75 CENTS THURSDAY, AUGUST 12, 2021

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# **INSIDE**

# **News**

Obituaries	2
Local	.3
Business	5
Sports	6
Opinion	8
Comics	
Classified	



# **Cascade** soccer

Sports/9





# Schools' IT man

Education/12

A PRIZE WINNING NEWSPAPER

UT-TPA Press Awards 2020



# **Sunny** 86/59



Vol. 140, No. 96



State Sen. Shane Reeves (right) and State Rep. Pat Marsh were guest speakers during a forum hosted Monday night at the Chamber of Commerce by Bedford County Republican Party.

# **GOP hosts state's Reeves, Marsh**

By ZOË HAGGARD

zhaggard@t-g.com

Bedford County Republican Party (GOP) hosted a community forum Monday evening at Shelbyville-Bedford County Chamber of Commerce with State Rep. Pat Marsh and State Sen. Shane Reeves giving a state report and fielding questions from several in attendance.

Marsh who's been serving since 2012, is the Republican representative for District 62, which includes Bedford County and parts of Lincoln County. He began by detailing the \$42.6 billion budget that was passed at the 112th General Assembly in January.

#### **Balanced budget**

In that budget: \$100 million for broadband expansion across state; \$435 million for state employee raises;\$163 million increase for teachers—where each county gets a share and gets to decide how it will be spent; \$160 million for criminal justice and public safety, as well as grants to agriculture, local airports, and volunteer fire departments.

But the biggest part of the budget Marsh and Reeves said they worked on was the \$42.4 million budget for the new Tennessee

College of Applied Technology-Shelbyville facility. And even with last year's pandemic shutdowns, the Bedford County district is doing well financially, they stated.

"Nashville being closed, we evidently got a lot of their business down here...I think we did it smart. I think we knew we needed to be safe, but we also knew to protect our economy," Marsh said.

#### **Mandating vaccines**

When asked about Tyson's recent decision to mandate the COVID-19 vaccine and how that affects individuals' rights, Marsh defended the private company,

saying the government should not interfere with their decision.

"It's a private company—just like we get the right to do what we want to get to do as private citizens. And if you don't want to work for Tyson, you can go somewhere else...If they mandate it, then you've got a choice: either get it and go to work, or find another job," said Marsh.

Reeves is the Republican senator for District 14, which includes Bedford, Lincoln, Marshall, Moore and parts of Rutherford Counties. Outside of politics, Reeves is a Chief Executive Officer and phar-

➤ See State Page 2

Burglar hits 41A

**T-G STAFF REPORT** 

glary has occurred along

U.S. 41A near Unionville.

Family Creamery were

ransacked with cash, Apple

airpods and a jacket taken,

a report filed by Deputy

Nate Speegle of the Bedford

County Sheriff's Office

a man entering the build-

ing after breaking a win-

dow with a rock at 2:52

a.m. Tuesday. The masked

intruder was wearing

gloves and carrying a pry

near the intersection of

U.S. 41A and Old Columbia

Road, were entered in a

similar fashion in July.

**COVID** 

at 142

**Bedford County remains** 

As of Tuesday, Bedford

over the 100 mark today for

County had on state health

records 142 active-14

which were new cases

County has on record

through the health depart-

ment 178 active cases as

of Tuesday-15 which are

urged to continue to use

precautions such as masks

and hand sanitizers, though

Residents are being

Coffee

active COVID cases.

reported that day.

Neighboring

Two other businesses,

bar, Speegle said.

Security video shows

Another late-night bur-

The offices of Nash

again

# Retired Olympic swimmer calls Shelbyville 'home'

**By DAWN HANKINS** dhankins@t-g.com

When Loretta Barrious

Larsen participated in the 1956 Melbourne, Australia Olympics, synchronized swimming was an exhibition team feature.

Times have certainly changed, says the retired swimmer, who moved here in 2020 to be near family, who had already taken up residency in Bedford County.

Having watched faithfully the recent Olympic games on T.V., the Oakland, Calif., native proudly talks about the days she served as one of President Dwight Eisenhower's Goodwill Ambassadors. Her synchronized swimming career, which was pretty fast and furious, took her on a world tour of 22 countries as a very young girl.

"As compared to the way they do synchronized swimming now, ours was so different. Now, it is so much more athletic. That was a criticism of it going into the Olympics, because they said, 'it's more of an art.' They don't call it synchronized swimming anymore; they call it artistic swimming.' She is well aware that

cross-training is now necessary to compete. During her generation, it was more about grace and poise, i.e., the style associated with the late swimmer Esther Williams. Larsen is adamant,

however, that her group of swimmers were still physically fit. It was hit the water at 6:30 a.m. and suck up the red eyes by soothing them in milk drops. The moves of her day

were certainly derived as an art form, comparable to ballet. The troupe was in charge of their own costumes; she remembers making those along with her family.

She notes her competi-



was an Olympic synchronized swimmer in the 1950s—a time when it was considered more of an art than athleticism. The Oakland, native now makes her home in Shelbyville.

tion attire included thousands of sequins and yes, there was for photo shoots plenty of makeup and finger nail polish. "The costumes they wear now are just very simplistic. Do I wish we had those."

The headdresses back in her day were made out

of metal. Then there were the routines—some which aren't allowed today. "We would form a chain, where you would

hook your feet around

the neck of the person in front of you . . . make a circle under water. I don't see them doing that now. What they do now is easier to synchronize." She said the music

accompaniment is certainly different. They had to practice, a lot to their music to stay in, well, With rule books in

hand from the 1950s, she

notes how her synchro-

nized era was not for the

especially like to travel, fast, and be mature. By the way, she says

faint of heart. You had to

in photos, such as those of her which were in the Saturday Evening Post of 1955, she was the "skinny, dark-haired one," surrounded by all the blondes. Her group was famous for such stunts in the water as "tandems" and "somersault tucks."

Photos of her gals then

➤ See **Swimmer**, Page 2

#### no mask mandates are in effect for the county at this Franklin County topped out Tuesday with 170 active COVID-19 cases.

Free COVID-19 vaccination clinics are being held throughout the county.

# Loretta Barrious Larsen Calif...

T-G Photo by Dawn Hankins

Thursday, August 12, 2021 2 Shelbyville Times-Gazette

#### **OBITUARIES**

# John Alvin McClenney Sr.

August 9, 2021

John Alvin McClenney Sr., 78, of Shelbyville died Monday, August 9, 2021.

Funeral Services will be held 11:00 A.M. Thursday, August 12, at Hillcrest Funeral Home. Burial will follow at Rosebank Cemetery. Visitation will be Wednesday from 4:00 P.M. to 7:00 P.M.

He was preceded in death by his parents, Horace Dee

McClenney Sr. and Ruby Mae Anderson McClenney; his wife, Shirley Jewell Pittman McClenney; a son, Michael "Shane" McClenney; step-daughter, Melissa Ortega; sister, Frances McClenney; brothers, Horace Dee McClenney Jr. and Frank Kenneth McClenney.

He is survived by his children, John A. McClenney Jr., Sonya (Ken) Vaughn; step-children, Keith Bailiff, Regina (Mark) Graham; three grandchildren, Kari (Daniel) Trail, Stephanie (Chris) Alred, Kenny (Lauren) Vaughn; three great-grandchildren, Raylan Trail, Cooper Alred, Vienna Vaughn and several step-grandchildren and great-grandchildren.

# **Kelly Dyan Reed**

July 29, 2021

Kelly Dyan Reed, age 49, of Shelbyville passed from this life on July 29, 2021 at The Waters of Shelbyville after an extended illness.

Born July 10, 1972 in Shelbyville, TN, she was the daughter of Danny Reed and the late Mary Ann Reed.

She is survived by: her father, Danny Michael Reed of Shelbyville; sister, Dana (Phillip) Edwards, of Shelbyville; niece and nephews, Sydnee, Aiden, and Ryan Edwards. Per request, Kelly chose cremation and her ashes are

to be interred at Willow Mount Cemetery with no public services will be held. Doak-Howell Funeral Home is serving the family.

www.doakhowellfuneralhome.com

## STATE STATS



State Sen. Shane Reeves discussed during a forum Monday, put on by the local Republican Party, that Tennessee is the best state in the country in the way of taxes, finances and tourism. But said sadly, the state ranks 46th when it comes to life expectancy.

## State

#### (Continued from Page 1)

macist for his familyowned business. He's been serving as state senator since 2018.

He advised how its vital to get students back in school. As for vaccine or mask mandates, he gave his opinion. certainly don't believe in mandating vaccinations; we're not going to mandate wearing masks...But the math is the math," said Reeves, referring to the

lege degree, Loretta was

"All American" in synchro-

nized swimming for each

year of her career, which

team received a gold medal

at the Pan American Games

at Mexico City. She per-

formed at the Olympics

and did many exhibitions

in synchronized swimming

all over the world following

the 1958 Brussels World's

Fair. At the International

Sports Festival in 1958 in

Spain, she won the gold

medal and a trophy. She

won championships in

Mexico, each year, through

her time, Larsen said it was

finally time for her to retire

and take up another career

around 1960. In 1961, she

completed her bachelor

of arts degree in physical

education in California and

in 1966, she coached syn-

chronized swimming and

put on swim shows at

the YMCA in Kaneohe,

Hawaii. She would later

become an accredited gym-

California, she would teach

special education in an ele-

mentary school. Her talents

design production depart-

ment in linen and hand

embroidery-all from China.

She was able to use her

life-long hobby of sewing

of settling down as a very

young girl, like most of

her peers, the time came,

she says, when marriage

did became a reality. She

now misses her husband,

she says, who passed from

Leukemia; they had many

great memories together,

but she's starting new ones

ing life, some have asked

Larson if there is anything

With such a fulfill-

While she never thought

Larsen worked for a

Upon returning to

Upon moving to Hawaii

later taught.

nastic judge.

don't stop there.

in that work.

Like all great athletes of

She was an exhibitor at

In 1955, she and her

was 1955-1960.

that event.

hospitalization in the state are unvaccinated individu-

statistic that 95 percent of

In his "Reeves Report," the senator said Tennessee is the best in the country for taxes and state finances as well as tourism and hospitality. However, Tennessee's worst category is health and crime and safety, he said, giving an example of how Tennessee ranks 46th in life expectancy.

#### **Current events**

During the forum,

GOODWILL AMBASSADORS

#### LOCAL REPRESENTATIVE



State Rep. Pat Marsh of Bedford County was invited guest for the Bedford County Republican Party forum held Monday night in Shelbyville. Marsh discussed the \$42 million budget which has been set aside for the new Tennessee College of Applied Technology-Shelbyville

Reeves emphasized the need to "keep Tennessee, Tennessee," and said how he's excited to see where the area of Shelbyville-Bedford is headed. "I think it's wonderful people are moving here from California—probably buying farms across Bedford County...I'm fine with people moving here. But you need to be Tennessean,"

Also, the senator mentioned he's been in contact with the new Celebration CEO Warren Wells who he quoted as saying during their conversation "wait 'til next year," in which Wells said he wants the Celebration to be standing room only in 2022.

Reeves finished his talk at the forum by explaining four main concerns which "keep him up at night." That is, the attacks against faith, history, the Constitution, and capital-

"I hope as a party, overall, we can continue to work on the big things and continue to work on the more local things like we are in Shelbyville-Bedford," he said.

# Swimmer

#### (Continued from Page 1)

seemed to emphasis the gams. The whole idea, she says, was something the older generations frowned

"The first trip I took to Japan, my grandmother was just having a fit about it," she said. "We had chaperones. My father said to her 'I can't afford to send her to those places, so I'm going to let her go. If she doesn't know right from wrong by now, it's too late."

But the family grew to be very proud of her accomplishments, she recalls. Even her dad, who would suffer from ill health, supported her endeavors.

