



PAGOSA SPRINGS, ARCHULETA COUNTY, COLORADO 81147

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Preparing for a surge: Local doctor heads to the frontline



Dr. Amber Reiss-Holt

By Randi Pierce
Staff Writer

“There’s a lot you can learn by reading and by talking to other physicians, but there’s nothing that takes the place of actually treating a patient with the disease,” Dr. Amber Reiss-Holt said last week before traveling to California to work on the frontline of the pandemic in San Diego.

Reiss-Holt, co-owner of Pagosa Medical Group, left Sunday to work with patients and gain firsthand knowledge in the fight against COVID-19 that can, if needed, be applied in this area.

Reiss-Holt is board certified in critical care, emergency medicine and general surgery, explaining, “Critical care has always been my passion, and that’s taking care of very sick people in the intensive care unit.”

Years ago, she explained, she connected with a group of critical care physicians out of California, where she is also licensed.

In 2015, she took a part-time regular job with the group, at that time working for a week out of each month in San Diego.

That was put on hold with the birth of her second child, but she kept in touch with those colleagues with the thought of going back to work with them.

“They’re an excellent group of physicians,” she said.

COVID-19 is providing that opportunity in the form of helping patients, doctors and, ultimately, Archuleta County.

“There’s lots of jobs out there right now, especially with this COVID thing, lots of need for intensivists because of all the patients who are ending up on a ventilator. But I really wanted to see if I could help out with my

familiar group of intensivists, so reached out to them a couple of weeks ago and they were very excited to have any offer of help,” she said.

Reiss-Holt explained on April 10 that the area she aims to help is probably in the beginning of its surge, with the hospital having 12 to 15 COVID-positive patients, though that number was expected to rise.

She noted the hospital she’s working at is “fairly well-equipped as far as hospitals go in terms of ventilators and negative-pressure rooms and the PPE, all these things that you’ve been hearing about.”

Reiss-Holt plans to spend up to two weeks in California, noting that if a crisis happens locally, she will return to help provide care if possible.

“I want to get some experience treating COVID patients firsthand and then be able to bring back that knowledge to this area. This is

my home and my community, and we haven’t surged yet here at all,” Reiss-Holt said of her trip, adding, “So, I’d like to have all the clinical knowledge that I can firsthand.”

Part of the challenge even with bigger hospitals, she noted, is that if one doctor tests positive for COVID-19, that doctor is out for at least two weeks, which is part of the reason she’s going to help.

“This is a group of seven full-time intensivists,” she said. “If you lose one, it really puts a damper on the schedule of everybody else, so it’s almost like everybody’s sort of needing a bench to go to or a substitute, so I’m happy to help, but it also will help me be a better doctor for these types of patients and bring that knowledge back here.”

Reiss-Holt noted she’ll stay in a hotel in California, then will quarantine for two weeks away from her family after returning home.

COVID-19: Seven confirmed cases in county

Commissioner urges part-time residents to come prepared

By Randi Pierce
Staff Writer

Archuleta County now has seven confirmed cases of COVID-19, according to San Juan Basin Public Health (SJBPH), and Archuleta County Commissioner Ron Maez is urging part-time residents returning to the area to come prepared to quarantine for 14 days upon arrival.

The additional new case was announced Tuesday.

Just shy of 200 tests had been done in Archuleta County as of Wednesday morning.

SJBPH reported having done 40 tests in Archuleta County, though the agency previously announced doing 43 tests.

Dr. Dave Shaeffer of Pagosa Medical Group (PMG) reported 96 tests, with the results of about 30 of those pending.

Dr. Rhonda Webb reported 59 tests at Pagosa Springs Medical Center (PSMC), with eight tests pending.

Webb, however, suggested some of its tests may have been false

■ See COVID-19 A8



SUN photo/Shari Pierce

Firefighters with the Pagosa Fire Protection District work to quickly contain a fire that had gotten out of control on Reservoir Hill on April 9.

Local officials oppose statewide burn ban

By John Finefrock
Staff Writer

Archuleta County and the Pagosa Fire Protection District (PFPD) officials have publicly opposed a statewide burn ban in separate communications to Gov. Jared Polis.

On April 3, the Colorado State Fire Chiefs submitted a request to Polis asking for a six-month statewide ban on

■ See Burn A8



Medical facilities prepare for COVID-19 surge

Remain open for normal care

By Randi Pierce
Staff Writer

Multiple local medical facilities are in the midst of a balancing act, remaining open and available for normal medical care while also preparing to treat patients who test positive for COVID-19.

Two medical facilities — Pagosa Springs Medical Center (PSMC) and Pagosa Medical Group (PMG) — continue to work with the state and region to prepare for a surge of patients needing a higher level of care than they can

■ See Medical A8



Photos: Randi Pierce and Pagosa Springs Medical Center

Pagosa Springs Medical Center has made several changes to its facility and procedures to continue to treat patients and prepare for the possibility of COVID-positive patients. Among those changes are, top right, screening everyone who enters the facility and, bottom, creating an area within the lobby for patients with potential COVID-19 symptoms to be treated. Top left: An existing trauma room within the Emergency Department could be converted to treat two patients needing intensive care if necessary.

Archuleta County’s unemployment claims spike with pandemic

By John Finefrock
Staff Writer

According to data from the Colorado Department of Labor and Employment (CDLE), residents of Archuleta County filed 268 initial unemployment claims for the week ending on March 28.

In 2019, Archuleta County averaged seven initial unemployment claims per week, according to the same data.

Initial unemployment claims are unemployment applications that have been submitted but have not yet been vetted for eligibility through things like wage verification, according to CDLE.

There were fewer than six Archuleta County initial unemploy-

ment claims for the weeks ending on March 7 and March 14, according to the CDLE.

The week ending March 21 had 70 initial unemployment claims from Archuleta County, which jumped to 268 the next week.

Across the state, initial unemployment claims dramatically spiked in the weeks after Gov. Jared Polis ordered all ski areas to close on March 14 and mandated the closure of all dine-in services in bars and restaurants a few days later.

Statewide, unemployment claims ranged from about 1,900 to 3,200 for each of the first weeks in March, then spiked to 24,054 initial claims the week ending March 21 and rose to 66,491 for the week

■ See Unemployment A8

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Opinion

The Pagosa Springs SUN

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EDITORIAL

Saving our community's economy

If you are a local business and you haven't looked into the Paycheck Protection Program (PPP), it's about time you check it out.

The SUN had to cut staff due to the drastic reduction in advertising revenue as a result of local business closure orders. We were looking for options that would help keep us in business.

The stimulus bill (also called the Coronavirus Aid, Relief, and Economic Security Act, or the CARES Act) has some provisions intended to help small businesses and keep workers employed during the pandemic. The PPP is one component of that act.

At first, we were skeptical about actually getting any money from the government to help pay staff during the pandemic. The opportunity to view two webinars the day the application period opened convinced us that it was worth a shot to try.

You can borrow up to your average total monthly payroll costs from 2019 multiplied by 2.5.

We contacted local Small Business Association (SBA) lender Sherry Waner, who refers to herself and other SBA lenders as "frontline financial responders performing triage in our small rural community."

We gathered the necessary documents while waiting to receive a link to the application.

When Waner's office provided that link to apply, we were off and running from the comfort of our recliner in quarantine at home.

While there is no replacement for human interaction, there are some pluses here. You don't have to have your hair brushed, there is no face-to-face required. You will need an Internet connection to

apply online. It's all automated, including e-signature documents, which conveniently complies with the current requirement of social distancing.

Yes, we applied while wearing our pajamas and slippers. There was no need to even put on shoes or drive to town. This was one of the easiest loan applications we've ever filled out.

By last Thursday morning, we discovered that we had been approved. We gathered our staff that afternoon for a meeting and asked them to report back to duty with their regular hours starting the next day.

The loan documents were ready to sign on Friday. Due to another obligation, we signed on Monday and had the funds deposited in our bank account that same day.

Talk about relief. We have eight weeks of payroll sitting in the bank and we can pay rent and utilities for two months.

It was that simple. And, if we play our cards right, it will be free money for us.

That's right. The loan will essentially turn into a grant if all employees are kept on the payroll for eight weeks and the loan proceeds are used as intended for payroll, rent, mortgage interest or utilities.

And, if for some reason the loan isn't completely forgiven, the remainder becomes a loan at 1 percent interest. There are no payments for the first six months, and after that, anything remaining is amortized over the next 18 months. That rate is way cheaper than maxing out your credit cards.

Do you happen to know someone in Archuleta County who owns a small business with fewer than 500 employees? Encourage them to look into the PPP. Even

nonprofits can apply.

The SBA has posted information online about the loans and who can apply. Ask your lender for details. There are ads in this week's paper for lenders who can help you with the process, and you don't even have to be a customer to apply. There are also other loan programs available. Be sure to ask your banker about what program is best for you.

The PPP is intended to keep workers on the payroll. Your employees will be able to put food on their table, pay their rent and pay other bills. This will also help to put money back into the economy of our community.

The PPP is a hand up from the federal government that benefits the whole community when we take advantage of it. This is critical capital that businesses and their employees need to survive. We are all in this together.

The PPP loan didn't fix all of The SUN's financial problems caused by the pandemic. Like many businesses, our newspaper was dealt a financial blow. A nonprofit working to help keep newspapers running during the pandemic has set up an online donation site and some faithful readers even made donations before they could get a tax deduction for it. We also found a grant we are applying for this week.

The SBA's loans are critical to helping Archuleta County businesses and our workforce get through this crisis. Together, we must all do what we can to save the economy of our community. But remember, time is of the essence and funds are not unlimited, so businesses should look into these relief programs as soon as possible.

Terri Lynn Oldham House

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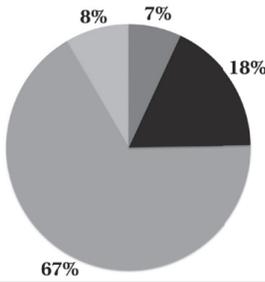
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WHADDYA THINK?

Will you be following guidelines for wearing a face covering now that it is recommended?

Poll results (461 votes)

- I do not know. — 7 percent
- No. — 18 percent
- Yes. — 67 percent
- I do not think it is necessary. — 8 percent



Vote this week online:
When do you think the stay-at-home order issued by the governor should be lifted?

www.pagosasun.com

LOOKING BACK



From the March 24, 1983, Pagosa Springs SUN. **SIGNS OF GROWTH** — Matt Mees and John Moore hope to have their new 33 room motor inn open soon. Winter weather is slowing construction but the new motel is rapidly nearing completion.

HOW WILL YOU BE SPENDING YOUR STIMULUS BUCKS???

Baldy

E.Z. GOHING
Unflappable Guy



"I wanna buy a 55-inch TV, but stores sellin' 'em won't be open!"

IMA INDETT
Financial Whiz



"I also want a big TV, but my rent and bills are overdue!"

MARY KAFFENE
Coffee Freak



"I don't need a TV, but a lifetime Starbucks pass works for me!"

SEYMOUR PLAZE
Gridiron Fan



"I want the TV football package, but wifey wants a toy poodle!"

LEGACIES

By Shari Pierce

100 years ago

Taken from SUN files of April 16, 1920

D.E. Mickey has about completed the construction of a large electric sign for the Metropolitan hotel. The letters are a foot high and were cut from solid wood, making a sign 19 feet in length. It will soon be placed on the Sullenberger block.

John Toner was down from Debs Tuesday. He reports fifteen inches of snow yet in that vicinity.

Bob Hotz, a well known rancher of the Allison district, is in the city on a business mission. He reports that this year's crop outlook in his district is exceedingly bright. Most of the farmers have their land plowed and practically all of them have their wheat acreage seeded. Stock wintered well in this section, and most all of the farmers succeeded in selling their hay crop at from \$10 upwards in the stack to \$18 or better baled and loaded on the cars. Not much new acreage is being seeded to alfalfa, according to Mr. Hotz, and very little is being plowed up. Taking all in all, he says, this year looms prosperous for Allison farmers.

75 years ago

Taken from SUN files of April 20, 1945

Mr. and Mrs. Dailey Hott got their truck stuck in the mud Monday, on their way to town from their ranch. Again on Tuesday, Commissioner Hott got stuck in the mud in a different place, while attempting to return to his ranch. Looks like muddy roads are no respecter of persons.

Miss Carlota Martinez, who has been working in Espanola, N.M., for the past six months, visited her mother, Mrs. Amelia Martinez, last week. She left on Sunday to return to work.

Stanley Worrell, scout executive of Grand Junction, met with parents of boys here on Wednesday evening of last week, at which time preliminary plans were made for organizing a troop of Cub Scouts here. The organization was later completed with the following officials: Ernest E. Smith is master of the new Cub Scout Troop in Pagosa Springs, with Carlos LaVarta as his assistant, Emmett Gaston, treasurer, and Supt. Philip Rule, chairman. Mrs. Buck O'Neal and Mrs. Ernest Smith are the Den Mothers.

50 years ago

Taken from SUN files of April 16, 1970

Friday, April 10, was a big day at Azotea Tunnel. The final pour of the concrete lining was completed at 9:28 a.m. and the big tunnel, started January 4, 1965, was virtually complete. A crew of 32 men, plus supervisors and engineers, left the north portal for the day shift that morning and wound up the big job. The final 13-foot section of the tunnel lining took two carloads of concrete, mixed outside, and less than an hour to pour the concrete. The completion of the lining of the Azotea is the last major step in the construction work in Colorado. Still to be completed are outside structures, diversion dams, siphons, and control equipment at both the inlet and outlet of Azotea.

The Azotea Tunnel, 12.8 miles in length, was the last of the three tunnels to be completed. The Blanco, 8.2 miles in length, was the first to be finished and the Oso Tunnel, 5.7 miles long was second. Both of these are completed, as are the diversion works at the inlet portal of the Blanco Tunnel.

25 years ago

Taken from SUN files of April 20, 1995

About 800 residences in Archuleta County went without electricity for almost four hours Tuesday evening and early Wednesday morning due to vandalism. Russ Lee, La Plata Electric Association district manager, said the outage affected the area south of Mill Creek Road "along U.S. 84 all the way into New Mexico." Lee said the source of the problem was finally located at a power pole about 6.5 miles south of town on U.S. 84 just north of the Blanco Basin turnout. Vandals apparently had used a firearm to shatter the glass insulators on the power pole.

Temporary closure of accesses will confront motorists entering business areas adjacent to U.S. 160 on the east side of Pagosa Springs as construction crews continue work on the Pagosa East Improvement project. Clerici Construction Co. is doing the construction work on the \$233,000 improvement project that will replace guardrails with planters, install curb and gutter and some sections of sidewalk, and place historic lighting on both sides of the highway from the Junction Restaurant to the bridge over the San Juan River.

The following weather information is brought to you as a public service by

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Date	High	Low	Precipitation		
			Type	Depth	Moisture
4/7	61	27	-	-	-
4/8	64	27	-	-	-
4/9	64	32	-	-	-
4/10	59	28	-	-	-
4/11	60	25	-	-	-
4/12	54	27	-	-	-
4/13	47	24	-	-	-

Pagosa Springs
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Letters

Letters to the Editor are printed as received and are not edited for grammar or punctuation, but may have been edited for content or style.

'Same boat'

Dear Editor:
I say "Hear, hear", to last weeks letter by Charles Newton. I appreciate the Sun printing it. It was a mature letter based on facts; real facts — not "fake" facts. There are those that love this country and try to do good and be helpful at this hard time; and those that just tear down and attempt to destroy those efforts. And politics have always been around — at least since we were expelled from the Garden of Eden. Matter of fact, politics were involved in the killing of Jesus; with the Romans and the religious sects. That's just the way it is. We may be at different ends of the boat ... but right now especially, we are all in the "same boat". Don't be one of those that are trying to "sink" it, eh? (AKA Pelosi)

Peg Ellis

'Know our rules'

Dear Editor:
Archuleta County has so far been fortunate to only have 6 confirmed cases and no deaths, at least at the time of this writing. But as the weather improves and more people go out and about, we all need to encourage those that live elsewhere to stay home and observe the social distancing protocols ourselves that have created this relatively minor infection rate. We could easily see a surge in cases if there is an increase in visitors during the next 6-8 weeks. If you have a vacation rental, you should be closing it to all visitors until the governor relaxes the stay at home orders. If you are reading this and have a 2nd home here, meaning no offense, but please stay away. Stay where you are. I am already starting to see an increase in traffic and more out of state plates. If you are one of them, please know our rules and follow the health department guidelines and the state mandatory stay at home orders. No matter where you are from, you are here now and subject to the state laws. Shelter in place.

Other counties in the state have issued restrictions to people traveling to those areas to stay away and we need to encourage our town and county leaders to do the same here. I understand that we will continue to suffer some economic hardships as businesses that thrive on tourism remain closed, but the

alternative is a surge in the virus here that will have a much longer and broader economic impact and destructive affect than a few more weeks of social distancing and taking responsibility for each other will.

Gary Hardin

Amazed and grateful

Dear Editor:
I am amazed and grateful for the people in our little community who have stepped up into roles they probably never thought they would be filling. Leaders at our local health department, medical center, schools, chamber of commerce, business community, service agencies, media and governments jumped into learning everything they could about the virus and instantly adapting to new ways of working. We are fortunate that models and relationships were in place for sharing information and working together; agencies, non-profit organizations and businesses have been working collaboratively to support the community, plan for emergencies and build resilience.

Thank you to all the people who have selflessly been hosting zoom meetings, facebook livestreams, setting up a hotline, emailing and calling to get information and resources and turn those around to people in our community. I don't think anyone hesitated to fill this new role, even while not really knowing at all what we are all in for. I doubt anyone of these leaders anticipated their work in our little mountain town to include getting the community through a pandemic, yet every one of these people just started doing so. We are fortunate that Pagosa Springs Medical Center had a pandemic plan, and implemented it.

Even when the news is grim, and there are so many unknowns, about how or when the outbreak will be contained, when a vaccine may be developed, how many people will become ill and die, and how or when the local, national and global economy will recover, it is reassuring to see or hear or read an update from someone in our community that we trust. Whether it is the San Juan Basin Health Department or Pagosa Springs Medical Center telling us how to best protect ourselves, get tested or help others, the Pagosa Springs Chamber of Commerce and Region Nine Economic Development District sifting through the financial relief programs for individual people and local businesses, or the people that we don't see online every day, working to ensure we have broadband, sewing masks for people working on the front lines, getting food to people who need it, checking on neighbors, your calm compassion and steadfastness are getting all of us through this crisis. We may be physically distant, but we actually are socially connected. We are going to be going through this for awhile and I am grateful to all of you for doing all you can and in many ways, doing what you always do.

Lisa Jensen

Advocate for public lands

Dear Editor:
As residents of Colorado, we are fortunate to have places outside to stretch our legs and breathe deeply. We may wander gently, rejuvenating in nature's spring rebirth; or recalibrate through heart-pumping uphill runs and rides. Many of us have access to recreation on public lands managed by local, state and federal agencies, for example, the US Forest Service or Bureau of Land Management. It's a privilege for us to be able to use and enjoy our public lands.

Colorado Wild Public Lands, a local non-profit organization with a mission to protect the in-

tegrity, size and quality of public lands, has joined with the Crystal Valley Environmental Protection Association, Gunnison Trails, the Independence Pass Foundation, Roaring Fork Mountain Bike Association, Wilderness Workshop, Wild Earth Guardians and Women for Wildlands. We would like to remind folks to continue being respectful while using public lands. Please be aware of the most current rules and follow directions for seasonal closures, fire restrictions and social distancing. Remember that during the current public health crisis it's a good time to recreate near home in locally-recommended group sizes. Play it safe to minimize impacts to our emergency response systems. Set your activities and risk levels accordingly.

Our designated wilderness areas are especially sensitive to human impacts. Know that in wilderness areas motorized or mechanized uses, such as snowmobiles and chain saws, aren't permitted. Avoid sensitive wildlife habitat as our furry friends emerge from winter conditions. As always, practice "leave no trace" principles.

At home, take the opportunity to learn more about natural and recreational values of our wild public lands; as well as current and potential threats. While people shelter in place to control the spread of Covid-19, the current administration continues to dismantle critical policies that ensure environmental and health protections. Watch for attempts to limit public input. In contrast, speak out soon. Tell your representatives (via websites, emails and phone) why you value accessible public lands for recreation and why it's crucial that existing environmental protections remain in place.

Indoors, you can become an active advocate for your wild public lands. When outdoors, be an ambassador, follow the face-covering and 6-foot social distancing rules, and recreate responsibly. Let's maintain opportunities on our public lands for all.

For further information contact coloradowildpubliclands@gmail.com.

Suzanne Jackson
Colorado Wild Public Lands
See Letters A4

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Letters

The SUN welcomes letters from readers.

Please submit to:

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e-mail: editor@pagosasun.com

All letters must:

be 500 words or less

be signed by the author, unless emailed

include the author's phone number and address

be received by The SUN by noon on Tuesday (deadline may move up due to a holiday), email submissions are preferred

Letters will be limited to two per month per letter writer.

If necessary, only one letter in support of a political candidate or issue will be printed each edition.

Letters quoting other people must contain proper attribution.

There is no guarantee letters will be published.

The SUN reserves the right to edit letters.

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Continued from A3

Pick up trash

Dear Editor:
With social distancing giving many us a bit more leisure time, I have a great idea for keeping busy. Get outside, get some sun, and pick up the trash in your neighborhood. Let's try to keep Pagosa Springs the beautiful place that we love. The weather is nice — dry and comfortably warm though a bit windy.

You may have noticed that some streets are looking a bit nicer. Thanks to Bill Milner, Lisa & Joe Tedders, Donna Wynn, Jane & Brian Weitzel, Claudia Weger, Susan Milford, my wife Barbara and myself, N. Pagosa Blvd. and Piedra Road are looking cleaner. I'm sure there are others out there doing their part too. And some organizations like the Rotary Club and the San Juan Outdoor Club also pick up various locations.

Businesses can help too by cleaning up their parking lots and surroundings. Things are particularly bad near the gas stations/carry-out stores and fast food restaurants. I always believe that outward appearances are a reflection of the inner workings.

As for the perpetrators, I'm sure some tourists are culprits, but there are locals too.

Smokers — learn how to use an ashtray. If your car doesn't have one built in, buy one to keep on your console.

Contractors, keep your garbage in the dumpsters. If they're full, get them emptied. And secure trash in the back of your pickup so that it doesn't blow out or fall onto the highway.

Keep your fast food packaging, soda, beer, and liquor bottles in your car and throw them out when you get home. It's just being lazy.

Living in such a beautiful area, it's sad how a few people will trash it out. Local jobs literally depend on keeping Pagosa clean. No tourist or retiree wants to visit or live in a garbage dump.

Chris Johnson

'See through this fraud'

Dear Editor:
Insurance companies are advertising free dental, vision, hearing, drugs, and even meal deliveries are included.

The dictionary says free is something freely given or done voluntarily.

I don't believe the dentists, optometrists, hearing aid therapists, drug companies, and meals are donated or freely given.

These things may be at no cost to you but they are not free. Somebody has to pay for them. This advertisement is both fraudulent and misleading and should be stopped.

I hope the public can see through this fraud.

John Meyer

'The Emperor's New Clothes'

Dear Editor:
"The Emperor's New Clothes," first published in 1837, has been told and retold in hundreds of ways. Each time, we get the vain-glorious, self-obsessed Emperor who is duped into parading down the street in an "invisible suit of clothes." Each time, we applaud the Honest Boy, the only one with enough gumption to point out that the Emperor's fancy birthday suit is exactly that — a birthday suit.

