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INTRODUCING THE Class of 2025

(pages 8-11)

Announcements

- **Goodhue Pool Swimming Lesson Registration starts Tuesday, May 20.** Age 4 and up at City Hall 3:30 p.m.-6:00 p.m. Lesson schedule coming soon. Pool opens June 2nd!
- **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.
- **Three Rivers Community Action** is currently accepting new Meals On Wheels clients in the communities of Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon and Wanamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. For more information on how to sign up for meals or to be a volunteer driver, please contact Dana Bergner at 507-421-6067 or dbergner@threeriverscap.org

Do you have an announcement?
Email: hometownmessenger@gmail.com

Dressed to a Tea

By Beth Brekke

The expression, "Three cups of tea" comes from a Pakistani proverb that says, "When you share the first cup of tea you're a stranger, with the second cup you are a friend, and with the third cup you become family". Strangers, friends and family gathered at St. Luke's church on April 12th to share some tea, snacks, entertainment and fellowship. Guests could browse the display of teapots and vintage garments before and after the 2 pm event that raised funds for new kitchen items.

Anna Russell, the 7th Duchess of Bedford,

is credited with creating this British custom in 1840. To mitigate midday hunger, she called for tea, bread, butter, and cake to be served between lunch and late evening dinner. She began inviting friends to join her and the social ritual gained popularity. Hotels and restaurants offered tea and commercial establishments like teahouses and tearooms emerged. (continued on page 7)

Pictured to the right: Planners and hosts of St. Luke's tea party, Sharon Buck and Karen O'Reilly "Dressed to a Tea"



Goodhue FFA Sponsors Ag Day



About two dozen tractors and related farm equipment lined the street of the school parking lot on April 11th.

By Beth Brekke

Goodhue students celebrated Ag Day by driving tractors of all ages and sizes, harvesting equipment, a milk tanker semi, and trucks with livestock trailers to school on April 11th. Students spent the day getting a close up look at the equipment and hands-on experience with a combine simulator and a variety of livestock. (continued on page 13)

2025 Goodhue County Dairy Princesses



Chloe Sjoquist, Jenna O'Reilly, Natalie Clemenson

(2025 Goodhue County Dairy Ambassadors page 12)

CONGRATULATIONS GOODHUE SENIOR CLASS OF 2025

Jerry Tipcke
Brandon Haidar
www.Vothinsurance.com
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Pastors Corner



By Pastor Eric Hanson,
St. Luke Lutheran Church

During Easter I'll get to preach on Luke 24:13-35. It's worth a read if you have time. It's one of the very few stories of Jesus meeting His disciples after the resurrection. In the story, two disciples are walking the seven-mile road from Jerusalem to a town called Emmaus. On their journey they're debriefing the crazy events that happened to them and to Jesus from Good Friday to Easter Sunday. I love that their debriefing together on a walk. How often have you debriefed life with somebody on a walk in order wrap your head around amazing or difficult happenings? Apparently, people have been doing that for thousands of years. I like that. It makes me feel normal.

On their walk one of them says something important. He says, "We were hoping Jesus would be the one who would redeem Israel." The word he uses for "redeem" is the Greek

Word "Lutroo," which might better be translated in this context as "liberate." These two disciples had hoped Jesus would fix the power imbalance between Rome and Israel. They hoped Jesus would liberate the Jewish people from Roman power. None of that happened, and it wasn't going to happen. Not in their lifetime. So, what were they debriefing? Loss. Loss of a future they hoped Jesus would bring. Loss of a hope they carried for years. Loss.

To that end, Jesus meets the on the road and decides to explain some things to them, but they don't recognize Him. As a perceived stranger, he explains that God's savior had to suffer and die; that death and resurrection were part of God's story the entire time, that God wasn't out to destroy empires, God in Jesus was destroying sin and death. And after Jesus is finished explaining all these things to them and breaking bread with them, Luke tells us, "Something like scales fell from their eyes," and they finally recognize Jesus sitting in front of them. In short, they finally see the New Thing God is doing in the resurrected Jesus.

It makes me wonder, how often do we mistake the resurrection and new life God brings as some weird sort of redo rather than actually something NEW.

When old marriages fail, we oftentimes think new life should come in the form of a new marriage that works. What if instead, new life comes in the form of a really blessed single life where we deepen relationships

with extended family members and friends? After a move we oftentimes search for new life in the form of the same type of friends, the same type of job, the same type of lifestyle in our new locations that we left in the old locations. What if new life means meeting vastly different people than the ones we left? What if new life means engaging in vastly different forms of employment? What if new life means a whole new lifestyle, not just a resuscitation of something old? When sin damages our relationships, we oftentimes think new life means God will bring the people we hurt back into our lives. Unfortunately, sometimes when people walk away, they stay gone. What if new life means hav-

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St. Luke Lutheran Church in Goodhue is looking for a Contemporary Music Director. The Director would lead music ministries for a once-a-month contemporary worship service at St. Luke.
Interested in hearing more?
Please reach out to Pr. Eric Hanson at anspachh2002@gmail.com or the office of St. Luke Lutheran at office@stlukegoodhue.org

ing the courage to engage with new people and communities, forming new relationships we never had before.

My point is, new life isn't a redo of something old. It isn't pumping life into a dead corpse hoping it will get up in the same way it went down. New life means the things around us, the people around us, the geography around us, the thoughts in our heads, the values in our hearts, the energies from our bodies, all of it, might actually change and become something brand, spankin', NEW.

God doesn't promise a redo in the Easter Story. God promises something NEW. Thank God for new life.

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Father Thomas McCabe • www.holytrinitygoodhue.org
211 4th St. N., Goodhue • 923-4472
Parish Office Hours, Mon.: 9:00AM - 2:00PM
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)
Tues.: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
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We practice because we are not yet perfect!

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221 Chester Avenue • 923-4472
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Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass
Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
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County Road 47, Goodhue • 923-4472
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Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

GRACE EV. LUTHERAN CHURCH (WELS)
Pastor Martin Weigand
39774 Co. 4 Blvd., Goodhue • 651-923-4624
gracelutheranchurch@gmail.com • www.gracestpeters.org
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY
Thomas
Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came.
— John 20:24
I can understand Thomas's doubt. For whatever reason, he wasn't with the other disciples when Jesus first visited them after his resurrection, so he hadn't seen Jesus firsthand. Maybe he should have taken the disciples' word for it when they told him they had seen Jesus. Maybe he should have had more faith. Or maybe he was just an untrusting sort of person. Whatever the case, Thomas said he just couldn't believe Jesus was alive until he saw Jesus for himself.
When Jesus came again and Thomas could see him, Jesus was patient with Thomas. Jesus even showed Thomas what he said he needed to see in order to believe. But Jesus also noted that all who believe without seeing him will be blessed.
Today that includes you and me. Belief without seeing is the nature of our faith most of the time. We probably won't see Christ in person until we join him in eternity. Until then, though, we believe even though we have not seen.
We are called to have faith in Jesus for who he is, all he has done, and all he has promised. We believe because others have seen, because others have witnessed, and because their testimony is in God's Word to us, along with all of God's promises. We believe because the Spirit of God guides us into the truth of God's Word and gives us faith (see John 16:7-15; Ephesians 2:6-10). And in believing we are blessed.
Lord, help us to believe even though we have not seen. By your Spirit, lead us to know the truth that brings life in you. Amen.

ST. JOHN'S EV. LUTHERAN (WELS)
Pastor Randall Kuznicki
Minneola Twp. Co. Rd. 7, rural Zumbrota
Sunday Worship 10:00 a.m.; Communion 3rd Sunday
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD
Pastor Steven Frentz
28961 365th St., Goodhue
651-923-4438
Email: stpeter@sleepyeyetel.net
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10:30a.m. Worship
Email your church announcements, schedule to the Messenger at: hometownmessenger@gmail.com

MINNEOLA LUTHERAN CHURCH
Pastor Hannah Bergstrom de Leon
www.minneolalutheranchurch.com
13628 Cty. 50 Blvd., Goodhue
Office line: (507) 218-7177 • Pastoral Care: 507-218-9063
10:30a.m. Sunday Worship
Sunday School the first 2 Sundays of the month at 9:30am.

ST. JOHN'S EV. LUTHERAN CHURCH (WELS)
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36620 Co. 4 Blvd., Goodhue • 651-923-4773
Sunday 9:00am Worship
Communion offered on the 2nd & 4th Sundays.

