



MAZEPPA and ZUMBRO FALLS

Mazeppa-Zumbro Falls Messenger™

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Announcements



- Feet First LLC will be hosting a community foot care clinic at the Mazeppa Community Center on November 20 and December 18 from 830am-330pm. \$50/person, cash or check. Please call 507-208-3608 to schedule an appointment.
- The Mazeppa Area Historical Society will be hosting their "Soup & Chili Luncheon" - Dec. 7th - 11 am.-1 pm at the Mazeppa Community Center-FREE WILL DONATION - COME HUNGRY & LEAVE HAPPY! SANTA WILL MAKING A VISIT WITH TREATS FOR THE GOOD BOYS & GIRLS.

• Celebrate Recovery meetings every Sunday night at 5pm at South Troy Church, 56817 Highway 63 Zumbro Falls, MN 55991. (see ad on pg. 3)

• Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

• The Zumbro Valley Food Shelf is located at South Troy Wesleyan Church, 56817 Hwy 63, Zumbro Falls, MN. The hours are Tuesdays 11:00am-5:00pm and Thursdays 11:00am-6:00pm. Donations and volunteers are greatly appreciated. For more information contact Pastor Colleen Hoeft at 507-259-1442 or choeft52@gmail.com.

• The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm. Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.

Do you have an announcement?
Email:
hometownmessenger@gmail.com

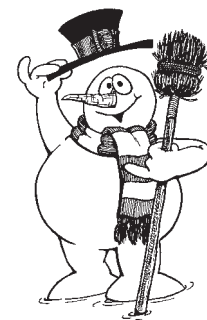
Zumbro Falls Christmas December 14th

The 4th annual Zumbro Falls Christmas theme is "Frosty the Snowman" which will take place the second Saturday in December.

If you are looking for something to do, there will be something for everyone, big and small.

A few activities going on:

Pancakes Breakfast with Santa, Craft and Bake Sale at the VFW, Chili Feed at City Hall, Vintage Snowmobile Show & Swap, Kids Activities, Bingo at the Neptune, Wine Bingo at the Golf Course, Puzzle Party at Buck Wild, and a Lighting Contest that includes both residential and businesses. Come take a ride on a horse-drawn wagon with two Belgium horses. There will be a parade again this year.



(continued on page 4)

District 20A Candidates

*The Messenger does not endorse any candidate but publishes these articles to inform the voters.

Pam Altendorf District 20A

Pam grew up in Le Sueur, MN. She met Kevin, her husband of 25 years when they both attended the University of Minnesota.

In 2005, they chose the beautiful rural Red Wing area to be their forever home. While their five children attended Goodhue Public School, Pam prioritized staying at home to raise their family over her career. As a result, the Altendorfs were faced with the many fi-



Pam Altendorf



Heather Arndt

nancial struggles of having a one-income household. (continued on page 15)

1st Congressional District Candidates

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Congressman Brad Finstad was elected to Congress in a special election on August 9, 2022, and was sworn in three days later with his family by his side as he took the Oath of Office to proudly represent Minnesota's First District.

Brad is a fourth-generation farmer and resident of the New Ulm area. He and his wife, Jackie, met on the school bus in second grade and they are now the proud parents of seven children. A graduate of the University of Minnesota with a degree in Agriculture Education and an emphasis in Rural Leadership Development, Brad and Jackie now operate an agriculture business in New Ulm while working alongside extended family to run their generational family farm.

(continued on page 15)



Brad Finstad



Rachel Bohman

District 20B Candidates



Steve Jacob



Michael Hutchinson

Steve Jacob District 20B

Representative Steven Jacob is seeking reelection to the Minnesota State House of Representatives seat 20B.

(continued on page 15)

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Zumbro Falls Area



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Inside Out Kingdom



By Pastor Colleen Hoeft

You are found guilty! You will pay all you owe to the last penny! The gavel comes down hard- the verdict is in- you and I are guilty as charged! “For the wages of sin is death...” Romans 3:23. You and I are sinners; you and I are guilty as charged- Satan stands ready to accuse each of us. Job 1 reads, “One day the members of the heavenly court came to present themselves before the Lord, and the Accuser, Satan, came with them.”

In Matthew Jesus is speaking to a large crowd and teaching them the truth of the Kingdom of God and at the end of chapter 5 we read about the justice of God and His mercy. Trying to balance these principals can

be difficult when you don't truly understand the love and character of God and His Son Jesus Christ.

In Matthew 5:17-20, (Living Bible) “Don't misunderstand why I have come— it isn't to cancel the laws of Moses and the warnings of the prophets. No, I came to fulfill them and to make them all come true. ¹⁸ With all the earnestness I have I say: Every law in the Book will continue until its purpose is achieved. ¹⁹ And so if anyone breaks the least commandment and teaches others to, he shall be the least in the Kingdom of Heaven. But those who teach God's laws and obey them shall be great in the Kingdom of Heaven.” ²⁰

“But I warn you—unless your goodness is greater than that of the Pharisees and other Jewish leaders, you can't get into the Kingdom of Heaven at all!”

Jesus wants us- you and me and all people to understand that He didn't come to throw the law away- to cancel the 10 commandments or even all the warnings of the prophets- but to be the fulfillment of them. What does that mean- Jesus came to not erase the law and its punishment, but to redeem the sinners. To pay the price of our sin- through His death.

God's justice and mercy can seem incompatible. After all, justice involves the dispensing of deserved punishment for wrongdoing, and mercy is all about pardon and compassion for an offender. However, these two attributes of God do in fact form a unity within His character.

Jesus wants us to see that being His follower isn't going to be 'easier' He is requiring an entire heart change! To be changed from the inside out. To go the extra mile, to recognize that lust leads us down the wrong

road long before adultery takes place. He corrects our foolish notion that we can treat people right while we hate them. He dispenses the idea that it is ok to hate some, to hold grudges, to obey the letter of the law without obeying the heart of the law. That's why the Pharisees and people of Israel failed so much- that's why we fail so much when we try to follow the list, the rules, without truly having a heart change that allows for mercy and grace!

Without God's mercy and grace- we would be hopeless. There would be no hope of living a 'good life' despite all our rules and work to follow them. The Bible showcases the fact that God is merciful, but it also reveals that He is just and will one day dispense justice on the sin of the world.

Forgiveness is the bridge between justice and mercy, allowing for the restoration of relationships and the healing of wounds. Justice, then, isn't solely about punishment, but also about restoration and reconciliation. It's through the connection between justice and redemption that God's ultimate plan for justice and mercy is revealed in the Bible.

Near the end of chapter 5 it reads, “The law of Moses; that was the law of the people of Israel. This was the law that the Lord had commanded them to obey when they came out of Egypt and became their own nation. They were to be a nation of one God and His law. Jesus knew his audience and wanted them to recognize and identify the law and the consequences of disobedience.

Verse 38 says, the law of Moses says; an eye for an eye and hit back. But the new way was a total contradiction- if you are ordered to carry a burden for a mile- carry it two. If you are slapped on the right cheek- give them your left, if someone needs your

shirt- give them your coat! Jesus says- we are changing the way we look at the 'law.' The law is still good- but now we have the law of the love of God. We have the joy of suffering with and for Christ. We are in pursuit of a better way- laying our rights down to further the cause of Christ. We are to choose love, not hatred. We are to choose mercy, not punishment.

I am a sinner saved by grace. I sinned, I made bad choices, I hurt the cause of Christ- but instead of hanging me out to dry- Christ redeemed me- he paid the price for my sin and ransomed me. I am saved by His blood. I am saved by His sacrifice on the cross.

I was His enemy- yet He loved me. He took my place, and He was good to me even when I was evil! As Jesus lived that out for my life- I am also to live that out daily in my own life- to love my enemy, to be friendly to those that are different from me- As a daughter of the King, as a daughter of Christ- with His spirit living in me- I too am to give mercy- to be long suffering, to forgive and to love even my enemy! I am to be perfect- holy- as my Father in heaven is. AND I can- because He lives in me!!! You and I can be perfect in the sight of God because of the precious blood of Jesus Christ. Even though you don't deserve it- even though you deserve to die in your sins- God made a way through His Son Jesus Christ- to become pure and holy through the blood shed on the cross of us!

Have you taken that step- are you still holding on to the law to save you? LET IT GO!!! The law cannot save you- the law is there to show you that you are a sinner. Go to Jesus, Receive His forgiveness and begin a new life.

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TRINITY LINCOLN LUTHERAN CHURCH
Pastor Dan Reich
507-753-2576 • 35933 Cty. Rd. 17, Lake City, MN
Sunday Worship at 10:00 a.m.

ST. PETER AND PAUL CATHOLIC CHURCH
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843-3885
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Friday Mass Adoration 8:00a.m.
Mass 9:00a.m.

ST. PATRICK CATHOLIC CHURCH
Hall 507-753-2424, West Albany
Sunday Mass 8:00 a.m.
Wednesday Mass 7:00 p.m.

ST. JOHNS (BEAR VALLEY) LUTHERAN CHURCH
Pastor Dan Reich • 507-753-2576
Sunday Worship 8:30 a.m.

IMMANUEL LUTHERAN CHURCH (POTSDAM)
7134 Highway 246 NE, Elgin, MN
Sunday worship at 9:30 a.m.
(Bible class at 8:30 during the school year)

AREA CHURCH DIRECTORY
Singing Our Gratitude to God

Be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord. . . .
— Ephesians 5:18-19

When we are filled with the Holy Spirit, we begin to notice the fruit of the Spirit in ourselves. One of the Spirit's fruits is joy—a deep sense of contentment and gratitude in all things, even when life's circumstances are difficult. The early church had a rich practice of rejoicing through song: Paul indicates that they sang psalms, hymns, and spiritual songs to the Lord with all their hearts.

What kinds of songs do you sing in your congregation? Psalms? Hymns? Songs from the Spirit? Why do you do this? And how does it affect your faith and life?

In singing, we express our gratitude to God for his great deeds, and we receive God's grace and edification in return. We bring God an offering of praise, but at the same time we hear him speaking to us and encouraging us. One could even say that singing praises to God can function similarly to prayer. Like prayer, singing can both support our individual faith formation as well as our corporate worship and fellowship with one another. When we sing together about the goodness and grace of our triune God, we grow in connection as a body of believers.

