# Your Community Voice for 50 Years

May 7, 2020 Volume 51, No. 27 75 cents

PonteVedraRecorder.com

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**National** Nurses Week Page 22



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### Send us your news

We welcome submissions of photos, stories, columns and letters to the editor. Let us know what's happening. Email submissions to pvrecorder@opcfla.com or bring them by our office at 1102 A1A N., Unit 108, Ponte Vedra Beach. Submissions may be published in the paper, on our website or on our social media platforms.

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Also, check out the **Ponte Vedra Recorder** channel on YouTube.

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### **EDITOR'S NOTES**

What's This?: Because of the COVID-19 crisis and the current closure of the Jacksonville Zoo and Gardens, the Recorder is suspending the "Do you know what this is?" contest until further notice.

Pets of the Week: Beacuse the St. Johns County Pet Center is closed, the Recorder's Pets of the Week feature has been temporarily suspended. The feature will return once the Pet Center reopens.

### **NOTES TO READERS**

On our website: Visit pontevedrarecorder.com to get the latest closures, cancellations and updates for St. Johns County, as well as a listing of virtual events taking place around Northeast Florida.

**Don't miss an issue:** In case social distancing requirements get more strict, we will email you your paper. Send your email address to don@opcfla.com.

Weekly newsletter: The Recorder offers a weekly newsletter every Monday that outlines some of the top stories of the week, as well as providing access to our E-Edition and Entertainment EXTRA! To get the newsletter emailed for free, email don@opcfla.com. We'll add you to the list.

### **BRIEFS**

### St. Johns County distributing Small **Business Recovery kits**

In an effort to assist with economic recovery, St. Johns County is distributing Small Business Recovery kits to support local employers in providing a safe and healthy environment for employees and customers upon reopening.

To receive a personal protection equipment kit, applicants must own a St. Johns County business, be able to open to the public in accordance with the Governor's Executive Order 20-112, have five to 50 employees, and not be a home-based business. Businesses that do not already have personal protection equipment may sign up by emailing ppe@sjcfl.us with the following information:

- Owner Name
- Company Name
- Business Address ■ Phone Number
- Email
- Number of Employees
- Copy of Business License

Each kit contains one box of 50 gloves, one

box of 50 disposable masks, and one bottle of hand sanitizer. Initial supplies are limited, and priority will be given to the restaurant, health care, hospitality, tourism, and retail industries. Businesses must be registered to receive a kit and are limited to one kit per business. For more information or for other business recovery and assistance questions, please call the St. Johns County Business Assistance Hotline at 904.209.6050 or email ppe@sjcfl.us.

### **Shop & Dine St. Johns County Campaign Launched to Support Local Business**

St. Johns County has launched Shop & Dine St. Johns County, a program encouraging patrons to support our local community by shopping and dining within St. Johns County.

Shop & Dine St. Johns County provides a convenient and easy online location for residents and visitors to find businesses and dining establishments that are open and serving the public. Those who visit www.shopanddinesjc. com will find interactive maps and directories of contact and service information for businesses and dining establishments.

BRIEFS continues on Page 3

### **PUZZLE SOLUTIONS**



Solutions correspond to last week's puzzles



### **Briefs**

### **Ponte Vedra Boulevard pavement** project begins on May 11

As part of the St. Johns County Pavement Management Program, Ponte Vedra Boulevard will be milled and resurfaced from Corona Road South to State Road A1A beginning Monday, May 11.

The project completion is expected within 30 days, weather permitting. The contractor will provide the proper maintenance of traffic which will require intermittent lane closures throughout the project duration. Any impacted areas within the project limits will be restored to pre-construction conditions.

For more information, call (904) 669-4485 or email tmashburn@sjcfl.us.

### 2020 sea turtle nesting season now open along the beaches

The beaches of St. Johns County are home to several species of endangered or threatened sea turtles.

Residents and visitors have a special opportunity and responsibility to protect these magnificent creatures and their vulnerable nesting sites as they return each season to nest along the beaches. Sea turtle nesting season begins May 1, and St. Johns County officials are asking residents, visitors, and businesses to help protect natural habitat by observing all nesting season laws and regulations.

All beachfront properties are required to

reduce their impact by eliminating interior and exterior lights which may disrupt nesting sea turtles. Volleyball court lights at St. Johns County Pier Park will turn on at sunset and turn off at 9 p.m. during this time. Beach visitors can also have a positive impact on nesting sea turtles by taking the following actions while enjoying the beach:

- Refrain from using fireworks and open
- Remove ruts and sand castles.
- Flashlights are strongly discouraged as they can harm sea turtles.
- Avoid entering sand dunes and conservation zones (15 feet seaward of the dune line).
- Refrain from using balloons, as they can fall into the ocean and harm marine life.

■ Never approach sea turtles emerging from, or returning to the sea. Nesting sea turtles are vulnerable, timid, and can be easily frightened away.

Never push an injured animal back into the ocean. If an injured, sick, or deceased sea turtle is encountered, please call the St. Johns County Sheriff's Office non-emergency dispatch line at (904) 824-8304.

Leave only your footprints, providing the turtles with a safe and clean habitat in which to nest and hatch. St. Johns County is grateful to volunteers, residents, visitors and businesses for supporting habitat conservation efforts and keeping the beaches beautiful. For more information, call St. Johns County Habitat Conservation and Beach Management at (904) 209-3740 or visit www.sjcfl.us/hcp.

















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**COMMUNITY NEWS** Ponte Vedra Recorder · May 7, 2020



Photos by Daniela Toporel

Crowds at Mickler's Landing Beach take advantage of the reopening of area beaches for all activities and extended hours.

### Beaches reopen throughout St. Johns County

### **By Daniela Toporek**

Monday mornings can be a hassle, but when St. Johns County reopened its beaches for all activities last Monday, the biggest struggle was finding a parking spot within walking distance from the dearly missed ocean.

It was a sunny morning and the Mickler's Beach parking lot was full by 10:45 a.m. Ponte Vedra Beach residents and guests from surrounding areas eagerly walked towards the ocean.

Ready to lay out and finally sunbathe, beachgoer Angela Sneed searched for the perfect spot – distanced enough from the crowds to try and feel safe from the CO-VID-19 pandemic, but still close enough to be able to walk back to her car.

"We're doing the best we can to be as safe as possible, but we just really needed to be out in the sun and enjoy this beautiful day," Sneed said.

Sneed lives in Georgia but is in town checking on family during the pandemic.

"We've been cooped up indoors for so long, we just finally needed some light. And since I'm visiting, I may as well take advantage of the views," Sneed

Another beach attendee, Josh Mulligan, was excited for the reopening to bring back a "sense of normalcy" that has been missing since the shutdown.

"It will take a long time to get back to our regular patterns and enjoy large

gatherings," he said. "But right now, letting locals enjoy the beach safely and have social distancing is good for the community.'

While those catching some rays and waves agree, some avid beachgoers are playing it by ear and waiting just a little longer for the pandemic to calm.

"I'm waiting a month to see what happens," said Jacksonville's Bryan Askins, an avid beach goer. "Although I'm happy our governor is implementing phases to bring everything back, I feel like we needed at least another month before doing so. I just feel like we are reopening too soon."

In late March, associate medical examiner for St. Johns, Flagler and Putnam counties, Dr. Deanna Oleske, emailed St. Johns County Administrator Hunter Conrad and requested for him to "protect the residents" and close all beaches due to COVID-19 concerns.

Although Oleske has made no recent updates and doctors in St. Johns County weren't consulted on the reopening, spokesman for St. Johns County, Michael Ryan, did speak to the New York Times on Thursday, in coordination with Duval County, and said that people were following social distancing guidelines

As of Monday, St. Johns County beaches were open for normal hours and regular activities, with social distancing regulations still being implemented.





Beachgoers sunbathe and read on the first day of the extended reopening of St. Johns County Beaches, which allowed for activities beyond exercise and swimming.

ONE OF US 5 Ponte Vedra Recorder · May 7, 2020

After spending 20 years working on the sports desk of a local newspaper, Robert McGinty decided he needed one final career change. He left a life of midnight deadlines and temperamental reporters to become a nurse. With Nurses Appreciation Day being celebrated on May 6, the Neptune Beach resident is happy with his decision to change careers.

As told to Don Coble

### You had a good career as an editor, so why did you decided to give it all up to become a nurse?

I was in my mid-40s and I figured I had time for one more thing. It required a lot of school, so I had to plan a few years ahead. I wanted one more career shot and it was starting to look like journalism wasn't going to work out much longer – not through any fault of mine, but how the business was going.

### Do you find your new role as a nurse to be rewarding?

That's the best part about it. I love what I'm doing. It's the hardest job I've ever had, but it's also the most-rewarding. I have no complaints. You have 12-hour shifts, overnight and most of it on your feet. It's a grind sometimes. There's an emotional aspect to it that you have to deal with that I didn't have to deal with at the newspaper.

### With last Wednesday being **Nurses Appreciation Day, what** is the general feeling about the support the medical community has received?

It feels good. Everyone is doing their job like we always have. Inside the hospital, we're all still doing our routines.

### What was your best memories of working on the sports desk?

Definitely the Super Bowl in 2005. We plotted out everything we were doing. For two weeks straight instead of doing an eight-to-10page section, we were doing a 32page section. It required planning and execution and everybody did everything perfectly. We had a great boss who made it a great pleasure to work there.

### Do you see that same kind of planning and execution at your job at the hospital?

Yes, 100%. It's a different environment. Everything here is based on science. There's one right way to do things. At the newspaper, you had to come up with the finished product and you could take any route you wanted to get there. At the hospital, there's one way to do it and that's the way it gets done.



Photo provided by Robert McGinty

### Are you still a sports fan?

Not as much as I used to. I've kind of narrowed it down and become more of a soccer fan. I think I have been my entire life. There's more of it on TV now and I've been watching that. I grew up playing soccer. I played until I was about 45.

### What was your best day as a nurse?

There's an emotional aspect to it. I walk out of here on Cloud 9 some days and other days my head's spinning. It's can be

a roller coaster. But I absolutely wouldn't change it. This is the best thing I've ever done. I really enjoyed my 20 years at the newspaper, but I figure I will end my career in this business and I couldn't be happier with the decision I made.

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# St. Johns County, United Way, Ponte Vedra Concert Hall and St. Augustine Amphitheatre join forces to 'Rock the Pantries'



Photo provided by Ponte Vedra Concert Hall

In response to the increased demand and urgent need currently experienced by local food assistance programs due to COVID-19, St. Johns County in partnership with United Way of St. Johns County, the St. Augustine Amphitheatre and Ponte Vedra Concert Hall will hold two "drivethru" food drives to help restock critically low local food pantries.

The St. Augustine Amphitheatre will host the "Drive-thru" food drive on Saturday, May 9, and the Ponte Vedra Concert Hall will host one on Saturday, May 16. United Way and St. Johns County volunteers will be on site at both venues' parking lots collecting requested donations taken directly from vehicles, while maintaining proper social distancing guidelines to ensure ease of collection of all donations.

All volunteers will be provided PPE equipment by St. Johns County Emergency Operations.

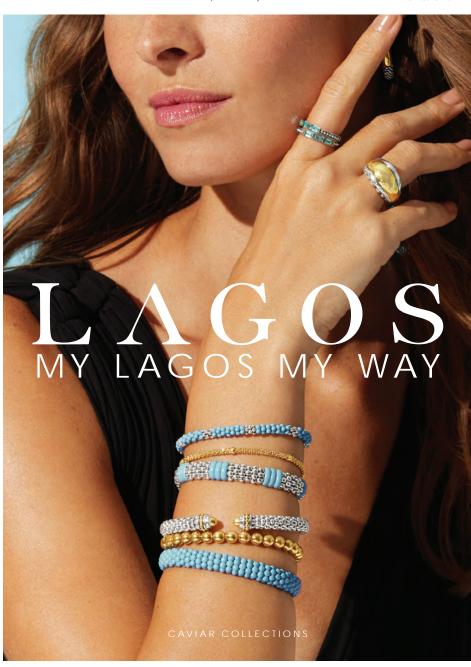
Donations will be accepted from 9 a.m.-4 p.m.

