



MAZEPPA and ZUMBRO FALLS

# Mazeppa-Zumbro Falls Messenger™

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## Announcements

• **Soup & Chili Luncheon** - hosted by the Mazeppa Area Historical Society on December 9th from 11- 1 p.m. at the Mazeppa Community Center, FREE WILL DONATION. Cash raffle drawing- door prizes & stories read by Dora Hellerud- SANTA & HIS ELF WILL MAKE AN APPEARANCE!

• **FIREHOUSE CHRISTMAS** hosted by the Mazeppa Fire Dept. - Saturday- Dec. 9th from 11-1 at the fire hall. Local Toy Drive-watch the movie "The Grinch". THANKS FOR SUPPORTING MAHS & THE MAZEPPA FIRE DEPARTMENT.

• **Three Rivers Community Action** is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$4.50 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

• **Celebrate Recovery meetings every Sunday night at 5pm at South Troy Church**, 56817 Highway 63 Zumbro Falls, MN 55991. Email for questions is: celebraterecoveryouthroy@gmail.comat.

• **The Zumbro Valley Food Shelf is located at South Troy Wesleyan Church**, 56817 Hwy 63, Zumbro Falls, MN. The hours are Tuesdays 11:00am-5:00pm and Thursdays 11:00am-6:00pm. Donations and volunteers are greatly appreciated. For more information contact Pastor Colleen Hoeft at 507-259-1442 or choeft52@gmail.com.

• **The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm.** Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.

Do you have an announcement?  
Email: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

## Christmas Memories From the Past

Larry is 87 years old and grew up in a family of six kids, four boys and two girls. They lived in Rochester and his dad worked at the Mayo Clinic. He recalls how his dad rode his bike to work at the clinic every day and they didn't own a car until the family purchased a new 1955 Plymouth.

When Larry was young the family would celebrate Christmas by opening gifts on Christmas eve. One of the gifts he received as a young man was a wrist watch, which he considered about the greatest thing on earth. Another gift he recalls from his youth was a pair of cowboy boots. *(continued on page 3)*



## Mazeppa to pay more for Patrolling in 2024

The Mazeppa City Council approved the new five-year contract with the Wabasha County Sheriff Department in November. The new contract reflects a forty percent increase over the previous cost of \$54,744 in 2023. The reason given was that Wabasha Sheriff Department had been under charging by \$22 per service hour on the prior contract.

In 2024 the city will pay \$77,106 and that will increase by an annual rate of five percent each year to \$80,961 in 2025, \$85,010 in 2026, \$89,260 in 2027 and \$94,867 for 2028. The city will be receiving a one time public safety grant from the state in the amount of \$38,947, which will help offset the increase for first couple years.



## Santa Comes to Town Firehouse Christmas

The Mazeppa Area Historical Society is celebrating the Christmas season with the Mazeppa Fire Department.

The MAHS 13th Annual "Soup & Chili Luncheon" will be served from 11- 1p.m. on Saturday, December 9th at the Mazeppa Community Center. They will be serving Soup & Chili from Charlie's Eatery & Pub with all the fixings for a Free Will Donation. Cash raffle drawing will take place along with door prizes. Santa Claus & his elf will be making a stop in Mazeppa also. Stories told by Dora Hellerud.

The Mazeppa Fire Department will be hosting their "Firehouse Christmas also on Saturday, December 9th from 11- 1 p.m. They will have a Local Toy Drive, the movie "The Grinch" will be playing along with the Fire Hall decorating. Pictures with the Grinch, games, puzzles & serving Cookies and hot chocolate.

**HAPPY HOLIDAYS & Warm Winter Wishes**

Your support is special to us, and we are grateful to be part of this community.  
Best wishes for a happy and healthy holiday season!




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## A Servant's Heart



By Pastor Colleen Hoeft

Christmas, for me, is filled with great memories, great traditions, and genuine spiritual significance. But sometimes Christmas – the REAL Christmas – gets lost in everything that surrounds the holiday. For us to discover all the great truths about Christmas we have to do some ‘unwrapping’ of the holiday. Have you ever had something that was wrapped up...and in the wrapping you assumed it was one thing, but after it was unwrapped you saw it for what it really was...

- ...sometimes it was a disappointment (Jelly of the month club)

- ...sometimes it was SO MUCH BETTER than you could have imagined

For some of us Christmas is so beautifully wrapped up in our memories and expectations that we never open it. We don't want to disturb the beauty of the wrapping and so we

miss the truth of the gift that God sent on that first Christmas Day.

I want to ‘unwrap’ one of the most amazing gifts of Christmas. You may be familiar with the story...you may know how it starts and how it ends... we have the blessing of hindsight. But for those living it...this was new, this was startling... this was unexpected... being chosen to be the mother of the Messiah. Many knew the OT prophecies, they knew the stories of God's plan for redemption, but they didn't expect to find themselves as central characters in that story. For Mary and Joseph... this whole thing was unexpected!

And let's be honest, most of us don't do well with the unexpected. We don't like change- we like everything to be the same. We like our traditions around Christmas because of the consistency. The same carols sung every year... The same tree put up in the same spot with the same decorations year after year... It's all predictable. It's expected. And because it is expected and predictable it is comfortable...

Ladies, imagine if Mary were a teen girl today who received this news. Imagine you were her mother... how do you deal with that. Imagine YOU were that teen girl... How would you handle this unexpected news? And Guys, what if you were her dad or her fiancé? How would YOU handle this unexpected situation?

We've heard it said that “God works in mysterious ways.” God's ways of writing His story and ours are often way different than anything we could have imagined. Mary was called by God into something un-

expected... in fact everything about Mary's encounter with the angel and the call of God upon her life was unexpected. There was the visit itself was unexpected. The greeting from the angel that she was highly favored was unexpected. And certainly, the message was past unexpected- to be the mother of the Messiah! No way!!! Yet that is the message to Mary. It is difficult to imagine what Mary must have thought... To be a righteous young woman, one who was choosing to honor her fiancé and her God with her body and then to be told that she would have a child. This was over the top unexpected...

God interrupted Mary's life in a very unexpected way... and Mary was left to respond to the unexpected... she chose to respond in faith and trust! When God calls us to the unexpected we can respond with fear and doubt or we can trust and obey.

Mary had the true heart of a servant. We see her servant heart in how she responds to the angel's words. First, a servant is a person who meets the needs of others. A servant is an individual who puts themselves under submission to another. A servant is different from a slave in that a servant's loyalty to one's master is voluntary, but a slave's is not. Every slave is a servant, but not every servant is a slave. Mary was willing to submit to God's call on her life- even if she didn't understand it or how it would work out.

As Christ followers we are called first to submit to God, then to one another. We are called to become a servant and give of ourselves to others. A true servant seeks to serve their master. As followers of Christ, we too are called to be His servants and put Him

and His will ahead of our own. And as His servants we also serve the people God puts in our path.

When God calls us to the unexpected, we can respond with fear and doubt, or we can trust and obey.

So, the question is... how will YOU respond? Will you have a servant's heart- because it's not a matter of if God will call you to the unexpected, it's a matter of when He'll call...

Remember:

- Use Jesus as your model: Jesus was the greatest servant of all. Jesus came to earth as a servant with a commitment to serve. Philippians 2:6-7

- If you want to be great, you must be least. When we watch the example that Jesus was for his disciples and for us, He has really given us two choices: We can choose to serve ourselves, OR We can choose to serve others.

- You show your love for God by loving others. Jesus told his disciples, and us, that if we love him, we will keep His commandments. Our obedience is an outward demonstration of our love for God. John 15:12-13

- Consider Others Before Yourself. Make it a priority to serve God and others. Philippians 2:3-4

- Use your gifts to serve. God has given each of us certain gifts and talents that we are to use for serving others, 1 Peter 4:10

When God interrupts your life with the unexpected, will you say with Mary, “I am the Lord's servant, may it be to me as you have said.”

How will you respond to God's call...

### Mazeppa-Zumbro Falls Messenger

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This Christmas...

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7134 Highway 246 NE, Elgin, MN  
Sunday worship at 9:30 a.m.  
(Bible class at 8:30 during the school year)



#### AREA CHURCH DIRECTORY The Glory of Jesus

*They crucified two rebels with him, one on his right and one on his left. — Mark 15:27*

When we think of the glory of God, we probably have something like Isaiah 6 in mind. The prophet Isaiah had a vision of God in a heavenly temple. “high and exalted, seated on a throne.” Seraphim (fiery creatures with wings) were flying about, singing, “The whole earth is full of his glory.” And the temple trembled and shook (Isaiah 6:1-4).

That's glory. Glory is big. Glory is high. Glory is powerful. No doubt that's what James and John have in mind when they ask to sit on either side of Jesus in his glory. They want the best seats in the house. They want to be where the action is. They want to be where power resides.

They have no idea what they're talking about. Because Jesus is on a long mission that will redefine glory. Glory will not describe an untouchable God so high up as to be invisible, except in a vision. No. Glory will now describe God in human flesh, lifted a few feet off the ground and nailed to a cross. Glory will now describe the God available to be touched, to be spat upon, to be mocked. This is what it means for God to be human. And this is how glory is redefined when God becomes a suffering servant.

“We have seen his glory,” John says (John 1:14).  
*Jesus, we praise you for your glory. It's a glory that overturns our expectations. Thank you for setting them right-side up. Amen.*

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#### ZUMBRO COMMUNITY CHURCH

Dave Mohler  
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Wednesday Evening 7:00 p.m.

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Sunday 10:30a.m.  
Sunday 5:00p.m. Celebrate Recovery -  
5pm- meal, 5:45 large group and 6:30 small groups.  
Wednesday Kids and Teen worship at 6pm -  
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Mazeppa-Zumbro Falls Messenger at:  
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## Christmas Memories from the Past

(continued from page 1)

His birthday also fell in December, an event that kind of got lost in the excitement of the holiday.

On Christmas day there was always dinner with the family consisting of turkey and dressing. His grandparents were from Ireland. After Larry got older, he played the dollar drop game with the kids, where they tried to catch a crisp new dollar bill before it hit

the floor. A few years ago he asked if they were too old to play the game, but they wanted to keep up the tradition so he procures some new money from the bank for the occasion.

Larry lived at Ryan's Bay in Lake Zumbro for over fifty years and used to drive the ski boat and pickup boat as well as serve as the announcer for the water ski performances on the lake.

