR DETAILS & BIDDING GO TO:
www.maringauction.com

INSPECTION DATES:
August 23-27, 2023, from 9:00 a.m. - 4:00 p.m. Daily
Inspection Address: 22419 610th Ave, Wells, MN 56097

JD 9670 STS Combine, JD 635 Air Reel Bean Head, JD 893 Corn Head

'08 JD STS 9670 Bullet Rotor, 1691/2494 Hrs, Top Bin Topper, Chopper/Spreader, Command Center, Contour Master; '10 JD 635F Hydro Flex Head, 35", 3", Cray Air Reel, Stone Guard; HD 35" Head Trailer; '05 JD 893 Corn Head, Calmer Knife Rolls, Hyd. Deck Plates, Ear Savers

JD 1770, Fast 9612 Sprayer

JD 1770 Conservation MaxEmerge Plus 16R30", Liquid Fert., 3 Bu. Boxes, 20/20 SeedSense & Air Force, Row Cleaners, Corn & Bean; Banjo Manifold Flow Meter; Fast 9612 Sprayer, 1300 Gal Tank, 90", Triple Nozzle, Hyd. Pump, Raven 450 & Controller, Auto Shut Off, 380/90R46; Goodyear 66x43x25 Floater Tires, Fit Fast 9612 Sprayer; Ag Chem 500 Gal Saddle Tanks, Brackets

JD 8230 MFWD, 8100 MFWD, 3010 Dsl

'08 JD 8230 MFWD, 2938 Hrs, 430/80R46 Duals, 4 Hyd., PTO, 3pt., QH, Command Cab, Green Star Ready, Active Seat, Clean; '96 JD 8100 MFWD, 4938 Hrs, 380/90R50 Tires, 3pt., QH, PTO, Outback Auto Steer, Clean; Set of 18.4x46 Tires, JD Wheels; JD 2630 Display SFI; JD Starfire 3000 Globe; JD 3010 Dsl, ROPS, Fender, 15.5x38, WF, 3pt., 1 Hyd.

Grain Cart, Wagon, Ripper, Support Machinery

J&M 750-18 Cart, Tarp, Camera, 1000 PTO, 24.5x32; Brent 644 Gravity Wagon, 11x22.5, Front & Rear Brakes; Wil-Rich V957 7 Shank Ripper, Harrow; Hiniker AR2000 20' Stalk Chopper, 1000 PTO; JD 235 Disc, 24.5", 9" Spacings, Scrapers; 2800 Gal SS Water Wagon, Tandem Axle, Gooseneck, Inductor & Pump; M&W 1821 3pt. Rotary Hoe, 20'; JD 85 3pt. Toolbar Applicator, 16R30"

Misc. Combine & Head Parts, Other Items

(32) Dawn Closing Wheels; (17) JD Rubber Closing Wheels; JD Head Part, Guards, Sickle Section, Auger Fingers; 3/4" Air Impact Wrench; (2) Air Drive Chain Hoists; JD 250 Planter Monitor; JD 10/20 Series Slab Weights; 3/8" Spool Of Cable; Power Grease Gun

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Terms: Cash, Check, or Wire Transfer. All Sales are Final, All Sales Selling As-Is Condition with No Warranty or Guarantee Whatsoever. All Items Must be Paid in Full No Later Than August 29th, 2023. 10% Buyer's Premium with Cap of \$1,000 Per Item.

HOLLAND AUCTION

LARGE FARMERS MACHINERY AUCTION

SATURDAY, AUGUST 26, 2023, 9:30 A.M.

LOCATION: From Ellendale, MN, 2 miles west of State Hwy. 30, then 1 mile north on Steele Cty. 28 (or SW 72nd Ave.) then 1/2 mile east on SW 138th St. (or 1/2 mi east of Beaver Lake).

