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August - September 2012

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She is also a professor at the University of North Florida in the paralegal program in the continuing education department, teaching three courses in alternating semesters.

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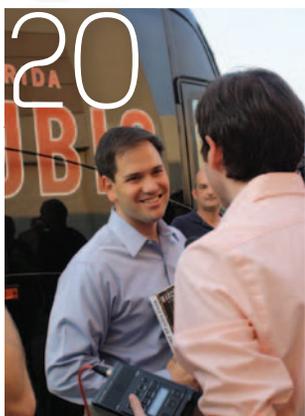
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about this magazine

The First Coast Register is a bi-monthly general interest magazine published by The Ponte Vedra Recorder and OPC News, LLC. The magazine can be found throughout the upscale areas of greater Jacksonville. For advertising inquiries call 904.285.8831.

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HOPE MCMATH

One of US



Hope McMath wants art to be accessible to everyone and to bring communities together. As executive director of the Cummer Museum of Art and Gardens, she is much closer to making sure those things are possible.

McMath, a Jacksonville native and Jacksonville University graduate, has been involved with the Cummer for over 15 years in various positions and has held her current title for the last three years.

“I’ve worn a lot of hats here, and all of them have been fun,” she said.

A practicing artist herself — she and husband Barry Wilson, an art teacher at Douglas Anderson School of the Arts, have a printmaking studio in their home — she has a deep appreciation for all forms of art. However, McMath is particularly passionate about educating and connecting the community through art.

McMath spoke with *The Register* about her job at the Cummer and the role art plays on the First Coast. To learn more about the Cummer and upcoming exhibits, visit www.cummer.org.

How did you become director? What do you do in that role at The Cummer Museum?

I started working at the museum 17 years ago on a part-time basis in education while I was pursuing my graduate degree at Jacksonville University. Most of my time at the museum has been in education: I served as the director of education before moving into the deputy director role and became executive director three years ago. It’s unusual that I came from education because most directors come from a curatorial background.

In my current role, I want to carry forward my love of education and passion for making the arts accessible for everyone, from children to older adults. My goal is to create a program of art, gardens and education that is relevant to anyone.

Why do you think the arts are so important?

The arts are important for their own sake — when we think of any culture in any time period, we remember what was left behind by artists, whether it’s paintings or literature. That’s what really stamps the greatness of any community.

For Jacksonville, and most cities really, hardly a need or an issue arises where the arts cannot play a role. They're key to education, health care, crime prevention and neighborhood development, and are an economic driver.

The arts are a primary way to connect a community. If you think about museums, concerts, the jazz festival downtown or the blues festival at the beach or Art Walk, those are some of the biggest ways we bring diverse people together, and art is the hook.

What's the best part of your job?

When I feel like I've had a good day at work, it usually has to do with the people I'm around. I have an amazing staff and board, and our volunteers are really inspiring and deeply committed.

I get most excited when I'm connecting with people in the museum. When you get to experience the joy of children making art or talking to a group of adults about a painting — those are the best.

Tell me about your favorite kind of art.

I'm a consumer of all art forms. I love live music — the Jack-

sonville Symphony Orchestra, our theatres, dance — but as a museum professional I'm partial to visual arts

I've really surrounded my life with art — my work is visual art, my home is visual art and my husband is a visual artist.

What's going on at the Cummer now and what's coming up that you're excited about?

We just finished a busy summer of exhibits and camps, and we're getting ready to launch an exciting school year with a lot to offer to all the school districts in the area.

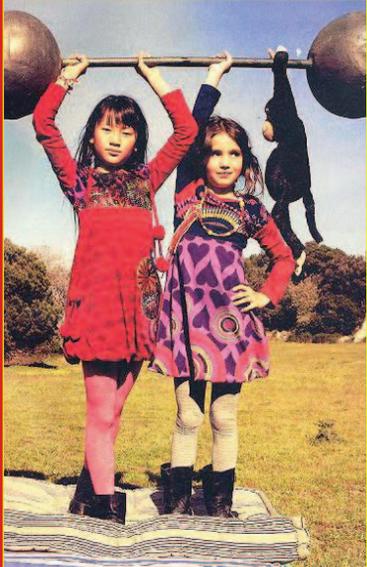
We have two great exhibits coming up celebrating women and other cultures, so the museum is going to have a really great fall.

We're also getting to restore a garden on the St. Johns River that's historically significant to both the Cummer and to the city, and a massive landscaping project is getting under way on the campus.

The parking lots will be redone and the street side of the museum will be made more beautiful and accessible with a sculpture garden and cafe seating under the oak trees. It will really help us become part of the neighborhood.

— Elizabeth M. Steif

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Smooth cruising on the Cumberland Sound

BY KELLY HOULD



“

Amelia Island is surrounded by wilderness. To the south, Big Talbot, Little Talbot, and Fort George encompass the Timucuan Ecological Preserve. To the north, you'll find Cumberland Island National Seashore and Fort Clinch State Park that makes up about ten percent of Amelia Island. Just to the west are the Tiger Islands and Tiger Basin, most of which are part of the Fort Clinch Aquatic Preserve.

”

I've seen Amelia by car, by kayak, by foot and by horseback — but never from aboard a catamaran.

So, when the people at Amelia River Cruises contacted me about riding along on one of their tours, I jumped at the offer.

The company has been in business since 2000 and they currently offer a variety of tours that fit nicely into any vacation schedule or weekend. I chose the Cumberland Island tour, which departs every morning at 10:30 a.m.

My trip was aboard The Bald Eagle, a catamaran captained by Kurt and narrated by tour guide Susan, who immediately informed us that Amelia Island used to be home to the busiest seaport on the East Coast.

As we made our way toward Cumberland Island, Susan told the tour more about the history of the area. Although the port has slowed dramatically from its early days, about 90 percent of imports to Bermuda come through the port.

We also learned why locals have their own name for Tiger Island: "Snake Island". Definitely not a recommended stopping point for boaters.

We got plenty of information about the history of Fort Clinch and even some modern-day history. (Susan recommended that ladies visiting the fort wear modest clothes to avoid bawdy jokes from too-serious re-enactors.)

After taking in many picturesque views, The Bald Eagle reached its destination: Cumberland Island. We were immediately treated to views of the famous Cumberland Island horses. This band of feral horses lives freely on the island, living off of wild sea oats and dune grasses.

It felt like a rare treat to see the horses, but the Cumberland Island tour almost always gets a great view of the band.

Cumberland Island is also home to typical Florida fauna such as deer, squirrels, raccoons, armadillos, boars and alligators — but our trip saw many magnificent birds of prey.

The trip was punctuated with a perfect sight: We steered through a pod of dolphins as we returned to the dock.

OTHER HISTORIC TOURS

In addition to the Cumberland Island Tour, Amelia River Cruises offers an afternoon Beach Creek Tour with an up-close view of the ruins of the Dungeoness Mansion on Cumberland Island.

There is also an abbreviated Cumberland Island Tour called the Cumberland Sound Tour that offers a shorter version of the history with many of the same beautiful and unusual sights.

TWILIGHT TOURS

Tours run all day and into the evening at Amelia River Cruises. There are two versions of the evening tours: one is family-friendly and the other is better used as a date night.

The Traditional Family Sunset Cruise offers a relaxing way for the whole family to take in a beautiful sunset while hearing an abbreviated history of the area.

The Twilight BYOB Cruise, however, is designed especially for adults. As the name would suggest, the tour encourages you to enjoy your beverage of choice while aboard The Bald Eagle. The tour even includes live music.

To learn more about Amelia River Cruises or to book a tour, visit www.ameliarivercruises.com

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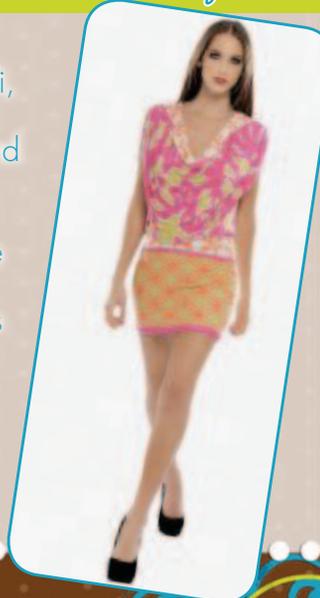
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Sulzbacher Center staff chose six finalists for the art contest; one winner was selected for his or her art to appear on the holiday card.

Photos provided by Sulzbacher Center



Finding the way home

BY ELIZABETH M. STEIF



Keiara, right, a 16-year old Sulzbacher Center resident painted this picture of her dream home at Christmas. Maxine Engram, left, is Sulzbacher's children's program manager and Keiara's mentor.

Photo by Elizabeth M. Steif



Keiara (third from left) was selected by a group of "celebrity" judges as the winner of the Christmas card contest. Her painting of what her dream home would look like at Christmas will appear on the center's annual holiday card.

Photo provided by Sulzbacher Center

Kids at Jacksonville's Sulzbacher Center painted pictures of their dream home in a holiday setting.

Snowmen, Christmas trees and reindeer were paired with colorful houses with lit windows. Each child painted something different yet similar.

For one of these kids, her dream of a home will soon come true, and her painting of her dream home will grace the cover of Sulzbacher's annual fundraiser Christmas card.

"I just painted what came to mind," said Keiara, the 16-year-old winner of the contest. "When you're living here you don't see stuff like this."

She and her family will soon be seeing their own house: Keiara's mom recently found a job at Fidelity, and they moved out of the shelter and into a house in August.

Keiara's dream house is blue, with wreaths on the doors and a sunglass-clad snowman — this is Florida, after all — in a snow-covered yard with a bright pink sky.

She made the background pink because it's her favorite color, but mostly because "it's happy," Keiara said.

