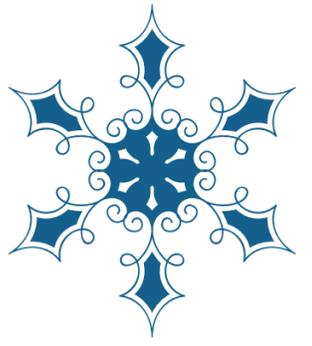




Romp



WINTER ACTIVITIES GUIDE

Is it a Ruby-Crowned Kinglet? Or a Hutton's Vireo?

Bird watching on Olympic Peninsula a relaxing winter activity

CARMEN JARAMILLO
CJARAMILLO@PTLEADER.COM

Imagine yourself walking through Cappie's trails, or sitting on the beach at Fort Flagler. What do you see? The forest floor, the gnarls of roots, the treetop canopy, Admiralty Inlet, the sand, the rocks and the waves lapping the shore. What do you hear? The wind in the trees, the waves lapping on the shore and maybe the chirping of the Hutton's Vireo or the squawk of the common Glaucous-winged Gull.

If this sounds like a fun afternoon to you, maybe you should take up birding as a leisure activity this winter. Birding, or bird watching, is the activity of observing and identifying different types of birds in their wild habitat.

Birding is easily accessible on the Olympic Peninsula, and, if you don't mind a little rain or snow (most of us don't), it can be done year-round. Some of the benefits are that it doesn't require planning and the barriers to entry are very low.

You don't need any equipment to be outside and observe and try to identify birds. Maybe a bird guide or a pair of binoculars would help, but they aren't a requirement.

Another advantage is that anyone of any age can participate. Going on a nature walk is a great way to tire out a toddler and it can also be a good opportunity to practice mindfulness and being quiet to listen.

The Admiralty Audubon Society is the local chapter of a national organization dedicated to protecting bird species since 1901. The local chapter was started in 1977 and was instrumental in naming Protection Island a National Wildlife Refuge.

Admiralty Audubon is a great way to get connected to other locals interested in birds. The group holds nature and birding walks each month as well as educational workshops and events. In December Admiralty Audubon will be participating as it does every year in the annual national Christmas Bird Count which is the longest running biological census in the world.



Admiralty Audubon members peer through their spotting scopes at Kah Tai Lagoon. Courtesy photo



The Common Loon's summer plumage is patterned black and white with a fully black head. In the winter months the common lake and shore bird is pale grey on top and white below. Courtesy photo by Artemis Celt



A Hutton's Vireo in Anderson Lake State Park. This bird closely resembles the Ruby-crowned Kinglet and lives year-round in forests. Courtesy photo by Artemis Celt



A common bird in all seasons, this Bewick's Wren was spotted in Fort Flagler. Courtesy photo by Beverly McNeil



A Sanderling in Fort Flagler. Courtesy photo by Artemis Celt

Going birding?

CONSIDER SOME OF THESE LOCAL SPOTS IN JEFFERSON COUNTY FOR YOUR BIRDING EXCURSION:

- KAH TAI LAGOON NATURE PARK
- LARRY SCOTT TRAIL
- POINT HUDSON
- FORT WORDEN STATE PARK
- POINT WILSON
- CHINESE GARDENS
- NORTH BEACH
- WINONA WETLANDS
- LYNNFIELD PONDS
- PT GOLF COURSE POND
- PROTECTION ISLAND
- IRONDALE BEACH COUNTY PARK
- ANDERSON LAKE STATE PARK
- INDIAN ISLAND LAGOON PARK
- FORT FLAGLER STATE PARK
- DISCOVERY BAY ESTUARY

Audubon outings

THREE MILE NATURE WALK
LARRY SCOTT TRAIL AT MILO CURRY
SATURDAY, NOVEMBER 23, 2019
9:30 A.M. TO 12:30 P.M.

NATURE WALK AT FORT FLAGLER
SATURDAY, DECEMBER 7, 2019
FORT FLAGLER STATE PARK
9 A.M. TO NOON

ADMIRALTY AUDUBON SOCIETY CHRISTMAS BIRD COUNT
SATURDAY, DECEMBER 14, 2019
8 A.M. 5 P.M.

FOR MORE INFO VISIT
WWW.ADMIRALTYAUDUBON.ORG

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PENINSULA COLLEGE

WINTER ACTIVITIES GUIDE

Get outside this winter: best nature activities

LILY HAIGHT
LHAIGHT@PTLEADER.COM

The leaves have fallen off deciduous trees, but the colder days of winter just mean more lush, green beauty in the evergreen Olympic National Forest.

Forests dripping with rain, beaches sculpted with wintry waves and mountain peaks covered in snow make the peninsula a beautiful place to get outdoors.

During the dreary, overcast days of winter—when it's dark at the start of a workday and at the end of a workday—it can be easy to succumb to the effects of a lack of Vitamin D. But going outside and getting exercise can combat the winter slump and bring joy even on a rainy day.

