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January 26 - February 1, 2023



Max Thieriot's 'Fire Country' gets an extra showcase

Max Thieriot stars in a special airing of "Fire Country" Sunday on CBS.

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cover story
BY JAY BOBBIN



Max Thieriot stars in a special airing of "Fire Country" Sunday on CBS.

CBS gives 'Fire Country' a special post-football airing

Football-championship season can mean good news for certain series.

Networks often decide to give extra postgame airings to shows they want to boost ... and on Sunday, Jan. 29, CBS' "Fire Country" receives such treatment, as the Max Thieriot-starring drama gets a showcase outside its usual Friday slot, following the AFC Championship contest. In the new story, a plane crash sparks a blaze that Bode Donovan (Thieriot) and other firefighting volunteers among Northern California prison inmates unite to battle.

Thieriot recently ended his connection to "SEAL Team" with the death of his character on that show, now seen on Paramount+, so he's now exclusive to "Fire Country" – something that could have been foreseen, since he's also a creator and executive producer of the latter series. He claimed at the start of the television season that he had the energy to keep doing both programs, but his larger commitment clearly was to the latter one.

Having based "Fire Country" (which already has been renewed for a second season) on his own experiences growing up in the Sonoma County region that the show concerns, Thieriot reflects, "I'd say the stuff that's kind of most memorable right now is the stuff that's really occurred in the past few years ... obviously, a large portion of the Santa Rosa being destroyed, Coffey Park and all those neighborhoods, all the lives

that were tragically lost. It was a really, really devastating fire, so I think that one probably has the biggest impact on me emotionally."

Additional "Fire Country" stars include Diane Farr, Billy Burke, Jordan Calloway, Kevin Alejandro (who also directed a recent episode), Jules Latimer, Stephanie Arcila and W. Tre Davis. For viewers who may not have seen the show yet – one aim of the after-football scheduling being to draw more viewers to it – executive producer Tony Phelan says they shouldn't worry about not being able to get up to speed quickly.

"We conceived of it as having some serialized elements," he allows, "but I think it will be easy for the audience to come in if they if they have missed some episodes. There are obviously fire events, rescue events. Our firefighters battle wildfires from the Oregon border all the way down to Mexico. They also do water rescue; there's all sorts of stories to tell. And we've got quite a few mysteries at the center of our town."

Thieriot confirms that giving the fictional characters of "Fire Country" is fulfilling his goal to give their real-life counterparts weekly TV attention. "They do these amazing incredible heroic rescues," he notes, "and they're constantly saving the world (within their immediate area), but I think they're just also really kindhearted people. That's something that's important in the world today in general."

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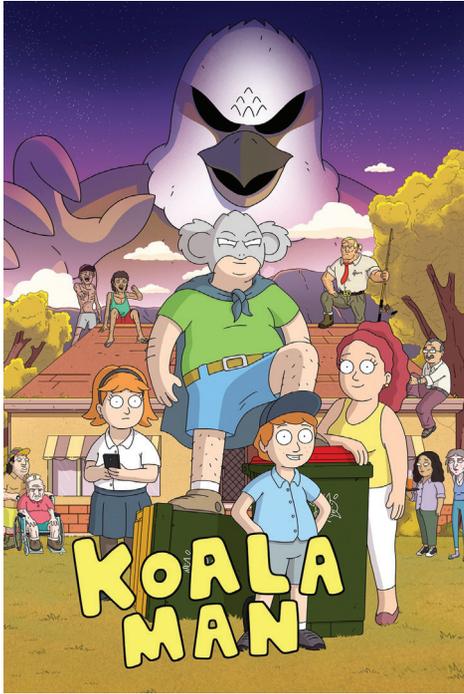
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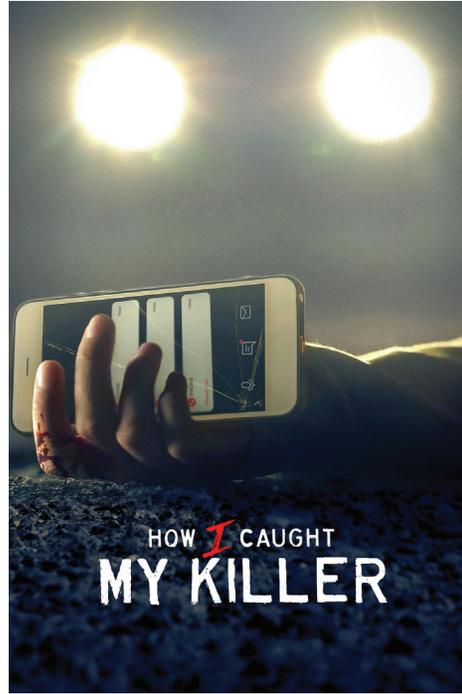
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What's Available NOW On **hulu**



“Koala Man”

From downunder comes this animated comedy about a family man whose only superpowers are following the rules and snuffing out petty crime in his suburban Australia community. But when cosmic and man-made evils rear their ugly heads, he's ready to swat them down. Hugh Jackman, Michael Cusack (the series' creator), Sarah Snook, Jemaine Clement and Demi Lardner head the voice cast. (ORIGINAL)



“How I Caught My Killer”

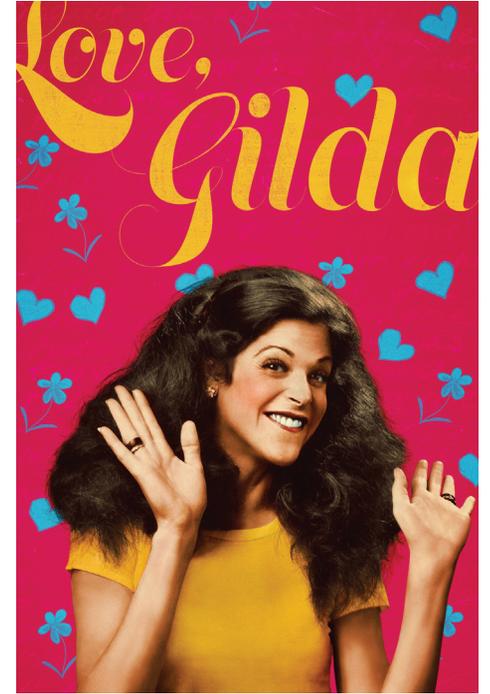
From the creative forces behind “The Girl Scout Murders” and “This Came Out of Me” comes this nine episode true-crime documentary series that presents stories of murders that were solved by clues left behind by the victims, be they a diary entry, a text message, a fraught letter to a friend or a social media post. (ORIGINAL)

Zack and Miri make a porno



“Movie: Zack and Miri Make a Porno”

The title pretty much spells out the plot of writer-director Kevin Smith's comedy, which follows the trend of combining raunchiness and sweetness. Seth Rogen and Elizabeth Banks have the title roles as roommates who try to solve their financial desperation by starring in and marketing an amateur porn film. The process ultimately prompts them to reveal surprising feelings for each other.



“Movie: Love, Gilda”

The story of Gilda Radner's life and career is told through the words of the late comic and charter “Saturday Night Live” cast member in this 2018 documentary from director Lisa D'Apolito (“Shari and Lamb Chop”) that also features audiotapes, interviews with friends, rare home movies and diaries read by modern day comediennees such as Amy Poehler. (ORIGINAL)

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WORD SEARCH

In the grid below, twenty answers can be found that fit the category for today. Circle each answer that you find and list it in the space provided at the right of the grid. Answers can be found in all directions—forward, backward, horizontally, vertically and diagonally. An example is given to get you started. Can you find the twenty answers in today's puzzle?

