



Dundas Messenger™

PRSRT STD
U.S. POSTAGE PAID
PERMIT #2
Dennison, MN 55018

Postal Customer
ECRWSS

OCTOBER 22, 2025

Volume 19 • Issue 10



TRUNK OR TREAT

6 TO 7 PM Friday,
October 24th

Memorial Park
214 1st Street South

The City of Dundas Parks and Recreation Board invites the community to a Trunk or Treat in Memorial Park. Area organizations and businesses will be there with decorated car trunks ready to hand out candy and prizes. Come join the fun!

Announcements

• **Hope in Hard Times Women's Event - Saturday, October 25 from 1-3p.m. at Cornerstone Community Church, 1313 S Division St, Northfield.** Join us for refreshments, fun & guest speaker: Renee Carlson. RSVP - text: 507-301-9687; 507-316-9999.

• **Dale Lutheran Church Fall Festival will be held on Sunday, November 9, 2025. Serving will be from 12:00 noon to 1:30 p.m.** The menu includes pulled pork sandwiches, baked beans, potato salad, pie, coffee and milk (\$10.00 for meal - beverages extra). There will also be a bake sale and a quilt raffle. Take outs also available. Dale is located 6 miles east of Kenyon on County Rd. #12. Please join us for food and fellowship.

Do you have an announcement?

Email:

hometownmessenger@gmail.com

Dundas City Council Approves Preliminary Tax Levy Increase of 14.09%

Courtesy of KYMN Radio News

In September, the Dundas City Council approved a 14.09% Preliminary Tax Levy Increase. The preliminary levy sets the maximum amount that the city can collect in taxes; the amount can go down, but not up, when the final approval is voted on in December. For a home valued at \$300,000 in Dundas, they would see a \$102 increase in taxes a year.

The initial tax levy proposal brought forward earlier in the summer was 19%, City Administrator Jenelle Teppen said they refined the budget to bring it down to 14%:

"It started out at one rate and then, through

Estimated City Tax Rate Impact on Residential and Commercial Properties

Property Type	Market Value	Taxable Market Value	2025 Taxes Payable	2026 Taxes Payable	Increase (Decrease) in Property Taxes
Residential	\$ 100,000	\$ 62,500	\$ 328	\$ 351	\$ 23
Residential	200,000	171,500	900	962	62
Residential	300,000	280,500	1,472	1,574	102
Residential	400,000	389,500	2,044	2,185	141
Commercial	500,000	500,000	4,855	5,189	335

Note: change in market value has not been assumed

The estimated tax increase for the 14.09% Preliminary Tax Levy Increase.

Courtesy of KYMN Radio News

getting better numbers as time goes by, some refinements came in, which led us to two weeks ago, where they saw it in its final draft

form, and they were happy with it." – Jenelle Teppen, Dundas City Administrator.

Of the 14% levy increase, just 4% is going to city operations, and the remaining 10% is going to Dundas' share of the ice arena cost.

(continued on page 16)

Cattlemen's Saloon Opens in Dennison



Cattlemen's Saloon in Dennison opened earlier in October to much local anticipation.

"The road to get here has had a few bumps in it", commented Marie Kylo, who owns the bar with her husband Sean. Many know we opened the bar originally as 625 Bar & Grill in 2023. After 2 years we made the hard decision to close earlier this summer due to a variety of challenges in the business. "We took the summer to look at our options

and decided to reimagine what the space could be. With that, came CATTLEMEN'S SALOON," Sean added, focusing on the bar, atmosphere and service. We gave the space a new look, theme and decor."

The kitchen is not fully open at this time, but Cattlemen's offers pizzas and snacks, along with complimentary fresh popcorn. "We plan to offer some -Pop Up- kitchen nights as we move ahead into the fall and winter, including our broasted chicken dinners and a few other options on different nights but we're taking a more intentional approach to see what our customers want too. We hope to add more kitchen hours in the future, but staffing will dictate that.

(continued on page 4)

Annual Turkey Dinner at Dennison Sunday, October 26th

The Dennison Lutheran Community Church will hold their annual Turkey Dinner again this year, Sunday, October 26, 2025 from 11:00 to 1:00 in Dennison.

Diners can sit down and enjoy a delicious dinner and help support the community.

Take out orders are also available by calling or texting 507-645-6042 anytime ahead of the event. If you have a group coming, calling ahead to let them know is welcome.

All are welcome to enjoy this annual event!

Come See the All New

CATTLEMEN'S SALOON

LIVE MUSIC FROM ANDY TACKETT
FRIDAY, OCTOBER 24 AT 7:00PM

TUESDAY BINGO
6:00 PM

SUNDAY MEAT RAFFLE
3:30 PM

MAIN STREET, DENNISON • 507-782-9753

Monday - Tuesday - Thursday - Friday 3 PM - Close; Saturday - 11 AM - Close
Sunday - Noon - Close; Closed Wednesdays

Our kitchen is not open yet, but watch for "Pop Up" kitchen features coming soon!

BRING YOUR HERD IN FOR A COLD ONE!

RANDY'S PIZZA CHEESE BREAD SNACKS AVAILABLE!

Join Us for a Traditional Thanksgiving Dinner

Thursday, November 27 • Serving 10:30 a.m.-3:00 p.m.

(Final seating 3:00 p.m. • Bar open until 4:30 p.m.)

Serving Turkey or Ham, Mashed Potatoes, Stuffing, Cranberries, Vegetable, and Choice of Salad & Dessert

~ Appetizers Available ~

\$24.99 per person • Kids 12 & under \$9.99, Kids 4 & under Free

RESERVATIONS STRONGLY SUGGESTED: CALL 507-645-9992

37540 Goodhue Avenue, Dennison, MN

Hours: Wed. & Thurs. 11:00AM-8:30PM; Fri. & Sat. 11:00AM-9:30PM; Sun. 9:00AM-8:00PM

Bar Open Later

www.firesidelounge.net

Pastors Corner

Come to the Table

By Pastor Colleen Hoeft

You are invited... great words that fill us with anticipation- and excitement- most of the time. Those words are used often enough to invite us to spend our money, to go to yet, one more thing we don't have time for, and then we receive the 'invitation' and it fills us with dread and guilt. The funny part is that if we don't receive the 'invitation' somehow we feel left out- even if we hadn't planned to go!

What invitation would you love to receive today? What kind of invitations do you like to receive? Parties... games.... Infomercials... time share presentations? What were you invited to last?

You are invited... anticipation or dread.. joy or confusion. I want to look at the invitation that from Proverbs 9:1-6, "Wisdom has built her house; she has carved its seven columns. 2 She has prepared a great banquet, mixed the wines, and set the table. She has sent her servants to invite everyone to come. She calls out from the heights overlooking the city. 4 "Come in with me," she urges the simple. To those who lack good judgment, she says, 5 "Come, eat my food, and drink the wine I have mixed. Leave your simple ways behind and begin to live; learn to use good judgment."

Wisdom has her house built and it's ready. She has prepared a great feast. Everything is ready. I can imagine a beautiful table- covered with amazing foods and drinks and all laid out for her company. When I was a kid we would feed the men that came to chop corn or help my dad bale hay. My mom would cook an amazing meal, a couple of roasts, vegetables, mashed potatoes, gravy, possibly a salad, pickles, bread, and of course a really good dessert- either pies or a cake. No one ever left hungry! That's what I see here. Wisdom has prepared her feast- and now to invite the

people!

Wisdom sends out her maidens- her servants- she puts it out on social media, "Come in with me," she urges the simple. To those who lack good judgment, she says, "Come, eat my food, and drink the wine I have mixed." She doesn't have a special guest list- she wants everyone to come. Everyone is welcome to attend this banquet- She urges the simple- those that lack good judgement to come and eat and drink- so that they can attain wisdom.

Wisdom is available to all that come and partake in the meal that is being prepared and offered.

But just like any good meal- it won't do you any good unless you eat it! You have to attend and pick up your fork and knife and eat!

To come to dinner, we are to leave our 'simple' ways behind and learn to use good judgement. It isn't just dropped on us- it is a process. The words here are verbs- leave, live and learn. When we apply those actions to wisdom, we will become wise. We will know the direction that our life, our spirit needs to grow. When we learn the knowledge of God it will result in good judgement. To accomplish the kind of wisdom God desires to fill us with we must read God's Word daily- study it and live it out every single day!

As we continue to grow in knowledge of God, God will grow us! He will stretch us. He will give us hard exercises to work through to grow strong spiritual muscles. He will speak to us through His Word- as we grow, as we believe, as we put it into practice. We are to "Leave, live, and learn."

• Leave the sinful life you are living. Say no to temptations and leave behind those friends and companions that only want you to continue your life with them. "Bad company corrupts good character." (1 Corinthians 15:33.)

• Live: accept the gift of life. The invitation is to live. The truly wise will repent, accept God's free gift, and live. Life and death hang in the balance of this decision.

Repentance is the necessary prerequisite of salvation. Jesus told the woman caught in adultery- 'neither do I condemn you- go and sin no more.' Peter told the people gathered at Pentecost, "Repent and be baptized" We must accept Jesus gift of salvation to us- we can't earn it and we certainly don't 'deserve' it!

• Learn-who God is. Learn God's Word- Follow His precepts and gain understanding. David states it so well, that we are to hunger to know God and to follow Him. (Psalm 119:33-40.)

Line upon line throughout the Bible the

message from God is clear. You must accept His invitation and leave the way of foolishness. The Lord Jesus Christ breaths forth the invitation. Will you come? Will you say yes? God wants you at His table. We have the invitation. Will you come?

Area Church Directory

God's Mission Has Disciples

The seventy-two returned with joy and said, "Lord, even the demons submit to us in your name." — Luke 10:17

Wally was a church member who had a big heart for mission. He and I led a course for several years about the basics of Christian faith, and we saw a lot of good change in people's lives during that time. I remember thinking sometimes as I drove home, "It doesn't get any better than this!"

It seems that Jesus' disciples sensed something like that in their own context when he sent them out in pairs. Jesus celebrated their success by declaring that through their work, Satan himself was being defeated. What a statement! It truly doesn't get better than that!

This month we have focused on some big mission words: gospel, witness, holistic, and intercultural. These are important words and concepts. But they don't mean a thing if they remain just ideas. They come alive and truly mean something when they describe how we join Jesus in the work of changing lives and renewing communities.

As Wally interacted with the people he met, whether it was in his greenhouse operation, talking to a visitor at church, striking up a conversation at the coffee shop, or hosting our course, he wasn't thinking about those big words. He just wanted to make sure that every person knew they were loved with an everlasting love and that they would meet Jesus. Jesus commissions us, his disciples, with the same call.

Jesus, help me to be available to you. In my interactions with others, may I bring your message of life, healing, and hope. Equip me with your Spirit, Lord. Amen.

CANVAS CHURCH

404 Schilling Drive, Dundas

Lead Pastor: Jed McGuire • www.canvaschurchmn.com

Sunday service 9:00a.m. and 10:45a.m.

YTH Wednesdays at 6:30p.m. Canvas Recovery Group meets Thursdays at 6:30p.m.

LITTLE PRAIRIE UNITED METHODIST 2980 130th St. E.

Pastor Penny Bonsell • pastor@littleprairieumc.org

507-663-6150 church phone • 651-503-4279 Cell

9:30 a.m. Sunday Worship; Sunday School & Nursery; Adult Group 8a.m.

CITY LIGHT CHURCH 2140 Hwy. 3 South, Northfield, MN

Pastor Pete Haase • 507-645-8829 Call for service times

LIFE21 CHURCH 2100 Jefferson Road (just north of Target)

Pastor Brent Bielenberg • 645-7730 life21church.com

10:00a.m. Worship Experience

NORTHFIELD EVANGELICAL FREE CHURCH 5600 East 110th Street

Pastor Dan Runke • 663-0133 • northfieldefc.org

9:30 a.m. Worship; 11:00 a.m. Christian Life Classes

HOSANNA CHURCH - NORTHFIELD 205 2nd St. S., Dundas

Pastor Dean Swenson • 507-664-9007 • www.hosannalc.org

Sunday: 9am & 10:45am Worship with Hosanna Kids Church ages 3-5th grade and Child Care for ages 6wks-3years at both services

Fellowship time with refreshments between services.