Please Note: PARTIAL LISTING. BE SURE TO VISIT OUR WEBSITE FOR LATE ADDITIONS. Delivery of consignments will be on August 20, 21, 22, 23, 2023 from 8:30 a.m. to 6 p.m. NO Consignments on August 24th and 25th! Some items subject to change prior to auction. Loading of items day of auction until 4 p.m. Tracy Holland

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FEAR



By Susan Hinrichsen, CHC, CLC, MC

Fear can be in many different aspects of our life. It can be a fear of trying or doing something new or fear of not having enough money, time, new places, job loss, or failing relationships. We are in different places and seasons of life so the fears may change as we enter different stages of life for each individual. Fear can be difficult to work through on our own if we do not understand what is underlying the fear and where the fear is originating from.

We have been taught to conform to rules or act a certain way as a child which also can shape our beliefs about the world, others, and ourselves. Most times the underlying issue of fear relates to a lack of love and belonging.

A very common fear is fear of failure or not being enough to step into a fearful situation and meet it head on. By not confronting our fears we put limitations on our personal growth and life experiences. This

in turn prevents us from achieving our life purpose and personal evolution.

The best way I've been able to describe our purpose on earth is to think of our time here as a school. We are all spiritual beings having a temporary human experience. This is the place where we get to have experiences that we learn and grow from, and it is these experiences that guide our path in life to our purpose. I hear so many people say that things always happen to them but in fact, they happen for you to help you learn whatever you need to learn from the experience to move onto your next lesson.

When I find myself feeling fearful around a situation or issue is to ask myself, what is it about the situation that is causing me to feel fearful around the situation or issue, and to ask myself what about the situation is causing me to feel fearful. I tell myself that it is okay to feel fearful and acknowledge the feeling. I then approach the feelings with curiosity and look inward to see what is causing the fear, acknowledge that reasoning and try to replace that reasoning with an updated thought that is at minimum neutral or positive. After all, we will not be eaten by a wild animal so death should not be a factor. (I hope you are smiling by now).

If you are interested in reaching out and scheduling your complimentary discovery session to help you move past fear or whatever is keeping you from being your best self, visit my website susanhinrichsen.com and while you're there download my 7-Day Workbook at no cost to you.

Tomatoes



By Shauna Burslem, D.C.

I was recently surfing the web for tidbits of information that I could include in my monthly health tip when I came across a great article on tomatoes. It turns out that tomatoes were not even eaten in the US until the early 1800s, when an eccentric New Jersey gentleman, Colonel Robert Gibbon Johnson, brought them back from a trip overseas. It seems Gibbon was a bit of a showman. He announced that an amazing display of courage would take place on September 26, 1820. He shocked his hometown of Salem by consuming an entire basket of tomatoes in front of a crowd of spectators, who were expecting him to keel over at any second. Obviously, he didn't and since then tomatoes have been a staple of the American diet. And with good reason! Tomatoes are high in Vitamin C and provide 40% of the RDA. The most important part of the tomato is the lycopene. Lycopene is a powerful antioxidant that gives the tomato its red color. Lycopene may be twice as powerful as the anti-oxidant

Beta-Carotene. Research studies have shown consuming tomatoes to be helpful in the fight against prostate, stomach, endometrial and lung cancer. Lycopene has also been linked to increased activity levels in senior citizens. The brighter the red in the tomato the higher the lycopene. In an unusual turn, about as far with cooking vegetables goes, eating most vegetables raw is the way to go. But cooking tomatoes actually releases even more lycopene. Olive oil with tomatoes increases the lycopene absorption in the body. While nothing beats a fresh, ripe tomato, studies also show that canned and jarred tomato and tomato sauce pack the same nutritional benefit. Personally, a large thick slice of a Beefsteak tomato with a little cracked black pepper, sea salt and a drizzling of olive oil in between two slices of toast, spread with a smattering of mayo and a slice of bacon is a little bit of heaven on earth! Luckily, tomato season is just around the corner.

Thought for the Week: "External, material objects are never the cause of disease, merely agents waiting to cause specific symptoms in susceptible hosts."

