

T^{SHELBYVILLE} *Weekend* TIMES-GAZETTE

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\$1

SATURDAY, APRIL 22, 2023

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'Donations save lives'

T-G STAFF REPORT

A proclamation was signed by Bedford County Mayor Chad Graham declaring April as Organ Donation Awareness Month.

During the proclamation signing two new members were inducted into the county's Donate Life chapter: Kim Reed and Brian Riddle (not pictured).

Member Pam Cooper, who's had both kidneys and her liver replaced, knows she is blessed. "It's very humbling to think you were fortunate to get them while others are waiting. Just praise God. I guess He just wanted me to do more before I get to heaven," she said. She was a liver recipient in 1991, and received kidneys twice, once in 1997 and another in 2016.

Reed also had a liver transplant 17 months ago. She said she was "near death's door," suffering from liver cancer, until she received the donated organ. "It's unbelievable. When I woke up from my transplant, I felt like a totally different person," she said. "I am so honored."

See the Times-Gazette next week for the full story.

Donate Life in Bedford is led by Donna Orr, the county's ambassador for the program, who remains involved in garnering local support for organ donation since her husband, David, twice received a double lung transplant. He passed back in 2015.

According to the United Network of Organ Sharing (UNOS), more than 112,000 people are wait-



Signing the proclamation. Seated are Donna Orr and Mayor Chad Graham. Back row, left to right are newest organ-recipient Kim Reed, County Clerk Donna Thomas, organ recipient John Clayton, and organ recipient Pam Cooper.

T-G Photo by Zoe Watkins

ing for organ transplants nationally. And according to Tennessee Donor Services and Donate Life Tennessee, more than 3,000 of those people are in Tennessee.

An average of 22 people awaiting transplants die each day due to the

severe shortage of donated organs, while every 10 minutes another name is added to the national transplant waiting list.

The Tennessee Department of Safety and Motor Vehicles and County Clerk Organ Donor Foundation play a

critical role in maintaining the Tennessee state donor registry, with 98 percent of donors having registered when receiving their Tennessee driver's license or ID card.

One organ donor can save the lives of up to eight people and improve

the lives of many more through tissue and cornea donation. Tennesseans who decide to become donors must check "yes" to donation, therefore placing a heart on their driver's license, and enroll on a donor list.



A soldier's grave

Lifestyles/1B



Viqueens in for the win

Sports/1C



Students practice life skills

Local/8C

By ZOË WATKINS
zwatkins@t-g.com

A request was made at Tuesday's Rules and Legislative Committee to change the distance rule to sell beer in the county to zero feet.

A petition for this change was made by Bedford Market, Sunchaser's Market, and Halls Mill Market in support of their request. The petition states, "Bedford County currently does not allow any businesses within 2,000 feet of a church, school, or public gathering place to sell beer.

"To compete and thrive in these community retail hubs, we would like the County Commission to change the current statute to match what is supported in the City of Shelbyville, TN (0' feet). The petitioners further state this change 'would provide

additional tax revenue for the county through both retail and tourism growth and demonstrates support for local small businesses and community hubs by allowing them to compete and thrive."

Some 340 signatures were gathered. However, Committee chairman and Commissioner Biff Farrar said, "Petitions hold some water but not much...When you go to zero distance it affects the whole county. I don't think any of us coming from the school side — which I taught school for 20 years and was an administrator for 14 — want any type of beer sold next to schools. And that's what's going to happen if it goes to zero."

Tracy Strassner, co-owner of Sunchaser Market in Flat Creek (which is just under seven miles away from Liberty School), led

the discussion for changing the distance rule.

She gave the example that a typical sale could include two sandwiches, a bag of chips, a bag of ice, and a 12-pack of beer, which would total to \$36. About \$3.50 of that goes to sales tax. If this were to happen five times in one day, the potential additional annual sales tax income would be over \$5,000 from her store. This would in turn, combining the three county stores, provide anywhere from \$45,000 to \$60,000 in potential annual county sales tax income increases, according to Strassner.

"But if you can't sell that 12-pack of beer with it, that sale in my store goes over the county line. All that sales tax goes to Moore County," said Strassner.

As a result, allowing

beer sales will allow these small businesses to compete and contribute to the local economy.

However, the decision was deferred for yet another 30 days at Tuesday's meeting. This was motioned by Commissioner Greg Vick who said the three stores need to come up with an exact distance and how this will affect zoning. "I think the chairman has made it clear...that we're not going to move in a hurry on stuff. We're going to let everyone talk," said Vick.

Farrar added, "We all want you to compete and contribute to your community, but this issue is pretty big."

Citing TCA 57-5-105, Farrar read, "No beer will be sold except at places where such sales will not cause congestion of traffic...or interference with

schools, churches, other places of public gathering."

"This goes further," Farrar continued. "Public safety, public health, and morals...So churches do have a stance here." He also said about 80 buses go about their normal bus routes twice a day, which include going in front of these markets.

"These 18 commissioners have got to consider all the county, not just three markets," said Farrar. "The question is safety...and I think there's some morals in there because it says so in the statute."

The next Rules and Legislative Committee meeting will be May 16 at 5 p.m. in the community room of the Bedford County Courthouse.

Beer sales in county still debated

Challenge obstacle course coming soon

T-G STAFF REPORT

Ready...set...go! May 13 will be the first ever Bedford Warrior Obstacle Course Challenge at the Agriculture Center on Midland Road from 9 a.m. to 12 p.m. All prize money earned by the top three women's and top three men's finishers will be donated to Bedford County charities. Event organizer and local personal trainer Amanda Arnold said she's done obstacle courses before and wanted to give the community a chance to come together

and complete one for a good cause. The course will have 10 obstacles and will be timed. Some of the obstacles will have mud and barbed wire so Arnold said be prepared to come in clothes and tennis shoes you are ready to get dirty.

There is no fee. Call Arnold at 931-206-0574 or Ron Orr at 615-598-8617 to register or to become a sponsor. Challengers can register the day of the event, just be prepared to sign a waiver.

Don't feel like completing the

course? That's alright because the event will also feature delicious local food vendors, including BYT and Los Reyes. Just bring a chair and enjoy the fun and challenging competition. A kid's area will also be available — a great event for all ages.

Sponsors of the event include Vanderbilt, Preferred Glass, and Lee Adcock. The Duck radio station (WDUC-FM, 93.9) will also be present to broadcast the big event.



DEATH NOTICES

George Edward Hill, Sr.

April 12, 2023

Mr. George Edward Hill, Sr., passed away April 12, 2023. Funeral services will be 1 p.m. today, April 22, 2023, at Feldhaus Memorial Chapel. The family will receive visitors one hour prior to the service at the funeral home.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

OBITUARIES

Jeffrey Eli Blackman, Sr.

April 14, 2023

Jeffrey Eli Blackman, Sr., age 58, of Shelbyville, passed away April 14, 2023.

He was born June 17, 1964, in Nashville, to Mary Roy Yeargins Blackman. He worked in the manufacturing of automobiles.

In addition to his mother, survivors include his wife, Talisa Davidson Blackman, of Forest Hill, Texas; children, Jeffrey Eli Blackman, Jr., and his wife Elisha, and Mia Faith Blackman; step children, Taneshia Petty and Tyisha Petty; a brother, Steven Mastin; grandchildren, Ethan Blackman, Jaylen Blackman, Kalani Shipp, and Karsyn Shipp.

Funeral services were held 1 p.m., Friday, April 21, 2023, at Feldhaus Memorial Chapel with Reverend Virginia Yeargins officiating.

The family received visitors at noon until service time Friday at the funeral home.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

McKinley Catron, Jr.

April 19, 2023

A Celebration of Life service for Mr. McKinley Catron, Jr., age 87, of Shelbyville, will be held at today April 22, 2023, at 3 p.m., in the chapel of Doak-Howell Funeral Home with Lance Bennett officiating. Mr. Catron passed from this life Wednesday, April 19, 2023, at Lynchburg Nursing Center after an extended illness.

The family will receive friends prior to the service beginning at 2 p.m. today, at the funeral home.

A Tennessee native, McKinley was born January 14, 1936, in Gallatin; he was the son of the late McKinley, Sr. and Vida Golden Moore Catron. Along with his parents he was preceded in death by: brother, John Henry Catron; and sisters, Millie Williams, Dottie Poag and Tootsie Skinner.

McKinley was a graduate of Gallatin High School class of 1957. He worked as a heavy equipment mechanic having been employed with; Bedford Tractor and Bedford County Highway Department before retiring in 1998. In his retirement he could most likely be found in his shop; working with his spotted horses or tinkering with antique tractors.

He is survived by his loving wife of 60 years, Bonnye Clayton Catron of Shelbyville; sons, Mark Anthony (Theresa) Catron of Shelbyville and Dean Owen Catron of Murfreesboro; grandchildren, Connor, Savannah and Cameron; nephews, Gene, Johnny and David; only niece, Gail; also several great nieces and great nephews.

Memorial donations may be made to Bedford Cancer Foundation @ www.bedfordcancerfoundation.org or by mail: PO Box 1523, Shelbyville, TN 37162.

Doak-Howell Funeral Home is serving the family. www.doakhowellfuneralhome.com

Brenda Gayle Hancock

April 17, 2023

Mrs. Brenda Gayle Hancock, age 82, of Shelbyville, passed away April 17, 2023, under the care and comfort of her loving friends, professional staff at NHC Tullahoma, and Hospice Compassus.

She was born August 24, 1940, in St. Louis, Mo., to the late James Macon Moore and Mary Nell Vaughn Moore. She was retired from Bomar, Shofner, Irion, and Rambo Law firm as a legal secretary. She was of the Christian Faith.

In addition to her parents, she was preceded in death by her husband, Wallace Hancock, a son, Clay "Clay Boy" Carter, and a brother, James Dale Moore.

Survivors include a grandchild, Rickee Gayle Carter, a sister, Sandra Moore Gilkey, and her devoted caregiver, Elaine Butner.

Graveside services were held at 1 p.m. Wednesday, April 19, 2023, at Hillcrest Memorial Gardens. Reverend Bobby McGee officiated. Per her wishes, there were no visitation.

Feldhaus Memorial Chapel was in charge of the arrangements.

Three charged with murder in Sweet 16 party shooting in Alabama

DADEVILLE, Ala. (AP) — Two teenagers and a 20-year-old man have been arrested and charged with reckless murder in connection with a shooting that killed four young people at a Sweet Sixteen birthday party in rural Alabama, investigators announced Wednesday.

The Alabama Law Enforcement Agency announced that Tuskegee residents Tyreese "Ty Reik" McCullough, 17, and Travis McCullough, 16 — and Wilson LaMar Hill Jr., 20, of Auburn — have been charged with four counts of reckless murder. Tallapoosa County District Attorney Mike Segrest said the two teens would be tried as adults, an automatic requirement for anyone 16 or older charged with murder in Alabama.

Sgt. Jeremy J. Burkett of the Alabama Law Enforcement Agency declined at a news conference Wednesday to discuss how investigators believe the shooting unfolded.

"We can't get into a motive right now, because that would be part of an ongoing investigation," Burkett said. "We can't share that."

State law defines reckless murder as when someone causes a death by acting with extreme indifference to human life and recklessly engaging in conduct which creates a grave risk of death.

Saturday's shooting at a 16th birthday party shocked Dadeville, a sleepy east Alabama town of 3,200. Besides the four people killed, 32 others were injured, four of them critically. The party, at a dance studio just off the town square, was in full swing when gunfire erupted.

The birthday girl's brother, 18-year-old Philstavius "Phil" Dowdell of Camp Hill, died as his sister knelt beside him begging him to keep breathing. He and another fatal victim, 17-year-old Shaunkivia Nicole "KeKe"



Flowers and balloons sit piled outside the Mahogany Masterpiece dance studio on Wednesday, April 19, 2023, in Dadeville, Ala. Two teenagers have been arrested and charged with murder in connection with a shooting that killed four young people at a Sweet Sixteen birthday party, Alabama investigators announced Wednesday. (AP Photo/Kimberly Chandler)

Smith of Dadeville, were high school seniors. Also killed were Marsiah Emmanuel "Siah" Collins, 19, of Opelika, and Corbin Dahmontrey Holston, 23, of Dadeville.

"I just feel broken to know he is not with me," Dowdell's mother, LaTonya Allen said. "But I do feel a little peace knowing they arrested somebody." The arrests were announced the same day Dowdell's mother met with the funeral home to discuss details for his burial.

Allen said the three suspects were not invited to the party and her daughter "didn't know them," but they might have come with someone else as word of the party spread on social media.

Allen said she didn't know how the shooting happened, but that she knew her son was gone once she saw him on the floor surrounded by blood. "My daughter was kneeling beside him. He was trying to say something to her but he couldn't," she said.

The shooting was the 16th mass killing in the U.S. this year. A 17th took place in Maine on Tuesday. A total of 88 people have

died in the killings so far in 2023. A mass killing is defined as the slaying of four or more people other than the perpetrator, according to a database maintained by The Associated Press and USA Today in partnership with Northeastern University.

Phil Dowdell was a star wide receiver readying to play college football at Jacksonville State University. Smith, also college-bound in the fall, was a caring big sister, her family said, and an athlete who became a team manager after being sidelined by a knee injury. Collins was a 2020 Opelika High School graduate planning to start college in the fall after taking a year off to try his hand at music. Holston was a 2018 Dadeville High graduate and former school athlete.

Flowers, balloons and two teddy bears with graduation caps and "Class of 2023" sashes were piled up Wednesday outside the dance studio. Black and gold balloons and ribbons, the colors of Dadeville High, adorned local mailboxes.

Segrest said dozens of teens from nearby towns attended the party, leavin

trauma to ripple across the region. "There were so many kids in this venue and what they saw, they're victims in this," he said. "Their families are victims of this."

A family member of KeKe Smith was thankful for arrests. "It don't make the hurt any easier. But we are relieved that they (the suspects) are not out in the community," Amy Jackson said in a phone interview.

Investigators have released little information, frustrating some.

The Alabama Law Enforcement Agency had said only that shell casings from handguns had been found, and that there was no evidence a high-powered rifle was used. Burkett on Wednesday again appealed for information from party-goers and the public.

Segrest said they will ask that the suspects be held without bond. It was not known Wednesday afternoon if those arrested had attorneys who could comment for them.

In 2020, Alabama had the fifth highest rate of gun deaths in the country, according to the U.S. Centers for Disease Control and Prevention.

SpaceX giant rocket explodes minutes after launch from Texas

SOUTH PADRE ISLAND, Texas (AP) — SpaceX's giant new rocket exploded minutes after blasting off on its first test flight Thursday and crashed into the Gulf of Mexico.

Elon Musk's company was aiming to send the biggest and most powerful rocket ever built on a round-the-world trip from the southern tip of Texas, near the Mexican border. The nearly 400-foot (120-meter) Starship carried no people or satellites.

Images showed several of the 33 main engines were not firing as Starship climbed from the launch pad, reaching as high as 24 miles (39 kilometers). There was no immediate word from SpaceX on how many engines failed to ignite or shut down prematurely.

The booster was supposed to peel away from the spacecraft three minutes after liftoff, but that didn't happen. Rather, the rocket with the spacecraft still attached began to tumble and then exploded, plummeting into the water.

Instead of a best-case-scenario 1 1/2-hour flight with the spacecraft taking a lap around the world, the whole thing lasted four minutes. It reached a maximum speed of about 1,300 mph (2,100 kph).

Thongs of spectators watched from South Padre Island, several miles away from the Boca Chica Beach launch site, which was off-limits. As Starship lifted off with a thunderous roar, the crowd screamed: "Go, baby, go!"

Musk, in a tweet, called it "an exciting test launch

of Starship! Learned a lot for next test launch in a few months."

In the weeks leading up to the flight, Musk gave 50-50 odds that the spacecraft would reach orbit and not end up in what SpaceX calls a "rapid unscheduled disassembly." He said not blowing up the launch pad would be a win.

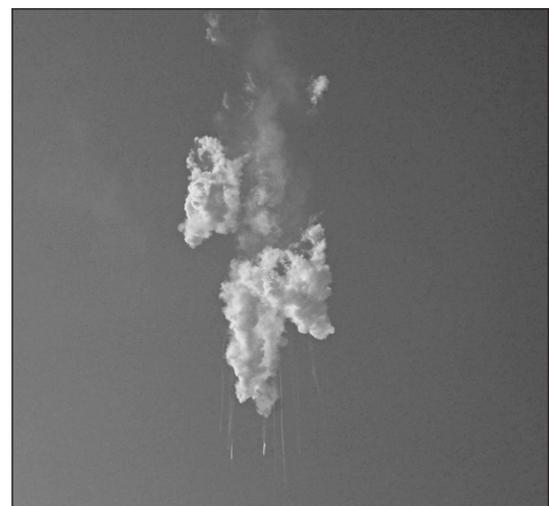
"You never know exactly what's going to happen," said SpaceX livestream commentator and engineer John Insprucker. "But as we promised, excitement is guaranteed and Starship gave us a rather spectacular end."

The company intends to use Starship to send people and cargo to the moon and, eventually, Mars. NASA has reserved a Starship for its next moonwalking team, and rich tourists are already booking lunar fly-bys.

Despite the abbreviated flight, congratulations poured in from NASA chief Bill Nelson and others in the space industry. Retired Canadian astronaut Chris Hadfield tweeted, "Huge accomplishment, huge lessons, onwards to the next attempt."

"It fell somewhere between a small step and their hoped-for giant leap, but it still represents significant progress toward a reusable super-heavy lift rocket," University of Chicago's Jordan Bimm, a space historian, said in an email.

At 394 feet and nearly 17 million pounds of thrust, Starship easily surpasses NASA's moon rockets — past, present and future. NASA successfully launched its new 322-foot



SpaceX's Starship launches from Starbase in Boca Chica, Texas, Thursday, April 20, 2023. The giant new rocket exploded minutes after blasting off on its first test flight and crashed into the Gulf of Mexico. (AP Photo/Eric Gay)

(98-meter) moon rocket last November on a test flight, sending the empty Orion capsule around the moon.

The stainless steel Starship rocket is designed to be fully reusable with fast turnaround, dramatically lowering costs, similar to what SpaceX's smaller Falcon rockets have done soaring from Cape Canaveral, Florida. Nothing was to be saved from this test flight, with the spacecraft — if all had gone well — aiming for a watery grave in the Pacific near Hawaii.

The futuristic spacecraft flew several miles into the air during testing a few years ago, landing successfully only once. But this was to be the inaugural launch of the first-stage booster with 33 methane-fueled engines.

SpaceX has more boosters and spacecraft lined up for more test flight; the

next set is almost ready to go. Musk wants to fire them off in quick succession, so he can start using Starships to launch satellites into low-Earth orbit and then put people on board.

It was the second launch attempt. Monday's try was scrapped by a frozen booster valve.

Jason and Lisa Flores drove down from Corpus Christi to watch the launch with their daughter, and noticed something was amiss.

Lisa Flores cried seeing the liftoff and then realized, "It's not working out the way it was supposed to."

Elizabeth Trujillo, 13, wearing a "Star Wars" shirt and carrying toy binoculars, skipped school to see the launch from the beach with her mother and other relatives. The crowd cheered when Starship cleared the tower.

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Great Duck River property with long Hwy and river frontage. Easy access to river and has graveled parking area near river so launching kayaks or boats is very convenient. Property was used as a canoe rental business for several years. Is ready to go now for that purpose. Also would be ideal for a RV Park since it has such nice and level land and river access. Check county zoning if this is an interest of yours. There is a 4 bedroom 2 bath house with a good view of the river. Also a storage building for all your river toys. There are 2 entrances to the property from the highway.

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Completely remodeled lovely one story. 4 bedrooms with 3 1/2 baths featuring a large rec room, den with fireplace formal living and dining. You be glad you looked!

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458 Ward Hollow Rd

A great gentlemen's farm. A nice country ranch home with vinyl siding and metal roof. There is a large barn with 7 horse stalls, tack room and hay loft that holds over 700 bales of hay. There is a 15X45 goat feeding shed. There are 5 separate lots for horses with a shed for shelter in each one. Spring feed creek flows from a cave up the hill through the whole property. Because the spring feeds the creek there is no flooding problems. Many other buildings including hen house, 3 car garage, tractor sheds, shop used for race cars, too much to explain without seeing them. Barn roofs were repainted last year, HVAC replaced 2002, Hot water heater 2019. Kitchen Appliances and washer dryer commercial quality stay with home. 10 acres of timber and 12 acres of pasture with cross fences.

Bryan Nerren 931-703-5162

MLS#2508941



3740 Hwy 41 A N

One owner 3 bedroom brick home with lots of hardwood., carport, 30x30 detached garage/shop & 3.78 acres.

Dianne Arnold 931-703-5104

MLS#2509549

Meet Teresa Smith



(931) 703-3120 • teresasmith@realtracs.com

Teresa is a lifelong resident of Bedford County. She attended the Community School of Unionville K-12 and graduated in 1994. Teresa has been a professional in the real estate industry for 27 years working as a Real Estate Assistant to Janice Carlton whom she says "I have learned so much from and who encouraged me to obtain my real estate license 9 years ago". With these years of knowledge and experience Teresa loves working with all clients. When asked what type of clients she likes working with most, she replied, "Helping first time home buyers find the right fit and the joy of helping them through the process of purchasing their first home."

Teresa loves spending time with her family and says "family comes first." She and her husband, Jody, have been married 29 years and have three sons. Tyler, 29, is married to Tiffany. Austin, 27, is married to Brooke and they have a 7 month old daughter Aubriella. Seth, 23, is married to Hailey and they have a 2 1/2 year old son Karsyn.

Teresa was raised on a farm and has always loved being around and caring for animals. From bottle feeding baby calves as a young girl to now having three dogs and two cats that she calls her "fur babies". She sponsors the New Destiny Dog Rescue in Shelbyville and encourages all of her friends and family to volunteer or donate to this great organization.

Teresa looks forward to building lasting relationships with all of her clients. She says "her clients become good friends and like family to her." Contact Teresa today for all your real estate needs!

Always get an estimate before a job

Dear Heloise: We just had a sink disposal and faucet replaced. We bought them before a plumber installed them. The bill for this was \$1,500. It took less than half an hour to do it.

Be sure to get an estimate before you get ripped off like this. --John, Vancouver, Washington

CHEESE STORAGE

Dear Heloise: One sure way to make cheese last longer after opening the original package is to store it in wax paper. Wrap it in wax paper and, if you want, put a rubber band on it to hold it closed. Then, put it in the fridge at that point.

I also place it in a zip-close bag, and the only time I have cheese go bad is if it went way past the expiration date (and would have gone bad anyway).

A nurse once told me how she could not get her cheese to last, so I gave her this hint. She told me that after she started using the wax paper, she never had cheese go bad again.

Thank you for all your wonderful hints and advice. I love your column just as I did your mother's. -- Shirley Blanchard, in California

MICROWAVE CLEANER

Dear Readers: To clean your microwave, use a 4-cup, microwave-safe bowl and mix 2 tablespoons of baking soda in 1 cup of water. Bring to a boil in the microwave, and then turn the microwave off. Do not open the door for 15 minutes because the water will be super heated and could splash or scald you. After 15 minutes, when it's cool,

Hints from Heloise

Heloise



remove and then wipe the grime from the walls, seals and inside door.

Baking soda is simple and easy to use for cleaning and deodorizing.

My pamphlet "Heloise's Baking Soda Hints and Recipes" has more on how to use baking soda at home to your advantage. Order yourself a pamphlet by going to www.Heloise.com or by sending \$5 and a long, self-addressed, stamped envelope to: Heloise/Baking Soda, P.O. Box 795001, San Antonio, TX 78279-5001. -- Heloise

KNEADING BREAD

Dear Heloise: To knead bread, just wet your hands a little to keep the dough from sticking to your hands. -- Jean Hosier, via email

PET PAL

Dear Heloise: Every day at 1:30 p.m., my cat finds a comfortable place to take a nice, long nap. -- Sarah, via email

Readers, to see Sarah's cat and our other Pet Pals, go to Heloise.com and click on "Pet of the Week."

