**TUESDAY, JUNE 28, 2022** 75 CENTS www.t-g.com

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#### **INSERTS:**

 Food Lion Kroger

#### **PUBLIC NOTICE**

The Bedford County Beer Board will meet Wednesday, July 6th at 5:30 p.m. in the Duck River meeting Bedford County Historic Courthouse located at 1 Public Square in Shelbyville to consider the following ap-Chuck Baker plication: (Halls Mill Market) 871 Halls Mill Rd. Shelbyville, 37160 and (Lucky Duck River Rentals) Wheel Rd. and Halls Mill Rd. Shelbyville, TN 37160. (June 25, 2022)



### Long

Sports/1B

A PRIZE WINNING **NEWSPAPER** 

**UT-TPA** Press Award

2021



#### **Partly sunny** 85/60



Vol. 141, No. 51

### Post COVID, community lives on

# Brenda Knight: 'called' to help local homeless

By DAWN HANKINS dhankins@t-g.com

In the winter, when temperatures drop below 35 degrees, Brenda Knight stays with the homeless. She provides pallets for their beds.

The community is likely familiar with the Cross Shelter Project. Brenda Knight has served as managing director for the last five years.

She is the founder and president of Castle Ministries, which is a 501c3 organization first started in Lexingon, Ky., in 2013.

Knight and son, Kevin, came to Shelbyville as missionaries from Georgia. "I've been called to full time ministry. The Lord started dealing with me, in 2016, when we lived in Gwinnett County, Georgia [a suburb of Atlanta.]

She reveals that her son gets a small stipend, because he is a young man and needs a phone and insurance dollars for a car. Knight said she's considered to be disabled, because she is visually impaired.

"We basically serve The Lord," said Knight. "We do it as a ministry.'

She started ministering to the homeless all across downtown Atlanta. "We were starting to work with the homeless in Georgia. I actually moved out of my house in Georgia . . . so that I could bring more people into my personal home. That's when The Lord led me to

▶ See **Homeless**, Page 2A



A homeless man sleeps in the parking lot of the former Rite-Aid drug store at the highly visible intersection of North Main and Madison Streets in downtown Shelbyville. The homeless frequently stay outside the abandoned store for several days.

### 'Christmas in July' this week

## Three-day horse show scheduled

By DAWN HANKINS dhankins@t-g.com

If you like to celebrate "Christmas in July," well, take note that there's a great event that is planned for June 28-30 at Bedford County Fairgrounds on Midland Road. This worth-while event will benefit local students next Christmas.

Admission is free. But any proceeds donated will

be appreciated. Shows start at 5 each night. Brittany Baum and the Mid-State Cloggers perform on Wednesday. A stick horse class is something special for the kids

on Thursday at 5. As a little "Christmas in July" incentive, \$300 will be presented to the trainer with the most

Judges for the event will be Chris Bobo, Johnny Puckett and Paul Robbins.

Of course there is the regular line up for the horse show. On Tuesday, weanlings will be the first out the gate. That night will end with a 2-year-old



On Thursday evening, at the Christmas in July Horse Show at the fairgrounds on Midland Road, there will be a special exhibition of the 2021 World Grand Champion, Justified Honors, with John Allan Callaway up. The horse is owned by Dr. Jim and Lisa Baum.

mare and geldings extrav-

The Youth 12-17 walking class is planned for Wednesday. There will also be a youth show plea-

On Thursday evening, there will be a special exhibition of the 2021 World Grand Champion, Justified Honors, with John Allan Callaway up. The horse is owned by Dr. Jim and Lisa Baum.

Organizers note that participants should "come hungry" and have dinner with Eddie Bryant's crew under the big, white tent. On the menu will be smoked sausage, country

ham, hamburgers, Boston butt, barbecue and hot

dogs. Laurie Toone will be performing her "American Flag Tribute" prior to the 2021 World Grand

Champion exhibition. Organizers note the community will certainly want to get a serving of the "world famous" grilled peaches and ice cream which will be

available. Contact the show manager, Carol Missildine at 919-437-6597 or at russellenterprisesllc.com., for rail parking, vendor spots, and sponsorships.



**EDITH AND RONNIE GREENHAGEN** 

### **More helpers** being sought for MyRide

By ZOË HAGGARD zhaggard@t-g.com

MyRide Bedford is a volunteer-based transportation service for seniors, and they are in need of more

Starting in March of 2020, MyRide took a hit from the COVID pandemic and is now facing another hit from funding and rising

Robin Vaickus has been the coordinator for MyRide since December 2019. "A lot of things were appealing about it. It helps our seniors who desperately need it. It's a fabulous program. We have a lot of seniors who

can't get to the place they need to go." It is not income based, so the service is available to anyone who is 60 years old or older and does not require a wheelchair (vol-

notice for a ride from the

seniors and only transport

riders throughout Bedford

unteers use their own vehi-They require a three-day

County, per the program's funding grant limitations. Vaickus said if they recruit more drivers they hope to expand transportation

beyond Bedford's borders. The rides are considered low-cost with a \$25 membership fee per year, which includes the first ride. Rides must be pre-paid. This membership goes to paying for the supplemental and secondary insurance MyRide provides their drivers and to paying for the software called Assisted Rides.

Volunteers can go online or to the Assisted Rides app to select a time slot and see which seniors need a ride at

"You're not locked into a certain day of the week, a certain time. It's very flexible to what your schedule is," said Vaickus.

They have around 10 rides per week, taking seniors to the grocery store (unlike public transporta-

➤ See MyRide, Page 2A

#### CARS AND MORE CARS



Millions of dollars worth of expensive vehicles, mostly high-end sports cars, were displayed Saturday morning around the Shelbyville square by Tennessee Downs. The Nashville-based group has announced plans to build a private race track and repair/restoration facilities near Deason. Doug Wisdom and his grandson, Lestat Wisdom, are looking at a rarely-seen Ariel Atom sports car. See page 8B.

#### **OBITUARIES**

#### **Betty Jean Clanton**

June 22, 2022

It is with heavy hearts that we announce the passing of Betty Jean (Capley) Clanton on June 22, 2022 in Omaha,

Betty was born on April 12, 1938, in Richmond community, Tennessee, where she spent her early years raised on a farm. She moved with her family to Shelbyville and attended Central High School where she met her future husband, Marvin Glyn Clanton.

Betty and Marvin were married in 1955 and she moved to California where Marvin was stationed with the U.S. Air Force. She and Marvin lived in several states during his military career and settled in Omaha, Nebraska after his retirement from the Air Force. They were married for 36 years before Marvin's untimely passing in 1992. Betty met Don Elletson in 1999. With Don, Betty traveled extensively. They spent several winters 'snow birding' in Arizona and they spent their senior years together, until Don's passing in 2019. In Omaha, Betty started her career with AT&T and

after 26 years she retired in 1996. Betty was very active in her church, Aldersgate United Methodist Church and in her community doing volunteer work at the Veterans Hospital, AT&T Pioneers Hug-A-Bears, Bloodmobile and served as an adult leader for the International Order of Job's Daughters at both the local and Nebraska state levels. She was a member of the Women's Auxiliary of VFW Post 8334 and Post 374 of the American Legion in

Betty is survived by daughters Denise (Harold) Eucker and Dawn Keith; grandchildren Sarah (Dennis) Lynch, Susie Adamson, Sandy Adamson, Brandon (Jennifer) Keith and Aaron Keith; great grandchildren Ava and Tyson Lynch, Sam and Danny Keith and Gianna Gonzalez, and sisters-in-law Linda Capley and Faye Clanton. She was preceded in death by her husband Marvin Glyn Clanton; significant other Don Elletson; parents Henry and Pauline (Blacksher) Capley; brothers N B Capley and Bill (Red) Capley.

A funeral service was held Monday, June 27, 2022 at Westlawn-Hillcrest Funeral Home in Omaha.

Fond memories and expressions of sympathy may be shared at www.westlawnhillcrest.com for the Clanton

#### Emma Jean Stimpson June 21, 2022

Emma Jean Stimpson, age 92, of Shelbyville, passed away Tuesday, June 21, 2022.

Funeral services will be at noon on Saturday, July 2, 2022, at Feldhaus Memorial Chapel. Rev. Doug Dezotell will officiate, with burial to follow in Hillcrest Memorial Gardens.



Visitation will begin at

She was born October 22, 1929, in Shelbyville, to the late Robert and Mattie Locke. She retired from 37 years of teaching in the Bedford County School System in 1991, then worked several more years as a secretary/ receptionist at the Shelbyville Animal Hospital. She was a charter member of Cannon United Methodist Church. She was active in starting the United Methodist Women's group where she served as President, Vice-President, and Nominations Committee member for the Murfreesboro (Stones River) District. She was a faithful member of the choir and Bible Study, and she continued her Bible study while living at Carriage House. She also enjoyed active membership in the Embroiders Guild, FCE, the Shelbyville Woman's Club, and the Bedford County

Retired Teachers Association. She was preceded in death by her husband of 63 years, Charles L. Stimpson; her sister, Frances Troxler; and her brother, Roy Locke. She is survived by her three sons, Dr. Charles Stimpson (Dr. Carol Magnuson) and Dr. Stephen (Linda) Stimpson, both of Shelbyville, and Quintin (Michele) Stimpson of Bell Buckle; six grandchildren, Dr. Andrew Stimpson, Alan (Megan) Stimpson, Emily (Tim) Stimpson-Hall, Mattie Stimpson, Dr. Andrea (Bill) Anderson, and Stacy Altamirano, and seven great grandchildren, Elenor Stimpson, Jed Stimpson, Sylvie Hall, Hazel Hall, Julia Anderson, Jamie Altamirano, and

Anthony Altamirano. Mrs. Stimpson would be honored for memorials made to either Cannon United Methodist Church Memorial Fund or Good Samaritan.

Feldhaus Memorial Chapel is assisting the family with the arrangements.



#### MyRide

#### (Continued from Page 1)

tion, there is no limit on bags) or various appointments or even to visit with other friends. Volunteers can wait for their rider but are not required to. "We are door-through-

door, and that's the big difference between us and public transportation," said Vaickus, meaning they assist seniors with walkers or canes from the door to the car and can even assist them in activities like grocery shopping. When Tennessee initiated the MyRide TN pro-

gram, they had the goal of 1500 riders and they "blew that out of the water," according to Vaickus. Vaickus said among their recruitment struggles they are also looking for grants to fund the pro-

their funding comes from a grant that will end in December. "And that's scary, especially at this time," she

gram. She said the bulk of

Vaickus said she has also reached out to several local businesses and industries for donations. For example, many companies can benefit from MyRide—workers don't have to take time off to help their elderly parents get to a doctor's appointment.

She said they started out with 10 active drivers when the program began in March 2020, just before the COVID pandemic hit. Today, they have four active drivers. "It's hard; I understand.

But really all we can do is offer reimbursement for mileage, whatever the state limit is for a nonprofit." Vaickus has asked some gas companies to donate gas cards. They also offer extra car insurance at no additional cost to drivers.

"But the drivers that we currently have, they love it," said Vaickus.

Among the active volunteers are Edith and Ronnie Greenhagen. The husbandand-wife team were one of the first to volunteer with the Bedford program. "It's just a neat program

that had more merit than most on a grassroots level," said Ronnie. "It's a good program that helps people

who can't get out of their home to do anything."

"It's also a way to get to know the community," said Edith. "Many seniors are here without nearby family." Edith is retired and

Ronnie is a minister at the

Church of Christ in Bell

Buckle. They stay busy

and active and typically have three rides a week. It's rare if they don't have at least one. "Even through COVID, we drove," said Edith. "We had protocols to keep our vehicle safe. But Ronnie

and I never stopped, especially to help seniors get to the hospital." They choose to wait for their rider, according to Edith, which makes the

seniors feel like they can

depend on them. The Greenhagens also choose to not get reimbursed for gas. "We wanted to be totally voluntary with our time and our resources," Edith said. Even with gas price increases, the Greenhagens say they're

Edith added that even if you have an older vehicle. most seniors don't mind what they're riding in—just as long as there's AC and

doing fine so far.

heat of course. Plus, volunteers, if they are comfortable, can drive the senior's vehicle if requested.

"There are lots of people here who need just a little help. It's not that they need financial help or anything, they just need a little care and transportation and conversation. The people we pick up are so sweet," Edith said.

"It's surprising once you get to meet and talk with the seniors the background that they have, here in Shelbyville especially," said Ronnie. The Greenhagens said they meet talented artists, hard workers, and survivors of tremendous moments in history.

"You get to know people and even become friends," Ronnie added.

To sign up as a volunteer, visit https://www. tn.gov/aging/our-programs/transportationassistance/myride-tn.html. Volunteers must have a background check, a good driving record, and their own vehicle. Drivers are asked to wear masks if the seniors request it. You can also send a monetary donation to the Shelbyville Senior Citizens Center.

#### Homeless

#### (Continued from Page 1) Shelbyville."

An old Vacation Bible School friend introduced her, she said, to Billie Crowell of Shelbyville. Knight's son was taking piano lessons from Crowell. That's when Knight met

the former Cross Shelter folks. She stayed.

"I think when God calls you to do something, He just kind of prepares you. But the best way to learn is to just get right in there."

Many people know she's pretty tenacious about her homeless ministry. She's on a mission.

The petite missionary knows that working in homeless ministry is not for the faint of heart. But she believes her program has its fair share of successes; her maintenance man, a veteran, came from the 118 Hickory Drive

"I just didn't want everything that Kevin and I had worked to build over at the Cross Shelter to just shut down," she said. "There's usually about 100 to 120 people going through that house a year. It's a tremendous ministry for this community. We've already . . . transitioned people to

the housing authority. Not everybody transitions out successfully, but our goal is that everybody leaves better than they came in."

She helps the homeless try to meet their personal goals. She even helps those in need with driving tests.

Some people need glasses; they can't even see to do jobs. She's worked with dentists to improve their dental health.

The median age is 45-50 in local homeless camps, she advised. She is able to help many establish their identification, which is essential to get jobs. She finds herself these days doing a lot of groundworklicenses, identifications, job applications, etc. Still, it remains a Godly

mission, she said. Knight admits people

have a heard time breaking addictions. "Occasionally, they want to drink." Sometimes she has to

start all over with those folks. Still, Knight is adamant

that she continues to run a sober transition house. She stands firm in that commitment. She had the opportunity to come to the Cross Shelter and see its operation. Upon the departure of the house manager,

she volunteered. "I volunteered . . . didn't dream I'd be there that long." Knight said that Castle Ministries has been behind the scenes, helping the

Cross Shelter since June

of 2017. The 116 Hickory

Drive house, the main house on the corner, has always been up for sale as a commercial property, said Knight. A local realtor informed Cross Shelter that the property was under contract; they asked them to remove all residents.

She said last December, they stopped taking in guests; they were basically shut down at the end of December. "They donated everything in the contents of the house to Castle Ministries. Now, we're registered at the Secretary of State's office as Castle Ministries of TN. Because there is another Castle Ministries in Tennessee . . Strawberry Plains, Tennessee."

She believes through Divine Intervention, the shelter continues on Hickory Drive. Her calling continues to help the homeless.

#### The ministry

Knight re-opened the transitional shelter on April 1 as The Open Hands Shelter, with the main office located at 206 Madison St. "As president of Castle

Ministries, I have a long history working with poor and needy people."

She helps with financial assistance, Biblical counseling and prayer, just to name a few tasks.

"I waited until 2019 to register here in the state of Tennessee to make sure The Lord wanted me to remain serving the kingdom here." She officially opened

the Madison Street location to use during the winter months as a warming station for the homeless. Of course she's dealt with COVID-19, like everyone She recently held a

Chamber of Commerce ribbon cutting for the Lay It Up Thrift Store at 206 Madison. There's always a purpose behind her mis-"All the proceeds go

into a benevolence fund. So when people come into Castle Ministries, asking for assistance . . . proceeds of sales go back into the community. We were doing actually that, before we took on the shelter." Cross Shelter was being

supported by churches and individuals, she said. She needs continued financial support, she said, to keep the ministry, now Open Hands Shelter, going.

"Cross Shelter mainly had the one house. We did rent the house next door as a 3/4 house. I am renting the house next door as our men's shelter. I have separated them. So the 116 [Hickory Drive] is the

women's shelter and the

118 is the men's shelter.

Even if the property closes

on the 116 house, we will

still keep the men's shelter there. We will just have to relocate another property for the women's shelter. We're just going to stay there and use that property for as long as possible." Open Hands Shelter, she explains, is a little dif-

program for the homeless. "It's not just a shelter, shelter, we can't take in all the homeless." Men and women (with children) who want to

ferent to some, because it

is a transitional housing

kick their addictions may find help at Open Hands Shelter. Brenda believes in the Bible, especially in the scripture which says if

people "don't work, they

don't eat." Naturally she's been approached at the thrift store by homeless camping at the vacant Rite Aid store next door. Most just want money, but don't want to take advantage of the transitional house.

The petite missionary stays strong in her mission.

"So, there is a line . . I want to help them, but if they're not helping themselves . . . a lot of them are just over there, asking for money, buying vodka and drinking all day."

he's been a witness that the homeless that can either work, or use funds from other sources, such as disability, to transition to their own housing. If clients are disabled, they must still be able to care for themselves, according to Knight.

#### Does BC have a homeless issue?

She believes every town has some kind of homeless problem. But even she realizes in her ministry that much of the help received has to fall upon the individual. "You can only help

people, as much as they want to be helped. The problem is, people want to be helped on their terms. They don't want to be helped on our terms-you go to work and we will help you. Those types . . do have drug or alcohol issues." There are professional

services greatly needed within the homeless community. She's seeing mental health and behavioral issues within the local homeless camps. Many do not have

good hygiene, which causes issues when they try to get employment, she explained. "There are issues, when you don't have a place for

issues."

people who have mental health issues . . . addiction And then there's the housing market, which

Knight believes has locally

really changed since she came here 5 years ago. "It's really getting hard to find places to transition them to. The apartments have gone sky-high."

If she can get grant dollars, she said there's the possibility of opening "tiny homes." As for Habitat, she said many clients aren't staying long enough with an employer, so that becomes an issue

#### What about volunteers?

"We definitely need volunteers-to do a variety of different things. There is a volunteer form." Knight advised that people can choose their ministry from life skills to working

Sadly, many clients have been kicked out of public housing for various reasons. So she could use volunteers especially because she has to help many start over. Those volunteers are needed to help teach time management and cleanli-

Currently, she has no paid staff. "I am working on trying to get some grant funding, so I can hire some staff. Because basically, we're still volunteerrun still."

She has a secretarytreasurer and some folks volunteer at the thrift store; her dream is paid staff. She said she's working with the folks at Community Development on some grants.

She said sadly, there isn't much support from churches for the Open Hands Shelter. She reminds that the Lay It Up Thrift Store is based on Mathew 6:19-21. (Re: treasures in heaven.)

"I'll be honest. For Shelbyville to have over 116 plus churches and most of those buildings to sit empty during the week, not a single church opened their buildings as a night shelter."

So she had to get people to Murfreesboro. After a while of that, she opened the night shelter. "I don't know if people

are scared, but Jesus said, 'the poor will always be with you." She pleads with Bedford

County to help those in need. She advises the workers are few and she's stretching out financial donations as far as possible. But, there are a lot of

people right now to serve in this community. Drop donations to Open Hands Shelter at 116

Hickory Drive or mail to P.O. Box 24, Shelbyville TN. 37162. Donations can also be given by PayPal on the website at www. castleministries.net.