Mary is 95 years old and grew up on a farm in western Minnesota. She remembers the Christmas programs at the country school and churches when she was young were more about Jesus' birthday than Santa Claus. They consisted of Christmas songs and recitations the kids memorized. She can recall playing an angel in one of the pageants. There was a man dressed as Santa who gave each kid a bag of candy at the school program.

As the oldest of seven kids, Mary helped a lot with the cooking at Christmas time. Family would come over for the Christmas meal of turkey, mashed potatoes, gravy, sweet potatoes and cranberry salad. One specialty was her dad's favorite treat from old England. He would steam plum pudding with raisins and currants for four hours and then make a sweet sauce that was poured hot over the pudding. The memories of the meals with the family was more important than the gifts.

For fun they would ski behind the pickup on country roads. The kids took turns with the one pair of skis and had to remember to throw the rope over the mailboxes as they passed by. After the lakes froze they would ski behind the pickup on the flat surface as there

were no hills to be found where they grew up.

When Mary went to nursing college in Chicago her parents mailed her a Christmas dinner in dry ice one year. She cooked it and shared it with her nurse friends who were all far away from their homes over the holidays.

Jean is 94 years old and grew up on a farm with her twin sister and one brother. The family endured lean years but her parents always made it a special day for the kids and managed to have some toys for gifts along with clothes and games. She recalls a baby doll for a gift one year.

The family would go to church on Christmas eve and then on Christmas morning would wake to open gifts. The Christmas meal included ham, pork roast, potatoes, chocolate milk and pies. Activities were always playing games as a family. They included Yahtzee and card games like Old Maid. One of her favorite treats was the chocolate cake her mom would bake.

Arletta is 89 years old and grew up living in town with her five brothers and sisters. She remembers going to church on Christmas eve and the next day all her uncles, aunts and cousins went to grandmother's house for a big meal. There would be 30 to 40 all packed in the house together. Her grandmother cooked on a wood stove and served turkey, dressing, cranberry bread and apple pie. There would also be homemade ice cream in the afternoon.

Presents were pajamas and books for the girls and toy car, trucks and farm machinery for the boys. Her favorite was a handmade doll with a china face.

After the noon meal the adults would sit around the table and play 500 while the kids headed outside to slide down the nearest hill on sleds and toboggans.

Bev is 94 years old and was an only child growing up in town during the Great Depression era. Christmas was a big event at her parent's house and her mother baked all sorts of wonderful holiday foods. She got to open her gifts Christmas eve and her favorite gifts as a child were dolls and a doll buggy.

She especially remembers school and church Christmas programs where each child would memorize a piece to be recited in front of the parents.

Christmas day they would get in the car and drive to a relative's farm for a big meal and afterwards she played outside with her cousins.

## OBITUARY

### Mark Anthony Ryan

Mark Anthony Ryan, 67, of Zumbrota, passed away peacefully at his home on Friday, November 10, 2023. He was born in Zumbrota on October 2, 1956, to Donald and MaryLou (Majerus) Ryan. He grew up in Goodhue and graduated from Goodhue High School. Mark was united in marriage to Leia Zimmermann on June 20, 1992 in Mazeppa. He went on to the Rochester Vo-Tech and studied auto mechanics. He worked as a foreman at Dairy Farmers of America for 36 years, until his early retirement due to health issues. He loved traveling, going deep sea fishing in Cabo San Lucas, MX, spending time in Arizona, and going on cruises. He had a passion for cars. His favorite days were family days at home, spending time with his children and grandchildren. He always put a smile on other peoples' faces regardless of his situation. He was a



member of the Goodhue Lions Club for one year.

He is survived by his loving wife, Leia of Zumbrota; four children, Nichole (Tom) Rude of Zumbrota, Josh (Brittany) Ryan of Spring, TX, Jordan (Renae) Ryan of Plainview, and Courtney (Andrew) Sonquist of Clear Lake, IA; ten grandchildren, Kirt, Braelynn, Carlie, Brody, Parker, Logan, Charlotte, Jackson, Eli, and Ella; his parents, Donald and MaryLou Ryan of Goodhue; seven brothers; and four sisters.

He was preceded in death by his maternal grandparents, Bert "Chief" and Adeline Majerus; paternal grandparents, William and Cecelia Ryan; and his father and mother-in-law, Wayne and Lorraine Zimmermann.

Private services for burial and celebration of life have been made.

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*Merry Christmas*

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Best wishes to you and your loved ones this Christmas and always!

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## CWD Detected in a Wild Deer Near Wabasha

By Minnesota DNR

A deer harvested during the opening weekend of firearms season near Wabasha in southeastern Minnesota has tested positive for chronic wasting disease.

The hunter harvested the adult male deer in deer permit area (DPA) 342, within the southeastern Minnesota CWD surveillance zone where hunters were required to have their deer tested for CWD during the opening weekend of firearms season.

The Minnesota Department of Natural Resources had added DPA 342 to the CWD surveillance zone this year in response to detections of CWD in wild deer in bordering Buffalo County, Wisconsin in 2022.

“This discovery in southeastern Minnesota, while unwelcome news, highlights the importance and necessity of our disease surveillance efforts,” said Erik Hildebrand, Minnesota DNR wildlife health supervisor. “We truly appreciate hunters’ help in combatting CWD by getting their deer tested for CWD when required and complying with carcass movement restrictions. Results of these efforts help limit

disease spread and protect the health of Minnesota’s white-tailed deer.”

With the new discovery, the DNR’s current CWD response plan calls for three years of mandatory testing to help determine the potential prevalence of the disease in DPA 342 and surrounding DPAs.

Much of southeastern Minnesota includes areas where CWD has been found in wild deer, or areas that are considered at risk for disease transmission. Statewide, the Minnesota DNR has tested more than 130,000 deer since 2002. As of Nov. 27, 236 have tested positive. Most of those cases occurred in southeastern Minnesota. These data indicate the disease remains relatively rare in Minnesota.

Within DPAs where CWD has been detected, the DNR uses multiple management actions designed to help mitigate disease spread, including carcass movement restrictions, dumpsters, a deer feeding and attractants ban, and sometimes increased hunting opportunities with increased bag limits.

Complete CWD test results are available on the Minnesota DNR’s CWD test results webpage. Any additional deer harvested during the 2023 deer seasons in Minnesota that test positive for CWD will be reported on this webpage. The DNR will directly notify any hunter who harvests a deer that tests positive.

CWD affects cervids, which include white-tailed deer, moose and elk, and has no known



cure. It is found in more than half of the states in the U.S.

More information about CWD, what the DNR is doing to limit disease spread and pro-

tect the health of Minnesota’s white-tailed deer, and information for hunters about current and upcoming hunting seasons, is available on the Minnesota DNR website.

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## Missy's Managing the Manor

A monthly read with tips and tricks (that work for me) on my quest to becoming more organized while decluttering.

**Just 15 minutes or a 3 minute reset!**



By Missy Papenfus

Many years ago, I gave myself three tasks to do to keep our house in order on my to do list: Cleanup, dishes, and laundry. Does that mean I do each task every day? Heck no.

I hate doing dishes. At the cabin, we have no dishwasher, but I really don't mind doing dishes at the cabin. At home, I keep pretty good track of filling and emptying the dishwasher, when I can. My hubby and I share this job, but I admit he gets stuck emptying the dishwasher a lot in the mornings, because he is the one who makes breakfast, while I am exercising and getting

ready.

I toss a load of clothes in the washer before I exercise, so I can put them in the dryer when I am done exercising, and Mike typically folds most of the laundry.

Sometimes it seems like just 15 minutes is too long to clean up, and I have found that doing a quick pickup before I leave a room has made the most impact. The last person to wake up, makes the bed. When I leave the living room, I put the remotes back and fold blankets. I have a basket on the counter in the bathroom and put stuff away as soon as I am finished using it. I would never leave trash, plates, or glasses sitting out. I take them to the kitchen right away.

If there is a task I am putting off, I try to dedicate 15 minutes to get a good start on it and break it down into a smaller tasks, so I can at least get a good start on it. It doesn't have to be perfect, I tell myself to just get to work and make some progress.

Stay tuned for next month's topic: Freezer organization  
There's so much to do, so little time. Bye for now!

We're All Geared Up to  
Wish You a  
Merry Christmas

Thanks so much for your business  
at the holidays and all year.

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## Watch Out for Black Ice

By Wabasha County Public Health

Winter has arrived! With the snow, wind and cold temps comes the possibility of a dangerous driving condition – one that can seem invisible. Black ice creates the appearance of a wet surface but it's actually a thin, transparent layer of ice that can form on roads and bridges. Black ice forms when melting snow refreezes or when rain, drizzle, mist or fog

freezes. It's most common at night and early morning when it's dark and temperatures are lowest. It can form in tunnels and other shaded areas, on overpasses and bridges, and near lakes and rivers. The hazard can also form when snow temporarily melts from auto exhaust emissions or tire heat from vehicles stopped at intersections, for example, and from moisture vapors given off by industries located close to the highway.

Motorists should remember to:

Slow down on bridges, overpasses and tunnels, and in the early morning when the air temperature is rising faster than the pavement temperature.

Avoid applying brakes on ice as it may



cause a vehicle to skid.

Do not use cruise control during winter driving conditions.

Use a safe speed for winter driving conditions, regardless of the posted speed limit.

Keep a safe stopping distance from the vehicle in front of you.

Be alert.

Black ice is an invisible hazard that catches drivers off-guard and contributes to crashes, so be sure to keep both hands on the steering wheel, eyes on the road and attention on driving.

## A Monthly Moment at MotoProz

Another good Maisy the dog story...

My mom and I planned to go for a walk and grab a coffee from Jo's Coffee Truck down the street one morning. Mom came in, and I put her to work. She helped put stamps on some postcards, so we could take them to the post office on the way to Jo's Coffee Truck.

Maisy, the black golden doodle, knew we would be going for a walk. She whimpered and whined the entire time we were putting stamps on. She usually doesn't whine, but she wanted to make sure we didn't leave for our walk without her! Of course, she got to go with and she did not whine the rest of the day.

### Memo from MotoProz

Ready for snow? Check out our new and used snowmobiles at MotoProz in Mazeppa or online at [www.MotoProz.com](http://www.MotoProz.com). Get em' while we got em'! Why shovel snow? Buy a plow! Check out our new and used inventory of ATVs and Prowlers. Shop MotoProz for all your Christmas gifts. We've got something for everyone in the family in addition to great sales running before Christmas! We also have gift cards available!

## MERRY CHRISTMAS

Best wishes to you and yours for a festive, fun, happy and healthy holiday season and new year!