How does singing help you to express your gratitude to God? What psalm, hymn, or spiritual song has been particularly formative in your faith?

Holy Spirit, fill me with joy, that I may sing songs of praise today. Let everything that has breath join me in praising the Lord! Amen.

PRESBYTERIAN CHURCH OF ORONOCO
10:00a.m. Worship
20 - 3rd St. SW, Oronoco, MN
507-367-4711 • www.oronocochurch.org

UNITED METHODIST CHURCH
Pastor Dave Neil
180 2nd Ave NE, Mazeppa • 843-4962
Sunday Service 10:30 a.m.

ZUMBRO COMMUNITY CHURCH
Dave Mohler
58354 Cty. Rd. 7, Zumbro Falls
Sunday Service 10:30 a.m.; Sunday Evening 6:30 p.m.
Wednesday Evening 7:00 p.m.

SOUTH TROY WESLEYAN CHURCH
Pastor Colleen Hoeft
56187 Hwy. 63, Zumbro Falls
www.southtroywesleyan.org • 507-259-1442
Sunday 10:30a.m.
Sunday 5:00p.m. Celebrate Recovery -
5pm- meal, 5:45 large group and 6:30 small groups.
Wednesday Kids and Teen worship at 6pm -
meal at 6, followed by worship and small groups.

ST. JOHN'S LUTHERAN CHURCH
80 3rd Ave. S., Hammond, MN
Sunday worship at 11:00 a.m.
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Sunday School 9:45 a.m.
Sunday Worship 10:45 a.m.
Wednesday Night Bible Study 7:00 p.m.

Email your church announcements, schedule, etc. to the
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First Game Night of the Fall/Winter Season at South Troy Church



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We meet Sundays at 5 pm
South Troy Wesleyan Church
56817 Highway 63 Zumbro Falls, MN

Schedule for meetings:

- Supper at 5:00 pm
- Large group meeting: 5:45 - 6:30 pm
- Small group meeting: 6:30 - 7:00 pm

Celebrate Recovery is a safe place to find healing for your hurts, hang-ups and habits.

Begin your journey today!

Questions?

Contact Pastor Colleen Hoeft at celebraterecoverysouthtroy@gmail.com or 507.259.1442
Visit southtroywesleyan.org for more information

Our 50th Hammond Church Craft & Bake Sale

Saturday, November 23, 2024

9am - 2pm

Featuring: Crafts, Produce, Plants, Rada Cutlery, Books, Vintage Items, Holiday Items, and Various Baked Goods

Chicken Noodle or Vegetable Beef Soup available for dine-in or take-out

Sponsored by St. John's Lutheran Church and Bethlehem United Methodist Church

Introducing the Mazeppa Trail initiatives

We are working on developing trails that will be the heart of our community, bringing people together, encouraging healthy living, and trails that provide a safe and enjoyable space for everyone.

Whether you're a child, adult, or senior, our trail is designed for all ages.

WHY CREATE TRAILS WITHIN OUR COMMUNITY?

IT WILL CONNECT OUR COMMUNITY: Our trail is more than just a path, it's a space where neighbors meet, families bond, and friendships grow.

IT PROMOTES SCHOOL SAFETY: The trail will provide a safe, designated route for students walking to and from school. Parents can feel confident knowing their children are on a secure path designed with safety in mind.

IT ENCOURAGES FAMILY ACTIVI-

TIES: It is perfect for family outings. The trail offers a fun and healthy way to spend time together. From leisurely walks to adventurous hikes, it is great for people of all ages.

Our trails will be fundamental to our future, our economy, and essential to our quality of life. We have a once in a generation opportunity to invest in our community's future. The Mazeppa Trail committee has devoted a considerable amount of manpower into developing a future trail networking plan for our community. This is a plan that will provide safe passage for kids and adults who wish to cross Highway 60.

THERE ARE FOUR PHASES: (A map of each phase is listed on our website.)

Phase 1: Cherry Street Trail to Herb Vik Park Trail connection: this is what the 2024 Local Trail

Connection Program application is for.

Phase 2: Herb Vik Park Trail to underpass of highway 60

Phase 3: Herb Vik Park and Cooper's Park Bridge

Phase 4: City Dog Park Connection.

The trail committee has applied for several different grants. Maps and phases have been

approved by local committees. Fundraisers are already underway. Unfortunately, we recently missed a grant application by just a few points. We were told if we had more funds to demonstrate our commitment to the community, we may have been approved. Though this was disappointing, the trail committee was fueled by the knowledge that we can and will be successful. We joined forces with other grant writers including DNR representatives and our state senator—Steve Draskowski.

We recently created a website which shares information about the trail committee, initiatives, a map of the trail, pictures, fundraising, and the ability to make donations via paypal. The trail website address is mazeppalocal-trailconnections.com.

The trail committee has a goal of \$100,000, which will help us to meet the requirements for phase 1. We are currently at 29.5% of that goal. Thank you to everyone who has already



MAZEPPA TRAILS
CONNECTING THE COMMUNITY

supported our trail initiatives.

JOIN US IN STRENGTHENING COMMUNITY TIES WHILE ENJOYING THE GREAT OUTDOORS. PLEASE CONSIDER MAKING A DONATION TO THE MAZEPPA TRAILS. YOU WILL BE INVESTING IN THE FUTURE OF OUR COMMUNITY FOR GENERATIONS TO COME.

Zumbro Falls Christmas December 14th

(continued from page 1)

Come with your car, side by side or trailer decorated. The cost for the parade is \$20 to be paid the day of the parade.

As for the craft sale, let the Christmas in Zumbro Falls Committee know if you would like to participate. Local businesses will have a flyer to see the entire list of events for the day. Come show your support for our little community!

A big thank you to the City of Zumbro Falls and the businesses for your help to make Zumbro Falls Christmas possible for us ladies to continue making this event happen each year.

A sincere thank you from the Christmas in Zumbro Falls Committee!

Mazeppa Historical Society Fundraiser



Drop-off bin at the
Mazeppa Community Center parking lot.
THANK YOU for donating!

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Missy's Managing the Manor

A monthly read with tips and tricks (that work for me) on my quest to becoming more organized while decluttering.

Hosting holiday celebrations



By
Missy Papenfus

How can it be November already? We host Thanksgiving almost every year at our house. We went out to eat once on Thanksgiving years ago, and my husband Mike did not like going out to eat for a holiday. He loves to cook, so he takes care of cooking the meal. My job is to get the house ready and clean it back up afterwards.

I like to decorate for fall in late September. I have one tote of decorations for fall and Halloween. After Halloween, I toss the Halloween decorations in the tote, and leave up the rest of the fall stuff for Thanksgiving.

We use real plates at our house for Thanksgiving dinner. We usually have about 15 people over. We have a bar area in our basement, so we can have up to 20 people without needing card tables and chairs out, which really saves time on getting ready and cleaning up. Since we host the holiday, my mom comes over to help with any last minute tasks to get ready. It's pretty much an unwritten rule that she cleans the wine glasses, because they are always dusty from using them at Christmas the year before! She'll do any dishes or clean the bathrooms, whatever I need. Then we chat for a while before people start showing up. My mom always does the dishes after the dishwasher is filled up. I hate doing dishes; I usually put the food away in containers while she takes over the dishes.

Stay tuned for next month's topic: Sentimental items
There's so much to do, so little time. Bye for now!

Local Radio Station Marks 75th Year

By Beth Brekke



Bluff Country KCUE, Red Wing's local radio station is celebrating its 75th year on the air. To celebrate this major milestone in station history, they are giving away a 3-carat, lab grown diamond valued at \$3,800.00 courtesy of Wanshura Jewelers of Red Wing. The drawing will be held in the store at 409 West 3rd Street on December 20th.

The station's broadcast can be tuned at 1250 AM or 98.9 FM. KCUE radio, often referred to as "K-Q", is part of the Q Media group of stations that includes Red Wing's other FM station, KWNG; KLCH in Lake City; and WPVW of Wabasha. Q Media is owned by

Alan and Linda Quarnstrom of Red Wing. Coincidentally, Alan was born the same day KCUE went on air for the first time.

The station has seen changes in radio personalities and some programming but KCUE has always played country music.

Current station manager, Shannon Harrell redesigned the logos for all of the group's stations but remains committed to what is important to each community. When asked how a small, local station can compete with today's bigger markets, he returns with, "How can they compete with us?" He says they keep it as local as possible with a focus on kids and youth through things like live sports broadcasts and by working closely with local businesses and providing weather forecasts for the immediate area. They also stay competitive using today's technology including online streaming and apps for all stations.

Information on registering to win the 75th anniversary diamond are posted on the www.q-mediagroup.com website. Registration will be limited to a few, select, in-person sites, and live On-Air opportunities. The contest kicks off at Wild Wings Plaza in Lake

City and On-Air Saturday, November 2nd from 9am-12pm. Other locations include the annual food drives at Bennett's Food Center in Wabasha on Friday, November 15th and Red Wing Walmart on Friday, November 22nd, both from Noon to 6 PM.

Registration comes to Goodhue on Wednesday, November 20th at J Hill Promotions and On-Air from 4pm-7pm. Check the website and listen to the station for reminders and other dates and locations. (Must be 18 years or older to register)

Lodermeiers Host KCUE Harvest Lunch



photo courtesy of Q Media

Dan Lemke of The Linder Farm Network visits On-Air with Tyler Lodermeier at the annual Harvest Lunch held at Lodermeier's Inc on October 18th.

By Beth Brekke

For each of the past 15 years, Red Wing's Bluff Country KCUE radio station has organized the Harvest Lunch, an outing meant to honor local farmers. The event takes place the Friday of MEA week, falling on October 18th this year. The lunch was previously served on farms but they found it difficult to find a host due to the busy time of year. Three years ago it moved to a tent in the Lodermeier's Inc equipment lot, making it easier for farmers to enjoy this break.

Sponsors of the event receive air time ad-

vertising their business and many are on hand for the event and provide interviews during the live broadcast. Dan Lemke of the Linder Farm Network conducted the interviews. Station representatives reported having the largest number of sponsors to date and speculated that the large attendance was due to an early harvest. Although windy, the warm, dry weather made eating under the tent a pleasant experience. The meal was sponsored by the local corn and soybean growers association and provided by the Country Station.

A Monthly Moment at MotoProz

By Missy Papenfus



We are deeply saddened by the loss of Bob Josselyn.

