

T^{SHELBYVILLE} TIMES-GAZETTE

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Thursday, February 1, 2024

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Local opioid board praised for organization

By DAWN HANKINS

Large pharmaceutical companies and pharmacies will lose millions in the national opioid abuse lawsuit. Bedford County comes out a winner by receiving a portion of the settlement funds, which will be distributed to local groups in need.

As part of this national lawsuit, Bedford County will be receiving funds, along with other counties, over the next 18 years. Part of the settlement requirements is that a local board will be appointed to oversee the distribution of funds.

The local Opioid Settlement Board held its first meeting on

Monday. Fredia Lusk, executive director of the local Community Clinic, is chair.

Board members also in attendance Monday were: educator Mark Potts, Commissioner Janice Brothers and Yesenia Garcia, UT family and community services and local health council. Advising the board will be Trevor Henderson, a UT substance use response consultant.

Henderson works with the UT SMART initiative- a focus program providing consultants for west, middle and east Tennessee. This is in part to help communities with structuring the opioid settlement dollars.

‘We really need to get to the most vulnerable because people are dying at such shocking rates across the state.’

- Trevor Henderson, UT Institute for Public Service

“My job is to be a free service and to assist you in any way I can,” said Henderson. “I’m here to share with you what I’m learning from other communities.”

Henderson grew up in Northern Ireland and has been living in Tennessee for the past 20 years. He has a broad professional background

from working in construction to supporting victims of violent crime, HIV and other public health issues.

Most recently, the consultant has been working on the opioid/overdose crisis as director of the Metro Nashville Public Health Depart-

See OPIOID BOARD, 2A



TREVOR HENDERSON, UT CONSULTANT

Local artist Clover Honey paints small town joy



T-G Photo by Dawn Hankins

Unionville artist Clover Honey assists art student Jessica Friedmann with an open oil painting. Pictured in the background is student Kinsleigh Blackburn.

By DAWN HANKINS

This is part I of III in a series about a local art collective that is adding a cultural presence to this community, one painting at a time.

Local artist Clover Honey says she’s a small-town artist that loves capturing the magic of the



SWEET SMELL OF LAVENDER - The painting of the lavender is called “Lavender Sunset” and was inspired from artist Clover Honey’s front yard in Unionville.

everyday ordinary. That might just include a dish cloth hanging on a kitchen faucet.

But most people who have seen or purchased her art work know that the painting of that kitchen scene will become so much lighter and brighter with each brush stroke made by Clover.

The artist adds, “I like to paint the everyday, really strong lights and shadows. If it is not bright and sunny, when I paint it, then it is going to look bright and sunny. So, I can put the lights and shadows in. That’s the fun part.”

A self-taught artist from Unionville, when she isn’t teaching classes, she paints from home. She finds her art to be a reflection of the joy she finds within small town America.

Clover paints an array of subjects from animals to abstract if the notion strikes. “I’m working toward perfecting my portraiture skills so I can capture the people of everyday life as well as the places.”

Locally, Clover is also sharing her talents as an artist with others in the community through art instruction and events within the Bedford County Arts Collective.

“I think there is a level of instruction that you get in person . . . online is not the same. It’s not the same as what you can get coming into a room full of artists where everyone is vibing and buzzing off one another.”

In her oil painting classes, which are currently held at the Ag Center, no brush strokes are wrong, she notes. She is working with students to simplify their painting techniques.

“That’s the beautiful thing about coming to class,” she notes, “everybody gets the same materials, the same drawing to start off with and the

See LOCAL ARTIST, 12A

Council hears presentations on beautification and muck

By DAWN HANKINS

Shelbyville City Council’s study session Tuesday night was filled with presentations that might be best categorized as “beauty” and “the beast.”

The Beauty
Matt Taylor and members of the design team from Studio 8 in Nashville walked Council through what a concept of a total reimagining of Spring Street on the public square down to the Duck River.

Taylor said his design team has worked for several months on the Riverview concept. This name can potentially change, he advised Council.

“We are looking to create a place that is not only big for events but also big for Tuesday and Wednesday afternoons with local business people and tourists . . .”

Taylor said it will be a place for people to enjoy in Shelbyville, no doubt. He said his design team has also been working in cooperation with public square merchants, who he said are “excited” about the new concept.

This was just a vision-one which does not include technical aspects at this time. He said his presentation was just a “big picture dream” of what could happen down Spring Street.

Some public square merchants were in attendance at the meeting.

While there was no discussion on the designs presented Tuesday night, Council likely couldn’t help but think some of the eye-sore buildings (those they’ve discussed for years) and how they might be upgraded with a design of grandeur right on the Duck River. (See

image of proposed design concept.)

With walkways, pavilions and areas right near the water for the community’s enjoyment, the designs were made with beautification in mind.

The design team said their concept is to have the area bright with lots of good lighting which will be aesthetically pleasing but also good for safety measures. Walk ways will be paved well, the designers said, making sure are access areas are ADA compliant.

Decorative signs shown were reminiscent of those on lower Broad in Nashville and architecture reminiscent of Bourbon Street in Louisiana.

This design to enhance tourism around the Duck River has been discussed by the Council members for several years now. But now, it’s all on the table now before Council

See COUNCIL, 4A



T-G Photo by Dawn Hankins

Matt Taylor of Studio 8 discusses a potential beautification project for South Spring Street off the town square with Council on Tuesday.



Pictured L-R: County Commissioner, Scott Johnson (District 5); John Rowland, United Communications; County Commissioner, Greg Vick (District 2); County Commissioner, Linda Yockey (District 5); Flat Creek Fire Chief, Tripp Kingree; County Commissioner, Sylvia Pinson (District 7); Bedford County Fire Chief, Mark Thomas; Assistant Fire Chief, Brian Cantrell; Bedford County IT Director, Josh Carney; County Firefighter, Jonathan Pearson; Connect Bedford Broadband Committee Co-Chair, Tracey Strassner; United Communications Chief Operating Officer, Josh Lynch; United Communications, Joseph Benderman, and Brayden Jones. Photo credit: United Communications.

Middle Tennessee fire stations receiving free internet service through Project UNITE

United Communications has joined local first responders to celebrate the completion of a free fiber service installation project at the Flat Creek Volunteer Fire Department headquarters in Shelbyville, where firefighters and support staff now have fast, reliable internet connec-

tions to assist their efforts in keeping their community safe. United Communications, a local internet provider celebrating its 77th year serving Middle Tennessee, has provided free fiber internet installations and service to a to-

See FIBER, 2A



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VERY SUCCESSFUL WINE WALK



Submitted Photo

Participating public square merchants recently presented to Margaret Petty, director of Shelbyville-Bedford County Public Library, the \$4,200 that was raised during the Wine Walk held on Dec. 8. Linda Brown says this is the most the group has ever raised! The group surpassed last year's total by \$200. Before 2022, they've usually donated about \$2,000. Participants said the weather was perfect and the turnout was amazing

THE ISSUE

The Voice of the Local People

What giveth thou, Duksan?

By DAWN HANKINS

This week, in The Issue, we are going to examine what Duksan Electera, America, Inc. promises to bring to Shelbyville. The people can certainly make up their own minds if this company will benefit this area.

We've presented what we know or can research.

Duksan Electera, a South Korean chemicals manufacturer, is investing in its first North American manufacturing plant for the production of several product lines of electrolyte solution for lithium-ion electrolytic cells.

Gresham Smith of Nashville was selected to act as the program manager for the project as well as provide full architecture and engineering design services.

The facility will be a combination of office and industrial space, where raw, liquid and powder chemicals will be mixed for distribution.

No matter what, at this point, Duksan Electera will soon open in Shelbyville. Silos, as they're being called, are up.

The residents in that area will likely have to, well, suck it up. That is, whatever comes out of that plant into the environment.

The plant was designed for 220,000 square feet of building area and 50,000 square feet of outdoor tank storage.

The main production building consists of raw material storage including refrigerated storage areas, mixing/production activities, finished product storage and the associated material/product testing.

I'll never forget the day I heard one pretty prominent person in this town say, "Can you believe they're bringing a battery chemical plant to Bedford County?"

Then, I start seeing the voice of the people being dismissed. So, here is what we know from official reports and documents.

The facility will also include a two-story Class-A office to support business and plant activities. Due to the sensitive nature of the raw materials and liquid electrolyte product, strict environmental control is required in designated areas including dry room, ISO 6 clean room, refrigerated warehouse, and raw product storage and moisture removal areas, according to TDEC.

In addition, because of the chemicals present in the facility, enhanced fire protection measures have been implemented to deliver a facility compliant with the various governing codes, the state reveals.

The company promises to employ 100 people in Bedford County. That has been the PR slogan since the project was announced by the state a little over a year ago to the public.

A local source, who wished to remain anonymous, tells the T-G that the local, unemployed should not get too excited. Those Duksan jobs are probably going to be phased in over the next 5 years. Also, this source reveals that many of those 100 "new jobs" will most likely include Duksan's own internal staff-everyone from drivers to security.

It is my fervent prayer that at least 100 Bedford County residents will benefit from

jobs, if they want them.

Time will tell.

So, what about the initial investment coming to Bedford County?

Duksan Electera America Inc. officials and Gov. Bill Lee have announced the company will invest \$95 million to locate its first North American factory in Shelbyville.

As an electrolyte manufacturer for the electric vehicle battery industry, Duksan Electera's expansion to Tennessee will position the company to be geographically closer to its core customer base-the electric automotive industry.

As a result, the Shelbyville location could supply roughly 60,000 tons of electrolytes to battery makers in the southeastern U.S., finance groups report.

Shelbyville-Bedford County Industrial Development Board approved a PILOT (Payment-in-Lieu-of-Tax) program for the facility in 2022.

This means Duksan Electera will be free from property taxes for the first 7 years. The following year, it picks up on the tax rolls and once it reaches year 14, it's fully on the tax rolls.

This means there are certain legal ramifications the company must also adhere to, that is, to avoid tax abatement.

As for the environment, under the provisions of its state permit, Duksan is by law to protect through its operations the threatened and endangered species of Bedford County.

The receiving stream for the construction site for which the Notice of Intent (NOI) was submitted has Federal or State listed threatened and endangered species in the area, or downstream of the project.

Stormwater discharges and stormwater discharge-related activities that are not protective of legally protected listed or proposed threatened or endangered aquatic fauna in the receiving stream(s); or discharges or activities that would result in a 'take' of a Federally listed endangered or threatened fish or wildlife species are not authorized by the General Permit.

If the division [TDEC] finds that stormwater discharges or stormwater related activities are likely to result in any of the above effects, the division will deny the coverage under this general permit unless and until project plans are changed to protect the listed species. In addition, discharges from the Duksan construction site that result in harm to such species may incur additional fines and penalties from the US Fish and Wildlife Service and/or the Tennessee Wildlife Resources Agency.

So, there it is. We have informed the people with what public information we could find.

It is hoped that this project will indeed benefit the people-the many life-long and new residents to come. That is my fervent prayer.

I'll end this ISSUE with a quote from Lady Bird Johnson, who once said, "The environment is where we all meet; where all have a mutual interest; it is the one thing all of us share."



Love, candy and a Psalm

By DAWN HANKINS

Coming soon is the week of Love-one filled with flowers, candy and kisses. So, what does the Bible say about "love?"

