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JUNE 5, 2024

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Family Fun Fest June 22, 4 to 8 PM at the Fairground

Join the fun at Goodhue County Family Fun Fest, Saturday, June 22, 4 to 8 p.m., at the Goodhue County Fairground in Zumbrota.

(continued on page 3)

Announcements

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo.** Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

Do you have an announcement?

Email:

hometownmessenger@gmail.com

Volksfest Promises Fun For Everyone

By Beth Brekke

The Goodhue Jaycees and the City of Goodhue, along with multiple businesses, sponsors and other organizations, are once again producing what promises to be an outstanding summer festival. The main events are scheduled for June 7th, 8th and 9th but kick off with the first medallion hunt clue and pool games on the 5th. All events are listed on their website, www.goodhuevolksfest.com which states, "Volksfest is a small town community, family fun, you name it we got it kind of good time!"

(continued on page 10)

Pictured to the right: Miss Goodhue Candidates front row L to R: Ella Buxengard, Marissa Collins, Carly Matthees, EmaRae Holst, Lily Peterson. Back row L to R: Kaelynn Ryan, Emma Voth, Jenna O'Reilly, Taylor Betcher, Ciara Callstrom



Goodhue Prom

Goodhue High School Seniors, Caleb Dicke and Teagan Hinsch were one of 73 couples that attended the prom on Saturday, May 4th. The grand march was open to the public and drew a large crowd at the high school gym. Following the march and photos, the couples headed to Hidden Greens Golf Course in Hastings for supper and the dance. Couples were required to stay until 11 p.m. and notify a parent when they departed.

(additional pictures on page 4)

Minnesota FFA Organization Names State Officers

The Minnesota FFA Association is led by six state officers elected from the 40,000 School-Based Agricultural Education students in Minnesota.



(continued on page 8) **Natalie Clemenson**

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**GRINNELL
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K.I.S.S.

By Pastor Robbin Robbert

It was early in my ministry and I wanted to show off a little. I thought I had done a pretty decent job in my sermon to point out the difference between Heresy, Orthodoxy, and Heterodoxy. That afternoon I was at the hospital because one of my church members was dying. The dying person's wife came up to me in the waiting room and thanked me for my sermon that morning. I thought she was thanking me for having a prayer for her husband. Then she said, "I really enjoyed your sermon this morning." As the saying goes, "flattery will get you everywhere." My ego was about as inflated as it could have been.

Proverbs 16:18 "Pride goes before destruction, and a haughty spirit before a fall."

She then added, "I didn't think just people who believed in Jesus were going to heaven". Deflated. What did I say in my sermon that gave her that impression? In 1997 we did not have live-streaming and though the service was on the radio I never got up the nerve to request a copy.

I am sure many of you have heard the acronym K.I.S.S.(not Knights in Satan's Serv-

ice as our parents told us the Rock band KISS stood for). Keep it simple stupid. I suspect that on that Sunday in 1997 I had not followed that advice and all these years later those words of my church member continue to serve as a warning.

I don't remember the church father who said it but the gist is that in times of controversy concerning the Bible there is no room for ambiguous language. "Keep it simple stupid" is not to be misunderstood to stand for "keep it stupid simpleton." When I do a weekly children's devotion in church I try hard to keep it 100% Biblically accurate and 100% simple. I think this is why adults get a lot out of children's sermons too. I thought it

was interesting this past Sunday when I was preaching for Holy Trinity Sunday in the Children's devotion I mentioned, "Tri" = Three and "Une" like "uno" is one. So the Triune God is the Three in One God. I had more people who have been life-long Christians say to me, "I never really understood that the "une" was signifying the "oneness" of God.

I do remember it was St. Augustine who said, "I may preach heresy, but I will not be a heretic". All of us can and will say something about the Bible incorrectly, but when it is brought to our attention that we said it wrong we will thank the person who was a good Berean (Acts 17:11) and clear up the matter

as best we can.

I did not immediately tell the woman in the hospital that I had misspoken myself or she had misheard me until many months after her husband's funeral. When I did I fell on my sword and used the St. Augustine quote and then I had the opportunity to speak the truth in love and rejoice that her husband had faith in Christ as his only Savior and would be with us forever.

I know stupid is a no-no word these days so maybe replace saint for stupid. Either way, let's get us there and start keeping the Gospel good news simple.



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Father Thomas McCabe • www.holytrinitygoodhue.org
211 4th St. N., Goodhue • 923-4472
Parish Office Hours, Mon.: 9:00AM - 2:00PM
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)
Tues.: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

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Father Thomas McCabe • www.holytrinitygoodhue.org
221 Chester Avenue • 923-4472
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Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass
Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
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County Road 47, Goodhue • 923-4472
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Sun.: 10:30AM Holy Mass
Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
39774 Co. 4 Blvd., Goodhue • 651-923-4624
gracelutheranchurch@gmail.com • www.gracestpeters.org
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY

Keep Up the Good Work!

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.
— Galatians 6:9

It can be hard not to grow weary of doing good. Physically tired, emotionally and spiritually drained, we might be ready to give up.

The brokenness in our world knows no end. There is always another hungry person to be fed. No sooner is a hospital bed open, and another person fills it. Someone who is healthy today will be sick tomorrow. In a sinful and broken world, there will always be hungry, sick, lonely, imprisoned, or impoverished people. Wars and rumors of wars will always produce refugees. The world's problems will last until Jesus returns. In the meantime, though, we are encouraged, "Do not grow weary of doing good!" And only in God's strength can we continue. We may certainly resign from a committee, leave a specific ministry of mercy, and stop volunteering at a soup kitchen. But we must not grow weary of doing good! If we change ministries, we can still continue to minister in other ways. In the end, as we become people who must be fed, clothed, and visited, our ministry may be reduced to a smile, an encouraging word, or a prayer. And that may be our most effective ministry of all. By God's grace, may we all rejoice to hear the words "Well done, good and faithful servant!"

Dear Jesus, sometimes we grow weary and discouraged. Help us, in the power of your Spirit, to press on. Thank you for giving us eternal life and for welcoming us into your kingdom. Amen.

ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki
Minneola Twp. Co. Rd. 7, rural Zumbrota
Sunday Worship 10:00 a.m.; Communion 3rd Sunday
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz
28961 365th St., Goodhue
651-923-4438
Email: stpeter@sleepeyeytel.net
9:30a.m. Sunday School
10:30a.m. Worship

Email your church announcements, schedule to the Messenger at: hometownmessenger@gmail.com

MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon
www.minneolalutheranchurch.com
13628 Cty. 50 Blvd., Goodhue
Office line: (507) 218-7177 • Pastoral Care: 507-218-9063
10:30a.m. Sunday Worship
Sunday School the first 2 Sundays of the month at 9:30am.

ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert
36620 Co. 4 Blvd., Goodhue • 651-923-4773
Sunday 9:00am Worship
Communion offered on the 2nd & 4th Sundays.

ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson
37750 County 6 Blvd., Goodhue, MN 55027
Email: office@stlukegoodhue.org • 651-998-7106
Sunday Worship: 9:30 a.m.
Wednesday Worship: 6:45 a.m.*
18910 360th Street, Goodhue
*Check our website for changes: www.stlukegoodhue.org

ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
702 West Third Ave., Goodhue, MN • 715-441-5086
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m. at Grace.
Sunday Bible Study at 9:30a.m.,
Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.



Family Fun Fest June 22, 4 to 8 PM at the Fairground

(continued from page 1)

This fundraising event is hosted by the Friends of the Goodhue County Fair (FGCF) to raise funding for new livestock barns on the fairground.

The festivities will feature a Steak or Pork Chop meal (hot dog option for kids), Silent Auction, Beer & Wine grab, live music and lots of games and activities for the kids.

"It's so exciting to hear feedback from the people of Goodhue County about the progress of the barn raising projects!" LeeAnn Waugh, FGCF board member and event chair said.

"Everyone is thrilled to hear about the significant Red Wing Shoe donation and we continue to build awareness of the needs and this grassroots fundraiser is part of that momentum!"

There'll be a bounce house, ladder toss, giant Jenga and Connect 4, bean bag boards, Barrel Train and a clever basketball arcade made from a gravity box for the kids. The Silent Auction is loaded with terrific items including: St. Paul Saints Super Fireworks tickets donated by Huneke Custom Spraying, Minnesota Wild tickets donated by Insignia Printing Co., Wagyu & Angus beef bundle from Cannon Valley Ranch, Half hogs for processing from Mike and Rebecca Patterson Family, Mark Behrens hand-crafted wood bowls, LTS Brewery sampling and tour, a Garden Abundance Basket from Paul and Mamie Luhmann Family, a framed print of Zumbrota's Covered Bridge donated by Stary-Yerka VFW, a one-hour fly over of a local area of choice with Ben Priebe in his Piper Cherokee 140 and finally, 4K resolution drone photography of the buyer's home-stead, donated by Priebe and Cal Luebke.

"So many lives have been enriched by being involved with the Goodhue County Fair and these people want to give back and be part of raising the new barns for this and future generations," Waugh continued. "The Family Fun Fest is a way everyone can par-

ticipate and enjoy great food and beverages, local music, family activities and more!"