Today's Category: Cities in Texas

K	P	G	A	R	L	A	N	D	V	D	S	1.	Irving
C	O	A	E	D	O	D	E	S	S	A	O	2.	_____
O	R	L	N	A	U	S	T	I	N	L	D	3.	_____
B	T	V	E	S	G	J	D	A	L	L	B	4.	_____
B	A	E	L	G	H	H	N	I	D	A	V	5.	_____
U	R	S	I	D	N	T	R	W	E	S	I	6.	_____
L	T	T	B	C	O	A	A	A	L	T	R	7.	_____
A	H	O	A	N	M	C	N	L	P	Y	V	8.	_____
R	U	N	I	A	O	S	S	A	A	L	I	9.	_____
E	R	O	N	A	L	P	C	M	S	E	N	10.	_____
D	N	A	L	D	I	M	V	O	O	R	G	11.	_____
O	L	Q	H	T	R	O	W	T	R	O	F	12.	_____
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O	L	Q	H	T	R	O	W	T	R	O	F	10.	Irving
D	N	A	L	D	I	M	V	O	O	R	G	9.	Garland
E	R	O	N	A	L	P	C	M	S	E	N	8.	Galveston
R	U	N	I	A	O	S	S	A	A	L	I	7.	Fort Worth
A	H	O	A	N	M	C	N	L	P	Y	V	6.	El Paso
L	T	T	B	C	O	A	A	A	L	T	R	5.	Dallas
U	R	S	I	D	N	T	R	W	E	S	I	4.	Austin
B	A	E	L	G	H	H	N	I	D	A	V	3.	Amarillo
B	T	V	E	S	G	J	D	A	L	L	B	2.	Alamo
O	R	L	N	A	U	S	T	I	N	L	D	11.	Laredo
C	O	A	E	D	O	D	E	S	S	A	O		
K	P	G	A	R	L	A	N	D	V	D	S		

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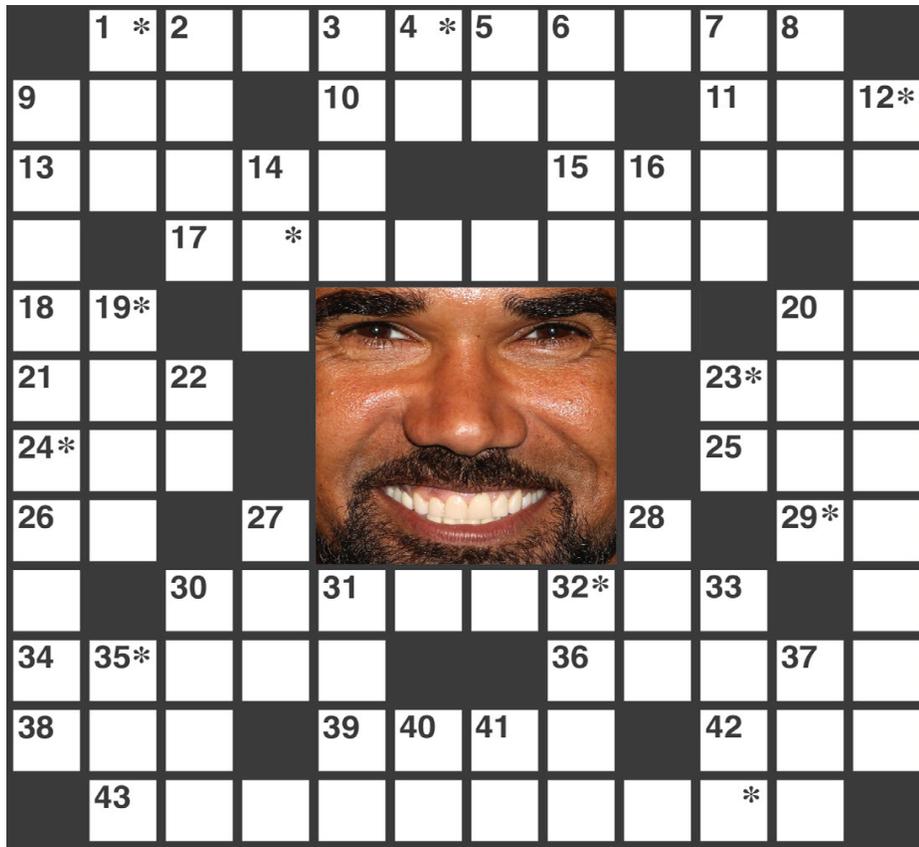
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crossword fun

Solution on page 11



ACROSS

1. Marina __; "Chicago P.D." actress
9. "Death Becomes __"; Meryl Streep film
10. Alan or Diane
11. Sleeve filler
13. Artist's stand
15. "It isn't my cup __ _"
17. Actor John
18. Zebulon, to John Walton
20. "_. Elsewhere"
21. Actor on "The A-Team" (2)
23. Liza Lapira's role on "The Equalizer"
24. Fast-running bird
25. Letter from Greece
26. __ Coleman; "La Brea" role
29. Actress Kelly
30. Maggie __; "Chicago Med" role
34. "___ on the Nile"; 2022 Annette Bening film
36. "Aida" composer
38. 555
39. Paquin or Faris
42. Gun rights organization
43. Actor on "Alaska Daily" (2)

2. P-U connection
3. Singer Fitzgerald
4. Initials for Acuff
5. Musical disc, for short
6. "American __"
7. Farewell (hyph.)
8. Hothead's problem
9. "So __ _ _"
12. Actor on "CSI: Vegas" (2)
14. Get it wrong
16. Worth & Knox: abbr.
19. "___ Wives" (2007-13)
20. "Late Night With __ Meyers"
22. Night we watch "New Amsterdam": abbr.
23. "God Friended __"
27. "___ in Cleveland" (2010-15)
28. Minofo of "Chicago Fire"
30. Kilauea flow
31. Informal talk
32. Cameo shape
33. First 007 movie (2)
35. "A Nightmare on __ Street"
37. Lacking moisture
40. John Denver's state of birth: abbr.
41. Mexico's continent