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

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TODAY

Vaccination clinic

A Middle TN Spay and Neuter Clinic vaccination and microchip drive-up clinic will be from 8 a.m. to 2 p.m. on Saturday, April 22, only at 846 Union St. in the back parking lot. Rabies vaccinations will be \$10. Canine Distemper/Parvo, Feline Distemper, and Oral Bordetella shots will be \$15 each. Microchipping will be \$20. Dogs must be on leashes and cats must be in carriers. Please have cash and correct change.

Barbecue cookoff

Shelbyville Moose Lodge #2197 will hold its 14th annual barbecue cookoff Saturday, April 22. For more information call the lodge, 931-684-9137.

Glow in the Park 5K

The eighth annual Glow in the Park 5K will be Saturday, April 22 at 8 p.m. at H.V. Griffin Park. Fee is \$25 in advance, \$30 day of race. Register before April 1 at Shelbyville Recreation Center or its website to be guaranteed a free t-shirt.

APRIL 25

Book sale

Friends of the Library Book Sale will be Tuesday, April 25-Saturday, April 29 from 9 a.m. until an hour before closing each day.

Used hardcover books are \$1 each, paperbacks are 50 cents each, and DVDs and audiobooks \$1 each. To volunteer, call 931-684-7323.

APRIL 26

Blood drive

The American Red Cross is hosting a blood drive on Wednesday, April 26, 10 a.m. - 4 p.m., at the First Presbyterian Church, 600 N. Brittain Street.

APRIL 27

Lynchburg Jamboree

The Lynchburg Jamboree is every Thursday night from 5 to 8 p.m. at 207 Main St. Enjoy classic country music with friends and family. The event is free and open to everyone.

COMMUNITY CALENDAR

Junior's House meeting

Junior's House Child Advocacy Center is hosting a Bedford County Town Hall Meeting on April 27 at 6 p.m. at Edgemont Baptist Church, 150 Fairfield Drive. Guests will get an inside look into the organization.

APRIL 28

Cruise in

Celebration City Car Club's Cruise-In will be every fourth Friday beginning April 28 from 6-8 p.m. on the Shelbyville Square. Chase Clanton and Band will perform and food trucks will be present

APRIL 29

Fern sale

Boston and Kimberly ferns will be on sale from 8-11 a.m. Saturday, April 29 at the Wartrace well house. Proceeds will go to the Wartrace gym. For more information or to place an order see Friends of Wartrace Gym on Facebook or call Beverly Saylor, 931-205-4702 or Claudia Curl, 931-703-4605.

MAY 5

Sobriety checkpoint

There will be a Tennessee Highway Patrol sobriety checkpoint at 9 p.m. on S.R. 64 (Wartrace Pike), six miles east of Mile Marker 15. Trooper will evaluate drivers for signs of alcohol or drug impairment and take corrective actions for other violations observed.

MAY 6

Paws for a Cause

The Middle TN Spay and Neuter Clinic will be hosting a Paws for a Cause 5k run and 1 mile run on May 6 beginning at 9 a.m. at the Calsonic Arena Pavilion Registration will be from 7:30 to 8:45 a.m. Or you can pre-register at www.reg2run.com. This is a dog-friendly event; spectators are welcome (bring your own chair). Kids 10 and under are free with adult registration.

Indoor yard sale

The Fly Arts Center will

be having an indoor craft, vendor, and yard sale on Saturday, May 6, from 7 a.m. to 3 p.m. at 204 S. Main Street. You may rent a spot (8x10 area with 6' table included) for \$25 or \$45 for two spots. Reserve your spot by texting 931-212-0366 or emailing sframe.fly@gmail.com.

MAY 8

Bedford GOP

The Bedford County Republican Part will be on Monday, May 8, at 6:30 p.m. in the Microtel conference room, 1207 North Main St. Speaker to follow.

MAY 9

Commodity distribution

There will be a Commodity Food Distribution for Bedford County residents only on May 9 from 10 a.m. to 11:30 a.m. at the Bedford County Agriculture Center. The distribution will be drive through. For questions, call 931-685-9962.

Blood drive

The American red Cross is hosting another blood drive on Tuesday, May 9, from 2 p.m. - 6 p.m., at First Baptist in Shelbyville, 304 East Depot Street.

MAY 13

Bedford Warriors Course

The Bedford Warriors for Charity will host their first-ever obstacle course challenge on Saturday, May 1, at 9 a.m. at the Bedford County Agriculture Center. Prize money will be donated to a Bedford County charity for the top three women's and top three men's finishers. For more information contact Amanda Arnold at 931-206-0574 or Ron Orr at 615-598-8617. Food trucks, vendors, and kids' area will also be available.

Fish fry

The First Choice Annual Fish Fry fundraiser will be Saturday, May 13, at Walnut Ridge Farm, 1198 Whiteside Hill Rd. in Wartrace. Food will be served from 3 p.m. to 6 p.m. Kids 10 and under eat free at the event. Tickets are \$15 in advance and can be purchased online at Eventbrite.com or by call-

ing First Choice Pregnancy Center at 931-680-0066. Tickets will also be \$20 at the door. Curbside pick-up available. Call by noon May 12 to schedule pickup if purchasing more than five meals.

ONGOING

Meals on Wheels

Shelbyville Senior Citizens Center is in need of Meals on Wheels volunteers to deliver meals to the homebound of Shelbyville. For more information, call 684-0019 and ask for Amy Wilson.

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 3:30-5 p.m. Tuesdays and Thursdays at 336 S. Cannon Blvd. (corner of South Cannon Boulevard and Pickle Street). Donations may be made to Shelbyville Community Soup Kitchen, P.O. Box 2259, Shelbyville, TN 37162, and are tax deductible under its 501c3 non-profit designation.

Boxed non-perishables are available. Takeouts are no longer distributed.

Head Start

Bedford County Head Start Centers are currently taking applications. For more information or to complete an application contact any Head Start Center. Phone numbers are: Wartrace 931-389-6406, Harris Head Start 931-773-0033, North Side Head Start Center 931-773-0141, and Bedford Early Head Start 931-685-0876. Head Start is a free child development program for children 6 weeks to 3 years and their families. Early Head Start enrolls pregnant women for monthly prenatal educational visits.

Celebrate Recovery

Celebrate Recovery meets each Monday at 6 p.m. at International House of Prayer, 865 Union St. Attendees do not have to be a church member. For more information call Doug, 931-703-3159.

PUBLIC NOTICE

THE REGULAR MEETING OF THE SHELBYVILLE POWER, WATER, AND SEWER BOARD WILL MEET

TUESDAY, APRIL 25TH @ 5PM

AT THE SHELBYVILLE POWER SYSTEM OFFICE, 308 SOUTH MAIN STREET.

THE PUBLIC IS INVITED TO ATTEND ANY AND ALL MEETINGS.

SHELBYVILLE POWER, WATER, & SEWER BOARDS

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Attract Backyard Birds with the Right Seeds

(Family Features) While almost all bird seed may look pretty much the same to you, it doesn't to the birds you're feeding. Knowing what kinds of seeds different birds like can help you attract a variety of fine feathered friends to your feeders.

Consider these popular seed types and the common backyard birds they attract:

Sunflower - Black sunflower seeds attract blue jays, goldfinches, woodpeckers, purple finches, chickadees, titmice and nuthatches. Striped sunflower seeds appeal to chickadees, doves, grosbeaks, northern cardinals, nuthatches, titmice and woodpeckers. Sunflower hearts (also known as "hulled sunflower" and "sunflower chips") attract chickadees, common redpolls, juncos, doves, finches, goldfinches, grosbeaks, nuthatches, pine siskins, titmice and woodpeckers.

Nyjer - These lightweight, tiny seeds are a favorite of goldfinches. Put



nyjer seeds in a hanging feeder with tiny holes so the small seeds won't get blown away. Nyjer also attracts redpolls, juncos, doves, indigo bunting and pine siskin.

Safflower - These white seeds are slightly smaller than black sunflower seeds. Because they are bitter, grackles, blue jays, starlings - and squirrels - don't like them. However, they do attract doves, purple finches, chickadees, titmice and downy wood-

peckers.

White millet - Good for scattering on the ground, white millet attracts ground feeders such as juncos, sparrows, indigo buntings, towhees and mourning doves.

Cracked corn - Popular with ground feeders, cracked corn appeals to doves, crows, jays, sparrows, juncos and towhees. Avoid getting finely cracked corn as it's vulnerable to rot and can quickly turn to mush.

When choosing a bird seed mix, pay attention to the ingredients list on the package. Bird seed is required by law to list ingredients in order of content. Some cheaper mixes have filler seeds such as wheat, red milo, red millet or "assorted grain products." Most backyard birds won't eat those, and your seed mix could end up wasted on the ground.

Learn more about making your backyard an oasis for birds of all kinds at eLivingtoday.com.

NEWS DEPARTMENT: tgnews@t-g.com

Zoe Haggard, Staff Writer Ext. 108
 Chris Siers, Sports Editor

PAGINATION:

Carol Spray.....Ext. 109
 Mary Cook.....Ext. 109

CIRCULATION & SUBSCRIPTIONS:

Sherri Frame, circulation@t-g.com.....Ext. 105

Monday - Friday office lobby 9 a.m. - 4 p.m.

CLASSIFIED ADVERTISING:

Megan Kipker, classifieds@t-g.com..... Ext. 104

DISPLAY ADVERTISING:

Diandra Womble, Ad. Director/General Manager ... Ext. 101

OFFICE: office@t-g.com

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2022 CONSERVATION FARMER OF THE YEAR



Jim Graves, the 2022 Conservation Farmer of the Year, is an exceptional steward of his land. Five Oaks Farm was started by Jim and Tammy, his wife of 37 years. Together they have three children and five grandchildren. Five Oaks Farm is family operated, where everyone, from the youngest to the oldest, does their part to make the farm a success. With assistance from the TDA, the District and NRCS, Jim has installed fencing, pipeline, and watering facilities to implement rotational grazing on his farm. He is currently working with NRCS and the District in the Conservation Stewardship Program to further improve his pasture health. The Bedford County Soil Conservation District would like to thank Jim for protecting the natural resources of our county through his conservation practices. Protecting streams and riparian zones benefits all of us by keeping our water clean.

Tips for integrating nature into your interior design

(StatePoint) This spring home improvement season, get inspired by the outdoors with biophilic design.

“Biophilic design – the concept of integrating nature into interior design – is not only gorgeous, it fosters a healthy living environment, promotes happiness and comfort, and reduces stress,” says Jennifer Kline, multimedia graphic artist at ProVia. “There are many ways to reap these wellness benefits while adding vitality to your living spaces.”

To connect to the natural world within your home, consider these ideas:

Foster Tranquility

Taking a stroll through the forest can summon feelings of tranquility. Capture this inner peace at home from the moment you step inside with a fiberglass woodgrain entry door. Those from ProVia provide authentic-looking woodgrain textures, such as oak, cherry, mahogany, knotty alder and fir, and can accommodate various door glass enhancements. Engineered for energy efficiency, they’re also a sustainable choice, helping you protect the natural world as you embrace its splendor. Other design choices, such as exposed rustic ceiling timbers, rich hardwood furniture, warm hardwood floors and vinyl woodgrain windows can help you carry the forest motif throughout the home, while imbuing interiors with richness and warmth.

Let Light in

“If you’re lacking natural light, it’s time to open those blinds and drapes and let the sunlight stream through your windows. It may also be time to consider a few enhancements that will help you enjoy more sunshine and observe your natural surroundings, even when you can’t be outdoors,” says Kline.

For kitchens and breakfast nooks, bathrooms and dens, consider vinyl garden windows, which invite more light into your space and include shelves ideal for housing indoor plants, such as fragrant herbs. Their three-dimensional design helps give rooms an airy, spacious feel. Family rooms and bedrooms are great locations for vinyl picture windows, which



let in large amounts of light while providing unobstructed views of outdoor scenery. Need inspiration? Visit ProVia’s Window Photo Gallery at www.provia.com/windows.

To brighten your foyer, add an entry door with glass. Energy efficient sliding glass patio doors also let in sunlight, and give you the option to invite fresh air into your home or enjoy the melodies of singing birds on nice days. Skylights can flood small or closed-off spaces such as walk-in closets or bathrooms with light and give you views of blue skies.

Let it Grow

To give your home a welcoming, fresh feel, add various houseplants and indulge in fresh-cut flowers. A windowsill with small plants of varying shades of green can add texture, while larger potted plants near doorways help guests feel welcome. Fill dark, underutilized spaces with taller plants and place bright, lightly-scented garden flowers in such spots as the kitchen island and coffee tables.

Use earthen or wood-carved vases for additional warmth.

Create Drama

From the warm brown tones of a picturesque southwestern mesa to the cool, earthy feel of quarried rock, manufactured stone veneer adds rugged texture, intriguing patterns and shapes, and a variety of hues straight from Earth’s natural color palette.

Whether you’re creating a focal point in a bedroom with an accent wall, adding character to your kitchen with a stone veneer backsplash, surrounding a tub with stone veneer for a spa-like bathroom, or highlighting your fireplace, different stone profiles and grout colors can help you customize the look. Experiment with combinations using ProVia’s visualizer tool found at provia.com/stone/grout-visualizer.

“Incorporating biophilic elements into your interior design can transform your home into a warm respite from your busy life,” says Kline.

Now is the time to prep your lawn and garden for warm weather

(StatePoint) It may feel like warm weather is still a way’s off, but you should already be getting your lawn and garden spring-ready, according to experts.

“One thing I don’t think people realize is that to get your grass, shrubs and other plants looking good in the spring...all that preparation starts right now,” says Major League Fishing bass pro, Brian Latimer, or “Blat” as he is known by fans.

To help homeowners prep for spring, Latimer has partnered with lawn care equipment manufacturer, Exmark, to offer his four, go-to tips:

1. Pull Those Weeds. According to Latimer, the most important step in prepping your lawn and garden for spring is weeding. “I have a zero-tolerance policy when it comes to weeds,” he says. “Watch those sneaky weeds growing in your shrubs and ground covers, because those are going to be the first ones that show their heads in the spring.”

While weeding isn’t the most fun you can have in your yard, it’s worth

the effort. Latimer also recommends putting a pre-emergent out now while cool-season weeds germinate. This is especially important if you have warm-season grass. While you can use pre-emergent on your planting beds as well, he recommends hand-pulling them if you can.

2. Tidy up with Selective Pruning. Pruning will make your shrubs look nice and tidy, however Latimer recommends being careful in your efforts, avoiding plants that are budding. Pruning buds will keep your flowers from being as prolific in the springtime. You can check for buds by combing your hands through the foliage.

3. Get Rid of Pests. Certain spring pests should be treated for in the colder months. Latimer is especially wary of fire ants, as they’re one of the most active lawn pests in spring. Treating them early will minimize their activity and mitigate potential problems they cause when the weather warms up. “I can promise you they are going to be everywhere in warm weather, so

treat them now,” he says.

4. Get Those Leaves up. Latimer knows that leaf blowing or raking is time-consuming, but he says that getting fallen leaves off the ground is essential. Not only are leaves on your lawn an eyesore, but they can also keep a lot of excess moisture from winter rain, snow and ice stuck in your soil. This creates the potential for root rot, active pests and germinating weeds.

Latimer offers more insights in “4 Tips to Prep Your Backyard for Spring,” a recent video from Exmark. To watch the video, visit Backyard Life, which is part of a unique multimedia destination with a focus on helping homeowners make the most of outdoor spaces. There you can also download additional tips and view other Exmark videos.

There’s no time like the present to plan for the future. With these great tips in mind, it’s time to brave the brisk weather and get your lawn and garden prepped for spring.

CHURCH ACTIVITIES

Send church news and events to tgnews@t-g.com.

Baptist

Bro. Tyler Shoemaker’s message at **Calvary Baptist Church** on Sunday April 23 at 10 a.m. will be “Our Mission” out of Matthew 28: 16-20. Services will be livestreamed.

The message title for Sunday morning’s service at **Edgemont Baptist Church** message for April 23, is “God So Loved the World,” from John 3:16. Sermon by Pastor Jimmy West.

The message for **Grace Baptist Church** will be Message: “I Will Build My Church” from Matthew: 16: 13 - 19.

Christian (Disciples of Christ)

Everyone is invited to **First Christian**, Sunday morning at 10 a.m., as they meet to celebrate and worship Christ Jesus. The message will come from Acts 9 as they talk about “How to Treat a New Christian?” Children’s graded worship and nursery also be at 10 a.m.

Church of Christ

Fairlane Church of Christ’s series is “Questions of Faith,” and the question addressed this Sunday is, “Is There Really Only One Way to God?” from John 14: 1-7.

The lesson for **Southside Church of Christ** will be “It is Finished” from John 19:30 by Guest Speaker Will Thorpe at 10 a.m. Sunday. The Sunday 6 p.m. will be a Study of Colossians by Brian Nicholson. David Sanders will be teaching “Restoration Thought and History” at the Wednesday 6:30 p.m. service. Sunday morning is livestreamed at 10 a.m. and Wednesday evening services are livestreamed 6:30 p.m. at cofcsouthside.com.

There will be a meeting of all members and former members of **Deason Church of Christ** and other interested persons on May 7, 2023 at 2 p.m., at the Deason Church of Christ, 3412 Highway 231 North, Shelbyville, for the purpose of authorizing a sale or a lease with right to purchase to another Church of Christ in order to reestablish and continue Church services at the site.

Methodist

John Carney will be preaching this weekend at the **Shelbyville First United Methodist Church** and his message will be on Luke 24:13-35 and called “In the Breaking of the Bread.” You can join the church on the square, 122 Public Square North, at 9 a.m. for Sunday School (all ages) and for worship at 10 a.m. Or, you can join us on Facebook livestream or tune into the broadcast on WLJ 1580 AM.

Presbyterian

First Presbyterian Church’s service for this Sunday, the 3rd Sunday of Easter, will be held Sunday at 10 a.m. and led by Guest Pastor Steve Thomas. All services are streamed live on Facebook. Sunday School starts at 9 a.m. They have all age groups and a nursery available for the little ones.

No Big Deal

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”
Philippians 4:6 NIV



The good advice to “not sweat the small stuff” is often followed up with the reminder that in the grand scheme of things it’s all “small stuff.” And yet still, we are often rankled by petty concerns or by things that are just not a big deal. We should keep the phrase “no big deal” close at hand for all the times when things don’t work out the way we want them to. A broken coffee cup or a flat tire is never met with gladness, and yet neither is no big deal. Likewise, most problems we face in our daily lives are more like a broken glass or a flat tire than a terminal illness. As a good friend of mine likes to say, “no more trouble than a cloudy day.” Keep the phrase “no big deal” handy but realize that when we

use it to describe other people’s problems they may beg to differ. When faced with someone else’s problems it is better to show them that it’s easily remedied. The flat tire on someone else’s car may be a big deal for them because they don’t have a spare tire or a jack in their car, and the broken coffee cup they are fretting over may hold some special meaning because it was given to them by their mother. Short of helping them to get their tire fixed or convincing them that they shouldn’t be so attached to material things that are liable to break, we should probably hold our tongues. And still, it’s no big deal.
—Christopher Simon

CONEXON/UNITED COMMUNICATIONS (TN) PUBLIC RFP AD POSTING

FTTH Construction Services – Request For Proposal for United Communications

The United Communications-(TN) FTTH Construction Project will be issuing a Public Request For Proposal (RFP) for Field Data Collection, Construction & Drop Materials, Make Ready Engineering Services, Make Ready Construction, FTTH Construction, FTTH Drop Installation Services and FTTH Customer Premise Installation Services. You must reply by 5pm CT on **April 25th, 2023**. The RFP letter and bid details will be sent via email to those who respond by the deadline.

Please submit interest to:

USE PROJECT CODE: United Communications-TN

URL: <https://conexon.us/RFP>

Or QR CODE:



The Issue: Community involvement

By **ZOË WATKINS**
 zwatkins@t-g.com

No matter what your political party affiliation may be, local community involvement is something Bedford County Republican chairman Bo Gill hopes more people will do.

And for Gill, there are multiple components to this, for instance, education, working together, and putting “boots on the ground.”

With this, they hope to garner more voters. During the last election, the total number of registered voters in Bedford County was just over 28,000. But only 4,300 voters turned out for the last general election, according to the post-election summary report. That’s 15 percent.

“What we’re trying to do is flip it over so the people who haven’t voted vote, and target them especially at this time, and target them by trying to get them involved,” Gill said. “The main thing is getting people involved. It’s really not a partisan issue.”

Often, local politics are overshadowed by hot-button national issues. But Gill said the local level is where it should all start.

Getting involved is something Gill says he’s been striving to do for about the last decade. Born and raised in Bedford County, Gill is also on the Shelbyville planning commission and is a deacon at Fairhaven Baptist Church in addition to working his job as a residential real estate appraiser.

“This is home. This is all I want. And I’ve always seen the potential we have,” he said.

Hoping to inspire this “servants’ heart” in other people relates to the GOP’s current slogan: “Commitment to America and its founding principles.” Those principles, according to Gill, are limited government, liberty, equality, justice, and defending the rule of law.

Gill said it’s important rules for candidates identifying as Republicans to attend the local GOP meetings regularly because it is important for voters to know whom they are voting for.

“It was intended for them [offi-



Bo Gill

cial] to serve the people...My main objective right now is to reignite that fire not in a way that divides but in a way that unites to make it back to who we really are,” said Gill.

One way to unite is to use the 80/20 method. That is, if you can agree on 80 percent, what are some ways to “reach across the aisle” on the 20 percent.

“You can’t get anything done if you don’t reach across the aisle. It’s not just compromise — you can’t compromise on Constitutional principles,” said Gill.

For instance, Gill said everyone pretty much agrees that school safety in today’s world is a top priority. But how to fund that school safety — whether it be through a wheel tax or not — is where the discussion happens.

Or, though not advocating for higher taxes, Gill said, “You have to pay for things in order to have a better place...so a lot of the old mindset is going to have to be wiped away that maybe we do need to raise taxes in a responsible way.”

The concerns, according to Gill, boil down to the city’s and county’s budgets and how the money is being spent. “If we could all get on the same page and know transparently what’s going on, I think that more

people would be glad to give their tax money. If you want good police officers, firemen, roads, you’ve got to pay for it,” he said.

Part of this also includes asking questions and holding elected officials accountable in order to see the fruits of one’s labor. “That’s what they are: servants and representatives,” he said.

Though a lot of pressure is put on the officials, they need to hear from the citizens about the issues. This is where involvement is key, said Gill.

That could look like attending meetings, making phone calls (not just to elected officials, but to the GOP executive committee), and, of course, voting.

As far as election confidence goes, Gill said he feels “safe” here in Bedford County, applauding all the work of the election’s office.

“The main goal is to preserve what we have but to grow it with a healthy growth,” said Gill.

“I wear the Republican party hat as the chairman. But my allegiance is to America and the Constitution.”

The next meeting will be Monday, May 8, at 6:30 p.m. at the Microtel conference room. A speaker is to follow. Gill said one of the challenges is getting their own place, which they hope to do soon.

Follow their Instagram @bcrcp2023 for merchandise and updates.

“I would invite any Democrat, Independent, or undecided...come check us out. Give us a shot because it’s us together. It’s going to take a lot of different minds and ideas to form it together,” said Gill.

LETTERS TO THE EDITOR

Dear editor

Responding to Rep. Marsh’s recounting of the Tenn 3 episode.

Rep. Marsh and other legislators have taken for granted their right to do as they please, handle citizens’ matters/problems as they please and when they please if ever they will.

What could have been more important on the legislative agenda than to immediately answer Tennessee citizens’ pleas for elected legislators to stop insane killings? Marsh attacked TN 3 for interrupting their sessions. How else could the TN 3 get their attention? Being new Rep’s they are shut down-not to speak unless called upon. That’s decorum? Well decorum is also decency, tact and gentility. They were not shown any, only to hurry and as Marsh said “kick them out”.

