



Goodhue-Bellechester Messenger

PRSR STD
U.S. POSTAGE PAID
PERMIT #2
Dennison, MN 55018

Postal Customer
ECRWSS

SEPTEMBER 3, 2026

Volume 22 • Issue 9 • \$1.00

Announcements

• We will be having our fall ATV safety training class for kids ages 10-15 on Sunday Oct. 18 in Goodhue. This is an online course where they have to do the online training and pass that test before they can come take our class. If you would like to register your kids, please email Paula Wagner at operationpaula@gmail.com. Class size is limited. In Minnesota ATV operators born after July 1, 1987 are required to complete an approved safety course before riding on public lands.

(continued on page 2)

GHS Class of 1976 Celebrates 50 Years

(page 11)

DONALD REESE'S 100TH BIRTHDAY 2 Day celebration

Saturday, Sep. 12th
Starts: 10AM

Where: Reese Century Farm
(21301 390th St, Goodhue MN)
Threshing, Plowing, Bailing, &
More!

If the event is rained out, the Farming Show will be on the 19th

Sunday, Sep. 13th
Open House: 1 - 4PM
Where: St. John's Church
Rural Goodhue
(36620 Cty 4 Blvd)



Chuck Schwartau Named to NACAA Hall of Fame

At the 2026 national meeting of the National Association of County Agricultural Agents (NACAA) Chuck Schwartau, Goodhue, MN, was one of four members nationwide named to the association's Hall of Fame.

During his 38 years with University of MN Extension, Chuck served various roles. For about 15 years, Chuck was one of the few Extension Educators in the country who focused on dairy labor management. As a result, Chuck has been an invited speaker at several regional, national, and international conferences and written articles and recurring columns in over a dozen ag publications in the U.S. and other countries.

He was instrumental in developing the Farm Beginnings® program to help young

farmers get started with practical knowledge of ag production and management (utilized now by at least fourteen states).

Use of tools he helped develop to assess a dairy's management, grew into the MN Dairy Initiative. Chuck organized more than fifty dairy farm advisory teams in his region, and he helped write and teach an extensive 12-hour dairy labor management curriculum.

Chuck's survey of all Minnesota dairies with over 150 cows was instrumental in developing labor management programs.

(continued on page 5)

Pictured to the right:

Hall of Fame Presentation: JJ Jones, NACAA President, Chuck Schwartau, Carol Schwartau



Goodhue Lions 62nd Annual Chicken BBQ



Goodhue Lion's members grilling some of the 4,000 pounds of meat for their 62nd annual chicken BBQ Sunday, August 16th. (additional pictures on page 6)

Zumbro Valley Chorus Front Porch Practice

By Beth Brekke

The sweet sound of the Sweet Adelines' voices drifted across Deb Stern's lawn Tuesday evening, August 18th. 17 members of the Zumbro Valley Chorus, a Rochester chapter of Sweet Adelines International since 1966, held a public practice in preparation for a special 60th anniversary performance to be held September 26th. Sweet Adelines International is the world's largest womens' singing organization. Their mission is to share the joy of four-part barbershop harmony, lasting friendship, music education, and exciting performance opportunities.

(continued on page 4)



The Zumbro Valley Chorus practices on Deb Stern's front porch August 18th.

MANTHEI Septic Service

507-753-2408
507-273-1999



- We Install Lift Pumps
- Opening Sewer Lines
- Tank Finder

We Service Goodhue,
Bellechester, Mazeppa
and Zumbro Falls



We are at your service -
BIG or SMALL,
we do it all!

Corey Klein, Owner

For All Your 'HAULING' and 'REPAIR' Needs

Call Us Today! 507-843-8789

MOBILE SERVICE AVAILABLE

828 Chestnut St. NE, Mazeppa, MN 55956

FREE
ESTIMATES!

Religion

Pastors Corner

By Pastor Marty Weigand
Grace and St. Peter's Lutheran (WELS),
Goodhue, MN

Are you a "life-long-learner"? That has become a buzz-word to get across the idea that you shouldn't be satisfied to just rely on what

you learned in classes during your "regular" school years; you need to keep studying and learning throughout your life, in order to be a better worker and a better citizen, and get more out of life. I think there is a lot of truth to this idea. That doesn't mean you have to keep taking formal classes from an accredited educational institution- there are many other ways to keep learning throughout your life.

But how about your life as a Christian? Should you be a "life-longer-learner" of the Christian faith? Most definitely! God inspired the Apostle Peter to write the Book of the Bible we know as 2 Peter, to Christians who were already "firmly established in the truth" (2 Peter 1:12 NIV). He urged them to remember and hold on to what they had already learned. But he didn't stop there. In the last verse of his letter (2 Peter 3:18 NIV) he told them this: "But grow in the grace and knowledge of our Lord and Savior Jesus Christ."

Why is it important for people who already know Jesus as their Savior to grow in their knowledge of him?

1. So we don't lose what we have in Christ. As you keep learning more of your Savior each day, you are more likely to keep him in your heart and mind and not let the distractions of this world crowd him out of your heart and life. And the better you know Jesus, and the words he spoke, and the truth that God's word says about him, the less likely you are to be deceived by people who tell lies about him and try to twist what he

said. (Peter warned against such people in 2 Peter 3:16-17)

2. So we have more peace, fulfillment and joy in Christ right now. One example: In Isaiah 25:6-9 there is a beautiful, poetic description of the victory over death that God will give us in Jesus, and the joy we will have when we see our Lord. I didn't even know those words were in the Bible until I was reading through Isaiah in my own personal Bible reading in my high school years- and what joy they have given me many times since then when I go back to them and let them remind me how good it's going to be when we are with the Lord in heaven.

3. So God can equip us to bless others. One example: You may talk with someone one day who has a hard time believing God would forgive someone who has done what they've done. The more passages and examples in God's word that you have learned that have given you assurance of the forgiveness of your sins, the more ammunition you have to help someone else who needs the same assurance. (What passages and examples would you use? I would suggest Jesus' parables in Luke, Chapter 15; the examples of the thief on the cross (Luke 23:41-43), and of Paul, the former persecutor of Christians (1 Timothy 1:12-16), and the passage about Jesus in Acts 10:43 (NIV)- "Everyone who believes in him receives forgiveness of sins through his name."; as some good ones. There are many others! And there are other truths people need to hear, and other ways

God has given you to bless them, that God will equip you for as you grow in the knowledge of your Lord and Savior Jesus Christ.

How can you grow in the grace and knowledge of Jesus Christ throughout your life?

There is only one way; but there are many ways to use this one way.

God's word, that he's given us in the Holy Scriptures, is what the Holy Spirit uses to strengthen us in faith in Christ, and increase our knowledge of Christ, and fill us more with his grace- his undeserved love for us in Christ- living and working in our hearts. So feed your mind and heart on God's word.

But there are so many ways to do this! Formal classes like the confirmation classes, Sunday School and adult Bible Classes the churches I serve offer; hearing God's word read, sung and preached on together with your fellow Christians at worship services; going to your pastor or a seasoned fellow Christian with your questions and hearing what word of God they point you to; talking about what's going on in your daily life with a Christian friend or family member, and hearing from them what word of Christ or truth of God's word really helped them with a certain situation.

Don't be satisfied with just going through confirmation class or Sunday School as a youth and then being pretty much done with learning anything more about Christ; instead, do what Peter said: "But grow in the grace and knowledge of our Lord and Savior Jesus Christ." God will bless you as you do!

Announcements

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **Hiawatha Valley Genealogy Society** meets the second Tuesday of each month at 10 a.m. at the Goodhue County History Center 1166 Oak St. Red Wing. Shirleen Hoffman's presentation, Sept. 8 is titled "Beyond Beginning Genealogy: You've Found the Easy Answers. Now Find the Rest." Your first meeting is complimentary!

• **Three Rivers Community Action** is currently accepting new Meals On Wheels clients in the communities of Bellevue, Zumbrota, Mazeppa, Goodhue, Pine Island, Kenyon, Wabasha and Wamamingo. Receive a hot meal delivered to your home by a volunteer at lunch time up to 5 days per week. To qualify you must be 60 or older, live within city limits, have limited mobility and/or are unable to prepare nutritious meals. The suggested donation is \$5-\$10 per meal. Please contact Three Rivers at 507-316-0610 or email: oas@threeriverscap.org

Do you have an announcement?
Email: hometownmessenger@gmail.com



Business & Subscription Office

P.O. Box 125

Dennison, MN 55018

Phone: 507-649-3327

Fax: 507-645-9878

www.goodhuemn.com

For Advertising Information,

Contact Journey Parsons at (507) 384-1521

Terry Campbell at (507) 951-7417

Office: (507) 649-3327

Email: hometownmessenger@gmail.com

Published in cooperation with
Mainstreet Publishing Minnesota, Inc.
© 2026, Goodhue-Bellechester Messenger.
All rights reserved.



HOLY TRINITY CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
211 4th St. N., Goodhue • 923-4472
Parish Office Hours, Mon.: 9:00AM - 2:00PM
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)
Tues.: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

ST. MARY'S CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
221 Chester Avenue • 923-4472
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass
Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

ST. COLUMBKILL CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
County Road 47, Goodhue • 923-4472
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sun.: 10:30AM Holy Mass
Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
39774 Co. 4 Blvd., Goodhue • 651-923-4624
gracelutheranchurch@gmail.com • www.gracestpeters.org
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's.
8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY The Heart Command

I would not have known what coveting really was if the law had not said, "You shall not covet." — Romans 7:7

Most people agree that the commandments we have been discussing lately—about promoting justice, honesty, respect for others and their property, and more—offer clear, practical boundaries for living together in society. Guidelines like these are found in all kinds of societies around the world.

We might even think, like many of God's people in ancient Israel did, that keeping these commands is possible. But the law doesn't satisfy God's requirements for our hearts. The apostle Paul painfully realized this when he wrestled with the darkness in his own heart. Though he thought he had been able to keep these commandments through his actions, he was cut to the heart when he read, "You shall not covet." God commands that we show love not only through our actions but also with our hearts. By this standard, we are all guilty of failing to love others.

Thankfully, our heart problem can be solved. "While we were still sinners," Paul writes in Romans 5:8, "Christ died for us." Jesus is the only one who could ever satisfy the demands of God's law for perfect obedience and love. And since we are forgiven through Jesus' sacrifice for our sake, the Holy Spirit gives us new hearts directed toward loving God and our neighbors.

Our new life in Christ moves us beyond mere outward obedience. By trusting Jesus, our restless hearts find true satisfaction in him alone, so that we can truly love others.

Jesus, thank you for rescuing us. By your Spirit, fill our hearts so that we can love others as you have loved us. Amen.

ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kurnicki
Minneola Twp. Co. Rd. 7, rural Zumbrota
Sunday Worship 10:00 a.m.; Communion 3rd Sunday
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz
28961 365th St., Goodhue
651-923-4438
Email: stpeter@sleepyeyetel.net
9:30a.m. Sunday School
10:30a.m. Worship

Email your church announcements,
schedule to the Messenger at:
hometownmessenger@gmail.com

MINNEOLA LUTHERAN CHURCH

Pastor Judy Thompson-Reitz
www.minneolalutheranchurch.com
13628 Cty. 50 Blvd., Goodhue
Office line: (507) 218-7177 Pastoral Care: 507-218-9063
Sunday School (first two Sundays of month) 9:30a.m.
Worship at 9:00a.m. (Communion on 2nd and 4th Sundays)

ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert
36620 Co. 4 Blvd., Goodhue • 651-923-4773
Sunday 9:00am Worship
Communion offered on the 2nd & 4th Sundays.

ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson • www.stlukegoodhue.org
37750 County 6 Blvd., Goodhue, MN 55027
Email: office@stlukegoodhue.org • 651-998-7106
8:30a.m. Sunday School; 9:30a.m. Sunday Worship
6:45p.m. Wednesday Worship

ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
702 West Third Ave., Goodhue, MN • 715-441-5086
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m. at Grace.
Sunday Bible Study at 9:30a.m.,
Confirmation Class 5:45p.m. on Wednesday,
8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.

LANDS LUTHERAN CHURCH

Pastor: David Krinke, Email: pastordavid@landslutheran.org
Pastor: Nikki Rockne, Email: pastornikki@landslutheran.org
P O Box 225/16640 Hwy 60 Blvd, Zumbrota, MN (507) 732-5482
Web Site: www.landslutheran.org
Facebook: Lands Lutheran Church
9:00a.m. Service at Everson Park, next to the church
FALL SCHEDULE BEGINS SEPTEMBER 13:
Sunday mornings: 8:30a.m. Contemporary Worship Service & on Facebook; 9:30a.m. Sunday School;
10:30a.m. Traditional Worship Service & on Facebook
Wednesday Evenings: 6:15p.m. Confirmation;
6:15p.m. Worship & on Facebook; 7:00p.m. Adult Study

Marlyn "Lex" Leonard Lexvold

Marlyn "Lex" Leonard Lexvold, 97, died Wednesday, August 12, 2026 at Elysian Fields of Red Wing, Minnesota under the of St. Croix Hospice. Marlyn was born on May 8, 1929 in Red Wing, Minnesota to Leonard and Edna (Knutson) Lexvold. He

graduated from Goodhue High School in 1948. Marlyn Lexvold was united in marriage to Lorraine Buck on May 29, 1954 in Minnesota. To this union they were blessed with four children, Barbara and Brenda (twins), Debbie, and Mark. They lived together in Red Wing, Minnesota and then Cedar Grove, Minnesota until 1969 when they moved to Colorado.

Marlyn served in the National Guard from 1950-1952. He worked as a mechanic on ground equipment for airlines, including for Braniff Airlines from 1964-1982 and Aspen Airways from 1983-1990, until his retirement. Marlyn was a devoted Catholic and attended Mass regularly no matter where he was. In his free time, he enjoyed gardening and landscaping. He also was a jack-of-all-trades and a tinkerer who enjoyed projects, building things, and working on cars.

Marlyn is survived by his children, Brenda

(Phil) Stevens of Red Wing, Minnesota, Debbie (Ken) Lange of Parker, Colorado, and Mark Lexvold of Lake City, Minnesota; six grandchildren, Kristi (Kyle), Jodi (Kyle), Jeff, Kari (Justin), Katie (Michael), and Emily (Jordan); and six great-grandchildren, Jordin, Veda, Skye, Karsen, Ozzie, and Lainey. He was preceded in death by his daughter, Barbara; wife, Lorraine; sister, Arlene Logan; and his parents, Leonard and Edna.

Mass of Resurrection was at 11:00 a.m. on Friday, August 28, 2026 at the Church of St. Joseph. Father Jose Cortes officiated. Visitation was one hour prior to mass from 10:00 - 11:00 a.m. at the church. Entombment took place at Calvary Cemetery in Red Wing, Minnesota. Arrangements have been entrusted to the Mahn Family Funeral Home, Bodelson-Mahn Chapel in Red Wing.

Harriet Wiederholt

Harriet Wiederholt, a cornerstone of the Miesville community and the beloved matriarch of the Wiederholt family, passed away peacefully on Tuesday evening, August 25, 2026, at the age of 102. A woman of unshakeable faith, profound kindness, and fierce work

ethic, Harriet leaves behind a legacy beautifully woven into her family she loved unconditionally.

Born at home in Douglas Township on August 21, 1924, to John and Jeanette (Schaffer) Weber, Harriet Catherine was raised on a 120-acre farm. Though she quickly discovered that farm work "wasn't fit for girls" and resolved early on to build a life in town, her rural upbringing instilled in her a lifelong resilience. Academically gifted, she graduated from Hastings High School at just 16 years old, followed by attending the Minneapolis Business College, where she furthered her business knowledge that would be invaluable in her career.

Harriet's natural aptitude for business and leadership came to define her adult life. Alongside her beloved husband, Sylvester "Cy" Wiederholt, whom she married on June 6, 1946, they laid the foundation for Wiederholt's Supper Club in Miesville, Minnesota. Following Cy's untimely passing, Harriet proved her incredible strength by managing and operating three thriving local businesses started by Cy: the Supper Club, Vendrite, a 600-machine vending operation, and some Red Wing Shoe Stores.

For decades, she has been the iconic face and heart of Wiederholt's Supper Club. Positioned at the front door, she greeted generations of guests with an authentic smile, making every diner feel like a member of her own family. Her fierce work ethic was never bound by age; she took immense pride in her work and led by example, eventually passing the restaurant down to her sons, John and Charlie; John and Charlie later passed along the business to Charlie's son and daughter-in-law, Jesse and Becky Wiederholt. Seeing the restaurant remain in the family gave Harriet great pride and comfort.

Harriet's life was deeply rooted in her Catholic faith and the daily practice of the Rosary. It was this unwavering faith that gave her the strength to navigate profound personal losses, accepting the deaths of her husband Cy, her sons George and Gary, her

grandchildren Kelly and Jenny and her son-in-law Gordy Sanders with grace, holding onto the belief that all things rest in God's plan.

Though a tireless businesswoman, family always came first. Her home was famously transformed into a magical "Winter Wonderland" every Christmas, a tradition her grandchildren and great-grandchildren will always treasure. Harriet was also known for her calm composure at the card table, her sharp instincts, her talent as a left-handed golfer and bowler, her exceptional home-cooked meals, and her quiet, non-judgmental acceptance of everyone she encountered.

She was preceded in death by her parents; husband, Cy; sons, George and Gary; siblings, Bernard, Jerry, Alberta Horsch, John "Jack", Jim, and Ann McGree; granddaughters, Kelly Kochendorfer and Jenny Wiederholt-Pine; and by her son-in-law, Gordy Sanders.

Harriet is survived by her loving children, Jan (Bob), Charlie (Cheryl), John (Missy), Paul (Tammy), along with a large, adoring family of grandchildren, Jay (Bradley), Cory (Ami), Jesse (Becky), Lindsay (Chris), Hallie (Betsy), Talli (Joe) and great-grandchildren, nieces, nephews, and friends who will forever carry her lessons of kindness, humility, and hard work.

Mass of Christian Burial will be held 10:30 a.m. Friday, September 4, 2026, at St. Joseph Catholic Church in Miesville, with Father Andrew Brinkman and Father Michael Tix concelebrating. Interment will follow in the parish cemetery.

Family and friends are cordially invited to a visitation from 3:00 to 7:00 p.m. Thursday evening, and for one hour prior to Mass on Friday morning, all at the church.

In lieu of flowers, Harriet's family requests memorials be made to St. Joseph Catholic Church or to Hastings Health and Senior Living in Hastings in memory of Harriet.

Arrangements are being completed by Starkson Family Life Celebration Chapel of Hastings.

The Annual
Lutefisk and Norwegian Meatball Supper
Vang Lutheran Church
2060 County 49 Blvd
Dennison MN 55018
Saturday, October 3rd 2026



Menu:

Lutefisk with melted butter, Norwegian Meatballs with Gravy, Mashed Potatoes, Corn, Fruit Soup, Lefse and Norwegian baking's

Join us for our annual supper, buffet style

In church seating starts at 11:00am through last seating at 1:00pm and 4:00pm with last seating at 5:00pm.

No reservations are needed.

Groups of 8 or more please call church at 507-789-5186 to reserve a table.

Home or business delivery is by reservation only, from 11:30am-2:15pm and 4:30pm through 5:30pm.

Call 507-789-5186 and leave message.

We will confirm your reservation within 2-3 days.

Ticket price \$26.00 payments by check or cash call or email for reservations

#507-789-5186 vanglutefisk@gmail.com

Dolly Parton

"Global icon and humanitarian, Dolly Parton, known to the world as a beloved singer, songwriter, philanthropist, actress, playwright, and author died peacefully August 25, 2026 in Nashville, Tennessee. She was 80 years old.



OFFICIAL OBITUARY
of Dolly Parton
1946-2026

Dolly is preceded in death by her beloved husband of 59 years Carl Thomas Dean (1942 – 2025), her mother Avie Lee Caroline Owens (1923 – 2003), and father, Robert Lee Parton, Sr. (1921 – 2000).

A rhinestone life that shone bright enough for the world to see, Dolly will forever stand as an inspiration not only through her timeless music and prolific songwriting, but also her wit, warmth, and kindness that made us all feel like family. Dolly Parton's legacy is one of love,

compassion, and resilience. With a seven-decade career, she inspired multiple generations of artists and fans with her music and an unwavering commitment to making the world a better place. Her songs will continue to resonate with people of all ages, and her philanthropic work will have a lasting impact.

At Dolly's request, a small, private service will be held for immediate family. Dolly's fans and friends from around the world are encouraged to pay tribute to Dolly on social media by tagging @DollyParton or by leaving a message at www.dollyparton.com

In lieu of flowers the family asks for donations to be made to Dolly Parton's Imagination Library at www.imaginationlibrary.com"

Credit: Dolly Parton Social Media

Zumbro Valley Chorus Front Porch Practice

(continued from page 1)

Deb Stern has been a member of the group for 16 years and offered her front porch at 412 2nd Avenue in Goodhue for the public practice. The group performed a variety of fun songs that entertained about 30 folks on lawn chairs, with an additional audience walking by or stopping on the street in cars and golf carts. It was a perfect evening to gather for singing, indulging in some ice cream and to linger in conversation.

According to their website, www.zumbrovalleychorus.org, they are not a traditional classical choir. "Our repertoire spans from classic jazz to modern hits from the 1930s to today. We focus on the 'entertainment factor', bringing our songs to life with dynamic choreography, theatrical costuming and props,

and engaging musical commentary." For the Goodhue practice, the group wore purple-sleeved white jerseys with the Zumbro Valley Chorus logo on the front, and their last names and the number "60" in celebration of their milestone, on the back. Deb helped design and create the shirts at J-Hill Promotions.

The organization purchases their costumes and other needs through fundraisers and entertaining at events such as banquets, private parties and full-scale musical shows. The organization sometimes splits into smaller choral groups. With Deb a member of their Lady Slippers Quartet, they have sung at Goodhue's Christmas tree lighting and St. Luke's ladies' tea party. In addition to their paid performances, they also give back to local communities by visiting nursing homes and performing on the Rochester Cancer Telethon.

The Zumbro Valley Chorus will celebrate 60 years of harmony, friendship and community with a special anniversary performance. Everyone is invited to the Historic Chateau Theater, 15 1st St. SW, Rochester at 3:30pm on September 26th.

See more on their website listed above or visit the Zumbro Valley Sweet Adelines Facebook page.



Deb Stern, a 16-year member of the Zumbro Valley Chorus, hosted the group for a public practice on her front porch August 18th. Deb is standing second from the right in the front.