#### **NEW THRIFT STORE**

Lay It Up Thrift Store, 206 Madison Street, has officially cut the ribbon and opened. The store is open weekly, as volunteer help is available. Proceeds are used, according to Brenda Knight, director, for benevolence such as rent and utility assistance.

Photos by Yolanda Flick

#### TRANSITIONAL HOUSING



Shelbyville-Bedford County Chamber of Commerce sponsored a ribbon cutting recently for the Open Hands Shelter (formerly Cross Shelter) at 116 and 118 Hickory Dr.

#### PROVIDING BACKPACK MEALS



Representatives from Tennessee Farm Bureau, Tennessee Farmers Cooperative, and Farm Credit Mid-America/Rural 1st donated a total of \$2,700 to First Presbyterian Church and Edgemont Baptist Church to provide backpack meals for hungry kids in Bedford County. Funds were raised through Shooting Hunger sporting clays shoots. Since 2015, Shooting Hunger events have provided more than 2 million meals to hungry Tennesseans. For more information visit: www.shootinghunger.com

### TO KNOW

Email a question and look for the answer Tuesdays in the **Times-Gazette or online** at www.t-g.com/advertising CLICK ON QUIZ AN EXPERT



#### Debbie Drewek

**Financial Services** Representative

Q: My friend was telling me about your credit union. Can I open an account?

A: If you live, work, worship, or attend school in Bedford, Marshall, or Rutherford County, you can join Heritage South. All it takes is a \$5 initial deposit and a one-time, \$1 membership fee. You can open your first account online or in person. If a current member told you to join our credit union before July 16th, you both could win a \$1,500 gas or grocery gift card! To learn more about this limited-time offer, visit our website www.heritagesouth.org.



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### **CHEERS TO 20 YEARS WITH DAVIS DENTAL**

A sincere thank you to all of our patients, partners, colleagues, and friends for this milestone. My family and I have been so blessed for the past 20 years and we greatly appreciate your business and friendships. We love our community and are so thankful to call Shelbyville home. THANK YOU!

A special thank you to my exceptional staff. I appreciate your dedication and service to our patients and community. I have (almost) enjoyed every minute working with you! ••



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### Wire grill brush danger

ear Heloise: I have read your column off and on for years. I think it was on or about Thursday, June 9, that your column included a letter from a reader who had a suggestion for using a worn grill brush. I cringed when I read the suggestion -- not that it wasn't a good idea, but because no one should ever use a wire brush on their barbecue grill.

A few years back I read an article about what can happen when a person does use a wire brush on their grill. Individual wires can come off the brush and, unbeknownst to the user, stick to the grill. If this happens, that little wire can actually attach itself to a piece of meat or whatever is being cooked, and wind up in some poor soul's mouth -- or worse -- stuck in his or her throat. I'm sure it is very scary and uncomfortable and probably requires a trip to the ER.

I have barbecued a lot my entire life and had always used a wire brush to clean the grill. I now use a scraper made especially for cleaning grills. Thanks. -- Skip, via email

#### FADING COLORS ON FINE PORCELAIN

Dear Heloise: Three years ago I started using a lemon-based detergent booster in my dishwasher. While the glassware sparkles beautifully, the glaze on my fine porcelain has nearly worn off and the colors are fading on the most-used and mostwashed pieces!

The main ingredient in the booster is citric acid, which I have now discovered should be avoided due to its effect on glazes and colors. I hope this helps other collectors of beautiful china. --Barbara Kogerman, Tulsa, Oklahoma

#### REUSABLE **PRODUCE BAGS**

Dear Heloise: In regard to recent hints about opening plastic produce bags at the grocery store, consider investing in reusable produce bags. They are convenient, washable and help cut down on wasteful plastics. Actually, most fruits and veggies don't need to be put in a bag because they will be wa shed prior

#### FISH DAY! Delivery Will Be:

**WEDNESDAY, JULY 13 LEWISBURG** 12:15-1:00 @ Marshall Farmer's Co-Op SHELBYVILLE 1:45-2:30 @ Shelbyville Farmer's Co-Op WINCHESTER 3:15-4:00 @ Tractor Supply Co.

**FRIDAY, JULY 15** MANCHESTER 8:45-9:15 @ Manchester Farm Center **MURFREESBORO** 9:45-10:15 @ Rutherford Farmer's Co-Op

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www.fishwagon.com

**Hints** from **Heloise** 



to being consumed. --Cindy Conley, via email

#### **DOG ID TAGS**

Dear Heloise: You printed a letter encouraging people to put ID tags on their pet's collar giving contact information. I put a second ID tag with the information for a second person to contact in case I cannot be reached. I use my daughter because she lives in the same town. I give her name, relationship, address and phone number. When I used to take my dog with me to visit my son in another state, I had a tag that read, "If in Michigan ..." with his information. That proved very helpful when the dog got out of my son's yard. A neighbor brought the dog back. -- Peggy Lehman, via email

### **WASTE NOT, WANT**

**Dear Heloise:** I've read your and your mother's columns for decades and often learn something new from them. I've also submitted ideas, and you've published some. Here's a new one: I've observed people throwing away their slightly used aluminum foil. I smooth out the wrinkles, wash it, fold it gently and put it aside for reuse. --Gwendolyn Farnam, Three Forks, Montana

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

#### **ORGANIZE YOUR KITCHEN**

Dear Heloise: These are a few things I've done in my kitchen that have helped me get organized:

- -- I arranged my spices alphabetically.
- -- Always have paper plates available to use under items that might spill over in the microwave, or to use as a spoon rest or
- -- On the inside of my pantry door I have hooks to store my colanders, graters, large spoons and other utensils.
- -- I use a rack designed for platters to hold the lids for my pots and pans.
- -- All dog food is stored in plastic bins with tight lids. No more ants in the cupboard. -- Vickie T., Wilmore, Kentucky

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#### COMMUNITY CALENDAR

Send Community Calendar items to tgnews@tg.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

#### **TODAY**

Maj. Gen. Benjamin

#### **SCV** meeting

F. Cheatham Camp 72 of Sons of Confederate Veterans will have their monthly dinner at 6 p.m. Tuesday, June 28, at Oak Restaurant in Manchester. The meeting will start at 7 p.m. Camp Program Director Richard Dix will discuss Elmira prison. Meetings are open to the public and all War Between the States buffs are invited.

#### **Horse Show**

The Christmas in July Horse Show will be held Tuesday, June 28, through Thursday, June 30, at Bedford County Fairgrounds. Proceeds benefit the Christmas in July organization.

#### **SATURDAY**

#### **Early 4th fest**

Wartrace's Independence Day celebration will be held at Winnette Ayers Park on Saturday, July 2. Music starts at 5 p.m. A mural dedication, ice cream churn off, corn hole, apple pie drawing, children's activities and concessions are planned. Fireworks will begin at 8:30 p.m.

#### **MONDAY**

#### **Shelbyville 4th**

Shelbyville-Bedford County's annual July 4 celebration will begin at 5 p.m, at H.V. Griffin Park. Utopia will perform, children's games will be held and fireworks will begin at 9 p.m. A seniors potluck luncheon and singing will begin at noon.

#### Flat Creek 4th

Flat Creek Community Center will meet at 7 p.m. Monday, July 4 at the home of Roger and June

Debatin, 848 Hilltop Road. The community center will be cooking hamburgers and participants are asked to bring a covered dish. Fireworks are planned after dark Rain location will be the center's build-

#### **JULY 8-10**

#### Dave-a-Palooza

The Dave-a-Palooza Music Festival will be Friday, July 8, to Sunday, July 10, at 1295 Knob Creek Road near Wartrace.

#### **JULY 9**

#### Lawwell/Cook reunion

A reunion of the Lawwell and Cook families will be held at 11 a.m. Saturday, July 9 at Crowell's Chapel Lutheran Church under the pavilion. Attendees are asked to bring old photos and any other history to share.

#### **JULY 10**

#### **Laity Club**

**Bedford County Laity** Club will meet at 6 p.m. Sunday, July 10 at Wartrace United Methodist Church. A meal will be provided.

#### **JULY 16**

#### Mt. Olivet ice cream

Mt. Olivet United Methodist Church is hosting an ice cream supper and 150th anniversary homecoming celebration at 5 p.m. Saturday, July

#### **JULY 18-23**

#### **Bedford County Fair**

The Bedford County Fair will be Monday, July 18, through Saturday, July 23. See bedfordcountytnfair. org or call 931-684-0239.

#### **JULY 20**

#### **ABC's of Medicare**

A free ABC's of

12

#### Holidays

14th - Flag Day 19th - Father's Day 21st - Summer Begins

**June** 2022

31

14

21

30

6

13

20

27

Medicare class will be held Wednesday, July 20. from 9 a.m.-noon at the South Central Tennessee **Development District** building in Mt. Pleasant. Advance registration is required because class size is limited. Call toll tree 1-877-801-0044 or email sctn.ship@sctdd. org, Volunteers are also needed

#### **JULY 22**

Celebration City Car

#### **Cruise-In**

Club's Cruise-In will be Friday, July 22, from 6-8 p.m. on the Shelbyville square. Food trucks will be present, Chase Clanton and Vintage Vibes will perform and WZNG-The Zinger (100.9 FM/1400 AM) will broadcast live. Cruise-Ins are held each fourth Friday during warm weather months.

#### **JULY 29**

#### **Backpack** giveaway

Free backpacks will be given to school-aged children Friday, July 29, at H.V. Griffin Park by The Center for Family Development and the Johnson Family Foundation, The event begins at 10 a.m, and the backpacks will be distributed at 1 p.m, following a free lunch.

#### SEPT. 24

#### **Police Fun Run**

Shelbyville Police Benevolent Association will have its annual "Run Like You Stole Something" Fun Run fundraiser Saturday, September 24 at 8 a.m. at Shelbyville Central High School. Sign up at https:// www.reg2run.com/index. php/event\_details/327 or contact Kim Nash at Shelbyville Police Departmen, 931-684-5811. The first 100 signups will receive a swag bag of goodies.

#### **ONGOING**

#### Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 4-5:30 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon and Pickle Street). Doors open at 3:45. Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designa-

Boxed non-perishables are available. Takeouts are no longer distributed.

#### **Bag Days**

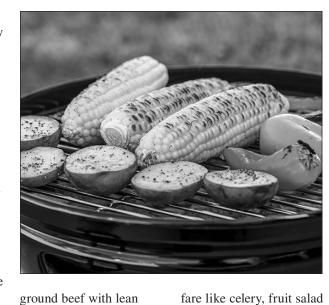
Good Samaritan holds a Bag Day the first Monday of each month from noon-2 n m at 201 E. Highland Ave.

### How to make grilling healthier

ummer is synonymous with many things, including family vacations and relaxing days at the beach. For foodies, perhaps nothing evokes the spirit of summer more effectively than grilled foods.

Grilling is a beloved tradition, but it's not necessarily the healthiest way to eat. Traditional backyard barbecue fare like hot dogs and hamburgers likely won't make physicians' hearts flutter, but there are ways to enjoy the flavor of grilling without compromising a nutritious diet. • Replace burgers and

hot dogs with healthy proteins. The occasional hamburger or hot dog won't do much damage, but people who regularly grill should skip these summertime staples and replace them with healthy proteins. The American Heart Association reports that fish and skinless chicken breasts are healthy alternatives to hamburgers and hot dogs. Burger devotees can still enjoy their go-to grilled food, but replace



ground poultry, which contains less saturated fat than red meat. · Avoid overdoing it.

Most people have overindulged at a backyard barbecue at one point or another. The relaxed, party-like atmosphere of the backyard barbecue makes it easy to snack on chips and other unhealthy fare before moving on to burgers and hot dogs. Hosts can do guests a favor by replacing snacks and sides like chips and potato salad with healthier

..Ext. 105

or chickpea salad. Keep portions of grilled fare as close to a healthy size as possible. The AHA notes that a healthy portion of meat is around three ounces and no more than six ounces. • Create a salt-free

rub. There's no denying salt makes food more flavorful. But that flavor comes at a high cost. The health care experts Piedmont note that excessive amounts of salt can contribute to inflammation from fluid retention

and increase a person's risk for hypertension, or high blood pressure. Salt may be a go-to for many grilling enthusiasts, but it doesn't have to be. A salt-free rub made with chili powder, garlic powder, paprika, and/or other spices is an effective and salt-free way to add flavor

to meat, chicken and fish. • Grill more vegetables. Grilled vegetables, whether they're part of kebabs or simply grilled alongside the main course, add significant flavor and provide all the health benefits of veggies cooked in more traditional ways. The AHA notes that coating vegetables in a healthy oil like olive oil makes it easy to grill them directly over an open flame without sticking. Cooking in this way imparts that signature smoky, grilled flavor to vegetables.

This summer, grilling can be as healthy as it is flavorful. All it takes is a few simple strategies to make the menu at your next backyard barbecue one any doctor would love.

-STATEPOINT

#### TIMES-GAZETTE USPS 492-660

HOLLER MEDIA, LLC

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### A salute to dairy producers

njoy local dairy foods not just during the remainder of June, which is "Dairy Month," but all year round.

Hats off to dairy farmers/producers with these easy summer ideas from The Dairy Alliance.

#### **Marinated Cheese Curds**

6 fresh thyme sprigs 1/2 C. olive oil 3 garlic cloves, minced 1tsp. fresh oregano leaves 1/2 tsp. salt

1/2 tsp. crushed red pepper flakes 1 pkg. (8 oz.) Garlic Cheddar Cheese

Small honeydew melon, seeded and

peeled Thinly sliced prosciutto

Parmesan cheese

Provolone cheese

Cheese Board

Hummus

Olive oil

STATE AVERAGES

Smoked paprika

Grilled pita bread, cut into wedges Fresh apricots, halved, pitted and Thinly sliced salami

prosciutto

English cucumber slices

Cherry tomatoes, halved

Marinated quartered artichoke hearts Pitted green and Kalamata olives Pickled jalapeno pepper slices Pickled pepperoncini peppers Whole almonds

Thinly sliced bresaola sausage or

Fresh basil and oregano leaves

#### **Marinated Cheese Curds:**

Combine the first six ingredients in a large jar or bowl. Add cheese curds. Cover and refrigerate

for at least 4 hours.

#### **Cheese Board:**

Cut honeydew into slices; wrap slices with prosciutto. Arrange the parmesan, provolone and cheese curds on a serving platter. Add hummus. Drizzle with olive oil; sprinkle with paprika. Fill in platter with pita bread, apricots, prepared honeydew, cucumber, tomatoes, charcuterie, artichokes, olives, pickled peppers and almonds. Garnish with basil and oregano.

#### Weekly Tennessee Cattle and Grain Summary

USDA Livestock, Poultry & Grain Market News

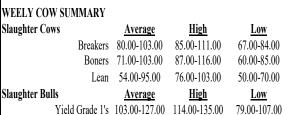
Nashville, TN For Week Ending:

Last Week: 5,570

Compared to last week, feeder steers under 600 lbs were mostly 3.00-5.00 higher, with instances of 8.00 higher; steers over 600 lbs were mostly steady to 3.00 higher. Feeder heifers were mostly 1.00-3.00 higher with instances of 5.00 higher. Feeder classes were in very good demand, especially for groups of long-weaned,

Slaughter cows were 2.00-4.00 higher with good demand, and slaughter bulls were mostly steady with moderate demand.

Steers (M&L 1-2)	This Week	Prior Week	Last Year
300-350 lbs	191.71	181.23	164.22
350-400 lbs	193.67	185.27	169.80
400-450 lbs	178.75	181.49	162.30
450-500 lbs	178.70	168.32	162.02
500-550 lbs	168.64	160.09	151.98
550-600 lbs	166.06	153.88	144.43
600-650 lbs	155.60	152.58	140.38
650-700 lbs	154.63	150.91	139.13
700-750 lbs	144.99	138.83	133.23
750-800 lbs	141.41	140.22	131.49
Heifers (M&L 1-2)			
300-350 lbs	153.92	158.13	142.38
350-400 lbs	148.92	157.92	141.22
400-450 lbs	153.46	152.16	141.22
450-500 lbs	153.36	149.41	135.21
500-550 lbs	146.94	143.02	132.30
550-600 lbs	143.70	138.21	130.78
600-650 lbs	134.08	133.40	127.39
650-700 lbs	133.15	131.77	125.30
700-750 lbs	130.11	132.15	118.88
750-800 lbs	124.67	121.58	116.79



June 13, 2022 Columbia, TN **GOATS: 856** 

KIDS-Selection 1 40-48 lbs 310.00-355.00; 51-53 lbs 350.00-360.00; 66 lbs 370.00; 70-71 lbs 377.50-382.50; 85 lbs 335.00. **Selection 2** 48 lbs 330.00; 50-51 lbs 330.00-345.00; 65-66 lbs 350.00-360.00; 85 lbs 295.00.

LAMBS: 646

Wooled & Shorn-Choice and Prime 2-3 73-78 lbs 235.00-245.00; 88 lbs 230.00; 90 lbs 240.00; 105 lbs 240.00. Hair Breeds Choice and Prime 1-2

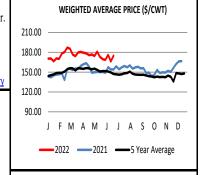
73 lbs 227.50. Choice and Prime 2-3 49 lbs 248.00; 50-53

iew Full Grain Report GRAINS This Week **Prior Week** Last Year 7.43-7.93 6.47-7.10 Corn 6.92-7.73 15.88-16.96 16.59-17.25 13.20-14.75 Soybeans New Crop Wheat 8.24-9.27 9.29-10.33 6.02-6.80

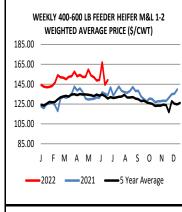
#### Monday, June 27, 2022

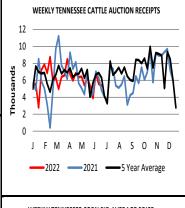
Friday, June 24, 2022

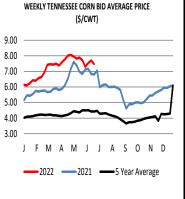
Last Year: 4,838



WEEKLY 400-600 LB FEEDER STEER M&L 1-2







#### USDA-TN Livestock, Poultry & Grain Market News

Jodee Inman, OIC 502-523-6961 Email: Jodee.Inman@usda.gov USDA Livestock, Poultry, and Grain Market News

#### **AG NOTES**

**BY JOHN TEAGUE** UT/TSU Extension

#### **FARMERS MARKET**

Te have been in contact with many of our vendors to determine how much product they have available for the market. The sad thing is that the weather has been really devastating for our farmers here as well as in most of the country.

We will not be able to open the market until there is sufficient stuff to sell. Every vendor I've talked to has supply issues and a late planting that is dying for water. The heat has interfered with pollination and blooms. Some vendors have replanted in hopes of better weather to come.

We will continue to monitor the supply and we hope that we can open at a later time. It's the best that we can do.

#### **HEAT STRESS**

It's bothering me. When I go to the barn to feed in the evenings, I can tell that it's hurting the animals.

With the continued high temperatures in Middle Tennessee, and the increased cattle losses to heat in the feedlot areas, heat stress is a great concern. Nighttime temperatures remain high, and the animals do not have the chance to cool down. Additionally, pond water is quickly becoming stale and cattle may consume less or be introduced to disease from stagnant water.

