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SATURDAY, FEBRUARY 25, 2023

PLAN YOUR Future Times-Gazette

INSIDE TODAY



Future dreams

Life & Leisure/1B



District

Sports/1C



UT-TPA Press Award



Vol. 142, No. 12



Suzy Cartwright Johnson, fourth from the left, helps break ground. See more photos on page 2A.

www.t-g.com

Ground broken for new school



Suzy Cartwright Johnson and her husband Keith

Cartwright Elementary will open in summer of 2024

By ZOË WATKINS zwatkins@t-g.com

A groundbreaking event was held Tuesday for the new Cartwright Elementary School at 1753 Fairfield Pike.

The 23-acre plot, which the school will sit on, was owned by Bobby "Hoss" Cartwright and his wife Jane Louise, the parents of Suzy Cartwright Johnson. She said her parents bought the land at auction in the 1970s, wanting to use it for farming

While at the groundbreaking, Johnson said, "I was just sitting here remembering the day they bought it at auction; I'm thinking they wanted something good to come of this.

"My parents were very involved in the community, and I think they would be so proud. They loved children, they loved the community, and they wanted to see good things come to all people," she said, holding back a few tears.

The school system approached Johnson about buying the property in the late summer of 2021. "I knew this is what it was

destined to be because of all the elements it needed, utilities and location were here," she said. The location also has ideal access to Highway 437 Bypass.

Growth in progress

School board chair Michael Cook said there is no doubt Bedford County is "moving at a fast pace."

"We're building a \$40 million school within the city limits of Shelbyville, that's great," said Cook. He said the board's goal is to get students out of portables.

Cartwright Elementary is planned to open in August 2024 and hold over 800 students. At 113,000 square feet, it will be two stories and will be large enough to get students out of portables, Superintendent Tammy Garrett said in an earlier meeting. It will relieve the portables at Eakin and East Side elementaries, leaving Southside and Liberty left to address later on, according to Garrett.

Officials hope to have a principal named in January 2024.

Carjacking suspect captured

By DAVID MELSON dmelson@t-g.com

A man accused of taking a car at gunpoint Tuesday morning was apprehended after wrecking it a few hours later, the Bedford County Sheriff's Office said.

William Leon Ballinger, 29, of Old Columbia Road is charged with carjacking, evading arrest, theft of property, possession of a schedule 2 drug and violation of probation. He was held on \$63,500 bond. The victim told investigators Ballinger flagged

him down and asked for a ride to a home on Scales Road. Ballinger allegedly placed some items in the trunk of the victim's Chevrolet Camaro. Upon reaching the home, Ballinger allegedly

asked the victim to watch as he removed only his own possessions from the trunk. "When (the victim) went to the trunk, the guy

stated that he hated to do this to him but that he was taking his car, and pulled a knife out of his pocket and lunged toward him," Deputy Clayton Edgil said in his report. "(The victim) then backed up and told him to take the car." The victim went to a nearby home and asked the

resident to call 911 as Ballinger allegedly sped away.

Finding the suspect

A vehicle tracker from the selling dealer pinged the Camaro to Ballinger's home on Old Columbia Road. Sgt. Jared Featherstone and Deputy Brandon Jarrell found the Camaro backed behind the home with Ballinger and two other people near it, Jarrell's report said.

➤ See Captured, Page 2A

Shelbyville.



Opticians Sandy Lupo and Nick Ellis

T-G Photos by Zoe Watkins

Cutting Edge Optical opens



Cutting Edge Optical is located at 875 Union St. in

By ZOË WATKINS zwatkins@t-g.com

Nick Ellis said he's been an optician for about 20 years, while Sandy Lupo has been one for 14 years. Both Ellis and Lupo worked at the Walmart Eye Center in Shelbyville together.

Realizing they work well together, they wanted to branch off and start their own eyewear center in Shelbyville. But more importantly, they realized there was a need for an eyewear center here. Ellis explained, "In

➤ See Optical, Page 2A

OBITUARIES

Patty Elaine Whitaker

February 20, 2023

Patty Elaine Whitaker, 58, of Shelbyville died Monday, February

Funeral services will be held 7 p.m. Saturday, February 25, at Hillcrest Funeral Home. Visitation will begin at 3 p.m. Per her wishes she will be

She is survived by her mother, Eleanor Ruth Naron of Shelbyville; two daughters, Arica Whitaker,

Victoria and her husband, Joffery D. Vanderbilt Sr.; sister, Cyndy Weaver; brothers, Randy Hill and Rodger Garrett; three grandchildren, Carter Thomas Conry, Aaliyah Scarlett Vanderbilt and Joffery Deon Vanderbilt Jr.

She was preceded in death by her father, Clifford Hill and her husband, Henry Thomas Whitaker Jr.

Timothy Harold Lokey

February 21, 2023

Timothy Harold Lokey, 64, of Unionville died Tuesday, February 21, 2023.

Funeral Services were held Friday, February 24, at Hillcrest Funeral Home, Rev. Billy Joe Calvert officiating. Burial followed at Willow Mount Cemetery.

He was a native of Bedford County; a former substance abuse counselor for the Tony

Rice Center of Shelbyville; a member of Wartrace Baptist Church and a veteran of the U.S. Army.

He was the son of William Harold Lokey Sr. and Audrey Nelson Lokey. He is survived by his wife, Marie Wallace Lokey; children, Jennifer Marie Brown (Daniel), Deanna Lynn Smith (Roosevelt); sister, Wendy Gayle Lokey; brothers, William H. Lokey Jr. (Dana), James Eric Lokey (Maureen); 10 grandchildren and four greatgrandchildren.

Mary Lane Ralston

February 21, 2023

Mrs. Mary Lane Ralston, age 82, of the Cedar Grove community in Bedford County, died on Tuesday, February 21, 2023 in Shelbyville.

She was born in Shelbyville and was a daughter of the late Robert Allen Lane, Sr. and Mamie Louise Pruitt Lane. Mrs. Ralston was a homemaker, school bus driver, teacher's assistant, and a farmer. She was a member of Rocky Glade Cumberland Presbyterian Church and a graduate of Shelbyville Central High School. In addition to her parents, she was preceded in death by her husband, George Andrew Ralston in 2019, and her siblings, Viola Moore, Robert Allen Lane, Jr., Nancy Louise Thomas, Charles D. Lane, Phillip Fisher Lane, Dorothy Parker, Omar Lane, and Jakie Cartwright Lane.

Mrs. Mary enjoyed flowers, working puzzles, cooking, but most of all she loved her family and being with them.

Mrs. Ralston is survived by her children, Mary Frances (Jimmy) Jarrell of the Cedar Grove community, James (Cherry) Ralston of the Cedar Grove community, Robert (Carla) Ralston of Shelbyville; grandchildren, Aaron (Jeanie) Jarrell, Stone Ralston, Gage Ralston, Levi Ralston; great-grandchildren, Austin Jarrell and Jacie Jarrell; sisters, Ina Molder of Bell Buckle, Jane Crowell of Shelbyville; brother, Andrew Lane of Shelbyville.

Funeral services were Thursday, February 23, from the Chapel of Lawrence Funeral Home in Chapel Hill with Rev. Dan Reed officiating. Interment followed at the Joyce-Epperson-Ralston Cemetery in the Cedar Grove

Memorial donations may be made to Joyce-Epperson-Ralston Cemetery Fund, c/o Bookkeeping Plus, P.O. Box 1628, Shelbyville, TN 37162.

LAWRENCE FUNERAL HOME and CREMATION SERVICES, INC., Chapel Hill, TN in charge of arrangements, 931-364-2233, www.lawrencefuneral.net.

Anthony DeWayne 'Tony' **Dickson**

February 21, 2023

Anthony DeWayne "Tony" Dickson, 22, of Shelbyville died Tuesday, February 21, 2023.

Funeral services will be held 2 p.m. Monday, February 27 at Hillcrest Funeral Home, Rev. Jeff Rasnick officiating. Burial will follow at Rosebank Cemetery. Visitation will be 4-8 p.m. Sunday.

Tony loved loud music, big trucks and working outdoors. He loved his Mama, loved his Nanas and his family and friends. He was larger than life. To know him is to love

He was preceded in death by his father, Bretton Allen 'Buddy" Dickson, his brother, Logan Dickson, and his grandfather, Ronald Dickson.

Tony is survived by his mother, Jennifer Marie Reed Hopper; brothers, Nick Hopper, Lathan Dickson; sister, Lydia Dickson; grandmothers, Sherry (Trenton) Harris, Betty Dickson; grandfather, Scott (Susan) Reed; and stepbrother, Dustin Hopper. Tony would also want to send his love to Tommy Hopper and Stephanie Vincent, who both played a massive role in shaping the man he became.

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684-1200

Diana Lynn Prince

February 22, 2023

Diana Lynn Prince, 37, of Tullahoma died Wednesday, February 22,

Funeral services will be held 12 noon Tuesday, February 28, at Hillcrest Funeral Home. Burial will follow at Cothran Cemetery. Visitation will begin at 10 a.m.

She was the daughter of Faith Diane Prince of Tullahoma and the late Lonnie Joe Prince. In addition to her mother she is survived by a son, Luis Sosa; a daughter, Brianna Prince; brothers,

Alan (Kacie) Prince, Matt Prince, Ronald (Sabrina) Prince and a sister, Angela Prince.

Derrell Gilbert Parsons

February 22, 2023

Funeral services for Derrel Gilbert Parsons, age 80, of the Halls Mill community, will be held at 2 p.m. Sunday, February 26, 2023, in the chapel of Doak-Howell Funeral Home with Tony Harris and Stanley Smotherman officiating. Burial will follow at Crowell's Chapel Cemetery. Visitation will begin at noon.

Mr. Parsons passed from this life peacefully with loved ones by his side Wednesday, February 22, under the care of Alive Hospice at AHC Northside Healthcare and Rehab of Murfreesboro after an extended illness.

A native of Bedford County, Derrel was born June 26,

1942, to the late Herlie Gilbert and Ruby Haskins Parsons and was preceded in death by: wife, Brenda Lois Parker Parsons; first wife, Judy Parsons Agee; and sister, Yvonne Baker Gordon. Derrel was a longtime member of Calvary Baptist Church having stated his membership in 1963. He served

his country honorably in the U.S. Army and served in the Korean Conflict. He worked with the "Champions of Freight Drivers" Teamsters Union and retired after many years of employment. He is survived by: children, Lisa (Harvey) Martin; son, Ryan Parsons; Kim (Wallace) Holmes, all of Shelbyville; grandchildren, Chase (Megan) Martin of Murfreesboro

and Hannah (Will) Landers of Madison, Alabama, Mark (Chelsie) Leverette and Kim (Clint) Adams, both of Shelbyville; and great-grandchildren, Liza, Ginnie Kate and Emmett Martin, Charlotte, Judith and James Landers, Haustin and Hamilton Parsons, Carter Leverette, and Abel, Aiden and Allyanna Adams. In lieu of flowers memorial donations may be made to

New Destiny Dog Rescue at www.newdestinydogrescue. org or by mail: 202 East Highland Ave., Shelbyville, TN 37160. Doak-Howell Funeral Home is serving the family.

www.doakhowellfuneralhome.com



Shelbyville City officials helped break ground at Tuesday's



The land was once owned by the Cartwright family.



School board members and school system officials, from left, Barton Williams, Brian Crews, Courtney Bogle, Shanna Boyette, Michael Cook, Tammy Garrett, Tim Harwell, Glenn Forsee, and Dan Reed.

Optical

(Continued from Page 1)

doing research for this, cities of a similar size to Shelbyville in Tennessee tend to have like nine eye doctors. But we only have three. So, it's kind of underserved. A lot of people go to Murfreesboro because there's nothing they can get here." Plus, you then have to drive back up to Murfreesboro to pick up your glasses.

Which is why Lupo said they came up with sameday service at Cutting Edge Optical. Most prescriptions can be done in one day.

With their fully equipped on-site lab, it typically takes 45 minutes to make a pair

of glasses. They have a little bit of something for everybody with frames as low as \$19 and lenses as low as \$70 for adults. To name a few options, they offer polarized sunglasses, regular bifocals, antiglares, blue-light blocking in addition to doing repairs on glasses.

"So, whatever you need we will try to help. If we can't help we'll refer you," said Lupo.

Comfort a must

Most importantly, you want to find a frame that's comfortable — something they can help you with to make sure the eyes are in the center of the frame and that they are the right weight for your face.

Having a good pair of sunglasses, too, is incredibly important as it works similar to sunblock, according to Ellis. He also encourages people to get eye exams every couple of



T-G Photos by Zoe Watkins

Cutting Edge Optical also has a tele-optometry process for eye exams.

years or even every year regardless if your vision has changed or not.

But Cutting Edge Optical also offer more than just glasses and contact lenses. Since opticians are more like the pharmacists of the industry, they also have a tele-optometry process for eye exams. This makes them the first opticians in Tennessee to use this virtual system, according to Lupo.

"Trying to find a doctor to work is difficult in a rural area. So, we have partnered with 2020Now, which is an ophthalmologistrun company who have optometrists working for them," said Lupo. This tele-optometry is a growing field, with some 650 locations utilizing this, according to Lupo. This helps ensure you have the perfect prescription for your eyes.



Ellis works on a fast-grind machine to prepare a set of lenses for frames.

"I really enjoy it. I just feel like Shelbyville was underserved and so we're just a family, middle-of-the road business here to help people," Lupo said. "We want people to come in here and feel like they can afford a good pair of glasses." They will be having

a Grand Opening sale

charged with possession of

starting March 1 and lasting through March 31. In celebration of partnering with 2020now for the month of March, customers can get \$20 off any eye exam and/or 20% off any pair of glasses. A ribbon cutting with the Chamber of Commerce will also be held on March 2 at noon.

Captured

(Continued from Page 1)

Ballinger went to the car's driver's side door, allegedly refused orders at gunpoint to back away, and and back. "The shot was ineffective

by Jarrell in the upper arm

and Ballinger fled the

a "syringe loaded with a brown liquid" was found in Dunn's vehicle, Jarrell said. They posted \$1,000 bonds. Ballinger crashed and Hickerson Road, and Dustin

a schedule 2 drug when old abandoned barn nearby. Charges of carjacking,

Ballinger hiding under an

of a schedule 2 drug, theft of property and violation of probation were filed against Ballinger. He was held on \$63,500 bond Edgil said. Deputies found

was struck with a taser shot

scene," Jarrell said. The bystanders, Morgan Danielle Dunn, 27, of

Dwayne Phillips, 28, of

Cartwright Road, were each

abandoned the Camaro on Roy Moore Road, evading arrest, possession

Bill to remove notices from local newspapers

By DEBORAH FISHER

The Secretary of State's Office would gain nearly \$1 million in new annual revenue under a bill that allows it to take over the business of advertising foreclosure sales from local community newspapers where they have appeared for years.

The bill also would remove requirements that banks post notices of upcoming sales in physical locations in the county where the property is

Secretary of State's office to profit nearly \$1 million

Instead, the Secretary of State would create a new website and charge banks and mortgage companies \$200 for each notice.

The fiscal note on the bill shows the Secretary of State's Office will spend \$146,000 to create and operate the website in the first year and receive \$488,900 in increased revenues, netting \$342,500.

In subsequent years, costs to the state decrease and the Secretary of State is estimated to earn \$977,800 a year and, after paying for an additional employee and web hosting, net \$921,800.

The bill is expected to hurt local community newspapers the most, taking another swipe at local journalism which has suf-



Deborah Fisher

fered as giant media tech companies like Facebook and Google have created new advertising models for local businesses.

Sponsors: Notices are better on state website

The bill is scheduled to be heard Tuesday in the Senate State and Local Committee and on Wednesday in the House Civil Justice Committee.

The bill (SB1324/ HB1355) is sponsored by Sen. Paul Bailey, R-Sparta, Sen. Shane Reeves, R-Murfreesboro, Rep. Andrew Farmer, R-Sevierville, and Rep. William Lamberth, R-Portland.

The bill passed out of the House Civil Justice Subcommittee last week, with sponsors arguing that notices of foreclosure sales would be better on a statewide website than in local communities and in local

newspapers where the property is located.

Current state requires banks and mortgage companies to advertise foreclosure sales in local communities. Foreclosure sales are sales of property that banks and mortgage companies have taken in a foreclosure process to satisfy a debt or lien.

Lawmakers want to replace press's statewide website

Lobbyists for Tennessee Press Association have argued that it operates a public notice statewide website in which all notices of foreclosure sales that are published in local community newspapers are available. The notices are also on the local newspapers' websites. The press association has argued that having the Secretary of State create a new website would be duplicative.

The General Assembly in 2013 passed the statute (T.C.A. § 1-3-120) requiring the press association website, putting certain parameters around its services and operations to ensure legal and public notices were free and searchable to the public and added at no additional charge to the advertiser.

Lobbyists for the banking and mortgage companies requested the bill in which they set the statutory price of their foreclosure

ROTARY NEW MEMBER



Club president, Darin Hasty, new Rotary club member, Andres Gonzalez, sponsoring member, Bartolo Pina.



Mike Alsup Shelbyville director of parks and recreation, Darin Hasty, club president.

'Participatory grantmaking'

Putting funds in the community's pocket

T-G STAFF REPORT A program called "participatory grantmaking" was launched in 2021 by The Healing Trust, and since then, they've created a committee of diverse community residents to disperse over \$153,000 to multiple organizations in Bedford County.

The program is rooted in the idea that communities know what is best for them and should get to decide what they need.

"Traditionally, philanthropy operated in a topdown way - foundation boards and staff making decisions about funding and the way the nonprofit industry and communities should operate," explained Program Officer, Catherine Smit

Participatory grantmaking adopts the "never for us without us" mentality. That is, communities are the experts on their own strengths, opportunities, and what the future should look like, Smith explained. Participatory grantmaking puts "real money" in the hands of community representatives.

Smith said there is gap in investment from philanthropy in rural areas.

"Rural counties are vital to our state and country. Communities in rural areas have significant strengths, organizations, non-profits, and ideas that will benefit us all if we listen and replicate the models from smaller towns that don't always get the attention they deserve," she said.

So under the leadership of Vincent Peppers and Fredia Lusk, Executive Director of the Community Clinic of Shelbyville a program was started here.

The Community Clinic is a longtime grantee partner. According to Lusk, this will be their third year to receive the participatory

ing for the community and the various non-profits," said Lusk. She said small grants have been awarded based upon the needs of the community, while a committee of concerned **Bedford County individuals** research and decide which non-profits would benefit from the grants.

"I am grateful to work with Catherine Smith, Abby Hyman, and the Healing Trust Foundation staff to accomplish their mission. 2023 will be another awesome opportunity to the Foundation to 'heal our community," Lusk added.

Smith said, "Fredia's experience in the school system, perspective as the Community Clinic executive director, and commitment to Bedford County makes the clinic a great local fiscal sponsor and community connector. Fredia's staff is top notch - they are at every local meeting I attend and are passionate advocates for their clients."

They also worked with Peppers in 2021. "He did a great job working as a consultant to shepherd a community grantmaking committee and help us get this work off the ground at the very beginning of the process," Smith said.

Background

The Healing Trust has been serving Middle Tennessee for 20 years

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and was formed out of the sale of Baptist Hospital to Ascension.

Smith explained The Healing Trust grant funding is broken down into three grant programs -"It is a financial bless- Strengthening Democracy, Resilient Families, and Thriving Communities.

"We distribute around \$4 million in grants per year and run programming for non-profits such as technical assistance, self-care retreats, and leadership support," she said.

This \$4 million comes from a corpus fund, that is, when one nonprofit sells to another nonprofit. And Smith said they use that "bucket of money" until there's none left. For instance, there's an allocated amount \$129,000 a year that goes to Bedford.

"During a strategic planning process, our team looked closer at health dis-

parities," Smith said. Their new mission statement is, "to support and partner with communities to advance racial equity and eliminate health disparities through advocacy and strategic investments.'

learned

health outcomes for black Americans are far worse than white Americans, even when socioeconomic status and location are considered. If we wanted to make a lasting impact, we needed **Future plans** to get serious about tackling racial health disparities

For much of the nonprofit's history, they have funded the 40 counties of Middle TN.

"As we were making this mission shift, we made the decision to go deeper in fewer counties. Essentially our previous approach was an inch deep and a mile wide," she said. "This new 'place-based' approach is a mile deep in fewer places."

In addition to Bedford, their new focus is also in Davidson, Maury, Montgomery, Rutherford.

Over the past two years, committees consisting of local leaders distributed more than \$200,000 each year to local non-profits.

As far as requirements, Smith said The Healing Trust representatives try not to impose restrictions or requirements on the committee.

"This is intended to be organic where local leaders decide on fund distribution and the process to do so," she said.

To ensure many different perspectives inform this process, the committees include different participants each year.

The upcoming 2023 Participatory Grantmaking (PGM) committee isn't formed yet, but Smith said they are committed to investing more than \$100,000 in Bedford County again this year.

"We want to build on the momentum of the past two years, while also digging deeper to include representatives that have been traditionally left out of many decision-making processes such as people that have been incarcerated or people that have been or are unhoused," she explained.

In addition to Lusk and Peppers, Smith said she has been working with Denise Hobbs Lindsey, Jo Anne Gaunt, Aricindy Guzman, Terry Looper, and Heather Warden to name a few of the participants who sup-

ported this effort. "Shelbyville has strengths, assets, and people that are working hard to build a bright future. We're listening, learning, and trying to be a good partner. The Community Clinic will be the fiscal sponsor for the PGM effort again this year, and we are excited to work with Ms. Fredia closely again!" Smith said.

Also, in March, they will launch the Thriving Communities grant program. This grant program is focused on supporting nonprofits serving the 37160zip code to address "the root cause of poor health outcomes and disparities."

