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SBC Chamber Corner

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Budget, taxes: focus of upcoming council agenda

By MARK MCGEE
mmcgee@t-g.com

The proposed budget for fiscal year 2023-24 will be the primary agenda item for the Shelbyville City Council Thursday night. The July study session is scheduled for 6 p.m. A called meeting will be held at 5 p.m. The meeting dates were changed due to the July 4 holiday next week. Both meetings will be at the Shelbyville Recreation Center.

The present property tax rate is \$1.59 per \$100 of assessed value. The council will first consider a reduction to \$1.36, but Mayor Randy Carroll has recommended a rate of \$1.48.

At the \$1.59 rate, the estimated revenue is \$8,800,014. The \$1.48 rate would provide revenue of \$8,191,208. A proposed \$1.36 rate would drop revenue to \$7,527,058.

Another major part of the agenda will be a resolution finalizing approval of appropriations for non-profit organizations.

The following amounts have been approved by the city:

- Vocational-Rehabilitation-

- Center - \$25,000
- Shelbyville-Bedford-County-Public-Library - \$149,000
- Senior-Citizens-Center - \$16,000
- Chamber-of-Commerce - \$5,000
- Bedford-County-Soil-&-Water - \$655
- Bedford-County-Arts-Council - \$2,294
- Boys-&-Girls-Club - \$393
- Skills-Development-Center - \$1,049
- Community-Development-Center - \$2,032
- Center-for-Family-Development - \$328
- Tennessee's-Backroads-Heritage - \$3,000
- Community-Clinic - \$1,311

The total amount of the appropriations for 2023-24 is \$206,891.

Under business items council members will consider the following:

- A motion to approve a ground lease agreement between Azure Flight Support and the Shelbyville Municipal Airport.
- A motion to approve a request

for a Tourism Grant in an amount between \$3,500 and \$5,000 for the ICS Sanctioned Chili Cook-Off on July 7 and 8.

•A motion to authorize Mayor Carroll to sign a Notice of Intent for the City of Shelbyville to apply for the Tennessee Department of Transportation's Multimodal Grant for 2024.

A Multimodal Access Grant from the Tennessee Department of Transportation (TDOT) is a state-funded program created to support the transportation needs of pedestrians, bicyclists, and transit users through infrastructure projects that address existing gaps along state routes.

The city will also consider a motion to purchase 96-gallon Toter trash carts for the Solid Waste Department from Stringfellow, Inc., a manufacturer, and distributor of waste handling products. The maximum number of carts will be purchased with the budgeted amount of \$30,000.

The Shelbyville Police Department is asking the council to approve the purchase of A 2016

Dodge Charger with approximately 30,000 miles from Lonnie Cobb Ford of Henderson, Tennessee for an estimated \$19,000.

The vehicle will replace a 2018 Dodge Charger that was totaled. The insurance settlement for the vehicle was \$23,300.

By state law, the city may purchase used vehicles without going through the bid process.

Police Chief Jan Phillips has recommended the city authorize his department to accept a bid for a Firearm Exchange.

A bid for the replacement of the HVAC system at the former Chamber of Commerce building will also be considered.

Future city meetings scheduled are:

•The Joint Economic Community Development Board will meet Friday at 8 a.m. in the City Hall chambers building.

•The regularly scheduled council meeting for July will be on July 13.

Wanted suspects taken into custody

T-G STAFF REPORT

Two wanted suspects from a hit-and-run incident in Bell Buckle over a week ago have been taken into custody.

The Bedford County Sheriff's Office, along with the assistance of the Rutherford County Sheriff's Office and Cannon County Sheriff's Office, arrested two men who hit and injured a participant during the Bell Buckle RC-Cola and Moon Pie Festival.

Michael Lee Grimmitt, 30 of Christiana, and James Nicholas



Barrett, 31 of Cannon County, were booked into the Bedford County Jail facing several charges. Grimmitt has been charged with Felony Evading Arrest and Reckless Endangerment. Barrett

was charged with Aggravated Assault, Felony Evading Arrest, Reckless Endangerment, Leaving the Scene of an Accident with Injury, Reckless Driving, and Improper Registration.

Grimmitt remains in the Bedford County Jail. Barrett has since bonded out.

The incident occurred early in the morning of June 17 during the race.

A motorcyclist was reported to have hit one of the contestants of the RC-Cola and MoonPie Festival's 10-mile run.

Reports say the runner was seriously injured when two motorcyclists drove through a blocked-off area. They sped away after hitting the runner. One motorcycle was white, the other black. The rider on the white motorcycle is suspected of being the one who hit the runner.

According to the Bedford County Sheriff's Department, the runner was taken to Vanderbilt-Bedford Hospital where he was listed in stable condition.

WRECK HALTS TRAFFIC



T-G Photo by Zoe Watkins

Traffic was backed up due to a wreck on a street off of South Brittain Street Thursday afternoon. Emergency personnel worked on extracting a person from a car that appeared to have run off the road. No more information was available at the time of press.

TREE TRUCK ROLLS OVER



Photo by Jeff Lewis

The Bedford County Fire Department along with EMS and the Sheriff's Office responded to an overturned tree-trimming truck shortly before 9 a.m., Monday. The accident occurred on El Bethel Road near Old Nashville Dirt Road with the truck landing on its side in the ditch. First Responders extricated the driver; injuries appeared to be minor.

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OBITUARIES

Betty Jane Wilhoite Wright Lamb

June 22, 2023

Funeral services for Ms. Betty Jane Wilhoite Wright Lamb, age 89, of the Pleasant Grove Community, were held at noon, Saturday, June 24, at Doak Howell Funeral Home. Brother Jimmy Gray and Brother Tyler Shoemaker officiated. Burial will follow at Willow Mount Cemetery. Ms. Betty passed from this life on Thursday, June 22, 2023, surrounded by her loving family. Visitation was held prior to the funeral service beginning at 10 a.m.

A native of Bedford County, Betty was the daughter of Edward and Christine Wilhoite; sister Frances, and brother James, both preceded her in death. She was married to Charles (Buck) Wright for 34 years but lost him to bone cancer in 1984. She was a widow for over nine years. She married Jesse W. Lamb in 1994 and gained a great extended family. She was widowed again when she lost him to lung cancer in 2020. She was also preceded in death by her daughter-in-law Betty Mallard Wright and granddaughter Chasity Chantae Lamb.

In the fall of 2020, Betty joined "The Curtis House"; a place she always knew was waiting for her if she ever needed it. Her oldest granddaughter became her caregiver and she formed a sweet, unexpected friendship with her canine friend Carlie Jane.

Betty worked many years for Empire Pencil Co. where she made many wonderful friends. She attended Calvary Baptist Church and gained many wonderful friendships there as well. Two of her dearest friends, Aleitha and Susan, have always been there for her over all of these years. She loved going to church and did so until her health declined and it became difficult to walk, sit, and go much of anywhere. At that time, she was faithful to be in her recliner on Sunday ready to watch her preachers on TV. Betty was always a very petite, classy, and independent woman. She was known by many for her kind hospitality and her wonderful "Sunday Dinners" that she cooked for many, many years. If you were fortunate enough to enjoy one of these on any given Sunday, you were blessed. Many people passed through her kitchen throughout the years. She was a wonderful cook and was known especially for her cornbread.

She is survived by a great big family that will miss her. "Wright Side":

Children: Beverly Wright Robertson (Danny) and Rocky Wright;

Grandchildren: Dana Robertson Curtis (Keith), Lauren Wright Garland (David), Lance Wright (Taressa), Tammy Anderson McKinney (Troy)

Great-Grandchildren: Gracie Curtis, Bucker Curtis, Kaiden Garland, Brylee Garland, Mason Wright, and Madox Wright

"Lamb Side":

Children: Brent Lamb (Cindy), Jay Wright (Donna), Kenny Lamb (Monica), Joey Lamb (Deborah)

Grandchildren: Jeffrey Lamb (Susan Farris), Amy Beth White (Jim), Josh Lamb (Mary Beth), Bo Lamb (Katie) Suzanne Brown (Jake)

Great-Grandchildren: Zoey Dixon, Zaleigh White, Greyson Lamb, Zaydie White, Jesse Lamb, Loganne Lamb, Jacob Lamb, Theophilus Lamb, and Phinehas Lamb, Michael Skaggs, and Zane Skaggs

Not listed are several nieces and nephews on both sides. Memorial donations may be made to Calvary Baptist Church, 405 Lane Parkway, Shelbyville, TN 37160; in Loving Memory of Betty Jane Wright Lamb.

Doak-Howell Funeral Home is serving the family.

Jane Seely Burton

June 21, 2023

The death of Jane Seely Burton, 95, of Burns Road in Shelbyville, Tenn., occurred peacefully Wednesday, June 21, 2023, under the loving care and comfort of her family and the professional and caring staff at The Waters Health Care Nursing Center.

She was born May 5, 1928, in Boston, Mass., daughter of the late Henry Morris Seely and Gertrude Noble Seely. She was the wife of the late Joseph Lewis (Lew) Burton. Ms. Burton grew up in Montclair, N.J., and graduated from Montclair High School.

After raising four children, she began the process of turning her passion for breeding and showing miniature and standard poodles into a successful pet care and grooming business, which she named Daisey Doggery. Opening first in Aiken, S.C., and then moving to West Palm Beach, Florida, the business grew into two successful locations.

In 1987 at the age of 59, Ms. Burton decided to sell her grooming business and pursue her long-held dream of becoming a nurse. She entered the Practical Nursing Program of the Department of Vocational-Technical Education, Palm Beach State College, Fla., receiving her degree and her LPN license in 1989.

As a nurse, she specialized in working with Geriatric patients in home healthcare settings. She continued in the nursing field after moving to Shelbyville, to be closer to her family and retired from nursing in 2008 at the age of 79.

After retirement, Ms. Burton lived with her daughter and maintained her many friendships developed over the years. She greatly enjoyed making new friendships as well as participating in the social activities of the Red Hat Society in Shelbyville. Over the last several years, she often expressed how much she appreciated the wonderful care she received from the home healthcare nurses who visited her each day to help her family care for her.

In addition to her parents and husband, Ms. Burton was preceded in death by her sister, Ruth Seely Stanard; her brother, Robert Noble Seely; and by her oldest daughter, Barbara Burton Coppola.

Survivors include her youngest daughter, Nancy Burton of Shelbyville; two sons, David Burton (wife Maurine) of Murfreesboro, Tenn., and Stephen Burton (wife Heather) of Richmond Hill, Georgia.; and a grandson, Alexander Burton of Murfreesboro, as well as many nieces and nephews.

There will be no formal services at this time. Interment will be at South Lawn Cemetery in Aiken, S.C. Feldhaus Memorial Chapel of Shelbyville will be assisting the family with the arrangements.



Judith Grissom

June 18, 2023

On June 18, 2023, in Knoxville, Tenn., Judith Grissom, age 79, a loving wife, mother, grandmother, and dedicated educator went to be with the Lord.

Judy was born on July 8, 1943, in Shelbyville, Tenn. Her passing leaves behind a heartbreak time could never mend. Judy's parents were William and Novella Sorrells and she was an only child.

On June 5, 1971, she married the love of her life, K.D. Grissom. They spent 52 years together building a beautiful life filled with love and joy. Judy found immense happiness in her personal life. She was a loving mother to her three children, Jon Roberts, Tammy McReynolds, and Angie Coffey.

Her role as a grandmother and great-grandmother brought her immense joy and she cherished every moment spent with her grandchildren: Kimera Ann Grissom, Katelyn McReynolds, Carter Roberts, Christopher, and Mackenzie Coffey. Judy was blessed to enjoy two sweet great-grandsons, Brooks and Blaise, who thought the world of her.

Judy's gentle nature and all-consuming love enriched the lives of her family and will continue to be remembered. She had a passion for education and graduated from George Peabody College where she earned both a Bachelor's Degree (1965) and a Master's Degree (1967) in Elementary Education. She dedicated her 36-year career to shaping, teaching, and nurturing the minds of countless children.

Her dedication and love for teaching left an indelible mark on the lives of her students in Nashville, Shelbyville, and Knoxville. She will be remembered for touching the hearts of the people at the Church Street soup kitchen and vacation bible school.

In her free time, Judy found solace in nature. She had a green thumb and took great pleasure in tending to her garden where vibrant flowers and lush plants thrived. She enjoyed birdwatching, finding peace and beauty in God's nature. Her love for the outdoors extended to her fondness for walking, and she found serenity in her strolls.

In addition to her many qualities, she was a godly woman and a woman of unwavering faith. She had a deep



and abiding relationship with Jesus Christ which was evident in her words, actions, and interactions with others. Her faith served as a guiding light throughout her life, providing strength, comfort, and hope in both joyful and challenging times. Her steadfast belief in God spilled over into her children and grandchildren. She will be remembered for her absolute love for her family, her dedication to education, and her gentle spirit.

She was preceded in death by her parents and her grandson, Christopher Coffey. She leaves behind a legacy of love and cherished memories.

A Memorial Service officiated by Rev. Dr. Jan Wade to celebrate the life of Judith Grissom will be held at Church Street United Methodist Church on July 15, 2023, at 2 p.m. Receiving of friends will follow.

In lieu of flowers, the family kindly requests that donations be made in her honor to the Alzheimer's Tennessee charity or to the Church Street Children's Ministries. Online condolences may be expressed at rosefuneralhome.com.

Ida Virginia Lyle Hart

June 18, 2023

Ida Virginia Lyle Hart passed away on Sunday, June 18, 2023, after a gallant four-year fight with cancer.

