

T^{SHELBYVILLE} TIMES-GAZETTE

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Clarification

Jaime Sheppard of Bates Street in Shelbyville has notified the T-G she is not the Jamie Sheppard mentioned in Saturday's edition as arrested on a drug charge. The suspect has a Marshall County address, according to the Bedford County Sheriff's Office.

City Council agrees to seek sewer grant

By DAVID MELSON
dmelson@t-g.com

Shelbyville City Council voted unanimously Friday to apply for a \$2.9 million American Rescue Program fund grant which would provide funds for sewer rehabilitation, but it was originally far from a done deal.

The 6-0 vote at a special called meeting followed a study session in which Council member Henry Feldhaus, Bedford County-Shelbyville Partnership Director Shane Hooper, and others urged that part of the funds be used to extend sewer lines to the new industrial park off Highway 231 North, as opposed to all the money being designated for repairing and upgrading current lines.

"This gives us some money without having to go borrow it, a way to get sewer north of the business park to help that area develop rather than cut it off," Feldhaus said.

Feldhaus provided state and local figures showing that Shelbyville Power, Water and Sewerage System over the past four years, has had revenues of approximately \$5 million or more, with a net income of \$900,000 to \$1.3 million, and as of June 30 had almost \$3.4 million cash on hand.

"This is just on their sewer statements, it has nothing to do with the water or electricity sides," Feldhaus said. "They've got their own revenue streams, they've got their own customer base."

"The City of Shelbyville does not need to be (spending) on something like sewer lines that are 50 years old that need to be addressed by their (SPWSS) capital program and their revenue streams, not take one-time money that we can use to bring generational change and economic development and some amenities to Shelbyville and attract more tourism dollars and that kind of thing. That's about as precise as I can be."

"It's time for the system to pay to fix itself," Feldhaus said.

System defended

Shelbyville Power, Water and Sewer System Board Chairman Dobebe Mallard defended the system,

providing documentation of millions of dollars worth of continual repair and rehabilitation work stretching back to 2007.

Mallard handed Council members a handout listing 15 years and \$31 million of system funds used for rehabbing, repairing, and replacement of the current system. One work crew is devoted solely to that function, Mallard said.

The handout listed yearly expenditures of \$190,000 to \$300,000 for work by that crew, along with more than \$800,000 rehab/replacement extensions within the past year, and more than \$1.8 million of SPWSS funds in addition to Community Development Block Grant projects, which are funded partially by the program.

"We never asked you (the City) for any money," Mallard said. "To insinuate that we don't build this into our everyday operations is a little bit insulting."

"The figures show that we reinvested about \$32.5 million back into our sewer system," SPWSS General Manager Jason Reese said, with around \$22 million going for a new sewage treatment plant completed around 2014.

"We do spend money and time taking care of our system. We do leverage grant funds because that's how we keep our rates low. That's in our and our ratepayers' best interest."

Mallard pointed out that SPWSS constructed a \$5.5 north side electric substation from system funds at no cost to taxpayers to handle anticipated growth. Similar action is needed with sewer and wastewater to handle rapid northside growth, Mallard said.

Growth factor

"What we're faced with now is a lot of growth...even though we've constantly rehabbed and have spent over \$31 million in the past 15 years, right now is the particular time that the Little Hurricane Sewershed, where all the pressure from the north side is coming, we need rehab in that area right now," Mallard said.

The Council was told approximately 1,500 new homes, all requiring sewer

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School board talks new elementary

By DAWN HANKINS
dhankins@t-g.com

During a session of Bedford County Board of Education last Thursday, potential traffic flow problems were discussed for the new Cartwright Elementary. With the design having student drop off/pick ups in vicinity of Fairfield Pike and Calsonic Way, some board members have some concerns about those areas becoming congested.

Board members Glenn Forsee and Brian Crews asked the most questions about the traffic routes which the architects had designed.

Forsee said after the meeting, "Every school impacts community traffic patterns and flow. The unique position of our new elementary school has the POTENTIAL of greatly impacting the north end of the city and county. It is essential that we thoroughly process every angle to the traffic impact of moving 800 plus people on and off the campus everyday. Two traffic access points are the key to minimize community traffic congestion as we build and grow. Asking key questions are a part our responsibility as a Board. Dr. Tammy Garrett, BOE Superintendent, will further communicate our thoughts to the architects."

The new elementary school will be located

► See Talks, Page 2A



Photo by Carol Garrett

Bedford County Board of Education members recently sworn in by Bedford County Court Clerk Donna Thomas are, from left, Barton Williams and incumbents Dan Reed and Brian Crews. Current board member Glenn Forsee is in the background. Courtney Bogle and Shanna Boyette, not pictured, were sworn in recently during a ceremony at Bedford County Courthouse.

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Football results

Sports/1B

A PRIZE WINNING NEWSPAPER

UT-TPA PRESS AWARDS 2022



Sunny 82/52



Vol. 141, No. 73

Cowboys coming to Calsonic Arena

Celebration hosts first CMSA

By ZOË HAGGARD
zhaggard@t-g.com

The Cowboy Mounted Shooting Association started 28 years ago with just a handful of people shooting out in the desert, according to communication coordinator David Royal.

Jim Rodgers is the founder. And he came up with the idea to make the sport more "mainstream." Cans were replaced with balloons while the desert landscape was replaced with a covered arena. It grew from less than a dozen shooters to thousands.

Today, there are over 100 different courses that competitors shoot. "At any event across the country, basically, as a rule, they are drawn first thing that morning, posted, and then before shooting starts, they know what first course, second, etc. are going to be," explained Royal.

Rodgers' goal of expanding the sport worked. According to Royal, they have 15 new members added every year to CMSA, of all ages. They already have 19,000 members.

"Our event keeps growing," he said.

It's this growth that has led them to expand to Calsonic Arena from where they were previously in Murfreesboro.

"We are thrilled to have such a large event and such an entertaining event on our grounds," said Celebration CEO Warren Wells. "CMSA's leadership has been amazing to work with the last year

► See Arena, Page 2A



T-G Photo by Zoe Haggard

The 2022 CMSA Eastern US Championship was hosted at Calsonic Arena for the first time this year due to the event's growing size.

AMERICAN MULE AND BLUEGRASS FESTIVAL

September 27th - October 2nd, 2022
Calsonic Arena

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Shirley Kerr • Baum Equine • Libbie Whitson
Don Mcgee • Leigh and Randy Kelly
Sunny Side Farm • Rachel Arnold
Rutledge & Associates Inc.

SCHEDULE OF EVENTS

- Sept. 26th, Monday
 - Check-in at Gordonville Farm
 - 2591 Hwy US 231 South, Shelbyville, TN 37160.
- Sept. 27th, Tuesday
 - Please come and celebrate the life of a special mule skinner 104 year old World War II veteran, JB Stubblefield.
 - Ride out back Roads from the farm
 - Wagon Train Leave at 10 AM & Return at 3 PM
 - Fish Dinner served at 5 PM
 - Live Music - Low Down Revival Bluegrass Band
- Sept. 28th, Wednesday
 - Drive Wagon Train to Calsonic leave at 10 AM
 - Craft Fair check in 9 AM Calsonic
 - Education Of Jr Mule Skinner - 8:30 AM and 12:30
 - Chuck wagon cooking at 5 PM
 - Grasstime Band - Outdoor Stage 4 PM - Freedom Sing USA
- Sept. 29th, Thursday (Armband Required)
 - Craft Fair Opens 9 AM Calsonic
 - Education Of Jr Mule Skinner - 8:30 AM and 12:30
 - Mid-State Cloggers 6:45 PM - 7:15 PM
- Sept. 30th, Friday (Armband Required)
 - Craft Fair Opens 9 AM Calsonic
 - Tennessee State AGMA Mule and Donkey Show 10 AM to 3 PM Calsonic
 - North American Saddle Mule Class A mule show 10 AM to 3 PM Calsonic
 - Steve Edwards Clinic - 10 AM
 - Education Of Jr Mule Skinner 8:30 AM and 12:30
 - Testimony and Blind Horse Horsemanship demonstration in warmup ring by Aaron Hudson & Rikki Lee 10:30 AM
 - Beth Cooper & TN Hollow Band 5 PM
 - Becky Buller Band in the Calsonic 6 PM
- Oct. 1st, Saturday (Armband Required)
 - Craft Fair Opens 9 AM Calsonic
 - Tennessee State AGMA Mule and Donkey Show 10 AM to 3 PM Calsonic
 - North American Saddle Mule Class A mule show 9 AM Champions Arena
- Oct. 2nd, Sunday - Kingdom Cultivation Ministry KCM (under the big tent)
 - Morning service
 - *KCM will provide Breakfast at 9 AM
 - *Prayer ministry at 10 AM
 - *Worship at 11 AM
 - Evening service
 - *Whitt's Barbecue will provide meal at 5:00 PM
 - *Worship with Songs and music at 5:45 PM
 - *Prayer ministry at 6:00 PM
 - *Worship at 6:45 PM
- Rocky Valley Cloggers 11:30 AM - 12:00 PM & 12:30 PM - 1:00 PM
- Education Of Jr Mule Skinner 12:30 PM
- Booger Brown will be helping the kids with some Roping and Branding Skills 10 AM - 4 PM
- Mid-State Cloggers 4 - 5 PM
- Draft Mule and Horse Halter Class 3:00 PM
- Mule & Horse Pulling 3:00 PM Champions Arena
- Outdoor Stage 11 AM
- Wagon Show starts at 12:30 PM
- Cast Iron Cooking Competition starts at 12:30 PM
- Amanda Cook Band in the Calsonic 6 PM

For more information contact: 2021ambf@gmail.com • www.americanmuleandbluegrassfestival.com



Volunteers celebrate 23rd Duck River Clean Up event

T-G Staff Report

Traditionally, volunteers remove over 2 tons of trash and debris from the Duck River each year. That was the case Saturday,

when volunteers celebrated the 23rd Duck River Clean Up event.

Volunteers were at River Bottom Park from 7 a.m.

through the afternoon, cleaning up what others have thoughtlessly left behind at the water source. Evidence from the clean

up shows how people toss everything from tires to baby diapers into the local water source.

Breakfast was served to the

volunteers prior to the work.

Prizes were awarded to person collecting the most and to the one with the most "unique find."



Submitted photos



PROS TO KNOW

Email a question and look for the answer **Tuesdays** in the **Times-Gazette** or online at www.t-g.com/advertising **CLICK ON QUIZ AN EXPERT**



Misty McCormick

Consumer Lending Manager, Heritage South Community Credit Union

Date: September 20, 2022

Q: Does Heritage South offer members a credit card?

A: Yes, we do! Members can apply for our Platinum VISA card which features no annual fee. This credit card is great for building credit or for protecting yourself when shopping online. Using your debit card online could potentially expose your account information to cyberthieves, who could then drain your account balance quickly. That's why we recommend using a credit card like our Platinum VISA card for your online purchases. When you apply for a credit card, credit scores and credit history do determine approval and the amount of credit and rates that will apply. If you are not yet a member of Heritage South and would like more information about our credit card program, please call or visit our office. Remember – we help when others won't.

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AG NOTES

BY JOHN TEAGUE
UT/TSU Extension

FARMERS MARKET

There seems to have been some confusion on the farmers market last week. We were open as usual, but there was only one vendor with any volume of produce, and unfortunately, he was delayed in getting there. He will be back and all of the other vendors are still welcome to come.