#### **Examples of nonperishable donations requested:**

- Peanut butter
- Canned soup or stew
- Canned, dried or plastic packaged fruit or applesauce
- Canned beans and vegetables
- Cooking oils
- Canned tuna, salmon, ham or chicken
- Pasta, rice or instant potatoes
- Granola bars, nuts or crackers
- Box cereal or meal

#### Donations that cannot be accepted:

- Items needing refrigeration
- Expired food
- Leftovers
- Food with packaging concerns
- Baked goods
- Items with glass or cellophane packaging (can be broken in transit)







Ponte Vedra Recorder · May 7, 2020 COMMUNITY NEWS 7

# Mercedes-Benz donates 2,500 meals, 13 vans to Feeding Northeast Florida

Mercedes-Benz USA and its Southern Region Office in Jacksonville, announced it is preparing 2,500 meals for families and children in need and enabling thousands more to be delivered through the donation of 13 Mercedes-Benz Sprinter vans for a duration of at least three months to organizations that feed Jacksonville's most vulnerable residents.

MBUSA will donate 600 meals each week through Boys and Girls Club of North Florida and Kim's Open Door to residents of underserved areas throughout the city and will provide Feeding Northeast Florida with vehicles to help partner community organizations complete thousands of food deliveries throughout the region. These relief efforts are part of "MBUSA Curbside Caring," an initiative of the company's Greatness Lives Here community outreach program.

"In the wake of COVID-19, many of our neighbors are experiencing severe economic hardship – many are unsure of how they will put food on their table," said Mike Nolte, General Manager, Southern Region, Mercedes-Benz USA. "By redeploying our resources, we have an opportunity to help feed those in need, alleviating some of the stress Jacksonville residents are feeling. Our community partners, the Mercedes-Benz Vans team and our dealer partner, Mercedes-Benz of Jacksonville, have worked together, generously volunteering their time and resources to make this initiative possible."

MBUSA is repurposing its resources and a fleet of Mercedes-Benz Sprinter vehicles to assist individuals and families facing a high risk of food insecurity — including children out of school, adults out of work and many of Jacksonville's most vulnerable residents. The company will prepare



Photo provided by Mercedes-Benz USA

meals until the end of May, enabling Boys and Girls Club of North Florida and Kim's Open Door to provide extra meals multiples times a week to residents. A donation of 13 Sprinter cargo vans will help Feeding Northeast Florida and the recipient organizations continue their vital meal deliveries. MBUSA's dealer partner, Mercedes-Benz of Jacksonville, will provide any required service maintenance for the vans, at no cost to the organizations.

"The pandemic has created an increased need for food delivery," said Christian Barwig, Department Manager, Mercedes-Benz Vans. "When we heard local non-profits needed support, our team in Jacksonville spent weeks preparing a special fleet of Sprinter vans so that they could be instrumental in helping these organizations deliver on their mission,"

MBUSA's pledge of support to organizations such as Boys and Girls Club of North Florida, Kim's Open Door and Feeding Northeast Florida is the latest

example of the company's efforts to assist communities in which MBUSA employees live and work. In early April, MBUSA began preparing and donating meals for residents living in underserved areas of Atlanta, where MBUSA is headquartered. The company also provided nine Sprinter vans to three different organizations to help them complete thousands of food deliveries throughout the city.

"The offer by Mercedes-Benz USA to loan us these spacious Sprinter vans comes at a time when Feeding Northeast Florida and the feeding organizations we partner with are having to move more food and meals than ever before," said Susan King, president and CEO of Feeding Northeast Florida. "We directed MBUSA to 17 of our agency partners working throughout our 8-county service area that were immediately interested in increasing their capacity to move food faster and in greater quantities than they otherwise would be capable of."

# ElderSource HelpLine provides resources for isolated seniors, caregivers

Free, live phone service provides information on local agencies, services

Seniors, disabled adults and their caregivers can get free, live help from trained customer service specialists and information about local programs and services through ElderSource's HelpLine.

ElderSource specialists are trained to listen to callers' concerns and to help them access local agencies, services and programs, according to Linda Levin, CEO of ElderSource, a local nonprofit organization designated by the state as the Area Agency on Aging and Aging and Disabil-

ity Resource Center for Northeast Florida. The agency provides information and referral resources for caregivers and seniors in Northeast Florida's seven-county area.

"ElderSource's HelpLine is designed to help callers find the help they need to live as safely and as independently as possible," Levin said. "During the ongoing COVID-19 crisis, the HelpLine is proving to be a crucial source of reliable information and help to seniors and caregivers in our service area."

ElderSource HelpLine counselors work with callers to explain what resources are available and to help them enroll in the programs for which they are eligible. The service is part of the federal Aging and Disability Resource Centers program, that addresses the frustrations many older adults, people with disabilities, and family members experience when trying to learn about and access service programs and support. An additional program that ElderSource offers helps area seniors understand their Medicare benefits that cover expenses due to COVID-19 testing and illness.

The HelpLine assistance is available to persons of all income levels living in Baker, Clay, Duval, Flagler, Nassau, St. Johns and Volusia counties. The HelpLine specialists are available Monday through Friday, 8 a.m. to 5 p.m. The ElderSource HelpLine number is (888) 242-4464.

### COUNTY CLOSURES AND UPDATES

Due to the health and safety of the community, the following closures and cancellations have been made in St. Johns County and surrounding areas.

In the interest of public safety and in an effort to minimize the impact of COVID-19, the following St. Johns County facilities and programs are closed to the public, or have been canceled until further notice.

- All St. Johns County libraries and the library bookmobile, although libraries are offering curbside services to pick up reserved materials.
- All recreational facilities, recreational programming, recreational events, and all permitted events, including organized youth and adult sports, on St. Johns County property.
- The St. Johns County Ocean and Fishing Pier is open to the public with no access fee, however all other facilities including the Pier Gift Shop and pavilion, remain closed to the public and unavailable for reservations, rentals, or events, including farmers markets.
- All events scheduled to occur at the St. Johns County Fairgrounds.
- All events scheduled to occur at the St. Johns County Agriculture Center.
- All events scheduled to occur at the St. Johns Golf Club.
- The St. Johns County Pet Center.
- All St. Johns County recycling and community collection events.
- All St. Johns County Fire Rescue community programming.

#### Parks and more

All boat ramps, parks, green spaces and trails remain open for the public to safely enjoy, the county said. For more information, call the St. Johns County Emergency Management hotline at (904) 824-5550.

### St. Johns County Property Appraiser Lobby Reopening

The St. Johns County Property
Appraiser's Office will reopen their
lobby to the public from 8:30 a.m. to 5
p.m., Monday, May 11. Office hours are
from 8 a.m. to 5 p.m. and many services
can be completed electronically
at www.sjcpa.us. Following social
distancing guidelines is encouraged
while visiting the Property Appraiser's
Office. For more information, call (904)
827-5500 or email sjcpa@sjcpa.com.

### St. Johns County Property Appraiser Extends Tangible Personal Property Filing Deadline

The St. Johns County Property Appraiser has extended its deadline to file a Tangible Personal Property return to May 15. The return can be filed through its website at www.sjcpa.us. For more information or assistance with filing, call (904) 827-5508 or email tpp@sjcpa.us.

### COVID-19 garbage pickup and landfill guidelines

Due to the impacts of COVID-19, St.

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### Navy recognizes Nease's NJROTC program as No. 1 program in Northern Florida and Georgia

COVID-19 has dampened the spirits of high school students across the area with the loss of spring sports, graduation, prom, etc. Yet amid the shelter-in-place directives and social distancing requirements, a ray of bright news has shown down on Nease High School.

Cmdr. Rustie L. Hibbard, Navy JROTC Area-12 manager, recently announced Nease High School was named as the Most Outstanding Unit in Area-12, a region that encompasses 60 schools covering the 13 schools in Northeast Florida and the 47 across Georgia.

This marks the eighth time in the past nine years the Navy has recognized Nease NJROTC for its overall excellence.

The award is based on the total achievement of the program, which includes academic performance, community outreach, campus leadership, graduation plans, physical fitness and competition results.

"We (seniors) came into JROTC as the number one program back in 2016," said former Battalion Cmdr. Anna Hampton, who will be attending Northeastern University in the fall. "And our goal and our legacy was to leave the unit on top. Mission accomplished."

Among Nease's noteworthy achievements this past year were first-place championships at McFarland Drill Meet, Mandarin Drill Meet, Terry Parker Drill Meet, Sprayberry (GA) Drill Meet, Area-12 Drill Championships, Bishop Kenny Academic Brain Brawl, Bishop Kenny Drone Challenge and Lee Ultimate



Nease NJROTC cadets celebrate one of their eight championships during the 2019-2020 season.

Challenge; qualifying for both Drill and Academic national championships; graduating seven seniors with service academy appointments or ROTC scholarships; and the completion of more than 13,000 hours of community service.

"My future would not have been nearly so bright without NJROTC," said senior Teagen Pettit, who received a five-year National Preparatory NROTC scholarship to the University of Maine. "NJROTC was the absolute greatest part of my high school experience."

By finishing No. 1 in Area-12, Nease is now competing for the Most Outstanding Unit in the Nation.

"This achievement is the result of a total Nease family effort put forth by disciplined and hard-working cadets,



Nease NJROTC's cadet staff lead the cadet corps during Annual Military Inspection.

engaged parents and a supportive school administration," said Capt. Scott LaRochelle, senior naval science instructor.

"The character and leadership demonstrated by these extraordinary young men and women never ceases to amaze me."



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### **NOCATEE HAPPENINGS**

### Nocatee Welcome Center open; still offering virtual appointments

The Nocatee Welcome Center announced it is currently open and fully available to see residents and resident prospects. It will also continue to offer personal presentations within the Welcome Center and is still offering virtual appointments.

Presently, the Welcome Center is limiting visitors to one party at a time.

The Welcome Center is still taking additional precautionary measures (per the recommendations of the CDC) to keep representatives and visitors safe.

For more information on the Nocatee Welcome Center, go to www.nocatee. com/welcome-center. To set up a virtual appointment, call (904) 924-6863 or email welcomecenter@nocatee.com.



Photo provided by Nocatee Ponte Vedra Nocate.com

### **Updates**

Continued from 7

Johns County Solid Waste has established the following guidelines regarding garbage pickup and landfill drop-off:

- Place any items that can be picked up curbside instead of bringing to the landfill.
- If items cannot be picked up curbside, but it is not a priority to dispose of them, please wait until the "stay at home" requirements have been lifted.
- If any items must be brought into the transfer station, be prepared to wait to dump as County staff will be practicing safe social distances. The landfill and the drop-off dumpsters will be limited to three customers at a time.

For more information, contact St. Johns County Solid Waste at (904) 827-6980 or solidwaste@sjcfl.us.

### SJC County Boards and Committees – public comment call-in participation

In accordance with Executive Order 20-69 and St. Johns County Emergency Proclamation 2020-03, St. Johns County Boards and Committees that meet during the COVID-19 health emergency may do so remotely under communication media technology and without a physical quorum of the members present.

Members of the community who would like to participate in public comment during these meetings may do so by calling (904) 209-1265. The meetings can be viewed on GTV, Comcast cable channel 3, or online at www.sjcfl.us. While all meetings remain open to the public to attend in person, St. Johns County facilities are under limited public access restrictions. Written or physical documentation for a meeting may be submitted to the Board of County Commissioners at 500 San Sebastian View.

St. Augustine, FL 32084, or by email at sjcpublichearing@sjcfl.us. For more information, call (904) 209-0300.

### St. Johns County Tax Collector offices closed until further notice

In compliance with Gov. Ron DeSantis' Executive Order 20-91, all St. Johns County Tax Collector offices will be closed to the public until further notice, effective 5 p.m., Thursday, April 2. The Tax Collector encourages residents to complete eligible transactions online at www.sjctax.us. Most tax payments, registration renewals, and driver license renewals and replacements can be processed online or by mail. The Tax Collector also offers a drop box at

each location and will be available by phone at (904) 209.2250 or email at taxcollector@ sjctax.us. For more information, please visit the Tax Collector's website at www.sjctax.us.

### St Johns County EOC COVID-19 Citizens Information Hotline

The St. Johns County Board of County Commissioners declared a Local State of Emergency in response to COVID-19 on March 17. In response, the St Johns County Emergency Operations Center has been elevated to a level two partial activation and the COVID-19 Citizens Information Hotline is now active between 8 a.m. to 6 p.m., seven days a week. St Johns County residents can call the hotline at (904) 824-5550 for information regarding facility closures, program cancellations, and current St Johns County COVID-19 guidelines.

### St. Johns County Utility Customer Service/Billing lobby closed, additional services available

The St. Johns County Utility Customer Service/Billing lobby is closed to walk-in customers until further notice. Their on-site drive through, drop box locations, and pay-by-phone options will remain open to accept payments and provide services. Online bill payment and other utility services are also available at www.sjcfl.us/utilities. The Utility Department standard operating business hours are 7:30 a.m. to 4:30 p.m., Monday through Friday. For additional information, call Utility Customer Service at 904.209.2700.