ST. LUKE'S LUTHERAN CHURCH (ELCA)
Pastor Eric Hanson
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Email: office@stlukegoodhue.org • 651-998-7106
8:30a.m. Sunday School
9:30a.m. Sunday Worship
6:45p.m. Wednesday Worship
www.stlukegoodhue.org

ST. PETER'S EV. LUTHERAN CHURCH (WELS)
Pastor Martin Weigand
702 West Third Ave., Goodhue, MN • 715-441-5086
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m. at Grace.
Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.

A silhouette of a church building with a cross on top, and a family of four (two adults and two children) standing in front of it.

Terry J. Crist

Evangelist Terry J. Crist, 77, beloved minister and longtime Mooresville resident, was welcomed Home to Jesus on April 13, 2025. Terry was diagnosed with an aggressive brain tumor just a month ago and died peacefully at home, where he was surrounded by hymns of praise and the deep love of his family. Terry was born May 21, 1947, in Kirksville, Missouri, to the late Russell Paul and Willadeane (Bunch) Crist. Terry married the love of his life, Karen (Runner) Crist on December 30, 1966, and she survives.

Terry graduated from Liberty High School (R-1) in 1965 and continued his education at Midwest School of Evangelism (M.S.E.), completing five years of school in three. Knowing of his strong desire to be a pastor, Terry went straight into the ministry out of high school. He served in Ridgeway, Missouri, Goodhue, Minnesota, and came to Mt. Gilead Church, Mooresville, in 1972. He also served for nine years in Pittsburgh at Monroeville and North Hills Christian Churches. While at Mt. Gilead, Terry served as the senior minister for 16 years and as pastoral minister for 24 years. To say that Terry was a fixture at Mt. Gilead and in Mooresville is a gross understatement. He was deeply devoted to serving others in the Lord. He loved the church and was most proud that Mt. Gilead continues to grow.

Terry was a member and past president of the Mooresville Kiwanis Club and also served as Lieutenant Governor. He was the Boy Scout Institutional Representative for 20 years. Terry never missed an opportunity to visit his beloved homeplace in Missouri, play a round of golf, or enjoy a wonderful meal with family and friends. Terry always wanted to write a book, and while that did not happen, he was most proud that his daughter Jennifer is preparing to accomplish this task. A true evangelist, Terry became affiliated with Ambassadors for Christ in the Philippines in 1984 and had served as their president since 2002. Terry's strong devotion to the organization led him to visit the Philippines every other year. Terry was a loving and devoted husband, father, and grandfather who simply delighted in seeing his family grow through

the years.

In addition to his parents, Terry was preceded in death by his two brothers, Manford and John Crist.

Survivors include his beloved wife of 58 years, Karen; children, Julie (Steve) Gregory, Jodi White, Tim Crist, and Jennifer (Johnny) Scott; brothers, sister, Deborah (Mike) York; sister-in-law, Mary Crist; grandchildren, Cordon (Sarah) Gregory, Laurel (Austin) Jones, Elise (Cooper) Mills, Grace White and Jadon (Brianna) White; Isaac and Benjamin Crist; Riley (Mallory) Scott, Aiden (Eva) Scott, Finnley, Marielle, and Marianno Scott; great-grandchildren, Emmett, Hattie, Loretta, Layna, Mila, Rain, and Stevie.

Terry's Life Celebration® Visitation and Funeral Service were held at Mt. Gilead Church, 6019 E. State Road 144, Mooresville. Visitation was Tuesday, April 22, 2025, 4 to 8 p.m., and from 10 to 11 a.m., Wednesday, April 23, 2025. The funeral service followed at 11 a.m., Wednesday, April 23, 2025. Burial was in the Mooresville Cemetery. While flowers were appreciated, people were asked to consider making a memorial contribution to Mt. Gilead Church; envelopes were available at the services. Carlisle – Branson Funeral Service & Crematory, Mooresville, is serving the family.

Steven Peter Nibbe

Steven Peter Nibbe, 65, of Goodhue, died Wednesday, April 16, 2025 at Zumbrota Health Services.

He was born August 28, 1959 in Red Wing to John and Janice (Roschen) Nibbe. He grew up in Goodhue and graduated from Goodhue High School, class of 1977. Following graduation he went to work on the family farm. Dairy farming was his passion. He could have had his choice of careers but he saw nothing better than being on the farm. He and his brother farmed together for more than 30 years until his health deteriorated.

He was active in the community and served as the Goodhue Township Clerk. He was active with 4H and FFA. Through FFA he received his American Farmer Award. He was a life-long member of St. John's Goodhue.

Steve was a fantastic uncle who loved tak-

ing his nieces and nephews to help with chores, igloo building, and the occasional gopher trapping. He also taught them all the Nintendo cheat codes. He loved sports and enjoyed playing softball and, while in high school, basketball and cross country. He particularly enjoyed classic 70s rock. When he could no longer farm, Steve still enjoyed drives to check on the planting and visit with neighbors.

He is survived by his siblings; Daniel Nibbe of Goodhue, Kristin (Greg) Mahoney of Pine Island, Paul (Ann) Nibbe of Zumbrota, and Mark (Stephanie) Nibbe of Ramsey; nieces and nephews, Scott and Ben Mahoney, Chelsea Lubahn, Jessica Koball and Maya Nibbe; as well as many great-nieces and nephews; uncle, Lloyd Roschen of Lake City and Aunt and Godmother, Marilyn Roschen of Lake City.

He is preceded in death by his aunts and uncles; Ralph Roschen, Harlan and Kay Stehr, and Marlene Roschen; and his parents.

The family would like to thank Pine Haven Care Center and Zumbrota Health Services for all of the care and support they provided Steve. Also, a special thanks to Kendra and Annika who Steve looked forward to seeing every day.

Funeral service was 1 p.m., Monday, April 21, 2025 at St. John's Ev. Lutheran Church in Goodhue with Rev. Robb Robbert officiating. Visitation was from 11 a.m. until the time of the service at church. Burial at the church cemetery. Memorials are preferred to the church or to St. Jude's Children's Hospital. Online condolences maybe left for the family at www.mahnfamilyfuneralhome.com Arrangements with Mahn Family Funeral Home, Larson Chapel.

Lloyd Norval Kunde

Lloyd Norval Kunde, 92, of Kenyon, MN, died on Friday, April 18, 2025, at United Hospital in St. Paul after a brief illness.

Lloyd was born in Goodhue, MN, on January 1, 1933, to Edward E. Kunde and Hilda A. (Berg) Kunde.

He graduated from Wanamingo High School in 1950, but his school path took him to many locations including District 69

School, Goodhue Town School, Washington School in Red Wing, Dennison Grade School, Nerstrand High School, and finally Wanamingo High School.

While living in Dennison, he was active in the Boy Scouts and in later years, in FFA. He played football, basketball, and baseball all through his school years, including with the famous Dennison baseball team in the early 1950's. After his discharge from the Army, he was the catcher for the Kenyon baseball town team for a few years before switching to fast-pitch softball. After his playing career ended, he kept his hand in the game as a high school baseball umpire. He had a life-long love for all Minnesota sports teams.

He was drafted into the Army in 1955, and stationed at Andrews AFD Headquarters, 75th AFB Missile Battalion until his discharge in 1957. While in the Army, he had a close encounter with President Eisenhower when they ended up shopping in the same store on base. He was always proud that he was able to salute him in person. Lloyd also had the opportunity to play basketball with future Hall of Fame player, Cliff Hagan.

After high school, he helped on the family farm. On May 2, 1959, he married Evelyn A. Nelson at Hauge Lutheran Church in Kenyon. They made their home in rural Kenyon and dairy farmed for 14 years before the farm was sold. At that time, he attended Dunwoody Institute and then opened K&M Plumbing, Heating, & Appliance Repair in Kenyon. He eventually went solo in the plumbing and heating business, later working with his son, David, until this retirement. Lloyd also sold monuments for over 40 years.

Lloyd is survived by his sons, David (Darcy) and Mark; daughter, Kathy, all of Kenyon; grandchildren: Brian Bartel of Zumbrota, Jennifer Kunde and her partner, Mike Wagner of Rochester, and Sage Kunde of Euclid, OH; great-grandchildren: Shontell, Joe, and Jaxson; great-great-granddaughter Juliet, all of Rochester; sisters: Elrene (Vince) Hamann, Adele Kunde, and Ilice Kunde, all of Minneapolis; sister-in-law, Peggy Nelson of Wanamingo; along with numerous nieces, nephews, and friends.