The market is on Thursday afternoons at 2:30 at the pavilion next to the big blue water tower at the Celebration Grounds.

AVIAN INFLUENZA

There was a positive case of highly pathogenic avian influenza diagnosed last week in West Tennessee. This is a very devastating disease among poultry and wild fowl, and it is of great concern for us in this county with our poultry complex and the many farmers who have commercial flocks, as well as our many small farm flocks.

Here is information from our state veterinarian, Dr. Samantha Beaty, our UT poultry specialist Dr. Tom Table, and our UT Extension Veterinarian, Dr. Lew Strickland.

Dr. Beaty's comments were "HPAI is known to be deadly for domesticated fowl. It's critical we move quickly to stop the virus from spreading and we need your help to minimize the risk. We are working closely with our federal and state partners to coordinate resources and response, and we are following strict protocols for quarantine, testing, disposal, cleaning, disinfection, and monitoring.

For now, any events where poultry can come are prohibited. That includes poultry shows, exhibitions, livestock sales, flea markets, and swap meets.

Although HPAI does not pose a food safety risk, no infected poultry will be allowed to enter the food supply. Poultry and eggs

are safe to eat when handled and cooked properly. The risk of human infection with avian influenza during poultry outbreaks is very low. In fact, no transmission to humans was reported during the outbreak that affected commercial poultry farms in Tennessee in 2017.

Owners of backyard and commercial poultry flocks are encouraged to closely observe domesticated birds and report a sudden increase in the number of sick birds or bird deaths to my office by calling 615-837-5120 or by calling USDA at 1-866-536-7593."

Dr. Tabler and Dr. Strickland passed on these security recommendations. (I did omit those about shows and sales since this is banned in Tennessee for a time.) Obviously, the commercial operations will follow the guidelines issued by their complex. But these recommendations are for everyone, especially the farm-flock operators. Prevent direct transmission (this is especially critical for backyard poultry keepers. Do not mix multiple species, particularly waterfowl and chickens, or ages. Do not allow your flock contact with wild birds (difficult if you free-range) or wild bird droppings. Prevent indirect contact. Post "No Visitors" and "Restricted Area" signs at road entrance to farm (particularly for commercial operations).

Have dedicated clothing and footwear for use when working in/near your flock. If one of your birds becomes sick or dies, do not move the other birds offsite to a different farm, even if they appear healthy. Clean/disinfect all coops, crates and other poultry containers or

equipment before and after use. Use plastic or metal, not wood; wood is difficult to effectively clean. Do not keep feeders or other sources of food for wild birds on your property. Use sound deterrents to keep wild birds from roosting on your property. Dispose of dead birds in an approved manner (composting, incineration, burial). When possible, cover pens and vents and openings in the poultry house or coop with narrow-mesh wire screen to keep out wild birds.

Monitor all vehicles entering the farm to determine if they have been properly cleaned and disinfected, including the tires and undercarriage. Do not share equipment with friends or neighbors. If you do, make sure equipment is clean and disinfected when it leaves and before it comes back. Purchase feed from a trusted source; keep it safe from wild birds and rodents. Use foot baths and hand sanitizers. Wash hands and arms after caring for birds. Bird- and varmint-proof your coop, pens and houses. Keep poultry houses securely locked; lock from inside while working inside.

Report sick birds. If you suspect a problem, say something immediately. Don't wait for things to get worse. Sick and dying birds should be submitted to a diagnostic laboratory for proper diagnosis of the problem. Normal, everyday mortality should not be reported as it will only slow officials attempting to determine actual disease status. However, any drastic change in health status or mortality in the flock should be reported. Early reporting is vital to protect your flock and the Tennessee poultry industry.

If you are a commercial producer, contact your service tech for guidance and assistance at the first sign of a potential disease issue. If you are a backyard producer, contact your local county Extension agent (931-684-5971), your local veterinarian, Tennessee State Veterinarian's Office (615-837-5120), or Middle Tennessee AgResearch and Education Center (931-486-2129) and ask for the poultry specialist.



Dwell's Coffey is Woman's Club guest

Designer shares French-influenced farmhouse

The big question often asked at Dwell Fine Interiors & Design is the current style of homes. Owner and designer Tanya Coffey said during a recent Shelbyville Woman's Club meeting that as of this year, farmhouse is still in, but more modern.

"Farmhouse has been with us for the past 5 to 7 years . . ." Coffey advised. "We've started with a basic farmhouse. It seems that we've moved to what people have called the modern farmhouse . . . Now we're going on to the European-inspired farmhouse."

European-inspired stoves are also, well, hot, right now in the design markets. These types of stoves—fashionable with unique hardware—are in many cases for people who really like to cook.

But if you're into it, many have 12 burners of different sizes with double brass burners and massive professional cast iron grills and even soapstone grills.

Coffey said farmhouse kitchen trends are being extracted from previous years and mixed into modern elements. Larger and more circular chandeliers have been added to the farmhouse style.

During a slide presentation, Coffey said there are tons of wood beams and painted beams throughout these types of homes. There are also wood ceilings and beams on top of the ceilings.

To modernize, opt for black, painted doors or iron doors. Or, just paint your existing ones, the designer revealed.

A veteran designer, Coffey said these days, homeowners are asking for black windows. These are available through window suppliers.

As for black and other bold accents, she said use in moderation in the farmhouse style. "We use it in small portions, but it can create a great punch."

Paint colors

Home interiors are being painted, she said, in basic colors like neutral-cream and aesthetic white. But designers like herself are also incorporating into the farmhouse style soothing greens, timeless blues and warm earth tones.

"Don't be afraid to paint accent areas in your home," said Coffey. "It doesn't all have to be the same white color trim."

She suggested that islands can be painted in those bold colors. "Use it sparingly but it can add drama and accents against your neutral walls."

Though painting walls is refreshing, she advised that boldly designed wallpaper is also trending. The designs run from large florals to animal prints, she said.

Biophilic design is also a trend, the designer shared. It means connecting a homeowner to nature.

"Basically what that means is, bring the outside in . . . nature into your home."

Dwell Fine Interiors & Design is located on the historic public square.



Weekly Tennessee Cattle and Grain Summary, USDA Livestock, Poultry & Grain Market News. Includes tables for state averages, weekly cow summary, and grain prices.



Managing your pet's weight

Much like humans, dogs and cats can struggle with aging- and weight-related health issues. In fact, 3 out of 5 cats and dogs are overweight or obese, according to Packaged Facts' U.S. Pet Market Outlook.

Pet obesity can lead to several health issues and problems, including diabetes, cancer and osteoarthritis, according to research published in "Veterinary Medicine." While leading a sedentary lifestyle and overfeeding are common factors that can lead to pets becoming overweight or obese, these simple tips from the pet food experts at Go! Solutions can help you manage your dog's or cat's weight to ensure he or she lives a happy and healthy life.

Exercise and Play Regularly

Just as important as your pet's diet is ensuring he or she is active. For dogs, regular walks and hikes are a simple way to provide mental stimulation, improve muscle tone, increase metabolism and help reduce boredom while also getting necessary exercise. For high-energy dogs who need more stimulation, games like fetch, hide-and-seek and tug can help them burn off extra energy and tire more quickly on days when you don't have time to spend

hours outside with them. For cats, consider scratching posts, flirt poles, obstacle courses, setting platforms at multiple levels and simple toys like balls and fake mice to keep them active and engaged. Some cats can even be leash trained to go for walks.

Address Dietary Needs

Diet is a major factor in weight management for dogs and cats. The ideal diet for your pet provides the right balance of macro- and micronutrients, including protein, fat, carbohydrates, fiber, vitamins and minerals as well as the proper portion size to help prevent obesity.

Keep Treats in Check

An important part of weight loss and management is limiting the additional calories you're providing your pet outside of his or her normal day-to-day diet. A little extra can go a long way, so keep packaged treats to a minimum and be mindful of things like slipping your pet table scraps or letting him or her lick out the almost-empty peanut butter jar. Keeping those additional calories in check can help keep your pet's diet - and overall health - on the right track.

(Family Features)

Family library trips inspire area author

Debbie Adams writes health memoirs

HEALTH BOOK AUTHOR

By **DAWN HANKINS**
dhankins@t-g.com

Debbie Adams said recently that her greatest childhood memories is that of her endless adventures to the public library with her father. She is certain perusing those dusty books years ago led her to write her first health book, which she will have available 1 to 3 p.m., Saturday at New Covenant Christian Bookstore.

A resident of Murfreesboro, Adams will be signing copies of “Unlocking The Code To Bliss: A Southern Belle’s Secret.” While the printing of the paperback was taken care of by Amazon, Adams added that the formatting and the cover art—a pink butterfly—was done by professional designer Gabriela Pears.

“I love pink,” the new author said, pointing to the book cover.

How it started

Adams, who works professionally in accounts receivable for an area company, first attended a book writing retreat last spring. In June, she began writing her book. “It took me about 2 months to write it . . . self published on Amazon on Aug. 17.”

So the book copies are fresh off the press. Adams dedicates it to God for His wisdom and to her husband,

Bud, who gave her the title idea.

As for the “Southern Belle” aspect, Adams said being a middle Tennessean, she only felt it proper. A part of her book states: “We’ve been talking about southern food . . . Now let’s talk about Southern Belles and how they act. They have a certain attitude, appearance and manners. They will fake a smile without appearing fake. Southern gals have warmth and hospitality . . . Southern women are a class of their own. They’re as sweet as their sweet tea until you refuse to have seconds of their meal.”

Last year, following the pandemic, Adams, though not grossly overweight, decided she just wanted to improve her health. “I read my Bible on a daily basis. God in His Word tells us that He created us. We have a body, a soul and a spirit. That’s what I talk about in the book. We have to get all three of those in line to keep our bodies in line.”

Now she’s convinced that processed sugar and junk food are poison, draining a body of energy. “You get to a point in your life where you say, ‘something’s got to change.’”

She was following a woman on Facebook who had a book club. She said that was the beginning of her wanting to write a book

about health.

“There are so many books out there about diets . . . all short term. I wanted something that was more like a life change. It’s part spiritual and part health. I’m trying to get people to understand that we have to look at our bodies, how God created them . . . watch what we’re putting in them or even on them.”

Adams began an intermittent fasting journey not long ago. She recommends the proper way to do fasting in the book.

“Years ago, people would bring up fasting . . . I would be starving. I love to eat, as I’m sure we all do. When I started my book, I knew what I wanted to write about . . . the Bible verses I wanted to put in there. But as far as the dynamics of the health, I had to do some research.”

She added, “We need to get our bodies renewed ever so often. That’s why in the book I suggest doing intermittent fasting.”

She also writes about maintaining a “clean gut.” Through her research she’s learned about what leads to toxic guts—those which cannot properly process and digest food. She’s also very adamant about keeping one’s body hydrated, which goes a long way in a clean gut, according to



Debbie Adams will be at New Covenant Christian Bookstore at 800 North Main Street on Saturday, Sept. 24, from 1 to 3 p.m., to sign her first book, “Unlocking The Code To Bliss: A Southern Belle’s Secret.” The book is part autobiography, scriptural and includes many health suggestions that the author has found useful in her own life.

Adams.