Her painting was chosen from an original pool of 25 entries by kids of all ages living at the shelter. That was narrowed down to six, and hers was chosen by a group of "celebrity" judges, including board members, donors and a local artist.

She was excited about winning the contest and knowing that her picture will be on the cards and ornaments, she said, but it means more that her mother and mentor could see her do something great.

"It was a great honor. You don't experience stuff like this every day," said the teen, who wants to pursue a career as a criminal lawyer. "I made some people proud: my mom, Ms. Maxine, my family."

Maxine Engram is the children's program manager at the Sulzbacher Center and Keiara's mentor.

Keiara's design will be printed on the holiday cards and ornaments and sold to raise money for the center. The cards will go on sale at Transformations, Sulzbacher's major fundraiser, on Sept. 18 and then will be available online at www.giveagood-night.org.

The cards cost \$15, which covers a night of shelter for someone staying at the center, said Allison Vega, public relations and marketing manager at the Sulzbacher Center.

The funds raised at Transformations will also help the organization continue making improvements to its buildings and expand its services.

A kitchen redesign is planned and scheduled to be completed in October, and a major renovation of the men's dormitory

is currently under way.

Although the center serves meals to over 1,200 people daily, the kitchen is original to the facility and not well equipped to handle such volume.

"It's been the same since the beginning, when they were only serving breakfast," Vega said. "Now we serve breakfast, lunch and dinner to the residents, and lunch and dinner to the community."

Plans for the project got a boost with a \$1 million grant from the City of Jacksonville, Vega said, which will allow the center to purchase a dishwasher, install non-slip flooring and add food storage areas, among other things.

Because of the limited space, the center can't do food drives and must purchase food and rely on twice-weekly orders from Second Harvest.

Sulzbacher will also use the funds to purchase reusable plates, cups and cutlery to aid the "green" effort at the center.

A facility-wide recycling effort has been successful, Vega said, and compost from the kitchen is used in the community garden, which is tended by residents.

There they grow vegetables as part of a life skills course, and all the vegetables are then used in meals the center serves.

The life skills courses available to residents are part of the "positive progress" residents must make to continue living at Sulzbacher Center, Vega said.

"People can stay here as long they need help," she said. "They have to be making positive progress, like helping with chores and taking life skills classes."

Residents also have the opportunity to further their education through a partnership with Florida State College at Jacksonville to give them a chance to earn a GED.

About 45 percent of the center's residents don't have a high school diploma or equivalent, Vega said, and education is key to finding stable work.

The program just graduated its pilot class, and students were excited about it, Vega said. About 20 students per semester can participate, and participants may continue their program even if they move out of the shelter in the process.

Getting a better education is part of the three goals the Sulzbacher Center has for every resident: income, stable housing and health care.

"The biggest barrier to gaining those three things is lack of education and employment," Vega said. "Through education, we hope to enable people to meet the other goals and become independent."

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UNEXPECTED
DETAILS
REIGN FOR
THIS YEAR'S

Fall trends

BY KELLY HOULD

We all have a friend who always seems to be just ahead of the curve each season with her wardrobe.

No matter the situation, she always seems to have predicted the right outfit to put together for everything from a business presentation to an informal cocktail with friends. She seems to have an eerie prescience about what will be “in” each season and finds key pieces to update her wardrobe efficiently.

She seems to be effortlessly ahead of every trend — but don’t let her fool you. It takes work, patience and even some research to keep a wardrobe looking fresh each season.

If you’re absolutely ready to be “that friend,” keep your eye on big city runways and look for trends that span across designers — then buy no-nonsense pieces to update your look and make the best of what’s already in your closet.

Here are some First Coast fall fashion trends (try saying that five times fast) that will have you updating your closet and piecing together outfits like a pro as you transition from summer to autumn.

UNDERSTATED OUTFITS WITH NEON DETAILS

We saw tons of neon throughout the summer with the color blocking trend. Pink, green, orange and yellow neons showed up in accessories like belts and clutches as well as bold accents in patterns — and even basics like neon tees and denim.

The neon trend will still be around this fall, but to keep it looking sophisticated and fashion-forward rather than looking like a holdover from your summer wardrobe, choose pieces carefully to accent your look rather than overwhelm it. One easy rule of thumb is to add a neon accessory — such as a solid belt or scarf — to an otherwise neutral outfit to avoid overwhelming this bold trend.

COLOR PALETTE: BOLD BLUES, “OXBLOOD” AND WHITES

Basics on the fall color palette are predictable: brown, black, gold and deep orange colors reflect the hues of nature in autumn and are therefore repeated every time the season rolls around. The accent colors, however, are what tend to make each fashion year different. This year’s fall runways saw three big trends: bright blues, deep burgundies and white.

For the fall blue, think less neon and more true blue. Electric blue was hot this summer but will look tired by the time November rolls around. Look for true blues that are slightly brighter than a royal blue. Bright blue pieces can be paired with neutrals, whites and even navy blue to ease your wardrobe’s transition from summer to fall.

Deep burgundy — dubbed “oxblood” by Harper’s Bazaar — was also a widely used color on the fall runway. Many designers produced head-to-toe collections utilizing the color. Unlike bright blue, oxblood is dark enough to be flattering on a variety of skin tones and doesn’t overwhelm an outfit when used heavily in more than one piece. To get the best bang for your buck, seek out an oxblood coat or dress this season to capitalize on this understated trend without adding too many different separates to your wardrobe.

Finally, white is back in a big way so forget what you know about wearing this neutral after Labor Day. While you may want to go ahead and pack away any white shoes and denim you have lurking in your closet for the next season, look for whites that will complement the rest of your fall wardrobe. True white sweaters, blazers and jackets will be big this season. For an edgy look, consider mixing true whites with off whites, an editorialized combination that many designers capitalized on this fall.

THROWBACKS: KEEPING VINTAGE SOPHISTICATED

If you’re feeling daring, look to past decades for inspiration. Old Hollywood glamor and ’70s styles will make a comeback this season, but make sure you choose pieces wisely to avoid looking like you’re wearing a costume.

Vintage furs (that is, furs from past decades that have been repurposed and sometimes dyed) will make a comeback this year but a fur coat or stole can be extreme overkill in Florida’s mild seasons. If the fur trend interests you, look for older furs that have been repurposed into clutches or faux-fur accessories. Cruelty is never in style, so if you’re purchasing a fur, make sure you know its history.

Other details like fancy hats and feminine handbags in bright colors will surely make a splash this season. To keep it timeless, consider taking your vintage finds to be tailored and modernized.

BOLD PATTERNS: GET BUSY

Patterns are here to stay for the foreseeable future. In the South, we have the luxury of a long transition period from summer to fall and bold patterns can help ease that. If you purchased patterned pieces in black, white, gold, brown or navy, you’ll have an easy time bringing those pieces into your fall wardrobe. When you can, stay away from bold colors like orange, red and neons to avoid looking like you’re pushing for an endless summer (as tempting as that might be in Florida).

You’ll continue to see plenty of chevrons and ikat patterns. Look for an uptick in polka dot patterns, as well as elaborate mirror patterns.

MOVE CLOSETS FORWARD WITH LIGHT LAYERS

Layering is a must for Floridians looking to transition into fall. You can practically triple your wardrobe by incorporating layers, pulling neutrals from your summer and spring outfits into the fall. Some of summer’s biggest trends, like high/low and asymmetrical skirts and shirts, beg to be layered as soon as temperatures drop below the 80s. You can layer down or up with these — adding tanks under asymmetrical tops and tights or leggings under high/low skirts. Top off an asymmetrical tunic with a cropped blazer or cardigan.

Light scarves are essential in the fall, too, and can easily make a boring outfit look put together. Pair a bold scarf with a neutral outfit, or choose a scarf that brings together a pattern or color from elsewhere in your outfit. Florida’s falls aren’t cold enough to make a thick scarf necessary, so choose gauzy scarves and layer them as you would a bold necklace.

FALL FASHION EVENTS

BY KELLY HOULD

2012

If you're interested in seeing the latest trends up close and personal, there are plenty of opportunities to attend live fashion events this fall on the First Coast.

As a bonus, many of these shows benefit a great cause while showing you wearable styles and offering fashion tips.

AUGUST 17: ANGELWOOD FASHION SHOW & LUNCHEON

Angelwood will present its 10th Annual Fashion Show and Luncheon on August 17 at the Sawgrass Marriot in Ponte Vedra.

Angelwood provides an array of services for people with developmental disabilities and their families. Each program was developed in response to the needs of the families they serve. Angelwood offers residential group homes, adult day training, respite care, employment services and behavior services along with their summer day camp for children. Their goal is to provide opportunities across the life span.

The luncheon and fashion show will be held in the Champions Ballroom and will begin at 10:30 a.m. with a silent auction and networking. At noon, the show and luncheon will start with a fashion showcase produced by MIA styling. Tickets are \$50 for individuals and VIP tables are available. New works of art, jewelry, soaps and more will also be available for purchase at the arts-based Angelwood Day Training Program sales table. For more information or to purchase a VIP table, call (904) 288-7258 ext. 19 or visit www.angelwoodjax.org.

AUGUST 18: ORIGINAL PIECE GRAND OPENING

Original Piece has moved from its opening space in Jacksonville Beach to the St. Johns Town Center. The unique clothing store was created by three women of all different ages and fashion choices. They came together to form not only a brand and store but also a website, www.originalpiecemag.com, where women can enjoy the latest trends.

Original Piece's Grand Opening Party at the St. Johns Town Center will run from 11 a.m. - 3 p.m. on August 18. With more than 4,000 square feet at this new retail location, it's impossible to ignore what

Original Piece has been up to. The event will include DJ Capon and Original Piece's team of Poster Boys.

