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JUNE 25, 2026

Volume 23 • Issue 6

New Rescue Unit at Dennison Station



Courtesy of Nerstrand Fire & Rescue

We're proud to announce a new Rescue Unit at our Dennison station, made possible through the generous support of the Dennison Lions- Dennison Mn and Northfield Hospital + Clinics EMS.

This addition will improve response times and strengthen our ability to serve our communities during fire and rescue calls.

(continued on page 4)

The Old Country Boys and Shane Martin to Headline Dennison Days August 7 & 8, 2026

Summer festival season is in full swing as area communities continue to celebrate their summer events and festivals.

Dennison Days takes place this year Friday and Saturday, August 7 & 8, 2026.

Final Events are being scheduled at

Breakfast on the Farm Successfully Promotes Dairy Industry



By Beth Brekke

Approximately 2000 people enjoyed breakfast and a beautiful day at Bombay Dairy near Kenyon on June 5th.

(continued on page 6)

Pictured to the left: Approximately 2000 people attended the 2026 Breakfast on the Farm event at the Lexvold family's Bombay Dairy near Kenyon.



presstime, but we do know there is a great line up of music this year, including Friday Nights Headliner, THE OLD COUNTRY BOYS. Friday evening events will also include The Biggest Dip Contest, a Pie Eating Contest, and more, Hosted by Cattlemens Saloon and The Lions. Details will be posted soon!

Watch the Dennison Days website and Facebook pages in the coming days for entry details and event information!

A full schedule of events will take place Saturday.

(continued on page 8)

Announcements

- Save the date: Red Cross Blood Drive July 15 from 12-6 at Vang Church.

- Dennison City Council meetings are held the first Thursday of every month at 7:00 p.m.

- The Nerstrand City Council meets the second Tuesday of every month at 7p.m. at the Nerstrand City Hall. Office hours are: Wednesdays 9:30-11:30a.m. and Thursdays 6:00-8:00p.m. Other times available per request, 507-332-8000.

(continued on page 2)



Carmen Bonde's Retirement Celebration

Courtesy of Nerstrand Elementary School

On May 29, everyone had such a wonderful afternoon celebrating Carmen and her 22 years at Nerstrand! She will truly be missed! Thank you to all who came to celebrate with us!

Meet City Leaders at Nerstrand City Park June 29

Meet the City Council, City Staff & Committee members Monday, June 29th at 6:30p.m. at Nerstrand City Park.

Assistant Chief Bonde will be on hand to respond to questions about the department and recruitment. The Goodhue County Fire Chiefs are organizing a Fall/Winter training initiative, and applications are now being accepted. (see ad on page 4)

Open Regular Hours
July 1, 2 & 3

WE WILL BE CLOSED
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Opening Wednesday, July 8 at 11:00am

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Announcements

(continued from page 1)

• **The Hiawatha Valley Genealogy Society meets on the second Tuesday of each month at 10:00 a.m. at the Goodhue County History Center, 1166 Oak St., Red Wing, MN.** The society welcomes participants of all ages and genders who are interested in discovering, researching, or expanding their knowledge of their family's ancestors. Whether you are just beginning or have years of experience, the group offers a supportive environment to help you build your genealogy skills and connect with others who share your interest. Your first meeting is complimentary!

• **The Little Free Food Pantry is open and needs your donations. The Little Free Food Pantry is located by Dennison City Hall behind the big sign.** Paper products: paper towels, toilet paper, kleenex. Personal care items: soap, toothbrushes, pads/tampons, diapers/wipes, deodorant, chapstick, hats, gloves, scarves, handwarmers. Nonperishable foods: boxed/bagged grains/beans, rice, couscous, quinoa, red beans, white beans, dry pasta, bagged pasta meals, mac 'n cheese, hot and cold cereal, snack crackers, dried fruits, granola bars.

• **Wednesday Wear, Nerstrand United Methodist Church hours are Wednesdays 1 - 5 and Saturdays 9 - 12.** Women's, men's and children's clothing, shoes, accessories, linens, toys and books. All things are free with donations accepted. Come and see what we have!

• **Warsaw Township Meeting** is held the 2nd Monday of each month at the Warsaw Township Hall. Meeting time is 6:00p.m.

• **The Wheeling Township meeting** will be held on the second Monday of each month at 8:00p.m. at the Wheeling Township Hall. Contact Rebecca Vergin, Township Clerk.

Do you have an announcement?

Email:

hometownmessenger@gmail.com

Difficulties of the Secret Place



By Ashley Dudek, founder of Isaiah Ministries, bringing Biblical teaching to help overcome life's everyday challenges.
www.isaiahministries.cc

Emotions got the best of me, yet again. Thoughts that I do not want echo in my mind repeatedly. Rumination has reared its ugly head. Annoyed eyes. Loose words spilling out. Jealousy. Comparing. Lost temper with hubby. Angry with self. These are just a few ways I am messy. The greatest thing for me to do in the midst of these "messes" is to go to the Secret Place, but at times that is easier said than done.

The best things for us can sometimes be the

hardest things to do. The last two months I have discussed the topic of the Secret Place and the benefits of it. If you missed those articles or want a quick review, here you go:

The Secret Place is partially your one-on-one time with Jesus, with your Bible and perhaps journal out, and at a much deeper level, it is a life that remains in the hiddenness of the Lord. It means you dwell, abide, and stay in all of Jesus's promises, truths, direction, and love for you—no matter what. You talk to Him at your inner core, and you do not stop.

The benefits of the Secret Place are limitless! A few of them include working through conflict, overcoming fear, healing from trauma, and learning the Father's love. Last month we discussed how the Lord can guide, speak to, and protect us in the Secret Place as well.

Even though the Secret Place is the best thing for us, guess what? It can be one of the hardest things to actually enter into and stay in. There are numerous reasons why the Secret Place can be difficult, such as distractions, emotional or physical pain, lack of motivation, not feeling the Lord, not knowing what to say or do with Jesus, not being sure how to read the Bible, depression, or as alluded to earlier, feeling too messy to enter into the presence of the Lord.

In this article and the articles to come, I am going to address various difficulties of the Secret Place and some solutions around them. Go grab a cup of joe or some tea, and if you feel a little too messy for Jesus, by the time you are done with this article, you will have realized you are not, and I bet you will even be motivated to go talk to the big guy up-

stairs!

Some may feel that they have messed up so badly they cannot enter into conversation with Jesus.

Oh, my friend, if you believe this, you are mistaken. The Lord will take you in no matter what you have done. Did you know that the majority of the Bible is written about and even by people that messed up? That is right, A LOT of the people in the Bible screwed up—and screwed up bad!

I will give you one scenario of a man named David. David made an "oopsies" by committing adultery. Then he had the husband of the woman he committed adultery with killed. Yep. You can read the full story in 2 Samuel 11-12. What is amazing, though, is that he repented (see Psalm 51) and was known as a man after God's heart (see Acts 13:22). He was a man after God's heart not based on performance (things he did or did not do) but because of his personal relationship and adoration with God. Another person in the Bible that made some pretty big errors was Paul. Prior to Paul becoming a follower of Jesus, he even persecuted Christians!

Studying about these men's lives could be a good thing to do in the Secret Place and will probably make you not feel so bad about the things you have done wrong. Neither of these men let their identity fall under their "mess-ups," but they knew they were sons of God and were loved by Him; therefore, they talked to the Lord and kept talking to Him. They remained in the Secret Place.

If you believe that you are too messed-up to spend time in the presence of the Lord, that is one FAT LIE from the enemy.

(continued on page 3)

LUTHERAN

Dennison/Vang Lutheran Parish
P.O. Box 117, Dennison, MN
507-645-6042

Website: www.dennisonvang.org
Email: dennisonvangoffice@gmail.com
June 28: Vang 9:00 a.m.

Gol Lutheran

Joe Jorgensen, Pastor

507-838-2100

Sunday Worship 10:30 a.m.

Grace Lutheran, Nerstrand

Dwaine Sutherland, Pastor; Mike Ahrens S.A.M.

Service 9 a.m.; Coffee Hour 10:00 a.m.

Sunday School 10:15 a.m.

Emmanuel Lutheran

9:00a.m. Sunday School

10:00a.m. Coffee Time 10:30a.m. Worship Service

Hegre Lutheran

Pastor Chris Brekke

Sunday School 9:15a.m.; Worship 10:30a.m.

Moland Lutheran 507-456-4242

Sunday Worship 10:00 a.m.

First Ev. Lutheran, Kenyon

David J. Chatelaine, Pastor

Sunday 9:00 a.m. worship

Wangen Prairie Lutheran Church LCMC

Shannon Bauer, Pastor

24289 Cty. 24 Blvd., Cannon Falls

Sunday Worship at 9:00a.m. followed by fellowship.

Thursday Bible Study at 9:00a.m.



AREA CHURCH DIRECTORY

Fight the Good Mental Fight

I delight in God's law; but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin. . . .

— Romans 7:22-23

It is hard to overstate how much our minds are like battlefields. This is true for all believers in Christ, including the apostle Paul, who describes his own struggles in our text for today.

In this passage Paul says that one set of thoughts in his mind is turned toward God and aims to do good. The other set of thoughts, however, is turned toward evil and wants to sin. Paul thanks God in Christ that he is indeed saved. But in the very next verse he recognizes that he is still of two minds; he is a slave to God's law at the same time that he is a slave to sin. In verse 24 Paul seems to despair of living in this sort of spiritual duplicity. "What a wretched man I am!" he says.

In this way Paul expresses the frustrating way the Christian life goes—we are pulled one way and tugged the other by opposing powers within us. Though we are truly and irrevocably saved through the blood of Jesus Christ, we are at the same time slaves to our sinful old selves.

Thus we are in constant battle. Who will rule our heart and mind today? Who will rule our thinking about our work, marriage, or politics? The inner thoughts that we barely even notice may really be spiritual combat.

Though the battle rages on, we can ultimately say, with Paul, "Thanks be to God, who delivers me through Jesus Christ our Lord!"

O God, you have freed us from the curse of sin and death. But we need your power in our minds each day. Guide us to live by your Spirit. Amen.

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713 Division St S, Northfield, MN 55057

Contact Us: hello@northfieldcc.org

<https://www.northfieldcc.org/>

10:30 am Worship Service (10:00 am in summer)

9:15am Sunday School

METHODIST

Nerstrand United Methodist

Gary Liker, Pastor

507-330-0025

Worship 9:00a.m.

