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About this magazine

The First Coast Register is a bimonthly general interest magazine published by The Ponte Vedra Recorder and OPC News, LLC. The magazine can be found throughout the upscale areas of greater Jacksonville. For advertising inquiries call 904.285.8831.

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FIRST COAST REGISTER

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on the cover

The cover of this Register features a home located at 314 Ponte Vedra Blvd. that is currently on the market. Flip to page 22 for more. Photo courtesy of Jan Fisher.



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7BD/6BA/2HB • 9,585 sq ft
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3BD/2BA • 1,386 sq ft

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159 PORTSMOUTH BAY
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5BD/4BA/2HB • 4,669 sq ft

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13075 FORT CAROLINE RD
\$1,199,000
5BD/5BA • 4,959 sq ft

Jane Chefan
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12799 CAMELLIA BAY
\$2,199,000
6BD/7BA • 7,109 sq ft

Nicholas Eklund
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144 MUIRFIELD DRIVE
\$1,789,000
5BD/4BA/1HB • 6,382 sq ft

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1217 PONTE VEDRA BLVD
\$8,970,000
5BD/6BA/2HB • 8,983 sq ft

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One of Us!

NANCY QUATRANO

Nancy Quatrano says the move to the First Coast with her husband is a life change that is “more blessed than stressed.” The award-winning author relies on life in a small town to inspire the settings and characters she creates. Quatrano adores her community and displays genuine affection for the people who share it.

What can you share about your background?

I was born and raised in New Jersey where my father was a truck driver and until I was in my teens, my mother stayed at home – they were 39 years old when I was born and just 41 when my brother showed up. My brother died of lung cancer four years ago and at this point, I’m the only one left. The good Lord gave me two great gifts early on: I sang like a professional by the time I was 6 and I learned to read when I was very young, so I always had books to take me to cool places with fun people. We only moved once and that was from a small town in north Jersey to a small town in Central Jersey. That’s why I always write about small towns, I guess.

What positive changes have you seen in Hastings?

I’m looking forward to the days when we’ll be chatting on the sidewalks in town like neighbors and being able to do some business up there. With working these past four or five years with the town and later the people of Hastings, that’s what many of them would like, too. To have a healthy but quaint Main Street again. The physical changes are subtle but make me smile. It’s mostly in the people who now speak of their dreams for the future, who enjoy walking the trail, who come out regularly to do a town cleanup and show up at the quarterly Steering Committee Community Meetings with great ideas and questions. Dave Pellitier’s opening of Norma D’s has been a big boost for us. The Chicken Koop owners take awesome pride in their place and add new menu items to keep customers happy. The folks living around Main Street have always cared but didn’t necessarily believe they could rejuvenate things.

Who influenced you as a writer?

This will be cliché, but I really mean it. The Nancy Drew mysteries were like jellybeans for me – I couldn’t

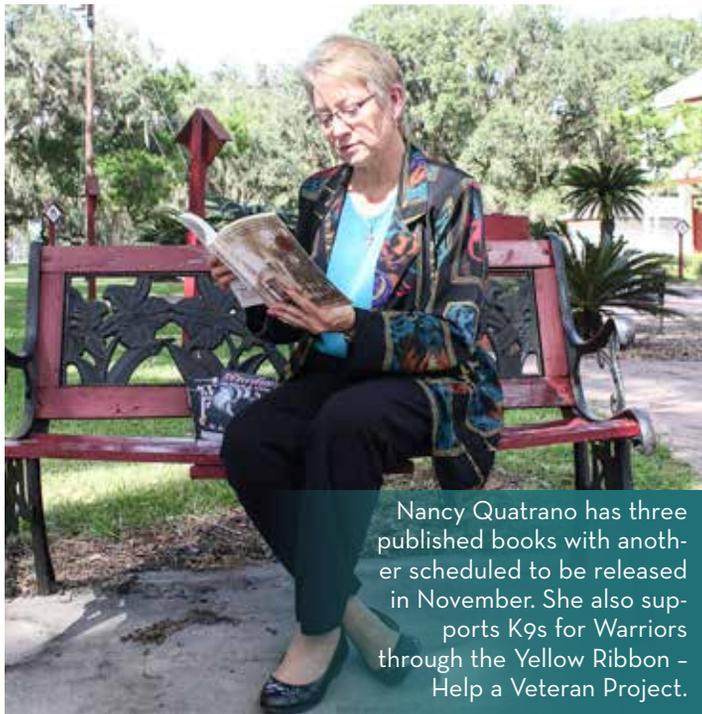


get enough of them. I started reading them when I was around 7, so, the mystery genre is sort of in my blood. The one author who made me realize how powerful writing could be was Harper Lee with “To Kill A Mockingbird.” And, I learned a lot from J.R.R. Tolkien and C.S. Lewis. Their books just whisked me away to another

ABOVE: Writer Nancy Quatrano found a church home at St. Ambrose Catholic Church in Elkton, Florida, where she sings in the choir.

LEFT: “Merciful Blessings” is the first title in the The Amazing Grace Trucking Series. “Still Shot” and “Murder in Black and White” are mystery novels.

Photos by
CHRISTINE
RODENBAUGH



Nancy Quatrano has three published books with another scheduled to be released in November. She also supports K9s for Warriors through the Yellow Ribbon - Help a Veteran Project.

place and time. My dad brought home a color television in the mid-1960s, but I spent most of my time reading, even back then. As an adult, I loved the idea of being able to control the traumas and give people a hopeful ending.

What inspired you to write a mystery series?

I began in NJ Romance Writers, which was a terrific place to learn about commercial fiction writing. Terrific talent and very generous spirits, most of them. They didn't mind us "newbies" at all and taught us all they could. Many were published out of New York in the 1990s when I started. But along the way, though I learned the craft of writing in that group, I knew that I was mystery bound, not romance bound. I didn't believe in happily-ever-afters and I missed those puzzles that kept my mind searching for clues and answers to my questions. I was a Sue Grafton and a Robert B. Parker fan and when I began to think about writing my own books, I wanted mine to be personal and real and powerful, just like theirs.

Tell us about "The Amazing Grace Trucking" series.

The Amazing Grace Trucking series is an inspirational mystery series about three sisters, Hope, Faith, and Grace Blessing, in a small Florida town named Merciful. They were raised in a Christian home that was loving and hardworking. They relied on God in their everyday life as much as for their eternal life. And, life happens to those sisters which tests their faith. They fail, they find their way back, just like real people do. In the first book, "Merciful Blessings," the sisters have been estranged for years and their father dies unexpectedly. He challenges them to find their way back to God, one another and along the way, save the family home and business. That's essentially Hope's story. Book two is Faith's story and that's the book coming out in late November, "Keeping Faith." I have the pleasure of co-authoring this series with my best friend, D.K. Ludas, from New Jersey. We share our Catholic Faith and love for writing mysteries, so the partnership is fun. The Merciful Blessings cover, by the way, is a photo of St. Ambrose around 1902 or so. A friend from church gave that to us - her brother-in-law had taken it.

CONTINUED ON PAGE 10 ■

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What is the Yellow Ribbon – Help a Veteran Project?

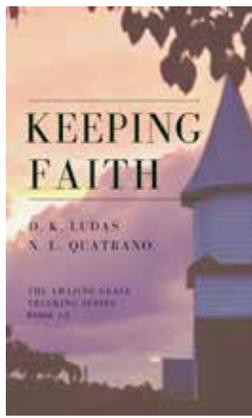
That project supports the K9s for Warriors project. “Yellow Ribbon” was a short story that in 2006, was one of 93,000 submissions in the 75th Writers Digest Short Story competition and it received an honorable mention. It was bought by Wild Rose Press and published as an eBook for three years, and then the rights came back to me. Well, when it came to light that our vets were needing so much and the K9s were helpful, I wanted to help, but I never seem to have enough funds to help everyone I want to, so I decided to use the royalties from “Yellow Ribbon” to send to the K9s for Warriors in our area.

What is your role on the Hastings Steering Committee?

My initial role on the Hastings Steering Committee was cheerleader and hope builder. I was president of the Rotary Club of Hastings and in that capacity, I wanted the folks at that table to know that Rotary was with them in spirit, in sweat equity, and perhaps someday, we’ll be able to help them with a grant or something. My official role now is being the note-taker and the chairwoman of the Trail Town Application committee.