Bob worked at Kelly's Sales and Service in Mazeppa years ago prior to starting his own shop, Bob's Small Engine Repair in Pine Island. We've known Bob for many years. My husband Mike would go with his dad when he was a kid to get parts from Bob in Pine Island. Our son Monty would go with Mike when he was a toddler to get parts from Bob. When Monty was four years old, we were sent over to get parts. Monty told me how to get to there and informed me that I was going the wrong way. When we bought Kelly's Sales & Service, I asked Bob for advice on multiple occasions. Bob would stop in to MotoProz for MotoPhest, our yearly open house, on his way home from work. We always had lots to talk about and enjoyed our conversations. Our thoughts and prayers are with the Josselyn family.

JOIN US FOR MOTOPHEST

FRIDAY, NOV 29 - SATURDAY, DEC 7

18 years of MotoPhest
with Mike, Missy and Monty!

During the 7 Days of MotoPhest,
MotoProz gave to me...

- 7 Days of Sales
- 6 Bucks off Oil
- 5 Dollar MotoProz Tees
- 4 Christmas Gifts
- 3 Free Pens

To get some MotoMunchies & a discount on all in-store clothing!

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www.MotoProz.com
Check out our new and used inventory online!

MAISY
2022

CELEBRATING
Motophest
WITH MIKE, MISSY, MONTY AND MAISY

FRIDAY, NOVEMBER 29 - SATURDAY, DECEMBER 7

THE PLACE TO GO IS MOTOPROZ

MISSY'S MESSAGE



MISSY PAFENFUS

TIME TO "FALL BACK" ONTO THE YOGA MAT PART 2

I enjoy participating when yoga when I can, but it hasn't fit into my schedule as often as I would like it to. I was so excited to participate through Community Ed in Deanna Tupper's yoga class at the school in Mazeppa. Yoga started on Wednesday, October 2nd. After I was done with class, I felt so old and unflexible. I have always been unflexible. There is always room for improvement. You just have to keep practicing yoga.

After three weeks of classes, I feel so much improvement in my flexibility. It has been amazing. I look forward to yoga class. I think the older we are, the more important yoga is. Attending a class isn't for everyone. It participating in a class isn't for you, I recommend finding a beginner video on you tube or a book.

Memo from MotoProz...

MotoPhest #18 at MotoProz! Established in 2007; this will be our 18th annual open house. Starts the Friday after Thanksgiving. Friday, November 29 through Saturday, December 7! 7 days of sales, 6 bucks off oil, \$5 MotoProz T's, for Christmas gifts, three free pens, to get some MotoMunchies, and a discount on all in store clothing!

Missy and her husband Mike own MotoProz in Mazeppa.

Basic Rules of Hunter and Firearms Safety

By MN Department of Natural Resources

More than a half-million people hunt every year in Minnesota. The DNR's goal is that every one of them returns home safely at the end of every hunt. While hunting is one of the safest recreational activities there is, even one injury is one too many.

More than 21,000 students every year in Minnesota earn their firearms safety certification and since 1955, more than 1.3 million have done so. As more students have completed firearms safety training, there's been a corresponding decrease in the number of injuries and fatalities that occur as a result of firearms-related hunting incidents.

The basic rules of safe firearms handling

By following these basic rules, hunters can avoid most hunting-related firearms incidents.

- **Treat every firearm as if it is loaded**

Never assume a firearm is unloaded.

- **Always control the muzzle**

Keep your muzzle pointed in a safe direction and remember that anything toward which the muzzle points is in the crosshairs. Don't overlook the possibility of a ricochet.

- **Be sure of your target and what is beyond**

You're responsible for knowing what's in front of your target, near your target and beyond your target. If you aren't certain about



any of the three, don't take the shot.

- **Keep your finger off the trigger until you're ready to shoot**

Your finger should be outside the trigger guard until you're ready to shoot.

- **Protective gear**

Hunters' eyes and ears are vulnerable to a number of potential hazards while hunting, so it's important to protect them. Firearms create a high decibel sound that can damage hearing. Also, when a firearm is fired, it sends the projectile down range. Along with the projectile, the firearm also discharges small particles of the projectile, burning gas and other residue that can damage your eyes. Always wear safety glasses and ear protection.

- **The effectiveness of blaze orange**

Blaze orange has made hunting safer. Spotting a hunter wearing camo is hard, but wearing blaze orange makes you visible to others hunting in the area. Read the blaze clothing requirements.



photos by MN DNR

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Keep Up-to-Date Between Print Issues at

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Down on the Farm/ Up at the Cabin Spring Migrations

By
Monica & Claudia Vanderborcht

Claudia and her husband joined Monica on the farm late in the summer of 2016. There was plenty of room in the house (it had 4 bedrooms, two bathrooms and even two kitchens). And more than enough room outside to keep everyone busy and out of each others' way.

Prior to their move, Claudia and her husband lived in a log cabin in upstate New York. (WAY upstate. 30 miles from the Canadian border upstate.) They often bought meat from a farmer who raised bison. The farmer would tell stories of the buffalos' biannual migration: every spring and every autumn, the bison would walk around and around and around their pasture for days. Seasonal migration ran deep in their DNA.

Dexter cattle were bred by the Irish 500 years earlier. Dexters are one of the 28 breeds of short-statured cattle. Rarely taller than 40 inches at the shoulder and weighing 700-900 pounds, they were a good breed for two middle-aged newbie women farmers to raise.

Intelligent and gentle, with tasty flesh and rich milk, the urge to migrate has been bred out of Dexter DNA for a long, long time.

Dexter cattle do not migrate.

But it had been a very long winter. And although most of the snow had melted, the pas-



Retrieving cattle with cars

tures were not green. The few green shoots of grass were quickly devoured by the livestock. Hay had become incredibly boring and everyone was ready for the lush, green, succulent grass.

You know – the good stuff.

Oops! Someone accidentally left the pasture gate open. The herd found it. And so the Dexter spring migration began. Down the long driveway they trotted. Monica ran for the ATV; Claudia ran to the barn for buckets of treats.

Right from the start, Monica had bucket-trained her cattle. Scooby, the bull, would do just about anything for a Scooby snack (an alfalfa cube or horse treat). Ameila, the herd

queen, knew exactly where the chicken corn was kept and knew how to pry the metal cover off the container. The cattle understood what rattling buckets meant.

But today, the herd only wanted fresh, green grass.

A bucket of corn in her hand, Monica raced through the muddy cornfield on the ATV, parallel to the driveway, hoping to divert the herd. The cattle took a right at the mailbox and trotted down the dirt road. Claudia, a bucket of Scooby snacks in her hand, jogged up the driveway. She could see that the cattle had no intention of returning to their brown pasture. They were looking for green grass.

Down the road they trotted – Scooby and Amelia leading the way. Monica phoned Rae, the neighboring farmer. The cattle were headed her way and maybe she could turn them with her truck or ATV. Slowly, so slowly, Rae drove up the road toward the cattle. Monica flanked them on the right. Claudia waited at the mailbox.

The Dexters could not wade through the ditches, still full with snow, to escape the vehicles: their legs were simply too short. Resigned, the herd turned back up the hill and headed for home.

Though this would not be their last walk-about, an important lesson was learned: double check the gates!

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Cholesterol Truths



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

What do you know about cholesterol? Is it good to have cholesterol, or is it bad? Is it possible to have too much of a good thing? What is the big deal about cholesterol? It is one of the most frequently mentioned topics at the physical exam in the doctor's office, so what is the big deal? Let's identify some truths about cholesterol.

First, "25 percent of the total amount of cholesterol found in the human body is localized in the brain," according to Dr. Kelly Brogan, MD. All of your nerve tissue is dependent on cholesterol to provide a protective layer around the nerve strands so the electrical signals move to the right destination. Think of cholesterol as the insulation around an electrical wire. If the insulation is missing, charges can misfire, and injury can happen. Dr. Brogan states, "the brain is the most cholesterol-rich organ in the body." Sounds like a pretty important nutrient.

Second, your body makes cholesterol every day from the food that you consume. According to the Encyclopedia of Human Nutrition, between 600 – 800 mg of cholesterol are made throughout your body each day to be used in a variety of chemical reactions to support your health. This amount your body makes is more than twice the amount of cholesterol any person will typically eat in a day. So, challenges with high cholesterol are not due to eating too much cholesterol.

Third, your body needs cholesterol to survive. Not only is your brain dependent on cholesterol but every cell of your body requires cholesterol to construct the cell membrane that makes a functional cell. Cholesterol is an important structural piece of the cell membrane helping to hold together the microscopic layers that make up the cell membrane. Without cholesterol the cell membrane falls apart and cellular function is lost.

Fourth, cholesterol is an important chemical for a number of essential activities in your body. Your body uses cholesterol to build all the hormones that direct your body activities. Bile acids that help you digest food are based on the cholesterol structure. Vitamin D, one of the only vitamins your body can make on its own, is made from cholesterol that is energized and transformed by ultra-violet light from the sun. When you get a suntan during

the summer months, you are also getting a boost of Vitamin D as the sunlight converts cholesterol into this essential vitamin.

Fifth, cholesterol is shuttled throughout the body in different packages. The Low Density Lipoprotein (LDL) delivers cholesterol to the various cells of the body. Many times the quantity of LDL begins to get high, and some of these LDL can get oxidized, which means inflammation can start and blood vessels can get damaged. This damage is where build up in arteries can begin to take place. The High Density Lipoprotein (HDL) picks up cholesterol from the cells of the body and returns the cholesterol to the liver. A healthy liver controls distribution of cholesterol and the recycling of cholesterol. Higher levels of HDL are important because this indicates your body is recycling cholesterol well. Therefore, you want to see a healthy ratio of LDL to HDL when you have cholesterol blood test completed. A healthy ratio is about 2 to 1 for LDL to HDL.

Finally, statin medications for reducing cholesterol levels are not as helpful as you may believe. Dr. David Diamond and Dr. Uffe Ravnskov published a research paper in 2015 in the journal Expert Review of Clinical Pharmacology, showing an overall improvement of only 1% when statin medication is used. In addition, statin medication can also turn off the natural process of the body to make Coenzyme Q 10, which is an important molecule for you to generate energy. Additionally, a 2012 paper in the Archives of Internal Medicine described a study completed at a Mayo clinic that found older women in menopause were 48% more likely to develop diabetes when taking a statin medication. The drug interventions for cholesterol modification are not producing the healthful effects that are promoted.

