

# T<sup>SHELBYVILLE</sup> TIMES-GAZETTE *Weekend*

Bell Buckle • Normandy • Shelbyville • Unionville • Wartrace • Flat Creek

\$1

SATURDAY, OCTOBER 15, 2022

www.t-g.com

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- FSI/SAVE
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## Robinson honored

Local/2A



## Aiming at titles

Sports/1C



Partly cloudy  
81/54

AWARD  
WINNING  
NEWSPAPER

UT-TPA  
PRESS AWARD  
2022



Vol. 141, No. 82

# THINK PINK

## Cancer awareness T-shirts on sale

**T-G STAFF REPORT**  
T-shirts in recognition of National Cancer Awareness Month are being sold through October by Shelbyville Police Benevolent Association.

The shirts are \$20 each and can be purchased at the front office of Shelbyville Police Department. All money goes to Bedford Cancer Foundation to help alleviate the financial burden of cancer for eligible cancer patients living in Bedford County.

The shirts were designed by SPD Detective Carol Jean with Debra Nelson of Black & Blue Sports.



Several staff members at Shelbyville Police Department display National Cancer Awareness Month t-shirts being sold by Shelbyville Police Benevolent Association. From left are Kerry Dunn, Sheri Rhodes, Detective Carol Jean, Lilia Torres, and Kim Nash.

T-G Photo by David Melson

**CITY COUNCIL**  
Shelbyville City Council met Thursday night and discussed issues including zoning and growth. See details in Tuesday's T-G.

## FASHION SHOW DRAWS CROWD



T-G Photo by Dawn Hankins

Mallory Ayers modeled with ease and a smile everything from fashionable fall hats to a bright red party dress (see page 8C) on Wednesday during Shelbyville Woman's Club's annual fall fashion show. J Jordan Boutique on the square provided clothing and accessories for the event.

## Commission appoints committee members

By ZOË HAGGARD  
zhaggard@t-g.com

Bedford County Board of Commissioners met in regular session Tuesday night to fill open committee seats with new members.

Appointments were based off each commissioner's rank choice. They then had to receive 10 votes.

Commissioner John Boutwell was appointed to the Rules and Legislative Committee. Commissioners Troy Thompson, Drew Hooker and Diane Neeley were appointed to the Courthouse and Property Committee. Commissioners Eric Maddox and Jason Boyette were appointed to the Law Enforcement Committee. Commissioner Scott Johnson was appointed to the Financial Management Committee.

### Homelessness task force

A resolution was brought up before the board by Hooker to create a "Task Force to Study the Homeless Population." This task force would consist of 16 community members: city mayor, county mayor, city police administration,

sheriff's department administration, two county commissioners, two city council members, two religious leaders, two social services leaders, city and county codes officials, and two school officials.

According to the agenda item, this task force would "identify ways that the county and city can work toward resolving issues within our homeless population." They would meet monthly and make recommendations to both the city council and county commission to bring action items.

Hooker reiterated that this would not criminalize the homeless population, only find ways to assist them. Hooker said there are an estimated 100 to 150 people in the community who are considered homeless.

The City of Shelbyville created a homeless task force last year called HOPE (Help Our People Engage) Committee to study homelessness in Shelbyville. Commissioner Mark Thomas asked if it would be better to add on to the current group instead of creating a new one. "You get 20 people on a task force and

► See Committee, Page 2A

## YOUNG READERS SUPPORT LIBRARY



T-G Photo by David Melson

Students from Cascade High School and The Webb School were among attendees at Friends of Shelbyville-Bedford County Public Library's annual luncheon Tuesday. Story and photos, Page 8A.

## Here come the crowds

### Bell Buckle arts & crafts scheduled this weekend

T-G STAFF REPORT

Welcome autumn at long last! Along with those gentle breezes and changing scenery in Bell Buckle is the annual Webb Arts & Crafts Show, which is planned for Saturday and Sunday, Oct. 15-16, from 9 a.m. to 4 p.m.

The line up of exhibitors for the 2022 Show, sponsored by Bell Buckle Chamber of Commerce, is one that will please the pickiest shopper, organizers note.

The juried Webb Art & Craft Show features handmade arts and crafts such as pottery, metal works, wood working, textiles, jewelry, old fashioned soaps and lotions just to name a few. "Creativity flows from these exhibitors like honey from a beehive," one organizer said.

Located on the old Sawney Webb lot on Maple Street, the Webb Show is considered in Bell Buckle to be the crown jewel, showcasing over 100 booths.

In addition to the popular exhibitors located at the site of the original Webb Art & Craft show is an all world food truck offering. Food choices will include a variety of cuisine from 11 over the world.

In keeping with the fun, fall atmosphere, a hay bale seating area that can accommodate several hundred people is located next to the food trucks.

► See Crowds, Page 2A



# Turnbow aims for City Council seat

**STAFF REPORT**

Bobby Turnbow has announced his candidacy to represent Ward 6 of Shelbyville City Council. The City election will be held Nov. 8, with early voting Oct. 19 through Nov. 3.



**BOBBY TURNBOW**

was the place to be. We had bank presidents in Southside, very affluent people and nice homes. And I've just watched it disintegrate over 60 years."

He said the area of Southside, as well as many others, need "cleaning up." It's a task that he says is on his priority list as a future City Councilman. "That's something I'm going to be strong on . . . codes violations. Southside is covered with codes violations."

Turnbow said he is good with the growth and industry coming to Shelbyville but explained there are infrastructure issues. "It's just not there," he explained.

He added, "The City is getting nasty. The square is beautiful, but we don't hang out on the square. We spend time in the neighborhoods."

While cleaning up the City is high on his to-do list, Turnbow added that he also wants to tackle the local "homeless problem."

He also wants to promote transparency within the City Council. "People don't know what's going on in the City," he said.

The City candidate added that during future Council meetings, he'll always be the one asking, "why?"

"That's what I was always taught, when I was doing safety to my lineman, because if those guys made a mistake, it's life or limb. Your why might save a life."

umpired little league baseball as well as church and adult softball.

He retired from his professional career in 2014, but said he's still busy as a damage assessor. Using his background in safety, Turnbow now works as an independent contractor for Storm Service, LLC in Alabama. He is also an employee for Disaster Resource Group based in Louisiana.

He and wife, Ann Threet Turnbow, a retired Bedford County school teacher, have been married for 52 years. They are members of Calvary Baptist Church and have 2 sons, Whit, president of the Tennessee Golf Foundation, and Kyle, a teacher and football coach at Siegel High School in Rutherford County. The Turnbows also have 4 grandchildren: Reagan, Connor, Hannah, and Hudson.

When asked why he decided to run for Council, Turnbow said, "When my family moved into Southside, that

He stated, "I am 100 percent against any kind of tax increases. I'll never vote for a tax increase. Never. I'm going to vote what the people want."

**Life invested here**

Turnbow attended Southside School then later graduated from Shelbyville Central High School. At the age of 19, he worked at Duck River Co-op as an electric lineman, remaining there for 17 years. After Duck River, he worked as a safety instructor with Tennessee Job Training and Safety for 28 years. Turnbow served two terms on Shelbyville Board.

# Marilyn Ewing seeks second Council term

**STAFF REPORT**

Marilyn Ewing is running for another term on Shelbyville City Council during the Nov. 8 election. She explained her heart-felt reason for seeking re-election to those attending a candidate-hosted barbecue last Saturday.

The incumbent advised, "I want to express the upmost gratitude to Ward 2 and the citizens of Shelbyville for placing trust and confidence in me 4 years ago as your City Council representative. I ask for your complimentary vote during early voting or on Election Day which is November 8, 2022."

Ewing told the T-G recently that it's certainly been a journey of learning the last 4 years, that is, when it comes to how a City municipality operates. She said there is so much to learn and know, especially in the means of infrastructure, planning, zoning and rezoning, annexation, building and code laws.

She said likely the biggest and most challenging learning experience has been working within the City budget. "It can be so unbelievable that tax dollars are spent and many not seeing the benefits when it comes to streets, roads, sidewalks, street lighting, sufficient department needs . . . bells and whistles needed to do these."

Ewing said she intends to continue working for recruitment of industry in her next term. She praises the companies that have graced this community for many years.

She will support, she said, local tourism. As well, she plans to stand strong, she advised, with Shelbyville-Bedford



**MARILYN EWING**

County Chamber of Commerce in its efforts.

**What are the City issues?**

Ewing said City residents have seen millions of tax dollars spent in the past several months and even in past years, with little return on their investment. She said with ample resources, now is the time to address those primary issues. Ewing said government officials should be held accountable when it comes to spending tax dollars.

There are more human relations-type needs as well. She's concerned with providing adequate shelter for those who are homeless in Shelbyville.

Ewing said she sees the need to assist soup kitchens and even come up with strategies to help with housing assistance for renters in the way of housing standard rules and regulations. As well, that means holding all property owners-those that are renting to citizens in the community-accountable. "There are lots of empty buildings and spaces in the community that may not be suitable to new industry or

businesses. I would like to look at bringing them up to standards for sufficient homeless shelters. This creates jobs . . ."

**Family ties in this City**

"I appreciate the support of my Mom who means everything to me, my beautiful daughter and three wonderful and talented brothers. A special thanks to my awesome best friend, Rubye Cole, who walks me through the more stressful days and supports me beyond measure."

Ewing explains that she has "the most wonderful" church family at Scott United Methodist Church in Shelbyville. As well, she thanks all of her many friends and neighbors who remain "extremely great and supportive" in her walk as a City official for Ward 2.

She's a Bedford County native with a heart for this community, she said. She was humbled 4 years ago when elected as a Council member and no doubt she will be again on Nov. 8, 2022. "I thank everyone for their support this election year."

Early voting for the City election is Oct. 19 through Nov. 3.

**HOME RENOVATIONS**


FREE ESTIMATES  
Licensed • Insured  
*From Floor to Roof & Everything in Between*

Custom Built Decks  
Post Frame Buildings

Kitchen/Bath Redesigns  
Jerry Reid • 931-575-1733  
Bright Davis • 931-607-6490

## Bobby Turnbow

### A Conservative Candidate for City Council



Bobby & Ann Turnbow with grandchildren - Connor, Hudson, Hannah & Reagan

**I would like to ask for your VOTE for 6th Ward City Councilman.**

**Southside resident for 60 years  
Member of Calvary Baptist Church**

**Your VOTE for BOBBY TURNBOW is greatly appreciated!**

Paid for by Bobby Turnbow campaign



**YOU'RE INVITED TO JOIN US FOR**

*Moore Co. Branch's*

**18TH ANNUAL CHILI DAY**

**TUESDAY, NOVEMBER 8TH  
11:00A-2:00P**

**MOORE COUNTY BRANCH  
535 MAJORS BLVD.  
LYNCHBURG, TN 37352**





**FALL FESTIVAL**



T-G Photo by Dawn Hankins

**First Community Bank's airport branch, located right across from Shelbyville Municipal Airport on Highway 231 North, will have a fall festival on Friday, Oct. 21, from 11 a.m. to 2 p.m.. The community is invited out for food and to enjoy all that goes with autumn in Bedford County.**

**REAL ESTATE TRANSFERS**

**09/27/2022—  
10/10/2022**

Jaina Cakebread to Jeffrey Saylor, Mitzi Saylor—\$350,000, 0 acres, Unionville Deason Rd.  
 James E. Farrar to Shiloh Acquisitions LLC—\$1,150,000, 0.94 acres, Thompson St.  
 Michael Jolley, Melissa A. Jolley, Melissa W. Jolley to Stanley Jolley, Kimberly Jolley—\$200,000, 22.9 acres, Mt. Herman Rd.  
 Offerpad SPE LLC to Raymond Brooks Goodson, Julia Rose Goodson—\$287,000, 0 acres, Creekside Lane Christy Warner to Natalie Johnson—\$125,000, 5.11 acres, Warner Bridge Rd.  
 Martha J. Weidenbach to Gail Webb—\$245,000, 0 acres, no address  
 Rubin Lublin TN PLLC, Toneisha M. Jones, Jerry Lee to Terry Lampley, Ron Lampley—\$90,000, 0 acres, Apache Place  
 Aaron Bagwell, Ollie Michelle Bagwell to Timothy Stevens, Morgan Stevens—\$650,000, 0 acres, no address  
 Michael Harris, Julie Harris to Paulina Porras Tenco, Reyna Mireya James Salgado—\$195,000, 0 acres, no address  
 James M. Harrell, Lisa W. Harrell to Steven R. Miller—\$330,000, 0 acres, Raleigh Place  
 Ronda Lyn Cooper, Jimmie Alan Cooper, Al Cooper to Ronda Lyn Cooper—0 money, 0 acres, no address  
 Tory May Homes LLC to Vincent A. Lawless, Janet Rissi Lawless—\$644,900, 5.03 acres, Cartwright Rd.  
 Terry W. Floyd to HP Realty Co. LLC—\$24,500, 0.16 acres, Center St.  
 Mitchell Butler, Teresa Butler to Ty A. Bickerstaff, Dawn L. Bickerstaff—\$339,000, 0 acres, no address  
 Cody Nash to Haynes Service Company LLC—\$219,000, 0 acres, no address  
 SDH Nashville LLC to James Harrell, Lisa Harrell—\$269,990, 0 acres, Townsend Ave.  
 William C. Chester to David F. Decosta—\$217,000, 0 acres, Dogwood Court  
 Charles Kincaid Jr., Sara S. Kincaid, Sara Elizabeth Kincaid, Sara S. Kincaid to Wayne A. Sanders, Rita F. Sanders—\$50,000, 0 acres, Coopertown Rd.  
 Penny C. Stallings to Duane Allen Regynski—0 money, 34.46 acres, Old Center Church Rd.  
 Mary Lou Rives Cox to Danny Duffey, James Duffey—0 money, 0 acres, New Herman Rd.  
 Patricia Lee Vandiver to Jodi Phillips, Cline Properties—\$197,000, 0 acres, Lipscomb St.

SDH Nashville LLC to Stephanie Renfroe—\$264,795, 0 acres, Townsend Ave.  
 Emily Hazel, Brandon Campbell to Wayne Reese—\$200,000, 0 acres, Union St.  
 Santiago Morales Martinez, Sara Gallegos Morales, Sara G. Gallegos to Darren Townsend—\$83,000, 0 acres, Hwy 130  
 John B. Barber to Jason Craig Barber—\$180,000, 0 acres, no address  
 Byron L. Cooke, Tamra L. Cooke to Ruben Hernandez Rico, Alejandro Rico Hernandez—\$355,700, 6.83 acres, White Rd.  
 Jacqueline Koshier, Christopher Koshier, Linda Lou Fox to John Henderson—\$230,000, 0 acres, Eastland Ave.  
 J.D. Phillips, Barbara Jean Phillips to Matthew M. Drost—\$439,900, 0 acres, Halls Mill Rd.  
 William Michael Bush, Madonna R. Bush to Curl Properties LLC, Joe M. Lambert Jr.—\$370,000, 0 acres, N. Main St.  
 James Grover Davidson, Darlene Davidson to Curl Properties LLC, Joe M. Lambert Jr.—\$345,000, 0 acres, N. Main St.  
 Colby A. Clements, Tara A. Clements to Robert James White, Rosemary White—\$440,000, 0 acres, no address  
 Tina Barnes, Allen Barnes to Joshua Barnes—0 money, 0 acres, no address  
 KJM Rental to Tennessee Postal Holdings LLC—\$260,000, 0 acres, Blackman Blvd. West, Wartrace  
 Lonnie Leftrick, Tavia Leftrick to Spencer Van Order—\$135,000, 1.18 acres, Mullins Hollow Rd.  
 Cody Nash to Meerdink Joint Revocable Living Trust—0 money, 0 acres, no address  
 Cody Nash to Mike Hillard—\$100,000, 0 acres, Pinkston Rd.  
 Running With Scissors LLC to Brennan Sanders—\$5,000, 0.34 acres, Main St., Wartrace  
 Daren Gallman, Heather Gallman, Esther to Kelly Clements, Kelly Marshall Clements IV—\$271,000, 0 acres, no address  
 The Soto Properties LLC, Jose L. Soto, Sairi I. Soto to Gurpreet Kaur, Rajinderpal Kaur—\$216,000, 0 acres, no address  
 SDH Nashville LLC to Elsa Magaiis Melo Diaz—\$257,660, 0 acres, Townsend Ave.  
 HP Realty Co. LLC to Daniel Dye, Brandi Dye—\$78,000, 2.32 acres, Himesville Rd.  
 Debbie Diane Upchurch, Diane Upchurch to David Keith Upchurch, Matthew Raymond

