

Postal Customer ECRWSS

JULY 23, 2025 Volume 19 • Issue 7

Announcements

• Annual Street Maintenance: In place of a traditional crack fill/seal coat project on City streets, the City Council approved a new method called RECLAMITE. Reclamite is a preservation treatment for asphalt restoration and preservation. Reclamite replenishes the oil that exists in asphalt when it's first poured but oxidized over time. Applying Reclamite extends a residential road's life by 5-10 years. It also reduces permeability, which prevents water and air from entering the asphalt and causing cracks. The project is scheduled to begin on August 19 and the contractor will be posting No Parking signs on affected streets a day or two in advance.

Local Dundas streets receiving Reclamite have not been seal-coated.

Included in the 2025 project are the following streets:

Forest Ave, Depot St, Hester St, Bridgewater Parkway, Tower Ave, Cedar Lane, Bluff St, Cross Circle, Highland Parkway

- As a reminder, the irrigation and watering restrictions run from May 1st to October 15th. Please be mindful of which day to water your lawn!
- The Memorial Park pavilion is available for rent, please contact City Hall at 507-645-2852 for availability. Half day rentals Monday through Friday, or all day rentals any day of the week.

Do you have an announcement? *Email:*

hometownmessenger@gmail.com

The Circus is Coming to Dennison



Thanks to the sponsorship of the Dennison Lions Club & Fireside Lounge, the Culpepper & Merriweather Circus is coming to Dennison, MN on Thursday, July

31st, to the lot across from the Dennison Lutheran Church located at 37514 3 Ave. with shows at 5:00 & 7:30 pm.

Save the date! Free to attend \$5 wristband required to Oktoberfest Saturday, September 20 Noon - 6:30 German music all day German-themed food from local vendors Free kid's activities

Cornhole tournament

Maker's Marktplatz with local vendors and nonprofits

C&M Circus has been providing quality, local family entertainment for 40 years.

This authentic One-Ring, Big Top Circus has been featured on the A&E Special: Under the Big Top, Nick News: On the Road with Circus Kids and most recently OETA's Big Top Town. (continued on page 6)

Dakota County Woman Remains Missing After

1 Year

Courtesy of KARE 11 RANDOLPH, Minn.

 It's been one year since Nicole "Nikki" Anderson went missing after leaving her home in Randolph Township to retrieve her mail.

(continued on page 8)





Zimmermans named **2025 Rice County Farm Family of the Year**

The Zimmerman Family with the 2024 Thanksgiving turkeys they raised, which were pardoned by President Joe Biden. Pictured from left, Kara, **Grant and John** Zimmerman

(continued on page 3)



50th Annual Rice County Steam and Gas Tractor Show August 29, 30 & 31



Visitors can take a trip back in time with all the various exhibits and activities going on at the annual Rice County Steam & Gas Show just South of Dundas MN on Hwy. 3 Friday, Saturday and Sunday, August 29,30,31.

Attendees can expect to see many of the familiar attractions as they have in the past including the operating sawmill, corn shelling, thrashing, blacksmithing, and more. The annual flea market will take place on the grounds and additional

file photo exhibits are many, including antique tractors, classic cars and trucks along with draft (continued on page 7)

JULY 31 · AGROSS FROM DENNISON LUTHERAN CHURCH itklets available ak Heritage Bank - Dennison, Dennison Depot, RIG SHOW Bar Open Later 507-645-9992 • www.firesidelounge.net

HOPE CREAMERY BUTTER AVAILABLE AT PARKSIDE!

Local has become an important part of consumer's food choices. People like to know where their food is coming from and how is it produced. Hope Creamery fits that profile very well. Our butter is made using an age old process. Vat pasteurization, and small batch quantities are

churned fresh every week.

Parkside General Store

~ Gas & Groceries ~

"The Little Store with More!"



The Hope Creamery makes butter the old fashioned way and you can tell the difference.

Pastors

By Pastor Larry Grove, Hauge Lutheran Church, Kenyon

As a nation we recently celebrated 249 years of freedom from tyrannical rule, religious oppression, and the right to pursue things that few countries allow.

Joseph Ellis, a famous American historian, wrote that our Declaration of Independence contained "the most potent and consequential words in American history."

How could one document stand the test of time the way that our Declaration has? My theory is that the success of this charter is encapsulated in this unambiguous quotation.

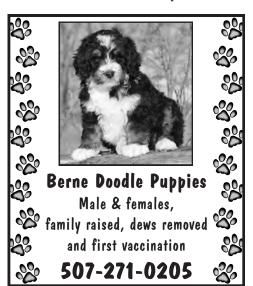
'We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

"Created By God"

These words make it abundantly clear that our Founding Fathers believed that we have a Creator. That He has granted us certain rights, and those rights cannot be taken away by our governing authorities.

"All Men Are Created Equal"

When our founders penned these words there were still thousands of people that were not being treated as equal because they were slaves. God's plan for equality has slowly come to fruition in this country as we strive



their character.

"Unalienable Rights"

Life - Deuteronomy 30:19 gives us an idea of what our Founding Fathers used as a template for their thoughts on life.

"This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live"

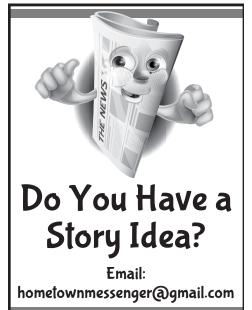
Liberty - The Oxford Dictionary explains liberty as, "the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views.

Pursuit Of Happiness - By writing in this provision they were opening the opportunity for people to acquire and possess property. Along with this comes safety and protection of things owned and worked for.

"Self-Evident Truths"

These men felt that their was no need for debate or discussion about these things. These truths were obvious to all. Once again, scripture tells of this in Romans chapter 1, verse 20. It says, "For since the creation of the world God's invisible qualities—his eternal power and divine nature-have been clearly seen, being understood from what has been made, so that people are without ex-

Thomas Jefferson was said to be the author of the Declaration of Independence, but he received input from John Locke, William





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to judge men and women by the content of Blackstone, George Mason and Ephraim Brevard, who were all devout Christians. So many of our foundational documents were rooted in the truths of God's Word and grounded in Biblical Principles.

As our country approaches a quarter of a millennium, we must hold tightly to the truths that have made our nation great. May God continue to bless the United States of Amer-

Area **Church Directory**

Light Rising in the Darkness

If you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday. — Isaiah 58:10

The roles of mom, dad, brother, and sister can be broader than traditional definitions suggest. My mom has embodied an expansive view of motherhood throughout her life. She not only raised my siblings and me alongside our father, but she also served as a Christian school principal for 35 years and as an elder in her church. Her influence reached far beyond our home—spending summers in Ukraine, Uganda, and Russia, as well as three years in Bangkok to help establish Christian schools.

When I was a single father with sons ages 7, 4, and 1, my mom stepped in to help me, sharing as a grandmother the same energy and devotion she had shown as a mother. Her love, especially in times of need, reflected God's calling to spend herself on behalf of others. She's always been a square peg in a world that tries to fit people into round holes, and that uniqueness is her strength. The churches, orphanages, and schools she has served have benefited deeply from her gifts—as have we, her family.