### **UPDATED ST. AUGUSTINE POLICIES**

The following decisions go into effect immediately:

- The City Commission agenda will be limited to only those items essential to city business. Items that are not time-sensitive may be postponed.
- In regards to public comment, and in lieu of physical attendance, the city encourages individuals to submit comments via email to cityclerk@citystaug.com which will subsequently be read into the public record.
- For those organizations receiving a recognition and/or proclamation from the City Commission, the city is requesting representation by one attendee.
- The city has also determined that nonessential staff will not attend public meetings in person, but will monitor meetings online through the city's website at www. CityStAugTV.com.
- In compliance with best practices of social distancing, city staff will be minimizing person-to-person contact by holding

meetings through teleconference and online virtual meetings.

- Until further notice, to ease the burden of past due balances for utilities, the city will not shut off water service.
- Customers who wish to submit permit applications or pickup approved permits should not appear in person, but instead correspond via email to BuildingPermits@ citystaug.com for Planning & Building permits, and PWpermits@citystaug.com for Public Works permits.
- Customers who wish to make payments for utilities or permits, should not appear in person, but instead call to make payment arrangements over the phone:
- Customer Service (utility billing): (904) 825-1037
- Planning & Building (building permits, business licenses): (904) 825-1065, ext. 2
- Public Works (right-of-way and site construction permits): (904) 825-1040, ext. 6 For more information, call (904) 293-3307.

### **UPDATED NOCATEE POLICIES**

In an effort to maximize compliance with State of Florida Executive Orders and other social distancing recommendations, CDD playgrounds and sports courts will remain closed until further notice. CDD playgrounds are in Greenleaf Park, Cypress Park, Twenty Mile Park, Twenty Mile Post, Addison Park and Lakeside Park.

Currently, all CDD facilities are closed, with the exception of limited staffing of the Resident Services office. Closures include all pools and waterparks, all events, activities and rentals of Crosswater Hall, the fitness center, playgrounds and sports courts.

Coastal Wine Market has canceled home delivery in effort to eliminate human contact. Gift cards can still be purchased via Venmo by sending the amount requested to @ coastalwine.

David Weekley Homes, ICI Homes, The Pineapple Corporation, Riverside Homes and Toll Brothers are now open to walk-in visitors. Currently, CalAtlantic Homes, Del Webb, Dostie Homes, Providence Homes, and Pulte Homes are taking visitors by appointment only.

The decision to close the facilities is based on recommendations to reduce health risks associated with the COVID-19 virus by the St Johns County Sheriff's Office, the St Johns County Emergency Management and other local health officials.

#### **Connect Virtually**

■ View an online Nocatee Welcome Center Presentation and Tour via this link. A live chat feature is available on the page, and a Welcome Center Representative is available to answer any questions that you may have.

- The staff is available to answer questions and give presentations by phone at (904) 924-6863.
- Email any questions to welcomecenter@ nocatee.com

#### **FACILITY CLOSURES AND UPDATES**

- The St. Johns Golf Club, St. Johns County's beaches, parks, open green spaces, and trails remain open.
- In addition, Veterans Services, the Permit Center, Health and Human Services, Utilities Services, and all other County business services remain open to the public and operational.
- The Beaches Museum is closed until further
- The Cultural Center of Ponte Vedra Beach is closed until further notice.
- The Cummer Museum of Art & Gardens is closed until further notice..
- The Jacksonville Symphony has canceled concerts for the season.
- The Ponte Vedra Concert Hall has postponed all events until further notice
- The Ponte Vedra Beach Rotary Club has canceled its upcoming events until further notice, including the Mineral City Celebration on May 9. The club still intends to honor this year's Local Heroes award recipients and will present their plaques privately.
- Publix has changed its store and pharmacy hours with all stores now closing at 8 p.m. The St. Augustine Lighthouse & Maritime Museum is closed until further notice.
- The St. Johns Golf Club is postponing all Sunday Junior Golf Clinics until further notice.
- The Times-Union Center for the Performing Arts is closed to the public until further notice.

### Libraries to host Facebook Live Storytime in response to COVID-19

St. Johns County Public Library will host virtual storytimes at 11 a.m., Monday through Friday, on Facebook Live. Youth services librarians will be reading stories from the library's collection. The storytimes last approximately 30 minutes and are recorded and posted on the Library's Facebook page for those who miss the live showing. For more information, or to watch a storytime, visit www.facebook.com/sjcpls.

### **Distancing and Industry Guidelines**

It is recommended that the public continue to adhere to the CDC social distancing guidelines of limiting gatherings to no more than 10 persons and maintaining a minimum distance of six feet between parties. Guidelines regarding restaurant, retail, and other business operations can be found at www.sjcfl.us/coronavirus.

The Recorder has a new garden columnist, Kathy Esfahani, of Kathy's Creative Gardens & Nursery. Read her column for garden-growing tips in Northeast Florida.

### **KATHY'S GARDENING GUIDE**



**Kathy Esfahani** Columnist

"Where flowers bloom, so does hope"

- Lady Bird Johnson

Over the month of May, we will be highlighting some of the most popular landscaping genres that I see here in Northeast Florida!

Many homeowners choose to stay within one type of landscaping design to create the beautiful ambience they are picturing. In the next four weeks, you will learn what plants, palms, & flowers are used to create a Tropical landscape, Mediterranean landscape, Traditional landscape, and Coastal Landscape!

### **TROPICAL LANDSCAPE**

What do you think of when someone says tropical landscaping? Personally, I think of a vacation oasis, somewhere warm with lush plants and lots of color!

We are lucky here in Northeast Florida, as we are one of the most northern climates that can still plant a tropical landscape as most are heat loving plants.



Tropical landscapes create a paradise, many people will even add a water feature in their yard to help create this look and feel. This type of landscaping is usually more organic, with plants and flowers overlapping and free flowing. There is a softness to this type of look, but with pops of vibrant color.

When creating an exotic tropical landscape, we can use a mixture of the following:



Photos provided by Kathy Esfahani

**Palms:** Sylvesters, Queen Palms and Roebellinis

Plants and Flowers: Hibiscus, Caladiums, Hawaiian Ti, Arbioccola, Variegated Ginger, Foxtail Fern, White & Orange Birds of Paradise, Apostle Iris, Crotons, Flax Lily, Agapanthus, Allamanda and Bamboo

With all landscapes, the key to success is knowing the sun/shade ratios in your yards as well as what each plant requires and planting accordingly. Annuals are always welcome in any landscape to add seasonal color to your gorgeous design.

Happy Planting!

Email Kathy at kathys.creative.gardens@ gmail.com for any questions or gardening tips you would like to see in the future.

Kathy's Creative Gardens & Nursery is located at 196 N. Roscoe Blvd. in Ponte Vedra Beach. (904) 655-7373



Panoramic Guana to Ocean Views

With the Guana River to the west and the Atlantic Ocean to the east, this oceanfront home offers stunning panoramic views. Built with top engineering designs, this home thoughtfully merges comfort with sustainability.

7 bedrooms, 7.5 baths \$2,600,000



Intracoastal Condo + Boat Slip
Located in the private gated con

Located in the private gated community of Marina San Pablo, this 6th story luxury condo offers a convenient location, resort style amenities, and phenomenal views of the marina and Intracoastal Waterway along with a 20x50 boat slip. **3 bedrooms, 3.5 baths \$765,000** 

Sarah Alexander DEALTOD®

SARAH ALEXANDER

Sarah Alexander, REALTOR® 904.334.3104 cell Sarah@SarahAlexander.net www.SarahAlexander.net



Ideally Located & Move-in Ready

This 2nd story condominium features an updated bathrooms and kitchen with quartz countertops, stainless steel appliances, and a double oven. Newly painted interiors and hardwood floors in the main living space. Ideal location close to the St. Johns Town Center, UNF, and beaches. **3 bedrooms, 2 baths \$172,000** 



### BERKSHIRE HATHAWAY

HomeServices

Florida Network Realty
"From Cottages to Castles"





Acreage on the Ocean

Take advantage of this unique opportunity to own over 2 acres of oceanfront property situated on one of the highest dunes in Ponte Vedra Beach. North of Mickler's Landing, this 6,047 sqft home with 248ft ocean frontage is the ideal place to design your dream pasis.

5 bedrooms, 4F/3H baths \$3,425,000



The Perfect Beach Escape

Las Mirandas / Oceanfront Condo

Located between The Lodge and the Cabana Beach Club, this second-story condo gives elevated views of the beach while maintaining the unit's privacy and security. Includes a large covered balcony and ground floor

storage. 3 bedrooms & 3 bathrooms \$1,625,000

Elizabeth Hudgins, REALTOR® 904.553.2032 cell Elizabeth@ElizabethHudgins.com www.ElizabethHudgins.com



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**12 COMMUNITY NEWS**Ponte Vedra Recorder · May 7, 2020

# St. Augustine Lighthouse & Maritime Museum to reopen May 11

The St. Augustine Lighthouse & Maritime Museum will reopen for visitors on Monday, May 11, in accordance with the Phase I Guidelines set by Gov, Ron DeSantis.

The museum will open at 9 a.m. and will remain open until 6 p.m. every day, offering a reduced 10% admission price for every visitor. Annual passes, memberships and discount coupons will also be honored. Deeper discounts on tickets will remain available on the Museum's website until 9 a.m. on May 11.

In accordance with the opening guidelines, the museum's site will be open for one-way traffic only, with buildings and exhibits remaining closed and capacity limited to 25% of occupancy. Top of the tower is limited to eight people at a time.

Visitors are encouraged to wear a mask and gloves if they would like to do so, and are asked to practice safe social distancing. The museum further encourages the use of the handwashing and hand sanitizer stations located throughout the site. While the museum will be open, the staff will ensure proper precautions are taken to ensure the health and safety of visitors, volunteers and staff. Tower climbing for exercise has been indefinitely suspended, annd the children's play areas will remain closed at this time.

"The museum is eager to welcome our visitors back to the site, and we want to provide the safest environment to do so," Executive Director Kathy Fleming said. "During the closure, the site has been deep cleaned by our staff as well as many of the building surfaces repainted. We remained focused on our mission of community service and will safeguard our visitors, members, staff and volunteers, Come enjoy the open air around the St. Augustine Light Station and spend some family time together."

For discounts on tickets and more information, visit www.staugustinelighthouse.org.



Recorder file photo

### **OBITUARIES**

### **Willian Coleman**

William Coleman, otherwise known as Bill to his family and friends, died on April 26, 2020. William was a resident of Ponte Vedra Beach, Florida, since 2005. He was born on December 9, 1935, in



Scranton, Pennsylvania, before his family moved to Brooklyn, New York. William served in the U.S. Army and was a Korean War Veteran. On discharge from the Army, he received his Bachelor of Science degree from the University of Dayton, and later received a Masters in Business from NYU. William designed computer systems in the scientific, drug, chemical and electronic fields.

Bill was a devoted husband, uncle and friend. He was an avid bird watcher, a fan of the Opera and an amateur naturalist by supporting various charities.

He was predeceased by his parents, Charles and Elizabeth Coleman and his wife, Faith Weber in 1986. He is survived by his nephews, Michael and Christopher Bukosky; his niece, Jacquelynne Wilhelm; and sister-in-law, Hope Weber.

Bill spent 35 years as a volunteer fireman and 7 years as a seeing eye dog walker in Morris Township, New Jersey. After relocating to Florida, Bill was a volunteer with the Guana Reserve Turtle Patrol.

The family plans to hold a Memorial Service at a future date.

Please visit the online Tribute at www.

quinn-shalz.com. Arrangements by Quinn-Shalz Family Funeral Home.



#### Otto Joseph Heil

Otto Joseph Heil, age 71, a 35 year Ponte Vedra resident passed away on Thursday, April 23, 2020. Otto was born August 10, 1948 in New York City to Martha and Otto Heil. He graduated from Xavier High School and the University of Scranton. He was very proud to have run in two New York City marathons.



Otto Joseph Heil

Otto worked in banking and financial services until his retirement in Jacksonville, Florida. He loved all sports, but Major League Baseball was his passion. He travelled around the country with the

goal of watching a MLB game in every

Otto's parents immigrated to America from Czechoslovakia and a few years ago he was able to visit the country of his heritage. Otto's other great loves were his rescue dog Max, who died 3 years ago, and his friends. He made friends all over the world and in this country. He is mourned by everyone who knew him as the kind, generous, smart, funny, gentleman that he was.