The cholesterol debate has many complicated pieces, but the facts listed above provide some basic truths for you to begin to process. There are healthy food combinations that can help you manage cholesterol without the intervention of drugs and most of the drugs will not be as effective as you would like anyway. As you review your health goals for the coming year, consider what changes you are willing to make to be less dependent upon the local pharmacy and

more knowledgeable about the foods that will promote your health.

Contact me to discuss your health goals for the coming year. I can help you realize greater health freedom in 2025. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Wabasha County Public Health Spotlight Holiday Healthy Habits



Public Health
Prevent. Promote. Protect.

By Dana Bentz, BSN, RN, PHN

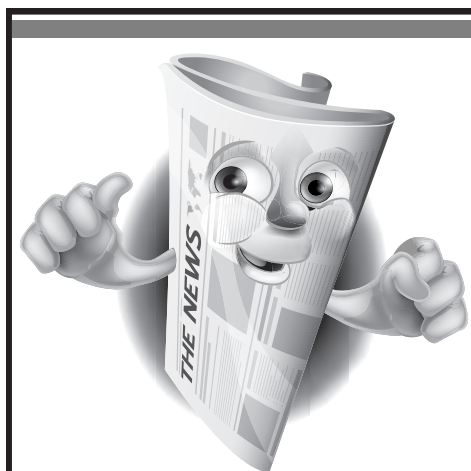
The holidays look different for everyone, it can be a fun and joyous time but also can be a very stressful time for people. Re-

member to consider your health goals through the holiday season, whether that includes staying active, being mindful of what you're eating, connecting with family and friends, or reducing stress. As we approach the holidays, it can be helpful for you to think and plan ahead for yourself. Here are some helpful tips to help you stay healthy through the holiday season.

Some tips that can help keep you and your loved ones happy, healthy, and safe:

- Wash your hands.
- Eat healthy, stay active.
- Drink water, Stay Hydrated.
- Don't drink and drive.
- Stay warm, Bundle up.
- Get plenty of sleep.
- Manage Stress.
- Slow down, Be Mindful.
- Remember to take time for yourself.
- Enjoy the holidays!

Brighten your holidays with making your health a priority during this holiday season!



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Walking for Health and Concussion Care



By Shauna Burshem, D.C.

Walking is a simple yet powerful way to improve your health. When you walk regularly, you can strengthen your heart and lungs, which is great for your cardiovascular system. Walking gets your blood pumping, which helps your heart stay healthy and reduces the risk of heart disease. It's an easy exercise that almost anyone can do, and it doesn't require any special equipment.

Another benefit of walking is that it helps build and tone muscles. Every time you take a step, you use muscles in your legs, hips, and even your core. This can make your muscles stronger over time. Plus, walking can help with balance and coordination, which are important for staying active and preventing falls as you get older.

Walking is also great for your metabolism and body weight. When you walk, your body burns calories, which can help you maintain a healthy weight or even lose weight if that's your goal. Walking regularly can boost your metabolism, making it easier for your body to use energy efficiently. It's a fun and easy way to keep your body in shape!

For those with joint issues, walking is an ideal low-impact exercise. Unlike high-intensity workouts or running, walking gently engages the joints without putting them under excessive strain. This makes it a favorable option for individuals with arthritis or other joint-related concerns, as it helps to maintain mobility and flexibility while minimizing discomfort. Moreover, the consistent movement during walking can aid in lubricating the joints, potentially alleviating stiffness and promoting overall joint health. Whether you're looking to stay active without aggravating joint pain or seeking to improve joint function, walking presents a suitable and effective solution.

Walking is not only beneficial for physical health but also plays a crucial role in enhancing mental well-being. Engaging in regular walks can significantly reduce symptoms of anxiety and depression. The rhythmic nature of walking has a calming effect, allowing individuals to clear their minds and reduce stress levels. Moreover, walking increases the release of endorphins, natural mood lifters, which contribute to a more positive outlook. Whether you choose a leisurely stroll in a park or a brisk walk along the beach, walking provides time for reflection, problem-solving, and generating creative

ideas, all of which support a healthy, resilient mind.

A new analysis of over 200,000 U.S. children's health records suggests that mRNA COVID-19 vaccination increases children's risk of asthma, Alex Berenson, a former New York Times reporter, revealed communications with Taiwanese researchers showing they found "striking evidence" that the shots themselves may cause asthma, which leads to lung damage. Asthma is a chronic disease affecting nearly 5 million U.S. children, according to the Centers for Disease Control and Prevention (CDC). While usually not fatal, severe asthma attacks can be life-threatening in children, according to the Mayo Clinic. The study authors looked at TriNetX's health data from over 200,000 U.S. kids ages 5 to 18 between Jan. 1, 2021, and Dec. 31, 2022.

According to Berenson, they found that children who received a COVID-19 mRNA shot and who had not had a natural COVID-19 infection had a 13% higher risk of receiving a new asthma diagnosis in the year after their vaccination when compared to a matched group of children who did not get a COVID-19 shot or infection. Because the study is not a randomized prospective trial it does not prove that the mRNA COVID-19 shots caused the extra asthma cases. "But the researchers closely matched two very large groups," Berenson wrote, "and the association they found is almost certainly not due to chance."

Microplastics have been found in male testes and female ovaries, affecting sperm and follicle health. They've also been found in human placentas, raising concerns about potential impacts on fetal development and pregnancy outcomes. The challenge of disposing of plastics is a growing concern today. Our overreliance on this manmade material is causing major environmental problems. When disposed of improperly, plastic breaks

down and makes its way into our own bodies in the form of microplastics. A 2022 report published in Environment International noted that microplastics had been detected in human blood for the first time. By April 2022, it was discovered "lodged deep in the lungs of living people. Now, research highlights more places where microplastics accumulate within our bodies — the reproductive organs, and this may be contributing to the decline of fertility rates. According to the Institute for Health Metrics and Evaluation, 76% of countries and territories around the world will have unsustainable fertility rates by 2050. This means that populations will shrink.

Chiropractic care can be very important for treating concussions, especially for young athletes. A concussion is a type of head injury that can happen during sports when the brain gets shaken inside the skull. Chiropractors help by checking the cervical spine, which is the part of the spine in your neck. The neck connects your head to your body, and if it's not aligned right, it can make concussion symptoms worse. By adjusting the cervical spine, chiropractors can help reduce pain and improve neck movement, which can help with healing after a concussion.

Besides the neck, chiropractors also look at the cranial bones, which are the bones that make up the skull. Just like the neck, if these bones are not in their right place, it can cause more problems for someone with a concussion. Chiropractors use gentle techniques to help the bones move back to where they should be. This can make a big difference in reducing headaches and other symptoms that come from concussions. Overall, chiropractic care can play an important role in helping young athletes recover from head injuries safely and effectively.

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Supporting the Ambitions of Small Towns



Tim Penny
So. MN Initiative Foundation

In a small town—like my hometown Kiester—everyone knows everyone, and most people want to do their part to help their town and neighbors thrive. Motivation and inspiration to improve the community is easy to find, but a lack of funds can often hinder growth. When given the resources, people in small towns swiftly come together, pick up a hammer (so to speak) and enrich their communities. At Southern Minnesota Initiative Foundation (SMIF) we seek to be the key that unlocks equitable development in the small towns of our 20-county region.

One way SMIF unlocks potential is through our Small Town Grant. This program invests in projects that enhance the quality of life in communities under 10,000. Each collaborative initiative aims to create a more welcoming town. I'm excited to share that this year we surpassed \$1 million in investments through this grant since 2017. This summer, SMIF awarded 25 grants totaling \$200,000 and impacting over 20 small communities across the region. I would like to share a few projects recently set in motion by these grants.

Thanks to a Small Town Grant, the Madelia Community Theatre is expanding into the Madelia Arts Collaborative to better serve their community's diverse needs. The recipients hope the new multi-disciplinary arts hub will enrich the cultural fabric of their community (population 2,396) and engage residents of all ages.

In Caledonia (population 2,847), Main-spring will launch Caledonia's Creative Community Design project, the renovation of their building's lower level into a vibrant, multi-use community space for artists, makers, farmers, cooks, community members and other local entrepreneurs and artists.

With their grant, the MN Agricultural Interpretive Center will expand Farmamerica's farm-to-fork experiences to diverse age groups and ethnicities within the community of Waseca (population 9,229). They hope the project will foster a sense of belonging and cultural exchange by partnering with local farmers, chefs and organizations like the Hmong American Farmers Association. The hydroponic lab will provide educational op-

portunities, promoting a different style of agriculture while also producing fresh vegetables for the farm-to-fork events and the community food shelf.

The Small Town Grant will also support an adaptive cycling clinic series in Dundas (population 1,712), a pocket park in Le Roy (population 957), National Ruby-Throated Hummingbird Center exhibits in Henderson (population 960) and many more projects across southern Minnesota.

More information about Small Town Grants and their impact can be found at smifoundation.org/smalltowngrant. We are grateful to Paul Johnson's children, Amy De Jong, Paula Rehder and Scott Johnson, for continuing their father's legacy by supporting this program.

This year, we are also pleased to partner with another family seeking to support small towns. SMIF received a generous gift from Glen Taylor via the Taylor Family Farm Foundation to fund rural capital improvements and child care needs in towns of 10,000 or less. In this pilot year, we were able to invest \$297,600 into the region.

With the aid of these Taylor Grants, the town of Rushford Village (population 1,860) will rebuild a well-loved merry-go-round at their city hall park. The merry-go-round will be the first accessible amenity in the park for people with disabilities.

The GFW School District in Gibbon (population 784) will use their grant for a resource bus. Educational materials, healthcare services, food assistance, clothing, daily hygiene products and more essential resources will be packed into a bus and delivered to low-in-



come families. The district hopes that putting their current program on wheels will create more accessibility for underserved populations in the area.

This grant program is also supporting a child care start-up in Springfield (population 2,027), a local history museum in Lake Crystal (population 2,539) and an art-filled trail experience called the "Trout Route" in Preston (population 1,322).

New amenities not only brighten a town but swell the pride of residents and afford them new opportunities to grow. We are appreciative for Glen Taylor's discernment in recognizing the impact that capital projects have on small communities.