Below are five beautiful hikes to take this winter:

1. SNOWSHOE AT HURRICANE RIDGE

In East Jefferson County, a winter snowstorm is a rare occurrence. But with the right tires on your car, a trip up to Hurricane Ridge is totally doable and provides the opportunity to play in the snow.

The array of trails at the ridge is perfect for snowshoeing or skiing and taking in stunning winter views.

From mid-December through March, rangers lead guided snowshoe walks at 2 p.m. on weekends. Snowshoes are provided and the walks last an hour and a half, covering less than a mile, making it a perfect activity for families with kids. Sign-up begins at the Hurricane Ridge information desk 30 minutes before the walk.

But before you head up to the ridge, be sure to check snow conditions. For the winter season, the road is scheduled to be open Fridays through Sundays beginning Nov. 23 through March 31. It is also open on Dec. 24 and 25 through Jan. 1, but is closed Dec. 25.

In snowy and stormy conditions, the road to Hurricane Ridge may be closed. Be sure to check before you go by calling 360-565-3131. Check weather reports so you can anticipate whether a storm is coming and check out the Hurricane Ridge webcam...useful if it's not snowblocked.

2. STORM WATCH ON THE OLYMPIC COAST

On a wintry, stormy day, get out of the house, pack up your car for a day trip and head out west to Cape Flattery for some beach storm watching.

The Cape Flattery trail is a 1.5 mile loop that takes you right out to the northwestern-most point of the United States, where an overlook allows you to watch waves batter the cliffs, carving caves and scouring seamounts. In the distance, you will see the lone lighthouse on Tatoosh Island, gulls and seabirds swirling through the air and, beyond that, miles and miles of unending ocean.

Before you go, be sure to stop by the Makah Tribe's museum or general store to pick up a visiting permit, since this land is managed by the Tribe.

Once you've had your fill of stormy, rocky beaches and forested trails, warm up at the museum while taking in the native art and history of the



Paul and Patti Dahlen, of Phoenix, Arizona, take in the mountain view from Hurricane Ridge. As winter approaches, the mountain tops will be glistening white with snow. With good weather conditions, it's the perfect place to go snowshoeing or cross country skiing. Skiers and snowboarders can ride the lifts for some downhill fun. Leader photo by Dean Miller

area.

Getting there: Take Highway 112 west and continue for 64 miles to Neah Bay. Stop in Neah Bay to pick up a Makah Tribe Recreational Permit. Drive on Cape Flattery Road for around 7 miles before reaching the Cape Flattery trailhead, which has parking spots and a pit toilet.

3. WATCH SALMON SPAWNING AT MORSE CREEK

Here in the Pacific Northwest we depend on salmon as a source of food for ourselves, and also as an important link in the food chain for the nature that surrounds us.

The Pacific Northwest is also the perfect place to learn about the lifecycle of salmon. For less of a hike and more of a nature activity, head out to Morse Creek to see some salmon spawning.

From Port Angeles, head east on U.S. Highway 101 for about 2.5 miles. There is a historic cabin with parking on the north side of the highway, near the Olympic Discovery Trail.

Behind the cabin is the gurgling Morse Creek, where all kinds of salmon species return to spawn, laying their eggs before they die.

It may be too late to see the Chinook and pink salmon run, which takes place in September and October, but Coho can be seen from late October into December. Wild chum salmon run this stream in November and December, steelhead run in February through May, and sea-run cutthroat from January to April.

There is only one access to the trail and it's important to remember that the riparian habitat—the special ecosystem that includes trees, vegetation and mud along the shores of rivers and creeks—is critical for the health of salmon.

Tread lightly, leave no trace and be patient. It's surprising how hard it can

be to see big sea-run fish in a small stream.

4. MAPLE VALLEY TRAIL ON THE DOSEWALLIPS

To explore the beautiful, if a bit drippy, forest environment on the eastern side of the Peninsula, head down to Brinnon's Dosewallips State Park.

Heavy rainfall in the winter makes for vibrant green forests overgrown with ferns and native evergreen trees like the Western Red Cedar, dripping with moss and lichen.

There, take an easy 1.5 mile hike on the Maple Valley Trail. The meandering trail will take you by gurgling streams, small waterfalls and fields of sparkling sword ferns.

The trail tours the park, with a slight climb up to a ridgeline. Continue the loop trail down and it turns into the Steam Donkey trail, where a steam-powered winch once yanked sawlogs out of the forest.

The Dosewallips area is also home to the famous Dosewallips elk herd. If you're lucky, you might see the herd, but the State Park website suggests you stay back at least 100 feet if you do.

Even if an elk sighting doesn't happen, the park is full of wild: from bald eagles soaring and nesting above, to small salamanders sneaking along the creek edges, to the native plants, insects and fungi that make the Olympic forest habitat unlike any other.

