



DENNISON and
NERSTRAND

Mainstreet Messenger™

PRSR STD
U.S. POSTAGE PAID
PERMIT #2
Dennison, MN 55018

Postal Customer
ECRWSS

JULY 31, 2024

Volume 21 • Issue 7

Goodhue County Fair starts Next Week



2023 Goodhue Co. Fair

(continued on page 3)

Clutchmen Car Club Truck & Tractor Pull and Car Show August 3rd

After being cancelled during Dennison Days in June due to the rain and weather that plagued many events earlier this year, the Clutchmen Car Club will hold their annual Truck and Tractor Pull and Classic Car Show in Dennison Saturday, August 3rd.

"People missed the event not taking place

in June, so the club had a make up day available to reschedule".according to club members. The club will also host its annual car show on mainstreet across from Fireside Lounge that morning as well. (Check out details on page 9 of the Messenger) Saturday evening, Russ Franek and The Biscuits will



2023 Car Show

Announcements

• **Wednesday Wear, Nerstrand United Methodist Church** hours are **Wednesdays 1 - 5 and Saturdays 9 - 12.** Women's, men's and children's clothing, shoes, accessories, linens, toys and books. All things are free with donations accepted. Come and see what we have!

• **Dennison City Council** meetings are held the first Thursday of every month at 7:00 p.m.

• **The Nerstrand City Council** meets the second Tuesday of every month at 7p.m. at the Nerstrand City Hall. Office hours are: Monday 8:30-11:00; Tuesday by appointment; Wednesday 8:30-11:00; Thursday 5:00-7:00; Friday by appointment. 507-332-8000.

• **Warsaw Township Meeting** is held the 2nd Monday of each month at the Warsaw Township Hall. Meeting time is 6:00p.m.

• **The Wheeling Township meeting** will be held on the second Monday of each month at 8:00p.m. at the Wheeling Township Hall. Contact Rebecca Vergin, Township Clerk.

Do you have an announcement?
Email: hometownmessenger@gmail.com

The 49th annual Rice County Steam and Gas Tractor Show will take place August 30, 31 & September 1

Visitors can take a trip back in time with all the various exhibits and activities going on at the annual Rice County Steam & Gas Show just South of Dundas MN on Hwy. 3 Friday, Saturday and Sunday, August 30, 31 & Sept 1. This year the event features Minneapolis Moline Tractors and Equipment.

Attendees can expect to see many of the familiar attractions as they have in the past including the operating sawmill, corn shelling, thrashing, blacksmithing, and more. The annual flea market will take place on the grounds and additional exhibits are many, including antique tractors, classic cars and trucks along with draft horses. Vintage Machinery, both horse drawn, and tractor driven, will be on display and used in various exhibits on the grounds.

The tractor parade takes place at noon each day.



2023 Show

(continued on page 5)

be playing Live at the 625 Bar & Grill. The 2025 event is planned to take place during Dennison Days which is scheduled for June 21, 2025.

Search Continues for Missing Randolph Woman

Editors Note: As of press time, this is the latest news release and information from the Dakota County Sheriffs Department. You can get updates from the Sheriffs website and Facebook page.



Courtesy of Minnesota
Bureau of Criminal
Apprehension

The Dakota County Sheriff's Office continues to investigate the disappearance of 56-year-old Nicole Anderson who left on foot from her Randolph Township home on July 6th at approximately 10 a.m. and did not return. Family reported her missing the afternoon of Monday, July 8th.

(continued on page 18)

**RUSS FRANEK
and
THE BISCUITS**
SATURDAY, AUGUST 3
AT 625 BAR & GRILL
MAIN STREET, DENNISON



Chris Olson
is ELVIS
www.espking.com

THE KING
with
**CASH &
DIAMOND**



Doug Allen Nash is
JOHNNY CASH & NEIL DIAMOND
www.dougallennash.com

~ A Tribute Show to The King, Man In Black & Neil Diamond ~

Show Time Saturday, September 28
at 7:30 PM

Advance Tickets \$25.00
Day of Show \$30.00 Plus Tax



CALL 507-645-9992 or
EMAIL:

firesideloungedennison@gmail.com
TO MAKE DINNER RESERVATIONS!
www.firesidelounge.net

This World Is Not Our Home

By Pastor Larry Grove
Hauge Free Lutheran Church

This mindset is what the Apostle Paul was telling the believers in Phillipians that they needed to have in the situations they were facing. All through the book of Phillipians he is exhorting them to always try to see the best in every circumstance and trial they encountered. In spite of the difficulties they faced, Paul encouraged them to meditate on the positive and not dwell on negative thoughts. This same mindset is significant for us as Christians today as well. There is so much around us that can cause us to lose heart, to become anxious or critical. We are God's avenue to bring hope to this world and it won't happen if we, as believers in Christ, cannot articulate that hope in a winsome fashion. Albert Brumley was born in 1905 and he grew up in Oklahoma and helped pick cotton as a youngster. He never complained but realized he wanted more than the life of a cotton picker. So he started writing music. He wrote a song in 1919 called "This World Is Not My Home". This song tells of his desire to look past the cares of this world and look to the promises we have in Christ. Albert had grown up in poverty, and would witness 2 world wars and the Great Depression. Life would never be "easy", but Albert would learn life is easier when you allow Jesus to walk beside you. 2 themes seem to pop up in Albert's songs over and over again; Heaven and Jesus. Having a personal relationship with Jesus brings a little bit of Heaven here to earth. This is the first

verse in the song he wrote.

This world is not my home I'm just a-passing through

My treasures are laid up Somewhere beyond the blue

The angels beckon me From heaven's open door,

And I can't feel at home In this world anymore.

Paul is attempting to convey this same type of mindset to the Christians in Phillipians. It is my longing to see the body of Christ perpetuate that perspective in our daily walk as well. Setbacks and suffering have a debilitating effect on us when we are in a vulnerable state. This can cause us to look to various vices to help alleviate the pain or stress. Reliance on these vices can lead to addictive behavior and loss of control. To help people dealing with any type of addictions, Hauge Lutheran Church has welcomed the Life Recovery Ministry. This is what Dave L. would like people to know about this endeavor. He sends out these words. "I have jotted some

notes about the program 'Steps to Freedom', which Hauge Lutheran so graciously supports, both in facility and in prayer. Hauge people as a whole are non-judgmental and have a genuine compassion for those who suffer. This is an open meeting and seeks to help people recover from addiction.

It is a design for living that is based on attraction rather than promotion. We feel that each person's religious views, if any, are their own affair. There are no dues or fees. The only requirement to attend is a HONEST desire to stop living in addiction. We use the 12 steps of Alcoholics Anonymous to guide us and we study the AA Big Book, keeping in mind that the words alcohol and alcoholic can be changed to any addiction obsession. There is a vast amount of fun and laughs in our group. Some people might be shocked at our seemingly worldliness, but underneath it all lies a deadly earnestness and a full realization that the most important thing is our addiction problem, no matter what that addiction may

be. We seek physical, mental, and spiritual recovery. Love and tolerance is our code. We meet on Monday evenings from 7 to 8 pm in the church basement, 302 Bullis Street, Kenyon. If anyone is wrestling with addiction of any kind, please come and find support and freedom with the group at Hauge. Feel free to contact Dave L., a trusted servant of the group with any questions you might have at 612-968-3314. We all need to be at the top of our game in the days that we are in. By having a positive attitude and always being willing to look for things that can build people up instead of tearing them down, it will go a long way in our attempts to win as many as possible to Christ. May God show us favor as we desire this mindset for His glory. Ephesians 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

Traxler Law PLLC

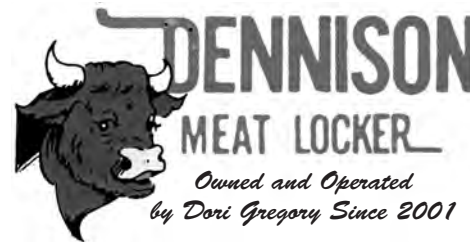
traxlerlaw.com

Ann Traxler
Attorney

PRACTICE AREAS

- Wills, Trusts, & Estates
- Farm and Business Transition Planning
- General Practice
- Probate

4359 Cty. 11 Blvd.
Kenyon, MN 55945
507-405-0420
ann@traxlerlaw.com



Dennison Meat Locker
Provides Quality Custom
Meat Processing Services
to the Community

**WE ALSO OFFER RETAIL SAUSAGE, STEAKS, HAMBURGER
AND OTHER MEAT PRODUCTS**

- Pork • Beef • Poultry • Lamb • Venison
- Whole Roasted Hogs • Elk • Homemade Smoked Sausage

109 Farm Road, Dennison, MN • Monday-Friday 8a.m.-5p.m.; Saturday 8a.m.-2p.m.
www.dennisonmeatlocker.com • dennisonmeats@gmail.com • 507-645-8734

LUTHERAN

Dennison/Vang Lutheran Parish
P.O. Box 117, Dennison, MN • 507-645-6042
Website: www.dennisonvang.org
Email: dennisonvangoffice@gmail.com
Pastor Paul A. Graham

Gol Lutheran Joe Jorgensen, Pastor
507-838-2100
Sunday Worship 10:30 a.m. July-August

Grace Lutheran, Nerstrand
Mike Ahrens S.A.M.
Service 9 a.m.; Coffee Hour 10:00 a.m.
Sunday School 10:15 a.m.

Emmanuel Lutheran
9:00a.m. Sunday School
10:00a.m. Coffee Time 10:30a.m. Worship Service

Hegre Lutheran
Pastor Chris Brekke
Sunday School 9:15a.m.; Worship 10:30a.m.

Moland Lutheran
Nancy Edvardson, Pastor • 10:30 a.m. worship

First Ev. Lutheran
Luther Mathsen, Pastor
Sunday 9:00 a.m. worship

Wangen Prairie Lutheran Church LCMC
Shannon Bauer, Pastor
24289 Cty. 24 Blvd., Cannon Falls
Sunday Worship at 9:00a.m. followed by fellowship.
Thursday Bible Study at 9:00a.m.

AREA CHURCH DIRECTORY Sleep of Exhaustion

He lay down under the bush and fell asleep.
— 1 Kings 19:5

Yesterday I mowed our overgrown lawn, cleaned our cluttered garage, and washed some of the filmy windows on our house. Physically exhausted at the end of the day, I fell asleep as soon as my head hit the pillow.

In our reading for today, Elijah is exhausted and falls asleep under a bush in the wilderness. But Elijah isn't exhausted from doing chores. He has just had a dramatic confrontation with the priests of Baal (see 1 Kings 18:16-46), and now he is fleeing for his life from King Ahab and Queen Jezebel. Totally shattered—physically, emotionally, and spiritually—Elijah asks God to take his life.

Yet God doesn't answer his plea. Instead, through an angel, God provides Elijah with sustenance for the road ahead. Then, after some more restful, restorative sleep and more food and drink from the angel, Elijah sets out on the journey ahead of him.

What can this extraordinary story teach us? We are reminded of our basic need for sleep and its restorative benefits. Even more importantly, we see that God tenderly cares for us, feeds us, and watches over us—even in our deepest, darkest moments. Though our own story may not be as dramatic as Elijah's, God will provide what we need so that we too can take up the journey ahead of us. In fact, God has already provided for us through his Son, Jesus, who invites us to come and rest in him (Matthew 11:28-30).

Lord, our only hope for true rest is in you. As you reach out to us, help us to come to you. Amen.

METHODIST

Nerstrand United Methodist
Gary Liker, Pastor
507-330-0025
Worship 9:00a.m.

Stanton United Methodist
Rev. Tom Countryman
Worship 10:15a.m.
Church Phone 507-321-3598

ST. JOHNS UNITED CHURCH OF CHRIST

(Wheeling Township) 19086 Jacobs Ave., Faribault
Gary Liker, Pastor • 507-330-0025
www.stjohnsunitedchurchofchrist.info
Sunday School 9:30a.m.; Worship 10:30a.m.

NEW LIFE CHURCH

525 Beverly St., Wanamingo
9:00a.m. Sunday School for all ages;
10:00a.m. Worship Service
7:00p.m. Small Group Bible Studies - Sun.

HOLDEN-DALE PARISH

Pastor Dustin Haider • 507-789-6677
Email: holdensecretary@gmail.com
Worship schedule found at:
www.holdenlutheranchurch.org
Holden/Dale Facebook

Email your church announcements, schedule, etc. to the Mainstreet Messenger at: hometownmessenger@gmail.com

Mainstreet Messenger

Mainstreet Publishing

P.O. Box 125

Dennison, MN 55018

Phone/Text 507-649-3327

Fax 507-645-9878

www.dennisonmn.com

www.nerstrandmn.com

Published in cooperation with
Mainstreet Publishing Minnesota, Inc.

© 2024, Mainstreet Messenger. All rights reserved.

For advertising information
email:

hometownmessenger@gmail.com

or call 507-649-3327

Cheri Haak-Bogue

Cheri Haak-Bogue, age 67, of Dennison died peacefully in Faribault on January 22, 2024 surrounded by loved ones.

She is survived by her husband Kyle, sons Isaac, Kyle Jr. (Leslie), Andy, John, and eight grandchildren.

A celebration of life was held Saturday, July 20th at the Nerstrand Big Woods State Park picnic pavilion from 1:00-4:00pm.

Lou Ann Lervik

Lou Ann Lervik, age 91, of Northfield, passed away peacefully on Sunday, July 14, 2024, at Benedictine Living Community.

Lou Ann Haugen Lervik was born March 3, 1933, on the family farm in Dennison, Minnesota, to Thomas and Tilda (Holt) Haugen. She attended Dennison School and graduated from Northfield High School in 1951. On May 24, 1952, Lou married James Lervik at Dennison Lutheran Church. The couple owned and operated Jim's Clothing for many years in Northfield until 1971. After selling Jim's Clothing Lou worked for several years at Mitchell Clothing Store.

Lou was a lifelong active member of Dennison Lutheran Church. She enjoyed working in her flower garden, volunteering at the Clothes Closet, making Lefse and visiting with her siblings. Lou was a great cook and baker - if someone stopped, there would be a spread on the table in two minutes! She was kind, loved by all, and she will be greatly missed.

Survivors include her daughters Deborah (Bernie) Budin of Northfield, Laurie (Bill) Forster of Minneapolis, Heidi (Pam Walden) Lervik of Phoenix, AZ; 5 grandchildren Nathan Budin (Kirsten), Rachel Trnka (Brian), Natalie Forster (Jason Eno), Johnathan Newton (Tina), Jacob Walden (Lindy); 11 great-grandchildren Dylan, Kelsie, Brady, Carson, Ajay, Finley, Forest, Jacob, Sophie, Ryan and Rhett; nieces, nephews, other relatives and friends. She was preceded in death by her husband Jim; grandson Scott Budin; her siblings Herb Haugen, Russell Haugen, Valdine Engeseth, Meredith Lien, Hazel Dammer, Norma Iverson and Don Haugen.