How does the nonprofit Like a Tree seek to impact the community?

Like a Tree Inc. was formed by Linda M. Brandt and some close friends after her stepson committed suicide. Linda’s no stranger to tragedy but more importantly, she’s no stranger to the hope that we have in Jesus and God and her energy and gifts are amazing. I’m honored to be the president of her board. Every 40 seconds some-



“Keeping Faith,” book two in The Amazing Trucking Series, is scheduled to be released in November.

one commits suicide and we decided that perhaps we could intervene in that event for some people. Make a difference with even one person and we figured we’d be happy. We found out at our first event this past May, that we made a difference with many more than that. We want people to know that no matter how dark it looks, the Lord is right there, loving us and carrying us if we’ll let Him. So, the impact we seek to have is to give hope to people who feel life is hopeless and to encourage those who are hopeful. All human beings are worthy of love, respect and help and that’s our message. God meets us right where we are each day and we try to do the same. The funds we raise help us to buy an unemployed single mom groceries, or a cancer patient to keep the electricity on, to take a lonely senior to lunch every now and then or to provide art or music lessons to someone with the passion but not the financial means.

What do you enjoy most about living on the First Coast?

We love being so close to the beaches. I do not miss the snow for even a minute. My husband likes to fish and eat really good food and he can do plenty of both, here. But I think the most wonderful thing is the people I’ve met and get to learn and work with. Life is a different pace here than in the Northeast and I enjoy this more humane pace much more. Getting to know the wonderful people I know through my business, writing organizations, Rotary and church has been the biggest gift of our move, I think. I wasn’t sure back in 2005 that it would work out, but it is one of those life changes that has been more blessed than stressed.

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Sing Out Loud Festival

ROCKS

Photos by
CHRISTINE RODENBAUGH



The Amp is one of 11 St. Augustine venues for the annual Sing Out Loud Festival where the Dirty Dozen Brass Band played to an enthusiastic crowd. Sing Out Loud Festival is an annual free music festival held in September.

New Orleans brass troupe The Dirty Dozen Brass Band (right) entertained the crowd at The Amp in St. Augustine on Sept. 15 during the month-long Sing Out Loud Festival.

More than 300 national, regional and local performers play 88 showcases in the state's largest free music festival held each September. For more information, visit www.singoutloudfestival.com.

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Wine & Dine

ON THE FIRST COAST

Pages 12-19

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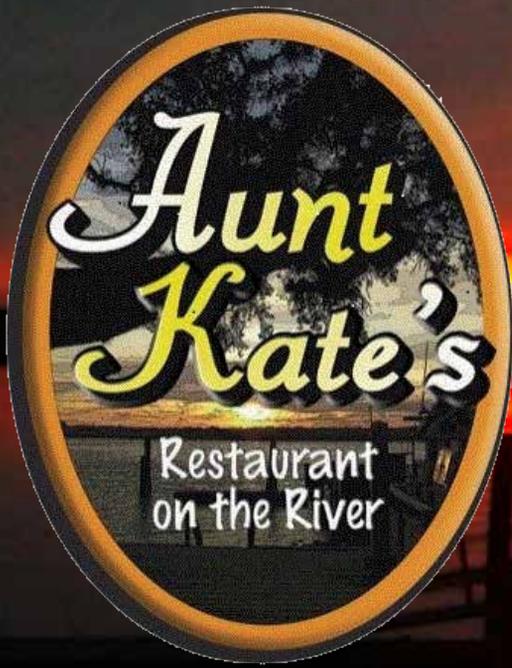
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Delicious Destinations

RETURNS TO THE FIRST COAST

by DANIELA TOPOREK
photos by SUSAN GRIFFIN

Field and Fire was the theme for the 18th annual Delicious Destinations event and fundraiser, where top chefs, mixologists and food lovers met at the Ponte Vedra Inn & Club Friday and Saturday, Sept. 20 and 21, to drink, feast and raise money for St. Vincent's Medical Outreach Ministry.

"What could be better than enjoying a great evening and giving back to our community at the same time?" said Delicious Destinations President and Chief Development Officer, Virginia Hall. "Delicious Destinations provides an opportunity for folks to enjoy a wonderful evening, have great food and conversation and support those who are most in need in our community."

The culinary event was rescheduled after Hurricane Dorian posed a threat to the First Coast, leaving locals unsure of how much damage the storm would cause. Luckily, little harm was done and attendees were able to wine and dine in luxury with dishes prepared by some of the nation's top rated chefs.

"Field & Fire was inspired by our region's love for getting outdoors, enjoying nature and having some fun," Hall said. "Our participating chefs really made our theme come to life

with dishes sourced from fields and nature, even preparing some dishes over an open flame."

Chef Daniel Zeal, executive chef at Sea Island Resort in Sea Island, Georgia, kicked off the weekend with the Celebrity Chef Luncheon by the Sea. With featured dishes like sautéed scallops with a warm cauliflower-almond salad, capers and golden raisins for the first course and chicken breast with kabocha squash, green lentils and maple-sherry vinaigrette for the second, it's hard to imagine ever going back to a chain restaurant.

Fine Wine Specialist, Julie Pepi, partnered with Zeal and accompanied each course with the ideal glass of wine such as the Avissi Prosecco, to pair with the coconut bread pudding, vanilla ice cream and rum-roasted pineapple in the final course of the luncheon.

The main event of Delicious Destinations took place Saturday, where Executive Chef of the Ponte Vedra Inn & Club, Hermann Muller, along with other participating talented chefs, prepared "culinary masterpieces," according to the official website.

Ryan Norton serves wine at the Delicious Destinations event.



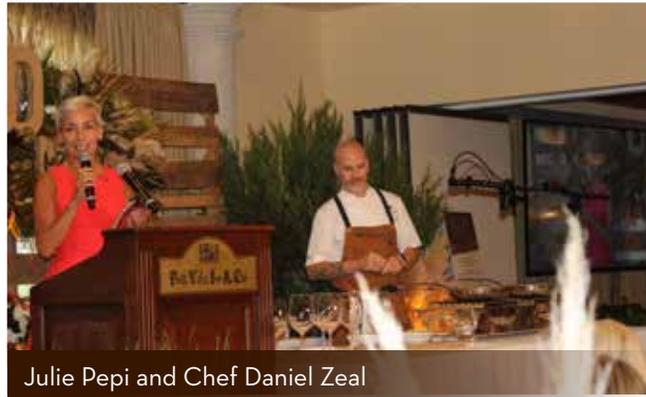
John Schwartz, Amy Leeper, Karen Schwartz, Jen and Sam Bryie



Janna and Mike Perry, Sarah and Matt Ausherman



Dr. Dale and Beth Mueller



Julie Pepi and Chef Daniel Zeal



Brent and Karin Stottman

Seared smoked duck by Chef Garrett Gooch of the Ritz-Carlton Amelia Island, confit of beef tenderloin by Chef Scott Maurer of Ocean Key Resort, marinated Manchego toast by Chef Darin Sehnert of Chef Darin's Kitchen Table and even roasted elk loin with rosemary by the Ponte Vedra Inn & Club's very own Chef Muller, were only some of the many delicacies offered at the event.

Southern Glazer's Wine & Spirits added to the experience and paired exquisite wines with each "culinary creation."

With such ingenuity and flavor in each dish at 2019's event, it's difficult to imagine what Delicious Destinations 2020 has in store. All that's known is that food lovers from all areas and walks of life will be back and hungry for more.

All the proceeds from Delicious Destinations benefited St. Vincent's Community Outreach Programs, which provide access to free medical care for underprivileged children, men and women throughout the five-county area. For more information, visit www.deliciousdestinationsjax.com

Coastal Wine Market opens for lunch

by DANIELA TOPOREK

While Nocatee residents prepared for the potential wrath of Hurricane Dorian, Coastal Wine Market braved the storm and silently launched its new lunch service to the public.

“We have been quietly running lunch since, but our new full menu drops the week of the 23rd,” Chef Jody Petronella said.

He credits guests for sparking the lunch idea, mentioning they’ve been asking for a midday option for some time.

After long-time contemplation from owners Steve and Shaun Lourie, creating a fresh menu and accommodating the staff, Chef Petronella said that now was “the right time” to launch.