God promises his servants: "You will be like a well-watered garden, like a spring whose waters never fail." Is there someone in your life whose faith and service reflect God's light and bless others in remarkable ways?

Lord, thank you for all whose love and service reflect your light. Bless those who give generously of themselves. May their lives be like well-watered gardens, ever refreshing others. Amen.

CANVAS CHURCH

404 Schilling Drive, Dundas

Lead Pastor: Jed McGuire • www.canvaschurchmn.com

Sunday service 9:00a.m. and 10:45a.m.

YTH Wednesdays at 6:30p.m. Canvas Recovery Group meets Thursdays at 6:30p.m.

LITTLE PRAIRIE UNITED METHODIST 2980 130th St. E. Pastor Penny Bonsell • pastor@littleprairieumc.org 507-663-6150 church phone • 651-503-4279 Cell 9:30 a.m. Sunday Worship; Sunday School & Nursery; Adult Group 8a.m.

CITY LIGHT CHURCH 2140 Hwy. 3 South, Northfield, MN Pastor Pete Haase • 507-645-8829 Call for service times

LIFE21 CHURCH 2100 Jefferson Road (just north of Target) Pastor Brent Bielenberg • 645-7730 life21church.com 10:00a.m. Worship Experience

NORTHFIELD EVANGELICAL FREE CHURCH 5600 East 110th Street Pastor Dan Runke • 663-0133 • northfieldefc.org 9:30 a.m. Worship; 11:00 a.m. Christian Life Classes

HOSANNA CHURCH - NORTHFIELD 205 2nd St. S., Dundas Pastor Dean Swenson • 507-664-9007 • www.hosannalc.org

Sunday: 9am & 10:45am Worship with Hosanna Kids Church ages 3-5th grade and Child Care for ages 6wks-3years at both services Fellowship time with refreshments between services.

Wednesday: Middle School Ministry - doors open at 5:30; programming 6-7:15; High School Ministry - doors open at 7pm; programming 7:30-9pm

MAIN STREET MORAVIAN CHURCH 713 Division St., Northfield Tel: 507-645-7566 • Worship Services at 10:30a.m.

GOSPEL OF LIFE FAMILY CHURCH "PREACHING JESUS CHRIST AND HIM CRUCIFIED"

2010 Jefferson Road, Suite A, Heritage Square on Hwy. 3, Northfield admin@gospeloflifechurch.org www.gospeloflifechurch.org Sunday 10:30a.m.; Wednesday 6:00p.m.



2025 **Joseph Lee Heywood Distinguished Service Award Recipient** is Cecilia (CC) Linstroth

The Defeat of Jesse James Days Committee is pleased to announce that the 2025 Joseph Lee Heywood Distinguished Service Award Recipient is Cecilia (CC) Linstroth.

CC is the 42nd recipient of this prestigious award and will be honored on Wednesday, September 3, 2025, during the Joseph Lee Heywood Distinguished Service Award Banquet at the Northfield Ballroom, one of the official kick-off events for the Defeat of Jesse James Days celebration.

In part, CC's nomination reads, "CC has

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& Catering

given to the Northfield community and contributed to its betterment through her dedication and involvement in local government and nonprofit organizations. She has provided leadership and valuable input during her continued years of service and active participation. CC is especially passionate about the issue of literacy and has worked to develop literacy curriculum for several years sharing her expertise and knowledge with educators and parents."

CC is a retired teacher, having taught elementary education in the Northfield school district for many years before ending her career with the Burnsville school district. She is a former member of the Northfield City Council and temporarily served as the interim Northfield City Administrator. CC's past community involvement has included, serving on the Northfield Library Board, the Hospital Board, the Park Board, the Hope Center Board, the Mill Towns Trail Joint Powers Board, and the League of Women Voters, just to name a few. She was an early member of the Women in Northfield Giving Support (WINGS) organization and chaired the DJJD Arts Fair. CC currently chairs the Northfield Hospital Foundation. She is a member of the Charter Commission for the City of Northfield, and a board member of The Friends of Downtown Northfield and Age Friendly Northfield, a city initiative.

"As we look ahead to the 2025 Defeat of Jesse James Days celebration, we are thrilled

to honor CC and her many contributions to the Northfield community," said Galen Malecha, current DJJD General Chairperson. "CC is someone who often works behind the scenes, and we're thrilled to be able to shine a light on the incredible work she has been a part of. She is a positive force in our community, and we cannot wait to formally honor her this September."

For those who wish to attend the Joseph Lee Heywood Distinguished Service Award Banquet in September, details can be found at dijd.org – RSVPs are appreciated.

The Defeat of Jesse James Days Heywood Selection Committee is always looking for new nominations. The form along with submission instructions can be found at djjd.org

Mission Statement of the Heywood Committee:

To honor a Northfield citizen who we feel exemplifies the commitment to public service, which Heywood lived. It is an award that reminds us of our past and our promise to improve ourselves and our community for the future. An award that each of us would someday hope to be considered worthy of receiv-



Cecilia (CC) Linstroth

Zimmermans named 2025 Rice County Farm Family of the Year

(continued from page 1)

Kara and John Zimmerman of Northfield have been selected as Rice County's Farm Family of the Year.

Their farm, just outside the city, is primarily turkeys, but also includes row crops of corn and soybeans. They grow both heavy toms and heavy hens for Ferndale Market in Cannon Falls.

John is the owner and primary operator, Kara is a full-time CPA, while their schoolage son Grant helps out wherever he can.

John's mother Karen helped out with farm

John was the 2014 president of the Minnesota Turkey Growers Association and the Minnesota Turkey Research and Promotion Council. He also served several years on the board of directors for Minnesota Agricultural

Currently, John is the chairman of River Country Cooperative in Inver Grove Heights.

He was the 2024 chairman of the National Turkey Federation and is currently a member of the Executive Committee. John is also chairman of the National Turkey Federation Foundation.

The farm's turkeys are so well regarded that two of its toms made the trek to Washington, D.C., in November where they received a pre-Thanksgiving pardon from President Joe Biden.

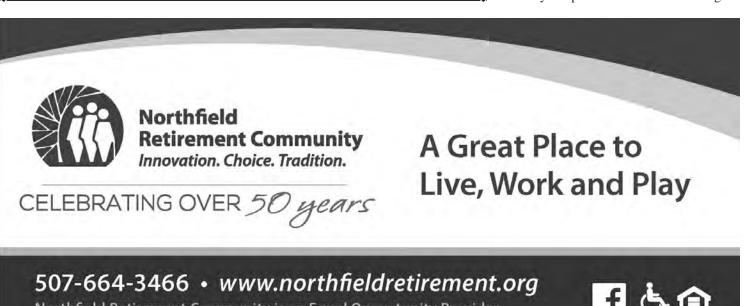
The University of Minnesota Farm Family Recognition Program honors farm families from throughout the state for their significant contributions to the agriculture industry and their local communities.