DOWN

1. "Manchester by the __"; 2016 movie





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SATURDAY EVENING					MOVIES	SPORTS	KIDS	BEST BETS	JANUARY 28, 2023				
	C	AT	DN	DTV	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
WJXT	3	4	4	4	Magnum P.I.	Big Bang	Big Bang	News	Inside Ed.	News4JAX	The Song		
WJXT2	231				Sell House Sell House	Sell House	Sell House	Sell House	Kitchen Nightmares	Kitchen			
WJCT	8	7	7	7	Midsomer Murders	Death in Paradise	Grantchester	Austin City Limits (N)					
WTLV	11	12	12	12	The Wall	Dateline NBC	Saturday Night Live	News	SNL				
WCWJ	9	17	17	17	Criss Angel	Animals	Animals	Dateline	News4JAX	Raw Trav.			
WPXC	12	21	21	21	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU					
WJXX	5	25	25	25	NBA	NBA Basketball	Los Angeles Lakers at Boston Celtics.	News	Extra (N)				
WFOX	10	30	30	30	College Basketball	Ohio State at Indiana. (N)	News Jax	Action	Name That Tune				
WFOX2	29				Svengoolie "Godzilla: King of the Monsters" (N)			Svengoolie	Star Trek				
WJAX	6	47	47	47	NCIS: Los Angeles	48 Hours	48 Hours	News	Action				
A&E	59	132	118	265	White House Down ('13, Action) ** Channing Tatum, Jamie Foxx.			Road	Road				
AMC	45	119	131	254	Red Dawn Days of Thunder ('90, Action) ** Tom Cruise, Robert (5:45) ('84) Duvall. Upstart stock-car driver goes to the edge.			The Fifth Element ('97) *** Ian Holm					
ANPL	41	252	184	282	Dr. Jeff: RMV	My Pack Life	Dr. Jeff: RMV	Dr. Jeff: RMV					
BBCA	114	122	135	264	Planet Earth: Frozen Planet II	Planet Earth II (9:21)	Planet Earth II (10:32)	Planet Earth II (10:32)	Planet Earth II (10:32)	Planet Earth II (10:32)			
BET	57	155	124	329	Kin ('18, Science Fiction) ** Myles Truitt, Jack Reynor. Premiere.			Martin	Martin				
BRAVO	15	181	129	237	Fast Five Fast Five ('11, Action) *** Vin Diesel, Paul Walker.			Fast & Furious					
CMTV	146	525	166	327	Natl Lmpn Vegas Vacation (8:45) ('97) ** Chevy Chase.			Caddyshack **					
CNN	35	202	200	202	CNN Newsroom	CNN Special Report	Stanley Tucci	Stanley Tucci					
COM	60	140	107	249	Big Daddy ('99, Comedy) * Adam Sandler, Joey Lauren Adams, Jon Stewart.			To Be Announced					
DISN	22	302	172	290	The Proud The Proud	Big City	Big City	Hamster & Hamster & The Proud	The Proud				
DSC	38	120	182	278	Naked and Afraid XL			Naked and Afraid XL "You Left Us to Rot"					
E!	34	134	114	236	Miss Congeniality ('00) ** Sandra Bullock.			Miss Congeniality 2: Armed and Fabulous					
ESPN	48	602	140	206	College Basketball Kansas at Kentucky. (N)			X Games (N) (Live)					
ESPN2	49	606	143	209	College Basketball			College Basketball Teams TBA. (N) (Live)					
FNC	33	210	205	360	One Nation	Dan Bongino	Lawrence Jones	One Nation					
FOOD	19	452	110	231	Diners, Drive, In	Diners, Drive, In	Diners, Drive, In	Diners, Drive, In	Diners, Drive, In	Diners, Drive, In			
FREE	43	178	180	311	Maleficent Maleficent: Mistress of Evil (8:40) ('19) ** Angelina Jolie, Elle Fan- (6:35) ('14) ning. Maleficent and a group of outcasts battle a powerful queen.			Dark Phoenix					
FS1	53	652	150	219	PBC Collection From Oct. 9, 2021.	College Basketball San Jose State at San Diego State. From Viejas Arena in San Diego.	College Basketball Ar- gona at Washington.						
FX	23	129	136	248	Black Panther (7:00) ('18, Action) *** Chad- wick Boseman, Michael B. Jordan.	Black Panther ('18, Action) *** Chadwick Boseman, Michael B. Jordan.							
GOLF	52	641	401	218	Golf Central (N) (Live)	PGA Tour Golf Farmers Insurance Open, Final Round.							
HALL	137	365	185	312	Love in Glacier National: A National Park Romance ('23) Ashley Newbrough. Premiere.	Love, Romance & Chocolate (10:01) ('19, Romance) Lacey Chabert, Will Kemp.							
HBO	2	802	300	501	The Cabin in the Woods ('11) *** Kristen Connolly. Premiere.	The Last of Us (9:40)	Game Theory	Captain Phillips (11:05) ***					
HGTV	21	450	112	229	Holmes Family Res- cue (N)	Rico to the Rescue (N)	Love It or List It "De- sign Intervention"	Love It or List It					
HIST	192	256	120	269	Barrett-Jackson Live Auction (6:00) The Scottsdale Auction. (N) (Live)								
HMM	256	366	187	565	Mystery 101 (7:00) "Killer Timing"	Mystery 101 "Deadly History" Amy investigates her missing uncle.	Murder, She Wrote						
ID	111	260	192	285	Betrayed	Killer Attraction (N)	Dead. Sins Dead. Sins	The Playboy Murders					
LIFE	18	360	108	252	Hoax: The Kidnapping of Sherri Papini ('23)	Framed by My Husband (10:13) ('21)							
MAGN	121	454	111	230	Family Dinner (N)	Family Dinner	Delicious Dest	Delicious Dest	Delicious Dest	Delicious Dest	Delicious Dest		
MTV	58	502	160	331	Men in Black ('97) *** Tommy Lee Jones, Will Smith.	Men in Black II ('02, Action) **							
NBA	734	632	156	216	NBA GameTime (7:00)			NBA GameTime					
NFL	736	630	154	212	College Football	NFL Football Teams TBA.							
NGEO	109	265	197	276	To Catch A Smuggler	Smuggler	Smuggler	To Catch A Smuggler	To Catch A Smuggler				
NGWILD	108	266	190	283	The Incredible Dr. Pol	The Incredible Dr. Pol	Going Fur Gold (N)	The Incredible Dr. Pol					
NICK	42	314	170	299	Minions (7:00) ('15)	Friends	Friends	Friends	Friends	Friends			
NWSN	28	180	239	307	NewsNation Prime (N)	NewsNation Prime (N)	NewsNation Prime	NewsNation Prime					
OWN	136	170	189	279	Love & Marriage: DC	Love & Marriage: DC	Love & Marriage: DC	Love & Marriage: DC					
PARMT	40	145	241	241	Spider-Man (7:00) ('02) *** Willem Dafoe	Spider-Man 2 ('04) *** Tobey Maguire.							
SCI	110	258	193	284	What on Earth?	What on Earth?	What on Earth?	What on Earth?					
SYFY	47	151	122	244	Harry Potter and the Goblet of Fire (6:30) ('05) *** Daniel Radcliffe, Rupert Grint.	Harry Potter and the Order of the Phoenix (10:01) ('07, Fantasy) *** Daniel Radcliffe.							
TBS	17	112	139	247	Burgers Burgers	Burgers	Burgers	Pitch Perfect ('12) *** Anna Kendrick.					
TCM	169	790	132	256	The Black Swan ('42) *** Tyrone Power, Maureen O'Hara.	The Black Rose (9:45) ('50, Adventure) ** Tyrone Power, Orson Welles, Cecile Aubry.							
TLC	39	250	183	280	1000-Lb. Best Friends	1000-Lb. Best Friends	1000-Lb. Best Friends	1000-Lb. Best Friends					
TNT	46	108	138	245	Soccer: International Friendly	Postgame	Star Wars: The Rise of Skywalker **						
TOON	81	325	176	296	King of Hill King of Hill	King of Hill King of Hill	American American	American Rick					
TRAVEL	126	254	196	277	Unexplained: C	Unexplained: C	Help! My Ho	Unexplained: C					
TVL	44	138	106	304	Mom Mom	Two Men Two Men	Two Men Two Men	Two Men Two Men	Two Men Two Men				
USA	31	124	105	242	Figure Skating U.S. Championships, Pairs Free Skate. From San Jose, Calif.	IMSA Weathertech Sports car Championship Rolex 24 at Daytona. (N Same-day Tape)							
VH1	56	518	162	335	The Longest Yard ('05, Comedy) ** Adam Sandler.	Madea's Witness Protection **							
WE	117	372	128	260	NCIS "Vanished"	NCIS "Lt. Jane Doe"	NCIS	NCIS					
WEATHER	16	225	214	362	Wind Chill ('07, Horror) ** Emily Blunt.	SOS: How to Survive	SOS: How to Survive						

