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A PRIZE WINNING **NEWSPAPER**

UT-TPA Press Award 2022



Partly sunny 91/70



Vol. 141, No. 61



Mamie Johnson, left, and her granddaughter Ashley Johnson helped to host the Backpack Giveawy Friday at H.V. Griffin Park. See page 6A for additional photos.

Four walls and a commitment

New program helps local inmates restart lives

By ZOË HAGGARD zhaggard@t-g.com

This is the first in a two-part installment about the Moral Reconation Therapy being conducted at Bedford County Correctional Facility—one which seems to be meeting with great

On any given Monday or Tuesday night, there's a dozen or so women sitting in a circle, drinking coffee, sharing testimonials and telling stories of addiction and regret.

Between tears and laughter, the group sounds and acts like many support groups throughout the country.

But, there's a slight difference as this group of women are incarcerated at the Bedford County Correctional Facility.

But even though they wear striped uniforms and are confined to four windowless, gray walls, completion, success, and freedom are the themes that dominate the class.

They're in a program called MRT, or Moral Reconation Therapy. Reconation may be a new word for many. It's a term used by corrections officers, meaning something that causes a person to question their own thinking.

And that kind of self-reflection has been greatly received for its success in the program.

Many of the women in the group who have served time at other county facilities have done the program before. But they say there's something different about Bedford County Corrections in how they conduct the class.

They take their time. They talk. They banter. They push. They write. They draw. They grow. And, ultimately, they

And that's due in large part to people like programs director Lt. Chris Cook, who leads the class, and trauma therapy volunteer Desiree Mullis.

One woman in the program summed it up, "I'm thankful that you think we're worthy to do this program."

It's a powerful statement, Cook will say, since most of the women who

started the program "hated the book." That's because the course is not easy.

It takes commitment. "A lot of them before had come to me saying they want to quit. A lot of

them have said they hate this book . . . having to deal with this stuff. And I just reinforce that they're going through a process and that change is hard and that you wanted to do this for a reason," Cook said.

When the program began as a pilot last April, Cook went around to each "pod," which holds around 25 inmates, and asked those interested in the program to sign up. He then interviewed

and selected those who expressed a true interest. Today, the program has 12 members and several new attendees.

The course workbook, titled "How to Escape Your Own Prison," is divided into 16 steps. After an inmate passes 12 steps, which takes about four months, she gets to graduate.

Sitting in the circle with the inmates, Cook opens up the class by asking, "Is there anything anyone needs to bring to class?" They can share anythingfrom good, positive moves to guilty behaviors.

Then they dive into the steps. Ten of the women have completed the first 12, while the rest are on various other steps.

Step 1 is a testimonial. "Most of them have spent their entire adult lives justifying their behavior...The world revolves around them. This step 1 testimonial is the first time they say, 'I've hurt everybody that ever cared about me'...It's the most emotional step in the program," Cook explained.

A lot of these testimonials are the same story: single-parent homes, drugaddicted family members, trauma at a young age. Even though Cook said he is a big believer in personal responsibility, "Most of these people got into situations because of the situation they were born into."

Mullis, who hosts a trauma class and owns the nonprofit called Full Moon Healing Therapy, called it generational

Step 3 is where classmates make a commitment to the program.

However, step 8, according to Cook,

is probably the most important step. It's the point where they learn how to take these unbearable problems and break them down into little, manageable steps where they can hold themselves accountable for accomplishing a step in

that goal, Cook explained. "From the day we started, until the day those ladies started step 8, relapse was a big deal," he said. "They talked about it all the time...but after step 8, no one has mentioned relapse to me.'

Things fall into place

Mullis added that step 4—where the women have to detail 168 hours (one week) of their life-helps add perspective on how time much they allot to their family and children versus addiction.

"A person can only take so much," Cook said. "A normal functioning person can deal with stress and anxiety ... But for an addict, that's different. You never know what that trigger's going to be. So, when we talk about this step, it seems like a minor thing to ▶ See Program, Page 2A

Hunters have a night out

With a little Gospel flavor

Shelbyville Mills Baptist Church will hosts its annual Hunters Night on Saturday, Aug. 6.

A 3-D archery contest begins at 5 p.m. No competition bows allowed. Grand prizes are being awarded.

A free barbecue meal begins at 6:30 p.m. Door prizes are to be given away.

Those door prizes are valuable to hunters. The prizes include Henry .22lr Lever Action Rifles, a Ruger.270 hunting rifle with scope, a Leupold Range Finder, turkey calls and much more.

Those expecting to win door prizes have to be registered and attend the barbecue meal.

A gospel presentation will be conducted by Chris

TWRA fall hunter safety courses are being taught through Friday. Go to smbconline.com for more information.



Early voter turnouts lower

T-G STAFF REPORT

According to Bedford County Administrator of Elections Summer Leverette, the early voting turnout for Thursday's General Election is lower than past August elections. Early voting ended last Thursday.

The early voting period has ended, but citizens still have

time to vote Thursday, Aug. 4, from 9 a.m. to 7 p.m. The State and Federal general election will have early

➤ See Voter, Page 2A



RIP LITTLE FELLOW



Two of several puppies recently rescued — after someone tossed them on the side of the road in a box passed. Though they were loved until the end by a foster, they were too ill to recover from their abuse. See inside story for information from Shelbyville Animal Control and what they're doing to put pets into loving homes.



102 Lane Parkway • 684-2443

DEATH NOTICES

Hunter Alexander Cook

July 24, 2022

Hunter Alexander Cook, 41, of Murfreesboro, passed away Sunday, July 24, 2022.

Funeral services will be 4 p.m. Tuesday, August 2,

at Feldhaus Memorial Chapel with burial to follow at Willow Mount Cemetery. Brother Dan Ashe will officiate. Visitation will begin at 3 p.m,

OBITUARIES

Lt. Col. (Ret.) Floyd Cole

July 26, 2022

Lt. Col. (Ret.) Floyd Cole, 91, passed away Tuesday, July 26, 2022. Funeral services will be held 2 p.m, Saturday, August 6, at Hillcrest Funeral Home. Burial will follow at Hazel Cemetery in Bell Buckle. Visitation will begin at 1 p.m.

"Cole", as he was known to family and friends, was born in Bruceton on Sept. 18, 1930. Times were hard and work was difficult for his father to find, and since his mother had

health issues (she would later pass away when he was 13), Cole spent most of his formative years living with relatives, mostly with his paternal grandparents on their farm raising He was deeply influenced by his grandfather's interest in world events and greatly enjoyed their visits to the

local courthouse to observe trials being held. As a young teenager, Cole moved to an apartment above his aunt's cafe, where he worked long hours to support himself while also attending high school. In his junior year of high school, Cole enlisted in the Navy, where he earned his high school diploma, served on

an aircraft carrier and a submarine, and went on to become what was known at the time as a Frogman, now referred to as a Navy SEAL with the Navy's Underwater Demolition Team. During this time, the Korean War erupted and he along with his team, were assigned to reconnaissance missions along the coast of Korea. In his early 20's Cole was honorably discharged from

the Navy. By this time, he had seen more of the United States and the world than most of the residents of his hometown, but he wasn't through yet. With his G.I. Bill, he decided to attend the University of Tennessee and earn his undergraduate and law degrees. During the summertime, he traveled and worked in various states. While in college, he met and married Mary Farris

Drake of Old Hickory. They were married for 65 years and had three daughters. After receiving his Doctor of Jurisprudence, Cole went into private practice at a law firm in Harriman. His desire to see more of the world got the better of him, though, and at the age of 30 he joined the Air Force and was assigned as a JAG officer, serving at multiple bases located in the United States, overseas and at a NATO installation in Norway. After his retirement in Austin, Texas, he contined to travel as a Circuit Court judge for the Texas Youth Commission before officially retiring and returning to Tennessee.

Cole was preceded in death by his loving wife, Mary; he is survived by his daughters, Karen Warne of Riverside, California, Laura (Channy) Soeur and Ellen (Bill) Anton, both of Leander, Texas; his sisters, Shirley French of Dover and Gloria Littleton of Harriman; his grandchildren, Daniel Johnson, Jaime Johnson, Lauren Hearons, Katie Dillon, Kellyn Warne, Michelle Dahlstrom, Adam Soeur, Jack Anton, Caroline Anton; his great-grandchildren, Sera Alban, Brooke Dillon, Kenley Dillon, Mila Dahlstrom, Garrison Hearons, Gregory Hearons and Josette Menchaca-Warne, as well as numerous nephews and nieces.

Peggy Joe Cooper

July 27, 2022

Peggy Joe Cooper, 79, of Shelbyville, passed from this life Wednesday morning, July 27, 2022. surrounded by her family, at NHC Oakwood.

Funeral services will be 10 a.m. Tuesday, August 2, from the chapel of Doak-Howell Funeral Home with Pastor Jimmy Gray officiating. Burial will

follow at Roselawn Memorial Gardens in Smyrna. A native of Rutherford County, Peggy was the daughter

of the late Franklin Thomas Cooper and Willie Mae Sullins Cooper. Mrs. Cooper was mainly a homemaker, and was also a talented seamstress. She enjoyed sewing for her friends and family, her community and for nursing homes. She was a member of North Fork Baptist Church.

Along with her parents she was preceded in death by her son, Franklin Earl Lynch; brothers, Franklin, Raymond and Ronnie Cooper; and sister, Ruth Carlton.

Survivors include: son, Joe (Carol) Wright; daughter, Emily (Steve) Brewer, both of Shelbyville; grandchildren, Grayson Victoria Peek, Justin Lane Wright and Casey Leann Wright; and sisters, Billy Jean Lee of Smyrna and Bonnie Pearl Barrett of Woodbury. Doak-Howell Funeral Home is serving the family.

www.doakhowellfuneralhome.com





TIME TO VOTE



Early voting is over for the County General Election which is Thursday, Aug. 4. It's time now to decide which candidate will best serve in their respective district for county government. There are enough signs out now to see who's on the ballot.

Program

(Continued from Page 1)

us, but for them it's a huge deal." Once completed, they

know they can deal with problems. Cook has been with the correctional facility for 8 years, having started

as a shift sergeant. He majored in industrial and organizational psychology (which studies behavior in the workplace.) He was familiar with MRT, having heard about it in college. So when the state offered training in the

program to every county, jail administrator Ronald Prince signed Cook up. From the training, Cook knew this is what he wanted other programs to be based on. "It forces people to come to terms with who

they've done, not their addiction," he said. But the only way to do that is to create a trusting,

they really are. Not what

vulnerable environment.

Cook, as a male corrections officer, had to build his trust among the female inmates. "I knew going in . . . would take a certain amount of time for them to learn to trust me. But it didn't. It organically started happening.'

"It's very crucial for them to have a male that can show them trust and safety," Mullis added. She explained,

"Vulnerability, when you're talking about trauma, is just a no-no. Because when you're vulnerable, then you're taken advantage of and led into tragic situations. So, when they have Cook, teaching them and leading them through MRT, they have a safe space in order for them to show that vulnerability. You're breaking them down and building them back up with confidence."

Ultimately, the goal of the program is to reinforce certain behaviors for the time that it takes For example, honesty, following rules, trustworthiness. For a father who has

for it to become a habit.

two daughters, Cook says he takes pride in giving such an opportunity to the women. "It's like a father

watching his kids, that's how I feel when they finally get it.' Cook said he knew there was going to be a lot

of trauma and a lot they

would not be willing to share. "But Desiree brings a piece to this program that would not be nearly as successful without what she's bringing...She's

making them deal with the

problem." Any first responder in this line of work will say nothing surprises them after a certain time. For Mullis, she's been there. A recovering addict and survivor of domestic abuse, Mullis can say she's been in the trenches before. "I've lived that life. I don't have a psychology degree; I have a life degree."

She's a good example to show the women and she hopes to spread that.

One of the things that

I stress to the girls all the time is...the best thing you can do for me is be a success story and stand next to me," she said. "And once they're out,

the hope is that they can continue that and learn that they don't always have to have a hardened exterior," Cook added.

And they're taking steps for helping these women become success stories after their discharge. They've teamed up with Tyson, which has provided five of the women employment while they're serving their time. They've partnered with Gateway Recovery Church to provide work clothing.

A graduation ceremony was held on July 30 for the nine women who have

completed the 12 steps. See Saturday's T-G for pictures.

Voter

(Continued from Page 1)

voting beginning on Oct. 19 and going through to Nov. 3. The next election day will be Nov. 8. According to data from

the Secretary of State, comparing this to the same periods in previous years, Bedford had 3,690 voters turnout in 2018 but only 1,741 as of last Wednesday, July 27. That's a 52.8 percent change. The change is even larger when compared to 2014 where Bedford had 3,971

early voters show up, a 56 percent change.

This puts Bedford in the top 10 (6th place) out of 95 counties for largest percentage change of voter turnout since 2014. Leading in the top is Crockett County, which 43; Democratic: 5; Total: has 1,639 voters turnout in 2014 but only 422 in 2022.

This trend can be seen throughout the State.

Up through Day 11 of early voting, Tennessee has a total of 442,981 voters in 2018. In 2022, that number is 331,994, which is almost a 111,000 difference in turnout.

Bedford's daily totals for first 11 days of early voting in 2022 were: July 15 — Republican:

177; Democratic: 40; total: July 16 — Republican:

July 18 — Republican:

143; Democratic: 31; Total: July 19 — Republican:

136; Democratic: 30; Total:

July 20 — Republican: 150; Democratic: 19; Total:

July 21 — Republican: 111; Democratic: 42; Total:

July 22 — Republican: 141; Democratic: 28; Total:

July 23 — Republican: 78; Democratic: 11; Total:

July 25 — Republican: 155; Democratic: 24: Total:

July 26 — Republican: 118; Democratic: 21; Total:

July 27 — Republican: 171; Democratic: 30; Total:

Griner's trial resumes amid intensified diplomacy

MOSCOW (AP) -Since Brittney Griner last appeared in her trial for cannabis possession, the question of her fate has expanded from a tiny, cramped courtroom on Moscow's outskirts to the highest level of Russia-U.S. diplomacy. The WNBA star and

two-time Olympic gold medalist returns to court on Tuesday, a month after the beginning of the trial in which she could face 10 years in prison if convicted. As the trial has progressed, the Biden administration has faced rising calls for action to win her release. In an extraordinary

move, Secretary of State Antony Blinken last week spoke to his Russian counterpart Sergey Lavrov, urging him to accept a deal under which Griner and Paul Whelan, an American imprisoned in Russia on an espionage conviction, would go free. Although details

of the offer remain shrouded, Blinken's public announcement of a proposal was at odds with the convention of keeping prisoner-release negotiations tightly under wraps. When American Trevor Reed, serving time

for assaulting a police

officer, was freed in April

in exchange for a Russian

drug trafficker, no clues of an imminent swap had emerged.

The Lavrov-Blinken call also was the highest-level known contact between Washington and Moscow since Russia sent troops into Ukraine more than five months ago. The direct outreach risks undermining a core message to U.S. allies that isolating Russia could force the eventual withdrawal of troops from Ukraine.

It also underlines the public pressure that the White House has faced to get Griner released, which has brought some backlash. Former President Donald Trump strongly criticized the proposal that people familiar with it have said envisions trading Griner and Whelan for the notorious arms trader Viktor Bout. "He's absolutely one

of the worst in the world, and he's going to be given his freedom because a

potentially spoiled person goes into Russia loaded up with drugs," Trump said. Griner, speaking from the defendant's cage in a courtroom that barely holds a dozen people, has acknowledged there were

vape canisters containing

cannabis oil in her luggage

when she was arrested

at a Moscow airport in

February. But she says she had no criminal intent and that the canisters ended up in her luggage because she was packing hastily. Griner played for a Russian women's basketball team in the WNBA off-season. To bolster her case,

her defense lawyers have called character witnesses from her Russian team, Ekaterinburg, **UMMC** and presented testimony from doctors that she was prescribed cannabis as a treatment for pain. Medical marijuana treatment is not legal in Russia. Her lawyers say they hope such testimony will

bring leniency from the judge, who they say under Russian law has leeway to consider mitigating factors. Acquittals are rare Russian criminal

prosecutions — less than 1% of cases. Sentences can be suspended. If a conviction is a foregone conclusion, it

would also potentially be a step forward. Russian officials have said no release of Griner could occur until the judicial process is completed.

formal requirement for

a conviction before an

However, a Washington attorney who formerly was resident legal adviser at the U.S. Embassy in Moscow said there is no

"It seems that she is in fact being used as a political bargaining chip and the administration has already designated her as wrongfully detained, presumably because they think she is being used as a political pawn," Tom Firestone told The Associated Press. "Given

administration's very strong public commitment to getting Whelan and Griner out, (Russia) may want to let this play out a little bit longer and try to get more extract more concessions from the administration." he said. "They may impose a very significant sanctions as a way to maximize their leverage in negotiations going forward." Russian officials have given no public hint of

whether Blinken made headway in his call with Lavrov, only issuing a statement urging the Americans to pursue the matter though "quiet without diplomacy releases of speculative information." Russia has repeatedly

expressed annoyance with American statements on the case, saying they show a disrespect for Russian



NEW SPD OFFICER



Jon Evans, center, recently received his Shelbyville Police Department badge. Following his completion of the field training program and the police academy, he will join the patrol division. SPD is currently accepting applications for POST certified police officers.

LOCAL DEVELOPMENT



Members of the Shelbyville Rotary Club recently heard about the activities of the Shelbyville-Bedford Partnership. From left, program facilitator Barry Cooper; Channing Hooper; Shane Hooper, president and CEO of the Shelbyville-Bedford Partnership; Beth Davis, director of external affairs and Kelly North, director of existing business development.



Commissioner Vick runs for re-election

technological education

opportunities for everyone.

It is crucial we develop

our own local workforce.

We need our children to

have career opportunities in

Bedford County for the jobs

we are attracting as a result

of our industrial develop-

ment efforts," said Vick,

who chairs the Workforce

Development Committee

and sits on the TCAT Board

of Advisors.

Commissioner Greg Vick, a Republican who represents the 2nd District, has announced he will run for re-election in Thursday's General Election.

Vick said he plans, if re-elected, to continue progress on the priorities he cited in his initial bid for public office—educational development, workforce development and economic development.

"I have been extremely fortunate to work with forward thinking County Commission members. Through our collaborative effort, the Commission has initiated a number of projects, such as the new Bedford County Education Center (TCAT-Shelbyville); a robust industrial recruitment plan, a revitalized downtown development initiative and securing rural broadband grantsall of these projects our CountyCommission created and endorsed."

The local businessman and farmer added, "These Commission projects have helped create new business opportunities, stimulated value in Bedford County . . . reduced our (pass) property tax rate. Now, I want to see these projects through completion."

Vick highlighted several of the achievements made by the County Commission as being:

•The \$47 million Tennessee College of Applied Technology (TCAT) as being the single largest state investment in Bedford County history and will break ground this Fall.

•The 231 North Industrial Park Board, of which Vick serves as chairman, which recently announced the addition of Duksan Electara Co., as a major tenant. This \$95 million dollar investment, coupled with the addition of over 100 new jobs, is the single largest industrial investment in Bedford County history. In addition, the Business Park Board has captured over \$5 million in state and federal infrastructure grants to help stimulate projects that will generate hundreds of jobs and will eventually represent almost one quarter of a billion dollars in new investment.

•The Street Main Market Project, of which Vick served as chairperson, developed a revitalization plan, with full citizen involvement, which will turn a dilapidated downtown building at the entrance of the square into a

thriving tourist destination. Broadband •The Committee, of which Vick serves as chairperson, helped Bedford County receive over\$2 million in state grants, providing over 1,000 households access to fiber broadband. A second round of grants this summer is scheduled to be awarded and will help Bedford County rural citizens receive an additional \$7 million dollars in grants which will provide over 3,000 more people access

He stated, "Not everyone wants to go to college, but everyone needs to go to work.'

Vick said currently, the local county high school graduation rate is 98 percent, but only 47 percent seek post-secondary education opportunities. The local businessman advised how it is a whole new world, and everyone must become workforce ready and job

elected to represent the 2nd District seat in Bedford County. He says proudly how he and his wife, Eileen, have lived in the Deason community for 19 years; they have 3 grown children and 3 grandchildren.

Commissioner The earned a bachelor of science degree from Middle Tennessee State University in Murfreesboro and attended Nashville School of Law.





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Pd. Pol. Ad by J.D. "Bo" Wilson

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 No Tax Increase
- New Shelbyville Library, Fire Trucks for Main Station & Vol. Depts No Tax Increase

Will Work Hard For The Taxpayers!

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 $J.D.\ (Bo)\ Wilson\ is\ seeking\ a\ seat\ on\ the\ Bedford\ County\ Commission\ representing\ the\ Fifth\ District.\ Bo\ previously\ held\ this$ seat for 28 years and would like to help return fiscal responsibility to our government. While on the Commission, Bo served on the Finance Committee even heading the committee at one time and on the Courthouse and Property Committee. He also

served as chairman pro tem of the County Commission. During Bo's time on the Commission, he was involved with building our new health department for 50 cents on the dollar thanks to a private donation he and Dr. Ownby were able to secure. The Bedford County Agricultural Center was also built and paid for by the county with monetary assistance from private individuals and the state of Tennessee. Bo was

instrumental in obtaining these funds to make this project possible Bo helped to purchase the old First National Bank building that now houses the Bedford County Annex. The purchase price

was \$300,000, but that cost was covered by rent from Regions Bank and lease termination fees. Total cost to Bedford County to purchase the building was zero dollars! The Volunteer Fire Service also grew while Bo was on the Commission. New fire trucks were purchased and new facilities were built thanks to many volunteers and donations as well as support from the county. When the Normandy Fire Station

structure. Normandy uses that facility still today. Bedford County now enjoys a lower fire rating which makes individual's fire insurance cost less thanks to the Bedford County Fire Department and its volunteer fire departments. Community High School, Cascade Elementary, and Learning Way Elementary were constructed during Bo's time on the commission. He stills recognizes education has one of the most important jobs of local government.