And let’s just say, Petronella wasn’t wrong. It was perfect timing for former longtime associate and friend, Allen Horne, to make a



Chef Jody Petronella, Steve and Shaun Lourie and Shirley and Dennis Mahoney celebrated Coastal Wine Market’s third anniversary in June.
Photo by SUSAN GRIFFIN

visit and indulge in Coastal Wine Market’s Taco Tuesday special.

“He wouldn’t have been able to prior to 4 p.m. before (the launch)!” Petronella said. “I believe Allen approves and feels he’s missing out not being in town anymore.”

When asked what his favorite lunch item was, Petronella opted for the chicken salad croissant sandwich.

“You can’t go wrong with a simple, well-done chicken salad and a house-baked croissant,” Petronella said. “Topped with a

pear and fig jam and a bit of gouda.”

Coastal Wine Market opens at noon for lunch and will keep the kitchen open until 9 p.m., Tuesday through Thursday, and 10 p.m., Friday and Saturday. For more information, call Coastal Wine Market at (904) 395-3520.

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After quitting his corporate tech start-up job in 2014, Nick Fairman packed his bags and moved to the jungles of Nosara, Costa Rica, on a mission to create a sustainable lifestyle that provided health and balance. GoJuice was soon born, conceived with the notion that food can taste as good as it feels. Now back to his roots in North Florida, Fairman recently launched two GoJuice locations in Fernandina Beach and New Smyrna, with a third location coming soon in Ormond Beach.

“From day one I have been on a mission with GoJuice to produce meaningful relationships with customers while providing them with the necessities to live a healthy, active lifestyle that they can feel good about,” said GoJuice Founder Nick Fairman. “The coastal towns like Amelia Island, St. Augustine and Jacksonville completely encompass that mission.”

GoJuice was created to encourage people to not just live life, but to thrive in it. For Fairman, this is the Pura Vida way – to



GoJuice founder Nick Fairman formed the concept around the idea that food can taste as good as it feels. Photos courtesy of GOJUICE

live a peaceful, simple, uncluttered life with a deep appreciation for nature, family and friends.

“The people in this area are about as real as it gets,” said Fairman. “Active, outdoor enthusiasts who appreciate the ability to treat themselves to healthy, all-natural food items. That zest for life is exactly the inspiration for us to continue the #gojuiceyourself movement.”

GoJuice was built around the desire to sustain a lifestyle around the outdoors, meaningful relationships and healthy, approachable food. With a commitment to serve fresh, whole ingredients, there are no added syrups or artificial flavors, and everything is fresh made-to-order. Popular items include Acai Bowls, their original Banana Coffee along with homemade peanut butter and freshly made juices and smoothies. Mondays offer local discount days, where residents of St. Augustine, Fernandina Beach or New Smyrna Beach receive 50% off juice and smoothies and 25% off bowls.

Choosing wine for holiday celebrations



Ally Burkett
Regional director of sales for the Southeast, Precept Wine

Fall is here and along with it, the flurry of activities that come with the holidays. It always seems like once October hits, we blink and it's Christmas. That's not helped by the fact that stores already have Halloween candy for sale in August and Christmas décor ready to hang in September! Once you get the social calendar scheduled and figure out where you need to be and when, then you can take a look at what is needed to entertain guests

in style. Whether hosting events at home or a guest at a party, here are some suggestions to keep your sanity in this chaotic time.

A well-set table is the key to an elegant dinner. I learned this during my year spent aboard M/Y Blue Moon, a 63-meter motor yacht, organizing dinners as their wine steward. Elegant doesn't necessarily mean ornate, the table setting can be simple and classic, but imperative to have the proper stemware to elevate a guest's experience. That means a flute for sparkling wine, a white wine glass and a red wine glass set on the right side of the place setting. I also love cloth napkins for an added touch of style and texture. I go to Williams Sonoma for my cloth napkins — and often find them on sale around the holidays. Tutorials on napkin folding are readily available online to finish a table setting sure to wow your guests. Napkin rings also make a great hostess gift.

It's great to start with a sparkling for your toasts and as a palate cleanser. Who doesn't love bubbles? If you're hosting a small gathering and can splurge, I love Laurent Perrier Brut Rose (\$70, Coastal Wine Market), but if you're having a large gathering, I love several alternatives to French champagnes like American sparkling and Prosecco. Gruet, a sparkling wine from New Mexico, is made in the exact same method as Champagne from France. Founded by a French Champagne maker, Gilbert Gruet, who while exploring wine growing regions in the U.S. came across land in New Mexico that had sandy, loam soils perfect for the Champagne varietals of Chardonnay and Pinot Noir (about \$14.99).

For the first course, I always recommend a well-balanced, slightly oaky Chardonnay, something that still has a nice fruit forward profile with a touch of acidity. Rombauer Chardonnay (\$50, Coastal Wine Market) is a rich and creamy Chardonnay from the Carneros region of Napa that pairs well with slightly heavier fare such as lobster ravioli or anything with a cream sauce.

"With trickier side dishes like asparagus or roasted Brussels sprouts, a buttery, oaky Chardonnay pairs perfectly with the acidity and tampers down the bitterness of these sides," Chef Jody Petronella of Coastal Wine Market in Ponte Vedra said.



A well-set table is the key to an elegant dinner.

If you prefer a lighter style of Chardonnay with more acidity then anything from a cool growing climate, like France or the Sonoma Coast, are excellent choices.

Sonoma-Cutrer Sonoma Coast Chardonnay (\$29.99)

For the main course, choose a red wine to match the entrée. For Thanksgiving turkey, I lean toward a Pinot Noir, and for roasts and heavier fare, I love a Cabernet

Sauvignon. You can't go wrong with any Cabernet from Napa. The past few vintages have been outstanding. If you're looking for something different, then a Cabernet Sauvignon from the cool climate of Washington is always a crowd pleaser and I am loving the 2016 Browne Family Vineyards Cabernet Sauvignon out of Columbia Valley. Aged for 23 months in mostly new French Oak, the wine has wonderful structure and silky tannins. (\$42, Coastal Wine Market)

These selections are sure to impress even wine aficionados at gatherings. Just remember to relax and enjoy yourself, and soak in all the merriment the holidays bring.

Ally Burkett is regional director of sales for the Southeast, Precept Wine. Burkett appreciates how each bottle of wine tells a story, and endeavors to share those stories with others.



Rombauer Chardonnay is a rich and creamy Chardonnay from the Carneros region



It's great to start with a sparkling selection for toasts and as a palate cleanser. Consider Laurent Perrier Brut Rose.

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At Home

ON THE FIRST COAST

Pages 21-33

Photo courtesy of JAN FISHER



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PERFECTION REFLECTION

on Ponte Vedra Boulevard

by JAN FISHER

If you have a dream of finding the perfect house in the perfect location, then wake up and capture your new reality at 314 Ponte Vedra Boulevard. It is just across the street from the ocean and only 500 feet to the Ponte Vedra Inn & Club.

The owners of this home had a design goal centered around architecture that is classic and timeless. There is absolutely no doubt they surpassed the mark. Nothing about this home is ordinary. Stand on the plush manicured celebration Bermuda grass lawn and think about relaxing on the covered front porch, listening to the gentle sounds of the surf across the street and experiencing a fresh ocean breeze.

Quality abounds as you cross the threshold to herringbone patterned certified imported French oak floors, tall ceilings, board and batten walls, rooms awash with natural light streaming through Marvin windows. The combination living and dining room is a clever use of space and has a view of the pool and golf course beyond.



Photos courtesy of JAN FISHER



Step into the kitchen and enter a culinary canvas of Dukeman custom woodwork and sparkling Calcutta gold marble countertops. The center island is huge by any measure. For the chef, all the best appliances — Miele, Subzero with four refrigerator drawers and waterworks fixtures.

Travel upstairs to four guest suites, two balconies and a huge bonus room on the top floor — and that's just the main home. There's another full suite above the garage for a total of six bedrooms, two laundry rooms, 6.5 baths, and about 7,600 square feet.