339 1st Ave. N. • Mazeppa, MN • 507-843-2855 • [www.MotoProz.com](http://www.MotoProz.com)

## MISSY'S MESSAGE



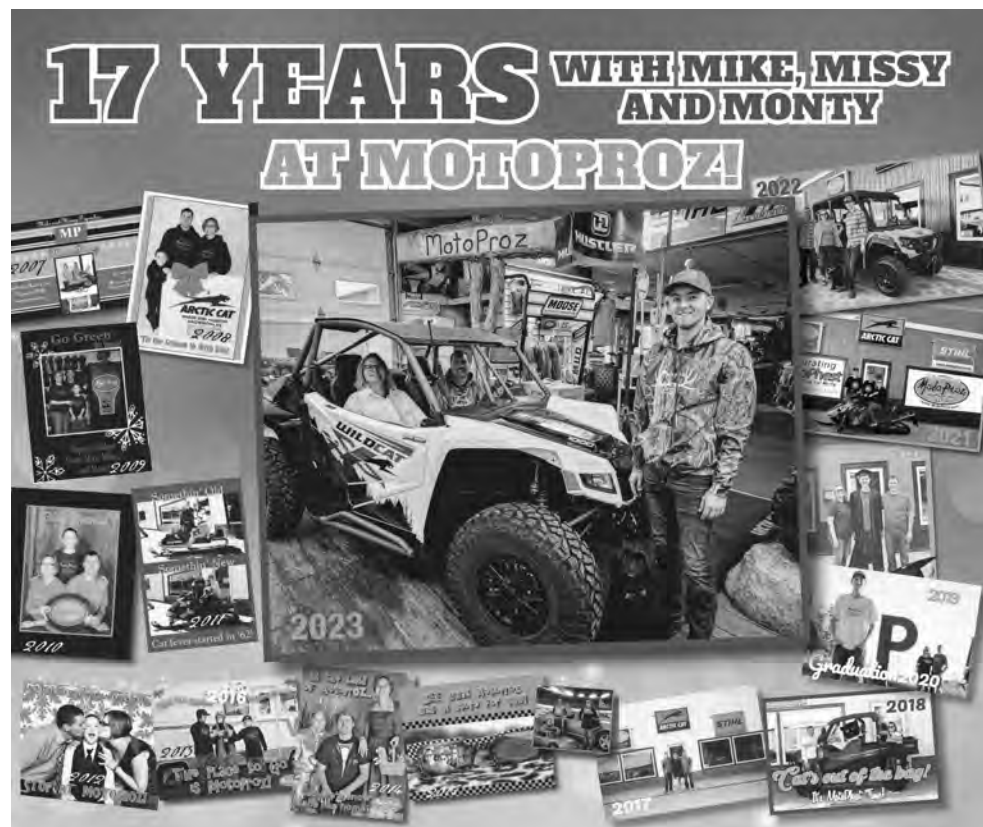
MISSY PAPERFUS

### CHECKING IN - AGAIN

Reporting back on my strength training from last month, I've managed to be consistent completing more workouts each week using the fiton app and participating in some live exercise classes online at home, since last month in addition to daily walking, and sneaking in the shorter walks throughout the day when I can.

The time change has definitely helped me get up earlier without a problem. I even completed a couple SAM workouts and I wasn't ready to fall asleep at the end of the day! The past couple months, I have been trying to drink two glasses of water right away in the morning. The days I do that, I seem to not have any trouble getting in my personal goal of 8 glasses of water total for the day.

Missy and her husband Mike own MotoProz in Mazeppa.

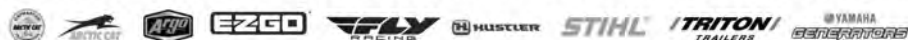


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## Goodhue County 4-H Dairy Judging Team Places 1st in Nation

2023 was another very successful year for the senior dairy judging team from Goodhue County. The team placed first at the Minnesota State Fair which advanced them to the national competition at World Dairy Expo.

They also took first place honors at World Dairy Expo on October 1st, 2023 - edging out Missouri 4-H by nine points. Goodhue County 4-H member Natalie Clemenson tallied three top-five breed finishes en route to winning the placings portion of the contest. Clemenson also became the high individual of the contest with an average of 47.7 on the day's 10 classes and five sets of reasons. Minnesota was the high team in placings as well. In addition to Clemenson, Evelyn Scheffler won Jerseys and finishing fourth in Holsteins to be the third individual in placings. She finished in third overall. The team was completed by Calvin Benrud and Caryn Miklas and coached by Tony Scheffler, Maizie Scheffler, and Emily Mollenhauer.

As a result of winning the National 4-H Dairy Judging Contest, the team has been invited to participate in two international judging competitions during the summer of 2024: the Royal Highland Show in Scotland and the

Clonmel Agricultural Show in Ireland.

The Goodhue County 4-H Dairy Judging Team is part of the county dairy project, which consists of about 40 members. Goodhue County has one of the largest and most successful 4-H dairy judging programs in the state. Our teams are coached by volunteer dairy project leaders from Goodhue County. Older team members also serve as mentors to younger youth.

Dairy judging involves evaluating and ranking classes of dairy animals on trait characteristics. Each class consists of four animals of the same age and breed. Youth are given 15 minutes to judge each class and to take notes to give an impromptu speech, or reasons, to defend their placing. They are given 20 minutes to prepare their reasons which must be memorized.

4-H youth practice dairy judging 1-2 times per week in the summer months. Contests are held at county fairs and the state fair which enable youth to further develop their judging

skills. Youth are ranked on individual score and their scores are also combined with those of their teammates (4 on a team).

Dairy judging programs are an excellent way for youth involved in 4-H to develop valuable life skills such as critical thinking,

organization, decision making, time management, and public speaking. Participating in dairy judging helps youth to build self-confidence, work as a team, and learn from as well as teach others.



L-R: Coach Maizie Scheffler, Coach Tony Scheffler, Evelyn Scheffler, Calvin Benrud, Natalie Clemenson, Caryn Miklas, Coach Emily Mollenhauer

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<p>4WD, crew cab, 6.75' box, 61,388 miles, white, power stroke 6.7 L V-8 turbo diesel #23133U</p> <p><b>Sale \$66,779</b></p>	<p>AWD, blue metallic, 7,598 miles, 1.5L ecoboost #23116U</p> <p><b>Sale \$27,999</b></p>	<p>AWD, 10,663 miles, red metallic, 2.0L ecoboost turbocharged #23160U</p> <p><b>Sale \$30,999</b></p>	<p>Supercrew, 5.5' box, 39,515 miles, white metallic, 5.0L V-8 #23147U</p> <p><b>Sale \$52,999</b></p>
 <p><b>2021 FORD EXPLORER XLT</b></p>	 <p><b>2021 FORD BRONCO WILDTRACK</b></p>	 <p><b>Call our service department to schedule your maintenance needs.</b> <b>Open Monday thru Friday 7:30am to 5pm.</b></p> <p>At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner. From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence.</p> 	
<p>4WD, blue metallic, 2.3L ecoboost #23164U</p> <p><b>Sale \$36,999</b></p>	<p>4 door, advanced 4x4, 18,527 miles, cactus gray, 2.7L ecoboost V-6 #23121U</p> <p><b>Sale \$58,999</b></p>		

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## Come enjoy Christmas Music at Goodhue Living

By Beth Brekke

Goodhue Living received a piano from one of the residents this past year. The instrument is in the community room and has entertained many with music.

The piano arrived in June with the help of friends moving it from Larry's Lake Zumbro home upon his request in memory of his wife, Sue.

The community is welcome to come and enjoy some of the many performances scheduled this holiday season.

Event dates using piano:

St. Luke Youth SWAG Caroling 12/6 at 6pm w/ Debbi St. John playing piano

Belle Creek Belles Caroling 12/7 at 10:30am

St. Luke Youth Christmas Program 12/10 at 8:30am

Goodhue School 6th Grade Choir 12/14 at 10:10am

Goodhue High School Choir 12/15 at 11:45am

Goodhue School 5th Grade Choir 12/15 at 2:30pm

St. John's School Christmas Program 12/18 at 1pm



Winter Merriment Gathering 12/21 4-7pm—Anna (10 yr old from Ukraine) 5:15-6:15pm

Piano players are here monthly. We're always looking for Piano volunteers to come in

and play when the piano is not in use. Please call Susie at 651-923-0015 to set up a time that you can play for our senior living community!

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Auction Location: 15460 180th St E, Hastings, MN 55033

**Bidding Opens on Monday November 27, 2023 at 8:00 a.m.**  
BIDDING STARTS CLOSING:  
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COMPLETE DETAILS & BIDDING AT:  
[www.maringauction.com](http://www.maringauction.com)

**INSPECTION DATES:**  
November 30 & December 1 • 8:00 a.m. to 4:30 p.m.  
Thursday & Friday December 7 & 8 • 8:00 a.m. to 4:30 p.m.  
Thursday December 14, • 8:00 a.m. to 4:30 p.m.