Patients

Welcome

Bo considers the establishment of the finance department along with the adoption of the 81 Act to be one of the best management and cost saving tools Bedford County ever enacted. He is proud of his involvement in both of these areas. All financial information on every department in the county is available so that the County Commission can make the best use 💂

While Bo was born, raised and educated in Lincoln County, he has lived in Bedford County for fifty years. After graduating from Middle Tennessee State University, he married the former Rheaetta Farrar, a life-long educator. They have two children (Jim-Bo and Sarah Mac). Bo is retired from banking and still farms some. He is a member of First United Methodist Church. J.D. (Bo) Wilson actively solicits your support of his candidacy for Fifth District County Commissioner In the August General Election.

was destroyed by a tornado in 1995, Bo promised Chief Paul Prince that he would work diligently to help replace that 🦊 "Working Together With Our Fellow Commissioners + Constituents.....We Can Make This Happen!" 🦊

Cherry pit suggestion

ear Heloise: Now that fresh cherry season is upon us, I thought your readers might want to know about this easy cherry-pitting trick.

I use a metal reusable drinking straw, insert it at the top of the stemend of the cherry (stem already removed), and firmly push the straw down to the pit till it comes out the other side.

Hold over a bowl and clean the straw with pipe cleaner. Enjoy! -- Lindsay Collins, via email

RECYLCLING **BAGS**

Dear Heloise: As a second grade teacher, my students are always bringing money to school in plastic zip-top bags. These bags just went in the trash, until I realized I can recycle them! Since the bags had previously held money, I didn't want to reuse them for food products. Now, I take them to the teachers' lounge and to my house, where they are repurposed to hold several days worth of the used, wet coffee filters and pods before going into the trash. One teacher sometimes gathers up the used coffee grinds for her compost pile! -- Jane Farris, Holly Springs,

TELEPHONE SCAM

Mississippi

Dear Heloise: After reading your item regarding a stock scam over the telephone, I thought I would share an example of how sophisticated these threats can be. Recently, I received a phone message from my boss asking me to call him at a number I did not recognize. I instead called his office to see what he wanted. He answered, yet said he had not called me. The voice on the message was certainly his. I have known this man for over 30 years. This is an easy example of why phone solicitation should always be dismissed. -- Tim

California **TOOL KIT**

Woodington, Glendora,

Dear Heloise: The letter from Kay W. in your column made me chuckle. You see, when my daughter graduated from college, I gave her a nice toolkit to help her in her new apartment. I also put a \$100 bill under the bottom tray. Over the next year or so, she would sometimes mention how handy her toolkit was. When she came home for a visit, she needed to put on a new license plate, so she asked her brother to help. She got her toolbox from her car and gave it to her brother to use. He rummaged around a bit, and then pulled out that \$100





bill! She was shocked, while the rest of the family just laughed! -- Bob Grand, via email

VINEGAR TO THE RESCUE

Dear Heloise: I have a house from 1930 that I have lived in for over 20 years. The toilet has never been a problem until now. I just learned that it, too, can get clogged with calcium deposits -- just like everything else. After replacing parts with no help, I put vinegar in the overflow and let it sit. Turning off the water first and also cleaning the jets is best. Who knew? I bet you did! --Candy Rivera, via email

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@ Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

BROWN SUGAR

Dear Heloise: In response to preventing brown sugar from getting hard -- I have always used brown sugar for many years and in many recipes, and I know it has a tendency to "get hard." A simple remedy is to put just about 1/4 of a slice of bread in the sack of sugar. Works like a charm!

This also works for molasses cookies if or when they turn hard. -- Lodyce B., Humboldt,

VINEGAR HINTS

Dear Heloise: I want one of your vinegar pamphlets! My sister has one, and she uses it all the time to bake with and clean her house. She said it was inexpensive and a real life saver. So please tell me how much it costs, and where do I get one? -- Lacy R., via

email Lacy, thank you for your sweet letter. Vinegar truly is a life saver around the home. To get a copy, just go to www. Heloise.com or send \$5, along with a stamped (84 cents), self-addressed long envelope to: Heloise/Vinegar, PO Box 795001, San Antonio, TX 78279-5001.

This is one of my most popular pamphlets, and people even buy them to hand out at bridal showers or as stocking stuffers at Christmas. -- Heloise

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COMMUNITY CALENDAR

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

WEDNESDAY

Blood Drive

First Presbyterian Church, 600 N. Brittain St., is hosting a community blood drive Wednesday, Aug. 3, from 10 a.m.-4 p.m. For an appointment, visit redcrossblood.org and go to Shelbyville Community FPC.

THURSDAY

Bell Buckle planning

Bell Buckle Planning Commissio will meet Thursday, Aug. 4, at 6 p.m. in Town Hall.

FRIDAY

Farm Bureau meeting

Bedford County Farm Bureau's annual membership meeting will be held Friday, Aug. 5, 6:30 p.m. at its office, 323 Bethany Lane. Dinner will be served.

SATURDAY

Eagleville fish fry, auction

The Lanier Family Reunion Committee's annual fish fry and auction will be 11 a.m.-4 p.m. Saturday, Aug. 6, at the **Eagleville Community** Center, 317 Highway 99.

Hunter's Night Out

The annual Hunter's Night Out at Shelbyville Mills Baptist Church, Union Street, is scheduled Saturday, Aug. 6. A 3-D archery contest is scheduled at 5 p.m. and a free barbecue meal at 6:30 p.m. Many door prizes will be given.

SUNDAY

Gospel concert

The Kellys will appear in concert at 6 p.m. Sunday, Aug. 7, at Longview Baptist Church, 101 Cooper Road near Unionville.

AUG. 9

Bell Buckle meetings

Bell Buckle Parks & Recreation Committee will meet at 4 p.m. Tuesday, Aug. 9, and the Bell Buckle Board of Mayor & Aldermen at 6 p.m. in Town Hall.

County Commission

Bedford County Commission will meet at 7 p.m. Tuesday, Aug. 9, at Bedford County Courthouse.

AUG. 11

Shelbyville City Council

The monthly meeting of Shelbyville City Council is scheduled for 6 p.m. Thursday, Aug. 11, at Shelbyville Recreation Center.

AUG. 12

Normandy music

The churches of Normandy will host the third Music on Front Street on Friday, Aug. 12 at 6:30 p.m.

AUG. 13

Safety class

A free safety awareness class for women ages 16-25, with emphasis on campus and college safety, will be held 9 a.m.-noon Saturday, Aug. 13 at the Shelbyville Police and Fire Departments' training center, 400 Elm St. inside King's Museum (old Central High building). Call 931-684-5811 ext. 4419 to sign

Back-to-School Bash

Sevier Street First

Baptist Church is hosting a Back-to-School Bash at 11 a.m. Saturday, Aug. 13. Free school supplies including a backpack, free food and free COVID vaccines (first and second doses and first and second boosters) will be available along with free blood pressure and blood sugar tests. Community Clinic of Shelbvville/ Bedford County and Meharry Medical School are sponsors.

AUG. 14

Laity Club

Bedford County Laity Club will meet at 6 p.m, Sunday, Aug. 14, at Hickory Hill United Methodist Church, A meal will be furnished.

AUG, 15

Democratic meeting

The Bedford County Democratic Party will meet at 6 p.m. Monday, Aug. 15, at El Mexico, 724 N. Main

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AUG. 16

Bell Buckle history

Bell Buckle Historical Commission will meet Tuesday, Aug. 16, at 6 p.m. in Town Hall.

AUG. 18

beautification Bell Buckle

Bell Buckle

Beautification Committee will meet Thursday, Aug. 18, at 6:30 p.m. in Town Hall.

AUG. 26

Cruise-In

Celebration City Car Club's Cruise-In will be Friday, Aug. 26, from 6-8 p.m. on the Shelbyville square. Food trucks will be present. Chase Clanton and Vintage Vibes will perform. Cruise-Ins are held each fourth Friday during warm weather months.

SEPT. 15

Commodity distribution

South Central Human Resource Agency will hold a commodity distribution Thursdav. Sept. 15. from 10 a.m,-noon at Bedford County Agriculture Center, Midland Road.

SEPT. 17

Alzheimer's Walk

The Walk to End

Alzheimer's will be Saturday, Sept. 17, starting at the Jack Daniel's Welcome Center in Lynchburg. Register at act.alz.org/ tullahomalynchburg.

SEPT. 24

Police Fun Run Shelbyville Police

Benevolent Association will have its annual "Run Like You Stole Something" Fun Run fundraiser Saturday, Sept. 24, at 8 a.m. at Shelbyville Central High School. Sign up at https://www.reg2run. com/index.php/event_ details/327 or contact Kim Nash at Shelbyville Police Department, 931-684-5811. The first 100 signups will receive a bag of goodies.

Aviation Day

Shelbyville Aviation Day will be Saturday, Sept, 24, from 10 a.m.-2 p.m. at Shelbyville Municipal Airport. Admission is free. Vintage airplanes, drones. and food vendors will be on

ONGOING

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 4-5:30 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon and Pickle Street). Doors open at 3:45. Donations may be made to Shelbyville Community Soup Kitchen. P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3

Boxed non-perishables are available. Takeouts are no longer distributed.

non-profit designation.

Brunch made easy Plan a variety of dishes.

(Family Features)

Gathering friends and family doesn't need to be fancy. With its prime positioning between breakfast and lunch, brunch is a more casual and lighter alternative to the typical dinner party.

When charged with hosting a mid-day gathering, a little pre-planning can go a long way toward ensuring your brunch gettogether is as simple as it is scrumptious.

Get creative with decor. When prepping your tablescape, think outside the box. Opt for unexpected serving dishes such as tartlet tins and vases, and transfer syrups and jams from their everyday containers to glass bowls or creamers. Fresh flowers and produce can add natural pops of color to the table and a bowl of fruit can make for an eyecatching centerpiece.

Make sure you have a mix of both sweet and savory dishes on the menu that can please a wide variety of palates. Earmarking some recipes that can be made ahead, like pastries and casseroles, can be a simple way to avoid waking up extra early to prepare. Save the morning of your event for dishes that are best served fresh, like this Herbed Spanish Omelet, which features potatoes; fresh, spring herbs; and red onions, and packs protein, B-vitamins and cancer-protective phytochemicals. Serve it buffet-style.

Setting your spread out on the counter and allowing guests to help themselves not only makes it easier for the host to mingle, but it allows guests to customize their meals as they wish and gives the gathering a more casual vibe. Try themed stations, such

..Ext. 105

as a coffee or mimosa bar, parfait bar or bread bar, in addition to more traditional dishes to let guests take the customization to the next For more brunch ideas

and recipes, visit Culinary.

Herbed Spanish Omelet

Reprinted with permission from the American Institute for Cancer Research Servings: 4

1 pound potatoes, peeled and diced or shredded

water 2 tablespoons extra-virgin olive oil

2 cloves garlic, minced 4 large whole eggs, lightly beaten

1/2 cup diced red onion

2 egg whites, lightly

beaten 2 tablespoons finely chopped fresh parsley

2 tablespoons finely chopped fresh basil

2 tablespoons finely chopped fresh chives salt, to taste (optional) fresh herb sprigs, for

garnish (optional)

Place potatoes in large pan. Cover with water. Bring to boil and cook, uncovered, 3 minutes. Remove from heat. Cover and let stand about 10 minutes, or until potatoes are tender. Drain well.

In deep, 10-inch nonstick skillet over medium heat, heat oil. Add onion and garlic. Cook about 8 minutes, stirring occasionally. Add potatoes and cook 5 minutes.

Combine whole eggs and egg whites. Stir in parsley, basil and chives. Season with salt, to taste, if desired. Pour mixture over potatoes in hot skillet. Reduce heat and cook, uncovered, about 10 minutes, or until bottom of omelet is golden.

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SUMMER SWEETNESS



T-G Photo by Zoe Haggard

The folks at Big Oak Farm have had a busy summer, putting up lots of good jams and jellies for those stopping by the farm to market store in Petersburg.

Food desert solutions

Help from locals and e-commerce

zhaggard@t-g.com

The U.S. Department of Agriculture has identified at least 6,500 food desert tracks since the early 2000s. A food desert is an area that has limited access to food retailers, whether that be through lack of transportation or simply due to the age or health of the persons living in that community.

The USDA has measured the distance to the nearest healthy food retailer, using the locations of supermarkets and large grocery stores as a proxy. They found about 13.5 million people in these census tracts have low access to sources of healthy food.

The phenomenon of food deserts can be found in both urban and rural areas, but the commonality is impoverished areas. Food deserts tend to have smaller populations, higher rates of abandoned or vacant homes, and residents who have lower levels of education, lower incomes, and higher unemployment, according to the USDA report.

Other factors that can go into food deserts is people's lack of transportation. For example, one census tract in west Shelbyville has a relatively high number of households (131 of 2561 total households, or 5.1 percent) without vehicles that are more than one-half mile from a supermarket, according to the USDA's 2020 data.

But providing fresh food for these kinds of areas begins with the producers themselves. Changes in how people buy food, like through companies like Market Wagon, is one way.

They partner with around 1,800 local food producers across the country to deliver fresh, local produce to otherwise food-deficient areas.

"Our mission with Market Wagon is actually to enable the food producers to sell their products," said CEO and founder Nick Carter.

Carter himself is an Indiana farmer and he wanted the ability to sell his produce efficiently to customers. "Last mile" is the industry's term for grocery delivery, and according to Carter, is one of the more economical ways to solve this problem of food deserts.

"Finding local food is very difficult. Typically, at a farmer's market, they're not convenient to get to either by location or by timing," he said.

Market Wagon relies on e-commerce to deliver fresh food to a person's door. They look at an hour's drive radius from their distribution centers (for example, they aggregate all orders at a fulfillment center outside of Nashville).

"So, when you get a delivery, it's actually aggregating items from as many different farms as you want to order from So that allows us to consolidate what the farmers would do on their own," Carter explained.

Prices are still going to be comparable to farmer's market prices. However, Carter said, "without this cost-control that we provide, the farmers wouldn't be able to get their produce to your doorstep."

"The more volume a producer can do, the more economical it is for them. So, we can increase their market so they can afford to sell it at a lower price."

One local farm that has partnered with Market Wagon is RC Farms, a third-

generation vegetable and meat producer owned by Samuel Carlton and his family in Rockvale.

Carlton's grandfather sold produce to the HG Hill food stores in Nashville. In 1998, they experienced a buy-out for raising tobacco, so the farm went into raising vegetables.

Carlton said 8 months ago, they partnered with Market Wagon to expand their reach. Growing everything from sweet corn to tomatoes, Carlton said they handle around 400 customers a week as they host these farmer's markets in Nashville, Chattanooga, Knoxville, Birmingham, Ala., and Atlanta, Ga.

"The biggest thing is we're more able to sell. People are wanting fresh produce more than they ever had. Especially after the pandemic, people are feeling more insecure about their food," said Carlton.

For now, the biggest challenge Carlton says they are facing is the price of fuel. He said he spent \$1,300 in fuel to go to markets (not counting fuel for tractors.) "We're paying over twice what we should be."

Transportation is one of the factors of food deserts, and with fuel prices so high, less and less people are willing to travel far for better, fresher produce—in a sense, creating a food desert, especially since the farmers can't drive or have to increase their prices.

"People need to understand that sometimes local produce is going to be higher than what you can go buy at Kroger or Walmart....We don't grow as much as somebody with 1,000 acres," Carlton explained.

On their 20-acre property at 11455 Mt. Pleasant Road, RC Farms has a store where they sell produce as well as canned goods. Carlton said they even accept food stamps and cash cards, which is one way they hope to help the community have affordable access to fresh produce.

"That helps people who ordinarily couldn't go to a farmer's market," Carlton said

It's not common, according to Carter. "I commend that farmer for being able to do that. It's also something that's been only allowed in person at farmer's markets or their farm stores," he said.

Carter said the USDA is still "behind the times" in that they've allowed only a few retailers to accept food stamps or SNAP benefits in an online transaction. Carter said Market Wagon has applied to be able to do this but has been denied four times. "But we're trying," he says.

Not to mention there's better quality of product when it comes to buying fresh and local. Carlton said they try to be at least 90 percent pesticide and herbicide free. "I wouldn't feed you something I wouldn't feed my own children."

He says that's one of the biggest benefits of buying locally—you know where your food comes from. Carlton added that he enjoys being independent in how he makes a living. But being a part of something like Market Wagon, Carlton says they know what they've sold and what they need to sell. "You're not just loading up for the heck of it."

He's very grateful, in return. "The Lord's blessed us. And we're able to take care of what we've got."

Did you know?

Farmers and growers face a significant threat in the years to come as industrial agriculture operations continue to expand. According to the National Resources Defense Council, industrial agriculture is the large-scale, intensive production of crops and animals. Such operations make it more difficult for small farmers and growers to turn a profit, and they often involve the use of chemical fertilizers and pesticides. The use of such products

poses an additional threat to small farmers and growers, as the Union of Concerned Scientists notes that the heavy application of fertilizers and pesticides accelerates soil erosion and increases pest problems. Consumers concerned by the effects of industrial agriculture on the environment and on small farmers' and growers' ability to earn a good living can support efforts such as regenerative farming and organic farms.

AG NOTES

By John Teague UT/TSU Extension

FARMERS MARKET

The market was good last week and it should be better this week with the rains that we have had. We still are getting some late planted vegetables coming in, and that's good.

We had 12 vendors last week, and we look for a good variety of items this week. There have been some changes in the regulations as of July 1 and we will pass those along with time. Some canning items are now allowed, as well as baked goods and the like.

Come see the market on Thursday afternoons, with selling starting at 2:30 p.m. We like to hold to that so all of our vendors can get set up to serve customers. The market is next to the big blue water tower at the Celebration Grounds across from Calsonic Arena.

SUITABLE PLANTS

I had a request for some flower and ornamental plant information that is suitable for this area, easy to maintain, perennials that are not just there for one season, and relatively economical. Now that's a chore, to have a landscape easy to keep up, not pricey, and one that lasts.

I had a conversation with a good friend who is a horticulture agent in another county close by, and he has put together two flyers with do's and don'ts and suggestions for selection for plants that will fit this need.

I will be happy to share these publications with anyone who wants them. Send me an email to jteaguel@utk.edu or if you don't have email, call the office at 961-684-5971.

MOTHS

This is when we see a lot of moths. Many of them are beautiful in color, some are interesting in their shape, and others have distinct patterns.

Most folks don't relate them to the fact that they were once a worm or properly called larvae, and in this stage they can devour crops in a hurry. Others are relatively safer and don't destroy our precious food supply or cause plant damage.

I have some images sent to me and I'm in the process of identifying them. I'll share them as I go. One for this week will make a Tennessee Vol proud with its orange and white colors. I hope when I find out exactly what it is it's not





one that is a problem. But it is pretty to look at. It was found in a barn and there is no idea where it came from.

WHAT IS THIS?

I had a request from a very nice lady who wanted to know what a plant next to her house is. She is very fond of its orange blooms, but she is concerned about these plants that have been broken or in decline. I sent the picture of the plant to my horticulturist friend and he identified it for me.

Its proper name is rhododendron calendulaceum, specifically a flame azalea. It has a beautiful set of orange blooms in the spring. No wonder she is fond of it! It's a plant that needs reasonable caution, because all parts are poisonous to humans. But it's still manageable.

Sadly, the plants she has are in a bit of decline. Some have died off. These plants prefer some shade, and hers are in a lot of sunlight, and they are older plants. But we are trying to help her find a source for a fresh young plant that she can enjoy this spring. She has some health issues and is a very senior citizen, so we'll try to put it where she can see it easily.

THE KIDS

Have I told you about my grandchildren lately? Well, here is an update. Hank and Ford came to the Bedford County Fair and then went on last week to the baseball camp at the University of Tennessee in Knoxville. They have a pretty good baseball program there if you haven't heard.

The boys got to work with the players and the coaches on skills that they can use as they play. It was a great experience, and MeMe and I got to take a day and go watch them scrimmage with other teams in their age brackets. It was great fun. Hank's coach was one of the headline pitchers who is from South Carolina about an hour from them. He has a standing offer of a fried chicken dinner! The boys have returned home and are getting ready to start school in a few days.

Piper has had a big week or two, having fun doing whatever she sets out to do. She is one positive young'un, giggling and laughing her way along. But she is very observant, too. She has learned a lot at her preschool and the children programs she watches under supervision, and now she is ready to start her kindergarten year.

That's going to be a big experience, and she is looking forward to it. So are we! Can't wait for her to share what she learns, either by word or by drawings or whatever. And she'll let us know! Her chatter is funny and serious both.

Kids, we love 'em all!