A celebration of Lou's life was held at 11:00AM, Thursday, July 18, 2024, at Dennison Lutheran Church. Visitation was one hour prior to the service in the church. Burial was in Valley Grove Cemetery, rural Nerstrand. Urn bearers were Nathan Budin, Rachel Trnka and Natalie Forster.

Memorials are preferred to Dennison Lutheran Church.

Arrangements are with the Bierman, Benson & Langehough Funeral Home. www.northfieldfuneral.com

Goodhue County Fair starts Next Week

(continued from page 1)



2023 Goodhue Co. Fair

The 2024 Goodhue County Fair starts next Tuesday in Zumbrota. The fair is a showcase for the county and provides many opportunities to exhibit items in the open class competition.

Fine Arts, Crafts, and Needle Arts, Culinary, Flowers, Fruits, Vegetables, Woodworking, Collections, and Hobbies are open to any person to participate in the fair show. 4H members will be showing their beef, dairy, swine, sheep, goats, rabbits and poultry during the week with the ribbon buying breakfast and auction Saturday morning, August 10th beginning at 8am. The horse pleasure and games show is on Sunday August 4th in the horse arena starting at 8:30am. The pet show is on Monday August 5th at 6:30pm. On the lighter side there will be a goat costume show on Friday August 9th at 5 pm.

This year the grandstand shows include bull riding, barrel racing and mutton busting on Tuesday at 7pm. Wednesday will be autocross racing at 7pm. Thursday evening at 6:30pm is the truck and tractor pull. Friday

will be autocross racing will be held again at 7pm. The grandstand shows end with a demolition derby on Saturday at 10pm.

The carnival midway will open Wednesday evening and be open Thursday through Saturday from 1 to 10pm. Free events include the Acme Magic Factory, the Circus Science Spectacular, the magic of Shaun Jay and Doc Magic Fun time Variety Show taking place daily all week long. Wednesday will be Day Care Day. Thursday is Goodhue County Ag Day. Friday is Senior Citizens Day with those 65 years and older getting in free.

Daily admission is \$7.00 with those under 12 free. Unlimited ride special armbands are available for \$20.00 on select evenings and Saturday afternoon.

There is free live music at the beer garden every day. Tuesday is Leonard McCracken from 7 to 10pm. Wednesday is Dave Carpenter and friends at 2pm and Ryan Sullivan at 6pm. Thursday features Troy Aron Johnson at 5pm. On Friday George's Concertina Polka Band is at 2:30pm and Bryan Anderson at 7pm. On Saturday Foster Grand will play from 8:30pm to 12:30am.

WE'RE HERE FOR YOU!

We're local, qualified and ready to help you achieve your dreams!

Our Services Include:

Personal Banking:

Ag Lending, Personal Checking, Ready Reserve, Personal Savings, iHelp Student Loans, Safe Deposit Boxes, Personal Loans, Mortgages, Construction Loans

Business Banking:

Business Checking, Business Savings, Business Financing, Night Deposit, Teleserv (24 Hr. Phone Banking), Internet Banking, Direct Deposit, ACH Processing

 **Lake Country Community Bank**
Banking on Relationships

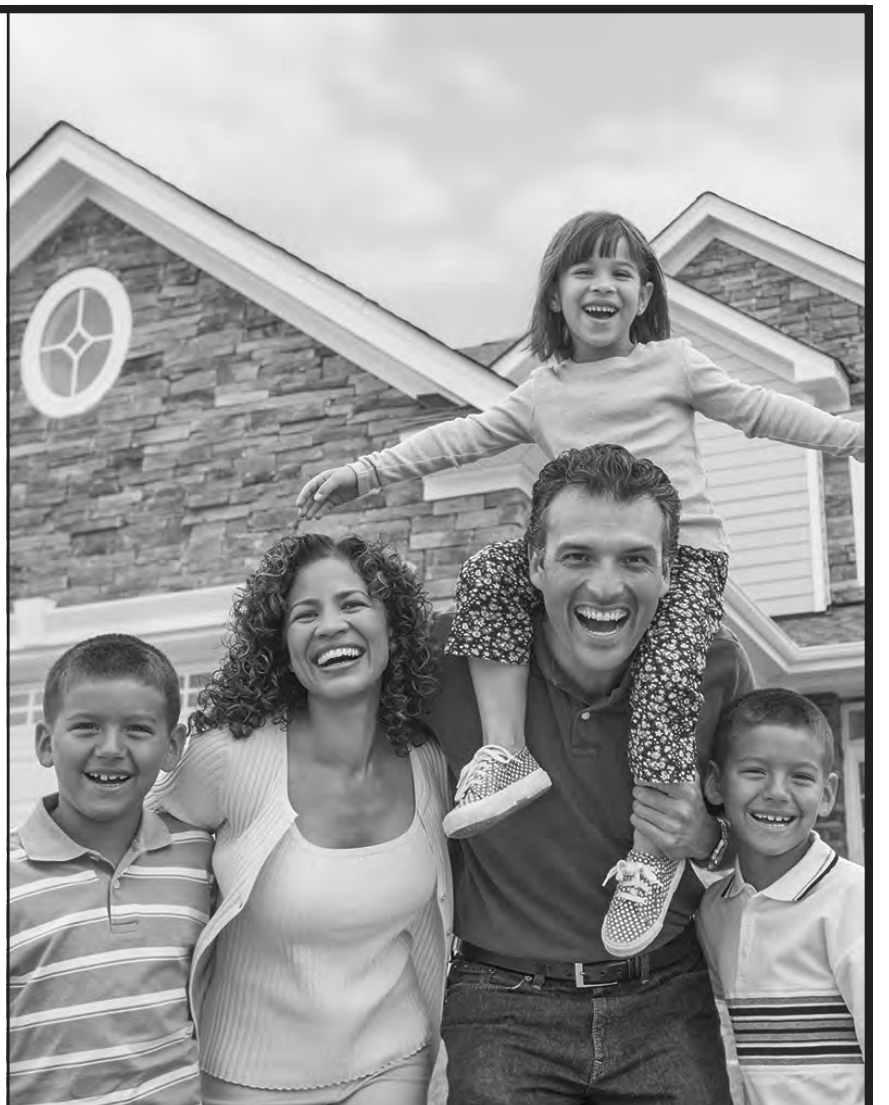
www.lccbank.com

Nerstrand Lobby Hours: 9am-2pm M-F

313 Main Street • (507) 333-2500

- ATM AVAILABLE AT PARKSIDE -

Member  





Courtesy of Nerstrand Fire & Rescue



Courtesy of Nerstrand Fire & Rescue



Courtesy of Nerstrand Fire & Rescue



Courtesy of Nerstrand Fire & Rescue



Courtesy of Nerstrand Fire & Rescue


Nerstrand Firefighter Mike Stenbakken Retires

Courtesy of Nerstrand Fire & Rescue

After 52 years of dedicated service to Nerstrand Fire & Rescue, Firefighter Mike Stenbakken retired in July. We extend our gratitude for his commitment to the department and community. Your experience and knowledge will be missed.



Mike Stenbakken




THE KING

with


CASH & DIAMOND

Chris Olson is ELVIS
www.espkng.com

Doug Allen Nash is JOHNNY CASH & NEIL DIAMOND
www.dougallennash.com




Show Time Saturday, September 28 at 7:30 PM



Call 507-645-9992
or Email Your
Ticket Reservation to:
firesideloungedennison@gmail.com
Put "Elvis Tickets"
in the Subject Line.

Advance \$ **25.00**
Tickets

Day of Show \$ **30.00** Plus tax



The Fireside
LOUNGE AND SUPPER CLUB

37540 Goodhue Ave., Dennison, MN
Hours: Wednesday & Thursday 11:00 AM-8:30 PM
Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-8:00 PM
Bar Open Later
www.firesidelounge.net

Rain or Shine Under the Big Top! Over 2 Hours of Great Entertainment!

The 49th annual Rice County Steam and Gas Tractor Show will take place August 30, 31 & September 1

(continued from page 1)

Breakfast is served daily on the grounds as well as other food stands offering food throughout the day.

The kids pedal pull is Saturday after the parade, and the tractor pull is Sunday at 9:00 AM. Minneapolis Moline tractors and implements are the feature of this year's show, and one is being raffled off for their annual fundraising raffle. The kids' play area includes a merry go round, swings, sandboxes and more.

A petting zoo will also be available for visitors, presented this year courtesy of Windy Willow Farm Adventures.

There will be live music all three days and a non-denominational church service will take place Sunday at 8:00 AM.

General admission is just \$10 for the entire weekend and all events are free for ages 12 and under.

The all-volunteer group works hard to preserve history, maintain the grounds and bring



2023 Show



2023 Show

new pieces of history to visitors every year. The newest acquisition for the club was the former Waterford, MN schoolhouse and township building, which was moved to the grounds last year from its original location in Waterford (Just North of Northfield). The move south down Highway #3 was delayed several times last year due to weather and other factors. Photos of the historic move are available on the Rice County Steam and Gas Facebook page.

Complete information and event listings are available on the group's Facebook page and website at ricecountysteamandgas.com



2023 Show



2023 Show



The members and volunteers of the Dennison Lions Club thank everyone for their time, friendship and financial support of Dennison Days and other Lions Club events and activities throughout the year!



625 Bar & Grill
Ag Partners
Alan D. King Construction
Bakers Service
Big R Service Center
Brekken Farms and Trucking
Bryan Eggum Dekalb
CannonBelles
Cannon Falls Beacon
Cannon Falls Trailer Sales
Cannon Tackle Supply
Capital Construction
Castle Rock Bank
CFS
City of Dennison

Clutchmen Car Club
College City Beverage - Budweiser
Community Resource Bank
Cub Foods
D & S Sign
Dennison Community Church
Dennison Depot
Dennison Meat Locker
Dennison Tire & Repair
Dohman Concrete Enterprises
Farmers Mill
Firehouse Liquor
Fireside Lounge & Supper Club
Flom Dairy
Flom Disposal
Flom Septic

Frandsen Bank
Garner's Upholstery
Geno Peterson
GVF Herefords - Dennison
Held Bus
Heritage Bank
Holden Farms
How-Flat Farms, Tim Howie
IMS Contracting
Interstate Lumber - Cannon Falls
Kenyon Ace Hardware
Kenyon Ag Service
Kenyon Veterinary Clinic
Kenyon VFW
KYMN 95.1
Lake Country Bank

Mainstreet Messenger
Merchants Bank
Midwest Machinery Co. - John Deere
Milo Peterson Ford
Nerstrand Agri Center
Nerstrand Fire Dept.
Nerstrand Meats
Nest Woodworking
Northfield Lines
Northfield Retirement Center
Parkside General Store - Nerstrand
Paul's Plumbing
R Bar
River Country Coop
River Road Repair
Security State Bank Kenyon

Severs Appraisal
Specialized Floor Coverings
Streitz Heating & Cooling
Strese Tree Service
Sviggum Insurance
Sweet Shibui Photography
Syngenta
Tatge Jewelry
Taylor Truck Lines
Three Links Care Center
Traxler Power & Equipment
Wood Doc Construction - Emery Maher

If we missed your name, please accept our apology. Your support is appreciated.

Goodhue County 4-H Dairy Judging Team Sees Success Internationally

Submitted by Aly Kloeckner,
Goodhue County 4-H
Extension Educator

Over the years the Goodhue County 4-H Dairy Judging Teams have seen success, but none quite like the team comprised of Calvin Benrud (Goodhue), Natalie Clemenson (Zumbrota), Caryn Miklas (Zumbrota), and Evelyn Scheffler (Zumbrota). This team of judges has worked with each other from a young age - learning together, stumbling together - and in the fall of 2023, it took the team to the top of the standings at the National 4-H Dairy Judging Contest at the World Dairy Expo in Madison, Wisconsin. This accomplishment awarded them the opportunity to travel internationally this summer to the Royal Highland Show in Scotland, as well as the Charleville Agricultural Show in Ireland. At the end of the trip, the youth were also able to explore London.

During the trip the team was able to learn about agriculture in other countries, visit local attractions, and judge in a few contests. Clemenson and Scheffler placed third overall at the Royal Highland Show, and the full team consisting of Benrud, Clemenson, Miklas and Scheffler placed second overall at the Charleville Agricultural Show! This type of success internationally has not been something previous teams have enjoyed.

When asked about their favorite parts of the experience - the youth responded with slightly different responses - but each were focused on agriculture in other places. Benrud responded with a fun fact he learned. "Geographically, the United Kingdom is positioned in a way that creates a very mild climate. It was interesting to see how they used this to their advantage by growing much more

grass and wheat, and little to no corn". Scheffler enjoyed all aspects of the trip, but really enjoyed walking the fairs and placing in the judging contests. Ireland was her favorite sight seeing place with all the small towns they went to. Clemenson responded that "A highlight of the trip for me was being able to tour the farms and see the similarities they have to American farms, but also the many differences. Including different feeding rations, breeding selections, and more. I enjoyed being able to hear from each of the farmers directly and their perspective on agriculture in their countries."

The chaperones were continually impressed with the behavior of the kids and said it never got old hearing from the guides and tour leaders how well behaved and respectful the youth were.

The opportunity to travel internationally is not one afforded to all youth, and we are very proud of the efforts put forth by this group of 4-H members to earn this award and their continued advocacy for agriculture through their experiences.

We are also thankful for the chaperones, parents and coaches who got these youth this far. Roger and Michelle Benrud, Brian and Tiffany Clemenson, Mike Chamberlain and Amy Bearbower, Tony and Maizie Scheffler, and Emily Mollenhauer - a wholehearted thank you from 4-H for your continued support and the positive impact you've each had on these youth (and many others!) in the 4-H program.

The entire team looks forward to presenting about their experiences at upcoming community and 4-H meetings and thank the many supporters of their trip. It could not have been possible without the support of the many businesses and community members who donated to the team!



L-R Natalie Clemenson, Calvin Benrud, Caryn Miklas, Brian Styer (Wisconsin 4-H Member who joined the team for Ireland Contests), Evelyn Scheffler (Charleville Agricultural Show)

Learn About Conservation Grazing at Upcoming Field Day

The Minnesota Grazing Lands Conservation Association is holding a field day on the Coughlin Stock Farm near Lonsdale on August 10th. Learn about grazing/pasture management, enjoy a free meal, and network with other experienced farmers. Please register so organizers can plan the meal by contacting Star Nelson at (507)-838-0569 or star.nelson@mnglca.org. (see below)

DO YOU HAVE AN ANNOUNCEMENT FOR THE MESSENGER?

Email:
hometownmessenger@gmail.com

Passport to Ag – Fun for the whole family! August 8

Join local farmers for a free agricultural adventure!
Passport to Agriculture -
3-8 p.m. Thursday, Aug. 8
at the Rice County
Fairgrounds

Enter from 20th Street
NW/Hiawatha Pioneer Trail

Activities for all ages: attendees will have the opportunity to walk through different educational destinations like Dairyville, Cropstown, Safety Street, Conservation Meadows and more -- all hosted by local farmers and farmers organizations.

