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INSERTS:

- Food Lion
- Kroger
- Aldi

This is a Century Farm
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To be a Tennessee Century Farm there are 4 Requirements:

1. Ten acres or more of the original farm owned by the founder;
2. Must produce at least \$1000 in revenue annually and specifically during the past 12 months (though documentation does not have to be submitted);
3. Has been in the family continuously for 100 years or more, and provides proof of the founding date and owner, and can provide chain showing all family owners from founder to the present owner;
4. One owner must be a Tennessee resident.

Century Farms

Local/6A

FRIDAY NIGHT LIGHTS

Football movies

Sports/1B

A PRIZE WINNING NEWSPAPER

UT-TPA PRESS AWARD 2022



Partly sunny
93/69



Vol. 141, No. 57



FIRE DAMAGES HOME

T-G Photo by David Melson
A spark from a boat being repaired in a garage at Blue Ribbon Parkway and Shadow Drive ignited a home around 1 a.m. Sunday, according to Shelbyville Fire Department. The resident's name was not available. Another fire was reported early Monday at a home on Glendale Road near Flat Creek.

Landlord talks local housing solutions

By ZOË HAGGARD
zhaggard@t-g.com

Susan Belcher's lease ended last August. Though she repeatedly asked for a new lease, she said she never received one.

"I kept asking them, and asking them, and asking them, but they never would give me a lease," she said. But she continued to pay monthly.

When June rolled around, she was only able to provide her landlord with half the rent amount. She said she had done this before and that her landlord had accepted the payments in two. However, this time, she was served with a writ of

possession on June 27, saying she had to be out by June 29.

"It was a shock to us that he would do that to us with four children," she said. "What he said is our lease said no partial payments, but we didn't have a lease. Our lease was up in August."

She said she had also been behind on rent last December. However, she had caught up by the next month. At that time, her landlord had gone to court in January and received a writ of possession. However, the writ was deferred, that is, until this June.

Now she's looking for another rental in Shelbyville, ideally a two-

bedroom home for around \$850 a month.

But she's finding nothing. The apartment she did find has a wait list in which she is third on the list.

For now, Belcher is having to live with her sister-in-law in Kentucky. But she would like to be back in Shelbyville before the end of July so her kids can go to school.

"It breaks my heart," she said. "I really want to find something back in my hometown. It's really hard being up here...My kids really want to come back home, and I do too."

Landlord responsibilities

Bedford resident Van Ayers owns a property which he and his wife have been renting out since 2008. He said they decided to rent out the original house on his family's farm to provide income but also to retain the value of the home.

"You never want to leave a house vacant. It will go down fast. It is best to have renters."

They've had six tenants in that time, and he said they've never had an eviction. (Belcher is not Ayers' tenant.)

▶ See **Landlord**, Page 2A

Local affordable housing is a struggle

SHA has waiting list

By ZOË HAGGARD
zhaggard@t-g.com

There is a local struggle when it comes to purchasing and renting homes, according to Ronald Tillman, director of the Shelbyville Housing Authority.

"With the way it is now, I imagine it is sort of rough when moving out because the price of homes is increasing," he said.

Home prices are up more than 30 percent while homes in 97 percent of U.S. cities are overvalued, according to recent Moody's Analytics reports.

"If you think about it, the way our society is moving now, our service workers (like those in the housing authority, fire, police), it's awfully hard to compete with the generation of buyers that's coming in now and able to afford the homes," said Tillman.

Affordable housing is based on "fair market," that is, basic median



Single unit housing built by the SHA last year on Elizabeth Street

T-G Photo by Zoe Haggard

income and the range which service workers can afford.

According to U.S. Census Bureau data from 2021, Bedford County's median household income is just under \$53,000.

"There is a lack of affordable housing here in Shelbyville right

now," Tillman said. "These houses are being built in a price range of \$350,000 to \$400,000. Interest rates are going up constantly. For a new, young couple, it would be awfully hard for them to jump out there and handle a home like that."

Also, 13 percent of the county

is in poverty. Typically, areas that have high poverty rates have more alternative housing. For Bedford, the owner-occupied household rate is about 70 percent, leaving 30 percent of households in non-owner-occupied housing.

▶ See **SHA**, Page 2A

AGAINST THE LAW, CRUEL



Submitted Photo

This was one of several sweet puppies dumped on the side of the road in a box last week in 90 plus degree heat. Some thoughtful folks rescued them and now they're being fostered, until adoption can take place.

To be, or not to 'bee' Beekeepers at fair

By DAWN HANKINS
dhankins@t-g.com

All adults and 4-Hers are eligible to enter items in the Beekeeping Show at Bedford County Fair, going on through Saturday at the Ag Center on Midland Road.

Entry, pick-up and display times are the same for the fair exhibition entries, except that live bees are displayed Monday and Tuesday and need to be picked up by 9 p.m., Tuesday.

One champion ribbon will be awarded to one entry in classes 1-9.

In this bee competition classes range from "extracted honey" to "cooked items with honey." Honey has to be at least 51% of the sweetener content and a recipe must be with the entry.

Those in the "extracted honey" category are going to be judged greatly on attractiveness and cleanliness. Class 6 is all about bees and judges will be looking for appearance and rate of worker cells.

All classes are judged on a total of 100 possible points.



The competition even includes a beeswax product class.

Live honey bees can be exhibited on one comb in an observation hive that is "bee proof" with see through sides and one which contains of course a queen bee, worker bees and drone bees.

DEATH NOTICES

Calvin James Smith

July 14, 2022

Calvin James Smith, 71, of Rockvale, died Thursday, July 14, 2022 in Franklin.

Funeral service will be 10 a.m. Friday, July 22, at Lawrence Funeral Home in Chapel Hill with Rev. Ronnie Johnson and Jim Taylor officiating. Interment will follow in Cothran Cemetery in Rover. Visitation will be 4-8 p.m. Thursday.

Danny Carlton

July 15, 2022

Danny Carlton, 77, of Unionville died Friday, July 15, 2022, at his home after an extended illness.

Funeral services will be 3 p.m. Tuesday, July 19 from the chapel of Lawrence Funeral Home, Chapel Hill, with Rev. David Ford officiating. Burial will follow in Carlton Cemetery near Rockvale. Visitation will be 5-7 p.m. Monday.

OBITUARIES

Connell Lewis Frizzell

June 21, 2022

Funeral services for Connell Lewis Frizzell, 84, of the Fairfield community (Bell Buckle), will be held at 1 p.m. Thursday, June 21, 2022, in the chapel of Doak-Howell Funeral Home with Kevin Calvert officiating. Burial will follow at Hillcrest Memorial Gardens. Visitation will begin at 10 a.m.

Mr. Frizzell passed from this life Monday morning, June 18, 2022 at home surrounded by his family.

A native of the Fairfield community, he was the son of the late Henry Alton Frizzell and Anna Mae Reynolds Frizzell. Along with his parents he was preceded by: son, Timmy Frizzell; sisters, Frances Porch, Hazel Buchanan and Pauline Horton; and brothers, Clyde Frizzell and Charlie Frizzell.

Connell was a graduate of Wartrace High School, class of 1956, and served in the U.S Army. He has been a farmer for all of his life, mainly planting row crops and raising beef cattle. In his younger years during free time, he was a tremendous athlete; from basketball to bowling, he excelled in every sport he tried. Later in life he enjoyed woodworking, playing cards (especially "Jokers Wild") with friends and he loved attending his grandchildren's sporting events.

Survivors include: his loving wife of 66 years, Rachel Lane Frizzell of Bell Buckle; children, Connie (Marty) Heflin of Wartrace, Barry (Sherry) Frizzell of Shelbyville and Michelle (Chris) Newcomb of Bell Buckle; 8 grandchildren, 6 great-grandchildren; and several nieces and nephews.

The family request that memorial donations be made to The Friends of the Wartrace Gym, c/o Claudia Curl P.O. Box 8, Wartrace, TN 37183.

Doak-Howell Funeral Home is serving the family.

www.doakhowellfuneralhome.com

Dylan Wayne Storey

July 15, 2022

Dylan Wayne Storey, 18, of Shelbyville, passed suddenly from this life Friday, July 15, 2022 at Vanderbilt-Bedford Hospital.

Funeral service will be 5 p.m. Wednesday, July 20, 2022, in the chapel of Doak-Howell Funeral Home with Douglas Caffey officiating. Burial will follow at Willow Mount Cemetery. Visitation will begin at 2 p.m.

Born March 18, 2004 in Murfreesboro, he was the son of Douglas Shane and Kathy Simone Brown Storey. He was preceded in death by his grandmother, Cheryl Simone Brown; great-grandparents, Carl Weddington, Katherine McCulloch and Frank Walls.

Dylan was an upcoming senior at Shelbyville Central High School and worked as a cook for Arby's. He enjoyed playing video games, spending time outdoors, hunting and fishing, being a big brother to his sister, taking care of his bearded dragon "Kujo", and spending time with family and friends.

He is survived by: loving parents, Shane and Kathy Brown Storey; sister, Abigail Storey; grandparents, Billy (Carolynn) Brown, Janice Weddington Storey, and Gary (Nancy) Storey; aunts, Tokie (Jeremey) Yoes, Tabatha (Matt) Shepard, Amy Storey, and Vanessa (David) Edwards; uncles, Tory, Troy and J.D. May; great-aunt "Honey", Desiree (Shawn) Marlin; along with many cousins.

Memorial donations may be made to the Epilepsy Foundation (www.epilepsy.com) or to MarineBio Conservation Society (www.marinebio.org).

Doak-Howell Funeral Home is serving the family.

www.doakhowellfuneralhome.com

Valery Jane Pittman

July 17, 2022

Mrs. Valery Jane Pittman, age 65, of Shelbyville, passed away Sunday, July 17, 2022, at her home under the loving care and comfort of her family and Hospice Compassus.