SUNDAY EVENING					MOVIES	SPORTS	KIDS	BEST BETS	JANUARY 29, 2023				
	C	AT	DN	DTV	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
WJXT	3	4	4	4	Last Man Last Man	Big Bang	Big Bang	News	Zone	News4JAX	Zone		
WJXT2	231				House Doctor	Design	Design	Design	Design	Martha's	Martha's		
WJCT	8	7	7	7	Miss Scarlet	All Creatures Great	Vienna Blood (N)	Death in Paradise					
WTLV	11	12	12	12	Sing (7:00) ***	America's Got Talent: All-Stars "Auditions 3"	News	Sports					
WCWJ	9	17	17	17	Animals Animals	Whose? Whose?	Dateline	News4JAX	Sports				
WPXC	12	21	21	21	NCIS "Check"	NCIS	NCIS	NCIS "Cadence"					
WJXX	5	25	25	25	The Avengers ('12) *** Robert Downey Jr., Chris Evans.			News	Sports				
WFOX	10	30	30	30	Special Forces: World's Toughest Test	News Jax	Action	Bensinger	Rookie				
WFOX2	29				Perry Mason: The Case of the Lethal Lesson	Ed Sulli	C. Burnett	Van Dyke	Van Dyke				
WJAX	6	47	47	47	NFL Football	Fire Country (N)	News	Action					
A&E	59	132	118	265	The First 48 "Chain of Death"	The First 48 (10:01)	The First 48 (11:04)						
AMC	45	119	131	254	True Lies (6:00) ('94, Action) **	Mayfair Witches Row- an meets her family.	Mayfair Witches (10:02)	Abraham Lincoln: Vampire Hunter ('12)					
ANPL	41	252	184	282	Yellowstone Wardens	Yellowstone Wardens	Yellowstone Wardens	Louisiana Law (11:01)					
BBCA	114	122	135	264	Taken 3	Predators ('10) ** Adrien Brody, Tophir Grace.		Graham Norton Show					
BET	57	155	124	329	Fatale ('20, Suspense) ** Hilary Swank, Michael Ealy, Mike Colter.			Tyler Perry's Sistas					
BRAVO	15	181	129	237	Housewives/Potomac	Family Karma (N)	Watch	Housewives/Potomac	Family				
CMTV	146	525	166	327	Caddyshack ('80, Comedy) ** Chevy Chase.			To Be Announced					
CNN	35	202	200	202	CNN Newsroom	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.					
COM	60	140	107	249	The Office The Office	The Office The Office	The Office The Office	South Park	South Park				
DISN	22	302	172	290	Wreck It Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Big City	Big City		
DSC	38	120	182	278	Dirty Jobs (N)	Sewer Divers (9:01)	Dirty Jobs (10:02)	Dirty Jobs (11:01)					
E!	34	134	114	236	Sex-City Sex-City	Sex-City Sex-City	Sex-City Sex-City	Sex-City Sex-City					
ESPN	48	602	140	206	X Games (6:30) (N) (Live)	SportCtr	NFL PrimeTime (N)	SportsCenter					
ESPN2	49	606	143	209	Premier Hockey Federation	2023 Australian Open Tennis Men's Final.							
FNC	33	210	205	360	Life, Liberty & Levin	The Next Revolution	Sunday Night	Life, Liberty & Levin					
FOOD	19	452	110	231	Worst Cooks in America "Episode 6" (N)	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby				
FREE	43	178	180	311	Cruella (7:45) ('21, Comedy) ** Emma Stone, Emma Thompson. Pre- miere. A grifter embraces her wicked side to become Cruella.			Beauty and the Beast ('17) ***					
FS1	53	652	150	219	146th Westminster Kennel Club Dog Show (6:00) "Day 1"	146th Westminster Kennel Club Dog Show "Day 2" From Tarrytown, N.Y.							
FX	23	129	136	248	Jurassic World: Fallen Kingdom (7:00) ('18) ** Chris Pratt, Bryce Dallas Howard.	Jurassic World: Fallen Kingdom ('18) ** Chris Pratt, Bryce Dallas Howard.							
GOLF	52	641	401	218	PGA Tour Golf Farmers Insurance Open, Final Round.								
HALL	137	365	185	312	Love in Glacier National: National Park	The Way Home (N)	Golden Girls	Golden Girls	Golden Girls	Golden Girls			
HBO	2	802	300	501	The Batman (5:52) ('22) ***	The Last of Us (N)	The Last of Us (10:20)	The Last of Us					
HGTV	21	450	112	229	Home Town (N)	Home Town (9:01) (N)	Home Town (10:01) "Family Values"	Home Town (11:01)					
HIST	192	256	120	269	Pawn Stars	Pawn Stars (9:02)	Pawn Stars (10:05)	Pawn Stars (11:05)					
HMM	256	366	187	565	Crossword Mysteries (7:00)	Curious Caterer: Dying for Chocolate ('22, Mystery) Nikki DeLoach, Andrew W. Walker.	Murder, She Wrote "A Body to Die For"						
ID	111	260	192	285	Evil Lives Here	Evil Lives Here (N)	Psycho. Psycho.	Evil Lives Here					
LIFE	18	360	108	252	Vacation Home Nightmare ('23) Premiere.	Hoax: The Kidnapping of Sherri Papini ('23)							
MAGN	121	454	111	230	Beachfront Bargain Hunt: Renovation	Beachfront Bargain Hunt: Renovation	Beachfront Bargain Hunt: Renovation	Beachfront Bargain Hunt: Renovation					
MTV	58	502	160	331	Teen Wolf	Ridiculous Ridiculous	Ridiculous Ridiculous	Ridiculous Ridiculous					
NBA	734	632	156	216	NBA Basketball New Orleans Pelicans at Milwaukee Bucks. From Fiserv Forum in Milwaukee. (Live)	NBA TV Postgame Show	NBA GameTime						
NFL	736	630	154	212	NFL GameDay High- lights	NFL GameDay (N) (Live)	NFL GameDay Final	NFL GameDay Final					
NGEO	109	265	197	276	Ramsay: Uncharted	Ramsay: Uncharted	Ramsay: Uncharted	Ramsay: Uncharted					
NGWILD	108	266	190	283	Zoo: Tampa	Zoo: Tampa	Zoo: Tampa	Animal Kingdom					

B I N G O

Fill in each box of the BINGO grid below with an answer that begins with the letter above each column and belongs to the category listed before each row. List one answer for each box, although there is more than one acceptable answer for many of the boxes.

Solution on page 11

	S	A	E	T	D
Reference Books	Free Space				
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Seven-letter Nations					
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SUDOKU

6			9			3	7	
	2						6	
		1			3	5		
	7			1		6		5
			8		4			
9		6		5			4	
		5	7		1	4		
	4			3		1	9	
	9	3			8			

To complete this puzzle, place the numbers 1-9 in the empty cells, so that every row, column and 3-by-3 box (in bold outline) contains all nine digits.

Each number 1-9 may appear only once in each row, column and 3-by-3 box.

Provided by Gracenote Solution on page 11



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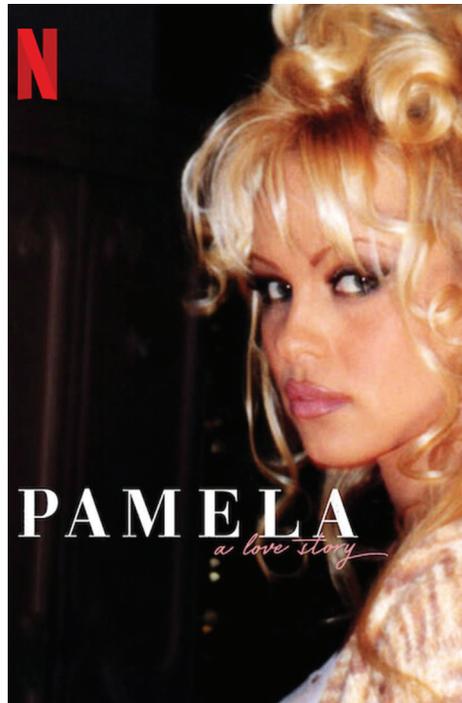
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“Movie: Dog Gone”

When a young man loses his beloved dog on the Appalachian Trail, he and his father begin a desperate search to find him before it's too late in this true story that's based on the book “Dog Gone: A Lost Pet's Extraordinary Journey and the Family Who Brought Him Home” by Pauls Toutonghi. Johnny Berchtold, Rob Lowe and Kimberly Williams-Paisley star. (ORIGINAL)



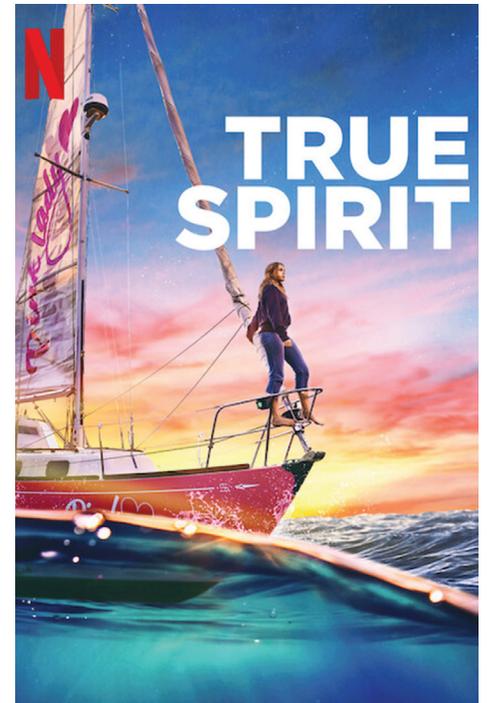
“Pamela, a Love Story”

Ryan White (“The Case Against 8,” “Good Night Oppy”) produced and directed his intimate portrait of Pamela Anderson that follows the life and career of the former “Baywatch” and “Barb Wire” star from small town girl to international sex symbol, actress, activist and doting mother. (ORIGINAL)



“Freeridge”

Four teens try to reverse a curse after an unusual old box seems to bring misfortune and more into their lives in this coming-of-age comedy series and spinoff of the 2018-21 Netflix comedy “On My Block.” Keyla Mejia, Bryana Salaz, Tenzing Norgay Trainor and Ciara Wilson head the cast. (ORIGINAL)



“Movie: True Spirit”

Sarah Spillane (“This Life,” “Around the Block”) co-wrote and directed this true story of Jessica Watson (Teagan Croft, “Titans”), who had to overcome her greatest fear as she set out to become at age 16, the youngest person to sail solo around the world. Cliff Curtis, Anna Paquin and Josh Lawson are also in the solid cast. (ORIGINAL)

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Sports

BASKETBALL

THURSDAY

- 7:00 p.m. **ESPN2 SMU at Memphis.** From the FedEx Forum in Memphis, Tenn. (Live)
FS1 Iowa at Michigan State. From Breslin Center in East Lansing, Mich. (Live)
 7:30 p.m. **TNT New York Knicks at Boston Celtics.** From TD Garden in Boston. (Live)
 8:00 p.m. **ESPN Women's College Connecticut at Tennessee.** From Thompson-Boling Arena in Knoxville, Tenn. (Live)
 9:00 p.m. **ESPN2 UCLA at USC.** From Galen Center in Los Angeles. (Live)
FS1 Purdue at Michigan. From Crisler Center in Ann Arbor, Mich. (Live)
 10:00 p.m. **TNT Dallas Mavericks at Phoenix Suns.** From Footprint Center in Phoenix. (Live)
 11:00 p.m. **FS1 Arizona at Washington State.** From Beasley Coliseum in Pullman, Wash. (Live)