ESTATE AUCTION

69.15 ± ACRE FARM IN 5 TRACTS SUB STATION RD/DAVID TROTT RD • UNIONVILLE

(OFF HWY 41A NORTH - FOLLOW SIGNS)

Property of the late Wade & Betty Joe Myers

SAT.. AUGUST 6TH · 10 AM







This is a remarkable opportunity to purchase land in different acreage tracts. All tracts have a soil site area and available electric power easement. This Beautiful farm has something to offer everyone, from open fields, wooded areas, secluded fields, small creek and loaded with lots of deer and turkey. The potential and location of this magnificent farm is truly one of a kind being located just North of the Unionville and convenient to Franklin, Chapel Hill, and Eagleville with easy access to I 840 for Nashville and Murfreesboro.

Call **Michael Hix, Listing Auctioneer, (931) 607-7969** for information, plats, and restrictions of this unique farm or visit our website www.craigwheeler.com

Tract#1 - 10.50 Acres, 715ft Rd frontage, Open fields & Scattered woods
Tract #2 - 13. 77 Acres, 400ft Rd frontage, Open fields & Scattered woods

Tract #3 - 12.34 Acres, 425ft Rd frontage, Open fields & Scattered woods
Tract #4 - 16.14 Acres, 369ft Rd frontage, Open fields & Scattered woods

Tract #4 - 16.14 Acres, 3991 Rd frontage, Open fields & Scattered woods

Tract #5 - 16.40 Acres, 323ft Rd frontage, Open fields, Scattered woods, joins Weakly Creek





<u>AUCTIONEERS NOTE:</u> This farm has been in the Myers Family since 1972. This is only a portion of the whole farm. The heirs of this portion have decided to offer it at auction to the highest bidder. This is a wonderful opportunity to purchase land in the growing Northern Bedford Co. area around Unionville.

TERMS: Real Estate: 20% cash or approved check day of sale, balance within 31 days. Reserve the right to regroup any and all tracts

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Linda Nichols and Kayla Hilliard from First Community



The event also gives away awesome prizes, like this bike, to kids in the draw.



From left, Aricindy Castillo-Guzman from Catholic Charities with Marquitta Lockett and Sarah Joseph from the Center for Family Development.



Shelbyville Fire also showed their support. From left, Nolen King, Bill Woods, and Chris Cartwright.



Backpack giveaway bash

By ZOE HAGGARD zhaggard@t-g.com

Local schools started back on Monday and several kids had brand new backpacks, thanks to a traditional backpack give-a-way, held Friday at H.V. Griffin Park.

It was the 18th annual Back to School Bash and Backpack Giveaway presented by the Johnson Housing Foundation in partnership with the Center for Family Development.

Despite the on-and-off rain, a large crowd of families turned out for the event's featured hot dog lunch, give-aways, and awards.

The event began with Mamie Johnson, head of the Summer Feed Program, who through her outreach, has provided over 55,000 meals and 1,000 backpacks each year to the Shelbyville community, according to Benita Johnson of the CFD.

"I like the giveaway the best. And I like helping folks," said Johnson.

Food was served and cooked by Stacey Moff.

Email a question and look for the answer Tuesdays in the **Times-Gazette or online**

at www.t-g.com/advertising CLICK ON QUIZ AN EXPERT



7asha Hall **Branch Manager**

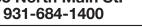
Q: I heard Heritage South is supporting teachers. Can you tell me more about that?

A: Yes! During August, we will donate \$50 to the school or teacher of your choice when you are approved for a qualifying loan. This could mean any teacher or school in Bedford, Marshall, or Rutherford county. Combined with our current loan specials, there has never been a better time to get a loan with Heritage South. Some restrictions do apply. Please visit our website for complete details.





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ABOVE: Kids took advantage of the new playground equipment at H.V. Griffin Park on Friday.

RIGHT: This little girl won a fun game to play with her mom and brother.

T-G Photos by Zoe Haggard



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Assault charges filed after attacks

dmelson@t-g.com

Alleged violent assaults against two people, resulting in one suffering a broken eye socket and leaving another with both eyes swollen shut, led to the arrest of a Shelbyville man

James McKinley Jett, 50, of South Brittain Street, attacked a woman identified as his girlfriend and another man at a home on Highway 41A North, a Bedford County Sheriff's Office report said.

Jett allegedly punched the man several times in the face, then punched her in the face without speaking to either one. He then told he would bring her clothes to the male victim's home, which he left in the yard later in the day, according to the report.

The woman required treatment at a Nashville hospital for the eye socket, the BCSO said.

Jett was charted with burglary, domestic assault, and aggravated assault, and held on \$250,000 bond. The burglary charge is due to Jett entering the man's shop building, where he was allegedly assaulted, without permission.

Car theft, chase

Multiple charges have been filed against a man who allegedly stole a car from a Cottonwood Drive home early Saturday.

Security footage shows William L. Ballinger, 29, of Old Columbia Road getting into the 1996 Ford Taurus, which had been left unlocked with keys and the owner's son's wallet inside, and driving

A Cashapp account alert of the victim's credit card being used at Walmart in Tullahoma was received at 10:26 a.m. The owner called around noon saying he'd seen the car in Tullahoma and was following it toward Shelbyville.

Moments later a 911 caller reported a white Taurus being driven recklessly at a high speed on Blue Ribbon Parkway. car eventually The was involved in a crash on North Main Street. Ballinger allegedly ran from the scene. Officers Jon Evans and James Sharp spotted Ballinger, who allegedly ran through woods and jumped a fence.

A taser shot to Ballinger's leg by Evans was ineffective and he kept running before falling from exhaustion and surrendering at taser point on Hickory Drive, police said. and was arrested by police a short time later on Hickory Drive. The victim's wallet was found on Ballinger, police said.

Ballinger was charged with driving on revoked license, evading by motor vehlation icle and foot, leaving scene of accident, reckless/careless driving, resist stop/frisk/halt/ search, violation of probation, theft of propertymotor vehicle, vandalism and burglary. He was held on \$102,500 bond.

Not so safe

A man who allegedly spray painted his ex-girlfriend's truck told a deputy he wanted to "make sure she was safe," according to a BCSO report.

George Holder then allegedly fled into woods near an Old Columbia Road home where he was being questioned and escaped the grasp of pursuing deputy Donald Perdue.

Video footage shows Holder painting the truck at a market on Highway 41A North, the report said. Holder has been tres-

passed from the property

and has an order of protection against him. He will be charged with vandalism, criminal trespassing and violation of an order of protection when found.

Motel squatting

A second person has been charged with staying in a Shelbyville motel without permission.

Non-guest Wesley Martin Worthington, 26, of Hickory Drive, allegedly ran from Best Western Celebration Inn, Madison Street, when confronted by an employee Friday. Worthington was arrested a short time later further down Madison Street by a Bedford County deputy.

Worthington was allegedly carrying a bag of marijuana and two room keys when found. He was charged with burglary, possession of drug paraphernalia and possession of a schedule 6 drug, and held on \$12,500 bond.

Theft

Jewelry and \$120 were taken from a Bryant Road home Thursday, a BCSO report said. A suspect was named.

Jail intake

The following were charged since Thursday Shelbyville by the Department, Police Bedford County Sheriff's Department, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Maria Isabel Alcala Garcia, 42, Hazelnut Drive; custodial interference; released, no bond

•Ryan Franklin Allen, 49, Hillsboro; contempt of court; held, no bond

•Leandro Humberto Alvarado, 40, Bridlewood Drive; criminal trespassing; summons issued

•Angel Reyes Alvarez, 52, Sunset Drive; driving on suspended license, financial responsibility, registration law; released on recognizance

•Alonzo Audres, 25, Baker Street; DUI, reckless driving, no driver's license, registration violation, open container; held, \$3,000 bond

•William Leon 29, Ballinger, Old Columbia Road; driving on revoked license, evading by motor vehicle and foot, leaving scene of accident, reckless/careless driving, resist stop/ frisk/halt/search, violation of probation, theft of property-motor vehicle, vandalism, burglary; held, \$102,500 bond

•Jessica Dean Barrett, 28, Chestnut Drive; shoplifting; summons issued

•Ricky A. Barrett, 27, Woodland Avenue; possession of schedule I drug; held, \$10,000 bond

•Uriel Bautista Basilio, 33, Saddlewood Drive; no driver's license, DUI (second offense); released, \$5,000 bond

•Tamara S. Belinc, 44, South Cannon Boulevard; no driver's license, running stop sign; released, no bond

•Bradley K. Bergmann, 56, Kennedy Road; domestic assault; held, \$5,000

•Harold E. Biggers Jr., 61, Rolling Road; DUI, light law; released, \$3,000 Thomas •Matthew

Bingham, 24, Elizabeth Street; domestic assault; released, \$2,500 bond •Jacob Allen Bond,

28, Tullahoma; failure to appear; held, \$2,500 bond Leonard Boon Casteel,

48, Lewisburg; probation revocation; held, no bond

Gonzalez Cabrera, 21, Industrial Parkway; driving on sus-

pended license, speeding; summons issued

Eduardo Sanchez Estrada, 52, Davis Street; driving on revoked license, light law, no insurance; summons issued

•Agee Anne Evans, 29, Titus, Alabama; DUI, open container, speeding; held, \$1,500 bond •Terry Lee Freeman, 51,

Smith Chapel Road; driving on suspended license, speeding; summons issued •Jason Scott Glines, 44, Fairoak Street; DUI, driv-

ing on revoked license; held, \$4,000 bond •Johnny Godinez, 29, Edgemont Drive; aggravated domestic assault;

released, \$5,000 bond •Giovanni Hernandez, 41, Nashville; DUI, driving on suspended license, speeding; released, \$4,000

•James McKinley Jett,

50, South Brittain Street; burglary, domestic assault, aggravated assault; held, \$250,000 bond

•Bryan Travis Merlo, 34, Lane Parkway; failure to appear; held, \$5,000 •Harm Anthony Moore,

23, Tullahoma; failure to appear, violation of probation; held, \$2,500 bond Maria Dolores Navario

Garcia, 39, Nashville; driving on suspended license, registration violation, speeding; summons •Keon Alexander Neely,

on revoked license, light law; held, no bond •Nicholas Ian Price, 32, Manchester; disorderly conduct, resisting arrest;

31, Center Street; driving

held, \$11,000 bond •Alex Ramirez Ayala, 21, Edgemont Drive; no driver's license; summons

Raya, •Jose Murfreesboro: DUI, driving on revoked license, implied consent, speeding; held, \$5,000 bond

Carlos A. Reyes Serrano, no age available, Christiana; no driver's license, running stop sign, due care, financial responsibility; summons issued

•Samantha Roeun, 22, Burns Road; aggravated assault; released, \$2,500

•Steven Scott Schaffer, Lewisburg; DUI, hands-free law, due care, seat belt law, implied consent; released, \$4,000 bond

•Jennifer Nicole Smith, 40, Highway 64 West; failure to appear to serve sentence, DUI, open container, expired registration; held, \$9,000 bond

•Zachary Alexander Stepanov, 20, Dow Drive; violation of probation, show cause; released, \$2,500 bond

Vondrael Larando Stroble, 34, Barksdale Lane; raoe; released, \$50,000 bond

•Alexandro Rodriguez Toledo, 48, Bird Street; no driver's license, no seat belt; summons issued

•Anthony Villanueva, 22, Old Pencil Mill Road; DUI; released, \$4,000 bond

•Wesley Martin Worthington, 26, Hickory Drive; burglary, possession of drug paraphernalia, possession of schedule 6 drug; held, \$12,500 bond



The Shelbyville **Times-Gazette**

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684-1200

BEDFORD COUNTY YESTERYEARS

EAST AND WEST

VIEW – Mr. J. R. Brown made a trip to Tullahoma. He thinks the roads in that county have too many branches. However, he came back all O.K.

place has a flourishing school under the supervision of Prof. Jones. He has enrolled between 55 and 60 **GREEN HILL** - Miss

LONGVIEW – This

Mattie Williams has been selected as assistant in the Fall Creek Academy. STEELE'S CAMP

GROUND – Mr. Thomas Henly, who has been digging wells with Mr. Bill Farrar in Lincoln County, came home Saturday.

LOST HIS MONEY

 Alex Shaw of the 11th District met with quite a loss a few days ago. He had been to Marshall County and while there collected \$620. He placed the money in the side pocket of his coat and started home. The day was warm, he pulled his coat off and carried it on his arm and on his way home the money dropped from the pocket and was lost. He did not recover it.

NORMANDY -

Sunday morning, at Normandy, Mr. James Freeman killed at his door the largest rattler that has been seen in that area for years. It measured 25 inches around and was nine feet long and had forty rattlers.

NOTICE – J. W. Wallace, Depot Street, wants 500 bushels choice large Irish potatoes, and 100 bushels of choice

AUGUST 1952 HORSE SHOW

WINNER – Eddie Wiser of Shelbyville rode Merry Go Boy, Jr. to the Walking Pony, Open Title at Fayetteville last week. Merry Go Boy, Jr. is owned by S. H. Arnold of Warsaw, Indiana.

NORMANDY – Mr. and Mrs. Ollie Prince of Nashville, Mr. and Mrs. Roy Koonce of Shelbyville were luncheon guests of Mr. and Mrs. Ray Prince on Tuesday. SHELBYVILLE -

Shelbyville to have new federal highway. R. L. Waller, Blue Ribbon Motor Court, says U. S. Highway 231 will be designated as the new "fast route" federal highway, entering Tennessee at Bransford and being almost due south through Lebanon, Murfreesboro, Shelbyville and Fayetteville. The road at present (1952) is numbered as U.S. 241.

NOTICE - "Eat at Locke's Restaurant." Locke Brothers Restaurant, 636 N. Main

RAUS – Mr. and Mrs. Robert Breeding of Sparta spent the weekend with Mrs. Breeding's parents, Mr. and Mrs. Glenn **NOTICE** – The 14th

Tennessee Walking Horse National Celebration has record number of entries, with 25 states represented. **AUGUST 1977** AT THE CAPRI –

"Star Wars" SHELBYVILLE -Rick Insell named Coach

Melissa **Edwards**

Historian

of the Shelbyville Golden Eaglettes.

REAL ESTATE -Donald W. Floyd to Dorris B. Fann. Mrs. Mary Edwards to Dorothy L. McClaren.

WARTRACE – "Super Stock" ridden by David Mason, wins Wartrace crown; 4,000 attend 32nd annual event.

ROVER - Maranda Pugh and Mary Frances Ralston returned after spending a week in Rochester, Indiana, on the 4-H Exchange trip. BELL BUCKLE -

Janet Lee Gardner, daugh-

ter of Lt. Col. and Mrs. R.

E. Gardner, Webb Road, received the Bachelor of Science Degree in Childhood Education from George Peabody College for Teachers. **SHELBYVILLE**

- Two new promo-

tions in the Shelbyville Police Department were announced by City Manager Burtis Landers. Sgt. Charles Duckworth has been promoted to the rank of captain, filling the vacancy created by the promotion of Capt. Wayne Haithcote to Assistant Police Chief. **ROVER-**

UNIONVILLE – The Crick family reunion was held at Henry Horton State Park Sunday.

Appalachian cultural center reeling from historic flooding

WHITESBURG, Ky. (AP) — The raging floodwaters that left dozens dead or missing in eastern also Kentucky swept away some of the region's irreplaceable history.

Appalshop, a cultural center known for chronicling Appalachian life for the rest of the world, is cleaning up and assessing its losses, like much of the stricken mountain region around it.

Record flooding on the North Fork of the Kentucky River inundated downtown Whitesburg in southeastern Kentucky, causing extensive damage last week at the renowned repository of Appalachian history and culture. Some of its losses are likely permanent, after floodwaters soaked or swept away some of Appalshop's treasures, including archives documenting the region's rich, and

sometimes painful, past. "It's gut-wrenching to see our beloved building overcome by floodwaters,' said Appalshop executive director Alex Gibson. "We will recover, but right now we are certainly mourning what's been lost.'

Launched more than a half-century ago in part as a training ground for aspiring filmmakers, Appalshop has evolved into a multifaceted enterprise with a mission to uplift the region. Besides its film institute, it features a radio station, theater, art gallery, record label and community development program.

But now, Appalshop's focus has turned inward. The center known for training storytellers finds itself part of one of the region's biggest stories as floodwaters covered large swaths of the mountainous region, leading to deaths and widespread destruction.

Appalshop is insured and its team is still working to assess the full scope of what's been lost and what can be salvaged, said its communications director. Meredith Scalos.

"It will probably be a week before we know the totality of the damage," she said. "We are going to be rebuilding for years, not days or weeks."

The first floor of its main building was swamped by the fast-rising water. When cleanup crews went in, they found a thick coating of mud. The radio station and theater suffered major damage, Scalos said. The archives also sustained damage. The upper two floors were unscathed. Another Appalshop building also sustained

extensive damage. At the outset, the highest priority has been to clean up and assess the archives, which included tens of thousands of items documenting cross-sections of Appalachian life over the decades, Scalos said.



3-D ARCHERY CONTEST Begins at 5PM

1ST PLACE WINNER WILL WIN A HAWK COMBAT HANG ON TREE STAND AND 1ST PLACE JUVENILE WINNER WILL WIN A 3D TARGET



DOOR PRIZES INCLUDE: Henry .22Ir Lever Action Rifles, a Ruger .270 Hunting Rifle with Scope, Leupold Range Finder, Trail Camera, Grunt and Turkey Calls, Knives, Scent Eliminators, and much more!

YOU MUST REGISTER AND BE AT THE BBQ MEAL TO WIN

Gospel presentation will be made by Pastor Chris Sheppard

* *TWRA FALL HUNTER'S SAFETY COURSE WILL BE TAUGHT AT SMBC ON AUGUST 1, 2, 4, & 5



Shelbyville Animal Care and Control is the end of the rainbow for abandoned or abused small animals — or at least it was after a storm passed by Shelbyville early Friday night.

City animal control helps dogs, cats thrive

By DAVID MELSON dmelson@t-g.com

Want a dog? Shelbyville Animal Care and Control can help.

As of last week the facility had 23 dogs available for adoption — an unusually high number, said Shelbyville Animal Control Supervisor Mariah Teal.

"We average 12 to 20 dogs," Teal said.
"Three of the dogs came

with collars," Teal said, indicating they do — or did - have owners.

Most of the dogs are kept in the recently-constructed newer portion of the facility. A few that need closer attention stay in older kennels near the office.

Fewer cats are picked up, Teal said. The facility has 11 kennels for cats. Two were occupied last week,

both by kittens. "We've been good lately with cat adoptions, not so much with dogs," Teal said. "I attribute it to being unable to afford a dog, and they're harder to take care of. A lot of our dogs right now are medium to large

size dogs.' Animal Control partners with PetSmart, which keeps some of the city's adoptables. Teal says larger dogs sometimes attract few potential owners.

"If a dog is not adoptable New Destiny Dog Rescue takes them to New Jersey," Teal said. "That particular location is because dog breeding rules are stricter there."

Little abuse locally

There's not a lot of animal abuse being reported in Shelbyville.

"I see a lot more neglect than abuse of animals," Teal said. "No more than an average of 5 cases a year reach the severity of 'animal cruelty.' More are cases of neglect such as lack of food or inadequate shelter."

A recent example, Teal said, involved an owner who was unable to explain why his dog was underweight. She mentioned another case where one underweight was and the owner's other

wasn't. That owner was "uncooperative," Teal said. "Almost every time I talk to someone, they show an

attitude," Teal said. "Only 5 to 10 percent of people are cooperative." Shelbyville Police becomes

Department involved when more severe reports are received situations animals. Deputy Chief Brian Crews serves as Director of Animal Control. Teal supervises day-today operations and is grounds supervisor over the animal control facility. Her husband, Tracy Teal, is a

Shelbyville police officer. "We assess the situation and call a police officer if needed," Mariah Teal said.

"We handle the investigative part, SPD does the actual report if one is needed." Animal control officers

have badges on their shirts but do not have the same enforcement powers as trained police officers. Enforcement is based on how owners address

warnings received, Teal said. Police are usually involved only on a "low level" if they don't comply. "We conduct followups and most of them go well,"

Teal said. "Sometimes I wish people would be more responsible for their pets. We try to educate the public about good pet owner responsibility." A few reports of large numbers of animals in homes — 40 or more in a

couple of cases — were investigated in Shelbyville a few years ago, but Teal hasn't encountered anything similar. "There's not a lot of hoarding here," Teal said.

She knows of a few cases

where people keep up 6 to

8 dogs in their homes, but

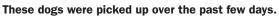
they're receiving good care. Teal has noticed a slow rise in the number of animals locally as the Shelbyville area's population increases.

Community support

appreciates the support shown by Shelbyville residents and leaders.

"The community has been very supportive in donating funds and food, homemade blankets from





Comfort for Critters, and you can donate to the local shelter through PetSense," Teal said. "Some volunteer to clean the facility, do dishes, every year a few TNPromise students work their hours here."

Tennessee Promise (known as TNPromise) grants free tuition to state community colleges in return for volunteer work by high school seniors.

"Whenever we ask for things, the city complies if they see the need," Teal said. Among the requests granted was a third full-Animal Control officer.