----- Andrew Weil, M.D.

(What did he say? He said, things like germs do not cause disease, people with weak immune systems allow germs to overtake their body, and then they become sick.

----Dr. Shauna)

Chiropractic Thought for the Week: "A spinal adjustment from your chiropractor may not make your symptoms go away, but it is not meant to. A spinal adjustment opens up the life channels of your body (nerve flow) and improves your overall health and it does that every time in everybody.

----- Reggie Gold, D.C.

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Elvis & Johnny, Bingo & More

(continued from page 1)

It is in this production, Nash includes one of his own songs "June" co-written and co-produced with Jeff Silverman in Nashville, TN. Engineering mix by Grammy Award Winners John Carter Cash and Chuck Turner at Cash Cabin Studio in Hendersonville, TN.

You can see both of these great artists in Dennison Saturday, September 16th.

Advance Tickets are just \$25.00. \$30.00 Day of Show. Call Fireside at 507-645-9992 during normal business hours, or e-mail them at firesideloungedennison@gmail.com to order tickets.

You can also make dinner reservations that evening ahead of the show. Space is limited, so make your reservations early. This year's



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event will be a part of a weekend celebration in Dennison. As Fireside Lounge celebrates

20 years of Amy Family Hospitality, Friday, September 15th, Music will be provided by popular variety band, The Look. Music will start around 7 PM Friday Night to kick off the weekend. Also this year, under the tent Saturday afternoon,

Fireside Lounge & The Dennison Lions Club will host Purse & Gift Card Bingo. Watch the Fireside Facebook Page & Website for up to date information.

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Saturday, September 16
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CASH & DIAMOND

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Doug Allen Nash is
JOHNNY CASH & NEIL DIAMOND
www.dougallennash.com

Saturday, September 16 at 7:30 PM
Advance Tickets \$25.00 • Day of Show \$30.00 (Plus Tax)
Call 507-645-9992 or Email Your Ticket Reservation to:
firesideloungedennison@gmail.com. Put "Elvis Tickets" in the Subject Line.



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Hampton City Council Meeting July 11, 2023

The Hampton City Council met on Tuesday, July 11, 2023 at the Hampton City Hall for the regular scheduled meeting. Present were Mayor John Knetter; Council Members Anthony Verch and Nick Russell. Also present was Brad Fisher of Bolton & Menk, Mike and Sue Ozment of 23825 Northfield Blvd, David Hanson of 23353 Water St., and Chief Deputy Dan Bianconi of the Dakota County Sheriff Department.

Regular Meeting called to Order - Mayor Knetter called the Regular Scheduled Meeting to order at 7:00 p.m.

Disclosure of Interest – None

Approval of the June 13, 2023 Regular Scheduled Meeting Minutes – Motion by Verch seconded by Russell to approve the June 13, 2023 regular scheduled meeting minutes. All voted in favor. None opposed. Motion passed 3:0.

Approval of Disbursements – Motion by Verch seconded by Russell to approve the July disbursements. All voted in favor. None opposed. Motion passed 3:0.

Public Comment:

Mike and Sue Ozment were in attendance to address Council about manure that had been transported that day from the feedlot at 5420 240th St. and stockpiled on property that is adjacent to theirs at 23825 Northfield Blvd. Sue stated that the odor was awful and so were all of the flies that were attracted to the property. She said that she has lived on the property for 20 years, and the property owner has put manure on the property before, but nothing like what he was doing that day. She explained that what they were doing is putting the manure in low spots on the property and then covering it up. She was worried about excavation that was being done and potential changes in elevation of the property. Her main concern is what effect this might have on the groundwater and how that might affect her well. Mayor Knetter said that he would go take a look at the property, and would call the property owner. He asked that they call him directly if they have any concerns in the future about similar activities.

The Ozment's asked if they could bring up another issue of concern. When they are driving on Hwy 47 and turning onto their property, they have witnessed multiple times

where people have passed where there is a double yellow line on the highway, and are concerned about the potential for serious accidents because of it. They were wondering if there is something that can be done.

