



# Goodhue-Bellechester Messenger

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OCTOBER 30, 2024

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## Announcements

**Bellechester Special  
City Council Meeting  
11/11/2024 @ 11:00 am  
Bellechester Community Center  
Approve Election Results  
No other business will be conducted.**

• There will be a live Nativity at Grace Lutheran Church, 39774 County 4 Blvd on Saturday, November 30th from 4:30-6:30 PM. Food and cash donations will be accepted for the local food shelf.

• Belvidere Happy-Go-Luckies 4-H Club (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

Do you have an announcement?  
Email: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

## Local Radio Station Marks 75th Year

By Beth Brekke



Bluff Country KCUE, Red Wing's local radio station is celebrating its 75th year on the air. To celebrate this major milestone in station history, they are giving away a 3-carat, lab grown diamond valued at \$3,800.00 courtesy

of Wanshura Jewelers of Red Wing. The drawing will be held in the store at 409 West 3rd Street on December 20th.

The station's broadcast can be tuned at 1250 AM or 98.9 FM. KCUE radio, often referred to as "K-Q", is part of the Q Media group of stations that includes Red Wing's other FM station, KWNG; KLCH in Lake City; and WPVW of Wabasha. Q Media is

owned by Alan and Linda Quarnstrom of Red Wing. Coincidentally, Alan was born the same day KCUE went on air for the first time.

The station has seen changes in radio personalities and some programming but KCUE has always played country music.

(continued on page 5)

## New Goodhue County Mobile Command Unit Featured at Fire Department Open House



The Goodhue County Sheriff's new mobile communication and command center was on site and open for tours during the Goodhue Fire and Rescue Department's open house and fundraising event October 13th.

By Beth Brekke

The Goodhue Area Volunteer Fire and Rescue Department held their annual open house and fundraiser on Sunday, October 13th. The department depends on donations to maintain, purchase and update equipment. The crew completed over 1000 training hours in 2023 in order to provide the best possible medical and firefighting service.

(continued on page 4)

## Lodermeiers Host KCUE Harvest Lunch



photo courtesy of Q Media

Dan Lemke of The Linder Farm Network visits On-Air with Tyler Lodermeier at the annual Harvest Lunch held at Lodermeier's Inc on October 18th.

By Beth Brekke

For each of the past 15 years, Red Wing's Bluff Country KCUE radio station has organized the Harvest Lunch, an outing meant to honor local farmers. The event takes place the Friday of MEA week, falling on October 18th this year. The lunch was previously served on farms but they found it difficult to find a host due to the busy time of year. Three years ago it moved to a tent in the Lodermeier's Inc equipment lot, making it easier for farmers to enjoy this break.

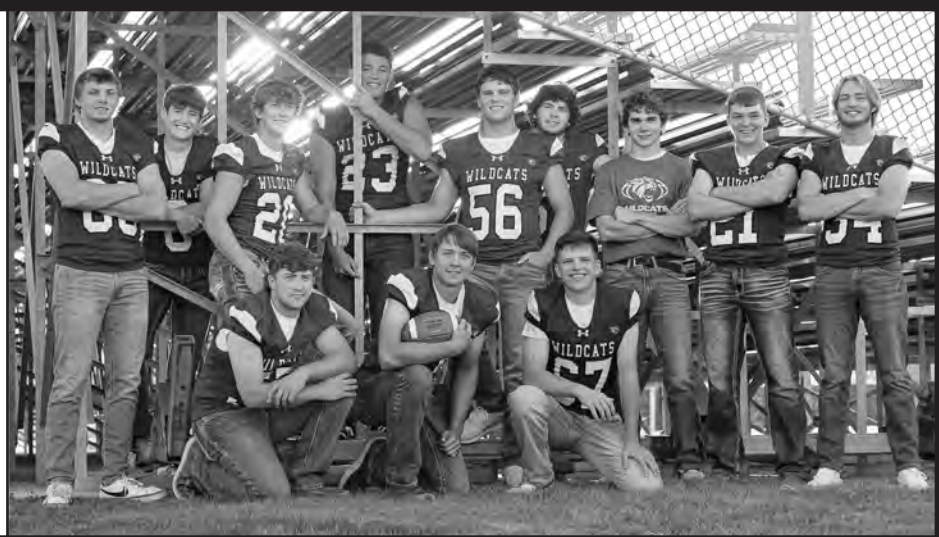
(continued on page 5)

## CONGRATULATIONS TO THE GOODHUE WILDCATS FOOTBALL TEAM ON YOUR PERFECT SEASON

Jerry Tipcke and Brandon Haidar  
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## Pastors Corner



By Pastor Eric Hanson,  
St. Luke Lutheran Church

Fall is upon us, which means the holiday season is coming. During this time of year, I'm reminded how the Spirit of God works through the practice of ritual. Very soon people in our culture will be entering into seasonal rituals that foster gatherings among friends and family, help us express thanksgiving for the gifts God has given us, and generally open our eyes to what God is up to among us. What rituals surrounding the harvest, Thanksgiving, Christmas, or even just the season of fall do you look forward to each year? In what ways do those rituals bring you closer to family, friends, and God Himself?

Rituals are important in a world that loves spontaneity. Oftentimes we locate the Holy Spirit's presence in spontaneous events. That song that popped up on the radio right when I needed to hear it, that's when God's Spirit spoke to me. That insight that sprang to my mind during a time of study or prayer, that was the voice of God's Spirit. That friend who showed up at just the right time, or that inspirational message I heard at just the right moment, those are the times the Spirit is alive and active. And to be sure, biblically speaking, there are ample reasons to use spontaneity as an identifier of God's Spirit among us.

As Jesus says, "the Spirit blows where it chooses. You do not know where it comes from or where it goes" (John 3:8). But Jesus never says that the Holy Spirit is only alive and active in that which is spontaneous.

For Jesus and His Jewish brothers and sister, God's Spirit was also deeply alive and active in ritual. Celebrating the annual Passover festival told the story of salvation over and over again to a people who constantly needed to remember, "God saves." Regular Jewish prayers in the morning (Shacharit) and prayers after sunset (Arvit) kept the Jewish people mindful of the presence of God as the sun rose and set on each day. Spontaneity might shock us into an awareness of God's presence in an important moment, but ritual helps keep our hearts and minds attuned to God's presence in all moments, especially those that are mundane, "normal," and not-so-spontaneous.

As a culture, we're good at creating annual rituals that draw us deeper into God's activity among us during specific moments (celebrations around Thanksgiving, Christmas, Easter, etc.), but how good are we at creating daily and weekly rituals that attune us to God's presence in and near us all the time?

As we enter into seasonal rituals that draw us deeper into life with God and those we love, it might be a good time to wonder about developing daily and weekly rituals that do this good work on an even more regular basis. How do we shape our lives to encounter connective moments with God in the fabric of our mundane, daily lives? How do

we attune our hearts and minds not so much to recognize the Spirit's presence in that which is spontaneous and rare, but also that which is planned, known, and expected? You can be sure God is present in all of it. In this season of rituals, may we use our annual rituals to invite us deeper into the story of God and help us be aware of how God is active in our lives and communities. And, may we be curious about what daily rituals might be birthed from the annual. How can ritual maintain awareness in us of how God is always active in and around us?

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### HOLY TRINITY CATHOLIC CHURCH

Father Thomas McCabe • [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)  
211 4th St. N., Goodhue • 923-4472  
Parish Office Hours, Mon.: 9:00AM - 2:00PM  
*(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).*  
Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)  
Tues.: 8:00AM Holy Mass  
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration  
Rosary said 25 minutes before Holy Mass  
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.  
We practice because we are not yet perfect!

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### ST. MARY'S CATHOLIC CHURCH

Father Thomas McCabe • [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)  
221 Chester Avenue • 923-4472  
*(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).*  
Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass  
Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration  
Rosary said 25 minutes before Holy Mass  
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.  
We practice because we are not yet perfect!

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### ST. COLUMBKILL CATHOLIC CHURCH

Father Thomas McCabe • [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)  
County Road 47, Goodhue • 923-4472  
*(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).*  
Sun.: 10:30AM Holy Mass  
Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass  
Rosary said 25 minutes before Holy Mass  
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.  
We practice because we are not yet perfect!

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### GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand  
39774 Co. 4 Blvd., Goodhue • 651-923-4624  
[gracelutheranchurch@gmail.com](mailto:gracelutheranchurch@gmail.com) • [www.gracestpeters.org](http://www.gracestpeters.org)  
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.  
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.  
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

### AREA CHURCH DIRECTORY

#### Singing Our Gratitude to God

*Be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord...*  
— Ephesians 5:18-19

When we are filled with the Holy Spirit, we begin to notice the fruit of the Spirit in ourselves. One of the Spirit's fruits is joy—a deep sense of contentment and gratitude in all things, even when life's circumstances are difficult. The early church had a rich practice of rejoicing through song: Paul indicates that they sang psalms, hymns, and spiritual songs to the Lord with all their hearts.

What kinds of songs do you sing in your congregation? Psalms? Hymns? Songs from the Spirit? Why do you do this? And how does it affect your faith and life?

In singing, we express our gratitude to God for his great deeds, and we receive God's grace and edification in return. We bring God an offering of praise, but at the same time we hear him speaking to us and encouraging us. One could even say that singing praises to God can function similarly to prayer. Like prayer, singing can both support our individual faith formation as well as our corporate worship and fellowship with one another. When we sing together about the goodness and grace of our triune God, we grow in connection as a body of believers.

How does singing help you to express your gratitude to God? What psalm, hymn, or spiritual song has been particularly formative in your faith?