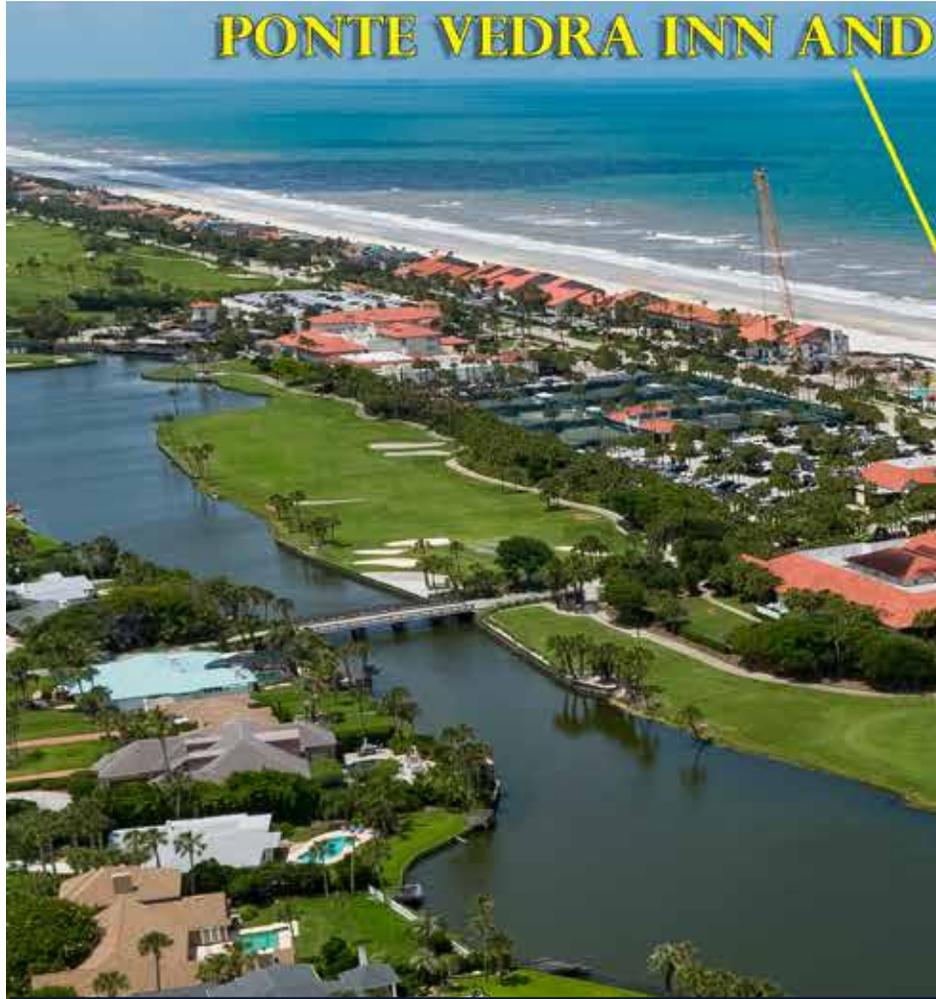
This estate home also has a pool house with steel framework and walls of sliding glass doors to capture the ocean breeze.

Lounge by the pool or enjoy watching other golfers on the Ponte Vedra Inn & Club's second fairway of the ocean course. In the spring and fall relax by the wood burning fireplace on the screened porch with ¾-inch slate floors and a tongue and groove cypress wood ceiling.

The huge circular driveway and all the walkways are paved with reclaimed brick imported from North Carolina.

This timeless coastal home is about building dreams, comfort and location.

314 Ponte Vedra Boulevard is an exceptional home in the best of locations. The list price includes furniture. Call Kim Martin-Fisher at (904) 699-9993 or Jennifer Martin Faulkner (904) 524-6000 to see this magnificent home.



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Kathy Mease sits in the chair she won at the Summer Classics Lunch & Learn on Sept. 19 at the LaVilla location in Jacksonville.

Summer Classics

CELEBRATES 1 YEAR IN JACKSONVILLE'S LAVILLA

Hosts design lunch-and-learn with top area designers

Summer Classics Home recently celebrated one year in its LaVilla showroom. The family-owned furniture company designs, manufactures and retails premier outdoor furnishings.

A panel of leading local designers headlined the Sept. 19 lunch-and-learn event. Jamie Rich, Flamingo Magazine's editor-in-chief, moderated the panel discussion focused on how outdoor lifestyles can come together seamlessly with interiors.

Kelly Cook of Orangerie Home noted that in Florida, an outdoor space is an extension of the home so it is important to make that space flow nicely through furniture, fabrics, adding a rug or lighting.

Juli Catlin of Catlin Design, an interior designer with more than 30 years experience, has seen many generations of trends. The one constant in the Jacksonville area over time is using color and texture in the home.

Lisa Gielincki of Lisa Gielincki Interior Design talked about the popularity of open floorplans and casual décor and furnishings, and the numerous color and style options now available in quartz and porcelain tile – simulated or engineered to look and feel like stone without the maintenance.

Becky Demetriou of Amanda Webster Design talked about incorporating color in clients' homes through fabrics, artwork or pillows. Her go-to color right now is orange – definitely having a moment in the interior design world and such a great coastal color for beachside clientele.

The Sunbrella trainer discussed how hue, chroma, value, saturation, tones, tints and shades affect the way we perceive colors and how to create effective color palettes using textiles. Those who attended the continuing education unit session learned the benefits of integrating color and light in the selection and specification of performance fabrics in lifestyle designs for personal health and wellbeing.

Summer Classics Home bought and renovated the 1924 vintage building in 2017 after searching for a nontraditional retail location in the market. The LaVilla store serves as its North Florida retail, warehouse and assembly center, opened in 2018 as the first Summer Classics Home in Florida. A second Florida store opened recently in Winter Park.

Chief Executive Officer Bew White has ties to North Florida, having vacationed in Ponte Vedra Beach from childhood. White owns a second home in the area and opening the store was a natural extension of his love for North Florida.

Summer Classics Home manufactures and retails luxury outdoor furniture in teak, N-Dura resin wicker and aluminum along with 140 fashion-forward fabric options in unique patterns and colors designed to stand up to the outdoors, UV rays, mold and mildew. The store also features an assortment of Gabby indoor transitional furniture, case goods, custom upholstery and lighting plus the new performance pillow line, Wendy Jane by Gabby.

For more information, visit www.summerclassics.com.



Lauren Buberger (from left), Taylor Brislaw, Sandy Sheloski and Kim Stantial learned how to blend interior and outdoor living spaces.



Julie Schwartzenberger (left) and Taciana Paulino saw color and pattern options available in outdoor fabrics.



Amy Foxhall (left) and Leanne Jones listened to a panel of designers during the Summer Classics Lunch & Learn.

Photos by FOX FOTOGRAHY



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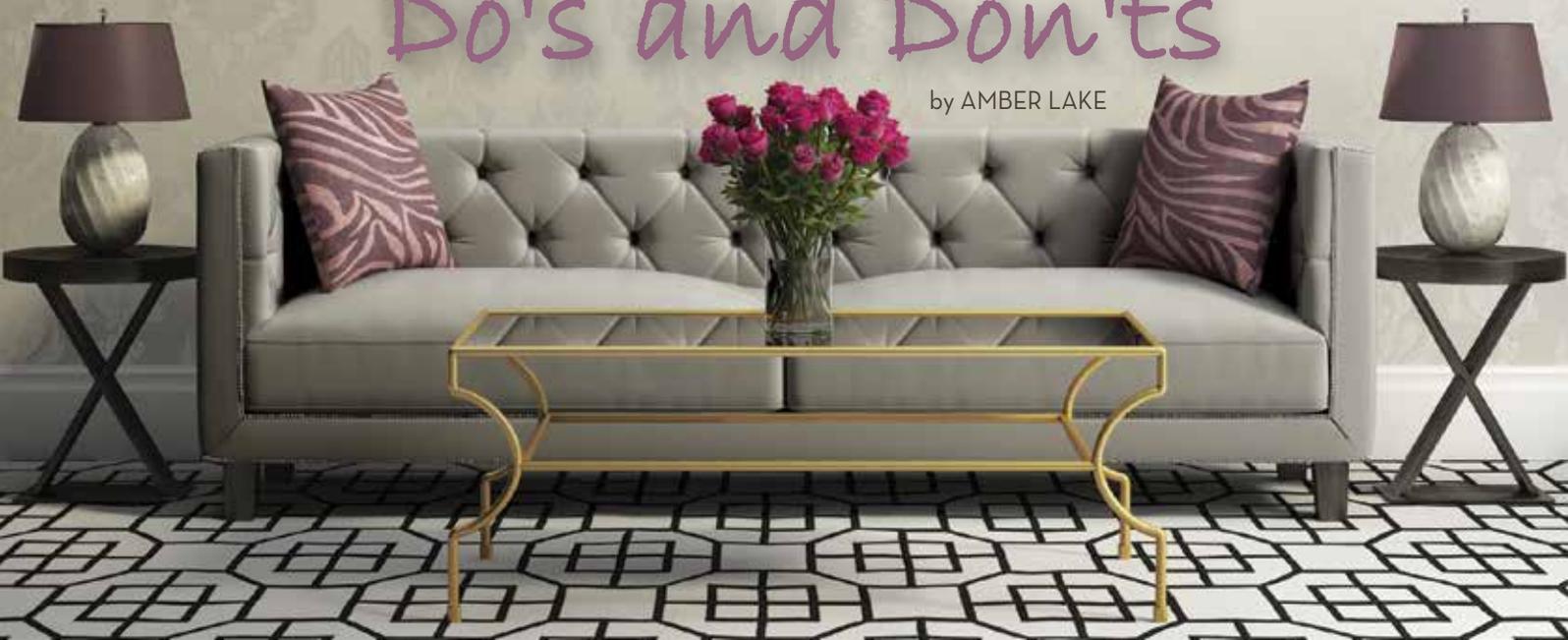
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INTERIOR DESIGN