Donations can be made in his name to Xavier High School, 30 West 16th St, NY, NY or to Jacksonville Humane Society 8464, Beach Blvd., Jacksonville 32216. Condolences can be left at www.stjohnsfamilyfuneralhome.com St. Johns Family Funeral Home is in charge of arrangements.

### **Louise Schaffer Johnson**

It is with great sadness that the family of Louise Schaffer Johnson announces her sudden passing on Sunday, April 19, 2020, at the age of 59.

Louise will be lovingly remembered



Louise Schaffer Johnson

by her mother, Geraldine; children, Chad (Rachel), and Cricket (Philip); she will also be fondly remembered by her three grandchildren, Hudson, Hadley Grace, and Hanes; sister, Michele

(Nicky); brother, Arthur (Beverly); and sister-in-law, Miren. Louise was predeceased by her father, Charles J. Schaffer.

Louise was born in Philadelphia, Pennsylvania, and spent most her life Cherry Hill, New Jersey. She attended Chestnut Hill College and Ohio Wesleyan University. Louise had made a successful career for herself in the corporate world at Blue Cross Blue shield until she decided to follow her passion for gardening in landscape design. She was a true artist when it came to flowers and was the finishing touch that made a house a home for her many customers turned friends.

Louise will be remembered for her kind heart, love of her family and infectious

In lieu of flowers, please make a donation in her honor to The Garden Club of Jacksonville.

### **Kenneth Michael Cottingham**

Kenneth Michael Cottingham, Jr., 51, of Ponte Vedra Beach, Florida, died April 28, 2020. Arrangements by Quinn-Shalz Family Funeral Home & Cremation Centre. www.quinn-shalz.com (904) 249-1100.



### Some ways to make Mother's Day special

Each and every day a new woman becomes a mother for the first time or all over again. Being a mother changes a person's life in dramatic ways.

Mother's Day is a great time of year to honor mothers and attempt to give back just a portion of the tireless love and devotion moms offer their children. Some children provide large gestures, while others feel it's the little things that can help a mom to feel appreciated. For those needing a little inspiration on treating their mothers in special ways, consider these ideas.

- Make mom a breakfast in bed with her favorite morning treats.
- Enjoy a movie at home with mom. Let her pick the flick and share her favorite film with you.
- Agree to not bicker for the entire day, especially if you are prone to getting into arguments with siblings.
- Put together a collage of photos from moments you have shared with mom or your family.
- Cook a meal together and learn about everyone's favorite recipes or the family history.



Photo provided by metrocreativeconnection.com

- Give her a locket with your photo inside and have a duplicate you can wear containing her photo.
- Customize a coffee mug, tote bag or a blanket with a meaningful sentiment or photo.

SPECIAL continues on Page 14





### DIAMOND SOLITAIRE NECKLACES, EAR STUDS & PENDANTS SAVE 15%





For a limited time our entire selection of regular Underwood quality diamond ear studs and pendants has been reduced 15%.

### EAR STUDS SAVINGS EXAMPLES

|            | Reg.       | Sale       |
|------------|------------|------------|
| 1/4 carat* | \$ 395.00  | \$ 335.75  |
| ½ carat*   | \$ 925.00  | \$ 786.25  |
| 1 carat*   | \$ 3150.00 | \$ 2677.50 |

### PENDANT SAVINGS EXAMPLES

(Includes 14 karat rope chains)

| 100000000  |            |            |
|------------|------------|------------|
|            | Reg.       | Sale       |
| 1/4 carat* | \$ 500.00  | \$ 425.00  |
| ½ carat*   | \$ 1695.00 | \$ 1440.75 |
| 3/4 carat* | \$ 3300.00 | \$ 2805.00 |

- \*Total weight may vary by 5%.
- Interest Free Terms Available.
- Trade-Ins Accepted.

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www.underwoodjewelers.com

14 MOTHER'S DAY Ponte Vedra Recorder · May 7, 2020



The idea of creating a Mother's Day was first proposed by American poet and activist Julia Ward, who in 1870 wrote the Mother's Day Proclamation as a call to unite mothers against losing children to war. The concept of Mother's Day gained renewed traction in 1908, when Anna Jarvis began campaigning to create a day honoring mothers and peace. Within a few years, many U.S. states and Canadian provinces were observing Mother's Day on the second Sunday in May. **American** President Woodrow Wilson proclaimed it an official U.S. holiday on May 8, 1914,

and today Mother's Day is celebrated in dozens of countries around the world.

of U.S. women ages 40 to 44 are mothers

42% of adults will dine at a restaurant or order takeout on Mother's Day, \$23.1 billion Total U.S. Mother's Day Spending the busiest day of the

\$180 average spending per person

year for U.S. restaurants

National Restaurant Association 2018 National Retail Federation 2018

Top 5 **Mother's Day Gifts**  **Flowers** 

**55%** 

of shoppers purchase

**Outings & Dining** 

45%

Gift Cards

Jewelry

Clothing

**77%** 

of Mother's Day shoppers will purchase a greeting card

National Retail Federation 2018

of mothers are solo parents

of moms with children under 18 are in the labor force

Pew Research Center 2018



### Carnation

The official flower of Mother's Day

Anna Jarvis handed out carnations, her own mother's favorite flower, to churchgoers in the early years celebrating Mother's Day.

### **Special**

■ Treat mom to a day off from her chores. Tackle all of the jobs she normally does for the family.

■ Bake a delicious dessert that mom

will absolutely devour.

■ Pamper mom with a gift card for her favorite nail salon or massage therapy

■ Prepare a jar of mom's favorite candies wrapped in pieces of paper that have loving sentiments written on them.

■ Compile a playlist of songs and artists

mom prefers and download them to her

■ Begin a charm bracelet tradition by purchasing a charm bracelet and a new charm each year that represents a meaningful memory you both shared.

■ Write a new email each day with an inspirational quote or special words of

love for mom.

■ Tackle a task that she may not want to do herself, such as washing the exterior of her car and vacuuming the interior.

Mother's Day gift ideas should come from the heart and can show mothers near and far how much they are appreciated and loved.

Ponte Vedra Recorder · May 7, 2020 MOTHER'S DAY 15

# Newborns celebrated behind closed doors

COVID-19 crisis prompts change as moms, families welcome new additions

#### **By Amber Lake**

Seeing one pale and freshly wide-eyed human working to discover all the undiscovered colors, smells and soft touches of eager family fingers should have been the post-delivery experience of new mom Kristen Howell. Rather than being surrounded by blue balloons and cards etched with "Congrats!," she was encircled by a cluster of nurses clad in gowns and N95 masks, waiting 70 minutes post delivery to exit so as to not create the transference of air pressure released into the hallway by opening the door.

As it turns out, 70 minutes is the timeline determined to kill any airborne molecules caused by excessive breathing while in labor. Coincidentally, it's also the length of time necessary to become rather awkward.

Now an earmarked memory captured in time, it lightly grates against the hypothetical landmarks collaged from hundreds of movies, commercials and television shows. Counterfeit milestones, maybe. However, it doesn't take away the fact that they feel, well, deserved.

If Hallmark doesn't make a card for disappointing goal posts - it should. Due to the gestation period of certain life events, it's not like you can just easily get a "do over." At least that how Howell feels, although she still strongly advocates for the safety of her newborn, Calvin.

"My mom and my sister were supposed to come down from Wisconsin," Howell

said. "Who knows when they'll even be able to see the baby. [My husband's] parents have not held Calvin, they stay six feet away. No one has held him or touched him besides me and [my husband]."

While isolating is painful during a pivotal moment in her life, she'd still much rather be safe rather than sorry.

"If I were to contract something or if Calvin did, I'd never be able to forgive myself," Howell said. "I take the precaution now ... even though it sucks, big time."

Jessica Cahill, a BSM certified nurse at Health Park in Fort Myers said that hospitals are taking the virus very seriously in the maternity ward. While many are nervous about contracting COVID-19, she says it's still safer there then at home.

"Despite what people are thinking about with the virus, it is still safer to deliver at the hospital than at home," Cahill said. "You never know what outcome could happen."

For her patients, Cahill said that the vast majority are welcoming of the new guidelines, with some ironically feeling "less pressure" with only being allowed one individual in the room for the birth, instead of the whole family.

Ponte Vedra local, Megan Stinchcomb, is due July 9 for her first child.

"I didn't get pregnant for the purpose of having a baby shower, but yeah, I did think it would be fun," Stinchcomb said. "Even without the coronavirus, your social life changes a lot and I was anticipating it. It's been disappointing, but at the same time, you know, people are dying. People are losing their jobs. There is a lot more at stake."

Twelve packs of diapers aside, Stinchcomb said she really would just like to experience the "rite of passage" the same



Photo provided by Kristen Howe

New mom Kristen Howell with son, Calvin, born April 11.

way her friends and family did. That is, with her friends and family.

"At the end of the day what is most important to me is having a healthy baby and

this coronavirus will pass," Stinchcomb said. "In the grand scheme of things, the virus is a temporary interruption and I get to be a parent for the rest of my life."

### Assisted living communities prepare for Mother's Day visits, quarantine-style

#### By Daniela Toporek

While the COVID-19 pandemic still has most areas in isolation, assisted living centers across St. Johns County are preparing for their Mother's Day celebrations, honoring residents and their families, quarantine-style.

"Residents are fine," said Marylee Lewis, Life Enrichment Director at The Palms at Ponte Vedra. "But it's been hard on the families. We got through Easter. Now we have Mother's Day, and with most residents being in their 90's,it's going to be hard because they need to see their family."

Lewis mentioned that although medical procedures are crucial to follow for both residents and staff, socializing is also needed to stay healthy, both physically and mentally

But according to Lewis, each task to ac-

complish both aspects has felt like 10 extra steps have been added to them, which has put weight on some of the staff, but residents and their families have been more than patient.

"I spend my whole day counseling on the phones, emails and text messages," she said. "Our families are so loving and kind. They sometimes send employees food or send wonderful cards."

At Vicar's Landing, employees are making and sending out the cards, according to the director of health services Kendall Bryan.

"All group activities were canceled, of course, but the activity staff has been doing a great job to prevent the feeling of isolation. We're doing one-on-one visits, we're making corsages and gift bags, we're working to coordinate Zoom and Facetime meets and making Mother's Day cards."

Starting Wednesday, the Starling at Nocatee is hosting "beauty week" for their guests, to get ready for Sunday.

"Since we can't have stylists come in, we're helping them get their hair washed and nails done in-house," said Isabelle Miranda, the Starling's executive director.

Starling residents will also star in a sentimental video created for their family members. The video, shot by videographer Sean Coleman, is a response to a previous video Coleman filmed for his mother who lives in the Starling community.

Warming the hearts of residents and staff, the first video went viral and was featured on First Coast News.

"We're taking the same idea and we're sending the love back out," Miranda said.

Residents will be filmed decorating the facility, writing signs to post on the windows and making cards for loved ones, according to Miranda and Coleman.

"They asked if I could help them with the video and I said I'd love to," Coleman said. "I know a lot folks that live there. My mom lived in the Assisted Living area first and they're such sweet people."

"We're thinking of making time slots for families on Saturday and Sunday and the director [Coleman] will videotape it all," Miranda added.

While the staff members of these communities wish they could do more to reunite their residents with their families, they are staying positive and already planning for future celebrations.

"Our spirits are high and we're holding up well," Bryan said about the Vicar's Landing community. "When all this is over, I'm sure we'll have a second celebration where everyone can celebrate together." Ponte Vedra Recorder · May 7, 2020

### **Important Facts About DOVATO**

This is only a brief summary of important information about DOVATO and does not replace talking to your healthcare provider about your condition and treatment.

What is the Most Important Information I Should Know about DOVATO?

If you have both human immunodeficiency virus-1 (HIV-1) and hepatitis B virus (HBV) infection, DOVATO can cause serious side effects, including:

- Resistant HBV infection. Your healthcare provider will test you for HBV infection before you start treatment with DOVATO. If you have HIV-1 and hepatitis B, the hepatitis B virus can change (mutate) during your treatment with DOVATO and become harder to treat (resistant). It is not known if DOVATO is safe and effective in people who have HIV-1 and HBV infection.
- Worsening of HBV infection. If you have HIV-1 and HBV infection, your HBV
  may get worse (flare-up) if you stop taking DOVATO. A "flare-up" is when your HBV
  infection suddenly returns in a worse way than before. Worsening liver disease can
  be serious and may lead to death.
  - Do not run out of DOVATO. Refill your prescription or talk to your healthcare provider before your DOVATO is all gone.
  - Do not stop DOVATO without first talking to your healthcare provider. If you stop taking DOVATO, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your liver.