Marsh is heavy for decorum-offering words but **no action** to halt the murdering of innocent human beings. The killings at Covenant School? Words will not end the senseless murders. **Banning AR15 war weapons will.** But Rep Marsh and his cohorts did/do absolutely nothing. They say it isn’t on their agenda. Well they better make sure it is. Every police person is in danger for their life because of the AR15 war guns, but it mat-

ters not to Marsh and his cohorts as they must owe their allegiance to NRA gun lobbies. Shame on them. They think of themselves, not their constituents. If it truly mattered it would have been the no. 1 priority on their agenda.

No one is saying do away with your guns, but people across this nation have pleaded with Republicans/Democrats/Independents to do away with the AR15 weapon. Doctors have told how the bullets turn bones to powder with no hope for saving. Yet our elected persons turn a deaf ear. They sit in their comfy leather chairs and refuse to debate their reasons for keeping AR15s on the open market. That is not democracy-it’s old persons set in their ways that refuse change when change is all around them. “Kick them out.”

Question, Rep Marsh... What are you going to do? Don’t say mental health because one way or the other we all have a little crazy in us. **WON’T YOU PLEASE PUSH TO BAN AR15 WAR WEAPONS in Tennessee? Maybe our two Senators will follow same in Washington DC. PLEASE.**

Joan Livieri
 Sundance Street
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JAIL INTAKE: APRIL 22

The following were charged by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

- Jason Edward Anderson, 41, Elrod McElroy Road, Milton, Tennessee; to serve time-General Sessions Court, no bond.
- Jeremy Archer, 42, Joe Hart Road; attachment, \$2,000 bond.
- Louise Banks, 31, Bark-sdale Lane; assault, no bond.
- Stephanie Marie Beddingfield, 42, Pleasant Hill Road, Lynchburg, Tennessee; theft involving merchandise-shoplifting, \$10,000 bond.
- Johnny Robert Bowen, Jr., 43, Lafayette Street; violation of parole, no bond.
- Justin Dewayne Burks, 37, Main Street, Lynchburg, Tennessee; failure to appear, no bond.
- Rebecca G. Burnett, 35, Meadowview, Altamont, Tennessee; misuse of 911, public intoxication, \$3,000 bond.
- Candace Nicole Caneer, 30, Snell Road, Lewisburg, Tennessee; possession of schedule II, \$3,500 bond.
- Francisco Javier Carrillo-Rojas, 26, Parker Road; to serve time-General Sessions Court, no bond.

- Kristen Leighann Casteel, 29, Haskins Chapel Road, Lewisburg, Tennessee; other, no bond.
- Kevin McKale Dandy, 24, Sims Road; simple possession, no bond.
- Samuel William Elgin, 22, Moulder Road; driving on suspended license, no bond.
- Breanna Leann Evans, 32, Carrcreek Road, Normandy, Tennessee; failure to appear, no bond.
- Mitchell Arnez Freeman, 28, McFerrin Street, Woodbury, Tennessee; hold-extradition to another state, no bond.
- Silverio Fuentes-Sosa, 43, Hoover Street; driver to exercise due care, no driver's license/exhibited on demand, no bond.
- Emmanuel Castaneda Galindo, 37, Mill Lane, Smyrna, Tennessee; failure to appear, \$2,500 bond.
- Israel Cervantes-Garcia, 49, Davis Street; no driver's license/exhibited on demand, speeding, no bond.
- Jose Domingo-Gaspar, 19, Ritch Lane; driver to exercise due care, driving on suspended license, leaving scene of accident, no bond.
- Tomas Angel Gonzalez, no bond. 23, Quarry Street; no driver's license/exhibited on demand, no bond.
- Matthew Banks Hardick, 38, North Cannon Boulevard; criminal impersonation, evading arrest, other, resisting arrest by

officer, theft of property, violation of probation - General Sessions Court, \$13,500 bond.

- Chelsea Renee Holt, 29, Bull Run Road; violation of probation-General Sessions Court (2 charges), no bond.
- Corey Robert Holton, 34, Coopertown Road, Unionville; capias, failure to appear, no bond.
- Erica Lynn James, 38, Dover Street; driving on revoked license, possession of schedule IV, speeding, no bond.
- Joanna Marianne Johnson, 60, Unionville-Deason Road, Bell Buckle; no driver's license/exhibited on demand, open container law, running red light/stop sign, \$1,000 bond.
- Ashley Brooke Jones, 33, Hanover Street, Murfreesboro, Tennessee; vandalism, no bond.
- Caleb Amara Lane, 33, Hillwood Road, Tullahoma, Tennessee; failure to appear, no bond.
- William Keith Lynch, 56, Buzzard Roost Road, Chapel Hill, Tennessee; to serve time-Circuit Court, no bond.
- Lindsey Brooke Matlock, 44, Neilson Court, Murfreesboro; to serve time-General Sessions Court, no bond.
- Natalie Gallegos Medina, no age listed, Oak Street; no driver's license/exhibited on demand, no bond.
- Sandra Merritt, 50,

East Lane Street; domestic assault-aggravated, driving on suspended license, light law, vandalism, \$10,000 bond.

- Erika Amber Navarro, Halls Mill Road; capias, violation of probation-General Sessions Court, \$2,500 bond.
- Elic Manuel Ramo Smith, 21, Lincoln Street, Tullahoma; driving on revoked license, light law, no bond.
- Maurice Antonio Taylor-Richardson, Jr., 34, Chestnut Street, attachment, \$500 bond.
- Esteban Teletor, 18, White Street; driving on suspended license, \$1,000 bond.
- William Liniel Thompson, III, 41, Warner Bridge Road; burglary, burglary-aggravated, (2 charges), theft of property (4 charges), \$8,500 bond.
- Michael Anthony Throneberry, Jr., 36, El Bethel Road; other, \$10,000 bond.
- Maynor Velasquez-Velasquez, 34, Arnold Drive; improper registration, no driver's license exhibited/on demand, \$500 bond.
- Edward Wilson, 36, Stargazer Court, Richland, North Carolina; simple possession, \$2,500 bond.
- Jordan Tyrese Woodward, 20, Scales Road; driving on suspended license, no bond.

Sparta man charged in Jackson County motel fire

JACKSON COUNTY - An investigation by special agent fire investigators with the Tennessee Bureau of Investigation into a motel fire last year in Bloomington Springs has resulted in the arrest of a Sparta man.



Jacob Flatt

On May 13, 2022, TBI fire investigators joined the Jackson County Sheriff's Department and Jackson County Central Volunteer Fire Department in investigating a structure fire that occurred at the Highway 56 Motel on S. Grundy Quarles Highway. During the course of the investigation, agents determined that the fire was incendiary. The investigation further identified Jacob Flatt as the individual responsible for setting the fire.

On April 17, the Jackson County Grand Jury returned indictments charging Jacob Steven Flatt (DOB: 06/10/2001) with one count of Aggravated Arson, one count of Vandalism, one count of Aggravated Burglary, one count of Theft, and 10 counts of Reckless Endangerment. On Wednesday, Flatt was arrested and booked into the Jackson County Jail on a \$150,000 bond.

Gainesboro man indicted on arson charge

JACKSON COUNTY - An investigation by special agent fire investigators with the Tennessee Bureau of Investigation into a residential fire in Jackson County has resulted in the arrest of a Gainesboro man.



Jeffrey Todd Wilmoth

In August 2022, TBI agents joined the Jackson County Sheriff's Department in investigating a fire that occurred at a residence on Dodson Branch Highway. During the course of the investigation, agents developed information that indicated the fire was incendiary. The investigation further identified Jeffrey Wilmoth as the individual responsible for setting the fire.

On April 17, the Jackson County Grand Jury returned an indictment charging Jeffrey Todd Wilmoth (DOB: 10/20/1970) with one count of Arson. On Wednesday, Wilmoth was taken into custody. He was booked into the Jackson County Jail on a \$100,000 bond.

PUBLIC RECORD

MARRIAGE LICENSES

Xavier Matthew Holloway and Megan Lynn Sewak
 Timothy Ryan Kelley and Constance Marie Mullins
 Matthew Bryan Patrick and Priscilla Paige Moss
 Ricardo Edgar Lira Sosa and Teresa Tavera De La Paz
 Michael David Seibers Jr. and Harlee Nicole Burns
 Baran Gregory Vandergriff and Ashley Hope Doss Holt
 Jeffery Dewayne Burgess and Rita Mae Barnette
 Dustin Kyle Whitworth and Ashlyn Skylar Brandon
 Yaman Ahmad Qatteea and Arin Mohammed Nazir Arnous

Lopez, Kimberly Dawn McAnally, Michelle Pyrdum, Cindy A. Robinson, John Curtis Smotherman, Logan Matthew Sweeney, Daniel G. Sweeten—all \$185,
 Calandra L. Charles, Justin Clem, Daniel E. Foster, Kaitlyn E. Fredrick, Tammy S. Gallagher, Lidia Garcia Basurto, Christopher Land, Truett Edward Leach, Tiron R. McKenley, Cayla B. Patterson, Deshaun St. Clair, Lester Bernard Weatherspoon—all \$130,
 Catherine Emerson \$190,
 Gregory Bernard Grier, Corie Marie Kendall, Thawng Sang—all \$20
Registration Violation—Christian Alexander Bishop, Isaac D. Cawthon, Steven D. Crabtree, Norma Ghiggo, Maria Hernandez, Terence J. Hines, Curtis L. Huffer, Bobby Terrell Johnson, Delaina K. Roland, Emily Laren Woodard—all \$115,
 Calandra L. Charles, Jasinet K. Coble, Carlie E. Dickie, Jamie Dyer Jr., Scott Hargrove, Vanessa L. Heflin, Jeremy Lynn Leverette, Andrew C. Moon, Mauro Fernando Ramos—all \$10
Animals At Large—Angela R. Boller, Ronnie Lee Campbell—both \$155
Distraction Driving (Hands Free)—Zachery C. Bowling, Brycen Brown, William G. Bryan, Maria Campos Mendoza, Kelly Young Heflin, Sherri Martinez Johnson, Tonya Sue Mooneyhan, Kelly Jean Walker, Katherine Leah Winnett—all \$60,
 Joseph Harris \$120, John B. Patterson \$215
Financial Responsibility (Insurance)—Tracy L. Brannon, Brigitte Celestine Brown, Juan A. Casillas, Kelsey R. Doss, Jamie Dyer Jr, Gregory Bernard Grier, Scott Hargrove, Stefan Lamont Hodge Jr., Corie Marie Kendall, Jeremy Lynn Leverette, Jose A. Longona Santacruz, Richard F. Marciniak, Shyanne Lee McCullough, Andrew C. Moon, Gabriel Alexander Mooningham, DMario J. Morrow, Reggie Bernard Newsom, Richard Parsons, Mauro Fernando Ramos, Angela M. Register, Phyllis G. Riley Phelps, Thawng Sang, Austin Lee Smith, Trequann Lamar Smith, Brian T. Walker, Mary Elizabeth Ware, David Warner, Errol K. White, Divine Williamson—all \$130,
 Ana Laura Cardenas, Calandra L. Charles,

Kendrick D. Cooper, Geneva Lenora Haley, Jason Henley, Muriel F. Jones, Claudia Longoria, Sierra McWilliams, Krystal Dawn Phillips, James E. Raney, Deshaun St. Clair, Logan Matthew Sweeney, Michael Watson—all \$25
Light Law Violation—Brigitte Celestine Brown, Ana Laura Cardenas, Matthew Ray Clanton, Kelsey R. Doss, Gregory Bernard Grier, Stefan Lamont Hodge Jr., Jeremy Lynn Leverette, Richard F. Marciniak, Shyanne Lee McCullough, Richard Parsons, Angela M. Register, Trequann Lamar Smith, David Warner, Errol K. White—all \$10,
 Carl David Mitchell Jr. \$115
Animal Not Having Vaccinations—Ronnie Lee Campbell Jr. \$50
Child Restraint Law—Ana Laura Cardenas \$155
Violation Window Tint Law—Ashlee Carole Cates, Caleb Jean Parsons, Takesta L. West- all \$115,
 Matthew Ray Clanton, Jose A. Longona Santacruz—both \$10
Seatbelt Law—Candace are Coats, Nathan Chance Logan Derting, Amy E. Hudgins, Ramsey Denard Moore, DMario J. Morrow, Loi D. Nguyen, Carl Anthony Vincent, Jay Mark Weinstein—all \$30,
 Thomas Eugene Davenport, Leah Gail Forbus, Travis Burton Madgett—all \$55,
 Lucas David Ford \$50
Traffic Control Device (Red Light)—Matthew Ray Clanton, Geneva Lenora Haley, Brian A. Hernandez Garcia—all \$125,
 Jacob Wayne Gann \$325,
 Deshaun St. Clair \$20
Violation Of Move Over Law—Kendrick D. Cooper \$155
Speeding In School Zone—Kevin Lee Dudley \$190,
 Pamela Adams Miller, Kyle Gene Snow-McCaffrey—both \$130,
 Roman Ramirez-Hernandez \$125
Failure To Yield Right Of Way—Amber N. Gas, Rebecca Lynn Lambhead, Elizabeth Shontay Ratleph—all \$130
Driver To Exerise Due Care—Ramsey Denard Moore, James E. Raney—both \$130
Following Too Close—Janice F. Prosser \$130
Failure To Maintain Lane Of Traffic—Dequand Antonio Williams-Hardy \$130

REAL ESTATE TRANSFERS

04/11/2023—04/17/2023
 Catherine Blair Lovvorn, Daniel Lovvorn, Catherine Lovvorn to Anthony Dillion Stemberger, Anna Rose Stemberger—\$650,000, 0 acres, Pleasant Way
 Mary Jane Miller to Mary Jane Miller, Susan C. Brannon—0 money, 7.41 acres, Tullahoma Normandy Rd.
 Roy P. Burch Jr., James Reuben Warren, James R. Warren to Clara Ann Warren Burch, Elizabeth Jane Warren Noel, James Reuben Warren III—0 money, 0 acres, North Cannon Blvd.
 Elizabeth Jane Warren Noel to Clara Ann Warren Burch, James Reuben Warren III—0 money, 0 acres, North Cannon Blvd.
 Stephanie Quillin to Travis Edgar Quillin—0 money, 4.29 acres, Never Rest Park St.
 Paul Maillet, Janice Maillet to Denise Bird—\$115,000, 0 acres, Warner Bridge Rd.
 Paul Baker, Ginny Baker, Virginia Baker to Frank Delles—\$510,00, 14.39 acres, Magnolia Ln.
 Charles Rodney Bowling, Chanel Donegan to Jude A. Sanchez—\$555,000, 5.01 acres, Hwy 41A
 Matthew Jacobs,

Haven Jacobs to Christopher Owens
 Vandergrift, Marie Louise Vandergrift—\$782,500, 0 acres, no address
 Town Of Normandy to Ricky Layton Jones, Sandy Jean Jones—0 money, 0.05 acres, no address
 James J. Probasco, Carol E. Probasco to Kevin Rains, Sherri Rains—\$445,000, 5.03 acres, Sulphur Springs Rd.
 Curl Properties LLC, Greg T. Curl to Stefanie Fae McAnally, Valeria Dann Pope—\$285,000, 0 acres, Reese St.
 Richard Weir, Pamela Ann Weir to Carlos Vazquez Jaimes, Maria C. Hernandez Modesto—\$440,000, 0 acres, Kingdom Rd.
 Jimmy D. Baker, Deborah Baker to Katie Woods, Jordan Woods—0 money, 0 acres, Rippy Ridge Rd.
 Karen Reed, Kent Taber, Kent Tabor to Cleonne R. Friedman, Cleonne Rene Friedman—0 money, 0.4 acres, East Parkway
 Ashley Morton, Evan Morton, Preble Acton to Ashley Morton, Evan Morton—0 money, 0 acres, Happy Valley Rd.
 Jody Troyer, Lora Fox, Becky James, Tia Lisa Roy to Wayne Eberle Jr.—0

money, 3.4 acres, Cannon Blvd.
 Rex A. Brothers, Carol A. Brothers to Brothers Tennessee Community Property Trust—0 money, 71.96 acres, Old Columbia Rd.
 Rex A. Brothers, Carol A. Brothers to Brothers Tennessee Community Property Trust—0 money, 0.39 acres, Old Columbia Rd.
 Kimberly McMahan Dugan, Kimberly A. McMahon to Norma Ann Jackson—0 money, 3.62 acres, Edd Joyce Rd.
 Deborah A. South, Barry South to Joseph Clayton Gaffney—\$283,400, 0 acres, Chestnut Dr.
 Montgomery G. Turner Sr. to Karzan Mohamad Ali, Pawan Mohamad Ali—\$215,000, 0 acres, US 41A
 Jimmy Dwayne Owens to Daisy Neeley, Ronald Joel Neeley—\$185,000, 0 acres, Maplewood Dr.
 SDH Nashville LLC to Jennifer Mendiola Molina—\$295,990, 0 acres, Dawson St.
 Jassen W. Estes, Donna D. Estes to Isaiah D. Russell—\$202,700, 0.24 acres, Charlotte Dr.
 Malcolm Franklin Rose Jr. to Araceli Juarez Lopez—\$140,000,

BUSINESS LICENSES

04/13/2023—04/19/2023
 A. Dodson Photography: Photography—334 Cessna Lane, Shelbyville, Amanda Dodson
 Cheese Shop: Retail Cheese Store—1604 Madison St., Shelbyville, Sylvia Anderson
 Ellie Kay Photography: Photography Services—203 Megan Circle, Shelbyville, Ellie K. Smotherman
 Fox Beauty: Nail Services, Brow And Lash

Services—742 N. Main St., Shelbyville, Elisabeth Fox
 KBC Drywall And Siding: Drywall And Siding—1310 Glenoaks Rd., Shelbyville, Dora E. Ramos
 Metrolina Steel Erectors, Inc.: Steel Erection—130 N. Trade St., Statesville, NC., Barry Mitchell
 MP III Mechanical, LLC: Commercial Plumbing—619 Beechwood Rd., Bell Buckle, Michael Peralta
 Revaira Hookah: Vape

Sales & Lounge—1020 N. Main Ste. B., Shelbyville, Adel Girgis
 Revaira Restaurant: Restaurant—1020 N. Main St., Shelbyville, Adel Girgis
 T-Mobile USA, Inc.: Telecommunications/Wireless Communications—12920 SE 38th St., Bellevue, Washington, Chris Miller
 Tri Star Antiquities: Online Sales Of Signs And Various Antiques—2618 Hwy 64 E., Wartrace, James Cossey

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Doug Dezotell

Musings and Memories

Limerick

Many of us can look back to our earliest years of life and remember the various forms of literature we were exposed to.

Fairy tales and nursery rhymes, short stories and poetry, and of course the stories from the Bible.

It was back in elementary school that I first learned about a form of poetry known as a Limerick.

Here is an example of a limerick from 1902 written by Dayton Voorhees:

*There once was a man
from Nantucket,
Who kept all his cash in
a bucket.
But his daughter,
named Nan,
Ran away with a man,
And as for the bucket,
Nantucket.*

I've always liked that one. And I remember having a lot of fun writing limericks back then myself.

A Limerick is defined as "a short and fun five-line poem with a distinctive rhythm. The first, second and fifth lines are longer than the third and fourth lines."

Although we're not certain of the origin of limerick poems; some people say it started in France, and others say they started in England, while others say limericks had their beginning in Ireland.

Whatever country limericks came from, this poetic form is well known to generations of English-speaking readers, by way of *Mother Goose* nursery rhymes.

According to *The Poetry Foundation*: "*Mother Goose is often cited as the author of hundreds of children's stories that have been passed down through oral tradition and published over centuries.*"

"Various chants, songs, and even games have been attributed to her, but she is most recognized for her nursery rhymes, which have been familiar with readers of all generations. Her work is often published as Mother Goose Rhymes. Despite Mother Goose's celebrated place in children's literature, the exact identity and origin of Mother Goose herself is still unknown."

There are some who say that *Mother Goose* was a real person who lived in Boston in the 18th century and was known for her wild tales and poetry.

Various French texts that refer to *Mother Goose* date back as early as 1626. Other sources say that the figure of *Mother Goose* may even date back to the 10th century.

Regardless of *Mother Goose's* origins, it was the French author and poet, Charles Perrault, who first

► See **Doug**, Page 3B



From left, Judy Williams, Carol Roberts, and Kathryn Hopkins.

T-G Photo by Zoe Watkins

A soldier's grave in Belgium

By **ZOË WATKINS**
zwatkins@t-g.com

Several months ago, the Bedford County Archives received a call from Belgium. The request was to help find relatives of a Tennessee soldier who was killed in action during World War II and buried in an American cemetery in Liège, Belgium.

His name was Edward Bills. And according to his draft papers, he was born in Fayetteville, had blond hair and blue eyes, was 5 foot 10, and wore corrective glasses. He was also a First Lieutenant killed on March 11, 1945 at the age of 30.

According to county archivist Carol Roberts, it is very common for European cemeteries to give significant honors to American soldiers who fought during the war.

"Americans came in to defend their world," she said.

So, it wasn't too surprising when Meeus Hubert, who serves as a primary sentinel of memory for Edward at the Henri-Chappelle American Cemetery in Belgium, got in touch with Roberts looking for relatives.

The first relatives contacted were in Florida, distant cousins to Edward Bills. But when they said they still had family in the Bedford County area, the search was on.

Roberts said they used forensic genealogy to track down close-by

relatives. And eventually, Bedford resident Judy Williams was contacted.

"I remember Cousin Edward," Judy said while sitting in the archives with Roberts and archives assistant Kathryn Hopkins. "I remember being in the backyard of the old farmhouse and seeing him in his uniform, though I was only three or four years old at the time."

Judy said she even found a letter from her aunt deciding to keep and bury Edward's body in Belgium.

This wasn't uncommon, according to Roberts, who also has a relative buried in France.

One, because the process was practical. And, two, because... "Burial was quick and precise at the time," said Roberts.

Looking at a picture of Edward's headstone — a white cross, just one of thousands — Judy reads the engraving.

"Edward Bills / 1 LT. 52 INF DN 9 ARMD DIV / Tennessee, March 11, 1945"

It would have been the information on his dog tag.

In the picture, you can see where Hubert even placed a bouquet on Edward's grave.

"This is a treasure," said Judy. "It's very sentimental."

Judy recalled the life of Edward — how he was never married but was engaged. How he helped run his



Submitted photo

Edward Bills' grave in Liège, Belgium.

family's business, Star Laundry in Shelbyville, and eventually moved to Memphis before joining the Army. He was the eldest of three brothers: Capt. Lenoir Bills, U.S. Army Air Forces and Verne Bills of North Carolina.

Edward entered the service on March 11, 1942. He was commissioned at Fort Knox, Ky., in January, 1943.

► See **Grave**, Page 3B

NATIONAL VOLUNTEER WEEK



Submitted photo

Compassus volunteer Brenda Hodge along with Volunteer Coordinator Julia Logan-Mayes met with Shelbyville Mayor Randy Carroll as he signed the proclamation recognizing this week as National Volunteer Week. The week provides the opportunity to recognize the contributions of these hospice volunteers and raise awareness of the benefits of hospice and palliative care. Hospice volunteers provided more than 1200 hours of service in the local community and care for more than 1.72 million hospice patients every year. Pictured from left to right is Logan-Mayes, Mayor Carroll, and Hodge.

Mark McGee

My Take

Phantom Drivers

Here's a startling observation for you.

Drivers not using their headlights or taillights after dark are causing accidents. A lot of them.

Duh.

It is a phenomenon that is increasing at an alarming rate. It is illegal in all states to drive without headlights on after dark, but like the speed limit, drivers view this as a suggestion rather than a law.

Just as disturbing is the number of drivers who do not use their headlights during rainstorms, another law.

