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Wheat Trail Festival Highlights



Main headlining act of the Wheat Trail Festival, Montgomery Gentry featuring Eddie Montgomery. More than once, Montgomery paid homage to his former partner, Troy Gentry who died in a helicopter crash in 2017.

By Beth Brekke

The long-awaited Wheat Trail Festival drew large crowds to the two-day event in rural Goodhue July 24th and 25th. The country setting worked perfectly for everything from parking to the main stage.

(continued on page 11)

Announcements

• The City of Goodhue has selected a new garbage waste hauler. Goodhue residents and businesses will be served by LRS (Lakeshore Recycling Services) out of Rochester for the next five years. The change over will not take effect until September 1st. NOTHING WILL CHANGE BEFORE THIS DAY. Detailed information will be in your August utility bill.

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Early Jaycees Hold Reunion

By Beth Brekke

The Goodhue Area Jaycees organized on July 17, 1975 with 35 members.

(continued on page 4)

Pictured to the right: Early Jaycee members attending the July 15th reunion were: (seated L-R) Dale Dicke, Ron Frederixon, Gary Diercks, Randy Kahl, Steve Matthees, Tim O'Reilly, Dennis Schmidt and Dean Opsahl. (standing L-R) Jim Hadler, Ed Gadiant, Lyle Dicke, Kevin Ryan, Dave Buck, Paul Ryan, Dan Ryan, Dave Betcher, Val Janka, Bruce McNamara, Dean Rheingans, Rick Janka, Jerry Jensen, current president Sam Hinsch, Chip Krueger, and current member Gavin Hokanson. Missing from photo, Bill Sutter and Jim Dicke.



St. Peter's Church Gives to Community Help Network

By Beth Brekke

What does it take to prepare breakfast for 200 people?

(continued on page 3)

Pictured to the left: St. Peter's Lutheran Church Ladies' Aid treasurer, Carol Voth presents a check for \$1200.00 to Dean Opsahl, representing the Community Help Network. The Community Help Network helps local people in need. The money was raised during the church-sponsored burrito breakfast during Volksfest.

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Religion

Announcements

• **Goodhue Golf Outing - Supporting the football and basketball teams. 4 Person Best Shot Golf Tournament at Mount Frontenac Golf Course on Sunday, August 30th.** Registration at 11a.m. Shotgun start at 12p.m. \$70 per person which includes 18 holes of golf, cart, meal and gift. Now accepting teams, email: mhalverson@goodhue.k12.mn.us to reserve your spot.

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Hiawatha Valley Genealogy Society meets on the second Tuesday of each month at 10:00 a.m. at the Goodhue County History Center, 1166 Oak St., Red Wing, MN 55066.** The society welcomes participants of all ages and genders who are interested in discovering, researching, or expanding their knowledge of their family's ancestors. Whether you are just beginning or have years of experience, the group offers a supportive environment to help you build your genealogy skills and connect with others who share your interest. Your first meeting is complimentary!

• **Three Rivers Community Action is currently accepting new Meals On Wheels clients in the communities of Bellechester, Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon, Wabasha and Wanamingo.** Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. Please contact Three Rivers at 507-316-0610 or email: oas@threeriverscap.org

Do you have an announcement?

Email:

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Pastors Corner Knowing the Condition of the Flock

By Pastor Robbin Robbert
St. John's Lutheran Church,
Goodhue

"Be sure you know the condition of your flocks, give careful attention to your herds." (Proverbs 27:23)

August in Goodhue County means fair time, August 11-16. For many families, the county fair is a celebration of hard work, faithful stewardship, and community. Months before the gates open, animals are fed, groomed, exercised, and cared for every single day. A good poultry or livestock owner knows that healthy animals don't happen by accident. They require attention, patience, and daily care. The fair simply reveals the faithful work that has already been taking place.

King Solomon understood that truth when he wrote, "Be sure you know the condition of your flocks." In his day, sheep and cattle were a family's livelihood. A wise shepherd did not assume everything was fine. He

watched carefully, noticed when one wandered, cared for the weak, and protected the flock from danger.

While most of us no longer tend sheep or cattle for a living, God has entrusted each of us with responsibilities. Parents are called to know the condition of their children. Husbands and wives are to care for one another. Employers and employees are to faithfully fulfill their callings. As Christians, we are also part of the flock of the Good Shepherd, Jesus Christ. He knows each of His sheep by name. He sees our struggles, seeks us when we wander, binds up our wounds, and laid down His life on the cross so that we might belong to Him forever.

As you enjoy the sights, sounds, and smells of the Goodhue County Fair this August, thank God for the farmers, and young exhibitors whose faithful care reminds us of this biblical truth. Then remember an even greater Shepherd who watches over you every day with perfect love. Because Jesus knows the condition of His flock, we can rest securely in His care today and forever.

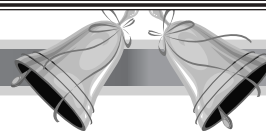
Prayer: Lord Jesus, our Good Shepherd, thank You for watching over us with unfailing love. Help us to be faithful stewards of the people and responsibilities You have entrusted to us. As we enjoy the blessings of another county fair, remind us that we belong to You, and keep us always close to Your gracious care.

1 I am Jesus' little lamb,

Ever glad at heart I am;
For my Shepherd gently guides me,
Knows my need and well provides me,
Loves me ev'ry day the same,
Even calls me by my name.

2 Day by day, at home, away,
Jesus is my staff and stay.
When I hunger, Jesus feeds me,
Into pleasant pastures leads me;
When I thirst, He bids me go
Where the quiet waters flow.

3 Who so happy as I am,
Even now the Shepherd's lamb?
And when my short life is ended,
By His angel host attended,
He shall fold me to His breast,
There within His arms to rest.



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Tues.: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration
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39774 Co. 4 Blvd., Goodhue • 651-923-4624
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Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY Finding Honey

If you find honey, eat just enough—too much of it, and you will vomit. — Proverbs 25:16

Late summer to early fall is usually the time when beekeepers "find" honey. At that time of year for bees, the days of gathering pollen and nectar are winding down. Wise beekeepers provide extra room in the hive, taking advantage of the bees' hoarding instinct and "tricking" them into making more honey than they need. A healthy hive will often have two to three times as much honey as the bees will need for winter. The beekeepers then take the extra honey, making sure to leave enough for the bees to survive on.

Finding honey is not so difficult with the hive boxes and removable frames we have today. In the wild, though, it can be a lot more challenging to find and gather this treasure. Through the centuries people have learned to search for honey in hollow trees, small caves, remote cliffs, and other protected spots that are near abundant varieties of flowering plants.