#### What is DOVATO?

DOVATO is a prescription medicine that is used without other antiretroviral medicines to treat HIV-1 infection in adults who have not received antiretroviral medicines in the past, **and** without known resistance to the medicines dolutegravir or lamivudine. HIV-1 is the virus that causes Acquired Immune Deficiency Syndrome (AIDS). It is not known if DOVATO is safe and effective in children.

#### Who should not take DOVATO?

### Do Not Take DOVATO if You:

- have ever had an allergic reaction to a medicine that contains dolutegravir or lamivudine.
- take dofetilide.

### What should I tell my healthcare provider before using DOVATO?

Tell your healthcare provider about all of your medical conditions, including if you:

- have or have had liver problems, including hepatitis B or C infection.
- · have kidney problems.
- are pregnant or plan to become pregnant. One of the medicines in DOVATO (dolutegravir) may harm your unborn baby.
  - Your healthcare provider may prescribe a different medicine than DOVATO if you are planning to become pregnant or if pregnancy is confirmed in the first 12 weeks of pregnancy.
  - If you can become pregnant, your healthcare provider will perform a pregnancy test before you start treatment with DOVATO.
  - If you can become pregnant, you should consistently use effective birth control (contraception) during treatment with DOVATO.
  - Tell your healthcare provider right away if you are planning to become pregnant, you become pregnant, or think you may be pregnant during treatment with DOVATO.

Tell your healthcare provider about all of your medical conditions, including if you: (cont'd)

- are breastfeeding or plan to breastfeed. Do not breastfeed if you take DOVATO.
  - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
- One of the medicines in DOVATO (lamivudine) passes into your breastmilk.
- Talk with your healthcare provider about the best way to feed your baby.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Some medicines interact with DOVATO. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

- You can ask your healthcare provider or pharmacist for a list of medicines that interact with DOVATO.
- Do not start taking a new medicine without telling your healthcare provider. Your healthcare provider can tell you if it is safe to take DOVATO with other medicines.

#### What are Possible Side Effects of DOVATO?

DOVATO can cause serious side effects, including:

- Those in the "What is the Most Important Information I Should Know about DOVATO?" section.
- Allergic reactions. Call your healthcare provider right away if you develop a rash with DOVATO. Stop taking DOVATO and get medical help right away if you develop a rash with any of the following signs or symptoms: fever; generally ill feeling; tiredness; muscle or joint aches; blisters or sores in mouth; blisters or peeling of the skin; redness or swelling of the eyes; swelling of the mouth, face, lips, or tongue; problems breathing.
- **Liver problems.** People with a history of hepatitis B or C virus may have an increased risk of developing new or worsening changes in certain liver tests during treatment with DOVATO. Liver problems, including liver failure, have also happened in people without a history of liver disease or other risk factors. Your healthcare provider may do blood tests to check your liver.
- **Tell your healthcare provider right away if you get any of the following signs or symptoms of liver problems:** your skin or the white part of your eyes turns yellow (jaundice); dark or "tea-colored" urine; light-colored stools (bowel movements); nausea or vomiting; loss of appetite; and/or pain, aching, or tenderness on the right side of your stomach area.
- Too much lactic acid in your blood (lactic acidosis). Lactic acidosis is a serious medical emergency that can lead to death. Tell your healthcare provider right away if you get any of the following symptoms that could be signs of lactic acidosis: feel very weak or tired; unusual (not normal) muscle pain; trouble breathing; stomach pain with nausea and vomiting; feel cold, especially in your arms and legs; feel dizzy or lightheaded; and/or a fast or irregular heartbeat.
- Lactic acidosis can also lead to severe liver problems, which can lead
  to death. Your liver may become large (hepatomegaly) and you may develop fat in
  your liver (steatosis). Tell your healthcare provider right away if you get
  any of the signs or symptoms of liver problems which are listed above
  under "Liver problems." You may be more likely to get lactic acidosis
  or severe liver problems if you are female or very overweight (obese).



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Learn more about LáDeia and DOVATO at DOVATO.com



For information on access and coverage to help you get your prescribed ViiV Healthcare medications Insured • Underinsured • Uninsured



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### HIV MEDICINE IS ONE PART OF IT.

### Reasons to ask your doctor about DOVATO:



**DOVATO** can help you reach and then stay undetectable\* with just 2 medicines in 1 pill. That means fewer medicines<sup>†</sup> in your body while taking DOVATO



You can take it any time of day with or without food (around the same time each day)—giving you flexibility

DOVATO is a once-a-day complete treatment for adults who are new to HIV-1 medicine.

Results may vary.

\*Undetectable means reducing the HIV in your blood to very low levels (less than 50 copies per mL).

<sup>†</sup>As compared with 3-drug regimens.



LáDeia<sup>‡</sup>

Living with HIV

### What are Possible Side Effects of DOVATO (cont'd)?

- Changes in your immune system (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines.
   Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time.
   Tell your healthcare provider right away if you start having new symptoms after you start taking DOVATO.
- The most common side effects of DOVATO include: headache; diarrhea; nausea; trouble sleeping; and tiredness.

These are not all the possible side effects of DOVATO. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

### **Where Can I Find More Information?**

- Talk to your healthcare provider or pharmacist.
- Go to DOVATO.com or call 1-877-844-8872, where you can also get FDA-approved labeling.

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Could DOVATO be right for you? Ask your doctor today.

18 COMMUNITY NEWS Ponte Vedra Recorder · May 7, 2020

### St. Johns County Public Libraries offer curbside service

The St. Johns County Public Library System recently announced all six branch libraries will offer curbside service for patrons who wish to place and pick up holds from the library. Curbside service is offered on Tuesday, Thursday and Saturday, from 10 a.m.-3 p.m.

"Our libraries form an integral cornerstone in the structure of our community," Library Director Debra Rhodes Gibson said. "Working with County administration, we are now able to safely begin the phasing back in of essential library services to the public."

While the actual library buildings remain closed as a result of the COVID-19 pandemic, patrons are able to select items online or call for a specific item to be placed on hold. When items are ready for pickup, patrons follow a simple and safe contact-less procedure to pick up holds with curbside service.

"Curbside service will provide safe access to the physical materials of the library system," Gibson said. "There has been no interruption of access to e-materials, and that service continues to be available as it was before we closed our buildings."

Curbside service enables patrons to once again have safe access to library materials and is in operation at all St. Johns County Public Library System

For more information on how curbside service works, visit the library website at www.sjcpls.org or visit the library's Curbside Service information page at sjcpls.org/curbside-service/.



Photo provided by metrocreativeconnection.com

### **VIRTUAL EVENTS**

Social gatherings and events may be canceled, but passion and creativity is still alive and well.

Check out these virtual events hosted by the innovative artists, musicians, chefs and members of the community who are using the magic of the internet to find unique ways to bring everyone together during times of separation.

10 a.m. – Junior Achievement of North Florida's weekly student program for high school students

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library

**1 p.m.** – Sofi Tukker live on Instagram

#### MAY 8

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library

**1 p.m.** – Taste of Persian Cuisine (Chef Aria) 1 p.m. – Sofi Tukker live on Instagram

**5:30 p.m.** – Learn from Chefs: Wok This Way with Chef Dennis Chan of Blue Bamboo

**6 p.m.** – DJ Aleks live–stream set

7:30 p.m. – Musician Cassidy Lee – Facebook and Instagram Live

**8 p.m.** – Jacksonville Symphony perfor-

**8 p.m.** – Blue Jay Listening Room's Songs from Another Room – Bobby Lee Rogers

**1 p.m.** – The Chef Show: Chef Lorenzo teaches how to make authentic Cuban

**1 p.m.** – Sofi Tukker live on Instagram

**6 p.m.** – DJ Aleks: live–stream set

**6 p.m.** – Chef's Garden Virtual Cooking Class: Cioppino (clams, mussels, Mayport shrimp, aromatic herbs, and San Marzano tomato broth, saffron, crispy leeks, rustic toast and Burrata salad)

**1 p.m.** – Sofi Tukker live on Instagram **4 p.m.** – Urban Asado's Virtual Asado on Facebook

**10 p.m.** – UFC 249 at Veterans Memorial Arena live stream

### **MAY 11**

**All Day** – Cultural Center of Ponte Vedra Beach: The Purrfect Pet Portrait with Jen-

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library

**1 p.m.** – Sofi Tukker live on Instagram

**All Day** – Cultural Center of Ponte Vedra Beach: The Purrfect Pet Portrait with Jennifer Jordan

**10 a.m.** – Junior Achievement of North Florida's weekly student program for elementary school students

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library

**1 p.m.** – Sofi Tukker live on Instagram

**All Day** – Cultural Center of Ponte Vedra Beach: The Purrfect Pet Portrait with Jen-

10 a.m. – Junior Achievement of North Florida's weekly student program for middle school students

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library

**1 p.m.** – Sofi Tukker live on Instagram 5:30 p.m. – Learn From Chefs: Chicken & Dumplings with Chef Kenny Gilbert

**6 p.m.** – Chef's Garden Virtual Cooking Class: Let's Roll With It (Sushi making)

**All Day** – Cultural Center of Ponte Vedra Beach: The Purrfect Pet Portrait with Jennifer Jordan

**10 a.m.** – Junior Achievement of North Florida's weekly student program for high school students

**11 a.m.** – Virtual Storytime with the St. Johns County Public Library.

**1 p.m.** – Sofi Tukker live on Instagram

■ Yoga Den will live stream online yoga classes every day this week for \$10. For the full schedule and more information, visit www.yoga-den.com/fleming-islandschedule and select, "All Locations."

- EDM group Sofi Tukker host daily live stream DJ sets on Instagram at 1 p.m. to help those at home get out of their seats for a 30-minute dance party. For more information, follow their official Instagram, @SofiTukker.
- The St. Johns County Public Library will host virtual storytimes at 11 a.m., Monday through Friday, on Facebook Live, featuring librarians reading stories from the library's collection. The storytimes last approximately 30 minutes and are recorded and posted on the Library's Facebook page for those who miss the live showing. For more information or to watch the livestream, visit www.facebook.com/sjcpls.
- Jacksonville's DJ Aleks will live stream sessions, Fridays and Saturdays, at 6 p.m. through his official Facebook page, @ DjAlekz. For questions or more information, call (904) 463-8763.
- Cuba Libre Bar's Chef Lorenzo will host live cooking classes on Fridays at 1 p.m., teaching how to cook authentic Cuban cuisine on Facebook live on the Cuba Libre Bar official Facebook page, www.facebook. com/danceclubjacksonville.
- Junior Achievement of North Florida is offering weekly programs live on Instagram, where program coordinators or virtual volunteers will be teaching JA courses live. Parents and students can follow JA of North Florida's Instagram page at @janorthflorida to take part in the lessons. The lessons will be held each Tuesday, Wednesday and Thursday at 10 a.m. Tuesday programs will be for elementary age students, Wednesday programs will be for middle school students and Thursday programs will be high school students. Each lesson will be approximately 30 minutes, with the live recordings saved for review on JA's official Facebook page at www. Facebook.com/JAofNorthFlorida.

They will also be posted on the JA of North Florida website at www.janfl.org.

■ The Jacksonville Symphony has joined multiple international orchestras in broadcasting music to help raise the spirits of the community during this time. Join in for a new broadcast, Fridays at 8 p.m., on the Jax Symphony official Facebook and You-Tube pages, or through its official website at www.jaxsymphony.org/live/.

- Learn From Chefs is a chance to support local chefs and Jax Restaurant Reviews while during social distancing while learning to cook incredible food all while safely social distancing. Each virtual class includes a recipe card for each course to keep, a 2-hour live web meeting to follow along with the chef and access to purchase ingredients from a local grocer and have them delivered (not applicable to all classes). To register or for more information, visit www.learnfromchefs.com
- To celebrate Star Wars Day, the trivia party is back at Trivia To Go with a special quarantine edition, May 4, at 5: 30 p.m., through Zoom. Tickets are \$10 per team. To play or for more information, visit www. trivia-togo.com/yoda
- Chef's Garden Catering & Events offers weekly virtual cooking classes throughout the COVID-19 quarantine to keep social distance while staying emotionally connected. New classes are added weekly. For more information, visit www.cateringjacksonville.com.
- To connect with friends, St. Augustine's Urban Asado will host "Virtual Asados" to feature local businesses. The online events feature a variety of specially-prepared "Asado Kits" for preorder to follow along. Chefs will offer grilling tips and local bartenders will provide special cocktail kits for viewers. Not available to grill? Still stop by the Virtual Asado and say hello. For more information, visit www.UrbanAsado.com.
- Director of Community Connections at the Cultural Center at Ponte Vedra Beach, Jennifer Jordan, holds a degree in Advertising Photography from Rochester Institute of Technology – one of the top photography programs in the United States. Her photography career has taken her from working at newspapers, weddings, animals, museums, the Pennsylvania State Legislature and more. She previously owned a pet-sitting business and took pet portraits for her clients. Now, she wants to share some tips with her photography class, The Purrrfect Pet Portrait, hosted from May 11 through May 15. Class is \$25 for members and \$30 for nonmembers. To register or for more information, visit www. ccpvb.org/arts-programs/adult-arts-proarams.