It was through her neighborhood and events that she became involved in swimming. She was asked to swim at a private club with a training card, then the opportunity came to help others.

"In my era, you either became a nurse or teacher." The rest is history for

this Olympic medal winner. She was soon invited to be a part of synchronized swimming—something that would change the course of her entire life. She cherishes those days

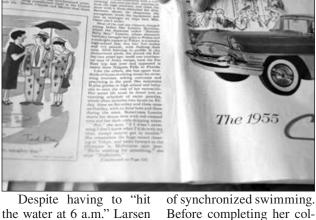
of her family's support, though none of her family ever saw her perform live. There was no extra money, so she had to get creative with many of the costumes. Larsen did something

almost unheard of for her time; she started performing synchronized swimming at the young age of "I still have some of the

names of some of the stunts we did. There were anywhere from four to five . . . later on, eight. I noticed now in the Olympics there are now teams of eight."

An Oakland, California native, the retired Olympian is now a southerner, making her home in Shelbyville since 2020. Her husband of 55 years passed away and she decided to move here to Bedford County to be near her children. She has met sever-

al friends and says Kay Bartley has become one of her "besties" and swimming partners at the Rec Center. Larsen and Bartley recently talked about her story, that is, what it was like being a young girl traveling all over the world, representing her country in such a glamorous role.



the water at 6 a.m." Larsen embraced the ability to represent her country. She was also in Special Services with the U.S. Military Far East Tours in 1954-1955 and in 1960. For this reason, this year's Tokyo Olympics had her really interested.

She talked about how Special Services was unlike USO, as those performers were paid. "We were part of the military. If there was a military pool in Japan, Korea . . . I was in it. We went three or four years in a row. We were in Tokyo so many times. That was so many years ago and everything has changed."

The former Olympian swam in a diving pool in Korea, because the main pool had been bombed out during the war. Her group became more and more recognized as they traveled.

Her troupe was so glamorous to the world, they appeared on the Ed Sullivan Show and were in a movie called, "Dancers of the Deep." They were also seen on various game and talk shows of the era.

She admits the synchronized swimming in 2021 is much more athletic. Though, because she stayed so physically fit, Larsen said she's still swimming laps with ease at the Shelbyville Recreation Center pool.

"She's 83, with no arthritis or those gimps," adds Bartley. Larsen says locals may

not believe it, but they have one of the best recreational pools around at the Rec Center. She knows as she's been in many world-wide. Having had the oppor-

tunity to travel like she did to so many places was no doubt the opportunity of a lifetime. She admits some of the trips turned out better than others, of course.

She remembers her group being escorted quietly out of the Middle East once for various political

reasons at that time. Larsen's team was one of the pioneers in the area



Loretta Barrious Larsen was one of President Dwight D. Eisenhower's Goodwill Ambassadors in 1956, traveling all over the world representing her country. She was also in the Special Services with the U.S. Military as a very young woman.

## NEW SHELBYVILLE RESIDENT



Loretta Barrious Larsen is originally from Oakland, Calif. She moved here last year and has already made friends with Kay Bartley. They enjoy swimming at Shelbyville Recreation Center.

## **GOLD MEDAL WINNER**

water to having her family

now by her side, she says,



is seen here with her synchronized swimming team and dignitaries. Larsen says in pictures of her troupe, she's the tall thin one with dark hair.

"I loved every minute of it," she says with a smile,

she'd change. From the noting many of her synchro-

nized teammates remain in touch.



# Help available for families needing food

The Tennessee Department of Human Services (TDHS) wants Tennesseans to know additional benefits will be available for families who need help purchasing food this summer.

The state's fourth round of benefits made available as part of the Summer Pandemic Electronic Benefit Transfer (P-EBT) program will provide hundreds of dollars in benefits to qualifying families so they can immediately begin purchasing food.

"Research shows well-nourished children are healthier, more attentive, and have better mental performance," said TDHS Commissioner Clarence H. Carter. "The launch of this additional round of support will enhance the wellbeing of Tennesseans by providing benefits to families who didn't qualify for earlier rounds of P-EBT, as well as by providing additional benefits to those families who still need our help. We are grateful we can provide this additional assistance to our fellow Tennesseans."

Summer P-EBT is an extension of Tennessee's successful P-EBT program, which provided food benefits to approximately 800 thousand children who received free and reduced meals at school.

Two categories of children are eligible for Summer P-EBT benefits:

• School-aged children who qualified for the National School Lunch Program as of the last day of July. Beginning August 6, 2021, eligible school-aged children will receive a single disbursement of \$375 in food benefits on their existing P-EBT card. Children who qualified for Summer P-EBT in June or July will receive their deposit by the end of September.

• Children under the age of 6 whose family received benefits through the Supplemental Nutrition Assistance Program (SNAP) in June and/or July. Eligible children under 6 who qualify through their family's SNAP participation will receive a disbursement of \$375 on their regular SNAP EBT card later this month.

Qualifying children who don't already have a P-EBT card will be issued one. Parents can check to see if they're eligible for Summer P-EBT and verify their mailing address on the Parent Portal on this website. Parents with incorrect addresses on the portal and those who need additional assistance are encouraged to call the P-EBT Hotline at 833-496-0661.

P-EBT cards are used like a debit card to purchase food at participating local establishments, online with Amazon, Walmart, Aldi, Food Lion, Publix, H.G. Hills, or at Superloo in Memphis. No application will be required to receive Summer P-EBT.

P-EBT benefits were provided to more than 765,000 children during the first round of P-EBT for the spring 2020 school semester and 368,000 children were mailed cards for the second round that ended in September. The third round of P-EBT covered the remainder of the 2020/2021 school year, with benefit cards being sent to more than 576,000 students.

The Families First Coronavirus Response Act of 2020 (PL 116–127, the Consolidated Appropriations Act 2021 (PL 116-260), and the American Rescue Plan Act of 2021 (PL 117-2) provides the Secretary of Agriculture authority to approve state agency plans to administer P-EBT. Approved state agencies may operate P-EBT when a school is closed for at least five consecutive days during a public health emergency designation when the school would otherwise be in session.

# Doorbell camera shows suspect taking gas can

By DAVID MELSON dmelson@t-g.com

A video from a doorbell camera led to the arrest of a Shelbyville man Monday.

Quinton Deon Hiles, 33, was captured on camera taking a gasoline can from a neighbor's front porch without permission, a report by Officer Dylan Farrar said.

The video shows Hiles picking up the can and knocking on the home's door before leaving, police said.

Hiles told police he had "borrowed" gasoline from the victim before and didn't think it would be an issue, He was charged with theft and held on \$500 bond.

Also reported to area authorities:

•Two men and a woman raninto El Palicio Resaurant, South Cannon Boulevard, and stole the tip jar on July 22, Shelbyville police were informed Monday.

The theft wasn't noticed until video was being reviewed last week.

•Several tools were stolen from a barn on Virgil Crowell Road within the past two-and-a-half weeks, a Bedford County deputy was told Monday.

#### **Drug charge**

Marijuana and crystal methamphetamine were found in a vehicle during a traffic stop Monday on Madison Street.

Tommy C. Parker, 53, of

West Lane Street had a bag containing three marijuana buds and shards of meth within a bag in his car, Officer Michael Taylor's report said.

Taylor said he stopped the car for an expired tag. Parker allegedly made "furtive movements" and Taylor smelled marijuana, resulting in a vehicle search.

Parker said he had just purchased the marijuana but was unaware of the meth's presence. He was charged with possession of schedule and VI drugs, driving on a revoked license with nine previous convictions, and violation of probation. He was held on \$17,500 bond

#### Jail intake

The following were charged since Monday by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Sarah Lee Bain, 23, North Jefferson Street; financial responsibility, no driver's license; summons issued

•James Ray Bartlett, 56, Winchester; probation revocation; released on recognizance

•Candace Marie Bowman, 29, Murfreesboro; violation of probation (two counts); held, \$5,000 bond •Robie Allen Groves, 41, Wheel Road; failure to appear; held, \$500 bond

appear; held, \$500 bond
•Scott Paul Hargrove,
41, Shelbyville; failure to
appear, theft of property;

held, \$1,000 bond
•Quinton Deon Hiles,
33, White Drive; theft of
property; held, \$500 bond

•James Eric Lynch, 41, Ranchero Drive; leaving scene of accident, possession of schedule II drug, driving on revoked license, show cause hearing; held, \$5,000 bond

Orchard Valley Drive; driving on suspended license, speeding; summons issued •Madelmis Malinero

•Jose Felix Menjivar, 64,

Moraga, 52, Cedar Circle; shoplifting; summons issued •Justin Dewayne Neeley,

26, Sandusky Road; theft of property over \$1,000, aggravated burglary, violation of probation; released, \$4,500 bond
•Noel Marie Overstreet,

•Noel Marie Overstreet, 36, Bell Buckle-Wartrace Road; no driver's license. simple possession, light law, financial responsibility; summons issued

•Tommy C. Parker, 53, West Lane Street; violation of probation, registration law, driving on revoked license (10th offense), simple possession of schedule II drug, simple possession of schedule VI drug; held, \$17,500 bond

# Hospitals run short on nurses

#### ASSOCIATED PRESS

The rapidly escalating surge in COVID-19 infections across the U.S. has caused a shortage of nurses and other front-line staff in virus hot spots that can no longer keep up with the flood of unvaccinated patients and are losing workers to burnout and lucrative out-of-state temporary gigs.

Florida, Arkansas and Louisiana all have more people hospitalized with COVID-19 than any other point in the pandemic, and nursing staff is being stretched thin.

stretched thin.

In Florida, virus cases have filled so many hospital beds that ambulance services and fire departments are straining to respond to emergencies. Some patients wait inside ambulances for up to an hour before hospitals in St. Petersburg, Florida, can admit them — a process that usually takes about 15 minutes, Pinellas County Administrator Barry Burton said.

One person who suffered

a heart attack was bounced from six hospitals before finding an emergency room in New Orleans that could take him in, said Joe Kanter, Louisiana's chief public health officer.

"It's a real dire situation," Kanter said. "There's just not enough qualified staff in the state right now to care for all these patients."

Miami's Jackson Memorial Health System, Florida's largest medical provider, has been losing nurses to staffing agencies, other hospitals and pandemic burnout, Executive Vice President Julie Staub said. The hospital's CEO says nurses are being lured away to jobs in other states at double and triple the salary.

Staub said system hospitals have started paying retention bonuses to nurses who agree to stay for a set period. To cover shortages, nurses who agree to work extra are getting the typical time-and-a-half for over-

time plus \$500 per additional 12-hour shift. Even with that, the hospital sometimes still has to turn to agencies itself to fill openings.

"You are seeing folks chase the dollars," Staub said. "If they have the flexibility to pick up and go somewhere else and live for a week, months, whatever and make more money, it is a very enticing thing to do. I think every health care system is facing that."

Texas Gov. Greg Abbott on Monday directed state officials to use staffing agencies to find additional medical staff from beyond the state's borders as the delta variant overwhelms its present staffing resources. He also has sent a letter to the Texas Hospital Association to request that hospitals postpone all elective medical procedures voluntarily.

Parts of Europe have so far avoided a similar hospital crisis, despite wide circulation of the delta variant.

# Chip shortage closes Nissan

DETROIT (AP) — Nissan says its huge factory in Smyrna will close for two weeks starting Monday due to computer chip shortages brought on by a coronavirus outbreak in Malaysia.

The shutdown is among the longest at any U.S. auto plant of this size since the semiconductor shortage, which has hobbled auto production worldwide, started to hit late last year.

Nissan said Tuesday that

it ran short of chips due to a COVID-19 outbreak at a chip factory in Malaysia. It expects production to resume Aug. 30.