Stanton United Methodist

Rev. Tom Countryman

Church Phone 507-321-3598

Worship 10:15a.m.

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holdendalesecretary@gmail.com

Holden: 6949 County 30 Blvd, Kenyon

Dale: 9210 County 12 Blvd, Kenyon

www.holdenlutheranchurch.org

Holden Lutheran Church on Facebook

Worship Services

June 28: Dale 9:30a.m.

July 5: Holden 9:30 a.m.

E-mail your church announcements, schedule, etc.

to the Mainstreet Messenger at:

hometownmessenger@gmail.com



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Difficulties of the Secret Place

(continued from page 2)

I think this verse might help you out a little too. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).

As you read 1 John 1:9 above, do you see the word all? That means no matter what you have done or said, if you repent, you are forgiven! Don't let shame keep you away. Come out from the bushes as Adam and Eve did, and let Father God clothe you with love and

compassion. Understand your identity in Him and remain hidden in those truths.

Perhaps you are asking yourself, "But what if I am in the midst of making mistakes, sinning, and messing up?" The same principle holds true: go running to the Lord in the midst of the screwups. Any good parent would want their child to go to them when they are struggling, right?! What makes our heavenly Father any different? Again, do not let shame keep you away. Go talk to Jesus about whatever it is you're struggling with. Ask Him the roots to why you are doing what you are doing, strategy to overcome it, and strength in the midst of it. Another comforting verse to help you not feel so alone is "For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do" (Romans 7:15).

Solution:

- If you have repented for your sins, know **YOU ARE FORGIVEN!**

- If you have sinned and not yet repented, then I would suggest you do. Remember, in a nutshell, repenting is telling the Lord you are sorry, and turning away from whatever it is you did.

- If you feel shame or guilt, I would recommend looking up various verses on forgiveness. Read them over and over. Renew your mind to the fact that you are clean. Yes, **YOU ARE CLEAN.** What a beautiful gift! You can look up verses by doing a simple internet search or even looking in the back of your Bible at the concordance (most Bibles have this). I'll get the ball rolling by giving you a few Scriptures on forgiveness right now that you can go look up: Isaiah 1:18, Psalm 86:5,

and Colossians 1:13-14. Understand that condemnation is not of God either. Here are a couple verses around this topic as well: Romans 8:1 and 1 John 3:20.

4. If you are still feeling stuck in shame or guilt, I would also encourage you to talk with the Lord about these feelings. Sit down, go for a walk or a drive, or whatever it is, and pour out your heart to Him. The other day I messed up bad. Like if it was a test, I would have gotten an F minus. I would have been so embarrassed if anyone heard how I spoke to and treated my husband. Geez! I was completely in the wrong. I felt so ashamed and was starting to spiral down into that dark pit of self-anger and even depression. Therefore, I went to the Lord and we talked about it. All of my anger "toward my husband" was not even about him. It was rooted in trauma from my past, not feeling physically good, my cup being drained, and what I believe to have been some spiritual warfare too. Talking with the Lord is so good. There is a reason why I did what I did. There is a reason why you did what you did or are doing what you are doing; the Lord will show it to you. He will do this with kindness and love; you need to just give Him a chance.

5. Understand your identity in Christ. You are **NOT YOUR MISTAKES.** You are a child of God, redeemed, strong, and a conqueror! You can look up verses on identity in Christ by doing a simple internet search as well. The first part of the book of Ephesians is loaded with them.

You are **NOT** too messy for Jesus. I promise. You are loved. — Ashley

Third Thursday Schedule Released by Friends of Downtown Northfield

Courtesy of KYMN Radio News

The Friends of Downtown Northfield have announced the return of the popular Third Thursday Street Dance series, bringing live music, food, and family-friendly entertainment to Bridge Square throughout the summer of 2026.

The free monthly events will take place from 5 to 8 p.m. on July 16, August 20, and September 17, inviting residents and visitors to gather downtown for an evening of community celebration.

This year's lineup features a mix of local and regional talent. The season opened in June with the Northfield Community Band and The Main Thing, followed in July by Jivin Ivan and the Kings of Swing. Los Rebeldes will headline the August event, and September will showcase bands from St. Olaf and Carleton College.

Music will be performed on a showmobile stage set up in front of the post office in Bridge Square, with attendees encouraged to bring chairs or use seating provided on-site. Food trucks and local restaurants will offer dining options, while a group of area beverage makers—known as the "Fermentation Friends"—will serve drinks during the festivities.

Organizers emphasize that Third Thursdays are designed as an all-ages event centered on accessibility and community connection. The series is supported by local sponsors, including Age Friendly Northfield, which helps fund musicians during the summer months.

A new addition this year is the September event hosted by Northfield's two colleges, aimed at welcoming students into the broader community alongside local residents.

The series is organized by volunteers from the Friends of Downtown Northfield and remains free to attend.

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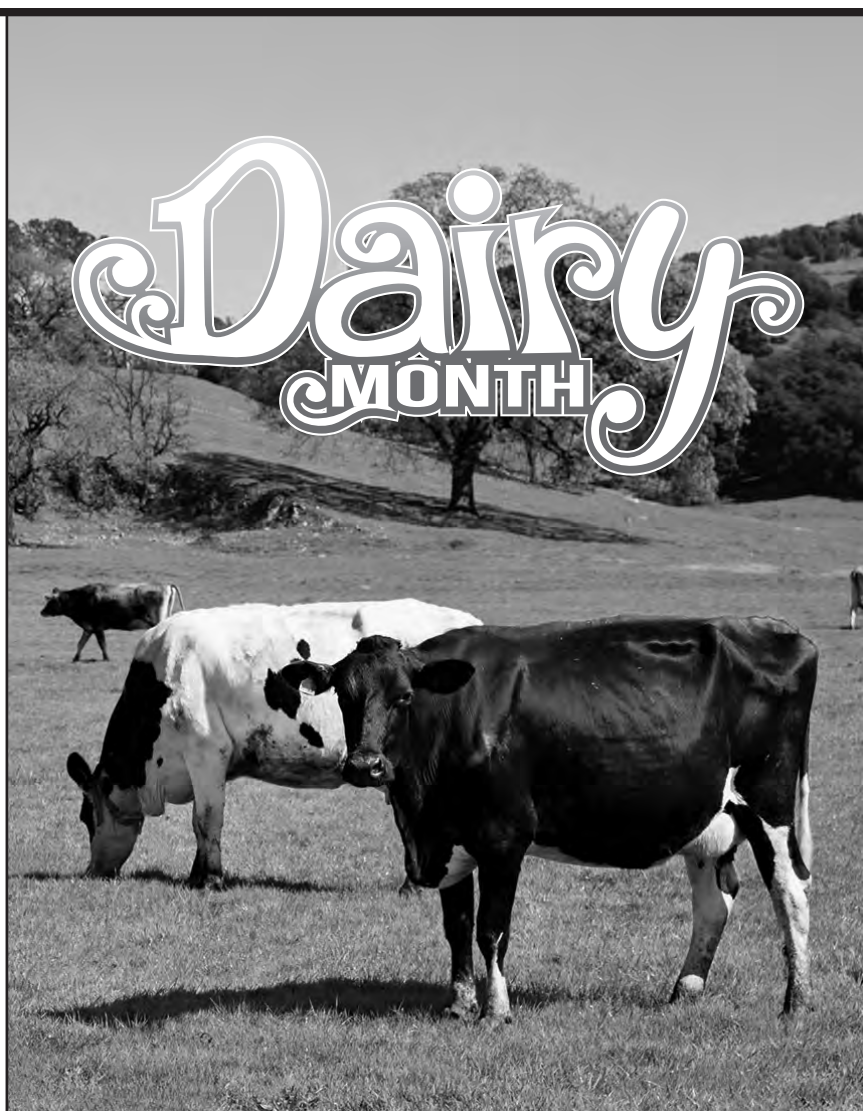
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EMS Memorial



Courtesy of Nerstrand Fire & Rescue

In June, members of Nerstrand Fire & Rescue joined fellow first responders from across Rice County to honor the moving EMS Memorial as it traveled I-35 to Burnsville.

The memorial remembers EMS professionals and first responders who have made the ultimate sacrifice in service to their communities, including Firefighter/Paramedic Adam Finseth. Before serving Burnsville, Adam cared for Rice County residents as a paramedic with Northfield Hospital.

We were honored to stand alongside our public safety partners to pay tribute to those who gave their lives in service to others. Their sacrifice will never be forgotten.



New Rescue Unit at Dennison Station

(continued from page 1)

As part of our vision to be known as an innovative and progressive rural Fire & Rescue service, we continue investing in equipment, partnerships, and response capabilities that build a stronger future for our communities.

Thank you to the Dennison Lions and Northfield Hospital & Clinics for helping make this possible!

NERSTRAND FIREMANS - DINNER & STREET DANCE - SATURDAY, JULY 11TH



DINNER: 5 - 7:30 P.M.
NERSTRAND MEATS
HOG ROAST
\$15 ADULT, \$5 CHILD

DANCE: 8 PM - 12 A.M.
\$10 AT DOOR 21+
\$5 AT DOOR 12-20



ALL PROCEEDS & DONATIONS TO BENEFIT
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Committee Members

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**MONDAY,
JUNE 29** | **6:30 PM**

NERSTRAND CITY PARK

We Hope to See You There!

Northfield Public Schools Parade of Seniors



Courtesy of Nerstrand Elementary School

We LOVE this tradition Northfield has as it is always great seeing former students. It is especially wonderful when 3 of the visiting students Mom's work at their elementary school! Congrats Class of 2026! We are so proud of you all!



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Breakfast on the Farm Successfully Promotes Dairy Industry

(continued from page 1)

The Wayne and Donna Lexvold family hosted the annual Breakfast on the Farm event featuring a complimentary egg bake by Fultons' Catering. The free food, including Hannisch Bakery donuts, GoGurt yogurt tubes, bananas, milk and water, was made possible through donations from over 40 local businesses. Of course it wouldn't be Breakfast on the Farm without softserve ice cream,

cheese sticks donated by Organic Valley, and Ellsworth Co-Op Creamery making batter-fried cheese curds on-site for a steady line of guests.