The Farm Family Recognition Program has honored Minnesota farmers since 1979. It is coordinated by University of Minnesota Extension, the College of Food, Agricultural, and Natural Resource Sciences, and the College of Veterinary Medicine.

Farm Families are recognized at Farmfest in

The Zimmerman family home farm was settled by August Zimmerman in the 1870s near Northfield, Minnesota. It started as a mixed crop and dairy farm until the 1950s when John's father Chuck started raising turkeys. John is the second generation to raise turkeys and the farm is in its fifth generation.

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Rediscovering Connection: The Benefits of Family Camp



By Emmarie Moon

In today's fast-paced world, it's not uncommon for families to feel more like a collection of individuals than a unified team. Between work, school, sports, social media, and screens, families are busier than ever—often at the expense of meaningful time spent together. That's why Family Camps are making a powerful comeback as one of the most rewarding investments a family can make in their relationship with one another. More than just a getaway, family camps provide an intentional, immersive experience designed to help families reconnect, reset, and rediscover

joy together.

1. Unplugging to Reconnect

One of the most immediate benefits of family camp is the opportunity to unplug—literally. Many camps have limited cell service or intentionally create "device-free" zones to encourage families to focus on what matters most: each other. For parents and children alike, it can be refreshing (and even a little challenging at first) to step away from screens. But once the distractions fade, meaningful conversations, laughter, and real connection begin to take their place.

When was the last time your family sat around a campfire sharing stories, played a board game without interruption, or went an entire day without checking a device? Family camps provide the space and structure to make those moments happen.

2. Shared Adventures Build Stronger Bonds

Family camp is packed with activities designed for all ages and skill levels. From canoeing and hiking to zip-lining, archery, or crafting, families are encouraged to participate together in new and sometimes challenging experiences. These shared adventures create memories that last far beyond the final campfire sing-along.

When families try something new as a unit—whether it's a high ropes course or a silly skit night—they grow closer. Accomplishing goals together fosters trust, communication, and a sense of unity. Even the occasional failure or funny mishap becomes a cherished inside joke.

3. Intentional Time Strengthens Relationships

Family camp offers something that's in short supply during normal life: intentional, uninterrupted time. Meals are eaten together without rushing, schedules are simplified, and the pace is slower. Many camps include guided family devotionals, reflection times, or parent-child discussion moments that help deepen emotional and spiritual connections.

These moments of intentionality can strengthen marriage relationships, open new lines of communication with teens, or simply allow parents and young kids to delight in being together without distraction.

4. Encouraging a Healthier Family Rhythm

Sometimes families don't realize how fast they're moving—or how disconnected they've become—until they experience something different. Family camps often provide a much-needed reset for stressed-out parents and overstimulated kids. The slower pace, natural setting, and wholesome fun help families experience what it's like to live with more balance.

Many parents leave family camp with a renewed commitment to setting boundaries around tech, creating family traditions, or prioritizing Sabbath rest. Camp doesn't just refresh; it reorients.

5. Positive Role Models and Supportive Community

Another great aspect of family camps is the chance to interact with other families who share similar values. Camps are often staffed with caring leaders, mentors, and volunteers who model healthy family relationships, spiritual growth, and joyful service. This environment can be especially encouraging for

families navigating challenges, blended families, or those seeking to establish a stronger faith foundation.

Some families find lifelong friends at camp. Others are simply comforted to know they're not alone in the struggles of modern family life

6. Faith and Fun Interwoven

Many family camps are rooted in Christian values and offer families a space to grow in their faith together. Through chapel services, worship nights, campfire devotions, and prayer times, families can draw closer to God and each other. Faith becomes not just something talked about at home or church—but something lived out in everyday moments, shared under the stars or after a morning paddle.

It's these spiritually formative experiences that often stick with kids long after the week is over. For parents, it's a rare and beautiful opportunity to disciple their children in a hands-on, heart-first way.

In Conclusion

Family camp is more than just a vacation—it's an intentional step toward building stronger family bonds, creating lasting memories, and rediscovering what it means to rest, play, and grow together. Whether you're looking to reset your family rhythms, unplug from the noise, or simply laugh more together, family camp offers a unique and powerful way to invest in what matters most.

So pack up the car, leave the Wi-Fi behind, and head into the woods—you may just come home with more than mosquito bites and souvenir T-shirts. You might come home with a stronger, more connected family.



Changes in Latitudes, Changes in Attitudes

Retirement, heading south and taking it easy



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

I was born to be a farmer, it was in my blood from birth. I probably got that from my father. I couldn't imagine doing anything else for the rest of my life. It was the greatest vocation you could ever aspire to. Farmers were the best people. Most of them stayed farming until they tipped over. It was the thing a man did. You died with your boots on. Leaving the

farm wasn't going to happen for most farmers. So, I never imagined I might ever move south to somewhere warmer.

In 1964 my dad took the family on a trip south over Christmas vacation. He made the decision after he had survived a helicopter crash, with a desire to spend more time with the family. We traveled through Tennessee. I was mesmerized by the state. It wasn't bitter cold in December like Minnesota. And there was interesting history there. And it was beautiful. Tennessee had rivers, lakes and pine trees. You would think you were in northern Minnesota, without the winter. Those trips as a young child put the bug in me to vacation in the south. Just about every winter after that included the family heading south.

Years of raising livestock through a Minnesota winter takes it out of a guy. Many times, I have been stuck in a snowdrift with a tractor hauling manure into the field, froze my fingers crawling up a silo to fix an unloader, thawed out countless outdoor water fountains for cattle, fought with barn cleaner chains buried in ice and been so cold I couldn't feel my extremities while cutting and splitting firewood to keep the house warm. These memories are permanently imbedded in my mind.

I think of these things over the last eight years that I have spent the winters down south. I wrote this the first week of February while relaxing on my porch where we live on Kentucky Lake. Kentucky Lake is the Tennessee River where it is about a mile wide. The Tennessee River starts in the east of the state and meanders all the way to the west



View of Kentucky lake from Lodge dining room

where it eventually makes its way into the Mighty Mississippi.

Back to the first week in February in Tennessee. It is sunny and well into the 70 degree range. A perfect day by any standard. But even better in contrast to a February day in Minnesota. I went for a walk with the dog along the road by the river. Then we sat on the front porch together and relaxed, the dog snoring while I dozed off. Then I picked up my neighbor, Harry, and we drove to the Paris Landing Lodge Restaurant. This is a great place to eat and is only a few miles from our house. We sat by the window over-looking the lake enjoying a burger and talking for over three hours. He grew up on a farm in Indiana and operated heavy equipment all his life. We have a lot in common and enjoy

doing things together, even though he is more than ten years older than me. Funny how the age difference doesn't mean anything when one gets old.