Other portions of the 105 page book include topics ranging from clean

vegetables to the hygienic results of oil pulling with coconut oil.

For more info about how to order “Unlocking The

Code To Bliss, see Debbie Adams’ Facebook page and/or get information from her website at debbie-adams.net.

Fed to signal more rate hikes ahead

By **CHRISTOPHER RUGABER**
AP Economics Writer

WASHINGTON — Federal Reserve Chair Jerome Powell bluntly warned in a speech last month that the Fed’s drive to curb inflation by aggressively raising interest rates would “bring some pain.” On Wednesday, Americans may get a better sense of how much pain could be in store.

The Fed is expected at its latest meeting to raise its key short-term rate by a substantial three-quarters of a point for the third consecutive time. Another hike that large would lift its benchmark rate — which affects many consumer and business loans — to a range of 3% to 3.25%, the highest level in 14 years.

In a further sign of the Fed’s deepening concern about inflation, it will also likely signal that it plans to raise rates much higher by year’s end than it had forecast three months ago — and to keep them higher for a longer period.

Economists expect Fed

officials to forecast that their key rate could go as high as 4% by the end of this year. They’re also likely to signal additional increases in 2023, perhaps to as high as roughly 4.5%.

Short-term rates at that level would make a recession likelier next year by sharply raising the cost of mortgages, car loans and business loans. The Fed intends those higher borrowing costs to slow growth by cooling off a still-robust job market to cap wage growth and other inflation pressures. Yet the risk is growing that the Fed may weaken the economy so much as to cause a downturn that would produce job losses.

The U.S. economy hasn’t seen rates as high as the Fed is projecting since before the 2008 financial crisis. Last week, the average fixed mortgage rate topped 6%, its highest point in 14 years. Credit card borrowing costs have reached their highest level since 1996, according to Bankrate.com.

Powell and other Fed

officials still say the Fed’s goal is to achieve a so-called “soft landing,” by which they would slow growth enough to tame inflation but not so much as to trigger a recession.

By last week, though, that goal appeared further out of reach after the government reported that inflation over the past year was a painful 8.3%. Even worse, so-called core prices, which exclude the volatile food and energy categories, rose much faster than expected.

The inflation report also documented just how broadly inflation has spread through the economy, complicating the the Fed’s anti-inflation efforts. Inflation now appears increasingly fueled by higher wages and by consumers’ steady desire to spend and less by the supply shortages that had bedeviled the economy during the pandemic recession.

“They’re going try to avoid recession,” said William Dudley, formerly the president of the Federal Reserve Bank of New York. “They’re going to try to achieve a soft landing. The problem is that the room to do that is virtually non-

existent at this point.”

At a news conference he will give Wednesday after the Fed meeting ends, Powell isn’t likely to drop any hints that the central bank will ease up on its credit tightening campaign. Most economists expect the Fed to stop raising rates in early 2023. But for now, they expect Powell to reinforce his hard-line anti-inflation stance.

“It’s going to end up being a hard landing,” said Kathy Bostjancic, an economist at Oxford Economics.

“He’s not going to say that,” Bostjancic said. But, referring to the most recent Fed meeting in July, when Powell raised hopes for an eventual pullback on rate hikes, she added: “He also wants to make sure that the markets don’t come away and rally. That’s what happened last time.”

Indeed, investors responded then by bidding up stock prices and buying bonds, which lowered rates on securities like the benchmark the 10-year Treasury. Higher stock prices and lower bond yields generally boost the economy — the opposite of what the Fed wants.

At a previous news conference in June, Powell had noted that a three-quarter-point rate hike was “an unusually large one” and suggested that “I do not expect moves of this size to be common.” Yet after the alarming August inflation report, the Fed now seems all but sure to announce its third consecutive such increase. A fourth such hike is possible, too, if future measures of inflation don’t improve.

The central bank has already engaged in the fastest series of interest rate hikes since the early 1980s. Yet some economists — and some Fed officials — argue that they have yet to raise rates to a level that would actually restrict borrowing and spending and slow growth.

Loretta Mester, president of the Cleveland Federal Reserve Bank, and one of the 12 officials who will vote on the Fed’s decision this week, said she thinks it will be necessary to raise the Fed’s rate to “somewhat above 4% by early next year and hold it there.”

“I do not anticipate the Fed cutting” rates next year, Mester added,

dispelling the expectations of many investors on Wall Street who had hoped for such a reversal. Comments like Mester’s contributed to a sharp fall in stock prices last month that began after Powell’s stern anti-inflation speech at an economic conference in Jackson Hole, Wyoming.

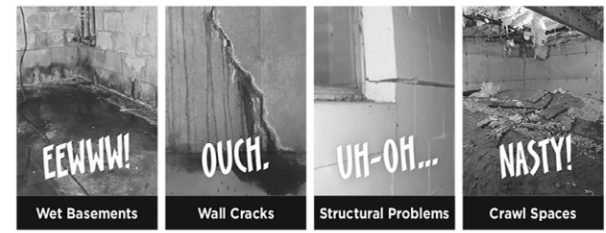
“Our responsibility to deliver price stability is unconditional,” Powell said then — a remark widely interpreted to mean that the Fed will fight inflation even if it requires deep job losses and a recession.

Many economists sound convinced that a recession and widespread layoffs will be necessary to slow rising prices. Research published earlier this month under the auspices of the Brookings Institution concluded that unemployment might have to go as high as 7.5% to get inflation back to the Fed’s 2% target.

Only a downturn that harsh would reduce wage growth and consumer spending enough to cool inflation, according to the a paper by Johns Hopkins University economist Laurence Ball and two economists at the International Monetary Fund.

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Serious breach at Uber spotlights hacker social deception

By **FRANK BAJAK**
AP Technology Writer

The ride-hailing service Uber said Friday that all its services were operational following what security professionals are calling a major data breach, claiming there was no evidence the hacker got access to sensitive user data.

But the breach, apparently by a lone hacker, put the spotlight on

an increasingly effective break-in routine involving social engineering: The hacker apparently gained access posing as a colleague, tricking an Uber employee into surrendering their credentials.

They were then able to locate passwords on the network that got them the level of privileged access reserved for system administrators.

The potential damage was serious: Screenshots the hacker shared with security researchers indicate they obtained full access to the cloud-based systems where Uber stores sensitive customer and financial data.

It is not known how much data the hacker stole or how long they were inside Uber’s network. Two researchers who communicated directly with

the person — who self-identified as an 18-year-old to one of them — said they appeared interested in publicity. There was no indication they destroyed data.

But files shared with the researchers and posted widely on Twitter and other social media indicated the hacker was able to access Uber’s most crucial internal systems.

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NEW SHELBYVILLE POLICE OFFICERS



Shelbyville Police Department photos

Four new patrol officers have joined the Shelbyville Police Department. Pictured with department supervisors presenting their badges are, clockwise from far left, Mckenzi White, Gary Goodwin, Steven Dalton, and Kim Meeks.



Pot found on homeless man at hospital

By DAVID MELSON
dmelson@t-g.com

A marijuana cigarette was found on a 75-year-old homeless man who told Vanderbilt Bedford Hospital personnel he was left there Saturday night, a Shelbyville Police Department report said.

Phillip Goats told Officer Samuel Campbell he was “dropped off at the hospital by the lady that runs the homeless shelter because he had nowhere else to go,” in the report’s words.

Hospital staff told Campbell that Goats was refusing to leave the emergency room waiting area.

Goats was initially charged with an outstanding warrant for violation of probation. Campbell said he found the marijuana cigarette before entering the jail. Goats said the marijuana wasn’t his and must have been planted on him.

He was held on \$500 bond for possession of a schedule 6 drug.

A homeless man police were told was intoxicated and asking passersby for food and money in the parking lot of Family Chiropractic, North Main Street, was charged with public intoxication Saturday night.

Fernando Sebastian Gaspar, 19, allegedly smelled of alcohol and was carrying two cans of beer, one open. Sebastian said he was charging his phone at a nearby outlet and was sleeping in nearby woods.

Police said they were given two false names by Sebastian, who they were familiar with from previous contacts. Sebastian was also charged with impersonation and underage consumption and held on \$1,500 bond.

DUI charge

An intoxicated driver almost hit a neighbor’s house on Boston Street and struck their barbecue grill and lawn furniture Friday night, police said.

Raul Giron Godinez, 42, was turning off Deery Street en route to his home when the accident occurred,

according to an SPD report. He was charged with DUI, driving on a revoked license, and violations of the open container and implied consent laws, and posted \$3,500 bond.

Officer Letisia Diaz’s report said he refused to cooperate with police or perform field sobriety tests.

Thefts

•A large amount of personal property was reported stolen from a storage room of a carport at a Bird Street home Saturday, Shelbyville police said.

The residents said they don’t enter the room often and are unsure when the items may have been taken.

•Two televisions were stolen Friday or Saturday from a South Maple Street home. A suspect was named.

Sobriety checkpoint

The Tennessee Highway Patrol will hold a sobriety checkpoint at 9 p.m. Friday, Oct. 21 on Highway 41A North, .9 miles south of the 3-mile marker.

Jail intake

•Christian Adams, 24, Watertown; attachment; released, \$1,000 bond

•Juan Larios Alonzo, 26, King Arthur Court; domestic assault; released, \$3,500 bond

•Timothy Ray Arbogast, 34, Church Street; violation of probation; held, no bond

•Amy Michelle Arendall, 36, Tate Avenue; simple domestic assault (two counts); released, \$5,000 bond

•Dylan Lee Billings, 21, Murfreesboro; probation revocation; released, no bond

•Tiffany Leeann Currier, 34, Couch Lane; burglary (aggravated), theft over \$1,000 (two counts); released, \$20,000 bond

•Terrance Preston Eddings, 23, West lane Street; show cause, violation of probation; held, \$2,500 bond

•Phillip Allen Goats, 75, homeless; simple possession of schedule 6 drug,

probation revocation; held, \$500 bond

•Raul Giron Godinez, 42, Boston Street; DUI, driving on a revoked license, open container law violation, implied consent; released, \$3,500 bond

•Edgar Hernandez 34, Quarry Street; DUI (1st), speeding, implied consent, driving on a revoked license; released, \$3,000 bond

•Brianna Lacle Johnson, 23, Lewisburg; failure to appear; summons issued

•Bruce Anthony Johnson, 61, Pass Road; simple domestic assault; held, \$3,500 bond

•Juan Sebastian Josias, 28, Bridlewood Drive; speeding, no driver’s license; released, \$500 bond

•Isaiah Kir-Harris, 23, Carlisle Avenue; aggravated assault and aggravated domestic assault; held, \$13,000 bond

•Cory Scott Melton, 34, homeless; public intoxication; held, \$1,500 bond

•Seferino Moreno, 32, Randolph Street; simple possession of schedule 6 drug; released, no bond

•Jacob Tyler Parker, 22, Madison Street; financial responsibility, no driver’s license; summons issued

•Alvero Godinez Perez, 40, Ridgewood Drive; speeding, driving on a suspended license; released, no bond

•Angel Martinez Perez, 46, homeless; no driver’s license, speeding (two counts); held, \$500 bond

•Jose V. Rojas, 47, Central Avenue; driving on a suspended license, speeding; released, no bond

•Fernando Sebastian Gaspar, 19, homeless; public intoxication, impersonation, underage consumption; held, \$1,500 bond