Like most everything else that goes wrong this day and time no one wants to blame the drivers. The news media points to lighted instrument panels and running lights on newer models as the culprits.

In the old days, the instrument panel would not light up unless the headlights were turned on. That has changed with instrument panels lit no matter how bright the day is.

On newer cars running lights are always on giving the driver a false sense of being able to see.

All of the arguments that vehicles are the problem omit one glaring stumbling block. As the driver of a vehicle, particularly on a dark highway, how do you not have trouble seeing the road ahead? My headlights weren't doing the job so I brought my car in for service. I was told the headlights needed to be realigned. What a relief I wasn't going blinder than I already am. It just took a mechanical solution.

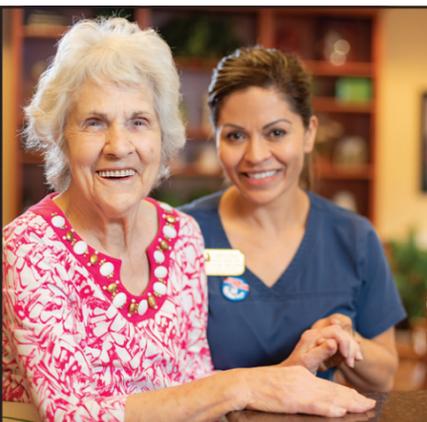
The roads are dangerous enough with drivers refusing to obey speed limit laws, driving under the influence, and failing to stop at redlights or obey stop signs, especially four-way and three-way stop signs. Having been "T-boned" in Nashville twice over the years by drivers refusing to yield at red lights at intersections I always hesitate a second or two before continuing on my way.

Ask any law enforcement officer and they are going to tell you driving after dark with your headlights off is one of the most dangerous things a driver can do on the road. And what amazes me the most is the darker the color of the vehicle the more likely the headlights are going to be off at night.

Here's another news flash. When your headlights are off your taillights aren't working either, making it difficult for other drivers to see you in front of them.

Most of us, before we turn on the ignition, use our seatbelts, which had to be mandated by law. It has become a habit for most of us. My car reminds me loudly when a seatbelt is not fastened.

So how about adding another habit to your driving routine? Check to see if you have turned on your headlights. It will only take a second or two and that brief time could have an effect on someone's lifetime, maybe even yours.



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Joining the 'Century Club'

By ZOË WATKINS
zwatkins@t-g.com

To turn 100 years old is a big celebration, and it's why Arosa is looking to celebrate more centenarians with their "Century Club" honors.

Arosa, which was formerly Family Staffing Solutions, is an integrated homeware company, so they offer care management as well as caregiving. "We go in the home and do all the basic assistance with ADLs, meal-prep, cooking, cleaning, dressing, bathing, all of that," said Middle Tennessee Area Director Amanda Lankford. There are also offices in Murfreesboro, Brentwood, and Clarksville.

They have 25 caregivers in Shelbyville, all of whom are used. The care managers are all licensed social workers, nurses, physical therapists that come in and navigate the waters of elder care, according to Lankford.

Lankford, who joined Arosa in 2015 after serving as a substitute teacher with Cascade's special needs students, said, "There is such a need here... We take care of a lot of people."

Arosa also works hand-in-hand with other facili-

ties, such as senior living. "I don't like calling it competition because we all work together to care for people," said Lankford. "At the end of the day, Arosa itself is client-centered."

That's the major benefit of in-home care: staying safe in your own home. "Our caregivers do get close to families and that's a given. Because they do become like family," said Lankford. A caregiver can go in as much as 24 hours of the day or as little as four hours a day. Arosa caregivers are also often the "gap-fillers" for hospice care.

Admittedly, at-home caregiving can be expensive, especially if paid for out of pocket. Lankford said it would be helpful if Medicare could recognize in-home care. But for now, she encourages people to purchase long-term care insurance policies.

At Arosa, they're also looking at highlighting the mental-health aspect of it all as well. "When you deal with senior care or anybody with disabilities, there's a psychiatric piece to that, and a lot of people don't know their resources," said Lankford. This could include which type of psychiatrist a client needs to attend.



"That's our goal as a homeware company, is we don't want to take their independence away. We want them to be able to stay independent as long as possible," said Lankford.

Working in an environment where some of their clients can be as young as 20-years-old, Lankford said it opens one's eyes to being cautious and knowledgeable—all with a desire to help.

So, when it comes to

celebrating 100-year-olds, it's a major milestone.

Currently, Arosa has honored seven centenarians in Bedford. Tennessee-wide, Arosa has honored 52 centenarians.

Originally, the club was founded in the Rutherford County location. Then in 2017, Lankford wanted to bring the program to Bedford.

After digging, they found four 100-year-olds right away.

"Those people have a story to tell. And they have a lot; they've been through a lot. And to be able to honor them when we can, it's very special," said Lankford.

She recalls several of the first centenarians that they met, and how their "keys to life" can be attributed to staying active in the community to drinking more Jack Daniel's.

"You never know what's going to come out of their

mouth," said Lankford with a laugh.

These 100-year-olds receive a proclamation from the governor's office as well as from the Bedford County mayor's office. "We do celebrate them. They deserve a celebration," said Lankford.

If you know a centenarian or anyone turning 100, call 615-716-1564 or email amanda.lankford@arosacare.com.

Newest Dollar General opens in Shelbyville

Dollar General announced its store at 2708 Hwy 41A in Shelbyville is now open.

In addition to the national and private branded products customers trust Dollar General to carry, the new Shelbyville location includes the company's new stylish, on-trend home décor and an expanded party preparation selection.

The new store also features a curated assortment of fresh fruits and vegetables including lettuce, tomatoes, onions, apples, strawberries, potatoes, sweet potatoes, lemons, limes, salad mixes, and more. The produce set offers the top 20 items typically sold in traditional grocery stores and covers approximately 80% of produce categories most grocery stores carry.

"At Dollar General, we believe the addition of each new store provides positive economic growth for the communities we proudly serve, and the addition of our new Shelbyville store highlights our commitment to deliver a pleasant shopping experience that includes great prices on quality products in a convenient location,"



said Matthew Simonsen, Dollar General's senior vice president of real estate and store development. "We look forward to welcoming customers to our new store and hope they will enjoy shopping at our new location."

To commemorate the opening of DG's new Shelbyville location, Dollar General plans to donate 100 new books to a nearby elementary school to benefit students ranging

from kindergarten to fifth grade. In partnership with the Kellogg Company, the donation will be part of a planned donation of more than 60,000 books in fiscal 2022 across the country to celebrate new DG store openings.

The addition of the Shelbyville store opens the opportunity for schools, nonprofit organizations and libraries within a 15-mile radius of the store to apply for

Dollar General Literacy Foundation grants. Since its inception in 1993, the Dollar General Literacy Foundation has awarded more than \$219 million in grants to nonprofit organizations, helping more than 16.1 million individuals take their first steps toward literacy or continue education. For more information about the Dollar General Literacy Foundation and its grant programs, visit www.dglit-eracy.com.

Dollar General plans to create new jobs in the Shelbyville community as the store is expected to employ approximately six to 10 people, depending on the individual needs of the store. The company provides employees with competitive wages, world-class and award-winning training and development programs and benefits including day-one telemedicine eligibility and

Dollar General's Employee Assistance Foundation, as well as health insurance coverage options, 401K savings and retirement plans, tuition reimbursement, paid parental leave and adoption assistance to eligible employees. Interested candidates can review and apply for available positions <https://www.careerarc.com/job-map/dollar-general-corporation/campaign/45977>.

Do you have a babysitting horror story?

At approximately the time this column is uploaded to the syndicate website, I will be attending the funeral of my Aunt Jean. I'm sure the eulogist will wax eloquent about heaven, but I want to nominate Aunt Jean to the Babysitter Hall of Fame.

When I was six and my brother Dwight was four, our parents dumped ... er, entrusted... us to Aunt Jean while they attended a social event at the local municipal recreation center.

A boringly routine assignment, except that as soon as our parents drove away, Dwight developed separation anxiety and wailed, "I wanna go to the

recreation center!" Dwight darted out of the house and zigzagged through the yard. He would need to cross approximately seven unfamiliar streets and the railroad track to reach his destination. There was no GPS and he couldn't navigate by the Big Dipper, so I guess he was planning to fly by the seat of his pants.

(Spoiler alert: The seat of his pants would be in no shape for flying by the end of the night.)

Aunt Jean was still in her prime, so retrieving one runaway boy was no biggie - except for the tag-team aspect of the situation.

"Let Dwight go to the recreation center if

he wants to," I solemnly intoned.

I didn't fully comprehend why the trek meant so much to my little brother, but I was heavily influenced by Alfred Lord Tennyson. ("Ours not to reason why, ours but to do and let our sibling wind up in a hobo jungle.")

I only knew that I was supposed to take up for my little brother, like when I tried to perform a C-section to give him an early entry into the world or when I was going to launch him into outer space in a gasoline-powered rocket or...Wow. I was like a low-budget soap opera: I was my own evil twin.

Casting my gaze at

infant cousin Steve in his highchair, I continued, "You let Dwight go or I'll throw this baby on the floor!"

(Really, this was a compliment to Aunt Jean's immaculate housekeeping. Lots of people talk about eating off the floor, but how many have a floor clean enough to hurl an infant onto?)

Aunt Jean was frantic, torn between letting her nephew disappear into the night or having her only offspring become a crash test dummy.

With some quick thinking, she wedged Steve between the refrigerator and the wall so tightly that I couldn't dislodge him and chased down Dwight in the

yard. I was disappointed that she didn't do one of those adrenaline-enhanced maneuvers and lift the fridge, but I cut her some slack.

(Spoiler warning: you'd think that with Major Appliance already on the scene, there would be no need for Corporal Punishment, but...)

When our parents returned, Aunt Jean somehow managed to put a negative spin on what had transpired!

Predictably, the Riot Act got read in our household more often than "The Three Little Pigs." ("This time, read the part about 'an act for preventing tumults and riotous assem-



Danny Tyree
Tyrades

blies' with a funny voice, Daddy!")

I'm glad that Dwight and I didn't scare Aunt Jean out of having a second son or doting on her three grandsons.

And I'm glad she went to all those family reunions, even when they began with, "Let's go to the recreation center!"

• Danny Tyree welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."



Submitted photos

Butler's Creek FCE report

Butler's Creek FCE Club met at the Extension office at 5 p.m. after the County-wide FCE meeting which started prior at 4 p.m. on April 4. President Vicky Faulkner opened the meeting with a poem entitled "One Hundred Per Cent." Fourteen members answered the roll call by telling if they like their brownies with or without nuts. The devotional presented was entitled "Grateful Generosity." March minutes were read and approved. The treasury and Sunshine reports were given.

Jeni Feldhaus presented a program during the County-wide meeting about how to minimize the impact of inflation on one's budget. She spoke about investments and answered financial questions from the floor. She made recommended building an emergency fund of savings equal to at least six months of your living expenses.

Donations towards the Food Awareness Week Food Drive were collected to be weighed and dispersed to Good Samaritan as our April community service project.

New business

Vicky Faulkner gave a report from the County Council meeting held on March 31.

Her report included mention of two FCE family homes that were destroyed by a tornado in the past few weeks, as well as one couple who lost their lives. Butler's Creek voted to send donations to each of the two displaced families, and a donation to the McNairy County 4-H camp as a memorial to the family members who died.

Vicky Faulkner explained Certified Volunteer Unit hours (CVU hours) and passed out worksheets with forms that could be filled out and turned in. The volunteer activity hours are defined as any type of hourly volunteer work not directly FCE related, not done for family members and are not hours that were paid for doing. CVU hours are due to Charlene Judd by May 12.

Leadership Retreat (camp) will be held at UT Southern in Pulaski from May 23 - 25. Butler's Creek has five members signed up to attend.

Our next work day was scheduled for April 25 to be held at the Extension Office from 2 - 4 p.m. Several project opportunities will be offered as well as help with crochet or knitting problems.

The Farm Bureau dinner menu was planned and will be served on May 1 at the Farm Bureau office.

The County Fair dates are July 17 - 22. Entry items will need to be brought in on Sunday, July 16.

Demonstrations Barbara Troxler demonstrated three large embroidered Easter egg decorations she had made. The embroidery covered the front of a Styrofoam egg-shaped form and were finished with multi-folded satin fabric and ribbons. Cindi Lindsey demonstrated a baby blanket she was crocheting for the police department and explained the unusual technique which created the diagonal, woven basket pattern.

Vicki Faulkner adjourned the meeting with a quote from William Shakespeare, "The meaning of life is to find your gift. The purpose of life is to give it away."



Cindi Lindsey child's blanket crocheted to be donated the police department



Butler's Creek embroidered Easter eggs by Barbara Troxler

Town & Country FCE

The Town & Country FCE club met at 11 a.m. on Monday, April 10, at Cannon United Methodist Church. Eight members answered the roll call. Janet Boyce gave the call or order and Kathy Lamb gave the devotional. Hazel Foster provided the Treasurer's

report and Catherine Talley reported on Sunshine. Charlene Judd gave a report of the County Council meeting. Plans are well under way for the club's Share Fair display on June 20. Plans to provide desserts for The Soup Kitchen were made and details

for delivery provided. For club demonstrations, Janet Boyce brought a felt egg pin cushion and a stitched Christmas tree. Charlene Judd shared a needlepoint geometric egg stand-up. The next meeting will be on Monday, May 8, at Cannon United Methodist Church.

Doug

(Continued from Page 1)

Alleluia!

"King of glory, Soul of bliss, Alleluia! Everlasting life is this, Alleluia! Thee to know, Thy pow'r to prove, Alleluia! Thus to sing, and thus to love, Alleluia!"

Throughout the year as we look to the clouds, and long for the Angel's Trumpet Sound announcing the Second Coming of our Lord and Savior, Jesus Christ, we may sing this Wesley Hymn. "Come Thou Long Expected Jesus."

"Come, Thou long expected Jesus, born to set Thy people free;

From our fears and sins release us, let us find our rest in Thee.

Israel's strength and consolation, hope of all the earth thou art;

Dear desire of every nation, joy of every long-

ing heart.

"Born Thy people to deliver, born a child and yet a King,

Born to reign in us forever, now Thy gracious kingdom bring.

By Thine own eternal spirit, rule in all our hearts alone;

By Thine all sufficient merit, raise us to Thy glorious throne."

Interestingly enough, Charles Wesley's favorite hymn was not one of his own, but was one that was written by Isaac Watts.

Wesley said that he would give up all his other hymns to have written this ONE. It spoke that powerfully to him.

That hymn was "When I Survey the Wondrous Cross."

Watts' lyrics are my testimony as well.

"When I survey the wondrous cross, On which the Prince of glory died,

My richest gain I count but loss, And pour con-

tempt on all my pride.

"Forbid it, Lord, that I should boast, Save in the death of Christ my God!

All the vain things that charm me most, I sacrifice them to His blood.

"See from His head, His hands, His feet, Sorrow and love flow mingled down!

Did e'er such love and sorrow meet, Or thorns compose so rich a crown?

"His dying crimson, like a robe, Spreads o'er His body on the tree;

Then I am dead to all the globe, And all the globe is dead to me.

"Were the whole realm of nature mine, That were a present far too small;

Love so amazing, so divine, Demands my soul, my life, my all."

That final phrase is so powerful, "Love so amazing, so divine, Demands my soul, my life, my all."

And it's what the Apostle Paul is speaking of in Romans 12:1, when

he wrote: "I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service..."

Do you consider yourself to be holy? Do you consider yourself to be acceptable to God? Do you know you are washed in the blood of Jesus?

It's By His Blood That We Are Made Holy! And we need to see ourselves through the Lens of The Blood of Jesus.

Christians celebrate Easter Sunday, Resurrection Sunday, as a blessed reminder of Christ's death, burial and resurrection.

He did it all for us! He became the Lamb of God, a Living Sacrifice for the forgiveness of our sins. And we need to live our lives as a Sacrifice for Him!

Wesley's hymn, "O For a Thousand Tongues to Sing," originally had

18 stanzas. That's a lot of verses to sing in a church service.

But some of those verses that didn't make it into most hymnbooks include these, numbers 13-16:

"Look unto Him, ye nations, own your God, ye fallen race!

Look, and be saved through faith alone, be justified by grace!

"See all your sins on Jesus laid; the Lamb of God was slain,

His soul was once an offering made for every soul of man.

"Harlots and publicans and thieves, in holy triumph join!

Saved is the sinner that believes From crimes as great as mine.

"Murderers and all ye hellish crew, ye sons of lust and pride,

Believe the Savior died for you; for me the Savior died."

Christ died for all of sinners! Back in 2017 I had the

privilege of visiting the nation of Israel with my wife.

I remember standing gazing up at the Hill of Golgotha, the Place of the Skull, on which Christ was crucified. I was so moved as I remembered just what Jesus did for sinners like me.

And then I walked across through the garden toward the Tomb, and I looked down at a crowd of people waiting in line to go in there.

But, I thought to myself, "He's not in there! He is Risen."

He is risen indeed! And I know that He is coming again!

"O for a thousand tongues to sing my Great Redeemer's Praise!"

Doug Dezotell is the pastor of Cannon UMC, and is a columnist for the Times-Gazette. You can contact Doug at dougdezotell@gmail.com, or 931-607-5191.

Grave

(Continued from Page 1)

In an article from the Nashville Banner from April 4, 1945, a headline reads, "Lt. Edward Bills."

The first line states, "First Lt. Edward Bills, 30,

reported missing in action in Germany last week, was killed in action March 11, according to a message received yesterday by his parents, Mr. and Mrs. R. E. Bills of Shelbyville, Tenn., from the War Department." It had been exactly three years.

These short and to-the-point articles were common across newspapers at the time—letting mothers, fathers, siblings, cousins, and wives know who was returning and who was not.

The same Nashville Banner article describes the time up to his death.

As a commanding officer of an armored infantry company with the First Army, Edward had served overseas since August 1944. During the German breakthrough in that December, he was cut off at Bastogne, Belgium with the airborne troops but got

out safely.

"I remember my father getting a postcard from Edward," Judy said. Her father's nickname was "Happy," and the postcard read: "Dear Uncle Happy, War is hell. Love, Edward."

So, anytime there's an opportunity to honor these

men, cemeteries like this one in Belgium take the opportunity to do so.

In a letter from sentinel Hubert, it says part of the job is to locate relatives and collect photos of the American soldier "who gave his life for our freedom."

SHELBYVILLE TIMES-GAZETTE

Mort Walker's beetle bailey



Frank Fitcham's Dennis the Menace HOLY SMOKE SCREEN



Blondie BY DEAN FURUSO & JOHN MARSHALL



The Family Circus BY BILL KEANE



Baby Blues

Rick Kirkman & Jerry Scott



DADDY DAZE

BY JOHN KOVALESKI





MOTLOW STATE

Motlow to Host Spring Concert

LYNCHBURG – On April 27, the Motlow State Community College Vocal Ensemble and Community Band will finish the semester with their annual Spring Concert performance. According to Dr. David Betha, associate professor of Music at Motlow, “I’m excited about the concert because the students and the community members are going to be presenting a wide array of musical styles—something for everyone’s favorite style.”

The Vocal Ensemble, comprised of students, includes:

- Mason Buck
- Madeline Freeman
- Lilliana Johnson
- Maven Robinson
- Gio Salazar
- Zach Sons
- Jessica Sites

The members of the Motlow State Community Band are:

- Patrick Lazarus—Clarinet
- Jude Poe—Trombone
- Mark Mehalic—Trombone
- Noela Suarez—Trumpet
- Paul Bischoff—Trombone
- Paul Bischoff Jr.—Trumpet
- Jay Good—Bass Clarinet, Tenor Saxophone, Clarinet
- Erik Leckrone—Percussion
- Brady Welch—Percussion
- Christopher Spence—Percussion
- Mason Buck—Percussion
- John Cook—Guitar
- Lydia Brown—Piano
- Charlie Vining—Bass
- Gio Salazar—Alto Sax

The concert will be held at the Moore County Campus in Eoff Hall at Powers Auditorium. A reception prior to the event will begin at 6:00, with the concert beginning at 7:00 p.m.

To RSVP for the event, visit <https://motlow.edu/calendar/>.

Tech alumna comes full circle

COOKEVILLE - When the curtain rises on Tennessee Tech University’s Summer Music Institute this June, attendees will see a familiar face.

Rachel Smalling, a Tech alumna from the class of 2014 with a degree in music performance, serves as director of operations and admissions for the School of Music’s annual recruitment and mentoring workshop.

For Smalling, the role is both a calling and a full-circle moment. A cellist by training, she first attended the Summer Music Institute – then known as the Southeast Chamber Music Institute – as a high school student. She was drawn to the program by the opportunity to study with Dan Allcott, professor of music at Tech and music director of the Bryan Symphony Orchestra.

Smalling returned to the event each summer throughout her high school career. Allcott would go on to become a trusted mentor, and later, a respected colleague and friend.

The Summer Music Institute provides rising high school freshmen through graduating seniors an opportunity to spend four days learning from Tech faculty, playing their instrument in ensembles and getting a preview of the university experience. When it was briefly shelved several years back, Smalling played a central role in its return.

“It’s always been about bringing young people to campus to work with faculty one-on-one. This is our chance to showcase Tennessee Tech,” said Allcott. “Rachel really helped reinvigorate the program. She was the big reason it came back and we’re so thankful.”

Even before assuming her staff role with the Summer Music Institute, Smalling had remained close to her university instructors and peers. During her senior year at Tech, she worked as box office manager for the Bryan Symphony Orchestra. Smalling held the position for two years before eventually ascending to the role of executive director. She only recently departed the position to allow more time for her burgeoning career as a business owner and entrepreneur.

Together with her business partner, Smalling bought and refurbished



From left: Dan Allcott, professor of music at Tech, and Rachel Smalling, Tech alumna and director of operations and admissions for the Summer Music Institute.

two boutique hotels in the area and is set to open a new cocktail lounge in Cookeville’s historic town square later this year.

“Had you told me five years ago that I was going to be leaving my arts administration career and being an entrepreneur in the community, I would have laughed,” said Smalling. “I feel like I’m always going to stay connected to that world in some way. The Summer Music Institute is something that I’ve done long enough now that, while it’s certainly not easy, it’s an opportunity for me to stay involved. I think we have a good thing going and I don’t want to lose that momentum for the School of Music.”

While Smalling’s years in arts management may seem vastly different from her career as an entrepreneur, there is a common theme of dusting off an old concept – be it a summer music camp that had been on hiatus or a hotel that had seen better days – and giving it new life.

“Let’s take this thing that is old and broken and turn it around and give it something that the people of this town can be proud of,” said Smalling, reflecting on her latest business ventures.

On Smalling’s watch, the Summer

Music Institute is flourishing, too. “This year we have seen really strong recruitment numbers even earlier than we did last year. So, we’re in quite a good place,” she added.

Smalling expects between 65 and 70 high school students to attend this summer’s workshop, a figure that she attributes in part to the program’s comparative affordability. Full tuition is \$475 and local students who do not wish to stay overnight can secure a commuter rate of \$375.

For Allcott, who just marked 20 years of service at Tech and has now begun teaching the children of his former students, the experience of witnessing Smalling’s success is deeply gratifying.

“We want students to come here. We want to give them the opportunity to explore a music degree and help them realize their best path,” Allcott explained. “When that path involves working with us and staying with us, that’s super rewarding. To see Rachel be such a contributor to our town and our university – it is beyond what I could even expect.”

The Summer Music Institute kicks off on June 4 and registration closes on May 5.

MTSU honors 58 retiring employees

MURFREESBORO — Middle Tennessee State University is saluting 58 retiring employees as the 2022-23 academic year begins winding down, honoring their 1,449 combined years of service devoted to students and the campus community.

The faculty and staff members, and some of their families, gathered April 6 for a special retirement reception in the Student Union ballroom, where University President Sidney A. McPhee praised their careers at every level of service.