Shelbyville now has three full-time and one part-time Animal Control officer. Corey Prater is in training as a new officer

"I like it here. I like the



Bella (black and white), who was abandoned, and May (brown and white), get some love from Shelbyville Animal Control officers Mariah Teal, left, and Corey Prater. Both dogs are vaccinated, spayed, microchipped and ready to adopt.

people. I reach out to the Teal said. community and they help,"

Shelbyville's

Animal

Control office can be reached at 931-684-6552.

ELECTION DAY THIS THURSDAY



Paid for by Chad Graham for County Mayor. Jennifer Graham, Treasurer. **VOTE CHAD GRAHAM ON AUGUST 4**

Chris Siers

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S Times-Gazette PORTS

www.t-g.com/sports Tuesday, August 2, 2022



SUMMER SCRIMMAGE

ABOVE: **Shelbyville** Central's Golden Eagles hosted a scrimmage with Rockvale on Friday evening. Both teams scored two touchdowns with the varsity players on the field. Sophomore **Rocky Chandler scored** on a 75-yard run for the Eagles with Sidney Porter intercepting a pass and returning it for a touchdown for the Eagles.

Sophomore RIGHT: running back Rocky Chandler had a big night for the Eagles.

T-G Photos by Gary Johnson



Feet, Lady Champs take 2nd in **I-24 Invite**

MURFREESBORO—On Thursday, the Webb School and Cascade competed in the I-24 Invitational, held at Indian Hills.

The Feet posted a team score of 315, good enough to take second place in the tournament, behind Rockvale's 307.

Preston Hall was the top scorer for the Feet, carding a 76, while Andrew Reeves was hot on his heels, shooting

a 78. Phoenix Khramthong finished third for Webb and turned in a 79, while Noah Brown's 82 rounded out the var-

sity scores for Webb. On the girls' side of the match, Cascade turned in a second-place finish with a combined 161 by Tatyana Green and Anna Clanton.

Lipscomb Academy won with a 151. The Lady Feet finished two strokes back with Prowd Sriwongngam shooting a 73, while Kennedy Clarkson

turned in a 90. Cascade gets a break until facing off against Community and Shelbyville

Central at River Bend on August 15. Webb was back in action on Monday at Lakewood Country Club participating in the Tullahoma Invite, however results were unavailable at press time.

Rockvale 307
Webb 315
Lips comb Academy 323
PCA 323
Merrol Hyde 325
Oakland 326
Independence 349
Wilson Central 355
Columbia Academy 366
Eagleville 401
Harpeth 401
Stewarts Creek 429

Lipscomb Academy 151 Cascade 161 Webb 163 PCA 165 Goodpasture 168 Wilson Central 170 Lincoln Co. 172 Independence 176 Brentwood Academy 184 Stewarts Creek 207 Oakland 212 Columbia Academy 233

Watson hit with 6 game suspension

By ROB MAADDI and TOM WITHERS

AP Sports Writers

Cleveland Browns quarterback Deshaun Watson was suspended without pay for six games Monday for violating the NFL's personal conduct policy following accusations of sexual misconduct made against him by two dozen women in Texas, two people familiar with the decision said.

The people spoke on condition of anonymity because the decision had not been publicly released. Watson, who played for four seasons with Houston before being traded to Cleveland in March, recently settled 23 of 24 lawsuits filed by women alleging sexual harassment and assault during massage therapy appointments in 2020 and 2021.

The NFL has three days to appeal the decision by disciplinary officer Sue L. Robinson. The NFL Players' Association already stated it would abide by her ruling. If either side appeals, NFL Commissioner Roger Goodell or someone he designates will make the decision, per terms of the collective bargaining agreement. The union then could try to challenge that ruling in federal court.

The league had pushed for an indefinite suspension of at least one year and at least a \$5 million fine for the 26-yearold Watson during a three-day hearing before Robinson in

Watson can continue to practice and play in exhibition games before his suspension begins the first week of the regular season. He would be eligible to return on Oct. 23 when the Browns play at Baltimore.

Watson, who signed a fully guaranteed \$230 million, fiveyear contract, will lose only \$345,000 if the suspension is unchanged because his base salary this season is \$1.035 million. His \$45 million signing bonus is not affected by the suspension.

After learning the ruling was imminent, the NFLPA issued a joint statement with Watson on Sunday night, saying they will not appeal Robinson's ruling and urged the league to follow

"Every player, owner, business partner and stakeholder deserves to know that our process is legitimate and will not be tarnished based on the whims of the League office" the union said in a statement.

As he awaited the ruling, Watson has been in training camp with the Browns. He has continued to take most of the reps with the first-team offense, which will be turned over to backup Jacoby Brissett while

he's sidelined. While the NFL pushed for a severe penalty, the union had argued Watson shouldn't be punished at all because he was

not convicted of any crime. Two grand juries in Texas declined to indict Watson on criminal complaints brought by 10 of the women.

This was the first case for Robinson, a former U.S. district judge who was jointly appointed by the NFL and the union to handle player misconduct — a role previously held by Goodell.

A three-time Pro Bowl pick with the Texans, Watson has seen his playing career stalled by the allegations that he acted inappropriately with the women during massage therapy sessions he scheduled via social media. He sat out the 2021 season.

In their lawsuits, the women accused Watson of exposing himself, touching them with his penis or kissing them against their will. One woman alleged Watson forced her to perform oral sex.

Watson has denied all

wrongdoing, insisting any sexual activity with three of the women was consensual. He publicly insisted his goal was to clear his name before agreeing to confidential financial settlements with 20 of the women on

June 21. "This case started because one woman had the fortitude to step forward and make her voice heard," said attorney Tony Buzbee, who represents the women in the civil lawsuit. "Her courage inspired many others with the same experience. None of this saga would have occurred without that one brave voice. One person can

make a difference. "I have been asked repeatedly about my thoughts in regard to the NFL's proceeding with Deshaun Watson. Although some of my clients do have strong feelings in that regard, I have nothing meaningful to say about that process. I've said in the beginning that the civil process and the NFL's disciplinary process are very different. My role was to advance the cause of my clients, in civil court nothing more. I've done that. I am extremely proud of these women and our legal team's efforts. The settlements are confidential. I won't comment further on them."

Playoff loss fuels Tannehill in 2022

By TERESA M. WALKER AP Pro Football Writer

NASHVILLE— No quarterback has won more games over his first three seasons with the Tennessee franchise than Ryan Tannehill, who has post-

ed a 30-13 record for the Titans. The problem? He is 2-3 in

the postseason. Worse is Tannehill and the fourth season needing to prove

Titans losing three straight 2021 was simply an off year playoff games, with the past two on their home field. The most painful came in January, when Tennessee was the AFC's No. 1 seed and Tannehill was

intercepted three times — the last with 20 seconds left in a 19-16 loss to Cincinnati. can use them as fuel as you Tannehill goes into his move forward. So that's the

and that he can win when it matters the most.

"It's just fuel," Tannehill said. "You look at things in your past and experiences that you've been through and you can learn from them and you

thought here in moving forward

is attacking this year, each and every day and try to get the most out of it."

Tannehill became the first quarterback since Warren Moon between 1987 and 1993 to lead the franchise to three straight playoff berths. Even as the Titans went 12-5, Tannehill had his worst statistical season

➤ See Tannehill, Page 2B

SPORTS Tuesday, August 2, 2022 2B SHELBYVILLE TIMES-GAZETTE

Tannehill

(Continued from Page 1B)

son since replacing Marcus Mariota as the starting quarterback in mid-October 2019.

He threw his fewest touchdowns (21), and his 14 interceptions were one more than he had in his first two seasons in Tennessee combined. It didn't help that Tannehill was one of only six Titans to start every game in 2021, when Tennessee used an NFL-record 91 players — the most for a non-strike

Then came the playoff

Tannehill talked in May about how much he struggled to deal with that loss. even using therapy to help with the sleepless nights.

General manager Jon Robinson also took that loss tough and said he talked with Tannehill. For the GM, the key is moving on and not letting one loss fester. Robinson thinks Tannehill has turned the page based on what he's seen out of the quarterback entering his 11th NFL season.

"Juice. Energy. Leadership. Fired up to be out here," Robinson said. "Working with the new players that are on the team about, 'Hey, when you run this route this way, look for the ball, because this is what I'm looking for out of you on this certain route.' He's into it. Ready to roll."

Tannehill said he doesn't feel as if he's speaking up

"I feel like I just am leading the way, you know, that I believe is effective and the way that works for me," Tannehill said. "So I'm going to continue doing that, continue pushing the envelope, trying to bring this team, this offense along as fast as we can."

The Titans tried to give Tannehill more help by acquiring wide receiver Robert Woods from the Rams in March. Tannehill's favorite receiver the past three seasons is gone, with A.J. Brown traded to Philadelphia, and the quarterback now working with what the Titans hope will be Brown's replacement in rookie Treylon Burks.

They also signed tight end Austin Hooper and drafted the fastest tight end at the NFL combine, Chig Okonkwo And Derric Henry, the NFL's rushing leader in 2019 and 2020, is back after missing nine games last season with a broken right foot.

Tannehill is under contract through 2023, but his contract counts \$38.6 million against the salary cap this season. The Titans drafted Malik Willis out of Liberty in the third round, the earliest they've selected a quarterback since taking Mariota at No. 2 overall in 2015. Tannehill, who turned 34 on Wednesday, isn't looking ahead at this point of his career.

"I take it one year at a time," Tannehill said. "So right now I love the game, I love competing, I love where I'm at physically, you know, I still feel really good. So one year at a time and excited for for what's ahead."

Notes

Wrestler Ric Flair spoke to the Titans at the end of practice Thursday at the invitation of coach Mike Vrabel. The 73-yearold Flair is wrestling for the final time on Sunday in Nashville. Flair said he's been a fan of Vrabel since he played for the Patriots, and Vrabel grew up watching wrestling with his father and became a Flair fan himself. "I thought he would love to to talk to the players, which he was, he was excited to come over here," Vrabel said. "He brings an energy and excitement and passion. And I know that they appreciated it." ... The Titans swapped receivers before practice, waiving Juwan Green and adding Terry Godwin, who was a seventh-round pick by Carolina out of Georgia in 2019. He spent 2019 on Jacksonville's practice squad and played three games for the Jaguars in 2020. He spent 2021 on injured reserve.

Softball alumni return

helbyville Central hosted a round robin style of softball games Saturday featuring alumni from all three Bedford County public high

The format allowed all three teams to play one another during the afternoon. With the success of Saturday's games, there are plans for another alumni day next year.



Eaglette alumni who participated in Saturday's games were Baylee Cook (2015), Bailey Deason (2015), Ashlyn Brannon (2016), Gracie Beth McCullough (2020), Tiffany Graves (2014), Daryl Adams (2008), Jayce Dial (2010), Jillian Carothers (2006), Hannah Burks (2021), Courtney Smith Young (2006), Lauren Sanders Adcock (2006), Lindsey Sanders Bateman (2006), Lexi Sanders (2017) and Lexie Taylor (2020).



Viqueen alumni who participated in Saturday's games were Erin Haywood (2004), Ashley Mills (2004), CorrieAnn Hickerson (2011), Heather Keel (2013), Davie Barnes (2016), Dora Ramos (2017), Karla Peña (2018), Haley Smotherman (2019) Mackenzie Newkirk (2020), Tatianna Eady (2021), Kelsea Kupczyk (2021), Hailey Farrar (2022) and Emma Bentley (2022).



Lady Champion alumni who participated in Saturday's games were Leigha Carter (2010), Heather Cook (2015), Torey Mansfield (2009), Alyssa Saylor (2013), Ashlynne Merlo (2013), Katie Swearingen (2012), Maddie Schneider (2019), Tiffany Gibbs (2009), Tyler Buck (2012), Keely Sutton (2019), Carmen Ray (2021) and Audrey Perry (2022).

Byard still in shock after his mother's death

By TERESA M. WALKER AP Pro Football Writer

NASHVILLE — Training camp is giving twotime All-Pro Kevin Byard a sense of normalcy as the Tennessee Titans safety works through the grief over his

mother's unexpected death earlier this summer. "At times, I feel like I'm still in shock a little bit, it hasn't set all the way in," Byard said of losing his mother, Artina Stanley, in June.

Byard left the Titans' mandatory minicamp June 14 when his mother fell ill and died a week later. She raised Byard and his six siblings by herself following a divorce, moving her family from Philadelphia to Atlanta when Byard was in high school. He recently bought her a house, and she was working with a home business making her death even more stunning.

A month after the funeral, Byard said he has some good days and others not so good. He credits his routine of helping keep him up along with a great circle of support, having heard from hundreds of people since his mother died.

That's why Byard says he keeps choosing to be grateful for having another day, something he tries to share with his teammates

"You never know when it is going to be your day, and you never know when an injury may end everything or just your life, period. It's crazy," Byard said. "I feel like people that have been through this situation will tell you: Love on your loved ones, and make sure you are calling people every day to let them know that you love them." Byard bounced back in 2021 intercepting five passes

helping Tennessee improve across the board on defense. That earned the first overall pick of the third round in 2016 draft the second All-Pro nod of his career. He leads all safeties and is third in the NFL with 23 interceptions since 2017, trailing only Miami's Xavien Howard (26) and the Chargers' J.C. Jackson (24).

With the unexpected retirement of cornerback Buster Skrine, Byard now finds himself the oldest member of the Tennessee secondary at the age of 28 going into his seventh season.

"So I'm really the oldest guy in my room now, which is very weird going into year seven," Byard said. "But like I say, trying to set the example every single day."

Byard brings a high-level of consistency every day, the kind of approach appreciated by coach Mike Vrabel. Byard hasn't missed a start since moving into the lineup and has started 88 of 97 games in his career. Byard also has four sacks and threw a touchdown pass on a fake punt in Vrabel's home debut as head coach in 2018.

"I can always appreciate that his consistency, the way he approaches the meetings," Vrabel said Friday. "He's focused on his willingness to to do whatever we ask him to do or his willingness to help young players. ... Can't say enough good things about just his daily approach."

The Titans need Byard not only on the field but in the meeting room. Cornerback Kristian Fulton is going into his third season, while Caleb Farley played only three games last season before an ACL injury ended the firstround draft pick's season. Farley is practicing trying to earn a starting job with veteran Janoris Jenkins a salary

cap casualty in March. Roger McCreary was the Titans' second-round pick out of Auburn last April, and Elijah Molden was a thirdround selection last year.

Byard knows they're all watching everything he does. The veteran already changed how and what he eats, using intermittent fasting between 7 p.m. or so each night to near midday to trim some fat before training camp.

"I'm going to make sure that I keep my standard at a high level because I can't expect anybody else to raise their expectations or raise their standard if mine's not extremely high," Byard said. "So the standard is high. Expectations is always high."

Notes

The Titans went indoors due to rain Friday. ... They signed DB Shakur Brown who went undrafted out of Michigan State in 2021 but spent time on the practice squad in Kansas City and Detroit. He played nine games in the USFL this spring for the Pittsburgh Maulers.

NBA star/civil rights pioneer Russell dies

By JIMMY GOLEN AP Sports Writer

BOSTON — Bill Russell redefined how basketball is played, and then he changed the way sports are viewed in a racially divided The most prolific winner in

NBA history, Russell marched with Martin Luther King Jr., stood with Muhammad Ali and received the Presidential Medal of Freedom from President Barack Obama. The centerpiece of the Boston Celtics dynasty that won 11 championships in 13 years, Russell earned his last two NBA titles as a player-coach — the first Black coach in any major U.S. sport. Russell died Sunday at the age

of 88, with his wife, Jeannine, at his side, his family said in a statement posted on social media. No cause of death was immediately available; Russell, who had been living in the Seattle area, was not well enough to present the NBA Finals MVP trophy in June due to a long illness. "We hope each of us can find a new way to act or speak up with

Bill's uncompromising, dignified and always constructive commitment to principle," the family said. "That would be one last, and lasting, win for our beloved #6." A Hall of Famer, five-time Most Valuable Player and 12-time

All-Star, Russell in 1980 was voted

the greatest player in the NBA

history by basketball writers. He remains the sport's most decorated champion — he also won two college titles and an Olympic gold medal — and an archetype of selflessness who won with defense and rebounding while others racked up gaudy scoring totals.

Often, that meant Wilt Chamberlain, the only worthy rival of Russell's era and his prime competition for rebounds, MVP trophies and barroom arguments about who was better. Chamberlain, who died in 1999 at 63, had twice as many points, four MVP trophies of his own and is the only person in league history to grab more rebounds than Russell 23,924 to 21,620. But Russell dominated in the

only stat he cared about: 11 championships to two. "Bill Russell was the greatest

champion in all of team sports," NBA Commissioner Adam Silver said. More importantly, he added: "Bill stood for something much bigger than sports: the values of equality, respect and inclusion that he stamped into the DNA of our league." In a statement released by the

White House, President Joe Biden praised Russell for his lifelong work in civil right as well as in

"Bill Russell is one of the great-

sports, and called him "a towering champion for freedom, equality,

and justice."

est athletes in our history - an alltime champion of champions, and a good man and great American who did everything he could to deliver the promise of America for all Americans," Biden said.

Reaction poured in Sunday, from Obama to Michael Jordan, from Magic Johnson to Boston's Mayor, Michelle Wu. "Today, we lost a giant," Obama

said. "As tall as Bill Russell stood, his legacy rises far higher — both as a player and as a person. Perhaps more than anyone else, Bill knew what it took to win and what it took to lead." A Louisiana native, Russell also

left a lasting mark as a Black athlete in a city — and country - where race is often a flash point. He was at the March on Washington in 1963, when King gave his "I Have a Dream" speech, and he backed Ali when the boxer was pilloried for refusing induction into the military draft. In 2011, Obama awarded

Russell the Medal of Freedom alongside Congressman John Lewis, billionaire investor Warren Buffett, then-German Chancellor Angela Merkel and baseball great

Stan Musial. "To be the greatest champion in your sport, to revolutionize the way the game is played, and to

Russell said that when he was growing up in the segregated South and later California his parents instilled in him the calm confidence that allowed him to brush off racist taunts.

"Years later, people asked me what I had to go through," Russell said in 2008. "Unfortunately, or fortunately, I've never been through anything. From my first moment of being alive was the notion that my mother and father loved me." It was Russell's mother who would tell him to disregard comments from those who might see him playing in the yard. "Whatever they say, good or

bad, they don't know you," he recalled her saying. "They're wrestling with their own demons." But it was Jackie Robinson

who gave Russell a road map for dealing with racism in his sport: "Jackie was a hero to us. He always conducted himself as a man. He showed me the way to be a man in professional sports." The feeling was mutual, Russell

learned, when Robinson's widow, Rachel, called and asked him to be a pallbearer at her husband's funeral in 1972. "She hung the phone up and I

asked myself, 'How do you get to be a hero to Jackie Robinson?"" Russell said. "I was so flattered."

be a societal leader all at once seems unthinkable," the Celtics William Felton Russell was said on Sunday. "But that is who born on Feb. 12, 1934, in Monroe,

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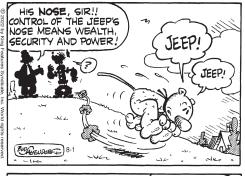




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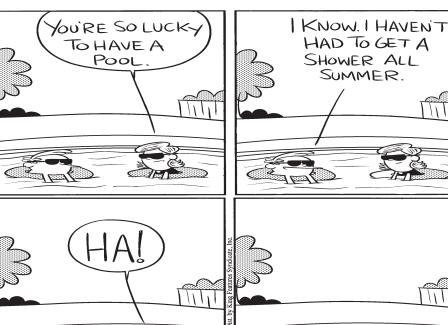




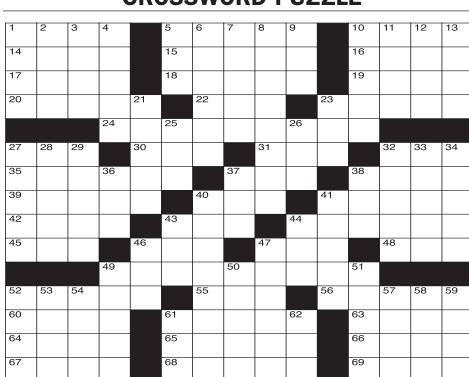




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CLUES ACROSS

- 1. Female parent 5. NY city
- 10. Israeli diplomat Abba
- 14. Surrounded by
- 15. Car part
- 16. Simple aquatic plant 17. Tough skin of fruit
- 18. Finnish lake 19. Composition
- 20. Very willing 22. One and only
- 23. Cluster cups
- 24. Famed Hollywood director 27. Score perfectly
- 30. Important lawyers
- 31. Undivided 32. Part of the foot
- 35. Spun by spiders 37. Married woman
- 38. Reagan's Secretary of State 39. Instruments
- 40. The A-Team drove one

- 41. Short-tailed marten 42. Oil organization
- 43. Predecessor to the EU 44. "Hotel California" rockers
- 45. Color at the end of the spectrum
- 46. Actress Ryan
- 47. Digital audiotape 48. Expression of creative skill
- 49. Scientific instrument 52. Dog-__: marked for later
- 55. Israeli city 56. Fencing sword
- 60. Turkish title 61. Wise individuals
- 63. Cold wind
- 64. Popular type of shoe 65. The territory occupied by a nation
- 66. Tattle
- 67. Chop up
- 68. Actress Zellweger
- 69. Romanian city