Visitors to the farm could speak with Goodhue County Sherriff's Department representatives and Goodhue County Dairy ambassadors. Watching cows being milked and trying out the Ag Cab Lab simulator were fun learning experiences. Millie the potbellied pig, young calves, a rabbit and kittens were popular in the petting zoo area and a bounce house and barrel rides kept kids entertained.

Breakfast on the Farm is organized and sponsored by the Dairy Farmers of Goodhue County along with KCUE radio who did a live broadcast from the farm. Held each year during June Dairy Month, the event spotlights the importance of dairy farming in Goodhue County and the variety of dairy products available to consumers.



Ellsworth Co-Op Creamery employees fried and served cheese curds to a never-ending line of Breakfast on the Farm guests.



Goodhue County Dairy Ambassadors, Garrett Pearson and Troy Clemenson try the barrel ride at Breakfast on the Farm.



Ag business representatives, family members and volunteers served a breakfast of egg bake, donuts, bananas, cheese, GoGurt, milk and water from 7-11 AM June 5th.

Dairy MONTH

During June Dairy Month and throughout the year, know that the dairy products you enjoy likely started with milk produced from farms in our area.

Thank you for supporting local dairy farm families!

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Welcome to the Rice County Fair July 22-26

Courtesy of the Rice County Fair

We are just about finished planning the fair for 2026 - July 22-26. Lots of exciting things, new stuff and free stuff as well.

Here are some highlights - please continue to check the website (www.ricecountyfair.net) and Facebook as we are adding lots of details over the next few weeks:

Wednesday July 22 - IMCA Old Timers in the Grandstand

Thursday July 23 - Two Safari Wildlife Shows and Two Alligator Wrestling shows - FREE - in the Grandstand

Friday July 24 - Big Air Motorcycle and ATV jumping show in the Grandstand

Saturday July 25 - in the morning - FREE - antique tractor pull in the Grandstand - Tractor pull in the evening

Sunday July 26 - Enduro Races in the Grandstand

FREE Family Fun at the Rice County Fair

We know times are tough for many families

right now, and this year we made it a priority to add even more FREE activities and entertainment so everyone can enjoy the fair without breaking the bank.

When you visit the Rice County Fair, you'll find fun around every corner, including:

FREE Live Music

Enjoy great local bands and musicians throughout the fair on the Seller Stage, Cannon River Stage, and inside our newly revamped Beer Garden!

FREE Face Painting

Daily from Noon - 5:00 PM

FREE Mini Golf

Daily from 3:00 PM - 7:00 PM

FREE Antique Tractor Pull

Start your Saturday morning off right! Watch antique tractors compete and see these historic machines in action.

FREE Livestock & Animal Viewing

Visit the barns, meet farm animals up close, and watch livestock shows featuring the hard work and dedication of local youth and exhibitors.

FREE Family Entertainment

Catch multiple performances by Tuey the Juggler and Brodini the Magician on the Cannon River Stage throughout the fair. Their interactive, family-friendly shows are sure to entertain kids and adults alike!

FREE Safari Show & Alligator Wrestling - Thursday Kids Day!

Located in the Grandstand:

- Safari Shows at 2:00 PM & 6:00 PM
- Alligator Wrestling at 4:00 PM & 8:00 PM



FREE Kids Tractor Pedal Pull

Kids can test their strength and have some friendly competition during the Kids Tractor Pedal Pull on Wednesday at 6:00 PM!

There's something for everyone—from toddlers to grandparents—and many of the best fair experiences won't cost you a dime!

And NEW - Dunk tank with your favorite people you like to dunk (3 balls for \$1).

Bring the family, make some memories, and enjoy everything the Rice County Fair has to offer. We can't wait to see you there!



Grandstand

Wednesday July 22 - IMCA Oldtimers

IMCA Old Timers was formed to promote and preserve IMCA (International Motor Contest Association) history, including the preservation and excellent restoration of former IMCA race cars; to maintain records and documents of IMCA history; recognition of former drivers, owners, mechanics and others involved in IMCA history; and provide an opportunity for the social and technical interchange of members interested in auto racing history.

We will be presenting no less than five classes:

IMCA Sport/Wissota MOD/USRA

Micro Sprint

Legends Class

Vintage Open Wheels

Vintage Full Body

Tickets: Adults: \$15; Kids (6-11): \$5; Kids 5 and under are free.

Thursday July 23 - Sustainable Saferi

2:00 PM - Jungle Safari show

4:00 PM - Alligator Wrestling show

6:00 PM - Jungle Safari Show

8:00 PM - Alligator Wrestling Show

All shows are performed on the platform at the bottom of the grandstand.

FREE admittance to all shows

Friday July 24 - Big Air

Big Air ATV and Motorcycle Jumping

Tickets: Adults: \$15; Kids (6-11): \$5; Kids 5 and under are free.

Saturday July 25 - Tractor Pull

9:00 AM - Antique Tractor Pull - FREE admittance

7:00 PM - UPM Tractor Pull

Tickets: Adults: \$15; Kids (6-11): \$5; Kids 5 and under are free.

Sunday July 26 - Enduro Races

2:00 PM

Tickets: Adults: \$15; Kids (6-11): \$5; Kids 5 and under are free.

Pre-Sale Discounted Vouchers for Carnival Wristbands

Price \$25 - During Fair \$30



July 22-26, 2026. Fun, Food, and Friends in the mix for '26'

Good for one daily wristband for one person. Redeem at Ticket Booth at the Carnival.

Wristband Hours:

Wednesday and Thursday: 1pm - 9pm

Friday and Saturday: 12pm - 9pm

Sunday: 1pm - 7pm

The wristband is good for unlimited rides on the day it is redeemed and during the session times posted.

The person receiving the wristband must be present at time of redemption to receive the band.

Buy multiple vouchers and redeem each day at the fair.

Available at Hy-Vee or Fareway in Faribault and also at the Fair Office.



We recognize our area's devoted dairy producers for playing an important role in keeping our economy and our bodies healthy and strong.



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**The Old Country
Boys and
Shane Martin
to Headline
Dennison Days
August 7 & 8,
2026**

(continued from page 1)

Kicking off the days will be the annual pancake breakfast, hosted by the Nerstrand Fire Department and Dennison Church along with the medallion hunt. The Farmers Market is scheduled to return along with The Classic Car Show and Kids Pedal Pull. The Truck and Tractor Pull, Parade, Bingo and more are part of the days line up. Music from Shane Martin will return this year to wrap up the days events Saturday Night!

Also watch for any updates on the website and on Facebook! All the details will be posted at www.dennisondays.org soon.



**THE KENYON VFW
WILL BE OPEN
ON THE
4th OF
JULY**

OUR CELEBRITY BARTENDER WILL BE:
RUDY!
11AM TO 6PM

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THE KENYON COLOR GUARD PRESENTS
**BINGO
BRATS & CORN**
@ THE KENYON VFW

SATURDAY JUNE 27TH
FOOD WILL BE SERVED FROM 5PM
TO 7PM
BINGO WILL BEGIN AT 7PM!
10 GAMES TOTAL
FINAL GAME WILL BE A \$250 PRIZE COVERALL!

CASH PRIZES ARE SPONSORED BY:
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Cannon Valley Fair July 1-4, 2026

The Cannon Valley Fair kicks off Wednesday July 1st at the Fairgrounds in Cannon Falls. Open Class and Exhibit Entry Day is Tuesday June 30th from 2-7 PM. The Goodhue County Commissioners meeting will kick off the days events at 10AM in the pavilion Wednesday.

Gold Star Amusements will be on the midway during the fair starting at 1 PM July 1st. Advance discount unlimited ride-wristbands are available for \$25.00 each at Cannon Belles Coffee & Ice Cream Shoppe until June 30th.

Saturday is Veterans & Senior Citizen Day and Free Grounds Admission Day. The 4th of July Grand Day Parade will be at 11 AM on Saturday with the annual fireworks display at dusk on Saturday night. This years grandstand highlights include the Wednesday night rodeo, Thursday night is the Adam Calvert concert, Friday Night is the Demo Derby and Saturday afternoon is harness horse racing.

Music on the free stage from DJ "CHOPPER" music will round out each days events Wednesday and Thursday. Friday night there will be with Live Music on the Free Stage, with the band to be announced.

Check out the schedule in this issue of the Messenger and watch for any updates on the fairs website, www.cannonvalleyfair.org along with their facebook page.

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Farm Girl Chatter Sweet Summertime

By McKell Lemmerman

You can always tell when summertime officially hits farm country. The gravel roads get dusty, the tractors start multiplying like rabbits, and every farmer suddenly develops a degree in weather forecasting. One little cloud rolls in and there's already three guys standing outside saying, "looks like rain coming."

Summer on the farm is a different kind of beautiful. The fields turn bright green almost overnight, fresh grass starts growing faster than anyone can keep up with, and the countryside finally wakes up after another long Minnesota winter. There's something about hearing thunder roll through the hills while rain taps on the shed roof that makes everything feel alive again.

The livestock knows it, too. They spend their days belly-deep in fresh grass at what can only be described as an all-you-can-eat gourmet buffet. Honestly, some of them look so relaxed you'd think they booked a spa

weekend.

Then there are babies. Calves, foals, kids, lambs — whatever kind of critter you raise — summer is when they discover speed. One minute they're peacefully standing next to mom, and the next they're sprinting laps around the pasture.

This is also the season of everyone's favorite insect, yup the fly. The livestock stand in the middle of the field acting majestic until a fly lands on them and suddenly, they're performing karate moves.

As the days go on, the farmers are out there sweating through three shirts a day; sweat dripping into places no sweat should ever be. Everyone smells faint of sunscreen and diesel fuel.

Summer evenings make it all worth it though. Sitting outside after chores are done with a cold drink in hand, listening to the frogs sing from the ditch while the sun drops behind the fields. Friends stop by unannounced; lawn chairs magically appear from



garages, and conversations last longer.

There's peace in those moments. Just a sweet summertime and the simple kind of

happiness you can only find out in the country.

Holden Community Park Accepting Reservations

The Holden Community Park is accepting reservations. This is a gathering place for families, community groups, celebrations, family and class reunions and meetings. The park is open from June 1 – September 30 and is located just west of the Holden Lutheran Church on Co Rd 30, Kenyon.