She was born on August 9, 1934, in Unionville, Tenn., to the late Deuward Hershel and Mary Estella (Jackson) Lyle. Ida had a 32-year career with Verizon and a more than 10-year position at Howard University's School of Social Work.

She leaves many loving memories to her children, Dia Snowden (George, Jr.), Gigi Hart Bessicks (Lamont), Reginald Hart, Jr. (Andrea), and Patrick Hart (Carla); seven grandchildren; two great-grandchildren; siblings, Wilma Middleton, Evelyn Johnson, Shirley Brinson (Harvey), Thomas Lyle (Cheryl), and Geraldine Nicholson; a host of other relatives and friends.

The family will receive friends at Turner Memorial AME Church, 7201 16th Place, Hyattsville, Maryland on Saturday, July 1, 2023, from 9 a.m. until the celebration of life at 10 a.m. Interment Gate of Heaven Cemetery.

Care entrusted to Snowden Funeral Home.



No more needles? A daily pill may work as well as Wegovy shots to treat obesity

By JONEL ALECCIA
AP Health Writer

Losing significant amounts of weight may soon be as easy as taking a daily pill. New research released Sunday shows high-dose oral versions of the medication in the blockbuster drugs Ozempic and Wegovy may work as well as the popular injections — even in hard-to-treat people with diabetes. Drugmaker Novo Nordisk said it intends to seek approval for a weight-loss pill in the U.S. later this year. The company didn't say how much the new pills would cost or how widely available they'll be.

What if treating obesity could be as easy as popping an effective pill?

That's a notion that has long fueled hope for many of the more than 40% of Americans who are considered obese — and fueled criticism by those who advocate for wider weight acceptance. Soon, it may be a reality.

High-dose oral versions of the medication in the weight-loss drug Wegovy may work as well as the popular injections when it comes to paring pounds and improving health, according to final results of two studies released Sunday night. The potent tablets also appear to work for people with diabetes, who notoriously struggle to lose weight.

Drugmaker Novo Nordisk plans to ask the U.S. Food and Drug Administration to approve the pills later this year.

"If you ask people a random question, 'Would you rather take a pill or an injection?' People overwhelmingly prefer a pill," said Dr. Daniel Bessesen, chief of endocrinology at Denver Health, who treats patients with obesity but was not involved in the new research.

That's assuming, Bessesen said, that both ways to take the medications are equally effective, available and affordable. "Those are the most important factors for people," he said.

There have been other weight-loss pills on the market, but none that achieve the substantial reductions seen with injected drugs like Wegovy. People with obesity will be "thrilled" to have an oral option that's as effective, said Dr. Katherine Saunders, clinical professor of medicine at Weill Cornell Health and co-founder of Intellihealth, a company that focuses on obesity treatment.

Novo Nordisk already sells Rybelsus, which is approved to treat diabetes and is an oral version of semaglutide, the same medication used in the diabetes drug Ozempic and Wegovy. It comes in doses up to 14 milligrams.

But results of two gold-standard trials released at the American Diabetes Association's annual meeting looked at how doses of oral semaglutide as high as 25 milligrams and 50 milligrams worked to reduce weight and improve blood sugar and other health markers.

A 16-month study of about 1,600 people who were overweight or had obesity and were already



being treated for Type 2 diabetes found the high-dose daily pills lowered blood sugar significantly better than the standard dose of Rybelsus. From a baseline weight of 212 pounds (96.16 kilograms), the higher doses also resulted in weight loss of between 15 pounds (6.80 kilograms) to 20 pounds (9.07 kilograms), compared to about 10 pounds (4.54 kilograms) on the lower dose.

Another 16-month study of more than 660 adults who had obesity or were overweight with at least one related disease — but not diabetes — found the 50-milligram daily pill helped people lose an average of about 15% of their body weight, or about 35 pounds (15.88 kilograms), versus about 6 pounds (2.72 kilograms) with a dummy pill, or placebo.

That's "notably consistent" with the weight loss spurred by weekly shots of the highest dose of Wegovy, the study authors said.

But there were side effects. About 80% of participants receiving any size dose of oral semaglutide experienced things like mild to moderate intestinal problems, such as nausea, constipation and diarrhea.

In the 50-milligram obesity trial, there was evidence of higher rates of benign tumors in people who took the drug versus a placebo. In addition, about 13% of those who took the drug had "altered skin sensation" such as tingling or extra sensitivity.

Medical experts predict the pills will be popular, especially among people who want to lose weight but are fearful of needles. Plus, tablets would be more portable than injection pens and they don't have to be stored in the refrigerator.

But the pills aren't necessarily a better option for the hundreds of thousands of people already taking injectable versions such as Ozempic or Wegovy, said Dr. Fatima Cody Stanford, an obesity medicine expert at Massachusetts General Hospital.

"I don't find significant hesitancy surrounding receiving an injection," she said. "A lot of people like the ease of taking a medication once a week."

In addition, she said, some patients may actually prefer shots

to the new pills, which have to be taken 30 minutes before eating or drinking in the morning.

Paul Morer, 56, who works for a New Jersey hospital system, lost 85 pounds using Wegovy and hopes to lose 30 more. He said he would probably stick with the weekly injections, even if pills were available.

"I do it on Saturday morning. It's part of my routine," he said. "I don't even feel the needle. It's a non-issue."

Some critics also worry that a pill will also put pressure on people who are obese to use it, fueling social stigma against people who can't — or don't want to — lose weight, said Tigress Osborn, chair of the National Association to Advance Fat Acceptance.

"There is no escape from the narrative that your body is wrong and it should change," Osborn said.

Still, Novo Nordisk is banking on the popularity of a higher-dose pill to treat both diabetes and obesity. Sales of Rybelsus reached about \$1.63 billion last year, more than double the 2021 figure.

Other companies are working on oral versions of drugs that work as well as Eli Lilly and Co.'s Mounjaro — an injectable diabetes drug expected to be approved for weight-loss soon. Lilly researchers reported promising mid-stage trial results for an oral pill called orforglipron to treat patients who are obese or overweight with and without diabetes.

Pfizer, too, has released mid-stage results for dargulipron, an oral drug for diabetes taken twice daily with food.

Novo Nordisk officials said it's too early to say what the cost of the firm's high-dose oral pills would be or how the company plans to guarantee adequate manufacturing capacity to meet demand. Despite surging popularity, injectable doses of Wegovy will be in short supply until at least September, company officials said.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Science and Educational Media Group. The AP is solely responsible for all content.



DAR FLAG DAY
Members of the Shelby Chapter of the Tennessee Society of the Daughters of the American Revolution (TSDAR) attended a Flag Day Luncheon for the Sequoyah District. The luncheon was hosted by the Tullahoma Chapter TSDAR. Those attending from Shelbyville were, left to right, Chapter Regent Betty Brown, Gay Mixon, Marilyn Lewis and Treasurer Maureen Garrett.
Submitted photo

Red Cross offers safety tips for Fourth of July

The American Red Cross wants everyone to enjoy a safe and fun Fourth of July, which includes ensuring a strong blood supply for patients in hospitals across the country. There has been a concerning shortfall in blood donations in recent weeks, and the upcoming holiday could put a further strain on donations, as millions celebrate with family vacations and other seasonal activities. Donors of all blood types, especially those with type B negative or O negative blood as well as platelet donors, are needed to make an appointment to give now to ensure blood remains available for patients this summer.

To encourage blood donations, the Red Cross is offering the following to those who come to give in the coming weeks:

- All who come to give blood, platelets or plasma through June 30 will receive a \$10 gift card by email to a merchant of their choice. Those who come to give in June will also be automatically entered for a chance to win a backyard theater package. Details for both offers can be found at RedCrossBlood.org/June.
- All who come to give blood, platelets or plasma July 1-11 will receive an exclusive Red Cross dry bag, while supplies last. Details are available at RedCrossBlood.org/gifts.

By scheduling and keeping appointments right now, donors can help ensure patients relying on blood donations also get to enjoy their summer. To schedule an appointment to donate, download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767).

Have a happy and safe Fourth of July
However people plan to celebrate Independence Day, the Red Cross has several tips to make sure they can do so safely.

- Fireworks safety:**
- Skip fireworks at home. Attend a public show or celebrate with glow sticks or noise makers instead.
 - Keep a supply of water close by as a precaution.
 - Wear eye protection when lighting fireworks.
 - Light only one firework at a time, and never attempt to relight «a dud.»
- Grill safety:**
- Keep the grill out in the open, away from the house, deck, tree branches or anything that could catch fire.
 - Don't add charcoal starter fluid when coals have already been ignited.
 - Always supervise a barbecue grill when in use.
 - Make sure everyone, including pets, stays away from the grill.
 - Use the long-handled tools especially made for cooking on the grill to help keep the chef safe.
 - Wash your hands before preparing the food.
 - Don't leave food out in the hot sun. Keep perishable foods in a cooler with plenty of ice or freezer gel packs.

For additional tips, including water safety, beach safety and water park safety, visit redcross.org/watersafety.
How to donate blood To make an appointment, simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Amplify your impact
A stable blood and platelet supply is critical to national preparedness. Additionally, as we approach the beginning of what is expected to be another active hurricane season, the Red Cross urges everyone to get ready now and consider becoming a volunteer to help people affected by the growing number of climate-driven disasters.

Support impacted communities by assisting at Red Cross shelters, using your professional skills as a licensed health care provider or becoming a member of the Red Cross Disaster Action Team. To learn more, visit redcross.org/volunteertoday.

Chamber Corner



Director of the Month: Faye Buckingham, Skills Development Center

Lynne Davis, Field Representative for Congressman Scott DesJarlais, will be speaking at the upcoming Shelbyville-Bedford Chamber of Commerce "Network. Lunch. Learn." event on July 11 from 11:30 to 1 p.m.. The event is sponsored by First Community Bank and has the goal of being an informative and engaging session. It is also an opportunity to learn more about the work of Congressman DesJarlais and his team, as well as network and connect with other professionals in the community.

The SBC Chamber also announced the Ribbon Cutting Celebration for The Community Clinic's



Ambassador of the Month: Lori Johnson, Mobile Living TN

new program, "The Other Door." This program aims to provide additional resources and support to those in need in the community. The official opening will be July 18 at 12 p.m., located at 200 Dover Street in Shelbyville. You can meet the team, tour the facility, and learn more about the services that they will offer.

Leadership Bedford is accepting applications for the 2023-24 year. If you have any questions, contact Joe Marchesoni, Leadership Bedford board president, at 931-619-0294 or joe.marchesoni@gounited.net. Applications must be returned by July 31, 2023

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Tennessee sheriff's deputy fatally shoots driver while being dragged by vehicle, authorities say

MEMPHIS, Tenn. (AP) — A Tennessee sheriff's deputy trying to stop a man from driving away was dragged by the vehicle and fatally shot the driver, officials said.

A Shelby County sheriff's deputy approached a parked car Saturday as part of an "enforcement action" and tried to stop

Jarveon Hudspeth, 21, from leaving the scene, the Tennessee Bureau of Investigation said in a statement. It didn't release the deputy's name.

For reasons still being investigated, the situation escalated and Hudspeth drove off and dragged the deputy about 100 yards, the statement said. At some point while being dragged,

the deputy fired his service weapon at least once and hit the driver, who stopped about a half-mile later, the bureau said.

Hudspeth died on the way to the hospital, and the deputy was hospitalized with serious injuries, officials said.

Tornado and other severe weather kill 3, damage homes, and knock out power in multiple states

SHOALS, Ind. (AP) — A tornado struck an Indiana home, killing one occupant and injuring another while two people died in Arkansas after a tree fell onto a house there as severe weather rumbled through a number of states.

The tornado that struck the home Sunday evening was part of a storm system that pushed through Martin County, Indiana, WXIN-TV reported. A tornado also touched down Sunday afternoon in Johnson County, south of Indianapolis, damaging at least 75 homes, authorities said.

Martin County Emergency Management Agency Director Cameron Wolf confirmed the death and injury, according to WXIN, which reported that the home was in a rural area where multiple trees were brought down by high winds.

Martin County emergency management officials did not immediately respond to an email from The Associated Press seeking additional information about the casualties

and the extent of storm damage.

The town of Shoals, the Martin County seat, is about 85 miles (140 kilometers) southwest of Indianapolis and 80 miles (130 kilometers) northwest of Louisville, Kentucky.

A tornado also touched down Sunday afternoon in Johnson County, south of Indianapolis, causing damage in communities including Greenwood and Bargersville, officials said.

Michael Pruitt, deputy fire chief of Bargersville, Indiana, told the Indianapolis Star a search and rescue operation did not find any deaths or injuries after the fire department responded to a 4:15 p.m. report of a structure collapse resulting from the Johnson County tornado, which he said was on the ground for about 15 minutes.

Bargersville Fire Chief Erik Funkhouser said in a news conference Sunday that at least 75 homes suffered moderate to severe damage in a 3-mile (4.8-kilometer) area as the tornado crossed Indiana

State Road 135 in the vicinity of Interstate 69.

"Obviously, this is a very dangerous scene for the area," Funkhouser said. "We have power lines that are down all throughout that 3-mile area."

Pruitt said affected homes could be without electricity for days.

Jessyca Copas, her wife and father-in-law watched the funnel cloud as it moved behind a home across the street, the Indianapolis Star reported.

"It was starting to come back down, and there was like a buzzard caught in it," Copas said. "I was like, 'That bird's not getting out.'"

A tree would fall into their home where Copas said the family, including her 20-month-old daughter, hunkered down in a bathroom for safety.

Kimber Olson, 42, told her 8-year-old son to sit in the bathtub while she stood outside and filmed what looked like two cyclones circling toward her apartment in Bargersville

"The sound is deafening," Olson said. "You'll

never forget the sound. Your ears pop in such a strange way. You get a ring in your ear."