Funeral services will be 4 p.m. Thursday, July 21, 2022, at Feldhaus Memorial Chapel. Rev. Jeff Rasnick and Bro. Jimmy Gray will officiate, with burial to follow in Pressgrove Cemetery. Visitation will be 4-8 p.m. Wednesday.

She was born February 12, 1957, in Inkster, Michigan to Janie Elizabeth Hooker Molder, of Shelbyville, and the late Harry Cecil Molder. She taught kindergarten and first grade at East Side School, and finished her career of 36 years as an instructional coach for Bedford County Schools. She loved and enjoyed her children and grandchildren, and was a faithful member of First Baptist Church.

In addition to her mother, she is survived by her husband of 41 years, Ricky Donald Pittman; a son, Bradley Pitman, and his wife Emily; a daughter, Allison Woodard, and her husband Alan; sisters, Karen Harris, and her husband Allan, and Teresa Wheeler, and her husband James, all of Shelbyville; grandchildren, Madison, Ayden, Kalissa, Kyler, Ace, and Addy.

Memorials may be made to First Choice Pregnancy Center, 1102 Madison St., Shelbyville, TN 37160.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

Carolyn Ann Prater

July 18, 2022

Mrs. Carolyn Ann Prater, 74, of Shelbyville, passed away Monday, July 18, 2022, at her home under the loving care and comfort of her family and Hospice Compassus.

Funeral services will be 2 p.m. Wednesday, July 20, 2022, at Feldhaus Memorial Chapel. Mark Pierce will officiate, with burial to follow in Hillcrest Memorial Gardens. Visitation will begin at 11 a.m.

She was born July 19, 1947, in Bell Buckle, to the late Elmer and Pearl Noble Brown. Her working career included Walmart and her flower garden. She enjoyed playing bingo, and keeping her grandchildren and great-grandchildren. She was a faithful member of Horse Mountain Church of Christ before failing health forced her to quit going.

In addition to her parents, she was preceded in death by a grandchild, Danielle Evans; sisters, Evelyn Gregory, Maggie Dalton, Peggy Spence, and Judy Grogan.

Survivors include her husband of 57 years, Clarence Prater; children, Chuck Prater, Terry Prater, and his wife Melissa, and Jennifer Prater; brothers and sisters, Lawrence Brown, and his wife Jean, Helen Benson, Mildred Reed, Margaret Clanton, and her husband Wayne, Raymond Brown, and his wife Mildred, Brenda Roddy, and her husband Wayne, Jane Rollins, and her husband Larry, and Ricky Brown, and his wife Pam.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

Police laud man who killed Indiana mall attacker

GREENWOOD, Ind. (AP) — Authorities on Monday identified the gunman who shot five people at a suburban Indianapolis shopping mall, killing three of them, before a shopper shot and killed him as a 20-year-old local man.

Jonathan Sapirman, of Greenwood, began firing after leaving a bathroom at the Greenwood Park Mall shortly before it closed Sunday evening, Greenwood police Chief James Ison said at a news conference.

Sapirman continued shooting people until he was shot and killed by 22-year-old Elisjsa Dicken, of nearby Seymour, who was shopping with his girlfriend, said Ison,

SHA

(Continued from Page 1)

Tillman said SHA has 93 people on the waiting list (usually it's around 90 to 100 people).

Of the 93, there are 22 for the elderly. "We're trying to do our best to take care of our elderly people because we're the best thing they have. When they retire, they have affordable housing available for them, especially with the economy we have right now."

While on the wait list, many are renting or staying with family. "But we stay pretty full most of the time," Tillman said. Currently, they have 10

units that are vacant and are being remodeled.

SHA has reached the fair clause limit of 430 units in Shelbyville. Any other units built will not be subsidized by Housing and Urban Development (HUD), so the housing authority will have to revert to grants and loans.

Therefore, Tillman said SHA's goal for the upcoming year is to build or purchase affordable homes that can be bought or rented and are separate from the HUD homes.

They are going to a new system called Rental Assistant Demonstration (RAD). It will relieve 40 percent of the HUD guidelines, guaranteeing the amount of subsidy with cost of living built in every January, Tillman

Landlord

(Continued from Page 1)

Becoming a landlord has its responsibilities and hidden costs, Ayers said. He says the biggest responsibility is maintenance of the house, like repairs and cutting the grass. Then there are the property taxes and home insurance to pay.

Since heating in the house comes from propane, they've had to increase the rent as gas prices increase (since the

cost is included in the rent.) "I receive a discount for pre-buying propane. Most renters cannot afford to fill the tank at one time, especially in the winter."

But these expenses are coupled with the tenant's inability to always make the payment each month. Typically, they'll catch up, Ayers explained. But with rising costs, it's a strain to cover all the costs as a landlord.

When the house is vacant, he said he can usually find an occupant for the house within a

OBITUARIES

James Bradford 'Brad' Sudduth

July 16, 2022

James Bradford "Brad" Sudduth, 54, of Shelbyville died Saturday, July 16, 2022.

Funeral services will be held 2 p.m. Tuesday, July 19, at First Baptist Church-Shelbyville, Rev. Jeff Rasnick officiating. Burial will follow at Hillcrest Memorial Gardens.

He was born March 5, 1968 in Nashville; was a 1986 graduate of John Overton High School; a 1991 graduate of Middle Tennessee State University, BS in Animal Science/Biology; former truck driver (owner/operator) and previously a State Park Ranger. He was a member of First Baptist Church-Shelbyville.

Brad enjoyed spending time with family and friends (many of whom are like family); teaching his Sunday School class and church activities; watching and coaching softball; working on cars and building furniture or items needed by his family.

He is survived by his parents, James P. "Jim" and Dixie Sudduth; his wife of 30 years, Debbie Holland Sudduth; daughters, Shelby (Drew) Taylor, Bailey (Brandon) Cantrell, A. Brooke Sudduth, all of Shelbyville; and his sister, Sandra (Jerry) Collins of Nashville.

In lieu of flowers, donations may be made to First Choice Crisis Pregnancy Center, 1102 Madison St. Shelbyville, TN 37160, or Bedford Cancer Foundation, P.O. Box 1523, Shelbyville, TN 37162.

Hillcrest Funeral Home is in charge of arrangements.

Europe broils in fire-fueling heat wave

LA TESTE-DE-BUCH, France (AP) — A heat wave broiling Europe spilled northward Monday to Britain, where authorities warned of possible record temperatures, and fueled ferocious wildfires in France, which scrambled water-bombing planes and hundreds of firefighters to battle flames spreading through tinder-dry forests.

In Spain, two people were killed in blazes that the country's prime minister linked to global warming, saying: "Climate change kills."

In both France and Spain, fierce heat fueled the fires — part of a wall of high temperatures moving across Europe, touching even places like Britain, where officials have issued the first-ever extreme heat warning. The country's weather service forecast that the record high of 101 degrees, set in 2019, could be shattered.

French forecasters also warned of possible record temperatures as swirling hot winds complicated firefighting efforts in the country's southwest.

Authorities there started evacuating more towns, moving out another 3,500 people at risk of finding themselves in the path of the raging flames that have already seared 54 square miles of pine forests and other vegetation. That will take the number who have been forced out of their homes in the Gironde region to around 20,000 since the wildfires began July 12.

The regional fire service chief, Marc Vermeulen, described the burning forests as "a powder keg" and said tree trunks were shattering as flames consumed them, sending burning embers into the air and further spreading the blazes.

"The fire is literally exploding," he said. "We're facing extreme and exceptional circumstances."

Three additional planes were sent to join six others already fighting the fires, scooping up seawater into their tanks and making repeated runs through dense clouds of smoke, the Interior Ministry said Sunday night.

explained.

They are also looking at a Tennessee Housing Development Agency (THDA) rent relief program. Tillman said 80 percent of their current residents signed up to receive free rent for 12 months beginning at the end of July.

SHA is about temporary housing, according to Tillman. "It's about strengthening and motivating residents to purchase a home beyond public housing."

There are other HUD programs they can use, such as the Family Self-Sufficiency (FSS) program which helps residents in public housing to increase their earned income and reduce their dependency on welfare assistance and

rental subsidies. Those in the program are able to accumulate escrow so they can purchase a home or place a down payment, according to Tillman.

"Those grants there have worked with the housing authority to help our residents to develop, and if they have the intention to, to move out and have a better life," Tillman said.

After 29 years of working with SHA, Tillman surmises, "I enjoy working with people. I enjoy being helpful to the community and helping them acquire a better place to live. At times it gets rough, but we do our best to build better apartments when funding allows."

month.

"There's a need for quality rental places with a reasonable price. This is a problem nationwide, especially in areas of the United States where there is increased economic development — this includes Bedford County," Ayers said.

"Even with a \$15 per hour position as there are here in Shelbyville, I understand how households will have a difficult time paying rent, especially a family." Median gross rent in

Bedford was \$779 per month as of 2020.

There's a series of questions to ask in order to find solutions for affordable housing.

"There's an engineering component. Can we build a good inexpensive home today?" Ayers said. For example, Ayers cited that in Alabama at Auburn University the School of Architecture designed family homes that were built for \$30,000.

Ayers, who has a background in w

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684-1200

YOUNG FARMER



Photo by Dawn Hankins

Oliver Henderson was enjoying his snacks at Thursday's Century Farm Coffee, sponsored in conjunction with Bedford County Fair Association. His family received recognition for their Vannatta Farms in Deason.

REPRESENTING THE COUNTY



Photo by Dawn Hankins

Bedford County Mayor Chad Graham took time out last Thursday at the Century Farms coffee to congratulate Payton Laine Davis, left, who was recently selected at Fairest of the Fair Queen for 2022. Representing the Young Miss Bedford County Fairest of the Fair for 2022 is Kara Brooke Adams.

100-YEAR-OLD FARMS CELEBRATED



T-G Photo by Dawn Hankins

Bedford County Century Farm owners enjoyed a bountiful brunch on Thursday as a special recognition for all they do to keep their historic homes on the state's Century Farm registration.