We cannot control the temperature; however, the addition of a fresh water supply and shade will help. Again, the availability of fresh water and the mineral feeders in a shaded area may increase consumption of both and aid your herd in this high heat period.

Here are some tips compiled by my friend Jason Garret in Overton County. Mostly common sense, and applies to all

Water consumption is driven by environmental temperatures. Make sure animals have plenty of cool, fresh water. Animals must have shaded areas they can access to reduce heat loads. Work them early in the morning, not during the day or evening when heat loads are at peak. Transport animals early in the morning.

Cull unruly or high headed animals. They generally are the first to show signs of heat stress, especially if having to pen or work them in hot weather. Control flies. Animals fighting aggra-

vating flies in extremely hot conditions don't help with heat stress. Try not to wean young stock in hot

weather. This will add more stress to the mother, not to mention the young. Watch animals closely with past health

problems. Dark colored and heavier animals are more susceptible for heat stress. If confined, make sure the structure is well ventilated.

#### **INSECTS**

I saw some Japanese beetles the other day. They are here, and they'll be attacking a lot of plants, both ornamentals and vegetables, as well as shrubs and trees. They are voracious feeders, and they come in large groups. Here are some tips in dealing with them.

Don't use the traps. These things are baited with sex pheromones, and this stuff attracts them to the trap location from a good distance. So, avoid having them near your home.

Do use sevin to control them. This insecticide comes in a liquid form and a dust form. Both are very effective. This is one of the best products to use, and it is very safe. As in using any pesticide, read and follow the label. It's the law.

This product is effective on other insects on other plants, but the label will have them in a list as a resource. If the insect that you want to control is not on the label, be sure to identify it and look for the recommendation on control. Remember, this is a case where one product does not fit all.

#### SAFETY

Some activity requires us to be out in the heat. If that's the case, follow some rec-

Stay hydrated. Wear clothing to protect from the sun's rays. Take breaks. Avoid strenuous activity during the hottest time if possible. Avoid direct sun exposure as much as possible. Use common sense and keep track of

yourself and your thoughts. If heat stroke signs set in, get out of the heat and get help. Pay attention to those with you and help each other to observe heat stress safety.

These same principles apply to animals. Check water temperatures in water troughs, buckets, etc. Move them to the shade if possible. Provide shelter from the sun. Avoid concrete or paved areas in the sun for animals. Again, use common sense.

#### **PLANTS**

It is best to water in the mornings so the plants can take up water then, as opposed to watering in the evenings after plants have wilted. Also, this allows the plants to dry off quicker and helps to prevent molds and mildews. Increase the frequency to make sure the planter medium is moist.

Avoid using an exposed hose immediately because the water in it will likely be extremely hot, causing damage with hot water. Check drain pans for mosquito larvae. Avoid placing potted plants directly on concrete or paved structures and away from brick walls that receive sun.

We hope that we see some moderation in the weather and some rain, but it appears that we have more hot dry sunny days ahead.

#### **COURT ORDERED AUCTION**

Saturday, July 9 10 a.m. and 12 noon

SHELBYVILLE

#### 225 Whitaker Road Rrick House and 3+ Acres SALE #1



with large living room, kitchen/dining combo, Florida room. Includes mini barn and 3± acres with lots of scattered trees. Liberty School District.

Notice: Pursuant to an order of the Chancery Court at Bedford County Tennessee, is Estate of Geraldine Porter, Civil Action No. 33,823; the undersigned will on Saturday July 9th 2022 at 10 A.M., on the premises, offer real property for the sale and sell at public outcry to the highest and best bidder on the terms of cash. Said property will be sold subject to all unpaid truces, existing easements, restrictive covenants, prior liens of record if any. The real property located at 225 Whitaker Road, Shelbyville, Tennessee 37160 and lying and being in the Eighteenth Civil District of Bedford County. Tennessee, more particularly

Beginning at a metal pin at fence corner on the east margin of Whitaker Road at the northwest corner of the Larry E. Ray Property and the southwest corner of the property herein described; thence following the said east margin north 13 degrees 55 minutes east

167 OO feet: north 4 degrees 40 minutes east 140 60 feet: north 1 degrees 09 minutes west 102.69 feet to a metal pin in fence; thence south 84 degrees 08 minutes east 443.46 feet to a metal pin in fence; thence south O degrees 43 minutes west 366.78 feet to a fence corner post; thence north 89 degrees 09 minutes west 486.20 feet to the point

of beginning and containing 4.01 acres. Being the same property conveyed to Loyd H. Porter and Geraldine Porter, husband and wife, from Roger Porter, Vanessa Farris, Penny Teal, David Porter, Shane Bryant and David Bryant, by Deed dated May 09, 2016, of record in Book D331, page 608, Register's Office of Bedford County, Tennessee LESS AND EXCEPT:

Beginning at a metal pin at a fence corner on the East margin of Whitaker Road at the

northwest corner of Larry E. Ray property and the southwest corner of the property herein described: thence with the East margin of Whitaker Road North 13 deg. 55 min. East 167 feet to a point; thence continuing with said road North 4 deg. 40 min. East 65 feet to an iron pin; thence South 84 deg. 08 min. East 180.97 feet to an iron pin; thence South O deg. 43 min. West 2 11, 71 feet to an iron pin located in the Larry Ray North boundary line; thence with the Larry Ray North boundary line North 89 deg. 9 min. West 222.85 feet to the point of beginning and containing one (1) acre as surveyed by Robert N. Kanter, RLS No. 995, POB 661, Manchester, TN 37355, on September 7, 1993. Being the same property conveyed to Charles Robert Porter and wife, Amanda K. Porter, by

Deed from Loyd H. Porter and wife Geraldine Porter, dated September 10, 1993, of record in Deed Book 199 Page 400 Register's O ce of Redford County Tennessee. Curt M. Cobb, Special Commissioner

Bobo, Hunt, & White W. Andrew Bobo Attorney for Plaintiff

3006 Sims Road SHELBYVILLE

#### House, Garage & 1½ + Acres



Living room, kitchen, dining 2,124 Sq. Ft. Detached 2-car

garage on  $1\frac{1}{2}$  ± acres. Liberty School District Notice: Pursuant to an order of the Chancery Court at Bedford County. Tennessee is Estate of Benny Andrew Hopper, Civil Action No. 33,675; the undersigned will on Saturday July 9th 2022 at 12 P.M .. , on the premises, offer real property for the sale and sell at public outcry to the highest and best bidder on the terms of cash Said property will be sold subject to all unpaid taxes, existing easements, restrictive covenants, prior liens of record if any.

The real property located at 3006 Sims Road, Shelbyville, Tennessee 37160, Iving and being in the Eighteenth Civil District of Bedford County, Tennessee, more particularly Beginning at a corner post 27.00, north of the approximate center of Sims, the

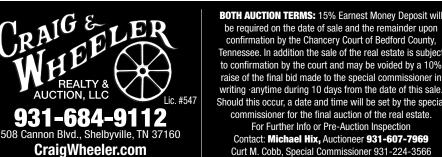
southwest corner of the Roy Campbell property, recorded in Deed Book 65, page 345, and the southeast corner of the property described. Thence along said road, north 81 Homes built prior to 1978 may contain lead based paint. This ad serves notice to anyone to conduct an assessment prior to auction.

deg. 27 min. 43 sec. west 233.65. to an iron rod 27.00. north of the approximate center of said road, the southeast corner of the William F. Darnell property and the southwest corner of the property described; thence, leaving said road, north 11 deg. 40min. 40 sec. east 208.00 , to an iron rod, the northeast corner of the William E. Darnell property; thence north 83 deg. 59 min. 58 sec. 89.45. to an iron rod, the southeast corner of the William Keith Darnell property; thence north 7 deg. 35 min. 03 sec. east 10.00 . to an iron rod, the southwest corner of the Flora B. White property; thence south 81 deg. 27 min. 44 sec. east 55.00 . to an iron rod, the southeast corner of the Flora B. White property; thence north 10 deg. 16 min. 13 sec. east 140.00 . to an iron rod, the northeast corner of the Flora B. White property and the northwest corner of the property described; thence south 79 deg . 35 min. 28 sec. east 69.95 . to an iron rod, the northwest corner of the Vicki Darnell Property, thence south 32 deg. 47 min. 54 sec. east 225.0. to an iron rod, the southwest corner of the Vicki Darnell property, thence south 86 deg. 00 min. 00 sec. east 95.00 . to an iron rod in the west boundary line fence of the Roy Campbell property; the southeast corner of the Vicki Darnell property and the northeast corner of the property described; thence along said boundary line fence, south 8 deg. 08 in. 57 sec. west 230.00 . to the point of beginning, being a portion of Deed Book 55, page 300, Register's Office of Bedford County, Tennessee. Being the same property conveyed to B. A. Hopper and wife, Gena Hopper, om Mitchell Boyce, by Deed dated August 14, 2009, of record in Book D296, page 510, Register's Office of Bedford County, Tennessee.

Curt M. Cobb, Special Commissioner Bobo, Hunt, & White W. Andrew Bobo Attorney for Plaintiff

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be required on the date of sale and the remainder upon confirmation by the Chancery Court of Bedford County, Tennessee. In addition the sale of the real estate is subject to confirmation by the court and may be voided by a 10% raise of the final bid made to the special commissioner in writing  $\cdot$ anytime during 10 days from the date of this sale. Should this occur, a date and time will be set by the special commissioner for the final auction of the real estate.

For Further Info or Pre-Auction Inspection Contact: **Michael Hix,** Auctioneer **931-607-7969** Curt M. Cobb, Special Commissioner 931-224-3566



#### PANCAKES FOR PATRIOTS

FOR ACTIVE MILITARY,
VETERANS AND
SPOUSES

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Grace Baptist Church
1019 Madison St., Shelbyville

Saturday, July 2nd

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### DOUBLE THE

Photos by Ashley Cook

ABOVE: The Cook Family supported Cascade High Band on Saturday during a fundraiser. The family farm is well-known in Wartrace for its honey. See future T-G story on the Cook Family Farm.

LEFT: Goats provide us with so much in life. Plus, they're just so easy to love, especially when they're double adorable like these twins from the Cook Family Farm in Wartrace. See feature July 30 in the T-G's "Bedford Life" magazine.

#### BEDFORD BUNNY

T-G Photo by Dawn Hankin BELOW: This tiny bunny finds a local yard the perfect early morning breakfast spot.



### Raging suspect threatens bar customers

By DAVID MELSON dmelson@t-g.com

A man allegedly attempted to stab several customers at Bar 69, Madison Street, early Sunday, Shelbyville

Police arrested Juan Daniel Paez Salinas, 28, of Cedar Glade Circle, after he allegedly ran from and fought an officer and didn't react to taser shocks.

Salinas, who police said was intoxicated, was ordered to leave the building by a security guard for "acting crazy," police were told. He then allegedly argued with several people in the parking lot before running toward the building with a knife. A man who tried to disarm Salinas said he was bitten.

Arriving officers found Salinas in the rear of the parking lot. Salinas allegedly ignored orders to stop in both English and Spanish and was eventually brought down by Officer Brad Evans, who was one of four officers in pursuit. The knife was recovered in the parking lot.

Salinas was charged with two counts of aggravated assault and one count each of evading arrest, resisting arrest, and public intoxication. He was held on \$50,000 bond.

#### Homeless intruder

A women sleeping in a shed behind an Earnhart Street home has been accused of burglary.

Police were notified Saturday morning that a

surveillance camera was showing someone inside asleep. Officer Joseph Cleek woke up Samantha Marie Ahnefeld, 29, who was near 15 alcoholic beverages, many empty, and several empty food wrap-

All the items were consumed without permission, police said.

Ahnfeld, who police say is homeless, was held on \$4.000 bond.

#### Inmate attacked

Video surveillance confirmed a Bedford County Jail inmate was attacked by another inmate June 9.

The victim notified a deputy Friday that the suspect punched him for 30 seconds, then came to his bunk several minutes later and took several items. He said guards were told of the assault at the time.

#### Drug arrest

Bags containing approximately 44 grams of marijuana were found in a vehicle during a traffic stop Friday night on Madison Street, Shelbyville police

Joslyn Danielle Sanders, 31, of Chunn Lane was charged with possession of a schedule II drug for resale, along with vehicle violations, and released on \$15,000 bond. Sanders was stopped by

Officer Tracy Teal because a taillight was out. Teal said he smelled marijuana when talking to her, leading to

•A four-wheeler was stolen from a shed at a Card Road home overnight Thursday, a Bedford County deputy was told. Another ATV taken from a home on Maxwell Chapel Road was found Sunday nearby at Maxwell Chapel Church. Blood was spattered on the ATV.

Also reported to area

•A .22 rifle was taken Thursday or Friday from a home on Jack Pickle Lane. A suspect was named.

•An air compressor and four boxes of clothing were taken from a storage building at a Ranchero Drive residence between Wednesday and Friday. A lock was cut to gain entry.

#### Jail intake

The following were charged since Friday by the Shelbyville Police Department. Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Samantha Ahnefeld, 29, homeless, Shelbyville; burglary; held, \$4,000 bond

•Stephanie Verica Ballentine, 49, Murfreesboro; violation of probation, show cause; summons delivered

•Thomas Wayne Barnes, 49, Highway 130 West; probation revocation; sum-

•Omar Benitez Villatoro, 41. La Vergne; driving on revoked license, released, \$1,000 bond

•Amy Michelle Bumbalough, 37, Mac Street; violation of probation; held, \$2.500 bond

•Adam W. Cataldo, 49, High Street, Bell Buckle; domestic assault; released, \$2,500 bond

•David Cortes Aguilar, 18, Carney Street; no driver's license, registration law, financial responsibility; summons issued

•James Spencer Davis, 31, Lee Lane; violation ofprobation; held, no bond •Jorge Sebastian Dom-

ingo Juan, 34, Locust Street; failure to appear, no driver's license/exhibited on demand, light law; released, \$2,000 bond

•Marilyn Hix Fowler, 69, Highway 64 East; driving on suspended license, financial responsibility, speeding; summons issued •Roy Allen Groff, 48,

Mt. Juliet; driving on suspended license, financial responsibility, speeding; summons issued •Matthew Banks Hardrick, 38, South Cannon

Boulevard; simple possession of schedule II drug; summons issued •Nathaniel M. Har-

rington, 39, Warners Bridge Road; probation violation (two counts), failure to appear, bondsman surrender; held, \$11,000 bond •Michael G, Hernandez,

24, Franklin; DUI; released, \$2,500 bond

•Michael Charles Leverette, 28, Tullahoma; violation of probation; held, \$1,500 bond

•Justin Paul Logan, 41, Bradyville; violation of probation, probation revocation, driving on revoked license, speeding; released, \$3,500 bond

•Ernesto Lopez, 25, Bird Street; no driver's license/ exhibited on demand, DUI: held, \$3,000 bond •Gary Thomas Lynn, 33,

homeless, Shelbyville; failure to appear, public intoxication, possession of drug paraphernalia; held, \$2,500

•Jamie Lee Medley, 25, Lewisburg; failure to appear; held, \$1,500 bond

Donavan Sample Nicholas, 33, North Jefferson Street; violation of order of protection, vandalism; held, \$5,000 bond •Angela Diane Ogg, 51,

Nunnelly, Tennessee; light law, no insurance, driving on suspended license; released, \$500 bond •Christopher Doyle

O'Neal, 39, Mt. Herman Road; driving on suspended license, financial responsibility, light law; released, no bond •Juan Daniel Paez

Salinas, 28, Cedar Glade Circle; aggravated assault (two counts), evading arrest by foot, resisting arrest, public intoxication; held, \$50,000 bond •Jaqualyn J. Prater, 25,

Baxter; attachment; held, \$1,000 bond •Nathaniel Allen Presley,

photographing in violation of privacy; released, no bond

 Jessica Renea Rowlett, 45, Tullahoma; probation revocation, show cause;

held, \$2,500 bond Mariano Gutierrez Sanchez, 47, Barksdale Lane; light law, no driver's license, open container; held, \$1,000 bond

 Joslyn Danielle Sanders, 31, Chunn Lane; light law, possession of schedule II drug for resale, financial responsibility; released, \$15,000 bond

 Fernando N. Sebastian Gaspar, 19, homeless, Shelbyville; public intoxication, underage consumption; held, \$1,000 bond •Jamison Lee Shipley,

21, Barksdale Lane; failure to appear, violation of probation (two counts); held, \$5,500 bond ·Charly Solis, 24, Carlisle Avenue; driving on sus-

pended license, registration law, speeding; summons •Joshua Alan Tipton,

30, Lynchburg; violation of probation; summons issued •Jonathan Tyler Tyree, 28, Barksdale Lane; domes-

tic assault (three counts); released, \$6,500 bond •Edward Boyce Westbrooks, 57, Amos Gammill Road; simple possession of

schedule II drug; released, \$500 bond •Tracy Direll Woodard, 52, Shoma Drive; violation of parole, possession of schedule II drug, traffic

#### control device; held, \$2,500 37, Tullahoma; unlawful

#### Supreme Court's abortion ruling sets off new court fights have called on lawmakers surgical abortions and those investigations into anyone

NEW ORLEANS (AP) - The fall of Roe v. Wade shifted the battleground over abortion to courthouses around the country Monday, as one side sought quickly to enact statewide bans and the other tried to block or at least delay such

The U.S. Supreme Court's decision Friday to end constitutional protection for abortion opened the gates for a wave of litigation from all sides.

Many of the court cases will focus on "trigger laws," adopted in 13 states in anticipation of the ruling and designed to take effect swiftly. Lawsuits could also target old anti-abortion laws that were left on the book and went unenforced under Roe. Newer abortion restrictions that were put on hold pending the Supreme Court ruling have also started to come back into play.

"We'll be back in court tomorrow and the next day and the next day," Nancy Northup, president and CEO of the Center for Reproductive Rights, which argued the case that resulted in the high court ruling,

said Friday. In Louisiana on Monday, a judge in New Orleans, a liberal city in a conservative state, temporarily blocked enforcement of a statewide abortion ban that was designed to automatically go into effect when Roe fell, after abortion rights activists argued that the law is unclear.

The ruling is in effect pending a July 8 hearing. Louisiana's Republican attorney general will argue in favor of enforcement.

Also Monday, abor-

tion rights advocates asked a Florida judge to block a new law there that bans abortions after 15 weeks with some exceptions and is set to take effect this week. The American Civil

Liberties Union of Arizona and an abortion-rights group filed an emergency motion Saturday seeking to block a 2021 law they worry can be used to halt all abortions. Planned Parenthood in Utah has challenged a trigger law with narrow exceptions. Brigitte Amiri, deputy

director of the American Civil Liberties Union's Reproductive Freedom Project, said the organization is looking at "all options" to protect access to abortion.

tion services had stopped in at least 11 states — either because of state laws or confusion over them.

Even if courts block some bans or restrictions from taking hold, lawmakers in many conservative states could move quickly to address any flaws cited. That's likely to be the

took to Twitter on Friday to say bans with "trigger" provisions passed in anticipation of the ruling were immediately in effect. The only three clinics providing that day.

tend Louisiana now has multiple, conflicting trigger mechanisms in the law.

law is unclear on whether it bans an abortion prior to a fertilized egg implanting in the uterus. And while the law provides an exception for "medically futile" pregnancies — in cases of fetuses with lethal abnormalities law gives no definition of the term.

