

T-G Photo by Carol Spray

FULL MOON OVER BEDFORD COUNTY Woman brutally murdered

By DAVID MELSON
dmelson@t-g.com

The identity of a Bedford County found brutally murdered at a Sims Road home Tuesday night was released Friday.

Sarah Johnson, 32, was identified by the Tennessee Bureau of Investigation. According to investigators, she suffered head injuries so severe that it was difficult to determine her identity.

"The investigation remains active and ongoing," TBI spokesperson Susan Niland said.

A man who law enforcement officers suspect was involved in Johnson's death was being sought by law enforcement earlier this week. That search has been cut back with no word from the TBI on his status.

The man, described in



T-G Photo by David Melson

A TBI crime investigation van was at the Sims Road home where investigators say a woman was murdered and her vehicle stolen Wednesday.

a Bedford County Sheriff's Office as a "black male, slender build" in a late-night alert text message and Facebook post, walked away from a wreck at the Sims Road-Henslee Road intersection around 7:30 p.m., Sheriff Austin Swing said. The car he was driving was owned by Johnson,

according to Swing. "We don't know who the victim is," Detective Lt. John Sweeney of the Bedford County Sheriff's Office said Wednesday morning. "Who we originally thought it was...that is not who it is."

Investigators have declined to release details

on how the woman was killed, such as what type of weapon, if any, was involved or if she and the suspect were acquainted.

"State Trooper Barry Qualls was working the wreck scene. He arrived and no one was in the car," Swing said. The initial radio call to first respond-

ers also said the car was empty.

"About the same time a nearby resident called about a prowler," Swing said. "The door to the woman's house was found open by family members and she was found inside deceased."

"TBI special agents
▶ See **Murder**, Page 2A

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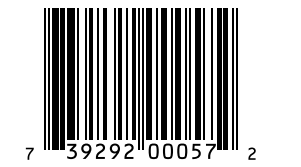


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Vol. 141, No. 22

Man shot while burglarizing home

By DAVID MELSON
dmelson@t-g.com

A suspect was shot while allegedly burglarizing a home in Normandy Wednesday morning, the Bedford County Sheriff's Office said.

The suspect has been identified as Anthony Baker, 30, of Manchester, investigators said.

"He had attempted to break into three residences on Barton Drive," Detective Lt. John Sweeney of the

Bedford County Sheriff's Office said.

"A homeowner confronted the suspect while he was taking solar panels. The suspect said, 'Go on and shoot me! Shoot me!' while continuing to take the panels.

"The suspect backed the armed homeowner all the way to his front door. The homeowner shot him in the leg."

Law enforcement was notified around 6:45 a.m. First responders

and deputies arrived to find Baker being held by the homeowner.

"Deputies applied a tourniquet to the victim's gunshot wound before he was transported to the emergency room," Sweeney said. "He was grabbing at Deputy William Halsey's gun while they were administering first aid."

Charges to be filed against Baker include assault, aggravated burglary, burglary, felony vandalism and theft of property, accord-

ing to Sweeney.

At mid-morning Baker was being treated for the leg wound at Vanderbilt University Medical Center in Nashville, Sweeney said.

Deputies were diverted to Normandy from the scene of a murder on Henslee Road to the Normandy incident.

There is no known connection to the two incidents, Sweeney said.

Trott sawmill closes after 39-year run

By DAWN HANKINS
dhankins@t-g.com

Sam and Jennifer Trott watched Tuesday as the pieces of their sawmill — an operation which has sustained their family's livelihood for 39 years — were loaded onto a truck and hauled down Card Road for the last time. They're sharing, though, more sighs of relief than tears.

Jennifer climbs out of a loader to talk about these recent changes. Running the sawmill has actually been more of her job. "There are no tears," she said with affirmation.

The decision to permanently close the sawmill was not one made in haste. After all, they've been knee-deep in sawdust for years and the mill is a long-time fixture in the Halls Mill community.

There were no lay-offs; they were quick to point out. It had nothing to do with supply and demand or even the pandemic. "It's simply our age and

my family obligations," explains Jennifer.

A grandmother now, Jennifer wants to spend more time with her 6 grandchildren and needs to care for her elderly parents. "I'm at work again," she says with a smile.

She laughs when she says she looks forward to more attractive fingernails. (She tore one last week on one of her last runs.)

Life in lumber

Business owners are often hard-pressed when it comes to making such changes, as it can affect family and the community. They prayed first and felt assured, because their 3 children are on to other careers.

Now, it's just the two of them rambling around that mill—each of them ideally ready to enter those golden years with a little more family time.

Life is about to take on a different perspective from their home on Card

Road, which is next to the mill. Jennifer says this is why they decided not to rent or lease the sawmill.

With Sam at the helm, Trott Lumber will continue for now as a full time operation of timber logging, plus delivery. Jennifer says with all seriousness, "I don't go to the woods."

Since the mill closing, there's an inside family joke about whether the building will be used for storage or become Jennifer's "she-shed." They both laugh; he's certainly got enough tractors, etc., to fill it, she said.

In addition to timber, cattle consume some of the property. But the couple quickly point out that they traded in beef for lumber a long time ago; they lease acreage.

Sam added the logging business about 20 years ago. It was then, Jennifer recalls, how she was advised that she "couldn't do sawmill work from the house."



T-G Photo by Dawn Hankins

Sam and Jennifer Trott

Several aches and pains later, the rest is history for these Bedford Countians.

Up until the last few years, Jennifer had no housekeeper; she did all that was expected of her. "I was blessed to be able to raise them . . . do the bookwork."

Sam said she got dinner on the table. They managed to get their kids to basketball and to music lessons. Dad Sam had the chance to serve in the past

as a school board member.

The Trotts said they are thankful to have had the self-employment opportunity, despite the obvious stressors that come from being "the boss." He mentions price and product fluctuations over decades as one constant stressor.

Another: the dreaded laminate flooring market. But Sam says thankfully, wood flooring is once again making a comeback.
▶ See **Sawmill**, Page 2A

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DEATH NOTICES

Anthony Richard Harrell

March 14, 2022

Anthony Richard Harrell, 54, died Monday, March 14, 2022 at Vanderbilt Wilson County Hospital in Lebanon. Graveside services were Wednesday, March 16 at Willow Mount Cemetery with Brother Ron Adams officiating. Gowen-Smith Chapel handled arrangements.



Patricia Ann Robertson McHaffie

March 16, 2022

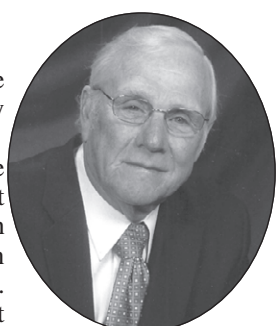
Patricia Ann Robertson McHaffie, 68, of Shelbyville died Wednesday, March 16, 2022 following an extended illness. Arrangements pending from Doak-Howell Funeral Home.

OBITUARIES

John 'Bill' Hitt

March 14, 2022

Mr. John "Bill" Hitt, age 84, of Normandy, passed away Monday, March 14, 2022. Funeral services were Thursday, March 17, 2022, at Feldhaus Memorial Chapel with burial following at Lemmon Cemetery in Normandy. Reverend Jeff Rasnick and Burt Landers officiated.



He was born October 14, 1937, in Normandy to the late Alpha Emory Hitt, Sr. and Laura Throneberry Hitt. He joined the United States Navy right out of high school and later became a dairy farmer. He was a member of First Baptist Church in Shelbyville. In addition to his parents, he is preceded in death by his step-mother, Susie Bell Prince Hitt; wife, Barbara Hitt; two brothers, Alpha Emory Hitt, Jr. and Stephen Glenn Hitt; a sister, Nancy Lee Hitt Parrish; and step-brother, Paul Prince. He is survived by his wife of 25 years, Dixie J. Hitt, of Normandy; step-sons, Mike Gibson, of Shelbyville, and Mark (Tamela) Gibson, of Murfreesboro; step-daughter, Christy (Kris) Williams, of Shelbyville; four step-grandchildren: Magen C. Williams, Morgan E. Williams, Ashton Reece, and Lee Reece; several nieces and nephews. In lieu of flowers, memorials may be made to First Choice Pregnancy Counseling Center, Normandy Volunteer Fire Department, or Arrowhead Boys Ranch.

Lathreus Presley 'Latriss' Lovvorn

March 14, 2022

Mrs. Lathreus Presley "Latriss" Lovvorn, age 87, of Shelbyville passed from this life late Monday evening, March 14, 2022, at Unity Medical Center in Manchester. Funeral service will be 3 p.m. Saturday, March 19 in the chapel of Doak-Howell Funeral Home with Ronnie Adams officiating. Burial will follow at Hillcrest Memorial Gardens. Visitation will start at 1 p.m.



Latriss was born January 1, 1935, in Huntsville, Ala. to the late Allie and Clydie Elmore Presley. She was preceded in death by: husband, Herman Gordon Lovvorn; children, Randy G. Lovvorn, Mike W. Lovvorn, Sr., Danny Lovvorn, James Timothy Lovvorn; brothers, Fred Presley and Emmitt Presley; and sister, Ruth Livernois. She was mainly a homemaker and was Christian in faith. Survivors include: sons, Steve A. (Lesa) Lovvorn, Sr. and Mike W. Lovvorn, Jr.; a host of grandchildren, great-grandchildren and great-great-grandchildren; brothers, Willard Presley, Earl Presley, Austin Presley, and Jimmy (Judie) Presley; sister, Lynn Presley; along with many nieces and nephews. Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or www.st.jude.org.

Thomas Chesley Enloe Jr.

March 14, 2022

Thomas Chesley Enloe Jr., 58, of Antioch died Monday, March 14, 2022. Private family graveside services were held 11 a.m. Thursday, March 17, at Hillcrest Memorial Gardens. Rev. Andy Keffer officiating. He was a native of Shelbyville and was a member of First Church of the Nazarene of Shelbyville.



He was preceded in death by his mother, Georgia Pearl Edenfield Enloe, and his sister, Beverly Enloe. Tom is survived by his father, Thomas Chesley Enloe Sr.; two sisters, Kathryn Jane "Kathy" Enloe of Shelbyville and Barbara Jean "Barbie" Rambo (Scott) of New Orleans, La.; nephews, Blake Rambo (Maggie), Will Perry (Alison); great-nephew, Roman Perry and great-niece, Keiko Perry. In lieu of flowers memorials may be made to Gideons International or First Church of the Nazarene of Shelbyville. Hillcrest Funeral Home was in charge of arrangements.

OBITUARIES

Lee Roy Davis

March 17, 2022

Mr. Lee Roy Davis, age 81, of Unionville died Thursday, March 17, 2022 in Murfreesboro. Funeral services will be held at noon Monday, March 21 from the chapel of Lawrence Funeral Home, Chapel Hill, with Rev. Jimmy Gray officiating. Burial will follow in Cothran Cemetery in Rover. Visitation will be 4-7 p.m. Sunday.



Mr. Davis was born in Bedford County and was a son of the late Jimmy Frank and Fannie Morenie Haynes Davis. In addition to his parents, Lee Roy was also preceded in death by his wife, Carolyn Marie Haskins Davis, who died in January 2020; sisters, Adelaide Haskins, Beatrice Davis; and brothers, James Davis, Jim Davis, Raymond Davis, John Davis and Albert Davis. He was retired from Sanford Corp. of Shelbyville after 40 years working in the shipping department. Mr. Davis is survived by his daughter, Wendy (Johnny) Davis, Unionville; grandson, Allen Davis, Unionville; sisters, Ruby Jett and Bell Trivitt, both of Shelbyville; brother, Leon Davis, Shelbyville. Michael Davis, Teddy Haskins, Joey Davis, Terry Adams, Larry McClenney, Derrek Davis and Case Davis will serve as pallbearers.

Sawmill

(Continued from Page 1)

It's just a constant concern in the lumber business, they both agree.

On self-employment

The Bedford County couple also agree that logging and working the sawmill is certainly dirty work, in more ways than one. They've found that few people chose it, particularly this generation.

Perhaps another reason to close up shop? Sam has been told that the sawmill buyers aren't planning to have an ongoing lumber operation. A liquidator purchased the equipment. "Actually, we

sold part of it . . . sawmill for him and lumber for him." Buyers, by appointment only, have been accepted for the remainder of their mulch, slab wood and random width lumber. Jennifer is working to close out soon.

It's the Trott Lumber Inc. customers, of course, they'll miss the most. "We want to extend our heartfelt thanks and gratitude to all customers and support we have had throughout the years from this great community," said Jennifer. "In the meantime, the logging crew will continue operations throughout the area."

•See more photos and additional story on 6B today.

Murder

(Continued from Page 1)

are working with deputies with the Bedford County Sheriff's Office on a homicide investigation there, after a woman was found deceased in a home," the TBI said Wednesday in a press release. At least five TBI detec-

tives and a crime scene investigation van were at the Sims Road home Wednesday processing the interior and searching the yard. No TBI presence was apparent Thursday. Investigators said the man knocked on doors of two homes in the area before disappearing. He was last seen walking toward Sims Road from Henslee Road.

Smollett out of jail, but faces uncertain future

CHICAGO (AP) — Jussie Smollett walked out of a Chicago jail after serving six days and walked into months, if not years, of uncertainty — from what's next for his career as an actor and performer to whether he'll eventually be back behind bars. The former star of the TV show "Empire" was sentenced last week to 150 days in jail plus probation and a fine after a jury found him guilty of lying to police about being the victim of a racist, anti-gay attack in downtown Chicago in 2019. His release late Wednesday came hours after an appellate court ordered he could go free during the appeal process, which wouldn't be completed before Smollett had served his full sentence.

Smollett, who is Black and gay, has maintained his innocence. He didn't speak to reporters as he was escorted out of the Cook County Jail surrounded by security, and his attorneys wouldn't say where the 39-year-old may be heading or what he plans to do next. Under the conditions of the sentence imposed by Cook County Judge James Linn, Smollett must now serve the 30-month probation, though he may leave the state and travel without restrictions. That means he could travel to places like Los Angeles and New York to try to resurrect his career. But that will be difficult to do, publicists say, and the latest developments may not have done him any favors.

"I think he's actually doing more harm than good" by fighting the conviction and sentence, said publicist Eric Rose. People can be very forgiving of celebrities who admit wrongdoing and apologize, he said, but instead Smollett is keeping his name and face in the headlines, reminding people of the circumstances of his conviction. "That's what we call 'death by 1,000 cuts,'" Rose said. "From a reputation perspective, that is horrible."

During his trial, Smollett testified that "I've lost my livelihood" because of the charges against him, including losing his role on "Empire." He has since worked behind the scenes, writing, directing and producing a film, "B-Boy Blues," that recently won the "fan favorite narrative feature" award in the American Black Film Festival. While work in front of the camera may be difficult to find, Smollett could get opportunities working behind the scenes, particularly because he has a sister and other family members with successful careers in the industry, said another publicist, Danny Deraney. "Anything is possible," he said.

Smollett, who was convicted on five low-level felony counts of disorderly conduct and acquitted on a sixth count, also remains in legal limbo, with the prospect of being ordered back to jail to serve the rest of his sentence a very real possibility.

Driver in 9-fatality crash was 13-year-old boy

HOBBS, N.M. (AP) — The investigation into this week's fiery head-on crash in West Texas now focuses on the revelation that a 13-year-old was driving the pickup truck that struck a van, killing nine people, including six members of a college golf team and their coach.

The young teen was killed in the crash along with his father, who was a passenger in the truck, Texas Department of Public Safety Sgt. Steven Blanco said Friday. The teen's name has not been released, and investigators have not yet determined why the youth was behind the wheel, Blanco said.

National Transportation Safety Board Vice Chairman Bruce Landsberg on Thursday revealed the truck was driven by the child. He said the truck's left front tire, which was a spare tire, blew out before impact.

The pickup truck crossed into the opposite lane on the darkened, two-lane highway before colliding head-on with the van. Both vehicles burst into flames.

Although it was unclear how fast the two vehicles were traveling, "this was clearly a high-speed collision," Landsberg said.

Landsberg said investigators hoped to retrieve enough information from the vehicles' recorders, if they survived, to understand what happened. He said many in the van were not wearing seatbelts and at least one was ejected from the vehicle.

It's not unusual for young teens to drive in that region and other more rural parts of the United States. One must be 14 in Texas to start taking classroom courses for a learner's license and 15 to receive that provisional license to drive with an instructor or licensed adult in the vehicle. Department of Public Safety Sgt. Victor Taylor said a 13-year-old driving would be breaking the law.

The University of the Southwest students, including one from Portugal and one from Mexico, and the coach were returning from a golf tournament in Midland, Texas, when the vehicles collided Tuesday night. Two Canadian students were hospitalized in critical condition.

The NTSB sent an investigative team to the crash site in Texas' Andrews County, about 30 miles (50 kilometers) east of the New Mexico state line.

University of the Southwest spokeswoman Maria Duarte declined to comment on the NTSB's announcement about the young driver, citing the ongoing investigation. The private Christian college is located in Hobbs, New Mexico, near the Texas state line.

The golf teams were traveling in a 2017 Ford Transit van that was towing a box trailer when it collided with the 2007 Dodge 2500 pickup, according to NTSB spokesperson Eric Weiss.

The speed limit at the crash site is 75 mph (120 kph), he said.

The Texas Department of Public Safety identified the deceased as: Golf coach Tyler James, 26, of Hobbs, New Mexico; and players Mauricio Sanchez, 19, of Mexico; Travis Garcia, 19, of Pleasanton, Texas; Jackson Zinn, 22, of Westminster, Colorado; Karisa Raines, 21, of Fort Stockton, Texas; Laci Stone, 18, of Nocona, Texas; and Tiago Sousa, 18, of Portugal.

Also killed were Henrich Siemens, 38, of Seminole County, Texas, and his 13-year-old son, who were in the truck.

Critically injured aboard the van were Canadian students Dayton Price, 19, of Mississauga, Ontario, and Hayden Underhill, 20, of Amherstview, Ontario. Both were taken by helicopter to Lubbock, about 110 miles (180 kilometers) to the northeast.

"They are both stable and recovering, and every day making more and more progress," University of the Southwest Provost Ryan Tipton said Thursday.

"One of the students is eating chicken soup," said Tipton, calling their recovery "a game of inches."

Tipton said University President Quint Thurman visited the students' parents at the hospital, illustrating the close community at the college with only about 350 on-campus students.

"Hockey was a big part of life for a while, but his true passion is golf," said Underhill's brother, Drew Underhill.

Smollett told Chicago police in January 2019 that he had been attacked by two men as he walked near his home around 2 a.m. He said the attackers also yelled that he was in "MAGA country," an apparent reference to President Donald Trump's "Make America Great Again" campaign slogan that some Trump critics call racist and discriminatory.

The claims quickly garnered national attention, with Trump weighing in, and Chicago police said they worked around the clock investigating before determining that the attack was a hoax, staged by Smollett to get publicity. At trial, prosecutors presented a check they said Smollett had written to two brothers who worked on the "Empire" to fake the assault.

Smollett was charged with disorderly conduct, but Cook County State's Attorney Kim Foxx later dropped the case. A special prosecutor was then appointed, and Smollett was charged again. Outside the jail on Wednesday night, Smollett's defense attorneys said having to face charges a second time went against his constitutional rights. They also said Smollett was the target of a racist justice system and people playing politics. The appeal process will almost certainly take months, if not years, with multiple deadlines, extensions of deadlines, new deadlines and more extensions.

For example, now that

Smollett's attorneys have filed their notice that they intend to appeal, they must send to the court the documents, transcripts and other paperwork the case has generated.

"They have 49 days..." said Stephen Komie, a Chicago attorney with extensive experience filing appeals, adding that postponing that deadline for two or three 49-day chunks of time is routine.

Komie explained that once that's done, Smollett's attorneys have 35 days to file their brief, but they can get that deadline extended up to four times. Then when it is the prosecutors' turn to respond, the court will give them as many as four 35-day extensions too.

"If the case goes quickly, they could have oral arguments this time next year," he said. "But if the case goes at the normal pace you will be calling me in the summer of 2023 to tell me about the oral arguments."

They might then have to wait a couple months or more for a decision, and, depending on how that goes, there could be appeals to the state Supreme Court and possibly the U.S. Supreme Court.