Do's and Don'ts

by AMBER LAKE



BEDROOM ALLURE

Your bedroom might not get the most traffic with guests, but don't be afraid to indulge in luxury. A beautiful bedroom stands out not with color and eye-catching design, but with simplicity and a focus on soft, comforting elements. Indulge in a luxurious bed, mattress and linens — your future self will thank you. Why pay for an expensive hotel when you can have a 5-star sleep every night at home? For a refined bedroom design, think subtle colors and monochromatic tones. Make the focus of the room the bed and choose one that fits the space. For a room with high ceilings, choose a large headboard. For lower ceilings, find the perfect platform bed. When dressing the bed, choose sensual fabrics with high thread counts. Layer plush and silk to create texture. Dress the windows in rich drapes that filter light, creating a mood to match. The perfect bedroom is one that feels like an escape from the outside world.



Photograph: Opulence of Southern Pine
310 Front Street #815, Ponte Vedra Beach

SDH Hydrangea shown in sage colorway with 500 thread count in 100% Egyptian Cotton, made in Italy.



Photograph: Seascape Interiors
1515 County Road 210, Unit 105, 210 Plaza, Jacksonville
The Kitchen Nook showcases kitchen islands and counter stools as well as a versatile display unit.

CAPTURING COASTAL WITHOUT THE CLICHÉ

Getting a little seaside with your interior design can be a great way to bring the outside, in. The trick, however, for keeping your coastal bungalow from looking like a 2-for-1 tiki bar is all about channeling a mood, rather than plastering beachy paraphernalia everywhere. Stay away from signs and margarita-themed décor. Rather, opt for coastal color palettes, such as neutrals, crisp white, muted green and blues. Choose simple window treatments and let the sunlight flow. Let natural fibers and wood accents become the running motif, with interesting decorative pieces taking center stage. The takeaway? Simply, stay away from anything that says "beach" rather than just feels beachy.

ADOPT AN INTERESTING ACCENT

No, don't suddenly start speaking with a cockney dialect when inviting guests to your home. A better way to impress company starts with an interesting accent piece that draws the eye, creating a truly unique space that is all your own. A simple chair with "flair" or colorful dining room table can both complement a room's décor without feeling out of place by evoking both distinction and harmony within its surroundings. Try a contrasting color on an item that already channels your style or an unconventional material that add drama to an interior space. When choosing an item, think less about the piece's functionality and more about the feeling it evokes. Does it excite you? If so, it might be a great focal point to your home design.



**Photograph: Mineral City
2107 Sawgrass Village Drive,
Ponte Vedra Beach**

Contemporary, traditional and vintage furnishings on a Kelly green background framed in gold complement a rattan chair with a fuzzy blush colored pillow.

TREND BALANCE

Jump on the trend bandwagon by pairing natural fiber furnishing with an industrial chic lighting fixture. The blend works well to modernize your space with little effort. Additionally, take a Marie Kondo chop to your style by eliminating the excess in favor of a more minimalistic look. Opting for a fresh, natural design without the clutter is an effortless way to revitalize a tired space into something more contemporary.



**Photograph: The Coastal Farmhouse
4775 Windsor Commons Court, Jacksonville**

Farm table custom made from old barn wood with a natural finish. Ten banana leaf chairs surround the table and are anchored with a Dash & Albert hand woven cotton rug. The two-part farmhouse cabinet filled the adjoining space to give this room a warm, welcoming area for a large family gathering.

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FRESHEN TIRED SPACES WITH NEW DESIGN TRENDS

Photos courtesy of DAVID GRAY DESIGN STUDIO



**Janet Arnold
Myers**

*Kitchen and
bathroom designer
with David Gray
Design Studio*

The days are shorter, the air is cooler, and families everywhere are prepping their homes for holiday visitors. October is the perfect month to switch up home interiors to truly “wow” guests. Whether eyeing a full redesign or simply looking for inspiration on the next trip to the home décor store, autumn’s trends leave plenty of room for originality for any homeowner.

IN THE BATHROOM: EXPOSED PLUMBING

Simple yet sophisticated, exposed plumbing can take a bathroom to the next level for residents and guests. This style gained popularity in the past year and is expected to continue to take hold of the market. Both sinks and showers can use exposed plumbing for a minimalized and modern look.

New trends in bathroom fixtures will continue to take the stage in the fall. Common consumer choices include sleek single-handle faucets, luxurious rain showerheads and water-conserving dual-flush toilets.

IN THE KITCHEN: NATURAL ELEMENTS

Designers are seeing huge increases in natural elements being incorporated in the home, especially within kitchens. More and more, families are viewing their kitchen style as not so much a laboratory, but a library. Warm, woody touches are inviting, intriguing and timeless, making for a great choice during a remodel. For those who are not ready to invest in different cabinetry or wooden islands, lean into this trend with wooden barstools, bowls or even utensils.

Another emerging style is all-black or mostly black kitchens – the stark opposite of the light and airy look that has dominated kitchen design for years. While some may consider this approach too daring, an all-black kitchen can bring an air of sophistication when done thoughtfully.



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**THROUGHOUT THE HOME:
PERFORMANCE FABRICS AND MATTE FINISHES**

Performance fabrics – textiles that offer superior stain-fighting, durability and more – are making a major comeback. Once typically restricted to outdoor furniture, performance fabrics like nylon and acrylic can be displayed throughout the home for a modern, functional feel.

Another trend to keep in mind is the matte finish, which continues to stay on designer lists for good reason. Matte metal kitchen and bathroom fixtures, matte painted walls and matte-finish appliances all give an entirely unique feel to any room.

Finally, any fall trend report would be incomplete without men-

tioning the current dominant colors in home design. Deep jewel tones have carried in popularity across the last few seasons, but fall is truly their time to shine. Touches of emerald, sapphire or amethyst will help to create a cozy, but regal environment.

From kitchens and bathrooms to full-home style, emerging design trends balance classic warmth with modern functionality. Incorporating these elements is a good way to refresh any space and welcome the new season.

Janet Arnold Myers is a kitchen and bathroom designer with David Gray Design Studio. She has more than 20 years of experience in residential interior design. For more information, visit www.designstudiodgp.com.

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Teri Sparks and Kelly Ray welcomed Realtors to Jacksonville's eTown Del Webb neighborhood Sept. 19.

Photos by SUSAN GRIFFIN

eTown

CELEBRATES NEIGHBORHOOD GRAND OPENING

The Stardom model shows how the new plans emphasize greater openness around the home's main living triangle: the kitchen, café and gathering room.



BELOW: The new floor plans are designed to seamlessly incorporate outdoor space like this one at the Stellar Grand model.