He was preceded in death by his parents; his wife of 64 years, Evelyn (Nelson) Kunde; son, Steven Kunde; brothers, Harlan and Donald; sister, Ilene; brothers-in-law: Alvin Berg, Robert Ullevig, Harris Nelson, and Roger Nelson; sisters-in-law: Carolyn Kunde, Stella Berg, Gladys Ullevig, and Henrietta Nelson; nephew, Gary Berg; and niece, Susan Berg.

A funeral service was held at 11 AM on Friday, April 25, 2025, at Holden Lutheran Church, rural Kenyon. Pastor Dustin Haider officiated. A visitation was held from 10 AM until the time of service. Lloyd was laid to rest at the church cemetery with full military honors.

2025 MAZEPPA MEMORIAL DAY PROGRAM

The Memorial Day Program for Mazeppa American Legion Post 588 will be as follows:

Poplar Grove Cemetery will be 9:00am,
Bear Vally Cemetery 9:30am
and Mazeppa Cemetery at 10:00am.

New this Year will be the Memorial Day Parade which will start at 11am instead of 10:30 and will start at Cherry Street and 1st Ave (Main Street), we will march to the Veterans Memorial where the Program will be held.

This change is being made to allow plenty of time for the Zumbrota Mazeppa Marching Band to make our Parade.

Following the Memorial Day program there will be a Potluck meal at the American Legion.



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Goodhue STEM Teacher Sara Mangan Named 2024-2025 STEM Outstanding Educator

GOODHUE, MN – Goodhue Public School is thrilled to announce that Sara Mangan, the district's Kindergarten through 3rd-grade STEM teacher, has been selected as a 2024-2025 Outstanding Educator Award recipient by STEM Forward (formerly RAMSP). This regional honor celebrates K-12 professionals who demonstrate excellence in science, technology, engineering, and math (STEM) education and are recognized for their initiative, leadership, and commitment to continuous improvement.

Sara Mangan is one of three outstanding educators selected across southeast Minnesota. Recipients of this prestigious award are chosen for their ability to foster high student achievement, promote STEM careers, support continuous professional growth, and collaborate across schools, businesses, and post-secondary institutions.

Mangan's journey into teaching STEM education is both inspiring and unique. After working as a dental hygienist for 10 years, she transitioned into education, holding roles as a

paraprofessional, Reading Corps tutor, substitute teacher, and 5th-grade science teacher before becoming Goodhue's K-3 STEM teacher five years ago. Since then, she has transformed the district's early STEM programming with engaging, hands-on lessons that spark curiosity and build foundational skills in math, science, engineering, and technology.

She frequently brings STEM careers to life by inviting professionals-including a partnership with MnDOT-to lead students in hands-on learning, such as building bridges in the classroom. She also integrates real-world tools and technology to make learning interactive and meaningful.

Mangan also mentors new STEM teachers, collaborates with educators from neighboring school districts, and serves on the Computer Science Leadership Team at Goodhue Public School, helping to shape the district's approach to STEM education. She has helped secure key grants, including the Project Lead the Way and Computer Science Education Advancement grants, that have expanded curriculum and professional development opportunities.

Beyond the classroom, Mangan plays a key leadership role in helping organize the annual Goodhue Public School STEM Fair, an event that encourages students to engage in scientific inquiry and showcase their research. She actively involves the community by recruiting local professionals to serve as STEM Fair judges, reinforcing the importance of STEM education and its impact beyond the school setting.



Left to right: Chris Heitman, Sara Mangan, Lindsey Mangan, and Courtney Bonnin

Mangan was honored alongside her fellow award recipients at the 33rd Annual STEM Forward Gathering. The event is hosted by Southeast Service Cooperative's STEM Forward, a collaborative group of K-12 schools, post-secondary institutions, and business partners including IBM, Mayo Clinic, The

Hormel Institute, and Workforce Development, Inc.

To learn more about Southeast Service Cooperative, visit www.ssc.coop.

To learn more about STEM Forward, visit <https://www.ssc.coop/stemforward>.

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Goodhue Chamber of Commerce Initiates Ribbon Cutting Ceremonies

By Beth Brekke
and Lana Huemann

The Goodhue Chamber of Commerce meets the third Tuesday of every month at 9am. The meeting hosts rotate, giving the different businesses the opportunity to showcase their products, location, and anything else they'd like to share.

The Chamber membership drive started in Feb but membership is open all year long. The organization continues to grow and become more active. They recently sponsored the first new business ribbon cutting ceremony in town. Representatives of J Hill Promotions, Peters Insurance, Goodhue School, Q Media Group, Voth Insurance, Great Rivers Insurance, Workout 24/7, and Lana Huemann Realtor/Trust Realty showed their support April 4th at the Barrel Hut. Linda Eckhoff opened the general merchandise business last November and chose to join the local chamber.



Representatives of Goodhue Chamber of Commerce members, J Hill Promotions, Peters Insurance, Goodhue School, Q Media Group, Voth Insurance, Great Rivers Insurance, Workout 24/7, and Lana Huemann Realtor/Trust Realty showed their support April 4th at their first ever ribbon cutting ceremony honoring the Barrel Hut.



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Other chamber members are: Body and Soul Massage, St. Luke's Church, Blooms on Broadway, Corner Bar and Grill, 2nd Street Pub, Goodhue Car Wash, Goodhue County Co-Op Electric, Goodhue Family Chiropractic, Goodhue Area Historical Society, Holy Trinity Church, Shear Enhancement, St. Peter's Lutheran Church, Seed Plus LLC, News-Record, The Goodhue Depot, Buck's Unlimited, Spring Green Lawn Care, Ag Partners, First Farmers' and Merchants Bank, Goodhue Senior Living, Knobelsdorff Enterprises, and Lodermeier's Inc.

In addition to ribbon cutting ceremonies, the chamber is working to add after-hours

events. Businesses can host an event and encourage other business and community members to come and mingle. They are also currently working on the Farmers Market for the summer and promoting the May 15-17th city wide garage sales.

The chamber provides scholarships for the Miss Goodhue Princesses, sponsors the Christmas light contest and tour of homes plus much more.

If you'd like more information re: membership costs, benefits, activities please reach out to Lana Huemann at 651.380.5177 or athomewithlana@gmail.com

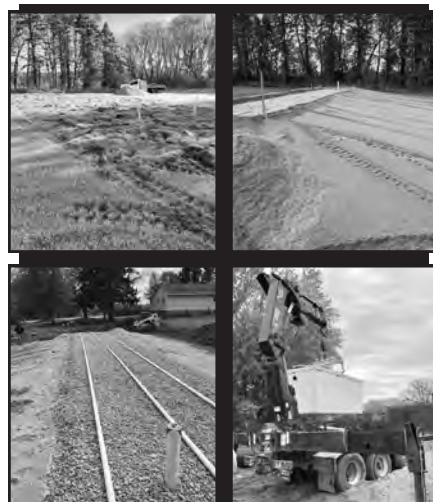
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Rescheduled Quartet Entertains at Goodhue Living

By Beth Brekke

The Lakelanders Men's chorus originally planned to perform at Goodhue Living on February 18th but cancelled due to cold weather. Their invitation to sing for Robert Seeley's Dare to Dream event was rescheduled for April 16th. Robert and his wife, Martha, had front row seats as the barbershop quartet entertained about 25 residents and guests.

Barbershop style music originated in the 1940s and is based on music with a close, four-part harmony sung completely acappella. Longing to restore the popularity of familiar songs and this style of singing led Owen Clifton Cash to create the Barbershop Harmony Society in Tulsa, OK. The organization is now headquartered in Nashville, TN with 700 chapters across the United States and Canada. In 2023 they claimed 14,000 members and over 850 registered, and around 1,000 unregistered quartets.

The Lakelanders group belongs to the society and meets every Monday at 7 PM in Faribault. The four members that appeared at Goodhue Living were Rick, a retired minister from Pine Island; Bill, who worked in the tool business and lived in 5 different states before landing and singing in Minnesota the past 21 years; Keith, a construction worker and farmer from the Kenyon area; and Dave, another retired minister from Zumbrota.

Upon joining the society, every member receives a booklet containing a collection of 12 songs considered standard repertoire for every barbershopper. The purpose of this collection is to always have something ready to sing for impromptu events or when meeting other members.