Many local organizations and businesses are supporting this fundraiser with donations to the meal including: Three Rivers Cattle-men's Association, Goodhue County Pork Producers, Goodhue County Corn and Soybean Growers, the Goodhue County American Dairy Association (ADA) and Nilssen's Hub Food Center, Zumbrota.

The meal includes your choice of a steak or pork chop, potato bar, creamed corn, corn bread with honey butter, milk and ice-cream and water. There's a hot dog meal available for kids. Pre-sale meal tickets (\$35/adult, \$20/kid) are available from the following

local businesses: CannonBelles , Cannon Falls; Country Station , Goodhue; D & S Sign & Banner, Kenyon; M & M Lawn & Leisure, Pine Island; Kevin's Service, Red Wing; Blondies Butcher Shop, Wanamingo; Bridget's Café, Zumbrota and Mazeppa BP Station, Mazeppa. At the door, meal tickets are \$10 more.

If you want to attend the fest but not eat, then just \$5 per person gets you in the gate with access to all the kids games and activities, the silent auction, wine & beer grab and live music by Tyler Stehr & 8th St.Bend!

We hope to see you there! The event will be held rain or shine.

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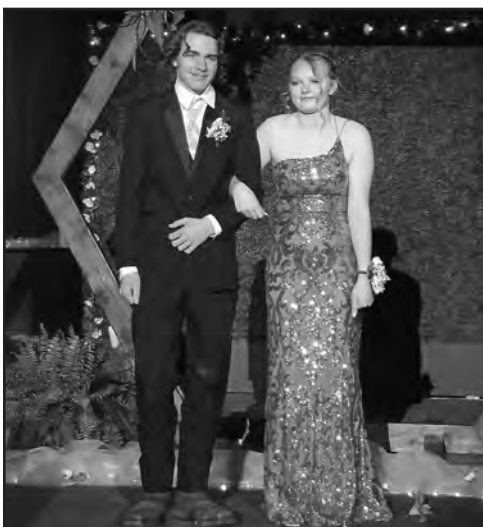
Senior class members attending prom



Logan Hadler and Ellie Peterson



Junior class members attending prom



Dittfach and Tanner Thuman



Sophomore class members attending prom

(additional pictures at www.goodhuemn.com)

Teagan Hinsch receives Road to Success Scholarship

Voth Insurance Agency of Goodhue, along with Grinnell Mutual of Grinnell, Iowa, has named Teagan Hinsch of Goodhue as one of the 80 recipients of a 2024 Road to Success scholarship of \$1,000.

"We're happy to recognize Teagan's academic accomplishments and safe driving record with a Road to Success Scholarship, and we wish Teagan the very best in future endeavors," said Jerry Tipcke of Voth Insurance

Agency in Goodhue.

Hinsch was selected from thousands of Grinnell Mutual policyholders based on excellence in the classroom and a safe driving record. Teagan is a senior high student at Goodhue Public High School in Goodhue.

Voth Insurance Agency is an independent insurance agency serving Goodhue and the surrounding area. The agency provides several lines of personal and business insurance products and represents Grinnell Mutual Reinsurance Company.

About Grinnell Mutual

Grinnell Mutual, in business since 1909, provides reinsurance for farm mutual insurance companies and property and casualty insurance products through more than 1,700 independent agents and brokers in 17 states. Grinnell Mutual is the 105th largest property-casualty insurance company in the United States and the largest primary reinsurer of farm mutual companies in North America.






Grant Reed

YEARS IN TRACK: 1 YEAR
FAVORITE EVENT IN TRACK: 100, 200, 4 x 100 RELAY, SHOT PUT
FAVORITE TRACK MEMORY: PLACING 2ND IN MY FIRST EVER TRACK MEET
FAVORITE THING TO RUN AT PRACTICE: 100M
ADVICE TO YOUNGER TRACK ATHLETES: GET IN THE GYM!
FUTURE PLANS: ATTEND U OF WISCONSIN, RIVER FALLS AND PLAY FOOTBALL



Caleb Kurti places 3rd at the Northern Plains Regional Tournament! Freestyle





2024


130

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CALEB KURTI


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GOODHUE WILDCATS







Caleb Kurti
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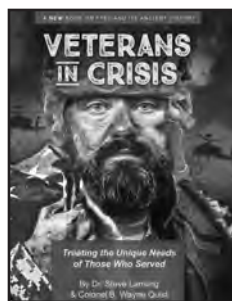





Box of "Veterans in Crisis" Books Donated to Dakota and Goodhue County Sheriffs and Jail Staff by Nonprofit Veterans Empowered Inc.

Submitted by B. Wayne Quist
VETERANS EMPOWERED INC



Dr. Steve Lansing and Colonel B. Wayne Quist and was released on Memorial Day this year. Volume Two will be released on November 11th, Veterans Day. The authors are printing 10,000 copies of their book to be given away free to disabled veterans with PTSD and to first responders, law enforcement, firemen, EMTs, etc. They have formed a nonprofit, Veterans Empowered Incorporated, and are raising \$500,000 to provide free PTSD treatment in their Rochester office and publish PTSD materials for suicide prevention and treatment for veterans in crisis. At their office in Rochester disabled veterans



A box of "Veterans in Crisis" books were recently donated to the Dakota County and Goodhue County Sheriffs and jail staff by Rochester nonprofit Veterans Empowered Inc. The book was written by



and first responders receive free therapy as well as copies of the book. Books are also available for sale for the general public on Amazon. On June 21st Dr. Lansing and Quist will do a book presentation at the Red Wing

American Legion. The event starts at 4:00 PM with free hors d'oeuvres with a talk by Dr. Lansing, followed by questions and book signing. The General Public is welcome.



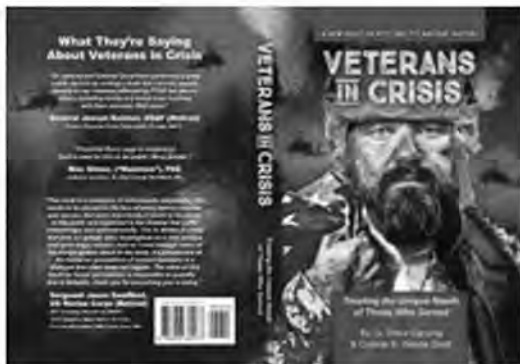
American Legion Post #54
and
Hiawatha Valley Family
Beyond the Yellow Ribbon



Present the authors of a new book on the history of PTSD
from ancient times to the present

VETERANS IN CRISIS

Treating the Unique Needs of Those Who Served
By Dr. Steve Lansing and Colonel B. Wayne Quist



Friday, June 21, 2024 – 4:00-6:00 pm

American Legion Post #54

218 W 4th St. Red Wing, MN 55066 ★ (651) 388-6223

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Appetizers Provided - Cash Bar
For veterans, families & caregivers



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4:00 pm Social Hour – Meet the Authors
5:00 pm – Book Presentation
6:00 pm – Discussion & Book Signing

Goodhue Living Garden Beds Donation

On behalf of Goodhue Living, I am reaching out to humbly request your support and generous contribution to a good cause. We are in the process of trying to enhance our community outdoors for the enjoyment of our residents.

We are looking for donated funds to build four summer garden beds. These garden beds will be helpful to encourage our residents to spend some extra time outside gardening. Your support would be invaluable and greatly appreciated!

If you have any questions or require additional information, please do not hesitate to contact us at 651-923-1010 or admin@goodhueliving.com. Our address for donated funds is listed below:

Goodhue Living
108 County 9 Blvd, Goodhue, MN 55027

Thank you for your time and consideration,
Kayla Ryan
Administrative Assistant



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Zumbro Falls Winery

By Tara Gullickson



Kevin purchased his stunning 80-acre property 31 years ago and has evolved it into the little slice of heaven it is today, weaved between the rolling hills of lush green, located off Highway 63 in Zumbro Falls.

Zumbro Falls Golf Club was built in 1999; this year marks the 24th season of golf since the business opened its doors to the community and surrounding areas. In the summer of 2015, Kevin and his wife Laura were enjoying a glass of wine on their deck when he

turned to her and said, "For as much wine as we drink, we should plant grapes". Kevin and Laura quickly devised a plan to expand their services in the local area utilizing space on their current property and spent that entire winter researching viticulture.

In the spring of 2016, they planted 200 grape vines in total. That same year, Kevin joined the Minnesota Grape Growers Association -

he and Laura quickly began networking with many other grape growers across Minnesota. The MNGGA hosts a remarkably informational and highly educational 3-day conference in Minneapolis every year; Kevin states that this conference is worth checking into if you are interested in learning about viticulture. In 2018 Kevin and Laura were then able to plant another 900 grapes; they continued to add more grapes in smaller lots over time. Currently, there are just over 2,200 vines planted in the vineyard.