Del Webb's GenYou models reflect evolving needs and expectations in active adult housing

Del Webb eTown opened to the public Saturday, Sept. 21 with a celebration including tours of six new GenYou model homes, live music and appetizers. eTown is built around the belief that convenience, community, technology and sustainability enhance a modern way of life. The Del Webb eTown Model Home Park is located near the entrance of the eTown community, off State Road 9B near Interstate 295 in Jacksonville.

"The latest evolution of active adult floor plans stays true to Del Webb's focus on designing homes with the buyer in mind," said John Chadwick, executive vice president and chief operating officer of PulteGroup, Del Webb's parent company. "We engaged consumers early on in our comprehensive product development process, gathering and analyzing data from a range of sources that provided the basis for creating our innovative and practical design ideas."

"The end result of this collaboration between data and design are 13 new and unique floor plans, ranging in size from over 1,400 to more than 3,000 square feet, and no two of which live the same. They put a spotlight on livability and flexibility, with practical features to enhance convenience and comfort all for the way today's active adults want to experience their homes."

Key features are included in the new floor plans that embody the latest in active adult living.

FOCUS ON MAIN LIVING TRIANGLE

Active adults enjoy entertaining and hosting guests in their homes. The new plans emphasize greater openness around the home's main living triangle: the kitchen, café and gathering room. Kitchens also include larger islands and a butler's pantry with a wine refrigerator in certain plans. At the same time, updated bedroom suites provide private spaces for guests to wind down in the evenings, and a newly added sitting room adjacent to the master bedroom allows the owner to escape and rejuvenate.

The Stellar Grand model is about 3,400 square feet with four bedrooms and four bathrooms.



LEFT: Diane Farmer and Cyndi King cool off with a Del Webb fan.

OUTDOOR LIVING SPACE

The new floor plans are designed to seamlessly incorporate outdoor space, making it an extension of the home. Patios have higher roofs and larger sliding glass doors to maximize natural light and blur the line between indoor and outdoor living.

STORAGE

More storage is baked into the home designs with the addition of walk-in pantries, oversized garages and linen storage in the owner's bath. Spa-like baths, featuring oversized walk-in showers (e.g., zero entry) are offered, while shower benches and controls at the point of entry provide added convenience.

FORM AND FUNCTION

The emphasis on form and function in design are highlighted throughout each floor plan. For example, pocket doors minimize door swing conflicts, the HVAC filter is easier to access, and dryer boxes maximize laundry room space. In the kitchen, the microwave location has been lowered and a raised dishwasher option has been eliminated.



Francine Gorman, Janet Westling, Betsy Molitor, Cyndi King and Diane Farmer toured Del Webb models at eTown on Sept. 19.

SMART HOME FEATURES

Energy-saving upgrades in the form of LED lighting, radiant heat shields for the attic, high-efficiency windows and right-sized HVAC systems allow for lower monthly energy bills. Buyers can also choose from a variety of Pulte Smart Home automation technologies to enhance home safety and security, elevate the in-home entertainment experience, and seamlessly control their lights and thermostat with the touch of a button or the sound of their voice.

"Del Webb's leadership position among active adult buyers starts with a commitment to understanding what this consumer group wants in this next phase of their lives," said Chadwick. "The signature Del Webb lifestyle, centered around engaging activities and building connections within the community, is also incorporated and reflected in our home designs. With an emphasis on ageless living, these new designs represent an exciting new offering for Del Webb homebuyers."

The Del Webb eTown Model Home Park is located at 11246 Town View Dr, Jacksonville, FL 32256. To view an interactive map of the eTown community, visit www.discoveretown.com.

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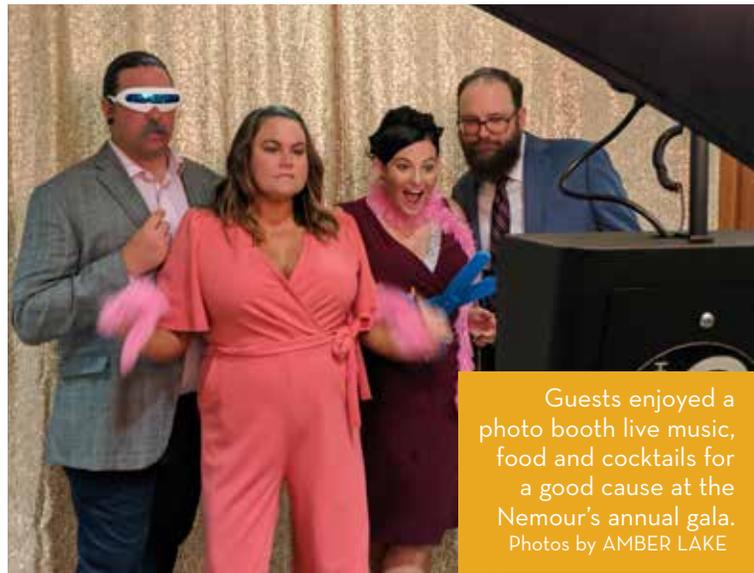
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Guests enjoyed a photo booth live music, food and cocktails for a good cause at the Nemour's annual gala. Photos by AMBER LAKE

Nemours Children's Hospital hosts An Evening of Promise

by AMBER LAKE



The Lahtinen family celebrate their child Savannah, who is a cancer survivor.



The Evening of Promise gala featured live music



Guests were treated to a wide selection of food and an open bar at the gala.



The seventh annual Evening of Promise benefit gala was hosted Aug. 23 at the historic Ponte Vedra Inn & Club. Funds raised from the event support Nemours Center for Cancer and Blood Disorders.

“The event was a tremendous opportunity to highlight the work of our multi-state Nemours Center for Cancer and Blood Disorders, which includes our Jacksonville, Orlando and Wilmington, Delaware campuses,” said Dr. Larry Moss, Nemours president and CEO. “Nemours is proud to be one of only two children’s cancer programs in the country selected and funded by the National Cancer Institute to bring cancer clinical trials and care delivery studies to people in their own communities.”

The gala featured cocktails, music and diverse cuisine. More than 300 people attended the event and raised \$200,000 to benefit the pediatric cancer program. In addition, this year’s gala hosted Diamonds Direct who raffled a chance to win jewelry valued at more than \$2,000.

Nemours Children’s Special Care in Jacksonville provides life-changing care for newborns and children to age 18 with complex conditions. According to the American Childhood Cancer Organization, approximately 1 in 285 U.S. children will be diagnosed with cancer before their 20th birthdays.

In attendance to the gala were a few children cancer survivors, thanks to care received at Nemours.

“They will always be our inspiration,” Dr. Moss said.

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Guests at the Sept. 7 reception for the exhibition were treated to creepy snacks, some of Brown's other artwork and a special greeter.



Photos by PARIS MOULDEN

MUSEUM MONSTERS

Artist Jerrod Brown pays tribute to Aurora Models with exhibition at Downtown Jacksonville museum

by PARIS MOULDEN

If you want to get into the spirit of the Halloween season, look no further than the Karpeles Manuscript Library Museum in Downtown Jacksonville.

Jacksonville-based artist Jerrod Brown is displaying a variety of his horror art at the museum, with an emphasis on Aurora Monster Model Box Art.

"The whole show is based around Monster models that were famous in the 1960s and 70s," Brown said. "The artwork on the boxes is pretty much what sold the models."

Brown's showing pays special tribute to work from artists James Bama, Mort Kunstler and Harry Schaare, whose artwork commemorated iconic monster movie characters like Frankenstein, the Mummy, the Wolfman and Dracula.

"I always had it in the back of my mind that I wanted to do a tribute show of the painting of the box art," Brown said. "I've



Brown's tribute to the Aurora Monster Models will be on display through Oct. 31 at the Downtown Jacksonville Museum.

always been a horror fan since I was a kid. I've always done my own horror movie artwork for conventions, shows and galleries, but this particular show was always in the back of my mind, and something I wanted to do but never got around to."

Brown said two years ago, the Karpeles Museum offered him the opportunity to showcase

the tribute, so he decided to take up the offer.

"So here it is two years later and the show is here," Brown said.

The museum held a meet-and-greet with Brown and a reception on Sept. 7, to open the exhibition, which featured 25 pieces honoring the Aurora Monster Models, as well as some of Brown's other horror artwork.

The exhibition run through Oct. 31 at the Karpeles Manuscript Library Museum, 101 W. 1st St. in Jacksonville.



Happy Hula-ween!