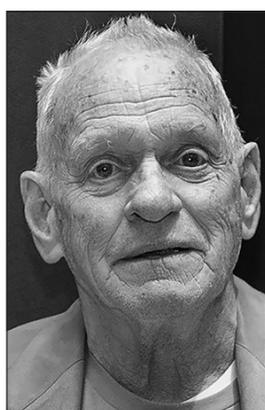
The longest-tenured employee honored this year is Glenn Littlepage of the Department of Psychology in the College of Behavioral and Health Sciences, who marked his 49th year of teaching at MTSU.

Fellow educators James O. “Jim” Huffman of the Womack Educational Leadership Department in the College of Education and Harold “Terry” Whiteside, long-time dean of the College of Behavioral and Health Sciences, celebrated their 48th years with the university.

Sixteen more faculty and staff members marked 30- to 40-year-long careers of service at MTSU.

Littlepage, a Murfreesboro resident, was a social psychologist specializing in group processes and performance and worked closely with MTSU’s Industrial/Organizational Psychology Program and the Center for Organizational and Human Resource Effectiveness.

He specialized in psychology and sharing the psychology of social behavior, group dynamics and workgroup effectiveness and was named a professor emeritus last fall.



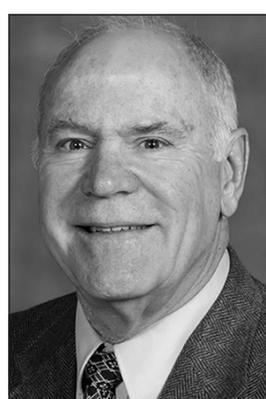
James Huffman

Huffman, a Murfreesboro resident and former Womack Leadership chair, focused on serving educators who wanted to develop their careers beyond daily K-12 classroom teaching helping them earn Master of Education and education specialist degrees in multiple administration and supervision concentrations, including university-level teaching.

Whiteside, also a Murfreesboro resident, began as a psychology professor at MTSU, creating the university’s sports psychology course. Along with serving as MTSU’s only two-time Faculty Senate president, Whiteside was the university’s NCAA Faculty Athletics Representative and was named a professor emeritus last fall.

Their fellow new retirees, two of whom are from Bedford County, and their departments include:

- Tim Anderson of Murfreesboro, Grounds and Greenhouse Services, Facilities Services Department.
- Sheila Balch of Murfreesboro, Student Health Services.
- Celia Bradley of Murfreesboro, Financial Aid and Scholarships.
- Laura Buckner of



Glenn Littlepage

Lascassas, Tennessee, Department of Marketing.

- Kimball Bullington of Murfreesboro, Department of Management.
- Brenda Burkhart of Murfreesboro, Office of Audit and Consulting Services.
- William Butler Jr. of Murfreesboro, Department of Biology.
- Susan Center of Murfreesboro, Student Health Services.
- Stan Clark of Owens Cross Roads, Alabama, Department of Accounting.
- Alba Coppola of Murfreesboro, Student Health Services.
- David Dunaway of Murfreesboro, Building Services, Facilities Services Department.
- Norma Dunlap of Franklin, Tennessee, Department of Chemistry.
- Steve Estes of Murfreesboro, Department of Health and Human Performance.
- Richard Farley of Murfreesboro, Department of Health and Human Performance.
- Terri Ferrell of Readyville, Tennessee, Department of Philosophy and Religious Studies.
- Mary Ellen Fromuth of Murfreesboro, Department of Psychology.
- Becky Garrett of Murfreesboro, College of



Harold Whiteside

Media and Entertainment advising.

- Tim Graeff of Nolensville, Tennessee, Department of Marketing.
- Connie Hagberg of Wartrace, Tennessee, Facilities Services Department.
- Marie Harrell of Murfreesboro, Women’s and Gender Studies Program.
- Clay Harris of Murfreesboro, Department of Geosciences.
- Cheryl Hitchcock of Rock Island, Tennessee, Department of Elementary and Special Education.
- Robert Holtzclaw of Murfreesboro, Department of English.
- Greg Hunt of Manchester, Tennessee, WMOT Radio.
- Ellen Jones of Murfreesboro, Resource and Operations Management.
- Katherine Jones of Murfreesboro, College of Education.
- Robin Jones of Murfreesboro, Information Technology Division.
- Zaf Khan of Murfreesboro, Department of Elementary and Special Education.
- Teresa King of Jacksonville, Florida, Department of Human Sciences.
- Marlene Lane of

Murfreesboro, Department of University Studies.

- Gina Logue of Shelbyville, Tennessee, Office of News and Media Relations.
- Karen Martin of Murfreesboro, James E. Walker Library.
- Charles Milligan of Satellite Beach, Florida, Womack Educational Leadership Department.
- Claudette Northcutt of Murfreesboro, School of Music.
- Matthew O’Brien of Franklin, Department of Recording Industry.
- Mike Osborne of Murfreesboro, WMOT Radio.
- Marc Parrish of Franklin, Department of Media Arts.
- Jeannie Paul of Murfreesboro, MTSU Farm Laboratory.
- Cynthia Phiffer of Smyrna, Tennessee, University Honors College.
- Delores Phillips of Lebanon, Tennessee, Parking Services Office.
- Tamala Pincheon of Murfreesboro, Business Office.
- Marsha Powers of Murfreesboro, University Honors College.
- Kelvin Rankins of Murfreesboro, Printing Services Department.
- David Senior of Murfreesboro, Unified Communications - ITD Client Services.
- Drew Shea of Murfreesboro, Athletics Department.
- Lisa Sheehan-Smith of Franklin, Department of Human Sciences.
- Peggy Slater of Murfreesboro, Registrar’s Office.
- Judy Smith of Murfreesboro, Experiential Learning Program.
- Mary Jane Staples of Murfreesboro, Procurement Services.
- Roland Untch of

Murfreesboro, Department of Computer Science.

- Rick Vanosdall of Thompson’s Station, Tennessee, College of Education.
 - Derek Vincion of Eagleville, Tennessee, Department of Receiving and Moving Services.
 - Michael Wheaton of Chattanooga, Florida, James E. Walker Library.
 - Lucille Wilcox of Smyrna, Tennessee, College of Media and Entertainment advising.
 - Stephen Wright of Murfreesboro, Department of Biology.
- The university’s academic year concludes at the end of each summer session. MTSU’s spring 2023 commencement ceremonies are set for Friday and Saturday, May 5-6, and the summer 2023 session, which begins on Monday, May 22, will conclude with summer commencement on Saturday, Aug. 12.
- MTSU’s 2023-24 academic year will begin with fall 2023 classes on Monday, Aug. 28.
- MTSU, which employs more than 2,500 faculty and staff members campuswide, honors its employees regularly with opportunities that include the MTSU Employee Recognition Program awards for administrators, classified and technical/service personnel and the MTSU Foundation Awards and Faculty Recognition presentations each fall.
- For more information about MTSU’s employee recognition programs, visit the university’s Human Resource Services program site at <https://www.mtsu.edu/hrs/relations/recog.php>.

April is Occupational Therapy Awareness Month

By Erica Montgomery, OTR/L, CHT

Erica Montgomery is an occupational therapist and certified hand therapist at Vanderbilt Bedford Hospital in Shelbyville.

April is Occupational Therapy Month — a time to celebrate and recognize a profession that helps people with physical, developmental or emotional disabilities lead more independent, productive and fulfilling lives.

Individuals who are treated by occupational therapists are often those who have acquired a disability or are recovering from an operation or a medical event, such as a fracture, stroke or fall. Many occupational therapists choose to specialize in the treatment of the upper extremity.

Physical therapy is more commonly understood as a discipline, but there are differences that set apart the two professions. Physical therapy focuses on improving the patient's ability to move, strengthen and balance their body whereas occupational therapy focuses on improving the patient's ability to perform activities of daily living and use adaptations if necessary. Occupational therapists are trained in human development and function across different diagnoses and ages. They often consult in school-based settings, outpatient rehab settings, hospital settings and home health.

Occupational therapists help maximize a person's functional inde-



Erica Montgomery

pendence so their quality of life improves and they can continue daily activities many take for granted such as feeding themselves, running errands and using a computer, for example. Occupational therapists will use different approaches based on the person's needs including, but not limited to, custom upper extremity splinting, heat, ice, adaptive equipment

education, energy conservation, therapeutic activity, exercise, home modification, joint protection education, and developmental training.

Occupational therapists play an important role within the treatment team. They will work closely with their patients to suggest, and even help make modifications to their homes to reduce or eliminate safety

hazards. Some recommendations include:

Moving clutter and excess furniture.

Installing handrails and grab bars by stairs, in bathrooms or beside beds.

Providing medical equipment such as bedside commodes, bath benches and raised toilet seats.

Services are all directed toward patient, family and therapy goals. Throughout

the treatment journey, occupational therapists continually assess an individual's progress. Occupational therapists guide their work by focusing on the patient's priorities and what's most important for them so that each patient can lead a more enriched life.

Finding and selecting an occupational therapist to help your child, yourself and/or your family member is an important deci-

sion. Like all professionals, occupational therapists differ in training, personality and philosophy.

This Occupational Therapy Month, Bedford County residents can discover the power of occupational therapy by calling Vanderbilt Bedford Hospital Physical Therapy, which includes occupational therapy services, at (931) 685-8730.

6 Steps to Get Better Sleep and Improve Heart Health

There's more to maintaining a healthy heart than just eating right and exercising regularly. While these practices play an important role in both cardiovascular and overall health and well-being, getting a good night's sleep is also key.

"Getting a good night's sleep every night is vital to cardiovascular health," said Donald M. Lloyd-Jones, M.D., Sc.M., FAHA, past volunteer president of the American Heart Association and chair of the department of preventive medicine, the Eileen M. Foell Professor of Heart Research and professor of preventive medicine, medicine and pediatrics at Northwestern University's Feinberg School of Medicine. "Adults should aim for an average of 7-9 hours, and babies and kids need more depending on their age."

However, more than 1 in 3 adults in the United States are not getting the recommended 7-9 hours of sleep per night, according to the Centers for Disease Control and Prevention (CDC). In addition to increasing risk for cardiovascular conditions like high blood pressure, heart disease, heart attack and stroke, lack of sleep may also put people at risk of depression, cognitive decline, diabetes and obesity.

While high blood pressure — a known risk factor of cardiovascular disease, the No. 1 cause of death worldwide — can run in families, it is more common in non-Hispanic Black adults (56%) than in non-Hispanic white adults (48%), non-Hispanic Asian adults (46%) or Hispanic adults (39%). Healthy lifestyle behaviors, including sleep, can help prevent the

condition.

"We know that people who get adequate sleep manage other health factors better as well, such as weight, blood sugar and blood pressure," Lloyd-Jones said. "The American Heart Association added sleep to the list of factors that support optimal cardiovascular health. We call these Life's Essential 8, and they include: eating a healthy diet, not smoking or vaping, being physically active and getting adequate sleep along with controlling your blood pressure and maintaining healthy levels of cholesterol and lipids, healthy blood sugar levels and a healthy weight."

What's more, falling asleep at different times or sleeping an inconsistent number of hours each night, even variations of more than two hours a night within the same week, may also increase the risk of atherosclerosis, which is a cardiovascular condition where plaque builds up in the arteries, in those age 45 and older, according to research published in the "Journal of the American Heart Association."

"Maintaining regular sleep schedules and decreasing variability in sleep is an easily adjustable lifestyle behavior that can not only help improve sleep, but also help reduce cardiovascular risk for aging adults," said study lead author Kelsie Full, Ph.D., M.P.H., an assistant professor of medicine in the division of epidemiology at Vanderbilt University Medical Center.

Education about healthy heart habits from the American Heart Association is nationally supported by Elevance Health Foundation. Some practices to improve sleep



health and impact heart health include:

Observe Current Sleep Habits

Keeping a sleep diary to help track your sleep patterns and habits can make it easier to identify factors that may be helping — or hurting — your sleep quality. Monitor what time you go to bed, what time you wake up in the morning, how many times you woke up during the night, how you felt when you woke up and any variables, such as changes to your routine or sleeping arrangements. Having documentation over the course of several weeks can help you identify necessary changes.

Avoid Food and Beverage Close to Bedtime

It can be more difficult to fall asleep if you're still

digesting dinner. To help reduce sleep disruptions caused by food, avoid late dinners and minimize fatty and spicy foods. Similarly, keep an eye on caffeine intake and avoid it later in the day when it can be a barrier to falling asleep.

Exercise Regularly

Physical activity during the day can have a noticeable impact on overall health and wellness but can also make it easier to sleep at night as it can initiate changes in energy use and body temperature. However, exercising too close to bedtime may hinder your body's ability to settle; aim to have your workout complete at least four hours before you plan to head to bed.

Establish a Bedtime Routine

Getting a good night's rest often requires getting

into a routine. Start by setting an alarm to indicate it's time to start winding down. Rather than heading straight to bed, take time to create a to-do list for the following day and knock out a few small chores. Then consider implementing a calming activity like meditating, journaling or reading (not on a tablet or smartphone) before drifting off to sleep. Also set an alarm to wake each morning, even on weekends, and avoid hitting the snooze button to keep your biological rhythms synced.

Create a Comfortable Sleep Space

The ideal space for sleeping is dark, quiet and a comfortable temperature, typically around 65 F depending on the individual. Use room-darkening curtains or a sleep mask to block light and ear plugs,

a fan or a white noise machine to help drown out distracting noises. Remember, using your bed only for sleep and sex can help establish a strong mental association between your bed and sleep.

Avoid Tech Before Bed

The bright light of televisions, computers and smartphones can mess with your Circadian rhythm and keep you alert when you should be winding down. Try logging off electronic devices at least one hour before bedtime and use the "do not disturb" function to avoid waking up to your phone throughout the night. Better yet, charge devices away from your bed or in another room entirely.

Find more tips to take control of your blood pressure and create healthy sleep habits at Heart.org.



ONLY GOODNESS

From Acts 10:38, 43 (NLT): "And you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the devil, for God was with him... He is the one all the prophets testified about, saying that everyone who believes in him will have their sins forgiven through his name."

BEDFORD COUNTY DEVOTIONAL PAGE

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Fellowship For Christ
142 Richdale Lane, Shelbyville • 931-703-0949
Pastor: Ray Armstrong • www.fellowshipforchrist.com
Sunday School - 9:45 am • Praise & Worship - 11:00 am
Wednesday Refueling - 6:30 pm

First Church of the Nazarene
834 Union St., Shelbyville • 931-684-3664
Rev. Andrew Lee Keffer • shelbyvillefirstnaz.com
Sunday School - 9:00 am • Morning Service - 10:00 am
Prayer Meeting - Wednesday at 6:30 pm
Youth Meeting - Wednesday at 6:30 pm

Grace Baptist Church
1019 Madison St., Shelbyville • 931-492-5037
Pastor: Bro. Bobby McGee
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Wednesday night 6:00 pm

Longview Baptist
101 Cooper Rd., Unionville • 931-294-2281
Rev. Jonathan Osterhaus
longviewbaptistchurch.org • servingoursavior@yahoo.com
Sunday School - 9:30 am • Worship - 10:30 am & 6:00 pm
Life Points (age 3 - youth) - 5:45 pm • Wednesday Worship - 6:00 pm

Unity Baptist Church
EC Arnold Lane, Shelbyville
Pastor: Frelan George
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St. William of Montevergine Catholic Church
Father Edwain Cardona
500 South Brittain Street, Shelbyville • 931-735-6004
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Sunday Mass: 9:00am (English Mass) 11:30am (Spanish Misa)
Daily Masses:
Monday: 7:00pm • Tuesday: 7:00am • Thursday: 7:00pm • Friday: 7:00am
Confessions: Thursday/Jueves 5:45pm-6:45pm
Saturday/Sabado 5:45pm-6:45pm
Sunday/Domingo 10:15am-11:15am

Hurricane Baptist Church
2117 Fairfield Pike, Shelbyville
Pastor Tim Miller • 931-205-4191
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Wednesday Night Bible Study - 6:00 pm

Shiloh Outreach Church
2547 Hwy. 64W, Shelbyville - 931-684-0972
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Saturday, April 22, 2023

Hot 1st inning powers Viqueens' win over Cascade



Hannah Vandiver of the Lady Champions makes solid contact and delivers a two-run, opposite field home run in the second inning.



Abi Brown of the Viqueens throws to first to complete the double play after receiving the toss from Audrina Bearden while avoiding the slide of Cascade's Ella Thompson.

T-G Photos by Rickey Clardy

By **RICKEY CLARDY**
Sports Writer

UNIONVILLE — The Community Viqueens staked an early lead with four runs in the opening inning and it was enough to ward off a late rally by the Cascade Lady Champions as the Viqueens defeated the Lady Champs 5-2 in a District 7-AA softball game Wednesday night.

Community (12-6-1, 5-0) put together four hits to score its four runs in the first inning. After Anna Haskins led off with a single and stole second, Abi

Brown plated the first run with an RBI double.

A walk to Zoey Dixon and a stolen base was followed by a run-scoring single by Alana Tate to put the Viqueens up 2-0. A Taylor Wessner RBI groundout and a single for a run by Carlie Blanton completed the first inning scoring.

The Lady Champs bounced back for two runs in the second inning. After pitcher Brianna Horn led off the inning with a walk, Hannah Vandiver came to the plate with one out and fouled a couple of pitches

before drilling an opposite field home run to right to cut the Viqueen lead to 4-2.

The Viqueens looked to increase, their advantage in the third inning, but Horn shut down Community after the Viqueens loaded the bases.

Community added an insurance run in the fifth inning as Brown homered over the left field fence to

put the Viqueens up 5-2.

The Lady Champions threatened in the sixth inning, but a Community double play thwarted the rally as the Viqueens maintained their lead.

Cascade refused to throw in the towel and put the tying runs on base in the seventh inning with two outs, but Viqueen reliever Annie Prince struck out

the side to preserve the Community win.

Hits were at a minimum as the Viqueens had five off Horn, with four of those hits coming in the opening frame. The Lady Champs could only muster two hits off the Community tandem of Wessner and Prince.

Horn struck out seven for the Lady Champions while Wessner struck out one and

Prince fanned three for the Viqueens.

Brown's two hits led the Viqueens while Vandiver and Claire Perry had the two Lady Champ hits.

Cascade	020 000 0	—	2	2	1
Community	400 010 x	—	5	5	3

Cascade: Hannah Vandiver 1-for-3, Claire Perry 1-for-3.
Community: Abi Brown 2-for-3, Alana Tate 1-for-1, Carlie Blanton 1-for-2, Anna Haskins 1-for-4.

WP: Taylor Wessner
LP: Brianna Horn
SV: Annie Prince

Champs can't match Rockets at the plate

By **WILL CARTER**
Sports Writer

BELL BUCKLE — It was all Forrest Rockets on the diamond in their 11-1 win over the Cascade Champions on Monday night as starting pitcher Riley Durbin tossed all six innings with nine strikeouts and only two hits given up, and sophomore Kason Fuller went 3-for-4 at the plate with five RBIs and two doubles to lead the way.

The duo accounted for all three RBIs in the opening frame with Durbin knocking an RBI single and Fuller driving in two runs with his first double of the game.

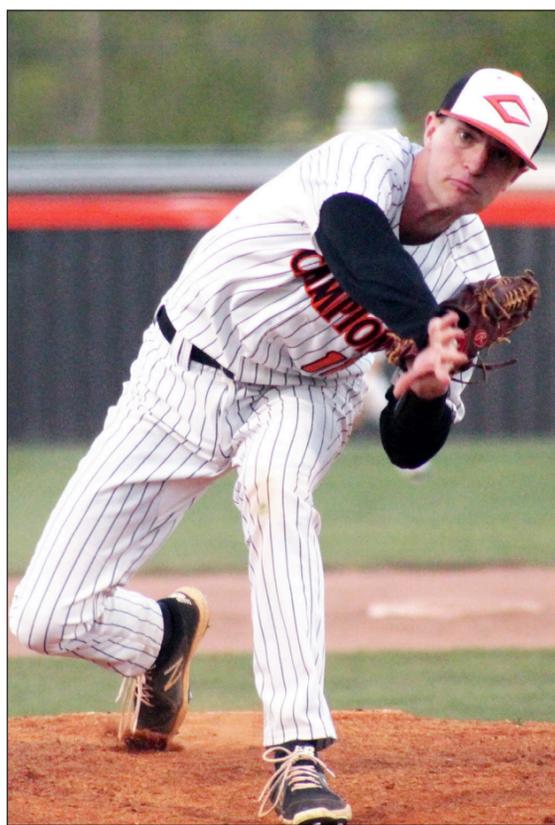
Durbin followed it up by striking out the first two batters he faced in the bottom half, and forcing a ground out for a 1-2-3 inning.

"We know that from the top to the bottom of our lineup we can execute. If Durbin is throwing strikes like he did tonight, then we have a chance to win any game," Rocket head coach Andy Burkett said.

"We work hard enough on hitting and our lineup to know that guys are going to compete at the plate. He (Fuller) has an excellent baseball IQ, a high motor, and is a joy to coach. I don't understand how he gets his approach so well, being so young. He's a monster."

After taking a 3-0 lead in the first inning, the Rockets (12-5, 6-0) added to their advantage with four runs in the top of the second to take an early 7-0 lead over the Champions (6-11, 4-3).

With the bases loaded and only one out down, one run scored when Preston Gentry was walked and



Zach Crosslin tossed three scoreless innings in relief for the Champions against the Rockets.

T-G Photo by Will Carter

Fuller knocked a bases clearing double to score three more runs.

Cascade secured two consecutive outs immediately after to end the inning with starting pitcher Jaxon Sheffield striking out his first batter of the game.

Sheffield was replaced on the mound by Zach Crosslin after two innings of work.

Behind Crosslin's arm, the Champions were able to keep the Rockets at bay with three straight scoreless innings. Crosslin only gave up three hits and struck out three in that span.

In the bottom of the fourth inning, Cascade was able to plate one run on a

fielder's choice double play that ended the inning to make it a 7-1 game, but that was all they were able to scrape across throughout the contest.

After Durbin struck out the opening two batters at the bottom of the fifth inning, he walked the next two which gave the Champions an opportunity to produce some offense, but the Rockets secured the final out on a fly ball to left field.

Forrest followed it up with another four-run inning in the top of the sixth as they notched two hits to make it an 11-1 game with a chance to end the

► See **Champs**, Page 2C



Drew Harris makes contact for the Vikings.

T-G Photo by Rickey Clardy

Early runs carry Rockets to win over Vikes

By **RICKEY CLARDY**
Sports Writer

UNIONVILLE — The Community Vikings scored five runs over the final three innings, but it was too little, too late as the Forrest Rockets jumped out to a 10-0 lead and defeated the Vikings 13-5 in a District 7-AA baseball game Tuesday night.

After the first two batters were retired in the opening inning, the Rockets drew first blood as Kason Fuller drove in one run with an RBI-double and Carter Walk followed with a run-scoring single to give Forrest a 2-0 lead.

The Rockets sent 12 batters to the plate and scored six runs to widen their margin in the second inning.

Four consecutive hits by Ryan Meglis, Ryan Hill, Branham Haynes, and Tyler Baxter to start the inning got the rally started while Fuller and Luke Allen each added singles as Forrest stretched its lead to 8-0.

A lead-off triple by Walk coupled with two Viking errors helped the Rockets to score two runs in the fourth as Forrest upped its lead to 10-0.

The Vikings got on the board with three

runs in the fifth.

After singles by James Beech and Blaine Paschal, a fielder's choice put the Vikings on the board. Corey Paterick followed with a two-run double to cut the Rocket lead to 10-3.

Riley Durbin, Preston Gentry, and Walk each had singles as Forrest added three insurance runs in the seventh to increase its lead to 13-3.

Dallas Grooms and Maki Fleming scored ahead of a triple by Mason Russell in the bottom of the inning as the Vikings narrowed the Rockets winning margin.