In 2020 Kevin was voted Vice President of the MNGGA board; it was here that he acquired an abundance of knowledge and experience. Kevin and his wife Laura had the opportunity to tour 50-60 wineries throughout Minnesota, Wisconsin, and Iowa. Traveling to different wineries was their favorite activity together; Kevin and Laura eventually decided they wanted to work towards becoming a winery themselves. The two then made plans to use the existing clubhouse for wine tastings and retail. The shed was later remodeled for production and processing, as well as a warehouse for storage. It took about a year to get final approval on the plan review from the township before work could begin on the remodel. While moving forward with the process Kevin and Laura worked very closely with the Wabasha County Zoning Department and County Commissioners and experienced no opposition. Next, they obtained their Alcohol, Tobacco, and Gambling License, issued by the Federal US Government; which took an additional 6 months. While Kevin and Laura handled the logistics of their new venture the grapes were maturing and produced a small crop for them that fall, the



ZUMBRO FALLS Winery

DOMESTIC BEER \$4.00

1. Budweiser
2. Bud Light
3. Michelob Ultra
4. Coors Light
5. Coors Banquet
6. Miller Light
7. Miller Genuine Draft
8. Busch Light
9. Michelob Golden Light
10. Grain Belt Premium
11. Grain Belt Nordeast

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3. Blue Moon
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5. Stella
6. Leinkugels

SELTZERS \$5.00

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3. High Noon
4. Caribless
5. Twisted Tea

Zumbro Falls GOLF CLUB

ZUMBRO FALLS Winery

We offer tasting flights.
\$5.00 for 6 wine samples. \$10.00 for all 12 wine samples

SWEET WINES

	Glass	Bottle	Case (Buy 11, get 1 free)
1. Sweet Laura Lynn	\$6.50	\$16	\$176
2. Peaches & Pears Wine	\$6.50	\$16	\$176
3. Raspberry Wine	\$6.50	\$16	\$176
4. Blackberry Wine	\$6.50	\$16	\$176
5. Cranberry Wine	\$6.50	\$16	\$176

SEMI-SWEET WINES

	Glass	Bottle	Case (Buy 11, get 1 free)
6. Danielle's Delish Rosé	\$7	\$17	\$187
7. Kaleb's Marquette	\$7	\$17	\$187
8. Wedding Day Wine	\$7.50	\$18	\$198

SEMI-DRY WINES

	Glass	Bottle	Case (Buy 11, get 1 free)
9. Kautz White Oak	\$7	\$17	\$187
10. Minnesota Itasca	\$7	\$17	\$187
11. Merlot	\$7.50	\$18	\$198
12. Cabernet Sauvignon	\$7.50	\$18	\$198

Prices do not include sales tax.

Zumbro Falls GOLF CLUB

Tips for pairings:
Sweet wines pair with anything sweet.
Semi-sweet wines pair well with fruit, hard and soft cheeses.
White wines pair well with fish, chicken, seafood, pasta, and pork.
Red wines pair well with red sauce, red meat, and grilled or smoked meats.

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Nelson Agency

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Email: agent@svigguminsurance.com

Kalass Agency

242 Main Street
Zumbrota, MN
Phone: 507-732-7614
Email: kalassagency@kalassagency.com

crop was sold to Next Chapter Winery of New Prague, Minnesota, and Bellezza Winery of Pepin, Wisconsin.

Tragically, on December 9, 2021, Kevin's wife Laura unexpectedly passed away. It has been an extremely, difficult time for Kevin and their family following Laura's passing. Kevin continues to work hard on the future of Zumbro Falls Winery in honor of Laura and their dream together. In May of 2022, Kevin asked the Minnesota Department of Ag for a preliminary visit to tour both facilities. Following the tour of both facilities, the Minnesota Department of Ag responded with

an extensive "to-do" list for Kevin and his team, who quickly took action on the requested items. Kevin then began to purchase all the necessary processing and fermenting equipment from chillers, pumps, filters, and storage tanks. Zumbro Falls Winery was approved as a Minnesota Licensed Winery on May 1, 2023, and was ready to offer their product to the public

Kevin and his team wanted a menu that could find the likes of an experienced wine drinker and a novice wine drinker.

(continued on page 8)

Zumbro Falls Winery

(continued from page 7)

They crafted their menu to offer 12 excellent choices; 5 sweet wines, 3 semi-sweet wines, and 4 semi-dry wines. They named their #1 choice Sweet Laura Lynn, from their Frontenac Blanc grape variety; the team changed the profile of that grape by back-sweetening the juice. Their semi-sweet wines are the most popular and sales have been strong for all 3 of the varieties. The fruit juices are frozen in barrels and then imported from Michigan; the barrels of frozen juice are defrosted by Kevin and his team and the fermentation process begins. Kevin states that fermenting the fruit juice is very rewarding. The production room smells exactly like a floral shop for weeks afterward. After the fermenting process, Kevin and his team follow the same steps as the grape process.

All great wines start in the vineyard. You can't make great wine without great, high-quality grapes. At Zumbro Falls Winery Kevin and his team strive to produce the highest quality grapes with the highest yield possible. To ensure that Kevin and his team produce the highest quality grapes and yield possible the vines are properly sprayed every 14 days all summer starting mid-May and looked after throughout the season. Kevin shared that he was homeschooled in wine-making by Drew Horton from the University of Minnesota. Drew has 25 years of commercial wine-making experience in California and has been at the University of Minnesota for the past 10 years. Kevin met Drew at the University of Minnesota, during his time on the MNGGA board. Recently this past January Kevin was appointed as President of the Minnesota Grape Grower board. Kevin loves both viticulture and the enology of making remarkable wines. Kevin has always had a passion for agriculture and horticulture and viticulture was an easy addition. Kevin has been delighted to have his son Kaleb on the team full-time. Kaleb helps immensely with



handling the weekly golf leagues and general maintenance of the golf course.

The Zumbro Falls Winery logo is a black Percheron draft horse. Kevin has 2 black draft horses who reside on the property and are full brothers named Jack and King. It has been the plan for a long time now to give carriage rides around the vineyard for hire. This summer the idea will finally come to fruition. The winery will also offer spectacular live music on the weekends. Kevin and his team hope that the locals will utilize the winery for their social gatherings and their spot, the view from the patio overlooking the golf course and pond is breathtaking.

The Zumbro Falls Winery is open 7 days a week from 8 a.m. until 8 p.m. Friday nights they offer a fish fry from 4:30 p.m. until 8:30 p.m. and live music starting at 6 p.m. until 9 p.m. Saturday Wine Bingo beginning at noon and goes until 2:30 p.m.; food will be served all day. Prime Rib & Salmon will be served for dinner at 5 p.m.; you're welcome to stay for live music beginning at 3 p.m. and going till 6 p.m. Sunday brunch is served at 9 a.m.

until 11:30 a.m. Broasted chicken is on the menu from 11:30 a.m. until 8 p.m. - food will be served all day - live music from 2 p.m. to 5 pm.

Minnesota FFA Organization Names State Officers

(continued from page 1)

The six state officers and the president of each of Minnesota FFA's eight regions compose the Student Board of Directors. Together these 14 student officers lead the organization working with our boards to advance agriculture and education, promote food, fiber, and natural resources awareness and literacy, and provide premier leadership, personal growth, and career success to youth across the land of 10,000 lakes.

The Minnesota FFA State Officer Team is selected from a dynamic pool of candidates who go through a rigorous interview process with the nominating committee. The committee includes one student representative from each region balancing the different perspectives and experiences of Minnesota FFA members. Adult representatives of Team AgEd, which supervises the state's agriculture, food and natural resource efforts and the FFA, are also included. The committee has two past FFA state officers as co-chairs.

This nominating committee chose Zumbrota-Mazeppa graduate, Natalie Clemenson, who currently attends the University of Wisconsin, River Falls, to serve as the new state reporter. The new officers were chosen at the state convention in Minneapolis in April. Clemenson had previously been serving as the Region VIII President. Representing our area as the new Region VIII President is Cameron Addington of the Cannon Falls FFA chapter.



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Down on the Farm/ Up at the Cabin After-hour Adventures (There are no after-hours on a farm)

By Monica & Claudia Vanderborcht

Monica can be a very sound sleeper. There have been many nights when Claudia climbed the stairs from her living space (basement) to Monica's (first floor):

Knock, knock, knock. "Monica, wake up! Someone has been mooing for 20 minutes." Indigo had delivered her first calf at 2:00 A.M. and she wanted to show it off.

Knock, knock, knock. "Monica, wake up! The chickens are screaming!" A fox had broken into the coop.

Knock, knock, knock. "Monica, wake up! The cows are making a racket." Half the herd had broken out of the pasture into the neighbor's cornfield and the other half complained LOUDLY that it wasn't fair.

Knock, knock, knock. "Monica, wake up! There's a critter under my bed."

Now, Monica is one tough cookie. Runny spring cow manure and mud leaking into her worn-out muck boots doesn't bother her. Goat afterbirth smeared all over her shirt and arms doesn't faze her. Trying to tuck a chicken's prolapsed uterus back into place doesn't make her blink twice.

But snakes and rodents just give her the

creepy crawlies.