Around the country, challenges to other trigger laws could be made on the grounds that the conditions to impose the bans have not been met, or that it was improper for a past legislature to bind the current

School of Law in St. Paul, Minnesota, said other challenges might call into question whether state laws sufficiently and clearly allow for exceptions to protect the life or health of a pregnant Now that the high court

Constitution does not guarantee the right to an abortion, abortion rights supporters will make the case that state constitutions protect such a right. A judge heard argu-

As of Saturday, abor-

In some cases, the lawsuits may only buy time.

case in Louisiana. The state's attorney general

abortions in the state closed The plaintiffs in the lawsuit filed Monday in state court in New Orleans including one of those clinics — don't deny that Louisiana can now ban abortion. Instead, they con-

They also argue that state – the plaintiffs noted the

Laura Herner, a professor at Mitchell Hamline

has ruled that the U.S.

ments on that issue Monday in Florida, where attorneys sought an emergency injunction to stop a new law from going into effect Friday. The ban beyond 15 weeks has exceptions to save the pregnant woman's life or prevent physical harm or in cases where the fetus has a fatal abnormality. The ACLU of Florida has argued it violates the Florida Constitution.

In a lawsuit filed by a Jewish congregation in Florida, arguments over religious liberty and the separation of church and state will come into play.

Still other cases could be filed as states try to sort out whether abortion bans in place before Roe was decided — sometimes referred to as "zombie laws" — apply now that there is no federal protection for abortion.

For instance, Wisconsin passed a law in 1849 banning abortions except to save the life of the mother. Attorney General Josh Kaul, a Democrat, said he does not believe it's enforceable. Abortion opponents

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to impose a new ban. In the meantime,

Planned Parenthood of Wisconsin said it immediately suspended all abortions, though the district attorneys in Madison and Milwaukee have both suggested that they would not enforce the ban.

In Michigan, Planned Parenthood challenged a 1931 abortion ban ahead of last week's Supreme Court ruling. In May, a judge said the ban could not be enforced because it violates the state's constitution. Abortion rights supporters are now trying to get a proposed state constitutional amendment on the ballot in November to protect abortion and birth control.

Idaho, Oklahoma and Texas have adopted laws that allow people to seek bounties against those who help others get abortions. It is an open question as to whether that means people can be pursued across state lines, and legal challenges over those issues are likely to come up in cases of both

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using medicine mailed to patients. California

Legislature, controlled by Democrats, passed a bill Thursday to shield abortion providers and volunteers in the state from civil judgments imposed by other states. In liberal Massachusetts, Gov. Charlie Baker, a Republican, signed an executive order Friday that prohibits state agencies from assisting other states'

who receives a legal abortion in Massachusetts. The challenge filed in Arizona, where most pro-

viders stopped offering abortions, said the legal questions are urgent. Even if abortions resume in weeks or months, the plaintiffs said, "patients

may be at greater risk of medical complications or may lose access to abortion altogether as a result of the delay."





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# Precision Landscaping: growing with a community

By ZOË HAGGARD zhaggard@t-g.com

There's something satisfying about making diamonds in a lawn, according to Lance Paschal of Precision Landscaping.

He's been landscaping and mowing with his family since the early 2000s, but Paschal has decided to step off on his own. He officially started the business last May and since then, he's been very busy.

"Challenges for me right now are definitely juggling it all," Paschal said. "Being so much more involved, it's definitely a reality check. But I like that it's teaching me how to manage time.'

Plus, he's having to budget expenses with profit among rising gas prices and overall cost of living. "Be mindful of what you invest in daily," he advised.

He says it's worth it. Paschal enjoys the aesthetics of it all. From the time he was a young kid he's been on ball fields, standing on the neatly manicured and wellkept lawns.

In addition to mowing, Paschal mulches and weed eats as well as maintains properties throughout the winter. Once his company takes off, Paschal would like to get more into the landscaping aspect of it.

But when he's not working in the hot sun, the Bedford County native also works at Jostens. His days sometimes add up to 18 hours of work and 4 hours of sleep.

But the long-time Halls Mill resident has his family and community to thank for getting him to where he is today. "It's always been something that my dad's enjoyed doing and my grandfather too," Paschal said. "And I wanted to keep doing something that I enjoy doing.'

They started with a few churches, like Crowell's Chapel in Halls Mill. Paschal was young then and says he was taught how to have a



outside his workshop on Halls Mill Road.

'The community aspect of it—the togetherness and the help that you can receive—if you are willing to be a part of it.'

Lance Paschal, owner of Precision Landscaping

good work ethic.

"And my brothers as well. My dad had each one of them at about the same age as me start working." Growing up he never received an allowance but was taught the value of a dollar after earning it.

In addition to his parents, fellow community members Randall Crowell and Bo Davis have also been a major influence for the now 30-year-old Paschal. Crowell was an engineer and Davis a talented handyman, according to Paschal.

"They're just so knowledgeable. They have a wonderful shop down there that we've been able to use over the years.'

That shop with its old timbers is where Paschal learned much of his trade. "At the very least, that's like a community thing too. After a while, the shop almost becomes a part

He also gets a lot of help from his younger brother Blaine. "He sees things well for his age," Paschal said. Blaine even helped him design a hand-made mowing attachment called a stripper, which helps get those precise lines in a freshly mowed

Paschal added that he is not only looking forward to the growth of his company but also to the growth in himself through learning about the trials and errors of owning one's own business.

But, of course, he won't be alone.

'The community aspect of it-the togetherness and the help that you can receive if you are willing to be a part of it," he said. "This is a wonderful place. I've been extremely blessed."

He added, "The community is such a cornerstone, and I would love to carry

For more information on Precision Landscaping, call 931-619-5408.

#### Five common summer injuries for children and how to prevent them

**By LORI M. LIGGIN. NP** 

The summer months are officially here. That means hours of children playing in the sun, cookouts with friends and family - and the potential for common summertime injuries. The summer season sees millions of emergency room visits by children 14 and younger due to unintentional injuries.

It's important for parents and children to understand what types of injuries can occur during the summer and how to prevent them.

#### **Dehydration**

Dehydration occurs when a child loses so much body fluid that they can no longer maintain ordinary function. Oftentimes, children are having so much fun, they forget to drink fluids during prolonged outside activity. It's important for parents to mandate water breaks, limit caffeine intake and monitor the amount of time spent in the sun. Electrolyte solutions like juice boxes and Gatorade are great options to recharge your child's electrolytes and prevent dehydration. While it may seem odd, children who are swimming for long periods of time need to drink plenty of fluids too. Even though they're playing in the water, they're still out in the heat and losing water from the physicality of swimming.

#### **Heat Exhaustion**

Summers can be pretty brutal in Tennessee with temperatures in the 90s and high humidity. It's important to remember children are at higher risk for heat-related illnesses than adults. On average, their bodies heat up 3-5 times faster than those of fullgrown adults. Long exposure to high temperatures

and humidity can cause heat exhaustion, which can lead to dangerous heat stroke if not treated promptly. Signs of a heat stroke include severe headaches, confusion, slurred speech, fast heart rate, loss of consciousness, seizures and elevated body temperature. If your child is suffering from heatstroke, call 9-1-1 immediately.

#### **Bites and Stings**

Wildlife and sometimes

pets can bite children who get too close. If bitten by an animal, clean the wound gently and monitor for 24 hours. If it begins to show signs of infection, call your doctor. As the weather gets warmer, ticks and mosquitoes come out in droves. It's important to be aware of the illnesses these insects carry such as Lyme disease, Rocky Mountain Spotted Fever, and the West Nile virus. To help protect children, **DEET-containing** bug repellents on children ages 2 months and older. Additionally, check for abnormal bug bites and ticks after playing in wooded areas and grassy fields. If your child has been bitten or stung, apply an ice pack to reduce the swelling and rub hydrocortisone cream to soothe the itching.

Bites and stings can be deadly if your child is allergic. If swelling and itching stays local to the bite, monitor for 24 hours. Symptoms that require immediate medical attention after a bite or sting include swelling in other parts of the body, shortness of breath, nausea and vomiting.

Campfires and fireworks



Lori Liggin is a nurse practitioner at Vanderbilt **Integrated Primary Care in** Unionville.

pose dangerous burn risks for children. Hot embers can get kicked up during campfires and faulty fireworks can explode close to the body while trying to light them and cause severe burns. Parental supervision is highly encouraged when children are engaged in these activities, and protective gear such as closetoed shoes, long clothing and eyewear is advised.

#### **Drownings**

Every year in the United States, there's an estimated 3,960 fatal unintentional drownings. The majority of drownings occur in the summertime and happen to children who are toddler age or those who do not know how to swim. Older children are at risk of drowning when they become fatigued or take a severe hit to the head while playing. It's essential for parents to supervise their children around pools, lakes and other bodies of

This summer, remember to enjoy outdoor activities safely and take preventive steps to reduce your children's risk of injury.

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### Summer dog<sub>.</sub>days are here

The dog days of summer are in full swing.

It never fails as the calendar turns into late June, the sports world gets a little slow.

Locally for us, the TSSAA two-week dead period began on Monday.

Not only that, but even national sports are all fairly slow.

Two weeks ago, the NBA Finals wrapped up the 2021-2022 season with the Golden State Warriors beating Boston and on Sunday night, the Colorado Avalanche dethroned the Tampa Bay Lightning in the Stanley Cup Finals.

Simply put, it's a slow time for sports. For those of us on the

sports beat, the dead period is the last little chunk of "slow" time we see for just about 11 months.

It's a go-go-go industry for us and honestly, I wouldn't have it any other

Just as soon as the dead period ends, those of us on the sports beat immediately dive into our preseason football coverage.

From analysis of changes on the football roster, to coaching changes, to getting our massive football section organized, it's all hands on deck at that point.

But the thing about it being a slow period for work is it's not just a slow period for our work, we're sports fans, too.

While it's nice to be able to take a step back and not have seven games being played in a single night to try and cover, it can get a little boring as well.

On a broader scale, the SEC Media Days will be held in roughly three weeks and that will officially kick off the nationallevel football schedule.

From late July until early February, we'll have football dominating the headlines.

While it's still slow, I try to get on the on the golf course and try to get on the water and fish as much as possible.

Like I said, I'm a sports fan through and through and while fishing and golf are more lifestyle sports, they're still things I enjoy that allow me to recharge the batteries before the slate of football kicks off.

Once we hit the SEC Media Days, it's like a domino effect with just weeks until the first NFL preseason games, which carry us through until the first college football games.

While it's a slow time for us now, we're chomping at the bit and ready to get back on the beat.

We just have to survive those dog days of summer.

• Chris Siers is sports editor of the Times-Gazette. Email him at sports@t-g.com.



Chase Elliott celebrates after winning the Ally 400 at the Nashville Super Speedway on Sunday.

Photo by Logan Riely/Getty Images

### Wait was worth it for Elliott

### Nashville winner endures multiple weather-related delays

By JENNA FRYER

AP Auto Racing Writer

LEBANON — Chase Elliott salvaged a crummy day for Hendrick Motorsports and interrupted a potential Toyota rout by winning the rain-drenched race at Nashville Superspeedway on Sunday night.

Elliott recovered from an early issue that dropped him deep into the field to take the lead with 38 laps remaining and hold off three Joe Gibbs Racing drivers for his second Cup victory of the season.

It took NASCAR's most popular driver nearly seven hours and a late four-lap shootout to get to victory lane. NASCAR moved the start up by 12 minutes because of looming bad weather, then sat through an hour-long stoppage for lightning in the area, followed by a later rain delay that stretched a tick past

"So proud of our team," Elliott said. "We had kind of a setback there about halfway and was able to get the Chevy dialed back in and get back in the mix. It was a long day, fun

The race resumed right at the halfway point with teams unsure if the full 300 laps would be completed or if the race would be stopped early because of more rain. Toyota controlled almost the entire event — four of its drivers combined to lead 253 laps — but the No. 5 Hendrick crew brought Elliott's Chevrolet to life in the closing stretch.

'We were `(The) Bad News Bears' to start, and then at the end we got it right and were really good," crew chief Alan Gustafson said.

He had the race in hand when a caution came out with nine laps remaining and Elliott didn't pit from the lead for fresh tires. Nine other drivers stayed on track with him to create a pack of traffic that prevented the Toyotas from catching Elliott after they stopped for

"I figured it was coming. I was hoping not," Elliott said about the caution. He led two times for 42 laps. But he pulled away on the restart and beat Kurt Busch — in a Toyota for 23XI Racing — by 0.551 seconds.

"Getting a win is always huge. To do it in a really cool city like Nashville is even better. Looking forward to that guitar," Elliott said about Nashville's traditional winner's trophy.

"These things are hard to come by and you have to enjoy them. You never know when or if ever you will get another one. So, super thankful and looking forward to next week."

Elliott's other win this season was at Dover, which like Nashville is a concrete track.

Busch, who led three laps for Toyota, said he should have been harder on Elliott on the final restart.

"I got soft on him. I should have been throwing some fenders and moving some momentum around," said Busch. "I just needed to stick with our strength and I messed up. The way that we're running, a second is cool, but we're here for wins."

Ryan Blaney was third in a Ford and followed by Elliott's teammate Kyle Larson, the defending race winner. The JGR trio of Denny Hamlin, Kyle Busch and Martin Truex Jr. fell to sixth, 21st and 22nd after the late decision to stop for tires ahead of the final restart.

#### Mixed Hendrick day

The race went bad for Hendrick Motorsports in a two-lap sequence shortly after it resumed following the early lightning delay.

William Byron headed to the garage with a broken steering rack on his Chevrolet minutes after the race resumed, and one lap later, Alex Bowman suffered severe damage when contact with Corey LaJoie caused him to spin.

Bowman derided LaJoie's talent on his team radio, while LaJoie asked his team to apologize to Bowman on his behalf. During a lengthy rain delay hours later, LaJoie posted to Twitter a T-shirt design that said "Really Good Race Car Driver" to mimic Bowman's insult.

But the damage was done for Bowman, who is sponsored by Ally, which has heavily invested in NASCAR's return to the Nashville market. The company is the entitlement sponsor for the Cup race and heavily activated at several downtown Nashville tourist spots.

Bowman had returned to the the event hoping to improve on last year's 14th-place finish which he found unacceptable because of Ally's significant presence at the speedway. He finished last in the 36-car field.

#### **Bad mood Bubba**

Bubba Wallace lost his temper with his 23XI Racing crew when he had to pit from sixth-place because of a loose wheel. He cursed his crew, then said he didn't want to talk to them the rest of the race.

"Leave me the (expletive) alone," he radioed the No. 23 team. "Don't talk to me the rest

Crew chief Bootie Barker tried to calm his driver, who has been all over the map at Nashville. He was fastest in Friday practice but then qualified 30th with team co-owner Michael Jordan watching from pit road.

'We're not out of it," Barker replied. "I

know you are (angry) and you deserve to be." Wallace restarted 31st, the last car on the

lead lap. He rallied to finish 12th.

#### Up next

NASCAR's Cup Series races on the Road America road course in Wisconsin for just the third time. Elliott is the defending champion.

### Last in, last standing: Ole Miss wins CWS

By ERIC OLSON AP Sports Writer

OMAHA, Neb. — The

last team to get into the NCAA baseball tournament was the last team standing.

Mississippi scored twice on wild pitches in a three-run eighth inning and the Rebels won their first national baseball title, sweeping Oklahoma in the College World Series finals with a 4-2 victory Sunday. Rebels (42-

23) became the eighth national champion since 2009 to come out of the Southeastern Conference and third straight, and the trophy will stay in the Magnolia State for another year. Mississippi State won last year.

"There is so much to be said for how much we overcame this year, how much

we had to fight through,

how much we had to pick

each other up and never let ourselves get down," team captain Tim Elko said. "The story of our season is going to be told for year and years to come."

Ole Miss benefited from a runner-interference call that took a run away from Oklahoma (45-24) in the sixth inning. The Rebels also overcame a spectacular pitching performance by Cade Horton, who set a CWS finals record with 13

Brandon Johnson struck out the side in a 1-2-3 ninth inning to set off a celebration on the field and in the stands where the majority of the 25,972 were Rebels fans dressed in Ole Miss powder blue. Catcher Hayden Dunhurst ran to the mound to embrace and then tackle Johnson after Sebastian Orduno swung

and missed on the final

pitch.

journey for the Rebels and 22nd-year coach Mike Bianco, who was under fire when his team sat at 22-17 overall and 7-14 in SEC play on May 1.

"I think they've showed a lot of people that you can fall down, you can stumble and you can fail, but that doesn't mean you're a failure," Bianco said. "If you continue to work hard, you continue to push and you continue to believe, you can accomplish anything. That's not some poster or some tweet to motivate you. We've all heard that. this season."

These guys have lived that Ole Miss beat out North Carolina State for the final at-large bid and had to go on the road for regionals and super regionals. The Rebels finished the season

on a 20-6 run, including

10-1 in the national tourna-

Their only loss at the CWS was 3-2 to Arkansas on Wednesday. The next day, Dylan DeLucia pitched a four-hit shutout to beat the Razorbacks and send the Rebels to the finals. DeLucia was named CWS Most Outstanding Player after allowing one earned run, striking out 17 and walking none in 16 2/3 innings.

Ole Miss, which won the CWS finals opener 10-3, was down 2-1 going into the eighth inning Sunday. Trevin Michael relieved Horton with one out, and Jacob Gonzalez singled through the right side to drive in the tying run.

"Kind of knew we were going to start the scoring in the eighth or ninth," said Gonzalez, 3 for 23 in the CWS before singling twice

and homering Sunday.

"That's how we are. We're

going to put the pressure on. We're not going to strike out and sit down. Luckily, I got a hit and I finally got to help the team out this week."

Michael (4-2) then uncorked the wild pitches that brought in Justin Bench for the go-ahead run and another to bring in Gonzalez. On the first one, catcher Jimmy Crooks got crossed up on a breaking ball. On the second, Michael's low pitch got under Crooks' glove.

"I wouldn't want anybody behind the plate other than Jimmy Crooks or Trevin to close the game," OU coach Skip Johnson

Ole Miss starter Hunter Elliott scattered three hits while allowing two runs in 6 1/3 innings. Mason Nichols and John Gaddis (4-2) got the game to Johnson in the ninth.

### LIV Golf heads to Oregon as unhappy officials await

By ANNE M. PETERSON AP Sports Writer

Saudi Arabia-backed LIV Golf is getting a chilly reception in Oregon, its first stop in the United States.

This coming week, the series, which is paying enormous signing fees for players like Phil Mickelson and Dustin Johnson, descends on Pumpkin Ridge Golf Club in tiny North Plains, nestled in the rolling hills west of

But the North Plains mayor, as well as officials from surrounding cities, have written the club's owner, Escalante Golf, with concerns. Oregon Sen. Ron Wyden is speaking out against the tournament, and some members of the pricy club also are uncomfortable with the situation.

Opponents point to Saudi Arabia's human rights abuses, including the murder of U.S.-based journalist Jamal Khashoggi. But in Oregon, there also is anger over the hit-and-run death of 15-yearold Fallon Smart in 2016.

Saudi student Abdulrahman Sameer Noorah was facing a trial on first-degree murder charges when he removed a tracking device and vanished. U.S. authorities believe the Saudi government helped arrange for a fake passport and provided a private jet for travel back to Saudi Arabia. The case was featured on "60 Minutes."