After the tornado got closer, she went inside, closed all the doors and jumped in the bathtub with her son. She said she heard glass explode as her window shattered.

"Every storm I'm going to be terrified," she said. "I'm going to be watching — very, very vigilant."

Survey teams were set to visit Martin, Johnson, Daviess and Monroe counties on Monday to assess damage from Sunday's severe storms and tornadoes, according to the National Weather Service office in Indianapolis.

Sheriff's officials say two people were killed and a third was injured Sunday night in the central Arkansas community of Carlisle when a tree fell onto a home, KTHV-TV reported.

In the city of Millington, located north of Memphis, officials reported multiple rescues from homes and cars and planes overturned at the city's small airport.

No injuries were immediately reported. The fire department reported extensive wind damage that knocked down trees, leading to road closures.

In Memphis, a utility company in said there were still more than 98,000 homes and businesses without power on Monday. Memphis Light, Gas and Water officials asked residents to conserve water because power outages had affected the water distribution system.

Detroit-based DTE Energy reported Monday that about 75,700 of its customers in southeastern Michigan were without power. Jackson, Michigan-based Consumers Energy also reported outages in southwestern Michigan.

Michigan Indiana Power reported Sunday evening that about 4,000 of its customers in southwestern Michigan and northern Indiana lost electricity due to the storms. More than 2,000 outages were reported in Benton Harbor, Michigan.

Flight canceled amid bad weather? What you need to know about rebooking, refunds and more

The Associated Press
WASHINGTON (AP) — Amid peak summer travel, thousands of air travelers faced flight cancellations and delays this weekend as thunderstorms rolled in across the U.S. East Coast and Midwest.

In addition to bad weather, a technology failing also contributed to airline disruptions. The Federal Aviation Administration briefly paused operations at Washington, D.C.-area airports Sunday evening due to a problem with the communications system at a major air traffic control facility. Departures resumed after repairs were completed.

Beyond D.C., a chain of flights were also delayed or halted at other major travel hubs, including New York, Chicago and Atlanta, as thunderstorms moved across the country.

Nearly 2,000 U.S. flights were canceled on Saturday and Sunday combined, according to flight tracking service FlightAware, and more than 850 U.S. flights had been canceled as of 11:15 a.m. ET Monday. Thousands of additional travelers experienced delays.

Staying calm and knowing your rights can go a long way if your flight is canceled, experts say. Here's some of their advice for dealing with a flight cancellation:

My Flight Was Canceled. What Next?

If you still want to get to your destination, most airlines will rebook you for free on the next available flight as long as it has seats, according to the U.S. Department of Transportation.

If you want to cancel the trip, you are entitled to a full refund, even if you bought non-refundable tickets. You're also entitled to a refund of any bag fees, seat upgrades or other extras.

Kurt Ebenhoch, a consumer travel advocate and former travel executive, has stressed that travelers

are eligible for a refund, not just vouchers for future travel. If you do take a voucher, make sure you inquire about blackout dates and other restrictions on its use.

Can I Ask To Be Booked On Another Airline's Flight?

Yes. Airlines aren't required to put you on another airline's flight, but they can, and sometimes do, according to the DOT. Jeff Klee, CEO of CheapAir.com, previously recommended researching alternate flights while you're waiting to talk to an agent. Agents are typically under a lot of pressure when a flight is canceled, so giving them some options helps.

Ebenhoch also suggested looking for alternative airports that are close to your original destination.

Is The Airline Required To Give Me A Hotel Room, Or Other Compensation?

No. As announced last month, the Biden administration is seeking to require that airlines compensate travelers and cover their meals and hotel rooms if they are stranded for rea-

sons within the carrier's control, but, as of now, each airline still has its own policies about providing for customers whose flights are canceled, according to the DOT.

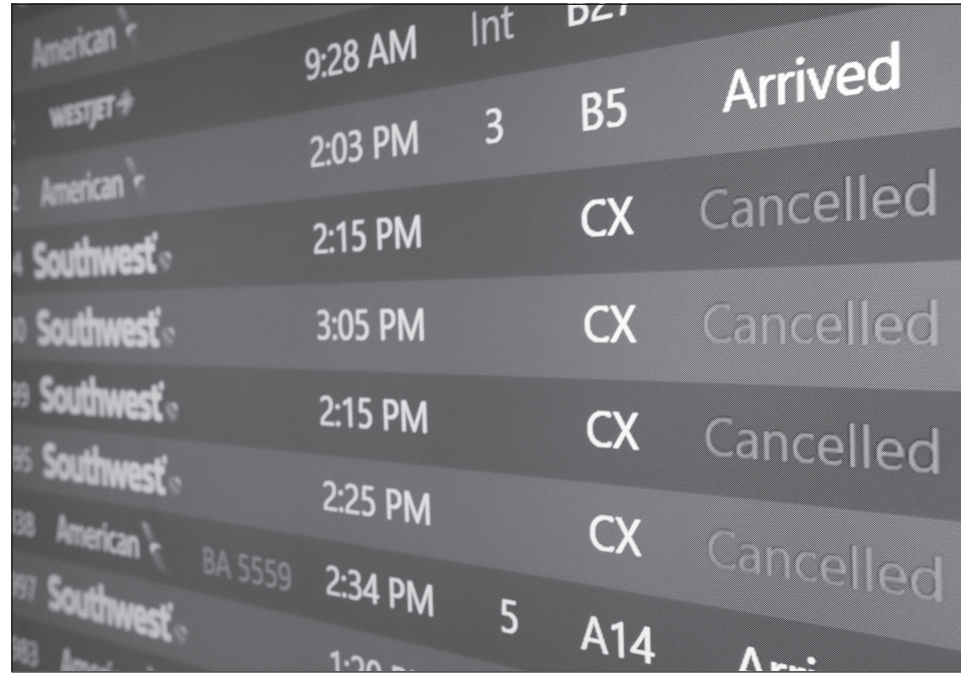
Many airlines do offer accommodations, so you should check with their staff. The DOT also has an online dashboard that allows travelers to compare cancellation and delay policies of major carriers.

I'm Facing A Long Wait To Rebook. What Should I Do?

If someone in your traveling party is at a higher level in a frequent flier program, use the number reserved for that level to call the airline, Ebenhoch said. You can also try calling an international help desk for the airline, since those agents have the ability to make changes.

How Can I Avoid This In The Future?

Ebenhoch said nonstop flights and morning flights are generally the most reliable if you can book them. If you're worried about making it to the airport in time for a morning flight, he said, consider staying at a hotel connected to the airport the night before. And consider flying outside of busy dates.



the FAA.

Industry officials argue that carriers have fixed problems that contributed to a surge in flight cancellations and delays last summer, when 52,000 flights were nixed from June through August. Airlines have hired about 30,000 workers since then, including thousands of pilots, and they are using bigger planes to reduce flights but not the number of seats.

Still, officials warn of lingering staffing shortages, notably among key air traffic controllers. The FAA is training about 3,000 more controllers, but they won't be ready for this summer's travel. The agency resorted to nudging airlines to reduce flights in the New York City area this summer, and it opened 169 new flight paths over the East Coast to reduce bottlenecks.

In a government audit published last week, the Transportation Department's Office of Inspector General found that the FAA has made "limited efforts" to have adequate staffing at critical air traffic control facilities, noting that the agency "continues to face staffing challenges and lacks a plan to address them, which in turn poses a risk to the continuity of air traffic operations."

Are Flight Cancellations Trending Lower In 2023?

Flight cancellations trended lower throughout the spring of 2023 than last year, according to data from

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BLOTTER: JUNE 27

The following were charged by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol, or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•James Nicholas Barrett, 31, Taylor Lake Rd., Morristown, Tennessee; aggravated assault, evading arrest, improper registration, leaving scene of accident, reckless endangerment, reckless/careless driving, \$100,000, released.

•Joseph Logan Derting, 47, Drew Ln., Bell Buckle; other, violation of probation (General Sessions, \$1,500 bond).

•Kenneth Charles Edmison, 43, Meadow Dr.; driving on suspended license, possession of traffic control device, released on recognizance.

•Teresa Ann Faris, 42, Lane Pkwy.; driving on suspended license, financial responsibility, violation registration law, released on recognizance.

•Diego Nicholas Garcia Andres, 27, Discovery Ct., Lavergne; no driver's license exhibited on demand, released on recognizance.

•Christine Henson Guerrero, 54, Maplewood Dr.; driving on revoked license, light law, \$7,500 bond.

•Gordon Blake Johnpier, 40, Cannon Rd.; attachment, bondsman surrender (other), capias, failure to appear, \$6,000 bond.

•Brionna Latae Morton, 38, Franklin Ave., Lewisburg; failure to appear, no bond.

•Patricia Christine Ptacek, 70, Edgefield Trail, Flower Mound, Texas; assault, released on recognizance.

•Eddie Doris Ray, 68, Plain Hill Rd.; criminal trespassing, released on recognizance.

•Trynton Elon Densel Simmons, 29, Anna Ln.; possession of drug paraphernalia, simple possession, released on recognizance.

•Casey Lee Ward, 35, Tyne Rd.; possession of drug paraphernalia, possession of schedule II (two charges), \$11,000 bond.



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Sweeten Up Family Favorites with Fresh, Delicious Fruit

FAMILY FEATURES

When your family's favorite dishes inevitably grow tired, a touch of sweetness may be all you need to freshen up the flavor of classic recipes. Keep tried-and-true dinners on the table with a simple addition that complements the tastes you know and love: fresh fruit.

With its craveable texture and crunch, balanced sweetness and beautiful golden red color, an option like Envy Apples can be enjoyed as part of delicious meals. While they're often best served fresh or paired with cheese boards, sandwiches or mocktails, their sweetness also plays up when combined with pasta, shrimp, Parmesan, toasted almonds and more in this Apples and Pesto Farfalle.

To change up Taco Tuesday, bite into these Crisp Apple Tacos and believe in the uplifting aroma and flavor of apples as an invitation to savor those small moments around the family table. It can be your ultimate apple experience and introduce loved ones to new ways to rethink their favorite weekly meals.

Plus, because Envy Apple slices naturally stay white longer than other varieties, they maintain their beauty while you cook so finished dishes look as delicious as they taste.

To find more ways to sweeten up family meals, visit EnvyApple.com.

Crisp Apple Tacos

- 2 Envy Apples
- 1/2 pound pork tenderloin
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1 teaspoon pepper
- 3 rosemary sprigs
- 1/2 cup shredded carrots
- 1/2 cup shredded red cabbage
- 1 cup shredded green cabbage
- 4 tablespoons honey
- 1 cup mayonnaise
- 1 tablespoon mustard
- 1 tablespoon white vinegar
- salt, to taste
- pepper, to taste
- 12 tortillas
- 2 tablespoons sour cream
- 1 lime, cut into wedges

Slice half of one apple into thick wedges; reserve. Slice remaining half into thin sticks; reserve.

Slice second apple into thin wedges; reserve.

Cut pork crosswise into 1-inch round medallions. Coat pork medallions with olive oil, salt and pepper then add to saucepan over medium heat. Add thick apple wedges to saucepan.

Add rosemary to saucepan and cook 2-3 minutes. Flip pork and cook 2-3 minutes until pork is slightly golden and cooked through.

Let pork rest 3 minutes then slice into strips. In serving bowl, toss thin apple sticks, carrots, red cabbage and green cabbage. Mix honey, mayonnaise, mustard and vinegar. Add salt and pepper, to taste.

Mix dressing and cabbage; refrigerate at least 1 hour prior to serving.

Top tortillas with pork, slaw, sour cream and squeezes of lime. Top with thin apple wedges.



Apples and Pesto Farfalle



Scan for a Coupon

Apples and Pesto Farfalle

- 1 pound farfalle pasta
- 3 1/2 teaspoons kosher salt, plus additional for cooking pasta, divided
- 1/3 cup extra-virgin olive oil, plus additional for cooking pasta, to taste, divided
- 1 bunch parsley leaves
- 1 cup toasted almonds
- 1 cup shredded Parmesan
- 2 tablespoons lemon juice
- 30 turns fresh cracked pepper
- 2 cups cooked peas
- 2 Envy Apples, diced

- 1 bunch chives, thinly sliced
- 1 block Parmesan

- 20 shrimp
- 2 tablespoons canola oil
- 1 1/2 teaspoons coarse pepper

Cook pasta in salted boiling water until just tender. Drain and toss gently with olive oil, to taste, then set aside.

In food processor, pulse parsley leaves, almonds, shredded Parmesan, 2 teaspoons kosher salt, lemon juice and cracked pepper. Once pulsed, turn processor on high and drizzle in 1/3 cup olive oil until well incorporated.

Toss pasta with fresh pesto until well coated. Fold in peas, apples and chives. Using peeler, shave thin slices off Parmesan block over pasta for garnish.

Preheat grill or grill pan over high heat.

Toss shrimp in canola oil, 1 1/2 teaspoons salt and coarse pepper. Grill 2 minutes on each side, or until charred slightly. Spread evenly over pasta and serve.



Crisp Apple Tacos

Elevate SUMMER ENTERTAINING with an Enjoyable Crunch

FAMILY FEATURES

As families and friends gather on patios and decks to enjoy the warmth of summer and meals fresh off the grill, many are searching for that perfect ingredient that can complement salads, appetizers, main courses, desserts and more.

This year, you can turn to pecans to elevate meals and give your guests something to rave about. Iconic for their flavor versatility – shining in a wide range of profiles from sweet and spicy to salty, smoky and savory – they're a tasty addition for favorite summertime recipes.