FRIDAY

- 7:00 p.m. **ESPN2 Saint Louis at Davidson.** From John M. Belk Arena in Davidson, N.C. (Live)
 7:30 p.m. **NBA Memphis Grizzlies at Minnesota Timberwolves.** From the Target Center in Minneapolis. (Live)
 9:00 p.m. **ESPN2 Oakland at Youngstown State.** From the Beeghly Center in Youngstown, Ohio. (Live)
 10:00 p.m. **NBA Toronto Raptors at Golden State Warriors.** From Chase Center in San Francisco. (Live)

SATURDAY

- 12:00 p.m. **(471) WJAX Xavier at Creighton.** From CHI Health Center in Omaha, Neb. (Live)
ESPN College Basketball (Live)
ESPN2 Teams TBA. (Live)
 1:00 p.m. **(301) WFOX Women's College Nebraska at Iowa.** From Carver-Hawkeye Arena in Iowa City, Iowa. (Live)
 1:30 p.m. **(171) WCWJ Women's College Jackson State at Grambling State.** From Fredrick C. Hobby Assembly Center in Grambling, La. (Live)
 2:00 p.m. **(471) WJAX Cincinnati at Houston.** From Fertitta Center in Houston. (Live)
ESPN College Basketball (Live)
ESPN2 Teams TBA. (Live)
FS1 Marquette at DePaul. From Wintrust Arena in Chicago. (Live)
 3:00 p.m. **(251) WJXX Denver Nuggets at Philadelphia 76ers.** From Wells Fargo Center in Philadelphia. (Live)
(301) WFOX Illinois at Wisconsin. From Kohl Center in Madison, Wis. (Live)
 4:00 p.m. **(171) WCWJ Jackson State at Grambling State.** From Fredrick C. Hobby Assembly Center in Grambling, La. (Live)
ESPN Arkansas at Baylor. From the Ferrell Center in Waco, Texas. (Live)
ESPN2 TCU at Mississippi State. From Humphrey Coliseum in Starkville, Miss. (Live)
FS1 Seton Hall at Butler. From Hinkle Fieldhouse in Indianapolis. (Live)
 5:30 p.m. **(251) WJXX New York Knicks at Brooklyn Nets.** From Barclays Center in Brooklyn, N.Y. (Live)
(301) WFOX Arizona at Washington. From Alaska Airlines Arena in Seattle. (Live)
 6:00 p.m. **ESPN Texas at Tennessee.** From Thompson-Boling Arena in Knoxville, Tenn. (Live)
ESPN2 Florida at Kansas State. From Bramlage Coliseum in Manhattan, Kan. (Live)
 8:00 p.m. **(301) WFOX Ohio State at Indiana.** From Simon Skjodt Assembly Hall in Bloomington, Ind. (Live)
ESPN Kansas at Kentucky. From Rupp Arena in Lexington, Ky. (Live)
ESPN2 Ole Miss at Oklahoma State. From Gallagher-Iba Arena in Stillwater, Okla. (Live)

- 8:30 p.m. **(251) WJXX Los Angeles Lakers at Boston Celtics.** From TD Garden in Boston. (Live)
 9:00 p.m. **FS1 San Jose State at San Diego State.** From Viejas Arena in San Diego. (Live)
 10:00 p.m. **ESPN2 Teams TBA. (Live)**
 11:00 p.m. **FS1 Arizona at Washington.** From Alaska Airlines Arena in Seattle. (Same-day Tape)
 12:00 a.m. **ESPN2 Boy's High School Basketball Bishop Gorman (Nev.) vs. San Ysidro (Calif.).** (Live)
 1:00 a.m. **FS1 Ohio State at Indiana.** From Simon Skjodt Assembly Hall in Bloomington, Ind. (Same-day Tape)

SUNDAY

- 12:00 p.m. **(471) WJAX Michigan State at Purdue.** From Mackey Arena in West Lafayette, Ind. (Live)
FS1 Providence at Villanova. From Finneran Pavilion in Villanova, Pa. (Live)

MONDAY

- 7:00 p.m. **ESPN Virginia at Syracuse.** From JMA Dome in Syracuse, N.Y. (Live)
ESPN2 Women's College Tennessee at LSU. (Live)
 7:30 p.m. **NBA Los Angeles Lakers at Brooklyn Nets.** From Barclays Center in Brooklyn, N.Y. (Live)
 9:00 p.m. **ESPN College Basketball (Live)**
ESPN2 Teams TBA. (Live)
 10:00 p.m. **NBA Atlanta Hawks at Portland Trail Blazers.** From Moda Center in Portland, Ore. (Live)

TUESDAY

- 7:00 p.m. **ESPN ESPN2 Teams TBA. (Live)**
 7:30 p.m. **TNT Los Angeles Lakers at New York Knicks.** From Madison Square Garden in New York. (Live)

FOOTBALL

SATURDAY

- 6:00 p.m. **NFL NFLPA Collegiate Bowl. (Live)**

SUNDAY

- 3:00 p.m. **(601) WFOX NFC Championship: Teams TBA. (Live)**
 6:30 p.m. **(471) WJAX AFC Championship: Teams TBA. (Live)**

GOLF

THURSDAY

- 3:00 p.m. **GOLF Farmers Insurance Open, Second Round. (Live)**

FRIDAY

- 3:00 p.m. **GOLF Farmers Insurance Open, Third Round. (Live)**
 5:00 p.m. **(471) WJAX Farmers Insurance Open: Third Round. (Live)**

SATURDAY

- 2:30 p.m. **GOLF Farmers Insurance Open, Final Round. (Live)**
 4:30 p.m. **(471) WJAX Farmers Insurance Open: Final Round. (Live)**

SUNDAY

- 4:30 p.m. **GOLF APGA Tour: Farmers Insurance Invitational. (Live)**

MONDAY

- 4:30 p.m. **GOLF Southwestern Invitational, First Round. (Live)**

TUESDAY

- 4:30 p.m. **GOLF Southwestern Invitational, Second Round. (Live)**

WEDNESDAY

- 4:30 p.m. **GOLF Southwestern Invitational, Final Round. (Live)**

HOCKEY

FRIDAY

- 7:00 p.m. **ESPN Detroit Red Wings at New York Islanders.** From UBS Arena in Elmont, N.Y. (Live)
 1:30 a.m. **ESPN2 Detroit Red Wings at New York Islanders.** From UBS Arena in Elmont, N.Y. (Same-day Tape)

SUNDAY

- 7:00 p.m. **ESPN2 Premier Hockey Federation All-Star Game. (Live)**

WEDNESDAY

- 7:30 p.m. **TNT Carolina Hurricanes at Buffalo Sabres.** From KeyBank Center in Buffalo, N.Y. (Live)

TENNIS

THURSDAY

- 2:00 p.m. **ESPN2 2023 Australian Open Tennis Women's Semifinals. (Taped)**
 10:00 p.m. **ESPN 2023 Australian Open Tennis Men's Semifinals. (Live)**

FRIDAY

- 2:00 p.m. **ESPN2 2023 Australian Open Tennis Men's Semifinals. (Same-day Tape)**

SATURDAY

- 9:00 a.m. **ESPN2 2023 Australian Open Tennis Women's Final. (Same-day Tape)**

SUNDAY

- 9:00 a.m. **ESPN2 2023 Australian Open Tennis Men's Final. (Taped)**

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- USA Saint Joseph's at George Mason.** From EagleBank Arena in Fairfax, Va. (Live)
 1:00 p.m. **ESPN2 Women's College South Carolina at Alabama.** From Coleman Coliseum in Tuscaloosa, Ala. (Live)
 2:00 p.m. **FS1 Georgetown at St. John's.** From Madison Square Garden in New York. (Live)
 3:00 p.m. **ESPN Women's College Notre Dame at NC State.** From the Reynolds Coliseum in Raleigh, N.C. (Live)
ESPN2 Drake at Belmont. From the Curb Event Center in Nashville, Tenn. (Live)
NBA Motor City Cruise at College Park Skyhawks. From Gateway Center Arena at College Park in College Park, Ga. (Same-day Tape)
 5:00 p.m. **ESPN2 Memphis at Tulsa.** From Donald W. Reynolds Center in Tulsa, Okla. (Live)
 8:00 p.m. **NBA New Orleans Pelicans at Milwaukee Bucks.** From Fiserv Forum in Milwaukee. (Live)