"It's wrong to be silent when Saudi Arabia tries to cleanse blood-stained hands, in the fight for Oregonians to get justice — Fallon Smart was killed very close to our house in Southeast Portland, and the person charged with the crime, a hit-and-run death, was, based on all the evidence, whisked out of the country by the Saudis before he stood for trial," Wyden said in an interview with The Associated Press. There is also concern the event

could bring protests to North Plains, a town of just 3,400 people. Tickets to the event prohibit fans from displaying any political

"We oppose this event because it is being sponsored by a repressive government whose human rights abuses are documented. We refuse to support these abuses by complicitly allowing the Saudibacked organization to play in our team play, with 12 teams. Teams backyard," said a letter signed by North Plains Mayor Teri Lenahan and 10 other mayors from surrounding cities.

Wyden accuses the Saudi government of sportswashing.

"It's just a page out of the autocrats' playbook covering up injustices by misusing athletics in hopes of normalizing their abuses," he said. The event also has put Pumpkin

Ridge members in a difficult spot. Some decided to leave the club over the tournament, but it's unclear how many departed. "A lot of members are like

stuck between a rock and a hard place right now where politically they don't agree with it at all," said member Kevin Palmer of Beaverton. "But I also joined last year and put down like \$12,000, and if I leave I don't get any of that money back." Greg Norman is CEO of LIV

Golf Investments and the face of a circuit that aims to rival the PGA Tour. The 48-man field in Portland will compete for \$20 million in prize money for individual play, and \$5 million in will be announced Tuesday after a draft.

Johnson, who had been No. 1 in the world longer than any player since Tiger Woods, and sixtime major champion Mickelson were among the first big names to join. The Portland field since has added Bryson DeChambeau, Brooks Koepka and Patrick Reed, all major champions, though none among the current top 20 players in the world ranking.

The PGA Tour has suspended every member who competed in the first LIV event because they did not have conflicting event releases. Those in Portland also will be suspended when they tee The tour typically awards

three such releases a year, only for tournaments overseas. It does not allow its members to compete in tournaments held in North

The Portland event is held the same week as the John Deere Classic in Illinois.

"The PGA Tour, an American institution, can't compete with a foreign monarchy that is spending

billions of dollars in attempt to buy the game of golf," Commissioner Jay Monahan said last week. "We welcome good, healthy competition. The LIV Saudi golf league is not that. It's an irrational threat, one not concerned with the return on investment or true growth of

The LIV tour consists of eight events this year, five in the United States. Following the stop in Portland, the tour moves to the Trump National Golf Club in

Bedminster. Texas-based Escalante Golf. owner of Pumpkin Ridge and another course on the LIV series, did not respond to a request for comment.

"We believe that we have a moral obligation to take a stand and speak out against this event in order to protect the people we serve," the mayors wrote in their letter to the company. "While our local jurisdictions may not be able to prevent this event, we stand together to voice our concerns about the unwelcomed potential risks, visitors and harm this event could have on our com-

### MacKinnon, Avs clinch Stanley Cup

By STEPHEN WHYNO

AP Hockey Writer

TAMPA, Fla. — Andrew Cogliano shouted at Nathan MacKinnon in the midst of the Colorado Avalanche's Stanley Cup celebration.

"87!" he bellowed. It was a reference to the final

two numbers of MacKinnon's hotel room, which Colorado's star forward thought was a great omen when he checked in ahead of Sunday night's Game 6 in Tampa. Sidney Crosby, like MacKinnon a native of Cole Harbour, Nova Scotia, is known for

Now MacKinnon is a Stanley Cup champion, just like Crosby.

"We just felt like it was fate," MacKinnon said. "We just knew we were going to win when I got that room number."

Fate didn't help MacKinnon sneak a perfect shot past 2021 playoff MVP Andrei Vasilevskiy for Colorado's first goal or help him set up Artturi Lehkonen for the second. And fate didn't make him slide his body in front of shots to keep them from getting to the net or take a big hit from Tampa Bay Lightning captain Steven Stamkos that knocked him to the ice.

No, it was skill and sheer determination for a player seeking a championship that had eluded him for several years amid playoff disappointments. He was at his best in the Cup-clinching 2-1 victory Sunday night. After a relatively quiet performance in the series until that point, MacKinnon picked the perfect time to be a difference-maker and drove the bus for the Avalanche.

General manager Joe Sakic, who

in 2013, said this means everything to his first-line center. "He's one of the best players in

drafted MacKinnon with the first pick

the world, and he wanted this more than anyone, and you can tell," Sakic said. "He's open about it how much he wants to win, and I was really proud for him. He's been tremendous right from when he started as a rookie. He's gotten better and better every year. A dynamic player, and you saw it today. He checked as hard as when he had

MacKinnon at times played like a man possessed during this run, leading the Avalanche with 13 goals, tied for the playoff lead.

"The maturity of his game over the last couple of seasons and in going through what we went through in the playoffs last year has kind of driven him to a different point this year," coach Jared Bednar said. "He has a better understanding and a growing understanding of everything that's happening around him and that other guys play an important role in our team's success and it doesn't have to always just come back on him."

MacKinnon blazed and bulldozed through and dangled around plenty of opponents to win his first championship, adding a goal in the titleclinching win.

"Nate's like a bull in a china shop," said Lightning coach Jon Cooper, whose team came two victories away from the NHL's first three-peat since in the early 1980s. "He plays the power game. He's kind of got that double-edged sword because he's really fast and he's really strong, so it's hard to neutralize him when you really let him go."

Avalanche unleashed MacKinnon on Nashville, St. Louis and Edmonton before that — sweeping the Predators in the first round and the Oilers in the Western Conference final sandwiched around beating the rival Blues in six. And then came the Lightning, who were vanquished in a terrific series that saw four onegoal games (two won by Colorado in overtime) and a blowout win for each

At the end, Colorado had the Cup and MacKinnon this time didn't have to answer questions about what went wrong or whether he'd need to change his approach to win in the playoffs.

Instead of doing that, MacKinnon ratcheted up his game. Even before he scored his first goal of the final, he danced around defenders with moves more reminiscent of video game hockey than real life.

Facing noted Tampa Bay shutdown center Anthony Cirelli in the final, MacKinnon was more than up to the challenge. "He embraces some of those

matchups," Bednar said. "Nate, he's not afraid or intimidated to go against As a result, MacKinnon now trails rosby by two Stanley Cup titles, giv-

ing the 26-year-old even more to shoot for beyond this championship. "It's crazy," MacKinnon said.

"Can't wait to hug my family. It's hard to describe. I didn't really know what it would be like to actually win it, just seeing all these warriors battle, it just feels unbelievable."

### **Appel arrives in big** year for No. 1 picks

By NOAH TRISTER

AP Baseball Writer

Mark Appel is proof that even for a No. 1 draft pick, the road to the major leagues is sometimes a bumpy one.

Appel was called up by the Philadelphia Phillies on Saturday, nine years after he was drafted first overall by Houston. In between, he bounced around the minors, was traded in the 2015 deal that sent Ken Giles to the Astros — and even quit baseball for a

He resurfaced last year and finally joined the Phillies this weekend, although he didn't pitch. If the 30-year-old Appel does appear in a game for Philadelphia, he'll be the fourth No. 1 overall selection to make his major league debut this year, joining 2017's Royce Lewis (Twins), 2019's Adley Rutschman (Orioles) and 2020's Spencer Torkelson (Tigers).

Only one other time have four top picks made their debuts in one year. That was in 1989, when Andy Benes, Ken Griffey Jr. and Jeff King — the No. 1 pick in each of the previous three years all began their big league careers. The other top pick to make his debut in 1989 was Ben McDonald, who had actually been drafted that same year by

Baltimore. With the draft coming up next month, here are a few other notes about the history of No. 1 overall picks, with some help from Baseball-Reference.com:

- Although so far, 1989 is the only year four top picks have made their big league debuts, there were other seasons when three No. 1s did it. Those were 2007 (Luke Hochevar, Justin Upton and Josh Hamilton) and 1987 (B.J. Surhoff, Shawn Abner and Tim Belcher).

 Although it was more common in the early days of the draft, McDonald is the last player to make his debut the same year he was drafted first overall. The longest wait belongs to Matt Bush, who was taken in 2004 by San Diego and finally pitched in the majors in 2016 for Texas. He's still with the

Appel is one of a handful of No. 1 picks who haven't played in the majors. Steve Chilcott, picked in 1966 by the New York Mets, and Brien Taylor, taken by the New York Yankees in 1991, had injury problems. Brady Aiken, selected in 2014 by Houston, is a more recent example. Last year's top pick, Henry Davis, has reached Double-A in the Pittsburgh Pirates' system.

#### Trivia time

Appel was drafted by two other teams (and didn't sign) before the Astros picked him first overall. Who were those franchises?

Line of the week Austin Hays had to beat the weather to hit for the cycle. On Wednesday night, Hays and the Orioles routed Washington 7-0 in a game shortened to six innings. That was enough time — he hit a single in the first, a homer in the third, a triple in the fourth

#### Comeback of the week

and a double in the sixth.

Down 2-0 with two outs in the ninth and nobody on, the Los Angeles Dodgers had a 1.1% chance of beating Atlanta on Sunday night, according to Baseball Savant. Then ex-Dodger Kenley Jansen allowed a pair of singles, putting men on first and third. After Chris Taylor stole second, Trayce Thompson's single scored both runners to force extra

innings. Each team scored once in the 10th before the Dodgers finally won 5-3 in 11. Los Angeles won two of three in Freddie Freeman's return to Atlanta.

The Detroit Tigers

#### Trivia answer

drafted Appel out of high school in 2009 in the 15th round. He was picked eighth overall by the Pittsburgh Pirates in 2012 before returning to Stanford for his senior season and moving up to No. 1.

### Schauffele wins Travelers after late drama

By PAT EATON-ROBB **AP Sports Writer** 

CROMWELL, Conn. Xander Schauffele celebrated his one-year wedding anniversary Sunday with a dramatic victory in the Travelers Championship.

The Olympic champion

won with a three-stroke swing on the final hole, hitting to 3 feet for birdie after rookie Sahith Theegala took two shots to get out of a bunker and made a double bogey in the group ahead.

A stroke in front entering the day, Schauffele finished with a 2-under 68 at TPC River Highlands to beat Theegala and J.T. Poston by two strokes. Schauffele had a 19-under 261 total. "My mind was telling

me to hit a good drive and then use your sand wedge or lob wedge in there and make birdie," Schauffele said. "To sit there and watch what happened was a bit of a shock, obviously. I really had to try and focus on the task at hand." Theegala shot a 67, and

Poston had a 64. Schauffele won for the

sixth time on the PGA Tour

and the second this season after teaming with Patrick Cantlay to win the Zurich Classic of New Orleans in April. It was his first ever win after having a 54 hole

Theegala was lurking

near the top of the leader-

board all day and grabbed a share of the lead on 15, driving the green on the par-4 hole and making a 4-foot birdie putt. He overtook Schauffele with an 11-footer for birdie on 17, pumping

But the former Pepperdine star had a bogey-free round going until his tee shot on 18 left and into the front of a fairway bunker. He needed two tries to get out of the "Somehow my body just,

I just straight bladed it," he said. "I had room there. I don't know how it looked, but I had room there. Just didn't think I would let myself blade it. But I guess the moment was — and then from there it's, like, got to try and make 5 now. His 12-foot bogey putt

lipped out, and he fell to his knees in agony. "I did everything I

thought I had to do and it just happened to be everything bad culminated on one hole," he said. "I did so much good." In February in the

Phoenix Open, Theegala after leading after each of the first three days — drove into the water on 17 for a

bogey and finished a shot out of a playoff that Scottie Scheffler won over Cantlay. Theegala was trying to become just the second rook-

ie to win this season, joining

Chad Ramey, who won in

the Dominican Republic. The 2020 Travelers was his first professional start, but he missed the cut.

Schauffele was consistent Sunday with two birdies and a bogey on the front before mirroring that score on the

He takes home just under \$1.5 million, not a bad gift for a celebration he plans with his wife, Maya. "It's actually happy anni-

versary," he said. "It's my one-year anniversary with my wife. So I'm going to go try and get home and see my wife.' Amateur Michael

Thorbjornsen, from nearby Wellesley, Massachusetts, was fourth at 15 under after a 66. The Stanford star was looking to become the first

amateur to win on the tour since Phil Mickelson it in 1991. He shot a 31 on the front nine, including an eagle on No. 6 after putting a 261-yard approach a foot from the hole. He finished with a 66. "I felt really good and

comfortable out there, then near the end had a couple of hiccups, which happens sometimes," said Thorbjornsen, who added that he plans to return to college in the fall. "I don't think I was too nervous,

just a couple of miss-executions." The previous best finish by an amateur at the Connecticut tournament came in 1966, when Tim Grant finished tied for sixth place at the nearby Wethersfield Country Club in what was then known as the Insurance City Open. Poston, who was the

co-leader after shooting a first-round 62, started the day tied for seventh place, nine strokes back. He put up a bogey-free 64, finishing with his sixth birdie of "I putted well, drove it

well, hit my irons good," Cantlay began the day just a stroke behind his good

friend Schauffele. But last year's FedEx Cup champion, who had a combined four bogeys in the first three rounds, shot five of them on the front nine on Sunday. He finished with a 76 and in a tie for 13th at 10 under.

Luke List, who shot a 65 on Sunday to finish at

9-under had the shot of the day, opening his round with 119-yard approach on No. 1 that took a short bounce into the hole for an eagle. Rory McIlroy, who shot

an opening-round 62, also finished at 9 under with a 67 on Sunday. This was his fourth straight tournament for the No. 2-ranked player in the world, who said he won't play again before the Open Championship at St. Andrews next month.

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#### VIQUEENS SOFTBALL HONORED



ABOVE: The Community High School Viqueens softball team was honored for this season's performance during the recent Bedford County Board of Education meeting, held at Community High School. The Viqueens reached the TSSAA State Tournament for the first time in school history.

LEFT: Dan Reed and superintendent Tammy Garrett made the presentation to Community High's girls' softball team last Tuesday night on behalf of the board.



### Supreme Court backs coach's post-game prayers

By JESSICA GRESKO **Associated Press** 

WASHINGTON — The Supreme Court on Monday sided with a football coach from Washington state who sought to kneel and pray on the field after games.

The court ruled 6-3 for the coach with the court's conservative justices in the majority and its liberals in dissent. The justices said the coach's prayer was protected by the First Amendment.

"The Constitution and the best of our traditions counsel mutual respect and tolerance, not censorship and suppression, for religious and nonreligious views alike," Justice Neil Gorsuch wrote for the majority.

The case forced the justices to wrestle with how to balance the religious and free speech rights of teachers and coaches with the rights of students not to feel pressured into participating in religious practices. The outcome could strengthen the acceptability of some religious practices in some

other public school settings. The decision is the latest in a line of Supreme Court rulings for religious plaintiffs. In another recent example, the court ruled that Maine can't exclude religious schools from a program that offers tuition aid for private education, a decision that could ease religious organizations' access to taxpayer

In a dissent in Monday, Justice Sonia Sotomayor wrote that the coach decision "sets us further down a perilous path in forcing states to entangle themselves with religion." She was joined in her dissent by Justice Stephen Breyer and

money.

Justice Elena Kagan. That the court ruled for the coach is perhaps not surprising. In 2019, the court

declined to take up the case at an early stage, but four of the court's conservatives agreed that a lower court decision in favor of the school district was "troubling" for its "understanding of the free speech rights of public school teachers." The case before the

justices involved Joseph Kennedy, a Christian and former football coach at Bremerton High School in Bremerton, Washington. Kennedy started coaching at the school in 2008 and initially prayed alone on the 50-yard line at the end of games. But students started joining him, and over time he began to deliver a short, inspirational talk with religious references. Kennedy did that for years and led students in locker room prayers. The school district learned what he was doing in 2015 and asked him to

Kennedy stopped leading students in prayer in the locker room and on the field but wanted to continue praying on the field himself, with students free to join if they wished. Concerned about being sued for violating students' religious freedom rights, the school asked him to stop his practice of kneeling and praying while still "on duty" as a coach after the game. The school tried to work out a solution so Kennedy could pray privately before or after the game. When he continued to kneel and pray on the field, the school put him on paid

Three justices on the court attended public high schools themselves while the rest attended Catholic schools.

The case is Kennedy v. Bremerton School District,

# Families brace for changes to pandemic-era free school meals

By LISA RATHKE **Associated Press** 

ESSEX, Vt. — Before the pandemic, there was no room in the budget for Kate Murphy's children to buy lunch at school. She and her husband would buy in bulk and make bag lunches at home. So the free school meals that were made available to students nationwide amid the crisis have brought welcome relief, especially since her husband lost his job last year at a bakery company that closed.

The free meals gave the Essex Junction, Vermont, family one less thing to worry about.

"We make just too much money (literally by just a few dollars) to qualify for free or reduced lunches and other food-related benefits, but not enough to truly ever feel financially comfortable," Murphy, a mother of four and administrator at a trust company,

said by email. The pandemic-era federal aid that made school meals available for free to all public school students — regardless of family income levels — is ending, raising fears about the effects in the upcoming school year for families already struggling with

rising food and fuel costs. For families already strained by inflation and the end of other federal help like expanded child tax credits, advocates say cuts to the aid could mean turning more frequently to

food banks. "Families across the country are facing a very difficult reality of having to chose between feeding their kids or filling up their gas tank or purchasing medicine," said Vince Hall, chief government relations officer for Feeding America, a nonprofit network of foodbanks.

The rules are set to revert to how they were before the coronavirus pandemic with families that are eligible based on income levels required to apply for their children to receive free or reducedprice lunch. Schools in predominantly low-income areas will be allowed to serve breakfast and lunch to everyone for free, as before.

Since waiving the eligibility requirement during the pandemic, the U.S. Agriculture Department, which oversees school meal programs, has seen the number of participating students soar.

During this past school year, about 30 million kids a day were getting free meals, compared to 20 million before the pandemic, said Cindy Long, administrator of the USDA Food

and Nutrition Service. At summer meal distributions, 1.3 billion meals and snacks were given out nationwide in fiscal year 2020 at a cost of \$4.1 billion — an eightfold increase from the previous year in terms of meals and cost, according to the

A bill passed in Congress last week and signed by President Joe Biden on Saturday aims to keep the rules around summer meals programs as they have been during the pandemic so that sites can operate in any community with need, rather than just where there's a high concentration of low-income children, and offer to-go meals. It also provides flexibility for schools to make substitutions for certain types of food without being fined if they run into supply chain problems. Advocates say the leg-

islation will provide relief, but the timing has caused confusion around plans for summer meal distribu-"It's disappointing that

the extension of the summer waivers would come so late that for the most part they're not going to be able to stem the dramatic loss in summer meal sites that are happening this summer," said Anore Horton, executive director of Hunger Free Vermont.

For the next school year, some states have taken it upon themselves to keep school meals free for all students.

California and Maine made universal meals permanent last year and Vermont is continuing the free meals for all public school students for another year using surplus state education funding. In Massachusetts, House lawmakers included \$110 million in the budget to extend universal school meals for another year but the Senate version did not. Now both versions are before a conference committee. In Colorado, the Legislature passed a bill to ask voters this November whether to fund free universal break-

fast and lunch at schools. At the Albert D. Lawton Intermediate School in Vermont one recent day, eighth graders picked up freshly made pizza and Caesar salad on their trays and ate lunch with friends around round tables. Students said it was important to continue to provide free meals to all students.

"Not everybody has the same situation at home and it's hard to learn at school when you're super hungry so I think free lunch, it makes it easier for everybody," student Ethan Pringle said.