Fuller and Walk each had three hits to lead the 13-hit Rocket attack as all nine Forrest starters had safeties in the contest.

Paterick had two hits to lead the Vikings at the plate.

Allen struck out six while walking one to get the win for the Rockets.

Forrest	260 200 3	—	13	13	1
Community	000 030 2	—	5	8	6

Forrest: Tyler Baxter 1-for-5, Riley Durbin 1-for-5, Preston Gentry 1-for-2, Kason Fuller 3-for-4, Carter Walk 3-for-4, Luke Allen 1-for-4, Ryan Meglis 1-for-5, Ryan Hill 1-for-5, Branham Haynes 1-for-3, Community: Maki Fleming 1-for-3, Corey Paterick 2-for-4, Mason Russell 1-for-4, Drew Harris 1-for-4, James Beech 1-for-3, Blaine Paschal 1-for-3, Dallas Grooms 1-for-3.

WP: Allen.
LP: Russell.

Lady Champs back on track with win

By **WILL CARTER**
Sports Writer

BELL BUCKLE — After a string of losses over the past week, the Cascade Lady Champions got back the winning side on Tuesday night with an 11-0 mercy rule win over the Lady Knights as Brianna Horn tossed her third no-hitter of the season and added seven strikeouts along the way.

Cascade (7-10) notched 15 hits with 10 RBIs on the day with eight different players recording a hit.

They got off to a hot start in the bottom of the first inning by scoring seven runs on seven hits to take an early 7-0 lead.

Kyndal Bolden, Christina Bilbro, and Caitlin Fannin knocked three consecutive singles, and Fannin's scored Bolden from third for the first run of the game.

Bilbro went 3-for-3 at the plate for the Lady Champions.

Two at-bats later, Hannah Vandiver sent a high fly ball to center field which gave Bilbro the opportunity to tag up from third base and score for a 2-0 lead.

The Lady Champs rallied with two outs to score five more runs in the inning behind a two RBI-double from Alivia Fanni, a two RBI-triple from Alayna Cruse, and an RBI-single from Ella Thompson.

In the top of the second inning, the Lady Knights had runners on first and second after being hit by pitch and walked, but Horn tightened up and fanned the next two batters to end the inning.

Cascade plated another run in the bottom half to make it 8-0 as Vandiver grounded out to shortstop, but Bilbro was on her toes and was able to score.

An inning later, Thompson laid down a sacrifice bunt to score Alivia Fannin from third, and the



T-G Photo by Will Carter

Alayna Cruse makes solid contact to send the ball down the third base line for a triple in Cascade's win against the Lady Knights.

Lady Champs took a 9-0 lead which quickly turned into an 11-0 lead in the bottom of the fourth inning when Horn stole third after

being walked, and scored two pitches later on a passed ball before Claire Perry singled to score Vandiver.

Horn and the Lady

Champs put the Lady Knights down 1-2-3 in the top of the fifth inning to end the game as Horn struck out the first two bat-

ters she faced.

Lady Knights	000	00	—	0	0	1
Cascade	711	2x	—	11	15	1

Cascade: Christina Bilbro 3-for-3, Kyndal Bolden 2-for-3, Caitlin Fannin 2-for-3, Claire Perry 2-for-3, Alivia Fannin 2-for-3, Alayna Cruse 2-for-3, Ella Thompson 1-for-3.
WP: Horn

Champs

(Continued from Page 1C)

with a chance to end the game in the bottom half.

Left fielder Carter Walk made an extravagant diving catch for the first out, and Durbin struck out the next two batters to bring the game to its close.

"He was locating his fastball really well all night. He started missing up in the zone later in the game and got frustrated, but we were able to talk to him and calm him down a little bit," Burkett said. "His curveball was the biggest difference. Once he was able to locate that, I think he got four out of his last five strikeouts on his breaking ball. It's fun to call pitches when you have a guy that can locate the ball and throw strikes."

With the win, the

Rockets stay undefeated in District 7-AA with three more games to play as they sit comfortably in the top spot.

Making and meeting small goals on their way to bigger ones has been the key for Burkett and the Rockets.

"For us, having small stepping stones and gathering momentum really helped us out last year, so we're going with that again this year," Burkett said. "The first goal was to win the regular season title. If we have the opportunity to go undefeated in the regular season district, then that's our next goal and take that into the district tournament."

Forrest	340	004	—	11	9	1
Cascade	000	100	—	1	2	3

Forrest: Branham Haynes 2-for-2, Kason Fuller 3-for-4, Riley Durbin 3-for-4, Luke Allen 1-for-4.
Cascade: Logan Pulley 1-for-2, Walker Craig 1-for-3.

WP: Durbin
LP: Sheffield

Eagles split series with Franklin Co.

By **GARY JOHNSON**
Sports Writer

SHELBYVILLE — Shelbyville Central's Golden Eagles jumped out to a big lead and held on to claim a 10-6 win over Franklin County in a District 6 4-A contest at home on Monday night.

"This was a big win for us. It puts us in a position where we can clinch at least second with a win in our next three district games," Eagles coach Chase Jones said.

The Eagles (12-10, 5-4) dodged a bullet early as the Rebels started the game by loading the bases but the Shelbyville Central defense retired the next three batters in order to close out the top of the first inning.

The Eagles responded with four runs in the bottom half of the first then added a run in each of the next three innings to hold a 7-0 advantage.

"The top of the first inning was a little dicey for us, but, with a heck of a play by Caleb Molder in right and two strikeouts by Jaquai (Beverly), we were able to get out of the inning with zero runs allowed. We were able to come up in the bottom of the inning and put four runs on the scoreboard," Jones said.

Franklin County scored a run in the fifth then plated five more in the sixth to cut the led to 7-6.

"Jaquai settled in and we were able

to put a run across the plate in the second, third and fourth innings. We went in to the top of the sixth with a six-run lead when things got interesting. Franklin County ended up with a five run inning, and coming in to the bottom of the sixth, it was a 7-6 ballgame," Jones said.

Shelbyville Central responded with a three-run sixth to regain control then relief pitcher Carston Williams struck out the side in the top of the seventh to secure the victory.

"Carston was lights out in the top of the seventh to secure a 10-6 win," Jones said.

Beverly turned in another quality start, fanning 13 batters, including 11 in a row at one points to remain unbeaten at 4-0 this season.

"Man is this group fun to coach. They have grown so much over the course of the last year and a half. We are excited to be going down to Winchester to play this type of game with something on the line," Jones said.

Williams ripped a double and single, Nick Hopper belted a double while Beverly and Kyler Trice each collected a pair of singles for the winners.

Braden Henley and Samuel Vincent each had a double and single to pace the Rebels at the plate.

Franklin County	000	015	0	—	6	8	1
Shelbyville Central	411	103	x	—	10	12	0

Shelbyville Central: William Bobo 1-for-3, Jaqual Beverly 2-for-3, Carston 2-for-4, Nick Johnson 1-for-3, Kyler Trice 2-for-3, Nick Hopper 1-for-3, Caleb Molder 1-for-3, Ahmad Coats 1-for-3, Marquis Wilson 1-for-4.
WP: Beverly
LP: Gilliam

Franklin Co. 15, Shelbyville Central 5

WINCHESTER — Shelbyville Central's Golden Eagles dropped a 15-5 decision at Franklin County in a District 6 4-A matchup on Tuesday night.

The Rebels pushed across four runs in the bottom of the fifth frame to win the game in five innings.

Samuel Vincent got the win on the mound, allowing nine hits with five strikeouts.

Palmer Edwards started on the bump for Shelbyville Central.

Robert Gardner had a double and single while Braden Henley added a double for the winners.

Carson Williams and Nick Hopper each collected two hits for the Eagles (12-11, 5-5).

Shelbyville Central	014	00	—	5	9	3
Franklin County	056	04	—	15	13	4

Shelbyville Central: William Bobo 1-for-3, Jaqual Beverly 1-for-3, Carson Williams 2-for-3, Nick Johnson 1-for-3, Nick Hopper 2-for-3, Caleb Molder 1-for-2.

WP: Vincent
LP: Edwards

Eagles keeping busy on field

T-G STAFF REPORT

Shelbyville Central's Golden Eagle soccer team has had a very busy past few days, playing three matches since Saturday.

SATURDAY

The Golden Eagles (6-5-1, 4-1-0) ventured to Brentwood to face the nationally ranked No. 4 ranked from the latest United Soccer Coaches poll and fell 4-1.

Brentwood scored two goals off of Eagle defensive errors and loss of focus in the first 10 minutes.

Fernando Gallardo drew a penalty that Yahir Cervantes put in the back of the net to cut the lead to 2-1 at the intermission.

"In the second half, it was a real battle but they kept us pinned on our side of the field. Ultimately, we cracked with about 11 minutes left in the game and a ton of pressure on our backline," Shelbyville Central coach Chris Fritz said.

"The biggest takeaway from this game should be that to compete with this level of teams we need to have complete focus and discipline especially since these teams will be coming into our region next year."

MONDAY

Shelbyville Central rolled past Warren County 4-1 at home Monday night.

"We came out flat and couldn't connect, so they

took an early lead," Fritz said. "We changed our shape in the second half and encouraged them to attack their backline more."

Brandon Cruz started the scoring with a deflection off of a left-footed shot.

Arnold Avila was assisted by Yahir Cervantes for two more goals including one with a slick turn that Arnold buried off of his weak foot.

"We have been waiting for these two to connect since they both are skillful players with creative ideas," Fritz said.

The final goal was scored by Cervantes assisted by freshman Fernando Gallardo.

TUESDAY

The Golden Eagles edged Warren County 1-0 on the road.

"We dictated the tempo of the play from start to end. We had numerous chances that were either missed or too sloppy to put in the back of the net," Fritz said.

"Our pressure was great and our right wing Brandon Cruz was involved in numerous offensive and defensive plays to create key moments."

The lone score of the game came off the foot of Yahir Cervantes.

"A road win in our district is always hard to come by, so I am proud of the boys for this effort," Fritz said.



T-G Photo by Gary Johnson

Shelbyville Central's Nick Hopper smacked a two-run double for the Golden Eagles in a district win over Franklin County on Monday night.



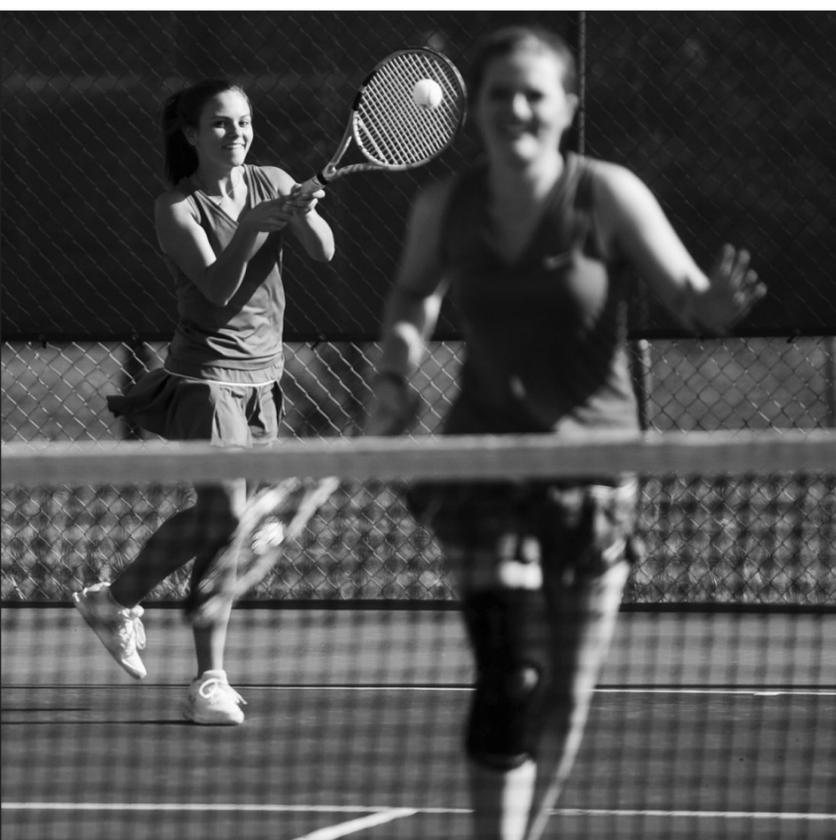
Photo courtesy of David Smith

Seniors Jamsion Norton and Brayden Blackwell pose during Monday afternoon's match against Fayetteville City.



T-G Photos by Chris Siers

Sophomore Justin Spence dashes to return a serve in doubles.



Junior Caitlyn Burdick swats a serve back across the net in doubles with her partner Ryann Samons.

Shelbyville netters take 2 vs. Fayetteville

By CHRIS SIERS
sports@t-g.com

It was an excellent Monday afternoon for the Shelbyville Central tennis teams on Monday, with both the Eagles and Eaglettes taking wins against Fayetteville City.

In the girls' match, it was a clean sweep for the Eaglettes, posting a perfect 7-0 win against the Lady Tigers.

Caitlyn Burdick and Ryann Samons both took 8-0 wins against their respective opponents, while Addie Berry took care of Ellaina Sherridan in an 8-3 win in the No. 2 seed.

Alyssa Fanning added an 8-2 win in the third slot for the Eaglettes, while Evelyn Basurto picked up a convincing 8-1 win in the No. 5 spot.

In doubles, Burdick and Samons took an 8-1 win in the No. 1 match, while Berry and Fanning claimed an 8-1 win as well in

the No. 2 doubles match.

On the boys' side, it was a bit of a dog-fight, with the Eagles taking three singles victories and splitting doubles for the 4-3 win over the Tigers.

Jackson Benson edged out Robbie McVey in the No. 2 singles match, while Brayden Blackwell claimed an 8-6 singles win in the No. 4 seed.

Jamsion Norton also claimed a singles victory as well.

- GIRLS**
Shelbyville Central 7, Fayetteville 0
- Singles**
1. Caitlyn Burdick (S) def. Eli Hester (F), 8-0.
2. Addie Berry (S) def. Ellaina Sherridan (F), 8-3.
3. Alyssa Fanning (S) def. Grace Uriostegue (F), 8-2.
4. Ryann Samons (S) def. Brenna Lirette (F), 8-0.
5. Evelyn Basurto (S) def. Marcy Batchelor (F), 8-1.
- Doubles**
1. Burdick/Samons (S) def. Hester/ Sheridan (F), 8-1.
2. Berry/Fanning (S) def. Uriostegue/ Lirette (F), 8-1.

- BOYS**
Shelbyville Central 4, Fayetteville 3
- Singles**
1. Vincent Buchanan (F) def. Justin Spence (S), 8-2.
2. Jackson Benson (S) def. Robbie McVey (F), 8-4.
3. Vincent Ruhlender (F) def. Hoyt Wessner (S), 8-0.
4. Brayden Blackwell (S) def. Aiden Young (F), 8-6.
5. Jamsion Norton (S) def. Vincent Ruhlender (F).

"BIG TURKEY DOWN"



Submitted photo

Emma Williams bagged this turkey around 7:30 on Wednesday morning in Lynchburg.

Damar Hamlin cleared to return to football

By JOHN WAWROW
AP Sports Writer

ORCHARD PARK, N.Y. — Having spent the past several months meeting President Joe Biden, raising millions of dollars for his charitable foundation and promoting the benefits of CPR training, Buffalo Bills safety Damar Hamlin can focus now on the next big objective in his life: returning to football.

Wearing a red woolen cap and a Bills blue pull-over, Hamlin sat at the podium on Tuesday and said his heart — the one that stopped beating some four months ago during a game in Cincinnati — was, as he put it, “still in the game.”

“This was a life-changing event, but it’s not the end of my story,” Hamlin said. “I plan on making a comeback to the NFL.”

Addressing reporters for the first time since going into cardiac arrest and having to be resuscitated on the field, Hamlin reflected on the anxious moments he’s endured, his inner drive to not let fear stand in his way and how he no longer takes a minute of his life for granted.

“The ‘wow’ moment is every day just being able to wake up and just take deep breaths and live a peaceful life, to have a family and people that are around me that love me,” said Hamlin, who has been medically cleared to play and is taking part in the start of the Bills’ voluntary workout program.

“They almost lost me. Like I died on national TV, you know what I mean?” he added. “So that right there is the biggest blessing of it all, for me to still have my people, and my people still have me.”

General manager Brandon Beane announced earlier in the day that Hamlin was medically cleared to return to football after the 25-year-old met with a third and final specialist on Friday. All three agreed Hamlin could resume playing without any fear of setbacks or complications. While the Bills had their head athletic trainer sit in on those meetings, Beane said the team is following the lead of the specialists.

“He’s such a great kid and has such a great family, and it’s exciting to go from a guy who was fighting for his life to now,” Beane said. “His story hasn’t been written. Now it’s about his comeback.”

Hamlin said the specialists agreed his heart stopped as a result of commotio cordis, which is a direct blow at a specific point in a heartbeat that causes cardiac arrest.

His next steps will be no different from any other NFL player in his bid to secure a roster spot. Hamlin will return to the field when the team’s voluntary spring practices begin next month, followed by mandatory practices in June and then training camp in late July.

His teammates were elated to see him back in the facility working out.

“D-Ham is a special person, a beautiful soul,” fellow safety Micah Hyde said. “I look up to him, especially how he’s bounced back after facing adversity. A little scary. But to see him well and in the building and move around a little bit, it gives you a little energy.”

Hamlin’s recovery is personal to many who watched in shock as Hamlin collapsed on the field on a nationally televised “Monday Night Football” game, but more-so for Beane. While the Bills returned home after the game initially was suspended and eventually canceled, Beane spent the first four days at Hamlin’s side, including when he was awakened from a medically induced coma at the University of Cincinnati Medical Center.

“It was all about his health, and it’s always going to be about his health,” Beane said. “But to truly, you know, however many months later be talking about he’s fully cleared is pretty remarkable. And I’m excited for him and his family for where they are on his journey.”

Hamlin collapsed after making what appeared to be a routine tackle in the first quarter of a Jan. 2 game against the Bengals. His collapse led to an outpouring of support from around the NFL and across North America, with dona-

tions made to Hamlin’s charitable organization topping more than \$9 million.

The second-year player from Pittsburgh’s suburb of McKeesport spent nearly 10 days recovering in hospitals in Cincinnati and Buffalo before being released. He eventually began visiting the Bills’ facility and attended the team’s season-ending 27-10 loss to the Bengals in the divisional round of the playoffs.

Hamlin recalled watching football on TV while lying in his hospital bed in Cincinnati when the thought of playing again first entered his mind.

“Just watching teams play, watching other safeties play, that’s where I saw and felt my love for the game,” he said. “That’s where I was just like, ‘I don’t want to be done yet.’”

Hamlin said specialists advised him that returning to football could have mental health benefits, which include enjoying the camaraderie of being among teammates.

“I’m just taking it one day at a time. That’s where I’m at in this process. Anytime I try to think too far forward, it gets cloudy,” he said. “I’ve got a long journey to go, but I’m committed to it each day.”

Hamlin has since made numerous appearances around the country, including meeting with Biden last month.

Biden posted a tweet on the visit that read: “Hamlin’s courage, resilience, and spirit inspired the American people. And what’s more: he turned recovery into action — and our country is better for it.”

Hamlin’s visit to Washington came as part of the player’s desire to back a bill that would increase access to defibrillators in public and private elementary and secondary schools.

During the Super Bowl festivities in Arizona in February, he received the NFLPA’s Alan Page Community Award. He also took part in a pre-game ceremony in which the NFL honored the Bills’ and Bengals’ training and medical staffs and first responders who treated him.

Tua considered retirement after concussions

By **ALANIS THAMES**
AP Sports Writer

MIAMI GARDENS, Fla. — Tua Tagovailoa considered walking away from football.

It was a brief thought after he was diagnosed with two concussions last season and many questioned if it was safe for the 25-year-old Miami Dolphins quarterback to continue playing.

But after talking to his family and doctors, Tagovailoa ruled out retirement and started training in martial arts this offseason to help reduce head injuries.

"I always dreamed of playing as long as I could to where my son knew exactly what he was watching his dad do," Tagovailoa said Wednesday. "It's my health. It's my body. And I feel like this is what's best for me and my family. I love the game of football. If I didn't, I would have quit a long time ago."

Now, Tagovailoa is learning how to fall.

Though he's still early in his jiu jitsu training — a white belt — Tagovailoa is working on ways to land more safely when he's on the field.

"We used crash pads at first with trying to fall," he said. "Obviously tucking your chin, that was one of the deals. It went a lot more into the technique of how to disperse your energy when you fall, the posture you want to be in, and if you're not presented that posture, what are other things that you can do to help you disperse the energy when you fall."

Tagovailoa will have to wait until the start of the season to see how his training translates to the field, where split-second decision-making during the fast-paced play can sometimes make the difference in whether or not a player gets hurt.

"I've been falling a lot this offseason. Just like with anything else, you continue to train it. You continue to work at it

— it becomes second nature," Tagovailoa said. "When a situation like that does happen, it's not something new that's presented to you. And for guys at my position, we barely get hit, if that, throughout practices, throughout the off-season, even going into training camp. We don't get touched until the season starts."

Tagovailoa sustained his second known concussion of the 2022 season in a Christmas Day loss to Green Bay.

And hitting the back of his head became an all-too-familiar, all-too-scary scene last season.

In a September win over the Buffalo Bills, Tagovailoa missed Miami's last three snaps of the first half after hitting his head and wobbling for a few steps as he got to his feet. He was cleared to return to that game and later said it was a back injury that caused the stumble.

He was not formally diagnosed with a concussion from that inci-

dent.

Four days later, he got hit again during a Thursday night game at Cincinnati in which he was briefly knocked unconscious and was taken off the field on a stretcher. As he lay on the turf, his fingers displayed what's known as the "fencing response," which typically indicates a serious neurological issue. That time, he was placed in the concussion protocol.

Tagovailoa's situation sparked quick and significant changes to the concussion protocols by the NFL and the NFL Players Association. The most notable addition was that an abnormality of balance and/or stability would be a symptom prohibiting a player from returning to a game.

Since then, Tagovailoa said he has spoken to numerous neurologists whom he said do not believe he would be more susceptible to head injuries than any other player moving forward, nor would he be at a higher risk for chronic

traumatic encephalopathy (CTE), which is the brain disease associated with repeated blows to the head.

"It's only when you're constantly hitting your head against something. I think that tailors more toward linebackers, O-linemen, D-linemen, guys that are constantly going at it," Tagovailoa said. "That also played into the factor of my decision-making and wanting to come back and play."

Despite the injuries, the Dolphins have said they are committed to Tagovailoa. In March, Miami picked up the fifth-year option on his rookie contract after he set career highs in passing touchdowns, passing yards and passer rating in a breakout season.

Tagovailoa, who was drafted fifth overall by Miami in 2020, will enter the fourth year of his rookie deal this upcoming season and will be guaranteed \$23.2 million.

Oakland A's purchase land for new stadium in Las Vegas

By **JOSH DUBOW**
AP Sports Writer

OAKLAND, Calif. — The Oakland Athletics have signed a binding agreement to purchase land for a new retractable roof ballpark in Las Vegas after being unable to build a new venue in the Bay Area.

Team president Dave Kaval said Wednesday night the team finalized a deal last week to buy the 49-acre site where the A's plan to build the stadium close to the Las Vegas Strip with a seating capacity of 30,000 to 35,000.

The A's will work with Nevada and Clark County on a public-private partnership to fund the stadium. Kaval said the A's hope to break ground by next year and would hope to be move to their new home by 2027.

"It's obviously a very big milestone for us," Kaval said. "We spent almost two years working in Las Vegas to try to determine a location that works for a long-term home. To identify a site and have a purchase agreement is a big step."

The A's had been looking for a new home for years to replace the outdated and run-down Oakland Coliseum, where the team has played since arriving from Kansas City for the 1968 season. They had

sought to build a stadium in Fremont and San Jose before shifting their attention to the Oakland waterfront.