Ponte Vedra Recorder · May 7, 2020

# CONGRATULATIONS to the 2020 Preschool Class





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**20** BUSINESS WEEKLY Ponte Vedra Recorder · May 7, 2020

# Business Hursday, MAY 7, 2020 Business August 1988 Business Augu

Hilton Garden Inn - Ponte Vedra, THE PLAYERS show gratitude for health care workers

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1711.

Kristen Dougherty, of Donovan's Irish Pub, stands in front of the restaurant. Local businesses have begun Phase I of the state's reopening plan.

# Sales, optimism come with Phase I of state's reopening plan

**By Don Coble** 

When Diana Edwards closed the doors at her Lemon Twist Boutique in March, it was in response to the growing concern of COVID-19 that quickly became a business decision that created a lot of stress and concern.

Now that many restrictions have been lifted, Edwards now realizes the struggles and uncertainty of the past six weeks were more about relationships than a bottom line.

"It was more than selling dresses," she said. "That's what I learned. You learn a lot about your customers; your customers learn about you. You get a different perspective of what's important."

Business is open for many businesses along the First Coast. Restaurants were allowed to reopen 25% of their dining rooms and no longer have to rely solely on to-go and deliveries. Retail stores could open the doors as long as they limit the number of customers to assure everyone is maintaining social distancing.

The gates at beaches and parks have been unlocked. Some employees now are allowed to leave the solitude of their medical sequesters to return to the workplace.

**BUSINESSES** continues on **Page 25** 

### A message from St. Johns Chamber Chairman



Mark Nighbor Guest Columnist

St. Johns County residents:

Over the last several weeks most of us have had to change or modify the way we do business on a daily basis. Unfortunately for some, that has meant temporarily shutting down your business and making difficult choices as it relates to your employees. The terms "essential" and "non-essential" have become a regular part of our vocabulary when discussing businesses and workers. However, when you own or operate a business and you, your em-

ployees and their families depend on that business to make a living, there is no such thing as "nonessential."

We have been encouraged by many of our Chamber members who have stepped up and helped other businesses by sharing their knowledge and expertise through a virtual communications platform we have implemented.

NIGHBOR continues on Page 21

### R.I.P. Mr. Bull (2009-2020) So, now what?



**Harry Pappas** Columnist

We all knew this day would come, the demise of our bull market. However, did any of us ever imagine that it would take a virus to kill the euphoria?

Additionally, did we ever imagine that the decline would happen so swiftly?

This rapid drop underscores the notion that the stock market takes an escalator up and an elevator down. Nevertheless, Mr. Market humbled us again.

Before we move on to the gist of this narrative, I suggest that it is only proper for us to bow our heads in respect and awe, for the longest bull-market run in history. Okay, enough of the condolences, now what do we do? We are in a bear market (20% drop from the peak)!

For starters, let's take a stroll down memory lane to visit other bear markets to help us put the current one in some perspective. Thanks to a remarkably insightful and easy to understand March 17, 2020 column in the USA Today, I was able to get most of my questions answered, so that I could share with you. The article cited a research piece from S&P Dow Jones Indices.

Below are some of the important points about how long it took the S&P 500 to finally reach bottom from its previous peak:

- The shortest bear market was in 1990 when the S&P retreated 19.9% from its high. It only took us 2.9 months to go from peak to trough.
- The most infamous bear market was in 1929 when the S&P 500 declined a mind-blowing 86.2% before it bottom 32.8 months later.
- The longest bear market was in 1937 and lasted 61.8 months. Yikes, that is over five years to finally hit bottom.
- The most recent bear market was in 2007 when the S&P 500 dropped 56.8% from its high and it lasted 17 months from peak to trough.

PAPPAS continues on Page 23

Ponte Vedra Recorder · May 7, 2020

BUSINESS WEEKLY 21



Photo provided by Mary Irene Jencen, Business Development Manager at Princess Cruises & Cunard Line

### Cruising past COVID-19 pandemic

Cruise industry looks to save face following coronavirus fears

### **By Amber Lake**

Amid the scrutiny and devastation of COVID-19's effect on the travel trade, one industry has kept the attention of a persistent and wary eye – cruise lines.

Recently, the U.S. House Committee on Transportation and Infrastructure announced an investigation into Carnival Corporation's handling of the COVID-19 pandemic after a slew of outbreaks on board resulted in nearly 60 deaths, according to a Miami Herald investigation.

Cruising is "big industry" in the state, generating 11.5 million passenger and crew visits and representing nearly half (48%) of all passenger and crew visits in the U.S., according to Cruise Lines International Association. North Florida, in particular, makes an attractive location for ships because it is centrally positioned within a short driving distance for passengers throughout the Southeast.

Dorothy Flannery, a travel agent with Cruise Planner's Top Sail Journeys, said that the amount of attention paid to cruising during CO- VID-19 was grossly inflated.

"These quasi-scientific terms [the media] use like 'incubators' or 'petri' dishes for cruise ships make me shudder," Flannery said. "When anything happens on a cruise ship it splashes across the headlines, unlike if it happens in a hotel or otherwise."

Prior to COVID-19, the industry has seen coverage of norovirus outbreaks on ships.

"There have been a lot of allusions to cruises where you hear outrageous stories of a ship being stricken," Flannery said. "It actually happens frequently in schools and office buildings. It happens constantly and you never hear about it."

Whether or not cruise ships are inherently high-risk settings for pathogens remains open to debate. Many consider COVID-19's high transmutability and danger for older individuals makes the industry exceptionally vulnerable.

Flannery said she starting handling "panicked" travelers as early as January. When cruises started canceling sailings at the end of February, future passengers were taking less than 50% of their money back in an attempt to cut their losses. After a 100-day presidential extension of "no cruising," the earliest sailings are now set for August, according to a recent release from Carnival.

Jacksonville's Jaxport, which handles cargo in addition to serving as the homeport for the 2,056-passenger Carnival Ecstasy, said although it's regular cruise ships have vacated, some may be returning as early as this week.

For those that waited until after their departure dates were canceled, they have received an option of a 125% credit for any future cruises. Cruises that are currently being booked by the minute, according to Flannery.

"[The] 2021 demand is high," she said. "[About] 95% have opted for the future cruise credit."

For those who have booked, the future of cruising may look significantly different than it had in the past. For one, many cruises are requiring a doctor's note from anyone 70 and older saying they are medically fit to sail.

"It's going to come back slowly, responsibly and scientifically," Flannery said. "There are new protocols put in place. There is going to be a higher level of passenger screening before they come on board. The onboard crew is being trained to be on the lookout for signs of illness in passengers and to report that to medical staff. Cruise lines take this very seriously, they have one chance to get it right because of the hyper awareness that the media puts on them."

### Nighbor

Continued from 20

In the coming days and weeks as our county and region begin to reopen its economy, the Chamber will continue to do our part by providing valuable information to assist our members and our business community move into the next phase in what has been a very challenging time in our history.

A couple of weeks ago we shared

a video with our membership where I discussed our shared vision for our future beyond this crisis, and we remain optimistic about what that future holds. It is vital that the Chamber continues to lead the way and set our expectations high for recovery in St. Johns County. We will emerge stronger and better from what we have gone through if we adapt and evolve our businesses to the new landscape.

We stand on the edge of a new day for our county, our determination and resiliency as a community has been tested unlike never before. As we have done in the past with hurricanes and economic downturns, we have not only embraced our challenges, we have overcome them. We look forward to the many stories to come of how businesses and individuals used their resolve, their willingness to try something new, and their ingenuity to forge new possibilities for a better way forward.

Mark Nighbor, St. Johns Chamber Chairman of the Board

# The CARES Act and 2020 RMDs



**Ric Schilling**Columnist

Tucked into the gigantic "Coronavirus Aid, Relief, and Economic Security (CARES)" Act were two key changes you should know about, regarding required minimum distributions (RMDs). Both were designed to give people more control over their money and to help manage selling investments during an emergency.

One provision allows retirees to forego taking RMDs from Individual Retirement Accounts (IRA) or 401(k)-style plans this year.

The other provision allows people who have inherited 401(k)s, IRAs or Roth IRAs to suspend distributions in 2020 (while RMDs don't apply to people with Roth IRAs, they do apply to investors who inherit Roth accounts).

Let's take a look at a couple of examples.

Let's say an account holder has been taking RMDs from an inherited account for a number of years using the life-expectancy method set by the Internal Revenue Service. The account holder can forgo a distribution in 2020, and resume distributions in 2021.

Suppose an account owner passed away on Jan. 1, 2020 and left the IRA to an adult child. The new 10-year rule would start in 2021. The beneficiary would have until the end of the 10th year to withdraw the entire account.

Important note: If you have already taken a distribution from an IRA or 401(k)-style plan this year, you may be able to roll the funds back into the plan. But if you have already taken a distribution from an inherited IRA, you may not be allowed to put that money back. Keep in mind, the CARES Act is a 335-page bill, and some of the provisions are open to interpretation. Please contact your tax or legal professional to understand how it might impact your situation.

Big picture, these rule changes are meant to help Americans who may be struggling with the economic, emotional, or physical toll of COVID-19. In a tough time, these provisions of the CARES Act give account owners some flexibility that may provide some relief.

We hope you and yours are staying safe and healthy!

Frederic "Ric" Schilling is a Florida native, born in Jacksonville, Fl. Ric is President and founder of Senior Guardians of America, a local North Florida firm specializing in tax reduction, long term illness planning, asset protection, probate avoidance and life income planning. Ric is a National Speaker and Advocate on Senior Issues and has been featured by the Florida Times Union and WJXT, TV-4 in Jacksonville as an authority on Estate Planning and Retirement Issues. Senior Guardians has an A+ rating with the Better Business Bureau and is a member in excellent standing with the National Ethics Association. Ric Schilling is a Certified Financial Fiduciary (CFF). You may contact Ric at (904) 371-3302 or 888-891-3381. Please visit: www. seniorguardian.com

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**22** NATIONAL NURSES WEEK Ponte Vedra Recorder · May 7, 2020



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# Ways communities can recognize nurses

Nurses play essential roles in their communities. Nurses interact with and assist their patients in many different ways.

Nurses are the foundation of most successful social healthcare programs, and they are often the powering force behind implementing private- or government-funded universal health plans. In addition, a 2015 report in the International Journal of Community Based Nursing and Midwifery found nurses are key players in community health awareness and promoting preventative health measures.

People who recognize the impact a great nurse can have may wonder how they can honor this special person. While nursing organizations offer prestigious awards for nursing excellence, a community-based or individual recognition may be just as meaningful.

### **SCHOOL NURSES DAY**

School administration can set aside a special day each year, whether it's in May on National School Nurses Day or another time of year, to pay homage to the school nurse. Children can be urged to draw thank-you cards, and parents can chip in for a special luncheon or gift.

### **DONATE IN TRIBUTE**

Honor a special nurse by making a donation in his or her name to a charitable healthcare organization. Honorees may receive a listing on a website, notification of the tribute, official certificates of honor, or a letter of honor sent to his or her place of employment.

**NURSES** continues on **Page 24** 



Photo provided by metrocreativeconnection.com

#### **DID YOU KNOW? NURSING APPRECIATION WEEK**

May is a big month for nursing observances. The entire month is Oncology Nursing Month, when the efforts of nurses who work in cancer care are celebrated. May 6-12 is National Nurses Week, annually celebrated on or near the birthday of Florence Nightingale, the founder of modern nursing. This week is also when we celebrate International Nurses Day, which falls on May 12. Also, May 6 marks National School Nurse Day, which highlights the hardworking nurses who work in our nation's schools. May 10-16 is National Nursing Home Week, where nurses who work in nursing homes are honored as the public learns more about nursing home care and planning.

Ponte Vedra Recorder · May 7, 2020 NATIONAL NURSES WEEK 23



Photos provided by THE PGA TOUR

Representatives of Hilton Garden Inn Ponte Vedra and THE PLAYERS thank health care workers at Ascension St. Vincent's Riverside.