AUGUST 25: KYDS BACK TO SCHOOL FASHION

KYDS and Jaffi's will proudly present a Back-to-School Celebration and Fashion Show benefitting Gateway Community Services on Saturday, August 25. The event will begin in the courtyard of the North Beaches Town Center at 3 p.m. with a silent auction and refreshments. At 4 p.m., the fashion show will start, followed by an after party lasting until 6 p.m.

Observers will be able to go back to school (or send their little ones back) in style. Or, you're invited to be a model, enjoy VIP treatment, get goodies and have fun by participating in the show. For a \$100 donation, your family (women and children) can model. For \$50, you or your child can be a VIP model — or you can sponsor a Gateway child to be a model. VIP seating is available for \$10.

The public is invited to come out and watch the free show, shop the silent auction and register to win one of two \$250 shopping sprees at Jaffi's or KYDS. All proceeds from the event will benefit Gateway Community Services. For information on how you can participate, contact kyds.store@gmail.com or jaffis.store@gmail.com or contact Rosa Nicholas from Gateway at (904) 387-4661 x1031

SEPTEMBER 6: FASHION'S NIGHT OUT

The First Coast is invited to party in style as St. Johns Town Center celebrates Fashion's Night Out, a global initiative taking place in cities around the world to salute the best of fall fashion.

Shoppers are invited to shop and relax at St. Johns Town Center as retailers roll out the red carpet. Shoppers will enjoy a fashionable evening packed with free elements like a fashion show, entertainment and a Rejuvenation Area where guests can indulge in makeovers, facials and interactive beauty demonstrations. The St. Johns Town Center will also host Style Central, an area designated for trend-inspiring retailer

pop up shops and fashion-related ventures. Doors open to the Rejuvenation Area and Style Central at 4 p.m.

Fashion's Night Out at St. Johns Town Center is capped off with a runway fashion show featuring fall looks from retailers including Dillard's, Bare Escentuals, Tommy Bahama and others beginning at 6 p.m. Additionally, participating retailers will offer in-store activities and surprises with their own Fashion's Night Out events. The fashionable fun continues Sept. 7 through 9 during Fashion's Day After with in-store events, offers and more.

The event Thursday is free and open to the community from 4-11 p.m.

SEPTEMBER 13: FASHION GROUP INTERNATIONAL OF NORTH FLORIDA

The Fashion Group of North Florida is hosting an event on September 13 entitled "Inside Out... Get Gorgeous!" to bring participants the newest trends in beauty and health.

The Fashion Group International is a global non-profit association of more than 6,000 professionals headquartered in New York City. The goals of the organization are to advance professionalism in fashion and its related lifestyle industries.

Starting at 6 p.m., attendees will enjoy cocktails and hors d'oeuvres before a panel discussion begins. Panelists will offer insight into the event's theme and attendees will then enjoy networking.

The event is moderated by Greg Keblish, store director of SAKS Fifth Avenue Off 5th and FGI regional director-elect.

Panelists include:

- Shameka Le Counte, award-winning hair stylist and educa-

tional director of the Toni & Guy Hairdressing Academy, opening in September

- Jacqueline Rush, owner of the Jacksonville Salt Spa
- Dr. Surgey Turchin of Florida Hospital Flagler and author of The Guide to Poisonous Creatures of Florida
- Noreen Young of Noreen Young Cosmetics and Makeup Studio, international makeup artist, skin therapist and beauty and food blogger.

Reservations are required to attend the event, which is \$20 for non-members and \$15 for FGI members. To make reservations, contact Sandra Alford at (904) 398-5788.

OCTOBER 18: BETTY GRIFFIN HOUSE RUNWAY FOR SAFETY

Back by Popular Demand, the Betty Griffin House Runway for Safety will return this year for an annual fashion show and fundraiser.

Angi Boselli and Vicki Pappas are two bold local icons in the lineup of beautiful and handsome models who will sport the latest fashions from Stein Mart.

The event, which includes a luncheon, will be held at the Marriot Sawgrass Resort in Ponte Vedra Beach on October 18 at 11 a.m.

Tickets are \$50 per person and are available only by check or charge (no seating at the door). Individual tables of 8 to 10 are welcomed. RSVP as soon as possible by contacting Florie Adiutori at florieaiu@aol.com or calling (904) 808-8544.



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This Bud's for you, Jacksonville...

BY KELLY HOULD

The name Budweiser is synonymous with beer, but not necessarily with Jacksonville.

Think of Budweiser and you may think of St. Louis, the home of Anheuser-Busch since 1852. However, if you drink a Bud anywhere between Miami and New Orleans, chances are it came through the Budweiser Brewery in Jacksonville.

Tucked into Jacksonville's largely rural and industrial Northside, the large Budweiser facility isn't even on the radar for many natives. Nevertheless, the Budweiser Brewery has been situated in Jacksonville on 205 acres since 1969.

From Main Street, the large industrial building emblazoned with the familiar Bud logo doesn't necessarily scream "fun outing destination." But don't let the uninviting exterior fool you. As soon as you pull into the parking lot, you're greeted by signs that welcome you to the facility. "Making friends is our business," the signs declare boldly.

Well, perhaps not so boldly.

When you offer free tours and adult beverages, making friends becomes pretty darn easy.

Monday through Saturday, Budweiser offers complimentary tours from 10 a.m.-4 p.m. Although Jacksonville and the First Coast have a ton of incredible outdoor activities to offer visitors and residents, sometimes we're left at a loss when the weather is poor — whether it be too hot or too rainy for the beach or outdoor shopping. The tour, which is completely indoors, is a good bet if you're trying to plan a date or outing and you know the weather isn't going to cooperate.

On the tour, you'll learn how Budweiser is crafted through the steps of its brewing process. Visitors of all ages are welcome to observe the art of brewing and the state-of-the-art technology utilized by Budweiser. You'll also learn about the innovative environmental initiatives and practices that Anheuser-Busch has implemented through recycling, energy recovery and other environmentally-friendly offsets.

Guests (over the age of 21, naturally) are offered a sample of their favorite brews in the Hospitality Room. Chances are they have a few available that you've never heard of — or at least never tasted.

The tour lasts about 45 minutes (including sampling time) and can accommodate 40 people at a time. Tours depart every 45 minutes. Cameras are always welcome.

BEER SCHOOL

We'll spare you the bad jokes about college drinking and beer pong here. Beer School at Budweiser's Jacksonville location is far more sophisticated. Beer School is a fun and interactive experience that explains the concept of beer appreciation.

The class is about 30 minutes long and introduces students to a variety of beer styles, ingredients, proper pouring techniques and food pairing suggestions. Perhaps you'll even discover a new favorite beer as you participate on a taste panel led by an official beer school instructor.

The program is limited to guests 21 and up and is offered all year, Monday through Saturday, on a first-come, first-served basis. The cost is just \$10 per person, which includes the class and gifts for the beer connoisseur. Call (904) 751-8111 for reservations.

BEERMASTER TOUR

If you're really ready to give it your all and get a primer on the beermaking process, consider the Beermaster Tour offered at the facility.

This paid variation on the free tour is a full hour and 45 minutes long and provides a unique opportunity to experience a behind-the-scenes look at the brewing of Budweiser.

On the Jacksonville Beermaster Tour you will visit the Brew Hall, Primary Fermentation Cellar, Lager Cellar, Packaging Facility, Quality Assurance and Finishing Center — and even partake in a sample directly from the finishing tank.

Sure, the free tour is fun — but on that version you just observe from afar. On the Beermaster Tour you're invited to jump right in.

Reservations are required and the cost is \$25 for adults, \$10 for young adults ages 13 to 20. This one includes gifts, too.

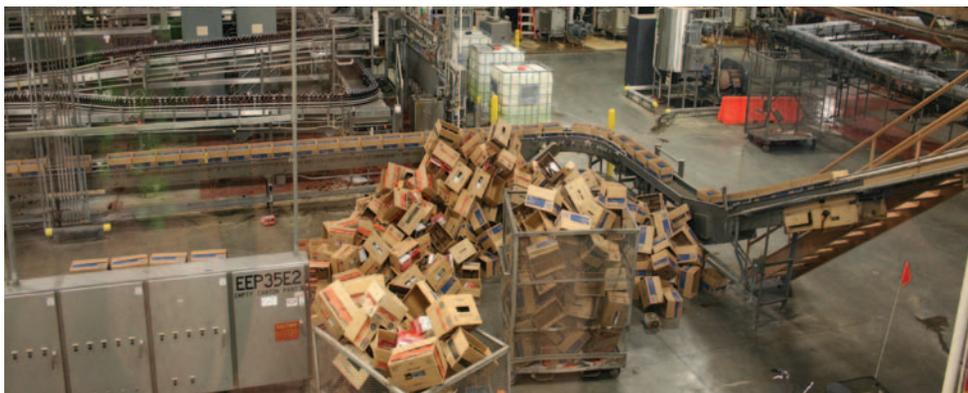
Visit budweisertours.com to learn how to schedule a visit via email or contact the facility directly at (904) 751-8117. Reservations are available from Monday-Saturday, 10 a.m.-2 p.m.

Oh, and because you'll be getting up close and personal with the brewing process on a large, large scale, be sure to dress in closed toed shoes and pants — the mandatory outfit of the Beermaster Tour. Additional safety equipment is provided.



ABOVE: Although the Budweiser facility may look like it's just an industrial factory, the grounds offer winding picturesque pathways and some interesting photo ops. Parking is free and the tours are easily accessible to the public.

BELOW: All tours of the facility offer a unique glimpse not only into the development of the brand and the creation of the brew, but also into the elaborate processes used to package Budweiser products for shipment.





“American Son” Marco Rubio visits First Coast

BY KELLY HOULD



Senator Marco Rubio greeted First Coast locals on his book tour in July.