To learn more specifics about this grant program, visit healingtrust.org.



Post Frame Buildings Kitchen/Bath Redesigns

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PUBLIC NOTICE

THE REGULAR MEETING OF THE SHELBYVILLE POWER. WATER, AND SEWER BOARD **WILL MEET**

TUESDAY, FEBRUARY 28TH **@ 5PM**

AT THE SHELBYVILLE POWER SYSTEM OFFICE, 308 SOUTH MAIN STREET.

THE PUBLIC IS INVITED TO ATTEND ANY AND ALL MEETINGS. SHELBYVILLE POWER,

WATER, & SEWER BOARDS

Deputy Director Open Position

The Shelbyville Housing Authority (SHA) is currently accepting resumes for a Deputy Director to serve as Financial Controller and Assistant to the Executive Director. Under the direction of the Executive Director, the Deputy Director will administer the financial and

operational activities of the agency. Resumes should include a cover letter and references. No phone calls. Only qualified resumes will be considered. Send to:

Shelbyville Housing Authority PO Box 560 Shelbyville, TN

APPLICATION DEADLINE: FEBRUARY 28[™], 2023

The SHA is subject to Section 3 hiring requirements; is an Equal Opportunity Employer, and Drug-Free Workplace. The SHA abides by the requirements of 41 CFR 90-741.5(a), which prohibits discrimination against qualified individuals on the basis of disability or protected veteran status; and Title VII of the Civil Rights Act.

Pre-employment physical and drug screen required for new hires. Upon request, reasonable accommodations may be provided as required by the American with Disabilities Act (ADA) of 1990.

An Equal Opportunity and Section 3 Employer

Crafty birdbath keeps birds happy

ear Heloise: Loved the letter about birdbaths. I, too, have several bird-

What I did was that I took hanging planter containers and put any kind of container inside to hold the water, then hung them up on a tree or hook near the house. My birds, many of them, live for the hanging birdbaths. There are always five or six in them to bathe and splash.

I love to watch them, and they are safe from predators up in the tree or porch.

Love your articles. Without our bird life, we wouldn't be here. --N.L., Woodstock, New Hampshire

LADDER SAFETY

Dear Readers: Ladders are so useful to have in your home. You need them for painting, hanging or reorganizing items. Make certain that everyone in your house who uses it knows how to use it and the safety measures that need to be taken in order to prevent injuries.

There are many different kinds of ladders. Read the warning label attached to the ladder, which will indicate weight and height limits. Then, check the ladder's rungs before climbing to make certain they are clean, sturdy and dry. Always place the ladder on a level, firm surface -- never on loose, wet gravel or dirt.

When using the ladder, do not over-extend your reach. Instead, move the ladder closer to the area. When you climb the ladder, use both hands. Place tools or supplies on a tool belt, or have a family member carefully hand you items as you need them.

SMELLY TRASH COMPACTOR

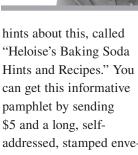
-- Heloise

Dear Readers: To keep your trash compactor odor-free, sprinkle a handful of baking soda into the bag often. Or, before you add trash into the bag, just put a layer of newspaper on the bottom and sprinkle baking soda on top of the paper.

Baking soda is also useful for cleaning and deodorizing. I have put together a six-page pamphlet with more

Hints from Heloise

Heloise



Hints and Recipes." You can get this informative pamphlet by sending \$5 and a long, selfaddressed, stamped envelope to: Heloise/Baking Soda, P.O. Box 795001, San Antonio, TX 78279-

PET PAL

5001. -- Heloise

Dear Heloise: Meet Roxy and Sydney Jr. I adopted Ms. Roxy five years ago from our local shelter. She had been abused, and it took time for her to get socialized, but now she's the lovebug of my neighborhood!

Sydney Jr. (Aussie Shepherd) joined our household a year ago, as one of my neighbors passed from cancer and he didn't have any other place to go. He will be 15 in March and has special needs. (He's deaf, with kidney and hip issues.) You would never guess he's 15 years old! He's a special boy and a welcome addition; we love our fur babies. They bring us so much joy! Hugs and double wags! -- Yvette, Roxy, and Sydney Jr.

Readers, to see Roxy and Sydney Jr. and our other Pet Pals, go to Heloise.com and click on "Pet of the Week."

Do you have a furry friend to share with our readers? Send a photo and a brief description to

-- Heloise

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@ Heloise.com. I can't answer your letter personally but will use the best hints received in my

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column.

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COMMUNITY CALENDAR

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

SATURDAY

Wartrace Alumni Game

An alumni game for anyone with a present or past connection with the newly refurbished Wartrace Gym will be held at 2 p.m. Saturday, Feb. 25, at the gym. All ages are welcome in the mixed-gender game.

SUNDAY

Spaghetti fundraiser

Middle Tennessee Spay & Neuter Clinic is holding its first spaghetti fundraiser from 11 a.m.-2 p.m. Sunday, Feb. 26, at **Bedford County Agriculture** Center, 2119 Midland Road. Funds will be used for Spay Day. A silent auction will begin at 11

Benefit event

A benefit for Polly "Susie" Bearden, former owner of West Lane Market, will begin at 12 noon Sunday, Feb. 26, at The Hitching Post, 1926 Warners Bridge Road. Cornhole and pool tournaments are scheduled.

MONDAY

Wartrace board

Wartrace Board of Mayor and Aldermen will meet at 6 p.m. Monday, Feb. 27, at Town Hall.

TUESDAY

County Financial Committee

Bedford County Board of Commissioners' Financial Committee will meet at 4:15 p.m. Tuesday, Feb. 28, in Room 110 at **Bedford County Business** Complex, 200 Dover St.

Planning Commission

Bedford County Planning Commission will meet at 7 p.m. Tuesday, Feb. 28, at Bedford County Historic Courthouse.

WEDNESDAY

Retired Teachers meeting

Bedford County Retired

FEBRUARY 2023

Saturda	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
,	3	2 Groundhog Day	1	31	30	29
1	10	9	8	7	6	5
1	17	16	15	14 Valentine's Day	13	12
2	24	23	22	21	20 Presidents' Day	19
	3	2	1	28	27	26

Teachers will meet at 11 a.m. Wednesday, March 1 in the main lobby of the **Bedford County Historic** Courthouse. Carol Roberts, county archivist, will speak and conduct a tour of the building's restoration. Lunch will be on members' own after the meeting.

MARCH 4

Car show

The Golden Eagles Classic Car Show is scheduled Saturday, March 4, from 9 a.m.-1 p.m. at Shelbyville Central High School. Food trucks will be

MARCH 7

Commodities

A commodity food distribution will be held Tuesday, March 7 from 9-11 a.m. at Bedford County Agriculture Center, 2119 Midland Road, by South Central Tennessee Human Resource Agency. Only Bedford County residents are eligible. Call 931-685-9962 for more information.

MARCH 10

Mediterranean **Diet class**

UT/TSU Extension is offering a four-week class exploring the foods and principles of the healthy Mediterranean Diet through lecture, cooking demonstrations, tastings and more. It will be held on March 10, 17, 24 and 30 from 10-11:30 a.m. at the Extension office. Cost is \$20 for the series and you must pre-register by going to bedford. tennessee.edu or stopping by the Extension Office, 2105 Midland Road, for a registration form. Call 931-684-5971 for more information.

MARCH 12

Laity Club

Bedford County Laity Club will meet Sunday, March 12 at Mount Lebanon Church.

MARCH 20

Diabetes program Take Charge of Your

Diabetes, a six-week program, helps people with diabetes learn to manage their disease and improve their health. Some of the topics covered include nutrition, controlling blood sugar, exercise, stress management, foot care, etc. The program is offered free of charge and will be taught by UT/TSU Extension and the Health Department on Mondays at 10 a.m. from March 20 through April 24 at the Extension office, 2105 Midland Road. You must pre-register by calling 931-684-5971.

APRIL 2

Soup Kitchen fundraiser

The Shelbyville Community Soup Kitchen will be hosting a fundraiser on Sunday, April 2, from 11 a.m. to 2 p.m. at 336 S. Cannon Blvd. A portion of the proceeds will be shared with Gateway Church, who provides them storage space, facilitates clothing, and distributes additional food. To-go orders available. Reservations are appreciated but not required.

ONGOING

Meals on Wheels

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound

of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

Soup kitchen



Shelbyville Community Soup Kitchen serves meals from 3:30-5 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon Boulevard and Pickle Street). Donations may be made to Shelbvville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation.

Boxed non-perishables are available. Takeouts are no longer distributed.

Head Start

Bedford County Head Start Centers are currently taking applications. For more information or to complete an application contact any Head Start Center. Phone numbers are: Wartrace 931-389-6406. Harris Head Start 931-773-0033, North Side Head Start Center 931-773-0141, and Bedford Early Head Start 931-685-0876. Head Start is a free child development program for children 6 weeks to 3 years and their families. Early Head Start enrolls pregnant women for monthly prenatal

Celebrate Recovery

educational visits.

Celebrate Recovery meets each Monday at 6 p.m. at International House of Prayer, 865 Union St. Attendees do not have to be a church member. For more information call Doug, 931-703-3159.

Spring clean your home office with these easy tips

(SPM Wire)

In the pursuit of worklife balance, you may mencompartmentalize your home office from the rest of the house. But that doesn't mean this space should get a pass where spring cleaning is concerned. Here are three easy ways to spruce up your workspace this season:

1. File: Make time to finally tackle that growing stack of paperwork. Decide what needs to be filed away, what needs to be shredded, and what can simply be recycled. (This would be a good time to manage those digital files as well.) If you don't already have a dedicated filing system, put one in place to keep things organized moving forward. Short on floor space? Use a wall-mounted paper organizer instead of a tradition-



al filing cabinet.

.Ext. 109

..Ext. 105

2. Dust: Improve indoor air quality for healthier, happier working hours. Periodically dust your desk, your computer and monitor, the baseboards, lamps and the tops of ceiling fans. Vacuum the carpet and rugs and sweep the floor. Also,

consider using an air purifier to reduce dust, allergens and other air pollutants. If you're not sensitive to pollen, invite a fresh breeze by cracking open a window on warmer days.

3. Disinfect: After a rough cold and flu season, it's a good idea to reset your

the items you touch most frequently, such as doorknobs, cabinet handles, light switches, your keyboard, your mouse, landline receivers and handheld devices. This is especially important to add to your checklist if your home office is visited by clients or colleagues.

workspace by disinfecting

Name

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Lent is here - what it's all about

By MOLLY JACKSON

The Conversation

Foreheads smudged with the sign of the cross are the most visible sign of Ash Wednesday, which begins the season of Lent in many Christian denominations. The 40-day period leads up to Holy Week, some of the most sacred days in the church calendar – including Easter, which commemorates Christians' central belief that Jesus was crucified and buried before rising from the dead

But if Easter is associated with celebration and triumphal joy, Lent is more a season of soulsearching and spiritual discipline. Here is some information on the history and significance of Ash Wednesday and Lent.

Ash Wednesday

The basics: What is Ash Wednesday? Why do worshippers spend the day wearing ashes?

Christians who participate in Ash Wednesday services, where clergy often daub their foreheads with the sign of the cross, are participating in a thousand-year-old tradition, explained William Johnston, a professor of religious studies at the University of Dayton. In part, the practice exists to call churchgoers to repentance

as they begin the spiritual journey of Lent.

Two phrases used in services over the centuries underscore that call to penance: "Remember, man, that you are dust and to dust you shall return," taken from the biblical Book of Genesis; and "Repent, and believe in the Gospel," words of Jesus' in the Gospel of Mark.

"Each phrase in its own way serves the purpose of calling the faithful to live their Christian lives more deeply," Johnston wrote. The first urges believers to "focus on what is essential," while the second is "a direct call to follow" Jesus' teachings.

Why ashes, though?

For a deeper dive on the practice, Michael Laver of Rochester Institute of Technology looked back at ashes' spiritual symbolism throughout history. They figure in many biblical stories, where they represent penitence and remorse.

Christian churches have used ashes to demonstrate repentance for centuries, but that isn't to say the practice is unchanging. Laver, an Episcopal priest and historian of Christianity, traced how the Protestant Reformation initially put ashes out of favor in non-Catholic churches. They reembraced the practice in the 1800s,

churches entered into intentional dialogue with each other and with the Catholic Church, a phenomenon that is called the 'ecumenical movement,'" he wrote.

In recent years, many churches have been innovating yet again, offering "ashes to go" to passersby in public.

The long journey of Lent After Ash Wednesday be

After Ash Wednesday begins the 40-day period of Lent, a word whose roots refer to the "lengthening" of days in springtime. Spiritually, however, its purpose is preparation: a time of fasting and prayer before the joy of Easter.

Fasting was common by the fourth century as a way to avoid self-indulgence during a time of repentance – even marriage was prohibited during Lent, as College of the Holy Cross professor Joanne Pierce explained.

Some Christians follow traditional fasts today, but others give up something pleasurable for the entire 40 days, from chocolate to TV. But Lent is not just about giving up, according to Pierce. Its spiritual renewal is about giving, too, such as "making amends with estranged family and friends," or doing community service.

at a time "when many Protestant churches entered into intentional

Giving up chocolate must be one of the most common Lenten vows – but what happens if you take it a step further and nix sweets entirely?

Penn State neuroscientist

Jordan Gaines Lewis walked us through the science of your brain on sugar. The delight it brings most people is a "natural reward," an incentive to keep eating carbohydrates. But "modern diets have taken on a life of their own," she wrote: even a decade ago, the average American was estimated to consume 22 teaspoons of added sugar per day.

"The notion of sugar addiction

"The notion of sugar addiction is still a rather taboo topic," Lewis noted. Yet experiments with animals suggest that sugar may hook us in a similar way that drugs do.

"Repeated access to sugar over time leads to prolonged dopamine signaling, greater excitation of the brain's reward pathways and a need for even more sugar to activate all of the midbrain dopamine receptors like before," she wrote. "The brain becomes tolerant to sugar – and more is needed to attain the same 'sugar high.""

Looking for God online

Another increasingly popular

"fast" is especially 21st century: going offline.

Taking a pause from the internet, especially social media, is sometimes promoted as a way to help focus on faith and "real world" connections. That can work, but some of these theories' assumptions about technology are misguided, argued Heidi Campbell, a Texas A&M communications expert who studies religion.

Digital fasting often buys into

Digital fasting often buys into the idea of "technological determinism," which often portrays technology as something dehumanizing and all-powerful. But this overlooks users' ability to make choices about which goals of theirs technology can and can't fulfill – including spiritual goals. Today, apps even offer to help people study religious texts, find faith-based products, or connect with others who share their beliefs.

"Technology can, in fact, be good for religion," Campbell wrote. "The question is, how do we engage with technology thoughtfully and actively?"

Christians live out Lent in many different ways. Yet "Lent in the 21st century remains essentially the same as in centuries past," as Pierce wrote: "a time of quiet reflection and spiritual discipline."

Southern Baptists oust megachurch over woman pastor

By PETER SMITH Associated Press

ASSOCIATED Press

The Southern Baptist Convention on Tuesday ousted its second-largest congregation — Saddleback Church, the renowned California megachurch founded by pastor and best-selling author Rick Warren — for having a woman pastor.

The vote by the convention's

Executive Committee culminates growing tension between the nation's largest Protestant denomination — which officially opposes women as pastors — and a congregation whose story has been one of the biggest church-growth successes of modern times.

The committee cited Saddleback's having "a female teaching pastor functioning in the office of pastor," an allusion to Stacie Wood, wife of the current lead pastor of Saddleback, Andy Wood.

But the controversy began in 2021, when Warren ordained three women as pastors, prompting discussions within the denomination about possibly expelling the megachurch.

Warren retired last year after more than 42 years at Saddleback. He made an emotional speech in June 2022 at the Southern Baptists' annual convention in Anaheim, standing by his ordination of women. He told delegates who debated the issue, "We have to decide if we will treat each other as allies or adversaries."

But the Executive Committee took the vote Tuesday without public discussion after meeting in executive session.

It voted to approve a recommendation from the denomination's Credentials Committee that Saddleback be deemed "not in friendly cooperation with the Convention" — the terminology used for ousting a church. While Southern Baptists' statement of faith officially opposes women as pastors, each congregation is self-governing, so the main enforcement mechanism is to oust it from

membership.

The Executive Committee's motion said that Saddleback "has a faith and practice that does not closely identify with the Convention's adopted statement of faith, as demonstrated by the church having a female teaching pastor functioning in the office of pastor."

In a statement late Tuesday, the church didn't indicate whether it planned to exercise its right to appeal the decision at the Southern Baptists' next annual meeting, scheduled for New Orleans in June.

"We love and have always

valued our relationship with the SBC and its faithful churches," Saddleback elders said in a statement. "We will engage and respond through the proper channels at the appropriate time in hopes to serve other like-minded Bible believing SBC churches. Meanwhile, we remain focused on following God's leadership to love and serve our church family and the communities around our campuses."

Mike Keahbone, an Executive

Committee member and Oklahoma pastor, said an appeal "appears likely."

"This was the heart of the room; to let the messengers (delegates) of the SBC decide," Keahbone tweeted Tuesday.

With its main campus in Lake Forest, south of Los Angeles, Saddleback Church has grown to 14 locations in Southern California, with an average weekly attendance of 30,000. There are four international campuses — in Hong Kong, Germany, the Philippines and Argentina.

Wood told The Associated Press last year that the Bible "teaches that men and women were given spiritual gifts by God." His wife has served as teaching pastor for Saddleback.

"The church should be a place where both men and women can exercise those spiritual gifts," Wood said. "My wife has the spiritual gift of teaching and she is really good. People often tell me she's better than me when it comes to preaching, and I'm really glad to hear that."

The Executive Committee also voted to oust five other congregations - four over the issue of women as pastors and one over the issue of sexual abuse.

When Southern Baptists last

updated their official statement of belief — The Baptist Faith and Message — in 2000, they added this clause: "While both men and women are gifted for service in the church, the office of pastor is limited to men as qualified by Scripture."

The five churches ousted for having women as pastors "have been valued, cooperating churches for many years, and this decision was not made lightly," Committee Chairman Jared Wellman said in a statement. "However, we remain committed to upholding the theological convictions of the SBC and maintaining unity among its cooperating churches."

Warren, with a social media following in the millions, has written multiple books, including the widely successful "The Purpose Driven Life." In 2005, Time magazine named Warren one of the "100 Most Influential People in the World," and he delivered the invocation at President Barack Obama's inauguration in 2009.

The church grew from a startup by Rick Warren and his wife, Kay Warren. With his charisma and easy, informal preaching style, Warren attracted thousands to the megachurch. Over the past decade, Warren also launched an ambitious plan to expand the church's reach across Southern California as well as globally, a vision his successor has promised to complete.

Warren, in a tweet, said he and Kay would "respond to #SBC in OUR time & way thru direct channels" such as social media and newsletters.

Warren remains listed as founding pastor on the Saddleback

website

The SBC has in recent years authorized the ouster of churches that don't conform to its statement of faith. This includes churches with women pastors, LGBTQ-inclusive polices, support for racism or failure to respond adequately to child sexual abuse, such as employing offenders as pastors.

In some cases, the commit-

In some cases, the committee has ousted churches for allegedly failing even to cooperate in answering to such allegations, as reflected in some of the motions approved on Tuesday.

It deemed Freedom Church in Vero Beach, Florida, to be not in friendly cooperation "based on a lack of intent to cooperate in resolving concerns regarding a sexual abuse allegation." The denomination has been roiled by allegations in recent years of sexual abusers remaining in ministry, prompting the convention to vote for stricter policies. A task force focused on the issue this week announced the hiring of a firm to oversee a new database of credibly accused ministers.

Freedom Church's pastor, Richard Demsick, told the AP that the SBC has sent conflicting messages to the church. In a letter to national, state and local Southern Baptist entities, church leaders disputed any allegation of abuse, asked for additional information and said they planned to appeal any ouster.

The Executive Committee ousted New Faith Mission Ministry of Griffin, Georgia, and St. Timothy's Christian Baptist in Baltimore, citing their "lack of intent to cooperate in resolving a question" arising from the churches having women senior pastors.

And it ousted Fern Creek Baptist Church in Louisville, Kentucky, and Calvary Baptist Church in Jackson, Mississippi, both for having female lead pastors, indicating they have a "faith and practice" at odds with the convention's.

ACTIVITIES Send church news and

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events to tgnews@t-g.com.

Baptist

"Following The Call" will be Pastor Tyler Shoemaker's message at 10 a.m. at Calvary Baptist Church. The service will be livestreamed.

Pastor Jimmy West's

Pastor Jimmy West's message at 10 a.m. Sunday at Edgemont Baptist Church will be "Followers Multiply" from Acts 6:7. The service will be livestreamed. Joseph Habedank will perform in concert at the church Friday, March 17. No tickets will be required to attend...

"God's Grace Is God Extending Himself To His Children" from 1 Corinthians 15:3-11 will be Bro. Bobby McGee's message at Grace Baptist Church.

Special guests Middle Tennessee State Choir will present a musical at 2 p.m. Sunday at **Sevier Street First Baptist Church**. R.C. Verge is pastor.

Christian (Disciples of Christ)

Pastor Dan Asche's series on "Transformed by Jesus" will continue at **First Christian Church** at 10 a.m. Sunday. This week's message will be "From Riches to Rags" with the story of the rich young ruler from Luke 18.

Church of Christ

The sermon series "The Fight" by Lance Bennett continues at **Fairlane Church of Christ**. "What Do You Want?" from Ephesians 2:1-3 will be Sunday's message. The service will be livestreamed and broadcast on WLIJ (98.7 FM/1580 AM/wlijradio.com).