Yesterday, the president paraded across the TV networks. It was supposed to be a coronavirus briefing. Instead, it dissolved into an embarrassing effort to convince his base that the emperor was perfectly attired. Yet, any honest boy among us can see that the spectacle was a "Hymn to the Greatness of Me" sung by the least credible player on the stage.

When one reporter asked what

actions the Trump Administration took during the entire month of February, the president called her "disgraceful" and "a fake," but he didn't answer the question.

There were no condolences, and little support for the victims. There were no accolades for our medical heroes. There was nothing except a piteous moan about how the press continues to report the truth, which is a bitter pill for the demonstrably incompetent to swallow.

Our country is in the grip of a merciless, vicious, power-maddened tyrant. And, sadly, I don't mean the pandemic. I refer to the president showing his true colors at one of our darkest hours.

Shame on him.

K. Muth

COVID stimulus payments

Dear Editor:

Like many of you we will be receiving a covid stimulus payment of around \$1,200 apiece. Like many of you in Pagosa we are retired, middle class Americans. We are by no means wealthy but very comfortable financially, living off our pensions, social security, savings, and investments. Our day to day finances have not been affected by the pandemic shutdown. Our investments have taken a huge hit by the downturn of the stock market but are sure to come back in the future. In short, we do not need this stimulus payment. With this in mind there is a great number of our fellow Pagosans that have been greatly affected by the COVID shutdown. Pagosa Springs has a tourist economy and the shutdown has forced many businesses to close and lay-off or furlough many of their employees. I am talking about restaurant waitstaff and cooks, the shop owners and salespersons, mechanics, massage therapists, barbers and hair stylists, etc. etc. etc. These fellow Pagosans still need to feed their families, pay rent, utilities, insurance, and day to day living expenses. Many do not have health insurance at a time when it could be vital. They are there for us in our day to day activities in the good times so this is a wonderful time for us to be there for them in these hard times. Joan and I have decided that we will donate our stimulus payments to the Pagosa Outreach Connection (POC). This organization has been around Pagosa for years and has been providing financial assistance to families in need. This assistance, now more than ever, is needed by our fellow Pagosans for rent, mortgage, utilities, food, etc. We are aware that the two trillion congressional stimulus package has provisions to try to help these same people but..... when, who, how much, how long may not be nearly enough. Won't you join us in helping those among us who have been devastated by the COVID shutdown? If you wish to donate your stimulus payment to the POC send a check to PO Box 300, Pagosa Springs 81147. Indicate in the memo on the check your preference as to where you would like your contribution to be focused, rent, utilities, mortgage, food, etc. There are several other organizations that are also trying to mitigate the suffering of our fellow Pagosans financially affected by the COVID shutdown if you would prefer to support their efforts. Among these are the First Southwest Community Fund which provides grants and loans to small businesses affected. The Community Foundation of SW Colorado has created the COVID-19 Community Emergency Relief Fund (CERF) which provides assistance to area non-profits serving people impacted by the COVID shutdown. There are many ways to help. Please consider donating all or part of your stimulus payment to our friends and neighbors in need.

Joan Ward/Ernie OToole

Medicare For All

Dear Editor:

COVID-19 presents unprecedented challenges for all of us. Physicians, nurses and thousands support staff are on the front lines and will be separated from their families indefinitely, helping to save patients and the public.

There has never been a more compelling real-life example of the need for national improved Medicare For All (M4A). The faulty logic of free market healthcare has been exposed, with both sides of the aisle, our legislators are now supporting and passing a bill that would force all insurers to provide 100% of our testing for free. But, still charging 100% for emergency room visits, for now.

Our current for-profit patchwork healthcare system is horribly unequipped to deal with a pandemic. While many candidates and legislators vehemently oppose M4A and claim a single-payer system wouldn't solve the COVID-19 problem at all, are now unanimously calling for congress to offer free testing and treatment.

Connect the dots, to battle a pandemic and even flatten the curve, we need M4A. Instead of ramping up testing capacity and containment measures, congress is tied up with "who is going to pay for testing and treatment of the virus?"

This pandemic also means that many people (>17 million) are losing their jobs or can't work, what then happens to healthcare tied to employment? Just when people need healthcare the most, not the worry of financial ruin tied to health costs.

South Korea went from private health insurance to universal coverage, in 1989. Then moved to and achieved single-payer health insurance by 2004.

At the onset of COVID-19, South Korea had the capacity to test up to 20,000 people a day, using 688 free testing sites. Many are drive-through, preventing an overrun of their hospitals.

In Denmark, the first hospitals began postponing non-essential operations as a preparation for future cases of COVID-19 on March 11th, 6 days later this was done in all hospitals nationwide.

Spain, a single-payer healthcare system, just nationalized all of its private hospitals and providers, to manage the epidemic. Not stressing about cost, but about prevention and treatment.

M4A can not prevent pandemics from happening, but could greatly streamline preparedness and treatment.

We are a system with a dominant focus on treating illness and emergencies because they are more profitable than wasting time on preventive care, which is less profitable.

As a nation we would be better off with a national healthcare system like M4A. We are at our best when we take care of each other.

Jan Phillips Durango

'Suffer the cost of his arrogance'

Dear Editor:
A little while ago, former Defense Secretary Bob Gates was

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The Pagosa Springs SUN
264-2100

interviewed. He has had an impressive life of service to this country, having served 8 Presidents from different political parties in a variety of positions. He was only interested in serving this country with honesty and integrity, a true American — put country above "Party".

When asked, what was the most important requirement to become a successful President, his answer was quite interesting — "excellent temperament" should be the #1 requirement. Characteristics of excellent temperament are one who surrounds oneself with folks of integrity with expertise learned from life experiences — in other words, a "Cabinet" of qualified, honest advisors. In addition, of course, excellent temperament is one who listens carefully to advisors before making important decisions and even if he/she appears to be the "smartest" such temperament includes one who is humble and never promotes oneself as the smartest, giving credit to all.

This President inherited a country that was recovering well from the financial crisis of 2009. A Cabinet of highly qualified, experienced, patriotic Americans was approved by Congress. However, this President preferred to "run" our country as a Family Business, not as a democracy that relies on advice from Cabinet members. Soon into his Administration, Cabinet positions became "revolving doors" as he listened only to those with loyalty to the Family Business circle.

Truth will be known and history of these days will portray this one as the Emperor who had no clothes — nothing left with which to "cover up" his many falsehoods and weak leadership. My heart cries for those who suffer the cost of his arrogance. Our government is not a Family Business, it is the lives of our people.

Patty Tillerson

'Please slow down'

Dear Editor:

It is that time of year again and we would like to ask those heading to the dump on Buttress and Cascade to please slow down. There is a new county wide speed limit of 25 mph unless otherwise posted. Our roads are posted at 25 mph but many still do not observe this speed limit. The amount of dust created by higher speeds is overwhelming. It is to the point that we really think twice before going outside to do yard clean up.

Please look in your rear view mirror and see just how much dust you are creating. We ask that you please slow down for the sake of our lungs. Going 25 mph vs 35 to 45+ only saves you a minute from Buttress to Trujillo, but it saves us our health.

A huge thank you to those who do drive slow, we appreciate you very, very much.

Beth and Toby Tollefsen

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"Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful."

John 14:27

In light of health concerns for our community, the Pagosa Springs Church of Christ has suspended all public assemblies until further notice. This includes our Bible classes and worship services.

A website you may go to on Sunday for worship at home is <https://polishingthepulpit.com/>. The service will have congregational singing, prayers, communion thoughts, a Bible study with Dan Winkler, and thoughts on giving.

With more time available you might like to spend some of it in studying at home.

- If you are struggling with faith or have questions go to <https://www.doesgodexist.org/>. John Clayton was a former atheist who came to belief in God through science. He was a science teacher specializing in physics and earth science.
- A site designed to study the Bible in a safe environment: <https://www.mathesis.org/>. You may study alone or form a small group.
- In Search of the Lord's Way may be listened to on KWUF radio at 1400 AM radio every Sunday morning at 8:00 a.m.
- The following programs may be viewed on DISH TV Sunday mornings on channel 3, KCDO:
6:30 a.m. Let the Bible Speak
7:00 a.m. The Truth in Love
7:30 a.m. In Search of the Lord's Way

If you need to talk, please call the church building and we will get in touch with you. As the virus continues to spread please pray for leaders, the workers on the front lines, the sick, those who have lost loved ones, and those working on vaccines and cures. We pray life is back to normal soon.

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Town appoints Fay as municipal court judge

By Chris Mannara
Staff Writer

Judge Justin P. Fay is the municipal court judge for the Town of Pagosa Springs following his appointment by the Pagosa Springs Town Council at a special meeting on April 8.

Fay's appointment and oath came after three other oaths for the council members who were re-elected or elected the previous day — Mat deGraaf, Rory Burnett and Shari Pierce.

The town had a vacancy for the municipal court judge position following Clayton Buchner being appointed to the town attorney position at a regular meeting on March 3, Town Manager Andrea Phillips explained during the April 8 special meeting.

This position comes with a salary of \$45,000, Phillips added.

"At its last regular meeting on February 20, the town council discussed this selection process and determined that it did not want to go back out for a recruitment once again, since we did this a little over a year ago," she said, adding that council had expressed an interest in appointing Fay.

According to agenda documentation, Fay was appointed as the town's assistant municipal court judge in January of 2019.

"He is very highly recommended. He has been licensed with the Colorado Bar since 2006 and is an active and licensed attorney," she



SUN photo Chris Mannara

Judge Justin P. Fay is sworn in as the new municipal court judge for the Town of Pagosa Springs during a special meeting of the Pagosa Springs Town Council on April 8. Fay is taking over for former municipal court judge Clayton Buchner, who had previously been appointed to the town attorney position.

said. "He is definitely interested in the position."

The motion to appoint Fay as new municipal court judge passed

unanimously, with council approving an employment agreement with Fay.

Also during the April 8 meet-

ing, council member Madeline Bergon was appointed as mayor pro tem.

chris@pagosason.com

Food pantry updates in Archuleta County

By John Finerock
Staff Writer

Food pantries in Archuleta County remain open, but supplies are lower than normal due to the demand caused by issues surrounding the COVID-19 pandemic.

Most local food pantries who spoke with The SUN for this article suggest donating food, money or other supplies to local food pantries to help sustain the increased demand.

Food pantries

• St. Patrick's Episcopal Church at 225 S. Pagosa Blvd. is operating its food pantry on Thursdays from 10 a.m. to 2 p.m. Participants will

receive curbside service.

Local residents can donate food in barrels on the side of Parish Hall.

Food donations are accepted from 9 a.m. to 5 p.m. every weekday except for Thursday.

• Community United Methodist Church at 434 Lewis St. is running its food pantry on Tuesdays, Wednesdays and Thursdays from 9 a.m. to noon. These hours are listed as temporary and subject to change in the future. The pantry is operating as a curbside service.

• Amazing Grace Community Church at 77 Navajo Circle in Aspen Springs operates its food pantry on Wednesdays from 10 a.m. to 1 p.m. and Sunday during the same hours.

Curbside service is available.

• Loaves and Fishes at 451 Lewis St. offers free lunch on Thursdays from 11:30 a.m. to 1 p.m. Because of COVID-19, the lunch is now carry-out only.

• John Paul II Catholic Church at 353 S. Pagosa Blvd is offering a food pantry on Wednesdays from 10 a.m. to noon with curbside service only. Food donations are accepted just inside the church.

• Restoration Fellowship Church at 264 Village Drive has a food pantry on Sundays from noon to 1:30 p.m.

The church also has a food distribution program that is separate from the food pantry, a government program called TEFAP that occurs every third Monday of the month between 11:30 a.m. and 2 p.m.

Restoration Fellowship's food pantry offerings are by appoint-

ment only.

• TARA Community Center in Arboles runs a drive-thru food pantry on Saturdays from 11 a.m. to noon.

Residents can also call Susan at 883-0017 to set up a delivery or a separate pick-up time.

Wilderness Journeys is also working with local food pantries to coordinate some food delivery, but suggested that local residents contact their local food pantry, and not Wilderness Journeys directly, to set up the details.

Some local businesses that are also accepting food donations to the local food bank are the uptown UPS Store and Pagosa Brewing.

Diapers and baby formula

• Aspire Medical Services and
■ See Food A9

Obituary

Ralph John Goulds

Ralph John Goulds, CAPT, USN (Ret.), loving husband and father, left us on April 1.



Ralph was born in Vienna, Austria, in 1929 and was sent to England in 1937 to escape the persecutions of the time. Ralph arrived in New York, N.Y., to join his parents in 1939.

Ralph entered the U.S. Navy after a four-year NROTC scholarship at the University of Rochester; he was commissioned an ensign and reported aboard the USS SICILY on June 1957.

Upon graduating from Submarine School in December 1953, Ralph Goulds served on USS Angler

(53-56), USS Piper (56-57), U.S. Submarine Base, New London, Conn. (57-59), Submarine Squadron Ten (59-60), USS Sailfish (60), executive officer, USS Blenny (60-62), Naval War College, Command and Staff Course (62-63), commanding officer, USS Entemedor (63-65), Naval War College (65-67), Seventh Fleet staff (67-69), Commander Submarine Force, Pacific (70-74), commanding officer, USS Hassayampa (74-76), chief of staff, U.S. Naval Forces, Japan (76-81). Retired (81).

July 16, 2013, was named Ralph Goulds day in Archuleta County.

Ralph is survived by his wife, Samuelle Goulds, and daughter Valerie Goulds.

Due to the coronavirus, no service plans can be made. In lieu of flowers, please consider a donation to the Wounded Warriors Foundation.

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On behalf of our grateful community, the Board of Directors for the Pagosa Springs Medical Center would like to extend our heartfelt thanks to all the employees of the medical center for their untold hours of dedicated work and the commitment they display on a daily basis to help keep us safe and healthy.

The Board of Directors is proud to recognize the sacrifice and quiet dignity displayed by all of you during these unprecedented and uncertain times.

Through your efforts, we will weather this together and be a stronger community of neighbors when the COVID-19 crisis has passed.

Thank you – You are our heroes!

Greg Schulte-Chairman

Matt A. Mees-Vice Chairman

Dr. King Campbell-Secretary/Treasurer

Kate Alfred-Director

Dr. Jim Pruitt-Director

Karin L. Daniels-Director

Jason Cox-Director

PAGOSA SPRINGS Medical Center

Business

Chamber hanging baskets now available for order

By Mary Jo Coulehan
Special to The SUN

Aesthetically, Pagosa Springs is looking fairly barren right now. However, social distancing and business closures will not last forever. Pagosans are looking forward to vibrancy, warmer weather and color.

The annual Pagosa Chamber Hanging Basket program has begun offering two sizes of hanging baskets again this year. The beautiful 12-inch baskets will be provided by Pagosa Feed and Nursery. These baskets are specially planted for this program with a mix of flowers and greens. They are packed densely and grow into stunning colorful baskets. The 16-inch baskets are also specially grown by Kathy and consist primarily of the beautiful and varietal calibrachoa flowers.

These baskets are stunningly large and heavy, so when ordering, make sure that you have a location where you can easily water the baskets and have appropriate hardware to handle the weight of the basket. The 12-inch baskets are \$35 and the 16-inch baskets are \$110.

The 12-inch baskets are scheduled to be available for pickup or delivery on May 22, just before the Memorial Day weekend. The 16-inch baskets most likely will be delivered the first week of June. There are a limited amount of baskets in each size, so please order early.

To order the baskets, visit the Chamber website, www.pagosachamber.com, and navigate to the Activities and Events tab and the Pagosa Pride Hanging Basket Program will appear on the drop-down menu. From this page, you can either order and pay directly online or you can download the form and bring it to the Chamber with cash or check. We are also offering payment plans this year for larger quantities ordered. Please contact the Chamber if you would like to set up a payment plan.

We are looking forward to adding some color to our community,

welcoming tourists when the social distancing bans are lifted and people will be clamoring to get out and about. Baskets are open to the public and you do not have to be a Chamber member to order them. Questions about the program can also be directed to the Chamber staff at 264-2360.

Chamber business COVID-19 Economic Survey

Beginning Monday, April 13, the Chamber released an Economic COVID-19 Survey for our business community.

It is important that we have an accurate assessment of the status of our community. From the recent analysis from the Department of Labor and Employment, over 50 percent of the unemployment filings have been related to the restaurant and lodging industry. However, on a county level, we do not have that information yet.

This information will be used to help us take a snapshot of our economic status, to use these statistics with our local and state government entities, and to assess what we will need to do in the near future.

The business survey is open to all businesses, not just Chamber members. Chamber members should have received an email with the link to the survey on Monday. However, businesses can also access the link on the homepage of the Chamber website at www.pagosachamber.com. The survey is open until April 30. Please take five minutes to voice your status.

Relief for independent contractors and the self-employed

The federal CARES Act now allows for gig workers and self-employed/independent contractors to apply for several relief programs. Both the Paycheck Protection Program (PPP) and Colorado Unemployment are available to this category of workers.

In the past, self-employed and/

or gig workers were not eligible to claim unemployment due primarily to the fact that they did not pay into the unemployment pool. Therefore, they were not able to collect unemployment insurance. However, as a result of the COVID-19 pandemic, these rules have changed. These self-employed or contract workers can apply for financial assistance.

However, this pool of workers must decide which program to apply to. You are not eligible for funds from both pools of money. Remember, the PPP program must be used for wages and also for rent, mortgage and utilities. This program is useful if you want to keep perhaps you and even another person on the payroll. That person may actually also be a family member who takes care of the books, books appointments and the like. Your home may be your office, so some of those items may also be covered. You will need to collect documentation such as 1099s, W2s, (from all jobs), 2018 or 2019 taxes, invoices, payment receipts and the like in order to file for either program. You will need to attest when your losses started to occur. It is also important to remember that you cannot apply for future losses.

All unemployment applicants will need to file weekly with the state at <http://www.connectingcolorado.com>. Although the state knows that jobs will be limited and unavailable, applicants can claim business closure due to COVID-19 until that business is able to reopen and the employer is able to put you back on payroll or the governor's order has been rescinded and the self-employed or contract worker can return to their trade.

The state has a wage estimate calculator that you can use to help you for unemployment: <http://www.coworkforce.com/uibEstimator/>. If you file for unemployment, you will also be eligible for the \$600/week federal addition to your unemployment benefit. This amount is retroactive until March 29 and could continue

for 13 weeks. You do not have to do anything to claim these additional funds. It will automatically be added to your unemployment filing. It is also important to remember that unemployment benefits are taxable.

Visit the Colorado Department of Labor and Employment's website at <https://www.colorado.gov/cdle> for information on how to file for unemployment, the benefit calculator and much more. If filing for unemployment, note that the state has now broken out the filing by last name alphabetizing: A-M is Sunday, Tuesday, Thursday and after noon on Saturdays, and N-Z is Monday, Wednesday, Friday and before noon on Saturdays. If you do not file on the days related to your last name, the system will not take your application and you will be delayed. The department has also added a new button where you can request and receive a PIN number online. While many have experienced frustration over a delay in getting PIN numbers and the system "crashing" when filing, remember that an incident such as this pandemic has never been experienced before.

The state of Colorado has processed over 200,000 initial claims in just three weeks. It is working with a system that never anticipated this demand. With many of the PINs now having been issued, payments will soon be processed. If you feel your estimate is incorrect, you may file an appeal and there is also a location on the website to request another PIN.

Financial breathing room is on the way for employees, gig and self-employed workers. If you do not have a computer and need assistance, contact the Training Advantage at 264-5627 and they can assist you with your filing. PPP applicants should contact their bank to assist with the filing of this documentation as all banks are processing PPP applications. The Small Business Development Center can also assist you with selecting the correct program for your needs.

Tourism Board discusses program to support businesses

By Chris Mannara
Staff Writer

A potential program with various ways to engage and support businesses during the COVID-19 pandemic was discussed by the Pagosa Area Tourism Board (PATB) during an electronic meeting held on Tuesday night.

Presented by Tourism Director Jennifer Green, the plan outlines various methods and ideas that the PATB could utilize in order to create a "Business Engagement and Support Program."

Agenda documentation outlines that this program could provide "immense benefits at no charge to participating businesses."

Additionally, this program would have minimal effect to the tourism budget, as most of the expense is staff time dedicated to implementing the program, Green explained.

"This seems like a prime opportunity to really bring all of the businesses that want to help move tourism in the right direction to the same table," Green said.

Some of the benefits of the pro-

gram would be getting businesses to train their employees through the webinars that the PATB has available, she explained.

If businesses do that, they would be designated as a "Tourism Expert" or some other distinction the PATB comes up with, she explained further, adding that this could get businesses more attention from visitors.

"They would have access to all of the free advertising opportunities as relevant to their business," she said.

Other benefits of this program include a weekly e-newsletter to participating businesses with links to weekly live music and events, Green explained, adding that the e-newsletter could also include tourism information.

"It's really just a form of communication because we're not membership-based we don't have a list of participants that we can actually email out to. I think this would help in general with overall communication," Green added.

Reporting of any trackable advertising programs would also be available to participating businesses,

Green described, noting that she did not know what the frequency of that reporting would be.

Free consulting is also a benefit for businesses under this potential program, Green added.

"It seems really helpful for businesses that really don't have an idea of what Visit Pagosa Springs is doing, to start with a one-on-one conversation, generally with me, just to get an idea, a 30,000-foot view of what we're doing," she said.

There also is an opportunity for businesses to have paid advertising, Green added.

"I don't think that the paid opportunities that we have are relevant to most of the businesses in the community, but it could be like a Google search site re-targeting. That's a rather expensive endeavor," Green said, adding that the PATB could think of doing a dollar-for-dollar marketing grant on the paid advertising opportunities.

PATB member Nick Tallent noted that he thought this plan was a great idea, but added that he believed the program was a "significant overlap with the entirety of the purpose for

the Chamber of Commerce."

"I anticipated that concern being mentioned. We are strictly focused on tourism and the thing is if we can get our frontline employees of the businesses to be able to answer questions the same way that we answer questions at the visitors' center, it's extending the role of Visit Pagosa in the community," she said.

The program would be focused on tourism and all the PATB would be doing is asking employers to train their employees with PATB resources, she added.

PATB member Lauri Heraty noted that she did not see an overlap with this program and the Chamber of Commerce.

"I think it would be wise to maybe bring in the Chamber, just into the conversation, to make sure that we can have a symbiotic relationship and not a warring relationship," PATB member Madeline Bergon said.

Following more discussion, Green suggested that a subcommittee be created to determine how best to implement this plan.

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San Juan Basin Public Health issues face covering advisory

By Claire Ninde
Special to The SUN

San Juan Basin Public Health (SJBPH) issued a face covering advisory for La Plata and Archuleta counties, effective April 11, as an important step to slow the spread of the disease caused by the novel (new) coronavirus (COVID-19).

SJBPH and its partners have taken strong measures to slow the spread of COVID-19, but despite these efforts, there continues to be community transmission within Archuleta and La Plata counties. Without a vaccine or treat-

ment, additional social distancing measures are necessary.

Recent information has indicated that covering your nose and mouth can slow the spread of COVID-19 because:

- Individuals can be contagious before the onset of symptoms. You may be contagious and do not know it. If you have covered your nose and mouth, it can limit the spread of COVID-19.
- We touch our face less when our face is covered.
- Touching your face after touching something contaminated with COVID-19 increases your chances of getting sick with the virus.

The face covering advisory is particularly

important for essential workers such as grocery and restaurant employees when they are regularly interacting with the public. The advisory also applies to anyone who leaves their home to meet essential needs.

