

SHELBYVILLE
TIMES-GAZETTE

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75 CENTS

TUESDAY, FEBRUARY 28, 2023

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Farm report

Local/5A



Wartrace alumni

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A PRIZE WINNING NEWSPAPER

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T-G Photo by David Melson

A Shelbyville firefighter watches Duck River for any sign of Christopher Richardson shortly after he drowned in Duck River on Thursday. Witnesses said Richardson hit his head while leaping from the old power plant building at right.

Drowning victim found after search

By **DAVID MELSON**
dmelson@t-g.com

The body of the man who drowned Thursday afternoon in Duck River at Fisherman's Park was recovered late Friday afternoon.

Christopher Lee Richardson, 50, of Shelbyville had last been seen at mid-afternoon Thursday when witnesses said he jumped off the old power plant building at the downtown dam. He was said to have hit his head as he landed in the water.

"There was a mark on his forehead consistent with him having hit his head," Detective Cody Swift of the Shelbyville Police Department said.

Richardson was found approximately 40 feet downriver from the dam, Swift said.

Authorities searched until sunset Thursday before resuming the search at 7 a.m. Friday.

Companion survives

A companion — who told a witness she

can't swim — survived the plunge.

Courtney Hicks was "extremely intoxicated," a report filed by Officer Laterra Holt of the Shelbyville Police Department said.

Richardson and Hicks climbed onto the concrete barrier near the millhouse, Shelbyville police and an eyewitness who pulled her to safety said.

"He was on the other side of the river at the old power plant," Anthony Merlo said. "He waved at us and all of a sudden he jumped in."

Another witness, Matthew Layne, told police the man spread his arms in the form of a 'T,' appeared to lose his footing while jumping, slipped, hit his head on the barrier and fell into the water.

"You could hear him hit his head," Merlo said.

Richardson disappeared under the water at that point and didn't resurface. Merlo was preoccupied with Hicks.

"She jumped right in behind him,"

▶ See **Drowning**, Page 2A

Tyson staff nurse had no license

Blair never passed nursing exam, gave officials fake papers

By **DAVID MELSON**
dmelson@t-g.com

The plant nurse at Tyson Foods' medical clinic for the past 15 years has been practicing without a license, Shelbyville police said Friday.

Records indicate Bobbie Gail Blair has been falsely claiming to be licensed, using the license number of a legitimately licensed LPN elsewhere in Tennessee, Detective Nathaniel Everhart said.

Blair, 49, of Philippi Road, is charged with 10 counts of impersonation of a medical professional and two counts of identity theft. She was indicted by a Bedford County grand jury Monday and arrested Friday. She was released on \$10,000 bond.

Records subpoenaed by Everhart show Blair, the wife of Tyson plant manager Andrew Blair, has treated more than 15,000 patients at the clinic.

"She was impersonating a Licensed Practical Nurse (LPN)," Everhart said. "You must have a license to practice medicine to be an LPN."

Long tenure

Blair graduated from the LPN program at Tennessee College of Applied Technology in McMinnville in 2007

and started at Tyson the following week, Everhart said.

She was not married to Andrew Blair at the time; the marriage occurred several years later. Andrew Blair showed no evidence of having known his wife does not have a nursing license.

Records obtained by Everhart from the Tennessee Board of Nursing showed Blair took, and failed, the NCLEX (National Council Licensure Exam) twice in 2007, and afterwards made no further attempts.

Each Tyson facility has an in-house medical clinic and is overseen by nursing staff at Tyson's corporate headquarters in Arkansas.

False license

The corporate nursing management had been provided forged documents including a fake license bearing Blair's name, Everhart said.

"The license on file was fake," Everhart said. "She forged it — we couldn't prove who actually forged it, her or someone on her behalf, but she was behind it."

A real license number belonging to two actual LPNs is printed on the fake license. Everhart was able

▶ See **Nurse**, Page 2A

AI vs. humans: We don't always finish on top

By **MATT O'BRIEN**
AP Technology Writer

Speed around a French village in the video game Gran Turismo and you might spot a Corvette behind you trying to catch your slipstream.

The technique of using the draft of an opponent's racecar to speed up and overtake them is one favored by skilled players of PlayStation's realistic racing game.

But this Corvette driver is not being controlled by a human — it's GT Sophy, a powerful artificial intelligence agent built by PlayStation-maker Sony.

Gran Turismo players have been competing against computer-generated racecars since the franchise launched in the 1990s, but the new AI driver that was unleashed last week on Gran Turismo 7 is smarter and faster because it's been trained using the latest AI methods.

"Gran Turismo had a built-in AI existing from the beginning of the game,

but it has a very narrow band of performance and it isn't very good," said Michael Spranger, chief operating officer of Sony AI. "It's very predictable. Once you get past a certain level, it doesn't really entice you anymore."

But now, he said, "this AI is going to put up a fight."

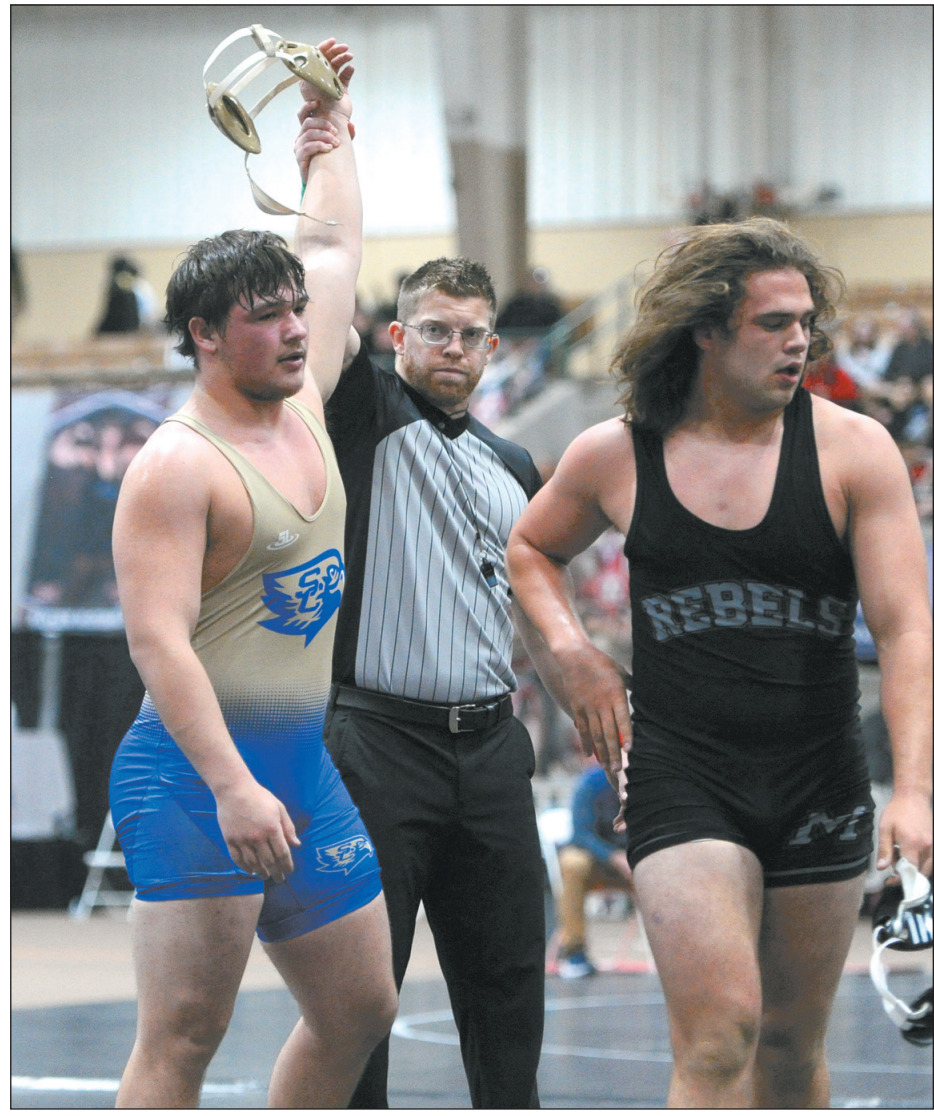
Smarter computers

Visit an artificial intelligence laboratory at universities and companies like Sony, Google, Meta, Microsoft and ChatGPT-maker OpenAI and it's not unusual to find AI agents like Sophy racing cars, slinging angry birds at pigs, fighting epic interstellar battles or helping human gamers build new Minecraft worlds -- all part of the job description for computer systems trying to learn how to get smarter in games.

But in some instances, they are also trying to

▶ See **Humans**, Page 2A

To the podium



T-G Photo by Chris Siers

Cascade's Logan McBee is awarded third-place in the Class 2A 220-pound state wrestling tournament on Saturday. More in Sports, 1B.

OBITUARIES

Joe McCall

February 26, 2023

Joe McCall, 79, of Unionville died on Sunday, February 26, 2023.

Funeral services will be 10 a.m. Wednesday, March 1 from the Chapel of Lawrence Funeral Home in Chapel Hill with Bro. Donnie Rader officiating. Interment will follow in Swanson Cemetery in Chapel Hill. Visitation will be 4-8 p.m. Tuesday.

OBITUARIES

Freda Elizabeth Curbow Alford

February 24, 2023

Freda Elizabeth Curbow Alford, 80, of Shelbyville died Friday, February 24, 2023.

Funeral services will be held 2 p.m. Friday, March 3, at Hillcrest Funeral Home, Rev. Jimmy Gray officiating. Burial will follow at Hillcrest Memorial Gardens. Visitation will begin at 11 a.m.

She was a native of Bedford County; retired owner/operator of Freda's Styling Salon; a school bus driver for the Bedford County school system and a member of the Baptist Church.

She was preceded in death by her parents, Velmer Leroy and Armintha Elizabeth Miller Curbow, her husband of 56 years, the

late William Avery Alford, brother, Howard Miller Curbow, and sister, Margie Rea Winn.

Freda is survived by her daughter, Tammy Elizabeth Ann Baker; granddaughters, Kortney Elizabeth Painter and Kayla Brooke Baker; great-grandsons, KingAjshaun Shaw, Zeyonte Green, Kaysen Scott Smith; sister, Emma Mae Armstrong; and several nieces and nephews.

Henrietta Crosslin

February 22, 2023

Mrs. Henrietta Crosslin, age 80, of Shelbyville, passed away Wednesday, February 22, 2023.

Funeral services were held Saturday, February 25, at Feldhaus Memorial Chapel. Burial followed in New Beechgrove Cemetery.

She was born July 23, 1942, in Bedford County, to the late William "Bill" Nelson and Nina Pauline Henry Nelson. She was retired from Glen Oaks as a CNA after 24 years of service.

In addition to her parents, she was preceded in death by a son, Danny Crosslin; brothers and sisters, Sister Mary Jo Egan, Thurston Egan, Virginia Ray, William "Bill" Nelson, Jr., Wilbert Nelson, and Glenn Nelson.

Survivors include two sons, Ronnie Crosslin, and his wife Cherry, and Ricky Crosslin, and his wife, Donna; three grandchildren, William Brandon Crosslin, and his wife Bailey, Nathan Crosslin, and Matthew Crosslin; brothers and sisters, David Nelson, Linda Fay Boyce, and her husband Larry, Margaret Baker, and her husband Joe, Helen Appraoui, Sue Riehl, and her husband Al, and Steve Nelson.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

Annie T. Sanders Harris

February 21, 2023

Annie T. Sanders Harris, age 90, of Shelbyville, passed from this life early Tuesday morning, February 21, 2023, under the care of hospice at Lynchburg Nursing Center with loved ones by her side after an extended illness.

Mrs. Harris was born on August 30, 1932, in Unionville to the late James F. and Tiny Hayes

Claxton Sanders. Along with her parents she was preceded in death by: husband of 39 years, Earl Gaitner Harris; sister, Pauline Woodson; brothers, Milton and Dale Sanders; and son-in-law, Richard John "Jack" Ross.

Annie was a 1951 graduate of Community High School and worked with Bobo & Tarpley, and Farm Service Agency (ASCS), retiring in 1996 after 34 years of employment. She was Methodist in faith having been a faithful member of Flat Creek United Methodist church since 1953. She was a loving and caring matriarch of her family, always preparing fabulous home cooked meals, and maintaining her home and property. She could often be seen outside her home mowing and weed eating; which she thoroughly enjoyed. She loved all of her family especially her grandchildren and great-grandchildren.

Survivors include: children, Andy (Pam) Harris of Shelbyville, Annette Ross of Alabama, Paulette (Robert) Arnold of Kentucky, and Sara (Jeff) Burris of Christiana; grandchildren, Edward (Sarah) Arnold, Andrea (Stephen) Sublett, Joshua Arnold, Andrew (Bailie) Harris, and Anna Burris, and 5 great-grandchildren.

The family would like to extend their gratitude towards: Lynchburg Nursing Center, Hospice Compassus and caregivers, Marsha Potts and Cindy Wright for all their love and care.

Funeral services will be held 1 p.m. Friday, February 24, 2023, in the chapel of Doak-Howell Funeral Home with Rev. Jim Sorrells officiating. Burial will follow at Rosebank Cemetery in the Flat Creek community. Visitation will begin at 11 a.m.

Memorial donations may be made to the Shelbyville-Bedford County Public Library, 220 S. Jefferson St. Shelbyville, TN 37160 or to Rosebank Cemetery, P.O. Box 1904, Shelbyville, TN 37162.

Doak-Howell Funeral Home is serving the family. www.doakhowellfuneralhome.com



DEATH NOTICES

David Bruce Wilson

February 26, 2023

David Bruce Wilson, 61, of Shelbyville died Sunday, February 26, 2023.

Funeral services will be 11 a.m. Thursday, March 2, at Hillcrest Funeral Home, Jeff Adcock officiating. Burial will follow at Hillcrest Memorial Gardens. Visitation will be Wednesday from 4-7 p.m.

He was born July 18, 1961 in Paramount, California. He was an independent contractor and truck driver. Bruce loved his family and was a father figure to many.

He was preceded in death by his father, K.L. Wilson; sister, Brenda Kay Wilson, and brother, Bart Wilson. Bruce is survived by his mother, Iva Dell Bevis Wilson; brother, Berry Wilson; step-sons, Ronnie Gann and Jason Gann; niece Diamondie Wiilson; and several grandchildren.



Humans

(Continued from Page 1)

learn how to get smarter in the real world. In a January paper, a University of Cambridge researcher who built an AI agent to control Pokémon characters argued it could "inspire all sorts of applications that require team management under conditions of extreme uncertainty, including managing a team of doctors, robots or employees in an ever-changing environment, like a pandemic-stricken region or a war zone."

And while that might sound like a kid making a case for playing three more hours of Pokémon Violet, the study of games has been used to advance AI research — and train computers to solve complex problems — since the mid-20th century.

Initially, AI was used on games like checkers and chess to test at winning strategy games. Now a new branch of research is more focused on performing open-ended tasks in complex worlds and interacting with humans, not just for the purpose of beating them.

"Reality is like a super-complicated game," said Nicholas Sarantinos, who authored the Pokémon paper and recently turned down a doctoral offer at Oxford University to start an AI company aiming to help corporate workplaces set up more collaborative teams.

In the web-based Pokémon Showdown battle simulator, Sarantinos developed an algorithm to analyze a team of six Pokémon — predicting how they would perform based on all the possible battle scenarios ahead of them and their comparative strengths and weaknesses.

Real-world tasks

Microsoft, which owns the popular Minecraft game franchise as well as the Xbox game system, has tasked AI agents with a variety of activities — from steering clear of lava to chopping trees and making furnaces. Researchers hope some of their learnings could eventually play a role in real-world technology, such as how to get a home robot to take on certain chores without having to program it to do so.

While it "goes without stating" that real humans behave quite differently from fictional video game creatures, "the core ideas can still be used," Sarantinos said. "If you use psychology tests, you can take this information to conclude how well they can work together."

Amy Hoover, an assistant professor of informatics at the New Jersey Institute of Technology who's built algorithms for the digital card game Hearthstone, said "there really is a reason for studying games" but it is not always easy to explain.

Nurse

(Continued from Page 1)

to contact one of the nurses, who came to Shelbyville police headquarters. That nurse said she didn't know Blair or anyone else from Shelbyville.

Blair's duties included

"People aren't always understanding that the point is about the optimization method rather than the game," she said.

Games also offer a useful testbed for AI — including for some real-world applications in robotics or health care — that's safer to try in a virtual world, said Vanessa Volz, an AI researcher at the Danish startup Modl.ai, which builds AI systems for game development.

But, she adds, "it can get overhyped."

"It's probably not going to be one big breakthrough and that everything is going to be shifted to the real world," Volz said.

Japanese electronics giant Sony launched its own AI research division in 2020 with entertainment in mind, but it's nonetheless attracted broader academic attention. Its research paper introducing Sophy last year made it on the cover of the prestigious science journal Nature, which said it could potentially have effects on other applications such as drones and self-driving vehicles.

Back story

The technology behind Sophy is based on an algorithmic method known as reinforcement learning, which trains the system by rewarding it when it gets something right as it runs virtual races thousands of times.

"The reward is going to tell you that, 'You're making progress. This is good,' or, 'You're off the track. Well, that's not good,'" Spranger said.

The world's best Gran Turismo players are still finishing ahead of Sophy at tournaments, but average players will find it hard to beat — and can adjust difficulty settings depending on how much they want to be challenged.

PlayStation players will only get to try racing against Sophy until March 31, on a limited number of circuits, so it can get some feedback and go back into testing. Peter Wurman, director of Sony AI America and project lead on GT Sophy, said it takes about two weeks for AI agents to train on 20 PlayStations.

"To get it spread throughout the whole game, it takes some more breakthroughs and some more time before we're ready for that," he said.

And to get it onto real streets or Formula One tracks? That could take a lot longer.

Self-driving car companies adopt similar machine-learning techniques, but "they don't hand over complete control of the car the way we are able to," Wurman said. "In a simulated world, there's nobody's life at risk. You know exactly the kinds of things you're going to see in the environment. There's no people crossing the road or anything like that."

treating minor cuts, bruises and burns, dispensing medication not requiring a prescription, and other types of minor ailments. "Basically anything not requiring a trip outside the plant," Everhart said.

No drugs, specifically opioids, were distributed by Blair, according to Everhart.

Drowning

(Continued from Page 1)

Merlo said. "She said she couldn't swim."

Helping hand

Merlo watched as Hicks disappeared — but she soon resurfaced.

"She popped up and got to yelling for help," Merlo

said.

Merlo went into the water after Hicks.