Upchurch, Jonathan Ennis Upchurch—0 money, 0 acres, Shelbyville Mills Rd.  
 Donald White Construction LLC to Jason Douglas Wheeler, Christina Marie Wheeler—\$510,000, 0 acres, no address  
 Jerry H. Stewart III to Michael Graiger, Risa Graiger—\$600,000, 58.6 acres, State Hwy 130  
 Norman G. Rein to Carlos Mejia—\$119,000, 0.23 acres, Dunnaway St.  
 Isaac D. Cawthon, Victoria A. Cawthon, Isaac Cawthon to Shane Robert McKnight, Anna Ouki Navarrete—\$252,500, 6.12 acres, Burnt Hill Rd.  
 William Jones, Charmaine Jones to William Jones—0 money, 18.92 acres, Eady Rd.  
 Carol Anne Webb to Eileen Cuyler, Kevin S. Cuyler—\$215,000, 0 acres, Phillips Road  
 Sherrie Stymans to Leone Llewellyn—0 money, 0 acres, no address  
 Stephanie Ray Smittle to Leone Llewellyn—0 money, 0 acres, no address  
 Leone Llewellyn to Aaiyah Allen Webb, Gilliam Eugene Webb—\$248,900, 0 acres, Roberts Rd.  
 James M. Darden Jr., Annie Lou Maxwell, Annie L. Darden to John Edward Ronner—\$125,000, 0 acres, Fairfield Pike  
 Donald C. Waggoner to Matthew Reed, Haley Reed—\$170,000, 0 acres, Clara Dr.  
 Alicia Brianne Evans, Alicia B. Jones to Clinton Wayne Evans, Clinton W. Evans—0 money, 5.23 acres, Mullins Chapel Rd.  
 Ole South Properties Inc. to Brianna Lytton, Ryan Wallace—\$370,941, 0 money, no address  
 Robert S. McCullough to New Salem Strategic Investments LP—\$250,000, 5.84 acres, Potts Rd.  
 Eric Dean Hargis, Laurie Hargis, Steven J. Hargis, Christopher E. Hargis, Eric D. Hargis, Laurie A. Hargis to Maribel A. Rimes, Maria E. Anaya, Alejandro J. Anaya—\$180,000, 9.89 acres, Jake Branch Rd.  
 John Phonhthongsy, Chassie Phonhthongsy to 1998 Chiappari Family Trust—\$312,500, 0.61 acres, Big Springs Rd.  
 Dawn Pope, James L. Pope to John Taylor McAnally—0 money, 0 acres, no address  
 Chad Laurence Leigh, Jonelle Clare Beck to Chad Leigh & Jonelle Beck Living Trust, Chad Leigh Living Trust—\$1,356,69 acres, Sulphur Springs Rd.  
 Khanxay Souphom to Loth Souphom—0 money, 4.83 acres, no address  
 Reggie Clinton Smith Jr., Judy Smith to Circle H Properties LLC—\$130,000, 0 acres, no address

**TEAL SPONSOR**



Submitted Photo

**First Community Bank was recently a teal sponsor (\$1,000) for the Bedford County Caregiver Relief program's chili fundraiser. From left from First Community Bank, Linda Nichols, Kayla Hilliard, and Scott Cocanougher and Caregiver Relief program director, Dana Bobo. Caregiver Relief helps families caring for Alzheimer's patients.**

**AUTHOR BOOK SIGNING**



Submitted Photo

**Bedford County native Estella Peacock Harvey was at Mount Zion Baptist Church recently for a book signing. She has recently released, "Granna's Porch," which is a three-book set aimed at helping children learn to read. Harvey now resides in Chattanooga with her family. Shown, from left, sister Elizabeth Henderson, Harvey and sister Glorial Singleton.**

**NEW COVENANT HOSTS AUTHOR**

**Debbie Adams, author of "Unlocking The Code To Bliss: A Southern Belle's Secret" was recently invited to host a book signing New Covenant Christian Bookstore on North Main Street. Adams said as for good health, everything starts with a person's spirit and soul, which ultimately then controls mind and body. Adams, left, is shown with New Covenant owner Andrea Lovvorn.**



Submitted Photo

**ROTARY SPEAKER**



Submitted photo

**Darren Delin, left, executive director of Riverbend Ranch, was the guest speaker for the recent meeting of Shelbyville Rotary Club. At right is club president Darin Hasty.**

**BUSINESS LICENSES**

**Business Listings—New Businesses  
09/28/2022—10/12/2022**

Lavender Skin Studio—742 North Main St., Shelbyville, Elisabeth Fox  
 Be Mine Kids Consign—511 Madison St., Shelbyville, Alexis Hill  
 Little Caesar's Pizza, 1205 N. Main St., Shelbyville, Patrick McMillan  
 Wood N' Roots Creations—859 Phillipi Rd., Wartrace, Alex Phelps

Overhead Door Company Of Nashville—1922 Old Murfreesboro Pike Building 4, Nashville, Rex E. Newcomer  
 JW Boutique—175 Lake Elaine Rd., Shelbyville, Jennifer Whitson  
 The mane Hi-Lite—3024 Fairfield Pike, Bell Buckle, Caroline Lee  
 Wilson's Transportation—556 Minkslide Rd., Shelbyville, Donald Wilson  
 Powerhouse Medical Supply LLC—3070 Midland Rd., Shelbyville, David

Jarrett  
 Marvelous Marnie's Shaved Ice—111 Maple St., Bell Buckle, Marnie Merrell  
 Kemerling Kustoms—629 Warner Bridge Rd., Shelbyville, Alana Wilson  
 Jaimes Photography—390 Edd Joyce Rd., Bell Buckle, Justyne A. Tapia  
 Magic Liquors LLC—713 S. Cannon Blvd., Shelbyville, Kamil Habib

## CHURCH ACTIVITIES

Send church news and events to [tgnews@t-g.com](mailto:tgnews@t-g.com).

### Baptist

Calvary Baptist Church's message at 10 a.m. Sunday by Bro. Tyler Shoemaker is titled "Fight." The service will be livestreamed. Trunk or Treat will be 4-6 p.m. Sunday, Oct. 30 in the parking lot.

Edgemont Baptist Church's sermon will be "Perseverance" from Hebrews 12:1-2 by Pastor Jimmy West at 10 a.m. Sunday. Services are livestreamed. Crossroads is Oct. 16-20 from 6-8:20 p.m. nightly. The title is "Untold." Make reservations at 931-684-7676.

First Baptist Church of Bell Buckle is holding a revival Oct. 16-19. Services will be at 8 a.m. Sunday, Oct. 16, and 6 p.m. Oct. 17-19. Guest speaker will be pastor Todd Peoples of Twin City Baptist Church in New Tazewell.

First Baptist Church-Depot Street is holding a

Fall Praise night of worship at 5 p.m. Sunday, Oct. 16, featuring the church's Celebration Choir, followed by food and fellowship.

"Sardis Church, You Are The Walking Dead" from Revelation 3:1-6 will be Pastor Bobby McGee's message at 10 a.m. Sunday at Grace Baptist Church.

The Mother's Ministry of Sevier Street First Baptist Church will sponsor a lunch plate sale on Saturday, Oct. 15, starting at 11 a.m. Call 931-735-6568 to place an order. The Mother's Ministry will celebrate their annual day on Sunday, Oct. 23, at 10 a.m. Minister Donna Perkins of Chattanooga will be guest speaker. Trunk-A-Treat is scheduled for Oct. 26.

### Christian (Disciples of Christ)

The current sermon series at First Christian Church will wrap up at 10 a.m. Sunday with the message "The Gospel We Proclaim" from Matthew

28 by pastor Dan Asche.

### Church of Christ

The "You On The Move" series continues at Fairlane Church of Christ with the sermon "When 'No' Means 'Yes' from Mark 2:23-28 by preaching minister Lance Bennett. The 9 a.m. Sunday service is livestreamed and broadcast on WLJ (98.7 FM/1580 AM).

Adam Bates will be speaker at 10 a.m. Sunday at Southside Church of Christ. Buddy Koonce will speak at 6:30 p.m. Wednesday. Sunday morning and Wednesday services are livestreamed at [cfcfsouthside.com](http://cfcfsouthside.com).

"Baptized Into His Death" from Romans 6:4 will be the sermon Sunday at Wartrace Church of Christ's 11 a.m. service. Chris Bobo is minister.

### Independent

Cowpuncher Cowboy Church, 1624 Highway 41A North, is sponsoring a Wrangler Children's Day

Camp on Saturday, Oct. 15, from 8 a.m.-3 p.m. This is for children from kindergarten through grade 5.

### Methodist

Bell Buckle United Methodist Church's men's ministry is holding a Car Care Maintenance Check Day from 9 a.m.-noon Saturday, Oct. 22. Checks will be conducted in the parking lot behind the Maple Street church. All, not just members of the church, are welcome. Volunteers are needed; call Mike Marcoulier at 931-205-3311 or Jimmy Simmons at 931-703-3191.

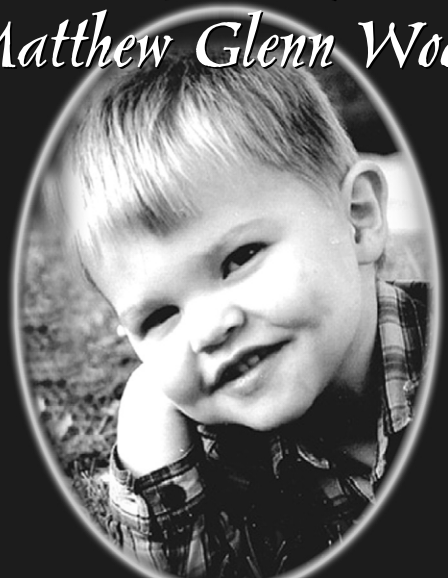
Wartrace United Methodist Church is holding a scarecrow contest and spaghetti supper Saturday, Oct. 22 from 4-7 p.m. First place prize will be \$150, second place \$75, third place \$25. Entry forms are available at the church.

### Presbyterian

First Presbyterian

Church's sermon at 10 a.m. Sunday by Rev. Jim Moran will be from Luke 18:1-8, the judge and the widow. Services are livestreamed

on Facebook. The church is hosting a Red Cross blood drive Wednesday, Oct. 26, from 10 a.m.-4 p.m.



**HAPPY 17<sup>th</sup> BIRTHDAY**  
*Matthew Glenn Woods*

**You are always on our minds and in our hearts.  
We Miss You Very Much!  
Your Family**

## Traditions help us stay healthy and happy

### (StatePoint)

Health experts say that establishing and maintaining family traditions can boost overall well-being and vitality, especially as we age.

"As children become adults and move out of the house or away, the family traditions that bind us can sometimes get lost in the process," says Aparna Abburi, president of Medicare and CareAllies with Cigna, which provides insurance to hundreds of thousands of older adults through its Medicare plans. "Forming new traditions or reigniting old ones can keep us connected to loved ones, ultimately helping us feel more fulfilled, happier and healthier."

Here are some insights into the importance of traditions to well-being and vitality as we age, along with tips for keeping those con-

nections going in your own circle of family and friends:

Traditions help combat loneliness: According to a 2020 survey by Cigna, 61% of adults reported being lonely – a 7 percentage-point increase from 2018. That feeling was likely exacerbated by the pandemic that followed. Traditions can help to combat feelings of isolation. Consider setting up weekly video calls or trading letters and notes with relatives who live far away. Regular trips to a favorite destination, such as a lake or beach, or celebrating important holidays together every year, can provide meaningful time together.

Traditions pass on family values: Having shared values can help us feel connected to one another. Telling stories from the past or practicing cultural, spiritual and religious traditions

are great ways to pass these values down from one generation to the next.

Traditions can make us feel young again: From cooking and gardening to sports and games, family traditions often evoke old memories and make us feel young again. Sensory memories can be particularly powerful. Whether it's a cookie bakeoff, ballpark peanuts and hot dogs, or a singalong around the piano, family rituals that include special sights, sounds and aromas are often the ones we think of most fondly.


Traditions strengthen communities: Traditions are not just for families; they can also strengthen ties among friends and communities. Consider getting a group of neighbors together for morning walks or meeting friends for shopping excursions. Make visiting

the farmers market, attending free concerts in the park, playing community center bingo and gathering for other recurring local events part of your routine.

For more information about how to stay healthy while aging, visit [www.cignamedicare.com](http://www.cignamedicare.com).

As you embrace the rituals that matter most to you, remember that traditions don't need to be rigid or set in stone.

"Just as you might modify a family recipe to suit your dietary needs or switch from weekly phone calls to weekly video calls, don't be afraid to tweak and expand on older traditions so they're relevant and interesting today – and for years to come," says Abburi.



*Estate Sale*

**Estate Personal Property Sale**

**205 Main St., Bell Buckle  
October 15 & 16  
Come & Visit Us During The Craft Fair!  
8am-5pm**



**YOU'RE INVITED!**



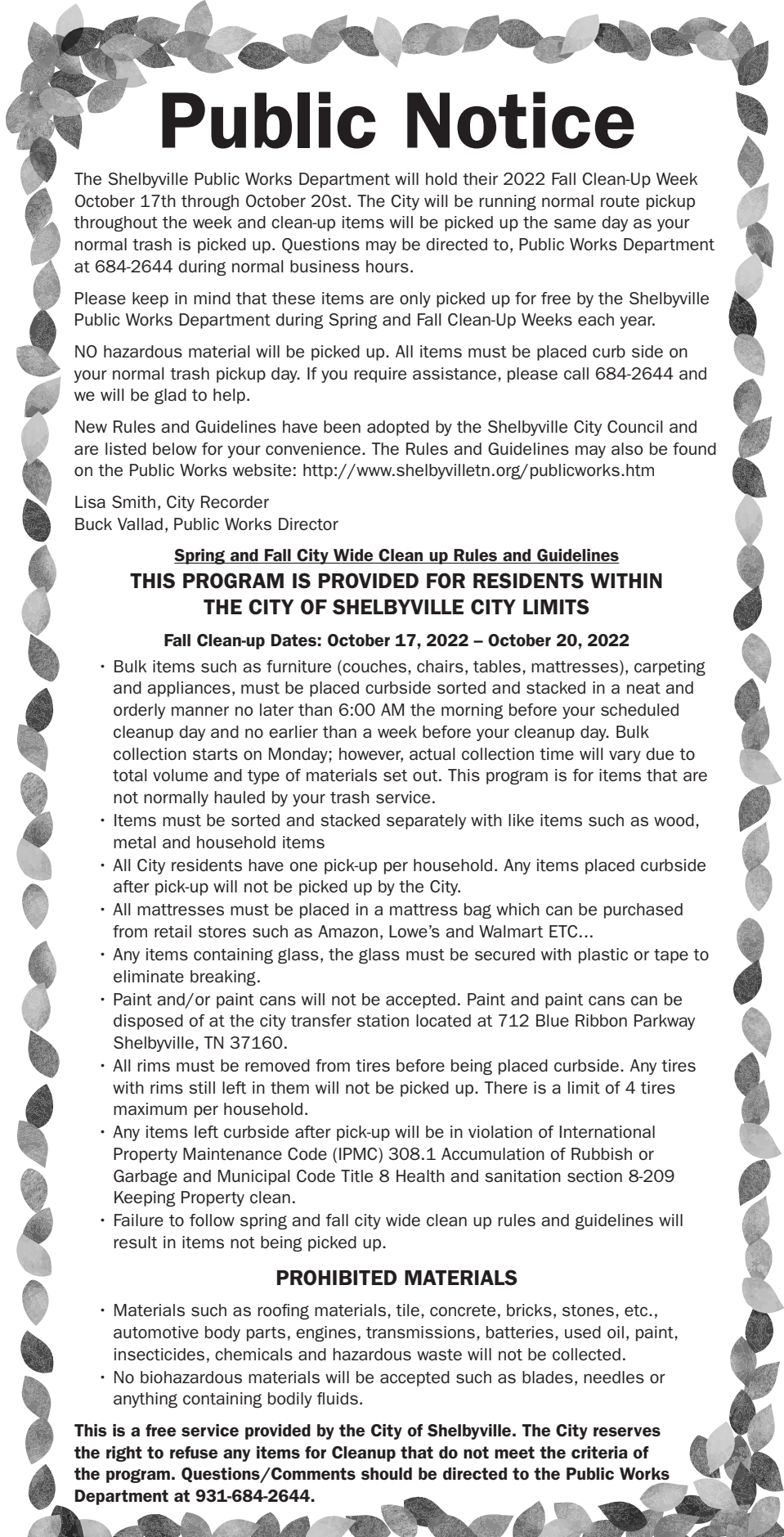
**Lizzie PEOPLES**  
*For*  
**CITY MAYOR BBQ DINNER!**

**SATURDAY, OCTOBER 22 • 3PM TO 6PM**

**VFW Building  
320 E Depot St.,  
Shelbyville, TN 37160**

**Please Join me as we work for  
the continued growth of our city.**

*Paid for by Lizzie Peoples for City Mayor*



## Public Notice

The Shelbyville Public Works Department will hold their 2022 Fall Clean-Up Week October 17th through October 20st. The City will be running normal route pickup throughout the week and clean-up items will be picked up the same day as your normal trash is picked up. Questions may be directed to, Public Works Department at 684-2644 during normal business hours.

Please keep in mind that these items are only picked up for free by the Shelbyville Public Works Department during Spring and Fall Clean-Up Weeks each year.

NO hazardous material will be picked up. All items must be placed curb side on your normal trash pickup day. If you require assistance, please call 684-2644 and we will be glad to help.

New Rules and Guidelines have been adopted by the Shelbyville City Council and are listed below for your convenience. The Rules and Guidelines may also be found on the Public Works website: <http://www.shelbyvilletn.org/publicworks.htm>

Lisa Smith, City Recorder  
Buck Vallad, Public Works Director

**Spring and Fall City Wide Clean up Rules and Guidelines**  
**THIS PROGRAM IS PROVIDED FOR RESIDENTS WITHIN THE CITY OF SHELBYVILLE CITY LIMITS**

**Fall Clean-up Dates: October 17, 2022 – October 20, 2022**

- Bulk items such as furniture (couches, chairs, tables, mattresses), carpeting and appliances, must be placed curbside sorted and stacked in a neat and orderly manner no later than 6:00 AM the morning before your scheduled cleanup day and no earlier than a week before your cleanup day. Bulk collection starts on Monday; however, actual collection time will vary due to total volume and type of materials set out. This program is for items that are not normally hauled by your trash service.
- Items must be sorted and stacked separately with like items such as wood, metal and household items
- All City residents have one pick-up per household. Any items placed curbside after pick-up will not be picked up by the City.
- All mattresses must be placed in a mattress bag which can be purchased from retail stores such as Amazon, Lowe's and Walmart ETC...
- Any items containing glass, the glass must be secured with plastic or tape to eliminate breaking.
- Paint and/or paint cans will not be accepted. Paint and paint cans can be disposed of at the city transfer station located at 712 Blue Ribbon Parkway Shelbyville, TN 37160.
- All rims must be removed from tires before being placed curbside. Any tires with rims still left in them will not be picked up. There is a limit of 4 tires maximum per household.
- Any items left curbside after pick-up will be in violation of International Property Maintenance Code (IPMC) 308.1 Accumulation of Rubbish or Garbage and Municipal Code Title 8 Health and sanitation section 8-209 Keeping Property clean.
- Failure to follow spring and fall city wide clean up rules and guidelines will result in items not being picked up.