When I am not on the farm, I do not have the constant call of things to do. No fences to tear down or build, no barns or buildings to maintain, nothing to feed or clean, no mowing, tilling, planting or fixing. Somedays down here I sweep out the shop and organize the tool bench, just because there is nothing else pressing to do. Many an afternoon I have fallen asleep in the porch chair on the front deck with my dog laying their head on my lap. I never saw this coming. But it is hard to beat having lots of spare time and not much to do with it.

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A Minnesotan: Fair Season



By RosaLin Alcoser

We've hit the point in the summer when things start to turn hot and sticky. Which also means that we've hit the beginning of the county fair season.

While the people living in the cities tend to only care about the state fair at the end of the summer. The rest of us know that to get there first we have to go through all of the county fairs.

When I was a kid I clogged at the Goodhue county fair every year until I left for college; right over in the small entertainment tent across from the beer garden. Every year before and after I clogged I spent my time wandering in and out of all

of the fair exhibits.

Now that I'm grown I pretty much do the same things no matter which county fair it is. Because we all know that you have to hit up the 4 H building, all of the barns, plus the craft and agriculture buildings. After all, how else would we know which locals would be going onto state at the end of the summer?

Personally I think that the barns are always some of the most interesting to visit. After all you have wide variety to go to. You have the dairy barn, the goats, the pigs, the rabbits, the poultry, and of course my mother's favorite, the horses. Every year my mother has tried to use the county fair as a means to get us interested in one of her childhood interests. Horses.

This includes this year's visit to the county fair. When we were in the horse barn looking at all of the horses participating this year she was excited about me correctly identifying a Shetland pony. It was once she started pointing out all the reasons that I could tell it was a Shetland pony that I had to admit that I knew none of that. I was doing what I often do when telling people about whatever is right in front of me and was reading the sign telling what I was looking at.

Needless to say she was less impressed with me upon my admittance of this. However, this was soon remedied with the Minnesotan fair staple of cheese curds and a turn around the poultry barn.

The Circus is Coming to Dennison

(continued from page 1)

This year, we're very excited to bring you our brand new 2025 performance featuring Big Cats presented by Trey Key, our Aerialist Extraordinaire Simone on the trapeze, the Perez Daredevil Duo on the Tight Rope and Wheel of Destiny, the high energy Macias family hand and foot juggling, and everyone's favorite Circus Clown Leo Acton.

Circus Day Schedule 9:30 a.m. - Tent Raising & Tour

Everyone is invited to watch the Big Top rise! You'll also get a chance to tour the grounds and get a behind-the-scenes look at our show! Learnabout life on the road and the care our animals receive.

4:00 p.m. - Midway Opens

Pony Rides, Moon Bounce, Giant Slide, Face Painting, Concession Stand and Box Office open up for some extra fun!

5:00 & 7:30 - Circus Performance

Get ready for an amazing show the whole family will love! Each show lasts about 90 minutes

Tickets Advance Tickets Prices

Adult Ticket - \$13Child (2-12) or Senior (65+) - \$8 Advance tickets can be purchased BEFORE Circus Day from these locations:

Heritage Bank - Dennison Dennison Depot Fireside Lounge & SupperClub Parkside General Store -Nerstrand

A higher percentage of advance tickets goes back to the sponsor, meaning more money-back into your community! You'll also save money and can skip the lines at the box office!

Box Office Prices

Adult Ticket - \$16Child (2-12) or Senior (65+) - \$9 Box office tickets go on sale at the Circus grounds starting one hour before each show.













50th Annual Rice County Steam and Gas Tractor Show August 29, 30 & 31

(continued from page 1)

Vintage Machinery, both horse drawn, and tractor driven, will be on display and used in various exhibits on the grounds.

The tractor parade takes place at noon each

Breakfast is served daily on the grounds as well as other food stands offering food throughout the day.

The kids pedal pull is Saturday after the parade, and the tractor pull is Sunday at 9:00 AM. For the annual fundraising raffle, a Club Car Golf Cart is the Grand Prize this year. Raffle Tickets are just \$5.00, with the drawing Sunday at 4 PM..

A petting zoo will also be available for visitors, presented this year courtesy of Windy

Willow Farm Adventures.

There will be live music all three days and a non-denominational church service will take place Sunday at 8:00 AM.

General admission is just \$10 for the entire weekend and all events are free for ages 12 and under.

Celebrating 50 years of shows, the all-volunteer group works hard to preserve history, maintain the grounds and bring new pieces of history to visitors every year. The newest

building acquisition for the club was the former Waterford, MN schoolhouse and township building, which was moved to the grounds from its original location in Waterford (Just North of Northfield). Photos of the historic move are available on the Rice County Steam and Gas Facebook page.

Complete information and event listings are available on the group's Facebook page and website at ricecountysteamandgas.com

Dennison Farmers Market Wednesdays at 5:00

From 5 to 7 pm, you will find not only the vendors you have become accustomed to, but a few new members are there, vending their wares this year!

Located south of Fireside on Main Street, you will find delectable delights to tempt your taste buds, as well as handmade crafts for your home, or to give as unique gifts.

As the summer progresses, there will be lots of produce to choose from, too.

The Farmer's Market was started many years ago, and the founders had their last season in 2022. Heidi Cooke was kind enough to take the lead to continue this great

community event on Wednesdays. Keep up to date with information on the Dennison Farmer's Market page, letting you know weekly what is for sale. The market is hoping to expand some more this year with a bigger variety, so if you or someone you know has something that fits in with our market, please contact Heidi dennisonfarmersmarket@gmail.com to let her know, or to ask questions. The market remains free to vend, so let your friends and family know when we will be there.

Spread the word! Buying local is the best way to help boost our economy. When you buy at a farmer's market, not only are you supporting your friends and neighbors, but you know where your food comes from, and that brings peace of mind as well!

SATURDAY

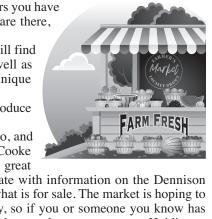
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(after 4p.m.)

37540 Goodhue Aye., Dennison, MN

Hours: Wednesday & Thursday 11:00 AM-8:30 PM Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-9:00 PM

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- · HOT FARM: 5,000-12,000 LBS
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Dakota County Woman Remains Missing After 1 Year

(continued from page 1)

According to the Minnesota Bureau of Criminal Apprehension, Anderson left her home around 10 a.m. on July 6, 2024, and hasn't been heard from since. Officials say Anderson left on foot without her phone, wallet, glasses or medication, adding there is "concern for her welfare."

Anderson's mother, Dorene Mies, told KARE 11 that her daughter left the house that morning to get the mail and never returned. The moment was captured on their Ring camera.

In October, officials announced a \$45,000 reward for anyone who provides information that leads to Anderson's whereabouts or the prosecution of anyone involved in her disappearance. Only tips received through the sheriff's office or CrimeStoppers will be eligible for the reward. Tips can be submitted by phone at 651-438-TIPS (8477), via email at crimeandwarranttips@co.dakota.mn.us.

A man was arrested and questioned about Anderson, but he was released to Le Sueur County, where he had an active felony bodyonly arrest warrant.