Information on how to make face coverings and properly care for them can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>.

For the most up-to-date information on how to take precautions against the spread of COVID-19, visit SJBPH's website at: <https://sjbpublichealth.org/coronavirus/>.

Domestic violence on the rise, local services can help

By John Finerock
Staff Writer

Domestic violence is on the rise in Archuleta County.

Archuleta County Undersheriff Derek Woodman noted there has been an "uptick" in domestic violence calls over the past month and Rise Above Violence, a local nonprofit dedicated to assisting victims of domestic violence and sexual assault, has seen its call volume increase.

"We had one weekend where we typically get one or two cases and we had seven over a weekend," said Carmen Hubbs, executive director of Rise, in an interview with The SUN.

Hubbs noted that Rise is still fully operational during the COVID-19 pandemic, citing there was a misconception some of its services are not currently available.

"The only thing that is changed is we can't provide our services face-to-face like we did typically, but those same services can be accomplished over the phone," Hubbs said.

Hubbs explained that when natural disasters or catastrophic events like a global pandemic occur, domestic abuse and sexual assault numbers go up.

"We are experiencing that," she said.

Rise's website defines domestic violence as "a pattern of abusive and coercive behaviors that are used by one partner to gain and maintain power and control over another intimate partner."

The website states that over half of all American families experience domestic violence at least once, and for about a third, it is ongoing.

In 50 percent to 70 percent of

violent families, the children are also abused, according to the website.

Hubbs explained one in four women and one in seven men are victims of domestic violence.

"NO ONE deserves to be abused or assaulted. You did nothing to deserve abuse. You are a victim of a violent crime. You need not feel ashamed, guilty or embarrassed to ask for support," Rise's website states.

Rise's services, which are all confidential and free, and available in English and Spanish, include:

- Immediate crisis intervention available 24 hours a day by an advocate trained to listen and provide support at 264-9075.
- Court advocates to explain the criminal justice system and assist with civil restraining orders.
- Emergency transportation to a safe shelter.
- Financial assistance.
- An online chat option at riseaboveviolence.org to talk to an advocate that is confidential and compliant with the Health Insurance Portability and Accountability Act (HIPAA).

Hubbs explained that people in abusive relationships can't always make a phone call safely, highlighting the importance of the chat feature.

Rise advocates can also help people create a "Personal Safety Plan," which is developed with the survivor to determine what safety measures are most helpful to their particular situation, according to Hubbs.

Hubbs acknowledged that COVID-19 can make people wary about going to the hospital if they need medical treatment, and noted the local hospital is doing an excellent

job of taking safety precautions and urged those who need medical care to go get it.

"If people need medical care — especially for sexual assault victims right now — it's scary about thinking about going to a hospital, so I'm afraid that people aren't seeking medical attention for fear of contracting COVID-19," Hubbs said.

Hubbs also explained there is a misconception that Rise encourages people to leave abusive relationships.

"We try to encourage people to just be safe, whatever that is. Whether that's in their home, whether that's out of their home, whether that's in their relationship, whether that's out of their relationship," Hubbs said, adding, "A lot of people that end up being killed — the worst cases of domestic violence — it happens after they've left, so leaving sometimes is the most dangerous time for people. So we don't ever advocate for that. We absolutely assess what is the safest route for them and what do they want ... We never tell people to leave, that is not our objective."

During the interview, Hubbs repeatedly explained that each person and situation can have different safety measures tailored to their unique situation.

"We always try to explore what makes them feel safer and what they'll actually implement if things start getting unsafe," she said.

Hubbs reported that emotional abuse and financial abuse nearly always accompany domestic violence.

Emotional abuse can include anything that affects the victim's psychological or mental health,

Public Meetings

The following meetings are subject to change.

Tuesday, April 21

Archuleta County Board of County Commissioners work session. 8:30 a.m. Call 264-8300 one to two days before the meeting to obtain the login information.

Archuleta County Board of County Commissioners regular meeting. 1:30 p.m. Call 264-8300 one to two days before the meeting to obtain the login information.

Thursday, April 23

Pagosa Springs Town Council meeting. 5 p.m. See town website for participation information.

Tuesday, April 28

Archuleta County Board of County Commissioners work session. 8:30 a.m. Call 264-8300 one to two days before the meeting to obtain the log-in information.

Upper San Juan Health Service District regular board meeting. 5:30 p.m.

Wednesday, April 29

Southwestern Water Conservation District board teleconference. 9 a.m. Call (605) 475-5618, 797282#.

Thursday, April 30

Pagosa Springs Town Council work session. 5 p.m. See town website for participation information.



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Medical

■ Continued from front receive at home.

Models show that surge could come around May.

“So what the newest projections for us are that we would expect to have at least five COVID-positive patients in our hospital by the first week of May, and then from then on, it’s supposed to increase,” said PSMC CEO Dr. Rhonda Webb Wednesday.

Webb added that she believes social distancing means there will be less of a surge and PSMC may never surge above its capacity, but pointed out that if the numbers pan out, there will be cases in the hospital.

To help prepare, PSMC has transitioned to a combination of in-person, phone and video visits and has made changes at its facility to lessen the risk of exposure to those who may have COVID-19.

The changes at PSMC begin outside the facility, where a tent now provides screening for anyone entering the building. The screening includes having your temperature

taken and answering questions related to common COVID-19 symptoms.

Webb explained that all PSMC employees are screened in their vehicles before entering the facility.

After being screened, those entering the facility must have a mask and are generally sent into the building via one of two ways: through a doorway to the clinic or through another entrance to an area set up to treat anyone with “suspicious” symptoms that could be COVID-19, Webb explained.

Ambulances can still access via the Emergency Department entrance and cancer patients can go through a separate entrance, indicated PSMC’s chief operating officer, Kathee Douglas on April 8.

“That really is working out well,” Webb said Wednesday.

Webb noted that PSMC continues to do labs, see chronic and acute patients, and PSMC EMS continues to respond to emergencies.

“People still need to have their

chronic conditions taken care of, even with all of this,” Webb said.

People should not be surprised if their doctor or medic has more personal protective equipment on than prior to the pandemic, Webb indicated, noting that it is to protect them, with first responders across the nation contracting COVID-19.

Inside the facility, PSMC personnel have installed plastic barriers to help reduce the contact between staff and patients and has acquired a system to help clean some masks for reuse.

PSMC currently has 10 beds and is licensed for 11, explained Webb and Douglas.

In a surge, PSMC could expand to upward of 20 beds, including two ICU beds.

Douglas explained that, in a surge, PSMC could have two intensive care patients in a room with a ventilator and piped oxygen.

Webb expressed that PSMC is not seeing health care facilities overwhelmed, meaning PSMC will still work to send the sickest

patients to other facilities for treatment.

PMG is also implementing changes to protect current patient needs with the possibility the facility may also be needed to treat COVID-positive patients.

PMG has applied to be a tier 2 alternative care site and submitted a surge plan to the state, indicated Dr. Dave Shaeffer and Dr. Amber Reiss-Holt, who own the practice.

Shaeffer reported to The SUN Wednesday that two people from the state health department toured the site last week, adding that the

state is focusing on tier 1 sites currently, then will focus on the tier 2 sites.

If approved, Shaeffer said, the state would help coordinate getting more personal protective equipment, oxygen and other needed supplies, and would coordinate additional resources such as added personnel if the need arises.

In the meantime, PMG continues to see regular and acute patients while using telehealth as much as possible, Shaeffer said.

Shaeffer and Reiss-Holt relayed that they have worked to cut down

the number of people in the facility, even removing chairs from the waiting area.

Shaeffer noted if people need to be seen in person, they are taken directly to the treatment area, with Reiss-Holt explaining staffing changes mean a patient comes into contact with fewer people over the course of their visit.

Shaeffer explained PMG is still doing urgent procedures that could mean a bad outcome if delayed, but that PMG’s overall patient visits have decreased.

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COVID-19

■ Continued from front negatives.

“We continue to be plagued with the problem with testing,” she said.

She explained the tests sent to the state lab are supposed to have better than 95 percent accuracy, but PSMC has seen patients it felt had all the symptoms of COVID-19, yet their tests have come back negative.

“They tout that it’s quite accurate, but yet we feel in our area that there are people who have it that are testing negative, but have all of the symptoms, including the loss of taste, the loss of smell, the cough, shortness of breath, muscle aches,” she said.

PSMC continues to watch what’s happening in other areas.

“There’s just so many unknowns, it’s still a challenge for us to know what to do,” Webb said.

The region has also seen an increase in testing capacity over the last week, with several health care facilities announcing a partnership with Cedar Diagnostics, which PMG has been using for weeks.

Shaeffer reported Wednesday the current turnaround time with Cedar is six to seven days due to a bottleneck with the New Jersey lab Cedar uses.

PSMC continues to work with the state lab, Webb noted, though it is looking at other opportunities related to testing with private labs.

She noted in a follow-up email PSMC is currently seeing about a 24-hour turnaround on test results.

Webb reported to The SUN that PSMC has nine employees who are quarantined for 14 days at their

homes due to potential exposure to a COVID-positive patient, though none were showing symptoms as of Wednesday morning.

Statement addressing second home owners

Maez released a video statement Tuesday addressing second home owners returning to the area.

“If you are coming, we are recommending that you bring at least two weeks worth of groceries with you, self-quarantine for at least two weeks before you get out and about in Archuleta County. We have citizens here that live year-round and we have to have respect for them,” Maez said.

Maez also noted the chance of exposure while traveling.

“Also, if there’s resources where you live and you’re healthy, I would advise you to stay where you’re at because here in Archuleta County, with our mountain hospital, it’s very small. We don’t have all the resources to handle everyone if an outbreak arises,” he said.

He then urges people to stay healthy, safe, maintain a safe distance and wear a face covering.

Staying safe

SJBPH has urged citizens to “keep yourself, your family, and your friends and neighbors safe” by:

- Staying at home.
- Washing your hands thoroughly and frequently.
- Staying 6 feet away from others when out in public.
- Covering your nose and mouth when out in public.

For more information on mak-

ing your own cloth mask, visit <https://www.coloradomaskproject.com/>.

COVID-19 symptoms and medical contacts

COVID-19 symptoms include fever, cough and shortness of breath. Those who experience these symptoms should self-quarantine and call their health care provider for a treatment plan.

Following are the phone numbers for local medical providers:

- PSMC: 731-3700.
- PMG: 372-0456.
- Archuleta Integrated Healthcare: 264-2104.
- Those without a doctor can call SJBPH at 247-5702, option 1.

Where can I learn more?

Several local, state and national health organizations are offering information on COVID-19:

- See related stories in this issue of The SUN.
- Visit www.PagosaSUN.com and on Facebook at www.facebook.com/pagosa.newspaper for updates on community closures, business information and more.

- PSMC: <http://pagosasprings-medicalcenter.org>.
- SJBPH: <https://sjbpublichealth.org/coronavirus/>.
- CDPHE: <https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>.
- Centers for Disease Control and Prevention: www.coronavirus.gov.
- World Health Organization: <https://www.who.int/westernpacific/emergencies/covid-19>.

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Top consumer complaints related to coronavirus released

Coloradans have filed complaints of refunds, pricing issues

By Emily Wenger
Special to The SUN

Attorney General Phil Weiser has released preliminary data on the top consumer complaints reported to the Colorado Department of Law related to the coronavirus pandemic.

In March, consumers submitted approximately 300 coronavirus-related complaints, according to preliminary data, largely centered on pricing (37 percent) and refund (45 percent) issues. Other complaints include robocalls and texts offering either false deals with merchants, stay-at-home work schemes or other inducements to get people to click on fake links. These links can then infect their devices or steal people’s personal information.

“Scammers are now taking advantage of Coloradans as they search for essential products to stay safe and healthy during the COVID-19 pandemic,” said Weiser. “That’s why we are asking anyone who has experienced or witnessed scams or price gouging during this public health emergency to report the incident to our office. By

working together, we can protect ourselves and other Coloradans from those bad actors seeking to take advantage of this public health emergency.”

Of the complaints received on pricing, the top concerns were sanitary items such as toilet paper, paper towels, hand sanitizer, disinfectant wipes and general cleaning supplies (26); food (13); and medical supplies/masks/prescriptions (5). The refund complaints largely related to lodging (24), travel (17), and lift tickets/skiing equipment (10).

The Attorney General’s Office offers the following tips for consumers related to price gouging — when sellers raise prices to an unfair or unconscionable level — and refunds.

Price gouging

- Do not panic and consult reputable sources for the most up-to-date information about COVID-19, including covid19.colorado.gov.
- Do not let price gougers profit off your concern.
- Remember that not all price increases constitute price gouging. There may be legitimate rea-

sons for why a seller may impose a small price increase, including an increase in the seller’s costs or bringing the product(s) to market.

Refunds

- Contact the business to ask about a refund or credit. Call rather than use an automated online reservation system. A chat feature may also work if you want a record of the communication.

- Before contacting the business to ask about a refund, review the relevant agreement or terms.
- If the business won’t issue a refund, consider asking about a credit for future use.

For more information about price gouging, refunds, and coronavirus-related scams and resources, go to coag.gov/coronavirus.

Complaints related to the coronavirus emergency remain under investigation by the Department of Law.

If you notice any scams, fraud, price gouging, or other attempts to take advantage of Coloradans during this public health emergency, contact Stop Fraud Colorado at (800) 222-4444 or StopFraudColorado.gov.

Unemployment

■ Continued from front ending March 28.

The number of claims dropped the next week, but still set record numbers.

“The state recorded 46,065 initial claims for the week ending April 4th. Combined with the 81,328 total initial claims filed the two weeks prior and that adds up to over

127,000 claims filed in a three-week period. For comparison, the total number of annual initial claims filed in 2017, 2018, and 2019 failed to exceed 120,000 for each year,” a document released by the CDLE reads.

Workers from the accommodation and food services industry filed for unemployment at a much

higher rate than normal.

According to CDLE, in 2019, accommodation and food service workers made up about 8 percent of initial unemployment claims, and in March and April have comprised about half of total initial unemployment claims each week.

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Burn

■ Continued from front

all outdoor burning, agricultural burns and recreational fires, to be implemented by executive order.

In a phone call Wednesday, PFPD Chief Randy Larson explained the fire chiefs’ rationale to ask for the burn ban was public health, in that open burning could compromise air quality and that there could be a potential shortage of firefighters due to quarantines that stem from the COVID-19 pandemic.

In an April 10 email to Polis, Larson wrote that, despite the request, not all fire chiefs are on board with a potential burn ban.

“I would like to ask for you to consider NOT placing a State-wide burn ban in effect,” Larson wrote. “After much consideration and listening to the State Fire Chief’s call on Monday there are many Fire Chief’s that are against taking away the local control concerning open burning. While I respect the severity of the COVID 19 situation I must also consider the threat to my community.”

At the county commissioners’ work session on Tuesday, commissioners Ron Maez and Alvin Schaaf also came out against a statewide burn ban.

“I’m not in favor of a burn ban in Archuleta County yet,” Maez said. “Right now is the time that people are cleaning up and burning out their ditches and getting their agricultural set up ... Now’s the time to do that instead of doing it in June or mid-June or late May. We’d have more problems and a bigger hazard then.”

“There is no health and safety aspect of doing a statewide burn

ban,” Schaaf said, adding, “It’s just an overreach of the state government, in my opinion.”

Archuleta County Emergency Operations Center (EOC) Director Mike Le Roux explained the position of the sheriff’s department, which includes the EOC, at the meeting.

“We don’t feel that we want to go with a statewide burn ban. We want to keep that local control. We agree that the volume of smoke that we put out with the pile burns and the [agricultural] burns is not enough at this point to compromise air quality,” Le Roux said, adding, “Last week we had two fires, ag burns that got out of hand, got beyond what those people burning could control. So while I’m against putting in a ban, definitely we have to be considerate of the resources that we have when there are more [people] at home.”

On Tuesday night, Larson gave an update on the burn ban at the PFPD Board of Directors’ meeting.

Larson reported that earlier in the day he learned that Polis would not institute a statewide burn ban via executive order and instead is leaving the decision to be made at the county level.

He explained his rationale for opposing a statewide ban.

“We would rather go ahead and let people do their burning now while the fuels are moist, our fuel moistures are high and our temperatures are low,” Larson said. “We wait six months and our fuel moisture will be low and our temperatures will be high ... I do not see us going into a burn ban anytime soon because of [the COVID-19] situation.”

On Wednesday, Maez and Archuleta County Sheriff Rich Valdez both signed a letter to Polis that opposes a statewide burn ban.

“While we appreciate the impact that COVID-19 has on our overextended resources, we are also planning for a potentially dry fire season in an area of the State with already limited initial attack resources,” the letter reads. “We are strong proponents for any mitigation that can be done safely and responsibly during the statewide stay-at-home order. In a time where more homeowners are present at their residence, we believe that the opportunities for fuel mitigation utilizing fire, significantly reduces the consequences and potential for wildfires in our forests ...”

In an informational release Tuesday night, the PFPD outlined the updated guidance it received from the governor.

The informational release states that the decision for burn bans will be left to each Colorado county to “make the best decision for their area and communities.”

“Currently, there are no burn restrictions in place other than the standard compliance regulations issues as part of a burn permit,” the release from the PFPD states.

Burn permits

An open burning fire permit is required for all open burning conducted within the boundaries of the PFPD.

More information, including a burn permit application, can be found at <https://pagosafire.org/permits-fees/>.

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Education

Charter school applying for PPP loan

By Randi Pierce
Staff Writer

Following continued discussion at its meeting Monday evening, the board of directors for Pagosa Peak Open School (PPOS) opted to move forward with an application to the Paycheck Protection Program (PPP).

The board first discussed applying for the program in a special meeting on April 5, but opted to gather more information before deciding on whether or not to apply.

The PPP is a loan from the U.S. Small Business Administration (SBA) that helps businesses keep their workforce employed during the COVID-19 pandemic.

The PPP, according to the SBA's website, is for any small business that employs less than 500 employees, private nonprofits or 501(c)(19) veterans organizations that have been affected by COVID-19.

This loan would be fully forgiven if funds are used for things such as payroll, interest on mortgages, rent and utilities, according to the SBA's website.

However, at least 75 percent of the forgiven amount must be used for payroll, according to the SBA's website. Payments on the PPP loan would be deferred for six months.

Then, on Monday, PPOS Business Manager Chenni Hammon told the board the finance committee was split in its recommendation to the board.

Later in the conversation, she noted the finance committee had voted three in favor, one against and had one abstention in its vote to recommend applying for the funds.

Hammon also explained that one of the school's attorneys, Tim Farmer, advised that the school not apply.

"After continuing this conversation with other charter attorneys, we're now advising against using this program for any payroll that is going to be covered by incoming PPR [per pupil revenue]," the attorney is quoted as writing in Hammon's report to the board. "Fee for service type positions, or other impacted positions, could still be possible, but there is growing concern about how charter schools can affirm the 'economic uncertainty' requirement in light of the incoming PPR."

"In any case, as I've stated before, it is ultimately the school's

decision, but our advice would be to only apply for those financially impacted aspects of the operations."

Hammon suggested that a multi-year obligation on a loan could be in violation of the Taxpayer Bill of Rights (TABOR) and the school had not had a significant loss of funds.

She further noted PPOS is registered with the state as a governmental entity, but with the IRS as a 501(c)(3) nonprofit.

Clay Buchner, an attorney and former board member, then suggested he had knowledge of other schools applying for PPP as 501(c)(3) nonprofits and noted he didn't see why PPOS wouldn't want to apply or why PPOS's attorney was advising against taking the free money.

School Director Angela Crossland explained that she had contacted Farmer and explained that the concern is how the funding could affect PPOS getting further funding under the Coronavirus Aid, Relief and Economic Security (CARES) Act.

Buchner opined that there is no statute, nor anything in the CARES Act, that supports that, but that the CARES Act "piggybacks" on statutes already in place and is under the Small Business Administration.

He noted that other education funding coming from the federal government will be discretionary and he wouldn't count on receiving much, with the \$3 billion for that effort being split between all 50 states.

Nothing in the CARES Act, he noted, talks about futures.

"All I see here is free money. Literally, free money," Buchner said.

Board member Bill Hudson suggested they "don't know what the legal ramifications are" for a school funded by the state and suggested the CARES Act was rushed through and rules are still being made up, meaning no one knows the ramifications.

He further suggested the school was not in the type of need meant for the funding and PPOS has funds to pay its staff.

He also suggested the situation presents an ethical problem with how the school is going to be perceived if it claims to be a nonprofit while being funded as a public school.

"We do have the funding right now," he said.

Hammon then provided an update from the Colorado Department of Education with the anticipated timeline for school funding going through the Colorado Legislature, which indicated by the end of May PPOS should have an idea what funding for its next fiscal year will look like.

Buchner then suggested his advice was coming from the letter of law and suggested lawmakers could have put another limiting clause in the act.

He also noted organizations don't have to show a loss of revenue, only uncertainty, and further indicated that a large portion of PPOS is still funded through donations and philanthropic efforts.

He added that the law allows for PPOS to pursue PPP funding and if it's legally available now, PPOS won't be penalized later.

As the discussion continued, board member Gary Hedgecock voiced his support for applying for the loan while fellow board member Elly Osmera suggested she didn't know how much the loan would be for and wasn't sure where the school gets most of its money from, or how much this event will affect the school.

Board member Julie Simmons opined that the board was spending too much time on the issue and should just apply.

Crossland suggested there could be language written into future competitive grants, but that some were saying charter schools were intentionally allowed.

She also noted there would be a lot of charter schools in the same boat.

"It is an immediate fix," she said, asking if PPOS could later return the money if it is discovered it could negatively impact the school.

Sherry Waner of First Southwest Bank explained the money can easily be repaid without penalty and it's "highly unlikely" PPOS wouldn't qualify for forgiveness of the loan.

Board member Mark Weiler noted the school was created as a 501(c)(3), which is specifically called out in the act, and if the funding is used as intended, TABOR won't be a concern.

He later added the board has a fiduciary responsibility to do what is in the best interest of the school.

He then motioned to have the school director fill out the application forms immediately, with that

motion receiving a second from Simmons.

The discussion continued after the motion, with board president Ursula Hudson expressing her lack of confidence in voting on the matter.

Hammon noted the school could make use of the funds, or it can stretch its budget.

Crossland revealed she was the abstention on the finance committee vote and Bill Hudson was the nay vote.

Bill Hudson suggested including in the motion that PPOS get legal advice on if going for the two-year loan would violate TABOR.

Weiler responded that if the money is spent in the way it is intended, it will be a grant, not a loan, and asking for a legal opinion would be wasting time.

With that, the board voted to apply for the funding, with four voting in favor, Bill Hudson voting against, and Osmera abstaining.

In other business at the meeting, the board:

- Heard updates on PPOS's distance learning.

- Voted to allow the school to look into funding for a 2022 service learning trip to Puerto Rico for that year's eighth-graders.

- Approved requesting and accepting grants for things such as academic remediation due to mandatory distance learning, Chromebooks and other supplies for distance learning in the future, operational funding to offset a postponed fundraiser, a kitchen renovation and other expenses relating to beginning a food program, and a garden and greenhouse.

- Approved the terms of the current board members as follows: Ursula Hudson, board president, May 2021.

- Approved a new contract with Crossland with the caveat that if funding is found to give the PPOS staff a 3 percent raise, the board can entertain an increase to Crossland's \$75,000 salary.