While honey is sweet, our proverb for today tells us to "eat just enough" and not too much. It makes good sense not to overdo on honey—or on any of the sweet things in life. Wisdom calls us to a healthy balancing act.

Sadly, the siren song of our world today is that "more is always better." But finding honey reveals the wisdom of enjoying sweet things in life within wholesome limits.

In what ways is the Spirit of God directing you to set wise limits in your life?

Thank you, Lord, for the sweet things in life. Guide us to follow you and to gain a heart of wisdom. In Jesus, Amen.

ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki
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6:45p.m. Wednesday Worship
www.stlukegoodhue.org

ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
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Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
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Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.

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Pastor: Nikki Rockne, Email: pastornikki@landslutheran.org
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St. Peter's Church Gives to Community Help Network

(continued from page 1)

The shopping list for St. Peter's annual Volksfest burrito breakfast includes 30 dozen eggs, 200 tortillas, 10 pounds of shredded cheese, 3 watermelons, 20 pounds of sausage, 10 pounds of diced ham, 15 pounds of grapes and more. Member donations of Thrivent Dollars help pay for most of these items.

Many volunteers work ahead of time to fry sausage, cut onions and peppers, decorate tables, and create signs directing visitors to the church. More volunteers prepare and serve the breakfast held in the church basement that

Saturday morning while the local quilt show is upstairs and the car show is outside.

The event is put together by the St. Peter's Ladies' Aid, taking in free-will donations and donating the proceeds to a non-profit organization. It continues to be a popular event, serving more people each year. 2026 Donations were down a little bit from previous years but with additional private donations and a contribution from the Ladies' Aid, they presented a gift of \$1,200.00 to the Community Help Network (CHN).

The CHN is a relatively new 501(c)(3) working to provide support to those in need in our area. Officially organized in 2024, the organization has used St. Peter's Church

basement to prepare Thanksgiving food baskets in the past. Approximately 100 baskets have gone out each year to elderly folks and those experiencing a hardship, crisis, or medical needs. Donations are used to provide rides to medical appointments, gas cards, groceries, and other things for those who need help. All donation are tax deductible as allowed by law.

To make a donation or request assistance, contact the CHN through founder and chairperson, Nancy Dahling at 715-216-6058 or nancydahling@gmail.com. For more information on St. Peter's Church, contact Pastor Martin Weigand at 715-441-5086 or email gracelutheranchurchmn@gmail.com.



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Early Jaycees Hold Reunion

(continued from page 1)

On July 15th, 2026 Daryl "Chip" Krueger organized a gathering of former members from 1975 through the early 1980's with 24 alumni, 2 current members, and 19 guests attending. Alumni present included 13 Charter members: Dale Dicke, Jim Dicke, Gary Diercks, Jerry Jenson, Randy Kahl, Steve Matthees, Dean Opsahl, Tim O'Reilly, Dean Rheingans, Dan Ryan, Paul Ryan, Dennis Schmidt, and Bill Sutter. The event brought connected friends together to share food and fond memories of their time as Jaycees.

According to Wikipedia, the United States Junior Chamber, a branch of Junior Chamber International, also known as the Jaycees, JCs or JCI USA, is a leadership training service organization and civic organization for people between the ages of 18 and 40. Founded in St. Louis, Missouri in 1920 by Henry Giessenbier, the organization originally provided opportunities for young men. In 1984, the U.S. Supreme Court ruled that the Jaycees could not discriminate based on sex, paving the way for women to become full members.

As a start-up organization, the Jaycees were promoted as the adult version of FFA. It was fitting that Dennis Schmidt, Goodhue High School's then Ag teacher and FFA advisor, became the first president. A native of Gaylord, MN he taught in Goodhue from 1974 to 1981. He says he didn't know much about the Jaycees at the time but joined because he enjoys being part of the community. His experience in the Goodhue Jaycees and desire to serve his community carried through his moves to New Ulm Public School, a 38-year career in farm management, and returning to his home farm in Gaylord. He now serves as the president of the Nicollet County Historical Society and is active in Sertoma, another non-

profit civic and volunteer service organization.

The reunion began with a potluck supper at the fire hall followed by remarks from Chip Krueger. "I was very shy back then, basically I never left the farm," Chip said, recalling his first meeting. When he joined the chapter, he was immediately thrown into a fundraising chairman position and eventually served as the president. "Without Jaycees, I would never be doing what I'm doing. What I'm talking about is what the Jaycees did for me...I would have never been on the school board, I probably would never have been on the fire department and I sure as heck would have never been the fire chief. They taught me so much about leadership and how to handle people...We all should be so proud of what everybody did...the projects that we did in Goodhue for the community and the youth."

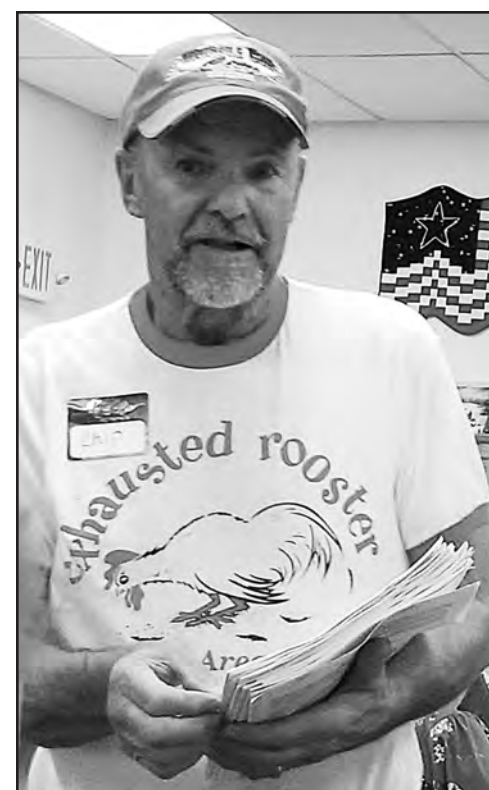
Chip provided copies of an original Plan of Action to each of the members in attendance. According to the Plan of Action — a handbook of Jaycee standards, planned activities, financial and membership status — the objective of the Goodhue Area Jaycees is to develop pride and leadership in our members while at the same time building a better community in which to live. On the agenda for the 1981-1982 year was funding and installing lights for the softball field. In addition to labor, the group raised and donated \$7000.00 for the project. Beer and food sales raised \$1220.00 at softball tournaments in June and July. Other major fundraising events included a tractor pull and pro wrestling in Goodhue, and a dunk tank at the county fair. Community service events in line with their yearly goals included a babysitting clinic, CPR training, purchasing playground equipment, a children's Halloween party, and contributing to youth leadership and scholarship funds. The group also filled sandboxes and sold Christmas trees, which the current club continues to do.