Anderson is described as 5-foot-6, 135 pounds with blonde hair and brown eyes. She

Today marks one year since Nicole "Nikki" Anderson was reported missing after walking out the door of her home in Randolph, Minnesota.

Over the past year, investigators from the Dakota County Sheriff's Office — in collaboration with federal, state, and local partners — have worked tirelessly to locate Nikki. Our commitment remains unwavering. We will not rest until we find her and bring answers to her family.

We continue to urge anyone with information, no matter how small, to come forward. If you know something, say something.

Our tip line is open 24/7 at (651) 564-9097 or at this link: https://www.cognitoforms.com/DakotaCountyMN/NicoleAndersonMissingPersonTips.

All tips can remain anonymous. Please share this post as your share could reach to someone who knows something.

Posted by Dakota County Sheriff's Office on Sunday, July 6, 2025

was last seen wearing a long gray sweater/shirt, dark pants and sandals.

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MISSING PERSON

SINCE JULY 6, 2024

NICOLE "NIKKI" ANDERSON

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135 LBS

Last seen on July 6, 2024 wearing a grey sweatshirt and camouflage pants in the City of Randolph.



\$50,000

The Dakota County Sheriff's Office continues to actively investigate the disappearance of Nikki and is seeking any information leading to her whereabouts. You may provide information anonymously at the link above or call 651-564-9097





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Senior Living

The Savvy Senior Beware of the Medicare Advantage Trap



By Jim Miller

Dear Savvy Senior,

I will be enrolling in Medicare in a few months and would like to know if I initially enroll in a Medicare Advantage plan, am I able to switch back to original Medicare and get a supplemental (Medigap) policy and prescription drug plan later with without paying a fine?

-Almost 65

Dear Almost,

You won't be subject to any fines for switching Medicare plans, but you will be subject to medical underwriting for the supplemental (Medigap) policy. That means the private in-

surance companies that offer these plans can deny you coverage or charge you a lot more for preexisting conditions. This is known as the Medicare Advantage trap. Here's what you should know.

Understanding MA Plans

Medicare Advantage plans (also known as Medicare Part C) are government approved health plans sold by private insurance companies that you can choose in place of original Medicare. The vast majority of Advantage plans are managed-care policies such as HMOs or PPOs that require you to get your care within a network of doctors.

If you join an Advantage plan, the plan will provide all of your Part A (hospital insurance) and Part B (medical insurance) coverage like original Medicare does. But many Advantage plans also offer extra health perks like dental, hearing and vision coverage along with gym/fitness memberships, and most plans include prescription drug coverage too.

Medicare Advantage plans are also cheaper than if you got original Medicare, plus a separate Part D drug plan and a Medigap policy. This can be very attractive to new enrollees who are relatively healthy and don't require much medical care.

But the benefits and networks of Advantage plans can change from year to year. And if you get care outside the networks, you'll usually pay more – sometimes a lot more. Advantage plans are also criticized for pre-authorization requirements which can delay or deny patient access to medical care.

The rap on Medicare Advantage has always been that they're great when you're healthy



and don't require much health care, but depending on the plan, may not be so great if you get sick.

With original Medicare, benefits remain the same and you can use any provider that accepts Medicare (most doctor's do). But original Medicare has coverage gaps (deductibles, coinsurance and copayments) that can be very expensive, which is why you'll need a supplemental (Medigap) plan offered by a private insurer.

If you opt for original Medicare when you're first eligible, insurers are required to issue you a Medigap policy and can't charge you more based on your health status. In most states, Medigap plans are automatically available only in the first six months after an enrollee becomes eligible for Medicare.

But if you enroll in a Medicare Advantage plan when you're first eligible, you'll miss the Medigap enrollment window, which means an insurer can refuse to write you a Medigap policy or charge you a lot more for signing up later. And in case you're wondering, you can't buy a Medigap policy while you're in a Medicare Advantage plan.

There are, however, four states — Connecticut, Massachusetts, Maine and New York — that prohibit insurers from denying a Medigap policy to eligible applicants, including people with pre-existing conditions.

For more information on how Medigap works visit Medicare.gov/health-drug-plans/medigap.



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Health & Wellness

Multiple Sports Improve Children's Health



By Shauna Burshem, D.C.

A study published in the Journal of Sports Science followed 627 children in Finland over three years to explore how early physical activity influenced their coordination and movement skills by age 11. Researchers examined two types of physical activity: organized sports, such as team sports or lessons, and unstructured outdoor play. The aim was to understand how these different forms of movement impacted motor coordination, balance, and overall movement abilities in the long term.

The children underwent assessments that measured jumping, throwing, running, and balance using standard physical skills tests and a jumping test. These tools are commonly used to evaluate basic motor functions. The study categorized movement into four areas: locomotor skills like running and hopping, object control skills such as throwing or dribbling, a combined score of these two, and dynamic balance, which was tested by counting how many side-to-side jumps a child could complete in 15 seconds. Findings revealed that children who participated in multiple sports showed greater improvements in motor skills compared to those who played just one sport or none at all. Specifically, children in-

volved in two or more sports achieved 10.1% higher jumping scores and up to 14.5% better coordination than their peers who did not engage in sports. While playing a single sport still provided benefits, the improvements were less pronounced, particularly in tasks involving jumping and running.

The study highlights the significant advantages of engaging in diverse physical activities during childhood. Participating in multiple sports appears to enhance a broader range of motor skills, including coordination and balance, more effectively than focusing on just one sport. This suggests that varied physical experiences may better prepare children for physical challenges and activities later in life. Overall, the research underscores the importance of encouraging children to explore multiple sports and forms of physical activity. By doing so, they can develop stronger coordination and movement skills, which are essential for their physical development and overall well-being.

Florida has become the second U.S. state, after Utah, to ban water fluoridation, with the law taking effect on July 1, 2025. Governor Ron DeSantis described fluoridation as "forced medication" without informed consent. Public water systems must cease adding fluoride, and state regulators will enforce the ban. A National Toxicology Program review of 72 studies found consistent evidence linking fluoride exposure to lower IQ scores and impaired cognitive development in children. Research also associates fluoride with thyroid dysfunction and neurological harm, even at doses as low as 2 to 5 milligrams daily. While fluoride was introduced in 1945 to reduce cavities, mounting evidence suggests the risks, including neurodevelopmental and endocrine issues, outweigh the benefits. Many European countries rejected fluoridation decades ago, with 98% of Western Europeans now drinking non-fluoridated water. Other states, such as Ohio and Texas, are considering similar bans, and federal agencies are reevaluating fluoride recommendations. Currently, 63% of Americans drink fluoridated water, but this policy shift may



prompt widespread reassessment of its safety.

Sitting too long many decrease your life span: Prolonged sitting has quietly become a major risk factor for heart health, even for those who regularly exercise. Research reveals that sitting more than 10.6 hours daily increases the risk of heart failure by 45% and cardiovascular death by 62%. This underscores the urgent need to break up sedentary time, as reallocating just 30 minutes of sitting to light activity can reduce heart failure risk by 7%. Sitting still for too long impairs circulation, decreases insulin sensitivity, and hampers mitochondrial activity, progressively damaging cardiovascular health over time.