Community members gathered on Deb Stern's front lawn to listen to her chorus' practice and enjoy treats and fellowship.



Folks in lawn chairs and those passing by on 2nd Avenue enjoyed listening to the Zumbro Valley Chorus singing from member, Deb Stern's front porch.

Donald Reese's 100th Birthday

SEPTEMBER 12th

100-YEAR FARMING SHOW

2026



Celebrating Donald Reese's 100th Birthday

Starting at 10 AM there will be
Threshing, Picking, Plowing, Bailing and More!

Everyone is Welcome!!

Location: Reese Century Farm
21301 390th St, Goodhue, MN 55027

If event is rained out, Farming show will be the 19th



See you there!

Chuck Schwartau Named to NACAA Hall of Fame

(continued from page 1)

Chuck wrote and delivered a farm safety program emphasizing dairy farms and worked with University of Wisconsin-River Falls on a similar program for Wisconsin. The program was delivered to over two hundred farm units and morphed into a similar program for pork producers and certified custom manure applicators.

Chuck also wrote parts of a UMN beef correspondence course, reaching four Midwestern States, and conducted extensive research among dairy farm families in a four-county area about stresses on the dairy farm. He also worked with farm mediation, managing initiation of over two hundred requests for mediation by creditors and following through with over one hundred farms that requested mediation.

Chuck was a NACAA National Search for Excellence presenter four times, and had 3 National finalists, 6 Regional finalists, and

forty-four state-winning communications entries.

Chuck's service to NACAA is extensive, serving as the National Treasurer, NC-Regional Director, NC Region and National Communications Committee Chair, NACAA representative to the Education Foundation Board of Trustees, NACAA Education Foundation Trustee (currently), NACAA representative and NACAA program chair for JCEP's Galaxy III, and Chair of Joint Council of Extension Professional's Galaxy IV in Pittsburgh, PA (2013). He served as President of Minnesota Association of Extension Ag Professionals, consistently attended NACAA Annual Meeting /Professional Improvement Conferences, and was a NACAA Achievement Award (1989) and Distinguished Service Award (1994) recipient.

Chuck's humanitarian activities are extensive. Of note, Chuck was elected as a lifetime member to the MN State Agricultural Society (MN State Fair), a prestigious honor in recognition of his over 50 years of work with the fair.

He has served on numerous community advisory boards and committees, often in leadership positions. Among those are several terms on the church council for First Lutheran Church, Red Wing, 32 years on the Goodhue County Fair board of directors and over 40 years of multiple positions working at the Minnesota State Fair.

Over his 38-year career with the Extension Service, Chuck served in Dakota, Winona, Wabasha, and Goodhue Counties plus the Rochester Regional Office as a livestock educator and Regional Extension Director.



Chuck Schwartau speaking to NACAA banquet following Hall of Fame presentation

Farm Girl Chatter

Behind the ears, Keeping Cattle in the Landscape

By McKell Lemmerman

There's something about learning life from behind the ears of a horse that you can't learn anywhere else.

There's no steering wheel, gas pedal, or button you can push to make a horse do exactly what you want. You have to learn to communicate. You have to learn how to feel. You have to learn when to ask and when to simply let the horse do its job.

And then there's cattle.

Working cattle from horseback is an art. It isn't simply sitting in a saddle and steering. You have to understand the horse underneath you and the cattle in front of you. You learn how a cow moves, where they want to go, and how your horse needs to position itself to move them there.

A shift of your weight.

A turn of the reins.

A change in your horse's feet.

Sometimes, it's nothing more than putting yourself in the right place at the right time.

Your body controls the horse, and your horse helps control the cattle.

That is where the magic is.

Ranch rodeos, sorting, penning, cutting, and roping have carried pieces of that old Western way of life into today. The equipment may have changed, and the work may look different, but the partnership between horse, rider, and cattle remains.

There is grit in it.

There is patience in it.

And there is a whole lot of humility.

A good horse will teach you that you don't know as much as you think you do. A good cow will humble you even faster.

But that's why I keep coming back.

Because horses aren't just about riding. They're about learning a language without words. They're about trusting something with a mind of its own. They're about getting dusty, getting frustrated, making mistakes, climbing back on, and trying again.

They're about carrying forward a piece of the West that could easily be forgotten.

So, as the combines get ready for another harvest and the fields begin to turn, I find myself appreciating both sides of agriculture—the modern machinery that keeps our farms moving forward and the horses that remind us where we came from.

Maybe that's why, when someone asks me "Why horses?", I don't have just one answer.

Because no matter how much the world changes, there will always be something worth learning in the saddle.



We've Got Your Family's Back

Personalized insurance solutions to protect your family's future and security, no matter what.



www.vsgmi.com

COMMUNITY GROWN
INSURANCE
...you're covered!



Trust in Tomorrow.

Goodhue Agency

209 2nd Street
Goodhue, MN
Phone: 651-923-5268
Email: info@lakeshoreins.com

Lakeshore Agency

109 South Lakeshore Drive
Lake City, MN
Phone: 651-345-5667
Email: info@lakeshoreins.com

Nelson Agency

119 4th Street
Cannon Falls, MN
Phone: 507-263-3812
Email: info@nelsoninsurancecf.com

Sviggum Agency

133 Main Street
Wanamingo, MN
Phone: 507-824-5105
Email: agent@svigguminsurance.com

Kalass Agency

242 Main Street
Zumbrota, MN
Phone: 507-732-7614
Email: kalassagency@kalassagency.com

Goodhue Lions 62nd Annual Chicken BBQ



Around 2000 people went through the serving lines at the Goodhue Lion's Community Center. In addition to the chicken, baked potato, corn-on-the-cob and sides, there was ice cream, music and fellowship in the outdoor tents.



Lion's members, their families and volunteers helped serve the delicious meal at the 62nd annual chicken BBQ.



Goodhue Lion's sold raffle tickets for the side-x-side drawing to be held along with their ATV-UTV ride September 13th. The Lion's club donates money to many local organizations and community projects. For more information on the ride and raffle, contact Marty Kehren at 651-380-2888.

LANDS
"Through You I See..."

Join us for worship in person or on Facebook.
The fall schedule begins on September 13th.

8:30 Praise Service
9:30 Treat Time
10:30 Traditional Worship

Lands Lutheran Church
16680 Hwy 60 Blvd, Zumbrota MN 55992

GOODHUE LIONS
UTV RAFFLE

WIN:
2026 POLARIS RANGER 1000

TICKETS \$20 EACH

DRAWING DATE:
SEPT. 13, 2026
AT 3:00 P.M.

LANCIE'S PARK
35590 COUNTY 45 BLVD.
LAKE CITY, MN

TOGETHER, WE SERVE.

PROCEEDS BENEFIT GOODHUE LIONS CLUB
SERVING OUR COMMUNITY
THANK YOU FOR SUPPORTING GOODHUE LIONS!

Harvey Oliver & Opsahl

www.hoo.cpa
Call: 507-534-3837
Email: info@hoo.cpa

100 4th Ave, Suite 1, Plainview, MN 55964

From expert tax prep to streamlined bookkeeping, we can help.
Call us today!

Jolene Harvey, CPA • Michael Oliver, CPA • Ben Opsahl, Enrolled Agent • Colton Burke, CPA

Our Services

- Business & Personal Tax Service
- Tax Planning
- Bookkeeping & Payroll
- Financial Statement Preparation
- Business Consulting
- QuickBooks Pro Advisors
- Agricultural tax return preparation/bookkeeping/payroll

Serving clients in Plainview, Rochester, Zumbrota, St. Charles, Lake City & surrounding areas

Septic System Installation and Repair Excavating

Austin Thumann 651-380-0360
Licensed, Insured, Bonded

National Night Out 2026

By Beth Brekke

Night to Unite, also known as National Night Out, is an event meant to build commu-

nity bonds between citizens, businesses, and public safety organizations. Introduced by the National Association of Town Watch in 1984, "America's Night Out Against Crime" is celebrated in all 50 states, as well as U.S. territories, military bases, and Canadian cities.

The annual community-building event is generally held across Minnesota on the first Tuesday of August. Hosts are encouraged to gather outside with neighbors for block parties, cookouts, potlucks or ice cream socials, and enjoy yard games and music.

Coordinated alongside groups like the Min-



Goodhue Township neighbors gathered for a Night to Unite potluck supper and socializing in Jay and Teresa Voth's shed and yard on August 4th.

nesota Crime Prevention Association, attendees are reminded to lock their doors and turn on outside lights to promote neighborhood safety. Event activities can include visits from local police officers, firefighters, and public safety personnel distributing child safety resources and community awareness tools while strengthening police-community partnerships.

Goodhue fire chief, Derrick Weckerling

brought a fire truck for kids to check out at Jay and Teresa Voth's Goodhue Township gathering during this year's event on August 4. Several other neighborhoods both in town and in the country observed the evening including the Goodhue Living community which received a visit from Goodhue County Posse members and their horses, Toby and Dakota.

THE KING AND CROONER'S TRIBUTE SHOW & DANCE

Join us for this expanded tribute show featuring **Chris Olson's TRIBUTE TO ELVIS** and his **NEW RAT PACK TRIBUTE!**

Show Time Saturday, October 10 at 7:00 PM
at Sapphire Event Room and Cocktail Lounge
 Main Street - Dennison

Call today to reserve your show seat or make your dinner reservation!

507-645-9992

SHOW TICKET PRICE **\$30.00**

Enjoy dinner at The Fireside, then step next door for the show!

THE SAPPHIRE
Event Room & Cocktail Lounge

Powered by **Fireside**

37540 Goodhue Ave., Dennison, MN
 Hours: Wed. & Thurs. 11:00 AM-8:30 PM; Fri. & Sat. 11:00 AM-9:30 PM; Sun. 9:00 AM-8:00 PM
 Bar Open Later
www.firesidelounge.net

LIMITED SEATING AVAILABLE - RESERVE YOUR SEAT TODAY!

Toro
77501 Time Cutter Max
 23 hp Kawasaki Twin
 50" Iron Forged Deck
 19" Gaming Style Seat
\$4,099.99

502 Huseh St., Kenyon • 507-789-6321

PETERS INSURANCE
 A FARMERS UNION AGENCY

Farm • Crop • Home • Auto
Business • Life • Health

Ali Peters
 200 2nd Street N, Goodhue, MN
 651-401-6786
alison@fuainsurance.com

The 15U had a great season!



Submitted
In Stewartville on Sunday July 19 we had ended our season with a tournament, where we ended up bringng the Rings home!
A huge Thank You to Head Coach Andy Thomford for his time and talent.



GOODHUE

2026 WILDCAT FOOTBALL

WEEK	DATE	OPPONENT	
1	SEPT 4	TRITON	HOME
2	SEPT 11	RANDOLPH	AWAY
3	SEPT 18	LA CRESCENT	HOME
4	SEPT 25	LAKE CITY	AWAY
5	OCT 2	KENYON WANAMINGO	HOME
6	OCT 9	CANNON FALLS	AWAY
7	OCT 14	RED WING	HOME
8	OCT 20	CENTRAL NYA	AWAY

Goodhue Public Schools Welcomes New Staff



Courtesy of Goodhue Public Schools
Front L to R: Jess Stahman - School Nurse, Amanda Sand - Art LTS, Brooklyn Buersken-Para, Madeline Avila - MS English, Connor Case - ASL Interpreter, Julia Johnson - 5th Grade LTS. Middle L to R: Kelly Brewer - Para, Carrie Hansen - District SpEd Director, Michelle Gadiant - 4th Grade, Jen Diercks - 4th Grade, Holly Carlson - Speech LTS, Liza O'Brien - SpEd, Emilee Burr - Building Sub, Kindra Walstad - Social Worker, Breanna Holmes-Miller - Custodian, Mike Kurtti - Custodian, Gary Watson - Custodian, Tessa Breuer - Para. Not pictured: Patricia Bien - Kitchen Assistant, Kari Weibel - 4th Grade LTS.
Welcome to the Wildcat Family. We're happy to have you with us.