The park building is equipped with AC, refrigerator, stove, microwave and indoor bathrooms. Folding tables and chairs which are available for use within the facility. Picnic tables, playground equipment and a fire pit are also located just outside the back entrance. A prayer path also winds through the woods.

*Please contact Collins Voxland if you would like to reserve the building.
(507-785-0343 or voxmancollins72@gmail.com)*

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Saturday - 11 AM - Close

Sunday - Noon - Close; Closed Wednesdays

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Goodhue County Holstein Breeders Event to Celebrate 80 Years

By Beth Brekke

The Goodhue County Holstein Breeders held their annual meeting on March 2, 2026, something they've been doing since 1946. As they look ahead in their 80th year, they're looking back on a lot of memories, familiar names, and industry changes.

The Goodhue County club is a subdivision of the national organization, Holstein Association, USA, Inc. and the Minnesota Holstein Association. The purpose of these groups is to unite and encourage dairy enthusiasts, promote the industry and curate information on the Registered Holstein breed. The first Holsteins were imported from Holland in 1852. Impressed by their milk production, breeders soon added Holsteins to their farms and in 1885 the national association was founded to track ancestry and maintain pedigree information. An application for registration is submitted for each animal who is then assigned a unique identification number and a registration paper that provides legitimacy to lineage and production information. Currently, there are more than 22 million animals registered in the Holstein Association's herdbook, most of which can be traced to animals originally imported from the Netherlands.

Goodhue County has a long and impressive history of Registered Holstein ownership. One notable breeder was H. August Lohmann, who purchased his first Registered Holsteins in 1913 and 1914. He farmed near Zumbrota and built his entire herd on these few animals, receiving recognition as the top production herd in the state in 1954. This lineage formed the base of herds owned by his sons, Martin and David, and son-in-law, Lloyd Tangen. The Tangen herd is still producing milk in the Wanamingo area.

The Larry and Barb Lexvold herd earned the top spot among Minnesota herds in 1997. They were pictured with two of their Holsteins on the October 1998 front cover of the breed's national magazine, Holstein World. The Lexvolds' high producing cows and successful embryo transfer program brought visitors from overseas to their Goodhue area farm. Their herd's genetics allowed them to sell bulls to artificial insemination companies, influencing the breed across the world.

Jerry Mahoney and his son, Keith, built an award-winning herd of high type and production cows on their farm near Cannon Falls. Both Jerry and Keith served multiple terms on the Minnesota Holstein Association board. Greg Mahoney branched out with Ziggy-View Holstein farm near Pine Island. Greg was recently recognized as a 40 year member of the national association.

Bruce Heydmann of Zumbrota attained 50 year member recognition. William Heydmann introduced his young son to the Junior Holstein Association. Bruce exhibited the

Grand Champion Registered Holstein in the 1972 Minnesota State Fair 4-H show and the 1974 FFA dairy show. The same cow earned top honors in the District Holstein show and Minnesota State Junior Holstein show. Bruce went on to serve as the Goodhue club's secretary for 30 years and continues to be active in the organization and dairy farming.

Like Bruce and then his children, many area youth participate in the junior association. Goodhue County youth have won numerous state awards including their highest honor, Minnesota Distinguished Junior Member. They are active in conventions, knowledge bowl and working with sale and show animals. As adult advisor, Pat Irrthum (Wanamingo) organized and implemented the first club-sponsored youth show in 1985. The popular show is held during the Goodhue County Fair and is currently managed by Pat's grandson, Clint Irrthum and his wife, Erica.

This is just a small sampling of memories as it would be nearly impossible to list all of the influential members, top herds and special awards of Goodhue County breeders through the years. One known fact is the charter members of the organization had the vision to gather dairy enthusiasts and take advantage of all the things membership had to offer. Fourteen years after organizing, they began operating as a non-profit with official articles of incorporation dated October 26, 1960. Yearly meetings were held in various locations including the Edgewood restaurant by Cannon Falls, the Covered Bridge restaurant in Zumbrota, Sawyer's Inn in Goodhue and Bridgett's Café in Zumbrota.

The January 27, 1986 meeting held at the Goodhue Lion's Community Center celebrated the 40th anniversary of the club. There were approximately 80 people in attendance. Speaking at the event were Dick Kunau, county agent at that time, and charter board members, Carl Kunde (president), Donald Lohmann and Martin Lohmann (directors). Others on the original board of directors were, Arnold Weibusch (vice president), H. August Lohmann (secretary/treasurer), and J.E. Korsten and Ernest Johnson (directors).

The club began hosting a dairy animal sale in 1948, holding one or two sales almost every year until 1993. A summary of the 1956 sale shows the top animal sold to Francis Maas of Medford for \$385.00. Advertised as Goodhue County Fair's champion male, Blu-Vue Ike Salo Follow On was con-



Clint and Marcus Irrthum of Wanamingo showing a dairy heifer in the 2006 Goodhue County Junior Holstein show at the county fair. The show was established in 1985 by their grandmother, Pat Irrthum and is currently managed by Clint and his wife, Erica. The show operates under their parent organization, Goodhue County Holstein Breeders, which is holding an 80th anniversary celebration on July 14th.

signed by C.J. Vangsness of Kenyon and Robert Lexvold of Zumbrota. The annual sales were a social event and raised money for club activities.

In 1994 the club turned to holding a raffle to raise funds. Members gathered at the Covered Bridge Park Pavilion in Zumbrota for a picnic and the prize drawing. Holder of the winning ticket received either a calf or cash.

Variations of the raffle ran for about 10 years. Other popular fundraising events include cowpie BINGO and silent auctions.

Money raised by the club is used to support the junior Holstein show, donate to other youth dairy activities, sponsor awards and host the district dairy show held during the Cannon Valley Fair.

(continued on page 11)

CELEBRATING OUR LOCAL DAIRY FARMERS



During Dairy Month and all year, thanks for all you do!



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Goodhue County Holstein Breeders Event to Celebrate 80 Years

(continued from page 10)

They have also helped promote the dairy industry and dairy products by sponsoring Goodhue's Udder Run and creating a parade float.

The number of dairy farms across the country has been on a steady decline for decades. The rural population had already decreased by 16 percent in the 1940's. Even so, the Goodhue County Holstein club believed in the dairy industry, the Registered Holstein cow and the people that cared for them when they held that first meeting in 1946.

A lot has changed since that first meeting, including computerized records, the semen freezing process and artificial insemination, genetic testing that analyzes the DNA of an animal to determine what genes they actually possess, economics, and herd size and numbers. What hasn't changed in 80 years is a desire to improve and carry on a legacy, honor

member accomplishments, and enjoy fellowship with each other.

The annual Twilight Meeting is a long-standing tradition of fun on the farm. A dairy judging contest, entertainment, and cake and ice cream are part of the family-friendly evening that's open to the public. The date and location change yearly depending on which member volunteers to host the event. Finding a host is becoming increasingly difficult with the current county membership standing at just 22. Not all members are actively dairying and not all dairy farmers are members, although all are welcome to join, whether they own Registered Holsteins or not. Interested non-farm individuals and county businesses are also encouraged to support the club.

Current and former members, Jr members and interested area residents are invited to a special edition of the annual Twilight Meeting on Cow Appreciation Day, July 14, 2026.

The event begins at 7 PM, hosted by the Jeff and Heidi Miller family at 28908 County 16 Boulevard, Goodhue. Planned activities include a history display and presentation, local Princess Kay finalist, Natalie Clemenson's butterhead on display, a silent auction, and cake and ice cream.

Questions may be directed to Dean Opsahl at 651-380-2773 or opsahl94@sleepyeyetel.net.

JOIN US FOR THE GOODHUE COUNTY HOLSTEIN CLUB

80th Anniversary Celebration!



Tuesday, July 14th, 7:00 pm
Jeff and Heidi Miller Farm
28908 County 16 Boulevard, Goodhue, MN.

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JULY 1-4, 2026

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Cannon Falls, Minnesota

www.cannonvalleyfair.org 507-263-3548



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- 2026 SCHEDULE -

SATURDAY, JUNE 27
9:00 a.m. - 4H, FFA Horse Show and Open WSCA Games Show - Horse Arena
2:00 p.m. - 7:00 p.m. - Open Class Exhibit Building Entry & 4H Building Exhibit Entry and Judging
TUESDAY, JUNE 30
9:00 a.m. - 6:00 p.m. - Livestock Entry
10 a.m. - Goodhue County Commissioners Meeting - PAVILION
11:00 a.m. - Noon - Canvas & Carnival Painting - FREE STAGE
11:30 a.m. 12:30 p.m. 1:30 p.m. & 2:30 p.m. - Minnow Races - By PAVILION
Noon - 1:00 p.m. 2:00 p.m. & 3:00 p.m. - Pan for "Gold" - By PAVILION
12:30 p.m. 2:30 p.m. & 5:30 p.m. - The Fire Fighter Training Show - GROUNDS
1:00 p.m. - 11:00 p.m. - Gold Star Amusements OPEN - Wristband Special All Day
2:00 p.m. - 6:00 p.m. - Basketball Challenge - GROUNDS
3:00 p.m. - 6:00 p.m. - Cannon Valley Youth Jackpot Meat Goat Check-In and Weigh-In - SHEEP ARENA
4:00 p.m. - 8:00 p.m. - Bull Riding & Gyro Ride - By PAVILION
5:30 p.m. - Rodeo Gates Opens - GRANDSTAND
6:00 p.m. - Cannon Valley Youth Jackpot Meat Goat Show - SHEEP ARENA
7:00 p.m. - Rodeo Starts - GRANDSTAND
9:00 p.m. - Midnight - DJ Chopper - FREE STAGE