Chip invited Sam Hinsch, current Jaycees president, to share a few thoughts. "It's an absolute honor to stand before you guys. Over 50 years ago you were the young leaders shaping our community. You rolled up your sleeves, organized events, raised funds and built the kind of civic spirit that still echoes in Goodhue today... Your chapter has left a lasting footprint on this town and organization that we all love. Looking around

this room, I see a living legacy of what the Goodhue Jaycees stand for: service, friendship and personal growth... You proved that a small town group of ambitious young people could make a big difference...On behalf of today's Jaycees, we thank you. We thank you for your service, your example, for keeping the spirit of the Jaycees alive all these years. We are proud to follow in you guys' footsteps."

Members that followed the now "Exhausted Roosters" (an affectionate title for a Jaycee that reaches the maximum membership age) indeed had big shoes to fill. Steve Matthees and Chip began to throw out ideas for a new town celebration they dubbed, "Volksfest". The first festival was held in 1982 with help from the FHA and FFA. Current member, Gavin Hokanson, reported on the 36 members' recent projects including how Volksfest income is used to help local families, and fund scholarships and school team activities. Sam summed up their presentation calling Volksfest, "Our celebration to bring everyone back together and celebrate the town we all love and enjoy."

Chip called on attendees to share some special memories. There was much laughter and agreement of the fun they had going on trips and playing baseball and volleyball. They referenced events like the 1976 bicentennial celebration, selling concessions at Frieda Vieths' store auction, and starting the Udder Run and wrestling tournaments. Creating a haunted house at the swimming pool was a favorite of many. Bill Sutter commented, "It's nice to see all you people, try and re-



Chip Krueger, still able to wear his "Exhausted Rooster" Jaycees retirement shirt, organized a reunion for Goodhue Jaycees members from 1975 to the early 1980s.

member everybody, and appreciate everything you did for the community and the Jaycees. It's unbelievable all the stuff that we're hearing and remember that we did all that stuff — and we're still alive."



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Holstein Club Anniversary Observed

By Beth Brekke

70 people gathered in the haybarn on Jeff and Heidi Miller's farm east of Bellechester to celebrate the Goodhue County Holstein Association's 80th Anniversary. Current board and committee members, Charlie Dicke, Dean Opsahl, Paul Nibbe, Tony Scheffler, Brian Clemenson, Beth Brekke, Kay Schwartau and Dave Betcher began planning in 2025, working with the Millers to host the special edition of the club's annual Twilight Meeting. The 7 PM meeting time, wide-open doors, and a few fans eased the July 14th "Cow Appreciation Day's" mid-upper 90s temperatures.

Dave Betcher and Dean Opsahl gave a power point presentation on club history, calling on any former members in attendance to

share additional information. Beth Brekke spoke on the history of the county's Junior association and Clara Benrud talked about her experience attending the 2026 National Junior Holstein convention in Orlando, Florida where she placed third in the junior division of the Dairy Jeopardy contest.

The Millers have no cattle on their farm but brought in a few heifers as the star players in a round of cowpie bingo. Each square sold for \$10 with the winner – determined by where the first cowpie lands – receiving half of the money. Member, Kevin Schafer conducted an auction of donated items including a Red Holstein calf provided by Dean Opsahl of Goodhue and purchased by Brian Clemenson of Zumbrota. The fundraising efforts brought in over \$2500.00.

Members and guests enjoyed socializing and viewing an assortment of photos, prize ribbons, and local farm and Goodhue County Holstein sale catalogs dating back to the 1950s. Ice Cream was donated by the Goodhue County American Dairy Association and served by Goodhue County Dairy Ambassadors along with cake provided by the club.



Dave Betcher and Ann Nibbe speak during a power point presentation for Goodhue County Holstein Association members, past members and guests.



The 80th anniversary edition of the Goodhue County Holstein Association twilight meeting was held in the haybarn on the Jeff and Heidi Miller farm near Bellechester.



Paul Nibbe holds an auction item as Kevin Schafer calls for bids and Dean Opsahl (standing) and Dave Betcher and Kay Schwartau look on.



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Farm Girl Chatter Long Hot Summer Days

By McKell Lemmerman

That's right. Seems fitting for the time of year when you step outside and already have sweat in places you don't want it. Livestock hover over the water tanks and shove each other out of the shade trees like little kids trying to be first in line.

By 9 a.m., your shirt's stuck to your back, your boots feel like they're full of soup, the tractor's seat could fry an egg, and the steering wheel feels like it was forged in a blacksmith shop.

The cows stand belly-deep in the pond with that look that says, "If you need me, I'll be here until October." The horses have perfected the art of planting themselves under the one shade tree in the pasture, swishing flies and refusing to move unless grain is involved. Even they have enough sense to know when it's too hot to do anything productive.

The flies, on the other hand, always have the best summer of their lives. They don't care how much fly spray you buy or how fancy the tag in the cow's ear is—they're back before you can put the cap on the bottle. By lunchtime you've burned more calories, swatting flies than you've burned stacking hay. The livestock swish and kick at the little flying demons only to realize they're just using them for a free ride around the pasture. And don't even think about leaving the pickup windows down unless you're looking to start your own fly sanctuary.

Speaking of hay, whoever came up with the phrase "make hay while the sun shines" clearly never throws square bales in July.



Nothing builds character quite like hugging 60-pound bales in 95-degree weather while itchy hay dust super glues itself to every drop of sweat you've got.

By supper time, everyone's moving a little slower. The dogs have dug themselves a hole to China just to find cool dirt. The livestock are parked around every water tank like it's happy hour, and you're on your second or third glass of iced tea wondering if sweating counts as cardio. "It's not the heat... it's humidity," like that's supposed to make anyone feel better. Still, once the sun finally drops

below the trees and a little breeze rolls across the farm, it's hard to complain too much. The cicadas and frogs are singing. The best friends of the flies, yup, the mosquitoes are filing flight plans. The kids smell like sunscreen and dirt. And the sunset reminds you why you put up with the heat, the dust, the flies, and everything else summer throws at a farmer.

Because before long, we'll be standing in chore boots three sizes too big with three layers of socks, wishing for one more long, hot summer day.