David Hanson, of 23533 Water St., was in attendance to address concerns that he has regarding the Dakota County Fleet Maintenance Facility that is scheduled to be built in the City. Hanson stated that he is a 29-year resident of the City, and has been an employee of Dakota County for 24 years. He is concerned about the size of the building and the volume of water that will be channeled down to Water Lane, which is already a very wet area. Brad Fisher, of Bolton & Menk, responded to the water issue, stating that there are plans to put in holding ponds to prevent water from making its way down to the Water Lane area. Another concern of Hanson's is that there seems to be a discrepancy in the number of trucks and equipment that will be located at the facility. He believes that what Dakota County currently is anticipating for trucks and equipment to be housed at the site is higher than what was reported weeks ago. Hanson's final concern that he wished to discuss is the volume of wastewater that will be going to the lift station, and whether or not it might eventually exceed capacity. Going one step further, Hanson stated that a lack of capacity in the wastewater system may prevent future residential building development.

Petitions, Requests, and Communications:

Schedule August meeting time to review budget – Mayor Knetter asked Council members if they felt that half an hour would be enough time to review the budget. Consensus was yes. The special meeting to review the 2024 budget will be at 6:30 pm on August 15th.

Dakota County follow-up on 06/27/23 Patrol Services Meeting – Chief Deputy Dan Bianconi, of the Dakota County Sheriff's Department, was in attendance to review what was discussed at the meeting, and to answer any questions that Council may have. Bianconi began by stating that the Sheriff's Department is requesting 3 additional patrol deputies, with the funding for the additional personnel to come from rural cities and townships. He stated that an analysis of what the appropriate number of patrol deputies should be was done using what is called a shift relief

factor. One of the reasons for the need for additional patrol deputies is that, in the past, deputies didn't take all of the time off that they were entitled to, but deputies are now taking the time off that is available to them. Also, the volume of calls is higher than it used to be.

Chief Deputy Bianconi continued, saying that cities that have their own police departments pay for them, along with 911 costs, and the costs of the County Sheriff Department. The 911 costs for rural municipalities are all paid by Dakota County, so that is why the County is looking for funding from the rural municipalities for the additional deputies. Mayor Knetter stated that, because of the fire department, the City of Hampton does pay for a portion of its 911 costs. Bianconi finished his review of the Patrol Services Meeting by stating that, in the rural municipalities, the 3 additional patrol deputies would cost each resident approximately \$22 annually.

Mayor Knetter asked Council members if they had any questions. There were no questions. Council thanked Chief Deputy Bianconi for his presentation.

Taft Law Firm PFAS contamination litigation – Mayor Knetter referred to correspondence in meeting packets. There was brief discussion about the issue. The City of Hampton does not have an issue with PFAS in its water supply, so this is for informational purposes only.

Ordinances and Resolutions:

Resolution 2023-____(09) – Resolution Stating the Findings of Fact and Recommendation Regarding the Conditional Use Permit Amendment Request Submitted by Dakota County for Property to be Used to Build a Fleet Maintenance Facility, PID 18-00800-77-017 – Mayor Knetter stated that, while it has been several years since he has done it, he wants to table this resolution until next month's meeting, as he feels that the full Council should be in attendance to make the decision on whether or not to pass the resolution. Councilor Verch and Councilor Russell both agreed. Brad Fisher, of Bolton & Menk, stated that there will be concern from Dakota County because of their August budget meeting, where the project was expected to be approved. Discussion. There may need to be a special meeting of the City

Council prior to the August meeting to consider this issue.

Reports of Officers, Boards, and Committees:

Engineer's Report – Brad Fisher of Bolton & Menk began by reporting on the Frontage Road Turnback Agreement. An order approving the annexation has been received, so the annexation of the frontage road is now complete. The change of jurisdiction for the frontage road will take place after completion of the mill and overlay of the road, as per the agreement with MnDOT. The mill and overlay project has been rescheduled to be done at the end of the 2024 TH 52 construction season.