Wednesday: Middle School Ministry - doors open at 5:30; programming 6-7:15;

High School Ministry - doors open at 7pm; programming 7:30-9pm

MAIN STREET MORAVIAN CHURCH 713 Division St., Northfield

Tel: 507-645-7566 • Worship Services at 10:30a.m.

GOSPEL OF LIFE FAMILY CHURCH

"PREACHING JESUS CHRIST AND HIM CRUCIFIED"

2010 Jefferson Road, Suite A, Heritage Square

on Hwy. 3, Northfield

admin@gospeloflifechurch.org

www.gospeloflifechurch.org

Sunday 10:30a.m.; Wednesday 6:00p.m.



Dundas Messenger

Business & Subscription Renewal: P.O. Box 125, Dennison, MN 55018

PHONE OR TEXT: 507-649-3327 FAX: 507-645-9878

WEBSITE: www.dundasmn.com

For advertising information

e-mail: hometownmessenger@gmail.com

or call 507-649-3327

Published in cooperation with Mainstreet Publishing Minnesota, Inc.
©2025 DundasMessenger. All rights reserved.

THANKS

FOR SHOPPING & DINING

Locally!

Leonard Joseph Kaderlik

Leonard Kaderlik, age 87 of Faribault, MN passed away on October 13, 2025 at United Hospital, St. Paul, MN.



Leonard Joseph Kaderlik "Lucky Lenny", born September 21, 1938 to Albert John Kaderlik and Mary Rose

(Edel) Kaderlik. Born and raised on the family farm in Erin Township, Rice County, MN. He attended District #69 a one room schoolhouse through 6th grade and then attended Montgomery school for about a year and a half before the family moved to Faribault, MN and attended Faribault Senior High School. Before entering the Navy he delivered

the Faribault Daily News, worked at Lehman Garden's greenhouse, Malek's Quality Cleaners all in Faribault, Green Giant in Montgomery and also worked at the Red Owl grocery store located on Central Avenue in Faribault, MN. At age 17 he joined the U.S. Navy and served abroad on the USS Frontier for 2 years and 11 months serving in Korea, China, and Japan then returned to serve the remainder of his 4 years at the U.S. Navy amphibious base in Coronado, California. While in Japan he completed his education (GED). He received an honorable discharge in 1961 after an additional 2 years of inactive reserve. He returned to Faribault, MN in 1959 and gained employment with Railway Express Agency as a semi and straight truck driver from January 11, 1960, through December 18, 1968. While working with the Railway Express Agency he also was a part-time bartender for the Arrow Bar in Faribault. In 1968 he then hired out as a Brakeman with the Chicago & Northwestern Railroad in Waseca, MN, and later held the positions of conductor and fireman. Because of his job he moved to Waseca, MN in 1976 and remained there until 2010. In 1973 he transferred to Locomotive Engineer Service and went to Locomotive Engineers school in Chicago, Illinois. Leonard retired from the Union Pacific Railroad on August 31, 2000, after 40+ years with the railroad system, the

last 28 years as a locomotive engineer for both the Chicago & Northwestern and Union Pacific Railroads. Leonard was a life time member of the following organizations: The Brotherhood of Locomotive Engineers, Cleveland, OH; the VFW Post 1642, Waseca, MN; the American Legion Post #228, Waseca, MN; Military Order of the Cooties, Pup Tent 53, Waseca, MN; Elk's Lodge #1395, Owatonna, MN; Eagles Lodge #1791, Owatonna, MN; Moose Lodge #2098, Faribault, MN; Legion of the Moose. Was a member of the National Association of Retired Veteran Railway Employees, Inc.; LeSueur Pioneer Power Association; Rice County Steam and Gas Engines, Inc., and Buckham West. He loved to play 4 and 6 handed Euchre along with "500" with friends and family. Also loved to listen and dance to old time, country and classical music; hunting; fishing; carpentry; work in the backyard; was a great cook both in the kitchen and on the grill. He collected, restored and exhibited his 4 tractors: 1931 Farmall Regular, 1937 Farmall F30, 1952 Farmall Super M and a 1930 John Deere GP, which had been owed by his father, an uncle & cousin. He also loved his American made tools that he collected over the years among many other things. His dream came true when he won a Grand Jackpot at Little Six Casino.

On May 22, 2010, he married the love of

his life Susan Margaret Herkenratt at the Cathedral of Our Merciful Savior and resided in Faribault, MN until his death. In 2019 he and Susan bought a home in Donna, TX so they could winter in warmer weather making access to dialysis for him easier. They enjoyed the home together for 5 years.

Leonard is survived by wife, Susan; daughter, Julia Kenitzer; grandson, Riley Kenitzer both of St. Louis, MO; his nephews, Melvin (Annette), Duane (Dusti), Bruce (Gail), & Keith Kaderlik; his nieces, Diane (Greg) Wunderlich, Lori (James) Hatfield, Dawn & Gwen Kaderlik; sisters-in-law, Rosemary Kaderlik & Sally (Martin) Budde.

He was preceded in death by his parents; brothers, Alvin in infancy, Ervin (Yvonne) and Albert Jr.; brother-in-law, Brian Herkenratt; along with other relatives and friends.

Celebration of Life will be held on Friday, October 24, 2025 at 11:00 A.M. at the Parker Kohl Funeral Home, Faribault with Father Henry Doyle officiating. Interment will be held at a later date at Calvary Cemetery, Faribault.

Visitation will be held on Thursday, October 23, 2025 from 4:00 to 7:00 P.M. at the funeral home and will continue for one hour prior to the service.

Funeral arrangements are being completed by the Parker Kohl Funeral Home & Crematory.

E-mail your
engagement, marriage
or
birth announcement
to the
Dundas Messenger
hometownmessenger@gmail.com

Everyone's Invited to our

TURKEY DINNER

Sunday, October 26th
at Dennison Lutheran Church
Serving 11:00am-1:00pm

Menu:
Turkey Roast,
Dressing,
Mashed Potatoes,
Corn, and Pies

Adults \$13.00 • Children \$5.00
Children Under 5 Years Free

Take Out Available
Call Ahead or Text
Your To Go Orders
507-645-6042

Holden Lutheran Church

All Saints Dinner

Sunday, November 2, 2025

Dine In: 12-2 and 4:30-6:30

**Meat Balls and Gravy* Pulsa
Scalloped Potatoes * Buttered Carrots
Cranberry Relish * Lefse * Fruit Soup
Rommegrot * Bakings**

Cost: \$20/meal • Dine-in: Children 5-12 \$10, 4 and Under Free
Delivery available upon request.
Cash or check only, Holden WELCA
Address: 6949 Co 30 Blvd, Northeast of Kenyon

To Go Meals are available
but reservations
are preferred.
Call (507) 789-6677
Email:
holdendinner@gmail.com

Hope in Hard Times

Women's Event

Saturday, Oct. 25, 1:00-3:00pm
Cornerstone Community Church
1313 S Division St Northfield
Join us for Refreshments, Fun &
Guest Speaker: *Renee Carlson*

RSVP- Text: 507-301-9687; 507-316-9999

Cattlemen's Saloon Opens in Dennison

(continued from page 1)

You have to have consistency or people aren't coming back.

That was sometimes one of our issues in the past with staffing. We have a good restaurant option in Dennison, so people can eat there and stop here before or after for a drink and a little different atmosphere," the Kylo's said.

Sean continued, "The bar business has changed a lot in the past few years. People's social habits are different, and how they spend their money when they go out is a lot different than it was 5-10 years ago. We're just trying to adapt. We are excited to be back serving many of our old customers and meeting some new ones.. We still have a few projects in the building with our refresh, which we will work on Wednesdays when we are closed."

Sean and Marie will both continue with their day jobs, and work the bar with the help of additional staff.

With Sean on the road more with his job, Marie is taking more of a lead on the day to day operations.

Pool league returned to the bar last week,

which is every Thursday evening, along with the Sunday Meat Raffle at 3:30, and Bingo Tuesday nights at 6 PM.

"We're glad to be back in the saddle, so to speak", Marie said. "It an exciting time with the refresh, and we are looking forward to seeing old and new friends.

Cattlemen's will be having live music several times each month, including Andy Tackett on October 24th. More fun things are in the works according to the Kyllors.

A Grand Opening will take place in November. Details will be coming up, and check out their Facebook Page for updates.

Current Bar Hours are Thursday - Tuesday 3 PM - Close. Closed Wednesdays.

Cattlemen's Saloon is located on Main Street in Dennison.

Halloween at Dennison City Hall



Mark your calendar, The Dennison Lions Club will host their annual Halloween Party

at Dennison City Hall Friday October 31st from 5:00 - 6:30 pm.

Kids and Adults can enjoy hot dogs, beverages, treats and games at this annual event.



Andy Tackett will perform live at Cattlemen's Saloon on Friday, October 24.

Organist Wanted

**Holden Lutheran Church
Rural Kenyon**

~

Interested contact:
holdendalesecretary@gmail.com

CRAFT SALE

52nd Annual 100 Ladies and Gentlemen Craft Sale 2024

October 16, 17, 18, 19, 23, 24, 25, 26
November 1, 2, 6, 7, 8, 9

10a.m. to 7p.m./Closing at 5p.m. last day • (507) 789-6223

Curt & Marlene Morrow Residence
45986 Hwy. 56, Kenyon, MN 55946

Join the Fun! Vote for your Favorite Scarecrow!

RESTOCKED DAILY! FREE Admittance

Handcrafted in the USA

Celebrate With Us This Thanksgiving

Join Us for a Traditional Thanksgiving Dinner

Thursday, November 27

Serving 10:30 a.m.-3:00 p.m.

(Final seating 3:00 p.m., Bar open until 4:30 p.m.)

Serving Turkey or Ham, Mashed Potatoes, Stuffing, Cranberries, Vegetable, and Choice of Salad and Dessert

~ Appetizers Available ~

\$24.99 per person • Kids 12 & under \$9.99, Kids 4 & under Free



RESERVATIONS STRONGLY SUGGESTED
CALL 507-645-9992

37540 Goodhue Ave., Dennison, MN
Hours: Wednesday & Thursday 11:00 AM-8:30 PM
Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-8:00 PM
Bar Open Later

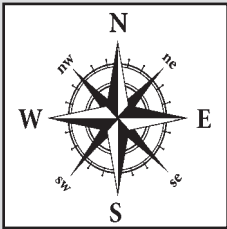
www.firesidelounge.net

TAKE OUT DINNERS AVAILABLE
Order yours by November 23



Changes in Latitudes, Changes in Attitudes

The Walking Implement Salesman



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I grew up on a farm in the 1960's. Farm equipment was intriguing to a young boy. I collected all the farm implement brochures and pored over them. What was even better was the huge selection of Ertl farm toys that mirrored the actual implement they were designed after. Every time we went to the farm dealership, I would head to the toy section while my dad stood at the parts counter or visited with the salesman.

Quite often the implement salesman would stop by the farm, making his rounds in the country. He knew the machinery we had as he had not only sold it to my dad but also observed the frequency we stopped in for parts, giving him a good idea when we were ready to trade up.

My dad was always trying to save money. In the late 60's he decided we should assemble our own farm machinery. He declared he could do it better than some guy on an assembly line who didn't care if it worked or not. Maybe that was true, but us boys ended up assembling it. We got a 15' Glencoe mounted field cultivator. It came in wood crates and a sheet of instructions. I believe they have air impact wrenches on assembly lines. We did not. The next project was a John Deere side delivery hay rake. I am surprised the thing ever raked hay. Over the years it kept falling apart. I am not sure a 12 year-old boy can torque nuts onto bolts properly.

We welcomed the salesman whenever he stopped by. It was like he was this gate keeper of a wonderful world of new equipment which wouldn't break down. It didn't really matter what logo was on his jacket, he was there to help keep the farm running smoothly. Sometimes they had to use persuasion to convince my dad. His mind set was to keep fixing for the rest of our life. We had an old sickle mower we cut hay with. Harlan Nereson from Center Supply introduced my dad to the New Idea Cut/ditioner. He brought it out for my dad to use. We went out and mowed hay with it once. No amount of talking could convince my dad like making a round in the field without plugging the sickle



section. It sounded like you were grinding ear corn every time you hit a gopher mound, but it kept on mowing hay without stopping.