The quad of gentlemen drew from the familiar tunes including "Let Me Call You Sweetheart", "My Wild Irish Rose", "Melancholy Baby" and others. Having sung in a Rochester chorus for over 50 years, Robert was observed mouthing the words along with



Martha and Robert Seeley applaud a barbershop quartet performance at Goodhue Living on April 16th. The event was part of Robert's Dare to Dream recognition program rescheduled from a cold day in February.

the group who later brought him up to help close the show and take photographs together.

Read more about Robert Seeley and his Dare to Dream event in the March issue of the Messenger at www.goodhuemn.com. For more information or to join the Lakelanders Men's Chorus, call Bill Mark at 507-339-1615.



Goodhue Living resident, Robert Seeley is seated in front of the Lakelanders Men's Chorus who sang barbershop quartet-style songs for a group of about 25 guests. Having sung in a Rochester men's chorus for over 50 years, Robert knew the words to many of the selections.

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Dressed to a Tea

(continued from page 1)

The St. Luke's tea party idea came from Karen O'Reilly, who once worked at a tea-house in Red Wing. She, along with Sharon Buck and Bev O'Reilly, spent many months planning the event. They chose the theme, "Dressed to a tea", drawn from Proverbs 31:25, "She is clothed in strength and dignity, and she laughs without fear of the future". The Biblical meaning of "clothed" in this verse is not necessarily literal but lent itself well to the event.

Ladies of all ages arrived in finery and hats of modern and by-gone eras. A grand assortment of dresses, hats, shoes, jewelry and other accessories were on display around the room's perimeter. One table showed off the David and Alfreda Gadiant family collection now owned by Carolyn Ryan who inherited the items from her mother, Franny Lodermeier. The majority of other vintage items belong to Karen O'Reilly, who jokingly said she



A 3-tier plate of refreshments adorn one of the beautifully decorated tables at St. Luke's tea party April 12th. Sandwiches, scones and fruit were served along with an assortment of teas.

collected them over the past 150 years of her life. Some artifacts were in reality that old



Hats, gloves and jewelry were among the accessories on display and worn by attendees of the tea party.



April Horne, Deb Stern, Carolyn Plumb and Nancy Hayden comprise the Ladyslippers barbershop quartet that entertained the capacity crowd at St. Luke's "Dressed to a Tea" event.



This pink ruffled dress was one of many unique garments on display at the "Dressed to a Tea" event.



Garments of the past 150 years were creatively displayed around the perimeter of St. Luke's fellowship room April 12th.

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but had belonged to her mother, grandmother and great-grandmother.

Preparing for the event meant finding help for setting up displays, decorating tables, providing and serving food. Young ladies

donned aprons over their skirts as they waited on guests seated around elaborately decorated tables. In addition to the collection of teapots on display, each group was provided with a pot of hot water to steep the tea of their choice. Fitting for the afternoon tea, petite sandwiches, fruit and scones were also served.

Entertainment was provided by The Lady Slippers, a female barbershop quartet that includes Deb Stern of Goodhue. The ladies sang several spiritual songs but also swooned over a life-sized cardboard Elvis Presley.

The gathering was well attended and successful. The planners hope to host similar events using different themes in the future.

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To the Goodhue Class of 2025 and their families, best wishes and happy celebrating!



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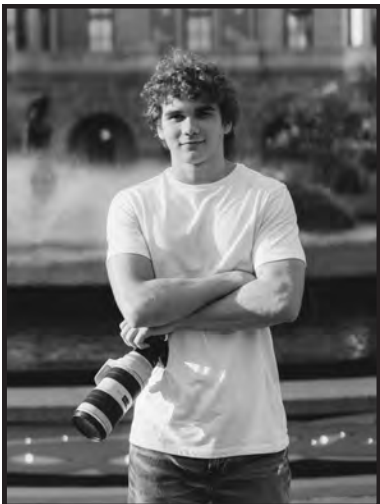
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Goodhue FFA Sponsors Ag Day

(continued from page 1)

The annual event is planned and executed by the FFA chapter and includes an indoor career fair.

The chapter states, "The mission of Ag Day is to provide our school and community the opportunity to interact with agriculture on multiple levels. Focusing on the 8 sectors

within agriculture and highlighting the endless career opportunities".

Even though the majority of Goodhue school students have a close connection to production Agriculture and Agri-business, the Ag Day event remains a highlight of the year for many. Classes rotate to the different stations throughout the day with 24 different businesses and colleges participating in the indoor networking event.

Outside, students took an interest in the line of approximately two dozen tractors and also the livestock penned in the parking lot. First year FFA member Trevin Dicke displayed two beef animals that he intends to show at the Goodhue County Fair this summer.

(continued on page 14)



A group of boys gather around Trevin Dicke's beef animals, part of the outdoor display meant to expose kids of all grades to the livestock sector of Agriculture.



Brynn Frederick operated the controls of the combine simulator under the direction of Courtney Spence, Outreach and Recruitment Coordinator with the Center of Agriculture. The mobile unit was a popular attraction at the school's annual Ag Day event.



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Dependent



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

There is a strong drive within many of us to be able to do an activity without the assistance of another. Perhaps this started when you discovered how much more of the world you could explore when you learned to walk, or maybe when you learned to ride a bike without someone holding on to you. As we move into May, many young people will graduate from school and take on new responsibilities and new adventures. We use phrases like “spreading their wings” and “gaining independence.” While it cannot be denied that knowledge and practice lead to new abilities, some reflection will note there are things we are dependent on that should not be forgotten.

Being dependent on something is not a sign of weakness. Recognizing what we are dependent on can give us greater clarity and wisdom on the essentials of life. For exam-

ple, you are dependent on oxygen. We take this for granted until we get “the wind knocked out” of us, or when we find ourselves in a hospital bed with an oxygen mask. You are dependent on pure water. When you were born, your body was 70% water. How important that you keep pure water flowing through so that you do not become a “stagnant pond” growing all kinds of unhealthy things. The general guideline is half your body weight in fluid ounces, so a 200 pound individual should be drinking around 100 ounces of water a day, which is about 12 cups.

You are also dependent on vitamins and minerals. Most of the vitamins were discovered in science observations during the first part of the 1900s. They were first described as “vital amines” noting the vital role these nutrients played in providing health and vitality. With each vitamin there is a list of deficiencies noted when the vitamin is absent in a person’s regular diet. Deficiencies point to our dependence on these essential nutrients. When Vitamin A is absent, you may notice night-blindness, or some kinds of skin disorders like eczema or psoriasis. When B vitamins are absent, you will notice mood swings, fatigue, or mental health challenges. When Vitamin C is absent, illness increases and sores develop in the mouth and on the skin. When Vitamin D is absent, illness increases, weight can increase, and insomnia can increase. These are just the beginning of the ABCs and Ds of vitamins.

Minerals are essential for a healthy immune response, promoting energy, and helping the body muscles to function properly. Most

Americans do not consume enough magnesium each day. Magnesium is essential for helping you to relax as well as helping the body to produce energy. Zinc is used in more than 300 different reactions in the body, aiding the proper activation of the immune system and helping the digestive process. Iodine is the key mineral for the hormone produced by the thyroid that keeps your metabolism in balance. This mineral tends to be deficient in many clients living in the Midwest region. Minerals and vitamins work as a team to complete the perfectly designed function of your body.

Knowing you are dependent on vitamins and minerals for healthy living should help you to consider the best way to acquire these nutrients each day so that you can be more independent on other activities. Will taking a multi-vitamin or mineral tablet work best for you? Can you identify those foods that are the best source for these nutrients and make sure to eat them regularly? You will note our great grandparents were strong and lived active lives without supplements, so getting your nutrients from food is possible. In today’s world of convenience foods and fast eating, the nutrient value has signifi-

cantly declined requiring us to take a closer look at the sources of our food.

If you choose to take vitamin supplements to help maintain a healthy life, make sure to identify a quality supplement that obtains its vitamins from fruits and vegetables. There should be ingredients listed that mention fruits and vegetables on the nutrition label. A simple test on the quality of the supplement is to place a tablet in a glass of water and return one hour later. If the tablet has fallen apart in the water then it is a tablet your body can easily absorb. If the tablet has not fallen apart and remains whole there is a chance you are not getting any nutrients from that vitamin.

I am available to review your questions about supplements, testing, and food plans. Contact me to discuss your health goals for the coming year. I can help you realize greater health freedom in 2025. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Goodhue FFA Sponsors Ag Day



A large John Deere pack tractor is part of the Drive Your Tractor to School parade that closed out the Goodhue FFA Ag Day celebration.