4-H School Supply Drive Community Project

Help support teachers in Goodhue County by donating essential school supplies! Each year the Goodhue County 4-H leaders council chooses community service projects to engage in. This year the youth leaders voted to organize a school supply drive to ensure students and teachers start the school year ready to learn and succeed. Goodhue County 4-H will be collecting the following items:

- Expo dry erase markers (both black and mixed)
- Facial tissues
- Sanitizing wipes
- 2-pocket folders
- Crayola markers (washable preferred)
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When and Where to Donate

Bring your donations to the Goodhue County Fair August 11-15. Look for the collection drop-off in the 4-H building. At the end of the fair, 4-H will deliver supplies to participating schools.

Club Pencil Wars

In addition to the community supply drive, 4-H Clubs will be participating in a "pencil war" to collect pencils for each of the schools. The club who collects the most pencils will receive a pizza party in the fall!



Thank you for helping Goodhue County teachers have the tools they need for a great school year!

With more than 175 screened adult volunteers, 700+ 4-H members and 17 4-H clubs across the county, Goodhue County is one of the largest 4-H programs in Minnesota. To find out more information about 4-H, or to locate a 4-H club in your area, please visit the 4-H website at extension.umn.edu/local/goodhue, or contact the Goodhue County 4-H Extension Educator, Aly Kloeckner, at the Goodhue County Extension Office at (651) 385-3100 or schw1348@umn.edu.

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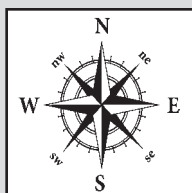
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*Changes in Latitudes,
Changes in Attitudes*

Stories about Spirits in Bottles



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

Growing up I used to find old bottles around the farm. There were buildings dating back to the turn of the last century for me to explore. I found many interesting bottles, some having the lettering cast into the glass. A few still had an aged cork stuck in the mouth. What a story

they could tell.

My grandfather had a story that displayed his dry wit. This tale would have taken place around 1920. He was not a drinker so this was an unusual story about a dry fella. My grandfather, as the story goes, was heading to Mantorville with the horse and wagon for supplies one morning. He asked the hired man if there was anything he wanted from town. Mantorville was five miles south of the farm but with a horse drawn wagon that would take over an hour and a half each way. There would be some livestock minerals, farm supplies and household goods to return with. Is quite interesting to think of Mantorville as a shopping destination where one could purchase everything needed for a farm family.

The hired man usually wanted a plug of chewing tobacco and a bottle of whiskey brought back on the weekly trip. A hired hand would usually live in a small shack or a simple room inside the farm house. Prior to the 1920's radio had not been introduced to rural America, and electricity was still a decade away. Probably not much to do for entertainment after a long day of work on the farm.

My grandfather picked up a bottle of whiskey for the hired hand, before he left town and proceeded homeward. My grandfather loved to talk. He stopped at a number of the farms along the way home to visit with the farmer and let his horse get a drink at the stock tank beside the windmill. Being a social and friendly guy, he also offered his host a nip from the bottle. At the last farm he realized that the bottle was getting about half empty. The solution was to refill the bottle

from the well pump and press the cork in like nothing had happened. Once home he delivered chew and the whiskey to the hired man.

The next week when he inquired what he could pick up for the hired man in town he received the same order, but with one caveat. Please get different brand of whiskey than you brought home last week. That one was quite weak.

When I was a young lad, it was customary to give Christmas gifts to the milk hauler for the holiday. My mom usually made Christmas sugar cookies and fudge wrapped in a festive looking box. That Christmas the Maple Island milk hauler left a bottle of wine as a gift. Now my parents were teetotalers as well so the bottle was put in the back of the cupboard in the house. My curiosity got the best of me. To avoid suspicion, I knew I couldn't drink the bottle and dispose of it so I came up with a plan. I carefully opened the bottle, drank the contents and then refilled it with grape soda, sealed the cap and put it back in the cupboard. No one was every the wiser. Forty-five years later at a family gathering my sister confessed to my mother that she had opened the bottle of wine and tried it, only to find it totally disgusting. Wine may get better with age but grape soda definitely doesn't.



A Minnesotan: Jello Salad



By RosaLin Alcoser

My family has exactly one tried and true Minnesotan in it; that would be my husband. He is also the only real midwestern in the family. Since the rest of us are really transplants from the South.

Proportionally I have been here the longest of my family since I was a small child the fall of 1999 when we first came this far north. However, I am still a transplant as can be seen in my high heat tolerance and how I pronounce many words.

My husband on the other hand is born and raised Minnesotan. So you can imagine our shock when we found out that he, the man who loves hotdish, had never the other tried and true Minnesota food staple. Jello salad.

Now I have seen Jello salad's of all kinds on a pot luck table over the course of my life. Even when we would go visit family back south you would see the pink or green modeled one- you know the one with the marshmallows that was popular with the elderly who had been adults in the 1950s- on the table. Never as many as here in Minnesota, but they would be there.

I can remember whole tables of just Jello salad being out when I was little. And somehow growing up in the same state my husband had never had a Jello salad. Until my mom made one for church when she knew he'd be there.

Now like the rest of us Minnesotans he has had a Jello salad. It was one of the classic mandarin orange ones. Which he did like, mostly because he likes orange Jello and mandarin oranges. However, he did tell me afterwards that he would not count it as a salad.

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Welcome to 2026 Dennison Days Aug. 7-8



In cooperation with our local businesses and many individuals, The Dennison Lions Club is happy to host and welcome you to Dennison Days 2026 Friday and

Saturday August 7 & 8.

Many of your favorite events are returning this year, along with some new ones including our Friday Night events, The Biggest Dip Contest and The Pie Eating Contest. Live

Music from The Old Country Boys will entertain you Friday evening. Raffle Tickets are available with a \$500,000 grand prize available to the winner, along with other prizes. Tickets are available at Heritage Bank Dennison, Dennison Depot, Fireside Lounge and Cattlemens Saloon. In Nerstrand, raffle tickets are available at Parkside General Store.

Saturday Events kick off with the pancake breakfast, classic car show, medallion hunt and euchre. The days events continue with the truck & tractor pull, kids pedal pull, kids bingo, costume kickball in city park and the awarding of the car show trophies.

Cattlemens will host a makers market with items from local artisans. We welcome you to participate in the parade at 1:30 with a \$300 prize for best float entry.

The afternoon events including more kids activities, the bags tournament, powertool, gift card and purse bingo and the keg toss.