*Holy Spirit, fill me with joy, that I may sing songs of praise today. Let everything that has breath join me in praising the Lord! Amen.*

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### ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki  
Minneola Twp. Co. Rd. 7, rural Zumbrota  
Sunday Worship 10:00 a.m.; Communion 3rd Sunday  
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

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### ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz  
28961 365th St., Goodhue  
651-923-4438  
Email: [stpeter@sleepeyeytel.net](mailto:stpeter@sleepeyeytel.net)  
9:30a.m. Sunday School  
10:30a.m. Worship

*Email your church announcements, schedule to the Messenger at: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)*

### MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon  
[www.minneolalutheranchurch.com](http://www.minneolalutheranchurch.com)  
13628 Cty. 50 Blvd., Goodhue  
Office line: (507) 218-7177 • Pastoral Care: 507-218-9063  
10:30a.m. Sunday Worship  
Sunday School the first 2 Sundays of the month at 9:30am.

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### ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert  
36620 Co. 4 Blvd., Goodhue • 651-923-4773  
Sunday 9:00am Worship  
Communion offered on the 2nd & 4th Sundays.

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### ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson  
37750 County 6 Blvd., Goodhue, MN 55027  
Email: [office@stlukegoodhue.org](mailto:office@stlukegoodhue.org) • 651-998-7106  
8:30a.m. Sunday School  
9:30a.m. Sunday Worship  
6:45p.m. Wednesday Worship  
[www.stlukegoodhue.org](http://www.stlukegoodhue.org)

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### ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand  
702 West Third Ave., Goodhue, MN • 715-441-5086  
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.  
Sunday School at 9:30a.m. at Grace.  
Sunday Bible Study at 9:30a.m.,  
Confirmation Class 5:45p.m. on Wednesday,  
8:30a.m. Quilting and Bible Study on  
Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.



## OBITUARY

### Betty Lou Johnson



Betty Lou Johnson, 91, of Goodhue, died Saturday, October 5, 2024 at her home. She was born October 17, 1932 in Hay Creek to Marvin and Viola (Ayen) Ehlen. She grew up in the Hay Creek area and graduated from Goodhue High School, class of 1950. She married Elmer Johnson on November 1, 1952. Together they raised 6 children.

Betty enjoyed sewing and made quilts for every family member. She was also famous for her sweet rolls. She played cards with a women's card club and especially enjoyed the card game "golf." She was a great listener and family was the center of her life. A woman of strong faith, she was a wonderful mother and grandmother, great-grandmother, great-great grandmother and will be dearly missed.

She is survived by her children; Vickie (Jim) Mollenhauer of Goodhue, Jean (Dan) O'Connor of Goodhue, Bruce (Sue) Johnson of Paducah, Ky., Peggy (Brian Taylor) Parks of Randolph, and Keith (Deanna) Johnson of Elgin; son-in-law, George (Beth) Snyder of Red Wing; 18 grandchildren, Jeremy, Nathan (Tanya), Brady (Stacey), Seth (Emily), Brandy (La Marcus), Kelsey (Brian), Jennifer (Cory), Shelly (Todd), Chris, Haley (Nate), Brad (Jill), Mark (Katy), Tyler (Liz), Andrew (Heidi), Sarah (Paul), Adam (Courtney), Jessica (Ryan), Erica (fiancé Carl); 40 great-grandchildren, Abigail, Jace, Remi, La Marcus Jr., Jaxon, Allison, Mia, Kai, Shea, Mahlia, Rylan, Miranda, MaKenna, Micah, Gabriel, Dylan, Lilly, Andrew, Addison, Alexis, Taylor, Caden, Jada, Brielle, Reese, Ty, Ryleigh, Wren, Tucker, Owen, Jack, Jake, Arley, Jace, Chase, Adalyn, Garrett, Carter, Payton, and Graceann; 5 great-great-grandchildren, Isla, Rodney, Caroline, Ole, and Weston; sister Arlene (Darrell) Hinrichs, brother John (Jill) Ehlen; and special friend, Harlin Reese.

She is preceded in death by her husband, Elmer; daughter, Patricia Snyder; brother, Marvin "Sonny" Ehlen; and her parents.

Celebration of Life was at 2 p.m., Friday, October 11, 2024 at St. Luke Lutheran Church in Goodhue. Rev. Eric Hanson officiated. Visitation was 3-6 p.m., Thursday, October 10, 2024 at St. Luke and one hour prior to the service, also at church. A private family burial was at Zion Lutheran Cemetery. Memorials preferred to St. Luke Church.

## New Non-Profit Organization Seeks Funds to Help People in Need

By Beth Brekke

In 2023, a group of people raised \$4,500.00 to purchase fixings for 125 holiday-type meals. The Community Help Network, a new non-profit organization, grew out of that effort. As a non-profit, they are again seeking donations for, and beneficiaries of this program.

Last year, churches, schools, local food shelves and individuals helped create a list of those in need. If you know of any person or family in need, please add them by November 8th using the contact information in this

notice. Include a name, address, phone number and how many people are in the household. The information is handled discreetly.

Everyone who received a basket last year was very appreciative and the group is focused on another successful year. Baskets include a four-pound ham or ten- to twelve-pound turkey (size depends on the number of people in the family) stuffing, potatoes, gravy, vegetables, cranberry sauce, buns and pie. The supplies will be assembled at St. Peter's Church beginning at 9 AM November 23rd with delivery starting at 10:30.

Please send monetary donations to: Community Help Network, Nancy Dahling, 313 2nd St. Bellechester, MN 55027 by November 1st.

If you would like to donate any food items such as a case of vegetables or pies, please contact Edith Buck at 651-923-4594 or her cell 507-298-7121 by November 8th.

If you would like to become part of the non-profit, please contact Nancy Dahling at 715-216-6058 or email anytime at nancydahling@gmail.com.

**Share Your Good News!**  
Submit your engagement, wedding or birth announcement.

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## Goodhue Christmas

### Saturday, December 7th

MOCKTAILS/  
COCKTAILS

SMORES  
BAR

MUSIC  
BY  
RON  
4:00-7:00PM

COOKIE  
DECORATING

CRAFTS & DIY  
HOLIDAY  
DOOR  
HANGERS

### COMING EVENTS

Friday, Nov. 1	<b>All-You-Can-East FISH FRY BUFFET</b> Starting at 4 PM • \$20.00
Sunday, Nov. 3	<b>TRUCKER HAT BAR</b> 3-5 PM
Thursday, Nov. 7	<b>BBQ RIBS ON THURSDAY NIGHTS</b>
Saturday, Nov. 9	<b>LIVE MUSIC BY CONNIE &amp; DAN</b> 8-11 PM
Friday, Nov. 22	<b>HAM/TURKEY BINGO GIVEAWAY</b>
Saturday, Nov. 23	<b>PRIME RIB &amp; SHRIMP</b> Starts at 5 PM
Sunday, Nov. 24	<b>CHILI COOKOFF AT NOON</b>
Saturday, Nov. 30	<b>RUSTIC SPARKLE PARTY</b> 1-3 PM
Friday, Dec. 6	<b>FRIDAY FISH FRY</b> Starting at 6 PM

## CORNER BAR & GRILL

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## New Goodhue County Mobile Command Unit Featured at Fire Department Open House

(continued from page 1)

In 2023 members responded to 153 medical and 60 fire calls within their 275 square mile service area.

A free-will offering was accepted for the chili lunch. Many of the 29 active members were on hand to serve food and answer questions. They also offered rides in a firetruck and a chill in the air didn't deter kids from aiming the water hose at window flaps in a training board.

Goodhue County Sheriff's Office Emergency Services Captain, Chad Steffen gave tours of the command and communications mobile unit parked outside the fire hall. Steffen was part of a team that designed the rig created from a 2023 Freightliner MT-55. Total cost of the unit was \$802,066.66 which was funded through national and state grants and programs with only \$8,045.00 coming from county taxes.

The RV-type vehicle serves as a backup 911 call center and is capable of anything that can be done from the county office. The command center has every needed communication device including Starlink satellite based internet. Multiple screens pick up feeds from a mast camera that has a range of about one mile and also from cameras showing what's happening all around the perimeter of the unit. The interior can be divided into separate, sound-proof areas to help officers concentrate on what they need to do.

Officers have been training to use the mobile unit for both planned events and unplanned emergencies. Officers can be on site at a large event such as an outdoor concert, or quickly set up at a natural disaster or crime scene. It was officially placed in service on August 1st and was in use during the Goodhue County Fair.



The mobile command unit is capable of doing everything that can be done at the main office including taking 911 calls and sounding alarms. It can be separated into sound-proof areas where officers can monitor screens connected to cameras both along the unit's perimeter and on a mast with a 1-mile range.

The Goodhue County Sheriff's Office also handles the city's basic policing needs. Due to the high cost of maintaining their own department, Goodhue, like most other local towns, now contracts with the county. Officer Steffen estimates that the county has hired one extra officer to cover the city's needs. He says it makes sense to work cooperatively with the smaller towns by sharing the larger assets of the county department.

Questions regarding the mobile command and communications center or other Goodhue County Sheriff's Department activities

may be sent to [chad.steffen@goodhuecountymn.gov](mailto:chad.steffen@goodhuecountymn.gov). Donations to the Goodhue Fire

and Rescue Department may be sent to PO Box 66, Goodhue, MN 55027-0066.