Each location has stamps that participants can earn to unlock agricultural experiences. Experiences include visiting with famers, milking demonstrations, bottle feeding a calf, climbing in a tractor cab and taking a ride, and more!

Be sure to grab some dinner while you're there. The free meal consists of beef, turkey or pork, sweet corn, ice cream and more.



MN GRAZING LANDS CONSERVATION ASSOCIATION FIELD DAY



INTERESTED IN GRAZING? JUST STARTING OUT? BEEN GRAZING FOR YEARS? THIS FIELD DAY IS FOR EVERYONE!
COME LEARN ABOUT ADAPTIVE GRAZING, WATERING SYSTEMS, FENCING TYPES, MULTI-SPECIES GRAZING, AND MORE!

AUGUST
10TH

COUGHLIN STOCK FARM
SHIELDSVILLE STOCK FARM
7566 130th St W
Lonsdale, MN 55046

REGISTRATION
8:30 AM

Presentations by
DAN AND JUDY COUGHLIN
JOE AND KIMMY PESTA

FREE MEAL
NETWORKING
OPPORTUNITIES WITH PEERS
LEARN FROM EXPERIENCED
GRAZERS



PLEASE RSVP TO STAR NELSON
(507)838-0569
STAR.NELSON@MNGLCA.ORG
REGISTER ON OUR WEBSITE

Down on the Farm/ Up at the Cabin Construction Projects - Another Adventure in Learning

By Monica & Claudia Vanderborght

Both Monica and Claudia were more adept at construction projects than the average suburban gal. Our father was an architect and engineer – always working on some building or mechanical project when we were growing up. Our mother was a seamstress by trade and taught us both to sew when we were young. So construction came quite naturally to us and Monica frequently said, “The only difference between working with wood and fabric is that sewing requires a $\frac{1}{8}$ ” seam allowance.”

Well, the tools and the materials are somewhat different too. But for both sewing and construction you need a plan (patterns vs. blueprints), materials (fabric vs. 2x4s), fasteners (thread vs. nails), and tools (scissors and sewing machines vs. circular saws and nail guns). We grew up watching father study and revise the blueprints on his drafting table and watching mother design and sew all of our dresses and coats. But to put it simply, both are: measure, cut, attach.

The chicken coop was the first farm construction project. Good friends Norm and Dawn promised to help Monica build the shed; in return, Monica would help them build a similar one on the far end of her property as their personal hunting blind. Perfect! Material lists were made; everything was ordered and delivered. Monica decided that the best location was between the pasture’s water hy-

drant and the pole barn – not too close to the house, not too far. Feed could be kept in the barn and a hose could easily be run from the hydrant.

Sections were laid out and air-nailed together in the pole barn – electricity and the air compressor were close at hand, and the barn kept everything (and us) protected from the March weather. An air framing nailer can be a bit intimidating at first, but it’s so fast! Monica (a bit impatient and an efficiency lover) quickly became quite adept at using it. Everyone – including the grandkids – helped carry the framed sections out to the location and secure them together. The younger kids helped nail the plywood siding to the frame; Monica’s college-aged grandson helped with the roofing.

By the time the exterior was finished, Monica felt completely competent (she’s a very good seamstress). Racks for the laying boxes were measured, cut, and assembled. Doors were constructed and hung. (Hinges are tricky – there is no sewing equivalent to hinges.) Used dog kennel panels made a lovely, protected run for the chickens.

By this time, Monica had added bottle-baby goats to her farm; soon they would need grass and hay, and the cattle feeders were just too big for the goats. And by winter the goats would need an enclosure in the barn, separate from the cattle. Monica had learned a lot building the chicken coop with Norm, but this was different. These things didn’t come with set patterns – they had to be designed from scratch – which she thought was half the fun.

And it was fun! Well, except that when you are designing and building, your initial plans don’t always work out. Monica quickly learned that removing nails that had been put in with compressed air was not at all fun ... nearly impossible. So the air nailer was aban-



doned and torx-head screws (and her faithful Ryobi impact driver) were embraced. Easy in and easy out! Coming home from the next trip to Menards, Monica had six different varieties of screws and a second battery for the impact driver. She was ready!

The first goat feeder (designed to be part of the goat enclosure – very efficient) was perfect. Until the goats started climbing on it. And in it. Well-fed baby goats get bigger, and heavier, and love climbing up and over anything – hay feeders, hay bales, even cows eating hay. The goat feeder / enclosure was going to have to be redesigned (more than once over the years). Thank goodness for the screws.

Chickens grow too. They can easily hop onto the workbench in the pole barn – knocking and moving anything that was left loose (particularly screws which roll off the counter onto the dirt floor and threaten to puncture vehicle tires). Back to Home Depot for holding containers and magnets and more screws. And more 2x4s and plywood, of course. But all that wood takes up an inordinate amount of floor space and the next thing Monica built was a rack to hold all the new and scrap wood that was waiting for the next project idea.

Claudia didn’t really enjoy construction projects (she doesn’t like tools and doesn’t care much for sewing either). But she was great at finding lost screws with magnets (well, most of them), and reorganizing the work benches when they became piled with stuff (screws and discarded pieces of 2x4s and tools ... “Hey Claudia! Have you seen the T-square? I can’t remember where I put it.”). And usually by the time construction was over for the day, Monica was done-done.



To the rescue came Claudia – cleaning up all the scraps and putting the tools away. For Monica it was like having a fairy-godmother with a magic wand.

The sisters became quite a team! Claudia would hold the end of the tape measure while Monica designed the new screen room / firewood shelter on the deck. Or Monica would cut the plywood with the circular saw while Claudia steadied the 4’x8’ sheet. And Claudia would stand on the ladder, holding one end of the 2x4, while Monica attached it. Measure, cut, and fasten. Construction and sewing are very similar – except for that $\frac{1}{8}$ ” seam allowance.



Funding Available for Community Development Financial Institutions to Support Farmers

New technical assistance grants will help expand agriculture-focused services

Community Development Financial Institutions (CDFIs) foster economic opportunity for diverse communities around Minnesota, and new funding is available to help them support more of Minnesota’s farmers. The Minnesota Department of Agriculture (MDA) is now accepting applications for its CDFI Technical Assistance Grant, aimed at helping Minnesota’s certified CDFIs expand their agriculture-focused services.

The MDA expects to award approximately \$260,000 in one-time funding through a competitive review process, with individual grants of between \$10,000 and \$200,000 available for certified CDFIs in two main areas of technical assistance:

Technical assistance provided by CDFIs to farmers (e.g., assisting farmers with loan readiness or expanding outreach efforts toward targeted groups with agriculture-focused financial services).

Technical assistance for CDFIs to increase their own capacity to serve farmers (e.g., to develop their agriculture lending program or internal knowledge and processes as a foundation to provide financial services to farmers).

The deadline to apply for the grant is 11:59 p.m. on Thursday, September 5, 2024. The MDA will notify applicants in October about whether their proposal was funded.

Full grant details and the request for proposals (RFP) can be found on the MDA website.

Applicants must be certified CDFIs who serve or intend to serve farmers in Minnesota and have participated in at least one U. S. Department of Agriculture grant or loan program. A certified CDFI is defined as a bank, credit union, microloan fund, or venture capital provider who has completed a certification process with the U.S. Department of the Treasury’s CDFI Fund.

An online public information session about this technical assistance grant will take place at noon on Wednesday, July 31, 2024. The MDA will review basic information included in the RFP including applicant eligibility, funding timelines, and application questions. Registration is required.

The View From the Back Part 1

By Ted Gamble

Ted Gamble is an avid runner and friend of The Messenger. This is the first of a 3 part series on his recent adventures that we will run in the Messenger in July, August and September. We hope you enjoy it.

I'm thinking about this on Sunday morning, the day after the race.

Everything is sore, and I have feet on my blisters. My toes hurt.

A working title of this story could be "Zumbro will Zumbro!", a phrase from the race director's email referencing the notoriously bad weather and muddy conditions at the race. This year it actually got HOT!

Or "Why the ____ do you want to do that!?"--the question my father usually asked me when I told him about my next running adventure.

Or what about "The view from the back"? This one makes the most sense, so I think I'll go with that—you'll know why after you read my story....

This year I was going to attempt to run the Zumbro 100 in the Zumbro River bottoms near Theilman, MN. In previous years I've done the 50, 34, and 17 mile distances. It's a looped course and the 100 mile course is six 17 mile loops with 34k feet in total elevation change and a 34 hour time limit. This will be my first attempt at the 100 mile distance.

I made a mental commitment to sign up in late August and training began immediately in early September. That's early for an April race, but I wanted to give myself some extra time. A friend of mine who was also running the race; Derrick, gave me the plan. It was a 24 week plan that he followed about a year ago for his first 100 miler.

Early September to mid-April is longer than 24 weeks, but the extra time cushion would be nice because the holidays and our wedding anniversary were in that time frame. I decided that I would just re-do the prior week's plan if any long runs were missed, or there were any pauses in the training. You

cannot plan for everything and you never know what else might come up.

By that, I mean the weather. It can get very, very cold and snowy here in Minnesota. So I think I had about four extra weeks built into the training plan. In the end it turned out very well as we had a very mild winter. The weather only forced me inside two or maybe three times between September and April. So, training went better than planned. With the mild winter and dry weather, the trails were in excellent condition. Things seemed to be lining up for a good race!

I took Thursday off to prepare for the Friday/Saturday race and drove to the Zumbro bottoms where the race was held. There I met up with Chad and Derrick and Derrick's wife, Chris. After putting up my tent and just hanging out for a while I went to my motel in Lake City about ten miles away.

Our campsite wasn't a very high end or luxurious motel. I only wanted a warm, dry, and cheap place to stay because it's assumed that it would be cold in early April. The outside was being remodeled, and that was OK. The inside was clean though it was kind of chilly at night. The heat didn't work properly so it took a while to warm up. As I waited for the room to heat up, I thought that a shower would warm me up and help me relax, I was already starting to get a little anxious.

There was no hot water. After an hour or so, the room warmed up, but because it was radiator heat, it kept getting warmer. Eventually I figured out how to open the window and that helped. Long story short, I did not sleep well at all that night, and the 5:30am alarm came too soon. When I got up I noticed Linda couldn't sleep either--she sent me a text about 3am, saying that she was praying for me. I appreciated that as it was certainly needed!

I left the motel at 6AM. I was hungry and needed something with a lot of calories to get me going. Nothing was open that early so I picked up a few items at a local Kwik Trip. The evening meal the night before was from Burger King. That may have had an effect on how things went early on, but who knows?

I arrived at the campground and got together with Derrick and Chad and a few others showed up to see us off. After months of training, the big event finally started. It was a beautiful day! Running at Zumbro usually means rain, snow,



Andy and I crossing the Zumbro on the first lap.

sleet, cold and overall bad weather. And mud, copious amounts of mud, soul-sucking, sticky and slippery at the same time. But not this year—if anything the forecast called for conditions to be almost too warm with 70's on Friday, and close to 80 on Saturday. I don't typically do well in the heat, but we'll talk more about that later. The trails were in the best condition I've ever seen them and not a drop of mud anywhere—in other words, they were perfect!

The first of the six laps took about four hours and 15 minutes which was equal to what Derrick and I had done about a month earlier on a practice run at Zumbro. I thought that was a little fast, but there's plenty of time to slow down since we now had some time "in the bank". I had calculated that I would need a 5.5 hour/lap average in order to meet the 34 hour cutoff time. There were no illusions of being fast, I did not care if I finished last, I simply wanted to finish.

On the second lap it started to get warm out. I must not have been eating or drinking enough because I began to feel really awful after only a few miles. I got to the final aid station about 3 1/2 miles from the finish and mentioned it wasn't going as well as I wanted it to. One of the workers told me I should drink more water and get some more food. Easier said that done! I tried to eat a Cliff bar



Despite the beautiful scenery, I was really struggling here.

earlier, and ended up tossing it in the woods—it made me retch a little. I didn't want food, so he suggested some pickle juice to help settle my stomach. I also grabbed some candy and decided to walk it back to the finish line.

(continued on page 9)



Traveling through Nerstrand? We're on your way!

HOPE BUTTER

SOGN VALLEY HONEY
Several Sizes Available

RANDY'S FROZEN PIZZAS
Locally Made in Fairbault, MN

FARM FRESH EGGS

We Proudly Carry Select NERSTRAND MEATS
Including Snack Sticks, Wieners & Bacon

GREETING CARDS

ICE

HARDWARE

NERSTRAND CLOTHING

Forget Something? Yes, We Have That Too...

Automotive Supplies • Minnesota Lottery • Camping Supplies • Greeting Cards • Ice
Firewood • Propane Exchange • Milk • Bread • Hardware • Pop • Snacks
Plus - Select School Supplies!

Parkside General Store
~ Gas & Groceries ~
"The Little Store with More!"

Monday-Friday 6am-8pm
Saturday-Sunday 7am-7pm
230 Main St, Nerstrand
507-332-8626
parksidenerstrand@gmail.com



MILK
Locally Produced & Bottled from Hastings, MN
Gallons

The View From the Back

(continued from page 8)

Why was I suffering so much? It's only the second lap? There are still four more to go! I started to feel sorry for myself--the last week or so has been very discombobulated with a lot of things in my personal life going on with a death in the family, and various work and family responsibilities all seeming to hit at once.

It was also hot, and I never do well in the heat (I recalled a conversation with Derrick back in July, "Hey, let's do Zumbro—at least

we won't have to worry about overheating!" he said), maybe I hadn't trained as hard as I thought? Maybe I could've done more? But, during training I ate better, I lost some weight, gave up beer (I gave up beer for this?!?), I was sleeping really good, so everything was in line. I should've been doing better! Why was this happening?

All they way back I was having an internal debate—should I quit? Should I tough it out? Once the "quit" word sneaks into the brain,



"Where am I? Who am I? What's going on..."

it's really hard to ignore as the doubts kept percolating.

When I finally arrived at our camp, just short of the finish line, I collapsed into a chair and put my head in my hands. I was really discouraged about what was going on, especially after training so hard for so long. What a waste of time, and training!

As I was sitting there Chad and Chris told me a story about Derrick. It seems his legs cramped up really bad and he had fallen down on the trail. His eye fell out and landed in the dirt.

He has a glass eye from an old BB gun injury. I couldn't help not laughing. Or feeling bad for laughing.

No matter what happens today, I will not lose an eye!

I could see the disappointment in Chad's eyes as he tried to encourage me to keep going. Chris was also there trying to convince me not to drop. But, I was done, it just isn't going to happen today. Maybe I could call this a really good training run for FANS? Chris gave me a cup of soup and a banana. It was then that another thought crept into my head...there is still 24 hours to go before cut off, and there are only four laps to go—that's six hours per lap, slower than my current pace. Those thoughts gradually began to replace the "quit" that was stuck in my brain. Maybe.....