I am always in awe of the accomplishments of small-town residents when they are provided the resources to realize their ambitions. By investing through small town grants, we are helping to build resilient, vibrant communities.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.

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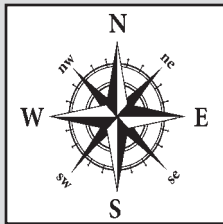
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Changes in Latitudes, Changes in Attitudes **Tennessee Hurricane**



By Terry Campbell

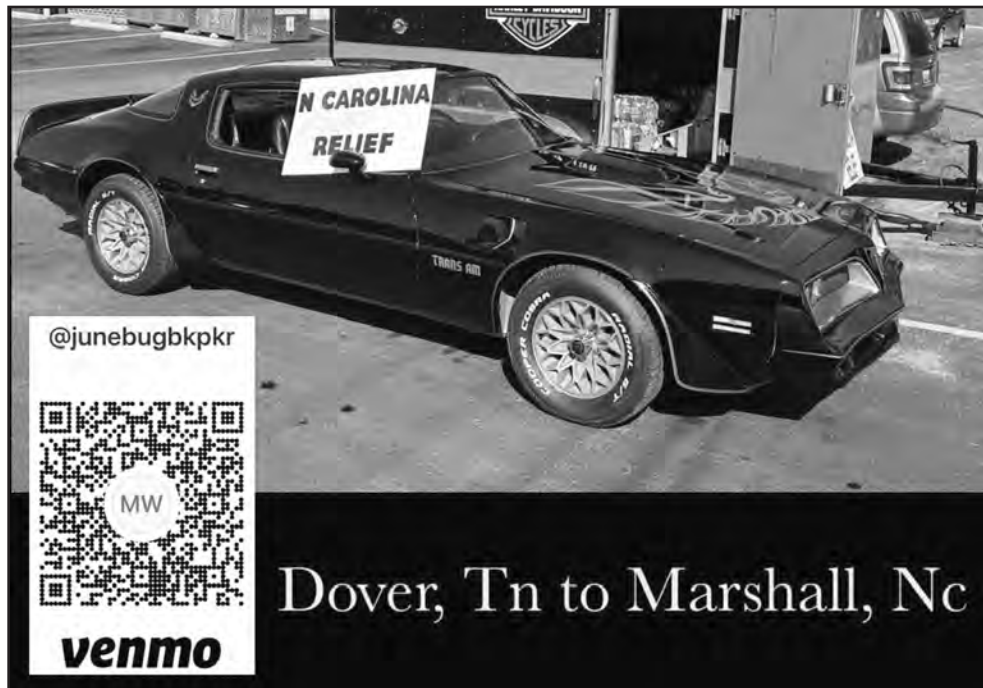
This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

On Friday September 27th the storm surge from Hurricane Helene struck the east side of Tennessee. Hurricanes don't usually affect Tennessee. But Hurricane Helene is one of the strongest to come ashore in many years. There is a town 30 miles south of us named Hurricane Mills, but it is only known as the home of Loretta Lynn.

There had been a couple days of warning about the impending storm as the weather forecast predicted where it would be heading, but the storm stalled out and dumped

over twenty inches of rain in one day at the end of a week that had already seen almost a foot of rain. The mountainous terrain created a deluge of water through the valleys. This was the worst flooding the area had experienced since 1916.

Local efforts to rescue families cut off by the destruction began with private helicopter pilots flying stranded people to safety aided by independent drone operators scouring the hills for signs of life. One man signaled with a large bathroom mirror to flag down help. Tempers flared when FEMA showed up and told the helicopter pilots they would be arrested if they refused to cease the flights. The airlift issue was resolved a day or so into the disaster but the fiercely independent locals had already had their fill of the feds. Private donations were brought in and dispensed from a school building until FEMA arrived and confiscated the inventory. Then the donations were redirected to churches, which were allowed to distribute freely to the needy. Church group t-shirts were handed out to all volunteers as workers wearing the garments of a religious organization were not hassled. Reports of trailers full of water, food, sanitation items and clothing being told to turn around a leave by FEMA officials fueled the public distrust. Some started using four-wheel drive trucks to take the supplies to four wheelers which could reach farther into the hills where the natives resided. From there horses and hikers with backpacks pushed on even further. For some reason many Gen 5 smart phones went into SOS mode and wouldn't communicate when the power grid failed. A few of the residents already owned Starlink



Internet systems and were able to communicate with the outside.

Mules were used to haul whiskey into the affected areas for those who were suffering from DT's which was reminiscent of hundreds of years prior when mules were hauling moonshine out of the Tennessee hills.

In our hometown of Dover, Tennessee three large trailers were filled with donations in a couple days during a friendly competition between our friend Madison Campbell and Sheriff Frankie Gray. Madison has a 1977 black Trans Am and the Smokey and the Bandit challenge was underway. They were East bound and down, loaded up and truckin' supplies to Marshall, North Carolina loaded with bottled water, baby formula, diapers, blankets, non-perishable food items, can openers, garbage bags and work gloves.

The Cumberland Power Cooperative sent some local linemen and trucks to help restore power to east Tennessee and the western Carolinas. One thing the linemen were requesting was Benadryl because the wasps had been displaced as well and were very aggressive and stinging workers trying to do their jobs.

My wife ordered some 10-gallon handheld sprayers from Harbor Freight to be sent to a guy near the flood area who was painting them black and distributing them with bottled water to be used as portable shower units for those with no running water. The sun would heat up the water for a primitive hot shower. Based on the scale of the destruction it may be months before power is restored in the mountain communities.

Happy Thanksgiving

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A Minnesotan: Holiday Fires



By RosaLin Alcoser

Other than watching the Macy's Thanksgiving Day Parade on the television my family does not have any other Thanksgiving Day traditions. There was a short time when I was in college back in Southern Missouri where my sister and I did have one.

For two years it was the Alcoser sister's transition to go out for dim sum on Thanksgiving Day. It was a fun tradition that involved me driving across the state to visit her and going out on Thanksgiving; after we watched the parade of course. Prior to this she had come to my place exactly once.

That year I cooked a semi traditional Thanksgiving meal. We had turkey, a vegetable and a pumpkin cake. I know pie would have been more traditional but we had cake and it was excellent. After that my sister declared that all the work I put into making that meal was too much bother for just the two of us.

However, I think the real reason she decided that I would come to her and we would go out was due to my dishwasher catching on fire after dinner. At the time I still lived in student housing and the dishwasher in my apartment was probably from the late 1990s or early 2000s.

Right was we were getting ready to head out to go for a walk; which you can do on Thanksgiving in the south. When my sister looked over and saw smoke rising out of the turned off dishwasher. She threw open the door to see that the bottom coil was on fire. While she threw baking soda onto the fire I threw the breaker to the dishwasher to keep the fire from restarting.

Thankfully nothing was damaged and did not restart on fire after its power was cut. The dishwasher did get replaced by a different and less flammable old dishwasher. Making that Thanksgiving the one and only time that my sister has ever come to my apartment for a holiday. Even though I now have a much more reliable dishwasher.

Ask A Trooper

By Sgt. Troy Christianson,
Minnesota State Patrol



Question: Hello, we read your column every week. I've noticed more often lately on numerous occasions that when a school bus is stopped and dropping-off or picking-up kids, they do NOT have their red lights flashing or their STOP arm extended. The bus will only have the yellow lights flashing. When searching the internet for school bus rules/regulations I can only find information related to how other drivers are required to respond, rather I'm interested in what the bus driver is required to do. I was unaware that there are potential scenarios where the bus driver is not required to force traffic to stop.

My question: What are the rules/regulations with respect to a school bus that is stopping to drop-off or pick-up kids, when are they required to activate the red flashing lights and extend the STOP arm, rather than just activating the yellow flashing lights?

Answer: Thank you for the question and I

am glad to hear that you read the articles. When transporting children to and from school in most scenarios they are to use the red lights and stops arms. Here is a list according to state law, when school bus drivers shall not activate the prewarning flashing amber signals or flashing red signals and shall not use the stop arm signal:

- in special school bus loading areas where the bus is entirely off the traveled portion of the roadway and where no other motor vehicle traffic is moving or is likely to be moving within 20 feet of the bus;
- when directed not to do so, in writing, by the local school board;
- when a school bus is being used on a street or highway for purposes other than the actual transportation of school children to or from school or a school-approved activity, except for regularly scheduled recreational or educational activity;
- at railroad grade crossings;
- when operating the bus under a "special event;" and
- when loading and unloading people at designated school bus stops where people are not required to cross the street or highway, while the bus is completely off the traveled portion of a roadway that has adequate shoulders. The driver shall drive the bus completely off the traveled portion of this roadway before loading or unloading people. A school bus stop is designated under this clause if the transportation director of the school district in which the bus stop is located, in consultation with the road authority, certifies the integrity of the shoulder and the safety of the location for loading and unloading people. Each designated school bus

stop must be documented and approved by the school board.

Question: I was driving through town the other day and a driver opened their car door as I passed by. I had to swerve to avoid hitting their car door. Obviously, it was a safety issue but isn't there a law about this? I'd appreciate any info you can share. Thank you.

Answer: Correct, there is a Minnesota state law about this issue. When you are stopped or parked on the side of a road, do not open any doors until you have checked to make sure it is safe and will not interfere with other traffic. Look for vehicles, motorcycles, bicyclists, and pedestrians that may be approaching your vehicle. Do not leave any door on the side closest to moving traffic open longer than necessary to load or unload passengers.

Question: I have a medical condition that causes me to lose consciousness on occasion. I am hoping to get a driver's license. Is there anything I need to do?

Answer: When applying for an instruction permit or driver's license, you will be asked questions about medical conditions. Providing false information on the application could result in losing your driving privileges.

If you have a medical condition, you may need to provide a statement from a physician indicating whether or not the condition affects your ability to drive safely. If you already have a permit or license and are diagnosed with epilepsy or a condition that could cause loss of consciousness, you must submit a physician's statement within 30 days of the diagnosis. The statement must indicate whether or not the condition interferes with your ability to drive safely.

Send medical statements to:
Driver and Vehicle Services
Driver Evaluation Unit
445 Minnesota Street, Suite 170
St. Paul, Minnesota 55101-5170

For more information, contact the Driver Evaluation Unit at 651-296-2025.

Question: My vehicle is equipped with airbags. Do I need to wear my seat belt?