Rubio was promoting his new memoir, *An American Son*, throughout Florida. Rubio visited Books-A-Million on Wells Road in Orange Park on the evening of July 2. Locals lined up to shake hands with the senator and Florida native, who eagerly spoke to fans and signed books.

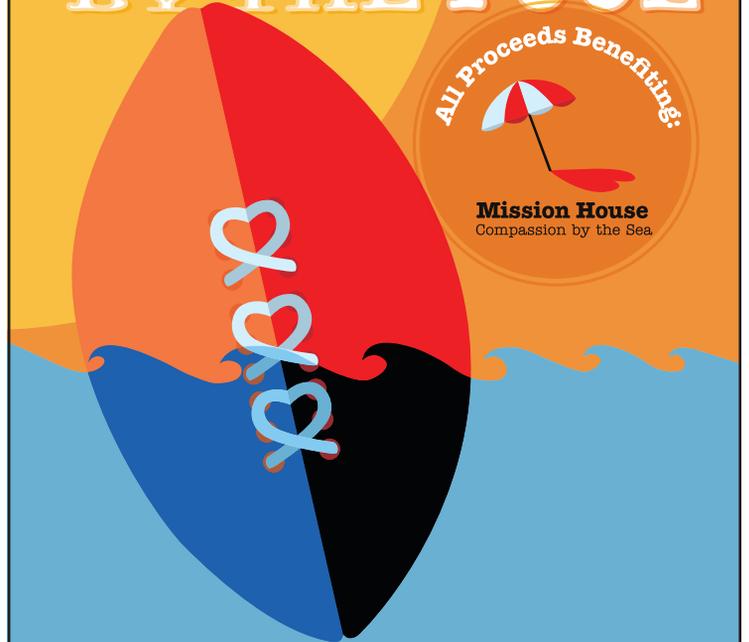
Rubio served in the Florida House of Representatives from 2000-2008 and was elected to the U.S. Senate in 2010. His committee assignments currently include Commerce, Science and Transportation; Foreign Relations; Intelligence; and Small Business and Entrepreneurship. Rubio and his wife Jeanette have four young children and live in west Miami.



Above: Representative Mike Weinstein with wife, Sara, & daughter, Danielle.

Below: Rubio's brother, Mario Rubio, & Jay Dempsiee

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HEADING BACK TO SCHOOL ON THE FIRST COAST

BY CARRIE RESCH



It's that time of year again. Back to school equals back to spending, and for a lot of parents in this economy, budgeting for this time of year can be a challenge.

School is back in session on Aug. 20, but back-to-school shopping usually starts in July and ends in early September, according to the National Retail Federation (www.nrf.com), a retail trade association.

School supplies are not cheap, and from clothes and shoes to backpacks and electronics, consumers are estimated to spend more than \$83 billion on school supplies for grade school and college kids — more than Mother's Day, Valentine's Day, Easter and Father's Day combined, according to NRF.

DEPARTMENT VS LOCAL SHOPPING:

According to NRF, six in 10 shoppers plan to shop at department stores this year, higher than any previous year. Many use department stores for one-stop shopping and buy basics and then shop at specialty stores to splurge on accent pieces.

However, some of your best resources are right in your back

yard. Many local boutiques carry basics for kids and rather than waiting for a national retailer to schedule a sale or struggling with coupons, you can take advantage of First Coast retailers offering seasonal sales and straightforward savings.

SCHOOL SUPPLIES:

Budget-conscious shoppers may surf the web to find the best deal on items and avoid shopping crowds at the same time. Buyer beware, though: Online shoppers will spend an average of \$874 for school supplies, 27 percent *more* than the overall average shopper. Online back-to-school shopping has quadrupled since 2003 and nearly 40 percent of consumers will shop online this year, according to NRF, but local shopping may yield better deals according to their data.

PREPAID GIFT CARDS:

Apprehensive about letting your new college student loose with your credit card this school year? Try a prepaid gift card that will ease your mind and rein in your college student's spending by keeping them on a budget.

Prepaid gift cards will also work for older students who want to go shopping with their friends instead of their parents. Decide on a set amount and encourage them to make a list of items they will be shopping for before they go.

FASHION TRENDS:

Know what's "in" for juniors before you begin shopping:

- Jeans in non-traditional colors such as jewel tones or neon colors
- Tribal prints in tops, shorts, dresses or bags
- Ballet flats
- Florals, plaids and color blocking (pairing solid color pieces)
- For the guys — classic prints such as plaid or bright colors in a button-down shirt and beanies

School uniform? Accessorize! Have fun experimenting with accessories to stand out from the crowd. Trending this year are headbands with large flowers or bows, layered bracelets,

chunky jewelry, large rings and bright-colored backpacks

HIGH-TECH:

College-bound students can benefit from the high-tech world of smart phones and tablets. Tablet computers such as iPads can serve as an all-in-one entertainment system for watching TV shows and movies, listening to music, playing games, and as a learning tool for recording lectures, taking notes, using a calculator, and having a library of eBooks for Lit class or textbooks, according to Shine (shine.yahoo.com). It won't replace a computer, but when used in conjunction with one, it can be a real space-saver in a dorm room.

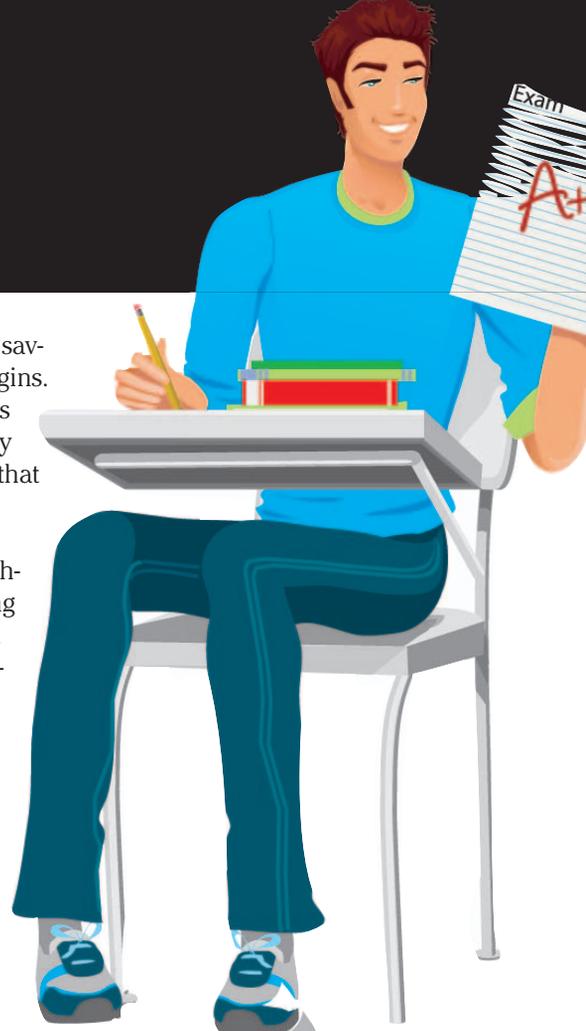
Set a budget and make a list to avoid over-buying or forgetting to buy an item. For clothing, make sure to save the receipt

or space out back-to-school shopping, saving some shopping for after school begins. Once your child sees what the fashions are this year, it may influence what they want to buy and wear. Focus on items that can be mixed and matched using one look in several different ways.

Obtain school supply lists from teachers when possible to ensure purchasing the right products and avoid making a trip back to a store to buy needed supplies.

Encourage kids to save their money to buy special items that they want.

If you are on a tight budget, let kids know that as the school year goes on, there can be occasional shopping trips throughout the year to add to their wardrobe and supplies.



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Sawgrass Village

Kids tackle obstacles with Boselli Foundation

BY ELIZABETH M. STEIF



PHOTOS PROVIDED BY
THE BOSELLI FOUNDATION

The First Coast is about to get really, really dirty. The Boselli 5K Mud Run and Kids Mud Run will be held Saturday, Sept. 15, in Jacksonville. All funds raised benefit the Boselli Foundation, former Jaguar player Tony Boselli's organization to help disadvantaged children in Jacksonville.

"This is one of our big fundraisers. We're very excited, and it's a great and fun event both for individuals looking for a challenge and for a group of people or families," Boselli said. "It will challenge you as much as you want."

Mud Run participants will make their way through over 25 obstacles on a 5K course, including mud pits, hills, cargo nets and more.

All money raised through the run will directly benefit the Boselli Foundation, which focuses on helping children in low-income neighborhoods in Jacksonville through education and character development.

"The money stays right here in Jacksonville and directly helps kids on the First Coast," Boselli said.

Boselli and his wife Angi founded the organization in 1995, the same year he became the Jaguars' first-ever draft pick. Now, the couple's five children are involved too.

"We wanted to give back in some way," he said. "We got the whole family involved and wanted to use the resources and influence God has given us to give back."

The family spends nearly all their free time at the Foundation, he said, besides involvement in their congregation at Southpoint Community Church.

The Boselli Foundation operates two centers in Jacksonville and serves about 100 kids every day in after-school programs, plus summer camps.

"We provide after-school snacks for the kids and certified teachers and talk about the importance of making good decisions," Boselli said, calling the program a "huge success."

Students in the program outpace the district in FCAT scores and many go from making D's and F's to A-B honor roll in school, he said.

Children are tested at the beginning and end of each year to measure progress and are tutored in core academic subjects.

Besides academics, students learn dance, sports and cultural arts through partnerships with several other community organizations and the City of Jacksonville.



Boselli said he and family wanted to build this organization here, rather than his home state of Colorado or college state of California, because "Jacksonville is home," he said. "We've been here the majority of our married life, and four of our five kids were born here. Still being involved in the Jags is very important to me, but we love the community and love the people."

Through events like the Mud Run, the community gets to learn more about the Foundation and how they can help, he said.