Not only do the free universal meals give kids nutrition so they can learn but they also provide some reliability for kids and families during what is still a challenging time, Vermont state Rep. Karen Dolan said. It also removes the stigma of being a free or reduced-price lunch kid and the embarrassment of families who can't pay their kids' lunch accounts,

officials said. But some officials worry about paying for meals for children from families who could easily

Vermont Republican Gov. Phil Scott supports helping those in need but "will not support imposing such taxes, which would disproportionately impact the very people we are trying to help, in order to fund meals for children of affluent families," spokesperson

Jason Maulucci said. Families and advocates say losing universal school lunch and breakfast next year would have been

hardship for families. "Our kids have so much to worry about these days, and food shouldn't be one

of them," Murphy said. •Associated Press reporters Sharon Lurye in New Orleans, Steve LeBlanc in Boston and Jim Anderson in Denver in contributed to this report.

### Tips for parents of new, younger kindergartners

By GREGORY FABIANO

Florida International University

A good kindergarten experience sets kids up for success in school and into adulthood. Students in smaller kindergarten classes are more likely to go to college than students from larger classes. And by age 27, students who had more experienced kindergarten teachers were earning more money than their peers who had less-experienced teachers in kindergarten.

One factor many parents consider is their child's age when starting kindergarten, based on how close their age is to the cutoff date for enrollment. The ages at which kids are eligible to start kindergarten differ across the United States and in other countries. Most commonly in the U.S., a child who turns 5 on or before Sept. 1 of a given year can start kindergarten that year. But most states don't actually require a child to start school until

later, even age 7 or 8. Evidence shows that children who are

relatively young for their kindergarten class – those who are only a few weeks or months older than the cutoff rules require – are at increased risk for doing worse in school, being held back a grade, and having lower social-emotional skills.

Students who start kindergarten younger are also more likely to be rated by teachers as exhibiting symptoms of attention-deficit/ hyperactivity disorder in kindergarten and to

be treated with medication for ADHD. When younger kids fare worse than older kids in the same, single-grade classroom,

and older kids are viewed as more advanced, it's often because adults tend to compare children to one another. The relatively older children may appear to behave better than the relatively younger children, especially as kindergarten classrooms focus more on academics and offer less time to play. Together these differences are called the "relative age As a result, some families choose to delay

their child's entry into kindergarten, particularly those who can afford to do so.

I am a clinical psychologist who studies how to best support children in school settings, particularly those at risk for behavioral challenges like ADHD. Here are five ways families can help support their kindergartners, especially those who are relatively younger than their classmates.

1. Learning opportunities Relatively older students have had more time to learn academic skills. To help younger kindergartners catch up with their older classroom peers, families can offer additional

learning experiences. This includes engaging the children in more conversations and shared book reading. This can be started during the preschool years and throughout kindergarten. 2. Be positive Parents and educators can direct focus as much as possible on encouraging and praising

the positive performance of relatively younger

children in the classroom. If the feedback

is mostly negative – in which the relatively younger child is always told to "hurry up," "pay attention," "do it the right way," and all other variations of directives that include words like "no," "don't" or "stop" - they may eventually shut down and stop trying to follow instructions. To combat this, educators and parents can focus on emphasizing all the things the child is doing right, rather than wrong. A good goal is to be mindful of directing at least three positive statements to the child for every correction or redirection. 3. Set tailored goals

Parents of relatively younger children can meet with their child's teacher early in the school year to discuss individual goals for the child. That meeting can discuss the child's current strengths and skills, as well as areas in need of growth. The adults can establish reasonable, achievable goals for the child each week or month. That can help offset possible relative comparisons that may mask individual progress.

THURSDAY EVENING

Press Your Luck

ABC

NICK PARMT

SYFY

TBS TCM TLC TNT

TRAVEL TV LAND USA

VH1

: HBO

MAX

 7:00
 7:30
 8:00
 8:30

 ress Your Luck
 Press Your Luck

**10:00** Local

Blue Bloods (TV14)

Local

**JUNE 29, 2022** 

10:30 11:00 11:30 Jimmy Kimmel Live Nightline

Local Programs (TV14)

Blue Bloods (TV14)

Burgers

Queens SVU : "Intent" (TV14)

Wonder Woman ('17, PG-13) ★★★½ Gal Gadot.

Support Sheriff ('69)

Dr. Pimple Popper

(:35) **Late Show** (TV14)

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		Rizzoli & Isles		Rizzoli & Isles		(:03) <b>Rizzoli &amp;</b>		(:03) <b>Rizzoli &amp;</b>		(:01) <b>Rizzoli &amp;</b>	
		Jersey Shore		Buckhead Sho		Jersey Shore	(TV14)	Buckhead Sho	re	Ridiculous	Ridiculous
		NewsNation		Dan Abrams L		Banfield		NewsNation		Dan Abrams L	
				01 1 0 ((0.4 )							

90 Day Fiancé (TV14) Quinn Quinn

Fright Club (TVPG) (N)

Chrisley

The Chi (TVMA)

Loves Ray. Loves Ray.

Chrisley

The Holiday ('06, PG-13) ★★★ Cameron Diaz.

| Newswatcon | Dark Autrains Live | Darmielu | Nithat Girl | SpongeBob | Shrek 2 (104, PG) ★★★ Cameron Diaz. | Fill Air Force One (97, R) ★★★ Harrson Ford, Gary Oldman. | Till Spider-Man 2 (104) ★★★ | Spider-Man 3 (107, PG-13) ★★½ Tobey Maguire, Kirsten Dunst. Bang | Bang | Bang | Frontal | Frontal | Yill Westworld (173, PG) ★★½ Yul Brynner. | (45) Near Dark (187, R) ★★★★ Airain Pasdar. | On Day Eapré (1940) | On Day Eapré (1940) | 90 Day Eapré (1940) | 90

90 Day Fiancé (TV14) 90 Day Fiancé (TV14) (6:00) Aquaman (\*18, PG-13) ★★★ Jason Momoa.

Chrisley Chrisley Chrisley Austin (N)

Wedding Crashers (\*05, R) ★★★ Owen Wilson, Vince Vaugim.

The Firm ('93, R) ★★★ Tom Cruise, Jeanne Tripplehorn.

Real Sports

Paranormal Caught on Camera (TVPG) (N)

(6:40) **Stillwater** ('21, R) ★★★ Matt Damon.

Westworld (TVMA)

9:00 9:30 Press Your Luck

**10:00** Local

90 Day Fiancé (TV14)

Paranormal (TVPG)

Queens

Chrisley

(:35) Days of Thunder ('90, PG-13) Tom Cruise

Man Who Fell (TVMA)

Friends The Accountant (16, R) ★★★ Ben Affleck.

Queens Chrisley

The Longest Yard ('05, PG-13) Adam Sandler

Transformers 2 ('09)

Queens

Austin

Mindhunter

Young Young Y
Dead Man ('96, R) Johnny Depp.

Chrisley

(:15) **Irma Vep** 

Flatbush

| 90 Day Fiancé (1V14) | 90 Day Fiancé (1V14) | Batman vs Superman: Dawn of Justice (16) ★★★

		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
_	ABC	Home Videos		Shark Tank (	TVPG)	The Rookie (1	V14)	Local Prograi	ns (TV14)	Local Progra	ms (TV14)
BRUADGASI	CBS	Superstar : "	Stafford Motor S	peedway" (Live)		48 Hours (TV	14)	Local Prograi			
§.	NBC	Transplant (N		Dateline NBC	;			Local	Saturday Nig	ht Live (TV14)	
3	FOX	(6:00) MLB Ba	<b>iseball</b> : "Reg'l	Coverage" (Live)		Local Progra		Name That Tu	ine	Local Progra	.ms (TV14)
•	ION	SVU: "Possess	ed"	SVU: "Mask"	(TV14)	SVU: "Dirty" (	TV14)	SVU: "Flight" (	TV14)	SVU : "Spectad	de"
ų	A&E AMC	The First 48 (	TV14)	First Blood (	TV14) (N)	Panic 9-1-1 (		The First 48 :	"Missing"	The First 48	(TV14)
9	AMC	Sixteen Cand	les ('84, PG) 🖈	★½ Molly Ring	wald.	Fast Times a	t Ridgemont Hi	gh ('82, R) ★★	r <del>*</del>	Road House	('89) <b>*</b>
3	ANIMAL	River Monste	rs: Deadliest	Man-eaters (N	)	Shark Acade	my (N)	River Monste	rs (TVPG)	River Monste	ers (TVPG)
	BET	Next Friday (	'00, R) ★★½	Ice Cube, Mike E	pps.		Friday After I	Next ('02, R) ★	★ Ice Cube, Mil-	æ Epps.	
	BRAV0	Below Deck (	TV14)	Below Deck	(TV14)	Below Deck (	TV14)	Below Deck (	V14)	Below Deck (	TV14)
	CARTOON	Hill	Hill	Futurama	Futurama	Dad	Dad	Dad	Rick Morty	Primal	Shenmue
	CMT	(6:30) Tommy	Boy ('95, PG-1	(3) ★★★ Chri	is Farley.	The Longest	Yard ('05, PG-13	) Adam Sandler.		Movie	G'buster 2
	CNN	CNN Newsroo	om (N)	RBG ('18, PG)	Justice Ruth Bade	r Ginsburg,		The Nineties		The Nineties	
	COMEDY	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	S. Park	S. Park
	DISCOVERY	Naked and Af	raid	Naked and A	fraid	Naked and At		Naked and Af	raid	Naked and Af	fraid
ľ	DISNEY	Big City	Big City	The Ghost	The Ghost	Big City	Big City	Big City	Miraculous	Miraculous	Miraculou
	E!	(6:00) Pitch P	erfect (†12, PG-	13) ★★★	Pitch Perfect	(12, PG-13) ★	★★ Anna Kend	rick, Skylar Astin.		Burlesque (1	0) Cher.
	ESPN	<b>UFC Prelims</b>	"UFC 276: Ades	anya vs." (Live)	•	SportsCente	,	SportsCenter		SportsCenter	r
	ESPN2	(6:00) CFL Foo	otball: Montreal	vs Saskatchewan	1	30 for 30 : "T	he Good, The Bad	,	<b>30 for 30</b> And	1 Mixtape.	Streetball
	FOOD	Road Trip	Road Trip	Road Trip	Road Trip	Diners	Diners	Diners	Diners	Road Trip	Road Trip
ľ	FREEFORM	The Office	The Office	The Office	The Office	The Office	The Office	Pirates of the	Caribbean: 0	n Stranger Tid	les ***
	FX	Despicable M	e 3 ('17)	Despicable N	Me 3 (*17, PG) ★	17, PG) ★★½ Steve Carell.			★★★ Matthe	w McConaughey.	
	HGTV	Love It or Lis	t It (TV G)	Love It or Lis	st It (TV G)	Love It or Lis	t It (TV G)	Love It or Lis	t <b>It</b> (TV G)	Love It or Lis	t It (TV G)
	HISTORY	American Pic	kers	(:02) America	an Pickers	(:05) American Pickers		(:05) American Pickers		(:03) American Pickers	
	LIFETIME	Jailbreak Lov	ers ('22, NR)			(:13) <b>#TextM</b>	e (TV14)	Sleeping with	a Killer	Jailbreak Lov	vers ('22)
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation F	Prime	NewsNation	Prime	NewsNation	Prime	NewsNation F	rime	NewsNation	Prime
	NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT	Yellowstone (	TVMA)	Yellowstone	(TVMA)	Yellowstone	(TVMA)	Yellowstone (	TVMA)	Yellowstone	(TVMA)
	SYFY	Despicable M	e ('10)	(:05) Despica	<b>ble Me 2</b> (*13, P0	G) Steve Carell.		(:15) Transfor	mers: Dark of	the Moon ('11)	<b>★★</b> ½
	TBS	Independence	e Day ('96)	Bang	Bang	Bang	Bang	Wipeout (TV14)		Wipeout (TV14	.)
	TCM	Funny Face (	57, NR) ★★★	► Audrey Hepbur	n.	Belle de Jour	('67, NR) ★★	★½ Catherine D	eneuve.	The Strange	One ('57)
	TLC	Dr. Pimple Po	pper	Dr. Pimple P	opper	Dr. Pimple P	opper	Dr. Pimple Po	pper	Dr. Pimple Po	opper
	TNT	The Last Jedi	i ('17)	Star Wars: T	he Rise of Skyw	valker (*19, PG-	13) ★★★ Dai	sy Ridley.		(:03) The Last	t Jedi (†17)
-	TRAVEL	Ghost Hunter	's (TVPG)	Ghost Hunte		Portals to He		Portals to He	<b>II</b> (TV14)	Ghost Hunter	rs (TVPG)
	TV LAND	Mom	Mom	Men	Men	Men	Men	Men	Men	Men	Men
	USA	(5:30) Fast Fiv	/e ('11) ★★★	r (:15) Fast Fiv	e ('11, PG-13) 🛨	★★ Vin Diesel,	Paul Walker.	'		Austin	Chrisley
	VH1			) <b>★★★</b> Jacki				★★ Jackie Char		Rush Hour 3	
=	НВО	The Heat ('13.		,		Westworld (T				ınter ('21, R) ★	, ,
	MAX	Little Man ('0		Duilouru	(:40) Hot Shot	s! ('91, PG-13)	***	(:05) Hot Shot			Boogie ★
			-,		14. 10, 1.00 01100						

M	ONDA	Y EVE	NING						JU	L <b>Y 4</b> ,	2022
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
15	ABC	Tag Sale		The American	Rescue Dog S			Local	Jimmy Kimme	l Live	Nightline
SA.	CBS	Neighbor.	Bob Hearts	NCIS : "Starting	g Over"	NCIS: Hawai'	i : "T'N'T"	Local	(:35) Late Sho	<b>w</b> (TV14)	Corden
BROADCAST	NBC	Macy's 4th of	July Firework	s Spectacular		Macy's 4th o	<b>f</b> (TVPG)	Local	Tonight Show	(TV14)	Late Night
2	FOX	Don't Forget	(TVPG)	Beat Shazam	(TVPG)	Local Programs (TV14)				Local Progra	ms (TV14)
8	ION	Chicago P.D.	(TV14)	Chicago P.D.	(TV14)	Chicago Fire	(TV14)	Chicago Fire	(TV14)	Chicago P.D.	(TV14)
щ	A&E	Right to Offer	nd: The Black C	omedy Revolu	tion	Right to Offer	nd: The Black C	omedy Revolu	tion	Right to Offer	nd (TVMA)
CABLE	AMC		II ('82, PG) ★★		Rocky IV ('85,	PG) ★★½ Sy	/Ivester Stallone.		Rocky Balboa	('06, PG) ★★	*
3	ANIMAL	Naked and Af	raid : "Biting Bac	ck At Africa" (TV14	1)	Naked and Af		Naked and Af	raid	Naked and Af	raid
	BET		Noah's Arc	Noah's Arc	(:48) Noah's A	rc (TV14)	Noah's Arc	To Be Announ		Martin	Martin
	BRAV0	Below Deck :		Below Deck (1		Below Deck (		Below Deck (		Ocean's Elev	
	CARTOON	Hill	Hill	Burgers	Burgers	Rick Morty	Dad	Dad		Boondocks	Robot
	CMT		<b>e Lost Ark</b> ('81,		d.	Let Freedom	Sing! Nashvil		Man	Man	Man
	CNN	(6:00) The Fou	ırth In America								
	COMEDY	The Office	The Office	The Office	The Office	The Office	The Office	Daily		Seinfeld	Seinfeld
	DISCOVERY	Street Outlay	<b>vs</b> (TV14)			(:02) <b>Street C</b>	Outlaws: Mega (	Cash Days		Street Outlav	
	DISNEY	Big City	Big City	Jessie	Jessie	Big City	Big City	Miraculous	Miraculous	Raven	Raven
	E!	To Be Announ		Welcome	Welcome	Family	Family	Family		Welcome	Welcome
ľ	ESPN	(6:00) WNBA (		30 for 30		To Be Annour	nced	<b>SportsCenter</b>		SportsCenter	1
ľ	ESPN2	(6:00) American Kennel L		USL Soccer: (	Colorado Springs v	s San Diego		30 for 30 : "The Good, The Bad			Hot Dog
	FOOD			Diners	Diners	Diners Diners		Diners		Diners	Diners
	FREEFORM		Far From Hom					The 700 Club	(TV G)	Simpsons	Simpsons
	FX	Captain Amer	ica: The Winte	<b>r Soldier</b> (†14, F	'G-13) ★★★¹	2 Chris Evans.		Independence	e Day: Resurge	nce ('16, PG-13	) <b>★★</b>
	HGTV	\$50K Three		Inside Out (TV	G)	Home Town 1		Home Town T		Inside Out (T)	/ G)
	HISTORY	The Food Tha	t Built America	a : "Best Served"		The Food Tha	ıt Built America	: "Spoils of War'		(:03) Food Bu	ilt (TVPG)
	LIFETIME	#TextMe (TV14		#TextMe (TV14		(:03) <b>#TextM</b>		(:03) <b>#TextM</b> 6		(:01) <b>#TextM</b>	
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation		Dan Abrams I	Live	Banfield		NewsNation		Dan Abrams	Live
	NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT	Movie						Movie			
	SYFY		75, PG) Roy Sche	ider.			½ Roy Scheider, I				Jaws 2
	TBS	Bang	Bang	Bang	Bang	Dad	Dad	Dad		B/R Gaming	
	TCM		k ('57, NR) ★>				PG) ★★★ Gar		(:45) Great Ba		
	TLC	The Family Ch		90 Day Diarie		Seeking Siste		Welcome to P		The Family C	hantel
	TNT		ndence Day ('96				<b>e Day</b> (†96, PG-1				
	TRAVEL	Mysteries of	the Unknown :				the Unknown:	"Forgotten Fathe		Mysteries (T	
	TV LAND	Mom	Mom	Mom	Mom	Mom	Mom (TV14)	-		Mom	Mom
	USA	WWE Monday	Night Raw (Live					Miz & Mrs		(:01) <b>John Wi</b>	
	VH1	Basketball Wi	ves (N)	My True Crim	ie Story	My True Crin	ne Story	My True Crin	ne Story	Single	Single
×	НВО	Fantastic Bea	st ('22)	Irma Vep (N)		Mind Over M	urder (N)	Irma Vep	(:45) Mind Ove	r Murder	Gone Baby
PREM	MAX	Stargate ('94,	PG-13) ★★★	Kurt Russell.		<b>R.I.P.D.</b> (*13, F	PG-13) Jeff Bridge		Hollow Man (	00, R) Elisabeth	
_	SHOW	The Chi : "Oh (		Man Who Fell	(TVMA)	Spotlights			½ Mel Gibson, Sor		
					. ,			. ,	, , , , , ,		

щ	A&E	(6:00) Next Fr				omedy Revolut	tion	(:04) Next Frid	<b>lay</b> ('00, R) Ice (	Cube, Mike Epps.	
層	AMC	Moneyball ('1'	, PG-13) ★★★	r Brad Pitt, Jonal	h Hill.			Draft Day ('14	, PG-13) ★★1/2	Kevin Costner.	
3	ANIMAL	River Monste	rs: Deadliest N	<b>lan-eaters</b> (TVF	PG)	Northwest La	w: Uncuffed (T	/14)		River Monste	rs (TVPG)
	BET	(5:00) <b>Movie</b>		Tyler Perry's	Sistas	BET The Encor	re	Tyler Perry's	Sistas	BET The Enco	re
	BRAVO	Real Housewi	<b>ves Beverly</b> (TV	14) (N)	Real Housewi	/es (N)	Southern Cha	rm	Chrisley	Chrisley	Chrisley
	CARTOON	Hill	Hill	Burgers	Burgers			Dad	Rick Morty	Boondocks	Robot
	CMT	Man	Man	Mom	Mom	Mom	Mom Mom		Mom	Golden	Golden
	CNN	Anderson Cod		CNN Tonight (		Don Lemon To		Don Lemon Tonight (N)		Anderson Coo	
	COMEDY	S. Park	S. Park	S. Park	S. Park	S. Park	S. Park	Daily			S. Park
		Expedition Un	known (TVPG) (N					Expedition Un		Expedition Un	
	DISNEY	Big City	Big City	Raven	Raven	Big City	Big City	Miraculous	Miraculous	Ultra	Ultra
	E!	(5:00) Movie W						Family Nightly		Welcome Welcome	
	ESPN	(				37 Words : "Part 4"		SportsCenter		SportsCenter	
	ESPN2	(6:00) <b>2022 W</b>		ESPN Films				<b>37 Words</b> : "Part 3"		<b>37 Words</b> : "Pa	
	FOOD	Guy's Grocer		Guy's Grocery		Guy's Grocery		Guy's Grocery		Guy's Grocer	
	FREEFORM	The Office						The 700 Club (	,		Simpsons
			es ('11, R) ★★			Horrible Boss				<b>Logan</b> ('17, R)	
	HGTV	Bargain Block		Bargain Block		Hunters	Hunters	Hunters	Hunters	Bargain Block	(TV G)
	HISTORY	Forged in Fire		Forged in Fire		More Power	More Power	More Power	More Power	Forged in Fire	(TVPG)
	LIFETIME		<b>rst Sight</b> : "Kick	ing Off San Diego				Married at Fir	st Sight	Married at Fi	rst Sight
	MTV			Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation		Dan Abrams L		Banfield		NewsNation		Dan Abrams I	.ive
	NICK	Despicable M	e ('10)	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT	The Fugitive (	'93, PG-13) ★★	★½ Harrison I	ord, Tommy Lee	Jones.	Air Force One ('97, R) ★★½ Harrison Ford.				
	SYFY	Spider-Man (	'02. PG-13) ★★	★ Tobey Magu	ire. Willem Dafoe.		(:35) Spider-N	-Man 2 ('04, PG-13) ★★★ Tobey Maguire.			