Farrar vies for Commission seat

Phillip T. "Biff" Farrar has announced his candidacy for re-election to a 9th District seat on Bedford County Board of Commissioners as an independent candidate.

The general election in Bedford County is Aug. 4. Early voting runs through July 30.

Farrar said that his commitment to public office is to ensure economic growth in Shelbyville and Bedford County within the constraints of law and available funds. "We need growth, but we should respect historical structures and individual rights. I ask for your support and vote on election day."

He added, "During the last 4 years the Board of Commission funded Cartwright Elementary School and the CTE wing for Community High School. From [the] general fund, we promoted economic development through County and City partnership to expand our Industrial Park and buy land for the TCAT Center. From the American Rescue Plan Act grants . . . E-911 county-wide radio upgrade and rural broadband expansion with United Telephone Communication."

Farrar said during his last term, funding was also approved for the Industrial Park sewer and water and the Union Ridge water project. He said the County moved fee offices to the Court House Annex and our courthouse renovation was finished by Rock City Construction Co.

"During the past 4 years, I have asked questions and listened to all constituents. The future of Bedford County is in our hands and we need to be involved in local government."

Farrar is chairman of the rules and legislative committee and has served on the Agriculture Extension Service committee. He's also served on Bedford County Nursing Home Board and as chair of Tennessee Vocational Rehabilitation Center. He's attended numerous training sessions taught by the University of Tennessee's



Phillip T. "Biff" Farrar

County Technical Assistance Service.

Farrar is a retired teacher and administrator, teaching social studies at Shelbyville Central High and at Community High. He's served as principal of Moore County High School and vocational director and assistant principal of Bedford County Vocational Center.

The commissioner is also a Flat Creek farmer, raising Limousin cattle and planting a 12-row garden. He is a member of Tennessee Cattleman's Association and the North American Limousin Foundation.

Farrar was a sergeant with the Tennessee Army National Guard, serving 9 years. Farrar is also a member of American Legion Post 43, Bedford County Historical Society, River Bend Country Club and Shelbyville Benevolent Lodge #122, as a 32nd degree Scottish Rite Mason.

He has been married 52 years to the former Betty Lamborn of Tullahoma; they attend First United Methodist Shelbyville, where he's been a member for 61 years.

Farrar follows the University of Tennessee football team; he's been a Tennessee fund member since 1996. He said he proudly supports the Boys' and Girls' Club, St. Jude Children's Hospital, Shelbyville-Bedford County Senior Citizens Center and the Good Samaritan. He's also a supporter of Friends of the Library, Tennessee Sheriff's Association, Salvation Army and the Red Cross.

HAPPY Birthday

In memory of my sister, **Mary Lynn Cooper**, on her birthday, July 19th, and with gratitude to my Lord Jesus for the hope I have of some day spending forever with her and him, where time has no end and cancer is no more.

With Love,
Sister
Laura Lee

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Too much shakin'going

Dear Heloise:
One spice I use extensively is nutmeg, and when I use a new jar, it takes a lot of shaking to spread this spice evenly on my pudding. I've noticed that when the amount of spice in a jar gets less and less, the easier and quicker it is to shake and spread out evenly.

Hints from Heloise

Heloise



One day, when I did not have enough spice to complete the recipe, I had a new, full jar ready to step in and finish. Then it dawned on me that I could pour half of the new spice into the old jar and spread it quickly and evenly. Both labels showed the name of the spice, so no mix-up there.

TRASH BAGS

Dear Heloise: I discovered a replacement for plastic bags that can be found at almost all retailers. Online, you can buy 50 paper gift bags with handles for \$15. The handles make them easy to carry, and the bags can be reused. When tossed, they don't poison the environment. -- Melodee Placial, Bella Vista, Arkansas

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

FANOTHER COOKING HINT

Dear Heloise: Here's another hint for the recently married young lady about cooking meats to be tender.

Use Italian salad dressing on your meats after browning or braising. Cover the pan or skillet and bake in a low oven for a few hours ... or in a crockpot.

I have a skillet with a high-dome lid that makes it a Dutch oven, and it's perfect for cooking meat to tenderness.

Thanks for all your hints. Love your column! -- Margaret D., New Vienna, Ohio

Margaret, I love a Dutch oven. They come in handy for so many different things! -- Heloise

TEENAGER FOOD

Dear Heloise: I have four teenage boys. If you've ever been around teenage boys, you know they not only love to eat, some, like mine, eat practically nonstop and never gain weight. In fact, they don't eat, they just inhale.

Since they are here with friends half the time, I taught them to cook hamburgers.

I make the hamburger patties up by placing a sheet of wax paper between each patty until I have a stack of about six or seven. Then I place the stack of patties in a plastic bag and set them in the freezer, making sure to keep the hamburger patties stacked upright. There, I also store a large bag of raw onions to go with the hamburger meat.

They cook here and sometimes cook for their friends, but at least I always know where they are. -- Laura G., Canby, Oregon

COLLEGE BOX IDEA

Dear Heloise: I am an avid reader of your column, and wanted to share my idea with you that I have used for college-bound friends, since my son benefited from it when he went to college.

I call it a "get better box." In it, it will have ibuprofen, aspirin, bug spray, antibiotic ointment, bandages, vitamins, cough drops, cold tablets, allergy relief pills, etc. This is always a huge hit with all of my friends as it has things that people do not think of when they are setting their child up in their dorms. -- Amy Loewe, Crown Point, Indiana

SMALL PRINT SOUND OFF

Dear Heloise: In response to David in Virginia complaining about small print and senior eyes, I say, "Me, too!" (My issue is puzzles in the daily paper.) I have found that the camera on my phone is a perfect solution. Simply focus the camera, slightly zoomed out, on the text, and it becomes easy to read. Hope this helps. -- Peter Jacoby, Bozeman, Montana

ANOTHER USE FOR A VEGETABLE STEAMER

Dear Heloise: I use an old vegetable steamer to wash and rinse off shells that I collect on my beach walks and little moon stones. They get air and dry out perfectly. Then it can be used for crafts as well. -- Susan R., Huntington Beach, California

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

THIS WEEK

Bedford County Fair

The Bedford County Fair is in progress through Saturday, July 23, at Bedford County Agriculture Center. See bedfordcountytfnfair.org or call 931-684-0239.

TUESDAY

Bell Buckle meeting

Bell Buckle Board of Mayor & Aldermen will meet on Tuesday, July 19, at 6 p.m. in Town Hall.

WEDNESDAY

ABC's of Medicare

A free ABC's of Medicare class will be held Wednesday, July 20, from 9 a.m.-noon at the South Central Tennessee Development District building in Mt. Pleasant. Advance registration is required because class size is limited. Call toll free 1-877-801-0044 or email sctn.ship@sctdd.org. Volunteers are also needed.

THURSDAY

Bell

Buckle committee

Bell Buckle Beautification Committee will meet at 6:30 p.m. Thursday, July 21, in Town Hall.

FRIDAY

Cruise-In

Celebration City Car Club's Cruise-In will be Friday, July 22, from 6-8 p.m. on the Shelbyville square. Food trucks will be present, Chase Clanton and

Vintage Vibes will perform and WZNG-The Zinger (100.9 FM/1400 AM) will broadcast live. Cruise-Ins are held each fourth Friday during warm weather months.

MONDAY

Wartrace Board meeting

Wartrace Board of Mayor and Aldermen will meet at 6 p.m. Monday, July 25, at Town Hall.

JULY 28

SCHRA meeting

South Central Human Resource Agency's Governing Board will meet at 11 a.m. Thursday, July 28, at their central office, 1437 Winchester Highway, Fayetteville. Subcommittees will meet at 10 a.m.

JULY 29

Backpack giveaway

Free backpacks will be given to school-aged children Friday, July 29, at H.V. Griffin Park by The Center for Family Development and the Johnson Family Foundation. The event begins at 10 a.m. Backpacks will be distributed at 1 p.m. following a free lunch.

JULY 31

New Bethel singing

New Bethel Baptist Church, 1832 Highway 64 West, will be having a 5th Sunday Community Singing on July 31 at 5 p.m. A meal will follow the singing.

AUG. 5

Farm Bureau meeting

Bedford County Farm Bureau's annual membership meeting will be held Friday, Aug. 5,



LINDA YOCKEY

Linda Bomar Yockey is a candidate for re-election to a 5th District Bedford County Board of Commission seat. The district is composed of the Flat Creek and Normandy precincts.

"If elected, I will continue to represent the 5th District and will be open to listen to all concerns and questions the constituents may have."

She currently serves on the finance committee of the Commission and on other various boards of the County, including Bedford County Planning Commission. Within the community, Yockey serves as a Farm Bureau director, past president of the Raus Community Improvement Club, and a member of First Christian Church.

Born and raised in the

COMMUNITY CALENDAR

July 2022						
S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

6:30 p.m. at its office, 323 Bethany Lane. Dinner will be served.

Midland Road.

SEPT. 24

Police Fun Run

Shelbyville Police Benevolent Association will have its annual "Run Like You Stole Something" Fun Run fundraiser Saturday, September 24, at 8 a.m. at Shelbyville Central High School. Sign up at https://www.reg2run.com/index.php/event_details/327 or contact Kim Nash at Shelbyville Police Department, 931-684-5811. The first 100 signups will receive a bag of goodies.

ONGOING

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 4-5:30 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon and Pickle Street). Doors open at 3:45. Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation. Boxed non-perishables are available. Takeouts are no longer distributed.

Yockey seeks re-election to District 5

Bedford County School System after having served a long tenure at Cascade High School. Her last eight years in education included serving as a science teacher and graduation coach at Shelbyville Central High School.

She has 2 children and a granddaughter. Daughter Nichole is an assistant principal at Eakin School and Josh is a software developer. Josh lives in Smyrna with his wife, Jennifer, and daughter, Everly, who Yockey admits is the love of her life.

Yockey said she's most proud of the "progressive mindset" of the current Commission. She mentioned there's been a lot of accomplishments over the past several years.