When I was younger a couple of my neighbors told me about a guy they called the walking implement salesman. No one could recall his name but it seemed he had worked for Brewer Implement in Kasson. Brewer Implement was a family-owned International Harvester dealership which had been serving Dodge County for a century. The story was the original contract for the business had been signed by Cyrus McCormick himself. The dealership was sold in 1968 to Chuck Bishop and Charlie Wacholz.

This salesman would head out each morning on foot with a shoulder bag filled with

equipment brochures and sales forms. He would walk the dusty country roads from farm to farm and visit every place he walked by. In those days a family farm included the whole family and if you showed up close to a mealtime you would be invited to stay for lunch. If it wasn't close to a mealtime you would be invited to stay for coffee or lemonade and a dessert, depending on the season. Sun, rain or snow, he made the rounds and returned each evening with signed sales agreements for the dealership to deliver to the farmer. Everyone stopping by the farm was a welcome visitor and the slower pace of life on the farm seventy-five years ago made time for socializing and enjoying company.

RIVER COUNTRY COOPERATIVE



"Established 1935"

**Fertilizer • Seed
Soil Sampling • Chemicals
Custom Application
Field Scouting
Bulk, LP,
Gas and Diesel Fuel**

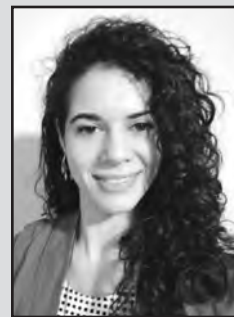
Kenyon
507-789-6201

Hastings
800-349-5743

Randolph
800-657-3285

Hampton
800-225-4316

A Minnesotan: Halloween



By RosaLin Alcoser

I absolutely love Halloween. I love everything about it from the customs and trick-or-treating to the decorations. To the point that I somehow convinced my husband to let me put up all of the Halloween decorations before Labor Day this year. Out of all of it though it's the costumes that are my absolute favorite.

Every year for as far back as I can remember I have worn a costume on Halloween night; and even before that because my mom dressed me up. I have been a pumpkin, a caterpillar, a cat, princesses, characters from books and film, and even creatures from mythology.

I have made customs, taken apart pieces of old dance costumes to make new ones and even gotten creative with random items that I found in the back of my closet

to repurpose into a costume.

A few years ago I even spent the better half of a year working on my Halloween costume. Which admirably was one of my more excessive Halloween projects. Taking up my kitchen table for months on end to the point that I pretty much stopped using it for anything else.

Over the years though no matter how many customs I put together. Or how much time I spend putting one together. My favorite Halloween costume of all time is still from Halloween of 2002. The year that my older sister and I went out as a pair of puppies.

At the time it was just fun. Running about in a 101 dalmations costume hoodie and sweats with black eye liner on my little face. Saying things like 'trick or throws, smell our paws, give us something for our jaws,' which by the way mortified our mother's friend who took us trick or treating that year.

Looking back on it years later it was really cute that we did that. It was also one of the most fun Halloweens that I can remember having as a child. Which I would like to credit to the costume. Because without the costumes and without being a pair of puppies it wouldn't have worked out in the same way.



Farmers Can Earn Incentives for Soil Saving Practices



By Steve Pahs, District Manager
Rice SWCD

For many people, fall is their favorite time of the year. The leaves are starting to change, the temperature has dropped, and you can open up the windows to let the fresh air in. Driving across Rice County's beautiful countryside, one of the first things you will notice is that our farmers are out in the field, operating the combine, tractor, and truck, working long into the night.

To our farmers and your families, we wish you a safe and bountiful harvest. As you are working out in the fields, keep an eye open

for different types of erosion. Gully erosion can form in swales where water concentrates flow. Rill erosion can form between crop rows on sloped grounds. Sheet erosion can form on flat areas where water ponds. And wind erosion can form throughout the year, anywhere bare soil is exposed.

Researchers at the University of Massachusetts Amherst estimate that over the past 160 years, the Midwest has lost about 57.6 billion metric tons of topsoil. The University of Minnesota estimates that Minnesota loses around 5.2 tons of soil per acre each year just from wind erosion. Your soil is your most valuable resource. At what cost are you willing to lose it?

The time has never been better to consider changing tillage practices. If you have been thinking about switching to Strip-till or No-till, now is the time! Rice SWCD has funding to pay up to \$35 per acre per year for up to three years on up to 750 acres per operation, which could really help with a new equipment purchase, or just help offset any yield losses as the soil transitions to a reduced tillage system.

If cover crops are what you are looking for, how about \$50 to \$60 per acre per year for up to 500 acres? If you have acres that have had no more than two years of cover crops in the last ten years, then contact us to get started on an application.

Cover crops and no-till/strip-till can significantly reduce soil erosion. These practices have many other benefits, including increasing water infiltration, reducing compaction, building organic matter, preventing weed growth, and providing habitat for beneficial insects that pollinate or eat crop insect pests.



Some examples of soil erosion in Rice County, Minnesota.

Additionally, this program offers wind-break/shelterbelt assistance for establishing or renovating a windbreak around a farmstead. If the cold winds give you the chills, planting a living windbreak will keep you comfortable and reduce energy consumption.

This funding won't be around for long, so if you are serious about adopting any or all of these practices, contact the Rice SWCD of-

fice soon. To learn more about soil health funding opportunities, visit our website at www.riceswcd.org.

Steve Pahs is the District Manager with the Rice Soil & Water Conservation District. Contact Steve with your questions about conservation practices and programs at 507-332-5408.



Cover crops grow alongside corn residue in a Rice County farm field and protect the soil from erosion.

Tires - Tires Tires

**Community Co-op Faribault
can help you with any tires
you need!**

Passenger, Car or Truck • Semi • Tractors
Large Equipment
Lawn Mowers • Dump Trucks • Skid Loaders
Front End Loaders



When it comes to tires, we have you covered!

**Everyday Low Prices on Tires,
Fuel and More**

When You Stop By Community Co-op!

Proudly Serving You Since 1925

**Community
Co-op**

9 Central Avenue
Faribault, MN 55021

(507) 334-8642

800-COOP OIL

(800-266-7645)

Proudly Serving You Since 1925

www.fbocoop.com



The Savvy Senior Cutting Through the Noise: A Senior's Guide to Fall Vaccines



By Jim Miller

Amid all the noise & confusion surrounding vaccines, here's a rundown of the different shots seniors need to get this fall.

There has been a lot of confusion about vaccines this fall, with Health and Human Services Secretary Robert F. Kennedy Jr. publicly expressing skepticism about the efficacy of shots on children and pregnant women.

But when it comes to those over 65, the pro-

ocols for getting a variety of vaccines have not changed much, with exception of the Covid shot.

Here's a rundown of the different fall vaccines that are still recommended for seniors and how they are covered by Medicare.

Flu Shots for Seniors

Just as they normally do, the CDC recommends a seasonal flu shot to everyone 6 months of age and older, but it's especially important for seniors who have weaker immune defenses and have a greater risk of developing dangerous flu complications compared with younger, healthy adults.

For people age 65 and older, there are three different FDA approved flu vaccines (you only need one) that are recommended over traditional flu shots. These include: the Flu-zone High-Dose Quadrivalent, Flublok Quadrivalent (recombinant, egg free vaccine), and Flud Quadrivalent.

These vaccines are formulated to create a more robust immune response, helping the body produce more antibodies, which makes the vaccine more effective in preventing the flu.

All flu vaccines are covered 100 percent by Medicare Part B as long as your doctor, health clinic or pharmacy agrees not to charge you more than Medicare pays.

RSV Shots

In addition to the flu shot, the CDC also recommends a single-dose of RSV (respiratory syncytial virus) vaccine for all adults age 75 and older, as well as to high-risk adults

between ages 50 and 74. These are people who have chronic heart or lung disease, weakened immune systems, diabetes with complications, severe obesity, or who live in long-term care facility.

RSV is responsible for 6,000 to 10,000 deaths and up to 150,000 hospitalizations each year.

The three RSV vaccines approved and available in the U.S. – Arexvy, Abrysvo and mResvia – are all covered under Medicare (Part D) prescription drug plans. But note that if you got an RSV shot last year, or when it first became available in 2023, you do not need to get a second dose this year. For now, only one dose of RSV vaccine is recommended.

Covid Booster

If you haven't had a Covid booster shot lately, the Food and Drug Administration recently approved the 2025–2026 Covid-19 vaccine, which has been updated to target the dominant strain.

This vaccine was recommended for all adults 65 and older and younger people that have a health condition that makes them vulnerable to severe Covid. But the new, CDC Advisory Committee on Immunization Practices just announced that they are no longer recommending Covid shots. Instead, they are recommending seniors 65 and older and younger people (6 months to 64 years) should make a shared medical decision with a doctor or another health care provider.

Covid still causes at least 40,000 hospitalizations and approximately 47,000 deaths in the U.S. each year. Covid shots are covered by Medicare Part B.

Pneumonia Vaccines

If you haven't been vaccinated for pneumonia, you should also consider getting the pneumococcal vaccine this fall. These vaccines are now recommended by the CDC to adults age 50 and older, instead of age 65, which was the previous recommendation.

Pneumonia causes a whopping 1.2 million people to visit medical emergency departments in the U.S. each year and causes roughly 50,000 deaths.

If you've never been vaccinated for pneumonia, the PCV20 (Pevnar 20) or PCV21 (Capvaxine) are the top choices because they cover the most common serotypes.

Medicare Part B covers pneumococcal shots, and you only need to get it once.

Side-Effects and Safety

You should be aware that all these vaccines can cause mild side effects like pain or tenderness where you got the shot, muscle aches, headache, fever or fatigue.

Also note that it's safe to receive these vaccines at the same time, but it may be best to spread them out a week or two because multiple vaccinations on the same day may cause increased side-effects.

You can find all these vaccines at most pharmacies, medical clinics and health departments, or you can do a search at Vaccines.gov.

Halloween Party

Friday, October 31

Dennison City Hall

5:00-6:30 P.M.

Everyone's Invited!

Games!

Hot Dogs! Treats!

Costume Contest!

Lions International logo

TURKEY BINGO

EVERYONE'S INVITED!

Saturday, November 22

7:00 PM

Dennison City Hall

\$5.00/card

Lions International logo

DONATIONS WELCOME FOR KENYON AREA FOOD SHELF

BINGO card numbers:

43	22	72	36	4
29	18	63	52	5
70	8	FREE	24	3
6	27	16	30	47
31	12	39	57	26

Have trouble sleeping? Try this. Also, Stress and Cortisol Levels



By Shauna Burshem, D.C.

Sleeping troubles and the gut health connection: Insomnia affects up to half of all adults at some point, leading to restless nights and groggy mornings. Beyond the immediate effects of fatigue and irritability, chronic sleep disruptions are linked to serious health risks, including heart disease, diabetes, depression, and even suicide. Research from the U.S. highlights the alarming connection between insomnia and mental health, showing that persistent sleep problems increase the likelihood of suicidal thoughts and attempts by more than fivefold and sevenfold, respectively. This creates a vicious cycle where poor sleep exacerbates anxiety and low mood, further disrupting rest.

Traditional treatments for insomnia, such as prescription sleep aids, often come with risks like dependency, while cognitive behavioral therapy remains inaccessible for many due to cost or availability. As a result, researchers are exploring natural alternatives, with probiotics emerging as a promising option. Probiotics, which are live beneficial bacteria, influence the gut-brain axis—a communication network between the digestive system and the central nervous system. By regulating brain chemicals, probiotics can help stabilize mood and promote healthier sleep patterns.

Recent studies have shown that probiotics can significantly improve sleep quality and reduce symptoms of depression in people with insomnia. A systematic review and meta-analysis published in *Frontiers in Microbiology* analyzed six randomized controlled trials involving 424 participants with insomnia. The findings revealed that probiotics reduced Pittsburgh Sleep Quality Index (PSQI) scores by an average of 2.1 points, indicating fewer sleep disturbances and better rest. Additionally, depression symptoms, measured by the Hamilton Depression Scale (HAMD), dropped by 7.72 points, reflecting a meaningful improvement in mood.

The effectiveness of probiotics in improving sleep and mood is linked to their ability to support gut health. Probiotics strengthen the gut lining, reduce inflammation, and enhance

gut-brain communication, all of which play a role in calming the body's stress response. However, for probiotics to work effectively, it's essential to first heal the gut. Introducing probiotics into an unhealthy gut can feed harmful bacteria, potentially worsening symptoms. Therefore, addressing gut health before starting probiotics ensures better outcomes.