Smollett also still owes \$120,000 in restitution and a \$25,000 fine, though the Chicago Tribune reports that the money isn't due for 30 months. And in the meantime, he is still being sued by the city of Chicago for the \$130,000 the city says it paid out in police overtime to investigate Smollett's report that he was attacked.

Burglary suspect says he was looking for food

By **DAVID MELSON**
dmelson@t-g.com

A man who told police he had just been released from a hospital stay and was "looking for something to eat" was charged with breaking into a home in the 2700 block of U.S. 2231 North on Thursday morning.

Jacob Aaron Dye, 45, of Lewisburg was exiting the garage of the home as a deputy arrived. The residence's owner had security video showing Dye entering the home and looking through possessions, the Bedford County Sheriff's Office said.

Dye was charged with aggravated burglary and held on \$10,000 bond.

Drug charges

•Charges of possession of a schedule IV drug and filing a false report were filed against a Shelbyville man Wednesday after crushed Xanax pills and a "crystal-like" residue were found in his home.

Duane Albert Wagner, 44, of Kingree Road, called police saying someone was hiding inside a recliner. Wagner has made at least four similar calls previously, police said.

Wagner was also charged with violation of probation and held on \$4,500 bond.

•Brooklyn Paige Steverson, 20, of Barksdale Lane was charged with possession of a schedule VI drug with intent to sell, possession of drug paraphernalia and violation of the seat belt law during a traffic stop Wednesday.

Officer Dylan Bliss noticed Steverson, a passenger in a passing SUV

on Madison Street, was not wearing a seat belt.

Bliss said he smelled marijuana and found 3 ounces of marijuana and "a lot of small baggies." Another passenger, who was not charged, said he ate a "blunt" as Bliss was pulling them over.

Steverson was held on \$8,000 bond.

Jail intake

The following were arrested since Monday by the Bedford County Sheriff's Office, Shelbyville Police Department, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Fausto Aguirre, 36, Rancho Drive; speeding, no driver's license; released, \$1,000 bond

•Julio Alvarado, 27, Baker Street; DUI, driving on revoked license, seat belt law; summons issued

•Anthony James Baker, 31, Manchester; vandalism, assault (four counts), aggravated criminal trespassing (two counts), aggravated burglary; held, \$35,000 bond

•Kayla Marie Benson, 28, Key Street; custodial interference; summons issued

•Michael Wade Campbell, 53, Columbia; probation revocation; held, \$500 bond

•Jose Alfredo Campuzano Guia, 28, Oakdale Street; driving on suspended license, light law, child restraint law; released, no bond

•Ashley Blair Chappell, 37, Brooklyn Circle; probation violation

▶ See **Blotter**, Page 7A

Circuit Court news: Sex offenders sentenced

By **TERENCE CORRIGAN**
Special to the T-G

David Jeremy Bridges, 42, of Shelbyville, was sentenced to serve 15 years in prison on Feb. 24, for soliciting nude photos of a 16-year-old girl on March 1, 2019. Bridges allegedly met the girl on Facebook and persuaded her to send him nude photos of her engaged in "sexual activity or simulated sexual activity."

Bridges was found guilty, in a trial held May 25, 2021, of two counts of solicitation of a minor. In a sentencing deal with prosecutors, Bridges was sentenced to 15 years on one of the counts and four years on the second count but the sentences are to run concurrently (at the same time).

He will have to serve 35 percent (5 years) of the sentence behind bars before he will be eligible for early release. In agreeing to the sentence, Bridges had to waive his right to an appeal.

He said at the sentencing hearing Feb. 24, "I'm not guilty. I didn't want to waive an appeal."

Bridges' involvement with the girl was brought to the attention of Shelbyville police on April 1, 2019, by his girlfriend, the mother of two of his four children. Bridges also has a 13-year-old daughter who has not seen for a long time and a 7-year-old daughter who lives with her mother in California. According to police, Bridges' girlfriend reported that she discovered his involvement with the teenage girl through text messages the teen sent to his phone.

Bridges told the girl he was 18. He sent the girl photos of himself, naked from the waist down, and she sent him photos of her

naked breasts and buttocks.

Bridges claimed that when he learned she was only 16 he stopped communicating with her. The girl told investigators that the incident had harmed her emotionally/psychologically.

"I became very distrustful of people especially online..."According to the victim, "Mr. Bridges pretended to be a boy of 18 (my age) & posted a fake picture & made me think he was young."

Bridges has other criminal cases pending against him in Bedford County, including two shoplifting cases, violation of probation, and two counts of driving with a revoked license. Bridges has an extensive criminal record going back to 1997, when, at age 18, he was convicted of theft and aggravated burglary.

In subsequent years, he was found guilty of domestic violence, assault, public intoxication, thefts, vandalism, criminal trespass,

unauthorized use of a motor vehicle, failure to stop at the scene of an accident, and witness tampering. He was convicted of several crimes in New Hampshire in 2006. From 1997 to 2018 he was convicted of 51 crimes.

Ashton Blaine Hames

Ashton Blaine Hames, 21, of Flat Creek, escaped a sentence of life without the possibility of parole in a plea deal with prosecutors on Feb. 24. He was sentenced to serve 30 years in prison for the Rape of a Child. He was originally charged with Aggravated Rape of a Child, which would have resulted in a mandatory sentence of life without parole. In addition to aggravated rape of a child, Hames was also charged with two counts of aggravated sexual battery (which carries a sentence of 8 to 30 years on each count), and sexual exploitation of a minor by electronic means

(which carries a sentence of from 3 to 15 years. He also faced possible fines of up to \$35,000.

All the charges, except rape of a child, were dismissed. He will be listed on the sex offender registry and will, when released, be under supervision by the probation department for life.

Hames was arrested on April 23, 2021. He was charged with engaging in sexual activity with a 7-year-old girl. The incidents occurred in July 2020 and between Christmas Day 2020 and Feb. 24, 2021.

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COUNTY MAYOR

HONEST, CONSERVATIVE LEADERSHIP.

REPUBLICAN BRENT SMITH is a leader Bedford County can trust. Brent's professional experience includes working as a Key Account Manager for a multinational biotechnology firm, a company that provides therapies for people suffering from diseases like cancer. Through his work with similar companies, he has collaborated for 25 years now with large hospital systems, state Medicaid offices, insurance companies and nonprofits to secure access and funding for patients and advocacy groups.

Smith and his wife, Amanda, live on a farm in Wartrace. He is an avid hunter and fisherman, and also enjoys raising livestock.

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Increased electric bills

Dear Heloise: Much to my shock, my last electric bill went up \$100 a month. As a result, I have been figuring out as many cost-cutting measures as I can. Here's what I've come up with so far:

We now use paper plates for all our meals. While it might seem expensive initially, the savings we have realized by running the dishwasher only once or twice a week will more than offset the cost of the paper. I wash all the pots and pans by hand. Utensils, too. Again, less dishwasher use. When just rinsing a cup or glass, I don't run the hot water at full blast. Halfway does the job. Saves on gas, too.

I turn off all unnecessary appliances. The ones I do use, I use at less power. For example, using three-way bulbs on the second setting instead of on the highest setting.

I keep looking for common-sense ways to cut down on electricity use. It's amazing how many ways I've come up with to save even a little bit of power.

-- Peter H., via email
Peter, there's debate about which costs less: handwashing or using a dishwasher. But handwashing definitely uses more water than a dishwasher. However, you're right that electricity bills seem to be going up everywhere. Readers, send me your hints on how you are saving on your electric bills so I can share them in my column. -- Heloise

ICE CREAM HINT

Dear Heloise: I just read today's hints, as I do every day. This one made me write to you!

The suggestion was for making scooping ice cream easier by leaving it in the refrigerator an hour before serving. That is something I learned in my teens, when I worked at Carvel! It's a great hint for ice cream cakes. But when wanting a bowl of ice cream, you tend to not know you want it an hour before scooping.

Here's my hint for scooping ice cream when you want it! When you buy the ice cream, put it in a plastic bag from your grocery store. Just fold over the bag around the ice cream and place it in the freezer. It's pretty amazing how easy it is to scoop that way! Thanks for your and

Puzzle solution

4	9	1	2	5	3	7	6	8
7	5	8	6	4	9	1	2	3
6	2	3	7	1	8	9	4	5
1	7	2	5	8	4	6	3	9
5	6	9	3	7	2	8	1	4
3	8	4	1	9	6	2	5	7
8	1	5	4	6	7	3	9	2
2	4	7	9	3	1	5	8	6
9	3	6	8	2	5	4	7	1



Hints from Heloise

Heloise

your mom's years of helpful hints!. -- Ellen, Toms River, New Jersey

TRAVEL TIP

Dear Heloise: When I travel for several weeks and am unsure of availability of laundry facilities, I take a salad spinner with me. It acts much like an agitator on spin in a washing machine. My items dry much faster, with fewer wrinkles than hand-wringing and are more quickly packable. True, the spinner takes up space in my suitcase, but I stash items such as rolled up underwear, stockings or sundries in it, so its interior becomes a packable space. In fact, I now take fewer of those items with me, allowing room for more shoes or travel clothes. I have even used my spinner to bring fragile gifts back home. I am now the proud owner of a travel spinner and a kitchen one. -- Karen G. Duffy, Geneseo, New York

STORING LEMONS AND LIMES

Dear Heloise: To keep lemons and limes fresh longer, add lemons to a large bowl with 4 quarts of water and 1 cup of white vinegar. Soak for 30 minutes. Dry well and store in a freezer bag with the air removed (use a straw). Reseal after opening. Lemons and limes keep for one month or longer in the bottom of the fridge. -- Georgiana, Kerrville, Texas

PET PAL

Dear Readers: Tena Elkins sent in a photo of her three dogs and cat. From left to right: Buck the dog, Lily the dog, Smokey the cat and Wiley the dog with her blanket. To see Tena's pets and our other Pet Pals, go to www.Heloise.com and click on "Pet of the Week." -- Heloise

Camping

Dear Heloise: I love hiking in the mountains in the summer, but I need cold water in my canteen, and I can't seem to get it cold enough. Any hints for me? -- Sam W., Albuquerque, New Mexico

Sam, take your canteen and fill it half full with water. Place it in the freezer with the cap off the night before you go camping. The next day, fill the rest of your canteen with water and place the cap back on. Your water will be very cold all day. -- Heloise

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

COMMUNITY CALENDAR

SATURDAY

Craft fair

Bedford County Fair is hosting a Spring Fling Craft Show & Flea Market on Saturday, March 19 at Bedford County Agricultural Center. Sign up at bedfordcountytfnair.org/spring-fling.

SUNDAY

Food giveaway

St. Paul United Methodist Church, U.S. 41A between Unionville and Rover, is holding a food giveaway at noon Sunday, March 20.

MARCH 22

SCV meeting

Maj. Gen. Benjamin F. Cheatham Camp 72 of Sons of Confederate Veterans will have their regular dinner meeting at 6 p.m. Tuesday, March 22 at the Oak Restaurant in Manchester. The meeting will start at 7 p.m. Visitors are welcome.

MARCH 24

SCHRA meetings

South Central Human Resource Agency's Governing Board will meet 11 a.m. Thursday, March 24 at the central office, 1427

Winchester Highway in Fayetteville. Subcommittees will meet at 10 a.m.

CANCELLATIONS

Historical Society

Due to continuing Covid concerns, the Bedford County Historical Society will not meet on March 21 for its usual Spring Quarter meeting. The Society Board is hopeful that the June Summer Quarter meeting will be held; a decision will be made at its April Board meeting and announced soon thereafter.

VFW Music Night

VFW Post 5019, 1320 E. Depot St., has cancelled its monthly third-Saturday of the month music night through March. Plans are to resume the third Saturday in April. For more information, call 931-607-3149 or 931-684-2523.

ONGOING

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 4-5 p.m. Tuesdays at the old Save-A-Lot building on South Cannon Boulevard. One take-away meal per person present, with come-and-go service only. Donations may be made to Shelbyville Community Soup Kitchen, 122 Public Square N., Shelbyville, TN 37160 and are tax deductible under its 501c3 non-profit designation.

Head Start signups

All Head Start and Early Head Start Centers are taking applications for fall 2022 enrollment. For more information or to complete an application, contact any Head Start Center. Phone numbers are Wartrace 931-389-6406, Harris Head Start

931-773-0033, North Side Head Start Center 931-773-0141 and Bedford Early Head Start 931-685-0876.

For Head Start, the child must turn 3 before Aug. 15, 2022. For Early Head Start pregnant women make weekly educational visits and for the center children 6 weeks up to 3 years old are eligible.

Seniors meals

Shelbyville-Bedford County Senior Citizens Center will have meals available for curbside pickup until further notice. Call Melissa, 931-684-0019 from 8 a.m.-1 p.m. weekdays for more information or to place an order. A two-day notice is required.

County meetings

Bedford County Courthouse is closed for government meetings until at least March due to remodeling. Meetings of the full County Commission are held at Shelbyville Central High School auditorium on Eagle Boulevard and committee meetings at Bedford County Office Complex on Dover Street.

Medicaid assistance

The State Health Insurance Assistance Program (SHIP)/Senior Medicare Patrol (SMP) is a state-wide program that provides free and objective counseling and assistance to people with questions or problems regarding Medicare and other related health insurance. They do not sell insurance. New volunteers are needed in Bedford County. Training is provided both online and in person. Call 1-877-801-0044 or 931-379-2927, or email Mike David at mdavid@sctdd.org.

Cooler Saturday, storms ahead for Tuesday



Steve Norris

Weather

I expect the rain to get out of here by Saturday

but it will be a cooler day with a high in the upper 50s and a low in the upper 30s.

Sunday afternoon looks to be the best weather of your weekend with sunshine and 68 degrees. Showers and thunderstorms are expected on Tuesday of next week and

a few of those could be severe so keep up with the forecast, the risk is looking quite high in Mississippi and Alabama. The severe weather season is upon us and will continue through May.

Sunday is the first day of spring. The spring, or vernal, equinox occurs

when the Sun crosses the equator, heading north in our sky. This year it happens at 10:33 a.m. Sunday, March 20.

You can drop me an email anytime if you need weather information. weather1@charter.net.

• Steve Norris is a trained meteorologist.

Easter egg hunts and other eggceptional traditions

Easter is celebrated in various ways. Traditional religious commemorations include Saturday evening Easter vigils and Sunday morning Resurrection masses. Parents may spend Easter weekend putting the finishing touches on Easter Bunny baskets, and many families favor a combination of traditions.

Since religious as well as secular imagery and traditions have melded to form the Easter most individuals recognize today, a mix of customs may be part of your Easter festivities. Among them will be colored eggs, egg hunts and possibly even egg rolls. Just how was the Easter egg tradition hatched?

Pre-Christian societies

Before Christianity was as widespread as it is in modern times, many societies associated eggs with spring and new life. Many birds and animals lay eggs early in spring, and these eggs tend to hatch upon the arrival of the warm weather, budding flowers and buzzing insects.

Ancient Persians are believed to have painted eggs for Nowrooz, their new year celebration that would fall on the spring equinox each year.

Eggs also have been part of Passover celebrations. A hard-boiled egg dipped in salt water is served at a Passover seder, symbolizing both new life away from oppression and the Passover sacrifice at the Temple in Jerusalem, according to Chabad.org.

Lent, Christianity and eggs

In medieval times, eating eggs was forbidden during Lent, when both dairy and meat were avoided. To reduce waste, eggs laid during Lent were boiled or preserved in some way.

The fast ended on Easter Sunday, and eggs became, once again, important and nutritious staples — especially for poor families that couldn't afford much meat. Eggs also were given to the church by medieval English villagers and also to the lords of the manor. Royals eventually got in on the act, and decorated eggs were distributed to the household in a tradition that was one of the earliest to include eggs.

Egg hunts and more

Some historians suggest that egg hunts can be traced back to German Protestant reformer Martin Luther, who organized egg hunts for his congrega-

tion. The men would hide the eggs for the women and children to find. This symbolized the story of Christ's resurrection, when the tomb was discovered by women. The eggs also represented Jesus' new life and his emergence from the tomb.

Egg hunts are not the only egg-related games that were hatched for Easter celebrations. According to the website Learn Religions, some European children go from house to house begging for Easter eggs, like children may ask for treats on Halloween. The custom is called "pace-egging," a term derived from the old word for Easter, "Pasch." Egg rolls also are symbolic of rolling away the stone from Christ's tomb. Various countries have their own rules on egg rolls. In Germany, for example, children roll their eggs down a track made from sticks.

PUBLIC NOTICE

SPECIAL CALLED MEETING OF THE SHELBYVILLE POWER, WATER, AND SEWER BOARD WILL MEET

THURSDAY, MARCH 24TH AT 3 PM

AT THE SHELBYVILLE POWER SYSTEM OFFICE, SOUTH MAIN STREET.

THE PUBLIC IS INVITED TO ATTEND ANY AND ALL MEETINGS.

SHELBYVILLE POWER, WATER, & SEWER BOARDS

PUBLIC NOTICE

THE REGULAR MEETING OF THE SHELBYVILLE POWER, WATER, AND SEWER BOARD WILL MEET

TUESDAY, MARCH 22ND AT 5:00 PM

AT THE SHELBYVILLE POWER SYSTEM OFFICE, SOUTH MAIN STREET.

THE PUBLIC IS INVITED TO ATTEND ANY AND ALL MEETINGS.

SHELBYVILLE POWER, WATER, & SEWER BOARDS

LEGAL NOTICE

The Shelbyville Housing Authority will hold a Regular Adjourned Board Meeting on Wednesday March 23rd, 2022 at the Tate Street Community Center at 12:00 noon, in Shelbyville, Tn.

By: Jenni Feldhaus
Chairman

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UT-TPA Press Awards 2020

SHELBYVILLE TIMES-GAZETTE

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Remember not the former things,
nor consider things of old.
Behold I am doing a new thing
(Isaiah 43:18-19) ESV

T-G Photo by Dawn Hankins

Spring forward, this Easter



Dawn Hankins
Pencil Shavings

We look in our rear view mirrors a lot. Some days we see beautiful scenery, like sunrises and sunsets. Other days, it seems like everyone is on our back.

Jesus never looked back, really, despite how he was treated on a daily basis. He kept moving toward his calling, which was to eventually die on the cross for our sins. The Bible tells us how he arose from the dead on the third day, following this brutal crucifixion.

Easter, which is the Christian celebration of Jesus' resurrection from the dead, is Sunday, April 17. Those Easter eggs which come in all kinds of shapes and sizes these days are meant to resemble the tomb in which Jesus was placed.

I always find the birds to sing a little sweeter and the skies, no matter the forecast, to be a little more beautiful on Easter morning. Don't you?

Imagine what it was like the day that Mary went to the tomb and it was empty all those many years ago. She could have panicked, as some of us might have.

Instead, she didn't tarry as she had an important message of Good News to deliver to the disciples.

The Empty Tomb (John 20: 1-15 NIV)

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!"

So Peter and the other disciple started for the tomb. Both were running, but the other disciple outran Peter and reached the tomb first. He bent over and looked in at the strips of linen lying there but did not go in. Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen. Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed. (They still did not understand from Scripture that Jesus had to rise from the dead.) Then the disciples went back to

where they were staying.

Jesus Appears to Mary Magdalene

Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels in white, seated where Jesus' body had been, one at the head and the other at the foot.

They asked her, "Woman, why are you crying?"

"They have taken my Lord away," she said, "and I don't know where they have put him." At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus.

He asked her, "Woman, why are you crying? Who is it you are looking for?"

What are we looking for this spring? Wealth and prominence? A reason to forgive? Perhaps an outlet, a listening ear, to confess having wronged someone, intentionally or unintentionally?

No matter what you're looking for this season, there's Hope. There are so many good churches in this community that welcome those hurting or just those need a fresh start. The Bible is also full of great answers for those searching

this Easter.

Look for our local "church directory" coming out soon in the T-G.

CHURCH ACTIVITIES

Send church news to tgnews@t-g.com.

Baptist

Calvary Baptist Church's Sunday morning service is at 10 a.m. with Bro. Jimmy Gray presenting the message. The service worship services will be livestreamed.

"The Lord's Supper" from 1 Corinthians 11:23-29 will be the message at 10 a.m. Sunday at Grace Baptist Church.