### DO YOU HAVE A STORY IDEA?

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#### DAILY FEATURES

**WEDNESDAY:** Enjoy Our "Jumbo" Wings Specials!  
BBQ Rib Dinner - 1/2 or Full Rack (begins at 4:00p.m.)

**THURSDAY:** \$3.50 All Taps, Domestic Bottles, Rail Drinks!  
Taco Specials! Fajita Specials! 16oz. Margarita Special

**FINALLY FRIDAY:** All You Can Eat Fish Dinner

**SATURDAY:** Hand Battered Jumbo Shrimp or Slow Roasted Prime Rib

**SUNDAY:** Enjoy Our Sunday Breakfast Beginning at 9a.m. & Sunday Pasta Features

Plan Your Holiday Parties Today

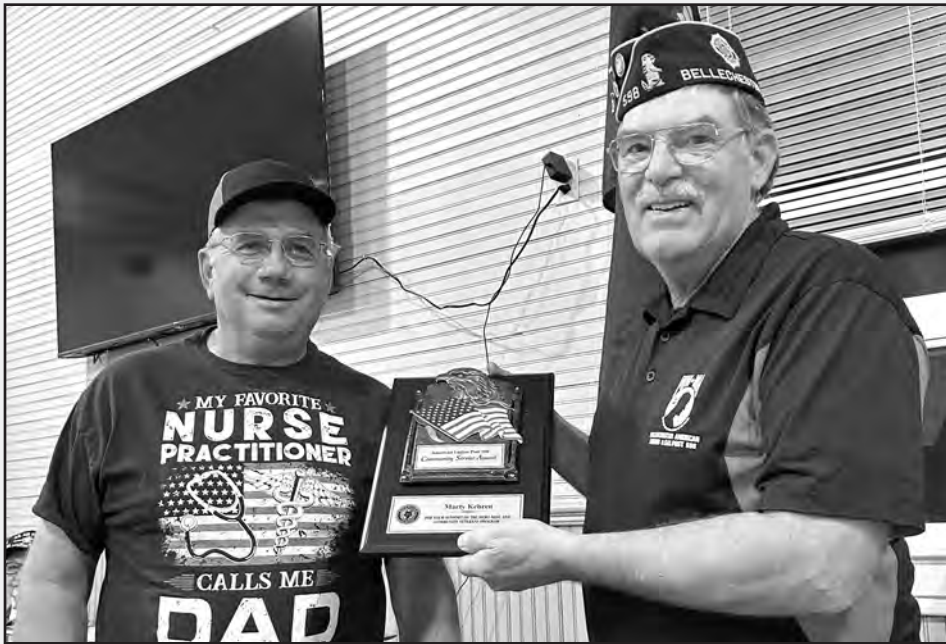
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## Bellechester American Legion presents Community Service Award



Commander John Huneke presenting the award to Marty Kehren

Submitted by Joan Welscher, Adjutant - Bellechester American Legion Post # 598

At the Bellechester American Legion Post # 598 annual member appreciation steak fry held on October 10, 2024, Marty Kehren was presented with a Community Service Award.

Marty hosted the Veterans Project Hero ATV Ride with the starting point at his farm. He was instrumental in coordinating the route, activities of the ride, and sponsorship of the Goodhue Lions Club.

The ride hosted 28 veterans with service-connected injuries and Post Traumatic Stress Disorders.

The event concluded at Lance's Park on the Kehren farm with a Rib Eye steak dinner provided by the Bellechester American Legion.

## Local Radio Station Marks 75th Year

(continued from page 1)

Current station manager, Shannon Harrell redesigned the logos for all of the group's stations but remains committed to what is important to each community. When asked how a small, local station can compete with today's bigger markets, he returns with, "How can they compete with us?" He says they keep it as local as possible with a focus on kids and youth through things like live sports broadcasts and by working closely

with local businesses and providing weather forecasts for the immediate area. They also stay competitive using today's technology including online streaming and apps for all stations.

Information on registering to win the 75th anniversary diamond are posted on the [www.q-mediagroup.com](http://www.q-mediagroup.com) website. Registration will be limited to a few, select, in-person sites, and live On-Air opportunities. The contest kicks off at Wild Wings Plaza in Lake City and On-Air Saturday, November 2nd from 9am-12pm. Other locations include the annual food drives at Bennett's Food Center in Wabasha on Friday, November 15th and Red Wing Walmart on Friday, November 22nd, both from Noon to 6 PM.

Registration comes to Goodhue on Wednesday, November 20th at J Hill Promotions and On-Air from 4pm-7pm. Check the website and listen to the station for reminders and other dates and locations. (Must be 18 years or older to register)

## Lodermeiers Host KCUE Harvest Lunch

(continued from page 1)

Sponsors of the event receive air time advertising their business and many are on hand for the event and provide interviews during the live broadcast. Dan Lemke of the Linder Farm Network conducted the interviews. Station representatives reported having the largest number of sponsors to date and speculated that the large attendance was due to an early harvest. Although windy, the warm, dry weather made eating under the tent a pleasant experience. The meal was sponsored by the local corn and soybean growers association and provided by the Country Station.

# HALLOWEEN PARTY

Saturday, November 2

Music by  
**Josh Wieme**  
6:00 to  
8:00 PM

**Karaoke**  
8:30 PM  
to  
12:30 AM

**Costume  
Contest**  
11:00 PM

**Puzzle,  
Beer, Pizza  
Competition**  
7:00 PM

**Friday,  
November 15  
7:00 PM**  
**COCKTAIL TASTING**  
Music by  
**BECKY RAE  
DUTTON**

**Wednesday,  
November 27  
7:00 PM**  
**HAM, TURKEY  
BINGO**  
Cash Races

**Friday,  
November 29  
6:30 to 9:30 PM**  
Music by  
**LOGAN  
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## Basic Rules of Hunter and Firearms Safety

By MN Department of Natural Resources

More than a half-million people hunt every year in Minnesota. The DNR's goal is that every one of them returns home safely at the end of every hunt. While hunting is one of the safest recreational activities there is, even one injury is one too many.

More than 21,000 students every year in Minnesota earn their firearms safety certification and since 1955, more than 1.3 million have done so. As more students have completed firearms safety training, there's been a corresponding decrease in the number of injuries and fatalities that occur as a result of firearms-related hunting incidents.

### The basic rules of safe firearms handling

By following these basic rules, hunters can avoid most hunting-related firearms incidents.

- **Treat every firearm as if it is loaded**

Never assume a firearm is unloaded.

- **Always control the muzzle**

Keep your muzzle pointed in a safe direction and remember that anything toward which the muzzle points is in the crosshairs. Don't overlook the possibility of a ricochet.

- **Be sure of your target and what is beyond**

You're responsible for knowing what's in front of your target, near your target and be-



yond your target. If you aren't certain about any of the three, don't take the shot.

- **Keep your finger off the trigger until you're ready to shoot**

Your finger should be outside the trigger guard until you're ready to shoot.

- **Protective gear**

Hunters' eyes and ears are vulnerable to a number of potential hazards while hunting, so it's important to protect them. Firearms create a high decibel sound that can damage hearing. Also, when a firearm is fired, it sends the projectile down range. Along with the projectile, the firearm also discharges small particles of the projectile, burning gas and other residue that can damage your eyes. Always wear safety glasses and ear protection.

- **The effectiveness of blaze orange**

Blaze orange has made hunting safer. Spotting a hunter wearing camo is hard, but wearing blaze orange makes you visible to others hunting in the area. Read the blaze clothing requirements.



photos by MN DNR

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## Down on the Farm/ Up at the Cabin Spring Migrations

By  
Monica & Claudia Vanderborght

Claudia and her husband joined Monica on the farm late in the summer of 2016. There was plenty of room in the house (it had 4 bedrooms, two bathrooms and even two kitchens). And more than enough room outside to keep everyone busy and out of each others' way.

Prior to their move, Claudia and her husband lived in a log cabin in upstate New York. (WAY upstate. 30 miles from the Canadian border upstate.) They often bought meat from a farmer who raised bison. The farmer would tell stories of the buffalos' biannual migration: every spring and every autumn, the bison would walk around and around and around their pasture for days. Seasonal migration ran deep in their DNA.

Dexter cattle were bred by the Irish 500 years earlier. Dexters are one of the 28 breeds of short-statured cattle. Rarely taller than 40 inches at the shoulder and weighing 700-900 pounds, they were a good breed for two middle-aged newbie women farmers to raise.

Intelligent and gentle, with tasty flesh and rich milk, the urge to migrate has been bred out of Dexter DNA for a long, long time.

Dexter cattle do not migrate.

But it had been a very long winter. And although most of the snow had melted, the pas-

tures were not green. The few green shoots of grass were quickly devoured by the livestock. Hay had become incredibly boring and everyone was ready for the lush, green, succulent grass.

You know – the good stuff.

Oops! Someone accidentally left the pasture gate open. The herd found it. And so the Dexter spring migration began. Down the long driveway they trotted. Monica ran for the ATV; Claudia ran to the barn for buckets of treats.

Right from the start, Monica had bucket-trained her cattle. Scooby, the bull, would do just about anything for a Scooby snack (an alfalfa cube or horse treat). Ameila, the herd queen, knew exactly where the chicken corn was kept and knew how to pry the metal cover off the container. The cattle understood what rattling buckets meant.

But today, the herd only wanted fresh, green grass.

A bucket of corn in her hand, Monica raced through the muddy cornfield on the ATV, parallel to the driveway, hoping to divert the herd. The cattle took a right at the mailbox and trotted down the dirt road. Claudia, a bucket of Scooby snacks in her hand, jogged up the driveway. She could see that the cattle had no intention of returning to their brown pasture. They were looking for green grass.

Down the road they trotted – Scooby and Amelia leading the way. Monica phoned Rae, the neighboring farmer. The cattle were headed her way and maybe she could turn them with her truck or ATV. Slowly, so slowly, Rae drove up the road toward the cattle. Monica flanked them on the right. Clau-



Retrieving cattle with cars

dia waited at the mailbox.

The Dexters could not wade through the ditches, still full with snow, to escape the vehicles: their legs were simply too short. Re-signed, the herd turned back up the hill and

headed for home.

Though this would not be their last walk-about, an important lesson was learned: double check the gates!

## Dry Conditions Lead to Fire



October's extremely dry conditions led to a fire in a field near 360th Street and 215th Avenue in Goodhue Township on October 17th. The fire was caused by equipment hitting a rock and causing a spark in corn stubble. The Goodhue Fire Department was assisted by the Zumbrota and Red Wing Fire Depart-

ments, and MN DNR Forestry Service. Local farmers worked with 7 tractors to till a border and contain the fire while pumper trucks doused the edges and some nearby woods with water. Strong winds were a concern but the cooperative effort got the situation under control quickly.