CLUES DOWN 1. Female of a horse

- 2. Bowfin
- 3. Chinese dynasty

8. Tired

- 4. Small venomous snake 5. Global news agency
- 6. Common fractions 7. American state
- 9. Boxing's GOAT 10. Made less severe
- 11. A group of countries in special alliance
- 12. God of fire (Hindu) 13. Northeast Indian ethnic group
- 21. Anchor ropes 23. They
- 25. Apprehend
- 26. Autonomic nervous system 27. A theatrical performer
- 28. 2-door car 29. Partner to flowed 32. Pair of small hand drums
- 33 Former Houston footballer

- 34. Discharge
- 36. Former women's branch of the military 37. Partner to cheese
- 38. Witch
- 40. Live in a dull way 41. Satisfies
- 43. Snakelike fish
- 44. Consume 46. Type of student
- 47. Erase
- 49. Instruct 50. Girl's given name
- 51. Spiritual leader of a Jewish
- congregation
- 52. Every one of two or more things 53. Indian city
- 54. Greek letters
- 57. Weapon 58. Geological times 59. Cycle in physics
- 61. Soviet Socialist Republic
- 62. Witness

3 \forall В Α ٦ В \exists Τ Α T S О Ο Я С ы ⅎ 3 Я В Α ٦ \exists 3 A S \mathbf{L} D Я Я \exists \perp \exists Μ \exists ٦ 3 \perp \forall \forall D 9 \exists Μ T Я T D \exists S \exists \exists \exists \exists ٦ Э Α Э Э \exists Ы О \exists ٦ В Α S Ν Α Λ S \forall В \cap Τ Э A Н Я Ν \exists Μ В О С 1 S В 3 О T \exists Ν 0 S \forall О \exists О \forall D Я \forall Μ О Н Ν O Я 3 \forall 3 Α 1 Э \exists Н Τ Я Ð Α \exists B 0 Ν S 1 Я Α Ν -1 D Ν 1 Я A 9 ٦ \forall ٦ Α D 3 О Μ \forall Ы 1

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ASTROGRAPH

Α Э

Aries, try to focus on simple pleasures this week. You don't have to travel to foreign lands or handle complicated hobbies to find happiness right TAURUS - Apr 21/May 21

ARIES - Mar 21/Apr 20

Ν Α В \exists

Taurus, seek opportunities to focus your mind,

which is bubbling with creativity lately. Dabble in artwork or jewelry making. Cake decorating also may appeal to you. GEMINI - May 22/Jun

Gemini, you may need to dig down deep and find

your motivation for a new project. A change of scenery could be the catalyst for change. Book a short venture to refresh. CANCER - Jun 22/Jul

Cancer, with a clear

mind and excellent communication skills, this week you can lead the meeting and get the results you desire. This is only one step on the path to suc-LEO - Jul 23/Aug 23

Leo, some type of force

is helping you continue

your path forward. It may

be pride; it may be a desire to move past your current situation. Whatever it is, keep up the momentum. VIRGO - Aug 24/Sept

Virgo, though it goes

against your nature, feel free to be lazy once in a while this week. Share your responsibilities with someone else and you will benefit from the rest. LIBRA - Sept 23/Oct

Libra, this week you are able to convey what is

going on inside your mind. Don't hold anything back, even if it makes you are hesitant to do so. SCORPIO - Oct 24/

Nov 22 Scorpio, people will be eager to hang on to your every word this week. Think carefully about what you have to say to further your

cause to the fullest. **SAGITTARIUS - Nov** 23/Dec 21 Sagittarius, if you find that your mind is muddled and communication is not

projects.

coming easily to you, take a break and enjoy some alone time. Engage in solo

express what you are feeling right now to a partner. Actions will speak louder than words AQUARIUS - Jan 21/ Feb 18

Ν Α Μ

Capricorn, words may

not be the best way to

Things could get intense for you this week, Aquarius.

A lot of information is headed your way. A roadblock is in your path, but don't let this trip you up. PISCES - Feb 19/Mar

Pisces, are you pre-

pared for the spotlight to be turned on you at work? Brush up on your skills and what you have to say to superiors. **FAMOUS BIRTHDAYS**

JULY 31 J.K. Rowling, Author (57) **AUGUST 1**

Jason Momoa, Actor (43)

Cai Xukun, Singer (24) **AUGUST 3** Karlie Kloss, Model (30)

AUGUST 2

AUGUST 4 Cole/Dylan Sprouse, Actors (30)

AUGUST 5 Yungblud, Singer (25) **AUGUST 6**

Leslie Odom, Jr., Actor

CAPRICORN - Dec 22/ Jan 20 (41)

Tuesday, August 2, 2022 4B

AUGUST 3, 2022

UESD/	AY EV	ENIN	G					AUGU	ST 2,	202
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Celebrity Wh		Judge Steve		Celebrity Far		Local	Jimmy Kimm		Nightline
CBS	FBI : "Charlott		FBI: Internat	ional	FBI: Most Wa		Local	(:35) Late Sh		Corden
NBC		ot Talent (TVPG)			Dancing with		Local	Tonight Shov		Late Night
FOX	Crime Scene		(:01) Fantasy		Local Progra				Local Progra	
ION	Chicago Fire	(TV14)	Chicago Fire	(TV14)	Chicago Fire	(TV14)	Chicago Fire	(TV14)	Chicago Fire	(TV14)
A&E	The First 48		The First 48		The First 48		The First 48		The First 48	
AMC			r★1⁄2 Molly Ring	wald.			r½ Michael Keato		Vacation ('83	
ANIMAL	Finding Bigfo	ot: Uncovered			Louisiana La		Louisiana La		Insane Pools	
BET	(5:00) Movie		Tyler Perry's		Celebrity Far		Celebrity Far		Tyler Perry's	
BRAV0	Below Deck		Below Deck			Below Deck		Snake in the		Below Dec
CARTOON	Hill	Hill	Burgers	Burgers	Dad	Dad	Dad	Rick Morty	Boondocks	Robot
CMT	Mom	Mom	Mom	Mom	Mom	Mom	Housewife	Housewife	Housewife	Housewife
CNN	Anderson Co		CNN Tonight		Don Lemon 1		Don Lemon 1		Anderson Co	oper 360°
COMEDY	The Office	The Office	The Office	The Office	The Office	The Office	Daily (N)	Seinfeld	Seinfeld	Seinfeld
DISCOVERY		tch : "The Crush			Naked and A		Naked and A		Deadliest Ca	
DISNEY	Jessie	Jessie	Jessie	Jessie	Big City	Big City	Unsittable	Sydney	Raven	Raven
E!	(6:00) Movie		Welcome	Welcome	Family	Family	Family	Nightly	Welcome	Welcome
ESPN			t : "Championship		ESPN Films		SportsCente		SportsCente	
ESPN2	To Be Annou		To Be Annou		To Be Annou		To Be Annou		DC & RC	Fighters
FOOD	Chopped (TV		Supermarke		Kitchen Cras		Chopped (TV		Supermarke	t Stakeout
FREEFORM	The Office	The Office	The Office	The Office	Motherland		The 700 Club		Simpsons	Simpsons
FX			4, PG-13) Chris P		Shadows	Shadows	Shadows		19, R) Jacob Tre	
HGTV	Good Bones		Good Bones		Hunters	Hunters	Hunters	Hunters	Good Bones	
HISTORY	Skinwalker (The Secret (Proof: Skinw		The Secret ((:03) Skinwa l	
LIFETIME	Castle : "Rise		Castle : "Villai		Castle : "Head		Castle : "Kick		Castle : "Rise	
MTV	Catfish: The	TV Show	Teen Mom: \		Catfish: The	TV Show	Catfish: The		Ridiculous	Ridiculous
NEWSNAT	NewsNation		Dan Abrams		Banfield		NewsNation		Dan Abrams	
NICK		<i>i</i> ie ('15) ★★★		Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT			★ Tom Berenge				('95, PG-13) ★:			
SYFY					°G-13) ★★½				ın: Winter's W	
TBS	Bang	Bang	Bang	Bang	Bang	Last O.G.	Last O.G.	Young	Young	Young
TCM			gton ('39, NR) ≯		(:15) Mr. Dee	ds Goes to To	wn ('36, NR) ★		oper.	Devil ('41)
TLC	Welcome to				yone's" (TV14) (N		Welcome to		Welcome to	Plathville
TNT			PG-13) Gal Gadot		Titans : "Deat			Woman (*17, PC		
TRAVEL	UFO Witness		UFO Witness	, ,	UFO Witness		UFO Witness		UFO Witness	
TV LAND	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Queens	Queens	Queens	Queens
USA	WWE NXT (Liv				Snake in the			/ 2: The Myste		
VH1	Wild N Out	Wild N Out	Black Ink Cr		Wild N Out	Wild N Out	Wild N Out	Wild N Out	Wild N Out	Wild N Out
HB0	(5:20) Dune (Edge of the I		(:05) The Ana		Westworld :		(:05) Blue Ba	
MAX	The Butterfly	y Effect ('04, R)	★★★½ Ash	ton Kutcher.	(:55) The But	terfly Effect 2	('06, R) ★1/2	(:29) Take Me	Home Tonigh	t ('11, R)
SHOW	(6:00) Lost A	rk ('81)	City on a Hill	(TVMA)	The Chi : "Bri	ng It On"	Flatbush	ALL ACCESS	History X ('9	8) ***
IURS	DAY E		NG					AUGU		202
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Press Your	Luck (N)	Generation	Gap (N)	To Be Annou	inced	Local	Jimmy Kimn	nel Live (N)	Nightline
CBS NBC	Young	Ghosts	Big Brother	(TV14) (N)	CSI: Vegas :	"Long Pig"	Local	(:35) Late Sh	ow (TV14)	Corden
NBC	(:05) NFI Pr	eseason Footh	all: "Hall of Fame	e": Jacksonville v	Las Vegas		Local	Tonight Shov	v (TV14)	Late Night

Λ.	EUNE	SUA 1	EVE	MING				1	AUGU	3 I J,	2022
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
Ę	ABC	CMA Fest (N)						Local	Jimmy Kimm		Nightline
š	CBS	Big Brother (The Challeng		S.W.A.T. (TV14		Local	(:35) Late Sho		Corden
BROADCAST	NBC	Chicago Med		Chicago Fire		Chicago P.D.		Local	Tonight Show		Late Night
쭕	FOX	MasterChef (You Can Dan		Local Progra				Local Progra	
	ION	Blue Bloods (,	Blue Bloods :	"Identity"	Blue Bloods (- /	Blue Bloods	,	Blue Bloods	()
ш	A&E	Court Cam	Court Cam	Court Cam	Court Cam	Neighbor	Road Wars	Court Cam	Court Cam	Court Cam	Court Cam
CABLE	AMC		89, PG) ★★★				nt Outdoors ('8			Groundhog D	
ပ	ANIMAL	River Monste	e rs (TVPG)	Chasing Ocea			ın Giants : "Pana			River Monste	
	BET	(5:00) Movie		Tyler Perry's		BET The Enco		Tyler Perry's		BET The Enco	
	BRAV0	Real Housewi		Real Housew			Housewives (Housewives (Housewives
	CARTOON	Hill	Hill	Burgers	Burgers	Dad	Dad	Dad	Rick Morty	Boondocks	Robot
	CMT	Man	Man	Mom	Mom	Mom	Mom	Mom	Mom	Golden	Golden
	CNN	Anderson Co		CNN Tonight		Don Lemon T		Don Lemon T		Anderson Co	
	COMEDY	Crank (N)	Crank (N)	S. Park	S. Park	S. Park	S. Park	Daily (N)	Beavis	S. Park	S. Park
	DISCOVERY	Expedition Ur		(, ,	Human: Rise of			Expedition U		Expedition U	
	DISNEY	BUNK'D	BUNK'D	Jessie	Jessie	Big City	Big City	Unsittable	Sydney	Raven	Raven
	E!	(5:00) Movie		Welcome	Welcome	Family	Family	Family	Nightly	Welcome	Welcome
	ESPN	ESPN Films S			ESPN Films S	ports stories.		SportsCente		SportsCente	r (Live)
	ESPN2		022 Leagues Cup: Los Angeles vs Guadalajara (Live)			2022 Leagues Cup: Los An					
	FOOD	Guy's Grocer		Guy's Grocer		Guy's Grocer		Guy's Grocer		Guy's Grocer	
	FREEFORM	The Office	The Office	The Office	The Office	grown-ish	Everything	The 700 Club		Simpsons	Simpsons
	FX				s, Billy Bob Thornt				Armageddon		
	HGTV	Bargain Block		Bargain Buys		Hunters	Hunters	Hunters	Hunters	Bargain Buys	
	HISTORY	Forged in Fire		Forged in Fir		Forged in Fire		Forged in Fir		Forged in Fir	
	LIFETIME		rst Sight : "Eve	rything" (TV14) (N	0	(:03) 5 Guys a		Married at F		Married at F	
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation		Dan Abrams		Banfield		NewsNation 1		Dan Abrams	
	NICK	SpongeBob	Patrick	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT			★★ Chris Farley			Back to the F		★★★★ Mic		
	SYFY			ana, Jennifer Coni					4, PG-13) ★★>		
	TBS	Bang	Bang	Bang	Bang	Bang	Frontal	Frontal	Young	Young	Young
	TCM			★★★ Sidney			of Blue ('65, NR				nt ('62) ★★★
	TLC	Dr. Pimple Po		Dr. Pimple P		My Feet Are I		Hoarding: Bu		Dr. Pimple P	opper
	TNT			★★★ Ben Affli					∕₂ Wesley Snipes,		
	TRAVEL	Osbournes (T		Osbournes (1		Osbournes (T		Osbournes (Osbournes (V14)
	TV LAND	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	Queens	Queens	Queens	Queens
	USA	SVU : "Next Ch	apter"	SVU (TV14)		Snake in the		SVU : "Crimina		(:01) SVU : "A	wakening"
	VH1	(6:00) Movie				Rush Hour ('9	98, PG-13) ★★	★ Jackie Chan,	Chris Tucker.		Rush Hour
5	НВО	Real Sports		21 and Over	('13, R) ★★ Mi	es Teller.	(:35) Industry	: "Daddv"	Westworld : "	Fidelity"	Violent
	MAX		82, R) ★★★		(:35) Rambo:	First Blood Pa			II ('88, R) ★★	Svivester Stallon	le,
_	SHOW		(R) ★★★★	Anthony Perkins.	(000)		3, NR) ★★★¹⁄		(,,	Marnie ('64, I	
		- 530110 (00)1	,	iong r orrellor		10 2 400 (00	.,,,				, , , , , , ,
FI	RIDAY	EVEN	IING						AUGU	ST 5.	2022
_		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
_											

WEDNESDAY EVENING

L		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
Ŀ		Press Your Lu		Generation Ga		To Be Announ		Local	Jimmy Kimme		Nightline
				Big Brother (1		CSI: Vegas : "I	Long Pig"	Local	(:35) Late Sho		Corden
18		(:05) NFL Pres						Local	Tonight Show		Late Night
		MasterChef (T		Welcome to		Local Progran				Local Progran	
	ION	Chicago P.D. (TV14)	Chicago P.D.	TV14)	Chicago P.D.	(TV14)	Chicago P.D. (TV14)	Chicago P.D.	TV14)
		The First 48 (T		Accused: Guilt		The First 48 (TV14)	The First 48 (1	V14)	The First 48 (TV14)
	AMC	Shooter ('07, F	(1) ★★★ Mark	Wahlberg, Micha	iel Peña.			Gladiator ('00,	R) ★★★★	Russell Crowe.	
2	ANIMAL	Gold Rush (TVP	PG)	Gold Rush (TVF	PG)	Gold Rush (TVI	PG)	Gold Rush (TVF	PG)	Gold Rush (TVF	PG)
	BET	(5:00) Movie		Movie						Tyler Perry's	The Oval
	BRAVO	Southern Cha		Southern Cha		Watch What	Harry Potter	and the Sorce	er's Stone ('0'		
	CARTOON	Hill	Hill	Burgers	Burgers	Dad			Rick Morty	Boondocks	Robot
		Movie						Movie			
	CNN	Anderson Coo	per 360°	CNN Tonight (N)	Don Lemon To	onight (N)	Don Lemon To	night (N)	Anderson Coo	per 360°
				The Office	The Office		The Office	Daily (N)	Hell of A		S. Park
		BattleBots : "C	CHAMPIONS: Let t	he" (TVPG) (N)			ts : "Return of th			BattleBots (TV	
	DISNEY	Big City	Big City	Jessie	Jessie			Unsittable	Sydney		Raven
		(5:00) Movie		Welcome	Welcome	Family					Welcome
		ESPN Films		ESPN Films		ESPN Films		SportsCenter		SportsCenter	
	ESPN2	(6:00) WNBA G	ame	Athletes Unlin	nited Lacrosse	Lacrosse. (Live)		NFL Live (Replay			ESPN Films
						Me or the Me		Beat Bobby		Beat Bobby	Beat Bobby
			The Office		The Office	Good Trouble		The 700 Club (Simpsons
		The Twilight S						The Twilight S			
Ш.		No Demo Reno		No Demo Ren		Hunters				No Demo Ren	o (TV G)
Ш.		Swamp People		Swamp People				e Skills Challer			
Ш.		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
		Jersey Shore		Buckhead Sho			ıtt-Head Do Ar				Ridiculous
		NewsNation		Dan Abrams I		Banfield		NewsNation T		Dan Abrams I	
		SpongeBob									Friends
		Back to the Fu						Back to the Fu			
		Resident Evil:					, R) Milla Jovovich		(:45) Resident		
				Bang	Bang						Frontal
		Strangers on					Another Day ((:45) Down Th		
		Dr. Pimple Po		Dr. Pimple Po			e : "Joyce's Story			Dr. Pimple Po	
				('16, PG-13) ★					(:32) Suicide S		
		Paranormal C				Fright Club (T		Fright Club (TV		Paranormal (
			Loves Ray.	Loves Ray.		Loves Ray.					Queens
	USA	SVU : "Forgiving	"00 PO 101		Austin (N)	Snake in the (Austin
		(6:00) Rush Ho				,	★ Jackie Chan.		Rush Hour 3 (, ,	
Σ	HB0	Westworld : "F		Ride Along (14			(:40) Industry		(:40) The Anar		Spectacula
		The Haunting i				('05, R) Bill Goldbe		Blood Father (Cymbeline
	SHOW	(6:40) Stillwate	er ('21, R) ★ 🖈	★ Matt Damon.		City on a Hill ((TVMA)	The Chi : "Bring	g It On"	Flatbush	VICE
S	ATURD	AY EV	/ENIN	IG				-	\UGU:	ST 6,	2022

		1:00	1:30	0:00	0:30	9:00	3:90	IU:UU	10:90	11:00	11:90
_		Shark Tank (T		(:01) 20/20	•			Local	Jimmy Kimme		Nightline
		Secret Celebr		Blue Bloods (1	TV14)	Blue Bloods (1	V14)	Local	(:35) Late Sho		Corden
8			ja Warrior (TVP)			Dateline NBC		Local	Tonight Show	(TV14)	Late Night
록.			light SmackDo			Local Progran	ns (TV14)				Local
	ION	Hawaii Five-0	(TV14)	Hawaii Five-0	(TV14)	Hawaii Five-0	(TV14)	Hawaii Five-0	(TV14)	Hawaii Five-0	(TV14)
4		The First 48 (IVE: "08.05.22"	(N)		The First 48 (Court Night L	
	AMG		★★★ ½ Rob							A Bronx Tale (
و د	ANIMAL	Treehouse Ma	asters: Ultimat	e Builds		Pit Bulls & Pa		Big Cat Tales		Treehouse Ma	asters
		Movie						Tyler Perry's		BET The Enco	
	BRAVO		otter Goblet F				of the Phoenix				Half-Blood
	CARTOON		Hill	Futurama			Dad			Busy Debra	Busy Debra
			Mom	Mom	Mom				Mom (TV14)		
		Anderson Coo		CNN Tonight (CNN Tonight (To Be Announ		Anderson Cod	
			The Office	The Office				Kevin Hart (TV		S. Park	S. Park
			reaking Through'	' (TV14) (N)		Outback Opal		Gold Rush : "A		Gold Rush : "E	
					Descendants		BUNK'D				Unsittable
		(5:00) Movie		Welcome		Family	Family				Welcome
	ESPN	(6:00) Fighters		Premier Lacr				SportsCenter		SportsCenter	(Live)
	ESPN2	(6:00) Athletes			Coverage of the C					NFL Live	
		Diners	Diners							Diners	Diners
		Family Guy		Family Guy		Family Guy		The 700 Club (Simpsons	Simpsons
			ection Year (†16					ge ('18, R) ★★			Purge Year
		My Lottery		My Lottery				My Lottery			My Lottery
		Ancient Aliens		Ancient Aliens				Ancient Aliens		Ancient Aliens	
		Castle : "Pando		Castle : "Linchp		(:03) Castle (T		Castle : "Dance		(:01) Castle : "	
			Ridiculous	Ridiculous	Ridiculous		Ridiculous			Ridiculous	Ridiculous
		NewsNation		Dan Abrams I		Banfield		NewsNation T		Dan Abrams I	
										Friends	Friends
			3, R) ★★★ Li						yan Reynolds, San		
		Warehouse 13	(TV14)	Warehouse 13	3 (TV14)	Warehouse 13	(TV14)	Warehouse 13		Warehouse 13	(TV14)
		(6:03) Movie				Movie				B/R Gaming	
			n ('49, NR) ★★			The Lady fron	n Shanghai (148	() ★★★ ½	(:45) Citizen Ka	ane ('41, NK) 🖈	***
			: "More to Love"				The Family Ch		90 Day	90 Day Fiancé	(TV14)
			1ip ('12, PG-13) :			All Elite Wrest			d ('10, PG) ★★		
	TRAVEL	Ghost Advent			ures : "Dead Live			Ghost Advent		Ghost Advent	
		Loves Ray.		Loves Ray.		Loves Ray.					Queens
			G-13) Adam Sand		(:31) Billy Mad				Blended (14, P		dler.
_			l I Get Married						Ealy, Jerry Ferra		
Ξ.			na ('15, R) ★★			Real Time Ma			(:35) Real Time		Rehearsal
YKE N			PG-13) ★★		(:45) Inside M					(:55) Hangmai	
	SHOW	City on a Hill (TVMA)	As They Made	e Hs ('99 R)		City on a Hill (TVMA)	(:40) American	History X ('Q	K K)