The detrimental effects of sitting aren't offset by regular exercise alone. Movement throughout the day is critical to protecting heart health and metabolic function. Even active individuals who meet the recommended weekly 150 minutes of moderate-to-vigorous exercise remain at risk if they spend prolonged hours seated. The key lies in shifting how we perceive movement—not just as a scheduled task but as a consistent practice integrated into daily life.

A study involving over 89,000 participants, tracked using wrist-based activity monitors, reinforced this point. It revealed that people who sat for over 10.6 hours daily faced significantly higher risks of heart-related conditions compared to those sitting less than 9.4 hours. Importantly, participants who incorporated small breaks in their sitting patterns by standing or walking benefited from observable reductions in heart health risks. Even minimal changes, like standing for 10 minutes every hour, have meaningful health pay-

July 23, 2025

The bottom line is simple yet powerful. Our daily routine, often centered around desks, cars, and screens, may be undermining our health without obvious signs. By incorporating regular movement into our days and breaking up sedentary periods, we can safeguard our cardiovascular health and overall well-being. The solution doesn't require monumental changes but rather mindful action to stand, stretch, or take light walks consistently throughout the day. Small steps can lead to life-changing improvements.

*Information and opinions expressed in this article are those of the author and may not reflect those of The Mes-

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Sunshine Vitamin



By Noel Aldrich, PhD, CNS Licensed Nutritionist

As we enter the summer season and experience the longest daylight hours of the year, this is a good time to consider our dependence on the sun for daily life. Our modern conveniences of electricity, natural gas, and supermarkets can distract us from recognizing how important the sun is. The sun is the source of all energy on the planet from coal to oil and natural gas, to the fresh food in the market place, all the chemistry involves energy input from the sun. In addition, the sun provides another critical chemistry creation in your body with the formation of Vitamin D, the true sunshine vitamin.

Have you noticed how fewer people have flu symptoms and colds during the summer months? A key reason for this is the increased exposure to sunshine. Sunshine is the necessary energy boost your body uses to convert

cholesterol into Vitamin D. The ultraviolet light from the sun is a powerful energy packet that transforms cholesterol in your skin into Vitamin D. This is the only vitamin the human body has the ability to construct and it can only be made with the ultraviolet rays from the sun.

Vitamin D is an essential fat-soluble vitamin that has steroid strength in your body. Vitamin D is able to start actions in the nucleus of your cells that no other vitamin can turn on. Bone strength and immune cell response are two key areas of health dependent on stable levels of Vitamin D. This vitamin is essential for a healthy pregnancy and can pass through the placenta to the baby as well as moving through the placenta back to the mother. Vitamin D is essential for a healthy start to life as well as sustaining through all the stages of life.

A healthy level of Vitamin D in the human body is between 40-80~ng / ml. According to Grassrootshealth.net, the average American has a measure of about 30~ng / ml. During the COVID pandemic, those individuals who were placed in Intensive Care Units at the hospital typically had Vitamin D levels lower than 30~ng / ml. Contrast with those who work outdoors for a living, such as land-scapers, construction workers, and lifeguards, whose average measure is around 50~ng / ml. The sun is not to be avoided as some might suggest, for it is our source of life.

Healthy exposure to sunshine includes timing and quality foods. Sunburn is a result of overexposure and some unhealthy food sources. Spend time in the sunshine before 11 am and after 4 pm to avoid the intensity that can burn. In addition, increase intake of



Omega 3 fatty acids like extra virgin olive oil and flaxseed oil while reducing intake of Omega 6 fatty acids, which are found in vegetable oil, corn oil, and deep-fried foods. The high consumption of Omega 6 fatty acids increases the chance of sunburn because Omega 6 fatty acids are unstable in ultra-violet light. An individual who consumes healthy oils can spend more time in the sunshine without concern of getting sunburn.

For those who do not get outside frequently, a quality supplement for Vitamin D is cod liver oil. This supplement is available with lemon or orange flavoring, so it is easy to take with food. I recommend taking cod liver oil with your meal. Cod liver oil is a wonderful combination of Vitamin D, Vitamin A, and omega 3 fatty acids, so you are getting a quality supplement with every spoonful.

Ask your doctor for a Vitamin D test or go

online to grassrootshealth.net to request a simple kit to be mailed to your home so you can test where your Vitamin D level is. The common lifestyle of many Americans involves staying indoors out of the sunshine doing office work and sheltered in air-conditioned settings. A test of your Vitamin D level can provide you with a good evaluation of the next steps you need to take in lifestyle and healthy food choices.

Every health challenge you face in the year ahead has a nutritional answer to it. Your health challenge can be successfully addressed with a quality nutrition plan. Contact me to discuss your health goals for the coming year. I can help you realize greater health freedom in 2025. You can contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

*Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.

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Nonprofit Focused on Helping Foster Children Thrive

By Rice County



Holly Schoenbauer couldn't have imagined how foster parenting would impact nearly every aspect of her and her family's lives.

Six years after becoming a licensed foster parent, the

Northfield mother of three says fostering has been better than she ever expected – her children have become stronger, more patient, empathetic and kind. Each says they plan to someday become a foster parent.

And now, she's expanding her reach well past the few dozen children she and her husband Dave have welcomed into their home. She's founded a nonprofit, This Is Me, to help children in the foster care system develop a sense of belonging and the self-worth they so often lack.

While foster care is intended to provide a temporary living arrangement, nationwide, foster children live, on average, in 15 different homes; four in their first year. State figures show that in 2024, Rice County foster

children averaged two moves.

Because they've been removed from their family due to maltreatment or neglect, foster children often have behavioral problems and suffer from complex trauma.

According to the American Academy of Pediatrics, 80% of children and adolescents in foster care have mental health needs. Statistics on young adults who've transitioned out of foster care paint a pretty bleak picture. By the time they're 21,29% report experiencing homelessness, 20% report being incarcerated and 23% report becoming a parent.

Schoenbauer, who has a dual degree in theology and psychology from the University of St. Thomas and a master's in Gifted and Talented Education, and is executive director of the Northfield nonprofit, Project Friendship, says that through observation and research, she discovered that foster children see themselves through that lens. In addition to a lack of permanency, few, she's found, have any personal belongings.

But how, she wondered, could she help kids identify as something other than "foster kid"? And what would it take to make it hap-

"If we can get a child in foster care to see that they're more than a foster kid, they can direct their lives in different ways," she said.

This Is Me is working to provide yearbooks, club and team photos, letter jackets, anything that gives kids an identity of their own for the county's foster children, and collaborating with volunteer photographers to offer milestone photos like senior pictures



Holly Schoenbauer, center, speaks with a foster mother during a May event in Bridge Square in Northfield to raise awareness of her organization and foster care in general.

Rice County photo

and at adoptions and parental reunifications. She's currently raising money and working on several grants to pay for activities like clubs, sports or lessons and is beginning to recruit mentors for the youth 7 and up that would be paired with children in foster care through This Is Me's mentoring branch.