**BUYERS MUST REMOVE GRAIN FACILITY ITEMS BY AUGUST 1, 2024**  
Bidders/Buyers Must Check-In To Main Office Prior To Viewing Items & Wear Hi-Vis Onsite

**2017 Grain Handler Dryer, Grain Legs, Conveyors, Distribution Head & Tubes**

2017 Grain Handler 2414 Grain Dryer, DM 510 Dryer Control, Temp Monitoring System, LP Gas, 6 Fans with 20HP 3 Phase Motor, 460 Volt, 200AMP, 60Hz, Good Condition; 2017 Grain Handler 55' Grain Leg, 5500 Bushel Per Hour, 15HP 3 Phase Drive Motor, 24" Head Pulley, Watch Dog Controller, 17"x13" Trunk; 2017 Grain Handler 135' Grain Leg, Wet Corn Leg, 10,000 Bushel Per Hour, 36" Head Pulley, 60HP 3 Phase Drive Motor With Soft Start, 18"x14" Trunk; 2017 Grain Handler 120' Dry Corn Grain Leg, 5500 Bushel Per Hour, 25HP 3 Phase Drive Motor, 24" Head Pulley, 17"x13" Trunk; 10'X10'X120' Support Leg Tower, Installed 2017, Leg Head Platform, Distribution Platform, Switch Back Stairs; 2018 Grain Handler Model 145 100' Operational Length Drag Line Overhead Conveyor With Catwalk And Support Towers, 114' Overall Conveyor Length, 5000 Bushel Per Hour, 15HP 3 Phase Motor, 150' Of Catwalk, Including 3 Support Towers; 2017 Grain Handler Model 145 Drag Line Conveyor, 55' Long, 5000 Bushel Per Hour, 7.5HP 3 Phase Drive; 2017 Grain Handler 10' Drag Line Conveyor, 5000 Bushel Per Hour, 3 Phase Motor; 2017 Grain Handler 15' Drag Line Conveyor In Pit, 1.5HP 3 Phase Motor, 10,000 Bushel Per Hour; 2017 Rapat Distributor 10 Duct Double 16" With Electric Swing-Flo, All Electric Controls; (9) Distribution Tubes, 14" & 12" Diameter, From 95' to 47'

**(7) Grain Bins, Overhead Fill Station, Wet Holding Bin, Grain Pit, Aeration Fans**

Chicago Grain Bin, 48' Diameter, 22 Rings, 32" Rings, 89,724 Bushel Capacity; (2) Cadwell Centrifugal Aeration Fans, Side Draw With Stair and Platform, 10" Vertical Unload Auger; Chicago Grain Bin, 48' Diameter, 18 Rings, 32" Rings, 73,856 Bushel Capacity, 2 Roof Vents, (2) Aeration Fans, 10" U-Trough Unload With 7.5HP 3 Phase Motor, Side Draw With Platform & Stairs; (3) Chicago Grain Bins, 48' Diameter, 10 Rings, 32" Rings, 43,275 Bushel Capacity, Roof Vents, (2) Aeration Fans, 10" Unload; Herd King Grain Bin, 32' Diameter, 16 Rings, 30" Tall Rings, 25,126 Bushel Capacity; 34,715 Capacity Grain Bin, 32' Diameter, (5) 8' Rings; Cone Bottom Wet Holding Bin, 24' Diameter, 18 Ring, 20,200 Bushel Capacity, Stiffened, Ladder With 2 Access Doors; Overhead Fill Station With (2) 14' 7 Ring Hopper Bins With 16' wide by 30' long by 18' tall Metal Structure With Platforms and Ladder, Hopper Bins Are 2,984 Bushel Capacity; (2) 2016 Sukup Centrifugal Aeration Fans, 460Volt 10HP 3 Phase Motor, 1750 W/C, Good Condition

**2002 Bulk Feed Trailer, 2002 Hopper Trailer, Swing Hopper Auger, Fertilizer Tender, Chassis Trailer**

2002 Sudenga Bulk Feed Trailer, 40', Aluminum Body, 8 Compartment, Front Unload With 28' Discharge Auger, Hyd. Controls; 2002 Wilson Commander DWH-5010 Hopper Bottom Grain Trailer, 42'x66'x96", Roll Tarp, Ag Hoppers, Belt Openers, 11R24.5 Tires, Steel Rims, Spring Ride; Westfield MK130-71 Swing Hopper Grain Auger, Hydraulic Lift, 540PTO; B&B Tri-Axle Chassis Semi Trailer, Tandem Axle With Air Pusher Axle, Spring Ride, Air Brakes; Wilmar 16 Ton Double Compartment Fertilizer Tender, Side Shooter, Hydraulic Controls, Roll Tarp; Stainless Steel 30' Double Belt Conveyor, Electric Motor, On Transport; Stainless Steel 10' Jump Belt Conveyor, Electric Motor

**REMOVAL DATES & REQUIREMENTS:**  
Buyer will have until August 1, 2024, to remove items. The cost of getting item(s) loaded, removed or down from current location is solely the buyer's responsibility. All items must be removed by a licensed and insured crane operator or rigging company. Please have the paperwork sent to River Country CO-OP or the Auction Company. River Country CO-OP will need to approve all companies or individuals who will be removing overhead or grain bins. Buyers will be given contact information to River Country CO-OP following the end of the auction for this. We suggest you use Brad Smith of Marquette Grain Systems for removal and loading. He is the one who installed all grain equipment and is willing to coordinate crane service to lower items and loading for all buyers.

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**LIVE & ONLINE VERY LARGE FARM ESTATE AUCTION FOR LAWRENCE SCHWEICH ESTATE, L&B SCHWEICH PROPERTIES L.L.P.**

**December 7, 2023 ..... 9:30 AM**  
Northfield, MN  
John Deere 9520R 4WD, (2) Case IH 380 RowTrac MFW, Case IH 420 4WD, John Deere 5046R, Case IH 165 Pump, Case IH 120C, JD 4440, JD 4020, Case IH 9250 Combine, Corn & Bean Head, Case IH 2000 Series 24 Row 30" Planter, Case IH 500T Drill, John Deere 455 Drill, Case IH 255 Field Cultivator, John Deere 2730 Ripper, Cat D4K Dozer, Cat 320C Excavator, Lion Dirt Scraper, JLG Boomlift, Lull Telelift, Bobcat E35 Excavator, 2011 Mack 613 Day Cab, 2021 Timpco Grain Trailer, Mac End Dump, Westfield Augers, Brent V788 Grain Cart, Schaben Applicator, VRX Grain Vac, Grain Trucks, Lawn Mowers, UTV's, Vehicles, Gator, Flatbed Trailers

**December 14, 2023**  
Kenyon & Dexter, MN  
Online Only Area Farmers Consignment Auction, Tractors, Combines, Semi's, Trailers, Construction Equipment, Planters & Tillage Equipment, Livestock Equipment, Pickups, Cars, ATVs And Farm Support Items  
**Bidding Begins: .... Dec. 5, 2023**  
**Starts Closing: ..... Dec. 14, 2023**

**ONLINE ONLY COMPLETE GRAIN FACILITY FROM RIVER COUNTRY CO-OP**

**December 15, 2023**  
Hastings, MN  
Grain Handler (H2414 LP Grain Dryer, (3) Grain Legs, (7) Grain Bins With Full Floors, Wet Holding Bin, Overhead Load Bins, Distribution Heads, Distributions Tubes, Conveyors, Augers, All Items To Be Removed By August 1, 2024, 2002 Cornhusker Grain Trailer, Westfield MK130-71 Auger, Wilmar Fertilizer Tender, B&B Semi Trailer Chassis  
**Bidding Begins: .. Nov. 27, 2023**  
**Starts Closing: ..... Dec. 15 2023**

**REAL ESTATE & PERSONAL PROPERTY AUCTION FOR TUPY ESTATE**  
**December 11, 2023**  
Owatonna, MN  
Beautiful 3 Bedroom Rambler Country Home On A Nice Half Acre Lot Just Outside Of Owatonna, MN On Hard Surface Road, 2,100sq. ft. Move In Ready Home. One Owner 1950 Ford Custom 2 Door, Frame Off Restoration, 2015 Cadillac SRX SUV, Lawn & Garden Equipment, Woodworking & Metal Working Tools, Air Compressor, Modern & Antique Furniture, Glassware, Antiques, Collectibles, Household Items  
**Bidding Begins: ..... Dec. 2, 2023**  
**Starts Closing: ..... Dec. 11 2023**

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**CASE IH 9250 COMBINE AND HEADS**

'21 CIH 9250 RWD Combine, Front Tracks, AFS Connect, 185 Sep/275 Engine Hrs, Field Tracker, Long Double Folding Auger, Pro 700, Deluxe Cab, Camera, Power Plus CVT; '21 CIH 4412 12R30" Folding Corn Head, Field Tracker, Chopping; '22 Case IH 3162 Series II 35" Draper Head, Crary Air Reel, Field Tracker; Stud King 38" & Stomper Stud 36" Head Trailers

**CASE IH 420, (2) CASE IH 380 ROWTRAC, CASE IH PUMA & 120C**

'18 CIH Steiger 420 4WD, 605 Hrs, R46, Deluxe Cab, PS, Pro 700, PTO, 6 Hyd., High-Cap Hyd. Pump; '19 CIH Magnum 380 MFWD Rowtrac, CVT, 486 Hrs, CVT, Nav, R38 Front Duals, 25" Tracks, 3pt., PTO, 6 Hyd., Hi Flow, Pro 700, Deluxe Cab; '18 CIH Magnum 380 CVT Rowtrac, 1406 Hrs, R38 Front Duals, 25" Tracks, 6 Hyd., Hi Flow, PTO, Nav, 700 Display; '20 CIH Puma 165 MFWD, 490 Hrs, Deluxe Cab, ECO CVT, 3 Hyd., PTO, 3pt., Weights, 480/80R42; '18 CIH 120C Farmall MFWD, 353 Hrs, Deluxe Cab, 2 Door, 12/12 Trans, 3pt., 2 Hyd., PTO, L630 Hyd. Loader, Joystick, Weights

**CASE IH 2150 PLANTER & 500T ARS, JD 1560, TENDER, ROW CROP CULT.**

'18 CIH 2150, 24R30", Center Fill, Liquid Fert., Down Force, Markers, One Owner; '19 CIH Precision Disk 500T Air Seeder, 40", 10" Spacings, Center Fill, One Owner; JD 1560, 15' x 7.5", Grass Seeder, Low Acres; Kinze 2600, 12R30", Liquid, Corn & Bean; WilRich 12R30" Row Crop Cult., Like New; Hitch Doc SC 2200 Seed Tender, 2 Box

**CASE IH 335 VT & 255 TIGER MATE, JOHN DEERE 2730, SCHABEN SIDE DRESSER**

'20 CIH 335 VT Disc, 31', 7.5" Spacings, Basket, Command Leveling; '19 CIH 255 Tiger Mate FC, 40", Harrow, Basket; '18 JD 2730, 9 Shank, Disc Levelers, Harrow; '21 Schaben Side Dresser, 1000 Gal., 16R30"; (2) DMI 2500 5 Shank Rippers, Levelers; Wilrich 2800 FC, 18.5'; '15 RiteWay FFS 42.5" Roller; L&D 1000 Gal. Water Wagon; 900 Gal Water Wagon, Tandem Axle

**TRACK GRAIN CART, AUGERS AND GRAVITY BOXES**

'21 Unverferth Extreme 1319 Track Grain Cart, Seal; Brent 782 Grain Cart, Tarp; (2) EZ Trail Wagons, Model 3400; Harvest 550 Bu. Wagon, Tarp; J&M 350-20 Wagon, Poly Auger; Nu-Bilt 200 Gravity Box; REM VRX Grain Vac, Flex & Rigid Pipe; Farm King 10" Jump Auger; Westfield MK130-111 & MK100-91 Swing Hopper Augers; Buhler Farm King 10"x70" Swing Hopper; Westfield 8"x51" Swing Hopper; Harvest International A10"x32" Swing Hopper; Harvest International T10"x32" Auger; Westfield WR80-41 Auger; Convey-All T-C28 Belt Conveyor