Technically, opossums aren't rodents. They are marsupials – like kangaroos. But they sure look more like large rats than kangaroos.

We knew there were opossums on the farm. Rarely we would see one scamper along the tree line. Occasionally, we'd find evidence of their thievery (empty broken eggshells) in the laying boxes. Once, Monica even got to pet an opossum when she reached into a laying box for an egg and felt fur instead of feathers. Did you know that possums hiss when they are upset? The neighbors (two miles away) probably heard that scream!

Monica was awake. "What do you mean, there is a critter under your bed?"

"I think an opossum came through the cat door and ate all the cat food. Then – looking for more – wandered all the way through the downstairs and couldn't figure out how to get back outside."

Getting out of bed, Monica said, "Okay. Let me get the .22."

Claudia returned downstairs – how to get the critter outside? No way would we move it from the bedroom to the hallway, past the laundry room and the kitchen, through the living room and screened porch, onto the lawn. We had no problems moving 20 cows where we wanted them (goats were a bit trickier). But a single opossum in the middle of the night would be a challenge.

By the time Monica clomped down the stairs in her knee-high muck boots (the good ones), Claudia was ready. The other back door (thankfully just beyond Claudia's bedroom) was propped open. All downstairs



doors were tightly shut. The halls were blocked off. And Claudia was armed with the longest broom she could find.

Monica stationed herself outside the back door, 0.22 in hand, thigh-length nightshirt flapping in the breeze (picture Elmer Fudd). Claudia returned to the bedroom – also in muck boots and nightshirt – broom at the ready (picture Lucille Ball).

Poke, prod, poke under the bed. Hiss, hiss was the answer.

Poke, prod, poke. Hiss, hiss.

Claudia was going to have to get on her hands and knees and actually look under the

bed to deliver more accurate blows.

Ew!!

With the opossum in sight, Claudia was able to poke and prod more effectively. (Don't come this way! Please, don't come this way!!)

Finally, the opossum waddled out of the bedroom, down to the back door, and out onto the lawn. Monica dispatched him before he could scurry away.

Needless to say, getting back to sleep after all that was a challenge, but we had another great farm story to share with all of our suburbanite friends!

Ag Partners Proudly Supports Dairy Producers

Celebrate all month long with ICE CREAM at an Ag Partners near you! Visit with a local dairy princess and enjoy a free ice cream treat:

Lake City:	June 7, 1-4
Pine Island:	June 7, 1:30-4
Cannon Falls:	June 11, 1:30-4
Plainview:	June 13, 12-3
Goodhue:	June 18, 1:30-4
Le Center:	June 20, 1:30-4



Goodhue County Dairy Princesses
Natalie Clementson and Evelyn Scheffler

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Be #FarmerStrong

UMN Extension to offer Tractor and Farm Safety Training for Youth this summer



University of Minnesota Extension will be offering Youth Tractor and Farm Safety Training at four locations across the state this summer. The youth tractor and farm safety certification program provides youth 14 years and older the opportunity to learn about safe equipment operation and general farm safety. Students who complete the program are eligible to receive a U.S. Department of Labor certificate of training. This certificate is required for 14- and 15-year-olds who wish to work on farms as employees. This training is also a great opportunity for youth planning to work on their family's farm.

This hybrid training includes an online course on the National Safe Tractor and Machinery Operation Program learning objectives and two days of in-person training that include tractor operation instruction in a safe learning environment. The online course takes 8 to 10 hours to complete and can be done at the participant's own pace. After completing the online course, participants attend a two-day in-person training with hands-on instruction. All sections of the online course must be completed prior to attending an in-person session.

In-person training days are scheduled at:

Goodhue County July 10-11

Goodhue Co. Fairgrounds, Zumbrota

Local Contact: Aly Kloeckner - schw1348@umn.edu, 651-385-3100

Volksfest Promises Fun For Everyone

(continued from page 1)

Bring the whole family to enjoy some games and nightly entertainment.”

Goodhue High School Junior girls are eligible to compete for the title of Miss Goodhue. She, her two attendants and Miss Congeniality will be chosen Friday night in a 7 p.m. ceremony in gym #1. Volksfest King and Queen and the parade Grand Marshall will also be announced. Then head downtown to enjoy The Dads band and Hairball rocking the street dance.

A full day of events starts Saturday morning with a road rally, car and quilt shows and the Udder Run. St. Peter’s Church will again host a free-will offering burrito breakfast with proceeds donated to the Goodhue Fire Department. A craft and vendor show will be held in the Lion’s Community Center from 9 a.m.-2 p.m. The show will feature new participants including The Book Cellar, offering a pop-up book fair experience. You can try your luck at Bingo in the fire hall beginning at 1 p.m. or enjoy the music of Tyler Stehr in the Corner Bar at 2 p.m.

For the athletic there are volleyball, basketball, and bean bag tournaments. Many of the events raise money to benefit local organizations including the dance team which will be selling pork sandwiches at the park. The kids will enjoy the bounce party inside gym #3 and the pedal tractor pull in the street alongside the garden tractor pull Saturday afternoon.

Saturday’s street dance opens at 6 p.m. featuring Bryan Anderson, Chad Johnson and the Minnesota Transplants, and Justin Moore. Moore is an Arkansas native who won the Academy of Country Music’s New Artist of the Year award in 2014. The first of his 12 number one hits is titled, Small Town USA, a fitting anthem as he includes Goodhue on his current tour.



Taylor Betcher



Ella Buxengard



Marissa Collins



EmaRae Holst



Ciara Callstrom



Lily Peterson



Carly Matthees



Jenna O'Reilly



Kaelynn Ryan



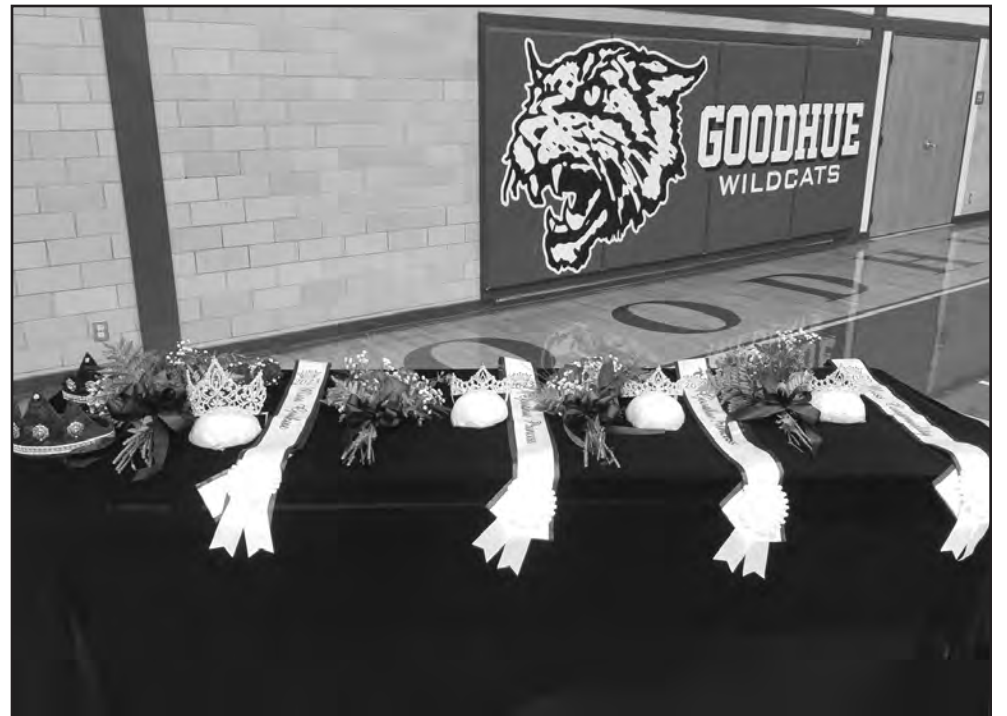
Emma Voth

The big acts say they have a lot of fun doing the more intimate, small town shows. Some of the artists have brought their families or walked around town ahead of their performance, amazed at how the empty street later swells with fans. Treyben Kehren, Goodhue Jaycees Volksfest chairman, relays “Every single artist who has performed here said they absolutely loved the experience and would be happy to come back”.

Volksfest continues Sunday morning with the Lion’s serving Dad’s Belgian Waffles beginning at 9 a.m.

Everyone is welcome to a community worship service with guest speaker, Pastor Pheng Moua from Immanuel Hmong Lutheran Church in St. Paul, also at 9 a.m. The annual parade begins at 1 p.m. and festivities wrap up with the fire departments water fight at 2 p.m.

Whether you are 8 or 80, love country music or rock and roll, fancy cars or fireworks, road rallies or foot races, you will find entertainment throughout Goodhue June 7th - 9th. Come enjoy a fun weekend that supports the whole community.



Volksfest 2024 kicks off with the Miss Goodhue coronation and selection of the new King and Queen and parade Grand Marshall on Friday night at 7 p.m. in gym #1. See the full schedule on page 11 and at www.goodhuevolksfest.com.