"I finally caught her down by the bridge," Merlo said.

Hicks was not seriously injured and at one point attempted to jump back into the water, Shelbyville police said. She was taken to Vanderbilt Bedford Hospital for treatment.



T-G Photos by David Melson

Rescue workers went into Duck River near the dam and used this inflatable device while searching for the body of Christopher Richardson.



'Dilbert,' creator lose distributor over racist remarks

By DAVID A. LIEB
Associated Press

"Dilbert" creator Scott Adams continued to see his reach shrink Monday as dozens of newspapers and a major comic strip platform said they would no longer publish his long-running office workplace comic strip over his recent racist remarks.

Newspaper readers around the country were greeted by notes from publishers — and, in at least one instance, a blank space — alerting them to outlets' decision to stop running the popular comic. Adams' fate was effectively sealed Sunday evening when "Dilbert" distributor Andrews McMeel Universal said it was severing ties to the cartoonist. By Monday morning, "Dilbert" was gone from the GoComics site, which also features many top comic strips like "Peanuts" and "Calvin and Hobbes."

In a Feb. 22 episode of his YouTube show, Adams described people who are Black as members of "a hate group" from which white people should "get away." Various media publishers across the U.S. denounced the comments as racist, hateful and discriminatory while saying they would no longer provide a platform for his work.

Readers of The Sun Chronicle in Attleboro, Massachusetts, found a blank space in Monday's edition where "Dilbert" would normally run. The paper said it would keep the space blank throughout March "as a reminder of the racism the pervades our society."

Newspapers ranging from the Los Angeles Times and The Washington Post to smaller papers like the the Santa Fe New Mexican and the Arkansas Democrat-Gazette have also said they would cease to publish "Dilbert." The strip, which lampoons office culture, first appeared in 1989.

"This is a decision based on the principles of this news organization and the community we serve," Cleveland Plain Dealer Editor Chris Quinn wrote. "We are not a home for those who espouse racism. We certainly do not want to provide them with financial support."

The Andrews McMeel Universal statement said the distributor supports free speech, but Adams' comments were not compatible with the core values of the company based in Kansas City, Missouri.

"We are proud to promote and share many different voices and perspectives. But we will never support any commentary rooted in discrimination or hate," the statement jointly signed by the chair and CEO said.

While Adams' strips are no longer on GoComics, he maintains an extensive archive on his own website. In a YouTube episode released Monday, Scott Adams said that new "Dilbert" strips will only be available on his subscription service on the Locals platform.

"They made a business decision, which I don't consider anything like censorship," he said of Andrews McMeel Universal, adding that his comments about Black people were hyperbole.

Adams had previously defended himself on social media against those whom he said "hate me and are canceling me." He also drew support from Twitter CEO Elon Musk, who tweeted that the media previously "was racist against non-white people, now they're racist against whites & Asians."

During the Feb. 22 episode of "Real Coffee with Scott Adams," he referenced a Rasmussen Reports survey that had asked whether people agreed with the statement "It's OK to be white." Most agreed, but Adams noted that 26% of Black respondents disagreed and others weren't sure.

The Anti-Defamation League says the phrase at the center of the question was popularized as a trolling campaign by members of 4chan — an anonymous and notorious message board — and began being used by some white supremacists. Rasmussen Reports is a conservative polling firm has used its Twitter account to endorse false and misleading claims about COVID-19 vaccines, elections and the Jan. 6, 2021 attack on the U.S. Capitol.

UNIVERSITIES ANNOUNCE DEAN'S LIST FOR FALL 2022

Several university students from Bedford County made Dean's List for the Fall of 2022. Dean's List recognition is earned by full-time students with a semester grade point average between 3.7 and 4.00 for Lee University, a 3.5 to 3.9 for UT Southern, a 3.5 or above for Austin Peay State University, Samford University, and Middle Tennessee State University. Congratulations to these distinguished scholars on earning this academic achievement. For more local Dean's List recipients, see the Times-Gazette Lifestyles section from Jan. 21.

Lee University

Bethany Bull of Shelbyville
Caroline Stone of Shelbyville
Madeline Padgett of Shelbyville
Seth Countess of Shelbyville

UT Southern

Rebekah Marshall, Bedford
Chelsea Boleyn, Bedford

Austin Peay

Lexi Bailey of Shelbyville
Zoe Huffman of Shelbyville
Andrew Rincon of Shelbyville

Samford University

William Taylor of Bell Buckle
Garrison Brothers of Bell Buckle

MTSU

Kyler Parker of Normandy, who's majoring in Journalism
Dylan Estes of Bell Buckle, who's majoring in Political Science
Hannah Campbell of Shelbyville, who's majoring in Accounting
Candace Herman of Bell Buckle, who's majoring in Animal Science
Elijah Arnold of Wartrace, who's majoring in Concrete Industry Management
Hannah Bailey of Shelbyville, who's majoring in Art
Emma Bentley of Shelbyville, who's majoring in English
Cierra Bryant of Shelbyville, who's majoring in Academic Focus
Kylie Calvert of Wartrace, who's majoring in Family & Consumer Studies
Kailei Davis of Shelbyville, who's majoring in Nursing
William Derickson of Wartrace, who's majoring in Recording Industry
Nathan Dunkle of Lewisburg, who's majoring in Biology
Hollister Engle of Shelbyville, who's majoring in Political Science
Ethan Estes of Bell Buckle, who's majoring in History
Natalie Evans of Bell Buckle, who's majoring in Science
Olivia Finchum of Shelbyville, who's majoring in Nutrition & Food Science
Madison Housch of Bell Buckle, who's majoring in Science
Angalee Leadingham of Beechgrove, who's majoring in Recording Industry
Jana Ledbetter of Shelbyville, who's majoring in Agribusiness
Benson Lin of Tullahoma, who's majoring in Nutrition & Food Science
Ezekiel Lopez of Shelbyville, who's majoring in Aerospace
Abrianna Lyons of Bell Buckle, who's majoring in Elementary Education
Cole McBee of Shelbyville, who's majoring in Exercise Science
Kaydence Meyer of Shelbyville, who's majoring in Leisure and Sport Management
Cason Neill of Shelbyville, who's majoring in Philosophy
Alex Ochoa of Shelbyville, who's majoring in Academic Focus
Keiluhn Pulis of Bell Buckle, who's majoring in Biology
Tierra Smotherman of Unionville, who's majoring in Chemistry
Abree Theriot of Bell Buckle, who's majoring in Nursing
Breanna Whitaker of Shelbyville, who's majoring in Mathematics
Stephen Aguilar of Bell Buckle, who's majoring in Information Systems
Meagan Barnett of Shelbyville, who's majoring in Elementary Education
Anabel Baty of Bell Buckle, who's majoring in Journalism
Haley Bobo of Shelbyville, who's majoring in Political Science
Zoie Bondurant of Shelbyville, who's majoring in Physical Education
John Bramlett of Shelbyville, who's majoring in Aerospace
Nicholas Bridges of Unionville, who's majoring in Computer Science
Benjamin Brooks of Shelbyville, who's majoring in Engineering Technology
Logan Brothers of Shelbyville, who's majoring in Elementary Education
Stephen Burnett of Shelbyville, who's majoring in Textiles Merchandising Design
Montana Burrahm of Shelbyville, who's majoring in Academic Focus
Carmen Calvert of Shelbyville, who's majoring in Elementary Education
Ethan Calvert of Wartrace, who's majoring in History
Mackenzie Canon of Shelbyville, who's majoring in Exercise Science
Brittani Cawthorn of Shelbyville, who's majoring in Aerospace
Shang Chen of Shelbyville, who's majoring in Computer Science
Isabella Cobb of Shelbyville, who's majoring in Marketing
Kennedy Cole of Shelbyville, who's majoring in English
Madalyn Crosslin of Shelbyville, who's majoring in Tourism & Hospitality Mgmt
Anna Dalton of Wartrace, who's majoring in Speech/Language Path & Audio
Lucas Davidson of Shelbyville, who's majoring in Commerce
Peyton Davis of Shelbyville, who's majoring in Philosophy
Estevan Delgado of Shelbyville, who's majoring in Information Systems
Jamie Eleczko of Shelbyville, who's majoring in Criminal Justice Admin
Luke Elrod of Unionville, who's majoring in Agribusiness
Eli Fek of Wartrace, who's majoring in Political Science
Jonathan Fernandez Cabrera of Shelbyville, who's majoring in Aerospace
Jayla Fitzgerald of Petersburg, who's majoring in Africana Studies
Samantha Fox of Shelbyville, who's majoring in Management
Michael Gill of Petersburg, who's majoring in Accounting

James Gilmore of Shelbyville, who's majoring in Video & Film Production
Carli Guess of Bell Buckle, who's majoring in Community & Public Health
Kimberly Harmon of Shelbyville, who's majoring in Management
Jackson Harris of Bell Buckle, who's majoring in Concrete Industry Management
Renee Harward of Bell Buckle, who's majoring in Foreign Languages*
Hannah Heflin of Shelbyville, who's majoring in Middle Level Education
Jewel Hewitt of Bell Buckle, who's majoring in Theatre
Aden Hoffmeister of Shelbyville, who's majoring in Video & Film Production
Rylee Hooker of Bell Buckle, who's majoring in Elementary Education
Emily Houle of Beechgrove, who's majoring in Biology
Abdifatah Ige of Shelbyville, who's majoring in Information Systems
Clinton Insell of Bell Buckle, who's majoring in Marketing
Jasmine January of Beechgrove, who's majoring in Music
Molly Jensen of Shelbyville, who's majoring in Business Administration
Ahilyn Juarez Vazquez of Shelbyville, who's majoring in Public Health
Lisbet Juarez Aparicio of Shelbyville, who's majoring in Psychology
Zachary Kent of Tullahoma, who's majoring in Computer Science
Joseph Key of Tullahoma, who's majoring in Psychology
Samuel Key of Tullahoma, who's majoring in Criminal Justice Admin
Emme Kikuchi of Shelbyville, who's majoring in Global Studies & Human Geog
Madison Layne of Shelbyville, who's majoring in Accounting
Bailey Ledbetter of Shelbyville, who's majoring in Business Administration
Sanders Lovvorn of Shelbyville, who's majoring in Physical Education
Kaitlyn Madeo of Shelbyville, who's majoring in Finance
Rebeca Mathad of Bell Buckle, who's majoring in Nutrition & Food Science
Samuel Mathis of Beechgrove, who's majoring in Animation
Siaani McClean of Shelbyville, who's majoring in Video & Film Production
Ta'Miya McCroskey of Shelbyville, who's majoring in Media Management
Houston Messick of Bell Buckle, who's majoring in Science
Bryan Mitchell of Unionville, who's majoring in Leisure and Sport Management
Mariah Moore of Wartrace, who's majoring in Theatre
Priscila Morales of Shelbyville, who's majoring in Elementary Education
Jonathan Nam of Bell Buckle, who's majoring in Aerospace
MacKenzie Nolan of Wartrace, who's majoring in Family & Consumer Studies
Steven Nickerson of Bell Buckle, who's majoring in Aerospace
Jonathan Padilla of Unionville, who's majoring in Computer Science
Christopher Parker of Bell Buckle, who's majoring in History
Rita Parker of Bell Buckle, who's majoring in Professional Studies
Boni Patel of Shelbyville, who's majoring in Marketing
Parth Patel of Wartrace, who's majoring in Biology
Jacob Price of Unionville, who's majoring in Physical Education
Connor Prim of Bell Buckle, who's majoring in Music
Jacob Pruitt of Shelbyville, who's majoring in Accounting
Laycee Raby of Shelbyville, who's majoring in Marketing
Joshua Rains of Shelbyville, who's majoring in Foreign Languages*
Gage Ralston of Shelbyville, who's majoring in Exercise Science
Reanna Richards of Bell Buckle, who's majoring in Elementary Education
Larisa Rincon Molina of Shelbyville, who's majoring in Video & Film Production
Isaac Rippy of Shelbyville, who's majoring in Biology
Anna Robison of Shelbyville, who's majoring in Psychology
PeJa Rowe of Shelbyville, who's majoring in Exercise Science
Kaylee Ruth of Shelbyville, who's majoring in Biology
Agapy Salah of Shelbyville, who's majoring in Psychology
Desiree Scott of Shelbyville, who's majoring in Art
Gwyneth Segroves of Shelbyville, who's majoring in Journalism
Deep Shah of Shelbyville, who's majoring in Computer Science
Christian Sharp of Shelbyville, who's majoring in Accounting
Ellen Simmons of Shelbyville, who's majoring in Horse Science
Elijah Smith of Bell Buckle, who's majoring in Concrete Industry Management
Javan Smith of Unionville, who's majoring in Liberal Arts
Cole Smotherman of Shelbyville, who's majoring in Anthropology
Fritzi Solis-Lagunes of Shelbyville, who's majoring in Accounting
Aaram Soto of Wartrace, who's majoring in Concrete Industry Management
Summer Stepp of Shelbyville, who's majoring in Art Education
Keeley Sutton of Wartrace, who's majoring in Elementary Education
Case Terry of Petersburg, who's majoring in Journalism
Macy Tramel of Shelbyville, who's majoring in Textiles Merchandising Design
Kylie Tran of Shelbyville, who's majoring in Professional Studies
Elizabeth Tucker of Shelbyville, who's majoring in Elementary Education
Whitney Ward of Shelbyville, who's majoring in Criminal Justice Admin
Cheyenne Williams of Shelbyville, who's majoring in Psychology
Morgan Williams of Shelbyville, who's majoring in Mathematics
Tonyara Wilson of Bell Buckle, who's majoring in Art
Savannah Woodard of Petersburg, who's majoring in Finance
Dylan Wooten of Shelbyville, who's majoring in Criminal Justice Admin
Lauren Wooten of Shelbyville, who's majoring in Marketing
Emily Yates of Bell Buckle, who's majoring in English

American Heart Month

How to Maintain a Healthy Heart

By **Ifeoluwa O. Okusanya, MBBS**

Dr. Okusanya is a cardiology specialist with Vanderbilt Integrated Cardiology and practices at Vanderbilt Bedford Hospital.



Ifeoluwa O. Okusanya, MBBS

This American Heart Month, it's time to turn our state's attention to keeping families and communities free from heart disease.

Heart disease is the leading cause of death in the United States—one person dies from it every 34 seconds. Tennessee has one of the highest rates of heart disease in the nation. More than 10% of the population reports having heart disease, and in 2020 nearly 18,000 Tennesseans died from an unhealthy heart. These staggering statistics remind us that we all need to prioritize our cardiovascular health.

Here are a few easy and essential tips to help maintain a healthy heart.

Address Your Risk Factors

Risk factors are traits and lifestyle habits that increase your chances of developing an unhealthy heart. So, it's essential to know them. The first step is to schedule an appointment with your primary care physician, who can help you decrease, control or prevent as many risk factors as you can. Your care team will review your medical and family history to help estimate your chance for heart issues. Some risk factors include age, sex, weight, high blood pressure and cholesterol, if you have diabetes or sleep apnea, and if you smoke.

Diet and Exercise

Obesity can lead to unhealthy cholesterol levels and an increased risk of heart disease. A healthy diet and exercise routine can help maintain a healthy weight which ultimately protects the heart and improves blood pressure and cholesterol. An individual should aim for 30 to 60 minutes a day of physical exercise. A diet rich in fruits, vegetables, whole grains, lean proteins and healthy fats is important to decrease the risk of developing heart disease. Make sure to avoid foods high in trans-fats, saturated fats and added sugar.

Establish Healthy Patterns Early

A heart-healthy lifestyle begins at a young age. Diet and exercise habits started in childhood can lead to a lifetime of health or a lifetime of heart damage. Many daily choices that children and teens make affect their heart disease risk. It's important to encourage your children and teens to make choices that will help protect their hearts. Healthy recommendations for children include getting 60 minutes of exercise a day, limiting screen time to only two hours per day and avoiding exposure to cigarette smoke.

Quit Smoking and Limit Alcohol Intake

Cigarette smokers are two to four times more likely to develop heart disease than nonsmokers and have double the stroke risk. Smoking increases the formation of plaque in blood vessels, and chemicals in cigarette smoke cause the blood to thicken and form clots inside veins and arteries. Studies have shown that within hours of quitting smoking, your cardiovascular system begins to improve. Excessive drinking can also lead to high blood pressure, heart failure or stroke. If you choose to drink alcohol, stick to moderate levels of drinking, and don't overdo it.

Take your health to heart this February. Each step you make in the right direction will reduce your risk of heart disease and improve your overall health.

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AG NOTES

By **JOHN TEAGUE**
 UT/TSU Extension

BLACK VULTURES

These critters are destructive. While it is true they help clean up road-kill, they do more harm than many people know. They have killed many baby animals, especially calves, during the birth process. And they have also killed the defenseless mothers as well.

They are also destructive to roofing, electrical structures, and other structures. But there is a problem associated with their control.

They are protected under the Migratory Bird Treaty so it takes a special permit to take any of them legally. There is a move in Congress to help with legally removing them. I have been asked to receive complaints and send to the South-Central Tennessee Development Agency. You may send these to me by email to jteague1@utk.edu

Make a short and to the point statement about your black vulture problem. Remember, short and to the point. The congressional staff will not focus on a long message. They simply don't have the time. These will be compiled and sent to the various committees that can have effect on changes. The deadline for getting these messages to me is by the end of this week.

Also, this was in the Tennessee Cattlemen's Association Monday Memo last week, so this is an option. "SHARE YOUR EXPERIENCE: The National Cattlemen's Beef Association is working with members of Congress to address the issue of black vulture depredation. To support these efforts, they are asking for producers with first-hand experience with vulture depredation to share their stories and relevant photos with Sigrid Johannes in the NCBA Washington, D.C. office. Contact Sigrid Johannes: sjohannes@beef.org
 This is a good option in my opinion.

STILL TIME

I've mentioned my Basic Mater Beef Producer class before. I will be having this class at 6 p.m. on February 28, March 2, 6, 7, 9, 13, 14, and 16. This is a live in-person class designed for those who have never had any Master Beef Producers classes. We will cover reproduction, genetics, animal health, nutrition, marketing, grazing management, carcass quality, beef quality assurance, and other topics related to beef production. The class will be held here at the Extension office at 2105 Midland Road, beginning at 6 p.m. Contact me 684-5971 for class and registration details.

VIRTUAL MASTER BEEF PRODUCER

The Animal Science Department has announced a virtual program whereby producers can watch videos of previous sessions. Completing at least 7 of the 10 sessions will allow for Master Beef Producer certification and eligibility for the 50% cost-share level for the Tennessee Ag Enhancement Program.