Health care workers at Ascension St. Vincent's Riverside are treated to meals courtesy of Mulligans Pub as a "thank you" for their dedication uring the COVID-19 crisis.

## Support 'fore' the frontline: Hilton Garden Inn Ponte Vedra, THE PLAYERS partner with Ascension St. Vincent's Foundation to thank health associates

As nurses and other health associates left Ascension St. Vincent's Riverside, following their 12-hour night shift, they were greeted with applause, 'thank you's' and breakfast, courtesy of the Hilton Garden Inn – Ponte Vedra location. With additional support from the Ascension St. Vincent's Foundation, nearly 550 on-campus representatives were fed.

The Hilton Garden Inn – Ponte Vedra is a long-standing partner and neighbor of THE PLAYERS, serving as host to hundreds of guests during the championship.

Members of THE PLAYERS volunteer leadership team — known as the Red Coats — joined this spirited rally, hosted to express gratitude to the associates battling the COVID-19 pandemic. In addition, the Red Coats distributed hand sanitizers — part of the 15,000 hand sanitizers that were scheduled to be distributed by the Ascension St. Vincent's Foundation team during THE PLAYERS but have since been distributed to associates at Ascension St. Vincent's Clay County and Southside campuses and patients at Ascension St. Vincent's CO-

VID-19 drive-through testing site.

"I can't begin to describe how much this gesture means to myself and the entire Ascension St. Vincent's team, especially during these challenging times," said Jennifer Morton, VP of Nursing, Ascension St. Vincent's Riverside. "It's so rewarding to see community partners come together to support us. Together, we will get through this"

"We have been inspired by the sacrifice and leadership of hospital workers who are devoting countless hours to fight this pandemic," said Anna Washington, Director of Sales & Marketing, Hilton Garden Inn-Ponte Vedra. "By offering a meal, we hope this simple gesture reminds the Ascension St. Vincent's team — and hospital workers everywhere — that they are so appreciated!"

THE PLAYERS' support of Ascension St. Vincent's dates back to 1994. In 2017, THE PLAYERS Championship donated a new mobile medical unit, which is continuing to serve the community during the COVID-19 pandemic.

### **Nurses**

Continued from 22

### **VOLUNTEER SERVICES**

Pitching in may be a big help to a dedicated yet overworked nurse. Volunteering at a hospital or health center can show a nurse how much he or she is appreciated.

### **OFFER GIFTS**

People who want to thank a nurse who has provided exemplary service may want to offer a gift to the nurse directly or provide something for the entire medical office or hospital floor. Catered food, flowers, gift cards, candy, or similar gifts may be appreciated.

#### **OFFER A PUBLIC THANKS**

In an era of social media posts, someone can share with the community (and the world) how a nurse impacted his or her life for the better. Thanking a nurse online can be a way to start a positive pay-it-forward movement.

Nurses work long hours for the benefit of their patients. Offering a word or gesture of thanks can mean the world to these dedicated individuals.

### **Pappas**

Continued from 20

■ The average bear market lasts 21 months.

Bear markets have fallen, on average, about 40%. As of this writing, the S&P 500 is down 12%. Regrettably, sometimes it takes a long time to recover back to the highs. For example, no climb matches that of the Great Depression, as it took about 25 years to get back to the top. Thank goodness that the return to the peak has been much shorter in other bear markets! For example, it took just six months and 28 days for the 1990 bear market to recover its loses. It took eight years for S&P 500 prices to recover after the dot-com bubble burst in 2000, which was followed by the crash of 2008, which took about six years for prices to get back to its earlier highs. On average, it takes about 3.3 years for investors to get back to where they started.

According to Yahoo Finance, another remarkable feat of the current bear market is that it goes into the history books as the fastest bear market ever. In other words, it took us just 16 trading days to drop 20% while in 1929, it took 35 days and in 1987, it was 38 days. Obviously, this downturn has been swift and sudden, but I suggest that this might be good news

akin to pulling off a Band-Aid quickly vs. slowly. Perhaps stated more simply, let's get the pain over rapidly, so we can begin working our way higher... now! For your information, The Dow Jones Industrial Average reached a record high of 29,551 points on February 12. I know that a Dow of 30,000 seems so far away, but I have a good hunch that we will get there faster than maybe many suspect. In fact, my crystal ball is telling me that this recovery will beat the fastest upturn that I mentioned with the 1990 bear market recovering in six months and 28 days! In closing, for those of you that stayed the course during this gut-wrenching retreat in stocks, I applaud you, as I know it was and still isn't easy to keep you finger off the trigger. For the few that bailed, I urge you not to wait until the waters are calm before getting back in, as the market normally hits a bottom well before the bad news stops!

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Ponte Vedra Recorder · May 7, 2020

BUSINESS WEEKLY 25

### **Businesses**

Continued from 20

"It felt like a breath of fresh air when I got to work Monday," Edwards said from her shop at Sawgrass Village shopping at Ponte Vedra Beach. "It was wonderful to see our customers. It was great to get back to work."

Gov. Ron DeSantis initiated Phase I of Florida's reopening on May 4. It was the first time in more than a month chairs and tables weren't stacked in what had become an abandoned dining room at Donovan's Irish Pus in St. Augustine.

"Fortunately, it finally worked out," said Donovan's co-owner Ethan Dougherty. "We've been waiting for the governor to give us the green light. It was everything to get back open."

Donovan's did what most restaurants did to survive – it worked with a skeletal staff to offer deliveries and take out food. He now has tables spaced a least six feet from each other and business is slowly coming back.

"Everyone will

come back at their own pace," Dougherty said. "Our customers kept us going. We were able to keep the lights on. The [to-go] business kept us going. But so was the [emotional] support we got. It was both."

Ethan's sister, co-owner Kristen Dougherty, spent Monday personally thanking everyone who finally were able to step inside the pub.

"Our customers were the only reason we made it," she said.

The next phase is expected to allow for gymnasiums, fitness centers, barber shops and salons to reopen. Restaurants also are hoping maximum seating will be expanded to 50% capacity.

Edwards said she decided to close her boutique on March 19, just a few days after THE PLAYERS was canceled after one round. DeSantis already had closed bars and nightclubs two days earlier, so she knew retail stores soon would follow. She was correct.

"It was stressful, the uncertainty of the situation was stressful," she said. "Now I'm cautiously optimistic.

"Outside of work, I have a family. Everybody has a different set of circumstances. Everyone still has some concerns. Getting the doors opened again was a big relief. It's healthy to be returning to some kind of normalcy."





### Janet E. Johnson, P.A.

Come in we'r



### Criminal Defense Attorney

Janet Johnson is committed to aggressively defending people accused in all criminal matters in state and federal court. In practice since 1994, she is a member of the Florida Bar, The Federal Bar, Colorado Bar, as well as the Florida Association of Criminal Defense Lawyers. She has been on the faculty of FACDL "Blood, Breath & Tears" annual DUI seminar. Ms. Johnson has been awarded the AV preeminent rating™ from Martindale-Hubble® and was named a fellow to the prestigious Litigation Counsel of America™, as well as one of the ten best criminal defense attorneys nationally for client satisfaction by the American Institute of Criminal Law Attorneys. She also appears as a legal commentator on CNN and HLN.

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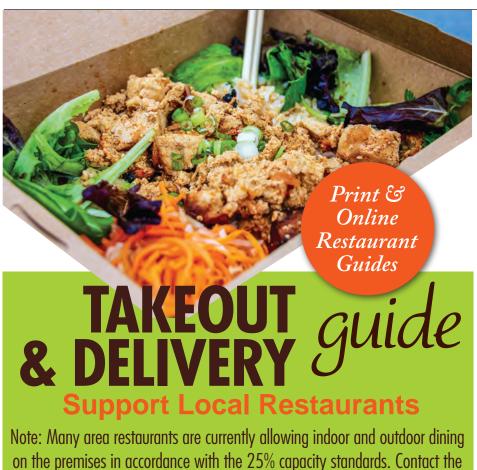
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**26** BUSINESS WEEKLY Ponte Vedra Recorder · May 7, 2020



restaurant for more information on hours and onsite dining policies.

#### Aqua Grill: 395 Front St., Ponte Vedra Beach

Aqua Grill is offering complimentary delivery by staff with 5-mile radius and \$30 min order. Curbside pick-up is available from 5-8:30 p.m.

### Barbara Jean's on the Water: 15 S. Roscoe Blvd., Ponte Vedra Beach

Barbara Jean's is currently doing takeout orders and has expanded its services for delivery in the Ponte Vedra and Palm Valley area. To place an order or inquire if your address is covered, call the restaurant at (904) 280-7522.

### Bogey Grille: 150 Valley Circle, Ponte Vedra Beach

Bogey Grille will continue to offer takeout and is partnering with Delivery Dudes for delivery. Additionally, the restaurant is now offering alcohol to go. Staff is ready to take your orders and will bring them out to your car. Call (904) 285-5524 for placing orders.

### Coastal Wine Market: 641 Crosswater Parkway Suite B, Ponte Vedra Beach

oastal Wine Market & Tasting Room in Nocatee is currently offering no-contact pickup of beer, wine and cheeseboards. Coastal Wine is offering six bottles of wine for \$120 and 12 bottles of wine for \$215. It is also offering craft beer for \$12 for a package of six and \$20 for a package of 12. A Chef's Choice cheeseboard is also available for pickup. The cheeseboard offers two gourmet cheeses plus one meat, with crackers, pepperoncinis, herbed almonds and honey, for \$25. Orders are accepted Monday through Friday from noon-2 p.m. for next-day pickup from 2-4 p.m. For more information or to place an order, call (904) 395-3520.

### JaxSpice: 311 3rd St. N. #104, Jacksoville Beach

Jaxspice located at Jax Beach is open for takeout orders. The authentic Indian restaurant is open Monday and Wednesday-Friday from 1-9:40 p.m. and Tuesday from 5-9:40 p.m. Call (904) 853-6217 to pick it up. The restaurant will also deliver at the curbside to your car., and offers delivery through Bite Squad, Diveliry Dude, Uber Eats and Door Dash.

#### Lulu's Waterfront Grille: 301 Roscoe Blvd. N., Ponte Vedra Beach

Lulu's Waterfront Grille, which serves fresh local seafood and other Southern-accented fare, is open daily from 11 a.m.-8 p.m. for delivery and curbside takeout. Call (904) 285-0139 to place order or for more information.

### McFlamingo: 880 A1A N., Suite 12, Ponte Vedra Beach

McFlamingo is offering free delivery for Ponte Vedra Beach, Nocatee and Jax Beach. Curbside pick-up is also available. To order, call (904) 834-2331. The restaurant is also offering dining al fresco.

### Memphis Jax BBQ: 10870 U.S. 1 S., Ponte Vedra Beach

Memphis Jax is open for takeout or delivery. Order online at www.memphisjaxbbq.com or call (904) 342-0078.

### Mulligans: 45 PGA TOUR Blvd., Ponte Vedra Beach

Mulligans is introducing Mix & Match Meals for two. Sandwiches are \$8, burgers are \$10 and entrées are \$12.50 each. Entrées include a side salad with dressing of choice. The deal excludes steak and family-style entrées. Order on the website for curbside pickup or delivery. The kitchen is open until 10 p.m. nightly.

#### Palm Valley Fish Camp: 299 Roscoe Blvd. N., Ponte Vedra Beach

Offering takeout, including most beer and wine. Call (904) 285-3200.

### Palm Valley Outdoors Bar & Grill: 377 S. Roscoe Blvd., #2, Ponte Vedra Beach

Palm Valley Outdoors will remain open for business, however, it is operating under food truck-type protocols. The restaurant will not have any tableside service available as of now but encourage customers to go up to counters at the inside and outside bars to order any and all food, alcohol and other beverages that will be packaged in a to-go capacity. The restaurant will still be offering dockside delivery as well as curbside delivery. Call Palm Valley Outdoors at (904) 834-7183 and orders will be brought directly to customer's vehicle or boat.

### Pieology Pizzeria: 641 Crosswater Parkway E., Ponte Vedra Beach

The pizzeria offers takeout, curbside pickup and delivery for its menu. For delivery, the restaurant encourages customers to order online at www.pieology.com/menu/custompies.

### Poppy's Italiano: 832-1 A1A N., Ponte Vedra Beach

Poppy's will be offering drive thru pick-up and delivery. Customers may inquire on the website at poppysitaliano.net or call (904) 273-7272 to place an order.

### Pussers Bar and Grille: 816 Highway, A1A N., Ponte Vedra Beach

Pussers is offering free delivery. Call ahead at (904) 280-7766 or view the takeout menu at bit. ly/33xh5Yz. Delivery provided by Uber Eats.