But no! I was done. I took off my hydration vest and walked to the lap counters in the start/finish area. But something happened on that short walk, I realized that I felt OK, and I was mostly just feeling sorry for myself. I think maybe I can do this?

When I arrived I was asked for my bib number.

"Number 16, but I left it back by my tent. I was going to quit, but I changed my mind. Do I need to go get it, and come through again?"

"No, you can just get back on the trail—good luck!"

(continued on page 10)

CLUTCHMEN CAR CLUB PRESENTS

21ST ANNUAL

TRUCK & TRACTOR PULL

SATURDAY, AUGUST 3RD, 2024
9:00AM SIGN UP
10:00AM START



SLEDS:

• WILD ROSE

TRACTOR CLASSES:

- CLASSIC: 3,500-11,000 LBS
- OUT OF FIELD: 3,000-16,000 LBS
- HOT FARM: 5,000-12,000 LBS
- KING OF THE HILL: UP TO 16,000 LBS

TRUCK CLASSES:

- STOCK: 1/2 TON STOCK, 3/4-1 TON STOCK
- DIESEL: 8,500 STOCK TURBO & NON-TURBO
8,500 MODIFIED & 8,500 OPEN CLASS
- STREET MOD: 5,500-5,800-6,500 LBS

QUESTIONS OR FOR RULES CALL MIKE B. 651-341-2424,
DAVE R. 507-649-0710

DENNISON, MN (LOCATED 35 MIN. SOUTH OF ST. PAUL.
BETWEEN HWY 52 & I-35)

The View From the Back

(continued from page 9)

I went back to the tent to grab my stuff and told Chad and Chris (and an old friend, Nick was there too now) that I was still in it. I wanted to walk an entire lap and evaluate again when I come back. Nick handed me a red solo cup full of the noodle soup to drink as I walked. My water bottles were refilled, and as I walked I started feeling better and better. My stomach settled down (pickle juice?), and my attitude rebounded. The noodle soup and banana was the “magic elixir” that kept me going.

I started the third lap about 6 o’clock. It was going to be a walking lap, and I was assured that at least half of it would be in the dark, so I brought my headlamp with. As always I was a little concerned about what it’s going to be like in the dark, in the woods, all by myself. Well, I could always rely on the Dog Men to keep me company. I hear they are native to the area. Seriously.

In the end, it wasn’t bad at all. Actually, I kind of enjoyed it. It was peaceful. It was quiet, I was by myself and probably bringing up the rear by a long way, and I was OK with that. I was just walking, but I kept reminding myself that my goal here today is to simply finish. There was no chance of winning, or even placing now. My plan was to run the first lap and then see what happens. I only needed a 5.5 hour average lap, and I would be good. The first lap was done in 4:15, which I thought was a bit fast and the second lap didn’t go so well, but if I could finish this third lap before midnight, I would still be on the original plan. If my fourth lap started at the same time as the fifty milers, or maybe a little bit earlier it would be good just to have the company of more people. Then I wanted to be separated enough from the 34 and 17 milers when they started the following morning so they wouldn’t be in my way. Or, so I wouldn’t be in their way.

Anyway, I’m on my own and I’m in the dark. I brought my phone with because I knew that I would be in this situation and I thought it would be a good opportunity to listen to some music or some podcasts to keep my mind occupied. I started with some podcasts, got through three of them; long ones that had overlapping and intersecting topics that were very interesting to me. Don’t ask me what they were about; I cannot remember—only that they were really absorbing at the time. And then I switched to music, probably the best music I had ever heard. I was starting to feel a lot better. The idea to walk a lap was working.

Should I eat jerky at night, what if some animal smells it, and comes looking for it? I don’t know what lives out here....

When I arrived back at camp about 11:45pm, Nick said I looked like a new man. And he was right; I felt it too as I was in a much better place both mentally and physi-

cally. My confidence was back and I was going to finish this thing! I was even joking when Chad came out to pace me on the fourth lap (pacers are allowed only after three laps are complete) that I had just completed the Bon Jovi lap, because we’re “halfway there”! Get it? I had a lot of alone time to think...

So Chad and I took off a few minutes before the Midnight 50 race started. I told him I didn’t want to talk, just let me listen.

“Tell me your life story, Chad. Let’s start at the beginning—what was your favorite color when you were born?”

But I was feeling so much better by then so it was nice to talk/converse as we went about our business of completing the fourth lap.

He reminded me that I told him a few weeks back that “If I could be on my fourth lap when the 50 milers start, that would be great!” I was right where I wanted to be.

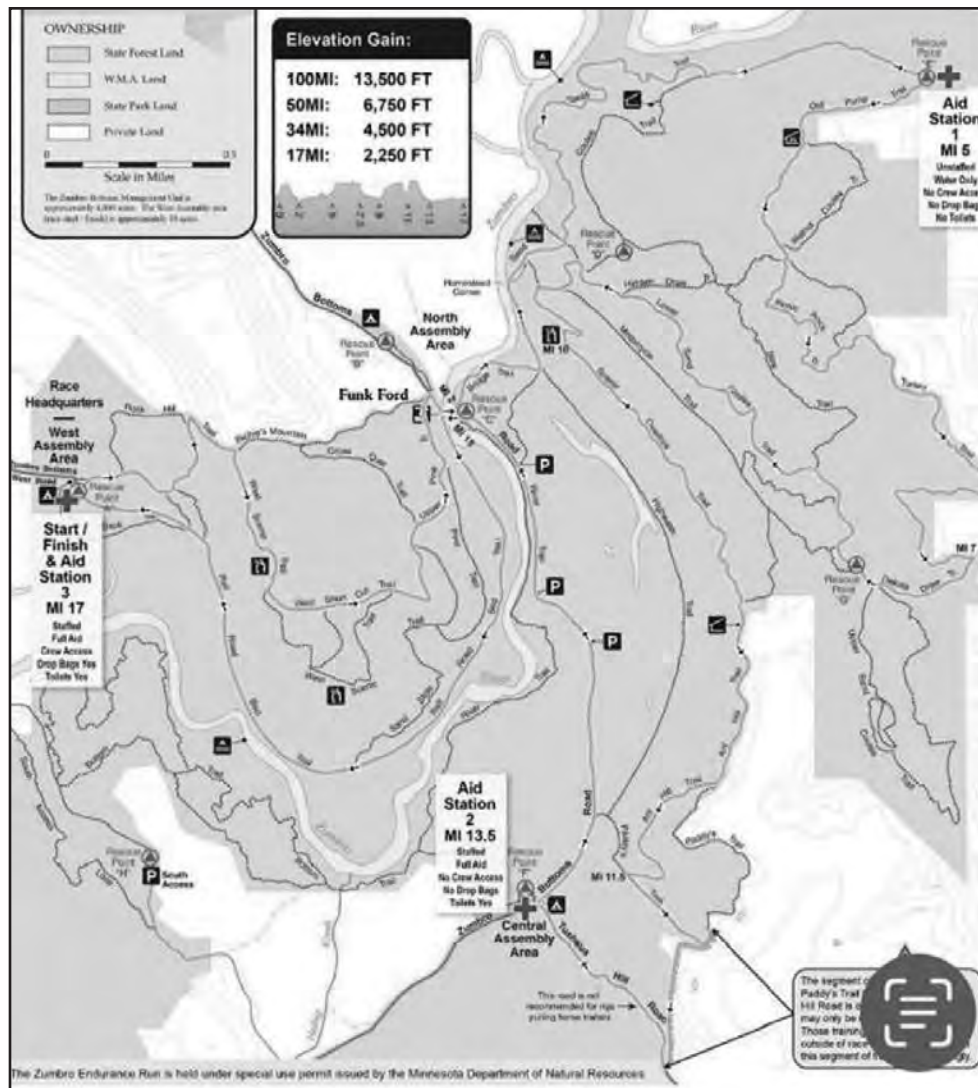
We had about a one mile head start and we were already on the top of Rock Hill when they started.

We could see a line of headlights snaking through the woods as they followed us up which was a really cool sight to see. As we started to head down the other side of the hill and the runners started to catch and pass us, several of the runners saw my name and number on my bib so there were lots of compliments – “way to go hundo runner” and phrases like that. That gave me a mental boost.

Also heard a lot of “Hey, you’re Ted Gamble, we follow one another on Strava!” I heard that maybe a dozen or two times and it really surprised me. I wish I could remember everybody I saw that said that because it was kind of cool to attach a real person to what was only a name on a screen.

We were also passed by a younger runner, Ian, (he was in his late 20’s) who was in my church camp group at Eagle Bluff in Lanesboro several years ago. He was probably in junior high at the time, and I was one of his camp counselors.

(continued on page 11)



Zumbro!

city water & well water can be
WORRY-FREE WATER
with Kinetico

get help with
your home's water

507.668.0450
hwcwater.com

Haferman WATER CONDITIONING, INC. | **Kinetico** home water systems
Haferman Water is an Independent, Authorized Kinetico Dealer

PRIDE IN YOUR RIDE

CRUISE IN

Wednesdays on Main Street, Dennison
Starting at 5:00 PM

625 BAR AND GRILLS
EST. 2023

BROASTER CHICKEN **BROASTED CHICKEN SPECIAL!**

Closed Mondays
Tuesday-Thursday: Bar 4pm-Close
Kitchen 4-8pm
Friday & Saturday: Bar 11am-Close Kitchen 11am-9pm
Sunday: Bar 1-9pm; Kitchen 1-8pm
Main Street, Dennison
507-782-9061

The View From the Back

(continued from page 10)

Over the years, he had grown about a foot, his hair included. He was rocking a Forrest Gump meets a Grizzly Adams look. We talked for a little bit and agreed to catch up after the race. I found out later that he dropped after his first lap, so we were unable to meet as he was long gone by the time I was done.

We finished the fourth lap in less than 6 hours so we were still on pace. Chad decided to stay with me and we began lap number five. But before I tell you about that (this is where it gets really interesting, and a little weird!), let's take a short interlude and review the course.

The entire race is on trails. There are some are horse trails, there is some single track, a few logging roads, and a little bit of gravel road. Plenty of variety, but no pavement.

The trail heads out of the campground/horse-park and runs along a corn field before heading up Rock Hill, an appropriate name as the trail is strewn with rocks. It rises about 300 feet above the campground, but this one is not that bad compared to what comes later. It's a little bit lengthy but from the top, you get a really pretty view of the



The view from the top of Rock Hill

campground with the Zumbro River in the background--you will see a lot of photos of this area online.

From here we head through the woods, and kind of curl down an old logging road. Reminds me of my father-in-law who was a log-

ger--that spot was being logged out a few years ago during the race and in the morning when it's typically cold, all of the mud was frozen so it was an easy spot to get through

but as the day wore on and the mud melted, it became a muddy quagmire.

(Watch for part 2 in the next issue of The Messenger)

RIVER COUNTRY COOPERATIVE



"Established 1935"

**Fertilizer • Seed
Soil Sampling • Chemicals
Custom Application
Field Scouting
Bulk, LP,
Gas and Diesel Fuel**

Kenyon
507-789-6201

Hastings
800-349-5743

Randolph
800-657-3285

Hampton
800-225-4316



Toro 77502 Time Cutter Max

MyRide patented seat suspension
10 gauge heavy duty Iron Forged steel deck
5 gallon fuel tank
23 hp Kawasaki engine

\$4,599.00



502 Huseth St., Kenyon
507-789-6321

Check out our full line of
60v Lithium Ion cordless tools
and accessories.

Includes: string trimmers,
edgers, chainsaws,
hedge trimmers & more



YOUR ONE STOP SHOP FOR ALL YOUR AUTO AND LIGHT TRUCK NEEDS



**DENNISON
TIRE & REPAIR**

Friendly, Personal Service

Dennison, MN
507-645-0278

www.dennisontireandrepair.com

Rose Fest In Kenyon the Third Weekend in August

Plan for Rosefest this August. Some of the events planned include the Medallion clues which will be published the next three Wednesdays on the RoseFest Facebook page. The Grand Marshall and Rose Fest Royalty will be announced at 6pm on Wednesday August 14th. At 7:30pm that evening there will be a town cruise of golf carts, ATV's and UTV's. The lineup will begin at the First Lutheran Church parking lot at 7:15pm.

On Thursday evening the Farmers Market will be held from 4 to 7pm and the Gopher State Garden Tractor pull will take place on Langford Avenue behind CHS starting at 6:30pm. Friday will kick off the city wide garage sales. There will be a book sale from 10am to 4pm in the city council chambers.

The KW athletic booster club golf tournament will tee off at noon on Friday. The VFW hog roast will be held from 5 to 7pm inside the VFW hall. The Kenyon Park and Rec will be hosting a wine and beer tasting at Depot Park from 5 to 7:30pm. From 6 to 9pm Tommy Kramer, a former Vikings player will be meeting outside the Kenyon Muni for free

photos and autographs. At 9pm there will be music at the Kenyon Muni with Fire at the Falls starting at 9pm. The Field of Flags will be open all weekend with closing ceremony on Sunday after the parade.

On Saturday August 17th the Kenyon Volunteer Fire Department will host a pancake breakfast and Bloody Mary bar outside the Kenyon Muni from 7 to 10:30am. An old car ad truck show will be held from 8am to 2pm. A tractor pull will begin at 9am at Marings Auction lot. The KW booster Club 5K will start at the High School at 9am. A vendor and craft market will be held from 9am to 3pm. The Road Rally lines up at the CHS elevator at 10am. The Ladies Auxiliary will serve lunch at the VFW from 10am to 2pm. The United Methodist Church lunch is also serving lunch from 11am to 1pm.

There will be Gunderson House tours from 11am to 2pm on Saturday. At noon there will be a Euchre tournament at the Kenyon Muni followed by a bean bag tournament at 3pm. From 5 to 7pm the VFW will host Family Bingo. A street dance will be held outside the Kenyon Muni from 8pm to 12:30am featuring the Jake Nelson Band with Zero Below opening. This is an all ages show with a \$10 cover charge.

A Family Fun Day at Depot Park starts at 10am Saturday. The kid's Tractor pull starts at 10am. There is a free petting zoo and free face painting from 10am to 2pm. At 11:30am there is a free magic show by Greg the Great Magician. Laser tag will be in the ice hockey



2023 Rosefest

rink from 2 to 8pm.

On Sunday the Rose Fest parade will start at 1pm followed by the Fire Department Water

Fights. The Kenyon pool will host the Rose fest regatta at 5pm.

Our advertisers appreciate your business!

Tell them you saw their ad in the



PROBUILT

— CONSTRUCTION LLC —

ROOFING SIDING WINDOWS DECKS FIRE WATER GUTTERS

☎ 507 200 1545

✉ info@probuiltmn.com

ProBuiltMN.com

BC807868

1359 BLUFF ST, DUNDAS, MN 55019

PROUDLY
SERVING
GOODHUE,
DODGE, RICE,
DAKOTA,
OLMSTED, STEELE
AND WABASHA
COUNTIES



Rice County Steam & Gas Engines Inc.