5. MUSHROOM HUNT AT OLD FORT TOWNSEND

After the first frost, the meaty chanterelle mushrooms start to disappear for the year. But experienced mushroom hunters know there is more to the edible fungi world than chanterelle. Even in winter, tasty mushrooms pop up amid the moss and decaying bark of the forest floor, offering up the perfect natural ingredients for a hearty soup or stir fry.

One good place to go searching for mushrooms, even just to look instead of eat, is Old Fort



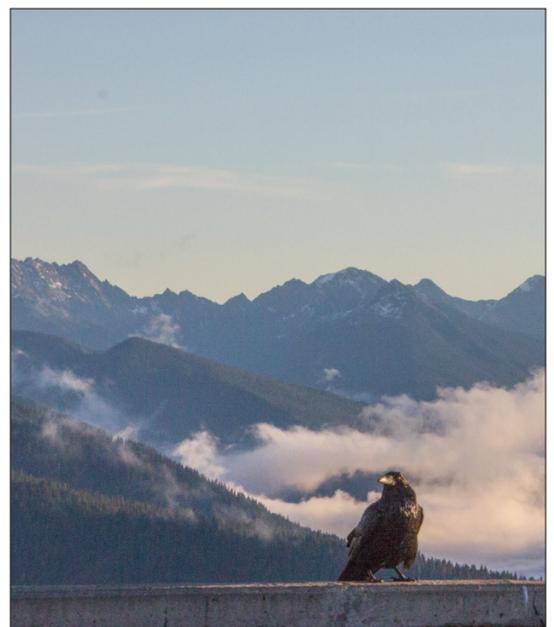
Winter chanterelles are just as tasty as fall chanterelles, which usually disappear from forests after a few of the first frosts. Leader photo by Lily Haight

Townsend State Park.

With nearly 7 miles of trails through a multi-story forest that contains hundred-year-old trees, the park is the perfect place to practice your mushroom spotting skills.

Take a trail and walk slowly, looking at the understory, between crevices of rocks and under fallen limbs and stumps for the bright colors of mushrooms.

You may find some edible bellybutton hedgehogs (*Hydnum umbilicatum*), spreader hedgehogs (*Hydnum repandum*), or winter yellow-foot chanterelles (which are just as good as the fall chanterelles). Beyond that, you may find other inedible but beautiful species, like the great conks that grow like steps on tree trunks, or the coral fungi that grow in woodland leaf litter and moss. Be sure to take your mushroom guide with you, to help identify what might be edible and what is not.



A raven perches at Hurricane Ridge, while the mountains of Jefferson County stand tall in the background. Leader photo by Dean Miller

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1230 W. Sims Way (QFC Plaza), Port Townsend
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JeffersonHealthcare.org

WINTER ACTIVITIES GUIDE

Escape to the great indoors

LEADER NEWS STAFF
NEWS@PTLEADER.COM

Do you tire of the heavily marketed image of the hale-and hearty Pacific Northwesterner, glowing with joy in spiffy expedition gear as rain pelts down and wind plasters wet maple leaves to their face?

Does the thought of slogging uphill in wintry mud make you shake your head and mouth to your outward-bound friends, “Why?”

Have no fear. Admit no shame.

In this dark season, grab a book and head for the Great

Indoors.

Any comfortable couch or chair will do, but our northern forebears knew just what you were seeking and came up with words for the feeling one gets when retreating from foul weather. The Danes and Norwegians called it “Hygge,” and feature the idea in arts and literature with images of bright rooms lit by crackling fires.

The German idea of “gemutlichkeit” covers open-air warmth and friendliness as well as the snuggled-in winter variety.

Whichever term you prefer, here’s a short-list of local hearths to which you can retreat when winter gets you down.



1. COMMONS AT FORT WORDEN

While the fireplace at the Commons at Ford Worden is separate from the establishment’s dining and hosting amenities, it offers an expansive, relaxing atmosphere to sit between appointments.



3. PIPPA'S REAL TEA

Pippa’s Real Tea hides its fireplace in the back of its establishment, like a well-kept secret, with a semicircle of couches on one side, and dining tables on the other side, so you can socialize in the circle of firelight.



2. TAPS AT THE GUARDHOUSE

Taps at the Guardhouse lets you get cozy behind bars, with a stovepipe fire surrounded by elegant leather chairs and cheerfully kitschy merchandise available for sale. Have a drink in a former jail cell.



4. JEFFERSON HEALTHCARE

The main lobby of Jefferson Healthcare is starkly austere, and its fireplace is no exception, casting a line of flames in a white column that looks like it’s made of LEGO, with cushioned seating nearby.