From an enjoyable crunch to comforting creaminess and a satisfying chew,

pecans deliver a perfect bite and texture. These Grilled Pork Chops with Peach Pecan Salsa, for example, are loaded with fresh flavors for an easy, nutritious warm-weather meal.

Taste is just the beginning – pecans also pack a nutritious punch with a unique mix of health-promoting nutrients and bioactive compounds. Known for their rich, buttery consistency and naturally sweet taste, pecans have a longstanding tradition as a nut topping. They're sprinkled atop this Spiced Pecan Grilled Peach Salad with Goat Cheese for a refreshing seasonal salad with a nutty crunch.

To find more recipes that take summer entertaining to the next level, visit EatPecans.com.



Spiced Pecan Grilled Peach Salad with Goat Cheese

Prep time: 5 minutes
Cook time: 50 minutes
Servings: 4

Spiced Pecans:

- 1 large egg white
- 3 tablespoons dark brown sugar
- 1 teaspoon cinnamon
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon kosher salt
- 2 cups pecan halves

Salad:

- 1/4 cup, plus 2 teaspoons, extra-virgin olive oil or pecan oil, divided
- 1/4 cup white wine vinegar
- 1 teaspoon Dijon mustard
- 1/4 teaspoon garlic powder
- 1/8 teaspoon kosher salt
- pepper, to taste
- 2 large peaches, halved and pits removed
- 6 cups mixed baby greens (such as arugula, spring mix and spinach)
- 4 ounces soft goat cheese

To make spiced pecans: Preheat oven to 275 F. Line rimmed baking sheet with parchment paper and set aside.

In medium bowl, whisk egg white, brown sugar, cinnamon, cayenne pepper and salt until well combined. Fold in remaining olive oil evenly coated in mixture. Spread in single layer on prepared baking sheet.

Bake 45-50 minutes, stirring occasionally until pecans are fragrant and golden brown. Allow to cool completely.

To make salad: Heat grill to medium-high heat.

In small bowl, whisk 1/4 cup olive oil, white wine vinegar, Dijon mustard, garlic powder, salt and pepper, to taste. Set aside.

Brush cut sides of peach halves with remaining olive oil and grill until grill lines appear and peaches become tender, 3-5 minutes. Remove peaches and cut into slices.

Divide greens among four plates. Top with grilled peach slices and goat cheese. Divide 1 cup spiced pecans evenly among salads and reserve remaining cup for snacking. Drizzle each salad with vinaigrette.



Grilled Pork Chops with Peach Pecan Salsa

Cook time: 25 minutes
Servings: 4

- 4 boneless pork loin chops (each 1-inch thick)
- 3/4 teaspoon, plus 1/8 teaspoon, kosher salt, divided
- freshly ground black pepper, to taste
- 2 medium peaches, diced
- 2/3 cup raw pecan pieces
- 2 tablespoons red onion, diced
- 2 tablespoons chopped fresh basil
- 1 teaspoon minced jalapeno pepper
- 2 teaspoons lime juice

Season pork chops with 3/4 teaspoon salt and black pepper, to taste.

Heat grill or grill pan to medium-high heat.

Grill pork chops until browned, about 5 minutes. Flip and cook 5-6 minutes until food thermometer inserted in center registers 135 F.

Transfer to plate and rest at least 5 minutes until internal temperature rises to 145-160 F.

Gently stir peaches, pecans, onion, basil, jalapeno, lime juice and remaining salt.

Add salsa on top of each pork chop with remaining salsa on side.

TennGreen Land Conservancy celebrates protection of 50,000 acres

TennGreen Land Conservancy, a leading Tennessee environmental nonprofit, announced today that it has reached a historic milestone: protecting over 50,000 acres of land across the state and Mid-South region. The organization's conservation efforts, both past and future, will benefit Tennesseans and wildlife at a time when Tennessee's natural world faces unprecedented risks.

TennGreen Land Conservancy is Tennessee's oldest accredited statewide land conservancy. Since its establishment in 1998, the organization has grown under the leadership of founder Kathleen Williams (Executive Director, 1998-2015), Steve Law (Executive Director, 2015-2022), and Alice Hudson Pell (Executive Director, 2022-present).

Some of Tennessee's most famous parks and natural areas have been created or expanded by TennGreen Land Conservancy, including Virgin Falls State Natural Area, Rock Island State Park, South Cumberland State Park, Fall Creek Falls State Park, Justin P. Wilson Cumberland Trail State Park, and the soon-to-be-open to the public Ducks Unlimited Park. In addition to protecting land for public enjoyment, TennGreen Land Conservancy holds more than 60 conservation easements that perpetually

protect over 12,000 acres of privately owned land. Additionally, the organization has been publicly recognized for its innovative annual fundraising event, the Hike-a-Thon, and its workplace culture, a winner of the Nashville Business Journal 2021 Best Places to Work award.

This announcement comes at a time when Tennessee's rich biodiversity, open spaces, farms, and forests face unprecedented risk. According to the American Farmland Trust's Farms Under Threat report, Tennessee could lose more than one million acres of high-quality farmland by 2040 if current trends continue.

Loss of farms and forests throughout the state will significantly affect Tennessee's economy. The Tennessee Department of Agriculture notes the economic impact of forestry in Tennessee totaling more than \$21.7 billion annually, and the American Farmland Trust projects a loss of nearly 6,000 jobs in its "best case" 2040 projections.

"We've reached this milestone at a crucial time when it's becoming clear to so many of us in Tennessee just how fragile our ecosystems are—the ones that provide us with food to eat, protect the water we drink, keep our air clean, and leave us in awe of nature's beauty," said Alice Hudson

Pell, TennGreen Land Conservancy's Executive Director. "Our state is facing astonishing growth, and many who come here seek a high quality of life that's dependent on our ability to protect Tennessee's natural character. We need the help of all Tennesseans to protect our vulnerable lands and waters before it's too late."

Guided by its Strategic Land Conservation Plan, TennGreen Land Conservancy directs its resources towards efforts that significantly impact the Tennessee landscape. The organization focuses on four key priorities: Tennessee's waters (headwaters, land along rivers and streams, and wetlands); connected corridors of open spaces; areas with high biodiversity that face immediate risks from urban and suburban encroachment; and areas in need of publicly accessible nature (e.g., parks, wildlife management areas, state natural areas, etc.).

In total, TennGreen Land Conservancy has completed 153 conservation projects—with more than a third of those projects completed in the past five years. This astonishing pace is reflective of people in communities across Tennessee seeking to protect their natural assets.

"Often, our parks and outdoor areas serve as centers for community, which is essential for a flourishing society," continued Hudson Pell. "Without these shared natural spaces to convene, we risk losing opportunities to connect with nature and with each other. Also, conserved land can create outdoor recreation opportunities, such as hiking, fishing, and camping, which drives tourism and enhances the quality of life for all of us living and working here in Tennessee."

To learn more about TennGreen Land Conservancy's ongoing conservation efforts and how you can get involved, visit tenngreen.org.

AG NOTES

By **JOHN TEAGUE**
 UT/TSU Extension

FARMERS MARKET

We had a pretty good opening market last week. We had seven vendors with a variety of vegetables, canned products and baked goods. There were several customers, mostly regular folks who come most every when the market is open.

This week could be a bit better with the rains we've had the past several days and we should see a bigger turnout.

The Bedford County Farmers Market is at the Market Pavilion next to the big blue water tower at the Celebration Grounds. The market is each Thursday afternoon, with sales starting at 2:30 p.m.

We'll see you there.

WEATHER

We were continually asked about when the market would open. Since all of our produce is locally grown, we are so dependent on the weather. And we finally got a break with warmer weather and some rains. Even with that, we are about five inches behind on total rainfall.

We have seen some dryness effects on some of our field crops, but we are doing better, at least for a few days. But now we are hitting that 90-degree temperature again, so we'll hope that we can avoid what we are seeing out west.

Most of the country is in drought conditions. The USDA Drought Monitor shows that the majority of the corn and soybean crops are in drought-stricken areas, and Kansas, Nebraska, Iowa, and Illinois are the worst hit states.

And there are several other states, including Tennessee, that show less than normal rainfall coupled with increasing temperatures. This set of conditions is not good for production. This is on pace to be the driest month of June in history for some of the corn and soybean areas

Why is that important to us? For one, our grain framers are subject to lowered returns on their investment, and this could be the

difference in profit or loss. We may be among the more fortunate, depending on continuation of rain.

Secondly, our farm economy here is heavily dependent on the grains produced both here and away. Our poultry farmers, our livestock sector and our horse operations have to have the grains to feed their livestock. Our county is number 1 in poultry, number 1 in horses, and number 2 in cattle, of all of the counties across the state.

These numbers combine to make us the number one ag income county in the state with nearly \$180 million dollars income, according to the last USDA Ag Census data. And don't forget that grain exports help with the balance of trade on the international market.

So higher feed costs due to a short crop can and will affect our bottom line, and the pocket book of the consumer.

Let's hope that this is not the case. Pray for rain.

BROADBAND SURVEY

I am on a working committee called *Connect Bedford*, and we are being helped by national, state and area advisors to determine 1) Who does or does not have service? 2) How dependable is that service? 3) What is being done to bring in more service? 4) What else needs to be done to have adequate and dependable service available to all of our Bedford County residents?

I have been impressed with the work that is being done, and this is a long-term commitment to be the first rural county in Tennessee to be fully connected. We need your help and are sending out broadband surveys to help identify users; user speed; and to pinpoint actual speed locations throughout Bedford County.

This survey process is critical because it will allow the county to demonstrate actual users and pinpoint their upload and download speeds. Further, it will help

to create a coverage map which accommodates the growth plans in coordination with GPS information to pinpoint where we need broadband coverage.

For a printed survey or a link to the survey, contact me at 684-5971 or send me an email at jteague1@utk.edu We have the survey in Spanish form as well. For others in the community who wish to respond, we will try to help those folks as well.

I'm very serious when I say we are serious about helping folks who have no service or those who need improvement in their service. We need your input.

PET PEEVES

I've got 'em, just like other folks do! Yeah, I'll admit it! There's some stuff that just rubs me wrong. Melody fusses at me when I mention 'em, but I'm going to say some of 'em anyway!

When people veer left to make a right turn...that bothers me. Just get there and turn right! I can't trust you to make a decision and I'm trying to keep from getting hit or hitting you!

And to these folks with small cars with loud mufflers that like to rev it up like they are in a race, go to the Indianapolis Speedway and make that racket there, but not here! I suspect that you are some of the group that is meeting on the streets late at night and making tire tracks. I can hear you, but I guess the law enforcement can't!

I had a bad ear infection with some damage years ago, and loud music literally hurts. So to those folks, please turn down your loud speakers that I can hear and feel every time you pass the office and that causes the building to shake and vibrate! When I hear this next to me in traffic, I just turn my radio station up as high as I can stand it and open my truck windows and treat them with good stuff! It'll hurt, but at least the base vibration on mine is not as bad as yours!

I've got more. I'll share 'em as I get ticked off about something!

REVIVAL

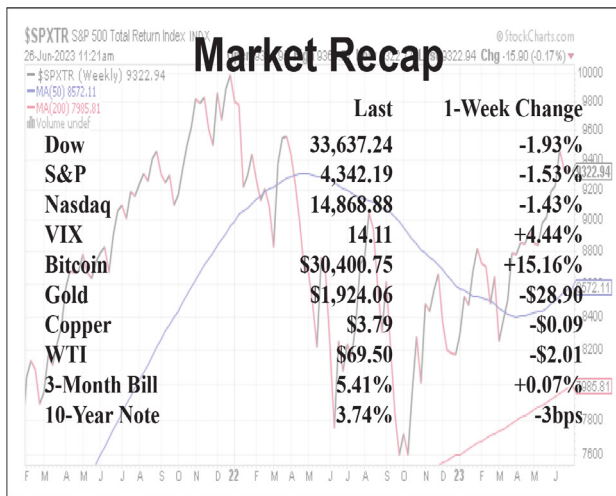


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 Monday July 10th - Wednesday, July 12th at 6:30 p.m.

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Misty McCormick
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Community's Chloe West signs her letter of intent to continue her softball career at Motlow State Community College.

Submitted photo

Community's West headed to Motlow

By CHRIS SIERS
sports@t-g.com

Chloe West has always wanted to progress her softball career to the collegiate level.

That dream has become a reality as she signed her letter of intent to continue playing at Motlow State Community College.

"It's really exciting. I've always wanted to do this and go farther," West said.

West has been playing softball for most of her life and after her initial start, she fell into playing travel ball.

That move to playing year-round softball only emboldened her love for the game.

"I've been playing since I was about four and then I started playing travel ball. I just fell in love with the game," she said.

West has made her living as the Viqueen backstop and was a key component of the Community roster that helped make school history with back-to-back trips to the Class 2A state tournament.

While making two trips to the state tournament would top the list of favorite memories for several players, West's favorite moments came in the Zion Christian Tournament during her junior season when she made a throw to second base for a key out that helped Community lay



T-G File Photo by Rickey Clardy

West was a key component in the Viqueen lineup that helped Community make back-to-back trips to the state tournament.

claim to a win.

"I got one of the game-winning throw downs for an out,"

she said.

While her resume throughout her high school career was nothing

short of impressive, West will have to fight her way into a starting role at Motlow.

West plans to pursue a degree in education, focusing on pre-K through third grade teaching.

Gators make history in Game 3 of CWS

By ERIC OLSON
AP Sports Writer

OMAHA, Neb. — Florida had been involved in more close games than any other team at the College World Series this year.

That changed in a big way Sunday, when the Gators unleashed an offensive barrage of historic proportions.