WEDNESDAY, JULY 1
10:00 a.m. - 4H & FFA Rabbit Show Followed by 4H & FFA Poultry Show - ARENA
10:00 a.m. - Yoga hosted by Snap Fitness - FREE STAGE
11:00 a.m. - Noon - Canvas & Carnival Painting - FREE STAGE
11:00 a.m. - 2:00 p.m. - Scout Rockets - GRANDSTAND
11:00 a.m. - 2:00 p.m. - Girl Scouts Art Project - Legion PAVILION
11:30 a.m. 12:30 p.m. 1:30 p.m. & 2:30 p.m. - Minnow Races - By PAVILION
11:30 a.m. 1:30 p.m. & 2:30 p.m. - Steve Solkela's Overpopulated One-Man Band - FREE STAGE
Noon - 1:00 p.m. 2:00 p.m. & 3:00 p.m. - Pan for "Gold" - By PAVILION
Noon - 3:00 p.m. - 4H & FFA Goat Show - ARENA
12:30 p.m. 2:30 p.m. & 5:30 p.m. - The Fire Fighter Training Show - GROUNDS
1:00 p.m. - 11:00 p.m. - Gold Star Amusements OPEN - Wristband Special All Day
2:00 p.m. - 6:00 p.m. - Basketball Challenge - GROUNDS
2:30 p.m. - 5:00 p.m. - Steve Solkela's Overpopulated One-Man Band - STROLLING THE GROUNDS
3:00 p.m. - 5:30 p.m. - Cannon Valley Youth Jackpot Beef Check-In & Weigh-In - ARENA
4:00 p.m. - Just 4 Kix - FREE STAGE
4:00 p.m. - 7:00 p.m. - 4H Demonstrations - 4H BUILDING
4:00 p.m. - 8:00 p.m. - Bull Riding & Gyro Ride - By PAVILION
5:30 p.m. - 4H & FFA Beef Show - ARENA
6:00 p.m. - Cannon Valley Youth Jackpot Beef Show - ARENA
6:00 p.m. - Adam Calvert Concert Gate Open - GRANDSTAND
7:30 p.m. - Adam Calvert Concert Starts - GRANDSTAND
9:00 p.m. - Midnight - DJ Chopper - FREE STAGE

THURSDAY, JULY 2 - KID'S DAY
10:00 a.m. - 4H & FFA Rabbit Show Followed by 4H & FFA Poultry Show - ARENA
10:00 a.m. - Yoga hosted by Snap Fitness - FREE STAGE
11:00 a.m. - Noon - Canvas & Carnival Painting - FREE STAGE
11:00 a.m. - 2:00 p.m. - Scout Rockets - GRANDSTAND
11:00 a.m. - 2:00 p.m. - Girl Scouts Art Project - Legion PAVILION
11:30 a.m. 12:30 p.m. 1:30 p.m. & 2:30 p.m. - Minnow Races - By PAVILION
11:30 a.m. 1:30 p.m. & 2:30 p.m. - Steve Solkela's Overpopulated One-Man Band - FREE STAGE
Noon - 1:00 p.m. 2:00 p.m. & 3:00 p.m. - Pan for "Gold" - By PAVILION
Noon - 3:00 p.m. - 4H & FFA Goat Show - ARENA
12:30 p.m. 2:30 p.m. & 5:30 p.m. - The Fire Fighter Training Show - GROUNDS
1:00 p.m. - 11:00 p.m. - Gold Star Amusements OPEN - Wristband Special All Day
2:00 p.m. - 6:00 p.m. - Basketball Challenge - GROUNDS
2:30 p.m. - 5:00 p.m. - Steve Solkela's Overpopulated One-Man Band - STROLLING THE GROUNDS
3:00 p.m. - 5:30 p.m. - Cannon Valley Youth Jackpot Beef Check-In & Weigh-In - ARENA
4:00 p.m. - Just 4 Kix - FREE STAGE
4:00 p.m. - 7:00 p.m. - 4H Demonstrations - 4H BUILDING
4:00 p.m. - 8:00 p.m. - Bull Riding & Gyro Ride - By PAVILION
5:30 p.m. - 4H & FFA Beef Show - ARENA
6:00 p.m. - Cannon Valley Youth Jackpot Beef Show - ARENA
6:00 p.m. - Adam Calvert Concert Gate Open - GRANDSTAND
7:30 p.m. - Adam Calvert Concert Starts - GRANDSTAND
9:00 p.m. - Midnight - DJ Chopper - FREE STAGE

FRIDAY, JULY 3
9:00 a.m. - Noon - 4H & FFA Dairy Show - ARENA
9:00 a.m. - 4H & FFA Sheep Show Followed by Open Class Sheep Show - SHEEP ARENA
11:30 a.m. - Noon - Bird Houses - FREE STAGE
11:30 a.m. 12:30 p.m. 1:30 p.m. & 2:30 p.m. - Minnow Races - By PAVILION
11:30 a.m. 1:30 p.m. & 2:30 p.m. - Steve Solkela's Overpopulated One-Man Band - FREE STAGE
Noon - 3:00 p.m. - District VI Holstein Show - ARENA
Noon - 1:00 p.m. 2:00 p.m. & 3:00 p.m. - Pan for "Gold" - By PAVILION
12:30 p.m. 2:30 p.m. & 5:30 p.m. - The Fire Fighter Training Show - GROUNDS
1:00 p.m. - 11:00 p.m. - Gold Star Amusements OPEN - Wristband Special All Day
1:00 p.m. - 4:00 p.m. - Kids Tractor Pull - By GRANDSTAND
1:00 p.m. - Balloons by Solan
2:00 p.m. - Demo Derby Pit Gate Opens
2:30 p.m. - 5:00 p.m. - Steve Solkela's Overpopulated One-Man Band - STROLLING THE GROUNDS
2:00 p.m. - 5:00 p.m. - Basketball Challenge - GROUNDS
3:00 p.m. - 5:00 p.m. - Cannon Valley Youth Jackpot Market Sheep Check-In & Weigh-In - ARENA
4:00 p.m. - Demo Derby Gate Opens
4:00 p.m. - 8:00 p.m. - Bull Riding & Gyro Ride - By PAVILION
6:00 p.m. - Demo Derby Starts - GRANDSTAND
6:00 p.m. - Cannon Valley Youth Jackpot Market Sheep Show - ARENA
8:30 p.m. - 11:30 p.m. - Mudcat Melby - FREE STAGE

SATURDAY, JULY 4 - VETERAN & SENIOR CITIZEN DAY • FREE GROUNDS ADMISSION DAY!
6:00 a.m. - 10:00 a.m. - Barbeque Competition Check-in
11:00 a.m. - Grande Day Parade starts
12:30 p.m. 2:30 p.m. & 5:30 p.m. - The Fire Fighter Training Show - GROUNDS
1:00 p.m. - 11:00 p.m. - Gold Star Amusements OPEN - Wristband Special All Day
2:00 p.m. - 6:00 p.m. - Basketball Challenge - GROUNDS
2:00 pm. - Harness Horse Racing - GRANDSTAND
3:00 p.m. - 4H Dog Project Demonstration - ARENA
4:30 p.m. - Barbeque Competition Judging Starts
6:00 p.m. - 8:00 p.m. - Livestock & Building Exhibits Released
6:00 p.m. - Barbeque Competition Public Wing Sales (while supplies last)
Dusk - Fireworks Show

JULY 4th

FIREWORKS AT DUSK

DJ CHOPPER
JULY 1 & 2
9PM-Midnight

MUDCAT MELBY
JULY 3
8:30 & 11:30PM

GRANDSTAND



Rodeo

Wednesday, July 1 - 7 p.m.

Gate Opens at 5:30 p.m.
\$25.00 per person
5 and under FREE



Adam Calvert Concert

Thursday, July 2 - 7 p.m.



Gate Opens at 6:00 p.m.



Scan QR code to buy tickets

\$25.00 per person VIP Pass \$50.00

Demolition Derby

Friday, July 3 - 6 p.m.

Pit Gate Opens at 2:00 p.m.

- Mega Stock Mid Size Car (Youth)
- Mega Stock Mid Size Car (Adult)
- Mega Stock Mini's
- Mega Stock 80's & Newer
- Mega Stock Full Size Truck
- Limited Weld Mid Size Car
- Limited Weld Mini's
- Limited Weld Full Size Car
- Limited Weld Full Size Truck



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Pre Registration Online

ADULTS: \$20 • CHILDREN 12 & UNDER: \$10 • PIT PASS: \$30

Backyard Boys BBQ Bonanza & Harness Horse Racing

Saturday, July 4th



FREE ADMISSION

BBQ Check in
6:00 a.m. - 10:00 a.m.
BBQ Judging starts
4:30 p.m.
Harness Horse Racing
starts at 2:00 p.m.

Changes in Latitudes, Changes in Attitudes

What is in a Name?



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I wonder how many people dislike their name? An Internet search claims 16% of the population of the United States wish they had been given a different name. I do know some

who have changed their name when the were old enough to do so. As a child I would have happily done just that.

As a child I was not happy with my name. I hated it. Everyone I knew with that name was a girl. Believe me, an eight-year-old boy in 1965 did not want a girl's name.

I was the third child so the novelty of naming a kid was over. I was "baby boy" when I came home from the hospital. I was also the middle child. They didn't even bother to give me a middle name. They had things going on. My mom had two kids already, which I imagine my grandma was watching while she was in the hospital. By the way, I was a cheap child. My mom saved the hospital bill when I was born. It was \$98.00.

My dad had just built a new hog barn and was farrowing the group of sows the night I was born. He told me it was a hot July and the temperature was about 100 degrees in the farrowing barn that night.

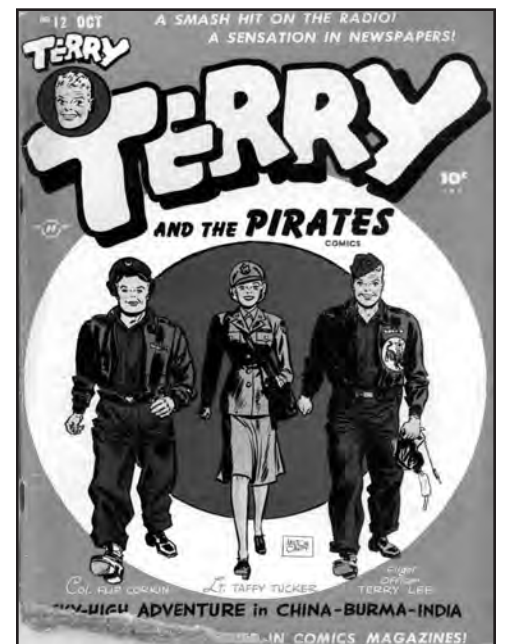
My mom said I was kind of a hefty baby and already had curly hair when I was born. The nurses nick-named me Gorgeous George after a pro wrestler in the 1950's. George Raymond Wagner (Gorgeous George), was quite a celebrity and turned pro wrestling into the showmanship sport it has become today. Muhammed Ali patterned his flamboyant boxing ring antics after Gorgeous George.