(continued from page 13)

Haley Betcher brought Maggie and Sugarplum, who she describes as retired show goats. Lillian von Knobelsdorff brought her rabbits named Daphne and Willow and her 18-year-old horse, Belle. Lillian also provided Samuel, a friendly, one-year-old turkey that was a favorite of many students.

Goodhue High School Junior, Nolan Mandelkow chose to get to school in a Versatile 365 tractor on loan from his employer, Lodermeier’s Inc. In contrast to the large Versatile, Caden Lodermeier arrived on a 1960’s era Allis Chalmers D17.

Students are released early and line the sidewalks to watch the day’s finale, the tractor parade. Caden led the parade, stopping briefly at the front of the school to jump off the D17 and ask his girlfriend to prom, presenting her with a bouquet of flowers. Currently a Senior, he says, “FFA’s been so great for this school, I’m so proud to be a part of it. I wish there were more schools that do something like this.”

Check the June issue of the Goodhue County Ag Reporter for more pictures and an expanded story.

A Minnesotan: Mother's Day



By RosaLin Alcoser

May is here which means Mother’s Day is once again upon us. I for one am looking forward to spending time with my own mother this Mother’s Day.

Now that we’re adults my mom generally spends one year with me and the other with my sister. Partly to be fair, but mainly because we live in two different states with Iowa in the middle. So unless one of us travels to the other she only gets to see one of us at a time. And she always insists on coming to us. I think it is mainly a ploy to get us to take her out to different ice cream places then she has where she lives. Which is besides the point.

These days mother’s day typically means I take my mother out to brunch if she’s visiting me or sending her something I know she’ll enjoy if she’s with my sister. But

when I was little it meant making cards, little tinkety things that we picked out for mom and homemade gifts. My mom even has a couple of the tissue paper flowers I made for her one year.

However, every once in a while when I was a child we would get her a nice gift. Which often meant doing something with my older sister or our dad getting involved. I was probably about eight the year I decided to get her a really nice gift all on my own.

After months of saving up to buy her something really nice. I managed to talk my dad into taking me into town to buy mom’s Mother’s Day gift at the JC Penny in Rochester. Where I picked out a pair of tiny opal earrings for her; which she still wears every Mother’s Day.

I picked those earrings out from the jewelry counter at JC Penny’s. Not from one of the display tables, from the counter. I looked into the case and told the lady working the counter which ones I wanted to buy. Then I paid for them all by myself.

Those earrings cost eight year old me about \$30; which is a lot of money if you’re an eight year-old circa 2005. But I was so excited to give them to her, because I bought them myself without any help from my dad or older sister.

While taking my mom out to brunch doesn’t have the same thrill of giving her my first big deal gift I had bought her myself. I am still looking forward to getting to spend this Mother’s Day with her.

Happy
MOTHER'S DAY!

Dangers of Chewing Gum



By Shauna Burshem, D.C.

Sun Exposure: Natural sunlight plays a vital role in supporting overall health. Sunlight-derived vitamin D remains in the bloodstream two to three times longer than supplements, making it a more effective and sustainable way of maintaining optimal levels. When the sun's rays touch your skin, a cascade of benefits begins. Your body produces beta-endorphins, which are natural pain relievers and mood enhancers, helping to reduce stress and

boost mental well-being. At the same time, sun exposure triggers the release of nitric oxide, a compound that lowers blood pressure and improves circulation, ultimately reducing the risk of heart disease. It's amazing how something as simple as a few minutes of sunlight can make such an impact on both your mood and your body.

However, the benefits of sunlight do come with a caveat—strategic and safe exposure is key. Overuse of sunscreen, for example, can block up to 97.5% of UVB rays, limiting your body's ability to synthesize sufficient vitamin D. While all natural sunscreen is essential for preventing sunburn and reducing the risk of skin cancer, it's important to balance its use with safe, unprotected exposure during low-UV hours, such as early morning or late afternoon. Experts recommend spending around 10–20 minutes in the sun a few times a week—just enough for your skin to kick-start the production of vitamin D without causing damage. Simple practices like this allow you to reap the benefits of the sun while staying safe.

The importance of sunlight becomes even clearer when considering longevity. Research shows that people who actively avoid sunlight often have a shorter lifespan compared to those who incorporate sensible sun exposure into their routine. Sun avoidance has been equated with the health risks of heavy smoking, serving as a stark reminder of how

critical natural sunlight is for our bodies. Beyond physical health, the psychological impact cannot be overstated—whether it's the calming warmth of sunlit mornings or the sense of renewal that comes from a sunny afternoon, the sun has a way of nurturing both body and mind.

While soaking up the sunshine does wonders, remember that balance is crucial.

If you're fair-skinned or live in an area with intense sunlight, consider wearing hats or lightweight, protective clothing to prevent overexposure during peak UV hours. For deeper skin tones, slightly longer exposure may be necessary to achieve the same vitamin D benefits. The sun isn't just a source of light—it's a natural healer. Learning how to use it wisely not only enhances your health but also strengthens your connection to something that's been a part of life since the beginning.

Chew Gum? Recent research has revealed that chewing gum could be far more concerning than we previously thought, acting as a significant source of microplastic exposure. A study soon to be published in the Journal of Hazardous Materials Letters found that each piece of gum may release hundreds to thousands of microplastic particles into our mouths during chewing, placing it among the top contributors to microplastic exposure in everyday life. Microplastics, defined as tiny fragments of plastic smaller than a sesame seed, are all around us—in the water we drink, the air we breathe, and now, potentially, in something as routine as chewing gum.

The study, conducted by researchers at UCLA, observed that both synthetic and natural gum bases can release microplastics, especially in the first eight minutes of chewing. While the exact health implications of ingesting these tiny plastic particles remain unknown, the findings highlight another unsettling way microplastics infiltrate our bodies. It leaves us questioning whether this seemingly harmless habit could carry unforeseen consequences and sparks concern over what else we might unknowingly ingest as part of our everyday routines.

These findings underscore the urgent need for closer regulation of materials used in consumer products like chewing gum, as well as a broader discussion about microplastic pollution and its pervasive role in our lives. While the full health impact is still unclear,



studies like this remind us of the ongoing challenge of living in a world where plastic has become so deeply embedded in our daily experience. It's not just about chewing gum; it's about taking a step back and looking at how intertwined plastic is with the choices we make every day.

Chiropractic and Knee trouble: Chiropractic care for knee problems is often overlooked yet can be incredibly effective in addressing not just the symptoms but the underlying causes of discomfort. When the knee functions improperly, it isn't always just the knee that's to blame—it can stem from areas like the hips, lower back, or even foot alignment. Chiropractors focus on realigning the body to promote proper joint mechanics and reduce stress on the knee. I've talked to countless patients who initially thought their pain was "all in the knee," only to discover that subtle imbalances elsewhere in their bodies were the culprits.

One of my favorite aspects of chiropractic care is its ability to provide relief without invasive procedures. Techniques like gentle manual adjustments, soft tissue therapy, and targeted exercises work together to restore mobility and alleviate inflammation in the knee. I've seen patients walk out with smiles after realizing they could move more freely after months of being hindered by stiffness or pain. What's more, many report improved overall posture and balance, which further reduces strain on the knees in their daily lives. It's amazing how a few adjustments can make such a difference.

Of course, every knee problem is unique, and that's what makes chiropractic care so personal and effective. I've worked with athletes recovering from ACL injuries as well as people in their golden years simply looking to stay mobile and active. Each plan is carefully tailored to the individual's needs, ensuring long-term support for their lifestyle. For me, it's about helping patients feel heard and cared for while guiding them toward a better quality of life—something that keeps me passionate about this field every single day.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

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The Life-Changing Benefits of Working at a Christian Summer Camp



By Emmarie Moon
Director of Discipleship
and Recruiting at Camp Victory

Every summer, my job is to convince young adults to trade traditional internships or seasonal jobs for something more meaningful: working at a Christian summer camp. While camps are known for offering children and teens a place to grow in faith, friendships, and

fun, the staff behind the scenes often experience just as much—if not more—personal and spiritual transformation. Whether you're considering it for the first time or returning for another summer, there are many reasons why working at a Christian camp might be one of the best decisions you ever make.

1. Spiritual Growth

At a Christian camp, faith is woven into the daily routine—through morning devotionals, chapels, small group discussions, and prayer. As a staff member, you're not just facilitating these activities for campers; you're also participating and growing spiritually alongside them. This experience deepens your relationship with God and strengthens your ability to lead others in faith.