Las Vegas would be the fourth home for a franchise that started as the Philadelphia Athletics from 1901-54.

"We're turning our full attention to Las Vegas," Kaval said. "We were on parallel paths before. But we're focused really on Las Vegas as our path to find a future home for the A's."

Commissioner Rob Manfred said in December the A's would not have to pay a relocation fee if the team moved to Las Vegas.

"We're past any reasonable timeline for the situation in Oakland to be resolved," Manfred said then.

Oakland Mayor Sheng Thao said in a statement that she was disappointed the A's didn't negotiate with the city as a "true partner."

"The city has gone above and beyond in our attempts to arrive at mutually beneficial terms to keep the A's in Oakland," she said. "In the last three months, we've made significant strides to close the deal. Yet, it is clear to me that the A's have no intention of staying in Oakland and have simply been using this process to

try to extract a better deal out of Las Vegas. I am not interested in continuing to play that game — the fans and our residents deserve better.

"I am incredibly proud of what we have accomplished as a City, including securing a fully entitled site and over \$375 million in new infrastructure investment that will benefit Oakland and its Port for generations to come. In a time of budget deficits, I refuse to compromise the safety and well-being of our residents. Given these realities, we are ceasing negotiations and moving forward on alternatives for the redevelopment of Howard Terminal."

The A's would be only the second MLB team to change cities in more than a half-century. Since the Washington Senators became the Texas Rangers for 1972, the only team to relocate was the Montreal Expos, who became the Washington Nationals in 2005.

The A's lease at the Coliseum expires after the 2024 season. The A's has struggled to draw fans to the Coliseum in recent years as owner John Fisher has slashed payroll and many of the team's most recognizable stars have

been traded away.

Oakland had the lowest opening day payroll in baseball at \$58 million — less than the combined salaries of Mets pitchers Max Scherzer and Justin Verlander, who tied for the major league high of \$43.3 million.

The team is 3-16 this season and has been outscored by 86 runs — the worst mark through 19 games since 1899. The average attendance through 12 home games this season is 11,027 for the lowest mark in the majors and less than half of the league average of about 27,800. The A's haven't drawn 2 million fans at home since 2014 — their only year reaching the mark since 2005.

If the A's leave Oakland, the city with a rich sports tradition would have no major pro sports teams with the NFL's Raiders having moved to Las Vegas in 2020 and the NBA's Warriors moving across the bay to San Francisco in 2019.

"We know it's a difficult message for our folks in Oakland," Kaval said. "Obviously we're grateful for all the hard work that went into the waterfront. But we have been unable to achieve success or make enough progress."

Robinson set to test RB value in NFL draft

By **SCHUYLER DIXON**
AP Pro Football Writer

Bijan Robinson draws comparisons to Saquon Barkley as the former Texas running back enters the NFL draft.

There's not a pundit on the planet who would say Robinson is going with the second overall pick as Barkley did to the New York Giants five years ago.

Experts are in near-universal agreement that the smooth and powerful Robinson is a top-five prospect regardless of position. Where he might end up getting drafted in the first round April 27 is another matter entirely because of the age-old question of durability for running backs.

"It's hard to find a perfect landing spot for," ESPN draft analyst Todd McShay said.

When Barkley was drafted, it marked the fourth consecutive year a running back went in the top 10. The former Penn State standout was the last of three straight to go in the top four.

Before Todd Gurley was taken 10th overall in 2015, the value of running backs was a hot topic because there had been consecutive drafts without one going in the first round, an NFL rarity.

The position's value is up for debate again with Robinson rating as one of the best players in the draft

but going as low as the 20s in plenty of mock drafts, including one from The Associated Press.

According to NFL.com, the two highest-rated backs behind Robinson — the clear No. 1 — are Alabama's Jahmyr Gibbs and Zach Evans, who finished at Mississippi after transferring from TCU.

"I think they value them, they just don't prioritize them in the first round," ESPN analyst Mel Kiper Jr. said. "I think that's what you have to differentiate there. They certainly have great value as a player and what they mean to your team."

The Dallas Cowboys, who have the 26th pick, have been linked to Robinson for reasons that illustrate why the value of running backs can be such an interesting topic.

While Dallas has a starter with Tony Pollard set to play on the \$10.1 million franchise tag, there's still a need after the release of Ezekiel Elliott this offseason in a cost-cutting move.

Seven years ago, the Cowboys took Elliott fourth overall, then watched him win two rushing titles in his first three seasons.

Elliott's production dropped off after he signed a \$90 million, six-year extension in 2019, with the wear and tear from his early success often cited as the

most plausible explanation.

The Cowboys don't sound as if they would draft a running back that high if they were in the same position with Robinson on the board.

"We thought Zeke obviously did an amazing job for us and came in right away and was dominant and helped us win a lot of football games," executive vice president of personnel Stephen Jones said. "So I don't second guess that one. But ... it's hard for these guys to play 10 years at a real high level."

Gurley was out of the league before he was 27, and Elliott remains unsigned at the same age. Leonard Fournette, taken fourth overall the year after Elliott, was released by Tampa Bay in February. He's 28.

Barkley was the 2018 AP Offensive Rookie of the Year before injuries became an issue, most notably a torn ACL in Week 2 in 2020.

Like Pollard, the 26-year-old Barkley is on the franchise tag after rushing for 1,312 yards last season.

The Giants got that career-best production on the fifth year of Barkley's rookie contract, which is a team option. Now New York has to decide whether a long-term deal is the right play.

"My philosophy on running backs is I don't mind

taking a running back in the first round, as long as your team is ready to win right now," NFL Network draft analyst Daniel Jeremiah said. "Because if you take into account the guy has four or five, six years of elite production, I don't mind getting him in the first round because you get the extra year on the contract."

For his part, Robinson doesn't seem too concerned about being rated a top-five prospect with the possibility of waiting a lot longer than the others in that group to hear his name called.

"I don't want to say it's unfair," said Robinson, who was sixth nationally with 1,580 yards rushing last season. "For me, it's important to keep enjoying the moment because we might get to draft day and some surprise could happen."

The 215-pound Robinson broke tackles with power and elusiveness, and McShay said Texas coach Steve Sarkisian told him Robinson's pass-catching skills weren't fully displayed because the Longhorns were trying to limit the hits on their star back.

Pass protection is another key element, and was something that made Elliott valuable even as his percarry average dropped later in his career. Robinson rates well there and on character issues.

Tiger has ankle surgery, rest of majors in doubt

By **DOUG FERGUSON**
AP Golf Writer

Tiger Woods had fusion surgery on his right ankle Wednesday morning to alleviate arthritis from a broken bone, putting in doubt whether he plays any more majors this year.

Woods disclosed the surgery on Twitter and said it was a subtalar fusion procedure to address post-traumatic arthritis from when he broke his talus bone in February 2021.

"He's resting now and will start the recovery process," Mark Steinberg, his agent at Excel Sports, said in a telephone interview.

The surgery took place in New York, and Steinberg said Woods has returned to his home near Jupiter, Florida, to begin rehabilitating.

As for when Woods could return to playing golf, Steinberg said there was "no timetable on this."

"The first goal is to recover and lead a much more enjoyable day-to-day life," he said.

Woods shattered multiple bones in his right leg and ankle in February 2021 when the SUV he was driving crashed off a suburban coastal Los Angeles road at about 85 mph and tumbled down the side of a hill. The injuries were so severe, Woods said, that doctors contemplated amputation.

Woods has had multiple surgeries on his leg as a result of the car crash. The ankle has been causing most of the problems of late, including a noticeable limp when he played four of the last five majors, most recently the Masters two weeks ago.

The talus is the second-largest of a group of bones known as the tarsus, which forms the lower part of the ankle joint and transmits the weight of the body from the lower leg to the foot. The subtalar joint allows for side-to-side movement needed for walking, especially on uneven surfaces.

Most estimates put recovery from subtalar fusion at eight to 12 weeks. That would all but rule out the PGA Championship next month — Woods was doubtful, anyway, given it will be at Oak Hill in Rochester, New York, with likely cold temperatures.

The U.S. Open is June 15-18 at Los Angeles Country Club, and the British Open is in three months (July 20-23) at Royal Liverpool in England.

Woods made an improbable return 14 months after the car crash to play in the Masters and walked 72 holes. Remarkably, he has missed only one cut — the British Open at St. Andrews last summer — although he withdrew after three rounds of the PGA Championship last year and he withdrew this year in the middle of the third round of the rain-delayed Masters.

Woods cited plantar fasciitis for his withdrawal from the Masters, where he tied the record by making his 23rd cut. Plantar fasciitis also was cited when he had to withdraw from his Hero World Challenge in the Bahamas in December, which he said was caused by working too much to get ready to play.

Jason Day said at the Masters that Woods told him the reason for his withdrawal from the PGA Championship last year "was a screw went through the skin."

Woods previously had five surgeries on his back. That included fusion surgery on his lower spine that allowed him to return to play. He won the Tour Championship in 2018, the Masters in 2019 for his 15th major championship and the ZoZo Championship in Japan in the fall of 2019 for his 82nd career PGA Tour title, tying the career record of Sam Snead.

He has said in numerous interviews that hitting shots is not the problem, it's walking to the next one. Woods also has said his schedule would be limited to the majors and maybe a few others, such as the 36-hole PNC Championship with his son in which he can ride in a cart.

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IT DOESN'T HURT THAT MY TALENTED WIFE COULD SPRING FOR FIRST-CLASS TICKETS... *Muh? THE CAB'S STOPPED! AND WHAT'S ALL THAT RACKET?*

WHAT THE-? IT'S THAT LUKE CAGE GUY! HE STOPPED THIS ARMORED CAR JUST LIKE A KID'S TOY!

THERE'S A REAL COMMOTION A FEW CARS AHEAD! I'LL JUST SCRAMBLE ATOPTHE TAXI AND SEE WHAT...

HONKHONK

WE MAY HAVE TO DELAY OUR VACATION A FEW MINUTES, HONEY!

GO TO CHANGE TO SPIDEY, BUT THE CAB DRIVER'LL SEE...

I'LL FIND OUT WHAT'S CAUSIN' THIS TRAFFIC JAM!

LUCKY I FIGURED A FIRST-CLASS FLIER WOULD'N'T GET STRIP-SEARCHED! **KEEP DOWN-ELSE I CAN'T SHIELD YOU FROM VIEW!**

YOU WAIT HERE, FOLKS...

SUDOKU

		5			4	3		
			2	1	3			9
2				7		4	8	
3	7	8			6	2	5	
				2				
	4	2		5	8			
		3	7					8
7				3	1	6		5
	9		5				4	

Level: Beginner

CURTIS® by Billingsley

MICHELLE, YOU'RE MY FIRST THOUGHT IN MY MIND WHEN I WAKE UP IN THE MORNING...

AND MY LAST THOUGHT BEFORE I GO TO SLEEP AT NIGHT ♡

I FEEL THE SAME WAY 'BOUT MY NEW SHOES MY DADDY BOUGHT ME FROM ITALY!!

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GOOD! THEY'RE CAULIFLOWER WINGS!

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I CAN'T FIND POPEYE! **HE IS QUITE UPSET!**

HE IS ASHAMED OF HIS FAMILY NAME!

I DON'T CARE ABOUT HIS LAST NAME! **I WANT MY SAILOR!!**

SCRAM, WIMPY, YA DOESN'T WANT TO BE SEEN WIT' A SWAB LIKE ME! **I AM PROUD TO BE YOUR FRIEND!**

BUT I HAS AN' ARFUL FAMILY NAME!

SIR, YOU ARE MY FRIEND FOR WHO YOU ARE, NOT WHAT YOUR LAST NAME IS! **BLOW ME DOWN, WIMPY... LET'S HAVE A HAMBURGER ON ME!**

WIMPY IS RIGHT!! A MAN IS WHAT HE IS --

-NOT WHAT HIS FAMILY NAME HAPPINGS TO BE!

ME NAME IS POPEYE THE SAILOR AN' THA'S ALL YA HASTA KNOW!! **TAKE IT OR LEAVE IT!**

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to soyfoods. Each number corresponds to a letter. (Hint: 13 = E)

A. 6 13 15 10 1 13
Clue: Plant of the pea family

B. 19 13 26 16
Clue: Small seed-type food

C. 23 18 3 10
Clue: Bean curd

D. 12 18 18 21 7 16 15
Clue: Preparing and heating food

Answers: A. legume B. bean C. tofu D. cooking

JUDGE PARKER® by Marciuliano-Manley

THE CIA WANTS TO MAKE A DEAL, PARKER. NOT BECAUSE WE'RE SORRY. WE DON'T DO THAT. WE'RE NOT THE HUGGY TYPE...

BUT NOW THAT WE CAN NO LONGER IGNORE THE FACTS, IT WOULD BE A SHAME TO BURY SUCH A GREAT ASSET AS YOURSELF.

SO WHAT, THEN? YOU QUIETLY MOP UP YOUR MESS AND JUST LET ME WALK OUT?

SO WE'LL MONITOR YOU. SEE YOU DON'T GO AROUND TELLING PEOPLE YOUR STORY. AND WHEN WE THINK YOU'RE READY, WE'LL CALL ON YOU.

HAHA. YOU MAY HAVE BEEN FRAMED, BUT YOU'VE DONE QUITE A BIT OF DAMAGE SINCE THEN. WE NEED TO KNOW WE CAN TRUST YOU...

SO THIS IS THE "ONE DAY I MAY CALL UPON YOU FOR A FAVOR" APPROACH. YOU KNOW, PARAPHRASING "THE GODFATHER" DOESN'T EXACTLY SELL YOUR POINT.

THEN HOW ABOUT THIS...

AGREE TO OUR TERMS AND YOU CAN CALL YOUR FAMILY RIGHT NOW TO SAY YOU'RE COMING HOME.

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	9	1	5	6	2	7	4	3
7	2	4	8	3	1	6	9	5
5	6	3	7	4	9	1	2	8
6	4	2	3	5	8	9	1	7
1	5	9	4	2	7	8	3	6
3	7	8	1	9	6	2	5	4
2	3	6	9	7	5	4	8	1
4	8	7	2	1	3	5	6	9
9	1	5	6	8	4	3	7	2

ANSWER:

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Day Published
Tuesday and Saturday

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Fax: 931-684-3228
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931-808-6460

Dorm Size Fridge
Dresser w/ Matching
Nightstand
Kitchen Shelf
End Table w/ Magazine Rack
Built In
931-607-7098

PUBLIC NOTICE

SUBSTITUTE TRUSTEE'S NOTICE OF SALE

Sale at public auction will be on May 1, 2023, at or about 11:00 AM, local time, at the main entrance to the Bedford County Courthouse, 1 Public Square, Shelbyville, TN 37160, pursuant to the Deed of Trust executed by Nitasha L. Groves, a married woman, to Megan K. Trott, as Trustee for Mortgage Electronic Registration Systems, Inc., as nominee for First Community Mortgage, Inc. dated October 21, 2021, and recorded in Book TD1029, Page 170, Instrument Number 21009527 in the Register's Office for Bedford County, Tennessee ("Deed of Trust"), conducted by Padgett Law Group, having been appointed Substitute Trustee, all of record in the Bedford County Register's Office. Default in the performance of the covenants, terms, and conditions of said Deed of Trust has been made; and the entire indebtedness has been declared due and payable.

Party entitled to enforce the debt: NewRez LLC d/b/a Shellpoint Mortgage Servicing
Other interested parties: Medical Data Systems, Inc. dba Medical Revenue Services

The hereinbefore described real property located in Bedford County will be sold to the highest call bidder subject to all unpaid taxes, prior liens, and encumbrances of record: Legal Description: A certain tract or parcel of land lying and being in the 7th Civil District of Bedford County, Tennessee, being bounded and described as follows: Beginning at a metal pin on the west margin of Fishingford Pike, and on the east margin of Temple Ford Road, at the northeast corner of the property herein described; thence leaving the said east margin of Temple Ford Road, and following the said west margin of Fishingford Pike South 36 deg. 31 min. East 122.94 feet to a metal pin; thence leaving the said west margin South 22 deg. 21 min. West 225.78 feet to a metal pin; thence North 56 deg. 35 min. West 49.0 feet to a metal pin on the east margin of Temple Ford Road; thence following the said east margin North 6 deg. 24 min. East 260.02 feet to a metal pin; and North 47 deg. 52 min. East 33.15 feet to the point of beginning and containing 0.49 acres. Subject to Gas Line Easements of record in Book 244, Page 370 and Book 244, Page 372; and Restrictive Covenants of record in Book 155, Page 849, Register's Office of Bedford County, Tennessee.

Being the same property conveyed to Matthew A. Fanning, by deed of record in Book 339, Page 340, said Register's Office.

The last deed of record is a Warranty Deed recorded in Book D368, Page 916 on October 22, 2021, in the Register's Office for Bedford County, Tennessee.

Street Address: The street address of the property is believed to be 637 Warner Bridge Road, Shelbyville, TN 37160, but such address is not part of the legal description of the property. In the event of any discrepancy, the legal description herein shall control.

Map/Parcel Number: 079-061.00-000
Current owner(s) of Record: Nitasha L. Groves
This sale is subject to all matters shown on any applicable recorded Plat or Plan; any unpaid taxes and assessments; any restrictive covenants, easements or setback lines that may be applicable; rights of redemption, equity, statutory or otherwise, not otherwise waived in the Deed of Trust, including rights of redemption of any government agency, state or federal; and any and all prior deeds of trust, liens, dues, assessments, encumbrances, defects, adverse claims and other matters that may take priority over the Deed of Trust

PUBLIC NOTICE

upon which this foreclosure sale is conducted or are not extinguished by this Foreclosure Sale.

THE PROPERTY IS SOLD WITHOUT ANY REPRESENTATIONS OR WARRANTIES, EXPRESSED OR IMPLIED, RELATING TO TITLE, MARKETABILITY OF TITLE, POSSESSION, QUIET ENJOYMENT OR THE LIKE AND FITNESS FOR A GENERAL OR PARTICULAR USE OR PURPOSE. The title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee.

The right is reserved to adjourn the sale to another time certain or to another day, time, and place certain, without further publication upon announcement on the day, time, and place of sale set forth above or any subsequent adjourned day, time, and place of sale.

If you purchase a property at the foreclosure sale, the entire purchase price is due and payable at the conclusion of the auction in the form of a certified check made payable to or endorsed to Padgett Law Group. No personal checks will be accepted. To this end, you must bring sufficient funds to outbid the lender and any other bidders. Insufficient funds will not be accepted. Amounts received in excess of the winning bid will be refunded to the successful purchaser at the time the foreclosure deed is delivered.

This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. This sale may be rescinded by the Substitute Trustee at any time.

THIS IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Padgett Law Group, Substitute Trustee
6267 Old Water Oak Road, Suite 203
Tallahassee, FL 32312
(850) 422-2520 (telephone)
(850) 422-2567 (facsimile)
attorney@padgettlawgroup.com
PLG# 23-001674-1
(Apr. 8, 15, & 22, 2023)

NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated June 30, 2017, and the Deed of Trust of even date securing the same, recorded July 5, 2017, in Book No. TD884, at Page 41, and modified on January 6, 2020, in Book No. TD951, at Page 99 in Office of the Register of Deeds for Bedford County, Tennessee, executed by Joyce A James, conveying certain property therein described to Bobo, Hunt, White & Burk as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for First Community Mortgage, Inc., its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by MidFirst Bank, NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by MidFirst Bank, will, on **June 13, 2023 on or about 11:00 AM, at the Bedford County Courthouse 1 Public Square, Shelbyville, TN 37160**, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Bedford County, Tennessee, and being more particularly described as follows:

Lying and being in the Seventh (7th) Civil District of Bedford County, Tennessee, and being more particularly described as follows: Tract No. 1: Being Lots #10, 11, and 12 of Block "A" of the Fairoaks Addition to the City of Shelbyville, a plat of record in Deed Book 40, page 486, Register's Office of Bedford County, Tennessee, to which plat reference is hereby made for more complete details of location and description. LESS AND EXCEPT THE fol-

PUBLIC NOTICE

lowing described property conveyed to James W. Allen and wife, Emma Allen, by Deed from Leona Bates, dated December 18, 1985, of record in Deed Book 165, page 138, Register's Office of Bedford County, Tennessee: Beginning at a stake in the north margin of Depot Street, said stake being also in the east margin of Fairoak Street and said point being the southeast corner of the realty herein described; thence north 63 deg. 53 min. west 80.5 feet to a stake; thence north 5 deg. east 94 feet to a stake; thence south 85 deg. east 75 feet to a stake in the west margin of Fairoak Street; thence south 5 deg. west 123.1 feet to the point of beginning.

Tract No. 2: BEGINNING at the Northeast corner of said Lot #9; thence S. 18 deg. W. a distance of 60 feet to a stake; thence angle to the right, 90 deg. bearing N. 72 deg. W. a distance of 20 feet; thence an angle to the right 90 deg., bearing N. 18 deg. E. a distance of 60 feet; thence with our northern line S. 72 deg. E. 20 feet to the point of beginning.

Being the rectangular northeast portion of Lot No. 9, Block A, Fairoak Subdivision.

ALSO KNOWN AS: 118 Fairoak Street, Shelbyville, TN 37160

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: JOYCE A JAMES
TENANTS OF
MIDLAND FUNDING, LLC AS SUCCESSOR IN INTEREST TO SYNCHRONY BANK THE SECRETARY OF HOUSING AND URBAN DEVELOPMENT

The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed and that notices of said postponement will be mailed to interested parties of record. **W&A No. 341095**
DATED April 3, 2023
Wilson & Associates, P.L.L.C., Successor Trustee
(Apr. 8, 15, & 22, 2023)

NOTICE OF FORECLOSURE SALE

STATE OF TENNESSEE, BEDFORD COUNTY
WHEREAS, Gilbert A. Newell, Jr. executed a Deed of Trust to Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for First Choice Lending Services, LLC, Lender and Access Title & Escrow, Inc., Trustee(s), which was dated July 10, 2018, and recorded on July 11, 2018, in Book TD909, at Page 310 in Bedford County, Tennessee Register of Deeds.
WHEREAS, default having been made in the payment of the debt(s) and obligation(s) thereby secured by the said Deed of Trust and the current holder of said Deed of Trust, NewRez LLC d/b/a Shellpoint Mortgage Servicing, (the "Holder"), appointed the undersigned, Brock & Scott, PLLC, as Substitute Trustee, with all the rights, powers and privileges of the original Trustee named in said Deed of Trust; and
NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable as provided in said Deed of Trust by the Holder, and that as agent for the undersigned, Brock & Scott, PLLC, Substitute Trustee, by virtue of the power and authority vested in it, will on **May 30, 2023, at 11:00 AM** at the usual and customary location at the Bedford County Courthouse, Shelbyville, Tennessee, proceed to sell at public outcry to the highest and best bidder for cash, the following described property situated in Bedford County, Tennessee, to wit:

PUBLIC NOTICE

The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Bedford County, Tennessee, and being more particularly described as follows:
Certain real estate lying and being in the Seventh (7th) Civil District of Bedford County, Tennessee, and being more particularly described as follows: Beginning at a point on the west margin of Brittain Street just west of a sawed-off power pole at the southeast corner of the Fred Wiggins property and the northeast corner of the property herein described; thence south 24 deg. 30 min. east 90.0 feet to a metal pin on the west margin of said South Brittain Street; thence south 66 deg. west 333.0 feet to a metal pin 15 feet east of a fence; thence north 24 deg. 30 min. west 90.0 feet to a point 15 feet east of said fence; thence north 66 deg. east 333.0 feet to the point of beginning, and containing 0.69 acre.