**PROHIBITED MATERIALS**

- Materials such as roofing materials, tile, concrete, bricks, stones, etc., automotive body parts, engines, transmissions, batteries, used oil, paint, insecticides, chemicals and hazardous waste will not be collected.
- No biohazardous materials will be accepted such as blades, needles or anything containing bodily fluids.

**This is a free service provided by the City of Shelbyville. The City reserves the right to refuse any items for Cleanup that do not meet the criteria of the program. Questions/Comments should be directed to the Public Works Department at 931-684-2644.**

THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber

**DR. CHRISTINE PALMER**-AND BY THAT CAMERA, I'D SAY YOU'RE NOT THE NEW RESIDENT SURGEON.

I'M A REPORTER FROM THE **DAILY BUGLE**. I'M LOOKING FOR THE **WOUNDED MAN** BROUGHT IN A LITTLE WHILE AGO.

**ORDERLIES!** I WAS AFRAID THAT'S WHAT YOU'D SAY!

TRY SNEAKIN' IN **AGAM** AND WE CALL THE **COPS** ON YOU!

POINT TAKEN!

COME ON! **DR. PALMER** WANTS US UP ON **14!**

WONDER WHO THAT GUY UP THERE **IS**-AND WHY THE **SPECIAL DELIVERY** BY SOME **BOZO** IN A **YELLOW HOOD!**

DIDN'T NEED SPECIAL "**SPIDER HEARING**" TO CATCH THAT.

LOOKS LIKE IT'S **SPIDEY TIME**, WHETHER I LIKE IT OR NOT!

I DON'T WANT IT KNOWN JUST YET THAT THE **WEB-SPINNER'S** BACK IN TOWN...

HERE'S HOPING MY **SPIDEY SENSE** CAN HELP ME AVOID THE HOSPITAL'S **SECURITY CAMERAS!**

CURTIS ® by Billingsley

"THE **CARNIVOROUS BED MATTRESS**"-**HORROR GOLD!!**

DUNNO, **CURTIS**, IT SOUNDS KINDA CHEESY

HOW CAN YOU SAY THAT? CHECK OUT THE **PRODUCTION VALUE** ALONE...

THIS **BABY** MUST'VE COST **FOUR OR FIVE HUNDRED DOLLARS** AT THE VERY LEAST!

JUDGE PARKER ® by Marciuliano-Manley

I WAS ON THE PHONE WITH **STEVE** WHEN... WHEN IT HAPPENED. I'M STILL TRYING TO FIGURE OUT WHAT'S GOING ON.

"I'VE TOLD ONE PERSON. I THOUGHT SHE SHOULD KNOW..."

DOES ANYONE ELSE KNOW?

YOU AND **STEVE** WERE SO CLOSE ONCE, **SAM**. I KNOW PROFESSIONALLY YOU WENT ON YOUR OWN PATHS, BUT I ALWAYS THOUGHT--

GLORIA!

OH, **ABBEY**...

I AM SO, SO SORRY!

I KEPT WORRYING THIS WOULD HAPPEN. **STEVE'S** BEEN WORKING THIS CASE WITH **GANGS** AND **CROOKED COPS** AND...HE WAS ON THE PHONE WITH **SAM** WHEN...WHEN HE GOT SHOT.

IT WAS GETTING TOO DANGEROUS. THAT'S WHY **SAM** AGREED TO HELP.

HE WAS?!

YOU WHAT?

ABBEY...

POPEYE ® by Bud Sagendorf

YOU HAVE BEEN CHALLENGED BY A VISITOR FROM SPACE!

SOME CREATURE FROM A DISTANT STAR SYSTEM!

BLOW ME DOWN!! ME REPUTATION HAS SPREAD FARTHER THAN I THOUGHT!

ARF! ARF!

-AND HE IS GOING TO FIGHT THE STRANGER FROM SPACE!

HE CAN'T DO THAT!

I'LL KILL POPEYE BEFORE I LET HIM RISK HIS LIFE FIGHTING A SPACE MONSTER!!

YOU CAN'T FIGHT A SPACE MONSTER! PHOOEY!

IT COULD BE A THOUSAND TIMES STRONGER THAN YOU!

SPACE MONSTERS DON'T EAT SPINACH... I AIN'T WORRIED!

# SUDOKU

1						6		
	5				3			2
				8	6	4	9	5
	3	6	2		9		4	
				6	4			
		4	8					1
	2	5				1	8	
	6		4	2	8		5	3
9		3			7	2		4

Level: Beginner

THATABABY® by Paul Trap

WE'RE HALFWAY THROUGH THE MONTH ALREADY.

IT IS GOING BY FAST.

BUT HOW IS THAT POSSIBLE?

HOW CAN THE MONTH GO BY SO FAST...

...WHEN THE SCHOOL YEAR GOES BY SO SLOW?

⊙ \* ☒ ☺ ~ ⓪ Ⓛ Ⓜ \* Ⓝ \* × \* + ☼ \* ☽ \* ♁ ♃ ♄ ♅

ABCDEFGHIJKLMNOPQRSTUVWXYZ

## CRYPTO FUN

☒ ☽ ♁ \* ☽ ☼ ☼ ~ \* +

Determine the code to reveal the answer!

Solve the code to discover words related to physical therapy. Each number corresponds to a letter. (Hint: 17 = E)

A. 16 17 9 6 1 17 16 12

Clue: Get well after injury/illness

B. 21 22 18 20 16 12

Clue: Ailment

C. 3 6 1 17 3 17 22 11

Clue: Changing of position

D. 2 6 19 12

Clue: Physical structure of an organism

Answers: A. recovery B. injury C. movement D. body

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

14	14	14	14	14	14	14	14	14
9	8	3	6	5	7	2	1	4
7	6	1	4	2	8	9	5	3
4	2	5	9	3	1	8	7	6
2	9	4	8	7	5	3	6	1
8	1	7	3	6	4	5	2	9
5	3	6	2	1	9	7	4	8
3	7	2	1	8	6	4	9	5
6	5	9	7	4	3	1	8	2
1	4	8	5	9	2	6	3	7

ANSWER:



T-G Photos by David Melson

Blue Ribbon Circle on the Celebration grounds has always been the venue for the library lunch for over 30 years. Special thanks were given on Tuesday to The Celebration, Southern Connections Catering and Volunteer Garden Club, which supplied table decorations.

# Friends of Library celebrates milestone

## David Hazelwood is 35th speaker

By DAWN HANKINS  
dhankins@t-g.com

Minnie Pearl was the first guest speaker of the Friends of Shelbyville-Bedford County Public Library (SBCPL) luncheon on Oct. 6, 1987. Thirty-five years later, the community is still gathering and sharing its love of reading.

Those purchasing tickets for Tuesday's event at Blue Ribbon Circle say a highlight is always selecting those free books from their table that are supplied by SBCPL. This year, authors ranged from Stephen King to Mary Higgins Clark.

Of course, as many in the community know by now, the gathering is also for a good cause, which is to financially support the library at 220 South Jefferson St. Shelving is on the wish list at the current time, according to Monica Lewis, Friends of the Library chair, who welcomed the crowd at Blue Ribbon Circle on Tuesday.

The invocation was given by Zach Fisher, pastor of Bell Buckle United Methodist Church. Lis Ann Morehart, library director, gave a SBCPL update.

This year's guest speaker was local author and retired restaurateur, David Hazelwood. Writing should be a passion, he shared, and something he highly recommends everyone explore.

He's been an attendee of past library lunches. He expressed Tuesday that

at the core of all of his experiences is his desire to help things "grow." That includes animals, people and organizations like the library.

Hazelwood, who has several degrees and has done quite a few things in his life professionally, has also written books on everything from historical perspectives on southern food, "Cooking Southern Recipes and Their History," to his latest personal memoir, "My Short Life as a Stepdad." The later book was officially released during the SBCPL luncheon on Tuesday at Blue Ribbon Circle.

With the same sense of humor as perhaps author and speaker Garrison Keillor and the same passion for writing as perhaps Jesse Stuart, Hazelwood explained Shelbyville is the perfect location for a writer. "Shelbyville is one of the world's leaders for writing," said Hazelwood. "It's a fact . . . because of all the millions of pencils that are made here."

On the back of the program, Hazelwood requested space. At the top of the page were the words, "I will write about . . ." He asked his audience to write something there, particularly during the times when he might hit a lull in his speech.

In all seriousness, he advised, "Part of the reason I want to encourage you to write; you have your own unique story to tell. No one else can tell you . . . And

if you haven't told anybody, the story is going to be gone when you're gone. That's kind of how I got started writing."

He explained how he once shared with his daughter, Whitney, a story from his own life experience. She told him that was one she hadn't heard in the past. There were chuckles, as the audience mostly knew already that Hazelwood is sort of a late-in-life author.

"I had no intentions of ever publishing . . . writing. Frankly, I've not published most of my work. I've got dozens of notepads and notes from things I may write about some day . . ."

He addressed what he believes to be the qualities of a good writer. He said first and foremost, write about things that mean something to you and your family or community. "It's yours," he advised. "Get that down on paper." At least let your future generations be privy to your life stories, the author added.

Hazelwood said reading and writing are essential skills in life. "We ought to be good at both of those things."

He's an avid reader. Most of his reading material supplements his creative writing, though he explained carefully how he would never plagiarize but seeks to learn from other writers. This is essential to one's own creative style, he suggested.

The author then held up his reading device and mentioned the app Tennessee



Winning a copy of author David Hazelwood's newest book, released during the recent library luncheon, was Webb School student, Aminatou Calhoun. Several local students, including some from Cascade High School, attended the event. Also shown are Hazelwood and library director Lis Ann Morehart.

Reads, a regional ebook and audio download system. "I have a 135,000 books in my library, thanks to our library here that is a partner."

Referring to playwright Oscar Wilde, he said reading can transport anyone across the world. "That's what reading can do for us. We can go around the world. It can take us to places we've never been to . . ."

Hazelwood talked about his 2021 cookbook, which he co-authored with retired Nashville restaurateur David G. Smith. "Cooking Southern: Recipes and their History," includes family heirloom recipes and a history about their importance in southern culture.

The author said if he could grind up all those recipes cards they discovered in closets and attics—those stained to perfection with sauces and gravies—he would have a flavorful stew.

At the conclusion of his talk, the guest author, who by the way was for decades the owner and operator of Cortner Mill Restaurant in Bedford County, advised his audience he was giving away a copy of his new book, "My Short Life as a Stepdad." The winner was



Author David Hazelwood was guest speaker during the Friends of Shelbyville-Bedford County Public Library luncheon on Tuesday at Blue Ribbon Circle. He is a prolific writer, really beginning his publishing journey late in life. In 2009, he published, "Cortner Mill Cookbook."

a student from The Webb School in Bell Buckle.

The audience was prompted to ask questions. Of course he was asked when he started writing. "I started writing life. I was probably 55 years old . . . I tried to write a historical novel about my great-grandfather . . . nothing happened. I discovered stream of consciousness writing [a narrative style that captures a character's thought process in a more realistic way.]

His next book, he advised, will likely be on his late father's "sayings." He shared how his dad's life-long expressions shaped his life. So that is important to get published, the author said.

As for a genre, he said that's hard to define, because he writes on a variety of personal experiences. Bidding adieu to his audience, Hazelwood simply said, "Goodbye Shelbyville writers."

### MEET THE T-G STAFF



### MEGAN KIPKER

Favorite vacation spot: I like to visit anywhere with beautiful scenery and, especially this time of year, I'm eager to see the fall foliage. It's been a family tradition since I was little to visit Cheaha Mountain in Alabama to see the leaves change.

Favorite part of your job at the T-G: I love being able to preserve a piece of the community and its history. I'm not from the area and have discovered what all who live here know, that Shelbyville is such a special place. It's always a joy to meet customers who have lived here for many years and enjoy the same newspaper they grew up reading.

Favorite food: My favorite food is anything that involves bread or chocolate! Anything at all



A sack lunch, featuring a ham sandwich, was available for guests at the library luncheon on Tuesday. Guests could chat during lunch or read the free book they were welcome to take from the table.



LIS ANN MOREHART, LIBRARY DIRECTOR

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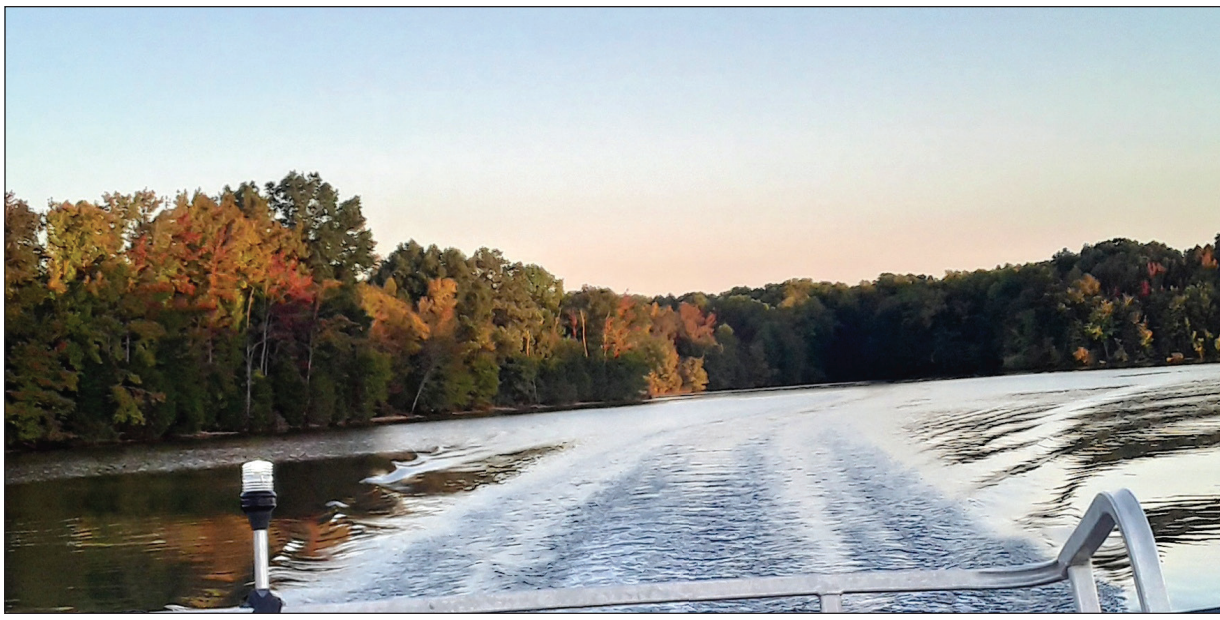
\*\*please note our deadlines  
Tuesday edition - Friday at 3pm  
Saturday edition - Wednesday at 3pm



Author Hazelwood signs copies of his new book, "My Short Life as a Stepdad," on Tuesday at the library lunch. He officially released it to the public that day.



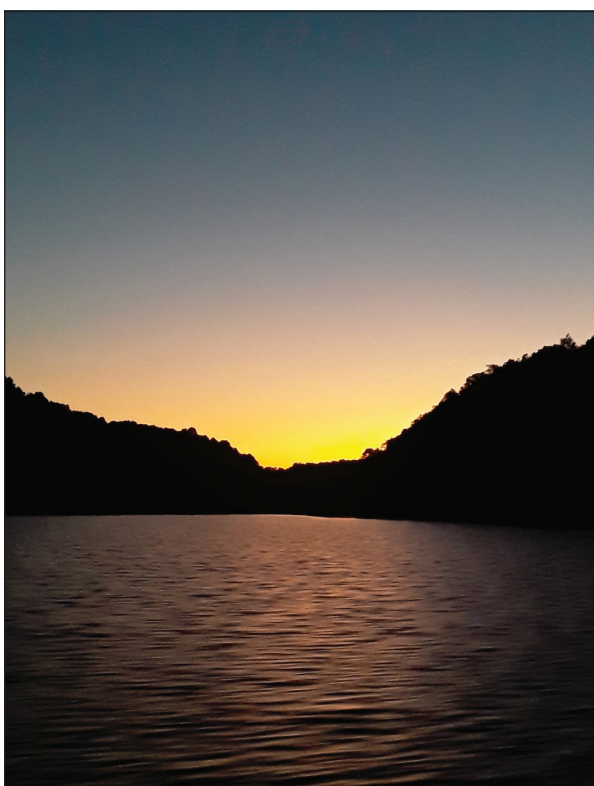
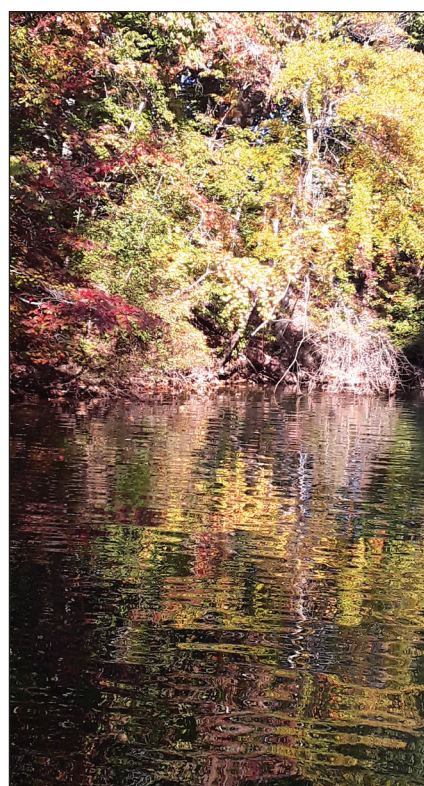
# Hello, fall



T-G Photos by Dawn Hankins

*'Autumn is a second spring when every leaf is a flower'*

Albert Camus, Pulitzer Prize winning journalist



**Mark McGee**  
 My Take

## Fear

**F**ear. One of the scarfiest words I know. With Halloween this month fear is on our minds more than usual. We're fearful of the dark. We're fearful of what may be in our attic. We're fearful of the unknown.