Being responsible for the spiritual guidance of young campers is a humbling and formative role. You'll learn how to lead Bible studies, pray publicly, and share your testimony. These are valuable skills that will serve you in church, school, and future leadership positions.

2. Building Lifelong Friendships

The bonds formed at camp are often among the strongest you'll ever make. Living and working in close quarters with like-minded peers—often through late nights, challenging days, and incredible highs—creates a unique environment for authentic connection. Many staff members leave camp with friends who feel like family and a support system that lasts long after the summer ends. This is the most common reason why staff come back to work at Camp. They love the community.

Even after moving states and into my young adult years, I am still friends with people I worked at camp with eight summers ago. From different states, weddings, kids and jobs, the bonds formed at camp are strong.

3. Making an Eternal Impact

Few jobs give you the opportunity to make such a direct and lasting impact on someone's life. As a counselor or staff member, you're a role model, mentor, and spiritual guide to the campers in your care. Whether it's through a late-night conversation by the campfire, a moment of prayer, or simply being a consistent source of kindness and encouragement, your influence could help shape a young person's faith for life. This is the reason many campers return to camp to work on staff, their life was impacted by a summer staff member and they want to give that experience to campers too.

4. Developing Real-World Skills

Christian camps provide hands-on training in areas like communication, conflict resolution, teamwork, time management, and adaptability—the top 5 most sought-after skills in the workplace. From organizing events and leading activities to handling unexpected situations, the job pushes you to grow in confidence and competence. A camp alumni and area school principal says this of camp staff: "When you see camp experience on an applicant's resume you pay attention. Camp staff are energetic problem-solvers, and the ultimate team players. They have an attitude of joy that comes from serving a higher purpose. That skill set raises their ap-

plication to the top of the list."

Plus, many camps offer certifications in areas like first aid, lifeguarding, or ropes course instruction, which can be valuable resume additions for jobs beyond the summer.

5. A Break from the Digital World

Unlike many jobs that revolve around screens and office spaces, working at a camp immerses you in nature and face-to-face interaction. The simplicity of camp life—free from technology and distractions—gives you space to reflect, connect with others, and be fully present.

Final Thoughts

Working at a Christian summer camp is more than just a job—it's a calling and a journey of transformation. It challenges you, grows you, and blesses you in ways few other experiences can. Whether you're drawn by the opportunity to lead, grow in your faith, or serve others, one summer at camp could leave an eternal mark on your life—and the lives of others.

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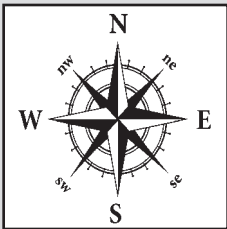
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Changes in Latitudes, Changes in Attitudes

My First Mini Bike



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

Growing up a farm boy, I was intrigued by anything with an engine. Tractors, combines, swathers, skid loaders, etc. Grease and gasoline smelled wonderful to me. And diesel fuel smoke was the best. So, anything that was not foot powered had my attention. My dad had a Harley-Davidson Type 74 before he had a family, so maybe the idea of a two-wheeler was in my blood.

In the 1960's many companies made mini-bikes. Basically, made of a leftover lawn-mower engine and wheels. But they were fun

to zoom around on. I already had horse, but a mini-bike didn't require any feed when not in use. One day I looked at the hardware flyer from Beaver's Hardware in Kasson, and there was a new in box minibike for sale that week. My father took me in and we ordered it. I was so excited and couldn't wait for it to come. I had heard that some people go to the factory to see their vehicle assembled and I got to do the next best thing. I convinced him to let me ride along in the truck to bring it back.

My dad would drive a large cattle truck to the twin cities to haul freight back to the local retailers when he wasn't busy farming. I loved to ride along with him whenever I could. He would load livestock at local farms and deliver the cattle or hogs to the South Saint Paul Stockyards. Next the truck box was blasted clean with a high-volume water hose at a truck wash. Then he would drive all over the twin cities loading on freight for Kasson and Rochester retailers. It was so much fun to ride from warehouse to warehouse getting the truck filled with huge boxes. Every week there was a shipment hauled back to the hardware stores in Kasson. There was the Gambles Store, Erickson's Our Own Hardware and Beavers Hardware.

The shipment was rather anti-climactic. Except for a small picture on the side, one wouldn't know what was inside the large brown cardboard box. It was partially disassembled and completely in a box. And we still had to bring it home from the store and unpack it. Once the handle bars were installed, oil added to the crankcase and fuel tank filled, it was ready. A couple pulls on the



recoil start and it roared to life.

I drove that mini bike all over the farm. In the woods, through the creek and out to the field. It crossed the river and went up every hill just to prove it could be done. My dad was quite the stickler for obeying the law and explained that I must get off and push the mini-bike across the highway. It wasn't street legal and I was expected to abide by man-made rules. At least when he was watching, anyway. But that smooth asphalt road was so much better to ride on. If I looked both ways and there was nothing approaching, I would head right down Highway 57 to the field drive, instead to riding down the road ditch.

Soon I learned a few things about that little gas engine. I still have a scar on my wrist from where I touched the exhaust pipe as I checked the oil on a hot engine. I also discov-

ered that touching the spark plug while the engine was running was a shocking experience. I could override the governor and that little 3 1/2 horse power engine would double the top end speed. I would just put my foot up and push governor over and that thing would fly. I never thought about the little Tecumseh engine flying apart from the high rpm's. Coming back down the field drive I felt like I was flyin'.

One day I was heading back from the hog barn and I realized too late that the electric fence gate was closed at the driveway. I locked up the brake and laid the mini-bike down, sliding right under the wire. To my amazement I came back up on two wheels and continued on. That little blue mini-bike gave me hours of fun as a kid.

Mark Your Calendar for Dennison Days June 20 & 21

*Garden Tractor Pull Returns Friday Night and
Russ Franek & The Biscuits to Perform Saturday*



The annual Dennison Days Festival takes place Friday and Saturday, June 20 & 21, 2025.

The Gopher State Garden Tractor Pullers will return to Main Street Friday evening in Dennison, hosted by 625 Bar & Grill. More information is available at www.gsgtp.com. Following the Pull, 625 will host live music.

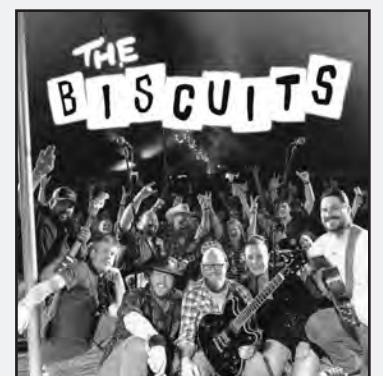
The Kids Pedal Pull returns Saturday morning this year and will take place on Main Street at 11 AM Saturday morning as part of a full day of events during the festival.

Live Music Saturday evening from local band RUSS FRANEK & THE BISCUITS taking the stage with his full band Saturday evening.

A full schedule of events will be available soon at www.dennisondays.org and will appear in The Messenger and websites soon.

Other events making a return this year are the Clutchmen Classic Car & Bike Show, Antique Tractor Pull, Bingo, Pancake Breakfast, Bags Tournament, Kids Bingo, Purse & Gift Card Bingo and more.

Anyone with questions or suggestions for events for the 2025 festival should contact Lions Club President Diane Ruddle.



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Goodhue City Council Meeting Minutes City Hall ~ March 26, 2025 ~ 5:00 p.m.

Present: Mayor Ernie Valenzuela, Council Members Joe Benda, Michael Brunkhorst, Chris Schmit, Jeannine Nagel, Administrator Lisa Redepenning, Admin/Asst City Clerk Lori Luhman

Absent: None

Guests: McCrae Olson, Nick Gravemann, Travis Huemann, Brittany Huneke, Marc Huneke

Call to Order

Mayor Valenzuela called the meeting to order at 5:05 p.m.

Approve or amend Agenda

Attorney Vose commented about the Variance on the consent agenda that Council has agreed to adopt from the February 26th meeting. Mr. Gravemann has said that the City ran out of time and there is a State Statute that we needed to act before now and can't approve it. Attorney Vose does not agree with that and explained that to Mr. Graveman. In Attorney Vose's view, we did comply and that is the communication that he and Mr. Gravemann had.

A motion to approve the agenda was made

by Schmit, seconded by Benda, motion carried 5-0-0.