Christian (Disciples of Christ)

The "Cross Encounters" series continues at First Christian Church. This week is a study of Simon of Cyrene from Mark 15:21-22.

Church of Christ

"Three Souls" from Acts 17:22-28, part of the "A Church on the Move" series, will be Sunday's 9 a.m. message at Fairlane Church of Christ. Services are livestreamed and broadcast on WLIJ (98.7 FM/1580 AM).

"You are a Soul with a Body" from 2 Corinthians 5:1-4, part of the "After this Life" series, will be the message at 10 a.m. Sunday at Southside Church of Christ. Prayer and parents groups meet at 6 p.m. Sunday. A study of 1 Peter continues at 6:30 p.m. Wednesday. The Sunday morning and Wednesday services are livestreamed at cofcsouthside.com.

Methodist

Lay Leader John Carney's message at 10 a.m. Sunday at First United Methodist Church will be "No Artificial Ingredients" from Isaiah 55:1-9. The service will be livestreamed on Facebook and broadcast on WLIJ (98.7 FM/1580 AM).

Presbyterian

Rev. Jim Moran's sermon for the third Sunday in Lent at First Presbyterian Church will focus on Luke 13:1-9, the parable of the fig tree.

COMING IN APRIL



Bedford Co. Church Directory Magazine - Your Guide to Area Churches
If your church or business would like to be included, give us a call!

931-684-1200
Diandra, dwomble@t-g.com
Yolanda, yflick@t-g.com

SHELBYVILLE TIMES-GAZETTE

Notice to 2020 Town of Wartrace Delinquent Taxpayers

You are advised that delinquent 2020 Town of Wartrace property taxes may be paid at Wartrace Town Hall, 29 Main Street E., Wartrace, Tennessee, until close of business on Monday, March 28, 2022, 4:00 p.m. After that date such taxes will be turned over to the Town Attorney for collection and additional penalties and costs will be imposed in consequence of suits to be filed for enforcement of the lien for property taxes for prior tax years.

Kathy Tyson

Wartrace Town Recorder

Shine 2022



John 14:21

SOUTHSIDE CHURCH OF CHRIST
5th grade and under Children's Youth Rally
Saturday, March 26, 2022

Time: 8:45 AM registration begins, 9:00 AM classes begin

Location: Southside Church of Christ

Adult class with Gary Johnson - Certified Family Counselor

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SERVICE SCHEDULE Sunday

Sunday School 9 A.M.
Sunday morning service 10 A.M.
NO SUNDAY EVENING SERVICES
Wednesday night services begin at ... 6:30 P.M.



Rev. Andrew Lee Keffer

School system waging high fuel costs

By **ZOË HAGGARD**
zhaggard@t-g.com

During Tuesday night's school board meeting, Bedford County Finance Director Robert Daniel said there was nothing "unusual" to report for the February numbers—except rising fuel prices.

"We're trying to get a handle on how much gas and diesel we will be using for the end of the year, so we will check that and make a budget amendment for the end of the year," Daniel said.

Daniel said he is trying to get a prediction of the gallons estimated through the end of the year. But when asked by board member Glenn Forsee asked how bad the situation is, Daniel replied, it's "about double what we were paying for this time last year."

Crude oil settled at \$110.46 per barrel at the beginning of March, according to the U.S. Energy Information Administration (EIA).

According to Daniel, fuel is purchased from an independent contractor. The County does not have to pay what an individual pays for fuel since they are



While Bedford County School System is exempt from paying sales tax and the state fuel tax when purchasing fuel, the rising fuel prices are taking a toll on County funds.

exempt from paying sales tax and the state fuel tax when purchasing fuel. "So, it is quite a bit cheaper," he said.

Still, according to January financial reports, the General-Purpose School fund accounts used 144.55 percent of its budget for diesel. The budget was \$12,500 but over \$18,000 was used.

Possible options

Daniel said one potential option that could save the County money is if they

bought their own tanks. This would make bidding fuel more competitive, therefore saving money over time.

Board member John Boutwell suggested that several years from now, the school system could purchase electric buses.

"If you think about it, you drive the bus in the morning, then you put it on the charge, and it will be ready to go in the afternoon," Boutwell said. "It's just a thought."

School Board Chairman

Michael Cook added that many in the trucking industry have looked into an all-electric truck fleet. "It's really impressive."

School superintendent Tammy Garrett mentioned as well that a Tennessee school system recently purchased an all-electric bus. Washington County Schools debuted Tennessee's first all-electric school bus in June of 2021. According to the East Tennessee's school report, the bus can travel 120 miles on a single charge. They

were given \$220,000 from the Tennessee Department of Environment and Conservation (TDEC) to purchase the bus and its charging station.

Board member Diane Neeley said that many bus drivers park their buses at their residences, which would mean charging stations would have to be added throughout the County. "And the bus garage does not have room to accommodate all our buses," she added.

Daniel said the County

was approached a couple years ago by the Middle-West Tennessee Clean Fuel Coalition to use propane, which Daniel said could be another money-saving option. Propane tanks are typically attached to the top of a cab of a truck and used as an alternate fuel method.

Relief for summer school

"The other part that comes into play is we are waiting on...the state, what they will give us for summer school because that will be a big thing. Hopefully, we will get reimbursed for summer traveling," Garrett said.

According to BCS federal programs director Chad Fletcher, the state passed a law to fund summer camps across the state. They receive funding for three items, including instructional personnel (i.e., teachers and educational assistants), supplies, and transportation. Fletcher said he expects the state allocation funding to arrive in the next couple of days for the summer.

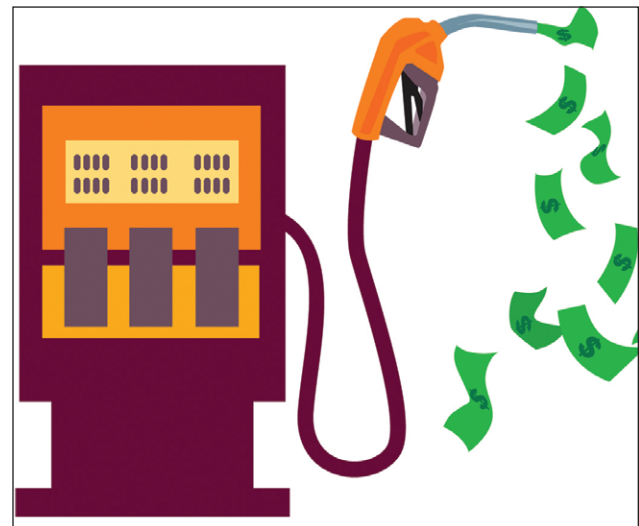
IEA: Ways to save barrels of oil

BERLIN (AP) — The International Energy Agency says the world could quickly reduce global oil demand by 2.7 million barrels a day by cutting down

on car and plane travel, helping ease the supply crunch caused by Russia's invasion of the Ukraine.

The Paris-based agency said in a report released

Friday that "practical actions by governments and citizens" could significantly reduce oil demand, make fuel cheaper for consumers, shrink Russia's hydrocarbon



revenue and boost efforts to reduce greenhouse gas emissions.

The IEA said its 10-point plan could, if fully implemented in advanced economies, cut oil demand by the same amount as all the cars in China within four months.

It urged the countries to adopt the measures in time

for the annual peak demand season of July and August.

"As a result of Russia's appalling aggression against Ukraine, the world may well be facing its biggest oil supply shock in decades, with huge implications for our economies and societies," said IEA Executive Director, Fatih Birol.

Spring System Tune-Up Time!

McKAMEY HEATING AND COOLING

American Standard HEATING & AIR CONDITIONING

Get to know the Times-Gazette Staff

Sherri Frame
Circulation Clerk

1 What is your favorite part of your job?
My favorite part of my job is interacting with our subscribers and knowing that our small-town newspaper is still important to people.

2 What is your favorite vacation destination?
I can't pick a favorite vacation destination. I've loved travelling to Disney World, Mexico, and Las Vegas. My dream is to travel to Ireland and see it's lush countryside and castles.

3 What is your favorite holiday and why?
My favorite holiday is Christmas. Of course, it is about celebrating Jesus' birth, first and foremost. But, I also love to curl up on my couch watching It's A Wonderful Life or Frosty the Snowman while my lights blink on my tree and my house smells of cinnamon and pine. I'm a new Gigi and am very excited that I get to experience Christmas all over again through my grandchildren's eyes and hearts.

Coloring Contest
\$50 prize for each category winner!
Turn in by April 9, 2022

Name: _____ Age: _____
Phone Number: _____
Category: 2-3, 4-5, 6-7, 8-12

Happy Spring!

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REAL ESTATE TRANSFERS

03/08/2022—03/14/2022
 Gary Boyce Construction LLC to Wendy Boyce—0 money, 0 acres, no address
 Ronald E. Coop, Barbara Coop to Jeremy Ray Abshire, Kristine J. Abshire—\$306,648, 2.38 acres, Hwy 82 E.
 Cecelia Randolph, Vivian Davidson, Nathan Anderson, Ashlie Anderson, Monica Anderson, John Sebastian, JoAnn Sebastian, William Sebastian, Janice Sebastian, Phyllis H. Washington to Mevelia Buchanan—\$75,000, Deery St.
 Vivian M. Haggard to AC Homes LLC—\$50,000, 1.6 acres, Joe Hart Rd.
 Peggy J. Tobin, Edward L. Tobin to Abigail A. Tobin—0 money, 5.01 acres, Union Ridge Rd.
 Scott Donald Werner to Mark S. Wooten—\$1,000,000, 25.56 acres, Heath Branch Rd.
 Raul O’Nate to Jackie O’Nate—0 money, 55.09 acres, Hwy 231 N.
 Jill Cook, Lisa Curl to Brandy Swett—4215,000, 0 acres, Raby Ave.
 Brian Kilgore to Tommy Eugene Hines, Jr., Penny Clark Ray—\$441,900, 0 acres, Midland Rd.
 Harold Douglas Murphy Jr., Rebecca Elizabeth Murphy to Daniel E. Batten, Talor B. Batten, Taylor Batten—\$289,000, 0 acres, no address
 Tammy Peoples to David Tate Peoples—0 money, 76.32 acres, Barnett Rd.
 James E. Farrar to Ramiro Jeremias Cinto, Norma Cinto—\$69,500, 0 acres, Fairground Height St.
 Tammy L. Glisson to Dana G. Pierce—0 money, 13.86 acres, Clem Creek Rd.

James Allen to Robert Bushnell, Honey Bushnell—\$200,000, 0 acres, Hwy 41A
 James Bret Rollins to Jordan Bridges, Courtine L. Carter—\$470,000, 0 acres, Fowler Rd.
 Midstate Finance Co. Inc. to Mike Beech, Jo Beech—\$16,000, 0.59 acres, Unionville Deason Rd.
 Stephen G. Hitt Jr., Martha Joellen Mallard, William J. Hitt to 15.01 acres, Hitt Lane
 Kelsey Marquardt, Austin Marquardt to Molly Fisher—\$265,000, 0 acres, Sunrise Ct.
 Michael D. Pinkerton Jr. to Michael Pinkerton Jr., Stacey Lynn Pinkerton—0 money, 0 acres, Baptist Church Rd.
 Helen Joe Debellis to Donal G. Parker—0 money, 0 acres, Madison St.
 AIM Construction Inc. to Haynes Service Company LLC—\$125,000, 0 acres, Old Nashville Dirt Rd.
 Robert B. Adgent, Jane C. Adgent to The Adgent Tennessee Community Property Trust—0 money, 53.52 acres, Beasley Rd.
 Amy A. Harper to Lacy Anna Wasdyke, William Cody Maynard—\$235,000, 0 acres, Warner Bridge Rd.
 Don E. Swander, Kay A. Swander to Danny Turner—\$205,000, 0 acres, South Cannon Blvd.
 DLRG Global Interprises LLC to HHK Investments LLC—\$158,000, 0 acres, Warren Circle
 James E. Farrar Sr. to Yolanda Ivette Figueroa, Emilia Ocasio Aldarondo, Jose Luis Ortega Hernandez—\$121,304.06, 0 acres, Davis St.
 Thomas Helms, Ashley Helms, Thomas R. Helms to James A. Monce, Marsha A. Moore—\$520,000, 0 acres, Jack Taylor Rd.

MARCH WINNERS



Peoples Bank of Middle Tennessee and Community High School are partners in recognizing a Teacher of the Month and Student of the Month every month for the 2021-2022 school year. For the month of March are Teacher of the Month, Mr. Ralph Edwards American History and Government Teacher. Student of the Month Stratton Lovvorn a Senior at CHS. Pictured with the March winners is Peoples Bank Representative Jeff Haynes. Congratulations to this month's winners.

Submitted photos

Blotter

(Continued from Page 3A)

bation revocation; released, \$1,500 bond
 •David Alton Contreras Jr., 29, Tullahoma; driving on suspended license, registration law; released, no bond
 •Stephanie Cruz, 26, North Jefferson Street; failure to appear; released, \$1,000 bond
 •Shannon Dunn, 43, Rosewood Drive; driving on suspended license, speeding, registration violation; released on recognizance
 •Jacob Aaron Dye, 45, Lewisburg; aggravated burglary; held, \$10,000 bond
 •Eduardo Estrada Huerta, 23, Davis Street; domestic assault (intimidation), violation of order of protection (two counts); held, no bond
 •Terrence Maurice Fortenberry, 27, Hickory Drive; violation of sex offender registry; held, \$5,000 bond
 •Moises Garcia Lopez, 32, Madison Street; DUI, no driver’s license; held, \$3,500 bond
 •Baltazar Gaspar Mateo, 38, Baker Street; no driver’s license; released, \$1,000 bond
 •Christine Rose Glover, 45, Beech Grove; violation of drug free school zone, possession of schedule II drug, introducing contraband into penal institution, tampering with evidence; held, \$57,500 bond
 •Edgar Elias Gonzalez, 41, Sun Circle; failure to appear (two counts); released, \$1,500 bond
 •Arian Lynette Gosse, 22, Manchester; violation of drug free school zone,

possession of schedule III drug, possession of drug paraphernalia, possession of schedule II drug, possession of schedule VI drug, tampering with evidence; held, \$50,000 bond
 •Channing Desiree Griffey, 34, La Vergne; failure to appear, bench warrant, bondsman surrender; held, \$4,500 bond
 •Christian Hernandez Ramirez, 37, Madison Street; financial responsibility, no driver’s license; released, no bond
 •Davon Eugene High, 36, Railroad Avenue; driving on revoked license, light law; summons issued
 •Shanna Holder, 22, U.S. 41A North; DUI, possession of schedule VI drug, violation of drug-free school zone, possession of drug paraphernalia, seat belt law; held, \$12,500 bond
 •Fredia Ann Johnson, 54, Ledbetter Road; violation of community corrections, failure to appear, bench warrant; held, no bond
 •Michael Antonio Jones, 54, Green Lane; violation of probation; released on recognizance
 •Shelby Jean Kuzmeski, 46, Tullahoma; driving on suspended license, speeding, financial responsibility; summons issued
 •Joshua Isaiah Lloyd, 25, Fayetteville; driving on revoked license, light law; summons issued
 •Jonny Israel Lopez Cruz, 48, North Linda Drive; no driver’s license, speeding; summons issued
 •Alexander Martinez Morales, 26, Sycamore Drive; registration law, possession of revoked license, driving on revoked license; released, no bond
 •Jose Torres Meraz, 35, Crossville; failure to appear,

bench warrant; held, \$5,000 bond
 •Ashley Hope Mooningham, 25, Barksdale Lane; driving on suspended license, seat belt law; released, \$1,000 bond
 •Joshua Michael Navarrete, 25, Walnut Street; driving on suspended license, financial responsibility; released, no bond
 •Tyler Mikelle Notebook, 29, Murfreesboro; driving without a license, speeding, financial responsibility; summons issued
 •Anthony J. Petrina, 34, Hart Road; domestic assault; released on recognizance
 •Sandra Petrina, 43, Hart Road; domestic assault; released on recognizance
 •Tyler Scott Petty, 24, New Herman Road; violation of order of protection; released, \$2,500 bond
 •Christopher Shane Pittman, 21, Barksdale Lane; public intoxication, child endangerment (two counts); released, \$17,500 bond
 •Chasity Rabassa, 47, Tullahoma; driving on revoked license, speeding; summons issued
 •Trevakias Vondez Rankins, 27, Murfreesboro; failure to appear (two counts), bench warrant; held, \$15,000 bond
 •Andrew Clayton Sanders, 19, Rich Road; domestic assault; released, \$1,000 bond
 •Michael James Schwab, 26, Ridgeway Avenue; violation of probation; held, no bond
 •Jennifer Lynn Smith, 45, Madison Street; failure to appear, probation revocation; released, no bond
 •Raymond Antonio Smith, 45, Fay Creek Road;

aggravated criminal trespassing; held, \$25,000 bond
 •Shay Sullivan Sears, 26, Webb Road West, Bell Buckle; driving on revoked license; summons issued
 •Chelsey M. Shipley, 21, Old Columbia Road; possession of schedule VI drug, violation of drug-free school zone; held, \$9,000 bond
 •Patricia Shryock, 59, homeless, no city listed; public intoxication; held, no bond
 •Brooklyn Paige Steverson, 20, Barksdale Lane; possession of schedule VI drug with intent to sell, possession of drug paraphernalia, seat belt law; held, \$8,000 bond
 •Lisa Marie Sutton, 26, Adams Drive; violation of probation; released on recognizance
 •Maurice A. Taylor-Richardson, 33, Chestnut Drive; move over law; released, no bond
 •Angel Ramirez Vazquez, 27, Rock Street; DUI, simple possession of schedule VI drug; released on recognizance
 •Duane Albert Wagner, 44, Kingree Road; filing false report, possession of schedule IV drug, violation of probation; held, \$4,500 bond
 •Sam Avery Wilhoite, 64, homeless, Shelbyville; criminal trespassing; released on recognizance
 •Randy Roger Wilson, 66, River Ranch Road; violation of probation, driving on revoked license; summons issued
 •Mitchell Grant Winchester, 33, Chapel Hill; violation of drug-free school zone, possession of drug paraphernalia, possession of schedule II drug;

PUBLIC RECORD

MARRIAGE LICENSES

Jeffrey Allen Eckhardt and Joy Lou Behl Pierson
 Edward Brent Patton and Karen Louise Angelico
 Sara Elizabeth Laflamme and Leobardo Cruz
 Alfredo Munoz Gomez and Lesli Alinet Aranda Cruz

CITY COURT

03/07/2022
Speeding—Terry Wayne Adams Jr., Jerrold L. Bumphus, Kristin Lee Dabbs, Timothy D. Hollis Jr., Jetahwyn K. Jones, Austin J. Lehman, Angelica S. Rubi, Christopher G. Ware—all \$130, Antonio E. Ayala, Romany G. Basta, Joshua A. Carroll, Nancy A. Copley, Jorge Luis Davila-Salazar, Raymond V. Dizon, Lisa K. Dunagan, Steven A. Fite, Wesley Duane Ford, Jessammybn R. Frain, Shelby Moore, Garrett R. Nelius, Christian K. Peters, Camden Chance Price, Ross A. Rinkes, Daniel S. Vandivort, Chad A. Westerhouse, David S. Willard—all \$125, Lesa Renee Alayla \$10, Jackson B. Davis, Abigail J. Eichenseer, Dominique L. Hayes, Heather N. Kelly, Ashley Marie Morgan, Jarrod Thomas Newman—all \$105, Patty Delffs, Kristina A. Frazier, James Caleb Green, Jasmine Jashae Laws, Christopher James Price, Jordan Marie Sentieri, Rayline B. Trice, Chablis B. Wimberly—all \$20
Failure To Yield Right Of Way—Brian K. Allen, Cameron G. Boyer, Roger G. Hedstrom, Virginia J. Lynch, Felicia Mathis, James B. McClanahan Jr., Noah M. McGeary, Felipe Regulo Morales Velasquez, Abram M. Powell, Myla Annette Warren, Homer Eugene Wright—all \$130
Violation City Codes Ordinance—Timothy Scott Arnold \$50 per day
Seatbelt Law—Antonio De Jesus Arroyo-Diaz, Randy E. Lunsford—both \$55, Michelle Leann Hale \$30
Financial Responsibility (Insurance)—Lesla Renee Ayala, Jordan Marie Sentieri—both \$115, James O’Dell Brown, Ellie Mae Knotts, Austin Lee Rogers, Jeffery Y. Williams—all \$155, Matthew R. Childers, Patty Delffs, Kristina A. Frazier, Armando Godinez-Godinez, James Caleb Green, Elizabeth C. Gregory, Jasmine Jashae Laws, Jarrod Thomas Newman, Phoutthasak T.