Pairing probiotics with good sleep habits further enhances their benefits. Practices like keeping the bedroom dark, getting morning sunlight, and avoiding blue light at night not only improve sleep quality but also support gut health. Together, these strategies create a holistic approach to breaking the cycle of insomnia, improving both rest and overall well-being.

Stress and Cortisol: Chronic stress keeps cortisol, the body's stress hormone, elevated far beyond its intended emergency function. While cortisol is designed to help you react quickly in dangerous situations, modern life's constant pressures—like deadlines, poor sleep, and emotional stress—keep it switched on 24/7. This prolonged activation disrupts your metabolism, weakens your immune system, and leads to issues like stubborn belly fat, poor sleep, and constant fatigue. Over time, your body adapts to this survival mode, leaving you feeling drained, inflamed, and unable to recover properly.

The effects of high cortisol often go unnoticed at first, manifesting as subtle symptoms like feeling “wired but tired,” irritability, or sugar cravings. However, beneath the surface, elevated cortisol wreaks havoc on your hormone rhythms, metabolic function, and immune defenses. This imbalance can lead to weight gain, particularly around the midsection, slowed digestion, and muscle loss, even if you're trying to stay active. The longer this cycle continues, the harder it becomes for your body to reset and recover. Fortunately, there are simple, science-backed habits that can help your body naturally flush out excess cortisol and restore balance. Techniques like slow breathing, early morning sunlight exposure, and eating healthy carbs can reset your cortisol rhythm and support recovery from stress overload. Breathwork, in particular, is a powerful tool to lower cortisol quickly. Practices like the “parasympathetic sigh,” which involves a deep inhale followed by a second sip of air and a slow

exhale, signal your nervous system to relax and shift into a restorative state. In my office, I use a supplement called Adrenal Dried that supports the adrenal gland and helps with high cortisol levels. Lifestyle adjustments can also make a significant difference in managing cortisol levels. For instance, timing your caffeine intake is crucial—having coffee on an empty stomach in the morning can spike cortisol and keep you stuck in a stress cycle. Instead, it's better to wait until after breakfast or reduce your intake if you already feel overstimulated. Similarly, gentle, consistent exercise like walking is more effective at reducing cortisol than high-intensity workouts, which can sometimes exacerbate stress.

Low-impact activities are especially beneficial for individuals with conditions like PCOS or adrenal imbalances.

Finally, enjoyable activities like laughter, spending time with pets, and engaging in hobbies aren't just mood boosters—they also trigger biochemical changes that lower cortisol and signal safety to your brain. Additionally, natural progesterone is highlighted as a safe and effective way to block cortisol and restore calm. By incorporating these simple habits and lifestyle changes, you can help your body recover from chronic stress, reset its natural rhythms, and regain energy and resilience.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*



FIXED RIGHT OR IT'S FREE!

Schedule a check up for your furnace before cold weather arrives

Minnesota winters demand a lot from your heating system. Regular maintenance is key to keeping your forced air heating system operating safely and efficiently. Streitz Heating & Cooling offers comprehensive heating maintenance services for homeowners in Dundas, Northfield, and nearby areas, helping prevent breakdowns before they happen.

During each tune-up, we clean and inspect your system's critical components, test for safety issues, and fine-tune performance to keep your furnace running at its best. Regular maintenance also helps extend your system's lifespan and ensures you stay protected under your warranty.



708 Schilling Drive N
P.O. Box 128
Dundas, MN 55019
www.streitzheating.com
Phone: (507) 645-4040



Northfield Retirement Community

Innovation. Choice. Tradition.

A Great Place to Live, Work and Play

CELEBRATING OVER *50 years*

507-664-3466 • www.northfieldretirement.org





Northfield Retirement Community is an Equal Opportunity Provider.

Inflammation



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

Inflammation is a common symptom for every health challenge you experience. Inflammation is the way the body signals something is wrong. Sometimes your body is able to correct the problem with time, such as the healing of a cut, a broken bone, or a virus. At other times, the symptom of inflammation is signaling the need for an outside intervention of nutrients or medicine. As we grow up, we learn some of these signals and how to relieve the pain. Sometimes we need some additional training about what is going on.

Inflammation can be seen in five possible ways: Swelling, Redness, Pain, Loss of function, or Heat. You often see these symptoms related to illness or injury. Inflammation is also described as acute (momentary), or chronic (long-term). Acute inflammation is that injury or illness that takes a day or a week to heal and then you are moving back into regular activity. Chronic inflammation is that

long, drawn out pain or loss of function that seems to have no way to end. But many forms of chronic inflammation can be stopped. You just need some additional information on how to make this happen.

Your white blood cells are constantly patrolling your body to address any threat. When a threat is identified the white blood cells will release a warning signal to area cells that something is wrong. This chemical release results in the swelling, pain, and redness associated with Inflammation. Chronic inflammation means these chemical signals are continuing to be made because a change from outside the body is needed. Pain relief medications can provide temporary relief like wearing ear plugs can help reduce the noise, but pain relief medication does not remove the cause of the chemical signal.

To remove the cause of the inflammation signal specific nutrients should be increased and specific foods should be avoided. Anti-inflammation diets will provide the format for the right balance that will generate healing and reduce inflammation. Specific nutrients to increase include:

Omega-3 Fatty acids, which you obtain through extra virgin olive oil, fish, flaxseed oil, chia seeds, cod liver oil, and walnuts. American culture has a very low intake of Omega-3 fatty acids, which help to reduce pain by creating a healthy balance with Omega-6 fatty acids. A recommendation of three tablespoons of extra virgin olive oil per day is a good starting point.

Vitamin D provides stimulation to the cells of your body to promote healing and improve communication. You may notice that

time spent outside in the sunshine during the summer makes you feel better. Your body produces Vitamin D with the exposure to sunlight which helps to reduce inflammation.

Turmeric is an herb from Asia having strong anti-inflammatory properties, which has been used for centuries in Asian culture. Turmeric has active compounds called curcuminoids that directly interact with the inflammation signals and calm the response. Recent research studies have found turmeric to be as helpful or even better than standard over the counter pain relief medicine.

To reduce inflammation, specific foods to avoid include:

Omega – 6 fatty acids, which you find in vegetable oil, corn oil, and deep-fried foods including French fries, potato chips, corn chips, and margarine. The typical American diet contains almost ten times more Omega – 6 than your body needs. The primary sources are processed foods and restaurant foods. When high amounts of omega – 6 combine with sugar, inflammation is the result.

Sugar is abundant in American foods.

Back around 1900, the average American consumed about five pounds of sugar per year. Today the average American consumes more than one hundred pounds of sugar a year. Sugar can combine with omega – 6 to produce arachidonic acid, which is a fatty acid associated with pain and inflammation. When clients reduce their sugar intake, they often observe relief from pain.

Chronic inflammation observed with arthritis, fibromyalgia, obesity, and diabetes can be brought under control with an anti-inflammatory plan using whole foods and nutrient supplements targeting the pain sources. Every health challenge you face in the year ahead has a nutritional answer to it. Your health challenge is not a result of a medication deficiency.

Contact me to discuss your health goals for the coming year. I can help you create space for decreased pain and natural healing. Contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

Rice County Public Health flu shot clinics
open to the public

Rice County Public Health has scheduled the following public flu vaccination clinics in Rice County.

Both trivalent and high dose flu vaccine will be available—registration for flu vaccine is onsite. Bring your health insurance card for registration and Public Health will bill directly to your insurance.

Free flu vaccine will also be available for those who are uninsured.

All clinics will serve adults. Clinics listed with an asterisk (*) will also have flu vaccine for children.

***Wednesday, Oct. 22, 2025 from 3-5 p.m.**

Lonsdale Public Library - 16 NE Birch St., Lonsdale

***Thursday, Oct. 23, 2025 from 4-5:30 p.m.**

Morristown Community Center - 402 Division St. South, Morristown

***Monday, Oct. 27, 2025 - HealthFinders Collaborative from 3:30-5:30 p.m.**
706 Division St. South, Northfield

***Thursday, Oct. 30, 2025 from 2-5 p.m.**

Rice County Satellite Office - 1651 Jefferson Pkwy, Northfield

***Tuesdays from 1-4 p.m.**

Rice County Public Health Office - 320 NW Third St., Faribault

Rice County Public Health nurses can also provide flu vaccination for those who are homebound and unable to access vaccine.

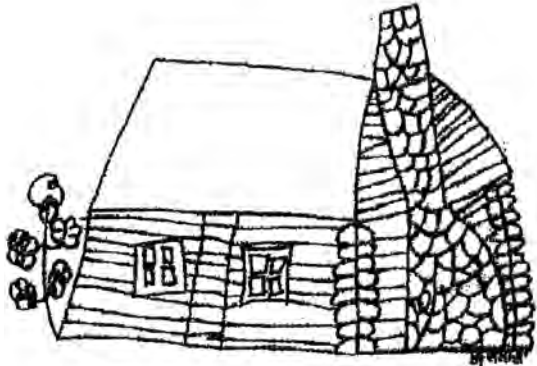
Anyone with questions or needing more information regarding eligibility guidelines or alternative vaccination dates and times should call Public Health at 507-332-6111.

Harvest Thyme
Craft Show

Saturdays: September 27, October 4, 11, 18, 25

Sundays: September 28, October 5, 12, 19, 26

Hours: 10:00a.m. to 5:00p.m.



Place:

Lori & Darwin Amy

2290 County 49 Blvd. Dennison, MN 55018

Phone: 507-649-1009

Email: cabincrew@frontiernet.net



Look Us Up on Facebook Under Potpourri Mill

Nerstrand Meats
& Catering

Specialty Meats & Food

Over 100 Years in Business Providing

Homesmoked Bologna, Wieners, Jerky,

Homemade Beef Sticks, etc.

231 Main Street, Nerstrand, MN

507-334-5396

www.nerstrandmeats.com

e-mail us at: goodfood@nerstrandmeats.com



slumberland FURNITURE

a family-owned company

Slumberland is pleased to be part of the Dundas community!



HOME



SLEEP



DÉCOR

FREE SHIPPING



SPECIAL FINANCING AVAILABLE

\$\$\$

SEE STORE FOR DETAILS

PRICE MATCH GUARANTEE



VISIT US TODAY!
404 SCHILLING DRIVE • DUNDAS

*Available in all markets we serve (use our online "check delivery" tool to verify your zip code). Some restrictions may apply in areas at the far limits of our service areas. Please contact your local store or chat with us online to learn more.



YOUR HOME IS BETTER WITH KINETICO WATER

Kinetico Premier Series® Water Softeners

Some brands may claim to have the most efficient water softener, but Kinetico has the data to prove it.

Haferman
WATER CONDITIONING, INC.

507.225.0685
hwcwater.com

Haferman Water is an Authorized, Independent Kinetico Dealer

water softeners • water filters
drinking water systems

FREE
WATER ANALYSIS & ESTIMATE

for new customers only
water analysis includes:
hardness, iron, ph, tds, and chlorine

WHY CHOOSE US?

At ProBuilt Construction, we were founded on the belief that homeowners deserve better - better quality, better service, and a better experience.

Following a FREE AND THOROUGH EVALUATION, our expert project managers and craftsmen will bring your vision to life, enhancing your home's curb appeal.

SERVICES



ROOFING

Whether your roof has aged over time or suffered damage from Minnesota's weather, the ProBuilt team will deliver dependable, professional roofing solutions tailored to your home and budget.



SIDING

ProBuilt offers comprehensive siding solutions from evaluation to installation, enhancing your home's protection, value, and curb appeal.



WINDOWS

As a Marvin Windows Certified installer, we've been selected for our commitment to excellence and ability to deliver a smooth, high-quality experience.



GUTTERS

We provide expert gutter installation to keep your home protected from water damage. Preserve your home's foundation, landscaping, and exterior for years to come.



FIRE & WATER RECONSTRUCTION

Let's return your damaged house to your beloved home. When fire or water damage hits your home, everything stops. The disruption is immediate, overwhelming, and deeply personal. We understand the impact on you and your family, and we're ready to help you move forward, one step at a time. Whether repairing fire-damaged structures or addressing water intrusion, we create a custom plan to return your property to its pre-loss condition with lasting results.