Come cheer on this fall our soccer team boys and girls!
Cannon Falls/Randolph/Goodhue soccer team

Submitted

CANNON FALLS BOMBERS

VARSITY SOCCER, BOYS - 2026-27

Schedule					
Date	Opponent(s)	Result	Ception	Location	
8/27/26	vs Plainview-Elgin-Millville	4:30 PM CT		Cannon Falls High School Stadium	
8/29/26	@ Mankato Loyola/LCWM/N/SC	11:00 AM CT		Mankato Loyola High School Soccer Field 1	
9/1/26	vs Lake City	4:30 PM CT		Cannon Falls High School Stadium	
9/3/26	@ Kasson-Mantorville	7:00 PM CT		Kasson-Mantorville High School KM Telecom Stadium	
9/8/26	vs Albert Lea	4:30 PM CT		Cannon Falls High School Stadium	
9/12/26	@ Fairmont	1:00 PM CT		Fairmont- Jeff Kot Fields Matt Nielsen Field	
9/15/26	vs Rochester Lourdes	4:30 PM CT		Cannon Falls High School Stadium	
9/17/26	@ Red Wing	7:00 PM CT		Red Wing High School Marshall Field (Stadium)	
9/22/26	@ Butterfield-Odin	4:30 PM CT		Butterfield-Odin United High School Soccer Field	
9/24/26	@ Byron	7:00 PM CT		Byron High School Outdoor Facilities Field #13 Stadium Turf Field	
9/25/26	vs Southwest Minnesota Christian	4:30 PM CT		Cannon Falls High School Stadium	
9/28/26	@ Tri-City United	7:00 PM CT		Tri-City United High School - Montgomery Sports Complex	
10/1/26	vs Stewartville	4:30 PM CT		Cannon Falls High School Stadium	
10/3/26	vs Schaeffer Academy	1:00 PM CT		Cannon Falls High School Stadium	
10/6/26	vs Wings United	4:30 PM CT		Cannon Falls High School Stadium	
10/8/26	@ Pine Island/Zumbrota-Mazeppa	7:00 PM CT		Pine Island Elementary School Varsity Soccer Field	

2026 Goodhue County Farm Family of the Year

REDWOOD FALLS — Families and growers from across Minnesota were represented as the University of Minnesota honored them in the 2026 Farm Family of the Year cere-

mony Thursday, August 6, at the annual Minnesota Farmfest near Redwood Falls. The event was held on the Gilfillan Estate in the Wick Buildings Farmfest Center.

Collectively, the selected families cover a wide spectrum of farming, from traditional crops and livestock to community-based ventures and operations producing an array of fruit, vegetables and flowers. They were selected by local University of Minnesota Extension committees based on the honorees' demonstrated commitment to enhancing and supporting agriculture.

"This year's Farm Families of the Year reflect the impressive strength — and incredible variety — of agriculture in our state," said Extension Dean Bev Durgan. "The University of Minnesota is proud to honor these families and their innovation and dedication to Minnesota agriculture."

Goodhue County

Representing Goodhue County this year is Cannon Valley Ranch at 14495 390th Street in Goodhue. The ranch was founded in 1984 by Bruce and LeeAnn Waugh who both grew up on farms and shared a passion for building a family farming operation of their own. In 2001, they relocated to their current ranch location and transitioned from a commercial cow-calf operation to an Angus seedstock enterprise. The Waughs raised three children on the farm and have four grandchildren.

Today, Cannon Valley Ranch markets Angus genetics to customers across the United States. In 2018, the family made the decision to add a ranch-to-table direct beef marketing business featuring premium Angus and Akaushi Wagyu beef. They have also



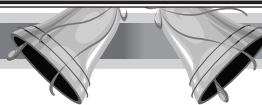
hosted "Taste of the Ranch" nights once a month, July through October, featuring live music, wagon ride tours of the property, and beverages.

The couple and their son Taylor Waugh are the owner-operators of the ranch. Taylor manages the cow herd and daily cattle operations. Son Aaron oversees beef marketing and meat business operations while also assisting with cattle and ranch activities. Their daughter Lindsay and her husband ranch in

North Dakota, where they are raising their four children.

The Waugh family is deeply committed to agriculture and community involvement. They have been active participants and supporters of both 4-H and FFA for many years. LeeAnn served on the Minnesota Beef Council Board of Directors while Bruce held leadership positions as president of the Minnesota Angus Association and the Three Rivers Cattlemen's Association.

Cannon Valley Ranch is also dedicated to conservation and agricultural education. The ranch has hosted tours and educational programs in partnership with the United States Department of Agriculture Natural Resources Conservation Service, Ag in the Classroom, and local Soil and Water Conservation Districts. In recognition of their stewardship efforts, Cannon Valley Ranch was named the Goodhue County Conservation Farm of the Year in 2025.



**Share your engagement,
birthday, wedding,
anniversary or
birth announcement**

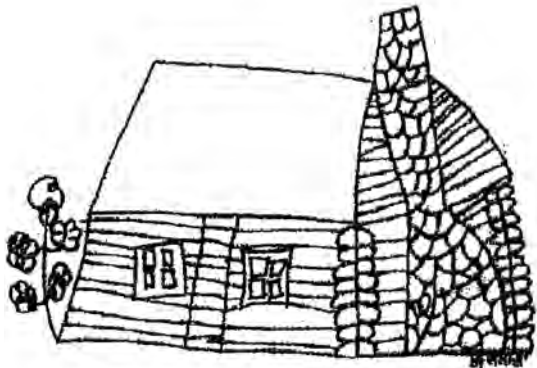
Email: hometownmessenger@gmail.com

Harvest Thyme Craft Show

Saturdays: October 3, 10, 17, 24

Sundays: October 4, 11, 18, 25

Hours: 10:00a.m. to 5:00p.m.



Place:

Lori & Darwin Amy
2290 County 49 Blvd. Dennison, MN 55018
Phone: 507-649-1009
Email: cabincrew@frontiernet.net



Look Us Up on Facebook Under Potpourri Mill

Rich's Auto Body

Your Collision Repair Specialist's



- ✓ Computerized Estimates
- ✓ Professional, Certified Technicians
- ✓ Complete Glass Service
- ✓ Unibody and Frame Alignment
- ✓ Custom Painting, Graphics & Lettering
- ✓ Color Match Guarantee

102 Viola Lane, Goodhue

M-F 8:00-5:00 or by appointment
651-923-4154

Southside Mini Storage

Safe, Secure Storage

Individual Units

Various Sizes

to Fit Your Needs

**651-923-4154 or
651-923-4371**

Goodhue County Fair



Ben Thomforde heads into the Friday night autocross at the Goodhue County Fair. Ben competed in the demo derby last year but this year his friends got him to try autocross for the first time. Ben estimated his expense as only \$100 after adding a box and working with his dad, Jeremy to prepare the truck given to him by Dicke-Do Dairy. He was one entrant away from qualifying for Friday's feature but the truck is still usable for future competitions.



A couple rain showers dampened the fairgrounds during the Goodhue County Fair August 11-15 but they didn't dampen the desire of the crowd waiting to enter the grandstand for the Friday night autocross.



Wayne Dankers (right) presents the Dustin Dankers Memorial Sportsmanship Award to Hannah Gudknecht during the Goodhue County Junior Holstein Show.



Your Hometown Messenger supporting the Goodhue County Fair.



(additional pictures at www.goodhuemn.com)

Goodhue COUNTY FAIR

Thank you to all of our sponsors, vendors, volunteers and partners for making the 2026 Goodhue County Fair a success!

See you in 2027!

Supreme Grand Champion Ag Partners Flavio Oimos Handyman Services Fireside Lounge & Supper Club Hometown Messenger Newspapers Dustin Vieths Trucking Wheat Trail Fencing Land O Lakes O'Brien Blading Kohlhofer Farms Grand Champion Brett Dankers Pumping Falk Collision-Zumbrota	Blue Ribbon Goodhue County Co-op Electric Association Mosaic Ben O'Connor Baling Allstate Peterbilt EDP Renewables H&M Auction Midwest Livestock Minnesota Ag Group Kasson Riverside Agency Securitiy State Bank of Kenyon Viking Coca Cola Wanamingo Mutual Insurance Lanesboro Sales Commission Hemingway Outback Fencing Seed Plus-Pioneer Seed Jeff tipton Knobelsdorff-KE Houghton's	Central Farm Service-CFS Central Livestock Association Metling Spraying Nieuber Baur Built Frandsen Bank Stern's Heating & Cooling Gadient Plumbing Bayer Crop Science Goodhue Insurance Kohlhofer Agency Inc Landproz Chandler Roofing & Construction A&J Design-Kenyon Arrow Tree Works LLC Cannon Valley Ranch Cat Country Tire DFA Dairy Farmers of America Finnesgaard Trucking First State Bank of Red Wing Graves Onlines Auction-Mazeppa Haas Livestock Sales Kibble Klein Trucking-Mazeppa Midwest Machinery Nelson Insurance-Cannon Falls Nygaard Repair/Lunch Ladies	River Road Repair State Farm-Lyle Wendroth Syngenta WD'z2 Bar & Grill Wilbur -Ellis Claremont Kielmeyer Construction Stockmen Supply Anderson Vet Zemke Roll-off Zemke Trucking LLC Heritage Bank Minnesota Gary Ring Painting Hernks Rock & Line PT Crops, LLC R & C Const Roscoe Center Red Angus Ryan Family Flock	Shane Electric Shea Desgin Siever's Creative D&S Banner, Sign & Print GMI Insurance/ Todd Greseth County Commissioner Goodhue Lion's Chicken BBQ Red Wing Rotary Club Countryside landscape First Impression Group Jenny's Greenhouse Joel's Greenhouse Castle Rock Bank Karolin Lex Ameriprise Financial West Concord Chiropractic Hader Trucking
Reserve Champion FCA LLC Becks Great Rivers Mutual Insurance Creative Concrete Designs Lodermeier's Inc NextEra Energy Resources Schumacher Excavating Inc Zumbrota Drivetrain-Auto Cross Zumbrota Telephone Pine Island Lumber Valley View Electric Ziegler CAT ag equipment	Red Ribbon Kohlhofer Agncey Mike Lohmann Trucking Security State Bank Wanamingo Tank Seed Solution Pioneer Treasure Island	White Ribbon First Farmers & Merchants Kenyon Ace Hardware Kevin's Service Lindstrom Equipment Sponsorship Matthees Oil Poncelet Metals Auto Crushing Reliable Heating & Cooling Revland Aligment	Townships Belle Creek • Belvidere Cannon Falls • Cherry Grove Featherstone • Florence Hay Creek • Holden Kenyon • Leon • Minneola Pine Island • Roscoe • Stanton Vasa • Wacouta • Wanamingo Warsaw • Welch • Zumbrota	

GHS Class of 1976 Celebrates 50 Years

By Beth Brekke

In 1976, The Apple Computer Company was founded, Jimmy Carter won the presidential election and the minimum hourly wage was boosted from \$2.10 to \$2.30. Disco music and punk rock grew very popular around the world but the British-American rock band, Wings, featuring Paul McCartney, had the number one spot on the charts with "Silly Love Songs." Elton John and Kiki Dee snagged the number 2 spot with their duet, "Don't Go Breaking My Heart." People crowded the theater to see the big box office winner, "Rocky" starring Sylvester Stallone.