WINTER ACTIVITIES LISTINGS

Jefferson Co. Library

Mondays @ 10:15 am - Toddler Storytime Toddler Storytime is for children ages 12 months to 30 months and features movement, music, puppets, and fingerplays as well as flannel stories and the reading of short books written with toddlers in mind.
187730 11/20

Tuesdays @ 10:30 am - Babytime This 20-minute lapsit program for infants from birth to 12 months features action rhymes, baby sign language, songs, and movement designed to stimulate brain development and the enjoyment of music, language, and books.
187731 11/20

Wednesdays @ 10:30 am - Preschool Storytime Bring your preschooler and enjoy stories, songs, fingerplays, and more designed to promote early learning. Preschool Storytime is followed by a craft or activity that encourages community building and enriches literacy.
187732 11/20

December 1 thru December 9 - Homes for the Holidays: Gingerbread House Making Contest Bakers and crafters of all ages and abilities are invited to design and build their own edible creations! Structures may be built out of anything edible, and the base should be no larger than 12" x 12" in size. Patrons will be given the opportunity to vote for their favorites, and the winners will be announced at the library’s annual Holiday Open House on Wednesday, December 11. Submit your entry between December 1 - 9.
187733 11/20

Tuesday, December 3, 3:00 to 6:00 pm - Tech Tuesday Special Event: Hour of Code Hour of Code originated in 2013 as a one-hour introduction to computer science, designed to demystify “code”, and show that anybody can learn the basics of computer coding. It has since become a worldwide effort to celebrate computer science, expanding to schools, libraries, and communities all over the world.
187734 11/20

Tuesday, December 3, 4:00 to 6:00 pm - Tech Tuesday: Drop-In Assistance Drop in and work with library staff to receive individual assistance with your computer or handheld device. Bring your own device or ask to borrow one of ours.
187735 11/20

Wednesday, December 4, 6:00 to 7:30 pm - Hygge Night for Adults 18 and Over Adults 18 and over are invited to an evening of “hygge” (pronounced hoo-ga), a Danish concept of happiness through being cozy and enjoying the simple pleasures in life. The evening’s activities will include a relaxing environment of dim lights, mellow music, and simple crafts with warm tea to help set the cozy mood. Simple crafting materials for paper snowflakes and coloring utensils and pages will be provided. Feel free to bring your own crafting supplies and ideas.
187742 11/20

Thursday, December 5, 10:00 to 11:00 am - Art & Music Meditation for Adults Start your day in peace and contemplation as you let your thoughts and your paintbrush flow freely. Enjoy a short inspirational reading, and then create, mix colors, and let art take shape while listening to peaceful music. Art supplies will be provided, and space is limited. This program is for adults age 18 and older. Please call 385-6544 or register online by December 5.
187743 11/20

Tuesday, December 10, 3:00 to 4:00 pm - Tech Tuesday Class: Staff's Favorite Apps 2019 Staff will share their favorite Apple and Android apps and show you how to download them to your tablet or smartphone.
187744 11/20

Tuesday, December 10, 4:00 to 6:00 pm - Tech Tuesday: Drop-In Assistance Drop in and work with library staff to receive individual assistance with your computer or handheld device. Bring your own device or ask to borrow one of ours.
187745 11/20

Wednesday, December 11, 3:00

to 6:00 pm - Holiday Open House Celebrate the season at the library’s annual Holiday Open House. Enjoy festive music, delicious refreshments, and create seasonal crafts, while listening Barbara Sjöholm read from her translation of *By the Fire: Sami Folktales and Legends*. The crafts room will be open from 3:00 – 5:00 pm. Refreshments are provided by the Friends of the Jefferson County Library.
187746 11/20

Thursday, December 12, 6:15 to 7:45 pm - Book Discussion @ Your Library This month’s book discussion is “The Emerald Circus” by Jane Yolen. All are welcome to sign up for our monthly book discussion. Book discussions are held the second Thursday of each month from 6:15 – 7:45 pm. Sign up is required and copies of the book will be loaned by the library when you sign up. Participants are asked to read the entire book before the scheduled session.
187747 11/20

Tuesday, December 17, 7:00 to 9:00 pm - Third Tuesdays Trivia at the Keg & I Taproom Join library staff in a night of friendly competition. Trivia questions will feature science, local history, pop culture, geography, and other various topics! Bring your team or come solo, test your knowledge, and win! An extra point will be awarded to teams who present their library cards! The trivia contest is hosted by your information professionals from Jefferson County Library. Must be 21 or over to attend. This event takes place at The Keg & I Taproom, 1291 Chimacum Road, Port Hadlock, WA.
187748 11/20

Monday, December 23, 3:00 to 5:00 pm - Wrapping Paper Party All ages are invited to join us for a wrapping paper party! Paper, stamps, stencils and other decorating material will be provided for you to design your own wrapping paper. Bring gifts to wrap, or take your paper home with you.
187749 11/20

Tuesday, December 24 and Wednesday, December 25 - Library CLOSED. Happy Holidays!
187750 11/20

Friday, December 27, 2:00 to 3:30 pm - Escape the Arctic! Teen Escape Room Teens are invited to combat the chill of the arctic as they work together to solve puzzles and complete this fun escape room challenge. Can you make it home before supplies run out? Space is limited, register online at www.jclibrary.info or call 360-385-6544 to sign up.
187751 11/20