Light Law Violation

Romany G. Basta, Elizabeth C. Gregory, Christopher James Price—all \$10, Jonathan D. Bland \$115
Traffic Control Device (Stop Sign)—Gregory A. Bell, Sydney D. Jones, Hunter Lee Vanderpool—all \$125
Traffic Control Device (Red Light)—Andrea W. Brown, Kyla J. Paugh, Henry A. Swader Jr.—all \$105, Jeffery Y. Williams \$20
Registration Violation—Cameron G. Boyer, Andrea W. Brown, James Odell Brown, Matthew Ray Clanton, Patty Delffs, Raymond V. Dixon, Armando Godinez-Godinez, James Caleb Green, Elizabeth C. Gregory, Sydney D. Jones, Jasmine Jashae Laws, Phoutthasak T. Ontha, Christopher James Price, Christopher James Price, Angelica S. Rubi, Mary B. Weitz—all \$10, Henry Joe Flowers III, Gary Layne Leverette, Sabrina McKin—all \$115, Briley Brooke O’Neal \$120, Karen J. Zaragoza Juarez \$140
Driver To Exercise Due Care—Matthew Ray Clanton, James Michael Davis, Lori E. Shelton, Gregory W. Smith, Joshua Craig Ward—all \$130, Gary D. Peoples \$190
Distacted Driving (Hands Free)—Nickalaz D. Jesch, Rodrigo Hernandez Rojas—all \$60
Excessive Noise/Loud Music—Timothy Wayne Johnson \$130
Illegal Parking—Cesar Gabriel Mendez Plaza, Salaudin Pacuku—both \$130
Animal Not Having Rabies Shot—Celestine Torian Ramirez \$50, Julia M. Sherman \$155
Dog Running At Large—Celestine Torian Ramirez, Janene L. Sinks, Candace Nicole White, Kayla Lamayn Whorley—\$155
Child Restraint Law—Kristen Marlayne Thompson \$155
Driving On Expired License—James Daniel Wehner \$10
Speeding In School Zone—Kelvin L. Williams \$130

BUSINESS LICENSES

BUSINESS LISTINGS—NEW BUSINESSES
03/10/2022—03/17/2022
 26 & Mane—508 Elm St., Shelbyville, Jessica S. Weaver
 CleanFix—304 Deer Point Rd., Unionville, Haley Todd
 Evolve 40 Inc.—629 North Main St., Shelbyville, Nirav Patel
 Jay Parts USA Inc.—2902 Highway 64 W., Lewisburg, Jrgen Grpl
 MLC Trucking and Property Service—915 South Brittain St., Shelbyville, Holly

Mielneczek Precision Grading LLC—2384 Highway 64 E., Shelbyville, Clifford D. Carlock
 Shine Gymnastics—1706 Green Lane, Shelbyville, Pamela Taylor
 Souther Crunch—2046

Unionville Deason Rd., Bell Buckle, Emily Vari
 Southern Land Shaping—303 Cortner Hollow Rd., Petersburg, Mike Dendy
 WAB Sports—405 7th St., Bell Buckle, Wayne Buckingham

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Photo courtesy of Getty Images

Reclaim Your Health

Take charge of risk factors affecting your heart health

FAMILY FEATURES

Cholesterol – a waxy substance created by the liver or consumed from meat, poultry and dairy products – isn’t inherently “bad” for you. In fact, your body needs it to build cells and make vitamins and other hormones. However, too much “bad” LDL cholesterol, or not enough “good” HDL cholesterol, can pose problems.

High cholesterol is one of the major controllable risk factors for heart disease and stroke. Because it typically has no symptoms, you may not know you have high cholesterol until it’s already causing problems.

Knowing key health numbers like your blood sugar, blood pressure and cholesterol, and working closely with your doctor to manage them, are keys to preventing heart disease and stroke.

Those who have already experienced a heart attack or stroke or have family history of cardiovascular disease, chronic inflammatory disease or kidney disease may need to have their cholesterol and other risk factors checked more often and may need medication to manage their conditions to prevent another event. According to the American Heart Association, as many as 1 in 4 survivors will have another heart attack or stroke.

Along with taking your medication as prescribed, some lifestyle habits can help manage your risk and help you live a longer, healthier life like watching what you eat, getting more exercise and managing stress.

Make Healthy Menu Choices

A healthy eating plan is a well-rounded diet with plenty of fruits and vegetables (at least 4-5 servings each day). In fact, researchers at the University of Columbia found each daily serving of fruits or vegetables was associated with a 4% lower risk of coronary heart disease and a 5% lower risk of stroke.

Other smart choices for your menu include nuts and seeds, whole grains, lean proteins and fish. Limit sweets, sugar-sweetened beverages, saturated fat, trans fat, sodium and fatty or processed meats.

Get Moving

You likely know exercise is good for you, but an Oxford University study revealed simply swapping 30 minutes of sitting with low-intensity physical activity can reduce your risk of death by 17%. Mortality aside, in its Physical Activity Guidelines for Americans, the U.S. Department

of Health and Human Services noted physical activity offers numerous benefits to improve health, including a lower risk of diseases, stronger bones and muscles, improved mental health and cognitive function and lower risk of depression.

The greatest impacts come from getting the recommended amount of activity: at least 150 minutes of moderate activity, 75 minutes of vigorous activity or a combination of those activities per week. Be sure to discuss with your doctor which activities may be best for you.

If you’re having trouble getting motivated, small steps like walking your dog can lead to big changes over time. A scientific statement from the American Heart Association on pets and heart-health showed dog parents are more likely to reach their fitness goals than those without canine companions.

Reduce Stress

Constant or chronic stress can have real consequences on both emotional and physical health. In fact, research shows chronic stressors like long work hours, financial stress and work-life conflict may be as risky for health as secondhand smoke, according to a report by the Behavior Science and Policy Association.

Aside from the direct toll on your body – including elevated risk for heart disease and stroke from high blood pressure, depression or anxiety – stress can lead to unhealthy habits like overeating, physical inactivity and smoking.

Exercise is an effective way to keep your body healthy and release stress. You might also consider incorporating meditation and mindfulness practices into your day to allow yourself a few minutes to distance yourself from daily stress.

Research compiled by the American Heart Association suggests meditation can reduce blood pressure, improve sleep, support the immune system and increase your ability to process information.

Another powerful tool to fight depression, anxiety and poor sleep, according to researchers at the University of California-San Diego, is practicing gratitude or thankfulness. Start by simply writing down three things you’re grateful for each day.

Learn more about managing your cholesterol and habits to protect your heart health at heart.org/cholesterol.

Healthy for Good

BE HEALTHY FOR GOOD WITH LIFE'S SIMPLE 7

Making small changes every day can add up to big improvements in your overall health. Life's Simple 7 outlines a few easy steps you can take to live a healthier lifestyle.

Two of these steps, Get Active and Eat Better, can help jump-start your whole health journey. Making choices that help you eat smart and move more can also help you lose weight, control cholesterol, manage blood pressure, reduce blood sugar and stop smoking.^{1, 2, 3}

GET ACTIVE

Try to get at least 150 minutes per week of moderate aerobic exercise or 75 minutes per week of vigorous exercise (or a combination of both), preferably spread throughout the week. Even short bursts of exercise can be beneficial, and all those little steps will lead to big gains in the long run.⁴

EAT BETTER

Eat a colorful diet full of fruits, vegetables, whole grains, low-fat dairy products, poultry, fish and nuts. Try to limit sugary foods and drinks, fatty or processed meats and salt.⁵

LOSE WEIGHT

Maintaining a healthy weight is important for your health. To lose weight, you need to burn more calories than you eat. Learning to balance healthy eating and physical activity can help you lose weight more easily and keep it off.⁶

CONTROL CHOLESTEROL

Cholesterol comes from two sources: your body (which makes all the cholesterol you need) and food made from animals. Eating smart, adding color and moving more can all help lower your cholesterol!^{7, 8}

MANAGE BLOOD PRESSURE

Blood pressure is the force of blood pushing against blood vessel walls. Sometimes the pressure in arteries is higher than it should be, a condition known as high blood pressure. Stress and poor diet have both been linked to high blood pressure, so it's important to be well and eat smart to help positively influence your blood pressure numbers.^{1, 7}

REDUCE BLOOD SUGAR

Blood glucose (aka sugar) is an important fuel for your body. It comes from the food you eat, so it's important to eat smart. Cut out added sugars by checking nutrition facts labels and ingredients, limiting sweets and sugary beverages, choosing simple foods over heavily processed ones and rinsing canned fruits if they are in syrup.¹ And you can move more, because moderate-intensity aerobic physical activity can also help your body respond to insulin.⁹

STOP SMOKING

Not smoking is one of the best things you can do for your health. Smoking damages your circulatory system and increases your risk of multiple diseases, but the good news is that your lungs can begin to heal themselves as soon as you stop. Moving more can help you on your journey, since physical activity can help you manage stress.¹⁰

1. Yan, L., Conner, A. L., Appel, L. J., Maki, P. M., Kromann, C., Sorensen, M., ... (2014). Recommended dietary pattern to reduce risk of cardiovascular disease: a healthy eating pattern from the American Heart Association. *Circulation*, 130(11), 1213-1220.

2. Willet, W. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

3. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

4. U.S. Department of Health and Human Services. (2014). *Physical Activity Guidelines for Americans*. 2nd Edition.

5. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

6. Okun, J. S., & Willet, W. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

7. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

8. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

9. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

10. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

How a Major Health Event Can Reveal Unknown Risks

Before his stroke, Lee Stroy, a father of five, considered himself to be a healthy person. “My gauge of being ‘healthy’ was my ability to wake up in the morning, get to work, take care of my family and live another day to do it again,” Stroy said. “That is, until I couldn’t.”

In December 2014, Stroy woke up disoriented and scared after suffering a stroke at just 38 years old. He quickly discovered he had undiagnosed hypertension, diabetes and high cholesterol. “It surprised me to learn there are often no visible symptoms for high cholesterol until a heart or stroke event,” Stroy said. “Unfortunately, I was not diligent about my annual check-ups, so my health setbacks provided me with a huge wake-up call.”

Stroy decided to take control of his health and this marked the beginning of a major lifestyle transformation. The first change was quitting smoking. Next, he began incorporating exercise into his daily routine, initially with simple exercises from occupational therapy. Eventually he worked up to walking several miles a day. Stroy also gradually made changes to his diet and went from being a meat eater to vegan. He also attends regular doctor’s visits to keep tabs on his progress. “While it was no easy feat to make such drastic lifestyle changes, they are now second nature,” Stroy said. “Don’t put off or be afraid to go to the doctor. You could catch something early and be able to make changes that save your life.”

1. Yan, L., Conner, A. L., Appel, L. J., Maki, P. M., Kromann, C., Sorensen, M., ... (2014). Recommended dietary pattern to reduce risk of cardiovascular disease: a healthy eating pattern from the American Heart Association. *Circulation*, 130(11), 1213-1220.

2. Willet, W. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

3. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

4. U.S. Department of Health and Human Services. (2014). *Physical Activity Guidelines for Americans*. 2nd Edition.

5. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

6. Okun, J. S., & Willet, W. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

7. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

8. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

9. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.

10. Willet, W., & Sacks, F. L. (2014). *Healthy Diet: Health Benefits of Physical Activity*. The American Heart Association.



Doug Dezotell
Musings and Memories

Brave women of faith

African-American women have boldly preached the Gospel and even started Christian churches going all the way back to the time of slavery in our country. Many of those women became followers of Christ while slaves themselves.

Historical records say that the first black woman preacher was a Methodist known only as Elizabeth. She is said to have held her first prayer meeting in Baltimore around 1800, and then preached the Gospel for more than 40 years.

Elizabeth then moved to Philadelphia, spending the remainder of her life living among the Quakers.

Another early black preacher, Isabella Baumfree, was born into slavery in Ulster County, New York. She was one of the 10 or 12 children born to James and Elizabeth Baumfree, who were captured from the Gold Coast of Africa.

Later in life, Isabella gained her freedom, and she became known throughout the northeast as a powerful evangelist and public speaker. She was told, time and time again, that women couldn't be preachers. Isabella preached anyway.

She was one of the featured speakers at the "Woman's Rights National Convention" in Akron, Ohio in 1851. During her message she pointed to a male preacher and said, "That little man in black over there, he says women can't have as much rights as men, because Christ wasn't a woman! Where did your Christ come from? From God and a Woman! Man had nothing to do with Him."

(I love that quote.) By that time, Isabella Baumfree had been led by the Holy Spirit to change her name to "Sojourner Truth." She said that name spoke to what she considered her mission in life.

Another early black woman preacher was a lady named Jarena Lee. She was born in 1783 in Cape May, New Jersey to a black couple who had been granted their freedom.

Jarena taught herself to read and write while she was working as a domestic servant. One of the first books she read was the Holy Bible. When she was about 20 years old she moved to Philadelphia, where she continued to work as a domestic.

Jarena spent her free time worshipping at the many churches in the city,

▶ See Doug, Page 3B



HENRY AND KATIE HALLUM



T-G Photos by Dawn Hankins

Henry Hallum is 6 years old but already runs his own toy shop, Henry's Fun Play Shop, located at North Main Marketplace.

6-year-old runs toy emporium

By DAWN HANKINS
dhankins@t-g.com

Henry Hallum, age 6, said recently, "I like being able to pick out toys that I know other kids will like playing with. I also like selling things with my mama." Henry is the entrepreneur of Henry's Fun Play Shop, located at 766 North Main Marketplace.

Yes, Henry is a bit young to be running his own business. But with his mom, Katie Hallum's, assistance, he is pretty much his own toy store boss. (See 3B for Katie's story at The Hen House.)

No doubt this mother and son team are close. Katie says she's a single mom and so Henry's shop, which is located in her booth at

North Main Marketplace, has given her kindergartner an opportunity to learn about business. But most of all, enjoy the experience of watching kids enjoy the selections he makes for them.

She said Henry, who attends Middle Tennessee Christian School in Murfreesboro, has watched her go live on Facebook with her line from The Hen House. "I think that he was ready to do his own little thing; he wants to sell stuff too."

He really likes the "Tennessee Easter Bunny" books. He even models T-shirts for his mom's store.

When it comes right down to it, mom says he's still her little boy. She smiles. "Everything he gets, he plays with . . . wants to keep one of.

But he is perhaps way ahead of his time, in kindergarten standards. "He sits down with me and we order it. If he doesn't like it, we don't get it."

Katie and Henry have Facebook live moments as well. "Now, when he gets his new stuff in, he goes live. So all the moms that were watching with me, get on [Facebook] with their kids."

She said it's all a lot of fun, sharing these moments with moms and their kids. "We've gotten a lot of really good feedback about his doing his little lives."

So word is that all the toys, Easter baskets, books and games are "Henry approved." That means a lot to Katie.



It's almost Easter and Henry Hallum invites all kids to come by his mom's booth, The Hen House, and see all the Easter items.

This is Henry's business logo, which is a caricature of the kindergartner.



Mark McGee
My Take

Does your license plate trust God?

Road trips, especially with young children, have given birth to a number of games to be played in the car.

How many different state license plates can you spot? See a plate and say moo. Everyone picks a restaurant and earns points if they see an actual restaurant or sign. The list goes on and on.

With the introduction of the new Tennessee license plates I have started a new car game. Maybe some of you are also playing this game. It is best played when stopped at a red light for many reasons.

Have I got your attention? Well, here it is...does the new license plate have "In God We Trust" circled around the three stars in the middle. If it does it is in the smallest print on the plate, so you have to be close up to check. You don't want to be tailgating anyone which is why I say it is best played when you are stopped in traffic.

Not every plate has "In God We Trust" imprinted on it. You have a choice whether you want to have it on your new license plate. Both examples are prominently displayed on the counters at the Bedford County Clerk's office.

According to the clerk's office nine out of 10 Bedford County residents are asking for the "In God We Trust" plate. That is great. I'm not sure what the percentage is in the state, but I doubt it is close to that number.

I know some people have issues with "In God We Trust" being printed on anything. It is great to know that in Bedford County so many people want it to be a part of their plates.

Those who choose to include it on their plates are making a subtle, but important statement. God has got this as the posters say.

In this day and time, we need to trust in something. What many are choosing to trust isn't working. The world is a mess in case you haven't noticed.

God has always asked us to trust in Him. If you haven't been doing that, I would suggest that in the chaos surrounding us there has been no better time to make the decision to trust in God.

Trying to straighten out what is going on in this world is a tall order. It goes beyond governments and philosophies. To trust God is a matter of faith. It is time for all of us to take that leap.

• Mark McGee is executive director of United Way of Bedford County and a former editor of the Times-Gazette.

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JAMES M. GIFFORD

Gifford honored with prestigious arts award

Milner Award established in 1977; previous recipients include Jesse Stuart

Bedford County native James M. Gifford of Ashland, Ky., was recently honored by the State of Kentucky for his literary contributions.

"This award marks this day as one of the best days of my life. It is the capstone of my career as an educator, author, and publisher. For me, education is a tool for service, and I am proud that I have been able to escape the poverty of my childhood and use my education to serve the people of Kentucky and Appalachia. I accept this award on behalf of our authors, board members, contributors, and readers," Gifford said during his acceptance speech.

Kentucky Gov. Andy Beshear announced earlier this year that James M. Gifford, CEO and senior editor of the Jesse Stuart Foundation, was among 9 recipients of the Commonwealth's Arts awards.

The Governor's Awards in the Arts is comprised of nine categories that celebrate the extraordinary and significant contributions of Kentuckians and Kentucky organization to the state's arts heritage. Publisher Gifford received the Milner Award.

Gifford began with JSF in 1985 and since then has played a leadership role in promoting the history, literature, and culture of Appalachia. He has made more than 500 public presentations; published more than 50 magazine and journal articles, along with hundreds of newspaper articles; and has won professional awards as a teacher, author, editor, and publisher.

He continues to stay connected to his hometown of Shelbyville. Over the last couple of years, Gifford has published numerous books, including two for local, retired teacher Sharon McDonald, who grew up with Gifford.

Tennessee National Guard rescues Smokies hiker

KNOXVILLE (AP) — The Tennessee National Guard says it sent a medical flight crew on Tuesday to rescue a hiker whose illness rendered him unable to walk or stand while on the Appalachian Trail in Great Smoky Mountains National Park.

A guard news release says the rescue unfolded near Double Spring Gap Shelter on Tuesday.

The guard sent a crew on a UH-60 Blackhawk helicopter and lowered Sgt. 1st Class Giovanni DeZuani to assess the hiker as a paramedic.

The crew then hoisted the two up onto the helicopter, where the hiker received aid while the aircraft flew to the University of Tennessee Medical Center in Knoxville.



Pie recipes for those spring picnics

By DAWN HANKINS
dhankins@t-g.com

Edgar Albert Guest once penned a poem "Lemon Pie," in which he said: "The world is full of gladness; There are joys of many kinds; There's a cure for every sadness; That each troubled mortal finds; And my little cares grow lighter; And I cease to fret and sigh; And my eyes with joy grow brighter; When she makes a lemon pie."

Wheel Family and Community Education Club (FCE) members recently had a great discussion on their favorite type of pie. They were encouraged to bring their favorite to the next meeting.

Here are a couple of our favorite pies, one savory, one sweet, courtesy of the Dairy Alliance.

Mini Chocolate Cream Pies

Mini mason jars are perfect for single-serve pies. The filling can be made up to two days in advance, making these easy for prepping and storing. Using jars with lids are perfect for a sweet grab-n-go treat!