I suggest that this is a good way to learn for home on your own pace. There is a master list of videos that indicate which module area is satisfied by that video. You may choose 7 videos from the master list of 52, then complete a survey to confirm completion.

Call or email me for these details. For those of you whose Master status has expired or who have never had this certification, contact me at 684-5971 or by email or come by the office to register.

FARMING FUNDAMENTALS

This is a good training for young or beginning farmers that will help qualify them for the Tennessee Ag Enhancement Program. It is a series of videos that cover some basic economic principles on line that was produced by the UT Ag Economic Department. Contact me for details and registration information.

MASTER COMMERCIAL POULTRY PRODUCER

The Tennessee Master Commercial Poultry Producer Program is a new educational program designed to improve the profitability and efficiency of commercial poultry producers. Completing the Program requirements for certification as a Master Commercial Poultry Producer qualifies producers to receive 50% cost share for the Tennessee Agricultural Enhancement Program (Application C).

All of the educational materials offered as part of the MCPP are offered as pre-recorded YouTube videos. The Program format was developed specifically for poultry producers to maintain farm biosecurity and maximize convenience.

A total of 16 credits are offered in topics areas including Farmstead Management & Maintenance, Production Environment/Litter Management, Biosecurity, Litter Land Application Management, Mortality Management, and Precision Livestock Farming.

Viewing videos and correctly answering review questions for 12 credits qualifies participant as Master Commercial Poultry Producers for a three-year period.

Contact me at 684-5971 or email me at jteague1@utk.edu for details and registration.

SPRING

Is it here? There are a lot of signs poking up here and there. Wild onions are growing in the lawns. I was asked the other day if people ate them, and I'm sure that our ancestors did, and they also were the origins of today's onions.

I've seen henbit, the purple flowering weed in lawns also. But I have to say it is kind of a welcome sight after a tough winter. And we'll be seeing the yellow weed in the pastures in a little while, known as wild buttercup. And there are thistles showing up.

There are things that can be done about these weeds, both the lawn and pasture versions. I can provide some information on how you might battle them.

But meanwhile, I'm going to enjoy the color and thoughts of spring.



LET SLEEPING DOGS (AND CATS) LIE

This cat finds a pot a perfect place to sleep, while a dog sleepily awakens as its photo is taken.

T-G Photos by Carol Spray



Meet the beet: Why this root vegetable should be on your plate

By **LAURA WILLIAMSON**
 AP/American Heart Association News

Meet the beet. Fans of "The Office" may know it as the mainstay of Schruete Farms. Others may have casually tossed them into conversation, remarking that someone has turned "beet red" from embarrassment.

While the crimson-colored vegetable has deep roots in American culture and colloquialisms, it rarely seems to make it onto the plate where it belongs.

That's because people just don't understand the beet, said Catherine Champagne, a professor of dietary assessment and nutritional counseling at Louisiana State University's Pennington Biomedical Research Center in Baton Rouge.

"You look at a beet and think, 'What can it do for me?' They actually have more benefits than you would think," she said.

Beets, or beetroot, are low in calories and high in phytonutrients, healthy compounds produced by plants. That shouldn't be a surprise given the vegetable's hallmark deep red shade, Champagne said.

"The first thing that comes to mind when I look at a beet is the color," she said. "The more color a vegetable or fruit has, the more phytonutrients it has. There's a lot to be said for that color."

Appreciation of the beet's medicinal properties dates back to the ancient Romans, who used it to

treat constipation, improve circulation, fight fevers and even considered it an aphrodisiac. But modern science has zeroed in on just what gives the beet its healing powers.

Beets are high in nitrates which research suggests improve cardiovascular health in several ways. Some studies show beetroot juice supplementation may lower blood pressure and increase blood flow. It increases oxygen uptake, lengthening the time it takes to become fatigued, which allows people to stay active longer.

Beets also contain antioxidants, compounds in foods that help repair DNA and maintain good cell health, and they have anti-inflammatory properties, reducing the risk for numerous chronic diseases. Because of this, the beet

is gaining popularity as a nutritional approach in managing cardiovascular disease and cancer.

Beets are low in fat and high in fiber. Half a cup of boiled beets contains 0.15 grams of fat and 1.7 grams of fiber, according to the U.S. Department of Agriculture. They are rich in vitamins C, A and K, which contribute to good bone health, along with several other B vitamins, which may protect against dementia and memory loss by improving blood flow to the brain.

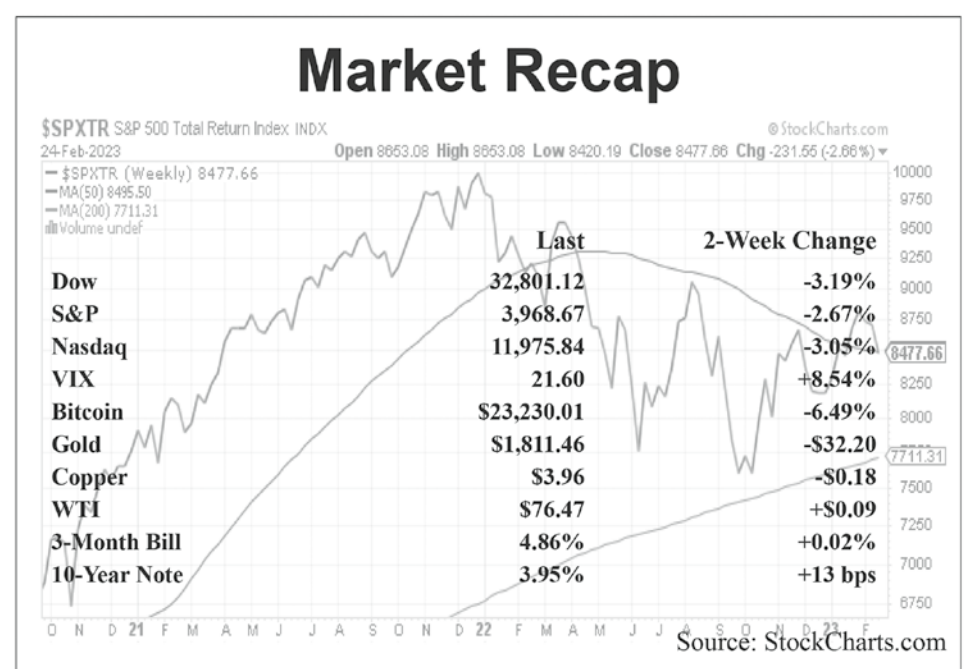
They also include high levels of folate (vitamin B9), important for healthy cell growth and red blood cell formation. A half-cup serving of boiled beets has 68 micrograms of folate, which provides 17% of the daily value of the vitamin. "That's significant when

you're talking about just one food," Champagne said.

But just how do you eat this hard lump of red roots?

Most studies on the health benefits of beets are based on drinking its juice, but beets also can be beneficial when consumed raw, in salads, boiled, baked, turned into chips or eaten dried. Beets can be pickled so they can be enjoyed year-round. Like the roots, the leaves can be eaten and contain high levels of vitamins A, K, C and E.

Champagne said she likes to roast beets in olive oil and spices, blend them into dips with yogurt and garlic or use them to brighten up coleslaw. She also boils them with onions and then chills them. "It's a refreshing taste."



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T-G Photos by David Melson

One side of the freshly repainted gym honors the Wartrace Panthers.

Alumni square off in Wartrace Gym battle



A banner honors former Wartrace mayor Thomas Hurt.

Fred Russell Gymnasium, at the site of the old Wartrace High School, was full of activity Saturday as Cascade High alumni competed against each other in a basketball game. It was one of the first events since the historic gym's remodeling.



Cascade High alumni took part in a basketball game Saturday.



The refurbished historic Fred Russell Gymnasium, home of the Wartrace Panthers before Wartrace and Bell Buckle's high schools consolidated into Cascade High. The Bell Buckle school burned in the 1970s.



The 1955-56 Wartrace High team is among several remembered with photos in the gym.



The interior of the freshened Wartrace gym.



Saturday's alumni game was a coed event with men and women competing.

CAR CLUB DONATION



T-G Photo by David Melson

Celebration City Car Club donates to charitable organizations in Bedford County including Middle Tennessee Spay & Neuter Clinic. From left are Car Club secretary Phyllis Clanton, MTSNC President Anita Epperson, club official Jerry Clanton, MTSNC Director Kimberly Warren and Car Club official Walt Begar.

CITY OVERVIEW



Photo by Mark McGee

Shelbyville Rotary Club members learned about plans for the city from Mayor Randy Carroll, left. At right is Club president Darin Hasty.

BEDFORD COUNTY YESTERYEARS

FEBRUARY 1903

BUTLER'S CREEK – Mr. W. P. Cooper of Shelbyville Bar, left Monday last for Henderson, Kentucky on a business trip.
UNIONVILLE – Rev. C. S. Gabard spent last Sunday night with Mr. Tom Floyd and family.
RAUS – Messrs. Charlie Wiseman and Landis Bobo spent the evening on the creek last Sunday.
MULES FOR SALE – I will have in a few days, a car load of three or four year old mules to exchange for fat mules, or I will sell them. J. S. Yoess.

FLAT CREEK – Prof. Alexander is preparing to open his school next Monday. Miss Zadie McGill will assist him.

FOR SALE – A good 6 horse Springfield engine and one well machine complete, with 2 new 6-inch bits, new belt, good rope, and all complete. Will sell cheap. Joe C. Green.

FEBRUARY 1928
BACK TO NORMAL
 The storm last week put

a good many telephone lines in the county out of commission. Our manager, Mr. O. C. Walker and his crew were busy several days.

FLAT CREEK – Mr. and Mrs. Carl Frost and children were guests of Mr. and Mrs. John Sone of Moore County.

SINGLETON – Mr. Hudie Fuller spent Saturday night with his uncle, Mr. Everette Coldwell of Shelbyville.

NOTICE – Hill's Store Opens Saturday. The local store will be in charge of T. A. Smith of Franklin.

SHIPMAN CREEK – Mr. and Mrs. Lee McNutt and children from Florida have been visiting Mrs. Gladys Jones.

WARTRACE – Mr. and Mrs. George have moved from the country and are occupying the E. L. Grubbs cottage.

FEBRUARY 1953
COOPERTOWN – Mr. and Mrs. Huston Blanton and Miss Ava Clardy were dinner guests of Mr. and Mrs. Jesse Blanton and

Melissa Edwards

Historian



daughter, Judy.

WHEEL – Mr. and Mrs. Jack Pickle and Charlene were Sunday dinner guests of their aunt Mrs. David Daughtrey of Shelbyville.

RAUS – Mrs. A. M. Stephens of Moody Street in Shelbyville is spending a few days this week with Mr. and Mrs. Elrie Brinkley.

REAL ESTATE – Robert M. Callahan, Clerk, to Emmett Darnell and William Clifford, property in 7th District.

HURRICANE GROVE – Mr. and Mrs. Robert Powell visited Mrs. Powell's parents in Tullahoma Monday.

NORMANDY – Mr. and Mrs. W. O. McMillan were guests of Mr. and Mrs. J. D. Callahan of Bedford on Sunday.

Winds shred Southern Plains; California to see more snow

By JOHN ANTCAZAK and SEAN MURPHY Associated Press

OKLAHOMA CITY (AP) — Parts of the Southern Plains counted the injured and surveyed the damage Monday after tornadoes and other powerful winds swept through, while some Michigan residents faced a fifth consecutive day without power following last week's ice storm.

In California, the National Weather Service said a series of winter storm systems will continue moving into the state through Wednesday after residents got a brief break from severe weather Sunday.

Parts of the Northeast that have seen little snow this winter were under a winter storm warning. And forecasters warned of continued high winds in parts of the Plains and of thunderstorms and possible tornadoes in the Ohio Valley.

A look at the weather threats around the country:

Tornado cleanup, forecast

Police in Norman, Oklahoma, responded Sunday night to storm damage in parts of the city, about 20 miles (32 kilometers) south of Oklahoma City. Officials said there were 12 confirmed weather-related injuries there, none considered critical.

Crews canvassed the damaged area looking for others who might be injured. Possible tornadoes and wind gusts as high as 90 mph were reported in Oklahoma, with downed trees and power lines, road closures, and damage to homes and businesses around Norman, Shawnee and Cheyenne. Classes were canceled Monday at two damaged elementary schools, said

Norman Police Chief Kevin Foster.

Frances Tabler, of Norman, told KOCO-TV that she suffered a small cut on her head when a storm hit her home, tearing off much of its roof and sending debris flying. She said it was a miracle her children weren't hurt, although her daughter was trapped for awhile in a bedroom.

"I could hear the wind coming. All of a sudden all the back windows, where the kids bedrooms are, I could hear them just crashing, busting out. And I got up, and then the wind just threw me back, and I'm screaming," Tabler told KOCO. "It was just like a blizzard in the house with all the debris flying. I was screaming for my kids."

The line of quick-moving thunderstorms that produced a swath of damaging wind gusts across multiple states likely qualified the event as a derecho, although that's not an official designation, said Nolan Meister, a meteorologist with the National Weather Service.

Meister said a wind gust of 114 mph was recorded in Texas, with gusts between 70 and 90 mph in central Oklahoma.

"It hit real hard in about 20 minutes and it was gone," said Cindy Woodard, city secretary in the Texas Panhandle city of Memphis, about 90 miles (140 kilometers) southeast of Amarillo, where the 114 mph gust was recorded.

There were broken windows, toppled trees and blown-over carports but no reports of injuries, Woodard said.

More than 76,000 customers lost power in Oklahoma at the height of the storm Sunday night, although most had it restored by Monday morn-

ing. Oklahoma's Office of Emergency Management reported.

A tornado touched down Sunday near Liberal, Kansas, the weather service said, and more than a dozen homes were reported damaged, according to KSNW-TV. One person had minor injuries, the station said.

There were reports of nine tornadoes in Kansas, Oklahoma and northwestern Texas, said Bob Oravec, a lead forecaster for the weather service.

Blizzard conditions

Blizzard warnings began going into effect Monday in the Sierra Nevada range as more rounds of rain and snow entered California from the north and moved south.

The new series of storms arrived even as parts of the state were still digging out from last week's powerful storm, which added to a massive snowpack left by a siege of "atmospheric rivers" in December and January.

In the Sierra, Yosemite National Park announced it would be closed until mid-week, and numerous roads were closed in Sequoia National Park. Trans-Sierra highways were subject to closures and chain requirements.

East of Los Angeles, all roads leading up to San Bernardino Mountain resort communities around Big Bear Lake remained closed because of last week's huge snowfall. One route leading down to the Mojave Desert was open only to downhill traffic. In the San Gabriel Mountains, roads remained closed to the Mountain High resort, where the storm dumped 7 3/4 feet (2 1/2 meters) of snow.

By DAVID MELSON dmelson@t-g.com

A man who allegedly threatened to grab a child from a vehicle was charged with disorderly conduct Thursday.

Witnesses told Shelbyville police Jasper Lucas Pablo, 18, of Center Street approached a couple leaving Chili's, North Main Street, around 7:30 p.m., and attempted to open a rear door near where a 1-year-old boy was in a car seat.

Lucas had arrived in Shelbyville around a week earlier from Guatemala and does not speak English well, Officer Gary Goodwin's report said.

The boy's mother said Lucas sounded like he was saying, "Let me get my boy" or something similar. She punched Pablo's hand at that point as several Chili's customers came to her help in response to yells, a Facebook post said.

Pablo, who turned 18 Thursday, was charged with disorderly conduct and held on \$2,500 bond.

Theft

Several unspecified items were taken from a shed in the 500 block of Big Springs Road, the Bedford County Sheriff's Office was told early Saturday.

Jail intake

The following were charged since Thursday by the Bedford County Sheriff's Office, Shelbyville Police Department, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts

•Jennifer Renee Baker, 46, Fosterville Road, Bell Buckle; driving on suspended license, texting while operating a motor vehicle; released on recognizance

•Kathryn Danielle Harden, 33, Cowan Avenue; failure to appear; held, no bond

•Teresa Vincente Leo, 57, Maplewood Drive; no driver's license/exhibited on demand, texting while operating a motor vehicle; released on recognizance

•Winston Chadrick McClain, 36, Belmont Avenue; failure to appear, violation of probation; held, no bond

•Michael Shane Mullins, 51, no fixed address, Shelbyville; violation of probation; held, \$5,000 bond

•James Paul Nowlin, 42, Baker Street; two bench warrants; held, no bond

•Jasper Pablo, 18, Center Steet; disorderly conduct; held, \$2,500 bond

•Abraham Perez Taperia, 21, King Arthur Court; driving on suspended license, running red

light/stop sign; released, \$1,000 bond

•Bobby Gail Blair, 49, Philippi Road, Wartrace; identity theft (two counts), impersonation of licensed professional (10 counts); released, \$10,000 bond

•Abel Nehemias Bravo Bautista, 30, West Lane Street; DUI, failure to maintain lane, no proof of insurance, open container law; released, \$3,500 bond

•Patricia Jo Farley, 39, Shelbyville Mills Road; failure to appear, leaving the scene of an accident; released on recognizance

•Olga Gaspar Francisco, 27, West Lane Street; child restraint law, financial responsibility, no driver's license/exhibited on demand; released, \$1,000 bond

•Stefanie A Gonzalez Lane, 39, Murfreesboro; driving on a suspended license, financial responsibility, light law; released on recognizance

•Jessica Leshae Gordon, 31, Kingston Corner; driving on a revoked license, light law; released, \$500 bond

•Christy Hall, 42, South Branch Court, Wartrace; failure to appear; released on recognizance

•Ezequiel Sanchez Hernandez, 26, Benley Street; public intoxication, reckless endangerment; no bond

•Benedicto Ixcoy-Herrera, 26, Ra Street; violation of probation; released, \$1,500 bond

•Quenisha Shanice Lentz, 28, Central Avenue; financial responsibility, no driver's license/exhibited on demand, window tinting; released on recognizance

•Epifanio Maldonado Hernandez, 21, Murfreesboro; driving on a revoked license, DUI, open container law, reckless endangerment; \$11,000 bond

•Amanda Masha Myers-Rodiaun, 40, Antioch, driver to exercise due care, DUI, driving while in possession of methamphetamine, financial responsibility, possession of schedule II drug, seatbelt law; \$14,500 bond

•Camilo Orozco Quinonez Jr., 27, Fort Circle, Wartrace; violation of bond condition; \$15,000 bond

•Kevin Lawrence Robinson, 35, Fayetteville; DUI; \$4,500 bond

•Roly Mardoque Sanchez Gabriel, 21, Bridlewood Drive; criminal impersonation, driving on a suspended license, light law; released, \$3,000 bond

•Albert Garland Schwendeman Jr., 18, Tullahoma Highway; driving on a suspended license, speeding; released on recognizance

•Andrew Dale Smith, 24, Virgil Crowell Road; bondsman surrender (two counts), capias, failure to appear, violation of order of protection; \$18,500 bond

•James Roy Smith-Freeman, 22, South Main Street; rape; released, \$50,000 bond

•Jack Harry Stevenson Jr., 55, Forrest Avenue; driving on a suspended license; released, \$2,500 bond

•Desmond Larell Teasley, 27, Enden Avenue; driving on a suspended license, speeding; released on recognizance

•Pablo Tom Tiquiram, 19, South Cannon Boulevard; financial responsibility, light law, no driver's license/exhibited on demand; released on recognizance

•Santos Taperia Velasquez, 19, East Cedar Street; child restraint law, failure to appear, improper registration, no driver's license/exhibited on demand; no bond

•Claudia Morales Velazquez, 22, Murfreesboro; public intoxication; reckless endangerment; \$3,500 bond

•Damien Xavier Walden, 19, Cottonwood Drive; light law, possession of drug paraphernalia; released on recognizance

•Janisha Warren, 29, Hazel Green, Ala.; driving on a suspended license, speeding; released on recognizance

•Shelly Lynn Weinsheimer, 49, Diane Drive; DUI; released, \$3,000 bond

•Mikayah Mikhel Wilson, 23, South Cannon Boulevard; simple possession; released on recognizance

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Anita Epperson, president of the clinic, enjoys spaghetti.