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Coronavirus public health emergency impacts March Safe2Tell tips

By Emily Wenger
Special to The SUN

Safe2Tell tips decreased 13 percent in March, according to the monthly report released his week, but Attorney General Phil Weiser and Program Director Essi Ellis encourage students to continue utilizing the tip line from home.

Prior Safe2Tell data reflects a cyclical decrease in tips during times of extended school closures, such as summer vacation and seasonal breaks. The decrease in tips was anticipated due to schools being closed in the wake of current, unprecedented times.

"As we all do our part and take action to protect our friends and family during this public health crisis by maintaining social distancing, we want students to know they can still anonymously report safety concerns to Safe2Tell," said Weiser. "The decrease in the number of tips we received in March was not unexpected, but the continued use of the program shows its value to our residents even while school buildings are not in use."

In March, the program received 1,768 tips, a 13 percent decrease in monthly tip volume compared to March 2019. To date for the 2019-2020 school year, Safe2Tell has received 17,775 tips, a 16 percent increase over the 2018-2019 school year.

Suicide threats (377) and drugs (101) continued to be two of the top categories of tips reported to the program, while school complaints (126) rose to replace bullying in the top three tip categories for March.

"School complaint" is a general category available for people to choose when submitting their tips. In March, the bulk of school com-

plaint tips were COVID-19 related.

"Safe2Tell never stops taking tips. During these unprecedented times, it is crucial for our youth to remember that they can continue to report safety concerns about themselves, their friends and their community, day or night," said Ellis.

In March, anonymous tips from students and other individuals successfully helped prevent incidents of harassment and illegal activity. For example:

- A Safe2Tell tip was received regarding student harassment. The school resource officer investigated and an action plan has been enacted for all parties involved.

- A Safe2Tell tip was received involving drugs. The police investigated and issued a citation.

COVID-19 complaints involving noncritical businesses remaining operational and other types of non-safety-related concerns should not be submitted to Safe2Tell. Instead, reference the attorney general's coronavirus page for further information and ways to submit reports about non-safety-related issues.

Safe2Tell is a successful violence intervention and prevention program for students to anonymously report threats to their own, and others', safety. Safe2Tell is not an emergency response unit nor mental health counseling service provider; it is a conduit of information for distributing anonymous tips to local law enforcement and school officials, according to state law.

To make a report, individuals can call (877) 542-7233 from anywhere, 24 hours a day, seven days a week. Reports also can be made at Safe2Tell.org or through the Safe2Tell mobile app, which is available on the Apple App Store or Google Play.

Take preventative measures around your home

By Pagosa Fire Protection District
Special to The SUN

The Pagosa Fire Protection District (PFPD), like many others across the nation, is developing new response plans for our area to adhere to guidance given by the local health department, state and federal mandates, as well as standard operating procedures. The current COVID-19 pandemic has not changed our timely response to emergencies. Additional procedures have been implemented to protect our citizens and our first responders.

We at PFPD would like to encourage our community members to take this time of social distancing to make certain your household has taken preventive measures against emergencies.

Now is a great time to:

- Clean your dryer vent.
- Rake leaves and pine needles away from residence to prepare for

wildland fire season.

- Test and clean your smoke detectors.

- Make sure your house address marker is visible from the street. Remember, if we can't find you, we can't help you.

All of these items could prevent an emergency from occurring. Pre-

vention is the best way to stay safe and to limit face-to-face exposure during this time of rapid disease spread.

Again, please be assured that should an emergency arise, our firefighters will respond immediately. Never hesitate to call 911 for an emergency situation.

Food

Continued from A5

Education at 602 S. 8th St. has diapers and formula to give to those in need.

Aspire is also accepting donations of diapers, and formula that is not expired.

Generally, Aspire is open Monday through Wednesday from 11 a.m. to 5 p.m., but call first at 264-5963 to schedule a pickup for baby supplies.

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Register at the Ross Aragon Community Center beginning April 15th

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Monday - Thursday 7:30 am - 5:30 pm
Friday 7:30 am - 4:00 pm

Scheduled activities run 9 am - 3 pm each day

One-time application fee of \$15 per child

Weekly camp fee \$85 per child, \$50 per each additional child in the same household

One-day drop in fee \$25 per child (upon availability) includes morning and afternoon snack

Weekly registration required.

For more information, call (970) 264-4152, ext. 521



Sponsored by the Town of Pagosa Springs Ross Aragon Community Center Parks and Recreation Department

WIC food and nutrition program open for business

By Jenny Howell
Special to The SUN

The Women, Infants and Children, or WIC, program is open for business and accepting new families.

WIC is a supplemental food and nutrition program for pregnant or postpartum women, infants and children up to age 5. Pregnant women or families experiencing a loss of income may qualify to enroll.

For the safety of our families, WIC is conducting existing and new client appointments over the phone.

To contact WIC, go to coloradodowicsignup.com to initiate a self-referral and a WIC staff member will call, or La Plata County residents can call 335-2026 and Archuleta County residents can call the Pagosa Springs office at 264-2409, ext. 3002.



SUN photo/Shari Pierce
Moises "Uncle Moe" Martinez celebrated his 84th birthday on April 11. His son, Ron Martinez, and nephew, Leonard Martinez, organized a surprise birthday party for Uncle Moe urging relatives and friends to drive by his South 8th Street home and honk their horns for his birthday while following guidelines for social distancing.

State releases initial race and ethnicity data for COVID-19 cases

Special to The SUN

The Colorado Department of Public Health and Environment (CDPHE) is releasing all available race and ethnicity data on reported cases of COVID-19 in the state.

The race and ethnicity data released as of Monday represents 75 percent of all reported COVID-19 cases. Cases with an unknown race or ethnicity are excluded from these calculations.

Initial disease reports to public health are often missing information on race and ethnicity. The CDPHE is drafting a public health order to clarify the type of data the department needs from health care entities. The public health order will help the department have a more complete data set moving forward.

Using the data available now, the percentage of cases is statistically higher for Hispanic, Black/African American, and Native Hawaiian/Pacific Islander Coloradans compared to the overall population distribution.

Here are the cases collected and analyzed by race/ethnicity by

number.*

Total: 5,188 cases with race and ethnicity data.

- American Indian or Alaskan Natives (non-Hispanic): 24 cases, 0.46 percent.
- Asian (non-Hispanic): 116 cases, 2.24 percent (statistically higher).
- Black or African American (non-Hispanic): 363 cases, 7.00 percent (statistically higher).
- Hispanic: 1,458 cases, 28.10 percent (statistically higher).
- Multiple racial categories (non-Hispanic): 96 cases, 1.85 percent (statistically lower).
- Native Hawaiian or other Pacific Islander (non-Hispanic): 29 cases, 0.56 percent (statistically higher).
- Other: 38 cases, 0.73 percent (no test performed as population data do not include "other").
- White (non-Hispanic): 3,064 cases, 59.06 percent (statistically lower).

Here are the deaths among cases collected and analyzed by race/ethnicity by number:

Total: 249 deaths among cases with race and ethnicity data.

- American Indian or Alaskan Natives (non-Hispanic): two deaths, 0.80 percent.
- Asian (non-Hispanic): seven deaths, 2.81 percent.
- Black or African American (non-Hispanic): 17 deaths, 6.83 percent.
- Hispanic: 44 deaths, 17.67 percent.
- Multiple racial categories (non-Hispanic): three deaths, 1.20 percent.
- Native Hawaiian or other Pacific Islander (non-Hispanic): four deaths, 1.61 percent.
- Other: zero deaths (no test performed as population data do not include "other").
- White (non-Hispanic): 172 deaths, 69.08 percent.

Colorado has racial disparities in certain chronic diseases due to unequal access to health care and economic opportunities occurring over many generations. Because studies have shown people with underlying health conditions are more likely to die of the virus, tracking racial and ethnic data is a high priority for the department.

"We know that social and health

care inequities affect outcomes and that becomes even more apparent in times of disaster," said Jill Hunsaker-Ryan, executive director of the CDPHE. "There have been generations of institutionalized barriers to things like preventive medical care, healthy food, safe and stable housing, quality education, reliable transportation and clean air. Research shows that these types of factors are the most predictive of health outcomes. There is much to be learned from this disaster, and the uneven effects of COVID-19 on different communities will perhaps be one of the most profound lessons. It's apparent now more than ever why we must bridge these inequities and even more closely track the outcomes of COVID-19 by race and ethnicity."

CDPHE is working continuously on data analysis and will update case data by race/ethnicity and other factors as it is available. The CDPHE will add race and ethnicity data to its daily refresh of data.

*Unless otherwise indicated, the percentage listed is not statistically different from the general population distribution.

Coronavirus could create concern for cat and ferret owners

By Chris Mannara
Staff Writer

In a phone interview on Monday, Dr. Kitze Farrah with San Juan Veterinary Hospital explained that owners of cats and ferrets might have to take extra precautions during the COVID-19 pandemic.

"With this being such a real novel virus, we're going to keep learning things about it at all times," Farrah said. "There have been some studies recently that are showing that cats and ferrets can get infected with the virus."

This information was released in a statement by the American Veterinary Medical Association (AVMA), which has yet to be peer-reviewed, Farrah noted.

"They are not a huge root of transmission to people. You don't need to worry about that. You're a lot more likely to get COVID from other

people," she said. "The concern that they are putting out for this is that if you have COVID-19, really you should be isolating yourself from people, but you should be isolating yourself from your pets, as well."

However, Farrah noted that the World Health Organization, in a separate statement, explained that it did not believe that cats or ferrets played a role in the transmission of COVID-19, but they may be able to be infected from an infected person.

"What they are encouraging to us clients is, if you're sick, isolate yourself from your animals. Cats or ferrets more so than dogs," she said. "If a client is sick and their cat needs to come to the veterinarian, please inform us that they're sick or if they've been exposed to COVID because we will take more precautions when we handle that cat."

In a separate phone interview in March with The SUN, Farrah

outlined a few tips on handling pets during the COVID-19 pandemic.

The AVMA suggests that if anyone is sick with COVID-19 to "limit their handling" of pets.

It is recommended that someone in the household who is not sick handle the pet, Farrah added.

"If you're well, don't worry about it. Feed and handle your animal per normal," she said.

However, if you are a single pet owner and you've contracted the virus, it is recommended that owners don't sleep with their pets, she added later.

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Community news.

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We are extending the Adult Role Model Campaign until May 1st.

Who is your Role Model?
Who is your hero in this time of COVID-19?

Forms went home with students at the beginning of March or you can request a form. Forms can also be downloaded at <https://sjbpublichealth.org/thrivingcommunities>

Call Cheryl Bowdridge at 970-946-5276 with questions or email: cbowdridge@sjbpublichealth.org

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EXTENSION VIEWPOINTS

Stretch your food dollar: Strategies to shop smart and fill your cart

By Robin Young and Jessica Clifford
SUN Columnist

With rapid changes and uncertainty brought about by the coronavirus pandemic, people are making changes about the way they spend their money. Whether this is a forced change due to a loss of a job, a decision made because of fear about overspending during uncertain times or simply just a decision to save money, thoughtful consideration about spending is important.

Spending money on food is no exception. Food is essential and understanding how to make the most of your food dollar can help fill your cart while not overspending. Purchasing foods that are not only affordable, but also healthy, is important during a pandemic when immunity is key.

With a little planning and strategy, shoppers can stretch their food dollar and get the most bang for their buck. Shoppers can consider the following steps to get started.

Budget: First, know your budget. Determine how much you have to spend on food each week and work from that. Given changes in your life, you may find that you are working with a budget that is lower than you are used to.

Plan your weekly meals: Planning for and shopping every seven to 10 days is a good option. This avoids visiting the grocery store too frequently during the time of social distancing, but also avoids going less frequently, which may lead to purchasing too much food and potential waste. Think about meals or recipes with enough servings for multiple meals. This can reduce the number of ingredients you need to buy and save you time preparing another meal. Using a meal plan worksheet can help with planning.

Take inventory of what you have and make a grocery list: Refer to your written meal plan and recipes to make a grocery list. Before adding everything to your grocery list, look in your cabinets, refrigerator and freezer to see what you already have. Make note of what you have on hand, as you will not need to add this to your grocery list.

Shop smart: Before shopping, read the sales fliers for your grocery store and gather coupons, but use only for items that you need and know you will use. Inquire about joining a store's loyalty program to take advantage of additional sales for members. Joining these programs is free.

Read the expiration date on packaged foods and choose those

with the latest expiration date so they last longer.

When buying fruits and vegetables, choose in-season produce when able. Items in season are often on sale and less expensive. A seasonal produce guide (<https://snaped.fns.usda.gov/seasonal-produce-guide>) may provide more guidance. Consider canned and frozen fruits and vegetables. These products are just as nutritious as fresh, often cost less and store longer. Choose fruit canned in 100 percent fruit juice and vegetables with "low-sodium" or "no salt added" on the label.

Canned or dried beans and lentils; canned fish like tuna, salmon and sardines; and eggs are all low-cost and healthy protein foods. Whole-grain pastas, brown rice, cornmeal and whole oats are all budget-friendly whole grains. Check ingredient lists and pick the items that have a whole grain listed first.

Choose low-fat or fat-free milk. They provide just as much calcium, but fewer calories than whole and 2 percent milk. If you enjoy yogurt, buy the larger size of low-fat plain yogurt instead of individual flavored yogurt. Then add your own flavors by mixing in fruits. Not only does it cost less, but also eliminates added sugars.

Understand prices before purchasing: Understanding the price tag on the grocery shelf can help you save money. The price you pay for an item is called the retail price and the price an item costs per pound, ounce, quart, etc. is called the unit price. The unit price is helpful in comparing two items. The unit price is next to the retail price, highlighted in a yellow or red box. Look at this price to compare two items and see which is a better deal and for which you are getting more for your money.

With a little planning and strategy, shoppers can stretch their food dollar to get the most for their money.

Jessica Clifford, MS, RDN, is a CSU Extension specialist — nutrition.

Earth Week programs

Resilient Archuleta and the Geothermal Greenhouse Partnership invite you to participate in a celebration of Earth Week. Each of the programs are held on Monday, April 20 and Wednesday, April 23, of Earth Week, each starting at 6 p.m.

CoCoRaHS — April 20, 6 p.m.: <https://zoom.us/j/155157171>, meeting ID: 155 157 171. Call-in number is (346) 248-7799 or (669) 900-6833.

Climate Talk — April 22, 6 p.m.: <https://zoom.us/j/133064826>, meeting ID: 133 064 826. Call-in number is (253) 215-8782 or (301) 715-8592.

For more information, please email robin.young@colostate.edu or call the office at 264-5931 and leave a message to be returned. We hope you will join us.

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Water production up over last week

By Chris Mannara
Staff Writer

From April 3 through April 9 of this year, total water production was listed at 10.51 million gallons, according to a press release from Pagosa Area Water and Sanitation District Manager Justin Ramsey.

The Snowball water treatment plant produced 3.4 million gallons in that time frame and the Hatcher water treatment plant produced 7.11 million gallons.

Last year in the same time period, water production was 11.60 million gallons.

From March 27 through April 2 of this year, total water production was recorded at 9.79 million gallons.

Only three local lakes are full this week. Last week, five were full, according to Ramsey's press release.

Hatcher Lake, Stevens Lake and Village Lake all remain full this week.

Lake Pagosa is 5 inches from full this week, or 98.19 percent full. Last week, it was full.

Lake Forest is 1 inch from full this week, or 99.24 percent full. Last week, it was full.

In an email to The SUN, Ramsey explained that all local lakes are basically full; however, the difference in a couple of inches could be due to wind or calibration.

Total diversion flows remain at 4.5 cubic feet per second (cfs). The West Fork diversion is still contrib-

uting 3 cfs and the Four Mile diversion is still adding 1.5 cfs.

Snow water equivalency (SWE) data has seen a decrease since last week as totals fell from 25.9 inches to 23.9 inches. The SWE median has slightly increased, however, going from 32.2 inches to 32.3 inches.

This week, SWE data is 74 percent of median. Last week, it was 80.4 percent of median.

Precipitation data remains unchanged since last week, remaining at 26.5 inches. The precipitation median has increased, however, from 34 inches to 35.7 inches.

This week, precipitation data is 79.9 percent of median. Last week, it was 74.2 percent of median.
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To see if you qualify (see chart) or call 1-866-HEAT-HELP (1-866-432-8435)
Online: Colorado.gov/CDHS/LEAP or Coloradopeak.secure.force.com

HOUSEHOLD SIZE	MONTHLY GROSS INCOME (60% OF STATE MEDIAN INCOME)
1	\$2,371
2	\$3,101
3	\$3,831
4	\$4,561
5	\$5,290
6	\$6,021
7	\$6,157
8	\$6,294
<i>For each additional person over 8</i>	
<i>add \$137</i>	

The Archuleta County Department of Human Services can provide application assistance. Call 970-264-8511 to reserve a spot. Appointments will be held at the Ruby Sisson Memorial Library, 811 San Juan St., Pagosa Springs, CO. Applications may also be sent directly to Discover My Goodwill at LEAP, PO Box 39200, Colorado Springs, CO 80949-9905.

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Updated Guidance on Practicing Real Estate During this Pandemic – April 9, 2020

The Department of Regulatory Agencies Division of Real Estate recently issued updated guidance on practicing real estate during this pandemic. In this update, it is clarified that “Real estate appraisals and closings are considered critical services to complete real estate transactions. Further, home inspections and final walkthroughs after a buyer has signed a purchase contract and is therefore a condition precedent to the actual transfer of property, is also considered to be an essential part of the real estate transaction. Elements that are fundamental to the real estate transaction are deemed essential to support market activity. However, showing a property or conducting an open house in-person during the COVID-19 pandemic shall be avoided as it violates the specific mandates of recently issued executive and public health orders.” Read DORA’s full bulletin here (<https://content.govdelivery.com/accounts/CODORA/bulletins/2859522>).

CAR and our leadership, lobbyists & Government Affairs team have been working to obtain a reasonable, practical interpretation of the Order from both the AGs office and the Governor’s office. Yesterday, CAR worked with partners in the real estate industry to send a stakeholder letter (https://www.coloradorealtors.com/wp-content/uploads/2020/04/REALTORS-Letter-to-Governor-Polis-Real-Estate-Transactions-Critical-Elements3.pdf?_zs=SwrnX&_zl=uHe32) to the Governor’s office respectfully requesting that real estate related services be clarified to include any critical aspect of the real estate transaction such as property inspection, final walkthroughs and showings if they can be done with virtual technology that would not violate the social distancing precautions under the shelter in place requirements recently extended to April 26th.

Today’s clarification is a direct result of CAR’s working relationship with the Governor, his staff, the Attorney General’s office, the Division of Real Estate, and the Division of Regulatory Agencies. CAR has been working tirelessly to ensure your opportunity to continue to conduct the essential services of your business within the established social distancing, safety and health mandates that are currently in place.

We understand that the last several days have proven to be confusing and challenging but are confident that these clarified guidelines will help Colorado REALTORS® successfully navigate their real estate business within the confines of the Governor’s Order. Again, we want all Colorado REALTORS® to understand that with great power comes great responsibility. And again, this clarification does not reflect “business as usual” for real estate in Colorado. The COVID-19 crisis must be taken extremely seriously and ALL Colorado REALTORS® should take extreme precautions whenever executing any part of their business. State and local mandates are a reflection of the incredibly serious nature of the global health risk and we have a responsibility to protect the public, our clients, and business associates.

All services included in the public health order are subject to social distancing requirements outlined in the Governor’s updated order here (<https://drive.google.com/file/d/1h5yVD4wlb6evhqqrbEgypcgKMr6i8SOX/view>).

No matter how difficult the situation is, the Colorado REALTOR® family stands strong. We want to thank you for your patience and understanding. We will make it through this unprecedented time together and emerge stronger advocates for our industry and communities.




This message brought to you by the Pagosa Springs Area Association of REALTORS®.

From the canvas to the page: Betty Slade on connecting with others and finding inspiration through writing



Betty Slade

By Chris Mannara
Staff Writer

Often known as a mother, grandmother, wife or friend, Betty Slade plays many roles in the local community, but most know her best from her work with the written word.

Slade didn't get her start as a writer; she first found herself behind an easel as a painter.

Starting as a painter in 1965, and doing so for 45 years, Slade realized that, at some point, painting was not offering the same sort of challenge to her anymore.

"In the process, putting titles to these paintings and wanting to say more about the paintings, like what prompted me to paint it, I just felt like there was so much more there than just that painting," she explained.

From there, Slade found herself eventually interviewing different artists and sending articles into the local paper in 2008.

Slade has written fiction and nonfiction works, but is perhaps best known for her "Artist's Lane" column, where she writes about her life and crafts anecdotes and life lessons for readers each week.

Initially, Slade envisioned one of her columns being about artists, until a familiar character made an appearance.

An article featuring Slade's husband Al, commonly referred to as Sweet Al in her column, was submitted to the local paper, which Slade described as an article that was "about him and the nonsense that we go through as a couple."

"That seemed to be the niche," Slade said. "People took hold of that."

From there, people were attracted to the stories of the two, leading to Sweet Al becoming somewhat of a local celebrity, she explained.

"It's kind of the way you're wired; I've always

said I'm an idea person," Slade explained. "The way that you're wired as an artist, there's no job that's too big for you."

The inspiration for writing has always been there, Slade explained, adding that sometimes it takes a little longer to uncover the story.

"I've always said it's a gift to live this long because you've seen a lot," she said.

Many writers look to fiction to escape the mundane routine of their daily lives, or to illustrate concepts they otherwise couldn't have in the real world, but for Slade, the inspiration to write about her own life came from her wanting to "show herself" to others.

Slade equated this to "taking off a veil" and explained that the deeper a writer can go into their feelings, the deeper they can touch the reader.

"I think that's what has stimulated the family thing," she said. "It's the family issues that seem to bring my readers in."

Additionally, Slade explained that she feels like readers can relate to the struggles faced by her and her family in the early days of living in Pagosa.

However, writing about her family isn't always smooth, Slade noted.

There have been times where Slade is having dinner with her family and they have specifically requested her to not write about a discussion that is taking place, she explained.

"They don't like me writing about them, and I said I'm not going to quit writing no matter what," she said. "I feel like this is my contribution to this community. There's no way I'm going to quit at all."

Despite her family not quite understanding her writings, Slade explained that they are proud of her.

"They just give me a hard time, but that's OK," she said.

Writing has been amazing, Slade explained, describing writing as a "solitary business."

"As an artist, what I always saw in myself, I wanted to be heard. I wanted to be known. Basically, I wanted to be understood," she said.

From that longing to be understood, Slade realized that the irony of it all is that artists are never understood.

"We are a different kind of breed. We don't really get the understanding from the world," she explained.

In her spare time, Slade also takes time to mentor writers in a variety of ways.

"If you want to be a good writer, you've got to write," she said. "I know my writing has increased a lot."

But, more than that, Slade wants to help writers honor the gift that is inside them.

"Only you can tell that story. Only you can walk in those shoes," she said. "The world needs to hear that."

To encapsulate herself as an artist, Slade explained that she "exists to be ready."