SOLAR

We're proud to offer clean, efficient solar solutions in partnership with Powerfully Green Solar, a local installer with over 15 years of experience.



PROUDLY SERVING GOODHUE, DODGE, RICE, DAKOTA, OLMSTED, STEELE AND WABASHA COUNTIES

CONTACT US!

📞 507-200-1545

✉ info@probuiltmn.com 🌐 www.probuiltmn.com

1359 BLUFF ST, DUNDAS, MN 55019
BC807868





STEVE KING
612-698-9547



JEFF AMY
507-363-3652



TIGE WALKER
507-323-0319

Looking for a Space for Your Next Gathering,
Meeting or Event?

Take the Short Drive
to Delicious

The Fireside
LOUNGE AND SUPPER CLUB

THE SAPPHIRE
Event Room & Cocktail Lounge

- Centrally Located
- Holiday Parties
- Weddings
- Grooms Dinners
- Company Meetings
- Celebrations of Life
- Birthday & Anniversary Parties

Spaces for
10-150+ Guests

Private Dining
Cocktail Lounge

Off Site
Catering

FOR MORE INFORMATION, CALL 507-645-9992

Main Street, Dennison • www.firesidelounge.net • firesideloungedennison@gmail.com

Come See the All New

DENNISON MN

CATTLEMEN'S

SALOON

TUESDAY
BINGO
6:00 PM

Dennison Lions Club Charitable Gambling
Permit #2762

SUNDAY
MEAT
RAFFLE
3:30 PM

LIVE MUSIC FROM ANDY TACKETT
FRIDAY, OCTOBER 24 AT 7:00PM
Come out, grab a cold one and enjoy some live music!

MAIN STREET, DENNISON • 507-782-9753

Monday - Tuesday - Thursday - Friday 3 PM - Close; Saturday - 11 AM - Close
Sunday - Noon - Close; Closed Wednesdays

Our kitchen is not open yet, but watch for
"Pop Up" kitchen features coming soon!

BRING
YOUR HERD
IN FOR A
COLD ONE!

RANDY'S PIZZA
CHEESE BREAD
SNACKS
AVAILABLE!

GREAT DEALS TO BE THANKFUL FOR!

 2021 FORD ESCAPE SE AWD, cloth interior, 1.5L 3 cyl, 87,854 miles #10605X <i>Special</i> \$16,999	 2019 HYUNDAI SONATA Cloth interior, FWD, 2.4L 4 cyl, 81,011 miles #10704X <i>Special</i> \$11,999	 2018 JEEP COMPASS TRAILHEAD 4WD, leather interior, 2.4L 4 cyl, 105,194 miles #10625X <i>Special</i> \$13,999
 2021 CHEVROLET EQUINOX 1fl AWD, cloth interior, 1.6L 4 cyl, 83,968 miles #10694X <i>Special</i> \$15,999	 2013 CHEVROLET SILVERADO 1500 LT 4WD, crew cab, cloth interior, 5.3L V-8, 88,326 miles #10716X <i>Special</i> \$16,999	 2017 SUBARU OUTBACK 2.5i LIMITED Leather interior, AWD, 2.5L 4 cyl, 133,517 miles #0640X <i>Special</i> \$12,999



CARTIME
AUTO CENTER
DUNDAS-NORTHFIELD

FULL SERVICE CENTER

BRAKES • TIRES • BATTERIES
SHOCKS • ROUTINE MAINTENANCE

403 STAFFORD RD, DUNDAS • SALES 507-664-3812 • 507-645-8636

STANDARD OIL CHANGE

INCLUDES UP TO 5 QTS OF SYNTHETIC BLEND
OIL AND FILTER, PLUS TAX
AND ENVIRONMENTAL DISPOSAL FEE \$3.99

\$29.88

SOME VEHICLES EXTRA (DIESEL, FULL SYNTHETIC)

CARTIME AUTO CENTER
403 Stafford Rd, Dundas, 507-664-3812

Zabel Awarded for Work to Advance Corrections

By Rice County



Community Corrections Supervisor Tracy Zabel has received an award recognizing her work to advance the field of Corrections.

Zabel is this year's Jack Young Excellence in Corrections Award winner. The award, named for Young, a former St. Louis County probation officer who later served as commissioner of Minnesota's Department of Corrections, was announced during the Minnesota Association of Community Corrections Act Counties conference held Sept. 24-26.

The award is given to individuals who have made outstanding contributions to the development and improvement of Community Corrections in Minnesota.

"I'm truly honored to accept this prestigious award and to be recognized for work that provides a strong sense of purpose. A heartfelt thank you to my manager, Angela Brewer, for the nomination, her leadership, her support and for creating an environment that allows staff to make an impact," said Zabel, who's worked in the field for 25 years, 13 with Rice County.

"Additionally, this recognition belongs to our entire team. The dedication and compassion of our team is what makes our work possible; I'm grateful to be part of such a committed group. The work we do matters. Helping clients reduce risk and create positive change isn't always easy, but it is incredibly meaningful. Each success story is a reminder that change is possible given the right support and opportunity. I'm proud of what we've accomplished together and excited for what's ahead."

In her nomination, Community Corrections Manager Angela Brewer called Zabel "an incredible leader" who's impacted a variety of work areas and initiatives -- locally and across the state -- that move evidence-based practices, interventions and equitable services in the field forward.

Brewer also praised the innovative, thoughtful and creative ways Zabel connects staff to the department's mission, instilling in them a commitment to holding clients accountable and protecting the community while promoting compassion for clients to help them build skills and make sustainable change to improve the quality of life for themselves, their families and county residents.

"Through her leadership, mentorship, and support of staff," Brewer said, "Tracy has moved forward our mission to reduce barriers to client success and improve the quality of life for all residents in Rice County."

Pictured to the right: Community Corrections Supervisor Tracy Zabel, left, poses with her award for excellence in Corrections. She was nominated by her supervisor, Angela Brewer, right



We've Got Your Family's Back

Personalized insurance solutions
to protect your family's future
and security, no matter what.



www.vsgmi.com

COMMUNITY GROWN
INSURANCE
...you're covered!



Trust in Tomorrow.

Security Agency Kenyon

600 2nd St, Kenyon MN 55946
Phone: 507-789-6366

Email: info@securityinsurancekenyon.com

Keller Agency

305 Main St
Nerstrand MN 55053
Phone:
507-334-6550

Svigum Agency

133 Main Street
Wanamingo MN 55983
Phone: 507-824-5105

Email: agent@sviguminsurance.com

Northfield Agency

711 Division Street S
Northfield, MN
Phone: 507-445-8861
Email: nfldins@hotmail.com

DON'T LET HEARING PROBLEMS SLOW YOU DOWN!



Call today for your **FREE,**
No Pressure, No Obligation Consultation

Jayne Bongers Owner/MN, Certified



507-412-9813

3 LOCATIONS TO SERVE YOU

100 S. 4th St.
Cannon Falls, MN 55009

1575 20th St. NW
Faribault, MN 55021

1605 Main St.
Zumbrota, MN 55992

Faribault Foundation Endowment Will Help Fund HOPE Center in Perpetuity

By Rice County



The Faribault Foundation is pleased to announce the creation of an endowment that will help provide a permanent source of funding for the HOPE Center, an advocacy center for survivors of domestic and sexual violence in Rice County.

HOPE Center, founded in 1995, is one of three area nonprofits to be offered an opportunity not only to create an endowment under the Faribault Foundation umbrella, but to receive a \$5,000 grant from the Foundation if HOPE Center raised a matching amount by

year's end.

Since the opportunity was presented this summer, HOPE Center has raised slightly more than the \$5,000 needed to obtain the matching funds and received another \$5,000 from a very generous local donor. In all, the endowment now sits at a little more than \$15,000.

In July, the HOPE Center board voted to name the endowment after Barb Larson, a Faribault native who was killed in December 2016 in an act of domestic violence. Larson was a beloved community member whose death helped area residents understand that domestic violence knows no socio-economic or geographic boundaries.

The Barb Larson Memorial Fund is a permanent endowment which will provide an annual grant from the endowment to HOPE Center. As the endowment grows, so will the amount of the grant.

The endowment lets individuals who support HOPE Center and its work to provide a source of funding, allowing it to continue its work in perpetuity.

"We are so grateful for the Faribault Foundation and its board which selected us to receive a matching grant," said Erica Staab, HOPE Center executive director. "The funds we receive from the endowment will help us to continue to serve residents whose lives

have been upended by domestic and/or sexual violence."

Said Laura Bock, Faribault Foundation executive director, "The Faribault Foundation is honored to hold this endowment in memory of our friend Barb Larson. This fund pays tribute to her life while helping to ensure the HOPE Center can continue its critical work. We are proud to support the HOPE Center with the establishment of this enduring fund."

Individuals and organizations are welcome to contribute to the Barb Larson Memorial Fund as well as other funds managed by Faribault Foundation at www.faribaultfoundation.org.



dation.org.

The Faribault Foundation was established in 1999 by a group of community leaders to enable people who love their community to support it today and in the future. By combining gifts great and small, the foundation gives everyone the opportunity to be a philanthropist.

Rice County Housing & Redevelopment Authority selected for national program to increase local housing supply

Rice County announced its Housing & Redevelopment Authority has been selected for the fall 2025 cohort of Counties for Housing Solutions (C4HS), a cohort program from the National Association of Counties (NACo) and Smart Growth America designed to increase housing supply in counties.

NACo launched C4HS to help counties implement recommendations from NACo's 2023 Housing Task Force, convened with the goal of addressing America's housing crisis. By implementing strategies to increase housing supply, counties will bring down rents and create a pathway to upward economic mobility for American families.

"Despite the work done in the last several years by the Housing & Redevelopment authorities in Rice County, Faribault and Northfield and by our local governments, there is still a serious lack of housing options that are affordable for the average county worker," said Joy Watson, Rice County Housing Director. "Solutions to the housing crisis need to include a wide range of options because no two households are the same. We're hoping

to learn about additional tools to make housing affordable to the people who live and work in Rice County.

Over a 14-week period, the HRA will assess and update their zoning codes as needed to increase affordable housing development and the overall housing supply. Participating counties are expected to be on track to formally adopt an amendment to its zoning code at the conclusion of the program.

The county is hoping to learn best practices about how to move forward with growth and development in an orderly way, while also reducing barriers to new homeowners and new construction.

C4HS is part of NACo's larger Counties for Economic Mobility initiative, which advances practices for equitable upward economic mobility to move individuals and families out of poverty. The initiative is funded through a grant from the Gates Foundation.

For more information about the C4HS program, visit www.naco.org/program/counties-housing-solutions.

October is Domestic Violence Awareness Month

We stand with survivors and work to raise awareness about resources that save lives. One important tool is Text-to-911.

When calling isn't safe, texting provides a discreet way to reach help. This critical service is available throughout Minnesota.

Call if you can, text if you can't. #domesticviolenceawareness #TextTo911



For something different

Tim McNiff Weekday Mornings
www.kymnradio.net

Preliminary 2026 Rice County budget, levy set

In September, the Rice County Board of Commissioners approved a preliminary property tax levy and budget for 2026.

The preliminary levy of \$43 million is 8.7% higher than the adopted 2025 figure. That's largely attributable to higher personnel costs and increased health insurance expenses as well as legislative changes at the state and federal levels which have reduced county revenue and added mandated services.

After two years of increases, county aid from the state will be about \$143,000 lower in 2026.

The 2026 budget includes the use of \$2.47 million from county reserves, money set aside for special purposes and one-time expenditures. The majority of the funds come from its Environmental Services Fund and will be used to pay for needs and operations at the Rice County Solid Waste Facility.

Reserved funds will also be used to update scheduling software for the Rice County Sheriff's Office and for an additional drone to assist deputies with search and rescue operations.

Also included in the proposed budget is \$868,661 in funding for outside agencies including the county's three public libraries, senior centers, its historical society and the Rice Soil & Water Conservation District.

The 2026 property tax levy for the county's Housing & Redevelopment Authority was also approved Tuesday. That levy will not increase, staying at \$232,467 for 2026.