But fear is far more debilitating than simply being worried about the possibility of hearing something go bump in the night.

I hear the word so much more in everyday conversations with people. Most of those conversations center around COVID-19, but flu and other diseases also are cited as reasons why some people choose to stay locked in their homes. Some people have health issues that could make a COVID-19 or flu diagnosis a serious proposition.

Studies show some people are going to wear a mask out in public for the rest of their lives. I have several health issues and I have survived COVID-19. I may get it again. It could be worse, but I am not going to let it stop me from living. What you do is up to you, and I would never encourage anyone to take a chance with their health.

With crime increasing at an exponential rate many fear going out on the streets for anything or any reason. News of shootings and stabings on TV feed on those fears. Yet people are shot sitting in their homes due to stray bullets. Airplanes crash into houses without warnings. Vehicles collide with homes often killing or injuring those inside.

Let's face it. The world is a dangerous place. But do we have to be fearful every hour and every day of our lives.

Some people have a fear of flying even though airplanes are the safest way to travel. Some people have a reluctance to drive in a "big" city because they might get lost in a bad neighborhood, so they don't take advantage of what those places have to offer.

Fear limits us. We think of five reasons why something won't work instead of five reasons why it can. We pass up opportunities for new careers or advancement in the career we have chosen because we don't think we can do the job.

The late, great tennis star Arthur Ashe was once quoted as saying, "Fear isn't an excuse to come to a standstill. It is the impetus to step up and strike." These weren't idle words from him. Ashe dealt with the pressures of being an African American pro tennis player. Late in life he would become HIV positive due to a blood transfusion during a heart procedure and would eventually die from AIDS.

Fear is a four-letter word. Like other four-letter words we need to quit saying it.

Take that new job. Accept that new assignment or promotion. Take that special trip.

Life is full of dangers and challenges. But as Ashe would embrace them and always be moving forward.



**Doug Dezotell**  
 Musings and Memories

## Love God, love your neighbor

**A**true story appeared years ago in a publication named The Pathfinder. It was about a woman who had an enormous impact on her community.

If you look at a map of Alaska you will see a thin, wavy line about midway between Nome and Teller, Alaska. This line is known as Mary's River. It was named for an Eskimo woman many years ago who lived along the shores of the river with her husband and their two children.

But then tragedy struck — the village was hit by a deadly flu virus. This happened during the gold rush era when men were frantically searching for gold in the Alaskan wilderness.

The flu took the lives of Mary's children and her husband. Fourteen other children in the village lost their parents to the flu. Out of compassion, this woman adopted all 14 of these children.

She also extended her hands of kindness to gold prospectors, offering them a place to stay and eat.

The miners who had a difficult time pronouncing her Eskimo name, and decided to call her simply, "Mary," as suggested by one of the miners who said, "It's a grand old name."

To honor her kindness to them, the miners named the stream that passed by her home "Mary's River"—and it remains Mary's River to this day.

When teachers from the Lower 48 founded schools in the little river village they heard the stories. So they named the settlement "Mary's Igloo." Maps today show this settlement too.

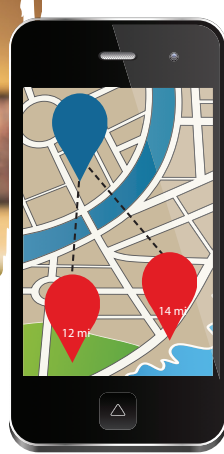
As the village grew, other things were named for her. Now there are Mary's trees and Mary's reindeer.

Mary married a second time and, of course, he was known as "Mary's husband."

Mary's River, Alaska is a monument to the power of this woman's love for her family and neighbors.

We all know how important love is in our lives. In Matthew 22:34-40 we read these words: Hearing that Jesus had silenced the Sadducees, the Pharisees got together. One of them, an expert in the law, tested him with this question: "Teacher, which is the greatest commandment in the Law?" (the Old Testament Law of Moses) Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and

▶ See **Doug**, Page 3B



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# Trick-or-treating tips

## When can kids without adults?

Jack-o'-lanterns on front porches and crisp air are signs that Halloween is right around the corner (Oct. 31.) Costumes have likely been chosen and bags of candy are undoubtedly hidden in the back of pantries ready to delight trick-or-treaters.

Trick-or-treating is one of the most anticipated components of celebrating Halloween, and scores of kids venture door-to-door seeking the best chocolate bars and other candies. Children typically are chaperoned by their parents or other adults on trick-or-treating ventures.

But some day kids will inevitably ask if they can go out alone with their friends. How can parents know when kids are mature enough to go it alone on Halloween?

There are no firm rules regarding when a child can go out trick-or-treating unsupervised. Each child is different, so there's no uniform answer as to when kids can trick-or-treat without mom and dad in tow. But

parents on the fence can consider the following guidance as they try to determine when it's OK for kids to trick-or-treat alone.

- Find out who is going trick-or-treating. Parents may feel more comfortable letting their children wander if they are reassured a group of friends is going en masse rather than the child going solo. There is safety in numbers, so trick-or-treating in large groups is a good sign.

- Judge the neighborhood critically. Neighborhoods also can be a factor to consider. What may be a safe environment during the day may no longer be so safe when darkness descends and children are unchaperoned? If parents recognize that the neighborhood treads the line between being safe and dangerous, they may want to push off trick-or-treating alone until their children are older. But even the neighborhoods parents would characterize as "safe" are not invulnerable to safety issues. It pays to check where registered child predators live nearby, and that information

is available to the public in most areas.

- How responsible is the child? Some kids mature faster than others. Parents need to factor in their children's dispositions when they consider if kids should be allowed out to trick-or-treat without adults.

- Check in about the game plan. When children get older, trick-or-treating may be less about grabbing candy and more about spending time with friends, potentially causing mischief. Parents should recognize that kids left to their own devices may be more inclined to act foolishly. It helps to have an idea of what the group of kids will be doing when they go trick-or-treating and how long they plan to be out.

There's no magic age or situation that tells parents when their children are ready to trick-or-treat without supervision. It's an individual decision best made after careful consideration.



# Makeup tips for enhancing beauty

Millions of women turn to cosmetics to help them put their best faces forward. The online people skills resource the Science of People indicates an estimated 44 percent of American women do not like to leave their homes without makeup.

Research published in the Journal of Cosmetic Science says that the primary reasons women use makeup are to camouflage and seduce. Women who are anxious and insecure may use makeup to appear less noticeable, while women who want to garner extra attention may use makeup to be more sociable and assertive.

Some women may wear makeup to feel more confident and improve their appearance, both in their own eyes and in the eyes of others. Learning how to apply makeup so that it enhances beauty rather than covering up features can take practice.

However, these tips can help get women on the right path.

- Consider lightening up. "No makeup" makeup is a growing trend. Barely there products can tweak features just enough to avoid looking washed out and brighten up skin where needed. Look for lighter formulations.

- Smooth out texture. A plumping serum can help make mature skin more smooth to pre-



pare the face for makeup application. In addition to a moisturizer, this can fill in fine lines and help the face appear more youthful and dewy.

- Use a light hand. Rather than drowning the face in product, use certain items like concealer sparingly. You can always layer as you go.

- Opt for cream-based makeup. Cream-based foundations, blushes and highlighters can definitely make a difference in how the makeup wears on the face.

People who tend to have dry skin or aging skin may find that creamy formulas help hydrate the skin and make it more radi-

ant, offers makeup artist Neil Scibelli.

- Modify day to day. Makeup artist Kristofer Buckle suggests skipping a daily makeup ritual and using products depending on what is needed each day. Some days dark circles may need to be addressed, while other days redness may be the biggest issue.

- Choose two makeup shades. Leave the store with two close foundation hues that can be blended accordingly depending on skin color at particular times of year. Skin color varies from season to season. Match foundation to the jawline down to the neck.



## Doug

(Continued from Page 1)

greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments." What it means to be a Christian some would say can be boiled down to these two simple commandments.

Here is what Christian faith is all about: Love for God and love for one's neighbor.

Note that both of these commandments are from the Old Testament Law of Moses, from Deuteronomy 6:5 and Leviticus 19:18. After all Jesus said He had not come to abolish the Law but to fulfill it—or as someone once said, Jesus came to "to fill it full."

The people Jesus was speaking to needed to be reminded of what was fundamental, what was truly essential in their faith—just as Christians need to be reminded today.

Amy Carmichael was a missionary from Ireland who answered God's call to go to India, where she touched the lives of thousands of Indian women and children.

She was born and raised at the end of the 19th century in a Christian home in Ireland. When she turned 16, she moved to the city of Belfast, where she started a mission for women who worked in the mills. Before long she was ministering to more than 500 women.

Amy really wanted to be a foreign missionary, and she was given that opportunity. After a brief missions placement in Japan, she was posted to India.

Carmichael had a strong spirit; however, she suffered from neuralgia which often left her no choice but to run her ministry from her bed. When her condition grew worse, she was moved back to her home in Ireland.

After a period of rest she again returned to India feeling stronger and raring to go, and this time

Amy channeled her efforts to rescuing young Indian women who were working as prostitutes in Hindu temples.

Instead of returning home after completing her assignment, Carmichael spent the last 75 years of her life in India; and "Mother Amy" was buried there in India, in the land that she loved, among the people that she loved.

The children Amy saved erected a birdbath over her grave with the word 'Ammma' inscribed on it, meaning "Mother" in the Tamil language.

Love was at the center of these two women's faith, and Mary and Amy both personified the love of Christ.

The Apostle Paul said, "If I speak in the tongues of men or of of angels, but do not have love, I am only a resounding gong or a clanging cymbal" (I Corinthians 13:1).

In the 1988 Olympic Games in Seoul, South Korea, Lawrence Lemieux of Canada was on his way to winning the silver medal in the yacht competition.

Competing in the Olympics had been a life-long dream of his, but then something happened that no one ever expected.

Joseph Chan of Singapore was racing close to Lemieux when he lost control of his yacht.

When Lemieux noticed him, Chan's yacht had already capsized. Chan was struggling in the water and was injured, and barely staying afloat.

Without a second thought, Lemieux abandoned the race and reached out for his fellow sportsman and brought him aboard his own boat.

Unfortunately, his act of bravery and sportsmanship cost Lemieux the silver medal which had been well within his reach.

But Lemieux's act of bravery wasn't about to be forgotten.

At the closing ceremony of the 1988 Olympics, organizers of the games rewarded Lemieux's efforts by awarding him the Pierre de Coubertin Medal, a medal awarded to athletes who display an exceptional spirit of sportsmanship.

In an interview after the Olympics, Lemieux said "As a sailor, your duty first is to people in distress . . . medals can follow afterwards."

According to him, he only wanted to do what was right and not to be a hero. Saving a distressed soul according to him is worth more than going after medals.

You and I will probably never compete on the world stage, but each of us can reach out and make a difference in the life of someone who is struggling.

A woman called Mary did that in Alaska, and a woman named Amy did it in India, and an Olympic athlete did that and earned the world's praise for his sportsmanship.

Who is there that you and I can show Christian love to?

Let's look around, starting in our own home, then at work or school, wherever there are people: show them love.

An expert in the law tested Jesus with this ques-

tion: "Teacher, which is the greatest commandment in the Law?" Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."

That says it all. Love is at the center of our faith. Love is essential to our physical and emotional well-being. And Love is our primary calling as followers of Jesus.

• Doug Dezotell is the pastor of Cannon UMC. He is a columnist for the Times-Gazette, and he is a husband, a father, a grandfather, and a friend to everybody he meets. He can be contacted at dougmdezetell@gmail.com, or at 931-607-5191. You can join him on Sundays for worship at 11 a.m. at Cannon Methodist, 1001 So. Cannon Blvd. in Shelbyville, Tennessee.

# SHELBYVILLE TIMES-GAZETTE

## Mort Walker's beetle bailey



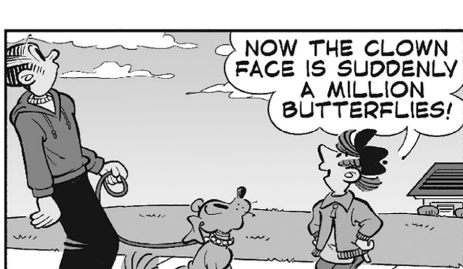
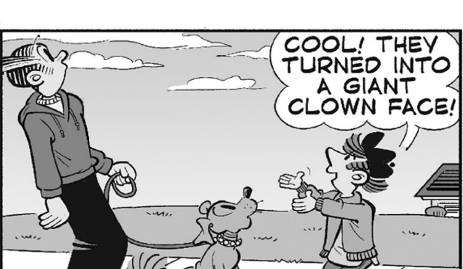
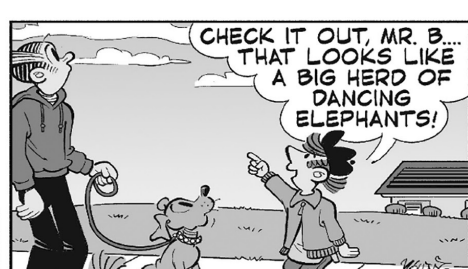
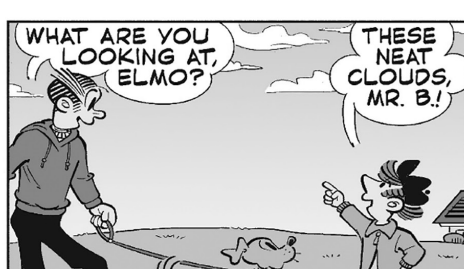
## Henke Ketchum's Dennis the Menace

MESSAGE SENT



## BLONDIE

BY SEAN YOUNG & JOHN MARSHALL



## The FAMILY CIRCUS

By Bill Keane



### Baby Blues

Rick Kirkman & Jerry Scott



### DADDY DAZE

BY JOHN KOVALESKI



# SALLY FORTH

by Francesco Marciuliano

BRRRRRING... PICK UP, PICK UP, PICK UP...

HELLO?

CHUCKY THE DOLL! IT'S ME! THE POSSESSED DOLL HILARY GOT FROM HER AUNT JACKIE'S SHOP WHOSE SPIRIT STILL HAUNTS THIS HOUSE TO THIS VERY DAY.

WOW, YOU NEED A SHORTER NAME. HAVE YOU CONSIDERED "TRACEY"?

LISTEN, I'M THROWING A HALLOWEEN PARTY AT THE FORTHS' PLACE AND I WANT YOU TO BRING ALL THE OTHER EVIL DOLLS HERE...

EVEN THAT EVIL KRUSTY THE CLOWN DOLL FROM "THE SIMPSONS"... UH...

CAN YOU HOLD A SEC, CHUCK?

I KNOW WHAT YOU'RE THINKING AND THE ANSWER IS YES—I KNOW THE PASSCODE TO YOUR PHONE.

YEAH, THAT'S THE LEAST OF MY CONCERNS RIGHT NOW.

ANNABELLE, THAT CLOWN FROM "POLTERGEIST," TALKY TINA FROM "THE TWILIGHT ZONE," SLAPPY FROM "GOOSEBUMPS," BRAHMS FROM "THE BOY"...

10-16

# The PHANTOM

by Lee Falk

THE 3RD PHANTOM LEFT US A HIEROGLYPHIC RIDDLE OF THIS PLACE...

HIS CHRONICLES SAY NOTHING OF THE TEMPLE IN HIS OWN WORDS.

I BELIEVE HE DIDN'T WANT TO MAKE IT EASY FOR FUTURE PHANTOMS TO COME HERE.

BUT IF WE DID, WE'D KNOW THAT ONE OF US HAD COME THIS FAR...

AND THAT HERE HE'D MADE HIS STAND, ONE AGAINST MANY.

FOR PHANTOMS YET TO BE...

Tony DePaul & Jeff Weigel 10-16-22

UHHH...

AHH!!

GOD'S TEETH, WHAT A FIGHT!...

FOR PHANTOMS YET TO BE...

# Hi and LOIS

by Brian and Greg Walker

BE MORE SPECIFIC.

LATER.

LATER WHEN?

SOMETIME TODAY.

MORE SPECIFIC!!

UMM...

"NOW!!!" WAS TOO SPECIFIC.

YOU WERE SUPPOSED TO RAKE THE YARD.

I'LL GET TO IT.

WHEN?

SOMETIME.

"NOW!!!" WAS TOO SPECIFIC.

10-16

ZITS BY JERRY SCOTT AND JIM BORGMAN

BYE, MOM.

THANKS FOR BREAKFAST.

OH, AND FOR THE REALLY GREAT DINNER LAST NIGHT.

AND FOR YOUR HELP EDITING MY ESSAY.

AND MY CALCULUS HOMEWORK.

I ALSO APPRECIATE THIS CLEAN, COMFORTABLE HOME YOU AND DAD PROVIDE... YOUR FINANCIAL SUPPORT... AND YOUR UNCONDITIONAL LOVE.

THERE'S ALMOST NOTHING MORE I COULD ASK FOR.

"ALMOST"?

GRATITUDE IS A TIME-SUCK. I NEED AN EXCUSE NOTE FOR BEING LATE.

OH, AND FOR THE REALLY GREAT DINNER LAST NIGHT.

AND FOR YOUR HELP EDITING MY ESSAY.

AND MY CALCULUS HOMEWORK.

I ALSO APPRECIATE THIS CLEAN, COMFORTABLE HOME YOU AND DAD PROVIDE... YOUR FINANCIAL SUPPORT... AND YOUR UNCONDITIONAL LOVE.

THERE'S ALMOST NOTHING MORE I COULD ASK FOR.

"ALMOST"?

GRATITUDE IS A TIME-SUCK. I NEED AN EXCUSE NOTE FOR BEING LATE.

# THE LOCKHORNS

BY BUNNY HOEST AND JOHN REINER

"MURPHY'S LAW ALSO HAS A LEROY COROLLARY."