"Today as a writer, my house today is my mind. My mind is the color," she said. "The ideas are all painting a picture with a pencil instead of a brush."

chris@pagosasun.com

Public Notices

District Court, Archuleta County, State of Colorado
Court Address: 449 San Juan Street, P.O. Box 148
Pagosa Springs, CO 81147
Tel. 970.264.2400
Peregrine Townhouses Property
Owner's Association, Inc.
Plaintiff
v.
Edgar Frederick Benner, et al.
Defendants
Case No.: 2020CV30007
Attorney for Plaintiff:
Christopher B. Conley
Hayes, Johnson & Conley, PLLC
700 South 21st Street
Fort Smith, AR 72901
Tel. 479.242.8814
Email: chris@hjlegal.com
Atty. Reg. No.: 51651

**SUMMONS BY PUBLICATION
TO THE PEOPLE OF THE STATE OF COLORADO
TO THE FOLLOWING DEFENDANT(S):
MARTHA A GARDNER
FRANK E GARDNER
MARIANNE T CHIFFELLE
THOMAS L CHIFFELLE
DAVID E PRITTS
RONALD GRANT SHAKE
INTERMOUNTAIN COACH LEASING, INC.
MICHAEL E WARD
RESORT RECLAMATIONS, LLC
CHARLES P ZARRELLI
JAY D REYNOLDS
GREGORY WASHINGTON**

YOU ARE HEREBY SUMMONED and required to appear and defend against the claims of the complaint filed with the court in this action, by filing with the clerk of this court an answer or other response. You are required to file your answer or other response within 35 days after the service of this summons upon you. Service of this summons shall be complete on the day of the last publication. A copy of the complaint may be obtained from the clerk of the court.

If you fail to file your answer or other response to the complaint in writing within 35 days after the date of the last publication, judgment by default may be rendered against you by the court for the relief demanded in the complaint without further notice.

This is an in rem action of judicial foreclosure on your timeshare interest(s) located at Peregrine Townhouses for failure to pay assessments to Peregrine Townhouses Property Owner's Association, Inc. The legal description for your real property is below.

Plaintiff Attorney: Christopher B. Conley, Attorney at Law, Reg. No. 51651, 700 South 21st Street, Fort Smith, AR 72901.
Defendant(s) / Legal Descriptions: Peregrine Townhouses Phase II
Matter Amount
Owners: Martha A Gardner and Frank E Gardner
Building Number: 4 & 5
Lot (Unit) Number: N/A
UDI Points: 94,500
Unpaid Asmts: \$1,222.65
Owners: Marianne T Chiffelle and Thomas L Chiffelle
Building Number: 4 & 5
Lot (Unit) Number: N/A
UDI Points: 105,000
Unpaid Asmts: \$1,245.83
of Peregrine Townhouses Phase II, as depicted on the Plat recorded in Reception Number 173554, subject to Declaration of Protective Covenants and Interval Ownership for Peregrine Townhouses recorded at Reception Number 99006556, and any amendments and supplements thereto, all in the Office of the County Clerk and Recorder in and for Archuleta County, Colorado.

absolute, as tenant in common with the other owners of all Unit Weeks in the described Units in Peregrine Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.

Peregrine Townhouses Phase III
Matter Amount
Owners: David E Pritts
Building Number: 9 and 10
Lot (Unit) Number: 7817, 7818, 7819 and 7820
UDI Points: 77,000
Unpaid Asmts: \$1,115.36
of Peregrine Townhouses Phase III, as depicted on the Plat recorded in Reception Number 173555, subject to Declaration of Protective Covenants and Interval Ownership for Peregrine Townhouses recorded at Reception Number 173556, and any amendments and supplements thereto, all in the Office of the County Clerk and Recorder in and for Archuleta County, Colorado.

Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit Weeks in the described Units in Peregrine Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Peregrine Townhouses Phase V
Matter Amount
Owners: Ronald Grant Shake
Building Number: 22
Lot (Unit) Number: 7843-7844
UDI Points: 49,000
Unpaid Asmts: \$915.57
Owners: Intermountain Coach Leasing, Inc.
Building Number: 25
Lot (Unit) Number: 7849-7850
UDI Points: 63,000
Unpaid Asmts: \$949.83
Owners: Michael E Ward
Building Number: 24
Lot (Unit) Number: 7847-7848
UDI Points: 154,000
Unpaid Asmts: \$1,835.52
of Peregrine Townhouses Phase V, as depicted on the Plat recorded in Reception Number 99006555, subject to Second Supplemental Declaration of Protective Covenants and Interval Ownership for Peregrine Townhouses recorded at Reception Number 99006556, and any amendments and supplements thereto, all in the Office of the County Clerk and Recorder in and for Archuleta County, Colorado.

Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit Weeks in the described Units in Peregrine Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Peregrine Townhouses Phase VI
Matter Amount
Owners: Resort Reclamations, LLC
Building Number: 26
Lot (Unit) Number: 7851-7852
UDI Points: 308,000
Unpaid Asmts: \$3,158.70
of Peregrine Townhouses Phase VI as depicted on the Plat recorded in Reception Number 99011974, subject to Second Supplemental Declaration of Protective Covenants and Interval Ownership of Peregrine Townhouses recorded at Reception Number 99006556, and any amendments and supplements thereto, all in the Office of the County Clerk and Recorder in and for Archuleta County, Colorado.

Peregrine Townhouses Phase VII
Matter Amount
Owners: Charles P Zarrelli
Building Number: 33
Lot (Unit) Number: 7865-7866
UDI Points: 49,000
Unpaid Asmts: \$810.82
Owners: Jay D Reynolds
Building Number: 35
Lot (Unit) Number: 7869-7870
UDI Points: 77,000
Unpaid Asmts: \$1,035.94
Owners: Gregory Washington and Nenah Washington
Building Number: 35
Lot (Unit) Number: 7869-7870
UDI Points: 154,000
Unpaid Asmts: \$1,819.17
of Peregrine Townhouses Phase VII, as depicted on the Plat recorded in Reception Number 20005495, subject to Third Supplemental Declaration of Protective Covenants and Interval Ownership for Peregrine Townhouses recorded at Reception Number 20002414, and any amendments and supplements thereto, all in the Office of the County Clerk and Recorder in and for Archuleta County, Colorado.

Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit Weeks in the described Units in Peregrine Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Published in the Pagosa Springs Sun
First Publication: March 19, 2020
Last Publication: April 16, 2020
/s/ Christopher B. Conley
Christopher B. Conley
Hayes, Johnson & Conley, PLLC
700 South 21st Street
Fort Smith, AR 72901
Atty. Reg. No.: 51651
Published March 19, 26, April 2, 9 and 16, 2020 in *The Pagosa Springs SUN*.

District Court, Archuleta County, State of Colorado
Court Address: 449 San Juan Street, P.O. Box 148
Pagosa Springs, CO 81147
Tel. 970.264.2400
Platmargian Property
Owner's Association, Inc.
Plaintiff
v.
Suzanne Quintana A/K/A Sanford, et al.
Defendants
Case No.: 2020CV30008
Attorney for Plaintiff:
Christopher B. Conley
Hayes, Johnson & Conley, PLLC
700 South 21st Street
Fort Smith, AR 72901
Tel. 479.242.8814
Email: chris@hjlegal.com
Atty. Reg. No.: 51651

**SUMMONS BY PUBLICATION
TO THE PEOPLE OF THE STATE OF COLORADO
TO THE FOLLOWING DEFENDANT(S):
SUZANNE QUINTANA A/K/A SANFORD
MCCOUIDY COMMUNICATIONS AND ENERGY, INC
J CLARKE JONES
ROSS G DURBIN
BLOWERS WHOLESALE PRODUCTS, LLC
SANDRA COLLIER
DONALD E JETT
DONNA KASSEL JETT
KATHLEEN J POWERS, TRUSTEE OF THE POWERS
LIVING TRUST, DATED JULY 16, 2001
ILA NELL HOLDEN
J.F.VINCENT**
YOU ARE HEREBY SUMMONED and required to

appear and defend against the claims of the complaint filed with the court in this action, by filing with the clerk of this court an answer or other response. You are required to file your answer or other response within 35 days after the service of this summons upon you. Service of this summons shall be complete on the day of the last publication. A copy of the complaint may be obtained from the clerk of the court.
If you fail to file your answer or other response to the complaint in writing within 35 days after the date of the last publication, judgment by default may be rendered against you by the court for the relief demanded in the complaint without further notice.
This is an in rem action of judicial foreclosure on your timeshare interest(s) located at Platmargian Condominium for failure to pay assessments to Platmargian Property Owner's Association, Inc. The legal description for your real property is below.
Plaintiff Attorney: Christopher B. Conley, Attorney at Law, Reg. No. 51651, 700 South 21st Street, Fort Smith, AR 72901.
Defendant(s) / Legal Descriptions: Platmargian Townhouses - PHASE I
Matter Amount
Property Owner: Suzanne Quintana A/K/A Sanford
Unit Number: 7206
Building Number: 3
Unit Week Number: 52
Unpaid Asmts: \$2,361.93
Interest: \$263.37
Late Fees: \$50.00
Total: \$2,675.30
Property Owner: McQuiddy Communications and Energy, Inc.
Unit Number: 7207
Building Number: 4
Unit Week Number: 52
Unpaid Asmts: \$2,083.53
Interest: \$203.19
Late Fees: \$50.00
Total: \$2,336.72
Property Owner: J Clarke Jones and Dorene R Jones
Unit Number: 7203
Building Number: 2
Unit Week Number: 31
Unpaid Asmts: \$2,461.25
Interest: \$304.50
Late Fees: \$75.00
Total: \$2,840.75
Property Owner: Mark A Collier and Sandra Collier
Unit Number: 7203
Building Number: 2
Unit Week Number: 22
Unpaid Asmts: \$1,125.00
Interest: \$205.48
Late Fees: \$25.00
Total: \$1,355.48

In that property which is described as Parcel 'E'- Platmargian Townhouses as recorded in Plat Sheet No. 324 & 324A under Reception No. 153256, in the Office of the County Clerk and Recorder for Archuleta County, Colorado and subject to that Declaration of Protective Covenants and Interval Ownership for Platmargian Townhouses recorded February 4, 1988, under Reception No. 153260 and re-recorded on February 18, 1988 under Reception No. 153557 in the Office of the County Clerk and Recorder for Archuleta County, Colorado.
Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit in Platmargian Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Platmargian Townhouses - PHASE II
Matter Amount
Property Owners: Ross G Durbin
Unit Number: 7214
Building Number: 007B
Unit Week Number: 36
Unpaid Asmts: \$2,361.93
Interest: \$263.37
Late Fees: \$50.00
Total: \$2,675.30
Property Owners: Donald E Jett and Donna Kassel Jett
Unit Number: 7212
Building Number: 6
Unit Week Number: 31
Unpaid Asmts: \$1,125.00
Interest: \$205.48
Late Fees: \$25.00
Total: \$1,355.48

In that property on which is located four (4) one-story buildings containing two (2) one-level townhouse units per building which are designated, respectively, as Building No. 5, Units 7209 and 7210; Building No. 6, Units 7211 and 7212; Building No. 7, Units 7213 and 7214; and Building No. 8, Units 7215 and 7216 as per plat recorded on June 7, 1988, in Plat Sheet No. 325 under Reception No. 156199, in the Office of the County Clerk and Recorder for Archuleta County, Colorado, and subject to that certain First Supplemental Declaration to Supplemental Declaration of Protective Covenants and Interval Ownership for Platmargian Townhouses recorded on June 7, 1988, under Reception No. 156200, Book 219, Page 33-38, in the Office of the County Clerk and Recorder for Archuleta County, Colorado.
Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit in Platmargian Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Platmargian Townhouses - PHASE III
Matter Amount
Property Owners: Blowers Wholesale Products, LLC
Unit Number: 7222
Building Number: 11
Unit Week Number: 41
Unpaid Asmts: \$2,361.93
Interest: \$263.37
Late Fees: \$50.00
Total: \$2,675.30

In that property on which is located three(3)one-story buildings containing two(2)one-level townhouse units per building which are designated, respectively, as Building No. 9, Units 7217 and 7218; Building No. 10, Units 7219 and 7220; and Building No. 11, Units 7221 and 7222 as per plat recorded on June 7, 1988, in Plat Sheet No. 326 under Reception No. 156202, in the Office of the County Clerk and Recorder for Archuleta County, Colorado, and subject to that certain Second Supplemental Declaration to Declaration of Protective Covenants and Interval Ownership for Platmargian Townhouses recorded on June 7, 1988, under Reception No. 156203, Book 219, Page 43-48, in the Office of the County Clerk and Recorder for Archuleta County, Colorado.
Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit in Platmargian Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Platmargian Townhouses - PHASE IV
Matter Amount
Property Owners: Deborah L Settler, Kathleen J Powers, Trustee of the Powers Living Trust, dated July 16, 2001 and Samantha R Powers, Trustee of the Powers Living Trust, dated July 16, 2001
Unit Number: 7226
Building Number: 13
Unit Week Number: 4
Unpaid Asmts: \$1,125.00
Interest: \$221.12
Late Fees: \$25.00
Total: \$1,371.12

In that property on which is located three(3)one-story buildings containing two(2)one-level townhouse units per building which are designated, respectively, as Building No. 12, Units 7223 and 7224; Building No. 13, Units 7225 and 7226; and Building No. 14, Units 7227 and 7228 as per plat recorded on November 9, 1988, in Plat Map No. 327 under Reception No. 159241, in the Office of the County Clerk and Recorder for Archuleta County, Colorado, and further subject to that certain Third Supplemental Declaration to Declaration of Protective Covenants and Interval Ownership for Platmargian Townhouses recorded on November 2, 1988, under Reception No. 159242, in Record Book 233, Page 171 and rerecorded on November 21, 1988, under Reception No. 159517 in Record Book 234, Page 283, in the Office of the County Clerk and Recorder for Archuleta County, Colorado.
Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit in Platmargian Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Platmargian Townhouses - PHASE V
Matter Amount
Property Owners: Ila Nell Holden
Unit Number: 7229
Building Number: 15
Unit Week Number: 42
Unpaid Asmts: \$1,125.00
Interest: \$205.48
Late Fees: \$25.00
Total: \$1,355.48
Property Owners: Barbara Vincent and J.F. Vincent
Unit Number: 7230
Building Number: 15
Unit Week Number: 44
Unpaid Asmts: \$795.95
Interest: \$145.31
Late Fees: \$25.00
Total: \$966.26

In that parcel of land being a portion of Parcel D, Third Replat of South Village Trke, recorded under Reception No. 193304, Plat filed 314A-C, in the Office of the County Clerk and Recorder, Archuleta County, Colorado, on which is located one building containing two, one level townhouse units designated, respectively, as Building 15, Units 7229 and 7230 described as Platmargian Phase V as recorded in Plat File No. 341, under Reception No. 179510 in the Office of the County Clerk and Recorder for Archuleta County, Colorado and is subject to that Fourth Supplemental Declaration to Declaration of Protective Covenants and Interval Ownership for Platmargian Townhouses recorded May 22, 1991, Reception No.

179511, Book 331, Page 164 in the Office of the County Clerk and Recorder for Archuleta County, Colorado.
Together with a vested remainder over in fee simple absolute, as tenant in common with the other owners of all Unit in Platmargian Townhouses in that percentage interest determined and established by said Declaration for the above described real estate.
Published in the Pagosa Springs Sun
First Publication: March 19, 2020
Last Publication: April 16, 2020
/s/ Christopher B. Conley
Christopher B. Conley
Hayes, Johnson & Conley, PLLC
700 South 21st Street
Fort Smith, AR 72901
Atty. Reg. No.: 51651
Published March 19, 26, April 2, 9 and 16, 2020 in *The Pagosa Springs SUN*.

**COMBINED NOTICE - PUBLICATION
CRS §38-38-103 FORECLOSURE
SALE NO. 2020-003**

To Whom It May Concern: This Notice is given with regard to the following described Deed of Trust:
On January 27, 2020, the undersigned Public Trustee caused the Notice of Election and Demand relating to the Deed of Trust described below to be recorded in the County of Archuleta records.
Original Grantor(s) Alexander Archuleta
Original Beneficiary(ies) Mortgage Electronic Registration Systems, Inc., as Beneficiary, as nominee for Home Bridge Financial Services, Inc., its successors and assigns
Current Holder of Evidence of Debt Freedom Mortgage Corporation
Date of Deed of Trust March 22, 2019
County of Recording Archuleta
Recording Date of Deed of Trust April 05, 2019
Recording Information (Reception No. and/or Book/ Page No.) 2191810
Original Principal Amount \$250,000.00
Outstanding Principal Balance \$249,670.79
Pursuant to CRS §38-38-101(4)(i), you are hereby notified that the covenants of the deed of trust have been violated as follows: failure to pay principal and interest when due together with all other payments provided for in the evidence of debt secured by the deed of trust and other violations thereof.

THE LIEN FORECLOSED MAY NOT BE A FIRST LIEN. LOT A-17, CROWLEY RANCH RESERVE PHASE 1, ACCORDING TO THE PLAT THEREOF FILED FOR RECORD MARCH 22, 1971 as RECEPTION NO. 74229

Also known by street and number as: 265 Pettitts Circle, Pagosa Springs, CO 81147. THE PROPERTY DESCRIBED HEREIN IS ALL OF THE PROPERTY CURRENTLY ENCUMBERED BY THE LIEN OF THE DEED OF TRUST.

NOTICE OF SALE
The current holder of the Evidence of Debt secured by the Deed of Trust, described herein, has filed Notice of Election and Demand for sale as provided by law and in said Deed of Trust.

THEREFORE, Notice is Hereby Given that I will at public auction, at 10:00 A.M. on Thursday, 05/28/2020, at the Archuleta County Treasurer's Office at 449 San Juan St. Pagosa Springs, CO 81147, sell to the highest and best bidder for cash, the said real property and all interest of the said Grantor(s), Grantor(s)' heirs and assigns therein, for the purpose of paying the indebtedness provided in said Evidence of Debt secured by the Deed of Trust, plus attorney's fees, the expenses of sale and other items allowed by law, and will issue to the purchaser a Certificate of Purchase, all as provided by law.
First Publication 4/20/2020
Last Publication 4/30/2020
Name of Publication Pagosa Springs Sun
IF THE SALE DATE IS CONTINUED TO A LATER DATE, THE DEADLINE TO FILE A NOTICE OF INTENT TO CURE BY THOSE PARTIES ENTITLED TO CURE MAY ALSO BE EXTENDED;
DATE: 01/27/2020
Elsa P. White, Public Trustee in and for the County of Archuleta, State of Colorado
By: /s/ Elsa P. White, Public Trustee
The name, address, business telephone number and bar registration number of the attorney(s) representing the legal holder of the indebtedness is:
Amanda Ferguson #44893
Halliday, Watkins & Mann, P.C. 355 Union Blvd. Ste 250, Lakewood, CO 80228 (303) 274-0155
Attorney File # CO10136
The Attorney above is acting as a debt collector and is attempting to collect a debt. Any information provided may be used for that purpose.
©Public Trustees' Association of Colorado Revised 1/2015
Published April 2, 9, 16, 23 and 30, 2020 in *The Pagosa Springs SUN*.

**COMBINED NOTICE - PUBLICATION
CRS §38-38-103 FORECLOSURE
SALE NO. 2020-003**
To Whom It May Concern: This Notice is given with regard to the following described Deed of Trust:
On February 5, 2020, the undersigned Public Trustee caused the Notice of Election and Demand relating to the Deed of Trust described below to be recorded in the County of Archuleta records.
Original Grantor(s) SAMUEL WHITNEY HOTCHKISS and REBECCA ANNE HOTCHKISS
Original Beneficiary(ies) MARGERLY LYNN PRUESSNER and WILLIAM D. ROLFE
Current Holder of Evidence of Debt KJ NORTHERN TRUST, SHANE LAVERY TRUSTEE (68% INTEREST) and KEN JILLSON (33% INTEREST)
Date of Deed of Trust September 28, 2015
County of Recording Archuleta
Recording Date of Deed of Trust September 28, 2015
Recording Information (Reception No. and/or Book/ Page No.) 21507115
Original Principal Amount \$71,200.00
Outstanding Principal Balance \$61,921.33
Pursuant to CRS §38-38-101(4)(i), you are hereby notified that the covenants of the deed of trust have been violated as follows: failure to pay principal and interest when due together with all other payments provided for in the evidence of debt secured by the deed of trust and other violations thereof.

THE LIEN FORECLOSED MAY NOT BE A FIRST LIEN. LOT A-17, CROWLEY RANCH RESERVE PHASE 1, ACCORDING TO THE PLAT THEREOF FILED JULY 30, 1982 AS RECEPTION NOS. 330388 AND 3303889

COUNTY OF ARCHULETA, STATE OF COLORADO. Also known by street and number as: 325 Mary's Court, Chromo, CO 81128. THE PROPERTY DESCRIBED HEREIN IS ALL OF THE PROPERTY CURRENTLY ENCUMBERED BY THE LIEN OF THE DEED OF TRUST.

NOTICE OF SALE
The current holder of the Evidence of Debt secured by the Deed of Trust, described herein, has filed Notice of Election and Demand for sale as provided by law and in said Deed of Trust.

THEREFORE, Notice is Hereby Given that I will at public auction, at 10:00 A.M. on Thursday, 06/04/2020, at the Archuleta County Treasurer's Office at 449 San Juan St. Pagosa Springs, CO 81147, sell to the highest and best bidder for cash, the said real property and all interest of the said Grantor(s), Grantor(s)' heirs and assigns therein, for the purpose of paying the indebtedness provided in said Evidence of Debt secured by the Deed of Trust, plus attorney's fees, the expenses of sale and other items allowed by law, and will issue to the purchaser a Certificate of Purchase, all as provided by law.
First Publication 4/9/2020
Last Publication 5/7/2020
Name of Publication Pagosa Springs Sun
IF THE SALE DATE IS CONTINUED TO A LATER DATE, THE DEADLINE TO FILE A NOTICE OF INTENT TO CURE BY THOSE PARTIES ENTITLED TO CURE MAY ALSO BE EXTENDED;
DATE: 02/06/2020
Elsa P. White, Public Trustee in and for the County of Archuleta, State of Colorado
By: /s/ P. White, Public Trustee
The name, address, business telephone number and bar registration number of the attorney(s) representing the legal holder of the indebtedness is:
Nestl K Dunning Walker PC 2000 SOUTH COLORADO BLVD., TOWER TWO, SUITE 700, DENVER, CO 80222 (303) 329-3363
Attorney File # 3938-016
The Attorney above is acting as a debt collector and is attempting to collect a debt. Any information provided may be used for that purpose.
©Public Trustees' Association of Colorado Revised 12/15
Published April 9, 16, 23, 30 and May 7, 2020 in *The Pagosa Springs SUN*.

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S DEED
To Every Person in Actual Possession or Occupancy of the hereinafter Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and to Whom It May Concern, and more especially to:
JAMES PATRICK MATTHEWS
3023 N. UNIVERSITY AVE
LITTLE ROCK, AR 72207
TRACEE MATTHEWS
3023 N. UNIVERSITY AVE
LITTLE ROCK, AR 72207
You and each of you are hereby notified that on the 3rd day of November 2016, the then County Treasurer of Archuleta County, in the State of Colorado, sold at public tax lien sale to
KENT TAYLOR
the following described property situate in the County of Archuleta, State of Colorado, to-wit:
LOT 1 OF BLOCK 12 IN LAKE PAGOFA PARK, ACCORDING TO THE PLAT THEREOF FILED FOR

RECORD MARCH 13, 1970 AS RECEPTION NO. 72998 THROUGH 73013.

Account Number: R005439
Schedule Number: 5598207001
Tax Sale Certificate Number: 2016-03685
and said County Treasurer issued a certificate of purchase therefore to KENT TAYLOR
That said tax lien sale was made to satisfy the delinquent property (and special assessment) taxes assessed against said property for the year 2015
That said real estate was taxed or specially assessed in the name(s) of JAMES PATRICK MATTHEWS and TRACEE MATTHEWS for said year 2015.
That said KENT TAYLOR on the 11th day of March 2020, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property;
That a Treasurer's Deed will be issued for said property to KENT TAYLOR
On the 26th day of August 2020, unless the same has been redeemed.
Said property may be redeemed from said sale at any time prior to the actual execution of said Treasurer's Deed.
Witness my hand this 17th day of March 2020
/s/ Elsa P White
Elsa P White, Treasurer of Archuleta County, Colorado
Published April 9, 16 and 23, 2020 in *The Pagosa Springs SUN*.