The board will hold its Truth in Taxation hearing at 6 p.m. Thursday, Dec. 11 in the Rice County Government Services Building, 320 Third St. NW, Faribault. County property owners will have an opportunity to provide input on the proposed budget and levy during that meeting.

The board is expected to approve the final levy and budget in mid-December. At that time, the levy can go down. It can not be higher than the preliminary figure approved in September.

Focus on mature drivers' safety after increase in crashes

A recent spike in fatal and serious injury crashes involving older residents has Rice County traffic safety advocates planning additional ways to help ensure mature drivers stay safe behind the wheel.

All four fatal crashes and four of the 15 serious injury crashes recorded in Rice County this year to date involved those 65 and older.

"That's telling us that we need to focus on older drivers," Kathy Cooper, Rice County Safe Roads Coalition coordinator, told the Rice County Board of Commissioners during its Sept. 23 meeting.

While the aging process diminishes an individual's reflexes, vision and strength, studies show that older drivers also tend to rely on experience and are much more likely to use safe driving habits like using seat belts, obeying speed limits and following the rules of the road to compensate than inexperienced drivers.

According to the Minnesota Department of Public Safety's Office of Traffic Safety, senior citizens are more likely to be killed or injured in traffic crashes because they're more easily injured and less able to recover from injuries. Intersections can cause elderly drivers trouble, especially when gauging the speed of traffic on the lanes they'll cross.

The Rice County Safe Road Coalition, supported through a Toward Zero Deaths grant administered by Rice County Public Health, hopes to again host CarFit clinics — a program of AARP and the American Occupational Therapy Association — for mature drivers similar to the one held in Northfield last May. During a clinic, trained technicians review how an individual fits in their car, checking to ensure mirrors are properly adjusted and that the driver is the right distance from the pedals and steering wheel.

Improper positioning can cause fatigue in the legs and slow reaction times as well as increase the risk of serious injury.

The Minnesota departments of Health, Public Safety and Transportation have recently issued an updated "Safe Driving Guide for Drivers 65+ and Families." It's available online at <https://bit.ly/SafeDrivingGuide> and includes common myths about older drivers such as the age when they should stop driving (Hint: there's no universal answer), how medical conditions can affect driving and ways to help keep your mind sharp.

There's also the Smart Drive Course from AARP which is available both in person and online. Those completing the course may be eligible for an auto insurance discount. Learn more and find a course location near you at aarp.org/auto/driver-safety/locations.

FREELANCE WRITERS WANTED

Duties include covering feature and human interest stories and upcoming events in the Messenger coverage area.

Will also work with content production for on-line distribution.

Pay negotiable and based on experience.

Qualified applicants will possess:

- Ability to work with deadlines
- Great people skills
- Knowledge of/access to a computer
- Enjoy small town atmosphere
- The ability to work some night hours as needed for editorial

Email resume to:

hometownmessenger@gmail.com

or call Terry at 507-951-7417

 Dundas
Messenger

 Mainstreet
Messenger

 Randolph-Hampton-Castle Rock
Messenger

WE'RE HERE FOR YOU!

We're local, qualified and ready to help you achieve your dreams!

Talk with a lender today!

• Our Services Include: •

Personal Banking: Ag Lending, Personal Checking, Ready Reserve, Personal Savings, iHelp Student Loans, Safe Deposit Boxes, Personal Loans, Mortgages, Construction Loans

Business Banking: Business Checking, Business Savings, Business Financing, Night Deposit, Teleserv (24 Hr. Phone Banking), Internet Banking, Direct Deposit, ACH Processing



**LAKE COUNTRY
COMMUNITY BANK**

www.lccbank.com

Nerstrand Lobby Hours: 9am-2pm M-F

313 Main Street • (507) 333-2500

- ATM AVAILABLE AT PARKSIDE -



Ask A Trooper

By Sgt. Troy Christianson,
Minnesota State Patrol



Question: My husband and I are wondering if it is true that emergency vehicles can change a light from red to green, if they need to proceed through an intersection. Is this true, or is it just a myth that people now believe to be true? Also, if this is true, how is the light triggered? Is it triggered by the flashing lights of the emergency vehicle or is it triggered through some other method?

Thank you for your column! We read it every time and we appreciate the helpful and accurate information.

Answer: Emergency vehicles can change traffic lights using a system called Opticom. The device on the vehicle emits a specific light or signal, which is detected by a receiver on or near the traffic light. The receiver then triggers the traffic light to change, giving priority to the emergency vehicle.

Question: I know the distracted driving law has been around for a while now, but can you please talk about it some more?

Answer: Driver distraction or inattention is a leading factor in crashes in Minnesota, accounting for at least 25 percent of all crashes annually. Distracted drivers fail to recognize potential hazards on the road and react more slowly to traffic conditions, decreasing their margin of safety.

Types of driver distraction:

- Visual: Looking away from the road.
- Mechanical/physical: Taking hands off the wheel.
- Cognitive: Being "lost in thought."

Distractions inside the vehicle

Distractions inside the vehicle can include activities such as: using a cell phone, using a GPS, reaching for items, eating and drinking, adjusting the radio, talking to other passengers, and reading maps and other materials. Even when you are watching the road, behaviors such as looking at a crash scene or daydreaming can divert attention from your driving responsibilities. For safety, give the task of driving your full attention at all times.

Illegal driver behaviors in Minnesota

Certain driver behaviors are illegal on Minnesota roads. These include using a cell phone or wireless computer device for text messaging, emailing or accessing the internet while driving, including while stopped in traffic. Drivers under age 18 with an instruction permit or provisional license are prohibited from using a cell phone, whether handheld or hands-free, except to call 911 in an emergency. It is also illegal to wear headphones or earphones in both ears simultaneously to listen to a radio or other sound-producing device.

Question: With school back in session, can you talk about school bus safety and what motorists need to know?

Answer: School buses have yellow and red lights that flash alternately to warn drivers they are stopping to load or unload students.

Bus drivers will activate flashing yellow lights at least 100 feet before a school bus stops in a speed zone of 35 mph or less. They will activate the lights at least 300 feet before it stops in a speed zone of more than 35 mph. It is against the law to pass on the right side of a school bus while it is displaying red or yellow flashing lights.

Flashing red lights warn drivers that the school bus is loading or unloading students. When you see a school bus that is stopped with its red lights flashing and its stop arm extended, you must stop your vehicle at least 20 feet from the bus.

Regardless of whether you are facing the front or back of the bus, you must remain stopped until the stop arm is retracted, and the red lights stop flashing. If you don't, you can be charged with a misdemeanor. If convicted, you must pay a fine of at least \$500

and lose your driving privileges.

Question: I read your last article about school buses and flashing lights. Can you do a reminder on passing a school bus?

Answer: It is illegal to pass a school bus when its red lights are flashing and its stop arm is extended. If you are driving on a divided roadway, you do not need to stop for a school bus with red lights flashing if it is on the opposite side of the divider. A law enforcement officer with probable cause to believe you have violated this law may arrest you within four hours of the violation.

When your vehicle is used to violate the school bus stop arm law, you are guilty of a petty misdemeanor if you own or lease the vehicle. However, if you can prove that another person was driving the vehicle at the time, the driver will be charged with the violation.

When you apply for a driver's license, you must certify, by signing the application, that you understand the requirement to stop for a school bus and are aware of the penalties for violating this law.

Question: My grandkids get to be on their school's "School Patrol." I am so happy they get to help but can you talk about this? I want people to be aware to help keep them and everyone safe. Thank you for all you do.

Answer: Congratulations to your grandchildren! You should be proud as it is quite an honor to be serve on those School Patrols.

A little history lesson on the School Patrol. The idea of the School Patrol originated with Sister Carmela of the Cathedral School in St. Paul on Feb. 21, 1921 when the first patrolmen were stationed at the intersection of Kellogg Boulevard and Summit Avenue in Saint Paul. Adopted citywide by the City of St. Paul in 1922 as a part of the program of the School System and the St. Paul Police Department, it was also adopted as a statewide program by the Minnesota State Patrol. Generations of children for over 100 years have served on the School Patrol all across Minnesota.

When you see a student safety patrol helping schoolmates cross a street or highway, you must come to a complete stop. You must also stop for adult crossing guards displaying a stop sign or flag. It is illegal to drive through a line of children crossing the road, even if a school safety patrol is not present. Violating this law is a misdemeanor. A second violation within a year is a gross misde-



meanor.

Question: I seem to encounter a fair amount of emergency vehicles running in emergency mode (lights and sirens.) I also can't help but notice how many people don't pull over and yield to them. Can you bring some attention to this?

Answer: Great topic for conversation. When an emergency vehicle (such as an ambulance, fire truck or police car) with flashing red lights and sounding a siren or bell approaches your vehicle on a two-way road, you must pull to the right and stop.

On a one-way road, pull to the nearest side and stop. If you are in an intersection, proceed through it before stopping. Remain stopped until all emergency vehicles have passed.

A law enforcement officer with probable cause to believe you have violated this law may arrest you within four hours of the violation.

You do not need to stop if the emergency vehicle is separated from your lane of traffic by a physical barrier like a fence, wall or median strip.

You can avoid a ticket — and a crash — if you simply buckle up, drive at safe speeds, pay attention, and always drive sober. Help us drive Minnesota Toward Zero Deaths.

A recent survey conducted by the National Highway Traffic Safety Administration released the top four reasons a driver may have commit a stop-arm violation. 30.5% driver did not care, 25.5% being in a hurry, 24.3% did not know the law, 12.2% distracted.

If you have any questions concerning traffic related laws or issues in Minnesota send your questions to Sgt. Troy Christianson — Minnesota State Patrol at 2900 48th Street NW, Rochester MN 55901-5848. (Or reach him at, Troy.Christianson@state.mn.us)

Ted Foss Move Over Law

This year marks the 25th anniversary of the tragic passing of Minnesota State Patrol Trooper Ted Foss. Cpl. Foss was conducting a routine traffic stop on the shoulder of I-90 in Winona County on Aug. 31, 2000, when he was hit and killed by a passing vehicle. His story is a powerful reminder of why we must move over and slow down for vehicles on the shoulder.

In his honor and to save lives on Minnesota roads, on Failing to change lanes or slow down endangers other drivers and emergency professionals and can leave you facing a fine of more than \$100.

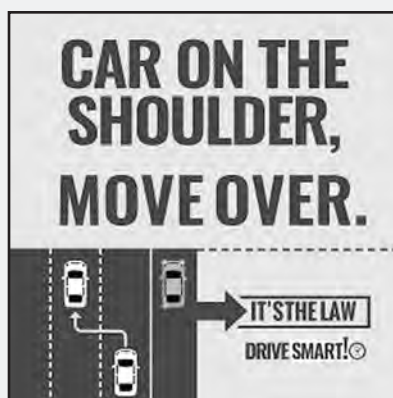
Drivers need to remember:

Move Over. On a road with two or more lanes going the same direction, you must move over one full lane from stopped emergency and maintenance vehicles as well as any vehicle with its hazards on.

Slow Down. If you can't move over safely, you must slow down.

Watch for People. The law also applies to people who are outside their vehicles.

Let's all do our part to keep each other safe on the road. When you see flashing lights, stalled vehicles or people on the side of the road, slow down and move over a lane to keep travelers safe and to give roadway workers room to do their jobs safely. Working together, we can drive Minnesota toward zero deaths.



HOPE CREAMERY BUTTER AVAILABLE AT PARKSIDE!

Local has become an important part of consumer's food choices. People like to know where their food is coming from and how is it produced. Hope Creamery fits that profile very well. Our butter is made using an age old process.

Vat pasteurization, and small batch quantities are churned fresh every week.



The Hope Creamery makes butter the old fashioned way and you can tell the difference.

Parkside General Store

~ Gas & Groceries ~

"The Little Store with More!"