YOU CAN COME OUT NOW, MR. I-LOVE-THRILLS.

# FUNKY WINKERBEAN

by Tom Batiuk

I DON'T MIND BEING THE A.W.L.-TIME GO-DEEP PLAYER...

BUT I'D AT LEAST LIKE TO ATTEND THE HUDDLES!

SO, BROKEN GLASSES ASIDE... DID YOU FEEL MORE A PART OF THINGS?

YEAH... THANKS FOR LETTING ME ATTEND THE HUDDLE.

I THINK I BENT MY GLASSES ON THAT LAST PLAC!

CAN YOU FIX YOUR GLASSES?

NAW... BUT I'M OVERDUE FOR SOME NEW ONES.

I DON'T MIND BEING THE A.W.L.-TIME GO-DEEP PLAYER...

BUT I'D AT LEAST LIKE TO ATTEND THE HUDDLES!

SO, BROKEN GLASSES ASIDE... DID YOU FEEL MORE A PART OF THINGS?

YEAH... THANKS FOR LETTING ME ATTEND THE HUDDLE.

"MURPHY'S LAW ALSO HAS A LEROY COROLLARY."

YOU CAN COME OUT NOW, MR. I-LOVE-THRILLS.

"I DO HELP WITH THE LAUNDRY, LORETTA... WHO DO YOU THINK GETS MY CLOTHES DIRTY?"

SLYLOCK FOX and COMICS FOR KIDS BY BOB WEBER JR.

A painting by a world-renowned nature artist was stolen from the Forestville Museum. The missing masterpiece, titled *Boxing Bucks*, is now in Kopy Kat's studio. The felonious feline forger has finished painting a copy of the artwork. Which one does Slylock Fox suspect is the fake? Answer: The title of the painting is *Boxing Bucks*. The forger's painting is *Boxing Bucks*. Only Kopy Kat has kangeroos with paws. Only Kopy Kat has kangeroos with paws. Only Kopy Kat has kangeroos with paws.

...COME ON IN?

Spot six differences between these panels.

1. Address, baby's hair, football, leaf, shoe and drainpipe bracket.

2. Address, baby's hair, football, leaf, shoe and drainpipe bracket.

THE ONLY THING LEROY KNOWS ABOUT MECHANICS IS THAT THE WHEELS ON THE BUS GO 'ROUND AND 'ROUND.'

### HOW TO DRAW a young woman

10-16

Submit your drawing to [www.slylockfox.com](http://www.slylockfox.com)

### YOUR DRAWING

Today's terrific artist is Riley, age 9

Which two colors create green when mixed together?

- Purple
- Yellow
- Orange
- Blue
- Red

Answer: (b) (d)

NEW! Slylock Fox: Spot the Six Differences book is here! Available at [www.slylockfox.com](http://www.slylockfox.com)

"I WANT WHAT THEY'RE HAVING... A WAITER."



# Leadership Bedford learns about local government

By AUTUMN SWANSON

A group of 35 youth and adult members of the 2022-2023 Leadership Bedford class, the county leadership development organization sponsored by the Shelbyville-Bedford County Chamber of Commerce, spent their October class day learning about the roles of city and county government leaders, local tourism and about the history of Bedford County.

The group spent their morning at the newly remodeled Shelbyville Courthouse. They heard from Shelbyville City Manager Scott Collins and County Commissioner Greg Vick on the importance of preserving historical infrastructure while developing new investments and highlighting the quarter of a billion dollars being invested in new construction along Highway 231.

Director of Economic Development Shane Hooper with Shelbyville-Bedford Partnership shared with the Leadership group the power of money. Hooper explained his goal of shifting the collection of tax revenue from individuals to industries and how tax dollars from approximately 300,000 tourists per year are aiding with the funding of community improvements.

The day continued with speakers from the city and county government, including Trustee Tonya Davis, Property Assessor Ronda Clanton, City Codes Director Bryan Stevens, Shelbyville Parks and Recreation Director Mike Alsup, and Carol Roberts with the county archives.

The leadership class heard about topics ranging from the workings of property and personal taxes, the preservation of historical records, and about the activities at the rec center such as beach volleyball for the youth, aerobics and chocolate bingo for the elderly, playground areas for the children, and more.

First Community Bank provided lunch for the



Leadership Bedford group at Tennessee Walking Horse National Celebration (TWHNC).

Warren Wells, CEO of TWHNC, described the importance of this equine facility to Middle Tennessee, particularly The Celebration, which began in 1939. After touring the grounds, Mark Farrer, official announcer for The Celebration, briefly

described the monetary value of a Tennessee walking horse during and after their show years.

“A special thank you goes to all of our city and county officials, Warren Wells and Mark Farrer of The Celebration, and the staff at Nearest Green who helped to make the day informative and fun for

all of the youth and adults participants for Leadership Bedford,” said Rebecca Carter, a financial advisor at Feldhaus Investor Services/Raymond James and Leadership Bedford board member assisting with the day’s activities. “We also appreciate First Community Bank for sponsoring the meal for the

Leadership Bedford class members.”

After leaving the TWHNC grounds, the adult class took a private tour of the Nearest Green Distillery. Not only does the Nearest Green tour explain the history of Tennessee whiskey, but it incorporates special moments in Tennessee his-

tory such as Tennessee’s role in the passage of the 19th amendment.

The Leadership class learned that Nearest Green has big plans for the future to bring in significant revenue for the county through restaurants and special events hosted at the facility in addition to the world’s longest bar opening soon.



# LET THE GHOUL TIMES ROLL!

## Iconic duo Dailey & Vincent return to The Underground in 2023!

Performers Dailey & Vincent have been described by USA Today as “the best of country, bluegrass and gospel this side of heaven.” If that’s not enough to convince you, the duo are Grand Ole Opry members, five-time GRAMMY® Award winners individually, and winners of 35 IBMA Awards altogether (including 3-time IBMA

Entertainer of the Year Award winners and 3-Time Vocal Group of the Year Award winners). Jamie Dailey and Darrin Vincent and their world-class band offer a unique and modernized spin on ‘American music’.

On Saturday, March 18th, they’re headed back to The Caverns to grace the cave stage again! After a decade spent

performing together their concoction of fantastically instinctive vocal blends of Dailey’s tenor and Vincent’s reedy harmonies has gained them well-deserved praise for their own distinctive style and worldwide recognition as American music gold.

The on-site campground will be open, so you can enjoy an evening under the

Grundy County stars after the show. Enjoy the brisk spring weather and glorious mountain views beside the Cumberland plateau, located only a quarter mile walk away from our cave through a lovely wooded path.

Find more information online at The Caverns and on social media.

# Spooky Snacks

## that Make Halloween Pop



Spooky Popcorn Spider Web

**FAMILY FEATURES**

From watching scary movies to dressing up as ghouls and goblins, spooky season means it’s time to pop up your loved ones’ favorite snacks for a ghostly good time. Before heading out to trick-or-treat, gather your minions in the kitchen for some family-friendly fun crafting these haunting yet tasty treats.

Throughout October, you can honor National Popcorn Poppin’ Month with eerie, delicious eats like Spooky Popcorn Spider Web, Green Halloween Zombies and Witchy Popcorn Balls that add festive fun to the Halloween excitement.

As a perfect ingredient in treats of all types, popcorn is beloved for its seed-to-snack simplicity as a non-GMO, vegan, gluten-free, sugar-free snack that’s naturally low in fat and calories. Add in its irresistible smell, taste and versatility, and it’s easy to see why it pairs so well with spooky celebrations.

Find more Halloween treats at popcorn.org.

**Spooky Popcorn Spider Web**

Yield: 1 spider web

- 1/4 cup butter
- 8 cups mini marshmallows, divided
- 1 tablespoon vanilla extract
- 9 cups popped popcorn, divided
- 1 cup semisweet chocolate chips, divided
- black string licorice candy eyes

Line round pizza pan with parchment paper; set aside. In large saucepan over low heat, melt butter; stir in 5 cups marshmallows, stirring constantly, 3-4 minutes, or until completely melted. Stir in vanilla. Remove from heat. Stir in 8 cups popcorn until coated. Spread onto prepared pizza pan in irregular round shape, about 1-inch thick, to resemble spider web.

Refrigerate about 15 minutes, or until firm.

In microwave, melt remaining marshmallows about 20 seconds, or until melted. Using spatula, string strands of melted marshmallow over popcorn spider web to create cobweb effect.

In heatproof bowl set over saucepan of hot (not boiling) water, melt 3/4 cup chocolate chips; cool slightly. In large bowl of remaining popcorn, pour chocolate over popcorn, folding gently to coat. Spread mixture on waxed paper-lined baking sheet, separating into eight small clusters. Affix two candy eyes to each popcorn cluster. Refrigerate 10-15 minutes, or until set.

Melt remaining chocolate chips. Cut licorice into 1-inch lengths. Using small spoon, dab circles of chocolate onto spider web. Affix chocolate-coated popcorn onto chocolate circles. Affix licorice lengths to chocolate popcorn clusters to resemble spider legs.

Refrigerate 15 minutes, or until set. To serve, cut into smaller pieces.



Witchy Popcorn Balls

**Green Halloween Zombies**

Yield: about 7 pieces

- 2 1/2 quarts popped popcorn
- 6 tablespoons butter or margarine
- 3 cups mini marshmallows
- 4 tablespoons lime gelatin powder
- red gum balls
- candy corn
- flat green candy strips or fruit leather
- green sugar sprinkles

Place popcorn in large bowl; set aside. In medium saucepan over medium heat, melt butter. Stir marshmallows into butter until melted. Stir in gelatin powder until evenly colored.

Pour melted mixture over popcorn and stir until evenly coated. With buttered hands, shape popcorn into seven ovals.

Flatten one oval slightly and squeeze one end to form “skull” shape. Place on parchment-lined baking sheet. Repeat with remaining ovals.

To decorate: Press two gumballs into each skull to form “eyes.” Press candy corn into skull to form “teeth.” Use scissors to trim candy strips and press into top for “hair.” Sprinkle with sugar sprinkles.

Allow “zombies” to set about 20 minutes before wrapping individually in plastic wrap or serve immediately.



Green Halloween Zombies

**Witchy Popcorn Balls**

Yield: 8 popcorn balls

- 16 chocolate wafer cookies
- nonstick cooking spray
- 3 quarts popped popcorn
- 4 tablespoons (1/2 stick) butter or margarine
- 3 cups miniature marshmallows
- 3 tablespoons (1/2 of 3-ounce box) lime gelatin dessert mix
- green food color (optional)
- 3/4 cup chocolate chips
- licorice strings
- 8 chocolate ice cream cones

orange sugar sprinkles, placed in small dish  
jelly beans  
candy corn

Spread sheet of waxed or parchment paper over work surface and place wafer cookies on it.

Spray large mixing bowl with nonstick cooking spray and place popcorn inside.

In medium saucepan over low heat, melt butter. Stir in marshmallows and gelatin powder until marshmallows are melted and mixture is smooth. Adjust color with 1-2 drops food color, if desired. Pour mixture over popcorn and mix until coated.

Spray hands with nonstick cooking spray and press firmly to form into eight balls. Place balls on eight wafer cookies. Press candy decorations into popcorn balls to form “eyes,” “nose” and “mouth.”

In small, microwave-safe bowl, heat chocolate chips, covered, 10 seconds. Stir to aid melting. Repeat as needed until chocolate is melted and smooth.

Spoon about 1/2 teaspoon melted chocolate on top of each popcorn ball. Press licorice strings into chocolate to form “hair.”

Dip cone edges into melted chocolate then orange sugar sprinkles. Place on remaining wafer cookies to form “witches’ hats.” Place hats on popcorn balls. Allow chocolate to set about 45 minutes before serving. Serve or seal individually in plastic wrap.

# 'You do you' this fall

By DAWN HANKINS

The trending expression today is: "You do you." And the turn back time or nostalgia associated with this fall's wardrobe trends allows the fashion conscious to do just that.

Taking in runway styles for fall 2022, the more mature woman might not opt to look like a biker chick. Or, she might.

Whatever the case, this season it's easy to incorporate one's own style into one of autumn's biggest trends. Grannies with lots of sheen, metallic bubble sleeve dresses and olive colored maxi dresses (simple.)

Other options this fall include black, silky wrap tops, (think retro 1970s with lots of sheen), metallic bubble sleeve dresses and olive colored maxi dresses (simple.)

Every closet needs a pair of boots which this season range in style from militaristic to open side booties in soft colors.

Whatever your taste in the coming months, just be sure to shop local for those new fashion pieces that are certain to turn heads.

Just remember this fall 2022 . . . "you do you."

# Bucket hats: first place in 2022

By DAWN HANKINS

Considering all the outdoor activities planned here in Bedford County, hats are still a mainstay—any time of the year. The runways are full of so many styles for fall 2022.

Fall's color palette sets off many hat styles. Every style from "bucket hats" to "cowboy hats" are still stylish going into the fall season. Those bucket hats, which come in a variety of fabrics and colors, really look great everywhere from the beach to your favorite boutique.

Going to a special bridal luncheon? Grab a decorative tea party hat in those luscious fall shades.

Men look just as stylish on the town with a hat. Whether more traditional or daring, choose a style to fit your personality.

Most important, continue to wear those hats as protection from the sun for months to come. And at the same time, continue to look good in them!



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# Times-Gazette SPORTS

C

www.t-g.com/sports  
Saturday, October 15, 2022

## Strong 2nd half powers Eaglettes in semis



Gloria Hernandez makes prepares to launch the ball in Shelbyville Central's Win over Warren County in the district tournament semifinals.

T-G Photos by Gary Johnson

By **GARY JOHNSON**  
Sports Writer

After a scoreless first half, Shelbyville Central's Golden Eaglettes found the back of the net three times in the second half to claim a 3-1 victory over visiting Warren County in the semifinals of the District 6-AAA tournament on Tuesday evening.

The Eaglettes' first goal came from a cross from Sharaid Palmeros which bounced off a Warren County player.

Shelbyville Central's next goal came off the foot of Britzel Hayitin on a corner kick.

Paige Blackburn later added a goal off of a corner kick.

"I am very proud of my girls. They really played together. I told the girls before the game one person doesn't make a team and it's going to take every player on that field doing their job in order to win and they did that," Shelbyville



Golden Eaglette Kelly Ramirez makes a play on the ball in post season play on Tuesday evening.

Central coach Casey Curry at Franklin County on Thursday evening for the district championship.

The Eaglettes played



## Lady Champs headed to 6-A title clash

By **WILL CARTER**  
Sports Writer

CHAPEL HILL — Catching stride in the most vital part of the season is always a good thing and the Cascade Lady Champions seem to be finding their groove as they opened the District 6-A tournament Tuesday night with a dominant 3-0 victory against the Forrest Lady Rockets.

Head coach Wendy Williams has been waiting for her team to put all the pieces together in a game and they did just that Tuesday night.

"I'm just so proud of these girls for how they've come together," Williams said.

"They played their game tonight and were able to dominate. We knew they could play like this, they

Ellie Chapa blasts the ball up field to start an offensive attack for the Lady Champions.

T-G Photo by Will Carter

just had to find it."

From the opening touch, Cascade controlled the tempo offensively, but they weren't able to find the back of the net until the 31st minute when Ellie Speirs deflected a pass by Forrest and blasted the ball from right outside the box for the opener.

Seven minutes later they increased their lead to 2-0 after Ellie Chapa stole the ball in the Lady Rockets' half and crossed it to Abby Harris on the left side for a goal.

The Lady Champions kept the Lady Rockets on their heels for the entire first half by constantly pressuring the ball up-and-down the field.

Even with a 2-0 lead, their intensity carried over into the second half as they took 19 total shots in the final 40 minutes.

"The girls set goals for themselves and I think this game meant a lot to them," Williams said.

"It shows by how hard

▶ See **Champs**, Page 2C

## Viqueens advance to district finals

By **RICKEY CLARDY**  
Sports Writer

UNIONVILLE — The Community Viqueens had several shots on goal in the first six minutes of the game that did not find the back of the net, but the floodgates opened after that as the Viqueens scored eight goals in the first half en route to a 9-0 win over the Cannon County Lionettes in the semifinals of the District 6-A soccer tournament Tuesday night.

Community (10-2-1) peppered the Lionette goal during the early part of the game before Cannon County failed to clear a corner kick in front of the net. Stevie Dickenson took advantage and scored with 33:20 left in the first half to give the Viqueens a 1-0 lead.

The Viqueens started to get in a groove and used effective passing to increase their lead. Zoey Dixon scored her first goal with an assist from Abby Murrill four minutes later to put Community up 2-0.

The Viqueens added three more goals in a 4-minute span. Addison Brothers assisted Dickenson and Dixon on goals while Audrina Bearden scored on a cross from Dixon to put Community up 5-0 with 21:37 left in the half.

Bearden and Taylor Wessner added goals to increase the Viqueen lead to 7-0. Dixon made it a hat trick as she finished the first half scoring on a direct kick with 8:35 remaining to put Community up 8-0.

"Once we got settled in, the shots started going in after we

started moving the ball well," Coach Chris Brothers of the Viqueens said.

After 20 minutes of no goals, Dixon ended the night with a goal on a penalty kick 11 minutes into the second half as the Viqueens advanced to the district championship.

"Our defense has done really good all year long and we continued on that tonight," Brothers said.

"They've been amazing back there."

Community entertained Cascade Thursday night in the District 6-A championship. The

▶ See **Viqueens**, Page 2C

Sarah Woolbright controls the ball for the Viqueens.

T-G Photo by Rickey Clardy





T-G Photo by Rickey Clardy

Abby Murrill of the Viqueens does a flip throw.