Saturday evening entertainment will be from The Shane Martin Band. Check out the full schedule of events inside this publication, and watch the Dennison Days Web Site and Facebook page for any updates.

We hope you enjoy Dennison Days 2026!



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SATURDAY, AUGUST 8

PROBUILT ServiceMASTER BOB TOTAL COUNTRY
Welcomes
Shane Martin
7:00PM
Presented by Cattlemen's Saloon, Fireside Lounge, Sapphire Cocktail Lounge



Saturday Schedule of Events

- 8-11a.m. **All You Can Eat Pancake Breakfast** Under Mainstreet tent
Hosted by Nerstrand-Dennison Fire Dept., and Dennison Community Church. \$12 for adults,
\$5 for kids 12 & under, 3 & under FREE. Includes pancakes, eggs, sausage, coffee, juice, milk
- 8a.m. **Farmers Market Downtown**
Citywide Garage Sales
Classic Car Show on Mainstreet Presented by Clutchmen Car Club. Registration \$10.
Trophies at 1p.m. Contact Jason Aldorfer 612-203-4172
- 8:30a.m. **Euchre at Fireside Lounge** For information, contact Jen Eggum 507-649-0602
- 9:00a.m. **Scavenger Hunt - \$100 Cash Prize!** Meet and sign up at the tent. Hunt will begin at 9am.
- 10a.m. **Truck & Tractor Pull on the Hill** For more information contact Dave Remme 507-649-0710
Kids Pedal Tractor Pull on Mainstreet (At Mainstreet intersection) Sign up begins at 9:30a.m.
- 11a.m. **Food Stands Open**
- Noon **Kids Bingo** Under the tent. Presented by Dennison Lions. Ages 3-11
Costume Kickball Tournament Hosted by Cattlemen's Saloon. Sign up at Cattlemen's Saloon
- 1:00p.m. **Car Show Trophies Awarded**
- 1-3p.m. **Kids Carnival**
- 1:30p.m. **Parade Downtown - A Kiddie Parade Leads Off Main Parade** (Ages 12 & Under)
\$300.00 Prize for Best Parade Entry! Sign up at Noon. South Mainstreet. Call 507-645-9992
- 2:30p.m. **Cattlemen's Saloon Bags Tournament - Prizes for 1st, 2nd & 3rd Place!**
Sign up at Cattlemen's or call 507-782-9061
- 4:00p.m. **Power Tool, Gift Card & Purse Bingo** Presented by Dennison Lions & Fireside Lounge
- 6:30p.m. **Keg Toss - 100% Payout! \$5/throw** Across from Fireside Lounge
- 7:00p.m.-12a.m. **Live Music - Shane Martin** 18+ event. No Cover Charge. 21 to drink.
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8:00 AM

Trophies at 1:00PM

TRUCK & TRACTOR PULL
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SATURDAY, AUGUST 8

KIDS PEDAL TRACTOR PULL

10:00 AM

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Wheat Trail Festival Highlights

(continued from page 1)



Country artist Noah Hicks tells the local crowd he's a farm boy from Georgia that grew up as an active FFA member working with cows and chickens.

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Friday provided near-perfect weather for campers, spectators and performers. Noah Hicks and Dylan Scott headlined the evening entertainment. Overcast skies helped mitigate Saturday's increasing temperatures. Many activities filled the day leading up to the show featuring Dodge County rising star, Cori Kennedy opening for Eddie Montgomery. Enjoy a few photos and look for more detailed coverage in our September issue. (additional pictures on page 12)



Two young fans wait to hear Friday night headliner Dylan Scott.

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Wheat Trail Festival



Tents and campers of all sizes filled an area of the Wheat Trail Festival grounds.



From the entrance gate to the stage, spectators filled the large festival grounds both evenings.



Jared Cooley and Laura Hanks are set up to sell merchandise including custom created screen print designs made on the spot. The couple operate Main Street Salon and Apparel in Farmington and do shows most weekends. They love being a part of the music scene, especially when it supports a good cause. They said Wheat Trail organizers were amazing people to work with and were glad to support a good cause.



Eddie Montgomery and his band put on a patriotic stage show recognizing veterans and our great country.



Dylan Scott referenced his hit song, "This Town's Been Too Good To Us" in comparison to coming to Wheat Trail Festival.



Dylan Scott, country artist from Louisiana played the main stage Friday night.



Cori Kennedy, a recent contestant on the television show, The Voice, is a native of the Dodge Center/Kasson area. Taking the stage she called out Goodhue and other area schools as places she played against in high school sports and pointed out relatives that came to the festival to watch her performance.



The giant Montgomery Gentry tour bus parked behind the stage at Wheat Trail Festival.

Stroke Risk, Watermelon and Condiment Ingredients to Watch Out For



By Shauna Burshem, D.C.

Stroke Risk: Before you've even had your first sip of coffee, your body is already making important adjustments for the day ahead. As you wake, hormone levels shift, blood pressure naturally rises, and your blood becomes slightly more likely to clot. Researchers say these normal morning changes may help explain why strokes seem to occur more often during the early hours. Although a stroke can happen at any time, experts believe the body's internal clock plays a meaningful role in cardiovascular health, especially dur-

ing the transition from sleep to wakefulness when the heart and blood vessels face new demands.

This is a useful reminder that circadian rhythm affects much more than sleepiness — it influences many of the body’s essential biological processes, including heart and brain health. Supporting cardiovascular wellness starts with daily habits, not just reacting when symptoms appear. Restorative sleep, healthy blood pressure habits through good nutrition and regular movement, stress management, and exposure to natural morning light can all help maintain a healthy circadian rhythm. Since your body starts preparing for the day before you even get out of bed, giving it the right support may be one of the simplest ways to protect long-term heart and brain health.

Watermelon is very good for you: Watermelon is so much more than a sweet treat on a hot afternoon. This juicy fruit comes loaded with nutrients that support hydration, circulation, and your overall well-being. You get vitamins A and C, potassium, and the powerful antioxidant lycopene in every bite. Watermelon also gives you L-citrulline, an amino acid that helps your body make nitric oxide, which keeps your blood flowing smoothly and your blood vessels working well. The benefits go far beyond simply quenching your thirst. Its high water content keeps you hydrated, while its antioxidants help shield your cells from oxidative stress. Research has connected regular watermelon consumption to healthier blood pressure, stronger cardio-

vascular function, faster muscle recovery after a workout, and better digestive health thanks to its water, fiber, and natural prebiotics.