NOTICE OF PURCHASE OF PROPERTY AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S DEED
To Every Person in Actual Possession or Occupancy of the hereinafter Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having Interest of Title of Record in or to the said Premises and to Whom It May Concern, and more especially to:
ANNEMARIE A. MILES
6843 VIA CAMPESTREL
LAS CRUCES, NM 88007-4955
MATTHEW O. MILES
6843 VIA CAMPESTREL
LAS CRUCES, NM 88007-4955
You and each of you are hereby notified that on the 5th day of November 2015, the then County Treasurer of Archuleta County, in the State of Colorado, sold at public tax lien sale to
SHEREE M. BALA
the following described property situate in the County of Archuleta, State of Colorado, to-wit:
LOT 17 IN LOMA LINDA SUBDIVISION UNIT ONE, ACCORDING TO THE PLAT THEREOF FILED FOR RECORD MAY 2, 1978 AS RECEPTION NOS. 91217 AND 91218.

Account Number: R014075
Schedule Number: 588717202007
Tax Sale Certificate Number: 2015-03418
and said County Treasurer issued a certificate of purchase therefore to SHEREE M. BALA
That said tax lien sale was made to satisfy the delinquent property (and special assessment) taxes assessed against said property for the year 2015
That said real estate was taxed or specially assessed in the name(s) of ANNEMARIE A. MILES and MATTHEW O. MILES for said year 2015.

That said SHEREE M. BALA on the 11th day of March 2020, the present holder of said certificate (who) has made request upon the Treasurer of said County for a deed to said property;
That a Treasurer's Deed will be issued for said property to SHEREE M. BALA
On the 26th day

LIBRARY NEWS

Special treat for you when we reopen: new computers

By Carole Howard
SUN Columnist, and the library staff

While your library remains closed following Gov. Jared Polis' mandatory stay-at-home order for all residents of Colorado because of the coronavirus, we've taken advantage of the downtime to complete the replacement of all of our 17 public computers. They encompass 15 computers that people sit down to use, one print release station computer and one catalog search computer.

This upgrade was made possible thanks to funds generously donated by the Friends of the Library.

We have moved to the Windows 10 operating system, the first time in six years that we've updated our computers. You'll still be able to type and print documents, access the Internet for email, use Microsoft Office programs and research topics online — anything you could do on the older computers. The difference: These new computers should be faster.

We've made this major conversion because, as of Jan. 14, the outdated Windows 7 operating system is no longer supported by Microsoft, which might have caused problems with the software used to log on to our old system or to print.

As always, once we reopen, we are happy to help with any questions, since this new operating system looks a little different from Windows 7. And, just as we did back in 2014, the last time we replaced our computers, the library will sell the old computer towers with keyboards for a low price — but they will be "as is" and they will not come with a monitor, since we're keeping those to use with the new Windows 10 computers.

Just something else to look forward to when your library is able to reopen.

The status of your library now

While we remain closed because of COVID-19, there are several resources still available from the comfort of your home via our website at www.pagosalibrary.org.

You can view your account and place holds — but, because of the suspension of courier service between Colorado libraries, you are able to place holds only on our library's items at this time. All the new books and CDs in this column qualify, as they are in our collection. When the library reopens, our staff will pull the holds you placed while we were closed.

1. Many of our online learning resources can be accessed from your home with your library card. To highlight a few, you can download e-books and audiobooks through our CloudLibrary app on your smartphone or tablet. IndieFlix allows unlimited streaming access to award-winning shorts, feature films and documentaries. By using the online resource TumbleBook Library, you can find children's books and audiobooks. To see them all, go to our website at pagosalibrary.org and select the gray tab towards the top of the page that says "Online Resources."

2. As always, you can access Wi-Fi from your car in our parking

lot — with your windows and doors closed, please.

3. Staff is working from home, so if you have a question you can email ruby@pagosalibrary.org or call us at 264-2209 and leave a message. We are returning messages Monday through Friday to assist patrons.

Just a reminder of three don'ts:

1. No drop-offs, please. We're asking you to keep all materials that you have checked out until this crisis is over instead of returning them to the library chute or to the uptown dropbox, to keep exposure and contact at a minimum between us all. As always, you do not need to worry about overdue fines.

2. Because our front door/curbside pickup service has been suspended, you will have to wait until the library reopens to pick up new books, DVDs, CDs and other materials.

3. Please do not make donations of books or other materials until your library is able to reopen.

You can stay up to date with what we're doing through our website or our Facebook page. In the meantime, please keep yourself, your family and your community safe by following all the health advisories from the Centers for Disease Control and Prevention at its website, www.cdc.gov, and San Juan Basin Public Health at www.sjbpublichealth.org.

Census

Please complete your census form now — it has never been easier.

You can respond to the census right now, even if you have not received an official invitation to respond. This is especially important for households that receive mail in a post office box because the delivery of 2020 census invitation letters to households with a post office box has been delayed as a result of the coronavirus pandemic.

The good news is that you do not need to wait for anything from the Census Bureau — you can do it online. Instead of using a unique census ID number, you will be asked to enter your physical address.

To complete the census online, go to www.my2020census.gov, or call (844) 330-2020 for the English version or (844) 468-2020 for the Spanish version. Remember that Wi-Fi is available from your car in the parking lot 24/7, even during the library closure. You can visit our website at pagosalibrary.org/census-2020 to view a video that demonstrates how to fill out the census online.

Please phone the library at 264-2209 or email us at ruby@pagosalibrary.org if you have any questions regarding the census.

Your participation is hugely important because it will determine the number of seats each state has in the U.S. House of Representatives, directly affect hundreds of billions of dollars in federal funding for local and regional agencies and projects like health clinics, fire departments, schools, social services like Medicaid, even roads and highways for the next decade. Archuleta County needs your participation to get our fair share of these federal dollars.

When you respond to the census, your answers are kept anonymous. They are used only to produce statistics. The U.S. Census Bureau is bound by law to protect your

answers and keep them strictly confidential. The law ensures that your private information is never published and that your answers cannot be used against you by any government agency or court.

CDs

"Passing" by Michael Korda, a well-known writer and editor, is a passionate and meticulously researched memoir of this wife's death from a brain tumor. "What is a Girl Worth?" by Rachael Denhollander is an expose of team doctor Larry Nasser and the U.S. Gymnastics' shocking scandal. "Breathe Again" by Niki Hardy offers British humor, practical advice and hope-building truths of God when dealing with problems life throws at you.

Essays

"Something That May Shock and Discredit You" by Daniel Mallory Ortberg is a collection of humorous and insightful essays on both popular and high-brow culture.

How-to and self-help books

"Secrets of Better Skiing" by Simon Dewhurst offers simple methods that will turn you into an expert. "Ski In Control — How to ski ANY piste anywhere in full control" by international coach Bob Trueman is written for men and women, young and old recreational skiers. "The 4 Season Solution" by Dallas Hartwig is a plan for feeling better, living well and powering down our always-on lives.

Other nonfiction

"National Parks Our Living Treasure" is an analysis of the mission and current issues facing the National Park Service (NPS) by Dr. Gil Lusk, an award-winning 35-year veteran of the NPS.

Thrillers, suspense and mysteries

"Hid from our Eyes" by Julia Spencer-Fleming follows three murders separate by decades. "Savage Son" by Jack Carr is set in Siberia, where the hunters have become the hunted. "Hidden Salem" by Kay Hooper is a Bishop/FBI Special Crimes mystery. "Texas Outlaw" by James Patterson features a Texas Ranger whose bravery was featured in a ballad. "The Body Double" by Emily Beyda is the story of a young woman recruited to impersonate a Hollywood star. "Masked Prey" by John Sandford is a Lucas Davenport mystery.

Other novels

"The Book of Lost Friends" by Lisa Wingate is a historical novel about three young women searching for family amid the destruction of the post-Civil War south. "Chosen Ones" by Veronica Roth is a fantasy/sci-fi thriller. "Barker House" by David Moloney tells of nine New Hampshire correctional officers. "Redhead by the Side of the Road" by Anne Tyler features an overly meticulous man whose life is about to shatter. "How Much of These Hills is Gold" by C Pam Zhong tells of two orphans in a reimagined American West. "The Love Story of Missy Carmichael" by Beth Morrey shows a lonely elderly woman a new way to love.

"Actress" by Anne Enright follows a celebrated actress and her

daughter delving into long-kept secrets. "The City We Became" by N.K. Jemisin is the story of culture, magic and myths in contemporary New York City. "The Two Lives of Lydia Bird" by Josie Silver tells of a woman given a chance for a return to her old life with a now-dead lover. "The Numbers Game" by Danielle Steel begins when a woman discovers her husband is having an affair with a younger woman. "In Five Years" by Rebecca Serle follows a woman who spends one hour five years in the future.

Large print

"Fearless" by Fern Michaels follows a widow and divorced professor who meet on a cruise. "Hit List" by Stuart Woods is a Stone Barrington mystery. "The Final Deception" by Heather Graham features psychologist Kieran Finnegan. "The Large Corners of the Night" by Meg Gardner is an UNSUB thriller set in Los Angeles. "A Conspiracy of Bones" by Kathy Reichs features forensic scientist Temperance Brennan. "Journey of the Pharaohs" by Clive Cussler and Graham Brown is a NUMA Files adventure.

Donations note

Please do not make donations of books or other materials until your library is able to reopen. Many thanks.

Quotable quote

"Going outdoors is not canceled, listening to music is not canceled, quality time with our families is not canceled, reading a book is not canceled, sharing with friends is not canceled, singing out loud is not canceled, laughing has not been canceled, sharing hope with others has not been canceled. Let's embrace what we have." — Kelly's Treehouse.

Website

For more information on library books, services and programs — and to reserve books, e-books, CDs and DVDs from the comfort of your home — please visit our website at pagosalibrary.org.



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preview

ARTS & MORE

Denim Day

Rise Above Violence • April 29



PREVIEW photo/Avery Martinez

April 16, 2020

Wear jeans for a cause April 29

By Ashley Wilson
Special to The PREVIEW

April 29 is Denim Day. Every year, Rise Above Violence hosts a walk around main street where community members come out to support victims and survivors of sexual assault. Businesses around town typically participate by allowing employees to wear jeans to work if they pay \$5, all of which supports the survivors in our community.

Last year, we had record numbers: 58 people came out and joined us for our awareness walk, we had nine businesses participate and raised over \$700. We are so thankful for the support of our community on important days like Denim Day.

This year, we are asking for your support in a different way. On April 29, please join with us in a virtual event for Denim Day. Head over to the Rise Above Violence Facebook page and share pictures of yourself in denim. Once you do, you can enter our drawing. We will have a prize that will be drawn at the end of the day. If you post a video of yourself taking a walk in your jeans, you will get two entries. We have an event page set up and want to see everyone in their jeans. Caption your photo "I wear jeans ..." to support survivors, for a friend, for myself, for all the women who are silent, for all the child victims, etc.

So, what is Denim Day exactly? According to <http://denimday-info.org/about/>, "For the past 19 years, the Denim Day campaign has been held on a Wednesday in April in honor of Sexual Violence Awareness Month. The campaign was originally triggered by a ruling by the Italian Supreme Court where a rape conviction was overturned because the justices felt that since

the victim was wearing tight jeans, she must have helped her rapist remove her jeans, thereby implying consent. The following day, the women in the Italian Parliament came to work wearing jeans in solidarity with the victim. The Denim Day campaign was developed by Peace Over Violence in response to this case and the activism surrounding it.

"Since then, wearing jeans on Denim Day has become a symbol of protest against erroneous and destructive attitudes about sexual assault. In this rape prevention education campaign, we ask community members, elected officials, businesses and students to make a social statement with their fashion by wearing jeans on this day as a visible means of protest against the misconceptions that surround sexual assault."

In Pagosa Springs, Rise served 40 victims of sexual assault in 2019. National statistics are that one in five women and one in 71 men will be raped at some point in their lives (<https://www.nsvrc.org/statistics>). That is one victim of sexual assault every 73 seconds in the United States. But, the good news is that prevention is possible, and it's happening — individuals, communities and the private sector are already successfully combating the

risk of sexual violence through conversations, programs, policies and research-based tools that promote safety, respect and equality. By promoting safe behaviors, thoughtful policies and healthy relationships, we can create safe and equitable communities where every person is treated with respect. Rise would like to join you and the community as being part of this change for Pagosa.

Rise Above Violence Youth prevention programs focus on respect, healthy relationships and understanding consent. These are important conversations to have with the young people in our community — really, with all people in our community — so that we can change the conversation. Rise would love to focus less on crisis response and more on prevention and promotion of healthy relationship values. Raise your voice in our community around these issues. Silence is what perpetuates the problem.

Rise is a nonprofit 501(c)(3) organization. It serves victims and survivors of sexual assault, domestic violence and other violent crimes in Archuelta County. For 24/7 crisis support, please call 264-9075 to talk with an advocate. If you or someone you know needs help dealing with violence, please call.



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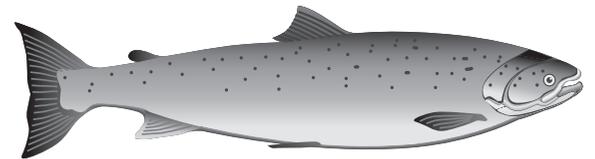
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What were you wearing?

By Ashley Wilson
Special to The PREVIEW

The question, “What were you wearing?” is asked often of survivors of sexual assault, as if the clothes themselves are what cause rape. Victims are asked this by law enforcement, co-workers, bosses, friends and family. When someone chooses to report or share their assault, this question plants blame firmly on the shoulder of the person who has been harmed and violated. But who is really to blame? The person to blame is the rapist, the assailant, the person who chose to harm someone else. This, along with much of how we speak about rape, sexual assault and domestic violence, blame the victim.

Rise Above Violence in partnership with the Pagosa Springs Arts Council and ABOA Gallery and Lounge, bring to you a powerful exhibit that answers the question, “What were you wearing?” Originally planned as a gallery show at ABOA Gallery, COVID-19 has pushed us to move this online. Each piece will be posted to social media over the next week (first exhibit went up yesterday, April 15). Each of the outfits is created based on a survivor’s story; they all offered a few sentence description of what they were wearing to go along with the outfit. As you view the show take in for a second the “normal” clothes, the everyday circumstances and the average person who is sharing. This show is meant to dispel the myth that what a victim was wearing had anything to do with their assault.

Language is used every day to blame victims. It is in news headlines, “Women raped after drinking too much at local bar,” or “Woman walking alone was raped in park”; it is in the jokes people find funny, it is in the conversations and language people use every day. Victim blaming is when women are cautioned to not walk by themselves, to carry whistles on campus, to watch their drinks, and the many other things they are told in order to keep themselves safe.

Don’t think that men are immune; there is more silence around sexual assault of men than women; this is born out of the misguided masculinity that would tell boys and men that they can’t be raped by a woman, and the shame that comes if they are raped by another man. It is prevalent in media, movies, music and society itself. It tells the victims there was something they should have done differently, something they could have changed to avoid being assaulted.

So, what do we do? First, believe survivors. Don’t ask them what they were wearing or how many drinks they had; believe and listen. Be aware of those headlines and

media influence, read past that to the pain of the person involved. Ask other questions, like who was the assailant? Challenge that type of language when you hear it. Real change comes when a community puts enough pressure that it becomes unacceptable, even to joke about. Participate. Participate with Rise to bring light to an issue that is surrounded in darkness. Join with

us as we bring you the “What were you wearing?” gallery, share the posts and end the silence with us.

You can join the other events Rise has this month as well.

Friday, April 24, at 6 p.m.: Seventh annual Push Up Challenge. This year’s event will be hosted on Google Hangout Meet. All competitors will sign up at Go-
■ See Wearing on next page

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Virtual Walk for Moms set for May 2

By Marcy Mitchell
Special to The PREVIEW

Honor the superhero in your life by walking for a young mom in Archuleta County on May 2. It is a fun way to spend the morning with friends and family and to celebrate motherhood in our community. In light of the COVID-19 pandemic, we are going to host the event “virtually.” Teams and individuals will all walk that day in their individual neighborhoods then record videos, photos and connect via Facebook. We can stay safe but get outside and celebrate life.

During this pandemic, Aspire is still providing affordable prenatal care, pregnancy testing, early ultrasounds, digital parenting and prenatal classes, as well as diapers and baby supplies. Many of our young families have lost jobs and income, so having quality and affordable prenatal care and education has never been more important.

All proceeds from the event go directly to help offset costs for patients and keep our prenatal care affordable to everyone in the community, as well as provide evidence-supported parenting and prenatal education programs and supplies. Events provide more than one-third of Aspire’s revenue, so supporting Walk for Moms is an essential way to help our most vulnerable families in Pagosa Springs. Online check-in begins at 9 a.m. and then awards for best dressed team, top team fundraiser, best dressed pet and top walker will be announced at 9:55 a.m. via Facebook Live. Register at <http://aspirepagosa.org/upcoming-events/> or call 264-5963.



Photo courtesy Michelle Clark

This year’s Walk for Moms will take place virtually on May 2, with the event slated to help support Aspire Medical Services and Education.

So, sign up as a team captain and rally your co-workers, friends and family to work together as a team or sign up as an individual and do your own thing. Either way, 100 percent of the money you raise will go to supporting a superhero mother in Archuleta County.

“We are focused on helping children 0-3 thrive physically, socially, emotionally and spiritually during the most pivotal stage of growth. We do that by providing education, medical services and resources to parents and caregivers,” said Marcy Mitchell, Aspire executive director. “Our programs have already reduced the low birth weight

percentage and preterm births in our area as well as equipped parents. So, by participating, you are helping young children in our area thrive.”

For more information or to register or donate online, please visit <http://aspirepagosa.org/upcoming-events>.

Based in Pagosa Springs, Aspire has been providing medical services and education in a safe and supportive environment for the past 21 years. Aspire is a 501(c)(3) nonprofit organization. Our main source of income is through events and the generous support of individuals and organizations.

Wearing

continued from previous page FundMe Charity, your platform to raise funds for Rise during this annual campaign. Categories will be limited this year to Individual Female and Individual Male. We also added a youth category for any of our students who would like to participate.

Wednesday, April 29, is Denim Day. What is Denim Day? It is a symbolic gesture of solidarity against sexual violence. Participate in our social media event and be entered for a prize. Post a picture in your denim with a caption of why you wear jeans or who you are wearing jeans for. Post a video of you taking a walk in your jeans and get two entries.

By participating with Rise in this month’s activities, you are giving voice to victims in our community and making a clear statement that sexual violence will not be accepted in Pagosa.

Rise is a nonprofit organization which promotes the belief that

all people have the right to live free from violence. Rise provides 24-hour support and advocacy services for victims of domestic violence, sexual assault or other forms of violence, serving over 350 victims each year. Rise also works to eliminate violence through

education for youth and our community. All programs and services are free and confidential including emergency prevention education and empowerment programs. Visit www.riseaboveviolence.org for more information or call 264- 9075 to talk to an advocate today.



A fictional story about the heroism of the citizens of Archuleta County during a devastating pandemic that has brought down the governments across the world isolating them from all support, especially since a natural cure is found there.

The story was written and published by local author d. William Roberts in 2013.

During the present emergency shut down of local businesses the book is only available through Amazon.com for the paperback and audio book, and Kindle for the ebook. Once the restrictions are lifted the paperback and audio book will be available at Bookends on main street and can be signed out at the Ruby Sisson Library.

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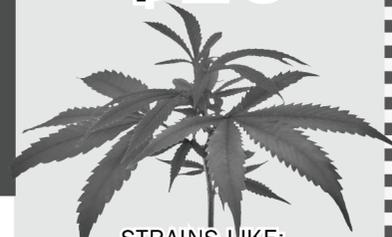
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Curtains Up Pagosa announces Juliana Ellsmore scholar



Hannah Rockensock

By Dale Johnson
Special to The PREVIEW

Curtains Up Pagosa is happy to announce one of the latest recipients of the Juliana Ellsmore Scholarship, Hannah Rockensock.

This scholarship was established to honor the memory of 19-year-old Ellsmore; it supports students' studies in music and voice.

Rockensock is a freshman at Pagosa Springs High School and a veteran performer in Pagosa. She was most recently in rehearsals for "Matilda the Musical," where she was playing the title character, Matilda.

Rockensock's vocal scholarship went towards her voice studies with Sally Neel.

Rockensock is a definite rising star of the performing arts and we are grateful to Juliana's family for giving her more learning opportunities.

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Scheduled activities run 9 am - 3 pm each day

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Photo courtesy Dale Johnson

Curtains Up Pagosa (CUP) is quiet right now in terms of performances, rehearsals, auditions and readying for concerts and productions. It is happy to be able to help the community by donating fabric, materials and equipment for masks. Dale Scrivener, CUP's music director, has been hard at work sewing masks and getting them out to folks in Pagosa. Stay safe.

TEFAP food drop set for Monday

By Leah Smucker
Special to The PREVIEW

Restoration Fellowship will be hosting its monthly TEFAP food drop on Monday, April 20, from 11:30 a.m. to 2 p.m.

This month's food drop will be a little different because of the necessary health precautions in place. We ask that all participants stay in their cars in the parking lot as volunteers (in masks and gloves) bring out a prepackaged food box to their car.



HAVE A LITTLE TIME ON YOUR HANDS? Bring home a friend.



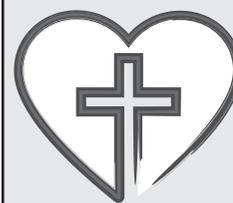
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“Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.”

John 14:27

In light of health concerns for our community, the Pagosa Springs Church of Christ has suspended all public assemblies until further notice. This includes our Bible classes and worship services.

A website you may go to on Sunday for worship at home is <https://polishingthepulpit.com/>. The service will have congregational singing, prayers, communion thoughts, a Bible study with Dan Winkler, and thoughts on giving.

With more time available you might like to spend some of it in studying at home.

- If you are struggling with faith or have questions go to <https://www.doesgodexist.org/>. John Clayton was a former atheist who came to belief in God through science. He was a science teacher specializing in physics and earth science.
- A site designed to study the Bible in a safe environment: <https://www.mathetis.org/>. You may study alone or form a small group.
- In Search of the Lord's Way may be listened to on KWUF radio at 1400 AM radio every Sunday morning at 8:00 a.m.
- The following programs may be viewed on DISH TV Sunday mornings on channel 3, KCDO:
 - 6:30 a.m. Let the Bible Speak
 - 7:00 a.m. The Truth in Love
 - 7:30 a.m. In Search of the Lord's Way

If you need to talk, please call the church building and we will get in touch with you. As the virus continues to spread please pray for leaders, the workers on the front lines, the sick, those who have lost loved ones, and those working on vaccines and cures. We pray life is back to normal soon.

Pagosa Springs Church of Christ
277 Lewis Street • 264-2552

HEY STUDENTS!

Have you nominated your Adult Role Model for 2020?

We are extending the Adult Role Model Campaign until May 1st.