Servings: 24
2 C. crushed pretzel twists
6 Tbsp. butter, divided
1 1/2 C. sugar, plus 2 Tbsp.
1/2 C. unsweetened cocoa powder
1/4 C. corn starch
1/4 tsp. salt
2 C. whole milk
4 egg yolks
2 tsp. vanilla
1 C. heavy whipping cream
Caramel and toffee for topping,

if desired

Make the Crust

Combine crushed pretzels with 4 tablespoons of melted butter and 2 tablespoons of sugar. Scoop a heaping tablespoon full of crust mix into bottom of mini 4-ounce mason jars. Set aside.

Make the Filling

Whisk together the sugar, cocoa, cornstarch, and salt in a medium saucepan. Whisk in the milk and egg yolks. Whisk over medium heat until the mixture comes to a low boil and becomes thick, resembling a pudding thickness, about 10 minutes. Remove from heat and stir in remaining 2 tablespoons of butter and vanilla. Place jars on sheet trays for easy transfer. Fill each jar about 3/4 full of chocolate cream, cover with plastic wrap.

Chill in fridge for at least 2 hours. Before serving, top toffee pieces, fresh whipped cream and a drizzle of caramel sauce, if desired.

Tamale Pie

This Tex-Mex style beef-filled casserole features three types of dairy products—cheese, yogurt and lactose-free milk.

Servings 6

Filling

1/2 lb. lean ground beef
1/2 medium onion, chopped
1 (15-oz.) can kidney beans, rinsed and drained
1 (15-oz.) can tomato sauce
1 C. frozen or canned whole-kernel corn, drained
1 Tbsp. chili powder

Crust Topping

1 C. self-rising cornmeal

1/2 C. self-rising flour
1 C. plain yogurt
1/2 C. lactose-free milk
1/2 C. water
1 large egg lightly beaten
1 C. shredded Cheddar or Pepper-Jack cheese

Preheat oven to 400 degrees. Coat a 2-quart casserole dish with cooking spray. Combine beef and onion in a large skillet and cook on medium heat 10 minutes until beef is browned. Drain meat. Return meat to pan and add remaining filling ingredients; stir well and pour into casserole dish. Combine topping ingredients and pour over meat in casserole dish. Bake 30 minutes or until filling is bubbly and crust is light brown.

FCE CLUB MEETS

Wheel Family and Community Education Club met March 10, with 3 of its members in attendance.

It was announced that there would be a spaghetti supper and bake sale held on March 12 at 5 p.m.

The club also talked about "illnesses and cures."

Wheel FCE discussed also the Share Fair which is May 17.

Club officers were appointed. Demonstrations presented included a calendar of great-grandchildren by Jerry Sue Boyce and a crocheted mermaid blanket by Debbie Jones.

The next meeting will be April 14 at Noon at Shiloh United Methodist Church in Wheel.

Our Wedding Policy ...

The Times-Gazette now runs all wedding, engagement and anniversary announcements on Saturday. Pictures and announcements must be received 10 days prior to the issue in which you'd like your announcement to appear. Wedding announcements must be received no later than six weeks after the date of the wedding. Forms can be picked up at our offices, at 323 E.

Depot St. in Shelbyville, or may be filled out and submitted from our web site at www.t-g.com. Wedding and engagement announcements may also be submitted to our office in person, or by e-mailing tgnews@t-g.com. Forms must be neatly printed or typed, and the spelling of all names should be double checked before submitting them to us. A phone number must be included.

Will this be your best spring ever?

A tiny portion of my "day job" at a farm-and-home cooperative involves writing radio commercials and on-hold phone messages.

More often than I like to admit, I get stuck for a closing zinger and settle for trite sentiments, such as "Let our friendly staff help make this your best hunting season/New Year/spring ever!!" (Note to self: next spring, remember to try something dignified like "Please, please make your money quit hibernating!")

But I really do hope my readers enjoy the best spring ever. The opportunities certainly exist.

The glorious days following the vernal equinox

are a time for shaking off winter sluggishness and displaying boundless creativity. Still haven't taken down those Christmas decorations? With a little Daylight Saving Time ingenuity, you can transform Saint Nick into Moses in time for the annual rerun of "The Ten Commandments." ("Let my people ho-ho-ho!") Add fireworks, and you've got a head start on summer and Uncle Sam!

Whether you're rekindling your relationship with your Significant Other or seeking "foot-loose and fancy free" new adventures, spring can be a promising time for romance. As Alfred, Lord Tennyson pointed out, "In the spring a young man's

fancy lightly turns to thoughts of love – although he assuredly keeps his porn stash handy for next winter."

Yes, warmer weather means hunks and babes showing more skin. But don't think that sparks will always fly in the time of seasonal allergies. ("Sorry, I'm more interested in the hanky than the panky. Ah-choo! Did anyone ever tell you your eyes look like limpid pools of pollen?")

Birdwatchers certainly get a chance to grab their binoculars and spread their wings in spring. Maybe when the red, red robin comes bob-bob-bobbing along, they can get in on his class-action suit. ("What if I want to saunter or skip or amble? This

bob-bob-bobbing gait is systemic speciesism!")

Yes, Mother Nature works overtime in spring-time. Puppies, kittens, lambs and other young animals frolic everywhere. ("I am Fluffy, king of kings. Look upon my cuteness and despair!")

Of course, spring is a time for the "weekend squires" (as The Monkees termed them) to hop aboard their steeds (riding mowers) and resume manicuring or liposuctioning their lawns -- to stay one step ahead of Neighbor Jones. ("Wait'll Jones gets a look at...what? He passed away over the winter? But Welcoming Pines Cemetery has a nationally ranked groundskeeper! My six acres...his

plot...noooooo!")

I'm sure many of you are excited about Major League Baseball's spring training. Maybe one of the players will accidentally discover an equation that keeps the games under two hours. Granted, such a rookie will doubtless keep Jimmy Hoffa company under the pitcher's mound...

Astrophysicists are fascinated by the simultaneous presence of spring-cleaning campaigns and yard-sale shopping in spring. ("That recently cleared corner in the breakfast nook – it has become a black hole capturing knickknacks and thingamajigs in its gravitational field...")

Walk a trail, plant a gar-

Danny Tyree
Tyrades



den. Have that spring fling. Sure, your excitement may be muted because a loved one who really enjoyed spring is no longer around to share it with you; but you could always hire a TV psychic and reconnect. ("I'm getting an image of you laughing...or singing...or cleaning the lint trap...on either weekends or weekdays...with your beloved aunt from your father's side of the family or your mother's side or maybe from a bottle of pancake syrup...")

• Danny Tyree welcomes email responses at tyredes@aol.com and visits to his Facebook fan page "Tyree's Tyrades."



A new top at the Hen House, designed with color blocking for spring



Brilliant earrings for Easter 2022



Henry Hallum, 6, models some of the T-shirts in his mom's booth.



Katie Hallum is the owner of The Hen House, which is located in the North Main Marketplace.



Ladies want to think pink this spring.

The Hen House nearing 1-year anniversary

By DAWN HANKINS
dhankins@t-g.com

As a busy, single mom of Henry, age 6, Katie Hallum likes the flexibility she has as a merchant/booth owner at North Main Marketplace (former Carolyn's dress shop) at 766 N. Main St. She likes being a part of the marketplace community, where everyone seems to have something different to offer from candles to children's books. "The thing I love about North Main is that I don't have to be here 24-7," said the young business owner. She advises that it's always been in the back of her mind to have a stand alone store, but she realizes with such comes a lot of responsibility. Maybe some day there will be a solo Katie and Henry shop, she said. This week at North Main,

she's busy organizing the latest spring jewelry and tops—those with an expressive amount of pastel color blocking this season. Her racks of tops in pink, white and blue truly demonstrate that Easter is just around the corner. Her booth, which is near the entrance into Urban Plantation restaurant, specializes in small to 3x-size clothes. "That's always been important to me, to have something for everybody. Almost all of the pieces can be found small through 3x." In addition to her hoops, hats and tops, the store also includes her son Henry's small toy store. (See 1B for story.) The flexibility from being a booth owner, she said, is advantageous, especially when she needs to be at one of Henry's school functions or spend some extra time with him. She also has



a booth within the Painted Tree in Murfreesboro. Before she brought her line to Shelbyville, last year, she was online only. Now she has the best of both worlds, social and in-person customer assistance, as a booth merchant. She was one of the first merchants to step foot into the North Main Marketplace which will soon celebrate its first year anniversary. She's a Bedford County native, graduating from Shelbyville Central High School in 2006; she served as a SCHS wrestling team mat maid. "It's

good . . . being a single mom, as it was always important to me to still be able to pick my kid up at school and go to all the things I want to. This definitely gives me the flexibility." Katie says her passion is helping customers with clothing selections, whether that be for happy, or sad, occasions. "I feel like I'm a go-to for a lot of people who need something to wear. That makes me happy." The Marketplace is open 10 a.m. to 5 p.m. Monday through Friday; 10 a.m. to 4 p.m. on Saturday; closed on Sundays. Katie makes it into the store a few days a week to talk with customers. North Main Marketplace uses one register for checkout and always has a staff member on hand to assist customers, so there's even more flexibility for



KATIE HALLUM this busy mom and North Main merchant.

Doug

(Continued from Page 1)

but she had trouble finding a religious community that "felt right" for her. It was in 1807 when she heard the voice of the Lord telling her, "Go Preach the Gospel!" Jarena was shocked and told herself, "I can't do that! No one will believe me. The Lord knows I'm a woman and a colored woman. It must be Satan transforming himself into an angel of light." But she continued to hear God's voice, "Go preach the Gospel! I will put words in your mouth, and I will turn your enemies into your friends." Jarena continued to struggle and wrestle with God in prayer, and then the Lord gave her a vision of a pulpit and a Bible. At that moment she knew it was the Lord calling her to preach the Gospel of Jesus Christ. During that time, Jarena was attending services at Mother Bethel African Methodist Episcopal (A.M.E.) Church where Bishop Richard Allen was

the preacher. Allen was a former slave who started the church when the parish he used to attend began segregating its services. Mother Bethel's parishioners were all black, and the people there welcomed Jarena. She finally found a religious community where she felt at home, and she asked to be baptized into the church. Shortly after being baptized, Jarena told the Bishop that she believed God had called her to preach, and she asked him if she could preach there at Mother Bethel sometime. He told her no, and said it wasn't allowed for women to preach. Jarena was very disappointed, and she later wrote: "If the man may preach, because the Savior died for him, why not the woman, seeing He died for her also. Is He not a whole Savior, instead of a half one?" In 1811, Jarena married a preacher in the church by the name of Jason Lee, and she moved with him to New Jersey. She gave birth to six children while there, but only two survived. Throughout her marriage to Lee, Jarena knew God

was calling her to preach, but her husband kept telling her it wasn't allowed for women to be preachers. In 1817, her husband died, so Jarena moved back to Philadelphia, and she started attending services at Mother Bethel again, and her conviction that God wanted her to preach grew even stronger. In 1819, a guest preacher was speaking, and in the middle of his sermon he stumbled over his words and became so nervous he couldn't speak. So, Jarena jumped to her feet and began to preach, finishing the man's sermon. Bishop Allen was so moved by Jarena's preaching that he decided that maybe God had chosen her to be a preacher. Allen authorized her as the first female minister of the A.M.E. Church. It wasn't long and Jarena decided to become a missionary, and she traveled all over the country on foot, preaching to any group of people who would listen. She sought out black people in particular. Jarena later wrote that in her experience most people were kind. Some

gave her rides and places to sleep, provided her with meals, and some even gave her money. She needed all the help she could get. Most male preachers were given a small salary, but women preachers weren't paid. Jarena preached wherever she could: in homes, schools, and open fields. She was part of the spiritual movement that historians now call the "Second Great Awakening," which was a period of intense religious enthusiasm that lasted from the 1790s to the 1840s. Historians say that women flocked to these huge religious meetings, many which were held outdoors; and multitudes of women gave their hearts to Christ in those services. Almost 100 women became preachers like Jarena during this time and they also traveled the country preaching the Gospel. Jarena Lee and the other female preachers of the Second Great Awakening were trailblazers. But Jarena knew suffering in a way that most of the other

women preachers didn't know because of the color of her skin. Yet, the Holy Spirit fueled her evangelism. In her autobiography, "Religious Experience and Journal of Mrs. Jarena Lee," she wrote: "O how careful ought we to be, lest through our by-laws of church government and discipline, we bring into disrepute even the Word of Life. For as unseemly as it may appear now-a-days for a woman to preach, it should be remembered that nothing is impossible with God. And why should it be thought impossible, heterodox, or improper for a woman to preach seeing the Saviour died for the woman as well as for the man?" "Did not Mary first preach the risen Saviour, and is not the doctrine of the resurrection the very climax of Christianity—hangs not all our hope on this, as argued by St. Paul? Then did not Mary, a woman, preach the gospel? for she preached the resurrection of the crucified Son of God. But some will say that Mary did not expound

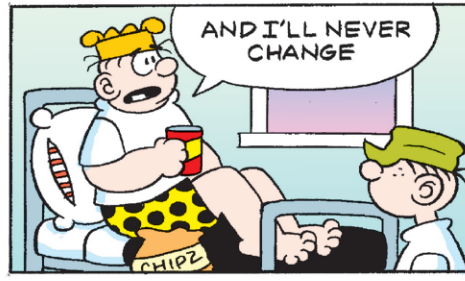
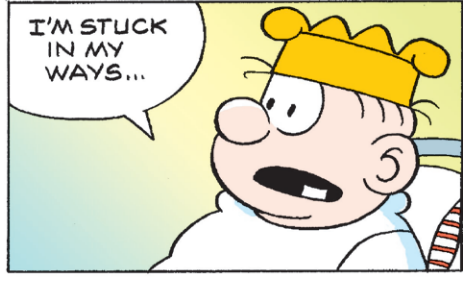
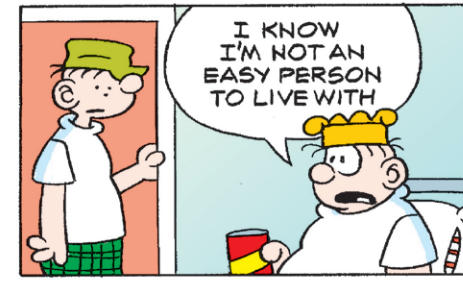
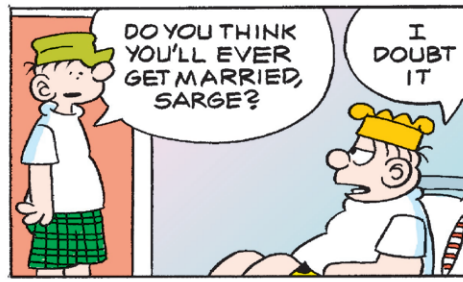
the Scripture, therefore, she did not preach, in the proper sense of the term. "To this I reply, it may be that the term preach in those primitive times, did not mean exactly what it is now made to mean; perhaps it was a great deal more simple then, than it is now—if it were not, the unlearned fisherman could not have preached the gospel at all, as they had no learning...As for me, I am fully persuaded that the Lord called me to labor according to what I have received, in His vineyard. If he has not, how could he consistently bear testimony in favor of my poor labors, in awakening and converting sinners?"

• Doug Dezotell is a local pastor and a columnist for the Times-Gazette. He can be contacted at 931-607-5191 or by email at dougmdezetell@gmail.com. You can also find him in the pulpit at Cannon United Methodist Church on Sundays at 11 a.m. The church is located at 1001 So. Cannon Blvd. in Shelbyville.

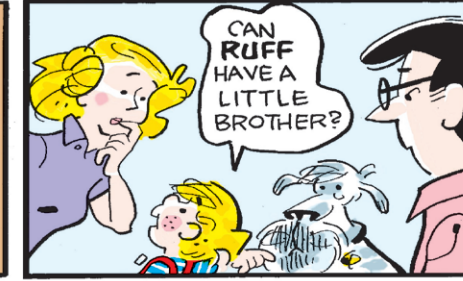
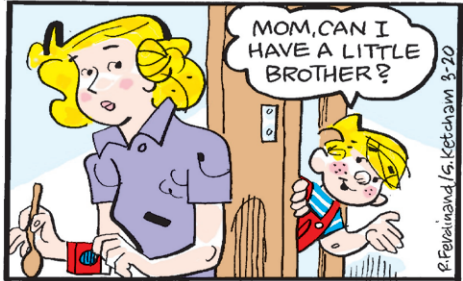
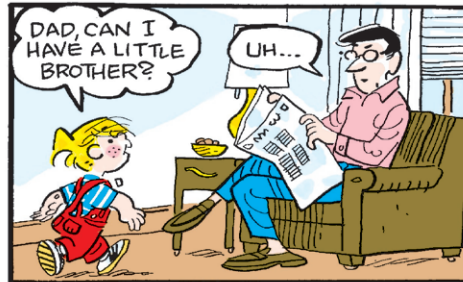
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SATURDAY, MARCH 19, 2022

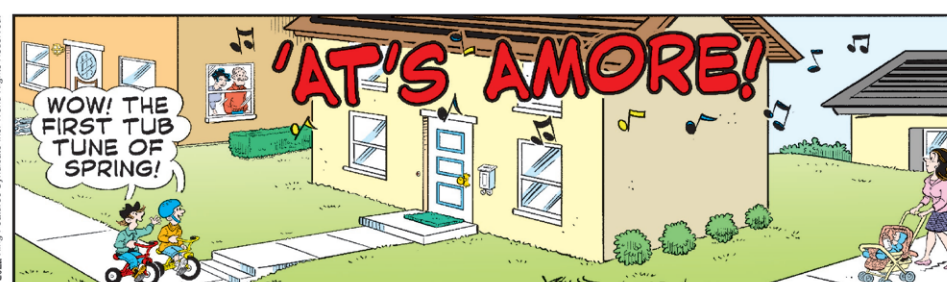
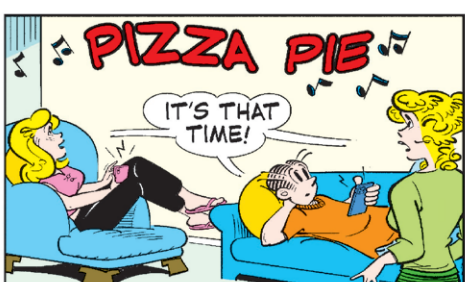
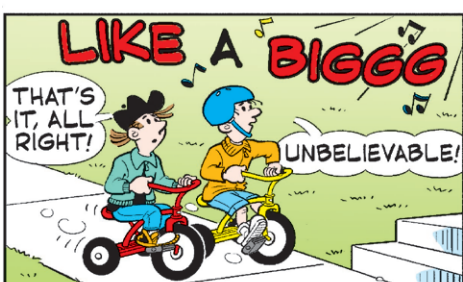
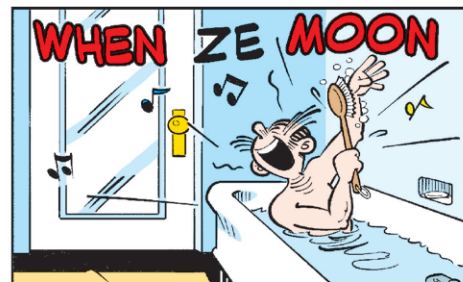
Mort Walker's beetle bailey