The second item on Fisher's report was the LCRR lead service inventory project. The Minnesota Department of Health made their grant application available near the end of June. This grant funding will be used by the City for consultant assistance. Fisher worked with the City Clerk to get the application submitted, which will provide up to \$75,000 in grant funding to pay for Bolton & Menk's assistance to complete the inventory project.

The final item on Fisher's report was the Dakota Maintenance Facility CUP. Because the resolution for the CUP amendment was not passed, Fisher did not report on this item.

Water / Sewer Report – Mayor Knetter reported that the scrubber media refill at the lift station was replaced. Additionally, work is on-going on well #2.

Park Report – Councilor Russell thanked Mayor Knetter for getting the tree removal done at the park. Stumps will be ground and wood chips will be used in the parks. Russell plans to order a bench for the tennis court.

Street Report – Councilor Luhring was not in attendance. Brief discussion about the potholes needing repair in the Heights of Hampton.

Unfinished Business – None

New Business - None

Adjournment – Motion Verch seconded by Russell to adjourn the meeting. All voted in favor. None opposed. Motion passed 3:0. The meeting adjourned at 7:45 pm.

Respectfully submitted,

Judy O'Brien

City Clerk

ASK A TROOPER

By Sgt. Troy Christianson of the Minnesota State Patrol

Question: Hello, I am part of a group sponsoring a family from the Ukraine. They arrived a couple weeks ago and we have met with the state offices to get them lined up with social security numbers, work permits, etc. The husband and wife both have current driver licenses from Ukraine. They want to obtain a Minnesota license and are scheduled for the written knowledge exam, followed by the road test.

In the meantime, are they able to drive on their Ukrainian license? We have a car for them and already have insurance policies for them. The husband has received some job offers and would like to be able to drive to work, etc. Please advise.

Answer: If you are visiting Minnesota from another country with a valid license from your home country, you are not required to get a Minnesota license. But if you have become a Minnesota resident, you have 60 days to get a Minnesota driver's license.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)



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THE DEFEAT OF JESSE JAMES DAYS EVENTS

SEPTEMBER 6-10, 2023

MONDAY, AUGUST 7

GOLF TOURNAMENT Willinger's Golf Course, 2-person Best Shot. Tee Times 8am-4pm
Open Division & Senior Division (both players over age 60)

WEDNESDAY, AUGUST 16

SPAGHETTI DINNER/MEET THE CANDIDATES PROGRAM 5pm Northfield Ballroom, Highway 3 North **BUTTON EVENT!** Admission: \$15 / \$10 under age 8

AUGUST 30-SEPTEMBER 4

HORSESHOE HUNT Remember to register your button before the hunt. (Please read the rules and instructions before hunting at djjd.org/horse-shoe-hunt)

WEDNESDAY, SEPTEMBER 6

JOSEPH LEE HEYWOOD GRAVESIDE MEMORIAL SERVICE
NOON Northfield Cemetery, South Division across from High School
JOSEPH LEE HEYWOOD DISTINGUISHED SERVICE AWARD BANQUET
6:30pm (doors open 5pm) Northfield Ballroom, Highway 3 North
Prepaid Reservations **BUTTON EVENT!** email heywood@djjd.org. \$125 Pin Drawing, Auction of Defeat of Jesse James Days Collector Buttons Numbers 1 through 5

THURSDAY, SEPTEMBER 7

ENTERTAINMENT CENTER "The Original DJJD Townie Night"
BUTTON EVENT!
5pm-12pm 5th & Water Street (valid ID req'd)
5pm-8pm Beer pouring by Past DJJD General Chairs and Past DJJD Ambassadors
8pm-12am *Street Talk*

GIDDY-UP HORSE RACES
Registration 5pm Washington Park, 801 Washington St. **BUTTON EVENT!**
Button required for all participants