- 8:00 p.m. **FS1 Connecticut at DePaul.** From Wintrust Arena in Chicago. (Live)
 9:00 p.m. **ESPN ESPN2 Teams TBA. (Live)**
 10:00 p.m. **FS1 Fresno State at Wyoming.** From Arena-Auditorium in Laramie, Wyo. (Live)
TNT New Orleans Pelicans at Denver Nuggets. From Ball Arena in Denver. (Live)
WEDNESDAY
 6:30 p.m. **FS1 Providence at Xavier.** From Cintas Center in Cincinnati. (Live)
 7:00 p.m. **ESPN2 Teams TBA. (Live)**
 7:30 p.m. **ESPN Brooklyn Nets at Boston Celtics.** From TD Garden in Boston. (Live)
 8:30 p.m. **FS1 Villanova at Marquette.** From Fiserv Forum in Milwaukee. (Live)
 9:00 p.m. **ESPN2 Teams TBA. (Live)**
 10:00 p.m. **ESPN Atlanta Hawks at Phoenix Suns.** From Footprint Center in Phoenix. (Live)
 10:30 p.m. **FS1 New Mexico at Utah State.** From Dee Glen Smith Spectrum in Logan, Utah. (Live)

NHL All-Star Game

Questions:

- 1) In what year was the first official NHL All-Star Game played?
- 2) When was the first and only shutout in NHL All-Star history recorded?
- 3) Who holds the record for most goals scored in a single All-Star contest?
- 4) Who has played in the most All-Star games?
- 5) Who has the most career goals in All-Star play?
- 6) When was the North America vs. the World format adopted?
- 7) Who has won the most MVP awards in All-Star competition?
- 8) When was the single-elimination and divisional adopted?
- 9) Who won last year's All-Star game?
- 10) Who won the first MVP award in All-Star competition?

Answers:

- 1) 1947, when the NHL All-Stars defeated the defending champion Toronto Maple Leafs, 4-3
- 2) 1967, when the Montreal Canadiens registered a 3-0 win over the NHL All-Stars
- 3) Wayne Gretzky (1983), Mario Lemieux (1990), Vincent Damphousse (1991), Mike Gartner (1993) Dany Heatley (2003), John Tavares (2015) and Tomas Hertl (2020) each have scored four goals in a game
- 4) Gordie Howe, with 23 (1948-80)
- 5) Wayne Gretzky and Mario Lemieux, each with 13
- 6) 1998
- 7) Wayne Gretzky and Mario Lemieux, with three apiece
- 8) 2016
- 9) The Metropolitan Division
- 10) Eddie Shack of the Toronto Maple Leafs in 1962



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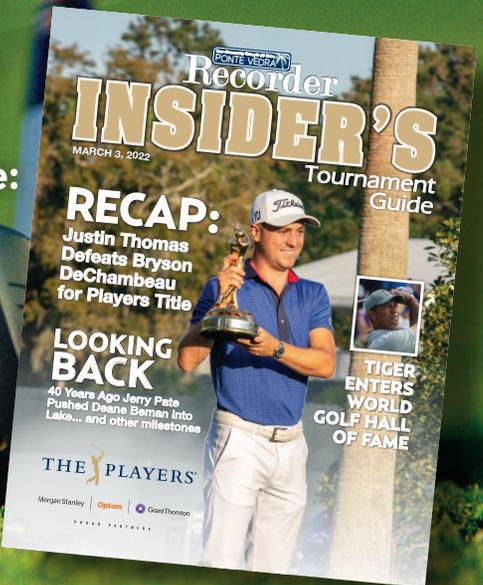
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Crossword Solution
Puzzle on Page 5

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H	E	R	L	A	D	D	A	R	M
E	A	S	E	L	O	F	T	E	A
L	T	R	A	V	O	L	T	A	T
P	A	R					S		S
M	R	T						M	E
E	M	U						E	T
T	Y	H					J		H
O			L	O	C	K	W	O	O
D	E	A	T	H			V	E	R
D	L	V			A	N	N	A	N
M	A	T	T	M	A	L	L	O	Y

Solution
Shemar Moore

Bingo Solution
Puzzle on Page 7

Bingo — Solution

	S	A	E	T	D
Reference Books	Free Space	Almanac Atlas	Encyclopedia	Thesaurus	Dictionary
Insects	Silverfish Sow bug Stink bug	Ant Aphid	Earwig	Termite Tick	Dragonfly
Last Names of Men Named John	Shea Stamos Steinbeck Sununu	Adams Amos Astin	Elway	Travolta Tyler	Davidson Denver Donne Dryden
Seven-letter Nations	Senegal Somalia	Albania Algeria Andorra Armenia Austria	Ecuador Eritria Estonia	Tunisia	Denmark
Dog Breeds	Schnauzer Scottish terrier Sharpei, Shih tzu Siberian husky Spaniel, Sheepdog St. Bernard	Akita	English sheepdog English springer spaniel	Terrier	Dachshund Dalmatian Doberman pinscher

Sudoku Solution
Puzzle on Page 8

6	5	4	9	8	2	3	7	1
3	2	9	1	7	5	8	6	4
7	8	1	6	4	3	5	2	9
4	7	8	2	1	9	6	3	5
5	3	2	8	6	4	9	1	7
9	1	6	3	5	7	2	4	8
2	6	5	7	9	1	4	8	3
8	4	7	5	3	6	1	9	2
1	9	3	4	2	8	7	5	6

Word Search Solution
Puzzle on Page 13

V	I	F	A	T	D	S	A	F	O	B	R	G	I	D
I	S	D	E	K	Y	H	J	I	E	O	L	M	F	Y
C	A	Z	V	N	L	A	X	G	H	D	I	A	F	T
T	R	I	N	S	R	S	Z	T	L	E	D	G	Z	J
E	B	A	Z	C	A	L	I	F	O	R	N	I	A	E
E	M	T	S	Z	C	E	A	I	R	I	R	A	N	U
S	O	I	R	H	A	V	W	E	T	B	E	L	N	Y
B	D	M	W	T	R	E	Y	H	I	L	F	E	I	E
D	U	E	A	X	H	M	G	N	L	N	F	J	T	V
E	Q	R	L	Z	G	I	Z	K	V	A	Z	A	G	F
A	U	D	K	K	F	N	E	H	I	N	M	R	I	
T	N	O	Q	E	S	H	A	R	O	N	T	D	T	R
C	N	P	R	V	X	Z	F	R	I	T	M	R	I	B
L	V	I	N	C	E	O	P	V	O	S	O	Z	W	
A	F	E	S	T	C	H	V	Y	L	E	T	V	A	H

The Mediterranean diet – YouTubers explain what it’s about and how to get started

If you’ve found that fad diets and counting calories have failed you in your quest to lose weight and be healthier, a solution from the old country might be worth a try in 2023.

The Mediterranean diet has been around since the 1960s but only in recent years has it gained popularity with physicians and dieters for its emphasis on fresh fish, fruits, whole grains and vegetables that has been proven to promote heart and brain health, reduce the risk of disease and help maintain a healthy body weight. And make for satisfying eating at the same time.

Best of all, information on it can be found for free all over the internet, and there are no shortage of videos on YouTube on how to eat like a Mediterranean. Such as the following.

If you’re ready to dive in but are uncertain how to proceed, “How to Get Started With a Mediterranean Diet” (www.youtube.com/watch?vGC8aMipAxn4) is an excellent place to begin. Here, Dr. Kim Foster outlines her four steps for starting a Mediterranean diet, which she says are checking out the diet’s food pyramid, making easy substitutions like replacing butter with olive oil, committing to one meatless dinner per week and shopping only in the perimeter of grocery store where fresh whole foods are found. No processed foods.

One of the great advantages of the Mediterranean diet is an endless supply of

recipes. On Well Done’s “12 Mediterranean Diet Recipes” (www.youtube.com/watch?vJXEU91MIik), you’ll find such imaginative fare as a Greek eggplant skillet dinner, grilled snapper with corn-okra relish, chicken barley soup with walnut pesto and spicy scallops with watermelon salsa. The video’s page also contains links for each recipe.