It's the core principle, actually. Here are just a few examples found in scripture.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

1 Corinthians 13:4-5
Let the morning bring me word of your unending love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.

Psalm 143:8
Biblical principles for love go much deeper than just romantic love. (John 3:16-17) Who doesn't love Valentine's Day?

But truthfully, our love for our fellow man should run much deeper than it is going most days in this world.

Pastor A.W. Tozer said, "God loves you, not because you are worthy, but because He is God and you are a fixture in His mind." God loves us.

So, enjoy sweethearts' day. Savor each moment. We are commanded to love one another.

I get a little tired of reading the police reports where couples have been slapping each other around. Try a little kindness, folks.

Let's challenge everyone on Valentine's Day to be kind and maybe find a worthy charity. Make a positive difference in someone's life.

Christian author Rick Warren once said, "It's not what you do but how much love you put into it that matters."

Speaking of kisses, do you have a sweet kiss picture from your wedding? Or perhaps, a funny cake in the face wedding photo? If so, email them to tgnews. We will feature them in the Feb. 8 edition. Please include names, dates, etc., photographer credit, if necessary.

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USPS PE 492660

Apex Media, LLC

409 Elm St. • Shelbyville, Tenn. 37162

Copyright 2024. Shelbyville Times-Gazette (USPS 492-660) is published weekly on Thursday by Apex Media LLC, 409 Elm St., Shelbyville, TN 37162.

Periodical postage paid at Shelbyville, TN 37162. POSTMASTER: Send Address Changes to Apex Media, LLC, 9721 Sherrill Blvd. Knoxville, TN 37932.

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COUNCIL

From page 1



T-G Photo by Dawn Hankins

The City of Shelbyville is considering making the City cemeteries part of a separate department. This recommendation was made by City Manager Scott Collins on Tuesday during Council study session.

in a brighter light, as slides demonstrated Tuesday night.

The designers said the driver of the Riverview plan is the north to south access that the Spring Street district would operate on. A focal point would be an overlook structure at the Duck River.

"It's really about that experience and the journey, getting from the square down to the river and back. So, we thought a lot about movement and how people are going to get around through areas on the street."

The current design features more parking space at the Fly Arts building off South Main Street. Taylor said it is really an inclusive, open, concept for the community. "The street comes down and terminates at this new circular open pavilion, sort of the anchor of the street. It's the destination of the Riverview district."

The price of this package was not discussed on Tuesday evening. Designers said they look forward to moving into the next phase on this concept with Council.

Council member Marilyn Ewing asked those merchants, business owners, who were present if they were in agreement with what has been presented thus far. There were no objections.

"It's really critical that this is not just a street that happens (ignoring what's going on either side)," said Taylor. "So, we work very closely together so that anything we do

or talk about supports their investments."

City Manager Scott Collins advised Council that everyone in the City from merchants to the fire department have been so very cooperative during this design process.

Mayor Randy Carroll complimented the team's design. Treasurer

Kay Parker added, "We've not even had to pay them yet."

Another "beauty" to this Council agenda, which will be voted upon during regular meeting 6 p.m., Thursday, Feb. 8, was the treasurer's report. Parker told Council that the City is still financially in the black, which means payroll will be met and City bills paid.

The Beast

Consulting engineer Will Owen made a report to Shelbyville City Council last night in regards to the North Brittain Street drainage project. This project might be best described as the "beast" and is once again on the Council agenda.

The North Brittain Street drainage has been on-going for a couple of years now and started as a means to upgrade the City's flume entry point.

What was listed on the agenda as a change order turned out to be a presentation by Owen of the total projected cost of the North Brittain drainage project.

Owen said in an effort to simplify everyone's lives, his team and City Manager Scott Collins discussed that it was

probably best to go ahead and request the total amount of the project, not just what's been uncovered to date.

"Our hope is that we will not have to be before you again, asking for additional funding," said Owen.

One building on the corner of that project will not, as believed earlier, be demolished. This could complicate the project some, Owen said.

Council member Bobby Turnbow, who is late to the table with this project as he's only been in office about a year, asked the engineer why the City is even involved in this project.

Owen explained that the structure which was under North Brittain Street collapsed about 2 years ago. The street which runs beside Koffee Beanz had to be closed.

"In the course of investigating that failure of that old structure, it was recognized that the remainder from where it collapsed, to where it ties into the flume area, was in similar condition to the failed. So, the City decided they wanted to pursue replacement of that entire structure as a result of its age and condition."

Turnbow then asked the engineer the bottom line-to-total cost. He said the project began at \$750,000.

"The intention, the expectation is, that after this change order, we will be [at] \$916,150 . . . targeted to be the final number, in that ballpark," advised Owen.



This is just one design concept presented to Council during study session on Tuesday. The goal is to have proper sidewalks and beautify the downtown Duck River area.

Turnbow asked, "So we're a quarter million dollars over, basically?"

"Correct," answered the engineer, noting that amount is still within the second lowest bid, \$1.2 million, received for the project.

Council member Henry Feldhaus asked when the original award was released for this project. Noting it's been a while, he said as it has been said before, there's no one working on the job.

"They have had periods of limited productivity, yes," said Owen.

Feldhaus added, "It's a tough pill to swallow. You don't see them making progress and all of a sudden, we're coming back, making excuses. This kind of number . . . \$740,000, we haven't even gotten, in my estimation, a fourth of the project started, done."

Feldhaus asked about some additional concrete charges. Owen explained the additional concrete was due to the project going from a three-sided structure to four-sided structure.

"It was a three-sided structure so it had strict footers . . . based on what was discovered of the material of the subgrade, we made an extension of the transition, four-sided, because it would be cheaper to continue with a four-sided structure than to over estimate another 4 feet of

additional of subgrade to get that bad material out." Owen said what was discovered in the failed area was that the floor was bad.

During excavation, it was discovered there was a lot of muck and sediment, which is not ideal for construction.

**NOTICE
TONDALY KARISSA WALKER:**

The State of Tennessee, Department of Children's Services, has filed a petition against you seeking to terminate forever your parental rights to Magnum Leon Walker, DOB: 10/06/2021. It appears that ordinary process of law cannot be served upon you because your whereabouts are unknown. You are hereby ORDERED to serve upon Elizabeth Spurbeck, Associate Counsel, State of Tennessee, Department of Children's Services, 1400 College Park Drive, Columbia, TN 38401, an Answer to the Petition for Termination of Parental Rights filed by the Tennessee Department of Children Services, within thirty (30) days of the last day of publication of this notice. If you fail to do so, a default judgment will be taken against you pursuant to Rule 55 of the Tenn. R. of Civ. P. for the relief demanded in the Petition. You may view and obtain a copy of the Petition and any other subsequently filed legal documents at the Clerk and Master's Office, Shelbyville, Tennessee. ENTER this the 11th day of December, 2023.

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How nutritional needs change with age

Healthy eating is important at any age and can set the course for a life of vitality and wellness. Sufficient nutrition can help prevent chronic illnesses and make sure that growing bodies develop properly. As one ages, various changes take place in the body, making healthy eating even more essential. According to Healthline, nutritional deficiencies can affect aging individuals, which can decrease quality of life and lead to poor health outcomes. Individuals should pay attention to their vitamin and mineral intake at various ages so they do not miss out on important nutrients. As a person ages, here are some approaches to consider:
 Y Consume fewer calories: According to Connie Bales, PhD, RD, associate director of the Geriatric Research,

Education, and Clinical Center at Durham VA Medical Center, people need fewer calories every decade. That's because individuals are moving around less and have less muscle. This causes a decline in metabolic rate.
 Y Include more nutrient-dense foods: Even though caloric needs go down with age, it's important to pack as much nutrition into the calories a person does consume. That means finding nutrient-rich foods like whole grains, fruits, nuts, beans, vegetables, fish, and lean cuts of meat.
 Y Consume more lean protein: Muscle loss and loss of strength can develop as a person ages. Healthline says the average adult loses 3 to 8 percent of their muscle mass each decade after age 30. Eating more protein could help aging

bodies maintain muscle.
 Y Eat fortified cereals and grains: The ability to absorb vitamin B12 can decrease as one gets older and with the use of certain medicines. Many health professionals recommend patients get more vitamin B12 by consuming foods enriched with this vitamin. Vitamin supplements may be needed in addition to food.
 Y Drink more fluids: Health.com says sensation of thirst declines with age. Drinking water and other fluids becomes a priority to stay hydrated. It also helps with digestion.
 Y Prioritize bone health: Osteoporosis is a concern for older adults, particularly women who have reached menopause. Osteoporosis occurs when bones become brittle and can break from only the slightest bump or

fall, says the Mayo Clinic. Vitamin D and calcium help strengthen bones, and older adults may need more of these nutrients. Individuals should speak with their health care providers and nutritionists for further insight into their changing nutritional needs. Such professionals can help customize diets to address specific health concerns.



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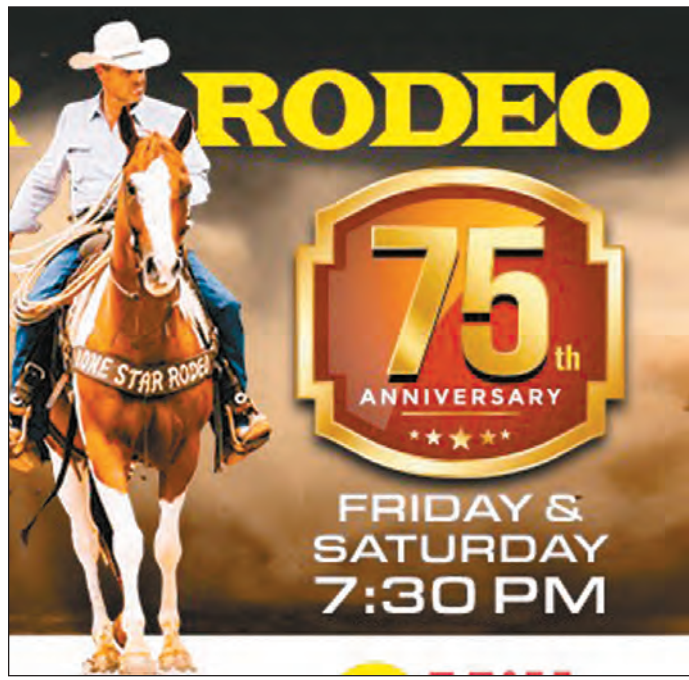
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LONE STAR NATIONAL FINALS - Shelbyville, Tennessee

34th ANNUAL RODEO AT THE COOPER STEEL ARENA



FEBRUARY 2 & 3, 2024
COOPER STEEL ARENA
721 WHITTHORNE STREET
 Lone Star National Finals
 Friday February 2nd Eagleville Implement Night
 Saturday February 3rd Russell Barnett Dodge Night
 Performances: 7:30PM CST Gates open at 5:30PM
 KID Events start at 7PM each night!
Watch the best of the best
perform for year end titles
for the 2023 Rodeo Season!