And if all goes well, This Is Me will hire full-time staff and, hopefully with the help of grant funding, expand to the 32 counties in southern Minnesota.

While noting that the work isn't something

LEARN MORE

Holly Schoenbauer ThisIsMe@IDoExistorg 507-595-5437

This Is Me: www.idoexistorg

The organization is looking for volunteer board members who are passionate about youth and foster care. Meetings are held quarterly.

Mentors Needed: Adults interested in mentoring a foster child (7 years and up) starting this fall can contact Holly on the This Is Me website at www.idoexist.org. Prospective mentors will be interviewed and after acceptance take a mandatory 2-hour training and periodic training after. Mentors will be asked to commit to at least one year and to spend an hour per week with their

Foster parenting: Visit the county's website, https://bit.ly/RiceCo_FosterCare, call 507-332-6115 and ask to speak to a county licensor or email either

· Katie Anderson

katie.anderson@ricecountymn.gov · Cheryl Marek cheryl.marek@ricecountymn.gov

the child welfare system is built on, Chris Sammon, Rice County Child & Family Services manager, says Schoenbauer's work is a needed companion to the work of Human Services staff.

"We try to pay attention to the child's needs through their eyes, but the reality is we're focused on 'are they going to have a safe place to sleep?" she said. "Our funding is built on basic needs, basic care. Holly's organization is built on the building blocks of who you

Ensuring foster children are seen and heard is THE mission of This Is Me, said Schoen-

"Kids in foster care are given what they need to survive," she said. "This Is Me is giving them what they need to thrive."

County-led Housing Development Earns National Recognition

By Rice County



Each year, the National Association of Counties recogoutstanding programming in 18 categories aligned with the vast, comprehensive services counties provide. The categories in-

clude children and youth, criminal justice and public safety, libraries, management, information technology, health and civic engagement.

This year, Rice County has been recognized with an Achievement Award in the category of Community and Economic Development for the Twin Oaks housing development project. The project is part of a larger vision brought to life by the Rice County Board of Commissioners following the 2021 purchase of more than 100 acres of property on the northern edge of Faribault.

The county has developed formerly underutilized land to meet its immediate needs with the construction of the new Public Safety Center and develop -- in collaboration with the city of Faribault -- an area that will benefit the community well into the future. As part of this development, trail connections and green space were added, lots for economic development were established and an area, now known as Twin Oaks, was designated for housing.

When fully developed, 22 families will have an opportunity for affordable workforce homeownership and in the future, as their homeownership needs change, new families will have the same opportunity.

The development of Twin Oaks is a partnership between Rice County, Rice County



Housing Director Joy Watson, right, holds an award certificate from the National Association of counties, commending the county for its work on the Twin Oaks housing development. Also pictured, from left, are Administrator Sara Folsted, and Commissioners Charlie Peters, Jim Purfeerst, Gerry Hoisington, Steve Underdahl and Galen Malecha. Rice County photo

Housing & Redevelopment Authority, Three Rivers Community Action, Minnesota Housing Finance and the city of Faribault. The first 6 homes are being constructed by Rice County Habitat for Humanity with one of those constructed by students and faculty from South Central College.

During the July 8 Board of Commissioners meeting, Administrator Sara Folsted commended the board for its vision and Housing Director Joy Watson for her work to bring

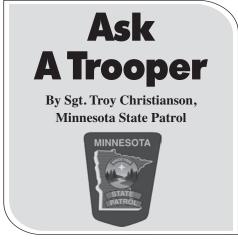
this project to fruition.

"With the housing market as it is, it is difficult to find available affordable homes to meet the needs of our local workforce and inworkforce homes for people in our community.'

dustries," said Folsted. "Twin Oaks is a good first step in a model of public/private partnerships that can work together to help increase the availability of affordable

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Question: I heard something about kids needing to ride in the back seat if possible. What is the age on that?

Answer: Back on August 1, 2024 there were new car seat guidelines put in place along with this. The back seat is the safest place in most vehicles. Children under 13 must ride in the back if it is available.

• Children under 2 years of age must ride in a rear-facing car seat until they reach the weight or height limit of the car seat. If they are too heavy or too tall for the car seat, they must switch to a front-facing car seat. Once they turn 2 years old, if they are under both

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the height and weight limits, they must stay in the rear-facing car seat until they are too tall or heavy for the seat.

- Children older than 2 who exceed the rearfacing height or weight limit of the car seat must sit in a forward-facing car seat until they reach the height or weight limit (typically 40-60 pounds, depending on the manufacturer).
- A child from 4 to 9 years old must use a booster seat and be secured with a safety belt if they are too tall or too heavy for the car seat.
- When a child is 9 years old, or they exceed the weight or height limit of the booster seat, they must sit without the booster and be seveight or height limit of the car seat. If they

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If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Troy Christianson – Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. or reach him at, Troy.Christianson@state.mn.us.







A straightforward look at this year's agriculture bill

BY: SENATOR BILL LIESKE

In the coming weeks and months I will use this space to summarize what was included in the budget bills we passed this year. First up, Agriculture.

Before we get into the details, let me be clear: this is not an endorsement of any of these provisions. Like most of the bills we work on, the 2025 agriculture bill includes a wide variety of programs. Some of these I support. Others I don't. This is simply a summary of what was in the bill.

The one program I do want to highlight here is my Cottage Food reform. This provision received broad bipartisan support, and I am glad it was included in the final version of the bill

Regardless of how anyone feels about the bill, it's important to understand what's in it. Especially when your tax dollars are on the

line

The 2025 agriculture bill funds several major departments and programs, including the Minnesota Department of Agriculture (MDA), the Board of Animal Health, and the Office of Broadband Development.

Bipartisan cottage food reform

Let's start with cottage food reform. This is an issue I've worked on for years and written about multiple times in this space. The new law allows cottage food producers to deliver by mail, raises the income cap with inflation, and allows limited liability companies owned by two people in the same household to qualify. These changes go into effect in 2027 and reflect the feedback I've heard directly from small food businesses across the state.

New spending and program expansions:

\$1.5 million added to the state's agricultural emergency account.

Compensation for farmers whose livestock were injured or killed by wolves and elk.

Temporary funding increases for meat in-

spection and county agriculture inspectors.

A pilot program that pays farmers to reduce their use of commercial nitrogen fertilizer by switching to bio-based alternatives, available in specific counties.

\$1 million per year for milk purchases for food shelves, and \$700,000 per year for local food purchasing assistance.

Grants to help meat, poultry, egg, and dairy processing facilities expand or modernize.

Changes to licensing and fees:

Fees for grain buyers and milk marketers are going up.

A new milk marketer license is now required for anyone handling over 700,000 pounds of milk per year.

Starting in 2027, food licensing modernization will bring in nearly \$2.6 million a year.

Other items:

Funding for farm safety, mental health, and down payment assistance for new farmers.

Funding to study risks from chronic wasting disease and to develop recommendations for improved nutrient management practices.