Tuesday, December 31, 11:30 am to 12:30 pm - NOON Year's Eve Dance Party Elementary age kids are invited to decorate a New Year’s countdown clock, then share refreshments as they dance in the New Year at noon.
187752 11/20

Thursday, January 2, 10:00 am to 8:00 pm - Reading Room Kids and families of all ages are invited to a cozy day of reading at the library. Bring a favorite book of your own, or let us help find something. Enjoy some snacks, relax, and celebrate your love of reading!
187753 11/20

Friday, January 3 - JCL in Chimacum: Traveling Trivia on Tap 6:30 - 8:00 pm Flaunt your knowledge of books, movies, pop culture, and current events at Jefferson County Library’s Traveling Trivia on Tap! This month’s fun evening of friendly competition takes place at Finnriver Cidery, 124 Center Rd, Chimacum.
187754 11/20

Monday, January 6, 6:00 to 8:00 pm - 2020 Farming Film Festival Find out how regenerative farming is part of the climate change solution and global earth repair. Inspiring films about farmers working with and restoring ecosystems. Local efforts will be highlighted in discussion after each film. Tonight’s movie: “The Biggest Little Farm” - 2010/92 minutes
187755 11/20

Tuesday, January 7, 3:00 to 4:00 pm - Tech Tuesday: Apps for New Year's Resolutions Whether you want to get in shape, get organized, save money, or manage stress, there’s an app to help you along the

way. Join us as we explore a collection of apps designed to keep you focused and help you achieve your goals in the coming year.
187756 11/20

Tuesday, January 7, 4:00 to 6:00 pm - Tech Tuesday: Drop-In Assistance Drop in and work with library staff to receive individual assistance with your computer or handheld device. Bring your own device or ask to borrow one of ours.
187757 11/20

Wednesday, January 8, 6:00 to 7:30 pm - Divisive Issues of our Time: America's Cold Civil War As the presidential campaign heats up, and the culture wars of the past several decades have intensified, the country now finds itself deeply divided. Can these differences be resolved? Dr. Joyce Francis, Ph.D., will share an overview of recent data and research into our country’s deep political divide, and help try to make sense of some of the issues being debated.
187758 11/20

Thursday, January 9, 5:30 to 6:30 pm - Prime Time Family Reading Families with children ages 6-10 are encouraged to join us for Prime Time Family Reading. This six-week program, co-sponsored by Humanities Washington, is designed to inspire families to read, think, and learn together. Each session includes a complimentary dinner, storytelling, reading, and discussion. Free childcare and activities are available for younger family members ages 3 to 5. Space is limited, register online at www.jclibrary.info, or call 360-385-6544 to sign up.
187759 11/20

Thursday, January 9, 6:15 to 7:45 pm - Book Discussion @ Your Library This month’s book discussion is “A Gentleman in Moscow” by Amor Towles. All are welcome to sign up for our monthly book discussion. Book discussions are held the second Thursday of each month from 6:15 – 7:45 pm. Sign up is required and copies of the book will be loaned by the library when you sign up. Participants are asked to read the entire book before the scheduled

session of short books written with toddlers in mind.
187761 11/20

Monday, January 13, 6:00 to 8:00 pm - 2020 Farming Film Festival Find out how regenerative farming is part of the climate change solution and global earth repair. Inspiring films about farmers working with and restoring ecosystems. Local efforts will be highlighted in discussion after each film. Tonight’s film: “After Winter, Spring” - 2012/ 75 minutes.
187762 11/20

Wednesday, January 15, 6:00 to 7:30 pm - Divisive Issues of our Time: Roe v. Wade Since Roe v. Wade granted American women the legal right to abortion in 1973, much of the United States has been divided into pro-life and pro-choice camps. Join Pete Gartlan, J.D., for a discussion surrounding the history and possible future of abortion rights under the federal constitution.
187763 11/20

Thursday, January 16, 5:30 to 6:30 pm - Prime Time Family Reading Families with children ages 6-10 are encouraged to join us for Prime Time Family Reading. This six-week program, co-sponsored by Humanities Washington, is designed to inspire families to read, think, and learn together. Each session includes a complimentary dinner, storytelling, reading, and discussion. Free childcare and activities are available for younger family members ages 3 to 5. Space is limited, register online at www.jclibrary.info, or call 360-385-6544 to sign up.
187765 11/20

Tuesday, January 21, 7:00 to 9:00 pm - Third Tuesdays Trivia at the Keg & I Taproom Join library staff in a night of friendly competition. Trivia questions will feature science, local history, pop culture, geography, and other various topics! Bring your team or come solo, test your knowledge, and win! An extra point will be awarded to teams who present their library cards! The trivia contest is hosted by your information professionals from

Continued on page 15

WINTER ACTIVITIES GUIDE

Port Ludlow Fly Fishers club belies secretive angler traditions

JANE STEBBINS
SPECIAL TO THE LEADER

Max Painter said her fly-fishing skills were nothing to write home about until she stumbled across the Port Ludlow Fly Fishers Club about seven years ago.