TICKET PRICES

Adult \$20
 Children \$10 (Ages 4-12) Ages 3 & Under are Free
 Tickets bought online or over the phone have a \$2 processing fee
 Visa, Mastercard and Discover Accepted
 May buy online or purchase at the Door each night
 By Pre-purchasing tickets and choosing "Print at Home" option you can ensure a safe contactless entry for you and your family.
Contest Events: Bareback Bronc Riding, Saddle Bronc Riding, Calf Roping, Cowgirl's Breakaway Roping, Steer Wrestling, Team Roping, Cowgirl's Barrel Racing, & Bull Riding
Special Added Attractions:
 Kids Gold Rush 10 & under
 Free Best Dressed Cowboy & Cowgirls Contest 10 & under
 Hilarious Rodeo Clown Mighty Mike Wentworth
Sponsors: Eagleville Implement, Russell Barnett Dodge, The Celebration, First Community Bank, Hiller Plumbing Heating Cooling & Electrical, Kineticvet

Things to remember when filing 2023 tax returns

WASHINGTON —The Internal Revenue Service today offered a checklist to help taxpayers as they prepare to file their 2023 tax returns during filing season.

These six easy tips will help make tax preparation smoother in 2024. Much of this information is also available on a special IRS.gov free help page:

1. Gather all necessary tax paperwork and records for accuracy to avoid missing a deduction or credit. Taxpayers should have all their important and necessary documents before preparing their return. This will help file a complete and accurate tax return. Errors and omissions slow down tax processing, including refund times.

Before beginning, taxpayers should have:

Social Security numbers for everyone listed on the tax return.

Bank account and routing numbers.

Various tax forms such as W-2s, 1099s, 1098s and other income documents or records of digital asset transactions.

Form 1095-A, Health Insurance Marketplace statement.

Any IRS letters citing an amount received for a certain tax deduction or credit.

2. Remember to report all types of income on the tax return. This is important to avoid receiving a notice or a bill from the IRS. Don't forget to include income from:

Goods created and sold on online platforms.

Investment income.

Part-time or seasonal work.

Self-employment or other business activities.

Services provided through mobile apps.

3. Filing electronically with direct deposit is the fastest way to receive a refund. Avoid paper returns. Tax software helps individuals avoid mistakes by doing the math. It guides people through each section of their tax return using a question-and-answer format.

For those waiting on their 2022 tax return to be processed, here's a special tip to ensure their 2023 tax return is accepted by the IRS for processing. Make sure to enter \$0 (zero dollars) for last year's adjusted gross income (AGI) on the 2023 tax return. Everyone else should enter their prior year's AGI from last year's return.

4. Free resources are available to help eligible taxpayers file online. Free help may also be available to qualified taxpayers. IRS Free File provides a free online alternative to filing a paper tax return. IRS Free File is available to any individual or family who earned \$79,000 or less in 2023.

With IRS Free File, leading tax software providers make their online products available for free as part of a 21-year partnership with the IRS. This year, there are eight products in English and one in Spanish. Taxpayers must access these products through the IRS website.

People who make over \$79,000 can use the IRS' Free File Fillable Forms. These are the electronic version of IRS paper forms. This product is best for people who are comfortable preparing their own taxes. Qualified taxpayers can

also find free one-on-one tax preparation help around the nation through the Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs.

5. Consider which filing option to use; each one has its own benefits. Taxpayers should decide based on their personal situation and comfort level with tax preparation.

Personally file taxes.
 Use online filing services.

Hire a tax professional. Choose a tax professional carefully. Most tax return preparers are professional, honest and provide excellent service to their clients. However, dishonest tax return preparers who file false income tax returns do exist. The IRS has a Directory of Federal Tax Return Preparers with Credentials and Select Qualifications and more on choosing a tax pro on IRS.gov.

6. Don't wait on hold

when calling the IRS. Use online resources at IRS.gov to get answers to tax questions or pay taxes. There's no wait time or appointment needed — online tools and resources are available 24 hours a day. The IRS' Interactive Tax Assistant tool and Let Us Help You resources are especially helpful.

Stay updated. Additionally, the IRS suggests taxpayers stay up to date on important tax information online by:

Following the IRS' official social media accounts and email subscription lists to stay current on the latest tax topics and alerts.

Downloading the IRS-2Go mobile app, watching IRS YouTube videos or following the IRS on X, Facebook, LinkedIn and Instagram for the latest updates on tax changes, scam alerts, initiatives, products and services.

T-G Community Calendar ~ FEBRUARY IS HEART MONTH

Shelbyville-Bedford County Public Library events

Author Talk/Book Signing with Fredia Lusk (Saturday, Feb. 3, at 10 a.m.): Hear from local author Fredia Lusk about her book, "African Americans Living in Bedford County from 1820 to 2020." Over the course of three years, Fredia Lusk researched local African American history in Bedford County from historical archives.

Chess Club (Tuesday, Feb. 6 at 2-4 p.m.): All Skill levels and Ages are welcome for Chess Club! Please bring your own chess board if possible.

Afternoon LEGO Club (Tuesday, Feb. 6 at 3:30 p.m.): Come play with LEGOs and conquer challenges with your friends!

Morning Storytime (Ages 0 to 6) - Wednesday, Feb. 7, at 10:30 a.m.: Interactive story times introduce young children to reading, music, and language with stories, songs, and activities.

Community Craft

DIY Valentines (All Ages) - Thursday, Feb. 8, from 2:30 to 4:30 PM: Give your valentines a handmade touch at February's Community Craft! All ages are welcome to stop by the library any time between 2:30 and 4:30 p.m. to participate in crafting. All craft materials will be provided. This event is completely free to attend!

LEGO Club (Saturday, February 10th at 10 AM): Come play with LEGOs and conquer challenges with your friends!

Crochet Club (All Ages) - Thursdays at 5 p.m.: Whether you are a beginner or an expert at crochet, everyone is welcome to join and learn from experienced instructor Becky Gibbons! Absolute beginners can work with some supplies provided, and Intermediate/Experts can bring in their projects from home or work on a pattern provided by the instructor!

Teen D&D/RPG Club - Saturdays at 1 p.m.: The club is focused on playing tabletop role-playing games, where each per-



son creates their own character to be part of a larger story. Whether you are new or an expert, this club is for you!

Church News

Pastor Abe Zimmerman's sermon at Shelbyville First United Methodist Church this week will be: "Welcomed at the King's Table" from 2 Samuel 9:7-13. In-person worship is at 10 a.m. Sunday or by livestream on Facebook. FUMC-Shelbyville also broadcasts on WLLJ 98.7 FM and 1580 AM.

City Council Meeting

Shelbyville City Council will meet in regular session 6 p.m. Thursday, Feb. 8, at the Planning office on South Cannon (former Chamber of Commerce building.)

State awards statewide electric vehicle charging stations

Federal funding pays for stations

Nashville, Tenn. — Tennessee Department of Transportation (TDOT) in cooperation with the

Tennessee Department of Environment and Conservation (TDEC) has awarded \$21 million in

federal funds for electric vehicle (EV) fast-charging stations across the state.

Thirty-one EV fast charging locations are needed to fill gaps along the state's designated Alternative Fuel Corridors (AFC) which include Tennessee's two-digit interstate routes and US 64. The Tennessee Electric

Vehicle Infrastructure (TEVI) Deployment Plan details how with federal funding the state will install

EV charging infrastructure and support the establishment of an interconnected EV network across

the nation. "Tennessee has been home to the automotive industry since the 1980s and those automakers are

growing electric vehicle manufacturing," said TDOT Commissioner Butch Eley.

"With these federal dollars, Tennessee is investing in its future and paving the way to lead the

nation as an EV epicenter. We want to ensure that drivers in any vehicle can safely get across the

state from Mountain City to Memphis."

Federal funding through the National Electric Vehicle Infrastructure (NEVI) Program allocated \$88

million for Tennessee over five years (Fiscal Years 2022-2026). TDOT and TDEC, developed a Notice

of Funding Opportunity (NOFO) to solicit applications for the grant funding. 167 applications were

received from 23 different applicants, comprised of both public and private entities. Ten of those

applicants will be awarded contracts to establish 30 new charging locations throughout the state.

These awardees will purchase, install, own, operate, maintain, and report on the program-funded

EV charging infrastructure.

In Tennessee, federal investments made possible by the Bipartisan Infrastructure

Law are deploying EV chargers and building out a national network of EV chargers that is convenient,

reliable, and made in America," said Federal Highway Administrator Shailen Bhatt.

This announcement builds on the Administration's promise to deliver a national network of 500,000 publicly available EV chargers by 2030.

The vision, shared by TDOT and TDEC, is to develop a safe, convenient, accessible, reliable, and equitable EV charging network that promotes economic vitality and environmental stewardship.

"Maintaining a clean environment is critical to Tennessee's continued economic success," said TDEC

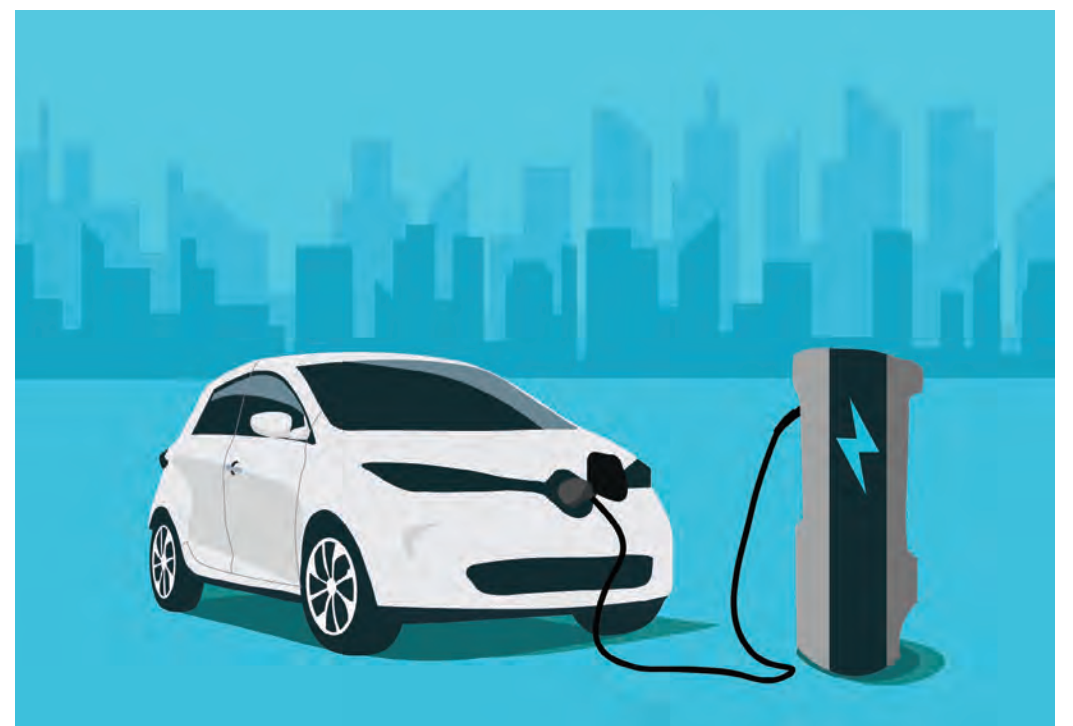
Commissioner David Salyers. "We are pleased to join TDOT in making the most of this opportunity

and we look forward to how it will benefit Tennessee's environment and its citizens."