Top TV shows included "Happy Days" starring Ron Howard as Richie Cunningham and Henry Winkler as Fonzie. Goodhue High School's 1976 senior class looked back on their own happy days of 50 years ago while reuniting this summer. 17 Class members participated in the Volksfest parade by riding in a wagon decked out in red, white and blue—the colors seen everywhere when the United States celebrated 200 years—the colors the class adopted for their graduation.

27 of the original 66 classmates gathered again at the Goodhue Lion's Community Cen-



GHS Class of '76 50 year reunion at the Lion's Club July 24, 2026.

Front Row Seated (L-R): Ann (Huneke) Buck, Sheila (Huneke) Kehren, Diane Buck, Nancy (Reese) Vickerman, Andi (Butler) Strusz, Deb (Gadient) Tutewohl, Peg (Johnson) Parks, Dan Robbins. Back Row (L-R): Dave Roschen, Heide (Kehren) Roberson, Deb (Burfeind) Austad, Julie (Lexvold) Schrimpf, Teresa (Arendt) Allers, Cindy (Nardinger) Fernandez, Mary Lou "Jane" (Larsen) Ramstad, Ann (Ramboldt) Nelson, Barb Gregoire, Dan Dettmer, Howie Schafer, Kay (Thomforde) Evans, Jim Hadler, Rod O'Conner, Tony Devine, Tobias Buck, Dan Nibbe, Kev Watson, and Kev Ryan.

ter on July 24th. The celebration events included touring the renovated school building, a catered meal, and trivia questions. A pictorial display honored these eleven deceased classmates: Joel Burfeind, Ann (Larson) Erickson, Ann "TC" (Ryan) (Gadient) Buckingham, Ray Gilsdorf, Sandy "Sam" (Benrud) Shuster, Larry Betcher, Mike Kehren, Cindy (Holst) Arendt, Sandy (Bremer) Van Stone, Tim Michner, and Laura (Majerus) Luhman.



Seated on the GHS Class of '76 Volksfest Parade Float (L-R): Ann (Huneke) Buck, Deb (Gadient) Tutewohl, Deb (Burfeind) Austad, MaryLou "Jane" (Larson) Ramstad, Dan Nibbe, Dave Roschen, Kevin Watson, and Rod O'Connor. Standing (L-R): Heide (Kehren) Roberson, Ann (Ramboldt) Nelson, Annette Gadient, Keith Lexvold, Kevin Ryan, Ken Gadient, Doug Quade, Peg (Johnson) Parks, and Lyle Dicke.



Here's to a fantastic school year!
Embrace every challenge
and celebrate every success.

Trust in Tomorrow.® Call us for help with all your insurance needs.

Jerry Tipcke
and Brandon Haidar
www.Vothinsurance.com
109 N Broadway
Goodhue, MN 55027
Phone: 651-923-4048
agent@vothinsurance.com



"Trust in Tomorrow," and the "A Grinnell Mutual Member" mark are property of Grinnell Mutual Reinsurance Company. ©Grinnell Mutual Reinsurance Company, 2021.

RIDGE

PEAK PREMIUM PERFORMANCE

Kawasaki

Let the Good Times Roll!



RIDGE® side x sides are built for advanced work and play. Experience off-roading like never before with game-changing performance and premium automotive-inspired features.

- New Kawasaki-Built 999cc, 92 HP*, In-Line Four-Cylinder Engine
- Factory Standard Full Cab w/ Heating, Ventilation & Air Conditioning (HVAC Models)
- On-The-Fly Electrically Selectable 4WD & Rear Differential Lock

*This vehicle's HP was measured according to ISO standard 4106. This ISO standard measures HP differently than the SAE standards by which the horsepower of many cars is measured, and as a result the referenced HP measurement may be higher than if it were measured by an SAE standard. WARN® VRX 45, the WARN logo and THE RED HOOK STRAP are registered trademarks of Warn Industries, Inc.

Lodermeier's Inc.
38241 Cty 6 Blvd
Goodhue, MN 55027
www.lodermeiers.net
651-923-4441



KAWASAKI CARES: Read Owner's Manual and all on-product warnings. Warning: The RIDGE® side x side can be hazardous to operate. For your safety, Always wear a helmet, eye protection and protective clothing. Never operate under the influence of drugs or alcohol. Avoid excessive speeds and stunt driving. Be extra careful on difficult terrain. Protect the environment. The Kawasaki RIDGE side x side is an off-highway vehicle only, and is not designed, equipped or manufactured for use on public streets, roads or highways. 2024 Kawasaki Motors Corp., U.S.A.

Scan with camera to view videos, key features and more.



Wheat Trail Festival: Country Music in the Country

By Beth Brekke

The live music business is valued at over 19 billion dollars with the country music genre representing nearly 15% of the total market share. Touring, ticket sales, and festival revenue account for the largest share of the multi-billion dollar industry. According to Google, approximately 35% of American adults—roughly 115 to 120 million people—attend at least one live concert or music event annually.

Concerts are put on in stadiums, arenas, outdoor amphitheaters and other venues. A country music artist may dream of performing at Nashville, Tennessee's Historic Ryman Auditorium or on the Grand Ole Opry broadcast. Most get their start in smaller, local places that allow a more intimate experience for artists and fans.

Goodhue's Wheat Trail Festival, held on July 24-25, provided both big and small stages in a unique country setting. Fans from near and far cheered for headlining act Eddie Montgomery, who has performed on big stages all over the country. It's a thrill to hear him sing of rusty tractors in the hit song, "My Town" and relate to him saying, "I'm pretty



damn proud of where I come from".

Rising stars, Noah Hicks and Dylan Scott also took to the big stage over the weekend. The more well-known acts may hang out with each other backstage, but the average concert-goer's personal interactions are limited to a look, a wave or a handshake. A few lucky ones will get to spend a few minutes and grab a photo with their favorites during a meet-and-greet.

It's sometimes hard to remember that these artists are regular people that came from a country background and started on the smaller stages. Playing on Wheat Trail's small stage was local favorite, Bryan Anderson. Anderson grew up on a Welch area dairy farm and works a regular job while pursuing his passion for music. You can find his



Ryan Coleman (center) plays on the side stage at Wheat Trail Festival.

music on platforms such as Spotify but you'll still find him chatting with old friends and making new ones whether he's entertaining at a local bar or sharing the big stage with a national act.

Also playing the side stage was Ryan Coleman, a country boy from Chalfont, Pennsylvania who felt right at home in rural Goodhue. Growing up on what he describes as "a gentleman's farm" of seven acres, he had draft horses and showed sheep and pigs as a 10 year 4-H member. He also milked cows on the weekends until that neighbor converted to a beef operation. The Coleman family later bought that farm and continues to raise cattle along with a hay cropping business. Ryan's two older brothers run the farm but he enjoys helping when he is home.

Ryan picked up a guitar at a young age, sang in church, and tried a little acting in college. He put together a band that practiced in the haybarn and decided to see if he could make a living with his talents. Starting out playing in the local scene four years ago, he says he loves the small venues where people can relate to the words and music. Putting his own experiences to music, he writes all his own songs.

Coleman's efforts eventually led him to Los Angeles where he auditioned and earned a spot on season 25 of the TV show, The Voice. Picked up by team Dan + Shay, he was eliminated from the competition after round two but filming took five months, being on set two weeks at a time. Ryan describes being

on the show as a career catalyst and great resume builder. He called it a great experience that gave him more name recognition.

Coleman's song, "A Time or Two" got some radio airplay and went to number 62 on the Music Row Country Radio Charts. His latest release is titled, "4-Door Ford" and can be heard, along with more of his work, on streaming services such as Spotify and on his website, www.ryancolemanmusic.com.

Wheat Trail Festival was Ryan's first experience in Minnesota. As a hunter, he looked forward to checking out its rumored plentiful white-tailed deer population. Getting here was not without complications and he arrived later than expected. The band missed the original scheduled flight following a show in Tennessee when their Uber driver failed to pick them up at the hotel, forcing them to catch a different flight out of North Carolina. Dylan Scott was also delayed due to having two flat tires on his tour bus.

Colman and Scott previously played shows together. That connection was one reason Ryan was booked for Wheat Trail Festival but he also had another connection. Ryan's fiancé, Natalie, and her parents live in Florida where they are seasonal neighbors and friends to Steve and Ginger (Ryan) O'Neill. The O'Neills, Natalie, her parents and Ryan's parents all made the trip to the festival held on Ginger's home farm. The group camped on the grounds, spending the weekend supporting Ryan and enjoying all the other shows and activities.



Ryan Coleman with his fiancée, Natalie. Ryan's parents made the 1200 mile, 3-day trip from Pennsylvania to Goodhue. The four of them and Natalie's parents, who have ties to Steve and Ginger (Ryan) O'Neill, camped together on the Ryan farm during Wheat Trail Festival.

WINE BINGO!

EVERY SATURDAY 12-2:30PM

Large groups are welcomed with reservations for 8 or more.

507-753-3131

60146 Hwy. 63, Zumbro Falls

Changes in Latitudes, Changes in Attitudes Observations in a Hospital Cafeteria



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now spends his time between Minnesota when it's warm here and Tennessee when it's cold here.

A year ago, I had an hour to pass waiting for someone at St. Mary's Hospital. I was looking for something to do while they had a test and took the occasion to walk to the patient and visitor cafeteria for lunch. As I sat there with my sandwich and a drink I observed others in the room. It was a rather sobering hour of reflection. A hospital does not catch you at the best in your day.

A family with three teenage kids was sitting by the wall. They were all focused on talking

and eating and sort of ignoring the one child, a boy in his late teens. He just sat there lost in thought not touching his food. The rest seem oblivious to his plight. I sensed that his mind was in a much darker place than his family was aware of. A young person should be filled with plans and dreams of the future and not staring down the dark tunnel of hopelessness.

A woman in her early thirties was sitting all alone at a small round table. She looked haggard and worried and seemed to be shouldering her sadness all by herself. There was a look of trepidation and fear etched in her face. The whole food thing was more of a distraction than a necessity, one was supposed to do it whether you were hungry or not. At noon you found food and then tried to tell your body to consume it because it was needed. Even if your body didn't want it or was ready to reject it.

A couple that looked to be in their sixties were sitting right behind me. While moving a chair to get more comfortable, the man bumped into me and said he was sorry. Then we struck up a conversation. He had been a working man all his life and a diagnosis had brought him to Rochester. They had exhausted all the remedies that the medical community had to offer, and he was resigned to the fate he was facing. His concern was more of how his wife would fare in the future without him. He didn't show any bitterness or remorse for the health problem that he was facing, but just a practical factual assessment of the situation. What was interesting was

that he wanted to talk to me about Jesus. He didn't believe that his life was particularly worth holding on to, but that there was something better awaiting him. He wanted to be sure his wife was cared for after he was gone and also share the comfort that he felt about where he was going.