Answer: Yes, seat belt use is required. An airbag is a supplemental restraint system. Airbags work with seat belts to prevent injuries but are not designed to keep occupants from being ejected. For safety reasons, children under age 13 must ride in the back seat if it is available.

Try to keep at least 10 inches between yourself and the steering wheel. Keep your hands at the 8 and 4 o'clock or 9 and 3 o'clock positions on the steering wheel.

Move front passenger seats as far back as possible. Read your operator's manual before driving or riding in a vehicle with airbags.

For more information about seat belts, airbags, and car safety seats, visit the Department of Public Safety Office of Traffic Safety website

at <https://dps.mn.gov/divisions/ots/seat-belts-air-bags/Pages/default.aspx>

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention and of course, drive sober. Help us drive Minnesota Toward Zero Deaths.

If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Troy Christianson — Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. or reach him at, Troy.Christianson@state.mn.us.

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President



Royce White

US Senate



Brad Finstad

US House



Pam Altendorf

MN House - 20A



Steve Jacob

MN House - 20B

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Wabasha County Courthouse
625 Jefferson Ave Wabasha, MN 55981
Mon - Fri 8:00 a.m. - 4:00 p.m.

Historical Happenings

*Compiled by
Helen Reiland*

THE MAZEPPA JOURNAL, Editor and Publisher: Barbara and Reider Tommeraaas

FRIDAY, MARCH 2, 1956

DEMONSTRATIONS FEATURED AT WILLING WORKERS MEET

The South Mazeppa Willing Workers 4-H club held their monthly meeting Feb. 21, in School Dist. 76.

JC Pfeiffer, club president, called the meeting to order. Patsy Tupper, secretary read the minutes of the last meeting. The treasurer read his report and bills were paid.

After the meeting, Daisy Pfeiffer passed out the records.

Delores Sommerfield then gave a demonstration "Making Egg Salad." Jane Reiland gave a demonstration on "Gardening", and Bob Vihstadt gave a project talk entitled "Health Food."

We then played games and had lunch. Nancy Radtke, Reporter

Shortest Poem of the Week

The cutest sight in town these days, of course.

Is Gay Gahlers and daughters with their horse.

FRIDAY, MARCH 9, 1956

Obituaries

NORMAN KUEHL

Norman Theodore Kuehl of Rochester, formerly of a farmer in the Mazeppa area, died early Wednesday morning enroute to St. Mary's hospital. He had been ill with polio the past four years and was 31 years old.

Mr. Kuehl was born March 13, 1924, at Mazeppa and lived there until moving to Rochester four years ago when he became ill. He married the former Beatrice Ann Briggs Oct. 6, 1951. The couple's home is at 715 Sixth Ave. NW. They have one child Julie. Also surviving are Mr. Kuehl's parents, Mr. and Mrs. Emil Kuehl of Mazeppa.

Funeral services will be held at 2 p.m. Saturday at the Trinity Lutheran church, Rochester with the Rev. W.W. Eifert officiating. Burial will be in Oakwood Cemetery.

WALLACE RICHARD HALL

Wallace Richard Hall, 81 years old died at South Gate, Calif. Jan. 29.

He was born near Mazeppa, and worked as a printer in Mazeppa until 1905, when e moved to Glen Ullin, N.D., where he published a community paper for 25 years. He moved to California 26 years ago.

He leaves two daughters, Irma Hall and Mrs. Lucille Kirk of California; four sisters, Mrs. Maria Cole of Zumbro Falls, Mrs. Hiram Thompson of Conrad, Mont., Mrs. Earl Hansen f Napa, Calif. and Mrs. Clarence Cornell of Moorhead, Minn., and one brother, Prosper of Potlatch, Idaho.

He was a member of the Masonic Order.

Burial was in Inglewood Park cemetery at South Gate.

Story of the Week

The young man was eating dinner at his girl's house, and could not enthuse enough about the roast, rolls and dessert.

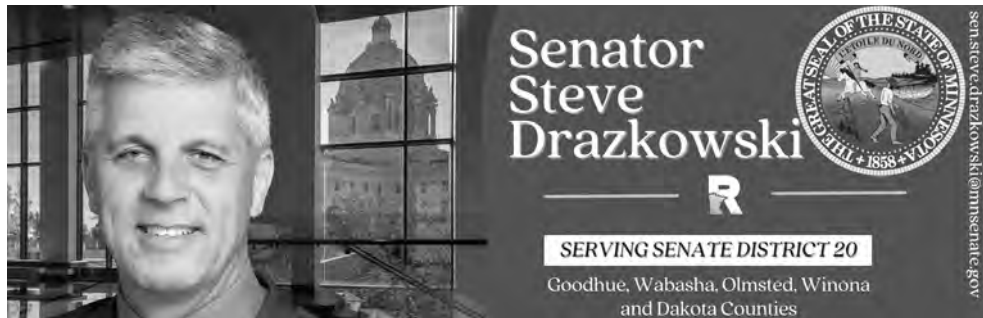
"Well, "his girl replied, "Those recipes were handed down from my grandmother to my mother, to me. That's the way they caught their future husbands."

So, after dinner, the young man took his girl for a ride, parked on a lonely county road, and announced he was out of gas.

"I didn't think you'd pull an old trick like that," she cried in exasperation.

"That," said the boy friend "is an old recipe handed down from my grandfather, to my father, to me. That's the way they got their future wives.

Historical Happenings are taken directly from the archives of the original papers as printed. Any discrepancies need to be taken up the Editor and Publisher of the said papers, who are deceased.



Dear Friends and Neighbors,

Fall has arrived in Minnesota and we can look forward to hunting, to glorious fall color and to family get togethers at this harvest time of year. I have several news items about a new MN Supreme Court ruling in the area of self defense, new information for businesses about the new paid family leave law, A field report for the approaching deer hunting season in our area and recent funding for broadband in the district.

New decision regarding

"Duty to Retreat" in firearms case

You have no duty to retreat inside your home but what about in defense of another?

In the August newsletter, I detailed a case before the Minnesota Supreme Court that resulted in a decision to put "brandishing" a weapon in self-defense into a gray legal area.

The court determined that an individual cannot brandish a deadly weapon in self-defense if they have a reasonable ability to retreat.

The courts have spoken again on a different self-defense case involving the duty to retreat when defending someone else.

The Valdez case involved two step-brothers who were confronted by an acquaintance who was high on methamphetamines and attacked one of the brothers, choking him. The other brother shot the assailant and killed him. Attorney General Keith Ellison, upholding a lower court ruling, tried to argue that the shooter had the ability to retreat and thus was guilty of murder. The Supreme Court decided against the state, arguing that the law clearly states that self-defense extends to the defense of others. You are not required to abandon your child, brother, spouse, or friend if someone threatens them with bodily harm if THEY cannot retreat safely.

This seems obvious, but we can't take common sense for granted anymore when it comes to liberal, anti-gun courts in Minnesota. Fortunately, the ruling they made here was correct.

You can read the decision here: (opens a pdf): <https://www.mncourts.gov/mncourts-gov/media/Appellate/Supreme%20Court/Standard%20Opinions/OPA221424-100924.pdf>

Paid Family Leave information for business owners

Per Minnesota's Paid Leave Law, Minnesota employers need to report wage details for their employees starting October 31, 2024. Once benefits begin on January 1, 2026, this information will determine the premiums paid by employers and employees, and the eligibility and benefit amount for individuals under Paid Leave.

Paid Leave covers most Minnesota employers with one or more employees, with exceptions for employees of tribal nations or the federal government and self-employed individuals unless they choose to opt in to get coverage for themselves.

Paid Leave will use the same online report-

ing system as Unemployment Insurance (UI). No additional steps are needed from Minnesota employers if all of their employees are covered by UI, as the same account and quarterly wage detail reports will serve Paid Leave. If an employer has some or all of their employees not covered by UI they may need to create an account to submit wage details by October 31, 2024.

More information is available here: <https://paidleave.mn.gov/employers/resource/index.jsp>

Deer hunting report for southern Minnesota

Firearms deer hunting season opens on November 9 in Minnesota. Hunters usually know the deer permit area number for where they plan to hunt prior to buying a license but they should also ensure they understand chronic wasting disease regulations and sampling options for that area. Hunters can find these details using the DPA lookup tool (mndnr.gov/deerhunt).

Deer hunters are required to have deer 1 year or older sampled for CWD in all CWD management and surveillance zones during the opening weekend of the firearms A season Saturday, Nov. 9, through Sunday, Nov. 10, and during late CWD hunts Friday, Dec. 20, through Sunday, Dec. 22. Additional information about CWD requirements and sampling options can be found at the Minnesota DNR's CWD webpage (mndnr.gov/cwd).

The DNR has put out this field report about the upcoming season in our region:

"Deer populations continue to increase in southern Minnesota, and deer fared well over last year's mild winter. Prolonged June flooding during the fawning and fawn rear-

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ing season likely had a negligible effect on the population.

River floodplains offer some of the best deer habitat and deer hunting in southern areas of the state. Prior to flooding this year, there were several years without a major flood, and vegetation in these floodplains has grown to the point of offering excellent cover for deer, which bodes well for deer hunters. Bluff lands that overlook floodplains offer oak and other sources of nuts and seeds that saw a moderate to excellent crop in 2024. Large areas of grass with embedded wetlands are also prime deer habitat. If water levels continue to lower, hunters will have easier access to this type of habitat."

Broadband funding in District 20

The Office of Broadband Development's newest list of broadband grant recipients has been announced. The grants are from two closely related programs: the Border-to-Border Broadband Program and the Low Population Density Program. These programs are possible through federal tax dollars matched by state tax dollars and state dollars matched by local tax dollars and private contributions. Here are the projects impacting our district:

The Kasson & Mantorville Telephone Company project will extend Fiber-To-The-Home capabilities to locations in rural Olmsted County. This project will enable the delivery of up to 1 GB upstream and downstream for internet access with the ability to add additional GBs as needed, serving 83 locations, including 13 unserved locations.

The MiEnergy Cooperative project is in the rural areas of Winona and Filmore Counties. This project will provide services to 396 addresses, including 342 unserved and 54 underserved, and bridge the digital divide by offering residents access to essential services

such as telemedicine, online education, and remote work opportunities.