**Who is your Role Model?
Who is your hero in this time of COVID-19?**

Forms went home with students at the beginning of March or you can request a form. Forms can also be downloaded at <https://sjbpublichealth.org/thrivingcommunities>

Call Cheryl Bowdridge at 970-946-5276 with questions or email: cbowdridge@sjbpublichealth.org



Adult Role Model Campaign brought to you by Rise Above Violence, Archuleta School District, San Juan Basin Health Department

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- Trustworthy
- Good Listener
- Energetic
- Passionate
- Makes positive choices
- Respects others
- Positive attitude
- Inclusive
- Patient
- Selfless
- Inspiring
- Helpful
- Fun

KSUT cancels Pagosa Folk 'N Bluegrass Festival

By Tami Graham
Special to The PREVIEW

In light of the COVID-19 pandemic, KSUT has made the difficult but necessary decision to cancel the 2020 Pagosa Folk 'N Bluegrass Festival, scheduled for June 5-7 on Reservoir Hill.

KSUT's primary concern has been and remains the health, wellness and safety of festival attendees, vendors, volunteers and staff, and does not feel it is a responsible decision to move forward with a gathering of this magnitude.

"We're saddened that in our first year as the new owners of the festival that we've had to make this decision, but it was truly the only responsible decision we could have made" stated Tami Graham, KSUT's executive director.

The festival typically draws approximately 1,500-1,800 attendees. Ticket holders will receive an email with information about refund options.

KSUT is actively communicating with this year's artists with the goal of replicating the same stellar lineup of folk and bluegrass music for the festival in early June 2021. Scheduled to perform this year were Tommy Emmanuel, Eilen Jewel, Lil Smokies, Town Mountain, Jon Stickley Trio, Shinyribs, Tony Furtado, The Wooks, Songs From the Road Band, The Honey Dewdrops, Stillhouse Junkies, FY5, Bonnie and the Clydes, and Yellow Jacket Singers.

Pagosa Folk 'N Bluegrass has been an annual event on Reservoir Hill since 2006, when it was founded by Dan Appenzeller and

Crista Munro of Folkwest Inc., a 501(c)(3) nonprofit organization. Folkwest Inc. transferred ownership of Pagosa Folk 'N Bluegrass as well as the Four Corners Folk Festival to KSUT Public Radio in September 2019. KSUT is cautiously optimistic about the 25th annual Four Corners Folk Festival moving forward as scheduled for Sept. 4-6 on Reservoir Hill.

"We're hopeful that we can come together and celebrate great music with our friends and festival

family over Labor Day weekend in Pagosa Springs" Graham stated.

KSUT was founded by the Southern Ute Tribe in 1976. It became a 501(c)(3) nonprofit in 1986 and now serves five counties in southwestern Colorado and northwestern New Mexico, and is an NPR affiliate with two signals — Four Corners Public Radio and Southern Ute Tribal Radio.

For more information, contact Jill Davis, KSUT festival director, at festivaldirector@ksut.org.



It's Spring Time

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On behalf of our grateful community, the Board of Directors for the Pagosa Springs Medical Center would like to extend our heartfelt thanks to all the employees of the medical center for their untold hours of dedicated work and the commitment they display on a daily basis to help keep us safe and healthy.

The Board of Directors is proud to recognize the sacrifice and quiet dignity displayed by all of you during these unprecedented and uncertain times.

Through your efforts, we will weather this together and be a stronger community of neighbors when the COVID-19 crisis has passed.

Thank you – You are our heroes!

- Greg Schulte-Chairman*
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Photo courtesy Dale Johnson

Pagosa Springs High School's cast of "Matilda the Musical." Although unable to continue rehearsing or have its planned opening night, the cast and crew are thankful for the experience and continue to wait to be able to perform the show for the community.

'Matilda' cast and crew thankful and waiting

By Dale Johnson
Special to The PREVIEW

Being part of a high school musical is magnificent, fun, exhausting, inspiring, exhilarating, crazy, life-changing and challenging. Over a 10-week period, those involved spend an enormous amount of time together, usually five nights a week of intense song, dance and acting training. Some involved and cast are veteran performers, some first-timers, all working towards common goals.

Opening night of a show is akin to an all-state competition, the culmination of months of rehearsals, drills and practices. A few weeks before opening, technicians and musicians begin attending

rehearsals, adding sound, lights and music.

On March 12, the cast and crew and musicians held their last "Matilda" rehearsal on the high school stage, five days before they were set to open. Although it was not a dress rehearsal, cast donned costumes, called parents last minute, acquired a video camera and proceeded to give a performance to a small audience gathering. They were amazing. They were courageous and strong and supportive and mighty. They performed with amazing vocals, high-energy dancing and strong acting. Our small audience cheered. We took a bow.

Afterward, we sat together and talked. And cried. And hugged. We honored our seniors with a little

ceremony. Then we put the costumes away, hoping we would still be able to come together and have our opening night.

I am incredibly proud of our young performing artists and how they came together not only to perform, but also to learn and grow from one another, leaving the experience better young people than they were at the start.

We are still waiting for our "Matilda the Musical" opening night, but whatever happens, we are thankful for the experience, the process, the love and the heart that goes into getting ready.

Senior shopping assistance program continues

By Cheryl Wilkinson
PREVIEW Columnist

The Pagosa Senior Center has initiated a senior shopping assistance program during this period of pandemic emergency. Many members of our community are practicing social distancing and voluntary isolation and access to groceries and prescription medicine has been identified as a critical need.

A hotline has been established to connect with a Senior Center volunteer to get the process started. The access number is 422-7084.

Volunteers are needed to help staff telephone lines and to perform the actual shopping tasks. In Pagosa Springs, contact Rod Hubbard at (303) 594-5117 to volunteer.

Senior News

Drive-through pick-up meals continue

We are continuing our temporary closing of the congregate dining room due to coronavirus (COVID-19). Our clients are the most at risk for the virus.

In order to continue providing meals, we are offering take-out hot meals and a salad with a drive-up option under the portico at the Ross Aragon Community Center.

■ See Senior on next page

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Senior

■ continued from previous page

These meals will be available Monday through Friday between 11 a.m. and 1 p.m. There is a \$4 suggested donation for those age 60 and above. If you need to have your meal delivered, please call 264-2167 to see if this option is available in your area.

The cost per meal for the public age 59 and under is \$8.50. The meals include a salad, hot meal, drink and dessert or bread. (Our daily menu is posted on our website at psseniors.org and is below.) Please call 264-2167 to make a reservation for pickup. We are also continuing our Meals on Wheels program.

There will be no games, classes or presentations during this time. The staff will be available by phone. If you need to speak to a staff member, please call 264-2167.

The Community Café menu

Thursday, April 16 — Ham with pineapple sauce, baked sweet potato, broccoli with butter, milk, salad and cranberry salad.

Friday, April 17 — New England clam chowder, bacon green beans, buttered corn, milk, cheddar biscuit with butter and salad.

Monday, April 20 — Beef stroganoff, cauliflower snowflakes, green beans with almonds, milk, salad and strawberry pie.

Tuesday, April 21 — Chicken tortilla soup, cornbread salad, stir-fried okra, milk, salad and crisped rice treat.

Wednesday, April 22 — Pork ribs, potato salad, green chili corn pudding, milk, salad and baked apples.

Thursday, April 23 — Salmon tacos, sweet potato fries with paprika, Brazilian black bean soup, milk, salad and orange/pineapple cake.

Reservations and cancellations are required. You can make a reservation at 264-2167 by 9 a.m. the morning of the day you would like to pick up a meal at The Community Café at the Pagosa Senior Center in the Community Center.

For your convenience, you can make your reservations in advance or have a standing reservation on

days you know you will always pick up a meal. Please cancel if you cannot attend on your standing reservation days. We want to thank everyone for their support by observing our reservation policy. This helps ensure that everyone with a reservation receives a meal, and enables us to provide additional and healthier meals.



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Photo courtesy Emrys Tyler

Sonlight Christian Camp, an Archuleta County nonprofit, offers summer camps, backpacking programs and retreats.

Sonlight Christian Camp: Exploring God's creation away from the busyness of life

By Emrys Tyler
Special to The PREVIEW

We are Sonlight Christian Camp, a not-for-profit ministry that provides a place for youth and adults to discover who God wants them to be.

We're located 5.5 miles out Four Mile Road (County Road 400), and then a mile and a half down Sonlight Place. We especially serve youth ages 8-18 in our summer camp and backpacking programs, but also host adult retreats in the fall and winter seasons. We work to provide a place and a program in which youth can get away from the busyness of life, explore God's beautiful creation and re-learn how to live in human, device-free community.

We are a small camp, serving about 70 campers and backpackers at a time. The summer resident campers have worship every day, great teaching on the Christian life and all the fun activities that come with camp. Our backpackers go out for five-day treks in the Weminuche Wilderness in groups of 8-13 high schoolers, to discover the joys and challenges of carrying your essentials on your back and leaving the rest behind. Our retreat season groups come with their own program, but get to experience Sonlight's hospitality and

excellent food.

Sonlight has a small staff in the retreat season (six people), but we bring on more than 20 enthusiastic college-age staff members for the summer. March and April are usually our slow-paced months, but right now we're facing with all of you the challenges of planning in light of the coronavirus. We're discerning right now how our summer season will look, given all of our concerns for safety and health. But we'll make it through (and so will you), so we'll just plan for every possibility and take each day as it comes. No matter what changes, the love of Jesus Christ in the Christian community will stay the same.

Our ever-present need is to keep Sonlight's Scholarship Fund strong — especially this year, as so many families will experience a significant financial impact. The Scholarship Fund assists families who can't afford the full cost of camp, in the hope that money will never keep a kid from coming to camp.

If you're interested in exploring Sonlight's ministry or donating to the Scholarship Fund, please visit SonlightCamp.org. Or, if you're feeling isolated by a little too much social distance, give us a call — 264-4379 — just to chat. Ask for Emrys, the co-director, or Bryce, our "Boss of Fun."

We're praying for you, the larger

community, and all those who are struggling with anxiety, financial stress, and health challenges in this strange and trying season. By the grace of God, we'll make it through.

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It's all about timing

I've tried to hurry time. I've even tried to slow time. No matter the effort, I have never been able to alter the duration of even one second.

Manifesting a dream is something else that we may want to rush or experience at the pace of our choosing. But, like the beautiful tapestry it is, it takes more than desire to move the needle.

Have you ever felt that you were ahead of your time? I always contend that I was 20 years too early when I had a great idea — that no one bought. One of my daughters said recently, "I saw something on Pinterest that you made years ago."

I remember when I used to paint on walls and doors. No one understood why I did it, including me. I just knew that my talent needed to take root before it could be known.

I recall painting on art palettes then using them as table place-mats. Years later I saw something similar at Neiman Marcus selling for a hefty price. Either I didn't trust my creativity or couldn't see the value in what I wanted to produce.

A friend told me once, "Don't you know that creativity comes under the umbrella of prophetic gifts?"

I do now. In fact, these days, every time I turn on the news, I see the evidence of foretelling that was written over 2,000 years ago. More and more I am realizing that we are living in a time when the reality of yesterday's message is today's truth.

I've heard stories about a priceless piece of art sitting in a corner collecting dust, unknown, unappreciated. Then, in an instant, something is seen or heard that removes the shroud of mystery revealing a hidden gem. What made that moment take so long? Were we not ready for the veil to be lifted?

Artist and writer must work from far-sight. Their work or message is produced long before it is seen, heard or even understood.

In 2014, Mike, my market manager told me, "If you're going to be a leader in the market, you have to produce your idea first. It doesn't make sense to try to create the Hula-Hoop after people are already talking about it."

Today, I tell authors in a writers' group, "Write when the idea comes; if not, someone else will. Finish that book, because you never know when interest will strike."

The prophetic comes from a different place. It has an origin that we don't always understand as it is being dropped into our spirit. How much less do we understand how or when something will translate, when reality comes to fruition.

I was excited when I received an email from my nephew, Dave Slade. He and I have exchanged ideas and writing tips over the years. We champion each other

Artist's Lane

Betty Slade



Artist and writer must work from far-sight. Their work or message is produced long before it is seen, heard or even understood.

with endeavors, and I am his biggest fan.

I was thrilled when I read the following: "My book is now #15 on Amazon's Christian Mysteries. The Albuquerque Journal published an article on my novel, The Christ Virus and the parallels between the story and the Coronavirus."

Dave wrote "The Christ Virus" in 2012. It was about a pandemic outbreak in the fall of 2019 that would devastate the world. He told a writer for the Albuquerque Journal, "I'm not by any means calling myself a prophet. It is almost like a revelation from God. I would never have thought this up on my own."

Prophet or not, he was operating in the creative, a place that precedes us. His book came from a pastime. Dave is a student of current events. He is a nonfiction writer and former newspaper reporter who has written features for the Millbrae Sun (California). He has also written about politics for the Rio Rancho Roadrunner (New Mexico).

The plot for "The Christ Virus" is about terrorists who want to weaponize a virus, reducing life as we know it into hysteria or collapse. His character said, "We don't need a bomb. We just need a bug." The story is set primarily in Albuquerque and other parts of New Mexico, but is certainly relative to the world at large.

Dave told me that he knew little about virology when he started writing his novel. He had a hair-brained idea and decided to go deep into a study of how infectious diseases could become a munition. From that, a writing in 2012 that would become eerily similar to life in 2020.

Final brushstroke: Timing is everything, but it is not always synchronized with the clock on the wall. It is probably best since the creator of time knows exactly when to reveal things, giving meaning to

the efforts of yesterday, today.

Readers' comments

Send your comment to betty@bettyslade.com.

If you or someone you know might be at risk of suicide, there is help.

Call the **National Suicide Prevention Lifeline** at 1-800-273-8255, text a crisis counselor at 741741 or visit suicidepreventionlifeline.org.

Updated Guidance on Practicing Real Estate During this Pandemic – April 9, 2020

The Department of Regulatory Agencies Division of Real Estate recently issued updated guidance on practicing real estate during this pandemic. In this update, it is clarified that "Real estate appraisals and closings are considered critical services to complete real estate transactions. Further, home inspections and final walkthroughs after a buyer has signed a purchase contract and is therefore a condition precedent to the actual transfer of property, is also considered to be an essential part of the real estate transaction. Elements that are fundamental to the real estate transaction are deemed essential to support market activity. However, showing a property or conducting an open house in-person during the COVID-19 pandemic shall be avoided as it violates the specific mandates of recently issued executive and public health orders." Read DORA's full bulletin here (<https://content.govdelivery.com/accounts/CODORA/bulletins/2859522>).

CAR and our leadership, lobbyists & Government Affairs team have been working to obtain a reasonable, practical interpretation of the Order from both the AG's office and the Governor's office. Yesterday, CAR worked with partners in the real estate industry to send a stakeholder letter (https://www.coloradorealtors.com/wp-content/uploads/2020/04/REALTORS-Letter-to-Governor-Polis-Real-Estate-Transactions-Critical-Elements3.pdf?_zs=SwrnX&_zl=uHe32) to the Governor's office respectfully requesting that real estate related services be clarified to include any critical aspect of the real estate transaction such as property inspection, final walkthroughs and showings if they can be done with virtual technology that would not violate the social distancing precautions under the shelter in place requirements recently extended to April 26th.

Today's clarification is a direct result of CAR's working relationship with the Governor, his staff, the Attorney General's office, the Division of Real Estate, and the Division of Regulatory Agencies. CAR has been working tirelessly to ensure your opportunity to continue to conduct the essential services of your business within the established social distancing, safety and health mandates that are currently in place.

We understand that the last several days have proven to be confusing and challenging but are confident that these clarified guidelines will help Colorado REALTORS® successfully navigate their real estate business within the confines of the Governor's Order. Again, we want all Colorado REALTORS® to understand that with great power comes great responsibility. And again, this clarification does not reflect "business as usual" for real estate in Colorado. The COVID-19 crisis must be taken extremely seriously and ALL Colorado REALTORS® should take extreme precautions whenever executing any part of their business. State and local mandates are a reflection of the incredibly serious nature of the global health risk and we have a responsibility to protect the public, our clients, and business associates.

All services included in the public health order are subject to social distancing requirements outlined in the Governor's updated order here (<https://drive.google.com/file/d/1hSyVD4wlb6evhqqrbEgypcgKMr6i8SOX/view>).

No matter how difficult the situation is, the Colorado REALTOR® family stands strong. We want to thank you for your patience and understanding. We will make it through this unprecedented time together and emerge stronger advocates for our industry and communities.



This message brought to you by the Pagosa Springs Area Association of REALTORS®.

PAGOSA SCENE . . .

CELEBRATING EASTER

Scene ... celebrating Easter with SUN readers. SUN readers were asked to share their Easter photos, demonstrating family, fun and positivity in the face of the pandemic.





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Christ turns our watered-down lives into wine

By Jan Davis
Special to The PREVIEW

The groom stood in front of his beautiful bride and held up his glass. So many thoughts went through his mind as he gazed into his wife's face. The special day he had anticipated finally arrived. Their first act as a married couple — the bridegroom wanted to acknowledge his father.

Earlier in the day, the father presented sealed documents which transferred ownership of his corporation to his only son. Tonight, he mingled among the guests to assure the glasses were kept full and everyone enjoyed the occasion. The meal began to wind down and time came for the groom to toast the evening.

"Thank you for coming today." The young man waited until the applause subsided.

With only a few bottles left in the kitchen, the caterers hurried to find others. "I would like to recognize my father who made all this possible." He waved his hand to take in the harpists and the finest of china and silver scattered on white linen tablecloths. The fragrance of fresh flowers lingered in the air.

The young husband stretched out his hand in an invitation for his young wife to join him. Hand in hand, they offered a tribute. "Thank you, Father, for your love, commitment and devotion to family."

"Cheer, cheer" rose from the crowd.

The groom whispered in his father's ear. "This bottle surpasses all others served tonight. The perfect way to begin our life together. You thought of everything."

A similar story in the Bible records the first miracle performed by Jesus. The empty jars lined the counter as the festivities wound down. The mother of Jesus summoned him to the kitchen. A simple story on the surface. To everyone's surprise, expensive

A Matter of Faith

wine capped off the evening. But the truth hidden within deserves a deeper look.

Before Christ, our mere existence resembled empty ceremonial pots. Our noble intentions lacked depth. Jesus took our watered-down lives and replaced them with the robust and richness of his Holy Spirit.

From His endless warehouse, he poured into us the intensity of His love, and the fullness of His goodness. Filled with His grace, we experience the side effects of His mercy.

Sometime in the future, Christ will usher his Bride into the presence of His Heavenly Father. God will seat her at the wedding banquet and promise to keep her goblet full of the new wine of His Holy Spirit.

"The master of the feast called the bridegroom. And he said to him, every man at the beginning sets out the good wine, and when the guests have well drunk, then the inferior. You have kept the good wine until now." — John 2:6 (NKJV).

Because of Jesus, we hold in our hearts an invitation to the Marriage Supper of the Lamb.

I love you, but Jesus loves you more.

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HUD Publisher's Notice



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All real estate advertising in this newspaper is subject to the Fair Housing act which makes it illegal to advertise "any preference limitation or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention, to make such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

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	9		3					
			9	2		8		
				5	1		4	
			4			1	6	
	4	7	1					5
		5						7
3	5				4			9
4	2		7					6
7								

Level: Advanced

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	8	6	5	9	2	3	1	4
4	2	9	7	1	3	5	8	6
3	5	1	6	8	4	7	2	9
1	6	5	2	3	8	4	9	7
8	4	7	1	6	9	2	3	5
9	3	2	4	7	5	1	6	8
6	7	3	8	5	1	9	4	2
5	1	4	9	2	6	8	7	3
2	9	8	3	4	7	6	5	1

ANSWER:

COMEDY WORD SEARCH

L F M H N O S S K K T R S N L B S L U R
 H K C A B L L A C B O S L L T V L T J A
 Y U E G P G I I G U O V B K W I S D B T
 N F T R M J T L T A D I A O N B K O Y N
 R N M U I S R I A G O R U E M N E T W D
 E F R Y P T N O E E N N U P O B T D C N
 N O E A T E A J M P R P J I H I C J W O
 I R L N T T I S R U D J T E M E H D S E
 L S M R O F R E P D H A N K I C M T L C
 D T J V I A H D L D S E V H K P O M J J
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 E J M E B O M C V O C E C A Y U N M R R
 H M S S G O A O W U G B R L C Y A W L T
 M O U A W D R H V C O Y I D E W Y L P I
 O C G J L P I P K O A N S W N S O A K Y
 W T I I M T C K K M E P P B F E R H E W
 W I B I S W B E D W H A P P G O T J S D
 B S R E I V R A D K D R W E D A K N G P
 A L J E N O H P O R C I M Y R U A U E A
 T H P O F K D C R Y L E K O J T V R L P

WORDS

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- BOMB
- BOOKER
- CALLBACK
- CAPPER
- ENTENDRE
- GAG
- HEADLINER
- HUMOR
- IMPROVISATION
- JEST
- JOKE
- LAUGH
- LINEUP
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As members of this community for the past 18 years, we understand, we are right here with you, and we, the community, will get through this together.

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New Thought returning to summer hours

By Lisa Burnson
Special to The PREVIEW

All are welcome to join New Thought Center for Inspirational Living (NTC) this Sunday, April 19, at 10 a.m. for our presentation, "Off to See the Wizard: Adventures on the Yellow Brick Road." Our speaker will be Theresa Howard, science of mind practitioner.

Please notice that we are returning to summer hours. We will be upholding social distancing and disinfection recommendations. If you are unable to join on Sunday, please watch on our YouTube channel: Pagosa New Thought.

Meditation Circle is held each Wednesday at 6 p.m.

Cancellations

Due to public health concerns, we are canceling the following events until further notice:

Earth Day activities, scheduled for April 17 through 19, are canceled.

Stories To Tell Us, scheduled each Sunday at 2 p.m., is canceled.

Fountain of Youth and Yoga Stretches are canceled until further notice.

About us

NTC is a New Thought center

based on fostering living a spiritually centered life and promoting the philosophies of the Centers for Spiritual Living and the Agape Centers. NTC honors all lifestyles, cultures and religious paths to the Divine.

We welcome local talent to share gifts, aptitudes and knowledge. Have a hand in making a difference. Participate, learn or contribute your insights, beliefs, knowledge and skills.

NTC events are held at 3505 W. U.S. 160, on the second floor of the Best Western Lodge (elevator available).

Request a concentrated affirmative mind treatment or obtain information by joining us; emailing PagosaCommunityNewThought@gmail.com; mailing P.O. Box 1052, Pagosa Springs, CO 81147-1052; or calling (505) 604-5031. Find us on Facebook (Pagosa Community of New Thought).



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Nov. 1, 2019 - April 30, 2020

To see if you qualify (see chart) or call 1-866-HEAT-HELP (1-866-432-8435)
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HOUSEHOLD SIZE	MONTHLY GROSS INCOME (60% OF STATE MEDIAN INCOME)
1	\$2,371
2	\$3,101
3	\$3,831
4	\$4,561
5	\$5,290
6	\$6,021
7	\$6,157
8	\$6,294
For each additional person over 8	add \$137

The Archuleta County Department of Human Services can provide application assistance. Call 970-264-8511 to reserve a spot. Appointments will be held at the Ruby Sisson Memorial Library, 811 San Juan St., Pagosa Springs, CO. Applications may also be sent directly to Discover My Goodwill at LEAP, PO Box 39200, Colorado Springs, CO 80949-9905.

Preview Calendar

All events listed in The PREVIEW Calendar are free of charge unless otherwise noted.