The 6 million-square-foot

Tennessee factory employs 6,700 people and makes six Nissan models, including the Rogue small SUV, the company's top-selling U.S. vehicle.

Analysts say the closure of the large Nissan factory for two weeks is a sign that the semiconductor shortage may not be coming to an end late this year as many auto executives had hoped.

Few U.S. factories have been down for two weeks in a row, and they usually are plants that make lower-volume, less-profitable vehicles, such as sedans. Automakers have tried to conserve chips for plants that make their top sellers, largely SUVs and pickup trucks. Although pickup truck plants have been shut down sporadically as well.

Guidehouse Research Principal Analyst Sam Abuelsamid said Smyrna is a crucial factory for Nissan and its shutdown is a sign that the end of the semiconductor shortage may not be in sight.

"It's looking like it's going to stretch at least into the new

year," he said.
With continuing COVID19 outbreaks across the semiconductor supply chain in
Asia and other regions, supply problems may last even

longer than that, Abuelsamid said.

The shortage and plant closures, coupled with strong consumer demand in the U.S., have caused shortages of new vehicles across the nation. That has driven up prices, and the shortage has spilled into the market for used vehicles.



REORGANIZATION

Political Ad Paid For By: Bedford County Democratic Party

# Weed killer

Wherever there are weeds, I have my spray bottle of vinegar. I spray thoroughly, then the next day they shrivel up, and the day after, they are usually gone. -- Carolyn T., via

Carolyn, vinegar is a workhorse in the home. Safe, cheap and readily available, I've reached for it time and time again. I've compiled my favorite vinegar hints, helps and hacks into a handy pamphlet.

Would you like to receive one? It's easy! Visit www.Heloise. com to order, or send a long, stamped (75 cent) self-addressed envelope together with \$5 to: Heloise/Vinegar, P.O. Box 795001, San Antonio, TX 78279-5001. Always label household products legibly. -- Heloise

#### **ORGANIZATION** NATION

Dear Heloise: I have a family phrase, a mantra, if you will. I tell my kids: Don't put it down, put it away. Whatever the item is, put it back in its proper place. It works well for my family; keeps our home tidier. -- Emily T. in New York

# PREVENTING ROAD

Dear Readers: We're seeing an increase in road rage this summer. Why? Experts think it's because so many of us were home for so long, and now we are back on the roads, and people aren't used to sharing. Here are ways to prevent road rage, when someone cuts you off in traffic, for example:

- -- Avoid eye contact
- with the driver. -- Don't retaliate; just
- -- Keep on driving; don't show emotion and keep your cool.

It can be super frustrating when someone drives badly and dangerously. For the greater good though, please try to ignore it, drive safely yourself and get home to

your family. -- Heloise

**Hints** from Heloise



#### **CUT IT OUT**

Dear Heloise: When I'm going into a brick and mortar store shopping for clothes, I have a method. I cut out a good frontfacing, well-lit picture of myself (head shot), and I cut out "my body" on the picture and keep my head on.

Then I can take the picture with me to see which colors go nicely with my complexion. I can even check patterns and textures of fabrics. --Joanne W. in Florida

#### THE SLIDE

Dear Heloise: My makeup slides off my face in all this heat and humidity. Help! -- Lauren M. in Pennsylvania

Lauren, here are a couple of ideas. Allow enough time in between applying your skin care (moisturizers, serums and sunscreens) and your makeup -- at least 10 minutes. Let those treatment products set up on and sink into your skin.

In this heat and humidity, you are probably wearing too much makeup. Buff your primer and makeup into the skin. Top with a loose powder and a bit of bronzer or pink blush. That may be all you need. -- Heloise

#### THE GIFT OF **MEASURE**

Dear Heloise: Having just bought a home, I found the best gift for me: a pro tape measure. I'm always wanting to measure this or that. How handy to have it in my tool drawer! -- Constance R. in Ohio

## ONE FOR THE BUN

Dear Readers: Have long hair and need a secure bun? This may work for you: Gather hair in a ponytail, secure and wrap the hair counterclockwise rather than clockwise. This should keep the bun from flopping about. -- Heloise

NOTICE TO FURNISHERS OF LABOR AND MATERIALS TO: Caudill Mowing, Inc. PROJECT NO .: 98303-4154-04, 98303-4155-04 CONTRACT NO.: CNU905 COUNTY: Bedford

The Tennessee Department of Transportation is about to make final settlement with the contractor for construction of the above numbered project. All persons wishing to file claims pursuant to Section 54-5-122, T.C.A. must file same with the Director of Construction, Tennessee Department of Transportation, Suite 700 James K. Polk Bldg., Nashville, Tennessee 37243-0326, on or before 9/17/2021.



# **POSITION OPENING**

The Shelbyville Times-Gazette is hiring!

**Newspaper Carrier Position** 3 days/week

Come by and fill out an application. No calls please.

323 E. Depot Street, Shelbyville

## COMMUNITY CALENDAR

Send calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or drop by our offices, 323 E. Depot St., during weekday business hours.

## **SATURDAY**

#### Wiser reunion

The Wiser family will hold a reunion - Saturday, August 14 at Griffin Park's Aubrey Lewis Pavilion.

A potluck meal will be served around 12 noon. Tableware and paper products will be furnished.

#### **Democratic** convention

**Bedford County** Democratic Party's convention is scheduled Saturday, August 14, 10:30 a,m., at Shelbyville-Bedford County Chamber of Commerce, 100 N. Cannon Blvd.

Registration will begin at 10 a.m. Officers and executive board members (two citizens from each district) will be elected. This event is open to the public and no membership is required. Contact Kay Janosik, 763-227-3090, for more information about the party or

## SUNDAY

#### Food giveaway

A food giveaway will be held noon Sunday, August 15 at St. Paul United Methodist Church, U.S. 41A North between Rover and Unionville.

#### **Kellys in concert**

Longview Baptist Church, 101 Cooper Road, will have The Kellys in concert at 6 p.m. Sunday, August 15.

## **ONGOING**

Shelbyville Community

#### Soup kitchen

Soup Kitchen serves meals from 4-5 p.m. Tuesdays at the old Save-A-Lot building on South Cannon Boulevard. One take-away meal per person present, with come-and-go service only. Donations may be made to Shelbyville Community Soup Kitchen, 122 Public Square N., Shelbyville, TN 37160 and are tax deductible under its 501c3 non-profit designa-

#### **DesJarlais forum**

Lynne Davis, field representative for U.S. Rep. Scott DesJarlais, is available from 10-11 a.m. each Thursday at the Bedford County Courthouse to field constituent questions. DesJarlais, who represents the 4th District, will not be

present.

#### **Seniors meals**

Shelbyville-Bedford County Senior Citizens Center will have meals available for curbside pickup until further notice. Call April, 931-684-0019 from 8 a.m.-1 p.m. weekdays for more information or to place an order. A two-day notice is required.

## **County meetings**

**Bedford County** Courthouse is closed for government meetings until November due to remodeling. Meetings of the full County Commission are held at Shelbyville Central High School auditorium on Eagle Boulevard and committee meetings at Bedford County Office Complex on Dover Street.

# MTSU, Poynter Institute begin free speech initiative

The Free Speech Center at Middle Tennessee State University is teaming with the Poynter Institute to bring First Amendment education tools to America's college campuses.

"The best way to build real understanding of the First Amendment is to engage college students on real-world issues, clearly conveying that 230-yearold free expression principles are critical to our democracy today," said Ken Paulson, director of the Free Speech Center. The initiative, which

combines the Poynter Institute's "Press Pass" program with the Free Speech Center's "Lessons in Liberty," will give educators timely and interactive classroom exercises designed to illuminate freedom of speech and press for the next generation of citizens.

"This program is designed to give students a chance to really discuss and debate the very real issues unfolding in front of them in the media landscape," said Barbara Allen, Poynter's director of college programming. "It's a reminder that they have a stake in these issues as young people shaping the industry." Future installments will

focus on journalism ethics, free speech on campus, media business practices and legal precedents impacting journalists. They are available free of charge at www.freepeech.center.

"We're very pleased to be working with the Poynter Institute, a preeminent authority on journalism ethics and media professionalism, on lessons that will illuminate the First Amendment for college students and instill greater respect for the free exchange of ideas," Paulson

#### **About the Free** Speech Center

The Free Speech Center is a nonpartisan, nonprofit public policy center dedicated to building understanding of the five freedoms of the First Amendment through education, infordoes not participate in litigation or lobbying. Its educational efforts

mation and engagement. It

include:

•The First Amendment Encyclopedia, an unparalleled collection of more than 1,500 articles on First Amendment topics, court cases and history developed in partnership with the Seigenthaler Chair of Excellence in First Amendment Studies at MTSU. Articles are written to be accessible by young people and the general public. About 20,000 students and educators access the site each school day.

•1 for All, a national nonpartisan and nonprofit educational effort to build understanding and respect for the five freedoms of the First Amendment in secondary and higher education. nationwide ad campaigns featuring celebrities to raise awareness of the First Amendment among a younger generation.

•Frequent news, analysis and commentary on current First Amendment issues at freespeech.center.

## **About the Poynter** Institute

Founded in 1975, Poynter is an inspirational place but also a practical one, connecting the varied crafts of journalism to its higher mission and purpose. From person-to-person coaching and intensive handson seminars to interactive online courses and media reporting, Poynter helps journalists sharpen skills and elevate storytelling throughout their careers.

We bring together Poynter faculty and industry experts to explore the intersection of journalism, technology and the public interest. Poynter specializes

•Ethics and fact-check-

•Reporting and storytelling •Developing journal-

ism's leaders

 Advancing newsroom diversity

Strengthening local

news companies

Learn more at poynter.

# Tips from a doctor who survived COVID-19

(StatePoint)

No matter how strictly vou follow the rules, those with firsthand experience know that anyone can get COVID-19.

"Given my role helping shape COVID-19 policies and procedures since the pandemic surfaced, I know the rules better than most: wear a mask, limit social gatherings, stay six feet apart and so on," says Dr. Gina Conflitti, chief medical officer for Medicare products at Cigna, one of the nation's largest health care insurers. "Like many others, I did my best to follow the safety guidance. Yet, in late November 2020, I contracted the virus and faced months of recovery."

While Dr. Conflitti hopes this doesn't happen to others, she offers the following advice to those who do contract COVID-19:

• COVID-19 impacts everyone differently. There are those who cruise through COVID-19 with no symptoms while others have mild symptoms. Some people literally fight for their lives. Don't expect to have the same experience as others, and be sure to communicate with your doctor about the best treatment approach.

• Don't get caught in the

blame game. Once you contract COVID-19, there's a tendency to blame yourself. Or you might blame others for infecting you. Many never find out how they were exposed. While contact tracing is important, don't waste time blaming yourself or others. Save your energy for recovery.

• Don't be afraid to

ask for help. COVID-19 is humbling, and even active, independent people may suddenly need help with normal daily activities, like getting groceries and medicines. People want to help, so don't hesitate to ask so you can concentrate on recovering. • Take care of your

mental health. COVID-19 is isolating and can cause depression and anxiety. Stay connected with friends and family safely via phone or video calls. Talk to a professional if things become too difficult to manage on your own. You may have access to behavioral health support through your medical insurance or Medicare

• Listen to your body. There's no good time to

get sick. Nevertheless, it's important to listen to your body before returning to work, school and daily activities. Don't rush it. Prepare by eating healthy, getting enough sleep, drinking plenty of water, taking vitamins or supplements if your doctor recommends

and reducing stress.

· Pay it forward. Even with all the bad things COVID-19 brings, it's also revealed some of the best aspects of humanity. Pay kindness forward by showing gratitude to clinicians, teachers, restaurant and grocery store workers and others who courageously give their best so our lives are better during this pan-

· Get the vaccine. Take control of your health by getting vaccinated. Follow your local health department news, and get your COVID-19 vaccination as soon as medically approved. It's available at no cost and critical to ensuring your safety and the safety of oth-

For Cigna's COVID-19 resources, visit cigna.com/ coronavirus.