The fourth couple sat at a small table to the left of me and I deduced that they were an old farm couple. He wore a seed corn hat and she was in a farm wife's house dress. They were finishing the meal and she was concerned that the extra packets of condiments were not wasted but taken home for a future use. A practical woman, being sure that nothing was wasted even though her body was wasting away from something she had no control of. He was uncomfortable in the surroundings, unsure of what he was going to do without her company in the future and completely helpless in the current situation. I felt a sense of somberness looking around



because I had lived through these age groups in my life. I had stopped at this cafeteria to pass an hour of time during my busy day and now I was witnessing four lives possibly watching what little time they had left slip through the hour glass of life. It is good to look at others through a different lens and feel empathy for what they may be going through. And take the time and effort to be kind because you never know what their life may actually be like.

Nuvera Announces Fiber Internet Expansion Project in Goodhue County

New Ulm, MN – Nuvera is expanding its fiber internet network in Goodhue County, bringing high-speed internet to 304 previously unserved and underserved homes and businesses.

The project is supported by \$3.21 million in Federal Community Project Funding championed by U.S. Rep. Angie Craig, U.S. Sen. Amy Klobuchar and U.S. Sen. Tina Smith. A map of the construction area can be found at nuvera.net/construction/updates.

The expansion continues Nuvera's commitment to extending reliable, high-speed broadband to rural communities and helping close the digital divide in the areas it serves.

"Reliable, high-speed internet is no longer a luxury—it's essential to how our communities live, work, and learn," said Nuvera CEO/President Glenn Zerbe. "We're proud to help minimize the digital divide community by community and deliver affordable gigabit broadband to more residents and businesses in Goodhue County."

Fiber internet offers customers symmetrical upload and download speeds, a dedicated connection that won't slow down during peak usage, and 99% reliability. These advantages support everything from remote work and online learning to running a modern business.

If customers have questions, they can contact Nuvera at 844.354.4111 or go to Nuvera.net for more information.

LABOR DAY WEEKEND

Rice County Steam & Gas Engines Welcomes You

Gates
Open 7am

51ST ANNUAL SHOW

September 4-6, 2026



FEATURING: Allis-Chalmers

- ALL MAKES & MODELS OF TRACTORS & EQUIPMENT ARE WELCOME -

* CORNHOLE TOURNAMENT

Saturday Afternoon, North side @ Music Bldg

* PARADE OF TRACTORS - DAILY @ NOON

* TRACTOR PULL - Sunday 9:00 am

* KIDS PEDAL PULL - Saturday 2:00 pm

* RAILROAD TRAIN RIDES - DAILY

LIVE MUSIC & BEER GARDEN

FRIDAY

1:00-4:00 pm *Charlie Sticha Band*

4:00-8:00 pm *Old Country Boys*

SATURDAY

10:00-Noon *Square Dancers*

1:00-4:00 pm *Bent Highway Band*

4:00-8:00 pm *Dakota Ramblers Band*

SUNDAY

8:00 am *Non-Denominational Church Service*

1:00-4:00 pm *Czech Area Concertina Club*

General Information Contacts:

Bill Becker 507-581-1225

Jeremy Sevcik 507-403-1614

Carmen Sevcik 507-649-0352

*Registration of all golf carts & ATV's will be required. Proof of Insurance. No cycles.

*Golf Cart Rentals: West Exhibitors Gate
Contact: Sheryl Trebelhorn 612-245-8722

LIVE MUSIC
Fri. & Sat.
'til 8 pm

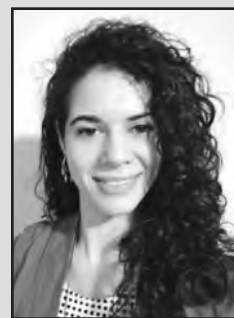
WINDY WILLOW
Petting Zoo at
Horse Barn

BEER GARDEN
@ Music
Bldg.

INFORMATION ON OUR WEBSITE AND FACEBOOK:
ricecountysteamandgas.com

Rice County Steam & Gas Showgrounds * 11988 Faribault Blvd * Dundas, MN 55019
(Located South of Dundas on Highway 3)

A Minnesotan: Pumpkin Spice Monsters



By RosaLin Alcoser

The longer I live in the Cities I have become more and more aware of what my husband likes to call the pumpkin spice monsters. A pumpkin spice monster is one who goes crazy for pumpkin spice as soon as it is out and consumes as much as is humanly possible before it goes out for the season or the store runs out.

I have probably noticed this due to the fact that I am now around more coffee shop and large box stores than I was in my younger days. Due to the amount of spe-

cialty seasonal items coming in pumpkin spice that should not come in pumpkin spice that have been made in recent years. I am happy to report that so far I have not seen any pumpkin spice soap, cat products, or trash bags this year. It could still happen, but it hasn't yet.

I do enjoy pumpkin spice in my coffee or in a baked good. I just rather have it in the fall and not before Labor Day when they come out. However, with that being said I do typically get one when it first comes out to guarantee that I get one from the coffee shop. Since the pumpkin spice monsters exist and it might not still be there when I'm ready to enjoy it in mid September. Once that happens I make a small batch of pumpkin spice syrup at home for coffee and call it a day.

This year I got one from Caribou on the first day it was out. In the middle of August. I walked in at 8 AM on a Thursday and the store was crazy busy with people ordering pumpkin spice coffee drinks in such profuse. To the point that one of the people working behind the counter looked me dead in the eye and said "people gotta have their pumpkin! Pumpkin! Pumpkin! Pumpkin!" with the franticness of someone over run by a title wave of people.

Now all there is for me to do at least, is wait until mid to late September to see if there is any left or if the pumpkin spice monsters have consumed it all before October this year. In which case I will buy a can of pumpkin and make it myself.

Eat Sauerkraut for Good Health!



By Shauna Burshem, D.C.

The Wonders of Sauerkraut: When it comes to supporting your body from the inside out, sauerkraut is one of those humble foods that quietly does a lot of good. Its biggest gift lives in raw, unpasteurized versions, which are loaded with live probiotics. These friendly bacteria help balance your gut flora, and that matters more than most people realize. The fermentation process also breaks down fibers and natural sugars, so your body can absorb nutrients far more easily. Add in the active enzymes that support your gastrointestinal function, and you have a food that genuinely helps digestion run smoothly. On top of that, sauer-

kraut delivers a solid dose of vitamin C, vitamin K1, and iron, giving your body real nutritional value with every bite. Since a healthy gut microbiome strengthens your natural barrier against harmful pathogens, this simple fermented cabbage becomes a quiet ally for your immune defenses too. And here is the part I love: it offers plenty of dietary fiber with very few calories, so you get all these benefits without the guilt.

The good news does not stop at digestion and immunity. Sauerkraut contains vitamin K2, which plays a fascinating role in directing calcium into your bones rather than letting it settle into soft arterial tissues, supporting both bone strength and heart wellness. It also delivers antioxidants that help combat cellular damage and reduce inflammation, something anyone focused on holistic health can appreciate. If you want to enjoy the full range of these advantages, reach for the refrigerated, unpasteurized options, since those preserve the live probiotic cultures that pasteurized versions lose. Just keep one thing in mind: fermented cabbage can be high in sodium, so enjoy it thoughtfully as part of your overall wellness routine. A little goes a long way toward feeling your best!

Chiropractic care for neck and back pain:

If you have been living with neck or back pain, you already know how much it can steal from your day. Chiropractic care offers a natural path to relief by focusing on the root of the problem rather than just masking it. When the bones of your spine become stuck or shift out of their proper position, they can irritate nearby nerves and create real discomfort. Through gentle, precise adjustments, a chiro-

practor helps guide those joints back into alignment. Many patients feel a noticeable difference after just a few visits, and the beauty of it is that your body does much of the healing on its own once the pressure is eased.

Pain relief is wonderful, but the real gift is getting your life back in motion. When your spine is aligned and your joints move the way they should, everyday activities become easier, whether that is picking up your kids, hitting the gym, or simply turning your head to check your blind spot while driving. Over time, consistent care helps restore mobility and supports long-term function, so you are not just feeling better today but building a stronger foundation for the years ahead. Think of it like tuning an instrument: small, regular adjustments keep everything working in harmony, helping you stay active and

comfortable.

What draws so many people to chiropractic care is that it is a safe, drug-free approach that treats you as a whole person, not just a set of symptoms. Instead of reaching for medication that only covers up the pain, chiropractic focuses on helping your body heal naturally and function at its best. Your care can include posture guidance, stretches, and wellness habits that prevent problems from creeping back in. Suitable for all ages and gentle enough for the whole family, this holistic approach is about more than easing neck and back pain today. It is about supporting your overall wellness and keeping you feeling your best for the long run.

Place Your Ad in the Next Issue of the Goodhue-Bellechester Messenger

Keeping your name in front of your potential customers is an essential part of marketing your business in today's competitive market.

For Advertising Information,
Contact Journey Parsons at (507) 384-1521
Terry Campbell at (507) 951-7417
Office: (507) 649-3327
Email: hometownmessenger@gmail.com

GOODHUE FAMILY CHIROPRACTIC

404 N. Broadway St.
Goodhue, MN

Hours:
Monday and Wednesday
8:00am-Noon and 2:30-6:30pm
Thursday 8:00am-Noon

www.goodhuefamilychiro.com

(651) 923-5717

SHAUNA BURSHAM, D.C.

It's Your Life...
Live It In Health!

2026 Minnesota Renaissance Festival DRAWING Win a Four Pack of Renaissance Festival Tickets!



Email your name and address to:
messengerdrawing@gmail.com

Put
"REN FEST MESSENGER"
in subject line

Deadline to register is September 3, 2026.
Winners will be drawn August 28 and September 3, 2026.
Tickets valid August 29-September 12, 2026.
Tickets sent by mail or picked up at our Dennison office located at:
37540 Goodhue Avenue, Dennison, MN.
Hours: Wednesday & Thursday 11:00 AM-8:30 PM;
Friday & Saturday 11:00 AM-9:30 PM; Sunday 9:00 AM-8:00 PM

YOUR ADVENTURE BEGINS HERE!

NEW! Adventures in Cardboard
NEW! Midnight Viking Porter
NEW! Never Neverland

Open Weekends Aug 22 - Oct 4 + Sept 7 & Oct 2

2026 Minnesota Renaissance Festival

952.445.7361 | RenaissanceFest.com

Goodhue County Health & Human Services Employee Spotlight

Meet Nina Arneson

By Goodhue County Health and Human Services

Goodhue County Health and Human Services (GCHHS) Employee Spotlights are an opportunity to inform and educate our residents on the many programs and services we offer while highlighting the HHS professionals who are the driving force behind the work.

Meet Nina Arneson, the Goodhue County Health and Human Services (GCHHS) Director and our first GCHHS Employee Spotlight. Nina's career at GCHHS started in 2010.

What inspired you to pursue a career in Health and Human Services and/or public service?

"My journey began years ago when I was a young international student from Finland at Moorhead State University in Minnesota. Navigating college life in a foreign country, new language, new culture, new foods, and an entirely unfamiliar way of living - was both exciting and challenging.

During that time, fellow students, teachers, and staff showed me extraordinary kindness and support. Many were strangers who helped me overcome obstacles as I learned how to adapt and succeed in this new environment. Their compassion left a lifelong impression on me.