She referred to projects that the late Mayor Eugene Ray had started such as finishing the jail and judicial center and moving the constitutional offices into the Annex—all which has been completed. "The renovation of the interi-

or of the courthouse and square is something for all citizens to be proud of," said Yockey. "The Annex, courthouse renovation, and also the purchase of the old Social Security building for archives have all been done at no cost to the taxpayer."

She said that serving on the Commission has been an "honor" and she's proud to represent the people of the County's 5th District. "This district is one of the larger per square miles in the county and is composed of diverse communities, including not only Flat Creek and Normandy, but Haley, Raus, Singleton, and the River Bend Country Club area."

Yockey said she makes every effort to attend the various functions within these communities so that the constituents can truly say they have a "voice" in their government. "The 5th District is fortunate to still have these communities that do have regular meetings and that are interested in their local politics."

BACK TO SCHOOL SUPPLIES GIVEAWAY

bird street CHURCH OF CHRIST

Sunday, July 24
2:00 p.m. - 4:00 p.m.

Location:
428 Bird Street
Shelbyville, TN

While supplies last!
Backpacks, notebooks,
paper, folders, pencils,
scissors and more

COMMUNITY EVENT FIRST COME FIRST SERVED

Gospel Meeting

July 17-20

Speaker: Barry Grider
"Standing On
The Promises Of God"

Sunday 9 am: The God of Promise
Sunday 10 am: God's Promise To Love Us
Sunday 7 pm: God's Promise To Answer Prayer
Monday 7 pm: God's Promise of Forgiveness
Tuesday 7 pm: God's Promise of Comfort
Wednesday 7 pm: God's Promise of Eternal Life

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AG NOTES

BY JOHN TEAGUE
UT/TSU Extension

FARMERS MARKET

The market had 13 vendors for the second week with more coming. Quality produce is available in pretty good supply. The market is on Thursday afternoons with sales starting at 2:30 p.m. The market is located at the pavilion next to the big blue water tower at the Celebration Grounds in Shelbyville.

BEDFORD COUNTY FAIR

The fair started yesterday, but there is a whole lot more coming up. Here is the schedule for the rest of the week.

Tuesday at the fair will feature the beef cattle show at 6 p.m., and a change for this year is that all of the beef cattle will be there on that day. In the past, this show was split with some on Tuesday and some on Thursday. There will be a pageant at 7 p.m. and a hat contest at 7:30. Check the fair book for details on these events.

Wednesday is a busy day at the fair. It's senior citizen's day, youth day, entry day for the large poultry and rabbit show, a fund dog show, a cornhole tournament, and a faith/patriotic music fest with area choirs. Again, check the fair book for details.

Thursday is the day for our special needs friends to visit during the day. Then at 6 p.m., the smoker trucks and tractors will have their pulling contest. Also, there is a crowing contest for both real roosters and humans. This is a new event, and it's sure to be hilarious. The cloggers will perform at 7 p.m., the junior mule skinnners will be a 7:30, and karaoke is at 8 p.m.

Friday the sheep show is at 6 p.m., the mini pull is at 7, the entertainment will feature Double Shot at 7 p.m., the pleasure horse show is at 7 p.m., and more entertainment from Justin Williams at 8 p.m.

Saturday the miniature donkeys will show at 9:30 a.m., the antique tractors will pull at 1 pm, the goats will show at 3 p.m., the poultry and rabbit awards will be passed out at 6:30 p.m. Jaysen Gold is the entertainment at 7 p.m., the mules will show at 7 p.m., and Phil Valdez and band is the featured entertainment for the evening at 8:30 p.m.

What about the carnival rides? They will be in operation starting at 6 p.m on Tuesday and every day through Friday, and then they'll open at 3 p.m. on Saturday.

Food is available from a large number of vendors. And it is a good selection of stuff. You can find all kinds of good food to eat.

This is a good time to celebrate, so come on out to the Bedford County Fair. I'll be there.

TAEP REMINDER

Final Reimbursement Deadline for FY22 Tennessee Ag Enhancement Program (TAEP) is August 1st. If you have a pending project reimbursement request, please make sure you send the request for reimbursement by a confirmed mailing post-marked before August 1 or hand deliver to the TAEP Office at TN Department of Ag or upload to the TAEP Account Portal asap. Emailing, faxing, or texting reimbursement requests are not allowed.

CROP COMMENTS

Dr. Aaron Smith, crop analyst with UT Extension's Ag Economics Department, shared these comments.

On July 12, the U.S. Drought Monitor indicated 64% of Tennessee was abnormally dry, including 39% in moderate drought and 3% in severe drought. West Tennessee has been the hardest hit region in the state.

Many crop producers will have some tough decisions to make moving forward. A couple of questions to consider are: what is the base level of protection that is provided

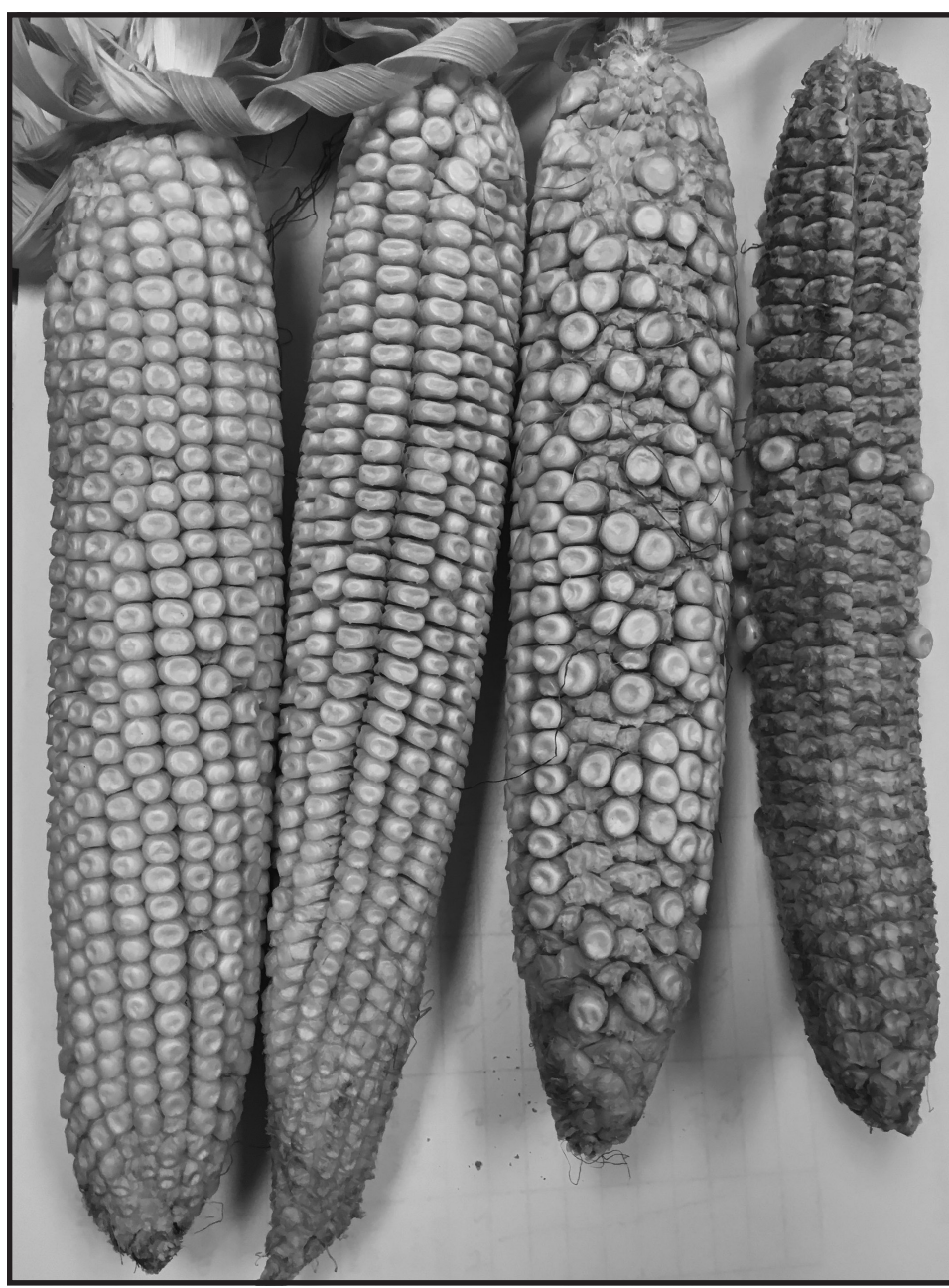
by your crop insurance policy? what is invested in the crop and what will be needed to bring the crop to market? what are my current production estimates? and how much production is currently priced?

Communication with your crop insurance agent during a drought is essential. Before any decision is finalized, a discussion with your crop insurance agent should occur to avoid voiding potential indemnity payments due to non-compliance with crop insurance policy provisions.

Knowing the revenue guarantee and yield that will result in indemnity payments for each insured unit is critical. For example, for corn, \$5.90 (projected price) x 175 (APH) x 75% provides a revenue guarantee of \$774/acre.

The December futures contract is currently \$5.96 meaning, at current prices, the yield trigger (the yield where indemnity payments would commence) would be 130 bu/acre. This base level crop insurance protection should be considered when evaluating current and future market-based transactions.

(We are starting to get some rain, but is it enough? Will it continue? What about outside influences in the market? Farmers live with so much uncertainty. See below. JKT)



CROP DAMAGE

I've attached a photo of corn that shows the damage done by the hot and dry weather to corn. These

ears were given to me by a local farmer. When temperatures hit the highs that we have seen, coupled with dry conditions that we have seen, the pollination is interrupted and the kernels that were pollinated will not have enough moisture to fill out.