While he won't be participating in this year's Mud Run due to a hip replacement, Boselli says he's "on the disabled list, but I'll be there to see everyone and talk about the Foundation."

The goal of the Mud Run is really to "raise as much money as possible," Boselli said.

The organization operates with a budget of about \$300,000 a year, and all the money comes from fundraisers like the Mud Run.

Participants in the Mud Run must pay a registration fee and raise at least \$71, a nod to Boselli's jersey number as a Jaguar. Registration is \$55 until Sept. 9 and \$70 until Sept. 15, the day of the event. Participants can also elect to pay a flat fee of \$111 with no fundraising requirement.

The Boselli Mud Run and Kids Mud Run will be held at the Jacksonville Equestrian Center at 13611 Normandy Blvd.

The Mud Run 5K course is partially on road and partially on trail with obstacles. Both competitive and non-competi-

tive divisions are available.

Registration for the Kids Mud Run is \$20 with no fundraising requirement, although they're encouraged to raise at least \$50.

The Kids Mud Run is a mud- and obstacle- filled half-mile race for children ages 6-9. The course is within sight of the start and finish lines so parents can watch their children participate.

Children ages 10-12 may participate in the Mud Run 5K if they're accompanied by an adult; children ages 13-17 may participate in the Mud Run 5K unaccompanied. A waiver signed by a parent or guardian is required of all children.

For more information, visit www.bosellimudrun.com and www.bosellifoundation.com.

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Children's Home Society prepares for

Caring Chefs 2012



ABOVE: Chefs prepared bite-sized portions of their restaurants' most popular dishes last year at Caring Chefs 2011.

BELOW: Ann Gayle and Wanda Willis

Northeast Florida's first, biggest and arguably best food and wine-tasting event will return to The Avenues Mall Sunday, Oct. 14, for its 29th edition.

Caring Chefs, slated to run from 7–9:30 p.m., features more than 50 of the best First Coast restaurants, caterers and wine vendors offering their most well-known dishes and libations.

Tickets are \$60, with proceeds benefitting Children's Home Society of Florida's efforts to break the cycle of child abuse and neglect.

Each year, sell-out crowds of more than 2,000 fill the mall sampling the best cuisine in Northeast Florida.

Now in its 29th year, Caring Chefs helps Children's Home Society of Florida embrace children and inspire lives. Since 1902, CHS has helped build, strengthen and heal families and now serves more than 2,500 children and families in Northeast Florida every day.

CHS believes every child deserves to be safe, happy and loved. To that end, CHS offered family-centered and child-focused programs designed to nurture children and bring families together. Through adoption, foster care, counseling, residential care and parent education programs, CHS is passionate about stopping the generational cycle of abuse and neglect for children.

Caring Chefs sponsors have helped thousands of children heal from abusive backgrounds and find loving, forever families. They've provided a safe harbor for

abused toddlers, found parents for abandoned children, redirected troubled teens and transformed addicted mothers into productive parents.

Since the venue, food, beverages and advertising are donated, 90 percent of the revenue from sponsorships goes directly to help the children. Thanks to the community's generosity, more than \$175,000 was generated last year.

Over the past 28 years, the Caring Chefs event has raised more than \$2.5 million. This year, the Caring Chefs committee hopes to raise a record \$185,000.

"Our event is basically a big festival with incredible food and drink," said Russell W. Jones, event chair and Senior Vice President at The Prattos Jones Group of Morgan Stanley Smith Barney in a news release. "Guests get to have a great time while helping our efforts with the children."

The event also includes live music from three different bands located throughout the mall and a souvenir glass and tray for each patron.

Last year, a sell-out crowd of more than 2,100 packed the mall to experience gourmet selections from restaurants including Bistro AIX, The Capital Grille and Ruth's Chris Steak House.

For information on how you can become a sponsor or how your restaurant can be part of the event, contact Eric Scott at (904) 493-7739 or eric.scott@chsfl.org. Visit chsfl.org for more information on the event and the organization.



ABOVE: Alyson Horton, Steve Coluccio, Jeffrey Murnin, Michael Vatter and Susan Waldeck at Caring Chefs 2011
LEFT: Andrea Jackson, Laurie Sprecher and Christy Dobscha

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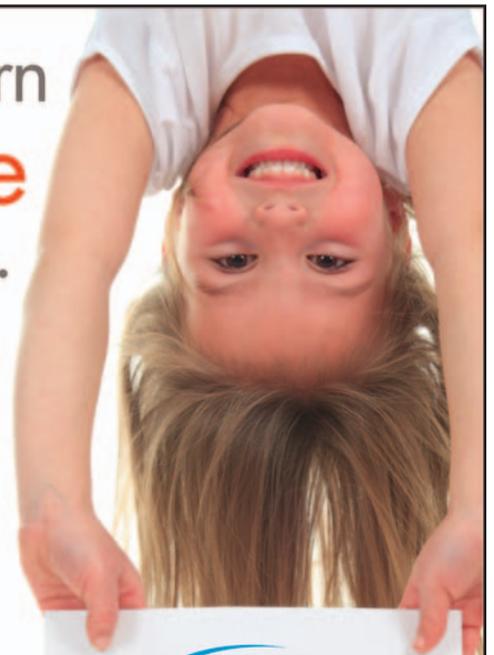
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BLUES TRAVELER
OCTOBER 28

ST. AUGUSTINE INVITES YOU TO STEP INTO THE *Limelight*

BY KELLY HOULD

In operation for over 20 years, the Limelight Theatre is a volunteer-based community theatre with a mission to entertain and educate through professional-quality theatrical productions and outreach programs for adults and children.

Co-founded by Anne Kraft and Jean Rahner, the Limelight Theatre staged its first production, "I Ought to be in Pictures," on August 28, 1992, and achieved 501(c)3 not-for-profit status in 1994.

Limelight Theatre operates year-round and offers seven main stage productions including dramas, musicals and comedies on the Matusa Main Stage, in addition to other special produc-

tions including its annual fundraising gala and show.

Limelight Theatre announced its 21st season in August and will kick off the season in September.

Executive Director Beth Lambert announced the seven main stage productions, which comprise the core of Limelight Theatre's programming. It is an exciting line up filled with popular shows and musicals.

For its 21st season, the Limelight Theatre will present "Big River," "Boeing-Boeing," "Forever Plaid: Plaid Tidings," "Lost in Yonkers," "The Rainmaker," "Til Beth Do us Part" and "Do Black Patent Leather Shoes Really Reflect Up?"

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Each show features an opening night gala to celebrate the new production, as well as a "Terrific Tuesday." On Terrific Tuesdays at the Limelight, tickets are \$25 per pair.

BIG RIVER

Running Sept. 9-Oct. 7

Preview, Sept. 6

Terrific Tuesday, Sept. 7

Big River Hoedown, Sept. 7

Based on Mark Twain's novel, "The Adventures of Huckleberry Finn," this family-friendly bluegrass and country musical brings the classic tale to life. Huck and other familiar characters encounter twists and turns on the Mississippi River as their journey unfolds and life lessons are learned.

BOEING-BOEING

Running Oct. 26-Nov. 18

Preview, Oct. 25

Terrific Tuesday, Oct. 30

It's the '60s and a successful Parisian bachelor juggles romances with three air hostesses from different airlines with the help of his exasperated housekeeper. A sudden change occurs in the timetables he uses to track his liaisons and chaos ensues in this modern take on the classic farce.

FOREVER PLAID: PLAID TIDINGS

Running Dec. 7-Jan. 6

Preview, Dec. 6

Terrific Tuesday, Dec. 11

New Year's Eve Showing: \$50 with champagne & hors d'oeuvre

The Forever Plaid boys return when the heavenly Rosemary Clooney calls on them to add their posthumous harmony to the world in this family-friendly musical. Christmas classics delight as well as audience favorites featuring the Rockettes and Chipmunks.

LIMELIGHT THEATRE GALA: WE LIGHT UP YOUR NIGHTS

For 2013, the theater is also gearing up for the Limelight Theatre Gala — a pre-show party at the nearby Lightner Museum with a show following at the Flagler Auditorium across the street. Only 300 VIP tickets will be available for this one-night tribute to the music of Rodgers & Hammerstein and Andrew Lloyd Webber.

It will feature cast members and musicians from some of Limelight Theatre's most popular productions and will be staged in the beautiful Flagler College Auditorium in historic downtown St. Augustine.

Scheduled for Saturday, Jan. 12, Limelight Theatre's Gala will feature a pre-show party at the elegant Lighter Museum, beginning at 6 p.m. Following the party, attendees can simply walk across the street to Flagler College to attend the show, which starts at 8 p.m. and features a dessert buffet during intermission.

Light up your nights!

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Limelight
THEATRE
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BIG RIVER September 8~October 7
BOEING-BOEING October 26~November 18
FOREVER PLAID: PLAID TIDINGS December 7~January 6
LOST IN YONKERS January 25~February 17
THE RAINMAKER March 8~March 30
'TIL BETH DO US PART April 19~May 12
DO BLACK PATENT LEATHER SHOES REALLY REFLECT UP? May 31~June 30

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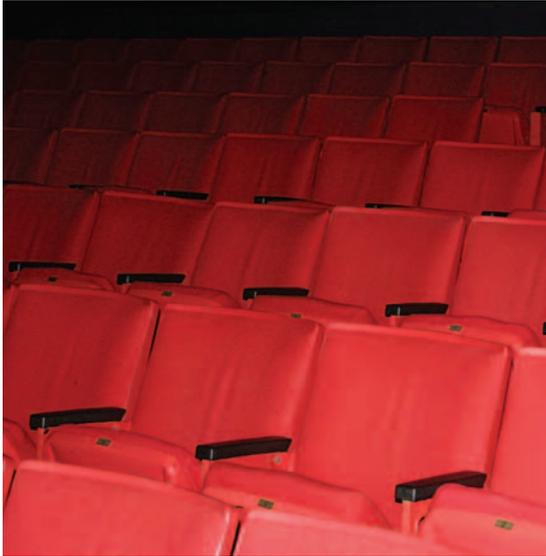
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In keeping with its mission to entertain and educate, the Limelight also offers classes and workshops for adults and children. The KidzFACTory program includes after-school and summer performance camps that culminate in full-scale productions staged in the Koger-Gamache Studio Theatre.