Burgers Burgers Burgers
Spaceballs ('87, PG) ★★★ Mel Brooks.

My Feet Are Killing Me

Loves Ray. Loves Ray.
SVU: "Beast's" (TV14)

A Haunting (TVPG)

Hoarding: Buried Alive

A Haunting (TVPG)

Queens Queens Queens Queens Queens

9:00 9:30
Press Your Luck
S.W.A.T.: "Short Fuse"
Chicago P.D. (TV14)

Local Programs (TV14)

Blue Bloods: "Spilling

**WEDNESDAY EVENING** 

The Price Is Right at

MasterChef (TV14) (N)

All Elite Wrestling: Dynamite (Live)

Murder by Death (76, PG) \*\* \* Eleen Brennan.

Dr. Pimple Popper (I) My Feet Are Killing Me

Aquaman (18, PG-13) \*\* \* Jason Momoa, Amber Heard.

 Loves Ray.
 Loves Ray.
 Loves Ray.
 Loves Ray.

 SVU : "Surrender"
 SVU : "Psycho" (IV14)

 Ali ('01, R) Will Smith.
 Ali ('01, R) ★★ Will Smith,

Ali ('01, R) ★★★ Will Smith, Jon Voight

A Ghost Ruined My Life : "Dark Spirits" (TV14)

Chicago Med (TV14)

Blue Bloods (TV14)

TBS

TCM TLC

TNT

USA VH1

**JUNE 30, 2022** 10:30 11:00 11:30 Jimmy Kimmel Live Nightline

TRAVEL TV LAND

7:00 7:30 8:00 Elementary

8:00 8:30 Elementary Economics

The Price Is Right at

Chicago Fire (TV14)

You Can Dance (N)

Blue Bloods (TV14)

_		741 (01,11) 1111			L'am .			(10.0)			77.10 17 000
	HB0		er ('13, R) ★★		(:35) Irma Ve		(:35) The Jane			(:20) <b>Old</b> ('21,	
	MAX		2: Hades ('18, R			('05, PG-13) ★			chwarmers ('0		Max Payne
	SHOW	Beverly Hills	<b>Cop</b> ('84)	The Chi (TVMA)	)	Last Vegas (	13, PG-13) ★★	*	(:45) <b>The Chi</b> (	TVMA)	DESUS &
F	RIDAY	EVEN	IING						JU	LY 1,	202
_		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
	ABC	Shark Tank (	TVPG)	(:01) 20/20				Local	Jimmy Kimm	el Live	Nightline
	CBS	S.W.A.T. : "Alt	oatross"	Magnum P.I.	(TV14)	Blue Bloods :	"Guilt"	Local	(:35) Late Sho	w (TV14)	Corden
DECADORO	NBC	American Nin	nja Warrior : "Qi	ualifiers 4" (TVPG)		Dateline NBC		Local	Tonight Show	(TV14)	Late Night
•	FOX	WWE Friday I	Night SmackDo	wn (Live)		Local Progra	ms (TV14)			. ,	Local
•	ION	Hawaii Five-0		Hawaii Five-0	) (TV14)	Hawaii Five-		Hawaii Five-C	) (TV14)	Hawaii Five-0	<b>O</b> (TV14)
7	A&E	The First 48	(TV14)	The First 48	(TV14)	The First 48	(TV14)	The First 48 (	(TV14)	The First 48	(TV14)
	AMC		('80, R) ★★★		(1111)		ttdoors ('88, PG			Karate Kid, P	
;	ANIMAL		lebrity Edition		(N)	Tanked (TVPG)		Tanked (TVPG)		Sea-lebrity (	
	BET	Celebrity Fan		New York Un		New York Un		The Encore	<u>'</u>	The Encore	1110)
	BRAVO	Below Deck (		Below Deck (		Below Deck		Below Deck	T\/II/I)	Below Deck (	TV/I/I)
	CARTOON	Hill	Hill	Futurama	Futurama	Dad Deck	Dad	Dad Deck (	Rick Morty	Futurama	Futurama
	CMT	Man	Man	Joe Dirt ('01)			93, PG-13) ★★			i utui aina	Here Comes
	CNN	Anderson Co		CNN Tonight		CNN Special		Anderson Co		CNN Tonight	
	COMEDY	The Office	The Office	The Office	The Office	The Office	The Office		The Trilogy ('08		S. Park
	DISCOVERY		Floating Gold" (TV1		THE UTILE	Outback Opa		Outback Opal		Gold Rush (TV	
		Villains	Ultra	Raven	Jessie	Jessie	Jessie	BUNK'D	Villains	Ultra	Raven
	DISNEY		o With It (*11, PG				Jessie ★★½ Adam Sar		VIIIdiris	Sarah Marsh	
	E!					IL ( II, PG-13) 7	₹ ½ AUdili Ədi		_		
	ESPN		gue : "PFL 6: Well	terweights (live)		A		SportsCenter		SportsCenter	
	ESPN2	E60 : "Unrivale		D: an	ln.		rnhole League		ln:	UFC Live : "Ad	
	FOOD	Diners	Diners	Diners (N)	Diners	Diners	Diners	Diners	Diners	Diners	Diners
	FREEFORM			Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club		Simpsons	Simpsons
	FX		hts: The Ballac						d of Ricky Bobb		
	HGTV		My Lottery	Vacation Hou		My Lottery	My Lottery	My Lottery	My Lottery	Vacation Hou	
	HISTORY		s: Declassified					Ta -1		Ancient Alien	
	LIFETIME	Castle (TVPG)		Castle : "Child"		(:03) <b>Castle</b> (		Castle : "Time		(:01) <b>Castle</b> (T	
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation		Dan Abrams		Banfield		NewsNation		Dan Abrams	
	NICK	Rugrats	Tooned In	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT		ant ('16, R) ★★						13) ★★½ Johr		
	SYFY	Quantum Lea		Quantum Lea		Quantum Lea	ι <b>p</b> : "Killin' Time" (	TV14)	Quantum Lea		Quantum
	TBS		ndence Day ('9						Smith, Jared Leto		Frontal
	TCM		Hot ('59, NR) ★		n Monroe.		rtment ('60, NR)				La Douce
	TLC	90 Day Fianc	<b>é</b> : "More to Love	" (TV14) (N)		<b>90 Day</b> (N)	The Family Ch	nantel	90 Day	90 Day Fianc	é (TV14)
	TNT	(6:03) <b>Rogue</b>	One: A Star Wa	<b>irs Story</b> ('16)	***	All Elite Wres	tling		he Rise of Skyv		
	TRAVEL	Ghost Advent			t <b>ures</b> : "With the			Ghost Advent		Ghost Advent	
	TV LAND				Loves Ray.			Queens	Queens	Queens	Queens
	USA	2 Fast 2 Furi	ous ('03)	The Fast and	the Furious ('C				(:28) Fast & F	<b>urious</b> ('09, PG	
Г	VH1	Love & Bask	<b>etball</b> ('00) Omar	г Еррѕ.	Poetic Justic	e ('93, R) ★★	½ Janet Jackson	, Tupac Shakur.		Single	Single
	HB0		<b>ng's Man</b> ('21, R		Fiennes.	Westworld (	VMA)	Pause (N)	Mind Over Mu	ırder	Pause
					Te		*****		Plan ('13, R) ★ >		
	MAX	II and ('91, PG-	13) ★★★ Rob	nin Wright.	Solaris ('02, P	(÷13) ★★%		ICIU) ESCADE E	ייש נח הוו וואוי	SWester S	stallone.

יכ	UNDAY			0.00	0.00	0.00	0.00	10.00		LY 3,		
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#### THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber





#### JUDGE PARKER ® by Marciuliano-Manley





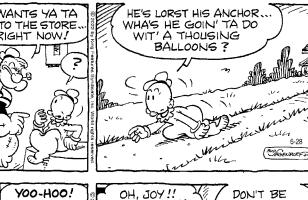


TODAY'S SPECIALS

#### POPEYE ® by Bud Sagendorft













#### TAKE IT FROM TINKERSONS ® by Bill Bettwy



#### **CROSSWORD PUZZLF**

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#### **CLUES ACROSS**

- 1. Half-conscious states
- 8. Unnatural
- 13. Deep regret 14. Rogue
- 15. Took without permission
- 19. An alternative 20. After B
- 21. Partner to "flowed"
- 22. The best day of the week (abbr.) 23. Helps you hear
- 24. Egyptian river
- 25. Lake \_\_\_, one of the Great
- 26. Make free from bacteria
- 30. Indigenous peoples of central Canada 31. Sanctuaries in Greek temples
- 32. Most unclothed
- 33. NJ senator Booker

- 34. Tibetan lake
- 35. Desecrate something sacred
- 38. John \_\_\_, English educator 1467-1519
- 39. Obtains in return for labor
- 40. Views 44. Rugged cliff
- 45. Not quiet
- 46. Body part
- 47. Newt 48. German city
- 49. A way to save money 50. NBC's Roker
- 51. Dire Straits frontman
- 55. Actress Lathan
- 57. Most meager
- 58. Poems
- 59. Companions

#### **CLUES DOWN**

- 1. Draws over 2. Recur
- 3. Current unit
- 4. Neither 5. Certified Radio Operator
- (abbr.) 6. Power of perception
- 8. Supplemented with difficulty 9. The last section or part of
- anything 10. Dorm worker
- 11. Bones
- 12. Most unnatural 16. Spanish island
- 17. The skill to do something 18. Where golf games begin
- 22. Untethered 25. Print errors

27. The sport of engaging in

35. Die 36. Part of a winter hat

32. Type of tie

37. Young men's club 38. Bathrooms need it

28. Ones to look up to

30. Gives whippings

29. Stringed instrument

34. Make more concentrated

- 40. U.S. president
- 41. American novelist
- 42. Take into custody 43. Hurts
- 45. Type of gibbon 48. American actor Lukas
- 51. Partner to cheese 52. Some are covert
- 53. Political action committee
- 54. To and 56. Atomic #28

contests of speed

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#### **ASTROGRAPH**

#### ARIES - Mar 21/Apr 20 Aries, you are on fire

lately. There's seemingly nothing you touch that won't turn to gold afterward. This trend will continue, but try not to let it go to your head. TAURUS - Apr 21/May

#### 21 Taurus, unless you take

swift action, you could be heading for a financial free-fall. Start to pull back spending for a while and see if the situation will right itself. GEMINI - May 22/Jun

#### It's time to make amends with someone who

did you wrong, Gemini. Life is too short to hold grudges, and this person has mended his or her ways since. CANCER - Jun 22/Jul 22

#### Cancer, when plans change on a dime, you are

ready to roll with the new situation. Higher-ups could get a peek at your quick thinking, which can land you a promotion.

LEO - Jul 23/Aug 23 Make the most of every opportunity that comes your way this week, Leo. You may not get many

chances to prove your

worth in the weeks to

come, so it's important to act now. VIRGO - Aug 24/Sept

#### Virgo, it is important to

remember that your online presence never goes away. Watch what you post and say in social media groups, as it could come back to bite you. LÍBRA - Sept 23/Oct

#### Something that started

out as a part-time venture could turn into much more, Libra. Figure out if this is the path you see yourself going and then jump on it. SCORPIO - Oct 24/ Nov 22

#### Let loose and have

fun for a change, Scorpio. Don't delay when others want to invite you out for a night on the town or even a brunch. Say "yes" to any and all opportunities.

**SAGITTARIUS - Nov** 23/Dec 21 There's a lot going on right now and it may have your head spinning, Sagittarius. Delegate some

of your workload if you can. Don't be too hard on yourself. CAPRICORN - Dec 22/

Jan 20

Family matters come

to the forefront this week,

Capricorn. You must dig

Actress (55) JULY 2 Margot Robbie, Actress

Pamela Anderson,

#### into view, Aquarius. It is well-deserved and there will be smiles for the weeks ahead. PISCES - Feb 19/Mar Pisces, if you find your-

in deep to address them.

every story, so try to get all

AQUARIUS - Jan 21/

lose hope, that new horizon

you were seeking comes

Just when you started to

There are two sides to

the facts first.

Feb 18

self with too much extra time on your hands, why not volunteer with the community to pass the time?

**FAMOUS BIRTHDAYS JUNE 26** Ariana Grande, Singer

#### (29)**JUNE 27**

J.J. Abrams, Filmmaker (56)**JUNE 28** 

Elon Musk, Entrepreneur

#### **JUNE 29** Kawhi Leonard, Athlete

(31)JUNE 30 Fantasia Barrino, Singer

# Family meals that make busy weeknights a breeze

FAMILY FEATURES fter a long day in the classroom or at

the office, it's tough to top bringing the family together with a home-cooked meal. When evenings are busy with nomework and activities, however, there might be little time left for complicated dishes.

Take those schedules on with a menu of delicious recipes that require 30 minutes or less so you can focus on celebrating the day's accomplishments with oved ones. These simple yet flavorful ideas from Milk Means More call for limited instructions, less equipment and shorter ingredients lists fueled by dairy favorites that provide much-needed nutrients to echarge the entire family.

Pork Chops in Creamy Mustard-Peppercorn Sauce feature the sharp yet balanced taste of mustard and cracked black peppercorns as an easy way to dress up pork chops. When pasta night comes around, Pasta with Yogurt Sauce provides a quick, creamy Middle Eastern solution.

This Chicken with Creamy Sun-Dried Γomato Sauce recipe gets its robust flavor from sauce made with sun-dried tomatoes and enhanced with luscious half-and-half. For a asty twist on Taco Tuesday, you can play "beat the clock" with Roasted Chicken and Zucchini Tostadas by crisping corn tortillas under the broiler then topping them with a tangy yogurt spread, cumin-seasoned chicken, veggies and shredded cheese.

Turn your hectic weeknights into cause for celebration with more quick and easy recipe ideas at MilkMeansMore.org.



Pork Chops in Creamy Mustard-Peppercorn Sauce



#### Roasted Chicken and Zucchini Tostadas

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More Total time: 25 minutes Servings: 4

- 12 street taco-size corn tortillas nonstick cooking spray
- 1/2 cup plain Greek yogurt (2% or 5%)
- teaspoons lime juice, divided 1/4 teaspoon garlic powder
- 1 1/2 cups shredded or chopped rotisserie-roasted chicken breast
- 1/2 cup seeded and chopped tomato 1/2 cup chopped zucchini
- 2 teaspoons olive oil
- 1/2 teaspoon ground cumin 1/8 teaspoon ground cayenne pepper

#### 1 cup (4 ounces) shredded Monterey Jack cheese

Heat oven to broil.

Line large baking sheet or 18-by-13by-1-inch baking pan with foil. Arrange tortillas in single layer on pan. Lightly spray tortillas with nonstick cooking spray. Broil about 5 inches from heat 4-6 minutes, or until beginning to brown on one side. Remove from broiler. Carefully turn tortillas over.

In medium bowl, stir yogurt, 1 teaspoon lime juice and garlic powder. Set aside. In another bowl, toss chicken, tomato, zucchini, remaining lime juice, olive oil, cumin and cayenne pepper.

Spread yogurt mixture on unbrowned sides of tortillas. Top with chicken mixture. Sprinkle with cheese. Broil about 5 inches from heat 2-3 minutes, or until hot and cheese melts. Serve immediately.

#### Pasta with Yogurt Sauce

Recipe courtesy of Enas Malik, RDN, on behalf of Milk Means More Prep time: 10 minutes Cook time: 20 minutes Servings: 4

Salted water

- 8 ounces angel hair pasta
- tablespoon vegetable oil, divided
- small white onion, minced 8 ounces ground beef or lamb
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper 1 cup plain yogurt
- 1/4 teaspoon ground white pepper
- 1/4 teaspoon cumin 1/4 teaspoon garlic powder
- 3 cloves garlic, minced tablespoon fresh mint

or 1 teaspoon dried mint In medium pan, bring salted water to boil. Add pasta and cook according to

package directions. Strain pasta and

reserve about 1/2 cup water. In medium saute pan over medium heat, heat 1/2 tablespoon vegetable oil. Add minced onions. Cook until translucent and aromatic, 2-3 minutes. Add ground meat and season with salt and black pepper. Cook until meat is browned through, 8-10 minutes. Drain fat. Transfer cooked meat to bowl and

set aside. In small pan over medium heat, cook yogurt, white pepper, cumin and garlic powder until mixture comes to soft boil and thickens. Remove pan from heat. Add pasta water to reach desired

consistency. In same saute pan used to cook meat over medium heat, add remaining vegetable oil and saute garlic until golden in color. Add mint. Remove from

heat and pour over yogurt mixture. Mix pasta, meat and yogurt sauce; serve.

#### Pork Chops in Creamy Mustard-Peppercorn Sauce

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More Total time: 20 minutes Servings: 4

3/4 cup evaporated 2% milk

- 3 tablespoons spicy brown mustard or Dijon mustard 3/4 teaspoon coarsely cracked black peppercorns
- 1/2 teaspoon all-purpose flour
- boneless pork loin chops (1 1/4 pounds), cut 3/4-inch thick
- 1/4 teaspoon salt
- tablespoon vegetable oil teaspoon minced garlic
- 1/4 cup reduced-sodium chicken broth cooked noodles or rice (optional) chopped fresh parsley (optional)

In bowl, whisk milk, mustard, peppercorns and flour. Set aside. Pat pork chops dry with paper towels. Sprinkle both sides of chops with salt.