NORTHFIELD HISTORICAL SOCIETY OPEN HOUSE 5-7pm
Free and open to the public.
CLASSIC CAR CRUISE 5pm line up at Northfield Ballroom, Highway 3 North
6:30pm 1-hour cruise begins. Free-will donation welcome. Route info at www.djjd.org

CARNIVAL 5pm Highway 3 & 5th Street
6-10pm "Wrist Band Night" See www.djjd.org for ticket sale locations
PEDAL TRACTOR PULL 5:30pm Between 4th & 5th Streets on Division
BINGO ON BRIDGE SQUARE 6pm-Midnight
THURSDAY NIGHT THUNDER 6-8pm Division between 5th & 6th Streets
Meet local motorsport racing teams, family fun with autographs and games.

FRIDAY, SEPTEMBER 8

AMBASSADOR/JAMES GANG SCHOOL VISIT'S 9am-3pm
ENTERTAINMENT CENTER 4pm-1am **BUTTON EVENT!**
5th & Water Streets (valid ID req'd)
8:30pm-12:30am *Dirty Little Secret*
CARNIVAL 5pm Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE 6pm-MIDNIGHT
P.R.C.A. PROFESSIONAL RODEO 8pm Jesse James Arena, Hwy 3 South
"GIVE CANCER THE BOOT" NIGHT. A fundraiser for Northfield Hospital's Breast Care and Infusion Centers, donate and show your support. Special giveaway to the first 300 paid admissions, sponsored by CarTime Auto Center and ReMax Advantage Plus by Mary Jo Winter. General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's.
Same-day tickets: available at Rodeo grounds 2 hours prior to performance.
RODEO GROUNDS BEER GARDEN open before, during and after rodeo (valid ID req'd).

SATURDAY, SEPTEMBER 9

NORTHFIELD ROTARY BIKE TOUR 7am Dundas Memorial Park 214 1st St., Dundas
A fully supported road, gravel & family adventure. On-Site Registration and Check-In begins at 7:00 a.m. Online registration: northfieldrotary.org
RAIDER DERBY Registration 7:30am, Race begins 9am
Soapbox car racing, 3rd & Orchard St. **BUTTON EVENT!**
Button required for all participants
DEFEAT OF JESSE JAMES DAYS CAR SHOW 9am-3pm
Sundowner Car Club, Riverside Park. Admission: \$2
15 and under free with paid adult. **BUTTON EVENT!**
39TH ANNUAL ARTS, CRAFTS & GIFT SHOW
9am-5pm Central Park, 4th & Winona Streets
COED 4S GRASS VOLLEYBALL TOURNAMENT 9am-6pm
Tyler Park, 1951 Roosevelt Dr. Outdoor grass volleyball with multiple levels of play, round robin format followed by playoffs and cash prizes for top teams. Teams of four. Registration information on Facebook: Defeat of Jesse James Days Grass Volleyball Tournament

SATURDAY, SEPTEMBER 9 CONT.

KIDDIE PARADE 9:30am 6th & Division Streets
OUTLAW ESCAPE MOTORCYCLE RIDE Rice County United Way
9:30am check in, 10:30am kickstands up Northfield Ballroom, Highway 3 North. Registration \$55, riders \$35. For more info and registration, RiceCountyUnitedWay.org/OutlawEscape
NORTHFIELD ARTS GUILD RIVERFRONT FINE ARTS FESTIVAL
10am-5pm Cannon River Walkway. More info at northfieldartsguild.org
CARNIVAL 11am Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE NOON-MIDNIGHT
CORNHOLE TOURNAMENT NOON Entertainment Center
Must pre-register through djjd.org. Registration opens August 1st (Teams limited.) **BUTTON EVENT!**
ENTERTAINMENT CENTER NOON-1am **BUTTON EVENT!**
5th & Water Streets (valid ID req'd)
7-8:45pm *Crimson Roots*
9pm-12:30am *Russ Frank and The Biscuits*
P.R.C.A. PROFESSIONAL RODEO 2pm Jesse James Arena, Highway 3 South
Free cowboy hat to first 400 paid kids admissions from Edina Realty. General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's. Same-day tickets: available at Rodeo grounds 2 hours prior to performance.
DJJD BEARD CONTEST Division Street **BUTTON EVENT!**
6pm (following final bank raid re-enactment), \$10 entry fee, see djjd.org.
P.R.C.A. PROFESSIONAL RODEO 8pm Jesse James Arena, Hwy 3 South
"TRIBUTE TO 1ST RESPONDERS" NIGHT
General admission presale tickets: adults \$25, child \$15 (ages 3-10) under 2 free; available at Northfield Automotive, Family Fare Supermarket and Ziggy's. Same-day tickets: available at Rodeo grounds 2 hours prior to performance.