## Viqueens

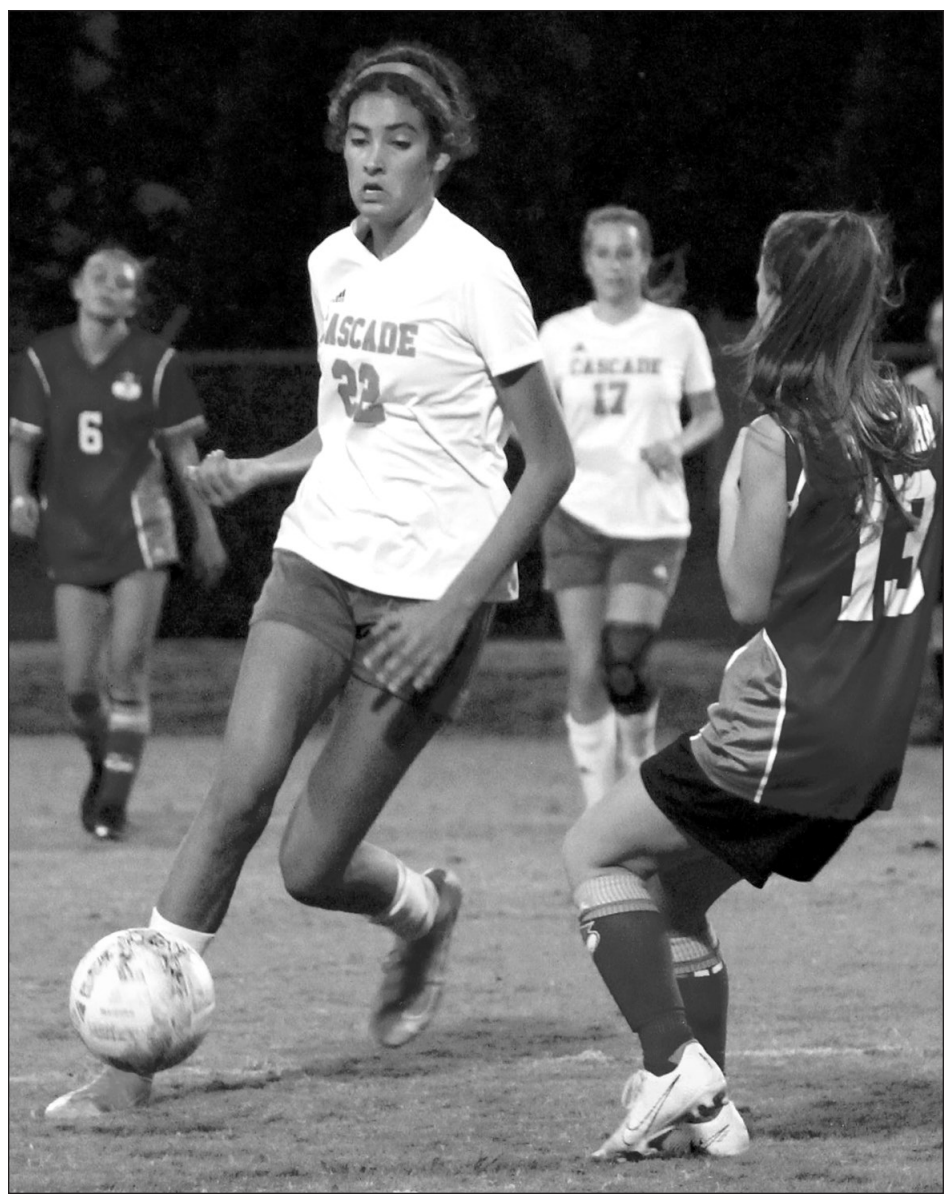
(Continued from Page 1C)

teams split a pair of contests in the regular season that

were each decided by one goal.

Cannon Co.	0	0	—	0
Community	8	1	—	9
<b>First Half</b>				
C — Stevie Dickenson goal (33:20)				
C — Zoey Dixon goal from Abby Murrill (29:26)				

C — Dickenson goal from Addison Brothers (25:49)				
C — Dixon goal from Brothers (24:43)				
C — Audrina Bearden goal from Dixon (21:37)				
C — Bearden goal (16:17)				
C — Taylor Wessner goal (15:09)				
C — Dixon goal (8:35)				
<b>Second Half</b>				
C — Dixon penalty kick (28:40)				



T-G Photo by Will Carter

Eve Speirs put the pressure on the Lady Rockets with six total shots in the match with one finding the back of the net.

## Champs

(Continued from Page 1C) they worked and played as a team.”

The final goal of the contest came in the 76th minute when Harris streaked down the right side and crossed the ball to the center of the box to Ella McGeary for a tap-in goal and 3-0 advantage.

But it wasn't just the Lady Champions' offense that was playing at the top of their game.

Goalkeeper Claire

Perry stopped 14 shots throughout the match, including a crucial save in the final minutes with the Lady Rockets mere feet from putting it past the goal line.

Winning and moving on in the tournament is worth celebrating, but Williams is more focused on their next opponent in the Community Viqueens.

“We're just going to focus on the next game up,” Williams said.

“We have Community next, so we're going to focus on them and see how

far we can go.”

In the regular season, the two split their two-game series with Cascade winning 3-2 at home and Community edging out a 1-0 victory on their home turf to secure the first seed in the tournament.

The two will meet again on Thursday in Unionville at 6 p.m.

Cascade	2	1	—	3
Forrest	0	0	—	0
<b>First Half</b>				
C — Eve Speirs from outside the box (31st minute).				
C — Abby Harris assisted by Ellie Chapa (39th minute).				
<b>Second Half</b>				
C — Ella McGeary assisted by Abby Harris (76th minute).				

# Bills visit KC in rematch of memorable playoff game

By DAVE SKRETTA  
AP Sports Writer

KANSAS CITY, Mo. — In one of the wildest playoff games in NFL history, the Bills and Chiefs traded the lead three times and scored 25 points in the final 2 minutes of regulation, including a 13-second field-goal drive by Kansas City to force overtime that folks in Buffalo are still trying to live down.

The Chiefs went on to win that game in January, ending Buffalo's season at Arrowhead Stadium for the second consecutive year, and leaving Josh Allen and the rest of the heartbroken Bills counting the days until Sunday.

That's when they get another shot at the team that's becoming their nemesis.

“I mean, I think there are a lot of things you can take away from that game that can help you,” said Allen, whose Bills also lost the 2020 AFC championship game at Kansas City. “Again, that's neither here nor there right now, but it's a situation — we can take a lot from that and try to apply to practice and when we play.”

There's an argument to be made both teams are better than they were last year.

The Bills lead the league in passing offense and total offense and are second in scoring. Tops in scoring? That would be the Chiefs, who are fourth in passing offense and sixth in total offense. On the flip side, the Bills are tied for first in scoring defense and No. 2 against the pass and in total defense while Kansas City is third against the rush.

No wonder both teams are 4-1. “They're a really good team. They've been there for a long time. Andy Reid-coached football teams win and they win often, and they sustain it and they're really tough at home,” said Bills coach Sean McDermott, who worked under Reid in Philadelphia more than a decade ago. “So really good opponent. We have a lot of respect for them.”

The respect is mutual, and it's only grown over the years. This will be the fifth time since 2020 the two teams have met, including those two playoff games at Arrowhead Stadium.



“We know it's going to come down to the wire every time we play them,” Chiefs quarterback Patrick Mahomes said. “To see the guys respond (in January) when it looked like it was over, that's something you're always going to have.”

Indeed, the Bills appeared to have the game won when Gabe Davis caught his playoff-record fourth TD pass to give them a 36-30 lead with 13 seconds left. But that was enough time for Mahomes to complete two long passes and set up Harrison Butker's 49-yard field goal to force overtime, where Kansas City scored on the first possession to win.

To this day, the words “13 seconds” continue to haunt Bills fans.

“Well, I mean, that did happen. That's part of our past on one hand, but it's also part of our past,” McDermott said. “This team will take on its own identity. You learn from things like that and you move forward.”

### Best buds

Allen and Mahomes each eclipsed 300 yards passing with three touchdowns, completed at least 70% of their passes without an interception and led their teams with at least 65 yards rushing in their January showdown.

No other quarterback in NFL history has done that in a game, regular or postseason.

The burgeoning rivals are also good friends, though, and found themselves on the same side in June, when they teamed up against Aaron Rodgers and Tom Brady in a match-play golf event. Rodgers made a walk-off 15-foot putt for the win.

### Injury outlook

The Bills' injury report listed 15 players this week with the most notable being safety Jordan Poyer, who sat out last week with a rib injury, and cornerback Christian Benford, who had a broken hand. Linebacker Tremaine Edwards (hamstring) and tight end Dawson Knox (foot/hamstring) also were limited after missing one game apiece.

The Chiefs are thin on defense, where cornerback Rashad Fenton is dealing with a hamstring injury, safety Bryan Cook is in the concussion protocol and defensive tackle Tershawn Wharton is out after tearing his left ACL on Monday night.

### You again?

After chasing Mahomes for several years in Denver, Bills pass rusher Von Miller finds himself doing it again for Buffalo. But don't think for a moment that there's ill will between them. In fact, the two Texans are quite fond of each other.

“We got the same financial advisor,” Miller said, “so no matter what I do, I could never get away from Patrick Mahomes.”

### Four score(s)

Fewer than two dozen players have caught four or more TD passes in a game. Two of them will be playing Sunday. Davis did it against Kansas City in January while Chiefs tight end Travis Kelce did it last week against the Raiders, when all four of his touchdown catches came from inside the 10-yard line.

The oddsmakers say The Bills are 2 1/2-point favorites, according to FanDuel Sportsbook, making it the first time in 42 home starts Mahomes will take the field as an underdog. That includes 11 starts in the playoffs, two of those against Buffalo.

“It is what it is,” Mahomes said. “Our job is to go out there and win a football game. It's a tough place to play at Arrowhead; they've won here before. But we've also handled business before. It's up to us to do that Sunday.”

# Michelson: LIV beating PGA

By DOUG FERGUSON  
AP Golf Writer

Back in Saudi Arabia for the first time since his disparaging remarks about the source of LIV Golf's funding, Phil Mickelson said Thursday he was glad he was on the “winning side” and that he sees the PGA Tour trending downward.

Mickelson had said a month ago that while the PGA Tour had all the best players in the world for the last 20 to 30 years, that would never be the case again.

He came out even stronger in a news conference for the LIV Golf Invitational-Jeddah, which starts Friday at Royal Greens in King Abdullah Economic City.

“I think going forward you have to pick a side. You have to pick what side do you think is going to be successful. And I firmly believe that I'm on the winning side of how things are going to evolve and shape in the coming years for professional golf,” Mickelson said.

“We play against a lot of the best players in the world on LIV and there are a lot of the best players in the world on the PGA TOUR. And ... until both sides sit down and have a conversation and work something out, both sides are going to continue to change and evolve. And I see LIV Golf trending upwards, I see the PGA Tour trending downwards and I love the side that I'm on.”

Mickelson, Dustin Johnson, Brooks Koepka and Bryson DeChambeau were among several major champions Saudi-funded LIV Golf signed to contracts reported to be in the \$125 million range.

LIV Golf currently has 12 of the top 50 players in the world ranking — British Open champion Cameron Smith at No. 2 is the highest, while the majority of them are outside the top 25 because LIV Golf hasn't received world ranking points since it began in June.

The PGA Tour still has a majority of the current stars — 19 of the top 20 — and starts a new schedule in 2023 that will bring the best players together some 15 times a year playing for \$20 million prize funds.

These are some of the changes Mickelson wanted all along. The PGA Tour has suspended him and other members who signed with LIV Golf, which is the main plaintiff in an antitrust lawsuit scheduled for a January 2024 trial.

LIV Golf has 48-man fields with no cut over 54 holes playing for \$25 million each week. Dustin Johnson already has made over \$30 million, including an \$18 million bonus for clinching the individual points race.

Mickelson was seen as a chief recruiter for LIV Golf leader Greg Norman, and it was his comments in February that slowed the inaugural year of LIV Golf.

In an interview with Alan Shipnuck, who published an unauthorized biography of Mickelson in May, the six-time major champion referred to the Saudis as “scary mother(expletives) to get involved with.”

“We know they killed (Washington Post reporter Jamal) Khashoggi and have a horrible record on human rights. They execute people over there for being gay. Knowing all of this, why would I even consider it? Because this is a once-in-a-lifetime opportunity to reshape how the PGA Tour operates,” Mickelson is quoted as saying.

The interview was published two weeks after Mickelson played in the Saudi International at Royal Greens.

Mickelson issued a statement after the interview saying his comments were off the record and shared without context.



Tennessee head coach Josh Heupel calls out from the sideline in the first half against LSU.

AP Photo/Gerald Herbert

# Alabama braces for big road test at Tennessee

By AL LESAR

Associated Press

KNOXVILLE — Tennessee coach Josh Heupel recognizes the enormous opportunity awaiting his sixth-ranked Volunteers only too well.

The No. 6 Volunteers host No. 3 Alabama (6-0, 3-0 SEC) on Saturday, and it's the first time since 1989 that both have been unbeaten going into the Third Saturday of October rivalry game. Tennessee (5-0, 2-0) is trying to crack college football's elite for the first time since 2006, when the Vols last beat Alabama.

"This is why you come to Tennessee and want to be in this league," Heupel said.

Alabama has been a regular atop the Southeastern Conference — not to mention winning six national titles — since hiring Nick Saban as head coach. He is 15-0 against Tennessee since then and he knows how crucial beating Tennessee is no matter the records.

"This game means a lot to a lot of people in Alabama," Saban said. "It's kind of a rivalry game."

That's an understatement at least this season. The Vols are

coming off a 40-13 win at LSU, while Alabama had to hold on to beat Texas A&M 24-20, a win that dropped the Tide two spots from the No. 1 ranking.

The Vols see themselves as the Crimson Tide's biggest challenge though Heupel said: "The expectations we should be concerned about are our own expectations." Tennessee quarterback Hendon Hooker, now being mentioned in the Heisman Trophy conversation, said it's a matter of "Just staying even-keeled."

Quarterback Bryce Young missed Alabama's win over Texas A&M with a sprained shoulder and was questionable at midweek. Redshirt freshman Jalen Milroe stepped in for the reigning Heisman Trophy winner and delivered an uneven performance against the Aggies.

Tennessee fans painted Neyland Stadium an orange-and-white checkerboard pattern for a win over Florida. That's what Alabama safety Jordan Battle is expecting, though all orange seems to be the color of choice for a game so big Tennessee has set up an outdoor watch party area for the sold-out game.



"We know it's going to be loud," Battle said. "I know we probably haven't played the best on the road this year so this week will be a big emphasis of trying to play better on the road."

## QB showdown

Young last played in the second quarter against Arkansas and will be evaluated all week. If Young doesn't play, Milroe ran for 83 yards against A&M.

That could give the edge at that position to Tennessee. Hooker has completed 70% of his passes for 1,432 yards and 10 touchdowns without throwing an interception running the nation's top offense in yards and has passed Young in the midseason Heisman Trophy odds, according to FanDuel Sportsbook.

"He's always a threat to run it too, which makes it more difficult, and they've got really good skill guys," Saban said of Hooker. "And their entire offensive team is very efficient in how they operate and how they execute."

## Henry's return

Tide linebacker Henry To'oTo'o is playing in this game for the fourth time and second since transferring from the Vols where he was a two-year starter. To'oTo'o had three tackles in two games against Alabama. He had five tackles in last season's game for the Tide and now returns to Neyland Stadium on the opposite sideline.

"Definitely super excited," To'oTo'o said. "So definitely going to be a huge challenge."

## Vols personnel

Cedric Tillman, the Vols' top returning wide receiver, missed the last two games after a high ankle sprain during a win over Akron. He had a "tightrope" surgery to speed up his recovery time and is expected to play against Alabama. Left tackle Gerald Mincey also is expected

back after sitting out the LSU game with an undisclosed injury.

But the Vols have lost cornerback Warren Burrell to season-ending surgery for an upper body injury. Starting safety Jaylen McCollough may miss the game after being arrested on an aggravated assault charge last weekend.

## Turnover problem

Alabama coaches regularly talk about the records of teams with various turnover margins. The more turnovers, the uglier the records.

Alabama is defying the odds — so far — despite being in a three-way tie for 115th nationally with a minus-5 turnover margin. North Texas (3-3) and Kent State (2-4) are the other two. Saban insists they've been emphasizing holding onto the ball "like crazy."

"This is the first time in a long time we've had a negative turnover ratio at this point in a season," Saban said. "We don't get enough turnovers on defense, and we've given the ball up more than we have historically. And both of those things need to improve, because it is very, very challenging."

# Smoke 'so mad' at NASCAR; Stewart-Haas drops 1 appeal

By STEPHEN HAWKINS

AP Sports Writer

FORT WORTH, Texas — With his team still appealing \$200,000 in fines and allegations from NASCAR that Stewart-Haas Racing manipulated the finish of NASCAR's most recent playoff race, co-owner Tony Stewart opted to not discuss that Wednesday.

"I'm not going to talk about it," Stewart said. "I'm so mad at NASCAR right now, I'm not talking about it."

NASCAR said Tuesday that a review of data and team communications showed that Stewart-Haas manipulated the results of the playoff elimination race at Charlotte.

While still moving forward with the appeal in that case, Stewart-Haas on Wednesday dropped its appeal of earlier penalties, including \$100,000 in fines, against Kevin

Harvick and his crew chief after his Ford failed post-race inspection at Talladega.

That move was announced after Stewart spoke with reporters at Texas Motor Speedway. A few hours later, SHR chief competition officer Greg Zipadelli said in a statement about the race manipulation charges that the team "denies any wrongdoing and will vigorously defend its personnel" in the appeals process.

Stewart, meanwhile, was in Texas for his 13th Smoke Show racing fantasy camp, an event that in its history has raised more than \$1.5 million for Speedway Children's Charities in Texas, but hadn't been held the past two years because of the pandemic. He will then go about 75 miles for this weekend's NHRA Texas Fall Nationals in Ennis,

Texas.