Thursday, April 16

Loaves and Fishes Free Community Lunch. 11:30 a.m.-1 p.m., Parish Hall, Lewis Street. Due to the COVID-19 threat, Loaves and Fishes will continue to offer meals to the community as takeout only. There will be no sit-down service. Guests should come to the front doors of the Parish Hall, where they can pick up meals to go. This practice will continue until further notice.

Monday, April 20

TEFAP Food Drop. 11:30 a.m.-2 p.m., Restoration Fellowship. This month's food drop will be a little different. We ask all participants to stay in their cars in the parking lot

as volunteers (in masks and gloves) bring out a pre-packaged food box to their car. Restoration's food pantry is open Sundays from noon to 1:30 p.m. No appointment necessary.

Community Collaborative Rain, Hail and Snow Network (CoCoRaHS). 6 p.m. A nationwide network of volunteer weather observers. If you have a passion for weather and are interested in making a difference, this network is probably a great fit for you. Peter Goble will be giving a brief overview of the history and explaining how to participate. To join, visit <https://zoom.us/j/155157171>, meeting ID: 155 157 171. The call-in number is (346) 248-7799 or (669) 900-6833. For more information, email robin.young@colostate.edu or call 264-5931.

■ See Calendar on next page

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CRYPTO FUN

☽ ☾ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓
Determine the code to reveal the answer!

Solve the code to discover words related to humor.
Each number corresponds to a letter.
(Hint: 20 = O)

A. 7 19 23 20 25

Clue: Quality of being amusing

B. 10 18 19 6 7

Clue: React to humor

C. 22 20 13 2

Clue: Funny tale

D. 12 20 23 2 3 26

Clue: Professional entertainment with jokes

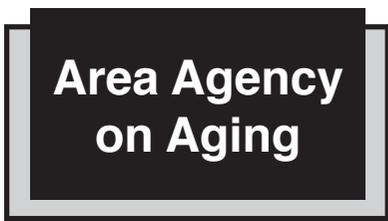
Answers: A. humor B. laugh C. joke D. comedy

Scams from fake utility companies

By Kay Kaylor
PREVIEW Columnist

I advocate for residents in extended care and assisted living residences as the region's lead long-term care ombudsman. I also am a Senior Medicare Patrol and State Health Insurance Assistance Program counselor. Information on the many aging and care concerns will be included here.

Two divisions of the Colorado Department of Regulatory Agencies are warning about recent utility scams. In response to Gov. Jared Polis' March 20 executive order, all Colorado electric and gas utilities have ceased disconnections during the pandemic. If a utility customer receives any call threatening an immediate shutoff, it is a scam. The fake utility caller or emailer will demand immediate payment by prepaid cards, credit/debit card, a bank draft or wiring



money and will insist you respond. Utilities always offer a variety of ways to make payments and do not demand immediate payment. They never send a notice right before disconnecting.

An ongoing scam involves people posing as your local utility workers or contractors. They may knock on your door claiming to be employed or hired by the utility company to read, upgrade, reset, repair, replace or inspect your utility meter or other utility-related device. During virus social distancing orders, utilities are not sending employees to homes.

Scammers may also send emails that appear to be a bill sent by your utility company, potentially featuring its logo and color scheme. As always, do not click on links or attachments unless you have verified the sender. If you do, the scammer might direct you to a website to steal your personal information or install malware. Utilities do not send bills via email unless you have opted to receive it that way. Always check the email address; if you hit reply, you often can see the address is bogus. Also check whether the grammar and phrasing appear to be from a fluent English speaker.

If you suspect you have been a victim of fraud or who feel threatened, alert local law enforcement authorities immediately. More information is available from the Federal Trade Commission or the Colorado attorney general's Consumer Protection section.

The San Juan Basin Area Agency on Aging offers resources for people age 60 and older or on Medicare. For further information, please call or text 403-2165, or send an email to leadombudsman@sjbaaa.org.

Preview Calendar

■ continued from previous page
Wednesday, April 22

Resilient Archuleta: Earth Day. 6 p.m. Presentation by Heidi Stelzer. Please join us via Zoom at <https://zoom.us/j/133064826> or call in at (253) 215-8782 or (301) 715-8592. Meeting ID: 133 064 826. For more information, email robin.young@colostate.edu or call 264-5931.

Thursday, April 23

Loaves and Fishes Free Community Lunch. 11:30 a.m.-1 p.m., Parish Hall, Lewis Street. Due to the COVID-19 threat, Loaves and Fishes will continue to offer meals to the community as takeout only. There will be no sit-down service. Guests should come to the front doors of the Parish Hall, where they can pick up meals to go. This practice will continue until further notice.

Friday, April 24

Seventh Annual Push-Up Challenge Fundraiser. This year's event will be hosted on Google Hangout Meet. All competitors will sign up at GoFundMe Charity, your platform to raise funds for Rise during this annual campaign. Categories will be limited this year to Individual Female and Individual Male.

Saturday, April 25

Geothermal Greenhouse Partnership: 'How We Grow' Film. 6 p.m. A shortened, condensed version of their Environmental Film Festival. We will be airing the movie so we can watch it together and have a conversation with the filmmakers. To participate, visit <https://zoom.us/j/133064826>. Meeting ID: 133 064 826. For more information, email

robin.young@colostate.edu or call 264-5931.

Wednesday, April 29

Denim Day. Noon, Denim Day is a symbolic gesture of solidarity against sexual violence. Participate in our social media event and be entered for a prize. Post a picture in your denim with a caption of why you wear jeans or who you are wearing jeans for. Post a video of you taking a walk in your jeans and get two entries. Wear your jeans with a purpose: Support survivors and educate yourself and others, riseaboveviolence.org.

Thursday, April 30

Loaves and Fishes Free Community Lunch. 11:30 a.m.-1 p.m., Parish Hall, Lewis Street. Due to the COVID-19 threat, Loaves and Fishes will continue to offer meals to the community as takeout only. There will be no sit-down service. Guests should come to the front doors of the Parish Hall, where they can pick up meals to go. This practice will continue until further notice.

Saturday, May 2

Virtual Walk for Moms. 8-11 a.m. Honor the superhero in your life by walking for a young mom. Instead of coming together at the park, we are going to encourage teams to dress up, and then walk in their neighborhoods while taking a video or photo and sharing it. We will livestream the event and post videos and photos on Facebook. We will all enjoy the outdoors in small numbers, but celebrate together from our various neighborhoods. Visit aspirepagosa.org.

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Amazing benefits to seniors having pets

Special to The PREVIEW

Pets bring much joy to the lives they touch. So it should come as no surprise that the 2019-2020 National Pet Owners Survey, which was conducted by the American Pet Products Association, found that about 85 million families in the United States own a pet. In Canada, 7.5 million households are home to companion animals, states the PetBacker blog.

Pets offer companionship and unconditional love. While they are fitting for any family, seniors may find that having a pet is especially beneficial. The organization A Place for Mom, which helps match families with senior living residences, says pets provide a comfort system that produces measurable health results. Caring for pets and being around them can produce a chemical chain reaction in the brain that may help to lower stress hormones while also increasing production of the feel-good hormone serotonin.

This is not the only health benefit pets may provide. A recent study from the Mayo Clinic, which looked at 1,800 people between the ages of 25 and 64 who had healthy hearts, found that almost half owned a dog. Having a dog was likely to spur heart-healthy behaviors, like exercising with the pet, eating well and having ideal blood sugar levels.

Pets also provide emotional support and companionship that can help seniors — including those who may be divorced or widowed — feel more secure and happy. The National Poll on Healthy Aging found that, among respondents who had pets, 88 percent said their pets helped them enjoy life, and 86 percent said their pets made them feel loved.

Seniors considering getting a pet can explore the many benefits to doing so.

- **Reduce pain:** A 2012 study published in Pain Magazine found therapy dogs provided “significant reduction in pain and emotional distress for chronic pain patients.”

- **Feeling of purpose:** Caring for an animal not only stimulates physical activity, but it also can give seniors a reason to get up and go, which equates to a feeling of purpose.

- **Altered focus:** Having a pet can help seniors focus on something other than physical or mental health issues and preoccupations about loss or aging, according to New York-based psychologist Penny B. Donnenfeld.

- **Increased physical activity:** Pets require care, and that interaction can get seniors moving more than if they didn't have a pet.

- **Improved health:** Ongoing research from Harvard Medical School has found dog owners have lower blood pressure, healthier cholesterol levels and lower risk of heart disease than those who don't own a dog.

- **Stick to routine:** Caring for pets helps seniors maintain a routine. Having structure after retirement can be important to ward off risk of depression. Staying on top of feeding, grooming and other pet needs also can help prevent cognitive decline.

Pets bring many benefits to their owners' lives, and they may be the perfect remedy for seniors looking for a friend and purpose.

YOU MADE THE RIGHT CHOICE.

The Pagosa Springs SUN
264-2100

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to humor.

C H E E L K

--	--	--	--	--	--

Answer: *Heckle*

The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 CBer's sign-off
- 5 Word after pension or lesson
- 9 Piggens
- 14 Vitriol
- 15 Gray wolf
- 16 Spotted steed
- 17 Gullet
- 19 Alloy of iron and nickel
- 20 Gas thief's gadget
- 21 TV showing
- 23 Never-ending
- 25 Edgar who painted ballerinas
- 26 Lofty nest
- 28 Like some tasks
- 31 Far from poetic
- 34 Part of U.S.N.R.
- 36 "Take ___"
- 37 Greeting card genre
- 38 Bacon of film
- 39 "Black Beauty" author Sewell
- 40 Wear and tear
- 41 Solitary sort
- 42 Checked out, before a heist
- 43 Sharpie, for one
- 45 Coffee additive
- 47 Kuwaiti cash
- 49 Boating hazard
- 53 Strict disciplinarian
- 56 Lay waste to
- 57 Upper class
- 58 Con artist
- 60 Samurai number
- 61 Top-rated
- 62 Hitchcock title
- 63 Something in the air
- 64 Golf shot
- 65 Had no doubt

DOWN

- 1 Having a lot to lose?

1	2	3	4		5	6	7	8		9	10	11	12	13	
14					15					16					
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57							58		59						
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63							64					65			

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- 2 Social call
- 3 Run off to Vegas, maybe
- 4 Say another way
- 5 Flat, geometrically
- 6 Captain's journal
- 7 Lie next to
- 8 Beat (out)
- 9 Big name in catalogs
- 10 Destroyer, in Navy slang
- 11 Military incursions
- 12 Terminal postings
- 13 Spreadsheet function
- 18 Pooh's passion
- 22 Old-time lover
- 24 Napkin fabric
- 27 Chalet features
- 29 Bancroft or Baxter
- 30 Bullet material
- 31 Horner's reward
- 32 Parks who started a bus boycott
- 33 Fifth gear, often
- 35 Computer woe
- 38 Islamic text
- 39 Ant-eating animal
- 41 Far from strict
- 42 Panama passage
- 44 Tiny tabby
- 46 Attic space
- 48 Make a long story short
- 50 Parade twirler
- 51 Open-mouthed
- 52 Extend, as a lease
- 53 Bungle, with "up"
- 54 Oscar winner Guinness
- 55 Archaic pronoun
- 59 Crumb carrier

Answers to Last Week's Crossword:

F	R	E	E		A	B	B	O	T		A	G	E	D			
R	E	A	M		C	R	E	D	O		P	U	L	E			
A	R	G	O		M	O	D	E	M		R	I	S	E			
N	U	L	L	S	E	T				A	B	I	D	E	D		
K	N	E	L	L		H	O	S	T	I	L	E					
					I	I	I		U	P	O	N		B	A	A	
N	A	M	E	P	L	A	T	E		S	P	O	O	F			
E	V	E	N		L	I	S	L	E		I	O	N	A			
M	O	T	T	O		O	I	L	T	A	N	K	E	R			
O	W	E			B	O	L	D		A	R	E					
					O	L	I	V	I	E	R		C	A	L	L	A
S	P	R	I	T	E					U	T	O	P	I	A	N	
L	O	I	N			R	A	B	B	I		P	L	U	G		
A	N	T	E			D	R	I	L	L		L	A	G	S		
P	E	E	R			O	C	T	E	T		E	C	H	T		

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Photo courtesy John M. Motter

This early photo of the Pagosa Hot Springs has a log cabin which may have been where Fil Byrne taught the children of Fort Lewis soldiers and early settlers during the late 1870s.

School days: Retracing the state's history

In order to trace the history of schools in Archuleta County, it seems necessary to retrace the state's history.

Here we go with Colorado history 101 taken from Wikipedia.

The first Europeans to visit the region which became Colorado were Spanish conquistadors led by Juan de Oñate, who founded the Spanish province of Santa Fé de Nuevo México among the pueblos of the Rio Grande on July 11, 1598. In 1706, Juan de Ulibarri claimed the territory of Colorado. In 1787, Juan Bautista de Anza established the settlement of San Carlos near present-day Pueblo, Colo., but it quickly failed. Colorado became part of the Spanish province of Santa Fe de Nuevo México as part of the Viceroyalty of New Spain. The Spanish traded with Native Americans who lived there and established the Comercio Comanchero among the Spanish settlements and the Native Americans.

In 1803, the United States acquired a territorial claim to the eastern flank of the Rocky Mountains by the Louisiana Purchase from France. However, the claim conflicted with Spain's claim for sovereignty over the territory. Zebulon Pike led a U.S. Army reconnaissance expedition into the disputed region in 1806. Pike and his men were arrested by Spanish cavalry in the San Luis Valley, taken to Chihuahua, then expelled from Mexico.

Miguel Hildago y Costilla declared Mexico's independence from Spain on Sept. 16, 1810. In 1819, the United States ceded its claim to the land south and west of the Arkansas River to Spain with the Adams-Onís Treaty, at the same time purchasing Florida. Mexico



Pagosa's Past

John M. Motter

finally won its independence with the treaty of Córdoba signed on Aug. 24, 1821, and assumed the territorial claims of Spain. Although Mexican traders ventured north, settlers stayed south of the 37th parallel north until the United States signed a peace treaty with the Ute Nation in 1850.

During the period 1832 to 1856, traders, trappers and settlers established trading posts and small settlements along the Arkansas River, and on the South Platte near the Front Range. Prominent among these were Bent's Fort and Fort Pueblo on the Arkansas, and Fort Saint Vrain on the South Platte. The main item of trade offered by the Indians was buffalo robes.

In 1846, the United States went to war with Mexico, and the defeated nation was forced to relinquish its northern territories by the Treaty of Guadalupe Hidalgo in 1848. This opened the Southern Rocky Mountains to American settlement, including what is now the lower portion of Colorado. The newly gained land was divided into the Territory of New Mexico and the Territory of Utah, both organized in 1850, and the Territory of Kansas and the Territory of Nebraska, organized in 1854. Most settlers avoided the rugged Rocky Mountains and headed for Oregon, the desert or California, usually following the North Platte River and the Sweetwater River to South Pass in what is now Wyoming.

Motter's note: I'm just getting

warmed up. We'll locate our first school in Archuleta County pretty soon, mon amie, mi amigo?

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Name _____

Address _____

City _____ State _____

Zip _____ Phone _____

Classification: _____

Ad: _____

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- Timeshares
- Houses
- Open Houses
- Ranches
- Property

TOO LATE TO CLASSIFY

DELICIOUS FOOD SATURDAY & SUNDAY, 11a.m. to 7p.m. Burgers, Reuben's, steak and Bit o' Texas BBQ at Iron Dram parking lot. Call (619)277-0193. Jersey Lily's cooking!

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TAFFY: I'm Taffy, an 8-year-old Welsh Terrier girl who was left at the shelter with my Pug mix brother Pugsley. Have room in your home and heart for one or two of us? We would love a home together if possible. Adopt from the Humane Society 731-4771.

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FREE WILDFIRE MITIGATION: If you have property in Aspen Springs, Twin Creek Village or Pagosa Highlands Estates and your annual household income is less than \$38,766, you can apply for free mitigation under the "Resources" tab at sanjuanheadwaters.org or call (970)398-0305.

IN TIMES OF TROUBLE, community churches help us all. This week, a big thank you to Trinity Anglican and Community United Methodist from Angela's Flower Shop.

ANNOUNCEMENTS

A.A. PRINCIPLES BEFORE PERSONALITIES GROUP winter hours beginning on Tuesday, December 19, beginning at 6p.m. on Tuesdays and Thursdays at St. Patrick's Episcopal Church, 225 S. Pagosa Blvd. Charlotte (970)903-9690.

STEAK NIGHT WEDNESDAY 6-10p.m. at Iron Dram Whiskey Bar. 12 oz. ribeye, potato, salad, roll and dessert, \$24; half \$12. Jersey Lily's cooking!

JERSEYLILYSFOOD.COM, STEAK, BURGERS, SLIDERS, gourmet dogs, salads and desserts at Iron Dram, Wednesday (steak night); Thursday (pasta and trivia night); and Friday 6-10p.m. and Saturday 4-10p.m.

THE PAGOSA SPRINGS GROUP of Alcoholics Anonymous is now meeting online once a day, everyday, Sunday- Saturday. For meeting schedule and information, email aapagosa@gmail.com, or call Val at (970)946-6086.

NARCOTICS ANONYMOUS MEETS WEDNESDAYS, 7p.m. at 315 N. 2nd St./ CR 200, Snowball Rd. For information contact Woody (970)582-0065 or Carl (970)903-2346.

ANNOUNCEMENTS

TRADITIONAL ALANON GROUP: Traditional AlAnon Group meets Mondays, 6p.m., Pagosa Bible Church, 209 Harman Park Dr. (325)669-9715.

SERIOUS SOURDOUGH BAKERY. Open for egg and baked goods home delivery. (970)264-0570.

AL-ANON MEETS EVERY TUESDAY at 6p.m. at St. Patrick's Episcopal Church in the Parish Hall. www.al-anon-co.org. As of 3/31, our meeting space is temporarily unavailable due to COVID-19 precautions. For updates, please text (303)815-8569. For a list of online and phone meetings, please visit al-anon.org.

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THE UPPER RIO GRANDE (previously Del Norte) School District is seeking applications for a Jr/Sr High School Principal for the 2020/2021 school year. Applicants must hold a current Colorado Principal license. Previous experience as a Principal or Assistant Principal is preferred. Applications may be obtained online at www.dncsd.org. Please submit your application, resume, and cover letter to: Chris Burr, Superintendent, cburr@urtigers.co, (719)657-4040.

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COVID-19 pandemic illustrates Idaho's split personality

By Jerry Brady
Special to The PREVIEW

Some say there are two states of Idaho. It's true that the Gem State divides by mountains, desert and a time zone; it's also true that it's split by radically different political temperaments. On the one hand, there's the spirit of cooperation and belief that government can help, on the other there's outright contempt for anything governmental. And though other Western states also exhibit this mostly urban-rural split, Idaho's extremes can seem extreme indeed.

In the state capitol of Boise, population 225,000, where I live, signs of a positive response to fighting the COVID-19 pandemic are everywhere, with American flags flying on some streets to show this is a time for patriotism.

After Gov. Brad Little stepped up

Writers on the Range

on March 25 to close nonessential businesses and order Idahoans to "stay at home as best you can," helping-out initiatives have been so numerous in Boise that our two local newspapers (yes, we have two) can't document them all. Consider just one: Residents began sewing protective masks well before the recent recommendation by the Center for Disease Control.

Boise's mask-making campaign enlisted 1,300 participants in 13 days and one woman alone cuts out 800 cloth masks a day for others to add strings. The initiative expects

to provide 10,000 masks to clinics, hospitals and retirement homes.

In Idaho Falls, population 62,000, a group called the Sewing Sisters is filling a request for 4,000 masks from nursing homes and other care centers. The 200-person Idaho Falls Chinese Community raised \$9,500 to buy masks from around the world for hospitals.

Under Little's order, construction continues full-tilt in this fast-growing state. The hospitality industry has slowed to a crawl, though we still can buy takeout cocktails at local bars. Yet enough of us are working from home that it appears the governor's order has been mostly followed, at least in southern Idaho.

In more rural, northern Idaho, where about a quarter of Idahoans live, it's a different world.

Mary Sousa, a state legislator from Coeur d'Alene, told the Idaho Statesman that not a single constituent has spoken to her in support of the governor's order.

Tim Remington, another Coeur d'Alene legislator and a pastor, defied the governor's order by holding in-person church services. In nearby Bonner County, Sheriff Daryl Wheeler not only supports mass church services, but, in a letter to the governor, declared it was also "unconstitutional" for him to prohibit healthy people from going to work.

Not surprisingly, Ammon Bundy, the rancher who organized the occupation of the Malheur Wildlife Refuge four years ago, defied the governor by holding a rally in Emmett, Idaho, on Easter Sunday for about 100 people. He said people needed to challenge government orders that infringed on constitutional rights: "We want to be with each other, we thrive on that. It's part of our life. It's part of liberty," reported the New York Times.

Moreover, Northern Idaho is the center of what's called the Redoubt Movement. This movement of well-armed survivalists imagines a future in which adherents from eastern Washington and eastern Oregon, along with partisans from western Montana and western Wyoming, will join with Idaho in self-defense when society inevitably disintegrates. During this pandemic, Redoubt advocates have purchased ever more arms and ammo, saying they need to be prepared to fight outsiders coming for their food and land.

Meanwhile, this year's session of the Idaho Legislature appropriated \$2 million for virus testing, but otherwise paid little attention to the pandemic. It did, however, prevent transgender persons from changing their sex on a birth certificate, authorize concealed carry of weapons for nonresidents and came close to defunding

public television. At issue was the children's cartoon Clifford the Dog, which apparently offended because the dog visited a lesbian couple. North Idaho's extremists have many friends in the state Legislature.

Yet, here in Boise, there is a "school's out" quality to these radiant spring days, though hard times lie ahead: This is a state that ranks near the bottom in most categories of education and social well-being, and where about a third are renters living paycheck to paycheck — and now without paychecks.

Recovery will be largely dependent on the federal government and that will be a bitter pill to swallow for the disaffected government-haters of this state. Like it or not, we are all in this together and most of us want to help each other, not run away or stockpile more guns.

Jerry Brady is a contributor to WritersontheRange.org, a nonprofit dedicated to spurring lively conversation about the West. He published the Idaho Falls Post Register for 25 years.

Bird of the Week



Photo courtesy Charles Martinez

This week's Bird of the Week, compliments of the Weminuche Audubon Society and Audubon Rockies, is the long-billed curlew.

Last week, one of our local birders spotted three of these amazing birds here taking a break on their migratory journey. Long-billed curlews spend the winter in Mexico or in parts of California, and in spring head to their breeding grounds in short-grass prairies of western North America. Although they are classified as North America's largest shorebird, they are more commonly found in prairie habitats.

The genus name of these birds, *numenius*, is derived from the Greek word meaning "of the crescent moon," a reference to the shape of their long, down-curved bills. Long legs support a large, football-shaped body, speckled and barred in brown tones with a cinnamon wash. Sexes look alike, although the female's beak is longer and more curved at the end.

On beaches, these curlews use their long bills to probe into the sand deeper than any other species to uncover burrowing crabs and shrimp. In prairie habitats, they often forage together side by side using their bills to capture the insects and spiders that they flush. On prairie breeding grounds, their cryptic coloring serves to camouflage their nest sites.

Both parents alternate taking 12-hour incubation shifts on the nest, but within two to three weeks after eggs hatch, the female leaves and parenting is left to Dad.

Like most grassland birds, habitat loss poses a major threat to long-billed curlews. Conservation groups are reaching across borders to improve livestock grazing practices and make grasslands better for cattle and better for birds.

When our Audubon chapter can resume group activities, they will be posted on our website, www.weminucheaudubon.org or at www.facebook.com/weminucheaudubon/.

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