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GOODHUE VOLKSFEST

JUNE 7-9, 2024

WEDNESDAY, JUNE 5

Medallion Hunt | First clue drops
7pm | Pool Games

FRIDAY, JUNE 7

7pm | Miss Goodhue | GHS Gym 1 | \$5/Person
7pm | Street Dance | N 2nd St.

GOODHUEVOLKSFEST.COM



HAIRBALL

7:00pm GATE | 8:00pm MUSIC
\$25 PRE-SALE & AT GATE
THE DADS



SATURDAY, JUNE 8

8am-1pm | Car Show | St. Peters Church
8:30-11:30am | Burrito Breakfast & Quilt Show | St. Peters Church
8:45-10am reg. | Road Rally | Goodhue C-Store | \$5/person
9am | Udder Run | Front of GHS | \$16/ea adv or \$20/ea day of
9am-2pm | Craft and Vendor Show | Lion's Community Center
9am | Volleyball Tourn., Co-ed | Rosie Park | \$60/team
10am-1pm | Kids Bounce Party | GHS Gym 3
10am | 3-on-3 Basketball | GHS Gym 1 & 2 | \$100/Team

11am | Bean Bag Tourn. | Rosie Park | \$40/team
1pm | Bingo | Fire Hall
1-4pm | Gopher State Garden Tractor Pull | 3rd Ave
2pm | Tyler Stehr Live | Corner Bar
2pm | Pedal Tractor Pull | Broadway/2nd Ave
6pm | Street Dance | N 2nd St.
10pm | Fireworks | Rosie Park

JUSTIN MOORE

6:00pm GATE | 6:30pm MUSIC
GA \$60 UNTIL 5/10 | \$70 5/10+ & AT GATE
VIP \$125 UNTIL 5/10 | \$140 5/10+
CHAD JOHNSON & THE
MINNESOTA TRANSPLANTS
BRYAN ANDERSON



SUNDAY, JUNE 9

9am-12pm | Dads Belgian Waffle Feed | Lion's Community Center
5yr ↓ Free | 6-12yr \$8 | 13yr ↑ \$12
9am | Community Worship Lutheran Service | GHS Gym 1

1pm | Parade
2pm | Fire Dept. Water Fight | Fire Dept.
2pm | Bryan Anderson Live | Corner Bar

Shane Martin Band to Perform at Dennison Days June 21 & 22



The Dennison Lions Club, organizers of the annual Dennison Days town festival announced late last year that the date for the 2024 festival will move from the first weekend of August to June 21 & 22, 2024.

Event organizers stated the reason for the change is the fact that there are so many more events competing with the August date than there used to be. Minnesota artist Shane Martin will perform Saturday June 22nd, including his Alabama "Songs of The South" Tribute as part of the evening performance. More information can be found here at www.shane-martin.com. Watch www.dennisondays.org for updates to the schedule.



Other events making a return this year are the Classic Car Show, Truck & Tractor Pull, Bingo, Pancake Breakfast and more.

(schedule of events on page 20)

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Dairy



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

June is national dairy month. So it is appropriate to consider this amazing food source, it's health benefits, and the controversies and misunderstandings surrounding this food.

Milk is a unique food source produced by the female of some species for the initial food of the newborn. This liquid food contains protein, fats, minerals and vitamins specific to the species and specific to the age of the baby. This liquid also contains active enzymes and immune support to help the newborn baby become an active participant of life.

These unique features of milk have been used by man for centuries to sustain the human population and provide a consistent food source in diverse environments. Dairy was a primary focus of farmers across the Midwest as the nation grew with many creameries located across each county collecting the daily contributions from the local

herds. Wisconsin and California lead the nation in milk production. In the United States, more than 72 million gallons of milk are produced each day. From this source, all the additional products of butter, ice cream, cheese, yogurt, Kiefer, and various treats are produced. No wonder we celebrate dairy as it is involved in so many significant food items we enjoy.

Some individuals are not able to enjoy dairy because of severe reactions caused by a lack of digestive enzymes or caused by an allergic reaction. Lactase is the specific enzyme required in your intestines to break down the lactose sugar in milk. If a person does not make this enzyme, an uncomfortable reaction typically results in diarrhea. A person who experiences this reaction can simply avoid drinking milk, or they can obtain lactase enzyme as a supplement to consume with the milk. Some products like Lactaid are available to help aid digestion of milk products. An allergic reaction to milk will not be eliminated by using lactase enzyme. An allergic reaction is an immune response to the protein in milk in whatever form of milk product may be. Typically, an allergic reaction to a milk product may be avoided by selecting a different source of milk like goat, sheep, or donkey. There are also many non-dairy sourced products that have become available in recent years.

A primary controversy regarding milk production has been the availability of raw milk to the general consumer. Raw milk contains all the active enzymes and is the most easily digested form of the food. Raw milk has been the primary way man has consumed milk for centuries, and in recent history the

Mayo hospital had a raw milk therapy that was used successfully for clients having digestive challenges. This all changed with the promotion of pasteurized milk.

The history of pasteurized milk provides an important observation on the influence of business over health. In the 1950s, most milk was delivered in glass bottles, and you could observe a layer of cream at the top of the bottle. Some competition developed as the consumer could see how much cream was available in each bottle. Creameries tried to "fix" this challenge with the process of homogenization, which forces the milk through a fine mesh to break up the fat molecules into pieces that are so small the fat stays suspended in the fluid and does not rise to the top. Unfortunately, once milk is homogenized the live enzymes in the raw milk activate a reaction that causes the milk to spoil within 24 hours. The solution to this problem was pasteurization. Pasteurization kills the enzyme activity improving the shelf life of the homogenized milk.

Pasteurization has progressed over the years to the level of ultra pasteurization (UHT). Ultra pasteurized milk has been additionally heated to the point that the milk can sit on the shelf without refrigeration for long periods of time. However, you cannot make your own yogurt or cheese from this milk. The healthy bacteria used to make yogurt, cheese, or Kiefer is not able to use UHT milk. This milk has been cooked too much and is undigestible to natural fermentation processes. This makes you wonder if the UHT milk has any health benefit to mankind as well.

More than 100 years ago, Dr. Weston Price

researched the effects of the modern food preparations that were beginning to advance through the western culture of Europe and the United States. He documented his research in the book, "Nutrition and Physical Degeneration." In cultures all around the world, he discovered the importance of quality fat to sustain a society. When the culture moved toward more processed foods, more "low fat" foods, and more convenient foods, the result was increased cavities, increased need for braces on teeth, and decreased fertility. These are all the symptoms we see in today's modern living. You can find out more about Dr. Price's work and the thriving community that is applying the principles he discovered at <https://www.westonaprice.org/>

Make your health a priority in 2024. Quality dairy options include raw milk, whole fat milk, and naturally fermented products like yogurt, fresh cheese, and Kiefer. Adding quality fat sources can be one of those little changes that can make a big difference in your health. If you would like to pursue a healthy lifestyle and increase longevity, I can help you start a plan.

Contact me to discuss your health goals for 2024. I can help you reach those health goals with whole food plans customized to your specific needs. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net Start this year with a new plan. Foundation to Thrive is a 16 week lifestyle transformation to help you reach your health goals in 2024.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Milo Peterson Ford Co.



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PLEASE... Eat Your Veggies!



By Shauna Burshem, D.C.

Eat your veggies! I heard that a lot during childhood. As a kid, I was never a big fan. My favorite vegetable was corn. And corn isn't even a vegetable, it's a grain. Forget peas, carrots, string beans etc. Disgusting! I don't know about you, I am in my early 40's, when I was a small child, most vegetables eaten were served from cans. Gradually, as I became older, the focus on vegetables moved from canned to fresh. And I am guessing, that helped a lot with the taste. I soon starting liking vegetables and as a young adult in my 20's vegetables became a mainstay in my diet.

Vegetables are the body's main source for vitamins, minerals and fiber. The nutrients

that allow us to live a healthy life. Over the years we have been told to eat a certain amount of vegetables a day for optimal health. The latest scientific research reports that eating a higher amount of fruits and vegetables is associated with a lower risk of dying in men and women. A recent study of over 2 million people worldwide found that the optimal amount and combination of fruits and vegetables for longevity are 2 fruits and 3 vegetables a day.

Diets rich in fruits and vegetables help reduce risk for numerous chronic health conditions that are leading causes of death, including cardiovascular disease and cancer. Yet, only about one in 10 adults eat enough fruits or vegetables, according to the U.S. Centers for Disease Control and Prevention.

The take away from the study revealed:

- Intake of about five servings of fruits and vegetables daily was associated with the lowest risk of death. Eating more than five servings was not associated with additional benefit.

- Eating about two servings daily of fruits and three servings daily of vegetables was associated with the greatest longevity.

- Compared to those who consumed two servings of fruit and vegetables per day, participants who consumed five servings a day of fruits and vegetable had a 13% lower risk of death from all causes; a 12% lower risk of death from cardiovascular disease, including heart disease and stroke; a 10% lower risk of death from cancer; and a 35% lower risk of death from respiratory disease, such as chronic obstructive pulmonary disease (COPD).