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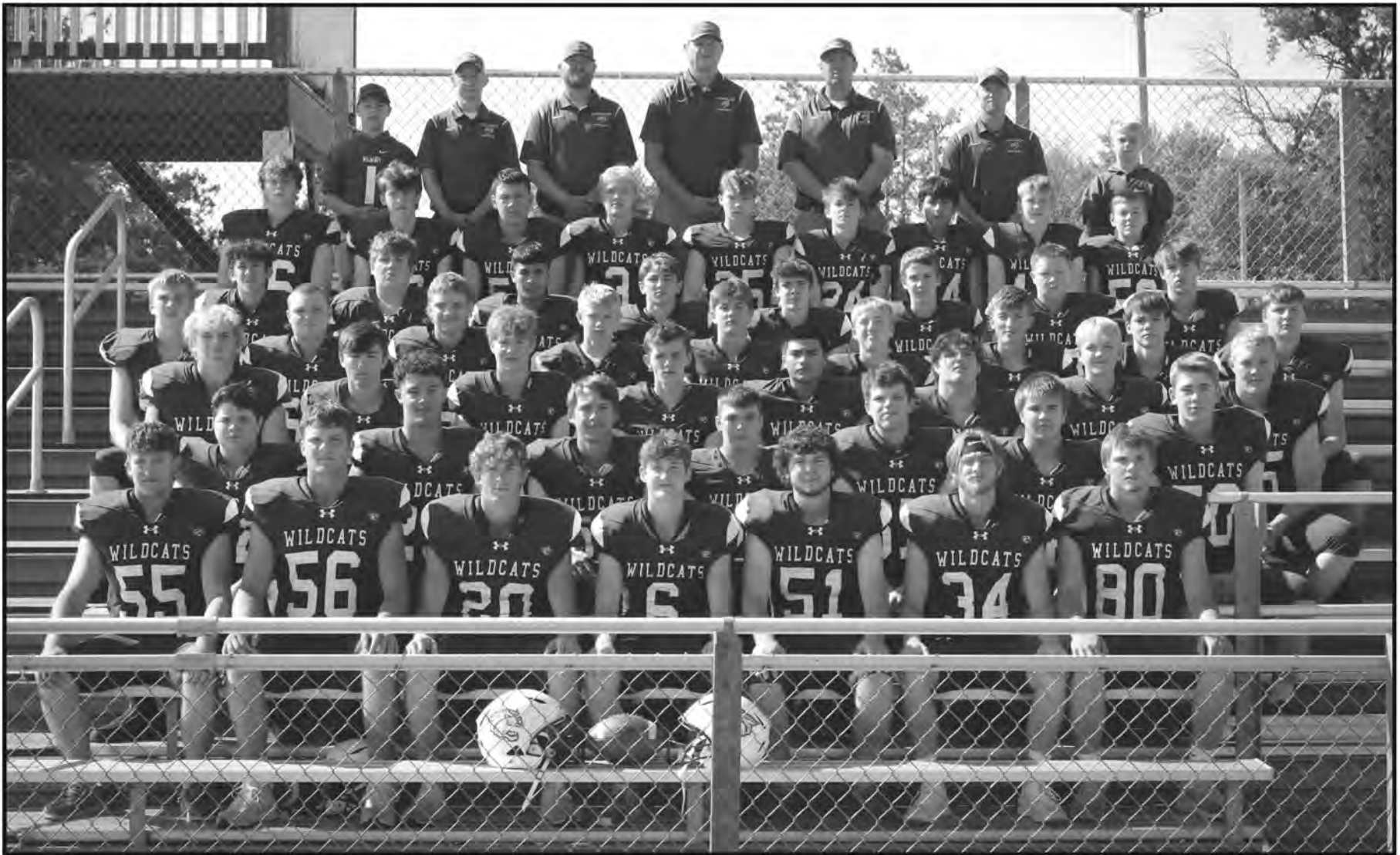
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# CONGRATULATIONS TO THE GOODHUE FOOTBALL TEAM!



Goodhue Wildcats completed a perfect 11-0 season and will play the Fillmore Central Falcons in Kasson on Friday, November 1st at 7pm for the 2024 Section 1A football Championship!

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## The Wildcat Football team beats the Wabasha-Kellogg Falcons 49-13!

Submitted by Chad Otterness  
10/4/24

The Cats had an easy time with the Falcons on Friday night. Nathan Beck scored 3 straight touchdowns runs of 3, 4, and 7 yards to start the game. Jack Carlson ran in a 32 yard touchdown. Wabasha got on the board with a 39 yard pass from QB Garret Pavelka to WR Jaxon Lackey. The Cats answered back with two touchdown passes from QB Luke Roschen to Marcus Young for 15 yards and Sean Matthes for 25 yards. The Falcons answered back with a 1 yard run by Cole Scheel. The Cats ended the scoring as defensive back Hayden Holm intercepted a pass and returned it for 58 yards for a touchdown. Caleb Kurti ran in for a 2 point conversion. Cristian Monjarez added 5 extra points on extra points. The Wildcats now move to 6-0 on the season.

Scoring	Scoring Play	Score
1 10:59	Nathan Beck 3 Yd TD Run (Cristian Monjarez Kick)	7 0
1 7:50	Nathan Beck 4 Yd TD Run (Cristian Monjarez Kick)	14 0
1 7:00	Nathan Beck 7 Yd TD Run (Cristian Monjarez Kick)	21 0
1 1:37	Jack Carlson 32 Yd TD Run (Kick Failed)	27 0
2 1:10	Jaxon Lackey 39 Yd TD Pass From Garret Pavelka (William Killeen Kick)	27 7
2 0:15	Marcus Young 15 Yd TD Pass From Luke Roschen (Cristian Monjarez Kick)	34 7
3 6:27	Sean Matthes 25 Yd TD Pass From Luke Roschen (Cristian Monjarez Kick)	41 7
4 8:19	Cole Scheel 1 Yd TD Run (Kick Failed)	41 13
4 1:29	Hayden Holm 58 Yd INT Return For TD (Caleb Kurth Run)	49 13



Nathan Beck running the ball with Jack Carlson blocking



Goodhue returning the ball vs WK



Jack Carlson running the ball vs WK



QB Luke Roschen throwing the ball vs WK

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## The Wildcats hammer the Kenyon-Wanamingo Knights 41-16!

Submitted by Chad Otterness

The Goodhue Wildcat Football team made easy work of the KW Knights. The offense gained 333 yards behind the rushing of Nate Beck. Beck rushed for 151 yards and 2 touchdowns. Jack Carlson had 34 yards and 2 touchdowns, Peyton Holst rushed for 30 yards and a touchdown, while Hayden Holm added 69 yards on the ground. Goodhue quarterback Luke Roschen threw for 77 yards and had a touchdown pass to wide receiver Marcus Young for 8 yards. The Wildcat defense held the Knights offense to 230 yards. Kyle Blogger caught a 23 yard pass from Noah Wallaker for a Knight touchdown and Jack Vierling scored on a 2 yard and 2 point conversion to cap the scoring for KW. Leading the Goodhue defense in tackles were Michael Roschen with 16, Marcus Young 13, Nate Beck 13, and Peyton Holst with 9. Lincoln Lexvold had an interception and a sack for the Wildcats. The Wildcats move to 7-0 on the season.

Scoring	Scoring Play	Score
1 8:01	Nathan Beck 4 YD TD Run (Cristian Monjarez Kick)	7 0
1 5:37	Kyle Blogger 23 YD TD Pass From Noah Wallaker (Jack Vierling Run)	7 8
1 2:15	Jack Carlson 4 YD TD Run (Cristian Monjarez Kick)	14 8
2 8:01	Marcus Young 8 YD TD Pass From Luke Roschen (Kick Failed)	20 8
2 6:12	Jack Carlson 1 YD TD Run (Cristian Monjarez Kick)	27 8
2 0:56	Nathan Beck 5 YD TD Run (Cristian Monjarez Kick)	34 8
4 5:44	Payton Holst 2 YD TD Run (Cristian Monjarez Kick)	41 8
4 2:39	Jack Vierling 2 YD TD Run (Jack Vierling Run)	41 16



Wildcat kicker Cristian Manarez adding an extra point vs KW



Goodhue Offense vs KW

**CONGRATULATIONS TO THE  
GOODHUE WILDCATS  
FOOTBALL TEAM!**



## MISSY'S MESSAGE



MISSY PAPPENFUS

### TIME TO "FALL BACK" ONTO THE YOGA MAT PART 2

I enjoy participating when yoga when I can, but it hasn't fit into my schedule as often as I would like it to. I was so excited to participate through Community Ed in Deanna Tupper's yoga class at the school in Mazeppa. Yoga started on Wednesday, October 2nd. After I was done with class, I felt so old and inflexible. I have always been inflexible. There is always room for improvement. You just have to keep practicing yoga.

After three weeks of classes, I feel so much improvement in my flexibility. It has been amazing. I look forward to yoga class. I think the older we are, the more important yoga is. Attending a class isn't for everyone. If participating in a class isn't for you, I recommend finding a beginner video on YouTube or a book.

*Memo from MotoProz...*

MotoPhest #18 at MotoProz! Established in 2007; this will be our 18th annual open house. Starts the Friday after Thanksgiving. Friday, November 29 through Saturday, December 7! 7 days of sales, 6 bucks off oil, \$5 MotoProz T's, for Christmas gifts, three free pens, to get some MotoMunchies, and a discount on all in store clothing!

Missy and her husband Mike own MotoProz in Mazeppa.

*Our 50th*

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## Goodhue closes out the regular season with 48-12 win over the Hayfield Vikings!