Commemorative bricks are being sold for the walkway to the clinic building on Union Street.

Spay & Neuter Clinic spaghetti fundraiser

A fundraising spaghetti lunch was held Sunday at Bedford County Agriculture Center for Middle Tennessee Spay & Neuter Clinic. Many items were available in a silent auction as well.

T-G Photos by David Melson



Attendees check out items being offered at a silent auction.

PROS TO KNOW

Email a question and look for the answer **Tuesdays** in the **Times-Gazette** or online at www.t-g.com/advertising
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Wes Trundle

Director of Marketing & Business Development
Heritage South Community Credit Union
February 28, 2023

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Melissa Carter, left, joins clinic director Kimberly Warren at the event.

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B
www.t-g.com/sports
Tuesday, February 28, 2023

McBee takes 3rd in state, Chapa 6th

By **CHRIS SIERS**
sports@t-g.com

FRANKLIN — Several county high school wrestlers participated in the Division I state wrestling tournament over the weekend.

Five county high school wrestlers, representing Cascade and Shelbyville Central High School qualified for the tournament, with two reaching the final day of competition.

Shelbyville Central's Logan McBee placed the highest among the five who qualified for the state tournament.

McBee battled his way in the consolation bracket to the third-place match and out-lasted Maryville's Peyton Cooper in the 220-pound weight division in a 5-2 decision to capture third in the Class 2A state tournament.

McBee went 4-1 in the tournament, with a hot start on Thursday in Day 1 of the tournament.

He beat Rossvie's Thomas Shipstead in a 17-3 major decision and followed by pinning Aiden Elmore of Franklin in 4:47.

His lone blemish in the tournament came in an 8-3 loss to Wilson Central's Noah Todd.

McBee rebounded with another major decision, coming in a 12-4 win over Hayden Nichols from Bradley Central to earn a spot in the third-place match.

Cascade's Isaac Chapa also participated on the final day of the tournament in the fifth-place match.

In an all-out war that spilled into several extra periods, Chapa came up just short of placing fifth in the 195-pound Class A bracket, falling in a 3-2 ultimate tie-breaker to Livingston Academy's John Geist.

In his second match against Aiden Howard of Pigeon Forge, Chapa came up short in a 7-4 decision and landed in the consolation bracket.

He followed by pinning Nathan Heathman of Sycamore in 2:18 before falling to Nathan Downey of Green Hill, which put Chapa in the match for fifth-place.

In addition to McBee qualifying for the state tournament, Shelbyville Central's Landon McCroskey participated in the Class 2A 152-pound division.

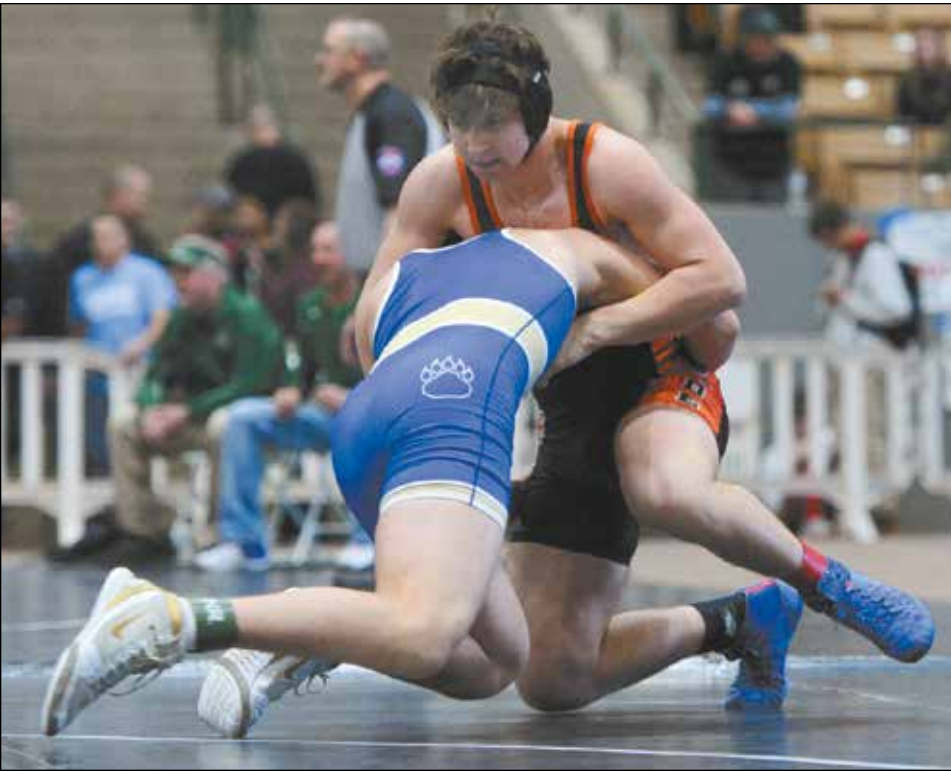
Cascade also saw Hayden Dowell and Vayden Moore reach the Class A state tournament as well in the 195 and 126-pound weight classes as well.

After Dowell dropped his opening match, he rebounded with a 12-10 decision over East Hamilton's Caleb Richardson before seeing his run in the tournament end in the third round of the consolation bracket.

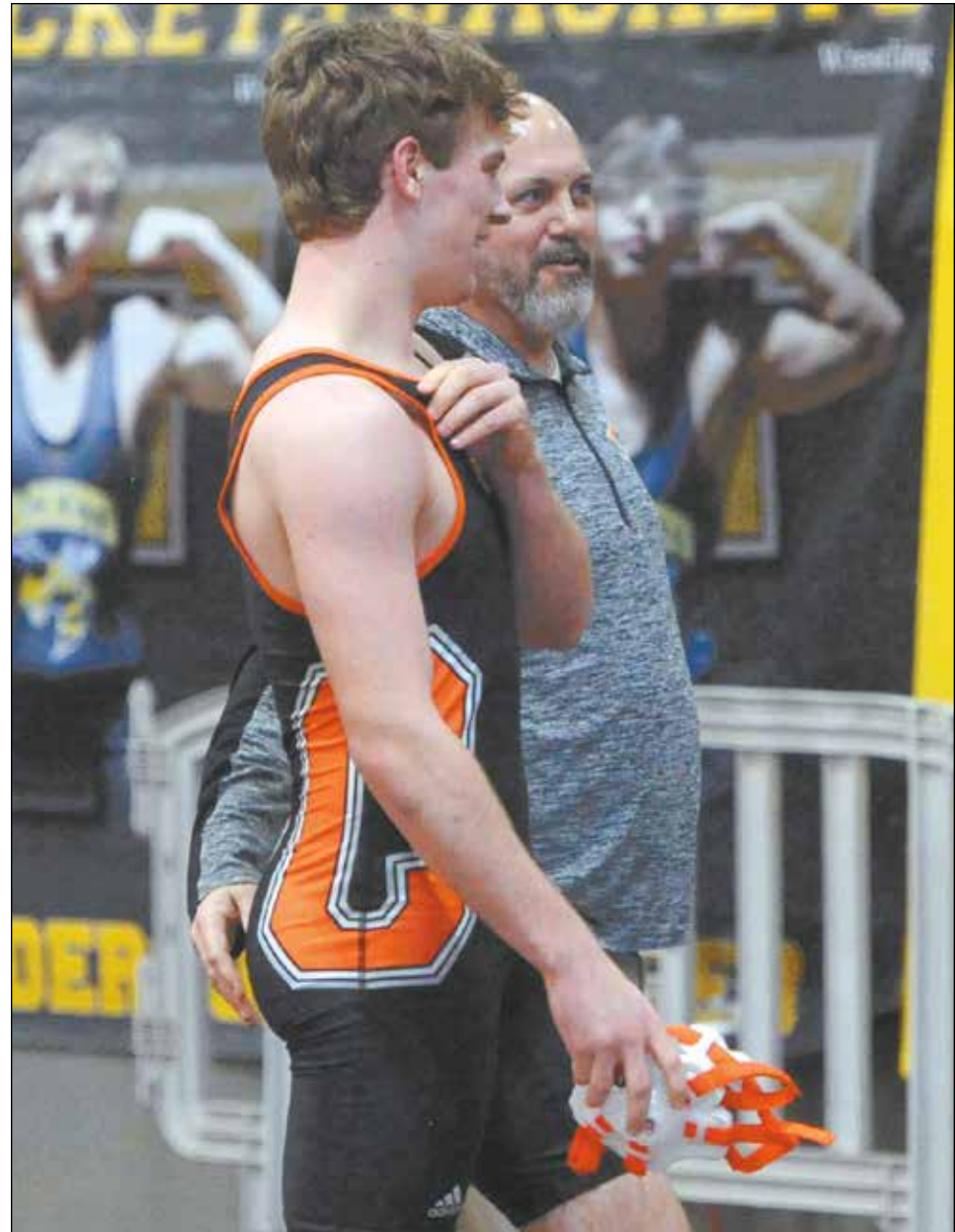


T-G Photos by Chris Siers

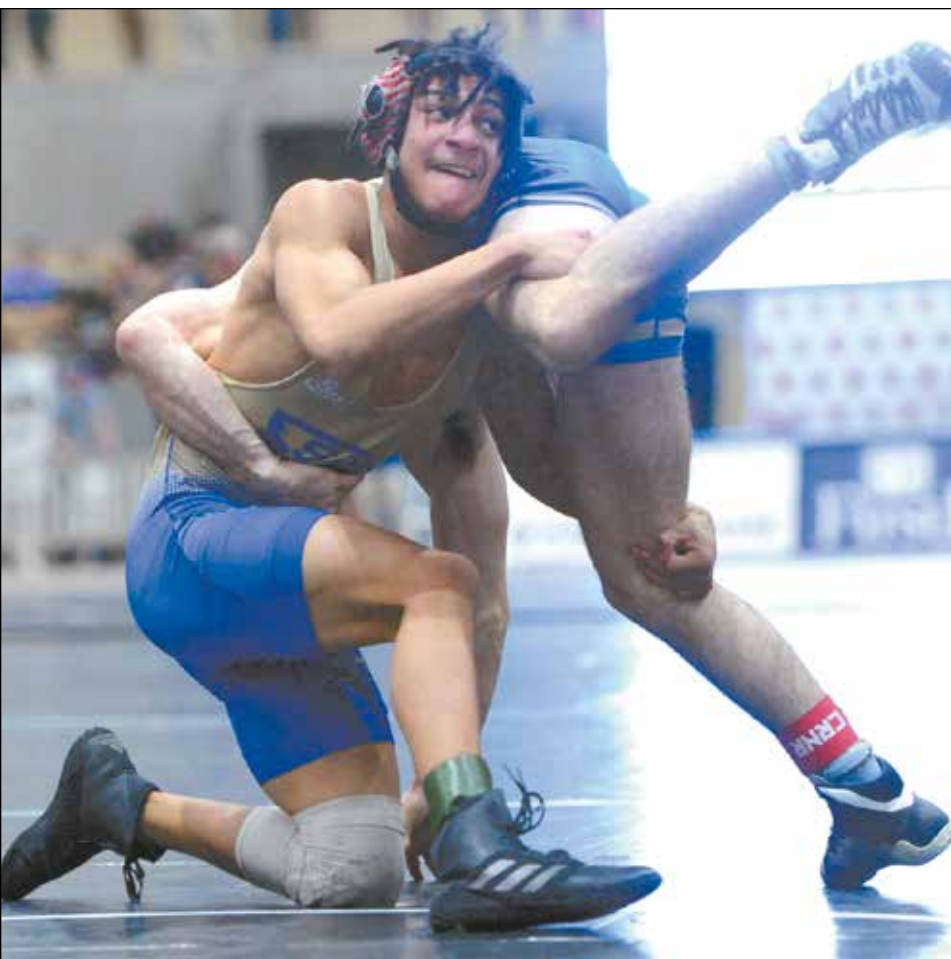
Logan McBee celebrates after he defeats Maryville's Peyton Cooper in the Class 2A 220-pound weight class match for third place. He won the match in a 5-2 decision.



Cascade's Isaac Chapa battles for position in the third period of the fifth-place match in the Class A 195-pound bracket.



ABOVE: Hayden Dowell regroups with Cascade coach Andy Giel after his first match in the 152-pound Class A bracket on Thursday.



LEFT: Landon McCroskey upends his opponent in the first match of the 152-pound Class 2A bracket on Thursday.

RIGHT: Vayden Moore stabilizes himself in his tournament opener in the 126-pound Class A bracket.



Champs keep rolling, claim region opener

By **WILL CARTER**
Sports Writer

BELL BUCKLE — The Cascade Champions (26-5) opened the Region 4-AA tournament with a strong 81-67 victory over the visiting LEAD Academy Panthers (5-19) as Lucas Clanton led the way with a game-high of 23 points while Isaac McElroy gave them a huge spark off the bench with 19 of his own.

Four total Champions reached double-digits on the night and accounted for 75 of Cascade's total on only one three-point make.

A large portion of Cascade's success came from running through their offense and moving the ball around until they found a crease in the defense for a shot inside or a chance at the free throw line after being fouled, and that was the game plan coming into the game for head coach Chris Lawson.

"We thought if we reversed the ball a few times and ran our offense, then we could get it in the middle for some shots inside," he said.

"If they did a good job of rotating on defense, then we could just kick it out for a shot. The majority of our open looks were from inside tonight."

Doing so put the Champions at the free throw line a total of 39 times throughout the night where they knocked down 28, with 11 coming in the fourth quarter and seven in the final two minutes. It wasn't always easy for the Champions though as LEAD Academy made it a battle early and later in

the third quarter to cut it to single digits.

After Cascade got out to a 5-2 lead over the first two minutes of the contest, the Panthers answered back with a 7-0 run to take a four point lead with just under four minutes to go.

The Champions regained the lead two minutes later after a pair of baskets from McElroy and an old-fashioned three-point play from Clanton to make it 12-9.

Clanton and Saebyn Burris closed the quarter with a pair of free throws each for a 16-12 advantage after one frame.

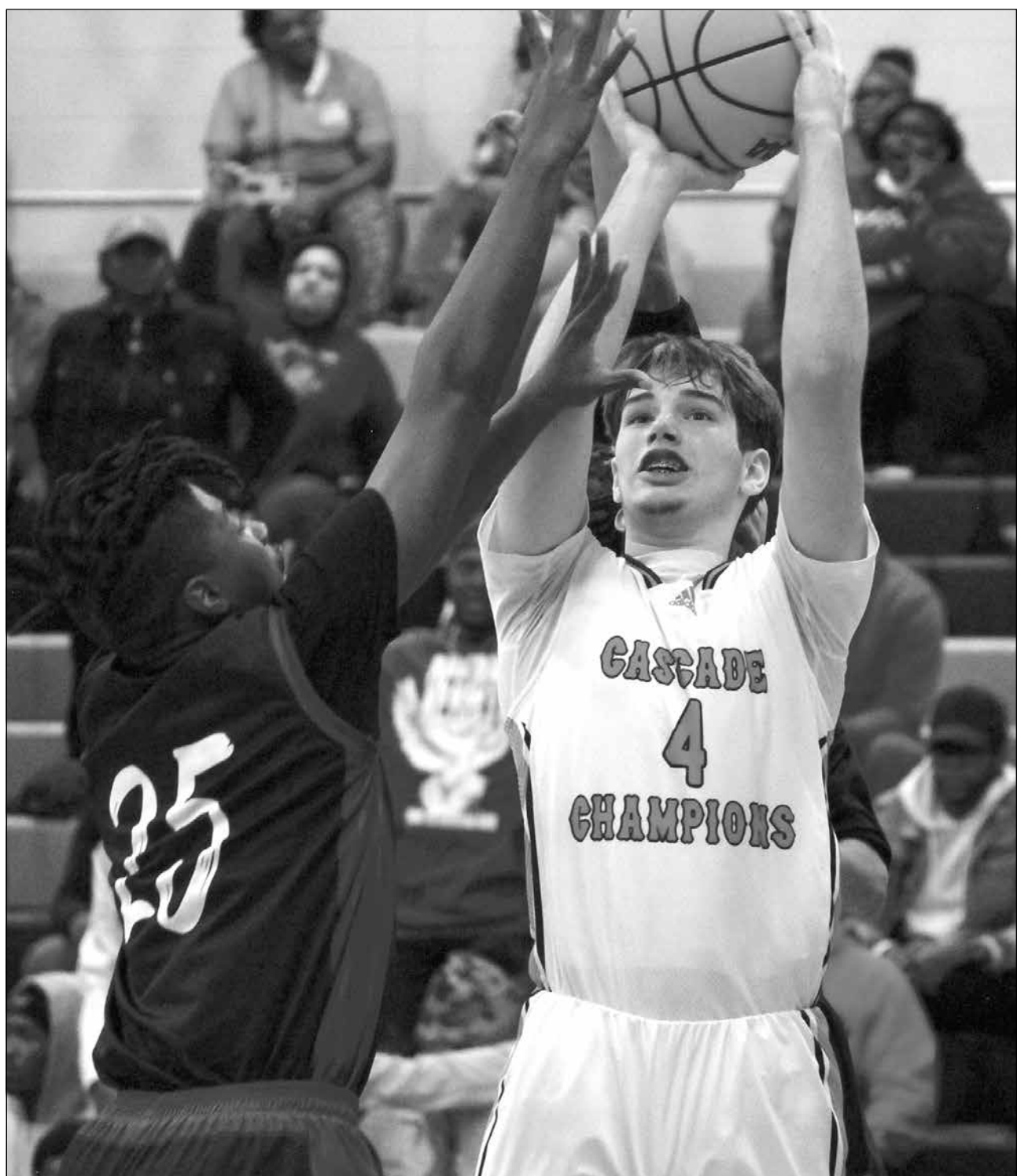
Burris added two more free throws to start the second quarter before LEAD cut their deficit to two points with back-to-back layups over the first minute of the second, but that was the closest it would be for the rest of the game.