SUNDAY, SEPTEMBER 10


OUTLAW RUN 5K/15K RUN-WALK
Benson & Langehough Funeral Home, 201 E. 4th St.
Registration 6:30-7:30am, 15K Run start 7:45am, 5K Run/Walk start 8:00am
More info at northfieldhistory.org
ANTIQUE TRACTOR & TRUCK PULL Registration: 7am, Pull: 9am
Jesse James Arena, Hwy 3 South **BUTTON EVENT!**
VFW BREAKFAST 7:30-11am Adults \$10, Children (5-10) \$5, Under 5 free
AMBASSADOR VIP RECEPTION 9:30am Northfield Middle School
NORTHFIELD ARTS GUILD RIVERFRONT FINE ARTS FESTIVAL
10am-5pm Cannon River Walkway. More info at northfieldartsguild.org.
39TH ANNUAL ARTS, CRAFTS & GIFT SHOW
11am-4pm Central Park, 4th & Winona Streets
CARNIVAL NOON-6pm Highway 3 & 5th Street
BINGO ON BRIDGE SQUARE NOON-8pm
ENTERTAINMENT CENTER NOON-6pm 5th & Water Streets (valid ID req'd) Special appearance after the Grand Parade by the "Minnesota Pipes & Drums"
GRAND PARADE 2pm Division Street
RESCUE SQUAD DUCK RACE 15 minutes after parade 4th Street Bridge
\$5 tickets available at Bingo Stand. 1st place prize \$1000, 2nd \$300, 3rd \$150.
AMBASSADOR CORONATION 5pm Northfield Middle School
Admission \$10, Children under 5 free **BUTTON EVENT!**

Bank Raid Re-Enactments

BUTTON EVENT! = Buttons required for bleacher seating

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Friday 6pm & 7pm, Saturday 11am & 1, 3, 5pm, Sunday 11am & 12:30pm
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 Spanish Interpretation Script available at all raids
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See website for admission prices.

Wednesday 10am-5pm · Thursday-Saturday 10am-8pm · Sunday 10am-2pm

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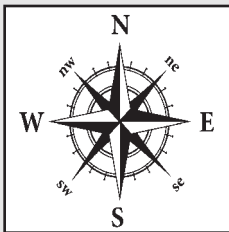
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Changes in Latitudes, Changes in Attitudes Millennials and My Tranquility, not a good mix



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

Millennials, that group of people who were born during the 1990's through the early 2000's. I have fortunately not had to deal much with millennials since I am much older. Psychologist Jean Twenge, the author of the 2006 book *Generation Me*, considers millennials to be part of what she calls "Generation Me". Twenge attributes millennials with the traits of confidence but also describes a sense of entitlement and narcissism. Based on the fact that I am entering the age of a Grumpy Old Man, I can now transfer much of my irritation on a younger demographic. And this group has easily set themselves up for the blame. I usually like all people but my tolerance for stupid has worn a little thin with the years.