For most folks with healthy metabolic function, ripe watermelon is a wonderful source of carbohydrates that also delivers valuable vitamins, minerals, and protective plant compounds. That said, if your gut isn't running at its best, your body may struggle to handle larger amounts of complex carbohydrates right away. This is where supporting your mitochondrial and gut health really pays off. When those systems are working well, your body can better use the nourishment that whole foods like watermelon provide, helping you get the most out of what nature so generously offers.

Condiment Use Can Be a Problem: Most of us don't give a second thought to the toppings we pile onto our meals, but those little extras can quietly shape our health over the years. Processed meat-based condiments, like bacon bits and bacon jam, are worth cutting back on. Eating processed meats regularly has been consistently tied to a higher risk of colorectal cancer, which makes those seemingly harmless sprinkles more concerning than they appear. The trouble comes from what's inside them: nitrates, nitrites and other preservatives that can form potentially harmful compounds during processing and cooking.

Many store-bought barbecue sauces call for the same careful look. They're often packed with added sugars, high-fructose corn syrup



and a long list of ultra-processed ingredients. Over time, that combination can contribute to metabolic problems while adding to your body's overall toxic load. The real issue isn't enjoying a favorite sauce now and then on a special occasion. It's the daily pattern of reaching for these products that adds up, giving you plenty of refined sugar and artificial additives with little real nutrition in return.

The good news is that flavor doesn't have to come from a factory. Turning back to simple, whole-food ingredients is one of the easiest ways to brighten a meal without the unwanted extras. Fresh herbs, garlic, onions, homemade salsa and a good mix of spices can transform your food naturally. These small swaps might feel insignificant in the moment, but over the years, choosing real ingredients over processed toppings becomes a meaningful part of supporting your long-term health.

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*



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By Noel Aldrich, PhD, CNS
Licensed Nutritionist

This time of year, the outdoor temperatures are rising higher and the need for some cool, refreshing beverage is obvious. The human body is about 70% water, and maintaining this level of water in the body becomes a life-long practice. Water is important for all the chemical processes that are happening in the body every minute. When water concentration decreases the chemical process will slow down waiting for the right amount of water to be available. One of the primary causes of fatigue and lack of energy may be the lack of water inside the body.

Brain function and clarity of thinking can decrease when not enough water is consumed. A study published by BMC Medicine in 2023 followed almost 2000 participants who were 55 – 75 yrs old. Eighty percent of the participants met the standard for adequate water intake, but the measure of water in the blood serum of fifty-six percent of the participants were at dehydration levels. There was a strong association between dehydration and

lower brain function.

This study shows us that even though water was consumed, there were not enough minerals in the water to help properly balance the water inside the cells of the body compared to outside the cells. The difference in the amount of water inside the cell compared to outside the cell is controlled by the electrolytes. When the electrolytes are provided through quality foods and seasonings, the water balance will reach optimum levels that result in energy production. Energy cannot be produced without a proper water balance.

While water is the primary molecule in the body, there is a balance of minerals in the water that make the chemistry work. Calcium, magnesium, sodium, potassium, and carbon dioxide are the primary minerals used in the body for healthy cell communication. These electrolytes are very carefully controlled by the body because an imbalance of any of these minerals can cause communication problems between the cells of the body. Electrolyte imbalances are related to heart problems, kidney problems, and brain dysfunction as noted in the study above.

Some will reach for coffee or a caffeinated drink to achieve an energy boost. While a brief boost will be generated from the body's urgent response to get rid of the caffeine, the long-term result will be greater dehydration. Coffee and caffeinated drinks cause the body to become more dehydrated over time because these drinks do not provide water but stimulate the kidneys to get rid of more water. Over time fatigue increases with greater dehydration.

To promote greater energy and hydration, consider the following points:

- Make a habit of drinking water throughout the day. A general guideline is to drink half of your body weight in fluid ounces. (A per-



son weighing 128 pounds would drink 64 oz = 8 cups)

- If your urine is dark yellow, this is a sign of dehydration. More water is needed
- Consume fresh foods that contain water like cucumbers, melons, berries, and salads
- Consider quality salts – Himalayan, Celtic, Sea salt – to be added to foods or water
- Identify an electrolyte mix that contains calcium, magnesium, sodium, and potassium without any added sugar. This electrolyte mix may be used once a day to improve electrolyte balance and water absorption inside

the body

If you are struggling with fatigue and lack of energy, I can help identify the cause and provide support for improving your quality of life. Contact me to discuss your health goals for the coming year. Nutrition is designed for healing. I can help you reach greater health freedom in 2026. Contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

**Information and opinions expressed in this article are those of the author and may not reflect those of The Messenger.*



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Belonging and Ownership



By Benya Kraus
President & CEO Southern
Minnesota Initiative
Foundation

Who gets to own a piece of the future? Ownership — of land, of livelihood, of voice — was central to the American experiment. In southern Minnesota, it remains central to the work of building vibrant, resilient communities. And for many people, belonging begins with having the opportunity to shape what comes next.

Belonging isn't just about feeling welcome. It's about feeling like you can build something. That you can own your personal future and, if you choose, help shape your community's future too. When people feel that sense of ownership, they invest. They start businesses. They volunteer. They stay.

At Southern Minnesota Initiative Foundation (SMIF), we see this every day. Through our, now combined, economic development grants, we see it in immigrant farm families working with Rochester-based Village Agricultural Cooperative, where expanded growing sites, irrigation infrastructure and market support helped 12 families move from subsistence farming to selling products in local markets and building ownership of their economic future. We see it in rural business

owners across Sibley County who received succession-planning support so locally owned businesses can remain locally rooted for the next generation.

Local ownership extends beyond business ownership, too. One of the biggest draws of small town living is that the smaller population requires you to take on bigger leadership roles — to take ownership in shaping the future of your community alongside people who have a share in that future, too. Through our Small Town Grants, community members in Eyota launched the "Hello Eyota" initiative to create a welcoming experience for new residents, helping them connect with local resources and opportunities to get involved from day one. In Adams, residents are coming together for a community Day of Caring to build a pickleball court themselves, transforming a shared idea into a shared asset and a place to get to know your neighbor. And in Spring Grove, a community newspaper is being launched to provide a platform where more voices can be heard and represented. These projects are different in scope, but they share a common thread: residents stepping forward to shape both the identity and future of their communities.

The work is rarely tidy. Collaboration can be messy. Progress often takes conversation, creativity and the courage of everyday people who decide they have a stake in what comes next. When someone feels they can own even a small part of their community's story, they show up differently. They see possibility. They build.