Welcomes You To Our

49th Annual

Tractor Show

August 30, 31, September 1, 2024

All Makes & Models of Tractors & Equipment Welcome

11988 Faribault Blvd • Dundas, MN 55019 3 miles South of Northfield, MN on MN Hwy. 3

**Golf Cart Rentals
at West Exhibitors
Gate
Contact
Sheryl Trebelhorn
612-245-8722**

**Miniature
Railroad
Train Rides**
*No charge, but donations
are welcome*

- **FOOD STANDS** - OPEN DAILY, Breakfast served
- **FLEA MARKET** - Opens 8:00am Daily
- **PARADE OF TRACTORS** - 12:00 NOON DAILY
- **KIDS PEDAL PULL** - Saturday after Parade
- **TRACTOR PULL** - Sunday 9:00am, Registration 7:00am
- **RAFFLE TRACTOR DRAWING** - SUNDAY 4:00pm

Live Music!

Friday, August 30: *Czech Concertina Club* 2:00-5:00pm

Saturday, August 31: *Marv Gohman* 10:00am-Noon
Charlie Sticha Band 1:00-5:00pm

Sunday, September 1:

Non-Denominational Church Service 8:00am
Marv Gohman 10:00am-Noon
Dakota Ramblers Band 1:00-5:00pm

Registration of all golf carts & ATV's
will be required at Exhibitor's Gate.
Proof of insurance. No cycles.

**RAFFLE TRACTOR
TICKETS
AVAILABLE
ON SITE**



1st Prize - Minneapolis Moline Tractor or \$2,000 Cash
2nd Prize - Minneapolis Moline Pedal Tractor
3rd Prize - 1/16 Scale Minneapolis Moline Tractor

Activities & Demonstrations

All Makes & Models of Tractors
and Equipment Welcome
Food Stands * Flea Market * Parade of Tractors
Live Music * Tractor Pull * Petting Zoo
Horse Drawn Wagon Rides
Kids Play Areas * Kids Pedal Pull
Horse & Tractor Plowing * Sawmill Demos
Blacksmithing & More!

ADMISSION
\$10.00 Adults
FREE 12 & Under
Good for all 3 days!

*The Rice County Steam and Gas Engines, Inc. is a
non-profit organization. The farmers, exhibitors
and workers time is all donated.
All income is used to improve the show!
Thank you for attending.*

*Leashed Pets Only * Primitive Camping
No Alcoholic beverages allowed on grounds.*

GENERAL INFORMATION CONTACTS:

Bill Becker 507-581-1225
Jeremy Sevcik 507-403-1614
Carmen Sevcik 507-649-0352



MINNEAPOLIS MOLINE Tractors & Equipment

THANK YOU TO OUR CURRENT AND PAST SPONSORS AND SUPPORTERS

All Around Townie
Michelle & Joe Amy
Barta Machine - Warsaw
Benjamin Bus
Blair Quinnell/Capital Construction LLC
Boris & Joyce Bokoff
Complete Chiropractic
Dennison Depot
Doug's Auto Service
Elbert Bros - Owatonna
Faribo A/C & Heating
Farmers Mill & Elevator Inc.

Firehouse Liquor
Fireside Lounge & Supper Club
Frandsen Bank & Trust
Freeway Fabricating Inc./Larry & Dawn Conrad
Full Service Battery
G & N Landscaping
Gerlach Snow, Lawn & Landscape
Harmony Acupuncture Center LLC
Dwight & Ruth Hildebrandt
Sid & Martha Kasper - Edina Realty
Kline Welding Inc.
Lampert Yards - Northfield

Larsons Printing
L & M Bar and Grill
MN Ag Group
Nelson Lawn Care Inc
Nerstrand Agri Center
Our Circle of Friends - Bob & Rebecca Glende
Perry Kruse Electric
Peterson Cedarworks
ProNails Spa & Massage
R&D Automotive LLC
RE/MAX Results - Steven Holman
Sissy's On 7th Gifts & Home Decor

Sunsdahl's Restoration Tooling
Quarterback Club Inc.
The Hop Shop - Small Engine Repair
The Messenger Newspapers
Bernice Wenzel
Waterford Warriors Snowmobile Club Inc.
Werner Seed Company
Ziggy's LLC

*If we missed your name,
please accept our apology.
Your support is appreciated.*

INFORMATION ON OUR WEBSITE AND FACEBOOK: ricecountysteamandgas.com

Sitting Too Long Harms Kid's Livers



By Shauna Burshem, D.C.

Loneliness can have a serious impact on the life span of seniors. When older adults feel isolated or alone, it can lead to both physical and mental health problems. Studies have shown that lonely individuals often live shorter lives compared to those who have strong social connections. Loneliness can increase the risk of conditions like heart disease, high blood pressure, and weakened immune systems, making it harder for seniors to stay healthy. In addition to physical health, loneliness also affects mental well-being. Seniors who are lonely are more likely to experience depression and anxiety, which can

further reduce their quality of life. Being socially active and maintaining relationships can help seniors stay healthier and live longer. Making an effort to connect with family, friends, or community groups can make a big difference in improving both health and happiness.

Sitting for more than six hours a day can be harmful to kids' health, especially their livers. When children spend too much time sitting, either in school or at home playing video games, they are at risk of developing fatty liver disease. This condition occurs when fat builds up in the liver, which can lead to serious problems like liver cirrhosis, where the liver becomes severely scarred and damaged. It's important to understand that our bodies are not designed to sit for long periods, and doing so can have lasting negative effects. However, there is a simple solution to reduce these risks: light physical activity. Activities such as playing outside, walking, or biking can dramatically improve liver health and overall well-being. Encouraging children to move around more often can help prevent the buildup of fat in their livers and protect them from severe liver diseases. So, whether it's a short walk during breaks or a fun game of tag, getting kids moving is crucial for their health.

Biotech giant Bayer signed an exclusive licensing agreement with Pairwise, a genetic-based food startup, to develop and market its genetically engineered mustard greens, modified to be less bitter. Critics say the products haven't been evaluated for health or envi-

ronmental risks and could contain toxins or allergens. One critic says this, "And why anyone would want to genetically modify mustard greens to make them less, well, mustardy, is a complete mystery to me. The whole point of eating mustard greens is their pungent and bitter taste, and the compounds that make them pungent and bitter also happen to provide health benefits. People who want their mustard greens to taste like lettuce can eat lettuce".

Chiropractic care can be very helpful for people with shoulder problems, like athletes or anyone dealing with shoulder pain. Chiropractors are experts who use hands-on techniques to adjust the spine and joints. By doing these adjustments, they can help reduce pain in your shoulder and improve your range of motion. This means you can move your shoulder more freely and with less discomfort. Whether you're dealing with shoulder strains, sprains, or even issues like an ac separation or rotator cuff problems, chiropractic care can offer relief and help you get back to your normal activities.

Chiropractors also provide rehab exercises tailored to strengthen the muscles around the shoulder and improve overall function. These exercises are an integral part of the recovery process, helping to promote healing and prevent future injuries. Additionally, chiropractors often work in conjunction with physical therapists to offer a comprehensive treatment plan. This collaborative approach ensures that all aspects of shoulder health are addressed, from mobility and strength to pain management and functional recovery. Both chiropractic care and physical therapy aim to

restore optimal shoulder function and enhance the quality of life for individuals dealing with shoulder issues.

In addition to lessening pain and improving movement, chiropractic care focuses on the root cause of your shoulder problems. For example, if your shoulder is fixed in a particular position and won't move easily, a chiropractor can work to adjust it and restore proper alignment. This can make it easier for the muscles and tendons to heal naturally. Athletes, in particular, can benefit from this type of care because it helps keep their bodies in top condition, allowing them to perform better and recover faster from injuries. Overall, chiropractic care offers a natural and effective way to manage shoulder pain and improve overall shoulder function.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Keeping your name in front of your potential customers is an essential part of marketing your business in today's competitive market.

Call Terry at 507-951-7417 or email: hometownmessenger@gmail.com to place your ad in the next Messenger

2024 Minnesota Renaissance Festival
7 Weekends of Huzzah & Cheers!

Open Weekends Aug 17 - Sept 29
 Plus Labor Day, Sept 2 & Festival Friday, Sept 27
 9 am - 7 pm • Rain or Shine

Park & Ride Recommended
 Prepaid Parking Pass Required for Onsite Parking

952.445.7361 | RenaissanceFest.com

2024 Minnesota Renaissance Festival

DRAWING

Win a Four Pack of Renaissance Festival Tickets!

Email your name and address to: messengerdrawing@gmail.com

Put "REN FEST DRAWING" in subject line

Drawing will be August 24, 2024.
 Tickets sent by mail or picked up at our Dennison office.

THE MESSENGER

Missing Pieces



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

Are you familiar with the game – JENGA? This game challenges you to see how many pieces you can carefully remove before the entire tower collapses. It is amazing how many pieces can be removed from a wooden tower before it falls to the ground. The human body is even more amazing with the ability to sustain life and keep going even when essential nutrients are lacking. But at some point, the human body will collapse just like the JENGA tower if the right nutrients are not provided.

When you notice symptoms of illness starting, do you think about what your body needs – more medication or more nutrients? The runny nose and itchy eyes are because you need more Zyrtec? The excessive high blood

sugar means you need more insulin? Or the extra weight gain means you are lacking Ozempic? Of course not. Yet these medications are well known for the symptom relief they provide and because medical doctors will recommend these medications before talking about the essential building blocks your body needs.

Your body will begin to show symptoms when it is missing essential nutrients because these nutrients are the original building blocks used to make your body. While medication may lessen a symptom for a season, the only true way to eliminate that symptom is to identify the necessary ingredients your body is signaling to receive.

Headaches – a common symptom for many people. What is a headache trying to tell you? First, consider drinking pure water. Water is 75% of the human body and a headache can signal you are dehydrated. Second, consider your stress. Taking some magnesium can help to relax muscles and quiet nerves. Additionally, increased stress will use up B vitamins quickly, so a B-complex supplement, a whole egg, or some spinach will increase the necessary B vitamins.

Diabetes – we are seeing an alarming rise in people struggling with high blood sugar. What does high blood sugar measures mean? First, pure water intake should be considered.

The kidneys will help to remove excess sugar from the body with proper water intake. Clients with diabetes are consistently missing magnesium and B vitamins, which are important nutrients to properly handle sugar. Vitamin D is another common nutrient that is low in clients with diabetes. Along

with these nutrients an increase in healthy protein sources and a decrease in processed sugar is very helpful.

High Blood Pressure – a common symptom related to weight gain and stress. What does high blood pressure mean? The body is having difficulty relaxing partly because of a lack of nutrients that will help the body to relax. Magnesium and potassium are two essential minerals the body will use to relax. There are four B vitamins commonly deficient in clients with high blood pressure, as well as Vitamin D and Vitamin C. Healthy food choices will provide these vitamins and help the body to move to a healthy weight which will result in lower blood pressure. In addition to good nutrition, a quality exercise routine can improve blood pressure.

As a society we have become well trained to

look to medications to reduce our symptoms of illness, and we have become ignorant of the true building blocks that sustain our life. Illness is a result of missing pieces that need to be supplied in order to maintain life and move forward. Another day is passing by. Will you continue to live life as you have and remove another link, or will you replace some of the missing pieces and give your body what it needs to thrive?

Contact me to discuss your health goals for 2024. I can help you reach those health goals with whole food plans customized to your specific needs. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

WE LOVE OUR COUNTY FAIR

Whether you're showing a bottle calf, baking a pie, or just attending the shows, thank you for supporting the fair. Trust in Tomorrow. Call us for help with all your insurance needs.



"Trust in Tomorrow" and the "A Grinnell Mutual Member" mark are property of Grinnell Mutual Reinsurance Company. ©Grinnell Mutual Reinsurance Company, 2021.

KELLER INSURANCE AGENCY

Your FarMutual Agent

305 Main Street, Nerstrand, MN 55053
507-334-6550

For Dependable Home Heating & Commercial L.P. Gas...

Call Community Co-op Today!



Experience the Difference

- Regular Scheduled Delivery Option
- Budget Pay Plan Available
- 24-Hour Emergency Service
- Tank Installation
- Residential
- Commercial & Ag
- Online Ordering Available
- Online Bill Pay Available
- Contracting Open Year-Round

Proudly Serving You Since 1925

Community
Co-op

Proudly Serving You Since 1925

9 Central Avenue
Faribault, MN 55021
(507) 334-8642
800-COOPOL
(800-266-7645)
www.fbocoop.com

From start to finish, we do the entire project.

- Kitchens • Living Rooms
- Fireplaces • Floors
- Closets • Bathrooms
- New Projects • Remodels
- Barns • Roofs
- Siding • Garages
- Pole Sheds



Wood Doc Construction

Emery and John Maher
507-271-4200

www.wooddocconstruction.com

Dennison, MN

Lic. #BC628191

Exchange Student Looks for Host Family

By Tyler Weeks

Stepping outside our comfort zones and seeking change is a scary idea for many of us why do something we aren't 100% certain about? But when we say yes to new experiences, life introduces us to cultures and communities that are only reachable through taking that first step.

Exchange students from countries all around the world dream of doing this very thing by visiting America through the International Student Exchange program. Since 1982, the organization has allowed students to temporarily live in countries with a host family to better their education and build relationships. Without the help of local families offering their households to host, their mission and goal of letting youth experience the world through the lens of a small town would never be possible. It's been ISE's leading motivation to persist for over forty years, during which they've brought communities closer together by promoting peace in a detached world. With their help, over 30,000 students have received access to quality exchange programs.

The cities of Kenyon and Wanamingo are no exception to this, but many exchange students still need families to open their doors. High schoolers from Europe, Asia, and South America are eager to experience life in a Minnesotan community, including people like Umberto. Hailing from a small Italian town, Umberto desires to go to America for the 2024 fall semester to gain independence and improve his English. Hosting him will offer a glimpse into his passion for robotics, philosophy, history, and geography while spotlighting interests like soccer, boxing, and spending time with friends. With his love for travel, he hopes to add Minnesota to his list of visited places, alongside Hawaii, Tanzania, and various European capitals.

If you're interested in positively impacting Umberto's life this upcoming semester, please message Jennifer Conrad, the determined woman aiming to get him and many other students into American households. Find her at 651-434-0517 or on Facebook, where she strives to bring exchange students the opportunities they deserve. If you want to impact your community in a meaningful and life-changing way, know that he and many others from Belgium, Spain, and Thailand look forward to meeting you. In the chance that you still have doubts, though, hear from a family who recently decided to host their first exchange student:

"It has been a phenomenal experience! We never dreamed that we would enjoy her so much. She has already asked us to visit her home country and said she feels like family here."