•Stanley Lynn Smith, 56, Central Avenue; violation of registration law, violation of probation; released, \$3,000 bond

•Thomas Crocket Smotherman, 65, Cemetery road, Bell Buckle; DUI, failure to yield to a stop sign; released, \$4,500 bond

•Jerome Thomas Sobrowski III, 45, Nashville;

probation revocation, show cause; held, \$1,500 bond

•Dylan Lee Stockstill, 25, Hurricane Grove; failure to appear; released, \$1,500 bond

•Douglas Cody Tomlin-Hunter, 31, Baker Street; violation of probation; held, \$1,500 bond

•Savannah Kai Wilhoite, 19, Carlisle Avenue; aggra-

vated domestic assault; held, \$7,500 bond

•Jennifer Lee Ann Williams, 43, Hawthorne Road; violation of probation; held, \$1,500 bond

**BEDFORD COUNTY UTILITY DISTRICT OF BEDFORD COUNTY, TENNESSEE
STATEMENT OF NET POSITION
June 30, 2022**

UTILITY PLANT	\$ 51,591,450	
CONSTRUCTION WORK IN PROGRESS	1,778,408	
ALLOWANCE FOR DEPRECIATION	(26,536,744)	\$ 26,833,114
CURRENT ASSETS		
CASH IN BANK	7,670,715	
WORKING FUNDS	1,500	
ACCOUNTS AND OTHER RECEIVABLES	429,692	
MATERIALS AND SUPPLIES	306,201	
PREPAID EXPENSES	14,067	8,422,175
OTHER ASSETS		
UTILITY DEPOSITS	10,000	10,000
TOTAL ASSETS		35,265,289
LIABILITIES		
LONG-TERM DEBT		8,440,303
CURRENT LIABILITIES		
ACCOUNTS PAYABLE	371,698	
CURRENT PORTION OF LONG-TERM DEBT	491,589	
CUSTOMER DEPOSITS	172,603	
INTEREST PAYABLE	48,174	
SALES TAX PAYABLE	31,524	
ACCRUED PAYROLL LIABILITIES	16,513	
ACCRUED BENEFITS	82,211	
DEFERRED TAP FEES	47,750	
DEFERRED INFLOW	75,883	1,337,945
TOTAL LIABILITIES		9,778,247
NET POSITION		25,487,042

NO ASSURANCE IS PROVIDED ON THESE FINANCIAL STATEMENTS. SUBSTANTIALLY ALL DISCLOSURES AND STATEMENT OF CASH FLOWS REQUIRED BY GENERALLY ACCEPTING ACCOUNTING PRINCIPLES OMITTED

**STATEMENT OF REVENUE, EXPENSES, AND CHANGES IN NET POSITION
For the year ended June 30, 2022**

OPERATING REVENUES		\$ 6,393,160
OPERATING REVENUE DEDUCTIONS		
PLANT OPERATIONS	1,824,336	
TRANSMISSION AND DISTRIBUTION	734,696	
ADMINISTRATIVE AND GENERAL	1,238,737	
DEPRECIATION	1,295,570	
PAYROLL TAXES	75,009	5,168,347
OPERATING INCOME		1,224,813
OTHER INCOME		
INTEREST INCOME	44,327	
MISCELLANEOUS INCOME	3,849	48,176
OTHER DEDUCTIONS		
INTEREST ON LONG-TERM DEBT		199,760
INCREASE IN NET POSITION BEFORE OTHER NON-OPERATING INCOME		1,073,229
OTHER NON-OPERATING INCOME		
TAP FEES IN EXCESS OF COST OF INSTALLATION	42,192	
CONTRIBUTIONS	26,628	
GRANTS	-	68,819
INCREASE IN NET POSITION		\$ 1,142,049
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Management	\$3,724.43	

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Tuesday, September 20, 2022



Champs slip in 2nd half vs. Richland

By **WILL CARTER**
Sports Writer

BELL BUCKLE — A back-and-forth first half turned into a lopsided affair as the Cascade Champions struggled in the second half of their 41-14 region loss to the Richland Raiders on Friday night.

Turnovers and untimely penalties were the deciding factor for Champions head coach Jake Tyre.

“We were moving the ball, but we shot ourselves in the foot too many times. You can’t win playing like that,” Tyre said.

“We had a lot of turnovers and they didn’t. Richland is a good ball team, but that was the difference.”

After Richland (4-0, 2-0) tied the game at 14-14 with just over nine minutes remaining in the second quarter, Cascade (2-3, 0-2) was threatening to score

Brothers Taylor and Hayden Dowell celebrate after Hayden’s touchdown grab in the second quarter.

T-G Photo by Will Carter

and take the lead, but a fumbled handoff turned into an 82-yard scoop-and-score for the Raiders.

Richland senior Daniel Hewitt scored the tying touchdown on a 30-yard run, and recovered the fumble for consecutive scores and a 21-14 lead.

The Raiders didn’t allow a point from that point on.

Cascade surrendered the first touchdown of the game when Raiders’ running back Ethan Workman powered his way to a 21-yard score, but the Champions answered back with a scoring drive of their own.

Wide receiver Hayden Dowell gave the Champions good field position to start the drive with a kickoff return down to midfield.

Five minutes later quarterback Xamarion Dixon snuck into the end zone from a yard away, but a botched extra point turned into a failed two-point conversion which left the Champions down 7-6.

After a forced punt by the Champions’ defense on the ensuing drive, Dixon

found Dowell streaking to the endzone for a 29-yard touchdown and the lead.

Dixon converted the two-point conversion that followed to make it a 14-7 ballgame.

Cascade threatened to score once more before halftime after Hewitt’s back-to-back touchdowns, but a costly interception with 26 seconds remaining ended their drive.

Richland extended their lead to 27-14 midway through the third quarter when quarterback Bryce Miller connected with Workman for a 28-yard touchdown.

On the ensuing drive, the Champions looked to threaten again as Dixon found wide receiver Chance Brown across the middle for a hefty gain, but a holding penalty negated the play to leave them with a second and long situation.

With forever to a first down, the drive ultimately resulted in a turnover-on-downs.

“We have to watch film, ▶ See **Champs**, Page 2B

Bobcats pull away from Vikes in 2nd half

By **RICKEY CLARDY**
Sports Writer

UNIONVILLE — The Community Vikings used a strong second quarter to stay close with the Giles County Bobcats at the half, but it was all Bobcats in the second half as the Vikings fell 50-8 in a Region 4-3A football contest Friday night.

Community (1-3, 0-1) took the opening kickoff and ran for one first down on its opening drive before being forced to punt.

The Bobcats took advantage of a Viking fumble on the punt and returned the ball 10 yards for the opening score of the game.

The extra point by Chase Cardin gave Giles County a 7-0 lead with 7:43 remaining in the opening

quarter.

After a punt on the second Viking possession, the Bobcats took over with good field possession at the Community 38-yard line.

Giles County quickly found the end zone on a 2-play drive as quarterback Kamauri Turner scampered six yards for the touchdown. A run for two by Ethan Ehrhardt gave the Bobcats a 15-0 lead with 1:40 left.

The Community defense and a late scoring drive were the highlights as the Vikings gained momentum in the second quarter.

With the Bobcats driving early in the quarter, the Vikings came up big on fourth down as a tackle by Jordan Land stopped the Giles County drive at the

▶ See **Vikings**, Page 3B



Coach Luke Bowling and the Community Vikings talk over strategy.

T-G Photo by Rickey Clardy



Viqueens charge forward in win over Marshall Co.

T-G STAFF REPORT

LEWISBURG — The Community Viqueens got off to a hot start on Thursday night at Marshall County and never let off the throttle in a 3-0 sweep over the Tigerettes.

Community jumped out to a 25-13 first set victory

M.J. Simmons led the Viqueens on Thursday night at Marshall County, recording nine kills, 12 assists and an ace.

T-G Photo by Chris Siers

and followed with a 25-11 second set win and a 25-10 third set to finish the sweep.

M.J. Simmons and Lizzy Beasley combined for 18 kills to lead the Viqueens.

Kassadie Mack added two digs an ace and six assists as well.

The Viqueens returned home on Monday afternoon to face the Forrest Lady Rockets, however results were unavailable by press time.

Community keeps up a busy week on the

hardcourt, hosting Valor Collegiate on Tuesday before closing the week on the road at Webb on Wednesday and at Tullahoma on Thursday night.

Community 3, MCHS 0

Set scores: 25-13, 25-11, 25-10

M.J. Simmons 9 kills, 2 blocks, 2 digs, 1 ace, 12 assists
Jacey Collier 2 kills
Abi Brown 4 digs, 2 aces
Lizzy Beasley 9 kills, 1 dig, 2 aces,
Izzy Martinez 5 kills
Breanna Grooms 3 aces, 7 assists
Kassadie Mack 2 digs, 1 ace, 6 assists
Ashlyn Yoes 1 kill, 1 assist
Addison Cothran 1 dig

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T-G Photos by Will Carter

Quarterback Xamarion Dixon reads the defense before pulling the ball and running for a decent gain.

Champs

(Continued from Page 1B)

and see what we can do to better prepare ourselves and the team," Tyre said of the second half woes.

"Whoever has the most turnovers and penalties is going to lose the game, and that was us tonight."

While the Champions struggled to put points on the board, the Raiders continued to pad their lead.

Hewitt sliced his way to a 10-yard score for his third of the game with just under six minutes left in the fourth quarter.

Trying to score quickly, Cascade transitioned to a no huddle offense, and pushed the ball into Richland territory before another interception handed it right back with four minutes and 44 seconds left in the contest.

Hewitt and Workman combined to score all of the Raiders' touchdowns, including the final one with two minutes and 41 seconds left when Hewitt threw it to Workman across the middle for a 55-yard connection.

Cascade stayed in their no huddle offense in an attempt to score some quick points, but yet another interception with 50 seconds remaining in the fourth quarter put the nail in the coffin.

The Champions totaled four turnovers in the game while Richland had none.

Despite the miscues, Cascade totaled 353 yards of offense behind Dixon's 196 total yardage and running back Connor Huie's 102.

On the docket for



Wide receiver Damien Byford looks for open space after a catch down Cascade's sideline.

next week is an opponent the Champions are very familiar with as they welcome the Community Vikings to their field for the 2022 Battle of Bedford.

"We have to come out and play next week. This game is over. We can't do anything to change it,

so we have to focus on Community this week," Tyre said.

"It's a big rivalry, so we have to come out and play our game."

Kickoff is set for 7 p.m.

Cascade	6	8	0	0-14
Richland	7	14	6	14-41
First Quarter				
R — Ethan Workman 21 run, (Josh Hickman kick), 8:08.				

C — Xamarion Dixon 1 run, (failed 2 pt.), 3:06.

Second Quarter

C — Hayden Dowell 29 pass from Dixon, (Dixon 2 pt. good), 11:52.
R — Daniel Hewitt 30 run, (Hickman kick), 9:05.
R — Hewitt 82 fumble recovery, (Hickman kick), 5:41.

Third Quarter

R — Workman 28 pass from Bryce Miller, (kick failed), 5:11.

Fourth Quarter

R — Hewitt 10 rush, (Hickman kick), 5:57.
R — Workman 55 pass from Hewitt, (Hickman kick), 2:41.