The NEVI formula funding requires a match of at least 20 percent of the federal funds. For this

round of awards totaling over \$31 million, private funding accounts for 32%, more than \$10 million

in private funding for EV charging stations in Tennessee. Other requirements in-



clude EV charging stations being located every 50 miles along the federally designated AFCs, within one-mile travel

distance from the corridor, and having a minimum of four charging ports per location.

"Tennessee has shown true leadership in state agency coordination between TDOT and TDEC, sharing expertise and

building a strong foundation for the state's EV charging network," said

Executive Director of the Joint Office of Energy and Transportation, Gabe Klein. "The Joint Office is

proud to provide technical support to ensure these 30 fast charging locations provide a frictionless

experience for users." Over the next year, TDOT will be working with the con-

tracted awardees and hopes to have stations

on the ground within two years. For more information about TEVI including the map of EV charging

station locations and a list of the selected awards visit <https://www.tn.gov/tdot/>

long-range-planning-home/air-quality-planning/tennessee-electric-vehicle-infrastructure-tevi.html.

Crossword

- CLUES ACROSS**
- One point south of due east
 - Coagulated blood
 - Fortifying ditch
 - Devotee of Hinduism
 - Trunk of a tree
 - Bank note
 - Capital of Guam
 - Study again
 - Covered with hoarfrost
 - Opening
 - Legendary Rolling Stone
 - Stray
 - Computer storing system
 - Signal
 - Pitching statistic
 - Human being
 - Malaysian isthmus
 - The "Blonde Bombshell"
 - A gland
 - Bluish greens
 - Endangered
 - Three-dimensional
 - In a way, precipitated
 - God associated with dissolution
 - Blemished
 - Flow or leak slowly
 - Disco legends The Bee
 - Midway between south and southeast

- CLUES DOWN**
- A way to board
 - Get down
 - Highly seasoned sausage
 - First day of month
 - Eurasian shrubs
 - The organ that bears the ovules of a flower
 - Small lake
 - Belief
 - Sunrooms
 - Metric weight unit
 - Vasopressin
 - Bravo! Bravo! Bravo!
 - One-time family room staple
 - Got back together
 - Anger
 - Sang merrily
 - Sea eagle
 - Military men
 - Kilo yard (abbr.)
 - Found in the sea
 - Protects from weather
 - Type of medicine
 - City along the Rhine
 - Animal disease
 - Martini ingredients
 - Get away
 - Lack of disunity
 - One-time European Commission officer

1	2	3				4	5	6	7			
8			9			10						
11						12						
13				14		15						
16						17						
18					19	20						
				21			22					
			23				24					
		25				26						
	27				28			29	30	31	32	33
		34						35				
36								37				
38									39			
40									41			
42										43		

Horoscopes

ARIES - Mar 21/Apr 20
There is a new person in your life who may become a source of inspiration, Aries. It's a new year and you are ready for all the novel experiences you can encounter.

TAURUS - Apr 21/May 21
Taurus, you could be feeling more grounded in your personal life than you have in some time. The people you surround yourself with accept and love you unconditionally.

GEMINI - May 22/June 21
Gemini, if a suggestion goes against your instincts this week, give it careful consideration nonetheless. This person may have some good ideas that you may not have thought of.

CANCER - June 22/July 22
Cancer, you tend to be good about not letting work life bleed into your personal affairs. However, this week you may need to have some carryover to accomplish all that lies ahead.

LEO - July 23/Aug 23
Some good news may arrive this week that will put you on cloud nine, Leo. Just don't let this enthusiasm distract you from getting all of your business wrapped up on time.

VIRGO - Aug 24/Sept 22
A charming person may come into your life this week, Virgo. At first he or she may be a whirlwind and confuse you for some time. Eventually, you may catch on and go with the flow.

LIBRA - Sept 23/Oct 23
Libra, use whatever opportunities you have to speak to older family members and jot down the memories they have. Time is fleeting and you want to learn all you can.

SCORPIO - Oct 24/Nov 22
Surround yourself with people who bring positivity into your life, Scorpio. It is alright to take inventory and distance yourself from others who do not generate positive vibes.

SAGITTARIUS - Nov 23/Dec 21
People who believe they have a lot of power are going to be all around you this week, Sagittarius. Don't fall prey to any intimidation tactics. Continue to do your own thing.

CAPRICORN - Dec 22/Jan 20
Dreams have been entertaining and awfully vivid lately, Capricorn. But you can't put too much stock in them. They may simply be your subconscious mind trying to work through things.

AQUARIUS - Jan 21/Feb 18
Express gratitude when you are gifted something both thoughtful and expensive, Aquarius. This is something you have had your eye on for some time but never purchased yourself.

PISCES - Feb 19/Mar 20
You're likely to be very busy soon enough, Pisces. Some loud and busy people may come into your life in the next few days. It may prove hard to find a quiet moment afterwards.

FAMOUS BIRTHDAYS
FEBRUARY 4
Clint Black, Singer (62)
FEBRUARY 5
Cristiano Ronaldo, Athlete (39)
FEBRUARY 6
Alice Eve, Actress (42)
FEBRUARY 7
Chris Rock, Comic (59)
FEBRUARY 8
Jaden Hossler, Singer (23)
FEBRUARY 9
Tom Hiddleston, Actor (43)
FEBRUARY 10
Emma Roberts, Actress (33)
 Bailey Zimmerman, Singer (24)

HOT BREAKFAST WORD SEARCH

B H P M S S S F T E A L L L S Y Y F C G
 N C B E N T E R L B K S N E T C E T U P
 E A H F I D B I N N N O S G I I L S L Y
 V W R R F T S E D P E A R A U I A A V N
 O P G T F D S D V P O O H B C O E O R S
 C G L K U E M I L A S E L A S L R T B P
 I T D O M H T S A O T K N M I Y E H Y F
 N S N G I C A U C D E D U D B A C C K D
 I C C G O A N I F F U M H S I L G N E L
 M I T R E O K A S M E F O P E H O E A M
 T I E D A P C E K U K A K C G T U R Y O
 H S R O L M K D T B T F S M E N P F K R
 A M A D S A B E V M G E H Y S A U C K N
 S B F F C E S L E W O T G V H S T M M I
 H A R N K L P A E T A U I A Y S H S Y N
 T P A U I A L E A D T F P R Y I D T C G
 R P D K N V E T R K R H F G O O G A W E
 U A C B F C O R B C T V C L T R N R G E
 V L Y Y L P H O B B A N K P E C D G R D
 S F W B U B I G D R E T T U B S S B I K

WORDS

- BAGEL
- BISCUITS
- BREAKFAST
- BRUNCH
- BUTTER
- CEREAL
- CREPES
- CROISSANT
- EGGS
- ENGLISH MUFFIN
- FRENCH TOAST
- FRIED
- GRAVY
- GRITS
- HASH
- MORNING
- MUFFINS
- OATMEAL
- PANCAKES
- POACHED
- POTATOES
- SCRAMBLED
- TOAST
- WAFFLES

Find the words hidden vertically, horizontally, diagonally, and backwards.

SUDOKU

Here is how it works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	5		3			8		
	2	3		4	1			
7	9	4	8				5	3
2		7			6			
				5	2		8	
5		8			9	7	4	
9	8		7	1		5		
1						4		
		2	6		3			

Level: Beginner

	7	6	5	4				
		1				8		
				1	4		6	
	6		9			1	2	
					6	4		
		4	2					
	9		6					
	2	3			7			
				5	3		7	

Level: Intermediate

	5	3						
		4				2	8	
				6	9			
7	9							
3		1	5	8				9
			1			6		
			3	4	7		1	
		6	1			3		

Level: Advanced

See
Answers
 next week

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Turn to seafood during Lent (Feb. 14-March 28)

Skipping meat on Fridays is a common sacrifice Christians make during Lent, which is observed Feb. 14 through March 28. Meals can still be flavorful even if chicken, beef or pork may be off the table.

Salmon is a hearty, flavorful and heart-healthy protein. When glazed in an easy sauce, this Sweet-and-Sour Baked Salmon will be the star of mealtime.

Tip: You can make this dish spicy by adding hot sauce or sriracha sauce to the glaze. You can also top the finished dish with crushed red pepper flakes.

Also, this thick sauce is versatile, so it can be used on chicken, beef and shellfish.

Enjoy, courtesy of 30-Minute Meal Prep (Sourcebooks) by Robin Miller.



Sweet-and-Sour Baked Salmon ~ Serves 4

- 8 salmon fillets, about 5 to 6 ounces each
- Salt and freshly ground black pepper
- cup 100 percent pineapple juice
- 2 tablespoons ketchup
- 2 tablespoons light brown sugar
- 2 tablespoons rice vinegar, regular or seasoned
- 2 tablespoons soy sauce
- 2 teaspoons cornstarch
- 1/2 teaspoon garlic powder
- 1/8 ground ginger
- Chopped green onions for serving

1. Preheat the oven to 375 F. Coat a shallow baking dish with a thin layer of olive or vegetable oil.

2. Pat the salmon fillets dry and place them in the prepared pan. Season the salmon with salt and black pepper. Set aside.

3. In a small saucepan, whisk together the pineapple juice, ketchup, brown sugar, rice vinegar, soy sauce, cornstarch, garlic, and ginger. Set the pan over medium heat and bring

to a simmer. Cook for 2 to 3 minutes, until the sauce thickens, stirring frequently.

4. Spoon the sauce over the salmon.

5. Bake for 10 to 15 minutes, until the salmon is fork-tender (a meat thermometer should register 145 F).

6. Reserve half of the salmon for a future meal. Refrigerate up to 3 days.

7. Top the remaining salmon with the green onions, and serve.

Navigating Weight Loss in the New Year

By Roshni Venugopal, MD

As we embark on a new year, many people are eager to pursue a healthier lifestyle, with improved fitness and weight loss objectives at the top of our list of New Year's resolutions. How do we effectively and sustainably achieve healthy weight loss without feeling deprived, hungry and overwhelmed?

We know that changes in diet alone play a more significant role toward weight loss than physical activity alone.

Therefore, the first step toward healthy, sustainable weight loss is changing our diet for the better. Ultimately, it is important to combine healthy dietary choices with consistent physical movement to achieve sustained weight loss.

What is a healthy diet? A healthy diet prioritizes food that is minimally processed and includes fruits and

vegetables daily. Grains should be whole whenever possible, and lean proteins are always a smart choice. When plating your food, divide your plate into fourths. Half of the plate should be fruits and vegetables, and the other half of the plate should be further divided into a quarter of lean protein and a quarter of whole grains. Minimize fat where you can by cutting back on excess added oil, cream and cheese.

Portion control is also important, and many of us do not actually know what a serving size looks like. Look up serving sizes, and you may be surprised. Beware of sneaky sources of high calories that lack nutritional value. A dangerous source is fructose, found in sugar-sweetened beverages, which can lead to the development of a fatty liver. Unfortunately, even diet sweetened beverages are harmful to your metabolism and health.

Interestingly, the setting of your meal can be as important as what you eat. Try not to eat in front of a television or smartphone, in the car, or walking where you cannot be aware of your meal. Distracted eating means you are less likely to appreciate your food; when you eat mindfully, your experience will be more joyous and fulfilling.