Apart from significantly affecting a student's life, hosting a kid benefits both sides in many ways. Sharing cultures, creating lasting memories, and allowing them to experience a day-to-day American lifestyle are all things that come with the program. Those of us who have always had access to such opportunities often take the small things for granted. But after seeing how grateful someone is for something as simple as education, our perspective shifts, and daily occurrences like a college football match or summer barbecue take on a new meaning. Hosting an exchange student isn't just about opening your doors- it's about opening your heart to something new, exploring the globe without leaving home, and sharing our world with others.

By inviting an exchange student into your life through the ISE program, you can learn about a foreign culture while allowing them to experience yours. This decision doesn't just



greatly benefit the student and family; it showcases humanity's openness and care for people who were initially strangers. If you're considering hosting one of these incredible students, step outside what's expected of you this upcoming school year. Open the door to opportunity.

Do You Have a Story Idea?

E-mail: hometownmessenger@gmail.com

CannonBelles Cheese Wins Second Place at the American Cheese Society 2024 Conference for Their Grim Reaper Cheddar



CANNON FALLS, MN, JULY 11, 2024 – CannonBelles Cheese proudly announces their Grim Reaper Cheddar has won second place at the prestigious American Cheese Society (ACS) 2024 Conference. This significant achievement underscores the company's dedication to creating unique and high-quality artisan cheeses.

The ACS Judging and Competition, held from June 3-7 at Huntington Bank Stadium, University of Minnesota, saw 1,454 entries from various cheese makers. CannonBelles Cheese's Grim Reaper Cheddar stood out among fierce competition to claim this coveted award.

"We are absolutely thrilled with this recognition," said Deeann Lufkin, co-owner and head cheesemaker at CannonBelles Cheese. "Our Grim Reaper Cheddar is a labor of love, and this award validates our team's hard work and passion for crafting exceptional cheese."

Grim Reaper Cheddar is known for its bold, robust flavor profile, which balances sharp cheddar with a significant kick from locally sourced peppers. The peppers, grown within 25 miles of the cheese plant by Rotational Roots" and Treats by T - the Pepper People, add a unique spiciness while allowing the exceptional cheddar flavor to shine through. This distinctive cheese has rapidly become a favorite among cheese enthusiasts and connoisseurs.

The American Cheese Society, founded in 1983, is renowned for its annual Judging and Competition event, which is the largest of its kind for American-made cheeses. This year, the competition attracted entries from 120 categories, showcasing the talent and innovation of American cheesemakers.

About CannonBelles Cheese

Founded in 2015 by friends Deeann Lufkin, Jackie Ohmann, and Kathy Hupf, CannonBelles Cheese specializes in unique, flavorful artisan cheeses not found elsewhere in Minnesota. Their product line includes a variety of aged and fresh cheeses, available at over 80 stores and restaurants, as well as various schools throughout Minnesota. In addition, CannonBelles Cheese owns CannonBelles Coffee and Ice Cream in Cannon Falls, where customers can purchase their full line of cheeses.

For more information about CannonBelles Cheese and their award-winning Grim Reaper Cheddar, visit <http://cannonbelles.com>.

We've Got Your Family's Back

Personalized insurance solutions to protect your family's future and security, no matter what.



www.vsgmi.com

COMMUNITY GROWN
INSURANCE
...you're covered!



Trust in Tomorrow.

Security Agency Kenyon

600 2nd St, Kenyon MN 55946
Phone: 507-789-6366
Email:
info@securityinsurancekenyon.com

Keller Agency

305 Main Street
Nerstrand, MN
Phone:
507-334-6550

Northfield Agency

711 Division Street S
Northfield, MN
Phone: 507-645-8861
Email: nfldins@hotmail.com

Nelson Agency

119 4th Street
Cannon Falls, MN
Phone: 407-263-3812
Email:
info@nelsoninsurancecf.com

Sviggum Agency

133 Main Street
Wanamingo, MN
Phone: 507-824-5105
Email:
agent@svigguminsurance.com

PLAZA MORENA
CAMPESTRE GRILL

DINING ROOM
Open 7 Days a Week
11:00am-10:00pm

5% OFF
MEAL PURCHASE

Expires July 31, 2024
Does not include alcohol.
Not valid with any other offer.

160 26th St NE, Owatonna
507-413-0819
www.plazamorena.com

623 BAR AND GRILL
EST. 2023

MEAT RAFFLES Sundays at 4PM
BINGO Tuesdays at 6PM

Dennison Lions Club Charitable Gambling Permit #2762

E-TABS, PULL TABS EVERYDAY!
FOOD SPECIALS!

BROASTER CHICKEN

Watch Our Facebook Page for Updates!
- ON/OFF SALE -

Closed Mondays
Tuesday-Friday: Bar 11am-Close; Kitchen 4-8pm
Saturday: Bar 11am-Close; Kitchen 11am-9pm
Sunday: Bar 1-9pm • Kitchen 1-8pm
Main Street, Dennison • Phone 507-782-9061

Take a Short Drive to Delicious

The Fireside
Celebrating 20 Years of Family Hospitality

SUNDAY SUPPER IS BACK!

DAILY FEATURES

WEDNESDAY Enjoy Our Jumbo Wings Specials!
BBQ Rib Dinner - 1/2 or Full Rack (begins at 4:00p.m.)

THURSDAY \$3.50 All Taps, Domestic Bottles, Rail Drinks!
Taco Specials! Fajita Specials! 16oz. Margarita Special

FINALLY FRIDAY All You Can Eat Fish Dinner

SATURDAY Hand Battered Jumbo Shrimp or Slow Roasted Prime Rib

SUNDAY Enjoy Our Sunday Breakfast Beginning at 9a.m. and Sunday Pasta Features

37540 Goodhue Ave., Dennison, MN
Hours: Wednesday & Thursday 11:00 AM-8:30 PM
Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-8:00 PM
Bar Open Later

RESERVATIONS STRONGLY SUGGESTED. CALL 507-645-9992.
www.firesideounge.net

Center Restaurant
30 Main Street
Dodge Center, MN 55927

Breakfast, Lunch & Dinner
Generous portions, friendly service and delicious homestyle cooking anytime!

10% OFF With this ad

Good Monday-Friday. Expires July 31, 2024.

Hours: Sunday-Thursday 7am-3pm
Friday-Saturday 7am-8pm
507-633-3333

House Smoked BBQ Food, Cold Drinks and LIVE MUSIC!

Watch our Facebook Page Daily
Specials & Weekend Entertainment!

Check Out Our Website!
RBAR-RANDOLPH.BIZ

Great Way to Keep Up on All Our Live Events!

THE RBAR

4354 292nd St E, Randolph
507-646-0107
rbar.randolph@gmail.com
Monday 3:00pm-9:00pm
Tuesday-Thursday 11:00am-11:00pm
Friday & Saturday 11:00am-1:00am
Sunday 11:00am-9:00pm

AREA DINING & ENTERTAINMENT

Serving Your All-American Favorites
Burgers, Pastas
Seafood, Steaks

BREAKFAST SERVED All Day

Olivia's FAMILY RESTAURANT

Family Fare at Great Prices

Hours: Sunday-Wednesday 6:00am-3:00pm
Thursday-Saturday 6:00am-8:00pm
1160 Frontage Road, Owatonna
507-444-4000

SANDWICHES • BURGERS
BBQ

THE SMOKIN' SILVERBACK

1832 South Cedar Owatonna MN
507-214-0701
Monday-Thursday 11am-9pm
Friday-Saturday 11am-10pm
Sunday 11am-7pm

Great Food • Strong Coffee
Daily Lunch Specials • Delicious Desserts

Area 57 COFFEE & Cafe

Where Good Coffee and Good Friends Meet!

M-F 7:30am to 7:30pm
Sat. 7am to 2pm; Closed Sundays

125 Main Street, Wanamingo, MN
507-824-2969

NEW! GRAB N GO LUNCHES

TOREY'S
Restaurant & Bar
TOREYS.NET

YUM!

Don't Let Your Hurry Come Before Your Hunger!

PICK UP ONE OF OUR DELICIOUS SALADS OR WRAPS!

Available Weekdays 11am-1pm

LOCATED NEAR THE BACK ENTRANCE OF THE RESTAURANT AT 208 N. CEDAR, OWATONNA

507-455-9260

CHECK OUT OUR MANY NEW LUNCH & DINNER MENU ITEMS!
MON-TUE-WED-THURS 11:00AM-9:00PM
FRIDAY 11:00AM-9:00PM
SAT 3:00PM-9:00PM • SUN CLOSED

BOOK YOUR SUMMER EVENTS!
Banquet Hall, Seating Up to 300

East Wind 東風 Buffet

15% OFF Wednesday, Thursday with ad

10% OFF Friday, Saturday, Sunday with ad

MENU OR BUFFET

Hours:
Monday: 11am-10pm
Tuesday: Closed
Wed.-Sun.: 11am-10pm

Cannot be used with other offers.
507-451-9666

1015 W. Frontage Rd., Suite 103, Owatonna • South of Lowe's
Dine In Only • Expires July 31, 2024

TAMMY'S PLACE
Restaurant & Bar
Kasson, MN

DRINKS • APPETIZERS
SANDWICHES • BURGERS
SALADS • WRAPS • DESSERTS

DAILY SPECIALS

Closed Mon.; Tues.-Thur 11am-9pm; Fri-Sat 11am-10pm
Sun 11am-8pm
111 West Main Street, Kasson, MN
507-634-3133

BREAKFAST, LUNCH, DINNER

BURGERS
ESPRESSO
HOTDISH
ICE CREAM

Try our daily specials!

ANGIE'S
Restaurant

635 2nd Street, Kenyon
Hours:
Tues.-Sat. 7am to 8pm
Sunday 8am to 1pm
Closed Mondays
507-789-1100

Olivia's FAMILY RESTAURANT

Family Fare at Great Prices

Breakfast
Daily Specials
Weekend Breakfast Buffet

10% OFF with this ad

Good Monday-Friday. One coupon per meal.
Expires July 31, 2024

Hours: Sunday-Wednesday 6:00am-3:00pm
Thursday-Saturday 6:00am-8:00pm
1160 Frontage Road, Owatonna • 507-444-4000

Entrepreneurial Communities Grant Spotlight: Rice County Neighbors United



Tim Penny
So. MN Initiative Foundation

Initiative Foundation in 2021, they set to work creating an association for minority-owned businesses within their community, as well as helping to jumpstart multiple other businesses. The Director of RCNU, Mar Valdecantos, spoke about what the project has done for her community.

Describe your project and its goals. Our goal was to create a business association of minority-owned businesses and potential business and entrepreneurial endeavors in order to strengthen wealth creation in our communities. We would support local minority business ventures and create access to resources as well as education about resources available. This collaboration would empower them to have a voice in local decisions that affect them economically.

What did you accomplish working on this project?

We had approached 10 people to participate. Seven were active participants while the other three received help to cover fees for their businesses. We also had 3 businesses share their expertise with a group of people interested in the business world.

This work on business development led to

After Rice County Neighbors United (RCNU) received a \$15,000 Inclusive and Equitable Grant from Southern Minnesota



the successful creation of the Mercado Local. This new space is marketplace and art center for local Latino artists to sell their work. The initiative happened organically out of the conversations with business-oriented members and it would not have been possible without the grant.

We also were able to connect with a Hispanic business coach who is continuing to support our immigrant community and our work.

How will this work continue in the future? We will continue to work with our immigrant community to find ways to share their talents, art and products. Everybody has been

so grateful throughout this work, with goals to continue developing these partnerships. Having a grant to cover expenses and not having to try finding funds constantly has been wonderful. Southern Minnesota Initiative Foundation's grant was key for this work to be successful.

This grant, which is now called the Inclusive and Equitable Entrepreneurship Grant, supports organizations which are providing direct resources and services to start and expand business opportunities within diverse and/or traditionally underserved populations in southern Minnesota.

Search Continues for Missing Randolph Woman

(continued from page 1)

That afternoon, investigators conducted an extensive search of the home, property, and surrounding area on foot and by air, utilizing canines, drones, and helicopters. Ms. Anderson was not found.

On Wednesday, July 10th, investigators executed a search warrant in the City of Randolph at a residence of Ms. Anderson's boyfriend, 42-year-old Matthew Suttles. Suttles had an active, felony body-only arrest warrant out of Le Sueur County for a probation violation.

Suttles was a person of interest, and the property was one that Ms. Anderson frequented. Suttles was not present at the time deputies executed the search warrant, however he turned himself in to deputies on scene shortly thereafter. Investigators searched the property and did not locate Ms. Anderson. Suttles was arrested on his warrant and questioned on his knowledge regarding Ms. Anderson's disappearance. He is currently held in the Dakota County jail and will be released to Le Sueur County on his warrant. Suttles is not being held on criminal charges related to Ms. Anderson's disappearance.

We continue our exhaustive efforts to locate Ms. Anderson. This remains an active investigation and no further information will be released at this time. Follow our social media for updates.

Tip information can be shared via phone by calling 651-438-TIPS, via email at crimeandwarranttips@co.dakota.mn.us or online at <https://www.cognitofirms.com/DakotaCountyMN/ReportATip>



Courtesy of Minnesota Bureau of Criminal Apprehension

Nerstrand Meats & Catering

Specialty Meats & Food

Over 100 Years in Business Providing
Homemade Bologna, Wieners, Jerky,
Homemade Beef Sticks, etc.

231 Main Street, Nerstrand, MN

507-334-5396

www.nerstrandmeats.com

e-mail us at: goodfood@nerstrandmeats.com



the one

K Y M N 95.1 FM 1080 AM

For something different

**Your Home for
Twins Baseball**

Tim McNiff Weekday Mornings

www.kymnradio.net

Opinions expressed in Letters to the Editor are not necessarily those of The Messenger.

A Tale of Two Cities KW Public Schools

Dear KW School Board Members:

Can you imagine a new Superintendent of Schools walking into a school district where

the first order of the day is to fasten her seat belt? Beginning with statutory operating debt, questionable student achievement, and tumbling student enrollment, she now finds herself worrying about a building that is in need of a new roof. And if that is not bad enough, she not only has at least two school board members who would rather fall on a sword than to do the right thing for our children, but she may now be faced with the prospect of another referendum just to sort it all out for people like you. Is there any wonder why there is no unification between the two communities?

In hindsight, there was a time when Kenyon Public Schools (my alma mater) was near the top of the list when it came to quality education. Unfortunately, after a series of substandard superintendents and ineffective school boards, we find ourselves near the bottom of the list. Why? Because I now realize that we are actually "A Tale of Two Cities."

Today, we find ourselves in a position whereby we are debating what to do with a building that is not fit for our children or staff members. While it would be nice to turn the clock back to 1995 when we had 1089 students and were in the process of planning for

a PreK-12 building at Bombay, the same factions that were at play then...are at play now. For reasons that are self-serving in nature, having a building is more important to some people than having a quality school district. Knowing what I have witnessed since we consolidated, some things never change.

As I read Mrs. Giese's article in the News Record, I was struck by three things. First, I saw someone who realizes that there is a time for change at KW Public Schools. While we might agree that a multiple site would be nice for various reasons, it has never been practical when it comes to building a budget. As a matter of fact, Wanamingo was told this very thing by the Superintendent of Schools of Zumbrota-Mazeppa 35 years ago. He was right...and I was there to hear it.