For those who want to hear about someone’s real world experience with the diet, there is Beatrice Caruso’s “I Tried the Mediterranean Diet for 14 Days & This Is What Happened ...” (www.youtube.com/watch?vNWL0K2tRCKQ). Here, she talks about the recipes she tried, did and didn’t like; discusses the many upsides and few downsides she encountered and shares her results after two weeks of eating like a Mediterranean – feeling healthier, reduced anxiety and six pounds lighter. Pretty impressive.

If you’re still not sold, “8 Scientific Health Benefits of the Mediterranean Diet” (www.youtube.com/watch?vxjPl7K5vh_M) may provide a compelling argument. Among the advantages of the diet – which have been echoed throughout the medical community – are reduced risk of heart disease, cancer, type 2 diabetes and cognitive decline; help with weight loss and depression and reduced risk of stroke in women.



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House & Home

HOME IMPROVEMENT

Thursday

- 8:00 p.m. 42 WJXT2 Extreme Makeover: Home Edition** The teams builds a new home for a Wisconsin family.
MAGN The Craftsman Eric sources old growth redwood to rebuild accent pieces. (N)
8:30 p.m. MAGN The Craftsman Eric and Viv redecorate the front of the mill.
9:00 p.m. 42 WJXT2 Extreme Makeover: Home Edition The team renovates the house of a widowed mother of nine.
9:01 p.m. HGTV Married to Real Estate (N)
10:30 p.m. 42 WJXT2 Sarah 101 Sarah transforms an 80's kitchen into a modern country themed kitchen.

Friday

- 8:00 p.m. 42 WJXT2 Sell This House!** A tired old house needs some decluttering.
MAGN Maine Cabin Masters The Cabin Masters step in to rescue a family's camp that's sinking due to the stream underneath it.
8:30 p.m. 42 WJXT2 Sell This House! A sparse bachelor pad becomes a property that stands out.
9:00 p.m. MAGN Maine Cabin Masters A couple's Belle Island camp has a long, multi-generational history within their family.
10:00 p.m. MAGN Maine Cabin Masters Mary wants additional bedroom/sleeping space while expanding the bathroom.

Saturday

- 8:00 p.m. 42 WJXT2 Sell This House!** Living room, bathroom and master bedroom.
HGTV Holmes Family Rescue The Holmes family gathers to discuss a motorcycle racer who waved the white flag. (N)
8:30 p.m. 42 WJXT2 Sell This House! A five-bedroom home shows wear and tear.
9:00 p.m. 42 WJXT2 Sell This House! A home needs changes to a master bedroom.
HGTV Rico to the Rescue (N)
9:30 p.m. 42 WJXT2 Sell This House! A three-bedroom home looks like a bachelor pad.
10:00 p.m. 42 WJXT2 Sell This House! Spiral staircase, exposed beams and two fireplaces.
HGTV Love It or List It A couple determines how to get more room for their large family of five.

Sunday

- 9:00 p.m. 42 WJXT2 Find & Design** A couple turn their dining room into a Texas-themed bar.
9:30 p.m. 42 WJXT2 Find & Design Blake Smith and Jessica Jobe learn how to convert Blake's music room into a cozy guest bedroom.
10:00 p.m. 42 WJXT2 Find & Design A 3-year-old girl gets a fairy-tale bedroom.
10:30 p.m. 42 WJXT2 Find & Design Turning a room into a speak-easy-styled poker room.

Monday

- 8:00 p.m. 42 WJXT2 Sell This House!** Roger helps a single mother improve the appearance of her house to attract buyers.
MAGN Maine Cabin Masters The Cabin Masters recount the great, not-so great, and just plain awful custom pieces they've made.
8:30 p.m. 42 WJXT2 Sell This House! Camouflage and staging helps sell a house.
9:00 p.m. HGTV Down Home Fab (N)
MAGN Maine Cabin Masters A Penobscot tribe member summons the Maine Cabin Masters for needed upgrades to her cabin. They have to work fast to beat the start of moose hunting season, and respectfully, to honor the land and Penobscot culture. (N)
10:00 p.m. MAGN Maine Cabin Masters The YMCA Camp of Maine needs renovations, including new bathrooms, a bunkhouse and a grill area.

Tuesday

- 8:00 p.m. 42 WJXT2 George Clarke's Amazing Spaces** George meets two brothers in their 20s who can't afford to get on the property ladder.
HGTV Fixer to Fabulous A couple that hosts international students in their home needs help with their small rancher. (N)
9:00 p.m. HGTV Fixer to Fabulous (N)
MAGN Restoration Road With Clint Harp Two log cabins are rebuilt as guest quarters in Montana. (N)
10:00 p.m. MAGN Restoration Road With Clint Harp Clint covers a 1790 Dutch home into a cider mill in Texas.

Wednesday

- 8:00 p.m. 42 WJXT2 Extreme Makeover: Home Edition** A community leader and his family get a new home.
MAGN In With the Old A couple takes on a once-in-a-lifetime project: a Federalist Revival in Provo, Utah. (N)

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 I S D E K Y H J I E O L M F Y
 C A Z V N L A X G H D I A F T
 T R L N S R S Z T L E D G Z J
 E B A Z C A L I F O R N I A E
 E M T S Z C E A I R I R A N U
 S O I R H A V W E T B E L N Y
 B D M W T R E Y H I L F E I E
 D U E A X H M G N L N F J T V
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 A U D K K F N E H I N M N R I
 T N O Q E S H A R O N T D T R
 C N P R V X Z F R I T M R I B
 L V I N C E E O P V O S O Z W
 A F E S T C H V Y L E T V A H

“Fire Country” on CBS (Words in parentheses not in puzzle)

- | | | |
|----------------|-------------------|-----------------------|
| Bode (Donovan) | (Max) Thieriot | Firefighting |
| Vince (Leone) | (Billy) Burke | (Prison) Inmate |
| Manny (Perez) | (Kevin) Alejandro | (Northern) California |
| Sharon (Leone) | (Diane) Farr | (Plane) Crash |
| Eve (Edwards) | (Jules) Latimer | Blaze |

Solution on page 11

- OWN Love It or List It** A family of seven is cramped in their home; Hilary and her team create an open-concept living area.
9:00 p.m. 42 WJXT2 Extreme Makeover: Home Edition The team rebuilds the Raleigh, N.C., home of Linda Riggins and her visually impaired husband, William.

- OWN Love It or List It** A historic Victorian home needs an update.
10:00 p.m. 42 WJXT2 Sell This House! A home needs changes to a master bedroom.
10:30 p.m. 42 WJXT2 Sell This House! A three-bedroom home looks like a bachelor pad.

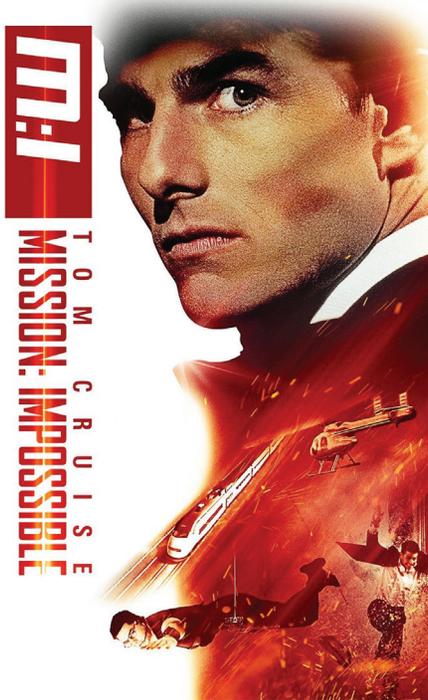


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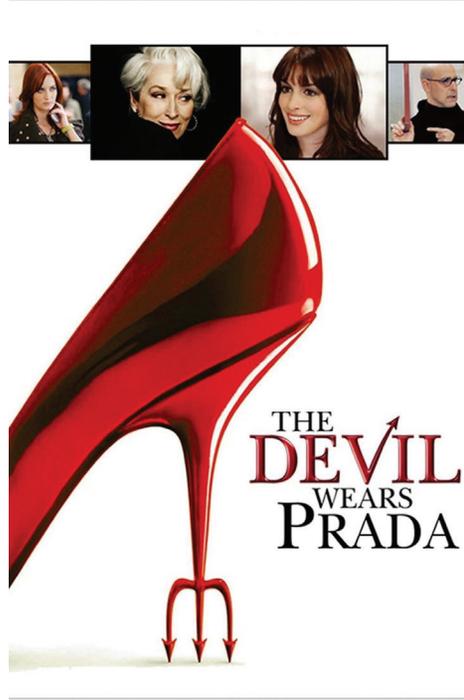
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“Movie: Mission: Impossible”

Tom Cruise stars in this updated movie version of the classic '60s TV series. Faulty plotting makes the twists and turns of this spy mission difficult to follow, but great stunts accompanied by the revved-up theme music make up for weak points in the story. Vanessa Redgrave excels in her bit role. Ving Rhames, Jean Reno and Kristin Scott Thomas also star.