Eaglettes blank Coffee Co.

T-G STAFF REPORT

Paige Blackburn fired home three goals and the Shelbyville Central Golden Eaglettes blanked Coffee County on the road on Thursday night, 7-0.

Blackburn led the way with a hat trick while Annette Solis, Emily Fisher, Valeria Gomez and Britzel Haytins found the back of the net once.

The Eaglettes return to action on Tuesday evening with another road match at Franklin County.

Bama's Reichard flips script for Saban kickers

By JOHN ZENOR

AP Sports Writer

Will Reichard points to the sky every time he makes a kick for Alabama, and he's made many.

The second-ranked Crimson Tide's kicker — easily the most successful of the Nick Saban era — is honoring God with the gesture and also his late father, Gary. That includes Reichard's game-winning kick against Texas last weekend, his first game winner since the third grade when he lifted his Hoover Raiders past Clay-Chalkville.

Reichard and the Tide beat Louisiana-Monroe 63-7 on Saturday, a week after the biggest kick of his career gave him yet another chance to thank his father.

Gary Reichard spent countless hours every weekend coaching his son in soccer and kicking. Activities he had to learn from scratch himself to tutor his son, talking to experts, watching videos and reading any book he could find on the subject.

Gary Reichard was diagnosed with pancreatic cancer in early 2016. He died at age 53 that March 28 when his son was in ninth grade.

"He was my kicking coach. He was my soccer coach," Will Reichard said. "I definitely wouldn't be here without him at all. We would go to the field every weekend just like most dads with sons do. But he took it to a whole other level."

One way he coped with the loss was riding the family's golf cart a mile to the high school and spending hours launching kick after kick on a lonely field.

Now, he pays tribute after every kick and still goes through the same pregame routine.

"The pregame is always really special to him," said Reichard's mother, Dana. "He goes through that and thinks about his dad."

She recently came upon a notebook charting in detail his every kick, everything from the yardage to what quadrant of the uprights it went through or where the ball went on misses.

The miniature soccer ball on a glass case that used to rest on his dad's nightstand now sits on the dresser in Reichard's Tuscaloosa condo.

Those lessons and workouts have paid dividends for both Reichard and Alabama.

His success has flipped

the script for Tide kickers, long regarded as the Achilles' heel of Saban's otherwise dominant Alabama teams.

Reichard is a four-year starter — including an injury-shortened freshman season — who has made 44 of 53 field goals, an 83% clip. He was a finalist for the Lou Groza Award in 2020 when he made all 14 field-goal attempts and was perfect on 84 extra points.

Saban said Reichard has been one of his most consistent players.

"Will has been a consistent performer for us for several years now," Saban said. "I've never been around a guy who had a perfect season. He actually had a perfect season as a kicker."

Yes, perfection as an Alabama kicker. It's no joke.

The most famous example of costly failed kicks pre-Reichard was the four misses in the so-called Game of the Century against LSU in 2011, a 9-6 overtime loss.

Reichard remembers watching that game with family and friends at home.

Then there was the Kick Six some two years later, when a long field goal fell short and Auburn's Chris Davis returned it 109 yards on the final play. And that's just the short list.

Alabama's kicking woes became almost a national punch line for a team that did everything else so well. And rather than intimidating Reichard, it drew him to Tuscaloosa. As Dana, who remarried over the summer, said of that kind of self-confidence, "He lets his faith be bigger than his fear."

During a Zoom call with Saban when Reichard committed to Alabama, she told the coach that she wanted him to have confidence when sending him out for a kick.

"That was always something that's always motivated me since I've been here and is going to continue to motivate me to try to turn that around," Reichard said, adding that he wants to help "keep Alabama an elite special teams program."

"It's not a good position when you're on a team and everyone thinks that you're the worst position group on the team," he said. "That's something that drives all the specialists here every single day."

Then again, Alabama kicking woes are old news these days.

Washington enters poll; Penn State, Oregon move up

By RALPH D. RUSSO

AP College Football Writer

Washington made its season debut in The Associated Press college football on Sunday at No. 18, and Penn State and Oregon moved into the top 15 after all three had decisive nonconference victories.

A weekend filled with blowouts by highly ranked teams kept the top 10 almost unchanged.

No. 1 Georgia picked up six more first-place votes in the AP Top 25 presented by Regions Bank. The Bulldogs are up to 59 first-place votes and 1,569 points.

No. 2 Alabama received three first-place votes and No. 3 Ohio State got one.

No. 4 Michigan, No. 5 Clemson, No. 6 Oklahoma and No. 7 Southern California all held their spots. The one change in the top 10 was No. 8 Kentucky flipping with No. 9 Oklahoma State. Arkansas stayed at No. 10.

The top 10 teams, most playing overmatched nonconference opponents, won their games Saturday by a combined 521-120. The shuffling came in the next 10.

No. 11 Tennessee moved up

four spots. Penn State jumped eight to No. 14 after routing Auburn on the road. No. 15 Oregon moved up 10 spots after handily defeating BYU, which slipped seven places to No. 19.

Washington beat previously ranked Michigan State 39-28 to earn a ranking for the first time since the 2021 preseason poll. Washington has had two brief stays in the AP Top 25 the last two seasons but has been mostly unranked since the early part of the 2019 season.

"To get this win now is just going to continue to put this belief

in our guys. It's only going to get better for us as we go to work in practice," first-year Washington coach Kalen DeBoer told reporters after the game.

Michigan State dropped all the way out after being No. 11.

Mississippi moved up four spots to No. 16 and No. 20 Florida slipped a couple of spots after barely getting by South Florida at home.

At the bottom of the rankings, Miami dropped 12 spots and landed at No. 25 after losing at Texas A&M. The Aggies went up one to No. 23.

Poll points

The 10-0 weekend from the top 10 was the first since they all played and won in Week 2 of the 2019 season.

Overall, the AP Top 25 teams won 22 games, the most since 24 teams won in Week 1 of 2019.

— Washington's leap into the poll from unranked to No. 18 was the best for the program since September 1989, when the Huskies beat Texas A&M and went from outside the rankings to No. 15.

Vikings

(Continued from Page 1B)

Community 27. The Viking offense started to connect as a 40-yard pass from Cole Crockett to Maki Fleming moved the ball to the Bobcat 27-yard line. The drive stalled as the Vikings could not convert on fourth down. Once again, the Viking defense came up big as an interception gave Community the ball at its own 44. But a fumbled punt gave the Bobcats good field position and Giles County took advantage as Turner scored on an 18-yard run to increase the Bobcat lead to 22-0 with 2:28 left. With Cardin's kicks going into the end zone for touchbacks on all but one kickoff on the night, the Vikings started the ensuing drive on their 20. An eight-yard run by Ramon Hernandez followed by a 12-yard run by Fleming gave Community a first down on the drive. Consecutive pass interference penalties by the Bobcats gave the Vikings two more first downs and advanced the ball to the Bobcat 32-yard line. A 34-yard pass play from Crockett to Fleming moved the ball to the Giles County 1-yard line with seven seconds remaining. Fleming finished the drive with a run for the touchdown to put Community on the scoreboard. Fleming's run for two cut the Bobcat lead to 22-8 with two seconds left. After the Vikings recovered the onside kick, Community had one more chance to score, but a long pass narrowly missed the mark as the half came to a close. "We wanted to win the second quarter, and the



Maki Fleming (1) hauls in a 34-yard pass from Cole Crockett in the waning seconds of the first half. Fleming scored from one yard out on the following play.

T-G Photos by Rickey Clardy

defense had a big part in that," Coach Luke Bowling of the Vikings said. "They were able to get some big stops and get the ball back to the offense." The speed of the Bobcats took over in the second half as three third quarter touchdowns increased the Giles County lead to 43-8. The Bobcats added a touchdown in the fourth quarter to close out the scoring on the night. The Vikings were forced to do some maneuvering

on offense with starting quarterback Dallas Grooms unable to play. "Credit to Maki and credit to Cole. They didn't complain and didn't drop their heads," Bowling said. "They practiced hard this week. That's a steep mountain to climb when you lose your senior quarterback that knows the offense." Community will travel to Cascade to take on the Champions in the Battle of Bedford Friday night at 7

p.m.

Giles Co.	15	7	21	7	- 50
Community	0	8	0	0	- 8

First Quarter
GC - 10-yard fumble return, (Chase Cardin kick), 7:43.
GC - Kamauri Turner 6 run, (Ethan Ehrhardt run), 1:40.

Second Quarter
GC - Turner 18 run, (Cardin kick), 2:28.
C - Maki Fleming 1 run, (Fleming run), 0:02.

Third Quarter
GC - Turner 24 run, (Cardin kick), 10:05.
GC - X Randolph 3 run, (Cardin kick), 7:02.
GC - Randolph 63 run, (Cardin kick), 1:28.

Fourth Quarter
GC - Maddox Goode 1 run, (Cooperhite kick), 8:17.



Jordan Land (55) of the Vikings makes the stop on a Giles County runner.

Unbelievable comebacks in NFL Sunday

By ROB MAADDI
AP Pro Football Writer

Call it a Comeback Sunday the NFL hasn't seen in years. The Dolphins and Cardinals made history by overcoming 20-point halftime deficits to win on the same day while the Jets rallied from a 13-point deficit in the final two minutes. Two other teams almost joined the club. The Falcons fought back from a 28-3 third-quarter deficit — that score sounds familiar in Atlanta — only to fall short against the defending Super Bowl champion Los Angeles Rams when Jalen Ramsey picked off Marcus Mariota's pass intended for Bryan Edwards in the end zone, sealing a 31-27 victory. Joe Burrow helped the Cincinnati Bengals erase a 17-3 halftime deficit in Dallas but Brett Maher kicked a 50-yard field goal as time expired to give the Cowboys a 20-17 win that dropped the reigning AFC champions to 0-2. Two weeks into the season, close games and wacky finishes are a common theme. It's great news for the league, giving viewers who have no fantasy football or gambling interest reason to stick around until the end. There have been 12 games decided by three points or fewer already, the most through the first two weeks of a season in NFL history. Eight teams have overcome a deficit of at least 10 points to win or tie, the second-most through Week 2, trailing only the 1987 season when nine teams did it. Tua Tagovailoa's performance was most impressive. He tossed six touchdown passes to lead Miami to a 42-38 win at Baltimore after trailing Lamar Jackson and the Ravens 35-14 going into the fourth quarter. "We basically had to play perfect complimentary football to come back from a deficit like that, and this is a really good team so I couldn't be happier with him, and his teammates know," Dolphins coach Mike McDaniel said of Tagovailoa. "His teammates learned a lot about him, and I think he learned something about himself." Tagovailoa improved to 8-1 vs Super Bowl-winning head coaches, the highest win percentage league history with a minimum six starts. His critics should be silent for at least another week. "Mike told us in our team meeting that this is going to be a great opportunity for us that if we do ever get down against these guys, we know that you're not looking to put your head down," Tagovailoa said. "We're always going to