What can influence weight gain beyond diet? A sedentary lifestyle where you hardly move during the day will increase fat deposition in the body. Meaningful daily movement, like walking, swimming or taking a physical class that you enjoy, can help keep you on track with your weight loss goals. Often overlooked is the importance of healthy sleep. Poor sleep or inadequate sleep disrupts hormones that regulate appetite, leading to increased cravings and unwanted weight gain. In addition, mental and emotional factors play a big role. Chronic stress triggers cortisol release, a hormone associated with increased abdominal fat deposition. When you manage your stress with activities like meditation, yoga or a favorite hobby, or self-care, you will see a positive impact on your weight.



ROSHNI VENUGOPAL, MD

Realistic short-term goals and achievable daily habits will add up to long-term goals. Celebrate milestones along the way to stay motivated. If you have tried to make changes to your diet and lifestyle, and you have not seen positive changes, it is important to seek help.

A nutritionist can help tailor an eating regimen toward your needs, which can be influenced by age, gender, underlying health conditions, and genetics. A physician is an important resource as well.

In Tennessee, we have a greater than 35% rate of obesity, and a close to 10% rate of severe obesity. This means obesity certainly affects someone you know, if not yourself. If left unchecked, obesity will lead to decreased life expectancy, increased cancer risk, development or worsening of Type 2 diabetes, increased risk of cardiovascular diseases, including stroke, heart attack and dementia. The life made shorter by obesity also becomes a life of suffering by way of obesity, with difficulty moving, breathing, resting, and sleeping. When patients have advanced metabolic dysfunction resulting in severe obesity, sometimes medical or surgical intervention is warranted to prevent the negative health consequences of obesity, to help patients get off of multiple medications, and to reverse or remit their Type 2 diabetes.

If you have been struggling to lose weight while making changes in the right direction, it might be time for you to discuss your health journey with a local physician. The providers at Vanderbilt Weight Loss are rooting for your success, and we have experience assisting thousands of patients with their weight loss goals.

Dr. Venugopal is an assistant professor of surgery at Vanderbilt University Medical Center. Dr. Venugopal is accepting new patients at the Vanderbilt Weight Loss Centers in Shelbyville, Murfreesboro and Nashville.

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Cordula "Cordy" Sievert Carlton

Mrs. Cordula "Cordy" Sievert Carlton, age 94, of Shelbyville, passed away Thursday, January 25, 2024, under the loving care and comfort of her family, Aveanna Hospice, and the professional and caring staff at Carriage House.

Funeral services will be 1:30 PM Wednesday, January 31, 2024, at Feldhaus Memorial Chapel. Reverend Martin S. Nutter will officiate, with burial to follow at Cothran Cemetery in the Rover Community.

The family will receive visitors 12 noon until service Wednesday at the funeral home.

She was born October 31, 1929, in River Forest, Illinois, to the late Carl August and Clara Marten Sievert. She was retired executive assistant for Covenant Healthcare. She was very proud of her affiliation with AA and was a faithful member of Faith Lutheran Church in Tullahoma.

In addition to her parents, she was preceded in death by her husband of fourteen years, John Carlton, Sr.; three brothers, Paul Sievert, Carl Sievert, and Clarence Sievert.

Survivors include step-daughter, Cynthia Carlton, of Greenbrier, step-son, John Carlton, Jr., of Christiana, and a niece, Jenny Adams.

Cordy would be honored with memorials made to Alcoholics Anonymous, 1113 S. High St., Columbia, TN 38401.

Feldhaus Memorial Chapel is assisting the family with the arrangements.



Shawn Octavius Fulton

Mr. Shawn Octavius Fulton, age 59, of Shelbyville, passed away January 28, 2024, at his home, under the loving care and comfort of his family and Alive Hospice.

Funeral services will be noon Saturday, February 3, 2024, at Feldhaus Memorial Chapel. Burial will follow in Pleasant View Cemetery in Fayetteville, Tennessee.

The family will receive visitors one hour prior to service Saturday at the funeral home.

He was born June 25, 1964, in Tullahoma, to the late Archie Bald Fulton and Jeanette Hendon Fulton. He was a well known trainer of Tennessee Walking Horses.

Survivors include his companion of many years, Connie Brown; sons, Roshaun (Roycealween) Fulton, Marquetts McGuire, David Darrell, and Waymond McFarland; a daughter, Nashika Trice; brothers and sister, Jerome A. Hendon, Gary Fulton, Michael (Yvonne) Fulton, and Renee' (Chris) Mays.

Feldhaus Memorial Chapel is assisting the family with the arrangements.



Charles Milton Anderson

Charles Milton Anderson, 81, of Shelbyville died January 28, 2024. Funeral Services were held 1:00 P.M. Wednesday, January 31, at Hillcrest Funeral Home. The Revs. Eddie Price and Mike Lovvorn officiated. Burial followed at Hillcrest Memorial Gardens. Visitation began at 11:00 A.M.

He was born March 29, 1942 in Bedford County; a retired Fireman for Shelbyville Fire Department after 25 years and a member of the Baptist Church.

He was preceded in death by his parents, Matt Wilson Anderson and Josie Lee Redd Anderson; brothers, Matt Anderson Jr., Billy Anderson; sister, Juanita Frazier and a half brother, James Brown.

Charles is survived by his wife of 54 years, Brenda Joyce Campbell Anderson; children, Anthony Wilson "Tony" Anderson (Karen), Chad Lee Anderson (Lindsey), Matthew Wayne Anderson, David Franklin Anderson (Janet), Anita Sue Mastin; 15 grandchildren and several great grandchildren.



Charlotte Ann Stelzer

Mrs. Charlotte Ann Stelzer, age 76, of Shelbyville, passed away Wednesday, January 24, 2024.

Funeral services were 1 PM Monday, January 29, 2024, at Feldhaus Memorial Chapel. Reverend Jeff Rasnick officiated, with burial at Willow Mount Cemetery. The family received visitors 11 AM until service time Monday at the funeral home.

She was born April 13, 1947, in Mobile, Alabama, to the late Obie and Mary Elizabeth Enloe Hopkins. She was of the Protestant Faith and loved to work in her garden and flowers. She and her husband moved to Shelbyville in 1986.

In addition to her parents, she was preceded in death by a son, Loren Stelzer and a daughter, Marcella Swallows; brothers, Stanley Hopkins and Eddie Hopkins.

Survivors include her husband of 57 years, Robert Stelzer; daughters, Muriel (Billy) Jones, Katrina (Hyatt) Green, Camilla (Justin) Smith, and Rosetta (Adam) Shelby; a brother, Wally Hopkins and a sister, Debra (Wesley) Hughes; 12 grandchildren.

Charlotte would be honored with memorials to the American Heart Association.

Feldhaus Memorial Chapel is assisting the family with arrangements.



Tyree Collette Hiles

Tyree Collette Hiles, 62, of Shelbyville, transitioned from this earthly life on Friday, January 26, 2024 at Vanderbilt Bedford Hospital in Shelbyville. She was born on July 22, 1961, in Shelbyville to the late James Hiles, Sr. and Emma Hiles. In addition to her parents, she was preceded in death by her sister, Carolyn Yvette Hiles and brother, James Alvin Hiles.

She graduated from Shelbyville Central High School and later earned a medical assistant degree from Draughtons Junior College in Murfreesboro. She worked as a medical assistant for many years at the VA and in home private care. She loved being outdoors, fishing, spending time with family and her grandchildren.

She is survived by her daughter, Jacorie Smith of Shelbyville; son, Quinton Hiles of Shelbyville; two grandsons, Brendan Lynch and Or'ani Smith of Shelbyville; granddaughter, Julianna Marable of Murfreesboro; sisters, Corrie (Al) Wilson and Gladys Hiles both of Murfreesboro; brothers, Robert (Janice) Hiles, Sr. of Lebanon and Donald (Cathy) Hiles of Shelbyville; devoted friend, Pat Alexander; and a host of nieces, nephews, other relatives and friends.

Visitation, Saturday, February 3, 2024, from 12:00 to 1:00 p.m. at Believers Faith Fellowship in Shelbyville with funeral services following at 1:00 p.m. with Elder Fredia Smith officiant and Pastor Mitchell Buchanan, eulogist. Interment will follow at Willow Mount Cemetery in Shelbyville. Online condolences may be sent to www.weltonfuneralhome.com. J.A. Welton & Son Funeral Home is in charge of the arrangements.



Earline Locke

Bobby Locke of The Villages, Fla., has announced the passing of his sister, Earline Locke, on Jan. 21 in Mobile, Ala. She was born on May 29, 1925, with her twin sister, Geraldine, in Bedford County Hospital in Shelbyville. She was the daughter of Earl and Blonnie Locke.

She spent her career in Girl Scouts. After graduating from Martin Methodist College in Pulaski and Middle Tennessee State University in Murfreesboro, she served as Girl Scout director in Donelson, Columbia, S.C., and Mobile.

Survivors in addition to her brother, Bobby, include a nephew, David Locke, of Ball Ground, Ga.

Services are planned for a later date. Radney Funeral Home in Mobile is in charge of arrangements.



Ann Hayes Richey Batts

Ann Hayes Richey Batts, 85, of Nashville, passed away on Thursday, January 25, 2024. For the last 7 years, Ann has resided at The Carriage House assisted living in Shelbyville, where she was well taken care of by the staff.

Mrs. Batts was born on December 1, 1938, in Nashville, TN. She was preceded in death by her parents Jack and Estelle Richey and her brother, Tommy Richey.

She was married to the late Travis Batts and they had one daughter, Leigh Ann Batts Maybee. Ann became a widow at a young age but was a devoted mother to Leigh Ann and a caregiver to her parents in their older years. Ann graduated from Donelson High School and later went to work at South Central Bell where she retired after 25 years.

She was also "Nana" to Sarah, Matthew, and Ally Maybee. She also had a special relationship with her "favorite son-in-law", Phillip Maybee.

But, most importantly, Ann became a Christian by accepting Jesus as her savior at the age of 13 at Donelson First Baptist. She served the Lord throughout her entire life and was an active member of Glenwood Baptist Church. We have peace knowing she is now in the presence of the Lord.

A gathering of family and friends for Ann was held Saturday, January 27, 2024, from 11:30 AM to 1:30 PM at Woodlawn-Roesch-Patton Funeral Home & Memorial Park, 660 Thompson Ln, Nashville, TN 37204, followed by a graveside service from 1:30 to 2:00.



Elinor Marie Wright Brashear

Elinor Marie Wright Brashear, a Wartrace native, has passed away in Surprise, Arizona.

She is survived by husband, Sam Brashear, and her four children who were her greatest legacy and her truest loves, David Rifkin and his wife Jane of Ipswich, Massachusetts, Diane Rifkin of Laguna Niguel, California, Terry Rifkin Hawn and her husband Chris of Dana Point, California and Ted Rifkin and his wife Cheri of Peoria, Arizona. Elinor was blessed with eight grandchildren and six great grandchildren.

A visitation is planned for February 10, 2024, at the Feldhaus Memorial Chapel 2022 N Main St, Shelbyville, TN 37160. The family will receive visitors at 11:00 a.m. in the chapel, with a service following at 11:30 a.m. A graveside service will be held at Hollywood Cemetery in Wartrace at 12:30 p.m.

The family requests donations be made to Wartrace Methodist Church, 305 Main St E., Wartrace, TN 37183.