- Not all foods that one might consider to be fruits and vegetables offered the same benefits. For example: Starchy vegetables, such as peas and corn, fruit juices and potatoes were not associated with reduced risk of death from all causes or specific chronic dis-

eases.

- On the other hand, green leafy vegetables, including spinach, lettuce and kale, and fruit and vegetables rich in beta carotene and vitamin C, such as citrus fruits, berries and carrots, showed benefits.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*



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GRAND CASINO

MISSY'S MESSAGE



MISSY PAPERFUS

May 7th and 8th are a couple days I will never forget. I was so sick with terrible stomach cramps, nausea, and vomiting. I was thinking it was my appendix, but the pain I was experiencing wasn't quite exactly like it typically would be for an appendectomy. I was miserable, and compare this experience to when I was pregnant 23 years ago and felt sick for 9 months. Only this time, the pain was even worse. I should have known from my experience back then when I had to make a trip to the ER (here's where everyone can learn from my mistake), when your body is not cooperating, sometimes the only relief is getting an IV and getting some anti-nausea medication. After struggling for over 30 hours, I gave up and decided it was time to make a trip to the ER.

Six hours later in the Emergency Room at Saint Marys Hospital and a bunch of testing, it was determined I was headed to Methodist Hospital via ambulance for emergency surgery and had to have an ovary removed. They also discovered I had a hernia and repaired that too. Recovery is going well. No exercise except walking for six weeks and no lifting more than 15 pounds. Mike and Monty have been taking good care of me and making sure I rest when needed.

Missy and her husband Mike own MotoProz in Mazeppa.

SEMCAC Announces Recent Organizational Grant Awards



gramming grant for Cannon Arts Board Programs.

- Minnesota State Fiddlers Association received a \$5,000 Programming grant for Fiddle Showcase.

- Pine Area People for the Arts received a \$5,000 Small Towns/Rural Areas grant for Gooseberry Jam.

- Zumbrota Area Arts Council received a \$5,000 Small Towns/Rural Areas grant for 2024 Summer Music in Zumbrota East Park.

SEMAC congratulates the award winners and looks forward to celebrating the creative programs these grants will bring to southeastern Minnesota.

For more information about SEMAC's grant programs, visit semac.org or contact the office at 507-281-4848.



This activity is made possible by the voters of Minnesota through grants from the Minnesota State Arts Board thanks to a legislative appropriation from the arts and cultural heritage fund.

On May 21, 2024, the Board of Directors of the Southeastern Minnesota Arts Council awarded grants to 59 organizations representing eleven counties for a total of \$387,630 in funding. This includes 35 Legacy grants for \$276,250, thirteen Programming grants for \$61,450, ten Small Towns/Rural Areas grants for \$48,930, and one \$500 Opportunity Grant.

SEMAC, a non-profit arts agency, is designated by the State of Minnesota Arts Board as the regional arts council for eleven southeastern Minnesota counties: Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, and Winona

Grants for were awarded to the following organizations in Goodhue County:

Goodhue County

- Anderson Center at Tower View received a \$10,000 Legacy grant for Minnesota Children's Book Festival.

- Cannon Arts Board received a \$3,270 Pro-

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Goodhue-Bellechester Messenger

Nuvera Introduces Connect Assist Credit to Support Lifeline Program Customers Following ACP Discontinuation

New Ulm, Minnesota (May 28, 2024) – In response to the federal government's Affordable Connectivity Program (ACP) discontinuing at the end of May, Nuvera is proud to announce the launch of its new Connect Assist Credit (CAC) program. This initiative aims to provide continued support for customers who are eligible for the Lifeline program, ensuring they maintain access to essential internet services.



As part of the CAC program, eligible customers can acquire internet services for less than \$26 per month. To qualify for this program, customers must present proof of Lifeline qualification to Nuvera. If a customer is not Lifeline approved, apply at www.lifelinesupport.org. Once verified, Nuvera will offer an additional \$10 per month Connect Assist Credit to their internet service. This credit applies exclusively to internet services.

"In today's world, the internet has become an essential service, much like water and electricity. The quality of life for many families depends on reliable internet," said Glenn Zerbe, President and CEO at Nuvera. "With the discontinuation of the ACP, we are committed to ensuring our customers continue to have access to affordable internet services through our new Connect Assist Credit program."

Customers interested in learning more about the Connect Assist Credit program should contact Nuvera at 844.354.4111.

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One-Party Rule - Chaos Reigns in Minnesota



Rep. Pam Altendorf (R) District: 20A

Two years, two very different legislative sessions. Both however, orchestrated under the same Democrat one-party control in Minnesota.

In January 2023 the legislature started seeing large, controversial bills arriving on the House floor. The extremist abortion-to-birth was introduced as the Democrats' top legislative priority. In February, we debated the blackout bill (aka carbon free energy). In

March, Democrats prioritized making Minnesota a sanctuary state for transgenders, allowing our state to pay for children to transition and going as far as removing parental rights. We debated this bill for hours, to no avail.

By year's end, House and Senate Democrats and Governor Walz agreed to spend a nearly \$18 billion budget surplus, raise taxes by \$10 billion, and grow state government by 40%. They also agreed to new laws that allow abortion until birth, punish law-abiding gun owners, and give free college, health insurance and drivers' licenses to illegal immigrants.

Many were shocked last year by the large number of awful new laws that raised taxes, spent money, or created controversial policy. The Democrats showed they had the capability of passing large controversial bills and doing it month after month.

The 2024 session ended in mass chaos. This was due to a significant logjam of more controversial bills seeking passage. Any serious person could understand that these bills could not be debated based on the time left on the clock.

On May 19, with less than an hour to go before the 2024 legislative session was mandated to adjourn, numerous omnibus spending proposals were unfinished. This was due to the complete mismanagement of

the session agenda by Democrats, who waited until the last day to try and approve their preferred partisan legislation before tackling their budget bills.

The bills on our calendar included stopping schools and governments from removing gay and lesbian rainbow pride symbols (ultimately did not receive a floor hearing); ranked choice voting for local governments (received bipartisan opposition and was defeated on the House floor); a Constitutional Amendment that would codify abortions in Minnesota all the way until the baby's birth (approved in the House by 1 vote, not debated by the Senate); and more.

Because Democrat leadership was unable to control the radical activists in their own caucus who pushed these controversial bills, legislation that actually impacted state government were left until the final weekend of session.

All of Saturday was lost. The Minnesota Senate recessed all day as the majority tried to strike a deal on the Uber/Lyft situation, a problem that came about due to the actions of the radical leftists sitting on the Minneapolis City Council. So as the left was negotiating with the far left, regular legislative business took a back seat.

All of this led to chaos in both chambers as the legislative clock was winding down Sunday night. As the Democrats were unable to

pass their budget bills, during the final hour they combined all of them into one mammoth extortion bill. It was more than 1,431 pages in length, yet not available to read online or on paper. We were literally told the bill contains provisions relating to taxes, transportation, housing, labor, higher education, agriculture, energy, human services, scope of practice and a binary trigger ban for firearms.

Despite Republican objections, we were ordered to vote. Like Nancy Pelosi once said, "we have to pass the bill so that you can find out what is in it."

As I write this, I still don't know all of what's in it. It's 1,431 pages!

And if that wasn't bad enough, the deciding vote as to whether this monstrosity was sent to the governor was made by a Democrat senator who is charged with burglary.

To me, it's par for the course. Democrats had two years to pass anything they wanted under one-party rule. Yet they'll point the finger at anyone but themselves for their dereliction of duty - and have no shame doing it.

It's been nothing but displays of radical, out-of-touch Democrat extremism for the past two years. How could anyone be surprised that they gave us one more for the road?



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Bellechester City Council Meeting Minutes
Goodhue County Board of Equalization
April 18, 2024 @ 4:30 PM

Meeting is recorded, and the recordings belong to the City of Bellechester.

Goodhue County Board of Equalization Meeting was called to order by Acting Mayor Mark Gerken at 4:30 p.m. and Lavon Augustine from Goodhue County Assessor's Office ran the Equalization meeting. Also present from Goodhue County was Sara Stubfors, Jeremy Laska. Lavon recapped sales in the county and provided information that City of Bellechester had 5 sales in the past year and shared information about the sales. Assessor's office is required to come every 5 years in the city.

With no residents present for questions, motion was made by Jered Buxengard with a 2nd by Kyle Blattner to close Goodhue County Board of Equalization meeting. Motion carried. Meeting Closed at 5:04.

Regular City Council Meeting was called to order by Acting Mayor Mark Gerken at 5:06 p.m.

Pledge to the flag.

Roll call was taken: The council in attendance: Acting Mayor Mark Gerken, Council people Jered Buxengard, Kyle Blattner and Rich Majerus as well as City Clerk Lisa Redepenning, Treasurer Kyle McKeown. Also present was Nick Keller and Donna Hunecke as well as Deputy Jordan Winberg from Goodhue County Sheriff's Office. Mayor Jody Gordon and City Engineer Matt Mohs were absent.