Halloween on the First Coast can cast off the traditional pumpkin and embrace the festive pineapple to adorn front porches or coastal balcony railings for the spookiest holiday. Most local grocers carry whole pineapples and, with a corer ordered online, the tropical fruit can be transformed into a smiling (or grimacing) jack-o'-lantern complete with an interesting "hair-do."

For a step-by-step guide on carving a Hula-ween pineapple, go to bit.ly/PVRhulaween.

Photos by CHRISTINE RODENBAUGH

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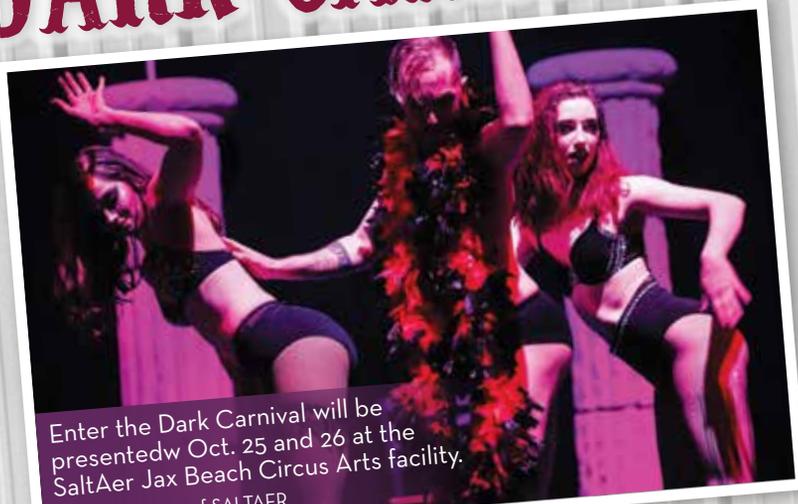
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SaltAer
circus arts presents
**'ENTER THE
DARK CARNIVAL'**



Enter the Dark Carnival will be presentedw Oct. 25 and 26 at the SaltAer Jax Beach Circus Arts facility.
Photos courtesy of SALTAER

by AMBER LAKE

Chills, thrills and circus madness are taking place at the SaltAer Circus training facility in Jacksonville Beach. This year's Halloween-themed production, Enter the Dark Carnival, will be showing at 7:30 p.m. Oct. 25 and 26.

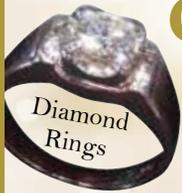
Aerial acrobatics will set the stage for the Dark Ringmaster and his troupe of souls willing to gamble for their darkest desires. The production's creative director, Andy Smith, gives life to a cast of bizarre and death-defying characters who sacrifice everything to make it to the "Big Top."

The show will feature SaltAer's top students performing with hoops, dance, silk slings and trapeze acrobatics to animate the Dark Carnival's risqué spectacle.

The show features two sisters who enter the carnival, unaware of the show's true nature. There, they are greeted by a dark and twisted ringmaster who will grant the carnies' true wishes, but they soon learn that everything comes at a price.

Tickets are priced from \$20 to \$40, with a VIP option that includes preferred seating, a swag bag and private photo opportunity with the cast. Tickets are available on Eventbrite and more information about the show can be found on SaltAer's Facebook event page, "SaltAer Circus School Presents 'Enter the Dark Carnival.'" SaltAer Jax Beach Circus Arts is located at 1250 Shetter Avenue, Unit 1 at Jacksonville Beach. Due to the nature of the show, parental guidance is recommended.

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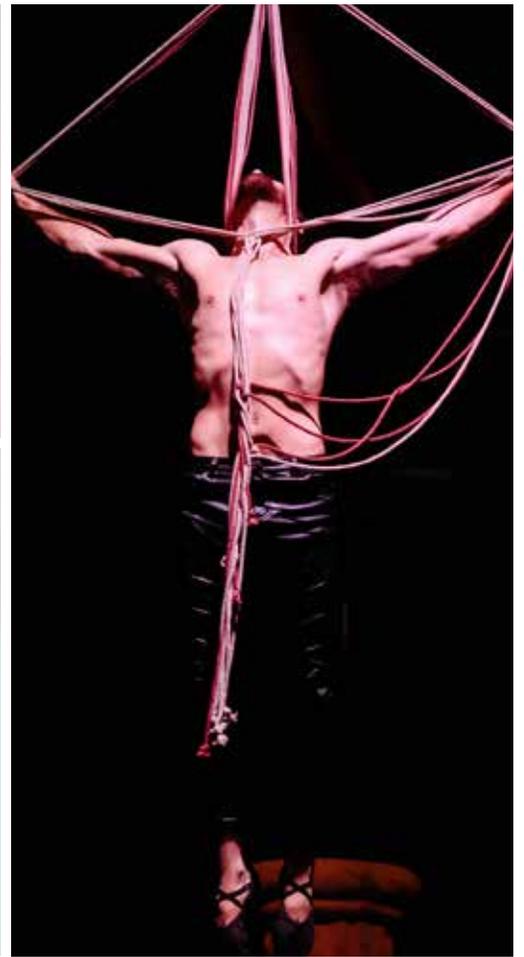


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'STILL GRANDMA'S CORVETTE'

by CHRISTINE RODENBAUGH

Mac McGehee is the third owner of a 1971 Chevrolet Corvette LS5 with fewer than 26,000 miles on the odometer.

The provenance of the Warbonnet Yellow 'vette may be short, but like most classic cars, it has a story. According to McGehee, a woman in Des Moines, Iowa traded a 1969 Thunderbird and \$3,000 to purchase the car. She kept it in a heated garage and drove it just 24,777 miles during her 40 years of ownership. McGehee said the second owner told him the original owner was in her 80s and decided she had to sell the car. She cried.

McGehee found the Corvette on eBay about seven years ago and, on a lark, placed a bid.

"I honestly did not expect a bid on eBay to make it," he said.

A few days later, he watched the clock count down and announce he had won the bid. It took about 24 hours to build up the courage to tell his wife. With help from a friend, he arranged to have the car shipped from Iowa to his home in Lake Wood, Florida.

For almost as long as he can remember, he's been enamored with Porsche and Corvette. The Corvette is American.

"Growing up as a young man in the U.S., (Corvette) is the epitome of the American sportscar," McGehee said. "It's a really great car."

He said he enjoyed the Ponte Vedra Auto Show because, "Looking at all the eclectic cars is a car lover's dream. It may not be flashy at all, but it's a time machine."

McGehee is adamant about keeping the car original. The car has air conditioning, power brakes, tilt wheel, power steering, AM-FM radio, 3.08 Posi-Traction rear end and a saddle deluxe leather interior. He enjoys the car, but he doesn't drive it much.

"It drives like a dog. It's hot as all get out. But it's the "stylinist" car on the road," he said.

The car's past hasn't been all smooth sailing. In fact, McGehee calls it a "twice survivor." He said a car that has not been restored or modified is known as a survivor car. About six years ago, he learned first-hand about linseed oil and spontaneous combustion. The garage caught on fire and, for some reason, the garage doors opened. He rushed in and got the car out "in the nick of time." There is a bit of damage on the top of the car because the garage door opener melted and dripped on the paint. He buffed it out as much as possible but wants to keep the car in original condition instead of having it repainted.

"To me, it's still grandma's Corvette," McGehee said.

Janet E. Johnson, P.A.

Criminal Defense Attorney



Janet Johnson is committed to aggressively defending people accused in all criminal matters in state and federal court. In practice since 1994, she is a member of the Florida Bar, The Federal Bar, Colorado Bar, as well as the Florida Association of Criminal Defense Lawyers. She has been on the faculty of FACDL "Blood, Breath & Tears" annual DUI seminar. Ms. Johnson has been awarded the AV preeminent rating™ from Martindale-Hubbell® and was named a fellow to the prestigious Litigation Counsel of America™, as well as one of the ten best criminal defense attorneys nationally for client satisfaction by the American Institute of Criminal Law Attorneys. She also appears as a legal commentator on CNN and HLN.