Second, she is being generous when she says it should start in the 2027-2028 school year. This is what happens when school board members get in the way of a decision that needs to take place beginning with the 2024-2025 school year. They are not only putting her in the middle of an argument that has long since run its course, but they are continuing to ignore the impact it is having on the school district. It needs to stop NOW!

And finally, one of the things that caught my attention in Mrs. Giese's article was the immediate savings it will generate in shuttle services and utilities by going to a single site in the 2024-25 school year. When one couples this \$198,000 per year savings over a three-year period of time, you are talking about a \$600,000 reduction in the statutory operating debt. Not only would state officials and local tax payers be happy, but the community might begin to think that you actually have their best interests at heart. Just remember, it is all about perception!

In conclusion, you need to know that it is time to put the naysayers to bed. While it is not unusual to find them in other school districts, the perception in the community is that our school district has more than its fair share of people who do not know what the word TEAM means. Ladies and gentlemen, it is time to help create a new culture under a new kind of leadership. After all, it is one of the reasons that you hired Mrs. Giese to begin with. It is time to give her a chance to get it right!

Respectfully yours,
Dr. James Russell Lehman
Kenyon, MN 55946-1405



We are more than just a flower store!
Gifts • Cards & More for All Occasions
ORDER TODAY! CALL 507-789-5700
Roses, Mixed Arrangements, Flower Bunches and More!

Mary's Rustic Rose
524 Second St, Kenyon
507-789-5700
marysrusticrose@outlook.com
marysrusticrose.com



Business Link

• Bellechester • Castle Rock • Claremont • Dennison • Dodge Center •
• Dundas • Goodhue • Hampton • Kenyon • Mazeppa • Nerstrand •
• Randolph • Wanamingo • West Concord • Zumbro Falls •

 <p>LODERMEIER'S STEEL & WOOD FRAME BUILDINGS</p> <ul style="list-style-type: none"> • Machinery Storage • Commercial • Livestock Buildings • Garages <p>38241 County 6 Blvd, Goodhue 651-923-4441 Lodermeiers.net</p>	 <p>fw</p> <p>Flat Water Futures, LLC Grain and Livestock Hedging</p> <p>Todd Ryan 651-764-5590 tryan@flatwaterfutures.com Goodhue, MN Branch Office</p>	<p>DODGE, GOODHUE, WABASHA, AND RICE COUNTY AREA FARMERS</p>  <p>Losing soybean yield to White Mold and Sudden Death Syndrome? We can help! Call Colin at 1-306-716-4964 www.headsupST.com</p>	<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <p>Real Estate Auctions</p> </div> <div style="text-align: center;">  <p>Auction Real Estate Appraisal Personal Property Analysis Work in Progress Testimonial</p> </div> <div style="text-align: center;">  <p>Live and Sealed Bids</p> </div> </div> <p>Best Fertilizer for Land is  of the Owner</p> <p>Ron Sheridan Since 1944 Service is on the House Zumbrota / Rochester</p> <p>www.drsquarefoot.com 651-246-4146</p>	
<p>Let's talk fence</p>  <p>Alpacas, Apples, Beef Cattle, Deer, Dairy Cattle, Elk, Emus, Gardens, Goats, Grapes, Gorillas, Horses, Lions, Llamas, Ostriches, Ponies, Raccoons, Sheep, Trout, Tigers, Yak</p> <p>K FENCE</p> <p>62411 386th Ave., Zumbro Falls, MN Phone 507-753-2943 • www.kfence.com Free Estimates • Free Catalogs</p>	<p>KAHN Tile Supply LLC</p>  <p>SPECIALIZED LUBRICANTS</p>  <p>AGRO POWER</p> <p>Bruce Freerksen (507) 273-9110 brucewithschaefferoil@gmail.com West Concord, MN</p>	 <p>Tatge Jewelry</p> <p>Awards By Tatge Since 1975</p> <p>625 2nd Street, Kenyon, MN (507) 789-6522</p>	<p>BAKER'S TIRE SERVICE 507-824-2264 11361 Hwy. 60 Blvd Wanamingo</p>  <p>AG TIRES</p>  <p>CERTIFIED FARM TIRE DEALER</p>	<p>SIFT (SAVE IT FROM TRASH) THRIFT STORE</p> <p>26 RED WING AVE Kenyon, MN</p>  <p>Hours: Thur & Fri 12 to 8pm, Saturday 9am to 5pm</p> <p>DOUG AND MARY KLATT www.sift4you.com Call us today! 507.259.2386</p>

PLACE YOUR AD ON THIS PAGE
Call Terry at 507-951-7417
or Email: hometownmessenger@gmail.com

U.S. Senator Tina Smith Introduces Legislation to End Veteran Homelessness Nationwide

The Housing for All Veterans Act would guarantee housing vouchers to veterans to prevent and end homelessness

WASHINGTON, DC – U.S. Senator Tina Smith (D-Minn.), Chair of the Senate Housing Subcommittee, introduced the Housing for All Veterans Act, legislation that would help bring an effective end to veteran homelessness. Minnesota is on the cusp of ending veteran homelessness, and nationwide levels of homelessness among former service members have been cut in half in the fifteen years since the U.S. Department of Veterans Affairs launched the first-ever strategic plan to prevent and end the scourge of veteran homelessness in America. This legislation would help get us the rest of the way there and prevent veteran homelessness going forward.

“We promise our veterans that we will take care of them after their service to our nation. But every day that we have veterans struggling to find a safe, affordable place to live, we’re failing them,” said Senator Smith. “Guaranteeing housing for low-income veterans shouldn’t be optional. It should be a promise fulfilled for every veteran, to bring them

home. We’ve made some great progress in solving veteran homelessness in the last fifteen years – Minnesota especially. But the Housing for All Veterans Act would finish the job and ensure every veteran has a roof over their heads.”

“Our country continues to face a crisis of housing affordability,” said Kathryn Monet, CEO of the National Coalition for Homeless Veterans. “NCHV is thankful for Senator Smith’s leadership to address this crisis head on for veterans facing housing instability. Subsidies are a crucial support and we urge Congress to act upon this bill as a downpayment toward a world where affordable housing is available for all Americans.”

“This legislation addresses the root cause of housing affordability, providing our veterans with a long-term, sustainable solution to secure housing. By ensuring access to rental assistance and prohibiting income discrimination, we give our veterans the stability they deserve and the opportunity to thrive in their communities,” said Minnesota Assistance Council for Veterans (MACV) Chief Program Officer Nathaniel Saltz.

“I applaud Senator Tina Smith (D-MN) for introducing the Housing for All Veterans Act to make housing assistance universally available to all low-income veterans who have bravely served our nation,” stated Diane Yentel, President and CEO of the National Low Income Housing Coalition. “I urge Congress to quickly enact this legislation to help end veteran homelessness once and for all and make an important step towards ensuring universal rental assistance for all households in need.”

“Avivo strongly supports the Housing for All Veterans Act as it represents a comprehensive approach to fulfilling our nation’s promise to its veterans, ensuring that they have access to the resources necessary to lead dignified, fulfilling lives post-service,” said Kelly Matter, President and CEO of Avivo. “We urge all stakeholders to consider the pro-

found impact this legislation could have on the lives of veterans and their families and to advocate for its swift passage. By doing so, we can truly honor the sacrifices made by our veterans and take significant strides toward ending veteran homelessness in our country.”

The Housing for All Veterans Act would guarantee access to a housing voucher for all veterans who need it. Senator Smith unveiled this legislation and her push to put an end to veteran homelessness today at the National Alliance to End Homelessness’ National Conference in Washington, DC. You can view and download Senator Smith’s remarks at the event here.

Specifically, the Housing for All Veterans Act would:

Provide housing vouchers to all low-income veteran households.

All eligible veterans would be entitled to a housing voucher and the availability of these vouchers would not be limited by annual discretionary funding levels. The vouchers would be phased-in over five years, starting with veterans with the greatest need.

Assist public housing authorities in electronically verifying veteran status and lease rental units.

Protect veteran families from discrimination based on using a voucher.

Maximize access to vouchers by excluding veteran disability benefits from income eligibility calculations.

Support veterans with active-duty service, the National Guard and reserve forces.

Ask A Trooper

By Sgt. Troy Christianson,
Minnesota State Patrol



Question: I own a 1987 Toyota based RV. The dashboard instrument cluster is pretty minimal. No tachometer, etc. I have found a cluster from another Toyota truck that I'd like to install. My problem is that my RV has about 112,000 miles on the odometer while the "new" odometer shows a bit over 210,000 miles. Is it legal to unwind the "new to me" odometer to match the actual miles on the RV and is there a person/place where I can get this done?

Answer: Minnesota State Statute 325E.14 Subd.6 says about replacing odometers, “Repair or replacement restriction. Nothing in this section shall prevent the service, repair, or replacement of an odometer, provided the mileage indicated thereon remains the same as before the service, repair, or replacement. Where the odometer is incapable of registering the same mileage as before such service, repair, or replacement, the odometer shall be adjusted to read zero and a written notice shall be attached to the left door frame of the vehicle by the owner or an agent specifying the mileage prior to repair or replacement of the odometer and the date on which it was repaired or replaced. No per-

son shall remove or alter such a notice so affixed.”

Example of odometer notice:

Here’s what this means for your situation where your odometer is being replaced with a “used” odometer and unable to reflect the vehicle’s actual mileage. You would need to adjust this “new to you/used” odometer to reflect zero. The written notice shall be attached to the vehicle’s left door frame. I would advise keeping all documents and receipts on file of the work you had done and equipment purchased for this repair. It would probably be a wise idea to keep another set of the copied documents in your vehicle.

Question: Hello, I have a new driver and they are having a difficult time knowing what type of road they are driving on, whether it is an interstate, state highway or county road. I am trying to teach them so if they need help they can give the proper location. Can you help explain so if anyone else is wondering they will know? Thank you.

Answer: One way a person can tell what type of roadway they are on is by the design of the road sign. Here are some examples that show what interstates, U.S. highways, state highways and county road signs look like.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and always drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us) Twitter: MSPPIO_SOUTH

U.S. Senator Tina Smith Introduces Bill to Provide Tax Relief to Domestic Abuse Survivors

WASHINGTON, D.C. – Today, U.S Senator Tina Smith (D-MN) introduced legislation to help victims of what is called coerced debt, which is debt taken out in a victim’s name without their knowledge or by threat, force, or other similar means. Many coerced debt victims are survivors of domestic abuse. Under Minnesota law, coerced debt victims can obtain a court order relieving them of liability for the debt. But the victims may still owe federal income tax for the discharged debt. Senator Smith’s bill would change that, making sure these victims who have been absolved of liability for coerced debt won’t receive an unexpected federal tax bill. The Tax Relief for Coerced Debt Act excludes “coerced debt” discharged under state statutes like Minnesota’s from income and instructs the IRS to ensure no additional reporting or filing requirements are imposed on taxpayers who qualify for this relief. The bill is cosponsored by Senator Amy Klobuchar (D-MN).

“No one should be held financially responsible for debts incurred without their knowledge or full consent,” said Senator Smith. “Minnesota has stepped up, as one of just three states to allow coerced debt to be discharged, but victims may still face taxes on that debt, even after it has been forgiven. This bill would finish the job, and ensure that coerced debt does not follow Minnesotans for life.”

“Survivors of domestic violence and their families deserve peace of mind and financial stability,” said Klobuchar. “This legislation will provide important relief to survivors and other individuals so they can rebuild their lives on stronger financial footing.”

“More and more states have enacted or are considering legislation to relieve survivors of violence of ‘coerced debt’ they have involuntary incurred at the hands of abusers,” said Ron Elwood, Supervising Attorney of Minnesota’s Legal Services Advocacy Project. “The entire domestic violence advocacy community – and all the survivors who carry involuntary coerced debt – are indebted to Senator Smith for championing this legislation to ensure that federal tax law does not inadvertently create tax liability for those these Coerced Debt Laws are intended to help.”

Share Your Good News!
Submit your engagement, wedding or birth announcement.

Email: hometownmessenger@gmail.com



Nerstrand City Council Meeting Minutes June 11, 2024, 7:00 P.M.

Nerstrand, MN

COUNCIL PRESENT: Mayor Todd Evavold, Council Members Dan Pflieger, Monica Gernandt, Kevin O'Brien

ABSENT: John Harris

STAFF PRESENT: Public Works Steve McDowell, Clerk Frances Boehning

GUESTS: Karla Ingersoll

APPROVAL OF AGENDA:

Council member Kevin O'Brien made a motion to approve the agenda, second by Council member Dan Pflieger. All approved.

CONSENT AGENDA:

A. Payment of Claims dated June 11, 2024.
B. Minutes from May 9, 2024

MOTION:

Motion to approve the Consent Agenda. Motion made by Council Member Monica Gernandt, second by Council Member Kevin O'Brien.

All approved.

CLERK'S REPORT:

The Clerk reviewed the results of a meeting with Abdo to balance CTAS with the bank. The balance is getting closer and should be resolved within the next month. Projects coming up include adding loan information into CTAS, updating payroll, setting up payment of taxes, and revising the website.

NEW BUSINESS:

• Liquor license for Fire Hall Dance – Following a short discussion, Council member Monica Gernandt made a motion to approve resolution 2024-15 Approving a Temporary Liquor License for the Fireman's Street Dance, Mayor Todd Evavold seconded, all approved. The Clerk will submit the application to the state for the license.

• Tuck pointing the east side of City Hall.: Mayor Todd Evavold noted that the company that did the tuck pointing last year may be able to fit us into the schedule for this summer to complete the east side of the building. Council member Monica Gernandt requested that we hold off on completing the building as it was not in the budget, and we need to complete the financial reconciliation.

• Pothole filling: Mayor Evavold reviewed the current potholes of concern around town.

Steve McDowell stated that there is some fill available, and that Howard Quamme could patch some of the holes as weather permits. Steve McDowell said he is looking for an asphalt company to fill the paved street holes. Council member Monica Gernandt stated that she knew of a company out of Faribault, Pothole Patrol, that may be able to assist. She will contact them.

OLD BUSINESS

• Update information for Pickle Ball Court: Kevin O'Brien gave an update. C&H could paint the entire court for \$10,500 or just the lines for \$600. The company also noted that the concrete should have a 2 layer 6 mil vapor barrier and broom finish with no curing compound used. As the cost of the concrete and painted lines will completely use the current savings of \$14,000 it was suggested that residents conduct a fundraiser to obtain a windscreen. The location of the court will need to be determined with consideration taken regarding the storm drains and snow storage. Council member Monica Gernandt made a motion to move forward with installing cement and lines, Council member Kevin O'Brien seconded, all approved.

• Pump house block rebuild: Work will commence in August. The well house door will be replaced in July.