Feldhaus Memorial Chapel is assisting the family with the arrangements.

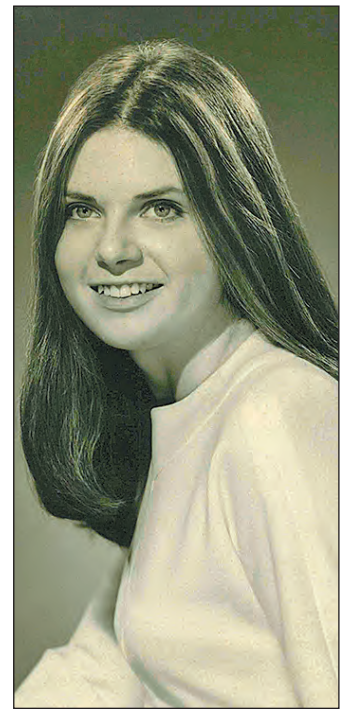
Martha Leslie Hailey DuBose

Martha Leslie Hailey DuBose, 77, born June 17, 1946, of Wartrace, died on January 25, 2024. While known by all as the exceptional writer she was, she will be missed as much for her passionate intellectualism, lifelong study of history and politics, wry social commentary, intensely articulate and pointed expression of her deeply held views, and artistic creativity. Her curiosity knew no bounds - she never encountered a rabbit hole without learning every twist and turn until she was an expert.

She was born in Nashville in 1946 to Elizabeth Zerfoss Fryer and Syd Houston Hailey Jr. She was particularly close with her stepfather from the time she was an infant, Edward Allen Fryer, and her maternal grandparents, Dr. Kate Savage Zerfoss and Dr. Thomas Bowman Zerfoss, all of Nashville. Like her parents and grandparents, she attended Vanderbilt University, graduating in 1968. She then earned a Masters of the Arts in Journalism at the University of Missouri.

Martha was a gifted writer. Researching, critically examining, writing, reading, and all forms of the written word informed her life. Her graduate school years included a stint in Brussels, Belgium, covering the European Commission. After graduate school, she married Archie DuBose (they later divorced but remained lifelong friends and professional colleagues) and they moved to Sydney, Australia, where she worked at The Sydney Morning Herald as a reporter, columnist, and film critic (throughout the 1970's reviewing such iconic films as The Last Picture Show, The Godfather, and Mad Max to name a few).

She was also honored by the Australian Commonwealth Arts Ministry for achievement in critical writing. Her love and study of both literature and film remained with her for the entirety of her life. Upon returning to the



United States with her daughters in 1979, she settled in her hometown of Nashville and begun a successful decade-long career in advertising. She later headed for a more pastoral setting, moving first to Bell Buckle and ultimately, Wartrace, where she continued what became an extraordinarily varied writing, marketing, and research career as a freelancer for non-profits and corporations, as well as an educator at Motlow State Community College. She also authored a variety of books, including "Women of Mystery: The Lives and Works of Notable Women Crime Novelists" (St. Martin's Minotaur, 2000), which was nominated for an Edgar Award.

She is survived by her siblings William S. Fryer of Columbia, Tenn., Janice Hailey Boyko, of Brentwood, Tenn., Judith Hailey Walden of Phoenix, Syd H. Hailey, III of Woodstock, Ga., and Mary Hailey Cunningham of Huntington Beach, Ca.; daughters, Kate DuBose Tomassi of San Francisco and Polly DuBose (Rick Kersmarki) of Nashville, and her three grandchildren, Matilda Marshall Tomassi, Rowan Elizabeth Tomassi, and Edward Allen DuBose Kersmarki.

The family plans to announce a memorial and celebration of life at a later date. Please consider honoring Martha through a donation to Doctors Without Borders.

Report: Tennessee certificate-of-need laws hurt health-care access

Jon Styf
The Center Square

Tennessee has been denied \$1.5 billion in new health-care investment since 2000, according to a new report on the state's certificate of need laws.

The report from Americans for Prosperity Foundation said the issues could be seen in Health-South's attempt to build a 40-bed inpatient facility in Franklin. It was initially applied for in 2010, with CON granted in March 2011 but the appeals process not complete until August 2014.

A Beacon Center report last year showed that CON applications have progressively slowed in the state with 122 applications in 2004 as opposed to just 36 in 2021 and 18 in 2022.

Certificate of need laws were mandated by the federal government in 1974 and regulate how many medical facilities are available in an area and what services they provide in an effort to reduce consumer costs. Even though Congress later eliminated the CON requirement in 1987, many states retained them.

The AFP report said that states that have CON restrictions have "higher health care spending, fewer medical facilities,



A healthcare provider checks a boy's height.

and inferior patient outcomes."

A Mercatus Center report said Tennessee would have 63 more hospitals, with 25 more in rural areas, without CON restrictions.

Tennessee's CON law changed in 2021, when the restrictions were removed for mental health hospitals, psychiatric services and some hospice and home health agencies.

The bill aimed to expedite the CON application process from 135 days to 60 days and lower costs, Senate sponsor Shane Reeves, R-Murfreesboro, said when it was discussed.



Zach Crosslin (11) floats in two of his game-high 12 points in Tuesday's win in Chapel Hill. Photo credits to David Smith.

Eaglettes Exact Revenge, Pull Away in Second Half at Warren Co.

BY NOAH MADDOX
noah@t-g.com

The Shelbyville Central Golden Eaglettes put a halt to their four-game skid as they methodically pulled away from the Warren County Lady Pioneers on the road, 47-29, on Tuesday.

After a shocking loss on their home floor on January 12th, the Eaglettes slowly but surely took care of business in the second matchup between the two sides, espe-

cially defensively.

Paige Blackburn led Shelbyville with a game-high 18 points, and Lily Brown was not far behind as she added 16 points of her own.

Warren County's Amanda Medley was the only other double-digit scorer, and she led her team with 11 points.

The game didn't necessarily start out like a blowout because after the first eight minutes, the two teams were deadlocked at 8-8. However, the Eaglettes began to find

some sort of rhythm offensively, mainly through Lily Brown. She scored six of her 16 points in the second quarter alone as she led her team into the halftime locker room up 20-13.

The third quarter was simply more of the same: tough defense from Shelbyville paired with just enough offense to get by, as the Eaglettes took a 31-21 lead into the final frame.

From there, Blackburn scored 10 of her 18 points

in the fourth quarter alone, and she helped ensure that the Eaglettes would go home with their first district win of the season, 47-29.

Warren County falls to 4-18 (1-6) and will continue their homestand as they welcome Columbia for another district clash on Friday.

The Eaglettes improve to 12-8 (1-4) and will travel to Spring Hill on Thursday night, LIVE on WLJ 98.7 and AM 1580 starting at 5:45 p.m.

Champs Dominate First Quarter in Forrest Blow Out

BY NOAH MADDOX
noah@t-g.com

It was a complete domination from start to finish for the suddenly surging Cascade Champions on Tuesday night as they went on the road to defeat the Forrest Rockets, 64-29.

Zach Crosslin led the Champs with 12 points and was the only player to reach double-figures, but the balanced attack across the board was the story offensively. Tucker McGee scored nine points, and Saebyn Burris and Logan Pulley chipped in with seven points as well.

For the Rockets, their leading scorer coming in, Ben Villazon, was held to just eight points on very inefficient shooting to lead Forrest in scoring. Cascade put on a clinic defensively, forcing the hosts into tough mid-range pull-ups almost too many times to count.

The high-level man-to-man defense combined with a clinical zone offense against Chapel Hill's 2-3 zone led the Champions to an incredible 25-1 lead after the opening quarter. The result was well in hand moving forward, but Cascade did not take their foot off the gas.

Things didn't fare much better for Chapel Hill in the second quarter either, but they did finally manage to put in a couple of field goals, scoring eight points in the frame. Nevertheless, Cascade

put in 12 points of their own to go into the halftime locker room on top, 37-9.

Forrest would muster up 20 points total in the second half, but it was not even close to being enough as the Champs would continue to extend their lead on the road. The fourth quarter began with Cascade on top, 52-23, and the final frame quickly ushered in the ends of the benches for both teams.

It was an impressive win by Cascade. Despite coming in with a 3-16 record overall, Chapel Hill's first two home district contests were extremely tight games; they lost to Grundy County, 56-50, to open district play, but then turned around and beat Community, 53-50, on the heels of an incredible second half comeback.

Despite all this, Chris Lawson's team ran the Rockets out of the gym, and the Champs seem to be finding their groove at the perfect time with two weeks before they are set to host the district tournament.

Forrest falls to 3-17 (1-4) on the season, and are set to travel to Community on Friday night to continue district play.

Cascade improves to 8-14 (3-3) overall, and are scheduled to take a momentary pause on Friday night as they travel to Santa Fe to take on the number one team in the state for Class-A, LIVE on WZNG The Zinger 100.9 and AM 1400 starting at 5:45 p.m.

BY NOAH MADDOX
noah@t-g.com

It was another rough outing for the Shelbyville Central Golden Eagles as they fell on the road to the Warren County Pioneers, 69-46, on Tuesday night.

The Eagles struggled on both ends of the court, and on offense they only had two players reach double-digit. Jack Condit and Kyler Trice scored 11 and 10 points respectively, but they were no match for the hosts' offensive

and defensive plan of attack.

Treyton Terry scored a game-high 26 points for Warren County with 18 of those coming in the first half. Alex Van Vuuren joined him in double figures as he chipped in 10 points.

Terry and Van Vuuren would combine for 17 of the Pioneers' 20 first quarter points as Warren County raced out to a 20-10 lead.

The visitors would not be able to cut into the lead at all in the second quarter and were outscored 15-8, going

into the halftime locker room trailing 35-18.

Unfortunately for Shelbyville, the second half would only continue to get worse. The Pioneers continued to make offense tough for the Eagles while also doing just enough on offense to extend their lead. Thus, the home side would go into the final frame up 52-27, and by then the end result was a formality.

The Pioneers closed out the home district rematch with ease, winning by 23 points,

and sending the Eagles back to Shelbyville still searching for their first district win of the season.

Warren County improves to 12-10 (6-1) and will continue their homestand as they welcome Columbia for another district clash on Friday.

Shelbyville Central falls to 4-16 (0-4) and will look to pick up their first win in district play in Spring Hill on Thursday night, LIVE on WLJ 98.7 and AM 1580 starting at 5:45 p.m.

Lady Champs Never Trail, Double Up Lady Rockets

The Cascade Lady Champions dominated the Forrest Lady Rockets in their final road district contest of the season, 58-29, in their first matchup of the season on Tuesday night.

The Lady Champs started off hot, ending the first quarter up 15-4, and they would never trail the rest of the way. Suzanna Crews tallied a double-double with 15 points and 12 rebounds, Sophie Ray put in a team-high 17 points, and Kaegan Young continued her strong district campaign with 15 points of her own.

The stingy defense of Cascade repeatedly forced Chapel Hill into extremely tough shots as the Lady Rockets were never allowed to get into any sort of offensive rhythm. Kinslee Inlow scored 12 points, but she was the only Lady Rocket to reach double-figures. She was also held to only three points in the second half.

That defense helped the Lady Champs avoid the usual second quarter scoring drought, ironically enough, as the visitors scored 20 points

to go into the halftime locker room up 17, 35-18.