### Ruth's Chris Steak House: 814 A1A N., Suite 103, Ponte Vedra Beach

Now through April 5, purchase an eGift Card online worth \$100 or more and earn a 25% bonus card to use on a future visit. To purchase, visit bit.ly/33sfsKr. Additionally, the restaurant is offering takeout. Call (904) 285-0014 to place an order or to inquire about delivery options.

#### Sandwich Man Deli: 1110 A1A N., #102, Ponte Vedra Beach

The deli is currently open and doing pick-up orders only. Call (904) 285-9660 to place an order.

### Timoti's Seafood Shak: 152 Crosswater Parkway, #18, Ponte Vedra Beach

Timoti's is currently doing takeout only until further notice. Online orders can be conveniently placed on their website at www. timotis.com/order-online.

### Trasca & Co. Eatery: 880 A1A N., Suite 12, Ponte Vedra Beach

Trasca & Co Eatery is offering neighborhood pop-ups in order to bring meals to neighborhoods. Additionally, the restaurant will be offering curbside service and lunch delivery from 11:30 a.m.-1:30 p.m., dinner prepared meal delivery will be offered from 2-4 p.m. and pop-ups will be from 5:30-6:30

**RESTAURANTS** continues on **Page 27** 

### Area restaurants get creative for dining out, or in, on Mother's Day

### **By Paris Moulden**

Mother's Day is traditionally one of the biggest dining out days of the year, but given the COVID-19 situation, restaurants are coming up with different ways o celebrate mom when you can't take her out to eat.

While restaurants around the state are opening for onsite dining, the current guidelines of holding capacity to 25% and maintaining social distancing standards make handling a typical Mother's Day crowd difficult.

Local restaurants are still providing some options, though, for both dining onsite or enjoying a special meal at home — that mom doesn't have to cook.

Aqua Grille in Ponte Vedra Beach is staggering its reservation times to accomo-



Photo provided by metrocreativeconnection.com

date as many guests as possible while still maintaining proper social distancing. The restaurant will be seating indoors and outdoors, as well as offering takeout and delivery. The way Aqua Grill plans to handle the crowd is by doing two-hour seatings based

on spacing and staggering the times, said General Manager Cary Paige.

The restaurant is also offering an a la carte brunch from 11 a.m.-2 p.m. on Mother's Day and family-style meals for takeout and delivery.

"We want to hit all the avenues for people who are still cautious about going out." Paige said.

Ruth's Chris in Ponte Vedra is also offering a takeout special for Mother's Day. The restauranmt's "Mother's Day Bundle" will feature a prix fixe family bundle for four and their signature surf and turf (filet and lobster tail).

Trasca & Co Eatery is offering an extensive menu, including its fresh homemade salads, but also offers pre-orderd smoked salmon bagel platters and Caprese platters

available for Mother's Day weekend.

Alhambra Theatre & Dining may be unable to hold its popular live shows, but will hold a special Mother's Day celebration at its location. The Mother's Day lunch is from 11:30 a.m.-3:30 p.m. and features slow-roasted prime rib or Parmesan crusted salmon as the main course. There will also be a live piano performance to serenade all the moms. Alhambra is also still offering takeout.

This Mother's Day may be a lot different when it comes to dining out, but area restaurants are doing their part to make sure it's still special — and flavorful.

Note: This is not a complete list of area restaurants offering Mother's Day specials. Contact your favorite restaurant to see what it is doing for the holiday.

Ponte Vedra Recorder · May 7, 2020

BUSINESS WEEKLY 27

### Restaurants

Continued from 26

p.m. Anyone interested in hosting Trasca for a popup in their neighborhood is encouraged to call (904) 395-3989.

### Tropical Smoothie: 830 N. A1A, Suite 1, Ponte Vedra Beach

Tropical Smoothie is open for takeout. Order online or call (904) 280-4044 to place an order.

### Two Dudes Seafood Restaurant: 268 Solana Road, Ponte Vedra Beach

Call (904) 273-5595 to place an order for either pick-up or delivery. Staff will bring your food to your car or deliver for \$5 within a 5-mile radius and \$20 minimum order. Two Dudes is also currently delivering beer, wine and cocktails. Visit www.twodudesrestaurant.com for their menu. Additionally, all first responders, military and health industry professionals receive 25% off all take-out and delivery orders.

#### V Pizza Palm Valley: 154 Canal Blvd., Ponte Vedra Beach

V Pizza's curbside cocktail bar is open for

business. The restaurant is extending its "adult lemonade" stand hours to 2-8 p.m. every day. V Pizza is also selling its wine by the bottle for half off and curbside pick-up orders for menu items. Call ahead at (904) 473-5218. If you have any special requests or would like to place a cocktail order ahead of time send an email to dan@drinksidecar.com.

#### Woody's Bar-B-Q in Ponte Vedra: 226 Solana Road #1, Ponte Vedra Beach

Woody's is open for drive-thru, curbside pickup, delivery and online ordering. Visit woodys.com/locations/ponte-vedra/ to place an order or call (904) 280-1110.

#### Zoes Kitchen: 240 Highway A1A, Ponte Vedra Beach

To order pickup or delivery, go to Zoes Kitchen website or ZK app: bit.ly/33vWR1f. Zoes Kitchen closes at 8 p.m. and is also available on DoorDash.

To add your restaurant to the takeout and delivery guide, email paris@ opcfla.com and provide restaurant name, location and a brief description of services offered.









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Rosemary Garlic Panino Rolls — \$4 (½ dozen)

Bakery Platter — Mix & Match — Create your own Favs;

Scones — (Blueberry Lemon, Apple Cin or Raspberry W.Chocolate).

\$3.50 ea

Muffins — Cranberry Orange, Cinnamon Crumb. \$3.50 ea — Chocolate Chips or Cranberry Craisin Walnut. \$1.50 ea Wine or Bubbly — Chardonnay, Cabernet & Prosecco. \$10 Energy Bites —  $\frac{1}{2}$  doz. \$5

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**28** SPORTS Ponte Vedra Recorder · May 7, 2020

# Sports

Send your sports news to pvrecorder@opcfla.com

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# Korn Ferry Tour announces new restart schedule and combined 2020-21 season

Developmental tour to resume tournament play in June at TPC Sawgrass

The Korn Ferry Tour, previously known as the Web.com Tour, announced additional modifications and details regarding the restart of the 2020 schedule and a fall calendar of events that will be part of a one-time, combined 2020-21 Korn Ferry Tour season, including the Korn Ferry Challenge to be held in June at TPC Sawgrass.

C StatePoint Media

The announcement of a fall schedule comes after the PGA TOUR announced last week that, due to circumstances related to the COVID-19 pandemic and the cancelation or postponement of 13 events from the 2019-20 TOUR Season, eligibility has been extended for exempt 2019-20 PGA TOUR members for the 2020-21 season. These adjustments will result in the Korn Ferry Tour not having a graduating class in 2020; however, the TOUR has established a performance benefit for the top 10 from the Korn Ferry Tour points list following the conclusion of the 2020

Korn Ferry Tour Championship presented by United Leasing & Finance. Those players will be granted access into all PGA TOUR additional events for the 2020-21 season.

The newly created 2020-21 Korn Ferry Tour schedule that will bridge two seasons will conclude with 25 PGA TOUR cards awarded at the 2021 WinCo Foods Portland Open presented by KraftHeinz, with an additional 25 cards awarded at the conclusion of the 2021 Korn Ferry Tour Finals.

With six events completed through

the El Bosque Mexico Championship by INNOVA, the remaining 2020 schedule – subject to change – now consists of 23 events. Korn Ferry Tour events to be contested in 2021 as part of the combined 2020-21 schedule will be announced later this year.

"While we won't have the opportunity to graduate a Korn Ferry Tour Class in 2020, we feel our reimagined wraparound schedule — with newly created playing opportunities — is the best solution

**GOLF** continues on **Page 30** 



### **THEME: 21ST CENTURY**

### **ACROSS**

- A bit cracked
   Traitor's blow?
   Cause of Princess' downfall
- 12. Hawaiian tuber 13. Prospector's mother?
- motner? 14. Heavy footsteps 16. "Iliad" or "Odyssey"
- 17. Caribbean color 18. Frustration, in print
- 19. \*Proponent of colonization of Mars
- 21. Small island 22. \*Edmond Halley's apparition, 2061-2062
- 23. Expression of disgust or recoil 24. \*2007 "Invention of the Year"
- 27. Give satisfaction 31. Neither a win nor
- 32. Having no cour-
- age 35. Medicinal houseplant
- 36. Dodge, as in a tax bill
- 38. Take the gold 39. Anti-seniors sentiment
- 40. Immigrate
  41. Rold and with
- 41. Bold and without shame
- 43. Take illegal drugs 44. Adverb of steep 46. Tower of London guard
- 48. \*Legalized in many states

- 49. Cambodian monetary unit, pl.
- 51. Gift toppers
  53. \*Major spring
  2020 occurance
- 56. \*23andMe unit 57. Baron Munchhau-
- sen, e.g.
- 58. Original thought 60. Not yes or no
- 60. Not yes or no 61. Nobel Peace Prize
- home 62. Long forearm bone
- 63. Formal wear, colloquially speaking 64. \*Review service 65. \*Walter White's

#### **DOWN**

concoction

- Polished off
   Mock or make fun
- of playfully
  3. Seed covering
  4. Late Baroque
- 5. \*Harvey Weinstein's new home, slangily 6. Part of chef's
- uniform 7. Sunbaked, archaically speaking
- 8. Bird's groomer9. Opposite of knit10. Competitive
- advantage 11. Combustion
- product 14. Boreal forest, in Russia
- 15. \*Number sign turned metadata tag 20. Time being

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  Fill in the blank squares in the grid, making sure that every
  row, column and 3-by-3 box includes all digits 1 through 9.
- 24. Agenda entries
  25. Turning point
  26. Launch or throw
  27. \*Millennials' followers, for short
  28. One hipbone
  29. "Madagascar"
  50. \*Site of Abdrabbuh Mansur Hadi/
  52.
- predator
  30. \*Site of Abdrabbuh Mansur Hadi/ Houthi conflict
  33. Best-laid plans often go \_\_\_\_
  34. Roman road
  37. \*Sites with no

easy access

39 Anoint

23. Coffin alternative

acronym name 42. Ophthalmologist's prescription quantity 45. Wild West group 47 Os 49. Pay hike 50. All told 51. One of the Bridaes 52. December stone 53. Clever tactic 54. Opposite of busy 55. Copper coin 56. Greenwich-related acronym 59. Expression of pleasure

41. Sandwich with

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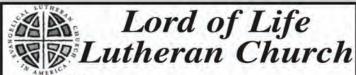
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Photo provided by PGA TOUR

Professional golf is expected to resume at THE PLAYERS Valley Course at TPC Sawgrass in June with the Korn Ferry Challenge.

### Golf

Continued from 28

to our season that has been disrupted by the COVID-19 crisis," Korn Ferry Tour President Alex Baldwin said. "We greatly appreciate the support of our tournaments, title sponsors and Player Advisory Council in getting to this point. As we've said on several occasions, we will resume play only when it is deemed safe to do so by leading health authorities and government agencies and our tournaments do not negatively impact the critical efforts in the healthcare world and our communities."

The restart to the 2020 Korn Ferry Tour season will begin as previously announced with the Korn Ferry Challenge June 8-14 at TPC Sawgrass in Ponte Vedra Beach. The event will now be followed by a second event in Northeast Florida on June 15-20 at The King & Bear Course at World Golf Village in St. Augustine. This new tournament takes the place of the Wichita Open Supporting

Wichita's Youth, which will move to one of the newly created fall dates.

"As we look toward a return to golf, the health and safety of everyone associated with the Korn Ferry Tour and our communities will remain our No. 1 priority," said Baldwin. "With the impact sustained thus far to our 2020 schedule, it was imperative that we strive to create new playing opportunities for our membership, including these four events that were not on our original schedule."

The Korn Ferry Tour will resume play with at least the first four events closed to the general public while continuing to monitor the COVID-19 situation and follow the recommendations of local and state authorities in order to determine the most appropriate on-site access in each market. Decisions on fan attendance at all events thereafter will be dependent on available protocols that could be implemented to ensure the health and wellbeing for all involved.

For more information on the Korn Ferry Tour, visit PGATOUR.com.



### Recorder entertainment EXTRA!

Found with the sports information on page 19



Look for this special Entertainment Guide inserted into the Ponte Vedra Recorder every week.

Ponte Vedra Recorder · May 7, 2020

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