be in the game and just play one play at a time. And Mike is always going to say this. This is kind of like the mind-set for our team, that adversity is opportunity. And, that's how we played." Tyler Murray put on a spectacular display of his own to help Arizona overcome a 20-0 halftime deficit in Las Vegas. Murray ran in from the 3 on the final play of regulation and made a perfect throw into a tight window through traffic for the 2-point conversion to send the game into overtime. Then, Byron Murphy Jr. returned Hunter Renfrow's fumble 59 yards for a touchdown to give the Cardinals a 29-23 win over the Raiders. "There were so many do-or-die plays, I lost count, where we had to have this stop, had to have this 2-point conversion, had to score, had to have this fourth down, and guys just kept fighting," Cardinals coach Kliff Kingsbury said. "Nobody blinked. At halftime, it was 'Hey, we have to settle in and do what we do.' We played about as bad as you could in the first half, didn't play great the second half, but the effort was incredible." Multiple teams had not rallied from 20-point halftime deficits to win on the same day in NFL history until the Dolphins and Cardinals both did it Sunday. It was the first time that two teams overcame a deficit of at least 20 points at any point in a game to win in the same week since Week 4 of the 2011 season. Of the three teams who blew big leads, the Browns should be most bitter. They would've won if Nick Chubb had stayed in bounds instead of running into the end zone for his third touchdown with 1:55 remaining. That score gave Cleveland a 30-17 lead but the extra-point was missed. Joe Flacco tossed two TD passes in a 60-second span sandwiched around a recovered onside kick as the Jets pulled off an improbable victory. Teams had won 2,229 consecutive games when leading by at least 13 points in the final two minutes before the Browns blew it. "I have won on a Hail Mary. I have lost on a Hail Mary. I have won in a last-second game," Jets coach Robert Saleh said. "At this point in my life, I've experienced all of it, so I'm never surprised at what the league has to offer, but that rollercoaster never changes." The three comebacks by the Dolphins, Cardinals and Jets — all on the road, too — marked the second time in league history three teams overcame a fourth-quarter deficit of at least 13 points to win on same day. The way this season has started, expect to see plenty more comebacks.

49ers QB out for season with broken ankle

By JOSH DUBOW
AP Pro Football Writer
SANTA CLARA, Calif. — San Francisco 49ers quarterback Trey Lance will miss the rest of the season after breaking his right ankle Sunday.

Lance went down after running the ball on the second drive of a 27-7 win over the Seattle Seahawks. A cart came out on the field and Lance's leg was put into an air cast before he was taken off. Coach Kyle Shanahan said after the game that Lance would need to undergo season-ending surgery, raising immediate questions about using Lance as a runner between the tackles so often early this season.

"Any time a guy gets hurt, I wish I didn't call that," Shanahan said. "But no, that's something we were going to do and something we

would continue to do. It's a football play we believe in and something that gives him a real chance to be successful."

Lance's teammates and several Seahawks players paid him respect before he left the field and was replaced by former starter Jimmy Garoppolo, who threw a touchdown pass on his first full drive and passed for 154 yards. "It's tough whenever you see a guy get hurt," Garoppolo said. "I feel for him. Trey's a tough dude. He'll be all right."

Lance took over the starting job this season from Garoppolo after being drafted third overall in 2021. San Francisco traded three first-round picks to move up nine spots to take Lance, making a major investment in him. Lance spent his rookie season mostly on the bench watching

Garoppolo as the Niners went all the way to the NFC title game before losing to the Rams.

But now he was supposed to get his chance as a starter for the first time since 2019 at North Dakota State. Lance only played one game in college the following season because of the pandemic.

"It's the worst part of the game, obviously," said defensive end Nick Bosa, who had a season-ending knee injury in Week 2 of the 2020 season. "It happens instantly and there's no going back. Once it happens, obviously you feel like your life is over for a certain amount of time. ... If he gets surgery, whenever that is, then that kind of starts your road back. It's not going to be easy, but he will be back and he'll be fine. Just really tough right now." San Francisco planned to trade

Garoppolo this offseason, but was unable to after he underwent shoulder surgery in March.

Garoppolo remained on the roster but didn't practice with the team at all during training camp, throwing on his own on a side field, before agreeing to return as a backup on a reduced contract.

Instead of the nonguaranteed \$24.2 million base salary Garoppolo was owed this season, he will get a \$6.5 million fully guaranteed base salary, \$500,000 in roster bonuses and the chance to make nearly \$9 million more in playing time bonuses.

Garoppolo made \$350,000 in bonuses Sunday for playing at least 25% of the snaps and the Niners winning the game.

Now he could have a chance at a more substantial role depending on how long Lance is injured.

Garoppolo didn't take long to get into form, throwing a 38-yard TD pass to Ross Dwelley on his first full possession.

Lance was 2 for 3 for 30 yards passing and had three carries for 13 yards before leaving the game. This is the second time Lance has gotten hurt in his brief time in the NFL. He injured his knee after his first start last season against Arizona when Garoppolo was hurt.

Lance carried the ball 47 times in less than 15 quarters as the main quarterback the past two seasons.

"Do you guys watch other teams in this league? Buffalo does it all the time with their quarterback," Shanahan said about Josh Allen. "It's a pretty normal play. It's part of football and it's unfortunate that he hurt his ankle on it. It's a very normal play."

NASCAR faces more questions about new car

By JENNA FRYER
Associated Press

Kyle Busch deserved better than two failed Toyota engines in the first round of NASCAR's playoffs.

But at least Busch knows what happened to end his night at Bristol Motor Speedway and leave him "flabbergasted" at being eliminated from the playoff field.

Martin Truex Jr.? He could only laugh as he stood in the garage alongside his disabled car as fellow Toyota driver Bubba Wallace came in for repairs.

"There's another one," he said with a smirk. Truex also referred back to Kevin Harvick's words after his car caught fire in the opening playoff race at Darlington three weeks ago.

"What Harvick say?" Truex said of his own Saturday night issue. "Crappy parts."

At least a dozen of the playoff drivers had some sort of problem with NASCAR's new Next Gen car at Bristol, where the spec car that has leveled the playing field was exposed for myriad durability issues that have followed it in its entire debut season.

The Ford camp suffered a rash of blown tires, Toyota was plagued by power steering failures, drivers racing for the win were knocked from contention for any number of mechanical gremlins and passing was a most difficult task.

The 12 lead changes were the lowest in more than a dozen years at Bristol, and only four of those passes were under green.

"Just difficult to pass," Harvick said. "The car is way too fast through the corners. Can't race."

Harvick was in position



Photo by Jared C. Tilton/Getty Images

Kyle Busch was one of at least a dozen drivers to have issues with NASCAR's new Next Gen car over the weekend at Bristol.

to contend for the victory until a wheel fell off his Ford during the final round of pit stops and knocked him from the playoffs.

Now there's a new round of questions surrounding the Next Gen, an industry-wide project to develop a car of single-source parts that both contained costs and helped small teams close the gap on the powerhouse NASCAR organizations. It's worked, as Chris Buescher on Saturday night became the record-tying 19th different Cup winner this season.

Buescher's win marked the first time since this version of NASCAR's playoffs were established that drivers not competing for the title swept the entire round. Erik Jones won at Darlington and Wallace at Kansas; neither is a playoff driver, nor is Buescher, who scored his second career victory in his 250th career start.

But Buescher won by

stretching his final two-tire pit stop the last 61 laps of the 500-mile race, as a lack of tire wear (except for that rash of blown right fronts on the Fords) kept runner-up Chase Elliott on four new tires comfortably in his rearview mirror.

The Next Gen has been questioned over safety concerns since rumors of disastrous crash tests during the development phase, and those issues have only ratcheted since July when a crash in qualifying gave Kurt Busch a concussion that has kept him out of competition for nearly two months. Other drivers have reported they are feeling the force of impact during crashes far worse than ever before, and a spate of fires at Darlington led NASCAR to make a series of rules changes.

Now there's a fresh batch of complaints following Bristol, where Harvick, Kyle Busch and Richard

Childress Racing teammates Austin Dillon and Tyler Reddick were eliminated from the playoff field.

"We need NextGen 2.0. Just gotta figure out who's gonna pay for it," Denny Hamlin tweeted. Hamlin is part-owner of the 23XI Racing team that has been without Kurt Busch for nine races.

"Passing was just impossible," Hamlin said after the race. He, too, had a blown tire at Bristol but felt the difficulty in passing was the larger problem.

"I would like to see the racing improve overall. Some lap time variation a little bit. We're just running around there and it's like we're running faster in the corners than we are on the straightaways," Hamlin said. "We had some steering issues, and it looks like our Toyota teammates also had steering issues."

Yes, all six Toyotas had a problem, ranging from tires

for Hamlin and Christopher Bell, steering issues for Truex, Wallace and Ty Gibbs, and Kyle Busch's engine failure.

And it was a mixed night for Brad Keselowski, who won the first stage of the race for his first stage victory of the season and seemed in position to race for his first win of the season. Keselowski moved from Team Penske to RFK Racing this season to drive with an ownership stake in Jack Roush's team, and he desperately wanted to give RFK its first win.

But then his tire blew while leading with 87 laps remaining and Keselowski's trip to victory lane was to congratulate teammate Buescher. He acknowledged passing was tricky — but said it isn't supposed to be easy — and said NASCAR must continue to work on the Next Gen.

"Would I like to see us continue to work on the

cars? Absolutely. I've said this to NASCAR and I've said it to the media before and I'll say it again: 'If the Next-Gen car looks the same as it does this year, then we've failed,'" Keselowski said. "We should continue to grow. We should continue to learn. We should continue to make it better. There's probably some car owners that don't want to hear it because it costs money to change the cars."

"There's the 'everything is wrong with this car' camp and there's the 'nothing is wrong with this car' camp," Keselowski added. "I'd like to keep working on it. It seems like much, like many things today, that polarization means there's no room for middle ground. In my eyes, I'd like to see some small tweaks, but I'm thankful and proud of our sport and where the Next Gen car has taken us so far."

Buescher wins Bristol; playoffs over for several

BRISTOL (AP) — Chris Buescher closed out a bizarre first round of NASCAR's playoffs in which none of the title contenders won a race by becoming the 19th winner this season with his victory Saturday night at Bristol Motor Speedway.

The second win of Buescher's career marked the first time in this format of NASCAR's postseason that a playoff driver failed to win a race during a round. Erik Jones won the opener and Bubba Wallace won last week.

Buescher won for RFK Racing, the longtime Jack Roush-owned team that took on Brad Keselowski in the ownership group this season, to give the organization its first win in a points-paying Cup race in over five years. Buescher and Keselowski both won a pair of exhibition races for RFK at Daytona in February.

"This is so special, this team does such a good job," said Buescher, who won with a late call for two tires on the final pit stop. "It's special to get RFK into victory lane for the first time."

Keselowski, who left a long successful career at Team Penske to become an owner and driver at rebranded RFK, won the first stage for his first stage victory of the season. He congratulated Buescher both on-track and in victory lane.

It was the first points-paying win for RFK — then called Roush Fenway Racing — since Daytona in 2017, and the first non-superspeedway win on an oval since Carl Edwards won at Bristol in 2014.

The showdown on the Bristol short track was the first elimination race of NASCAR's playoffs and it was a nail-biter to the very end as at least a dozen of the 16 title contenders had some sort of problem. There was a rash of flat tires for Ford drivers, mechanical problems for Toyota, an engine failure for Kyle Busch and Richard Childress Racing's two



Photo by Sean Gardner/Getty Images

Chris Buescher celebrates after taking the checkered on Saturday at Bristol Motor Speedway.

drivers were both involved in a crash.