That experience sparked a deep sense of gratitude and a commitment to "complete the circle" by helping others in the same meaningful way I was helped. It became the catalyst for my desire to seek opportunities where I could offer kindness, guidance, and support to people facing challenges of their own. This calling ultimately led me to a career in Health and Human Services and public service. To this day, it remains my greatest privilege to serve others - every day, in every role, and in every way I can."

What's one thing people might be surprised to learn about you outside of work?

"People might be surprised to learn how proud I am of the journey my family has taken and the commitments we share to public service. I am a proud American citizen and a mother of two sons who are both dedicating themselves to serving others.

My oldest son, Blake, recently graduated from Saint Mary's University in Winona with both his bachelor's and master's degrees, and he is eager to begin his own path in public service. My younger son, Brady, has started his journey at the United States Air Force Academy (USAF) in Colorado Springs, Colorado, where he is pursuing serving our country, education and continuing to play hockey for the USAFA. I am also deeply proud of my husband, Scott, who shares a strong commitment to helping others and serving the community. Our family's values are rooted in service, and that is something I carry with me both personally and professionally."

WHAT WE DO

The mission of Goodhue County Health and Human Services is to promote, strengthen, and protect the health of individuals, families and communities. Our vision is a safe and healthy Goodhue County, built on trusted services and strong community partnerships. Our values are compassion, collaboration, excellence and prevention.

We are an integrated HHS agency with three service divisions - Social Services, Public Health and Economic Assistance - supported by Finance & Office Supports. In 2026, 133 HHS professionals serve Goodhue County residents and communities. Our integrated service model emphasizes prevention. Connections across divisions and the community - such as child support payments and family home visiting - help reduce child maltreatment and strengthen protective factors for families and individuals.

GCHHS has been nationally accredited by the Public Health Accreditation Board (PHAB) since 2019 and applies PHAB's foundational public health practices across the agency. We provide services across the lifespan, including public health education, child and adult protection, economic assistance, mental health case management, and support that help older adults and people with disabilities live independently.

The GCHHS Board is our agency's governing board and serves as both the Community Health Board and the Local Social Services Agency. The board includes five county commissioners and two lay members.

When asked to explain GCHHS's mission in a way everyone can understand, Nina breaks it down for us. "Our mission is simple: we are here to help people and strengthen our communities. We do this by promoting, protecting, and supporting the health and wellbeing of individuals, families, and neighborhoods throughout Goodhue County."

LEARN MORE ABOUT US

Each month, we will be highlighting a different HHS professional across our department and the services/programs they provide to Goodhue County residents and communities.

For more information about our programs and services, contact us Monday - Friday, 8:00 a.m. - 4:30 p.m., by phone at 651-385-3200 or in person at 426 West Avenue, Red Wing, MN 55066. Visit our webpage: goodhuecountymn.gov/hhs or our social media at Instagram: @goodhuecountyhhs and Facebook: www.facebook.com/gchhs/. For Employment Opportunities, visit <https://goodhuecountymn.gov/employment/>.



Nina Arneson

An Inconvenient Study



By Noel Aldrich, PhD, CNS
Licensed Nutritionist

Science is a powerful tool. A tool can be used for good, or it can be used improperly, which can result in significant harm. True science is the observation of causes and reactions in a controlled setting, or in a setting carefully described to understand probable cause. We have grown up in the age of science. We are familiar with the idea of looking for clues as we watch our favorite detective shows and murder mysteries on TV. However, many of us do not take the time to look for clues ourselves, but we trust others to tell us what the evidence is. There is no shame in asking questions. When evidence is presented, questions should be asked, just like questions are asked in TV shows. When it comes to science and your body, you need to be the one to ask the questions.

Questions have been asked for many years regarding the effectiveness of vaccinations. To evaluate the evidence, the United States government established the Vaccine Adverse Events Reporting System (VAERS) (<https://vaers.hhs.gov/>) in 1990 as a database for reporting adverse events directly related to a vaccination. Since 1990, more than 2.5 million adverse events have been reported. This number of adverse events certainly justify asking questions, but how to answer those questions is more challenging.

The gold standard, or "ideal" situation, for a scientific study is to have a control group and a test group. In asking the question, "Is this vaccine safe to give to a child?" - how do you have a control group and a test group?

Would a parent volunteer their child to be the test subject of an untested substance? Typically, the answer is "no." So, how do we evaluate the safety of a vaccine? Since vaccines have been around for more than 50 years, there are records that can help bring clarity to this question. Those documents are now becoming part of public record.

A new documentary titled "An Inconvenient Study," (available on YouTube) presents the recent history of an important research project designed to evaluate the safety of childhood vaccinations. The study completed by the Henry Ford Health Systems of Michigan reviewed the health history of 18,000 children. Sixteen thousand were vaccinated and two thousand were unvaccinated. The results showed a 250% increased risk of chronic health problems among vaccinated children compared to unvaccinated children. The complete study was published on the US Senate website by Senator Ron Johnson because the original researchers were not willing to publish the results. This documentary provides access to the resources for each of us to be able to ask more questions.

In a follow-up podcast (<https://www.westonaprice.org/podcast/>) #555, Del Bigtree noted there are additional studies that have been done that show increased risk related to vaccinations. A 2017 science article authored by Mawson evaluated vaccinated vs. unvaccinated children in Mississippi and found increased rates of chronic illness among the vaccinated. Another study authored by Lyons-Weiler in 2020 looked at children in Oregon and those who were vaccinated had more doctor visits and illness compared to those unvaccinated. Another 2020 study authored by Hooker and Miller observed increased risk for asthma, ear infections, or developmental delay with increased number of vaccinations received. Science is providing an answer to the question, "Is this vaccine safe to give to a child?" The answer raises even more questions and a lot of intense emotions.

Another important question to ask is, "What additional ways can I help my child have a strong immune system and be as healthy as possible?" Nutrition is designed to support a healthy body. The immune system cannot do its job without the right vitamins and minerals. A vaccination never provides vitamins and minerals to help the immune system get stronger. When you feed the body what it needs to grow strong and respond quickly, then you will have less illness and chronic disease. While this article focused on the impact of vaccinations on children, the same question must be asked about vaccinations at any age. There is no shame in asking questions.

As a nutrition specialist, I can help you learn how to strengthen your immune system using the whole foods and vitamins your body needs. Finding the resources for true health can be located right in your local grocery store. Contact me to discuss your health goals for the coming year. A No Charge Consultation is available for you to ask your questions and begin to get some answers. Nutrition is designed for healing. Contact me at nutritionproportion@gmail.com, or check out my website at www.nutritionproportion.net

Join Us for Lunch or Dinner

Steaks - Seafood - Burgers
Sandwiches - Salads
10 Tap Beers • 4-Season Patio • Full Bar • Off Sale

Try Our Delicious Daily Features

WEDNESDAY
Enjoy Our Jumbo Wings Special!
BBQ Rib Dinner - 1/2 or Full Rack (begins at 4:00p.m.)

THURSDAY
\$3.50 All Taps!
Taco Specials! Fajita Specials! 16oz. Margarita Special

FINALLY FRIDAY
All You Can Eat Fish Dinner

SATURDAY
Slow Roasted Prime Rib

SUNDAY
Enjoy Our Sunday Breakfast Beginning at 9a.m. and Sunday Supper Features (after 4p.m.)

Reservations Welcome!
Open Wednesday-Thursday 11:00am-8:30pm
Friday-Saturday 11:00am-9:30pm; Sunday 9:00am-8:00pm
(Bar Open 12:00am-2:00am)
37540 Goodhue Ave., Denison, MN
507-645-9992 • www.firesidelounge.net

The Fireside
A Goodhue County Business


YES!



I would like a volunteer subscription to the Goodhue-Bellechester Messenger
Includes Online Access. Email Address Required for Online Access.

☐ \$34.00 (in 55027 Zip Code Area)	☐ \$39.00 (Outside of 55027 Zip Code Area)
--	--

Name _____

Address _____

City/State/Zip _____

Phone No. _____

Email _____

Please enclose a \$34.00 or \$39.00 check payable to Goodhue-Bellechester Messenger.

Mail this form to: Goodhue-Bellechester Messenger Business & Subscription Office PO Box 125, Dennison, MN 55018.

AREA DINING & ENTERTAINMENT

DENNISON, MN

CATTLEMEN'S SALOON

CHECK OUR FACEBOOK PAGE FOR UPDATES

Miss Marie's HOMEMADE FLATBREADS!

PULL TABS - E-TABS

POOL - PIZZA - SNACKS

ON/OFF SALE

MAIN STREET, DENNISON • 507-782-9753

Monday - Tuesday - Thursday - Friday 3 PM - Close
Saturday - 11 AM - Close
Sunday - Noon - Close; Closed Wednesdays

NEW! GRAB N GO LUNCHES

YUM!

Don't Let Your Hurry Come Before Your Hunger!

Available Weekdays 11am-1pm

TOREY'S
RESTAURANTS & BAR
TOREYS.NET

CELEBRATING 25 YEARS

CELEBRATING 25 YEARS OF FINE DINING AT 208 NORTH CEDAR IN OWATONNA

507-455-9260

MON-TUES-WED-THURS 11AM-9PM
FRIDAY 11AM-9PM
SAT 3:00PM-9:00PM • SUN CLOSED

BOOK YOUR FALL & WINTER EVENTS! Banquet Hall, Seating Up to 300

CHECK OUT OUR MANY NEW LUNCH & DINNER MENU ITEMS!

5% OFF With ad Good through September 30, 2026

Cahill Bistro & Bar
Latin American Fusion

Breakfast served weekends 9am to 2pm
Happy Hour Sun.-Thurs. 3 to 5:30pm
Mon.-Thurs. 10am - 9pm; Fri.-Sun. 10am - 10pm
632 2nd street Kenyon, MN
507-623-1001 • www.cahillbistrobar.com

ALL DAY SALAD BAR \$12.95

STARTS WEEKENDS AT 1:00PM

HAPPY HOUR M-F 2-6PM • \$4 APPETIZERS!

JB'S TAVERN

Good Food. Cold Beer. Good Times.

112 Main Street Wamamingo, MN

Bar Hours:
Mon-Thurs 11am-10pm; Fri-Sat 11am-1am
Sun 11am-9pm

Kitchen Hours:
Monday-Saturday 11am-9pm; Sunday 11am-7pm

BLOODY MARY
AT JB'S TAVERN

EVERY SATURDAY & SUNDAY 10AM-1PM

12oz. RIBEYE SIZZLER

Special \$32.99

Includes Choice of Fries or Baked Potato & Salad

SAKER'S
SPORTS BAR & GRILL

507-634-7400 • 401 8th Street SE, Kasson, MN

Hours: Closed Sundays & Mondays
Tues-Wed-Thurs Noon-Close; Fri & Sat 11AM-Close

PLAZA MORENA
CAMPESTRE GRILL

DAILY SPECIALS!
Noon Buffet 11am to 2pm

5% OFF MEAL PURCHASE WITH THIS AD

ORDER ONLINE!
WWW.DODGEPLAZAMORENA.COM
Sunday-Thursday 11:00am to 9:00pm
Friday-Saturday 11:00am to 10:00pm
411 W. Highway St. Dodge Center
507-374-9555

TAMMY'S PLACE
Restaurant & Bar
Kasson, MN

DRINKS • APPETIZERS • SANDWICHES
BURGERS • SALADS • WRAPS • DESSERTS

DAILY SPECIALS

Closed Mon.; Tues-Thurs 11am-9pm; Fri-Sat 11am-10pm; Sun 11am-8pm
111 West Main Street, Kasson, MN
507-634-3133

SANDBOX COFFEE CO.