In addition, a business in Cannon Falls, Pachyderm Studios, a well-known studio in the music recording industry, now has high-speed broadband internet. After connecting with the Office of Broadband Development, they were directed to the Broadband Line Extension Connection Program, which awards grants for extending existing broadband infrastructure to unserved locations.

Through these efforts, the studio raised a match in local funding to help secure the new fiber line through local provider HBC, which received state funding.

Election information

Here are the key links to find election information for Minnesota Citizens:

Finding a county's election office (<https://www.sos.state.mn.us/elections-voting/find-county-election-office/>).

For election day voting, the Secretary of State's polling place finder.

I only send these out about once a month when the legislature is not in sessions (yes, we still have a part time legislature in Minnesota!) but please do contact me at any time to share any issues, concerns, or feedback you have to assist me in best representing you. The best way to reach me is by email at sen.steve.draskowski@senate.mn or by phone at 651-296-5612. My legislative assistant is Margaret Martin, and her number is 651-296-4264. She will be happy to assist you, in or out of session.

*Sincerely,
 Steve Draskowski
 Minnesota Senate, District 20, Wabasha, Goodhue, Winona, Olmsted, and Dakota Counties*

MN Rep. Jacob Urging Zumbro Falls Residents to Vote with New Ballot Mailed to Homes

Minnesota Rep. Steve Jacob is urging Zumbro Falls residents to vote with a new ballot that has been mailed to their homes.

On September 24, those residents received a ballot that incorrectly listed Minnesota House District 20A candidates as their choices for state representative.

However, the City of Zumbro Falls resides in Minnesota House District 20B, thus meaning the two choices available for that race were not accurate. Rep. Jacob represents District 20B.

"It is imperative that Zumbro Falls residents use the new ballots to vote, even if they voted previously with the incorrect ballot," Jacob said via a press release.

"If you are still sitting on the ballot you received in September, throw it away and use the new one that you'll find in your mailbox."

Complicating matters, according to Jacob, is that voting by mail is the only way Zumbro Falls residents can vote. If a resident already voted with the original – and incorrect – ballot, it will not be counted.

Because of the major ballot error, an order from the Minnesota Supreme Court was needed to issue a new corrected ballot prior to Election Day. Jacob said that has now occurred, and new ballots for Zumbro Falls were mailed on October 8 and are arriving in mailboxes.

"The Zumbro Falls ballot issue speaks to the concerns people have with election integrity," Jacob said via a press release. "Now, there are two sets of ballots floating around with all the other candidates' names on them as well. How can the government tell people that their ballot is secure and anonymous while at the same time, tell people they can track each ballot to know if that ballot should be rejected due to being improperly printed?"



District 20B Candidates

(continued from page 1)

District 20B is a largely rural District containing more than half of the townships in Olmsted County, along with large portions of western Winona County, southern Wabasha County and Southern Goodhue County.

As a fourth generation family farmer and ten year Winona County Commissioner, Jacob has proven to be the perfect fit for District 20B. Jacob has served on countless water resource boards and volunteer committees over the years.

When elected to the legislature in 2022, Jacob was appointed to the Agriculture and Finance committee, the Environmental and Natural Resources committee, the Office of Legislative Auditor and the Subcommittee on Minnesota Water Policy where his Agriculture and Environmental background have proven effective in dealing with small town and rural issues such as the petition to the EPA regarding nitrates in Southeast Minnesota.

Jacob also led the charge in his first year as a legislator to defeat the Driftless National Park proposal that would have devastated the area.

Jacob has a long record of being a Government Watchdog and has a proven track record of downsizing government. He looks forward to continuing that mission.

Jacob has been married to his wife Mary for 37 years. Their marriage is based on the firm foundation of Jesus Christ. They raised their family of four children on the 146 year old family farm. Steve and Mary are the proud grandparents of five grandchildren and they have been active on countless community service and church committees over the years.

Jacob stated, "I am thankful for my support throughout the years and I look forward to the Campaign ahead in 2024. I am blessed by supporters who understand the gravity of the need to break up the Democrat controlled House, Senate and Governor's office. Together, our team will end the Democrat controlled trifecta and elect conservative candidates up and down the ticket from President to County Boards, Township Boards, School Boards and everything in between! God Bless America and God Bless Minnesota!"

Steve was first elected as a conservative Winona County Commissioner nearly twelve years ago. During his time on the Winona County Board, he's demonstrated his ongoing commitment to rural values: faith, family, and farming. He has four adult children and five grandchildren living nearby.

Six generations of Jacobs now reside on the original 300-acre family farm. Steve's younger days were busy preparing to take over the family's farming legacy. He's spent his life as devoted Christian pursuing various pursuits on the family farm. His interest in politics and government came out of his own journey of government overreach. Steve has been active on a myriad of church, community, and county boards and volunteering.

Michael Hutchinson District 20B

I'm Michael Hutchinson, please call me Hutch. I'm a patriot, a veteran, and a progressive. I launched my campaign for District 20b in April of last year. I grew up poor and enlisted in the U.S. Army after high school. I served on active duty and in the National Guard, using the GI Bill to earn a degree from Kent State. I've been employed as a marketer for 14 years and I currently work remotely as an operations manager for an environmental testing company from my home in Zumbrota. I've been happily married for almost a decade, and my wife Allyse and I share our lives with three dogs and two birds.

I believe that our government is best when it is truly "by the people and for the people". Too many professional politicians use their

1st Congressional District Candidates

(continued from page 1)

Brad is proud to have served as State Director for USDA Rural Development in Minnesota where he worked to support infrastructure improvements, business development, homeownership, community services such as schools, public safety, health care, and high-speed internet access in rural areas. He previously served three terms in the Minnesota Legislature. He also held executive positions with the Minnesota Turkey Growers Association and the Center for Rural Policy and Development.

My name is Rachel Bohman, I'm a Rochester native, and I am so excited to share with you that I'm running for Congress here in Minnesota's first district! I'm running because I believe in a vision of shared prosperity for Southern Minnesota and I know that

this country works best when it works together.

I'm a former local elected official on the Rochester Township Board. When I ran in that very moderate area, I won because we built a campaign on neighbors talking to neighbors about the issues affecting them right here at home. I know that we can do the same thing all across this district.

I'm a former Assistant County Attorney. I know firsthand what it means to keep our communities safe, and that we all deserve a fair shot to thrive right here in our own neighborhoods.

And most importantly, I'm a mom. I was raised in Rochester by a single mother and when I started my family 16 years ago, I knew that there was nowhere else in the world I wanted to raise my two daughters.

Election Day

2024 Tuesday, November 5

government positions as a way to enrich themselves and their corporate donors instead of serving the needs of the people. When elected, it is my duty to first serve the people of this district, then the citizens of the great

state of Minnesota and third, all Americans. I will never prioritize the desires of billionaire interests or giant corporations above my fellow citizens.

District 20A Candidates

(continued from page 1)

Ultimately, this pushed Pam outside of her comfort zone and she began her own business in direct sales.

Pam has worked over the past year to protect individual freedoms. She is a founding member of Minnesota Patriots, a grassroots organization, fighting for Minnesotans' freedoms and defending against unconstitutional government mandates to protect your Second Amendment rights. She will always stand for protecting your rights from government overreach. Over the last two years, the governor's office has made a habit out of stripping away your freedom. It needs to stop.

Pam will fight to make it easier for law-abiding citizens to protect themselves and their families. She will do everything in her power to protect and promote our 2nd amendment rights. Chicago has one of the strictest gun control laws in our country and also some of the highest murder rates in the country with guns. The only people gun control hurts are law-abiding citizens who have a more difficult time procuring a gun to protect themselves and their families, not criminals who do not follow laws anyway.

As a business owner and mother, Pam knows the importance of balancing budgets and living within your means, and she believes the state government needs to learn this important lesson too. Right now, the politicians in St. Paul are not respecting your taxpayer dollars, in the legislature, Pam will work to ensure the state budget and tax code are working for you and you are keeping more of your hard-earned dollars.

Pam will be a strong advocate for election integrity. Voter ID, paper ballots, same day voting all are common sense solutions to a system that right now is lacking the public's trust. Most will agree that if we don't have fair elections, then we will lose our country and that is why Pam for the last year has already been working towards this issue by providing education through speakers and awareness to help inform and support the public on what we can do to help bring our faith back in having fair elections.

Pam knows that children are rural Minnesota's greatest asset and she has seen firsthand the importance of high-quality education opening doors to success for future generations. As a mother of five, she knows how we can continue to ensure our school systems thrive. In the legislature, Pam will ensure robust funding follows students, and

parents' voices are empowered to ensure our school districts are doing what's best for the children. She also believes strongly in school vouchers and school choice as a necessary tool to improve our education system and put our children first.

Heather Arndt District 20A

Heather Arndt was raised on her family farm in Belle Creek Township and graduated from Wanamingo High School. A long-time community champion and defender of rural Minnesota, Heather has spent her adult life in service to our country. She helped lead the bipartisan fight against Zip Rail and for a safer highway 52 corridor for area residents. Arndt, a retired Lieutenant Colonel from the United States Army National Guard serving 28 years with two tours in Afghanistan, earning a Combat Action Badge and a Bronze Star, will bring her history of leadership to deliver results for the residents of House Seat 20A.

Heather is the former Chair of the Goodhue County DFL, has a bachelor's in political science, a Master of Science in Plant Science and a Master of Science in International Agriculture. She works in emergency preparedness, planning how agencies can step up in times of local man-made and natural disasters.

Heather believes in: the importance of protecting long-term care healthcare in our communities; keeping our local economies strong by working together to find ways for folks to earn a livable wage while allowing our small businesses to thrive; the importance of helping our public schools succeed; continuing to build ways for family farms to grow and succeed; and protecting the rights of all to be who they are and make their own decisions.

I'm running because I believe our state government can, and should, take the steps necessary to protect the interests of everyday Minnesotans.

I'm running because I believe with my non-partisan, issue focused, moderate beliefs, combined with my fiscally conservative ideals that I can successfully work with all Minnesotans, Democrats and Republicans, who want to move our state forward in the interest of those who need us most; seniors, children, folks with disabilities, local economies, and everyday workers.

I believe together we can walk away from extreme rhetoric and find the common ground needed to keep Minnesota a great place to live, work, and enjoy our lives.