Approval of Minutes

Motion to approve the March 12, 2025, city council work meeting minutes was made by Schmit, seconded by Brunkhorst, motion carried 5-0-0.

Approval of consent agenda

- Resolution No. 25-07 Approving Zoning Ordinance Variances for 203 and 215 N 2nd Street apartments

- City plans to continue processing the payments for training, with request that Fire Department or Joint Powers Board Member or Treasurer act as liaison between the two to facilitate training payments.

- Fee Schedule Change wording Approval to change Water Minimum/Base to Water Minimum/Base/Per Unit

- Resolution 25-05 Approving raffle application from the Jaycees for May 5, 2025, located at Heritage Park

- 2025 Volksfest event requests

Motion to approve the consent agenda as read, was made by Benda, seconded by Schmit, motion carried 5-0-0.

Old Business

Council discussed the status of the North Zumbro Sanitary Sewer District (NZSSD) bonding bill and the effects it will have on the City of Goodhue if it goes through and if it does not. When this NZSSD project is complete, the City Engineer estimated the cost for sewer per residence to be around \$90 per month. The member cities have had to start saving \$25,000 each year to start saving up for the NZSSD Sewer project. With much consideration the City Council discussed a gradual three-year increase in monthly sewer rates instead of starting with a high flat rate. The increase suggestion was \$5 for the rest of 2025, \$10 for 2026, and \$15 for 2027 to prepare the residents for this increase and the ability to support the sanitary sewer project. A motion was made by Schmit, to increase the sewer base rate for the next three years by starting with a \$5 increase for 2025, \$10 increase for 2026, and \$15 increase for 2027, seconded by Benda, Motion carried 5-0-0.

Council member Schmit shared that for the last year and a half, the Goodhue County Sheriff Department has been utilizing office space in our building. Schmit recommends that we allow them to use that space because the City benefits from them spending extra time (Over and above what they are contracted for) in the City of Goodhue because Goodhue is centrally located for them, and in turn Goodhue benefits more by having them here more. The council agreed to have the City Administrator try working directly with the Sheriff's Office to negotiate something that will work for both entities to account for the accommodation, the use of the office space and report back at the next meeting.

New Business

On Friday, March 21, 2025, at 11:00 a.m. the City received a Conditional Use Permit from Marc and Brittany Huneke for R1 use in R2 of the ground level of 308 1st Avenue

(Previously known as St. Luke's Church). The lower space was approved last year for apartments. The current request is to use the ground level as a community space with the name The Goodhue Sanctuary for community members to rent by donation. A public hearing will need to be scheduled for the next regular meeting for a public comment period. A public notice will be sent to the required neighboring property owners, published and posted as required. A motion was made by Schmit to hold a public hearing for a Conditional Use Permit for Huneke's on April 23, 2025, at the City Council meeting, seconded by Brunkhorst, motion carried 5-0-0.

The City of Goodhue Zoning Ordinance does not call out ground level solar panels, so it would be assumed that they are not allowed. If you would want them to be allowed, the Zoning Ordinance would need to be changed to reflect those details.

The City's Administrative Assistant/City Clerk has completed her one-year probationary period and Administrator Redepenning recommended the increase of .50 per hour. A motion was made by Benda, to approve the Administrative Assistant/City Clerk increase of .50 per hour, seconded by Schmit, motion carried 5-0-0.

Council member Schmit made a motion to hire the Sheriff's Posse for Volksfest again this year for Friday and Saturday, June 14 and 15, 2025 from 8:00 p.m. to 1:00 a.m. for the \$1,200 as in the past, seconded by Nagel, 4 aye, 1 nay, motion carried 5-4-1.

Council member Brunkhorst stated that the Fire Board is still working on things.

Council member Nagel announced EDA was meeting tomorrow.

Approval of Bills

A motion was made to approve the bills by Schmit, seconded by Brunkhorst, motion carried 5-0-0. *(council minutes continued on page 20)*

Politics and Coffee, Take 2



**Rep. Pam
Altendorf (R)
District: 20A**

The political scene, both at the national and state levels, is getting ugly. Like dangerously ugly.

There was a time when a Republican and Democrat could respectfully disagree with one another on a topic and move on with life. That no longer seems to be the case.

Let's review just a handful of things we've seen in the past year. We watched as President Trump was called "literal Hitler" and labeled "a threat to democracy," and was eventually shot.

We've watched Teslas set on fire at dealerships because a certain segment of society hates Elon Musk. People who own the vehicles are also being targeted, as their Teslas are being keyed or spray painted, and at times, the drivers are cornered, berated and bullied.

Nationally, well known conservative journalists have been "swatted" (which is when a fake 911 call is made and directs law

enforcement to their house believing that a terrible crime is happening – creating a situation potentially dangerous for the person living at the house as well as putting police at risk).

And before I get calls and emails, I am fully aware that this goes both ways. Most recently, Democrat Governor Shapiro from Pennsylvania woke up at 2:00 a.m. to find out an arsonist set fire to his mansion while he and his family were sleeping.

At what point did violence and criminal behavior become acceptable responses to personal and political disagreements? We are a divided country and a divided state, and we're not going to agree on every topic. But it wasn't all that long ago where we could debate something without people raging at one another.

I think it's time we turned the political temperature way down.

Two years ago, I wrote about my coffee and conversation with "Democrat Dave." He contacted me a lot when I first took office, and it was clear from his emails we weren't aligned politically. Rather than continue the written back-and-forth, I asked if he'd go to coffee with me and have a nice, civilized conversation.

While there, I told Dave we probably agreed on 80% of life's topics. At first he disagreed, but by the end of our conversation, he told me "Pam you were correct, I do think we agree on 80% of things."

I think this country has become so polarized that many believe people from the opposite political party are truly "evil" or "crazy." I believe if more people on both sides just sat down and talked with each other, they'd find they have much more in common than they don't.

As I've said before, we all want the same things: safe communities, good education for our children and the opportunity to work and make a decent living, but how Republicans and Democrats get to these goals may be slightly different.

With all of that in mind, I am once again reaching out to local liberal residents. Join me in trying to turn down the political temperature. Please email me at rep.pam.altendorf@house.mn.gov and let's get coffee and have a respectful conversation. Be warned, my next month could be a bit hectic with the end of session coming up, but we will find a time as I'm serious about making local connections and having open and honest discussions. I am convinced that if we have the goals of seeking truth, and that moving forward to a better future is a priority, then we will see that we have more in common than not.

Wabasha County Public Health Spotlight E-cigarettes are not safe for youth.

By Tina Moen, MS, ACSM EP-C, CHWC, LCI

Nearly all e-cigarettes contain nicotine. Nicotine is highly addictive and can harm the developing adolescent brain. Because the brain is still developing until about age 25, youth and young adult exposure to nicotine can lead to addiction and disrupt attention and learning. No amount of nicotine is safe for youth.

Over one in five of Minnesota high school students who has tried e-cigarettes has never tried any conventional tobacco products, like cigarettes or chew. Recent evidence suggests that, compared to youth who have never used them, youth who have tried e-cigarettes are much more likely to start smoking in the future.

Talk to your kids about the dangers of e-cigarette use.

Parents, know the risks of tobacco use and the different types of products kids are using. E-cigarettes are the most commonly used commercial tobacco product among youth, and nearly all e-cigarettes contain nicotine, which is highly addictive. Talk to your kids about these risks and set firm expectations that they do not use any type of commercial tobacco product, including e-cigarettes and vapes. Understand that e-cigarette use, commonly called vaping, is not harmless. Read more on Minnesota Department of Health's webpage: E-cigarettes and Vaping: Resources for Parents, <https://www.health.state.mn.us/communities/tobacco/ecigarettes/parents.html>

My Life, My Quit™ is the free and confidential way to quit smoking or vaping. Text "Start My Quit" to 36072 or click to chat with a coach. We are here for you every step of the way. Explore the My Life, My Quit™ webpage: <https://www.mylifemyquit.com/en-us/>

Read more on Wabasha County SHIP's webpage: <https://wabashacountyship.org/tobacco-free-strategy/#ecigyouth2025>

Healthy students are better learners and people with higher levels of education are more likely to be healthier and live longer. If you'd like to learn about partnering with Wabasha County SHIP, email Tina Moen, SHIP Coordinator at tmoen@co.wabasha.mn.us or call 651-565-5200.

SHIP is a state-based program that works at the local level to support healthier communities by expanding opportunities for active living, healthy eating, wellbeing, and commercial tobacco-free living.