"It's been a difficult time for all of us, but I'm confident the most challenging days are behind us. Stay safe, follow safety procedures and get vaccinated. The only way we can move forward is if we do it together," says Dr. Conflitti.

#### NOTICE OF PUBLIC HEARING This Notice is to inform the public that the

**Shelbyville Housing Authority** in accordance with Section 511 of the "Quality Housing and Work

Responsibility Act (QHWRA) of 1998" and HUD's implementing Regulations, will hold a Public Hearing on the Housing Authority's Public Housing Agency Plan (Five Year Plan) for the Fiscal Year Beginning January 1, 2022 - 2026. The Draft Public Housing Agency Plan and supporting documentation may be reviewed by all interested parties at the Shelbyville Housing Authority Office. The Office is located at 316 Templeton Street, Shelbyville, Tennessee. All interested parties are requested to make comments and recommendations before the Board of Commissioners adopts the Five-Year Agency Plan and submits to HUD for approval. The Public Hearing will be held as follows:

Date: September 22, 2021 Time: 12:00 Noon Location: Tate Street Community Center 539 Tate Street Shelbyville, Tennessee Comments should be addressed to Mr. Ronald Tillman,

be sent on or before the date of the Public Hearing. An Equal Opportunity and Section 3 Employer

.Ext. 219

Executive Director, Shelbyville Housing Authority, P.O. Box 560,

316 Templeton Street, Shelbyville, TN 37160. Comments should

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# Pope answers cell phone at Vatican

VATICAN CITY (AP) — Maybe heaven can wait, but a phone call for the pope could not.

In a decidedly unusual break from protocol, Pope Francis took a cellphone from an aide while standing at center stage in a Vatican auditorium for his weekly Wednesday audience with the public. Francis, who had blessed the attendees near the event's end, chatted animatedly for a couple of minutes with whomever was on the other end.

The pope gestured with his free hand as if the caller could see him - a common impulse for many

people when talking on the phone while he held the device to his left ear with his other hand. Francis seemed to be explaining something and did most of the talking. He twice moved his right hand

as if he were signing something.

The Vatican declined to comment about the nature of the very

public call.

After blessing the members of his audience, the pope typically wades into the crowd to greet many of them affectionately. But in another departure from the routine, Francis on Wednesday abruptly changed direction while chatting with another aide as he was about to descend the stage steps. Instead of greeting the faithful, he headed toward a closed exit

First the aide, then the pope,

gestured to the participants that they should wait. The aide opened the door, and the pope walked briskly off the stage. After a few minutes, Francis returned and went down the marble steps to the audience section to mingle with people who wanted to shake his hand or take selfies with him.

## CHURCH ACTIVITIES

Send church news to tgnews@t-g.com.

#### **Baptist**

Calvary: Services will be held by interim pastor, Bro. Jimmy Gray at 10 a.m., livestreamed on Facebook and YouTube.

**Edgemont:** "Taking on Giants" from I Samuel 17:45-51 will be the sermon.

**Grace**: The Kellys will sing in the 10 a.m. service.

#### **Church of Christ**

**Fairlane:** The Prayer series continues. The sermon will be "Simple Prayer" Matthew 6:5-8.

#### **Methodist**

**First UMC**: The message will be "Here I Am, Lord . . . Send Aaron!" from Exodus 3-4. The service will be livestreamed on Facebook page and broadcast on WLIJ (98.7 FM/1580 AM).





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# Log Home & 7.52+/- Acres

4 bedroom 4 bath log home on 7.52 +/- acres in Cascade school district. Formerly used as an income producing bed and breakfast The property features long road frontage on Bell Buckle / Wartrace Road and Loop Road. It also includes an 1800's barn with chestnut beams and is very convenient to the historic towns

of Bell Buckle & Wartrace.

Don't miss out on this property with unlimited potential.

Plenty of room for horses.

Also selling Personal Property:

Furniture: several ornate statues, grandfather clock, set of (4) wicker chairs, ornate clock, formal dining table w/ 6 chairs (2) leaves, hand carved table w (2) chairs, leather lore sofa, oak kitchen table with (4)chairs & heavy glass top. wooden bench, porch swing, antique heavy beveled glass mirror, hospital bed, fireplace set, plant stands, oriental wall decor, pottery pieces, cherry jewelry chest, several oil on canvas paintings, lamps, Hitachi & track/cassette player, brass oil lamp w/ glass shade, commercial meat slicer, 5' tall hand-painted oriental vase, ceramic planters, hand painted oriental screens, coffee and side

table, mini fridge, lamps, vacuums, fans, dehumidifier, & more.

Tools & Appliances: Frigidaire washer & dryer, shopvac, Krause multimatic alum. ladder, Hitachi planner, several nail guns, palm sander, jig saw. Hitachi table saw, air compressor, Ryobi drill press, Delta table saw, Delta band saw, chainsaw, vise, drills, 3/4 hp water pump, Ryobi chop saw, skill router table, hand tools, & more..

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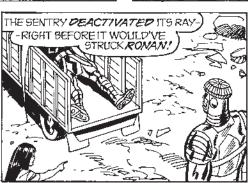
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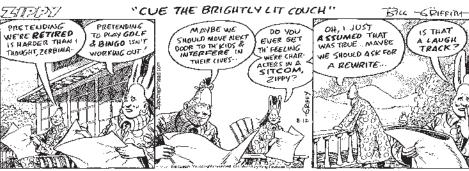




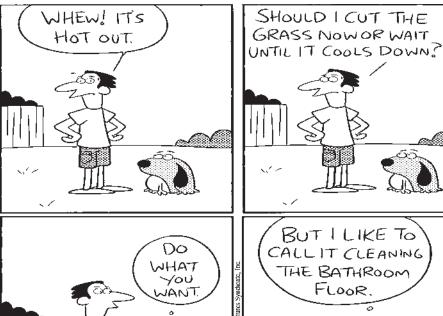


BETTWY 8-12

## ZIPPY THE PINHEAD ® by Bill Griffin



## TAKE IT FROM TINKERSONS ® by Bill Bettwy



## CROSSWORD PUZZLE

1	2	3	4			5	6	7	8	9	10			
11						12						13	14	15
16			1			17				18			1	
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56		57					58				59			
60					61	62					63			
			64								65	+	+	

## **CLUES ACROSS**

- 1. Corrode
- 5. Jean Paul \_, author
- 11. Hebrew unit of dry measure
- 12. A type of scientist
- 16. Greek goddess of discord 17. For Red Sox MVP
- 18. It checks your speed
- 19. Made dirty 24. The First State
- 25. Lodgings
- 26. Spiritual leader
- 27. Bradley Int'l Airport code 28. Native American people
- 29. Sharp pain
- 30. Touch
- 31. Slowly disappears
- 33. Indigenous Russian people 34. Narrative poem
- 38. Some are bad

## **CLUES DOWN**

- 1. To return an echo 2. Displace
- 3. Japanese religion
- 4. Predilections 5. Partial
- 6. Poisonous plant
- 7. Road open 8. Atomic #81
- 9. Accomplished American composer
- 10. Oh, God!
- 13. Potato state
- 14. Most melancholic 15. Supportive framework
- 20. Hollywood's Pacino
- 21. A title for women
- 22. Popular Grammys alternative
- 23. Check
- 27. Bolivian river 29. South Dakota
- 30. Wonderful
- 31. Supervises flying 32. Commercial

- 39. Small quill feathers
- 40. Tattles
- 43. Popular Easter entree
- 44. Beneficiary
- 45. Clothed
- 49. Payroll firm
- 50. Lower Normandy's largest city
- 51. Binary compound of halogen
- 53. The Fighting Irish
- 54. Skilled, paid worker 56. Eyelashes
- 58. The 12th letter of the Greek

alphabet

- 59. Large, stocky lizard 60. Made poisonous
- 63. Former US Secretary of State 64. Sticky substances
- 65. A type of gin

#### 33. More (Spanish)

- 34. Even distribution of weight
- 35. "Arabian Nights" hero
- 36. Compact mass of a substance
- 38. Halfback 40. Some of it is ground
- 41. They play in the trenches

37. Bachelor of Laws

- 42. Atomic #18 44. Chinese Prefecture
- 45. Fabrics
- 46. Being in a direct line of descent from an ancestor
- 47. In slow tempo 48. Flood

61. A bone

- - 50. Long-necked bird 51. Secondary school
  - 52. Artificial intelligence
  - 54. Structure by the water 55. Lather
  - 57. What happens there stays there
  - 62. The Great Lakes State

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# Guess Who?

I am a cook and TV personality born in New York on August 25, 1968. I started working at a candy counter in Macy's department store. I gained a following for making quick meals and eventually scored various television deals.

Answer: Kachael Kay

## AREA BUSINESS BRIEFS

#### **ROOFING AWARD**

Quality Exteriors of Murfreesboro recently received the GAF Roofing Award—the GAF Triple Excellence Award for middle Tennessee. General Aniline & Film (GAF) is a national roofing materials manufacturer in North America.

To be considered for the GAF Triple Excellence Award, a roofing contractor, like Quality Exteriors, must first be a GAF Master Elite Certified contractor. Only 2% of all roofing contractors in the U.S. are invited to become Master Elite Certified contractors, and this distinction cannot be bought, it must be earned, company officials said.

Quality Exteriors has held this distinction since 2009. The GAF Triple Excellence Award is a stringent award that evaluates a roofing contractor's performance in three main areas, including installation excellence.

# PHYSICIANS JOIN

This past month two leading groups of local physicians joined forces to serve the area. Warren Langworthy, M.D., Scott Eller, M.D., their associates, and the staff of Middle Tennessee Family Medicine joined Murfreesboro Medical Clinic and Surgi Center.

"Over the years, MMC has considered opportunities to reach out to other physicians in the community to join MMC, and Dr. Langworthy's name always came up," noted Joey Peay, MMC's Chief Executive Officer. "He and Dr. Eller have such similar practice styles and a commitment to clinical excellence for their patients just like our Internal and Family Medicine Physicians. It just made too much sense!"

Peay continued, "When the pandemic began last spring, we began working with Drs. Langworthy and Eller to help get COVID-19 testing for their patients. Things took off from there and ultimately resulted in their decision to join MMC."

#### STATE FARM ASSISTS

Communities across the United States answered the call from State Farm Insurance to submit causes that would make a positive impact in their neighborhoods. Now, these projects need more help. From Aug. 18-27, (starting at 12 a.m. ET) U.S. residents age 18 and older with a valid email address, may vote for their favorite cause at www. neighborhoodassist.com to help bring a \$25,000 grant to each of the top 40 votegetters. Go to the website for more information about getting involved. The four Tennessee causes in the Top 200 are from Murfreesboro and East Tennessee.



# MooVille Cookies & Cream: A Shelbyville hub

# By DAWN HANKINS dhankins@t-g.com

The MooVille Cookies & Cream food truck with its hoving-inspired exterior

bovine-inspired exterior isn't hard to spot driving into town.

Kids, and well, adults too, have been happy this summer, judg-

been happy this summer, judging from Facebook and Instagram posts, when they see the ice cream truck from MooVille Cookies & Cream pull up at The Dinner Table parking lot.

The dairy-laden food truck is owned by Robin DeMaio and daughter, Emily DeMaio. Robin moved here in 2019 with her boyfriend, Bryan Williams, and Emily moved here the next year.

COVID-19 by no means slowed down these local food truck entrepreneurs. The joy of getting an ice cream from a truck lives on here, because of their business venture.