Florida scored the most runs in a CWS game and came up one short of the record for largest margin of victory in a 24-4 rout of LSU that forced a deciding Game 3 of the finals.

The Gators (54-16) hit six home runs on a windy day at Charles Schwab Field and pounded LSU (53-17) pitching for a CWS record-tying 23 hits a day after Ty Floyd struck out 17 in the Tigers' 4-3, 11-inning win in Game 1.

"We did exactly what we said we were going to do — flush last night and come in today ready to play," outfielder Wyatt Langford said. "The balls were falling for us today. And that's just kind of

how it went."

The teams play the final game of the College World Series on Monday night, with the winner earning the national championship.

"Obviously we can't take any of these runs into tomorrow," Gators coach Kevin O'Sullivan said. "We'll have to reset, reboot. But we'll be proud of the way they responded from last night's tough loss."

LSU coach Jay Johnson said he and his players must quickly forget what happened Sunday.

"So we're going to stick to how we prepare and roll it out tomorrow and give it everything we have," Johnson said. "One game for the national championship. I think coach O'Sullivan probably feels great about his team, as he should with the players they have."

"I feel great with my team, with the players we have."

Two-way star Jac Caglianone will pitch for the Gators. Johnson didn't announce a starter or com-

ment on the availability of ace Paul Skenes, who has thrown 15 2/3 innings over two CWS starts and would be coming off three days' rest if he were to pitch.

Florida came into Sunday having played in four of the CWS record-tying eight one-run games. The Gators had totaled 17 runs in those games before the offense broke loose.

Ty Evans and Caglianone each homered twice, with Evans' grand slam breaking things open early. Langford and BT Riopelle also went deep.

Florida's 24 runs broke Notre Dame's CWS record, set in a 23-2 win over Northern Colorado in 1957. The 20-run win over the Tigers ranks second to that game for largest margin.

The Gators hadn't scored so many runs since a 28-5 win over Winthrop on March 3, 2019.

LSU hadn't given up so many in any of its 245 NCAA Tournament games or in any game since a 28-2 loss to Alabama in 1997. The Tigers committed a

season-high five errors that led to six unearned runs.

Asked if there was a point he felt the game was slipping away, LSU star Dylan Crews said, "Not really. I guess you could say when it got up to about 20 runs. But we felt like we were in it the whole time, honestly. We made some pretty remarkable comebacks in our career."

Langford was 5 for 5 with six RBIs with two doubles and his homer.

Evans' shot down the left-field line off Nate Ackenhansen (3-1) tied it 1 in the second. His grand slam off Gavin Guidry in the third was a high fly that looked to be headed foul, but the 20-mph wind blowing left to right pushed it inside the left-field foul pole.

The Tigers should have been out of the third before Evans came to bat, but shortstop Jordan Thompson's fielding error cost them a chance at a double play and kept going what became a six-run inning.

Langford connected in the fifth, and Caglianone followed with his nation-leading 32nd and 33rd homers.

Florida starter Hurston Waldrep, who had allowed two earned runs in 21 innings in the NCAA Tournament, went just 2 1/3. He walked six, hit two batters and allowed four hits in his shortest appearance of the season, not counting a start against Vanderbilt when he didn't return after one inning because of a rain delay.

LSU did next to nothing against Florida relievers Blake Purnell (2-0) and Nick Ficarrotta. They combined to pitch 6 1/3 innings of three-hit relief.

"They don't need a rah-rah speech tomorrow," O'Sullivan said. "We're playing a very good LSU team and the winner is going to have the opportunity to be national champion. Enjoy it tonight and wake up tomorrow and stay in our routine."

Freeman slugs 2,000th hit vs. the Astros

By DAN GREENSPAN
Associated Press

LOS ANGELES — Los Angeles Dodgers first baseman Freddie Freeman got his 2,000th hit, reaching the milestone with a double in the eighth inning of a 6-5 loss to the Houston Astros in 11 innings Sunday night.

With a sizable family contingent in attendance, Freeman’s sharp line drive to right field was his second double of the game and drove in Mookie Betts, making him the 295th player in major league history to reach the mark.

“It’s special,” Freeman said. “I seem to get these milestones in losses. ... But, no, just seeing how happy my dad, my stepmom, my wife, my kids were for me, it just makes it special. And obviously the fans have embraced my family and I since the day we got here, so they made another special memory for the Freeman family again. Dodger fans usually never disappoint, so another special day. One I’ll never forget. Took long enough, but I’m glad it happened at home.”

Freeman picked up his

300th home run earlier this season in a 16-8 loss at St. Louis on May 18th. Combining the two feats, he is the 98th player with 2,000 hits and 300 homers. “There’s what, 16,000, 17,000 people to play this game, and to be under 100 (to do something), it’s hard for me to be able to put it into words,” he said. “But when you do stuff like this, it’s just all the hard work that I think about with my dad back in the day, all the batting practice he’s thrown. It’s not just me. It’s him. It’s all the sacrifice he’s made, my family’s

made, and it’s just special to achieve some of these things.”

Freeman played in his 1,801 game, becoming the seventh player to reach 2,000 hits as a member of the Dodgers. In addition to 306 homers, he has 441 career doubles, including a league-leading 27 this season.

Dodgers manager Dave Roberts felt Freeman had been pressing to reach the milestone at home as he went hitless in seven at-bats through the first two games of the weekend series.

“I’ve been grinding quite a bit this whole month, and I just haven’t felt good,” Freeman said. “Unfortunately, that’s baseball. It’s just kind of how the ebb and flows of a season go.”

After getting a double in the sixth inning, Freeman knew he was back on track.

“I finally felt it on that one,” he said. “Of course that’s usually how it happens, another one comes next at-bat.”

Freeman, 33, spent his first 12 seasons with Atlanta after the Braves selected him in the sec-

ond round of the 2007 draft. He had 1,704 hits in 1,565 games for the Braves before the Orange County native joined the Dodgers as a free agent before the 2022 season.

“Hits mean a lot to me,” he said. “Everyone views success differently in their careers and how they go about it, but hits and average, that is what I care about. If I have a lot of hits and I have a good average, that means I’m getting on base a lot for me team and we’re able to score a lot of runs.”

Olympic skaters still missing medals 500 days later

By EDDIE PELLIS
AP National Writer

COLORADO SPRINGS, Colo. — U.S. ice dancers Evan Bates and Madison Chock remember the empty feeling as they trod back to their rooms in Beijing, not long after being told that the ceremony to present their Olympic medals had been called off.

Before going to sleep, one final blow: On their beds sat empty black-and-gold boxes, with notes inside signed from IOC President Thomas Bach. “An Olympic medal is forever,” the note began. The boxes were supposed to be the perfect spot for the skaters to place the medals they never received.

Five-hundred days later, the medals remain somewhere in storage because of yet another sordid and as-yet-unresolved doping case to come out of Russia. The nine empty boxes, one belonging to each U.S. skater who finished second in the Olympic team event, are now sitting under glass as part of an exhibit at the U.S. Olympic and Paralympic Museum that opened Thursday to commemorate the 500 days since the medals ceremony in Beijing was abruptly canceled.

“As the time has gone by, it almost feels like it didn’t happen at times,” Chock said. “And when we think about it, it’s hard not to get emotional and just feel kind of sad about the whole situation, and how it’s turned out and how long it’s taking to be handled.”

In an unprecedented move, Olympic officials decided not to award medals at the games after news that 15-year-old Kamila Valieva, who had led Russia to a first-place finish, had tested positive for a performance enhancer months earlier.

That case has been subject to anti-doping and legal hearings in Beijing, Russia and Switzerland. In an ironic twist, news came Thursday — Day 500 — that the Court of Arbitration for Sport had finally set dates to hear the Valieva case and potentially settle it, once and for all. The dates, Sept. 26-29, means it could be pushing two years before the Americans receive their medals, whether they be silver or gold.

“You want to cross the finish line and be awarded for that race, or for what you have accomplished in that moment,” Bates said. “The exclamation point on the sentence is not supposed to come, like, 10 sentences later, or in the next paragraph.”

For the most part, the residuals that often stem from an athlete’s Olympic moment have not come their way either. For most of the skaters, the prospect of media tours, post-Olympic shows, sponsorships and the like have been waylaid. Most are well aware that there many moments that were

supposed to feel celebratory would eventually lead back to the same query: “Where’s your medal?”

“At this stage, you can’t possibly salvage what they would’ve earned if they had stood on the podium when the world was watching,” said Travis Tygart, the CEO of the U.S. Anti-Doping Agency.

The Americans aren’t the only people wronged in this affair. The Japanese team that finished third never received medals and the Canadian team that finished fourth could be due for them, as well, if Russia is disqualified. There’s also the case of Valieva, who was 15 at the time of the Olympics and is widely seen as an unwitting victim whose health and fitness, to say nothing of her medical needs and prescriptions, were in the hands of coaches and handlers in her circle.

When Tracy Marek began as CEO of U.S. Figure Skating in January, the still-unresolved medals case was at the top of her in-box.

“In my opinion, the common American out there would be shocked right now,” Marek said. “In retrospect, they might say, ‘Oh, yeah, I remember that.’ But they would probably be shocked to know that these athletes have achieved one of sports’ greatest accomplishments and they’ve received an empty box.”

When the case is resolved, the skaters won’t be unlike the dozens of Olympians over decades who have received their medals in “alternate” ceremonies — at malls, or at subsequent Olympics or world and national championships.

Bates and Chock recalled the emotional meeting they had with Bach, the leader of the International Olympic Committee, the day after their ceremony had been canceled. They still have the Olympic torches he offered them as a goodwill gesture while the medals were sorted out.

“He assured us that when this was resolved, they would do everything to create a medals ceremony that suited our expectations,” Bates said. “To which we said, ‘Well, we would like it yesterday.’”

Five-hundred days later, they wait. Some of their teammates have decided to call it a career, knowing their best days are behind them, and that their best day of all has yet to be commemorated.

“If I could change anything about the antidoping movement, it would be, just improve the transparency and improve the time frame,” Bates said. “The shelf life for an Olympic athlete is short. We think in four-year cycles and it’s almost been two years. It’s such a shame this moment hasn’t taken place and there’s still no closure or resolution to this so many months later.”

The Olympic flame for the Paris Games will be carried for 68 days

By JEROME PUGMIRE
AP Sports Writer

PARIS — The Olympic flame for the 2024 Paris Games will pass through 64 departments — including five overseas — and 400 towns over 68 days before the cauldron is lit.

Organizers announced the route for the torch relay on Friday at a Paris university.

“Paris 2024 is the greatest collective project in our history,” organizing committee president Tony Estanguet said. “The torch relay plays an important role because it has the capacity to touch so many people.”

The torch will be lit by the sun’s rays on April 16 in Ancient Olympia, Greece. It will then be carried around the nation before its handover in Athens.

The flame will leave Athens on April 27 aboard a three-mast ship named Belem for the French port of Marseille — a former Greek colony founded 2,600 years ago.

The Belem was first used in 1896, the same

year the modern Olympics came back. It will be skippered by French navigator Armel Le Cléac’h, winner of the solo around-the-world race Vendée Globe in 2017. The crew will reach Marseille on May 8.

After leaving Marseille, the torch relay will take in heritage sites such the imposing Mont Saint-Michel in Normandy and the 2,500-year-old medieval city of Carcassone. It will also trail along the famed red-wine vineyards of Saint-Émilien and white-wine vines of Chablis.

“They are the Games of the country,” said Paris Mayor Anne Hidalgo, citing French author Victor Hugo and his theme of universality. “Paris belongs to the whole country.”

Including beyond its borders.

A passage in France’s overseas territories, called the Relais des Oceans (Ocean Relay), will begin on June 9 in French Guiana and will take in the island of Reunion, Polynesia, Gaudeloupe and Martinique before coming

back to Nice on June 18.

“It’s going to be spectacular,” said Estanguet, a three-time Olympic canoeing champion.

Continuing over land, the torch will rise up the Alpine mountain pass of Chamonix for Olympic Day on June 23 before spending July 14 — known as Bastille Day, France’s national day — and July 15 in Paris.

The torch will then tour various suburbs of Paris until returning via Seine-Saint-Denis — home to the Stade de France — before arriving back in Paris.

“It’s an occasion to all come together, whatever our origins,” Hidalgo said.

More precise details of the route in Paris will be given on July 5.

The location of where the cauldron will be lit and at what time are being kept secret until the day itself, amid wide expectations it will be at the iconic Eiffel Tower.

A total of 10,000 people will participate in the torch relay. The four captains of the relay will be Olympic swimming cham-

pions Laure Manaudou and Florent Manaudou — who are siblings — along with Paralympians Mona Francis (triathlon) and Dimitri Pavadé (long jump).

Security

Local police forces responsible for each section of the relay will help with security. Law enforcement will escort and protect the flame with a security bubble around the torch and its carrier.

A team of eight called “Les Gardiens de la Flamme” (The Guardians of the Flame) have been hand-picked to ensure the flame stays constantly lit. They were selected from police and military forces following an internal competition.

The Paris Games will run from July 26-Aug. 11, followed by the Paralympics from Aug. 28-Sept. 8. The flame for the Paralympics will be lit in the British town of Stoke Mandeville and will be carried by 1,000 people.

Olympic leader criticizes Ukraine for blocking athletes from some qualifiers

By GRAHAM DUNBAR
AP Sports Writer

GENEVA — IOC president Thomas Bach criticized the Ukrainian government on Thursday for blocking some athletes from qualifying events for the 2024 Paris Olympics that also included Russians and Belarusians.

Ukrainian athletes have in recent weeks missed world or European championship events in judo, fencing and taekwondo where Russians and Belarusians could compete after being approved as neutrals.