	ATURD	AY E	VENI	NG					AUGU	ST 6,	202
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
	ABC	Claim To Fam	ie	Claim To Fam		Claim To Fam		Local Progra		Local Prograi	ns (TV14)
	CBS	FBI (TV14)		NCIS: Los Ang	eles	48 Hours (TV1	4)	Local Progra			
I	NBC	The Wall: "Joi	rdan and"	Dateline NBC				Local	Saturday Nig	ht Live (TV14)	
-	FOX	(6:00) MLB Ba	a seball : "Reg"l C	overage" (Live)		Local Progra	ns (TV14)	Name That Tu	ine	Local Program	ns (TV14)
1	ION	SVU : "Lost Tra	aveler"	SVU: "Spiraling	" (TV14)	SVU : "Theatre	Tricks"	SVU : "Official S	Story"	SVU (TV14)	
1	A&E	The First 48 (TV14)	First Blood (T)	/14) (N)	Panic 9-1-1 (V14) (N)	The First 48 (TV14)	The First 48 (TV14)
	AMC		PG) ★★★ S			1		PG) ★★½ SV		1	Rocky V
1	ANIMAL	Dr. Jeff: Rock		Dr. Jeff: Rock		Dr. Jeff: Rock		Dr. Jeff: Rock		Dr. Jeff: Rock	
	BET	Movie	• • • •		0 (• • •)			Movie	y () ,		
ľ	BRAVO	(6:00) Harry I	Potter and the	Half-Blood Pri	nce ('09, PG) 🛪	***	Harry Potter	and the Death	lv Hallows: Pa	rt 1 ('10) **	★ ½
	CARTOON	Hill	Hill		Futurama	Dad	Dad	Dad	Rick Morty	Primal	Classroom
	CMT	(5:00) Movie	1	Movie						Movie	1
	CNN	CNN Newsroo	om (N)	Patagonia: Lif	ė	United Shade	S	Reframed : "	con"	Reframed : "F	lebel"
	COMEDY	Seinfeld	Seinfeld		Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	S. Park	S. Park
	DISCOVERY	Lone Star Lav		Lone Star Lav		Lone Star Lav		Lone Star Lav		Lone Star Lav	
	DISNEY	Big City	Big City		The Ghost	Big City	Big City	Big City	Miraculous		Miraculo
	E!		kers ('04. PG-13			2.5 0.0	Little Fockers				House ★
	ESPN		tht Night Prelin			UFC Fight Nig	ht : "Jamahal Hil				110000
	ESPN2		otball: Hamilton v				Edmonton Elks at				
	FOOD	Diners	Diners		Diners	Diners	Diners	Diners	Diners	Diners	Diners
	FREEFORM	The Office	The Office		The Office	The Office	The Office	The Office		ars Prada ('06)	
	FX		, PG-13) ★★★				THE OTHER	Atlanta	(:39) Atlanta		Atlanta
	HGTV	Love It or Lis		Steal This Hou		Love It or List	t It (TV G)	Love It or Lis		Steal This Ho	
	HISTORY	American Pic		American Pick			LIC (IV U)	(:05) America		American Pic	
	LIFETIME		Affair ('22, NR)	AITIOI IOUIT I IOI	toro . Hou mus		My House ('22		II I IUNUI O	A Dangerous	
	MTV		r ('09, R) **	1⁄2 Bradley Con	ner Ed Helms	(.00) Tiluoi III		4, R) ★★★ S	eth Rogen 7ac F		Longest
	NEWSNAT	NewsNation F		NewsNation P		NewsNation F		NewsNation F		NewsNation F	
	NICK	SpongeBob			Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT		4, R) Keanu Reev			hapter 2 (†17, R				ITIOIUS	John Wic
	SYFY	(5:00) Apollo 1				1. 2 (17, PG-13)			IIUII.	Resident Alier	
	TBS		rs: Endgame ('			Burgers	Burgers	Burgers	Burgers	San Andreas	
	TCM		ay ('53, NR) ★7			(:15) How to S					Love ('57
	TLG	Say Yes to th		Dr. Pimple Po		Dr. Pimple Po		Dr. Pimple Po		Say Yes to th	
	TNT	All Elite Wrest				Brie Larson, Samu		DI TIIIIpio I C		ed ('14, PG-13) 7	
	TRAVEL	Paranormal (Paranormal (Ghost Brothe		Ghost Brothe		Paranormal (
	TV LAND	Mom	Mom		Men	Men	Men	Men	Men	Men	Men
	USA		adison ('95, PG-			re ('96, PG-13) >			Chrislev	Chicago P.D.	
	VH1		Man (*12, PG-13)			Just Wright (onioago i .b.	Hitch ('05
×			,							în Dinad	inton (0
ŀ	HBO MAX		(G-13) ★★★ (Westworld : '			(:15) F9 (*21, P			O:-b
ŀ	MAX		set ('04, PG-13)			rnship ('13, PG-				(*88, R) Annabeth	
	SHOW	Tine Contracto	or (77) **/2	Jackass Fore	ver ("22, K)		1(:40) Jackass	Number Two	(U6, K)	City on a Hill	IVMA)

S	UNDAY	EVE	NING						<u> AUGU</u>	ST 7,	2022
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
<u> </u>	ABC	Celebrity Fan	nily Feud	The \$100,000	Pyramid	The Final Stra	aw (N)	Local Progran	ns (TV14)		(:35) Local
BROADCAST	CBS	Big Brother (TV14) (N)	The Equalizer	(TV14)	NCIS: Los Ang	geles	Local Programs (TV14)		Local Programs (TV14)	
₹.	NBC	Family Game	Fight! (N)	America's Go	t Talent : "Audit	ns End" (TVPG) Local Progra		ns (TV14)			
2	FOX	Simpsons	North	Burgers	Family Guy	Local Prograi	ms (TV14)				Local
-	ION	NCIS (TVPG)	•	NCIS: "Alleged"	" (TV14)	NCIS: "Shoote	p"	NCIS: "The Adr	niral"	NCIS: "Honor	Father"
ш	A&E	Biography: W	WE Legends : '	'Lex Luger" (N)		WWE Rivals (1	V14) (N)	WWE Smack	WWE's	Biography: "	ex Luger"
CABLE	AMC	(5:00) The Fug	titive ('93)	Talking Dead	(TV14) (N)	Gone in 60 Se	conds ('00, PG-	13) ★★★ Nic	olas Gage.		Southpaw
3	ANIMAL			Dicey" (TV14) (N)		(:01) Louisiana		(:01) Louisiana		Louisiana Lav	
	BET	Movie				,		Martin	Martin	Martin	Martin
ľ	BRAVO	Real Housewi	ves (N)	Married to M	edicine (N)	Watch What	Housewives (TV14)	Married to M	edicine	Karma
ľ	CARTOON	Burgers	Burgers	Futurama	Futurama	Dad	Dad	Rick Morty	Rick Morty	Birdgirl	Tuca
ľ	CMT		Movie					To Be Announ		Movie	
	CNN	To Be Announ	ced	Patagonia: Lif	ie (N)	United Shade	s (N)	To Be Announ	ced	Patagonia: Lit	ře .
Ì	COMEDY	The Office	The Office		The Office	The Office	The Office	The Office	The Office	S. Park	S. Park
Ì	DISCOVERY	Naked and Af	raid XL	Naked and Afi	raid	(:01) Naked ar	nd Afraid	(:01) Naked an	d Afraid	Naked and Af	raid XL
	DISNEY	Teen Beach	Jessie	Jessie	Jessie	Jessie	Jessie	Big City	Big City	Big City	Big City
	E!	Little Fockers	('10, PG-13) ★	★ Robert De Nir	0.	Mathis (N)	Celebrity	Celebrity Gan		Family	Family
Ì	ESPN	(6:00) MLB Ba	seball: San Dieg	go vs Los Angeles		SportsCenter		SportsCenter	Sports news. (Liv	re)	Sports
ľ	ESPN2	(6:00) Amateu			eball : "Intermed		,	World X Game		E60 : "The Great	
	FOOD	Guy's Grocer	y Games	Alex vs Ameri		Alex vs Ameri	ica (TV G)	Supermarket	Stakeout	Alex vs Amer	ica (TV G)
	FREEFORM	(:05) Spy ('15, R) ★★★½ N					sters ('16, PG-13	3) ★★ Melissa	McCarthy.		
	FX			★ Robert Downe			Iron Man 2 (1	0, PG-13) ★★	★ Robert Downe	y Jr.	
	HGTV	Ugliest (N)	Ugliest	Renovation Is	land (N)	Hunt (N)	Mexico	Renovation Is	land (N)	Renovation Is	land
	HISTORY	Colosseum (T	/14)	Colosseum (T	V14) (N)	Ancients	Ancients	(:03) Colosseu	m (TV14)	(:03) Colossei	ım (TV14)
	LIFETIME	The Art of Pa	ssion ('22, NR)			(:03) A Dange	rous Affair (†22	, NR)		The Art of Pa	ssion ('22)
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation F	rime	NewsNation P	rime	NewsNation F	rime	NewsNation P	rime	NewsNation F	rime
	NICK	Sponge Out o	f Water (†15) 🖈	★½ Tom Kenr	1y.	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT	(6:00) John W	ick: Chapter 3	- Parabellum	(*19)	John Wick: Cl	napter 3 - Para	abellum (†19, R)	★★★½ Kea	inu Reeves.	
	SYFY	Guardians Vo	I. 2 (17)			3) ★★★ Wil S	Smith, Bill Pullman				
	TBS	Bang	Bang		Bang	Love Life		se Bunny (†08, F		3.	Blonde
	TCM		('49, NR) ★★:			An American	in Paris ('51, NF	R) ★★★ Gene	Kelly.	Take Me Out	('49) ★★1/2
	TLC	90 Day Fiancé	e: "Episode 17" (1			I Love a Mam		(:04) 90 Day F		90 Day Fiance	
	TNT	Captain Marv		Animal Kingdo		Animal Kingdo		Zombieland ('l	09, R) ★★★!		
	TRAVEL	Alaskan Killer		Alaskan Killer		Alaskan Killer		Monsters Cau	ıght .	Alaskan Killer	Bigfoot
	TV LAND	Mom	Mom	Men	Men	Men	Men		Men	Men	Men
	USA	SVU (TV14)	•	SVU: "Brief Int		SVU: "Negotiat	ion"	SVU : "Surrende		SVU : "America	
	VH1	Love & Hip H	op (TV14)	Love & Hip H	op (TV14)	Love & Hip H	op (TV14)	Love & Hip Ho	op (TV14)	Love & Hip H	op (TV14)
=	HB0	Belfast ('22) J	lude Hill.	Westworld (T	/MA) (N)	The Anarchis	ts (N)	Oliver (N)	Westworld : "	Metanoia"	Anarchists
H	MAX		('20, PG-13) ★	★1/2	(:38) Real Ste		r★★ Hugh Jac		(:45) The Acci	dental Spy ('01) ★★½
2	SHOW	VICE (N)	VICE	The Chi : "Ange		City on a Hill		Flatbush	The Chi : "Ange		City Hill

M	ONDA	Y EVE	NING						AUGU	ST 8,	2022
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
_	ABC	The Bachelor	ette (TVPG) (N)		0.00	(:01) Claim To	Fame (N)	Local	Jimmy Kimm	el Live	Nightline
AS.	CBS	Neighbor.	Bob Hearts	NCIS : "False St	art"	NCIS: Hawai'i	(TV14)	Local	(:35) Late Sho		Corden
BROADCAST	NBC	American Nin	ja Warrior : "Se	emifinals 4" (N)		Weakest Link	(TVPG)	Local	Tonight Show	(TV14)	Late Night
2	FOX	Don't Forget		Beat Shazam	(N)	Local Progran	ns (TV14)			Local Prograi	
∞ .	ION	MacGyver : "\		Leverage: Rec	lemption	Leverage: Rec		Leverage: Re	demption	Leverage (TVP	
ш	A&E	Hoarders : "P				Digital Addicti		Digital Addict		(:03) Hoarder	
CABLE	AMC	(4:30) Armage		Better Call Sa		0	Better Call Sa		Better Call Sa		Fury Road
3	ANIMAL	Homestead R		Zoltan. The W		Homestead R	escue	Homestead R		Zoltan, The W	
	BET	(5:00) Movie		Movie						Martin	Martin
	BRAVO	Below Deck (TV14) (N)	Watch What	Below Deck :	"Fishy"	Below Deck (TV14)	Southern Cha	ırm	Sthn Charm
	CARTOON	Hill	Hill	Burgers	Burgers	Rick Morty	Dad	Dad	Dad	Boondocks	Robot
	CMT	Man	Man	Mike	Mike	Mike	Mike	Mike	Mike	Man	Man
	CNN	Anderson Cod	per 360°	CNN Tonight (N)	Don Lemon To	night (N)	Don Lemon T	onight (N)	Anderson Cod	per 360°
	COMEDY	(:20) The Office		The Office	The Office	The Office	The Office	Daily	The Office	Seinfeld	Seinfeld
	DISCOVERY	Street Outlay	vs: End Game :	"The JJ Da Boss	Rebuild" (TV14) ((N)		Street Outlay	vs (TV14)	Street Outlay	/S (TV14)
	DISNEY	The Incredible	es ('04, PG) 🖈	★★ ½ Craig T. 1	Nelson.	Big City	Big City	Miraculous	Miraculous	Jessie	Jessie
	E!	To Be Announ	nced	Welcome	Welcome	Family	Family	Family	Nightly	Sex & City	Sex & City
	ESPN	(6:00) Little Le	eague	Little League	(Live)			SportsCenter	(Live)	SportsCenter	(Live)
	ESPN2	Death Divi	2021 World	TINYMeeker	2022 World	Spikeball	AUDL	eSkootr	eSports	ESPN Films	`
	FOOD	Beat Bobby	Beat Bobby	BBQ USA (TV G) (N)	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	BBQ USA (TV (3)
	FREEFORM	Ghostbusters	('16, PG-13) *	★ Melissa McCar	thy, Kristen Wiig.			The 700 Club	(TV G)	Simpsons	Simpsons
	FX	(6:00) Ice Age	('16, PG)	Ice Age: Collis	ion Course (16	6, PG) Denis Leary	<i> </i> .	Abominable (19, PG) ★★★	Chloe Bennet.	
	HGTV	Inside Out (TV	'G) (N)	(:01) Flip to a l	Million (N)	Love It or List	It (TV G)	Inside Out (TV	G) (N)	Flip to a Millio	n (TV G)
	HISTORY	Ancient Aliens	s (TVPG)	Ancient Aliens	(TVPG)	Ancient Aliens	(TVPG)	Ancient Aliens	s (TVPG)	Ancient Aliens	S (TVPG)
	LIFETIME	The First 48 (TVPG) (N)	#TextMeWhei	nYou (N)	Phrogging Hic	ler (N)	(:03) #TextMo	e (TV14)	The First 48 (TVPG)
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NEWSNAT	NewsNation		Dan Abrams I	ive	Banfield		NewsNation 1	onight	Dan Abrams	Live
	NICK	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	PARMT	Movie						Movie			
	SYFY	(6:00) Movie		Movie				Movie			
	TBS	Bang	Bang		Bang	Bang	Bang	Dad	Dad	Burgers	Burgers
	TCM	Tarzan the Ap	ne Man ('32, NR	* *		Tarzan and Hi		₹) ★★1/2		The Big Clock	('48) ★★★
	TLC	The Family Ch	nantel (N)	sMothered (T	/14) (N)	Seeking Sister	r Wife (N)	I Love a Mam	a's Boy	The Family Ch	nantel
	TNT	The Meg ('18,	PG-13) ★★½	Jason Statham, L	i Bingbing,		Kong: Skull Is	land ('17, PG-13) ★★★ Tom l	Hiddleston.	
	TRAVEL	Mysteries of	the Unknown (TVPG) (N)		Mysteries of	the Unknown :	"City of Gold"		Mysteries (TV	PG)
	TV LAND		Loves Ray.		Loves Ray.	Loves Ray.	Loves Ray.	Queens	Queens	Queens	Queens
	USA	WWE Monday	Night Raw (Live	9)				Snake in the	Grass (N)	Chicago P.D.	(TV14)
	VH1	Basketball Wi	ves	VH1 Couples F	Retreat	VH1 Couples F	Retreat	Basketball Wi	ves	VH1 Couples I	Retreat
Σ	HB0	Suicide Squad		Industry (TVM/	l) (N)	Westworld: "	Metanoia"	Industry (TVM	A)	Ex Machina (†	15) ★★★½
	MAX	The Benchwa	rmers ('06, PG-	13) ★★	(:27) The Anim	nal ('01, PG-13) 7			, Way Back (13		New Town
	SHOW	The Chi : "Ang	els"	City on a Hill (TVMA)	Animal Kingdo	om ('10, R) ★ 🛪	★ Ben Mendel	sohn.	City on a Hill	(TVMA)

똁	MAX	Half Brothers			(:38) Real Stee				(:45) The Accid		
Ľ	SHOW	VICE (N)	VICE	The Chi : "Ange	ls" (N)	City on a Hill (1	()	Flatbush	The Chi : "Ange	s"	City Hill
T	UESDA	Y EVI	ENING	À					LUGU	ST 9,	2022
		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
12	ABC	Celebrity Whe		Generation Ga		Celebrity Fam			Jimmy Kimme		Nightline
S	CBS	FBI : "Fire and F	Rain"	FBI: Internation	onal	FBI: Most War	nted	Local	(:35) Late Sho	w (TV14)	Corden
BROADCAST	NBC		t Talent : "Qualif			Password (TVP		Local	Tonight Show		Late Night
몵	FOX	SYTYCD (TVPG)		Fantasy Island		Local Progran				Local Progran	ns (TV14)
匚	ION	Chicago Fire (TV14)	Chicago Fire (TV14)	Chicago Fire (TV14)	Chicago Fire (TV14)	Chicago Fire (TV14)
щ	A&E	The First 48 (The First 48 (The First 48 (1	V14)	The First 48 (1		The First 48 (
CABLE	AMC	American Gan	gster ('07, R) 7	★★★ ½ Denze	el Washington, Ru	ssell Crowe.			Law Abiding C		
٥	ANIMAL	Finding Bigfoo				Louisiana Law		Louisiana Law		Insane Pools	
	BET	(5:00) Movie		Tyler Perry's	The Oval	Celebrity Fam		Celebrity Fam	ily Feud	Tyler Perry's	
	BRAVO	Below Deck		Below Deck		Watch What			Below Deck (T		Below
	CARTOON		Hill		Burgers						Robot
	CMT		Mom		Mom						Reba
	CNN	Anderson Coo		CNN Tonight (Don Lemon To		Don Lemon To		Anderson Coo	
	COMEDY										Seinfeld
	DISCOVERY	Deadliest Cat		Deadliest Cat		Naked and Afr		Naked and Afr		Deadliest Cat	
	DISNEY		★★★ Kelly I	Macdonald.	Chibiverse	Big City					Jessie
	E!	(6:00) Movie		Celebrity Gan		Mathis	Celebrity Gam	e Face			Sex & City
	ESPN	(6:00) Little Le		Little League				SportsCenter		SportsCenter	
	ESPN2			"All-Star Skills" (1		30 for 30 : "Th		0 1 0			Flashback
	FOOD	Chopped (TV G		Supermarket		Big Bad Budge		Guy's Grocery		Supermarket	
	FREEFORM					Motherland (T		The 700 Club (Simpsons
	FX			Chris Hemswor					Zombieland: D		
	HGTV	Good Bones (Good Bones (Good Bones (
	HISTORY	Skinwalker (T		The Secret (T)	PG)	Proof: Skinwa		The Secret (TV		(:03) Skinwalk	
	LIFETIME	Castle : "After		Castle (TVPG)		Castle : "Secret		Castle : "Murde		Castle : "After	
	MTV	Catfish: The T		Teen Mom: Yo		Catfish: The T		Catfish: The T			Ridiculous
	NEWSNAT	NewsNation		Dan Abrams I		Banfield		NewsNation T		Dan Abrams L	
	NICK		SpongeBob	Friends	Friends		Friends	Friends	Friends		Friends
	PARMT	Movie		Marida		Movie		Marida		Movie	
	SYFY	(6:00) Movie	D	Movie	Bang	Daniel		Movie	V	V	V
	TBS										Young
	TCM			k★★★ Williar			, NR) Joan Caulfi		(:45) Network		
	TLC TNT			ountdown To" (N) ★½ Jason Sta		My Fat Fab Lif Titans : "Conne		Seeking Sister (:53) Pulp Ficti		My Fat Fab Lit	
				UFO Witness		UFO Witness (UFO Witness (UFO Witness	
	TRAVEL	UFO Witness									
	TV LAND			Loves Ray.				Queens (:08) Parker (*			Queens
	USA VH1	WWE NXT (Live) Wild N Out		Wild N Out		Snake in the G Wild N Out					Wild N Out
PREM	HB0			B) ★½ Henry G		Hard Knocks		The Anarchist		Westworld	Industry
E	MAX		('09, R) Donald Fa		(:25) Borat ('0						One ('01)
	SHOW	The Contracto	o r ('22, R) Chris	Pine.	City on a Hill (IVMA)	(:45) The Chi :	"Angels"	Flatbush	Jackass Fore	ver ("22)



Middle Tennessee State University's Aerospace Department welcomed more than 100 alumni and supporters for a barbecue reception outside the university's tent Wednesday, July 27, at EAA AirVenture in Oshkosh, Wis.