My birthday rolled around again this year, and in celebration of making it one more time through the calendar, my wife got tickets for the 50th anniversary tour of the rock group Kansas. What could go wrong? A classic rock concert whose fans are all in their 60' and 70's. My kind of folk. The State Theater in Minneapolis is a beautiful venue and we had seats in the fourth row from the stage slightly right of center.

We have a knack for attracting the worst concert goers ever though. We have a name for them. Drunk Dave. In honor of the guy at the Styx concert in Des Moines who thought he should dance in the aisle holding a beer and spilling it on anyone within the splash

zone. They are loud and obnoxious and always very drunk. Somehow, they end up in seats next to us.

So, as we took our seats that evening the young guy behind us tried to start up a conversation with us. He was barely into his twenties, but he was hammered. No one should be that inebriated at 6:30pm on a Friday. I just looked at Ashley and said, we got drunk Dave again." It was worse. Three young girls even more sloshed appeared and sat beside him. They talked loudly and kept getting up to buy more drinks. Each time climbing over the people already seated between them and the aisle. People who were their grandparent's age. One time falling over onto my wife and hugging her from behind. The ushers kept motioning to her but she was oblivious to their commands.

So, the show starts and the one young blonde starts talking over the music. "Oh yeah, this was a hair band back then." Rule # 1, don't go to a show of a band you don't know and act like you have something intelligent to say. She repeatedly shouted over the songs, argued with her boyfriend, cried, and kept leaving and returning with more drinks. At one point during her disruptive behavior she said, "The lead singer, he is pointing right at me." She was right. She was so disruptive he was trying to shame her by singling her out from the stage. If you talk during the performance of "Dust in the Wind" you are a special kind of Cretin.

The ushers were not prepared for this childish behavior as the three girls ran up and down the aisle during the show. They tried helplessly to reprimand them, but to no avail. At one point we saw two of them flip off an usher as they ran by. It was like some two-year olds misbehaving at a restaurant. The guests who were trying to enjoy the show were getting more perturbed by the minute. Finally, the blonde girl decided to head for the exit by walking between each guest and the seat in front of them, all the way across the theater. There she passed out at the feet of the two ushers standing at the exit.

It is called concert etiquette, and you may have seen the news footage of a Miranda Lambert concert lately, where she stopped the show mid-song and told four young women to sit back down. I have seen people of all ages acting like idiots, but these took the prize. I never thought I would sound like my dad, but here I am. And I understand now how he felt.

A Minnesotan: Out of State Visitors and the Mall of America



By RosaLin Alcoser

What do you do when family comes to visit you in Minnesota? As a transplant to Minnesota I get to live with the pleasure of family and friends from out of the state coming to visit me every now and again. Which is great. I love it when people come to visit me. Those of you who are also transplants or who have family that comes to visit from out of state will know that these visits mean that you get to show them around Minnesota. Then if you are like me you think of all the great things to take them to see. If you're me, that list mainly consists of museums, one of the state's many hiking trails, and finding the

best Scandinavian bakery in the area. Those are the kinds of things I come up with to take people to because who wouldn't want to go to the Minnesota Museum of Transportation or to Minnehaha Falls. However, the inevitable always happens and I end up doing none of those things and spend the time escorting them around the Mall of America. Do not get me wrong, going to the Mall of America every once in a while can be fun for three or four hours. However, it starts to become increasingly less fun once you start hitting hours six and seven; especially when it is the second time you have taken people around it in the span of a week. I feel that at least for me, the novelty of spending the entire day in the Mall of America has been washed away since I live close enough to it that I can go there anytime I want to. Which I do when we are not in the peak times for out of state tourist to be here. So I mainly go in the winter when it's at the point in the year that I'm looking for an indoor activity since it's just a bit too cold outside for me to enjoy one of those many parks we have. While I have recently spent a large amount of time showing friends and family around MOA this year I was able to get my sister and her husband to one of those parks with me. During their visit I was able to get them to hike with me at Gooseberry Falls and swim in Lake Superior. All of which my sister spent a lot of time calling after me to be careful as I kept running into Minnesota's many waters.

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