The IOC and Bach in March shaped the definition of neutrality — not publicly supporting the war, nor being contracted to the military since February last year, competing without flag, anthem or national colors — that sports governing bodies must decide how or if to apply.

“It is hard to understand why the Ukrainian government is depriving their own athletes from their chance to qualify” for Paris, Bach said in a keynote speech at an International Olympic Committee online meeting.

Ukrainian athletes were “being sanctioned by their own government,” Bach said, adding the IOC and Olympic sports bodies wanted to support them preparing for “any competition that they want to take part in.”

He did not specify if that could mean financial support for athletes in what appeared to suggest defying Ukrainian government and sports officials.

The IOC did not immediately respond to a request for more details.

Bach opened a 25-minute speech to IOC members insisting “our outrage of this brutal war, our compassion with the human suffering and our solidarity with the Ukrainian Olympic community remain as strong as ever.”

He criticized Russia once for “shamelessly” holding talks about creating “fully politicized sport competitions” as a potential rival to Olympic-approved events.

Those talks included China, which Bach has tried to keep as a close ally before and since the 2022 Beijing Winter Games, which closed four

days before Russia invaded Ukraine.

Otherwise, Bach tried to position the IOC in the middle ground between both sides of the war, unhappy at its position ahead of the Paris Olympics.

“The Russian side wants us to ignore the war,” he said. “The Ukrainian side wants us to totally isolate anyone with a Russian and Belarusian passport.”

“We have the Russian side that considers the strict conditions (of neutral athlete vetting) to be unacceptable, humiliating and discriminatory. We have the Ukrainian side that denounces us for siding with Russia.”

Ukrainian President Volodymyr Zelenskyy has said any neutral flag is stained with blood and invited Bach in January to join him visiting the wrecked city of Bakhmut.

The IOC took a tough position on Russia within days of the war starting, urging sports bodies to exclude athletes and officials from international events and strip the country of hosting rights.

However, as the Paris

Olympics approached, the IOC moved toward letting some Russians back into sport and Bach suggested excluding athletes based just on their passport would be discrimination and a breach of their human rights.

World Athletics has continued to exclude all Russians while soccer bodies FIFA and UEFA have not let Russian teams play in international competitions.

Bach suggested on Thursday the IOC’s mission must be to “support the athletes of the entire world to make their Olympic dream come true.”

He evoked an image of the “rapturous welcome” Ukrainian athletes would get from hundreds of thousands of people lining the Seine river during the Paris Olympics opening ceremony in 13 months, then the “wave of enthusiasm” cheering them in their competitions.

“What a powerful demonstration of resilience, and of determination,” Bach said, “what a moment of pride, joy and hope for all Ukrainian people.”



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Chastain holds off Truex to win at Nashville

By **TERESA M. WALKER**
AP Sports Writer

LEBANON — Ross Chastain has been criticized as reckless and too aggressive, a driver seen as giving no respect and not deserving any from competitors.

His hard-driving style paid off Sunday night as Chastain held off Martin Truex Jr. to win the Ally 400 at Nashville Superspeedway, his first win in over a year and the third NASCAR Cup Series victory of his career.

Chastain said everyone has to deal with criticism. His approach? Just keep working.

“I got to tell you, a lot of self-reflection through all this, but I had a group that believed in me and they didn’t let me get down,” Chastain said. “And they bring rocket ships, and I just try to point them to victory lane.”

This was Chastain’s first win since Talladega in April 2022, and he drove his Trackhouse Racing Chevrolet to the team’s first victory this year at its home track. Chastain had started on the pole for the first time in his career.

Trackhouse owner Justin Marks said he talked with Rick Hendrick and Roger Penske for advice on handling a hard-charging driver after Chastain’s late crash off a restart at Darlington took both him and Hendrick star Kyle Larson out of contention as they raced for the lead.

Marks compared Chastain’s learning curve to that of Brad Keselowski, Kevin Harvick and Tony Stewart — aggressive drivers who had to learn how to compete at the Cup level. Marks called this a “huge win” for Trackhouse and a big moment for Chastain, who went three-wide during a critical four-lap stretch.

“It says we have an opportunity to win so many races and compete and win ... championships in the series and such a bright future ahead of us,” Marks said. “And we’re all just like super motivated and inspired for the future.”

Chastain entered fourth in the season points race and wound up leading a race-high 100 laps at the 1.33-mile, D-shaped concrete oval. That included the final 34 laps as the 30-year-old had to weave by some slower traffic to



Photo by Logan Riely/Getty Images

Ross Chastain made a move to hold off Martin Truex Jr. for the win at Nashville over the weekend.

hold off Truex by 0.789 seconds.

The driver known as “Melon Man” celebrated clinching a play-off berth with a burnout before smashing a watermelon onto the start-finish line. Chastain shared some of the watermelon with fans, keeping a piece on top of his car and bringing it into the media center with him.

Truex led 50 laps as the season points leader tried to string together back-to-back wins. He won at Sonoma going into NASCAR’s lone break in the 38-race season.

“Just that close again,” said Truex, who notched his sixth top-five finish and extended his points lead. “We keep doing that, we’ll be OK.”

Truex finished ahead of Joe Gibbs Racing teammate Denny Hamlin, both in Toyotas. Chase Elliott was fourth and Hendrick Motorsports teammate Kyle Larson was fifth.

Hamlin led 81 laps and said he thought he had a third-place car

with Truex a little better.

“The 1 (Chastain) obviously came on strong there at the end,” Hamlin said. “We gave ourselves a chance, just didn’t have quite a fast enough car to go up and contend.”

Tyler Reddick started beside Chastain on the front row and won the first stage.

As they began the second stage, Truex went three-wide at the front with Chastain and William Byron for some thrilling racing on a track known for having boring competition for years after opening in 2001.

The Xfinity Series race on Saturday was chaotic, with cautions starting on the opening lap.

The second caution on Sunday didn’t come until lap 138 when Reddick lost his right rear tire as he tried to steer his Toyota onto pit road just after having pitted. His car got loose, and he spun into the grass with the tire coming off at the entrance to pit road.

Hometown win

With Trackhouse based in the Nashville area, Chastain’s crew chief Phil Surgen said the team’s failure to win at its “home” track was beginning to creep into everyone’s mind. This win ends that relatively short drought for a team that Marks put together in 2020.

“This is the race that I want to win more than any of the races besides the one they hold in Florida and the one they hold in Arizona,” Marks said. “And so it’s a big day for us.”

Chastain now has finished in the top five in all three Cup races at Nashville.

Hard crash

The third caution out of four in the race came on lap 146 on the restart on the frontstretch as Ryan Blaney crashed head-on into an interior wall after being tapped from behind by Kyle Busch with

Alex Bowman also involved. Blaney walked out of the infield care center after what he called the hardest hit of his life.

Blaney said he checked up on the restart and got hit from behind, then he couldn’t get his Ford straightened up after hitting the grass. He called it “pretty ridiculous” there was no SAFER barrier on the infield wall.

“Stinks going home early,” Blaney said.

No. 200

Bubba Wallace made his 200th Cup Series start, looking to add to his two career wins and 15 top fives. He started ninth in the No. 23 Toyota for 23XI Racing and finished 15th.

Up next

NASCAR runs a street course race on July 2 in downtown Chicago.

Elliott views pressure to make NASCAR playoffs as opportunity

By **TERESA M. WALKER**
AP Sports Writer

LEBANON — Chase Elliott prefers to view a very challenging season as opportunity, not pressure.

The 2022 Cup Series champ who won a career-high five races last year taking the regular season title sits 27th in the points standings as NASCAR returns from the lone break in its 38-race season. Elliott has started only nine of 16 races. A leg broken while snowboarding cost him six starts, a suspension another.

The Cup Series’ most popular driver five years running sits 278 points behind leader Martin Truex Jr. with time running out to qualify for the playoffs.

“We’re in a tough spot, but I think it’s a good opportunity to go and have some fun and embrace the challenge,” Elliott said. “And that’s really kind of where my head’s at.”

All of NASCAR — Elliott especially — should be rested up for the stretch run starting Sunday night with the Ally 400 at Nashville Superspeedway.

The 27-year-old Elliott should be a bit more rested than others after serving that suspension at St. Louis for wrecking Denny Hamlin at Charlotte. He finished fifth at Sonoma going into the break.

Elliott also survived a nearly seven-hour marathon to win at this track a year ago. He and the rest of his Hendricks Motorsports’ teammates on the No. 9 Chevrolet started poorly and used the weather delay to adjust well enough to win.

“A lot’s changed in the course of the year,” Elliott said.

One win would fix a lot, and four of the 10 tracks left in the regular season are places Elliott has won five of his 18 career Cup wins. Competition is tight with only 32 points separat-



Photo by Sean Gardner/Getty Images

While some drivers might see the pressure of making the NASCAR playoffs as a high pressure situation, Chase Elliott sees it as an opportunity.

ing the top seven drivers. Elliott will start 14th after Saturday’s qualifying.

Hall of Famer Dale Earnhardt Jr. is curious to see how Elliott responds to the challenge down the stretch. Elliott’s absence earlier this year affected TV viewership, and not making the playoffs could only ramp up the pressure. Earnhardt said he’s confident in Elliott’s approach and personality to help now.

“When he goes home and he disconnects from the sport, I think he does a really good job of putting himself in places where he can let go and where he can get away from that overbearing pressure,” Earnhardt said.

Chastain wins first pole Trackhouse Racing and Ross Chastain notched a pair of firsts Saturday as the driver earned both the first pole of his career and

the first for his team, and it’s even more special at a track the team considers it’s home after setting up headquarters in Nashville.

Chastain came to Nashville fourth in the Cup points race looking for his first win this season. He won twice last year, the second the spring race at Talladega. He noted qualifying hasn’t been a strength in his career, and he called it incredible to record Trackhouse’s first pole at the team’s home track.

He was emotional as he got out of the car.

“The tears out there were of joy and like satisfaction, just happiness that it’s paid off right?” Chastain said. “It’s just all this comes down to speed and hundredths and thousandths of a second, and that we were able to do it. So much work for years and it didn’t pay off, and it paid off.”

Chastain will start beside Tyler Reddick with Justin Haley, Joey Logano and William Byron rounding out the top five.

Picking up from Sonoma

His second victory this year and taking the points lead made the break very enjoyable for Truex.

“I’m still winning,” Truex said with a smile.

Truex has five top fives and eight top 10s this year, yet he can’t relax with only a 13-point lead over William Byron. Truex remembers only too well going winless last year, not easy for the 2017 Cup champ.

Being in the second season with the Next Gen car has made it easier for Joe Gibbs Racing with Truex’s No. 19 Toyota. Truex said it feels like they have a bit more margin for error

combined with producing a faster car more consistently. That helps both the team’s confidence and decision-making.

“Fast race cars make everything a lot easier, and it’s always been that way and it’ll always be that way,” said Truex.

Check the channel

NBC Sports begins its portion of the NASCAR television package at Nashville through the end of the season. Sunday night’s race is among 10 Cup Series races on NBC itself, including the final six races of the playoffs capped by the championship at Phoenix on Nov. 5.

Earnhardt called them Nashville an incredible market to kick off NBC’s coverage this season with the track producing some great racing. The Next Gen

car fits this 1.33-mile track that is the longest concrete-only oval on the NASCAR series.

“This car races really well at these type of race-tracks, the bigger mile, mile-and-a-half racetracks. This race will be an entertaining race for sure. We have just a lot going on,” Earnhardt said of all the story lines.

Maturing track

Defending Cup champ Joey Logano enjoys racing at the Nashville Superspeedway much more than during the track’s early years. He won a race here in 2009 and recalled how drivers were limited to running one, sometimes two lanes making the racing boring.

“I guess that’s why people stopped coming, and it went out of business,” Logano said. “But now, like the track’s three to four lanes wide, and the racing has gotten a lot better.”

The last race was held here in 2011. Drivers kept coming, making the track a popular testing spot. Dover Motorsports moved one of its Cup races to Nashville and brought NASCAR back in 2021 with the first Cup race in the area in 37 years. Speedway Motorsports bought Dover in November 2021.

Odds and ends

Truex is tied with Kyle Larson, who won the inaugural Cup race at this track in 2021, as the favorite to string together back-to-back wins at 5/1, according to FanDuel Sportsbook. Truex will start sixth with Larson seventh after qualifying. Byron and Denny Hamlin are right behind them at 7/1.

Larson is the 5/1 favorite to win the Cup Series title for a third straight overall even with the break.

Carl Edwards 1st inductee into Nashville's new Legends Plaza

By **TERESA M. WALKER**
AP Sports Writer

LEBANON — Carl Edwards, a six-time winner at the Nashville Superspeedway, is the first driver inducted into the track's new Legends Plaza.

Edwards was inducted Sunday before the Ally 400, the third Cup race at the 1.33-mile, D-shaped oval concrete track. He was named one of NASCAR's top 75 drivers earlier this year despite retiring in 2016 at the age of 36 with 28 career Cup Series' victories. He called this more than an honor.

"To be able to come back here and reflect on that is just a really powerful thing and a humbling thing for me to be able to share it with my family and my friends," Edwards said. "This is your day to feel all the love is just over the top."

Matt Greci, the superspeedway's president, announced Edwards as the first inductee. Edwards not only won six races on the largest concrete oval in NASCAR, he finished in the top 10 in 12 of his 13 Xfinity Series races here. The superspeedway didn't host its first Cup Series race until 2021.

The plaza currently is being designed and will be open year-round for fans once open. Drivers will be commemorated in bronze in the shape of a guitar pick, following in the track's tradition of awarding winners a Gibson guitar. The superspeedway's current logo is the head of a guitar.