The crop is full of this damage. Hard to make a

Weekly Tennessee Cattle and Grain Summary				USDA Livestock, Poultry & Grain Market News			
Nashville, TN				Monday, July 11, 2022			
For Week Ending:				Saturday, July 9, 2022			
Receipts: 1,912		Last Week: 6,062		Last Year: 3,662			
No comparisons to last week due to most markets being closed in observance of the Fourth of July.							
STATE AVERAGES Steers (M&L 1-2)							
	This Week	Prior Week	Last Year				
300-350 lbs	175.00	189.67	169.43				
350-400 lbs		186.06	150.27				
400-450 lbs	160.82	185.41	148.18				
450-500 lbs	176.75	175.30	157.13				
500-550 lbs	164.47	170.86	150.02				
550-600 lbs	164.21	163.20	148.17				
600-650 lbs	147.87	163.07	136.77				
650-700 lbs	156.86	158.10	140.00				
700-750 lbs	159.00	144.91	134.72				
750-800 lbs	147.00	146.50	130.76				
Heifers (M&L 1-2)							
300-350 lbs	143.87	155.04	134.52				
350-400 lbs	146.00	154.31	137.09				
400-450 lbs	144.91	159.98	139.95				
450-500 lbs	141.70	155.19	133.36				
500-550 lbs	142.22	151.34	131.03				
550-600 lbs	140.62	145.28	129.23				
600-650 lbs	130.52	141.99	124.08				
650-700 lbs	130.05	135.87	123.12				
700-750 lbs	126.84	130.42	113.73				
750-800 lbs	120.00	120.78	113.26				
WEEKLY COW SUMMARY							
Slaughter Cows							
	Average	High	Low				
Breakers	76.00-96.00	95.00-105.00	83.00				
Boners	77.00-97.50	94.00-106.00	69.00-77.00				
Lean	65.00-83.50	78.00-87.00	54.00-64.00				
Slaughter Bulls							
	Average	High	Low				
Yield Grade 1's	106.00-119.00	120.00-134.00	95.00-106.00				
June 27, 2022				Columbia, TN			
GOATS: 1159							
KIDS-Selection 1 40-41 lbs 220.00-295.00; 50-51 lbs 300.00-325.00; 66 lbs 345.00-355.00; 89 lbs 380.00; 100 lbs 360.00. Selection 2 48-49 lbs 260.00-285.00; 50 lbs 280.00; 62-63 lbs 305.00-310.00; 80 lbs 250.00.							
LAMBS: 881							
Woolled & Shorn-Choice and Prime 2-3 44 lbs 200.00; 50 lbs 220.00; 62-67 lbs 237.50-242.50; 70 lbs 255.00; 86 lbs 245.00; 125 lbs 230.00. Hair Breeds-Choice and Prime 2-3 45-48 lbs 220.00-225.00; 50-55 lbs 217.50-257.50.							
View Full Grain Report							
GRAINS							
	This Week	Prior Week	Last Year				
Corn	6.17-7.02	6.19-7.75	5.50-6.57				
Soybeans	14.72-16.30	16.26-16.87	13.13-14.54				
New Crop Wheat	7.15-8.72	7.69-8.76	5.70-6.26				
				USDA-TN Livestock, Poultry & Grain Market News Nashville, TN Jodee Inman, OIC 502-523-6961 Email: Jodee.Inman@usda.gov USDA Livestock, Poultry, and Grain Market News			

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CENTURY FARM OWNERS



-G Photo by Dawn Hankins

A coffee was held last Thursday at the Ag Center on Midland Road to recognize local Century Farm owners and operators. One requirement necessary to be a Century Farm is a continuous chain of family owning and maintaining the farms. Some farm owners said during the coffee that they now rent or lease out a lot of their land. Others have new generations of family stepping up and working the land.

Century Farms of Bedford County honored

By **DAWN HANKINS**
dhankins@t-g.com

There are currently more than 2,100 Century Farms in Tennessee. Bedford County has 37 certified farms—those which have been owned and operated by the same families for 100 years or more, according to the Center for Historic Preservation.

For the rest of summer, the T-G will be recognizing those local Century Farms. Features will tell a little about their history and the families which run them still, today.

There is a process to go through to be able to have a farm certified in Tennessee. The four requirements which must be met to be considered a Century Farm

in Tennessee:

- 10 acres or more of the original farm owned by the founder(s);
- Farm must produce at least \$1,000 in revenue annually and specifically during the past 12 months (though documentation does not have to be submitted);
- Farm has been in the

family continuously for 100 years or more, and provides proof of the founding date and owner, and can provide chain showing all family owners from founder to the present owner;

- one owner must be a Tennessee resident.

There is no charge for his program, which is administered as a public service

by the Center for Historic Preservation at Middle Tennessee State University in Murfreesboro.

More information can be obtained at www.tncenturyfarms.org.

The annual coffee for Bedford County's Century Farm owners was held Thursday at the Ag Center on Midland Road. The coffee is one of the kick

off events held to also promote Bedford County Fair, which began Monday and runs through Saturday, July 23.

Anyone unable to attend last week's Century Farm coffee is welcome to email dhankins@t-g.com to have their 100-year-old Century Farm included in upcoming stories.



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To be a Tennessee Century Farm there are 4 Requirements:

- All four of the following must be met to be considered:
1. Ten acres or more of the original farm owned by the founder;
 2. Must produce at least \$1000 in revenue annually and specifically during the past 12 months (though documentation does not have to be submitted);
 3. Has been in the family continuously for 100 years or more, and provides proof of the founding date and owner, and can provide chain showing all family owners from founder to the present owner;
 4. One owner must be a Tennessee resident.

COMING
Soon!
July 30th



Bedford Life
Summer 2022

Local News • Events • Merchants & More

Driver hits child, keeps going

By DAVID MELSON
dmelson@t-g.com

A man struck a 20-month-old boy on Archery Lane and intentionally kept driving Saturday afternoon, Shelbyville police said.

Witnesses said the boy ran in front of a van driven by Antonio Mateo Pedro, 44, a neighbor of the victim. The boy was knocked to the ground and was complaining of head pain.

Mateo returned a few minutes later. He told police he left because he was unsure if officers were responding.

Charges of leaving the scene of an injury accident, failure to give immediate notice of an accident, and driving without a license or insurance were filed. Mateo was released on \$3,500 bond.

Burglary

Two women were charged with burglary after allegedly breaking into Walgreens, North Main Street, late Thursday night.

Officers responding to an alarm at 11:25 p.m. found a man in the parking lot who said his girlfriend and a friend of hers were inside shopping.

Officer Sam Campbell said he saw Autumn N. Patton, 29, of Barksdale Lane, and Kara A. Witas, 24, listed as homeless, putting merchandise into a backpack.

Witas told police they thought the store was open because the lights were on, and forced the front door when it didn't automatically open as during business hours.

They thought the alarm system's sound was the alert warning when a customer leaves without paying, Witas said.

Patton had several stolen makeup items and a glass bottle containing marijuana in her purse, police said. She was also charged with simple possession.

Bonds were set at \$6,500 for Patton and \$5,000 for Witas.

Drug arrests

"Meth is in my nose, blunt in my mouth," writing on the dashboard of a drug suspect's car said.

Officers stopped William Edward Martin, 36, of Highway 82 South on Friday for an expired license plate and discov-

ered methamphetamine inside, a report said.

Martin did not want the vehicle searched because, he said, it had not been driven for several months and he was unsure who had been in it.

Bliss found 5.6 grams of methamphetamine in a bag under the driver's seat and noticed the dash inscription. Officer Jeremiah Guinn found a set of scales in Martin's pocket.

Martin was charged with possession of schedule II drug, driving while in possession of methamphetamine, driving on a suspended license, financial responsibility, possession of drug paraphernalia, and a registration violation. He was held without bond.

Police found 29 grams of marijuana inside a vehicle clocked at 45 mph in a 30 mph zone on South Cannon Boulevard Sunday afternoon.

Edgar Alberto Guzman Moreno, 22, of Hilltop Drive was charged with possession of a schedule VI drug for resale, possession of a firearm while in possession of a controlled substance, and traffic violations.

A loaded Glock semi-automatic pistol was in open view in the vehicle, Officer Ramon Castillo's report said.

Guzman was released on \$7,500 bond.

Juan Lopez was charged with simple possession, possession of drug paraphernalia, driving without a license and speeding following a traffic stop early Sunday on Madison Street.

Lopez was clocked at 52 mph in a 30 mph zone. Sgt. David Dye smelled marijuana, and a small bag was found in his clothing.

Thefts

Representatives of Community Soup Kitchen, South Cannon Boulevard, are unsure if anything was taken after the door of an outbuilding was found torn off its hinges Sunday night.

A nearby resident told three people, thought to be homeless, and their possessions were seen nearby; multiple items of clothing were scattered nearby and one woman was openly changing clothes.

An older, black Huffy bicycle with white spots and faded orange handlebars was stolen from the patio of Bar 69, Madison Street, early Sunday night.

Security footage shows a short, white male with dark hair taking the bike around 6:45 p.m.

A wallet containing \$900 was taken from a Martha Street home Sunday night. A suspect was named.

A utility trailer was stolen Saturday night from a home on Cliffside Avenue.

Two decorative lights were taken early Saturday morning from the carport of a Dover Street home.

The license plate was stolen from a vehicle at a Deery Street home early Saturday.

A billfold was stolen from an unlocked car at a home on High Street in Wartrace, a Bedford County deputy was told.

Several items were taken June 28 from a storage unit at Himesville Self Storage, Highway 82 South, the BCSO said.

Joseph Roger Hedrick, 41, listed as homeless, allegedly walked through Speedway, Madison Street, putting snack foods in his backpack Sunday morning. Hedrick was found moments later at the old Rite Aid building, charged with shoplifting, and held on \$2,000 bond.

A man shoplifted three pairs of sunglasses and five cans of Vienna sausages from Quik Mart, Lane Parkway, early Friday afternoon.

Several pieces of jewelry were stolen from a resident's room at Viviant Healthcare, Glenoaks Road, since May, police were told Friday.