"Super glad I'm going drag racing this weekend," said Stewart, who has a car in each of NHRA's top two divisions. "If it weren't for the fact that I've got a couple of appearances that I have to make, I wouldn't be in another NASCAR race the rest of the year. Wouldn't waste my time."

Asked if he was still having fun with NHRA, Stewart responded, "Love it. The atmosphere is way different, way different. And I like the atmosphere there, I have all year."

On Sunday, Cole Custer appeared to deliberately hold up a line of traffic on Charlotte's road course as teammate Chase Briscoe stormed past in a desperate effort to move into the third round of the playoffs.

"Nothing contradicted that that was done deliberately," NASCAR senior vice president of compe-

tition Scott Miller said Tuesday.

Briscoe finished ninth, good enough to bump reigning NASCAR champion Kyle Larson from the playoffs as the field was trimmed from 12 drivers to eight. Briscoe earned the eighth and final spot in the next round of the playoffs by two points over Larson.

NASCAR levied a \$100,000 fine for Custer and loss of 50 driver points, as well as 50 owner points for SHR. Crew chief Mike Shiplett was also fined \$100,000 and suspended indefinitely.

Stewart sent out a tweet Tuesday night that read, "Looking for a new weekend hobby (something not south eastern based) if anyone has any ideas. Something low drama and relaxing preferably."

This week, that includes catching some drag racing.

# No vote on Snyder ahead

By ROB MAADDI

and STEPHEN WHYNO

AP Sports Writers

There is no plan to vote on Washington Commanders owner Dan Snyder's status at next week's owners meetings in New York, according to three people with knowledge of the agenda.

The people spoke to The Associated Press on condition of anonymity Thursday because the discussions are private.

Snyder's ownership of the team has been widely debated for years amid several scandals and investigations into workplace conduct in Washington. It became a hotter topic Thursday amid an ESPN report detailing Snyder's efforts to influence other owners and the league office to maintain control of the team.

ESPN reported, citing anonymous sources, Snyder has hired private investigators and told people he has enough information to expose fellow owners and Commissioner Roger Goodell.

The Commanders are denying the contents of the report. In a statement sent to the AP, a team spokesperson called it "categorically untrue" and "clearly part of a well-funded, two-year campaign to coerce the sale of the team, which will continue to be unsuccessful."

Holland & Knight, one of the law firms representing Snyder, did not immediately respond to a message seeking a response to the report.

Snyder has owned the team since 1999. He and the organization are currently the subject of ongoing investigations by the U.S. House Committee on Oversight and Reform and former U.S. Attorney Mary Jo White, who is conducting a new review on behalf of the NFL.

# Heupel, Anderson, Hooker lead AP midseason awards

By **JOHN ZENOR**  
AP Sports Writer

Will Anderson is one of the nation's top pass rushers. Hendon Hooker has been among the hottest passers.

The Alabama linebacker and Tennessee quarterback headline the midseason Southeastern Conference awards released Wednesday by The Associated Press. Anderson is the top defensive player so far and Hooker grabbed the offensive honors as the two players head into Saturday's showdown between No. 3 Alabama and No. 6 Tennessee at Neyland Stadium.

The Volunteers' Josh Heupel was a unanimous pick as coach of the first half of the season in voting by AP reporters who cover the SEC.

## Coach of the first half

Heupel has Tennessee ranked in the top 10 for the fourth straight week and at 5-0 for the first time since 2016. Led by Hooker and the nation's top offense, Heupel already has four wins over Top 25 teams in his first season and a half. That's the most for a Volunteers coach through his first 18 games since Phillip Fulmer also beat four Top 25 teams three decades ago.

## Offensive player

Hooker has been the SEC's most efficient QB, passing for 1,432 yards and 10 touchdowns without an interception through five games. He became the first SEC quarterback to post 300 passing yards and 100 rushing yards in a game since 2018 (vs. Florida). He's eighth nationally and second in the SEC in total offense, averaging 332.6 yards a game.

Also receiving votes: Will Rogers, QB Mississippi State; Brock Bowers, TE, Georgia.

## Defensive player

Anderson led the nation in sacks and tackles for loss last season. He's off to an even faster start this season, with 29 tackles, 10 tackles for loss and five sacks, plus a pick-6. Anderson had 11 tackles for loss and three sacks through six games last season, and didn't have a sack at this point as a freshman. He pressured Texas A&M quarterback Haynes King eight times last week.

## First-year freshman

Ole Miss RB Quinshon Judkins, who has emerged as probably the biggest star in a talented backfield despite not starting. He has run for 581 yards and eight touchdowns, more TDs than any other FBS freshman runner.

Also receiving votes: Malaki Starks, DB, Georgia; Nick Emmanwori, DB, South Carolina.

## First-year transfer

Jaxson Dart, QB, Mississippi. Dart started the season rotating with Luke Almyer after transferring from USC. It's unquestionably his job now, even before his 448-yard, three-touchdown explosion against Vanderbilt. Dart has passed for 1,358 yards and eight touchdowns while also being intercepted five times. He has run for 256 yards.

Also receiving votes: Jahmyr Gibbs, RB, Alabama; Jayden Daniels, QB, LSU.

## Most surprising team

Tennessee has risen from just outside the preseason poll and into the top 10, with victories over Pittsburgh, LSU and Florida. The Volunteers showed signs last season of being on the verge of a breakout, even while going 7-6. Their biggest test so far awaits Saturday, though.

Also receiving votes: Mississippi State, Ole Miss, Texas A&M and LSU.

## Most surprising player

Arkansas RB Raheim Sanders, who is the SEC's leading rusher and top workhorse. He has run for 695 yards and five touchdowns on 125 carries. Sanders also has 185 receiving yards. He had a strong freshman season, too, but has already topped his 578 yards from 2021.

Also receiving votes: Hooker; Anthony Richardson, QB, Florida; Tayvion Robinson, WR, Kentucky.

from being 4-1.

"Got some good things going, need to clean up some things, but got some good things going and just want to keep the foot on the gas and keep going," quarterback Ryan Tannehill said.

## What's working

The defense. At least when defending the run and making big stops when it matters most, not bad for a unit that has started an NFL-high 20 different defenders already after using 26 last season. They haven't allowed more than 101 rushing yards since then and have allowed 38 and 43 yards in each of the past two games.

Tennessee broke up a 2-point conversion pass to preserve its first win of the season over Las Vegas, and linebacker David Long Jr. got the interception at the goal line to seal its latest victory on Sunday over Washington.



Alabama coach Nick Saban argues a pass interference call late in the second half against Texas A&M.

AP Photo/Vasha Hunt

# Tide-Vols highlight SEC weekend

By **PETE IACOBELLI**  
AP Sports Writer

A look at Week 7 in the Southeastern Conference:

## Game of the week

No. 3 Alabama (6-3, 3-0 SEC) at No. 6 Tennessee (5-0, 2-0)

Tennessee is looking to end a 15-game losing streak to the Crimson Tide and upend the SEC and national championship picture. The Vols lead the SEC at more than 46 points a game under coach Josh Heupel's supercharged offense. Alabama is second in the SEC in giving up just 12.3 points per game. The game also features a matchup of two of the country's top quarterbacks in Alabama's Bryce Young and Tennessee's Hendon Hooker. Young was injured two weeks ago and missed last week's 24-20 win over Texas A&M. Hooker has completed 70% of his passes for 1,432 yards and 10 touchdowns without throwing an interception.

## Best matchup

No. 16 Mississippi State (5-1, 2-1) at No. 22 Kentucky (4-2, 1-2)

A possible clash of Wills looms: Much depends on whether Kentucky quarterback Will Levis (1,405 yards, 12 touchdowns, four interceptions) returns from a left foot injury that kept him out of last week's loss to South Carolina. Mississippi State boasts the



SEC's top (Bull)dog in passing in record-setting junior QB Will Rogers, who has thrown for 1,133 yards and 12 TDs during a three-game winning streak. Rogers last week surpassed Georgia's Aaron Murray as the SEC's career completions leader (946) and is one TD shy of Dak Prescott's MSU record (70). The Bulldogs have outscored their last three opponents by a combined 127-55 under third-year coach Mike Leach.

## Impact player

Ole Miss RB Quinshon Judkins. Judkins puts the work in workhorse for the rising Rebels. He's second in the SEC in rushing to Arkansas' Raheim Sanders and leads the league with eight rushing touchdowns. Judkins has averaged 6.05 yards per carry this season, second in the conference to Alabama's Jahmyr Gibbs (8.31) among the SEC's top 10 rushers.

## Upset alert

Arkansas (3-3) at BYU (4-2). The Razorbacks, ranked in the top 10 last month, have lost three straight and could stretch that to four against BYU, eager to bounce back from a loss to Notre Dame. The good news for Arkansas appears to be that dynamic quarterback KJ Jefferson has apparently cleared concussion protocol and plans to return this week.

## Inside the numbers

Mississippi State RB Dillon Johnson stands eighth in the SEC with 402 yards rushing and fifth with 218 in SEC contests. ... The Bulldogs have converted 20 of 21 red-zone chances with 19 touchdowns. ... Kentucky yielded six sacks against South Carolina and ranks 129th of 131 FBS teams with 25. ... Three SEC teams have bye weeks (Missouri, South Carolina and Texas A&M). ... Tennessee DE Byron Young had 2.5 sacks in the win over LSU last week. It was the most for a Vol since 2020 and tied for most by anyone in the SEC this season. ... Mississippi WR Jonathan Mingo had nine catches for 247 yards in a win over Vanderbilt last week. That set the school mark, besting Elijah Moore's mark of 238 receiving yards from 2020.

# Titans reach bye somehow on top of AFC South

By **TERESA M. WALKER**  
AP Pro Football Writer

NASHVILLE — Having a bye at the NFL's first opportunity is not usually not what anyone wants.

The battered Tennessee Titans are in no position to complain, needing this break both to heal and fix a laundry list of issues.

"This is when it falls, and certainly we'll use the time best to our advantage to try to get guys back healthy, give some guys some rest that have played a lot of football for us and we'll see if (we can) find ways to improve," coach Mike Vrabel said Monday.

The Titans (3-2) have won three straight by a combined 13 points, the latest a 21-17 win at Washington. Their rally from an 0-2 start has allowed the two-time defending AFC South champs to claw their way from the bottom of the division back to the top.

And they're a missed field goal and a blown lead

apparently getting hurt in practice last week.

apparently getting hurt in practice last week.

## Key number

43 — That's the number of penalties the Titans have been flagged for this season, too many for a team that has been one of the NFL's least-penalized teams since Vrabel took over as head coach in 2018. They ranked seventh for fewest penalties since 2018.

They were flagged eight times for 69 yards against Washington. Vrabel refused to discuss penalties Monday to avoid being fined, saying "Let the league talk about penalties and officiating."

## Next steps

Heal up. Then they host Indianapolis on Oct. 23 with a chance to sweep the Colts, then face a two-game road swing at Houston capped by a prime-time game at Kansas City. Then they'll have five games in Nashville starting Nov. 13 to try to stay atop the division.



## Stock down

CB Caleb Farley. The first-round pick of 2021 played only nine snaps against Washington, his second game this season where he played fewer than 10 defensive snaps. He has size at 6-foot-2, 197 pounds, but Farley currently is backing up rookie Roger McCreary.

## Injured

The Titans already have 11 players on injured reserve with their top draft pick, wide receiver Treyton Burks, added to the list the day before their win at Washington. Three starters were scratched from that game with LB Zach Cunningham (elbow) and S Amani Hooker (concussion) missing their second straight.

OLB Bud Dupree has played 21 snaps combined over the past month, missing two other games with an injured hip. Starting RG Nate Davis (knee/foot) was a late scratch after

## What needs help

The offensive line. The Titans at least ended a seven-quarter scoreless drought in the second half. But a late scratch of right guard Nate Davis left Tennessee with yet another new starter on the offensive line, and Tannehill was sacked five times and hit 13 after being sacked only seven times combined coming into the game.

## Stock up

Derrick Henry. The two-time NFL rushing champ

has strung together back-to-back 100-yard rushing games, climbing to fifth in the league with 408 yards rushing entering Monday. He's fourth with five rushing TDs entering Monday. Henry also has blossomed as a pass-catching threat with 10 catches for 121 yards over this three-game streak.

Henry is well on his way to the best season of his career at this rate. He had a career-best 19 catches in 2020 and 206 yards receiving in 2019.



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 SHELBYVILLE  
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**PLAYER OF THE WEEK**  
**Micah Threatt**



#4

**Position(s):** WR/DB  
**Grade:** Junior  
**Head Coach:** Jud Dryden

**CASCADE**  
  
**CHAMPIONS**  
 SHELBYVILLE  
 TIMES-GAZETTE  
**PLAYER OF THE WEEK**  
 Lantz Peoples (#71) • Daniel Craig (#72) • Logan Morton (#54)  
 Cole West (#76) • Issac Chapa (#52) • Noah Hawkins (#55)  
 Eli Elliot (#45)



#As Indicated

**Position(s):** Offensive Line  
**Grade:** Various  
**Head Coach:** Jake Tyre

**community**  
  
**Vikings**  
 SHELBYVILLE  
 TIMES-GAZETTE  
**PLAYER OF THE WEEK**  
**Cole Crockett**



#9

**Position(s):** WR/TE  
**Grade:** Senior  
**Head Coach:** Chris Grooms  
**FirstBank Representative:** Brent Canady

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Jeff Phillips, Josh Long, Ben Ball, Eddie Walker, Tracy Pearson, Jesse Julien, Brian Cantrell, Zach Holton, Trey Bell

### Front Row

Kerry Breshears, Charlie Coffey, David Andrews, Jake Slay

### Not Pictured

Daniel Dye, Gary Grissom, Jordon Jensen, Jonathan Pearson, Chris Reed, Tyler Riddle, Kendrick Russell, Michael Smith, Eddy Burris, Mark Thomas



## BELL BUCKLE

### Back Row

Robert Dye, Mark McBryant, Trey Bell, Nolan Arena, Robbie Gregory, Mike Smith

### Front Row

Robert Bowen, Ronnie Lokey, Mary Lokey

### Not Pictured

Chad Carson, Andrew McRady, Clyde Porter



## DEASON

### Left to Right

David Jarrett, Gary Grissom, Steve Grissom, Terry Vinson, Dustin Boyce, David Boyce

### Not Pictured

Josh Carlock, Buck Crick, James Whorley



## FLAT CREEK

### Left to Right

Matt Hart, Derek Reeves, James George, Joseph Grant, Roger Debatin, Patrick Mooneyham, Ricky McGee, Tripp Kingree, Toby Mooneyham, Benjamin Warren, Jeremy Williams, Bryant Morton, Duane Regynski

### Not Pictured

Brad Cleek, Caleb Doak, Raymond Meadows

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Brian Bruce, Austin Bruce, Philip Prince, Ricky Prince, Peter Arni, Randy Prince



## UNIONVILLE

Nick Ledbetter, Travis Lester, Walter Douglas, Shawn Parsley, Chance Woods, Terry Bird, James Redd, Michelle Upton

### Not Pictured

Jason Barber, Michael Horvath, Daniel Lambert, Ryan Poole, Kristen Upton, Jim White



## WARTRACE

Peter Arni, Colin Bain, Duane Drake, Nina DeJesus, Michael DeJesus, Chad Carson, Ike Eichelberger, Doug Wheeler



## WHEEL

### Left to Right

Cordell Gamble, Eric Haworth, Tim Parker, Lane Casson, Blane Crump, Keith Cook, Dan Brown

### Not Pictured

Joseph Alexander, Chris Cartwright, Micah Crump, John Parker, Mark Parker, Tyler Ray

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Worship at 10:00 a.m.  
Wednesday night service at 6:00 p.m.  
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**TIRE AND MUFFLER**



Shelbyville Woman's Club Hosts Fall fashion show

# J Jordan paints room in fall colors

By ZOE HAGGARD  
zhaggard@t-g.com

Wednesday's Shelbyville Woman's Club ushered in a new and colorful wave of fall fashion from J Jordan Boutique—43 outfits to be exact.

This season's fall trend is all about color, like rust, navy, terracotta, and olive. Jennifer Jordan Thompson, boutique owner, suggested pairing these deep solid colors with sparkly jewelry. For instance, Thompson suggests wearing a deep burgundy or olive-green blouse with black corduroy pants and a nice long pendant necklace that has just enough sparkle to stand out.

Corduroy pants are also a great addition to any wardrobe, according to Thompson. She showed off several black and tan corduroy bootcut jeans. These are great to pair with those deep-colored blouses.

Textures are also in, she advised. Sateen and velveteen are at the forefront of this season's fashions, and they'll work as great holiday dress outfits. J Jordan presented several dresses in deep sateen and velveteen greens and burgundies.

These shorter dresses typically have puffy sleeves and empire waists. But if you're vying for a longer dress option, there's a great floor-length burgundy dress with an empire waist and gold triangle pattern.

For those who prefer more patterns in their outfit, Thompson showed off this fall's two main print patterns: animal and prairie print. Try wearing a leopard print dress paired with a solid, tan boot, she suggested. Or if you're still feeling floral, opt for a prairie-print dress and ankle booties.

"They add interest to any outfit and especially work great for those warmer fall days," Thompson explained.

Walk into the boutique on the public square and you'll notice that two-piece dresses are also a must this fall. Thompson has two available, one in a blush pink and another in an oatmeal color. The skirts are long, tight, and ribbed, while the shirts are flowing. These monochrome combinations are a great style to pair with tan ankle booties—a great look for those Thanksgiving photos.

And if you're looking for something a bit more edgy, the boutique also has a faux-leather cocktail dress, off the shoulder, with puffed sleeve and slight slit in the front.

But for those chilly fall days, Thompson recommends the "shacket." It's a fairly new design that can be worn either as a jacket, since it's thick, or as a shirt, since it buttons all the way to the top.

Layering is another big trend to take on this fall. Combine shackets, blazers, vests, and sweaters together to create a warm look that's ready to transition from day to night. You can even pair another button-up dress over another sleeveless dress to help with that transitional season look.