Cascade went on a 12-0 run to take a 30-16 lead at the four minute and 41 second mark of the quarter, and after a Panthers' timeout, the Champions went on a 5-0 run for their largest lead of the game at 35-16.

Clanton and McElroy accounted for seven points each over that span.

"He's been huge for us off the bench," Lawson said. "Really what he brings is an inside presence, so it forces teams to focus more down there which opens up some things on the outside. He does a really good job of picking and choosing when to pass or score. The rest of the guys have found their rhythm with him out there."

The two squads traded baskets over the final two minutes of the sec-



T-G Photo by Will Carter

Isaac McElroy sparked the Champions with 19 points off the bench in the win over LEAD Academy.

ond frame, but LEAD was able to shave some points off their deficit with a pair of three-pointers from Brandon Fields and Kam'ron House.

Cascade held a 41-29 lead at the half.

The Panthers cut into Cascade's double-digit lead with a balanced attack over the first four minutes of the third quarter, but the Champions were able to

extend it back to a 12-point advantage until the final minute when LEAD closed out the frame on a 5-0 run to make it 55-50 going into the final eight minutes.

After a 11-2 run by the Champions to open the final frame, the Panthers cut their deficit down to single-digits two more times over the final two minutes of the game, but Cascade knocked down timely free

throws down the stretch to secure the win.

"Our guys are gonna play all the way to the end regardless of what the score or situation is," Lawson said. "We have to keep doing a good job of playing defense, rebounding, and making other teams guard us to keep winning."

The Champions will meet Whites Creek in the region semifinals at

Community High School on Tuesday night with tipoff set for 6 p.m.

Cascade 16 25 14 26 — 81
LEAD 12 17 21 17 — 67
Cascade: Lucas Clanton 23, Isaac McElroy 19, Thomas Gentry 17, Jackson Davis 16, Saebyn Burris 4, Jayden Gulick 2.
LEAD: Kam'ron House 16, A.J. Petway 16, Mohammuel Kamel 10, Darnell Seay 9, Brandon Fields 8, Russell Simmons 6, Balin Gaines Stevenson 2.
3-Point goals: LEAD (7): Fields 2, House 2, Petway, Seay, Simmons; Cascade (1): Gentry.
Halftime score: Cascade 41, LEAD 29.



T-G Photo by Rickey Clardy

Jacey Collier is surrounded by Whites Creek players and fouled. Collier connected on the resulting free throws.

Viqueens in cruise control to open region

By **RICKEY CLARDY**
Sports Writer

UNIONVILLE — The Community Viqueens jumped out to an 11-0 lead just two minutes into the game and never looked back as the Viqueens defeated the Whites Creek Lady Cobras 71-22 in a quarterfinal game of the Region 4-AA tournament Friday night.

With the Viqueen tandem of M.J. Simmons and Haley Mitchell scoring from the paint and beyond the perimeter in the first half, Community (23-6) was off to the races.

Simmons scored the first points just 20 seconds into the game and Mitchell connected on three consecutive treys as the Viqueens used a tenacious full-court press to take their initial 11-point lead.

With Simmons scoring 14 first-quarter points and Mitchell tallying nine, Community scored the final 16 points and took a 31-4 lead to the second quarter.

Mitchell, Simmons, and Shelby Cawthon each scored six points as the Viqueens kept up the pressure in the quarter.

Community went on runs of 9-0 and 15-0 while holding the Lady Cobras to single digits in the first half as the Viqueens took a 55-9 advantage into the intermission.

"We did get off to a good start and the defense made things a lot easier," Coach Cody Pierce of the Viqueens said. "We put a lot of pressure on them and had a lot of easy layups that helped."

The Viqueens increased their lead to 61-10 with 4:22 remaining in the third quarter before the starters exited the game and the Community bench took over for the remainder of the contest.

Raegan Haley scored six points in the final four minutes as the Viqueens took a 69-12 lead to the final quarter.

The Lady Cobras had their best offensive output with 10 points as the fourth quarter was played with a running clock.

"It was nice to get everybody out there and get everybody some work," Pierce said.

Simmons finished with 24 points and Mitchell had 15 to lead the Viqueens.

Rickiya Rawlings led the Lady Cobras with eight points.

The Viqueens were 11-of-13 from the charity stripe while Whites Creek was 5-of-12.

"I think we played solid," Pierce said.

"Whites Creek did defend when they were able to back into a half-court defense, and we had to move the ball and take whatever they gave us," Pierce added. "I think we got something from it tonight."

Whites Creek 4 5 3 10 — 22
Community 31 24 14 2 — 71
Whites Creek: Gabby Brooks 6, Unique Chatmon 5, A'mya Hooten 2, Jordyn Simmons 1, Jon'Nae Gaines, Rickiya Rawlings 8, Allisonna Dobbins, Sareny Harris.
Community: M.J. Simmons 24, Haley Mitchell 15, Shelby Cawthon 8, Zoey Dixon 6, Addison Brothers 3, Raegan Haley 8, Anna Haskins 3, Jacey Collier 2, Izzy Martinez 2, Stevie Dickenson, Taylor Wessner, Jayla Mangrum, Annie Prince, Kathryn Sego.
3-Point goals: Whites Creek (1): Chatmon; Community (8): Mitchell 5, Dixon, Brothers, Haskins.
Halftime score: Community 55, Whites Creek 9.



T-G Photos by Will Carter

Daria Biryk glides to the basket for a layup after a steal against the Lady Vikings.

Lady Feet dominate Fayette Academy

By WILL CARTER
Sports Writer

BELL BUCKLE — It was a dominant performance from the opening tip-off to the final buzzer for the Webb Lady Feet in the Division II-A State Quarterfinals on Friday night as they jumped out to an early lead and added to it throughout the contest for a 83-23 victory over the Fayette Academy Lady Vikings.

The Lady Feet (30-4) didn't give the Lady Vikings (21-10) a chance to breathe in the first quarter as they found their footing offensively and went on a 19-0 run until the minute and a half mark of the frame when Emmie Moore knocked down a pair of free throws for Fayette for their first points.

"We played with a great deal of energy and weren't scared of the moment," Lady Feet head coach Matt Shewmake said.

"We've played in games like this all season, so these lights weren't too bright. There may have been a bit of shell shock on the other side with the early run we went on, so that worked to our advantage."

Moore added two more for the Lady Vikings on the next offensive possession, but Webb answered back with two Bree Robinson Layups to close out the quarter with a 23-4 advantage.

All five of the Lady Feet starters contributed their first quarter total with Robinson and Aalyah Del Rosario combining for 12.

It was much of the same in the second frame as Webb opened on a 12-0 run before



Bree Robinson fights through contact for two points on Friday night against Fayette Academy.

Moore knocked down a layup for the Lady Vikings with a minute and nine seconds left to stop the run.

The two squads traded baskets over the last minute of the quarter, and the Lady Feet went to the locker room with a 41-8 lead.

Daria Biryk dropped in nine points of her own in the quarter to lead the way, and she tied with Moore for a game-high of 16 on the night.

Coming out of the locker room for the second half, the Lady Feet didn't miss a beat as they went on three

separate runs of 7-0, 11-0, and 9-0 respectively in the third quarter to extend their advantage to 68-14 heading into the final eight minutes of the contest.

Rhema Collins led the way with seven of her own in the frame.

11 different Lady Feet contributed to their total throughout the night with three posting double-digits.

"Practices are super competitive with how much depth we have. They go out there and play against each other every day, and some days one will best the other

and vice versa," Shewmake said.

"Our secret sauce has kind of been that anyone can be the leading scorer on any night. That's a great position to be in as a coach."

With the win Webb advances to the Division II-A State Semifinals held at Tennessee Tech University.

Webb 23 18 27 15 — 83
Fayette 4 4 6 9 — 23
Webb: Daria Biryk 16, Rhema Collins 15, Aalyah Del Rosario 10, Bree Robinson 8, Tatianna Stovall 7, Bre'aria Cannon 6, Sophie McInturff 6, Lauren Rust 5, Arora Almon-Sanchez 4, Angelica Velez 4, Kora Johnson 2.
Fayette: Emmie Moore 16, Annie Thornton 7, Megan Grantham 2.
3-Point goals: Webb (7): Biryk 2, Cannon 2, McInturff 2, Rust.; Fayette (1): Thornton.
Halftime score: Webb 41, Fayette 8.

Vikings drop region opener

T-G STAFF REPORT

WHITES CREEK — A sluggish start ultimately proved costly for the Community Vikings in Saturday night's Region 4-AA quarterfinal match up at Whites Creek.

The Cobras held the Vikings to just two points in the opening frame and exploded in the fourth quarter to end the Vikings' season with a 62-42 win to advance to the region quarterfinals.

Landon Lovvorn accounted for the only basket of the opening quarter for the Purple and Gold, but it was no offensive masterpiece for the Cobras in the opening frame, either.

Whites Creek managed just eight points, but six came from Eric Bryson, who knocked down a pair of three-pointers in the opening quarter.

Whites Creek led just 8-2 after the first quarter and the two teams kept it relatively close on the scoreboard through the second period as well.

Whites Creek added 14 more points, with Tyrone Robertson knocking down two more three-pointers for the hosts, while Community spread 10 points among four players, with Ramone Hernandez knocking down a pair of baskets.

The biggest point differential came in the third quarter when Whites

Creek went on a 15-7 run, once again relying on timely three-point shooting.

Memontae Daly and Eric Bryson both hit from the perimeter, while Community managed just seven points.

It wasn't until Cole Crockett got hot in the fourth quarter that Community's offense started to click.

He was able to draw several fouls and get to the line, where he went 4-of-4 at the charity stripe and knocked down a three-pointer.

Lovvorn also started knocking down a few shots and added seven points, including a three-pointer.

But even though the Vikings were able to muster up 23 points, Whites Creek closed the game with a 25-point effort to secure the 20-point win.

In total, Whites Creek connected on eight three-pointers in the win over Community.

Crockett and Lovvorn led the Vikings with 13 and 11 points, respectively.

Community 2 10 7 23 — 42
Whites Creek 8 14 15 25 — 62
Community: Cole Crockett 13, Landon Lovvorn 11, Ramone Hernandez 7, Maki Fleming 6, Jacob Flanagan 3, Jason Cullen 2.
Whites Creek: Tyrone Robertson 16, Eric Bryson 12, Thad Hunter 9, Kemontae Daly 9, Kevin Wiggins 9, Andreas Hathaway 4, Malachi Benton 2, Darron Jennings.
3-Point goals: Whites Creek (8): Robertson 4, Bryson 3, Daly; Community (2): Crockett, Lovvorn.
Halftime score: Whites Creek 22, Community 12.

Trotz to take over as Predators' GM

NASHVILLE (AP) — Barry Trotz is rejoining the Nashville Predators in their front office, succeeding David Poile, the only general manager in the NHL franchise's history.

The team announced the change Sunday, effective the end of June. Poile will retire from the role he has been in for more than 25 years and step into a position as an adviser to ownership, business and hockey operations.

"This is a decision that is best for me personally and best for the Nashville Predators," Poile said in a statement. "For the Predators, I believe it is time for a new voice and a new direction. I am proud of the foundation we have put in place in our hockey operations, investing in and improving every area of the department. This is

the right time for someone else to move our franchise forward."

Trotz coached the Predators from before the team's inception in 1998 through 2014 and owns the record for the most victories in team history. He coached the Washington Capitals to the Stanley Cup in 2018 and was behind the bench for the New York Islanders from 2018-22.

"My heart has been in Nashville since that first season," Trotz said. "I believe I am prepared to succeed as an NHL general manager, and I have David to thank for that. I will work hard as a member of David's team for the next four months, and when I become GM on July 1, I pledge to do everything I can in leading our franchise to its first ever Stanley Cup."

Kyle Busch gets 1st RCR win in Fontana's farewell

By GREG BEACHAM
AP Sports Writer

FONTANA, Calif. — Kyle Busch still smiles at the memory of getting thrown out of California Speedway during his first competitive trip here in 2001. The 16-year-old upstart dominated a NASCAR Truck Series practice, only to be told he couldn't run in a race sponsored by Marlboro because he was too young to smoke.

"That was my 'Welcome to NASCAR' moment and my 'Welcome to California Speedway' moment," Busch said.

Anger, conflict and disrespect have always appeared to be Busch's favorite fuels, and the record-setting veteran burned plenty of them Sunday while rewarding his new team — and sending this beloved track off in style.

Busch stormed up from the back after an early speeding penalty to earn his first victory for Richard Childress Racing, winning on this two-mile Southern California track for the fifth and final time.

Busch held off Chase Elliott and

Ross Chastain in the NASCAR Cup Series' final race on the gloriously weathered asphalt at Auto Club Speedway, which will soon be demolished to make room for a proposed half-mile track. Busch asked Fontana officials for a chunk of that asphalt as a souvenir after he burned it up one last time on his way to Victory Lane.

"That's what I enjoy the most about this racetrack," Busch said. "It's big. It gets spread out. But man, you can move around and you can spread out and you can make your own destiny by trying to find something that will work for your race car. It's a sad day for me to see this racetrack in its last race being a two-mile configuration. Glad I was able to win the final run here."

Busch drove his Chevrolet to victory in only his second race with RCR, which scooped him up in December after his 15-year tenure with Joe Gibbs Racing ended. This win was Busch's first since Bristol last season on a dirt track, and his first on pavement since Pocono in 2021.

With his 61st career victory, Busch earned a win in his record

19th consecutive Cup season, breaking a tie with Richard Petty. Busch said he set his focus on Petty's longevity record "a long, long time ago."

"I'm just so thankful for the opportunity to set that bar, and would love to continue to keep raising it," Busch said.

The victory also was the combined 95th win by Kyle and Kurt Busch, breaking the NASCAR record for brothers previously held by Bobby and Donnie Allison.

Elliott finished 2.998 seconds behind Busch in his Hendrick Motorsports Chevrolet. Daniel Suárez finished fourth, and Kevin Harvick was fifth in the Bakersfield native's 750th Cup start.

"Congratulations to Kyle," Elliott said. "For him to leave and then to go get the job done like that is pretty cool. He's always been really good to me, so happy for them."

After that teenage trouble, the Las Vegas native has enjoyed plenty of highlights down the I-15 at Fontana. Busch got his first Cup victory at this speedway back in 2005 in a Hendrick

Motorsports Chevrolet, and only Jimmie Johnson (6) earned more Cup victories here.

Even the California fans appreciate a driver who typically gets boos after his triumphs: Fontana serenaded him with cheers as he claimed another surfboard trophy.

"There's nothing more rewarding than being able to go to Victory Lane," Busch said. "I death-gripped that wheel throughout the second half of that race, but we got the victory."

Busch was sent to the back early in the race for speeding on pit road, and the penalty infuriated him. To absolutely nobody's surprise, he roared through the field in response, passing Michael McDowell for the lead with 20 laps to go.

"That's why he's won as many races as he has," said Randall Burnett, Busch's crew chief. "Because he always pushes it to the limit."

Goodbye Fontana

The traditional five-wide salute before the race carried added poignancy because of the finality of this race: NASCAR is

shutting down the track built by Roger Penske with vague plans to build a new track in its place, along with selling off much of the surrounding property.

The decision brings an end to an entertaining era for stock car racing in Southern California's rich car culture. The big track east of Los Angeles is a favorite of nearly every racer in multiple disciplines, with its coarse grip and wide-open spaces creating impressive racing for a quarter-century.

NASCAR currently has nowhere to race in the area in 2024, and the new track might not even be ready by 2025 — if it happens at all.

Dry Sunday

A week of unusual rainstorms and occasional snow finally abated Saturday night, and NASCAR dried the asphalt impressively before the race. Although sand and debris bothered some drivers, the track even managed to avoid any major problems from collected rainwater weeping out of cracks in the track.



T-G Photos by Chris Siers

Kaegan Young works her way through the Pearl Cohn pressure in the first quarter. She led Cascade with 11 points on Friday night.

Lady Champs can't solve Pearl Cohn in region opener

By **CHRIS SIERS**
sports@t-g.com

NASHVILLE — The much-improved Cascade Lady Champions saw their season come to a close against Pearl Cohn, the No. 2 seed from District 8-AA, on Friday night in the Region 4-AA quarterfinal.

The Lady Firebirds utilized an effective press and created offense off turnovers in the 59-38 win over the Lady Champs.

Pearl jumped out to a hot start, creating several points in transition off Cascade turnovers.

But Cascade was able to draw several early fouls and battle its way to the free throw line.

Sophie Ray netted four points for Cascade and accounted for the only field goal of the first quarter, and knocked down a pair of free throws.

Kaegan Young also drew a handful of fouls and made good on 2-of-4 tries in the opening quarter.

Offense ground to a near halt for both teams in the second quarter, with Pearl Cohn only mustering up nine points.

All three of Cascade's points in the second quarter came courtesy of the charity stripe.

In the second quarter, Cascade connected on 3-of-6 attempts.

Still, Pearl Cohn led 26-9 at the half.

But Cascade continued to attack the paint and continued to fight its way to the line.

With shots from the floor coming in short supply, the Lady Champs continued to make a dent in the scoreboard from the free throw line.

Ray connected on 4-of-6 tries at the line in the



Sophie Ray settles in and knocks down a free throw against Pearl Cohn. She led Cascade with 11 points.

third period, while Suzanna Crews connected on a three-pointer as part of a 12-point run in the third.

But Pearl Cohn's Erianna Thomas continued to wreak havoc for Cascade and scored 11 of her game-high 19 points in the third quarter.

Thomas added six more points in the fourth quarter, but Cascade orchestrated its best offensive quarter of the night in the final frame.