The Limelight Theatre is located at 11 Old Mission Ave. in St. Augustine. Main stage performances are Thursdays, Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. For more information about this theatre, visit limelight-theatre.org or call (904) 825-1164.



Below:
Executive Director Beth Lambert with Molly Salzbrunn, marketing manager



lime-light n

1 : a device in which flame is directed against a cylinder of lime formerly used in the theater to cast a strong white light on the stage 2 : the center of public attention

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WHAT'S NEW *in the arts...*

ALHAMBRA THEATRE AND DINING

'This Magic Moment,' through Sept. 2

"This Magic Moment" will run for just five shows until Sept. 2. The show offers a stroll down memory lane with music from the '50s and '60s.

Starring Eric Jon Mahlum, the show features an ensemble cast and a live band performing songs such as "Teenager in Love," "Unchained Melody," "Great Balls of Fire," "It's My Party" and, of course, "This Magic Moment."

The dinner menu includes a choice of shrimp and grits, smoked prime rib or roast chicken.

Tickets are \$42. For more information and to purchase tickets, visit www.alhambrajax.com or call (904) 641-1212.

'Remember Me,' Sept. 5-Oct. 7

Alhambra's next show will be "Remember Me," starring Joyce DeWitt. The show will run Sept. 5-Oct. 7.

"Remember Me" is about a couple in their early 50s who have what appears to be a very comfortable marriage and a very good life. Though content, their marriage has grown tired. One morning while Brian is playing tennis their lives are turned upside down when Mary's college boyfriend, Peter, shows up.

Although Peter takes Mary in his arms, professes his undying love and devotion to her and begs her to forgive him for breaking her heart many years ago, he turns out to simply be Mary's fantasy. That doesn't stop Brian from going into a jealous rage, and things get even more complicated when the real Peter actually shows up.

Tickets are \$42-49 or \$59 for the Friday, Sept. 7 gala opening. For more information or to purchase tickets, visit www.alhambrajax.com or call (904) 641-1212.

Upcoming shows

- "Phantom," Oct. 10- Nov. 25
- "White Christmas," Nov. 28-Dec. 24

JACKSONVILLE SYMPHONY ORCHESTRA

Opening Weekend, Fri.-Sat., Sept. 28-29, 8 p.m.

The weekend's "Symphonie Fantastique" is part of the Florida Blue Masterworks Series and opens with a reprise of Fabio Mechetti's inaugural program, featuring Berlioz' "Symphonie Fantastique."

Subscriptions and single tickets are available. Single tickets are \$25-70.

'Viva Italia,' Friday, Oct. 5

The Oct. 5 concert is part of the Mayo Clinic Coffee Series. Attendees may join the Jacksonville Symphony Guild before the concert for coffee and conversation, starting at 10 a.m.

Special guest vocalists Poperazzi take attendees on a tour of sunny Italy with tributes to Mario Lanza, Pavarotti, Sinatra and Frankie Valli. Michael Krajewski will conduct.

Subscriptions and single tickets available. Single tickets are \$16-26.

Musical Storybooks, Saturday, Oct. 6, 10 a.m.

Jacksonville Symphony String Quartet presents an early literacy and music program for pre-K children, offering a story combined with music to engage them in active listening and foster a love of reading through music.

The event will be held at the Jacksonville Public Library Southeast Regional Branch at 10599 Deerwood Park Blvd. in Jacksonville.

Admission is free.

'Cover the Town with Sound,' Sunday, Oct. 7, 3 p.m.

Jacksonville Symphony Ensemble presents a free concert series featuring small groups of Jacksonville Symphony musicians performing in community venues throughout the area.

The concert will be held at Palms Presbyterian Church in Jacksonville Beach. Admission is free.

All concerts are in Robert E. Jacoby Symphony Hall at the Times-Union Center for the Performing Arts, 300 Water St. in Jacksonville unless otherwise noted.

Call (904) 354-5547 or visit www.JaxSymphony.org for more information and to purchase tickets.

ART EVENTS AROUND THE FIRST COAST

Art sale to benefit Mission House

A local teacher and artist is selling pieces of his work to benefit Mission House in Jacksonville Beach.

Hercel Stallard will hold the sale at his studio Sunday, August 26, from 2-5 p.m. Pieces range in price from \$250-3,500; he has pledged 50 percent of the proceeds to benefit Mission House.

Stallard is a self-taught watercolorist and has taught work-

shops around the Southeast, including locally at the Jacksonville Museum of Contemporary Art and the Cummer Museum of Art and Gardens. He also teaches weekly classes at his studio and in Palatka.

Stallard Studios is located at 1650 Art Museum Dr., #14, Jacksonville.

For more information, visit www.hercelstallard.net or www.missionhousejax.org.

INTERNATIONAL FILM FESTIVAL COMING TO CULTURAL CENTER AT PONTE VEDRA BEACH

The Cultural Center at Ponte Vedra Beach presents the First Coast Children's International Film Festival featuring a collection of the best multicultural films from around the world.

The festival will open Friday, Sept. 21, and feature international appetizers, a candy and popcorn buffet and a screening of a full featured international film. Saturday, Sept. 22, and Sunday, Sept. 23, will include films with coinciding workshops in film-making, international cooking and art-making.

The St. Johns County Tourist Development Council is partially funding the event.

For film listings and ticket prices or to volunteer, contact Leigh Rodante at (904) 208-0614 ext. 203 or visit www.ccpvb.org.

ANGELS FOR ALLISON FESTIVAL OF FLIGHT

This free music and art festival benefits Angels for Allison, a nonprofit organization that provides financial assistance

for expenses associated with the loss of a child for families in Northeast Florida.

The family friendly event will be held Sept. 30 from noon-4 p.m. at Memorial Park in Jacksonville. Admission is free. The event will feature a musical lineup, artwork from local artists, fun activities, food and more.

Angels for Allison, the Allison Brundick Haramis Foundation and Fidelity Information Services are sponsoring the event. All proceeds benefit Angels for Allison.

For more information, visit www.angelsforallison.org.

PLAYERS EVENT BENEFITS CULTURAL CENTER, JACKSONVILLE SYMPHONY ORCHESTRA

The Players Benefit for Arts/"Celebrate" will be held at TPC Sawgrass on Oct. 12.

The event will feature dinner and dancing and supports arts and music programs provided by the Cultural Center at Ponte Vedra Beach and the Jacksonville Symphony Orchestra.

Dance band Party on the Moon will perform, and guests can bid at live and silent auctions. Cocktails, hors d'oeuvres and a buffet dinner are included.

Cocktails and hors d'oeuvres will be served and the auctions will be held from 5:30-7:30 p.m. Dinner and dancing will be from 7:30-10:30 p.m.

Tickets are \$150 per person or \$100 per person for those under age 35.

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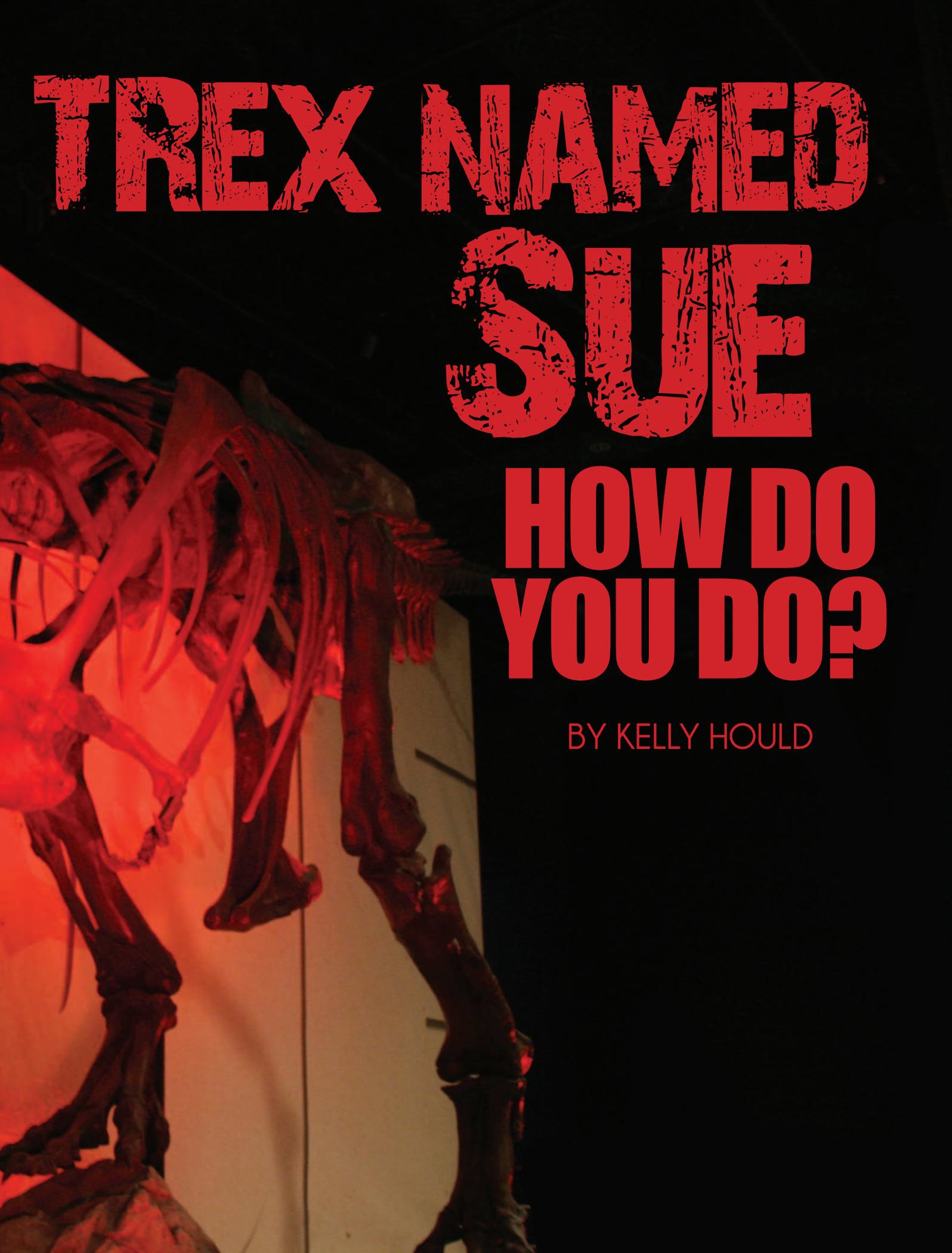


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TREX NAMED

SUE

**HOW DO
YOU DO?**

BY KELLY HOULD



Is there anything cooler than dinosaurs when you're a kid?