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'79 JD 4440, 1910 Hrs, PS, 2nd Owner; 1966 JD 4020 Dsl, PS, Older Restoration; IHC 766 Dsl, 9283 Hrs, Fenders; Farmall 460, Fast Hitch; IHC 666, WF, Fenders, TA; Farmall M & H; Oliver Super 77, Professionally Restored; Farmall Cub, 1 Row Cult.; Ford Golden Jubilee, Professionally Restored

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JD 6620 Titan II, 2586 Hrs, Chopper/Spreader; JD 643 Corn Head, 6R30"; JD 920 Bean Head; Unverferth & EZ Trail 20" Head Trailers; JD HX15 Bat Wing Mower; CIH 900 Cyloco Planter, 6R30"; JD 400 Rotary Hoe, 15"; Buhler Farm King 8" Blade; JD 3x16's Plow; IH 2x14's Plow; IH 1 Bottom Plow; King Cutter 5' Blade; Buhler Finishing Mower, 6'; JD 12' Spring Tooth Digger; Frontier 6' Box Blade

**1939 FORD F1 PICKUP, MERCEDES, UTVs, FUEL TANKS**

'39 Ford F1 Pickup, Flat Head V8, Restored; '92 Mercedes 500 SEL, V8, Loaded; 2022 Argo Avenger Amphibious 8x8; '11 JD Gator, 825i, 2x4, 1485 Hrs; '17 JD Gator, 6x4, 136.6 Hrs; '16 Honda TRX250 Recon ATV; 1000 & 500 Gal. Dsl Tank, Elec. Pump; 550 Gal Fuel Tank, Trailer, 12V

**INSPECTION DATES:**

Friday December 1, 2023 - Auction Date from 9:00 a.m. - 4:30 p.m. Daily, No Exceptions

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## A Strong Immune System



By Noel Aldrich, PhD, CNS  
Licensed Nutritionist

As we move into the winter months, there is a steady increase in colds and flu reported throughout the country. This yearly cycle of illness has become almost routine to the point that many expect to get sick and just believe it is an unavoidable fact of human existence. However, another amazing fact about human existence is the complex immune system existing in each one of us. Your immune system is the built-in defense process that works to keep you alive. Without this immune system, you would not be alive today. This system is constantly guarding against germs and invaders that want to take advantage of you. We need to become more aware of how this immune system works and how to support the important work it does.

White blood cells are the “troops” on the front line of your immune system. There are many types of white blood cells, just like

there are different branches of the military. Each type of white blood cell does a specific job to protect your body. Just like our military men and women, these white blood cells need food to be able to keep doing their job well. When specific nutrients get limited, then the white blood cells will not be able to complete the job well. To keep your front line “troops” in top condition for the winter season, you need to make sure these cells are getting the nutrients they need.

Some of the key nutrients include:

**VITAMIN C** – one of the least expensive vitamins on the market and an essential nutrient to help the white blood cells eliminate bacteria and germs. Early in the COVID pandemic Vitamin C in high doses was identified as a helpful nutrient to reduce symptoms. Intravenous Vitamin C was used in hospitals to help reverse the downward health spiral of many patients. Best food sources of Vitamin C include: Bell peppers, broccoli, kiwi, whole oranges, and strawberries. Vitamin C chewable tablets with bioflavonoids will be a higher quality choice for supplement. I do not recommend orange juice because the high sugar content of the juice will make the white blood cells sluggish.

**VITAMIN D** – is a fat-soluble vitamin essential for balanced cell activity. This vitamin is able to enter the nucleus of the cell to turn on and off important processes. We learned from the pandemic that those individuals who had 30 ng/ml or higher of Vitamin D in their blood did not need to go into the Intensive Care of the hospital for COVID treatment. Sources of Vitamin D include: Cod Liver Oil, Goose liver, salmon, sardines,

and whole eggs. The whole food choices listed are preferred to any fortified food source. More resources on Vitamin D are available at [www.grassrootshealth.net](http://www.grassrootshealth.net).

**ZINC** – is an essential mineral for a strong immune system. Current descriptions of virus infections suggest that a virus takes over a cell and forces it to replicate more virus particles. The COVID virus is described to produce excess spike proteins which begin to cause damage in the body. Zinc helps to stop this replication process before it gets out of control. Zinc is also essential for constructing the proteins that will fight against bacteria. Best food sources for zinc include: Beef, lamb, lentils, pepitas, and cashews. A zinc tablet of 15 mg / day is another way to supplement if you do not eat these food sources regularly.

While sugar is known as an energy source, it does not help the immune cells to get more work done. A 1973 study observed that when white blood cells were exposed to glucose sugar they slowed down and remained slug-

ish for up to 5 hours. The same study observed the cells were most actively attacking bacteria when there had been no sugar around for 24-36 hours. As you move into the holiday season, be attentive to how frequently treats are consumed and pay attention to your body signals. A glass of water will help your immune system more than another candy.

You only get one body in this lifetime. Make sure you take good care of it and do not wear it out sooner than necessary.

I can help you make healthy changes for 2024 with a personal food plan to generate health and improved quality of life. Contact me today to discuss your health goals for the new year.

Dr. Noel Aldrich, P.O. Box 167, Northfield, MN 55057

or send an email to: [nutritionproportion@gmail.com](mailto:nutritionproportion@gmail.com)

If you would prefer to meet for a personal consultation, you can contact me at [nutritionproportion@gmail.com](mailto:nutritionproportion@gmail.com), or check out my website at [www.nutritionproportion.net](http://www.nutritionproportion.net)

## Driving Hope and Change

*The Jewel Golf Club Doubles the Support for HOPE Coalition*



Red Wing, MN – November 14, 2023 – The Jewel Golf Club in Lake City offered a huge commitment to community spirit and engagement. The October fundraiser for HOPE Coalition raised \$5,200.00 for HOPE’s Wabasha office. The Jewel Golf Club generously matched this amount for an impressive \$10,400.

The golf tournament is specifically in October, Domestic Violence Awareness Month. The event aimed to shed light on the traumatic effects of domestic violence, which has generational repercussions. The golf event also expressed gratitude to first responders for their unwavering dedication to the public.

HOPE Coalition is an advocacy organiza-

tion helping people in crisis rebuild their lives from domestic violence, sexual assault, child abuse, or lack of basic needs. HOPE serves people in Goodhue and Wabasha Counties, plus western Pierce County, WI. The Wabasha outreach office is at 251 W. Main St., and is available at 651-565-4112. HOPE has a 24-hour crisis line for those experiencing domestic violence or sexual assault at 800-369-5214.

The Jewel Golf Club in Lake City offers a unique golf experience. The course winds throughout 800 acres of the picturesque Mississippi River Valley and features a three-stage practice facility, golf shop and full service restaurant and bar.

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## Unlocking Harmony: Embracing the 3rd Universal Law in Everyday Living



By Susan Hinrichsen  
CHC, CLC, MC  
susiecoaches@gmail.com

In a world filled with chaos and constant motion, the search for balance and harmony becomes a universal pursuit. Many turn to ancient wisdom and spiritual principles for guidance, and one such guiding light is the 3rd Universal Law. Rooted in the belief that energy flows where attention goes, this law offers a profound path to finding equilibrium in our lives.

### Understanding the 3rd Universal Law

The 3rd Universal Law, often expressed as "Energy Flows Where Attention Goes," is a fundamental principle that underscores the interconnectedness of our thoughts and experiences. It suggests that the focus of our attention shapes the energy around us and, in turn, influences the outcomes we manifest in our lives.

### Implementing the Practice

1. Mindful Awareness:

Start by becoming aware of your thoughts and emotions. The practice of mindfulness allows you to observe your mental landscape without judgment. Take note of where your attention naturally gravitates.

2. Positive Affirmations:

Consciously direct your attention toward positive affirmations. By repeating uplifting statements, you channel your energy into constructive pathways, fostering a more positive and harmonious environment.

3. Visualization Techniques:

Visualization is a powerful tool in implementing the 3rd Universal Law. Envision your goals and desires with clarity. Picture the life you wish to lead, and as you do, you're actively directing energy toward the realization of those dreams.

4. Gratitude Practice:

Shift your focus towards gratitude. Acknowledge and appreciate the positive aspects of your life. Gratitude not only redirects your attention but also attracts more of what you're thankful for.

### The Role of Life Coaching

While implementing the 3rd Universal Law into your life may seem straightforward, many individuals find value in the guidance of a life coach. These professionals specialize in helping individuals navigate the journey of self-discovery and personal transformation.

A life coach can provide personalized strategies, accountability, and support as you work to redirect your energy and cultivate a more harmonious existence.

Life coaching sessions often involve discussions about your goals, challenges, and the specific areas of your life where you want to apply the principles of the 3rd Universal Law. Through this collaborative process, you gain insights, develop actionable plans, and receive encouragement to stay on course.

In essence, a life coach serves as a trusted ally on your path to unlocking the full potential of the 3rd Universal Law, guiding you toward a life that reflects your deepest desires and aspirations. Whether you're seeking clarity in your career, improvements in relationships, or enhanced overall well-being, a life coach can provide valuable support on your journey to intentional living.

### The Call to Action

As we navigate the complexities of modern existence, the 3rd Universal Law stands as a beacon of hope—a reminder that we possess the power to shape our reality through the focus of our attention. By integrating this law into our daily lives, with the additional support of a life coach, we embark on a journey of self-discovery and transformation, unlocking the doors to a more harmonious and fulfilling existence.

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## Ask A Trooper

By Sgt. Troy Christianson of the Minnesota State Patrol

*Question: I just saw something about a Minnesota traffic safety program that's been around for 20 years. Can you talk more about that?*

Answer: Yes, here is some information we shared on our DPS blog: "Minnesota has seen a 32 percent reduction in traffic fatalities between 2003 and 2022, in part due to the Toward Zero Deaths (TZD) traffic safety program.



The Department of Public Safety joined traffic safety partners across Minnesota to mark 20 years of saving lives through the TZD program last week with a conference in Rochester aimed at keeping us all safe, whether you're a driver, passenger or pedestrian. In the two decades the program has existed in Minnesota, our model has gained national recognition and our roads have been considered some of the safest in the nation.

"Traffic statistics aren't just numbers. Each one represents a lost life that devastates the world of that person's family and friends," Office of Traffic Safety (OTS) Director Mike Hanson said. "The Toward Zero Deaths program has saved — and will continue to save — lives."