The Board of Veterinary Medicine will study the issue of cat declawing.

Licensed zoos may now receive permits to import reindeer from out of state under certain conditions.

Nurse practitioners and physician assistants can now access pesticide application records when treating exposed patients.

I voted for the agriculture bill because it was a good example of bipartisanship. If you have thoughts or questions about the ag bill or any other issue the legislature worked on, please contact me any time. It is a privilege to serve you!



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City of Dundas Update

The City signed the final agreement and accepted a bid for the pedestrian and trail improvements at Trunk Highway 3 and County Road 1.

Alongside the County Road 1 improvements, which are set to start construction in August, the watermain project on Dundas Boulevard from Millstone Lane to Hester Street, and the Reclamite street project will also begin in August. More information about those projects will be available on the City of Dundas website.

The City Council has begun reviewing the 2026 budget. Discussions will continue throughout the next months, with more information available on the website. Sign up for agenda notifications to stay up to date.

DUNDAS CITY COUNCIL REGULAR MEETING MINUTES Monday, June 23, 2025 7:00 p.m. City Hall

Present: Mayor Glenn Switzer, Councilors Grant Modory, Luke LaCroix, Ashley Gallagher, Luke Swartwood

Staff: City Administrator/Clerk Jenelle Teppen, City Engineer Dustin Tipp

CALL TO ORDER

Mayor Switzer called the meeting to order at 7:00 PM.

PUBLIC COMMENT - None

APPROVAL OF AGENDA

Motion by Modory, second by Swartwood, to approve the agenda. Motion Carried Unanimously (MCU)

CONSENT AGENDA

- Regular Minutes of June 9, 2025
- Consider Approving Encroachment Agreement Between the City and Property Owner at 458 Cedar Lane
- Disbursements \$85,280.97

Motion by Gallagher, second by Swartwood, to approve the consent agenda. MCU **REGULAR AGENDA**

 \bullet Consider Approving Resolution 2025 – 12 Approving Request for a Reasonable Accommodation for Deviation from Fence Height Limitation and for Placement of a Fence on the Property Boundary Line

Motion by Gallagher, second by Swartwood, to approve Resolution 2025-12. MCU REPORTS OF OFFICERS, BOARDS AND COMMITTEES

• Work Session – Review of 2026 Draft Capital Improvement Plan

The City Administrator presented the draft 2026 Capital Improvement Plan for the City Council's review and comment.

ADJOURN

Motion by LaCroix, second by Gallagher, to adjourn the meeting at 7:34 PM. Minutes prepared by Jenelle Teppen, City Administrator/City Clerk

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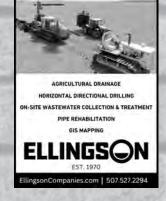


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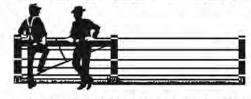


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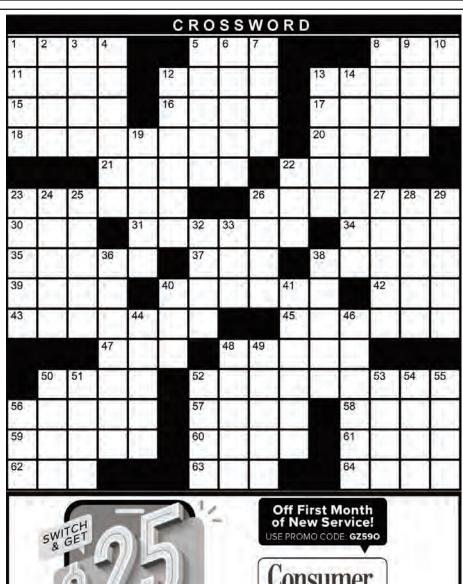




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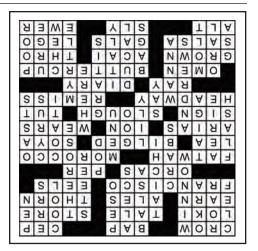
THEME: FLOWERS ACROSS

- 1. Straw man's "victim"
- 5. Protestant denom.
- 8. Large edible mushroom
- 11. Mischievous Norse deity
- 12. *Thumbelina emerges from a flower in a fairy ____
- 13. Brick and mortar destination
- 15. Garner wages
- 16. Guinness and such
- 17. *Poison: "Every Rose Has Its _
- 18. *"If you go to San ___ ___, be sure to wear some flowers in vour hair"
- 20. Electric one and moray one
- 21. Killer whales
- 22. p in mpg 23. Fatwa, alt. sp.
- 26. Spain's neighbor, across Strait of Gibraltar
- 30. "Back To The Future" actress
- 31. Leaked, as in ship 34. Miso bean
- 35. Operatic solos
- 37. H+. e.a.
- 38. Is dressed in 39. Leave a Hancock
- 40. Cast-off skin
- 42. Egyptian boy king
- 43. Clearance, as under a bridge 45. Neglectful in duty
- 47. *"Dandelion Wine" author _____ Bradbury 48. Dear one
- 50. Black cat, to some
- 52. *"Build Me Up
- 56. Adult
- bowl, frozen dish
- 58. Poetic "through"
- 59. Latin dance
- 60. "Buffalo won't you come out tonight..."
- 61. Kids' building block 62. Altitude, abbreviated
- 63. Like a fox
- 64. Water carrier

DOWN

- 1. Staff symbol
- 2. Zoo sound
- 3. Gumbo pod
- 4. Separate grain from chaff
- 5. Model-building wood
- 6. Smart ones?
- 7. 100 centavos
- 8. Refrigerate
- 9. Commits a faux pas
- 10. Mont Blanc, e.g.
- 12. a.k.a. meditation in motion (2 words)
- Ranch grazer
- 14. *Bette Midler's 1981 Grammy winning song (2 words)
- 19. Dungeness one and snow one
- 22. *Poppy's seed container
- 23. Banned camera setting, in a museum
- 24. Falcon's home 25. Boreal forest, in Russia
- 26. Ma tre d's list
- 27. Raccoon's South American cousin
- 28. *2024 Grammy winner for "Flowers"
- 29. Hop-drying kilns
- 32. *Lis in fleur-de-lis
- _ Goo Dolls of "Gutterflower" fame
- 36. *"Flowers in the Attic" author V.C. _
- 38. One of journalism's Ws
- 40. Declare
- 41. Costing nothing
- 44. Want to
- _ Beach, SC
- 48. Belonging to duke 49. Miuccia Prada's homeland
- 50. Like traditional storytelling
- 51. Lose skin
- 52. Tea servings
- 53. Tobacco
- 54. Strong desire
- 55. Standard's partner 56. Govt. property org.

7 6 9 7 6 9 3 8 9 t 3 7 6 8 9 9 t L 3 7 9 6 8 t 3 7 6 9 G 8 t 1 L 8 G 7 7 6 3 9 9 3 9 8 7 t 1 6 9 7 ε 6 8 9 1 t 8 7 7 3 1 6 9 9 1 **SUDOKU ANSWERS**



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