NOW OPEN!

GREAT COFFEE. GOOD PEOPLE.
Build for Play.

SPECIALTY COFFEE • FRESH PASTRIES • A PLACE TO CONNECT • RC CONSTRUCTION PLAY AREA

CLASSIC COFFEE & ESPRESSO • SPECIALTY SODAS
SMOOTHIES • SIGNATURE DRINKS

Pastries Baked Fresh In House

408 W Main, Kasson • 507-634-7263
Monday-Friday 6am-6pm; Saturday-Sunday 8am-6pm

BREAKFAST, LUNCH, DINNER

BURGERS, ESPRESSO
HOTDISH, PIZZA
ICE CREAM

TRY OUR DAILY SPECIALS!

635 2nd Street, Kenyon

Hours:
Mon. CLOSED; Tues.-Wed.-Thurs. 11am-8pm;
Fri. 7am-8pm; Sat. 7am-8pm; Sun. 8am-1:30pm
507-789-1100

ANGIE'S
EST. 1972
Restaurant

CLIP & SAVE

East Wind
東風 Buffet

10% OFF

With this ad

Cannot be used with other offers.

MENU OR BUFFET

Hours: Monday: 11am-9pm; Tuesday: Closed; Wed.-Sun.: 11am-9pm
507-451-9666

1015 W. Frontage Rd., Suite 103, Owatonna • South of Lowe's • Dine In Only • Expires September 30, 2026

HH
THE HUBBELL HOUSE

SUPERB CUISINE
since 1854

WHERE TRADITION MEETS EXTRAORDINARY FLAVOR.

FINE DINING. TIMELESS MEMORIES

507-635-2331 | hubbellhouserestaurant.com | 502 N Main St, Mantorville, MN, 55955

RESERVE YOUR TABLE TODAY

Casa MORENA
Cocina

DINING ROOM
Open 7 Days a Week 11:00am-10:00pm

5% OFF MEAL PURCHASE

Expires September 30, 2026. Does not include alcohol. Not valid with any other offer.

160 26th St NE, Owatonna • 507-413-0819
www.plazamorena.com



Business Link

• Bellechester • Castle Rock • Claremont • Dennison • Dodge Center • Dundas
• Goodhue • Hampton • Kenyon • Mazeppa • Nerstrand • Randolph • Wanamingo
• West Concord • Zumbro Falls

DODGE COUNTY LAND TITLE COMPANY

* Over 40 Years Experience
* Residential
* Farm
* Commercial

Use Dodge County Land Title Company for your next real estate transaction or loan closing.

38 W Main Street, Dodge Center, MN
Ph: 507-633-6355
Email: dclandtitle@kmtel.com

TRAXLER
POWER & EQUIPMENT

Specializing in
Farm Equipment Repair
Authorized **TRAXLER** Dealer
DOT Inspections/Welding

507-789-6321

NAPA AUTO & TRUCK PARTS

Kenyon NAPA Store
507-789-5254
502 Huseth Street, Kenyon

LODERMEIER'S
STEEL & WOOD FRAME BUILDINGS

- Machinery Storage
- Commercial
- Livestock Buildings
- Garages

38241 County 6 Blvd, Goodhue
651-923-4441
Lodermeiers.net

ROVLAND
All Season Tire & Service

- Tires
- Wheel alignments
- Steering & suspension
- Brake repair
- A/C maintenance
- Batteries

641 S Main Wanamingo
507-824-2710

Mantorville Chocolate Shoppe
420 Main St.
Mantorville, MN 55955
507-635-5814

OVER 100 CHOCOLATE DELICACIES HANDMADE IN STORE!

UNIQUE CANDIES SWEETEST PLACE IN TOWN

Tues-Sat 11:30-5:00, Sun 12:30-5:00

R&M STEEL

Full Line of Square Tubes, Channels, Angle, Flat & Pipes

Shearing, Cutting and Bending

61154 190th St Dodge Center
507-374-2524

All Your Printing & Sign Needs

D&S Banner, Sign & Print

All Your Printing and Sign Needs
In House Graphic Design
Large Format Graphics for Vehicles and Trailers
Installation services

113 Forest Street, Kenyon, MN 55946
507-789-4611
dandsbannersignandprint.com

L&D Recycling, Inc.
Scrap Iron & Metals

Steel, Farm Machinery, Car Bodies, Aluminum, Copper, Batteries, Appliances, E-Scrap

55976 State Hwy. 56, West Concord
Monday-Friday 8:00am to 4:30pm
June-October
Open Saturdays 9:00 to 11:30am
507-527-2408
www.ldreycling.com

MANTORVILLE SQUARE
ANTIQUES & COLLECTIBLES

Largest Antique Store in Dodge County

416 N. Mantorville Ave, Mantorville
507-635-5554
Facebook@MantorvilleSquareAntiques

SIFT (SAVE IT FROM TRASH)
THRIFT STORE

26 RED WING AVE Kenyon, MN

LIKE US ON **facebook**

Hours: Thur & Fri 12 to 8pm, Saturday 9am to 5pm

DOUG AND MARY KLATT

Call us today!
507.259.2386

Traxler Law PLLC
traxlerlaw.com

Ann Traxler
Attorney

PRACTICE AREAS

- Wills, Trusts, & Estates
- Farm and Business Transition Planning
- General Practice
- Probate

502 Huseth St. Ste. C
Kenyon, MN 55945
507-405-0420
ann@traxlerlaw.com

PLACE YOUR AD ON THIS PAGE

Call Terry at
507-951-7417
or
Email:
hometownmessenger@gmail.com

Tatge Jewelry

Awards By Tatge
Celebrating 51 Years of Business

625 2nd Street, Kenyon, MN
(507) 789-6522

fw

Flat Water Futures, LLC
Grain and Livestock Hedging

Todd Ryan
651-764-5590
tryan@flatwaterfutures.com

Goodhue, MN
Branch Office

SINCE 1839
Schaeffer's
SPECIALIZED LUBRICANTS

AGROECOPOWER

Bruce Freerksen
(507) 273-9110
brucewithschaefferoil@gmail.com
West Concord, MN

FAHNING & ASSOCIATES LLC.

BETH S. FAHNING-HANGGL
AGENT #46786

Licensed Life And Health Insurance Agent

35 West Main Street
Dodge Center, MN 55927
(507) 374-6342

Life • LTCI • Employee Benefits
Health Insurance • MNsure Certified Agency

Buying or Selling Land?

WEISS REALTY
HUNTING & FARM AND PROPERTIES

FREE Market Analysis - Call to find out what the current market value of your property is, no obligations.

Andrew Larson
Licensed in Minnesota
C: 507-382-1416 O: 715-672-4444
AndrewLarson@WeissChoice.com
www.WeissChoice.com

Let's talk fence

Alpacas, Apples, Beef Cattle, Deer, Dairy Cattle, Elk, Emus, Gardens, Goats, Grapes, Gorillas, Horses, Lions, Llamas, Ostriches, Ponies, Raccoons, Sheep, Trout, Tigers, Yak

K FENCE

928 Chestnut St NE, Mazeppa MN 55956
Phone 507-753-2943 • www.kfence.com
Free Estimates • Free Catalogs

Cat Country Tire LLC

ON-SITE OR IN-STORE TIRE SERVICE

OTR/Farm/Truck/SUV/ATV
AGRICULTURAL TRACK SALES AND INSTALLATION

Jon Harvey & Bradley Marking, Owners
Serving Bellechester, Goodhue & Surrounding Communities

Online tire ordering is now available on our website!
www.catcountrytire.com

Stop in or call **651-380-8731** for service.

COUNTRY GOODS

LARGEST GIFT STORE IN SO. MN!

COUNTRY GOODS

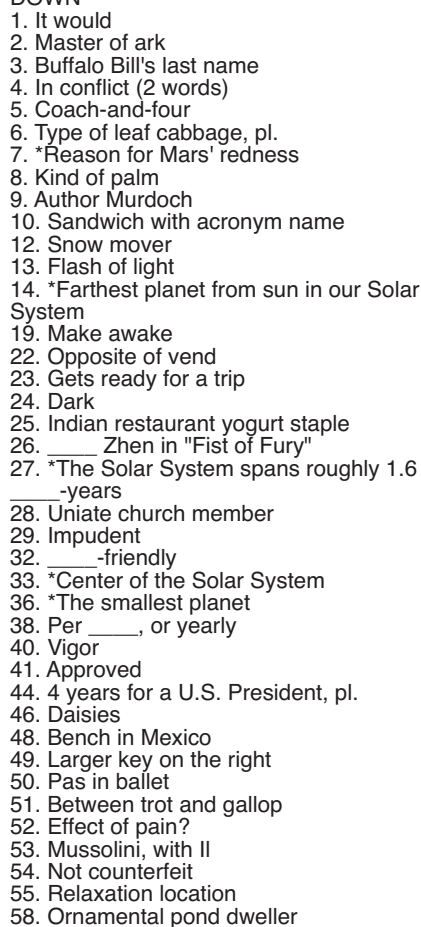
ACROSS FREEWAY FROM CABELA'S
INSPIRATIONAL ITEMS
HOME DECOR
LAWN DECORATIONS
UNIQUE GIFT IDEAS

OPEN MONDAY-SATURDAY 9am-5:30pm; SUNDAY NOON-4pm
4515 NW 22nd Ave, Owatonna • View/Like us on Facebook
507-451-5661

SUDOKU ANSWERS

[illegible]

hometownmessenger@gmail.com



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

WHEN THE UNEXPECTED HAPPENS, ONE TEAM HAS YOU COVERED.

From emergency cleanup to complete reconstruction.

A fire. A burst pipe. Storm damage. Mold.

When your home or business is damaged, you don't need the stress of coordinating multiple contractors.



ServiceMaster by Ayotte provides immediate emergency mitigation services:

-  **Water Extraction & Drying**
-  **Fire & Smoke Cleanup**
-  **Mold Remediation**
-  **Contents Cleaning & Restoration**



Once your property is ready, ProBuilt Construction restores what was damaged:

-  **Roofing & Siding**
-  **Windows & Doors**
-  **Interior Reconstruction**
-  **Decks & Exterior Repairs**

**COMMERCIAL
& RESIDENTIAL
REBUILDING**

ONE CALL. ONE COORDINATED TEAM.

ONE GOAL: RESTORING YOUR PROPERTY AND YOUR PEACE OF MIND.

That's why ServiceMaster by Ayotte and ProBuilt Construction LLC work together.

PROUDLY SERVING GOODHUE, DODGE, RICE, DAKOTA, OLMSTED, STEELE AND WABASHA COUNTIES



**GUIDING YOU
FROM CRISIS TO
RESOLUTION**

450 ARMSTRONG ROAD
NORTHFIELD, MN 55057

 **507-460-5932** 24/7 Emergency Response

 SMByAyotte.com  info@smbyayotte.com



TRUSTED. LOCAL. EXPERTS.



1359 BLUFF ST, DUNDAS, MN 55019
BC807868

 **507-200-1545**

 probuiltmn.com  info@probuiltmn.com