Tim Gunnells' lesson will be "Keep Running the Race!" from Hebrews 12:1-3 at 10 a.m. Sunday at Southside Church of Christ. Gunnells' topic will be "What Prayer Tells Us About God" from Matthew 6:9-13 at 6 p.m. Sunday. Bible study will be at 6:30 p.m. Wednesday. Sunday morning and Wednesday evening services are livestreamed at cofcsouthside.com.

Methodist

Pastor Abe Zimmerman's message at **First United Methodist Church** will be "Temptation" from Luke 4:1-13. The 10 a.m. service will be livestreamed on Facebook and broadcast on WLIJ (98.7 FM/1580 AM/wlijradio.com).

Local blood supply dwindling ahead of spring break NASHVILLE -- After a strong start by scheduling an appointment at www.

to the new year as far as blood donations go, the local blood supply is beginning to shrink.

As of Wednesday, Blood Assurance was in urgent need of most blood types, primarily O-positive and O-negative.

The nonprofit is now calling on com-

munity members to give the gift of life, especially with many school districts letting out for spring break in the coming weeks.

"The days and weeks leading up to

spring break are crucial," according to Christopher Swafford, chief operating officer for Blood Assurance. "Traumas increase over the vacation period and our shelves need to be fully stocked ahead of time to support patients at our local hospitals."

Blood Assurance is offering a \$25 e-gift card to anyone who donates at one of its fixed donation center locations through Feb. 28. Donors can give back

by scheduling an appointment at www. bloodassurance.org/schedule, calling 800-962-0628, or texting BAGIVE to 999777.

To be eligible to donate blood, donors must be at least 17 years old (16 years old with parental consent), weigh 110 pounds or more and be in good health. Donors are asked to drink plenty of fluids — avoiding caffeine — and eat a meal that is rich in iron prior to donating.

About Blood Assurance

Blood Assurance is a nonprofit, full-service regional blood center serving more than 70 health care facilities in Tennessee, Georgia, Alabama, Kentucky and North Carolina. Founded in 1972 as a joint effort of the Chattanooga-Hamilton County Medical Society, the Chattanooga Area Hospital Council and the Chattanooga Jaycees, the mission of Blood Assurance is to provide a safe and adequate supply of blood and blood components to every area patient in need.

Paid family leave urged by groups

NASHVILLE -— A growing number of institutions are moving in the direction of offering paid family leave for their employees to care for new children, finds a new research brief released by ThinkTennessee and A Better Balance.

Tennessee state employers

Tennessee state employees do not currently have dedicated paid family leave. Those who are expecting a child either through birth or adoption must choose between using paid vacation time, sick days, or taking unpaid leave.

"In the past few years, we've seen an increase in the number of states and employers adopting paid family leave policies," said Erin Hafkenschiel, presi-

"And the data proves why: Paid family leave benefits families, businesses, and the broader society by keeping caregivers, particularly women, healthy and financially secure."

According to the numer-

ous studies cited in the brief, paid family leave is associated with improved mental and physical health, increased employee retention and morale, and stronger labor force participation.

Gov. Bill Lee proposed

Gov. Bill Lee proposed a paid family leave program for state employees in his 2023 State of the State address, though the measure needs legislative approval before it can be implemented.

'Imperfect' models in Italy redefine beauty

By TRISHA THOMAS and ALESSANDRA **TARANTINO**

Associated Press

ROME — A project on Instagram to highlight ordinary women their imperfections has transformed into a modeling agency that aims to redefine notions of beauty in Italy.

Imperfetta (Imperfect) modeling agency, started in 2020 by Carlotta Giancane, has a casting book full of models who defy the industry's pre-established standards of beauty. They are of all sizes and ages, spanning the gender spectrum, some with disabilities or medical conditions like alopecia or vitiligo, visible scarring or who have lost limbs.

Such agencies have existed elsewhere in Europe and the United States. This is the first in Italy.

Sonia Spartá is one of the models. A 28-year-old from Sicily, she has heard adults whisper to children that she was from the circus when they saw the dark spots on her face and body, the result of a form of hyperpigmentation. While she once tried to conceal her condition, she now is conscious of her beauty.

> changed things

so that my weakness, or how I perceived a weakness, became my source of strength, my distinctiveness." she said.

During a recent photo shoot in Rome, models of all shapes posed in underwear, wrapped in sheer organza.

"Ifeel like a revolutionary because I realize that around me all this did not exist before L'Imperfetta," Giancane said. "It feels like a revolution, a battle to fight hard, because there are so many difficulties."

The agency counts more than 140 models. They are both in Italy and abroad, but it is focusing its work in Italy "because this is where we want to change things," Giancane said. Her models have appeared in advertising campaigns for cosmetic brands, fashion retailers and supermarkets. Much of the work is in online advertisements, but there have also been calls for models in television commercials. Two have appeared on the Milan fashion runway for designer Marco Rambaldi.

Lucia Della Ratta, a university student in Rome, hid her albinism for most of her life, coloring her pale hair darker shades and



Sonia Sparta poses during a photo shoot for "L'imperfetta (The Imperfect) model agency" in Rome. Sparta who has a rare skin disorder called hyperpigmentation, which produces dark spots on her face and body, is one of the models for L'Imperfetta (The Imperfect) model agency that represents 'extraordinarily imperfect' women and men of all sizes, heights, ages, genders, backgrounds, and disabilities, people who are difficult to classify into the industry's preestablished standards of beauty.

using tanning lotions on her skin. Under the pandemic lockdown, she let her natural hair color grow out and began posting photos on Instagram.

"I felt beautiful for the first time," Della Ratta, said

during a break in the photo shoot. The shift still brings tears to her eyes, which she brushes away. "I felt it was my essence, as though it is me, as I really am."

Desireé D'Angelo has had alopecia since she was 10 years old. At school she wore a hat to hide the baldness, but bullying classmates would yank it off. At age 15, a dance teacher persuaded her to accept her condition and

Since then, she has become a successful dancer, performer and model.

"I like my body, I like my peculiarity. In the end, I have accepted it," she said.

Dr. Seuss' 'How the **Grinch stole Christmas!** gets a sequel

By MARK PRATT **Associated Press**

BOSTON — Dr. Seuss fans might find their hearts growing three sizes this coming holiday season with the release of a sequel to the 1957 classic children's book "How the Grinch Stole Christmas!"

The new book picks up one year after the original, and like the first, teaches a valuable lesson about the true spirit of the holiday, Dr. Seuss Enterprises and Random House Children's Books announced Thursday.

The sequel entitled "How the Grinch Lost Christmas!" is not based on a newly discovered manuscript by Seuss — whose real name was Theodor Geisel — but was written and illustrated by an author and artist with previous experience in the Dr. Seuss

'One of the most asked questions we receive from Seuss fans of all ages is 'What do you think happened to the Grinch after he stole Christmas?" said Alice Jonaitis, executive editor at Random House Children's Books, in a statement.

The original Grinch book has sold nearly 10 million copies in North America alone and like other Seuss books has been translated into multiple languages. It was made into a 1966 animated TV special narrated by Boris Karloff, a 2000 live-action movie starring Jim Carrey and a computer-animated film in 2018 with Benedict Cumberbatch voicing the Grinch.

The new book, scheduled for release Sept. 5, is written by Alastair Heim and illustrated by Aristides Ruiz. Heim has written Seuss-themed books like "If I Ran Your School" and "I Am the Cat in the Hat." Ruiz has illustrated the Cat in the Hat's Learning Library books for more than two decades.

"All throughout writing the story, I couldn't fully believe that I was actually getting to play in the amazing creative sandbox Dr. Seuss created all those decades ago," Heim said in an email.

Working on the Grinch sequel was an awesome responsibility, Ruiz said via email.

When I heard of the opportunity to be a part of this project, I jumped at the chance only to find that it was difficult and daunting to approach adding to or expanding such an esteemed and treasured part of the American Christmas canon," he said.

In the original, the Grinch tries to ruin Christmas for the people of Who-ville by making off in the middle of the night with all the material trappings and sumptuous food of the holiday. When the Whos gather to sing on Christmas

morning, the Grinch realizes that the holiday is not about toys and feasting, but about joyously celebrating with family and neighbors and as Seuss wrote, the Grinch's "heart grew three sizes that day."

In the sequel, the Grinch wants to show how much he loves the holiday by winning Who-ville's Christmas Crown with the most spectacular Christmas tree ever seen, according to Dr. Seuss Enterprises.

But when his plan goes awry, the Grinch turns into his old, cold-hearted self, until his friend Cindy-Lou Who, reminds him that Christmas is not all about Geisel, who died in 1991 at age 87, authored dozens

of books, including "Green Eggs and Ham" and "The Some of his work has been criticized in recent years

because of racist imagery that in 2021 prompted Dr. Seuss Enterprises to cease publication of six books,

including "And to Think That I Saw It on Mulberry Street" and "If I Ran the Zoo." But his work remains popular. Forbes magazine ranked him eighth on a 2022 list of the highest-paid

dead celebrities, with \$32 million in earnings.

US ending extra pandemic help for groceries

stop hiding it.

By JONEL ALECCIA

AP Health Writer

Nearly 30 million Americans who got extra government help with grocery bills during the pandemic will soon see that aid shrink — and there's a big push to make sure they're not surprised.

Officials in 32 states and other jurisdictions have been using texts, voicemails, snail mail, flyers and social media posts — all in multiple languages — to let recipients know that their extra food stamps end after February's payments.

"One of the scenarios you don't want to see is the first time they're aware of it is in the checkout line at the grocery store," said Ellen Vollinger, an official with the Food Research & Action Center, a nonprofit

For the average recipient, the change will mean about \$90 less. per month, though for many, it could be much more, an analysis shows. Benefits will return to usual levels, which are based largely on a household's income, size and certain expenses, according to the U.S. Department of Agriculture, which oversees the Supplemental Nutrition Assistance Program, or SNAP.

A public notice in Michigan urged the 1.3 million recipients in that state to "seek needed resources" to make up for the cuts.

"We want to make sure our clients are prepared for this change, as we realize inflation is affecting all of us," said Lewis Roubal with the Michigan Department of Health and Human

Jacqueline Benitez, 21, who works as a preschool teacher in Bellflower, California, expects a significant cut, perhaps half, of the \$250 in food benefits she has received since 2020 through CalFresh, the state's SNAP program.

"It's such a lifesaver," said Benitez, who was previously homeless, but

now lives in a subsidized one-bedroom apartment. "Food is such a huge expense. It's a little nerve-wracking to think about not having that." Benitez said she's already thinking

twice about paying \$5 for fresh fruit.

"What happens if it goes bad?" she

The emergency program was enacted by Congress at the start of the pandemic in March 2020 and expanded a year later. Originally, the extra benefits were intended to continue as long as the COVID-19 public health emergency was in force. It's now set to expire in May.

But 18 states have already rolled back payments for more than 10 million people and Congress decided to end the program early, trading the extra benefits for a new permanent program that provides extra money to low-income families to replace school meals during the summer.

Experts credit the emergency funds with making sure most Americans had enough food to eat, despite the pandemic. About 10% of U.S. households had trouble obtaining sufficient food in 2020 and 2021, roughly unchanged from pre-COVID

SNAP benefits can rise and fall with inflation and other factors. Maximum benefits went up by 12% in October to reflect an annual cost-ofliving adjustment boosted by higher prices for foods and other goods. But payments went down for those who also receive Social Security because of the 8.7% cost-of-living increase in that program on Jan 1.

In most such cases, purchasing power should hold steady, said Stacy Dean, USDA deputy undersecretary for Food, Nutrition and Consumer

"The emergency allotments were always intended to be temporary and they did tremendous good during a very difficult time in our country,"

Dean said. "The process of unwinding

from them will certainly be difficult for families who are counting on those benefits."

The rollback is coming during a time when inflation, though improving, remains elevated and food prices are still high.

Shelley Boyd, 45, of Beaver, Pennsylvania, expects to make more trips to her local food pantry starting next month. She and her fiancé and teenage son started getting food stamps last year after both adults lost their jobs and unemployment benefits ran out. The family receives about \$630 per month. They expect to lose

about \$95, if not more. "That's where our food pantry comes in," Boyd said. "We visit them and do what you gotta do."

At the same time, food pantries nationwide remain under "immense strain," said Vince Hall, an official with Feeding America, a network of more than 200 food banks. Demand for help remains far above pre-pandemic levels, even as food banks face continued supply chain disruptions, higher food and transportation costs

and lower food donations. Cheyne, Andrew managing director of public policy for GRACE, California-based anti-poverty organization, urged recipients to reach out now to county offices to update their eligibility and ensure they're getting the maximum benefit possible. Changes in costs for shelter, child care, elder care and other expenses

can affect food stamp benefits. Recipients can also check other benefits, such as the federal Women, Infants and Children program and seek out refundable tax credits.

Cheyne and other advocates said the emergency benefits should have been extended indefinitely instead of cut prematurely.

"It's just an unimaginable hunger cliff that folks were going to go over at some point," he said.

Poll shows concern over China, American response

WASHINGTON (AP) — Just 40% of U.S. adults approve of how President Joe Biden is handling relations with China, a new poll shows, with a majority anxious about Beijing's influence as the White House finds its agenda increasingly shaped by global rivalries. About 6 in 10 say they are gravely

concerned about China, the world's second-largest economy after the United States, according to the survey by The Associated Press-NORC Center for Public Affairs Research. Biden has portrayed his domestic agenda on infrastructure and computer chip development as part of a broader

competition with China, arguing that

the future is at stake.

after government officials discovered and shot down a Chinese spy balloon two weeks ago. The Biden administration has preserved tariffs on imports from China and restricted the sale of advanced computer chips to the country, angering Chinese officials who want to fuel faster economic growth. There are additional concerns over whether China will provide some form

Tensions with China are crackling

of military support for Russia's war in Ukraine. As the war nears its oneyear mark, the poll shows that serious concern about the threat Russia poses to the U.S. has fallen. Concern about

China now outpaces that about Russia;

last year, about even percentages had

named the two countries as a threat. Biden has tried to frame relations

with China as a competition with boundaries, rather than as a larger geopolitical clash. "We seek competition, not conflict,

with China," Biden said last week. "We're not looking for a new Cold War. ... We'll responsibly manage that competition so that it doesn't veer into

Approval of Biden's foreign policy is roughly in line with views of his presidency more broadly, a possible sign that his agenda is not viewed through its individual components but larger perceptions of the president

Taser fails to stop squirming suspect

By DAVID MELSON dmelson@t-g.com

Two taser uses failed to calm a suspect before he was handcuffed late Sunday afternoon at the Circle K convenience store on Madison Street at Wartrace Pike, police said.

Officers seeking a man reportedly "staggering" along Madison Street found Gregory Lamont Hall, 35, of April Lane "stumbling" with a bag of beer. Hall smelled of alcohol and marijuana, Officer Letisia Diaz's report said.

Hall was uncooperative, refusing handcuff attempts, and gave officers a false name, Diaz said. Officer Bryan Lashwood and Diaz eventually got Hall on the ground but were still unable to handcuff him.

Two taser shocks, one with prongs and one using the device's blunt end, had little effect, Diaz said.

Diaz and Lashwood were able to handcuff Hall as four additional officers arrived. Hall "continued to be uncooperative" with Bedford County EMS workers, police.

Hall was allowed to smoke a cigar while being taken to Bedford County Corrections by Officer Joseph Cleek "to obtain cooperation," Diaz's report Charges of resisting

arrest, simple possession, public intoxication and criminal impersonation were filed against Hall. Bond was set at \$7,000.

Hall was also wanted in Davidson and Robertson counties, police said.

Dog bites biker

A dog bit a man riding a motorcycle along West Lane Street on Tuesday, police said.

The victim said his

landlord's Cane Corso dog ran from a trailer park into the street and bit him as he passed by. The dog's owner, Ronnie L. Campbell, grabbed the dog and took it to a barn within a fenced area, police

Officer Ramon Castillo said he observed several puncture wounds on the victim's leg.

Campbell told police the dog had broken its chain but denied it had bitten the victim. He was cited for having an animal at large and for failure to provide proof of vaccinations.

Police eluded

A driver Shelbyville police said refused to stop Sunday morning was eventually arrested in Moore

Jody L. Wallace, 54, of Christiana is charged with evading arrest.

Officers were advised Wallace, who was wanted in Rutherford County, was headed to Lynchburg via Shelbyville.

Wallace was spotted by Officer Sam Campbell, who followed her with lights and siren activated from the area around the library on South Jefferson Street to Kingree Road, where Sgt. Michael Taylor was waiting with one lane of the roadway blocked. Wallace kept Campbell's report said.

Campbell pulled in front of Wallace, on orders from Lt. James Wilkerson, in an attempt to slow her down. Wallace allegedly drove around Campbell. The pursuit was terminated at that point. She was later stopped by Moore County authorities.

Bond was set at \$7,500.

•A stove and refrigerator were stolen from a newly-constructed home on Townsend Circle between Thursday and Saturday, police said. Screws were removed from hinges of a door to gain entry,

•An 18-foot flatbed trailer was stolen from a farm in the 400 block of Hickory Hill Road between midday Friday and Saturday afternoon, a Bedford County Sheriff's Office report said. •A 100-year-old cuckoo

clock was stolen from a unit at Shelbyville Self Storage, Madison Street, during the weekend of Feb. 11-12, police were told

Wire securing the unit's roof was cut, according to the report. The victim was unsure

if anything else was taken.

•A camper trailer was taken between Wednesday and Friday from property on Paschal Road.

Drug charges

•A man who allegedly tried to throw away a partially smoked blunt Tuesday was charged with simple possession of a schedule 6 drug.

Dale Allen McCall Jr., 46, of Park Place had been stopped for speeding on Green Lane by Officer Brock Horner. McCall was also charged with speeding. He was released on recognizance.

•A suspect identified as Zavalon White, 25, of Anthony Lane was cited for simple possession of a schedule 6 drug and possession of drug paraphernalia during a traffic stop last Saturday night.

Officer Darrian Lanier allegedly smelled marijuana and found a pipe and a "small amount of ground up green leafy substance consistent with marijuana flower," his report said.

 Marijuana was allegedly found on a driver stopped for speeding Friday night, Feb. 17, on Madison Street, police said. Officer Dylan Bliss said

in his report he could smell marijuana in a vehicle driven by Denver Ezra Kelly, 23, of Lewisburg.

Kelly was cited for simple possession - two marijuana cigarettes and four THC vape pens - and speeding, the report said.

Shoplifting

•A suspect walked out of Factory Connection, Lane Parkway, wearing a newly stolen pair of jeans Monday, employees told

The man has not been found.

He took several items, asked to use the fitting room, returned some of the items and walked out, police said. The theft monitor began sounding as he left. Store personnel were unable to stop him.

entered man Dollar General Market, North Main Street, twice Wednesday morning, put items into his pockets and walked out without paying, police were told. An employee said he left in a red Nissan Maxima.

The loss prevention manager told police he has been coming to the store for several months, parking in the fire lane, grabbing items inside and leaving without paying.

Employees were able to get the vehicle's license number. A police computer check showed the driver's license photo of the suspect matches an image on store security video.

The suspect has not been charged but will be charged with trespassing if he returns, police said.

•April Rose Ashley, 47, of Manchester was charged with shoplifting Saturday, Feb. 18 at Walmart, police

An employee told police he saw Ashley rip the security tab off a pair of eyelashes and hide them in her purse. A summons was issued.