Submitted by Chad Otterness

Goodhue caps off the regular season going undefeated with a big win over the Vikings! Marcus Young started the game with a 7 yard touchdown, then Nate Beck ran in a 61 pass reception for a 14-0 Wildcat lead. Hayfield answered back by scoring on a kickoff return for a touchdown. Beck and Jack Carlson added back to back touchdowns on runs of 1 and 4 yards. Sean Matthes and Henry Caswell each added touchdown receptions of 27 and 3 yards from QB Luke Roschen. Michael Roschen recovered a fumble in the end zone for the Wildcats last score. Cristian Monjaraz added 7 extra points for a perfect night of kicking! Hayfield's final score came near the end of the 4th quarter when WR Wyatt Naylor hauled in a Charlie Walker pass to close out the scoring. Wildcat quarterback Luke Roschen was 8/10 in passing for 153 yards and 4 touchdowns.

Scoring	Scoring Play	Score
1 6:30	Marcus Young 7 YD TD Pass From Luke Roschen (Cristian Monjaraz Kick)	7 0
1 3:42	Nathan Beck 61 YD TD Pass From Luke Roschen (Cristian Monjaraz Kick)	14 0
1 3:28	Christian Mealy 86 Kickoff Return Touchdown	14 6
1 1:25	Nathan Beck 1 Yd TD Run (Cristian Monjaraz Kick)	21 6
2 3:02	Jack Carlson 4 YD TD Run (Cristian Monjaraz Kick)	26 6
2 0:00	Sean Matthes 27 YD Pass From Luke Roschen (Cristian Monjaraz Kick)	35 6
3 9:21	Henry Caswell 3 YD TD Pass From Luke Roschen (Cristian Monjaraz Kick)	42 6
3 5:01	Michael Roschen Offensive Fumble Recovery In End Zone (Cristian Monjaraz Kick)	49 6
4 1:50	Wyatt Naylor 16 YD TD Pass From Charlie Walker (Kick Failed)	49 12



QB Luke Roschen dropping back



Goodhue's Nate Beck running the ball



Wildcat Henry Casswell with the catch in the end zone! TOUCHDOWN!



Senior Marcus Young in the endzone with a catch



Blocking for #2 Hayden Holm on the carry

## Goodhue pitches a shutout over Bethlehem Academy 56-0!

By Chad Otterness

The Wildcats made easy work of the Cardinals in the 1st round of the Section 1 A football playoffs.

The Cats scored at will with 9 touchdowns, rushed for 297 yards and 26 yards passing. The Cardinals had a total of 8 offensive yards for the game.

Scoring	Scoring Play	Score
1 9:54	Nathan Beck 49 Yd TD Run (Cristian Monjaraz Kick)	7 0
1 8:42	Owen Roschen 42 Yd Punt Return for TD (Cristian Monjaraz Kick)	14 0
1 7:28	Jack Carlson 11 Yd TD Run (Cristian Monjaraz Kick)	21 0
1 6:49	Sean Matthees 26 Yd TD Pass From Luke Roschen (Cristian Monjaraz Kick)	28 0
1 3:24	Hayden Holm 41 Yd TD Run (Cristian Monjaraz Kick)	35 0
1 0:21	Nathan Beck 18 Yd TD Run (Cristian Monjaraz Kick)	42 0
2 9:11	Hayden Holm 20 Yd TD Run (Cristian Monjaraz Kick)	49 0
2 4:08	Owen Roschen 41 Yd TD Run (Cristian Monjaraz Kick)	56 0
3 0:40	Jay Ryan (Cristian Monjaraz Kick)	63 0

## The Wildcats handle the Rushford-Peterson football team in the semi finals!

The No. 1-seeded Wildcats won by a 32-14 score in a Section 1A football semifinal on Saturday in Goodhue.

Jack Carlson scored 3 touchdowns while Nate Beck added another to lead the Wildcats over the Trojans. Cristian Monjaraz added a 33 yard field before halftime and 3 extra points to cap off the scoring. Goodhue ran for 302 yards with Beck contributing 128 yards and Carlson added 97. QB Luke Roschen passed for 76 yards with a TD pass to Carlson for 15 yards. The Goodhue defense held the Trojans to 95 yards of total offense.

The Wildcat Football team advances to face Fillmore Central in the Section 1 A title game.

Scoring	Scoring Play	Score
2 9:34	Jack Carlson 15 Yd TD Pass From Luke Roschen (Cristian Monjaraz Kick)	7 0
2 5:29	Landon Dahl 23 Yd TD Pass From Cayden Lea (Run Failed)	7 6
2 0:17	Cristian Monjaraz 33 Yd FG	10 6
3 4:05	Jack Carlson 8 Yd TD Run (Owen Roschen Run)	18 6
4 5:57	Carson Johnson 25 Yd TD Pass From Cayden Lea (Jonah Bunke Run)	18 14
4 5:39	Nathan Beck 68 Yd TD Run (Cristian Monjaraz Kick)	25 14
4 1:29	Jack Carlson 12 Yd TD Run (Cristian Monjaraz Kick)	32 14

## Wildcat strong!



Grant Reed, Coach Poncelet, Malakye Parker at a River Falls game

submitted by Chad Otterness



## 2024 Goodhue Homecoming Court



Back row: Michael Roschen, Nathan Beck, Jacob Ryan, Caleb Kurtti, Lincoln Ryan, Sean Matthees. Middle row: Sophie Lodermeier, Carlee Matthees, Kaelynn Ryan, Kendall Lodermeier, Avy Agenten, Kate Carlson. Front row: Elise Schofield, Tomas Burfiend

## Walking for Health and Concussion Care



By Shauna Burshem, D.C.

Walking is a simple yet powerful way to improve your health. When you walk regularly, you can strengthen your heart and lungs, which is great for your cardiovascular system. Walking gets your blood pumping, which helps your heart stay healthy and reduces the risk of heart disease. It's an easy exercise that almost anyone can do, and it doesn't require any special equipment.

Another benefit of walking is that it helps build and tone muscles. Every time you take a step, you use muscles in your legs, hips, and even your core. This can make your muscles stronger over time. Plus, walking can help with balance and coordination, which are important for staying active and preventing falls as you get older.

Walking is also great for your metabolism and body weight. When you walk, your body burns calories, which can help you maintain a healthy weight or even lose weight if that's your goal. Walking regularly can boost your metabolism, making it easier for your body to use energy efficiently. It's a fun and easy way to keep your body in shape!

For those with joint issues, walking is an ideal low-impact exercise. Unlike high-intensity workouts or running, walking gently engages the joints without putting them under excessive strain. This makes it a favorable option for individuals with arthritis or other joint-related concerns, as it helps to maintain mobility and flexibility while minimizing discomfort. Moreover, the consistent movement during walking can aid in lubricating the joints, potentially alleviating stiffness and promoting overall joint health. Whether you're looking to stay active without aggravating joint pain or seeking to improve joint function, walking presents a suitable and effective solution.

Walking is not only beneficial for physical health but also plays a crucial role in enhancing mental well-being. Engaging in regular walks can significantly reduce symptoms of anxiety and depression. The rhythmic nature of walking has a calming effect, allowing individuals to clear their minds and reduce stress levels. Moreover, walking increases the release of endorphins, natural mood lifters, which contribute to a more positive outlook. Whether you choose a leisurely stroll in a park or a brisk walk along the beach, walking provides time for reflection, problem-solving, and generating creative ideas, all of which support a healthy, resilient mind.

A new analysis of over 200,000 U.S. children's health records suggests that mRNA COVID-19 vaccination increases children's risk of asthma, Alex Berenson, a former New York Times reporter, revealed communica-

tions with Taiwanese researchers showing they found "striking evidence" that the shots themselves may cause asthma, which leads to lung damage. Asthma is a chronic disease affecting nearly 5 million U.S. children, according to the Centers for Disease Control and Prevention (CDC). While usually not fatal, severe asthma attacks can be life-threatening in children, according to the Mayo Clinic. The study authors looked at TriNetX's health data from over 200,000 U.S. kids ages 5 to 18 between Jan. 1, 2021, and Dec. 31, 2022.

According to Berenson, they found that children who received a COVID-19 mRNA shot and who had not had a natural COVID-19 infection had a 13% higher risk of receiving a new asthma diagnosis in the year after their vaccination when compared to a matched group of children who did not get a COVID-19 shot or infection. Because the study is not a randomized prospective trial it does not prove that the mRNA COVID-19 shots caused the extra asthma cases. "But the researchers closely matched two very large groups," Berenson wrote, "and the association they found is almost certainly not due to chance."

Microplastics have been found in male testes and female ovaries, affecting sperm and follicle health. They've also been found in human placentas, raising concerns about potential impacts on fetal development and pregnancy outcomes. The challenge of disposing of plastics is a growing concern today. Our overreliance on this manmade material is causing major environmental problems. When disposed of improperly, plastic breaks down and makes its way into our own bodies in the form of microplastics. A 2022 report published in Environment International noted that microplastics had been detected in human blood for the first time. By April 2022, it was discovered "lodged deep in the lungs of living people. Now, research highlights more places where microplastics accumulate within our bodies — the reproductive organs, and this may be contributing to the decline of fertility rates. According to the Institute for Health Metrics and Evaluation, 76% of countries and territories around the world will have unsustainable fertility rates by 2050. This means that populations will shrink.

Chiropractic care can be very important for treating concussions, especially for young athletes. A concussion is a type of head injury that can happen during sports when the brain gets shaken inside the skull. Chiropractors help by checking the cervical spine, which is the part of the spine in your neck. The neck connects your head to your body,

and if it's not aligned right, it can make concussion symptoms worse. By adjusting the cervical spine, chiropractors can help reduce pain and improve neck movement, which can help with healing after a concussion.

Besides the neck, chiropractors also look at the cranial bones, which are the bones that make up the skull. Just like the neck, if these bones are not in their right place, it can cause

more problems for someone with a concussion. Chiropractors use gentle techniques to help the bones move back to where they should be. This can make a big difference in reducing headaches and other symptoms that come from concussions. Overall, chiropractic care can play an important role in helping young athletes recover from head injuries safely and effectively.