Forrest would not find any sort of reprieve in the second half, as the third quarter ended with Cascade up 48-22 and head coach Janie Demonbreun moments away from emptying her bench.

This win puts the Lady Champs in a very favorable position to lock up either the two or three seed in the upcoming district tournament, and since Cascade is hosting the tournament, a wonderful opportunity to host the programs first region tournament game since before the pandemic began awaits her team on the other side.

Forrest falls to 4-15 (0-5) on the season with a trip to Community on the docket for this upcoming Friday night.

Cascade improves to 9-13 (3-3) overall and are scheduled to take a momentary pause in district play as they travel to Santa Fe on Friday night, LIVE on WZNG The Zinger 100.9 and AM 1400 starting at 5:45 p.m.



Suzanna Crews (30) floats up two of her 15 points in Tuesday's win at Chapel Hill. Photo credits to David Smith.



Kaegan Young (22) powers in two of her 15 points on Tuesday. Photo by David Smith.

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Kaegan Young (22) goes up for two of her team-high 17 points in Friday's win against Community. Photo by David Smith.

Lady Champs Beat Viqueens at Home to Even Season Series

BY NOAH MADDOX
noah@t-g.com

The Cascade Lady Champions returned home on Friday night to defeat the Community Viqueens, 48-39, in a game that saw only three individuals reach double figures scoring.

Looking to exact revenge from January 5th's first act in the "Battle of Bedford" in Unionville where Cascade let the result slip away late, Janie Demonbreum's squad put together one of their best defensive performances of the season in holding the visitors to under 40 points for the entire 32 minutes.

To adjust to Alyssa White's 13 points three weeks before, Coach Demonbreum decided to put Kaydence Miller on White instead of Suzanna Crews in hopes of keeping Crews out of unlucky foul trouble, and the move worked like a charm. Miller was incredible in repeatedly knocking White off of her spots, and she held the freshman to six points total.

Kaegan Young led Cascade with a team-high 17 points with 9/13 shooting from the free-throw line, including

13 in the second half, and Sophie Ray was the other Lady Champion to reach double-digits as she chipped in with 13 points of her own.

Anna Haskins scored a game-high 21 points for the Viqueens.

It was Haskins that started the game hot for Community as well, leading her team to an early 9-2 lead after she hit three of her first four three-point attempts. After switching from zone to man to limit easy catches on the perimeter however, Cascade rallied to close on a strong 9-2 run of their own to end the first quarter tied at 11.

The Lady Champs aggressive man-to-man defense threw Community for a loop in the second quarter as well because the Viqueens would only score four points in the entire eight minute period. To counter, Cascade would methodically put up 11 points of their own, going into the break up 22-15.

Coming out of the locker room, the Viqueens began to find a pulse offensively as they scored 11 points in the quarter, but Cascade countered with 15 of their own to take a 37-25 lead into the fi-



Cascade's Janie Demonbreum (center) giving her team some final instructions in the pre-game huddle. Photo by David Smith.

nal frame.

Kaegan Young would take over in the second half, continuing to find a way to get to the charity stripe and convert to keep Community at bay. The Viqueens would make a run late and actually slightly outscore the Lady Champs in the fourth, but ultimately it was too little too late as Cascade held on to give the visitors their first district loss of the season.

The Community Viqueens fall to 6-14 (2-1) on the sea-

son, and are scheduled to host Harpeth Tuesday night on the first night of a back-to-back followed by hosting Cannon County on Wednesday streaming LIVE and ON-DEMAND through the NFHS Network.

The Cascade Lady Champions improve to 8-13 (2-3) and will travel to Chapel Hill to continue district play on Tuesday night, LIVE on WZNG The Zinger 100.9 and AM 1400 at 5:45 p.m.



COMMUNITY
HIGH SCHOOL

Bedford County Basketball Roundup

Shelbyville

Central Girls: 12-8 (1-4)

Upcoming Game(s):
2/1 @ Spring Hill, 2/2 vs Lincoln County, and 2/5 vs Columbia, LIVE on WLIIJ 98.7 and AM 1580.

Past week Result(s):
1/26 L 40-33 vs Coffee County, 1/27 L 56-30 @ Lincoln County, and 1/30 W 47-29 @ Warren County

Shelbyville

Central Boys: 4-17 (0-5)

Upcoming Game(s):
1/19 @ Spring Hill, 1/23 vs Columbia Central, LIVE on WLIIJ 98.7 and AM 1580.

Past week Result(s):
1/26 L 56-53 vs Coffee County, 1/27 L 65-54 @ Lincoln County, and 1/30 L 69-46 @ Warren County.

Cascade Girls:

9-13 (3-3)

Upcoming Game(s):
2/2 @ Santa Fe and 2/6 vs Grundy County, LIVE on The Zinger 100.9 WZNG and AM 1400.

Past Week Result(s):
1/24 L 57-21 @ Cannon County, 1/26 W 48-39 vs Community, and 1/30 W 58-29 @ Forrest.



Cascade Boys:
8-14 (3-3)

Upcoming Game(s):
2/2 @ Santa Fe and 2/6 vs Grundy County, LIVE on The Zinger 100.9 WZNG and AM 1400.

Cascade Boys:
8-14 (3-3)

Past Week Result(s):
1/24 L 62-47 @ Cannon County, 1/26 W 60-48 vs Community, and 1/30 W 62-29 @ Forrest.

Community
Girls: 7-14 (2-1)

Upcoming Game(s):
1/31 vs Cannon County, 2/2 vs Forrest, and 2/5 @ Cannon County. ALL HOME GAMES are streamed LIVE and ON-DEMAND through the NFHS Network.

Past Week Result(s):
1/23 L 45-23 @ East Hickman, 1/26 L 48-39 @ Cascade, and 1/30 W 58-54 vs Harpeth.

Community
Boys: 9-12 (1-2)

Upcoming Game(s):
1/31 vs Cannon County, 2/2 vs Forrest, and 2/5 @ Cannon County. ALL HOME GAMES are streamed LIVE and ON-DEMAND through the NFHS Network.

Past Week Result(s):
1/23 W 54-43 @ East Hickman, 1/26 L 60-48 @ Cascade, and 1/30 W 62-53 vs Harpeth.



Cascade head coach Chris Lawson speaks to his team in the huddle before their win against Community. Photo by David Smith.

Champs Down Vikings, Split Regular Season Series

BY NOAH MADDOX
noah@t-g.com

The Cascade Champions handled the Community Vikings after a strong fourth quarter in a 60-48 home district win in the "Battle of Bedford" on Friday night.

After an embarrassing 20-point loss in Unionville on January 5th, Cascade head coach Chris Lawson challenged his team to put forth more effort. His imploring has paid off over the last three weeks, as the Champions have looked like a completely different team, punctuated with Friday's wire-to-wire victory against their cross-county rival.

Isaac McElroy led the way for Cascade with 17 points, Saebyn Burris chipped in 14 points, and Tucker McGee ended with 10 points.

Community only had one player reach double figures after having two players eclipse the 20-point mark in the first matchup, as Austin Stickler put in 18 points on the night. Maki Fleming and Landon Lovvorn, both of whom scored 21 points last time out against the Champions, were held to six and eight, respectively.

The defensive effort was apparent from the hosts

almost immediately out of the gates, building a 17-9 lead in a first quarter that ignited the home crowd. It felt like almost every time a Community player touched the ball, someone wearing home white was right there to greet him.

The Vikings settled down in the second quarter as foul trouble for Cascade began to mount up, cutting into the lead to 29-26 with less than ten seconds to go in the half. Then, senior reserve guard Logan Pulley sent the home crowd into yet another frenzy as he hit a corner-three as the buzzer sounded to send his team into the halftime break up 32-26.

The Champs carried this momentum for the first seven minutes of the third quarter as their lead crept near double-digits. Then seemingly out of nowhere, the Vikings forced turnovers on Cascade's final four possessions of the third quarter and found themselves trailing only 43-40 entering the final frame.

Instead of letting Community hang around in the fourth, the Champs hit the accelerator once more. They held the Vikings to eight points in the quarter while scoring 17 of their own, including seven straight from Tucker McGee to close out a



Isaac McElroy (14) powers up for two of his team-high 17 points in Friday's win against the Vikings. Photo by David Smith.

massive home victory and improve to 36-20 against Community since 2001-02.

The Community Vikings fall to 8-12 (1-2) on

the season while the Cascade Champions improve to 7-14 (2-3).

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Motlow State Community College Fall 2023 Dean's List

Alexis J Cataldo TN-Bedford	Michelle Gomez Mares Shelbyville TN-Bedford	Pamela Palmeros Solis Shelbyville TN-Bedford
Lizbeth Morales Ramirez Bell Buckle TN-Bedford	Jared A Habel Shelbyville TN-Bedford	Ryan D Pyrdum Shelbyville TN-Bedford
Freedom A Williams Bell Buckle TN-Bedford	Nathan Daniel Hale Shelbyville TN-Bedford	Rochely Ramirez Rincon Shelbyville TN-Bedford
Dylan Collier Wright Bell Buckle TN-Bedford	Lindsay Jeanne Hawley-Murphy Shelbyville TN-Bed-	Kara Maree Ruth Shelbyville TN-Bedford
Matthew E Mitchell Eagleville TN-Bedford	ford	Alyvia Smith Shelbyville TN-Bedford
Faith Banks Normandy TN-Bedford	Sarah Grace Haynes Shelbyville TN-Bedford	Dick W Thorpe Shelbyville TN-Bedford
Jessica Abarca Salgado Shelbyville TN-Bedford	Reyna G Hernandez Shelbyville TN-Bedford	Chloe Elizabeth West Shelbyville TN-Bedford
William Cole Banks Shelbyville TN-Bedford	Alejandro Hernandez Ramos Shelbyville TN-Bedford	Tanner Kyle Wooten Shelbyville TN-Bedford
Iris Odalys Diaz Basurto Shelbyville TN-Bedford	Hailee Kristine Jurewicz Shelbyville TN-Bedford	Andrea Abbygail Arellano Alcala Unionville TN-Bed-
Vianney Blanco-Romero Shelbyville TN-Bedford	Courtney B Lamb Shelbyville TN-Bedford	ford
Alaysia Oshay Bryson Shelbyville TN-Bedford	Kinae Amile Magloire Shelbyville TN-Bedford	Kayla Carr Unionville TN-Bedford
Sophia Caballero Perez Shelbyville TN-Bedford	Chianna V Manalo Shelbyville TN-Bedford	Jalyn Brooke Sanders Unionville TN-Bedford
Lizbeth Castillo Shelbyville TN-Bedford	MaKayla Faith Meredith Shelbyville TN-Bedford	Emery Joseph Smith Unionville TN-Bedford
Mackinsey Churley Shelbyville TN-Bedford	Evelyn A Morales Juarez Shelbyville TN-Bedford	Morgan Paige Hornberger Wartrace TN-Bedford
Amber Leigh Donegan Shelbyville TN-Bedford	Alanna Eve Amber Mosier Shelbyville TN-Bedford	Robert Sugg Wartrace TN-Bedford
Ariana S Floyd Shelbyville TN-Bedford	Anna L Mudd Shelbyville TN-Bedford	Ryan Jakes Taylor Wartrace TN-Bedford
George M Franco Shelbyville TN-Bedford	Joanna Lynn Neill Shelbyville TN-Bedford	Leah Brooke Zeiler Wartrace TN-Bedford