Minutes of March 20, 2024 regular meeting minutes were reviewed and motion was made

by Rich Majerus with a second by Mark Gerken to approve the minutes. Motion carried.

Bills were reviewed and a motion by Jered Buxengard with a second by Rich Majerus to approve and pay the bills as presented. Motion carried.

Old Business:

• **Sewer Lining Project** – See Engineer Report

• **Building Permit – Garage - Nick Keller** – Motion was made by Rich Majerus with a 2nd by Jered Buxengard to approve building permit as presented. Motion carried.

• **Summer mowing** – we received 1 application and Donna Hunecke was present and also interested. Motion was made by Kyle Blattner with a 2nd by Jered Buxengard to offer mowing job to Morgan Majerus at \$15.00/hour. Motion carried with Rich Majerus obtaining.

• **Auto Cross Vehicle Noise** – Copy of Ordinance #13 will be sent to the GCSO to ensure they know what the fines are if this is an issue in the future. Council concerns about noise was relayed to Deputy Winberg to get this issue known to other Deputies that are in city limits. Speed issues on Cty 16 was also passed on as a concern.

New business:

• **Set Special Meeting to Award Water Meter Bid** – Motion was made by Rich Majerus with a 2nd by Kyle Blattner to set a special city council meeting at Monday, May 6th @ 1:00 to accept the bid. Motion carried.

• **Engineer Report – Wabasha Co 7 Paving Project:** Matt asked the Co Engr for an update on the schedule. The paving project has an impact on our project.

• **Sewer Lining Project Update:** Preconstruction meeting is scheduled for Tuesday, April 23rd at 11:00 AM at the B&M office in Rochester. The tentative schedule shows the bulk of the work occurring this fall. More to come on the schedule after the preconstruction meeting. Water Meter Project Update: The bid is Wednesday, April 24th at 10:00 AM at the B&M office in Rochester.

• **Clerk Report – Interim Loan transfer made** – FYI – there is \$32962.61 remaining in this account and we have an interest payment due this month. Xcel Energy Reimbursement – we received a check from them for the cost of publishing the franchise agreement in paper.

• **New laptop** – received new laptop and set up and transferred all information – FYI.

Xcel sent a notice that they will be replacing our electric meters that we have with them.

• **Quarterly Reports** – all quarterly reports are done. Legion Insurance - Invoice was sent for Legion's portion of our insurance payment – FYI. \$624.00. Liquor Licenses – renewals were sent.

• **Treasurer Report** – Past due list was discussed as well as shut off locations that Bolten & Menk could not find.

• **Water/Wastewater/Facility Report** – discharging will be done on Friday. Water leak in the south pumphouse will be addressed.

• **Mayor Concerns:** Lack of water pressure complaint again from north side of well.

• **Council Concerns:** Bailing hay at ponds was discussed.

Adjourn

Motion was made by Rich Majerus with a second by Jered Buxengard to adjourn the

meeting. Motion carried. Meeting was adjourned at 6:00. Motion carried. Submitted by Lisa Redepenning – City Clerk

Bellechester City Council Special Meeting Minutes
May 6, 2024 @ 1:00PM

Special City Council Meeting was called to order by Mayor Jody Gordon at 1:00 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Kyle Blattner, Rich Majerus and Mark Gerken as well as City Clerk Lisa Redepenning and Engineer Matt Mohs were present. Council member Jered Buxengard and treasurer Kyle McKeown were absent.

New Business:

• **Accept Bid from Dakota Supply Group for Water Meter Project** – Motion was made by Rich Majerus with a 2nd by Mark Gerken accept bid as presented for their bid on the Water Meter Project. Motion carried.

• **Engineer Report** – Matt provided a brief update on this project.

• **Clerk Report** - None

• **Treasurer Report** – None

• **Water/Wastewater/Facility Report** – None

• **Mayor Concerns:** None

• **Council Concerns:** None

Adjourn

Motion was made by Kyle Blattner with a second by Mark Gerken to adjourn the meeting. Motion carried. Meeting was adjourned at 1:05. Motion carried.

Submitted by Lisa Redepenning – City Clerk

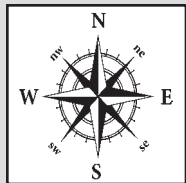
Minnesota Health Commissioner visits Goodhue County Health and Human Services



Pictured (left to right): Ruth Greenslade – Goodhue County Healthy Communities Supervisor, Commissioner Brad Anderson- HHS Board Chair, Wendy Underwood- Deputy Commissioner of Health, Nina Arneson- Goodhue County Health and Human Services Director, Dr. Brooke Cunningham- Minnesota Health Commissioner, Commissioner Susan Betcher, Kris Johnson- Goodhue County Health and Human Services Deputy Director, Mike Zorn- Goodhue County Health and Human Services Deputy Director, Mary Nelson- Goodhue County Family Health Supervisor, Jessica Seide- Goodhue County Community Health Specialist

Goodhue County Health and Human Services (GCHHS) had the honor of hosting, Dr. Brooke Cunningham, Minnesota Health Commissioner and Deputy Commissioner Wendy Underwood on Wednesday, May 1, 2024. This was an opportunity for Commissioner Dr. Cunningham to listen, learn and connect with GCHHS staff. It also gave GCHHS the opportunity to share our work and get to know her and her team.

*Changes in Latitudes,
Changes in Attitudes*
**Invasion of the
Zombie Cicadas**



By Terry Campbell

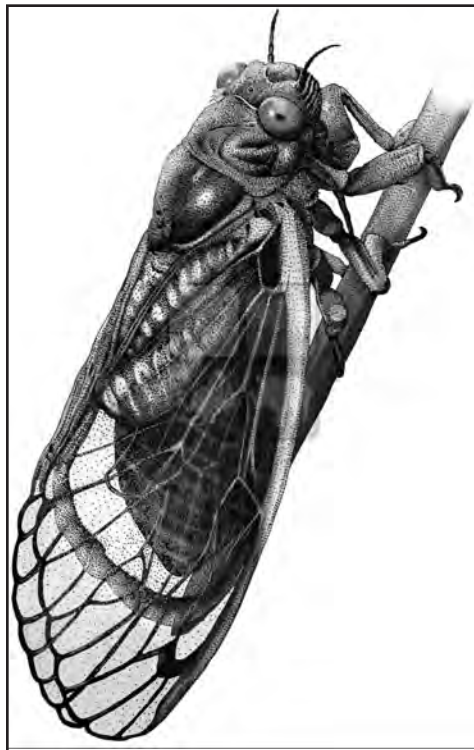
This column is written by Messenger editor and Minnesota native Terry Campbell.

Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Cicadas come out in the summer. It happens every year in Tennessee. They are best known by the high pitched buzz created by the male vibrating their abdomen over 120 times per second. This sound can reach 100 decibels. They make a lot of noise and start flying around looking for a mate. You can see the evidence of Cicadas since they shed their exoskeleton a couple times while growing. You will see the empty shell attached to the bark of a tree. Every thirteen or seventeen years a brood of cicadas, which have lived under the soil near a tree, will emerge and finish their life process by mating and dying. This year, the first time since 1803, the broods will co-emerge in the same year and populate in the trillions. If that is not enough, a fungus has infected the cicada, turning them into zombies.

The Massospora cicadina fungus attacks the bugs and takes over their body and behavior. The Cicada emerges from the soil with the goal of procreating, but the fungus makes them unable to achieve this objective. This fungus grows as a spore in the abdomen of a Cicada and causes them to swell up and burst releasing a white chalky substance. In the process their genitals fall off. The fungus causes them to become hyper sexualized yet unable to produce.

If that hasn't got your attention yet, the fungus also has a hallucinatory effect on birds which eat them. Baby Copperheads congregate around trees and feed on the Cicadas because it is an easy and plentiful food supply. They haven't figured out what the effect is



on snakes yet. On top of that the Cicada holds the title of king of the animal kingdom peeing contest. The Cicada has muscle that pushes waste through a tiny hole, like a jet. The flow rate is triple that of humans and elephants, reaching ten feet per second. If you thought it was raining on a clear day, you were just getting soaked in Cicada urine.

So you have trillions of frustrated Cicadas flying and trying to mate with other Cicadas while peeing from trees, stoned birds zooming around under the influence of the zombie fungus, a whole brood of vipers growing up on hallucinatory fungal spores and a constant high pitched whine in your ears day and night. The greatest hatch of Cicadas seems to be located between northern Tennessee and southern Illinois. Even if the fungus doesn't affect the Copperheads, a bumper crop of the serpents is anticipated for 2024 from the plentiful food source, which will increase the number of snakes hatching young next spring.

They call it Cicada-geddon and some folks complain that it is too noisy to stay outside. A chef in New York City has offered Cicada cuisine in his restaurant featuring various types of insects. An entomologist has recommended that people skip the Cicada dish until the threat of the infected bugs has gone. For the rest of the world it just looks a little like the plagues have returned.

**A Minnesotan:
Working Dogs**



By RosaLin Alcoser

Over the course of my life my parents have always had a dog. And all of those dogs have had some sort of job that was either taught to them or they just naturally did.