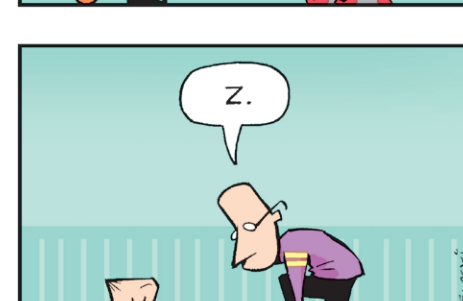
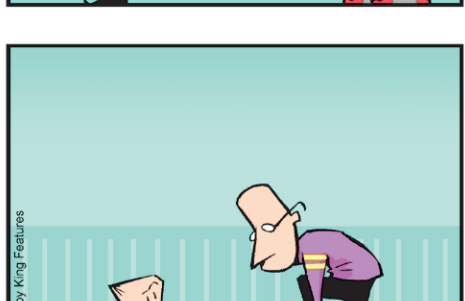
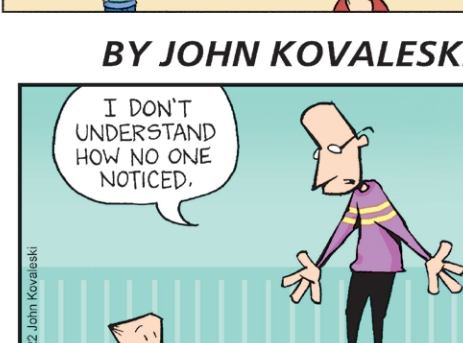
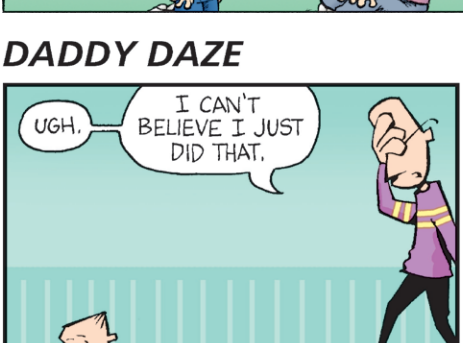
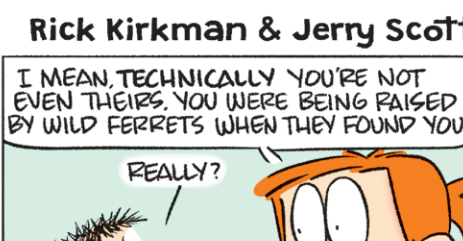
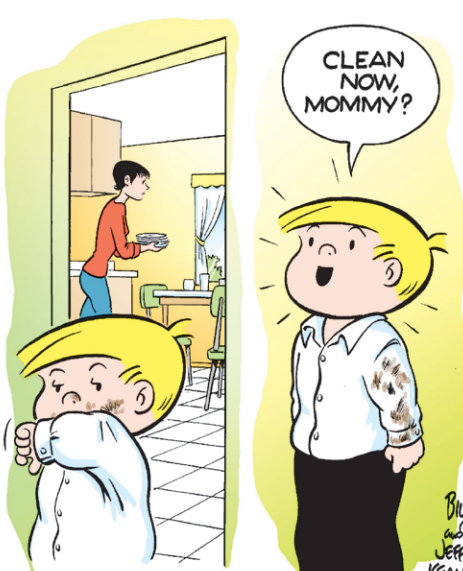
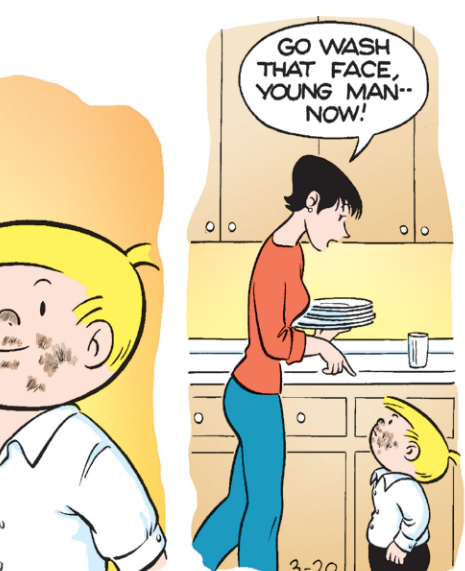
Hank Ketchum's Dennis the Menace Oh Brother!



BLONDIE BY SEAN KEENE & JOHN MARSHALL



The FAMILY CIRCUS By Bill Keane



Baby Blues

Rick Kirkman & Jerry Scott

DADDY DAZE

BY JOHN KOVALESKI

SALLY FORTH

by Francesco Marciuliano

3-20

FIRST DAY OF SPRING! YOU KNOW WHAT THAT MEANS!

IS...IS MOM TELLING US IT'S TIME FOR SPRING CLEANING WITHOUT TELLING US IT'S TIME FOR SPRING CLEANING?

NO DOUBT SHE'S TIRED OF FEELING LIKE SHE ALWAYS HAS TO BE IN CHARGE. SHE WANTS TO RELY ON US, NOT JUST WAIT FOR US TO FOLLOW HER LEAD.

WE SHOULD BE MORE WILLING PARTICIPANTS. NOT JUST DO SOMETHING BECAUSE WE'RE ASKED TO.

AFTER ALL, THAT'S WHAT TEAMWORK IS. I MEAN, WHEN I WAS YOUR LITTLE LEAGUE COACH, I DIDN'T WANT TO HAVE TO TELL EVERYONE WHAT THEY SHOULD DO. AT A CERTAIN POINT YOU JUST—

KEEFE

FOR THE LOVE OF— I WALKED COMPLETELY AROUND THE HOUSE AND YOU TWO ARE STILL ON THE COUCH?!

NO, NO! JUST DIGESTING YOUR INTENT!

I'LL GET THE VACUUM CLEANER.

The PHANTOM

by LEE FALK

I NEED THESE GIRLS TO BE COOPERATIVE...

YOU'RE IN, MAN!

I ALWAYS TAKE CARE OF YOU, DON'T I?

DUDE, WHAT'S YOUR PROBLEM? YOU JUST GOT PAID, DIDN'T YOU?

WHAT A DOPE...

C'MON, MAN, HURRY UP! I ALREADY TOLD MY GUY TO GET DOWN HERE IN THE LIMO TO COLLECT THE MORI GIRLS.

YOU'RE UP, MY FRIEND! WHAT'S YOUR PLEASURE?

I STILL SAY YOU'RE STUPID... JUST DON'T BE STUPID ENOUGH TO POINT AT ME WHEN YOU GET CAUGHT!

UHP!!!

Tony DePaul & Jeff Weigel 3-20-22

Hi and Lois

by BRIAN and OREG WALKER

WHAT A BEAUTIFUL SUNRISE!

THE WEATHER WILL BE WARMING UP SOON...

THE FLOWERS WILL BE BLOOMING...

THE BIRDS WILL BE SINGING...

THE GRASS WILL BE GROWING...

IT'S THE FIRST DAY OF SPRING!

BUT NOT THE LAST OF WINTER.

3-20

3-20

ZITS

BY JERRY SCOTT AND JIM BORGMAN

THE SUN IS UP, THE SKY IS BLUE! IT'S BEAUTIFUL AND SO ARE YOU...

HERE COMES THE SUN! HERE COMES THE SUN! IT'S ALL RIGHT...

DO-DO-DO-DO DO-DO-DO-DO DO-DO-DO-DO DO-DO-DO-DOO...

WOKE UP, FELL OUT OF BED, DRAGGED A COMB ACROSS MY HEAD...

OKAY! OKAY!

YOU LOOK WIDE-AWAKE THIS MORNING

MOM'S SINGING IS LIKE SMELLING SALTS FOR THE EARS.

3-20

3-20

THE LOCKHORNS

BY BUNNY HOEST AND JOHN REINER

"WHAT LEROY MEANT TO SAY IS THAT HE WAS IN THE TOP TEN PERCENT OF THE BOTTOM TEN PERCENT OF HIS CLASS."

"I HAVE ONE MORE FACEBOOK FRIEND THAN HE DOES."

3-20

FUNKY WINKERBEAN

by TOM BATTIK

YOU KNOW WHY I'M STILL WEARING A MASK?

BECAUSE YOU HAVE A LOT OF VARIANTS IN HERE!

HOW DROW... EXPECT A CEASE-AND-DESIST ORDER FROM ORVILLE REDENBACHER.

WHERE'S CRAZY HARRY? HE'S GOT THE WEEK OFF.

WANT ME TO FILL IN? CAN YOU SORT MAGIC CARDS?

HE CAN'T! I CAN ANSWER FOR MYSELF, THANK YOU, MR. SMART GUY!

HE'S NOT WRONG... I'VE GOT NO CLUE.

3-20

THE SALESWOMAN AT THE SHOE STORE SAID I'M A 10!

3-20

SLYLOCK FOX and COMICS FOR KIDS

BY BOB WEBER JR.

Slylock Fox captured Harry Ape under a tree in the Redwood National Park as the ape was counting money he robbed from a bank. The forest floor was covered with dry fallen leaves, yet Slylock was able to very quietly sneak up on Harry. How was that possible?

WELCOME BACK, HARRY!

HOW TO DRAW a rearing horse

YOUR DRAWING

Today's terrific artist is Rosa, age 8

HORSE FACTS

- Horses can only breathe through their nose.
- Horses can't vomit or burp.
- Horses can sleep both lying down and standing up.
- Horses can move their eyes separately.

Submit your drawing to www.slylockfox.com

Spot six differences between these panels.

Answer - Nail, grill, water drop, flower, dog and glass.

NEW! Slylock Fox: Spot the Six Differences book is here! Available at www.slylockfox.com

"DON'T WORRY, LORETTA... I'M JUST HITTING DUST BALLS I FOUND UNDER THE SOFA"

"I HAD THAT FLYING DREAM AGAIN LAST NIGHT."

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T-G Photos by Dawn Hankins

From left, Sam and Jennifer Trott stand in front of their former sawmill with employees, Miguel Angel Diaz Nieto, Dustin Brown, and Luis Cervantes—all who plan to continue to work with Sam in the timber operation.



This ash tree is the only one still on the Trott Farm. The reason: the Emerald Ash Borer, a beetle which eats away at the inside, causing the bark to fall off. Sam says for this reason, ash lumber is becoming extinct.

Trotts ready to enjoy grandparent years

Downsizing the lumber yard

By DAWN HANKINS
dhankins@t-g.com

Now that they've closed their sawmill operation, Sam and Jennifer Trott hope some traveling is in their future. To beaches, perhaps, not lumber yards. Of course babysitting their 6 grandchildren is on the top of the list.

"I call it semi-retiring," says Jennifer. "I still have the bookwork, because he's going to continue to log, for a while; he had obligations to fulfill . . . I still help measure and there will be some sorting of logs I will have to do."

Sam says as long as this logging operation can thrive without him on some days, he's all for taking some vacations. But, there are still obligations before he can completely close his business. "I'll get through this year and next year, it may go. That's probably the plan . . . phase out the logging operation."

Sam credits his success to honesty and integrity. "We're hands on. We've never sat in the office and said, you do this, you do this. That's why I've been with the logging crew; she's been with the sawmill. That's the only way we could make it work."

Simple truth: they admit that no one else could do it the way "it should be done, properly."

"They can call it micro-manage, if they want to, but you have to, or you don't see anything at the bottom line," says Jennifer. Then there's the expense of all the logging equipment. Their sawmill equipment is actually not that old and was another necessary investment.

"It's so expensive and you never feel like you ever get ahead," she says.

Sam adds that thankfully, the timber he needs to continue to operate the logging operation is still readily available in this area.

This once "Logger of the Year" confesses how about 15 years ago, there were times he thought

he was going to run out of timber. "I've been so blessed. God has always supplied . . . always supplied. That's all I can say."

Jennifer's cell phone rings. She explains to the caller about the measured lumber she has left in stock.

If there's war stories to be told within the timber business, Sam and Jennifer have a few. Truth is, he's now 66 and she's 62 and the work is getting more labor intensive.

While sitting in their now quiet mill area, they openly share their stories about broken bones, knee and leg issues—all very likely caused from all that climbing in and out of equipment, she explains. Sam says he's blessed to have had Jennifer by his side all these years. "She runs the loader . . . managing everything. And she had to go home and cook supper and all that other stuff . . ."

As well, Jennifer says that Sam often put in 14 to 16-hour days. She says it's miraculous that they both still have all their fingers and toes. On one of her final runs the other day, she tore off a fingernail.

The two say sadly, they often feel "worn out" by Sunday. But keeping the faith, they both agree, is what has sustained their business and marriage throughout the decades. They've been long-time members of Shiloh United Methodist Church in Wheel and are currently involved in the Walk to Emmaus event (based on Book of Luke in Bible.)

"If it wasn't for The Good Lord, we wouldn't be here," advises Sam. "A pastor once said, 'I don't see how you all make it.'"

Jennifer adds, "He was right here, praying over our business, because we were struggling so bad at that time."

Sam says he's the kind of man who strives to put his faith into practice. "It's not a weekly thing for us, it's a daily thing."

Sounds of big diesel engines can be heard



From loader work to bookkeeping, Jennifer Trott has been a vital part of their sawmill operation for most her her life. She's ready to spend time with family and grandchildren, she said this week.

across the Halls Mill area, where workers load timber. As for current fuel costs, that's another stressor. "It's ridiculous," says Sam.

The stops and re-starts

Sam's been on the same farm all his life. The family's spacious, rolling acres naturally have the appearance of a country plantation—one filled with a lot of lumber.

Over the years they acquired a lot of acreage, but sold 47 acres about 2 years ago and have about 160 left on Card Road. They have about 106 acres over in the nearby Wheel community.

Right after his high school graduation, Sam's family—brothers Daniel (now deceased), Paul and father, Marcus Trott Jr. (now deceased)—started the sawmill in 1974.

As a result of poor economic times in the 1980s, Sam's family opened a dairy operation. They closed the sawmill business.

The brothers moved on to other business interests. So, in 1983, Sam and Jennifer re-opened Trott Lumber Mill Inc. at the present location.

They were young and their business goal was

to cut, process and log it all. Their operation videos have been shown how they've done just that.

Naturally Sam's a bit sad these days, as his father operated that sawmill first. But, he says it's time for his family to live a little, now.

With all they know, would they do it again? While they were not quick to answer that question, they sort of explained in chapters, that is, some of the bad, some of the good.

Perhaps the financial struggles over the decades might be a negative. "In the beginning, with all this expensive equipment . . . years of struggle," Jennifer explains.

But time well spent with their children was certainly a plus. They believe they instilled into their kids how a person must work and save money to make a good living.

"It's not all about the money. There were benefits from being here together. Then, there were those other days," Jennifer says with a hearty laugh.

There were certainly very long work weeks. That might be a negative in one way, Sam says. But working together during those hours also taught them how to be encouragers of one another.



Sam Trott will continue to operate the timber operation at Trott Lumber Inc. He began working with his dad, Marcus Trott Jr., back in the mid 1970s.



The timber operation will continue at Trott Lumber in the Halls Mill community, at least for a while, Sam Trott said this week. But the sawmill—a big part of Bedford County history—is gone.



While it looks quite peaceful, Trott Lumber Inc., can be a noisy place.

"Otherwise, we would have quit a long time ago," Jennifer explains. "Back in the 1980s and 1990s, it was awful."

Truly, there's a lot of money which has to go back into such an operation. With the current economy, they are convinced the timing is right for them to downsize.

Their spiritual life lessons bear repeating, they admit. They'd likely, though, tweak some things along the way. But for now, they relish in those life experiences as a gift.

Sam, who was obviously

reared into a life of "hard work," believes there likely there's greater purpose behind the Trott Lumber Inc. legacy.

"We've always tried to plant seeds . . . We've always tried to express our faith in God to employees and just let people know that without God, we couldn't have made this. My statement was from the beginning that we were going to be honest . . . do things right. If we make it, we make it. If we don't, we don't. It's all up to The Good Lord."



Timber is in abundance at Trott Lumber Inc., for which Sam, owner, is thankful.



Things are looking a little different at the former sawmill.



Sam and Jennifer Trott admit that running a lumber operation is not for the faint of heart, but takes a great faith. Sam says he's been blessed with enough timber to continue his operation over the years, but some years were close.



Sam and Jennifer Trott officially closed their sawmill this week on Card Road. The equipment was purchased by a liquidator. The family has been in lumber business for nearly 40 years.



Paws for a Cause 5K Run 1-Mile Fun Walk

Sponsored by Middle Tennessee Spay and Neuter Clinic (MTSNC)
 Saturday, April 30
 7:30–8:45 a.m.
 Registration at 9:00 a.m. Calsonic Arena Pavilion, 721 Whitthorne St.
 5K Race/Walk time 9:10 a.m.
 Pets are welcome but must be on a leash, have all vaccines and be friendly.



Amazing benefits to seniors having pets

Pets bring much joy to the lives they touch. So it should come as no surprise that the 2019-2020 National Pet Owners Survey, which was conducted by the American Pet Products Association, found that about 85 million families in the United States own a pet.

Pets offer companionship and unconditional love. While they are fitting for any family, seniors may find that having a pet is especially beneficial. The organization A Place for Mom, which helps match families with senior living residences, says pets provide a comfort system that produces measurable health results. Caring for pets and being around them can produce a chemical chain reaction in the brain that may help to lower stress hormones while also increasing production of the feel-good hormone serotonin.

This is not the only health benefit pets may provide. A recent study from the Mayo Clinic, which looked at 1,800 people between the ages of 25 and 64 who had healthy hearts, found that almost half owned a dog. Having a dog was likely to spur heart-healthy behaviors, like exercising with the pet, eating well and having ideal blood sugar levels.

Pets also provide emotional support and companionship that can help seniors — including those who may be divorced or widowed — feel more secure and happy. The National Poll on Healthy Aging found that, among respondents who had pets, 88 percent said their pets helped them enjoy life, and 86 percent said their pets made them feel loved.

Seniors considering getting a pet can explore the many benefits to doing so.

- **Reduce pain:** A 2012 study published in Pain Magazine found therapy dogs provided “significant reduction in pain and emotional distress for chronic pain patients.”

- **Feeling of purpose:** Caring for an animal not only stimulates physical activity, but it also can give seniors a reason to get up and go, which equates to a feeling of purpose.

- **Altered focus:** Having a pet can help seniors focus on something other than physical or mental health issues and preoccupations about loss or aging, according to New York-based psychologist Penny B. Donnenfeld.

- **Increased physical activity:** Pets require care, and that interaction can get seniors moving more than if they didn't have a pet.

- **Improved health:** Ongoing research from Harvard Medical School has found dog owners have lower blood pressure, healthier cholesterol levels and lower risk of heart disease than those who don't own a dog.

- **Stick to routine:** Caring for pets helps seniors maintain a routine. Having structure after retirement can be important to ward off risk of depression. Staying on top of feeding, grooming and other pet needs also can help prevent cognitive decline.



T-G Photos by Dawn Hankins

While winter pool at Tims Ford Lake is moving slow, it won't be long before summer pool takes over and the lake will be full.

Spring brings lake life

Been to the lake during these warm days? On Wednesday, it seems the clouds were just right for cruising and viewing some Tennessee State Park lakes.



While rain is forecast, the sun always seems to shine near the lake.



The trees are thin at the lake right now, but soon, campers and picnic fans will have full shade. See the Tennessee State Parks website for rules regarding lake life.

CHURCHES HELP WITH BLESSING BOXES

Blessings Boxes continue to grow, providing food and essentials for free to anyone in need. Organizers do ask that takers be mindful of not wasting the food, etc., as a lot of people are in need right now. Bird Street Church of Christ offers a blessing box to those in need.

T-G Photos by Dawn Hankins



BEDFORD COUNTY DEVOTIONAL PAGE



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Times-Gazette SPORTS

C

www.t-g.com/sports
Saturday, March 19, 2022

Champs can't get past slow start vs. Huntland

By CHRIS SIERS
sports@t-g.com

Despite a solid outing from senior Tyler Knight, the Cascade Champions were unable to generate the needed offense behind him and fell, 4-0, to visiting Huntland on Thursday afternoon.

The righty flamethrower notched 13 punch outs over five innings pitched, but was tagged for four runs on five hits, two of which were earned.

Huntland struggled in the early goings and both teams sat in a scoreless stalemate after three innings.

It wasn't until a three-run fourth inning that Huntland broke the game open.

Huntland added a fourth run in the top of the sixth inning.

Jonathan Crosslin worked the final two innings in relief and gave up just one hit, while striking out two.

Daxton Hittson led Cascade at the plate with a pair of singles, while sophomores Conner Melson and Caden Hammonds each doubled.

Cascade will be back on its home field on Monday, hosting Cornersville at 5 p.m.

Huntland 000 301 0 — 4
Cascade 000 000 0 — 0
Cascade: Caden Hammonds 1-for-2, Conner Melson 1-for-3, Daxton Hittson 2-for-3, Hunter Lemmons 1-for-4, Ryan Inmon 1-for-3.

Eagleville 11, Cascade 1

EAGLEVILLE — The Eagleville Eagles dashed Cascade's hope of a strong opening start on Tuesday in an 10-1 win over the Champions in the 2022 season opener.



ABOVE: Senior righty Tyler Knight delivers a strike in the second inning against Huntland on Thursday evening. He finished with 13 punch outs in the game.