Keeping with the same

trend, fouls were whistled left and right in the fourth quarter and as a team, the Lady Champs connected on 11-of-16 free throw attempts in the 17-point fourth.

In total, Cascade connected on 22-of-35 free throw attempts and were led by Young and Ray, who each scored 11 points.

While wins were tough to come by for Cascade this season, the Lady Champs made strides in the first year with head coach Janie

Demonbrem and captured third-place in the District 7-AA tournament.

With those improvements made this season, the Lady Champs return the entire roster next year, with no seniors on the team this year.

Cascade 6 3 12 17 — 38
Pearl Cohn 17 9 21 12 — 59
Cascade: Kaegan Young 11, Sophie Ray 11, Avery Villapania 4, Isabella Rhodes 3, Kayden Miller 3, Suzanna Crews 3, Anna Clanton 2, Laina Carter.
Pearl Cohn: Erianna Thomas 19, Dynara Davis 14, Khria Johnson 12, Ayna Batey 10, Madison Woodard 2, Miyah Martin 2.
3-Point goals: Pearl Cohn (5); Johnson 2, Batey 2, Davis; Cascade (2); Rhodes, Crews.
Halftime score: Pearl Cohn 26, Cascade 9.

Houston, Tide top AP Top 25

By **JOHN MARSHALL**
AP Basketball Writer

The top five spots in The Associated Press men's college basketball poll remained the same. The rest of the AP Top 25 was a big jumble.

Houston was No. 1 for the second straight week in the poll released Monday, receiving 49 first-place votes from a 62-person media panel. No. 2 Alabama had five first-place votes and No. 3 Kansas received eight.

UCLA and Purdue rounded out the top five. The Boilermakers held at No. 5 despite losing to No. 15 Indiana.

In the rest of the poll, only No. 20 Providence kept the same position from last week as teams get ready for conference tournaments next week and the start of March Madness.

Alabama held its spot after winning two games despite a challenging week off the court. Brandon Miller had a pair of huge games since police alleged that he brought a gun to former teammate Darius Miles, who is charged with capital murder in a fatal shooting.

Against Arkansas on Saturday, Miller's regular pre-game introduction with a Crimson Tide staffer giving him a pat down didn't sit well with coach Nate Oats — or anyone else.

"I can assure you it definitely will not happen again the remainder of this year," Oats said.

Miller had 24 points in the 86-83 win over the Razorbacks after scoring 41 in a two-point win over South Carolina.

Soaring Eagles

Marquette has made a quick rise under coach Shaka Smart.

The Golden Eagles wrapped up a share of their first Big East regular-season title in a decade with a 90-84 win over DePaul on Saturday and climbed four spots in this week's poll to No. 6. It is Marquette's highest ranking hitting No. 1 in 1977-78.

Houston on top

Houston moved into the top spot last week and held onto it after a pair of routs last week. The Cougars' 76-57 win at East Carolina on Saturday clinched the American Athletic Association regular-season championship, the fourth time in five seasons they've at least shared the conference title.

"Our kids know how to win — I say that a lot," Houston coach Kelvin Sampson said. "But we've figured out how to play our system, be unselfish."

Rising/falling

Marquette matched No. 14 UConn and No. 18 San Diego State with the week's biggest jump among teams in the poll, each climbing four spots.

No. 13 Virginia took the biggest tumble, losing seven spots following losses to Boston College and North Carolina last week.

In and out

No. 21 Maryland is back in the AP Top 25 after wins over Minnesota and then-No. 23 Northwestern.

No. 23 Kentucky returned to the poll after a seven-week absence. The Wildcats had a rapid fall from being No. 4 in the preseason poll, but reeled off wins over No. 12 Tennessee, Florida and Auburn.

No. 25 Pittsburgh is ranked for the first time since 2016 after beating Georgia Tech and Syracuse last week.

Northwestern's return to the poll for the first time in two years didn't last long. The Wildcats dropped out this week after losses to Maryland and Illinois.

Iowa State fell out from No. 23 after three straight losses and consecutive losses knocked out Creighton from No. 19.

Machado signs \$350M deal

SAN DIEGO (AP) — All-Star slugger Manny Machado has agreed to a new \$350 million, 11-year contract that will keep him with the San Diego Padres through 2033, according to a person with knowledge of the deal.

The person spoke to The Associated Press on condition of anonymity because Machado must pass a physical before the deal, which was first reported by ESPN, is finalized.

Machado, 30, had said that after this season he planned to opt out of the

\$300 million, 10-year free agent deal he signed in 2019. With the \$120 million he already has received, the new deal increases the free-spending Padres' commitment to Machado to \$470 million over 15 years.

Machado finished second in the NL MVP race last year and now he'll anchor a superstar-laden lineup that includes Xander Bogaerts, Juan Soto and Fernando Tatis Jr., who can return on

April 20 from an 80-game suspension for performance-enhancing drugs.

Scherzer loves working with MLB's new rules

PORT ST. LUCIE, Fla. (AP) — New York Mets right-hander Max Scherzer described pitching under Major League Baseball's new rules as a "cat-and-mouse" game.

Contrary to previous years, Scherzer feels the pitcher finally has control of the tempo because of the new pitch clock.

In his first start of the Grapefruit League schedule, Scherzer allowed a run in the second inning but struck out five while working the first two

innings of the Mets' 6-3 win over Washington.

"Really, the power the pitcher has now — I can totally dictate pace," the three-time Cy Young Award winner said. "The rule change of the hitter having only one timeout changes the complete dynamic of the hitter-and-pitcher dynamic. Yeah, I love it."

The pitch clock is among a series of new rules for this season — including limits on infield shifts and larger bases — that MLB hopes will improve pace of

play and introduce more action into the game.

The average game time through three days of spring training is 2 hours, 39 minutes, down from an average of 3:01 for all of spring training last year.

Scherzer says he is learning to play around with the pitch clock.

Washington's Michael Chavis, the second hitter in the second inning, stepped out of the box when he felt Scherzer was taking too long. That was fine with Scherzer.

The right-hander held the ball for more than 10 seconds before delivering the next pitch as Chavis had to remain in the batter's box, locked eyes with Scherzer. The veteran pitcher felt he had imposed his will, even though Chavis ultimately singled to right.

"I can work extremely quick. And I can work extremely slow," Scherzer said. "There's another layer here to be able to mess with the hitter's timing."

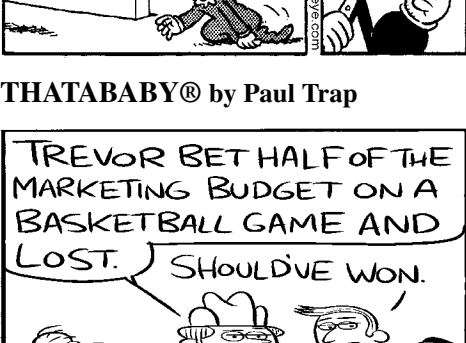
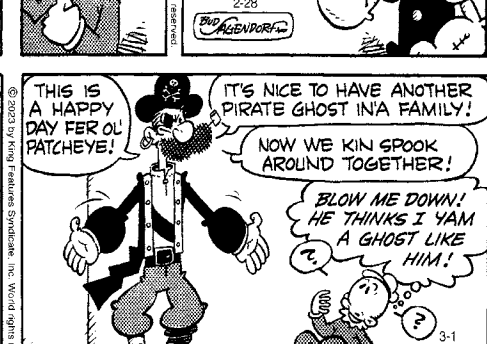
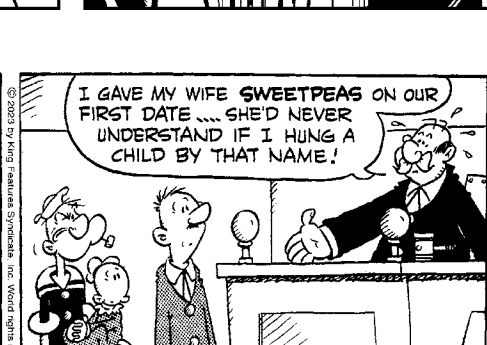
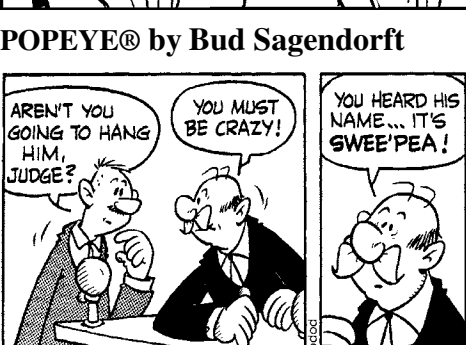
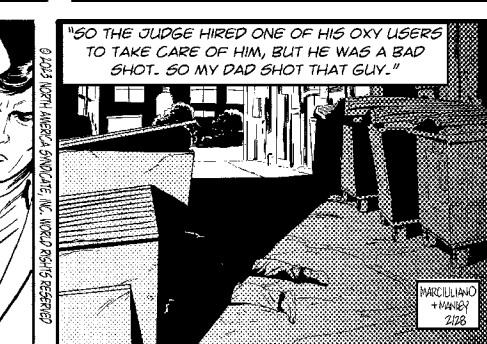
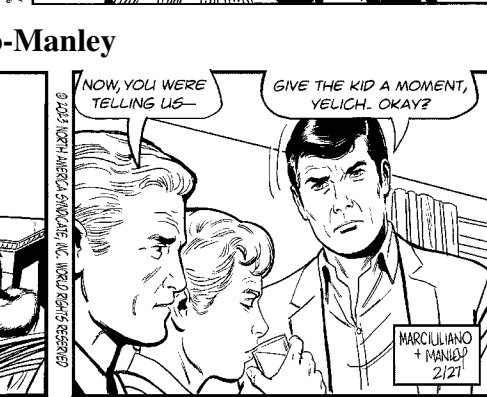
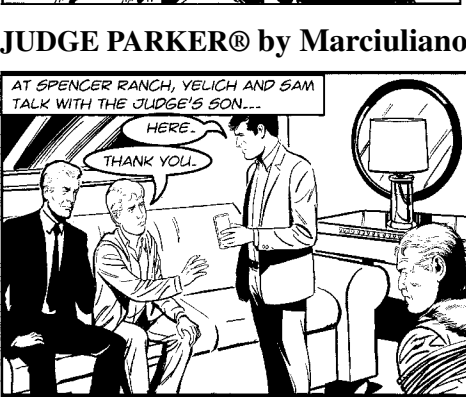
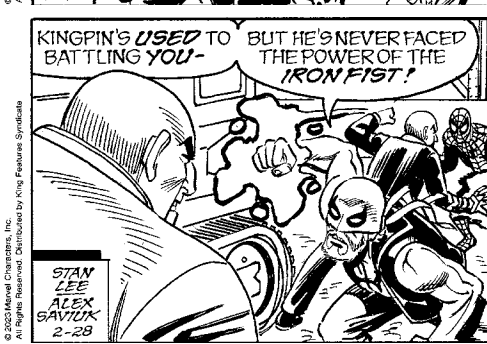
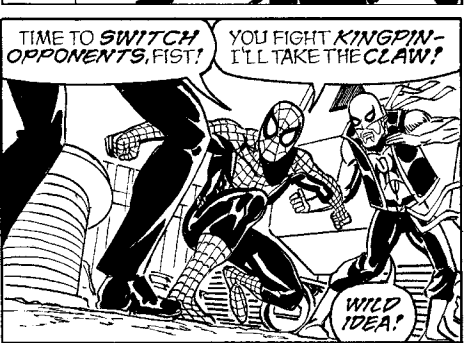
"I can come set even before

the hitter's in the box. I can't pitch until eight (seconds left on the clock). But as soon as his eyes are up, I can go. If his eyes are up with 12 seconds to go, I can fire."

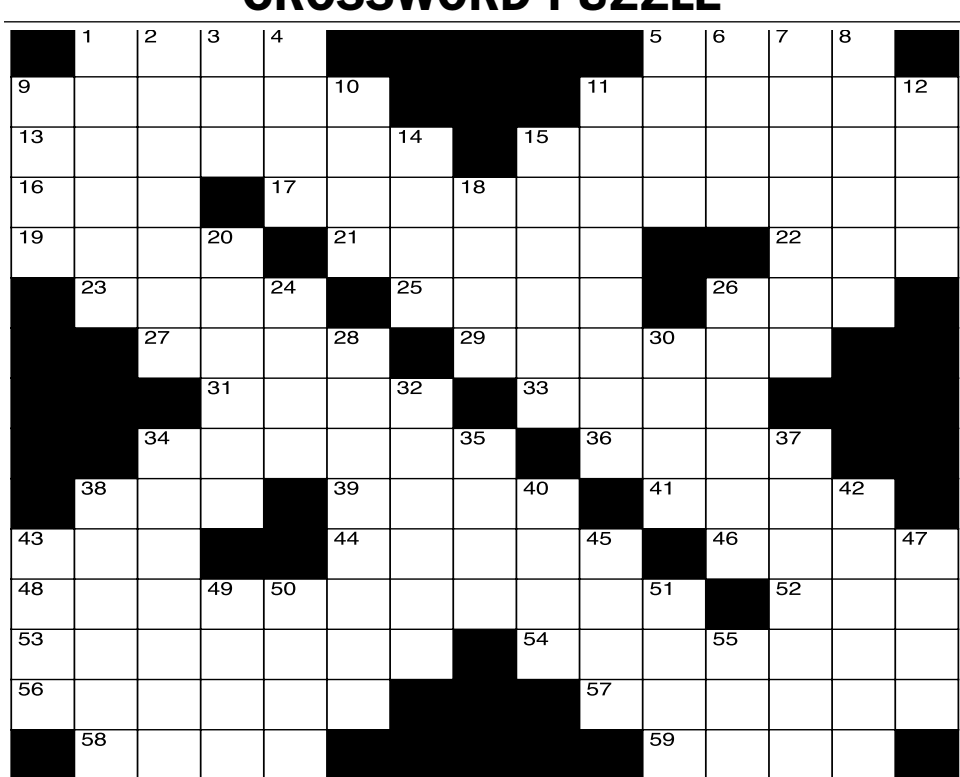
"I had the conversation with the umpire (David Rackley) to make sure that's legal. And that is (legal). I'm just getting used to how this is going to be in 2023."

According to MLB, there were 69 pitch-timer violations through the first 35 spring training games over the weekend — including 35 violations in 16 games Sunday.

THE AMAZING SPIDER MAN® by Stan Lee-Larry Lieber



CROSSWORD PUZZLE



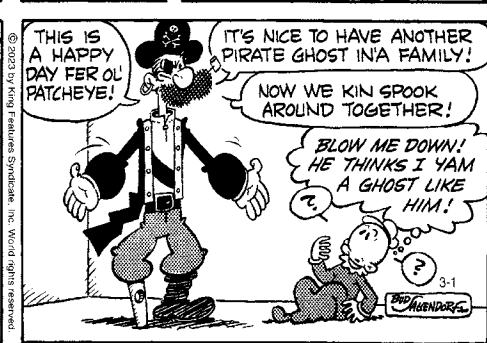
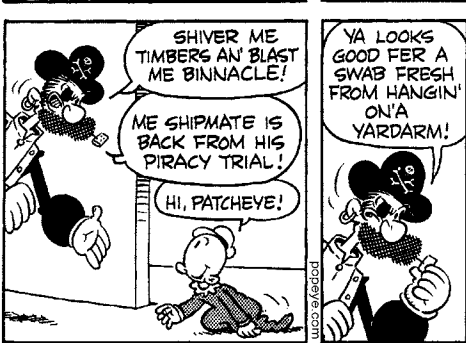
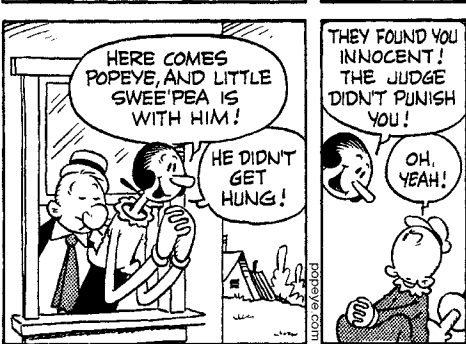
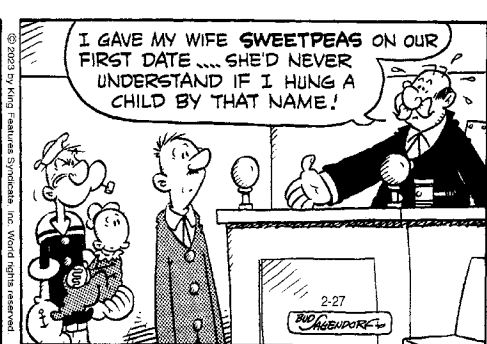
CLUES ACROSS

- 1. Sea grape
- 5. European public health group (abbr.)
- 9. A way to delight
- 11. Appetizers
- 13. Ancient heralds' wands
- 15. Make a booking
- 16. ' _ death do us part
- 17. Pearl Jam frontman
- 19. Spider genus
- 21. Fill with high spirits
- 22. A major division of geological time
- 23. Catch
- 25. An independent ruler or chieftain
- 26. Electronic music style (abbr.)
- 27. Influential Spanish cubist painter
- 29. Illegally persuades
- 31. A way to derive
- 33. British School
- 34. Appear alongside
- 36. Surely (archaic)
- 38. Harsh cry of a crow
- 39. A day in the middle
- 41. Kansas hoops coach Bill
- 43. The longest division of geological time
- 44. The first sign of the zodiac
- 46. Appetizer
- 48. Link together in a chain
- 52. A bacterium
- 53. In a way, forces apart
- 54. Cheese dish
- 56. Combines
- 57. In an inferior way
- 58. Colors clothes
- 59. Dried-up