In large nonstick skillet, heat oil over medium-high heat. Cook pork chops 3-4 minutes, or until browned. Turn and cook 3-4 minutes, or until thermometer inserted in thickest part of chops reads 145 F. Transfer chops to serving platter. Loosely cover with foil to keep warm.

Add garlic to drippings in skillet. Cook 15 seconds. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in milk mixture and any accumulated juices from cooked pork. Cook and stir until just boiling. Immediately remove from heat and spoon

sauce over chops Serve with noodles or rice, if desired. Garnish with parsley, if desired.



Chicken with Creamy Sun-Dried Tomato Sauce

#### Chicken with Creamy **Sun-Dried Tomato Sauce**

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More Total time: 20 minutes Servings: 4

- 3/4 cup half-and-half 1/2 teaspoon all-purpose flour
- pounds boneless, skinless
  - chicken breast cutlets (about 3/4 inch thick)
  - 1/4 teaspoon salt teaspoon pepper

flour. Set aside.

- tablespoon oil from
- sun-dried tomato jar cup oil-packed, slivered
- sun-dried tomatoes, drained 1/3 cup finely chopped onion
- 1/3 cup reduced-sodium chicken broth

tablespoon grated Parmesan-Reggiano cheese In bowl, whisk half-and-half and

Pat chicken pieces dry with paper towels. If necessary, cut into four serving-size pieces. Sprinkle both sides of chicken with salt and pepper. In large nonstick skillet over

medium heat, heat sun-dried tomato oil. Cook chicken pieces 3-4 minutes, or until browned. Turn chicken. Cook 3-4 minutes, or until thermometer inserted in thickest portion of chicken reads 165 F. Transfer to serving platter. Loosely cover with foil to keep warm.

Add sun-dried tomatoes and onions to drippings in skillet. Cook 1-2 minutes, or until onion is tender. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in cream mixture and any accumulated juices from cooked chicken. Cook and stir until simmering and slightly thickened. Remove from heat. Stir in Parmesan-Reggiano cheese. To serve, spoon sauce over chicken.

Roasted Chicken and Zucchini Tostadas

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Adjustments Advertisers are requested to check the first insertion of their ac for any error. The Shelbyville Times-Gazette will be responsible for only one incorrect insertion. Any error should be reported immediately so corrections can be made.

#### GARAGE SALES

Yard Sale 211 Eventine Dr, 7AM-? Fri. July 1st & Sat. 2nd Kids Clothes, Men's and Women's Clothes, Shoes, Tools, Toys, Misc. Household Items, Lots of Stuff!

#### HELP WANTED

#### **ADVERTISING SALES EXECUTIVE**

Marketing in print, online & commercial printing. Full-time position, with established account base & on-site training. Computer skills are a must!

Email your resume to Diandra dwomble@t-g.com

NO PHONE CALLS **PLEASE** 

Albea is hiring for all shifts. Starting pay is \$18.56 an hour and up. Please apply at 1209 www.albea-group.com.

DSC Sanitation is looking for drivers with CDL and D license. Starting pay \$14.00 an hour. 931-684-5635

Motlow State Community College **Custodial Supervisor** 

Location: Moore County Shift: 2nd (3:00 PM -11:00 PM) \*comprehensive

\$30,746.00-\$33,746.00

package\* · High school diploma or

equivalent required. Preferred one (1) year of custodial supervising work

experience. Must have a valid state driver license. See full job description

and all minimum qualifications/requirements online. Questions? Contact jfrancis@mscc.edu (931) 393-1545 Link to All MSCC Applica-

www.motlowtions via iobs.com Motlow is an EEO/AA/Title

VI/Title IX/Sections 504 ADA employer. (June 28 & July 2, 5, & 9,

2022)

No Experience Necessary Chase Away Pest Control is looking for a Full Time Termite Technician. Company will train on the job( Training Pay \$15 an hour). After Certified you get 20% in Sales. Must like working outside and in crawl spaces. Call Office 294-5763 or Cell 619-1256.

#### **NOW HIRING Caregivers** Residential Behavioral

Agency seeks Caregivers. Above Average salary commensurate with experience & education Contact MTSS

Fax resume or letter of interest to: 931-684-0330fx or contact 931-684-5666 to start application process

Now Hiring: Maintenance Tech For multi-unit apartment complex. Troubleshoots issues to determine necessary repairs. Repairing drywall, painting, turning units for rent. Cleans and assists with upkeep of the facilities. Performs other related duties as assigned. 1 year experience (preferred). Email resume to: lynchburgmanortn@hallmarkco.com

#### Want To Buy

WANT TO BUY JUNK **CARS** 931-684-3814

**WE BUY JUNK CARS & Trucks** running or not we pick up & pay cash 931-619-5810

Always buying old sporting goods & sports related items, sports cards, non sports cards collections wax boxes

#### **SERVICES**

**HANDYMAN** Pressure Washing, Carpentry, Painting, Plumbing, & Electric 931-580-6714

& cases 931-492-4304

**Dunham's Lawn Care** Mowing, Landscaping & More, call or text 931-993-1614

Experienced Cleaner is Seeking Houses to Clean Ironing Also References 931-735-0061

#### Public Notice

Bedford County Board of Education Special Called Meeting June 28, 2022 Central Office at 12:15 pm 500 Madison St. Shelbyville, TN 37160 (June 25, 28, 2022)

#### NOTICE TO **CREDITORS** Estate of **Gail C Finch** Deceased

Notice is hereby given

that on June 10 of 2022 Letters of Administration in respect of the estate of Gail C Finch died 7/4/2021 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); (2) Twelve (12)

dent's date of death Date: 6/10/2022

months from the dece-

Kimberly Withrow Executrix

> Curt M. Cobb Clerk & Master

Donald K. Byrd Attorney (June 28 & July 5,

2022) Notice to owner and/or

Lien holder of abandoned or unclaimed ve-These vehicles will be sold

on July 7 ,2022 at 10:00 am at QUALITY 2015 HWY 41A N SHELBY-VILLE, TN. 37160.

To satisfy towing and storage charges if not claimed within 10 days of this no-2015 KIA SOUL

KNDJN2A20F7235757

2017 HYUNDAI SANTA

VIN#

52MZUDLB8HH047708 (June 28, 2022)

Public Notice The 231 N Business Park Oversight Committee will meet in regular session on Tuesday, July 5, 2022, at 12:00 PM. The meeting will be held at the Bedford County Courthouse Annex, 2nd Floor Conference Public Square. Room, Agendas are available at City Hall during normal business hours.

Public Notice The Shelbyville City Council will meet in regular study session on Tuesday,

Lisa Smith, City Recorder

(June 28, 2022)

July 5, 2022, at 6:00 PM at the Shelbyville Recreation Center Meeting Room B. 220 Tulip Tree Road. (June 28, 2022)

#### **BARGAINS**

4x8 Trailer with Dump Bed \$275 931-735-1206

Carrier Gas Pack for sale.

4 Ton A/C 115K BTU Furnace. Asking \$100. You haul. (931) 735-6198 Complete King Size

Bedding Set - King Size

Sheets, Comforter,

Bedskirt, Matching Pillows,

& Shams, \$35 for all 931-492-0132 Craftsman Riding Lawn Mower, \$250 42 In. Cut, 16 HP

931-205-8927 Engine Hoist, \$100 3 Ton Set of Acetylene Tanks

& Torch, \$200

931-581-4026 Engine Hoist, \$200 931-639-4246

Frigidaire Glass-Top Stove \$125, 931-205-1618

Leather Sofa, Free Charging Station in Center **Dual Recliner Chairs** 931-639-5786

McCulloch Riding Lawn Mower, \$350 42 In. Deck, 19 1/2 HP Briggs & Stratton 931-639-7713

Queen Bed, \$100 Black with Headboard, Mirror, & 10 Drawers 931-205-1618

Russian missile strike hits crowded shopping mall

SLOVIANSK, Ukraine (AP) Scores of civilians were feared killed or wounded in a Russian missile strike Monday on a crowded shopping mall in Ukraine's central city of Kremenchuk, Ukrainian officials

Ukrainian President Volodymyr Zelenskyy said in a Telegram post that the number of victims was "unimaginable," citing reports that more than 1,000 civilians were inside at the time of the attack. Images from the scene showed giant plumes of black smoke from a shopping center engulfed in flames, as emergency crews rushed in and onlookers watched in distress.

At least 10 people were dead and more than 40 wounded, according to the Ukrainian regional governor.

Zelenskyy said the target presented "no threat to the Russian army" and had "no strategic value." He accused of Russia of sabotaging "people's attempts to live a normal life, which make the occupiers

so angry." The alleged Russian missile strike carried echoes of attacks earlier in the war that caused large numbers of civilian casualties — such as one in March on a Mariupol theater where many civilians had holed up,

killing an estimated

Shelbyville Housing Authority

is looking for experienced

**Home Repair Maintenance Technicians** 

to join their team

Salary rates range from \$17 to \$20 per hour

based on experience. Benefits include

full health, vision and dental with 75% payment

of family. Receive (1) sick day per month

after 90-day probation and

(2) weeks-vacation after one year.

401a provided after 1st year with company

contributing 7.5% of salary. A \$1,500.00 sign

on bonus paid over 1st year of employment.

Contact Linda Harwell, Maintenance Manager,

Iharwellsha@bellsouth.net

931-684-1341 ext. 19

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• Fire • Water • Storm Restoration

600, and another in April on a train station in eastern Kramatorsk that left at least 59

people dead. "Russia continues to take out its impotence on ordinary civilians. It is useless to hope for decency and humanity on its part," Zelenskyy

said. Mayor Vitaliy Maletskiv wrote on Facebook that the attack "hit a very crowded area, which is 100% certain not to have any links to the armed

forces." The attack came as Russia was mounting an all-out assault on the last Ukrainian stronghold in eastern Ukraine's Luhansk province, "pouring fire" on the city of Lysychansk from the ground and air, according to the local governor.

Russian forces appeared to step up an offensive centering on trying to wrest the eastern Donbas region from Ukraine after forcing government troops out of the neighboring city of Sievierodonetsk in recent days.

Western leaders, meanwhile, pledged steadfast and continued support for Kyiv. NATO will agree to deliver further military support to Ukraine - including secure communication and anti-drone systems — when its leaders convene in Spain for a summit, according to the military alliance's secretary-general, Jens Stoltenberg.

To the west of Lysychansk on Monday, the mayor of the city of Sloviansk potentially the next major battleground - said Russian forces fired cluster munitions on the city after dawn, including one that hit a residential neighborhood.

said the number of dead and wounded had yet to be confirmed. The Associated Press saw one fatality: A man's body lay hunched over a car door frame, his blood pooling onto the ground from chest and head wounds.

Authorities

The blast blew out most windows in the surrounding apartment blocks and the cars parked below, littering the ground with broken glass. "Everything is

now destroyed. We are the only people left living in this part of the building. There is no power," said local resident Valentina Vitkovska, in tears as she spoke about the blast. "I can't even call to tell others what had happened to us."

Overall, Zelenskyy's office said at least six civilians were killed and 31 others wounded as part of intense Russian shelling against various Ukrainian

past 24 hours including Kyiv and major cities in the country's south and east, but not counting the attack in Kremenchuk.

It said Russian

cities over the

forces fired rockets that killed two people and wounded five overnight in and near Kharkiv, Ukraine's secondlargest city, and continued to target the key southern port of Odesa. A missile attack destroyed residential buildings and wounded six people, including a child, it said.

In Lysychansk, at least five highrise buildings in the city and the last road bridge were damaged over the past day, the regional governor said. A crucial highway linking the city to governmentheld territory to the south was rendered impassable by shelling.

The city had a prewar population of around 100,000. approximately one-tenth of whom remain. Analysts say

that Lysychansk's location high on the banks of the Siverskiy Donets River gives a major advantage to the city's Ukrainian defenders.

"It's a very hard nut to crack. The Russians could spend many months and much effort storming Lysychansk," said military analyst

Oleh Zhdanov. In other developments,

in Germany's Bavarian Alps, leaders of the Group of Seven countries pledged to continue supporting Ukraine "for as long as it takes."

In a joint statement on Monday after they held a session by video link with Zelenskyy, the leaders underlined their "unwavering commitment to support the government and people of Ukraine in their courageous defense of their country's sovereignty and territorial integrity."

The U.S., meanwhile, appeared ready to respond to Zelenskyy's call for more air defense systems after Russian troops hit Kyiv with long-range missiles on Sunday. Washington was expected to announce the purchase of an advanced surfaceto-air missile sys-

Britian's defense ministry said Russia is likely to rely increasingly on reserve forces in the coming weeks of the war.

tem for Ukraine.

Analysts have said a call-up of reservists by Russia could vastly alter the balance in the war but could also come with political consequences for President Vladimir Putin's government.

#### NOTICE OF TRUSTEE'S FORECLOSURE SALE

Sale at public auction will be on August 09, 2022 at 11:00 a.m. local time, at Main Entrance of Bedford County Courthouse. I Public Square, Shelbyville, TN 37160, pursuant to the Deed of Trust executed by Randolph Lee and Nancy L. Lee for the benefit of U.S. Bank National Association ND, as Beneficiary, dated July 13, 2009, of record in Book TD720, Page 784, Instrument Number 09004700, in the Register Of Deeds Office for Bedford County, Tennessee, ("Deed of Trust"), conducted by James E. Albertelli, P.A. d/b/a ALAW, a Florida corporation duly authorized to conduct business in Tennessee, having been appointed Trustee, all of record in the Register of Deeds Office for Bedford County, Tennessee. Default in the performance of the covenants, terms, and conditions of said Deed of Trust has been made; and the entire indebtedness has been declared due and payable. Party entitled to enforce the debt: U.S. Bank National Association

Other Interested Parties:
The hereinafter described real property located in Bedford County will be sold to the highest call bidder subject to all unpaid THE FOLLOWING DESCRIBED REAL ESTATE LYING AND BEING IN THE SECOND

(2ND) CIVIL DISTRICT OF BEDFORD COUNTY, TENNESSEE, AND BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A STAKE IN THE NORTH PROPERTY LINE OF DURR, THE SAME BEING THE SOUTHWEST CORNER OF THIS TRACT; THENCE WITH THE LINE OF G. M. WIX NORTH 10 DEGREES 45 MINUTES WEST 700 FEET TO A STAKE, THE SAME BEING THE NORTHWEST CORNER OF THIS TRACT AND THE NORTHEAST CORNER OF TRACT BELONGING TO G. M. WIX, IN THE SOUTH LINE OF CROWE PROPERTY; THENCE NORTH 72 DEGREES 30 MINUTES EAST ABOUT 120 FEET TO A STAKE: THENCE SOUTH 88 DEGREES 45 MINUTES EAST 360 FEET WITH THE SOUTH LINE OF CROWE TO A STAKE, BEING THE NORTHEAST CORNER OF THIS TRACT; THENCE LEAVING THE SOUTH LINE OF CROWE SOUTH 6 DEGREES 45 MINUTES 555 FEET TO A STAKE; THENCE SOUTH 86 DEGREES 15 MINUTES WEST 40 FEET TO A STAKE: THENCE SOUTH 22 DEGREES 30 MINUTES WEST ABOUT 200 FEET TO A STAKE, THE SAME BEING THE SOUTHEAST CORNER OF THIS TRACT AND THE NORTHEAST CORNER OF A FORTY (40) FOOT RIGHT-OF-WAY LEADING SOUTHERLY TO UNION RIDGE ROAD; THENCE NORTH 72 DEGREES 22 MINUTES WEST ABOUT 190 FEET TO A STAKE; THENCE WESTERLY ABOUT 25 FEET TO THE SOUTHEAST CORNER OF THE G. M. WIX TRACT, AND BEING THE SOUTHWEST CORNER OF THIS TRACT, AND THE POINT OF BEGINNING, CONTAINING BY ESTIMATION ABOUT 5.5 ACRES, MORE OR LESS.

Street Address: The street address of the property is believed to be 235 Union Ridge Rd, Wartrace, TN 37183, but such address is not part of the legal description of the property. In the event of any discrepancy, the legal description herein shall control. Map/Parcel Number: 002073 00903 Current owner(s) of the property: Tracy Randall Lee a/k/a Tracy R. Lee

This sale is subject to all matters shown on any applicable recorded Plat or Plan; and unpaid taxes and assessments; any restrictive covenants, easements or setback lines that may be applicable; rights of redemption, equity, statutory or otherwise. not otherwise waived in the Deed of trust, including right of redemption of any governmental agency, state or federal; and any and all prior deeds of trust, liens, dues, assessments, encumbrances, defects, adverse claims and other matters that may take priority over the deed of Trust upon which this foreclosure sale is conducted or are not extinguished by this foreclosure sale. THE PROPERTY IS SOLD WITHOUT ANY REPRESENTATIONS OR WARRANTIES, EXPRESSED OR IMPLIED, RE-LATING TO TITLE, MARKETABILITY OF TITLE, POSSESSION, QUIET ENJOYMENT OR THE LIKE AND FITNESS FOR A GENERAL OR PARTICULAR USE OR PURPOSE. The title is believed to be good, but the undersigned will sell

The right is reserved to adjourn the sale to another time certain or to another day, time, and place certain, without further publication upon announcement on the day, time, and place of sale set forth above or any subsequent adjourned day, time, If you purchase the property at the foreclosure sale, the entire purchase price is due and payable at the conclusion of the

auction in the form of a certified check made payable to or endorsed to Albertelli Law Trust Account. No personal checks will be accepted. To this end, you must bring sufficient funds to outbid the Lender and any other bidders. Insufficient funds will not be accepted. Amounts received, in excess of the winning bid, will be refunded to the successful purchaser at the time the foreclosure deed is delivered. This property is being sold with the express reservation that the sale is subject to confirmation by the Lender or Trustee. This

THIS IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

James E. Albertelli, P.A. d/b/a ALAW, Trustee 401 Commerce Street, suite 150

Nashville, TN 37219 PH: (615) 265-0835 FX: (615) 265-0836

File No.: 22-005199

Shawn Roberts sale may be rescinded by the Trustee at any time

Office: 931-684-1685 • Fax: 931-685-8047 2320 Hwy. 41 A South, Shelbyville, TN dandrcontractor.com

Owner

931-685-0046



Porsches were prevalent at the show.

T-G Photos by David Mels

### **Vroom! finds room in Shelbyville show**



ennessee Downs, the future auto lifestyle complex planned for northern Shelbyville featuring restoration shops and a private track, held a car show Saturday on the Shelbyville square. Performance cars rarely seen in Shelbyville were on display.



The dashboard of this 1966 Corvette is personally signed by the "father of the Corvette," Zora Arkus-Duntov.

This Ferrari was a crowd favorite.



dding a touch of elegance was this 1960 Bentley.



This Ford GT, done up in racing colors, is an example of those that broke up European manufacturers' dominance of road racing in the 1960s.



A Lotus Elise is ready to roll.



Original Cobras are super-expensive. Replicas like these being displayed by a manufacturer are somewhat less expensive.



GC Performance Classics, currently of Nashville but planning a move to Shelbyville, displayed this early Jaguar.