RIGHT: Sophomore Conner Melson knocks a double to center field against the Hornets.

The Eagles plated four runs in the second inning and added three more in the third to take a 7-0 run.

Eagleville tacked on two more in the sixth and a final run in the seventh.

Cascade was able to scrap just one run across the plate on a RBI by Sawyer Lovvorn.

Chance Brown led the

Champs at the plate with a pair of hits to account for Cascade's offense.

On the mound, Cascade split work among four pitchers, with Zach Crosslin putting in 2 2/3 innings of work.

Cascade 000 001 0 — 1 2 1
Eagleville 043 021 x — 10 7 1

Cascade: Chance Brown 2-for-3, WP: Baker, LP: Bates



Eagles struggle against Nolensville in opener



First-year head coach Chase Jones looks to rally the Golden Eagles between innings in Shelbyville Central's loss to Nolensville on Monday evening.

By GARY JOHNSON
gjohnson@t-g.com

Shelbyville Central's Golden Eagles fell 13-1 to talented Nolensville in the season-opener at home on Monday evening.

The winners banged out a dozen hits with Quentin Jenkins collecting three hits, including a pair of doubles.

Left-hander Ethan McElvain, a Vanderbilt commit, got the start on the mound, going three innings while allowing two hits with nine strikeouts and five walks to claim the win.

Marquis Wilson, Carston Williams, Caden Thomas and Kyler Trice each singled for the Eagles.

Nolensville 053 14 — 13 12 1
Shelbyville Central 000 10 — 1 4 2
Nolensville: Eric Harper 1-for-2, Tyler Hummel 2-for-4, Ryan Stein 1-for-4, Ethan McElvain 2-for-4, Quentin Jenkins 3-for-4, Landon Dismang 2-for-4, Deakin Wimmer 1-for-1.
Shelbyville Central — Marquis Wilson 1-for-2, Carston Williams 1-for-2, Caden Thomas 1-for-3, Kyler Trice 1-for-2.
WP: McElvain
LP: Wilson

Final innings prove costly in Viking loss

By RICKEY CLARDY
Sports Writer

COMMUNITY — The Community Vikings raced out to a 4-0 lead and tied the game at 8-8 after six innings, but the Vikings had trouble getting the Eagleville Eagles out in the final two innings as the Eagles took a 20-8 win in a baseball matchup Thursday night.

Community (2-1) outthit the Eagles 11-9 and Viking pitchers recorded 12 strikeouts, but Eagleville benefited from 14 Community

walks and four errors along with a hit batsman to come from behind for the win.

The Vikings used three hits to take the lead in the opening inning.

Singles by Corey Paterick and Dylan Norris set the stage for a two-run double by Mason Russell. Drew Harris followed with a run-scoring single as Community led 3-0.

Community added to its lead in the second.

A Paterick single and a Maki Fleming double put runners in scoring position

See photo, page 2C

and led to a RBI-single by Sam Holley as the Vikings went up 4-0.

Meanwhile, Viking starter Norris kept the Eagles at bay through the first three innings before Eagleville broke the ice with three runs in the fourth to cut the Community lead to 4-3.

Norris struck out 10 batters in his four innings of work before a large pitch count curtailed his time on the mound.

The Eagles erupted with five runs in the sixth inning to take an 8-4 lead before the Vikings bounced back in the bottom of the inning.

After two were out, Russell drew a bases-loaded walk to cut the Eagleville lead to 8-5.

Holley proceeded to clear the bases with a 3-run double to tie the game at 8-8.

It was a long top of the seventh as the Eagles scored 12 runs on just three hits. Seven Viking

walks and one error helped Eagleville send 16 batters to the plate as the Eagles finished the scoring for the night.

Holley and Paterick each had two hits to lead the Vikings as nine Community players collected at least one safety.

The Vikings were scheduled to play at Culleoka on Friday.

Eagleville 000 305 (12) — 20 9 0
Community 310 004 0 — 8 11 4
Community: Sam Holley 2-for-3, Corey Paterick 2-for-3, Dylan Norris 1-for-1, Blaine Paschal 1-for-1, Drew Harris 1-for-2, Mason Russell 1-for-3, Gage Underwood 1-for-3, James Beech 1-for-3, Maki Fleming 1-for-4.



Money wins in MLB

Baseball drives me crazy sometimes. I feel like in today's era, the game has changed so much from what made it so great.

Sure, the lockout sucked and didn't do anything, in my opinion, to make the game better.

Bases are bigger, there's a universal designated hitter and defensive shifts are now banned.

While the specifics of banning shifts and a universal designated hitter can be addressed, my biggest beef with what the game has become has to do with my beloved Cincinnati Reds.

For 32 years, I've sat in baseball purgatory, wondering if I would ever see another championship brought back to the Queen City.

In 2012, Cincinnati had arguably its best team in 20 years and actually got up 2-0 in the NLDS round against eventual World Series champion San Francisco.

Since then, the Reds ownership hasn't been committed to paying big name players needed to compete in today's game.

In fact, just this past week, the Reds blew up arguably the most competitive roster in a decade because owner Bob Castellini simply refuses to commit to winning.

It costs money to be an owner in a league without a salary cap and at the end of the day, you've got to be willing to put ink on the check and deliver for your fans and your city.

Instead, Castellini traded off several fan favorites in what baseball pundits across the league called a massive salary dump and firesale.

While there's certainly a business side of the game and small market clubs often struggle to retain big name players, this is the same old song and dance that Reds fans have been subjected to for years.

The only player left from the 2012 playoff team is first baseman Joey Votto, who is now a 15-year veteran approaching age 40.

Now what does all this have to do with anything?

Freddie Freeman, the 2020 MVP, just a single offseason after helping lead Atlanta to its first World Series title in 26 years became a free agent, much to the dismay of Braves fans across the land.

This is where the ugly business of baseball takes hold.

Atlanta simply wasn't going to pay Freeman the big paycheck he was shopping for, which ultimately left only big market clubs, like the Dodgers, Yankees and Red Sox, in the hunt for the former Atlanta first baseman.

It just strikes me odd that in an era with baseball fans and viewership leaving the sport in droves, something needs to be addressed to put fans in the stands and keep them there.

On one hand, you have a fan favorite like Freeman who willingly leaves his club for Los Angeles, who

See Siers, Page 2C



T-G Photo by Rickey Clardy

Dylan Norris (10) delivers a pitch for the Vikings.

Siers

(Continued from Page 1C)

offered up a six-year, \$162 million deal.

On the other hand, you have penny pusher owners like Castellini who don't want to pay much above league minimum deals, and ships out fan favorites to save money for himself.

I don't know what the answer is. I don't know

how you can successfully address both ends of the spectrum.

What I do know is this—without fans, there is no game. Both players and owners alike need to keep that in mind when it comes time to sign a new contract or write a check.

• Chris Siers is sports editor of the Times-Gazette. Email him at sports@t-g.com.

SCHS netters split with Moore Co.

T-G STAFF REPORT

The Shelbyville Central tennis squads split with Moore County during the season-opener on Monday afternoon.

The Raiders defeated the Eagles, 6-1, while the Eaglettes took a 5-2 win over the Raiderettes.

In the boys side, the Raiders took a clean sweep against Shelbyville, with No. 1 Jackson Benson giving the Eagles their closest singles match, despite an 8-6 final score.

Benson, along with doubles partner Justin Spence, gave the Eagles their lone victory of the match in doubles, defeating Neil Childress and Cade Hipps, 8-4.

For the Eaglettes, Ainsley Noel, Emma Habel and Rachel Phillips all claimed singles victories, with Noel taking the No. 1 seed by defeating Audrey Harder, 8-4.

Habel swept Jada Ivey at the No. 4 seed, 8-0, while

Phillips also took a convincing, 8-1 win.

In doubles, it was Noel and Caitlyn Burdick that took the 8-3 win at the No. 1 seed, while Vivian Fernandez and Habel were able to grind out a hard-fought 8-6 win.

Boys

- Moore Co. 6, SCHS 1**
Singles
 1. Alex Copeland (MC) def. Jackson Benson (S), 8-6.
 2. Neil Childress (MC) def. Justin Spence (S), 8-3.
 3. Cade Hipps (MC) def. Zacari Draine (S), 8-0.
 4. Laten Logan (MC), def. Addison Wilson (S), 8-4.
 5. Sawyer Parks (MC), def. Hevi Morales (S), 8-4.

Doubles

1. Benson/Spence (S), def. Childress/Hipps (M), 8-4.
 2. Logan/Brann (MC), def. Draine/Wilson (S), 8-4.

Girls

- SCHS 5, Moore Co. 2**
Singles
 1. Ainsley Noel (S) def. Audrey Harder (MC), 8-4.
 2. Chloe Brant (MC) def. Caitlyn Burdick (S), 8-6.
 3. Anna Harder (MC) def. Vivian Fernandez (S), 8-1.
 4. Emma Habel (S) def. Jada Ivey (MC), 8-0.
 5. Rachel Phillips (S) def. Abbie Day (MC), 8-1.

Doubles

1. Noel/Burdick (S) def. Harder/Harder (MC), 8-3.
 2. Fernandez/Habel (S) def. Brant/Day (MC), 8-6.



T-G Photo by Rickey Clardy

Hannah Smith of the Viqueens reaches base. Smith led Community with two singles.

Viqueens come from behind for opening day victory

By RICKEY CLARDY
Sports Writer

UNIONVILLE—The Community Viqueens used a 5-run sixth inning to take the lead and went on to defeat the Culleoka Lady Warriors 6-3 in the Viqueen softball season opener Thursday.

After the Lady Warriors took a 1-0 lead in the top of the fourth inning, the Viqueens knotted the score in the bottom of the inning.

Abi Brown reached base on a walk and later scored as Community tied the game at 1-1.

Culleoka scored two runs in the top of the sixth to take a 3-1 lead, but once again the Viqueens bounced back. Community used hits by Taylor Wessner, Brown, Haley Mitchell, and Hannah Smith to score five runs to take a 6-3 advantage and end the scoring for the game.

Smith led the Viqueens with two

singles.

Hailey Farrar started on the mound for the Viqueens with Mitchell in relief.

Community is scheduled to play in the Zion Christian Academy Classic this weekend.

Culleoka 000 102 0 — 3 7 0
 Community 000 105 x — 6 7 0
 Community: Hannah Smith 2-for-3, Abi Brown 1-for-2, Zoey Dixon 1-for-2, Abby Murrill 1-for-3, Taylor Wessner 1-for-3, Haley Mitchell 1-for-3.



Shelbyville Central senior Jaleigha Harris belted a double and single in the season opener at home against Moore County on Monday evening.

T-G Photo by Gary Johnson

Transgender athlete claims swim title

ATLANTA (AP) — Lia Thomas took control in the final 100 yards of the 500-yard freestyle to make history Thursday as the first transgender woman to win an NCAA swimming championship.

Thomas, the University of Pennsylvania senior who entered the NCAA women's swimming and diving championships as the top seed, had a season-best time of 4 minutes, 33.24 seconds.

"I didn't have a whole lot of expectation for this meet," said Thomas, a former male swimmer for Pennsylvania. "I was just happy to be here and race and compete the best I could."

Virginia's Emma Weyant

was second at 4:34.99.

The race was close until the final 100 yards, with Weyant and Erica Sullivan of Texas pushing Thomas for the lead. The three swam in lanes three through five, adding to the drama, with Thomas in the middle.

As was the case in Thursday morning in a preliminary win, Thomas was stronger at the end. She won the preliminary race at 4:33.82.

Sullivan was third at 4:35.92. Stanford's Brooke Forde was fourth at 4:36.18.

Thomas also is the top seed in the 200 freestyle Friday and is the 10th seed in the 100 freestyle Saturday.

Moore Co. hands Eaglettes opening loss

By GARY JOHNSON
gjohnson@t-g.com

Shelbyville Central's Golden Eaglettes dropped their season opener 7-2 to visiting Moore County on Monday evening.

Moore County scored a pair of runs in the first frame, four off an Anysten

Metcalfe grand-slam in the second and added a run in the third inning.

The Eaglettes' lone runs came in the fifth inning.

Paisley Logan got the win in the circle.

Shelbyville Central also lost to

Eagleville and Forrest this week.

Moore County 241 000 0 — 7 7 2
 Shelbyville Central 000 020 0 — 2 5 3
 Moore County: Emilee Moorehead 2-for-3, Anysten Metcalfe 1-for-4, Paisley Logan 1-for-4, Chloe Brazier 2-for-3, Annaleigh Ross 1-for-3.
 Shelbyville Central: Jaleigha Harris 2-for-3, Alyvia Smith 1-for-3, Abbi Storey 1-for-2, Kaydence Rippey 1-for-2.
 HR: Metcalfe
 WP: Logan
 LP: S. Brown



Drake Hodge speeds through the Rocket defense and fires a shot on goal.

T-G Photo by Chris Siers

Champs crush Rockets 9-3 in home opener

By **CHRIS SIERS**
sports@t-g.com

There was plenty of offense to go around in Cascade's victory against Forrest on Thursday afternoon.

Seven Champions scored in the 9-3 blowout.

Cascade got the scoring started four minutes into the match

when senior Drake Hodge was taken down in the box and a penalty kick was awarded to the Champs.

Freedom Williams took the following PK and promptly put the Champs up 1-0.

After a lull in action for the following 14 minutes, Hodge again facilitated a Cascade

score after he took a corner kick, weaved through the Rocket defense and connected off the crossbar to put Cascade up 2-0.

The Rockets answered barely three minutes later with the first Forrest goal of the night, only to see Hodge get taken down again in the box, once again setting up a Cascade penalty kick.

This time, it was Isaac Chappa who connected to put Cascade up by two goals.

The Champs went on to score two more times in the half and led 5-2 at the intermission before closing the game on a 4-1 run in the second half.

Hodge, along with Ivan Draine, each netted a pair of

scores, while Sam Bossam, Pablo Sola, Carlos Velasquez, Chappa and Williams each scored one in the win.

The Champs will be back in action on Tuesday, hosting Shelbyville at 6 p.m.

Forrest	2 1 — 3
Cascade	5 4 — 9

Eagles claim opener

By **GARY JOHNSON**
gjohnson@t-g.com

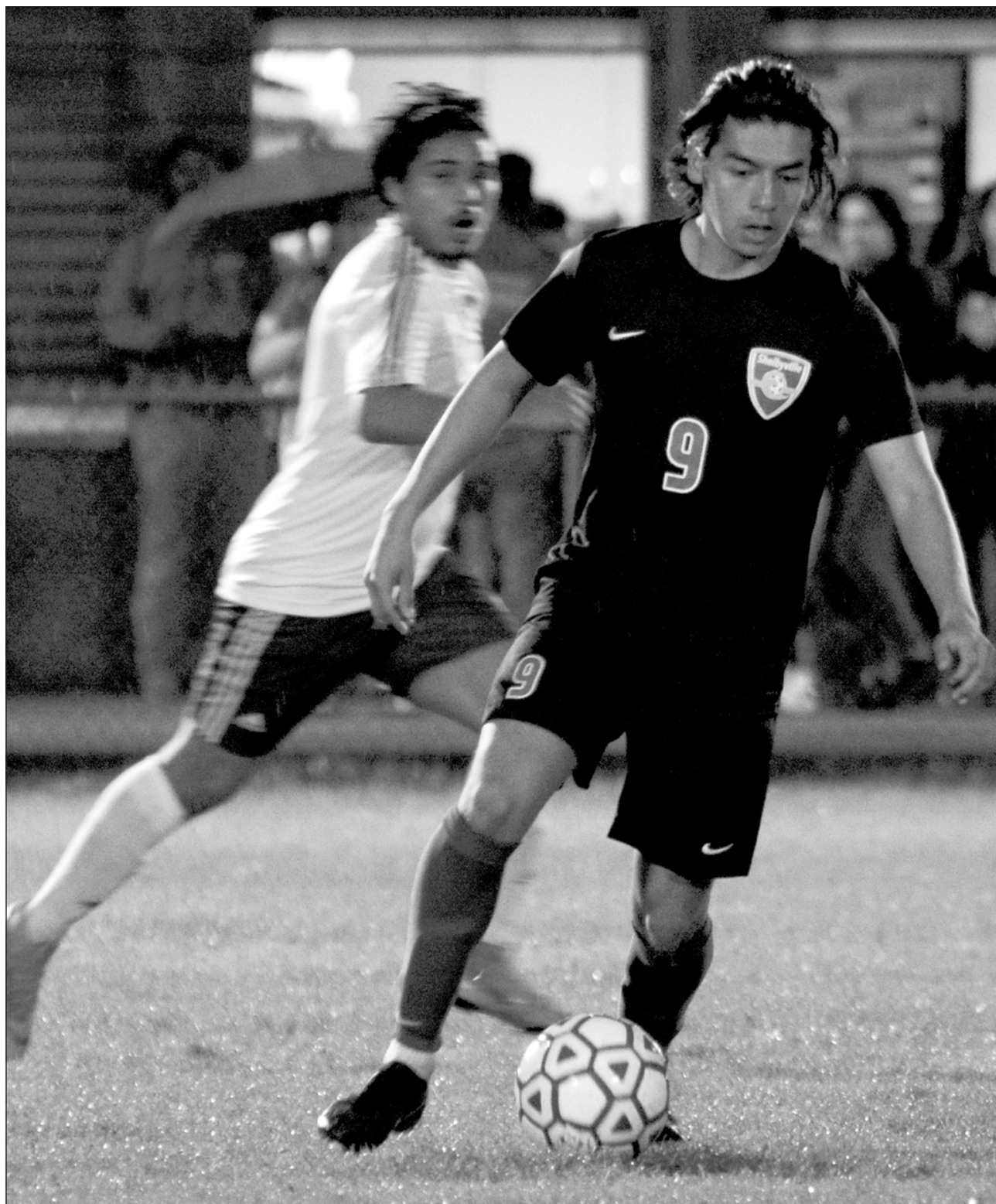
Shelbyville Central's Golden Eagle soccer team defeated visiting Riverdale 3-1 in the opening game of the season on Tuesday evening.

Kolby Themm scored off and assist from Oscar Ramirez.

Minutes later, Yahir Cervantes found the back of the net off a free kick with the Eagles third score coming off an on-goal by a Riverdale player.

"We came out early with a high press and some quick passing, then in the second half, they really brought the press and we struggled to find a way out for most of the second half. They scored on a cross and gained a ton of momentum," Eagle coach Chris Fritz said.

"We bounced back and created havoc that resulted in a own goal for the Riverdale team. The last few minutes we missed numerous chances. Regardless, I am proud of the result as Riverdale is a historically well-coached program and is a team on the rise in Murfreesboro."



Freeman joins Dodgers

GLENDALE, Ariz. (AP) — Los Angeles Dodgers manager Dave Roberts used to imagine what what it might be like to have Freddie Freeman on his side.

He doesn't have to wonder anymore.

All the speculation about Freeman joining the Dodgers went from rumor to real when the five-time All-Star, former Atlanta Braves first baseman and free agent agreed to a six-year deal worth \$162 million late Wednesday.

"On paper, it's a great lineup, as good as any I've ever seen," Roberts said Thursday.