Minnesotans made significant progress over the years to reduce traffic fatalities, but the challenge now is to regain momentum in saving lives. Over the last 10 years, we haven't seen the consistent, significant reduction in traffic deaths compared to the first decade of the TZD program. The past three years have seen new challenges, such as the COVID-19 pandemic that led to less traffic and more speeding.

"These challenges are re-energizing us to find new ways to continue the progress of the past two decades," Hanson said. "Minnesotans expect and deserve safety on our roads."

The Minnesota legislature approved state funding this year to create the Advisory Council on Traffic Safety. The council is bringing together additional stakeholders and communities, and it's opening up state funding opportunities that didn't exist before. It'll give us more flexibility in local education and outreach and a formal way to tell lawmakers what needs to change to improve traffic safety.

We have stepped up traffic safety enforcement with projects such as Project 20(23) and Highway Enforcement for Aggressive Traffic (HEAT) patrols with the Minnesota State Patrol and other law enforcement agencies in the Twin Cities area and statewide.

The Minnesota departments of health, public safety and transportation, along with traffic safety partners statewide, are working to create a culture of traffic safety in our communities. But we can't do it without your help. Staying safe on our roads is as simple as driving the speed limit, never driving impaired and always paying attention."

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, [Troy.Christianson@state.mn.us](mailto:Troy.Christianson@state.mn.us))

## Tea bags: No Good. Pork Bad. Strawberries Excellent (right kind)



By Shauna Burshem, D.C.

Purchasing organic pork is the best bet for your health. The antibiotic carbadox is added to pig feed to prevent infections and fatten up the animals. Due to cancer concerns the drug has been banned in the European Union since 1999 and in Canada since 2006. China, Brazil, Australia and the United Kingdom have also banned the drug due to concerns over its cancer risks. A 2017 study found that carbadox consumption increased antibiotic resistance not only to carbadox, but also many other commonly used antibiotics. Or-

ganically raised pork is free of antibiotics as well as growth hormones. On November 7th, 2023 the U.S. Food and Drug administration announced they are considering withdrawing their approval of the drug in the animal feed. But based on past government announcements there is no telling how long or if their consideration will actually take place.

A research paper presented at the American Society of Nutrition proved that strawberries have health benefits for the heart, metabolic function and brain / cognitive health. Research from previous studies found that eating strawberries improved colon health and could reduce the symptoms of inflammatory bowel disease which includes afflictions of Crohn's disease and ulcerative colitis. Strawberries contain very important nutrients like vitamin C, potassium, magnesium and quercetin (which is an immune system booster). Sadly, strawberries are heavily contaminated with pesticides and have been ranked #1 on the list of the Dirty Dozen's most adulterated fruits and vegetables with pesticides. So, once again it is extremely important to only eat organic strawberries.

In the more bad news department, an analysis of tea bags found that those sealed in plastic release billions of particles of plastic with every cup that is brewed. Tea is a very important beverage that plays an important role in health. Tea contains antioxidants for health

as well as tea can boost brain function and cardiovascular health. The news gets worse though as tea contained in paper teabags are not any safer as the paper tea bag is infused with a known cancer causing agent. Don't despair there is an age old solution. Loose leaf tea brewed in a stainless steel tea ball or tea basket prevents this problem.

Flight attendants have a higher rate of cancer than people in other professions. Flight attendants have a 1.5 times increased rate of breast cancer, 2 times the amount of melanoma and 4 times the amount of non-melanoma skin cancer. Possible reasons for the higher risk is the disruption in circadian rhythm from irregular work schedules, exposure to carcinogens on the plane, fire retardant chemicals, jet fuel, high levels of cosmic ionizing radiation and electromagnetic radiation exposure.

In the "I get paid a lot of money to promote drug department," Kansas City Chief's star Travis Kelce was reportedly paid 20 million dollars from Pfizer drug company to promote the "Two Shots In One Go" campaign for getting the covid-19 shot and flu shot at the same time.

Speaking of the Covid-19 vaccine, the U.S. Army has reversed its policy on kicking out soldiers for refusing to get the Covid-19 vaccine. The icing on the cake is that the army is asking the soldiers who were kicked out to come back and rejoin the service as well as have a correction to their military record. The army dismissed about 15,000 soldiers during the Covid-19 vaccine campaign and

has been sending out recruiting letters to the dismissed troops.

Chiropractic and TRAP shoulder pain: Do you ever get a balled up knot in your upper back or shoulder area? Does it really bother you when you sit at the computer or on your phone for long periods of time? That balled up muscle knot is in your trapezius muscle. The traps are the muscles between your shoulder (deltoids) and your neck. It is a very big muscle and extends from the base of the skull, down the spine to the level of the shoulder blades then up to the AC joint of the shoulder and continues to travel through the side of the neck to the base of the skull. The muscle knots up frequently with over use such as bending your head forward, overuse of the arms above your head and high levels of stress. The traps are the most contracted muscle during times of stress. Trapezius muscle pain is one of the more common complaints in the chiropractor's office. Once the muscle tightens up, it pulls on the moveable bones of the spine creating a misalignment which causes instability in the area. This leads to muscle imbalance and nerve irritation causing pain and discomfort which can be a dull ache or a burning pain and sometimes much more. Chiropractic adjustments to the spine restores stability to the area, relaxing the muscle and relieving the pain. In addition, soft tissue work on the trap muscles such as as massage will relax the muscle to help the chiropractic adjustment hold the spinal bones in their proper position for your body.

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## Giving a Voice to Rural Entrepreneurs



**Tim Penny**  
So. MN Initiative Foundation

As a fifth generation southern Minnesotan, I like to say that I “bleed rural.” Not only have I lived here my entire life, but I have had the great fortune of serving rural Minnesota

throughout my career – first during my time in the U.S. Congress, and now as president and CEO of Southern Minnesota Initiative Foundation (SMIF).

Living in rural Minnesota comes with many benefits that have tied me to this place for so long. Even in the relatively larger cities of our region, like Owatonna where I live, there is a neighborly feel – I like that I can stop by the grocery store or the local brewery and run into people I know. We’re surrounded by natural beauty – from bluffs to lakes – and the cost of living is much lower than in larger cities.

In fact, a 2020 report from the Center for Rural Policy and Development found that wages in rural Minnesota can go further in meeting the cost of living compared to the seven-county metro area.

Despite the many benefits of living here, there are challenges, too, and it can feel like the “rural voice” is diminished or misunderstood. The Rural Voice, a statewide series supported by SMIF, three other Minnesota Initiative Foundations, Compeer Financial and Otto Bremer Trust, was created to act as a town hall style forum for community members to discuss and be heard about topics that

are top of mind to those living in Greater Minnesota: workforce, health care, mental health, social isolation and business development. Hosted by Kari Miller from Minnesota Public Radio, the most recent Rural Voice event was held at Schell’s Brewery in New Ulm about what it takes to build a business in rural Minnesota.

One of the things that we heard in this meeting is that rural entrepreneurs need mentors, financial resources, education and networks to support growth. Fortunately, SMIF, in addition to our partners at the Small Business Administration, SCORE and the Small Business Development Centers, Region Nine Development Commission and local chambers of commerce (to name a few) are well-positioned to help entrepreneurs in all of those areas, either through our own programming or as a connector to our partners. At SMIF, we offer lending and equity opportunities, technical assistance and peer networks, supporting nearly 1,000 entrepreneurs annually.

Another thing that stood out to me during this session was the number of young people who either decided to stay in rural Minnesota or moved here. For some, work from home opportunities have allowed them to live where they want to live instead of where their work is located. For others, like Tristan Blue, owner of Big Hitter Games in Lafayette, rural living has drawn them to the region to start businesses. Tristan shared that his desire to be closer to his family brought him from Minneapolis and Milwaukee to the Mankato area in 2014.

When the pandemic began, he began reevaluating his career (he had been working in the service and construction industries while also performing as a musician). Tristan used the time as an opportunity to explore his childhood dream of creating video games which

eventually turned into a business. Due to the online accessibility of partnerships for indie game developers, Tristan found rural Minnesota an easy place to locate his business. When he and his wife had their first child in 2021, they were ready to buy a home and were motivated to move to Lafayette due to the affordability, proximity to his wife’s job in St. Peter, the geography and history of the area, and the small town experience for raising a family. This is one example of many entrepreneurs moving to the region that I have heard in recent years.

I was also struck by the number of newer businesses that draw tourists to rural Minnesota – breweries, distilleries, wineries. Those types of businesses, combined with the natural beauty of our region, and our charming downtowns, can culminate in an economic boost for small towns. According to Explore Minnesota Tourism’s Leisure and Hospitality Industry report, our 20-county southern Minnesota region generated \$2.7 billion in gross sales and \$93 million in state sales tax in 2021, supporting 28,000 private sector jobs. At SMIF, we have seen the success of tourism businesses through many of our loan clients – from Pleasant Grove Pizza Farm in Waseca to Black Frost Distilling in New Ulm. I’m convinced that the more people who visit here, the more people who will want to move here.

Whether you move here to start a business, or are an entrepreneur already living in southern Minnesota, SMIF is here to play a supporting role. Entrepreneurs are going to keep our corner of the state vibrant – they will create the jobs of the future. Personally, there is no place I would rather be than in rural Minnesota.

You can listen to a recording of the Rural Voice event at [mprnews.org](http://mprnews.org).



GOODHUE

## Christkindlmarkt

GERMAN CHRISTMAS MARKET

Stroll through outdoor stalls in beautifully decorated downtown Goodhue

---

**Saturday, December 2, 2023**  
**11:00 AM – 3:00 PM**  
**2nd St, Downtown Goodhue**

featuring

**GERMAN FOOD & BEVERAGES**

**ARTISANS   CRAFTERS   VENDORS**

**CHILDREN'S ACTIVITIES**

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Participating downtown merchants welcome your visit during the event.

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Saturdays: November 25, December 2, 9  
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Hours: 10:00a.m. to 5:00p.m.

*Take a drive in the country and shop in our log cabin filled with crafts and antiques!*



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Email: [cabincrew@frontiernet.net](mailto:cabincrew@frontiernet.net)  
or call 507-649-1009

by Hays '16

## Why Are Democrats Wasting \$730 Million on Office Space?



Rep. Pam Altendorf (R) District: 20A

It was bad enough that Democrats wasted a \$20 billion budget surplus this year, and then raised taxes on Minnesotans by an additional \$10 billion.