Perhaps it was just my generation, but I hope that the fascination continues today.

Take even the shyest, shrinking-est violet of a child and watch her ears perk when you mention names like pterodactyl, triceratops, brachiosaurus, velociraptor — and of course, the king of them all, tyrannosaurus rex.

I knew that tyrannosaurus rex translated roughly into “lizard king” before I knew my times tables. I think I’ll always remember more dinosaur facts than I will elements on the periodic table — and it’s no wonder. For young kids, it can be difficult to frame science in a way that makes it interesting. But throw dinosaurs into the mix and all suddenly all different aspects of science come alive in vivid color, from geology to biology.

I grew up during an exciting time for dinosaur lovers. In the 1980s and early '90s, archeologists began to unearth the most complete and incredible T. rex skeletons ever found. They gave them the absolute coolest nicknames, too: Black Beauty (specimen number RTMP 81.6.1, discovered in 1980 in Alberta), Devil Rex (MOR 555, discovered in 1988 in Montana) and the biggest and the baddest, Sue (FMNH PR2081, discovered in 1990 in South Dakota).

Then “Jurassic Park” came out in 1993 and the image of the mighty T. rex, roaring and stomping her way after puny humans, was emblazoned in the minds of kids across the nation forever.

When I was young — 9 or 10 — my parents took me along on a business trip to Atlanta. It was a trade show, not at all a kid-friendly venue, and the trip from Jacksonville to Atlanta and back was quite a long one for a little kid to make in one day.

So why bring me along at all?

A museum in Atlanta had a T. rex skeleton on display and I had never, ever seen one. My parents made enough time in the trip for us to visit the museum and see the skeleton.

I looked forward to that trip more than Christmas, my birthday and summer vacation all combined into one. It was simply one of those incredible moments as a child where reality lives up to your expectation of something that you’ve build up as earth shatteringly, impossibly cool. If you have a great imagination, those moments don’t come along often.

When they do, you don’t forget them.

Spoiled rotten, I couldn’t leave the museum without some sort of memento. I remember riding the MARTA that afternoon, tightly hugging a stuffed velociraptor from the museum gift shop.

I was understandably excited when I heard that Sue, the big bad mother from 1990, was coming to The Museum of Science and History in Jacksonville. I planned an outing with Jonathan, my partner in crime, gushing all the while about how much I had enjoyed my trip two decades ago to Atlanta. How I had seen a complete T. rex skeleton there, too — although I couldn’t pin down which specimen it had been. I stopped short of quoting “Jurassic Park,” but it took a great deal of restraint.

A common thread of 20-somethings is that we tend to revisit elements of our childhood that never quite live up to our original impressions of them. Whether it’s going back to Disney after a long absence or visiting a relative in another state, everything seems much smaller, much different — not quite the way we remembered it.

I’m happy to report that no matter what age you see a T. rex skeleton, it is still a time-stands-still, recognize-your-mortality, bask-in-the-awe-of-something-quite-majestic type of moment. If 65 million years didn’t diminish the T. rex, 20 years certainly was not going to make a difference. Sue was just as cool to me pushing 30 as she was before I hit double digits.

Jonathan and I stole away on a Friday evening to visit the Museum of Science and History in downtown Jacksonville. It was an incredibly cheap date — tickets during extended hours on Fridays are just \$5 each.

We visited a few of the other exhibits, learning about the First Coast’s history and the native wildlife here. But to be quite honest, seeing the other exhibits was like sitting through the previews before your most anticipated movie. All I was really thinking about was Sue.

We mounted the staircase to the second floor where the exhibit, dubbed “A T. Rex Named Sue,” is displayed. It was impossible to miss her when we reached the top of the stairs.

The monumental skeleton is lighted from below, accentuating the massive set of bones that once supported one of the most terrifying (but very, very coolest) creatures that ever walked the planet.

What’s on display is a cast of dinosaur bones — not the real thing. Don’t worry: It doesn’t matter a bit. It’s still humbling to stand beside something that could have so clearly snacked on you like a gristle-riddled chicken nugget.

There’s more to the exhibit than simply basking in the reddish glow of something terrifying, of course. There are many displays, some interactive and some completely educational, where kids and adults are encouraged to learn about Sue and



**MY, WHAT BIG TEETH
SHE HAS...**

PHOTOS BY KELLY
HOULD

her contemporaries.

One great thing about MOSH is that you don't have to be a kid or even have a kid to have a fun time at the museum. (I am sometimes wary of garnering dubious looks when attending child-centered activities unless accompanied by a real life kid. You know what I mean if you've ever gone to see a cartoon movie by yourself.)

Sue will be on display at MOSH until Sept. 23. The exhibit is included in general admission, which costs \$10 for adults and \$8 for children, seniors and active military members. On Fridays, the museum is open until 8 p.m. and entry is \$5 for all. On-site parking is free.

If you don't have kids or can find a good baby sitter, do like we did and make a date of it. Nothing says "romance" like a 42-foot long, 65 million-year-old, 3-ton carnivore.

To learn more about Sue and plan your outing, visit www.themosh.org.

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Fall BRIDAL TRENDS FOR 2012

BY CARRIE RESCH

Fall can be a wonderful time to say, "I do" as the weather is cooler and the changing leaves offer beautiful natural backdrops of oranges, yellows, and red color combinations.

Whether it's a traditional fall wedding or one that integrates the latest trends, fall nuptials provide the opportunity for exceptional seasonal décor and unmatched elegance.

Some fall wedding trends include incorporating the colors of fall and fall standbys such as pumpkins or apples. You can incorporate these items through centerpieces, or more subtly such as a dish made with pumpkin or apples. Fall color palettes typically include cranberry and chocolate tones, but trending this fall are the gold and tan hues.

The Dress:

Several styles of wedding gowns are emerging that offer many options for brides based on personality, from the more traditional and modest to modern and slightly risqué.

The wedding dress is still being inspired by Kate Middleton's dress, moving toward higher necklines and long lace sleeves, according to *Wedding Trends 2012*. Long sleeves would be perfect for a fall wedding when the weather is cooler and invoke classic sophistication.

Is it the end for the classic white wedding dress? Wedding gowns with a more modern appeal are popping up on the runways in colors from pastels like lavender to Vera Wang's inspired runway collection of beige and even black wedding

gowns. Dresses with high leg slits (think Angelina Jolie's 2012 Oscar dress), sexy backs, illusion necklines, white dresses with floral accents, high-low hemlines that are high in the front and low in the back, enabling those expensive pair of heels to be seen that are usually hidden away under the dress, according to the bridal blog the HECTOR (www.the-hector.com).

Bridesmaids Dress:

Popular colors for bridesmaid dresses this fall are tangerine, pink, ultramarine green, lavender, chartreuse green, honey gold, or French roast brown, according to the Perfect Wedding Guide (www.perfectweddingguide.com). Another trend, according to the site, is to have bridesmaids pick out their own style of the dress that best suits their body type.

The leg slit trend is also seen in bridesmaid dresses, as well as off the shoulder necklines, according to *The Knot* (wedding.theknot.com).

Flowers & Decorations:

Fall-inspired flower arrangements may not be flowers at all. Brides and bridesmaids may carry wheat bunches or have wheat centerpieces. Trending now is baby's breath because of its light and airy elegance. Local and in-season flowers are also a trend for the more environmentally conscious couple and local flowers tend to be less expensive. Wedding settings remain in the rustic and hand-made look, but with a touch more elegance and glamour mixed in.

The Cake:

Let them eat ... sundaes? It doesn't have the same ring as let them eat cake, the famous words spoken by Marie Antoinette.

The current trend for weddings may forgo a wedding cake for a dessert buffet of candy or ice cream sundaes.

Cupcakes are also an option, as it is known that cupcakes are a hot item right now due to the growing number of cupcake shops and shows dedicated to the bite-sized cakes such as Food Network's "Cupcake Wars" or TLC's "D.C. Cupcakes."

Another option is the offering of miniature desserts such as cheesecakes or small pies, according to Wedding Trends 2012's website.

For the couples who opt to stick with tradition, the current wedding cake trend is a throwback to the wedding cakes of the seventies and eighties with grandiose height and several tiers.

Favors:

Fall-inspired wedding favors can be a fun way to interject a fall theme into a wedding. Caramel apples, candied pecans, individual apple tarts, apple butter, mini maple syrup bottles, apple cider mix, maple leaf or acorn-shaped chocolates, pumpkin spiced soaps, or candles in autumn colors are suggested fall favors from The Knot.