MODIE Aerospace BLI

MTSU Aerospace talks growth at EAA AirVenture

and supporters at EAA

The participants came

to learn more about the

program's plans to build

a new \$62-million flight

modate its growth.

training campus to accom-

AirVenture in Wisconsin.

Middle Tennessee State University's Aerospace Department welcomed more than 100 alumni

MTSU President Sidney A. McPhee addresses a host of alumni and supporters Wednesday, July 27, during a barbecue reception at MTSU's large tent at the 2022 EAA AirVenture in Oshkosh, Wis.

MTSU Photos by Andrew Oppmann

this year, Tennessee Gov.
Bill Lee and the Tennessee
General Assembly
approved the allocation of
\$62 million to MTSU for
a state-of-the-art facility
to accommodate theAerospace program's current
and expected growth.
Talks have been to move a
new facility to Shelbyville
behind Shelbyville
Municipal Airport off
Highway 231 North.

President Sidney A.
McPhee, along with
Provost Mark Byrnes,
College of Basic and
Applied Sciences
Dean Greg Van Patten
and Aerospace Chair
Chaminda Prelis, also
Wednesday met with a
delegation from Diamond
Aircraft Industries, manufacturer of the 30-plus
DA-40 single-engine training aircraft in MTSU's
training fleet.

The university recently purchased 10 more aircraft from Diamond. EAA, based in Oshkosh, Wis., is the world's largest gathering of aviation enthusiasts. The massive, annual, week-

long event attracts more that 10,000 aircraft and drew more than 600,000

visitors last year.

McPhee and the university delegation reconnected with alumni Wednesday,
July 27,during a barbeque reception at MTSU's large tent behind the EAA
Control Tower that also features one of Aerospace's DA-40 Diamond training

aircraft.

"I want you to know that we'll continue to make you proud," McPhee told the crowd, which included longtime aerospace supporter and alumnus Donald

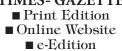
McDonald.

He added, "And I want you to carry the True Blue flag and always remain True Blue for your university, MTSU."

Watch a brief video recap from the event at https://youtu.be/gZzlfY-Qs4nM.



TIMES- GAZETTE





MTSU President Sidney A. McPhee, right, chats with alumnus and longtime Aerospace Department support Donald McDonald on Wednesday, July 27, during a barbecue reception outside MTSU's large tent at the 2022 EAA AirVenture in Ochkoch, Wie



A group of MTSU Aerospace alumni and supporters show their True Blue pride as they enjoy a recent barbecue reception hosted by the university Wednesday, July 27, at its large tent at the 2022 EAA AirVenture in Oshkosh, Wis.

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positions. Operators Carpenters Labors \$20 to \$30 Smith Contractors 502-680-1678

for Heavy Construction

Landscaper Needed for Let Vinnie Do It. Tasks Include Lawn Mowing, Weed Eating, Mulch Installation, Etc. \$14-18/hr Starting, Plus Bonus. Contact 615-663-5932.

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Fax resume or letter of interest to: 931-684-0330fx or contact 931-684-5666 to start application process

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WANT TO BUY JUNK CARS 931-684-3814

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HANDYMAN Pressure Washing Carpentry, Painting, Plumbing, & Electric 931-580-6714 **GM Paving and**

Sealcoating Driveways & Parking Lots Patching & Sealcoating Free Estimates

Spring Savings Deal with Owner and Save! Licensed & Insured 615-876-6004

Public Notice

IN THE CIRCUIT **COURT FOR** BEDFORD COUNTY, **TENNESSEE** CASE NO: CV-14003

styled as **KELLIE LYNN FARRIS** Plaintiff.

STEVEN WAYNE FAR-Defendant.

TO: <u>STEVEN WAYNE</u> <u>FARRIS</u>

It appears that service

of process cannot be

had on you in Bedford

County, Tennessee, or

that you are now a nonresident of Tennessee Therefore, under the authority contained in Sections 21-1-203 through 21-1-205 of the Tennessee Code Annotated, it has been OR-DERED by the Court that, unless you appear before the undersigned Circuit Court Clerk and defend this action and serve a copy of your Answer upon Plaintiff's attorney, S. Todd Bobo, Bobo, Hunt & White, 111 N. Spring Street, 202, P.O. Box Shelbyville, Tennessee 37162. within 30 days after August 2022, a Default Judgment may be taken against you for the relief demanded in the Complaint.

This 1 day of August, 2022 M. WYATT BURK

COURT CIRCUIT JUDGE (Aug. 2, 9, 16, 23)

NOTICE OF TRUSTEE'S SALE WHEREAS, default has

occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated May 15, 2017, and the Deed of Trust of even date securing the same, recorded May 17, 2017, in Book No. TD880, at Page 319, in Office of the Register of Deeds for Bedford County, Tennessee, executed by David Andre Addison, concertain property veying therein described to Greg Smither as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee IBERIABANK d/b/a **IBERIABANK** Mortgage, its successors and assigns; and the undersigned, Wilson & Asso-P.L.L.C., having been appointed Successor

Trustee by Freedom Mortgage Corporation. NOW, THEREFORE, notice is hereby given that entire indebtedness been declared due has and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by Freedom Mortgage Corporation, will, on September 12, 2022 on or about 11:00 AM, at the Bedford County Courthouse, 1 Public Square, Shelbyville, TN 37160, Shelbyville, Tennessee, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which waived in are expressly the Deed of Trust, said property being real estate Bedford situated in

PUBLIC NOTICE County, Tennessee, and being more particularly described as follows: LAND lying in Bedford County, Tennessee and being more particularly described as follows, to wit: physical. BEING all of Lot No. 1, as shown on the Plat of Garden View Subdivision, of the position. record in Plat Cabinet "B", Envelope 284, Register's Office of Bedford County, 21 years old.

Tennessee, to which refer-

ence is here made for a

more complete descrip-

TN 37160

fixture filing; and to any matter that an accurate survey of the premises the following parties may claim an interest in the above- referenced proper-DAVID ANDRE ADDISON

ALSO KNOWN AS: 105

Garden Drive, Shelbyville,

This sale is subject to all

unpaid taxes; any restric-

covenants,

SHELBYVILLE HOSPITAL CORPORATION DBA TENNOVA HEALTHCARE - SHELBYVILLE The sale held pursuant to

this Notice may be rescinded at the Successor time. The right is reserved to adjourn the day of the sale to another day, time, race, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed and that notices of said postponement for inclement weather will be mailed to interested parties of record. W&A No. 343873

DATED July 21, 2022 WILSON & ASSOCIATES. P.L.L.C..

Successor Trustee (July 26, August 2 & 9,

2022)

PUBLIC NOTICE The City of Shelbyville is accepting applications for sition with an hourly rate of the full-time position of \$17.00. The City provides Solid Waste Laborer for a comprehensive benefits the Public Works Department. The employee performs a variety of manual labor tasks of an unskilled or semi-skilled nature. Duties include collection and hours or download from disposal of refuse, and a the variety of manual labor www.shelbyvilletn.org. Aptasks in the area of sanita- plications and job description. Employee is under the immediate supervision City Hall of the Public Works Director or his assignee. Mini- Street or emailed to stamum age to apply is 18 years old and must possess and maintain a valid Tennessee driver's license. Work schedule is an equal opportunity em-MON. - THURS. 6am -

with an hourly rate of \$13.99 per hour plus

Applications and a copy of the job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbyvil-Application/job letn.org. description must be returned to City Hall Administration Office, 201 N. Spring Street, submitted on-line or emailed to sta-

cey.claxton@shelbyvilletn.org and will be accepted until position is filled. The City of Shelbyville is an equal opportunity em-

ployer and a drug free p.m., workplace. Successful Applicants will be required to pass background check, physical and drug screen. Stacey Claxton Human Resources Gener-

alist (Aug. 2, 6 & 9, 2022)

The City of Shelbyville will be accepting Applications for a Shelbyville Police Of-Successful Applicants will be required to pass a background check. psychological, and drug/alcohol test prior to final consideration for Applicants must be minimum age of

This is a full-time position

with a pay range for Certi-

fied Officers of \$45,230 up

to \$53,551, with 5 years of relevant law enforcement experience. Non-certified starts at \$44,160. The City currently provides

matters shown on any ap- the following for full-time plicable recorded plat; any employees: 100% City paid individual

ease- medical, dental & vision in-

ments, or setback lines benefits. surance that may be applicable; term disability, life insuany statutory rights of re- rance, various paid leaves demption of any govern- such as vacation, personmental agency, state or al, sick, bereavement and federal; any prior liens or holidays as well as City encumbrances as well as contributions to the 401k. any priority created by a Applications and complete job description may be picked up at City Hall during normal business hours might disclose. In addition, or download from the City www.shelbvvilwebsite: letn.org. Applications must be returned to City Hall Administration office, 201 N. Spring Street Shelbyville, TN 37160 or emailed

The City of Shelbyville is a Drug Free Workplace and Trustee's option at any an Equal Opportunity Employer and does not discriminate with regard to color, sex, age, disability or national origin.

to stacey.claxton@shelby-

villetn.org and will be ac-

cepted until position is

filled.

Stacey Claxton Human Resources Generalist (Aug. 2, 6, 9 & 13, 2022)

PUBLIC NOTICE The Shelbyville Municipal Airport is seeking applicants for the position of full-time Maintenance Laborer. The employee is responsible for a variety of manual labor tasks in the area of the Airport. Minimal qualifications include the following: 18 years of age or older, with High School Diploma or GED Equivalent preferred. Possess and maintain a valid

This is a full time-time po-

TN Driver's License.

Applications and a complete iob description may be picked up at City Hall during normal business City tions must be returned to Office, 201 North Spring cey.claxton@shelbyvilletn.org and will be accepted until position is filled.

The City of Shelbyville is ployer and a drug free workplace. Successful ap-This is a full-time position plicants will be required to pass a background check, physical, and drug screen.

Stacey Claxton, Human Resources Generalist (July 30 & August 2 & 6, 2022)

Request for Proposals Bid No. 23-9 Custodial and Paper Products Bid No. 23-10 Vehicle Maintenance Bid packages are available

on the Bedford County bedfordcounwebsite. tytn.gov, or at the Bedford County Department of Finance, 200 Dover Street, Suite 102. Sealed bids will received until 2:00 Monday, August 22,

SUBSTITUTE TRUS-

Sale at public auction will be on September 9, 2022

on or about 11:00AM local time, at the South door of the Bedford County Courthouse, Shelbyville, Tennessee, conducted by the Substitute Trustee as identified and set forth herein below, pursuant to Deed of Trust executed by RUBY P. EWING, to Nashville Title Insurance Corp., Trustee, on February 15, 2006, at Record Book TD613. Page 549-563 as Instrument No. 06001712 in the real property records of

Bedford County Register's

Owner of Debt: U.S. Bank

Office, Tennessee.

trustee, on behalf of the holders of the Terwin Mortgage Trust 2006-7 Asset-Backed Securities, Series 2006-7 The following real estate

National Association,

located in Bedford County, Tennessee, will be sold to the highest call bidder subiect to all unpaid taxes. prior liens and encumbrances of record: Being Lot No. 43 on the

plan of Shoma Park Subdivision. Section 3. of record in Deed Book 113, Page 227, Register's Office for Bedford County, Tennessee, and being described according to a survey of Hal R. Shawn, Jr., Registered Land Surveyor, dated July 11,1972, as follows: Beginning at a point in the easterly margin of Shoma Drive, said being the common corner of Lot 46 and Lot 43: thence with the line between said lots easterly 142.7 feet to a thence southerly 72.0 feet to a point; being the common corner of Lot 41 and Lot 43, thence with the line between said lots westerly 142.6 feet to a point in the easterly mar-Shoma Drive, gin of thence with the margin of said Drive northerly 80.0 feet to the point of begin-

ning. Being the same property conveyed to Ruby P. Ewing, a single person, by deed from Anthony W. Ashby and wife, Mildred Ashby, on July 12, 1977, record in Book 137, Page 460, Register's Office for Bedford County, Tennessee ID:

078L 00800 000 Current Owner(s) of Property: RUBY P. EWING The street address of the is believed to be 606 Shonot part of the legal desold herein and in the event of any discrepancy, the legal description referenced herein shall control. SALE IS SUBJECT TO OCCUPANT(S) **RIGHTS**

IN POSSESSION. THE RIGHT IS SERVED TO **ADJOURN** THE DAY OF THE SALE TO ANOTHER DAY, TIME AND PLACE CFRTAIN WITHOUT **FURTHER** PUBLICATION, **UPON** ANNOUNCEMENT TIME AND PLACE THE SALE SET FOR THE FORTH ABOVE. THE TERMS OF SALE ARE CASH. ANY TAXES OR FEES WILL BE THE RE-SPONSIBILITY OF THE IF THE PURCHASER. SALE IS SET ASIDE FOR ANY REASON, THE PUR-CHASER AT THE SALE SHALL BE ENTITLED ONLY TO A RETURN OF THE PURCHASE PRICE. THE **PURCHASER** SHALL HAVE NO FUR-RECOURSE THER **AGAINST** THE GRAN-TOR, THE GRANTEE, OR

INTERESTED OTHER PARTIES: WELLS FAR-GO BANK AND SPECIAL-IZED LOAN SERVICING -JUNIOR LIEN AND OW-NIT MORTGAGE SOLU-TIONS, INC., A CALIFOR-NIA CORPORATION

THE TRUSTEE.

FOR THAT PURPOSE. of

Trustee. If the U.S. Department of

Labor or Workforce Devel-

opment are listed as Inter-

Treasury/IRS, the State of Tennessee Department of Revenue, or the State of Tennessee Department of

will be subject to the appligagee or the Mortgagee's cable governmental attorney entities' right to redeem MWZM the property as required by 26 U.S.C. 7425 and T.C.A. §67-1-1433.This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of

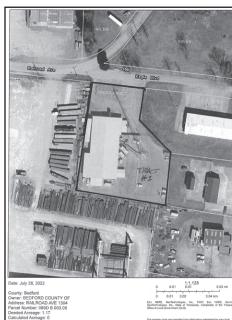
ested Parties in the adver-

tisement, then the Notice

of this foreclosure is being

given to them and the Sale

22-000132-850-1 Wolf Zientz Mackie P.C., Mann, Substitute Trustee(s) Cool Springs Commons, Suite 273 7100 Commerce Way Brentwood, TN 37027 TN INVESTORS PAGE HTTP://MWZMLAW.COM/ TN_INVESTORS.PHP (Aug. 2, 9 & 16, 2022)



REQUEST FOR PROPOSAL RFP 23-11

Bedford County, Tennessee, does hereby seek Request for Proposal for the purchase of the real estate located at:

The real property commonly known as the Emergency Management Agenabove described property cy Facility located at 1304 Railroad Avenue, Shelbyma Dr, Shellbyville, TN ville, Bedford County, Ten-37160, but such address is nessee, being Map 089D, Group B, Parcel 003.05, scription of the property consisting of the building and improvements located thereon and the parking lot, being approximately 1.17 acres, more or less. An aerial map denoting the boundary lines is attached hereto as Exhibit "A", with said Tract being labeled as "1." See also Deed Book 133, page 329, and Book D275 page 720. Register's Office of Bedford County, Tennessee. Possession shall be granted 180 days from date of closing. Bedford County shall have the option to negotiate a lease of said

premises for an additional

180 days. The property

will be conveyed "AS IS." Sealed Proposals will be received by the Bedford County Department of Finance, 200 Dover Street. Suite 102. Shelbyville, Tennessee 37160, not later than August 22, 2022, at 2:00 p.m., CDT, which Proposals will be opened publicly at that time. Any Proposals received after the scheduled closing time for receipt of Proposals will be returned unopened. Bedford County reserves the right to reject any and all Proposals.

Prospective bidders may the Bedford County Department of Finance, (931) 685-2024, to obtain a bid packet, or it is available on the Bedford County website, www.bedfordcountytn.gov. Additional information may be obtained from the Bedford County Department of Finance or John T. Bobo at Bobo, Hunt & White, 111 N. Spring Street, Suite 202, P. O. Box 169, Shelbyville, Tennessee 37162, (931) 684-4611. (Aug. 2 & 6, 2022)

BARGAINS

22 Inch Self-Propelled Good Lawnmower, \$55 931-639-2286

2 Concrete Spotted Horses, Black and White \$250.00 Both 931-580-2383

50 Inch Panasonic Flat Screen TV, \$125.00 DVD Player, \$20.00 w/ Remote TV Stand. \$50.00 Holds 55 Inch TV

6.5 qt InstantPot slow cooker/pressure cooker 931-639-0418 Ashley Table with Leaves

931-607-7098

Seats 6, 2 Captain Chairs **Bedroom Suite** Dresser, Chest of Drawers with 6 Drawers. Beveled Mirror, Walnut, Legs can be Removed Queen Sized Bedframe Footboard & Headboard Solid Wood

> Reasonable Price Engine Hoist, \$200 931-639-4246

End Table, Maple

931-808-4031

For Sale: 16 qt Presto pressure cooker and canner. Like new. In original box with manual. 24 pint canning jars. All for \$50.931-684-2105

Charges 3x Faster New, Still in Box \$100, 931-607-1750

For Sale - Lectron Level 2

Adapter For Electric Cars

Free Queen Mattress Top 931-224-5320 Full Size Poster Bed, \$100 Heavy Wood

Queen Size Bed, \$300 Heavy Wood, Like New 931-703-5734 Hewlett Packard Windows 7 Computer

With Power Cord & New

Battery & Case

Good Condition, \$100

china 931-639-0418

Call 931-981-8688 Large set of rose pattern

Love Seat Always Covered Barely Used Floral, Gray & Blue Day Bed & Mattress Almost Brand New **Great Condition** Wooden with Heart Design **Dining Room Set** Table & China Cabinet **Lighted Corner Curio**

> 931-703-2832 Rain Barrel Highest Offer 931-639-2097

Cabinet, Glass Shelving

Set of Acetylene Tanks & Torch, \$200 Lawn Sweep \$20 **Round Wood Pedestal** \$200 **Brown recliner** \$50

931-581-4026

Small One Horse Wagon With Harness, \$800.00 931-580-2383

Swimming Pool Accessories - Small Portable Deck, New Pump, Net, Frame for 16 Ft by 4 Ft Round Pool, Ladder, Chemicals, All for \$50, 931-639-2286

Table & 8 Chairs, \$85 931-639-1846 615-556-3273 Used Multi-Line Office

Phones, Whole Lot for \$75 Can Be Seen at the Times-Gazette Office Or Call 931-684-1200 WEN Inverter Generator

Model 56203i, \$325

2,000/1,700 Watts

120V, 18x12x18 ln. 931-639-4246 White Cam Recorder 52x Optical Zoom

With Power Cord & Case Good Condition, \$100 Call 931-981-8688

(Aug. 2 & 6, 2022) THIS IS AN ATTEMPT TO COLLECT A DEBT AND TEE'S SALE Office: 931-684-1685 • Fax: 931-685-8047 ANY INFORMATION OB-2320 Hwy. 41 A South, Shelbyville, TN TAINED WILL BE USED dandroontractor.com

If applicable, the notice requirements T.C.A. 35-5-101 have been met. All right of equity of redemption, statutory and otherwise, and homestead are expressly waived in said Deed of Trust, but the undersigned will sell and convey only as Substitute

Gazette Receive more local news today.

114 Prince Street Owner: Ray Brown Shawn Roberts Owner CONTRACTORS Home Improvement • Construction Fire • Water • Storm Restoration

SERVICES

SUBSCRIBE TODAY! The Shelbyville Times-

684-1200

Mandrell returns to Opry for her 50th anniversary

By KRISTIN M. HALL AP Entertainment Writer

NASHVILLE — Country Music Hall of Famer and Grammy winner Barbara Mandrell retired from music more than two decades ago, but the Grand Ole Opry still feels like home to her.

Mandrell, 73, made a rare public appearance on Saturday night at the Opry to celebrate her 50th anniversary of being an Opry member.

"Here we are at home again," Mandrell told The Associated Press in an interview backstage at the Opry House before the long-running radio and TV program. "50 years. Not everybody gets that blessing."