She inadvertently got involved after teaching a mind-body class at Teal Lake and stopped in where a group was tying flies. She'd tried fly-casting in Alaska, Utah and Montana in the past, but it wasn't until she met club members that she became, well, hooked.

The club, established in 1995 and dedicated to the art of fly fishing and conservation, currently has 22 members. Their work is primarily done at Teal Lake and Park, a handicapped-accessible public fly fishing park south of Port Ludlow.

Dave McDermid, another longtime member, has been casting little flies into water for almost six decades.

"I've always fished, since I was 5 years old," he said. "I like to be outdoors, to be active. And I like the challenge. I guess (I like best) the anticipation that I'm actually going to catch something."

He denied knowing everything about fishing, despite those years of experience.

"I don't profess to be an expert," he said. "I enjoy just being out there. That's why we call it fishing, not catching. The social aspect of it is fun. Even though we don't fly-fish shoulder to shoulder — there's etiquette about that — nonetheless, there's a social aspect to it that's enjoyable."

He most enjoys the challenge of figuring out how to make it all work.

CASTING ABOUT

McDermid likes fishing on moving water — the kind of water to which the area has the fewest bragging rights, he said.

"When water's moving, you cast a fly and the stream's going to sweep it downstream," he said. "It's going to pass places where trout are hanging out. It's more dynamic. With a lake, unless the fish are rising, you are just kind of casting to



David McDermid fly fishes on the Hamma Hamma River. To learn more about the Port Ludlow club, contact McDermid at 925-323-3463. Photo courtesy Port Ludlow Fly Fishers

an area; the fishing is much slower."

Painter is partial to rivers, as well.

"They're all different," she said. "Lake fishing is fun because it's serenity without the struggle. But each is an avenue to get out with nature."

As an environmental education degree-holder from the University of Washington, Painter is clear that bonding with nature is her primary goal.

"It's serene, quiet," she said. "My favorite part is being out with nature. I'm a nature lover; it's all about walking with nature. I receive far more than I ever will seek. The ability to see beauty never grows old."

Saltwater fishing is challenging in that there is always a tide pushing one way or the other, and sometimes that can bring seaweed in its current, virtually ruining the odds of catching anything, McDermid said.

"On shore, most of the time fish are going to be on the ingoing or outgoing tide," Painter said. "You want to find out when the fish are going to be looking for groceries."

"On any shore, you might have a walking stick to ensure you don't go too far or get in a sinkhole, make sure you're not in the current or lose your footing," she continued. "If your waders fill with water, that could be toast for you."

There are moments of excitement, too.

"An interesting thing about saltwater: occasionally you can see the bait fish getting active

on the surface," McDermid said. "If they're scurrying under the surface, I generally believe there's something underneath trying to get them. Or if there are birds diving. Whether you can reach that with a cast or not is another question."

Therein lies some of the challenge — along with the critical "matching the hatch."

Fly fishermen are notorious for noting what kinds of insects are flying around on any given trip, and try to match their hand-tied flies to that bug to attract the fish.

"Having the right fly and presenting it correctly," McDermid said of the challenge. "Knowing what to put out there and being able to put it out there properly. In lake fishing or from the beach, (the challenge lies in) retrieving that properly, as well."

Knowing what might be swimming by is key.

"With lake fishing, the fish are in the lake," he said. "If there are fish in the river, you'll find trout. Salmon may be passing by or not. And some people swear one tide is better than the other. In 58 years of flyfishing, I couldn't tell you which is better."

The club doesn't use boats, and operates almost exclusively on a catch-and-release basis.

With almost 60 years of fishing behind him, McDermid said he "almost hooked into" the biggest fish of his life, on Sandy Shores Lake, just this past May.

"It was not expected," he

said with a laugh. "Little trout were just boiling all over, like they were dancing with each other all over the surface of the lake. We were fishing little Griffith's gnats and pulling in these tiny little trout."

"All of a sudden, a hole developed under my fly and disappeared, and that wasn't a tiny trout."

The state sometimes leaves behind the brood fish it supplies the lakes — and that was one of them. All 2 feet, 5 pounds of it.

"I had him on for literally like 10 seconds," McDermid said. "I've never seen a fish do this. He jumped out of the water — straight, perpendicular, like a missile from a submarine — until he was entirely out of the water, like he was saying, 'Haha! See how big I am!' And he went straight back down tail first."

"At that point I'd lost him," he concluded. "It's part of fishing; you don't catch them all. A day filled with bringing a bunch of (little trout) to your net is a wonderful day, though. You don't have to catch world records to have fun fishing."

ENSURING THE FUTURE

The Port Ludlow Fisher's Club also works with the state Fish and Wildlife Department to stock inland lakes with trout each year, including almost 500 fish in Teal Lake.

"It's all about conservation," Painter said. "We want to see people active in the world of conservation as well as sport, encourage children to get involved with parents who show responsible stewardship of the world and leave it for generations to come. We have to all try to protect our planet, it's the one thing we have in common. It's the right thing to do."