9. Reports of Officers

• Public Works Director – Steve McDowell noted that Karla Ingersoll will be creating a waterway swale to remove water from her property and house foundation. The City Council members indicated that they approve of the plans to create a swale to move water off the Ingersoll property provided the water is not directed into the sewer or neighboring property. Mr. McDowell stated that due to recent heavy rains, bypass pumps were needed during the June 4 rain event. Wild parsnip is being monitored and will be either sprayed or mowed as needed. Work is being done on the lead and copper list as required by the State. The recent meeting with the MPCA was reviewed regarding chloride management and the new permit. Steve McDowell noted that the Agri Center's water usage for the month will be higher than normal.

mal.

• Mayor – Insurance Update Regarding Roof Repair – work will commence in September.

• Fire Department – The report from Joe Johnson was included in the packet for the month.

• Council Members: Council member Monica Gernandt questioned the state taxes missing from 2023. Council member Monica Gernandt made a motion to close the Heritage Bank account and use the funds for the new pickle ball court, Council member Dan Pflieger seconded, all approved. Council member Dan Pflieger stated that as he will be

moving soon, he is resigning as of tonight. Council member Monica Gernandt reminded the Council that three members are needed for a quorum.

MOTION ADJOURN:

MOTION: Motion by Mayor Todd Evavold second by Council Member Kevin O'Brien to adjourn. All Approved.

Todd Evavold, Mayor

Frances Boehning, City Clerk

Next City Council Meeting is scheduled for July 9th, 2024 at Nerstrand City Hall

MDA Seeks Input Before Next Legislative Session

Two virtual public input sessions offer chance to share ideas

The Minnesota Department of Agriculture (MDA) is gathering ideas as the agency considers the state's next biennial budget, and we want your input. Farmers, businesses, and others impacted by food and agriculture systems are all invited to share policy, funding, and program suggestions.

The MDA is hosting two virtual public input sessions where people can share their ideas directly, in addition to an online form for written submissions open through August 16, 2024.

The two sessions will take place on Zoom. Participation is free, but registration is required. The sessions are scheduled for:

Monday, August 12, from noon – 1 p.m. Register for this event.

Tuesday, August 13, from 5 – 6 p.m. Register for this event.

The Minnesota Legislature appropriates funds for the MDA and related agricultural activities through a two-year budget bill that is part of the state's overall government funding.

State budgets are set in legislative sessions that take place in odd-numbered years and are sometimes revised during sessions in even-numbered years. The next legislative session begins on January 14, 2025, and will determine the next two-year state budget.

Information about the MDA's mission, leadership, and responsibilities is available on our website.

Notice of Filing

The filing period for persons who wish to be candidates for the following offices in the City of Dennison, is open from Tuesday August 2nd, to 5 pm on August 16th, 2022. The office of Mayor of the City of Dennison and two Dennison City Council seats are up for election this year. Anyone who meets the qualifications to be a candidate can file with the City Clerk for these offices. Please call or text the clerk at 507-990-4150, or email at clerk@cityofdennisonmn.com to make arrangements to file within the filing period. Filing fee is \$2.

Withdrawal period ends on August 18th at 5pm.

Notice of Filing

The filing period for persons who wish to be candidates for the following offices in the City of Dennison, is open from Tuesday July 30th, until 5 pm on August 13th, 2024. The office of Mayor of the City of Dennison (two year term) and two Dennison City Council seats (four year term) and one Dennison City Council seat (two year term) special election, are up for election this year. Anyone who meets the qualifications to be a candidate can file with the City Clerk for these offices. Please call or text the clerk at 507-990-4150, or email at clerk@cityofdennisonmn.com to make arrangements to file within the filing period. Filing fee is \$2.

Withdrawal period ends on August 15th at 5pm and must be completed by filing an Affidavit to Withdraw with the clerk no later than 5 pm.

MARK YOUR CALENDARS!

The 56th Annual
RANDOLPH-HAMPTON FIRE DEPARTMENT
CHICKEN BBQ
&
STREET DANCE
AUGUST 17TH
Serving Food 3PM-8PM

Chicken, Baked Beans, Sweet Corn, Cole Slaw, Rolls, Pop
Adults: \$16.00 • 12 & Under: \$9.00



COMMUNITY BANKING FOR INDIVIDUALS AND BUSINESSES

- Home Equity Loans
- Car Loans
- Construction Loans
- IRAs & CDs
- Checking Accounts
- Mortgages
- Savings Accounts
- Real Time Online Banking
- Mobile App
- Local Decision Making
- Competitive Rates

RANDOLPH
507.403.2777

CASTLE ROCK
651.463.7590

FARMINGTON
651.463.4014

You know us. We know you.



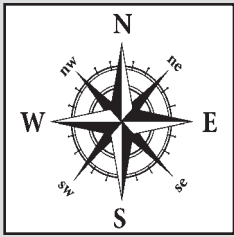
CASTLE ROCK BANK

HOURS: 7:30 AM TO 4:00 PM WEEKDAYS

www.castlerockbank.net



Changes in Latitudes, Changes in Attitudes



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

I grew up with an active imagination and some of that would be my dad's fault. My dad was a farmer, but he always thought up more adventurous things to do. That can happen when you spend hours in a field on a tractor. I just assumed it was life as usual. I recall being sent to talk to the guidance counselor when I was in Second grade. I guess my stories sounded too far-fetched. I couldn't understand why they questioned me. It started out with a Cat D-2. My dad owned

a bulldozer. It was the early 60's. A six-year old boy talks about such things at school. But it got much worse. My dad also owned a Cessna 172. That is an airplane. A four-seater airplane. My dad, mom and two of us kids would fly in it. He kept it on the farm and had a landing strip across the road in a hayfield that ran east and west. I recall a friend of his stopped by one cold winter day when I was five. Actually, the friend landed his plane on Highway 57 and taxied right up to the house. After talking for hours after lunch the friend went to leave and the plane was too cold to start. I recall my dad with the Knipco heater on the tractor loader warming up the engine of the plane so it would start.

The poor school counselor couldn't tell if I was making up tales or not. I think they liked kids to stay in that little lane they had planned out for them, just another brick in the wall. My sister told of the same problem. It seems her teacher started to describe the White House in Washington D.C. during a class and my sister told her she has been there. The teacher didn't believe it and told my mom she was making up tales. My mom said we had been there. My dad took us on a vacation each winter and we had seen every site in DC.

My dad belonged to the Flying Farmers. It was a group of farmers with planes and



airstrips on their farms. One family lived next to my aunt and uncle's farm. We could fly down there for the day and fly back home. I recall one summer evening we took off to return to our farm and ran into a thunderstorm on the way home. It was very turbulent and dark with intermittent lightning all around us. Sitting in the back seat I realized my picnic dinner was not staying put. My mom turned around in her seat and held the air sickness bag while I threw up. I believe I was too young to be scared. I figured my dad was invincible and the plane would never crash. I never remember any apprehension at getting a chance to go in the air

with him. I can still recall the smell of the cockpit and the sound of the air from the propeller through the aluminum skin of the plane.

Not content with a fixed wing aircraft, my dad took lessons to get his helicopter pilot's license. He flew for a construction company and my greatest thrill as a kid was to take the day off school and spend it with him flying from job site locations to check on the dirt work. This all happened by the time I was seven years old. I believe his helicopter was a Bell 300A, a two-seater with a Plexiglas bubble for a cockpit. Similar to the ones you see spraying crops.

A Minnesotan: Bikes



By RosaLin Alcoser

Once again Minnesotans have reached the time of the year where we all go outside. All of us. As much as we possibly can. After all, we only have a short period of time where we can be outside before it gets cold again. Then only the cold weather people go outside.

One of the favorite outside activities of Minnesotans of course is biking. Of all

kinds. Road, mountain, sidewalk, snow. You name it and there's a Minnesotan who does that kind of biking.

Now when I was a kid in rural Minnesota my sister and I had mountain bikes so that we could ride on dirt or gravel. So I never learned how to ride on pavement until I went to college. Of course I had to teach myself a whole new version of riding a bike.

Of course as a small child I had learned to ride on the sidewalk before we moved to the rural area. Which of course we did while I was still too little to ride anything except my sidewalk bike. Six-year-old me did not take being left out of bike riding well and declared that when I was grown I was moving to St. Paul where there were sidewalks to ride my bike on.

I will admit that I was off about which part of the cities I would grow up to move to but I was right about there being sidewalks to ride my bike on. Except now that I am an adult riding a road bike instead of a sidewalk bike my young declaration was not fully needed.

Here's Where To Buy Your Minnesota Country Salute CD
Buy the FINAL Minnesota Country Salute CD

Once again the net proceeds from this years Minnesota Country Salute CD will go to the Minnesota Military Family Foundation and Minnesota Wheels of Honor. Starting Veteran's Day you'll be able buy your copy at any one of these locations and make sure the service men and women and first responders of Minnesota have the support they need.
CD Available at:

The Fireside
Open Monday-Thursday 11:00am-6:00pm Sun-Thurs 12:00pm-5:00pm Friday-Saturday 11:00am-6:00pm Sun-Thurs 12:00pm-5:00pm
100-843-9997 • www.fireside.com

MMFF
Minnesota Military Family Foundation
Serving Military Families

WHEELS OF HONOR
Minnesota

About the Minnesota Country Salute CD Project:
A decade ago while sitting on his porch, Neil Freeman came up with the idea of tying together two groups that BOB FM supports. The Homegrown artists of Minnesota and the military member support organizations. By creating a compilation CD to sell across Minnesota, he nailed it. With the help of many sponsors and listeners who went out and purchased these CDs over the years, BOB FM has donated over \$235,000 to the Minnesota Military Family Foundation, Minnesota Wheels of Honor, and Tribute to the Troops.
If you or your business would like to help further this mission, or help distribute the CD, please contact Neil Freeman, neil@mybobcountry.com.

BOB TOTAL COUNTRY
105.5 • 106.1 • 107.5
St. Cloud Twin Cities Fairbank

Capital CONSTRUCTION

Residential & Multi-Family Contractor

Roofing | Siding | Gutters | Windows

Free Inspections

952.222.4004

www.CapitalMN.com

CROSSWORD

1	2	3	4		5	6	7		8	9	10	
11					12				13	14		
15					16				17			
	18			19					20			
				21					22			
23	24	25					26			27	28	29
30				31		32	33			34		
35			36			37				38		
39				40					41			42
43				44					45			46
				47			48	49				
	50	51				52				53	54	
55						56				57		58
59						60				61		
62						63				64		

6	8	1	4	2	9	5	3	7
7	4	3	1	5	8	9	6	2
2	9	5	7	3	6	8	4	1
5	3	4	6	1	2	7	9	8
1	2	9	8	7	3	6	5	4
8	7	6	5	9	4	1	2	3
9	6	7	3	4	1	2	8	5
4	1	8	2	6	5	3	7	9
3	5	2	9	8	7	4	1	6

SUDOKU ANSWERS

E	N	O	L	P	M	I	R	T	O	R	T
H	V	A	R	T	O	U	R	H	T	I	E
M	A	R	T	E	R	N	E	S	S	O	E
K	I	N	T	S	P	U	T	A	S	T	H
S	E	S	E	N	A	R	N	A	S	E	N
E	R	G	A	L	E	S	E	N	E	S	E
E	N	E	W	T	O	S	T	O	S	T	O
Y	A	R	T	E	A	R	S	I	U	P	S
H	I	G	N	I	O	E	S	U	N	D	O
K	A	S	T	R	O	I	K	A	S	M	O
A	V	A	L	A	V	A	L	A	V	A	L
M	R	S	P	R	O	P	R	O	P	R	O

We Want Your News!

Got News?

Help Us Get the Word Out!

News, Photos, Events...

Email your news to:
hometownmessenger@gmail.com

SWITCH & GET \$25

Off First Month of New Service!
USE PROMO CODE: **GZ590**

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

- THEME: FAMOUS FIRSTS
- ACROSS
1. Croat or Moravian, e.g.
 5. Paid player
 8. Not Miss or Ms.
 11. First-rate
 12. Mattress with memory?
 13. Be of use
 15. "It's time!" signal
 16. ____-de-camp
 17. Like an unhealthy dog
 18. *First one to circumnavigate globe, almost
 20. March Madness org.
 21. Bring upon
 22. Orange Lavaburst drink
 23. *Rita ____, first Latina to win Academy Award
 26. Winter rides, in Russia
 30. Brewery order
 31. Unties or unbuttons
 34. Nearly
 35. One born to Japanese immigrants
 37. Good times
 38. Rheumy
 39. Tel ____, Israel
 40. Bequeath
 42. Once known as
 43. West African country
 45. *Chuck ____, first to break speed of sound
 47. Genetic info carrier, acr.
 48. City near D, sseldorf
 50. Short for Dorothea
 52. *First artificial satellite (2 words)
 55. Clay and silt deposit
 56. Marine eagle
 57. Mercantile establishment
 59. Singer Piaf
 60. Concert series
 61. Indian nursemaid
 62. Craggy peak
 63. Little troublemaker
 64. Solitary
- DOWN
1. Give in to gravity
 2. Weaver's apparatus
 3. The "I" in "The King and I"
 4. Carrots or peas, slangily
 5. French soldier in WWI
 6. Speed gun
 7. *First horror film about Damien Thorn, with The
 8. Supernatural life force
 9. Capital of Latvia
 10. Canny
 12. Han Solo's "Millennium ____"
 13. Prenatal test, for short
 14. *The first one helped combat smallpox
 19. Tedium
 22. 120 mins.
 23. #8 Down, pl.
 24. Martini garnish
 25. Pine product
 26. Midterm, e.g.
 27. a.k.a. Tibetan wild ass
 28. Feel the same
 29. Timider
 32. Deadly challenge
 33. Military moves
 36. *Mount first conquered by Hillary and Norgay
 38. 10 to 12-year-old
 40. Ewe's cry
 41. Half-shell delicacy
 44. Grind with teeth
 46. Fauna member
 48. Erasable programmable read only memory
 49. Break of day
 50. List of chores
 51. Prince of Wales to King
 52. Searching for E.T. org.
 53. Boxer's last blow
 54. Azerbaijan's southern neighbor
 55. "____ the wild rumpus begin!"
 58. "____ one and only"

SUDOKU

SAFE STEP WALK-IN TUB

Call today and receive a

FREE SHOWER PACKAGE

PLUS \$1600 OFF

1-855-576-5653

SPECIAL OFFER

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

3		2						
	1	8		6		3		
	6							5
	7				4	1		3
		9	8		3	6		
5		4	6				9	
2							4	
		3		5		9	6	
						5		7

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



PLANNING A SUMMER PROJECT?

See Heritage Bank for all your home improvement loan needs!

Our competitive rates make it a great time to start that summer project.



HERITAGE

— B A N K —

www.heritagebankmn.com

DENNISON: 37470 1st Ave. Ct. 507-645-5929

NORTHFIELD: 1520 Clinton Lane 507-645-6736

WEST CONCORD: 181 Main Street 507-527-2236