The 16-driver field was cut by four, and eliminated from the playoffs were Kevin Harvick, Busch and RCR teammates Austin Dillon and Tyler Reddick.

"This place is tough on the drivers. It's tough on the cars," Reddick said. "You never know how it's going to go."

Harvick, Busch and Dillon were all below the cutline headed into the race, but Harvick had a shot at the win until a wheel fell off his Ford during the final pit stop. He'd inherited a near-clear path to the victory — and an automatic berth into the next round — when Keselowski got a flat tire and hit the wall while leading.

"Just went from having a chance to lead the parade to being a part of the parade,"

said Harvick, who noted he was ahead of Buescher at the final pit stop. "

Austin Cindric barely advanced because he was one of the early Ford drivers to run into trouble with a flat tire. There was a rash of tire problems for Ford drivers, and it would have eliminated many of them if so many playoff drivers didn't have problems.

Among those who had no problems were Hendrick Motorsports teammates Chase Elliott and William Byron, who finished second and third in Chevrolets.

Christopher Bell finished fourth in a Toyota for Joe Gibbs Racing and was followed by Kyle Larson and Ross Chastain of Trackhouse Racing. Non-playoff drivers AJ Allmendinger and Cole Custer finished seventh and

eighth.

The 19 winners in a season has been done a record four other times in NASCAR history and Elliott, who cycled back to the points lead for the start of the second round of the playoffs, noted the first three races showed what a crapshoot the process is this year.

"I don't think anybody is safe," Elliott said. "Nobody is safe in these rounds. And we want to do better, too."

Bizarre end for Busch

Kyle Busch won't race for a third championship in his final season with Joe Gibbs Racing. Busch closed a wild week in which he announced he was leaving JGR to drive for Richard Childress Racing, then went

to Bristol desperately trying to stay in title contention.

But his engine seemed to fail just past the halfway mark and Busch bounced off the wall, then drove his Toyota to the garage and walked back to his truck. He never removed his helmet.

"I don't even know what to say. I'm flabbergasted," Busch said. "I just feel so bad for my guys. They don't deserve to be in this spot, we're too good of a group to be this low down on the bottom and fighting for our lives just to make it through. But two engine failures in three weeks, that will do it to you."

"This is not our normal."

It seemed certain Busch had been eliminated from the playoffs until the next restart and Daniel Suarez triggered a crash that also caused damage to contenders Dillon

and Reddick. Like Busch, Dillon went to Bristol below the cutline and in danger of elimination.

The crash gave new hope to Busch, but he said he wasn't sticking around to find out if he advanced. He said once released of his NASCAR obligations, he was headed back to North Carolina. "I've got kids at home," Busch said.

Busch wound up 34th and was eliminated.

Up next

The opening race of the second round of the playoffs is Sunday at Texas Motor Speedway. Blaney won the All-Star race there in May, and Larson won the playoff race there last season when Texas opened the third round and Larson's victory earned him an automatic berth in the championship finale.

THE AMAZING SPIDER MAN® by Stan Lee-Larry Lieber



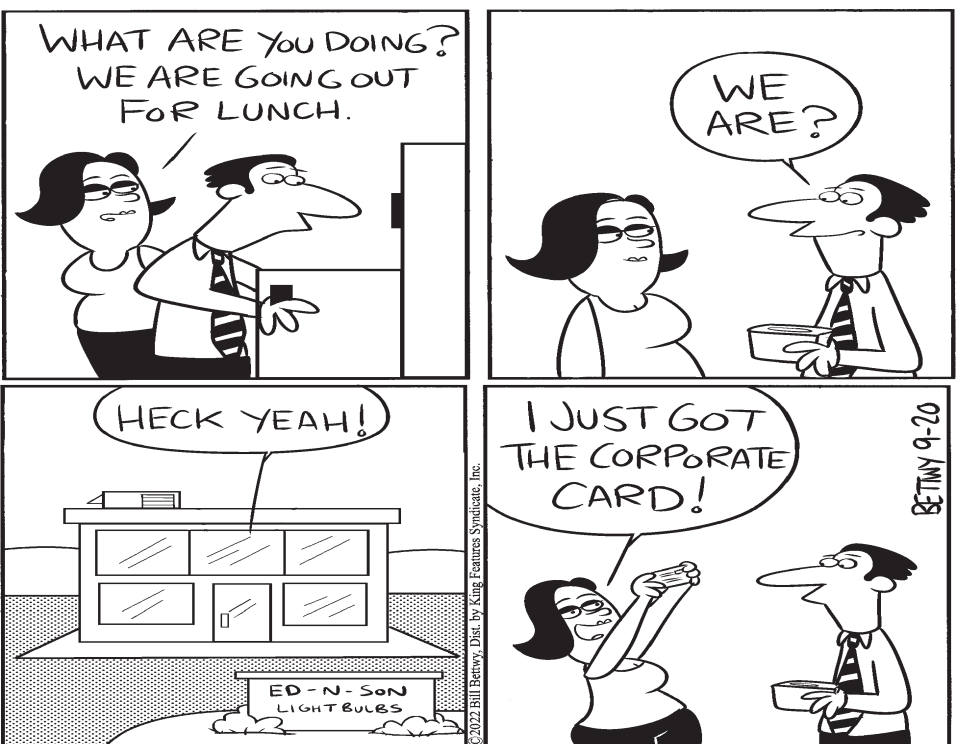
JUDGE PARKER® by Marculiano-Manley



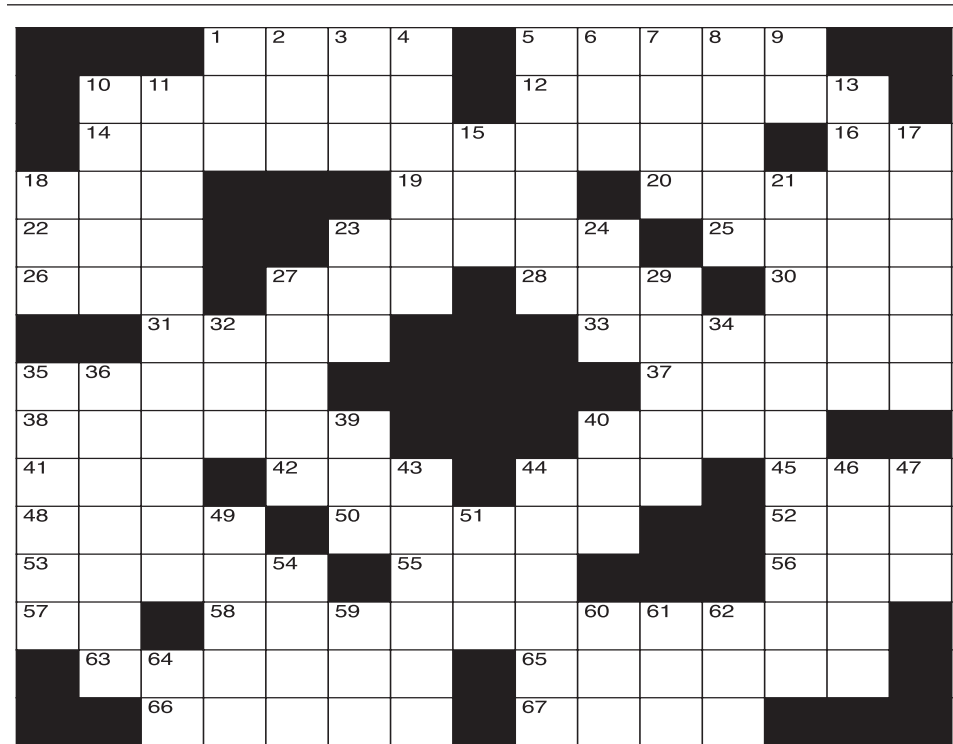
POPEYE® by Bud Sagendorf



THATABABY® by Paul Trap



CROSSWORD PUZZLE



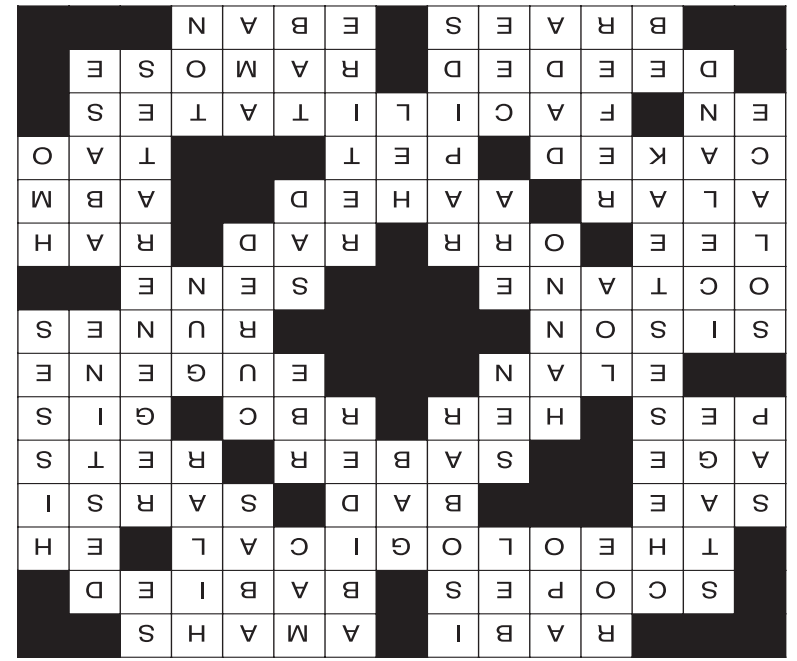
CLUES ACROSS

- 1. Crops sown in winter in India
5. Nursemaids in East Asia
10. Investigates
12. Treated like a child
14. About religious belief
16. Widely used exclamation
18. Car mechanics group
19. Not good
20. Indigenous people of Alberta
22. Everyone has one
23. Fencing sword
25. Soaks
26. The human foot
27. Of she
28. Erythrocyte (abbr.)
30. Soldiers
31. Energy, style and enthusiasm
33. Playwright O'Neill
35. Stone parsley
37. Small stones
38. Gas descriptor
40. Monetary unit of Samoa
41. Jeans manufacturer
42. NHL great Bobby
44. Cool!
45. Bravo! Bravo! Bravo!
48. Winged
50. Partner to "oooh"
52. Defensive nuclear weapon
53. Coated
55. Furry household friend
56. Chinese principle underlying the universe
57. Prefix meaning "within"
58. Makes easier
63. Transferred property
65. Branched
66. Hillside
67. Abba __, Israeli diplomat

CLUES DOWN

- 1. Eggs in a female fish
2. Military mailbox
3. Unit to compare power levels
4. Line on a map connecting similar points
5. One who accepts
6. Partner to cheese
7. Ancient Greek sophist
8. About hilus
9. Southeast
10. Where actors ply their trade
11. Beloved Philly sandwich
13. Intend
15. Talk excessively
17. Bronx cheers
18. Drain
21. Renewals
23. Monetary unit in Asia
24. Relative biological effectiveness (abbr.)
27. Carthaginian statesman
32. Mauna __, Hawaiian volcano
34. Firearm
35. Consolation
36. An island in the north Atlantic
39. Pitching statistic
40. Disconsolate
43. A part of a river where the current is very fast
44. Call it a career
46. Behave in a way that degrades someone
47. Health insurance
49. Recommend
51. Baltic peninsula
54. Father
59. After B
60. Bar bill
61. Doctors' group
62. 2,000 lbs.
64. Equal to one quintillion bytes.