Winter Activities Listings continued from page 14

Jefferson County Library. Must be 21 or over to attend. This event takes place at The Keg & I Taproom, 1291 Chimacum Road, Port Hadlock, WA. 187767 11/20

Wednesday, January 22, 2:00 to 3:00 pm – Mothersong Join us for a multicultural sing-along for families with babies, toddlers and preschoolers! 187768 11/20

Wednesday, January 22, 6:00 to 7:30 pm – Divisive Issues of our Time: Do Social Democracies Work? How do social democratic ideas work in other countries? Presenter Ken Ing will explore whether social spending policies in Europe have been successful and efficient, and what lessons can be learned for the United States. 187769 11/20

Thursday, January 23, 5:30 to 6:30 pm – Prime Time Family Reading Families with children ages 6-10 are encouraged to join us for Prime Time Family Reading. This six-week program, co-sponsored by Humanities Washington, is designed to inspire families to read, think, and learn together. Each session includes a complimentary dinner, storytelling, reading, and discussion. Free childcare and activities are available for younger family members ages 3 to 5. Space is limited, register online at www.jciblibrary.info, or call 360-385-6544 to sign up. 187770 11/20

Monday, January 27, 6:00 to 8:00 pm – 2020 Farming Film Festival Find out how regenerative farming is part of the climate change solution and global earth repair. Inspiring films about farmers working with and restoring ecosystems. Local efforts will be highlighted in discussion after each film. Tonight's movie: "Grow Food" – 2019/ 52 minutes. 187771 11/20

Wednesday, January 29, 6:00 to 7:30 pm – Divisive Issues of our Time: Clearcutting Bretton Woods Seventy-five years after

the Bretton Woods conference laid the foundations for much of today's global economic order, uncertainty and social tensions continue to intensify. Join Joyce Francis, Ph.D. to discuss the dismantling of the liberal international order and its implications for global security. 187772 11/20

Thursday, January 30, 5:30 to 6:30 pm – Prime Time Family Reading Families with children ages 6-10 are encouraged to join us for Prime Time Family Reading. This six-week program, co-sponsored by Humanities Washington, is designed to inspire families to read, think, and learn together. Each session includes a complimentary dinner, storytelling, reading, and discussion. Free childcare and activities are available for younger family members ages 3 to 5. Space is limited, register online at www.jciblibrary.info, or call 360-385-6544 to sign up. 187773 11/20

Monday, February 3, 6:00 to 8:00 pm – 2020 Farming Film Festival Find out how regenerative farming is part of the climate change solution and global earth repair. Inspiring films about farmers working with and restoring ecosystems. Local efforts will be highlighted in discussion after each film. Tonight's film: "The Permaculture Orchard: Beyond Organic" – 2014/ 115 minutes. 187774 11/20

Wednesday, February 5, 6:00 to 7:30 pm – Valentine's Card Making for Adults What could be more thoughtful than giving a handmade valentine? Join library staff for an evening of valentine making complete with dollies, red paper, hearts and more. All materials will be provided. Drop in any time! Age 18 and up. 187775 11/20

Friday, February 7, 2:30 – 4:30 pm – First Fridays Virtual Reality for ages 13+ Try different virtual reality experiences and activities while guided and supported by trained staff. Virtual Reality (VR) uses a computer, headset, and sensors to immerse

you directly into a three-dimensional, computer-generated world. Your head, hands, and body movements are tracked to let you interact with what you see via the headset. 187777 11/20

Friday, February 7 – JCL in Chimacum: Traveling Trivia on Tap 6:30 – 8:00 pm. Flaunt your knowledge of books, movies, pop culture, and current events at Jefferson County Library's Traveling Trivia on Tap! This month's fun evening of friendly competition takes place at 101 Brewery at Twana Roadhouse, 294793 US Hwy 101, Quilcene. 187776 11/20

Port Townsend Library
Babytime – Wednesdays, 10:15-10:45 Ages 0-18 months
Newborns up to 18 months and their caregivers enjoy rhymes, fingerplays, songs, shakers, bubbles, and other activities for the very young. This program supports language development, provides age-appropriate stimulation, and offers caregivers an opportunity to build community. 187634 11/20

"Changeling" Shakespeare Reading Group – 2nd and 4th Tuesday of each month, 5-7pm (11/26, 12/10, 1/14, 1/28, 2/11)
No Program 12/24, Charles Pink House

A new reading group is forming in Port Townsend. Sponsored by the Port Townsend Public Library, CHANGELING will meet monthly to read and discuss the plays of William Shakespeare. 187650 11/20

Fiber Arts Night – 1st and 3rd Tuesday of each month (11/19, 12/3, 12/17, 1/7, 1/21, 2/4), 6:30-8:30pm, Charles Pink House
Come and enjoy an evening of working on handiwork projects with other fiber artists (from knitting to quilting to weaving all fiber arts projects are welcomed). Please bring your own supplies. 187649 11/20

Get Your Hands on the Land With Us this Winter!