Photo booths, although not technically a favor, offer guests a chance to ham it up in the photo booth and receive one strip

of pictures to keep and one set for the couple.

Couples could have a table with a scrapbook album for guests to place their photos in and write a special message to the couple.

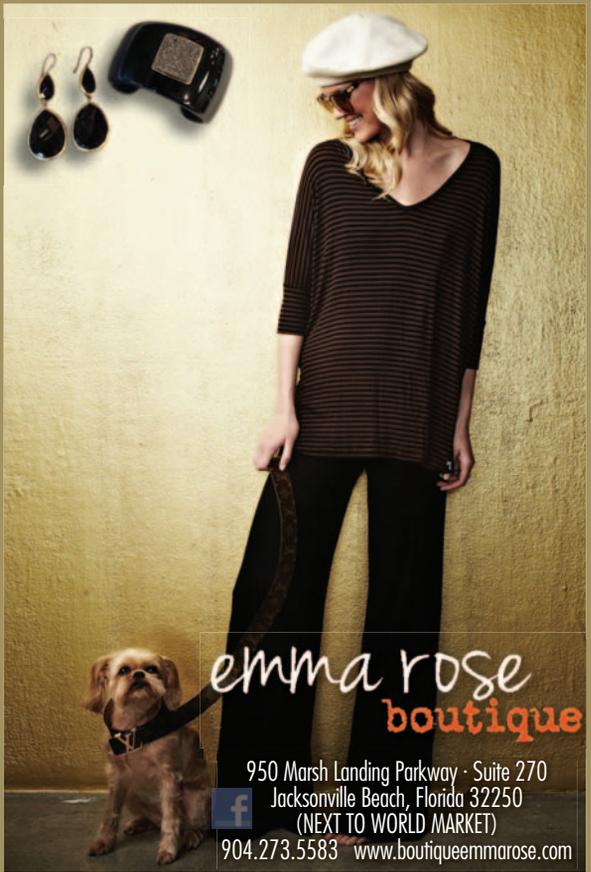
Bachelor/Bachelorette Parties and Honeymoon:

Bachelor and bachelorette parties and honeymoons are becoming more action-packed, as the couples are moving towards more extreme and active activities.

Bachelor parties where the guys opt for thrills are driving race cars, shooting bows and arrows, playing paintball, or sky-diving, Wedding Trends 2012 reports.

Bachelorette parties might be a little more subdued (at least that's what they might want you to think) with girls opting to take a class together or even go on a girls-only trip, but you never know what adventures could happen — remember, what happens in Vegas stays in Vegas, right?

Honeymoons are not all about romance anymore as couples seek the more thrilling adventures their destination offers such as zip lining, horseback riding, and nature expeditions.



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Delicious

Destinations

TAKES DINERS ON
CULINARY JOURNEY FOR
GOOD CAUSE

BY ELIZABETH M. STEIF



For three days in September, the Ponte Vedra Inn and Club will host the First Coast's premiere food and wine event.

Delicious Destinations will be held Sept. 6-8 and feature gourmet food from five-star and five-diamond chefs from around the country, as well as an array of wines.

All proceeds from the event will benefit St. Vincent's Community Health Outreach Programs that provide quality, compassionate medical care throughout the Jacksonville community, with an emphasis on health care for the medically underserved.

This year's event features an exotic

Arabian Nights theme and includes a celebrity chef reception with Tony May (pictured left) and luncheon, a special sponsor preview and the food and wine tasting, as well as live and silent auctions.

Last year's event raised almost \$300,000 for St. Vincent's Mobile Health Outreach Ministry, which began in 1991 provided care to the medically underserved in Northeast Florida.

The organization focuses heavily on rural, urban and pediatric outreach by offering services such as blood pressure screenings, flu shots, immunizations, school physicals and more.

Between July 2010 and June 2011, MHOM performed more than 28,000 free adult and pediatric services.

Twelve chefs are participating this year from Mara-Lago in Palm Beach, the Ritz-Carlton in Amelia Island and, of course, the Ponte Vedra Inn and Club, among others.

The event's spotlight will be on Tony May, one of the country's most notable restaurateurs. On Thursday, Sept. 6, attendees of the Celebrity Chef by the Sea Champagne Reception and Luncheon will experience a demonstration and presentation by May and his Executive Chef Matteo Bergamini. The creations will be prepared by Ponte Vedra Inn and Club Executive Chef Hermann Muller.

Reservations for the luncheon are available for \$100 per person or \$1,000 for a table of 10.

The main event on Saturday, Sept. 8, will feature dishes prepared by each chef paired with a variety of domestic and international wines. The evening will also feature auctions and drawings for prizes. Auction items include a weekend at Mara-Lago, a four-night oceanfront condo stay at Amelia Island Plantation and gift certificates, jewelry and golf outings.

This year's participating chefs are:

- Tony May and Matteo Bergamini of SD26 in New York
- Olivier de Busschere of Nikolai's Roof in Atlanta, Ga.
- Karl Edlbauer of the Peabody Hotel in Orlando
- Aaron Fuller of the Mara-Lago/Trump International in Palm Beach, Fla.
- Dusty Grove of the Marshwood Clubhouse in Savannah, Ga.
- Steve Mengel of The Greenbrier in White Sulphur Springs, W.V.



- Hermann Muller of the Ponte Vedra Inn and Club
- Mitchell J. Pagan of the Mariner Sands Country Club in Stuart, Fla.
- Darin Sehnert of the 700 Kitchen Cooking School at Mansion on Forsyth Park in Savannah, Ga.
- Thomas Tolxdorf of the Ritz-Carlton in Amelia Island
- Elmar Wolf of The Breakers in Palm Beach

The Sept. 7 preview will allow sponsors to mingle with the chefs while sampling Muller's creations.

Tickets for the Sept. 8 event are \$250 each with various levels of sponsorship available from \$2,500 to \$50,000. Delicious Destinations will be held at the Ponte Vedra Inn and Club at 200 Ponte Vedra Blvd., Ponte Vedra Beach.

For more information about the event or to purchase tickets, visit www.deliciousdestinationsjax.com; for sponsorship opportunities, contact Katei Santilli at (904) 308-7338 or katie.santilli@jaxhealth.com.

first coast
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At Home

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Advertising Deadline:
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Clockwise from top left:
Christy Maresma, Mary
Daoud,
Erica Kelly & Sonia
Thomasino; cage dancer;
Juanita Wright & Paria
Montazeri; cage dancer;
TRIO's entrance; Kimber
& Robert Growcock; Jill
Sprowell, Dawn Adams &
Lynette Self.

Photos by Susan Griffin



TRIO OFFERS NEW JACKSONVILLE EVENT SPACE

BY ELIZABETH M. STEIF

A new event venue has opened in Jacksonville's Southside.

TRIO the Event Place at Tinseltown held a ribbon-cutting and grand opening in June and is quickly booking events such as weddings and parties, according to its Facebook page.

Over 700 people attended the grand opening, which featured videographers, photographers, nine caterers and more.

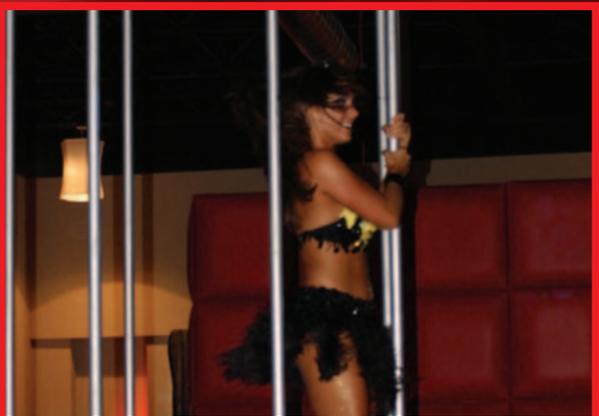
TRIO is the brainchild of Anne Urban, president of Destination Planning Corp., and Carla Bahri. Center-stage Entertainment & Events, which Urban created, will run TRIO.

The venue features built-in stages and bars, a full commercial kitchen and 12,000 square feet of usable space. It has a capacity of 1,500 for reception-style events and can hold up to 450 seats in the largest room and up to 300 in the other.

TRIO is located 9726 Touchton Road, Jacksonville.

To book space for an event, call (904) 997-8004 or email TRIO@ctrstg.com. For more information, find TRIO on Facebook at www.facebook.com/TrioTheEventPlace-AtTinseltown.

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GOOD THINGS COME IN *small packages* AT NEW SHOW

Small works fulfill an interesting niche in the art world.

Many up-and-coming artists become frustrated when trying to sell large-format pieces. These pieces tend to be not only expensive, but represent a challenge for buyers who cannot necessarily afford to decorate an entire room in their home around a specific piece of art.

Other art collectors simply already have too much art and must consider their walls' "real estate" when choosing new pieces to add to their homes.

This is where Cutter & Cutter's 2012 Small Works Exhibition comes in. Featuring works from more than 300 different worldwide artists, every piece in the show is smaller than two by two feet. In fact, some pieces are as small as 4" by 3".

On Friday, July 20, the Brilliance in Color Gallery from the family of Cutter & Cutter fine arts venues presented its 2012 Small Works Exhibition with a reception and collector's party. Patrons enjoyed fine wine and food pairings while browsing small works from the many artists on display.

The show includes a variety of mediums and subjects, from small pottery by Worley Faver to soft ground etchings by Edgar Degas. Masters featured in the show include Pissaro, Renoir, Whisler, Cheret and others.

Brilliance in Color is located at 25 King Street, "On the Plaza" in downtown St. Augustine. For more information, visit cutterandcutter.com.



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