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Mac McGehee is adamant about keeping his 1971 Chevrolet Corvette LS5 all original.
Photo by CHRISTINE RODENBAUGH

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Possibilities soar at

Angelwood Gala

by CHRISTINE RODENBAUGH

Photos by
CHRISTINE RODENBAUGH

The Angelwood Gala attracted 350 guests who filled the ballroom at the Sawgrass Marriott in Ponte Vedra Beach Aug. 24 to support the nonprofit and learn about “Soaring Possibilities,” the 2019 theme chosen to emphasize how people who are served by Angelwood have realized success. There were 45 event volunteers to guide and assist guests. “Tech Angel” volunteers mingled with arriving guests and used tablets to expedite sign-up for bidding in the silent and live auctions.

After checking in, guests mingled in the atrium sampling cocktails and perusing long tables of silent auction items while listening Simply Strings, a quartet of local high school students. The most popular silent auction items were golf foursomes, pizza for a year and a San Marco day basket.

Some posed for photos in front of the more formal backdrop of white angel wings against an ivy-covered wall while others hammed it up with fun props at the photo booth.

Florida State Senator Aaron Bean donned wingtip two-tone oxford black and white spectator dress shoes to serve as auctioneer for the popular live auction. The Jaguars vs. Saints luxury suite package set an Angelwood live auction record with a final bid of \$10,500. Byron and Joyce Miller were high bidders for the Ford Ecoboost 400 NASCAR Championship package in November. Another popular item was lunch in Washington, D.C., with Congressman John Rutherford, who attended the event to support the cause.

“We exceeded last year’s fundraising, which was our goal,” Damara Farwell, chief development officer, said.

Angelwood provides support to more than 300 children, adults, seniors and families living with intellectual and developmental differences. The nonprofit offers residential group homes, supported employment, adult day training programs and seasonal day camps.

The Angelwood Golf Classic is scheduled Nov. 4 at Jacksonville Golf & Country Club on their newly renovated course. For more information, visit www.angelwoodjax.org.



Anson and Elisa DeWolf stopped for a photo between angel wings at the Angelwood Gala: Soaring Possibilities on Aug. 24 at Sawgrass Marriott in Ponte Vedra Beach.



Event co-chair Robin Wahby welcomes guests to the Angelwood Gala. Wahby is also president of the Angelwood Board of Directors.



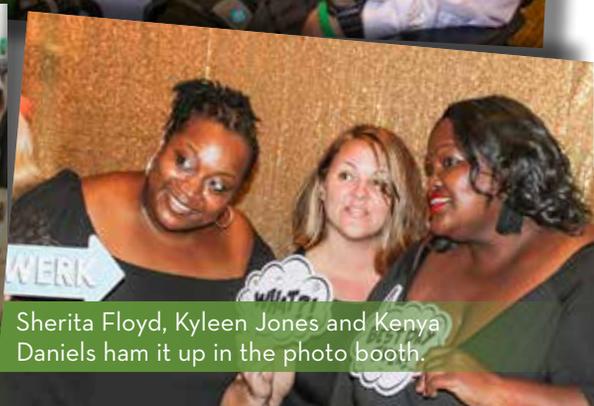
Angelwood volunteer Dan Fox holds one of 250 “Keys to the Closet” available for \$50 each. Sharon Hart’s lucky key opened the closet of prizes including a one week stay in a Jacksonville Beach condo and a host of other items valued at \$4,000.



Senator Aaron Bean serves as auctioneer for the live auction.



The Jaguars vs. Saints luxury suite package set an Angelwood live auction record with a final bid of \$10,500 by David and Tiffany Smith.



Sherita Floyd, Kyleen Jones and Kenya Daniels ham it up in the photo booth.

MISSION HOUSE HOSTS

Compassion by the Sea Soiree

by CHRISTINE RODENBAUGH

Mission House hosted its annual fundraiser, Compassion by the Sea, Sept. 26 at 3 Palms Grille in Ponte Vedra Beach. Proceeds will support the nonprofit's primary goal of housing homeless individuals living on the streets of the Beaches area. Guests were treated to heavy hors d'oeuvres, beer, wine, a silent auction and live music by the Cloud 9 Band. Guests also had the chance to participate in creative games.

For the Wine Pull, guests could purchase a numbered cork to win a bottle of wine or wine plus a gift card. Fling the Ring is a game of skill (or luck), requiring players to toss a ring around the neck of a bottle of wine to win.

For more information about Mission House, visit www.missionhousejax.org



Late September breezes cooled the outdoor space for the annual Mission House fundraiser, Compassion by the Sea Soiree, on Sept. 26 at 3 Palms Grille in Ponte Vedra Beach.



Glenn and Chris Baker sample a shrimp roll with garlic bread stick and cilantro garnish at the heavy hors d'oeuvres buffet. Chris Baker's Marsh Landing tennis team supports Mission House as a group activity.



Board member Walter Mascherin tried his luck at Fling the Ring.
Photos by CHRISTINE RODENBAUGH



Linda Wright and Carmen Williams had not made up their minds about which silent auction items to place a bid. "There are an overwhelming number of options," Williams said.



Susan Knapp and Jamie Woodward check out some of the gift baskets available in the silent auction.

BEAM Beach Ball lights up TPC Sawgrass Clubhouse

by DANIELA TOPOREK

Money and wine glasses were raised after a night of and fundraising during the 2019 BEAM Beach Ball at the TPC Sawgrass Clubhouse, Saturday evening, Aug. 24.

The clubhouse, decorated in florals and balloons, matched the vibrant, Pucci-themed event, where guests dressed to impress in Pucci-inspired attire and lingered through the clubhouse. Silent auction prizes lined up upstairs, rooms were filled with heavy hors d'oeuvres and open bars and the dimly-lit main area featured live music, more auction prizes and event speakers, BEAM Executive Director, Lori Richards, and BEAM recipient, Daisy Roberts.

"If I had the finances, I wouldn't hesitate one minute to give to BEAM," Roberts said to the audience.

When her husband of 40 years died, Roberts had nowhere to turn financially. Her insurance would not pay for the full funeral costs, so when she paid what was left, she was left with nothing.

After she reached out to BEAM, the organization provided financial assistance for her and she hasn't looked back since.

"They paid my rent; they paid my electric (bill)," Roberts said. "It's a good organization. It's a responsible organization. They do good work."

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Proceeds from the event were used for multiple BEAM programs, according to BEAM Executive Director, Lori Richards.

"It goes to our Emergency Rent and Utility programs and all of our food assistance works," she said. "Also to our program, 'Paths to Wellness,' for people with chronic diseases that need nutrition counseling; and a single-parent project that teaches financial education. We're also about to embark on a more intensive case management support for seniors."

"They do so much for the people here at the beaches," said guest, Andres Heeley, who advocates for BEAM and attended alongside guest, Laura Blunt.

"It's a really righteous party," she said. "They've got a great band. The drinks and food are good. There's lots of energy, no one's sitting around, it's a fun event."

When the music stopped, guests were treated with a to-go box of Mini Bar donuts to send them on their way. What was a successful party with prizes and dancing was also a night of giving back to a large local cause.



ABOVE: With money raised going back towards BEAM, guests battle it out at the live auctions for a chance to take a trip abroad.

LEFT: Ball guests Kelly Vallard (left) and Sue Stacey, get groovy after the live auctions at the BEAM of Light Beach Ball. Photos by DANIELA TOPREK



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🐾 PUPS 🐾 🐾 ride waves 🐾 to benefit K9s for Warriors

by CHRISTINE RODENBAUGH

Soggy canines entertained a crowd on the beach at the Pups & SUPS Dog Surfing event Saturday, Sept. 28 at Guy Harvey Resort in St. Augustine. The annual event benefits K9s for Warriors, a charity that obtains, trains and provides service dogs for veterans in need. Dogs and their humans participated in surfing, paddle boarding, a pet costume contest, a surfboard grommet art exhibit, and “Yappy Hour” with kibble complemented by a Surf Village with hospitality tents. For information, visit guyharveyoutpost.com/pups-sups.



Lily made it look easy riding in on a wave at the Pups & SUPS Dog Surfing event Saturday, Sept. 28 at Guy Harvey Resort in St. Augustine.



The competitor on the right appears to check out the competition.



Ears back, this canine focuses intently on the shoreline.



Matilda seemed at ease among the canines, but refused to show her “CATtitude” on the water.



Most of the pups were ready to get right back on the board after each ride.

Photos by CHRISTINE RODENBAUGH



Seemingly new to the sport, the competitor takes a conservative stance for the ride in.



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