A few days after I came home from the hospital I still was "baby boy". It was time for decisions. Years ago, my dad told me how I got my name. It came to him as he read the newspaper while eating breakfast one morning.

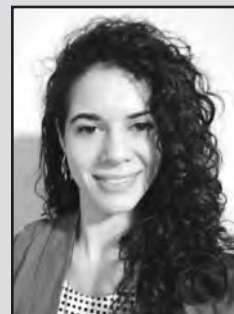
There was a comic strip in the newspaper called "Terry and the Pirates." It was very

popular and was in syndication from 1934 to 1973. It was created by Milton Caniff about an adventurous American boy, Terry Lee, who went on adventures in the far east starting with searching for a lost gold mine in China. With the outbreak of World War 2, he joined the United States Army as a pilot. Milton Caniff was very patriotic and the series then became almost exclusively about World War II with much action centering on a U.S. Army base in China. He even provided a spin off for the Stars & Stripes military newspaper. The cartoon series did win the first cartoonist of the year award in 1946 from the National Cartoonist Society.

So, it seems I was named after a cartoon character. My parents would call me Terry Lee, but the middle name was never official. I would have rather been just Lee. I guess it could have been worse. I have got used to it as time passed. Funny how when one gets older, what is important changes.



A Minnesotan: The Woods



By RosaLin Alcoser

One of the best things about living in Minnesota is how absolutely beautiful our summers are. By far our state has some of the best summer weather—mostly because we don't get baked alive all summer long—but also some of the most lush greenery I've ever seen.

We also have some of the best parks to spend the summers in, on both the city and state level. As someone who grew up in rural Minnesota and now lives in the twin cities I really do appreciate how wonderful the parks are in this state. Since if I want to be in a heavily wooded area for about a half hour to an hour I can easily do that within walking distance from my home. In

contrast if I really just want to be out of the city and back in the woods again we have so many options for doing that as well.

Especially for people who like to hike. I grew up just walking about in the woods, which I now know is basically what hiking is, because it was something to do and it was fun. It was rural Minnesota in the mid to late 2000s going outside to play in the woods is just what we did. And if rural Minnesotan kids don't do that any more they should because it's fun. Now that I live in the city I have become a person who likes to hike, because frankly going outside into the woods is still fun.

About a half hour south west of Cannon Falls is Nerstrand Big Woods State Park. This park is home to the endangered Dwarf Trout Lily, which as we learned from a park ranger only grows in three counties in Minnesota. Funnily enough I did recognize this flower from being a child in one of three counties and I'm fairly certain that I probably picked it at somepoint—so oops.

Aside from being home to an endangered plant, Nerstrand Big Woods State Park is just a beautiful park with so many paths to walk. So if you are someone who likes to go walking in the woods and either doesn't have woods in your back yard or wants different woods to walk in. I would highly recommend going there to walk and to see the Dwarf Trout Lily.

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Understanding the Culture of Cannabis Language

Imagine you are at a gathering, and you hear a community member say, "I'm going out back to tend to the flowers because I like gardening." It could be this person is an avid gardener, or it could be they are planning to consume cannabis. Cannabis goes by many names such as marijuana, weed, kush, flower, hash chronic, pot, or dope.

Street names or slang is also used for different cannabis product types, their strength, quantity, method of use and the feeling of use. References to brownies, treats or medicated snacks speaks to the use of cannabis edibles. Wax, shatter, budder, crumble, or sugar describes the texture of cannabis concentrate.

Use of slang may show up in conversations, texts, or social media. Another example would be "Zaza and Zip are coming over at 710," which translates into an ounce of high-end oil or dabs being available. While many professionals prefer "cannabis," older and social terms remain common.

Weed/Pot/Ganja: Common nicknames for the plant.

Dank: Slang for high-quality, potent, and

pungent cannabis.

Kief: The sticky, powdery crystals (trichomes) that fall off the flower; often collected at the bottom of a Grinder.

420: Universal code for cannabis culture and the "holiday" celebrated on April 20.

710: A newer code specifically for oils and concentrates (the numbers spell "OIL" upside down).

The use of cannabis slang can be an indicator of use or dependence especially when used in secrecy, at high frequency, and when used to downplay harm or avoid questions. Slang use may also show up along with changes in routine, mood, sleep, or motivation.

"The culture cannabis use may include obvious or hidden use of slang, clothing, stash containers, and references from popular culture," notes Chris Weis of Mower County Health and Human Services. "It's valuable to learn the language and culture of cannabis so that you can talk with your loved ones about it."

It's valuable to learn the language of cannabis so that you can talk with your loved ones about it. Speaking of Cannabis can help you to learn more about cannabis and how to start a conversation about it.



Courtesy of the Regional Cannabis Communication Campaign

The Speaking of Cannabis initiative is supported by a grant from the Minnesota Department of Health's Health Improvement Bureau and is featured as part of the Preferred Business sponsored content program. Local residents can find more information by visiting Goodhue County Health and Human Services.

Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, and Winona counties are partnering to inform adults through the website, speakingofcannabis.org.

This activity is made possible by a grant from the Cannabis and Substance Use Prevention program of the Minnesota Department of Health Health Improvement Bureau.

The Southeast Regional Cannabis Communication Campaign is part of the sponsored content program called Spotlight.

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Fermented Foods



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

There is a myth that has been promoted for decades that bacteria are the source of most of our health problems. The suggested thought is that a bacteria free environment will be a healthy environment. The action step has been promotion of anti-bacteria wipes and hand gels, antibiotic medications, and sterile foods. However, we have not seen a great improvement in health among our communities with these action steps.

The truth is that there are more bacteria cells than human cells living within and on any human body. Our body is outnumbered by millions of bacteria cells that live in community with our body. Most of these bacteria

help promote health and fight off the germs that want to cause trouble. I describe the importance of your bacteria community similar to riding a bus. When you get on the bus and see all your friends in the seats, you know this is going to be a great trip. If you get on the bus and see some rowdy thugs, you will not have a great trip. Your goal is to make sure all the bacteria riding with you are friends who want to support you.

There are many probiotic supplement products on the market today. My general recommendation is to look for 1) a product that contains ten to twelve different bacteria names on the ingredient list, 2) a product that is stored in the refrigerator, and 3) a product with at least 25 billion colony forming units (CFU) per capsule. This capsule should be taken in the evening before bed to allow the bacteria to move through the intestines without a rush of food around.

Probiotic rich foods are an excellent way to regularly support quality bacteria friends for your daily trip. Some of these foods include: sauerkraut, kimchi, kefir, kombucha, yogurt, and cheese. Most any vegetable can be fermented in a simple process in the kitchen. The fermentation process will produce a soured vegetable product similar to pickling but without the vinegar. The vegetable and liquid brine will be rich with bacteria that will stimulate healthy digestion, improved energy, mental clarity, and healthy skin.

A 2021 article in the Stanford Medicine News described a recent 10-week study

comparing a high fiber diet with a fermented food diet. At the conclusion of the study, those individuals in the fermented food group had lowered inflammation to nineteen different measures. The participants in the high fiber diet did not see a decrease in any of the nineteen measures. By regularly consuming bacteria rich foods, the “friends on the bus” kept the problems away.

Sources you can access to learn more about fermentation and healthy fermented foods include: www.cuttingedgecultures.com - an online resource providing starter cultures and education, www.culturedfoodlife.com - a website with articles, videos, recipes, and starter cultures for sale. Sandor Katz has a well-known book called, “Wild Fermentation,” and Dr. William Davis authored, “Super Gut.” These sources will start you

towards a healthier lifestyle based on quality fermented foods.

Health is the result of healthy choices. A supportive community is needed to help make these healthy choices become a lifestyle. I have written in previous articles about healthy weight and continue to provide resources to support healthy lifestyle choices that can help you reach your health goals. Contact me to discuss your health goals for the coming year. Nutrition is designed for healing. I can help you reach greater health freedom in 2026. Contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*

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Wanamingo 4th of July

Wednesday, July 1st
Blondies Butcher Shop - Rib Feed - 4 p.m. - 9 p.m.

Friday, July 3rd
Fire Department Picnic & Dance
6 p.m. - 8 p.m. Wendinger Polka Band
“Whiskey Stone” starts at 9 p.m. - 1 a.m.
Sponsored by Wanamingo Firefighters Relief Association

Jake's Hometown Liquor - SALES & EVENTS!
Saturday, July 4th
ALL DAY JULY 3rd & 4th
Happy Hour & Food trucks!
Red, white & blue sale on beer, liquor, & seltzers.
Koraoke with Captain Koraoke - begins after parade until fireworks start!
El Samurai food truck!
SNOW CONES FOR THE KIDDOS!
Yard games for all ages! Stay tuned for times!
Keep eye out on Jake's Hometown Facebook page for sales, events, & times!

Saturday, July 4th
*** NORTH MAIN STREET - ALL DAY ***
(Sponsored by Wanamingo Commercial Club)
9 a.m. - 1 p.m. **ALL CLASSICS' CAR SHOW** on Main Street - Prize drawings every hour!
Available from 10 a.m. - 5 p.m.
Food Vendors * Yard Games * Bounce Houses
10 a.m. **Face Painting** - The Party Lady LLC
10 a.m. - 2 p.m. **Kaptein Karaoke for ALL ages**
10:30 a.m. - **Buck Stop Kids Olympics**
SACK RACES - THREE-LEGGED RACES - RELAY RACES - WATER BALLOON TOSS - RING TOSS
Age brackets for the races: 5 - 9 years old & 10 - 13 years old
Other local events on Saturday, July 4th
7 a.m. - 10 a.m. **Pancake Breakfast** (Minneola Lutheran Church)
Featuring Zumbrota Band at Community Center
10 a.m. **Horseshoe Tournament** at Riverside Park
11 a.m. - 4 p.m. **Silent Auction** at Community Center (Wanamingo Lutheran Church)
** Please note **ANYONE** can donate items for the silent auction**
Lion's Club will offer Snow Cones during the silent auction
11:30 p.m. - 1:30 p.m. **FREE Open Swim** at Wanamingo Pool
12:30 p.m. - 4:00 p.m. **Hotdogs, Sundaes, Cotton Candy** at 2nd Shift (Lion's Club)
Grand Parade - 2:30 p.m. (participants gather 1:30 p.m. at AG Partners)
Following the Parade
JB's TAVERN is hosting the following events: Live music on the patio
Bean Bag Tournament - draw for partners - \$10 entry (100% payback)
Keg Toss - Men's & Women's Division - Free entry!
4 p.m. **Fire Department water-fight** at Fire Hall
Check out the other events throughout town! **Fireworks at Dusk**

Sunday, July 5th
7th Annual Wanamingo Putt Putt Classic
11 a.m. registration & 12 p.m. shotgun start at the Wanamingo Fire Hall

Sunday, July 5th
9 a.m. Outdoor Worship at Riverside Park
Trinity Lutheran, Wanamingo Lutheran, & Minneola Lutheran

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Laura Freeberg (laura@freebergins.com)
Geri Geiken (geri@freebergins.com)

Guidance for One-time Increase to Homeowner Refunds Announced

By Rice County

The Minnesota Department of Revenue has announced guidance for homeowners for the one-time increase to 2025 Homestead Credit Refunds of nearly 15%. The one-time increase to 2025 refunds was part of the tax bill passed by the Minnesota Legislature and signed into law by Gov. Tim Walz in late May.