Motlow State Community College Honor Roll Fall 2023

Kayla Shea Abed Bell Buckle TN-Bedford	Ethan M Farrar Shelbyville TN-Bedford	Anaya J Newman Shelbyville TN-Bedford
Natalie B Taylor Bell Buckle TN-Bedford	Sydnee M Formosa Shelbyville TN-Bedford	Bianca Stephanie Orozco Shelbyville TN-Bedford
Adam Brent Whitley Bell Buckle TN-Bedford	Nathan W Fouyer Shelbyville TN-Bedford	Jonathan Mark Parker Shelbyville TN-Bedford
Caden John Thomas Normandy TN-Bedford	Kara Beth Freeman Shelbyville TN-Bedford	Rubiht Rodriguez - Martinez Shelbyville TN-Bedford
Hannah Grace Brown Petersburg TN-Bedford	Ava Blake Graves Shelbyville TN-Bedford	Morgan Danielle Rueff Shelbyville TN-Bedford
Kameron I Adcock Shelbyville TN-Bedford	Jackson E Harper Shelbyville TN-Bedford	John Elbert Stanley Shelbyville TN-Bedford
Diego Aarron Albino Shelbyville TN-Bedford	Kiley Ra'Sean Hart Shelbyville TN-Bedford	Blake Allen Stewart Shelbyville TN-Bedford
Christopher W Bain Shelbyville TN-Bedford	Omar Hernandez Shelbyville TN-Bedford	Tapanga Marie Thoman Shelbyville TN-Bedford
Juan J Beltran-Diaz Shelbyville TN-Bedford	Carol Hernandez Ramos Shelbyville TN-Bedford	Savannah Viola Watson Shelbyville TN-Bedford
Alysa Joy Benton Shelbyville TN-Bedford	Logan Trace McCormick Shelbyville TN-Bedford	Lillian E Williams Shelbyville TN-Bedford
Sara Denise Cardenas Rivera Shelbyville TN-Bedford	Hailey M Meadows Shelbyville TN-Bedford	James Thomas Wood Shelbyville TN-Bedford
Katelyn Irania Carrillo Shelbyville TN-Bedford	Vanessa Jazmin Montalvo Shelbyville TN-Bedford	Lillya Suzanne Adcock Unionville TN-Bedford
Gwendelin R Cook Shelbyville TN-Bedford	Donovan A Moore Shelbyville TN-Bedford	Caleb Fisher Sells Wartrace TN-Bedford
Jackson B Davis Shelbyville TN-Bedford	Joshua Arturo Navarro Shelbyville TN-Bedford	Morgan Paige Sudberry Wartrace TN-Bedford

SPELL-EBRATING EXCELLENCE

We invite you and your family to attend Bedford County Schools' Inaugural District Spelling Bee for students K-8!

FEBRUARY 22, 2024, 6:00PM
Participants please arrive by 5:45PM

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AMERICAN PICKERS to film in Tennessee



Submitted Photo

American Pickers, a hit show featured on The History Channel, is coming to this area to film in March. The Pickers do not pick public venues, rather they're looking for forgotten relics.

The American Pickers are excited to return to Tennessee! They plan to film episodes of The History Channel hit television series throughout this area in March 2024.

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques.

They are always excited to find historically significant or rare items, in addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics.

Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning

a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell,

and is ready to sell...Pickers would love to hear from you!

Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to: americanpickers@cinetflix.com or call (646) 493-2184

Facebook: @GotAPick

LOCAL ARTIST

From page 1

same reference photo."

She recently had students paint coffee cups. She says there were 13 and no two were alike. "People loved seeing it, because nobody was wrong in what they did."

The hometown artist

Clover Honey, she explains, is indeed her given name. She has funny stories to tell about why her parents gave her the name. It's her maiden name and she and her husband agreed it was fitting for her to keep it.

Clover grew up in the Rockvale area, where her mom's family lives. Her dad was from Arkansas and his work was mainly in Missouri but she wound up back in Unionville, where she graduated from Community High.

At 18, Clover attended three semesters at Middle Tennessee State University in Murfreesboro, majoring in chemistry and minoring in biology.

Ironically, she thought her dad wanted her to be a veterinarian. He thought art would have been great for her. What a modern-day twist on "Gift of the Magi," she notes.

She really didn't enjoy going to college, anyway. Though doing well in class, she would eventually leave MTSU.

At 19, she went to work. She has enjoyed riding horses most of her life. As with life, adjustments sometimes come; she gave up horse riding and jumping not long ago.

So where does her art fit in?

"Drawing, painting . . . always there, something I did," she notes.

She didn't think she

could make a living off of paintings. In fact, Clover notes she was told art was not practical but she really needed to pursue a "good job."

In hindsight, she knows the artist was always there, waiting to make a lot of brush strokes. "It probably evolved organically when I was between 25 and 28," she notes. "I started getting the filtering in commissions, here and there. It still didn't dawn on me that this was something I could do for money."

But those creative fires were soon to be lit when she was temporarily laid off from her job in April 2020 during the pandemic. She knew then it was time to treat her art as a "job."

"I painted so many paintings," she reveals. She recalls attending an event at Nash Family Creamery.

She laughs and says she had no idea how to set up her booth. "I had ladders with sheets thrown over them. They were the junkiest looking things."

She sold every painting at that Nash exhibit except one, which she intended to donate to church. "I have had people from that show reach back out to me. That show was what made me realize there is more to this than just a hobby."

She returned back to public work after the pandemic. She then started experimenting with her art.

She went to show after show. She soon realized that gallery settings were much more conducive to her style of work.

People are now asking for her art. She has an exhibit scheduled for the Tullahoma Fine Arts Center in Au-



T-G Photo by Dawn Hankins

Local artist Clover Honey will be attending the Rural Artists Development program for the next 8 weeks. The online art program is sponsored by Tennessee Arts Commission.

gust-one which she calls, "Friends and Family."

I believe this is something that God has been leading me toward for a long time," she reveals. "But I just wasn't spiritually mature enough to listen, hear and be obedient in it."

That was the question she had during her lay off in 2020. She asked God, she says, how she could glorify Him through her work. "I believe that any kind of artistic ability is directly from God."

Clover is married to Jeremy Pendergrast; they have a son, Samuel Burton, and older teens from Jeremy's previous marriage, Kyle and Sam Pendergrast.

Bedford Arts Collective

The Bedford Arts Collective is something that is close to this local artist's heart. Crystal O'Neal, Michelle Sweat and Clover began their own Arts Collective. The group's primary goal is to serve as a catalyst for collaboration, creativity, and artistic growth.

Bedford Arts Collective is actively seeking out artists from all corners of the county, recognizing and celebrating the wealth of talent that exists within this local community.

By fostering collaboration, supporting emerging talents, and engaging with local organizations, they aim to contribute to the cultural fabric of our county and elevate the artistic landscape.

The three have organized art exhibits in conjunction with The Coffee Break on the public square. Those exhibits change every 6 weeks. The next one is Feb. 20.

"We're trying to make it

where if you're an artist who creates and you don't have the money to pay for a show or booth or to buy supplies, we want to help you get your artwork out. We want to help you grow."

The T-G will be featuring local artists Crystal and Michelle in our next two editions.

Rural Artists Development

Clover recently announced that she's been accepted to attend the Rural Artists Development program through the Tennessee Arts Commission. Through scholarship, 15 people are selected to attend the entrepreneurial school. Clover advises, "They teach you the business side of art."

Clover notes that 5 Bedford Countians, out of 15 total across the state, were selected for this training this year. She and Crystal are a part of that class of 2024 and Michelle has previously taken the training. Other Bedford Countians enrolled in "Periscope" include Jenna Horne and Mia Cataldo.

Clover says everything they learn in the training, they will share with others. They will learn how to earn financial support but most importantly, they'll discover how to find their audience.

The group meets through Zoom conferencing and mentors are paired with artists, based on certain needs. Tuition waived due in part to the support of the Tennessee Arts Commission.

Back at home, Clover is likely to paint a dressage rider from time to time. But she says that she enjoys the images of everyday life.

She laughs and says everybody has a rag on a faucet, noting that's "real life."

She's in lay-off again and now she says she's praying about a possible full-time art career.

She believes God is showing her something important. The Rural course runs through March 25-five days before she gets called back to her job on April 1.

"I feel like God has said, 'Here's the opportunity you've been praying for, come that day, you either sink or swim.'"

She says all the connections have come together for her art career. "I prob-

ably should be sad about it. I'm actually moved about it. I almost want to cry when I talk about it. I truly feel like this right here, as much as it is a trial, it is a God opportunity-something I've prayed for."

She says she has five commission orders sitting in her files-those which she hasn't accepted payment for, because of her time limits. She says she's the eternal optimist and will paint

full time until April, when she should be called back to work with the health group.

"I'm not sad, destitute or struggling. I'm not even upset about it. I feel like He will provide or open the door."

She believes by April, she will know.

She believes there are a lot of others in Bedford County who appreciate art. Bedford Collective's Facebook page has grown from 20 to 178 followers.



A LOVE OF HORSES - The Dressage Rider was painted by Clover Honey out of her love for dressage and horses.

SIMPLY AMAZING

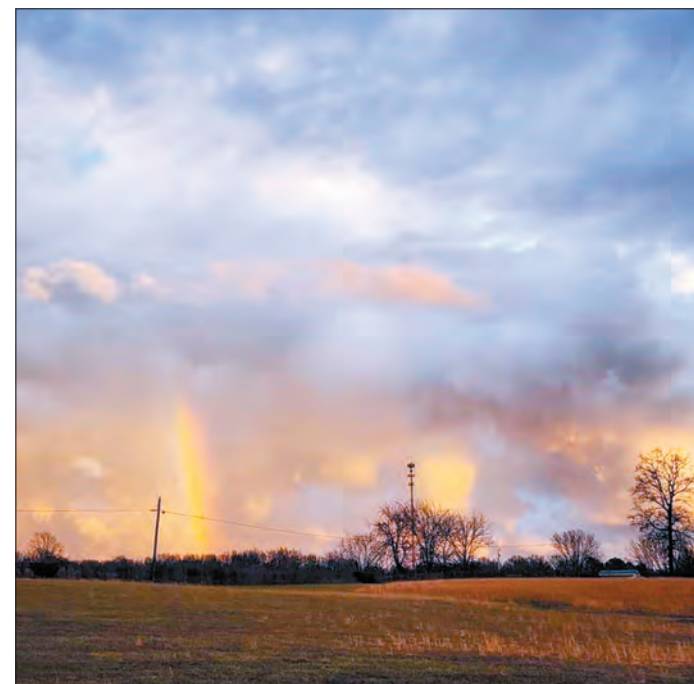


Photo by Joyce Jones

It is truly amazing how Bedford County countryside can be covered with packed snow and gray skies one week and the next, local residents can capture such a beautiful sight. This is often what attracts many people to this area.



HER SON, SAMUEL - The title of this work is "Samuel" and was taken from a photo of Clover Honey's son at the guitar Center in Franklin. He was trying out a 12-string guitar in the acoustic room.