Born in Texas and raised in California, Mandrell was just 23 when she became a member in July of 1972. But she was already a seasoned entertainer by the time she came to Nashville, after her teenage years were spent playing steel guitar and appearing regularly on the California-based country TV show "Town Hall Party."

Over her decades-long career, the actor, multi-instrumentalist and singer turned millions of fans onto country music in the '70s and '80s, not only through her popular TV show "Barbara Mandrell and the Mandrell Sisters," but also through hits like "Sleeping Single in a Double Bed," "If Loving You is Wrong (I Don't Want to be Right)" and "I Was Country When Country Wasn't Cool."

She became the first country artist to earn back-to-back entertainer of the year awards from the Country Music Association, crossing over with R&B covers and bringing glamour and showmanship to the genre. Her performances were a showcase of her musicality, whether she was singing to the top of the rafters, playing pedal steel, the banjo or the saxophone.

"It's called show business. You need to show them something," Mandrell said. "Otherwise, they could sit at home and listen to your recordings or listen to you on the radio. You've got to give them something that entertains them.'

With her sisters Louise and Irlene,

Mandrell used the power of television to bring new ears to country music, as well as gospel music. Her musical guests were a mixture of R&B, pop and country artists.

"So many would say things like, 'I never listened to country music, but now, boy, I'm watching every Saturday night and I love it," Mandrell said.

This Saturday night, Mandrell was still a champion of country music. Before the show began, Mandrell watched Carrie Underwood from side stage as Underwood did her soundcheck of "I Was Country When Country Wasn't Cool," stopping to give her a hug and greeting Underwood's band members.

Underwood said growing up, Mandrell's voice was always around.

"She has been such an inspiration to me and so many others that stand on the shoulders of great female artists like her," Underwood told the Opry crowd. During the Opry show, Mandrell

enthusiastically applauded the all-female artist lineup, including CeCe Winans, Linda Davis and Suzy Bogguss, as they performed her hits. "I already feel on top of the world. I feel the deepest of gratitude and excitement

because I am such a huge fan of these ladies," said Mandrell. From her seat in the middle of the crowd,

Mandrell waved and blew kisses at her fans, who snapped photos of the country star. Mandrell hasn't played music or sung

other than in church — since she retired in 1997. Her last concert ever was held at the Opry House and made into a TV special called, "Barbara Mandrell and the Do-Rites: The Last Dance." Dressed smartly in a hot pink pantsuit

and surrounded on stage by 50 dozen lavender-colored roses bought by her fans, Mandrell gave another goodbye from the same Opry stage 25 years later. "I chose my home to do my final

performance on and it was this one," Mandrell said. "God bless you!" she told fans before she walked off stage into the

<u>J</u>				Tuesday, August 2, 20
Veekly Tennessee Cattle a	nd Grain Summar	y	USDA Livestock,	Poultry & Grain Market News
Nashville, TN		Monday, Ju	aly 25, 2022	
For Week Ending:		Saturday, J	uly 23, 2022	
Receipts: 8,345	Last Week: 9,18	81	Last Year: 7,371	
Compared to last week, feed nostly 1.00-3.00 higher with were mostly 4.00-7.00 lower	h good demand for a	all feeder classes. s mostly 1.00-3.0	Slaughter cows	WEEKLY 400-600 LB FEEDER STEER M& WEIGHTED AVERAGE PRICE (\$/CW) 210.00 180.00 120.00
STATE AVERAGES				90.00
steers (M&L 1-2)	This Week	Prior Week	Last Year	J F M A M J J A S O
300-350 lbs	172.02	180.82	167.01	—2022 —2021 —5 Year Aver
350-400 lbs	183.80	180.68	167.24	
400-450 lbs	182.32	178.47	163.25	WEEKLY 400-600 LB FEEDER HEIFER M&L 1

Steers (M&L 1-2)	This Week	Prior Week	<u>Last Year</u>
300-350 lbs	172.02	180.82	167.01
350-400 lbs	183.80	180.68	167.24
400-450 lbs	182.32	178.47	163.25
450-500 lbs	177.51	173.41	158.33
500-550 lbs	164.92	169.29	158.57
550-600 lbs	165.24	164.65	152.26
600-650 lbs	157.99	163.60	145.82
650-700 lbs	157.18	157.97	141.42
700-750 lbs	150.19	146.79	137.83
750-800 lbs	147.45	152.65	135.02
Heifers (M&L 1-2)			
300-350 lbs	149.61	151.69	142.43
350-400 lbs	154.36	157.02	142.39
400-450 lbs	154.75	152.51	142.67
450-500 lbs	151.41	150.32	139.87
500-550 lbs	147.10	145.21	135.39
550-600 lbs	143.98	142.55	132.81
600-650 lbs	142.08	140.19	127.06
650-700 lbs	136.07	135.71	125.56
700-750 lbs	124.77	126.15	117.28
750-800 lbs	130.02	123.90	114.58
WEELY COW SUMMARY			
Slaughter Cows	Average	<u>High</u>	Low
Proglers	64.00.85.00	60 00 88 00	57 00 70 00

Breakers 64.00-85.00 69.00-88.00 57.00-70.00 45.00-65.00 Boners 52.00-85.00 68.00-90.00 Lean 40.00-77.50 72.00-80.00 40.00-60.00 Slaughter Bulls **Average** <u>High</u> Low Yield Grade 1's 88.00-117.00 101.00-125.00 74.00-92.00 July 11, 2022 GOATS: 433 KIDS-Selection 1 41-45 lbs 285.00-322.50; 50-52 lbs 320.00-322.00; 67 lbs

LAMBS: 413 Wooled & Shorn-Choice and Prime 2-3 43 lbs 210.00; 50 lbs 220.00; 65 lbs 230.00; 80 lbs 220.00; 110 lbs 162.50. Hair Breeds-Choice and Prime 2-3 48-49 lbs 200.00-210.00; 51-58 ;bs 222.50-240.00; 64-69 lbs 205.00-22 View Full Report

/iew Full Grain Report				
GRAINS	This Week	Prior Week	Last Year	
Corn	5.89-6.97	6.19-7.07	5.67-6.71	
Soybeans	13.77-16.02	14.41-16.41	13.56-14.76	
New Crop Wheat	6.99-8.10	7.07-8.37	6.44-7.11	

WEEKLY TENNESSEE CATTLE AUCTION RECEIPTS 2022 — 2021 — 5 Year Average WEEKLY TENNESSEE CORN BID AVERAGE PRICE 8.00 7.00 5.00 312.50; 83 lbs 265.00; 100.120 lbs 215.00-220.00. **Selection 2** 48 lbs 300.00; 63 4.00 lbs 300.00; 85 lbs 240.00. **Selection 2-3** 45 lbs 250.00; 64-65 lbs 220.00-245.00; -2021 -USDA-TN Livestock, Poultry & Grain Market News Jodee Inman, OIC 502-523-6961 Email: Jodee.Inman@usda.gov

WEIGHTED AVERAGE PRICE (\$/CWT)

Nichelle Nichols, Lt. Uhura on 'Star Trek,' dies at 89

By LINDSEY BAHR AP Film Writer

Nichelle Nichols, who broke barriers for Black women in Hollywood as communications officer Lt. Uhura on the original "Star Trek" television series, has died at the age of 89.

Her son Kyle Johnson said Nichols died Saturday in Silver City, New Mexico. "Last night,

mother, Nichelle Nichols, succumbed to natural causes and passed away. Her light however, like the ancient galaxies now being seen for the first time, will remain for us and future generations to enjoy, learn from, and draw inspiration," Johnson wrote on her official Facebook page Sunday. "Hers was a life well lived and as such a model for us all."

Her role in the 1966-69 series earned Nichols a lifelong position of honor with the series' rabid fans, known as Trekkers and Trekkies. It also earned her accolades for breaking stereotypes that had limited Black women to acting roles as servants and included an interracial onscreen kiss with co-star William Shatner that was unheard of

at the time. Shatner tweeted Sunday: "I am so sorry to hear about the passing of Nichelle. She was a beautiful woman & played an admirable character that did so much for redefining social issues both here in the US & throughout the world."

George Takei, who

shared the bridge of the USS Enterprise with her as Sulu in the original "Star Trek" series, called trailblazing incomparable. "For today, my heart is heavy, my eyes shining like the stars you now rest among, my dearest friend," he tweeted.

Nichols' impact was felt far beyond her immediate co-stars, and many others in the "Star Trek" world also tweeted their condolences.

Celia Rose Gooding, who currently plays Uhura "Star Trek: Strange New Worlds," tweeted that Nichols "made room for so many of us. She was the reminder that not only can we reach the stars, but our influence is essential to their survival. Forget shaking the table, she built it."

"Star Trek: Voyager" Kate Mulgrew tweeted, "Nichelle Nichols was The First. She was a trailblazer who navigated a very challenging trail with grit, grace, and a gorgeous fire we are not likely to see again."

Like other original cast members, Nichols also appeared in six bigscreen spinoffs starting in 1979 with "Star Trek: The Motion Picture" and frequented "Star Trek" fan conventions. She also served for many years as a NASA recruiter, helping bring minorities and women into the astronaut corps.

More recently, she had a recurring role on television's "Heroes," television's

outrage among lawmakers,

playing the great-aunt of a young boy with mystical

The original "Star Trek" premiered on NBC on Sept. 8, 1966. Its multicultural, multiracial cast was creator Gene Roddenberry's message to viewers that in the far-off future — the 23rd century — human diversity would be fully accepted.

"I think many people took it into their hearts ... that what was being said on TV at that time was a reason to celebrate," Nichols said in 1992 when a "Star Trek" exhibit was on view at the Smithsonian Institution.

often recalled how Martin Luther King Jr. was a fan of the show and praised her role. She met him at a civil rights gathering in 1967, at a time when she had decided not to return for the show's second

"When I told him I was going to miss my co-stars and I was leaving the show, he became very serious and said, 'You cannot do that," she told The Tulsa (Okla.) World in a 2008 interview.

"'You've changed the face of television forever, therefore, you've changed the minds of people," she said the civil rights leader told her.

"That foresight Dr. King had was a lightning bolt in my life," Nichols said.

During the show's third season, Nichols' character and Shatner's Capt. James Kirk shared what was described

the first interracial kiss to be broadcast on a U.S. television series. In the episode, "Plato's Stepchildren," their always characters, who maintained a platonic relationship, were forced into the kiss by aliens who were controlling their actions.

The kiss "suggested that there was a future where these issues were not such a big deal," Eric Deggans, a television critic for National Public Radio, told The Associated Press in 2018. "The characters themselves were not freaking out because a Black woman was kissing a white man ... In this utopian-like future, we solved this issue. We're beyond it. That was a wonderful message to send."

Worried about reaction from Southern television stations. showrunners wanted to film a second take of the scene where the kiss happened off-screen. But Nichols said in her book, "Beyond Uhura: Star Trek and Other Memories," that she and Shatner deliberately flubbed lines to force the original take to be used.

Despite concerns, the episode aired without blowback. In fact, it got the most "fan mail that Paramount had ever gotten on 'Star Trek' for one episode," Nichols said in a 2010 interview with the Archive of American Television.

Born Grace Dell Nichols

in Robbins, Illinois, Nichols hated being called "Gracie," which everyone insisted on, she said in the 2010 interview. When she was a teen her mother told her she had wanted to name her Michelle, but thought she ought to have alliterative Marilyn initials like Monroe, whom Nichols loved. Hence, "Nichelle."

Nichols first worked professionally as a singer and dancer in Chicago at age 14, moving on to New York nightclubs and working for a time with the Duke Ellington and Lionel Hampton bands before coming to Hollywood for her film debut in 1959's "Porgy and Bess," the first of several small film and TV roles that led up to her "Star Trek" stardom.

Nichols was known as being unafraid to stand up to Shatner on the set when others complained that he was stealing scenes and camera time. They later learned she had a strong supporter in the show's creator. In her 1994 book,

"Beyond Uhura," she said she met Roddenberry when she guest starred on his show "The Lieutenant," and the two had an affair a couple of years before "Star Trek" began. The two remained lifelong close

Another fan of Nichols and the show was future astronaut Mae Jemison, who became the first black woman in space when she flew aboard the shuttle Endeavour in 1992.

In an AP interview before her flight, Jemison said she watched Nichols on "Star Trek" all the time, adding she loved the show. Jemison eventually got to

meet Nichols. Nichols was a regular at "Star Trek" conventions and events into her 80s, but her schedule became limited starting in 2018 when her son announced that she was suffering from advanced

placed under a court in the conservatorship control of her son Johnson, who said her mental decline made her unable to manage her affairs or make public appearances.

Some, including managers and Nichols' her friend, film producer actor Angelique Fawcett, objected to the conservatorship and sought more access to Nichols and to records of Johnson's financial and other moves on her behalf. Her name was at times invoked at courthouse rallies that sought the freeing of Britney Spears from her own conservatorship.

But court consistently sided with Johnson, and over the objections of Fawcett allowed him to move Nichols to New Mexico, where she lived with him in her final years.

Tennessee's embrace of conservative Michigan college sours

By KIMBERLEE KRUESI **Associated Press**

NASHVILLE president of Michigan's Hillsdale College riding high earlier this year when he announced plans to launch 50 charter schools in Tennessee after Gov. Bill Lee originally asked for

relationship has cooled after Hillsdale's Larry Arnn made disparaging comments about educators, telling an audience including Lee that teachers "are trained

Six months later, that

in the dumbest parts of the dumbest colleges."

The comments inspired

teachers and other public school advocates already skeptical of the plans. Now the Republican governor - long known as a charter school and voucher advocate has distanced himself from Arnn, leaving the fate of charters connected to the small, conservative college Since Arnn's comments,

Hillsdale-affiliated charter school applications in Tennessee have been rejected by school boards Jackson-Madison, Clarksville-Montgomery and Rutherford counties. spokesperson

Hillsdale College declined to comment on the rejected applications and did not respond to a request to interview Arnn. It's unknown when or

if the additional 47 charter schools promised will ever materialize. No new legislation has been filed or formal steps taken by the GOP-controlled legislature

to oust Hillsdale, but the next legislative session doesn't start until January. Things could hardly be more different from when Lee touted Hillsdaleaffiliated charters in a speech to the legislature early this year —

unusual shoutout for the private college. Hillsdale, Lee said in announcing a civics education partnership with the school, "has been the standard bearer in quality curriculum and the responsibility of preserving American liberty.' Arnn had recently

spearheaded the "1776 Curriculum," which was inspired by former President Donald Trump's short-lived "1776 Commission," as a direct response to The New York Times' "1619 Project" focusing on America's history of slavery. The curriculum's materials

glorify

America's role in slavery and condemn the rise of progressive politics. Although Hillsdale has

long been well-known inside GOP circles Supreme Court Justice Clarence Thomas, former Vice President Mike Pence and U.S. Sen. Ted Cruz have given commencement speeches there — its prominence has strengthened among conservatives amid the national debate over the role schools should play in

teaching race and sexuality.

Starting

in

Hillsdale began setting up downplay charter schools — publicly funded but privately run across the country. Hillsdale says it does not operate or manage schools, but instead offers two types of support by licensing their curriculum for free and providing training and other resources to socalled member schools. The program had more than 20 member schools by the end of 2021 and more than 30 schools using its curriculum, with major presences in Florida, Colorado and Michigan. 2010,

Flavorful Family Favorites for Hectic School Nights

FAMILY FEATURES

nce the homework is finished and long days in the classroom and at the office are drawing to a close, you're likely to find hungry loved ones waiting near the kitchen. When busy school nights have you feeling like you're pinched for time, turn to recipes that are easy to make yet still delicious to enjoy.

For a kid-friendly way to put veggies on the table, look no further than familiar favorites like tacos. These Pickled Beet Tacos put Aunt Nellie's Sliced Pickled Beets at the center of the meal combined with seasoned black beans and a creamy avocado sauce for a dinner that takes less than an hour to prepare.

An added bonus: This simple recipe makes 10 servings, meaning you can rely on leftovers for lunches throughout the week or a second dinner on an evening when after-school activities leave little time for cooking.

If dinner plans call for a low-stress side dish or lighter meal, serve up Italian Pasta and Bean Salad that requires just 15 minutes of prep and a handful of flavorful ingredients like READ 3 Bean Salad. It's a perfect complement for a variety of main courses from burgers and grilled chicken to sandwiches and beyond.

Visit auntnellies.com and readsalads.com to find more meal solutions for busy school nights.

Italian Pasta and Bean Salad

Prep time: 15 minutes Servings: 6

- 2 cups uncooked rotini pasta
- 1/2 cup prepared pesto can (15 ounces) READ 3 Bean

halves or quarters

- Salad, drained cup grape or cherry tomatoes, halved cup fresh mozzarella bocconcini, cut in
- 1/4 cup toasted walnuts (optional)

1/4 cup (1 ounce) shredded fresh Parmesan cheese Cook pasta according to package directions;

drain and rinse under cold running water. In bowl, combine pesto with pasta to coat well. Combine pasta with drained bean salad. Stir in

tomatoes and mozzarella; refrigerate.

To serve, sprinkle walnuts and Parmesan cheese

Substitution: 3/4 cup mozzarella may be substituted for bocconcini.



Pickled Beet Tacos

Recipe courtesy of 40Aprons.com Prep time: 15 minutes Cook time: 25 minutes

> 1 jar (16 ounces) Aunt Nellie's **Sliced Pickled Beets**

Black Beans:

1 can (15 ounces) black beans, drained and rinsed

Aunt Nellie's Sliced Pickled

- 3 tablespoons water
- 1 teaspoon paprika
- 1 teaspoon garlic powder
- 1/2 teaspoon ground cumin
- 1 pinch salt

Quick Pickled Red Onions: 1 cup pickling liquid from

Beets jar

- 1 small red onion, thinly sliced Avocado Sauce:
 - 2 ripe avocados 1 tablespoon lime juice
 - 1 pinch salt 1/4 teaspoon garlic powder

Tacos:

10 tortillas (8 inches) fresh chopped cilantro (optional)

Drain beets; reserve liquid and set aside. To make black beans: In saucepan over medium-low heat, combine black beans, water, paprika, garlic powder, cumin and salt. Cook 5-6 minutes, or until warm; taste and adjust seasoning

To make quick pickled red onions: In small pot over medium-low heat, heat reserved pickling liquid. Once simmering, add sliced red onion and

To make avocado sauce: In food processor or blender, pulse avocados, lime juice, salt and garlic powder

with sliced beets, black beans, pickled red onions, avocado sauce and cilantro,

Tips for transitioning back to school

(Family Features)

following a summer of fun in the sun. Some kids eagerly embrace the idea of once again being surrounded by friends and thrive on the familiar tempo a new school year brings. Others resist the disruption to their laid-back lifestyle.

Understanding which mindset your kids are taking into this school year can help you set the stage for success. Creating a transition plan for your family makes the return to school a team effort and reinforces a support system that is essential for kids' academic achievement.

"Even students who are excited about the new school year can benefit from a structured transition plan," said Robyn Knecht, director of counseling for St. Joseph's Indian School, a Native American residential school that helps students move beyond the cycle of poverty, addiction

and mental illness with an learning to help re-engage Heading back to the education and opportunithose thinking caps. classroom is a big change ties for a brighter future. "Talking with your student about what aspects of school they're looking forward to, and where they might have worries, allows you to tailor your transition plan to their needs."

> Start this school year off right with these tips for a smooth transition from the education experts at St. Joseph's:

Get Back into a Routine

During the summer months, when there's no bus to catch or school bell to beat each morning, many kids have different sleep schedules and less formal routines throughout the day. As you approach the start of a school year, begin easing back toward your classroom routine by gradually making bedtimes and wake-up times earlier. Introduce some structure with projects that blend play with

Set Attainable Academic Goals

Having high educational aspirations is a protective factor that may help youth avoid at-risk behaviors. Goals should be based on the child's abilities. Asking a student who consistently earns Bs to suddenly become a straight-A student probably isn't realistic. However, you can ask your child to create goals that push his or her comfort boundaries, such as aiming for mostly B-pluses on first quarter report cards. Setting milestone goals that ladder up to larger, longerterm goals allows your student to build self-esteem, celebrate successes and stay motivated on the journey.

Make Organization a Priority

Modeling good organizational skills can help your student develop good habits that allow him or her to demonstrate a commitment to school and school-related responsibilities. For younger kids, that may be creat-

ing a designated place to store backpacks when they get home so you avoid the morning scramble. You can ask kids of all ages to help manage a file system where you keep school papers that need to be signed and returned. Older kids can benefit from learning how to keep to-do lists and their own calendars to manage school, sports, activities and social commitments.

Build Positive Relationships

While your parental involvement at home plays a vital role in your student's success, so does positive engagement with supportive teachers at school. Leading up to the start of the school year, make a point to meet new teachers and develop connections that show your student he or she has a team of resources ready to share in celebrating achievements and provide a helping hand

if challenges arise.

Encourage

Involvement in Social Activities

Particularly for a student who lacks enthusiasm about school, finding areas for him or her to explore personal interests and excel can be particularly valuable. Treat the start of the school year as an opportunity to discover which social clubs and activities are available and find one (or more) that sparks enthusiasm. These non-academic settings can play a helpful role in developing close relationships with positive peers, which is another protective factor that supports positive outcomes for youth. Learn more about the

important ways you can influence your child's success this school year and beyond at stjo.org.



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