## Cholesterol Truths



By Noel Aldrich, PhD, CNS  
Licensed Nutritionist

What do you know about cholesterol? Is it good to have cholesterol, or is it bad? Is it possible to have too much of a good thing? What is the big deal about cholesterol? It is one of the most frequently mentioned topics at the physical exam in the doctor's office, so what is the big deal? Let's identify some truths about cholesterol.

First, "25 percent of the total amount of cholesterol found in the human body is localized in the brain," according to Dr. Kelly Brogan, MD. All of your nerve tissue is dependent on cholesterol to provide a protective layer around the nerve strands so the electrical signals move to the right destination. Think of cholesterol as the insulation around an electrical wire. If the insulation is missing, charges can misfire, and injury can happen. Dr. Brogan states, "the brain is the most cholesterol-rich organ in the body." Sounds like a pretty important nutrient.

Second, your body makes cholesterol every day from the food that you consume. According to the Encyclopedia of Human Nutrition, between 600 – 800 mg of cholesterol are made throughout your body each day to be used in a variety of chemical reactions to support your health. This amount your body makes is more than twice the amount of cholesterol any person will typically eat in a day. So, challenges with high cholesterol are not due to eating too much cholesterol.

Third, your body needs cholesterol to survive. Not only is your brain dependent on cholesterol but every cell of your body requires cholesterol to construct the cell membrane that makes a functional cell. Cholesterol is an important structural piece of the cell membrane helping to hold together the microscopic layers that make up the cell membrane. Without cholesterol the cell membrane falls apart and cellular function is lost.

Fourth, cholesterol is an important chemical for a number of essential activities in your body. Your body uses cholesterol to build all the hormones that direct your body activities. Bile acids that help you digest food are based on the cholesterol structure. Vitamin D, one of the only vitamins your

body can make on its own, is made from cholesterol that is energized and transformed by ultra-violet light from the sun. When you get a suntan during the summer months, you are also getting a boost of Vitamin D as the sunlight converts cholesterol into this essential vitamin.

Fifth, cholesterol is shuttled throughout the body in different packages. The Low Density Lipoprotein (LDL) delivers cholesterol to the various cells of the body. Many times the quantity of LDL begins to get high, and some of these LDL can get oxidized, which means inflammation can start and blood vessels can get damaged. This damage is where build up in arteries can begin to take place. The High Density Lipoprotein (HDL) picks up cholesterol from the cells of the body and returns the cholesterol to the liver. A healthy liver controls distribution of cholesterol and the recycling of cholesterol. Higher levels of HDL are important because this indicates your body is recycling cholesterol well. Therefore, you want to see a healthy ratio of LDL to HDL when you have cholesterol blood test completed. A healthy ratio is about 2 to 1 for LDL to HDL.

Finally, statin medications for reducing cholesterol levels are not as helpful as you may believe. Dr. David Diamond and Dr. Uffe Ravnskov published a research paper in 2015 in the journal Expert Review of Clinical Pharmacology, showing an overall improvement of only 1% when statin medication is used. In addition, statin medication can also turn off the natural process of the body to make Coenzyme Q 10, which is an important molecule for you to generate energy. Additionally, a 2012 paper in the Archives of Internal Medicine described a study completed at a Mayo clinic that found older women in menopause were 48% more likely to develop diabetes when taking a statin medication. The drug interventions for cholesterol modification are not producing the healthful effects that are promoted.

The cholesterol debate has many complicated pieces, but the facts listed above provide some basic truths for you to begin to process. There are healthy food combinations that can help you manage cholesterol without the intervention of drugs and most of the drugs will not be as effective as you would like anyway. As you review your health goals for the coming year, consider what changes you are willing to make to be less dependent upon the local pharmacy and more knowledgeable about the foods that will promote your health.

Contact me to discuss your health goals for the coming year. I can help you realize greater health freedom in 2025. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

*\*Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

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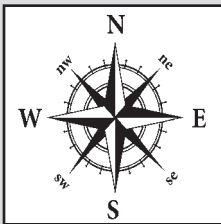
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## Changes in Latitudes, Changes in Attitudes **Tennessee Hurricane**



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

On Friday September 27th the storm surge from Hurricane Helene struck the east side of Tennessee. Hurricanes don't usually affect Tennessee. But Hurricane Helene is one of the strongest to come ashore in many years. There is a town 30 miles south of us named Hurricane Mills, but it is only known as the home of Loretta Lynn.

There had been a couple days of warning about the impending storm as the weather forecast predicted where it would be heading, but the storm stalled out and dumped over twenty inches of rain in one day at the end of a week that had already seen almost a foot of rain. The mountainous terrain created a deluge of water through the valleys. This was the worst flooding the area had experi-

enced since 1916.

Local efforts to rescue families cut off by the destruction began with private helicopter pilots flying stranded people to safety aided by independent drone operators scouring the hills for signs of life. One man signaled with a large bathroom mirror to flag down help. Tempers flared when FEMA showed up and told the helicopter pilots they would be arrested if they refused to cease the flights. The airlift issue was resolved a day or so into the disaster but the fiercely independent locals had already had their fill of the feds. Private donations were brought in and dispensed from a school building until FEMA arrived and confiscated the inventory. Then the donations were redirected to churches, which were allowed to distribute freely to the needy. Church group t-shirts were handed out to all volunteers as workers wearing the garments of a religious organization were not hassled. Reports of trailers full of water, food, sanitation items and clothing being told to turn around a leave by FEMA officials fueled the public distrust. Some started using four-wheel drive trucks to take the supplies to four wheelers which could reach farther into the hills where the natives resided. From there horses and hikers with backpacks pushed on even further. For some reason many Gen 5 smart phones went into SOS mode and wouldn't communicate when the power grid failed. A few of the residents already owned Starlink Internet systems and were able to communicate with the outside.

Mules were used to haul whiskey into the affected areas for those who were suffering from DT's which was reminiscent of hundreds of years prior when mules were hauling moonshine out of the Tennessee hills.

In our hometown of Dover, Tennessee three large trailers were filled with donations in a couple days during a friendly competi-

That year I cooked a semi traditional Thanksgiving meal. We had turkey, a vegetable and a pumpkin cake. I know pie would have been more traditional but we had cake and it was excellent. After that my sister declared that all the work I put into making that meal was too much bother for just the two of us.

However, I think the real reason she decided that I would come to her and we would go out was due to my dishwasher catching on fire after dinner. At the time I still lived in student housing and the dishwasher in my apartment was probably from the late 1990s or early 2000s.

Right was we were getting ready to head out to go for a walk; which you can do on Thanksgiving in the south. When my sister looked over and saw smoke rising out of the turned off dishwasher. She threw open the door to see that the bottom coil was on fire. While she threw baking soda onto the fire I threw the breaker to the dishwasher to keep the fire from restarting.

Thankfully nothing was damaged and did not restart on fire after its power was cut. The dishwasher did get replaced by a different and less flammable old dishwasher. Making that Thanksgiving the one and only time that my sister has ever come to my apartment for a holiday. Even though I now have a much more reliable dishwasher.



Dover, Tn to Marshall, Nc

tion between our friend Madison Campbell and Sheriff Frankie Gray. Madison has a 1977 black Trans Am and the Smokey and the Bandit challenge was underway. They were East bound and down, loaded up and truckin' supplies to Marshall, North Carolina loaded with bottled water, baby formula, diapers, blankets, non-perishable food items, can openers, garbage bags and work gloves.

The Cumberland Power Cooperative sent some local linemen and trucks to help restore power to east Tennessee and the western Carolinas. One thing the linemen were requesting was Benadryl because the wasps

had been displaced as well and were very aggressive and stinging workers trying to do their jobs.

My wife ordered some 10-gallon handheld sprayers from Harbor Freight to be sent to a guy near the flood area who was painting them black and distributing them with bottled water to be used as portable shower units for those with no running water. The sun would heat up the water for a primitive hot shower. Based on the scale of the destruction it may be months before power is restored in the mountain communities.

## A Minnesotan: Holiday Fires



By RosaLin Alcoser

Other than watching the Macy's Thanksgiving Day Parade on the television my family does not have any other Thanksgiving Day traditions. There was a short time when I was in college back in Southern Missouri where my sister and I did have one.

For two years it was the Alcoser sister's transition to go out for dim sum on Thanksgiving Day. It was a fun tradition that involved me driving across the state to visit her and going out on Thanksgiving; after we watched the parade of course. Prior to this she had come to my place exactly once.

# Happy Thanksgiving

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## Ask A Trooper

By Sgt. Troy Christianson,  
Minnesota State Patrol



**Question:** Hello, we read your column every week. I've noticed more often lately on numerous occasions that when a school bus is stopped and dropping-off or picking-up kids, they do NOT have their red lights flashing or their STOP arm extended. The bus will only have the yellow lights flashing. When searching the internet for school bus rules/regulations I can only find information related to how other drivers are required to respond, rather I'm interested in what the bus driver is required to do. I was unaware that there are potential scenarios where the bus driver is not required to force traffic to

stop.

**My question:** What are the rules/regulations with respect to a school bus that is stopping to drop-off or pick-up kids, when are they required to activate the red flashing lights and extend the STOP arm, rather than just activating the yellow flashing lights?

**Answer:** Thank you for the question and I am glad to hear that you read the articles. When transporting children to and from school in most scenarios they are to use the red lights and stops arms. Here is a list according to state law, when school bus drivers shall not activate the prewarning flashing amber signals or flashing red signals and shall not use the stop arm signal:

- in special school bus loading areas where the bus is entirely off the traveled portion of the roadway and where no other motor vehicle traffic is moving or is likely to be moving within 20 feet of the bus;
- when directed not to do so, in writing, by the local school board;
- when a school bus is being used on a street or highway for purposes other than the actual transportation of school children to or from school or a school-approved activity, except for regularly scheduled recreational or educational activity;
- at railroad grade crossings;
- when operating the bus under a "special event;" and
- when loading and unloading people at designated school bus stops where people are not required to cross the street or highway, while the bus is completely off the traveled portion of a roadway that has adequate shoulders. The driver shall drive the bus com-



pletely off the traveled portion of this roadway before loading or unloading people. A school bus stop is designated under this clause if the transportation director of the school district in which the bus stop is located, in consultation with the road authority, certifies the integrity of the shoulder and the safety of the location for loading and unloading people. Each designated school bus stop must be documented and approved by the school board.