Jail intake

The following were charged since Friday by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

Austin Taylor Bartell, 28, Winners Circle; probation revocation; released on recognizance

Gary Thomas Burton, 59, Winners Circle; DUI, leaving scene of accident; released, \$5,000 bond

Hope R. Dickens, 44, Union Street; domestic assault; released, \$6,500 bond

Danyel P. Dixon, 30, Ligon Drive; driving on suspended license, speeding; summons issued

Ricky J. Freeman, 43, Martha Street; criminal trespassing; held, \$250 bond

Alex D. Guartambar

Corral, 23, Nashville; DUI, due care, no driver's license; released, \$3,500 bond

Edgar Alberto Guzman Moreno, 22, Hilltop Drive; speeding, no driver's license, possession of schedule VI drug for resale, possession of firearm while in possession of controlled substance; released, \$7,500 bond

Joseph Roger Hedrick, 41, homeless, Shelbyville; shoplifting; held, \$2,000 bond

Brandon Micah Henley, 33, Nashville; DUI; released, \$3,000 bond

William Edward Martin, 36, Highway 82 South; possession of schedule II drug, driving while in possession of methamphetamine, driving on suspended license, financial responsibility, possession of drug paraphernalia, registration law; held, no bond

Antonio Mateo Pedro, 44, Archery Lane; no driver's license, leaving scene of accident, financial responsibility, immediate notice of accident; released, \$3,500 bond

Cecelia Velazquez Mendez, 29, Maple Street; bondsman surrender, failure to appear, bench warrant; held, \$17,000 bond

Eric Montgomery, 34, Cedar Grove Street; driving on suspended license, speeding; released on recognizance

Joseph Earl Moore, 45, Perry Acres Road; violation of probation, probation revocation; released, \$3,500 bond

Jairo Lopez Morales, 26, Smyrna; no driver's license, speeding, registration violation; summons issued

Ana Maria Osorto, 19, South Fair Oak Street; no driver's license, financial responsibility; released on recognizance

Derek William Peoples, 32, Joe Hart Road; harassment; released on recognizance

Samantha Rae Prince, 33, Maplewood Drive; shoplifting; released, no bond

Eric Rodriguez, 26, McMinnville; failure to appear; held, \$1,500 bond

Betty Lou Scott, 79, Highway 41A South; domestic assault; held, \$1,500 bond

Michael S. Shipley, 44, Wildcreek Road; no driver's license; released, no bond

Jorge A. Sierra Villanueva, 24, Viking Lane; no driver's license, following too closely, running stop sign; released on recognizance

Recession investing protecting your nest egg

It's no secret that the economy isn't doing well right now. The rise in inflation coupled with the hawkish stance by the Federal Reserve might soon push us into a recession.

Economists are watching an inverted yield curve, one of the most reliable predictors of a recession. The New York Fed model says the U.S. economy will contract this year and next, assigning an 80% probability to a hard landing.

Investing in A Recession

During down economic cycles, many investors like to flee to safe-haven assets, like cash or U.S. Treasury bonds, while most risk assets like stocks tend to drift lower and lower.

Investors want to get out of the market and put their money into safer accounts.

Warren Buffet's famous quote is to be "fearful when others are greedy, and greedy when others are fearful." However, it is not wise to time the market bottoms. There is no way to know when bear markets have hit their bottom and when it is time to buy. Dollar-cost averaging is the best strategy when investing in recessions or boom times.

Buying Stocks During A Recession

The stock market is divided into the following 11 sectors.

- Consumer Staples
- Consumer Discretionary
- Energy
- Materials
- Industrials
- Utilities
- Health Care
- Financials
- Information Technology
- Communication Services
- Real Estate

Investing in specific stock market sectors does better in an economic downturn because consumers still need their products and services, even during a recession.

The sectors that consumers have difficulty cutting back on include:

- Consumer Staples
- Healthcare
- Utility Companies

During economic downturns, many investors focus their investments on high-quality stocks that pay dividends. This is because dividends will offset losses in a portfolio and reduce portfolio volatility.

Money from investments that pay dividends can be put back into the stock as an investor will average down, which is an excellent way to accumulate more stock when the stock is cheap. One can put the money from dividends into saving or investing.

However, be wary of high dividend yields since usually these are mature sectors and won't offer much upside when the recession ends. Also, a high yield doesn't necessarily mean it is an outstanding stock to buy.

The yield may be elevated because the stock price has recently dropped. And if this drop occurred because of something wrong with the company, then there is a risk the company will cut its dividend soon.

Mutual funds and exchange-traded funds (ETFs) are similar in that they both are baskets of various investments like stocks and or bonds. Unless an investor is very good at picking individual stocks, it might be best to consider broad-based index funds.

Investing in the S&P 500 provides diversification to all sectors of the economy based on market-cap weighting. In addition, one gets exposure to defensive and growth industries that could help your portfolio after the recession ends.

Bonds usually do well in a recession, and moving money into bonds or bond funds is considered a safe move.

Bonds are known as fixed-income investments because they pay a fixed amount of interest.

However, bond funds do not do well if the recession is inflationary with rising interest rates, as we have seen in 2022.

Shorter-duration bonds, in general, outperform longer-dated ones in a rising rate environment. Therefore, holding individual bonds to maturity or building a ladder of individual bonds is advisable in an increasing interest rate environment. Investing in I-Bonds from the U.S. Treasury is a low-risk strategy ensuring your cash keeps up with inflation.

The San Francisco Federal Reserve published a paper titled "The Rate of Return on Everything, 1870-2015," which shows that residential real estate, not equity, has been the best long-run investment throughout modern history (1870 to 2015).

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ELECTION NOTICE

A Normandy Municipal Election, Shelbyville Municipal Election, and Wartrace Municipal Election are hereby called for Bedford County, Tennessee for Tuesday, November 8, 2022 between the hours of 9:00 am and 7:00 pm at the various precincts to elect the following:

BALLOT	OFFICE	TERM OF OFFICE
NORMANDY MUNICIPAL	Mayor	4 years
	One (1) Alderperson	4 years
SHELBYVILLE MUNICIPAL	Mayor	4 years
	Councilman (One (1) in each ward)	
	Ward 2	4 years
	Ward 4	4 years
WARTRACE MUNICIPAL	Mayor	4 years
	Two (2) Alderpersons	4 years

QUALIFYING DEADLINE: August 18, 2022 at 12:00 NOON

To qualify, candidates shall file their original petition in the county election office where they reside by the qualifying deadline. The nominating petition must be signed by at least twenty-five (25) voters who are registered in the candidates' ward/city. Each voter who signs the petition must also supply his or her residence address.

WITHDRAWAL DEADLINE: August 25, 2022 at 12:00 NOON

A candidate's request to withdraw must be in writing.

Petitions are being issued at the county election office during normal office hours listed below. Any person interested in running for office should contact the Bedford County Election Commission Office at 931-684-0531 for further information.

Pursuant to TCA 2-7-133(j) and TCA 2-8-113(c) notice is hereby given that any person attempting to be elected by write-in ballots or receive a party's nomination by write-in ballots shall complete a notice requesting such person's ballots be counted in each county of the district no later than NOON, fifty (50) days before the election or primary election. Such person shall only have votes counted in counties where such notice was completed and timely filed. Write-in candidates in elections for the offices of Governor, United States Senate and United States House of Representatives shall file their notice with the state coordinator of elections. The notice shall be on a form prescribed by the coordinator of elections and shall not require signatures of any person other than the write-in candidate requesting ballots be counted.

Last day for Write-in candidate to file notice: September 19, 2022 at NOON. Forms are available in the Bedford County Election Commission Office.

The Election Commission does not discriminate on the basis of disability. If there are any questions about needed accommodations in the voting process call 931-684-0531.

For additional information: Bedford County Election Commission
100 Public Square West, Basement, Shelbyville, TN 37160 • 931-684-0531 • www.bedfordcountyttn.org
Office hours are Monday thru Friday 8:00 a.m. to 4:00 p.m.

BEDFORD COUNTY ELECTION COMMISSION
Danny Robbins, Chair • Connie Crafton, Secretary • Joe Wayne Tucker • Maleah Claxton
Bob York • Summer Leverette, Administrator of Elections

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Times-Gazette SPORTS

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www.t-g.com/sports
Tuesday, July 19, 2022

Football movies: Preseason motivation

By CHRIS SIERS
sports@t-g.com

Everyone knows I'm a football junkie. When the season finally gets here, my weekend typically consists of four-straight days of football, with the Thursday night college and NFL game, Friday night high school football, and Saturdays, which consist of me finishing my high school stories from Friday and about 12 hours of watching college football on three different TVs, and finally NFL all day Sunday and Monday night.

To some, that might seem like overkill, but it's something I truly enjoy.

With the summer months stuck in the doldrums of only having baseball—which I also enjoy—but am unable to watch due to media blackout restrictions.

This summer void leaves a lot of empty time for those of us who love sports.

So just about this time every summer, I make a run through my favorite football movies and shows to get hyped up for the upcoming football season.

Here's a list (in no particular order) of my favorite football movies and shows to get you hyped for the upcoming season:

Friday Night Lights (2004)

This movie Friday Night Lights was based on the book by H.G. Bissinger of the same name and stars Billy Bob Thornton as Permian High School head coach Gary Gaines and chronicles the season of a school from Odessa, Texas in a town that doesn't have much else to cling to.

In this version, the movie showcases a little more of what is a religion in Texas athletics and a little less of a sport.

The movie features some real-life situations players have to go through, in addition to some that are a little more exaggerated, including an injury to a star player and finding a gem on the bench.

This is a movie I love to watch mostly because of the halftime speech given by Gaines to his team during the state championship against a much bigger and talented school from Dallas.

Last Chance U (2016)

Arguably the premier sports documentary out there, Last Chance U gives you a behind the scenes look at what goes on in small-town junior colleges for players who are literally on their last chance.