Jail intake

The following were charged since Monday by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Estabon Alvarez Teletor, 18, White Street; driving on suspended license, speeding; released on recognizance

•Kaleb Ross Anderson, 33, Smithville; violation of probation (two counts); held, \$2,500 bond

•William Leon Ballinger, 29, Old Columbia Road; carjacking, evading arrest, possession of schedule 2 drug, theft of property, violation of probation; held, \$63,500 bond Baten Rigoberto

Peruch, 20, Ledbetter Street; financial responsibility, no driver's license/ exhibited on demand, speeding; released on recognizance •Jada Renee Batts, 21,

Adams Drive; driving on suspended license, speeding, theft of property; released, \$1,000 bond •Donald Lowell Bey, 33,

Murfreesboro; failure to

appear; held, no bond •Robert Allen Bowen Jr., 43, Possum Trot Road; violation of probation; released, \$1,000 bond

•Jose Domingo Miguel, 22, Bridlewood Drive; criminal impersonation; released, \$1,500 bond

 Morgan Danielle Dunn, 27. Hickerson Road; possession of schedule 2 drug; released, \$1,000 bond

•David Damon Fenn, 58, Brookhaven Circle;; burglary (three counts), theft of property (three counts); held, \$14,000 bond

•Michelle Corrin Franklin, 52, Barksdale Lane; burglary (four counts), theft of property (four counts); held, \$24,000 bond

Danielle •Katheryn Harden, 33, Cowan Avenue; failure to appear; held,

•Ryan Heflin, 26, Old Pencil Mill Road; DUI, financial responsibility, implied consent, registration law; released, \$3,000 bond

•Justin Ray Lee, 40, Normandy-Tullahoma Road, Normandy; violation of probation; released,

•Celeste Longoria, 22, Lindell Boulevard; driving on suspended license, registration law; released, \$1,000 bond

•Ernesto Lopez, 26, Bird Street; violation of probation; released, \$2,500

•German Martinez Lopez, 18, Edgemont Drive; no driver's license/exhibited on demand, speeding, registration law; released on recognizance

•Carl Gary Marable, 63, Smyrna violation of probation; released on recogni-•Maura Miguelina Mar-

tinez, 36, Edgemont Drive;

Kasper—\$325,000, 0

no driver's license/exhibited on demand; released on recognizance

•Dale Allen McCall Jr., 46, Park Place; simple possession, speeding; released on recognizance

•Catherine L. McCoy, 27, Highway 41A North; driving on suspended license, possession of drug paraphernalia, simple possession; held, \$3,500 bond

Adriana Medina, 20, Shelbyville; no driver's license/exhibited on demand, running stop sign; released on recognizance •Ana Belem Merino

Juarez, 24, Dover Street;

driving on expired license, light law; released on recognizance •Andrew D. Moore, 32, Cedar Glade Circle; driving on suspended license,

speeding; held, \$1,500 •Emily Ann Mullins, 39, Murfreesboro; fraudulent use of credit/ATM card;

released, \$5,000 bond

•Alexis Navarro Rayo, 29, Antioch; no driver's license/exhibited demand, speeding; released on recognizance

•Jerrid Daniel Pardon, 22, Colonial Avenue; failure to appear; held, no

Abraham Taperia, 21, King Arthur Court; driving on suspended license, running red light/stop sign; released, \$1,000 bond •Rebecca Lynn Perry,

22, Mountain City; vio-

lation of probation; held,

\$2,500 bond Dustin Dwavne Phillips, 28, Cartwright Road; possession of schedule 2 drug; released, \$1,000

•Crystal Gale Presley, 43, Madison Street; driving on suspended license, speeding, registration law; released on recognizance •Roxanne Reynolds, 47,

Virgil Crowell Road; driving on suspended license; released on recognizance •Elizabeth Rivera Arriaza, 47, Murfreesboro;

driving on revoked license; released on recognizance •Carlos Jose Rodriguez Santos, 28, Nashville; no driver's license/exhibited

released, \$500 bond •Javier Rivera Franco, 26, Nashville; driving on suspended license, speeding; released, \$1,000 bond

on demand, speeding;

•Diego Diego Sebastian, 35, Bridlewood Drive; violation of probation; released on recognizance

 Steven Jacob Skeeters, 23. East Depot Street; attachment, driving on suspended license, failure to appear, financial responsibility, light law, registration law; held, \$1,000 bond

•Tyler Nathaniel Tankersley, 19, Tullahoma; theft of property; held, \$1,500

•David Jerome Taylor, 43, Deery Street; failure to appear; released on recog-

•Alton Ray Thomas, 64, Railroad Avenue; failure to appear; released on recog-

•Justin Dequan Watkins, 34, St. Charles Place; criminal trespassing; held, \$7,500 bond •Timothy Ray West, 47,

no fixed address; violation

of probation (two counts);

held, no bond •Justin Wayne White, 28, Pepper Hill Road; criminal impersonation, evading arrest, violation of probation (two counts);

•Cody Phillip Wright, 27, Elizabeth Street; violation of probation; held, \$2,500 bond

Arnold to Arianna

Ravelo, Alejandro

released, \$6,500 bond

PUBLIC RECORD

Armando Cruces Luna.

Dunaway, Timothy Paul

Farrar, Alexis M. Ferrell.

Kayci Ferriss, Amanda

Faye Flynn, Howard A.

Matthew N. Jackson,

Miller, Alyssa Lyona

Peacock, Kenneth A.

Powell, Jacob Pugh,

Nathan Grant Lyall, Juan

Manuel Martinez, Terah

Fugua III, Terence J. Hines,

Alejandro Quintero Rosales,

Jonathan E. Ratliff, Benito

William Miller, Trinidad V.

Rodriguez, Austin Richard

Shafer4, Leah M. Soper,

Nicholas Stones, Henry

Drew Tomes, Harold Edwin

Tuck, Jaden Tucker, Robin

Petri Wofford, Zechariah T.

Young—all \$130, Araceli

Basurto Angel, Skylar N.

Brasher, Domingo Domingo

Juan, Tammy Rena Miller,

Carlos Rodriguez Campos,

Bernard Verge, Perrin M.

Dillan R. Baker, Anthony

Brian Caldwell, MaryGrace

Harris, William Wayne Hart,

Louise Dennis, Samuel I.

Diaz Segovia, Rachel L.

Jerry W. Hollingsworth,

Christopher C. Holt,

Ryan Jacobsen, Larry

McClintock, Tiffany L.

Norman, Randall Ray

Maria Consuelo Blair,

Smith, Eric L. Wells,

Mullins, Michael Justin

William Ricie Wheeler-all

\$115, William David Bean,

Jacob S. Bonner, Carlie E.

Dickie, Jaiari K. Dunaway,

Alexis M. Ferrell, Howard A.

Fugua III, Terence J. Hines,

William Miller, Alyssa Lyona

Harold Edwin Tuck-all \$10

Isaac W. McElroy, Scott

Austin Richard Shafer IV,

Peacock, Jacob Pugh,

Wilson—all \$25

Austin Lee Smith, Jonathan

Registration Violation-

James M. Perrin, Juan

Reyes Martinez, Scott

Daniel Deussen, Jaiari K.

MARRIAGE LICENSES

Ronnie Dale Glasgow Jr. and Stephani Marie Jackson

Alfredo Morrales Perez and Angelica Maria Ordonez Jimenez

Bobby Michael Arnold and Patsy Joanne Reccord

Trey Davon Simons and Stefany Elizabeth Zeloya Moreno

CITY COURT 02/13/2023

SPEEDING— Salvador Abad Cabrera, Michael Cameron Adcock, Saoud Al Sabeel, Aretha Ann Anderson, Merendia J. Brannon, Skylar N. Brasher, Angela Sue Brown, Alejandro Mellin Bueno, Bryan Casas, Amnery's Castillo, Zachary A. Combs, Eduardo Garcia Cordova, Kermit Dale Cornelison, Elizabeth MacKenzie Craig Elizabeth MacKenzie, Elizabeth MacKenzie Craig, Brayden F. Cummings, William Bright Davis, Domingo Domingo Juan, Babette S. Drake, Justin Douglas Frazor, Shannon Gapinski, Samuel Chad Graham, Wendy Thornberry Hall, Jim Haney III, Justin Rashad Howard, James Allen Hunkler, Jennifer Hunt, Tammy Rena Keener, Kayla Marie Lewis, Clifton D. Looper, Keara Mack, Austin Chase Martin, Bryan Nicholas May, Jonathan Matthews McAdams, James G. Mitchell, David Nix, Matthew Isaac Parker, Jacob Michael Patch, Sheila D. Peacock, James M. Perrin, Michael G. Phillips, Vanessa C. Ragland, Joseph Anthony Ramirez, Stefany G. Raudenbush, Juan Carlos Rodriguez Campos, Iziah

Mikael Ruiz, Deborah L.

Smith, Isaiah Lee Sons,

Deborah Kay Stone,

Stephen Craig Studer,

Christopher Aundreus

Thornton, Kyler M. Trice,

Bernard Verge, Kaine D.

White Conley, Rhonda J.

Willis, Leah Jean Wright-

Devin C. Chamblee, Jore

Daniel Deussen, Leah M.

Soper, Jaden Tucker—all

\$20, Eulalia Bartolome,

Roger Ross, Brenda Fay

West-all \$185, Cierra

Andrews, Roger Cruses,

John Elliott, Deirdre R.

Finch, Evelyn Merle Glanzer,

Ciera L. Heaverin, Kirsten

M. Lambertson, Otis Neal

McDonald, Jonathon T.

Nelson, Silvestre Osorio

Carolyn Wells—all \$130,

Jessica L. Rhodes, Keisha

L. Smith-both \$190, Juan

Light Law Violation—

Andrew M. Weissinger,

Manuel Martinez \$25

Juan Antonio Aguilar

Pineda, Jacob William

Majors-Manley, Isaac

Alyssa Lyon Peacock,

Sudberry, Harold Edwin

W. McElroy, Carl David

Mitchell Jr., Joe Ponder-

all \$115, Maria Consuelo

Blair, Matthew N. Jackson,

Jacob Pugh, Marshall Tyler

Tuck, Zechariah T. Young-

Traffic Control Device

(Red Light)—Antonio De

Jesus Arroyo-Diaz, Walter

E. Christmas Jr., Jennifer

G. Gritzenbach, Joseph D.

Benjamin Van Dine Jr.-

(Insurance)—Mykla

Ashby, Philip Barlie III,

Maria Consuelo Blair.

Devin C. Chamblee, Jorge

both \$20

Joyner-all \$125, Alejandro

Ouintero Rosales, Raymond

Financial Responsibility

T. Cato \$175, Jade C.

Jeremy Wayne Brown.

all \$125, Mykla Ashby,

Armando Cruces Luna,

Whitworth, Nicholas Zane

Jordan C. Turner, Jonathan

Traffic Control (Stop Sign)—Araceli Basurto Angel, Christian C. Calderon, Terrie Linderman, Christopher McCabe, Tammy Rena Miller, Amanda Laynae Murray, Hoangthu B. Nguyen, Vanessa Robles—all \$125, Carlie E. Dickie \$135, Marshall Tyler Sudberry **Distracted Driving** (Hands Free)—William

David Bean \$165, Michael J. Bennett, Shari Meontae Brown-both \$60 Speeding In School

Zone—Susan C. Brandon \$190, Phillip A. Gipner \$130, Davonte L. Glenn \$125 Seatbelt Law—Dylan

J. Feldman, Michael Earl Norwood, Mary L. Thompson—all \$30 Dog Running At Large—Maria Felipa Hernandez-Pedro De

Domingo, Humberto Lopez—both \$155 **Animal Not Having** Vaccinations—Maria Felipa Hernandez-Pedro De

Domingo \$50 **Driver To Exercise** Due Care—Tammy Rena Keener, Marshall Tyler Sudberry, Raymond Benjamin Van Dine Jr., Kayla L. Walker, Perrin M. Wilson—all \$130, Trinidad

V. Rodriguez \$25 Failure to Yield Right Of Way—Rocky Ray Lovvorn

Child Restraint Law— Hoangthu B. Nguyen, James M. Perrin-both **Violation Window**

Tint Law—Ricky Lynn Richardson, Jonathan L. Woods—both \$115

Following Too Close— Austin Lee Smith \$130 Parking In Fire Lane— Perrin M. Wilson \$130

BUSINESS LICENSES

02/15/2023-02/22/2023 Magnolia Grace Event

Company—109 Greystone Way, Shelbyville, Sarah Stallings Sunnyside Exterior—115

Anderson Creek Rd., Bell Buckle, Joseph Dawson Wayne Transportation

Tewaan Tucker, Chris

acres, no address

Heath to Tanilia Ann

Shelbyville, Tracey H. Shoo Fly Septic—608 Parson Rd., Shelbyville,

LLC-2611 Hickory Hill Rd.,

Shelbyville, Wayne Harman

More—130 Patriot Circle,

Sweet Tea's Decor And

Jeffrey West A. Cascio Sr., Evelyn J.

Cascio-\$489,900, 0 acres, Longview Rd.

David H. McCroskey to Rodney T. Thompson—\$6,000, 4.91

acres, Uselton Rd. Kimberly Ann Adams to Jonathon David Adams—0

money, 0 acres, Midland D.B. Nelson Jr.,

Charlene J. Nelson to Charles Tubberville, Twila Tubberville—\$120,000, 0

02/14/2023-William J. Bolletino to Bolletino Revocable Trust-02/20/2023

REAL ESTATE TRANSFERS

David John Neal, Gina Marie Neal to Gina Marie

Neal—\$54,000, 4.9 acres, Coble Rd. Kimberly A. Bolletino,

to Kimberly A. Bolletino, William J. Bolletino—0 money, O acres, Patriot

Kimberly A. Bolletino,

Circle

William J. Bolletino, Bolletino Revocable Trust

0 money, 0 acres, Patriot John F. Beckham, John Beckham, Patricia D. Beckham, Patricia

Beckham to Justin M. O'Neal, Sara S. O'Neal-\$665,000, 21.37 acres, Magnolia Lane Jeremiah Chapman,

Ashley C hapman to Habiba

Susan G. Scarbrough to Susan G. Scarbrough—0 money, 0 acres, no address

acres, Spelt St.

Susan G. Scarbrough, Scarbrough Revocable Living Trust, James R.

Scarbrough Living Trust, Lurah F. Scarbrough Living Trust to Susan G. Scarbrough—0 money, 52.64 acres, Jakes Branch

Harriswood Investments LLC, Tom Arnold, Heather

Cervantes—\$253,000, 0 acres, Rolling Rd. Patrick R. Arras, Jessica

> acres, Charlie Shaw Rd. Ernest Neal Shelton to Lee Adcock Construction

Ole South Properties Inc. to Sam Isaac Sinquefield—\$295,000, 0

JW Properties, Jerry Clanton, Wayne Nesse to Arras-\$329,900, 2.34

Ravelo, Gerardo Ravelo

Co. Inc.—\$180,000, 0.47 acres, Jefferson St.

Morrow—\$763,000, 6.82 acres, Haley Rd. Rita C. Eveland to Ricardo Mendoza—\$73,000, 5.01 acres, Scales Rd.

Morrow, Trevor Rashaad

Tony Prater to Greta Prater Sinquefield, Wesley Fredrick Prater—0 money, 7.72 acres, Old Center Church Rd. Gary Boyce

Construction LLC to Paul acres, Whitthorne St.

Snapshots from the Habitat for Humanity Ball

n addition to supporting a good cause, guests also had a good time while attending the 25th Annual Bedford Builds Habitat for Humanity Ball on Feb. 18. This fundraiser is their largest one of the year and helps them fund the building of about half of a house, according to Executive Director Pam Birtcil. For more pictures, see last Tuesday's Times-Gazette.



Maleah Claxton and Pam Birtcil



Brent and Laura Pewitt



A guitar signed by Dolly Parton. It sold at auction for



Chamber Ribbon Cutting

12pm-1pm 875 Union Street, Shelbyville 931-488-5778



Guests view a signed drum from the 1980s rock band



Yolanda Flick, director of the Shelbyville-Bedford Chamber

T-G Photos by Zoe Watkins

PUBLIC AUCTION SATURDAY, MARCH 4, 2023 AT 10:00 A.M.

111 WARTRACE CREEK ROAD WARTRACE, TENNESSEE

Directions: From Murfreesboro, take I-24E to Exit 97. Turn right onto Highway 64E. Go approx. 8 miles and turn right onto Wartrace Creek Road. Go approx. ½ mile and sale will be on the left. From Shelbyville, take Highway 64E to Wartrace Creek Road. Go approx. ½ mile and sale will be on the left. Watch for auction signs.



1946 Studebaker Truck



1968 Volkswagen Square Back (4 speed, new interior)



1968 Volkswagen (2 door, 1,228 miles)



1931 Ford pick-up (completely restored, 4 cylinder, 3 speed)



WAYNE DEAN, AUCTIONEER LIC. #2593 LEWISBURG AUCTION INC. 1-931-703-9547

1977 Porsche 911

Lots of glassware Bentwood wood churn M. Brown Co. Oven bake ware Oak Singer treadle sewing machine New metal bed frame in box Vacuum sealer Metal Volkswagen bar Silver tea service Antique ice box (excellent shape) Stained glass lamp shade Food processor

Honeycomb drink dispenser Toy metal pedal tractor Large wooden chest Cast iron lamps Lodge cast iron skillets & pots Fiesta & Pyrex pieces Lots of pictures & frames Large beveled mirror Christmas items OTHER ITEMS TOO NUMEROUS TO MENTION!

Antique press Assorted hand tools Ninja mixer Linens, quilts, etc. Small electric I appliances #3 Crock & 2 #5 crocks New cedar ciest Butter churn #2 1 Gal 2 Large area rugs Wing back chairs

Popcorn machine Coffee maker Several sets of china Cookbooks Oak rocking chair Large wall clock Wooden end table Small wooden chest Several smaller crocks

Visit www.charleswoodard.com For More Complete List & Additional Photos

Terms: Cash, check or credit card. There will be a 4% charge on all credit card purchases. ANNOUNCMENTS DAY OF SALE TAKE PRECEDENCE OVER ADVERTISING



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REAL ESTATE & AUCTION COMPANY



The band The Nashville Alternators per-



A live auction was held in which a cow, a guitar, fried pies, and a Dolly Parton cut-



Nancy June Brandon and Billie Crowell



cheetah-printed shoes up for the live auction. They were bought by Eve Kincaid, left.



Executive director Pam Birtcil, left, listens to guest speaker Kristin Faith Tomlin about how Habitat for Humanity positively impacted her and her family.



Help is on the way!

ecently I was sitting in a local diner, enjoying lunch with a couple of good friends from the Times-Gazette.

We were eating and talking and laughing, and all of a sudden I went from talking and laughing to choking on my lunch.

I had tried to swallow a bite of roast beef from my open-faced sandwich and it got stuck in my throat.

I couldn't talk and I tried washing it down with a swig of water but it just came back up.

Sorry, if I'm grossing you out.

But, I made motions for somebody to slap me on the back, and Carol came running around the table and went to work saving my life.

She got up from her chair and started beating me on my back. Boom... boom...boom.

Mary nonchalantly slid my lunch across the table to get it out of the way.

Carol was smacking me...boom...boom...

And finally that big old chunk of roast beef came flying out of my mouth and went flying across the restaurant...

Just kidding! Carol's smacking my back dislodged it. With the help of my

napkin I got rid of the beef chunk. Before long we were

able to get back to laughing and talking.

More laughing I think. Anyway...

Carol saved my life! Mary saved my lunch! And Jesus blessed me with these two good friends.

Mary and Carol are the paginators for the Times-Gazette. They lay out the pages of our bi-weekly local newspaper.

Carol has been doing that job since right after graduating from high school back in the "dark ages." And Mary has been her side-kick for almost as

They are amazing. And I thank God for their friendship.

I met them back in 2005 when I first started working full-time at the T-G, and we hit it off almost immediately.

Soon I was not just their co-worker, but their confidante, their prayer warrior, their friend, and their

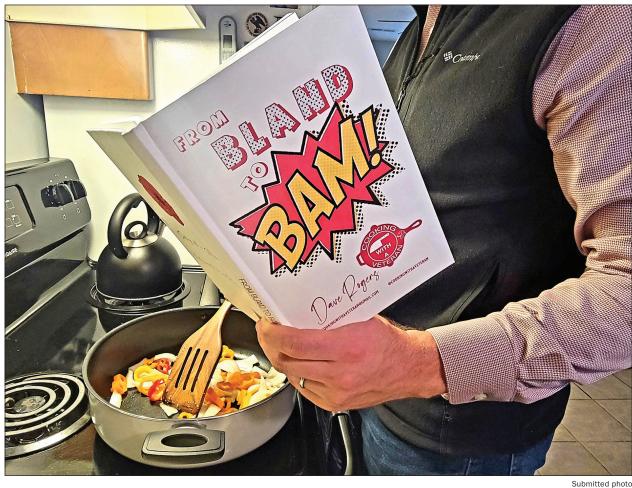
Carol Spray and Mary Cook are two amazing

They may be a little rough around the edges, but I don't mind. So am I, I guess.

They are a super-important part of the team that keeps our local news coming out to us.

➤ See **Doug**, Page 3B

From bland to bam



Dave Rogers' new cookbook "From Bland to Bam!" is available for purchase on Amazon.

By ZOË WATKINS zwatkins@t-g.com

ooking with a Veteran founder and host Dave Rogers has a new cookbook out to help you turn your everyday meals from "bland to bam!"

Chock-full of savory recipes, Rogers pulls inspiration from his many places of travel as well as some of his go to favorites.

This is Rogers' second cookbook, and he even has a third one - full of 'bland to bam' breakfast recipes — coming out in March. He said he had no intention of writing this cookbook, but as life has it, surprises are least expected.

It all started with his love for veterans. A 14-year Combat Army veteran himself, Rogers began a cooking show online (Cooking with a Veteran) during 2020 to help feed World War II veterans. From this came his first cookbook of basic recipes.

"People were talking to me about how they love the way that I reinvent meals...And that's where the title comes from 'From Bland to Bam.' It's all about looking at food in a new way," he said.

Rogers admits even for a time, he saw food as just something to put into your body, causing him to get in a rut.

It also didn't help that his mother wasn't the best of cooks either. Growing up in New York, Rogers said he and his family sustained on food stamps. So, it was pasta and ketchup or hotdogs on Wonder bread for dinner — and once a month, they'd get a huge block of "government cheese" to last the month.

"But as bad as a cook as she was,

See Cookbook, Page 3B

Dreams for the future

By ZOË WATKINS zwatkins@t-g.com

"My dream is to be a scientist and help find a cure for Covid and heart disease. I want to find a magic potion to stop families of pain, tears, and sorrows from these diseases

Thanks to Dr. Martin Luther King for loving people all over the world and showing us love is the way. My dream can come true with a good education and believing in myself!"

Those words were written by Thomas Magnet 2nd grader Xavier Nolan Lanier. And as one can see, he has big dreams of helping people, especially helping those going through sickness.

This is in large part due to the passing of his grandfather in September of 2021. He passed away from Covid pneumonia and heart failure, according to Xavier's grandmother Paulette Lanier.

But through tragedy comes dreams and hopes and a bright future for Xavier. In addition to attending Thomas Magnet, he is also receiving

tutoring from Angelia James, a volunteer at the Shelbyville-Bedford Public Library.

Since this month is Black History Month, Angelia wanted to give Xavier a project that would "be able to show his dreams." This is especially interesting for her because Xavier is part of a new era.

Angelia became a volunteer at the library in 2017. While working on her PhD in psychology, she said she

➤ See **Dreams**, Page 3B



from library volunteer Angelia James.



T-G Photos by Zoe Watkins Xavier said he wants to grow up and become a scientist

McGee

Airport

To paraphrase a recent commercial it is not how much we have accumulated in worldly goods, but how much we have experienced life.

And I know there is no better way to experience life than to travel to other places. My parents carried me to most states, Canada and Mexico when I was a child. I know I was lucky they were willing to make those sacrifices of time and money. We always drove no matter the distance.