**Question:** I was driving through town the other day and a driver opened their car door as I passed by. I had to swerve to avoid hitting their car door. Obviously, it was a safety issue but isn't there a law about this? I'd appreciate any info you can share. Thank you.

**Answer:** Correct, there is a Minnesota state law about this issue. When you are stopped or parked on the side of a road, do not open any doors until you have checked to make sure it is safe and will not interfere with other traffic. Look for vehicles, motorcycles, bicyclists, and pedestrians that may be approaching your vehicle. Do not leave any door on the side closest to moving traffic open longer than necessary to load or unload passengers.

**Question:** I have a medical condition that causes me to lose consciousness on occasion. I am hoping to get a driver's license. Is there anything I need to do?

**Answer:** When applying for an instruction

permit or driver's license, you will be asked questions about medical conditions. Providing false information on the application could result in losing your driving privileges.

If you have a medical condition, you may need to provide a statement from a physician indicating whether or not the condition affects your ability to drive safely. If you already have a permit or license and are diagnosed with epilepsy or a condition that could cause loss of consciousness, you must submit a physician's statement within 30 days of the diagnosis. The statement must indicate whether or not the condition interferes with your ability to drive safely.

Send medical statements to:  
Driver and Vehicle Services  
Driver Evaluation Unit

445 Minnesota Street, Suite 170  
St. Paul, Minnesota 55101-5170

For more information, contact the Driver Evaluation Unit at 651-296-2025.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and of course, drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Troy Christianson — Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. or reach him at, Troy.Christianson@state.mn.us.

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## Teen Driver Safety

Teens are at great risk on the road due to factors such as inexperience, risk-taking behind the wheel, speeding and distracted driving.

Parents and caregivers play a vital role in developing safe teen drivers. When learning to drive, teens need to know the Rules of the Road and gain experience in a variety of road types and environments. The teaching shouldn't stop when they get their license to drive. The greatest crash risk occurs during the first months of independent driving. Laws regulating cell phone use and the number of passengers allowed to ride with a teen driver have helped reduce teen traffic deaths and injuries. Parents and caregivers can talk with their teens about dangerous and deadly driving behaviors with these tips on how to influence positive behaviors.

Start the conversation and set the rules before they hit the road with the National Highway Traffic Safety Administration's Five Rules to Drive.

- No Cell Phones.
- No Extra Passengers.
- No Speeding.
- No Alcohol.
- Always buckle up!

The bottom line is that we have more influence on teen drivers than we may think. Be a role model, get involved in their driving habits from the beginning — and stay involved! Together, we can drive Minnesota toward zero deaths.



## Goodhue District 20A Candidates

*\*The Messenger does not endorse any candidate but publishes these articles to inform the voters.*

### Pam Altendorf District 20A



**Pam Altendorf**

Pam grew up in Le Sueur, MN. She met Kevin, her husband of 25 years when they both attended the University of Minnesota. In 2005, they chose the beautiful rural Red Wing area to be their forever home. While their five children attended Goodhue Public School, Pam prioritized staying at home to raise their family over her career. As a result, the Altendorfs were faced with the many financial struggles of having a one-income household. Ultimately, this pushed Pam outside of her comfort zone and she began her own business in direct sales.

Pam has worked over the past year to protect individual freedoms. She is a founding member of Minnesota Patriots, a grassroots organization, fighting for Minnesotans' free-

doms and defending against unconstitutional government mandates to protect your Second Amendment rights. She will always stand for protecting your rights from government overreach. Over the last two years, the governor's office has made a habit out of stripping away your freedom. It needs to stop.

Pam will fight to make it easier for law-abiding citizens to protect themselves and their families. She will do everything in her power to protect and promote our 2nd amendment rights. Chicago has one of the strictest gun control laws in our country and also some of the highest murder rates in the country with guns. The only people gun control hurts are law-abiding citizens who have a more difficult time procuring a gun to protect themselves and their families, not criminals who do not follow laws anyway.

As a business owner and mother, Pam knows the importance of balancing budgets and living within your means, and she believes the state government needs to learn this important lesson too. Right now, the politicians in St. Paul are not respecting your taxpayer dollars, in the legislature, Pam will work to ensure the state budget and tax code are working for you and you are keeping more of your hard-earned dollars.

Pam will be a strong advocate for election integrity. Voter ID, paper ballots, same day voting all are common sense solutions to a system that right now is lacking the public's trust. Most will agree that if we don't have fair elections, then we will lose our country and that is why Pam for the last year has already been working towards this issue by

providing education through speakers and awareness to help inform and support the public on what we can do to help bring our faith back in having fair elections.

Pam knows that children are rural Minnesota's greatest asset and she has seen firsthand the importance of high-quality education opening doors to success for future generations. As a mother of five, she knows how we can continue to ensure our school systems thrive. In the legislature, Pam will ensure robust funding follows students, and parents' voices are empowered to ensure our school districts are doing what's best for the children. She also believes strongly in school vouchers and school choice as a necessary tool to improve our education system and put our children first.

### Heather Arndt District 20A



**Heather Arndt**

Heather Arndt was raised on her family farm in Belle Creek Township and graduated from Wanamingo High School. A long-time community champion and defender of rural Minnesota, Heather has spent her adult life in service to our country. She helped lead the bipartisan fight against Zip Rail and for a safer highway 52 corridor for area residents. Arndt, a retired Lieutenant Colonel from the United States Army National Guard serving 28 years with two tours in Afghanistan, earning a Combat

Action Badge and a Bronze Star, will bring her history of leadership to deliver results for the residents of House Seat 20A.

Heather is the former Chair of the Goodhue County DFL, has a bachelor's in political science, a Master of Science in Plant Science and a Master of Science in International Agriculture. She works in emergency preparedness, planning how agencies can step up in times of local man-made and natural disasters.

Heather believes in: the importance of protecting long-term care healthcare in our communities; keeping our local economies strong by working together to find ways for folks to earn a livable wage while allowing our small businesses to thrive; the importance of helping our public schools succeed; continuing to build ways for family farms to grow and succeed; and protecting the rights of all to be who they are and make their own decisions.

I'm running because I believe our state government can, and should, take the steps necessary to protect the interests of everyday Minnesotans.

I'm running because I believe with my non-partisan, issue focused, moderate beliefs, combined with my fiscally conservative ideals that I can successfully work with all Minnesotans, Democrats and Republicans, who want to move our state forward in the interest of those who need us most; seniors, children, folks with disabilities, local economies, and everyday workers.

I believe together we can walk away from extreme rhetoric and find the common ground needed to keep Minnesota a great place to live, work, and enjoy our lives.

## 1st Congressional District Candidates

*\*The Messenger does not endorse any candidate but publishes these articles to inform the voters.*



**Brad Finstad**

**Congressman Brad Finstad** was elected to Congress in a special election on August 9, 2022, and was sworn in three days later with his family by his side as he took the Oath of Office to proudly represent Minnesota's First District.

Brad is a fourth-generation farmer and resident of the New Ulm area. He and his wife, Jackie, met on the school bus in second grade and they are now the proud parents of seven children. A graduate of the University of Minnesota with a degree in Agriculture Education and an emphasis in Rural Leadership Development, Brad and Jackie now operate an agriculture business in New Ulm while working alongside extended family to run their generational family farm.

Brad is proud to have served as State Director for USDA Rural Development in Minnesota where he worked to support infrastructure improvements, business development, homeownership, community services such as schools, public safety, health care, and high-speed internet access in rural areas. He previously served three terms in the Minnesota Legislature. He also held executive positions with the Minnesota Turkey Growers Association and the Center for Rural Policy and Development.

**My name is Rachel Bohman**, I'm a Rochester native, and I am so excited to share with you that I'm running for Congress here in Minnesota's first district! I'm running because I believe in a vision of shared prosperity for Southern Minnesota and I know that this country works best when it works together.

I'm a former local elected official on the Rochester Township Board. When I ran in that very moderate area, I won because we built a campaign on neighbors talking to neighbors about the issues affecting them right here at home. I know that we can do the same thing all across this district.

I'm a former Assistant County Attorney. I know firsthand what it means to keep our communities safe, and that we all deserve a fair shot to thrive right here in our own neighborhoods.

And most importantly, I'm a mom. I was raised in Rochester by a single mother and when I started my family 16 years ago, I knew that there was nowhere else in the world I wanted to raise my two daughters.

Thank you



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## Bellechester City Council Meeting Minutes September 18, 2024 @ 6:00 PM

Meeting is recorded, and the recordings belong to the City of Bellechester.

Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Mark Gerken, Kyle Blattner, and Rich Majerus as well as City Clerk Lisa Redepenning, Treasurer Kyle McKeown and City Engineer Matt Mohs. Council member Jered Buxengard was absent. Goodhue County Sheriff Deputy Sullivan was also present.

Minutes of August 21, 2024 regular meeting minutes were reviewed and motion was made by Kyle Blattner with a second by Mark Gerken to approve the minutes. Motion carried.

Bills were reviewed with a motion by Mark Gerken with a second by Rich Majerus to approve and pay the bills as presented. Motion carried.

### Old Business:

• **Update – Sewer Lining Project** – 6 pipe repairs will need to be done. This will involve excavating. Subcontract met with Nolan regarding this. One manhole cover will need to be fixed. Excavating will hopefully start the beginning of October. Several meetings have been taking place to come up with a plan

to address these pipes that need repairing. No work is being done on personal property for this sewer project. Any work in residence homes is part of the water meter project. A change order will be done for the Church issues as well as a few individual properties that have been identified.