Now we are learning that they are also spending \$730 million on themselves.

State officials recently indicated plans to renovate the State Office Building (SOB), which is the home where state representatives and their staff have their office space, will cost state taxpayers the astronomical \$730 million, with interest alone calculated at \$275 million.

This is an egregious insult to taxpayers,

many of whom are just now learning about this glaring abuse of their dollars after Democrats put the project's wheels in motion on a party-line vote late last year. Democrats formally introduced and approved the project in just one day, without the public debate, scrutiny or transparency a proposal of this magnitude warrants.

Such shameless Democrats actions come at a time Minnesotans continue to struggle with higher prices for everyday essentials in this Biden-Walz economy. Maybe some of the price-point taxpayer pain could have been offset by providing meaningful tax relief for all Minnesotans with the state's \$17.5 billion surplus, but Democrats failed to do so.

When you think about the \$730 million being spent on the State Office Building, consider this:

The massive State Capitol renovation completed in 2017 was about \$310 million, less than half of the SOB project's cost.

Construction of an entirely new Minnesota Senate Building within the last decade was \$90 million, one-eighth of the SOB price tag.

The cost for the SOB project equals \$5.4 million PER House member.

This fiscal mismanagement would be bad enough if it were isolated, but it's not. Look at the light-rail project south of the Twin Cities that is years behind schedule and a billion dollars over budget. It was scheduled to be completed by 2018 for \$1.25 billion. Now, it sits at \$2.75 billion and is scheduled to be finished in 2027. There's also the renovation of the governor's mansion, which has grown from a \$7 million proposal to a \$12 million taxpayer bill.

This is just a sliver of the spending abuse;

we haven't even gotten to actual fraud under lax Democrat watch. It begs the question: When will Minnesotans hold Democrats responsible for promising popular things like tax relief and support for law enforcement, only to break those promises – including failing to fully eliminate the tax on Social Security – despite public support?

Gov. Tim Walz promised to provide Minnesotans huge \$2,000 rebate checks from the state's historic surplus. Then, he and fellow Democrats spent the money themselves instead of returning it to overcharged taxpayers.

The small rebate some Minnesotans did receive was temporary, but Democrat tax hikes are permanent. Minnesotans are paying even more to get their car tabs renewed, register their boats, buy gas, order online, buy a car and more. And workers face added taxes for

an untested paid-leave system that eliminates private paid-leave benefits many workers already had and liked.

Which brings us back to the \$730 million worth of fiscal insanity Democrats exhibited with the House's office renovation. Alternatives were available to adequately renovate the SOB at a lower cost to respect Minnesota taxpayers. Instead, Democrats refused to consider reasonable options to contain costs and plowed ahead with extravagant blueprints reportedly prepared by Manhattan architects with a main office on Park Avenue.

This is just one stark example of how Democrats are siphoning dollars from hard-working Minnesotans to fuel their own gluttony. It's time to stop feeding the ever-growing beast of big government. We must draw a hard line and let the Democrats know enough is enough.

## Teddy Bear Puppies for Sale

Family raised

Havanese, wormed, vaccinated,

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507-951-7417



# Historical Happenings

Compiled by  
Helen Reiland

THE MAZEPPA JOURNAL, Editor and Publisher: Barbara and Reider Tommeraas

FRIDAY, NOVEMBER 11, 1955

### William CROUCH PURCHASES NORTH SIDE CONOCO STATION

William Crouch of this village took over operations of the North Side Conoco Station last Friday to succeed Walter Reiland who had operated this business the past five years.

Mr. Crouch previously had sold the business to Mr. Reiland, after three years of ownership and since then has worked two years for Valley Motors, one year at Gruhlke's Station, one year with Ramthun Construction Co., and the past year and a half at the Pine Island Box Factory.

The new owner is well experienced in this business and best wishes are extended him.

### Weddings

#### AMUNDSEN-AREND

Grace Arend, Mazeppa resident for three years, and Glenn Amundsen, prominent Rochester business man, were married at 7 p.m., Wednesday evening at St. John's Evangelical Lutheran church. The Rev. Theo. Haar officiated.

For a number of years he directed operations of The B. Amundsen Company, paint firm which was founded by this father. His activities in the industry led to his serving in several official capacities with Minnesota Association of painting Contractors and ultimately led to his election as state president of that organization.

Prominent in the civic and fraternal world, Mr. Amundsen was mayor of Rochester from 1951 to 1953.

### WINFRED LARSON HEADS MAZEPPA FARM BUREAU UNIT

Winfred Larson was elected president of the Mazeppa Farm Bureau at a meeting at the Kenneth Tupper home, Oct. 18. Other officers are Harley Siems, vice-president; Clayton Pfeiffer, secretary-treasurer; home and community chairman, Miss Severa Goetsch; assistant

Home and community chairman, Mrs. Joe Ferber, reporter.

Otto Gerber, a member of the Minnesota Farm Bureau board of directors, was guest speaker.

The next meeting will be held at the Winfred Larson home, Wednesday evening, November 16. Harlan Pahl will give a talk on Rural Youth and Ennis Wood of Lake City will talk about what the farm Bureau is doing.

Winfred Larson and Lloyd Grossbach are on the program committee and the refreshment committee is Mrs. Larson, Mrs. Grossbach and Mrs. John Reiland.

### Lunde To Address Veteran's Banquet

The evening will begin with a turkey dinner, served by the Methodist Ladies Aid John Gruhlke, commander of the Legion will welcome the group. Robert Ramthun, chaplain, will give the prayer, followed by the playing of "Taps" by Gerhardt Gahler and the echo by Charles Robinson. Mrs. Leo Liffrig will extend her group's greeting.

Charles Robinson, Delores Sand, Adrienne Budensiek, Alan Grossbach and Mary Webster will present an instrumental number, under the direction of Harry Prouty.

L.R. Lunde, Lake City attorney, will give the main address of the evening. He will be followed by a girls' trio, Ann Gregoire, Janice Ramthun and Mary Webster.

The singing of "America will close the dinner program. A dance will then be held at Gahler's Nite Club, with the public cordially invited to attend.

### DRIVERS' TRAINING

The new drivers' training car has arrived. It is a new ford and has all the latest safety devices. The car is furnished through the courtesy of Valley Motors.

*Historical Happenings are taken directly from the archives of the original papers as printed. Any discrepancies need to be taken up the Editor and Publisher of the said papers, who are deceased.*



## Regular Meeting of the Mazeppa City Council Meeting Minutes

Wednesday, November 8, 2023

The regular meeting of the Mazeppa City Council was called to order at 6:00 PM by Mayor Chris Hagfors.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors, Council Persons Michael Hammes, Steve Liffbrig, Dustin

Wiebusch, and Erica Young.

Others Present: City Attorney Luke Lamprecht, City Engineer Matt Mohs, Public Works Director Scott Ellingson, Municipal Liquor Manager Todd Ihrke, Helen Reiland, Paul Stimets, and Administrator Clerk Karl Nahrgang.

Present via electronic meeting: Wabasha County Chief Deputy Jim Warren and Holly Galbus from the News Record.

Motion by Wiebusch, second by Young to approve the agenda and addendum. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to approve the October 11, 2023 regular City Council meeting minutes. All in favor, none opposed. Carried.

Public Works Director Scott Ellingson gave the monthly Public Works report.

Wabasha County Sheriff's Chief Deputy Jim Warren gave the monthly Incident Command Report. He inquired if the new contract had been considered. Council stated that it was up for vote at this meeting and asked for officers to watch for parking violations and get the message to violators to observe the signs in place.

Administrator Clerk Karl Nahrgang gave the Fire Department report.

Municipal Liquor Manager Todd Ihrke gave the liquor store report.

City Engineer Matt Mohs gave an engineering update.

Motion by Wiebusch, second by Liffbrig to order the abstract for the properties for alternate site one for the proposed WWTP. All in favor, none opposed. Carried.

A working session to discuss WWTP progress will be set for Wednesday, November 29, 2023 at 6:00 PM.

Karl Nahrgang gave a City Hall activities report.

Paul Stimets from the Zumbrota Mazeppa Wrestling Booster club requested to hold the drawing for the club's annual at the Z-M

Mazeppa facility.

Motion by Young, second by Wiebusch to allow Zumbrota Mazeppa Wrestling Booster club to hold their raffle drawing in Mazeppa. All in favor, none opposed. Carried.

Helen Reiland asked the Council to consider re-installing a stove in the kitchen area of the Mazeppa Community Center.

Motion by Wiebusch, second by Liffbrig to approve building permits; Building Permits: MZ23-16, 1432 Cherry St. E - garage/accessory building. MZ23-18, 376 Chestnut St. NE - modular home. MZ23-20, 376 Chestnut St. NE -re-roof, re-side garage. MZ23-19, 355 Walnut St. NE - furnace/AC. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to approve Mazeppa Personnel policy with updated Earned Sick and Safe Time provisions. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffbrig to approve new policing contract with Wabasha County Sheriff's Department. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2023-42 Transferring \$120,000 from reserves to general operating fund. All in favor, none opposed. Carried.

Motion by Young, second by Liffbrig to approve Resolution 2023-43 Accepting Donations to the City. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2023-44 Certifying Past Due Water/Sewer balances to be assessed to 2024 taxes. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffbrig to purchase New Holland Workmaster 255 subcompact tractor with 60-inch deck and snowblower for \$5000 down, 72 months at 0% interest for a total of \$29,017 and to purchase the extended warranty. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2023-45 to apply for Water Infrastructure Funding grant from Minnesota Public Facilities Authority for gap funding for the WWTP project. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve the Water Infrastructure Fund compliance agreement. All in favor, none opposed. Carried.

1st Reading of Ordinance 45-1.24 Establishing 2024 fees for the City of Mazeppa.

Motion by Hammes, second by Wiebusch to pay the bills and claims. All in favor, none opposed. Carried.

Council thanked the Lion's Club for donating funds for ice rink set up. The Mazeppa Women's Improvement Club for donating funds for park projects, and Windhorst Excavating for donating time and equipment to re-

shape Herb Vik Field infield.

Motion by Hammes, second by Wiebusch to recess the meeting until 6:00 PM, November 29, 2023. All in favor, none opposed. Carried.

Meeting recessed at 7:30 PM. Administrator-Clerk

## Zumbro Falls City Council Minutes - October 11, 2023

The Zumbro Falls Council met at City Hall on Wednesday at 6PM. The meeting was called to order by the Mayor. All council members were present, excluding the Treasurer.