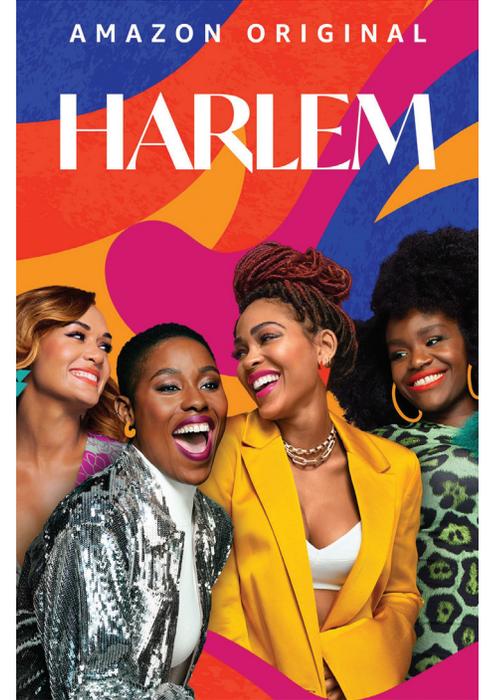
“Movie: The Devil Wears Prada”

You thought your boss was difficult? A recent college graduate (Anne Hathaway) gets a crash course in landing arguably the most demanding boss on Earth (Meryl Streep) at a fashion magazine in this enjoyable 2006 comedy, adapted from Lauren Weisberger's bestseller. The dismayed newcomer's job is made even tougher by a competitive fellow assistant (Emily Blunt). Stanley Tucci and Simon Baker also star.



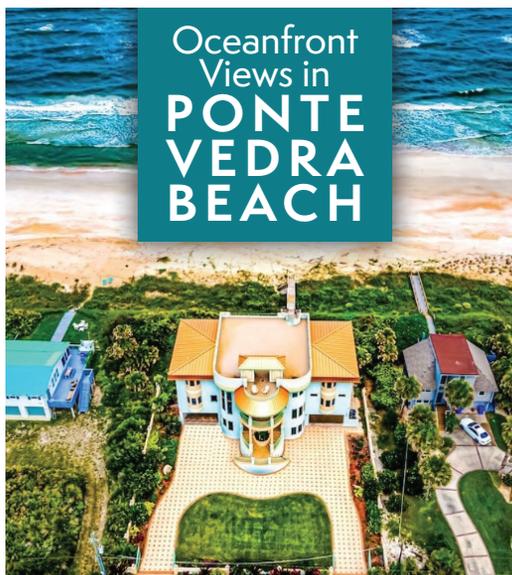
“Nate Bargatz: Hello World”

The Tennessee-born and -bred comic gives his take on such topics as growing up in the '80s and '90s, the hardest part of marriage and saying dumb things in a stand-up performance recorded this past September before a live audience at the Celebrity Theatre in Phoenix. (ORIGINAL)



“Harlem”

The sophomore round of this comedy series from Tracy Oliver (“Girls Trip”) finds Camille (Meagan Good) trying to pick up the pieces after blowing up her career and love life, Tye (Jerrie Johnson) looking to the future, Quinn (Grace Byers) on a journey of self-discovery and Angie's (Shoniqua Shandai) career taking a promising turn. (ORIGINAL)



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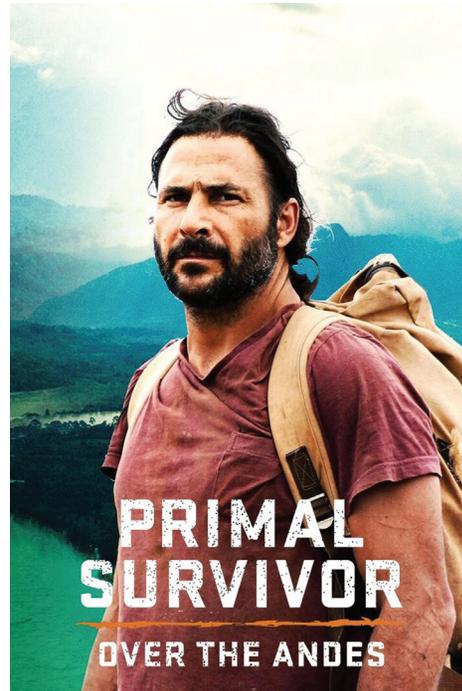
“Black Panther: Wakanda Forever” (Feb. 1)

From Marvel Studios and Ryan Cooper, director of 2018’s “Black Panther,” comes this 2022 actioner that follows the people of Wakanda as they fight to protect their home from intervening world powers while they mourn the death of King T’Challa. Angela Bassett, Letitia Wright, Winston Duke and Danai Gurira head the cast. (ORIGINAL)



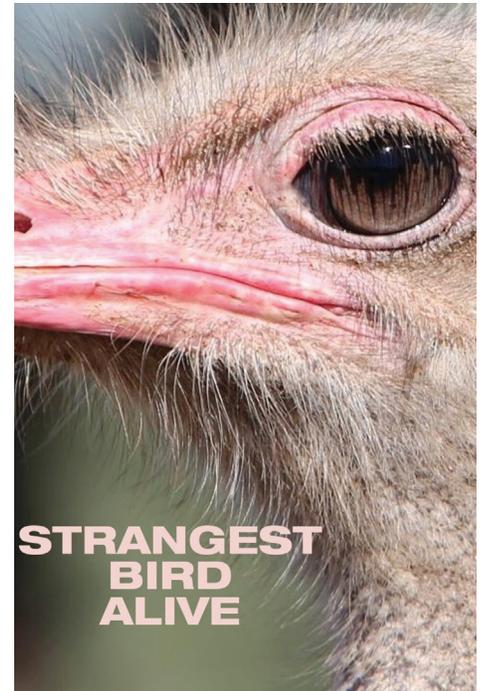
“The Proud Family: Louder and Prouder” (Feb. 1)

The sophomore round of this animated adventure continues the story of Penny Proud, who navigates growing up in a rambunctious house with a loving mom and an overly protective father. Kyla Pratt, Jo Marie Payton, Tommy Davidson and Paula Jai Parker are returning voice cast; Gabrielle Union, Holly Robinson Peete, Leslie Odom Jr. and Anthony Anderson are guest voices. (ORIGINAL)



“Primal Survivor: Over the Andes” (Available now)

From National Geographic comes this six episode adventure series that follows host, biologist and natural history guide Hazen Audel (“Surviving the Tribe”) as he climbs waterfalls, wades through deadly swamps and traverses freezing terrain as he climbs over the Andes Mountains of South America.



STRANGEST BIRD ALIVE

“Strangest Bird Alive” (Available now)

This National Geographic documentary about ostriches is told mainly from the perspective of one male bird that dances his way into the hearts of several females, does battle with potential rivals and then stops at nothing to protect his brood from any threat that comes along.

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The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- Jungle animal
- Pal of Winnie the Pooh
- “___ ___ jungle out there!”
- Southern state
- Hayes or Hunt
- Polite refusal (2)
- Jungle animal
- Sedaka’s initials
- Undergrad degree
- Bird of prey
- Important family member
- So-so mark
- Geisha’s accessory
- Mr. Sullivan
- ___ Paso
- Jungle animal
- Man ___ ___ words; motormouth’s opposite
- “The Gem State”
- Fem. title
- OPEC member
- Taxing agency
- Jungle animals

DOWN

- Runner Sebastian
- Gap
- Dig for ore
- 1/8 of a gal.
- “Be that ___ it may ...”
- Grandma

- TV’s “___ New York”
- Samuel’s mentor
- Jungle animal
- Jungle animals
- Bark beetle’s victim
- Late bedtime
- European nation
- Baseball’s Ruth
- 24 Hours of ___ Mans; annual race
- Hairstyle
- Ending for Clement or Joseph
- Ruby or cerise
- At a great distance
- Bed size
- Slight coloring
- Parade spoiler
- To and ___
- Periods of time: abbr.
- Goulet’s initials
- Gold’s chemical symbol