What started out west now belongs to Shelbyville. "Bryan and I had a restaurant and an ice cream truck in Wyoming. Bryan is a master mechanic and he built the MooVille truck here in Shelbyville."

Emily is a graduate of the Culinary Institute of America with a baking and pastry degree, and 10 years of professional baking. So the mother-daughter team decided to start Mooville Cookies & Cream shortly after Emily arrived in Shelbyville.

MooVille bakes fresh its cookies and uses Blue Bell brand premium ice cream."We bake the cookies in small batches to insure freshness and to insure that we have a rotating flavor profile for our customers. So far, we are selling them here in Shelbyville. We are working hard to increase the number of sandwiches we can produce each week, because we are selling out each time we have been out."

Their current customer spot, Robin says, is in the parking lot of The Dinner Table restaurant, which she says is a great location right on the corner of Lane Parkway and South Cannon Boulevard.

The team uses Facebook to announce the days they'll be in town, using both their own page and the Catch the Wave-Food Mob Facebook page. (A group which encourages followers to "mob" or support local restaurants.)

"Currently, we are hoping to be out twice a week; we will be planning to have enough on the truck to serve people after work and even after dinner," Robin says. "We are also interested in doing private events, such as birthday parties and corporate functions."

She says with a smile that it feels great to have a business here that's "moo-ving" in a direction in which it can further serve the community.

What item sells out the fastest on the truck? That would be hands down, she says, their unique, multiflavored ice cream sandwiches.





Bri, who works with MooVille, tastes one of the new creations of ice cream sandwiches.



MooVille Cookies & Cream can be located at The Dinner Table restaurant on South Cannon Boulevard. See the Mooville Facebook page for more information and schedule.

# Get those kids to school on time

. . . brevity is not my strong-suit. But I assure you this week's column is going to be short and sweet to-the-point. I

I have titled it, "Get your kids to school on time, please!"

Set the alarm an hour earlier. Have the neighbors make a wake-up call. Do something!

One of my co-workers got up at 5 a.m. She made it to work on time.

For those already play-

ing beat-the-clock. That's sad. We've only been in school a couple of weeks!

On Tuesday morning, I passed by a middle school in another county, only to notice parents, with kids in tow, driving like mad to the middle school entrance. (Quite possibly this is already happening in Bedford County, so worth the words, I think.)

By the way, there was a line of cars, not just a couple. Having driven out the direction they came, nope, there were no accidents or

traffic hold ups.

Folks, it was a later day for me to the office. I looked at the clock and noticed it was 7:55 a.m. OK, granted this school doesn't open until 8 a.m., but is this really fair to their kids, especially those middle school age? Shouldn't they be getting to school at least 15 minutes early, not 5 minutes 'til the bell rings?

This means they have to do the "Run, Run Rudolph" not to be late. (That's an old song, made more popular by the "Home Alone" movies.) If you haven't watched those ... well, what can I say?

My point is that the students have to deal with the stress and worry of possibly being tardy for class. Some teachers are more forgiving than others, as well as some schools.

Still, do your kids a favor and get them to school on time. If there's no time for breakfast, leave early enough to get them something in

drive-through. (Another column.)

I must say that my daughter got her three kids ready for school on Tuesday in plenty of time. They had time to make a picture and drive 20 minutes to the front doorone time. I might note she has three children under the age of 8 . . .

OK. No excuses. Let's get going.

I told you this might be the shortest column I've ever written. Perhaps, if one parent reads it, a

life could be changed for a student. Who knows? Thanks for listening.

• Dawn Hankins is editor of the Times-Gazette. She can be contacted at dhankins@t-g.com.

# **Frankensteak**

umans love meat. For every 1 human on the planet, there are about 3 chickens. The total number of farm animals for slaughter outnumber wildlife 15 to 1. This is a problem.

Just this past week, another international report added to the growing pile of evidence that humans are causing climate change, and meat consumption is a large part of this. Meat and dairy make up around 15% of all greenhouse gas emissions—that's about the same as all cars, trucks, ships, and planes combined—and that's to say nothing of the land and water used.

Also, packing thousands of animals into tiny warehouses requires the use of antibiotics as diseases run rampant and mutate. Not only does factory farming contribute to greenhouse gas emissions and resource depletion, but also to antibiotic resistance and pandemic risk.

For these reasons and

more, many activists advocate for lowering meat consumption or stopping it altogether. This is definitely possible, but most people (myself included) aren't doing a great job at this. Rather, meat consumption is actually increasing glob ally. I don't think banning meat is a reasonable solution, nor do I think that would go over well. So what can we do? Maybe we could eat cultured meat.

"What on earth is cultured meat?" you might be

Well, normal meat is a connection of muscle, fat, bones, tendons, and ligaments. Normally, we get it by raising animals then slaughtering them. But scientists have also been growing these types of cells in the lab for decades. Cells taken from adult animals can be fed with nutrients and grown in a dish just as they can be grown in a body. With the right combinations, you can even recreate meat with lab-grown cells. This is cultured meat.

A number of companies around the globe are developing cultured meat products. In fact, in 2020, chicken nuggets became the first cultured meat product to hit the markets, being approved for sale in Singapore.



Made from the same materials as normal meat, cultured meat in theory should be no more or less safe. There are a number of risks that need to be addressed on the production side of things, but the US actually has fairly stringent food safety standards, so these items won't be available until it is crystal clear that they are at least as safe as other foods.

The next question you might be wondering is how it tastes. Reviews of the chicken nuggets recently approved in Singapore claim they taste like chicken. That makes sense because they are made of chicken cells, just like traditional chicken nuggets. The texture is an area that cultured meat is still working to perfect, but given time, it is likely that cultured meat will become indistinguishable from traditional meat in flavor and

While lab grown meat isn't the solution to all of our problems, it may be more eco friendly. Cultured meat uses more than 90% less land and water and may emit significantly less greenhouse gas, especially if renewable energy is used to power the production.

This is just one of many examples of how scientific advances allow humans to keep doing what they love, for better or worse. Maybe we do all need to stop eating meat, or at least eat much less of it. But I don't see that happening anytime soon, so we must rely on technology to mitigate the damage in the meantime.

So in the coming years, when cultured meat has been proven safe and can be efficiently produced, I encourage you to give it a try. I certainly will.

• Brian Young, Jr. is a senior at Harvard University studying human developmental and regenerative biology. He can be reached at brianyoung0718@gmail.com.

Thurber, makes me laugh out loud every day. The writing life requires you to sit still for

long periods of time, but

those days are long gone. As I write this column - attempt to write it, that is - my seven-and-a-halfmonth-old buddy keeps dropping his ball at my feet, hoping to get me to

play with him. Which makes me laugh

He usually doesn't give up until I take him outside for a good run — or we go to the park, so he can greet strangers with enthusiastic joy.

I knew getting a dog would change my daily routine, but I had no idea how much he would change and brighten up my life.

I didn't realize until after he arrived five and one-half months ago, but I used to go for days without laughing — certainly without laughing out loud.

Now Thurber's antics make me laugh so hard and so often, I can only imagine how much public civility would be improved if everyone in our country

could experience the daily joy he brings me.

Civility is "the foundational virtue of citizenship," developmental psychologist Marilyn Price-Mitchell wrote a decade ago in Psychology Today.

It's behavior "that recognizes the humanity of others, allowing us to live peacefully together in neighborhoods and communities."

She explained that the psychological elements of civility include awareness, respect, self-control and empathy — the very characteristics a professional dog trainer is currently helping me develop in Thurber.

Empathy — the ability to understand and share the feelings of another — is certainly a skill we Americans are losing in our increasingly isolated, angry, social-media-driven

But pets like my best buddy Thurber can help bring us together and help us restore our argumentative nation to a civil, wellfunctioning republic.

Child development specialist Denise Daniels explains in The Washington Post that

"emotional intelligence," or EQ, is a measure of empathy.

She points to the find-

Pets provide a daily dose of empathy

ings of the Yale Center for Emotional Intelligence, which researches EQ and teaches people how to improve it, and notes that a high EQ score is the best indicator of a child's success — as well as an

Which brings us back to the value of pets.

Daniels writes that a variety of research in the U.S. and U.K. has shown a correlation between attachment to a pet and higher empathy scores.

I know my buddy Thurber has certainly improved my empathy and EQ score.

I didn't realize that my emotions for the little guy would run so deep, or that I would work so hard and do so many things to give him the happiest, healthiest life he can experience.

Plus, everywhere we go — and he loves few things more than jumping into the backseat of my truck — he makes total strangers smile, laugh and converse with me.

His simple presence can bring human strangers **Purcell** Review

Tom

Columnist



together.

He not only makes us forget the petty human world — for a little while, at least — but he reminds us that a simple but magnificent creature like him can turn the most hardened souls back into an empathic, laughing, happy children.

As I work hard to train Thurber to be a great dog who exhibits compassion, self-discipline, courtesy and empathy, he is training me right back to improve all of those very same skills.

I can no longer imagine what my world would be like without my lovable Labrador enriching it for me — and everyone else who meets him every day.

• Tom Purcell is an author and columnist for the Pittsburgh Tribune-Review. Email him at Tom@TomPurcell.com.

# Many years of smiles, insights

t was 73 years ago this month that my brought "Candid Camera" to television. Remarkably, between his career and mine we hold a record with the only entertainment show to have produced new episodes in eight different decades.

I still don't have all the answers, but I've heard most of the questions.

Are people harder to fool these days? No! Folks are easier to fool. That may seem counterintuitive, but I'm certain it's true. Much of it has to do with multitasking. When my father did the show he had to work at distracting people. These days they do it to themselves. Many people we now encounter are fiddling with personal devices, tackling routine activities with less-thanfull focus. That makes them easier targets for our little experiments, but also more vulnerable to mishaps and genuine scams.

Is the show really real? Of course. The entire concept-and our reputation—is based on making "Candid Camera" real. Some competitors have faked hidden-camera scenes. Not us. Frankly, much of our material is only funny because it is spontaneous and unrehearsed.

As part of our birthday celebration I've written a book called "Self-Amused," drawing upon many of our adventures

and insights.

In doing recent versions of our show I worried briefly that people are now so tech-savvy that some of our props and fake setups wouldn't be believed. Instead, we found that the omnipresence of technology has reached a point where people will now

accept almost anything. We showed customers at a salon an "un-tanning machine" that ostensibly sucked off dark pigment in seconds. We notified residents in a Denver suburb that they would be getting mail delivery via drone. We told patients at a dentist's office that they'd now be performing a DIY dental exam. In each case, just about everyone bought in. At the dental office, several people were even prepared to give themselves a shot of Novocain before we intervened.

I don't necessarily believe 21st-century Americans are more gullible, but they tend to give that impression by protesting life's little insults without taking time to fully digest the situation.

For instance, we told shoppers in Seaside, Calif., they would be charged a "\$10 in-store fee" for not buying online. We told customers at a New York City food store that to pay with a credit card they would need "three forms of photo ID." We hired a cop in Scottsdale, Ariz., to enforce a "2 m.p.h. pedestrian speed limit."

Most people took these propositions to be true. They shot back quickly at big government, big business or any other entity that seemed to have too big a role in managing their lives.

We tried a few political experiments and the results were predictable. We showed New Yorkers petitions to recall state officials, but the names were all fictitious. Many people supported the effort, among them a lawyer who carefully explained that one should never sign anything without complete knowledge of the facts, and then signed anyway. In California, our fake candidate obtained dozens of campaign signatures without ever stating a position, a party or even her full name.

In Arizona, we hired two actors to portray "illegal immigrants." One played a well-dressed gentleman from England, the other a blue-collar worker from Mexico. The British fellow got plenty of signatures to "vouch for good character," while the Mexican guy had difficulty just getting people to stop and listen.