Edwards said he never saw the track filled with so many fans and so much energy. The 30,000-seat grandstand was sold out for Sunday night's Ally 400 Cup race, with campers and fans all around the track with concerts filling the weekend schedule.

He also noticed Kyle Busch spun out by himself during practice. Edwards



Carl Edwards became the first NASCAR driver to be inducted into the Legends Plaza at Nashville's Superspeedway.

Bob Leverone/NASCAR via Getty Images

said that's because this track is such a challenge. His wife told him on the way in Sunday that he loved the track.

"I was like, 'No!' As a driver, this is like hard," Edwards said. "This is a tough place. And so I was always very proud of the wins. And I thought it was a testament to my team because as a race car driver, this is a place that your car has to be perfect."

Under the lights

The Ally 400 finished under the lights a year ago due to weather delays. On Sunday night, drivers started in prime time thanks to a scheduling move with a 7 p.m. EDT start that should make fans more comfortable with the temperature

feeling like 98 degrees just before the green flag.

Chase Elliott called the prime-time start for both Nashville and Atlanta on July 9 smart decisions, if only to keep fans from roasting at tracks with lights. He won here last year in a race that lasted nearly seven hours because of weather issues.

"I just don't see any reason why we shouldn't have more night races during these months where it's so hot for the spectators," Elliott said.

Hello guys

Joe Gibbs' new minority partners in his NASCAR team showed up for their first Cup Series race only days after the announcement he had sold a piece

to prominent members of the group awaiting approval to take over ownership of the NFL's Washington Commanders.

Josh Harris, David Blitzer, and the entire HBSE & Arctos group joined Joe Gibbs Racing at the Nashville Superspeedway on Sunday. "We look forward to many (checkered flag emoji)'s together! (And we're looking forward to W's with the @sixers & @NJDevils as well!)," JGR wrote on social media.

NFL owners are set to meet July 20 in Minneapolis to consider and potentially vote to approve the sale of the Washington Commanders, a person told The Associated Press on Friday on the condi-

tion of anonymity because the league meeting was not announced.

Three-quarters — 24 of the league's 32 owners — approval is needed to finalize the deal between Dan Snyder and his family and a group led by Harris, owner of the NBA's Philadelphia 76ers and NHL's New Jersey Devils. Basketball Hall of Famer Magic Johnson is also among those involved in the incoming ownership group.

Must go faster

Comedian Nate Bargatze is a Nashville native who remembers the thrill of Interstate 40 being built and even attended a race at this track a couple years ago. On Sunday

night, he was the honorary pace car driver for his first time on a NASCAR track.

At least officially. About 20 years ago, Bargatze and a couple friends snuck through an open gate at Richmond and onto the track.

"We just drove our car on it, and then someone came and shut the gate pretty fast," said Bargatze, who has a new special on Netflix.

"I don't think we were supposed to do that. So that's the only time. We drove like my friend's grandmother's car, you know, Ford Focus, like just putted around and then we got kicked out. So never anything professional or on the record of driving."

Preds deal Johansen to Avs



AP Photo/Mark Zaleski

Barry Trotz is making moves as the Predators' general manager, with the bombshell trade of Ryan Johansen to the Colorado Avalanche.

NASHVILLE (AP) — The Colorado Avalanche have filled their second-line center void by acquiring Ryan Johansen from the Nashville Predators on Saturday.

Colorado sent pending free agent Alex Galchenyuk to Nashville in a trade that essentially amounts to a contract dump but could help the 2022 Stanley Cup champions get back on top of the NHL.

"Ryan is a talented, veteran center who helps our top six (forward group)," Avalanche general manager Chris MacFarland said. "He gives us size in the middle of the ice and brings leadership and experience to our roster. We look forward to adding him to our team."

The move is a big splash for the Avalanche, who lost in the first round of the playoffs to Seattle this past season. They recently learned captain Gabriel Landeskog would miss the entire 2023-24 season while recovering from cartilage replacement surgery in his right knee.

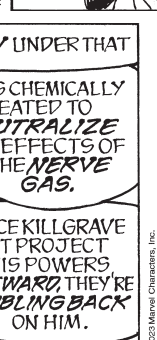
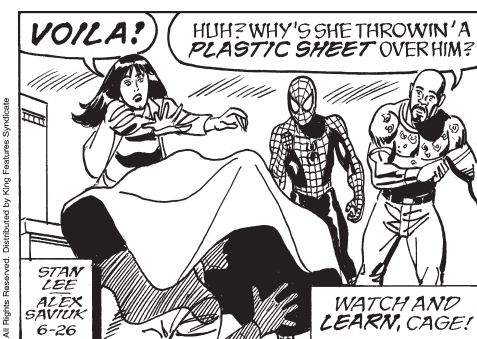
Johansen, who turns 31 in July, steps into the role previously filled by

Nazem Kadri, who left after Colorado won the Cup to sign a \$49 million, seven-year contract with Calgary. Johansen is on the back half of his career, having put up 28 points in 55 games last season, but he has the potential to produce with skilled linemates on the Avalanche.

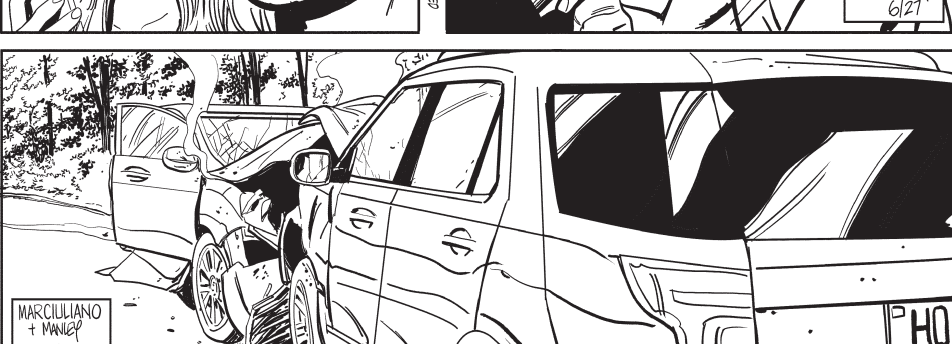
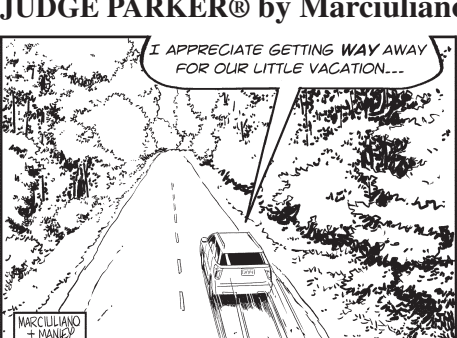
The deal is also coming at a bargain cost, as the rebuilding Predators are retaining half of Johansen's \$8 million salary cap hit in each of the next two seasons. It's the first significant roster move by new GM Barry Trotz, who also fired coach John Hynes and replaced him with Andrew Brunette.

"On behalf of the Predators organization, we want to thank Ryan for his contributions to our team and community over the last seven-plus years," Trotz said. "He played a large role in our franchise's accomplishments since arriving in January 2016, helping lead us to the 2017 Stanley Cup Final, the 2018 Presidents' Trophy, back-to-back Central Division titles in 2018 and 2019 and several postseason appearances."

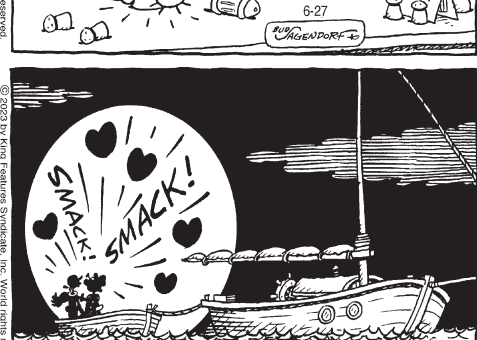
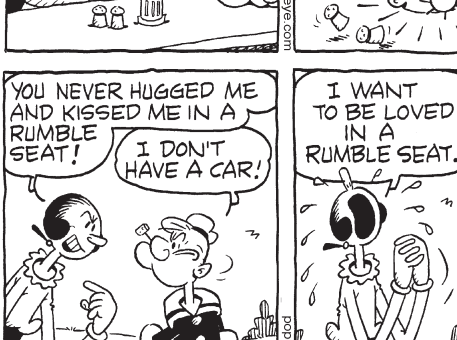
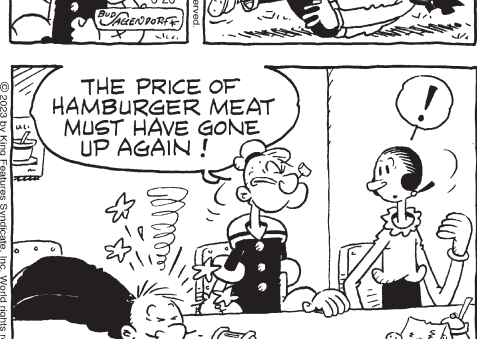
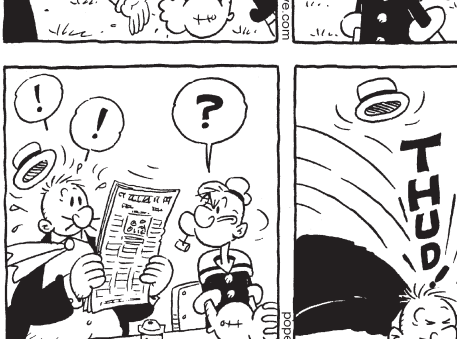
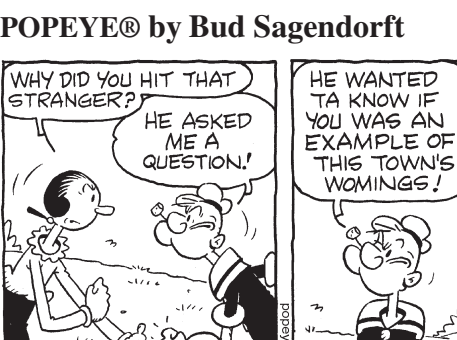
THE AMAZING SPIDER MAN® by Stan Lee-Larry Lieber



JUDGE PARKER® by Marculiano-Manley



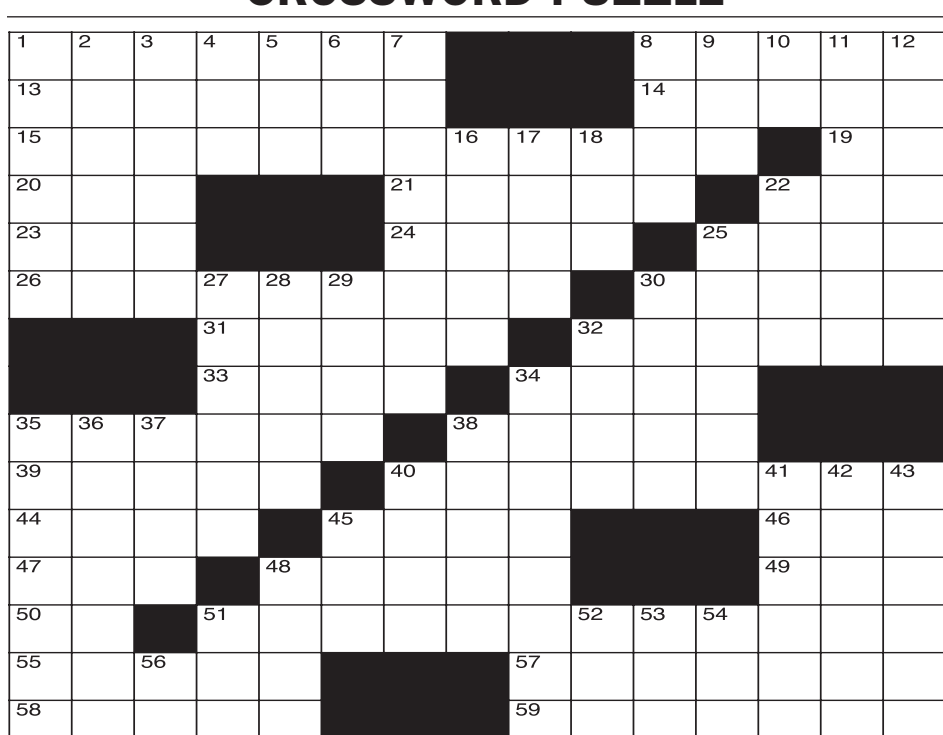
POPEYE® by Bud Sagendorf



THATABABY® by Paul Trap



CROSSWORD PUZZLE



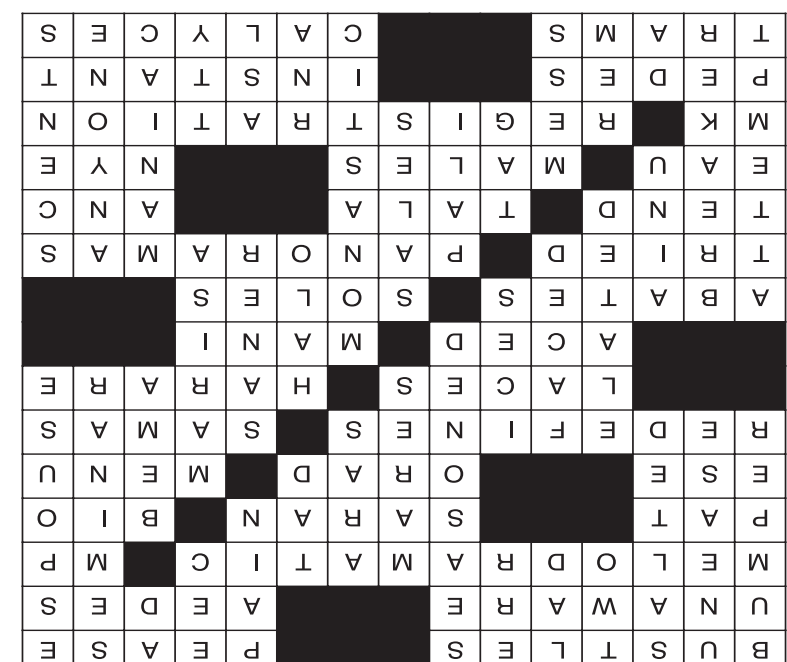
CLUES ACROSS

- 1. Excited movements
8. Soap opera actress Patsy
13. Unknowing
14. Dangerous mosquitos
15. Exaggerated and sensationalized
19. Military policeman
20. Touch softly
21. Wrap
22. A story of one's life
23. Midway between east and southeast
24. Toward the mouth or oral region
25. A list of dishes available at a restaurant
26. Changes the meaning of
30. Semitic Sun god
31. Sneaker parts
32. Capital of Zimbabwe
33. Breezed through
34. Partner to pedi
35. Becomes less intense
38. Bottoms
39. Tested
40. Vistas
44. Take care of
45. Traditional rhythmic pattern
46. S. African political party
47. Cologne
48. Men
49. The Science Guy
50. Gospel author (abbr.)
51. Act of signing up
55. Human feet
57. A very short time
58. Streetcars
59. Cuplike cavities