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Regular Meeting of the Mazeppa City Council

Meeting Minutes

Wednesday, October 9, 2024

The regular meeting of the Mazeppa City Council was called to order at 6:00 PM by Mayor Chris Hagfors.

The Pledge of Allegiance was said.

Present: Mayor Chris Hagfors, Council Persons Steve Liffri, Michael Hammes, Dustin

Wiebusch, and Erica Young.

Others Present: City Attorney Luke Lamprecht, City Engineer Matt Mohs, Municipal Liquor Store Manager Todd Ihrke, Public Works Director Scott Ellingson, Andrew Forliti from Smith-Schafer, Wabasha County Patrol Sargent Jason Bade, John Clemens, Andrew Miller, and City Administrator-Clerk Karl Nahrgang.

Present via electronic meeting: Holly Galbus from the News Record.

Motion by Hammes, second by Liffri to approve the agenda, as amended and addendum. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to approve the September 11, 2024, regular Council meeting minutes and the September 25, 2024, Special Council meeting minutes. All in favor, none opposed. Carried.

Wabasha County Sheriff's Patrol Sargent Jason Bade gave the monthly Incident Command Report. He said that the hours provided are short due to officer staffing, but that Mazeppa has been calm.

Public Works Director Scott Ellingson gave the Public Works report and asked for Council's opinion on trash can options for the central business district and will be ordering them soon.

Administrator Clerk Karl Nahrgang read the Fire Department report.

Municipal Liquor Store Manager Todd Ihrke gave the liquor store report.

City Engineer Matt Mohs presented the en-

gineering report.

Motion by Wiebusch, second by Young to approve contract with American Engineering Testing for testing services associated with the Wastewater Treatment Plant project. All in favor, none opposed. Carried.

John Clemens confirmed that a damaged branch on 3rd Ave. between Oak and Aspen Streets poses a danger to anyone using the road.

The City has already contacted a tree service to trim branches.

Motion by Young, second by Liffri to approve building permits 24-920-078, 269 Hwy 60 E – commercial/retail building. 24-920-091, 281 1st Ave. N – furnace install. 24-920-082, 1535 Cherry St. E – deck. 24-920-080, 247 Hwy 60 W – building addition. 24-920-079, 1465 River Bluff Rd. SE – Fire-place. 94-920-086, 322 Maple St. NE – re-roof. 62, 347 5th Ave NE – in-floor heat. 24-920-063 331. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve 2024-2025 snow removal contract with Wabasha County to pay the City of Mazeppa \$3303.16 for snow removal along County Road 1 (1st Ave.) from Hwy 60 to Chestnut St. and along County Road 54. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to table personnel handbook. All in favor, none opposed. Carried.

Chestnut Estates development contract is in the process of being re-signed and notarized.

First Reading of Ordinance 2024-04 regulating cannabis businesses.

Motion by Wiebusch, second by Young to set a public hearing for November 13, 2024, at 6:00 PM regarding Ordinance 2024-04 regulating cannabis businesses. All in favor, none opposed. Carried.

Culvert outlet repair at 3rd Ave. SE will be reconsidered to be addressed when more riverbank funding is secured.

Andrew Forliti of Smith Schafer reviewed the 2023 audit for Council.

Motion by Young, second by Hammes to approve 2023 City Audit. All in favor, none opposed. Carried.

Motion by Young, second by Liffri to set the Truth-in-Taxation hearing for December 11, 2024, at 6:30 PM. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to accept quote from Legends Concrete for drive over curb and gutter installation on 5th Ave. NE for \$11,660 and for 3rd Ave. NE for \$13,200. All in favor, none opposed. Carried.

Andrew Miller, representing the Mazeppa Trail Committee updated the Council on the grant process. He has been working with the City engineer on planning steps for letters of intent for 2 separate grants offered by the State of Minnesota. Mr. Miller will send letters of intent to City Hall for additional information and to be submitted by October 18, 2024. Mr. Miller asked the Council to approve an official trail map for grant submissions.

Motion by Young, second by Wiebusch to set a public hearing for November 13, 2024, at 6:30 PM on an official City of Mazeppa Trail Map. All in favor, none opposed. Carried.

Motion by Liffri, second by Young to approve Resolution 2024-30 Accepting donations from the Mazeppa Lion's Club. All in favor, none opposed. Carried.

The City of Mazeppa is a member of the Zumbrota Area Ambulance Association, a joint powers agreement. New membership requires current member approval.

Motion by Young, second by Hammes to approve Mazeppa Township joining the Zumbrota Area Ambulance Association. All in favor, none opposed. Carried.

Motion by Young, second by Hammes to table Ordinance 45-1.25 setting 2025 City fees until fees can be reviewed and added if

need be. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Hammes to accept quote for \$14,300.85 from Outback Fence & Fabrication for the dog park to be fenced. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Hammes to pay the bills and claims. All in favor, none opposed. Carried.

Motion by Liffri, second by Hammes to Close the meeting to protect attorney-clint privilege under Minnesota Statute 13d.05, subdivision 3(b) where the attorney client privilege outweighs open meeting requirements regarding litigation of service of claim by MB Sveen Properties LLC regarding public's right to use the portion of 4th Ave. NE crossing parcel R23.00249.00. All in favor, none opposed. Carried.

Regular meeting of the City Council was closed at 7:23 PM.

Motion by Wiebusch, second by Liffri to re-open the meeting. All in favor, none opposed. Carried.

Regular meeting of the City Council was reopened at 8:21 PM.

Motion by Wiebusch, second by Young to take no action on claim in potential litigation with MB Sveen Properties, LLC. All in favor, none opposed. Carried.

Council members requested the City engineer to schedule a formal groundbreaking ceremony for the new Wastewater Treatment Facility.

Motion by Liffri, second by Hammes to adjourn the meeting. All in favor, none opposed. Carried.

Meeting adjourned at 8:28 PM.

Administrator-Clerk

Mayor

Next meeting: 6:00 PM, November 13, 2024.

Zumbro Falls City Council Minutes - September 11, 2024

The Zumbro Falls City Council met at City Hall at 6PM. Present at the meeting were all council members, Fire Chief, Scott Kennedy, and Guest, Kelly Preble.

The meeting was called to order by the Mayor. The clerk read to council the minutes from the August meeting which were accepted as read by a motion from Bankers, seconded Benson, all in favor, carried.

Treasurer's report followed with acceptance by a motion from Anderson, seconded Bankers, all in favor, carried.

Kelly Preble, representing the Christmas Committee for 2024 told council about all the events and plans in the making for the event. This event will be held on December 14th. The council agreed to sponsor the lighting contest with a motion from Benson, seconded Anderson, all in favor, carried.

Scott told council that Kurt Schnell will be retiring from the Fire Department after 15 years of service. The 2024 Ford Truck purchased to be put in service is waiting for light bars that are back ordered.


Resolution 24-03 was accepted with a motion from Anderson, seconded Benson, all in favor, carried. This is the snow removal proposal agreement with DOT for the 2024-2029 seasons.

It was agreed that the City would prepay for 3000 gallons of LP with Lawler Gas Co. A motion of approval was made by Benson, seconded Anderson, all in favor, carried.

After additional discussion on the budget, it was decided to raise the Levy by 4% to cover inflation costs. A motion to move forward with this increase and approve the General City budget along with the Sewer and Water budget, was made by Bankers, seconded Anderson, all in favor, carried. A motion from Benson, seconded Bankers, all in favor, was made for the treasurer to look at outsourcing some of the general city excess funds into short term investments.

Meeting then adjourned around 7PM with all bills presented to be paid by a motion from Anderson, seconded Benson, all in favor, carried.


Submitted by,
Susan Eischens, Clerk



Tuesday, November 5, 2024 is Election Day, when citizens of each precinct, district, county, and state choose people to represent us at each level of government. During each election, messages are broadcast about the virtues of each candidate, and the shortcomings of the opponent. Voters take the information available and make choices about how they feel they want the next 2 years, or 4 years to progress.

To ensure free and fair elections, there are people that volunteer, train, and become election workers. These individuals are civic minded people that believe in the integrity of our system of democracy and give their time and effort to see that election rules are followed, and polls are orderly. Thanks to all election workers, for keeping elections organized and free.

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 16. Mimicked
 17. *Like House with Oval Office
 18. *The Hunchback's home (2 words)
 20. Listening devices
 21. Flirtatious stares
 22. Salt, in Spanish
 23. *_____ State Building
 26. TV shows, e.g.
 30. Will Ferrell's "Funny or _____"
 31. Steve McQueen's "The Great _____" (1963)
 34. Toss a coin
 35. _____ & Young financial services company
 37. Kimono tie
 38. Sweating room
 39. Short skirt
 40. Batter (2 words)
 42. Lake, in French
 43. Anise seed (1 word)
 45. *_____ of Versailles or Buckingham _____
 47. _____ of war
 48. Sinbad the Sailor's home
 50. Not good
 52. *St. Basil's in Moscow or St. Paul's in London
 56. *The Parthenon in Athens is made of this
 57. Capital of Norway
 58. Aeneas' lover
 59. More slippery
 60. Animal protein
 61. Independent chieftain
 62. High degree
 63. TV program interruptions
 64. Retired, abbr.
- DOWN**
1. CAT or PET, e.g.
 2. *Key Tower, tallest building in this Buckeye state
 3. Laundry room fire hazard
 4. Type of local tax
 5. Pupa, pl.
 6. Things
 7. Give up a state
 8. Dam-like structure
 9. Not misses
 10. Football's extra point
 12. Soup scoopers
 13. Make a solemn promise
 14. *Burj _____, tallest building in the world
 19. Wading bird
 22. "Monkey _____, monkey do"
 23. Bodily swelling
 24. Rice wine
 25. 1/100th of Finnish markka
 26. Rotisserie skewer
 27. Spurious wing
 28. Cancer-treating machine, acr.
 29. *_____ Needle, Seattle
 32. For boys and girls
 33. Lawyers' org.
 36. *_____ Chapel, Vatican City
 38. Flat replacement
 40. "_____, borrow or steal"
 41. Eventual outcome
 44. Leonhard _____, Swiss mathematician (1707-1783)
 46. Portable stairs
 48. Headquartered
 49. Road-tripping guide
 50. Carve in stone
 51. Emptiness
 52. Vegetative state
 53. Ice crystals
 54. Passage in a coal mine
 55. Voldemort's title
 56. Small amount of drink

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