The clerk's minutes were read to council from the September meeting and were accepted as read with a motion from Anderson, seconded Bankers, all in favor, carried.

Treasurer's report followed with a motion to accept by Benson, seconded Anderson, all in favor, carried.

A small group of concerned citizens attending the meeting came to voice their opinions on changing mail voting to in house voting. Cost factors were presented to the group and the reasons for the change made. Zumbro Falls has a better turn out with mail voting and saved tax payer dollars because new voting equipment had to be purchases at that time. The budget for 2024 does not have funds to cover the cost of this change so mail voting will stay in place for the 2024 election. Planning and financial resources need to be studied for a future election if change is to be made.

A motion to accept the written resignation as of September 30th from Phil Dennison, concerning the Treasurer's position, was accepted by a motion from Benson, seconded Anderson, all in favor, carried. The Clerk will carry out his duties until the end of the year.

Conversation on the Community Garden followed and possible changes to be made next growing Season.

Bruce informed council that Matt Kehren will plow and remove snow for the 2023-2024 winter season with no cost increase from the previous season.

A motion was made by Bankers, seconded Benson, all in favor, carried to accept the bid from Sawdust Salvage Arbor Co. in the amount of \$3,400.00 to remove dead trees in the City.

Motion for the meeting to adjourn and the Clerk to pay all bills presented was made by Benson, seconded Anderson, all in favor, carried.

Submitted by,  
Susan Eischens, Clerk

Once again, winter is upon us. Every year we prepare for moving and stock piling snow. Our crews come in very early with each snowfall over 2 inches to clear the streets, alleys, and paths around the community. The order that is followed for snow removal has been developed over the years based on traffic and parking. When we come back to widen or clean up certain area, we may leave a snow ridge at the end of the driveway, but we cannot always get everything plowed and final cleanup done before homeowners begin cleaning their own driveways and sidewalks. Last year, we had some weather conditions that left rough hardpack on some streets for weeks. We update equipment and methods to avoid those situations, but sometimes they do happen, and we also must rely on Mother Nature to give us a hand to get things clear once more.

Remember, our staff are using large equipment in tough conditions. They appreciate traffic courtesy while they are working. Please be observant and give them room to be able to maneuver.

**CLERK CHATTER**  
By Karl Nahrgang  
Administrator Clerk,  
City of Mazeppa

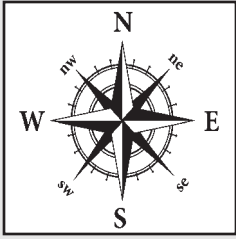
Season's Greetings!

All of us at the  
Mazeppa-Zumbro Falls Messenger  
thank you for your readership  
and support.

Mazeppa-Zumbro Falls  
Messenger

Email: hometownmessenger@gmail.com

## Changes in Latitudes, Changes in Attitudes My Childhood Christmas



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

The first Christmas I can remember as a child was 1964. I was seven years old. I had the same interests as any second-grade boy. The toy machinery was the best. When my dad went to the implement dealer for parts I would stand at the toy display and wish. As a typical farm boy I was mesmerized by tractors. We had toy trucks, tractors and all sorts of farm implements and attachments to play with. Couldn't wait to grow up and actually drive them for real.

There is one reason that 1964 stands out in my memory though. Lots of fun things happened before that, but November 3rd, 1964 changed me forever. I always thought my dad was invincible. I remember him carrying huge bags of feed on his shoulder around the farm. He was strong and a farmer. Sort of Superman. It was election day 1964. My dad farmed and worked construction. Not just any construction, but with bulldozers. Caterpillar tractor D-8 dozers. They moved dirt, buried boulder, made roads and dams, pushed over trees and anything else that they wanted. Not only that but my dad flew a helicopter as well. From West Concord to the western part of Minnesota and from job site to job site every day.

But November 3rd was election day and my dad was going to fly back home and take my mom to the Milton Town Hall where they would vote that evening. It was foggy that evening and my dad decided to land at the

Owatonna Airport and get a ride home instead. The altimeter on a helicopter tells you the altitude above sea level. It doesn't tell you about tall trees though. And there was a very tall tree between him and the Owatonna Airport.

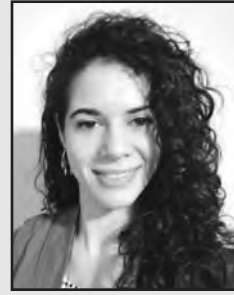
I remember my mom sitting us four kids down on the sofa and telling us that our dad had been in a bad accident. She was driving to the Owatonna hospital. My grandma was there to watch us. KDHL radio reported on the accident. They got my dad's name right, but all the neighbors heard that he had been killed in the crash. He survived but was in a body cast for over a month and got out of the hospital in December. My mom had to drive him and he got around on crutches.

Before Christmas my parents decided the family was going to spend the holidays down south. We opened our Christmas presents a week early and headed south. This was before Disney World. There was just sandy beaches and alligators in Florida. But away we went. It was the first time I had been out of Minnesota. We learned how to ride for 1,500 miles with four kids in the back seat of a Chevrolet Impala. My mom would make sandwiches and we ate elbow to elbow with our brothers and sisters. No McDonalds back in those days for us.

I had never seen a Christmas without snow. I didn't think they would decorate for Christmas in Florida. I just figured it was alligators and flamingos and sunny beaches. But there was Santa Claus, reindeer and fake snow. We made fun of them, we knew what snow was and were glad to be away from it.

It was worth it. I was with my family and we were on an adventure together, and I was glad we were all there. I didn't think too deeply about the turn of events until much later. My dad nearly lost everything he had in life and decided to take the next chance to do things together. He had a wife and four kids and he wanted to enjoy doing things together. It became an annual event. We bugged out of Minnesota and headed to Florida every Christmas after that one. And we gladly traded our snow and cold Christmases for a couple weeks in Florida. My dad made it another twenty Christmases to enjoy with the family. And for me, memories with your family are much better than gifts. Have a Merry Christmas.

## A Minnesotan: Christmas Games



By RosaLin Alcoser

Christmas is a magical time of the year and in Minnesota one of the few times that no one is really upset by the snow. Including my transplanted hispanic family from the south.

We absolutely love Christmas and for our traditions Christmas starts on December 24 with Christmas Eve and goes until January 6th on Three Kings Day. For us this whole time frame is Christmas.

My family will often play games at Christmas ranging from board games to more intricate puzzles. For most families a puzzle would have a beautiful Christmas scenery or a fun character on it. However, for my family it's a list of clues and riddles that someone has to figure out in order to find their present.

In full disclosure I am usually one of the family members given the puzzle and to

this day have yet to solve one. The game normally ends when they give up on me solving the puzzle or I find the item by searching for it alone.

When I make a game for one of them though it goes a little bit differently and is usually just a game for myself. Christmas 2019 was one of the years that I did this. At the time my father had decided that he could only hang his coats on a brown hanger and everyone had to use a white or blue hanger. Only he could use the brown ones.

So being the good daughter that I am, I systemically took all of the brown hangers out of the coat closet. Every time he left the house, if I was home I would grab the hanger, replace it with a new one, and hide the brown one under his bed.

He knew that it was me and could not find where I had been hiding the hangers. It drove him absolutely nuts for the about week and a half that I did this.

Until one evening right in the middle of Christmas I moved the hangers. The next morning he comes to breakfast to find all of his brown hangers dangling above the table from the chandelier.

This was probably one of the best games I've ever played during Christmas and was also the reason my mother started having me go into work earlier.



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SUDOKU ANSWERS

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THEME: THE 1980s
- ACROSS
1. "Heaven's on Fire" band
  5. \*Setting of "Cheers" TV show
  8. Derive
  13. "I'm \_\_\_\_ you!"
  14. Gas station brand
  15. Affirmatives
  16. Image in Orthodox Church
  17. \*Robert Wagner or Stephanie Powers, on TV
  18. \*Vote for H.W. Bush, e.g.
  19. \*Weird Al's last name
  21. Forum, pl.
  22. Dog-\_\_\_\_ book
  23. Clingy plant
  24. Spiky succulent
  27. Accumulates (2 words)
  31. Turkish military leader
  32. Consequence
  35. \*Wintour of Vogue
  36. Zoroaster followe
  38. E in B.C.E.
  39. #53 Down, third person singular
  40. Do like exhaust pipe
  41. Hertz' offering
  43. Extra cost
  44. Expert, in U.K. (2 words)
  46. \*Ricky Martin's boy band
  48. Arrival time acronym
  49. \*Piano player Lee Curreri on "Fame"
  51. \*Baltimore player
  53. \*Mikhail Gorbachev's policy
  56. Recipient of money
  57. \*Umberto Eco's "The \_\_\_\_ of the Rose"
  58. Oration station
  60. Some tournaments
  61. In the thick of
  62. Place, in French
  63. Not at all good
  64. Bitty
  65. Other than what is

- DOWN
1. Ornamental pond dweller
  2. Deep black
  3. Greek promenade
  4. Shakespeare's output
  5. \* Lou Reed's "Home of the \_\_\_\_"
  6. Like thick smoke
  7. Campus military org.
  8. Attractive to look at
  9. "Back to the Future" car
  10. One on drugs
  11. Cecum, pl.
  12. Is, in Paris
  14. "A horse is \_\_\_\_\_, of course, of course"
  20. Resin-producing tree
  23. Took the bait
  24. \*Christopher Reeve's sartorial style in "Superman II"
  25. Old World lizard
  26. Indigenous person from Suriname or Guyana
  27. Surveyor's map
  28. Mix-up
  29. Not married
  30. Promenade in Spain
  33. Tournament ranking
  34. Remains container
  37. \*Washington's volcano Mount \_\_\_\_\_
  39. \*Close of "The Big Chill"
  41. Genetic initials
  42. Entertained
  45. Affirm to be true
  47. Cavatappi or udon, sing.
  49. Scapegoat's due
  50. Fiber crop variety
  51. Head of family
  52. Deed hearing
  53. Chew on
  54. Schooner canvas
  55. \*TV's "Family \_\_\_\_"
  56. Sound of explosion
  59. "Peggy \_\_\_\_ Got Married"

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	8	9			2	4	1	
2	7			4		3		9
		6						
		2	1	5				
8								3
				6	8	2		
						1		
5		3		1			8	7
	9	7	2			5	3	

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

*Merry Christmas  
and Happy New Year!*



Wishing You  
**All the Joys of the Season**

Thank you for being such great clients and friends.  
We really appreciate your business, and we look forward  
to serving you again soon in the New Year.

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