Much hasn't changed over the years. For example, I expected to encounter more profanity in everyday conversation, but it's really not there. I also wondered whether young people would be less spontaneous and engaged when caught in our scenarios,



Columnist



yet there's no hint of that whatsoever. I thought in these litigious times fewer people would sign a waiver to appear on our show, but the percentages have stayed about the same over

I do note that today more people step out in public looking a bit disheveled and unkempt and are then hesitant to sign because they're not happy with their appearance. Fortunately for our show, people are still, for the most part, willing to engage a stranger and to smile when a little joke is revealed.

One more question I'm often asked: How many Emmy awards has "Candid Camera" won?

None. No Emmy, Golden Globe or Peabody. We haven't even received a TV Guide viewers' honorable mention certificate. We did, however, win one special award. A national plumbing supply company gave us a trophy because our slogan--"Smile, you're on Candid Camera"—was found to be the most popular graffiti above restroom urinals.

# **Guidelines for letters to** the editor

The Times-Gazette publishes letters to the editor as space allows, and reserves the right to refuse any letter and to edit for content and length. All letters become the property of the Times-Gazette upon submission. Letters must be typed or clearly handwritten, and must include the phone number and address of the writer for verification purposes. Please submit letters to tgnews@t-g.com, or mail them to: Times-Gazette, Attn: Letters to the Editor, P.O. Box 380, Shelbyville, TN, 37162.

#### **Chris Siers** (931) 684-1200 Ext. 219

sports@t-g.com

# S Times-Gazette PORTS

www.t-g.com/sports Thursday, August 12, 2021

EAGLE ON THE RUN



T-G Photo by Gary Johnson

Shelbyville Central sophomore running back Theo Washington breaks loose for a touchdown run in the Eagles 22-14 win over Page in a preseason scrimmage at home last Friday night.

# Community golfers open busy week

ROCKVALE — The Community golf teams have had a busy start to the week, participating in two matches on Monday and Tuesday.

Most recently on Tuesday, the Vikings and Viqueens took on Eagleville in a dual-team match at Champions'

Logan Miller was one stroke off medalist honors and finished with a 45 to lead the Vikings.

Braxton Thompson and Stratton Lovvorn carded a 54 and 56, respectively, while Cason Neill concluded varsity scoring with a 61.

As a team, the Vikings finished with a 216.

Eagleville's Eli Driver had the lowest score in the match with a 44.

In the girls' side of the match, Eagleville took the victory, beating the Viqueens, 104-138. Haley Mitchell and

Sara Brooke Neill each

shot a 68, while Breanna Whitaker finished her round with a 70. Monday, On Community faced Giles County at Hill Crest

Country Club. Like his performance on Tuesday, Miller led the Vikings with a 45.

Thompson followed with a 54, while Cason Neill finished with a 58. Lovvorn finished his round with a 68.

For the Viqueens, it was Mitchell's 69 that led the way for the Purple and Gold, with Whitaker chipping in a 72 final score.

Community will make a return trip to Hill Crest Country Club on Monday to face Richland at 3:30

Community (216) Logan Miller 45 Braxton Thompson 54 Stratton Lovvorn 56 Cason Neill 61 Eagleville (197) Eli Driver 44 Cason Lamb 49 Koltt Bassham 53 Corbin Hearst 53

Community (138) Breanna Whitaker 70 Haley Mitchell 68 Sara Brooke Neill 68 Eagleville (104) Alex Klarer 49 Abigail Pennington 55 Monday: Community (221) Logan Miller 45

Girls

Braxton Thompson 54 Cason Neil 58 Stratton Lovvorn 68 Giles Co. (169)

Girls Community (141) Haley Mitchell 69 Breanna Whitaker 72 Giles Co. (94)



Lady Champion senior Rachel Phillips pushes the ball upfield on Tuesday against Zion



Sophie Ray battles a Zion Christian defender for possession in Tuesday night's preseason match.

# Lady Champions notch preseason victory

## **T-G STAFF REPORT**

Christian.

If Tuesday's 7-2 preseason win over Zion Christian is a thing to come, the Cascade Lady Champions are certainly on the right course as they prepare for the regular season kickoff next week.

Cascade scored early and often and dominated visiting Zion in an offensive showcase that saw six different Lady Champions find the back of the net.

Cascade needed just three minutes to get on the board as Savannah Soto found the back of

the net in the third minute. Caroline Stone doubled the Cascade advantage seven minutes

From there, Cascade endured

its longest scoring drought of the

first half—which lasted roughly 15 minutes.

Abby Harris broke the drought with a score in the 25th minute and for the remaining 15 minutes of the first half, Cascade was able to break through the Zion defense

with regularity. Angelina Rodriguez sliced a shot to the back to the net in the

30th minute, while Abby Clare

Lamb and Ellie Chappa both

scored in the final four minutes. Zion did manage a pair of firsthalf strikes—both of which came

on lengthy shots from outside the 18. The Lady Champs added one

final score in the second half off the toe of Soto in the 47th

Cascade has one final tuneup

match on Thursday at Huntland before kicking off the regular season on Tuesday at home against Cannon County.

First Half Savannah Soto goal, (3rd minute).
 Caroline Stone goal, (10th minute).
 Abby Harris goal, (25th minute).
 Angelina Rodriguez goal, (30th minute). Abby Clare Lamb goal, (36th minute).
 Ellie Chappa goal, (37th minute).

cond Half C — Soto goal, (47th minute).

# Valparaiso teams to become Beacons

Valparaiso University announced Tuesday that it has adopted the Beacons as its new team name, replacing the Crusaders, a term school officials dropped this year after saying it had been embraced by hate groups. The university's

President José D. Padilla said the private Lutheran school's new nickname "directly connects to the University's motto, 'In Thy Light We See Light,' and represents the Valparaiso University community in many ways."

"We are beacons of knowledge for our students' academic, social and spiritual growth. Above all, we are beacons of God's light around the world. We light the way for our students, so that once they graduate, they shine their light for others," Padilla said in a

officials School announced in February that they had retired the Crusaders name following input from students, faculty and alumni.

That decision came after a decades-long debate that has recently intensified because groups such as the Ku Klux Klan began using the words and symbols of the Crusades, which were a series of bloody religious wars starting in the 11th century between Christians and Muslims.

For years, Valpo's sports mascot had been a helmeted figure in faux armor. But the school's faculty and student senates each passed resolutions calling for a change and the university's alumni board of directors supported reassessing the team name's appropriate-

Beacons was chosen after a months-long process that included nearly 1,000 suggestions and input from students, student-athletes, faculty, staff and alumni at the 3,100-student university, located in Valparaiso, about 15 miles (24 kilometers) southeast of Gary.

# Hall of Fame goalie **Esposito dies at 78 By ANDREW SELIGMAN**

AP Sports Writer

CHICAGO (AP) — Tony Esposito made an immediate mark on the Chicago Blackhawks and a lasting impression on the NHL.

Esposito, the pioneering Hall of Famer who spent almost his entire 16-year career with the Blackhawks, died following a brief battle with pancreatic cancer, the team announced Tuesday. He was 78.

Esposito debuted with Montreal during the 1968-69 season and appeared in 13 games. He was then left unprotected with the Canadiens deep in goalies and taken by the Blackhawks in an intraleague draft for \$25,000, an investment that paid immediate dividends for a team that was coming off a last-place finish in its

Esposito helped lead the Blackhawks to first place, showcasing his butterfly style to post a 2.17 goalsagainst average and 15 shutouts, still a modern record for an NHL goalie. He won the Calder Trophy as the NHL's rookie of the year as well as the Vezina Trophy given to the top goaltender. He also won the Vezina in 1972 and 1974.

"Tony was one of the most important and popular figures in the history of the franchise as we near its 100th anniversary," Blackhawks chairman Rocky Wirtz said. "Four generations of our family my grandfather Arthur, my father Bill, my son Danny and I — were blessed by his work ethic as a Hall of Fame goalie, but more importantly, by his mere presence and spirit."

The Esposito family called him a "Hall of Fame husband, father, and grand-

"Chicago felt like home from the time Tony first arrived in 1969, thanks to the Wirtz family and those 18,000 Blackhawks fans who treated him like family every night at the Stadium, win or lose or tie," the family said in a statement. Esposito was from Sault

Ste. Marie, Ontario, just across the St. Mary's River from Michigan's Upper Peninsula, and he helped Michigan Tech to an NCAA championship in 1965. His older brother, Phil, was a star in his own right, a Hall of Fame center who played 18 seasons in the NHL.

The younger Esposito's first NHL start was Dec. 5, 1968, against Boston — and his brother. Phil Esposito scored twice on his younger brother, but Tony made 33 saves and the game ended

Commissioner Gary Bettman called him "a beloved member of the hockey family."

"It was Esposito's style, charisma and heart that endeared him most to hockey fans not only in Chicago but across the NHL," Bettman said. "The hockey world will miss him

Esposito helped lead Chicago to the playoffs in 14 seasons. The Blackhawks reached the Stanley Cup Final in 1971 and 1973, losing each time to his former team, Montreal.

He is Chicago's career leader with 418 wins and 74 shutouts. His overall record of 423-306-151 ranks 10th in league history. He was inducted into the Hall of Fame in 1988, joining his brother. And in 2017, he was selected by the league as one of the "100 Greatest Players in NHL History."

# More injures expected with expanded playoffs?

**By JOHN ZENOR** AP Sports Writer

Few college football coaches know the mental and physical grind that

comes with navigating a long postseason better than Chris Klieman. The Kansas State coach was formerly at FCS juggernaut North

Dakota State, whose teams routine-

ly compete for national titles in a

division where that means playing 15-plus games per season. "It's a grind to play 16 games or 15 games a year," Klieman said. "We did it for eight straight years. But when you're competing to try to win a championship, you kind of find a way to get through it. We pro-

tected the guys in practice the best

The College Football Playoff is considering expanding from four to 12 teams to determine its champion, reserving six spots for the highestranked conference champions along with at-large selections. The FCS typically has a 24-team playoff, minus the conference championship games that are part of the fabric in

Still at least a couple of years away, CFP expansion would get a broader pool of teams involved beyond some of the usual suspects like Alabama, Clemson, Ohio State

the Bowl Subdivision.

It also begs the queston of how many games is too many for college players who are still juggling school and facing more wear and tear on their bodies.

Sports medicine Dr. Todd May has seen in his former job working with Marines where fatigue led to more injuries in training, including heat illnesses and stress fractures. Being tired, he said, can lead to more mistakes and perhaps overextending

"I think the coaches will manage the contact accordingly but the mental fatigue that these guys are going to have to work through, I think that's going to add to the difficulty," said May, who works for Intermountain Healthcare in Salt Lake City. "And that's where we're going to see the injuries go up. It may or may not be

"But I think you'll see injuries go up just a little bit just from the mental fatigue, not from the, 'Hey I've been pounding on my buddies that much

Klieman could be a strong resource for his peer in terms of managing practice and contact drills to keep the team as healthy as possible. It's an annual challenge for North Dakota State, where he was an assistant before leading the perennial power from 2014-18. The Bison would cut down some

of the hitting in practice and focus more on things like mental walkthroughs with some extra rehab and recovery sessions built in, especially after Thanksgiving when it's playoff "Science will tell you you can't

keep hitting these guys and expect them to be fresh and ready to go," Klieman said. The Bison went 16-0 in 2019

under coach Matt Entz and 15-1 in 2014. A 15-game season is almost an annual affair for the top teams in the FCS when there isn't a pandemic. At the major college level, few

teams have tackled that challenge even since the four-team playoff began in 2014. No FBS team has played 16 or more games in the mod-

That could change in the coming

Alabama and Clemson have already played 15-game seasons, thanks to the double whammy of a league title game and the four-team A 12-team playoff, coupled with

the league title games, could extend that season to 16 or even 17 games if the conference championship games don't become a casualty of CFP

Alabama, which has won six national titles since 2009, went 14-1 in both the 2015 and 2016 seasons. Georgia was 13-2 in 2017, falling to Alabama in the national title game. Another SEC team, LSU, went 15-0

At the major college level, Clemson has been the king of the marathon seasons. The Tigers have had four seasons stretch to 15 games over the last six years.