CLUES DOWN

- 1. A type of pool
2. Malaise
3. Seasoned
4. A pair
5. Young male
6. Make a mistake
7. Experienced
8. It often accompanies injury
9. Old world, new
10. Commercial
11. Course of lectures
12. Promote
16. Female horses
17. Greek mythological figure
18. Small amount
22. Orthodox church altar
25. Actress Tomei
27. Excited
28. Looked directly at
29. Popular cold desserts
30. More reasonable
32. Disk above the head of a saint
34. Devoted to the extreme
35. Make an effort
36. It's in the surf
37. Member of aboriginal people of Japan
38. Discounts
40. Cliff in Hawaii
41. Extremely wild person
42. All persons
43. Aromas
45. Popular kids' game
48. A difficult situation
51. Popular Georgia rockers
52. It's in all living cells
53. Unspoken language
54. 'Talk to you' abbreviation
56. Influential lawyer

PUZZLE SOLUTION



ASTROGRAPH

ARIES - Mar 21/Apr 20
Aries, you will likely be giving much thought to your future and strategies that may increase your financial security. Reach out to your network for advice.
TAURUS - Apr 21/May 21
Taurus, if communication has been difficult in the past, you will find that things change for the better in the days to come. You will gain a deeper understanding of others.
GEMINI - May 22/June 21
Gemini, useful information reaches you this week, which helps you make important decisions about your finances. Use this opportunity to make changes.
CANCER - June 22/July 22
Cancer, a social gathering presents you with an opportunity to meet new friends who may become valued business contacts. Treat every introduction with care.
LEO - July 23/Aug 23
Leo, you may be wondering what the next few months will hold for you. It is impossible to know all the details, but there are strong indications that there is a big change coming.
VIRGO - Aug 24/Sept 22
Career goals may come together even further this week, Virgo. This enables you to move into a position that will not compromise your needs or ideals.
LIBRA - Sept 23/Oct 23
Libra, you want to make a new start but may just need a little push to get you moving. Thankfully, your mind is clear from distractions that normally might derail your plans.
SCORPIO - Oct 24/Nov 22
Scorpio, soul searching is to be expected due to the positioning of the planets this week. Once you figure out your true goals you may be surprised at what you discover.
SAGITTARIUS - Nov 23/Dec 21
Take time out from some of the exciting things that have been happening to you, Sagittarius. Figure out if you're satisfied in your career. You may decide to make changes.
CAPRICORN - Dec 22/Jan 20
A new understanding with others comes from improved communication and more flexibility, Capricorn. Optimism and understanding will spill into all areas of your life.
AQUARIUS - Jan 21/Feb 18
Your mind is on family and those close to you right now, Aquarius. Any decisions you make in the weeks ahead will be focused on the priority people in your life.
PISCES - Feb 19/Mar 20
Information about investments and career potential may come to you soon. Take everything with a grain of salt until you can investigate.
FAMOUS BIRTHDAYS
JUNE 25
Ricky Gervais, Comic (62)
JUNE 26
Aubrey Plaza, Actress (39)
JUNE 27
H.E.R., Singer (26)
JUNE 28
Elon Musk, Entrepreneur (52)
JUNE 29
Camila Mendes, Actress (29)
JUNE 30
Michael Phelps, Athlete (38)
JULY 1
Pamela Anderson, Actress (56)

TUESDAY EVENING JUNE 27, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

WEDNESDAY EVENING JUNE 28, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

THURSDAY EVENING JUNE 29, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

FRIDAY EVENING JUNE 30, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

SATURDAY EVENING JULY 1, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

SUNDAY EVENING JULY 2, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

MONDAY EVENING JULY 3, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

TUESDAY EVENING JULY 4, 2023

Table with columns for time slots (7:00-11:30) and rows for various TV channels (ABC, CBS, NBC, FOX, etc.) and programs.

8 Ways to Make Your Pet Feel Like Part of the Family

FAMILY FEATURES

It's said that pets can be people's best friends, but the relationships between people and their four-legged friends often run even deeper. In fact, many consider pets to be an integral part of their families.

From eating and playing together to matching outfits and more, consider these practical ways to make dogs and cats feel like they're important members of your household so you can become two peas in a pod.

Play Often

Playtime is an easy (and fun) way to bond with pets, whether your furry friends prefer fetch, tug-of-war or any other game that keeps you both active. On top of the emotional benefits, it can help keep them in better physical shape – you might even be able to get a little exercise, too.

Feed Human-Grade Food

Sharing a meal with people is a common way to connect, and that same connection can be made with pets. Feeding them at the same time you sit down for a meal can create a special bond. Though it's tempting to feed them off your plate, consider a human grade food option like Freshly Crafted from Full Moon Pet. Created for pet parents who seek homemade quality ingredients free from additives or preservatives, this fresh frozen food includes 100% human-grade ingredients like real USDA chicken breast and blueberries, meaning it looks, smells and tastes just like food you would cook in your own kitchen while providing complete nutritional benefits pets need to thrive.

With flavors including Homestead Turkey, Ranch-Raised Beef and Free-Range Chicken, these curated meals promote skin and coat health, support immune health and encourage muscle growth.

Set Up a Special Space

Just like humans, pets need a little quiet time now and then. Creating an area they can retreat to with a bed, blankets and favorite toys offers a "safe space" where they can be comfortable. Plus, it's a perfect spot for them to nap when you're away and the house is empty.

Schedule Regular Wellness Visits

The veterinarian's office may not be your furry friend's favorite hangout, but scheduling regular checkups is an important part of owning pets. A balanced, quality diet can reduce trips to the vet to just essential visits – often annually or bi-annually – and help your pets live happy and healthy lives.

Show Affection

Belly rubs, freshly brushed coats and simply spending time together are all effective ways to show pets your affection. Another way to share your love is to reward dogs with their favorite treats like Full Moon Chicken Jerky, which is a high-protein, meaty treat made with few ingredients, including USDA chicken breast, so you can feel good about providing your pets with a treat that tastes good and is good for them.

Take Pets on Vacation

Skip the anxiety of leaving pets behind during your next trip by letting them join in on the fun. Exploring the world together is an exciting way to bond as you can visit new places, find dog parks and discover pet-friendly restaurants. If it's your pet's first road trip, consider a shorter excursion to ensure he or she is comfortable in the car, and make sure to bring all the essentials like food, water, bowls, bedding, toys and medications.



Wear Matching Clothes

When you're dressed to feel your best, you're likely to feel more confident in yourself. Provide that same feeling of satisfaction to pets by dressing them in the same clothes you plan to wear for a walk around the block or a trip to the dog park. Next time there's a family photo session, plan to include furry friends in matching outfits so everyone can be dressed to impress.

Celebrate Special Occasions

Birthdays, "gotcha days" or holidays are perfect moments for celebrating your bond with your pets. Make the day extra special by indulging in favorites like going for a walk, heading to the dog park, gifting a new toy, enjoying specialty treats and more.

To find more ways to bond with your pets, visit FullMoonPet.com.

5 Ways to Treat Your Furry Friends

Celebrate National Pet Month with your pet's favorite toys, treats and activities

FAMILY FEATURES

May is National Pet Month, making it a "purr-fect" time for families to spoil their furry family members. Americans are no strangers to spending money on their pets, though.

In fact, pet parents are taking greater initiative in providing for their pets' health and lifestyle. In 2022, Americans spent \$136 billion on their pets, up more than 10% from 2021, according to the American Pet Products Association.

From pet food to apparel and toys, Walmart Pet can be your one-stop-shop for all your pet parenting needs, offering hundreds of deals, as you celebrate National Pet Month with these fun ideas.

Get Outside

Going for a walk, heading to a dog park or simply running in the backyard can all provide fun, engaging ways for pets to get outside and enjoy some sunshine. Join in on the action with a game of fetch using your pet's favorite ball or toy so you can bond with your furry friend all while getting a little exercise.

Feed Pets Their Favorite Foods

Feeding your dog the best food possible, like fresh food, has become increasingly popular. A veterinary-formulated option like Pure Balance Pro+ has its own fresh dog food and is a healthy and affordable option to keep pups satisfied.

Plan a Play Date

Inviting a friend or family member who has his or her own furry friend gives your pet an opportunity to play with another animal while you enjoy catching up with your own companion. Whether you're in the backyard or at a dog park, it's an out-of-the-norm experience for pets that allows them to socialize, play and make the day feel special. Just toss out a few toys and let them run or, for a more challenging and engaging day of play, set up an obstacle course for them to explore together.



Photos courtesy of Getty Images



Support a Good Cause

If you want to shop for a cause to help other pets while celebrating your own, check out Best Friends Animal Society's line of pet gear, apparel, toys and accessories, exclusively available on Walmart.com. Proceeds support the nonprofit organization and its mission to make every shelter no-kill by 2025. Pet parents can also spread the pet love by using the retailer's Spark Good Round Up at checkout online or in-app to donate to more than 500 pet charities.

Keep Your Pet Healthy and Happy

Keeping pets healthy is the most important thing a pet parent can do. With innovative cat litter options available in the cat aisle, it's easy to get the scoop on your cat's well-being. For example, some lines make keeping track of your cat's health easier with crystals that detect medical issues by changing colors when something is wrong.

To find more ways to treat your furry family members this National Pet Month, visit Walmart.com/PetSupplies.



Summer Learning Camp 2nd graders made shark puppets after learning about sharks last week.



First Community Bank of Shelbyville donated some sweet treats for the Summer Learning Camp staff at each location.

Summer Learning Camp provides fun activities

Submitted photos



Summer Learning Camp rising 4th graders enjoyed learning about the science of freezing while making ice cream as part of their STEM activity.



Ms. Courtney shared interesting facts about her collection of rocks and crystals with Summer Learning Camp 3rd graders as part of their STEM activities.



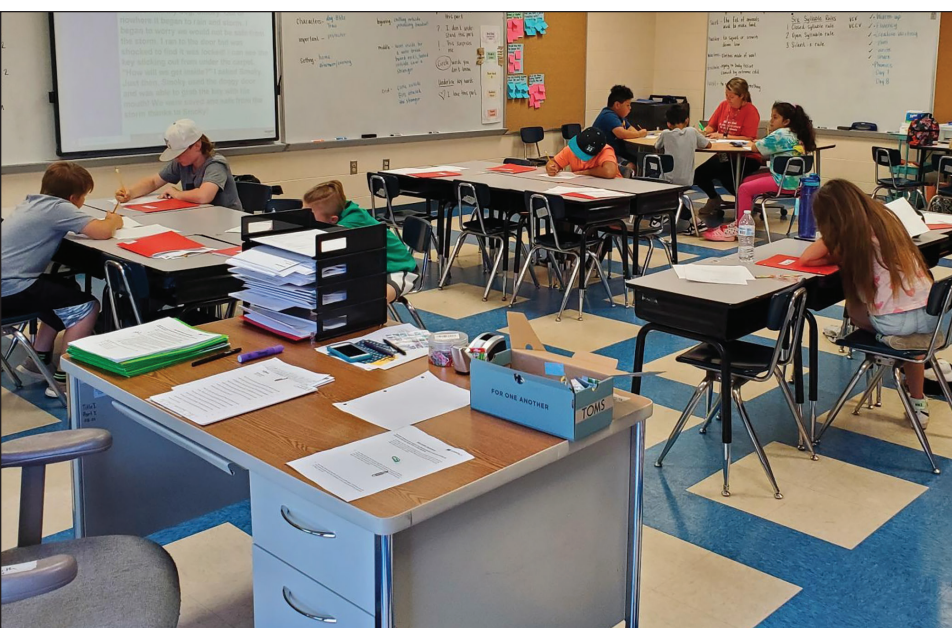
Summer Learning Camp students learned about Newton's Laws of Motion and focused on his third Law, "For every action, there is an equal and opposite reaction." They experimented with different ways to make their rockets go the farthest.



The program provides high-dosage/low-ratio tutoring to students.



Recently the Tennessee Department of Education visited Community Elementary to view their TNALL Corps program. Kayla Rhodes and Shauna Phillips represented Bedford County Schools.



Summer Camp Learning rising 4th graders worked on their creative writing prompt, decoding words, and shark dioramas.



Bedford County Schools Social Worker Aricindy Castillo taught Summer Learning Camp students about kindness and friendship.