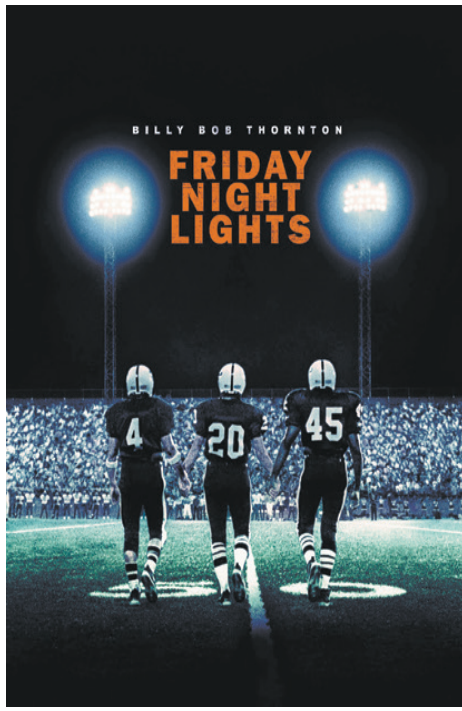
For whatever reason a player may have, whether it be trouble or academic issues, big-time Division I athletes often transfer to junior colleges for a year in order to find their next destination.

This allows players to continue to play football at a lower level, while working towards finding a new destination to finish their collegiate careers.

The series spans five seasons and begins with Easter Mississippi Community College for two years and follows the Lions, who won national championships at the junior college level in 2011, 2013, 2014, 2017 and 2018.

After two seasons in Mississippi, the series shifted to Independence, Kansas for two seasons and followed the rise of a program and the fall of a colorful coach in Jason Brown.

Brown helped resurrect the football program to relevance in the junior college circuit and won the Jayhawk Conference championship in 2017.



In the second season at Independence, the program fell to harder times due to personnel issues on the field and eventually, Brown was fired.

During the fifth and final season of the football documentary, the landscape shifted west one more time to Laney College, located in Oakland, California.

The last season chronicled the stark difference from small-town Mississippi and Kansas to what an inner city community college looked like for athletes.

It also followed the career of long-time head coach John Beam.

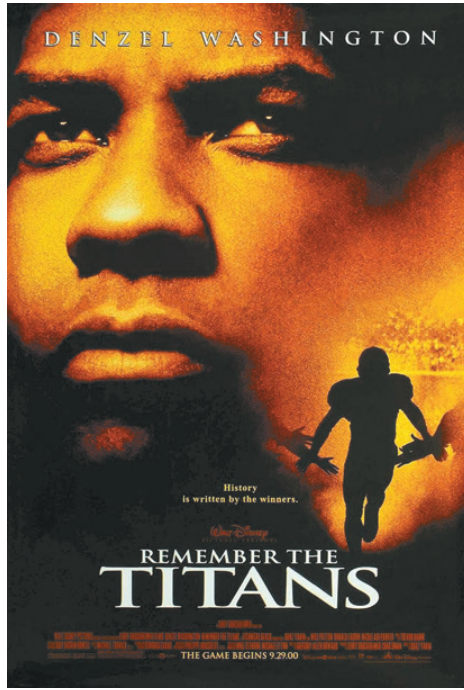
During the one season in California, viewers were able to see the lengths players went through to not only graduate, but to make a football career work on the field as well.

The Replacements (2000)

Starring Keanu Reeves and Gene Hackman, the Replacements took the "what-if" of a professional football strike and what happened if those players on strike were replaced with temporary players.

The movie is far from grounded in reality, but it does show a great sports comedy of a rag-tag bunch of players on their last hope of ever playing football.

Shane Falco (Reeves) works as a boat washer at a marina in Washington, D.C. and is approached by Jimmy McGinty



(Hackman) to lead the group of replacement players for the Washington Sentinels during the professional football strike.

The offer comes as a shot at redemption for Falco after a disastrous Sugar Bowl outing that promptly ended his career.

Falco's shot at redemption puts the Sentinels on track for the playoffs.

This is a fun, less serious take on football and is a great watch.

Friday Night Lights (2006)

Two years after the movie bearing the same name, a series based on the H.G. Bissinger book hit the airwaves and honestly, put forth a more enjoyable watch.

The show followed the same loose story line of the movie, but several plot points were changed for TV viewership.

The series went five seasons and followed Kyle Chandler's portrayal of Coach Eric Taylor and the Dillon Panthers.

With five full seasons, the show was able to fully flesh out issues that otherwise felt rushed in the movie.

Players forced to work a job, while caring for an elderly grandparent and having to assume the star quarterback role in a town that lives and dies for football.

When a freak injury to a star player happens in Taylor's first game, the pressure is on.



Some wonky side stories do detract from the overall story, but the show gave one of the best on-screen coaches we've seen.

And the saying, "Clear eyes, full hearts....can't lose." Gives me chills every time.

Remember the Titans (2000)

Arguably the best sports movie ever made, Remember the Titans did so much, so well.

The movie chronicles the integration of white and black students and the newly formed T.C. Andrews High School in Alexandria, Virginia.

Remember the Titans is one of the few movies to take a racial narrative and tackle it head on, as well as deliver a fantastic football movie as well.

With lines clearly drawn in a "me vs. them" mentality, Coach Herman Boone (Denzel Washington) loads up the team and takes them to a football camp where he breaks the mentality through a brutal three-a-day practice scheme.

By the time camp ends, the team has come together and the players begin to respect one another.

But the issue of being back in the real world, Boone is informed at the first sign of "trouble," a.k.a. losing a single game, the team is turned back over to coach Will Patton, who feels he was passed over for the job due to racial tensions rising in the community.

Eventually, the players, as well as the coaches and community, overcome their differences and deliver arguably the finest on-screen sports movie ever made.

I'm sure there are plenty of other films and shows that could have made this list, but in all honesty, these are the ones I feel like I have to watch every summer to get me even more hyped for football.

Not that anyone is counting, but we're just 31 days away from high school football, 44 days from college football, and just 52 days from the start of the NFL's regular season.



Photo by Tim Nwachukwu/Getty Images

Christopher Bell crashed the NASCAR playoff field with Sunday's win at New Hampshire.

Bell crashes NASCAR playoff field with win

By DAN GELSTON
AP Sports Writer

LOUDON, N.H. — Christopher Bell's crew chief tried to give him a little bit of coaching — some encouragement with about 40 laps left in the race and a victory and playoff spot at stake — and was promptly told, well, basically to shush.

"He told me that he had it under control," crew chief Adam Stevens said with a laugh, "and he clearly did."

Bell explained later there so many laps left in the race, that he didn't need a reminder of how far the No. 20 Toyota had to go to reach the finish line.

Plus, Bell already knew the way to reach victory lane at his favorite track.

Bell crashed the NASCAR playoffs — and tightened the pressure on the remaining winless drivers — winning Sunday at New Hampshire Motor Speedway to become the 14th Cup Series winner this season.

"That one was much needed right there," the 27-year-old Bell said.

Bell mastered the track where he won Xfinity Series races in 2018, 2019 and 2021 and was second in the Cup race last year,

holding off Chase Elliott — last week's winner at Atlanta Motor Speedway.

Bell is the 14th driver to earn a spot in the 16-driver playoff field. With six races left in the regular season, it leaves open the possibility that more than 16 drivers could win a race and the final playoff spot or spots would be decided on points.

That's a worry for another day for Bell.

"That car was not very good when it started the race," team owner Joe Gibbs said. "It was middle-of-the-pack. It was struggling. At the end, they got him going in the right direction."

Bell chased down Elliott late and led the final 42 lap for Joe Gibbs Racing. His only other Cup win came in the second race of the 2021 season in the Daytona road course race.

Elliott finished second for Hendrick Motorsports and Bubba Wallace was third for 23XI Racing. Martin Truex Jr. dominated early and finished fourth and Kevin Harvick completed the top five.