Clemson coach Dabo Swinney figures the expansion is good financially and perhaps for the fans, "but I don't think that's what is best for the player."

He said he worries about players losing open weekends and playing even more draining, high-stakes games. For instance, what if that nailbiting, 35-31 win over Alabama in the national title game to end the 2017 season had been a semifinal? "Now you sit there and look at

these guys and say, 'All right, guys, we got one more," Swinney said. "You're just spent. You're exhausted. ... People say, It's just one more game. To me, that is a total lack of appreciation for what it takes to win a game, to prepare for a game, to play in a game of that magnitude." Sports medicine Dr. Robert Cantu

said coaches could minimize injury risk from the extra games by reducing, or even eliminating, full-contact drills in practice. The Ivy League has cut out such drills during the season, while the NFL limits teams to 14 padded sessions during the 18-week regular season.

"Obviously you increase the risk of the players by extending the season, not only the total number of blows that they're going to take to the head but the chance for getting a pretty big one," said Cantu, who is medical director and director of clinical research at the Cantu Concussion Center at Emerson Hospital in Concord, Massachusetts.

There doesn't appear to be a study specifically on the potential health impact of extra college games. A study led by Dr. Avinash Chandran, director of the NCAA Injury Surveillance Program at the Datalys Center for Sports Injury Research and Prevention, found the injury rate in preseason was higher than either the regular season or postseason. The study used injury data from the 2014-15 to 2018-19 academic years.

# Rodgers likely to skip preseason

GREEN BAY, Wis. (AP) — MVP quarterback Aaron Rodgers probably won't appear in any of Green Bay's three preseason games as the Packers look to get 2020 first-round draft pick Jordan Love as much work as possible.

Packers coach Matt LaFleur said Tuesday that Love will play the majority of the Packers' preseason opener Saturday against the Houston Texans and that Kurt Benkert also would get some snaps.

LaFleur then was asked whether Rodgers would play at all in the preseason.

not," LaFleur replied. Green Bay hosts the

"I would say most likely

New York Jets on Aug. 21 and visits Buffalo on Aug. 28 in its other two preseason games.

The Packers want to get Love some game experience after the pandemic wiped out last year's preseason. Love also didn't play a single down last year during the regular season as the third-team quarterback behind Rodgers and Tim Boyle, who is now with the Detroit Lions.

Love did get plenty of work during the offseason and got the vast majority of first-team reps during the mandatory minicamp that Rodgers missed. The Packers moved up four spots in the 2020 draft to take Love out of Utah State with the 26th overall pick.

"I'm super excited," Love said last week about the opportunity to play preseason games. "This is the moment I've been preparing for ever since last year not having preseason. It's almost like I've been training a year just for this first preseason game. I'm sure excited to get out there and get back to playing ball."

Benkert, who signed with the Packers in May, also could use the experience. The former Virginia quarterback spent the 2018 and 2020 seasons on the Atlanta Falcons' practice squad but has no NFL game experience. Benkert was on injured reserve in 2019.

Rodgers, who won his third MVP last season, sat out the Packers' organized team activities and mandatory minicamp this offseason while in a standoff with team management. He reported for training camp on time and has been practicing ever since.

# Tide tops preseason coaches poll

**ASSOCIATED PRESS** Defending national champion

Alabama is the preseason No. 1 in the USA Today Sports AFCA Coaches Poll released Tuesday. The Crimson Tide got 63 of

the 65 first-place votes while No. 3 Oklahoma got the other two.

Clemson is No. 2 with Ohio State and Georgia rounding out the top

No. 8 Iowa State has its highest preseason ranking since USA Today started administering the coaches poll in 1991. So does No. 10 Cincinnati.

At No. 17, Indiana is ranked in the preseason coaches' poll for the first time. And Mack Brown's North Carolina team is ranked ninth, its best opening slot since heading into the season at No. 8 in 1997.

The Associated Press Top 25 will be released Aug. 16.

# Westbrook eager to help LeBron in Lakers homecoming

By GREG BEACHAM AP Sports Writer

LOS ANGELES (AP)

Russell Westbrook was a Lakers fan from childhood, and he skipped school to attend their championship parades. After he became close friends with Kobe Bryant, they spoke about the responsibility and honor of playing for this decorated franchise. Yet even after Westbrook

became an NBA superstar with the autonomy now available to basketball's best players, he figured the timing would never be right to suit up for his beloved hometown team — let alone alongside two fellow superstars with a real chance to win his first championship.

don't come true for people like myself," Westbrook After spending the last

'Some of these dreams

half-decade racking up spectacular numbers for teams with little chance of major success, Westbrook is joining the Lakers for his 14th NBA season. Los Angeles general manager Rob Pelinka pulled off a spectacular trade to team Westbrook with

LeBron James and Anthony Davis on a reconfigured Lakers roster designed to win rings now. When it came together over the past week, the 32-year-old Westbrook said

he repeatedly found himself at a loss for words.

His broad smile said

plenty when he held up his gold No. 0 jersey Tuesday alongside his parents and brother. "Being from LA, you

always wish that you could play for your home team," Westbrook said. "That's definitely something that always circled around in my mind. Maybe one day? But I always would come back and be like, 'Ah, that probably won't happen.' I just had to wait and see. But now that we're here, I'm going to take full advantage of it.'

The Lakers believe they can take full advantage of both James and Westbrook, a pairing that seems potentially difficult. Westbrook famously is among the most

ball-dominant players of

has become an exceptional offensive initiator and point guard alongside his innumerable other skills. Westbrook, who has sev-

his generation, while James

eral eponymous auto dealerships in the Los Angeles area, is ready to play a com-

plementary role to keep the Lakers on the road to a title. "LeBron is one of the best players to play this game, and his ability to do everything on the floor allows me to just figure it out," Westbrook said. "I'm coming to a championshipcaliber team, and my job is to make his game easy for

him, and I'll find ways to do

that. As it pertains to ball-

handling, it really doesn't

matter. There's many dif-

the game without having the ball in your hands. I've been able to do that for a number of years, and we'll figure it Westbrook's confidence

ferent ways you can impact

is echoed by coach Frank Vogel, whose recent contract extension underlines Pelinka's faith in his ability to figure out how to win with this extremely talented, notso-young roster. Along with Davis, Los Angeles will have three of the NBA's top five active scoring leaders with James (first), Carmelo Anthony (second) Westbrook (fifth). "Anytime you have three

required, and we've all talk-

great players like this, there is an element of sacrifice

ed about that and are all-in on that," Vogel said. "But these three guys can do it all. They're all make-theright-play players. It's not just about scoring or being a one-dimensional player. They can all do it all. I'm most excited about seeing what the three of them on the court at the same time looks like." Westbrook's ability to create opportunities for his

teammates is unquestionable: The nine-time All-Star averaged a triple-double last season in Washington for the fourth time in the last five years, leading the NBA in assists for the third time in four seasons with a careerbest 11.7 while adding a career-high 11.5 rebounds.

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Turtle Beach Wireless stealth 700 Xbox One headset, practically new.

VHS & DVDs, used \$2,

tan color, Size 7,

Dining Room Furniture, China Cabinet and Buffet. plus extra. 60 pieces total, \$400 (931)684-7152

call 931-205-4723 Sckechers flip flops size 7,

Sectional couch, good

Set of Leather Furniture, Reclining Sofa, Rock-

with cupholders, and Recliner, plus one end table, (931)575-8819

\$80 OBO (931)735-0685

new \$5, 931-735-0685

Women's cowboy boots, \$10, 931-808-4460

**Booker** 

kowski

#### sporting goods & sports related items. sports cards, non sports cards

Always buying old

Sale collections wax boxes 405 Fairlane Dr & cases 931-492-4304 Fri & Sat 6am-? Tools, glassware, home decor **WE BUY JUNK CARS &** & much more

Trucks running or not Shelbyville City Limits we pick up & pay cash □To Visit □Visited 931-619-5810 1401 CHERRY ST

## FOR SALE

ESTATE HOME FOR SALE I Want To Buy Goats, 504 White St., Shelbyville Sheep, Chickens & Contact: CurtisEstateB-Guineas 931-427-8477 ids@gmail.com

#### FOR RENT

1 BR efficiency, big closet, kitchen with frig. stove & microwave, washer & drver hook ups, \$250/week includes utilities & internet 931-492-1049 or 931-260-3004

Smith St., 2 BR 1BA, \$800 month, you pay utilities, no pets, Available September 1st 931-224-2378

#### SERVICES

#### **AUTO ICE COLD AIR** Free A/C check, charge

A/C includes freon \$60. Nobody beats our price or expertise, ASE Certified Technician 931-205-7757

Mowing, Landscaping & More, call or text 931-993-1614 FREE removal of scrap

**Dunham's Lawn Care** 

metal & appliances. Call Daniel 931-800-9823 **Pressure Washing** 

Houses, Driveways, Cars and more! 629-207-1202

Pressure Washing, Painting & Handyman Svc Free Estimates 931-619-8324

## Public Notice

2021 Madison St. Crossing Removal Project on the Walking Horse Rail-

neering, Inc. 1116 Main Street Pleasant View, TN

A pre-bid meeting will not be held for the project. Sealed bids for this project will be received by the Bedford Railroad Authority, no later than 2:00 P.M., on Tuesday August 31, 2021, at the County Courthouse at 1 Public Square, Suite 101 in Shelbyville, Tennessee 37160. This project is funded by an agreement with TDOT

(August 7, 10, and 12)

#### SALE OF PERSONAL **PROPERTY** Notice is hereby given that

the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on www.storagetreasures.com ending on August 20, 2021 at 9:30 AM for units located

#### 1703 Green Lane Shelbyville, TN 37160 931-684-8585

may include, but are not limited to general household, furniture, boxes. clothes, and appliances. Unit: 141- Precilla Leslie Unit: 347 - Carl Pendergrast Unit:653 - David Bomar

Unit: 730 - Angela M Register Unit: 752 - Lindsey

George WANT TO BUY JUNK Unit: 1125 - Rachel Tee-CARS 931-684-3814 ter

INVITATION TO BID road

DESIGNER: CSR Engi-Phone:(615) 212-2389

(#02005-2258-94)

## **NOTICE OF PUBLIC**

**Compass Self Storage** 

# The personal goods stored therein by the following

Unit: 654 - Don Crowder

Unit: 1228 - Shamika **Phillips** 

Unit: 1270 - Kendra the sale will be postponed for a period of two weeks. Unit: 1446 - Lauren Hine In such situations, notices will be mailed to interested Unit: 1463 - Lauren Wilparties of record. W&A No. Purchases must be made

Park Committee will meet

for a Special Called Meet-

ing on Monday, August

16th at 12:00 PM in the

**Bedford County Court-**

house Annex 2nd Floor

cuss the following:

1) Call to Order

and Bylaws

4) Adjourn.

Conference Room to dis-

2) Approval of the Agenda

Review and Discussion

(August 12)

**Public Notice** 

The City of Shelbyville

is seeking applicants

clude collection and

disposal of refuse at

park facilities, field

maintenance of the

used for Parks and

quired. Must be 18

years old to apply.

This is a part-

playing areas, patrolling

Recreation Department

activities. Valid Tennes-

see Driver's License re-

cey.claxton@shelbyvil-

(August 12,14,17)

**Request for Proposals** 

Bid No. 22-12: ESSER

3.0 Planning/Program

Bid No. 22-13: Hauling of

Waste Tires for Disposal

Bid packages are available

on the Bedford County

website, bedfordcoun-

tytn.gov, or at the Bedford

County Department of Fi-

nance, 200 Dover Street,

Suite 102. Sealed bids

will be received until

27, 2021.