"With Minnesotans feeling the impacts of rising property taxes across the state, we knew the importance of moving quickly to get the one-time increase to refunds implemented," said Revenue Commissioner Paul Marquart. "We prioritized making sure that homeowners won't have to take extra steps to get the increase and will see their refunds in late summer and early fall, like prior

years."

Already filed for your 2025 Homestead Credit Refund?

Homeowners who have already filed their 2025 Homestead Credit Refund returns do not need to take any action to receive the one-time increase. They should not amend their return to receive the increase.

The department will adjust their returns and add the increase to their refund.

Their refund will be about 15% larger than the amount they originally filed. The department will not send letters to impacted taxpayers for this change.

Still need to file for your 2025 Homestead Credit Refund?

The department is working to update the free online filing system for homeowners to reflect the one-time increase. During this time, homeowners can still file their 2025 returns.

Qualifying homeowners who have not yet filed their 2025 Homestead Credit Refund return can file for the 2025 refund until Aug. 16, 2027. Homeowners can file for free using the department's online filing system.

Homeowners filing between now and mid-July will have their returns adjusted and the one-time increase automatically added to their refund by the department.

Homeowners filing after mid-July will see the one-time increase already included in their refund when filing. No adjustments will need to be made to these refunds.

Plan to file for your 2025 Homestead

Credit Refund on paper or with a software provider?

The department has updated paper forms to include the one-time increase. Tax software providers that include Homestead Credit Refund filing in their offerings will be updating their systems to reflect the increase by mid-July. Questions about a software provider's product should be directed to their customer support.

Not sure if you qualify for the Homestead Credit Refund?

You may qualify if you are a Minnesota (full- or part-year) resident with household income under \$142,490, you owned and lived in your Minnesota homestead on Jan. 2, 2026, the property is classified as your homestead (or your application was approved), and you have no delinquent property taxes.

Learn more about the Homestead Credit Refund and how to apply on the department's website. (www.revenue.state.mn.us/property-tax-refund)

Need more information on recent tax law changes?

The one-time increase to 2025 refunds is one part of a larger tax bill passed by the Minnesota Legislature and signed into law by Walz. The department is working to implement the provisions that impact Minnesota's tax code and the tax filing system.

Learn more about that work and the other tax law changes in the bill by visiting the tax law changes webpage. (www.revenue.state.mn.us/tax-law-changes)



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Dunn Reflects on the push to build the Rice County Public Safety Center

Courtesy of KYMN Radio News

Former Rice County Sheriff Troy Dunn, was in town to tend to some personal business. While here, he took some time to reflect on the campaign to build the new Rice County Public Safety Center. He said the completion of that project, just about 18 months ago, represented more than a new building—it marked the culmination of years of persistence, collaboration and community debate.

Dunn, along with current Sheriff Jesse Thomas, played a central role in advancing the project, which faced significant hurdles from the outset. During his tenure with the Sheriff's Office, Dunn said, the county conducted six separate jail studies. Ultimately, after the Minnesota Department of Corrections informed the county in 2019 that the old facility was inadequate and would be reclassified as a 90-day lockup, momentum finally built toward constructing a modern facility.

"It was an uphill battle from the beginning," Dunn said. "We had to get the motion started

and explain why we needed this."

County commissioners, staff and residents all contributed to the process, asking tough questions about cost, need and scope. Dunn credits that dialogue with shaping a project designed not for excess, but for long-term sustainability.

"We built it to meet today's needs and the next 20 years," he said. "It wasn't about adding unnecessary space—it was about doing it right."

The difference between the old jail and the new facility is striking. Dunn recalled past inspections when Department of Corrections officials expressed concern about outdated features, including barred cells and patchwork fixes that had accumulated over time.

"We had put a lot of band-aids on that facility," he said. "This is what we had until we could build something better."

Walking through the new Public Safety Center during its ribbon cutting in November of 2024 left a lasting impression. Dunn described a sense of pride seeing staff embrace a modern workspace designed for efficiency, safety and improved services.

Yet Dunn emphasized that even a state-of-the-art facility cannot solve every challenge, particularly when it comes to mental health.

"Jails have a place, but they're not the end-all cure," he said. "People with mental health issues don't get better in a jail cell."

While the new center allows for better care and management of inmates, Dunn said broader solutions—such as increased access to crisis beds—remain essential.

"It turned out really well," Dunn said. "I hope the citizens appreciate what it represents."

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CITY OF NERSTRAND, MINNESOTA CITY COUNCIL REGULAR MEETING MEETING MAY 12th, 2026 7:00p.m.

221 Main Street, Nerstrand

1. Call to Order/Pledge Allegiance
2. Roll Call: Betty Voge, Karla Ingersoll, Pam Caron and Todd Evavold
3. Public Hearing: N/A
4. Public Forum:

Joe Amy from Parkside attended in hopes of learning more on the upcoming ordinances.

5. Consent Agenda

(All items on the Consent Agenda are considered routine and have been made available to the City Council in advance of the meeting. The items will be enacted in one motion. There will be no separate discussion of these items unless a council member or citizen requests, in which event the item will be removed from this agenda and considered in normal sequence.)

- Regular Meeting Minutes of April 14th, 2026
- Committee Updates

• Payment of Claims

Betty and Pam both brought-up questions in regards to paying lawyer fees prior to the approval of the consent agenda. A motion was made by Betty and seconded by Karla and all voted to approve.

6. Staff Reports

Clerks report- 1 water shut off, thank you cards and what will work session be discussing: policy and procedures, budget and planning and ordinances.

PW Department- The park is up and ready for renters. An accidental water main break occurred when trying to reconnect the Agri connection after the major water break that occurred early this year. A surprise (not the good kind) popped up as being a PVC pipe that was not documented running in the area they were trying to access. So, our bill went from a re-establish function to a repair bill. We are still awaiting to hear from the land owner in regards to the location of the new water tower. Community garden is ready. Tree removal estimate presented for several trees that if not removed may lead to significant damage. The generator keeps going but

barely. And finally, a resolution in regards to E-1 pumps. Current agreements will be honored but new homeowners who inherit one with the purchase of the property will not have access to the same benefit. This passed with all voting to approve.

Todd is donating a fridge to the Park. Current one is broken. There is also an area that needs repair and he will be handling this. Additionally, the band shelter needs a bit of paint, and he is handling this as well.

7. Ordinances

- A. Tobacco Ordinance-Updates
 - B. Independent Contractor Posting-Hearing Officer
 - C. Contract approval-Frances Boehning
 - D. Alcohol Ordinance-Updates
 - E. Ordinance to City Council-Updates
- Some progress in regards to ordinances were being made. Council agreed it needs two hearing officers. We believe we have one. Frances Boehning we reviewed the contract we intend to send to her and as long as we have it signed and reviewed a resolution will be on the agenda for June.

From there the discussion in regards to ordinances stalled. The council members voted to take a break and upon returning a motion was made to table any further discussion on ordinances and draw it back to the work session for it to be reviewed there. With the April work session cancelled items were not reviewed prior to the meeting and trying to review it during the council meeting was indeed to much and council for the sake of time wished to discuss these items at work session. There was hesitance by half the council. But in the end a motion was made by Todd and seconded by Karla and 3 aye, and 1 nay and ordinance review was tabled back to work session.

8. Resolutions

- A. Resolution Accepting John Harris Resignation

9. New Business

- A. Banners for Main Street
- Todd has presented some banner options to council and they voted on the one they liked best. Todd is going to see if he can get the

local business to donate to cover the costs.

B. City Hall Paint Colors

Todd presented a paint color option for the interior of city hall. Council did not make a decision.

C. Dormant accounts usage

Todd is requesting to use the dormant accounts for the tuck pointing, adding an exit to second floor and a stairway down. No decision was made in regards to this.

10. Unfinished Business

- Snow Removal Bid Request Review-Time frame, shoveling, sand/salt, and spring cleanup

Delayed but has been received by the clerks and will be posting for accepting bids.

11. Adjourn

Motion made by Betty seconded by Pam and all voted to approve.

Next City Council Meeting is scheduled for Jun 9th, at Nerstrand City Hall.

CITY OF DENNISON MEETING MINUTES MAY 7, 2026

The May Dennison City Council meeting was called to order by Mayor Jeff Flaten on Thursday, May 7th, 2026 at 7:00 pm. Present were Councilors Caleb Voight, and Diane Ruddle, and clerk Jessica Page. Councilor Heidi Cooke, Nichole Schloesser was unable to attend.

Councilor Voight moved to approve the April meeting minutes. Mayor Flaten second. Motion passed 3:0.

Councilor Ruddle moved to approve the Treasurer's report. Councilor Voight second. Motion passed 3:0.

Sheriff: No issues.

Mark Legvold guest running for State senator for District 19

Old Business/Committee Reports/Building Permits:

Administrative Issues:

1. Review of Public hearing. Nels Estrem and Martin Gieger were in attendance and asked a lot of good questions. City will request a copy of the power point to put on the website if we can.