ATM AVAILABLE
Mon.-Fri. 6am-8pm; Sat.-Sun. 7am-7pm
SUMMER HOURS: Mon.-Fri. 6am-8pm
Sat.-Sun. 7am-8pm
230 Main St, Nerstrand
507-332-8626
parksidenerstrand@gmail.com



How we can reduce healthcare costs

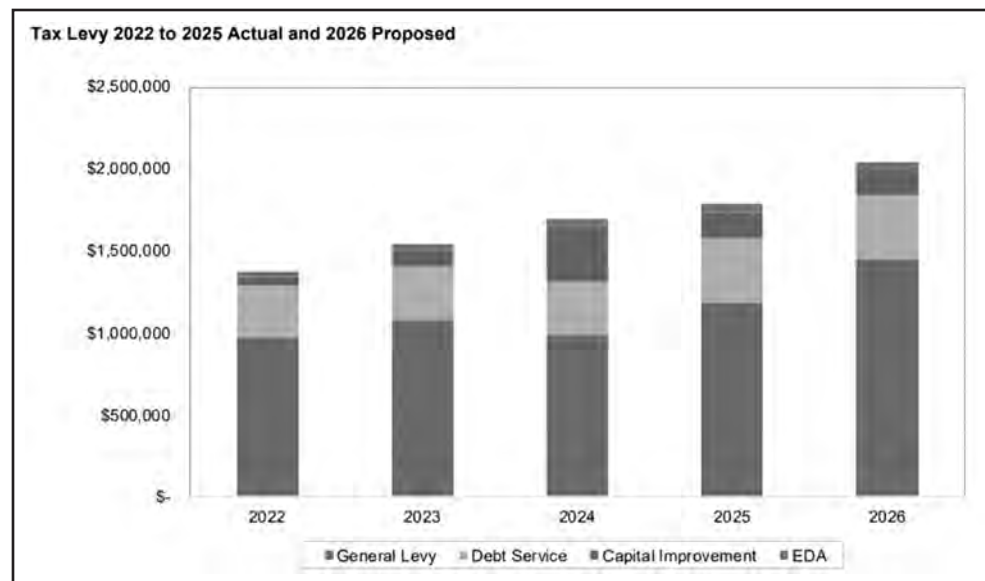
Friends and neighbors,

Every week when I go to meetings across our district, one topic comes up more than almost any other: the cost of healthcare. People are worn down by it. They are doing everything right, raising their families and paying their bills, but the costs seem to keep climbing. I know people who are delaying appointments, putting off care, or stretching their prescriptions. Others are taking on medical debt and hoping nothing else goes wrong. Small businesses are stretched to the limit trying to provide coverage for their employees. Seniors tell me they feel punished for getting old.

I talk to people who are searching out brokers because of the massive changes. UCare is one that has decided not to continue here in Minnesota and this has left many seniors searching for new plans. There are patients I have been providing care to for over 10 years who are now scrambling to find insurance to keep all of their providers. Networks are getting harder for providers to work with because each network is setting different contracts; one may be good for chiropractors to be in network, while another may be better for general practitioners or other specialists. It all leads to challenges and confusion picking the right network.

This all comes from real conversations with real people who are struggling. It is a crisis that seems to grow month by month and year by year.

Dundas City Council Approves Preliminary Tax Levy Increase of 14.09% (continued from page 1)



A comparison of Dundas taxes collected over the last several years.

Courtesy of KYMN Radio News

Other items included in the tax increase include:

- Tower Park Improvements (\$75,000)
- Public Safety – CAD (\$11,000)
- Sidewalk repairs (\$11,000)
- John Deere Payloader (\$40,000)
- Interfund loan to 602 fund (\$23,000)
- Tool Kat (\$42,500)
- Sidewalk/RR Crossing on West Ave (\$60,000)
- An estimated 10% increase in workers compensation and General Property insurance.

Teppen noted that as they continue through the budget season, they will get a few more final numbers and costs:

“Between now and December 8th, when they adopt the final levy, we will get some of those final numbers. You know, we don’t have health insurance costs for 2026. We

don’t have workers’ comp, liability.” – Jenelle Teppen, Dundas City Administrator on KYMN In The Morning

That said, Teppen stated that she believed there would be few changes between the preliminary levy and the final levy.

“I think we’ll have a few conversations, at least in terms of the general fund levy. But I don’t foresee any changes to that.” – Jenelle Teppen, Dundas City Administrator.

Dundas is scheduled to hold its Truth In Taxation meeting and approve the final Tax Levy and Budget on December 8th.

WE’RE ONLINE!
Keep Up With Your
Hometown News at
www.dundasmn.com

The Minnesota Department of Commerce recently approved painful premium increases for next year. In the individual market, virtually every plan is looking at a double-digit percentage increase. For small businesses, premiums will increase about 14% across the state. These hikes will hit 187,000 Minnesotans who buy coverage on their own and many more who receive insurance through their jobs.

How did it get this bad? Decisions made at the State Capitol keep driving prices higher. Over the last ten years, lawmakers passed nineteen new health insurance mandates. I know some of these policies sound reasonable when you read about them in newspaper headlines. The problem is the total cost after stacking nearly all these new mandates and costs on top of one another. Minnesota now has the second-highest number of insurance mandates in the country. Each one adds a cost that drives up your monthly premiums.

On top of that, healthcare has become a tax target. In 2025 alone, the Legislature passed \$3.2 billion in new healthcare taxes and fees. That included a tax on managed care organizations worth more than \$549 million over the next four years. There were also \$30.5 million in new fees on hospitals and care facilities and a \$54 million tax hike on prescription drug revenue. Each of these policy choices makes healthcare less affordable for regular families.

Seniors are especially feeling the squeeze. The rising cost of care is colliding with

shrinking insurance choices. Medicare Advantage plans are disappearing from parts of Minnesota because providers say they cannot afford to operate under the current state policies. Original Medicare is still available, but many seniors liked the simplicity and lower out-of-pocket costs of Medicare Advantage. When plans disappear, it forces seniors to switch doctors and lose coverage they trusted. That is a difficult blow to face.

We also cannot ignore the high price of fraud. Minnesota has lost billions of dollars to fraudulent billing schemes according to the former Acting U.S. Attorney. This is money that could have been used to help people who really need it, or to help make healthcare more affordable. Instead, it was stolen.

There is a better way forward. One of the first things we can do is review existing insurance mandates and stop passing new mandates. We should target healthcare taxes for repeal so families and small businesses feel relief. And, of course, stopping fraud should be a top priority so not a single dollar more is stolen from us. I will keep fighting to make it easier by trying to increase options and I hope in the coming years to find a new way to handle healthcare where the options are plentiful and the mandates are reduced or gone.

I’d love to hear your healthcare stories and your ideas to lower costs. If you want to share your feedback, please reach out any time at sen.bill.lieske@mnsenate.gov. It is a privilege to serve you.

DUNDAS CITY COUNCIL REGULAR MEETING MINUTES

Monday, September 22, 2025

7:00 p.m. City Hall

Present: Mayor Glenn Switzer, Councilors Grant Modory, Luke LaCroix, Ashley Gallagher, Luke Swartwood

Staff: City Administrator/Clerk Jenelle Teppen, City Engineer Dustin Tipp

CALL TO ORDER

Mayor Switzer called the meeting to order at 7:00 PM.

PUBLIC COMMENT - None

APPROVAL OF AGENDA

Motion by Modory, second by Swartwood, to approve the agenda. Motion Carried Unanimously (MCU)

CONSENT AGENDA

- Regular Minutes of September 8, 2025
- Consider Approving Resolution 2025-21 Requesting that Part-Time Police Officer Tyler Johnson Acceptance at Member of Public Employees Police and Fire Plan
- Disbursements - \$137,133.29

Motion by Gallagher, second by LaCroix to approve the Consent Agenda. MCU

REGULAR AGENDA

- Consider Approving Contract with Epic Enterprises, Inc.
- Motion by Swartwood, second by Gallagher, to approve the contract with Epic Enterprises, Inc. MCU
- Consider Approving Market Analysis and Pay Grid Calibration to Update the City’s Compensation Plan

Motion by Modory, second by Swartwood, to approve the proposal from David Drown Associates to perform a market analysis and pay grid calibration to update the City’s compensation plan. MCU

- Consider Appointing Holt Goodwin to the position of Full-Time Police Officer

Motion by Swartwood, second by Gallagher, to appoint Holt Goodwin to the position of full-time Police Officer. MCU

REPORTS OF OFFICERS, BOARDS AND COMMITTEES

City Engineer Dustin Tipp reported that the contractor began working on the CSAH 1/TH 3 pedestrian crossing project the week of September 8. The contractor on the DNR’s Mill Towns State Trail project has completed the retaining wall work, the fencing, tree clearing and trail prep. The Dundas Boulevard Watermain project is substantially complete, with replacement of the sidewalk still outstanding. The Reclamite project was rescheduled to September 26 due to weather.

ADJOURN

Motion by Gallagher, second by Swartwood, to adjourn the meeting at 7:20 PM.

Minutes prepared by Jenelle Teppen, City Administrator/City Clerk

AREA DINING & ENTERTAINMENT

 A Delicious Gift for You

\$25⁰⁰

Gift Certificate

Send us a review of your visit to your favorite restaurant in the Diners Guide and enter to win a **\$25.00 GIFT CERTIFICATE!**

E-mail to: messengerdrawing@gmail.com, put Diners Guide in subject line.

NEW! GRAB N GO **LUNCHES**

YUM!

Don't Let Your Hurry Come Before Your Hunger!

Available Weekdays 11am-1pm

507-455-9260
MON-TUES-WED-THURS 11AM-9PM
FRIDAY 11AM-9PM
SAT 3:00PM-9:00PM • SUN CLOSED

TOREY'S
RESTAURANT & BAR
TOREYS.NET

PICK UP ONE OF OUR DELICIOUS SALADS OR WRAPS!

LOCATED NEAR THE BACK ENTRANCE OF THE RESTAURANT AT 208 N. CEDAR, OWATONNA

BOOK YOUR FALL & WINTER EVENTS! Banquet Hall, Seating Up to 300

CHECK OUT OUR MANY NEW LUNCH & DINNER MENU ITEMS!



5% OFF With ad Good through November 30, 2025

Cahill Bistro & Bar
Latin American Fusion

Breakfast served weekends 9am to 2pm
Happy Hour Sun.-Thurs. 3 to 5:30pm
Mon.-Thurs. 10am - 9pm; Fri.-Sun. 10am - 10pm
632 2nd street Kenyon, MN
507-623-1001 • www.cahillbistrobar.com

\$10.00 Daily Lunch Specials!

NOW OPEN MONDAYS

 112 Main Street Wanamingo, MN
Bar Hours:
Monday-Thursday 11am-10pm
Friday-Saturday 11am-1am; Sunday 11am-9pm
Kitchen Hours:
Monday-Saturday 11am-9pm
Sunday 11am-7m

NEW HOURS
11:00am-9:00pm Tuesday-Thursday
11:00am-10:00pm Friday & Saturday
Closed Sunday & Monday but available for private parties

Broasted chicken is back!

LOOK TOWARDS US FOR YOUR CATERING EVENT!

SAKER'S
SPORTS BAR & GRILL

LOOK FOR ADDITIONS TO OUR MENU!

401 8th Street SE, Kasson, MN • 507-634-7400

PLAZA MORENA
CAMPESTRE GRILL

DAILY SPECIALS!
Noon Buffet 11am to 2pm

5% OFF MEAL PURCHASE WITH THIS AD

ORDER ONLINE!
WWW.DODGEPLAZAMORENA.COM
Sunday-Thursday 11:00am to 9:00pm
Friday-Saturday 11:00am to 10:00pm
411 W. Highway St. Dodge Center
507-374-9555

TAMMY'S PLACE
Restaurant & Bar
Kasson, MN



DRINKS • APPETIZERS • SANDWICHES
BURGERS • SALADS • WRAPS • DESSERTS

DAILY SPECIALS

Closed Mon.; Tues-Thurs 11am-9pm; Fri-Sat 11am-10pm; Sun 11am-8pm
111 West Main Street, Kasson, MN
507-634-3133

DENNISON, MN

CATTLEMEN'S SALOON

BINGO
TUESDAYS 6:00 PM
Dennison Lions Club Charitable Gambling Permit #2762

MEAT RAFFLE
SUNDAYS 3:30 PM

MAIN STREET, DENNISON • 507-782-9753
Monday - Tuesday - Thursday - Friday 3 PM - Close; Saturday - 11 AM - Close
Sunday - Noon - Close; Closed Wednesdays
Our kitchen is not open yet, but watch for "Pop Up" kitchen features coming soon!

BREAKFAST, LUNCH, DINNER



BURGERS, ESPRESSO
HOTDISH, PIZZA
ICE CREAM

TRY OUR DAILY SPECIALS!