But growing up the 1960s and 70s I also wanted to fly. I had the opportunity to do that twice as a first grader when Southern Airways would fly students to Nashville, Tennessee or Huntsville, Alabama.

I was instantly fascinated with the Nashville airport, now known more commonly as BNA. I seldom had the opportunity to visit it again in my youth. It would be 13 years before I would fly again, a trip to Miami, Florida.

But during that gap in flights, it was always on my mind to fly again. I would listen to Atlanta Braves games on the radio and hear that "Delta was ready when I was". I would see commercials on television telling me "American Airlines was something special in the air". Eastern Airlines was "the wings of man". Pan Am "made the going great".

I was ready, but I had

As a sportswriter in my early 20s I was fortunate enough to be able to satisfy my travel desires as part of my job. The best part was all of it was paid for by the newspaper I worked for, the old Nashville Banner. We were allowed to travel well. Often the trips were on airplanes.

On the road to the airport for a morning flight I have to admit I was often a little cocky knowing I was going to have a great travel adventure while so many of those on the road were destined to spend the day in an office or a cubicle.

The Nashville Predators often offered me a spot on their charter flights, especially in their first two seasons. They even paid for me to travel with the team to Tokyo, Japan for the opening of the NHL season back in 2000.

Through the years, like all good things, the frequency of my travels was drastically reduced. In 2022 a pair of surgeries to drastically different parts of my body kept me grounded from trips to Phoenix, Arizona and Cooperstown, New York.

The good Lord willing I will soon be making another airplane trip. I haven't flown since returning from Dallas, Texas where I saw the Nashville Predators

See Mark, Page 3B



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FCE members show off their Valentines.

FCE Reports

SHELBYVILLE

The Shelbyville FCE Club met on Feb. 7 at the Extension Office with 8 members present, as well as two visitors. Extension Agent Whitney Danhof was also in attendance.

President Babs Chicoine called the meeting to order with the timely poem, "Snowman's Valentine," as well as hints on using canned goods. Bingham shared several inspirational and insightful readings for the devotion, reminding members that all things in this world are gifts from God. Pat shared her daughter Dee's story of a long and difficult recovery from injuries received from a reckless auto driver as an example of God's love and gifts.

responded Members to the roll call by answering the question "What is your favorite canned vegetable?" with a variety of answers. Secretary Linda Rucker read the minutes from the club's January 3rd meeting. Treasurer Babs Chicoine reported on the club finances. Sunshine co-chair Shirley McGee reported that she had sent several get-well cards to members/friends of the

The club's other business included clothing donations and reminders of upcoming programs.

Extension Agent Whitney Danhof then presented a fun and productive activity entitled Iris Folded Hearts. She provided the club members with information, patterns, materials, and instructions for creating lovely Valentine's cards using a folded paper technique. Members greatly enjoyed the beautiful cards they were able to construct.

Club member demonstrations included Helen Williams sharing attractive art prints and frames. Shirley McGee then shared a whimsical quilt she pieced that illustrated the children's song "Five Little Monkeys." Everyone enjoyed viewing these items created by our talented members.

President Babs Chicoine then adjourned the meeting with the adage "Use your voice for kindness, your ears for compassion, your hands for charity, your mind for truth, and your heart for love." The next club meeting will be March 7 at the Extension Office.

TOWN & COUNTRY

The Town & Country FCE Club met at 11 a.m. on Monday, Feb. 13, at Cannon United Methodist Church in Shelbyville.

Eight members answered the roll call. Janet Boyce called the meeting to order and Charlene Judd gave the devotional. Whitney Danhof, UT Extension Agent, taught a craft project, Iris Folded Hearts. Secretary Jane Lile took the roll and read the minutes of the January meeting, which were accepted as read. Catherine Talley, Sunshine, reported sending several get-well cards. Treasurer Hazel Foster reported the current club funds balance. The club discussed plans for a community service project and a club work day. Kathy Lamb is researching information for the former. Both will be discussed a TVA calendar for which her grandson's artwork won cross-stitched sled ornaments. Catherine Talley presented a stitched bookmark which will join others being given to students next month. The meeting was adjourned just after noon. The club will meet again on March 13 at the same time

FAIRVIEW

Fairview FCE Club met Wednesday, Feb. 15, at the UT/TSU Extension Office in Shelbyville. President Sandra Smith opened the

and the same location.

again. Janet Boyce shared the cover. She also brought



Iris Folded Hearts are a fun and productive activity.

meeting. Betty Brown read the call to order. Mary Frances Gordon gave the devotion.

Eleven members responded to the roll call by answering, "What is your favorite canned vegetable? The bank balance remains the same at \$253.04. Carolyn Jones gave the Sunshine Report and the reading of the minutes was waived. The club hours, donations and goals were recorded.

Members were reminded to be thinking about a community service project for the club. Achievement Program reminder: March 21, 6 p.m. at the Extension Office.

Mary Frances Gordon led the educational lesson, a craft called "Iris Folded Hearts." Each member made a folded heart card with kits provided by Whitney Danhof.

Club Member demonstrations: Baby quilt made by Sandra Smith.

Emma Montgomery, daughter of Susie Armstrong, was warmly welcomed as a guest and perspective member.

The next meeting will be held March 15 at 10:30 a.m. at the Extension

Sandra Smith adjourned the meeting.

WHEEL

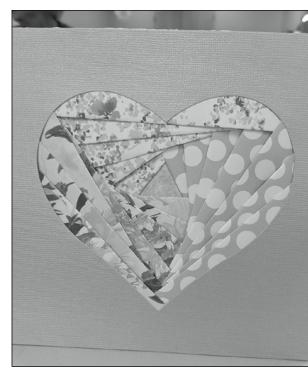
The FCE Club of the Wheel Community met on Feb. 9. Since this month is "National Canned Food Month," the club learned that canned goods will last up to a year if intact. Each club member stated their favorite canned good. They then participated make paper Iris hearts for Valentine's. The club also made plans for their 2023 projects, saying they plan to collect and donate clothing and food in the upcoming year. This fits in with their theme values of voice, mind, heart, and love. Their next meeting will be March 9.



Shirley McGee shared a whimsical quilt she pieced that illustrated the children's song "Five Little Monkeys."



Extension Agent Whitney Danhof with Edna Gordon.



A finished Iris Folded Heart

Have you ever taken your business elsewhere?

just heard about a local business losing a major customer over a trivial misunderstanding. Most of us hate change and maintain loyalty to a brand or retailer through thick and thin. True, this veers into creepiness in extreme cases, such as refusing to outgrow your old pediatrician. ("But I don't trust anyone else with my ED issues, doc. Do you happen to have a lollipop and the latest 'Humpty Dumpty' magazine to ease my midlife crisis?")

And I know it's difficult to relinquish trusted lawyers, accountants or other professionals. Which reminds me of my friend Dinsdale, his recently deceased insurance agent and the whole séance

thing. ("Is that you that Madame Zelda conjured up, Frank? I figured you could give me some advice since you've looked at term life insurance from both sides now...")

But occasionally, either an unforgiveable one-off customer service faux pas or the steady drip, drip, drip of aggravations pushes consumers to the breaking point and unleashes their righteous indignation. I know my wife and I switched propane companies because of the way management fired a sick employee. And we have sworn off a local restaurant because the waiter refused to honor the price posted on the front door (and the manager was never available when we

tried to get satisfaction).

Cost, quality and timeliness can all be areas of concern. Have you ever had a relationship with an independent contractor that never quite got off the ground? ("This is Joe from The Turbo-Charged Handyman. Am I speaking to Mr. Eduardo Hickenlooper? Oh, Mr. Eduardo Hickenlooper the third? I guess that was your grandfather and father who left so many messages. Anyhow, we're ready to schedule installing your asbestos...") Sometimes an

obnoxious or incompetent individual employee is the bone of contention. Sometimes a systemic new store policy is the straw that breaks the camel's back. Such policies might include having to scan

your own groceries, losing the right to free drink refills, discovering that the business automatically tacks on gratuities for the store mannequins, etc.

Sometimes clerks, mechanics, etc. are clearly in the wrong. Sometimes the customer is demonstrably unreasonable. And sometimes there is a gray area. But if the gray area involves 10 acres of landscaping, refer back to the first point Don't get trigger-

happy with the old "The customer is always right" gambit. Think about it. You mean all those funloving Gestapo agents were invariably in the right when they ran their errands? ("Ve haff vays

of making you validate

parking.")

I'm not sure which is worse: the irate customers who launch into a profanity-laced spectacle in a crowded business or the people who fade away without telling management why or warning their peers. ("Hey, look at the headline, honey. Someone ELSE disturbed that nest of boa constrictors in the restroom at O'Malley's Gym. Guess maybe I should've sent that Yelp review after all. Live and learn.")

Strive for an amicable resolution of problems. Count to 10 before saying something you may regret, but don't forget to show some backbone. Understandably, this is difficult if the backbone is the issue.("I know this



was just supposed to be a root canal, but somehow Ir emoved your spine as well. My bad.")

Discuss your problems like adults. Unless some booger-head has already colored all the pictures in 'Humpty Dumpty'! Then tantrums are downright upright.

•Danny Tyree welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."

Recipe for Breakfast Pig Shots

By Dave Rogers Special to the T-G never heard of pig shots, armadillo eggs, or shotgun shells until I was visiting some friends in Texas. Seems these are big in some parts, and boy are they good. If you watch my show, you might see me doing a little more Southern cooking lately, but don't worry I am still as Northern as they come; I just love trying different food, big on a great breakfast sandwich with a twist. This is something everyone who is a meatloving, breakfast sandwich kind of person can get behind.

As always stopped by at TNMeatCo and picked up some breakfast sausage

I start by doing a sea salt and peppercorn rub on my bacon. There are so many rubs you can do on bacon, so I will leave that for another blog.

Ingredients:

• 1 lb. breakfast sausage (for regular pig shots it is Italian sausage)

• 4 strips sea salt and peppercorn bacon



Pig Shots

2 Jalapeño peppers

• 2 tbsp. cream cheese

• 2 tbsp. shredded ched-

 salt, pepper, paprika, white pepper to taste Mix your sausage and

seasoning in a bowl. Roll into meatballs and set

In a small bowl, mix your cream cheese (for this I am using creams cheese

with chives) and shredded cheese (I am using sharp cheddar from Nash Family Farms, but a pepper jack or Mexican Mix will do just

Cut your jalapeños into two pieces and remove the seeds. Using your finger, fill the jalapeños with the cheese mix.

Flatten out the sau-

sage balls and place the

oven for 25-30 min or until the sausage is cooked.

Got left-over sausage and jalapeños? Not a problem. Make some breakfast shotgun shells. This is a great twist on a sausage, bacon, and cheese sand-

Jalapeños in the center.

Fold the sausage around

and wrap with the bacon.

and put into a 375-degree

Place in a cast iron pan

wich for your family.

Fill whole jalapeños with the cheese mix, place a small amount of sausage on the side and wrap with bacon.

Cook these in your cast iron with your breakfast pig shots. For this I am making homemade buttermilk biscuits on the griddle, while the meat cooks in the pan.

Cookbook

(Continued from Page 1)

my mother did give me the inspiration for trying new things," he said. Plus, growing up in the food capital of the world helped with this.

"So, I've always been fascinated by food," he said. However, it was until he traveled and lived in China for about six years

in a teacher exchange program that he realized how "Americanized" food is in the states.

"And then I started meeting chefs and restaurant owners because I wanted to learn how to make those dishes for myself," Rogers said.

with all kinds of ingredients, including his favorite meat, duck. With this he makes crispy duck and any leftovers he turns in Portuguese Duck Rice.

"To make crispy duck is actually a two-day process," Rogers explained. "But really great food takes

But it's worth it because of the flavor. "Food is So today, he's cooking meant to be enjoyed. It's not meant to just be substance," Rogers said. "Besides painting, food is my sanctuary."

It's not so much the eating; rather it's the process and

the end product. This book also helps people get creative with staples. For example, the European style Hasselback potatoes one can use with extra potatoes. The book even helps with reinventing leftovers, such as with meatloaf and BBQ, which can be turned in Texas Meat Chili.

Rogers' show be found on YouTube at Cooking with a Veteran. His shows are different from others since they are filmed live — so there might be a mistake here and there. But that's alright because even the best chefs make mistakes, Rogers

"I want to show people that it's all possible," he book on Amazon. Part of the money from the purchase will go to the VFW National Home in Eaton Rapids, Mich. It helps veterans and their families get back on their feet. Food insecurity among

You can find this cook-

veterans is one of the biggest issues among that community. "Food insecurity hits them all," Rogers said.

Dreams

(Continued from Page 1)

was encouraged to work at the library to understand what students and adults need help with today. She also helps veterans and those who are unemployed to help create resumes.

This is just a portion of the many resources available at the library that volunteers can assist people with. And though tutoring may have a stigma associated with it, Angelia agreed that anything like this helps students finetune their education.

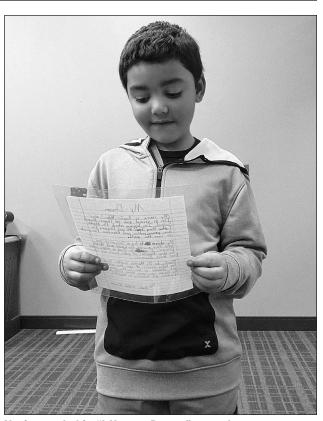
Today, she's been helping Xavier about two days a week, assisting him with i-Ready, Lexia, and other technology programs in addition to school subjects like math and writing.

For Xavier, Angelia said he has already moved up several levels in i-Ready as well as started gearing towards a career path. "He just grasps it, whatever it is," said Angelia.

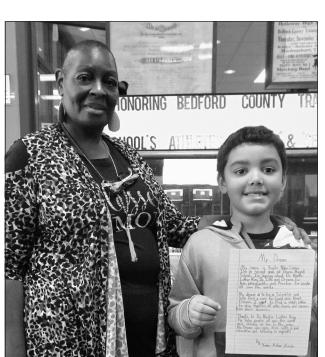
And it's safe to say Xavier is grasping MLK's message of "love, peace, justice and freedom for people all over the world."

Angelia James and Xavier

T-G Photos by Zoe Watkins



Xavier reads his "I Have a Dream" speech.



Mark

(Continued from Page 1)

play the Dallas Stars in the NHL Winter Classic on New Year's Day 2020.

I know flying becomes more of a hassle with cancellations, hidden fees, lost luggage and security checks. No matter how you choose to travel there are always issues.

The new lobby of the Nashville airport looks great on TV. I look forward to seeing it in person.

We all have different priorities in life. Seeing as many places in the world as possible is mine. I know I have been blessed to travel extensively and I understand not everyone has the opportunity. But as long as I have the ability to pack a bag I am going to be ready to go on that next

Doug

(Continued from Page 1)

They help to keep us informed and up to date on local events.

And I proudly declare "They are my friends!"

Carol saved my life! And Mary saved my

Doug Dezotell is the pastor of Cannon United Methodist Church, and a columnist for the Times-Gazette. He is a husband, a father, a grandfather,

and your friend. He can be contacted at dougmdezotell@gmail.com, or at 931-607-5191. You can find Doug in the pulpit on Sundays at 11 a.m. at Cannon UMC, 1001 S. Cannon Blvd., in Shelbyville, Tennessee.

adventure.

DID YOU KNOW?

According to the National Institute of Arthritis and Musculoskeletal and Skin Diseases, the exact causes of rosacea are a mystery. However, scientists can confirm that inflammation contributes to some of the key symptoms of rosacea, which is an inflammatory skin condition that causes

reddened skin. Precisely why inflammation triggers rosacea symptoms in some but not others is unknown, but the NIAMSD suggests it may in part be due to environmental stressors, such as ultraviolet light, and heightened skin sensitivity in people with rosacea.



Saturday, February 25, 2023 4B SHELBYVILLE TIMES-GAZETTE

SHELBYVILLE SAZETTE

















































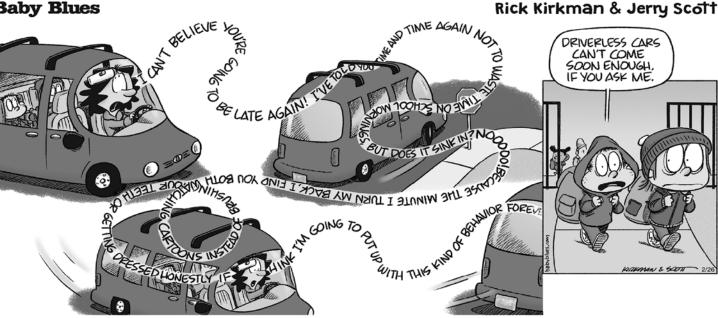
















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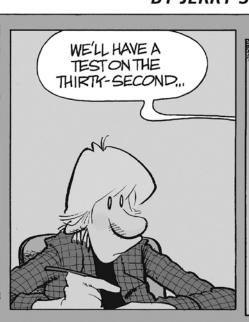
WALKER

by BRIAN and

and

BY JERRY SCOTT AND JIM BORGMAN







BY DARRIN BELL

WWW.CANDORVILLE.COM

BY BOB WEBER JR.

Spot six differences between these panels.

I THOUGHT

LIKE GIRLS.

DON'T



"I GUESS BEING OUT OF STYLE NEVER GOES OUT OF STYLE."



"INSTEAD OF BUYING OUR FIRST COMPUTER, WE SHOULD



"WE'RE LOST, LOW ON GAS, AND WE HAVE A FLAT TIRE... WHAT ELSE CAN GO WRONG?"

CAN DISPENSE WITH THE "GO, WHAT BRINGS YOU TO THERAPY" QUESTION.

I THINK PERHAPS WE

00

CANDORVILLE

SLYLOCK FOX Wicked winged monkeys from the land of Oz captured Slylock Fox and have decreed his fate shall be determined by words of his own choosing. If they consider Slylock's statement frue, he will live in a cage. If his statement is judged false, he will live in a pit. Slylock said: "I will live in a pit. Thow will this statement confound the winged monkeys' plans? penosal yew 'useloou'd eu pealepued

Solution – If the winged monkey, and contion – If the winged mould take place in the statement "the place in the statement while the winged make the statement as cage, "that would never the pit," while the winged monkeys have a statement and Sylvock would be sent to the pit, as cage, "that would profibil thim from the pit," while the winged make the pit of the pit, and solving winged mould be sent to the pit, and would be statement only as the pit of the pit, and winged win





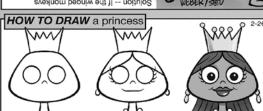
Today's terrific artist is Margaret, age 8





Which of these animals cannot walk backwards? a) Elephant b) Emu c) Owl d) Kangaroo e) Giraffe

Have fun solving a new comic puzzle every day at www.slylockfox.com



JUST GO PUT MORE COINS IN THE METER."



"I'M LESS UPSET ABOUT BEING WRONG THAN THAT LORETTA WAS RIGHT."

"I'M NOT GOING TO EAT FASTER, LEROY.

The 2022-2023 Leadership Bedford class gathers at the Bedford County Board of Education to learn about the local education system.



The youth class visited the TCAT's campus on Madison.

Youth Leadership Bedford focuses on Bedford education

eadership Bedford's recent class day focused on Bedford County's education system. Included throughout the day were visits to the Bedford County Board of Education, Eakin Elementary, Harris Middle School, Shelbyville Central High School, and Tennessee College of Applied Technology.

A special thanks goes to each educator for speaking with the leadership group and to Bedford County Commissioners Greg Vick and John Boutwell for sharing their insights and Bedford County's plans for the future to support eduation.

Much appreciation also goes to Experience Church and TCAT for sponsoring breakfast and lunch for the class day.

The youth class ended their day flying through the sky with Shelbyville Municipal Airport instructors, while the adult class learned from representatives of MTSU and the aerospace team.

In March, the
Leadership Bedford group
will travel to Nashville to
visit the Tennessee State
Capitol and meet with representatives and tour the
historic building.



Bedford County Commissioners Boutwell and Vick address the group to kick off Education Day.

Submitted photo



Eakin Elementary School Principal Kathy Reed welcomes the group to the school for a tour. The group toured the school and portable classrooms and saw first-hand the need for school funding to support the growing student population.



Youth Leadership Bedford at Harris Middle School listening to Principal Patrick Hasty.



The youth class ended their day flying through the sky with Shelbyville Municipal Airport instructors.



Big smiles for those getting a one-of-a-kind experience.

Butler, #10.



Betzelberger, #4; John Thomas Clay Morton, #5; Ty Alexander Childress, #6; Tucker Scott Austin, #7; Philip Elias Newton, #8; Alejandro Contreras Cabrera, #9; Savannah Reese

Academic Top 10 honored

From Shelbyville Central High School. From left are Sarah Elizabeth Hallum, Valedictorian; Michelle Gomez Mares, #3; Seth Adam Thompson, Salutatorian; Jacob Aaron

edford County Schools recently recognized each of the high schools' Top 10 students from the Class of 2023. Congratulations to these highachieving students!

Submitted photos

COMMUNITY HIGH TOP 10



From Community High School. Front row, from left: Christian Detienne (on phone), #6; Abby Brooks, #5; Carly Hall, #10; Lorelynn Rowlett, #9; Addison Brothers, Valedictorian. Back row, from left: Lilly McCollum, #7; Jacey Collier, Salutatorian; MJ Simmons, #8; Corey Paterick, #4; Abi Brown, #3.



From Cascade High School. Bottom row, from left: Olivia Gabhart, Valedictorian; Blake Olive, Salutatorian; Emma Collard, #3; Zachary Cope, #4; Abby Lamb, #5. Top row, from left: Nia Hiles, #6; Jayden Gulick, #7; Michael Tayman, #8; Mariah Johnson, #9; Macy

Britain's Apollo5

Legate, #10.

n March 7, The University of Tennessee Southern welcomes in concert Britain's critically acclaimed five-piece a cappella vocal group Apollo5.