2. Zach Bubany was in attendance to discuss the MRWA loan application and the next steps moving forward in the process. The city council had previously approved Task orders #4 and #5 with Bollig Engineering to prepare design and bidding documents for Phase 1, which would include all of our water infrastructure projects; and funding application and administrative services. As emailed prior to the meeting to the council by the mayor, CVT invoiced the City for geotechnical evaluation work (soil boring) during the month of April. The cost of that invoice was \$4,520.00. The City can roll the cost into the MRWA loan or pay for it now and be reimbursed at a later date when the funds become available. Declaration of Intent for the project form was approved. Councilor Ruddle move to allow us to reimburse the costs for the Water/Wastewater project once funds are available for these ongoing costs. Mayor Flaten second. Motion passed 3:0.

Application for loan from MRWA is for \$700,000, when it comes to the City for review, the date will look wrong.

(continued on page 20)

Sunday, June 28, 2026



Vasa Lutheran Church
15235 Norelius Road
Welch, MN 55089

VASA CHURCH ACTIVITIES

10:00 a.m. Outdoor Worship
(indoors at the Lutheran Center if it rains)

11:00 a.m. Blessing of the tractors and drivers before they head out.

Parade Departs Vasa at 11:00 a.m. & will Arrive at 12:00 at Spring Garden Lutheran Church

Spring Garden Lutheran Church
10239 County 1 Blvd.
Cannon Falls, MN

SPRING GARDEN CHURCH

10:00 a.m. Church Service

11:00 a.m. Midsommar Festival Activities Begin

Food will be Served (Free Will Offering)

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CITY OF DENNISON MEETING MINUTES

(continued from page 19)

Zach will update the dates once it's approved. Mayor Flaten move to accept the application contingent upon the updating of the dates on the form by Zach. Councilor Voight second. Motion passed 3:0.

3. Complete forms from Rural development application. Financial, Exhibit A, etc, for the City. Forms were sent to the auditor and the lawyer. Auditor had several questions as the way we usually do our audits in on a cash basis, which is different than how many places do them. I directed Jennifer to Kyle at RD Office in Faribault. Reached out to Bethany as we haven't heard back from her as of Tuesday.

Fryberger is MRWA default place. Councilor Ruddle move to use Fryberger. Mayor Flaten second. Motion passed 3:0.

4. Resolution from Bollig about MMB. Councilor Ruddle move to approve. Councilor Voight 2nd Motion passed 3:0.

5. Opus and billing issues update. At the last council meeting, concerns were heard about the billing system and the mayor offered ways to move forward. It was decided to first email Opus and bring forward the concerns, then have a meeting with Opus (Jessica and Heidi), which will occur after our May 7th council meeting. Mike Shuba from Opus responded back to Heidi's email and wanted to have an internal meeting with his staff to improve the current status/situation. Further follow-up from Mr. Shuba and Opus is expected next week.

6. Heidi, the mayor and Jessica had a conversation after the last regular council meeting regarding hiring a person to help assist the clerk in updating the Zoning Ordinance, for example, or other typing tasks. It should be someone knowledgeable in word processing and proficient in using Microsoft. Talk with Joe as he may have a solution.

7. The last meeting, the city council decided to not allow the new Nerstrand Rescue Vehicle to be parked inside the City Shop/Dennison Fire Station. The fire chief asked if the council could donate \$955 to the department for the printing/decals and installation of the new SUV. Does the city council want to make a donation? Is the Dennison Lions Club donating to the fire department? 50/50 donation, perhaps?

Joe Amy asked about why it wasn't allowed that the extra vehicle could be put in there.

The City could get rid of the old fire hoses to make some more room. Councilor Voight said it was all the stuff in the way that made him think there wasn't enough room. Mayor Flaten, Fire Chief Joe Johnson, maybe Dan, get together to see what can be thrown to make more room.

8. Data Center discussion. Should the City pass moratorium ordinance? Consider adding new language to our Zoning Ordinance? The Carver City Council voted to impose a one-year moratorium on data center development recently.

9. Continued discussion regarding Ordinance 32. The work session meeting from March 24th, the city council agreed to add new firearms language from Texas and the City Resolution pertaining to official military honors, passed in January of 2026. Ordinance 32 (Disorderly Conduct/Discharging Weapons/Vagrants/Fast driving and Resisting Officers/Assault and Battery) would be repealed and replaced with Ordinance 90, Discharging of Firearms in the City Limits. Is the final version ready to review? Any changes or additions before we set a public hearing time?

10. City-Wide Clean up day occurred on May 2nd. A good turnout and the garbage truck was almost completely filled.

11. Trees bought by the City. The mayor replanted 3 burr oaks on 4-21 and 3 red maples on 4-22. The remainder of the trees were dispersed to individuals within the city limits, and just a few folks received trees outside the city limits. The mayor will continue to water the new trees and the ones planted last year.

12. Proposal from Empire Pipe Services to clean the sewer mains for half of the town. Nate had asked the mayor to explore the idea of either renting a jetter or hiring a company to clean our sewer mains. Cost for Empire to clean our sewer mains was \$3,967.00. This is for the south half of the town. Councilor Ruddle move to do so. Mayor Flaten second. Motion passed 3:0.

13. The mayor submitted an insurance claim after the hail event on April 13th. An insurance adjuster came to town on May 5th. There appeared to be damage to the roof of city hall and the garage door on the phosphorous building at the ponds was dented by

the hail. The adjuster will submit his report to the City in the next few weeks. Garage door on the phosphorus shed is really beat up. Roof is cosmetic damage. See what the cost would actually be. City Hall roof needs to be replaced.

14. The mayor is requesting the city council to use Paul's Plumbing to install the outside water meter reader to the Sapphire Event Center. The City asked this be done last fall. Joe needs a new roll of wire 65 feet.

15. The City website. Discussion about changing the website provider took place a few years ago. Does the council want to pursue that course again and terminate our three year contract from Catalis? Mayor recommended using Municipal Impact. The City of Nerstrand uses them. More storage space for emails. Will find out more details about the possible change over.

16. Starting to find election judges for the upcoming elections. Need to find an additional Head Election judge as a backup for the Clerk. Possibly need 3-4 more people. Are new expectations for picking up from and returning supplies to Red Wing. Might be a good time to talk about election judge wages. Even if they aren't increased this go around, it would give an idea what to budget for this fall.

17. Listening session held by two local candidates at City Hall on Thursday night.

18. Mayor testified at the State Capitol regarding our bonding bill request on April 9th.

19. Mayor attended the Round Table in Pine Island with Congressman Finstad on April 10th.

20. In-person weed inspector (mayor) training in Faribault on April 22nd.

Mandatory meeting in Rice County

Citizens Issues:

Mayors Issues:

Utilities: Update from Nate:

Need to submit list for copper testing to Dept. of Health. New protocol to follow when making up the list of places to test the water at.

Just received a letter that there needs to be a sanitary survey of the water system completed soon. That will need to be set up at a time that works for those involved with it. Onsite inspection as well as paperwork review.

Nate's review: Nate was unable to attend the meeting. Move to June.

Councilor Ruddle moved to pay the bills. Mayor Flaten second. Motion passed 3:0.

Mayor Flaten moved to adjourn the meeting. Councilor Voight second. Meeting adjourned at approx. 9pm.

Next meeting: Regular meeting is Thursday, June 4th at 7:00 pm.



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Tuesday, May 19	Wanamingo Casey's - Hwy. 60	2:00 PM – 6:00 PM
Tuesday, June 30	Zumbrota Park-N-Ride Parking lot	2:00 PM – 6:00 PM
Tuesday, July 7	Pine Island Pine Island High School	2:00 PM – 6:00 PM
Tuesday, July 14	Goodhue Community Center	2:00 PM – 6:00 PM
Tuesday, July 21	Cannon Falls Lake Byllesby Park	2:00 PM – 6:00 PM

COMPLETE HHW INFO ONLINE: <http://www.co.goodhue.mn.us>
HHW HOTLINE: 651-385-3107

We will NO LONGER be collecting Fluorescent Bulbs at the Hazardous Waste Collections. The Goodhue County Recycling Center accepts fluorescent bulbs Monday-Friday, year-round. We are very sorry for the inconvenience.

A Household Hazardous Waste drop-off is available at the Goodhue County Recycling Center in Red Wing, from the first Monday in May through the last Friday in October. Hours of operation for the drop-off will be Monday through Friday (except holidays), from 8am until 3pm. Please utilize the drop-off as much as possible to prevent large crowds at the collection events listed above. There is a 20 gallon per person per day limit at the Red Wing drop-off. Thank you for your cooperation.

The Goodhue County Recycling Center is located at 3745 Highway 61 N in Red Wing (across Highway 61 from the Red Wing Shoe Factory).

For safety, place waste products in a box when transporting
Questions? Call the HHW Hotline: (651) 385-3107
We will no longer collect Fluorescent Bulbs at the HHW Collections

2026 Household Hazardous Waste Collection Do's and Don'ts DO BRING:	DO NOT BRING:
Paint/Stain/Thinner Etc.- Bring unusable paint products to the collection. Pesticides/Herbicides (Non-Agricultural, Non-Commercial Grade) - Products designed to kill weeds, bugs, rodents, mold and fungus. Automotive Products- Bad gas, cleaners, anti-freeze, fuels, grease, lead-acid batteries. Household Products- Drain opener, strong cleaners, spot removers, adhesives, acids & bases. Exotic Batteries- Ni-Cad rechargeable, Button, Lithium, Mercury, other unusual batteries. Mercury Devices- Thermometers, thermostats, mercury switches. Aerosol Cans- Partial or plugged pressurized spray cans of all types. Empty, depressurized cans can be disposed of in trash.	Business or Agricultural Hazardous Wastes- Business wastes will be refused. Businesses should contact the Olmsted County Hazardous Waste Facility at 507-328-7078. Electronics- City of Red Wing Waste Campus 651-385-3658 Prescription Drugs- Contact: Goodhue County Law Enforcement Center 651-385-3155 Empty Containers- If a container is empty and dry, it is no longer hazardous. Recycle or dispose of in trash. Fluorescent Tubes- Bring them to the Goodhue County Recycling Center. Non-Hazardous Products- Soaps, regular light bulbs, broken glass or ceramics, recyclables, trash. Waste Oil, Oil Filters- Engine oils and filters can be recycled through local sources. Medical Wastes/Sharps- Contact your local clinic or hospital for disposal information. Explosives and Ammunition- Contact local law enforcement on their non-emergency number. Appliances- No appliances. Solar Panels- No solar panels.

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