The above described property shares a common driveway with the property to the immediate south and full rights of ingress and egress to said common driveway are assured to each of said parcels. **ALSO KNOWN AS: 906 South Brittain Street, Shelbyville, TN 37160**

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: PAUL JOSEPH RADWANSKI
TENANTS OF
CHRISTA RADWANSKI CITY OF LAVERGNE / WATER DEPARTMENT

The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed and that notices of said postponement will be mailed to interested parties of record. **W&A No. 355638**
DATED April 3, 2023
WILSON & ASSOCIATES, P.L.L.C., Successor Trustee
(Apr. 8, 15, & 22, 2023)

NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated June 18, 2020, and the Deed of Trust of even date securing the same, recorded June 23, 2020, in Book No. TD966, at Page 788, in Office of the Register of Deeds for Bedford County, Tennessee, executed by Paul Joseph Radwanski and Christa Radwanski, conveying certain property therein described to Broker Title & Escrow, LLC as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for Paramount Residential Mortgage Group, Inc., its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by AmeriHome Mortgage Company, LLC, NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by AmeriHome Mortgage Company, LLC, will, on **May 30, 2023 on or about 11:00 AM, at the Bedford County Courthouse 1 Public Square, Shelbyville, TN 37160**, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor

PUBLIC NOTICE

A certain tract or parcel of land lying and being in the 7th Civil District of Bedford County, Tennessee, being bounded and described as follows:
Beginning at a point at the intersection of the southwest margin of Maplewood Drive and the west margin of Maple Street; thence South 5 degrees 00 minutes west 20.9 feet to a point on the west margin of the said Maple Street; thence North 85 degrees 00 minutes West 140 feet to a point; thence North 5 degrees 00 minutes East 154.00 feet to a stake on the southwest margin of the said Maplewood Drive; thence South 41 degrees 27 minutes East 193.2 feet to the point of beginning and being a portion of Lot 57 and the northern portion of Lot 56 of Block B in the Fairoaks Addition. Subject to Matters as shown on plat of record in Deed Book 40, page 487, Register's Office of Bedford County, Tennessee.

Being part of the same property conveyed to JOEL S. RAY AND WIFE, PATRICIA L. RAY, by deeds of record in Book 249, page 20 and Book 210, page 430, said Registers Office.

Parcel ID Number: 089F-D;001.00
Address/Description: 100 Maple St, Shelbyville, TN 37160

Current Owner(s): Gilbert A. Newell, Jr.
Other Interested Party(ies):

The sale of the property described above shall be subject to all matters shown on any recorded plat; any and all liens against said property for unpaid property taxes; any restrictive covenants, easements or set-back lines that may be applicable; any prior liens or encumbrances as well as any priority created by a fixture filing; a deed of trust; and any matter that an accurate survey of the premises might disclose; and All right and equity of redemption, statutory or otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. This office is attempting to collect a debt. Any information obtained will be used for that purpose.
Brock & Scott, PLLC, Substitute Trustee
c/o Tennessee Foreclosure Department
4360 Chamblee Dunwoody Road, Suite 310 Atlanta, GA 30341
PH: 404-789-2661 FX: 404-294-0919
File No.: 22-171
(Apr. 15, 22, & 29, 2023)

Public Notice

The City of Shelbyville will be accepting Applications for two Appointments to the Shelbyville Power, Water and Sewerage Board. Interested persons may apply by submitting an Application and Resume, if available, to

Lisa Smith, City Recorder
lisa.smith@shelbyvilletn.org
201 N. Spring Street
Shelbyville, TN 37160
Copies of each Application and Resume will be furnished to the Mayor and City Council for their review prior to the May Council Meeting. Appointments will be made at the May 11, 2023, Council Meeting and successful appointee will take their seat on the Board at the June 2023 Power Board Meeting. Applicants must be at least thirty years of age and must have been a resident and bona fide freeholder or householder in Bedford County and ratepayer of the utility system for at least two years preceding the time of the appointment and must be a legal United States Citizen. No person holding any other public office or public employment shall be eligible for appointment to the Board, except as applies to Notary Publics or to the State National Guard. Applications may be picked up at City Hall or found on the City of Shelbyville Website at www.shelbyvilletn.org. All items on application must be completed. Completed applications and resumes, if available, must be received by 4:00 o'clock P.M. on April 28, 2023. Only those applications which are submitted in the above man-

PUBLIC NOTICE

ner will be considered. Lisa Smith, City Recorder (Apr. 15, 18, 22, & 29, 2023)

PUBLIC HEARING

The Shelbyville City Council will hold a Public Hearing on the following Ordinances at the Shelbyville Recreation Center, 220 Tulip Tree Drive, Shelbyville Tennessee at their Regular Session Meeting of May 11, 2023, at 6:00 PM. Anyone wishing to view the Resolution and/or Ordinances may do so during normal business hours at City Hall, 8:00 a.m. to 4:00 p.m.

Ordinances

An Ordinance of the City of Shelbyville, Tennessee to Approve the Rezoning of 0.55 (+/-) Acre Owned by Greg Curl, Newly Subdivided Parcel Constituting the Back Portion of the Original Parcel Which is Referenced on Bedford County Tax Map 088.00, Parcel 006.05 From the Medium Density Residential District (R-3) Zoning District to the Low Density (R-1) Zoning District and Repealing Any Ordinance or Portion of Ordinance in Conflict Therewith.

An Ordinance Regulating the Use of Engine Compression Braking Devices
Lisa Smith, City Recorder (Apr. 22, 2023)

PUBLIC NOTICE

Conservatives of Bedford County will be holding a public meeting on Thursday, April 27th beginning at 7PM at the Bedford County Ag Center. We will be discussing a range of topics, including those that span across our nation, state, and local level. For further information, contact: David at admin@shelbyvilletn.org (Apr. 18, 22, & 25, 2023)

NOTICE TO CREDITORS

Notice is hereby given that on January 25 of 2023, Letters of Administration in respect of the estate of **Randall Stover, Deceased** who died 12/12/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

Date: 1/25/2023
Amber Stidam, Administratrix
Curt M. Cobb, Clerk & Master
John R. Toy II, Attorney for the Estate (April 22 & 29, 2023)

NOTICE TO CREDITORS

Notice is hereby given that on April 5 of 2023, Letters of Administration in respect of the estate of **William Joel Neese, Deceased** who died 11/27/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the

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Always buying old sporting goods & sports related items, sports cards, non sports cards collections wax boxes & cases 931-492-4304

SERVICES

Land Cleared
Dozer Work
615-906-4103

Pressure Washing,
Painting & Handyman Svc
Free Estimates
931-619-8324

Quality Lawn Care
931-492-2050

T's Window Washing
& Pressure Washing
Licensed & Insured
Free Estimates
Residential & Commercial
931-703-8445

HELP WANTED

DENTAL ASSISTANT needed for full or part time in the Shelbyville area. Please text 931-703-9455 for more info.

Needed - Someone to Perc
A Small Acreage
Bell Buckle Hilly Area
931-394-2301

FOR RENT

1200 Sq. Ft. Business Office for Rent
On Madison St. (Near McDonald's)
\$1250 931-703-9455

GARAGE SALES

Garage Sale
204 Green Hills Dr.
Friday, April 21st
Saturday, April 22nd
9AM-4PM

creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

Date: 4/5/2023
 Carolyn Sue Clardy,
 Administratrix
 Curt M. Cobb,
 Clerk & Master
 Garrett D. Hayes,
 Attorney for the Estate
 (April 15 & 22, 2023)

The following vehicle must be claimed and all charges paid in 10 days or will be deemed abandoned and sold on May 2, 2023 at 9AM to collect charges.

2014 CHEVY MALIBU VIN # 1G11J5SX2EF174383
 Brown's Body Shop
 300 Stanley Blvd
 Shelbyville, TN 37160
 931-684-3170
 (Apr. 22, 2023)

PUBLIC NOTICE MEMBERS AND FORMER MEMBERS DEASON CHURCH OF CHRIST
 3412 231 N. HIGHWAY SHELBYVILLE, TN 37160
 There will be a meeting of all members and former members of Deason Church of Christ and other interested persons on May 7, 2023 at 2 o'clock, at the Deason Church of Christ, 3412 Highway 231 North, Shelbyville, Tennessee 37160, for the purpose of authorizing a sale or a lease with right to purchase to another Church of Christ in order to reestablish and continue Church services at the site.
 (Apr. 22 & 29, 2023)

IN THE JUVENILE COURT OF BEDFORD COUNTY, TENNESSEE AT SHELBYVILLE
IN THE MATTER OF: CHARLIE DEANN COOPER
 d/o/b March 9, 2013,
 and
ABBIGAIL SUE LAMASTUS
 d/o/b September 4, 2010
REBECCA LAMASTUS,
 Petitioner,
 vs.
AMBRIE SPARKS (now STAGGS),
 and **ZACK COOPER,**
 Respondents.
 Case Nos. 2013-JV-27 & 33-386
CONSOLIDATED NONRESIDENT NOTICE
 In this cause, it appearing to my satisfaction from the Petitioner's Amended Petition, which is sworn to, that the Respondent, ZACK COOPER, is a nonresident of the State of Tennessee or that the resident is unknown and cannot be ascertained upon diligent inquiry so that ordinary process of law cannot be served upon him, it is therefore ordered that the Respondent, ZACK COOPER, enter appearance before the Juvenile Court of Bedford County, Tennessee, on or before May 8, 2023, and plead answer to the Petitioner's Amended Petition or the same will be taken for confessed and the cause set for hearing ex parte.
 It is further ordered that a copy of this notice be published for four consecutive weeks in the Shelbyville Times-Gazette, a newspaper published in Bedford County, Tennessee.
 This the 6th day of April, 2023.
 MICHELLE MURRAY,
 JUVENILE COURT CLERK
 APPROVED FOR ENTRY:
 ROBERTSON, WORSHAM, GREGORY, GIFFIN & HOSKINS, PLLC
 BY: MICHAEL E. GIFFIN
 BPR# 014320
 Attorney for Plaintiff
 105 W. Lincoln St.
 P.O. Box 790
 Tullahoma, Tennessee 37388
 (931) 455-5407
 (Apr. 22 & 29,
 May 6 & 13, 2023)

PUBLIC NOTICE TO OWNER AND/OR LIEN HOLDER
 If anyone owns any interest in a
 1995 TRAILS WEST 16' HORSE TRAILER VIN # 49SS72328SP007004
 Please contact BRYAN WILLIAMS at 701-310-5487 on or before May 2nd, 2023.
 (Apr. 22, 2023)

DIAL UP FLAVOR WITH SUMMER FAVORITES

FAMILY FEATURES

Turn up the heat this summer and spice your way to delicious warm-weather recipes by using subtle ingredients that bring out bold flavors in your favorite foods. Adding a taste-enhancing option to your repertoire – Tajin Fruity Chamoy Sauce – can make your summer get-togethers the talk of the neighborhood.

Cool off while enjoying mildly spicy dishes. Made with 100% natural chiles, lime juice, sea salt and a hint of apricot, Tajin Fruity Chamoy Sauce offers a unique sweet-and-spicy flavor without too much heat. Perfect for drizzling over fresh fruits and veggies like mango, pineapple, watermelon and more, it's also commonly used to bring fruity, subtle spice to a wide variety of recipes including beverages and snacks, like smoothies, manguadas, ice pops and cold drinks.

For example, in this Savory Mango Chamoy Daiquiri, the apricots create a fruity, tangy flavor that's a nice, refreshing twist on a traditional drink. Bringing a touch of heat to summer cookouts can be a breeze with mild hot sauces added to dishes like these Spiced Pork Ribs, which can be created start-to-finish in the oven or taken outside to sear on the grill. Just a handful of ingredients are required to season the ribs to spicy perfection before wrapping them in foil and letting your oven do the work.

The key ingredient for the right touch of subtle heat without being overwhelming is Tajin Mild Hot Sauce, a unique, flavorful addition to your cabinet that pairs well with savory snacks like tortilla chips, chicken wings, pizza and even micheladas. The lime is what makes it different from other hot sauces.

Made with 100% natural mild chiles, lime juice and sea salt without added sugars or coloring, it can be enjoyed by the whole family as a versatile way to enhance favorite foods with a mild but wild flavor.

Both recipes can be easily enhanced with a simple concept: just pair Tajin Clásico seasoning with either or both of the sauces to create unique flavor combinations, a tasty "mix it" tactic to add to your warm-weather menu and make it uniquely yours.

Find more recipes that crank up the heat this summer by visiting Tajin.com/us.

Savory Mango Chamoy Daquiri

Total time: 15 minutes
 Servings: 2

Rim Glass:

- 2 tablespoons Tajin Fruity Chamoy Hot Sauce
- 2 tablespoons Tajin Clásico Seasoning

Drink:

- 4 tablespoons Tajin Fruity Chamoy Hot Sauce, divided
- 1 cup frozen mango cubes, plus additional for garnish, divided

- 1/3 cup natural syrup
- 3 ice cubes
- 1/3 cup orange juice
- 1 tablespoon Tajin Clásico Seasoning, for garnish

To rim glass: Rim glass in chamoy hot sauce then season.

To make drink: Blend 3 tablespoons chamoy hot sauce, mango cubes, syrup, ice cubes and orange juice. In glass, pour remaining chamoy hot sauce.

To serve, garnish with additional mango cubes and sprinkle with seasoning.



Savory Mango Chamoy Daquiri



Spiced Pork Ribs

Spiced Pork Ribs

Total time: 3 hours, 10 minutes
 Servings: 6

- 2 racks (about 4 pounds) baby back ribs
- 1/4 cup Tajin Clásico Seasoning
- 1/4 cup Tajin Mild Hot Sauce, plus additional for serving, divided
- 2 tablespoons olive oil
- 2 tablespoons brown sugar
- lime wedges, for serving
- mashed potatoes or steamed rice, for serving (optional)

Rub ribs with seasoning. Marinate at least 4 hours or overnight in refrigerator.

Preheat oven to 300 F. Combine hot sauce, oil and brown sugar; brush over both rib racks.

Line baking sheet with double layer of aluminum foil with enough overhang to wrap foil around ribs.

Lay ribs, bone side down, on foil-lined baking sheet. Wrap foil around ribs and seal. Place on baking sheet.

Fill large baking dish or roasting pan with 2 inches of boiling water. Place on lower oven rack to keep ribs moist as they bake. Place ribs on middle oven rack.

Bake 2 1/2-3 hours, or until meat is tender and just starting to fall off bone.

Preheat broiler. Unwrap ribs and place on foil-lined baking sheet. Broil 4-6 minutes on middle oven rack, or until lightly charred and caramelized.

Serve with lime wedges and additional hot sauce.

Serve with mashed potatoes or steamed white rice, if desired.

A Tasty Meal for a Heart-Healthy Summer

(Family Features) As you plan your summer fun, think also about adopting healthy habits that can help keep your blood pressure under control. When your blood pressure is consistently high - a condition called hypertension - blood flows through arteries at higher-than-normal pressures. This can cause serious health problems not just for your heart, but also for your blood vessels, kidneys, eyes and brain.

Hypertension affects women and men of all ages but making small lifestyle changes can go a long way toward prevention. Start with updating your summer menu with delicious, heart-healthy recipes, like Hawaiian Huli Huli Chicken.

Following a heart-healthy eating plan, such as the Dietary Approaches to Stop Hypertension (DASH), which emphasizes vegetables, fruits, whole grains, fish, poultry, beans, nuts, low-fat dairy and healthy oils, can help keep your blood pressure in a healthy range. Developed through research by the National Heart, Lung, and Blood Institute (NHLBI), DASH focuses on reducing sodium and limiting foods that are high in saturated fat, including fatty meats, full-fat dairy and tropical oils.

Along with adding healthy recipes to your summer menu, NHLBI's The Heart Truth program encourages these healthy habits that can help you control blood pressure:

Move more: Aim for at least 150 minutes (2 1/2 hours) of physical activity each week. Try keeping yourself on pace each week

by shooting for 30 daily minutes of activity over five days.

Aim for a healthy weight: Research shows adults with overweight and obesity can lower their blood pressure by losing just 3-5% of their weight. Ask a friend or family member to join a weight loss program with you; social support can help you both stay motivated.

Manage stress: Reduce stress - which can increase blood pressure - with meditation, relaxing activities or support from a counselor or online group.

Quit smoking: Smoking damages your heart and blood vessels. Call 1-800-QUIT-NOW or find other resources available online.

Get your summer off to a heart-healthy start by talking to your health care provider about your blood pressure numbers and what they mean. To learn more about heart health and blood pressure, visit hearttruth.gov and find DASH-friendly recipes at healthyeating.nhlbi.nih.gov.

Hawaiian Huli Huli Chicken

Recipe courtesy of the National Heart, Lung, and Blood Institute

Prep time: 10 minutes
 Cook time: 30 minutes
 Servings: 4

Sauce:

- 2 tablespoons ketchup
- 2 tablespoons light soy sauce
- 2 tablespoons honey
- 2 teaspoons orange juice
- 1 teaspoon garlic



Hawaiian Huli Huli Chicken

(about 1 clove), minced

- 1 teaspoon ginger, minced

- 12 ounces boneless, skinless chicken breast (about 2 large breasts), cut into 1-inch cubes (about 24 cubes)

- 1 cup fresh pineapple, diced (about 24 pieces)
- 8 wooden skewers (6 inches each), soaked in water

To make sauce: Combine ketchup, soy sauce, honey, orange juice, garlic and ginger; mix well. Separate into two bowls and set aside.

Preheat grill to medium-high heat. Preheat oven to 350 F.

Alternately thread three chicken cubes and three pineapple chunks on each skewer.

Grill skewers 3-5 minutes on each side. Brush or

spoon sauce from one bowl onto chicken and pineapple every other minute. Discard remaining sauce from first bowl.

To prevent chicken from drying out, finish cooking to minimum internal temperature of 165 F in oven. Using clean brush or spoon, coat with sauce from remaining bowl before serving.

Source: National Heart, Lung, and Blood Institute

Make family meals special with a fresh, homemade dish

(Family Features) Nothing makes family time special quite like a homemade meal, especially one made with locally sourced ingredients that are as fresh and flavorful as they are thoughtfully prepared.

Whether your gatherings with loved ones take place in the family kitchen, on the patio or at a picnic area, this Asparagus, Bacon and Egg Salad makes for a perfect brunch or appetizer that leans on local ingredients like Michigan asparagus, which takes just about three days to get from the field to your table. Grown by more than 100 family farmers, it can be found in your local store at 1-4 days old, compared to 10-20 days old for imported asparagus.

Local means fresh, which makes for an especially delicious meal, but it also means sustainability. Because the Michigan asparagus season relies on the weather and uses rainwater instead of irrigation, it makes for a sustainable product that's environmentally friendly.

As a nutrient-dense, low-calorie vegetable with no fat, no cholesterol and little sodium, it's also easy to prepare - just don't overcook it. Look for thicker spears at the store, as they tend to have greater texture and more flavor and tenderness because the fiber is less concentrated.

Visit michiganasparagus.org to find more flavorful recipes to share with

your nearest and dearest.

Asparagus, Bacon and Egg Salad

Recipe courtesy of Ashley from "Cheesecurd in Paradise" on behalf of the Michigan Asparagus Advisory Board

- 6 bacon slices
- 1 pound fresh Michigan asparagus, ends trimmed
- 1/3 cup olive oil
- 2 tablespoons champagne vinegar
- 1 tablespoon honey
- 1 tablespoon Dijon mustard
- 1/4 teaspoon salt
- 1/2 teaspoon black pepper
- 4 hard-boiled eggs,

- peeled and quartered
- 2/3 cup halved cherry tomatoes
- 1/4 cup sliced green onion

In skillet, cook bacon until crisp. Remove from pan. Set aside.

Cut asparagus into four pieces. Add asparagus to same skillet used to cook bacon. Cook until fork tender, about 4 minutes, depending on thickness of asparagus.

While asparagus cooks, prepare dressing. Whisk oil, vinegar, honey, mustard, salt and pepper. Set aside.

Chop bacon.

Remove asparagus from pan and place on platter.



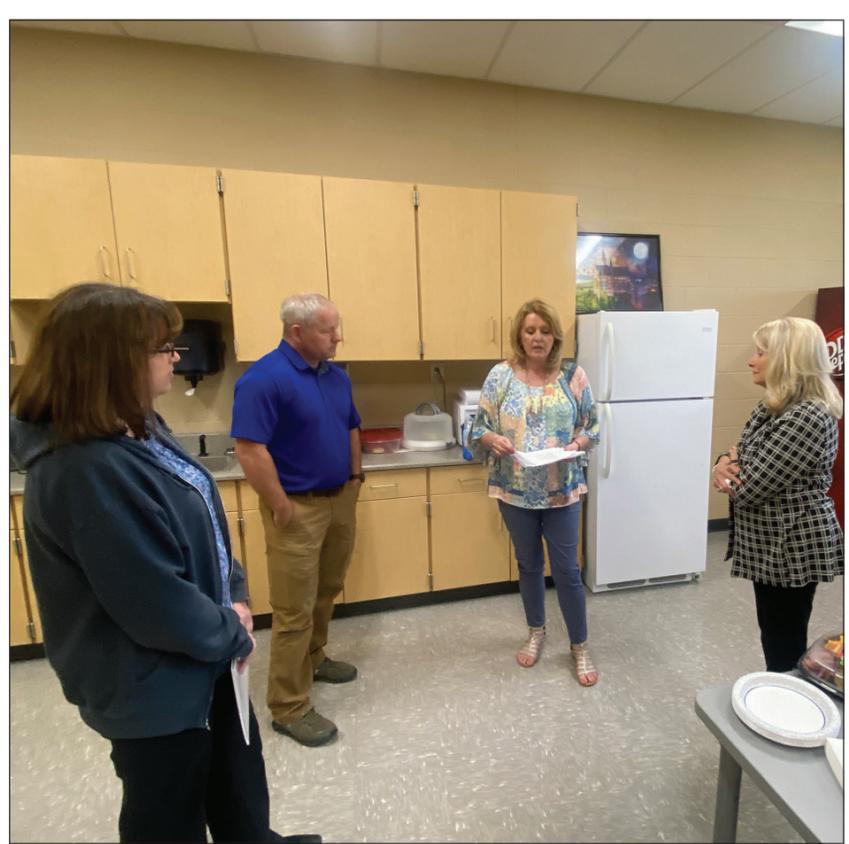
Top with chopped bacon, eggs, tomatoes and green onion. Pour dressing over

top. Source: Michigan Asparagus Advisory Board



Spring System Tune-Up Time!





Submitted photos

Shelbyville Times-Gazette 2023 Graduation Edition

Reserve your ad space now!
Deadline is May 15, 2023

Visit our office at
323 E. Depot St., Shelbyville

call or email
931-684-1200
dwomble@t-g.com

...AND NOW THEY ARE GRADUATING!

Congratulate your Senior in the 2023 Graduation Keepsake Edition



Congratulations (insert name here)! We hope all your dreams come true.

Love,
Mom & Dad

photo

ACTUAL SIZE OF AD
Full color ad, photo included
\$45

Cascade students find job readiness success

The mock interviews event at Cascade High School was very successful, according to Kelly North, Director of Existing Business Development with Shelbyville-Bedford Partnership.

Over 130 Cascade High School juniors participated with 24 interviewers across eight industry sectors.

Companies represented included Atmos Energy, Bedford County

Government, Bedford County Schools, Cooper Steel, D & R Siding, Duck River Electric Membership Corp., Ecolab, First Community Bank, Marelli, Newell Brands, Shelbyville-Bedford Partnership, Shelbyville-Bedford Community Foundation, Sunchaser Market/Success Hub, Thom Meek, AIA - GHP, Titan Transfer, Vanderbilt Bedford Hospital.

According to North, mock interviews provide students with valuable experience by enhanc-

ing communication skills, building confidence, and helping students better understand what to expect in an actual job interview.

“With more than half of Bedford County students entering the workforce directly after graduation, the Partnership strives to provide opportunities and resources that equip students with the necessary tools to obtain gainful employment. We appreciate our partnership with Bedford County Schools to collaborate on events such as this,” said North.

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Email your photo to tgnews@t-g.com

Please include a caption with your photo!

Deadline is May 3rd at 3:00pm