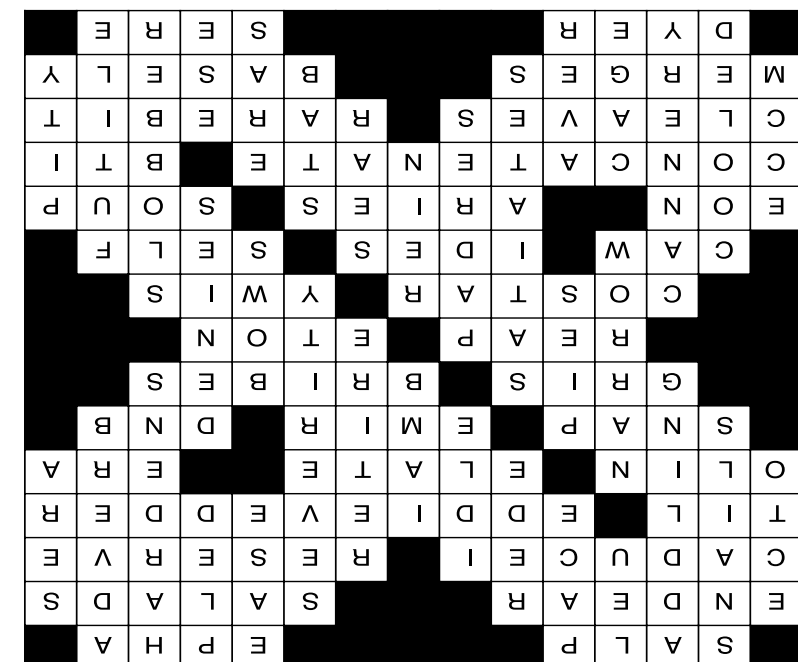
CLUES DOWN

- 1. Gastropods
- 2. Confusing
- 3. Romanian monetary unit
- 4. The rate at which something proceeds
- 5. A prosperous state of well-being
- 6. Asked for forgiveness
- 7. Makes less soft
- 8. Part of speech
- 9. Outside
- 10. Advice or counsel
- 11. Badness
- 12. Protein-rich liquids
- 14. Not moving
- 15. Call it a career
- 18. Poetry term
- 20. Not wide
- 24. Pastries
- 26. Turns away
- 28. Satisfies
- 30. Gift adornments
- 32. San Diego ballplayers
- 34. Manufacturing plant
- 35. Check or guide
- 37. Dogs do it
- 38. Chilled
- 40. Scorch
- 42. Unproductive of success
- 43. Electronic counter-countermeasures
- 45. Attack with a knife
- 47. Feel bad for
- 49. Enclosure
- 50. Assert
- 51. Geological times
- 55. Midway between east and southeast

POPEYE® by Bud Sagendorf



PUZZLE SOLUTION



ASTROGRAPH

- ARIES - Mar 21/Apr 20**
Opportunity awaits you, Aries. You just need to know where to look to get the best deal. Start chasing after your heart's desire because you could just get it this week.
- TAURUS - Apr 21/May 21**
A financial windfall could be just over the horizon, Taurus. Stay the course over the next several days and wait and see what falls into your lap. You may be very surprised.
- GEMINI - May 22/June 21**
People in your life want the best for you, Gemini. Accept their support and good wishes and use each as a guiding light when challenges arise.
- CANCER - June 22/July 22**
The stars are all but shouting that you need some self-care right now, Cancer. Put aside all of the tasks you think you need to do and turn attention to tending to your own needs.
- LEO - July 23/Aug 23**
Leo, your love interest seems like he or she is keeping something from you, but avoid drawing any conclusions. A surprise may be in store for you.
- VIRGO - Aug 24/Sept 22**
Virgo, take it slow may be the advice that is coming your way, but that might be hard right now. Your time is in demand and many people are seeking your expertise. Take a breath.
- LIBRA - Sept 23/Oct 23**
You don't have to travel too far to find happiness this week, Libra. It's in all the small things around you. No extraordinary gestures are needed to make you smile.
- SCORPIO - Oct 24/Nov 22**
Scorpio, a potential love match could be on the horizon. Approach this with caution, but don't be afraid to share your thoughts and dreams with someone special.
- SAGITTARIUS - Nov 23/Dec 21**
Be careful when sharing your deepest desires and secrets, Sagittarius. There are many people you can trust, so make an effort to identify them before opening up.
- CAPRICORN - Dec 22/Jan 20**
Capricorn, your dreams can take you far, but
- smarts and action need to factor into the equation as well. Start fleshing out your plan and get moving.
- AQUARIUS - Jan 21/ Feb 18**
Your friends can be a great help when you need some relationship advice this week, Aquarius. Seek their input and factor it into any decision you make.
- PISCES - Feb 19/Mar 20**
Pisces, if a friend or family member causes drama for you, don't let it get in your way. Offer to help but be ready for this person to seek their own path.

- FAMOUS BIRTHDAYS**
- FEBRUARY 19**
Millie Bobby Brown, Actress (19)
 - FEBRUARY 20**
Rihanna, Singer (35)
 - FEBRUARY 21**
Sophie Turner, Actress (27)
 - FEBRUARY 22**
Rajon Rondo, Athlete (37)
 - FEBRUARY 23**
Dakota Fanning, Actress (29)
 - FEBRUARY 24**
O'Shea Jackson, Jr., Actor (32)
 - FEBRUARY 25**
Sean Astin, Actor (52)

TUESDAY EVENING FEBRUARY 28, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC The Rookie (TV14) (N)	CBS The Rookie: Feds (N)	NBC FBI: International (N)	FOX The Bachelor (TV14) (N)	A&E The Bachelor (TV14) (N)	AMC The Bachelor (TV14) (N)	ANIMAL The Bachelor (TV14) (N)	BET The Bachelor (TV14) (N)	BRAVO The Bachelor (TV14) (N)	CARTOON The Bachelor (TV14) (N)	CMT The Bachelor (TV14) (N)	CNN The Bachelor (TV14) (N)	COMEDY The Bachelor (TV14) (N)	DISCOVERY The Bachelor (TV14) (N)	DISNEY The Bachelor (TV14) (N)	E! The Bachelor (TV14) (N)	ESPN The Bachelor (TV14) (N)	ESPN2 The Bachelor (TV14) (N)	FOOD The Bachelor (TV14) (N)	FREEFORM The Bachelor (TV14) (N)	FX The Bachelor (TV14) (N)	HGTV The Bachelor (TV14) (N)	HISTORY The Bachelor (TV14) (N)	LIFETIME The Bachelor (TV14) (N)	MTV The Bachelor (TV14) (N)	NEWSNAT The Bachelor (TV14) (N)	NICK The Bachelor (TV14) (N)	PARMT The Bachelor (TV14) (N)	SYFY The Bachelor (TV14) (N)	TBS The Bachelor (TV14) (N)	TCM The Bachelor (TV14) (N)	TLC The Bachelor (TV14) (N)	TNT The Bachelor (TV14) (N)	TRAVEL The Bachelor (TV14) (N)	TV LAND The Bachelor (TV14) (N)	USA The Bachelor (TV14) (N)	WB1 The Bachelor (TV14) (N)	HBO The Bachelor (TV14) (N)	MAX The Bachelor (TV14) (N)	SHOW The Bachelor (TV14) (N)

WEDNESDAY EVENING MARCH 1, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC Conners	CBS Goldbergs	NBC Elementary	FOX Not Dead	A&E A Million Little Things	AMC Local	ANIMAL Jimmy Kimmel Live	BET Nightline	BRAVO Corden	CARTOON Late Show	CMT Corden	CNN Late Show	COMEDY Late Show	DISCOVERY Late Show	DISNEY Late Show	E! Late Show	ESPN Late Show	ESPN2 Late Show	FOOD Late Show	FREEFORM Late Show	FX Late Show	HGTV Late Show	HISTORY Late Show	LIFETIME Late Show	MTV Late Show	NEWSNAT Late Show	NICK Late Show	PARMT Late Show	SYFY Late Show	TBS Late Show	TCM Late Show	TLC Late Show	TNT Late Show	TRAVEL Late Show	TV LAND Late Show	USA Late Show	WB1 Late Show	HBO Late Show	MAX Late Show	SHOW Late Show

THURSDAY EVENING MARCH 2, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC Station 19 (TV14) (N)	CBS Grey's Anatomy (N)	NBC So Help Me Todd (N)	FOX SVU (TV14)	A&E SVU (TV14)	AMC SVU (TV14)	ANIMAL SVU (TV14)	BET SVU (TV14)	BRAVO SVU (TV14)	CARTOON SVU (TV14)	CMT SVU (TV14)	CNN SVU (TV14)	COMEDY SVU (TV14)	DISCOVERY SVU (TV14)	DISNEY SVU (TV14)	E! SVU (TV14)	ESPN SVU (TV14)	ESPN2 SVU (TV14)	FOOD SVU (TV14)	FREEFORM SVU (TV14)	FX SVU (TV14)	HGTV SVU (TV14)	HISTORY SVU (TV14)	LIFETIME SVU (TV14)	MTV SVU (TV14)	NEWSNAT SVU (TV14)	NICK SVU (TV14)	PARMT SVU (TV14)	SYFY SVU (TV14)	TBS SVU (TV14)	TCM SVU (TV14)	TLC SVU (TV14)	TNT SVU (TV14)	TRAVEL SVU (TV14)	TV LAND SVU (TV14)	USA SVU (TV14)	WB1 SVU (TV14)	HBO SVU (TV14)	MAX SVU (TV14)	SHOW SVU (TV14)

FRIDAY EVENING MARCH 3, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC Shark Tank (TV14) (N)	CBS S.W.A.T. (TV14) (N)	NBC Fire Country (TV14) (N)	FOX Lopez vs. Grand Crew	A&E Dataline NBC (N)	AMC Local Programs (TV14)	ANIMAL Local Programs (TV14)	BET Local Programs (TV14)	BRAVO Local Programs (TV14)	CARTOON Local Programs (TV14)	CMT Local Programs (TV14)	CNN Local Programs (TV14)	COMEDY Local Programs (TV14)	DISCOVERY Local Programs (TV14)	DISNEY Local Programs (TV14)	E! Local Programs (TV14)	ESPN Local Programs (TV14)	ESPN2 Local Programs (TV14)	FOOD Local Programs (TV14)	FREEFORM Local Programs (TV14)	FX Local Programs (TV14)	HGTV Local Programs (TV14)	HISTORY Local Programs (TV14)	LIFETIME Local Programs (TV14)	MTV Local Programs (TV14)	NEWSNAT Local Programs (TV14)	NICK Local Programs (TV14)	PARMT Local Programs (TV14)	SYFY Local Programs (TV14)	TBS Local Programs (TV14)	TCM Local Programs (TV14)	TLC Local Programs (TV14)	TNT Local Programs (TV14)	TRAVEL Local Programs (TV14)	TV LAND Local Programs (TV14)	USA Local Programs (TV14)	WB1 Local Programs (TV14)	HBO Local Programs (TV14)	MAX Local Programs (TV14)	SHOW Local Programs (TV14)

SATURDAY EVENING MARCH 4, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC NBA (Live)	CBS NBA Basketball: Philadelphia vs Milwaukee (Live)	NBC To Be Announced	FOX 48 Hours (TV14)	A&E 48 Hours (TV14)	AMC 48 Hours (TV14)	ANIMAL 48 Hours (TV14)	BET 48 Hours (TV14)	BRAVO 48 Hours (TV14)	CARTOON 48 Hours (TV14)	CMT 48 Hours (TV14)	CNN 48 Hours (TV14)	COMEDY 48 Hours (TV14)	DISCOVERY 48 Hours (TV14)	DISNEY 48 Hours (TV14)	E! 48 Hours (TV14)	ESPN 48 Hours (TV14)	ESPN2 48 Hours (TV14)	FOOD 48 Hours (TV14)	FREEFORM 48 Hours (TV14)	FX 48 Hours (TV14)	HGTV 48 Hours (TV14)	HISTORY 48 Hours (TV14)	LIFETIME 48 Hours (TV14)	MTV 48 Hours (TV14)	NEWSNAT 48 Hours (TV14)	NICK 48 Hours (TV14)	PARMT 48 Hours (TV14)	SYFY 48 Hours (TV14)	TBS 48 Hours (TV14)	TCM 48 Hours (TV14)	TLC 48 Hours (TV14)	TNT 48 Hours (TV14)	TRAVEL 48 Hours (TV14)	TV LAND 48 Hours (TV14)	USA 48 Hours (TV14)	WB1 48 Hours (TV14)	HBO 48 Hours (TV14)	MAX 48 Hours (TV14)	SHOW 48 Hours (TV14)

SUNDAY EVENING MARCH 5, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC American Idol: "603 Auditions" (TV14) (N)	CBS The Equalizer (N)	NBC East New York (N)	FOX Dateline NBC	A&E Magnum P.I. (N)	AMC The Blacklist (TV14) (N)	ANIMAL Local Programs (TV14)	BET Local Programs (TV14)	BRAVO Local Programs (TV14)	CARTOON Local Programs (TV14)	CMT Local Programs (TV14)	CNN Local Programs (TV14)	COMEDY Local Programs (TV14)	DISCOVERY Local Programs (TV14)	DISNEY Local Programs (TV14)	E! Local Programs (TV14)	ESPN Local Programs (TV14)	ESPN2 Local Programs (TV14)	FOOD Local Programs (TV14)	FREEFORM Local Programs (TV14)	FX Local Programs (TV14)	HGTV Local Programs (TV14)	HISTORY Local Programs (TV14)	LIFETIME Local Programs (TV14)	MTV Local Programs (TV14)	NEWSNAT Local Programs (TV14)	NICK Local Programs (TV14)	PARMT Local Programs (TV14)	SYFY Local Programs (TV14)	TBS Local Programs (TV14)	TCM Local Programs (TV14)	TLC Local Programs (TV14)	TNT Local Programs (TV14)	TRAVEL Local Programs (TV14)	TV LAND Local Programs (TV14)	USA Local Programs (TV14)	WB1 Local Programs (TV14)	HBO Local Programs (TV14)	MAX Local Programs (TV14)	SHOW Local Programs (TV14)

MONDAY EVENING MARCH 6, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC The Bachelor (TV14) (N)	CBS Neighbor: "Bob Hearts" (TV14) (N)	NBC NCIS: "Love Lost" (TV14) (N)	FOX The Bachelor (TV14) (N)	A&E The Bachelor (TV14) (N)	AMC The Bachelor (TV14) (N)	ANIMAL The Bachelor (TV14) (N)	BET The Bachelor (TV14) (N)	BRAVO The Bachelor (TV14) (N)	CARTOON The Bachelor (TV14) (N)	CMT The Bachelor (TV14) (N)	CNN The Bachelor (TV14) (N)	COMEDY The Bachelor (TV14) (N)	DISCOVERY The Bachelor (TV14) (N)	DISNEY The Bachelor (TV14) (N)	E! The Bachelor (TV14) (N)	ESPN The Bachelor (TV14) (N)	ESPN2 The Bachelor (TV14) (N)	FOOD The Bachelor (TV14) (N)	FREEFORM The Bachelor (TV14) (N)	FX The Bachelor (TV14) (N)	HGTV The Bachelor (TV14) (N)	HISTORY The Bachelor (TV14) (N)	LIFETIME The Bachelor (TV14) (N)	MTV The Bachelor (TV14) (N)	NEWSNAT The Bachelor (TV14) (N)	NICK The Bachelor (TV14) (N)	PARMT The Bachelor (TV14) (N)	SYFY The Bachelor (TV14) (N)	TBS The Bachelor (TV14) (N)	TCM The Bachelor (TV14) (N)	TLC The Bachelor (TV14) (N)	TNT The Bachelor (TV14) (N)	TRAVEL The Bachelor (TV14) (N)	TV LAND The Bachelor (TV14) (N)	USA The Bachelor (TV14) (N)	WB1 The Bachelor (TV14) (N)	HBO The Bachelor (TV14) (N)	MAX The Bachelor (TV14) (N)	SHOW The Bachelor (TV14) (N)

TUESDAY EVENING MARCH 7, 2023

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30																														
BROADCAST	ABC The Bachelor (TV14) (N)	CBS Neighbor: "Bob Hearts" (TV14) (N)	NBC NCIS: "Love Lost" (TV14) (N)	FOX The Bachelor (TV14) (N)	A&E The Bachelor (TV14) (N)	AMC The Bachelor (TV14) (N)	ANIMAL The Bachelor (TV14) (N)	BET The Bachelor (TV14) (N)	BRAVO The Bachelor (TV14) (N)	CARTOON The Bachelor (TV14) (N)	CMT The Bachelor (TV14) (N)	CNN The Bachelor (TV14) (N)	COMEDY The Bachelor (TV14) (N)	DISCOVERY The Bachelor (TV14) (N)	DISNEY The Bachelor (TV14) (N)	E! The Bachelor (TV14) (N)	ESPN The Bachelor (TV14) (N)	ESPN2 The Bachelor (TV14) (N)	FOOD The Bachelor (TV14) (N)	FREEFORM The Bachelor (TV14) (N)	FX The Bachelor (TV14) (N)	HGTV The Bachelor (TV14) (N)	HISTORY The Bachelor (TV14) (N)	LIFETIME The Bachelor (TV14) (N)	MTV The Bachelor (TV14) (N)	NEWSNAT The Bachelor (TV14) (N)	NICK The Bachelor (TV14) (N)	PARMT The Bachelor (TV14) (N)	SYFY The Bachelor (TV14) (N)	TBS The Bachelor (TV14) (N)	TCM The Bachelor (TV14) (N)	TLC The Bachelor (TV14) (N)	TNT The Bachelor (TV14) (N)	TRAVEL The Bachelor (TV14) (N)	TV LAND The Bachelor (TV14) (N)	USA The Bachelor (TV14) (N)	WB1 The Bachelor (TV14) (N)	HBO The Bachelor (TV14) (N)	MAX The Bachelor (TV14) (N)	SHOW The Bachelor (TV14) (N)

CLASSIFIEDS

SHELBYVILLE TIMES-GAZETTE

Place an Ad - It's Easy!

Call 684-1200, To submit, change or cancel an ad. Monday - Friday 9 a.m. - 4 p.m.

In person Monday - Friday 9 a.m. - 4 p.m.

Fax 684-3228, 24 hours a day, 7 days a week. Include your name, address and daytime phone number for verification.

Electronically Submit your ad to classifieds@t-g.com include your name, address and daytime phone number for verification.

Deadlines

Day Published	Deadline
Tuesday and Saturday	Day Before at 11 a.m.

Sell it in the Classifieds!

General Policies: The Shelbyville Times-Gazette reserves the right to edit, cancel, reject or determine the classification of ads. All ads are prepaid unless prior arrangements have been made. The Shelbyville Times-Gazette cannot assume responsibility for the validity of the offerings. Advertiser agrees that publisher shall not be liable for damages arising out of errors in advertisements beyond amount paid for space actually occupied by that portion of advertisement in which the error occurred, whether such errors are due to negligence of publisher's employees or otherwise, and there shall be no liability for non-insertion of any ad beyond amount paid for such ad.

Publisher's notice: All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



About Us

Business Hours: Monday - Friday 9 a.m. to 4 p.m.

Address/Telephone/Fax/Email
Mailing: PO Box 380, Shelbyville, TN 37162
Office: 323 E Depot St., Shelbyville, TN 37160
Telephone: 931-684-1200 ext. 104 Megan Kipker
Fax: 931-684-3228
Email: classifieds@t-g.com Web: www.t-g.com

Payment
Payment in advance required for classified advertising. Cash, check or credit/debit card accepted.