That's why SMIF has two grant rounds open this summer: our Economic Development Grant is open until August 10, and our Small Town Grant is open until August 19. Whether it be strengthening ownership through small business, or through volunteering alongside neighbors to drive a collaborative project forward for your small town, we know a simple truth: When people can own a piece of their community's story, economic opportunity follows. And when economic opportunity grows, belonging deepens. The two are inseparable.

Small towns thrive when residents feel empowered to say, "This is my place. I helped build this." That sense of shared ownership is what transforms a town from a dot on the

map into a home.

Building a more inclusive and prosperous society requires humor, heart and the belief that ordinary people can shape extraordinary futures. Southern Minnesota's small towns embody that nation-building spirit every day. With this grant cycle, we hope to support

even more communities in writing their next chapter — one where more people can own a piece of the future and where everyone has the opportunity to belong.

As always, I welcome your comments and questions. You can reach me at benyak@smifoundation.org or 507-455-3215.

Heartbreaking Stories: The Human Side of Fraud



Rep. Pam Altendorf (R)
District: 20A

PEOPLE SUFFER UNDER BAD GOVERNMENTS

Not long ago, I penned a column highlighting the human side of fraud. Minnesota's \$9 billion in fraud is a staggering number, and too often we don't look past the dollar signs when considering the damage being caused by the rampant fraud in this state.

There was the story of a Lake City family whose elderly father nearly died after being placed in a shady Metro area facility who cashed their checks but failed to care for and feed him.

Across the State of Minnesota, we are also seeing a tragic epidemic of legitimate Medicaid providers struggling to stay open and many unnecessarily burdened by the overwhelming process the Walz administration created to validate them.

To better ensure federal dollars wouldn't continue to be swindled through human services programs in Minnesota, the Trump administration froze \$243 million in Medicaid funding after saying Minnesota had not adequately addressed fraud in certain programs. The state adopted a corrective action plan, which included a requirement that the state implement a revalidation program for high-risk service providers by the end of May. This revalidation process includes site visits and documentation reviews to ensure program integrity.

DHS said it was on track to complete the revalidation process by May 31. But that didn't happen, and many legit providers in Greater Minnesota saw a significant loss of funding. Many others were wrongly marked as terminated and funding stopped all together.

Great River Homes is one of these providers, which serves people with disabilities throughout Wabasha County. This organization did everything right by submitting its documentation well in advance and checking every box. Yet the only reason it was terminated from the Medicaid reimbursement program was due to DHS failing to perform an annual site visit.

This was beyond the control of Great River Homes. It's a task that must be put into motion solely by DHS, and it failed to do so. Because of this, Great River Homes has been put under extreme stress and have been struggling mightily to provide uninterrupted care to residents who desperately need it.

This processing delay from DHS, who claimed everything was on track for successful completion before June 1, is the latest example of complete mismanagement from Governor Walz's administration. The level of incompetency that continues to be shown from this crew honestly defies belief.

Several failures could have been prevented. First, the unrealistic timeline to process over 5,000 Medicaid providers. Second, the decision by DHS to not seek an extension. Third, including providers with a proven track record in the revalidation process. The Walz administration could have focused on new organizations created since Covid, but for some reason none of these options were considered and legitimate providers are now suffering and many are predicting closures.

Federal funding is being held because the Walz administration did nothing to stop and prevent fraud. The federal government stepped in and tasked Minnesota with ensuring that the true providers, who are honestly doing the Lord's work, were complying so they could continue providing services without financial interruption. And DHS managed to mess that up as well.

In essence, providers like Great River Homes are being punished twice, once for DHS' failure to prevent money they should have received from being stolen by fraudsters, and once for failing to perform an administrative duty so they could continue functioning financially.

Great River Homes residents, along with Executive Director Cari McCann, visit me yearly at the Capitol and my office has been working to help escalate the need to resolve their issues with DHS. In talking to Cari, I know she has spent countless hours on redundant data requests. She has stated the process is ridiculous and has never received a response through the portal in which they are instructed to use.

This is a terrible way to treat legitimate caregivers and no one should accept this as competent governance.

This is yet another local example of the human side of fraud: harming the people in need who rely on government funding as well as the angels who selflessly serve them.

To the Editor:

May freedom ring loud and clear.

This July we celebrate two hundred and fifty years of Freedom! During this month we don't just light sparklers. But rather across our state we are lighting that old flame of Freedom! Liberty! and Patriotism! Here in Minnesota, we know the value of hard work and aren't afraid to show up to lend a helping hand. We continue to live out the American Spirit. Our country was made a reality by those who dared to dream, work and sacrifice for a better tomorrow, and that's how we keep our State and Country free.

It's time to take our country back. Back for faith, family, freedom, hard work, and honest conversation. Back to the simple truth that our rights come from God, not from government; and that We the People are responsible for what we leave to the next generation.

So let's stand tall, fly our flag, speak with courage and teach our kids to love this land. We can't do everything but we all must do something! Our Country's future is in our hands. It only takes a spark of courage in truth to ignite a wave of patriotism! Let's live out the American Spirit!

God bless Minnesota. God bless the United States of America. And may freedom ring today and every day!

Sara Bertschinger
Pine Island MN

**Opinions expressed in Letters to the Editor are not necessarily those of The Messenger.*

Goodhue City Council Work Meeting Minutes

City Hall ~ July 8, 2026 ~ 6:00 p.m.

Members Present: Acting Mayor Eric Brandt, Council Members Michael Brunkhorst and Katie Kurtti

Members Absent: Mayor Chris Schmidt, Council member Jeannine Nagel

Others Present: Lisa Redepinning, City Administrator, Lori Luhman, Administrative Assistant/City Clerk, Roger Ballstadt

Remote: None

Call to Order

Acting Mayor Brandt called the meeting to order at 6:00 p.m.

Approve or amend Agenda

A motion to approve agenda made by Brunkhorst, seconded by Kurtti, motion carried 3-0-0.

Approval of Minutes

Motion to approve the June 24, 2026, city council meeting minutes was made by Kurtti, seconded by Brunkhorst, motion carried 3-0-0.

Approval of Bills

A motion was made to approve the bills by Kurtti, seconded by Brunkhorst, motion carried 3-0-0.