"We had no idea what we were running there at the end," Wallace said. "I knew

▶ See NASCAR, Page 2B

THE AMAZING SPIDER-MAN® by Stan Lee-Larry Lieber



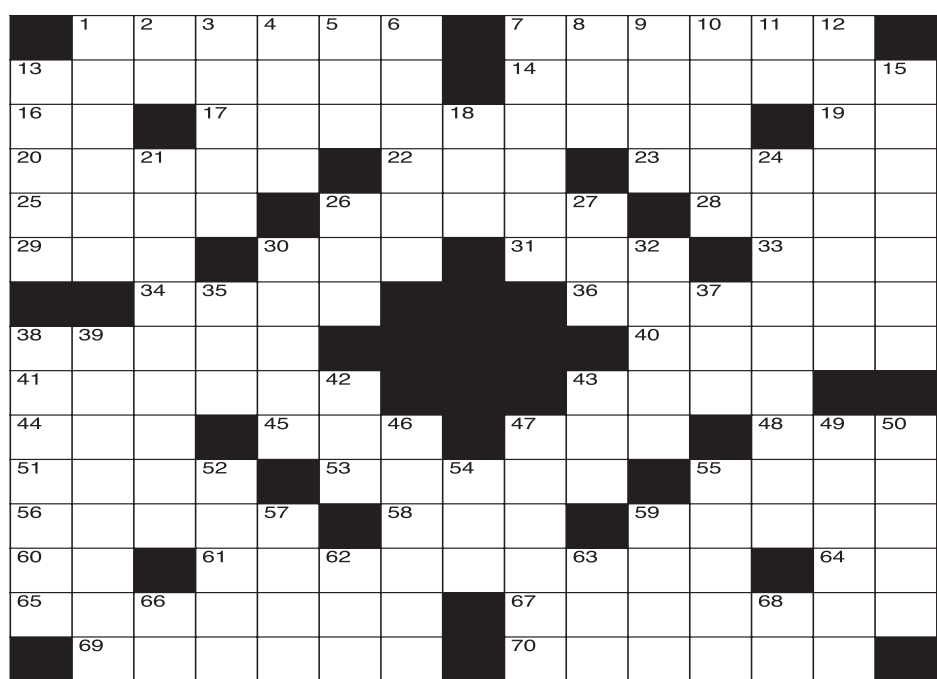
JUDGE PARKER® by Marciuliano-Manley



POPEYE® by Bud Sagendorf



CROSSWORD PUZZLES



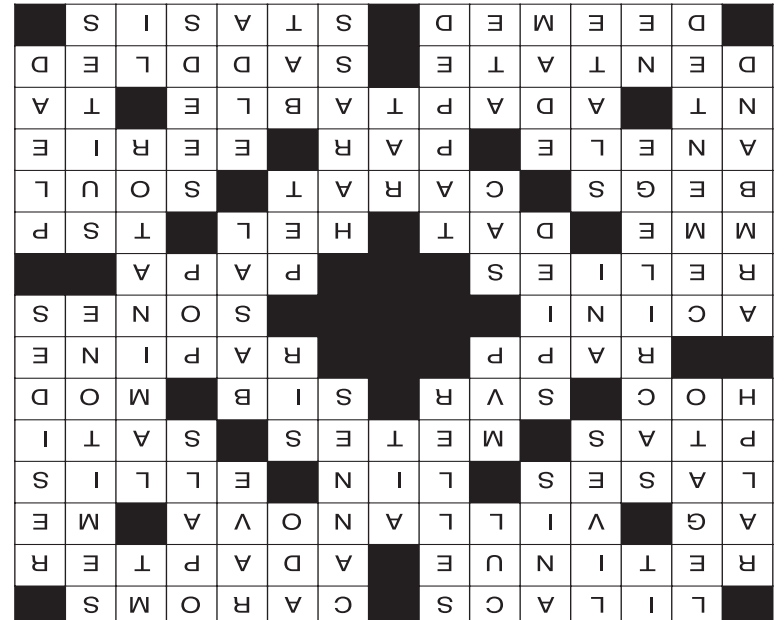
CLUES ACROSS

- 1. Eurasian shrubs
- 7. Strikes and rebounds
- 13. Group of advisers
- 14. Modern necessity
- 16. Top lawyer in the land
- 17. Philadelphia university
- 19. Of I
- 20. Functions as a laser
- 22. Basketball phenomenon Jeremy
- 23. Famed island
- 25. Parent-teacher groups
- 26. Distributes
- 28. Self-immolation by fire ritual
- 29. Ad
- 30. Circulation problem (abbr.)
- 31. Brother or sister
- 33. A famous "Squad"
- 34. Stage actor Anthony
- 36. Violent seizure of property
- 38. Saclike cavities
- 40. Sound units
- 41. Counts on
- 43. Dad
- 44. Woman (French)
- 45. A digital tape recording of sound
- 47. Polish Baltic peninsula
- 48. Recipe measurement
- 51. Requests out of dire need
- 53. Precious stone weight unit
- 55. The immaterial part of a person
- 56. Anoint
- 58. Golf score
- 59. Supernatural
- 60. Northwest Territories
- 61. Can be made suitable
- 64. A professor's helper
- 65. Having a toothlike edge
- 67. Got atop a horse
- 69. Judged
- 70. Static balance between opposing forces

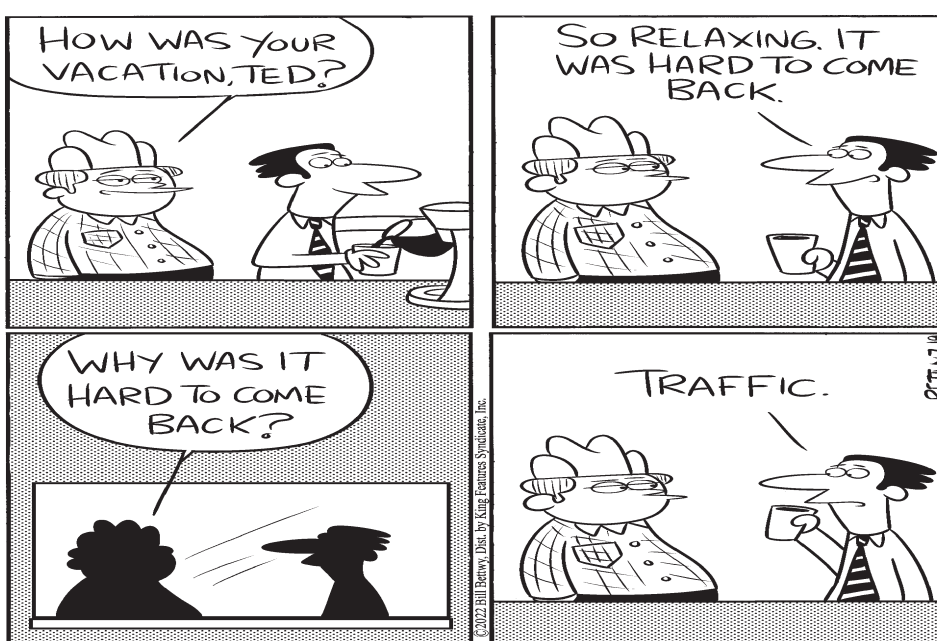
CLUES DOWN

- 1. Flowing
- 2. Computer department
- 3. Lasts
- 4. DiFranco and Samsonyan are two
- 5. ___ de sac
- 6. Merchant
- 7. Hosts film festival
- 8. State of agitation of fuss
- 9. A way to praise
- 10. Opaque gems
- 11. McKinley is one
- 12. Smallest interval in classical Western music
- 13. Famed designer Lauren
- 15. Occupies
- 18. Small island (British)
- 21. Misuse of the sacred
- 24. Covers with a thin sheet
- 26. Most valuable player
- 27. Title of respect
- 30. Investigated discreetly
- 32. Belonging to the bottom layer
- 35. Black tropical American cuckoo
- 37. Music genre
- 38. Indicates one is in mourning
- 39. Secured forever
- 42. Bodily cavity
- 43. A dog is one
- 46. Chose to do something
- 47. Annoy persistently
- 49. Large hotel rooms
- 50. Beg
- 52. Docket
- 54. Subway dwelling rodent
- 55. Sources
- 57. Mild Dutch cheese
- 59. Spanish city
- 62. Consumed
- 63. Ballplayer's tool
- 66. Midway between north and east
- 68. Atomic #3

PUZZLE SOLUTION



THATABABY® by Paul Trap



ASTROGRAPH

ARIES – Mar 21/Apr 20
Financial inspiration could arrive this week, Aries. Instead of repeating old cycles in your life, think of minor tweaks you can make that will have an impact on your bottom line.
TAURUS – Apr 21/May 21
Taurus, if you are in a rebellious mood, find an outlet that will not get you into too much trouble. Engage in challenging pursuits, like puzzles or sports games.
GEMINI – May 22/June 21
Gemini, your relationship

status is about to reach another level. Welcome these changes as they come and enjoy the ride. Don't hesitate to share good news with others.
CANCER – Jun 22/July 22
You may have outgrown a career or a community in recent weeks, Cancer. Take your time exploring new opportunities so your next move can be effective.
LEO – Jul 23/Aug 23
Leo, a change in your responsibilities could lead to a pay raise or even a promotion in the days to come. Focus on where you want

be in your career.
VIRGO – Aug 24/Sept 22
A unique experience shared with someone else can make a big difference in your relationships, Virgo. Learn from every lesson that comes your way.
LIBRA – Sept 23/Oct 23
Libra, if you have been practicing or trying to perfect something, now is the time when you will see some long-awaited progress. Keep the learning process moving along.
SCORPIO – Oct 24/Nov 22

Someone may want to surprise you this week, Scorpio. You may prefer to know what is coming, but this is a good-natured gesture, so go with the flow this time.
SAGITTARIUS – Nov 23/Dec 21
One minor change in your daily life can make things easier for your family, Sagittarius. Even if this change requires a sacrifice on your part, it could be worth it.
CAPRICORN – Dec 22/Jan 20
Capricorn, there are many enjoyable things you

can become involved in if you are willing to put in the effort. Once you do the work, the rewards will come.
AQUARIUS – Jan 21/Feb 18
Aquarius, your family life is going to change in a big way in the not-so-distant future. How it plays out remains to be seen, but the effects will be profound and positive.
PISCES – Feb 19/Mar 20
Some surprising information comes to light this week, Pisces. It may change your self-image and how others perceive you.

FAMOUS BIRTHDAYS
JULY 17
Luke Bryan, Singer (46)
JULY 18
Kristen Bell, Actress (42)
JULY 19
Benedict Cumberbatch, Actor (46)
JULY 20
Julianne Hough, Dancer (34)
JULY 21
Sara Sampaio, Model (31)
JULY 22
Selena Gomez, Singer (30)
JULY 23
Daniel Radcliffe, Actor (33)

TUESDAY EVENING JULY 19, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Celebrity Family Feud', 'The Rookie', and 'Chicago Fire'.

WEDNESDAY EVENING JULY 20, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like '2022 ESPYS', 'The Challenge: USA', and 'Chicago P.D.'.

THURSDAY EVENING JULY 21, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Press Your Luck', 'The Fatal Flaw', and 'Chicago P.D.'.

FRIDAY EVENING JULY 22, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Shark Tank', 'Secret Celebrity', and 'Hawaii Five-O'.

SATURDAY EVENING JULY 23, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Home Videos', 'Celebrity Wheel', and 'Shark Tank'.

SUNDAY EVENING JULY 24, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Celebrity Family Feud', 'The Final Straw', and 'The \$100,000 Pyramid'.

MONDAY EVENING JULY 25, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'The Bachelorette', 'Neighbor', and 'NCIS: Los Angeles'.

TUESDAY EVENING JULY 26, 2022

Table with columns for time slots (7:00-11:30) and rows for network categories (BROADCAST, CABLE, PREEM). Shows programs like 'Celebrity Family Feud', 'The Bachelorette', and 'Neighbor'.