Adjustments
Advertisers are requested to check the first insertion of their ad for any error. The Shelbyville Times-Gazette will be responsible for only one incorrect insertion. Any error should be reported immediately so corrections can be made.

WANT TO BUY

WE BUY JUNK CARS & TRUCKS running or not we pick up & pay cash 931-619-5810

Always buying old sporting goods & sports related items, sports cards, non sports cards collections wax boxes & cases 931-492-4304

SERVICES

Land Cleared
Dozer Work
615-906-4103

Odd Jobs
One Call Does It All
Estimates
Scrap Metal, Appliances, Furniture, Etc.
Call Daniel
931-800-9823

FOR SALE

Firewood For Sale
931-492-0322

For Sale - Remodeled House
No Money Down
3BR, 2 Bath, Garage
Call Karen
931-580-8074

BUSINESS OPPORTUNITY

Lay It Up Thrift Store
End of Winter Sale
206 Madison St.
\$1 Shirts/Blouses
\$3 Jeans
\$2 Tenny Shoes
Now Through March 4th
Always Giving Back to the Community!

HELP WANTED

PT/FT Seasonal Delivery Drivers
Wholesale Perennial Nursery
Drivers need an 'F' endorsement on license. Must be able to pass a DOT physical and a drug test.
Great driving record is a must.
Hours are straight time. Job requires lifting and bending.
Apply in person: 3830 Nashville Highway Lewisburg, TN 37091
Call for hours 931-364-2850
rachel@cliffordsnursery.com

FOR RENT

For Rent
2 BR, 2 Bath Condo
\$1,000 Month
\$1,000 Deposit
931-703-4134

BARGAINS

2 Xbox Controllers
Marble Print & Money Print \$10 Each
Avon Deep Recovery Creme
New in Plastic, \$25
Avon Eye Lift
Dual Eye System, \$15
3 Outdoor Citronella Basil & Thyme, 11 oz. Jar \$7 for All
7 Ft. Lavender Wisteria Silk Tree, In Box Planter \$175 or Best Offer
Leggings, Aprx. 30 Pairs Like New, \$2 Each
Ivory Baker's Rack With Removable Cutting Board, Best Offer
2 Nebulizers
1 Used, 1 Only Been Used Twice, Make Offer
Headboard & Bed Rail Make Offer
3 Ultrasonic Aroma Humidifiers With Color Changing LED Lights

BARGAINS

Brand New, Never Taken Out of Box
1 Wood, 2 White with Clear Middle Strip \$8 Each
Collapsible Wheelchair, \$30
Set of 2:
Headboards, Dressers w/ Mirrors, Night Stands, Tall Dressers w/ Six Drawers
Great Condition, All for \$200
931-735-0685

PlayStation 2, \$150
10 Games, 2 Controllers
Power Cable
931-607-9059

Blackstone Griddle
5 Burner, \$200
931-639-7245

Brand New Toddler Bed With 4 Sheets, \$50
Toddler Girl's Western Boots
Size 5-7T, \$10
931-703-5734

Double Barrel Shotguns
20ga and 12ga
Must be Licensed and Have Permit
931-703-4889
931-703-6069

PUBLIC NOTICE

NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated August 27, 2018, and the Deed of Trust of even date securing the same, recorded August 28, 2018, in Book No. TD913, at Page 70, in Office of the Register of Deeds for Bedford County, Tennessee, executed by Spencer B Pinkston, conveying certain property therein described to Midtown Title Of Murfreesboro as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for ISERVE RESIDENTIAL LENDING, LLC., its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by Lakeview Loan Servicing, LLC.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by Lakeview Loan Servicing, LLC, will, on April 4, 2023 on or about 12:00 PM, at the At the main entrance to the Bedford County Courthouse 1 Public Square, Shelbyville, TN 37160, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Bedford County, Tennessee, and being more particularly described as follows: BEING ALL OF LOT NUMBER 4 OF THE STACY JOHNSON SUBDIVISION, SECTION 2, AS SHOWN ON THE PLAT OF RECORD IN PLAT CABINET C, ENVELOPE 193, REGISTER'S OFFICE OF BEDFORD COUNTY, TENNESSEE, TO WHICH REFERENCE IS HEREBY MADE FOR A MORE

PUBLIC NOTICE

DETAILED DESCRIPTION OF SAID LOT.

ALSO KNOWN AS: 322 Coopertown Road, Unionville, TN 37180

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: SPENCER B PINKSTON TENANTS OF

The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed and that notices of said postponement for inclement weather will be mailed to interested parties of record. W&A No. 355050

DATED February 9, 2023
WILSON & ASSOCIATES, P.L.L.C.,
Successor Trustee
(Feb. 14, 21, & 28, 2023)

Public Notice

The City of Shelbyville is seeking applicants for the position of full-time Maintenance Laborer for the Public Works Dept. for all City cemetery locations. A valid Tennessee Driver's License is required. Must be 18 years old to apply. Duties include mowing, weed eating, litter, and trash pickup, and ground maintenance.

This is a full-time position with an hourly rate of \$13.99, plus benefits. Applications and complete job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbyvilletn.org. Applications must be returned to City Hall Administration Office, 201 N. Spring St. or emailed to stacey.claxton@shelbyvilletn.org and will be accepted until position has been filled.

The City of Shelbyville is an equal opportunity employer and a drug free workplace. Successful Applicants will be required to pass a physical, drug screen, and background check.
Stacey Claxton, Human Resources Generalist
(Feb. 21, 25, & 28, 2023)

NOTICE TO CREDITORS Estate of Howard Vance McCroskey Deceased

Notice is hereby given that on February 8 of 2023, Letters of Administration in respect of the estate of **Howard Vance McCroskey** who died 1/9/2023 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or

PUBLIC NOTICE

(2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.
Date: 2/8/2023
Michael Alexander Hardin, Administrator
Curt M. Cobb, Clerk & Master
Ralph McBride Jr., Attorney for the Estate
(February 21 & 28, 2023)

ORDER OF PUBLICATION TO: SHARON IRENE RUSSELL MARK ANDREW RUSSELL, Plaintiff vs. SHARON IRENE RUSSELL, Defendant

Case No: 34,316 In the Chancery Court of Bedford County at Shelbyville In this cause, it appearing from the complaint which is sworn to that the current residence of SHARON IRENE RUSSELL, is unknown and cannot be ascertained despite diligent inquiry. She is hereby required to appear before the undersigned Clerk and Master and make defense to the complaint and serve a copy of her answer on plaintiff's solicitor, Brenda S. Bramlett, 885 Union Street, Suite B, P.O. Box 967, Shelbyville, TN 37162, or otherwise judgement by default will be taken against her for the relief demanded in the complaint. It is further ordered that this notice be published for four consecutive weeks in the Shelbyville Times Gazette. This the 21st day of February, 2023.

CURT M. COBB, Clerk and Master
Attorney for Plaintiff:
Brenda S. Bramlett
P.O. Box 967
Shelbyville, TN 37162
(Feb. 21 & 28, Mar. 7 & 14, 2023)

Bedford County Board of Education Regular Meeting
Thursday, March 16, 2023 at 6:00pm
Central Office
500 Madison St.
Shelbyville, TN 37160
(Feb. 28 & Mar. 4, 2023)

NOTICE TO CREDITORS Estate of Vickie Lynn Hull Deceased

Notice is hereby given that on February 17 of 2023, Letters of Administration in respect of the estate of **Vickie Lynn Hull** who died 4/11/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A)

PUBLIC NOTICE

Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.
Date: 2/17/2023
Daniel James Hull, Administrator
Curt M. Cobb, Clerk & Master
Trisha L. Henegar, Attorney
(February 28 & March 7, 2023)

NOTICE TO CREDITORS Estate of Dale L. Berrett Deceased

Notice is hereby given that on February 16 of 2023, Letters of Administration in respect of the estate of **Dale L. Berrett** who died 1/29/2018 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.
Date: 2/16/2023
Dalena Berrett, Executrix
Curt M. Cobb, Clerk & Master
John T. Bobo, Bobo, Hunt & White Attorney
(February 28 & March 7, 2023)

SUCCESSOR TRUSTEE'S NOTICE OF SALE OF REAL ESTATE AND AFFIXED MANUFACTURED HOME

ANTHONY R. STEELE is the Successor Trustee of a Deed of Trust executed on June 30, 2004, by OTTO E. BACH and LORETTA A. BACH. The Deed of Trust appears of record in the Register's Office of Bedford County, Tennessee, at **Book TD555, Page 297** ("Deed of Trust"). The Trustee will sell the property described in the Deed of Trust at a foreclosure sale requested by the current holder of the Deed of Trust and underlying indebtedness, **Vanderbilt Mortgage and Finance, Inc.** Pursuant to T.C.A. §47-9-604 this sale shall also include the affixed manufactured

PUBLIC NOTICE

home described as one (1) 2005 Southern Manufactured Home bearing Serial Number DSDAL42115AB. The terms of sale shall be payment by cashier's check or certified funds immediately upon conclusion of the sale.

Sale Date and Location: March 23, 2023, at 10:00 a.m. at the front door of the Courthouse in Shelbyville, Bedford County, Tennessee.

Property Description: Abbreviated description per TCA 35-5-104(a)(2) is the property referenced in the Deed of Trust and otherwise described fully at Deed Book 205, Page 724, and commonly known as 1035 Wheel Road, Shelbyville, TN 37160
Property Address: 1035 Wheel Road, Shelbyville, Bedford County, Tennessee 37160.

Tax Map Identification No.: 065-038.05 (However, the property description shall control in the event of any inconsistencies between the description and address or tax identification number).

Parties Interested: Duck River EMC (Book TD854, Page 135); Republic Finance (Book L21, Page 786); Duck River Electric Management Corp. (Book L22, Page 185); Velocity Investments, LLC (Book L26, Page 712).

All sales of Property, both real and personal, are "AS IS" and "WHERE IS" without representation or warranty as to merchantability or fitness for a particular purpose or of any kind, except as to title and authority to convey. The sale of the described property is subject to all matters shown on any recorded plan; any unpaid taxes, any restrictive covenants, easements, set-back lines, prior liens, encumbrances, if any, and any other priority as may appear in the public records. Title to the manufactured home may be transferred by Bill of Sale or Certificate of Title, as the case may require.

The right is preserved to adjourn the day of the sale to another day, time and place certain without further publication, upon announcement at the time and place for the sale set forth above.

THE PURPOSE OF THIS COMMUNICATION IS TO COLLECT THE DEBT AND ANY INFORMATION OBTAINED AS A RESULT WILL BE USED FOR THAT EXPRESS PURPOSE ONLY. THIS COMMUNICATION IS FROM A DEBT COLLECTOR.
This the 24th day of February, 2023.

Anthony R. Steele, Successor Trustee
Winchester, Sellers, Foster & Steele, P.C.
P. O. Box 2428
Knoxville, TN 37901
(865) 637-1980
(Feb. 28, Mar. 7 & 14, 2023)

Public Notice

The City of Shelbyville is seeking applicants for the position of part-time/temporary Custodian for the Shelbyville Recreation Center. A valid Tennessee Driver's License is required. Must be 18 years old to apply. This is a part-time/temporary position with an hourly rate of \$14.00 an hour. Application and complete job description may be picked up at City Hall during normal business hours or download from the City website: www.shelbyvilletn.org. Applications must be returned to City Hall Administration Office, 201

PUBLIC NOTICE

N. Spring St. or emailed to stacey.claxton@shelbyvilletn.org and will be accepted until position has been filled.

The City of Shelbyville is an equal opportunity employer and a drug free workplace. Successful Applicants will be required to pass a physical, drug screen, and background check.
Stacey Claxton, Human Resources Generalist
(Feb. 28, Mar. 4 & 7, 2023)

PUBLIC NOTICE

The Bedford County Beer Board will meet Wednesday, March 15 at 5:30p.m. in the Duck River meeting room at the

PUBLIC NOTICE

Bedford County Historic Courthouse located at 1 Public Square in Shelbyville to consider the following application: Humble Baron, Inc. (Humble Baron Restaurant & Bar)
3125 Highway 231 North Shelbyville, TN 37160.
(Feb. 28, 2023)

PUBLIC NOTICE

The following vehicle will be sold at public auction at US Towing & Recovery, 433 Depot St., Shelbyville, TN 37160 on March 16, 2023 at 10:00 a.m. Liable for storage & repairs.
2002 FORD VIN# 1FTYR10D12PB17842
(Feb. 28, 2023)

Carter: Still a model for candidates asking 'Why not me?'

By **BILL BARROW**
Associated Press

ATLANTA — As the 2024 campaign season begins, political players are looking in the mirror and deciding whether they see an American president staring back.

It was no different for Jimmy Carter in the early 1970s. And it took meeting several presidential candidates and then encouragement from an esteemed elder statesman before the young governor of Georgia, who had never met a president himself, saw himself as something bigger.

He announced his White House bid on Dec. 12, 1974, amid fallout from the Vietnam War and President Richard Nixon's resignation. Then he leveraged his unknown — and politically untainted — status to become the 39th president. That whirlwind path has been a model, explicit and otherwise, for would-be contenders ever since.

"Jimmy Carter's example absolutely created a 50-year window of people saying, 'Why not me?'" said Steve Schale, who worked on President Barack Obama's campaigns and is a longtime supporter of President Joe Biden.

Carter's climb is getting new attention as the 98-year-old receives end-of-life care at home in Plains, Georgia.

David Axelrod, who helped engineer Obama's four-year ascent from state senator to the Oval Office, said Carter's model is about more than how his grassroots strategy turned the Iowa caucuses and New Hampshire primary into his springboard.

"There was a moral stain on the country, and this was a guy of deep faith," Axelrod said. "He seemed like a fresh start, and I think he understood that he could offer something different that might be able to meet the moment."

Donna Brazile, who managed Democrat Al Gore's 2000 presidential campaign, got her start on Carter's two national campaigns. "In 1976, it was just Jimmy Carter's time," she said.

Of course, the seeds of his presidential run sprouted even before Nixon won a second term and certainly before his resignation in August 1974.

In Carter's telling, he did not run for governor in 1966 — he lost — or in 1970 thinking about Washington. Even when announced his presidential bid, neither he nor those closest to him were completely confident.

"President of what?" his mother, Lillian, replied when he told her his plans.

But soon after he became governor in 1971, Carter's team envisioned him as a national player. They were encouraged in part by the May 31 Time magazine cover depicting Carter alongside the headline "Dixie Whistles a Different Tune." Inside, a flattering profile framed Carter as a model "New South" governor.

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LIVING COLOR

ON-TREND HUES REFLECT COMFORTING LIFESTYLE DESIGN



FAMILY FEATURES

Upgrading your home design is an opportunity to tap into new color schemes. Knowing what shades are trendy and how different hues can work together for a cohesive design is an important step in creating an attractive design aesthetic.

While you might turn to family or friends for inspiration for your next DIY project, another resource for collecting concepts and options to upgrade your space is the internet. Consider the Valspar Color-verse, which allows visitors to explore colors in a unique way and offers paint color inspiration and decor trends they can envision within their own homes.

The interactive virtual home showcases the latest paint and design trends so you can get creative for your next project. After experiencing the Valspar 2023 Colors of the Year firsthand by painting walls and art from the collection to see the 3D virtual house come to life, you can find the perfect paint shade for your space.

“Through the Color-verse, visitors can experience the 12 Colors of the Year in a realistic virtual home,” said Gus Morales, vice president of brand marketing for CBG Sherwin-Williams. “Aside from exploring the Colors of the Year, the home is an engaging space for visitors to create art, play games and order paint chips to see how their top color picks look and feel in their homes.”

Color Trends to Consider

Many of this year’s popular nature-inspired designs are all about finding comfort, embracing a flexible lifestyle, rediscovering joy and leaning into the growing DIY movement. The most trend-worthy, forward-thinking and livable colors reflect specific facets or emotions of life so you can update your well-used spaces with thoughtful colors that evoke positive energy and lasting change.

Comfort and Contentment: If your goal is to create a space that envelops you in a sense of comfort,

consider a white with a yellow undertone that makes a space cozy like a soft blanket, like Cozy White from Valspar. Complement the softness with a muted clay that brings in brown undertones that suggest gentle contentment.

Calming Restoration: Tap into the calming tones of nature with a hazy green that has duality, which brings in both the calm and liveliness of the great outdoors. Another option is a deep midnight blue used as an elegant calming shade to restore mind, body and home.

Healthful, Mindful Living: Create an uplifting space where your wellness is a priority. Evoke a greater sense of health consciousness with a light blue that has a dose of softness used as a fresh neutral with uplifting qualities of a modern pastel, like Valspar’s Rising Tide. Reinforce the benefits of mindful living with a cool gray that is balanced by the warmth of the yellow undertone, a natural hue like a cotton muslin cloth.

Connections and Joy: Establish spaces where you can celebrate relationships with others, the world around you and happiness in your being. Consider hues like a white softened by a violet undertone, a harmonious shade promoted by digital connectivity. Evoke joy with a dependable classic tan that features a yellow undertone suggesting new life with uplifting qualities.

Natural Balance: Bringing hints of the outdoors into a well-loved living space creates a soothing ambiance. Consider a warm neutral brown tone inspired by the shades found in nature or a cooled down blue that strikes a beautiful balance between cool and warm shades in your design.

Inspirational Thought: A work-from-home or crafting space needs color to inspire great thinking. Try a faded natural terracotta that sparks individuality and warmth or a deep blackened olive, an on-trend neutral that embodies charm and sophistication.

Explore the tool and find more colorful ideas at Valspar.com.



Navigate New Colors

Exploring color options before you apply them to a home improvement or design project gives you the chance to experience and visualize different styles before you fully commit. Using a tool like Valspar’s Color-verse, a 3D virtual home, you can experience on-trend color palettes that inspire your next big project through resources like:

- An interactive feature that allows you to repaint walls of a living room, dining room, bedroom, bathroom, kitchen, walls and cabinets using the 12 Colors of the Year then takes you directly to the site to order free paint chips to try at home
- An artistic element where you can create a 3D panorama nature scene, explore others’ artwork and share creations on social media
- A light-hearted game that inspires you to get on the road to gather your home improvement essentials

ABSOLUTE AUCTION

291 Joe Hart Road, Shelbyville, TN 37160

MARCH 4, 2023

10:00 A.M. PERSONAL PROPERTY

REAL ESTATE SELLS AT 12:00 NOON

3 BEDROOM, 2 FULL BATH HOME ON 1.5 ACRE LOT

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