**BARGAINS** 

2:00 p.m., Friday, August

(August 7, 10, 12)

2 Toastmaster 12 cup coffee

makers, \$5 each

931-808-4460

5 Handbags in excellent

condition, \$10.00 each,

(931)684-5756

5 Swimming pool noodles,

\$2, Adjustable handle pool

net \$2, Two Pool ladders

\$5 each 931-735-0685

Ab Circle Pro Total Body

Workout, \$50,

Support

and securing facilities

of Interlocal Agreement

with cash only and paid at DATED August 2, 2021. the time of sale. All goods are sold as is and must be WILSON & ASSOCIATES, removed at the time of purchase. Compass Self Successor Trustee. Storage reserves the right (August 5, 12, & 19) to refuse any bid. Sale is **Public Notice** subject to adjournment. The 231 North Business (August 12)

#### **NOTICE OF TRUSTEE'S** SALE.

WHEREAS, default has occurred in the performance of the covenants. terms, and conditions of a Deed of Trust Note dated October 24, 2002, and the Deed of Trust of even date securing the same, recorded October 29, 2002, in Book No. TD489, at Page 957, and modified on June 9, 2013, in Book No. TD795, at Page 902 in Office of the Register of Deeds for Bedford County, Tennessee, executed by Peggy Clanton, conveying certain property therein described to Daniel W. Small as Trustee for Guaranty Trust Company; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by MidFirst Bank, NOW, THERE-FORE, notice is hereby

given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the

vested in and imposed upon said Successor Trustee, by MidFirst Bank, will, on September 28, 2021 on or about 10:00 AM, at the **Bedford County Court**house, Shelbyville, Tennessee, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all ex-

letn.org and will be accepted until position filled. The City of Shelbyville is an equal opportunity employer and a drug free workplace. Successful applicants will be required to pass a physical, drug screen, and background check Human Resources Gener-

restrictive covenants. easements, or setback lines that may be applicable; any statutory rights of redemption of any govfederal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises the following parties may

ING AND URBAN DEVEL-OPMENT. The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the

ment at the time and place

above. In the event of in-

clement weather, the trus-

tee hereby announces that

for the sale set forth

931-735-0685 Boys button up dress shirts, like new, SZ M day of the sale to another 38-40 \$2 each day, time, and place certain without further publication, upon announce-

1,2, & 3 piece sets (931)735-0685 Folding singing Christmas P.L.L.C..

angels, wooden, heavy, handmade, \$22, 931-735-0685

GE Fridge, in excellent condition. \$125 (931) 492-4547

maker, \$10, 931-735-0685

with gold trim,\$15, 931-735-0685

\$10 931-735-0685

ding, \$130, (931)684-4047 Lot of stuffed animals pen-

guins & teddy bears \$20

obo 931-808-4460 Magazine rack \$5, 931-735-0685

Nostalgia Popcorn machine, \$25, 931-735-0685

Oak gun cabinet, holds 8 guns, storage underneath, like new \$250. 931-492-4547

\$300 for both. (931)434-0398

Elegant ladies nightwear.

Frigidaire fridge, non-working, FREE (931)205-5122

Heavy antique waffle

J-O-Y collectible plates

Kids Guitar

Large wooden dog house & Bag of red cedar bed-

SERVICE



**Pressure Washing** Landscaping, Remodeling, Painting & More Jonathan Arnold



931-580-3921

Easter's **Tree Service** 



Owner

Home Improvement • Construction

2320 Hwy. 41 A South, Shelbyville, TN dandrcontractor.com



## **Pandemic prompts** changes in how future teachers are trained

Advertisers are requested to check the first insertion of their ad

for any error. The Shelbyville Times-Gazette will be responsible for only one incorrect insertion. Any error should be reported

#### By KANTELE FRANKO **Associated Press**

COLUMBUS, Ohio (AP) — Before last year, a one-credit technology course for students pursuing master's degrees in education at the University of Washington wasn't seen as the program's most relevant. Then COVID-19 hit, schools plunged into remote learning, and suddenly material from that course was being infused into others.

'It's become so relevant, and it's staying that way," said Anne Beitlers, who directs Washington's master's program for secondary education. "And nobody's going to question that now."

Changes to standards and curricula hap-

pen slowly, but the pandemic is already leaving its fingerprints on the education of future teachers. Many U.S. educator preparation programs are incorporating more about digital tools, online instruction and mental and emotional wellness in their courses to reflect takeaways from the pandemic. While school system leaders are hoping

possible this year, experts say the emphasis on technology will have benefits regardless of the pandemic's course. Across the country, teaching programs are giving more emphasis on how to plan

to offer in-person instruction as widely as

and implement quality virtual learning. "I think it's our responsibility to train our teachers to be able to do that, and if they find themselves teaching face-toface, nobody's hurt by additional information about teaching online," said Jennifer Krawec, the University of Miami's director

of teacher preparation programs. The education school at Iowa's Drake University has introduced a course about best practices in online instruction. Others say they've accelerated or amplified how they integrate digital tools, videoconferencing and educational technology into their classes and how they prepare future educators to do the same.

Officials at Columbia University's Teachers College say its students will continue to get practice in skills that became increasingly important during the pandemic, such as designing digital curricula or engaging kids in virtual or hybrid learning.

Southern Methodist University plans to ensure graduates from its education school now get training about using Google Classroom and evaluating educational technology. Instructors at New York University have become more intentional about explaining how and why they choose to use certain

Changes are happening not only in what

aspiring educators learn, but how. Consider how colleges adapted when school closures blocked observation and teaching opportunities in K-12 classrooms. Some programs instead had their students analyze videos of top teachers in action, and say they plan to keep using those videos in addition to future classroom visits. Some colleges placed their students in virtual classrooms or had them do online tutoring, and say they may continue to explore those

Some prep programs also adopted or expanded use of computer-simulated classrooms for training prospective teachers, said Lynn Gangone, the president of the American Association of Colleges for Teacher Education.

"It allows for the mentor teacher to be there observing, and it doesn't bring harm to any kids," Gangone said. Students at Vanderbilt, Florida and Ball

State started using software that allows them to record the lessons they were presenting to kids and review or critique that video later on their own, with classmates or with supervisors. And some field supervision of teaching candidates from the University of Cincinnati likely will continue to be done virtually because that mode has proved much more flexible, according to the director of that education school. Arizona State University's Mary Lou

some of its teacher-preparation programs remotely to make them more accessible to in-state residents who aren't near campus but could still get real-world experience in classrooms in their areas. "Our experience with the good, the bad

Fulton Teachers College is starting to offer

and the ugly of remote instruction has given us the confidence, and also revealed the need, to get good at being able to do what we can in teacher prep remotely," said Paul Gediman, the college's executive director of marketing and advancement. At North Carolina State University's

College of Education, instructors are trying to integrate remote learning strategies and tools that can still be used in face-to-face teaching, such as the interactive whiteboard Jamboard or the student engagement platform Seesaw, said Erin Horne, an assistant

#### for the position of parttime/night & weekend Maintenance Worker for Shelbyville Parks & Recreation. Duties in-

time/nights & weekend position with an hourly power, duty, and authority rate of \$10.00. Applications and a copy of the job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbvvilletn.org. Applications must be returned to City Hall Administration Office, 201 N. Spring Street, submitted online or emailed to sta-

emptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Bedford County, Tennessee, and being more par-

ticularly described as follows: A certain tract or parcel of land in Bedford County, Tennessee, described as follows to-wit: Being Lot No. 14 of Community Acres Subdivision, Phase III, plat of which is of record in Plat Cabinet "A", Envelope 268, Register's Office of Bedford County, Tennessee, to which reference is here made for a more detailed

description. ALSO KNOWN AS: 103 Stern Lane, Shelbyville, TN 37160. This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any

ernmental agency, state or

might disclose. In addition, claim an interest in the above-referenced property: PEGGY CLANTON; HEIR(S) OF PEGGY CLANTÓN; ESTATE OF PEGGY CLANTON; THE SECRETARY OF HOUS-

931-735-0685 Antique miniature pioneer style wagon, green with pull handle, \$20,

> 931-735-0685 Copper Crisper, used once \$5, 931-735-0685

Crystal punch bowl set, 11 glasses, beautiful design, \$20, 931-735-0685

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# Ryan Womack busy as schools' IT guy

recently had an interview with Ryan Womack, who's beyond busy right now meeting the technology needs of 16 schools in Bedford County.

Through recent surveys, what are you all finding about families and their access to technology, broadband, etc.?

"We conducted and are utilizing the survey to assess the technology needs of Bedford County families and what needs are priority. We received a small sampling of responses from different areas in the county, but the most notable need was for laptops to utilize for virtual learning or for homework. The biggest response was from homes with multiple school age-children for needing devices; however, there was not a large response of people in need of hotspot technology."

For those needing hot spots (which will be provided by school system to those families without internet service) are they through cellular data or how will this work?

"This is an issue that is being investigated further. There is no simple answer with just one service. Rural areas using hotspots require a cellular connection and in some areas, no providers work or different providers work in different areas. The BCS Information Technology (IT) department is continuing to work diligently on solutions and funding resources for internet access for our virtual school students who need high-speed internet access. For others, we still have the option of using outdoor WiFi at all Bedford County school locations when students need to access the internet."



**RYAN WOMACK** 

What's the best advice--concerning technology--you can give parents who may have enrolled their students in the virtual learning school?

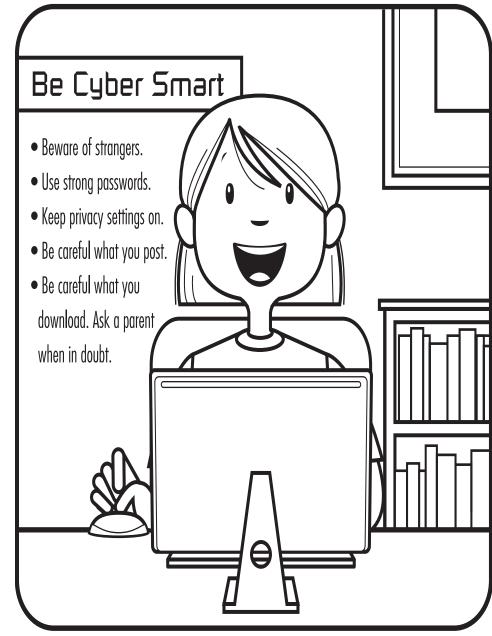
"Knowing what their children are doing on technology and what they are supposed to be doing is key. This ensures children are acting appropriately and safely in a virtual environment. Virtual learning does not require large, expensive computers to complete, but we do suggest a Windows OS desktop or laptop computer for best compatibility. The priority for students is to concentrate on learning, and parents' priority should be to provide an environment that supports learning; this does not require a large amount of money on the part of the student's family."

Will our school system be able to continue to handle virtual learning adequately with available resources?

"We are always looking to improve our technology whether students are attending in-person or virtually. Whether it be the pursuit of additional federal and state funding or other sponsorship opportunities, our goal is always to provide good educational technology for students throughout Bedford County. The challenge is that this can be an ever-changing, dailyevolving target!"

What are some needs the technology department might have at this time?

'We always welcome working with partners in the area and would appreciate growing our technol-



ogy offerings for Bedford County students. Joining hands with area corporations and organizations means we are that much closer to fulfilling our

mission of providing an environment that encourages every student to learn and every student to become a successful, productive citizen. If anyone

is interested in partnering with us to do so, please contact the IT department at the central office at 931-684-3284 and ask for IT Manager Ryan Womack."



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TIMES-GAZETTE

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