Comprising of a soprano, mezzo-soprano, two tenors and a bass, the ensemble – which takes its name from the ancient Greek god of music – has become known for its rich, dynamic sound, demonstrating how powerful five voices alone can be. With a versatile approach to music programming, and a repertoire spanning renaissance, classical and contemporary choral works to folk, jazz and pop, the group's five voices bring the music of five centuries to life.

Apollo5 has enjoyed a career spanning 12 years, delivering an ambitious education program and accumulating a busy touring schedule that has taken the group to many European countries, the USA and Asia. In addition to performing at prestigious UK venues such as the Barbican Centre, the Royal Albert

Hall, Wembley Arena, St



From left to right, Clare Stewart, Oli Martin-Smith, Penelope Appleyard, Augustus Perkins Ray, Oscar Golden-Lee.

John's Smith Square and St Martin-in-the-Fields, the group has toured extensively across Belgium, Germany, and France. The years 2022 and 2023

concert highlights include a major tour to the USA, appearances at French festivals such as La Folle Journée and Festival de la Vézère, and a debut at

London's Cadogan Hall. For more information on Apollo5 visit https://apollo5.co.uk/performance.

Apollo5 will be appearing at the Gault Fine Arts

Center on the UT Southern campus at 7:00PM. Tickets are available at utsouthern. edu/finearts, \$15 for general admission and \$5 for UT Southern students.

Anyone interested is encouraged to witness this exciting vocal group proclaimed by Gramophone Magazine to be "Hugely Impressive."

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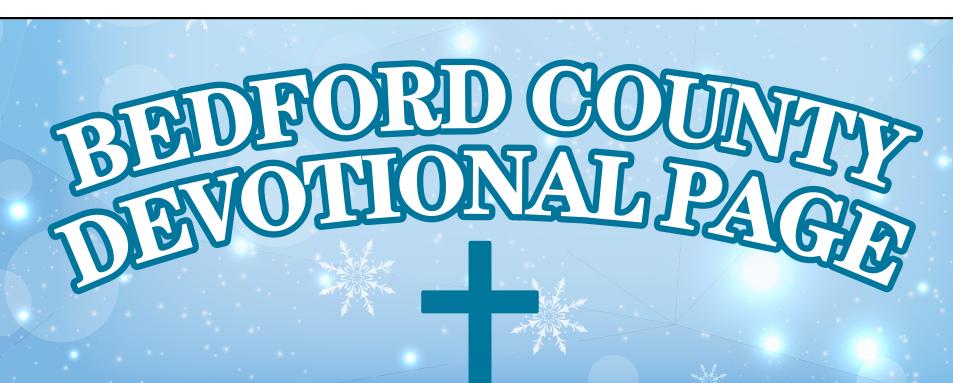
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834 Union St., Shelbyville • 931-684-3664 Rev. Andrew Lee Keffer · shelbyvillefirstnaz.com Sunday School - 9:00 am · Morning Service - 10:00 am Prayer Meeting - Wednesday at 6:30 pm Youth Meeting - Wednesday at 6:30 pm

Grace Baptist Church

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Longview Baptist

101 Cooper Rd., Unionville • 931-294-2281 Rev. Jonathan Osterhaus longviewbaptistchurch.org · servingoursavior@yahoo.com Sunday School - 9:30 am · Worship - 10:30 am & 6:00 pm Life Points (age 3 - youth) - 5:45 pm · Wednesday Worship - 6:00 pm

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Chris Siers (931) 684-1200 sports@t-g.com

S Times-Gazette PORTS

www.t-g.com/sports Saturday, February 25, 2023

DISTRICT CHAMPS & 'QUEENS



The Cascade Champions pose with their second-straight District 7-AA title plaque, after beating Grundy County on Tuesday night.

T-G Photos by Chris Siers

Cascade repeats 7-AA championship

By CHRIS SIERS sports@t-g.com

CHAPEL HILL -Good teams find ways to win, even when their backs are against the wall.

For much of Tuesday night's District 7-AA game championship against Grundy County, the Cascade Champions trailed the Yellow Jackets (19-9) until the Champions (25-5) made key plays at key moments in the game.

With a massive fourthquarter, Cascade rallied past Grundy County to secure their second-straight district title, beating the Yellow Jackets 79-61.

"It's tough to beat any-

body three times in any season. Grundy County does a really good job with their stuff. They run a dribble drive and we struggled to guard it early on. They make shots. You have to give them a lot of credit that's what they needed to do. We went in at halftime and made a few adjustments and I felt like we did a much better job in the second half," Champion coach Chris Lawson said.

Grundy County executed a near-perfect game plan against Cascade, complemented by a dribble-drive offense, along with a stellar first half shooting from the perimeter.

Led by co-MVP Sam Parson, the Yellow Jackets were able to effectively get to the line in the first half and Parson alone cashed in on 7-of-8 free throw attempts.

Of the 11 made field goals in the first half by Grundy County, six came from the perimeter, which allowed the Yellow Jackets to lead Cascade by as much as eight points in the first

But Cascade would not be denied.

Senior Lucas Clanton did a little bit of everything in the first half, including knocking down a pair of three-pointers in the first quarter and added 12 more in the second quarter, showcasing his ability to drive to the rim, as well as knock down a pull up jumper.

Still, Grundy County led 36-33 at the half, even with a 20-point effort by Clanton.

But at key moments in the second half, Cascade's players answered the bell and came up with key plays ➤ See Champs, Page 2C

Isaac McElroy through the Grundy County defense and lofts in a shot for the Champs. McElroy gave Cascade key minutes as part of the second-half





The Community Viqueens pose with their newly acquired hardware after winning their second-straight district title on Monday night.

T-G Photos by Chris Siers

Defense leads Viqueens to title

By CHRIS SIERS sports@t-g.com

CHAPEL HILL All season long, seniors M.J. Simmons and Haley Mitchell have been the driving force that's led Community (22-6) to a 20-plus win season.

In Monday night's District 7-AA championship against Forrest (11-15), Simmons and Mitchell provided the fireworks on offense, but perhaps the bigger star was a collective team defensive effort that landed the Viqueens their second-straight 7-AA title.

"To make it far in the postseason, you have to have a solid defense. They

know that and they've committed to that all year and these seniors have committed to it for four years. It was a great defensive effort tonight," Viqueen coach Cody Pierce said. Defense was the name

of the game, particularly in the first quarter when get shots to fall.

both squads struggled to Community never trailed in the game, but struggled with consistency scoring in the opening period, largely in part to

the defensive effort by the

Lady Rockets, who keyed

on Simmons and trying to

take away the Viqueens'

attack in the paint.

a job. They came out and played with a lot of passion. We stayed focused, defensively, got the stops we needed and finally got all year. They deserve this," Pierce said.

"Forrest did a heck of

the offense going. The girls played hard tonight. It was a team effort. I'm proud of them. They've worked hard Community built a 6-0 lead to start the game before

Forrest's Macyn Kirby hit a basket with five seconds left in the period. But as time expired, senior Zoey Dixon was

fouled and sent to the line,

where she hit both free

throw attempts to give

Community a 10-2 lead after the first quarter.

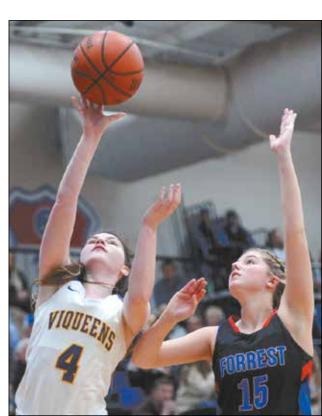
Eventually, Community was able to get the offensive wheels moving, but saw Simmons and Shelby Cawthon both land in foul trouble, forcing Pierce to go to his bench a little earlier than planned.

Even with the Viqueen bigs getting in a tick of foul trouble, Community not only preserved its lead, but extended the advantage to

14 points by halftime. As part of a 14-point third, Mitchell knocked down a pair of treys that ➤ See Viqueens, Page 2C

Addison Brothers goes up

for a shot.



Champs

(Continued from Page 1C)

to not just keep the Champs within one possession of the lead, but to also tie it several times in the third.

Thomas Gentry opened the third quarter and drilled a corner three-ball to tie the game at 36.

Parson answered and gave Grundy County a six-point lead after he was fouled on a basket and made the ensuing free throw, giving the Yellow Jackets a 42-36 lead with 5:26 left in the third.

But every time Grundy County was able to build what felt like a comfortable lead, Cascade answered.

Cascade found a bit of a mismatch off the block from Isaac McElroy, who gave the Champs a muchneeded lift throughout the third.

He scored nine points in the period and allowed Cascade to close within a one-point margin by the end of the quarter.

Early in the fourth, it was Clanton again who got it done on both ends of the floor that allowed Cascade to take a slim lead.

After hitting a jumper

with seven minutes to go, he took a charge to nullify a basket by Grundy. Grundy's Brendan

Marsh hit a three-pointer 53 seconds later, which gave Grundy its final lead of the night at 57-56. Cascade responded on a

tear with a go-ahead basket by Gentry on a corner three-pointer.

After getting a stop, it was Tucker McGee who added to the Champs' lead with another three.

While Parson was able to get back to the line and knock down both attempts of a one-and-one with 5:10 left, the momentum shifted entirely in the Champs' favor as Gentry again connected on another corner three-ball, bumping the Champs' lead to 65-59.

Grundy County managed just two more points in the game, while Cascade closed the game on a 15-2

"Thomas Gentry knocked down some big shots in a crucial time. Tucker McGee came in and played really good minutes and knocked down a big three in the corner, got a steal and took it to the rim and made a big play," Lawson said.

Gentry finished with 19 points, including three monster three-pointers in the second half.

But it was Clanton's driving force on offense that led all scorers with 31 points.

"Lucas Clanton was good the whole game and made shot after shot and kept us going. Every time they made a little run, we were able to keep it close enough to get it within striking distance, and then once we got ahead of them, we were able to extend it and hold on," Lawson said.

Gentry and fellow senior Jackson Davis earned alltournament honors for their efforts in the 7-AA tournament, while Clanton took home tournament MVP.

Gentry, Davis and Jayden Gulick also took home All-District honors, while Clanton split the



Several players for Cascade earned season awards for their efforts this season. Earning All-Tournament nods were Jackson Davis, Thomas Gentry and Lucas Clanton, who was named tournament MVP. Davis, Gentry and fellow senior Jayden Gulick also earned All-District nods, while Clanton split MVP honors with Sam Parson of Grundy County. Champion coach Chris Lawson was also named District 7-AA Coach of the Year.

seasosn's MVP vote with Parson.

Lawson was also named the District 7-AA Coach of the Year.

Tuesday's game was a testament that showcased Cascade's versatility in finding ways to win with the game on the line.

"We haven't had many games this year where we've trailed the majority of the game and then had to make some plays, especially in this type of environment, to get back in the game, and then maintain it and push that lead back out. I give a lot of credit to our guys. They're gritty and made plays when they had to," Lawson said.

Tuesday marked the third win by the Champions over the Yellow Jackets this season and thanks to an upset in the District 8-AA tournament, Cascade had a bit of luck bounce their way with Whites Creek upsetting Pearl Cohn in the tournament semifinals.

Grundy County now hosts Pearl Cohn in Saturday night's Region 4-AA quarterfinals.

"That's a big deal. I've

preached and preached and preached to make a deep run in the postseason, you need a little bit of luck. We took care of what we can control. That puts us away from arguably one of the best teams in the state," Lawson said.

By winning the District 7-AA tournament, the Champs will be back on their home court on Saturday night and will host fourth-place District 8-AA finisher, LEAD Academy.

"We'll watch film. We'll get a little bit of rest and then we'll go to work to get ready for LEAD Academy. We'll take it one game at a time. That's the next one up. That's the only one that matters. In an elimination game, we've got to be

ready," Lawson said. Tip-off is set for 7 p.m.

Grundy Co. Cascade 15 18 19 27 — 79
Grundy Co.: Sam Parson 26, Brendar
Marsh 13, Isaac Campbell 9, Jr. Crisp 7
Alex Parson 5, Jarod Huntley. Cascade: Lucas Clanton 31, Thomas Gentry 19, Isaac McElroy 13, Jackson

Davis 8, Jayden Gulick 4, Tucker McGee 4, 3-Point goals: Cascade (8): Clanton 3, Gentry 3, Gulick, McGee; Grundy Co. (8): Marsh 3, Campbell 2, Crisp, A. Parson, S.

Halftime score: Grundy Co. 36, Cascade

Viqueens

(Continued from Page 1C) helped Community carry

the 24-10 lead into the half. And while Simmons was mostly held in check to just three first-half points, she erupted in the second half, beginning with 13 points in the third quarter, highlighted by a three-pointer from

left in the quarter. Community closed the game out for their secondstraight title with a 13-8 run through the fourth quarter to hang on for the 23-point

the top of the key with 1:38

Defensively, Community allowed just three Lady Rockets to score, with Kirby and Inslee Inlow both knocking down 12.

Simmons led all scorers with 23 points and in addition to earning District MVP honors, earned tournament MVP as well.

With their second district title in hand, Pierce says the Viqueens' success is a sign of the players on the team

buying into the coaches' vision.

"They're all in with me and I'm all in with them. Just overall, we trust each other. I trust the players, the players trust our coaching staff. When you have that, you're going to have a good program," he said.

win

secures

Community a home game against District 8-AA fourthplace finisher Whites Creek and should Community win Friday night's elimination game, will play on their home court throughout the remainder of region play.

The

"We're home the rest of the way as long as we keep winning. We like playing at home," Pierce said.

The Viqueens hosted the Region 4-AA semifinal on Friday night.

2 8 12 8 — 30 10 14 16 13 — 53 Forrest: Macyn Kirby 12, Kinslee Inlow 12, Josie Brown 6. Community: M.J. Simmons 23, Haley Mitchell 16, Zoey Dixon 6, Anna Haskins 4, Addison Brothers 2, Shelby Cawthon 2. 3-Point goals: Community (5): Mitchell 4, Simmons; Forrest (3): Brown 2, Inlow. Halftime score: Community 24, Forrest 10.



Viqueens who earned All-District nods are (from left) Addison Brothers, Zoey Dixon, Haley Mitchell and M.J. Simmons, who earned District 7-AA MVP. In addition to their All-District nods, Dixon and Mitchell earned All-Tournament honors,

Titans release 3 to clear cap space

with Simmons taking home tournament MVP as well.

By TERESA M. WALKER AP Pro Football Writer

NASHVILLE — New Tennessee Titans general manager Ran Carthon started clearing up some much-needed salary cap space Wednesday.

The Titans announced they released three-time Pro Bowl left tackle Taylor Lewan for a failed physical and also released veteran wide receiver Robert Woods and kicker Randy Bullock. They later released linebacker Zach Cunningham also for failing a physical. Lewan, the 11th pick

overall in the 2014 draft out of Michigan, tore his right ACL last September. He tore the same ACL in

2020 and has played only 20 games combined over the past three seasons. The nine-year veteran had been due \$14.8 million in the final year of his contract.

He started 100 of 105 games played for Tennessee. His podcast "Bussin' With the Boys" announced his release on social media, and Lewan, who turns 32 in July, retweeted the post with his own message to Titans' fans. "I hope I did enough

to create something all the titan fans can be proud of, I love you all," Lewan wrote.

The Titans started Wednesday approximately \$23.5 million over the salary cap of \$224.8 million



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for the 2023 season, a number they must reach by the start of free agency March Orleans and Tampa Bay had worse cap situations, according to Spotrac.com.

15. Only Jacksonville, New These are just the

start of the changes for

Tennessee, which led the

because of injuries in each of the past two seasons. The Titans (7-10) couldn't overcome those injuries in 2022, missing the playoffs on a season-ending, sevengame skid. These four moves result-

ed in a swing of \$37.9

million, creating approximately \$11.3 million of cap space for their top 51 players per Spotrac.com. Lewan and Woods had been set to carry the sixth and seventhhighest salary cap hits for the team in the 2023 sea-Lewan's release has

been expected since he tore his ACL last September and was placed on injured reserve. Woods, acquired from

the Rams by trade last offseason, led the Titans with 53 catches for 527 yards with two touchdowns. He started 15 of 17 games, but was due \$13.7 million in base salary with a cap hit of \$14.6 million. His release cost the Titans only \$2.6 million in dead cap money.

The receiver, who turns 31 in April, wrote on social media "Free" after being

released. "Where should I go," Woods wrote as a follow-

He had been due \$1.64 mil-

lion in the final season of

up with a couple of emojis. Bullock appeared in 31 games the past two seasons.

last offseason, and releasing the 33-year-old kicker from his sixth NFL team saves the Titans \$2.6 million against the cap with a \$600,000 dead cap cost. His release apparently

the two-year deal he signed

frees up the kicker job for Caleb Shudak, the undrafted rookie free agent out of Iowa that the Titans kept around after he hurt his kicking leg in June. He appeared in one game for Tennessee, making three of his four field goals. The Titans originally

Cunningham, claimed the 57th overall pick in the 2017 draft, off waivers in December 2021 from Houston. He played four games that season as Tennessee wrapped up the AFC's No. 1 seed with a 12-5 record. But an elbow injury lim-

ited him to six games in 2022, and he finished with only 23 combined tackles, one quarterback pressure and one pass defended. His release saved the Titans a cap hit of \$8.9 million.

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Rhodes, Crews lead **Cascade in consolation**

By CHRIS SIERS sports@t-g.com

CHAPEL HILL Lady Champion coach Janie Demonbreum has seen growth from her team throughout the season.

With flashes of growth here and there, it's been a building processes that is starting to show signs of the program turning a corner.

On Monday night in the District 7-AA consolation game against Grundy County, Cascade could have folded when the Lady 'Jackets cut the Cascade lead to four points with less than three minutes to play.

But savvy play and a perfect effort at the free throw line in the closing minutes preserved the lead and Cascade knocked off Grundy County, 45-33, to finish third in the District 7-AA tournament.

After Grundy County's Carlee Smartt hit a basket to cut the Cascade lead to 35-31, it was the ability to get to the free throw line by freshmen Kaegan Young and Suzanna Crews that allowed Cascade to extend

"Those two, Kaegan and Suzanna are freshmen. We've talked about from Day 1 that we weren't going to lay down in the end. We were going to learn how to finish these games," Demonbreum said.

"I challenged them with that in our first game against Hampshire when we won by one. I'm very proud of them and this whole group. The maturity is coming."

Crews and Young went a perfect 6-of-6 at the line in the final 1:36 to allow Cascade to not just preserve the lead, but extend it to



For their efforts this season, Kaegan Young and Sophie Ray earned season awards. Young was named to the All-District team, while Ray took home All-District and All-Tournament

double figures.

In their previous meeting earlier this month, Cascade relied on the efforts of Sophie Ray, who went for a game-high 29 and carried the bulk of the scoring on

Grundy County's game plan was fairly simplelimit Ray's effectiveness.

What backfired on the Lady 'Jackets plans was the depth in scoring in Monday night's consolation game.

While Ray still managed to score six, it was Isabella Rhodes and Suzanna Crews who combined for 28 points to lead Cascade to the win.

"There are people in this area that have seen Sophie take over in ball games and she 100% has the ability to do that. But I've got girls who can step up and make shots when Sophie is being guarded. That's so much growth for us. It makes me happy we have multiple girls step up and score," Demonbreum said.

Crews went on a tear in the 19-point second quar-

ter and scored nine points, an was a perfect 5-of-5 attempts at the line in the quarter.

consistent level of scoring,

Rhodes crashed the boards and helped Cascade limit by Grundy County.

"In the first half we didn't do great but in the second half, we challenged them on the boards. We didn't want them to get any more second chance opportunities. And Bella Rhodes—I have to say a lot about her. She has crashed people only look at who is scoring the most but when I look at rebounds, I specifically think of Bella,"

runner up and will put the

Rhodes provided a more

which included a pair of three-pointers, as she led all scorers with 15 points. In addition to posting

a game-high points total, second-shot opportunities

the boards so hard for us this year. A lot of times Demonbreum said.

The win pairs Cascade against the District 8-AA



She scored 13 points on Monday night.

Lady Champs on the road in the opening round of region play on Friday night, where a win is needed to keep their season alive.

Demonbreum's focus in leading up to Friday night's region opener is to keep the

spotlight on Cascade.

"We're just going to go back to the basics. We want to keep our focus on us and what we need to be successful on the court," she said.

5 19 9 12 — 45 6 7 10 10 — 33 Cascade

Cascade: Isabella Rhodes 15, Suzanna Crews 13, Kaegan Young 8, Sophie Ray 6,

Grundy Co.: Gracie Painter 11, Carlee Smartt 9, Jaidys McDaniel 5, Wrylee McDaniel 3, Kasadee Crabtree 3, Maloree

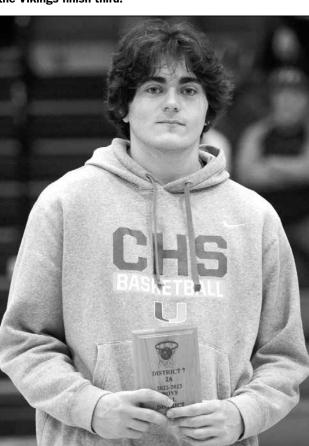
3-Point goals: Cascade (3): Rhodes 2 Carter; Grundy Co. (4): Painter 2, J.

McDaniel, Smartt Halftime score: Cascade 24, Grundy Co.

Vikings stop Rockets, take 3rd in 7-AA



Maki Fleming, after playing in just his second game of the season after weathering a lingering football injury, was named to the All-Tournament team for his efforts in helping



the Vikings finish third.