New Business

JPA AGREEMENT

On behalf of the Goodhue Community Fire Truck Association - Joint Powers, Roger Ballstadt was present. The Joint Powers is requesting the city to consider support for training and documentation for the Joint Powers on the workers’ compensation and training reimbursement process during the transition and clarifying which fire department administrative tasks the city will retain and for how long. These duties include providing fire fighter applications, forwarding correspondence, and supporting training reimbursement submissions, due to city having full-time staff vs. fire department volunteer structure. May explore possibility of Joint Powers reimbursing the city for administrative work or transitioning the tasks over time. Suggestions were to offer support in the first year with a gradual handoff with the expectation that responsibility will eventually move to Joint Powers. City also noted that there is existing support with maintaining the generator for the fire department building. Council

and staff agreed to continue working with Joint Powers on administrative transition, support and possible reimbursement models.

CIP IDEAS

Council members submitted their CIP ideas, reviewed debt repayment options, requested past financial data and clarified some budget allocations.

Council members CIP wish list ideas consisted of:

- Expanding city trails to encircle the city and improve connection to new future housing development.
- Adding sidewalks and addressing safe routes to school
- Renovating Cranson Heights with native wildflower walk path (low maintenance/DNR grant potential)
- Adding permanent grills to parks
- Maintenance for existing playgrounds and park equipment Emphasized the priority for water and sewer before wish list items, and to track and plan for city building maintenance and equipment replacement. Staff will submit the CIP ideas and priorities to city engineer/planner.

2027 PRELIMINARY BUDGET

Council addressed and discussed revenue projections, expense increases, accounting clarifications on how staff salaries are allocated among funds, debt obligations and high interest payments on consolidated bonds. The consensus was to consider aggressive debt repayment strategies to save future interest. Council discussed TIF and Abatement and their impact on city finances. Discussed policy for maintaining a financial cushion and savings and transfer policies to maximize interest earnings on reserves. Council requested a copy of last year’s budget to compare it to this year to get a clearer year-end balance for better planning. Council also discussed staff compensation increases, overtime, and benefits budgeting. Council noted the need to do ongoing selfaudits to ensure all expenses are properly budgeted.

Committee Updates

Joint Powers Agreement: Duties done by City staff will be coordinated for transition/agreement.

Public Works Report

None

Administrator Comments

Administrator Redepinning noted that the

swimming pool has a significant increase in income and reduction in expenses compared to the previous year, which may be attributed to better weather and improved concessions management.

Council Comments

None

Mayor Comments

None

Adjournment

A motion to adjourn the meeting was made at 8:37 p.m. by Council Member Brunkhorst, seconded by Kurtti, motion carried 3-0-0. Respectfully submitted,
Lori Luhman, Administrative Assistant/City Clerk

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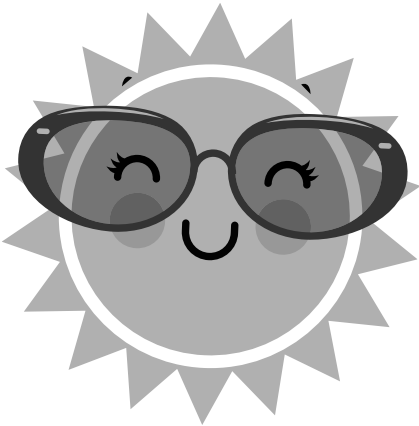
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NOTICE OF FILING DATES
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NOTICE is hereby given that Candidates can file Affidavits of Candidacy for the office of Mayor and three Council Members beginning at 8:00 AM on July 14, 2026, in the office of the City Clerk, City of Goodhue, 405 N Broadway, Goodhue, Minnesota. The last day on which affidavits may be filed is July 28, 2026, until 5:00 PM. Filing fee: \$2.00. Candidates may withdraw up until 5:00 PM on July 30, 2026.

The offices for which Affidavits of Candidacy can be filed are those of three Council Members and Mayor for the City of Goodhue. Two Council Members elected for regular four-year terms, one Council Member for a special 2-year term and Mayor for a two-year term.

Elections will be held on November 3, 2026, from 7:00 a.m. to 8:00 p.m. at the Goodhue Community Center/Lions Building at 105 Broadway St. Goodhue MN 55027.

Lori Luhman
Goodhue City Clerk

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- THEME: CAMPING
- ACROSS
1. Soapy enemy

5. Architect's software, acr.

8. Professional number cruncher, acr.

11. Through, to a poet

12. Z, NATO phonetic alphabet

13. Garden pest

15. Chinese monetary unit

16. Sportscaster Andrews

17. Certain water birds

18. *Luxury camping

20. Scratch's target

21. Same as coho

22. DNA transmitter

23. Explanation backed by evidence

26. Gottfried ____, calculus co-creator

30. R in rpm

31. Er on Periodic table

34. Bowling ball path

35. Arabic VIPs

37. .0000001 joule

38. Financial woes

39. Cecum, pl.

40. "Et tu, Brute?" speaker

42. Food morsel

43. Siren, e.g.

45. *__ camping, or camping without shelter

47. Siesta

48. "There it is," ‡ Paris

50. Gold or frankincense or myrrh, e.g.

52. *Fire starter

55. American chameleon

56. Antioxidant-rich berry

57. New Mexico art colony

59. Nymph chaser

60. Nonclerical

61. Poet Pound

62. High school parent org.

63. Be off base

64. Ready for picking
- DOWN
1. Eye infection

2. College party chant

3. Russia's __ Mountains

4. Western European city-state

5. Collectible in a cabinet

6. Skirt shape

7. Animal waste

8. Chocolate candy, to a Brit

9. Essence

10. Marketing creations

12. Gentle breeze

13. Raspberry drupelets

14. *Like drinking water

19. Customs and conventions

22. "Losing My Religion" band

23. *Leave no ____

24. Egyptian falcon god

25. Put out on a curb

26. Totes or tugs

27. Orient's bigwig

28. Preface, e.g.

29. Piquant

32. *__ bag or __ canister

33. Rage

36. *Waterproof cover (2 words)

38. Funny

40. Large edible mushroom

41. Of low pH

44. Serve food at events

46. Restaurant staff member

48. "The ____ of Wakefield"

49. On the radio (2 words)

50. *Annoying biting fly

51. Tiny quantity

52. Leafy green

53. Like Hitler's Germany

54. *Good Ol' Raisins and Peanuts

55. Venomous snake

58. Greek letters on campus

SUDOKU ANSWERS

7	2	5	9	3	8	1	4	6
6	9	3	7	2	4	6	5	8
4	6	8	1	5	9	7	3	2
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9	1	7	2	6	5	4	3	8
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S	C	U	M		C	A	D							

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	8	6			7	3		
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