Goodhue County			Household Hazardous Waste Collection Do's and Don'ts	
Household Hazardous Waste Collection Schedule 2025			DO BRING:	DO NOT BRING:
Tuesday, May 6	Kenyon Goodhue Co. Shop 1005 Hwy 60	2:00 PM – 6:00 PM	Paint/Stain/Thinner Etc.- Bring unusable paint products to the collection.	Business or Agricultural Hazardous Wastes- Business wastes will be refused. Businesses should contact the Olmsted County Hazardous Waste Facility at 507-328-7078.
Tuesday, May 20	Wanamingo Casey's - Hwy. 60	2:00 PM – 6:00 PM	Pesticides/Herbicides (Non-Agricultural, Non-Commercial Grade) - Products designed to kill weeds, bugs, rodents, mold and fungus.	Electronics- City of Red Wing Waste Campus 651-385-3658
Tuesday, June 24	Zumbrota Park-N-Ride Parking lot	2:00 PM – 6:00 PM	Automotive Products- Bad gas, cleaners, anti-freeze, fuels, grease, lead-acid batteries.	Prescription Drugs- Contact: Goodhue County Law Enforcement Center 651-385-3155
Tuesday, July 8	Pine Island Pine Island High School	2:00 PM – 6:00 PM	Household Products- Drain opener, strong cleaners, spot removers, adhesives, acids & bases.	Empty Containers- If a container is empty and dry, it is no longer hazardous. Recycle or dispose of in trash.
Tuesday, July 15	Goodhue Community Center	2:00 PM – 6:00 PM	Exotic Batteries- Ni-Cad rechargeable, Button, Lithium, Mercury, other unusual batteries.	Fluorescent Tubes- Bring them to the Goodhue County Recycling Center.
Tuesday, July 29	Cannon Falls Lake Byllesby Park	2:00 PM – 6:00 PM	Mercury Devices- Thermometers, thermostats, mercury switches.	Non-Hazardous Products- Soaps, regular light bulbs, broken glass or ceramics, recyclables, trash.
COMPLETE HHW INFO ONLINE: goodhuecountymn.gov HHW HOTLINE: 651-385-3107 We will NO LONGER be collecting Fluorescent Bulbs at the Hazardous Waste Collections. The Goodhue County Recycling Center accepts fluorescent bulbs Monday-Friday, year-round. We are very sorry for the inconvenience. A Household Hazardous Waste drop-off is available at the Goodhue County Recycling Center in Red Wing, from the first Monday in May through the last Friday in October. Hours of operation for the drop-off will be Monday through Friday (except holidays), from 8am until 3pm. Please utilize the drop-off as much as possible in order to prevent large crowds at the collection events listed above. There is a 10 gallon per person per day limit at the Red Wing drop-off. Thank you for your cooperation. The Goodhue County Recycling Center is located at 3745 Highway 61 N in Red Wing (across Highway 61 from the Red Wing Shoe Factory).			Aerosol Cans- Partial or plugged pressurized spray cans of all types. Empty, depressurized cans can be disposed of in trash. Please limit quantities to 10 gallons per person per event, as space is limited at collections.	Waste Oil, Oil Filters- Engine oils and filters can be recycled through local sources. Medical Wastes/Sharps- Contact your local clinic or hospital for disposal information. Explosives and Ammunition- Contact local law enforcement on their non-emergency number. Appliances- No appliances. Solar Panels- No solar panels.



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7. "To" follower
8. Wood turning device
9. Tulip starter
10. Leo's Karenina
11. ____ gum, food additive
12. Put metal to the pedal, p.t.
15. Difficult to detect
20. With ample space
22. Employ
24. Green and lush, as in trees
25. *Mother ____, investigative journalism nonprofit
26. Convex molding
27. Twofold
29. Cambodia's neighbor
31. A in UAE
32. Heaped
33. Famous Teatro alla ____
34. *Mother ____, personification of planet
36. Shower with affection
38. Abominable snowman
42. River in Hades
45. Personify
49. *Mother Superior is the head one at the convent
51. Foray
54. Former Russian leaders
56. *Mother of ____, a.k.a. nacre
57. June 6, 1944
58. Raja's wife
59. On the surface
60. Emeralds and rubies
61. Carrying bag
62. Hunk of something
63. Lowest female singing voice
66. Female forest ruminant
68. Archery bow wood

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Rice County Steam & Gas Annual Flea Market & Swap Meet May 24th & 25th



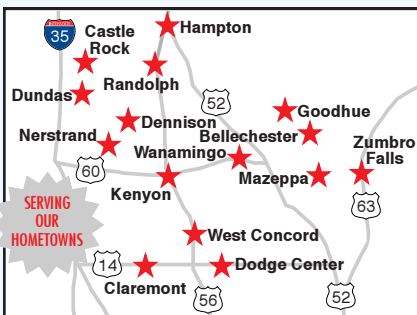
The Rice County Steam & Gas Show has announced their annual Swap Meet and Flea Market for May 24th & 25th.

Annual Swap Meet & Flea Market
Consignment Auction 9am Saturday
S.E.P.T.A. Tractor Pull 9am Sunday
Miniature Railroad Train Rides

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WEDNESDAY, JUNE 11

Medallion Hunt | First clue drops
5pm | **Pickle Ball Tourn.** | Heritage Park
7pm | **Pool Games** | Goodhue Pool

THURSDAY, JUNE 12

7pm | **Line Dancing** | 2nd St Pub
7pm | **Volunteer Kickoff Party** | Corner Bar

7:00pm GATE | 8:00pm MUSIC
GA \$30 PRE-SALE & AT GATE
VIP \$80 PRE-SALE & AT GATE



FRIDAY, JUNE 13

4-7pm | **Kids Bounce Party, 12yr ↓** | GHS Gym 3
5:30pm | **Tony Cuchetti DUO Live** | 2nd St Pub
7pm | **Shawn Ogden Live** | Corner Bar
7pm | **Miss Goodhue** | GHS Gym 1 | \$5/Person
7pm | **Street Dance** | N 2nd St.

HAIRBALL

Fire at the Falls

SATURDAY, JUNE 14

8am-1pm | **Car & Tractor Show** | St. Peters Church
8:30-11:30am | **Burrito Breakfast & Quilt Show** | St. Peters Church
8:45-10am reg. | **Road Rally** | Goodhue C-Store | \$5/person
9am | **Udder Run** | Front of GHS | \$16/ea adv or \$20/ea day of
9am | **Volleyball Tourn., Co-ed** | Rosie Park | \$30/team
9:30am-2:30pm | **Craft and Vendor Show** | Lion's Community Center
10am | **3-on-3 Basketball** | GHS Gym 1 & 2 | \$100/Team
10am-2pm | **Touch A Truck** | GHS Parking Lot
10am-12pm | **Kids Bounce Party, Toddler ONLY** | GHS Gym 3
12pm-2pm | **Kids Bounce Party, 12yr ↓** | GHS Gym 3

11am | **Bean Bag Tourn.** | Rosie Park | \$40/team
1pm | **Bingo** | Fire Hall
1pm | **Hayden Ashworth Live on Patio** | 2nd St Pub
1-4pm | **Gopher State Garden Tractor Pull** | 3rd Ave
2pm | **8th Street Bend Live on Patio** | Corner Bar
2-6pm | **360 Photo Booth** | Food Court
2pm | **Pedal Tractor Pull** | Broadway/2nd Ave
4pm | **Brent & Sheena Live** | 2nd St Pub
6pm | **Logan Hofschulte Live** | Corner Bar
6pm | **Street Dance** | N 2nd St.
7pm | **Ledfoot Larry Live** | 2nd St Pub
10pm | **Fireworks** | Rosie Park

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VIP \$105 UNTIL 5/18 | \$120 5/18+
Wild Bill & Bruisers
Jesse Becker & The Neon Revival



SUNDAY, JUNE 15

9am-11:45pm | **Dads Belgian Waffle Feed** | Lion's Community Center
5yr ↓ Free | Kids \$7 | Adults \$13
9am | **Community Worship Lutheran Service** | GHS Gym 1
11:30am | **Memorial Dedication** | Historical Society

1pm | **Parade**
1pm | **Ron Blublitz & Hayden Ashworth Live on Patio** | Corner Bar
2pm | **Emma Marie Live** | 2nd St Pub
2pm | **Fire Dept. Water Fight** | Fire Dept.
3:30pm | **National Eagle Center** | Fire Dept.

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