Many of J Jordan's models wore these shackets over a cream-colored turtleneck for that warm, casual fall look.

Thompson said her goal is to always feel comfortable but also dress as if she could go to a dinner party at any moment. These shackets also come in all different multi-colors for fall and even a few shimmering patterns that add that touch of elegance for dinner parties.

But if you're feeling a bit bold, try wearing black leather pants and a black down feather jacket. It's a 2022 fresh look that would work great for a ball game to keep you stylish and warm.

For another bold look, J Jordan also has a full bling, rhinestone top in burgundy. It's got structure in the shoulders and a flattering neckline—a balance that works great when paired with tighter pants.

So, these fall trends will match just about any lifestyle and age, whether you're elegant, bold, casual or all three.

J Jordan Boutique is located at 104 Public Square E. Hours are Monday through Friday 10 a.m. to 5 p.m., and Saturday 10 a.m. to 4 p.m.

SWC members were given a 20% discount to use in the boutique—a thank you from Jennifer for attending the show and to show appreciation to those who shop local with them.



J JORDAN BOUTIQUE TEAM

T-G Photos by Dawn Hankins



ANDREA SUBLETT



BRENDA AYERS & MALLORY AYERS



DEBORAH OBENCHAIN



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# City cleanup time arrives

### T-G STAFF REPORT

Shelbyville's semi-annual city-wide cleanup is scheduled Monday through Thursday of next week.

Many large items not normally accepted for weekly trash pickups may be left by the roadside for city crews. The scheduled date for residents is the same as normal pickup times, but Shelbyville Public Works says actual times may vary.

Bulk household items such as furniture,

carpeting, and appliances will be accepted.

Items must be neatly stacked, mattresses must be placed in mattress bags, glass items must be secured with plastic or tape to prevent breakage, and tires must not be mounted on rims.

Paint, hazardous chemicals, parts of houses and buildings such as tile, bricks and roofing materials, and vehicle engines and auto parts will not be collected.

# Suspects steal car, run after wrecking

By DAVID MELSON  
dmelson@t-g.com

Two people jumped into a car left running at Fast Lane Market, Madison Street and South Hillcrest Drive, and took off around 7:40 a.m. Wednesday, Shelbyville police said.

The car's owner ran from the store as the driver backed into a gas pump before speeding south on South Hillcrest.

Security video shows a man and woman wearing dark hoodies and dark pants walking along Madison Street, spotting and taking the car.

The suspects hit a truck a short distance away, disabling the car, and were last seen running behind a fence at a South Hillcrest Drive home. Police searched the area but were unable to locate the suspects.

### Theft

A gold necklace and two gold earrings with total value of \$1,500 were stolen Sept. 1 from a safe at a home on Palmetto Road, the victim told a Bedford County deputy Wednesday.

Security video showed the suspect entering through a broken window, the victim said.

A frequent visitor to the home was named as a suspect.

### Shoplifting

Two suspects were charged after charges of shoplifting Tuesday at Dollar General Market, Shelbyville police said,

Winter Shada Simpson, 27, of Rockvale, and Victoria Lynn Herrod, 53, of Lamb Road near Rover were seen on video taking items from shelves, according to store security and police,

More than \$181 worth of merchandise was found in Simpson's purse by officers.

Simpson was held on \$10,000 bond on a charge of failure to appear, Herrod was released with no bond set.

### Jail intake

The following were

charged since Tuesday by the Bedford County Sheriff's Office, Shelbyville Police Department, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Tiara Moch'a Benson, 23, Belmont Avenue; violation of probation, failure to appear (two counts), public intoxication, contributing to the delinquency of a minor, underage consumption; held, \$11,500 bond

•Jonathan Todd Blevins, 19, Troupe Road; violation of probation, show cause; held, \$2,500 bond

•Kataris Shawntae Bonilla, 37, Shelbyville Mills Road; animals to have vaccinations, cruelty to animals; summonses issued

•Joseph Don Brewer, 27, Ligon Drive; failure to appear; held, \$5,000 bond

•Robert Chadwell Brothers, 47, Christiana; aggravated assault; released, \$5,000 bond

•Eula Mae Davis, 53, Glenoaks Road; violation of probation; released, \$1,500 bond

•Omeed Vahya Esmail, 36, Nashville; driving on suspended license; held, \$8,000 bond

•Stephanie Lynn Forbes, 37, Myers Street; attachment; held, \$500 bond

•Elmer Gonzales Cabrera, 21, Industrial Parkway; aggravated assault; released, \$5,000 bond

•Avelino Godinez Lopez, 32, Deery Street; driving on revoked license; released, \$1,000 bond

•Alan Wayne Hale, 34, Murfreesboro; failure to appear, capias; held, \$4,500 bond

•Victoria Lynn Herrod, 53, Lamb Road; shoplifting; released, no bond

•Megan Yvonne Huffington, 29, Fayetteville; failure to appear, violation of probation; released, \$9,000 bond

•Vanessa Katherine Hicks, 47, Fairfield Pike; failure to appear, violation

of probation; held, \$7,500 bond

•Timothy Allen Merrill, 33, Tullahoma; domestic assault; held, \$5,000 bond

•David Thomas Nowlin, 39, Warners Bridge Road; violation of probation (two counts), evading by foot (two counts), resisting arrest, failure to appear, violation of order of protection; held, \$35,000 bond

•William A. Owens, 34, Manchester; possession of schedule 2 drug and paraphernalia, failure to appear; held, \$20,000 bond

•Juan David Ramirez Guerara, 19, Warners Bridge Road; driving on revoked license, DUI (second offense); held, no bond

•Kevin Brian Rodas, 30, Baker Street; show cause; held, no bond

•Brian Howard Rodriguez, 26, no fixed address; failure to appear, domestic assault, violation of bond conditions, bondsman surrender; held, \$33,000 bond

•Facundo Rodriguez, 56, Midland Road; driving on suspended license (fourth offense); held, \$3,000 bond

•Brian Vernon Sasnon, 44, Tullahoma; theft of property over \$2,500 bond; released, \$15,000 bond

•Winter Shada Simpson, 27, Rockvale; failure to appear, theft of merchandise; held, \$10,000 bond

•Tyler Nathaniel Tankersley, 19, Highway 82 South; felony possession of schedule VI drug, possession of unlawful drug paraphernalia; released, \$10,000 bond

## PUBLIC RECORD

### MARRIAGE LICENSES

Kristy Ann Honey and Douglas Ray Hickson  
Creed Joseph Rose and Allison MacKenzie Stacey  
Johnny Duff Gambill III and Karson Hope O'Bryan Stinnett  
Trevor Aubrey Nicholas and Amy Elizabeth Farris  
Joshua Eugene Sanders and Jessica Lynn Love  
Matthew Ryan Head and Montana Shaleigh Lowe  
Derek Cole Miller and Marissa Arlene Marlowe  
Kanen Alexander Guinn and Kaelin Cheyanne  
Ryan Tyler Schmitt and Stacy Lynn McGriffin  
Santiago Ixcoy Chic and Rosa Elena Herrera Lopez  
Caleb Nathaniel George and Kirsten Michele King  
Daniel Logan Chancey and Dailee Nicole Newell  
Cody Michael Armbruster and Bailey Brooke Andrews  
Roberto Pablo Lucas and Maria Domingo Bartolome  
Dylan Dakota Thigpen and Rachel Lyn White  
Wayne Mitchell Irvin and Patricia Jones Bloomfield  
David Pedro Gonzalez Jr. and Rebecca Brooke Noga  
Raymond Dennis Vandergriff III and Jessica Hope Boshers McCall  
Charles Joseph Kenneth Garrett and Casey Dean Campbell  
Christopher Chase Addison Woods and Kayla Ashley Williams  
Milan Kumar Choudhrai and Ramila Ben Chadhari  
Justin Andrew Smith and Haley Suzanne Milliken  
Kenneth Ray Campbell and Chanelle Kay Adams  
Ashford-Smith  
Nicholas Chance Jackson and Sydney Danielle Davis  
Jeffrey Dale Eady and Shannon Renee Allen-Infante

Armed and Dangerous  
Dylan Dakota Thigpen and Rachel Lyn White  
Wayne Mitchell Irvin and Patricia Jones Bloomfield  
David Pedro Gonzalez Jr. and Rebecca Brooke Noga  
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Kenneth Ray Campbell and Chanelle Kay Adams  
Ashford-Smith  
Nicholas Chance Jackson and Sydney Danielle Davis  
Jeffrey Dale Eady and Shannon Renee Allen-Infante

### DIVORCE CASES GRANTED

**Bedford County Chancery Court**  
Sept., 2022  
Paige Nicole Allemand vs Ronald Deleon Cole  
Luke Ervin Caldwell vs

Cecilia Flores Caldwell  
Maria Elena Carillo  
Acosta vs Silvestre Basurto Prudente  
Jordyn Leann Carlton vs Jerry Wayne Carlton  
Amanda Joyce Churchman vs Martin David Crouchman  
Johathon Bradford Dunn vs Morgan Daniel Dunn  
Michael Eugene Glassburn vs Donna Kay Glassburn  
Lindsey Sue Gunn vs Dyllon Ray Gunn  
Brittany Paige Johns vs Donaven Le'Andre Sample  
Tom David Johnson vs Elizabeth Christina Johnson  
Carlos Daniel Mejia vs Adrianna Nicole Mejia  
London Marie Oberleas vs John Braden Oberleas  
Heather Starr O'Donnell vs Kevin Patric O'Donnell  
Shelly Renee Robinson vs Cal Hank Mooneyhan  
Samatha Lynn Taylor vs Kadin Rainy Taylor  
Jessica Lynn Thomason vs Paul Joseph Thomason  
Scott Beckley Walker vs Tiffany Mentua Walker  
Ronald Blake Whitehead vs Hailey Blair Whitehead  
Fontana Williams vs Ronald Darnell Williams

### CITY COURT 10/03/2022

**Speeding**—Nancy Lynn Anderson, Nicholas R. Hof, Jerre W. Rosenblum, Brandon Lee Ross, Donna Jean Shelley, Zalavon I. White—all \$130, Heather M. Artman, Demetrius L. Bean, Tracie F. Becknell, Jamal H. Butler, Steven Chavez Garcia, Jennifer M. Cole, Raven N. Crockett, Marissa Estudillo, Scott Allen Findlay, Justin Kyle Floied, Christopher K. Hayes, Danielle Mona King, Dolores D. Lopez, Natasha D. McClain Chunn, Damion D. McCloud, Josafat Noriega Solares, Danielle Lache Presley, Paige N. Reynolds, Laura I. Sanchez, Herrick Vasco, Kayla Camille West, Herrick Vasck—all \$125, Aubrey L. Derrickson, Michelle K. Fitzgerald, Trey D. Simons—all \$105, Trina I. Lynch \$155, Spring R. Pinkleton \$185, Dayla Gail

Tucker \$50  
**Illegal Parking**—Armelio Armas, David W. Pascal, Paul Ryan Pavilonis, Jean Louis Robenson, Raoul A. Salahudiin—all \$130  
**Financial Responsibility (Insurance)**—Jenny Whitney Atkins, Destin Paul Curevich, Nina Gail Evans, Alexis C. Flores, Deborah S. Lopez, Ryan Mark Majors—all \$130  
**Driver To Excerise Due Care**—Jenny Whitney Atkins, David Harold Blackburn, Trevor Dane McGee, Nicole Marie Price—all \$130, Brianna Nicole Nowlin, Kamaran James Omer—both \$105, Tonya Renee Smith \$140  
**Dog Running At Large**—Barry Jermaine Bailey, Candace Nicole White—all \$155  
**Failure To Yield Right Of Way**—Dwight Beculhimer, Nicole Marie Price—both \$25  
**Traffic Control Device (Stop Sign)**—Matthew Thomas Bingham, Meghan Joan Hays, Kayla Gail Tucker—all \$125  
**Excessive Noise/Loud Music**—William D. Brothers \$105  
**Distacted Driving (Hands Free)**—Bridgette N. Buntley \$60  
**Seatbelt Law**—Robert T. Dickey \$30, Landon R. Pollock, Haley Brooke Ray, Michael Douglas White, Meagan A. Williamson—all \$55, Carlos William Seibers \$35  
**Following Too Close**—Anthony Albert Everette \$130  
Animal Not Having Vaccinations—Rebeca Lopez, Alaina R. Thompson—both \$50  
**Registration Violation**—Elizabeth A. Sissom \$115  
**Traffic Control Device (Red Light)**—Thomas Leon Taylor \$125, Gorge Vilchiz \$105  
**Dog Running At Large**—Alaina R. Thompson \$155

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# Kid-Friendly Recipes to Power Through School Days



Cheeseburger Turnovers

**FAMILY FEATURES**

A menu of filling, delicious recipes is just what your family needs to make each school day a successful educational adventure. Satisfying lunch and dinner ideas can give loved ones the fuel they need while delicious desserts provide motivation for growing minds to get homework finished before enjoying a treat.

When weeks get hectic due to busy schedules, these recipes offer simple solutions to make cooking easier while limiting time spent in the kitchen. Start with a lunch that's as easy to make as it is to pack in a lunchbox, recharge in the evening thanks to a veggie-forward main course and satisfy everyone's sweet tooth with a chocolatey favorite to round out the day.

Keep your family full and energized each school day with more recipe ideas at Culinary.net.

## Make School Lunches a Breeze

There's a lot to remember when sending your student off to school each morning, from backpacks and school supplies to last night's homework. Don't forget one of the key ingredients to a successful day: lunch.

These Cheeseburger Turnovers provide the energy little learners need to power through their afternoon lessons. One winning idea to make the week easier is to prep a full batch of these easily packable, kid-friendly handhelds Sunday night so you've got lunch ready for each day.

To find more school day recipe inspiration, visit Culinary.net.

### Cheeseburger Turnovers

- 1 pound ground beef
- 1/2 cup onion, chopped
- 2 tablespoons ketchup

- 1 tablespoon mustard
- 1 can flaky biscuits
- 1 cup shredded cheese
- dill pickle slices, halved
- 1 egg, beaten

Heat oven to 375 F.

In large skillet, cook ground beef and onion until beef is thoroughly cooked and onions are tender. Drain. Stir in ketchup and mustard.

Separate biscuit dough. On ungreased baking sheet, flatten biscuit dough to form 6-inch rounds. Spoon beef mixture onto one side of flattened dough. Sprinkle with cheese. Top with dill pickle half. Fold dough over filling. With fork tines, press dough edges to seal. Cut two slits in top of dough to release steam. Repeat with remaining dough, beef mixture, cheese and pickles.

Brush each turnover with egg wash.

Bake 18-22 minutes, or until deep golden brown.



Lentil Bolognese with Veggie-Based Penne

## A Perfect Pasta for School Nights

Weeknight meals are all about putting tasty dishes on the table in a short amount of time so you can share precious moments together despite busy schedules.

In a matter of minutes, you can prepare this Lentil Bolognese with Veggie-Based Penne for a quick yet flavorful recipe that can be enjoyed by little ones and adults alike. Featuring Veggiecraft Farms Cauliflower Penne as its key ingredient, this family meal makes it easy to incorporate vegetables without sacrificing taste. Available in popular shapes like penne, spaghetti and elbow, and made with lentils, peas and cauliflower, zucchini or sweet potato, the veggie-based pastas are gluten-free, non-GMO, vegan, Kosher and good sources of protein and fiber.

Visit [veggiecraftfarms.com](http://veggiecraftfarms.com) for more information and family-friendly recipes.

### Lentil Bolognese with Veggie-Based Penne

- 1 cup dry French green lentils or brown lentils
- 1 jar (24 ounces) marinara sauce
- 1/2 cup vegetable broth
- 1 box Veggiecraft Farms Cauliflower Penne

**Toppings:**

- fresh basil
- Parmesan cheese
- red pepper flakes

Cook lentils according to package directions. Drain then return to pot and add marinara and vegetable broth. Stir well and simmer over low heat about 10 minutes.

Cook penne according to package directions. Top cooked pasta with lentil Bolognese, fresh basil, Parmesan cheese and red pepper flakes.

## A Heaping Serving of Homework Motivation

Heading back to school doesn't have to mean forgetting the fun of warm weather treats. Once the homework is done and you've enjoyed dinner with loved ones, turn your attention to a dessert that tastes like it was prepared by a professional baker.

This S'mores Skillet starts with a sweet brownie base made with Domino Light Brown Sugar and is then infused and topped with traditional s'mores ingredients. Just combine in a skillet then bake – or grill for that familiar outdoor feel – until warm and gooey.

Find more dessert ideas to sweeten up back-to-school season at [DominoSugar.com](http://DominoSugar.com).

### S'mores Skillet

Prep time: 30 minutes

Cook time: 10 minutes

Servings: 6

- 8 tablespoons unsalted butter
- 3/4 cup semisweet chocolate chips, divided

- 2 ounces unsweetened chocolate
- 1/4 cup all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 2 large eggs
- 1/2 cup Domino Light Brown Sugar
- 1 teaspoon pure vanilla extract
- 1 cup mini marshmallows, divided
- 6 graham crackers, roughly crumbled, divided

Preheat oven or grill to 350 F.

Place medium heat-proof bowl over medium saucepan simmering with water. Add butter, 1/4 cup chocolate chips and unsweetened chocolate; melt. Remove from heat and allow mixture to cool 15 minutes.

In small bowl, whisk flour, baking powder and salt.

In large bowl, mix eggs, sugar and vanilla. Add chocolate mixture and mix until well combined. Stir in flour mixture. Add 1/4 cup chocolate chips, 1/2 cup mini marshmallows and three graham crackers to batter.

Pour mixture into 8-inch skillet. Top with remaining mini marshmallows, chocolate chips and graham crackers. Grill or bake 10-12 minutes. Remove from grill. Cool 10 minutes and serve.



S'mores Skillet

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