Jefferson Land Trust hosts volunteer work parties on select Tuesdays throughout the winter.

Find one that works for you at:
www.saveland.org/events

Preschool Storytime – Tuesdays, 10:15-10:45 Ages 3-5 years
Preschool storytime brings early literacy to kids and their caregivers with songs, rhymes, and activities. The emphasis for this age group is on kindergarten readiness and fostering a love of reading. 187633 11/20

Sing-a-Ling with Keeth Apgar – Second Thursday of the Month, 10:15-10:45 (12/12, 1/9, 2/13) Ages 0-6
Part story time, part sing-along and fully loaded with laughs, the select songs and rhyming stories in this show combine finger play, movement, picture books, uplifting acoustic music and an engaging, highly-interactive banter between audience and presenter. 187636 11/20

Toddler time – Thursdays, 10:15-10:45 (except 2nd Thursdays) Ages 18-36 months
Children ages 18-36 months and their caregivers enjoy songs, short stories, fingerplays, felt boards, and hands-on activities while they explore language and build their early literacy skills. 187635 11/20

Beat Breast Cancer, Thursday, November 21, 2019 - 5:30pm
Daniella Chace, MSc, CN, clinical nutritionist and author of Turning Off Breast Cancer and Breast Cancer Smoothies, will be sharing new research linking toxins as the cause of breast cancer and specific nutrition guidance for healing. 187652 11/20

Art of the Pie with Kate McDermott, Thursday, November 21, 2019 - 7:00pm to 8:00pm
Just in time for Thanksgiving - join Kate McDermott, legendary pie-maker, teacher and James Beard Nominee for a free book talk, and

informal session of "The Piechiartist," where folks can bring questions about pie making...or life. 187651 11/20

UFO Detective - James Clarkson Thursday, December 5, 2019 - 7:00pm to 8:00pm
LECTURE TOPIC: UFO Reality in the Pacific Northwest 187653 11/20

December 9, 4:00-6:00 p.m. Learn to Code Robots
Learn to code with robots! In this session we will use programming to help Dash and Cue robots navigate a real-life obstacle course. Younger students can have fun instructing tiny Ozobots to zip around on a smaller-size course." 187637 11/20

Hour of Code Night at Blue Heron Middle School, December 10, 5:00-6:30 p.m.
Explore fun coding opportunities with robots, hour of code, and simple circuitry. 187638 11/20

PT STEM Club Showcase, December 11, 4:00-6:00 p.m.
Port Townsend STEM club will be presenting activities that the team is working on. Check out this session for some exciting hands-on science, technology and engineering projects! 187639 11/20

Breadboard Electronics December 12, 4:00-6:00 p.m.
Learn how to design, build and test real electronic circuits using essential tools, schematics and components from the electronics lab. 187640 11/20

"THE BOOK OF DUDLEY" Author talk with Arendt Oak Speser, Thursday, December 12, 2019 - 7:00pm
Local author, educator, and publisher Arendt Oak Speser will read from his

2019 release, *The Book of Dudley*. Written over multiple years and settings—including some sections composed in the Port Townsend Library Carnegie Reading Room—*The Book of Dudley* explores the interior and exterior life of a marginalized anti-hero, struggling to make sense of himself through dreams and a coarse sense of humor. 187654 11/20

Kayaking the Inside Passage with John McCormack, Thursday, January 16, 2020 - 7pm to 8pm 187654 11/20

Stuffed Animal Sleepover Friday, January 24, 5:15 p.m.
Join us for a Pajama Storytime and bring a stuffed animal friend. While families go home to bed, the stuffed friends stay and have a party! Pick up in the morning and see what shenanigans have been afoot. 187641 11/20

Fall in Love with your Library: Open House - Thursday, February 13, 4:00-6:00pm, All Ages
Come to the library for an Open House. Enjoy live music, Valentine crafts, and light refreshments. 187642 11/20

Sports
KIWANIS SNOW SPORTS Kiwanis Club of Port Townsend is sponsoring the annual snow sports program at Stevens Pass Ski Area. The six-trip program begins on Saturday, January 4, 2020. Transportation cost is \$130. Registration is 9 to 11 AM on Saturday December 7, at the Recreation Center downstairs in the Port Townsend Community Center. Registration forms are available at local schools. Contact Stevens Pass directly for lift ticket prices. For further information, contact Joanne Mackey at joanneavon@hotmail.com 187529 11/13-12/4

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Bernie and Bonnie Masi

Season Closing & Holiday Market Saturday, Dec. 21 10am-2pm
Tyler St & Inside the PT Community Center
jcfmarkets.org

photos by David Conklin

port townsend Farmers Market
Farm-Direct Produce, Meat, Cider, Wine
Artisan Food, Hand-Made Gifts
Live Music, Poetry Reading
Kids' Activities