635 2nd Street, Kenyon
Hours:
Tues.-Sat. 7am to 8pm; Sunday 8am to 6:30pm
Closed Mondays
507-789-1100


CLIP & SAVE

East Wind 東風 Buffet

10% OFF
With this ad
Cannot be used with other offers.

MENU OR BUFFET

Hours: Monday: 11am-9pm; Tuesday: Closed; Wed.-Sun.: 11am-9pm
507-451-9666
1015 W. Frontage Rd., Suite 103, Owatonna • South of Lowe's • Dine In Only • Expires November 30, 2025

Center Restaurant
FAMILY
507-633-3333
Thank You

30 Main Street
Dodge Center, MN 55927

Breakfast, Lunch & Dinner
Generous portions, friendly service and delicious homestyle cooking anytime!

TRY OUR DAILY SPECIALS!



BREAKFAST SERVED ALL DAY!

10% OFF With this ad
Good Monday-Friday. Expires November 30, 2025
Hours: Sunday-Thursday 7am-3pm; Friday-Saturday 7am-8pm
507-633-3333

PLAZA MORENA
CAMPESTRE GRILL

DINING ROOM
Open 7 Days a Week 11:00am-10:00pm

5% OFF MEAL PURCHASE
Expires November 30, 2025. Does not include alcohol. Not valid with any other offer.
160 26th St NE, Owatonna • 507-413-0819
www.plazamorena.com



Business Link

• Bellechester • Castle Rock • Claremont • Dennison • Dodge Center •
 • Dundas • Goodhue • Hampton • Kenyon • Mazeppa • Nerstrand •
 • Randolph • Wanamingo • West Concord • Zumbro Falls •

DODGE COUNTY LAND TITLE COMPANY

* Over 40 Years Experience
 * Residential
 * Farm
 * Commercial

Use Dodge County Land Title Company for your next real estate transaction or loan closing.

38 W Main Street, Dodge Center, MN
 Ph: 507-633-6355
 Email: dclandtitle@kmtel.com

TRAXLER
 POWER & EQUIPMENT

Specializing in
 Farm Equipment Repair
 Authorized **UNIK** Dealer
 DOT Inspections/Welding

507-789-6321

NAPA AUTO & TRUCK PARTS

Kenyon NAPA Store
507-789-5254
502 Huseth Street, Kenyon

LODERMEIER'S
 STEEL & WOOD FRAME BUILDINGS

- Machinery Storage
- Commercial
- Livestock Buildings
- Garages

38241 County 6 Blvd, Goodhue
651-923-4441
Lodermeiers.net

ROVLAND
 All Season Tire & Auto Service

- Tires
- Wheel alignments
- Steering & suspension
- Brake repair
- A/C maintenance
- Batteries

641 S Main Wanamingo
507-824-2710

BASIC HANDGUN SAFETY CLASS
 For Those With No Handgun Experience

- Learn handgun safety fundamentals
- Individual classes available
- Learn to shoot safely & properly
- You can fire a variety of handguns

NRA Instructor with 24 Years Experience
CALL TO SET UP YOUR CLASS TIME, SCHEDULED AT YOUR CONVENIENCE
507-951-7417

R&M STEEL

Full Line of Square Tubes, Channels, Angle, Flat & Pipes

Shearing, Cutting and Bending

61154 190th St Dodge Center
507-374-2524

All Your Printing & Sign Needs

D&S Banner, Sign & Print

All Your Printing and Sign Needs
 In House Graphic Design
 Large Format Graphics for Vehicles and Trailers
 Installation services

113 Forest Street, Kenyon, MN 55946
507-789-4611
dandsbannersignandprint.com

L&D Recycling, Inc.
 Scrap Iron & Metals

Steel, Farm Machinery, Car Bodies, Aluminum, Copper, Batteries, Appliances, E-Scrap

55976 State Hwy. 56, West Concord
 Monday-Friday 8:00am to 4:30pm
 June-October
 Open Saturdays 9:00 to 11:30am
507-527-2408
www.lidrecycling.com

MANTORVILLE SQUARE
 ANTIQUES & COLLECTIBLES

Largest Antique Store in Dodge County

416 N. Mantorville Ave, Mantorville
507-635-5554
 Facebook@MantorvilleSquareAntiques

SIFT (SAVE IT FROM TRASH)
THRIFT STORE

26 RED WING AVE Kenyon, MN

LIKE US ON **facebook**

Hours: Thur & Fri 12 to 8pm,
 Saturday 9am to 5pm

DOUG AND MARY KLATT
Call us today!
507.259.2386

Mantorville Chocolate Shoppe

420 Main St.
 Mantorville, MN 55955
507-635-5814

OVER 100 CHOCOLATE DELICACIES HANDMADE IN STORE!

UNIQUE CANDIES SWEETEST PLACE IN TOWN

Tues-Sat 11:30-5:00; Sun 12:30-5:00

PLACE YOUR AD ON THIS PAGE

Call Terry at **507-951-7417**
 or
 Email: **hometownmessenger@gmail.com**

Tatge Jewelry

Awards By Tatge
 Celebrating 50 Years of Business in 2025

625 2nd Street, Kenyon, MN
 (507) 789-6522

fw

Flat Water Futures, LLC
 Grain and Livestock Hedging

Todd Ryan
651-764-5590
tryan@flatwaterfutures.com

Goodhue, MN
 Branch Office

KAHN Tile Supply LLC

Schaeffler
 SPECIALIZED LUBRICANTS

AGRO POWER

Bruce Freerksen
(507) 273-9110
brucewithschaefferoil@gmail.com
 West Concord, MN

FAHNING & ASSOCIATES LLC.

BETH S. FAHNING-HANGGL
 AGENT #46786

Licensed Life And Health Insurance Agent

35 West Main Street
 Dodge Center, MN 55927
(507) 374-6342

Life • LTCI • Employee Benefits
 Health Insurance • MNsure Certified Agency

Traxler Law PLLC
 traxlerlaw.com

Ann Traxler
 Attorney

PRACTICE AREAS

- Wills, Trusts, & Estates
- Farm and Business Transition Planning
- General Practice
- Probate

4359 Cty. 11 Blvd.
 Kenyon, MN 55945
507-405-0420
ann@traxlerlaw.com

C&A
 SEAMLESS GUTTERS

Kenyon, MN

Chad & Amber Wood
507-782-3514
caseamlessguttersllc@gmail.com

NEW GUTTER/DOWNSPOUT INSTALL
 GUTTER CLEANING
 GUTTER GUARDS

Let's talk fence

Alpacas, Apples, Beef Cattle, Deer, Dairy Cattle, Elk, Emus, Gardens, Goats, Grapes, Gorillas, Horses, Lions, Llamas, Ostriches, Ponies, Raccoons, Sheep, Trout, Tigers, Yak

K FENCE

928 Chestnut St NE, Mazeppa MN 55956
 Phone 507-753-2943 • **www.kfence.com**
Free Estimates • Free Catalogs

ADA ENTERPRISES, INC.

Protect Your Investment - Raise Healthier Calves!

Durable. Hygienic. Proven.
 Satisfied customers in the US, Canada, and Mexico

- ✓ Raised, plastic-coated steel stalls and flooring
- ✓ Keeps calves clean, dry, and comfortable
- ✓ Options include closed or vented side panels, headlocks, and head dividers

See photos, videos, and testimonials: **facebook.com/ADAEnterprises**

641-324-1093
www.adaent.net

305 Enterprise Drive
 Northwood, Iowa, USA

COUNTRY GOODS

LARGEST GIFT STORE IN SO. MN!

ACROSS FREEWAY FROM CABELA'S
INSPIRATIONAL ITEMS
HOME DECOR
LAWN DECORATIONS
UNIQUE GIFT IDEAS

OPEN MONDAY-SATURDAY 9am-5:30pm; SUNDAY NOON-4pm
 4515 NW 22nd Ave, Owatonna • View / Like us on Facebook
507-451-5661

1	2	3	4			5	6	7			8	9	10	11
12					13					14				
15					16					17				
18					19					20				
			21						22					
23	24	25						26				27	28	29
30				31		32	33				34			
35			36			37				38				
39					40				41			42		
43				44					45		46			
			47				48	49						
	50	51				52						53	54	55
56						57					58			
59						60					61			
62						63					64			

**Off First Month
of New Service!**
USE PROMO CODE: **GZ59**

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

ACROSS

1. *The Big Bad Wolf: "I'll _____ your house down!"
5. Edgar Rice Burroughs' Kerchak or Kala
8. Cosine's buddy
12. Target of grand theft
13. Influencer's journal
14. Food-grinding tooth
15. Bear's hang-out
16. Like a maxi skirt
17. Get up
18. *Robert McCloskey's "Make Way for _____"
20. March Madness org.
21. Expenditure, in the olden days
22. *"Four and twenty blackbirds baked in a _____"
23. Turn pale
26. Lachrymatory agent (2 words)
30. Swimmer's distance
31. Rinse and _____
34. Consequently
35. Join forces
37. Bruin legend Bobby
38. Jury duty event
39. Per person
40. Hockey player, e.g.
42. Approximated landing time
43. What naughty children do
45. Fortification made of wagons
47. Preceding month
48. Unnecessary embellishment
50. Customs document
52. *He had a terrible, horrible, no good, very bad
56. Popular pie nut
57. Not final
58. Just a little
59. Choice dish
60. _____-do-well
61. Sudden and brilliant success
62. Doofus
63. Is, in France
64. Fail to mention

1. Like a certain eagle
2. Oahu shindig
3. Related to ear
4. Exert persuasive powers (2 words)
5. Jennifer Aniston's movie "_____ Came Polly"
6. *Canine father in Dodie Smith's "The Hundred and One Dalmatians"
7. *Dr. Seuss: "I do not like green _____ and ham"
8. *Philosopher in American edition of "Harry Potter and the Philosopher's Stone"
9. Hipbone
10. U.S. space agency, acr.
11. *"I heard him exclaim, _____ he drove out of sight, Merry Christmas..."
13. Not serious
14. Bipolar disorder phase
19. Filthy cabbage
22. Favorite student
23. Protected steel from rust with coating
24. Hawaiian veranda
25. Long stories
26. *The Queen of Hearts baked more than one of these
27. "In the Hall of the Mountain King" composer Edvard _____
28. Popular gemstone
29. Type of renewable energy
32. *Janette Sebring Lowrey's "The _____ Little Puppy"
33. Pitcher's stat
36. *"One _____ and One Nights"
38. _____-la refrain
40. Group of exercise reps
41. a.k.a. philosopher's stone
44. Flavorless
46. Aluminum+nickel+cobalt, magnetic alloy
48. What time does
49. Button on electrical outlet
50. Bride's cover
51. International Civil Aviation Organization
52. *Green Gables resident _____ Shirley
53. Gloom's partner
54. Evening purse
55. Wholly engrossed
56. Pipe material, acr.

SUDOKU ANSWERS

2	1	8	5	6	7	4	3	9
5	7	3	4	9	2	8	1	6
4	6	9	1	8	3	5	2	7
3	4	2	9	1	6	7	5	8
7	8	6	2	3	5	1	9	4
1	9	5	8	7	4	3	6	2
6	2	1	3	4	8	9	7	5
9	5	4	7	2	1	6	8	3
8	3	7	6	5	9	2	4	1

Help Us Get the Word Out! News, Photos, Events...

Email your news to:
hometownmessenger@gmail.com

[illegible]

SUDOKU

**Call today and receive a
FREE SHOWER PACKAGE
PLUS \$1600 OFF**

SPECIAL OFFER

SAFE STEP
WALK-IN TUB **1-855-576-5653**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

2				6		4		
5	7			9				6
							2	7
3					6	7		
	8			3			9	
		5	8					2
6	2							
9				2			8	3
		7		5				1

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



CHECK OUT OUR DIGITAL BANKING OPTIONS

**Online Banking • Mobile Banking • Online Bill Pay
Cardhub • E-statements • Digital Wallets
Mobile Deposits • Smart Deposit ATM**



HERITAGE — B A N K —

www.heritagebankmn.com

NORTHFIELD: 1520 Clinton Lane 507-645-6736

DENNISON: 37470 1st Ave. Ct. 507-645-5929

WEST CONCORD: 181 Main Street 507-527-2236



**Member
FDIC**