PUZZLE SOLUTION



ASTROGRAPH

ARIES - Mar 21/Apr 20 Teaching what you know to others is a continuous theme for you this week, Aries. You want to impart wisdom any way that you can and you'll have the opportunity to do so.
TAURUS - Apr 21/May 21 Taurus, you'll finally gain greater control over your thoughts this week when someone close to you helps you see the bigger picture. Now you can focus on important things.
GEMINI - May 22/June 21 Your love life may seem confusing this week, Gemini. It may wax and wane from fevered passion to apathy. Rough patches are not unusual and you need to see this through.
CANCER - June 22/July 22 Cancer, a change in routine is necessary. Lately you may have been feeling overwhelmed by responsibilities, so take time to figure out what you need to do.
LEO - July 23/Aug 23 A turning point in your love life may come this week, Leo. It may hit you in a most unexpected way. Even a relatively simple gesture may sway your feelings.
VIRGO - Aug 24/Sept 22 Virgo, your social circle could open up this week and expand your prospects even further. Use the new connections to get out of the house more than ever before.
LIBRA - Sept 23/Oct 23 An unexpected financial windfall could come your way this week, Libra. While it could be tempting to spend all this extra money right away, save some for a rainy day.
SCORPIO - Oct 24/Nov 22 Your desire for excitement could lead you on a wild goose chase, Scorpio. You may find that it's not excitement you need, just a change of scenery. Book a trip.
SAGITTARIUS - Nov 23/Dec 21 Sagittarius, this week you may find that one day you are calm and collected, and the next you are all riled up. Find a balance between them both to get through the days.
CAPRICORN - Dec 22/Jan 20 Capricorn, though making sudden changes in your life seems like a good idea, it's best to take some time mulling things over before you dive into any new situations.
AQUARIUS - Jan 21/Feb 18 Even the best plans can use a little tweaking from time to time. Go with the flow, Aquarius. Enjoy this more laid back approach and consider taking it more often.
PISCES - Feb 19/Mar 20 Pisces, a professional change will happen soon. All that hard work you have been putting in is sure to pay off in the weeks ahead.
FAMOUS BIRTHDAYS
SEPTEMBER 18 Jason Sudeikis, Actor (47)
SEPTEMBER 19 Jimmy Fallon, TV Host (48)
SEPTEMBER 20 Phillip Phillips, Singer (32)
SEPTEMBER 21 Bill Murray, Actor (72)
SEPTEMBER 22 Tom Felton, Actor (35)
SEPTEMBER 23 Anthony Mackie, Actor (44)
SEPTEMBER 24 Stephanie McMahon, Wrestler (46)

TUESDAY EVENING SEPTEMBER 20, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

WEDNESDAY EVENING SEPTEMBER 21, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

THURSDAY EVENING SEPTEMBER 22, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

FRIDAY EVENING SEPTEMBER 23, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

SATURDAY EVENING SEPTEMBER 24, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

SUNDAY EVENING SEPTEMBER 25, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

MONDAY EVENING SEPTEMBER 26, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

TUESDAY EVENING SEPTEMBER 27, 2022

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, E!, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NEWSNAT, NICK, PARM, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, HBO, MAX, SHOW).

Warm Up Fall with Filling Family Meals

FAMILY FEATURES

Cooler fall months call for comforting, hearty meals that taste just as delicious as they look. Filling recipes like chili and pasta make the season a special time for spending quality moments with those you love.

This fall, turn to a time-saving ingredient like Newman's Own Sockarooni Pasta Sauce with its blend of tomatoes, mushrooms and bell peppers plus a few signature spices. This versatile sauce made with high-quality ingredients is ready to be a new favorite at your home in recipes like Chili Con Carne, a satisfying dish that can simmer on the stove while you help little ones with homework.

If your family and friends love sharing pasta on those cool, crisp evenings, Lasagna a la Sockarooni can help you impress guests as a quick, easy recipe elevated by creamy and buttery bechamel sauce.

Along with comforting foods, fall is also a time for giving. You can put tasty food on your own table while helping nourish and transform the lives of children who face adversity with Newman's Own's radically good commitment to "giving it all away." As with all of its products, 100% of profits from Sockarooni Pasta Sauce is donated to organizations that help kids.

Learn more about supporting that commitment and find additional autumn recipes by visiting NewmansOwn.com.

Lasagna a la Sockarooni

Prep time: 10 minutes
Cook time: 25 minutes
Servings: 9

- Salted water**
- 1 package lasagna noodles**
- 1 jar Newman's Own Sockarooni Pasta Sauce**
- 2 cups Parmigiano Reggiano cheese, grated**

Bechamel Sauce:

- 4 tablespoons butter**
- 1/2 cup all-purpose flour**
- 1 1/2 cups whole milk**

Over high heat, boil large pot of heavily salted water. Once boiling, add lasagna noodles and cook until al dente then drain and set aside.

To make bechamel sauce: In saucepan over medium-low heat, melt butter. Add flour and stir with wooden spoon until paste forms. Add small amount of milk and stir until mixture loosens. Gradually add remaining milk and continue stirring with whisk. Cook sauce over low heat until thickened, about 10 minutes.

Preheat oven to 375 F.

In large, deep, oven-proof casserole dish, ladle small amount of pasta sauce followed by small amount of bechamel sauce. Sprinkle some Parmigiano Reggiano cheese over sauces and layer with three lasagna noodles. Continue pattern until dish is complete. Top final layer of noodles with remaining bechamel sauce and grated Parmigiano Reggiano.

Bake 25-30 minutes until golden brown and bubbling. Cool prior to serving.



Lasagna a la Sockarooni



Chili Con Carne

Chili Con Carne

Prep time: 20 minutes
Cook time: 2 hours
Servings: 8

- 2 cups diced onion**
- 3 cloves garlic, minced**
- 1 green pepper, seeded and chopped**
- 2 tablespoons cooking oil**
- 2 pounds coarsely ground lean beef**
- 2 cups kidney beans, soaked overnight**
- 1 jar Newman's Own Sockarooni or Marinara Pasta Sauce**
- 2-3 cups water**
- 2-3 tablespoons chili powder**

- 1 teaspoon ground cumin salt, to taste**
- pepper, to taste**
- 1 cup chopped celery**
- 1 can (8 ounces) corn sour cream, for garnish**
- lime wedges, for garnish**

Saute onion, garlic and green pepper in oil until soft. Add beef and brown. Add kidney beans, pasta sauce, water, chili powder, cumin and salt and pepper, to taste. Simmer, uncovered, 1 hour, stirring frequently. Add celery and corn; simmer 1 hour. Garnish with sour cream and lime wedges.

Substitution: Use 3 cups cooked rice for meat to make vegetarian chili.

A good-for-you salad loaded with grapes



(Family Features)

Your next snack or office lunch can get a boost of flavor from this Smashed Cucumber and Grape Salad, perfect for making ahead of time to pack along for whatever the day might bring your way.

As an easy, versatile ingredient that can be used in a wide variety of recipes, grapes offer delicious taste, texture and color – plus a healthy boost – that make them an appealing addition to snacks and meals.

To find more good-for-you recipe inspiration, visit GrapesFromCalifornia.com.

Smashed Cucumber and Grape Salad

Servings: 6

- 1 1/4 pounds English or Persian cucumbers, ends trimmed**
- 1 teaspoon kosher salt**
- 2 tablespoons rice vinegar**
- 1 tablespoon reduced-sodium soy sauce**
- 2 teaspoons granulated sugar**
- 1-2 teaspoons chili oil**
- 1 teaspoon toasted sesame oil**
- 1 cup halved Grapes from California**
- 2 scallions, thinly sliced**
- 2 teaspoons toasted sesame seeds**

Using rolling pin, lightly smash whole cucumbers to break open. Tear or cut cucumbers into 1 1/2-inch pieces and season with salt. Transfer to sieve and drain 10 minutes.

In large bowl, whisk vinegar, soy sauce, sugar, chili oil and sesame oil; stir in grapes and scallions.

When cucumbers are done draining, add to bowl with grape mixture and stir to combine. Sprinkle with sesame seeds and serve.

Nutritional analysis per serving: 70 calories; 1 g protein; 11 g carbohydrates; 2.5 g fat (32% calories from fat); 0 g saturated fat; 0 mg cholesterol; 170 mg sodium; 1 g fiber.

Halloween craft ideas for kids

Halloween is an enjoyable holiday for all, but particularly for children. Kids enjoy the opportunity to channel their whimsy and imagination, whether that involves choosing a clever costume or helping design the theme and scope of home decorations.

Parents, guardians and educators can channel the creativity inspired by Halloween into various craft projects. Crafts can not only keep children busy when the "I'm bored" lamentations inevitably turn up, but crafts also are a way to keep children off of screens. Plus, the items that children create can be used to decorate rooms in the house — helping to curb added expenses on commercial decor.

The following are some Halloween crafts children can make alone or with the help of older siblings and parents.

Jack's slime

The toothy grins of jack-o'-lanterns can be seen just about

everywhere come Halloween, and the bright orange color of pumpkins heralds the start of fall. What better way to say "Halloween is here" than with a craft that can be displayed and also played with? Slime is something that's always a big hit with kids. Here's a recipe for slime, courtesy of The Best Ideas for Kids.

- 6 ounces of Elmer's glue (substituting with another brand of glue may not produce the same results)
- Orange food coloring to create desired hue
- 1/2 teaspoon of baking soda
- 11/2 tablespoons of contact lens solution (one that contains boric acid in the ingredient list, as that is what causes the chemical reaction to form slime)
- Optional: 2 tablespoons of water added to the glue before the baking soda if you desire a stretchier slime
- Black felt or black construction paper, cut into the eyes and

mouth of a jack-o'-lantern

- Small mason jar with lid
- Decorate the mason jar using a bit of glue to stick the black paper or felt face pieces to the outside of the jar. Mix all the ingredients of the slime in a small bowl and pour into the decorated jar.

Forest spider

Take a trip to a nearby forest or wooded trail and gather up round pinecones that have fallen. Purchase brown pipe cleaners and cut four of the cleaners in half to form eight legs. Glue the legs on the pinecone and attach several small googly eyes and two larger ones to form the eyes of the spider.

Paper roll treat holders

Rather than discarding the tubes inside of paper towel or toilet paper rolls, let kids transform them into monster craft treat holders. They'll be perfect for



party favors or even to give out to neighborhood trick-or-treaters. Cover the bottoms of the rolls with masking tape so treats won't fall out. Paint the outside of the cardboard rolls and let dry. An alternative is to cover the rolls in colored paper for less messy fun. Then use markers or paper cut-outs to form faces of the monsters. Fill the rolls with treats, then stuff a piece of tissue paper in each top to add even more personality to the creations and hide the treats inside.

Ghostly leaves

Make a truly eco-friendly craft on Halloween, with ghosts made out of leaves, eliminating the need to use extra paper. Paint large leaves with white paint. On the narrow-most point on top of the leaves, paint black eyes and mouths. When completely dry, scatter on a table or sideboard for some scary fun, or use double-sided tape to stick to windows and doors.