The dog we had when I was little's job was to keep things out of bushes and watch children. Both of which she naturally did on her own. There was never anything in the bushes and she kept us away from anything that she deemed as a treat to human children.

The next dog my mom trained to stay by her side or if she wasn't home to stay by my side. Which he did very well and it was his job. His main occupation was making sure everyone was safe which he did rather well as he was a giant dog that strangers didn't want to tangle with and

was a coward. This dog once trapped me in a bathroom with him because the tornado sirens were going off. He was very good at his job.

This same job was then taught to the next dog as well. With the expectation, he patrolled the perimeter of the house for mice and other rodents. The house and garage were mouse and rodent free for his entire life.

It is my parents' current job that is different though. This dog is mainly a dog of leisure. That isn't to say she doesn't have a job, it's just not an overly productive job. Much like Ken's job in Barbie Land is just beach, her job is just lake. She doesn't even swim in the lake; she just stands on the edge of it.

I believe this dog has swam exactly three times in her life. Twice when she fell off of the dock. The first time of which she blames me for as she feels I pushed her. When in reality she walked off the side of the dock and started swimming; while I was prepared to jump in and grab her since she was still rather young but didn't since she was swimming.

The third time was the one and only time she ran and jumped off the dock like the other dogs and even I do. Just to see if this was something she really didn't like or if the falling was the problem. She did not care for it and has not done it since.

Instead she keeps to her strengths and keeps doing her job of just being a lake. Not swimmer or lake jumper. Just lake.



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Once again the net proceeds from this year's Minnesota Country Salute CD will go to the Minnesota Military Family Foundation and Minnesota Wheels of Honor. Starting Veteran's Day you'll be able to buy your copy at any one of these locations and make sure the service men and women and first responders of Minnesota have the support they need.
CD Available at:

The Fireside
15541 Coontrap Ave. Centerville, MN
Open Wednesday 11:00am-6:00pm, Thursday 10:00am-5:00pm, Friday 10:00am-5:00pm, Saturday 11:00am-5:00pm, Sunday 10:00am-5:00pm. www.fireside.com

MMFF
Minnesota Military Family Foundation
Serving Military Families

WHEELS OF HONOR
Minnesota

BOB FM
TOTAL COUNTRY
105.5 • 106.1 • 107.5
St. Cloud • Twin Cities • Faribault

Volume 10

About the Minnesota Country Salute CD Project:
A decade ago while sitting on his porch, Neil Freeman came up with the idea of tying together two groups that BOB FM supports. The Homegrown artists of Minnesota and the military member support organizations. By creating a compilation CD to sell across Minnesota, he nailed it. With the help of many sponsors and listeners who went out and purchased these CDs over the years, BOB FM has donated over \$235,000 to the Minnesota Military Family Foundation, Minnesota Wheels of Honor, and Tribute to the Troops.
If you or your business would like to help further this mission, or help distribute the CD, please contact Neil Freeman, neil@mybobcountry.com.

DENNISON DAYS



RAIN OR SHINE

SATURDAY FOOD STANDS OPEN AT 11AM!

June 21 & 22, 2024



All You Can Eat PANGCAKE BREAKFAST

Includes Pancakes, Eggs, Sausage & Beverages

SATURDAY, JUNE 22
8:00 AM to 11:00 AM



SATURDAY, JUNE 22 CLASSIC CAR SHOW

8:00 AM

Trophies at NOON

TRUCK & TRACTOR PULL
10:00 AM

SATURDAY, JUNE 22

KIDS PEDAL TRACTOR PULL

11:00 AM

FRIDAY, JUNE 21 KICK OFF

Gopher State Garden Tractor Pull
6:00 PM

LIVE MUSIC
8:30 PM-Midnight
Russ Franek & The Biscuits

SATURDAY, JUNE 22

LIVE MUSIC
7:30 PM-Midnight
Main Street
Shane Martin
www.shanemartin.com

Saturday Schedule of Events

- 8-11a.m. **All You Can Eat Pancake Breakfast** Hosted by Nerstrand-Dennison Fire Dept., and Dennison Community Church. \$12 for adults, \$5 for Kids 12 & under, 3 & under FREE. Includes pancakes, eggs, sausage, coffee, juice, milk. Under Mainstreet tent.
- 8a.m. **Farmers Market Downtown • Citywide Garage Sales**
5K Run Begins at Paul's Plumbing Building, North of Dennison Depot. For more information text Ted at 507-301-4314 or e-mail: dennisonvangoffice@gmail.com
Classic Car Show on Mainstreet Presented by Clutchmen Car Club. Trophies at Noon. Contact Eric Swanson 612-282-6562.
- 8:30a.m. **Euchure at Fireside Lounge** For information, contact Jen Eggum 507-649-0602
Sign Up for Clutchmen Truck & Tractor Pull at Pull Site
Truck Pull Mike Beebe 651-341-2424 • Tractor Pull Thad Sonsdahl 507-330-0180
- 10a.m. **Truck & Tractor Pull Begins on the Hill**, sign up begins at 8:30a.m.
Cow Milking Contest Main Street, hosted by David Flom Dairy
- 11a.m. **Food Stands Open**
Joel Stenhaug & Jim Tracy Memorial Horseshoe Tournament in City Park Presented by the Dennison Lions
Kids Pedal Tractor Pull on Mainstreet (At Mainstreet intersection) Sign up begins at 10:30a.m.
- 1-3p.m. **Kids Carnival**
- 1:30p.m. **Parade Downtown - A Kiddie Parade Leads Off Main Parade** (Ages 12 & Under)
\$100.00 Prize for Best Parade Entry! Sign up at 12:00 p.m. South Mainstreet. Call 507-645-9992
- 2p.m. **625 Bar & Grill Bags Tournament** Sign up at 625 or call 507-782-9061
Live Music at 625 Bar & Grill
Kids Bingo Under the tent. Presented by Dennison Lions. Ages 3-11.
- 4:00p.m. **Purse & Gift Card Bingo** Presented by Dennison Lions & Fireside Lounge
- 5:30p.m. **Game Show TBD**
- 7:30-11:30p.m. **Live Music from "SHANE MARTIN" Alabama Tribute on Mainstreet** 18+ event. No Cover Charge. 21 to drink. Presented by Capitol Construction and Fireside Lounge & Supper Club

BE IN THE PARADE

SATURDAY at 1:30 PM!

A Kiddie Parade Leads Off Main Parade
(Ages 12 & under)

Sign up at 12:00 p.m. South Main Street

\$100.00 Prize for Best Parade Entry!

Call 507-645-9992

Dennison Lions Club DENNISON DAYS RAFFLE

- 1st Prize: \$500 Cash**
- 2nd Prize: \$200 Cash**
- 3rd Prize: \$100 Cash**
- 4th Prize: \$50 Cash**

Drawing held at 9:00p.m. at the Fireside Lounge

Need not be present to win.
Winner is responsible for any taxes or fees.
SPONSORED BY DENNISON LIONS CLUB
CHARITABLE GAMBLING PERMIT #2762

We Thank All Of Our Sponsors & Supporters

- | | | | | | | |
|----------------------------|-----------------------------------|-------------------------------|----------------------------------|------------------------------------|------------------------------------|--|
| 625 Bar & Grill | Capital Construction | Dennison Meat Locker | Geno Peterson | Kenyon VFW | Northfield Lines | Strese Tree Service |
| Ag Partners | Castle Rock Bank | Dennison Tire & Repair | GVF Herefords - Dennison | KYMN 95.1 | Northfield Retirement Center | Sviggum Insurance |
| Alan D. King Construction | CFS | Dohman Concrete Enterprises | Held Bus | Lake Country Bank | Parkside General Store - Nerstrand | Sweet Shibui Photography |
| Bakers Service | City of Dennison | Farmers Mill | Heritage Bank | Mainstreet Messenger | Paul's Plumbing | Syngenta |
| Big R Service Center | Clutchmen Car Club | Firehouse Liquor | Holden Farms | Merchants Bank | R Bar | Tatge Jewelry |
| Brekken Farms and Trucking | College City Beverage - Budweiser | Fireside Lounge & Supper Club | How-Flat Farms, Tim Howie | Midwest Machinery Co. - John Deere | River Country Coop | Taylor Truck Lines |
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| CannonBelles | Cub Foods | Flom Disposal | Interstate Lumber - Cannon Falls | Nerstrand Agri Center | Security State Bank Kenyon | Traxler Power & Equipment |
| Cannon Falls Beacon | D & S Sign | Flom Septic | Kenyon Ace Hardware | Nerstrand Fire Dept. | Severs Appraisal | Wood Doc Construction - Emery Maher |
| Cannon Falls Trailer Sales | Dennison Community Church | Frandsen Bank | Kenyon Ag Service | Nerstrand Meats | Specialized Floor Coverings | <i>If we messed your name, please accept our apology. Your support is appreciated.</i> |
| Cannon Tackle Supply | Dennison Depot | Garner's Upholstery | Kenyon Veterinary Clinic | Nest Woodworking | Streitz Heating & Cooling | |

For updated info. go to www.dennisondays.org