By CHRIS SIERS sports@t-g.com

CHAPEL HILL All season long, Community Vikings have struggled to crash the boards consistently and limit opponents' secondchance shot opportunities and all season long, Viking coach Robbie Davis has wanted his team to be more aggressive in tracking down missed shots.

There's no time like the present to turn the corner.

On Tuesday night, the Vikings utilized a stellar effort off the glass to limit the Forrest Rockets' scoring opportunities and fought off a furious, second-half rally to win the District 7-AA consolation game, 48-42.

"It's been our struggle all year long—the rebounding part. Rebounding is just mentality—going rebounding and wanting to go rebound. Tonight, we did. For the first time all year, for four quarters, we rebounded misses. We gave up a few second-chance points, but not like we had been. That's the reason we were able to get out to a lead because we were able to limit them to one and done," Davis said.

Davis couldn't have asked for a better defensive start, or a better start off the glass after holding the Rockets to just five firstquarter points.

The Vikings were also rather selective on their shots taken and despite a scoreless three minutes to start that saw both teams kiss every inch of the rim on three-point attempts, the Vikings knocked down the first basket of the game on a baseline jumper by Ramone Hernandez with 4:21 left in the frame.

The return of junior Maki Fleming can't be overvalued as his addition to the roster, after sitting for much of the season nursing a knee injury, made



T-G Photos by Chris Siers Cole Crockett makes a strong move to the basket and scores off the block. He had 10

Senior Jacob Flannagan was named to the regular season All-District 7-AA team.

➤ See Vikes, Page 4C points against Forrest in Tuesday night's consolation game.

SPORTS Saturday, February 25, 2023 4C SHELBYVILLE TIMES-GAZETTE

Vikes

(Continued from Page 3C)

impact felt in just his second game played this season.

By putting Fleming back on the floor, the Rockets' defense had to pay him closer attention, which freed up the Viking attack off the block.

"Having Maki back, you can't put that into words. This is Game 2 that he's been back. The first game was a little rough, but the offense flowed a whole lot better tonight. We've had a few more practices with him in the group. You've got to come out and guard him and sometimes put two guys on him," Davis said.

In addition to drawing additional defenders to him, Fleming also made his impact felt in the scoring column, knocking down timely shots.

With the Vikings crashing the boards, it was Landon Lovvorn who gave Community a nice

cushion heading into the half after back-to-back three-pointers in the final two minutes. Forrest did get a basket with 1:33 left in the second to cut the Community lead to 11 points at

age more of a first-half comeback But that all changed in the third quarter as the Rockets caught fire from the perimeter and at one point, scored 12-straight points from the arc, highlighted by a trey that knotted the game at 29

courtesy of Bray McCown.

Community answered on a free throw by Jason Cullen and a jumper by Hernandez with 1:05 to go, but Rocket senior Davin Porter swished the nylon for the Rockets' fifth three-pointer of the quarter as time expired to tie the game for a second time at 32 heading to the fourth quarter.

Forrest went on to tie the game one more time at 40 on yet another three-pointer, this time coming courtesy of Jimmy Bond, with 2:20 to go, prompting a timeout by Davis.

As with each time the Rockets had tied the game, Community's growth and maturation flared, allowing Community to answer the Rockets' push for the lead.

Forrest never led in Tuesday's consolation game.

"It's a huge growth with just the experience in an atmosphere like this. It's only going to help us going down the road," Davis said. Following the timeout,

Community answered on an 8-0 run over the following two minutes to stretch its lead to eight

Ryan Meglis ended the run with a basket with 23 seconds

In the closing seconds, things got interesting as the vikings turned the ball over, giving the Rockets multiple looks at three, but it was Fleming who hauled in the rebound in the final seconds that effectively ended the threat and allowed the Vikings to secure third in the tournament.

Forrest shot the lights out from the arc and made nine treys in the game, while Community was much more timely in its shots from the perimeter and connected on four.

The combination of Fleming on the floor freed up Cole Crockett and Jacob Flannagan in the low post and the pair combined for 16 points.

Lovvorn and Fleming both scored 11 points to lead the Purple and Gold, while Meglis led all scorers with 13 points.

The road doesn't get any easier for the Vikings, who now must hit the road in region play to keep their season alive.

But there's precedent for success for Community when finishing third in the district tourna-

Following an upset in the District 8-AA tournament by Whites Creek's 43-42 stunner over No. 2 seed Pearl Cohn, the Vikings will stay away from both the Firebirds and No. 1 ranked East Nashville, following Tuesday's win over the Rockets.

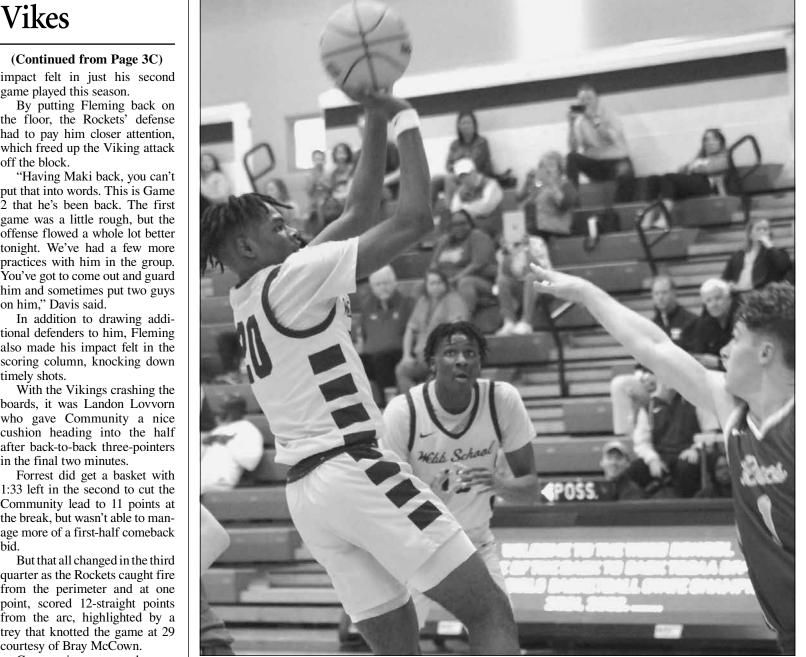
"Playing for third is huge. I

told the guys, two of my four substates we went to, we finished third in the district. It's all about matchups. You're coming off a win and the other team is coming off a loss. It's worked in our favor the two times that we've done it. Hopefully this will springboard us. Going to a different place and a different style of basketball its going to be a challenge for our

guys for sure," Davis said. The Vikings will begin region play on Saturday night at 7 p.m. at Whites Creek.

Community 11 15 6 16 — 48 Forrest 5 10 17 10 — 42 Community: Landon Lovvorn 11, Maki Fleming 11, Colliminity: Landroid Loworn 11, Mark Herning 11, Cole Crockett 10, Ramone Hernandez 7, Jacob Flannagan 6, Jason Cullen 3. Forrest: Ryan Meglis 13, Bray McCown 10, Davin Porter 9, Jimmy Bond 6, Mason Harper 4. 3-Point goals: Forrest (7): McCown 3, Porter 2, Bond 2; Community (4): Loworn 3, Fleming. Halftime score: Community 26, Forrest 15.

Community



Taveon Comage rises up for a mid range jump shot in the second half against Boyd-Buchanan. He played a defensive role in the win.

Feet advance in state opener; Olowoniyi reaches milestone

By WILL CARTER Sports Writer

BUCKLE Being battle-tested throughout the regular season can prove to be beneficial for a team once the postseason rolls around, and that was true for the Webb Feet on Wednesday night in the opening round of the TSSAA Division-II A State Tournament.

After entering halftime down 30-28 against Boyd-Buchanan, the Feet (21-11) battled back to take a seven point lead early in the third quarter and outlasted the Buccaneers (25-8) in the end for a 56-51 victory and a spot in the state quarterfinals.

"We've experienced these types of games all year long, and have been in those situations where we have to battle back for the win," Webb head coach Micah Williams said. "Our guys didn't panic because of that experience. They've shown a lot of maturity all year long and stepped up to make big plays."

Webb tied the game at 30-30 in the first minute of the third quarter when Hector Larsson found an opening in the paint for a layup, and Eli Brown followed it up with a threepointer and a layup of his own for a 7-0 run to force a Boyd timeout at the five minute and 19 second mark.

Less than a minute later, Taveon Comage knocked down a mid range jump shot to take a 37-30 lead. But Boyd answered

back with a big run of their own to take a 38-37 lead with under two minutes remaining in the quarter before Webb closed it out with a 43-41 advantage. It was a back-and-forth

contest for the majority of the final frame with both squads trading baskets and the lead a couple times until the final three minutes of the contest when Jax Howard was fouled on a made basket and knocked down the

forced a turnover and

ensuing free throw for an old-fashioned three point a lot more offensively play and a 48-47 lead. tonight," Williams said. On the following "He's going to draw a lot possession, the Feet of attention, so we told



Stephen Olowoniyi slams home a powerful dunk late in the win over the Buccaneers, and scored his 1000th career point in the contest.

pushed the ball up the floor in transition to Stephen Olowoniyi for an emphatic dunk and another three-point play as he was fouled on his way up.

With a four-point lead in hand, Webb fended off the Buccaneers over the remaining two minutes to secure the victory in front of their home Olowoniyi scored a

team-high 19 points for the Feet with 12 coming in the first half and reached the career milestone of 1000 points with his efforts.

The senior big man has been with the Feet for the last three years with Williams being at

the helm for the last two. "We were without our leading scorer in Arnett Hayes, so we wanted to go through Stephen

everyone else to be ready

to make a play when we needed it."

"It's extremely hard to score that many points in high school, and no one is more deserving. He works extremely hard, and loves getting better. Just as an overall player, he's done a tremendous job of being a gym rat and continuing to get better."

Lausanne Collegiate Lynx in the quarterfinals Much of the Feet's of the state tournament success in the second with a win securing them half came on the defena spot in the semifinals at sive end as they were able Tennessee Tech. to hold Boyd-Buchanan's Caden Johnson to only up and down the floor three points after he and play in transition, so dropped in 18 in the we're going to try to repfirst half. TComage and Eli Brown handled the assignment of picking up Johnson and the Buccaneers' guards for

attention to detail defen-

sively to try and make

it tough on them in the

second half," Williams

the full-length of the court to force the ball out of their hands throughout the final two quarters. "We focused on our

licate that in practice," Williams said. "We've seen a little bit of everything this season, so we just have to come out and execute the game plan."

said. "I felt like we gave

them too many open

looks in the first half.

He (Johnson) made some

tough shots, but our guys

did a really good job of

taking him away the rest

for the Feet is a trip to

Memphis to take on the

Next on the docket

"Lausanne likes to get

of the game."

Webb: Stephen Olowoniyi 19, Eli Brown 10, Taveon Comage 10, Joel Wyatt 6, Jax Howard 5, Hector Larsson 4, Justin Boyd: Caden Johnson 21, Jacob Shockloy 12, Ryan Lopez 11, Jaylon Moore 5, Eli Gardenhire 2. 3-point goals: Boyd (6): Johnson 3, Lopez 3.; Webb (3): Brown 2, Comage. Halftime score: Boyd 30, Webb 28

Tide star drawing taunts at games

COLUMBIA, S.C. (AP) - Alabama standout freshman Brandon Miller was in the starting lineup and had a career-high scoring game in a win over South Carolina on Wednesday night - one day after police said he delivered a gun ahead of a fatal shooting that took place near campus in mid-January, and hours after the university said he'd remain an "active member" of the No. 2-ranked Crimson Tide and is not considered a sus-

Alabama's support for the Miller, one of college basketball's top players, made little difference to Gamecock fans at Colonial Life Arena, who focused on the 6-foot-9 forward even before the Southeastern Conference game started. The crowd booed each time Miller touched the ball. Members of the student section chanted, "Lock him up," and "Guilty!" several times as Miller played.

Miller, who finished with 41 points, scored the decisive basket with 0.9 seconds left in OT as SEC-leading Alabama beat South Carolina 78-76.

The game capped an eventful few days for Miller, who authorities say is allegedly connected to the shooting death of 23-year-old Jamea Jonae Harris last month. Tuscaloosa Police investigator Brandon Culpepper testified this week that Miller brought a gun to now-former teammate Darius Miles on the night of the shooting after Miles texted him and asked

him to do so. Earlier Wednesday, an attorney for Miller said his client never handled the gun

officials say was involved. "Based on all the information that we have received, Brandon Miller is not considered a suspect in this case, only a cooperative witness," the university said in a statement released before Wednesday's game. "Today's statement from Brandon's lawyer adds additional context that the University considered as part of its review of the facts. Based on all the facts that we have gathered, Brandon remains an active

member of the team" Alabama coach Nate Oats acknowledged that some of his players may have let the past few days affect their game against South Carolina. But not

"He's one of the most mentally tough kids I've

ever coached," Oats said. Neither Miller nor other players were made available to the media after the game.

Miller was on the court about 80 minutes before tipoff, warming up with teammates before fans were allowed in the building. Once the doors opened, students filled several areas around the court and focused on Miller, who didn't react while continuing his pregame drills.

He started the game slowly, missing two wideopen 3-pointers, and the Crimson Tide found themselves in a battle against the Gamecocks, trailing 35-31 at the half. Miller warmed up near the end of the half, scoring on a 3-pointer and a pair of high-flying jams and accounting for almost half of his teams points. He finished the half with a team-high 15 points, three rebounds, a block and a It was a highly charged

atmosphere and at least two fans were led out of the arena by police as the South Carolina crowd cheered. Miller's attorney, Jim

Standridge, said his client never handled the gun owned by Miles, who prosecutors say is accused of providing his gun to Michael Davis, who fired it and killed Harris.

THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber









STANI ALEX LEE SAVIUK 2-25 CURTIS ® by Billingsley







JUDGE PARKER ® by Marciuliano-Manley





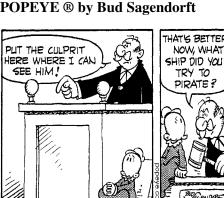




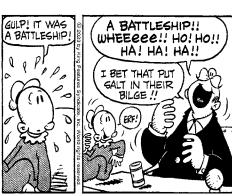












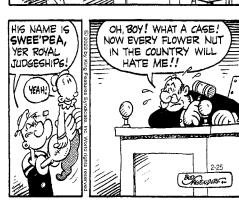




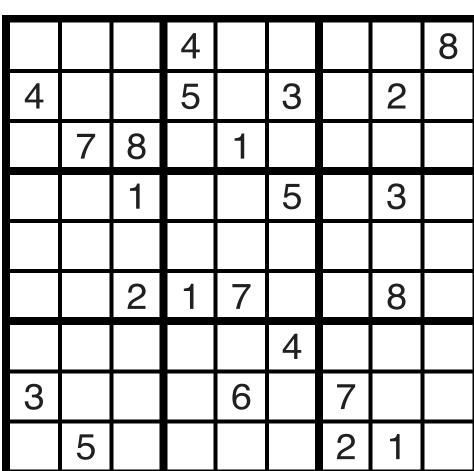








MOKU



Level: Advanced





ABCDEFGHIJKLMNOPQRSTUVWXYZ

Determine the code to reveal the answer!

Solve the code to discover words related to breakfast time. Each number corresponds to a letter. (Hint: 17 = A)

10 17 18 2 17 16 23 Α.

19 **19 22** В. **23**

Clue: From chickens

Clue: Flapjacks

17 20 22 17 19

14 17 22 7

Clue: Heated bread

Clue: Pork product

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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ANSWER

Answers: A. pancakes B. eggs C. sausage D. toasi

CLASSIFIEDS

TIMES-GAZETTE

Place an Ad - It's Easy!



Call 684-1200, To submit, change or cancel an ad. Monday - Friday 9 a.m. - 4 p.m.

Fax 684-3228, 24 hours a day,

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Electronically Submit your ad to classifieds@t-g.com include vour name, address and daytime phone number for verification.

Deadlines

Day Published

Tuesday and Saturday

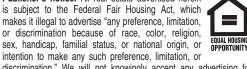
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Day Before at 11 a.m.

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makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or



discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

About Us

Business Hours: Monday - Friday 9 a.m. to 4 p.m.

Address/Telephone/Fax/Email

Mailing: PO Box 380, Shelbyville, TN 37162 Office: 323 E Depot St., Shelbyville, TN 37160 Telephone: 931-684-1200 ext. 104 Megan Kipker Fax: 931-684-3228 Web: www.t-g.com

Email: classifieds@t-g.com

Saturday, February 25, 2023

Payment in advance required for classified advertising. Cash, check or credit/debit



card accepted.

Advertisers are requested to check the first insertion of their ad for any error. The Shelbyville Times-Gazette will be responsible for only one incorrect insertion. Any error should be reported immediately so corrections can be made.

WANT TO BUY

WE BUY JUNK CARS & TRUCKS running or not we pick up & pay cash 931-619-5810

Always buying old sporting goods & sports related items, sports cards, non sports cards collections wax boxes & cases 931-492-4304

SERVICES

Land Cleared Dozer Work 615-906-4103

Odd Jobs One Call Does It All **Estimates** Scrap Metal, Appliances, Furniture, Etc. Call Daniel 931-800-9823

FOR SALE

Firewood For Sale 931-492-0322

For Sale - Remodeled House No Money Down 3BR, 2 Bath, Garage Call Karen 931-580-8074

BUSINESS OPPORTUNITY

Lay It Up Thrift Store End of Winter Sale 206 Madison St. \$1 Shirts/Blouses \$3 Jeans \$2 Tenny Shoes Now Through March 4th Always Giving Back to the Community!

HELP WANTED

PT/FT Seasonal Delivery **Drivers**

Wholesale Perennial Nursery Drivers need an 'F' endorsement on license Must be able to pass a DOT physical and a drug test.

Great driving record is a must. Hours are straight time.

Job requires lifting and bending. Apply in person: 3830 Nashville Highway Lewisburg, TN 37091 Call for hours

931-364-2850 rachel@cliffordsnurserv. com

BARGAINS

2 Xbox Controllers Marble Print & Money Print \$10 Each Avon Deep Recovery Creme New in Plastic, \$25 Avon Eye Lift Dual Eye System, \$15

3 Outdoor Citronella Basil & Thyme, 11 oz. Jar \$7 for All 7 Ft. Lavender Wisteria Silk Tree, In Box Planter

\$175 or Best Offer Leggings, Aprx. 30 Pairs Like New, \$2 Each Ivory Baker's Rack With Removable Cutting Board, Best Offer 2 Nebulizers

1 Used, 1 Only Been Used Twice, Make Offer Headboard & Bed Rail

Make Offer 3 Ultrasonic Aroma Humidifiers With Color Changing LED

Lights Brand New, Never Taken Out of Box

1 Wood, 2 White with Clear Middle Strip \$8 Each Collapsible Wheelchair, \$30

Set of 2:

BARGAINS

Headboards, Dressers w/ Mirrors, Night Stands, Tall Dressers w/ Six Drawers Great Condition, All for \$200 931-735-0685

PlayStation 2, \$150 10 Games, 2 Controllers Power Cable 931-607-9059

Blackstone Griddle 5 Burner, \$200 931-639-7245 Brand New Toddler Bed

With 4 Sheets, \$50 Toddler Girl's Western Boots Size 5-7T, \$10 931-703-5734

Public Notice

INVITATION TO BID Sealed bids will be

received by the Town of Bell Buckle, 8 Railroad Square, POB 276, Bell Buckle, Tennessee 37020. Bids will be received for the (1) Town Properties until 12 noon CST March 14, 2023, and will be received (2) for grounds maintenance at the Bell Buckle Park site, located on Peacock Street until 4 PM CST March 9. Bids specs may be picked up from Bell Buckle Town Hall on Mondays and Thursdays between

8am-4pm and Tuesdays, Wednesdays, and Fridays between 8am-12pm or via email request at Janet_Robinson@townofbellbuckle.com.

Bid pricing must be submitted with separate pricing for the two different projects. More information may be obtained by calling Bell Buckle Town Hall at 931-389-9513. Bids will be opened at 5:30 PM. on Thursday, March 9 for the Park and at 6 PM on Tuesday, March 14 for the Town properties. The Town of Bell Buckle reserves the right to reject any and/or all bids and to accept any bid, which, in its opinion, may be for the best inter-

est of the Town. It is the policy of The Town of Bell Buckle not to discriminate on the basis of race, color, national origin, age, sex or disability in its hiring and employment practices, or in admission to, access to, or operation of its programs, services and activities. With regard to all aspects of this contract, the agency/program/contractor certifies and warrants it will comply with this policy.

SUBSTITUTE TRUSTEE'S SALE Default having been

(Feb. 25, 2023)

NOTICE OF

made in the payment of the debts and obligations described in and secured by a certain Deed of Trust executed by Teri T. Farrar and Thomas P. Farrar, wife and husband to Andrew C. Rambo, as Trustee for Mortgage Electronic Registration Systems, Inc., as nominee for First Community Mortgage, Inc. its successor and assigns, recorded September 30. 2011 in Bedford County Register's Office at Book TD761, Page 623, as last assigned to JP Morgan Chase Bank, National Association, and the undersigned having been appointed Successor Trustee by instrument recorded in said Register's Office,

this is notice that the

undersigned will on

March 21, 2023 at

Public Notice

11:00am local time, at the Bedford County Courthouse 1 Public Square (Main Entrance), Shelbyville, Tennessee proceed to sell at public outcry to the highest and best bidder for cash the following property located in Bedford County,

Tennessee, which will

be sold to the highest call bidder subject to all unpaid taxes, assessments or easements. liens, zoning ordinances, restrictions, covenants and any security deeds, mortgages or deeds of trust superior to the Deed of Trust first set out above, any prior liens, and encumbrances of record. Described property is Lying and being in the

Seventh (7th) Civil District Being 60 ft. of center of Lot No. 27, North Addition of Shelbyville, Tennessee, as shown by plat of record in Deed Book 13, page 196, Register's Office of Bedford County, Tennessee.