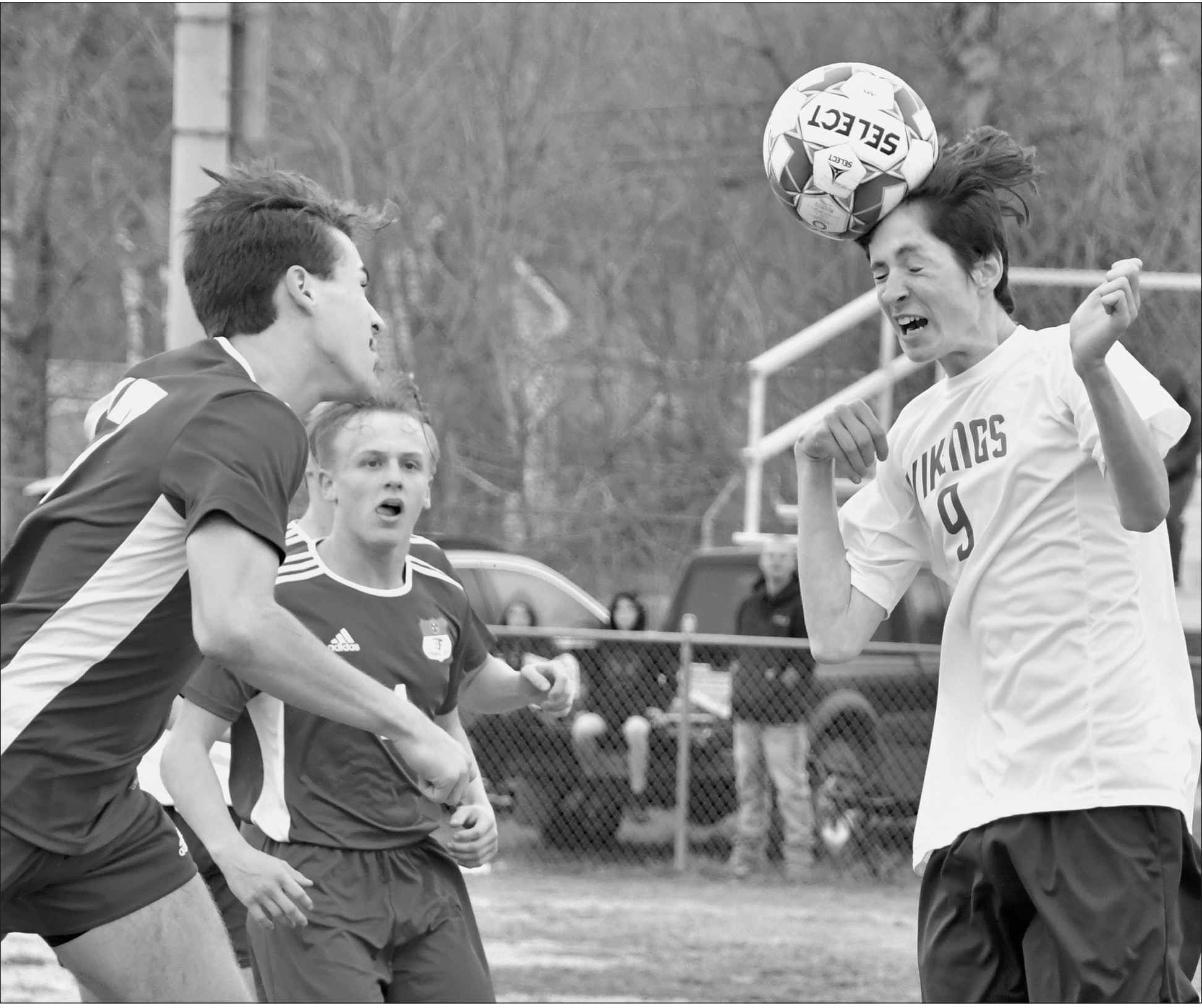
Freeman was expected to arrive in camp Friday, a day after he underwent a physical in Los Angeles.

Roberts' bold optimism was echoed throughout the Dodgers' clubhouse. In Freeman, the Dodgers said they have another star, a fourth former MVP on their 2022 roster. His left-handed bat figures to fill a hole left when Corey Seager signed with the Texas Rangers in late November.

"He's a position player in a lineup of all All-Stars," said pitcher Clayton Kershaw, a former MVP along with teammates Mookie Betts and Cody Bellinger. "With what Freddie brings, he's got to be, if not the best, a top three or four hitter in the game."

T-G Photo by Gary Johnson

Shelbyville Central's Edgar Solis takes control if the ball in the Eagles win at home in their season opener against Riverdale on Tuesday night.



Aiden Sweeney (9) of the Vikings heads the ball away from danger in front of the Community net.

T-G Photos by Rickey Clardy

Vikings, Rockets battle to opening tie

By **RICKEY CLARDY**
Sports Writer

CHAPEL HILL — The Community Vikings and Forrest Rockets battled for 80 minutes in a hard-fought, physical matchup Tuesday night, and in the end neither team could connect on the go-ahead goal late as the 2022 season and District 6-A opener for both teams ended in a 2-2 tie.

After a scoreless first 20 minutes, Community scored twice in less than a minute span.

Ramon Hernandez drilled home a loose ball in front of the net with 19:44 remaining to give the Vikings a 1-0 lead.

Randy Anica followed with a goal just 55 seconds later to give the Vikings a 2-0 advantage.

“Our offense connected really well,” Coach Jesse Cooper of the Vikings said. “We had a good combination

on the goals.”

The Rockets continued to put the pressure on the Vikings by staying on the Community end of the field for the majority of the half.

Forrest capitalized as Chris Davis took a rebound off the goalie and put the ball into the net to cut the Viking lead to 2-1 with 13:28 left and end the first half scoring.

Forrest knotted the score eight minutes into the second half as Hayden Milligan took a rebound and tapped the ball into the open net.

Both teams looked to break the 2-2 tie in the final 31 minutes.

The Rockets controlled field possession until the final 10 minutes before the Vikings changed the momentum and had several close tries at the goal before time expired.

“We’ve got to work on some defensive stuff,” Cooper

said. “Anytime you’re up 2-0, it’s a dangerous lead because you get comfortable and relax and that’s what we did.”

It was the first game for Cooper at the helm for Community.

Cooper has no shortage of players as 28 Vikings are currently on the roster.

“It’s a good thing for this program going forward getting respect in the district and region,” Cooper said.

Forrest traveled to Cascade for a district matchup Thursday while Community will have a break before hosting Cascade in a district game on March 24.

Community	2	0	—	2
Forrest	1	1	—	2
First Half				
C — Ramon Hernandez goal (19:44).				
C — Randy Anica goal (18:49).				
F — Chris Davis goal (13:28).				
Second Half				
F — Hayden Milligan goal (31:26).				

Nicky Anica (7) of the Vikings battles for possession.



Lady Champs off to solid 2-1 beginning

T-G STAFF REPORT

The Cascade Lady Champions have had a busy first week of the season, posting a 2-1 record through their first three games schedule.

Cascade 5, MTCS 1

Cascade opened the 2022 season with a 5-1 victory over MTCS on Monday evening.

The game was a low-scoring affair, with the Lady Cougars notching the game’s first run in the top of the third inning on a solo home run off Lady Champion pitcher Brianna Horn.

That lone run was the only run of the night Horn surrendered to MTCS.

Following the solo blast, Cascade responded with a huge sixth inning, plating five runs to blow the game wide open.

Audrey Perry led off the inning with a single to right and scored off a

fielder’s choice by senior Lani Jones.

Kyndal Bolden singled to start three-straight hits by Cascade, highlighted by Vera Bilbro’s RBI triple.

Ella Thompson also connected on a RBI single for the final run of the inning.

Horn went the distance for Cascade and gave up just the one earned run on four hits.

She had just two walks, but struck out 13 in the victory.

MTCS	001 000 0 — 1 4 0
Cascade	000 005 x — 5 6 1
Cascade:	Kyndal Bolden 1-for-3, Vera Bilbro 1-for-3, Ella Thompson 1-for-1, Caitlin Fanin 1-for-3, Addison Pope 1-for-3, Audrey Perry 1-for-2.
3B:	Bilbro
WP:	Horn

Cascade 8, Lady Knights 5

For their second-straight game, the Lady Champions relied on some-late game scoring surges to claim a win.

Cascade combined for seven runs in the fifth

and sixth innings to beat the Lady Knights, 8-5, on Tuesday afternoon.

Cascade struck the first blow of the game in the bottom of the first inning when Lani Jones scored on a ground out to first by Hannah Vandriver.

The Lady Knights answered in the top of the second inning on a two RBI double and a RBI single to take a 3-1 lead over the Lady Champs.

After a 1-2-3 fourth, Cascade took advantage of a handful of Lady Knight errors and pushed three runs across the plate, taking a 5-4 lead.

Vandriver led off a three-run sixth inning with a walk and later scored on a single by Alivia Fannin.

Fannin then scored on an error before Audrey Perry crossed the plate on a double by Lani Jones.

Jones nearly went for the cycle and posted a 3-for-4 night, including a double

and a triple, while Bilbro went 1-for-2 with a double.

Addison Pope got the start for the Lady Champs and went the distance and gave up 13 hits, but struck out one and allowed two walks.

Lady Knights	031 000 1 — 5 13 4
Cascade	100 043 x — 8 6 0
Cascade:	Lani Jones 3-for-4, Kyndal Bolden 1-for-4, Vera Bilbro 1-for-2, Alivia Fannin 1-for-1.
2B:	Jones, Bilbro
3B:	Jones
WP:	Pope

Eagleville 3, Cascade 0

EAGLEVILLE — OFFENSE WAS TOUGH TO come by in the Lady Champs’ first loss of the 2022 season, as Eagleville took a 3-0 victory against Cascade.

Eagleville pitching accounted for 13 whiffs against Cascade, while Brianna Horn struck out seven.

Eagleville managed five hits off horn and pushed three runs across

the plate.

Eagleville scored the game’s first run on a RBI double in the third and added a second run on a lead off home run in the bottom of the fifth.

The Lady Eagles got a third run in the sixth on a RBI single for the final run of the game.

After a 1-2-3 first inning, Cascade got a lead off walk by Vera Bilbro, but was unable to advance her around the bases as Eagleville followed with three-straight punchouts.

Claire Perry led off the third with a double to right, but once again, Cascade was unable to connect for any additional offense.

Cascade closes the busy first week on Thursday night at Cannon County.

Cascade	000 000 0 — 0 1 0
Eagleville	001 011 x — 3 5 0
Cascade:	Claire Perry 1-for-3.
2B:	Perry.
LP:	Horn

Titans release Jones

NASHVILLE (AP) — The Tennessee Titans released seven-time Pro Bowl wide receiver Julio Jones after one season Thursday, designating him as a post-June 1 release to create much-needed salary cap space.

The Titans traded for Jones last June, trying to rev up the passing game by pairing the 10-year veteran with A.J. Brown coming off his own Pro Bowl season. But Jones struggled with a hamstring issue that limited him to 10 games, and he had the worst season of his career with 31 catches for 434 yards and one touchdown.

This move saves Tennessee approximately \$11.3 million in cap space, though the Titans won’t be able to access that until June 1. Jones can sign with another team immediately.

Default having been made in the payment of the debts and obligations secured to be paid by a certain Deed of Trust executed April 30, 2018 by Daniel J. Vansteen, Jr., a single man to Megan K. Trot, as Trustee, as same appears of record in the office of the Register of Bedford County, Tennessee, in Book TD904, Page 187, and the undersigned having been appointed Substitute Trustee by instrument recorded in the said Register's Office, and the owner of the debt secured, having requested the undersigned to advertise and sell the property described in and conveyed by said Deed of Trust, all of said indebtedness having matured by default in the payment of a part thereof, at the option of the owner, this is to give notice that the undersigned will, on Monday, March 28, 2022 commencing at 12:00 PM, at the South Door of the Courthouse, Shelbyville, Bedford County, Tennessee proceed to sell at public outcry to the highest and best bidder for cash, the following described property, to-wit:

- VIN:
1FTYR10U33PA42529
- 2005 Ford F-250
VIN:
1FTWW33P05EB71084
- 2014 Dodge Charger
VIN:
2C3CDXCT5EH134770
- 2006 Kia Rio
VIN:
KNADE123466112609
- (Mar. 19, 2022)

The Shelbyville Municipal Planning Commission will meet on 3/24/2022 in a Regular Session at 6:00 PM, Shelbyville Recreation Center, Meeting Room B, 220 Tulip Tree Road. Call City Hall with questions 931-684-9001. Agenda: 1. Call to Order; 2. Roll Call; 3. Approval of Agenda; 4. Approval of Minutes from PC Meeting of February 24, 2022; 5. New Business: A. Consideration of a Final Plat for Building # 4_Park Place Townhomes; B. Consideration of a rezoning amendment for two parcels located on the westside of Green lane, west of Northside Park Drive; C. Consideration of an annexation request for a parcel located at 2905 Highway 231 North; D. Consideration of a rezoning application for a parcel located at 2905 Highway 231 North ; 6. Reports from Staff: A. Administratively Reviewed Applications; B. Updates about the status of the Comprehensive Plan and the Future Land Use Map; 7. Adjourn.

(Mar. 19, 2022)

Tree Seedling Giveaway
The Elk Valley Forestry Association is having a tree seedling giveaway on Saturday March 26 at the Fayetteville/Lincoln County Farmers Markets from 9:30 to 12:30. Up to ten seedlings will be provided to each party. The seedling type to be given away is white oak. EVFA members and tree enthusiasts will be on hand to answer any questions about trees, forest management, and planting instructions.

The Farmers Market in Fayetteville is located at 414 Lincoln Ave South. For those who wish to help at the giveaway, please arrive at 9:00. For further information, EVFA may be contacted at evfa.tn@gmail.com or through the Elk Valley Forestry Association Facebook page.

(Mar. 12, 15, 19, 22, 2022)

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Honey Oak Colored Armoire, \$50
Hallway Bench with Doors, Dark Colored Wood, \$75
Stainless Steel 13 Gallon Step Can, \$10
931-580-6089

For Sale
Nice Daybed with Mattress, Barely Used \$125
Electric Hospital Bed One Owner \$150
Multi-colored Love Seat \$100
931-703-2832

For Sale:
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Huskee Pro 6 HP Rear Tine Rototiller \$300
931-205-8927

BEAUTIFUL SKY



The Friday morning sky was beautiful.

T-G Photo by Mary Cook

Putin appears at big rally as troops press attack in Ukraine

By **CARA ANNA**
Associated Press

Vladimir Putin appeared at a huge flag-waving rally at a Moscow stadium and lavished praise on his troops fighting in Ukraine, three weeks into the invasion that has led to heavier-than-expected Russian losses on the battlefield and increasingly authoritarian rule at home.

Meanwhile, the leader of Russia's delegation in diplomatic talks with Ukraine said the sides have narrowed their differences. The Ukrainian side gave no immediate account of the talks.

The Moscow rally came as Russian troops continued to rain lethal fire on Ukrainian cities, including the capital, Kyiv, and pounded an aircraft repair installation on the outskirts of Lviv, close to the Polish border.

"Shoulder to shoulder, they help and support each other," the Russian president said of the Kremlin's forces in a rare public appearance since the start of the war. "We have not had unity like this for a long time," he added to cheers from the crowd.

The show of support amid a burst of antiwar protests inside Russia led to allegations in some quarters that the rally — held officially to mark the eighth anniversary of Russia's annexation of Crimea, which was seized from Ukraine — was a manufactured display of patriotism.

Several Telegram channels critical of the Kremlin reported that students and employees of state institutions in a number of regions were ordered by their superiors to attend rallies and concerts marking the Crimea anniversary. Those reports could not be independently verified.

Moscow police said more than 200,000 people were in and around the Luzhnik stadium. The event included patriotic songs, including a performance of "Made in the

U.S.S.R.," with the opening lines "Ukraine and Crimea, Belarus and Moldova, it's all my country."

Seeking to portray the war as just, Putin paraphrased the Bible to say of Russia's troops: "There is no greater love than giving up one's soul for one's friends."

Taking to the stage where a sign read "For a world without Nazism," he railed against his foes in Ukraine as "neo-Nazis" and continued to insist his actions were necessary to prevent "genocide" — a claim flatly denied by leaders around the globe.

Video feeds of the event cut out at times but showed a loudly cheering crowd that broke into chants of "Russia!"

Putin's appearance marked a change from his relative isolation of recent weeks, when he has been shown meeting with world leaders and his staff either at extraordinarily long tables or via videoconference.

In the wake of the invasion, the Kremlin has clamped down harder on dissent and the flow of information, arresting thousands of antiwar protesters, banning sites such as Facebook and Twitter, and instituting tough prison sentences for what is deemed to be false reporting on the war, which Moscow refers to as a "special military operation."

The OVD-Info rights group that monitors political arrests reported that at least seven independent journalists had been detained ahead of or while covering the anniversary events in Moscow and St. Petersburg.

Standing on stage in a white turtleneck and a blue down jacket, Putin spoke for about five minutes. Some people, including presenters at the event, wore T-shirts or jackets with a "Z" — a symbol seen on Russian tanks and other military vehicles in Ukraine and embraced by supporters of the war.

Putin's quoting of the Bible and a Russian admiral

of the 18th century reflected his increasing focus in recent years on history and religion as binding forces in Russia's post-Soviet society. His branding of his enemies as Nazis evoked what many Russians consider their country's finest hour, the defense of their homeland from Nazi Germany in World War II.

The rally came as Vladimir Medinsky, who led Russian negotiators in several rounds of talks with Ukraine, said that the sides have moved closer to agreement on the issue of Ukraine dropping its bid to join NATO and adopting a neutral status.

"The issue of neutral status and no NATO membership for Ukraine is one of the key issues in talks, and that is the issue where the parties have made their positions maximally close," Medinsky said in remarks carried by Russian media.

He added that the sides are now "halfway" on issues regarding

the demilitarization of Ukraine.

Earlier in the day, one person was reported killed in the missile attack near Lviv. Satellite photos showed the strike destroyed a repair hangar and appeared to damage two other buildings. A row of fighter jets appeared intact, but an apparent impact crater sat in front of them.

Ukraine said it had shot down two of six missiles in the volley, which came from the Black Sea.

The early morning attack was the closest strike yet to the center of Lviv, which has become a crossroads for people fleeing from other parts of Ukraine and for others entering to deliver aid or join the fight. The war has swelled the city's population by some 200,000.

In city after city around Ukraine, hospitals, schools and buildings where people sought safety have been attacked. Rescue workers continued to search for survivors in the ruins

of a theater that was being used a shelter when it was blasted by a Russian airstrike Wednesday in the besieged southern city of Mariupol.

Ludmyla Denisova, the Ukrainian Parliament's human rights commissioner, said at least 130 people had survived the theater bombing.

"But according to our data, there are still more than 1,300 people in these basements, in this bomb shelter," Denisova told Ukrainian television. "We pray that they will all be alive, but so far there is no information about them."

Early morning barrages also hit a residential building in the Podil neighborhood of Kyiv, killing at least one person, according to emergency services, who said 98 people were evacuated from the building. Kyiv Mayor Vitali Klitschko said 19 were wounded in the shelling.

Two others were killed when strikes hit residential and adminis-

trative buildings in the eastern city of Kramatorsk, according to the regional governor, Pavlo Kyrylenko.

The fighting has led nearly 3.3 million people to flee Ukraine, by the U.N.'s estimate. The death toll remains unclear, though thousands of civilians and soldiers on both sides are believed to have been killed.

Ukrainian President Volodymyr Zelenskyy said Ukraine's defenses have proved much stronger than expected, and Russia "didn't know what we had for defense or how we prepared to meet the blow."

World leaders have demanded Russia be investigated for possible war crimes over its attacks on civilians. The World Health Organization said it has confirmed 43 attacks on hospitals and other health care facilities, with 12 people killed.

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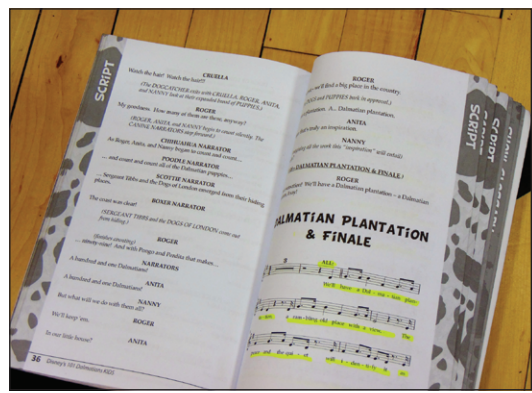
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T-G Photos by Zoe Haggard



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Eakin Elementary 3rd, 4th and 5th graders were full of “puppy playfulness” while rehearsing for their 101 Dalmatians musical this week.

Tennessee Performing Arts Center (TPAC) teaching artist, Amanda Roche, was present to give the kids some real-life drama direction.

TPAC’s Disney Musicals in Schools program is a free musical theater program that inspires students and their school communities to organize around the challenging work of mounting a 30-60-minute musical production.

Performances for the public will be 6 p.m. Thursday, April 14, and 2 p.m., Saturday, April 16, at the Eakin Elementary gym.

There will be two in-school performances for different grade levels on April 12 and 13.

Tickets: \$5-10 depending on seat locations. Money supports Eakin arts and drama.

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