• **Update – Water Meter Project** – Calls have begun to residents to get appointments made for installs.

• **RESOLUTION 2024.3 - Approve 2025 Preliminary Levy & 2025 Budget.** Motion was made by Rich Majerus with a 2nd by Mark Gerken to Approve Resolution 2024.3 to set the 2025 preliminary levy at \$70,000.

• **Approve Goodhue County Police Contract** – Motion was made by Rich Majerus with a 2nd by Mark Gerken to approve the GCSO as presented. Motion carried.

### New business:

• **2024 Special Assessments** – approve list for letters of consideration – 4 accounts were identified. Motion was made by Rich with a 2nd by Kyle Blattner to approve sending of warning letters. Motion carried.

• **Water line going to the playground area** – An estimate of \$4000 was received to replace the current flushing hydrant and to add an additional yard hydrant by the playground shelter. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve the

purchase of this. Motion carried.

• **Engineer Report** – See above.

• **Clerk Report – September, 2024**

• **Police Contract** – Please note that the Sheriff's office changed it to year-around coverage.

The Sheriff's Office will no longer be offering the May to September policing contract that had been done in the past. The Sheriff wishes to have Bellechester and Dennison treated the same when it comes to policing contracts. Thank you for meeting with us after the board meeting today. After further discussion the Sheriff's Office would be prepared to set a minimum of 3.5 hour per week, 182 hours per year. Dennison and Bellechester would both be given the same level of 3.5 hours per week. As discussed in our meeting the policing would not have set times the policing would be done, but our goal at the minimum would be to get a squad through town every day.

New Coverage increased to year around, 3.5 hours/week with rates decreasing to:

2025 - \$71.03 per hour = \$12,927

2026 - \$79.80 per hour = \$14,524

2027 - \$89.61 per hour = \$16,309

Original = 11 hours/week, May – September

2025: \$87.70 per hour = \$17,368

2026: \$90.63 per hour = \$17,950

2027: \$93.68 per hour = \$18,558

Anyone wishing for a ride along with our Patrol can contact Major Johnson mychal.johnson@goodhuecountymn.gov or 651-267-2655

• **Pool ordinances** – I have an example enclosed to review. It will be on the October agenda.

• **October Meeting** – I will not be at the meeting - FYI.

• **Grant Money** – Response from Laurie @ RD when asked when we need to spend the

funds was:

I wouldn't say we have a drop-dead date necessarily because we do try to allow some leeway. However, that being said, the National Office wants to see the funds spent within three years from the date of obligation and generally, we try to get the funds spent within 90 days, or so from the final payment on the last contract. Three years from the date of obligation would be 3/24/2025.

• **Payoff of Interim Loan** – FYI instead of paying off the interim loan now, versus end of the project, I have notified RD that we will do so at the end of the project. We may need those interim loan funds (now \$161,000) to pay for invoices as to not draw more funds from RD and go over the \$750,000 in government funding in 1 year to trigger a mandatory \$20,000 audit. The interest we are paying will be reimbursed and since we are within 6 months, we should wait to see if we need this money. If not, we will pay it back before the end of the year.

• **4th Quarter Utility Bills** – will be mailed out September 23rd.

MMS check – FYI – it is 3 months total. A few invoices did not get to me.

• **Treasurer Report** – See above

• **Water/Wastewater/Facility Report** – Quarterly samples are done. Discharge will occur end of October. One well will have a new chemical to address occasional water color issues that have occurred in the past. Pumps are on order.

• **Mayor Concerns:** None

• **Council Concerns:**

• **Adjourn**

Motion was made by Rich Majerus with a second by Jered Buxengard to adjourn the meeting. Motion carried. Meeting was adjourned at 7:21. Motion carried.

Submitted by Lisa Redepenning – City Clerk

FOR COMMUNITY RELEASE



## Dakota County Sheriff's Office

Joe Leko, Sheriff

Bulletin #24-4  
10/01/2024

# REWARD OFFERED

ENDANGERED MISSING PERSON

**Nicole "Nikki" Anderson**

- 5' 10"
- 135 lbs
- Last seen wearing a long grey sweater and camouflage pants.


Nicole Anderson was last seen in Randolph Township in Dakota County the morning of Saturday, July 6, 2024.

She was on foot and does not have her cell phone, wallet, or medications.



Last known image of Anderson ^ on 7/6/2024 at 08:54 hours.

The Dakota County Sheriff's Office is offering a reward of \$5,000 for information regarding Nicole Anderson's whereabouts or the prosecution of those involved in her disappearance. Private parties have pledged an additional \$40,000 reward to be distributed independently of the Sheriff's Office. Only tips received through the Dakota County Sheriff's Office or Crime Stoppers that lead to the location of Nicole Anderson or the prosecution of those involved in her disappearance are eligible for the reward.



Anyone wishing to provide a completely anonymous tip may contact Crime Stoppers at, 1-800-222-TIPS, or [www.CrimeStoppersMN.org](http://www.CrimeStoppersMN.org)

Reference DCSO Case # 24-000819

1-800-222-8477

Dakota County Sheriff's Office | 1580 Highway 55, Hastings, Minnesota 55033  
651-438-TIPS(8477)

FOR COMMUNITY RELEASE

## Missing Nicole Anderson \$45,000 Reward

By Sheriff Joe Leko

The Dakota County Sheriff's Office continues to investigate the disappearance of 56-year-old Nicole Anderson who left on foot from her Randolph Township home the morning of July 6th and did not return.

The previous reward of \$5,000 for information leading to Nicole Anderson's whereabouts or the prosecution of those involved in her disappearance is now \$45,000. Private parties have graciously pledged an additional \$40,000 reward to be distributed independently of the Sheriff's Office.

Only tips received through the Dakota County Sheriff's Office or Crime Stoppers that help lead to the location of Nicole Anderson or prosecution of those involved in her disappearance are eligible for the reward.

We continue our exhaustive efforts to locate Ms. Anderson. This remains an active investigation and no further information will be released at this time.

Tip information can be shared via phone by calling 651-438-TIPS, via email at [crime-andwarranttips@co.dakota.mn.us](mailto:crime-andwarranttips@co.dakota.mn.us) or online in the link ReportATip





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THURSDAY \$3.50 All Taps, Domestic Bottles, Rail Drinks! Taco Specials! Fajita Specials!  
16oz. Margarita Special

FINALLY FRIDAY! All You Can Eat Fish Dinner  
SATURDAY Hand Battered Jumbo Shrimp or Slow Roasted Prime Rib  
SUNDAY Enjoy Our Sunday Breakfast Beginning at 9a.m. and Sunday Pasta Features

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Daily Lunch Specials • Delicious Desserts

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PICK UP ONE OF OUR DELICIOUS SALADS OR WRAPS!

LOCATED NEAR THE BACK ENTRANCE OF THE RESTAURANT AT 208 N. CEDAR, OWATONNA

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Restaurant & Bar  
Kasson, MN



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BURGERS • SALADS • WRAPS • DESSERTS

**DAILY SPECIALS**

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111 West Main Street, Kasson, MN  
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Dodge Center, MN 55927

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DODGE CENTER

### CROSSWORD

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SUDOKU ANSWERS

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- THEME: FAMOUS BUILDINGS
- ACROSS**
1. Performer's time to shine
  5. Selfie, e.g.
  8. One of five Ws
  11. TrÈs \_\_\_\_\_, or very stylish
  12. Mandolin's cousin
  13. Knitter's unit
  15. Aren't, colloquially
  16. Mimicked
  17. \*Like House with Oval Office
  18. \*The Hunchback's home (2 words)
  20. Listening devices
  21. Flirtatious stares
  22. Salt, in Spanish
  23. \*\_\_\_\_\_ State Building
  26. TV shows, e.g.
  30. Will Ferrell's "Funny or \_\_\_\_\_"
  31. Steve McQueen's "The Great \_\_\_\_\_" (1963)
  34. Toss a coin
  35. \_\_\_\_\_ & Young financial services company
  37. Kimono tie
  38. Sweating room
  39. Short skirt
  40. Batter (2 words)
  42. Lake, in French
  43. Anise seed (1 word)
  45. \*\_\_\_\_\_ of Versailles or Buckingham \_\_\_\_\_
  47. \_\_\_\_\_ of war
  48. Sinbad the Sailor's home
  50. Not good
  52. \*St. Basil's in Moscow or St. Paul's in London
  56. \*The Parthenon in Athens is made of this
  57. Capital of Norway
  58. Aeneas' lover
  59. More slippery
  60. Animal protein
  61. Independent chieftain
  62. High degree
  63. TV program interruptions
  64. Retired, abbr.
- DOWN**
1. CAT or PET, e.g.
  2. \*Key Tower, tallest building in this Buckeye state
  3. Laundry room fire hazard
  4. Type of local tax
  5. Pupa, pl.
  6. Things
  7. Give up a state
  8. Dam-like structure
  9. Not misses
  10. Football's extra point
  12. Soup scoopers
  13. Make a solemn promise
  14. \*Burj \_\_\_\_\_, tallest building in the world
  19. Wading bird
  22. "Monkey \_\_\_\_\_, monkey do"
  23. Bodily swelling
  24. Rice wine
  25. 1/100th of Finnish markka
  26. Rotisserie skewer
  27. Spurious wing
  28. Cancer-treating machine, acr.
  29. \*\_\_\_\_\_ Needle, Seattle
  32. For boys and girls
  33. Lawyers' org.
  36. \*\_\_\_\_\_ Chapel, Vatican City
  38. Flat replacement
  40. "\_\_\_\_\_, borrow or steal"
  41. Eventual outcome
  44. Leonhard \_\_\_\_\_, Swiss mathematician (1707-1783)
  46. Portable stairs
  48. Headquartered
  49. Road-tripping guide
  50. Carve in stone
  51. Emptiness
  52. Vegetative state
  53. Ice crystals
  54. Passage in a coal mine
  55. Voldemort's title
  56. Small amount of drink

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



# Business Link

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