Being the same property conveyed to Teri T. Farrar and husband, Thomas P. Farrar, by Deed from Carolyn Glover and husband, Carl D. Glover, dated September 30, 2011, of record in Deed Book 306, page 543, Register's Office of Bedford County, Tennessee.

Property Address: 411 Greenwood Avenue, Shelbyville, TN 37160 TAX ID: 078O-F-034.00 Current Owner(s) of Property: Teri T. Farrar and Thomas P. Farrar, wife and husband The street address of the above described property is believed to be 411 Greenwood Avenue, Shelbyville, TN 37160 but such address is not part of the legal description of the property sold herein and in the event of any discrepancy, the legal description in the

referenced Deed of Trust herein shall control. SALE IS SUBJECT TO TENANT(S) RIGHTS IN POSSESSION.

Other Interested Parties: None

All right of equity of redemption, statutory and otherwise, and homestead are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The right is reserved to cancel the sale or adjourn the sale to another day, time and place certain without further publication, upon announcement of the time and place for the sale set forth above. If you purchase the property at the foreclosure sale, the entire purchase price is due and payable at the conclusion of the auction in the form of certified bank check made pay-

able to Solomon Baggett, LLC Escrow Account. No personal checks will be accepted. You must bring sufficient funds to outbid the lender and any other bidders. Insufficient funds will not be accepted. Amounts received in

excess of the winning bid will be refunded to the successful purchaser at the time the foreclosure deed is delivered. This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. This sale may be rescinded by

IS ATTEMPTING TO

the Substitute Trustee at any time. THIS LAW FIRM IS PAGE 435 IN THE ACTING AS A DEBT REGISTER'S OFFICE OF BEDFORD COUNTY, COLLECTOR AND

Public Notice

COLLECT A DEBT. ANY INFORMATION **OBTAINED WILL BE USED FOR THAT** PURPOSE. Robert J. Solomon

Substitute Trustee

Solomon | Baggett, LLC

3763 Rogers Bridge Road Duluth, Georgia 30097 (678) 243-2515

Our File No. CMS.03342 (Feb. 11, 18, & 25, 2023)

Public Notice

The Shelbyville Municipal Airport Authority will meet in Regular Session on Thursday, March 2, 2023, at 12:00 PM at Shelbyville Municipal Airport Conference Room, 2828 Hwy 231 N. Shelbyville, TN. Any person wishing to view the Agenda may do so by contacting Paul Perry, Airport Director at the Shelbyville Municipal Airport.

Lisa Smith, City Recorder (Feb. 25, 2023)

NOTICE OF TRUSTEE'S **FORECLOSURE** SALE

Sale at public auction will be on April 11, 2023 at 12:00 p.m. local time at the usual and customary location at the main entrance to the Bedford County Courthouse, 1 Public Square, Shelbyville, TN 37160, pursuant to the Deed of Trust executed by Ryan B. Miller for the benefit of Mortgage Electronic Registration Systems, Inc., as nominee for Iberiabank, a Division of First Horizon Bank. dated October 14. 2020, of record in Book TD979 Page 572 in the Register of Deeds Office for Bedford County. Tennessee, ("Deed of Trust"), conducted by James E. Albertelli, P.A. d/b/a ALAW, a Florida corporation duly

authorized to conduct business in Tennessee. having been appointed Trustee, all of record in the Register of Deeds Office for Bedford County, Tennessee. Default in the performance of the covenants, terms, and conditions of said Deed of Trust has been made, and

the entire indebtedness has been declared due and payable. Party entitled to enforce the debt: Lakeview Loan Servicing, LLC Other Interested Parties: The hereinafter described real property located in Bedford County will

be sold to the highest call bidder subject to all unpaid taxes, prior liens and encumbrances of record: BEING LOT NO. 35 OF WEST MEADOWS

SUBDIVISION, SECTION II, A PLAT OF WHICH IS OF RECORD IN DEED BOOK 83, PAGE 347. REGISTER'S OFFICE OF BEDFORD COUNTY, TENNESSEE TO WHICH REFERENCE IS HEREBY MADE FOR

A MORE DETAILED **DESCRIPTION OF SAID** BEING THE SAME PROPERTY CONVEYED TO RYAN B. MILLER

FROM JOEY SIMMONS A MARRIED MAN AND JOSH SIMMONS, A MARRIED MAN BY WARRANTY DEED DATED 10/14/2020 AND RECORDED 10/15/2020 IN INSTRUMENT NO. 20008029, BOOK D360

TENNESSEE.

PUBLIC NOTICE

Street Address: The street address of the property is believed to be 201 Woodmont Dr., Shelbyville, TN 37160, but such address is not part of the legal description of the property. In the event of any discrepancy, the legal description herein shall control.

Map/Parcel Number: 079K C 007.00 000 Current owner(s) of the property: Ryan B. Miller This sale is subject to all matters shown on any applicable recorded Plat or Plan; and unpaid taxes and assessments: any restrictive covenants, easements or setback lines that may be applicable: rights of redemption, equity, statutory or otherwise, not otherwise waived in the Deed of trust, including right of redemption of any governmental agency, state or federal; and any and all prior deeds of trust, liens, dues, assessments, encumbrances, defects, adverse claims and other matters that may take priority over the deed of Trust upon which this foreclosure sale is conducted

this foreclosure sale. THE PROPERTY IS SOLD WITHOUT ANY REPRESENTATIONS OR WARRANTIES, EXPRESSED OR IMPLIED, RELATING TO TITLE, MARKETABILITY OF TITLE, POSSESSION QUIET ENJOYMENT OR THE LIKE AND FITNESS FOR A GENERAL OR PARTICULAR USE OR

or are not extinguished by

is believed to be good, but the undersigned will sell and convey only as Trustee. The right is reserved to adjourn the sale to another time certain or to another day, time, and place certain, without further publication upon

PURPOSE. The title

announcement on the day, time, and place of sale set forth above or any subsequent adjourned day, time, and place of sale. If you purchase the property at the foreclosure sale, the entire purchase price is due and payable at the conclusion of the

auction in the form of a certified check made payable to or endorsed to Albertelli Law Trust Account. No personal checks will be accepted. To this end, you must bring sufficient funds to outbid the Lender and any other bidders. Insufficient funds will not be accepted. Amounts received, in excess of the winning bid, will be refunded to the successful purchaser at

This property is being sold with the express reservation that the sale is subject to confirmation by the Lender or Trustee. This sale may be rescinded by the Trustee at any time. THIS IS AN ATTEMPT TO COLLECT A DEBT. AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT

deed is delivered.

PURPOSE James E. Albertelli, P.A. d/b/a ALAW. Trustee 401 Commerce Street, Suite 150 Nashville, TN 37219 PH: (615) 265-0835 FX: (615) 265-0836 File No.: 23-000153

(Feb. 18 & 25, Mar. 4, 2023) **NOTICE TO CREDITORS** Estate of Ralph E Pierce

Deceased

PUBLIC NOTICE Notice is hereby given that on January 30

of 2023, Letters of Administration in respect of the estate of **Ralph E Pierce** who died 1/18/2023 were issued to the undersigned by the **Bedford County Chancery** Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months

from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death. Date: 1/30/2023 Patricia Lynn Watkins & Lisa Pierce Victory, Co-Executors

Curt M. Cobb. Clerk & Master Megan K. Trott, Attorney (February 18 & 25, 2023)

NOTICE TO CREDITORS Estate of James E. Griggs Deceased Notice is hereby given

that on February 6 of 2023, Letters of Administration in respect of the estate of James E. Griggs who died 1/29/2023 were issued to the undersigned by the **Bedford County Chancery** Court of Bedford County. Tennessee. All persons, resident and non-resident. having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date

the time the foreclosure that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.

> Administratrix Curt M. Cobb, Clerk & Master John T. Bobo. Bobo, Hunt & White Attorney (February 18 & 25, 2023)

Date: 2/6/2023

Rita S. Briggs

Public Notice

The City of Shelbyville

Public Notice is seeking applicants for

the position of full-time Maintenance Laborer for the Public Works Dept. for all City cemetery locations. A valid Tennessee Driver's License is

required. Must be 18

years old to apply. Duties

include mowing, weed

eating, litter, and trash pickup, and ground main-This is a full-time position with an hourly rate of \$13.99, plus benefits. Applications and complete job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbyvilletn.org. Applications must be returned to City Hall Administration Office, 201 N. Spring St. or emailed to stacey. claxton@shelbyvilletn.org and will be accepted until position has been filled. The City of Shelbyville is an equal opportunity employer and a drug free

Applicants will be required to pass a physical, drug screen, and background check. Stacey Claxton, Human Resources Generalist

workplace. Successful

(Feb. 21, 25, & 28, 2023) **PUBLIC NOTICE**

The following vehicles will be sold at silent auction at Green's Towing and Recovery, 1713 Green Lane, Shelbyville, TN 37160 on March 7, 2023 at 9:00 a.m. Liable for towing and storage. 2015 Ford Focus VIN# 1FADP3F28FL343191 2000 Honda Accord VIN# 1HGCG5658YA158926 1996 Tovota Corolla VIN# 1NXBB02EXTZ355892 2006 Chevrolet Cobalt VIN#

1G1AL55F067605215 2003 Cadillac Deville VIN# 1G6KD54Y63U244195 (Feb. 25, 2023)

PUBLIC NOTICE The following vehicles will be sold on March 7th at 8am, 2686 Hwy 41A North, Shelbyville, TN 37160 to satisfy towing and storage charges. 2005 HONDA CIVIC VIN# 2HGES16555H570718 2010 JEEP PATRIOT VIN# 1J4NF2GB3AD608672

2012 HONDA CIVIC VIN# 19XFB2F52CF020944 2012 HONDA ACCORD VIN# 1HGCP2F33CA222229 2011 FORD FUSION VIN#

3FAHP0JG4BR160059

2008 NISSAN ALTIMA

VIN#

1N4AL21E98N426548 2017 DODGE RAM 1500 VIN# 3C6JR6AG4HG701275 (Feb. 25, 2023)

NOTICE TO CREDITORS Estate of Barbara Joanne Laswell **Deceased** Notice is hereby given

that on February 10 of 2023, Letters of Administration in respect of the estate of Barbara Joanne Laswell who died 1/19/2023 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons

PUBLIC NOTICE resident and non-resident

having claims, matured

or unmatured, against the

estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors. if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or

> dent's date of death. Date: 2/10/2023 Dorine Hensel, Executrix Curt M. Cobb. Clerk & Master Megan K. Trott,

posting) as described in

(1)(A): or (2) Twelve (12)

months from the dece-

Attorney (February 25 & March 4,

2023) **NOTICE TO CREDITORS** Estate of

Peggy Ann Yancy

Deceased

Notice is hereby given that on February 9 of 2023. Letters of Administration in respect of the estate of **Peggy** Ann Yancy who died 5/23/2020 were issued to the undersigned by the **Bedford County Chancery** Court of Bedford County, Tennessee. All persons, resident and non-resident having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or

Debra Joyce Yancy Carney & Michael K. Yancy, Co-Executors Curt M. Cobb. Clerk & Master R. Clay Parker, Attorney (February 25 & March 4, 2023)

posting) as described in

(1)(A); or (2) Twelve (12)

months from the dece-

dent's date of death.

Date: 2/9/2023

114 Prince Street Owner: Ray Brow

A spring spread any bunny can create

(Culinary.net)

With spring in the air, it's the perfect time to invite guests over for a hopping party. It's also a great opportunity to tackle that dreadful spring cleaning and spruce up your living spaces with vibrant decor for visitors to enjoy alongside a delicious recipe.

With this sweet, colorful table arrangement, your whole family can get into the spring spirit. From festive utensils, a bright centerpiece and cute snacks, your spring setup can be fresh and fabulous.

It's simple to put together and easy on the budget. Pair it with appetizers or even a main dish for a full spring party spread that's sure to impress.

Find more springtime recipes at <u>Culinary.net</u>.

Chick Cheese Balls

Recipe adapted from Hallmark.com Yield: 10 chicks

package cream cheese

tablespoon garlic powder tablespoon Worcestershire sauce

lemon, juice only salt, to taste pepper, to taste

cup finely shredded cheddar cheese

whole black peppercorns

Using mixer, combine cream cheese, garlic powder, Worcestershire sauce and lemon juice. Add salt and pepper, to taste. Refrigerate mixture 1 hour.

Using fingers, form about 1 tablespoon of cream cheese mixture at a time into balls. Refrigerate 30 minutes on small baking sheet.

Before serving, roll each ball into shredded cheddar cheese to cover. Place each ball on round cracker.

Cut small triangles from carrots for beaks and feet. Press carrots onto cheese balls. Add peppercorns for eyes.

Carrot Utensils

Orange napkins green plastic silverware green ribbon

Lay napkins flat on table. Place one of each utensil in napkin facing top corner. Wrap napkin around utensils. Tie ribbon around middle of napkin. Place in bowl or basket on table.

Spring Table Centerpiece

Recipe adapted from Craftmorning.com

Jelly beans chocolate coated candy eggs marshmallow chicks fresh or fake flowers plastic or dyed eggs (optional)

Place medium bowl inside large dish. Pour jelly beans and chocolate coated candy eggs around bowl.

Add marshmallow chicks around dish on top of candies. Arrange fresh or fake flowers in center. Set on table as centerpiece. Place eggs around dish, if desired.









Baked bread to celebrate St. Patrick's Day

(Culinary.net)

Trom hearty stews to minty pies, St. Patrick's Day celebrations are all about enjoying the flavors of the holiday. Whether you're cooking up a full meal or simply serving appetizers, this Irish Potato Bread makes for a simple, tasty snack to feed your crowd. Find more celebratory

recipes at Culinary.net.

Irish Potato Bread 2 medium or large

- russet potatoes 1 egg egg white
 - 1/3 cup canola oil
- cup milk tablespoons green
- onion, minced teaspoon caraway
- 3 1/4 cups all-purpose flour, plus additional for

dusting and kneading

- 1 1/2 tablespoons baking powder
 - teaspoon salt Heat oven to 375 F.

Peel potatoes. Slice one potato and boil in saucepan 15 minutes, or until tender. Remove potato from saucepan into large bowl. Mash potato then set aside. Grate second potato

onto cloth. Wring potato in cloth to remove excess water. Add grated potato to mashed potato in large bowl. Add egg, egg white, oil, milk, onion, caraway seeds, 3 1/4 cups flour, baking powder and salt. Stir with wooden spoon until mixture is soft and sticky. Turn dough onto floured

surface. Adding flour as needed, knead dough to form 8-inch round shape with slight dome. Place

dough onto baking sheet



Irish Potato Bread

lined with parchment paper. Cut large "X" on top of dough about 1/2 inch deep.

Bake 55 minutes until golden brown. Cool on

wire rack 1 hour before serving.

MTSU professors find prison education programs reduce recidivism

High quality research on prison education and workforce programs shows a positive impact on recidivism rates, earnings and employment opportunities for participants, according to a recent press release from Middle Tennessee State University.

The Mackinac Center for Public Policy released a summary of this research — the largest meta-analysis on the topic to date. The complete analysis will be published in an academic journal later this year.

Middle Tennessee State University's Steven Sprick Schuster and Ben Stickle authored the report, working with the Political Economy Research Institute at MTSU. They are both professors at the university - Sprick Schuster in economics and Stickle in criminal justice administration.

They found in their review of published research that participating in a prison education program:

- Decreases the likelihood of recidi-
- vism by 14.8%. · Increases likelihood of employ-
- Increases quarterly wages for

employed ex-offenders by \$131.

This study is the first to calculate the impact of different prison education programs using only high-quality studies. We methodically reviewed 750 research papers published between 1980 and 2022 related to programs in the U.S.," says Stickle.

The United States has the world's

sixth highest prison population, with 5 in 1,000 people behind bars. The cost of incarcerating so many people is steep, with taxpayers spending an estimated \$182 billion a year to house prisoners, pay police, and provide for courts, health care and additional expenses.

Given that many prisoners are reoffenders, some states have turned to education and workforce training in an effort to reduce recidivism and prison

This meta-analysis compiled 148 results from 78 of the highest-quality research papers and studies. It used those estimates to evaluate the average effects prison educational programs have on prisoner recidivism, employment and wages. The findings are divided out by educational level, including adult basic education, high school and GED programs, vocational training, and college.

Sprick Schuster and Stickle also calculated the return on investment of these programs. They found that college education programs produce the





Dr. Ben Stickle

Dr. Steven Sprick Schuster

best benefit for participants, while work training provides the best return on investment from a taxpayer's perspective. The ROI for each program was positive and that does not include many indirect benefits of lowering recidivism rates, such as fewer victims of criminal behavior and other indirect costs of

"Giving former offenders a better chance of success upon reentry into society should be a priority. Unfortunately, very few inmates have the opportunity to take advantage of these programs," says Sprick Schuster.

Visit www.mackinac.org/s2023-01 to read the summary of the meta-analysis' findings.

About the Report Authors

- Steven Sprick Schuster, Ph.D., is an assistant professor of economics at Middle Tennessee State University and member of the Political Economy Research Institute. His research interests include economic history and political economy. His historical research studies the role of U.S. government institutions (especially the Post Office) in the late 19th and early 20th century, while his political economy research focuses on how voters respond to campaign messaging, information networks, and election structures.
- Ben Stickle, Ph.D., is an associate professor of criminal justice administration and PERI-affiliated scholar at Middle Tennessee State University. His research interests include policing, property crime and emerging crimes, such as package theft and crime in the sharing economy. Stickle's theoretical focus is crime opportunity and rational choice, specializing in qualitative methods. He is the author of "Metal Scrappers and Thieves" (Springer, 2017), co-editor of "Policing Behavior, Hiring, and Crime Fighting: An International View" (Routledge, 2021), editor of "Field Studies in Environmental

Webb names Adams as Alumni and **Development Director**

has named Leigh Adams as Director of Alumni and Development effective March 15. The announcement was made Feb. 17 in a message from Head of School Ken Cheeseman to the Webb community. "Leigh knows

exceptional independent schools from her own student career and as a professional in advancement office at one of the most successful advancement offices in the South," said Cheeseman. "She will bring those experiences and expertise to help us explore how we at Webb can be our best, advancing the cause of our mission for future generations of students and families."

Since 2016, Adams, a Nashville resident, has served as the Montgomery Bell Academy Associate Director of Alumni and Development and The MBA Fund. Prior to that position, she was Development and Events Manager of the Nashville Ballet from 2014-2016. She is a graduate of Norfolk Academy and also Sewanee: The University of the South, where she was awarded a Bachelor of Arts with a major in economics.

"It is a true privilege to be joining The Webb School, and I am grateful to Ken Cheeseman and the Board for this incredible



opportunity. I am honored and so excited to be a part of the Webb community, propel its mission forward, and help shape the future of the school," Adams said. "There is a lot to love about Webb — its beautiful campus, inspiring history, unparalleled reputation for top-tier academics and faculty, successful alumni, and students who appreciate the importance of hard work and demonstrating personal integrity in everything they do. I am deeply impressed with Webb's dedication to creating a welcoming, diverse, and familylike environment for its students."

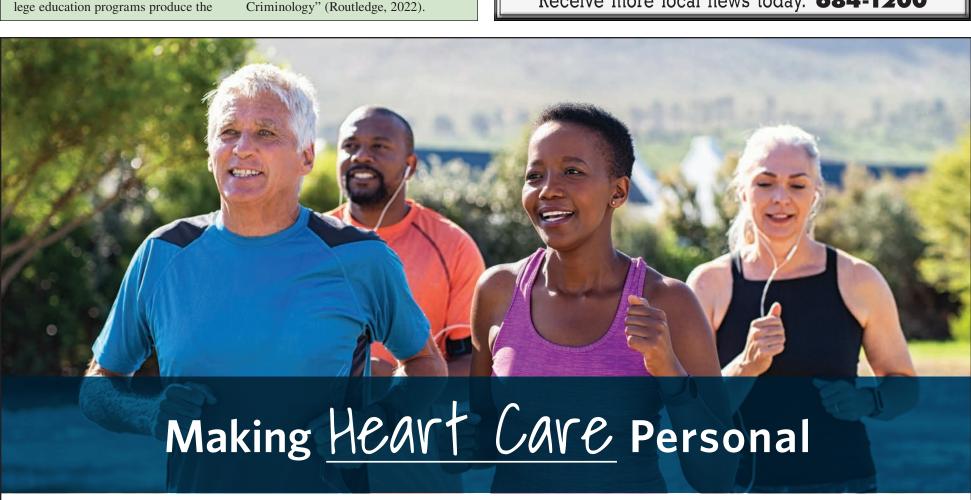
"Leigh will be an excellent partner to the leadership team, the Board of Trustees, and the Alumni Board in developing a compelling case of support for the people, programming, and building that are part of our Strategic noted. "I am confident that Jonathon Hawkins, associate director Alumni and Development, will complementary strong, partners. They bring different gifts and skill sets to the important work that we must accomplish for our students and faculty."

"Leigh is a dynamo. She is very personable, capable knowledgeable," said Gwen Owen, Webb Class of 1975, board of trustees member. "We are so fortunate to have her joining and leading our A&D team."

Chase Spurlock, Class of 2005, also a trustee, added, "I am thrilled to welcome Leigh and her family to Webb. Leigh's extensive development and fundraising experience, combined with her proven ability to drive success, makes her the perfect addition Webb's leadership team. Leigh's arrival comes at a pivotal moment in the school's history as we begin executing our new strategic plan and aspire to position Webb as one of the best small boarding and day schools in the country. Leigh is a team and community builder. I cannot wait for Webb alums, friends, parents, faculty, and staff to engage with her."

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